

AROUND THE GROUNDS

ABERFELDIE 2-Sep-2015

200 Metres

Gavin WHITE	41	25.94
John PAPWORTH	47	26.56
Brian O'DEA	61	35.37
Jamie PAPWORTH	INV	36.47
Alfred LENDVAI	61	39.37
Maggie ARMSTRONG	53	40.40

4000 Metres

Brian O'DEA	61	18.40
Alfred LENDVAI	61	21.39
Maggie ARMSTRONG	53	25.57

6000 Metres

John PAPWORTH	47	24.21
Peter BLACK	60	25.51

ABERFELDIE 9-Sep-2015

100 Metres

John PAPWORTH	47	15.63
John WHITE	48	16.61
Maggie ARMSTRONG	53	18.06
John HOWES	79	20.34

1000 Metres Age Graded

			Age %
Brian O'DEA	61	3.54	70.85
Adam GREGORY	30	3.11	68.32
Levi DRAPER	INV	5.09	67.94
David JONES	64	4.15	66.58
John PAPWORTH	47	3.47	64.88
Tony BRADFORD	76	5.12	63.16
Doug STOKES	63	4.44	59.31
Maggie ARMSTRONG	53	5.01	57.67
Ron GREGORY	62	4.59	55.88
Michael ORELLI	71	5.30	55.24
Stephen BARKER	72	5.37	54.93
Peter BLACK	60	5.37	48.82
Andrea DRAPER	38	5.09	48.25

400 Metres

John PAPWORTH	47	64.71
Adam GREGORY	30	70.00
Alfred LENDVAI	61	81.26
David JONES	64	83.57
Brian O'DEA	61	84.78

1000 Metres

Ron GREGORY	62	6.04
John DEAN	70	6.27
Maggie ARMSTRONG	53	6.27

3000 Metres

Brian O'DEA	61	14.15	
Alfred LENDVAI	61	16.28	
John WHITE	48	17.45	
Michael ORELLI	71	18.04	
Tony BRADFORD	76	18.04	
Lynne O'DEA	60	29.16	walk

5000 Metres

Adam GREGORY	30	19.50
Peter BLACK	60	22.05
Trevor HAWKSWORTH	68	27.27
Doug STOKES	63	28.52

ABERFELDIE 16-Sep-2015

100 Metres

Adam GREGORY	30	13.25
Luke BUCKLEY	29	13.34
Graham EADIE	64	16.53
John HOWES	79	18.41

1200 Metres

Adam GREGORY	30	4.13
Brian O'DEA	61	4.53
John WHITE	48	6.11
Maggie ARMSTRONG	53	6.14
Alfred LENDVAI	61	6.16
Ron GREGORY	62	6.54
Stephen BARKER	72	7.36

300 Metres

Gavin WHITE	41	41.56
Luke BUCKLEY	29	55.28
Graham EADIE	64	60.00
Alfred LENDVAI	61	63.00
John WHITE	48	66.17

4000 Metres

Shane DRAPER	42	15.53
Brian O'DEA	61	18.25
Doug STOKES	63	20.06
Luke BUCKLEY	29	21.36
Trevor HAWKSWORTH	68	21.52
Graham EADIE	64	22.24
Ron GREGORY	62	23.46
Michael ORELLI	71	23.56
Tony BRADFORD	76	23.56
Stephen BARKER	72	25.42
John WHITE	48	26.13

6000 Metres

Adam GREGORY	30	23.20
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2000 Metres

Gavin WHITE	41	10.00
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2800 Metres

Maggie ARMSTRONG	53	17.54
John DEAN	70	17.54

3200 Metres

Alfred LENDVAI	61	17.11
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ABERFELDIE 23-Sep-2015

100 Metres

John PAPWORTH	47	15.41
Joe DILWORTH	64	15.50
Jamie PAPWORTH	INV	16.81
Maggie ARMSTRONG	53	18.10
Imogen PAPWORTH	INV	21.40
Tony BRADFORD	76	22.60

800 Metres

Gavin WHITE	41	2.29
John PAPWORTH	47	3.13
Jamie PAPWORTH	INV	3.20
Mark SIMMONS	54	3.26
Maggie ARMSTRONG	53	3.54

200 Metres

John PAPWORTH	47	28.85
Joe DILWORTH	64	32.10
Mark SIMMONS	54	37.66

ABERFELDIE 23-Sep-2015

Jamie PAPWORTH	INV	41.03
Tony BRADFORD	76	44.38
Imogen PAPWORTH	INV	49.85

4000 Metres

Jenny KISLER	41	19.42
Alfred LENDVAI	61	20.47
Trevor HAWKSWORTH	68	22.47

6000 Metres

Stephen BARKER	72	35.39
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8000 Metres

Adam GREGORY	30	31.13
Shane DRAPER	42	31.13
Peter BLACK	60	34.59
Doug STOKES	63	45.52

1600 Metres**ABERFELDIE 30-Sep-2015****90 Metres**

Adam GREGORY	30	12.03
John PAPWORTH	47	12.97
Graham EADIE	64	14.97
Maggie ARMSTRONG	53	15.93
Jamie PAPWORTH	INV	17.63
Tony BRADFORD	76	17.69
Imogen PAPWORTH	INV	20.62

1500 Metres

Adam GREGORY	30	5.09
Shane DRAPER	42	6.07
Jenny KISLER	41	6.36
Lisa IERARDO	49	6.55
Jamie PAPWORTH	INV	6.58
Alfred LENDVAI	61	7.16
John WHITE	48	7.21
Maggie ARMSTRONG	53	7.45
Stephen BARKER	72	8.01
David JONES	64	8.03
Michael ORELLI	71	9.17

400 Metres

John PAPWORTH	47	61.88
Mark SIMMONS	54	86.15
Graham EADIE	64	86.50
John WHITE	48	94.72
Tony BRADFORD	76	100.03
Jamie PAPWORTH	INV	113.72
Imogen PAPWORTH	INV	131.95
Evan KISLER	INV	383.00

3000 Metres

David JONES	64	15.28
Stephen BARKER	72	17.54
Doug STOKES	63	18.07
John PAPWORTH	47	19.50
John WHITE	48	19.50

5000 Metres

Adam GREGORY	30	20.52
Shane DRAPER	42	20.52
Brian O'DEA	61	23.49
Trevor HAWKSWORTH	68	26.50
Graham EADIE	64	28.50

1000 Metres

John DEAN	70	5.30
Maggie ARMSTRONG	53	5.30

COBURG 17-Sep-2015**100m**

Heat: 2

Jackson O'NEILL	17	12.57
Ethan O'NEILL	14	14.12
Giorgia GOODE	20	16.41

800m

Ken CARTER	62	9.28
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1600m

Ethan O'NEILL	14	6.43
Maria BARBETTI	50	7.59
Chris HARRAP (W)	55	12.54
Bernie GOGGIN	78	12.55

200m

Paul O'NEILL	50	26.26
Jackson O'NEILL	17	26.75
Ethan O'NEILL	14	33.68
Giorgia GOODE	20	34.27
Michael MEANEY	60	45.68

2km

Ken CARTER	62	24.45
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4km Manager's Challenge

Michael MEANEY	60	17.48
John STAUNTON	59	19.25
Maria BARBETTI	50	20.57
Bernie LEDDIN	67	21.44
Rob LEWIS	68	22.09

COBURG 24-Sep-2015**100m**

Paul O'NEILL	50	12.77
David MEANEY	20	12.91
Ethan O'NEILL	14	14.44
Bruce GIBBS	66	16.79
Bernie LEDDIN	67	23.06
Ken CARTER	62	41.05

1000m

Ethan O'NEILL	14	3.44
Michael MEANEY	60	4.28
Maria BARBETTI	50	4.44
Rey VILLEGAS	50	6.32
Chris HARRAP (W)	55	7.31
Bernie GOGGIN	78	7.32
Bruce GIBBS	66	8.33
Ken CARTER	62	11.02

400m Manager's Challenge

Paul O'NEILL	50	1.04.2
Michael MEANEY	60	1.13.1
John STAUNTON	59	1.15.4
Nicholas HARRAP	16	1.17.4
Rey VILLEGAS	50	1.34.1
Bernie LEDDIN	67	1.37.7
Ken CARTER	62	3.47.1

2km

Bernie LEDDIN	67	9.43
David MEANEY	20	10.26
Michael MEANEY	60	10.34
Maegan KERR	43	11.46
Fiona ELY	46	11.47
Ken CARTER	62	24.12

6km

Maria BARBETTI	50	31.50
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COLLINGWOOD 1-Sep-2015

100 Metres

1	DEVIDAS Nik	36	13.1
2	STUART Will	36	13.3
3	DELBRIDGE Adam	43	14.0
4	LOVELL Scott	50	14.4
5	NICHOLSON David	48	14.7
1	HORN Michael	62	15.7
2	LEWIS Rob	68	18.3
3	DROSDOWSKY Wasyl	64	18.9
4	HERBSTREIT Herbie	63	19.1
5	JOHNSTONE Peter	78	22.4
6	HOPKINS Jim	65	23.8

1600 Metres

1	GURTLER Markus	44	5:36
2	STUART Will	36	5:51
3	WINNEN Ian	53	5:52
4	NICHOLSON David	48	5:59
5	HEJTMANEK Jim	50	6:44
6	HOPKINS Jim	65	7:09
7	HALLETT Matthew	26	7:32
8	FABRE Sofie	46	7:40
9	HAYWARD Chris	61	7:48
10	HORN Michael	62	7:49
11	HALLETT Len	66	7:55
12	WINDSOR Wes	71	7:59
13	LEWIS Rob	68	8:38
14	DROSDOWSKY Wasyl	64	8:53
15	HERBSTREIT Herbie	63	9:20

200 Metres

1	STUART Will	36	27.0
2	DELBRIDGE Adam	43	27.7
3	DEVIDAS Nik	36	28.0
4	LOVELL Scott	50	30.4
5	WINNEN Ian	53	30.8
1	NICHOLSON David	48	30.6
2	GURTLER Markus	44	31.1
3	HORN Michael	62	33.3
4	HAYWARD Chris	61	36.7
5	DROSDOWSKY Wasyl	64	40.9
1	LEWIS Rob	68	37.7
2	FABRE Sofie	46	39.6
3	WINDSOR Wes	71	41.0
4	HERBSTREIT Herbie	63	46.5
5	HOPKINS Jim	65	47.2

2 Km.

1	GURTLER Markus	44	7:36
2	NICHOLSON David	48	8:23
3	HOPKINS Jim	65	8:49
4	WINDSOR Wes	71	9:37
5	HORN Michael	62	10:04
6	FABRE Sofie	46	10:21
7	HERTZ Julie	58	11:05
8	LEWIS Rob	68	11:47
9	DROSDOWSKY Wasyl	64	11:49
10	HERBSTREIT Herbie	63	13:02
11	JOHNSTONE Peter	78	13:27
12	JOHNSTONE Heather	71	16:06

4 Km.

1	WINNEN Ian	53	17:23
2	LOVELL Scott	50	19:13
3	BAYLEY Rod	69	19:16
4	HOPKINS Jim2	65	20:14
5	HALLETT Matthew	26	21:02

6	HALLETT Len	66	21:11
7	POCOCK John	72	21:29
8	HAYWARD Chris	61	22:59

6 Km.

1	HEJTMANEK Jim	50	27:22
2	BELL Gary	61	35:12

COLLINGWOOD 1-Sep-2015

100 Metres

1	DEVIDAS Nik	36	13.1
2	HOWDEN Keith	70	14.0
3	DELBRIDGE Adam	43	14.3
4	HOPKINS Jim	65	23.8
1	GUST David	33	14.7
2	HORN Michael	62	14.9
3	ROBERTSON Michael	34	15.3
4	NICHOLSON David	48	15.5
5	GURTLER Markus	44	16.1
1	GIBBS Bruce	66	16.4
2	LEWIS Rob	68	17.3
3	DROSDOWSKY Wasyl	64	18.5
4	HERBSTREIT Herbie	63	19.4
5	JOHNSTONE Peter	78	21.7
6	HOPKINS Jim2	65	26.1

