



# AROUND THE GROUNDS

VENUE RESULTS FOR JANUARY 2017, PROGRAM FOR MARCH 2017



Collingwood preparing for Neighbour's Night.  
John "Herbie" Herbstreet, Paul Ban, Julie Hertz  
and Peter Johnstone.

ABERFELDIE, COBURG, COLLINGWOOD,  
CROYDON, DONCASTER, EAST BURWOOD,  
FRANKSTON, GEELONG, GLEN EIRA,  
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

**ABERFELDIE 4 JANUARY 2017****100 Metres**

Gavin WHITE	43	12.81
Adam GREGORY	32	14.00
Maggie ARMSTRONG	54	19.94
Bella WHITE	INV	24.65
Alex WHITE	INV	36.47

**1000 Metres**

Shane DRAPER	43	3.57
Ernie STEWART	66	4.02
Adam GREGORY	32	4.05
Jasmine ORELLI	INV	4.09
Doug STOKES	64	4.42
Stephen BARKER	73	5.03
Michael ORELLI	72	5.32

**400 Metres**

Gavin WHITE	43	71.50
Cathy ORELLI	54	79.15
Jasmine ORELLI	INV	88.68
Maggie ARMSTRONG	54	103.72
Michael ORELLI	72	110.10
Stephen BARKER	73	184.75

**3000 Metres**

Ernie STEWART	66	13.13
John DEAN	72	18.47
Michael ORELLI	72	18.47

**5000 Metres**

Adam GREGORY	32	23.06
Doug STOKES	64	28.08
Stephen BARKER	73	28.08

**ABERFELDIE 11 JANUARY 2017****100 Metres**

Dave CHISHOLM	48	12.56
Richard SHORTT	45	13.03
Adam GREGORY	32	13.35
Cathy ORELLI	54	16.41
Tony BRADFORD	77	22.22

**800 Metres**

Adam GREGORY	32	2.54
David JONES	65	3.10
Jasmine ORELLI	INV	3.20
Doug STOKES	64	3.36
Stephen BARKER	73	3.59
Michael ORELLI	72	4.43

**200 Metres**

Dave CHISHOLM	48	25.50
Richard SHORTT	45	27.08
Cathy ORELLI	54	34.50
Jasmine ORELLI	INV	39.50
Tony BRADFORD	77	46.50
Michael ORELLI	72	47.00
Stephen BARKER	73	80.81

**3.1k Park Run**

Michael ORELLI	72	18.58
Andrea DRAPER	32	19.06
5.1k Park Run		
Adam GREGORY	32	24.01
Ernie STEWART	66	24.12
Doug STOKES	64	30.17
Stephen BARKER	73	30.17
Bill RISTEVSKI	52	35.00
John DEAN	72	35.00

**ABERFELDIE 18 JANUARY 2017****80 Metres**

Gavin WHITE	43	10.31
Richard SHORTT	45	10.56
Adam GREGORY	32	10.75
Cathy ORELLI	54	12.29
John COOPER	64	12.31
Mark SIMMONS	55	13.00
Tony BRADFORD	77	16.22
Bella WHITE	INV	21.44

**800 Metres**

Adam GREGORY	32	2.48
Daniel IERARDO	INV	3.05
David JONES	66	3.18
Jasmine ORELLI	INV	3.21
Stephen BARKER	73	4.02
Maggie ARMSTRONG	54	4.04
Heath BEVERIDGE	INV	4.17
Mark SIMMONS	55	4.18

**300 Metres**

Gavin WHITE	43	42.54
Richard SHORTT	45	46.66
John COOPER	64	49.22
Mark SIMMONS	55	54.94
Cathy ORELLI	54	55.94
Michael ENNIS	63	61.69
Cheryl BEVERIDGE	51	63.47
Jasmine ORELLI	INV	65.37
Maggie ARMSTRONG	54	73.19
Stephen BARKER	73	122.50
Tony BRADFORD	77	160.00

**5000 Metres River Run**

Heath BEVERIDGE	INV	23.34
Andrea DRAPER	39	29.57
Bill RISTEVSKI	52	29.57
Doug STOKES	64	31.01
John DEAN	72	31.06
Cheryl BEVERIDGE	51	35.17
Bill PAGE	86	36.04
Peter BLACK	62	36.04

**ABERFELDIE 25 JANUARY 2017****100 Metres**

John COOPER	64	15.25
Jamie PAPWORTH	INV	15.62
Cathy ORELLI	55	16.43
Richard SHORTT	45	16.78
Maggie ARMSTRONG	84	19.34
Imogen PAPWORTH	INV	21.22
John HOWES	81	22.46

**1500 Metres**

Richard SHORTT	45	5.27
David JONES	66	6.14
Brian O'DEA	62	6.24
Jasmine ORELLI	INV	6.37
Jamie PAPWORTH	INV	7.28
Stephen BARKER	73	8.07
Bill RISTEVSKI	52	8.42
Cheryl BEVERIDGE	51	8.54
Heath BEVERIDGE	INV	9.26
Michael ORELLI	72	9.40

walk

## ABERFELDIE 25 JANUARY 2017 cont.

### 200 Metres

Richard SHORTT	45	31.16	
John COOPER	64	31.28	
Cathy ORELLI	55	35.12	
Jasmine ORELLI	INV	40.60	
Maggie ARMSTRONG	54	43.00	
Stephen BARKER	73	87.78	walk

### 2000 Metres

Heath BEVERIDGE	INV	8.32	
Graham EADIE	65	12.13	
Cheryl BEVERIDGE	51	12.59	
Maggie ARMSTRONG	54	13.17	
Bill PAGE	86	14.19	
Lynne O'DEA	61	19.11	

### 4000 Metres

Ernie STEWART	66	18.38	
Brian O'DEA	62	19.55	
Doug STOKES	64	21.35	
Stephen BARKER	73	23.42	
Bill RISTEVSKI	52	24.33	

### 3000 Metres

John DEAN	72	19.36	
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## COBURG 5 JANUARY 2017

### 3km Lake Run

Bernie LEDDIN	68	16.18
Mark KELLY	54	16.23.0
Brian DELANEY	63	16.23.8
Fiona ELY	47	16.24.2
Maria BARBETTI	51	16.29
Rob LEWIS	69	17.42
Ken CARTER	64	33.22

## COBURG 12 JANUARY 2017

### 100m

#### Heat: 1

Bruce GIBBS	68	17.06
Bernie LEDDIN	68	17.51
Rob LEWIS	69	18.95
Francis BRADLEY	61	19.29
Donna ELMS	55	20.71
Ken CARTER	64	37.02

#### Heat: 2

Shahir NAGI	35	12.48
Jackson O'NEILL	19	12.75
Paul O'NEILL	51	13.39
Ethan O'NEILL	16	13.73
Colin HICKIE	32	14.30
Spud HARRAP	14	15.39

### 1000m

Ethan O'NEILL	16	3.30
Colin HICKIE	32	3.45
Brian DELANEY	63	4.11
Maria BARBETTI	51	4.30
Ken CARTER	64	9.06

### 200m

Jackson O'NEILL	19	25.42
Paul O'NEILL	51	26.10
Ethan O'NEILL	16	30.40
Stephen RUSSELL	57	31.23
Spud HARRAP	14	32.35
Brian DELANEY	63	38.38
Donna ELMS	55	44.53
Ken CARTER	64	1.32.5

### 3km Lake Run

Mark KELLY	54	13.08
Colin HICKIE	32	14.28
Fiona ELY	47	15.08
Bernie LEDDIN	68	15.41
Rob LEWIS	69	18.46
Francis BRADLEY	61	19.26
Ken CARTER	64	33.15

### 6km Lake Run

Maria BARBETTI	51	33.16
Donna ELMS (W)	55	44.39



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## COBURG 19 JANUARY 2017

### 60m

Colin HICKIE	32	8.78
Bernie LEDDIN	68	10.63
Rob LEWIS	69	10.64
Fiona ELY	47	11.03
Michelle SPORTON	51	14.73
Ken CARTER	64	22.36

### 1200m Walk

Donna ELMS	55	7.00
Frank BRADLEY	61	11.50
Fiona ELY	47	11.50

### 1600m

Fraser MURRAY	44	5.38
Colin HICKIE	32	6.14
Brian DELANEY	63	7.13
Maria BARBETTI	51	7.44
Gary O'DWYER	57	8.08
Ken CARTER	64	16.06

### 300m

Stephen RUSSELL	57	49.58
Gary O'DWYER	57	57.79
Michael MEANEY	61	1.00.7
Brian DELANEY	63	1.03.1
Michael WHIMPEY	63	1.15.0
Michelle SPORTON	51	1.49.9
Ken CARTER	64	2.01.5

### 3km

Bernie GOGGIN	79	25.31
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### 4.1km Swing Bridge Run

Colin HICKIE	32	19.15
Fraser MURRAY	44	20.18
Michael MEANEY	61	21.22
Gary O'DWYER	57	21.33
Fiona ELY	47	21.48
Bernie LEDDIN	68	22.31
Maria BARBETTI	51	22.52
Michael WHIMPEY	63	24.42
Rob LEWIS	69	26.07
Francis BRADLEY	61	26.16
Ken CARTER	64	46.30

## COBURG 26 JANUARY 2017

### 90m

#### Heat: 1

Bernie LEDDIN	68	14.82
Rob LEWIS	69	16.74
Michelle SPORTON	51	21.59
Ken CARTER	64	34.00

#### Heat: 2

Ethan O'NEILL	16	13.05
Stephen RUSSELL	57	13.69
Jamie MURRAY	9	14.80
Callum MURRAY	11	16.85

### 1000m

Fraser MURRAY	44	3.21
Ethan O'NEILL	16	3.28
Jamie MURRAY	9	4.15
Michael MEANEY	61	4.26
Callum MURRAY	11	4.29
Maria BARBETTI	51	4.32
Fiona ELY (W)	47	8.49
Ken CARTER	64	9.23

### 150m

Stephen RUSSELL	57	22.80
Michael MEANEY	61	25.31
Jamie MURRAY	9	26.01
Callum MURRAY	11	29.38
Michael WHIMPEY	63	33.35
Michelle SPORTON	51	37.00
Ken CARTER	64	1.03.5

### 2.2km Cross Country

Bernie LEDDIN	68	10.52
Michael MEANEY	61	11.10
Michael WHIMPEY	63	11.28
Rob LEWIS	69	12.43
Fiona ELY (W)	47	20.48

### 4.4km Cross Country

Ethan O'NEILL	16	19.44
Maria BARBETTI	51	24.15
Ken CARTER	64	46.34

### 6.6km Cross Country

Donna ELMS (W)	55	45.35
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**COLLINGWOOD 3 JANUARY 2017****90 Metres**

Time

**Heat 1**

1	GERO Peter	28	14.4
2	GIBBS Bruce	68	14.9
3	ELY Fiona	47	15.1
4	HERBSTREIT Herbie	64	16.6

**Heat 2**

1	HOWDEN Keith	71	13.1
2	WINNEN Ian	54	13.6
3	LEDDIN Bernie	68	15.1
4	LEWIS Rob	69	16.5

**1000 Metres**

Time

1	WINNEN Ian	54	3:30
2	HEJTMANEK Jim	51	3:44
3	ADRIEN Gerard	56	3:49
4	GERO Peter	28	4:02

**200 Metres**

Time

1	HOWDEN Keith	71	29.9
2	GERO Peter	28	30.2
3	LEDDIN Bernie	68	35.7
4	LEWIS Rob	69	40.1

**3.4 Km.**

Time

1	SCHOLLES Ron	63	16:33
2	ADRIEN Gerard	56	17:05
3	PAUL Graeme	62	17:56
4	ELY Fiona	47	18:05
5	LEDDIN Bernie	68	18:08
6	WINDSOR Wes	72	20:19
7	DROSDOWSKY Wasyl	65	20:24
8	LEWIS Rob	69	21:25
9	HERBSTREIT Herbie	64	22:48
10	BRAIN Glenyse	71	27:34
11	WOOD Sue	62	27:34
12	GIBBS Bruce	68	28:33
13	JOHNSTONE Peter	80	30:33

**6.4 Km.**

Time

1	HEJTMANEK Jim	51	29:44
2	WINNEN Ian	54	29:50
3	HOPKINS Jim	67	33:20
4	DUNNING Robert	59	34:56
5	BAYLEY Rod	70	37:42
6	POCOCK John	73	39:25
7	BELL Gary	62	41:35

**COLLINGWOOD 10 JANUARY 2017****80 Metres**

Time

**Heat 1**

1	GERO Peter	28	11.2
2	GAUNT Peter	57	11.5
3	GIBBS Bruce	68	13.4
4	HERBSTREIT Herbie	64	15.2

**Heat 2**

1	KOKKINOS Alex	41	10.6
2	WINNEN Ian	54	12.0
3	WALSH Des	55	13.4
4	LEDDIN Bernie	68	13.6
5	LEWIS Rob	69	14.1

**120 Metres**

Time

1	KOKKINOS Alex	41	15.6
2	GERO Peter	28	16.7
3	GAUNT Peter	57	17.3
4	WINNEN Ian	54	17.6

**COLLINGWOOD 10 JANUARY 2017 cont****5.0 Km.**

Time

1	ADRIEN Gerard	56	26:20
2	Mc.MAHON Tim	59	26:54
3	ELY Fiona	47	27:00
4	LEDDIN Bernie	68	27:43
5	WINDSOR Wes	72	28:08
6	LEWIS Rob	69	32:04
7	HERBSTREIT Herbie	64	33:00
8	BRAIN Glenyse	71	41:30
9	WOOD Sue	62	41:30
10	GIBBS Bruce	68	43:00
11	JOHNSTONE Peter	80	51:00

