



AROUND THE



VENUE RESULTS FOR AUGUST 2017, PROGRAM FOR OCTOBER 2017

ABERFELDIE, CASEY, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

ABERFELDIE 2 AUGUST 2017**110 Metres**

Gavin WHITE	43	13.92
Richard SHORTT	46	15.25
John PAPWORTH	49	16.00
Imogen PAPWORTH	INV	29.03

1000 Metres Age Graded

			Age %
David JONES	66	4.14	68.03
Pat SCUTELLA	40	3.33	64.84
John PAPWORTH	49	3.52	64.61
Levi DRAPER	INV	5.07	63.13
Stephen BARKER	74	5.08	62.01
Richard SHORTT	46	3.58	61.34
Dom CROUCH	30	3.37	60.14
Doug STOKES	65	4.48	59.41
Michael ORELLI	73	6.09	50.95
Andrea DRAPER	40	5.07	49.48
Maggie ARMSTRONG	55	7.17	40.80

400 Metres

Richard SHORTT	46	62.78
Gavin WHITE	43	63.25
John PAPWORTH	49	64.87
Pat SCUTELLA	40	73.53
Levi DRAPER	INV	97.47
Imogen PAPWORTH	INV	148.01
Stephen BARKER	74	179.01

4000 Metres

Pat SCUTELLA	40	18.10
Michael ENNIS	64	21.32
Trevor HAWKSWORTH	70	21.46
John HOWES	81	31.44

6000 Metres

Dom CROUCH	30	25.25
Doug STOKES	65	32.51
Stephen BARKER	74	33.19

2800 Metres

John PAPWORTH	49	17.10
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ABERFELDIE 9 AUGUST 2017**100 Metres**

Gavin WHITE	43	12.78
John PAPWORTH	49	13.97
Levi DRAPER	INV	18.69

1200 Metres

Shane DRAPER	44	4.45
Levi DRAPER	INV	5.26
Michael ENNIS	64	5.52
Andrea DRAPER	40	6.04
Stephen BARKER	74	6.22
Michael ORELLI	73	7.59
Maggie ARMSTRONG	55	8.14

200 Metres

Gavin WHITE	43	26.43
John PAPWORTH	49	28.72
Levi DRAPER	INV	41.75
Stephen BARKER	74	80.16*
Maggie ARMSTRONG	55	93.72*

* Walk

3000 Metres

Michael ENNIS	64	16.24
Trevor HAWKSWORTH	70	17.20
Alfred LENDVAI	63	18.10
John DEAN	72	18.47
Cheryl BEVERIDGE	50	21.06

ABERFELDIE 9 AUGUST 2017 cont.**5000 Metres**

John PAPWORTH	49	22.33
Carolyn BOWEN	56	23.48
Stephen BARKER	74	27.46

ABERFELDIE 16 AUGUST 2017**100 Metres**

Gavin WHITE	43	12.59
Richard SHORTT	46	13.29
John PAPWORTH	49	14.22
Levi DRAPER	INV	20.13
Bella WHITE	INV	26.22
Alex WHITE	INV	38.81

800 Metres

Shane DRAPER	44	2.30
Dom CROUCH	30	2.42
John PAPWORTH	49	3.02
Alfred LENDVAI	63	3.40
Andrea DRAPER	40	3.55
Stephen BARKER	74	4.17
Maggie ARMSTRONG	55	4.57
Michael ORELLI	73	5.09
Bella WHITE	INV	6.48

400 Metres

Richard SHORTT	46	66.66
Maggie ARMSTRONG	55	119.16
Levi DRAPER	INV	152.00
Bella WHITE	INV	162.00
Stephen BARKER	74	185.75*

* Walk

5000 Metres H'cap

		Clock	Actual
Peter BLACK	62	31.56	22.56
John PAPWORTH	49	33.28	21.28
Shane DRAPER	44	34.53	20.22
Dom CROUCH	30	35.08	21.08
Stephen BARKER	74	35.17	28.32
Brian O'DEA	63	35.46	25.16
Ruby BEVERIDGE	INV	36.57	36.57
Cheryl BEVERIDGE	50	37.00	37.00

3000 Metres

Trevor HAWKSWORTH	70	17.50
Michael ORELLI	73	21.08

**DOES ANYONE KNOW
WHICH PAGE OF THE
BIBLE EXPLAINS HOW TO
TURN WATER INTO WINE?**

ASKING FOR A FRIEND.

ABERFELDIE 23 AUGUST 2017**100 Metres**

Gavin WHITE	43	14.24
John PAPWORTH	49	14.47

1500 Metres

Dom CROUCH	30	5.40
John PAPWORTH	49	6.03
David JONES	66	6.46
Stephen BARKER	74	8.28
Michael ORELLI	73	9.34

300 Metres

Gavin WHITE	43	45.31	
Stephen BARKER	74	134.04	walk

Bill Page 3000 Metres Sealed H'cap

		Clock	Actual
Dom CROUCH	30	19.17	12.02
Cheryl BEVERIDGE	52	20.04	20.04
John DEAN	72	20.25	18.25
John PAPWORTH	49	20.36	11.51
Brian O'DEA	63	20.38	14.08
Stephen BARKER	74	21.41	17.11
Alfred LENDVAI	63	22.30	17.30
Maggie ARMSTRONG	55	23.03	23.02
Doug STOKES	65	24.24	18.24

ABERFELDIE 30 AUGUST 2017**90 Metres**

Jamie PAPWORTH	INV	13.91
John PAPWORTH	49	15.28
Bill RISTEVSKI	52	15.50
Imogen PAPWORTH	INV	23.41

800 Metres

Shane DRAPER	44	2.33
Dom CROUCH	30	2.36
Adam GREGORY	32	3.08
John PAPWORTH	49	3.32
Levi DRAPER	INV	3.39
Andrea DRAPER	40	3.46
Michael ORELLI	73	4.10
Bill RISTEVSKI	52	4.21
Maggie ARMSTRONG	55	4.28

200 Metres

John PAPWORTH	49	30.08
Bill RISTEVSKI	52	35.51
Levi DRAPER	INV	40.40
Michael ENNIS	64	40.46

4000 Metres

John PAPWORTH	49	18.18
Doug STOKES	65	20.48
Michael ENNIS	64	21.02
Alfred LENDVAI	63	21.58
Trevor HAWKSWORTH	70	22.47
Heath BEVERIDGE	INV	23.34
John DEAN	72	24.42
Ruby BEVERIDGE	INV	27.19
Cheryl BEVERIDGE	52	27.31
Tony BRADFORD	78	28.36
Bill RISTEVSKI	52	28.43

6000 Metres

Dom CROUCH	30	25.47
Adam GREGORY	32	25.47

COBURG 3 AUGUST 2017**100m**

Frank BRADLEY	61	19.95
Bernie LEDDIN	69	21.13
Michelle SPORTON	51	24.65
Rob DAVEY	77	27.75
Ken CARTER	64	45.89

1500m Age-graded Championship

			Age %
Carl KENNEDY	51	5.16.7	74.83
Gary O'DWYER	58	6.14.3	67.25
Michael MEANEY	62	6.31.5	66.60
Brian DELANEY	63	6.59.0	62.72
Fiona ELY	47	7.14.5	61.41
Bruce GIBBS	68	10.37.6	43.20
Ken CARTER	64	14.26.8	30.62

3200m

Fraser MURRAY	45	15.27
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COBURG 10 AUGUST 2017**80m**

Colin HICKIE	33	11.75
Bruce GIBBS	68	14.69
Bernie LEDDIN	69	15.92
Michelle SPORTON	51	18.94
Ken CARTER	64	30.12

2 minute select starting point

			difference
Fiona ELY	47	1.57.47	2.53
Michael MEANEY	62	1.55.07	4.93
Bernie LEDDIN	69	1.52.42	7.58
Maria BARBETTI	52	1.51.60	8.40
Bruce GIBBS	68	1.51.11	8.89
Colin HICKIE	33	1.50.80	9.20
Rob DAVEY	77	1.46.98	13.02
Maegan KERR	45	2.19.08	19.08
Ken CARTER	64	1.25.66	34.34

400m

Carl KENNEDY	51	1.14.3
Colin HICKIE	33	1.19.9
Rob DAVEY	77	2.21.2
Michelle SPORTON	51	2.51.4
Ken CARTER	64	3.06.6

3km

Michael MEANEY	62	14.13
Fiona ELY	47	14.29
Maria BARBETTI	52	17.18
Rob DAVEY	77	22.28
Ken CARTER	64	32.21

5km

Carl KENNEDY	51	18.54
Colin HICKIE	33	20.24

COBURG 17 AUGUST 2017**110m**

Colin HICKIE	33	17.03
Frank BRADLEY	61	20.50
Bruce GIBBS	68	22.40
Rob LEWIS	70	23.63
Bernie LEDDIN	69	24.43
Michelle SPORTON	51	27.40
Rob DAVEY	77	30.16
Ken CARTER	64	40.33

1200m

Carl KENNEDY	51	4.09
Fraser MURRAY	45	4.14
Colin HICKIE	33	4.42
Brian DELANEY	63	5.09
Michael MEANEY	62	5.27
Fiona ELY	47	5.42
Maegan KERR	45	7.02
Ken CARTER	64	10.35

300m Time Challenge**Heat: 1**

Bruce GIBBS	68	1.01.6*
Maegan KERR	45	1.06.3
Bernie LEDDIN	69	1.07.9*
Rob LEWIS	70	1.08.1*
Michelle SPORTON	51	1.54.1
Ken CARTER	64	2.28.1

Heat: 2

Colin HICKIE	33	52.20
Carl KENNEDY	51	52.80
Michael MEANEY	62	54.85*
Brian DELANEY	63	1.03.2
Frank BRADLEY	61	1.07.6

*Achieved the challenge of running faster than their age.

2400m

Carl KENNEDY	51	8.51
Michael MEANEY	62	11.29
Fiona ELY	47	12.06
Maegan KERR	45	14.07
Maria BARBETTI	52	14.38
Frank BRADLEY	61	14.57
Rob LEWIS	70	15.16
Rob DAVEY	77	19.58

3600m

Ken CARTER	64	37.23
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4800m

Colin HICKIE	33	21.04
Fraser MURRAY	45	21.26

COBURG 24 AUGUST 2017**100m**

Ethan O'NEILL	16	13.33
Paul O'NEILL	52	13.85
Bruce GIBBS	68	17.96
Rita EWANYSHYN	33	18.41
Frank BRADLEY	61	19.60
Bernie LEDDIN	69	21.45
Michelle SPORTON	51	23.36

1000m

Fraser MURRAY	45	3.20
Michael MEANEY	62	4.20
Brian DELANEY	63	4.26
Maria BARBETTI	52	4.51
Maegan KERR (W)	45	8.36
Rob DAVEY (W)	77	8.36

COBURG 24 AUGUST 2017 cont.**200m**

Paul O'NEILL	52	27.30
Ethan O'NEILL	16	27.62
Michael MEANEY	62	35.95
Bruce GIBBS	68	37.15
Frank BRADLEY	61	41.02
Michelle SPORTON	51	54.65

3km

Brian DELANEY	63	14.37
Maria BARBETTI	52	16.24
Frank BRADLEY	61	18.46
Rob DAVEY (W)	77	23.37

5km

Fraser MURRAY	45	25.51
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7km

Fiona ELY	47	37.14
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COBURG 31 AUGUST 2017**90m****Heat: 1**

Bruce GIBBS	68	16.81
Rob LEWIS	70	17.95
Bernie LEDDIN	69	19.42
Michelle SPORTON	51	20.44
Ken CARTER	64	37.61

Heat: 2

Paul O'NEILL	52	13.50
Geoff WHITEHALL	68	13.80
Fiona ELY	47	15.44
Frank BRADLEY	61	18.69

800m

Carl KENNEDY	51	2.33
Fraser MURRAY	45	2.56
Paul O'NEILL	52	3.02
Brian DELANEY	63	3.22
Fiona ELY	47	3.39
Maria BARBETTI	52	3.51
Rob LEWIS	70	4.07
Maegan KERR	45	4.45
Gary O'DWYER	58	4.46
Ken CARTER	64	7.07

300m

Paul O'NEILL	52	51.94
Geoff WHITEHALL	68	52.43
Bruce GIBBS	68	1.00.3
Frank BRADLEY	61	1.09.7
Rob LEWIS	70	1.14.8
Michelle SPORTON	51	1.52.4
Ken CARTER	64	2.26.9

2km

Fraser MURRAY	45	7.26
Gary O'DWYER	58	9.42
Fiona ELY	47	9.45
Maegan KERR	45	11.24
Rob LEWIS	70	11.57
Rob DAVEY	77	16.39

4km

Carl KENNEDY	51	14.42
Brian DELANEY	63	20.05
Maria BARBETTI	52	22.13
Ken CARTER	64	41.30

COLLINGWOOD 1 AUGUST 2017

80 Metres

			Time	Points
1	HOWDEN Keith	72	11.6	95
2	ADRIEN Gerard	57	11.8	96
3	WINNEN Ian	55	12.3	88
4	HORN Michael	64	12.7	93
5	HALLETT Matthew	28	12.7	92
6	MEANEY Michael	62	13.3	93
7	GURTLER Markus	45	13.6	83
8	ELY Fiona	47	14.0	96
9	HERBSTREIT Herbie	65	15.2	92
10	LEDDIN Bernie	69	16.7	76

