



# AROUND THE GROUNDS

VENUE RESULTS FOR OCTOBER 2016, PROGRAM FOR DECEMBER 2016



A chilly Spring evening at Doncaster

ABERFELDIE, COBURG, COLLINGWOOD,  
CROYDON, DONCASTER, EAST BURWOOD,  
FRANKSTON, GEELONG, GLEN EIRA,  
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

**ABERFELDIE 5 OCTOBER 2016****100 Metres**

Richard SHORTT	45	12.81
Adam GREGORY	31	13.19
Reji Daniel	39	13.20
Domonic CONDELLO	46	13.22
Luke BUCKLEY	30	13.34
Jamie PAPWORTH	INV	15.25
William DENHOLM	INV	17.50
John HOWES	81	18.38
Tony BRADFORD	77	18.69
Stephen MURPHY	55	21.50
Alice LE	30	22.10

**1000 Metres Age Graded**

			Age %
Gavin WHITE	43	3.20	70.99
Carolyn BOWEN	55	4.13	70.47
Stephen RUSSELL	57	4.03	66.05
Adam GREGORY	31	3.20	65.25
Stephen BARKER	73	4.54	63.95
Doug STOKES	64	4.28	63.35
Michael ENNIS	63	4.33	61.70
Mark SIMMONS	55	4.13	61.35
Gina DENHOLM	39	4.06	61.16
David JONES	65	4.44	60.26
Stephen MURPHY	55	4.25	59.59
Maggie ARMSTRONG	54	5.07	57.31
Daniel IERARDO	19	3.54	56.64
Michael ORELLI	72	5.39	54.60
Jamie PAPWORTH	INV	4.34	52.46
Andrea DRAPER	39	4.48	52.24
Luke BUCKLEY	30	4.26	49.06
Alice LE	30	5.25	45.08

**1000 Metres Age Graded Walk**

			Age %
Heath BEVERIDGE	INV	5.30	74.97
Brian O'DEA	62	7.48	56.42

**200 Metres**

Richard SHORTT	45	27.06	
Domonic CONDELLO	46	27.51	
Luke BUCKLEY	30	35.03	
Mark SIMMONS	55	40.32	
Gina DENHOLM	39	41.09	
William DENHOLM	INV	41.65	
Tony BRADFORD	77	42.16	
Jamie PAPWORTH	INV	42.44	
Valentino CONDELLO	INV	42.72	
Maggie ARMSTRONG	54	43.54	
Stephen MURPHY	55	45.23	
Alice LE	30	52.69	
Imogen PAPWORTH	INV	58.82	
Stephen BARKER	73	76.62	walk

**2000 Metres**

Alfred LENDVAI	62	9.38
David JONES	65	10.46
Michael ORELLI	72	12.15
Stephen MURPHY	55	11.11

**ABERFELDIE 5 OCTOBER 2016 CONT****4000 Metres**

Heath BEVERIDGE	INV	17.10
Adam GREGORY	31	17.14
Carolyn BOWEN	55	19.14
Gina DENHOLM	39	21.11
Trevor HAWKSWORTH	69	21.37
Doug STOKES	64	21.48
John DEAN	71	21.49
Stephen BARKER	73	21.59
Cheryl BEVERIDGE	51	28.36

**ABERFELDIE 12 OCTOBER 2016****80 Metres**

Gavin WHITE	43	10.23
Richard SHORTT	45	10.38
Luke BUCKLEY	30	11.12
Tony BRADFORD	77	15.91
Stephen MURPHY	55	16.66

**800 Metres**

Jamie PAPWORTH	INV	3.17
Carolyn BOWEN	55	3.21
Stephen MURPHY	55	3.29
Luke BUCKLEY	30	3.44
Stephen BARKER	73	3.54
Andrea DRAPER	39	3.55
Maggie ARMSTRONG	54	4.11
Michael ORELLI	72	4.58

**400 Metres**

Richard SHORTT	45	60.09
Gavin WHITE	43	62.75
Luke BUCKLEY	30	81.10
Jamie PAPWORTH	INV	88.70
Stephen MURPHY	55	94.60
Maggie ARMSTRONG	54	107.00
Stephen BARKER	73	155.50

