



AROUND THE GROUNDS

VENUE RESULTS FOR APRIL 2016, PROGRAM FOR JUNE 2016



KIM OSMAND FROM THE RUN2SDAY TRAINING GROUP
WINNER OF HER AGE GROUP AT THE VMA 3K CHAMPS

ABERFELDIE, COBURG, COLLINGWOOD, CROYDON,
DONCASTER, EAST BURWOOD, FRANKSTON, GEELONG,
GLEN EIRA, KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

ABERFELDIE 6 APRIL 2016**110 Metres**

Tony BRADFORD	76	20.69
John PAPWORTH	47	16.28
Jamie PAPWORTH	INV	18.44
Imogen PAPWORTH	INV	29.06

1000 Metres Age Graded

			Age %
Shane DRAPER	42	3.09	74.42
Brian O'DEA	61	3.46	73.36
John PAPWORTH	47	3.42	66.34
Ernie STEWART	65	4.26	64.33
Stephen BARKER	72	4.49	64.05
Doug STOKES	63	4.30	62.38
Michael ENNIS	63	4.34	61.47
Michael ORELLI	72	5.19	58.03
Maggie ARMSTRONG	54	5.11	56.57
Jamie PAPWORTH	INV	4.56	48.56

200 Metres

John PAPWORTH	47	29.19
Jamie PAPWORTH	INV	37.91
Tony BRADFORD	76	39.69
Michael ORELLI	72	54.62
Imogen PAPWORTH	INV	61.09

3000 Metres

Daniel IERARDO	INV	12.30
Lisa IERARDO	50	13.54
Brian O'DEA	61	14.20
Michael ENNIS	63	15.33
John DEAN	71	16.30
Levi DRAPER	INV	16.38
Maggie ARMSTRONG	54	19.00

5000 Metres

Doug STOKES	63	25.48
Ernie STEWART	65	26.15
Trevor HAWKSWORTH	69	26.15

2200 Metres

Graham EADIE	64	13.15
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1000 Metres

Stephen BARKER	72	5.12
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ABERFELDIE 13 APRIL 2016**100 Metres**

John PAPWORTH	47	17.09
Tony BRADFORD	76	17.72
Jamie PAPWORTH	INV	17.84
Maggie ARMSTRONG	54	17.94
John HOWES	80	19.22
Imogen PAPWORTH	INV	24.81

800 Metres

Daniel IERARDO	INV	3.11
Carolyn BOWEN	54	3.23
John WHITE	48	3.27
Michael ENNIS	63	3.41
Levi DRAPER	INV	3.58
Andrea DRAPER	39	3.59
Jamie PAPWORTH	INV	4.08
Maggie ARMSTRONG	54	4.15
Stephen BARKER	72	4.21
John PAPWORTH	47	4.29
Michael ORELLI	72	4.38

300 Metres

John PAPWORTH	47	47.72
Tony BRADFORD	76	60.09
Jamie PAPWORTH	INV	60.78
John HOWES	80	70.27
Imogen PAPWORTH	INV	90.28

4000 Metres

Shane DRAPER	42	16.48
Lisa IERARDO	50	18.20
Carolyn BOWEN	54	18.27
Trevor HAWKSWORTH	69	20.27
Alfred LENDVAI	62	20.46
Daniel IERARDO	INV	20.49
Doug STOKES	63	21.37
Stephen BARKER	72	21.41
Bill RISTEVSKI	51	22.23
John DEAN	71	22.25
John WHITE	48	24.32

6000 Metres

Brian O'DEA	61	29.30
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2000 Metres Walk

Lynn O'DEA	60	17.56
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3200 Metres

Maggie ARMSTRONG	54	21.58
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ABERFELDIE 20 APRIL 2016**90 Metres**

Gavin WHITE	42	11.37
John WHITE	48	14.03
Joe DILWORTH	64	14.35
David JONES	65	18.75

1500 Metres

Brian O'DEA	61	6.03
Gavin WHITE	42	6.22
Doug STOKES	63	7.00
Michael ENNIS	63	7.14
Andrea DRAPER	39	7.30
John WHITE	48	8.03
Michael ORELLI	72	9.12
Stephen BARKER	72	9.12

200 Metres

Joe DILWORTH	64	32.63
John WHITE	48	34.93
Maggie ARMSTRONG	54	41.31

2000 Metres

Daniel IERARDO	INV	7.53
David JONES	65	9.03
Lisa IERARDO	50	9.06
Brian O'DEA	61	9.18
Alfred LENDVAI	62	9.32
Michael ENNIS	62	10.11
John DEAN	71	10.42
Levi DRAPER	INV	12.11
Michael ORELLI	72	12.21
Andrea DRAPER	39	12.21
John WHITE	48	12.56
Maggie ARMSTRONG	54	13.08

4000 Metres

Carolynn BOWEN	54	18.37
Doug STOKES	63	20.42
Trevor HAWKSWORTH	69	20.53
Stephen BARKER	72	24.25

ABERFELDIE 27 APRIL 2016**100 Metres**

Dave CHISHOLM	47	12.55
Richard SHORTT	44	12.60
John PAPWORTH	47	14.16
John WHITE	48	14.72
Toni PHILLIPS	44	16.16
Jamie PAPWORTH	INV	18.20
John HOWES	80	19.72
Imogen PAPWORTH	INV	26.10

800 Metres

Gavin WHITE	42	2.38
John PAPWORTH	47	2.57
Carolyn BOWEN	54	3.21
Michael ENNIS	63	3.28
Jamie PAPWORTH	INV	3.28
Doug STOKES	63	3.30
Levi DRAPER	INV	3.38
Mark SIMMONS	54	3.39
John WHITE	48	3.49
Andrea DRAPER	39	3.54
Michael ORELLI	72	4.40

400 Metres

Dave CHISHOLM	47	59.66
Richard SHORTT	44	61.10
John PAPWORTH	47	69.22
Toni PHILLIPS	44	76.70
Brian O'DEA	61	79.75
Imogen PAPWORTH	INV	135.40

3000 Metres

Ernie STEWART	65	13.38
Lisa IERARDO	50	13.51
Brian O'DEA	61	14.09
Michael ENNIS	63	15.00
John WHITE	48	17.03
John DEAN	71	17.37
Michael ORELLI	72	18.00
Graeme EADIE	64	18.50
Tony BRADFORD	76	20.40

5000 Metres

Carolyn BOWEN	54	23.27
Trevor HAWKSWORTH	69	26.38
Doug STOKES	63	27.51

2000 Metres Walk

Lynn O'DEA	60	18.23
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ABERFELDIE 30 MARCH 2016**100 Metres**

Dave CHISHOLM	47	12.81
Adam GREGORY	31	13.03
John PAPWORTH	47	13.25
Richard SHORTT	44	13.56
Jamie PAPWORTH	INV	18.19
John HOWES	80	19.37
Doug RAMM	81	21.69
Michael ORELLI	72	28.66

1200 Metres

Adam GREGORY	31	4.18
Ernie STEWART	65	5.25
John PAPWORTH	47	5.37
Jamie PAPWORTH	INV	5.38
Doug STOKES	63	5.43
Ron GREGORY	63	5.45
John WHITE	48	5.53
Stephen BARKER	72	6.06
Michael ORELLI	72	6.32
Maggie ARMSTRONG	54	6.33
Tony BRADFORD	76	6.54

400 Metres

Dave CHISHOLM	47	58.69
Richard SHORTT	44	60.69
John PAPWORTH	47	61.72
Toni PHILLIPS	44	76.25
Jamie PAPWORTH	INV	112.97
Michael ORELLI	72	125.11

2000 Metres

Daniel IERARDO	INV	7.47
Lisa IERARDO	50	9.02
Alfred LENDVAI	62	9.20
Michael ORELLI	72	10.36
John WHITE	48	11.35
Ron GREGORY	63	12.35
Maggie ARMSTRONG	54	12.55

4000 Metres

Adam GREGORY	31	17.32
John PAPWORTH	47	18.10
Ernie STEWART	65	20.32
Trevor HAWKSWORTH	69	20.59
Doug STOKES	63	21.21
Stephen BARKER	72	21.32
Peter BLACK	61	21.37
John DEAN	71	21.56

**PLEASE NOTE :**

THE CORRECT DATE FOR THE ERIC GREAVES 10K IS **24TH JULY** NOT 17TH JULY AS WE SAID IN APRIL FOOTPRINTS. THIS IS, OF COURSE, THE 3RD EVENT IN THE BROWNE SHIELD

COBURG 7 APRIL 2016**110m****Heat: 1**

Bernie LEDDIN	68	18.38
Bruce GIBBS	67	20.15
Colin HICKIE	31	21.83
Michelle SPORTON	50	27.56
Michael WHIMPEY	62	34.53
Ken CARTER	63	40.40

Heat: 2

Rhys GILLSON	18	12.30
Charlie MORAN	17	12.55
Paul O'NEILL	50	14.30

1500m Teams Championship

Ethan O'NEILL	15	5.15
Warren BURKE	48	5.18
Fraser MURRAY	44	5.19
Paul O'NEILL	50	5.40
Gary O'DWYER	57	5.42
Nicholas HARRAP	16	5.45
Colin HICKIE	31	6.19
Bernie LEDDIN	68	6.20
Brian DELANEY	62	6.30
Maria BARBETTI	50	7.03
Fiona ELY	46	7.25
Donna ELMS (W)	55	8.19
Michael WHIMPEY	62	10.44
Rob DAVEY	76	11.09
Bruce GIBBS	67	11.14
Ken CARTER	63	13.42

300m

Paul O'NEILL	50	45.00
Colin HICKIE	31	1.19.3
Ken CARTER	63	2.22.1

2km

Fiona ELY	46	10.40
Bernie GOGGIN	78	16.53
Rob DAVEY	76	17.05

2.4km Walk

Michael WHIMPEY	62	22.09
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4km

Warren BURKE	48	15.43
Fraser MURRAY	44	18.56
Gary BLAKE	59	19.16
Colin HICKIE	31	19.52
Maria BARBETTI	50	20.45
Ken CARTER	63	40.16

COBURG 14 APRIL 2016**90m**

Charlie MORAN (100m)	17	14.05
Colin HICKIE	31	15.15
Bernie LEDDIN	68	15.92
Michelle SPORTON	50	20.70
Ken CARTER	63	31.66

1000m

Colin HICKIE	31	4.12
Fraser MURRAY	44	4.27
Maria BARBETTI	50	4.30
Bernie GOGGIN	78	7.28
Rob DAVEY	76	7.39
Michael WHIMPEY	62	8.07
Ken CARTER	63	9.25

400m Teams Championship**Heat: 1**

Ethan O'NEILL	15	1.13.1
Bernie LEDDIN	68	1.21.7
Bruce GIBBS	67	1.38.5
Lisa ROBERTS	34	1.44.9
Rob DAVEY	76	2.11.0

Heat: 2

Paul O'NEILL	50	59.33
Gary O'DWYER	57	1.11.4
Colin HICKIE	31	1.17.8
Michael WHIMPEY	62	2.44.4
Ken CARTER	63	3.13.9

Heat: 3

Fraser MURRAY	44	1.07.2
Nicholas HARRAP	16	1.14.5
Brian DELANEY	62	1.18.6
Fiona ELY	46	1.24.8
Maria BARBETTI	50	1.29.0
Maegan KERR	44	2.27.2

2.4km

Rob DAVEY	76	20.46
Michael WHIMPEY	62	20.47

3.2km

Maria BARBETTI	50	17.02
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4km

Gary O'DWYER	57	18.49
Fraser MURRAY	44	20.57
Colin HICKIE	31	21.38
Ken CARTER	63	40.32

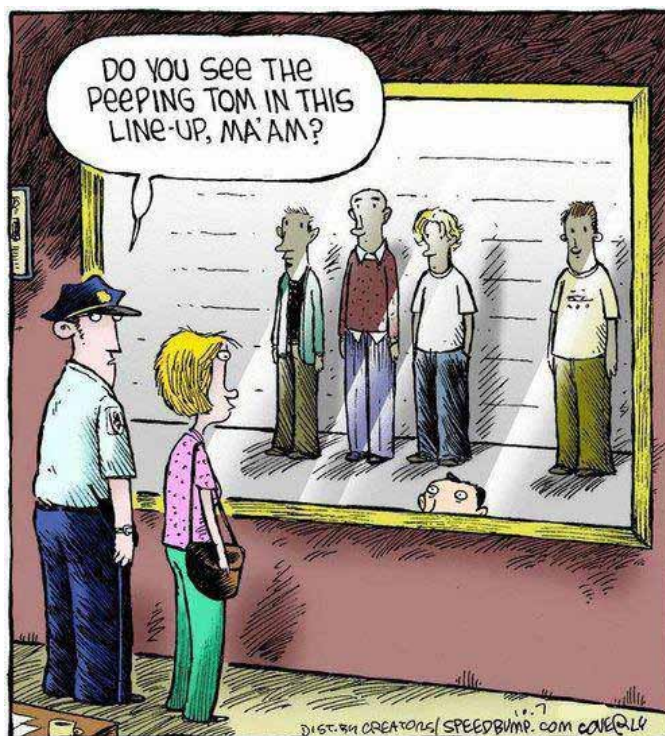
COBURG 21 APRIL 2016

110m

Michelle SPORTON	50	26.89
Ken CARTER	63	43.61

4km Teams Championship

Ethan O'NEILL	15	15.46
Warren BURKE	48	16.11
Fraser MURRAY	44	16.18
Gary O'DWYER	57	17.11
Nicholas HARRAP	16	17.45
Bernie LEDDIN	68	18.47
Brian DELANEY	62	19.38
Maria BARBETTI	50	20.28
Fiona ELY	46	20.33
Maegan KERR	44	24.08
Rob DAVEY	76	30.25
Bruce GIBBS	67	32.41
Ken CARTER	63	40.17