800 M Handicap

		Net T	Clock	Points
1	DROSDOWSKY Wasyl	66	3:23 4:31	98
2	TAYLER Sally	69	4:09 4:43	99
3	WINNEN Ian	55	2:36 4:46	97
4	APONTE Luis	65	2:53 4:51	94
5	MEANEY Michael	62	3:21 4:53	89
6	HORN Michael	64	3:27 4:57	93
7	HERBSTREIT Herbie	65	3:57 4:59	92
8	FABRE Sofie	48	3:22 5:00	90
9	ELY Fiona	47	3:32 5:00	91
10	BAYLEY Rod	71	3:35 5:01	91
11	HALLETT Matthew	28	3:18 5:02	89
12	HALLETT Len	68	4:05 5:11	88
13	HEJTMANEK Jim	52	3:15 5:13	83
14	GURTLER Markus	45	2:56 5:14	82
15	DUNNING Robert	60	3:54 5:14	86
16	SCHOLES Ron	64	3:32 5:30	77
17	GIBBS Bruce	68	5:17 6:23	68

200 Metres

			Points
1	HOWDEN Keith	72	29.5
2	ADRIEN Gerard	57	30.0
3	GURTLER Markus	45	31.8
4	HALLETT Matthew	28	33.0
5	HORN Michael	64	34.0
6	MEANEY Michael	62	34.9
7	FABRE Sofie	48	40.8

7 Laps

			Time	Points
1	HALLETT Matthew	28	12:35	98
2	GURTLER Markus	45	10:48	93
3	ELY Fiona	47	13:35	98
4	FABRE Sofie	48	14:32	88
5	MEANEY Michael	62	13:32	96
6	WOOD Sue	63	21:37	93
7	SCHOLES Ron	64	12:21	88
8	HORN Michael	64	17:56	79
9	HERBSTREIT Herbie	65	16:48	90
10	APONTE Luis	65	12:26	88
11	DROSDOWSKY Wasyl	66	17:20	89
12	HALLETT Len	68	18:25	79
13	BAYLEY Rod	71	13:45	94
14	BRAIN Glenyse	71	21:37	93
15	JOHNSTONE Heather	73	22:51	43
16	JOHNSTONE Peter	80	26:57	90
17	WINDSOR Wes	73	14:42	87
18	BAN Paul	62	20:12	63

14 Laps

			Time	Points
1	HEJTMANEK Jim	52	25:09	93
2	WINNEN Ian	55	23:46	97
3	DUNNING Robert	60	31:27	91
4	HOPKINS Jim	67	28:48	89
5	TAYLER Sally	69	38:05	94
6	POCOCK John	74	31:30	87

COLLINGWOOD 8 AUGUST 2017

100 Metres

			Time	Points
1	GERO Peter	29	13.7	93
2	ADRIEN Gerard	57	14.3	99
3	HALLETT Matthew	28	14.5	99
4	SCHOLES Ron	64	14.9	95
5	HORN Michael	64	15.4	96
6	WINNEN Ian	55	16.0	85
7	APONTE Luis	65	16.2	86
8	GIBBS Bruce	68	17.4	86
9	FABRE Sofie	48	17.8	96
10	HERBSTREIT Herbie	65	19.1	91
11	LEDDIN Bernie	69	20.9	75

1200 Metres

			Points
1	GERO Peter	29	4:12 99
2	WINNEN Ian	55	4:15 98
3	HALLETT Matthew	28	5:00 93
4	ADRIEN Gerard	57	5:05 87
5	FABRE Sofie	48	5:19 91
6	SCHOLES Ron	64	5:30 78
7	BAYLEY Rod	71	5:48 88
8	ELY Fiona	47	5:50 88
9	HORN Michael	64	5:51 87
10	HALLETT Len	68	6:38 86
11	TAYLER Sally	69	7:12 90

250 Metres

			Points
1	GERO Peter	29	41.9 82
2	HEJTMANEK Jim	52	43.4 91
3	APONTE Luis	65	43.5 86
4	HALLETT Matthew	28	46.4 84
5	HORN Michael	64	46.4 85
6	FABRE Sofie	48	50.3 92
7	ADRIEN Gerard	57	51.4 74
8	GIBBS Bruce	68	51.4 78
9	HERBSTREIT Herbie	65	55.7 84
10	TAYLER Sally	69	64.2 96

2 Km

			Time	Points
1	APONTE Luis	65	8:47	87
2	HALLETT Matthew	28	8:52	97
3	FABRE Sofie	48	9:44	91
4	BAYLEY Rod	71	9:46	92
5	HALLETT Len	68	10:54	92
6	HORN Michael	64	11:15	87
7	HERBSTREIT Herbie	65	12:05	87
8	JOHNSTONE Heather	73	15:58	92
9	JOHNSTONE Peter	80	16:53	96

4 Km

			Time	Points
1	WINNEN Ian	55	16:26	98
2	POCOCK John	74	20:52	92
3	WINDSOR Wes	73	21:46	86
4	BELL Gary	63	25:37	85
5	TAYLER Sally	69	26:07	96
6	BAN Paul	62	29:14	64
7	BRAIN Glenyse	71	32:47	90
8	WOOD Sue	63	32:47	90

4 Km

			Time	Points
1	HEJTMANEK Jim	52	26:25	95
2	HOPKINS Jim	67	29:55	92

COLLINGWOOD 15 AUGUST 2017

120 Metres

		Time	Points
1	HOWDEN Keith	72 17.7	96
2	HORN Michael	64 18.4	98
3	HALLETT Matthew	28 18.6	95
4	GIBBS Bruce	68 20.6	95
5	HERBSTREIT Herbie	65 22.5	95
6	FABRE Sofie	48 23.6	89
7	LEDDIN Bernie	69 24.2	80

1 Mile Est Time

		Time	Diff.	Points
1	POCOCK John	74 8:39	0:01	90
2	HOPKINS Jim	67 7:25	0:03	92
3	HERBSTREIT Herbie	65 9:24	0:04	88
4	HEJTMANEK Jim	52 6:33	0:07	94
5	ELY Fiona	47 7:40	0:10	95
6	FABRE Sofie	48 7:28	0:10	92
7	HALLETT Matthew	28 6:46	0:14	98
8	HALLETT Len	68 9:23	0:18	86
9	KAMEME Troy	30 7:13	0:21	82
10	RUSSO Chris	51 7:29	0:31	92
11	HORN Michael	64 8:29	0:44	85
12	TAYLER Sally	69 9:50	1:10	94

200 Metres

		Time	Points
1	HOWDEN Keith	72 29.9	96
2	HORN Michael	64 33.5	91
3	HALLETT Matthew	28 34.8	85
4	GIBBS Bruce	68 36.6	90
5	WINDSOR Wes	73 40.1	88
6	FABRE Sofie	48 41.5	85
7	TAYLER Sally	69 49.8	95
8	BAYLEY Rod	71 49.9	81

6 Laps

		Time	Points
1	KAMEME Troy	30 10:32	87
2	HALLETT Matthew	28 10:58	96
3	PAUL Graeme	63 11:34	92
4	RUSSO Chris	51 11:36	92
5	ELY Fiona	47 11:42	97
6	BAYLEY Rod	71 12:14	91
7	HALLETT Len	68 13:48	89
8	HERBSTREIT Herbie	65 13:48	93
9	HORN Michael	64 15:11	79
10	TAYLER Sally	69 15:51	91

12 Laps

		Time	Points
1	POCOCK John	74 26:22	92
2	BAN Paul	62 34:45	66
3	BRAIN Glenyse	71 37:57	94
4	WOOD Sue	63 37:57	94

18 Laps

		Time	Points
1	HEJTMANEK Jim	52 32:30	94
2	HOPKINS Jim	67 35:44	95

COLLINGWOOD 22 AUGUST 2017

80 Metres

		Time	Points
1	GERO Peter	29 11.3	90
2	HOWDEN Keith	72 11.6	96
3	ADRIEN Gerard	57 11.8	96
4	HORN Michael	64 12.0	98
5	WINNEN Ian	55 12.1	90
6	HALLETT Matthew	28 12.3	94
7	GIBBS Bruce	68 13.7	94
8	ELY Fiona	47 13.9	96
9	HERBSTREIT Herbie	65 14.7	95

1000 Metres

		Time	Points
1	WINNEN Ian	55 3:23	99
2	GERO Peter	29 3:40	92
3	HEJTMANEK Jim	52 3:54	90
4	RUSSO Chris	51 3:56	98
5	ADRIEN Gerard	57 3:57	91
6	HALLETT Matthew	28 4:04	93
7	PAUL Graeme	63 4:21	96
8	ELY Fiona	47 4:32	92
9	DUNNING Robert	60 4:59	91
10	HERBSTREIT Herbie	65 5:13	90
11	POCOCK John	74 5:14	84
12	HOPKINS Jim	67 5:33	70

400 Metres Points

		Time	Points
1	GERO Peter	29 1:05.3	96
2	WINNEN Ian	55 1:08.1	94
3	HOWDEN Keith	72 1:10.3	96
4	ADRIEN Gerard	57 1:11.1	92
5	HORN Michael	64 1:15.6	98
6	HALLETT Matthew	28 1:20.1	89
7	HEJTMANEK Jim	52 1:25.6	81
8	GIBBS Bruce	68 1:34.1	84
9	BAYLEY Rod	71 1:42.9	89

3 Km

		Time	Points
1	WINNEN Ian	55 12:28	95
2	RUSSO Chris	51 13:31	99
3	HALLETT Matthew	28 13:40	98
4	PAUL Graeme	63 14:21	95
5	ELY Fiona	47 14:22	99
6	BAYLEY Rod	71 14:38	97
7	HERBSTREIT Herbie	65 18:01	91
8	HORN Michael	64 18:21	83
9	BELL Gary	63 19:00	84
10	HALLETT Len	68 19:04	82
11	BAN Paul	62 20:18	68

5 Km

		Time	Points
1	DUNNING Robert	60 27:35	88

7 Km

		Time	Points
1	HEJTMANEK Jim	52 31:01	97
2	HOPKINS Jim	67 35:58	91
3	POCOCK John	74 36:44	98



Run Safely Tonight

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CASEY 7 AUGUST 2017

	Age	Time	
1600m Run/Walk			
Gary Meyer	62	9.25	
Peter Ellis	66	W12.04	
Lindsay Beaton	67	W14.08	
	age	time	
120M			
Paul Olsson	60	19.33	
Mike Hall	79	20.14	
	age	time	
2K/4K Run/Walk			
Gary Meyer	62	12.07	2K
Heather Vueti	45	W20.37	2K
Peter Ellis	66	W27.32	
Lindsay Beaton	67	W36.32	

CASEY 14 AUGUST 2017

1000M Run/Walk			
Gary Meyer	62	5.31	
Hsien Chaim	46	5.58	
Peter Ellis	66	W7.56	
Lindsay Beaton	67	W8.59	
100M/120M			
Peter Ellis	66	18.97	
Mike Hall	79	20.28	
5 Lap Spiral In/Out			
Gary Meyer	62	12.57	
Hsien Chaim	46	13.54	
Frances Halton	55	25.28	
Peter Ellis	66	W27.00	
Lindsay Beaton	67	W37.43	

CASEY 21 AUGUST 2017

60M			
Paul Olsson	60	11.27	
Mike Hall	79	11.94	
800M Run/Walk			
Rob Clutterbuck	64	4.06	
Hsien Chaim	46	4.19	
Gary Meyer	62	4.45	
Lindsay Beaton	67	W7.02	
Peter Ellis	66	W7.02	
150M			
Paul Olsson	60	24.88	
Mike Hall	79	26.27	
3K/5K Run/Walk			
Rob Clutterbuck	64	15.06	3K
Gary Meyer	62	18.09	3K
Hsien Chaim	46	21.12	3K
Frances Halton	55	30.57	5K
Peter Ellis	66	W36.07	5K
Lindsay Beaton	67	W45.21	5K

CASEY 28 AUGUST 2017

100M			
Craig Fairburn		14.25	
Rhiannon Lester	37	14.58	
Paul Olsson	60	15.88	
Peter Ellis	66	19.04	
Albin Hess	57	26.90	
600M Run/Walk			
Craig Fairburn		1.51	
Paul Tero	55	2.17	
Hsien Chaim	46	2.53	
Rob Clutterbuck	64	2.53	
Gary Meyer	62	3.13	
Albin Hess	57	3.29	
Peter Ellis	66	4.28	
Lindsay Beaton	67	5.29	
200m			
Rhiannon Lester	37	30.87	
Paul Olsson	60	32.12	
Paul Tero	55	33.89	
Mike Hall	79	35.47	
Hsien Chaim	46	40.22	
Peter Ellis	66	40.22	
5/7 Lap Spiral Run/Walk			
Hsien Chaim	46	18.25	5 Laps
Craig Fairburn		13.18	
Rob Clutterbuck	64	14.21	
Paul Tero	55	15.02	
Gary Meyer	62	17.06	
Frances Halton	55	17.51	
Albin Hess	57	19.39	
Peter Ellis	66	22.11	
Lindsay Beaton	67	27.09	



**She stood me up !
I hosed off my crocs for nothing.**

CROYDON 1 AUGUST 2017**3 LAPS WALK N.O.T.**

			Clock	Nom.
1	Alison THOMPSON	64	7.08	7.30
2	Paul MORITZ **	58	7.46	7.50
3	Russ DICKENSON	71	7.50	8.00
4	Grant MURFETT	50	8.32	9.24
5	Julie CHALLEN	59	8.55	8.50
6	Lyn BATCHELOR	68	9.04	10.00
7	Phyllis GOSBELL	79	9.59	10.25
8	Jess DUX	32	10.49	11.00
9	Robert STAGG	50	10.50	9.23
10	Peter SCHROETER	34	10.51	9.00
11	Kevin McLAUHLAN	73	11.31	11.42
12	Allan WOOD	80	11.41	
13	David BATCHELOR	80	12.28	12.00
14	Tania NEALE	39	13.39	10.40
15	Ros DYER	53	13.40	11.15