**3000 Metres**

Lisa IERARDO	50	13.48
Stephen MURPHY	55	14.23
Michael ENNIS	63	15.21
Alfred LENDVAI	62	15.32
Mel HARDIMAN	33	17.22
Trevor HAWKSWORTH	69	17.48
Brian O'DEA	62	22.14

**5000 Metres**

Heath BEVERIDGE	INV	22.05
Carolyn BOWEN	55	23.47
Doug STOKES	64	27.27
Stephen BARKER	73	27.27
Peter BLACK	61	27.27
Cheryl BEVERIDGE	51	35.25

A seven year old girl became fascinated with the new house being built next door. She spent hours looking over the fence before becoming familiar

enough to sit with the builders while they had their lunch and "smoko".

She became such a regular that at the end of the week the boss gave her an envelope with a dollar inside as her pay.

That night at dinner her Father congratulated her on earning her first pay and asked if she would be getting more money next week.

The little girl replied "Dunno, depends on whether the f\*\*\*ing bricks come".

**ABERFELDIE 19 OCTOBER 2016****100 Metres**

Brett MAURER	40	11.53
Richard SHORTT	45	12.85
Joe DILWORTH	65	15.81
Jamie PAPWORTH	INV	16.22
Alice LE	30	17.89
Gina DENHOLM	39	17.91
John HOWES	81	18.25
Tony BRADFORD	77	18.62
Maggie ARMSTRONG	54	19.09
Stephen MURPHY	55	19.75
David JONES	65	19.84
Imogen PAPWORTH	INV	27.03

**1500 Metres**

Andrew COCHRANE	61	6.05
Gina DENHOLM	39	6.26
Stephen MURPHY	55	6.28
Carolyn BOWEN	55	6.41
Doug STOKES	64	6.48
Jamie PAPWORTH	INV	7.34
David JONES	65	7.39
Stephen BARKER	73	7.55
Michael ORELLI	72	8.01
Alice LE	30	8.03
Peter WISNIEWSKI	59	8.48
Cheryl BEVERIDGE	51	9.00
Heath BEVERIDGE	INV	9.00

**300 Metres**

Brett MAURER	40	37.72
Richard SHORTT	45	43.25
Mark SIMMONS	55	52.00
Joe DILWORTH	65	52.81
Stephen RUSSELL	67	53.05
Andrew COCHRANE	61	53.55
Jamie PAPWORTH	INV	61.28
David JONES	65	62.85
Stephen MURPHY	55	67.82
Maggie ARMSTRONG	54	70.28
Tony BRADFORD	77	71.62
Stephen BARKER	73	142.59

**4000 Metres**

Heath BEVERIDGE	INV	17.10
Carolyn BOWEN	55	18.35
Ernie STEWART	65	19.11
Stephen MURPHY	55	19.16
Alfred LENDVAI	62	20.22
Trevor HAWKSWORTH	69	21.08
Gina DENHOLM	39	21.32
Lisa IERARDO	50	21.32
Bill RISTEVSKI	52	25.05
Andrew COCHRANE	61	25.37
Brian O'DEA	62	28.50

**6000 Metres**

Stephen BARKER	73	33.40
Doug STOKES	64	33.41

**ABERFELDIE 26 OCTOBER 2016****100 Metres**

Gavin WHITE	43	14.34	110M
Joe DILWORTH	65	15.56	
Jamie PAPWORTH	INV	16.00	
Peter WISNIEWSKI	59	18.75	
Maggie ARMSTRONG	54	19.00	
John HOWES	81	19.38	
Michael ORELLI	72	25.44	
Imogen PAPWORTH	INV	36.00	

**800 Metres**

Gavin WHITE	43	3.05	
Stephen RUSSELL	67	3.11	
Jamie PAPWORTH	INV	3.45	
Michael ORELLI	72	4.16	
Maggie ARMSTRONG	54	4.25	
Peter WISNIEWSKI	59	4.31	
Lisa IERARDO	50	1.57	400M