COBURG 28 APRIL 2016

100m

Paul O'NEILL	50	12.93
Ethan O'NEILL	15	13.61
Colin HICKIE	31	15.77
Bernie LEDDIN	68	17.11
Rob LEWIS	68	19.91

1100m

Rob DAVEY	76	8.41
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1200m

Bernie GOGGIN	78	9.39
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1500m

Colin HICKIE	31	6.47
Maria BARBETTI	50	7.19

600m

Bernie LEDDIN	68	2.12
Colin HICKIE	31	2.14
Fiona ELY	46	2.26
Rob LEWIS	68	2.48

3km

Maria BARBETTI	50	15.04
Fiona ELY	46	15.05
Colin HICKIE	31	15.39
Rob LEWIS	68	17.26

5km

Fraser MURRAY	44	21.10
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COLLINGWOOD 5 APRIL 2016

100 Metres		Time	P/L	
1	WINTERBINE Andrew	27	12.4	98%
2	LOVELL Scott	50	14.5	92%
3	GURTLER Markus	44	14.9	96%
4	WINNEN Ian	54	15.3	90%
1	LEDDIN Bernie	68	16.2	96%
2	GIBBS Bruce	67	16.5	92%
3	LOVELL Sara	11	16.8	96%
4	HERBSTREIT Herbie	64	17.9	97%
5	WINDSOR Wes	71	18.6	93%

1 Mile Handicap		Net T	Start	
1	HOPKINS Jim	66	7:31	0:40
2	GURTLER Markus	44	7:31	1:58
3	SCHOLES Ron	62	7:37	1:19
4	ADRIEN Gerard	55	7:45	0:54
5	WINNEN Ian	54	7:46	1:30
6	DELL Tony	53	7:52	1:41
7	Wolfgang	15	7:54	2:00
8	NICHOLSON David	49	8:23	1:30

200 Metres		Time	P/L	
1	WINTERBINE Andrew	27	25.4	91%
2	GURTLER Markus	44	30.4	89%
3	DELL Tony	53	31.1	87%
4	WINNEN Ian	54	31.8	83%
1	SCHOLES Ron	62	34.7	78%
2	LEDDIN Bernie	68	35.2	84%
3	LOVELL Sara	11	38.8	90%

6 Laps		Time	P/L	
1	LOVELL Scott	50	11:00	89%
2	NICHOLSON David	49	11:02	82%
3	LOVELL Sara	11	13:54	90%
4	DELL Tony	53	13:55	63%
5	WINTERBINE Andrew	27	13:56	65%
6	HERBSTREIT Herbie	64	15:34	81%
7	POCOCK John	73	16:30	71%

12 Laps		Time	P/L	
1	SCHOLES Ron	62	20:27	95%
2	WINNEN Ian	54	22:31	88%
3	ADRIEN Gerard	55	23:42	90%

18 Laps		Time	P/L	
1	GURTLER Markus	44	32:37	89%
2	HOPKINS Jim	66	36:17	90%
3	BELL Gary	62	43:38	91%

COLLINGWOOD 12 APRIL 2016

100 Metres		Time	P/L	
1	DELBRIDGE Adam	44	15.0	84%
2	SCHOLES Ron	62	16.1	89%
3	DELBRIDGE Xavier	Inv	17.6	72%
4	LEDDIN Bernie	68	17.8	88%
5	JOHNSTONE Peter	79	29.4	72%

800 Metres		Time	P/L	
1	DELBRIDGE Adam	44	2:46	79%
2	SCHOLES Ron	62	2:59	83%
3	HEJTMANEK Jim	51	3:13	79%
4	HORN Michael	63	3:28	78%
5	WINDSOR Wes	71	3:32	62%

200 Metres		Time	P/L	
1	DELBRIDGE Adam	44	31.9	75%
2	SCHOLES Ron	62	34.3	79%
3	HORN Michael	63	35.2	79%
4	LEDDIN Bernie	68	35.9	83%
5	DELBRIDGE Xavier	Inv	38.8	62%
6	GIBBS Bruce	67	39.2	73%

Alan Burgoyne Mem'l 5 Km Handicap

	Time	Start		
1	SCHOLES Ron	62	29:50	9:25
2	HEJTMANEK Jim	51	29:55	9:25
3	ADRIEN Gerard	55	30:03	7:25
4	BAN Paul	61	30:45	5:55
5	HORN Michael	63	30:54	3:15
6	WINDSOR Wes	71	31:12	5:55
7	DELL Tony	53	31:21	9:55
8	HOPKINS Jim	66	31:24	7:30
9	NICHOLSON David	49	31:30	9:30
10	BURGOYNE Mitchell	Inv	31:38	6:00
11	HERTZ Julie	59	31:55	2:00
12	BAYLEY Rod	69	32:25	5:55
13	LEDDIN Bernie	68	32:32	7:40
14	BELL Gary	62	32:44	2:45
15	BURGOYNE Tim	Inv	32:48	9:00
16	BROWN Mal	75	33:04	0:05
17	POCOCK John	73	35:02	5:20

COLLINGWOOD 19 APRIL 2016**100 Metres**

Heat 1		Time	
1	WINTERBINE Andrew	27	12.0
2	STUART Will	36	12.6
3	PIRAS Gavin	37	13.0
4	DELBRIDGE Adam	44	13.5
5	WINNEN Ian	54	14.6

Heat 2		Time	
1	HOWDEN Keith	70	14.2
2	GURTLER Markus	44	14.5
3	SCHOLES Ron	62	14.9
4	HORN Michael	63	15.8
5	NICHOLSON David	49	16.0
6	HALLETT Matthew	27	17.8

Heat 3		Time	
1	GIBBS Bruce	67	16.3
2	LEDDIN Bernie	68	16.8
3	WINDSOR Wes	71	17.9
4	LEWIS Rob	68	20.4
5	HERBSTREIT Herbie	64	20.4
6	HALLETT Len	66	21.1

900 Metres		Time	
1	GURTLER Markus	44	2:49
2	KAMEME Troy	29	3:03
3	WINNEN Ian	54	3:09
4	NICHOLSON David	49	3:15
5	SCHOLES Ron	62	3:18
6	STUART Will	36	3:21
7	DELBRIDGE Adam	44	3:25
8	PIRAS Gavin	37	3:27
9	HEJTMANEK Jim	51	3:28
10	HALLETT Matthew	27	3:37
11	LEDDIN Bernie	68	3:40
12	WINDSOR Wes	71	3:53
13	HORN Michael	63	3:54

COLLINGWOOD 19 APRIL 2016 - 900M cont

14 HOPKINS Jim	66	4:04
15 HALLETT Len	66	4:05
16 HERBSTREIT Herbie	64	4:34
17 LEWIS Rob	68	4:36
18 PAUL Graeme	62	4:38
19 POCOCK John	73	6:28

300 Metres Time**Heat 1**

1 HOWDEN Keith	70	47.9
2 NICHOLSON David	49	48.5
3 LEDDIN Bernie	68	56.5
4 LEWIS Rob	68	71.9

Heat 2

1 DELBRIDGE Adam	44	42.4
2 PIRAS Gavin	37	44.7
3 WINDSOR Wes	71	64.6
4 HERBSTREIT Herbie	64	68.4
5 JOHNSTONE Peter	79	109.8

Heat 3

1 STUART Will	36	42.2
2 GURTLER Markus	44	46.5
3 SCHOLES Ron	62	50.8
4 HORN Michael	63	54.3
5 GIBBS Bruce	67	67.8

7 Laps Time

1 WINNEN Ian	54	11:28
2 NICHOLSON David	49	11:37
3 WINDSOR Wes	71	13:25
4 BAYLEY Rod	69	14:38
5 HORN Michael	63	15:21
6 HERBSTREIT Herbie	64	17:41
7 LEWIS Rob	68	17:42
8 POCOCK John	73	19:01
9 CATIONS Les	58	30:11

11 Laps Time

1 KAMEME Troy	29	17:57
2 SCHOLES Ron	62	18:11
3 LEDDIN Bernie	68	21:04
4 LOVELL Scott	50	22:12
5 PAUL Graeme	62	25:58

18 Laps Time

1 GURTLER Markus	44	30:13
2 ADRIEN Gerard	55	33:43
3 HOPKINS Jim	66	33:55
4 HALLETT Matthew	27	36:53
5 HALLETT Len	66	39:52
6 BELL Gary	62	44:43

1200 Metres Time

1 WINNEN Ian	54	4:23
2 HEJTMANEK Jim	51	4:25
3 ADRIEN Gerard	55	4:26
4 NICHOLSON David	49	4:27
5 SCHOLES Ron	62	4:31
6 HALLETT Matthew	27	4:53
7 LEDDIN Bernie	68	4:57
8 WINDSOR Wes	71	5:31
9 HORN Michael	63	5:40
10 HALLETT Len	66	6:00
11 PAUL Graeme	62	6:05
12 LEWIS Rob	68	6:31
13 HERBSTREIT Herbie	64	6:33

400 Metres Time

1 DELBRIDGE Adam	44	60.9
2 SCHOLES Ron	62	74.1
3 LEDDIN Bernie	68	81.9
4 NICHOLSON David	49	75.8
5 HORN Michael	63	85.0
6 LEWIS Rob	68	111.9
7 HERBSTREIT Herbie	64	111.9

3 Km. Time

1 WINNEN Ian	54	12:32
2 NICHOLSON David	49	12:33
3 ADRIEN Gerard	55	13:30
4 HALLETT Matthew	27	13:31
5 LEDDIN Bernie	68	13:33
6 WINDSOR Wes	71	14:33
7 BAYLEY Rod	69	15:19
8 PAUL Graeme	62	16:01
9 HORN Michael	63	16:17
10 HALLETT Len	66	18:07
11 LEWIS Rob	68	18:23
12 HERBSTREIT Herbie	64	21:30

5 Km. Time

1 SCHOLES Ron	62	20:42
2 LOVELL Scott	50	22:24

7 Km. Time

1 HEJTMANEK Jim	51	29:30
2 HOPKINS Jim2	66	32:48
3 BAN Paul	61	35:52
4 BELL Gary	62	43:45

COLLINGWOOD 26 APRIL 2016**200 Metres** Time**Heat 1**

1 DELBRIDGE Adam	44	28.4
2 WINNEN Ian	54	30.3
3 SCHOLES Ron	62	30.7
4 NICHOLSON David	49	32.1
5 HORN Michael	63	33.5

Heat 2

1 LEDDIN Bernie	68	34.7
2 WINDSOR Wes	71	38.4
3 HERBSTREIT Herbie	64	41.6
4 LEWIS Rob	68	46.7
5 JOHNSTONE Peter	79	61.9

CROYDON - 5 APRIL 2016**DISCUS (from 29 March)**

1	Paul DURRANT	54	24.13
2	Tania NEALE	38	19.60
3	Jan WATSON	69	7.91

1000 METRE WALK

1	Sandra GEISLER	38	5.20
2	Pam TINDAL	56	5.41
3	Andrew EGGINTON	54	5.42
4	Gunther ILGOUTZ	77	6.02
5	Paul MORITZ	56	6.28
6	Julie CHALLEN	58	7.01
7	Carolyn ROSENBROCK	54	7.26
8	Karen ARCHER	53	7.28
9	Barrie WICKS	75	7.41
10	Rob STAGG	49	7.42
11	Jan WATSON	69	7.46
12	James TENNANT	60	7.52
13	Dennis ASPINAL	68	10.14
14	Allan WOOD	78	10.14
15	Grant WATSON	68	10.31
16	Kevin McLAUGHLAN	72	10.32
17	Ros DYER	51	10.47
18	Ron SMITH	56	10.48

11.6 SECONDS**Heat 1**

1	Russell OAKLEY	76	12.2
2	Allan WOOD	78	12.7
3	Kevin McLAUGHLAN	72	13.3
4	Ron SMITH	56	13.9
5	Jan WATSON	69	14.9

Heat 2

1	James TENNANT	60	11.2
2	Ros DYER	51	12.5
3	Andrew FRASER	74	13.1
4	Barry MURLEY	77	14.1

Heat 3

1	Stewart DOBRYZINSKI	45	10.9
2	Rob STAGG	49	11.1
3	Tania NEALE	38	11.4
4	Grant MURFETT	48	13.6
5	Cec McKEOWN	76	14.0

800 METRES

		Clock	Self Hcp	Actual	
1	Allan WOOD	78	5.23	30	5.53
2	Cec McKEOWN	76	5.24	50	6.24
3	Grant WATSON	68	5.35	0	5.35
4	Denis ASPINAL	68	5.44	2.30	8.24
5	Andrew EGGINTON	54	6.00	3.21	9.21
6	Colin PAGE	62	6.01	3.20	9.21
7	Pam TINDAL	56	6.04	2.55	8.59
8	Tania NEALE	38	6.05	2.12	8.17
9	Grant MURFETT	48	6.07	2.50	8.57
10	Rob STAGG	49	6.08	3.00	9.08
11	Ros DYER	51	6.11	2.05	8.16
12	James TENNANT	60	6.12	2.30	8.42
13	Paul DURRANT	54	6.17	3.05	9.22