** Winner - Paul Moritz

22.2 SECONDS N.O.S.P.**Heat 1:**

1	Kevin McLAUHLAN	73	19.3
2	Lyn BATCHELOR	68	20.0
3	Ros DYER	53	20.6
4	Tania NEALE	39	21.5
5	Andrew FRASER	75	24.5
6	Allan WOOD	80	25.1

Heat 2:

1	Tony DELL	54	19.9
2	Robert STAGG	50	20.1
3	Cec McKEOWN	77	20.4
4	Jess DUX	32	20.7
5	Dennis ASPINALL	70	21.2
6	Grant MURFETT	50	21.5
7	Peter SCHROETER **	34	22.0

** Winner - Peter Schroeter

10/20/30 MINUTES TIME TRIAL

		Laps	Metres
David BATCHELOR(Walk)	80	2	

10 mins:

Tony DELL (Run)	54	5	250
Cec McKEOWN(Run/Walk)	77	3	140
Kevin McLAUHLAN(Walk)	73	2	140

20 mins:

Peter SCHROETER (Run)	34	9	100
Paul MORITZ (Walk)	58	7	200

30 mins:

Alison THOMPSON (Run)	64	13	175
Tania NEALE (Run)	39	12	280
Ros DYER (Run)	53	12	250
Lyn BATCHELOR (Run)	68	10	300

800 METRE RUN

1	Peter SCHROETER	34	3.01
2	Grant MURFETT	50	3.10
3	Tony DELL	54	3.20
4	Robert STAGG	50	3.26
5	Jess DUX	32	3.48
6	Tania NEALE	39	3.58
7	Ros DYER	53	4.09
8	Cec McKEOWN	77	4.18

CROYDON 1 AUGUST 2017 cont.**250 METRE SPRINT**

1	Jess DUX	32	39.1
2	Grant MURFETT	50	39.4
3	Peter SCHROETER	34	40.5
4	Robert STAGG	50	44.3
5	Dennis ASPINALL	70	46.3
6	Tony DELL	54	51.2
7	Cec McKEOWN	77	55.0
8	Allan WOOD	80	59.3
9	Lyn BATCHELOR	68	73.8

CROYDON 8 AUGUST 2017**1500 METRE HANDICAP WALK**

		Clock	Actual
1	Ros DYER	53	12.28
2	Paul MORITZ	58	12.49
3	Phyllis GOSBELL	79	13.15
4	Kevin McLAUHLAN	73	13.39
5	Grant WATSON	69	13.40
6	Allan WOOD	80	14.48
7	Ron SMITH	68	15.50

70 METRE SPRINT

1	Cec McKEOWN	77	12.3
2	Andrew FRASER	75	12.6
3	Allan WOOD	80	13.5
4	Ron SMITH	68	14.2
5	Ros DYER	53	14.5
6	Colin WILLIAMS	68	16.5
7	Kevin McLAUHLAN	73	18.8

1200 METRE RUN

1	Colin WILLIAMS	68	5.57
2	Ros DYER	53	6.25
3	Cec McKEOWN	77	6.33
4	Grant WATSON	69	9.23

200 METRE SPRINT

1	Andrew FRASER	75	36.8
2	Cec McKEOWN	77	39.5
3	Allan WOOD	80	42.3
4	Colin WILLIAMS	68	46.4
5	Ron SMITH	68	53.1
6	Kevin McLAUHLAN	73	59.0
7	Grant WATSON	69	72.9

1 KM WALK

1	Cec McKEOWN	77	9.59
2	Kevin McLAUHLAN	73	9.59

3 KM RUN

1	Tania NEALE	39	17.28
2	Ros DYER	53	17.35

CROYDON 15 AUGUST 2017**800 METRE WALK**

1	Carolyn ROSENBROCK	55	4.31
2	Alison THOMPSON	64	4.48
3	Paul MORITZ	58	5.00
4	Andrew EGGINTON	55	5.56
5	Grant MURFETT	50	5.57
6	Grant WATSON	69	7.04
7	Colin WILLIAMS	68	7.05
8	Jess DUX	33	7.24
9	Allan WOOD	80	7.25

85 METRE SPRINT N.O.T.

1	Jess DUX	33	11.3
2	Grant MURFETT	50	12.1
3	Andrew EGGINTON	55	15.5
4	Andrew FRASER **	75	17.0
5	Allan WOOD	80	17.4
6	Colin WILLIAMS	68	17.8
7	Grant WATSON	69	22.3

** Winner - Andrew Fraser

1600 METRE RUN

1	Andrew EGGINTON	55	6.43
2	Grant MURFETT	50	7.22
3	Colin WILLIAMS	68	9.15
4	Ros DYER	53	9.15
5	Grant WATSON	69	12.20

400 METRE RUN

1	Grant MURFETT	50	1.10
2	Jess DUX	33	1.12
3	Andrew EGGINTON	55	1.14
4	Allan WOOD	80	1.58
5	Colin WILLIAMS	68	2.47
6	Grant WATSON	69	2.48

8 LAPS SPIRAL HANDICAP

		Clock	Actual
1	Alison THOMPSON	64	20.51
2	Ros DYER	53	21.42
3	Paul MORITZ (Walk)	58	22.42
4	Grant WATSON	69	25.14

CROYDON 22 AUGUST 2017**5 KM SEALED HANDICAP RUN**

		Clock	Adj
1	Alison THOMPSON	64	25.56
2	Jess DUX	33	28.57
3	Ros DYER	53	29.28
4	Tracey DRYDEN	42	29.59

1500 METRE HANDICAP WALK

1	Alison THOMPSON	64	11.49	8.49
2	Grant MURFETT	50	12.19	9.34
3	Jess DUX	33	12.24	10.54
4	Julie CHALLEN	59	12.35	10.50
5	Grant WATSON	69	12.53	12.23
6	Tracey DRYDEN	42	13.04	12.34
7	Barrie WICKS	77	13.53	12.53
8	Allan WOOD	80	13.56	13.11
9	Mark CHALLEN	60	14.10	13.40
10	Ron BOYNE	83	14.11	13.26
11	Kevin McLAUCHLAN	73	14.11	13.41
12	Colin WILLIAMS	68	14.13	13.28
13	Robert STAGG	50	14.14	12.29
14	Lyn BATCHELOR	68	14.24	12.54

90 METRE SPRINT**Heat 1:**

1	Allan WOOD	80	16.6
2	Tracey DRYDEN	42	18.7
3	Kevin McLAUCHLAN	73	23.7

Heat 2:

1	Jess DUX	33	12.0
2	Grant MURFETT	50	12.4
3	Robert STAGG	50	12.8
4	Dennis ASPINALL	70	13.7

1500 METRE RUN

1	Grant MURFETT	50	6.24
2	Robert STAGG	50	7.09
3	Colin WILLIAMS	68	7.15
4	Grant WATSON	69	11.46

270 METRES N.O.T.

		Clock	Nom.
1	Grant MURFETT	50	40.6
2	Jess DUX	33	42.2
3	Dennis ASPINALL **	70	45.5
4	Robert STAGG	50	48.1
5	Allan WOOD	80	62.0
6	Ros DYER	53	78.6
7	Kevin McLAUCHLAN	73	99.9
8	Grant WATSON	69	110.2

** Winner - Denis Aspinall

1/2/3 KM WALK/RUN**1 km:**

1	Colin WILLIAMS (Run)	68	5.43
2	Ron BOYNE (Run)	83	6.52
3	Julie CHALLEN (Walk)	59	7.38
4	Kevin McLAUCHLAN (Walk)	73	9.49

2 km:

1	Mark CHALLEN (Run)	60	12.28
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3 km:

1	Lyn BATCHELOR (Walk)	68	25.45
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THE THREE BRANCHES OF GOVERNMENT



JUDICIAL



LEGISLATIVE



VINDICTIVE

Hofeez.

CROYDON 29 AUGUST 2017**1200 METRE WALK**

1	Alison THOMPSON	64	7.09
2	Paul MORITZ	58	7.41
3	Grant MURFETT	50	8.48
4	Lyn BATCHELOR	68	9.25
5	Ron BOYNE	83	9.47
6	Grant WATSON	69	10.36
7	Colin WILLIAMS	68	10.37
8	Robert STAGG	50	10.40
9	Andrew EGGINTON	55	10.41
10	Allan WOOD	80	12.15
11	Kevin McLAUCHLAN	73	12.16
12	Russ DICKENSON	71	12.16
13	Ros DYER	53	
14	Tania NEALE	39	

80 METRE SPRINT**Heat 1:**

1	Colin WILLIAMS	68	16.3
2	Tania NEALE	39	16.8
3	Ros DYER	53	17.1
4	Kevin McLAUCHLAN	73	18.0
5	Lyn BATCHELOR	68	19.7
6	Grant WATSON	69	21.6

Heat 2:

1	Grant MURFETT	50	11.5
2	Robert STAGG	50	11.7
3	Andrew EGGINTON	55	15.2
4	Allan WOOD	80	15.5

1/2 MILE SELF HANDICAP RUN**DOUG ORR MEM. HEAT 1**

		Clock	Actual	
1	Robert STAGG	50	4.21	3.21
2	Colin WILLIAMS	68	4.29	3.29
3	Andrew EGGINTON	55	4.55	2.35
4	Peter SCHROETER	34	4.56	2.56
5	Grant MURFETT	50	4.57	2.47
6	Ros DYER	53	5.00	4.15
7	Tania NEALE	39	5.18	4.18
8	Grant WATSON	69	5.47	5.47

100/200/100 METRES RELAY

1	Paul MORITZ	58		
	Grant MURFETT	50		
	Colin WILLIAMS	68	64.2	
2	Ros DYER	53		
	Colin PAGE	63		
	Peter SCHROETER	34	66.9	
3	Robert STAGG	50		
	Allan WOOD	80		
	Alison THOMPSON	64	72.0	

RUN/WALK

				Laps
1	Ron BOYNE (Run)	83	5.09	2
2	Colin WILLIAMS (Run)	68	6.15	3
3	Grant MURFETT (Run)	50	7.30	4
4	Peter SCHROETER (Run)	34	7.32	4
5	Kevin McLAUCHLAN (Walk)	73	17.41	4
6	Grant WATSON (Walk)	69	17.41	4
7	Geoff ARNOTT (Run)	69	18.13	8
8	Colin PAGE (Run)	63	23.48	12
9	Paul MORITZ (Walk)	58	24.02	9
10	Alison THOMPSON (Run)	64	24.37	12
11	Ros DYER (Run)	53	26.30	11
12	Mark CHALLEN (Run)	60	26.45	12
13	Lyn BATCHELOR (Run)	68	27.51	10

DONCASTER 7 AUGUST 2017**1200 Metres**

Gary Zuccala	54	4.37.2
Peter Ling	39	5.11.4
Elizabeth Grover	53	5.17.5
David McConnell	65	5.18.0
Katrina Philip	55	5.39.7
Jeffrey Sim	55	5.50.9

120 Metres (electronic times)

Peter Ling	39	17.05
Phil Rosevear	67	17.65
Greg Champion	62	19.21
Jeffrey Sim	55	21.39

200 Metres (hand-timed)

David McConnell	65	29.4
Peter Ling	39	30.6
Phil Rosevear	67	31.4
Jeffrey Sim	55	35.3

600 Metres NOST

Katrina Philip	55	scratch	2.36.9	2.36.9
David McConnell	65	0.36	2.49.1	2.13.1

3000 Metres

Gary Zuccala	54	12.26.5
Elizabeth Grover	53	14.20.9
Katrina Philip	55	15.50.0

1000 Metres

Peter Ling	39	4.32.5
600 Metres		
Jeffrey Sim	55	2.56.0

DONCASTER 14 AUGUST 2017**1000 Metres (NOST)**

Matt Scholes	(-1.40)	4.52.24	(3.12.24)	DQ
Gary Zuccala	(-1.18)	4.56.66	(3.38.66)	winner
Jeffrey Sim	(-0.45)	4.59.65	(4.14.65)	
Peter Ling	(-1.18)	5.01.06	(3.43.06)	
Warren Hattwich	(-1.18)	5.02.63	(3.44.63)	
David McConnell	(-1.18)	5.25.81	(4.07.81)	

60 Metres

Peter Ling	39	8.68	
Ken Bruce	65	8.76	
Graham Ford	68	9.62	
Jeffrey Sim	55	10.50	
Carolyn Aughey	75	14.18	(venue record)

100 Metres

Peter Ling	39	13.64	
Warren Hattwich	44	13.74	
Ken Bruce	65	14.04	
Jeffrey Sim	55	17.24	
Carolyn Aughey	75	23.54	(venue record)

400 Metres

Matt Scholes	47	65.9
David McConnell	65	67.7
Graham Ford	68	81.7

1000 Metres

Jeffrey Sim	55	5.11.9
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3000 Metres

Gary Zuccala	54	12.30.8
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3000 Metres Walk

Frank Prowse	65	17.43.3	(venue record)
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DONCASTER 21 AUGUST 2017**100 Metres**

Peter Ling	39	13.80	
Ken Bruce	65	14.06	
Greg Champion	62	16.02	
Jeffrey Sim	55	17.96	
John Aughey	80	21.40	
Carolyn Aughey	75	23.10	(venue record)

200 Metres

Warren Hattwich	44	27.50	
Matt Scholes	47	27.96	
Peter Ling	39	28.44	
Ken Bruce	65	29.40	
David McConnell	65	30.14	
Graham Ford	68	32.82	
Elizabeth Grover	53	45.02	
Carolyn Aughey	75	48.56	(venue record)