**9.0 Km.**

Time

1	GAUNT Peter	57	39:29
2	HEJTMANEK Jim	51	43:23
3	WINNEN Ian	54	45:40
4	HOPKINS Jim	67	52:02
5	POCOCK John	73	52:05
6	HEYWOOD Colin	0	55:19
7	DROSDOWSKY Wasyl	65	58:38
8	BELL Gary	62	60:23

**COLLINGWOOD 17 JANUARY 2017****120 Metres**

Time

1	LEDDIN Bernie	68	20.3
2	LEWIS Rob	69	21.9
3	HERBSTREIT Herbie	64	23.3
4	GIBBS Bruce	68	33.6
1	DELBRIDGE Adam	44	16.3
2	GERO Peter	28	16.9
3	HOWDEN Keith	71	17.3
4	LOVELL Scott	51	17.9
5	WINNEN Ian	54	18.4

**250 Metres**

Time

1	DELBRIDGE Adam	44	36.1
2	GERO Peter	28	37.9
3	WINNEN Ian	54	40.0
4	HOWDEN Keith	71	42.1
5	LOVELL Scott	51	44.7
6	HALLETT Matthew	27	46.0

**4.0 Km.**

Time Hcp

Net T

1	DROSDOWSKY Wasyl	65	24:25	12:55	11:30
2	WINNEN Ian	54	18:36	6:35	12:01
3	ADRIEN Gerard	56	20:21	7:40	12:41
4	HALLETT Matthew	27	22:20	8:45	13:35
5	HERBSTREIT Herbie	64	28:53	13:20	15:33
6	LEDDIN Bernie	68	23:23	7:45	15:38
7	BRAIN Glenyse	71	36:42	19:30	17:12
8	WOOD Sue	62	36:42	19:30	17:12
9	HALLETT Len	67	28:50	10:15	18:35
10	JOHNSTONE Peter	80	43:00	19:30	23:30
11	BROWN Mal	76	43:00	14:00	29:00

**8.0 Km.**

Time Hcp

Net T

1	DUNNING Robert	59	43:00	20:00	23:00
2	POCOCK John	73	44:31	20:10	24:21
3	HEJTMANEK Jim	51	39:16	13:05	26:11
4	BAYLEY Rod	70	47:38	19:45	27:53
5	BELL Gary	63	53:00	24:35	28:25

**COLLINGWOOD 24 JANUARY 2017****80 Metres**

Time

**Heat 1**

1	GERO Peter	28	11.4
2	HOWDEN Keith	71	11.8
3	HORN Michael	64	12.2
4	SCHOLES Ron	63	13.6

**Heat 2**

1	STUART Will	37	11.4
2	DELL Tony	54	13.2
3	LEWIS Rob	69	14.5
4	HERBSTREIT Herbie	64	14.9
5	LEDDIN Bernie	68	17.2

**800 Metres**

Time

1	STUART Will	37	2:57
2	DELBRIDGE Adam	44	3:04
3	SCHOLES Ron	63	3:07
4	GERO Peter	28	3:17

**200 Metres**

Time

**Heat 1**

1	DELBRIDGE Adam	44	26.9
2	STUART Will	37	27.4
3	HOWDEN Keith	71	29.1
4	DELL Tony	54	29.7
5	GERO Peter	28	30.6

**Heat 2**

1	SHANNON John	43	27.9
2	HUYNH John	31	30.7
3	HORN Michael	64	31.5
4	SCHOLES Ron	63	34.3

**3.8 Km.**

Time

1	HALLETT Matthew	27	19:05
2	LEDDIN Bernie	68	20:04
3	LOVELL Scott	51	20:42
4	PARDY Carmel	48	22:34
5	SMITH Donna	45	22:34
6	HALLETT Len	67	23:26
7	GERO Peter	28	23:44
8	LEWIS Rob	69	23:44
9	HERBSTREIT Herbie	64	25:23
10	HORN Michael	64	25:23
11	BROWN Mal	76	26:28
12	BRAIN Glenyse	71	33:30
13	WOOD Sue	62	33:30
14	JOHNSTONE Peter	80	38:21

**8.0 Km.**

Time

1	HEJTMANEK Jim	51	37:10
2	SCHOLES Ron	63	37:43
3	DUNNING Robert	59	40:53
4	HOPKINS Jim	67	42:19
5	BAYLEY Rod	70	44:30
6	POCOCK John	73	45:09
7	DROSDOWSKY Wasył	65	50:04
8	BELL Gary	63	51:36

**CROYDON 3 JANUARY 2017****1 KM WALK**

1	Russ DICKENSON	71	6.26
2	Liz WRIGLEY	61	7.14
3	Ron BOYNE	83	8.05
4	Gary TURNER	63	8.12
5	Kevin McLAUCHLAN	73	9.06
6	Colin WILLIAMS	67	9.06

**11.6 SECONDS N.O.S.P.**

1	Ros DYER	52	9.9
2	Colin WILLIAMS	67	10.1
3	Kevin McLAUCHLAN **	73	11.6
4	Andrew EGGINTON	55	11.9
5	Gary TURNER	63	12.2
6	Michael WILLEY	40	12.8
7	Colin PAGE	62	13.1

\*\* Winner - Kevin McLauchlan

**800 METRE RUN**

1	Andrew EGGINTON	55	3.05
2	Michael WILLEY	40	3.09
3	Colin PAGE	62	3.12
4	Colin WILLIAMS	67	3.36
5	Ros DYER	52	4.01

**200 METRE SPRINT**

1	Michael WILLEY	40	31.4
2	Andrew EGGINTON	55	32.0
3	Gary TURNER	63	41.6
4	Colin WILLIAMS	67	44.6
5	Kevin McLAUCHLAN	73	60.4

**1/3/5 KM RUN/WALK****1 km:**

1	Andrew EGGINTON	55	4.12
2	Colin WILLIAMS	67	5.07
3	Gary TURNER	63	5.35
4	Ron BOYNE	83	5.57
5	Gunther ILGOUTZ (Walk)	78	7.31
6	Kevin McLAUCHLAN(Walk)	73	9.39

**3 km:**

1	Michael WILLEY	40	13.33
2	Mark CHALLEN	59	16.58
3	Ros DYER	52	17.32
4	Al WILLEY	77	18.34

**5 km:**

Colin PAGE	62	23.12
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If I make you breakfast in bed,  
a simple 'Thank you'  
is all I need.

Not all this 'How  
did you get in my  
house?' business.



ROTTENCARDS USA CARD

**CROYDON 10 JANUARY 2017****1500 METRE RUN**

1	Grant MURFETT	49	5.47
2	Michael WILLEY	40	5.57
3	Colin PAGE	62	6.20
4	Robert STAGG	50	7.04

**1 MILE WALK**

1	Pam TINDALL	57	9.47
2	Paul MORITZ	57	10.27
3	Gunther ILGOUTZ	78	10.32
4	Liz WRIGLEY	61	12.22
5	Ron BOYNE	83	13.07
6	Gary TURNER	63	13.18
7	Phyllis GOSBELL	78	13.39
8	Jessica DUX	32	13.50
9	Andrew EGGINTON	55	15.43
10	Shannon TINDALL	30	15.44
11	Grant WATSON	69	15.55
12	Kevin McLAUHLAN	73	15.59
13	Allan WOOD	79	15.59
14	Ron SMITH	67	17.06

**60 METRE SPRINT****Heat 1:**

1	Ron SMITH	67	11.6
2	Ros DYER	52	11.9
3	Shirley COPPOCK	80	13.5
4	Kevin McLAUHLAN	73	13.8
5	Grant WATSON	69	14.1

**Heat 2:**

1	Gary TURNER	63	10.2
2	Andrew FRASER	75	10.4
3	Cec McKEOWN	77	10.7
4	Allan WOOD	79	11.6
5	Andrew EGGINTON	55	11.9

**Heat 3:**

1	Michael WILLEY	40	8.1
2	Jessica DUX	32	8.3
3	Grant MURFETT	49	8.5
4	Robert STAGG	50	8.7

**400 METRE RUN**

1	Andrew EGGINTON	55	1.04
2	Grant MURFETT	49	1.05
3	Jessica DUX	32	1.16
4	Michael WILLEY	40	1.19
5	Colin PAGE	62	1.22
6	Robert STAGG	50	1.29
7	Gary TURNER	63	1.41
8	Ros DYER	52	1.48
9	Cec McKEOWN	77	1.49
10	Ron BOYNE	83	1.55
11	Allan WOOD	79	1.59
12	Ron SMITH	67	2.03
13	Shirley COPPOCK	80	2.33
14	Grant WATSON	69	2.56
15	Kevin McLAUHLAN	73	2.58

**10, 20 OR 30 MINUTE RUN/WALK**

10 minutes:		Laps	Metres
Jessica DUX (Run)	32	5	30
Robert STAGG (Run)	50	4	300
Ron BOYNE (Run)	83	4	10
Cec McKEOWN (Run)	77	3	300
Phyllis GOSBELL (Walk)	78	2	300
Grant WATSON (Walk)	69	2	30
Kevin McLAUHLAN (Walk)	73	2	30

**CROYDON 10 JANUARY 2017 cont****20 minutes:**

Shannon TINDALL	30	12
Al WILLEY	77	8 10

**30 minutes:**

Colin PAGE (Run)	62	15	350
Michael WILLEY (Run)	40	15	300
Andrew TUNNE (Run)	58	14	250
Ros DYER (Run)	52	13	250
Alison THOMPSON (Run)	63	11	20
Paul MORITZ (Walk)	57	10	180
Julie CHALLEN (Walk)	59	6	250

**CROYDON 17 JANUARY 2017****1500 METRE WALK**

1	Alison THOMPSON	63	9.25
2	Russ DICKENSON	71	9.54
3	Liz WRIGLEY	61	11.25
4	Pam TINDALL	57	11.55
5	Karen ARCHER	54	11.55
6	Grant MURFETT	49	12.16
7	Phyllis GOSBELL	78	12.30
8	Ron BOYNE	83	12.39
9	Gary TURNER	63	13.43
10	Colin WILLIAMS	67	13.43
11	Grant WATSON	69	14.33
12	Ron SMITH	67	16.15

**100 METRE SPRINT****Heat 1:**

1	Allan WOOD	79	19.3
2	Ron SMITH	67	22.1
3	Colin WILLIAMS	67	26.7
4	Grant WATSON	69	31.2

**Heat 2:**

1	Michael WILLEY	40	13.9
2	Dennis ASPINALL	69	14.9
3	Cec McKEOWN	77	17.8
4	Russ DICKENSON	71	18.2
5	Andrew FRASER	75	24.4
6	Karen ARCHER	54	24.9

**1 MILE RUN**

1	Andrew EGGINTON	55	6.13
2	Michael WILLEY	40	6.38
3	Colin PAGE	62	6.45
4	Grant MURFETT	49	6.51
5	Ros DYER	52	8.28
6	Colin WILLIAMS	67	8.28
7	Karen ARCHER	54	9.24
8	Cec McKEOWN	77	9.26

**300 METRE RUN****Heat 1:**

1	Andrew FRASER	75	61.2
2	Cec McKEOWN	77	66.6
3	Allan WOOD	79	69.1
4	Colin WILLIAMS	67	72.0
5	Ros DYER	52	77.1
6	Ron SMITH	67	81.3

**Heat 2:**

1	Andrew EGGINTON	55	47.8
2	Dennis ASPINALL	69	49.7
3	Michael WILLEY	40	54.8
4	Karen ARCHER	54	84.1

**CROYDON 17 JANUARY 2017 cont****3 KM MAXIMUM WALK**

Alison THOMPSON (Walk)	63	19.57	3 km
Karen ARCHER (Run)	54	19.58	3 km
Ron BOYNE (Run)	83	10.59	3 km
Ros DYER (Run)	52	20.00	3 km
Cec McKEOWN (Run)	77	20.24	3 km
Al WILLEY (Run)	77	21.08	3 km
Michael WILLEY (Run)	40	21.15	10½ laps
Mark CHALLEN (Run)	59	21.34	9½ laps
Julie CHALLEN (Walk)	59	22.52	3 km
Phyllis GOSBELL (Walk)	78	23.04	6½ laps
Dennis ASPINALL (Run)	69	5.19	1 km
Colin WILLIAMS (Run)	67	5.22	1 km

**CROYDON 24 JANUARY 2017****1 KM WALK**

1	Alison THOMPSON	63	5.59
2	Paul MORITZ	57	6.35
3	Liz WRIGLEY	61	7.10
4	Ron BOYNE	83	7.43
5	Robert STAGG	50	8.13
6	Colin WILLIAMS	67	8.15
7	Grant MURFETT	49	8.16
8	Allan WOOD	79	8.24
9	Grant WATSON	69	8.44
10	Gary TURNER	63	8.45
11	Barrie WICKS	76	10.11
12	Ron SMITH	67	10.30

**100 METRE SPRINT****Heat 1:**

1	Cec McKEOWN	77	17.1
2	Allan WOOD	79	17.8
3	Ron SMITH	67	19.2
4	Ros DYER	52	20.1
5	Grant WATSON	69	21.6
6	Colin WILLIAMS	67	21.8