1200 Metres

1	GURTLER Markus	44	4:02
2	WINNEN Ian	53	4:10
3	NICHOLSON David	48	4:22
4	BLOOM Alistair	35	4:37
5	HEJTMANEK Jim	50	4:48
6	HALLETT Matthew	26	5:32
7	HORN Michael	62	5:34
8	GUST David	33	5:38
9	FABRE Sofie	46	5:41
10	ROBERTSON Michael	34	5:46
11	HALLETT Len	66	5:55
12	HOPKINS Jim2	65	5:58
13	POCOCK John	72	6:04
14	DROSDOWSKY Wasyl	64	6:08
15	LEWIS Rob	68	6:25
16	HERBSTREIT Herbie	63	6:41

300 Metres

1	DELBRIDGE Adam	43	41.8
2	DEVIDAS Nik	36	43.5
3	HOWDEN Keith	70	47.1
4	WINNEN Ian	53	48.5
1	GURTLER Markus	44	48.8
2	NICHOLSON David	48	50.2
3	GUST David	33	52.5
4	BLOOM Alistair	35	54.0
5	HORN Michael	62	55.5
1	ROBERTSON Michael	34	57.7
2	DROSDOWSKY Wasyl	64	61.9
3	FABRE Sofie	46	65.5
4	LEWIS Rob	68	68.8
5	HOPKINS Jim	65	73.5

3 Km.

1	GURTLER Markus	44	11:35
2	NICHOLSON David	48	12:43
3	WINNEN Ian	53	12:53
4	HOPKINS Jim2	65	14:58
5	FABRE Sofie	46	15:40
6	HORN Michael	62	15:46
7	POCOCK John	72	15:51

COLLINGWOOD 8-Sep-2015

8	HERTZ Julie	58	17:11
9	LEWIS Rob	68	17:47
10	DROSDOWSKY Wasyl	64	17:48
11	HERBSTREIT Herbie	63	19:23
12	JOHNSTONE Peter	78	26:29

5 Km.

1	HEJTMANEK Jim	50	22:11
2	HOPKINS Jim	65	23:56
3	BAYLEY Rod	69	24:18
4	HALLETT Matthew	26	25:58
5	HALLETT Len	66	27:29
6	BELL Gary	61	30:19
7	LEDDIN Bernie	67	37:12

COLLINGWOOD 15-Sep-2015**200 Metres**

1	DELBRIDGE Adam	43	25.5
2	STUART Will	36	26.7
3	DEVIDAS Nik	36	27.8
4	LOVELL Scott	50	30.8
1	GURTLE Mark	44	29.7
2	NICHOLSON David	48	30.5
3	HORN Michael	62	30.9
4	BLOOM Alistair	35	32.5
5	SCHOLES Ron	62	35.8
1	PIRAS Gavin	36	28.8
2	LOVELL Ryan	13	29.3
3	LEWIS Rob	68	37.9
4	DROSDOWSKY Wasyl	64	38.6
1	HALLETT Len	66	39.6
2	HERBSTREIT Herbie	63	41.7
3	BAYLEY Rod	69	42.9
4	HOPKINS Jim	65	52.3
5	JOHNSTONE Peter	78	53.7

800 Metres

1	JOLLEY Shane	42	2:20
2	GURTLE Mark	44	2:23
3	WINNEN Ian	53	2:36
4	NICHOLSON David	48	2:41
5	STUART Will	36	2:49
6	BLOOM Alistair	35	2:52
7	HEJTMANEK Jim	50	3:03
8	SCHOLES Ron	62	3:14
9	PIRAS Gavin	36	3:28
1	HORN Michael	62	3:21
2	HAYWARD Chris	61	3:23
3	FABRE Sofie	46	3:26
4	DROSDOWSKY Wasyl	64	3:36
5	HALLETT Len	66	3:44
6	HOPKINS Jim	65	3:49
7	LEWIS Rob	68	3:53
8	HERBSTREIT Herbie	63	4:10

400 Metres

1	DELBRIDGE Adam	43	58.4
2	DEVIDAS Nik	36	1:01.4
3	GURTLE Mark	44	1:04.5
4	STUART Will	36	1:07.3
5	WINNEN Ian	53	1:07.7
6	HOPKINS Jim	65	1:38.0
1	NEALE Peter	47	1:04.8
2	NICHOLSON David	48	1:10.3
3	PIRAS Gavin	36	1:13.5
4	BLOOM Alistair	35	1:15.7

5	SCHOLES Ron	62	1:19.7
6	HORN Michael	62	1:19.9
1	HAYWARD Chris	61	1:20.5
2	FABRE Sofie	46	1:27.7
3	DROSDOWSKY Wasyl	64	1:30.7
4	LEWIS Rob	68	1:35.5
5	HERBSTREIT Herbie	63	1:44.6
6	HOPKINS Jim2	65	1:51.6

7 Laps

1	GURTLE Mark	44	11:03
2	NICHOLSON David	48	11:34
3	WINNEN Ian	53	11:56
4	HALLETT Len	66	14:20
5	FABRE Sofie	46	14:57
6	HORN Michael	62	15:13
7	LEWIS Rob	68	16:01
8	DROSDOWSKY Wasyl	64	16:35
9	HERBSTREIT Herbie	63	19:21
10	JOHNSTONE Peter	78	23:17

11 Laps

1	NEALE Peter	47	19:41
2	HEJTMANEK Jim	50	19:55
3	LOVELL Scott	50	20:17
4	BAYLEY Rod	69	20:49
5	HOPKINS Jim	65	21:12
6	POCOCK John	72	22:37
7	HOPKINS Jim2	65	23:56
8	BELL Gary	61	26:01
9	LEDDIN Bernie	67	27:26

COLLINGWOOD 22-Sep-2015**200 Metres**

1	DELBRIDGE Adam	43	27.3
2	JOLLEY Shane	42	28.4
3	WINNEN Ian	53	30.5
4	LOVELL Scott	50	30.7
1	NEALE Peter	47	27.7
2	GUST David	33	30.9
3	NICHOLSON David	48	31.7
4	HORN Michael	62	34.1
1	GIBBS Bruce	66	36.0
2	LEWIS Rob	68	38.4
3	HALLETT Matthew	26	40.4
4	WINDSOR Wes	71	51.2
5	JOHNSTONE Peter	78	51.9

700 Metres

1	JOLLEY Shane	42	2:02
2	WINNEN Ian	53	2:13
3	NICHOLSON David	48	2:18
4	NEALE Peter	47	2:25
5	HEJTMANEK Jim	50	2:41
6	ADRIEN Gerard	55	2:43
7	HORN Michael	62	2:55
8	FABRE Sofie	46	3:14
9	LEDDIN Bernie	67	3:15
10	LEWIS Rob	68	3:33
11	HERBSTREIT Herbie	63	3:35

500 Metres

1	DELBRIDGE Adam	43	1:21.7
2	NEALE Peter	47	1:36.2
3	NICHOLSON David	48	1:37.7
4	LEWIS Rob	68	2:19.3
5	HERBSTREIT Herbie	63	2:23.6
1	ADRIEN Gerard	55	1:36.4

2	VandeWATER Melissa	37	1:39.5
3	HORN Michael	62	1:54.2
4	HALLETT Len	66	2:03.6
5	BAYLEY Rod	69	2:05.2
6	FABRE Sofie	46	2:15.9
7	JOHNSTONE Peter	78	2:49.4
5 Km.			
1	BAYLEY Rod	69	24:21
2	HALLETT Matthew	26	25:33
3	LEDDIN Bernie	67	26:25
4	BELL Gary	61	30:00
3 Km.			
1	VandeWATER Melissa	37	12:05
2	WINNEN Ian	53	12:21
3	NICHOLSON David	48	12:38
4	LOVELL Scott	50	13:12
5	ADRIEN Gerard	55	14:37
6	HALLETT Len	66	14:54
7	POCOCK John	72	15:16
8	HORN Michael	62	17:51
9	LEWIS Rob	68	18:19
10	HERBSTREIT Herbie	63	20:01
11	FABRE Sofie	46	21:00
7 Km.			
1	HEJTMANEK Jim	50	30:39
2	NEALE Peter	47	32:44
9 Km.			
1	WINDSOR Wes	71	50:16

COLLINGWOOD 29-Sep-2015			
12	POCOCK John	72	7:23
13	LEWIS Rob	68	7:46
400 Metres			
1	DELBRIDGE Adam	43	58.4
2	HANRAHAN Justin	45	60.2
3	HANRAHAN Liam	15	84.1
4	DELBRIDGE Xavier	10	103.8
1	NEALE Peter	47	66.2
2	ADRIEN Gerard	55	70.0
3	SCHOLES Ron	62	78.9
4	LEDDIN Bernie	67	90.3
1	NICHOLSON David	48	76.0
2	HORN Michael	63	85.9
3	LEWIS Rob	68	98.7
4	HERBSTREIT Herbie	63	104.7
2 Km.			
1	VandeWATER Melissa	37	7:46
2	WINNEN Ian	53	8:07
3	NICHOLSON David	48	8:12
4	SCHOLES Ron	62	8:28
5	HEJTMANEK Jim	50	9:05
6	BAYLEY Rod	69	9:26
7	HALLETT Len	66	9:43
8	HORN Michael	63	9:56
9	DROSDOWSKY Wasyl	64	10:47
10	LEWIS Rob	68	12:04
11	JOHNSTONE Peter	78	15:53
4 Km.			
1	HANRAHAN Liam	15	19:09
2	ADRIEN Gerard	55	19:29
3	HALLETT Matthew	26	19:35
4	LEDDIN Bernie	67	20:33
5	POCOCK John	72	20:45
6	HERBSTREIT Herbie	63	26:56

COLLINGWOOD 29-Sep-2015			
100 Metres			
1	HANRAHAN Justin	45	13.0
2	DELBRIDGE Adam	43	13.2
3	WINNEN Ian	53	15.1
4	HANRAHAN Liam	15	15.7
5	DELBRIDGE Xavier	10	18.6
1	NICHOLSON David	48	14.9
2	HEJTMANEK Jim	50	15.5
3	HORN Michael	63	16.9
4	HALLETT Matthew	26	18.7
5	LEDDIN Bernie	67	19.9
1	GIBBS Bruce	66	15.9
2	LEWIS Rob	68	17.2
3	WINDSOR Wes	71	18.0
4	HERBSTREIT Herbie	63	18.9
5	JOHNSTONE Peter	78	22.9
6 Km.			
1	NEALE Peter	47	28:48
2	BELL Gary	61	35:44
8 Km.			
1	LOVELL Scott	50	36:31
2	WINDSOR Wes	71	42:36
1500 Metres			
1	HANRAHAN Justin	45	5:22
2	NEALE Peter	47	5:27
3	VandeWATER Melissa	37	5:35
4	WINNEN Ian	53	5:38
5	NICHOLSON David	48	5:41
6	HEJTMANEK Jim	50	5:52
7	LOVELL Scott	50	5:56
8	ADRIEN Gerard	55	6:10
9	HANRAHAN Liam	15	6:39
10	LEDDIN Bernie	67	6:57
11	HORN Michael	63	7:17

CROYDON 1-Sep-2015			
800 METRE WALK 1.9.2015			
1	Pam TINDALL	55	3.54
2	Sandra GEISLER	37	3.57
3	Carolyn ROSENBROCK	53	4.14
4	Alison THOMPSON	62	4.59
5	Barrie WICKS	75	6.00
6	Liz WRIGLEY	59	6.05
7	Phyllis GOSBELL	77	6.18
8	Kevin McLAUHLAN	71	6.43
9	Gary TURNER	62	6.46
10	Colin WILLIAMS	66	6.48
11	Grant MURFETT	48	6.49
12	Robert STAGG	48	7.11
13	Andrew EGGINTON	53	7.12
14	David BATCHELOR	78	8.00
50 METRE			
Heat 1:			
1	Colin WILLIAMS	66	8.6
2	Andrew FRASER	73	9.0
3	Kevin McLAUHLAN	71	12.0
Heat 2:			
1	Grant MURFETT	48	7.4
2	Robert STAGG	48	7.6
3	Dennis ASPINALL	68	8.7
1600 METRE			
1	Grant MURFETT	48	6.18
2	Colin PAGE	61	6.21