110 METRES**Heat 1**

1	Allan WOOD	78	19.9
2	Barry MURLEY	77	22.5
3	Ron SMITH	57	24.8
4	Jan WATSON	69	28.0
5	Kevin McLAUGHLAN	72	29.3

Heat 2

1	James TENNANT	60	17.3
2	Tania NEALE	38	17.5
3	Andrew EGGINTON	54	17.9
4	Cec McKEOWN	76	19.9
5	Andrew FRASER	74	21.8

Heat 3

1	unknown		13.4
2	unknown		13.9
3	Paul DURRANT	54	15.0
4	Rob STAGG	49	15.7

DISTANCE**1 K**

1	James TENNANT (run)	60	6.04
2	Barry MURLEY (run)	77	6.04
3	Julie CHALLEN (walk)	58	7.24
4	Jan WATSON (walk)	69	8.01
5	Grant WATSON (walk)	68	9.59
6	Kevin McLAUGHLAN (walk)	72	10.02
7	Cec Mc KEOWN (walk)	76	10.04

3K

8	Andrew EGGINTON (run)	54	11.34
9	Russell OAKLEY 5 ^{1/2} laps run	76	12.29
10	Rob STAGG (run)	49	15.30
11	Al WILLEY (run)	77	18.05
12	Ron BOYNE (run)	82	19.06
13	Paul MORITZ (walk)	56	20.18

5K

14	Colin PAGE (run)	62	23.27
15	Barrie WICKS 3k (walk)	75	24.50
16	Tania NEALE (run)	38	26.55
17	Ros DYER (run)	51	27.06

CROYDON - 12 APRIL 2016**1 MILE WALK**

1	Gunther ILGOUTZ	77	9.65
2	Russ DICKENSON	70	10.27
3	Paul MORITZ	56	10.40
4	Julie CHALLEN	58	11.43
5	Liz WRIGLEY	60	11.58
6	Lyn BATCHELOR	67	12.02
7	Gary TURNER	62	12.29
8	Barrie WICKS	75	12.38
9	James TENNANT	60	12.40
10	Jan WATSON	69	12.54
11	Lena GUERRA	75	15.22
12	Grant WATSON	68	15.45
13	Col WILLIAMS	66	15.45
14	David BATCHELOR	79	15.47
15	Kevin McLAUGHLAN	72	15.47
16	Ros DYER	51	17.30

80 METRES**Heat 1**

1	Gerry ROBINSON	77	15.0
2	Barry MURLEY	77	15.6
3	Ros DYER	51	16.8
4	Kevin McLAUGHLAN	72	18.7
5	Jan WATSON	69	20.1
6	Grant WATSON	68	20.5

CROYDON - 12 APRIL 2016 cont**Heat 2**

1	Grant MURFETT	48	12.2
2	Tania NEALE	38	12.8
3	James TENNANT	60	13.3
4	Andrew EGGINTON	54	13.8
5	Cec McKEOWN	76	14.4
6	Gary TURNER	62	16.2

Heat 3

1	Paul DURRANT	54	10.8
2	Mike WILLEY	40	11.0
3	Andrew WATTS	60	11.4
4	Rob STAGG	49	11.8
5	Denis ASPINALL	68	13.0

3 LAP RUN

1	Mike WILLEY	40	4.49
2	Andrew EGGINTON	54	4.55
3	Rob STAGG	49	5.15
4	James TENNANT	60	5.43
5	Russell OAKLEY	76	5.47
6	Denis ASPINALL	68	5.50
7	Colin WILLIAMS	66	6.00
8	Tania NEALE	38	6.01
9	Ros DYER	51	6.17
10	Cec McKEOWN	76	6.18
11	Grant WATSON	68	8.53

250 METRES

1	Andrew WATTS	60	35.7
2	Paul DURRANT	54	37.5
3	Rob STAGG	49	41.7
4	Mike WILLEY	40	42.2
5	Dennis ASPINALL	68	44.9
6	Tania NEALE	38	49.3
7	Gary TURNER	62	50.3
8	Cec McKEOWN	76	58.7
9	Ros DYER	51	64.3
10	Grant WATSON	68	93.1
11	Kevin McLAUGHLAN	72	95.5

DISTANCE**2K**

1	Richard WALKER	28	9.08
2	Rob STAGG	49	10.20
3	Geoff ARNOTT	67	11.18
4	Ros DYER	51	11.44
5	Paul MORITZ (walk)	56	13.24
6	Julie CHALLEN (walk)	58	15.11
7	Barrie WICKS (walk)	75	16.33
8	Jan WATSON (walk)	69	17.18
9	David BATCHELOR (walk)	79	18.54
10	Lyn BATCHELOR (walk)	67	18.56
11	Grant WATSON (walk)	68	20.58
12	Kevin McLAUGHLAN (walk)	72	21.02
13	Cec McKEOWN (walk)	76	21.03

4K

14	Ron BOYNE	82	24.31
16	Al WILLEY	77	26.38

6K

15	Mike WILLEY	40	26.06
17	Andrew TUNNE (5.6K)	57	32.31

CROYDON - 19 APRIL 2016**1200 METRE WALK**

1	Sandra GEISLER	38	6.10.48
2	Paul MORITZ	56	8.07.78
3	Liz WRIGLEY	60	8.44.34
4	Barrie WICKS	75	9.24.45
5	James TENNANT	60	9.25.71
6	Gary TURNER	62	9.54.76
7	Grant WATSON	68	11.43.08
8	Kevin McLAUGHLAN	72	11.43.02
9	David BATCHELOR	79	11.48.02

100 METRES**Heat 1**

1	Paul DURRANT	54	13.59
2	Rob STAGG	49	14.03
3	James TENNANT	60	16.77
4	Gary TURNER	62	18.58
5	Kevin McLAUGHLAN	72	22.66
6	Grant WATSON	68	33.00

1000 METRES

1	Rob STAGG	49	4.10.20
2	James TENNANT	60	4.40.15
3	Ron BOYNE	82	6.16.09
4	Grant WATSON	68	7.27.22

250 METRES

1	Paul DURRANT	54	39.32
2	Rob STAGG	49	42.89
3	Gary TURNER	62	1.01.36
4	Kevin McLAUGHLAN	72	1.22.62
5	Grant WATSON	68	1.33.01

DISTANCE RUN/WALK**1K**

1	Barrie WICKS Walk	76	9.15.03
2	Gary TURNER Walk	62	9.15.77
3	Lyn BATCHELOR Walk	67	9.18.48
4	David BATCHELOR Walk	79	9.18.86
5	Grant WATSON Walk	68	10.28.32
6	Kevin McLAUGHLAN Walk	72	10.28.95

3K

7	Geoff ARNETT	67	16.27.11
8	Al WILLEY	77	17.52.69
9	Ron BOYNE	82	19.28.84
10	Paul MORITZ Walk	56	20.06.66

5K

11	Andrew TUNNE	57	26.02.27
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CROYDON - 26 APRIL 2016**1500 METRE WALK HCP**

		Clock	Hcp
1	James TENNANT	60	11.50
2	David BATCHELOR	79	13.24
3	Lynn BATCHELOR	67	13.24
4	Gary TURNER	62	13.30
5	Grant WATSON	68	13.54
6	Paul MORITZ	56	13.57
7	Kevin McLAUGHLAN	72	14.16
8	Cec McKEOWN	76	14.17
9	Jan WATSON	69	14.22
10	Alison THOMPSON	63	14.24
11	Liz WRIGLEY	60	14.28
12	Barrie WICKS	75	14.29
13	Gunther ILGOUTZ	77	14.33
14	Michelle QUAN	46	15.01
15	Ros DYER	51	15.05
16	Russ DICKENSON	70	15.26
		(extra half lap)	
17	Robyn HOINVILLE	57	16.30

110 METRES**Heat 1**

1	Ros DYER	51	23.8
2	Robyn HOINVILLE	57	26.0
3	Kevin McLAUGHLAN	72	27.3
4	Jan WATSON	69	27.9
5	Grant WATSON	68	31.2

Heat 2

1	Tania NEALE	38	17.6
2	James TENNANT	60	18.4
3	Cec McKEOWN	76	19.8
4	Andrew FRASER	74	21.2
5	Gerry ROBINSON	77	23.2

Heat 3

1	Paul DURRANT	54	14.8
2	Rob STAGG	49	15.3
3	Grant MURFETT	48	16.6
4	Dennis ASPINALL	68	16.4

1500 METRES

1	Andrew EGGINTON	54	5.21
2	Grant MURFETT	48	5.49
3	Denis ASPINALL	68	6.41
4	Rob STAGG	49	6.48
5	Michelle QUAN	46	6.56
6	James TENNANT	60	7.33
7	Cec McKEOWN	76	7.35
8	Tania NEALE	38	8.22
9	Ros DYER	51	8.23
10	Grant WATSON	68	11.29

42 SECONDS

1	Jan WATSON	69	29.8
2	James TENNANT	60	35.6
3	Grant MURFETT	48	38.2
4	Rob STAGG	49	40.7
5	Gary TURNER	62	41.3
6	Kevin McLAUGHLAN	72	41.97
7	Paul DURRANT	54	42.96
8	Andrew FRASER	74	43.4
9	Tania NEALE	38	44.2
10	Cec McKEOWN	76	44.7
11	Ros DYER	51	45.3
12	Andrew EGGINTON	54	46.6
13	Robyn HOINVILLE	57	49.8
14	Michelle QUAN	47	50.4

8 LAP RUN/WALK

1	Russ DICKENSON	70	8.30	3LW
2	Garnt WATSON	68	10.59	2LW
3	Kevin McLAUGHLAN	72	11.00	2LW
4	Ron BOYNE	82	12.43	5LR
5	Jan WATSON	69	14.05	5LW
6	David BATCHELOR	79	14.44	4LW
7	Lyn BATCHELOR	67	14.45	4LW
8	Gary TURNER	62	15.01	4LW
9	Cec Mc KEOWN	76	15.02	4LW
10	Michelle QUAN	47	16.09	8LR
11	Barrie WICKS	75	16.38	5LW
12	Mark CHALLEN	58	16.55	8LR
13	Geoff ARNOTT	67	17.26	8LR
14	Russell OAKLEY	76	17.48	8LR
15	Alison THOMPSON	63	18.34	8LR
16	Tania NEALE	38	18.45	8LR
17	Ros DYER	51	18.58	8LR
18	Paul MORITZ	56	21.57	8LW
19	Robin HOINVILLE	57	24.49	7LR/W

DONCASTER 4 APRIL 2016

1600 metres

1st	Fab Romeo	(47)	6.4
2nd	Elizabeth Grover	(52)	6.5
3rd	Melissa Gillick	(41)	7.04.6

800 metres

1st	Matt Scholes	(46)	3.05.2
2nd	Jeffrey Sim	(54)	3.08.1
3rd	Marla Trautman	(43)	7.32.0 (walk)

120 metres heat 1

1st	Jeffrey Sim	(54)	19.5
2nd	Jackie Guillou	(46)	19.8
3rd	Janine James	(68)	20.3
4th	Elizabeth Grover	(52)	22.2

120 metres heat 2

1st	Graham Ford	(67)	17.2
2nd	Greg Champion	(60)	18.0
3rd	Phil Rosevear	(66)	18.7
4th	Matt Scholes	(46)	21.0
4th	David McConnell	(63)	21.0
6th	Kay Burnie	(63)	23.5
7th	Marla Trautman	(43)	31.4

200 metres heat 1

1st	Jackie Guillou	(46)	35.6
2nd	Jeffrey Sim	(54)	36.0
3rd	Janine James	(68)	38.1
4th	Kay Burnie	(63)	44.0

200 metres heat 2

1st	David McConnell	(63)	27.6
2nd	Graham Ford	(67)	30.1
3rd	Greg Champion	(60)	33.7
4th	Phil Rosevear	(66)	35.1
5th	Matt Scholes	(46)	38.9

600 metres (nominate starting time)

1st	Matt Scholes	(46)	3.00.1 (1.40.1)
2nd	David McConnell	(63)	3.03.8 (2.03.8)
3rd	Fab Romeo	(47)	3.07.9 (2.05.9)
4th	Jackie Guillou	(46)	3.15.9 (2.43.9)
5th	Kay Burnie	(63)	3.41.8 (3.21.8)

2000 metres (nominate starting time)

1st	Melissa Gillick	(41)	11.53.8(10.23.8)
2nd	Elizabeth Grover	(52)	11.57.1(8.52.1)
3rd	Jackie Guillou	(46)	12.44.8(10.34.8)
4th	Marla Trautman	(43)	15.00.7

Winner of combined estimated time Jackie Guillou

DONCASTER 11 APRIL 2016

1000m Nominate your own starting position

Name	Age	ET	Result	Place	Pts	TL.time
Marla Trautman	(43)	9.00.0	6.54.6	DQ	1	6.54.6
Reeys Messimeris	(20)	5.00.0	NT	DQ	1	NT
Jackie Guillou	(47)	5.05.0	4.25.6	DQ	1	8.40.6
Frank Prowse	(64)	6.40.0	6.23.6	DQ	1	8.43.6
Melissa Gillick	(41)	5.15.0	4.59.4	DQ	1	8.44.4
Gary Zuccala	(53)	3.28.0	3.23.4	1	9	8.55.4
Greg Champion	(61)	5.15.0	5.13.3	2	7	8.58.3
Matt Scholes	(46)	3.10.0	3.10.0	3	6	9.00.0
Fab Romeo	(48)	4.20.0	4.22.9	4	5	9.02.9
Elizabeth Grover	(52)	4.10.0	4.15.2	5	4	9.05.2
Jeffrey Sim	(54)	4.15.0	4.23.3	6	3	9.08.3
Greame Walter	(58)	4.00.0	4.22.3	7	2	9.22.3