**Heat 2:**

1	Robert STAGG	50	13.3
2	Dennis ASPINALL	69	14.9
3	Michael WILLEY	40	15.4
4	Grant MURFETT	49	15.8

**1 KM RUN**

1	Andrew EGGINTON	55	3.27
2	Grant MURFETT	49	3.27
3	Michael WILLEY	40	3.41
4	Colin PAGE	62	3.58
5	Dennis ASPINALL	69	3.59
6	Robert STAGG	50	4.02
7	Karen ARCHER	54	4.56
8	Ros DYER	52	5.00
9	Pam TINDALL	57	5.01
10	Colin WILLIAMS	67	5.55
11	Grant WATSON	69	7.28
12	Cec McKEOWN	77	7.29

**400 METRE RUN**

1	Grant MURFETT	49	1.02
2	Michael WILLEY	40	1.07
3	Andrew EGGINTON	55	1.13
4	Colin PAGE	62	1.23
5	Cec McKEOWN	77	1.39
6	Colin WILLIAMS	67	1.40
7	Ros DYER	52	1.45

**CROYDON 24 JANUARY 2017 cont**

8	Ron BOYNE	83	1.58
9	Ron SMITH	67	2.02
10	Karen ARCHER	54	2.07
11	Grant WATSON	69	2.42

**1/2/3/4 KM RUN/WALK****1 km:**

1	Colin WILLIAMS	67	4.59
2	Grant WATSON (Walk)	69	9.16

**2 km:**

1	Andrew EGGINTON	55	9.05
2	Dennis ASPINALL	69	9.55

**3 km:**

1	Robert STAGG	50	14.04
2	Ron BOYNE	83	18.53

**CROYDON 31 JANUARY 2017****1200 METRE WALK**

1	Russ DICKENSON	71	7.04
2	Gunther ILGOUTZ	78	7.26
3	Liz WRIGLEY	61	8.30
4	Ron BOYNE	83	9.22
5	Lyn BATCHELOR	68	9.39
6	Grant WATSON	69	10.17
7	Grant MURFETT	49	10.23
8	Sheila FANNING	42	10.26
9	Gary TURNER	63	10.27
10	Phyllis GOSBELL	78	10.37
11	Cec McKEOWN	77	10.38
12	Allana BURNIE	35	11.59
13	Allan WOOD	79	11.59
14	Ros DYER	52	12.00
15	Barrie WICKS	76	12.32

**1200 METRE RUN**

1	Grant MURFETT	49	4.16
2	Michael WILLEY	40	4.30
3	Andrew EGGINTON	55	4.51
4	Sheila FANNING	42	4.57
5	Colin PAGE	62	5.08
6	Dennis ASPINALL	69	5.18
7	Ros DYER	52	6.02
8	Cec McKEOWN	77	6.02
9	Russ DICKENSON(Walk)	71	7.47
10	Grant WATSON	69	8.36

**430 METRE RUN**

1	Grant MURFETT	49	1.13
2	Andrew EGGINTON	55	1.21
3	Sheila FANNING	42	1.25
4	Michael WILLEY	40	1.29
5	Cec McKEOWN	77	1.59
6	Allana BURNIE	35	2.00
7	Ros DYER	52	2.02
8	Allan WOOD	79	2.14
9	Ron BOYNE	83	2.21
10	Grant WATSON	69	2.56

**90 METRE SPRINT****Heat 1:**

1	Cec McKEOWN	77	15.9
2	Allan WOOD	79	16.3
3	Allana BURNIE	35	17.0
4	Ros DYER	52	17.2
5	Grant WATSON	69	18.9



**CROYDON 31 JANUARY 2017 cont****Heat 2:**

1	Grant MURFETT	49	13.1
2	Dennis ASPINALL	69	13.5
3	Sheila FANNING	42	13.8
4	Andrew EGGINTON	55	14.4
5	Michael WILLEY	40	14.7

**1/2/4 KM RUN/WALK****1 km:**

1	Sheila FANNING	42	5.05
2	Dennis ASPINALL	69	5.20
3	Allan WOOD	79	7.02
4	Allana BURNIE	35	7.02
5	Liz WRIGLEY (Walk)	61	8.13
6	Gary TURNER (Walk)	63	8.14
7	Lyn BATCHELOR (Walk)	68	8.44
8	Phyllis GOSBELL (Walk)	78	9.02
9	Grant WATSON (Walk)	69	9.42

**2 km:**

1	Grant MURFETT	49	8.37
2	Ron BOYNE	83	12.14
3	Julie CHALLEN (Walk)	59	14.11

**4 km:**

1	Andrew EGGINTON	55	17.18
2	Michael WILLEY	40	17.49
3	Colin PAGE	62	19.21
4	Mark CHALLEN	59	20.28
5	Ros DYER	52	22.19
6	Cec McKEOWN	77	22.58
7	Al WILLEY	77	23.08

**DONCASTER 2 JANUARY 2017****100 metres**

1	Ken Bruce	64	14.34
2	Graham Ford	67	14.56
3	Phil Rosevear	67	15.03
4	Graham Walter	58	15.20
5	Janine James	69	17.50

**150 metres**

1	Ken Bruce	64	21.73
2	Graham Ford	67	22.46
3	Graham Walter	58	22.48
4	Phil Rosevear	67	23.07
5	Janine James	69	27.66

**2000 metres**

1	Graham Walter	58	8.47.5
2	Kath Gawthorn	42	9.55.2
3	Frank Prowse	64	10.26.4

**DONCASTER 9 JANUARY 2017****60 metres****heat 1**

1	Janine James	69	10.52
2	Kay Burnie	64	11.64
3	Don McLean	82	11.96 (venue record)
4	Gloria De Zwart	80	13.24 (venue record)

**heat 2**

1	Matt Hughes	41	8.38
2	Anthony Paige	33	8.46
3	Graham Walter	58	9.16
4	Des Walsh	62	9.39
5	Greg Champion	61	9.62

**100 metres**

1	Anthony Paige	33	13.20
2	Matt Hughes	41	13.60
3	Graham Ford	67	14.56
4	Graham Walter	5	14.80
5	Des Walsh	62	14.96
6	Janine James	69	17.24
7	Kay Burnie	64	19.24

**300 metres**

1	Anthony Paige	33	41.92
2	Graham Ford	67	50.68
3	Graham Walter	58	51.80
4	Matt Hughes	41	53.96
5	Jeffrey Sim	54	54.64

**300m hurdles**

1	Graham Ford	67	54.72
2	Greg Champion	61	58.88

**Doncaster 800 (nominate own starting time)**

		Hcp	Fin	Actual
1	Graham Walter	58	(-1.45)	5.01.04 3.16.04
2	Gary Zuccala	54	(-2.15)	5.02.33 2.47.33
3	Frank Prowse	65	(-0.40)	5.06.11 4.26.11
(venue walk record)				
4	Matt Hughes	41	(-2.30)	5.19.21 2.49.21
5	Marla Trautmann	44	(scratch)	6.48.0

**600 metres**

1	Marla Trautman	44	5.10.6
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**1000 metres**

1	Jeffrey Sim	54	4.55.6
2	Frank Prowse	65	5.35.7 (venue walk record)

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**DONCASTER 9 JANUARY 2017 cont****3000 metres**

1	Gary Zuccala	54	11.58.7
2	Matt Hughes	41	14.13.8
3	Graham Walter	58	14.26.0

**DONCASTER 16 JANUARY 2017****Long Jump**

1	Matt Hughes	41	5.1
2	Matt Scholes	47	4.26
3	David McConnell	64	3.93
4	Greg Champion	61	3.88
5	Tom Leong	75	3.11 (venue record)
6	Bev Learmont	68	2.72
7	Marla Trautman	45	1.68

**Javelin**

1	Matt Hughes	41	33.78
2	Matt Scholes	47	24.86
3	Graham Walter	58	23.42
4	Tom Leong	75	21.81 (venue record)
5	David McConnell	64	20.29
6	Bev Learmont	68	13.44
7	Marla Trautman	45	7.87

**Discus**

1	David McConnell	64	29.74 (venue record)
2	Matt Hughes	41	25.89
3	Graham Walter	58	20.24
4	Matt Scholes	47	20.15
5	Kath Gawthorn	42	17.29 (venue record)
6	Tom Leong	75	16.75

**Shot put**

1	Bev Learmont	68	6.4 (venue record)
2	Marla Trautman	45	4.3

**100 metres****heat 1**

1	Janine James	69	16.16
2	Bev Learmont	68	19.74
3	Gloria DeZwart	80	22.94 (venue record)
4	Marla Trautman	45	27.32

**heat 2**

1	Gavin Gao	32	13.74
2	Phil Rosevear	67	14.34
3	Greg Champion	61	15.24
4	Jeffrey Sim	54	15.86

**200 metres****heat 1**

1	Phil Rosevear	67	32.54
2	Jeffrey Sim	54	33.36
3	Tom Leong	75	35.54
4	Janine James	69	36.66
5	Carolyn Aughey	74	48.58

**heat 2**

1	Matt Hughes	41	27.46
2	David McConnell	64	28.22
3	Anthony Paige	33	28.72 (220 metres)
4	Graham Walter	58	30.04
5	Matt Scholes	47	36.24

**400 metres**

1	Matt Scholes	47	61.3
2	Anthony Paige	33	64.3 (430 metres)
3	Phil Rosevear	67	85.5
4	Katrina Philip	55	99.7

**DONCASTER 16 JANUARY 2017 cont****800 metres**

1	Gavin Gao	32	3.09.6
2	Katrina Philip	55	3.35.1
2	Jeffrey Sim	54	3.35.1
4	Bev Learmont	68	5.08.2
5	Marla Trautman	45	6.14.3

**1500 metres**

1	Matt Scholes	47	5.41.3
2	Matt Hughes	41	5.58.6
3	David McConnell	64	6.04.2
4	Graham Walter	58	6.06.7
5	Kath Gawthorn	42	7.02.3
6	Katrina Philip	55	7.55.6
7	Frank Prowse	65	8.42.6 (venue walk rec)
8	Tom Leong	75	9.04.8 (venue record)

**DONCASTER 23 JANUARY 2017****Doncaster Gift (120m)**

1	Janine James	(-33)	14.58
2	Graham Walter	(-19)	14.66
2	Phil Rosevear	(-16)	14.66
4	Graham Ford	(-17)	14.78
5	Jeffrey Sim	(-27)	14.92
6	David McConnell	(-11)	15.06
7	Kay Burnie	(-36)	15.68

**1000 metres**

1	Mitchell Chamberlain	16	3.44.6
2	Scott Chamberlain	52	3.53.7
3	Graham Walter	58	4.09.6
4	Stephen Brennan	65	4.13.0
5	Jeffrey Sim	54	4.35.5
6	Katrina Philip	55	4.42.6

**150 metres****heat 1**

1	Jeffrey Sim	54	25.64
2	Janine James	69	26.40
3	David McConnell	64	29.00
4	Kay Burnie	64	30.90

**heat 2**

1	Anthony Paige	33	20.40 (153.5 met)
2	Ken Bruce	64	21.02
3	Graham Walter	58	22.20
4	Graham Ford	67	22.30
5	Don McLean	82	31.24 (venue record)

**400 metres**

1	David McConnell	64	64.8
2	Anthony Paige	33	66.7 (435 metres)
3	Jeffrey Sim	54	82.3
4	Phil Rosevear	67	85.7
5	Katrina Philip	55	1.36.0
6	Graham Walter	58	1.36.3

**1500 metres (nominate own starting time)**

		Hcap	Finish	Actual
1	Georgia Chalmers	(-2.00)	7.44.9	(5.44.9)
2	Katrina Philip	(-0.10)	7.50.0	(7.40.0)
3	Kath Gawthorn	(-1.10)	8.13.5	(7.03.5)
4	Graham Walter	(-1.30)	8.23.4	(6.53.4)
5	Stephen Brennan	(-2.00)	8.29.3	(6.29.3)

**1100metres walk**

1	Frank Prowse	65	9.10.5
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**DONCASTER 30 JANUARY 2017****800 metres**

1	Graham Walter	58	3.04.9	
2	Jeffrey Sim	54	3.14.7	
3	Elizabeth Grover	53	3.15.9	
4	John Aughey	79	1.54.2	(400 metres)

**100 metres****heat 1**

1	Janine James	69	16.94	
2	Elizabeth Grover	53	18.4	
3	Gloria DeZwart	80	22.07	(venue record)
4	Marla Trautman	44	27.51	

**heat 2**

1	Ken Bruce	65	13.82	
2	David McConnell	64	14.00	
3	Graham Ford	67	14.32	
4	Anthony Paige	33	14.49	(110 metres)
5	Graham Walter	58	14.53	
6	Jeffrey Sim	54	16.48	

**200 metres**

1	David McConnell	64	28.01	
2	Anthony Paige	33	28.16	(210 metres)
3	Ken Bruce	65	29.70	
4	Graham Walter	58	31.77	
5	Janine James	69	37.74	
6	Don McLean	80	42.34	
7	Marla Trautman	44	61.54	

**400 metres**

1	Anthony Paige	33	67.3	(430 metres)
2	Graham Ford	67	74.1	
3	Graham Walter	58	99.1	
4	Marla Trautman	44	2.29.6	

**1000 metres**

1	Elizabeth Grover	53	4.12.8	
2	Jeffrey Sim	54	4.37.5	
3	David McConnell	64	4.46.0	

**3000 metres**

1	Stephen Brennan	65	13.23.4	
2	Graham Walter	58	14.48.8	
3	Kath Gawthorn	42	15.14.5	

**EAST BURWOOD 5 JANUARY 2017****60 METRE SPRINT****Heat 1:**

1	Leo COFFEY	86	11.4	
2	Gary TURNER	63	12.6	
3	Shirley COPPOCK	80	13.1	
4	Scott TEMPANY	50	13.5	
5	Grant WATSON	69	14.6	
6	Lloyd NICHOLS	75	18.6	