3	Pam TINDALL	55	7.04
4	Robert STAGG	48	7.05
5	Colin WILLIAMS	66	7.30
6	Dennis ASPINALL	68	7.44
Cec McKEOWN (2 laps)		75	4.17
2, 4 OR 8 LAPS WALK			
2 laps:			
1	Gary TURNER	62	7.03
2	Kevin McLAUCHLAN	71	7.53
3	Lyn BATCHELOR	66	8.44
4	David BATCHELOR	78	8.44
5	Cec McKEOWN	75	8.46
6	Colin WILLIAMS	66	9.35
4 laps:			
1	Phyllis GOSBELL	77	14.37
8 laps:			
1	Paul MORITZ	56	21.54
2	Barrie WICKS	75	25.33

CROYDON 8-Sep-2015

3 KM WALK AGE GRADED

			Age %
1	Paul MORITZ	56	20.00
2	Barrie WICKS (Walk/Run)	75	23.27

2 X 200 METRE RELAY

1	Andrew FRASER	73	
	Grant MURFETT	48	63.9
2	Colin WILLIAMS	66	
	Robert STAGG	48	65.0
3	Pam TINDALL	55	
	Mark HARRIS	47	70.5

5 KM HANDICAP RUN

		Clock	Adj
1	Grant MURFETT	48	24.52
2	Colin PAGE	61	24.52
	Murray HUTCHISON	66	26.25
	Andrew TUNNE	57	29.01

Also:

Mark HARRIS (2 laps)	47	3.47
Robert STAGG (1 km)	48	5.13
Ron BOYNE (1 km)	81	5.59
Alison THOMPSON(11½ laps)	62	27.46

3 X 400 METRE WALK RELAY

1	Andrew EGGINTON	53	
	Jan WATSON	68	
	Paul MORITZ	56	7.35
2	Grant MURFETT	48	
	Colin WILLIAMS	66	
	Barrie WICKS	75	
3	Phyllis GOSBELL	77	
	Kevin McLAUCHLAN	71	
	Pam TINDALL	55	8.20
4	Ros DYER	51	
	Colin PAGE	61	
	Ron SMITH	66	10.02

80 METRE SPRINT

Heat 1:

1	Barry MURLEY	76	14.6
2	Colin WILLIAMS	66	15.6
3	Ron SMITH	66	16.7
4	Ros DYER	51	17.3
5	Jan WATSON	68	18.7

Heat 2:

1	Grant MURFETT	48	11.1
2	Sheila FANNING	41	11.9
3	Dennis ASPINALL	68	12.4

4	Andrew EGGINTON	53	13.6
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300 METRE SPRINT

1	Grant MURFETT	48	46.3
2	Andrew EGGINTON	53	47.0
3	Sheila FANNING	41	51.4
4	Colin WILLIAMS	66	63.8
5	Barry MURLEY	76	75.9
6	Ron SMITH	66	94.3

1/2 MILE SELF HANDICAP RUN

DOUG ORR MEMORIAL HEAT 1		Clock	Actual
1	Ros DYER	51	4.09
2	Colin WILLIAMS	66	4.45
3	Dennis ASPINALL	68	4.55
4	Grant MURFETT **	48	4.57
5	Sheila FANNING	41	4.58
6	Pam TINDALL	55	5.08
7	Andrew EGGINTON	53	5.09
8	Colin PAGE	61	5.15
9	Cec McKEOWN	75	5.27

** Winner - Grant Murfett

OWN DISTANCE RUN/WALK

			Laps
1	Cec McKEOWN (Run)	75	4.39
2	Dennis ASPINALL (Run)	68	4.39
3	Ron BOYNE (Run)	81	5.28
4	Colin WILLIAMS (Run)	66	8.05
5	Barry MURLEY (Run)	76	11.45
6	Kevin McLAUCHLAN(Walk)	71	12.01
7	Jan WATSON (Walk)	68	14.48
8	Sheila FANNING (Run)	41	16.00
9	Ros DYER (Run)	51	21.45
10	Andrew TUNNE (Run)	57	23.03
11	Grant MURFETT (Run)	48	23.31
12	Colin PAGE (Run)	61	23.33

CROYDON 15-Sep-2015

600 METRE WALK

1	Pam TINDALL	55	2.55
2	Gunther ILGOUTZ	76	3.30
3	Paul MORITZ	56	3.40
4	Jan WATSON	68	4.08
5	Barrie WICKS	75	4.30
6	Liz WRIGLEY	59	4.33
7	Phyllis GOSBELL	77	4.37
8	Gary TURNER	62	4.41
9	Ros DYER	51	4.50
10	Colin WILLIAMS	66	5.05
11	Grant MURFETT	48	5.06
12	Robert STAGG	48	5.07
13	Andrew EGGINTON	53	5.08
14	Kevin McLAUCHLAN	71	5.19
15	Ron SMITH	66	6.07

5 KM RUN AGE GRADED

			Age %
1	Grant MURFETT	48	22.58
2	Andrew EGGINTON	53	23.01
3	Colin PAGE	61	23.01
4	Andrew TUNNE	57	29.10
5	Ros DYER	51	30.34

90 METRE SPRINT

Heat 1:

1	Barry MURLEY	76	16.4
2	Ron SMITH	66	19.6
3	Jan WATSON	68	20.0
4	Kevin McLAUCHLAN	71	21.8

Heat 2:

1	Andrew FRASER	73	15.1
2	Colin WILLIAMS	66	15.8
3	Pam TINDALL	55	16.2
4	Allan WOOD	78	18.7

Heat 3:

	Grant MURFETT	48	13.0
	Robert STAGG	48	13.0

1/2 MILE SELF HANDICAP RUN

DOUG ORR MEMORIAL HEAT 2

		Clock	Actual
1	Ros DYER	51	4.42
2	Colin PAGE **	61	5.02
3	Grant MURFETT	48	5.03
4	Andrew EGGINTON	53	5.04
5	Colin WILLIAMS	66	5.10
6	Pam TINDALL	55	5.12
7	Gary TURNER	62	5.13
8	Murray HUTCHISON	66	5.17
9	Robert STAGG	48	5.19
10	Cec McKEOWN	75	5.44

** Winner - Colin Page

400 METRE RUN

1	Grant MURFETT	48	1.07
2	Andrew EGGINTON	53	1.10
3	Pam TINDALL	55	1.25
4	Robert STAGG	48	1.25
5	Gary TURNER	62	1.36
6	Colin WILLIAMS	66	1.44
7	Allan WOOD	78	1.49
8	Barry MURLEY	76	1.57
9	Ron SMITH	66	2.11
10	Kevin McLAUCHLAN	71	2.19

1 OR 3 KM RUN/WALK

1 km:

1	Colin WILLIAMS (Run)	66	4.50
2	Cec McKEOWN (Run)	75	6.23
3	Gunther ILGOUTZ (Walk)	76	6.31
4	Jan WATSON (Walk)	68	7.19
5	Phyllis GOSBELL (Walk)	77	8.42
6	Gary TURNER (Walk)	62	10.00
7	Kevin McLAUCHLAN (Walk)	71	10.00

3 km:

1	Robert STAGG (Run)	48	15.07
2	Murray HUTCHISON (Run)	66	15.54
3	Geoff ARNOTT (Run)	67	18.18
4	Ron BOYNE (Run)	81	18.35
5	Paul MORITZ (Walk)	56	19.41
6	Barrie WICKS (Walk)	75	24.39
	Lyn BATCHELOR (1 lap Run)	66	2.10
	Barry MURLEY (5½ lap Run)	76	13.38
13	Colin WILLIAMS	66	10.30
14	Gary TURNER	62	10.30

CROYDON 22-Sep-2015**3 LAPS WALK**

1	Pam TINDALL	55	6.12
2	Andrew EGGINTON	53	7.02
3	Gunther ILGOUTZ	76	7.04
4	Alison THOMPSON	62	7.33
5	Paul MORITZ	56	8.19
6	Jan WATSON	68	8.32
7	Liz WRIGLEY	59	9.08
8	Barrie WICKS	75	9.10
9	Colin THOMPSON	67	9.34

10	Grant MURFETT	48	9.36
11	Phyllis GOSBELL	77	9.52
12	Grant WATSON	67	10.29

50 METRE SPRINT

Heat 1:

1	Colin WILLIAMS	66	8.4
2	Barry MURLEY	76	9.0
3	Andrew FRASER	73	10.1
4	Jan WATSON	68	10.9
5	Ros DYER	51	11.5
6	Grant WATSON	67	12.6

Heat 2:

1	Grant MURFETT	48	7.3
2	Sheila FANNING	41	7.7
3	Dennis ASPINALL	68	8.1
4	Andrew EGGINTON	53	8.4

150 METRE SPRINT

Heat 1:

1	Colin WILLIAMS	66	26.6
2	Andrew FRASER	73	27.6
3	Pam TINDALL	55	28.1
4	Barry MURLEY	76	32.3

Heat 2:

1	Grant MURFETT	48	21.6
2	Sheila FANNING	41	22.8
3	Andrew EGGINTON	53	23.6

1/2 MILE SELF HANDICAP RUN

DOUG ORR MEM. VENUE FINAL

		Clock	Actual
1	Dennis ASPINALL	68	4.54
2	Gary TURNER **	62	4.59
3	Grant MURFETT	48	5.00
4	Colin WILLIAMS	66	5.03
5	Sheila FANNING	41	5.05
6	Andrew EGGINTON	53	5.10
7	Cec McKEOWN	75	5.10
8	Colin PAGE	61	5.11
9	Pam TINDALL	55	5.13
10	Ros DYER	51	5.17
11	Grant WATSON	67	5.45

** Winner - Gary Turner

6 LAP SPIRAL WALK

1	Gunther ILGOUTZ	76	16.06
2	Alison THOMPSON	62	16.41
3	Paul MORITZ	56	17.25
4	Jan WATSON	68	18.02
5	Barrie WICKS	75	20.07
6	Phyllis GOSBELL	77	21.20

1 OR 3 KM RUN

1 km:

1	Colin WILLIAMS	66	5.08
2	Ron BOYNE	81	5.40
3	Gary TURNER	62	6.04
4	Cec McKEOWN	75	6.05

3 km:

1	Andrew EGGINTON	53	11.12
2	Colin PAGE	61	12.14
3	Grant MURFETT	48	12.38
4	Geoff ARNOTT	67	14.21
5	Mark CHALLEN	58	15.19
6	Ros DYER	51	18.03

Barry MURLEY (1½ laps) 76 3.20

Sheila FANNING (4½ laps) 41 8.51

CROYDON 29-Sep-2015

90 METRE SPRINT

Heat 1:

1	Barry MURLEY	76	15.1
2	Pam TINDALL	55	15.6
3	Allan WOOD	78	20.1
4	Jan WATSON	68	20.4
5	Kevin McLAUCHLAN	71	21.4

Heat 2:

1	Grant MURFETT	48	12.9
2	Doc PERRIN	50	13.3
3	Andrew EGGINTON	53	14.0
4	Dennis ASPINALL	68	14.2
5	Colin WILLIAMS	66	17.8

800 METRE WALK

1	Pam TINDALL	55	3.57
2	Carolyn ROSENBROCK	53	4.20
3	Gunther ILGOUTZ	76	4.44
4	Alison THOMPSON	62	4.58
5	Paul MORITZ	56	5.03
6	Jan WATSON	68	5.51
7	Liz WRIGLEY	59	6.04
8	Andrew EGGINTON	53	6.05
9	Barrie WICKS	75	6.06
10	Phyllis GOSBELL	77	6.25
11	Doc PERRIN	50	7.08
12	Colin WILLIAMS	66	7.09
13	Gary TURNER	62	7.11
14	Grant MURFETT	48	7.12
15	Grant WATSON	67	7.37
16	Kevin McLAUCHLAN	71	7.37
17	Allan WOOD	78	8.01
18	David BATCHELOR	78	8.06

200 METRE SPRINT

Heat 1:

1	Russell OAKLEY	75	37.3
2	Colin WILLIAMS	66	43.0
3	Barry MURLEY	76	44.7
4	Allan WOOD	78	47.5
5	Kevin McLAUCHLAN	71	58.6

Heat 2:

1	Grant MURFETT	48	28.1
2	Doc PERRIN	50	29.2
3	Andrew EGGINTON	53	29.9
4	Dennis ASPINALL	68	32.4

10, 20 OR 30 MINUTE RUN/WALK

10 mins:		Laps	Metres
Colin WILLIAMS (Run)	66	5	35
Doc PERRIN (Run)	50	5	
Cec McKEOWN (Run)	75	4	35
Jan WATSON	68	3	180
Liz WRIGLEY (Walk)	59	2	300
Gary TURNER (Run)	62	2	250
Grant WATSON (Run)	67	2	250
Barry MURLEY (Run)	76	2	250
David BATCHELOR (Walk)	78	2	200
Kevin McLAUCHLAN (Walk)	71	2	190
Allan WOOD (Walk)	78	2	190
20 mins:			
Grant MURFETT (Run)	48	11	50
Phyllis GOSBELL (Walk)	77	5	220
30 mins:			
Colin PAGE (Run)	61	17	200
Mark CHALLEN (Run)	58	14	100

Alison THOMPSON (Run)	62	13	20
Andrew TUNNE (Run)	57	12	100
Ron BOYNE (Run)	81	11	250
Paul MORITZ (Walk)	56	11	40

1500 METRE RUN

1	Andrew EGGINTON	53	5.04
2	Colin PAGE	61	5.35
3	Grant MURFETT	48	5.49
4	Colin WILLIAMS	66	6.27
5	Doc PERRIN	50	6.37

DONCASTER 7-Sep-2015

800 metres

Matt Scholes	45	2.41.3
David McConnell		2.56.4
Jeffrey Sim	53	3.00.0

100 metres

Mark Milano	44	12.80
Phil Rosevear	66	13.40
Shaun Wright	45	13.40
Graham Ford	66	14.50
Greg Champion	60	14.70
Matt Scholes	45	21.30

200 metres (age-graded)

Phil Rosevear	66	22.70
Graham Ford	66	24.70
Greg Champion	60	26.20
Mark Milano	44	26.70
Shaun Wright	45	28.50
Jeffrey Sim	53	31.40
Matt Scholes	45	40.20

600 metres (estimated time)

Matt Scholes	45	1.45.7	(1.40)
Winner			
Mark Milano	44	2.00.1	(1.45)
David McConnell	63	2.08.5	(2.00)

DONCASTER 15-Sep-2015

1200 metres

Matt Scholes	45	4.22.8
Graham Walter	57	5.15.5
Kath Gawthorn	40	5.15.8

60 metres heat 1

Jeffrey Sim	53	9.30
Lachlan Milano	9	9.80
Nick Scholes	12	10.10
John Aughey	78	11.50
Matt Scholes	45	11.50

60 metres heat 2

Mark Milano	44	8.00
Graham Ford	66	8.70
Shaun Wright	45	8.80
Graham Walter	57	9.40

100 metres

Mark Milano	44	12.7
Shaun Wright	45	14.3
Jeffrey Sim	53	15.4
Lachlan Milano	9	16.1
Nick Scholes	12	17.1
Matt Scholes	45	17.7

300 metres

Mark Milano	44	42.6
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DONCASTER 15-Sep-2015

Matt Scholes	45	47.1
David McConnell	63	48.5
Graham Ford	66	49.2
Shaun Wright	45	52.3
Graham Walter	57	55.5
Lachlan Milano	9	57.3
John Browne	64	57.3

880 yards

Matt Scholes	45	2.51.6
Jeffrey Sim	53	3.07
Graham Walter	57	3.15.8
David McConnell	63	3.18.2
Kath Gawthorn	40	3.30.3
Nick Scholes	12	3.32.9

DONCASTER 21-Sep-2015**Long Jump**

Graham Ford	66	3.93
Greg Champion	60	3.89
David McConnell	63	3.8
Graham Walter	57	3.53
Javelin Throw		
Graham Ford	66	22.65
David McConnell	63	22.16
Graham Walter	57	20.34

100 metres

Mark Milano	44	14.1
Greg Champion	60	14.8
Lachlan Milano	9	15.7
John Aughey	77	18.9

400 metres

Mark Milano	44	60.00
Lachlan Milano	9	86.00
Phil Rosevear	66	93.00

200 metres

Mark Milano	44	29.40
David McConnell	63	29.50
Graham Walter	57	30.50
Graham Ford	66	30.50
Lachlan Milano	9	34.90

Discus Throw

Graham Ford	66	26.03
David McConnell	63	25.90
Graham Walter	57	19.15

1500 metres

David McConnell	63	6.14
Graham Walter	57	6.26
Graham Ford	66	6.52

DONCASTER 28-Sep-2015**60 minutes**

Julie Norney	47	15.421
Kym Osmond	30	14.111
Bronwen Cardy	60	14.109
Lavinia Petrie	70	12.800
Annette Pelgrim	60	12.579
Graham Walter	57	12.086
Kath Gawthorn	40	11.512
Melissa MacEoin	40	9.029
Michelle Quan	45	8.900

80 metres (no times)

David Featherston	41	
Paul Durrant	53	
Graham Ford	66	
Jeffrey Sim	53	

150 metres

David Featherston	41	19.8
Jeffrey Sim	53	23.6

400 metres (age-graded)

Graham Ford	66	52.5
David Featherston	41	55.4
Paul Durrant	53	57.5
John Aughey	78	69.2

EAST BURWOOD 3-Sep-2015**70 METRE SPRINT**

1	Trevor O'BRIEN	57	9.7
2	Tracey CARPENTER	49	10.5
3	Christopher WORSNOP	57	11.4
4	Leo COFFEY	85	12.3
5	Shirley COPPOCK	79	15.7
6	Lloyd NICHOLS	74	22.3

600 METRE HANDICAP RUN

		Clock	Actual
1	Christopher WORSNOP	57	3.29
2	Paul DURRANT	54	3.31
3	Michael RICHARDS	63	3.37
4	Richard TREMBATH	73	3.45

600 METRE WALK

1	Christopher WORSNOP	57	3.48
2	Leo WATSON	74	3.57
3	Gordon ONLEY	80	4.02
4	Trevor O'BRIEN	57	4.18
5	Phyllis GOSBELL	77	4.37
6	Gerald BURKE	75	4.46
7	Shirley COPPOCK	79	4.56
8	Eddy STACK	81	5.10
9	Bob LEWIS	87	5.11
10	Brian TAIT	73	5.14
11	Peter BATTRICK	72	5.14

110 METRE SPRINT

1	Sonya POLLARD	48	16.0
2	Christopher WORSNOP	57	16.7
3	Tracey CARPENTER	49	17.2
4	Leo COFFEY	85	20.7
5	Shirley COPPOCK	79	23.7
6	Lloyd NICHOLS	74	35.0

45 SECONDS N.O.S.P.

1	Shirley COPPOCK	79	37.00
2	Tracey CARPENTER	49	41.60
3	Lloyd NICHOLS	74	42.70
4	Richard TREMBATH	73	43.10
5	Leo WATSON	74	43.60

6	Paul DURRANT **	54	44.20	
7	Andrew FRASER **	73	45.80	
** Winners - Paul Durrant & Andrew Fraser				
JAVELIN THROW HANDICAP		Best	Adjusted	
1	Andrew FRASER	73	15.76	38.96
2	Brian TAIT	73	10.71	36.96
3	Jack FREDRICKSON	76	12.92	36.62
4	Leo COFFEY	85	10.05	35.55
5	Paul DURRANT	54	19.19	30.54

1600 METRES/2/4/6 KM RUN/WALK

1600 metres:

1	Janet HOLMES	62	7.26
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2 km:

1	Trevor O'BRIEN	57	11.51
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4 km:

1	Michael RICHARDS	63	18.46
2	Pia HUNTER	49	19.36

6 km:

1	Colin PAGE	61	25.23
2	Peter DODGSHUN	63	28.06
3	Christopher WORSNOP	57	28.52

2 KM WALK

1	Bob LEWIS	87	17.57
2	Peter BATTRICK	72	17.57

EAST BURWOOD 10-Sep-2015

80 METRE SPRINT

1	Paul DURRANT	54	11.0
2	Christopher WORSNOP	57	12.8
3	Trevor O'BRIEN	57	13.7
4	Lew JENKINS	70	15.0
5	Leo COFFEY	85	15.7
6	Allan WOOD	78	17.1
7	Lloyd NICHOLS	74	24.8

880 YARDS SELF HANDICAP RUN

DOUG ORR MEMORIAL HEAT 2		Clock	Actual	
1	Graham FORD	66	4.47	2.57
2	Gary TURNER	62	4.54	3.29
3	Hawley THOMAS **	76	4.56	4.53
4	Michael RICHARDS	63	4.57	3.02
5	Christopher WORSNOP	57	4.58	3.17
6	Janet HOLMES	62	4.59	3.14
7	Stephen DAY	45	5.07	3.17
8	Annette PELGRIM	61	5.36	
9	Peter BATTRICK	72	6.10	6.10

** Winner - Hawley Thomas

100 METRE RUN

1	Paul DURRANT	54	13.4
2	Sonya POLLARD	48	14.1
3	Stephen DAY	45	14.5
4	Christopher WORSNOP	57	15.8
5	Allan WOOD	78	18.1
6	Lew JENKINS	70	19.1
7	Lloyd NICHOLS	74	32.6

200 METRE SPRINT

1	Paul DURRANT	54	27.5
2	Graham FORD	66	30.4
3	Allan WOOD	78	39.2
4	Leo COFFEY	85	39.7
5	Lew JENKINS	70	40.3
6	Lloyd NICHOLS	74	95.9

1000 METRE HANDICAP WALK		Clock	Actual	
1	Frank PROWSE	63	8.11	5.56

2	Leonie GILLIES	58	8.24	7.24
3	Trevor O'BRIEN	57	8.24	7.19
4	Liz WRIGLEY	59	8.30	7.50
5	Bob LEWIS	87	8.31	8.26
6	Christopher WORSNOP	57	8.33	6.23
7	Peter BATTRICK	72	8.38	8.28
8	Gerald BURKE	75	8.44	8.09
9	Gordon ONLEY	80	9.02	7.22
10	Kevin CASSIDY	55	9.23	5.58

2 KM WALK

1	Bob LEWIS	87	18.15
2	Peter BATTRICK	72	18.18

4 KM RUN AGE GRADED

				Age %
1	Colin PAGE	61	15.53	78.71
2	Gabor JAKUS	40	16.59	62.09
3	Christopher WORSNOP	57	17.43	68.16
4	Pia HUNTER	49	17.46	73.73
5	Michael RICHARDS	63	17.53	71.16
6	Stephen DAY	45	19.53	55.09
7	Leonie GILLIES	58	22.53	64.57
8	Trevor O'BRIEN	57	24.45	48.79
9	Hawley THOMAS	76	29.14	50.98

DISCUS THROW HANDICAP

		Best	Adjusted	
	Paul DURRANT	54	29.10	30.95
	Brian TAIT	73	14.04	30.69
	Leo COFFEY	85	11.45	30.65
	Jack FREDRICKSON	76	13.76	29.87
	Lew JENKINS	70	20.89	29.69
	Graham FORD	66	25.42	29.42

EAST BURWOOD 17-Sep-2015

60 METRE SPRINT

Heat 1:

1	Allan WOOD	78	
2	Leo COFFEY	85	No
3	Dorn JENKINS	60	Times
4	Shirley COPPOCK	79	Available
5	Horacio DIAZ	70	
6	Lloyd NICHOLS	74	

Heat 2:

1	Paul DURRANT	54	8.2
2	Graham FORD	66	8.5
3	Stephen DAY	45	8.8
4	Sonya POLLARD	48	9.1
5	Tracey CARPENTER	49	9.6
6	Christopher WORSNOP	58	9.8

800 YARDS SELF HANDICAP RUN

DOUG ORR MEMORIAL HEAT 3

Clock		Actual		
1	Gary TURNER	62	4.53	3.23
2	Stephen DAY **	45	4.56	3.06
3	Michael RICHARDS	63	4.56	3.01
4	Hawley THOMAS	76	4.57	4.53
5	Christopher WORSNOP	58	4.57	3.16
6	Colin PAGE	61	5.00	2.35
7	Graham FORD	66	5.01	2.56
8	Janet HOLMES	62	5.01	3.15
9	Peter BATTRICK	72	6.22	6.22