60m HEAT 1 (electronic times)

Place	Name	Age	Result (sec)	
1st	Phil Rosevear	(66)	9.7	9.97
2nd	Jackie Guillou	(47)	10.0	10.34
3rd	Jeffrey Sim	(54)	11.7	11.97
4th	Kay Burnie	(63)	11.8	12.01

60m HEAT 2

Place	Name	Age	Result (sec)	
eq 1	Reeys Messimeris	(20)	8.6	9.00
eq 1	Graham Ford	(67)	8.6	9.00
3rd	Greame Walter	(58)	8.6	9.04
4th	Greg Champion	(61)	9.3	9.57

100m HEAT 1

Place	Name	Age	Result (sec)	
1st	Jackie Guillou	(47)	16.7	16.91
2nd	Kay Burnie	(63)	19.0	19.25
3rd	Matt Scholes	(46)	24.0	24.19
4th	Marla Trautman	(43)	25.8	25.99

100m HEAT 2

Place	Name	Age	Result (sec)	
1st	Graham Ford	(67)	13.8	14.24
2nd	Reeys Messimeris	(20)	14.0	14.38
3rd	Greame Walter	(58)	14.3	14.68
4th	Greg Champion	(61)	14.8	15.01
5th	Gary Zuccala	(53)	14.9	15.11

400m HEAT 1

Place	Name	Age	Result (min:sec)	
1st	Jeffrey Sim	(54)	1.22.5	
2nd	Phil Rosevear	(66)	1.23.5	
3rd	Jackie Guillou	(47)	1.36.0	
4th	Kay Burnie	(63)	1.59.5	
5th	Carolyn Aughey	(73)	2.02.7	
6th	Marla Trautman	(43)	2.20.5	

400m HEAT 2

Place	Name	Age	Result (min:sec)	
1st	Anthony Paige	(32)	58.1	
2nd	Matt Scholes	(46)	69.5	
3rd	Greame Walter	(58)	70.9	

1K run

Place	Name	Age	Result (min:sec)	
1st	Matt Scholes	(46)	4.52.1	
2nd	Jackie Guillou	(47)	5.02.4	

1K walk

Place	Name	Age	Result (min:sec)	
1st	Marla Trautman	(43)	9.38.1	

3K run

Place	Name	Age	Result (min:sec)	
1st	Fab Romeo	(48)	14.32.3	
2nd	Graeme Walter	(58)	15.46.5	

3K walk

Place	Name	Age	Result (min:sec)	
1st	Frank Prowse	(64)	18.03.5	**Club record

DONCASTER 18 APRIL 2016

Long Jump

	Name	Age	Result (m)
1st	Graham Ford	(67)	3.91
2nd	Graham Walter	(57)	3.51
3rd	Bev Learmont	(66)	2.64

100m HEAT 1

	Name	Age	Result (sec)
1st	Jackie Guillou	(47)	16.2
2nd	Janine James	(68)	16.5
3rd	Elizabeth Grover	(51)	18.2
4th	Bev Learmont	(66)	18.6
5th	Kay Burnie	(62)	19.0
6th	Marla Trautman	(43)	27.2

100m HEAT 2

	Name	Age	Result (sec)
1st	Anthony Paige	(32)	14.7 (110m)
2nd	Phil Rosevear	(66)	15.1
3rd	Greg Champion	(59)	15.3
4th	Jeffrey Sim	(53)	20.0

Javelin

	Name	Age	Result (m)
1st	Graham Walter	(57)	23.14
2nd	Graham Ford	(67)	20.04
3rd	Bev Learmont	(66)	13.73

200m HEAT 1

	Name	Age	Result (sec)
1st	Jackie Guillou	(47)	35.6 36.14
2nd	Jeffrey Sim	(53)	36.4 36.80
3rd	Janine James	(68)	37.7 38.18
4th	Kay Burnie	(62)	41.8 42.26

200m HEAT 2

	Name	Age	Result (sec)
1st	Phil Rosevear	(66)	30.18
2nd	Graham Walter	(58)	30.20
3rd	?	0	30.24
4th	Graham Ford	(67)	30.32
5th	Anthony Paige	(32)	30.40 (220 m)
6th	Gary Zuccala	(57)	30.42
7th	Greg Champion	(61)	33.72

Discus

	Name	Age	Result (m)
1st	Graham Ford	(67)	25.80
2nd	Greame Walter	(57)	19.21

Shot Put

	Name	Age	Result (m)
1st	Bev Learmont	(66)	5.97

400m

	Name	Age	Result (min:sec)
1st	Anthony Paige	(32)	1.07.14 (approx 430m)
2nd	Gary Zuccala	(53)	1.10.00
3rd	Jeffrey Sim	(54)	1.17.00
4th	Elizabeth Grover	(52)	1.28.80
5th	Jackie Guillou	(47)	1.31.90
6th	Marla Trautman	(43)	2.25.50

800m

	Name	Age	Result (min:sec)
1st	Elizabeth Grover	(51)	3.21.00
eq 2	Bev Learmont	(67)	4.27.00
eq 2	Jackie Guillou	(47)	4.27.00
eq 2	Kath Gawthorn	(41)	4.27.00

1500m

	Name	Age	Result (min:sec)
1st	Gary Zuccala	(53)	5.33.2
2nd	Greame Walter	(57)	6.23.6
3rd	Kath Gawthorn	(41)	6.31.5
4th	Graham Ford	(67)	6.53.0
5th	Elizabeth Grover	(51)	6.59.1

Pentathlon Results

1st	Graham Ford	2520			
	LJ	200m	Jav	Disc	1500m
	3.91	20.04	25.8	25.8	6.53.0
2nd	Bev Learmont	2165			
	LJ	100m	Jav	Shot	800m
	2.64	13.73	5.97	5.97	4.27.0
3rd	Graham Walter	1887			
	LJ	200m	Jav	Disc	1500m
	3.51	23.14	19.21	19.21	6.23.6

DONCASTER 25 APRIL 2016

First running of the Doncaster 300, 300 metres handicap

300 metres heat 1 (electronic times)

1st	John Aughey	(90)	40.44
2nd	Alice Wu	(70)	40.48
3rd	Kay Burnie	(90)	41.90
4th	Gladys Liu	(100)	41.98
5th	Jade Liu	(70)	42.70
6th	Janine James	(70)	44.02
7th	Jeffrey Sim	(60)	44.20
8th	Jackie Guillou	(60)	46.66

300 metres heat 2 (electronic times)

1st	Anthony Paige	(scratch)	41.78
2nd	Graham Ford	(30)	41.86
3rd	DavidBMcConnell	(10)	43.34
4th	PhilBRosevear	(30)	43.92
5th	GaryBZuccala	(30)	44.08
6th	Jeff Zhang	(40)	44.40
7th	Elizabeth Grover	(80)	49.38
8th	Matt Scholes	(10)	56.90

Current points:

John Aughey	-78	9
Alice Wu	-17	7
Anthony Paige	-32	6
Graham Ford	-67	5
Kay Burnie	-62	4
Gladys Liu	-52	3
Janine James	-68	2

2 km

1st	Gary Zuccala	(53)	7.36.7
2nd	Elizabeth Grover	(52)	8.49.5
3rd	Kath Gawthorn	(41)	8.51.2
4th	Jade Liu	(46)	9.07.6
5th	Jeff Zhang	(46)	9.08.0
6th	Alice Wu	(17)	9.38.2

1.2 km

1st	Matt Scholes	(46)	4.27.0
2nd	Jeffrey Sim	(54)	5.44.0
3rd	Gladys Liu	(52)	7.00.5

80 metres heat 1 (electronic times)

1st	Alice Wu	(17)	12.8	13.18
2nd	Jackie Guillou	(46)	13.2	13.50
3rd	Jade Liu	(46)	13.5	13.76
4th	Janine James	(68)	13.7	13.92
5th	Kay Burnie	(63)	15.0	15.46
6th	Gladys Liu	(52)	15.6	16.10

DONCASTER 25 APRIL 2016 cont**80 metres heat 2** (electronic times)

1st	Phil Rosevear	(66)	11.6	12.00
2nd	Anthony Paige	(32)	11.9	12.20
3rd	Matt Scholes	(46)	13.6	13.96
4th	David McConnell	(63)	14.0	14.32
5th	Jeffrey Sim	(54)	14.2	14.48

150 metres heat 1

1st	Jackie Guillou	(46)	25.9	
2nd	Janine James	(68)	26.2	
3rd	Alice Wu	(17)	27.0	
4th	Jade Liu	(46)	27.1	
5th	Kay Burnie	(63)	30.2	
6th	Gladys Liu	(52)	32.8	

150 metres heat 2

1st	David McConnell	(63)	21.3	
2nd	Graham Ford	(67)	21.4	
3rd	Anthony Page	(32)	21.7	(165)
4th	Phil Rosevear	(66)	23.2	
5th	Jeff Zhang	(43)	24.0	
6th	Matt Scholes	(46)	28.7	

800 metres

1st	Matt Scholes	(46)	2.21.8	
2nd	Gary Zuccala	(53)	2.47.7	
3rd	Jeff Zhang	(43)	3.17.2	
4th	Jade Liu	(46)	3.20.6	
5th	David McConnell	(63)	3.21.2	
6th	Jackie Guillou	(46)	3.52.7	
7th	Elizabeth Grover	(53)	3.53.2	

EAST BURWOOD 7 APRIL 2016**60 METRE SPRINT****Heat 1:**

1	Leo COFFEY	86	11.1
2	Shirley COPPOCK	80	12.0
3	Horatio DIAZ	71	13.6
4	Gordon ONLEY	81	14.8
5	Lloyd NICHOLS	74	18.6

Heat 2:

1	Paul DURRANT	54	8.4
2	Wayne JAMES	52	8.8
3	Tracey CARPENTER	49	9.4
4	James TENNANT	60	10.1
5	Allan WOOD	78	11.6

800 METRE RUN

1	Wayne JAMES	52	2.26.6
2	Ashley RYAN	61	2.46.2
3	Bob HENDERSON	69	3.22.0
4	James TENNANT	60	3.25.9
5	Sam DEFANIS	67	3.39.0
6	Helen VANDERNAGEL	59	3.56.5
7	Allan WOOD	78	5.26.7
8	Grant WATSON	68	5.29.0

1000 METRE WALK HCP

		Clock	Actual
1	Eddy STACK	81	8.46
2	Peter BATTRICK	72	8.48
3	Bob LEWIS	88	8.51
4	Leo WATSON	74	8.52
5	Leonie GILLIES	58	8.55
6	Frank PROWSE	64	9.00
7	Gerald BURKE	76	9.02
8	Frank PIGNATORO	54	9.09
9	James TENNANT	60	9.24
10	Grant WATSON	68	9.31

EAST BURWOOD 7 APRIL 2016 - 1000M WALK cont

11	Michelle QUAN	46	9.37	8.37
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200 METRE SPRINT

1	Andrew FRASER	74	37.1
2	Leo WATSON	74	44.4
3	Gordon ONLEY	81	47.3
4	Shirley COPPOCK	80	48.9
5	Lloyd NICHOLS	74	1.27.0

110 METRE SPRINT**Heat 1:**

1	Leo COFFEY	86	20.3
2	Shirley COPPOCK	80	22.4
3	Horatio DIAZ	71	23.7
4	Gordon ONLEY	81	24.6
5	Grant WATSON	68	32.3
6	Lloyd NICHOLS	74	38.6

Heat 2:

1	Paul DURRANT	54	15.3
2	Frank PIGNATORO	54	17.1
3	Tracey CARPENTER	49	17.9
4	James TENNANT	60	19.0
5	Janet HOLMES	62	19.4
6	Allan WOOD	78	22.3

3K AND 5K RUN 1K AND 3K WALK

			Clock	
1	Bob LEWIS	88	10.1	1K WALK
2	James TENNANT	60	10.1	1K WALK
3	Ashley RYAN	61	14.2	3K RUN
4	Bob HENDERSON	69	14.2	3K RUN
5	Frank PIGNATARO	54	15.2	3K RUN
6	Helen VANDERNAGEL	59	16.1	3K RUN
7	Rob BAULCH	68	16.3	3K RUN
8	Peter BATTRICK	72	19.6	2.2K Run
9	Frank PROWSE	68	20.9	3K WALK
10	Hawley THOMAS	77	21.5	3K RUN
11	Peter DODGSHUN	63	23.6	5K RUN
12	Sam DEFANIS	67	25.0	5K RUN
13	Michelle QUAN	46	25.3	5K RUN

DISCUS

			Actual	Adj
1	Paul DURRANT	54	32.42	34.1
2	Ashley RYAN	61	23.21	31.7
3	Peter DODGSHUN*	63	20.17	34.5
4	Tracey CARPENTER	49	16.61	33.4
5	Andrew FRASER	74	14.62	30.1
6	Jack FREDRICKSON	77	13.82	32.0
7	Allan WOOD	78	13.72	31.2
8	Annette PELGRIM	61	13.59	34.3