400 Metres

Matt Scholes	47	65.5	
Jeffrey Sim	55	80.6	
Elizabeth Grover	53	1.44.2	
Katrina Philip	55	2.02.9	

800 Metres

Gary Zuccala	54	3.17.7	
Elizabeth Grover	53	3.21.7	
Jeffrey Sim	55	3.52.3	
Katrina Philip	55	3.52.8	
Frank Prowse	65	4.29.0	(walk)

1500 Metres

Gary Zuccala	55	5.43.0	
David McConnell	65	6.24.8	
Elizabeth Grover	53	7.07.3	
Katrina Philip	55	7.25.0	
Marla Trautman	44	12.09.4	

1500 Metre walk

Frank Prowse	65	8.37.3	(venue record)
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Long Jump

Peter Ling	39	5.22	(venue record)
Matt Scholes	47	4.56	
Ken Bruce	65	4.22	(venue record)
Warren Hattwich	44	4.16	
Greg Champion	62	3.55	
David McConnell	65	3.54	
Graham Ford	68	3.53	

Javelin

Warren Hattwich	44	25.16	
Matt Scholes	47	24.21	
Peter Ling	39	22.92	(venue record)
David McConnell	65	21.70	
Graham Ford	68	19.45	

Discus

David McConnell	65	26.41	
Graham Ford	68	25.67	
Warren Hattwich	44	24.93	
Ken Bruce	65	18.84	
Matt Scholes	47	18.26	
Peter Ling	39	17.80	(venue record)

DONCASTER 28 AUGUST 2017**300 Metres**

David McConnell	65	46.9	
Jeffrey Sim	55	55.1	
Elizabeth Grover	53	69.3	
Katrina Philip	55	70.3	

500 Metres

David McConnell	65	1.44.9	
Jeffrey Sim	55	2.00.2	
Elizabeth Grover	53	2.05.0	
Katrina Philip	55	2.08.1	
Marla Trautman	44	4.11.9	

1600 Metres

Elizabeth Grover	53	7.16.0	
Katrina Philip	55	7.51.5	
Frank Prowse	65	9.14.0	(venue walk record)
Marla Trautman	44	12.07.5	

EAST BURWOOD 3 AUGUST 2017**60 METRE SPRINT**

1	Louise McLEAN	52	9.1
2	Toni MATTERS	49	9.9
3	Christopher WORSNOP	59	10.3
4	Melanie BISSETT	41	10.6
5	Allan WOOD	80	12.5
6	Lloyd NICHOLS	76	20.4

600 METRE RUN

1	Paul DURRANT	56	2.03
2	Ros LORDING	45	2.07
3	Bob HENDERSON	70	2.17
4	Christopher WORSNOP	59	2.21
5	Melanie BISSETT	41	3.00

800 METRE WALK

1	Ros LORDING	45	5.05
2	Melanie BISSETT	41	5.17
3	Christopher WORSNOP	59	5.18
4	Phyllis GOSBELL	79	6.11
5	Brian TAIT	75	6.17
6	Gerald BURKE	77	6.39
7	Jack FREDRICKSON	78	6.57

110 METRE HANDICAP SPRINT

			H'cp Mtrs	
1	Allan WOOD	80	14.4	28
2	Toni MATTERS	49	14.8	18
3	Melanie BISSETT	41	15.2	22
4	Christopher WORSNOP	59	15.6	15
5	Paul DURRANT	56	15.9	Scr.
6	Ros LORDING	45	16.2	18
7	Andrew FRASER	75	17.5	22
8	Lloyd NICHOLS	76	17.5	57

300 METRE SPRINT

1	Paul DURRANT	56	56.7
2	Toni MATTERS	49	61.7
3	Andrew FRASER	75	63.5
4	Allan WOOD	80	74.4
5	Lloyd NICHOLS	76	157.0

2 KM RUN/WALK

1	Ros LORDING (Run)	45	9.08
2	Bob HENDERSON (Run)	70	9.23
3	Brian TAIT	75	9.23

4 KM SEALED HANDICAP RUN

		Clock	Adjusted	
1	Christopher WORSNOP	59	18.29	20.59
2	Annette PELGRIM	63	21.00	21.00

EAST BURWOOD 10 AUGUST 2017**60 METRE SPRINT****Heat 1:**

1	Allan WOOD	80	11.3
2	Leo COFFEY	87	11.7
3	Shirley COPPOCK	81	13.6
4	Jillian FAULKNER	41	14.6
5	Lloyd NICHOLS	76	20.5

Heat 2:

1	Jack DURRANT	20	8.0
2	Glenn McLEAN	52	8.5
3	Louise McLEAN	52	9.2
4	Toni MATTERS	49	10.0
5	Christopher WORSNOP	59	10.7
6	Andrew FRASER	75	12.2

1000 METRE RUN

1	Ros LORDING	45	3.58
2	Christopher WORSNOP	59	4.10
3	Bob HENDERSON	70	4.21
Paul DURRANT (600 Metres)	56	2.09	

800 METRE HANDICAP WALK

	Clock	Actual
1	Ros LORDING	45 6.56 4.41
2	Jack DURRANT	20 7.07 4.07
3	Allan WOOD	80 7.08 6.08
4	Leo WATSON	76 7.09 5.44
5	Brian TAIT	75 7.10 6.10
6	Christopher WORSNOP	59 7.17 5.17
7	Gordon ONLEY	82 8.25 7.20
8	Jillian FAULKNER	41 8.33 7.33
9	Liz EASTWOOD	48 9.38 7.18

100 METRE SPRINT

1	Glenn McLEAN	52	14.4
2	Louise McLEAN	52	15.7
3	Toni MATTERS	49	16.0
4	Christopher WORSNOP	59	17.2
5	Leo COFFEY	87	19.8
6	Andrew FRASER	75	20.0
7	Shirley COPPOCK	81	23.0
8	Lloyd NICHOLS	76	36.1

150 METRE SPRINT

1	Glenn McLEAN	52	22.8
2	Louise McLEAN	52	24.7
3	Toni MATTERS	49	25.0
4	Andrew FRASER	75	28.9
5	Shirley COPPOCK	81	36.0
6	Lloyd NICHOLS	76	60.0

2 KM WALK

1	Leo WATSON	76	16.07
2	Brian TAIT	75	16.09
3	Jillian FAULKNER	41	20.21

2, 4 OR 6 KM RUN**2 km:**

1	Bob HENDERSON	70	9.29
2	Michelle QUAN	47	9.51
3	Janet HOLMES	64	10.16

4 km:

1	Sam DEFANIS	69	19.45
2	Annette PELGRIM	63	20.16

6 km:

1	Gabor JAKUS	42	25.46
2	Geoff WHEELER	61	29.53
3	Christopher WORSNOP	59	31.33

EAST BURWOOD 10 AUGUST 2017 cont.**SHOT PUT**

Paul DURRANT	56	9.28
Toni MATTERS	49	8.88
Jack DURRANT	20	8.23
Allan WOOD	80	6.69
Tracey CARPENTER	50	6.36
Jillian FAULKNER	41	5.89
Andrew FRASER	75	5.85
Jack FREDRICKSON	78	5.55
Brian TAIT	75	4.88
Leo COFFEY	87	4.20

EAST BURWOOD 17 AUGUST 2017**60 METRE SPRINT**

1	Stephen DAY	47	9.9
2	Christopher WORSNOP	59	10.4
3	Andrew FRASER	75	11.2
4	Leo COFFEY	87	11.9
5	Shirley COPPOCK	81	13.0
6	Horacio DIAZ	72	13.5
7	Lloyd NICHOLS	76	21.0

880 YARDS RUN N.O.T.

	Clock	Nom.
1	Paul DURRANT	56 3.00 2.58
2	Christopher WORSNOP	59 3.22 3.18
3	Bob HENDERSON	70 3.31 3.33
4	Liz EASTWOOD **	48 3.40 3.42

** Winner - Liz Eastwood

1000 METRE WALK

1	Liz EASTWOOD	48	6.42
2	Christopher WORSNOP	59	6.45
3	Leo WATSON	76	7.24
4	Leonie GILLIES	59	7.27
5	Brian TAIT	75	7.46
6	Gerald BURKE	77	9.03

100 METRE SPRINT

1	Paul DURRANT	56	13.9
2	Stephen DAY	47	15.7
3	Christopher WORSNOP	59	17.5
4	Andrew FRASER	75	19.6
5	Leo COFFEY	87	20.6
6	Shirley COPPOCK	81	22.1
7	Horacio DIAZ	72	23.8
8	Lloyd NICHOLS	76	35.9

300 METRE RUN

1	Andrew FRASER	75	1.04
2	Shirley COPPOCK	81	1.35
3	Lloyd NICHOLS	76	2.39

2 KM WALK

Brian TAIT	75	16.13
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3 KM SPIRAL HANDICAP RUN

	Clock	Actual
1	Annette PELGRIM	63 17.16 15.21
2	Leonie GILLIES	59 17.32 17.17
3	Geoff WHEELER	61 17.40 14.20
4	Christopher WORSNOP	59 17.49 14.04
5	Janet HOLMES	64 17.53 15.38
6	Michelle QUAN	47 18.39 16.04
7	Stephen DAY	47 18.55 15.05
8	Liz EASTWOOD	48 20.32 17.32

EAST BURWOOD 24 AUGUST 2017**60 METRE SPRINT****Heat 1:**

1	Ros LORDING	45	10.2
2	Shirley COPPOCK	81	12.9
3	Horacio DIAZ	72	13.6
4	Jillian FAULKNER	41	14.9
5	Gerald BURKE	77	16.8
6	Lloyd NICHOLS	76	21.0

Heat 2:

1	Jack DURRANT	20	8.0
2	Glenn McLEAN	52	8.4
3	Fred BISSETT	34	8.8
4	Stephen DAY	47	9.2
5	Toni MATTERS	49	9.7
6	Christopher WORSNOP	59	10.9

500 METRE SPRINT

1	Paul DURRANT	56	1.30
2	Stephen DAY	47	1.39
3	Fred BISSETT	34	1.43
4	Ros LORDING	45	1.44
5	Bob HENDERSON	70	1.50
6	Christopher WORSNOP	59	2.05
7	Liz EASTWOOD	48	2.14

1200 METRE SEALED H'CAP WALK

		Clock	Adjusted	
1	Liz EASTWOOD	48	6.50	10.15
3	Fred BISSETT	34	7.33	10.53
4	Leo WATSON	76	8.35	11.05
5	Gerald BURKE	77	10.08	11.13
6	Brian TAIT	75	9.22	11.17
7	Leonie GILLIES	60	9.12	11.32
8	Jillian FAULKNER	41	11.47	11.47
9	Christopher WORSNOP	59	8.33	11.53
10	Ros LORDING	45	7.51	12.01
11	Bob LEWIS	89	12.13	12.13

110 METRE SPRINT**Heat 1 :**

1	Ros LORDING	45	19.2
2	Andrew FRASER	75	20.7
3	Shirley COPPOCK	81	24.5
4	Horacio DIAZ	72	24.8
5	Lloyd NICHOLS	76	41.0

Heat 2;

1	Jack DURRANT	20	14.4
2	Glenn McLEAN	52	15.5
3	Fred BISSETT	34	16.8
4	Stephen DAY	47	17.0
5	Christopher WORSNOP	59	19.6

2 KM WALK

1	Jillian FAULKNER	41	21.03
2	Bob LEWIS	89	21.05

2/4/6 KM RUN**2 km:**

1	Annette PELGRIM	63	9.15
2	Bob HENDERSON	70	9.21
3	Ros LORDING	45	9.43

4 km:

1	Leonie GILLIES	60	23.40
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6 km:

1	Geoff WHEELER	61	29.42
2	Christopher WORSNOP	59	30.51
3	Sam DEFANIS	69	30.53

EAST BURWOOD 24 AUGUST 2017 cont.**JAVELIN THROW**

Paul DURRANT	56	24.93
Toni MATTERS	49	24.06
Allan WOOD	80	19.96
Fred BISSETT	34	15.87
Andrew FRASER	75	14.26
Jack FREDRICKSON	78	12.41
Donna CLARKE	64	10.96
Jillian FAULKNER	41	8.56

EAST BURWOOD 31 AUGUST 2017**60 METRE SPRINT****Heat 1:**

1	Shirley COPPOCK	81	13.0
2	Horacio DIAZ	72	13.8
3	Gerald BURKE	77	14.5
4	Allan WOOD	80	14.8
5	Jillian FAULKNER	41	15.2

Heat 2:

1	Glenn McLEAN	53	
2	Toni MATTERS	49	No
3	Melanie BISSETT	41	Times
4	Andrew FRASER	75	

880 YARDS SELF HANDICAP**DOUG ORR MEMORIAL HEAT 1**

		Clock	Actual	
	Melanie BISSETT (Disq)	41	4.33	3.55
1	Bob HENDERSON	70	5.00	3.20
2	Christopher WORSNOP	59	5.09	3.27
3	Grant WATSON	69	5.16	

800 METRE HANDICAP WALK

		Clock	Actual	
1	Leo WATSON	76	8.02	5.37
2	Bob LEWIS	89	8.07	7.42
3	Gerald BURKE	77	8.15	6.45
4	Allan WOOD	80	8.17	6.12
5	Christopher WORSNOP	59	8.18	5.23
6	Phyllis GOSBELL	79	8.27	6.27
7	Grant WATSON	69	8.28	6.58
8	Jess DUX	33	8.41	5.56
9	Gordon ONLEY	82	8.46	6.56

110 METRE SPRINT**Heat 1:**

1	Janet HOLMES	64	20.6
2	Shirley COPPOCK	81	23.9
3	Allan WOOD	80	24.3
4	Lew JENKINS	72	24.8
5	Horacio DIAZ	72	26.3
6	Jillian FAULKNER	41	27.1
7	Grant WATSON	69	32.5

Heat 2:

1	Jess DUX	33	15.0
2	Glenn McLEAN	53	17.7
3	Melanie BISSETT	41	19.8
4	Donna CLARKE	64	21.2
5	Andrew FRASER	75	25.4

1 KM WALK

1	Jillian FAULKNER	41	9.05
2	Bob LEWIS	89	9.29

EAST BURWOOD 31 AUGUST 2017 cont.