**200 Metres**

Gavin WHITE	43	29.62
Joe DILWORTH	65	32.35
Stephen RUSSELL	67	33.25
Jamie PAPWORTH	INV	38.34
Peter WISNIEWSKI	59	40.15
Michael ORELLI	72	42.34
John HOWES	81	42.90
Maggie ARMSTRONG	54	44.43

**3000 Metres**

Alfred LENDVAI	62	16.18
Lisa IERARDO	50	16.18

**5000 Metres**

Doug STOKES	64	28.01
Bill RISTEVSKI	52	31.32



## COBURG 6 OCTOBER 2016

### 100m

Ethan O'NEILL	16	13.65
Bruce GIBBS	67	16.62
Bernie LEDDIN	68	17.65
Michelle SPORTON	50	22.95

### 800m

Fraser MURRAY	44	2.37.0
Fiona ELY	47	3.30.0

### 400m Manager's Challenge

Carl KENNEDY	50	1.11.8
Bernie LEDDIN	68	1.19.0
Stephen RUSSELL	57	1.21.6
Frank BRADLEY	60	1.37.5
Yoldanda SHAW	64	2.04.9
Michelle SPORTON	50	2.52.6

### 2.5km

Frank BRADLEY	60	16.18
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### 5km

Carl KENNEDY	50	20.04
Fraser MURRAY	44	23.00
Michael MEANEY	61	26.19

## COBURG 13 OCTOBER 2016

### 110m

#### Heat: 1

Colin HICKIE	32	15.79
Bruce GIBBS	67	17.82
Bernie LEDDIN	68	18.90
Rob LEWIS	69	21.14
Yoldanda SHAW	64	24.40
Michelle SPORTON	50	25.23

#### Heat: 2

Mark HARPER	41	13.26
Shahir NAGA	34	14.29

### 6 lap team event

Fiona ELY (1)	47	1.30.70	
Stephen RUSSELL (2)	57	3.30.26	
Colin HICKIE (3)	32	4.47.23	9.48.19
Rob LEWIS (1)	69	1.52.70	
Michael MEANEY (2)	61	3.29.69	
Bernie LEDDIN (3)	68	4.55.84	10.18.23

### 500m

Stephen RUSSELL	57	1.41.6
Bruce GIBBS	67	2.17.9
Ken CARTER	64	5.29.1

### 2km

Fiona ELY	47	10.19
Rob LEWIS	69	12.58
Ken CARTER	64	23.54

### 4km Manager's Challenge

Colin HICKIE	32	17.55*
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\*Achieved time set by manager.

## COBURG 20 OCTOBER 2016

### 100m

#### Heat: 1

Bernie LEDDIN	68	16.56
Rob LEWIS	69	17.95
Frank BRADLEY	60	19.36
Valerio NICA	66	19.74
Yolanda SHAW	64	21.37
Michelle SPORTON	50	22.65

#### Heat: 2

Ethan O'NEILL	16	14.63
Colin HICKIE	32	15.04
Spud HARRAP	14	15.54

### 1200m

Ethan O'NEILL	16	4.13
Colin HICKIE	32	4.50
Spud HARRAP	14	4.59
Stephen RUSSELL	57	5.00
Brian DELANEY	62	5.23
Fiona ELY	47	5.24
Maria BARBETTI	51	5.41
Rob DAVEY	76	9.58
Chris HARRAP (W)	56	10.23
Ken CARTER	64	12.34

### 400m Manager's Challenge

#### Heat: 1

Frank BRADLEY	60	1.36.5*
Yoldanda SHAW	64	1.48.2
Valerio NICA	66	2.08.0
Rob DAVEY	76	2.20.1
Michelle SPORTON	50	2.49.9

#### Heat: 2

Ethan O'NEILL	16	1.08.5*
Colin HICKIE	32	1.12.1
Brian DELANEY	62	1.28.7
Bernie LEDDIN	68	1.16.2
Rob LEWIS	69	1.43.6

\*Achieved time set by manager.