**Heat 2:**

1	Jack DURRANT	19	8.1	
2	Scott NICOLAI	36	8.4	
3	Paul DURRANT	55	8.7	
4	Louise McLEAN	51	9.6	
5	Tracey CARPENTER	50	10.1	
6	Christopher WORSNOP	59	11.2	
7	Christine CONTESOTTO	56	12.1	

**600 METRE RUN N.O.T.**

		Clock	Nom.	
1	Christopher WORSNOP	59	2.18	2.10
2	Janet HOLMES	63	2.22	2.30
3	Bob HENDERSON	70	2.24	2.30
4	Glenn McLEAN	52	2.27	2.35
5	Gary TURNER	63	2.34	2.45
6	Liz EASTWOOD **	47	2.40	2.45
7	Michelle QUAN	47	2.42	2.50

\*\* Winner - Liz Eastwood

**800 METRE WALK**

1	Frank PROWSE	64	5.10	
2	Christopher WORSNOP	59	5.11	
3	Liz WRIGLEY	61	5.54	
4	Liz EASTWOOD	47	6.14	
5	Phyllis GOSBELL	78	6.25	
6	Christine CONTESOTTO	56	6.27	
7	Gary TURNER	63	6.41	
8	Allan WOOD	79	6.59	
9	Grant WATSON	69	7.27	
10	Gerald BURKE	76	8.03	
11	Scott TEMPANY	50	9.11	

**200 METRE SPRINT**

1	Scott NICOLAI	36	28.0	
2	Glenn McLEAN	52	32.8	
3	Louise McLEAN	51	34.4	
4	Christopher WORSNOP	59	36.1	
5	Andrew FRASER	74	36.9	
6	Allan WOOD	79	41.7	
7	Christine CONTESOTTO	56	42.5	
8	Shirley COPPOCK	80	47.1	
9	Scott TEMPANY	50	56.8	
10	Lloyd NICHOLS	75	83.5	

**2 OR 4 KM RUN/WALK****2 km:**

1	Scott NICOLAI	36	8.28	
2	Bob HENDERSON	70	9.05	
3	Peter DODGSHUN	64	9.31	
4	Liz EASTWOOD	47	11.08	
	Michelle QUAN (7 laps)	47	14.40	

**4 km:**

1	Christopher WORSNOP	59	18.51	
	Frank PROWSE (8 laps Walk)	64	20.34	

**EAST BURWOOD 5 JANUARY 2017 cont****100 METRE SPRINT****Heat 1:**

1	Allan WOOD	79	
2	Leo COFFEY	86	No
3	Shirley COPPOCK	80	
4	Scott TEMPANY	50	Times
5	Lloyd NICHOLS	75	

**Heat 2:**

1	Jack DURRANT	19	14.0
2	Paul DURRANT	55	15.1
3	Louise McLEAN	51	15.6
4	Tracey CARPENTER	50	16.3
5	Christine CONTESOTTO	56	19.4

**JAVELIN THROW N.O.D.**

	Best	Nom.	
Jack DURRANT	19	29.56	28.50
Scott NICOLAI	36	25.47	26.00
Paul DURRANT **	55	25.23	25.00
E. AMARASELLA	73	20.54	21.00
Allan WOOD	79	19.41	17.50
Peter DODGSHUN	64	17.59	17.20
Andrew FRASER	74	15.90	15.00
Tracey CARPENTER	50	15.70	15.00
Jack FREDRICKSON	77	12.26	13.00
Scott TEMPANY	50	10.24	12.22
Christine CONTESOTTO	56	9.39	10.50
Leo COFFEY	86	8.51	11.20

\*\* Winner - Paul Durrant

**EAST BURWOOD 12 JANUARY 2017****60 METRE SPRINT****Heat 1:**

1	Leo COFFEY	86	11.0
2	Allan WOOD	79	11.3
3	Shirley COPPOCK	80	13.8
4	Lloyd NICHOLS	75	17.2

**Heat 2:**

1	Paul DURRANT	55	9.6
2	Tracey CARPENTER	50	10.1
3	Christopher WORSNOP	59	10.4
4	Karen AARSMAN	53	10.7
5	Christine CONTESOTTO	56	11.5
6	Annette KITT	64	14.2

**800 METRE RUN**

1	Ashley RYAN	62	3.02
2	Travis MOORE	34	3.08
3	Christopher WORSNOP	59	3.12
4	Bob HENDERSON	70	3.25
5	Michael RICHARDS	65	3.32
6	Sonya POLLARD	50	3.52
7	Karen AARSMAN	53	3.55
8	Christine CONTESOTTO	56	3.56

**1000 METRE WALK N.O.T.**

	Clock	Nom.		
1	Frank PROWSE	65	6.14	6.10
2	Chris WORSNOP**	59	6.34	6.36
3	Annette KITT	64	7.20	
4	Liz WRIGLEY **	61	7.23	7.25
5	Leonie GILLIES	59	7.24	8.00
6	Christine CONTESOTTO	56	7.25	6.36
7	Leo WATSON	75	7.39	6.55
8	Grant WATSON	69	8.28	9.10
9	Gary TURNER	63	8.31	8.20
10	Allan WOOD	79	8.59	9.20

**EAST BURWOOD 12 JANUARY 2017 cont**

11	Gerald BURKE	77	9.13	9.30
12	Bob LEWIS	88	9.38	10.15
13	Eddy STACK	82	9.54	
14	Jim CRAWFORD	81	10.44	10.00

\*\* Winners - Christopher Worsnop and Liz Wrigley

**400 METRE RUN**

1	Ashley RYAN	62	1.14
2	Travis MOORE	34	1.16
3	Sonya POLLARD	50	1.20
4	Christopher WORSNOP	59	1.22
5	Michelle QUAN	47	1.30
6	Allan WOOD	79	1.55

**100 METRE SPRINT****Heat 1:**

1	Andrew FRASER	75	17.9
2	Karen AARSMAN	53	)
3	Janet HOLMES	63	) No
4	Leo COFFEY	86	)Times
5	Allan WOOD	79	)
6	Lloyd NICHOLS	75	32.4

**Heat 2:**

1	Paul DURRANT	55	14.6
2	Sonya POLLARD	50	15.1
3	Tracey CARPENTER	50	16.3
4	Christine CONTESOTTO	56	18.5

**1 OR 3 KM WALK****1 km:**

1	Annette KITT	64	7.10
2	Peter BATTRICK	73	10.11
3	Bob LEWIS	88	10.12

**3 km:**

1	Frank PROWSE	65	24.53
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**1, 3 OR 5 KM RUN****1 km:**

1	Bob HENDERSON	70	4.50
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**3 km:**

1	Michelle QUAN	47	14.52
2	Michael RICHARDS	65	15.02
3	Travis MOORE	34	15.32
4	Leonie GILLIES	59	18.06
5	Ashley RYAN	62	18.10
6	Annette PELGRIM	62	18.10
7	Rob BAULCH	69	19.47

**5 km:**

1	Sam DEFANIS	68	23.53
2	Christopher WORSNOP	59	24.26

**SHOT PUT**

Paul DURRANT	55	9.20
Karen AARSMAN	53	7.42
Tracey CARPENTER	50	7.29
Allan WOOD	79	6.27
Andrew FRASER	75	5.98
Christine CONTESOTTO	56	5.46
Jack FREDRICKSON	77	5.37
S.BAIRD	65	4.62
Leo COFFEY	86	4.60

**EAST BURWOOD 19 JANUARY 2017****60 METRE SPRINT****Heat 1:**

1	Ann HOLCOMBE	69	11.0
2	Christine CONTESSOTTO	56	11.5
3	Grant WATSON	69	14.1
4	Shirley COPPOCK	80	15.1

**Heat 2:**

1	Andrew FRASER	75	11.0
2	Gary TURNER	63	12.0
3	Brian HOLCOMBE	71	13.3
4	Allan WOOD	79	14.2

**Heat 3:**

1	Paul DURRANT	55	8.4
2	Travis MOORE	34	8.6
3	Stephen DAY	46	9.5
4	Tracey CARPENTER	50	10.0

**1000 METRE RUN**

1	Travis MOORE	34	4.00
2	Bob HENDERSON	70	4.04
3	Peter DODGSHUN	64	4.06
4	Jon HOLMES	64	4.12
5	Stephen DAY	46	4.14
6	Christopher WORSNOP	59	4.24
7	Tamani HOLMES	56	4.27
8	Michelle QUAN	47	4.34

**1200 METRE WALK**

1	Frank PROWSE	65	8.53
2	Leo WATSON	75	8.54
3	Liz WRIGLEY	61	9.04
4	Christine CONTESSOTTO	56	9.06
5	Phyllis GOSBELL	78	9.54
6	Grant WATSON	69	10.30
7	Bob LEWIS	88	11.18
8	Eddy STACK	82	12.09

**100 METRE SPRINT HANDICAP****Heat 1:**

1	Travis MOORE	34
2	Tracey CARPENTER	50
3	Christine CONTESSOTTO	56
4	Ann HOLCOMBE	69
5	Leo WATSON	75
6	Grant WATSON	69

**Heat 2:**

1	Stephen DAY	46
2	Allan WOOD	79
3	Paul DURRANT	55
4	Shirley COPPOCK	80
5	Andrew FRASER	75
6	Brian HOLCOMBE	71
7	Gary TURNER	63

**10/15/20 MINUTE RUN/WALK**

10 mins:		Laps	Metres	
	Bob HENDERSON (Run)	70	5	200
	Travis MOORE (Run)	34	5	
	Rob BAULCH (Run)	69	4	130
	Bob LEWIS (Walk)	88	2	150

**15 mins:**

	Michael RICHARDS (Run)	65	7	295
	Stephen DAY (Run)	46	7	100
	Michelle QUAN (Run)	47	7	100

**EAST BURWOOD 19 JANUARY 2017 cont****20 mins:**

	Peter DODGSHUN (Run)	64	10	250
	Christopher WORSNOP(R)	59	8	200
	Frank PROWSE (Walk)	65	7	100

**300 METRE SPRINT N.O.T.**

		Clock	Nom.	
1	Andrew FRASER	75	58.2	55.0
2	Janet HOLMES **	63	59.0	60.8
3	Christine CONTESSOTTO	56	69.1	
4	Allan WOOD	79	71.8	68.0

\*\* Winner - Janet Holmes

**DISCUS THROW N.O.D.**

		Best	Nom.	
1	Paul DURRANT	55	32.27	32.00
2	Toni MATTERS	49	29.10	30.00
3	Andrew FRASER	75	14.60	15.00
4	Tracey CARPENTER	50	13.97	15.50
5	Allan WOOD	79	13.21	14.00
6	Chris PRITCHARD	54	13.14	11.00
7	Jack FREDRICKSON	77	12.73	13.00
8	Leo WATSON	75	12.44	12.50
9	Christine CONTESSOTTO	56	11.25	11.30

\*\* Winner - Christine Contessotto

**EAST BURWOOD 26 JANUARY 2017****60 METRE SPRINT****Heat 1:**

1	Ann HOLCOMBE	69	11.0
2	Brian HOLCOMBE	71	12.2
3	Shirley COPPOCK	80	14.0
4	Lloyd NICHOLS	75	18.1

**Heat 2:**

1	Paul DURRANT	55	8.2
2	Tracey CARPENTER	50	10.0
3	Christopher WORSNOP	59	11.3

**600 METRE RUN**

1	Ashley RYAN	62	2.06
2	Travis MOORE	34	2.10
3	Stephen DAY	46	2.20
4	Bob HENDERSON	70	2.22
5	Michael RICHARDS	65	2.22
6	Janet HOLMES	63	2.23
7	Christopher WORSNOP	59	2.24

**1 KM HANDICAP WALK**

		Clock	Actual	
1	Jack FREDRICKSON	77	10.38	9.48
2	Brian TAIT	75	10.47	7.52
3	Bob LEWIS	88	10.48	9.18
4	Leo WATSON	75	10.48	7.13
5	Leonie GILLIES	59	10.49	7.19
6	Peter BATTRICK	73	10.55	8.30
7	Gerald BURKE	77	11.15	8.45
8	Christopher WORSNOP	59	11.19	6.54

**150 METRE SPRINT**

1	Ann HOLCOMBE	69	28.7
2	Leo WATSON	75	32.8
3	Shirley COPPOCK	80	35.4
4	Brian HOLCOMBE	71	36.6
5	Lloyd NICHOLS	75	53.7

**EAST BURWOOD 26 JANUARY 2017 cont****4 X 200 METRE RELAY**

1	Janet HOLMES	63	
	Tracey CARPENTER	50	
	Shirley COPPOCK	80	
	Travis MOORE	34	2.12
2	Ann HOLCOMBE	69	
	Andrew FRASER	75	
	Christopher WORSNOP	59	
	Paul DURRANT	55	2.20
3	Tracey CARPENTER	50	
	M. BUTLER	Inv	
	Alex WILLETT	Inv	
	Ashley RYAN	62	2.31
4	Bob HENDERSON	70	
	Rob BAULCH	69	
	Michael RICHARDS	65	
	Stephen DAY	46	2.34

**2 KM WALK**

1	Brian TAIT	75	16.36
2	Bob LEWIS	88	19.05

**2, 3 OR 4 KM RUN****2 km:**

1	Michael RICHARDS	65	9.09
2	Bob HENDERSON	70	9.14

**3 km:**

1	Travis MOORE	34	11.15
2	Christopher WORSNOP	59	13.59

**4 km:**

1	Paul EARLE	53	14.37
2	Sam DEFANIS	68	20.03
3	Stephen DAY	46	20.48
4	Ashley RYAN	62	22.14
5	Leonie GILLIES	59	23.07

**LONG JUMP**

	Paul DURRANT	55	3.70
	Tracey CARPENTER	50	3.25
	Travis MOORE	34	3.20
	Michael RICHARDS	65	2.61

