

RESULTS :

AMA/VMA DECATHLON AND PENTATHLON CHAMPIONSHIPS

HELD BY ATHLETICS BENDIGO - 9/01/2016 to 10/01/2016

LATROBE UNIVERSITY BENDIGO ATHLETICS COMPLEX

MEN'S DECATHLON

M40-44

	Points	100	LJ	SP	HJ	400	110H	DT	PV	JT	1500
1 SMITH, KEITH VIC	12.43	5.40m	6.00m	1.67m	58.02	19.13	17.83m	2.20m	34.27m	5:09.27	
	4707	(669)	(561)	(289)	(585)	(628)	(502)	(265)	(214)	(402)	(592)

2 NEWMAN, ALEX. VIC	12.44	4.35m	10.22m	1.52m	1:01.25	22.27	30.75m	3.00m	30.38m	6:11.52	
	4382	(667)	(333)	(569)	(457)	(510)	(259)	(541)	(413)	(342)	(291)

3 TIMEWELL, CHRIS. VIC	12.96	4.71m	7.92m	1.49m	1:03.50	23.54	25.64m	2.20m	30.01m	5:24.97	
	3931	(571)	(407)	(415)	(434)	(434)	(183)	(430)	(214)	(336)	(507)

M45-49

	Points	100	LJ	SP	HJ	400	110H	DT	PV	JT	1500
1 CHISHOLM, DAVID VIC	12.42	4.88m	7.76m	1.34m	57.69	20.88	21.40m	2.10m	26.88m	5:49.24	
	4582	(744)	(508)	(445)	(367)	(714)	(423)	(382)	(222)	(320)	(457)

M50-54

	Points	100	LJ	SP	HJ	400	100H	DT	PV	JT	1500
1 DELL, TONY VIC	14.59	4.01m	5.29m	1.22m	1:05.62	23.08	14.41m	1.80m	12.31m	5:32.15	
	3169	(446)	(367)	(260)	(324)	(504)	(198)	(175)	(179)	(97)	(619)

M55-59

	Points	100	LJ	SP	HJ	400	100H	DT	PV	JT	1500
1 MURRAY, PETER NSW	12.79	4.82m	10.79m	1.46m	1:00.63	20.15	28.13m	NH	35.91m	6:01.78	
	5640	(830)	(657)	(710)	(619)	(757)	(468)	(489)	(0)	(560)	(550)
2 ELLIOTT, CRAIG QLD	14.69	3.95m	7.16m	1.28m	1:28.55	26.45	22.71m	2.20m	23.10m	8:00.29	
	3070	(504)	(417)	(431)	(441)	(53)	(85)	(371)	(333)	(312)	(123)

M60-64

	Points	100	LJ	SP	HJ	400	100H	DT	PV	JT	1500
1 MCCONNELL, DAV. VIC	13.41	4.23m	8.06m	1.40m	1:03.27	18.43	27.81m	2.30m	21.46m	6:02.00	
	5731	(797)	(576)	(489)	(644)	(742)	(666)	(456)	(423)	(304)	(634)

RESULTS : AMA/VMA DECATHLON AND PENTATHLON CHAMPIONSHIPS

M65-69

	Points	100	LJ	SP	HJ	400	100H	DT	PV	JT	1500
1 ASPINALL, DENNIS VIC	14.21	3.86m	7.40m	1.07m	1:06.40	28.95	27.83m	2.00m	25.92m	6:04.68	
	5005	(746)	(556)	(489)	(374)	(723)	(63)	(511)	(379)	(449)	(715)
2 JERMACANS, VIDDY 27.61m QLD	7:21.97	14.91	4.00m	8.11m	1.22m	1:18.79		DNF	25.49m	1.70m	
	4275	(631)	(602)	(548)	(536)	(356)	(0)	(458)	(271)	(487)	(386)

M85-89

1 SHARPE, BRIAN NSW	20.70	2.50m	6.05m	0.83m	1:55.21	35.44	13.76m	NH	14.46m	11:56.84	
	3132	(418)	(487)	(498)	(426)	(290)	(0)	(403)	(0)	(374)	(236)

WOMEN'S HEPTATHLON

W35-39

	Points	100H	HJ	SP	200	LJ	JT	800
1 LANGTREE, LEAH VIC	DNF	1.15m	6.90m	34.51	3.47m	19.84m	3:29.48	
	1607	(0)	(312)	(345)	(266)	(229)	(309)	(146)

W40-44

	Points	80H	HJ	SP	200	LJ	JT	800
1 PHILLIPS, TONI VIC	13.59	1.18m	7.25m	31.19	4.23m	15.05m	3:14.46	
	3089	(703)	(409)	(402)	(544)	(477)	(238)	(316)

W45-49

	Points	80H	HJ	SP	200	LJ	JT	800
1 CARAH, KAREN VIC	13.73	1.48m	9.02m	29.20	4.57m	29.04m	2:57.02	
	4883	(843)	(867)	(580)	(777)	(665)	(595)	(556)

W50-54

	Points	80H	HJ	SP	200	LJ	JT	800
1 TOWNSEND, VICKI NSW	15.90	1.24m	9.34m	30.59	3.90m	21.04m	3:19.20	
	3977	(548)	(632)	(646)	(764)	(527)	(432)	(428)