### 3.5km Spiral

Colin HICKIE	32	16.16
Michael MEANEY	61	17.08
Fiona ELY	47	17.57
Frank BRADLEY	60	23.05*
Maria BARBETTI	51	18.17
Bernie LEDDIN	68	19.58
Rob LEWIS	69	23.14*
Maegan KERR	44	29.41*
Rob DAVEY	76	30.10*
Bruce GIBBS	67	30.30*
Bernie GOGGIN	79	32.44*

\* Start group 'A'.

I'M HAVING PEOPLE  
OVER TO STARE AT  
THEIR PHONES LATER  
IF YOU WANT TO COME  
BY...

## COBURG 27 OCTOBER 2016

### 80m

Bruce GIBBS	67	13.63
Bernie LEDDIN	68	14.69
Rob LEWIS	69	14.99
Frank BRADLEY	60	16.57
Michelle SPORTON	50	18.09
Ken CARTER	64	31.70

### 1600m

Fraser MURRAY	44	5.49
Maria BARBETTI	51	7.47
Ken CARTER (1200w)	64	12.44

### 300m

Paul O'NEILL	51	40.40
Bernie LEDDIN	68	56.73
Brian DELANEY	62	59.87
Bruce GIBBS	67	1.03.74
Yolanda SHAW	64	1.19.82
Michelle SPORTON	50	1.48.72
Ken CARTER	64	2.22.50

### 4km Manager's Challenge

Michael MEANEY	61	19.21
Brian DELANEY	62	19.43
Maria BARBETTI	51	19.49
Fraser MURRAY	44	19.55
Rob LEWIS	69	25.08
Frank BRADLEY	60	26.11
Ken CARTER (1.6K)	64	20.57

## COLLINGWOOD 4 OCTOBER 2016

### 100 Metres

#### Heat 1

1	KOKKINOS Alex	41	12.8
2	HOWDEN Keith	71	15.4
3	GIBBS Bruce	67	16.8
4	LEDDIN Bernie	68	17.3

#### Heat 2

1	HERBSTREIT Herbie	64	18.4
2	PAUL Graeme	62	24.8
3	POCOCK John	73	26.6

### 1600 M Est'd Time

		Time	Diff	Est T	
1	PAUL Graeme	62	8:14	0:02	8:12
2	ADRIEN Gerard	56	7:18	0:12	7:30
3	WINNEN Ian	54	6:19	0:14	6:05
4	HOPKINS Jim	66	8:21	0:36	7:45
5	LOVELL Scott	51	6:37	0:37	6:00
6	POCOCK John	73	9:29	0:44	8:45

### 200 Metres

#### Heat 1

1	KOKKINOS Alex	41	27.2
2	HOWDEN Keith	71	31.0
3	WINNEN Ian	54	31.3
4	LEDDIN Bernie	68	38.1
5	GIBBS Bruce	67	42.6

#### Heat 2

1	HALLETT Matthew	27	32.0
2	HERBSTREIT Herbie	64	47.8
3	PAUL Graeme	62	50.7
4	POCOCK John	73	51.6
5	HOPKINS Jim	66	58.7

### Minimum 2 Km.

		Time	Km.	
1	ADRIEN Gerard	56	9:03	2.0
2	PARDY Carmel	48	10:17	2.0
3	LOVELL Scott	51	13:03	2.8
4	POCOCK John	73	15:47	2.8
5	HERBSTREIT Herbie	64	17:47	2.8
6	FIELD Nina	43	16:23	3.2
7	HALLETT Len	67	20:14	3.2
8	HALLETT Matthew	27	19:34	4.0
9	PAUL Graeme	62	23:35	4.4
10	BELL Gary	62	29:49	4.8
11	WINNEN Ian	54	26:52	6.0
12	HOPKINS Jim2	66	42:36	8.8