* Hcp winner

EAST BURWOOD 14 APRIL 2016**70 METRE SPRINT****Heat 1:**

1	Tracey CARPENTER	49	11.0
2	Donna CLARKE	62	11.9
3	Ann HOLCOMBE	68	13.4
4	Brian HOLCOMBE	70	15.8
5	Grant WATSON	68	18.6
6	Lloyd NICHOLLS	74	24.5

Heat 2:

1	Jack DURRANT	19	9.5
2	Gary TURNER	62	12.3
3	Shirley COPPOCK	80	14.5
4	Gordon ONLEY	81	14.8
5	Andrew FRASER	74	15.2

800 METRE RUN NOT

1	Ashley RYAN	61	2.49.0	2.50
2	Paul DURRANT	54	3.03.5	2.52
3	Bob HENDERSON	69	3.17.1	3.20
4	Janet HOLMES	62	3.19.1	3.16
5	Michelle QUAN	46	3.51.2	3.45
6	Trevor O'BRIEN	58	3.58.7	4.40
7	Helen VANDERNAGEL	59	4.03.0	3.52
8	Andrew FRASER	74	5.38.5	5.00
9	Grant WATSON	68	5.39.3	5.00
10	Hawley THOMAS	77	6.03.6	

Winner Ashley RYAN

800 METRE WALK

			Actual
1	Frank PROWSE	64	5.37.9
2	Leo WATSON	74	5.38.7
3	Jack DURRANT	19	5.41.7
4	Liz WRIGLEY	60	5.47.5
5	Gary TURNER	62	6.15.7
6	Gerald BURKE	76	6.35.0
7	Grant WATSON	68	6.39.8
8	Brian TAIT	74	6.46.1
9	Peter BATTRICK	72	7.07.9
10	Bob LEWIS	87	7.08.3
11	Trevor O'BRIEN	58	7.10.0
12	Eddie STACK	81	7.20.6
13	Jack FREDRICKSON	77	8.19.4
14	Andrew FRASER	74	8.30.0
15	Paul DURRANT	54	8.32.2

100 METRE SPRINT**Heat 1:**

1	Ann HOLCOMBE	68	19.2
2	Shirley COPPOCK	80	21.1
3	Gordon ONLEY	81	21.6
4	Brian HOLCOMBE	70	23.7
5	Grant WATSON	68	27.7

Heat 2:

1	Paul DURRANT	54	13.8
2	Tracey CARPENTER	49	15.9
3	Donna CLARKE	62	17.1
4	Andrew FRASER	74	19.7

2K WALK NOT

1	Frank PROWSE	64	No times
2	Liz WRIGLEY	60	
3	Gary TURNER	62	
4	Grant WATSON	68	
5	Peter BATTRICK	72	
6	Bob LEWIS	87	
7	Brian TAIT	74	

Winner Frank PROWSE

2K /4k RUN

1	Bob HENDERSON	69	2K	9.0
2	Helen VANDERNAGEL	59	2K	10.4
1	Peter DODGSHUN	63	4K	19.0
2	Sam DEFANISs	68	4K	19.2
3	Michelle QUAN	46	4K	19.3

LONG JUMP

			Distance
1	Jack DURRANT	19	4.44
2	Paul DURRANT	54	3.67
3	Tracey CARPENTER	49	3.48
4	Donna CLARKE	62	2.69
5	Gerald BURKE	76	1.63
6	Hawley THOMAS	77	1.53

Hcp winner Donna CLARKE

EAST BURWOOD 21 APRIL 2016**80 METRE SPRINT**

1	Paul DURRANT	54	13.5
2	Chris WORSNOP	58	14.7
3	Shirley COPPOCK	80	16.3
4	Horacio DIAZ	71	17.8
5	Gordon ONLEY	81	18.4
6	Lloyd NICHOLLS	74	29.6

Bob Lewis Ht 1 400 METRE Hcp

		Finish	Actual	
1	Bob HENDERSON	69	2.34.3	1.26
2	Paul DURRANT	54	2.34.8	1.07
3	Tracey CARPENTER	49	2.37.7	1.19
4	Leo WATSON	74	2.40.2	1.43
5	Donna CLARKE	62	2.43.0	1.35
6	Andrew FRASER	74	2.44.4	1.37
7	Chris WORSNOP	58	2.45.3	1.28
8	Shirley COPPOCK	80	2.46.7	2.09
9	Michelle QUAN	46	2.49.1	1.41
10	Gordon ONLEY	81	3.12.9	2.16

1500 METRE WALK Hcp

		Finish	Actual	
1	Michelle QUAN	46	12.48	12.28
2	Brian TAIT	74	12.53	12.33
3	Peter BATTRICK	72	13.01	12.51
4	Liz EASTWOOD	45	13.30	11.15
5	Leo WATSON	74	13.30	11.15
6	Chris WORSNOP	58	13.36	10.01

100 METRES SPRINT HCP

		Finish	Hcp	
1	Tracey CARPENTER	49	12.9	14
2	Paul DURRANT	54	13.3	2
3	Donna CLARKE	62	13.5	21
4	Andrew FRASER	74	13.7	22
5	Not known			
6	not known			
7	Gordon ONLEY	81	15.0	39
8	Shirley COPPOCK	80	15.4	35
9	Horacio DIAZ	71	15.7	34
10	Lloyd NICHOLLS	74	18.0	52

1600, 2k, 6K RUN, 2k WALK

1	Bob HENDERSON	69	2k run	9.14
2	Peter BATTRICK	72	2k walk	18.09
3	Sam DEFANIS	67	6k run	29.23
4	Chris WORSNOP	58	6k run	30.44
5	Michelle QUAN	46	6k run	31.02
6	Liz EASTWOOD	45	6k run	32.15

EAST BURWOOD 21 APRIL 2016 cont**200 METRES SPRINT NOT** Actual

1	Andrew FRASER	74	36.00
2	Donna CLARKE	62	36.90

SHOT PUT NOD

1	Paul DURRANT	54	9.20
2	Tracey CARPENTER	49	6.35
3	Jack FREDRICKSON	77	5.37

Closest Jack Fredrickson

EAST BURWOOD 28 APRIL 2016**60 METRE SPRINT****Ht 1**

1	Donna CLARKE	62	10.2
2	Ann HOLCOMBE	68	10.8
3	Brian HOLCOMBE	70	11.7
4	Shirley COPPOCK	80	12.1
5	Horacio DIAZ	71	13.2
6	Leo COFFEY	86	20.0
7	Lloyd NICHOLLS	74	21.0

Ht 2

1	Jack DURRANT	19	8.1
2	Graham FORD	67	8.6
3	Paul DURRANT	54	10.1
4	Tracey CARPENTER	49	10.9
5	Scott TEMPANY	49	14.1

Bob Lewis Ht 2 400 METRE Hcp

		Finish	Actual	
1	Grant WATSON	69	2.28	2.17
2	Graham FORD	67	2.29	1.09
3	Bob HENDERSON	69	2.29	1.24
4	Michael RICHARDS	64	2.32	1.16
5	Tracey CARPENTER	49	2.33	1.14
6	Paul DURRANT	54	2.33	1.05
7	Ashley RYAN	62	2.34	1.10
8	Leo WATSON	74	2.35	1.40
9	Adam MCCANN	39	2.36	1.08
10	Andrew FRASER	74	2.36	1.31
11	Janet HOLMES	62	2.37	1.26
12	Gerald BURKE	76	2.38	2.11
13	Michelle QUAN	46	2.38	1.38
14	Shirley COPPOCK	80	2.40	2.02
15	Donna CLARKE	62	2.40	1.34
16	Rob BAULCH	67	2.42	1.41
17	Allan WOOD	78	2.46	1.47
18	Gordon ONLEY	81	2.48	2.08
19	Scott TEMPANY	49	2.49	2.25

1000 METRE WALK

	Leo WATSON	74	7.25.9
	Grant WATSON	69	8.29.6
	Gerald BURKE	76	8.31.5
	Peter BATTRICK	72	8.36.7
	Eddie STACK	81	8.45.5
	Bob LEWIS	87	8.47.7

110 METRE SPRINT**HT 1**

1	Janet HOLMES	62	19.3
2	Ann HOLCOMBE	68	20.1
3	Shirley COPPOCK	80	22.2
4	Brian HOLCOMBE	70	22.5
5	Horacio DIAZ	71	24.0
6	Gordon ONLEY	81	25.8
7	Grant WATSON	69	30.7
8	Lloyd NICHOLLS	74	51.7

HT 2

1	Jack DURRANT	19	14.5
2	Paul DURRANT	54	15.1
3	Donna CLARKE	62	19.1
4	Andrew FRASER	74	22.9
5	Allan WOOD 78	81.1	23.3
6	Scott TEMPANY	49	25.4

300 METRES

1	Paul DURRANT	54	54.0
2	Ann HOLCOMBE	68	61.5
3	Donna CLARKE	62	61.8
4	Allan WOOD 78	81.1	81.1
5	Hawley THOMAS	77	126.3

3K SPIRAL HCP, 2K WALK

			Clock	Actual
	Michelle QUAN	46	15.33	14.13
	Michael RICHARDS	64	16.03	13.08
	Helen VAN DER NAGEL	58	16.05	16.05
	Sam DE FANIS	67	16.21	13.59
	Ashley RYAN	61	16.24	13.24
	Rob BAULCH	68	16.32	16.32
	Peter DODGSHUN	63	16.58	13.58
	Bob LEWIS	87	22.36	Walk
	Grant WATSON	68	22.37	Walk

JAVELIN HCP

			Adjusted	Actual
1	Jack FREDRICKSON	77	36.77	12.97
2	Andrew FRASER	74	36.35	15.70
3	Donna CLARKE	62	37.70	13.35
4	Allan WOOD	68	34.79	18.85
5	Leo COFFEY	86	33.84	8.24
6	Jack DURRANT	19	31.25	27.65
7	Scott TEMPANY	49		11.51



GEELONG 6 APRIL 2016**400m**

Peter Lamb	09:36
Montana Jones	50:24
Andy Bruschi	55:12
Liam Polizzi	01:38
Steve Polizzi	01:39

3000m

Dan Wright	11:09
Daryl Burns	11:15
Dominic Godfrey	11:19
Louis Rowan	11:27
Sharon Pedersen	11:55
Mick Varker	12:10
Paul Stewart	12:45
Jeff Walker	13:06
Montana Jones	13:13
Robbie Parsons	13:18
Eric Bumbers	13:18
Andy Bruschi	13:22
Gerry Fitzpatrick	13:33
Peter McDonough	14:15
Daryl Hurst	14:18
Paul Austin	14:48
Frank Engelsman	15:44
Grant Baensch	16:00
Jill Coyte	16:55
Isabelle Engelsman	24:28

800m

Daryl Burns	02:38
Dan Wright	02:39
Montana Jones	02:46
Sharon Pedersen	02:50
Andy Bruschi	02:50
Peter McDonough	03:00
Gerry Fitzpatrick	03:12
Eric Bumbers	03:14
Jeff Walker	03:17
Daryl Hurst	03:25
Grant Baensch	03:40
Frank Engelsman	03:40
Liam Polizzi	03:55
Steve Polizzi	03:56

Mark Chalmers	08:22
Charlie El-Hage	08:45
Tony McRae	08:47
Sharon Pedersen	09:27
Mark Jeffrey	09:35
Kate Child	09:39
Alan Jenkins	09:46
Montana Jones	09:55
Paul Stewart	09:57
Jeff Walker	10:10
Eric Bumbers	10:11
Gerry Fitzpatrick	10:13
Robbie Parsons	10:27
Daryl Hurst	10:55
Zytel Hircoe	11:27
Paul Austin	11:48
Grant Baensch	11:55
Kath Oliver	12:16
Frank Engelsman	12:37
Jill Coyte	13:46
Isabelle Engelsman	19:13

1000m

Robert Jones	02:59
Tony McRae	03:19
Grant Simpson	03:28
Sharon Pedersen	03:33
Andy Bruschi	03:39
Sue Howell	03:44
David Jenkins	03:44
Kate Child	03:44
Mark Jeffrey	03:48
Lyn Quinlivan	03:55
Paul Stewart	03:57
Gerry Fitzpatrick	04:00
Jeff Walker	04:12
Eric Bumbers	04:26
Zytel Hircoe	04:29
Paul Austin	04:37
Daryl Hurst	04:41
Liam Polizzi	04:52
Steve Polizzi	04:52
Frank Engelsman	04:59
Fiona Fitzpatrick	05:19

GEELONG 13 APRIL 2016**300m Heat 1**

Montana Jones	48.11
Sharon Pedersen	50.84
Lyn Quinlivan	51.76
Kate Child	52.36
Sue Howell	56.03
Zytel Hircoe	57.98

300m Heat 2

Peter Lamb	45.15
Andy Bruschi	48.69
Frank Engelsman	01:04
Liam Polizzi	01:08
Steve Polizzi	01:08

2400m

Grant Simpson	07:54
David Jenkins	08:04
Dominic Godfrey	08:09
Louis Rowan	08:14

GEELONG 20 APRIL 2016**200m**

Keith Smith	24.81
Montana Jones	29.77
Malcolm Lloyd	33.21
Zytel Hircoe	36.22
Liam Polizzi	38.76
Steve Polizzi	39.07
Noah Hircoe	38.86
Ashton Hircoe	49.85

