

AROUND THE GROUNDS

VENUE RESULTS FOR MARCH 2016, PROGRAM FOR MAY 2016



CASEY'S PROUD GOLD MEDALISTS FROM THE VIC CHAMPS
PAUL OLSSON, PENNY HALL, MIKE HALL AND PRAMESH PRASAD

ABERFELDIE, COBURG, COLLINGWOOD, CROYDON,
DONCASTER, EAST BURWOOD, FRANKSTON, GEELONG,
GLEN EIRA, KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

ABERFELDIE 2 MARCH 2016**60 Metres**

Richard SHORTT	44	7.84
Joe DILWORTH	64	9.02
Cathy ORELLI	54	9.82
Heather WILSON	41	10.10
John PAPWORTH	47	10.22
Maggie ARMSTRONG	53	10.50
Jamie PAPWORTH	INV	10.81
Anne STOBBAUS	74	11.32
Tony BRADFORD	76	11.41
Imogen PAPWORTH	INV	12.31

1000 Metres Age Graded

			Age %
Dave CHISHOLM	47	3.18	74.38
Levi DRAPER	INV	4.32	71.26
Alfred LENDVAI	62	4.05	68.20
Carolyn BOWEN	54	4.20	67.67
Adam GREGORY	31	3.15	66.92
Daniel IERARDO	INV	3.22	66.34
Stephen BARKER	72	4.47	64.50
Jasmine ORELLI	INV	4.46	63.90
Doug STOKES	63	4.36	61.03
Jakob DRAPER	INV	4.31	60.47
Michael ORELLI	71	5.10	58.80
Heather WILSON	41	4.31	56.55
John VANCE	67	5.15	55.36
Jamie PAPWORTH	INV	4.38	53.06
John PAPWORTH	47	4.38	52.98
Maggie ARMSTRONG	53	5.28	52.93
Peter BLACK	61	5.15	52.63
Andrea DRAPER	38	4.54	50.71
John WHITE	48	4.56	50.20

200 Metres

Richard SHORTT	44	26.28
John PAPWORTH	47	27.47
Joe DILWORTH	64	33.22
Cathy ORELLI	54	33.94
Heather WILSON	41	35.75
Tony BRADFORD	76	38.50
Anne STOBBAUS	74	38.79
Michael ORELLI	71	43.08
Jasmine ORELLI	INV	44.03
Imogen PAPWORTH	INV	45.22
Jamie PAPWORTH	INV	45.87
Doug RAMM	81	48.90
Stephen BARKER	72	76.31

5000 Metres River Run

Lisa IERARDO	50	23.10
Carolyn BOWEN	54	23.41
Doug STOKES	63	28.40
John DEAN	71	28.42
Bill RISTEVSKI	51	29.58
John WHITE	48	31.27

7000 Metres River Run

Adam GREGORY	31	30.47
John VANCE	67	37.59
Stephen BARKER	72	39.02
Peter BLACK	61	39.07

ABERFELDIE 9 MARCH 2016**100 Metres**

Noel MAGHAMEZ	47	14.66
Joe DILWORTH	64	15.50
Heather WILSON	41	15.78
Jamie PAPWORTH	INV	17.25
John PAPWORTH	47	17.43
Tony BRADFORD	76	18.44
Anne STOBBAUS	74	18.91
Doug RAMM	81	21.16
Imogen PAPWORTH	INV	22.06

800 Metres

Dave CHISHOLM	47	2.27
Michael CAMILLERI	42	2.59
Brian O'DEA	61	3.05
Jakob DRAPER	INV	3.26
Jasmine ORELLI	INV	3.41
John PAPWORTH	47	3.47
Jamie PAPWORTH	INV	3.47
Cathy ORELLI	54	3.54
Levi DRAPER	INV	4.06
Andrea DRAPER	39	4.07
Michael ORELLI	71	4.12
John VANCE	67	4.15
Stephen BARKER	72	4.49
Ron GREGORY	63	4.49
Danny HAWKSWORTH	36	4.54
Samantha BYRNE	27	4.54

300 Metres

John PAPWORTH	47	45.16
Noel MAGHAMEZ	47	52.85
Heather WILSON	41	53.97
Cathy ORELLI	54	54.53
Jamie PAPWORTH	INV	61.41
Tony BRADFORD	76	64.31
Jasmine ORELLI	INV	64.97
Maggie ARMSTRONG	53	66.50
Graham EADIE	64	70.06
Maddox WILSON	INV	71.75
Doug RAMM	81	80.06

3000 Metres

Daniel IERARDO	INV	13.47
Lisa IERARDO	50	14.10
Sam BYRNE	27	15.28
Trevor HAWKSWORTH	69	16.17
Michael ORELLI	71	17.05
Ron GREGORY	63	17.35
Graham EADIE	64	18.00
Maggie DILWORTH	53	19.11
Joe DILWORTH	64	25.51
Alfred LENDVAI	61	25.51

5000 Metres

Michael CAMILLERI	42	22.26
Brian O'DEA	61	23.58
John VANCE	67	26.30
Danny HAWKSWORTH	36	26.34
Stephen BARKER	72	27.15
Bill RISTEVSKI	51	31.11

2000 Metres Walk

Lynne O'DEA	60	18.44
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ABERFELDIE 16 MARCH 2016**100 Metre Age Graded H'cap**

			H'cap
Dave CHISHOLM	47	11.30	9m
Gavin WHITE	42	11.31	6m
Richard SHORT	44	11.35	7m
John PAPWORTH	47	11.70	9m
Cathy ORELLI	54	11.75	22m
Tony BRADFORD	76	12.15	28m
Maggie ARMSTRONG	53	12.55	22m
John WHITE	48	12.80	10m
Adam GREGORY	31	12.80	Scr
Doug RAMM	81	13.36	32m
David JONES	65	14.74	19m
Imogen PAPWORTH	INV	16.81	20m
Michael ORELLI	71	17.09	23m

1500 Metres

Adam GREGORY	31	5.21
Brian O'DEA	61	6.14
David JONES	65	6.37
Alfred LENDVAI	62	6.44
Levi DRAPER	INV	7.08
Michael ORELLI	71	7.10
Jasmine ORELLI	INV	7.13
Doug STOKES	63	7.26
John PAPWORTH	47	7.41
Jamie PAPWORTH	INV	7.41
John WHITE	48	8.29
Andrea DRAPER	39	8.29
Ron GREGORY	63	8.52

400 Metres

Gavin WHITE	42	59.62
Richard SHORT	44	59.65
John PAPWORTH	47	62.61
Cathy ORELLI	54	81.37
Jamie PAPWORTH	INV	85.78
Tony BRADFORD	76	93.00
Maggie ARMSTRONG	53	94.53
Jasmine ORELLI	INV	107.50
Imogen PAPWORTH	INV	121.69
Doug RAMM	81	134.03

2000 Metres

Daniel IERARDO	INV	7.52
Brian O'DEA	61	9.06
Lisa IERARDO	50	9.32
Ron GREGORY	63	10.58
Michael ORELLI	71	11.39
John WHITE	48	11.55
Levi DRAPER	INV	12.16
Shane DRAPER	42	12.22

4000 Metres

Adam GREGORY	31	16.05
Carolyn BOWEN	54	18.58
Doug STOKES	63	20.56
Trevor HAWKSWORTH	69	21.22
David JONES	65	23.32

ABERFELDIE 23 MARCH 2016**90 Metres**

Richard SHORTT	44	12.03
John PAPWORTH	47	13.85
Cathy ORELLI	54	14.84
Imogen PAPWORTH	INV	19.97

800 Metres

Richard SHORTT	44	2.37
John PAPWORTH	47	2.38
Brian O'DEA	61	2.54
David JONES	65	3.15
Carolyn BOWEN	54	3.19
John WHITE	48	3.21
Jakob DRAPER	INV	3.34
Jasmine ORELLI	INV	3.43
Stephen BARKER	72	3.47
Tony BRADFORD	76	4.03
Doug STOKES	63	4.05
Ron GREGORY	63	4.50

200 metres

Richard SHORTT	44	29.29
Cathy ORELLI	54	34.44
Maggie ARMSTRONG	53	38.13
Jasmine ORELLI	INV	44.47
Doug RAMM	81	49.22
Imogen PAPWORTH	INV	55.47
Lynne O'DEA	60	59.15

3000 Metres

Ernie STEWART	65	13.35
Carolyn BOWEN	54	13.46
Brian O'DEA	61	13.58
Lisa IERARDO	50	14.02
David JONES	65	16.51
Doug STOKES	63	16.59
Andrea DRAPER	39	17.33
Alfred LENDVAI	62	17.41
John WHITE	47	19.05
Ron GREGORY	63	19.30

5000 Metres

Stephen BARKER	72	26.54
Trevor HAWKSWORTH	69	27.38
John DEAN	71	28.15
Bill RISTEVSKI	51	28.51

2000 Metres

Lynne O'DEA	60	19.00
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A BIG game hunter went on a safari with his wife and mother-in-law.

One morning, while still deep in the jungle, the hunter's wife awoke to find her mother gone.

She woke her husband, and they both set off in search of the old woman.

In a clearing not far from the camp, they came upon a chilling sight.

The mother-in-law was standing face to face with a ferocious lion.

"What are we going to do?" his horrified wife asked.

"Nothing," her husband replied.

"The lion got himself into this mess, let him get himself out of it."

ABERFELDIE 30 MARCH 2016**100 Metres**

Dave CHISHOLM	47	12.81
Adam GREGORY	31	13.03
John PAPWORTH	47	13.25
Richard SHORTT	44	13.56
Jamie PAPWORTH	INV	18.19
John HOWES	80	19.37
Doug RAMM	81	21.69
Michael ORELLI	72	28.66

1200 Metres

Adam GREGORY	31	4.18
Ernie STEWART	65	5.25
John PAPWORTH	47	5.37
Jamie PAPWORTH	INV	5.38
Doug STOKES	63	5.43
Ron GREGORY	63	5.45
John WHITE	48	5.53
Stephen BARKER	72	6.06
Michael ORELLI	72	6.32
Maggie ARMSTRONG	54	6.33
Tony BRADFORD	76	6.54

400 Metres

Dave CHISHOLM	47	58.69
Richard SHORTT	44	60.69
John PAPWORTH	47	61.72
Toni PHILLIPS	44	76.25
Jamie PAPWORTH	INV	112.97
Michael ORELLI	72	125.11

2000 Metres

Daniel IERARDO	INV	7.47
Lisa IERARDO	50	9.02
Alfred LENDVAI	62	9.20
Michael ORELLI	72	10.36
John WHITE	48	11.35
Ron GREGORY	63	12.35
Maggie ARMSTRONG	54	12.55

4000 Metres

Adam GREGORY	31	17.32
John PAPWORTH	47	18.10
Ernie STEWART	65	20.32
Trevor HAWKSWORTH	69	20.59
Doug STOKES	63	21.21
Stephen BARKER	72	21.32
Peter BLACK	61	21.37
John DEAN	71	21.56

COBURG 3 MARCH 2016**100m**

Lisa ROBERTS	34	14.69
Bernie LEDDIN	68	16.59
Rob LEWIS	68	17.44
Vanessa		17.75
Paula		18.25
Michelle SPORTON	50	23.20
Ken CARTER	63	32.06

1500m

Brian DELANEY	62	6.20
Maria BARBETTI	50	7.00
Vanessa		7.01
Fiona ELY	46	8.06
Cath SHELLEY	26	8.56
Bernie GOGGIN	78	12.42
Ken CARTER	63	13.41

400m

Lisa ROBERTS	34	1.16.9
Bernie LEDDIN	68	1.18.3
Brian DELANEY	62	1.20.7
Grace KELLY	Inv	1.46.2
Ken CARTER	63	2.58.9

3km

Michael MEANEY	60	16.46
Rob LEWIS	68	17.21
Ken CARTER	63	32.00

4.2km

Cath SHELLEY	26	30.34
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5km

Maria BARBETTI	50	27.38
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COBURG 10 MARCH 2016**90m**

Ethan O'NEILL	15	13.84
Spud HARRAP	13	15.27
Michelle SPORTON	50	22.07
Ken CARTER	63	36.72

1000m

Ethan O'NEILL	15	3.42
Brian DELANEY	62	4.09
Maria BARBETTI	50	4.28
Fiona ELY	46	4.55
Fraser MURRAY	44	5.07
Donna ELMS (W)	54	5.36
Bernie GOGGIN	78	7.54
Ken CARTER	63	9.57

200m

Ethan O'NEILL	15	33.23
Bernie LEDDIN	68	35.81
Brian DELANEY	62	37.36
Fraser MURRAY	44	38.49
Fiona ELY	46	40.19
Michelle SPORTON	50	59.10
Ken CARTER	63	1.49.2

2km

Fraser MURRAY	44	7.30
Maria BARBETTI	50	9.46
Ken CARTER	63	22.34

4km

Ethan O'NEILL	15	18.18
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COBURG 17 MARCH 2016**110m****Heat: 1**

Rob LEWIS	68	22.14
Michelle SPORTON	50	26.90
Ken CARTER	63	38.07

Heat: 2

Rob TRIBUZIO	53	14.56
Ethan O'NEILL	15	15.52
Lisa ROBERTS	34	15.55
Geoff WHITEHALL	67	15.70

1200m

Fiona ELY	46	6.02
Bruce GIBBS (W)	67	8.55
Chris HARRAP (W)	55	9.57

1600m

Ethan O'NEILL	15	6.10
Gary O'DWYER	56	6.15
Michael WHIMPEY	62	7.49
Rob DAVEY	76	11.35
Ken CARTER	63	15.07

300m**Heat: 1**

Rob LEWIS	68	1.05.8
Fiona ELY	46	1.06.0
Michael WHIMPEY	62	1.09.6
Ken CARTER	63	2.27.7

Heat: 2

Rob TRIBUZIO	53	46.57
Geoff WHITEHALL	67	47.95
Gary O'DWYER	56	50.37
Lisa ROBERTS	34	52.67
Ethan O'NEILL	15	56.24

2.4km

Michael WHIMPEY	62	12.35
Lisa ROBERTS	34	12.35
Rob LEWIS	68	14.19
Rob DAVEY	76	19.43
Ken CARTER	63	28.01

4km

Gary O'DWYER	56	18.54
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COBURG 24 MARCH 2016**80m**

Rob LEWIS	68	15.70
Michael WHIMPEY	62	16.13
Ken CARTER	63	28.47

1200m

Fraser MURRAY	44	4.12
Michael WHIMPEY	62	5.38
Fiona ELY	46	5.49
Maegan KERR	44	7.08
Rob DAVEY	76	8.11
Ken CARTER	63	11.05

400m

Bernie LEDDIN	68	1.21.3
Michael WHIMPEY	62	1.32.8
Ken CARTER	63	3.27.1

3km

Fraser MURRAY	44	14.17
Michael WHIMPEY	62	15.13
Maegan KERR	44	16.38
Rob DAVEY (W)	76	24.35
Ken CARTER	63	31.21

PLEASE NOTE :

THE CORRECT DATE FOR THE ERIC GREAVES 10K IS **24TH JULY** NOT 17TH JULY AS WE SAID IN APRIL FOOTPRINTS. THIS IS, OF COURSE, THE 3RD EVENT IN THE BROWNE SHIELD