**FRANKSTON 12 JANUARY 2017****90m****Heat 1**

1	Chris Sheedy	48	12.61
2	Bill Carr	67	13.75
3	Graham Kilfoyle	65	13.78

**Heat 2**

1	Des Walsh	62	13.48
2	Veronica Sheedy	Inv	14.16
3	Mike Hall	78	15.69

**250m**

1	Des Walsh	62	39.09
2	Bill Carr	67	39.95
3	Graham Kilfoyle	65	41.59
4	Veronica Sheedy	Inv	46.69

**800m Walk**

1	Pramesh Prasad	42	3.42
2	Lyn Pimm	56	5.21
3	John Sutton	73	6.37
4	Lindsay Beaton	66	7.05

**1000m**

1	Chris Sheedy	48	3.49
2	Charlie Mallia	67	4.35
3	Nonie Chan	31	4.45
4	Barry Jeffs	68	5.09
5	Caitlin O'Connell	42	5.20

**2000m**

1	David Dodson	57	10.08
2	Gary Meyer	61	11.31
	Barry Jeffs	68	DNF

**1600m Walk**

No participants

**3600m**

1	Charlie Mallia	67	18.55
2	Caitlin O'Connell	42	21.35

**3km Walk - Paul Curran Memorial Handicap**

			Handicap	Clock time
1	Nonie Chan	31	0.00	26.13
2	Peter Ellis	65	9.04	28.35
3	Lindsay Beaton	66	2.05	28.45
4	Lyn Pimm	56	8.44	29.23
5	John Sutton	73	5.40	29.41
6	Pramesh Prasad	42	14.45	29.49
7	John Hallo	74	6.02	29.57
8	Graham Kilfoyle	65	5.14	30.44
8	Chris Sheedy	48	9.49	30.44
	Kayla Curran	Inv	0.00	DNF

## FRANKSTON 19 JANUARY 2017

### 100m

1	Chris Sheedy	48	14.18
2	Bill Carr	67	15.15
3	Graham Kilfoyle	65	15.30
4	Rhiannon Lester	37	15.78
5	Veronica Shedy	Inv	16.11
6	Mike Hall	78	16.90

### 200m

1	Chris Sheedy	48	29.60
2	Bill Carr	67	31.06
3	Graham Kilfoyle	65	31.97
4	Veronica Shedy	Inv	34.39
5	Rhiannon Lester	37	35.24

### 800m Walk

1	Pramesh Prasad	42	3.26
2	Lyn Pimm	56	5.29
3	John Sutton	73	6.02
4	Penny Hall	76	6.16
5	John Hallo	74	6.19
6	Lindsay Beaton	66	7.00

### 800m

1	Charlie Mallia	67	3.22
2	Nonie Chan	31	3.37
3	Barry Jeffs	68	3.40
4	Caitlin O'Connell	42	4.03
5	Rhiannon Lester	37	4.32
6	Frances Halton	55	4.33

### 1 lap Walk or Run in the Park

1	Bill Carr	67	13.20	R
2	Nonie Chan	31	14.57	R
	Chris Sheedy	48	11.42	R Walkers Trail
1	Pramesh Prasad	42	11.42	W
2	Lyn Pimm	56	15.28	W
3	John Sutton	73	18.08	W
4	Penny Hall	76	19.20	W
5	John Hallo	75	19.22	W
6	Graham Kilfoyle	65	19.24	W

### 2 lap Walk or Run in the Park

1	Charlie Mallia	67	23.18	R
2	Barry Jeffs	68	24.37	R
3	Frances Halton	55	25.57	R
3	Caitlin O'Connell	42	25.57	R
1	Peter Ellis	65	24.33	W

## FRANKSTON 26 JANUARY 2017

### 80m

1	Rhiannon Lester	37	12.78
2	Mike Hall	78	13.80

### Relay - 200m Sprint / 600m Run / 400m Walk

				Team time
1	Mike Hall	78	S	6.08
	Charlie Mallia	67	R	
	John Sutton	73	W	
2	David Polichaski	35	S	6.20
	Frances Halton	55	R	
	Caitlin O'Connell	42	W	
3	Rhiannon Lester	37	S	6.27
	Gary Meyer	62	R	
	Lindsay Beaton	67	W	

### 2400m

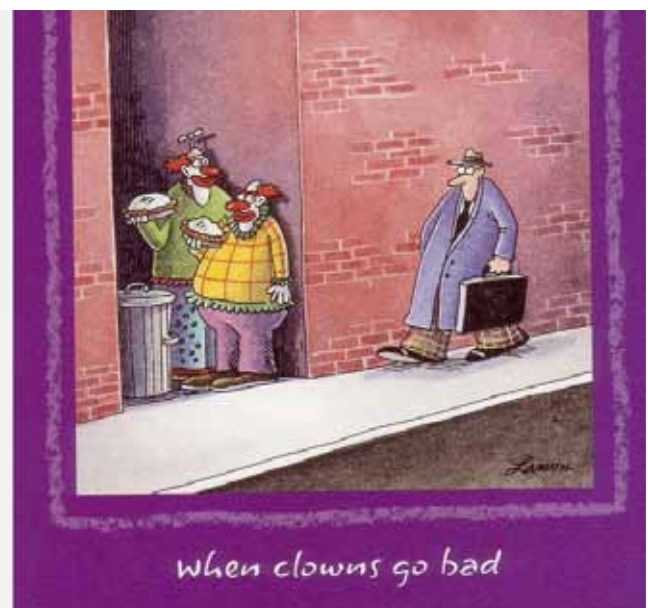
1	Gary Meyer	62	14.37
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### 2000m Walk

1	John Sutton	73	15.57
2	Lindsay Beaton	67	18.16

### 4000m

1	Charlie Mallia	67	21.36
2	Caitlin O'Connell	42	25.02
3	Frances Halton	55	25.03



## GEELONG 4 JANUARY 2017

### 100m

Tim Murphy	13.69
Peter Lamb	14.51

### 3200m

David Jenkins	11:37
Louis Rowan	12:15
Phil Shay	12:17
Tim Murphy	13:10
Paul Stewart	14:09
Alan Jenkins	14:26
Yolanda Russell	14:33
Steve Welsh	14:35
Jeff Walker	14:43
Daryl Hurst	14:55
Grant Baensch	16:49
Frank Engelsman	17:24
Paul Austin	17:38
Joanna MacCarthy	19:10
Peta Hocking	21:07
Faith Field	21:09
Marie Blood	21:42
Vanice Kelly	22:07
Dianne Porter	25:38

### 2000m

Jill Coyte	10:59
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### 1000m

Tim Murphy	03:22
Paul Stewart	04:18
Jeff Walker	04:23
Daryl Hurst	04:24
Yolanda Russell	04:37
Kath Oliver	04:37
Grant Baensch	04:52
Frank Engelsman	05:11
Paul Austin	05:18

## GEELONG 11 JANUARY 2017

### 3km Cross Country

Russ Jenkins	10:43
Rhys Hamill-Beach	12:20
Peter Lamb	13:37
Joe Weiler	16:54
Joanna MacCarthy	17:06
Peter Urban	17:07
Jill Coyte	17:25
Fiona Fitzpatrick	18:02
John Moore	18:13
Vanice Kelly	19:56
John Caulfield	20:54
Dianne Porter	23:38

### 5km Cross Country

Louis Rowan	18:59
David Jenkins	19:01
Phil Shay	19:08
Tim Murphy	19:42
Suzanne Blackborrow	19:51
Dave Elward	20:14
Michael Panckridge	22:01
Paul Stewart	22:31
Yolanda Russell	22:46
Jeff Walker	22:59
Steve Welsh	23:39

## GEELONG 11 JANUARY 2017 cont

Robbie Parsons	24:10
Alan Jenkins	24:23
Grant Baensch	26:35
Denis Valenta	28:01
Frank Engelsman	28:48
Faith Field	30:59
Janelle Hodgson	34:15
Isobelle Engelsman	45:00

## GEELONG 18 JANUARY 2017

### 200m

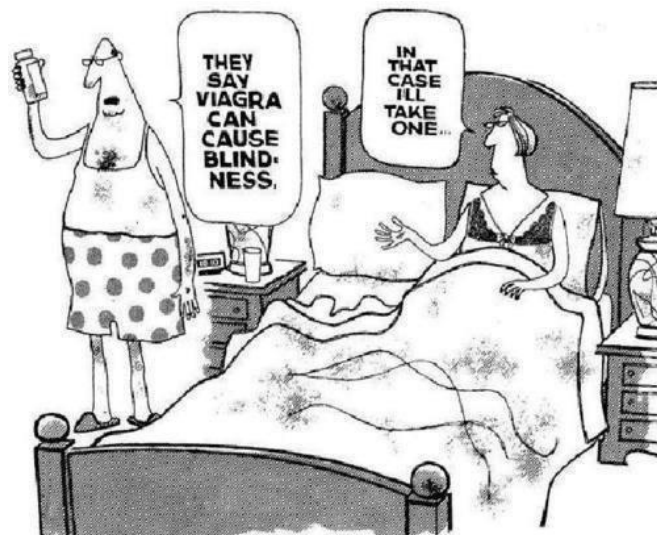
John Moore	32.72
Shane Murphy	46.01

### 2800m

Phil Shay	10:23
Dave Elward	10:59
Alan Jenkins	12:23
Steve Welsh	12:42
Jeff Walker	12:45
Daryl Hurst	12:54
Grant Baensch	14:26
Paul Austin	14:37
Faith Field	14:41
Jill Coyte	16:06
Fiona Fitzpatrick	16:28
Cate Shay	16:43
Shane Murphy	19:27
Dianne Porter	21:51

### 800m

Alex Hamilton-Jones	02:27
Freddie Leeton	02:28
Phil Shay	02:56
Bart Leeton	03:04
Nick Leeton	03:19
Steve Welsh	03:22
Daryl Hurst	03:24
Jeff Walker	03:26
Grant Baensch	03:43
Paul Austin	03:58
Faith Field	04:01
Cate Shay	04:09
Fiona Fitzpatrick	04:33





**GEELONG 25 JANUARY 2017****3km Cross Country**

Tim Murphy	11:13
Suzanne Blackborrow	11:35
Rhys Hamill-Beach	11:42
Nicholas MacDonald	13:19
Kate Hammond	15:11
Kath Oliver	15:30
John Moore	17:37
Jill Coyte	17:47
Fredrerica Barnett	19:06
Dianne Porter	23:17

**6km Cross Country**

David Jenkins	23:32
Dave Elward	23:53
Chris Hayes	24:28
Michael Panckridge	26:32
Marjan Oczkowicz	27:09
Jeff Walker	27:55
Alan Jenkins	28:46
Steve Welsh	28:57
Grant Baensch	31:21
Tania Harding	32:23
Denis Valenta	32:28
Faith Field	33:05
Joanna MacCarthy	34:56
Joe Weiler	36:43
Fiona Fitzpatrick	37:39
Peta Hocking	40:44
Marie Blood	40:40
Brian Gaylard	41:42

**GLEN EIRA 3 JANUARY 2017****WALK, NOM DISTANCE FOR 20 MINS**

		Est	Actual	Diff
PETE BATTRICK	73	5.250	5.245	5
SANDRA MIDDLETON	68	7.010	6.357	13
ALAN RADFORD	65	6.000	6.028	28
JIM BERRINGTON	60	8.010	7.315	95
GREG HUGHES	58	7.015	6.312	103
DES MIDDLETON	70	6.010	6.142	132
HEATHER CARR	67	9.000	8.170	230

**150 MTRS E/T**

		Est	Clock	Diff
GLAD WISHART	73	33.24	33.14	0.10
VIVIENNE CASH	64	26.00	25.83	0.17
BOB WISHART	75	20.96	21.16	0.2
JIM SINCLAIR	92	34.20	34.41	0.21
JIM ROUNTREE	57	22.80	23.61	0.81
BILL CARR	67	23.60	24.91	1.31
ALAN RADFORD	65	25.00	26.86	1.86
LEW JENKINS	71	33.00	30.91	2.08

**500 MTRS E/T**

		Est	Clock	Diff
JIM McLURE	71	1.49	1.50.1	1.1
BILL CARR	67	1.40	1.41.8	1.8
BARRY JEFFS	68	2.30	2.32.8	2.8
JANET HOLMES	63	1.55	1.58.1	3.1
ASHLEY PAGE	76	2.22	2.17.6	4.4
GRAHAM STOCKDALE	74	1.40	1.45.0	5.0
ALAN RADFORD	65	2.30	2.20.0	10.0

**3KM E/T RUN**

		Est	Clock	Diff
MERLE WANT	55	16.28	16.20	0.08
ASHLEY PAGE	76	16.07	16.16	0.09
STEVE STRELECKY	67	14.16	13.59	0.16
JANE STURZAKER	63	17.31	18.02	0.31
MEGAN GOOEY	39	15.56	16.30	0.34
BARRY JEFFS	68	18.08	16.30	1.38

**80 MTRS E/T**

		Est	Clock	Diff
GLAD WISHART	73	16.00	16.01	0.01
LEW JENKINS	71	15.80	15.98	0.18
JIM ROUNTREE	57	13.00	12.82	0.18
JIM SINCLAIR	92	18.10	17.90	0.20
ALAN RADFORD	65	15.20	15.91	0.71
HEATHER CARR	67	16.30	17.1	0.80
BOB WISHART	75	10.6	11.81	1.21
VIVIENNE CASH	64	15.2	13.78	1.42