**CHOCOLATE** was never meant to be shared.



**COLLINGWOOD 11 OCTOBER 2016****70 Metres**

Time

**Heat 1**

1	DELBRIDGE Adam	44	10.2
2	BLAKEMAN Meghann	37	11.1
3	GIBBS Bruce	67	11.4
4	ELY Fiona	47	11.8

**Heat 2**

1	STUART Will	37	08.9
2	KOKKINOS Alex	41	09.3
3	HOWDEN Keith	71	10.7
4	HORN Michael	64	11.3

**Heat 3**

1	WINNEN Ian	54	10.7
2	LEWIS Rob	69	13.2
3	LEDDIN Bernie	68	15.6

**800 Metres**

Time

1	WINNEN Ian	54	2:38
2	ADRIEN Gerard	56	2:48
3	STUART Will	37	2:59
4	DELBRIDGE Adam	44	3:06
5	HEJTMANEK Jim	51	3:11
6	ELY Fiona	47	3:22
7	BLAKEMAN Meghann	37	3:27
8	HORN Michael	64	3:31
9	HALLETT Matthew	27	3:52

**2 x 200 M Relay**

Time

1	DELBRIDGE Adam	44	60.3
	LEDDIN Bernie	68	
2	HOWDEN Keith	71	62.2
	KAMEME Troy	29	
3	BLAKEMAN Meghann	37	62.8
	STUART Will	37	
4	GIBBS Bruce	67	63.4
	KOKKINOS Alex	41	
5	HORN Michael	64	67.8
	WINNEN Ian	54	

**Spiral Handicap -**

- 10.20 Laps

Net T. Start T Clock

1	STUART Will	37	19:32	6:10	26:18
2	HEJTMANEK Jim	51	19:08	7:15	26:59
3	HOPKINS Jim	66	18:52	7:35	27:02
4	WINNEN Ian	54	17:52	9:05	27:30
5	BLAKEMAN Meghann	37	21:35	5:20	27:35
6	BAYLEY Rod	70	20:19	6:40	27:37
7	WINDSOR Wes	72	21:01	6:35	28:15
8	HALLETT Matthew	27	20:35	7:10	28:23
9	ADRIEN Gerard	56	19:34	8:15	28:25
10	HORN Michael	64	23:33	4:25	28:42
11	LEDDIN Bernie	68	20:03	8:05	28:45
12	BELL Gary	62	24:33	4:00	29:19
13	PAUL Graeme	62	21:49	6:55	29:24
14	GURTLER Markus	45	18:04	10:50	29:28
15	PARDY Carmel	48	22:58	6:35	30:16
16	LEWIS Rob	69	27:29	2:35	30:55
17	POCOCK John	74	24:08	6:10	31:03
18	HALLETT Len	67	31:44	5:35	38:18

**COLLINGWOOD 18 OCTOBER 2016****200 Metres**

Time

1	WINNEN Ian	54	30.5
2	HORN Michael	64	32.9
3	LEDDIN Bernie	68	37.3
4	GIBBS Bruce	67	38.2

**COLLINGWOOD 18 OCTOBER 2016 cont****1500 Metres**

Net T Start T Clock

1	WINNEN Ian	54	5:41	3:18	8:59
2	HEJTMANEK Jim	51	5:58	3:16	9:14
3	POCOCK John	73	7:56	1:34	9:30
4	FABRE Sofie	47	7:18	2:22	9:40
5	HORN Michael	64	7:58	2:06	10:04
6	HOPKINS Jim	67	7:57	2:28	10:25

**2 Km.**

Time

1	BAYLEY Rod	70	9:55
2	HORN Michael	64	11:06
3	POCOCK John	73	11:31

**4 Km.**

Time

1	WINNEN Ian	54	17:21
2	HEJTMANEK Jim	52	17:39
3	PAUL Graeme	62	20:23
4	HOPKINS Jim	67	21:19
5	FABRE Sofie	47	21:31
6	BELL Gary	62	24:04

**COLLINGWOOD 25 OCTOBER 2016****80 Metres**

Time

**Heat 1**

1	KOKKINOS Alex	41	10.5
2	WINNEN Ian	54	12.0
3	HORN Michael	64	13.0
4	JENKINS Russell	54	13.2
5	LEWIS Rob	69	15.5
6	HERBSTREIT Herbie	64	15.8

**Heat 2**

1	KAMEME Troy	29	10.2
2	Roman	Inv.	12.5
3	Sara	Inv.	13.1
4	LEDDIN Bernie	68	13.4
5	Pascal	Inv.	13.6
6	Alec	Inv.	14.8
7	Duncan	Inv.	16.6