COLLINGWOOD 1 MARCH 2016

200 Metres

1	WINTERBINE Andrew	27	26.8
2	DELBRIDGE Adam	44	27.1
3	HOWDEN Keith	70	30.3
4	LOVELL Scott	50	31.4
1	LEDDIN Bernie	68	34.4
2	LOVELL Sara	Inv	35.5
3	DELBRIDGE Xavier	Inv	39.6
4	LEWIS Rob	68	40.2
5	HERBSTREIT Herbie	63	42.4
6	HERTZ John	76	47.1

400 Metres

1	JOLLEY Shane	43	0:59.7
2	WINNEN Ian	54	1:06.5
3	LOVELL Sara	Inv	1:31.3
4	DELBRIDGE Xavier	Inv	1:39.8
5	DELBRIDGE Adam	44	1:40.6
6	HERTZ John	76	1:45.4

4.0 Km.

1	NICHOLSON David	49	18:47
2	ADRIEN Gerard	55	19:54
3	LEDDIN Bernie	68	20:41
4	DUXBURY Ken	62	21:06
5	HERTZ Julie	58	25:29
6	HERBSTREIT Herbie	63	26:33
7	TAYLER Sally	68	27:01
8	LEWIS Rob	68	28:19
9	BROWN Mal	75	30:23
10	CATIONS Les	58	49:50

8.4 Km.

1	HEJTMANEK Jim	51	41:26
2	WINNEN Ian	54	41:36
3	HOPKINS Jim	66	44:31
4	HAYWARD Chris	61	46:24
5	BAYLEY Rod	69	50:24
6	BELL Gary	62	63:32

COLLINGWOOD 8 MARCH 2016

100 Metres

1	WINTERBINE Andrew	27	12.5
2	STUART Will	36	12.8
3	DELBRIDGE Adam	44	13.9
4	HOWDEN Keith	70	14.8
1	GURTLER Markus	44	16.1
2	LEDDIN Bernie	68	16.6
3	LEWIS Rob	68	16.9
4	DELBRIDGE Xavier	Inv	17.7

800 Metres

1	WINTERBINE Andrew	27	2:27
2	STUART Will	36	2:47
3	DELBRIDGE Adam	44	2:56
4	GURTLER Markus	44	2:31
5	ADRIEN Gerard	55	2:49
6	DELBRIDGE Xavier	Inv	3:51
7	STORY Melinda	45	3:38

3.45 Km.

1	NICHOLSON David	49	15:20
2	DUXBURY Ken	62	17:06
3	LEDDIN Bernie	68	17:17
4	ADRIEN Gerard	55	17:30
5	HORN Michael	63	20:33

6	LEWIS Rob	68	21:51
7	STORY Melinda	45	22:00
8	HERBSTREIT Herbie	63	22:55

6.9 Km.

1	GURTLER Markus	44	32:43
2	BAYLEY Rod	69	41:23
3	BELL Gary	62	45:28

COLLINGWOOD 15 MARCH 2016

100 Metres

1	WINTERBINE Andrew	27	12.4
2	DELBRIDGE Adam	44	13.8
3	HOWDEN Keith	70	14.2
4	WINNEN Ian	54	14.6
1	BAKER Zandi	41	15.0
2	HORN Michael	63	15.4
3	SCHOLES Ron	62	15.7
4	LEDDIN Bernie	68	17.3
1	LEWIS Rob	68	18.4
2	DELBRIDGE Xavier	Inv	18.4
3	HERBSTREIT Herbie	64	20.0

400 M Handicap

		Time	Hcp.	
1	GURTLER Markus	44	57.1	39m
2	HEJTMANEK Jim	51	57.7	52m
3	DELBRIDGE Xavier	Inv	58.8	118m
4	DELBRIDGE Adam	44	59.5	9m
5	BAYLEY Rod	69	59.8	130m
6	GIBBS Bruce	67	99.0	52m
1	HORN Michael	63	57.1	78m
2	HERBSTREIT Herbie	64	61.0	123m
3	HOWDEN Keith	70	64.0	39m
4	LEDDIN Bernie	68	65.5	56m
5	LEWIS Rob	68	65.7	114m
1	WINTERBINE Andrew	27	55.8	13m
2	Mc.CUTCHEON Jack	21	57.4	13m
3	SCHOLES Ron	62	59.0	52m
4	WINNEN Ian	54	59.6	39m
5	NICHOLSON David	49	59.9	56m

Final

1	HORN Michael	63	56.1	78m
2	GURTLER Markus	44	56.9	39m
3	WINTERBINE Andrew	27	58.1	13m
4	Mc.CUTCHEON Jack	21	58.7	13m
5	HEJTMANEK Jim	51	59.0	52m
6	SCHOLES Ron	62	63.5	52m

Time Trial

		Time	Laps	
1	SCHOLES Ron	62	20:42	12
2	GURTLER Markus	44	21:05	12
3	NICHOLSON David	49	20:00	11
4	WINNEN Ian	54	20:17	11
5	HEJTMANEK Jim	51	20:29	11
6	TOMBALATO Amanda	20	20:13	09
7	BAYLEY Rod	69	20:36	09
8	DROSDOWSKY Wasyl	65	21:35	09
9	LEWIS Rob	68	20:36	08
10	HERBSTREIT Herbie	64	20:49	08
11	BELL Gary	62	21:22	08
12	CATIONS Les	58	21:58	05

COLLINGWOOD 22 MARCH 2016

90 Metres

		Time	P/L
1	STUART Will	36 11.6	99%
2	KAMEME Troy	29 11.9	92%
3	PIRAS Gavin	37 11.9	95%
4	DEVIDAS Nik	36 12.1	96%
5	GURTLER Markus	44 14.3	90%
1	HORN Michael	63 13.5	99%
2	WINNEN Ian	54 13.6	92%
3	DELBRIDGE Xavier	Inv 15.9	72%
4	HERBSTREIT Herbie	64 16.0	98%
5	LEDDIN Bernie	68 16.4	87%
6	GIBBS Bruce	67 17.5	79%

600 Metres

		Time	P/L
1	DELBRIDGE Adam	44 1:42	92%
2	STUART Will	36 1:49	86%
3	WINNEN Ian	54 1:49	94%
4	PIRAS Gavin	37 1:54	81%
5	DEVIDAS Nik	36 1:57	81%
1	GURTLER Markus	44 1:46	100%
2	HEJTMANEK Jim	51 1:54	96%
3	ADRIEN Gerard	55 1:55	92%
4	NICHOLSON David	49 2:05	86%
5	LEDDIN Bernie	68 2:16	85%
6	HORN Michael	63 2:20	78%
7	DUXBURY Ken	62 2:34	85%

6 Laps

		Time	P/L
1	NICHOLSON David	49 10:00	90%
2	DROSDOWSKY Wasyl	65 13:09	93%
3	HERTZ Julie	59 13:35	93%
4	HORN Michael	63 13:39	81%
5	HERTZ John	76 13:52	92%
6	HERBSTREIT Herbie	64 14:26	87%

12 Laps

		Time	P/L
1	GURTLER Markus	44 19:38	78%
2	HEJTMANEK Jim	51 21:14	79%
3	WINNEN Ian	54 21:41	80%
4	ADRIEN Gerard	55 23:15	80%
5	BAYLEY Rod	69 23:44	83%
6	HAYWARD Chris	61 24:15	78%
7	BELL Gary	62 28:32	79%

COLLINGWOOD 29 MARCH 2016

60 Metres

			PL
1	WINNEN Ian	54 9.1	93%
2	HORN Michael	63 9.5	94%
3	GIBBS Bruce	67 10.7	86%
4	LOVELL Sara	11 11.0	89%
5	HERBSTREIT Herbie	64 11.1	95%
6	LOVELL Scott	50 11.1	73%

1 Mile Est Time

		Est	Clock	Diff.
1	HORN Michael	63 8:00	7:51	0:09
2	ADRIEN Gerard	55 7:00	6:51	0:09
3	DROSDOWSKY Wasyl	65 8:30	8:45	0:15
4	WINNEN Ian	54 5:55	6:12	0:17
5	HERBSTREIT Herbie	64 8:50	9:07	0:17

2 Km.

			PL
1	KAMEME Troy	29 7:44	79%
2	ADRIEN Gerard	55 9:04	90%
3	LOVELL Sara	11 10:10	91%
4	HORN Michael	63 10:31	85%
5	DROSDOWSKY Wasyl	65 11:57	84%
6	HERBSTREIT Herbie	64 12:55	80%

7	POCOCK John	73 13:22	72%
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4 Km.

1	WINNEN Ian	54 17:25	94%
2	LOVELL Scott	50 21:20	81%

6 Km.

1	GURTLER Markus	44 24:16	98%
2	HEJTMANEK Jim	51 25:56	95%

CROYDON - 1ST MARCH 2016

1500 METRE WALK

1	Pam TINDALL	56 9.03
2	Gunther ILGOUTZ	77 9.17
3	Alison THOMPSON	62 9.23
4	Julie CHALLENGE	58 10.41
5	Liz WRIGLEY	60 10.57
6	Barrie WICKS	75 11.38
7	Jan WATSON	69 11.53
8	Karen ARCHER	53 12.03
9	Lyn BATCHELOR	67 12.16
10	Gary TURNER	62 12.34
11	Phyllis GOSBELL	77 12.49
12	Robert STAGG	49 13.10
13	Grant MURFETT	48 13.11
14	Grant WATSON	68 13.55
15	Cec McKEOWN	76 14.02
16	Ken WALTERS	83 14.26
17	Kevin McLAUCHLAN	72 14.28
18	Bronwyn McFADZEAN	58 14.31
19	Celia JOHNSON	68 14.32
20	David BATCHELOR	79 14.56
21	Colin WILLIAMS	66 15.05
22	Ron SMITH	67 15.22

60 METRE SPRINT

Heat 1:

1	Gary TURNER	62 10.4
2	Cec McKEOWN	76 10.7
3	Allan WOOD	78 11.0
4	Ron SMITH	67 13.2
5	Jan WATSON	69 14.6
6	Kevin McLAUCHLAN	72 16.5

Heat 2:

1	Robert STAGG	49 9.6
2	Russell OAKLEY	76 10.1
3	Barry MURLEY	77 12.6
4	Andrew FRASER	74 14.7

Heat 3:

1	Andrew WATTS	60 7.9
2	Paul DURRANT	54 8.2
3	Michael WILLEY	39 8.6
4	Grant MURFETT	48 8.8
5	Dennis ASPINALL	68 9.3

DISCUS THROW

Paul DURRANT	54 28.29
Andrew FRASER	74 15.60
Bronwyn McFADZEAN	58 8.95
Jan WATSON	69 8.32

CROYDON - 1ST MARCH 2016**500 METRE RUN**

1	Paul DURRANT	54	1.32
2	Grant MURFETT	48	1.32
3	Dennis ASPINALL	68	1.43
4	Robert STAGG	49	1.51
5	Russell OAKLEY	76	1.54
6	Gary TURNER	62	1.54
7	Colin PAGE	62	1.59
8	Cec McKEOWN	76	2.39
9	Allan WOOD	78	2.44
10	Barry MURLEY	77	2.49
11	Ron SMITH	67	2.52

3 LAPS N.O.T.

		Clock	Nom.	
1	Grant MURFETT	48	4.24	5.11
2	Michael WILLEY	39	4.38	5.45
3	Robert STAGG	49	5.20	5.30
4	Pam TINDALL **	56	5.44	5.40
5	Colin PAGE	62	5.44	6.00
6	Cec McKEOWN	76	6.27	6.20
7	Grant WATSON	68	9.51	12.00

** Winner - Pam Tindall

8 LAPS RUN/WALK

1	Grant MURFETT	48	13.33
2	Colin PAGE	62	13.34
3	Michael WILLEY	39	13.38
4	Andrew TUNNE	57	16.33
5	Ron BOYNE	82	21.11
6	Alison THOMPSON ((Walk)	62	21.31
7	Cec McKEOWN	76	21.32

CROYDON - 8TH MARCH 2016

Extremely hot night - 38°

4 LAPS WALK

1	Andrew EGGINTON	54	9.42
2	Sandra GEISLER	38	9.49
3	Pam TINDALL	56	9.49
4	Russ DICKENSON	70	9.53
5	Gunther ILGOUTZ	77	10.05
6	Alison THOMPSON	62	10.09
7	Paul MORITZ	56	10.32
8	Grant MURFETT	48	10.33
9	Liz WRIGLEY	60	12.35
10	Lyn BATCHELOR	67	12.54
11	Barrie WICKS	75	13.22
12	Gary TURNER	62	14.09
13	Phyllis GOSBELL	77	14.26
14	Colin WILLIAMS	66	14.46
15	Ron BOYNE	82	14.47
16	Grant WATSON	68	15.05
17	Ken WALTERS	83	15.06
18	Dennis ASPINALL	68	16.06
19	Ron SMITH	67	17.13
20	Ros DYER	51	17.17
21	Cec McKEOWN	76	17.18

80 METRE SPRINT**Heat 1:**

1	Russell OAKLEY	76	12.9
2	Cec McKEOWN	76	13.4
3	Andrew FRASER	74	13.9
4	Ron SMITH	67	15.5
5	Barry MURLEY	77	15.9
6	Ros DYER	51	16.3
7	Ken WALTERS	83	29.4

Heat 2:

1	Andrew WATTS	60	10.6
2	Grant MURFETT	48	10.9
3	Michael WILLEY	39	11.1
4	Andrew EGGINTON	54	13.4

1 MILE RUN

1	Colin PAGE	62	5.56
2	Grant MURFETT	48	6.08
3	Michael WILLEY	39	6.25
4	Pam TINDALL	56	7.30
5	Ros DYER	51	9.12
6	Colin WILLIAMS	66	9.12
Grant WATSON(3 laps 9mtrs)		68	10.18
Cec McKEOWN(3 laps 9mtrs)		76	10.19

300 METRE SPRINT

1	Andrew WATTS	60	42.3
2	Grant MURFETT	48	45.7
3	Andrew EGGINTON	54	46.4
4	Michael WILLEY	39	50.5
5	Russell OAKLEY	76	55.3
6	Andrew FRASER	74	64.1
7	Cec McKEOWN	76	68.1
8	Ros DYER	51	79.0
9	Barry MURLEY	77	81.0
10	Ron SMITH	67	84.3

OWN DISTANCE RUN /WALK

			Laps
1	Barry MURLEY (Run)	77	7.21 3
2	Andrew EGGINTON (Run)	54	8.13 5
3	Colin WILLIAMS (Run)	66	8.19 4
4	Colin PAGE (Run)	62	8.27 5
5	Russ DICKENSON (Walk)	70	10.07 4
6	Al WILLEY (Run)	76	12.23 5
7	Ros DYER (Run)	51	12.25 5
8	Ron BOYNE (Run)	82	12.58 5
9	Grant MURFETT (Run)	48	13.20 6
10	Cec McKEOWN(Run/Walk)	76	13.23 3
11	Grant WATSON(Run/Walk)	68	13.25 3
12	Paul MORITZ (Walk)	56	13.50 5
13	Mark CHALLEN (Run)	58	15.27 7
14	Alison THOMPSON (Walk)	62	19.17 7
15	Michael WILLEY (Run)	39	19.19 10

