

VMA 3,000M CHAMPIONSHIP RESULT
18th April 2010

W50	Wendy-Grace Williams	Coburg	13.06
M40	Tony Langellan	Doncaster	10.31
	Angelo Portelli	Glen Eira	12.21
M45	Tony Dell	Croydon	10.46
M50	Rod Neale	Croydon	10.53
	Joe Campisi	Glen Eira	11.58
	Barry Whittle	Doncaster	12.05
M55	Andrew Edwards	Glen Eira	10.42
	Allan Smith	Aberfeldie	11.16
	Colin Page	Croydon	11.25
	Greg Moore	Aberfeldie	11.43
M60	Peter Moore	Collingwood	11.04
	Gary Stewart	Knox	11.14
	Gerry Sofianos	Glen Eira	12.31
M75	Roy Jennings	Glen Eira	17.25
M80	Bob Lewis	E. Burwood	15.55