** Winner - Stephen Day

800 METRE WALK HANDICAP

1	Frank PROWSE	63	6.34	4.34
2	Gordon ONLEY	80	6.36	5.36
3	Liz WRIGLEY	59	6.38	6.03
4	Christopher WORSNOP	58	6.40	5.00

5	Bob LEWIS	87	6.42	6.37
6	Peter BATTRICK	72	6.44	6.34
7	Gerald BURKE	75	6.48	6.23
8	Gary TURNER	62	6.54	6.19
9	Phyllis GOSBELL	77	6.54	6.14

100 METRE SPRINT HANDICAP H'cp Mtrs

1	Shirley COPPOCK	79	12.6	36
2	Paul DURRANT	54	12.8	2
3	Christopher WORSNOP	58	13.0	13
4	Tracey CARPENTER	49	13.3	13
5	Leo COFFEY	85	13.6	24
6	Sonya POLLARD	48	13.9	9
7	Lloyd NICHOLS	74	14.2	
8	Allan WOOD	78	14.4	

2 KM WALK

1	Bob LEWIS	87	17.45
2	Peter BATTRICK	72	18.14

15 OR 20 MINUTE TIME TRIAL

15 mins:		Laps	Metres
	Sam DEFANIS	67	17
			200
20 mins:			
	Annette PELGRIM	61	11
			140
	Colin PAGE	61	11
			140
	Michael RICHARDS	63	11
			7
	Christopher WORSNOP	58	11

150 METRE SPRINT

1	Paul DURRANT	54	20.5
2	Graham FORD	66	22.3
3	Tracey CARPENTER	49	23.7
4	Leo COFFEY	85	28.3
5	Lew JENKINS	70	28.8
6	Shirley COPPOCK	79	34.9
7	Lloyd NICHOLS	74	56.2

JAVELIN THROW

Graham FORD	66	21.49
Paul DURRANT	54	20.25
Allan WOOD	78	18.95
Lew JENKINS	70	17.10
Frank PROWSE	63	15.45

EAST BURWOOD 24-Sep-2015

70 METRE SPRINT

1	Paul DURRANT	54	
2	Tracey CARPENTER	49	No
3	Donna CLARKE	62	
4	Lew JENKINS	70	Times
5	Leo COFFEY	85	
6	Allan WOOD	78	Available
7	Shirley COPPOCK	79	

880 YARDS SELF HANDICAP RUN

DOUG ORR MEMORIAL HEAT 4			
		Clock	Actual
1	Stephen DAY	45	4.59
2	Hawley THOMAS	76	5.00
3	Michael RICHARDS	63	5.03
4	Gary TURNER	62	5.06
5	Annette PELGRIM	61	5.13
6	Peter BATTRICK	72	6.45

800 METRE WALK

1	Frank PROWSE	63	5.28
2	Gordon ONLEY	80	5.33
3	Leo WATSON	74	5.46
4	Liz WRIGLEY	59	6.26

5	Phyllis GOSBELL	77	6.30
6	Gerald BURKE	75	6.31
7	Peter BATTRICK	72	6.49
8	Gary TURNER	62	6.51
9	Bob LEWIS	87	6.54
10	Eddy STACK	81	6.58
11	Trevor O'BRIEN	57	7.08

90 METRE SPRINT N.O.T. Clock Nom.

1	Paul DURRANT	54	12.5	11.1
2	Stephen DAY **	45	13.1	13.0
3	Tracey CARPENTER	49	14.7	14.1
4	Donna CLARKE	62	15.4	15.0
5	Leo COFFEY	85	16.4	16.2
6	Lew JENKINS	70	16.6	17.5
7	Shirley COPPOCK	79	19.1	20.0

** Winner - Stephen Day

1 KM WALK

1	Frank PROWSE	63	7.59
2	Gary TURNER	62	8.00
3	Peter BATTRICK	72	8.48
4	Bob LEWIS	87	8.53

3 OR 5 KM RUN

3 km:		
1	Annette PELGRIM	61
2	Stephen DAY	45

5 km:		
1	Gabor JAKUS	40

200 METRE SPRINT N.O.T. Clock Nom.

1	Paul DURRANT	54	28.6	27.5
2	Tracey CARPENTER	49	32.8	31.5
3	Frank PROWSE **	63	35.6	36.0
4	Donna CLARKE	62	37.5	35.4
5	Andrew FRASER	73	37.9	36.2
6	Lew JENKINS	70	39.6	39.0
7	Shirley COPPOCK	79	49.6	46.0

** Winner - Frank Prowse

SHOT PUT

Paul DURRANT	54	8.47
Lew JENKINS	70	7.78
Allan WOOD	78	6.50
Tracey CARPENTER	49	6.00
Brian TAIT	73	5.59
Donna CLARKE	62	5.46
Leo COFFEY	85	4.80

FRANKSTON 3-Sep-2015

100m

1	David Polichaski	35	12.23
2	Jason Dodson	Inv.	18.40

300m

1	David Polichaski	35	54.52
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800m

1	David Polichaski	35	3.00
2	Marlene Gourlay	63	3.22
3	Charlie Mallia	66	3.28
4	Caitlin O'Connell	40	3.52

800m Walk

1	John Hallo	73	6.08
2	Jason Dodson	Inv.	6.12

1600m Walk

1	John Hallo	73	12.32
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2800m Walk

1	Peter Ellis	64	20.45
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2400m

1	Marlene Gourlay	63	11.10
2	David Dodson	56	11.57
3	Chris Sheedy	47	12.55

3600m

1	Charlie Mallia	66	18.28
2	Gary Meyer	60	18.54
3	Caitlin O'Connell	40	20.51
4	Ray O'Connor	77	22.19

FRANKSTON 10-Sep-2015**800m Walk 10/9**

1	Cody McNicol Davidson	Inv	3.51
2	John Hallo	73	5.54
3	Alan Radford	64	6.05
4	Penny Hall	75	6.07
5	Lindsay Beaton	65	7.01
6	Nonie Chan	30	7.06

110m

1	David Polichaski	35	13.80
2	Alan Radford	64	15.26

1600m Walk

1	Penny Hall	75	12.38
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200m

David Polichaski	35	28.34
2 Alan Radford	64	36.71

1

2400m Walk E.T.

		Est.	Clock	Diff.
1	Peter Ellis	64	16.18	16.00 -0.18
2	John Hallo	73	18.00	18.30 0.30
3	Cody McNicol Davidson	Inv	14.50	13.15 -1.35

2000m

1	Nonie Chan	30	11.06
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3200m E.T.

		Est.	Clock	Diff.
1	Marlene Gourlay	63	14.55	14.50 -0.05
2	Charlie Mallia	66	16.16	15.56 -0.20
3	David Dodson	56	16.40	16.17 -0.23
4	Barry Jeffs	67	15.50	15.23 -0.27
5	Ray O'Connor	77	18.28	18.57 0.29
	Frances Halton	53	18.05	

FRANKSTON 17-Sep-2015**6 Lap Spiral Walk ET**

		Est.	Clock	Diff.
1	John Hallo	73	19.00	19.29 0.29
2	Peter Ellis	64	16.40	17.44 1.04

5 or 7 Lap ET

		Est.	Clock	Diff.
1	Alan Radford	5	64	13.00 12.53 -0.07
1	Gary Meyer	7	60	15.25 15.35 0.10
2	Charlie Mallia	7	66	15.06 15.33 0.27
3	Barry Jeffs	7	67	14.40 14.03 -0.37
4	Ray O'Connor	7	77	18.00 16.42 -1.18
5	Caitlin O'Connell	7	41	16.00 17.43 1.43

800m Walk

1	John Hallo	73	6.23
2	Alan Radford	64	6.24
3	Lindsay Beaton	65	7.02

800m

1	David Polichaski	35	2.58
2	Barry Jeffs	67	3.00
3	Charlie Mallia	66	3.36
4	Caitlin O'Connell	41	4.00
5	Gary Meyer	60	4.11

90m

1	David Polichaski	35	13.97
2	Alan Radford	64	15.65

150m

1	David Polichaski	35	19.93
2	Mike Hall	76	24.00
3	Alan Radford	64	24.57

FRANKSTON 24-Sep-2015**200m** (No times recorded)

1	Mike Hall	76
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800m (No times recorded)

1	Charlie Mallia	66
2	John Hallo	73
3	Frances Halton	53
4	Gary Meyer	60

800m Walk (No times recorded)

1	Cody McNicol Davidson	Inv
2	Lyn Pimm	54
3	Lindsay Beaton	65

2000m Walk

1	Penny Hall	75	15.53
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3200m Walk

1	Cody McNicol Davidson	Inv	17.31
2	Peter Ellis	64	21.33
3	John Hallo	73	25.11

2000m

1	Ray O'Connor	77	10.49
2	David Dodson	56	11.18
3	Lyn Pimm	54	12.36

4000m

1	Charlie Mallia	66	20.27
2	Frances Halton	53	21.51

GEELONG 2-Sep-2015**2400m**

Matt Petersen	08:37
Tim Clatworthy	09:10
Barry Weldon	09:47
Steve Welsh	09:57
Andy Bruschi	10:01
Jeff Walker	10:30
Paul Austin	11:39
Eric Bumbers	11:34

1500m

Matt Petersen	05:29
Tim Clatworthy	05:37
Steve Welsh	06:11
Jeff Walker	06:18
Andy Bruschi	06:40
Eric Bumbers	07:01
Paul Austin	07:14

GEELONG 2-Sep-2015**300m**

Rhys Hamill-Beach	39.73
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2000m

R Jones	06:40
Dave Elward	07:43
Eric Bumbers	09:03
Gerry Fitzpatrick	09:18
Kath Oliver	10:16

2400m

Tim Clatworthy	09:04
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GEELONG 2-Sep-2015**4000m**

Dominic Godfrey	13:58
S Howell	16:40
Michael Pankeridge	16:38
Steve Welsh	17:03
Jeff Walker	17:12
Yolander Russell	18:12
Craig Fagan	18:36
Paul Austin	20:02
F Engelsman	21:23

800m

Rhys Hamill-Beach	02:20
Dominic Godfrey	02:27
Tim Clatworthy	02:33
A Hamilton-Jones	02:39
Dave Elward	02:44
Peter Lamb	03:05
Gerry Fitzpatrick	03:08
Jeff Walker	03:13
Craig Fagan	03:20
Eric Bumbers	03:22
Kath Oliver	03:43
Yolander Russell	03:58
Steve Welsh	03:58
F Engelsman	04:10

GEELONG 16-Sep-2015**200m**

Peter Lamb	28.48
Craig Fagan	32.00

2800m

Tony McRae	10:04
Dave Elward	10:50
Barry Weldon	11:35
Steve Welsh	11:43
Jeff Walker	12:04
Yolander Russell	12:40
Craig Fagan	13:03
Daryl Hurst	13:05
Eric Bumbers	13:15
Kath Oliver	13:58
Paul Austin	15:08
Jill Coyte	16:06
Jackie Kriz	17:47

1000m

Tony McRae	03:17
Dave Elward	03:33
Barry Weldon	03:41
Steve Welsh	03:53
Jeff Walker	04:01
Craig Fagan	04:08
Yolander Russell	04:27
Eric Bumbers	04:29
Kath Oliver	04:52
Paul Austin	05:18
Daryl Hurst	05:18

GEELONG 23-Sep-2015**100m**

Rhys Hamill-Beach	11.93
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2400m

David Jenkins	08:16
Louis Rowan	08:22
Charlie El-Hage	02:56
Dave Elward	09:02
Jeff Walker	10:16
Daryl Hurst	10:49
Kath Oliver	11:37
Paul Austin	11:54
Jill Coyte	13:35

800m

Dave Elward	02:43
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1600m

Rhys Hamill-Beach	05:31
Jeff Walker	06:34
David Jenkins	06:56
Paul Austin	07:51
Steve Welsh	07:54
Daryl Hurst	07:55

GEELONG 30-Sep-2015**400m**

Rhys Hamill-Beach	55.17
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2000m

Dave Elward	07:21
Andy Bruschi	08:12
Eric Bumbers	09:14
Jill Coyte	11:11
Jackie Kriz	12:06