CROYDON - 15TH MARCH 2016**3 LAPS WALK**

1	Pam TINDALL	56	6.14
2	Russ DICKENSON	70	7.13
3	Gunther ILGOUTZ	77	7.27
4	Grant MURFETT	48	7.28
5	Liz WRIGLEY	60	8.36
6	Lyn BATCHELOR	67	9.14
7	Jan WATSON	69	9.29
8	Gary TURNER	62	9.31
9	Barrie WICKS	75	9.35
10	James TENNANT	60	9.36
11	Phyllis GOSBELL	77	10.04
12	Grant WATSON	68	10.04
13	Colin WILLIAMS	66	11.07
14	Kevin McLAUCHLAN	72	11.13
15	David BATCHELOR	79	12.17
16	Cec McKEOWN	76	12.18
17	Ron SMITH	67	13.18

CROYDON - 15TH MARCH 2016**100 METRE SPRINT****Heat 1:**

1	Andrew FRASER	74	17.8
2	Barry MURLEY	77	19.0
3	Ron SMITH	67	19.5
4	Ros DYER	51	20.6
5	Allan WOOD	78	23.0
6	Shirley COPPOCK	79	26.9

Heat 2:

1	Russell OAKLEY	76	16.2
2	Gary TURNER	62	16.8
3	James TENNANT	60	17.3
4	Cec McKEOWN	76	18.8

Heat 3:

1	Andrew WATTS	60	13.3
2	Paul DURRANT	54	13.6
3	Robert STAGG	49	13.9
4	Michael WILLEY	39	14.3
5	Grant MURFETT	48	15.3

1500 METRE RUN

1	Colin PAGE	62	5.38
2	Grant MURFETT	48	5.51
3	Michael WILLEY	39	6.11
4	Robert STAGG	49	6.56
5	James TENNANT	60	7.53
6	Cec McKEOWN	76	8.06
7	Ros DYER	51	9.19
8	Tania NEALE	37	9.20

400 METRE RUN

1	Andrew WATTS	60	1.02
2	Paul DURRANT	54	1.05
3	Ashley RYAN	61	1.14
4	Michael WILLEY	39	1.17
5	Gary TURNER	62	1.21
6	Russell OAKLEY	76	1.22
7	Robert STAGG	49	1.23
8	Pam TINDALL	56	1.27
9	Colin WILLIAMS	66	1.35
10	Tania NEALE	37	1.36
11	Ros DYER	51	1.48
12	Barry MURLEY	77	1.53
13	Cec McKEOWN	76	1.55
14	Ron BOYNE	82	2.02
15	Ron SMITH	67	2.04
16	Andrew FRASER	74	2.06
17	Allan WOOD	78	2.22
18	Shirley COPPOCK	79	2.33
19	Grant WATSON	68	2.43
20	Kevin McLAUHLAN	72	2.46

1 OR 3 KM WALK**1 km:**

1	Jan WATSON	69	8.34
2	Gary TURNER	62	9.02
3	Grant WATSON	68	12.03
4	Kevin McLAUHLAN	72	12.08
5	Cec McKEOWN	76	12.09

3 km:

1	Gunther ILGOUTZ	77	22.26
2	David BATCHELOR	79	28.49
	Phyllis GOSBELL (2 km)	77	17.15

1, 3 OR 5 KM RUN**1 km:**

1	Colin WILLIAMS	66	5.40
2	Ron BOYNE	82	5.56
3	Lyn BATCHELOR	67	6.49

3 km:

1	Geoff ARNOTT	67	16.29
2	Barry MURLEY	77	18.50
3	Tania NEALE	37	19.08
4	Ros DYER	51	19.23

5 km:

1	Colin PAGE	62	22.40
2	Michael WILLEY	39	23.10
3	Andrew TUNNE	57	26.41

CROYDON - 22 MARCH 2016**1200 METRE HANDICAP WALK**

		Clock	Actual	
1	Lyn BATCHELOR	67	10.13	8.58
2	David BATCHELOR	79	11.32	10.52
3	Andrew EGGINTON	54	12.42	7.02
4	Grant WATSON	68	12.47	10.17
5	Paul MORITZ	56	12.52	7.52
6	James TENNANT	60	13.18	9.33
7	Barrie WICKS	75	13.23	9.33
8	Kevin McLAUHLAN	72	13.27	11.07
9	Robert STAGG	49	13.28	9.38
10	Phyllis GOSBELL	77	13.36	10.16
11	Ken WALTERS	83	13.58	11.28
12	Ros DYER	51	15.18	12.48

800 METRE RUN

1	Andrew EGGINTON	54	2.27
2	Colin PAGE	62	2.37
3	Bob HENDERSON	69	3.17
4	Pam TINDALL	56	3.22
5	James TENNANT	60	3.33
6	Tania NEALE	37	3.37
7	Cec McKEOWN	76	4.04
8	Ros DYER	51	4.05
9	Grant WATSON	68	6.06

110 METRE SPRINT**Heat 1:**

1	James TENNANT	60	19.0
2	Barry MURLEY	77	22.3
3	Shirley COPPOCK	79	22.6
4	Ros DYER	51	23.0
5	Ken WALTERS	83	40.5

Heat 2:

1	Paul DURRANT	54	14.8
2	Robert STAGG	49	15.3
3	Tania NEALE	37	17.9
4	Andrew FRASER	74	18.9
5	Cec McKEOWN	76	20.6

200 METRE SPRINT**Heat 1:**

1	Andrew WATTS	60	26.5
2	Paul DURRANT	54	27.5
3	Robert STAGG	49	30.2

CROYDON - 22 MARCH 2016

Heat 2:

1	Andrew FRASER	74	34.4
2	Tania NEALE	37	35.1
3	Cec McKEOWN	76	37.5
4	James TENNANT	60	40.5
5	Kevin McLAUHLAN	72	60.3
6	Grant WATSON	68	67.7

SHOT PUT

Andrew EGGINTON	54	8.27
Tania NEALE	37	8.09
George SIMONS	80	6.55
Allan WOOD	78	6.30

2, 4 OR 6 KM RUN/WALK

2 km:

1	Bob HENDERSON (Run)	69	9.12
2	Ron BOYNE (Run)	82	12.28
3	Barry MURLEY (Run)	77	12.32
4	Lyn BATCHELOR (Run)	67	14.26
5	Phyllis GOSBELL (Walk)	77	17.10
6	Barrie WICKS (Walk)	75	17.13
7	Grant WATSON (Run/Walk)	68	18.41
8	David BATCHELOR (Walk)	79	19.23
9	Kevin McLAUHLAN (Walk)	72	21.40
10	Cec McKEOWN (Walk)	76	21.41

4 km:

1	Colin PAGE (Run)	62	24.34
2	Ros DYER (Run)	51	24.38
3	Al WILLEY (Run)	77	24.44
4	Paul MORITZ (Walk)	56	27.55

6 km:

1	Andrew TUNNE (Run)	57	31.57
	Robert STAGG (7 laps Run)	49	15.11

Heat 2:

1	Paul DURRANT	54	16.4
2	Robert STAGG	49	17.0
3	Tania NEALE	38	19.7
4	James TENNANT	60	20.6
5	Cec McKEOWN	76	22.6
6	Gary TURNER	62	27.5

1200 METRE RUN

1	Andrew EGGINTON	54	4.04
2	Colin PAGE	62	4.29
3	Robert STAGG	49	5.25
4	James TENNANT	60	5.36
5	Dennis ASPINALL	68	5.46
6	Russell OAKLEY	76	5.52
7	Ros DYER	51	6.30
8	Cec McKEOWN	76	6.31
9	Grant WATSON	68	8.56

500 METRE RUN

1	Andrew EGGINTON	54	1.29
2	Paul DURRANT	54	1.33
3	Colin PAGE	62	1.38
4	Robert STAGG	49	1.50
5	Gary TURNER	62	1.54
6	Tania NEALE	38	2.07

1 OR 3 KM WALK

1 km:

1	Phyllis GOSBELL	77	8.15
2	Jan WATSON	69	8.18
3	Grant WATSON	68	11.22
4	Cec McKEOWN	76	11.26
5	Kevin McLAUHLAN	72	11.27

3 km:

1	Gunther ILGOUTZ	77	20.57
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3 OR 5 KM RUN

3 km:

1	Robert STAGG	49	15.26
2	Mark CHALLEN	58	16.51
3	Ros DYER	51	18.01
4	Al WILLEY	77	18.03

CROYDON - 29 MARCH 2016

5 km:

1	Colin PAGE	62	21.56
2	Andrew TUNNE	57	26.00

CROYDON - 29 MARCH 2016**800 METRE WALK**

1	Russ DICKENSON	70	4.38
2	Gunther ILGOUTZ	77	4.50
3	Julie CHALLEN	58	5.25
4	Liz WRIGLEY	60	5.35
5	Lyn BATCHELOR	67	5.58
6	Gary TURNER	62	6.14
7	Andrew EGGINTON	54	6.14
8	James TENNANT	60	6.15
9	Jan WATSON	69	6.15
10	Robert STAGG	49	6.20
11	Phyllis GOSBELL	77	6.47
12	Shirley COPPOCK	80	7.18
13	Grant WATSON	68	7.19
14	David BATCHELOR	79	8.11
15	Kevin McLAUHLAN	72	8.12
16	Dennis ASPINALL	68	8.43
17	Ros DYER	51	8.44

120 METRE SPRINT

Heat 1:

1	Allan WOOD	78	21.7
2	Ros DYER	51	25.4
3	Shirley COPPOCK	80	26.4
4	Jan WATSON	69	31.8



Quick! What's another word for Thesaurus?

DONCASTER 7 MARCH 2016

800 metres

1st	Gary Zuccala	(53)	2.40.1
2nd	Graham Walter	(57)	3.03.6
3rd	Elizabeth Grover	(52)	3.18.2
4th	Jeffrey Sim	(53)	3.22.4
5th	Katrina Philip	(54)	3.29.1
6th	Jackie Guillou	(46)	3.39.8
7th	Matt Scholes	(46)	3.57.4

120 metres heat 1 (electronic times)

1st	Jeffrey Sim	(53)	19.7	(19.98)
2nd	Janine James	(68)	20.5	(20.78) (record)
3rd	Jackie Guillou	(46)	20.9	(21.14)
4th	Kay Burnie	(63)	24.8	(24.98)
5th	Marla Trauman	(43)	31.3	(31.46)

120 metres heat 2 (electronic times)

1st	Ken Bruce	(64)	16.2	(16.56)
2nd	Phil Rosevear	(66)	17.2	(17.38)
3rd	Gary Zuccala	(53)	17.3	(17.52)
4th	Graham Ford	(66)	17.3	(17.54)
5th	Graham Walter	(57)	17.4	(17.56)
6th	Matt Scholes	(46)	24.7	

200 metres heat 1

1st	Jeffrey Sim	(53)	35.4
2nd	Elizabeth Grover	(52)	39.3
3rd	Jackie Guillou	(46)	39.5
4th	Janine James	(68)	41.9
5th	Kay Burnie	(63)	43.7
6th	Marla Trautman	(43)	55.0

200 metres heat 2 (electronic times)

1st	Ken Bruce	(64)	28.3	(28.56)
eq 2nd	Graham Ford	(66)	29.8	(30.28)
eq 2nd	Graham Walter	(57)	29.8	(30.28)
4th	Phil Rosevear	(66)	31.3	(31.64)
5th	Matt Scholes	(46)	45.0	0.00

600 metres (estimated time)

1st	Gary Zuccala	(53)	1.54.4	(1.55)
2nd	Katrina Philip	(54)	2.34.8	(2.40)
3rd	Graham Walter	(57)	2.36.0	(2.10)
4th	Jackie Guillou	(46)	2.58.2	(2.30)

2000 metres (estimated time)

1st	Gary Zuccala	(53)	7.59.4	(7.35)
2nd	Kath Gawthorn	(41)	9.05.7	(9.15)
3rd	Elizabeth Grover	(51)	9.23.4	
4th	Graham Walter	(57)	9.48.5	
5th	Katrina Philip	(54)	10.32.9	(10.20)

winner of combined ET Katrina Philip

2000 metres walk

1st	Frank Prowse	(62)	12.35.4
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DONCASTER 14 MARCH 2016

300 metres hurdles

1st	David McConnell	(63)	49.3
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60 metres heat 1 (electronic times)

1st	Callum Zuccala	(12)	9.1	(9.36)
2nd	Jackie Guillou	(46)	9.9	(10.14)
3rd	Jade Liu	(46)	10.1	(10.32)
4th	Janine James	(68)	10.5	(10.60) eq rec
5th	Kay Burnie	(63)	11.2	(11.54)
6th	Carolyn Aughey	(73)	13.5	(13.72)

60 metres heat 2 (electronic times)

1st	Ken Bruce	(64)	8.3	(8.56)
2nd	Phil Rosevear	(66)	8.7	(8.98)
3rd	Graham Walter	(57)	9.1	(9.32)
4th	Jeffrey Sim	(53)	9.6	(9.84)
5th	Matt Scholes	(46)	10.7	(10.98)
6th	Marla Trautman	(43)	14.5	(14.74)

Doncaster 8 (800 metres NOST)

1st	Jeff Zhong	(43)	5.35.22	(3.20.22)	DQ
2nd	Jade Lui	(46)	5.38.30	(3.23.30)	DQ
3rd	Jeffrey Sim	(53)	5.51.00	(3.06.00)	DQ
4th	Hawley Thomas	(77)	5.54.69	(5.09.69)	DQ
5th	Elizabeth Grover	(52)	5.59.50	(3.21.50)	1st
6th	Frank Prowse	(62)	6.01.99	(5.01.99)	2nd
7th	Graham Walter	(57)	6.02.31	(3.10.31)	3rd
8th	Matt Scholes	(46)	6.02.56	(2.27.56)	4th
9th	Callum Zuccala	(12)	6.03.30	(3.11.30)	5th
10th	Gary Zuccala	(53)	6.03.34	(2.44.34)	6th
11th	Jackie Guillou	(46)	6.06.91	(3.41.91)	7th
12th	Marla Trautman	(43)	6.14.27	(5.14.27)	8th

100 metres heat 1

1st	Jade Liu	(46)	17.1
2nd	Jackie Guillou	(46)	17.2
3rd	Janine James	(68)	17.5
4th	Elizabeth Grover	(51)	18.9
5th	Kay Burnie	(63)	19.2
6th	Carolyn Aughey	(73)	22.4
7th	Marla Trautman	(43)	25.2

100 metres heat 2

1st	Ken Bruce	(64)	13.3
2nd	Phil Rosevear	(66)	14.3
3rd	Graham Ford	(66)	14.7
4th	Graham Walter	(57)	14.9
5th	Callum Zuccala	(12)	15.4
6th	Gary Zuccala	(53)	15.8
7th	David McConnell	(63)	15.8
8th	Greg Champion	(60)	17.0

400 metres

1st	David McConnell	(63)	65.2
2nd	Matt Scholes	(46)	65.6
3rd	Graham Walter	(53)	73.1
4th	Jeff Zhang	(43)	73.7
5th	Jade Liu	(46)	84.5
6th	Jackie Guillou	(46)	96.8
7th	Marla Trautman	(43)	2.19.2