300 METRE SPRINT

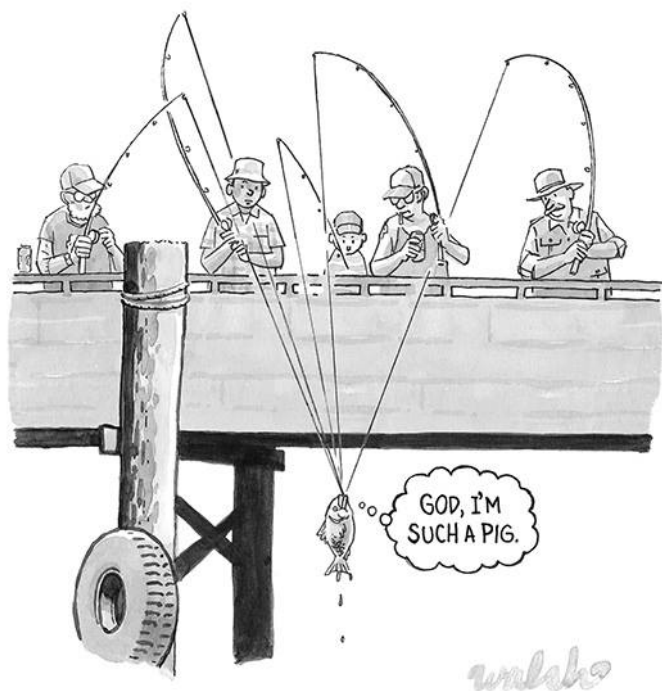
1	Jess DUX	33	47.5
2	Janet HOLMES	64	62.5
3	Melanie BISSETT	41	63.2
4	Andrew FRASER	75	65.1
5	Leo WATSON	76	No
6	Allan WOOD	80	Time
7	Shirley COPPOCK	81	86.0

3 KM HANDICAP RUN

		Clock	Actual
1	Annette PELGRIM	63	17.31
2	Bob HENDERSON	70	17.38
3	Christopher WORSNOP	59	18.03
4	Sam DEFANIS	69	18.30

SHOT PUT HANDICAP

1	Louise McLEAN	52	6.82	10.57
2	Jess DUX	33	7.40	10.35
3	Paul DURRANT	56	9.68	10.33
4	Toni MATTERS	49	8.64	10.24
5	Andrew FRASER	75	6.23	10.23
6	Allan WOOD	80	6.72	10.17
7	Donna CLARKE	64	5.72	10.12
8	Lew JENKINS	72	7.55	10.05
9	Tracey CARPENTER	51	6.30	9.85
10	Jack FREDRICKSON	78	5.19	9.64
11	Jack DURRANT	20	7.65	9.33
12	Jillian FAULKNER	41	4.77	8.87



FRANKSTON 3 AUGUST 2017

(reduced program due to wet weather)

100m

1	Chris Sheedy	49	11.64
2	Rhiannon Lester	37	12.44
3	Mike Hall	79	15.62

2000m

1	Chris Sheedy	49	9.32
2	David Dodson	58	9.52
3	Rhiannon Lester	37	12.16
4	Gary Meyer	62	12.42
5	Caitlin O'Connell	42	14.12
5	Barry Jeffs	68	14.12

2000m Walk

1	Pramesh Prasad	43	9.32
2	Lindsay Beaton	67	18.10

FRANKSTON 10 AUGUST 2017

800m Walk

1	Pramesh Prasad	43	3.42
2	Albin Hess	57	4.41
3	Barry Jeffs	68	5.33
4	John Sutton	74	7.08
5	Lindsay Beaton	67	7.11

1000m

1	Rob Taylor	48	3.38
2	Bill Carr	68	4.34
3	Charlie Mallia	68	4.57
4	Caitlin O'Connell	42	6.42

2400m Walk - Self Handicap

		Clock	ET	Diff	
1	Pramesh Prasad	43	12.07	12.20	-0.13
2	Albin Hess	57	18.23	18.00	0.23

2400m - Self Handicap

		Clock	ET	Diff	
1	Barry Jeffs	68	16.02	16.00	0.02
1	Caitlin O'Connell	42	16.02	16.00	0.02
3	Gary Meyer	62	14.41	13.10	1.31
DQ	David Dodson	58	11.50	12.20	0.30
DQ	Bill Carr	68	11.21		(4 laps only)

3200 Walk

1	Lindsay Beaton	67	29.35
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4000m

1	Rob Taylor	48	16.24
2	Charlie Mallia	68	22.31

FRANKSTON 17 AUGUST 2017

90m

1	Russ Dow	57	13.09
2	Mike Hall	79	14.95

800m Walk

1	Pramesh Prasad	43	3.58
2	Albin Hess	57	4.44
3	John Sutton	74	6.25
4	Lindsay Beaton	67	6.53

800m

1	Rob Taylor	48	2.42
2	Russ Dow	68	4.33
3	Charlie Mallia	68	3.43
4	Caitlin O'Connell	42	4.30
5	Barry Jeffs	68	4.33
6	Fran Halton	55	4.58

5 lap Walk - Age Graded

		Time	A/G %	
1	Pramesh Prasad	43	9.29	78.01%
2	Albin Hess	57	12.25	67.48%

FRANKSTON 17 AUGUST 2017 cont.**7 lap Walk**

1	Lindsay Beaton	67	25.52
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5 lap - Age Graded

		Time	A/G %	
1	David Dodson	58	9.57	58.46%
2	Gary Meyer	62	11.49	51.15%
3	Barry Jeffs	68	12.40	50.89%

7 lap

1	Rob Taylor	48	10.55
2	Russ Dow	57	11.57
3	Chris Sheedy	49	12.45
4	Charlie Mallia	68	15.15
5	Fran Halton	55	18.21
6	Caitlin O'Connell	42	18.23
	Claudio Riga	62	

FRANKSTON 24 AUGUST 2017**100m**

1	Russ Dow	57	14.53
2	Rhiannon Lester	37	14.85
3	Veronica Sheedy	Inv	15.42
4	John Steward	59	16.19

200m

1	Rhiannon Lester	37	32.27
2	Chris Sheedy	49	34.65
3	Mike Hall	79	35.83
4	Alan Radford	66	40.94

600m Walk

1	Pramesh Prasad	43	2.33
2	Albin Hess	57	3.28
3	John Sutton	74	4.42
4	Alan Radford	66	4.44
5	Lindsay Beaton	67	5.08

600m

1	Rob Taylor	48	1.45
2	Chris Sheedy	49	1.47
3	Russ Dow	57	2.10
4	John Steward	59	2.17
5	Charlie Mallia	68	2.44
6	Barry Jeffs	69	3.21
7	Frances Halton	55	3.36

2000m

1	David Dodson	58	9.47
2	Chris Sheedy	49	11.56
2	Gary Meyer	62	11.56
4	Barry Jeffs	69	12.36
5	Alan Radford	66	14.56

2000m Walk

		Clock	
1	Pramesh Prasad	43	9.41
2	Albin Hess	57	12.57

3200 Walk

1	John Steward	59	20.34
2	Peter Ellis	65	26.04
3	John Sutton	74	27.12
4	Lindsay Beaton	67	30.38

3600m

1	Rob Taylor	48	14.06
2	Russ Dow	57	15.28
3	Charlie Mallia	68	19.56
4	Frances Halton	55	21.24
5	Caitlin O'Connell	42	23.07

FRANKSTON 31 AUGUST 2017**100m****Heat 1**

1	Chris Sheedy	49	13.78
2	Russ Dow	57	14.63
3	Veronica Sheedy	Inv	15.60
4	Henry Sheedy	Inv	22.41

Heat 2

1	Rhiannon Lester	37	14.45
2	Bill Carr	68	15.10
3	Mike Hall	79	16.92

300m

1	Chris Sheedy	49	45.61
2	Bill Carr	68	51.30
3	Alan Radford	66	65.62

800m Walk

1	Albin Hess	57	4.31
2	Pramesh Prasad	43	4.35
3	Alan Radford	66	6.35
4	John Hallo	75	6.37
5	Lindsay Beaton	67	6.43

1200m

1	Russ Dow	57	4.41
2	Barry Jeffs	69	6.51
3	Caitlin O'Connell	42	6.55

8 lap maximum Spiral - Run and Walk

			Laps	Run/Walk	
1	Russ Dow	57	14.21	8	Run
2	Claudio Riga	62	15.55	7	Run
3	David Dodson	58	15.56	7	Run
4	Gary Meyer	62	15.04	6	Run
5	Nonie Chan	32	15.05	6	Run
6	Caitlin O'Connell	42	16.33	6	Run
7	Barry Jeffs	69	16.42	6	Run
1	Pramesh Prasad	43	15.40	7	Walk
2	Albin Hess	57	15.00	6	Walk
3	John Hallo	75	14.26	4	Walk
4	Alan Radford	66	15.25	4	Walk

8 lap Spiral Walk

Lindsay Beaton	67	32.05	8	Walk
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GEELONG 2 AUGUST 2017**400m**

Nicholas MacDonald	01:03
Daimon Mole	01:09
Gerry Fitzpatrick	01:31
Andrew Fitzpatrick	01:33
Cate Shay	01:36
Fredrerica Barnett	02:03
Peta Hocking	02:16
Marie Blood	02:22

2800m

Grant Simpson	09:34
Phil Shay	10:34
Charlie El-Hage	10:34
Stephane Vander Bruggen	10:45
Nicholas MacDonald	11:15
Alyssa Jones	11:19
Sharon Pedersen	11:46
Alan Jenkins	12:49
Peter Lamb	13:02
Daryl Hurst	13:07
Trevor Grenfell	13:21
Kath Oliver	15:16
Levina NcNally	14:25
Gerry Fitzpatrick	14:32
Frank Engelsman	14:36
Cate Shay	15:21
Fredrerica Barnett	17:18
Peta Hocking	18:02

1500m

Nicholas MacDonald	05:35
Phil Shay	05:36
Alyssa Jones	05:49
Alan Jenkins	07:00
Gerry Fitzpatrick	07:09
Daryl Hurst	07:12
Andrew Fitzpatrick	07:33
Frank Engelsman	07:37
Cate Shay	08:07
Fredrerica Barnett	09:08
Peta Hocking	09:44

GEELONG 9 AUGUST 2017**300m -****Heat 1**

Rhys Hamill-Beach	39.95
Nicholas MacDonald	44.55
Tim Murphy	44.84
Cheryl DeBeen	01:21
Peta Hocking	01:35

Heat 2

Andrew Fitzpatrick	01:01
Gerry Fitzpatrick	01:04
Cate Shay	01:17
Frederica Barnett	01:26

2000m

Andrew McNally	07:23
Ivan Graljuk	07:25
Stephane Vander Bruggen	07:25
Dave Elward	07:26
Peter Lamb	06:41
David Harbison	08:36
Tim Murphy	09:12

GEELONG 9 AUGUST 2017 cont.

Gerry Fitzpatrick	10:02
Cate Shay	10:04
Levina NcNally	10:04
Cate Shay	11:21
Cheryl DeBeen	11:46
Fiona Fitzpatrick	11:47
Andrew Fitzpatrick	11:49
Frederica Barnett	12:08
Peta Hocking	13:11

4000m

Phil Shay	15:27
Nicholas MacDonald	17:08
Jeff Walker	19:02
Daryl Hurst	19:06
Frank Engelsman	20:53

800m

Rhys Hamill-Beach	02:15
Tim Murphy	02:43
Nicholas MacDonald	02:58
Phil Shay	03:01
Alan Jenkins	03:18
Jeff Walker	03:28
Daryl Hurst	03:33
Gerry Fitzpatrick	03:41
Kath Oliver	03:43
Frank Engelsman	04:06
Cate Shay	04:11
Cheryl DeBeen	04:24
Frederica Barnett	04:37

GEELONG 16 AUGUST 2017**200m**

Nicholas MacDonald	29.68
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3200m

Grant Simpson	11:09
Charlie El-Hage	12:27
Nicholas MacDonald	13:26
Sharon Pedersen	14:08
Jeff Walker	14:53
Daryl Hurst	15:09
Paul Austin	17:08
Andrew Fitzpatrick	17:50
Gerry Fitzpatrick	17:52
Fiona Fitzpatrick	20:21

2000m

Peter Lamb	07:30
Jill Coyte	12:45

1600m

Nicholas MacDonald	06:24
Alan Jenkins	07:06
Jeff Walker	07:20
Daryl Hurst	07:22
Gerry Fitzpatrick	07:31
Paul Austin	08:26

GEELONG 23 AUGUST 2017**100m**

Nicholas MacDonald	13.22
Tim Murphy	13.89

GEELONG 23 AUGUST 2017 cont.**3000m**

Dan Wright	10:20
Charlie El-Hage	11:48
Robbie Parsons	13:27
Cheryl DeBeen	15:47

5000m

Grant Simpson	17:30
Tim Murphy	21:24
Nicholas MacDonald	21:40
Jeff Walker	23:45
Daryl Hurst	24:12
Frank Engelsman	26:29