4000m

David Jenkins	14:22
Mark Jeffrey	16:07
Michael Pankeridge	16:47
Steve Welsh	16:59
Jeff Walker	17:15
Alan Jenkins	17:28
Yolander Russell	17:33
Daryl Hurst	18:44
Paul Austin	19:55

800m

Rhys Hamill-Beach	02:25
Dave Elward	02:42
Andy Bruschi	02:47
Mark Jeffrey	02:59
Andrew Beach	03:16
Eric Bumbers	03:17
Jeff Walker	03:18
Yolander Russell	03:21
Daryl Hurst	03:35

GLEN EIRA 1-Sep-2015**RAY KEMP 5KM SEALED**

				Adj
HANDICAP RUN -		Clock	H/cap	Time
MERLE WANT	54	26.56	Plus 0.30	26.26
CYNTHIA ELLERY	66	30.24	Plus 3.40	26.44
MARK CANT	54	22.20	4.30	26.50
MICHAEL KENNEDY	62	25.20	1.30	26.50
JIM McLURE	69	28.20	1.30	26.50
CHRIS GRAFEN	51	20.16	6.40	26.56
CHRIS BROWN	59	23.36	3.20	26.56
EMMA THORPE	37	27.18	GO	27.18
PHIL URQUHART	71	28.43	Plus 1.10	27.33
STEVE STRELECKY	65	23.58	4.00	27.58
ASHLEY PAGE	74	26.49	1,20	28.09
PETE BATTRICK	62	44.15	Plus16.00	28.15

S.MIDDLETON 3KM WALK

		Time	
GRAEME DAVIS	65	25.33	
JIM BERRINGTON	59	26.39	
PETER McGRATH	75	27.15	
DOMENIC MORINA (1500 Mtr)	76	13.35	
EDDY STACK 2 LAPS		No Time	

RAY O'CONNOR 800 MTR H/C

WEEK 4 FINAL -		H/cap	Secs	Clock
IAN POULTON	51	18		3.28.9
RAY O'CONNOR	77	GO		3.37.6
JANET HOLMES	62	37		3.48.0
JULIE AYLWARD	43	82		3.53.3

200 MTRS SEAL H/C

		Sld	Clock	Adj
		H/cap	Time	Time
EMMA THORPE	37	7.0	36.04	43.04
BOB WISHART	73	15.5	29.23	44.73
JIM ROUNTREE	56	13.0	32.04	45.04
LEW JENKINS	70	5.5	39.62	45.12

100 MTRS SEAL. H/C

		Adj	Clock	H/cap
		Time	Time	Secs
EMMA THORPE	37	24.65	16.65	8.0
PAUL LYNCH	65	24.94	16.94	8.0
IAN POULTON	51	25.16	17.56	7.6
LEW JENKINS	70	25.16	18.56	6.6
CHRIS BROWN	59	25.20	14.70	10.5
JIM ROUNTREE	56	25.31	15.41	9.9
GLAD WISHART	71	26.29	19.99	6.3

GLEN EIRA 8-Sep-2015**3KM EST TIME RUN -**

		Clock	Est	Diff
MICHAEL KENNEDY	62	14.34	14.53	19
DOUG ADENEY	71	16.40	16.15	25
BARRY JEFFS	67	14.58	14.40	28
ROBYN KENNEDY	65	17.51	18.25	34
STEVE STRELECKY	65	14.08	13.20	48
CYNTHIA ELLERY	66	17.50	18.47	57
ASHLEY PAGE	74	17.19	16.16	63
MERLE WANT	54	17.19	15.45	94

100 MTRS H/C -

		H/cap	Clock	
		Mtrs	Time	
LLEW JENKINS	70	23	13.73	
BOB WISHART	73	Scr	13.93	
JIM ROUNTREE	56	9	14.12	
ALAN RADFORD	64	13	14.31	
IAN POULTON	51	19	14.44	
VIVIENNE CASH	63	15	14.64	
GLAD WISHART	71	25	14.82	
JIM SINCLAIR	91	27	22.12	

WALK 1500 MTRS E/T

		Est	Clock	Diff
ALAN RADFORD	64	12.05	12.02	3
PETER McGRATH	75	12.54	13.03	9
PETE BATTRICK	72	13.25	13.40	15
JIM BERRINGTON	59	9	8.40	20
KARYN O'NEILL	60	10.00	9.49	51
GRAEME DAVIS	65	12	11.16	64

150 METRES H/C

			Secs	Time	Time
ALAN RADFORD	64	6		31.55	25.66
BOB WISHART	73	10		31.87	21.87
JIM ROUNTREE	56	8		32.43	24.43
LEW JENKINS	70	3		32.63	29.63
VIVIENNE CASH	63	6		33.52	27.52
GLAD WISHART	71	1		33.65	32.65
JIM McLURE	69	4		34.27	30.27

500 MTRS H/CAP

		H/cap	Clock	Adj
		(Secs)	Time	Time
JANET HOLMES	62	15	2.05.6	1.50.6
RAY O'CONNOR	77	GO	2.06.2	2.06.2
JIM McLURE	69	20	2.09.9	1.49.9
BARRY JEFFS	67	22	2.20.1	1.58.1

GLEN EIRA 15-Sep-2015**60 MTRS E/T**

		Est	Clock	Diff
LEW JENKINS	70	11.10	11.15	5
BILL CARR	66	9.20	8.91	29
JIM ROUNTREE	56	9.80	9.47	33
GLAD WISHART	71	11.53	11.90	37
ALAN RADFORD	64	10.20	10.75	55
CHRIS BROWN	60Q	9.50	8.90	60
BOB WISHART	73	9.85	9.20	65
IAN POULTON	51	12.14	10.86	68
JIM SINCLAIR	91	12.00	13.13	73

2KM H/C WALK

		H/cap	Clock
LEW JENKINS	70	1.20	16.38
ALAN RADFORD	64	1.16	17.00
JIM BERRINGTON	59	5.38	17.06
KARYN O'NEILL	60	4.21	17.20
GRAEME DAVIS	65	1.30	17.33
PETE BATTRICK	72	GO	17.41
PETER McGRATH	75	0.19	18.10
GRAHAM STOCKDALE	73	1.30	18.10

H/c Actual

800 MTRS H/C

		Secs	Clock	Time
BARRY JEFFS	67	27	3.27.0	3.00.0
JIM McLURE	69	23	3.37.5	3.14.5
RAY O'CONNOR	77	GO	3.38.1	3.38.1
JANET HOLMES	62	26	3.39.6	3.13.6
IAN POULTON	51	27	4.22.9	3.55.9

400 MTRS E/T

		Est	Clock	Diff
BOB WISHART	73	73	73.4	0.4
JIM ROUNTREE	56	71	69.7	1.3
ALAN RADFORD	64	85	83.6	1.4
BILL CARR	66	72	73.9	1.9
LEW JENKINS	70	95	102.8	7.8

JUDY WINES 6KM SEALED

				Adj.
HANDICAP RUN		Clock	H/cap	Time
CYNTHIA ELLERY	66	36.29	4.30	31.59
MARK CANT	54	27.01	5.00	32.01
STEVE STRELECKI	65	28.48	4.00	32.48
CHRIS BROWN	60	29.34	3.20	32.54
PHIL URQUHART	71	33.32	GO	33.32

MERLE WANT	54	32.44	1.00	33.44
BARRY JEFFS	67	32.02	2.00	34.02
PAUL MEREDITH	54	47.32	4.00	43.32

GLENN EIRA 22-Sep-2015

WALK - EST DISTANCE

		Est	Actual	Diff
15 OR 25 MINS				
ALAN RADFORD	64	4.300	4.277	0.023
PETE BATTRICK	72	6.375	7.000	0.025
DOMENICO MORINA	76	4.000	4.075	0.075
PETER McGRATH	75	4.250	4.100	0.150
JIM BERRINGTON	58	10.100	10.220	0.210
GRAEME DAVIS	65	4.100	4.350	0.450

5KM RUN		Clock		
MARK CANT	54	22.37		
CHRIS GRAFEN	51	22.39		
JOSH CANT	INV	22.47		
STEVE STRELECKI	65	23.25		
HEATHER CARR	66	25.00		
ASHLEY PAGE	75	26.43		
PAUL MEREDITH	54	35.45		
GRAHAM STOCKDALE (3K)	73	20.17		

500 MTRS E/T		Est	Clock	Diff
JIM McLURE	69	1.50.5	1.49.7	0.8
RAY O'CONNOR	77	2.9.5	2.11.0	1.5
CHRIS BROWN	60	1.50.0	1.40.9	9.1
BOB WISHART	73	1.58.3	1.43.5	14.8

1500 MTRS E/T		Est	Clock	Diff
KEVIN ARMSTRONG	54	6.48	6.30	15
HEATHER CARR	66	7.40	7.06	34
RAY O'CONNOR	77	8.29	7.45	44

		H/c		
110 MTR H/C		Mtrs	Clock	
BILL CARR	66	Scr	16.57	
JIM ROUNTREE	56	3	16.77	
HEATHER CARR	66	23	17.87	
LEW JENKINS	70	16	18.35	
ALAN RADFORD	64	7	18.55	
JIM SINCLAIR	91	23	19.93	

GLENN EIRA 29-Sep-2015

TEAM RELAY 100 MTRS H/C

ALAN RADFORD				
BILL CARR		A DEAD HEAT		
HEATHER CARR				
IAN POULTON		1.08		

VIVIENNE CASH				
LEW JENKINS				
BOB WISHART				
GLAD WISHART		1.08		

150 MTRS E/T		Est	Clock	Diff
		(Secs)		
JIM ROUNTREE	56	23.90	23.73	0.17
JIM McLURE	69	27.50	28.60	1.1
BILL CARR	66	22.30	23.51	1.21
LEW JENKINS	70	28.00	29.32	1.32
ALAN RADFORD	64	26.00	27.51	1.51

200 MTR SLD H/C		Clock	H/cap	
			Time	
IAN POULTON	51	37.27	42.27	
BILL CARR	66	30.52	44.52	
BOB WISHART	73	29.55	45.05	

LEW JENKINS	70	40.60	46.10
1500 MTRS E/T		Est	Clock Diff
KEVIN ARMSTRONG	54	6.48	6.30 15
HEATHER CARR	66	7.40	7.06 34
RAY O'CONNOR	77	8.29	7.45 44

WALK - TEAM RELAY 1600 MTRS

JIM BERRINGTON		
PETER BATTRICK		23.08
HEATHER CARR		
PETER McGRATH		23.18
TONY DORAN		
DOMENIC MORINA		24.00
ALAN RADFORD		
GRAEME DAVIS		24.00

RUN - TEAM RELAY 2 X 3KM

PETER BENCE		11.42
PHIL URQUHART		16.06
KEVIN ARMSTRONG		13.25
MERLE WANT		15.47
CHRIS GRAFEN		11.48
GRAEME STOCKDALE		18.55
CHRIS BROWN		14.29
JIM McLURE		16.36
STEVE STRELECKY		13.41
MICHAEL KENNEDY		14.36

KNOX 2-Sep-2015

80m		
Paul DURRANT	54	10.93
Heath SCOTT	35	11.92

1500m NOT		
Paul CONNOR	52	5.50
Heath SCOTT winner	35	7.09

200m		
Paul DURRANT	54	28.56
Heath SCOTT	35	32.51

Distance event		
Paul CONNOR 3k	52	11.59
Glen CLAUDEN	61	14.2
Anne MCPHERSON	59	15.05
Peter THORNE	67	16.46
Maggie HAWKES 5k	59	37.39

KNOX 9-Sep-2015

70m		
Brad KRAWCZYK	39	9.12
Jack DURRANT	inv	9.52
Rebecca CARPENTER	inv	10.79
Tracey CARPENTER	49	11.12
Andrea PUTTING	52	13.47

110m		
Brad KRAWCZYK	39	13.48
Paul DURRANT	54	15.24
Rebecca CARPENTER	inv	16.88
Tracey CARPENTER	49	17.47

Half mile handicap		
Evelyn KUYS	58	3.21
Melissa MACEOIN	44	4.23
Peter SHANAHAN	54	3.58
Brian MEE	77	3.54
Ryan CLARK	39	3.56
Toscha STOPAR 1st	45	3.42
Paul DURRANT	54	2.54