1000 metres

1st	Elizabeth Grover	(52)	4.14.0
2nd	Kath Gawthorn	(41)	4.16.0
3rd	Jeff Zhang	(43)	4.19.6
4th	Graham Walter	(57)	4.44.4
5th	Jade Liu	(46)	4.59.9
6th	Hawley Thomas	(77)	6.41.6

800 metres walk

1st	Frank Prowse	(62)	4.58.5
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DONCASTER 21 MARCH 2016

1000 metres

1st	Matt Scholes	(46)	3.10.0
2nd	Gary Zuccala	(53)	3.23.9
3rd	Graham Walter	(57)	4.05.8
4th	Jeffrey Sim	(54)	4.24.3
5th	Jackie Guillou	(46)	4.55.4

100 metres heat 1

1st	Jeffrey Sim	(54)	15.7
2nd	Jackie Guillou	(46)	17.2
3rd	Kay Burnie	(63)	19.2
4th	Matt Scholes	(46)	23.0

100 metres heat 2

1st	Phil Rosevear	(66)	14.1
2nd	Graham Walter	(58)	14.4
3rd	Gary Zuccala	(53)	14.8
4th	Graham Ford	(66)	15.2
5th	Laurence Anderson	(58)	25.4

200 metres heat 1

1st	Jeffrey Sim	(54)	34.0
2nd	Jackie Guillou	(46)	38.5
3rd	Kay Burnie	(63)	43.6
4th	John Aughey	(78)	46.0
5th	Carolyn Aughey	(73)	48.8
6th	Laurence Anderson	(58)	56.6

200 metres heat 2

1st	Graham Walter	(58)	29.6
2nd	Gary Zuccala	(53)	33.8

400 metres

1st	Gary Zuccala	(53)	77.7
2nd	Graham Walter	(58)	92.1
3rd	Laurence Anderson	(58)	1.26.0

1500 metres

1st	Gary Zuccala	(53)	6.00.4
2nd	Graham Walter	(58)	6.54.8
3rd	Jeffrey Sim	(54)	8.17.0

DONCASTER 28 MARCH 2016

80 metres heat 1 (electronic times)

1st	Janine James	(68)	13.5	(13.78)
2nd	Gaelene Kenshole	(45)	15.0	(15.16) hurdles
3rd	Kay Burnie	(63)	15.3	(15.40)
4th	John Aughey	(78)	16.1	(16.44)
5th	Carolyn Aughey	(73)	18.1	(18.36)

80 metres heat 2 (electronic times)

1st	Matt Hughes	(40)	11.0	(11.22)
2nd	Graham Ford	(66)	11.5	(11.86)
3rd	Greg Champion	(60)	11.9	(12.14)
4th	Jeffrey Sim	(54)	13.3	(13.52)
5th	David McConnell	(63)	13.5	(13.72)

1000 metres

1st	Matt Hughes	(40)	3.39.2
eq 2nd	Jeffrey Sim	(54)	4.15.4
eq 2nd	Elizabeth Grover	(52)	4.15.4

120 metres handicap (Doncaster Gift)

1st	Kay Burnie	(44)	14.20
2nd	David McConnell	(13)	14.68
3rd	Graham Ford	(19)	14.86
4th	Matt Hughes	(8)	14.90
5th	Elizabeth Grover	(38)	14.92
6th	Greg Champion	(20)	15.32
7th	Janine James	(30)	15.80
8th	Carolyn Aughey	(50)	16.05
9th	John Aughey	(41)	16.37

600 metres

1st	Matt Hughes	(40)	2.16.1
2nd	David McConnell	(63)	2.25.1
3rd	Kay Burnie	(63)	3.23.5

1000 metres

1st	Matt Hughes	(40)	3.57.7
2nd	Kath Gawthorn	(41)	4.17.3
3rd	Elizabeth Grover	(52)	4.25.3

Results of the Doncaster Gift Summer Series

1st	David McConnell	(63)	37
2nd	Graham Ford	(66)	33
3rd	Matt Hughes	(40)	32
4th	Kay Burnie	(63)	28
5th	Greg Champion	(60)	22.5
6th	Ken Bruce	(64)	16.5
7th	Graham Walter	(57)	16
8th	Jeffrey Sim	(54)	15.5
9th	Elizabeth Grover	(52)	12.5



EAST BURWOOD 3 MARCH 2016

80 METRE SPRINT

Heat 1:

1	Leo COFFEY	86	
2	Ann HOLCOMBE	68	No
3	Trevor JUPP	75	
4	Allan WOOD	78	Times
5	Scott TEMPANY	49	
6	Gerald BURKE	76	Taken
7	Gordon ONLEY	81	
8	Lloyd NICHOLS	74	

Heat 2:

1	Tracey CARPENTER	49	
2	Christopher WORSNOP	58	No
3	Gary TURNER	62	Times
4	Donna CLARKE	62	
5	James TENNANT	60	Taken
6	Lew JENKINS	71	
7	Brian HOLCOMBE	70	
8	Andrew FRASER	74	

Heat 3:

1	Satoshi TSUEMI	49	9.9
2	Paul FOSTER	54	10.2
3	Jack DURRANT	19	10.7
4	Paul DURRANT	54	11.7

1000 METRE RUN N.O.T.

		Clock	Nom.	
1	Colin PAGE **	62	3.28	3.30
2	Aiden O'RILEY	40	3.53	3.50
3	Christopher WORSNOP	58	3.58	4.02
4	Liz EASTWOOD	46	4.00	4.15
5	Janet HOLMES	62	4.11	4.16
6	Bob HENDERSON	69	4.16	4.25
7	Sam DEFANIS	67	4.26	4.45
8	James TENNANT	60	4.54	5.15
9	Helen VANDERNAGEL	59	5.05	5.30

** Winner - Colin Page

1000 METRE WALK

1	Russ DICKENSON	70	5.35
2	Christopher WORSNOP	58	6.36
3	Frank PIGNATARO	54	7.04
4	Harry SUMMERS	80	7.06
5	Liz WRIGLEY	60	7.10
6	Leonie GILLIES	58	7.37
7	Liz EASTWOOD	46	7.47
8	Gerald BURKE	76	8.00
9	Phyllis GOSBELL	77	8.07
10	James TENNANT	60	8.13
11	Grant WATSON	68	8.26
12	Bob LEWIS	88	8.35
13	Peter BATTRICK	72	8.39
14	Eddy STACK	81	9.21

2 KM WALK

1	Russ DICKENSON	70	12.19
2	Liz WRIGLEY	60	15.27
3	Gary TURNER	62	16.06
4	Bob LEWIS	88	18.13

200 METRE SPRINT

Heat 1:

1	Andrew FRASER	74	36.3
2	Donna CLARKE	62	36.6
3	Allan WOOD	78	38.9
4	Leo COFFEY	86	39.6
5	Lew JENKINS	71	41.2
6	Gordon ONLEY	81	49.5
7	Lloyd NICHOLS	74	68.5

EAST BURWOOD 3 MARCH 2016

Heat 2:

1	Satoshi TSUEMI	49	26.3
2	Paul FOSTER	54	26.7
3	Paul DURRANT	54	28.6
4	Aiden O'RILEY	40	29.5
5	Stephen DAY	45	32.5
6	Peter DODGSHUN	63	41.4
6	Trevor JUPP	75	45.3
8	Scott TEMPANY	49	46.1

3 KM HANDICAP RUN

		Clock	Actual	
1	Frank PIGNATARO	54	15.35	14.55
2	Bob HENDERSON	69	16.13	13.53
3	Leonie GILLIES	58	16.17	16.07
4	Hawley THOMAS	77	16.18	16.18
5	Sam DEFANIS	67	16.26	14.21
6	Christopher WORSNOP	58	16.39	13.29
7	Peter DODGSHUN	63	16.48	13.48
8	Helen VANDERNAGEL	59	16.52	16.37
9	Liz EASTWOOD	46	18.13	16.03
10	Annette PELGRIM	61	19.33	18.53

JAVELIN THROW AGE GRADED

MANAGER'S PENTATHLON			Age %
Jack DURRANT	19	32.49	34.80
Paul DURRANT	54	25.79	36.10
Stephen DAY	45	22.41	27.95
Allan WOOD	78	21.76	48.83
Lew JENKINS	71	19.05	34.69
Andrew FRASER	74	16.62	32.92
Tracey CARPENTER	49	16.33	30.29
Trevor JUPP	75	15.86	32.37
Peter DODGSHUN	63	14.47	23.10
Donna CLARKE	62	13.95	34.86
Aiden O'RILEY	40	13.44	15.40
Jack FREDRICKSON	77	10.96	23.81
Scott TEMPANY	49	10.32	13.85
Leo COFFEY	86	10.25	28.78

EAST BURWOOD 10 MARCH

60 METRE SPRINT

1	Lew JENKINS	71	11.2
2	Allan WOOD	78	11.5
3	Gordon ONLEY	81	14.0
4	Grant WATSON	68	16.5
5	Shirley COPPOCK	79	17.0
6	Lloyd NICHOLS	74	19.3

Heat 2:

1	Paul DURRANT	54	8.3
2	Tracey CARPENTER	49	9.5
3	Donna CLARKE	62	10.1
4	Gary TURNER	62	11.1
5	Andrew FRASER	74	16.3

EAST BURWOOD 10 MARCH**400 METRE RUN**

1	Stephen DAY	45	1.16
2	Janet HOLMES	62	1.21
3	Liz EASTWOOD	46	1.26
4	Hawley THOMAS	77	2.00
5	Shirley COPPOCK	79	2.35
6	Grant WATSON	68	2.45

800 METRE HANDICAP WALK

		Clock	Actual
1	Liz EASTWOOD	46	6.39
2	Frank PROWSE	64	6.50
3	Eddy STACK	81	6.54
4	Harry SUMMERS	80	6.57
5	Peter BATTRICK	72	7.02
6	Gerald BURKE	76	7.03
7	Bob LEWIS	88	7.04
8	Leo WATSON	74	7.07
9	Liz WRIGLEY	60	7.14
10	Grant WATSON	68	8.09
11	Brian TAIT	74	9.29

100 METRE SPRINT HANDICAP**GWEN DAVIDSON MEM. HEAT 4**

1	Donna CLARKE	62
2	Tracey CARPENTER	49
3	Gary TURNER	62
4	Paul DURRANT	54
5	Leo WATSON	74
6	Lloyd NICHOLS	74
7	Allan WOOD	78
8	Gordon ONLEY	81

2,4 OR 6 KM RUN/WALK**2 km:**

1	Hawley THOMAS	77	14.48
2	Peter BATTRICK (Walk)	72	19.03

4 km:

1	Annette PELGRIM	61	21.27
2	Helen VANDERNAGEL	59	22.18

6 km:

1	Liz EASTWOOD	46	29.07
2	Sam DEFANIS	67	29.35

200 METRE SPRINT AGE GRADED**MANAGER'S PENTATHLON**

Age %

Heat 1:

1	Andrew FRASER	74	35.7	74.51
2	Donna CLARKE	62	35.9	80.37
3	Allan WOOD	78	39.9	73.55
4	Lew JENKINS	71	41.6	62.90
5	Lloyd NICHOLS	74	90.3	30.40

Heat 2:

1	Paul DURRANT	54	27.8	82.89
2	Stephen DAY	45	31.2	68.78
3	Tracey CARPENTER	49	31.8	79.13
4	Gordon ONLEY	81	47.9	64.85
5	Jack FREDRICKSON	77	83.8	34.43

LONG JUMP AGE GRADED**MANAGER'S PENTATHLON**

Age %

	Paul DURRANT	54	4.19	61.96
	Tracey CARPENTER	49	3.43	56.51
	Stephen DAY	45	2.88	37.48
	Donna CLARKE	62	2.72	54.51
	Allan WOOD	78	2.47	54.30
	Lew JENKINS	71	2.43	46.78
	Andrew FRASER	74	1.57	31.92
	Jack FREDRICKSON	77	1.04	22.41

EAST BURWOOD 17 MARCH 2016**70 METRE SPRINT****Heat 1:**

1	Donna CLARKE	62	11.5
2	Ann HOLCOMBE	68	12.5
3	Lew JENKINS	71	13.2
4	Shirley COPPOCK	79	14.4
5	Gordon ONLEY	81	15.8
6	Lloyd NICHOLS	74	23.0

Heat 2:

1	James TENNANT	60	9.6
2	Tracey CARPENTER	49	9.8
3	Allan WOOD	78	12.5
4	Gerald BURKE	76	13.1
5	Paul DURRANT	54	14.4

600 METRE WALK

1	Russ DICKENSON	70	3.23
2	Paul MORITZ	56	3.46
3	Harry SUMMERS	80	4.03
4	Liz WRIGLEY	60	4.08
5	Liz EASTWOOD	46	4.11
6	Leonie GILLIES	58	4.36
7	Phyllis GOSBELL	77	4.41
8	Gerald BURKE	76	4.42
9	James TENNANT	60	4.47
10	Grant WATSON	68	4.58
11	Peter BATTRICK	72	5.19
12	Bob LEWIS	88	5.20
13	Eddy STACK	81	5.27

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEM. FINAL**

HcpMtrs

1	Leo WATSON	74	30
2	Paul DURRANT	54	2
3	Gordon ONLEY	81	38
4	Stephen DAY	45	9
4	Donna CLARKE	62	21
6	Andrew FRASER	74	20
7	Gary TURNER	62	19
8	Tracey CARPENTER	49	14
9	Aiden O'RILEY	40	4
10	Lloyd NICHOLS	74	53

200 METRE SPRINT

1	Andrew FRASER	74	
2	Donna CLARKE	62	No
3	Peter DODGSHUN	63	
4	Ann HOLCOMBE	68	Times
5	Lew JENKINS	71	
6	Gordon ONLEY	81	Available
7	Shirley COPPOCK	79	
8	Lloyd NICHOLS	74	

DISCUS THROW

	Paul DURRANT	54	31.15
	Lew JENKINS	71	20.38
	Penny GILLET	39	18.69
	Peter DODGSHUN	63	17.50
	Stephen DAY	45	17.34
	Aiden O'RILEY	40	14.88
	Donna CLARKE	62	14.87
	Tracey CARPENTER	49	14.64
	Jack FREDRICKSON	77	14.33

EAST BURWOOD 17 MARCH 2016**2 KM WALK**

1	Paul MORITZ	56	13.36
2	Liz WRIGLEY	60	17.33
3	Gary TURNER	62	17.34
4	Bob LEWIS	88	20.06
5	Grant WATSON	68	20.07

2 OR 4 KM RUN**2 km:**

1	Stephen DAY	45	9.16
2	Bob HENDERSON	69	9.21
3	Annette PELGRIM	61	11.41
4	Peter BATTRICK	72	17.45

4 km:

1	Liz EASTWOOD	46	19.23
2	Leonie GILLIES	58	23.50

EAST BURWOOD 31 MARCH 2016**2 LAPS WALK**

1	Liz WRIGLEY	60	7.18
2	Brian TAIT	74	7.19
3	Bob LEWIS	88	7.27
4	Gary TURNER	62	7.27

80 METRE SPRINT**Heat 1:**

1	Andrew FRASER	74	14.1
2	Leo COFFEY	86	14.6
3	Gordon ONLEY	81	17.2
4	Horacio DIAZ	71	19.7
5	Lloyd NICHOLS	74	26.5

Heat 2:

1	Andrew WATTS	60	10.3
2	Paul DURRANT	54	10.8
3	Tracey CARPENTER	49	12.2
4	James TENNANT	60	12.9
5	Christopher WORSNOP	58	13.2
6	Gary TURNER	62	14.0

1500 METRE RUN

1	Liz EASTWOOD	46	6.21
2	Peter DODGSHUN	63	6.23
3	Sam DEFANIS	68	6.48
4	Michael RICHARDS	64	7.21
5	Rob BAULCH	68	7.43
6	Helen VANDERNAGEL	59	7.52
7	Trevor O'BRIEN	58	8.17

300 METRE SPRINT

1	Andrew WATTS	60	
2	Paul DURRANT	54	No
3	Tracey CARPENTER	49	
4	Andrew FRASER	74	Times
5	Gary TURNER	62	
6	Leo WATSON	74	Available
7	Gordon ONLEY	81	
8	Grant WATSON	68	

1200 METRE WALK N.O.T.

		Clock	Nom.
1	Liz WRIGLEY **	60	8.38
2	Liz EASTWOOD	46	8.41
3	Leo WATSON	74	8.43
4	Gary TURNER	62	9.20
5	James TENNANT	60	9.37
6	Grant WATSON	68	9.57
7	Gerald BURKE	76	10.03
8	Trevor O'BRIEN	58	10.03
9	Phyllis GOSBELL	77	10.20
10	Brian TAIT	74	10.38
11	Peter BATTRICK	72	10.38
12	Bob LEWIS	88	10.39

** Winner - Liz Wrigley

100 METRE SPRINT

1	Paul DURRANT	54	13.9
2	Tracey CARPENTER	49	15.8
3	Leo COFFEY	86	19.1
4	Lloyd NICHOLS	74	33.8

3 KM SPIRAL HANDICAP RUN

		Clock	Actual
1	Liz EASTWOOD	46	15.45
2	Stephen DAY	45	16.14
3	Janet HOLMES	62	16.15
4	Sam DEFANIS	68	16.16
5	Peter DODGSHUN	63	16.31
6	Michael RICHARDS	64	16.45
7	Helen VANDERNAGEL	59	16.48
8	Bob HENDERSON	69	16.56
9	Rob BAULCH	68	17.51

JAVELIN HANDICAP

		Best	Adjusted
1	Tracey CARPENTER	49	15.95
2	Jack FREDRICKSON	77	12.59
3	Paul DURRANT	54	24.61
4	Peter DODGSHUN	63	15.78
5	Trevor JUPP	75	16.52
6	Allan WOOD	78	18.70
7	Leo COFFEY	86	8.20
8	Annette PELGRIM	61	9.85

A MAN on his Harley was riding along St Kilda beach when suddenly the sky clouded over and, in a booming voice, God said: "Because you have tried to be faithful to me in all ways, I will grant you one wish."

The biker pulled over and said: "Build a bridge to Tasmania so I can ride over anytime I want."

God replied: "Your request is materialistic. Think of the enormous challenges for that kind of undertaking; the supports required reaching the bottom of Bass Strait and the concrete and steel it would take.

"I can do it, but it's hard for me to justify your desire for worldly things.

"Take a little more time and think of something that could possibly help mankind."

The biker thought about it for a long time. Finally, he said: "God, I wish that I, and all men, could understand women.

"I want to know how she feels inside, what she's thinking when she gives me the silent treatment, why she cries, what she means when she says nothing's wrong, why she snaps and complains when I try to help, and how I can make a woman truly happy."

God replied: "You want two lanes or four on that bridge?"

FRANKSTON 3 MARCH 2016**100m**

1	Graham Kilfoyle	64	15.59
2	Alan Radford	64	18.61
3	Jason Dodson	Inv	19.19

200m

1	Graham Kilfoyle	64	31.89
2	Alan Radford	64	37.17
3	Jason Dodson	Inv	38.55

800m

1	Mike Thomas	44	2.25
2	Barry Jeffs	67	3.11
3	Charlie Mallia	67	3.39
4	Gary Meyer	61	4.00
5	Alan Radford	64	4.22

800m Walk

1	Pramesh Prasad	41	5.42
2	John Hallo	73	6.00
3	John Sutton	72	6.21
4	Jason Dodson	Inv	6.22
5	Lindsay Beaton	66	6.56

2000m Walk

1	Pramesh Prasad	41	11.58
2	John Hallo	73	15.42
3	Alan Radford	64	15.53
4	John Sutton	72	15.54
5	Graham Kilfoyle	64	17.36
6	Lindsay Beaton	66	18.04

3200m Walk

1	Peter Ellis	65	21.43
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2000m Walk

1	David Dodson	57	10.27
2	Gary Meyer	61	10.57
	Ray O'Connor (1600m)	78	9.50

3600m

1	Barry Jeffs	67	17.07
2	Charlie Mallia	67	18.51
3	Nonie Chan	30	18.58

FRANKSTON 10 MARCH 2016**100m**

1	Chris Sheedy	47	14.36
2	Graham Kilfoyle	64	15.50
3	Veronica Sheedy	Inv	16.42
4	Mike Parsons	65	25.89

150m

1	Chris Sheedy	47	21.58
2	Graham Kilfoyle	64	22.61
3	Veronica Sheedy	Inv	28.83

1000m

1	Chris Sheedy	47	5.20
2	Ray O'Connor	78	5.21
3	Frances Halton	54	6.22
	ZoeAnn Campbell(800m)	38	3.35

800m Walk

1	Pramesh Prasad	41	3.56
2	John Hallo	73	6.38
3	Mike Parsons	65	8.18

6 Lap Spiral Walk

1	Pramesh Prasad	41	13.34
2	Graham Kilfoyle	64	21.34
3	Mike Parsons	65	28.57

6 or 10 Lap Spiral

		Laps		
1	David Dodson	57	6	12.48
2	Gary Meyer	61	6	14.39
	Zoe Ann Campbell	38	10	DNF

FRANKSTON 17 MARCH 2016**110m**

1	Chris Sheedy	47	15.57
2	Mike Hall	77	18.14
3	Alan Radford	64	21.80
4	John Sutton	72	23.64

800m ET

		Est. time	Clock	Diff.	
1	Barry Jeffs	67	3.05	3.02	-0.03
2	David Dodson	57	3.36	3.31	-0.05
3	Chris Sheedy	47	3.00	2.53	-0.07
4	Alan Radford	64	4.20	3.58	-0.22
5	Frances Halton	54	5.30	4.53	-0.37

800m Walk ET

		Est. time	Clock	Diff	
1	Pramesh Prasad	41	3.55	3.47	-0.08
2	Iwetta Paldus	54	5.58	5.45	-0.13
3	John Sutton	72	6.05	5.51	-0.14
4	Lindsay Beaton	66	7.10	7.33	0.23

2000m Walk

1	Pramesh Prasad	41	10.14
2	Lyn Pimm	55	14.11
3	John Sutton	72	15.56
4	Alan Radford	64	15.58
5	Iwetta Paldus	54	16.20
6	Kees Zwynenburg	87	20.45

3000m Walk

1	Peter Ellis	65	22.20
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2400m

1	Chris Sheedy	47	12.03
2	Zoe Ann Campbell	38	12.04
3	David Dodson	57	12.23
4	Gary Meyer	61	13.22
5	Frances Halton	54	15.34

4000m

1	Barry Jeffs	67	19.37
2	Nonie Chan	30	22.15

GEELONG 9 March 2016**3km Cross Country**

Daryl Burns	11:16
Marc Schnyder	11:31
Montana Jones	11:54
Mick Varker	12:19
Lyn Quinlivan	12:28
Jo Foran	13:43
Trevor Grenfell	13:58
Peter Lamb	14:21
Kath Oliver	16:07
Jill Coyte	17:12
Fiona Fitzpatrick	18:05

Paddy Dangerfield 8.16**7km Cross Country**

Charlie El-Hage	27:43
Montana Jones	27:55
David Jenkins	28:54
Dave Elward	29:03
Sharon Pedersen	30:10
Mark Jeffrey	30:37
Andy Bruschi	31:39
Jeff Walker	33:13
Eric Bumbers	33:59
Gerry Fitzpatrick	34:32
R Parsons	34:41
Z Hircoe	35:26
Daryl Hurst	35:40
Grant Baensch	41:53

2800m CONT

Jeff Walker	12:56
Gerry Fitzpatrick	13:23
Daryl Hurst	13:36
Lyn Quinlivan	14:08
Grant Baensch	15:17

GEELONG 23 March 2016**1 hour Time trial**

Tony McRae	14420
Phil Shay	14350
Geoff Anset	12700
Sharon Pedersen	12600
Jeff Walker	12514
Alyssa Jones	12200

30min Time Trial

Rhys Hamill-Beach	6685
Paul Stewart	6530
Kath Oliver	5540
Frank Engelsman	5520
Grant Baensch	5370

15min Time Trial

Mick Varker	3875
Montana Jones	2790
Jill Coyte	2450

5000m

Dave Elward	19:53
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2000m

Michael Orelli	10:51
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GEELONG 16 March 2016**Bryan Cole 2000m Handicap**

Grant Simpson	06:26	
Daryl Burns	06:54	
Marc Schnyder	07:13	
Phil Shay	07:23	
Dominic Godfrey	07:32	Winner
Dave Elward	07:34	
Tony McRae	07:36	
Sharon Pedersen	07:36	
Mick Varker	07:45	
Peter McDonough	08:27	
Jeff Walker	08:36	
Lyn Quinlivan	08:37	
Eric Bumbers	08:38	
R Parsons	08:45	
Gerry Fitzpatrick	08:56	
Daryl Hurst	09:17	
Frank Engelsman	10:10	
Grant Baensch	10:15	
Jill Coyte	11:09	
J MacCarthy	12:24	

300m

Peter Lamb	45.14
Lyn Quinlivan	52.62
R Parsons	61.10

2800m

Daryl Burns	10:04
Tony McRae	11:29
Sharon Pedersen	12:16
Eric Bumbers	12:26
Peter McDonough	12:27

GEELONG 30 March 2016**3km Cross Country**

Lyn Quinlivan	12:54
Eric Bumbers	13:06
Gerry Fitzpatrick	13:11
Alan Jenkins	14:06
Peter Lamb	14:09
Daryl Hurst	14:35
Kath Oliver	15:35
Jill Coyte	17:06

7km Cross Country

Dave Elward	27:51
Phil Shay	27:54
Sharon Pedersen	28:33
Tim Clatworthy	29:01
Mark Jeffrey	30:47
Andy Bruschi	31:07
Geoff Anset	31:36
Chris Hayes	31:46
Steve Welsh	32:34
Paul Stewart	32:39
Jeff Walker	32:47
Robbie Parsons	34:46
Tania Harding	36:27
Grant Baensch	39:51

GLEN EIRA 1 MARCH 2016**RAY KEMP 5KM H/C RUN**

	Age	Clock	H/c Time	Adj Time
GREG HUGHES	57	25.50	5.40	20.10
BARRY JEFFS	67	26.45	2.00	24.45
PETER BATTRICK	72	43.48	17.00	26.48
MIKE QUINN	60	27.00	2.00	25.00
CYNTHIA ELLERY	66	27.01	Plus 4.00	31.01
ELIZABETH DORNOM	35	27.09	7.30	19.39
JANE STURZAKER	63	27.13	Plus 3.00	30.13
CHRIS BROWN	609	27.23	2.20	25.03
CHRIS GRAFEN	52	27.26	6.30	20.56
MERLE WANT	55	27.57	GO	27.57
KEVIN ARMSTRONG		30.30	4.00	26.30
PHIL URQUHART	71	30.53	Plus 2.00	32.53

80 MTRS E/T

	Age	E/T	Clock	Diff
ALAN RADFORD	64	14	13.62	0.02
GLAD WISHART	72	15	15.30	0.05
BILL CARR	66	11.70	12.02	0.32
HEATHER CARR	66	15.70	16.04	0.34
JIM SINCLAIR	91	17.3	16.32	0.58
PAUL LYNCH	66	14.00	14.81	0.81
IAN POULTON	52	16.0	14.93	1.07

150 MTRS E/T

	Age	E/T	Clock	Diff
BILL CARR	66	22.30	22.40	0.10
ALAN RADFORD	64	25.50	25.39	0.11
GLAD WISHART	72	32.51	32.19	0.32
PAUL LYNCH	66	26.00	26.45	0.45
JIM SINCLAIR	91	31.20	33.00	1.80
IAN POULTON	52	27.00	29.23	2.23

GLEN EIRA 8 MARCH 2016**90 MTRS E/T**

		E/T	Clock
GLAD WISHART	72	17.50	17.51
ALAN RADFORD	64	14.90	14.91
JIM ROUNTREE	57	14.00	13.93
PAUL LUNCH	66	15.00	15.37
BILL CARR	66	13.5	13.13
JIM SINCLAIR	91	18.2	18.81
IAN POULTON	52	12.1	17.27

200 MTRS E/T

		E/T	Clock
JIM ROUNTREE	57	31.3	31.28
BILL CARR	66	30.0	29.97
JIM SINCLAIR	91	44.2	45.96
ALAN RADFORD	64	35.1	33.62
IAN POULTON	52	41.1	38.81

600 MTRS E/T

		E/T	Clock
JANET HOLMES	62	2.16	2.16.4
GRAHAM STOCKDALE	73	2.10	2.15.0
ELIZABETH DORNOM	35	2.00	1.51.5

3KM E/T RUN

		Clock	E/T
ELIZABETH DORNOM	35	14.28	14.2
ASHLEY PAGE	75	15.23	15.15
PETER BENICE	66	11.58	11.41
MERLE WANT	55	16.28	16.08
STEVE STRELECKI	66	13.49	13.27
JEFF BOOT	60	13.36	14.30
JANE STURZAKER	63	18.28	19.3
ROBYN KENNEDY	66	18.38	21.00

200 MTRS E/T

		E/T	Clock	Diff
JIM ROUNTREE	57	31.3	31.28	0.02

BILL CARR	66	30.0	29.97	0.33
JIM SINCLAIR	91	44.2	45.96	1.76
ALAN RADFORD	64	35.1	33.62	2.18
IAN POULTON	52	41.1	38.81	2.32

1500 MTRS WALK

		Clock
SANDRA MIDDLETON	67	10.39
VICKI CHARLES	53	11.08
ALAN RADFORD	64	12.04
DOMENIC MORINA	77	13.34
PETER BATTRICK	72	13.48

3KM WALK

JIMBERRINGTON	59	18.28
DES MIDDLETON	69	21.09
JIM CRAWFORD (1.5Km)	80	15.35
EDDY STACK (2 LAPS)	81	7.17

GLEN EIRA 15 MARCH 2016**150 MTRS E/T**

	Age	E/T	Clock	Diff
BILL CARR	66	22.80	22.70	0.10
JANET HOLMES	62	27.20	27.51	0.31
JIM ROUNTREE	57	22.35	23.60	1.25
IAN POULTON	52	28.00	26.00	2.00
CHRIS BROWN	60	25.00	27.20	2.20
JOHN MATTHEW	79	36.50	38.92	2.42
PAUL LYNCH	66	26.00	28.80	2.80
JIM SINCLAIR	91	30.30	34.52	4.22
GLAD WISHART	72	28.10	32.35	4.25