800m

Alex Hamilton-Jones	02:25
Dan Wright	02:29
Tim Murphy	02:43
Nicholas MacDonald	03:04
Alan Jenkins	03:12
Jeff Walker	03:35
Frank Engelsman	04:00

GEELONG 30 AUGUST 2017**400m**

Peter Lamb	01:06
Daimon Mole	01:07
David Mitchell	01:08
Nicholas MacDonald	01:11
Andrew Fitzpatrick	01:26
Gerry Fitzpatrick	01:31
Peta Hocking	02:09
Marie Blood	02:12

2400m

Charlie El-Hage	08:53
Phil Shay	08:54
Tony McRae	09:06
Alyssa Jones	09:09
Nicholas MacDonald	09:36
Sharon Pedersen	09:39
Alan Jenkins	10:11
Montana Jones	10:15
Jeff Walker	10:40
Trevor Grenfell	11:09
Daryl Hurst	11:09
Frank Engelsman	12:31
Peta Hocking	15:24
Marie Blood	16:42

1500m

Alex Hamilton-Jones	05:00
Tony McRae	05:28
Phil Shay	05:34
Sharon Pedersen	05:34
Alyssa Jones	05:38
Nicholas MacDonald	06:12
Jeff Walker	06:35
Daryl Hurst	06:36
Gerry Fitzpatrick	06:52
Daimon Mole	06:55
Trevor Grenfell	07:15
Andrew Fitzpatrick	07:36
Frank Engelsman	07:45
Peta Hocking	09:27

GLEN EIRA 1 AUGUST 2017**60 MTRS E/T**

		CLOCK	EST	DIFF
BOB WISHART	75	9.01	9.1	9
JIM ROUNTREE	58	9.39	9	9.00
ALAN RADFORD	66	10.95	11	0.10
JIM McLURE	71	10.42	10	0.12
JUNE TREWEEK	56	9.52	9	0.17
GLAD WISHART	73	11.41	13	1.09
JIM SINCLAIR	93	14.48	13	1.23
CHRIS BROWN	61	9.22	0	0.00

3KM S.MIDDLETON WALK**SEALED H/CAP**

		Clock	H/c	H/cTime
BARRY JEFFS	68	21.45	3.00	24.45
DES MIDDLETON	70	20.15	6.00	26.15
DOMENICO MORINA	78	25.54	0.24	26.18
GREG HUGHES	58	19.53	6.54	26.47
TONY DORAN	65	21.00	6.13	27.13
SANDRA MIDDLETON	68	21.11	6.10	27.21
MARK CANT	55	19.01	8.20	27.21
CYNTHIA ELLERY	68	24.54	2.42	27.36
ALAN RADFORD	66	24.54	3.17	28.11

500 MTRS E/T

		Clock	Est	Diff
BILL CARR	68	1.41.2	1.41	0.20
GRAHAM STOCKDALE	75	1.58.7	2.00	1.30
GREG HUGHES	58	1.46.6	1.51	4.40
ALAN RADFORD	66	2.12.8	2.20	7.20
DOUG ADENEY	73	1.59.8	2.10	10.20

RAY KEMP 5KM SEALED H/C RUN

		Clock	H/c	H/cap
STEVE STRELECKY	67	26.11	1.00	27.11
CHRIS BROWN	61	24.49	2.40	27.29
JOHN ZELEZNIKOW	67	45.36	+17.30	28.06

70 MTRS E/T

		Clock	E/T	Diff
BOB WISHART	75	10.57	10.75	0.18
VIVIENNE CASH	65	11.54	11.10	0.44
GLAD WISHART	73	13.76	13.23	0.56

H/c

200 MTRS SLD H/C

		Clock	H/C	Time
JUNE TREWEEK	56	33.21	15	48.21
JIM McLURE	71	34.31	14	48.31
GLAD WISHART	72	45.65	4	49.65
JIM ROUNTREE	58	31.21	19	50.21
BOB WISHART	75	45.65	20	50.43
ALAN RADFORD	66	39.60	14	53.60
BILL CARR	68	37.33	19	56.33

GLEN EIRA 8 AUGUST 2017**WALK - SPIRAL, 5 LAPS****START LANE 2**

		Clock
TERRY O'NEILL	61	12.57
MARK CANT	55	13.25
KARYN O'NEILL	62	14.04
TONY DORAN	65	15.53
BARRY JEFFS	68	16.03
GREG HUGHES	58	16.16
CYNTHIA ELLERY	68	17.26
DOMENICO MORINA	79	19.13
PETER McGRATH	77	19.58

70 MTRS E/T

		Clock	E/T	Diff
BOB WISHART	75	10.57	10.75	0.18
VIVIENNE CASH	65	11.54	11.10	0.44
GLAD WISHART	73	13.76	13.23	0.56

GLEN EIRA 8 AUGUST 2017 cont.**RAY O'CONNOR 800 MTRS**

			H/c	H/c
SLD H/C - WK 1		Clock	Secs	Time
BILL CARR	68	3.10	80	4.30
MARK CANT	55	3.01	90	4.31
GREG HUGHES	58	3.12.8	83	4.35.8
TERRY O'NEILL	61	3.06.8	90	4.41.8
JIM McLURE	71	3.25.2	80	4.45.2
JANET HOLMES	64	3.30.1	80	4.50.1
CHRIS BROWN	61	3.25.5	85	4.50.5
JIM ROUNTREE	58	3.17.7	95	4.52.7

150 MTRS S.H/C

		Clock	H/c	H/c
				Time

BOB WISHART	75	21.86	34.86	13
VIVIENNE CASH	65	24.96	34.96	10
JIM ROUNTREE	58	23.84	35.84	12
BILL CARR	68	24.06	36.05	12
GLAD WISHART	73	32.32	36.32	4
CHRIS BROWN	61	23.46	36.46	13

4KM E/T RUN

		Est	Clock	Diff
JOHN ZELEZNIKOW	57	38.00	37.50	0.10
CHRIS GRAFEN	53	17.00	16.37	0.23
STEVE STRELECKY	66	18.40	19.54	1.14
EWEN WILSON	64	15.40	17.24	1.44
PHIL URQUHART	72	23.00	25.25	2.25

GLEN EIRA 15 AUGUST 2017 cont.**EST DIST. LAPS & MTRS RUN**

19 MINS		Actual	Est	Diff
MIKE CLAPPER	65	9.156	9.150	6.00
ASHLEY PAGE	76	9.010	9.065	9.50
JOHN ZELEZNIKOW	67	5.330	5.340	10
JO COCKWILL	64	8.020	8.050	30
EWEN WILSON	64	11.320	11.300	20
SYD BONE	60	10.050	9.371	80
PHIL URQUHART	72	7.355	7.500	155
CHRIS GRAFEN	53	11.025	11.00	25
BARRY JEFFS	68	6.360	7.050	90

GLEN EIRA 22 AUGUST 2017**R.O'CONNOR 800 MTR H/C**

WEEK3		Clock	H/c	Actual
TERRY O'NEILL	61	3.04.6	37	2.27.6
GRAHAM STOCKDALE	75	3.17.5	40	2.37.5
BILL CARR	68	3.09.1	27	2.42.1
JIM ROUNTREE	58	3.07.1	25	2.42.1
MIKE CLAPPER	65	2.43.3	0	2.43.3
MARK CANT	55	2.57.6	12	2.45.6
JANET HOLMES	64	3.30.8	42	2.48.8
GREG HUGHES	58	3.34.9	27	3.07.9
LIZ EASTWOOD	48	3.29.2	0.00	3.29.2

4KM E/T RUN

		Clock	Est	Diff
EWEN WILSON		15.45	15.45	0
JOHN ZELEZNIKOW		37.00	37.00	0
JO COCKWILL		23.14	23.50	36
BARRY JEFFS		26.54	27.30	36
ASHLEY PAGE		20.25	21.21	56
KAREN MONOHAN		26.15	27.20	65
PHIL URQUHART		23.39	25.20	1.41
GERRY O'DONNELL		22.25	27.30	5.05
LIZ EASTWOOD		11.03		

150 MTRS E/T

		Clock	Est	Diff
GLAD WISHART	73	32.99	33.00	0.01
JIM ROUNTREE	58	23.79	23.60	0.19
BOB WISHART	75	21.99	21.75	0.24
BILL CARR	68	24.10	23.80	0.30
JIM McLURE	71	25.8	26.25	0.47
VIVIENNE CASH	65	24.6	25.10	0.50
JUNE TREWEEK	56	24.4	25.00	0.65

3KM E/T WALK

		Clock	Est	Diff
TERRY O'NEILL	61	18.03	18.10	0.07
KARYN O'NEILL	62	19.53	20.15	0.22
TONY DORAN	65	22.47	22.10	0.37
CYNTHIA ELLERY	68	24.54	23.52	0.62
PETER McGRATH (1500 M)	77	13.46	14.00	0.14

60 METRES E/T

		Clock	Est	Diff
VIVIENNE CASH	65	9.91	10.05	14
BOB WISHART	75	8.88	9.07	19
JUNE TREWEEK	56	9.59	10.00	41
BILL CARR	68	11.59	12.00	41
EWEN WILSON	64	10.13	9.50	63
GLAD WISHART	73	12.09	13.50	1.41

GLEN EIRA 15 AUGUST 2017**R.O'CONNOR 800 MTR H/C**

- WEEK 2		Clock	H/c	Actual
CHRIS GRAFEN	53	3.12.0	20	2.52.0
MIKE CLAPPER	65	3.15.5	30	2.45.5
MARK CANT	55	3.17.1	20	2.57.1
JIM McLURE	71	3.18.8	GO	3.18.8
BILL CARR	68	3.24.6	10	3.14.6
JANET HOLMES	64	3.25.9	GO	3.25.9
JIM ROUNTREE	58	3.26.3	15	3.11.3
GREG HUGHES	58	3.27.6	15	3.12.6
GRAHAM STOCKDALE	75	3.35.5	10	3.25.5
CHRIS BROWN	61	3.42.8	15	3.27.8
TERRY O'NEILL	61	3.52.8	15	3.37.8
BARRY JEFFS	68	5.00	GO	5.00

WALK - 2 KM E/T

		Clock	Est	Diff
TERRY O'NEILL	61	12.03	12.00	3
DOMENICO MORINA	79	17.23	17.100	13
KARYN O'NEILL	62	13.40	13.20	20
GREG HUGHES	58	15.06	14.45	21
MARK CANT	55	13.12	12.44	28
JIM BERRINGTON	61	13.100	12.300	40
TONY DORAN	65	13.52	14.380	46

100 MTR H/C

		Clock	H/c
EWEN WILSON	64	13.32	15
BOB WISHART	75	13.52	Scr
GLAD WISHART	73	13.75	27

200 MTRS H/C

		Clock	H/c	Actual
BOB WISHART	75	30.62	1.0	29,62
JIM ROUNTREE	58	30.84	1.0	29.84
BILL CARR	68	30.85	GO	30.85

GLEN EIRA 29 AUGUST 2017**R.O'CONNOR 800 MTR H/C**

		Clock	Secs	Actual
FINAL				
CHRIS BROWN	61	3.54.5	35	3.19.5
MIKE CLAPPER	65	3.55.9	76	2.39.9
JIM ROUNTREE	58	3.57.3	54	3.03.3
JANET HOLMES	64	3.58.6	32	3.26.6
BILL CARR	68	4.02.0	52	3.10.0
GRAHAM STOCKDALE	75	4.07.2	45	3.22.2
BARRY JEFFS	69	4.27.9	GO	4.27.9

3KM WALK

		Clock		
JIM BERRINGTON	61	19.49		
TONY DORAN	65	23.25		
CYNTHIA ELLERY	68	24.52		
DOMENICO MORINA	78	26.45		
PETER McGRATH (1500 M)	77	14.05		
KARYN O'NEILL(6KM)	62	41.19		

80 METRES E/T

		Clock	Est	Diff
BOB WISHART	75	12.28	12.30	2
JIM McLURE	71	13.31	13.45	14
ALAN RADFORD	66	14.86	14.50	36
GLAD WISHART	73	15.06	16.00	94
ELLIE (New)	47	12.53	17.00	4.07

3KM E/T RUN

		Clock	Est	Diff
SYD BONE	60	13.58	14.00	0.02
CHRIS BROWN	61	14.47	15.00	0.13
KAREN MONOHAN	51	19.06	19.20	0.14
PHIL URQUHART	73	17.44	16.15	1.29
BARRY JEFFS	69	18.30	19.00	0.30
JOHN ZELEZNIKOW	67	29.30	30.00	0.30
ASHLEY PAGE	76	15.09	15.45	0.36
GERRY O'DONNELL	63	15.42	16.30	0.48
JO COCKWILL	64	17.02	17.20	

300 MTRS E/T

		Clock	Est	Diff
BOB WISHART	75	51.15	50.10	1.05
JIM McLURE	71	56.44	58.50	1.61
ALAN RADFORD	66	106.15	69.00	37.15

KNOX 2 AUGUST 2017**800m walk hcp**

Glenn Claiden	63	6.53
Jack Durrant	20	7.14
AlaKay Miller	inv	7.16
Peter LeGet	83	7.47
Andrea Putting	54	7.54
Paul Twining	67	7.55
Graeme Leticq	62	8.03
Anne McPherson	60	8.54
David Wear	70	8.25
Ian Uren	66	8.26
Pauline Paine	39	8.14
Peter Thorne	69	8.3
Matt Morris	51	9.08
Bob Henderson	70	8.15
Chas McRae	84	8.26
Shane Grund	35	8.43