John GRAHAM	65	2.53
Heath SCOTT	35	3.28
Glen CLAUDEN	61	3.54
Peter THORNE	67	4.17
10 lap spiral		
John GRAHAM	65	17.05
Graeme LETICQ	60	18.00
Ryan CLARK	39	20.29
Heath SCOTT	35	23.01
Stephen RICHARDS	54	23.58
Melissa MACEOIN	44	24.01
Peter THORNE	67	24.15
Brian MEE	77	25.01
Peter SHANAHAN	54	26.08

KNOX 16-Sep-2015		
60M		
Jack DURRANT	inv	7.76
Andrew WATTS	59	8.34
Paul DURRANT	54	8.71
Grant LEBRON	48	9.26
Tracey CARPENTER	49	9.90
Half mile handicap		
Julie NORNEY	47	2.52
Mike BIELENY	52	2.33
Paul TWINING	66	3.54
John GRAHAM 1st.	65	2.48
Helen STANLEY	59	3.2
Paul CONNOR	52	2.42
Mike RENNIE	33	2.15
Glen CLAUDEN	61	3.44
Evelyn KUYS	58	3.26
Toscha STOPAR	45	3.41
Brian MEE	77	4.07
Ryan CLARK	39	4
Louisa KNIGHT	50	4.11
Heath SCOTT	35	3.37
500m NOT		
Mike RENNIE	33	1.23
Paul DURRANT	54	1.26
Andrew WATTS	59	1.29
Mike BIELENY	52	1.29
Paul CONNOR	52	1.31
Julie NORNEY	47	1.38
John GRAHAM	65	1.41
Tracey CARPENTER	49	1.43
Heath SCOTT	35	1.48
Stephen RICHARDS	54	1.52
Ryan CLARK	39	2.06
David WEAR	69	2.47
Chas MCCRAE winner	82	4.19
Distance event		
David WEAR 3k	69	6.44
Paul CONNOR	52	12.10
Mike BIELENY	52	12.11
John GRAHAM	65	12.33
Anne MCPHERSON	59	14.47
Stephen RICHARDS	54	14.54
Mike RENNIE	33	15.00
Heath SCOTT	35	16.41
Peter THORNE	67	17.54
Maggie HAWKES	59	22.43
Julie NORNEY 5k	47	20.3
Graeme LETICQ	60	20.54

Paul TWINING	66	22.02
Helen STANLEY	59	23.53
Glen CLAUDEN	61	24.18
Ryan CLARK	39	24.55
Toscha STOPAR	45	25.36

KNOX 23-Sep-2015		
80m		
Evan THOMSON	41	10.65
Paul DURRANT	54	11.51
Tracey CARPENTER	49	12.63
Donna CLARKE	62	13.73
Andrea PUTTING	52	15.56
Half mile handicap		
Owen LOGUE	30	3.56
Louisa KNIGHT	50	4.03
Michelle QUAN	45	4.12
David WEAR	69	4.38
Melissa MACEOIN	44	4.44
Stephen RICHARDS	54	4.55
Glen CLAUDEN	61	5.00
Ryan CLARK	39	5.04
John GRAHAM	65	5.06
Paul TWINING	66	5.08
110m		
Evan THOMSON	41	14.43
Paul DURRANT	54	14.94
Tracey CARPENTER	49	17.41
Donna CLARKE	62	19.55
150m		
Evan THOMSON	41	19.75
Paul DURRANT	54	20.57
Owen LOGUE	30	21.42
Stephen RICHARDS	54	23.05
Tracey CARPENTER	49	23.86
Donna CLARKE	62	26.23
Andrea PUTTING	52	31.85
Michelle QUAN	45	32.82
2/4/6k		
Michelle QUAN 2k	45	11.08
Stephen RICHARDS	54	11.23
David WEAR	69	12.32
Graeme LETICQ 4k	60	16.08
Paul TWINING	66	17.57
Glen CLAUDEN	61	19.16
Anne MCPHERSON	59	18.31
Louisa KNIGHT	50	24.07
Melissa MACEOIN	44	24.41
Owen LOGUE 6k	30	30.25
Ryan CLARK	39	30.53

KNOX 30-Sep-2015		
100m		
Rebecca CARPENTER	inv	14.43
Alyssa CARPENTER	inv	15.03
Tracey CARPENTER	49	15.70
Donna CLARKE	62	16.76
Melissa BUTLER	inv	18.04
Andrea PUTTING	52	19.25
100m - 30/9/15		
Evan THOMSON	41	13.53
Paul DURRANT	54	14.59
Chris CRENNAN	43	15.3
Heath SCOTT	35	16.21

Owen LOGUE	30	17.23
Mark HARRIS	47	20.31
Relay		
Evan THOMSON	41	2.02
Tracey CARPENTER	49	
Alyssa CARPENTER	inv	
Rebecca CARPENTER	inv	
Paul DURRANT	54	2.03
Donna CLARKE	62	
Mark HARRIS	47	
Chris CRENNAN	43	
80m		
Evan THOMSON	41	9.65
Paul DURRANT	54	10.74
Chris CRENNAN	43	11.71
Mark HARRIS	47	12.81
Donna CLARKE	62	13.61
Melissa BUTLER	inv	14.54
Rebecca CARPENTER	inv	14.96
Andrea PUTTING	52	15.81
1/3/5/7/k		
Hank KUYIS	1k	61
Chris CRENNAN		43
Phil SHERIDAN		51
Paul TWINING	3k	66
Heath SCOTT		35
Graeme LETICQ	5k	60
Owen LOGUE		30
Glen CLAUDEN		61
Anne MCPHERSON		59
David WEAR		69
Michelle QUAN		45
Peter THORNE		67
Melissa MACEOIN		44
Ryan CLARK	7k	39

MENTONE 2-Sep-2015				
400m E.T. *Agg Event*				
1 Bob Wishart	73	1.13.8	1.2	7
2 Kuni Bowden	49	1.40.4	5.4	5
3 Ross Kent	73	1.29.6	9.5	4
800m Self H/cap - 2/9/15				
1 Sandra Wynne	64	4.01.0	3.52.0	
2 John Wilson	60	4.03.2	2.54.2	
3 Col Waring	69	4.03.8	3.11.8	
4 Corey Lawson	Inv	4.04.2	2.20.2	
5= Kuni Bowden	49	4.04.5	3.12.5	
5= Michael Bishop	43	4.04.5	2.35.5	
7 Dominique Britter	Inv	4.06.7	3.47.7	
8 Matt Bowden	48	4.13.6	3.09.6	
DQ Avril Britter	56	3.53.0		
DQ Ashley Page	74	3.33.0		
60m E.T. - 2/9/15				
1 Dominique Britter	Inv	Timing		
2 Avril Britter	56	Rain		
3 Sandra Wynne	64	Affected		
4 Glad Wishart	71			
5 Kuni Bowden	49			
6 Dave Wilkins	57			
7 Matt Bowden	48			
8 Ross Kent	73			
9 Bob Wishart	73			
3.336 Km E.T.				
1 Ashley Page	74	18.00	0.03	@

2 Corey Lawson	Inv	11.40	-0.04
3= Sandra Wynne	64	18.34	0.09
3= Matt Bowden	48	15.46	-0.09
3= Dominique Britter	Inv	18.19	0.09
6 David Dodson	56	17.00	-0.15
7 Avril Britter	56	18.47	-0.22
8 John Wilson	60	14.56	-1.04
9 John Kneen	72	23.01	3.01
5 Lap Spiral Walk E.T. *Agg Event*			
	Clock	Diff	Pts
1 Sylvia Machin	74	14.57	-0.03 7
2 Kuni Bowden	49	14.17	-0.10 5
3 Dave Wilkins	57	13.24	0.12 4
4 Heidi Engel	73	23.02	0.32 3
5 John Morrison	75	15.32	0.47 2

MENTONE 9-Sep-2015			
800m Walk E.T.			
1 Sylvia Machin	74	5.34	-0.11
2 John Morrison	75	6.02	0.12
3 John Mathew	78	7.58	0.58
1 Mile E.T. *Agg Event*			
1 Katie Gibson	Inv	7.29.1	-0.90
2 Mike Thomas	43	5.42.7	2.70
3 Sandra Wynne	64	8.16.5	-3.50
4 Corey Lawson	Inv	5.06.2	-3.80
5 Helen Bryan	45	7.33.9	3.90
6 Avril Britter	56	8.24.8	-4.20
7 Ashley Page	74	7.52.2	-4.80
8 Dominique Britter	Inv	7.51.6	-8.40
9 Kuni Bowden	49	6.31.7	11.70
10 Matt Bowden	48	6.45.6	-14.40
11 Michael Bishop	44	5.35.2	15.20
12 Col Waring	69	7.18.0	-17.00
100m E.T.			
1 Avril Britter	56	19.12	0.04
2 Bob Wishart	73	14.14	0.19
3 Vivienne Cash	63	16.84	0.24
4 Ross Kent	73	16.54	-0.46
5 Dave Wilkins	57	14.69	-0.51
6 Sandra Wynne	64	18.72	0.72
7 John Mathew	78	24.73	0.73
8 Kuni Bowden	49	20.10	-0.90
9 Katie Gibson	Inv	17.03	-0.97
10 Glad Wishart	71	19.92	1.42
11 Dominique Britter	Inv	15.52	-2.48
4 Km Self H/cap			
1 Michael Bishop	44	23.30	14.00
2 Matt Bowden	48	23.33	19.03
3 Kuni Bowden	49	23.40	16.53
4 Corey Lawson	Inv	23.44	13.54
5 John Kneen	72	29.04	27.14
DQ Avril Britter	56		22.44
DQ Ashley Page	74		21.05
DQ Mike Thomas	43		15.31
DQ Sandra Wynne	64		21.46
DQ Dominique Britter	Inv		21.00
2000m/ 4000m Walk E.T.			
2000m			
1 Bronwen Perry	58	15.54	-0.01
2 Maureen Seedsman	78	15.42	0.02
3 Heidi Engel	73	21.34	-0.16
4 Ian Beaumont	79	17.58	0.18

5	John Morrison	75	14.15	-0.35
6	John Mathew	78	22.59	0.59
7	Pam Mews	80	19.14	-1.36
4000m				
1	Ralph Bennett	73	26.03	0.03
2	Sylvia Machin	74	28.22	0.22
75 Sec E.D.				
Winner		Col Waring		

MENTONE 16-Sep-2015

75m E.T.		Clock	Diff
1	Dave Wilkins	57	11.11 0.16
2	Kuni Bowden	49	14.78 -0.27
3	Kate Aylward	Inv	13.96 0.46
4	Avril Britter	56	14.18 0.50
5	Ross Kent	73	12.62 0.62
6	Glad Wishart	71	14.95 0.75
7	Martin Aylward	Inv	12.66 -0.84
8	Sandra Wynne	64	14.21 1.12
9	Bob Wishart	73	10.51 -1.29
10	Julie Aylward	43	10.68 -1.32
11	Sam Hugo	Inv	16.71 -4.39

3000m E.T. (7.5 Laps)		Clock	Diff
1	David Dodson	56	15.14 -0.01
2	Mike Thomas	43	11.36 0.06
3	Sandra Wynne	64	16.09 -0.09
4	Ashley Page	75	15.40 0.10
5	Kuni Bowden	49	12.39 -0.21
6	Matt Bowden	48	13.44 -0.26
7	Julie Aylward	43	12.48 -0.27
8	Avril Britter	56	17.29 1.47
9	John Kneen	72	18.58 2.28

3000m (7.5 Laps) Walk E.T.		Clock	Diff
1	Gwen Steed	73	19.40 -0.02
2	Sylvia Machin	74	21.26 -0.04
3	Bronwen Perry	58	23.47 -0.08
4	Ralph Bennett	73	17.30 -0.15
5	Glennis McPherson	69	22.01 -0.17
6	Maureen Seedsman	78	23.44 0.24
7	Ian Beaumont	79	25.40 -0.30
8	Pam Mews	80	31.26 -0.34
9	John Morrison	75	22.10 -0.40
10	Bev Hugo	75	24.47 0.47

MENTONE 23-Sep-2015

500m Walk E.T.		Clock	Diff
1	Ian Beaumont	79	4.07 -0.03
2	John Mathew	78	4.56 -0.04
3	Ralph Bennett	73	2.36 -0.10
4	Sylvia Machin	74	3.26 0.16
5=	John Morrison	75	3.27 0.17
5=	Bev Hugo	75	3.48 -0.17