2800m

Mark Chalmers	09:38
David Jenkins	09:49
Dominic Godfrey	09:57
Charlie El-Hage	10:20
Tony McRae	10:20
Phil Shay	10:29
Dave Elward	11:02
Mick Varker	11:13
Sharon Pedersen	11:19
Kate Child	11:24
Steve Welsh	11:39
Alyssa Jones	12:04
Jo Foran	12:08
Jeff Walker	12:13
Eric Bumbers	12:32
Robbie Parsons	12:35
Daryl Hurst	13:11
Gerry Fitzpatrick	13:29
Zytel Hircoe	13:39
Grant Baensch	14:09
Malcolm Lloyd	14:27
Kath Oliver	14:40
Jill Coyte	15:23
Fiona Fitzpatrick	16:23

1500m

Dominic Godfrey	05:18
Tony McRae	05:24
Montana Jones	05:27
Sharon Pedersen	05:28
Phil Shay	05:30
David Jenkins	05:45
Kate Child	05:45
Paul Stewart	05:47
Peter Lamb	05:48
Steve Welsh	06:20
Jeff Walker	06:22
Eric Bumbers	06:27
Alyssa Jones	06:29
Gerry Fitzpatrick	06:32
Daryl Hurst	06:46
Zytel Hircoe	07:10
Grant Baensch	07:22
Malcolm Lloyd	07:23
Liam Polizzi	07:34
Steve Polizzi	07:36
Robbie Parsons	07:46
Kate Shay	08:12
Fiona Fitzpatrick	08:34

GEELONG 27 APRIL 2016**100m**

Steve Polizzi	14.23
Andy Bruschi	14.28
Malcolm Lloyd	14.49
Cindy Holzer	15.34
Liam Polizzi	18.05
Noah Hircoe	18.05
Phoebe Polizzi	25.41

2000m

Charlie El-Hage	07:03
Dan Wright	07:06
Dominic Godfrey	07:18
Marc Schnyder	07:21
Dave Elward	07:27
James Foran	07:28
Paul Stewart	08:12
Andy Bruschi	08:30
Eric Bumbers	08:46
Robbie Parsons	08:47
Malcolm Lloyd	10:12
Kath Oliver	10:20
Jill Coyte	11:14
Cate Shay	11:57
Joanna MacCarthy	12:17
Jill Gillies	12:48
Isobelle Engelsman	15:49

4000m

Craig Scott	13:42
Matt Petersen	14:57
Phil Shay	15:12
Tim Clatworthy	15:28
Sharon Pedersen	16:37
Alan Jenkins	17:09
Steve Welsh	17:11
Jeff Walker	18:00
Gerry Fitzpatrick	18:38
Daryl Hurst	18:59
Paul Austin	19:58
Frank Engelsman	21:49
Grant Baensch	22:14

800m

Dan Wright	02:32
Peter Lamb	02:33
Sharon Pedersen	02:41
Dave Elward	02:42
Phil Shay	02:44
Andy Bruschi	02:45
Alyssa Jones	02:50
Cindy Holzer	03:08
Robbie Parsons	03:11
Gerry Fitzpatrick	03:11
Steve Welsh	03:20
Eric Bumbers	03:20
Jeff Walker	03:29
Malcolm Lloyd	03:36
Kath Oliver	03:51
Noah Hircoe	04:01
Liam Polizzi	04:01
Steve Polizzi	04:03
Cate Shay	04:20
Jill Gillies	04:47
Joanna MacCarthy	04:47
Grant Baensch	04:48
Isobelle Engelsman	05:57

GLEN EIRA 5 APRIL 2016**RAY KEMP 5KM H/C**

		Clock	H/cap	Adj.Time
JANE STURZAKER	63	25.07	Plus 3.00	28.07
GRAHAM STOCKDALE	74	25.43	Plus 4.00	29.43
PHIL URQUHART	71	25.58	Plus 2.30	28.28
STEVE STRELECKI	66	26.22	3.30	22.52
MERLE WANT	55	26.49	Plus 1.00	27.49
CYNTHIA ELLERY	66	26.57	Plus 4.00	30.57
ELIZABETH DORNUM	35	27.08	7.30	19.38
PETE BATTRICK	72	27.11	43.41	28.11
ASHLEY PAGE	75	27.20	1.00	26.20
BARRY JEFFS	67	28.07	2.00	26.07
DOUG ADENEY	71	28.53	Plus 2.00	30.53
MEGAN GOOEY	38	29.14	GO	29.14

SANDRA MIDDLETON WALK

		H/cap	Clock	Actual
			Time	Time
3 KM H/CAP				
JIM BERRIN GTON	59	10.57	28.13	17.16
HEATHER CARR	66	11.29	28.21	16.52
SANDRA MIDDLETON	67	7.06	28.54	21.48
ALAN RADFORD	64	4.39	28.59	24.20
DOMENICO MORINA	77	3.00	29.10	26.1
DES MIDDLETON	69	9.21	29.35	20.14
TONY DORAN	63	8.07	30.19	22.12
PAUL LYNCH		5.00	30.41	25.41
EDDY STACK (2 LAPS)	81		12.00	12.00

80 MTRS E/TIME

		Est	Clock	Diff
BILL CARR	66	12.10	12.10	0.00
JIM ROUNTREE	57	12.50	12.48	0.02
HEATHER CARR	66	16.00	15.95	0.05
ALAN RADFORD	64	13.90	13.98	0.08
GLAD WISHART	72	15.40	15.73	0.33
JIM SINCLAIR	91	16.10	16.93	0.83
IAN POULTON	52	17.11	15.24	1.87

200 MTRS H/CAP

		H/cap	Clock	
		Secs	Time	
JIM SINCLAIR	91	GO	46.90	
BILL CARR	66	15	49.28	
GLAD WISHART	72	2	49.48	
JIM ROUNTREE	57	15	50.71	
IAN POULTON	52	12	51.49	
ALAN RADFORD	64	13	51.98	

600 METRES H/C

		Clock	Secs	Adj.
			Time	
BARRY JEFFS	67	2.31.9	18	2.13.9
JANET HOLMES	62	2.36.9	18	2.18.9
ELIZABETH DORNUM	35	2.42.3	45	1.47.3
JIM McLURE	70	2.43.2	22	2.21.2
RAY O'CONNOR	78	2.55.1	GO	2.55.1
PHIL URQUHART	71	2.57.3	GO	2.57.3

GLEN EIRA 12 APRIL 2016**3KM E/TIME**

		Est	Clock	Diff
JANE STURZAKER	63	17.52	17.52	0.00
PETE BATTRICK	72	25.58	26	0.02
CYNTHIA ELLERY	66	18.25	18.18	0.07
STEVE STRELECKI	66	13.2	13.3	0.15
GRAHAM STOCKDALE	73	16.4	17	0.19
DOUG ADENEY	71	16.42	17.30	0.48
MERLE WANT	55	17.40	16.48	0.52
PHIL URQUHART	71	16.55	16.00	0.55

300 MTRS E/TIME

		Est	Clock	Diff
BILL CARR	66	50.20	58.20	0.20
LEW JENKINS	71	70.00	70.90	0.90
ALAN RADFORD	64	58.20	56.40	1.80
JIM McLURE	70	57.00	60.00	3.00

60 MTRS E/TIME

		Est	Clock	Diff
GLAD WISHART	72	11.88	11.91	0.0
LEW JENKINS	71	11.5	11.62	0.1
BILL CARR	66	9.10	9.23	0.1
ALAN RADFORD	64	10.3	10.50	0.2
HEATHER CARR	66	12.40	12.82	0.4

1600 MTRS E/TIME

		Est	Clock	Diff
PHIL URQUHART	71	8.30	8.26	4
JANET HOLMES	62	7.15	7.09	6
RAY O'CONNOR	78	9.04	9.22	18

5 LAPS WALK SPIRAL E/T

		Est	Clock	Diff
TONYDORAN	63	14.20	14.09	0.11
HEATHER CARR	66	13.30	13.12	0.18
ALAN RADFORD	64	17.00	16.40	0.20
KARYN O'MEILL	60	16.00	15.34	0.26
DES MIDDLETON	69	13.10	12.39	0.31
JIM BERRINGTON	59	12.55	12.20	0.35
SANDRA MIDDLETON	67	14.07	15.03	0.57
PAUL LYNCH	66	18.50	16.59	1.51
PETER McGRATH	76	21.29	19.34	1.55
EDDY STACK (2 LAPS)	81		7.30	

GLEN EIRA 19 APRIL 2016

2KM H/C WALK

		H/cap	Clock
JOHN ZELEZNIKOW	65	0.55	17.01
DOMENICO MORINA	77	0.44	17.37
JIM BERRINGTON	59	6.40	17.52
PETE BATTRICK	72	0.10	17.54
PAUL LYNCH	66	2.50	17.57
DES MIDDLETON	69	5.37	17.59
TONY DORAN	63	4.44	18.04
SANDRA MIDDLETON	67	4.17	18.08
ALAN RADFORD	64	2.50	18.13
PETER McGRATH	76	GO	18.33
JIM CRAWFORD	81	1.00	18.37
EDDY STACK (2 LAPS)	81	0.00	7.29

110 MTR H/C

		H/c	Clock
GLAD WISHART	72	34	14.07
JIM ROUNTREE	57	14	14.28
JIM McLURE	70	26	14.30
ALAN RADFORD	64	17	14.32
BOB WISHART	74	SCR	17.16

800MTRS E/T

		Est	Clock	Diff
JANET HOLMES	62	3.18	3.15	3 Secs
RAY O'CONNOR	78	3.52	4.01	9 Secs

150 MTR H'CAP

		H/cap (Secs)	Clock	Actual Time	Diff
JIM ROUNTREE	57	8.00	30.76	22.76	
ALAN RADFORD	64	7.00	31.17	24.17	
JIM McLURE	70	5.00	31.86	26.86	
GLAD WISHART	72	GO	32.06	32.06	

UNFORTUNATELY THE RESULTS FOR THE

DISTANCE RUN ON 19.04.16 WERE LOST SOMEWHERE!!

(BUT NOT BY JUDY WINES !!)

GLEN EIRA 26 APRIL 2016

200 MTRS E/T

		Est	Clock	Diff
JIM ROUNTREE	57	31.30	31.38	0.08
ALAN RADFORD	64	33.90	34.46	0.56
GLAD WISHART	72	42.20	43.92	1.72
JIM McLURE	70	34.50	37.25	2.75
JIM SINCLAIR	91	44.20	47.16	2.96

6KM RUN

ELIZABETH DORNUM	35	24.39	
HEATHER CARR	66	29.36	

Total
Time

100 MTRS H/C TEAM RELAY

JIM SINCLAIR	91	20.50	
HEATHER CARR	66	19.00	
JIM ROUNTREE	57	15.20	1.10.2
BOB WISHART	74	14.00	
GLAD WISHART	72	18.70	
JIM McLURE	70	17.00	1.13.0
ALAN RADFORD	64	16.10	
ELIZABETH DORNUM	35	14.50	

500 MTRS H/C

		H/cap (Secs)	Clock Time	Actual Time
BILL CARR	66	28.00	2.06.1	1.38.1
ELIZABETH DORNUM	35	34.00	2.06.4	1.32.4
JANET HOLMES	62	15.00	2.06.8	1.51.8
RAY O'CONNOR	77	GO	2.12.1	2.12.1
BARRY JEFFS	67	22.00	2.16.5	1.54.5
BOB WISHART	74	20.00	2.19.0	1.59.0

WALK - 2 OR 4 KM

		Clock
4 KM WALK		
JIM BERRINGTON	59	24.11
BARRY JEFFS	67	27.11
PAUL LYNCH	61	31.23

2 KM WALK

TONY DORAN	63	13.5
JOHN ZELEZNIKOW	65	15.3
ALAN RADFORD	64	15.3
DOMENICO MORINA	77	17.55
PETER McGRATH	76	18.12
PETE BATTRICK	72	18.19
JIM CRAWFORD	81	19.29
EDDY STACK (2 LAPS)	81	7.11

INTERNET PATIENT



KNOX 6 APRIL 2016**800m walk NOT**

Karl Piatek	40	7.13min
Peter Thorne	67	7.18
Chas McCrae	83	7.33
Glenn Claiden	62	7.37
Ian Uren	65	7.37
Graeme Leticq	61	7.38
Jack Durrant	19	7.39
Mick Carr	62	7.4
Andrea Putting	52	7.41
David Wear	69	7.43
Bob Henderson	69	7.49
Anne McPherson	59	7.49
Peter LeGet	82	7.5

80m

Andrew Watts	60	11.78
Geoff Whitehall	67	12.11
Paul Durrant	54	12.81
Tracey Carpenter	49	13.42
Andrea Putting	52	15.07

110m

Paul Durrant	54	15.33
Geoff Whitehall	67	16.43
Tracey Carpenter	49	17.28
Stewart Dobrynski		18.27

150m

Andrew Watts	60	20.08
Paul Durrant	54	21.18
Geoff Whitehall	67	22.83
Tracey Carpenter	49	25.57
Andrea Putting	52	29.9

200/400/600m Relay

Bob Henderson	69	3.53
Geoff Whitehall	67	
John Graham	65	
Andrew Watts	60	3.57
Toscha Stopar	46	
Mick Carr	62	
Paul Durrant	54	4.00
Tracey Carpenter	49	
Karl Piatek	40	