60m

Jack Durrant	19	7.87
Paul Durrant	56	8.57
AlaKay Miller	inv	8.87
Geoff Whitehall	68	9.47
Peter Thorne	69	11.43
Andrea Putting	54	11.92

1500m

Shane Grund	35	5.08
Matt Morris	51	5.26
Peter Dodgshun	65	6.37
Bob Henderson	70	6.42
Ian Uren	66	7.36
Michelle Quan	48	7.28

110m hcp

Andrea Putting	54	13.82
Jack Durrant	20	14.14
Geoff Whitehall	68	14.67
Paul Durrant	56	14.96

Distance time trial**10min**

Bob Henderson	70	2030
Michelle Quan	48	1980

15min

Peter Dodgshun	65	3200
Stephen Richards	56	2850
Glenn Claiden	63	2811
Anne McPherson	60	2650
Pauline Paine	39	2450
Paul Durrant	56	1800

25min

Shane Grund	35	7200
Graeme Leticq	62	5580
Paul Twining	67	5200
Ian Uren	66	5050
David Wear	70	4630
Peter Thorne	69	4300
Sarah Thorne	37	4100

30min

Matt Morris	52	7200
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Senior Texting Code:**ATD: At The Doctors****BFF: Best Friend Fell****BTW: Bring the Wheelchair****BYOT: Bring Your Own Teeth****CBM: Covered By Medicare****DWI: Driving While Incontinent****FWIW: Forgot Where I Was****GGPBL: Gotta Go Pacemaker Battery Low****GHA: Got Heartburn Again****IMHO: Is My Hearing-Aid On****LMDO: Laughing My Dentures Out****NMDFTHCS: Need My Diapers From TotalHomeCareSupplies****OMMR: On My Massage Recliner****OMSG: Oh My! Sorry, Gas****ROFLACGU: Rolling On the Floor Laughing And Can't Get Up****TTYL: Talk To You Louder**

KNOX 9 AUGUST 2017**Discus**

Jack Durrant	20	22.66
Paul Durrant	56	22.35
Tracey Carpenter	50	13.14
Andrea Putting	54	12.37

800m walk

Glenn Berry	46	7.37
Jack Durrant	20	7.37
Bob Henderson	70	7.38
Ian Uren	66	7.52
Peter Thorne	69	7.54
Andrea Putting	54	7.57
Maggie Hawkes	61	7.59
Pauline Paine	39	7.59
Anne McPherson	60	8
Glenn Claiden	63	8.01
Paul Twining	67	8.02
Peter LeGet	83	8.04
Matt Morris	51	8.06

60m

Jack Durrant	20	8.03
Paul Durrant	56	8.44
Geoff Whitehall	68	8.76
Andrea Putting	54	11.37

400m handicap

Ryan Clark	41	1.14
David Wear	71	1.27
Geoff Whitehall	68	1.13
Paul Durrant	56	1.06
Michelle Quan	48	1.28
Brian Mee	79	1.39
Matt Morris	51	1.18

800m

Matt Morris	51	2.34
Ryan Clark	41	3.08
Bob Henderson	70	3.28
Nicola Van Reenan	45	3.44
Peter Thorne	69	4.01
Sarah Thorne	37	4.06
Michelle Quan	48	4.16

Distance**2k**

Bob Henderson	70	9.53
Anne McPherson	60	10.54
David Wear	71	10.54
Glenn Claiden	63	11.04
Brian Mee	79	11.26

4k

Matt Morris	51	16.37
Ryan Clark	41	20.59
Michelle Quan	48	20.59
Sarah Thorne	37	22.04
Peter Thorne	69	22.09
Pauline Paine	39	24.14

6k

Graeme Leticq	62	26.37
Tim Loveday	52	31.29
Nicola Van Reenan	45	33.02
Ian Uren	66	33.54
Paul Twining	67	33.54
Helen Stanley	61	35.54

KNOX 16 AUGUST 2017**800m**

Mel Bissett winner	41	5.01
Chris Worsnop	59	5.1
Jack Videcky	inv	5.58
Sue Stopar	68	6.09
Tom Roleff	inv	6.31
Maddie Videcky	inv	6.59
Georgia Stewart	inv	6.59
Aaron Anderson	inv	7
Jack Durrant	20	7.11
Tania Stewart	inv	7.17
Shelley Videcky	inv	7.17
Paul Twining	67	7.35
Anne McPherson	61	7.46
Mick Carr	64	7.47
Glenn Claiden winner	61	7.51
Bob Henderson	70	7.53
Emily Stewart	inv	7.55
Shirley Stewart	inv	7.56
Andrea Putting	54	8
Maggie Hawkes	61	8.01
Gary Stoppar	70	8.01
Paul Connor	54	8.03
Shane Grund	35	8.18
Matt Morris	51	8.2
Pauline Paine	39	8.22
Mark Stewart	inv	8.23
David Cheling	inv	8.24
Ros Dyer	53	8.32
David Wear	71	8.33
Chas McRae	84	8.48
Peter LeGet	83	8.49
Donna Clarke	64	8.59
Toscha Stopar	47	9.01
Peter Thorne	69	9.02

100m**Heat 1**

Aaron Anderson	inv	13.56
Jack Videcky	inv	14.82
Maddy Videcky	inv	15.3
Mel Bissett	41	16.65
Emily Stewart	inv	17.06
Andrea Putting	54	18.84
Mark Stewart	inv	20.3

Heat 2

Jack Durrant	20	12.24
Tom Roleff	inv	13.12
Paul Durrant	56	13.55
Geoff Whitehall	68	14.63
David Cheling	inv	15.19
Chris Worsnop	59	17.16

KNOX 16 AUGUST 2017 cont.**1000m**

Shane Grund	35	2.55
Matt Morris	51	3.37
Paul Connor	54	3.38
Aaron Anderson	inv	3.53
Tom Roleff	inv	3.54
Jack Videcky	inv	3.55
Bob Henderson	70	4.12
Chris Worsnop	59	4.15
Geoff Whitehall	68	4.38
Paul Twining	67	4.46
Stephen Richards	56	4.51
Brian Mee	78	4.53
Maddie Stewart	inv	5.02
Anne McPherson	61	5.07
Mark Stewart	inv	5.12
Tany Stewart	inv	5.14
Ros Dyer	53	5.22
Shelley Videcki	inv	5.47

KNOX 23 AUGUST 2017**800m walk**

Maggie Hawkes	61	7.36
Glenn Claiden	63	7.37
Paul Twining	67	8.18
Bob Henderson	70	8.2
Chas McRae	84	8.31
Shane Grund	35	8.34
Matt Morris	51	8.35

60m

Paul Durrant	56	8.73
David Chung	49	9.72

800m

David Chung	49	3
Bob Henderson	70	3.18
Glenn Claiden	63	4.05
Michell Quan	48	4.5
Paul Twining	67	4.52

1600m

Shane Grund	35	4.44
Matt Morris	51	6.14
Helen Stanley	61	6.59

500m NOT

Paul Durrant	winner	56	1.3
David Chung		49	2.1

Distance**2k**

Helen Stanley	61	8.52
Bob Henderson	70	9.54
Glenn Claiden	63	10.54
Peter Thorne	69	11.31
Michelle Quan	48	11.54
Maggie Hawkes	61	17.01

4k

Paul Twining	67	21.58
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6k

Shane Grund	35	20.57
Matt Morris	51	24.28

KNOX 30 AUGUST 2017**Javelin**

Jack Durrant	20	25.71
Paul Durrant	56	21.69
Danielle Grund	35	14.17
Donna Clarke	64	12.22

2 by 600m relay walk

Matt Morris	51	8.52
Maggie Hawkes	61	
Paul Twining	67	9.32
Peter Thorne	69	
Bob Henderson	70	9.42
Peter LeGet	83	
Glenn Claiden	63	11.02
Pauline Paine	39	
Ian Uren	66	11.03
David Wear	71	12.1
Maggie Hawkes	61	

70m

Geoff Whitehall	68	10.4
Donna Clarke	64	12.8

110m hcp

Pauline Paine	39	13.74
Geoff Whitehall	68	14.03
Stephen Richards	56	14.93
Peter Thorne	69	15.23
Danielle Grund	35	16.23
Donna Clark	64	16.92

800m

Shane Grund	35	2.14
Mike Bieleny	54	2.24
Matt Morris	51	2.34
Bob Henderson	70	3.17
Geoff Whitehall	68	3.25
Stephen Richards	56	3.43
Glenn Claiden	63	3.51
Danielle Grund	35	3.55
Peter thorne	69	3.56
Pauline Paine	39	3.57

5k hcp

Ian Uren	1st	66	24.4
Pater Thorne	2nd	69	27.14
Paul Twining	3rd	67	20.37
John Graham		67	20.19
Matt Morris		51	19.54
David Wear		71	25.36
Mike Bieleny		54	18.24
Stephen Richards		56	27.09
Shane Grund		35	16.55

3k

Bob Henderson	70	14.29
Glenn Claiden	63	15.58
Maggie Hawkes	61	21.42

MENTONE 2 AUGUST 2017

800m Walk E.T.			Clock	Diff.
1	Frank Prowse	65	4.59	-0.01
2	Ian Beaumont	81	7.09	0.09
3	Pam Mews	82	7.08	-0.12
4	Bev Hugo	77	6.40	0.15
5	Ralph Bennett	75	4.37	-0.18
6	Marg Beaumont	79	7.04	0.21

300m E.T.			Clock	Diff.
1	Joegen Zhao	Inv.	55.29	0.29
2	Bob Wishart	75	49.78	-1.22
3	Glad Wishart	73	76.67	9.67

600m E.T.			Clock	Diff.
1	Avril Britter	58	2.47	3.50
2	Sandra Wynne	66	2.46	-5.00
3	Greg Hughes	58	2.14	10.00
4	Joegen Zhao	Inv.	2.21	31.00

70m E.T.			Clock	Diff.
1	Avril Britter	58	13.10	-0.05
2	Bob Wishart	75	11.71	-0.19
3	Glad Wishart	73	13.87	0.37
4	Sandra Wynne	66	13.23	0.38

4 Laps Road (3.336 km)			Clock	Diff.
1	Sandra Wynne	66	18.20	-0.05
2	David Dodson	58	17.04	-0.06
3	Avril Britter	58	18.31	-0.30
4	Col Waring	71	16.44	-0.44

1 Mile / 2 Miles E.T. Walk

1 Mile			Clock	Diff.
1	Ian Beaumont	81	14.46	0.01
2	Glennis McPherson	70	11.47	-0.03
3	Marg Beaumont	79	14.42	-0.05
4	Bev Hugo	77	13.25	0.10
5	Greg Hughes	58	11.23	0.17
6	Ian Cassell	64	12.53	0.33

2 Miles			Clock	Diff.
1	Frank Prowse	65	19.16	-0.14
2	Ralph Bennett	75	19.20	0.32

110m E.T.			Clock	Diff.
1	Avril Britter	58	20.68	0.02 @
2	Bob Wishart	75	17.83	-0.17
3	Sandra Wynne	66	20.26	-0.49
4	Glad Wishart	73	21.82	-1.28

MENTONE 9 AUGUST 2017

500m Walk E.T.			Clock	Diff.
1	Bev Hugo	77	3.56	-0.02
2	Ralph Bennett	75	3.06	0.06
3	Ian Beaumont	81	4.32	0.09
4	Marg Beaumont	79	4.28	0.15
5	Sylvia Machin	76	3.57	-0.48

800m Self H/cap			Clock	Actual
1	David Dodson	58	6.26	3.31
2	Ashley Page	76	6.29	3.45
3	Sandra Wynne	66	6.31	3.51
4=	John Zeleznikow	67	6.32	6.32
4=	Greg Hughes	58	6.32	3.17
6	Avril Britter	58	6.46	3.59

MENTONE 9 AUGUST 2017 cont.

200m E.T.			Clock	Diff.
1	Bob Wishart	75	31.67	0.67
2	Vivienne Cash	65	34.81	1.11
3	Sandra Wynne	66	39.82	-1.78
4	Glad Wishart	73	47.51	3.31
5	Avril Britter	58	40.66	4.63

2 Km Self H/cap			Clock	Actual
1	David Dodson	58	16.34	9.47
2	John Zeleznikow	67	16.37	16.37
3	Ashley Page	76	16.43	10.16
4	Sandra Wynne	66	17.09	11.06
5	Avril Britter	58	17.31	11.31
6	Joegen Zhao	Inv.	19.02	11.25

1500m Walk E.T.			Clock	Diff.
1	Geoff Barrow	68	10.33	0.03
2	Ian Beaumont	81	14.13	0.13
3	Ian Cassell	64	11.47	0.17
4	Bev Hugo	77	12.26	-0.34
5	Greg Hughes	58	11.05	-0.40
6	Marg Beaumont	79	14.11	0.45
7	Sylvia Machin	76	12.06	-0.54

MENTONE 16 AUGUST 2017

600m Walk E.T.			Clock	Diff.
1	Sylvia Machin	76	4.25	0.10
2	Bev Hugo	77	4.48	0.12
3	John Zeleznikow	67	4.55	-0.20

1200m E.T.			Clock	Diff.
1	Sandra Wynne	66	6.10.9	5.9
2	Ashley Page	76	5.46.6	-8.4
3	Avril Britter	58	6.20.0	13.0
4	Joegen Zhao	Inv.	5.37.7	17.7
5	Ashley Birrell	72	6.45.2	-34.8
6	Greg Hughes	58	5.21.0	36.0

100m H/cap*Agg Event*			Clock	Metres	Pts
1	Vivienne Cash	65	13.28	18	7
2=	Glad Wishart	73	13.49	29	5
2=	Sandra Wynne	66	13.49	26	5
4	Avril Britter	58	13.67	25	3
5	Bob Wishart	75	14.06	1	2

3 Laps Rd (2.5 km) E.T.*Agg Event*			Clock	Diff.	Pts
1	Ashley Birrell	72	14.44	-0.16	7
2	Avril Britter	58	14.31	0.28	5
3	Sandra Wynne	66	14.09	0.29	4
4	Ashley Page	76	13.18	0.42	3
5	John Zeleznikow	67	22.50	1.30	2

3000m Walk E.T. *Agg Event*			Clock	Diff.	Pts
1	Geoff Barrow	68	21.28	-0.12	7
2	Ian Cassell	64	22.14	0.14	5
3	Bev Hugo	77	24.45	0.15	4
4	Greg Hughes	58	22.38	-0.19	3
5	Sylvia Machin	76	23.31	0.46	2

MENTONE 23 AUGUST 2017**800m Walk E.T.**

		Clock	Diff.
1	John Zeleznikow	67 6.58	-0.02
2	Sylvia Machin	76 6.07	-0.03

1 Mile E.T.*Agg Event*

		Clock	Diff.	Pts
1	Ashley Page	76 8.15	-0.03	7
2	Ashley Birrell	72 8.23	0.08	5
3	Sandra Wynne	66 8.26	0.10	4
4	Avril Britter	58 8.41	0.21	3

4 Km E.T.

		Clock	Diff.
1	Sandra Wynne	66 22.49	0.09
2	John Zeleznikow	67 38.26	0.26
3	Avril Britter	58 23.32	0.39
4	Ashley Birrell	72 22.59	0.59
5	Ashley Page	76 22.30	1.09

2000m Walk E.T.