**GLEN EIRA 10 JANUARY 2017****70 MTRS E/T**

		Est	Clock	Diff
VIVIENNE CASH	64	11.40	12.36	0.96
JIM ROUNTREE	57	11.00	11.08	0.08
JUNE TREWEEK		12.00	11.81	0.19
JIMMCLURE	71	12.70	12.00	0.70
GLAD WISHART	72	13.40	14.17	0.77
BOB WISHART	75	10.80	10.26	0.54
BILL CARR	67	10.40	10.68	0.28
ALAN RADFORD	65	13.80	12.90	0.90
JIM SINCLAIR	92	14.14	DNF	

**2KM WALK**

		Clock	
TONY DORAN	64	14.11	
ALAN RADFORD	65	16.49	
JOHN ZELEZNIKOW	66	17.58	
DOMENIC MORINA	78	18.02	
PETE BATTRICK	73	18.30	
PETER MCGRATH	77	18.33	

**GLEN EIRA 10 JANUARY 2017 cont****3KM WALK E/T**

	Est	Clock	Diff
JIM BERRINGTON	60	20.00	20.16
DES MIDDLETON	70	21.50	22.08
TONY DORAN	64	21.12	21.39
SANDRA MIDDLETON	68	21.30	22.02
KARYN O'NEILL	61	22.00	21.22
JOHN ZELEZNIKOW	66	28.30	29.39
GREG HUGHES	58	21.51	23.08

**1500 MTR WALK**

PETE BATTRICK	13.50	14.13	0.23
PETER McGRATH	77	13.00	14.33
JIM CRAWFORD	18.00	15.21	2.39
DOMENICO MORINA	78	17.25	14.33

**EDDYNSTACK (2 LAPS)****200 MTR H/CAP**

	HCP	Secs	Clock	Actual
ALAN RADFORD	65	9	46.22	37.22
GLAD WISHART	72	2	46.67	44.67
JIM McLURE	71	12	46.95	34.95
BOB WISHART	75	18	47.28	29.28
BILL CARR	67	17	47.96	30.76
JIM ROUNTREE	57	17	48.85	31.85

**4KM WALK**

	Clock
JIM BERRINGTON	60
SANDRA MIDDLETON	68
DES MIDDLETON	70
GREG HUGHES	58
EDDY STACK (2 Laps)	82

**700 MTR H/C**

	H/cap	Clock	Actual
JANET HOLMES	63	33	3.23.3
PHIL URQUHART	72	GO	3.25.4
GRAHAM STOCKDALE	74	46	3.32.6
SYD BONE	59	GO	3.26.4

**3KM RUN**

	Clock
ANDREW EDWARDS	63
SYD BONE	59
MERLE WANT	55
JANE STURZAKER	63
KAREN MONOHAN	50

**5KM RUN**

	Clock
ASHLEY PAGE	76
PHIL URQUHART	72

**GLEN EIRA 17 JANUARY 2017****3KM E/T RUN**

	Clock	Est	Diff
KAREN MONOHAN	50	19.33	19.30
BARRY JEFFS	68	17.26	17.30
PHIL URQUHART	72	17.10	17.15
STEVE STRELECKY	67	13.52	14.07
ASHLEY PAGE	76	15.59	16.32
JEFF BOOT	60	14.03	14.45
CHRIS GRAFEN	52	13.08	15.00
MAURICIO (INV)	38	16.17	18.00
SUNNY BATRA (INV)	31	16.36	24.00

**200 MTRS S/HCAP**

	Clock	H/cap	Sec	H/c	Time
GLAD WISHART	72	46.30	3		49.30
JIM ROUNTREE	57	33.21	17		50.21

**60 MTRS E/T**

	Est	Clock	Diff
BILL CARR	67	9.10	9.14
JIM SINCLAIR	92	12.26	12.33
JIM ROUNTREE	57	9.90	9.54

**GLEN EIRA 17 JANUARY 2017 cont**

GLAD WISHART	72	11.23	11.72	0.49
BOB WISHART	75	9.47	8.69	0.78
JIM McLURE	71	8.90	10.14	1.24

**JUNE TREWEEK**

JUNE TREWEEK		9.79		
<b>1600 MTRS</b>			Clock	
BARRY JEFFS	68	8.14		

**300 MTRS H/C**

		Secs	Clock	Actual
JIM McLURE	71	12	1.08.3	56.30
BOB WISHART	75	22	1.10.2	48.20
JANET HOLMES	63	10	1.10.4	60.40
JIM ROUNTREE	57	22	1.11.7	49.70
BILL CARR	67	22	1.12.2	50.20
LEW JENKINS	71	GO	1.22.2	82.20

**GLEN EIRA 24 JANUARY 2017**

	Clock	H/cap	H/c
<b>400 MTRS S/HCAP</b>		Secs	Time
JIM McLURE	71	1.24	28
BILL CARR	67	1.18	36

**TEAM RELAY 100 MTRS**

MEGAN GOOEY	TOTAL TIME
HEATHER CARR	
LEANNE MONK	1.11.4
BILL CARR	
JIM SINCLAIR	
JUNE TREWEEK	1.15.3

**CHRIS BROWN**

BOB WISHART	
PHIL URQUHART	
GLAD WISHART	1.15.5
JIM McLURE	
JIM ROUNTREE	

**800 MTRS SLD H/CAP**

	Clock	H/c	H/c
		Secs	Time
PHIL URQUHART	72	4.04.6	5
JANET HOLMES	63	3.24.1	46
BARRY JEFFS	68	3.45.7	30
CHRIS BROWN	61	3.32.5	50

**TEAM RELAY****2 X 1200/800/400 RUN**

GERRY O'DONNELL	
STEVE STRELECKY	21.56
JIM ROUNTREE	
JANINE MCKERRON	22.08
JEFF BOOT	
MERLE WANT	22.41
MEGAN GOOEY	
BARRY JEFFS	23.35
PHIL URQUHART	
GRAHAM STOCKDALE	23.36
CHRIS BROWN	
JANE STURZAKER	23.47

**WALK - 1600 MTRS E/T**

	Est	Clock	Diff	Secs
ANTHONY DORAN	64	10.43	10.46	3
HEATHER CARR	67	8.50	8.55	5
PETER McGRATH	77	14.42	14.51	9
PETE BATTRICK	73	14.14	14.02	12
DES MIDDLETON	70	11.48	12.07	19
KARYN O'NEILL	62	11.15	10.51	24
GREG HUGHES	58	11.45	12.11	26
JIM BERRINGTON	60	9.25	10.22	57

**GLEN EIRA 31 JANUARY 2017****80 MTRS E/T**

		Est	Clock	Diff
BILL CARR	67	12.40	12.28	0.12
ALAN RADFORD	65	14.20	14.35	0.15
HEATHER CARR	67	16.03	16.31	0.28
JIM ROUNTREE	57	13.1	12.78	0.32
GLAD WISHART	72	15.45	16.14	0.69
JUNE TREWEEK	55	14.06	13.77	0.83

**150 MTRS E/T**

		Est	Clock	Diff
ALAN RADFORD	65	26.5	26.74	0.24
BILL CARR	67	22.40	21.95	0.45
JUNE TREWEEK	55	25.06	26...06	0.46
VIVIENNE CASH	65	25	25.81	0.81
MIKE CLAPPER	64	24.00	23.19	0.81
BOB WISHART	75	23.00	21.79	1.21
JIM ROUNTREE	57	22.06	23.94	1.34
GLAD WISHART	72	29.4	32.43	3.03
JIM SINCLAIR	92	31.20	34.97	3.77

**TEAM WALK RELAY: 2 X 800 MTRS**

	E/T	Clock	Diff	Total
JIM BERRINGTON	60	9.55		
KARYN O'NEILL	62	10.50	20.45	-2 20.43
SANDRA MIDDLETON	68	11.00		
HEATHER CARR	67	8.40	19.40	-4 19.36
PETE BATTRICK	73	14.00		
CYNTHIA ELLERY		14.00	28.00	-18 27.42

DOMENIC MORINA	78	14.40		
GREG HUGHES	58	11.20	26.00	0.52 25.08

PETER MCGRATH	77	15.32		
TONY DORAN	64	10.50	26.22	1.11 25.11

ALAN RADFORD	65	13.20		
DES MIDDLETON	70	12.10	25.30	-1.13 24.17

**600 METRES**

MIKE CLAPPER	64	2.04.03
JIM McLURE	71	2.24.2
PHIL URQUHART	72	2.55.01

**3KM E/T RUN**

		Clock	Est	Diff
MERLE WANT	55	16.21	16.20	0.01
GERRY O'DONNELL	62	15.10	15.00	0.10
JOHN ZELEZNIKOW	66	25.00	25.10	0.10
PHIL URQUHART	72	16.40	16.51	0.11
KAREN MONOHAN	50	19.30	19.01	0.29
STEVE STRELECKY	66	13.52	13.20	0.32
CHRIS GRAFEN	52	16.14	15.30	0.44

**KNOX 4 JANUARY 2017****Shot put**

Paul Durrant	55	9.76
Curtis Thomson	inv	9.5
Alex Willett	inv	9.37
Jack Durrant	19	8.82
Rebecca Carpenter	17	8.82
Mark Harris		8.63
Evan Thomson	42	7.7
Tracey Carpenter	50	7.37
Ian Willett	50	7.11
Melissa Butler		6.94
Glenn Claiden	62	5.72

**80m****Heat 1**

Stewart Dobrzynski	46	9.33
Evan Thomson	42	10.08
Mauro Mina	48	10.48
Jack Durrant	19	10.73

**Heat 2**

Alex Willett	inv	11.31
Curtis Thomson	inv	11.56
Paul Durrant	55	12.45
Rebecca Carpenter	17	12.64
Melissa Butler	inv	14.04
Donna Clark	63	14.64

**1 mile**

Matt Morris	51	5.41
Tim Loveday	52	5.45
Bob Henderson	70	7.01
Ryan Clark	40	7.31
Michelle Quan	47	7.49
Mick Carr	63	7.49
Geoff Whitehall	68	8.09
David Wear	70	8.24
Brian Mee	79	8.41
Sarah Thorne	37	8.56
Ian Willett	50	10.07
Peter LeGet 800m	82	5.15
Chas McCrae 800m	84	7.48

**150m**

Evan Thomson	42	19.19
Jack Durrant	19	19.63
Mauro Mina	48	20.53
Curtis Thomson	inv	22.26
Alex Willett	inv	22.63
Rebecca Carpenter	17	23.96

**Team event 1/3/5k**

Maggie Hawkes	60	6.33
Michelle Quan	47	14.59
Tim Loveday	52	21.55
David Wear	70	4.54
Sarah Thorne	37	15.51
Graeme Leticq	62	22.14
Peter Thorne	68	5.02
Bob Henderson	70	14.1
Paul Twining	67	23.02
Brian Mee	79	4.56
Ryan Clark	40	13.47
Matt Morris	51	23.3
Geoff Whitehall	68	4.27
Mauro Mina	48	15.26
Mick Carr	63	24.47

**KNOX 11 JANUARY 2017****Javelin**

Jack Durrant	19	32.34
Evan Thomson	42	29.1
Paul Durrant	55	26.42
Mauro Mina	48	24.44
Alex Willett	inv	23
Curtis Thomson	inv	16.73
Bec Carpenter	inv	14.32
Chris Pritchard	54	14.2
Andrea Putting	53	9

**60m****Heat 1**

Geoff Whitehall	68	8.92
Bec Carpenter	inv	9.17
Tracey Carpenter	50	9.96
Andrea Putting	53	11.01
Mel Bissett	41	11.39
Chris Pritchard	54	11.74

**Heat 2**

Evan Thomson	42	7.9
Jack Durrant	19	8.15
Mauro Mina	48	8.35
Aiden Thomson	inv	8.6
Paul Durrant	55	8.82
Alex Willett	inv	9.03
Curtis Thomson	inv	9.25

**1000m**

Shane Grund	35	3.14
Matt Morris	51	3.21
Paul Connor	53	3.39
Chas McCrae 1lap	84	3.47
Mauro Mina	48	3.58
Ryan Clark	40	4.1
Bob Henderson	70	4.19
Geoff Whitehall	68	4.26
Liz Eastwood	47	4.27
Mick Carr	63	4.32
Gary Stopar	69	4.33
Ian Uren	65	5.02
John Graham	66	5.02
David Wear	70	5.03
John Signorini	63	5.04
Pauline Paine	38	5.25
Sue Stopar	68	5.43
Mel Bissett	41	5.46

**500m NOT**

Evan Thomson 1st	42	1.22
Paul Durrant 2nd	55	1.3
Maura Mina	48	1.4
Geoff Whitehall	68	1.53
Ryan Clark	40	1.58
John Graham	66	2.05
Mick Carr	63	2.05
Liz Eastwood 3rd	47	2.08
Pauline Paine	38	2.25
Mel Bissett	41	2.33
Ian Willett	50	2.39

**5k handicap**

Bob Henderson	70	24.31
David Wear	70	26.48
Shane Grund	35	17.21
Ian Uren	65	24.55
John Graham	66	20.29

**KNOX 11 JANUARY 2017 cont**

John Signorini	63	23.34
Ryan Clark	40	24.37
Mick Carr	63	24.11
Paul Connor	53	19.52
Liz Eastwood	47	25.44
Paul Twining	67	20.36 – 3rd
Michelle Quan	47	25.47 – 2nd
Gary Stopar	69	24.18 – 1st
Sarah Thorne	37	26.56
Toscha Stopar	46	26.29
Matt Morris	51	20.12
Peter Thorne	68	30