110 MTR SLD H/C

		Clock	H/c	h/C Time
GLAD WISHART	72	22.72	2.0	24.72
BILL CARR	66	17.18	8.0	25.18
JIM SINCLAIR	91	24.38	1.0	25.38
HEATHER CARR	66	22.48	3.0	25.48
IAN POULTON	52	19.8	6.0	25.80
JIM ROUNTREE	54	17.81	8.0	25.81
PAUL LYNCH	66	20.7	7.0	27.7
JOHN MATTHEW	79	27.82	GO	27.82
PAUL MEREDITH	55	27.5	1.0	28.5

1200 MTR E/T

		Est	Clock	Diff
MEGAN GOOEY	38	6.15	6.03	12
JIM McLURE	70	5.55	6.08	13
BARRY JEFFS	67	5.25	5.11	14
GREG HUGHES	57	4.35	4.20	15
DOUG ADENEY	71	6.30	6.11	19
CHRIS BROWN	60	6.00	5.21	39

4KM RUN

	Age	Time
BARRY JEFFS	67	19.15
MIKE QUINN	60	19.26
MERLE WANT	55	21.43
MEGAN GOOEY	38	22.13
PHIL URQUHART	71	22.35
JANE STURZAKER	63	23.24
GRAHAM STOCKDALE	73	24.21
CYNTHIA ELLERY	66	24.48
PAUL MEREDITH	55.0	30.52

WALK 2KM E/T

		Est	Clock	Diff
PETER BATTRICK	72	18.05	17.57	0.08
PETER McGRATH	76	18.00	17.51	0.09
HEATHER CARR	66	11.15	11.28	0.13
JIM BERRINGTON	59	11.40	11.24	0.16
SANDRA MIDDLETON	67	13.49	14.09	0.18
DES MIDDLETON	69	13.20	12.26	0.54
JIM CRAWFORD	81	18.20	20.04	1.44
TONY DORAN	63	14.20	16.32	2.12
JOHN MATTHEW	79	22.00	23.27	1.27

GLEN EIRA 22 MARCH 2016**WALK 2KM**

	Age	Time
HEATHER CARR	66	28.56
JIM BERRINGTON	59	29.27
DES MIDDLETON	69	32.57
SANDRA MIDDLETON	67	35.58
KARYN O'NEILL	60	36.10
TONY DORAN	63	38.50
VICKI CHARLES (3KM)	53	23.13

Adj

700 MTR H/C

	H/c	Clock	Time
GREG HUGHES	57	62	3.17.8
RAY O 'CONNOR	78	GO	3.21.7
GRAHAM STOCKDALE	73	43	3.38.2

200 MTR E/T

	Est	Clock	Diff
JANET HOLMES	62	37.10	36.93
IAN POULTON	52	39.16	36.04
JIM SINCLAIR	91	44.15	47.47

400 MTR E/T

	Est	Clock	Diff
BILL CARR	66	73.13	73.12
JIM ROUNTREE	57	69.00	69.05
ALAN RADFORD	64	83.90	81.23
JIM McLURE	70	82.00	87.36
MEGAN GOOEY	35	120	1.42.1

60 MTRS E/T

	E/T	Clock	Diff
GLAD WISHART	74	11.90	11.87
JIM SINCLAIR	91	12.10	12.22
BOB WISHART	74	9.10	9.25
BILL CARR	66	9.0	9.44
JIM ROUNTREE	57	10.5	9.62
ALAN RADFORD	64	10.9	9.76
IAN POULTON	57	12.0	10.59

10KM RUN

	Time	
ELIZABETH DORNUM	35	40.20
CHRIS GRAFEN	52	44.58
CHRIS BROWN	60	51.11
BARRY JEFFS	67	51.51
PHIL URQUHART	71	62.25

4KM RUN

	Time	
GREG HUGHES	57	18.31
STEVE STRELECKI	66	19.00
JANE STURZAKER	63	22.27
MEGAN GOOEY	38	22.49
DOUG ADENEY	71	23.58
CYNTHIA ELLERY	66	24.38

150 MTRS H/C

	H/c	Clock	Actual
IAN POULTON	52	6	32.19
GLAD WISHART	72	2	32.99
JIM ROUNTREE	57	10	33.94
BILL CARR	66	11	34.35
JIM SINCLAIR	91	GO	34.59
ALAN RADFORD	64	9.00	35.03

Adj

WALK - 2KM H/C

	H/c	Clock	Time
SANDRA MIDDLETON	67	4.32	18.12
ALAN RADFORD	64	3.06	18.19
TONY DORAN	63	5.18	18.30
PETE BATTRICK	72	0.46	18.32
DES MIDDLETON	69	6.20	18.39
JIM BERRINGTON	59	7.22	18.41
HEATHER CARR	66	7.46	18.45
PETER McGRATH	76	0.46	18.52
DOMENICO MORINA	72	2.00	19.17
EDDY STACK (2 LAPS)	81		7.17

700 MTRS E/T

	Est	Clock	Diff
RAY O'CONNOR	78	3.25	3.25.1
ALAN RADFORD	64	3.30	3.28.6
PHIL URQUHART	71	3.28	3.26.6
ASHLEY PAGE	75	3.03	3.05.7
ELIZABETH DORNUM	35	2.10	2.12.8
PETER BENCE	66	2.29	2.25.4
GREG HUGHES	57	2.16	2.20.2
JANET HOLMES	62	2.52	2.46.2
BARRY JEFFS	67	3.15	3.01.3

TEAM RELAY 100 MTRS

PHIL URQUHART,	
HEATHER CARR,	
IAN POULTON,	
JIM ROUNTREE	
<u>1.16.3</u>	
JIM SINCLAIR,	
GLAD WISHART,	
ALAN RADFORD,	
BILL CARR	
<u>1.16.6</u>	

GLEN EIRA 29 MARCH 2016

Adj

3KM H/C

	Age	H/c	Clock	Time
JANE STURZAKER	63	Plus 2.00	14.22	16.22
CYNTHIA ELLERY	66	Plus 2.30	15.26	17.56
ELIZABETH DORNUM	35	4.10	15.31	11.21
ASHLEY PAGE	75	0.30	15.35	15.05
PHIL URQUHART	71	Plus 1.00	15.38	16.38
PAUL MEREDITH	55	Plus 6.00	15.48	21.48
CHRIS GRAFEN	52	3.30	15.52	12.22
STEVE STRELECKI	66	2.10	15.56	13.46
BARRY JEFFS	67	1.30	16.41	15.11
PETER BENCE	66	4.00	16.51	12.51
GRAHAM STOCKDALE	73	GO	17.18	17.18
VICKI CHARLES	53	GO	19.18	19.18

KNOX 2 MARCH 2016**Shot put**

Andrew Watts	60	9.23
Stephen Richards	54	9.09
Paul Durrant	54	8.9
Trevor Jupp	75	8.61
Evan Thomson	41	7.41
Peter Shanahan	54	7.08
Arthur Kapoulitsa	68	6.92
Owen Logue	30	6.65
Tracey Carpenter	49	6.59
Ed Stanley		5.92
Meliss MacEoin	44	5.37

70m

Evan Thomson	41	9.3
Tracey Carpenter	49	10.98
Andrew Watts	60	11.32
Arthur Kapoulitsa	68	11.99
Al Harris	48	12.76
Evelyn Kuys	58	13.09
Trevor Jupp	75	13.39
Lavinia Petrie	72	14.37
Ros Dyer	51	14.76

600metres

Owen Logue	30	1.54
Paul Durrant	54	2.00
John Graham	65	2.08
Al Harris	48	2.18
Bob Henderson	69	2.19
Helen Stanley	60	2.2
Lavinia Petrie	72	2.2
David Wear	69	2.26
Evelyn Kuys	58	2.28
Michelle Quan	46	2.39
Paul Twining	66	2.51
Peter Thorne	67	2.58
Ros Dyer	51	3.03
Peter Shanahan	54	3.08
Jock Cravana	77	3.19

300metres

Andrew Watts	60	42.4
Evan Thomson	41	42.9
Paul Durrant	54	46.3
Owen Logue	30	47.81
John Graham	65	55.05
Lavinia Petrie	72	60.24
Helen Stanley	60	61.04
Ros Dyer	51	80.57

Distance event**2K**

Steve Richards	54	10.54
Jock Cravana	77	10.56
Evelyn Kuys	58	13.03
Chas McCrae	83	20.51

4K

Graeme Leticq	61	16.03
John Graham	65	17.27
Helen Stanley	60	18.09
Lavinia Petrie	72	18.19
Ben Staynes	41	18.54
Bob Henderson	69	19.3
David Wear	69	20.18
Michelle Quan	46	20.35

Ros Dyer	51	25.03
Paul Twining 6k	66	31.02
Nicola VanReenan	43	32.43
Peter Thorne	67	32.43
Owen Logue 8k	30	33.16
Al Harris	48	40.17

KNOX 9 MARCH 2016**Javelin**

Andrew Watts	60	30.5
Evan Thomson	41	28.89
Paul Durrant	54	27.31
Jack Durrant	19	27.2
Mike Rennie	34	21.54

60metres

Evan Thomson	41	8.22
Paul Durrant	54	8.77
Arthur Kapoulitsa	68	9.92
Andrew Watts	60	10.26
Andrea Putting	52	11.24
Lavinia Petrie	72	12.29

1000metres

Mike Rennie	34	2.57
Owen Logue	30	3.08
John Graham	65	3.35
Hank Kuys	61	3.54
Lavinia Petrie	72	4.08
Bob Henderson	69	4.15
Paul Twining	65	5.01
Peter Thorne	67	5.15
Melissa MacEoin	44	5.18
Peter Shanahan	54	5.2
Jock Cravana	77	5.32

400metre handicap

John Graham	65	1.19
Lavinia Petrie	72	1.25
Owen Logue	30	1.03
Paul Durrant	54	1.05
Evan Thomson	41	1.04
Mike Rennie	34	1.09

Distance event

Bob Henderson	69 3k	14.25
Glenn Claiden	62 3k	14.48
Owen Logue	30 5k	19.42
John Graham	65	22
Paul Twining	65	24
Lavinia Petrie	72	24.13
Gary Stopar	68	24.22
Peter Thorne	67	27.52
Jock Cravana	77	28.46
Sue Stopar	67	29.05
Melissa MacEoin	44	30.54

KNOX 16 MARCH 2016**150metres - women**

Tracey Carpenter	49	23.75
Donna Clarke	62	25.47
Evelyn Kuys	59	26.91
Lavinia Petrie	72	27.38
Helen Stanley	60	27.76
Emma Tucker	35	30.88

150metres

Evan Thomson	41	19
BradKrawczyk	40	19.37
Meuro Mina	47	19.66
Andrew Watts	60	19.96
Stephen Richards	54	24.01
Al Harris	48	28.12

400metres

Hank Kuys	61	1.16
Evelyn Kuys	59	1.31
Karl Piatek	40	1.37
Sue Stopar	67	1.48
Chas McCrae	83	3.40walk

800metres

Ryan Clark	40	3.05
Liz Eastwood	46	3.06
Al Harris	48	3.09
Helen Stanley	60	3.1
Bob Henderson	69	3.23
Emma tucker	35	3.52
Glenn Claiden	62	3.53
Peter Thorne	67	4.09

Distance event**1K**

Karl Piatek	40	5.46
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3K

Graeme Leticq	61	11.57
Gary Stopar	68	14.43
Glenn Claiden	62	14.47
Stephen Richards	54	16.26
Sue Stopar	67	17.09

5K

Al Harris	48	23.58
Liz Eastwood	46	24.5
Ryan Clark	40	25.25
Peter Thorne	67	28.06

KNOX 23 MARCH 2016**Discus**

Andrew Watts	61	39.5
Paul Durrant	54	29.17
Rebecca Carpenter	16	22.83
Stephen Richards	54	22.09
Glenn Claiden	62	18.07
Helen Stanley	60	17.29
Melissa Butler	11	16.05
Tracey Carpenter	49	15.88
Ian Uren	65	15
Peter Thorne	67	14.09
Evelyn Kuys	59	13.95
Owen Logue	30	12.9

60metres

Paul Durrant	54	8.68
Tracey Carpenter	49	9.58
Arthur Kapoulitsa	67	9.98
Donna Clarke	62	10.56
Andrea Putting	52	11.4
Melissa Butler	11	11.6
Rebecca Carpenter	16	11.93

300/500/800metre relay

Helen Stanley	60	5.15
Karl Piatek	40	
Maureo Mina	47	
Gary Stopar	68	5.18
Andrew Watts	61	
John Graham	65	
Paul Durrant	54	5.22
Al Harris	48	
Rebecca Carpenter	16	
Michelle Quan	46	5.51
Owen Logue	30	
Peter Thorne	67	
Steven Richards	54	6.2
Liz Eastwood	46	
Melissa Butler	11	

500metres

Al Harris	48	1.49
John Graham	65	1.5
Gary Stopar	68	1.53
Liz Eastwood	46	1.59
Karl Piatek	40	2.28
Sue Stopar	67	2.34

Distance event**2K**

Maureo Mina	47	9.15
Gary Stopar	68	9.22
Glenn Claiden	62	9.44
Steven Richards	54	9.52
Anne McPherson	59	9.53
Sue Stopar	67	11.48
Hawley Thomas	77	13.46

4K

John Graham	65	17.56
Al Harris	48	18.54
Liz Eastwood	46	19.54
Michelle Quan	46	21
Ian Uren	65	22.36

6K

Helen Stanley	60	28.3
Paul Twining	66	33.09
Peter Thorne	67	35.05

8K

Owen Logue	30	32
Graeme Leticq	61	33.55
Toscha Stopar	45	41.43

KNOX 30 MARCH 2016**Shot put**

Paul Durrant	54	9.4
Steven Richards	54	8.49
Mark Harris	47	7.87
Jack Durrant	19	7.87
Mick Carr		7.15
DonnaClarke	62	6.27
Glenn Claiden	62	6.21
Andrea Putting	52	6.02
Peter Thorne	67	5.94
Karl Piatek	40	5.69

80metre

Paul Durrant	54	11.11
Geoff Whitehall	67	11.52
Tracey Carpenter	49	12.74
Arthur Kapoulitsa	68	13.86
Andrea Putting	52	15.33
Melissa MacEoin	44	17.18
Jorja Crennan	inv	24.12
Ayva Crennan	inv	24.12
Chris Crennan	44	24.12

5 lap spiral NOT

John Graham	65	8.04
Gary Stopar	68	8.49
Helen Stanley	60	9.19
John Signorini	62	9.24
Liz Eastwood	46	9.47
Mark Harris	47	9.52
Bob Henderson	69	10.15
Glenn Claiden	62	10.16
Steve Richards	54	10.37
Chris Crennan	40	10.53
Graeme Leticq	61	11
Evelyn Kuys	59	11.26
Hank Kuys	61	11.26
Sue Stopar	67	11.27
Chas McCrae 3laps	83	11.31
Melissa MacEoin	44	11.56
Michelle Quan	46	12.02
Jock Cravana	77	12.18

winner

4 by 100metre relay

Geoff Whitehall	67	1.06
Helen Stanley	60	
Donna Clarke	62	
Tracey Carpenter	49	
Karl Piatek	40	1.07
Mark harris	47	
Andrea Putting	52	
Paul Durrant	54	

Distance event**1K**

Bob Henderson	1k	69	4.17
Hank Kuys	4laps	61	8.1
Evelyn Kuys		59	8.39
Jock Cravana		77	8.44
Brian Mee		78	9.35
Karl Piatek		40	10.2

3K

John Signorini	62	12.24
Gary Stopar	67	13.32
Steve Richards	54	14.35
Glenn Claiden	62	14.42

Anne McPherson	59	15.5
Peter Thorne	67	16.26
Sue Stopar	67	17.13
Hawley Thomas	77	21.28

5K

Graeme Leticq	61	20.55
John Graham	65	21.52
Helen Stanley	60	23.35
Paul Twining	66	23.53
Liz Eastwood	46	24.08
Michelle Quan	46	25.37
Melissa MacEoin	44	31.53

MENTONE 2 MARCH 2016**800m Walk E.T.**

		Clock	Diff	
1	Irina Semenova	Inv	5.25	0.00
2	Gwen Steed	73	5.02	-0.01
3	Margaret Beaumont	77	6.38	-0.04
4	Ralph Bennett	74	4.19	-0.05
5	Pam Mews	80	7.36	-0.06
6	Sylvia Machin	74	5.40	0.10
7	Ian Beaumont	79	6.24	-0.11
8	John Morrison	75	6.04	0.19
9	Sonya McLennan	63	5.09	-0.22
10=	John Mathew	79	7.31	0.31
10=	Rae Atkins	84	7.46	0.31

1000m E.T.