1600m E.T.		Clock	Diff
1	Sandra Wynne	64	8.17 0.01
2	Kuni Bowden	49	6.32 0.02
3	Matt Bowden	48	6.37 -0.03
4	Mike Thomas	43	5.40 0.05
5=	Corey Lawson	37	5.39 0.09
5=	Ashley Page	75	7.59 -0.09 ***
7	David Dodson	56	8.46 -0.14
8	Col Waring	69	7.05 -0.15

200m H/cap		Clock	Metres
1	Kuni Bowden	49	25.30 77

2	Ross Kent	73	28.00 42
3	John Mathew	78	29.20 85
4	Dave Wilkins	57	29.50 13
5	Bob Wishart	73	30.60 9

3 Laps/ 6 Laps Road E.T.

3 laps - 2.5 Km		Clock	Diff
1	Mike Thomas	43	9.45 -0.15

6 laps - 5 Km		Clock	Diff
1	Matt Bowden	48	24.40 0.10
2	Kuni Bowden	49	22.01 0.11
3	Sandra Wynne	64	27.42 -0.48
4	Ashley Page	75	27.18 0.52
5	Corey Lawson	37	21.54 2.54

1 Mile/ 2 Miles Walk E.T.

1 Mile		Clock	Diff
1	Bronwen Perry	58	12.46 -0.04
2	Maureen Seedsman	78	12.32 -0.08
3	John Morrison	75	11.38 -0.22
4	Heidi Engel	73	17.34 0.24
5	Bev Hugo	75	12.50 -0.30
6	John Mathew	78	17.33 0.33
7	Pam Mews	80	16.01 0.36
8	Glennis McPherson	69	11.10 -0.40
9	Ian Beaumont	79	14.02 0.42
10	Geoff Barrow	66	13.30 1.00
2 Miles		Clock	Diff
1	Gwen Steed	73	21.42 0.10
2	Ralph Bennett	73	18.22 -0.18
3	Sylvia Machin	74	23.20 0.20

MENTONE 30-Sep-2015

600m Walk E.T.		Clock	Diff
1=	Ian Beaumont	79	4.56 -0.04
1=	John Mathew	78	5.11 -0.04
3	Bronwen Perry	58	4.37 -0.08
4	Nikolaj Djordjevic	Inv	3.15 0.09
5	Nikita Djordjevic	Inv	3.43 0.20
6	Bev Hugo	75	4.34 0.48

300m E.T.		Clock	Diff
1	Helen Bryan	45	59.18 -5.82
2	Katie Gibson	Inv	56.76 -13.24
3	Kuni Bowden	49	74.40 14.40

600m E.T.		Clock	Diff
1	John Kneen	73	3.07.8 -2.20
2	Matt Bowden	48	2.01.6 -3.40
3	Col Waring	69	2.05.5 -4.50
4	Sandra Wynne	64	2.50.1 -4.90
5	Avril Britter	56	2.56.3 5.30
6	Katie Gibson	Inv	2.36.4 6.40
7	Nikolaj Djordjevic	Inv	2.07.7 7.70
8	Dominique Britter	Inv	2.27.8 7.80
9	Helen Bryan	45	2.36.4 11.40
10	Kuni Bowden	49	2.22.4 12.40
11	Ashley Page	75	2.46.5 -16.50
12	John Wilson	61	2.06.5 -18.50
13	Jeanne Bryan	73	2.49.7 19.70
14	Nikita Djordjevic	Inv	1.58.1 -21.90
15	Ruth Musk	39	2.33.0 26.00

70m E.T.		Clock	Diff
1=	Dave Wilkins	57	10.31 0.01
1=	Katie Gibson	Inv	12.01 0.01

3	Avril Britter	56	13.64	-0.04	
4	Vivienne Cash	63	11.33	0.33	
5	John Mathew	78	16.38	-0.42	
6	Glad Wishart	71	13.98	0.43	
7	Bob Wishart	73	9.96	0.56	
8	Nikita Djordjevic	Inv	11.74	0.59	
9	Finn Gibson	Inv	12.64	0.64	
10	Nikolaj Djordjevic	Inv	11.19	0.74	
11	Ruth Musk	39	12.33	-0.88	
12	Kuni Bowden	49	14.99	-1.01	
13	Dominique Britter	Inv	10.38	-1.42	
5 Km E.T. *Agg Event*			Clock	Diff	Pts
1	David Dodson	56	27.29	0.09	7
2	Kuni Bowden	49	21.32	-0.18	5
3	John Kneen	73	29.41	-0.19	4
4	Ashley Page	75	26.47	0.21	3
5	Dominique Britter	Inv	27.21	0.46	3
6	Sandra Wynne	64	27.33	-0.57	2
7	Ruth Musk	39	23.26	-0.59	1
8	Jeanne Bryan	73	27.52	1.12	1
9	John Wilson	61	22.47	-1.13	1
10	Matt Bowden	48	22.51	-1.29	1
11	Avril Britter	56	30.00	1.37	1
2000m/ 4000m Walk E.T.			Clock	Diff	
2000m					
1	Bronwen Perry	58	15.57	0.01	
2	John Mathew	78	22.03	0.03	
3	Gwen Steed	73	13.39	0.04	
4	Heidi Engel	73	21.25	-0.09	
5	Bev Hugo	75	16.46	0.11	
6	Maureen Seedsman	78	15.27	-0.23	
7	Joan Clarke	80	19.23	0.36	
8	Pam Mews	80	19.23	-0.47	
9	Ian Beaumont	79	18.04	1.04	
4000m					
1	Geoff Barrow	73	28.10	0.20	
2	Sylvia Machin	74	28.25	0.25	

Neil GRAY	67	2.59
Paul WINTERTON	61	3.21
Juan PEREZ	76	4.10
Lindsay OXENHAM	66	3.35
Bill IRVINE	67	3.20
Ray O~CONNOR	77	3.49
Alan BENNIE	68	3.35
Harry G	44	5.36
3K WALK		
Celia JOHNSON	67	22.10
Juan PEREZ	76	22.13
Dennis PHILLIPS	73	23.12
Tony JOHNSON	75	23.37
Frank ALLEN	70	23.50
Brian LYNCH	79	23.51
Penny HALL	75	23.54
Jim SMITH	74	23.58
Rob CLUTTERBUCK	62	23.59
Kelly DAVIDSON	36	28.50
Anand THILLAISUNDARAM	39	28.50
Natalie IRVINE	68	29.02
Bill IRVINE	67	29.02
Ernie JEFFS	70	30.53
Harry G	52	30.55
Pam PHILLIPS	70	32.30
Ron LITTLE 2 km	72	17.23
5 KM RUN		
Claudio RIGA	60	25.02
Lindsay OXENHAM	66	26.07
Lou BUCCIERI	60	26.49

SPRINGVALE 2-Sep-2015			
2 KM RUN			
Bill IRVINE	67	9.31	
Paul MULLINS	75	9.46	
Paul WINTERTON	61	10.09	
Harry G		26.44	
2 KM WALK			
P ELLIS	64	13.45	
P BATTRICK	70	18.15	
4 km run			
Claudio RIGA	60	19.56	
Lindsay OXENHAM	66	20.55	
Juan PEREZ	76	24.24	

SPRINGVALE 9-Sep-2015			
200 METRES			
Bill HAINS	52	31.60	
Harry G	44	39.80	
Mick COLGAN	64	42.50	
Lindsay OXENHAM	65	46.10	
Juan PEREZ	76	47.10	
800 METRES			
Mick COLGAN	64	3.49	
Claudio RIGA	60	3.23	
Paul MULLINS		3.13	

SPRINGVALE 16-Sep-2015		
100 METRES		
Mick COLGAN	64	12.70
Mike HALL	76	13.20
Anura POLYADDA	62	13.50
Juan PEREZ	76	13.90
Eric NEGROS	52	14.30
Lindsay OXENHAM	66	14.50
Harry G	44	14.90
800 METRES		
		actual
Juan PEREZ	76	4.03.6
Ray O~CONNOR	77	3.45.1
Paul WINTERTON	61	3.23.8
Neil GRAY	67	2.59.5
Lou BUCCIERI	60	3.18.5
Bill IRVINE	67	3.20.1
Mick COLGAN	64	3.50.6
Alan BENNIE	68	3.21.7
Claudio RIGA	60	3.34.7
Lindsay OXENHAM	66	3.48.6
Harry G	44	4.47.8
15 MINUTE EVENT		
		lap/mts
Celia JOHNSON	67	4 390
Mick COLGAN	64	4 390
Natalie IRVINE	68	4 60
Bill IRVINE	67	5 60
Ian TREGAR	65	6 290
Paul MULLINS	75	7 30
Harry G	44	5 30
Penny HALL	75	4 350
Pam THOMAS	65	4 300
Ron LITTLE	72	4 120

John ABEL	65	4 130
Peter BATTRICK	72	5 0
Dave TALBOT	60	7 150
Alison DEVINE	59	6 200
Shelley VELLIN	39	7 20

30 MINUTE EVENT

Claudio RIGA	60	14 390
Tony JOHNSON	75	8 370
Juan PEREZ	76	10 20
Lindsay OXENHAM	66	13 160
Lou BUCCIERI	60	15 60

SPRINGVALE 23-Sep-2015

400 METRES RELAY

team 1

Harry G	44	1.51
Paul MULLINS	75	1.27
Anura POLYADDA	62	1.07

team 2

Claudio RIGA	60	1.30
Juan PEREZ	76	1.50
Lou BUCCIERI	60	1.26

team 3

Ray O~CONNOR	77	1.36
Lindsay OXENHAM	66	1.34
Mike HALL	76	1.28

hcp. 70 METRES

16 mts Mike HALL	76	11.30
24 Harry G	44	11.40
0 Juan PEREZ	76	13.10
26 Lindsay OXENHAM	66	14.80
40 Eric NEGROS	52	16.10

30 3 KM WALK

13 Tony JOHNSON	75	17.51
hcp. Peter ELLIS	65	20.09
0 sec Celia JOHNSON	67	22.02
23 Juan PEREZ	76	22.09
46 Jim SMITH	74	23.44
71 Pam THOMAS	65	24.41
53 Frank ALLEN	70	26.27
53 Harry G	44	27.03
35 Peter BATTRICK	72	27.05
60 Natalie IRVINE	68	28.15
48 Ernie JEFFS	70	28.17
43 Frank MANNING	65	28.18
0 Eric NEGROS	52	29.45
Ian TREGG	65	29.45

5 KM HCP.

Alan BENNIE	68	24.25
Claudio RIGA	60	24.49
Bill IRVINE	67	24.56
Lou BUCCIERI	60	25.08
Lindsay OXENHAM	66	26.18
Paul WINTERTON 3 km	61	15.12

SPRINGVALE 30-Sep-2015

2 KM WALK

Tony DORAN	63	13.51
Celia JOHNSON	68	14.54
Jim SMITH	74	15.11
Penny HALL	75	15.13
Pam THOMAS	65	16.13
Peter BATTRICK	72	17.59

Natalie IRVINE	68	18.30
Bill IRVINE	67	18.30
Ernie JEFFS	70	18.38
Ian TREGG	65	19.14
John ABEL	65	19.14
Bill FOURKIOTIS	73	20.22
Eric	51	20.22

4 KM WALK

Ron LITTLE	72	33.07
Fank ALLEN	70	33.36
Brian LYNCH	79	33.36

2 KM RUN

Mick COLGAN	64	10.30
Lew JENKINS	70	13.14
Harry G	44	20.33

800 METRES

Paul MULLINS***	75	actual 3.07.9
Neil GRAY	67	2.57.3
Lou BUCCIERI	60	3.12.2
Alan BENNIE	68	3.08.0
Claudio RIGA	60	3.20.4
Ray O~CONNOR	77	3.39.9
Lindsay OXENHAM	66	3.27.5
Bill IRVINE	67	3.13.0
Paul WINTERTON	61	3.19.2
Dave TALBOT	61	3.14.8
Juan PEREZ	76	4.07.3
Mick COLGAN	64	3.54.1
Harry G	44	4.48.9

NEW AGE RECORD