		Clock	Diff.
1	Sylvia Machin	76 15.43	-0.02
2	Ian Cassell	64 15.05	0.06

MENTONE 30 AUGUST 2017**400m Walk E.T.**

		Clock	Diff.
1	Sylvia Machin	76 2.58	-0.02
2	Ian Beaumont	81 3.33	0.03
3	Marg Beaumont	79 3.34	0.15

900m Self H/cap

		Clock	Actual
1	Ashley Page	76 4.25.8	4.04.8
2	Ashley Birrell	72 4.27.5	4.13.5
3	Avril Britter	58 4.29.3	4.29.3
4	Sandra Wynne	66 4.33.1	4.20.1
5	Joegen Zhao	Inv. 4.45.5	4.26.5
DQ	Susan Short	43	3.29.5

150m E.T.

		Clock	Diff.
1	Sandra Wynne	66 29.15	0.15
2	Susan Short	43 24.77	-0.23
3	Avril Britter	58 29.41	0.76
4	Bob Wishart	75 24.30	1.30
5	Glad Wishart	73 31.01	-2.99

5 Km Road E.T.

		Clock	Diff.
1	Ashley Birrell	72 27.47	-0.13
2	Sandra Wynne	66 28.20	-0.15
3	Ashley Page	76 27.47	0.20
4	Avril Britter	58 30.01	1.22
5	Joegen Zhao	Inv. 27.06	-2.06

5 Lap Spiral Walk E.T.

		Clock	Diff.
1	Ian Beaumont	81 19.25	0.25
2	Ian Cassell	64 15.36	0.26
3	Sylvia Machin	76 16.03	-0.37
4	Marg Beaumont	79 19.32	0.52

SPRINGVALE 2 AUGUST 2017**120 metres**

Mike HALL	78	20.00
Claudio RIGA	62	22.80
Lindsay OXENHAM	68	23.90
Mick COLGAN	66	24.50
Juan PEREZ	78	26.10

SPRINGVALE 2 AUGUST 2017 cont.**600 metres**

Neil GRAY	69	2.08.8
Claudio RIGA	62	2.24.5
Paul MULLINS	76	2.25.7
Paul WINTERTON	62	2.34.5
Lindsay OXENHAM	68	2.40.9
Lou BUCCIERI	62	2.41.4
Juan PEREZ	78	3.22.1

3000 metres

		actual	clock
Kevin ONLEY	83	20.56	20.56
Claudio RIGA	62	13.42	20.57
Bill IRVINE	69	14.53	20.58
Lindsay OXENHAM	68	14.57	21.07
Lou BUCCIERI	62	14.48	21.08
Ian TREGEAR	67	16.45	21.15
Rob CLUTTERBUCK	64	14.18	21.18
Juan PEREZ	78	17.51	21.46
Mick COLGAN	66	17.39	22.49

1800 metres walk

Tony DORAN	65	12.47
Frank ALLEN	72	14.06
John ABEL	67	14.10
Tony JOHNSON	77	14.26
Penny HALL	77	14.41
Graham KILFOYLE	65	14.44
Celia JOHNSON	69	15.17
John MANNING	71	16.28
Brian LYNCH	81	16.29
Natalie IRVINE	70	17.49
Anand THILLAISUNDARAM	41	17.49
Pam THOMAS	67	17.50
Ernie JEFFS	72	17.50
Eric NEGROS	54	19.29

SPRINGVALE 9 AUGUST 2017**200 metres**

		clock	actual
Juan PEREZ	78	58.40	46.4
Mike HALL	78	59.50	36.5
Lindsay OXENHAM	68	59.70	41.7
Mick COLGAN	66	1.04.7	43.7
Ernie JEFFS	72	1.18.0	77

1200 metres

		clock	actual
Bill IRVINE	69	6.27.5	5.17.5
Juan PEREZ	78	6.27.6	6.27.6
Neil GRAY	69	6.35.1	4.48.1
Lou BUCCIERI	62	6.36.8	5.21.8
Lindsay OXENHAM	68	6.40.4	5.28.4
Claudio RIGA	62	6.43.6	5.12.6
Paul WINTERTON	62	6.54.1	6.04.1
Paul MULLINS	76	7.07.1	6.07.1

2000 metres

Tony JOHNSON	77	11.49
Juan PEREZ	78	13.34

4000 metres

Lindsay OXENHAM	68	20.35
Lou BUCCIERI	62	21.48
Howard REES	69	

6000 metres

Claudio RIGA	62	29.24
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SPRINGVALE 9 AUGUST 2017 cont.**2000 metres walk**

Tony DORAN	65	15.06
Bill IRVINE	69	15.33
Penny HALL		16.27
Celia JOHNSON	69	17.56
Pam THOMAS	67	17.58
Jim SMITH	76	18.02
Eric NEGROS	54	23.14
Frank ALLEN 4km	72	31.52

SPRINGVALE 16 AUGUST 2017**70 metres**

Declan	
Mike HALL	78
Mick COLGAN	66
Lindsay OXENHAM	68
Juan PEREZ	78
Eric NEGROS	54

700 metres

Neil GRAY	69
Declan	
Paul MULLINS	77
Paul WINTERTON	62
Lou BUCCIERI	62
Juan PEREZ	78
Claudio RIGA(1500m)	62

1800 metres walk

		clock
Pramesh		14.27
Ernie JEFFS	72	17.48
Alison DEVINE	61	17.49
Frank ALLEN	72	19.03
Dennis PHILLIPS	75	19.03
Tony DORAN	65	19.11
John MANNING	71	19.26
Pam THOMAS	67	19.42
Celia JOHNSON	69	19.50
Eric NEGROS	54	19.50
Peter ELLIS	66	21.30

3000 metres**RossMartin Mem Final**

		clock	actual
Mick COLGAN	66	20.56	16.06
Declan	19	20.58	20.58
Bill IRVINE	69	21.00	15.05
Lindsay OXENHAM	68	21.11	15.11
Lou BUCCIERI	62	21.13	15.03
Claudio RIGA	62	21.33	14.26
Juan PEREZ	78	21.38	18.13
Kevin ONLEY	83	21.48	21.48
Dominique	61	21.49	
Alan BENNIE	70	21.50	14.27

SPRINGVALE 23 AUGUST 2017**120 metres**

Declan		19.00
Mick COLGAN	66	25.60
Juan PEREZ	78	26.20

600 metres

Neil GRAY	69	2.15
Declan		2.27
Claudio RIGA	62	2.32
Paul WINTERTON	63	2.36
Howard REES	70	2.40

SPRINGVALE 23 AUGUST 2017 cont.

Mick COLGAN	66	2.54
Juan PEREZ	78	3.24
Dominique RUELOT	61	3.41

1000 metres walk

Mick COLGAN	66	7.04
Pam THOMAS	67	17.20

3000 metres

Declan		15.43
Lou BUCCIERI	62	16.57
Juan PEREZ	78	18.59
Dominique RUELOT	61	20.19

5000 metres

Howard REES	70	24.43
Claudio RIGA	62	26.58

SPRINGVALE 30 AUGUST 2017**200 metres**

		actual	hcp
Peter ELLIS	66	41.60	5 sec
Mike HALL	78	42.10	7.00
Lindsay OXENHAM	68	43.20	3.00
Juan PEREZ	78	43.50	0.00
Bella		44.00	5.00
Declan SELICK	10	47.30	15.00
Mick COLGAN	66	48.80	5.00

800 metres

Neil GRAY	69	3.09
Dave TALBOT	62	3.18
Howard REES	70	3.39
Paul MULLINS	77	3.19
Declan SELICK	10	3.29
Paul WINTERTON	63	3.42
Bella		3.50
Lindsay OXENHAM	68	3.51
Juan PEREZ	78	4.90
Dominique RUELOT	61	5.01

1200 metres

Lou BUCCIERI	62	5.36
Claudio RIGA	62	6.01

1000 metres walk

Peter ELLIS	66	6.31
Tony DORAN	65	7.06
Pam THOMAS	67	7.47
Ernie JEFFS	72	9.09
John MANNING	67	9.09
John ABEL	67	9.18
Natalie IRVINE	70	10.24
Eric NEGROS	54	10.53
Steve SELICK		10.54

3000 metres

Howard REES	70	14.23
Bill IRVINE	69	14.52
Lou BUCCIERI	62	14.53
Lindsay OXENHAM	68	15.06
Declan SELICK	10	16.10
Claudio RIGA	62	16.35
Ian TREGEAR	67	16.43
Juan PEREZ	78	16.52
Tony JOHNSON	77	17.44
Celia JOHNSON	69	19.44
Dominique RUELOT	61	20.10

OCTOBER PROGRAMS 2017

MON OCT 2	DONCASTER					
	CASEY	70M	1 MILE	120M	1 LAP ROAD	
TUES OCT 3	COLLINGWOOD					
	CROYDON	JAVELIN 1K WALK	100M	2 LAP TURN AROUND	400M	2/4/6/8K R/W
	GLEN EIRA	70M	800M	300M ET	3K WALK HCP	5K HCP
WEDS OCT 4	ABERFELDIE	100M	1000 AG	200M	4/6K	
	GEELONG	3K	J WALKER 5K HCP	CROSS COUNTRY		
	MENTONE	500M WALK ET	1500M ET	200M ET	2 MILES ET	2000M S/HCP
	KNOX					
	SPRINGVALE	120M HCP	800M HCP	2000/4000M	4000/6000M	
THURS OCT 5	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON OCT 9	DONCASTER					
	CASEY	90M	1200M	110M	1 LAP C.COUNTRY	
TUES OCT 10	COLLINGWOOD					
	CROYDON	DISC 7MIN12S W	120M	1 MILE	100/100/200/400 REL	20/30 MIN TT
	GLEN EIRA	60M	700M	300M HCP	1600M ET	4K HCP
WEDS OCT 11	ABERFELDIE	80M	800M	400M	3/5K	
	GEELONG	300M	2400M	1600M		
	MENTONE	600M WALK ET	110M ET	3 LAPS S/HCP	800M ET	2/4K ET
	KNOX					
	SPRINGVALE	150M	800M R/W RELAY	3000M HCP	5000M HCP	
THURS OCT 12	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON OCT 16	DONCASTER					
	CASEY	60M	1600M	150M	HYBRID 1 ROAD 1 XC	
TUES OCT 17	COLLINGWOOD					
	CROYDON	SHOT P 1200M W	60M NOT	1200M	4X400M RELAY	10LAP NOST 26MIN
	GLEN EIRA	80M	1000M	300M HCP	2/4K	3K HCP
WEDS OCT 18	ABERFELDIE	100M	1500M	300M	2/4K	
	GEELONG	6K	3K	CROSS COUNTRY		
	MENTONE	800M WALK ET	120M ET	3K ET	1500M ET	1 MILE S/HCP
	KNOX					
	SPRINGVALE	2K ROAD OR TRK	3100M RD OR TRK			
THURS OCT 19	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON OCT 23	DONCASTER					
	CASEY	80M	1000M	200M	2 LAP ROAD	
TUES OCT 24	CROYDON	LJ 3 LAP WALK	100M	1500M AG%	300M	15 LAP MAX R/W
	GLEN EIRA	60M	1500M	400M	SPIRAL 5 LAPS	5K HCP
	ABERFELDIE	100M	800M	200M	3/5K	
WEDS OCT 25	GEELONG	200M	2800M	1000M		
	MENTONE	300M HCP	400M WALK ET	1000M ET	6 LAPS ET	3/5K ET
	KNOX					
	SPRINGVALE	70M	300M	700M	1500M	
	COBURG					
THURS OCT 26	EAST BURWOOD					
	FRANKSTON					
MON OCT 30	DONCASTER					
	CASEY	100M	800M	150M	2 LAP X COUNTRY	
TUES OCT 31	COLLINGWOOD					
	CROYDON					
	GLEN EIRA	LIVING LEGENDS	SPRINGVALE	GLEN EIRA	MENTONE	