		Clock	Diff	
Point Score Series 1				
1=	Col Waring	70	4.00.5	0.50
1=	Mike Thomas	44	3.04.5	-0.50
3	Matt Bowden	49	3.49.2	-0.80
4	Kuni Bowden	50	3.58.3	-1.70
5	Michael Bishop	44	3.13.9	1.90
6	Avril Britter	57	5.05.4	-5.60
7	Sandra Wynne	64	4.56.3	11.30
8	David Dodson	57	5.29.9	14.90
9	John Kneen	73	5.51.9	21.90

110m E.T.

		Clock	Diff	
1	John Mathew	79	26.27	-0.13
2	Ross Kent	73	19.31	-0.69
3	Avril Britter	57	20.28	-0.87
4	Glad Wishart	72	21.46	-1.54
5	Kuni Bowden	50	20.74	-3.26

2.5 Km/ 5Km Road E.T.

		Clock	Diff	
2.5 Km				
1	Michael Bishop	44	8.55	0.10
2	Mike Thomas	44	8.49	-0.11
3	David Dodson	57	14.53	0.23
4	John Kneen	73	16.24	0.54

5 Km

1=	Sandra Wynne	64	27.32	-0.10
1=	Matt Bowden	49	23.55	0.10
3	Kuni Bowden	50	22.04	-0.26
4	Sonya McLennan	63	26.38	-0.49
5	Avril Britter	57	29.35	-1.19
6	John Zeleznikow	65	53.20	3.20

MENTONE 2 MARCH 2016**2x800m Relay Walk**

1	John Morrison	76	23.30
	Margaret Beaumont	78	
2	Ian Beaumont	79	23.34
	Ian Cassell	62	
3	Ralph Bennett	74	24.01
	John Mathew	79	
4	Sylvia Machin	74	25.23
	Janette Atkins	63	

MENTONE 9 MARCH 2016**400m Walk E.T.**

		Clock	Diff
1	Sylvia Machin	74	2.46
2=	Rae Atkins	84	3.48
2=	Margaret Beaumont	77	3.14
4	Ian Beaumont	79	3.07
5	Sonya McLennan	63	2.26
6	John Mathew	79	3.31
7	Janette Atkins	63	3.18
8	Natalie King	73	3.22

1500m E.T. Self H/cap

Point Score Series 2		Clock	Actual
1	John Kneen	73	8.56.4
2	Mike Thomas	44	8.58.0
3	Greg Hughes	57	8.58.3
4	Matt Bowden	49	8.58.6
5	Kuni Bowden	50	9.01.4
DQ	Ashley Birrell	71	6.22.8
DQ	Sandra Wynne	64	7.34.5
DQ	Col Waring	70	6.21.2
DQ	Ashley Page	75	7.30.4
DQ	Avril Britter	57	7.54.6

Series Winner - Mike Thomas @

150m E.T. *Agg Event*

		Clock	Diff	Pts
1	Kuni Bowden	50	31.30	7
2	Avril Britter	57	29.00	5
3	John Mathew	79	36.92	4
4	Ross Kent	73	28.30	3
5	Glad Wishart	72	30.20	2

4 Km E.T. *AggEvent*

		Clock	Diff	Pts
1=	Sonya McLennan	63	20.46	7
1=	Shun Nakagoshi	Inv	21.02	7
1=	David Dodson	57	21.13	7
4	Avril Britter	57	24.25	5
5	John Kneen	73	24.07	4
6	Greg Hughes	57	16.17	3
7	Kuni Bowden	50	17.21	2
8	Ashley Page	75	21.10	1
9	Sandra Wynne	64	22.31	1
10	Matt Bowden	49	19.02	1
11	Corey Lawson	38	14.07	1
12	Ashley Birrell	71	19.59	1
13	John Zeleznikow	65	38.38	1

3000m E.T.

			Clock	Diff
	Murray Brown Trophy			
1	Ian Beaumont	79	25.58	-0.02
2=	Glennis McPherson	69	21.51	-0.03
2=	Gwen Steed	73	20.00	0.03
4	Geoff Barrow	67	20.48	0.08
5=	Margaret Beaumont	78	26.12	-0.14
5=	Ian Cassell	62	21.46	-0.14
7	Pam Mews	80	29.38	-0.22
8	Sylvia Machin	74	22.05	0.35
9	Ralph Bennett	74	17.08	-0.37
10	Janette Atkins	63	26.24	1.24
11	John Mathew	79	35.04	3.04

MENTONE 16 MARCH 2016**600m Walk E.T.**

		Clock	Diff
1=	Ian Beaumont	79	4.50
1=	Rae Atkins	84	5.45
3	Margaret Beaumont	77	4.56
4	Sonya McLennan	63	3.43
5	Janette Atkins	63	5.01
6	John Morrison	76	4.11

800m Self H/cap

		Clock	Actual
1	Michael Bishop	44	4.14.3
2	Matt Bowden	49	4.15.9
3	Sonya McLennan	63	4.17.6
4	Col Waring	70	4.18.6
5	Sandra Wynne	64	4.19.6
6	Avril Britter	57	4.21.0
7	John Kneen	73	4.22.8
8	Kuni Bowden	50	4.28.5
DQ	Mike Thomas	44	2.21.9
DQ	Ashley Birrell	71	3.06.6

3.336 Km E.T.

		Clock	Diff
1=	Matt Bowden	49	16.57
1=	David Dodson	57	17.12
3	Sandra Wynne	64	18.18
4	Kuni Bowden	50	14.33
5	Sonya McLennan	63	18.18
6	John Kneen	73	20.36
7	Avril Britter	57	19.22
8	Ashley Birrell	71	16.24

20 Minutes E.D. *Agg Event*

		Laps	Diff	Pts
1	Ian Beaumont	79	5.392	7
2	Margaret Beaumont	78	5.362	5
3	Pam Mews	80	5.230	4
4	John Morrison	76	6.235	3
5	Ian Cassell	62	6.347	2
6	Ralph Bennett	74	7.353	1
7	Janette Atkins	63	5.332	1
8	Joan Clarke	80	4.368	1
9	Katherine Ashton	Inv	5.287	1
10	Geoff Barrow	67	7.100	1
11	Glad Wishart	72	6.050	1

MENTONE 23 MARCH 2016

800m Walk E.T.				
			Clock	Diff
1	Sonya McLennan	63	5.05	0.00
2	Ian Beaumont	79	6.33	0.03
3	Ralph Bennett	74	4.47	0.07
4	Margaret Beaumont	78	6.25	-0.11
5=	Natalie King	74	6.27	-0.13
5=	Rae Atkins	84	7.43	0.13
7	Janette Atkins	63	6.40	0.22
8	John Mathew	79	7.39	0.24
9	Sylvia Machin	74	5.55	0.35

300m E.T.				
			Clock	Diff
1	Jeanne Bryan	73	1.16.3	21.30 @
2	John Mathew	79	1.45.3	30.30

1500m E.T. *Agg Event*					
			Clock	Diff	Pts
1	Helen Bryan	45	5.17.9	-1.10	7
2	Michael Bishop	44	4.53.2	-1.80	5
3	Matt Bowden	49	5.52.4	-2.60	4
4	Corey Lawson	38	4.52.7	-7.30	3
5	Jeanne Bryan	73	7.38.4	8.40	2
6	David Dodson	57	7.08.6	-9.40	1
7	Avril Britter	57	7.37.5	-65.50	1

100m H/cap				
			Clock	Metres
1	Lennox Reark	Inv	12.89	30
2	Glad Wishart	72	13.40	30
3	Avril Britter	57	13.60	26
4	Ross Kent	73	13.84	20
5	John Mathew	79	14.27	40
6	Bob Wishart	74	16.07	0.00

3 Km Self H/cap				
Point Score Series 1				
			Clock	Actual
1	Michael Bishop	44	17.00	10.15
2	Matt Bowden	49	17.25	13.40
3	Jeanne Bryan	73	18.12	16.47
DQ	Sonya McLennan	63		15.05
DQ	Avril Britter	57		16.55
DQ	Corey Lawson	38		10.11
DQ	Kuni Bowden	50		12.43

2000m/ 4000m Walk E.T.				
2000m				
			Clock	Diff
1	Heidi Engel	73	21.34	-0.06
2	Glennis McPherson	69	14.23	0.23
3	Joan Clarke	80	19.34	-0.33
4	John Mathew	79	23.55	1.55

4000m				
			Clock	Diff
1	Margaret Beaumont	78	34.08	-0.08
2	Gwen Steed	73	27.03	0.15
3	Geoff Barrow	67	27.40	-0.20
4	Ian Beaumont	79	34.06	0.21
5	Sylvia Machin	74	29.55	0.25
6	Janette Atkins	63	35.35	0.35
7	Ian Cassell	62	29.38	0.38
8	Katherine Ashton	Inv	34.07	-0.53
9	Ralph Bennett	74	22.45	-1.15

MENTONE 30 MARCH 2016

500m Walk E.T.					
				Clock	Diff
1	Sonya McLennan	63	3.03	-0.02	
2	John Mathew	79	4.23	0.03	
3	Ian Beaumont	80	4.05	0.05	
4=	Margaret Beaumont	78	4.06	-0.07	
4=	Ralph Bennett	74	2.32	-0.07	
6	Janette Atkins	63	3.59	-0.14	
7	Natalie King	74	3.56	-0.24	
8	Pam Mews	80	4.14	-0.46	
9	Rae Atkins	84	4.34	0.54	

200m E.T.					
				Clock	Diff
1	John Mathew	79	54.00	0.00	
2	Katie Gibson	Inv	34.72	-0.28	
3	Kuni Bowden	50	42.39	0.39	
4	Finn Gibson	Inv	36.40	0.40	
5	Glad Wishart	72	44.53	2.03	
6	Avril Britter	57	39.09	-3.26	
7	Ross Kent	74	38.54	3.54	

600m E.T.					
				Clock	Diff
1	Corey Lawson	38	1.48.7	-1.30	
2	Col Waring	70	2.06.4	1.40	
3=	Helen Bryan	45	1.55.4	-1.60	
3=	Finn Gibson	Inv	2.13.6	1.60	
5	Jeanne Bryan	73	2.44.2	-1.80	
6	Michael Bishop	44	1.48.8	3.80	
7	Ashley Page	75	2.41.4	-5.40	
8	Avril Britter	57	2.47.5	-8.50	
9	Kuni Bowden	50	2.29.0	14.00	
10	John Kneen	73	3.29.3	19.30	

5 Km Road E.T.					
Point Score Series 2					
				Clock	Diff
1	Corey Lawson	38	17.27	-0.03	
2	Avril Britter	57	29.14	-0.06	
3	Michael Bishop	44	17.40	0.10	
4	Helen Bryan	45	22.49	-0.11	
5	John Zeleznikow	65	49.40	-0.20	
6	Sonya McLennan	63	26.19	0.27	
7	Kuni Bowden	50	21.56	-0.34	
8	Jeanne Bryan	73	27.58	-0.52	
9	Ashley Page	75	26.29	-0.58	
10	Adam Walsh	Inv	28.56	-1.04	
11	John Kneen	73	33.34	1.34	

Series Winner
Michael Bishop

1 Mile/ 2 Miles Walk E.T.					
				Clock	Diff
1	Geoff Barrow -2 Miles	67	22.38	0.08	
2	Ian Cassell - 1 Mile	62	11.04	-0.16	
3	Natalie King	74	13.40	-0.22	
4	Ian Beaumont	80	13.25	0.25	
5	Margaret Beaumont	78	13.24	-0.26	
6	Janette Atkins	63	13.33	0.33	
7	John Mathew	79	18.04	1.04	
8	Joan Clarke	80	15.54	-1.06	
9	Debbie Thomson	Inv	18.42	2.02	
10	Pam Mews	80	14.17	-2.43	

SPRINGVALE 2 MARCH 2016**80 metres Heat 1**

	Age	Clock
Bill HAINS	52	11.60
Graham KILFOYLE	64	12.20
Claudio RIGA	60	14.40
Juan PEREZ	76	15.30
Jim SINCLAIR	91	16.70
Paul MULLINS	75	18.80

80 metre heat 2

Peter CARMODY	55	11.50
Mike HALL	77	13.80
Lindsay OXENHAM	66	15.90
Peter ELLIS	65	24.00
Brian LYNCH	80	25.70
Jim SMITH	75	30.30

80 metre Heat 3

Lou BUCCIERI	60	15.00
Vicky KILFOYLE		19.70
Eric NEGROS	52	20.80
Howard REES	68	38.70
Natalie IRVINE	69	39.30

80 metre heat 4

Bill IRVINE	67	20.40
Bill FOURKIOTIS	73	20.60
Theresia BAIRD	74	24.40
Pam THOMAS	66	32.40
Celia JOHNSON	68	46.00

600 metres

Neil GRAY	68	2.12.5
Paul WINTERTON	61	2.26.8
Peter CARMODY	55	2.33.3
Claudio RIGA	60	2.37.4
Lou BUCCIERI	60	2.43.8
Bill IRVINE	67	2.48.9
Lindsay OXENHAM	66	2.55.0
Ray O~CONNOR	78	2.55.6
Lew JENKINS	71	2.56.0
Juan PEREZ	76	3.10.3
Paul MULLINS	75	3.09.8

200 metres walk

Theresia BAIRD	74	49.50
Peter ELLIS	65	68.80
Jim SMITH	75	80.00
Brian LYNCH	80	82.20
Pam THOMAS	66	84.40
Eric NEGROS	52	89.30
Graham KILFOYLE	64	92.20
Vicky KILFOYLE		99.00
Celia JOHNSON	68	99.00
Howard REES	68	101.20
Natalie IRVINE	69	102.90
Jim Sinclair (run)	91	59.60