**KNOX 18 JANUARY 2017****Long jump**

Arden Thomson	inv	4.95
Jack Durrant	19	4.65
Evan Thomson	42	4.07
Alex Willett	inv	4.05
Curtis Thomson	inv	3.95
Melissa Butler	inv	3.44
Tracey Carpenter	50	2.58
Melanie Bissett	41	2.26
Chris Pritchard	54	2.13
Andrea Putting	53	1.74

**70m****Heat 1**

Evan Thomson	42	8.65
Jack Durrant	19	8.89
Paul Durrant	55	9.64
Curtis Thomson	inv	10.11
Geoff Whitehall	68	10.45

**Heat 2**

Rebecca Carpenter	17	10.69
Jordan Knapp	inv	11.43
Tracey Carpenter	50	11.97
Melissa Butler	inv	12.39
Melanie Bissett	41	13.02
Andrea Putting	53	13.27

**1 mile handicap**

Bob Henderson	70	6.57
Shane Grund	35	5.03
Nicola Van Reenan	44	7.37
Tim Loveday	51	5.44
Matt Morris	51	5.41
Geoff Whitehall	68	7.34
Pauline Paine	38	8.56
Mick Carr	63	7.22
Brian Mee	79	8.39
Nick Krawczyk	inv	7.13
Ian Uren	65	7.42
Melanie Bissett	41	9.4

**200m**

Evan Thomson	42	24.85
Paul Durrant	55	27.87
Geoff Whitehall	68	29.84
Rebecca Carpenter	17	30.4
Mark Harriss	48	37.19
Pauline Paine	38	41.09
Melanie Bissett	41	42.68

**KNOX 18 JANUARY 2017 cont****Distance event****2k**

Chas McCrae	84	22.31
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**3k**

Tim Loveday	51	13.52
Bob Henderson	70	14.47
Brian Mee	79	17.09
Sue Stoppar	68	18.05
Pauline Paine	38	19.19
Arthur Kapouitsa	69	26.49

**5k**

Shane Grund	35	17.41
Matt Morris	51	20.03
Paul Twining	67	21.15
Anne McPherson	60	24.53
Nicola VanReenan	44	26.49
Glen Claiden	62	28.03

**7k**

Paul Connor	53	32.29
Mick Carr	63	34.38
Ian Uren	65	35.05

**KNOX 25 JANUARY 2017 cont****2k**

Bob Henderson	70	9.27
Maggie Hawkes	60	13.38

**3k**

Michelle Quan	47	16.24
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**4k**

Paul Connor	53	15.57
Paul Twining	67	16.25
Graeme Leticq	62	16.3
John Signorini	63	18.11
David Wear	70	21.58
Peter Thorne	68	22.54
Sue Stopar	68	24.36
Jock Cravana	78	25.08

**6k**

Liz Eastwood	47	30.57
Sarah Thorne	37	32.04

**8k**

Matt Morris	51	35.55
Mick Carr	63	41.58
Colin Page	62	42.01

**KNOX 25 JANUARY 2017****Discus**

Alex Willett	inv	35.23
Ian Willett	50	14.04
Andrea Putting	53	12.8
Melanie Bissett	41	10.12

**60m**

Melanie Bissett	41	10.43
Andrea Putting	53	11.08
Ian Willett	50	11.39

**1500m NOT**

Matt Morris	winner	51	5.18
Paul Connor		53	5.22
Bob Henderson		70	6.33
Liz Eastwood		47	6.38
Mick Carr		63	6.44
Chas McCrae	700m	84	6.57
Michelle Quan		47	7.24
Glenn Claiden		62	7.36
Anne McPherson		60	7.39
John Signorini		63	8.31
Colin Page		62	8.31
Sue Stopar		68	8.52
Melanie Bissett		41	8.54
Jock Cravana		78	9.2

**300m NOT**

Paul Connor	winner	53	54.28
Melanie Bissett		41	1.11
Ian Willett		50	1.12
Andrea Putting		53	1.16
Colin Page		62	1.17

**100m**

Ian Willett		50	18
Melanie Bissett		41	18.76
Andrea Putting		53	20.4

**Distance event****1.2k**

Chas McCrae	84	13.46
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## MENTONE 4 JANUARY 2017

### 400m Walk E.T.

			Clock	Diff
1	Sonya McLennan	64	2.29	-0.02
2	Margaret Beaumont	78	3.21	-0.06
3	Ian Beaumont	80	3.26	-0.09
4	Janette Atkins	64	3.04	-0.11
5	John Mathew	80	3.53	0.13
6	Bev Hugo`	76	3.05	-0.15
7	Tricia Garner	Inv	2.33	-0.17
8	Natalie King	74	3.33	0.18

### 800m Self H/cap

		Clock	Actual	
1	Ralph Bennett	75	4.57.0	3.37.0
2	Sonya McLennan	64	4.58.8	3.51.8
3	John Kneen	74	5.00.3	5.00.3
4	Col Waring	71	5.03.6	3.13.6
5	Ashley Page	76	5.05.9	3.50.9
6	Avril Britter	58	5.08.0	3.56.0
DQ	Sandra Wynne	65		3.43.3
DQ	David Dodson	57		3.42.3

### 200m E.T.

			Clock	Diff
1	Avril Britter	58	39.14	-0.13
2	Vivienne Cash	64	35.00	1.00
3	Bob Wishart	75	29.32	-1.18
4	Sandra Wynne	65	40.86	1.36
5	Glad Wishart	72	46.70	1.70
6	Ross Kent	74	39.59	4.49
7	John Mathew	80	57.01	5.01

### 2.5 Km/ 5 Km Road E.T.

#### 2.5 Km

			Clock	Diff
1	Sonya McLennan	64	13.55	0.10
2	John Kneen	74	17.48	-0.12
3	Avril Britter	58	14.39	0.39
4	David Dodson	57	12.58	-0.42
5	Sandra Wynne	65	15.23	1.53

#### 5 Km

			Clock	Diff
1	Ashley Page	76	28.20	0.53
2	John Zeleznikow	66	49.54	4.24
3	Iain White	59	29.32	-5.28

### 2000m Walk E.T.

			Clock	Diff
1	Geoff Barrow	67	13.27	-0.03
2	Bev Hugo`	76	16.51	-0.06
3	Janette Atkins	64	16.39	-0.11
4	Margaret Beaumont	78	17.30	0.15
5=	Joan Clarke	81	19.48	-0.32
5=	Tricia Garner	Inv	13.28	-0.32
7	Ralph Bennett	75	12.03	-0.57
8	Natalie King	74	19.01	1.01
9	John Mathew	80	23.27	1.27
10	Gwen Steed	74	15.36	2.26

## MENTONE 11 JANUARY 2017

### 600m Walk E.T.

			Clock	Diff
1=	Bev Hugo`	76	4.54	-0.01
1=	Margaret Beaumont	78	5.09	0.01
1=	Tricia Garner	Inv	3.56	0.01
4	Janette Atkins	64	4.52	0.02
5	Ian Beaumont	80	5.12	0.03
6	Greg Hughes	58	3.27	0.07
7	Natalie King	74	5.15	-0.15
8	John Mathew	80	6.04	0.34

### 1500m Self H/cap \*Agg Event\*

			Clock	Diff	Pts
1	Avril Britter	58	4.47.1	-6.90	7
2	Julie Aylward	44	5.33.1	8.10	5
3	Kuni Bowden	50	5.59.6	-10.40	4
4	Sonya McLennan	64	7.19.5	-10.50	3
5	Ralph Bennett	75	7.17.7	-12.30	2
6	Col Waring	71	6.32.5	-12.50	1
7	Ashley Page	76	7.32.1	-14.90	1
8	Kate Aylward	Inv	6.55.1	19.90	
9	Sandra Wynne	65	7.22.2	-22.80	1
10	David Dodson	57	7.21.0	-39.00	1

### 150m E.T.

			Clock	Diff
1	Avril Britter	58	27.80	-0.26
2	Vivienne Cash	64	25.41	0.41
3	Bob Wishart	75	20.34	-0.66
4	Julie Aylward	44	21.19	-0.81
5	Sandra Wynne	65	28.81	-1.19
6	John Mackay	Inv	20.60	-1.40
7	Kate Aylward	Inv	25.37	-1.63
8	Glad Wishart	72	30.86	2.66
9	John Mathew	80	39.62	3.62

### 2 Km Self H/cap

			Clock	Actual	@
1	Kuni Bowden	50	16.28	8.20	
2	Sonya McLennan	64	16.30	10.10	
DQ	Julie Aylward	44		8.15	
DQ	Ashley Page	76		10.19	
DQ	Avril Britter	58		10.43	
DQ	Iain White	59		10.52	
DQ	Sandra Wynne	65		10.30	
DQ	David Dodson	57		10.02	
DQ	John Zeleznikow	66		16.07	

### 2.5 Km Road Walk E.T.

			Clock	Diff
1=	Tricia Garner	Inv	17.52	0.04
1=	Greg Hughes	58	19.10	-0.04
3	Pam Mews	81	30.07	0.07
4	Ralph Bennett	75	15.39	-0.11
5	Geoff Barrow	67	17.16	-0.22
6	Ian Beaumont	80	24.03	0.33
7=	Gwen Steed	74	16.57	-0.53
7=	Ashley Birrell	72	21.07	-0.53
9	Margaret Beaumont	78	24.03	-0.57
10	John Mathew	80	31.17	1.17
11	Bev Hugo`	76	21.00	-1.30
12	Janette Atkins	64	21.07	-1.40
13=	Joan Clarke	81	24.58	-1.42
13=	Maureen Seedsman	79	24.58	1.42
15	Natalie King	74	24.04	-1.56

**MENTONE 18 JANUARY 2017****800m Walk E.T.**

1	Janette Atkins	64	6.25	0.05
2	Bev Hugo	76	6.19	0.06
3	Marg Beaumont	78	7.11	0.07
4	Pam Mews	82	7.48	0.08
5	John Morrison	77	7.13	0.38

**300m H/cap**

		Clock	H/cap	
1	Finn Gibson	Inv	42.37	83
2	Vivienne Cash	64	44.71	71
3	Jeanne Bryan	74	46.22	96
4	John Mackay	Inv	47.11	0
5	Glad Wishart	72	47.37	90
6	Ross Kent	74	49.71	74
7	Kuni Bowden	51	50.02	79

**900m E.T.**

		Clock	Diff.	
1	Helen Bryan	64	3.50.9	0.9
2=	Avril Britter	58	4.28.7	2.7
2=	Katie Gibson	Inv	3.47.7	2.7
4	Jeanne Bryan	74	4.34.2	3.2
5	Kuni Bowden	51	3.32.4	3.6
6	Col Waring	71	3.43.8	3.8
7	Sandra Wynne	65	4.14.5	14.5
8	Ashley Page	76	4.27.6	-28.4

**70m E.T.**

		Clock	Diff.	
1	Kuni Bowden	51	13.98	-0.02
2	Ross Kent	74	12.62	0.12
3	Sandra Wynne	65	13.10	0.31
4	Avril Britter	58	12.96	0.37
5	Katie Gibson	Inv	11.06	0.56
6	Finn Gibson	Inv	12.23	-0.77
7	John Mathew	80	17.30	-1.5

**3.336 Km E.T.**

		Clock	Diff.	
1	Sandra Wynne	65	18.16	-0.01
2	Ashley Page	76	17.49	-0.07
3	Kuni Bowden	51	14.22	-0.18
4	Avril Britter	58	18.41	-0.27
5	Jeanne Bryan	74	18.59	0.40

**1600m Walk E.T.**

		Clock	Diff.	
1=	Pam Mews	82	15.55	-0.05
1=	Joan Clarke	81	15.55	-0.05
2	Geoff Barrow	68	10.34	-0.06
3	Margaret Beaumont	78	14.13	-0.07
4	Bev Hugo	76	13.18	-0.22
5	Ashley Birrell	72	12.55	-0.35
6	John Mathew	80	16.58	0.58
7	Heidi Engel	74	18.01	1.41
8	Maureen Seedsman	79	13.33	-2.27
9	Janette Atkins	64	DNF	

**MENTONE 25 JANUARY 2017****400m Walk E.T.**

			Clock	Diff.	
1	Bev Hugo	76	3.04	0.00	
2=	Janette Atkins	64	3.10	-0.05	
2=	John Mathew	80	3.40	-0.05	
3	Gwen Steed	74	2.25	-0.12	
4	Pam Mews	82	3.27	-0.13	
5	Greg Hughes	58	2.38	-0.14	
6	Jim Machin	86	3.29	-0.16	
7	John Morrison	77	3.02	-0.23	

**1200m Self H/cap****Point Score 1**

			Clock	Diff.	Pts
1	Col Waring	71	6.43.9	-1.1	9
2	Jeanne Bryan	74	7.07.8	23	8

**Actual**

DQ	Katie Gibson	Inv	5.18.7		1
DQ	Helen Bryan	46	5.20.7		1
DQ	Avril Britter	58	5.56.8		1
DQ	Sandra Wynne ***	65	5.45.7		1
Dq	Iain White	60	6.32.2		1
DQ	Kuni Bowden	51	4.50.5		1

**100m E.T.**

			Clock	Diff.	
1	Sandra Wynne	65	18.18	-0.07	
2	Katie Gibson	Inv	16.15	0.15	
3	Avril Britter	58	17.92	-0.27	
4	Bob Wishart	75	15.93	0.43	
5	Glad Wishart	72	19.90	0.45	
6	Ross Kent	74	17.70	-0.70	
7	John Mathew	80	23.79	-1.21	
8	Nikoly Djordjevic	Inv	13.63	-1.37	