Distance event

Karl Pioatek	4laps	40	10.44
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3k

Bob Henderson	69	14.1
John Graham	65	14.41
Glenn Claiden	62	14.44
Toscha Stopar	46	15.34
Ian Uren	65	16.07
David Wear	69	16.2
Melissa MacEoin	44	23.13

5k

Graeme Leticq	61	20.42
Mick Carr	62	24.31
Anne Mcpherson	59	26.4
Peter Thorne	67	27.3

KNOX 13 APRIL 2016**Long Jump**

Owen Logue	30	4.33
Paul Durrant	54	3.94
Tracey Carpenter	49	3.16
Melissa Butler	12	2.99
Karl Piatek	40	2.7
Andrea Putting	52	2.27

100m sprint

Chris Crennan	44	13.86
Geoff Whitehall	67	14.27
Tracey Carpenter	49	15.74
Melissa Butler	12	17.85
Andrea Putting	52	19.3

600m NOT

Paul Durrant	54	1.57
John Graham	65	2.05
Chris Crennan	44	2.13
Mark Harris	42	2.15
Tim Loveday	51	2.17
Bob Henderson	69	2.2
Mick Carr	62	2.33
Karl Piatek	40	2.45
Nicola Van Reenan	43	2.52
Glenn Claiden	62	2.56
Peter Shanahan	54	2.59
Peter Thorne	67	2.59
Sue Stopar	67	3.05
Chas McCrae	83	3.35

200m

Paul Durrant	54	28.29
Chris Crennan	44	30.05
Geoff Whitehall	67	31.26

5k handicap

Liz Eastwood	47	32.03
Melissa MacEoin	44	30.04
Stephen Richards	54	27.41
Brian Mee	78	29.18
Paul Twining	66	21.23
Tim Loveday	51	23.33
Peter Thorne	67	27.37
Anne MacPherson	59	25.08
Ian Uren	65	25.23
John Graham	65	21.01
Bob Henderson	69	24.14
Gary Stopar	68	24.17
Mick Carr	62	24.22
Graeme Leticq	61	20.3
Glenn Claiden	62	24.56
Sue Stopar	67	29.45
David Wear	69	29.44
Nicola Van Reenan	43	29.46
Pete Shanahan	54	30.29

KNOX 20 APRIL 2016**Discus**

Paul Durrant	54	28.81
John Graham	65	22.68
Hank Kuys	61	21.6
Jack Durrant	19	21.14
Steve Richards	54	19.73
Glenn Claiden	62	18.92
Tim Loveday	51	17.5
Melissa Butler	12	17.11

KNOX 20 APRIL 2016 - DISCUS cont

Tracey Carpenter	49	16.83
Owen Logue	30	15.5
Ian Uren	65	15.34
Peter Shanahan	54	15.32
Karl Piatek	40	12.1
Andrea Putting	52	11.49
Emma Tucker	35	7.85

60m

Jack Durrant	19	7.64
Paul Durrant	54	8.15
Chris Crennan	44	8.56
Tracey Carpenter	49	9.08
Donna Clarke	62	9.83
Emma Tucker	35	10.88
Andrea Putting	52	11.34

1200m handicap

Graeme Leticq	61	5.46
Steve Richards	54	5.23
Tim Loveday	51	4.54
Bob Henderson	69	4.59
Chas McCrae	83	3.16 2lap walk
Owen Logue	30	3.57
Karl Piatek	40	5.47
Liz Eastwood	47	5.1
Peter Shanahan	54	6.03 1st
Evelyn Kuys	59	5.56
Brain Mee	78	6.22
Ryan Clark	40	6.03
Helen Stanley	60	6.03
Toscha Stopar	45	6.04
Ian Uren	65	5.49
Glenn Claiden	62	5.35
John Graham	65	4.36

400m

Paul Durrant	54	1.05
Chris Crennan	44	1.12
Steve Richards	54	1.15
Ryan Clark	40	1.22
Emma Tucker	35	1.44
Donna Clarke	62	1.51

110m

Tracey Carpenter	49
Donna Clarke	62
Melissa Butler	12
Emma Tucker	35
Andrea Putting	52

Distance event**2K**

Bob Henderson	69	8.55
Steve Richards	54	9.5
Peter Shanahan	54	11.31

4K

Graeme Leticq	61	16.22
John Graham	65	17.58
Tim Loveday	51	18.5
Helen Stanley	60	19.28
Anne MacPherson	59	19.33
David Wear	69	21.26
Ian Uren	65	22.43

6K

Owen Logue	30	25.32
Liz Eastwood	47	30.6
Ryan Clark	40	32.52
Paul Twining	66	32.53

KNOX 27 APRIL 2016**Shot Put**

Paul Durrant	54	8.69
Melissa Butler	inv	6.88
Tracey carpenter	49	6.64
Glenn Claiden	62	6.44
Helen Stanley	60	5.89
Peter LeGet	81	5.78
Andrea Putting	52	5.67
Donna Clarke	62	5.3

60m

Paul Durrant	54	8.67
Donna Clarke	62	10.28
Melissa Butler	12	10.56
Andrea Putting	53	11.79

1000m

Paul Connor	53	3.43
Graeme Leticq	61	3.44
Andrew Watts	60	3.49
Chas McCrae 400m	83	3.49
Al Harris	48	3.5
Helen Stanley	60	4.08
Liz Eastwood	47	4.36
Ryan Clark	40	4.48
Ian Uren	65	4.55
Anne MacPherson	59	5.05
Peter Shanahan	54	5.08
David Wear	69	5.13
Mick Carr	62	5.13
Glenn Claiden	62	5.13
Jock Cravana	78	5.29
Melissa MacEoin	44	5.33

500m NOT

Paul Durrant	54	1.27	winner
Steve Richards	54	1.41	
Al Harris	48	1.52	
Ryan Clark	40	1.54	
Helen Stanley	60	1.59	
Liz Eastwood	47	2.11	
Donna Clarke	62	2.3	
Jock Cravana	78	2.39	

5km handicap

Helen Stanley	60	11.39	2.2k
Glenn Claiden	62	15.56	3k
Liz Eastwood	47	19.3	5k
Paul Connor	53	20.48	
Graeme Leticq	61	21.41	
Paul Twining	66	23.44	
Bob Henderson	69	24.06	1st
Ian Uren	65	24.45	2nd
Al Harris	48	25.2	
Ryan Clark	40	25.24	
Mick Carr	62	25.3	
Steve Richards	54	26.5	
Jock Cravana 3rd	78	28.58	
Peter Shanahan	54	29.3	

MENTONE 6 APRIL 2016**400m Walk E.T.**

			Clock	Diff
1=	Sonya McLennan	63	2.22	0.02
1=	Gwen Steed	73	2.18	-0.02
1=	Ian Beaumont	80	3.07	0.02
4	John Morrison	75	2.51	-0.04
5=	Pam Mews	80	3.19	-0.11
5=	Margaret Beaumont	78	3.15	0.11

400m H/cap

			Clock	Metres
1	Kuni Bowden	50	63.70	102
2	John Mathew	79	67.30	162
3	Glad Wishart	72	70.50	124
4	Geoff Barrow	67	73.30	90

1200m E.T.

			Clock	Diff
1	Ashley Page	75	6.03.5	-2.50
2	John Kneen	73	6.53.2	-6.80
3	Michael Bishop	44	4.01.5	-8.50
4	Kuni Bowden	50	4.50.0	-10.00
5	Helen Bryan	45	4.14.9	-10.10
6	Avril Britter	57	6.09.6	-42.40
7	Col Waring	70	4.57.9	-47.10

60m E.T.

			Clock	Diff
1	John Mathew	79	14.55	0.05
2	Ross Kent	74	10.70	0.20
3	Avril Britter	57	10.96	-0.24
4	Glad Wishart	72	12.03	0.73
5	Kuni Bowden	50	11.69	-1.31
6	Geoff Barrow	67	14.00	2.80

2 Miles E.T.

			Clock	Diff
1	Michael Bishop	44	11.36	0.16
2	Adam Walsh	44	16.13	-0.17
3	Sonya McLennan	63	16.12	-0.20
4	Ashley Birrell	71	18.07	-0.23
5	David Dodson	57	16.27	-0.39
6	Kuni Bowden	50	13.52	0.52
7	Avril Britter	57	18.17	-1.06
8	Ashley Page	75	16.49	-1.59
9	John Kneen	73	19.17	-2.13

3000m E.T. Walk

			Clock	Diff
1	Ian Beaumont	80	25.56	0.06
2	Geoff Barrow	67	20.31	-0.09
3	Ian Cassell	62	20.42	-0.17
4	Margaret Beaumont	78	26.31	0.29
5=	Pam Mews	80	32.19	-1.06
5=	Heidi Engel	73	32.19	-1.06
7	John Mathew	79	35.48	1.48
8	Tallulah Morrison	Inv	26.29	-5.31
9	John Zeleznikow	65	26.27	-7.33

MENTONE 13 APRIL 2016**600m Walk E.T.**

			Clock	Diff
1	Pam Mews	80	5.26	-0.05
2	Sonya McLennan	63	3.49	0.10
3=	Janette Atkins	63	4.52	-0.11
3=	John Morrison	75	4.19	-0.11
3=	Bev Hugo	76	4.45	-0.11
6	John Mathew	79	5.26	0.26

800m E.T. *Agg Event*

			Clock	Diff	Pts
1	Ashley Page	75	3.45.4	0.40	7
2	Col Waring	70	2.58.5	0.50	5
3	Kuni Bowden	50	3.08.5	-1.50	4
4	Mike Thomas	44	2.23.7	1.70	3
5	Avril Britter	57	3.47.6	-4.40	2
6	David Dodson	57	3.27.5	-4.50	1
7	John Kneen	73	4.25.0	10.00	1
8	Nikolaj Djordjevic	Inv	2.49.7	19.70	
9	Adam Walsh	44	3.26.6	-28.40	1

200m E.T.

			Clock	Diff
1	Mike Thomas	44	29.68	-0.32
2	Avril Britter	57	39.43	0.34
3	Nikolaj Djordjevic	Inv	32.53	0.53
4	Geoff Barrow	67	41.87	0.87
5	Kuni Bowden	50	41.23	1.23
6	John Mathew	79	55.60	1.60
7	Nikita Djordjevic	Inv	36.83	1.83
8	Glad Wishart	72	44.34	2.34
9	Ross Kent	74	39.17	4.57

5 Km E.T. *AggEvent*

			Clock	Diff	Pts
1	Kuni Bowden	50	22.12	0.02	7
2	Avril Britter	57	29.03	-0.11	5
3	Sonya McLennan	63	26.43	0.17	4
4	David Dodson	57	26.15	-0.25	3
5	Michael Bishop	44	18.29	0.29	2
6	Ashley Page	75	27.13	0.47	1
7	John Kneen	73	32.28	-1.02	1
8	Bronwyn Hanns	52	27.48	1.08	1
9	Ashley Birrell	71	24.38	-1.22	1
10	Hiroki Ohashi	Inv	25.41	3.31	1

3000m E.T. Walk *Agg Event*

			Clock	Diff	Pts
1	Geoff Barrow	67	20.41	0.03	7
2	John Morrison	76	23.34	0.04	5
3	Glennis McPherson	69	21.47	-0.05	4
4	Gwen Steed	73	19.28	-0.07	3
5	Ian Cassell	62	20.47	0.08	2
6=	John Zeleznikow	65	26.21	-0.09	1
6=	Bev Hugo	76	24.31	-0.09	1
8	Katherine Ashton	Inv	24.16	-0.16	
9=	Joan Clarke	80	30.26	0.21	1
9=	Pam Mews	80	30.26	0.21	1
11	John Mathew	79	34.36	0.36	1
12	Heidi Engel	73	31.33	-1.07	1
13	Janette Atkins	63	26.05	-1.55	1
14	Tallulah Morrison	Inv	26.25	-3.25	

MENTONE 20 APRIL 2016**800m Walk E.T.**

			Clock	Diff
1	Bev Hugo	76	6.29	-0.01
2	Ralph Bennett	74	4.36	-0.04
3	Sylvia Machin	74	5.45	-0.05
4	Sonya McLennan	63	5.22	-0.08
5	John Mathew	79	7.34	0.14
6	Rae Atkins	84	7.57	0.27
7	Janette Atkins	63	6.34	0.34

1000m E.T.

			Clock	Diff
1	Corey Lawson	38	3.05.7	0.70
2	Michael Bishop	44	3.10.4	5.40
3	Kuni Bowden	50	4.05.6	5.60
4=	Adam Walsh	44	4.18.6	-6.40
4=	Col Waring	70	3.56.4	6.40
6	John Kneen	73	5.35.0	15.00

150m E.T.