2000 metre road walk

	Age	clock
Peter ELLIS	65	12.56
Theresia BAIRD	74	13.26
Jim SMITH	75	14.32
Penny HALL	76	15.37
Vicky KILFOYLE		16.12
Brian LYNCH	80	16.19
Pam THOMAS	66	16.21
Graham KILFOYLE	64	16.47
Judy DAVISON	80	16.56
Celia JOHNSON	68	18.39

Tony JOHNSON	75	18.40
Ernie JEFFS	71	18.42
Natalie IRVINE	69	18.42
Tom DAVISON	83	19.37
Peter BATTRICK	72	20.14
John ABEL	55	22.26
Peter CARMODY	55	22.26
Eric NEGROS	52	22.28
Bill FOURKIOTIS	73	22.39
Jack GUBBINS	86	26.34

3100 metre road run

Alan BENNIE	69	13.37
Lou BUCCIERI	60	14.45
Rob CLUTTERBUCK	62	14.46
Claudio RIGA	60	15.28
Bill IRVINE	67	15.42
Lindsay OXENHAM	66	16.35
Ian TREGEAR	65	16.35
Paul MULLINS	75	17.21
Juan PEREZ	76	18.42

SPRINGVALE 9 MARCH 2016**100 metres HCP Heat 1**

	Age	Clock
Helen ANDERSON		12.90
Graeme KILFOYLE	64	13.20
Bill HAINES	52	13.90
Les WILLIAMS	60	14.60
Lew JENKINS	66	15.10
Trevor JUPP	75	16.20

100 metres HCP Heat 2

Jim SINCLAIR	91	13.40
Lindsay OXENHAM	66	13.70
Juan Perez		14.00
Mick COLGAN	65	17.30

300 metres

Les WILLIAMS	60	3.18.3
Alan BENNIE	69	3.58.8
Paul MULLINS	75	4.15.8
Bill IRVINE	67	4.23.1
Claudio RIGA	60	4.28.6
Paul WINTERTON	61	4.29.3
Lou BUCCIERI	60	4.30.1
Lindsay OXENHAM	66	4.35.3

1500 metres

Les WILLIAMS	60	0.51.7
Kathy		0.51.9
Paul WINTERTON	61	1.04.0
Mick COLGAN	65	1.07.5
Ray O~CONNOR	78	1.09.0
Lindsay OXENHAM	66	1.10.0
Lew JENKINS	66	1.11.7
Juan PEREZ	69	1.24.8

3000 metres walk HCP

Vicky KILFOYLE		21.32
Jim SMITH	75	29.09
Ernie JEFFS	71	29.09
Ron LITTLE	71	29.08
Graeme KILFOYLE	64	29.41
John ABLE	66	29.42
Bill IRVINE	67	29.46
Peter BATTRICK	72	29.47
Bryan LYNCH	80	29.48
Penny HALL	76	29.53

SPRINGVALE 16 MARCH 2016

Pam THOMAS	66	30.32		
Trevor JUPP	75	30.32		
Theresia BAIRD	74	30.42		
Jack GUBBINS	86	12.33	1000m	
5000 meters HCP H3	Age	Clock	HCP	Actual
Lindsay OXENHAM	66	30.59	6.05	24.54
Claudio RIGA	60	31.12	6.20	24.52
Juan PEREZ	69	31.16	0.15	31.01
Ian TREGERR	65	31.30	3.30	28.00
Mick GOLGAN	65	31.57	4.20	27.37
Lou BUCCIERI	60	31.53	7.10	24.43
Rob CLUTTERBUCK	62	21.01		

SPRINGVALE 16 MARCH 2016

70 metres	Age	Clock	HCP	Actual
Peter CARMODY	55	10.5		
Mike HALL	77	11.9		
Claudio RIGA	60	12.9		
Mick COLGAN	65	13.4		
Juan PEREZ	76	14		
Jim SINCLAIR	91	14.3		

400 metres HCP H2

Paul WINTERTON	61	1.54	0.26	1.28
Juan PEREZ	76	1.58	0.03	1.55
Bill IRVINE	67	2.00	0.30	1.3
Lew JENKINS	71	2.00	0.14	1.46
Dave TALBOT	61	2.01	0.38	1.23
Mick COLGAN	65	2.07	0.14	1.53
Claudio RIGA	60	2.11	0.30	1.41
Bill HAINS	52	2.12	0.44	1.28
Peter CARMODY	55	1.52	0.30	1.22

2500 Metres Walk

Celia JOHNSON	68	19.12		
Tony JOHNSON	75	20.3		

2000 Metres Walk

	Age	Clock		
Penny HALL	76	15.31		
Brian LYNCH	80	16.08		
Pam THOMAS	66	16.13		
Vicky KILFOYLE	64	16.33		
Graham KILFOYLE	64	16.33		
Peter ELLIS	65	16.39		
Judy DAVISON	80	16.48		
Howard REES	68	17.43		
Ernie JEFFS	71	18.14		
Tom DAVISION	83	18.23		
Peter BATTRICK	72	18.3		
Tony DORAN	63	18.5		
Eric NEGROS	52	19.24		
Kelly DAVIDSON	37	20.00		
Jean ONLEY	83	22.11		
Jack GUBBINS	86	21.55	1200 m	

4000 Metres Run

Alan BENNIE	69	18.25		
Claudio RIGA	60	19.51		
Rob CLUTTERBUCK	63	19.54		
Ian TREGEAR	65	22.28		
Juan PEREZ	76	24.54		
Will SELICK	44	24.55		
Bill IRVINE	67	9.56	2000m	

SPRINGVALE 23 MARCH 2016**200 metres**

	Age	Clock		
Peter CARMODY	55	29.80		
Bill HAINS	52	29.90		
Mick COLGAN	65	40.60		
Lindsay OXENHAM	66	45.70		
Juan PEREZ	76	50.80		

800 metres

Neil GRAY	68	3.03		
Paul MULLINS	75	3.15		
Dave TALBOT	61	3.17		
Paul WINTERTON	61	3.26		
Peter CARMODY	55	3.37		
Claudio RIGA	60	3.47		
Lindsay OXENHAM	66	3.50		

5000 metres Run HCP Final

			HCP	Actual
Rob CLUTTERBUCK	63	29.41	3.25	26.16
Juan PEREZ	76	30.08	0.00	30.08
Claudio RIGA	60	30.31	6.05	24.26
Lindsay OXENHAM	66	30.39	6.00	24.39
Ian TREGEAR	65	30.59	2.47	28.12
Mick COLGAN	65	31.08	3.25	27.43
Bill IRVINE	67	32.54	6.20	26.34

3000 metres HCP walk Final

Ernie JEFFS	71	29.29		
Peter BATTRICK	72	29.40		
Jim SMITH	75	30.04		
Peter ELLIS	65	30.13		
Eric NEGROS	53	30.13		
Celia JOHNSON	68	30.35		
Tom DAVISION	83	30.35		
Judy DAVISON	80	30.40		
John ABEL	66	31.09		
Trevor JUPP	75	31.09		
Natalie IRVINE	69	31.38		
Kelly DAVIDSON	37	31.38		
Brian LYNCH	80	32.02		
Ron LITTLE	72	32.44		
Jack GUBBINS	86	33.40		

SPRINGVALE 16 MARCH 2016

100 metres HCP Finale

	Age	Clock	HCP	Actual
Juan PEREZ	76	13.30	0.23	13.07
Bill HAINS	52	13.50	0.00	13.50
Jim SINCLAIR	91	14.00	0.29	13.31
Mick COLGAN	65	14.00	0.23	13.37
Lindsay OXENHAM	66	14.10	0.28	13.42
Lew JENKINS	71	15.80	0.20	15.60

400m HCP H3

Lew JENKINS	71	1.55	0.12	1.43
Dave TALBOT	61	1.57	0.38	1.19
Claudio RIGA	60	1.59	0.32	1.27
Juan PEREZ	76	2.00	0.06	1.54
Lindsay OXENHAM	66	2.01	0.27	1.34
Bill IRVINE	67	2.01	0.30	1.31
Paul WINTERTON	61	2.10	0.32	1.38
Ray O~CONNOR	78	2.03	0.17	2.03
Mick COLGAN	65	2.06	0.14	1.52

1000m Walk

	Age	Clock
Ernie JEFFS	71	7.26
Celia JOHNSON	68	8.02
Pam THOMAS	66	8.09
Howard REES	68	8.11
Trevor JUPP	75	9.30
Natalie IRVINE	69	10.09
Jean ONLEY	83	10.33

3000m Walk

Tony DORAN	63	20.51
John MANNING	70	22.38
Jim SMITH	75	24.40
Ron LITTLE	72	24.40
John ABEL	66	24.40
Judy DAVISON	80	24.47
Tom DAVISION	83	28.51

3000m Run

Claudio RIGA	60	14.23
Bill IRVINE	67	14.49
Lindsay OXENHAM	66	15.02
Ian TREGEAR	65	16.09
Juan PEREZ	76	17.48

RONNIE CORBETT ONE LINERS :

"All those who believe in psychokinesis raise my right hand."

"French wine growers fear that this year's vintage may be entirely spoiled due to the grape treaders' sit-in."

"There was a fire at the main Inland Revenue office in London today, but it was put out before any serious good was done."

"A cement mixer collided with a prison van on the Kingston by-pass. Motorists are asked to be on the look-out for 16 hardened criminals."

"We've just heard that in the English Channel, a ship carrying red paint has collided with a ship carrying purple paint. It is believed that both crews have been marooned."

"It was revealed in a government survey published today that the Prime Minister is doing the work of two men, Laurel and Hardy."

"This is a message for seven honeymoon couples in a hotel in Peebles: Breakfast was served three days ago."

"We'll be talking to a car designer who's crossed a Toyota with Quasimodo and come up with the Hatch-back of Notre Dame"

"My wife tries not to bring out the beast in me – she's afraid of mice."

"We will be talking to an out of work contortionist who says he can no longer make ends meet."

CORBETT: Mrs XYZ of Portsmouth has written in to ask, 'Is it true that in China they never hang a man with a moustache?' BARKER: Er, quite correct. They use a rope.

But Ronnie, none of them fit on one line !!

MAY PROGRAMS 2016

MON MAY 2	DONCASTER	1200M W/R JAV	100	200M	600M ET	2000M WALK/RUN ET
	CASEY					
TUES MAY 3	COLLINGWOOD	100M	400M	200M	2/4/8K	
	CROYDON	2 LAPS IN 8.30 MIN NOST	90M	DEFIBRILLATOR RE-FRESHER COURSE	COURSE 7.30-8.15	2/3/4/5K RUN 2/3K WALK
	GLEN EIRA	70M	700M E/T	400M H/C	3K WALK H/C	5K H/C
WEDS MAY 4	ABERFELDIE	80M	1000M AG	60 SEC NOD	4/6K	
	GEELONG	400M	320M	100M		
	MENTONE					
	KNOX	JAV 800M	60M 110HCP	80M	1000M	3/5/7K
	SPRINGVALE	70/200M	800M HCP	2000M HCP WALK	3/5K	
THURS MAY 5	COBURG					
	EAST BURWOOD	80M/SHOT PUT	600M	1500M WALK	110M 200M HCP	1/3K WALK 3/5K RUN
	FRANKSTON	600M WALK	200M	600M	100M	2/3.6K RUN 2/3.2K WALK
MON MAY 9	DONCASTER	DONC 1000M	60M	100M	400M	1/3/5K WALK/RUN
	CASEY					
TUES MAY 10	COLLINGWOOD	VMA 10K TRACK	CHAMPIONSHIP	7.00PM START		
	CROYDON	800M WALK	18.8 SEC	MGRS 400M HCP	150M	1/3/5K RUN 1/3K WALK
	GLEN EIRA	60M E/T	1000M H/C	400M H/C	3/5K H/C WALK	4K H/C
WEDS MAY 11	ABERFELDIE	100M	1600M	200M	3/5K	
	GEELONG	KEITH BIRD MILE	100M	2400M		
	MENTONE					
	KNOX	LJ 1000M	80M 300M 100M	1000M	3K HCP	
	SPRINGVALE	100M HCP	300/1500M	1600M WALK	2/4K	
THURS MAY 12	COBURG					
	EAST BURWOOD	60M / JAVELIN	400M	1200M WALK NOT	100M HCP 300M	4K HCP/ 2K WALK
	FRANKSTON	800M WALK	80M	800M	300M	6/10LAP SPIRAL
MON MAY 16	DONCASTER	1000M W/R LJ	100M JAV	200M SHOT PUT	400M DISC	1500/800 W/R
	CASEY					
TUES MAY 17	COLLINGWOOD	200M	800M	400M	6/12/18 LAPS	
	CROYDON	3 LAP WALK NOST	60M	90M	4X200 RELAY	8 LAP SPIRAL HCP/3/5K W
	GLEN EIRA	70M E/T	600M H/C	400M H/C	2x1500M WALK E/T	3K
WEDS MAY 18	ABERFELDIE	100M	800M	400M	5K H/C	
	GEELONG	300M	2400M	1000M		
	MENTONE					
	KNOX	DISCUS 800M	60M 150M	110M	1000M	2/4/6 MIN
	SPRINGVALE	60/120M	800M HCP	2000M HCP WALK	4/6K	
THURS MAY 19	COBURG					
	EAST BURWOOD	70M / DISCUS	400M	1K WALK	100M /150M	2/4/6K RUN 2/4K WALK
	FRANKSTON	800M	110M	1000M	200M	2.4/4K ET 2/3K ET WALK
MON MAY 23	DONCASTER	1K WALK 2K RUN	80M	150M	300M GIFT	1000M ET W/R
	CASEY					
TUES MAY 24	COLLINGWOOD	100M	1500M	200M	3/5/7K	
	CROYDON	1 MILE WALK	90M	MGRS 400M HCP	38 SECS	RUN/WALK TEAMS NOT
	GLEN EIRA	60M E/T	1200M H/C	400M H/C	2K WALK	4K H/C
WEDS MAY 25	ABERFELDIE	110M	1200	400M	3K NOT	
	GEELONG	200M	3200M	800M		
	MENTONE					
	KNOX	SHOT 800M	100M	4X200M	1000M	10 LAP SPIRAL
	SPRINGVALE	100M HCP	800M HCP	1000M HCP WALK	2/4K	
THURS MAY 26	COBURG					
	EAST BURWOOD	80M / JAVELIN	600M	1500M WALK	110M 200M	5K H/P RUN 1/3K WALK
	FRANKSTON	800M WALK	90M	800M	150M	8LAP MAX WALK/RUN
MON MAY 30	DONCASTER	1200 W/R JAV	100M AG	200M AG	400M AG	1/3/5K W/R
	CASEY					
TUES MAY 31	COLLINGWOOD	100M	600M	200M	4/6/8K	
	CROYDON	800W NOM KEN'S TIME	17.4 SECS	2X800M RUN/WALK	150M	13 LAPS R/W NOT
	GLEN EIRA	100M E/T	500M E/T	150M E/T	3/6K WALK E/T	3K E/T