**3 KM E.T. \* Agg Event \***

			Clock	Diff.	
1	Kuni Bowden	51	12.47.3	0.03	
2	Avril Britter	58	16.19	-0.4	
3	Sandra Wynne	65	16.1	-0.10	
4	Iain White	60	16.21	-1.24	

**2.5 KM Walk E.T. \* Agg Event \***

			Clock	Diff.	
1	Greg Hughes	58	19.26	0.14	
2	Janette Atkins	64	21.28	0.28	
3	Beverly Hugo	76	20.30	-0.35	
4	Glennis McPherson	70	19.14	-0.36	
5	John Mathew	80	30.01	1.59	
6	Gwen Steed	74	16.55	-2.03	
7	Ashlet Birrell	72	18.21	-2.32	
8	Jim Machin	86	25.12	5.12	
9	Tallulah	38	28.37	-6.23	

**SPRINGVALE 4 JANUARY 2017****100 metres**

Graham KILFOYLE	65	14.90
Mick COLGAN	65	18.10
Lindsay OXENHAM	67	19.50
Juan PEREZ	77	2.30

**600 metres**

Neil GRAY	69	2.06.8
Dave TALBOT	62	2.08.0
Alan BENNIE	69	2.16.1
Paul MULLINS	76	2.16.4
Howard REES	69	2.27.7
Paul WINTERTON	62	2.30.8
Lindsay OXENHAM	67	2.40.0
Juan PEREZ	77	3.23.1
Peter ELLIS	65	3.57.2

**2000 metres walk**

Peter ELLIS	65	13.31
Dennis PHILLIPS	74	14.54
Anand THILLAISUNDARAM	40	16.11
Kelly DAVIDSON	37	19.12
Pam THOMAS	67	19.12
Graham KILFOYLE	65	19.12
Piper KELLY		20.27
Tony JOHNSON	76	20.27
John ABEL	66	20.55
Ernie JEFFS	71	20.55

**3100 metres run**

Howard REES	69	13.53
Alan BENNIE	69	15.35
Lindsay OXENHAM	67	15.45
Juan PEREZ	77	21.00
John MANNING	70	21.42
Brian LYNCH	81	28.54

**SPRINGVALE 11 JANUARY 2017****700 metres**

Neil GRAY	69	2.32.8
Dave TALBOT	62	2.34.6
Alan BENNIE	69	2.37.0
Paul MULLINS	76	2.50.7
Howard REES	69	2.57.5
Paul WINTERTON	62	3.11.1
Celia JOHNSON	69	3.57.0

**300 metres**

Alison DEVINE	60	1.15.7
Lou BUCCIERI	61	1.22.0
Juan PEREZ	77	1.28.8
Anand THILLAISUNDARAM	40	1.56.0
Brian LYNCH	81	2.17.1

**3000 metres road walk**

Tony DORAN	64	25.06
Dennis PHILLIPS	74	25.06
Judy DAVISON	80	26.06
Frank ALLEN	72	26.06
Pam THOMAS	67	26.06
Graham KILFOYLE	65	26.06
Tom DAVISON	84	26.58
Kelly DAVIDSON	37	27.45
Anand THILLAISUNDARAM	40	27.45
Jim SMITH	76	29.19
Trevor JUPP	76	29.19
Peter BATTRICK	73	29.19

**SPRINGVALE 11 JANUARY 2017 cont****5000 metre road run**

Howard REES	69	24.23
Lou BUCCIERI	61	26.04
Lindsay OXENHAM	67	26.25
Alan BENNIE	66	27.17
Ian TREGEAR	66	30.08
Juan PEREZ	77	34.00
Paul MULLINS	76	34.27
Alison DEVINE	60	36.39
Celia JOHNSON	69	36.45
Rob CLUTTERBUCK 3.3 km	63	18.10
Tony JOHNSON 3.3 km	76	21.00
Brian LYNCH 3.1 km	81	27.57

**70 metres**

Graham KILFOYLE	65	10.60
Juan PEREZ	77	13.50
Lindsay OXENHAM	67	13.50
Lou BUCCIERI	61	15.10
Alan BENNIE	69	16.80
Howard REES	69	16.00
Celia JOHNSON	69	18.50
Anand THILLAISUNDARAM	40	22.90
Brian LYNCH	81	23.30

**SPRINGVALE 18 JANUARY 2017****Lindsay Thomas memorial at Braeside Park****10km run**

Marc Vellin	42	40.35
Shane Davin	33	41.56
Jonte Andrew	16	43.02
Greg Wilson	64	43.14
Jed Smith	16	43.41
Chris Grafen	52	44.15
Andrew Edwards	63	45.00
Bronwen Cardy	64	46.27
Lavinia Petrie	73	47.00
Paul Earl	53	47.32
Colin Page	62	47.47
Wayne Allen	61	47.58
Howard Rees	69	49.13
Sam De Fanis	68	49.27
Pam Tindal	57	49.44
Ian Orr	65	49.47
Chris Worsnop	59	51.19
Jon Delaine	45	51.29
Chris Mackenzie	45	52.15
Peter Solari	51	52.52
Vicki Bergman	44	53.05
Greg Lovejoy	74	53.07
Paul Smith	51	54.00
Debbie Tyler	48	56.10
Sarah Thorne	37	56.12
Shannon Tindal	30	56.45
Lindsay Oxenham	67	56.47
Lou Buccieri	61	56.48
Paul Tyler	52	57.47
Claudio Riga	61	58.52
Paula Hill	45	61.52
Karen Andrew	46	61.54
Juan Perez	77	70.14
John Zeleznikow	66	109.31



**SPRINGVALE 18 JANUARY 2017 cont****5km run**

Andrew Egginton	55	19.00
Mitchell Graham	16	21.07
Jahvon Bergman	16	21.58
Roslyn Crosswell	38	22.25
Helen Stanley	61	22.37
Nathan Crosswell	37	23.09
Jacob Vahallen	16	26.00
Sue Mapleson	46	26.08
Unknown	46	26.56
Kate Thomas	13	27.21
Bayley Graham	11	27.31
Troy Jeffs	41	27.34
Peter Thorne	68	28.35
Ros Dyer	52	28.49
Francis Halton	55	29.18
Ian Tregear	61	29.53
Miller Bergman	13	30.06
Raiden Bergman	10	31.56
Tony Johnson	76	32.25
Celia Johnson	69	34.07
John Manning	71	36.09
John Kneen	74	36.36
Elise Davies	13	37.38
Max Thomas	11	37.39
Maggie Hawkes	60	38.03
David Bleazby	76	38.37
Andrew Thomas	48	38.40
Trevor Jupp	75	42.37
Abbey Delaine	15	42.37
Tracey Jeffs	46	43.04
Brian Lynch	82	46.03

**5km walk**

Pramesh Prasad	42	24.34
Heather Carr	67	30.37
Greg Hughes	58	31.51
Gunther Ilgoutz	78	34.09
Peter Ellis	65	34.10
Paul Moritz	57	34.48
John Hallo	74	40.29
Penny Hall	76	41.37
Shelley Graham	45	45.16
Brett Graham	57	45.17
Danielle Graham	19	45.24
Anand Thillaisundaram	40	46.03
John Abel	66	46.19
Judy Farrell	72	51.48
Kelly Davidson	37	51.48
Tania Thomas	46	55.39
Lindy Lundy	47	55.39
Jack Thomas	15	55.39
Yvonne Jeffs	70	56.49
Madison Lundy	18	56.52
Thomas Delaine	12	57.51
Eric Negros	53	59.07
Ernie Jeffs	72	59.08

**SPRINGVALE 25 JANUARY 2017****100 metres**

Graham KILFOYLE	65	15.00
Helen ANDERSON		15.60
Mike HALL	78	16.60
Mick COLGAN	66	18.00
Juan PEREZ	77	19.50
Jim SINCLAIR	92	22.10

**3000 metres road walk**

Tony DORAN	64	20.40
Anand THILLAISUNDARAM	40	21.21
Celia JOHNSON	69	22.57
Dennis PHILLIPS	74	23.25
Penny HALL	77	24.19
Mick COLGAN	66	24.20
Graham KILFOYLE	65	24.48
Frank ALLEN	72	24.52
John ABEL	66	24.53
Judy DAVISON	80	24.59
Pam THOMAS	67	25.04
Tom DAVISION	84	26.58
Trevor JUPP	76	26.59
John MANNING	70	28.42
Ian TREGEAR	66	30.39
Steve SELICK		30.40
Natalie IRVINE	70	30.53
Kelly DAVIDSON	37	30.53

**1000 metres**

Alan BENNIE	70	3.54.8
Dave TALBOT	62	4.04.2
Neil GRAY	69	4.18.2
Paul MULLINS	76	4.26.2
Howard REES	69	4.30.6
Claudio RIGA	61	4.50.5
Paul WINTERTON	62	4.54.8

**5000 metres road run**

Howard REES	69	24.53
Lou BUCCIERI	61	27.13
Claudio RIGA	61	27.37
Juan PEREZ	77	31.28
3300 metres		
Bill IRVINE	68	17.00
Will SELICK	45	19.10
Alison DEVINE	60	20.14
Brian LYNCH	81	30.06

# MARCH PROGRAMS 2017

WEDS MARCH 1	ABERFELDIE	60M	1000M AG	200M	5/7K RIVER	
	GEELONG	100M	2K/10K			
	MENTONE	500M ET WALK	1K S/H	110M ET	3/6 LAPS ET	2X800M
	KNOX					
	SPRINGVALE	80/120M	800M HCP	2500M ROAD WALK	4000M ROAD	
THURS MARCH 2	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	100M	800M	200M	10 LAP MAX RUN/WALK
MON MARCH 6	DONCASTER	1200M W/R	100M	200M	600M	2000M W/R
	CASEY					
TUES MARCH 7	COLLINGWOOD	200M	400M	4 OR 8K PARKRUN		
	CROYDON	DISC/ 1500M WALK	60M	3 LAPS NOT	500M	8LAP TEAMS 3 R/W
	GLEN EIRA	80M ET	800M HCP	150M ET	3K HCP	5K HCP
WEDS MARCH 8	ABERFELDIE	100M	800M	D.J'S OUT & BACK	3/5K	
	GEELONG	5K X COUNTRY	3K X COUNTRY			
	MENTONE	600M ET WALK	300M ET	1 MILE ET 70M ET	3K S/H	3K S/H
	KNOX					
	SPRINGVALE	100M HCP	300/1500M	3K ROAD WALK HCP	5K ROAD HCP	
THURS MARCH 9	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	110M	1000M	150M	1 OR 2 LAP R/W IN PARK
MON MARCH 13	DONCASTER	DONC 800M	100M	150M	400M/300M HURDLES	1/3/5K W/R
	CASEY					
TUES MARCH 14	COLLINGWOOD	100M	DON WARDEN	MEMORIAL 400M	HEATS & FINAL	15 MIN TT
	CROYDON	LJ/ 4 LAPS WALK	80M	1 MILE	300M	14 LAPS MAX R/W
	GLEN EIRA	100M ET	600M	200M ET	1500M/3K TROPHY	3K ET
WEDS MARCH 15	ABERFELDIE	100M AG HCP	1500M	400M	2/4K	
	GEELONG	300M	2K/4K	800M		
	MENTONE	800M ET WALK	900M S/H	250M ET	3 LAPS ROAD ET	20 MIN EST DIST
	KNOX					
	SPRINGVALE	70/200M	800M HCP	2500M ROAD WALK	4K ROAD	
THURS MARCH 16	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	80M	800M	250M ET	2K/3.6K RUN 2K/3.2K W
MON MARCH 20	DONCASTER	1000M W/R	100M	200M	400M	3K
	CASEY					
TUES MARCH 21	COLLINGWOOD	90M	1200M	6 OR 12 LAPS	ANNUAL MEETING	
	CROYDON	JAV/ 3 LAP WALK	100M	1500M	400M	1/3/5K RUN 1/3K WALK
	GLEN EIRA	100M S/HCP	110M	1200M ET	150M ET	2K ET 4K
WEDS MARCH 22	ABERFELDIE	90M	800M	200M	3/5K	
	GEELONG	6K X COUNTRY	3K X COUNTRY			
	MENTONE	400M ET WALK	1500M S/H	100M HCP	1/2K S/H	2K ET
	KNOX					
	SPRINGVALE	100M HCP	800M	2K ROAD WALK	3100M ROAD	
THURS MARCH 23	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	90M	800M	300M	2400M R/W 3200M R/W
MON MARCH 27	DONCASTER	120M GIFT	1000M	200M	400M	1600M W/R
	CASEY					
TUES MARCH 28	COLLINGWOOD	100M	1500M HCP	200M	6/12/18 LAPS	
	CROYDON	SP/ 1200M WALK	110M	800M	200M	2/4/6K RUN/WALK
	GLEN EIRA	60M ET	700M HCP	400/200M ET	3/5K	4/10K
WEDS MARCH 29	ABERFELDIE	100M HCP	1200M	400M	2/4K	
	GEELONG	1 HOUR TT	30 MIN TT	15 MIN TT		
	MENTONE	500M ET WALK	800M ET	200M ET	2/4 LAPS ET ROAD	3000M ET
	KNOX					
	SPRINGVALE	100/400M	800M HCP	7 LAPS SPIRAL WALK	12 LAPS SPIRAL	
THURS MARCH 30	COBURG					
	EAST BURWOOD					
	FRANKSTON	600M WALK	100M	600M	150M	1 OR 2 LAP R/W IN PARK