1	Bob Wishart	74	Timing	
2	Ross Kent	74	Malfunction	
3	Kuni Bowden	50		
4	Glad Wishart	72		
5	John Mathew	79		

4 Km E.T.

			Clock	Diff
1	Bronwyn Hanns	52	20.59	-0.01
2	Corey Lawson	38	13.56	-0.04
3	John Kneen	73	25.16	0.06
4	Ashley Birrell	71	19.01	0.11
5	Sonya McLennan	63	20.47	-0.13
6	Kuni Bowden	50	17.29	-0.31
7	Michael Bishop	44	14.32	0.32
8	David Dodson	57	20.27	-0.33
9	Hiroki Ohashi	Inv	18.38	-1.22

2000m Self H/cap Walk

			Clock	Actual
1	Janette Atkins	63	21.58	16.43 @
2	Joan Clarke	80	22.01	19.01
3	Sylvia Machin	74	22.06	14.51
4	Ian Cassell	62	22.09	13.39
5	Glennis McPherson	69	22.36	14.31
6	Katherine Ashton	46	22.41	20.41
7	John Mathew	79	23.11	23.11
DQ	John Zeleznikow	65		16.10
DQ	Heidi Engel	73		20.49
DQ	Bev Hugo	76		16.14
DQ	Tallulah Morrison	Inv		19.43

MENTONE 27 APRIL 2016**400m Walk E.T.**

			Clock	Diff
1=	Sylvia Machin	74	2.43	-0.03
1=	Gwen Steed	73	2.20	-0.03
3=	Peter McGrath	76	3.29	-0.06
3=	Eddy Stack	81	3.16	0.06
5=	Natalie King	74	3.37	0.07
5=	Ian Beaumont	80	3.11	0.07
7	Ralph Bennett	74	1.55	-0.11
8	Pam Mews	80	3.18	-0.32

300m E.T.

			Clock	Diff
1	Bob Wishart	74	60.86	3.66
2	Ross Kent	74	71.40	11.40
3	Kath Elms	40	63.32	-26.28

900 m Self H/cap

			Clock	Actual
1	Adam Walsh	44	4.23	3.40
2=	Helen Bryan	46	4.24	3.06
2=	Barry Jeffs	67	4.24	3.41
4	Jeanne Bryan	73	4.25	4.12
5	Col Waring	70	4.58	3.30
DQ	Avril Britter	57		4.21

70m E.T. * Agg Event*

			Clock	Diff	Pts
1	Ross Kent	74	12.77	0.02	7
2	Avril Britter	57	13.03	0.32	5
3	Glad Wishart	72	14.72	0.57	4
4	Lew Jenkins	71	13.26	-0.74	3

1500m/ 3000m Walk E.T.

			Clock	Diff
1500m				
1	Joan Clarke	80	14.22	-0.15
2	John Morrison	76	11.08	-0.22
3=	Peter McGrath	76	13.23	0.23
3=	Bev Hugo	76	11.52	-0.23
5	Ian Cassell	62	10.25	0.25
6	Natalie King	74	13.10	-0.50
7	Ian Beaumont	80	13.18	0.58
8	Kath Elms	40	10.11	-1.49
9	Nola Finn	79	18.09	-1.51
10	Pam Mews	80	13.20	-2.30

3000m

1	Geoff Barrow	67	21.17	0.07
2	Sylvia Machin	74	21.52	0.22
3	Ralph Bennett	74	17.27	-0.33

5 Miles Road Self H/cap**Peter Colthup Trophy**

			Clock	Actual
1	John Graham	65	50.59	34.28 @
2	Heather Carr	66	51.00	51.00
3	Tim Loveday	51	51.22	36.52
4	Corey Lawson	38	51.28	29.38
5	Michael Bishop	44	52.38	31.08
6	Ashley Birrell	71	52.55	40.55
7	Lavinia Petrie	72	52.59	36.49
8	Greg Hughes	57	53.02	36.12
9	Hank Kuys	61	53.08	41.38
10	Barry Jeffs	67	53.15	41.15
11	Christopher Worsnop	58	53.32	40.02
12	John Zeleznikow	65	54.16	77.46
DQ	Ashley Page	75		43.48
DQ	John Kneen	73		55.18
DQ	David Dodson	57		43.14
DQ	Bronwyn Hanns	52		41.13

SPRINGVALE 6 APRIL 2016**70 metres**

Mike HALL	77	12.00
Tony DORAN	63	13.30
Lou BUCCIERI	60	16.40
Lindsay OXENHAM	66	16.70
Bill IRVINE	67	17.30
Jim SMITH	75	26.90
Natalie IRVINE	69	34.20

heat 2

Les WILLIAMS	60	10.50
Ian TREGEAR	65	12.20
Claudio RIGA	60	12.70
Juan PEREZ	76	13.10
Trevor JUPP	75	14.50

2400 metres walk

Peter ELLIS	65	
Tony DORAN	63	15.55
Jim SMITH	75	17.00
Bill IRVINE	67	17.30
Trevor JUPP	75	21.51
Natalie IRVINE	69	22.37
Frank ALLEN	71	23.59
Peter BATTRICK	72	24.02

4000 metres run

Les WILLIAMS	60	14.40
Claudio RIGA	60	20.21
Lou BUCCIERI	60	20.45
Lindsay OXENHAM	66	20.58
Ian TREGEAR	65	21.16
Alison DEVINE	59	24.35
Juan PEREZ	76	24.39

1200 metres

Les WILLIAMS	60	4.08
Neil GRAY	68	4.58
Dave TALBOT	61	5.07
Bill IRVINE	67	5.31
Paul WINTERTON	61	5.47
Claudio RIGA	60	6.06
Lou BUCCIERI	60	6.08
Lindsay OXENHAM	66	6.23
Juan PEREZ	76	7.03

600 metres walk

Tony DORAN	63	3.56
Jim SMITH	75	4.22
Trevor JUPP	75	4.58
Pam THOMAS	66	5.39
Natalie IRVINE	69	5.39

SPRINGVALE 13 APRIL 2016**100 metres**

Mick COLGAN	65	18.40
Juan PEREZ	76	19.30
Alan BENNIE	69	22.30

400 metres

		clock	actual
Lew JENKINS	71	1.48.4	1.35.4
Dave TALBOT	61	1.50.4	1.17.4
Ray O'CONNOR	79	1.51.5	1.41.5
Claudio RIGA	60	1.55.4	1.27.4
Paul WINTERTON	61	1.56.5	1.29.5
Mick COLGAN	65	1.57.2	1.49.2
Juan PEREZ	76	2.00.4	1.55.4

2000 metres run

Will SELICK	44	10.13
Mick COLGAN	65	10.18
Paul MULLINS	75	11.00
Alison DEVINE	59	11.53
Ernie JEFFS	71	15.01

2000 metres walk

John ABEL	66	17.34
Kelly DAVIDSON	37	17.35
Peter BATTRICK	72	18.23
Frank ALLEN	71	18.49
Roland BROWN	74	26.03

4000 metres walk

Tony DORAN	63	29.46
Celia JOHNSON	68	29.58

4000 METRES RUN

Alan BENNIE	69	17.54
Rob CLUTTERBUCK	63	19.56

6000 METRES RUN

Claudio RIGA	60	29.42
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SPRINGVALE 20 APRIL 2016**200 metres**

Bill HAINS	53	37.80
Mick COLGAN	65	38.30
Juan PEREZ	76	46.90

600 metres

Les WILLIAMS	60	1.53
Dave TALBOT	61	2.12
Paul WINTERTON	61	2.26

1000 metres

Les WILLIAMS	60	3.16
Alan BENNIE	69	3.55
Neil GRAY	68	4.36
Ray O~CONNOR	79	5.15
Juan PEREZ	76	5.20

3000 metres run

Les WILLIAMS	60	10.22
Will SELICK	44	14.50
Rob CLUTTERBUCK	63	14.55
Bill IRVINE	67	15.06
Juan PEREZ	76	17.45
Howard REES	68	17.47
John MANNING	70	23.14
Mick COLGAN 1 km	65	4.42

5000 metres run

Peter CARMODY	55	26.49
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3000 metres walk

Peter ELLIS	65	20.14
Tony DORAN	63	21.49
Celia JOHNSON	68	22.07
Tony JOHNSON	75	22.09
Natalie IRVINE 2.2 k wk	69	22.36
Trevor JUPP	75	26.00
Judy DAVISON	80	26.12
Ernie JEFFS	71	26.49
Peter BATTRICK	72	27.20
Tom DAVISION	83	28.08
Frank ALLEN	71	29.24

SPRINGVALE 27 APRIL 2016**70 metres**

Les WILLIAMS	60	10.70
Mick COLGAN	65	12.70
Juan PEREZ	76	13.40
Jim SINCLAIR	91	15.00
Howard REES	68	17.00
Bill HAINS	53	10.40
Mike Hall	78	12.20

800 metres

Les WILLIAMS	60	3.06
Dave TALBOT	61	3.08
Paul WINTERTON	61	3.23
Bill IRVINE	67	3.38
Mick COLGAN	65	4.03
Juan PEREZ	76	4.24
Celia JOHNSON	68	14.52
Penny HALL	76	14.19
Graham KILFOYLE	64	15.59
Bill IRVINE	67	16.49
Frank ALLEN	71	18.19
Peter BATTRICK	72	19.00
Natalie IRVINE	69	19.16
Howard REES	68	19.18

3200 metres run

Les WILLIAMS	60	10.32
Alan BENNIE	69	13.54.4 #
Rob CLUTTERBUCK	63	15.05
Juan PEREZ	76	19.37
Lou BUCCIERI	60	19.39
Dave TALBOT 5 laps	61	9.58

NEW VENUE AGE RECORD

JUNE PROGRAMS 2016

WEDS JUNE 1	ABERFELDIE	100M	1000M AG	200M	4/6K	
	GEELONG	100M	2400M	1000M		
	MENTONE	500M WALK ET	1500M SHCP	150M ET	3K ET	1500M/5K ET
	KNOX					
	SPRINGVALE	100M HCP	3X400M RELAY	2K/4K WALK	4/6/8K	
THURS JUNE 2	COBURG					
	EAST BURWOOD	60M /SHOT PUT	BOB LEWIS 400M	800M HCP	100M / 50 SECS	10/15/20 MIN R/W
	FRANKSTON					
MON JUNE 6	DONCASTER					
	CASEY					
TUES JUNE 7	COLLINGWOOD	200M	1600M	300M	2/4/6K	
	CROYDON	1500M WALK	120M	MGRS 400M HCP	200M NOT	2/3/4/5R 1/3/5W
	GLEN EIRA	100M HCP	800M ET	150M ET	3K WALK HCP	5K HCP
WEDS JUNE 8	ABERFELDIE	90M	800M	400M	3/5K	
	GEELONG	400M	2K/4K	1600M		
	MENTONE	600M WALK ET	800M ET	100M HCP	3.336K ET	3K ET
	KNOX					
	SPRINGVALE	70/300M	800M HCP	15/30 MIN WALK T/T	15/30 MIN T/T	
THURS JUNE 9	COBURG					
	EAST BURWOOD	70M / JAVELIN	800M NOT	1500M	90M / 200M	4K HCP/ 2K WALK
	FRANKSTON					
MON JUNE 13	DONCASTER					
	CASEY					
TUES JUNE 14	COLLINGWOOD	100M	1000M	200M	3/5/7/9K	
	CROYDON	SOUP NIGHT	2X800 W RELAY	80M/ 1400M	4X100 RELAY	4/8 LAP RUN/WALK
	GLEN EIRA	60M ET	1500M ET	300M HCP ET	2K EST TIME	20 MIN EST DIST
WEDS JUNE 15	ABERFELDIE	100M	1000M	200M	2/4K	
	GEELONG	300M	2800M	1000M		
	MENTONE	400M HCP/800M W	1600M ET	60M ET	4K SHCP	2/4K ET
	KNOX					
	SPRINGVALE	100M HCP	1200M	2K WALK HCP	2/4/6K	
THURS JUNE 16	COBURG					
	EAST BURWOOD	80M / DISCUS	1200M / 100M	JOHN GOSBELL MEMORIAL 5K	INTERVENUE HCP	
	FRANKSTON					
MON JUNE 20	DONCASTER					
	CASEY					
TUES JUNE 21	COLLINGWOOD	200M	600M	2/4/6/10K	PIZZA NIGHT	
	CROYDON	1000M WALK	70M	MGRS 400M HCP	120M NOT	OWN DISTANCE
	GLEN EIRA	80M ET	500 ET	150M ET	4K WALK	3/5K
WEDS JUNE 22	ABERFELDIE	110M	1500M	400M NOT	3/5K	
	GEELONG	200M	3000M	800M		
	MENTONE	400M WALK ET	800M SELF ET	110M ET	5K ET	5 LAP SPIRAL ET
	KNOX					
	SPRINGVALE	70M	600M	1800M WALK HCP	3000M HCP	
THURS JUNE 23	COBURG					
	EAST BURWOOD	60M / SHOT PUT	600M	800M / 110M	1500/4K/6K 2KW NOT	300M
	FRANKSTON					
MON JUNE 27	DONCASTER					
	CASEY					
TUES JUNE 28	COLLINGWOOD	80M ET	1 MILE ET	200M	15/25MIN TT	
	CROYDON	1600M WALK	120M	MGRS 400M FINAL	500M	3/5/7K RUN/WALK
	GLEN EIRA	90M ET	700M ET	200M HCP	EST DIST WALK 20 MIN	4K SELF HCP
WEDS JUNE 29	ABERFELDIE	100M	800M	200M	4/6K	
	GEELONG	100M	2400M	1600M		
	MENTONE	600M WALK ET	1000M ET	70M ET	2 MILES ET	1500M/5K ET
	KNOX					
	SPRINGVALE	70M	600M	1800M WALK	3200M	
THURS JUNE 30	COBURG					
	EAST BURWOOD	60M / JAVELIN	800M NOT	1200M / 100M HCP	2/4/6K R/ 2K WALK	200M
	FRANKSTON					