**1200 Metres**

Time

1	GURTLER Markus	45	4:05
2	JENKINS Russell	54	4:12
3	WINNEN Ian	54	4:15
4	HEJTMANEK Jim	51	4:51

**3.4 Km.**

Time

1	ADRIEN Gerard	56	16:36
2	LEDDIN Bernie	68	17:24
3	PAUL Graeme	62	18:37
4	POCOCK John	73	20:02
5	DROSDOWSKY Wasyl	65	20:56
6	PARDY Carmel	48	22:10
7	FIELD Nina	43	22:10
8	LEWIS Rob	69	22:20
9	HERBSTREIT Herbie	64	23:42
10	GIBBS Bruce	67	29:42

**6.8 Km.**

Time

1	JENKINS Russell	54	30:28
2	GURTLER Markus	45	32:04
3	HEJTMANEK Jim	51	32:39
4	WINNEN Ian	54	33:00
5	HOPKINS Jim	67	34:11
6	BAYLEY Rod	70	41:33
7	BELL Gary	62	43:04
8	HORN Michael	64	45:27

**CROYDON - 4 OCTOBER 2016****1K WALK**

1	Paul MORITZ	57	6.12
2	Karen ARCHER	53	6.29
3	Liz WRIGLEY	60	7.15
4	Lyn BATCHELOR	67	8.13
5	Grant WATSON	69	9.37
6	Gary TURNER	63	9.39

**100 METRES**

1	Grant MURFETT	49	14.1
2	Arthur KAPOULITSA	68	16.3
3	Cec McKEOWN	76	19.3
4			20.5
5	Ron SMITH	67	20.9
6	Ros DYER	52	21.5
7	Karen ARCHER	53	25.4

**2 LAP TURNAROUND**

1	Cec McKEOWN	76	6.05
2	Karen ARCHER	53	6.06
3	Col WILLIAMS	67	6.09
4	Ron BOYNE	82	6.16
5	Grant WATSON	69	6.17
6	Tania NEALE	38	6.20
7	Ros DYER	52	6.25
8	Grant MURFETT	49	6.27

4 LAPS

**400 METRES**

1	Grant MURFETT	49	1.05
2	Gary TURNER	63	1.34
3	Tania NEALE	38	1.38
4	Arthur KAPOULITSA	68	1.41
5	Cec McKEOWN	76	1.44
6	Karen ARCHER	52	1.49
7	Col WILLIAMS	67	1.50
8	Ros DYER	52	1.55
9	Ron BOYNE	82	2.05
10	Allan WOOD	79	2.10
11	Ron SMITH	67	2.18
12	Grant WATSON	68	2.49

**DISTANCE**

1	Ron BOYNE	82	2.30	1 LR
2	Col WILLIAMS	67	6.20	3LR
3	Grant MURFETT	49	8.31	2KR
4	Gary TURNER	63	7.20	2LW
5	Grant WATSON	69	22.14	2KW
6	Cec McKEOWN	76	22.15	2KW
7	Tania NEALE	38	24.52	4KR
8	Paul MORITZ	57	27.14	4KW
9	Karen ARCHER	53	29.26	12LR
10	Ros DYER	52	38.51	6KR

**CROYDON - 11 OCTOBER 2016****7MIN 12SEC WALK**

1	Kevin McLAUGHLAN	72	5.52
2	Gary TURNER	63	6.34
3	Colin WILLIAMS	67	6.36
4	Liz WRIGLEY	60	6.37
5	Lyn BATCHELOR	67	6.45
6	Ron BOYNE	82	6.52
7	Allan WOOD	79	6.57
8	Grant WATSON	69	7.03
9	Alison THOMPSON	62	7.05
10	Barrie WICKS	76	7.06
11	Paul MORITZ	57	7.08 winner
12	Tania NEALE	38	7.42
13	Ros DYER	52	7.45

**120M****Heat 1**

1	Tom DELLOW	inv	19.5
2	Todd MURFETT	51	20.0
3	Cec McKEOWN	76	22.8
4			25.4
5			27.7
6	Grant WATSON	68	32.3
7	Kevin McLAUGHLAN	72	36.0

**Heat 2**

1	Tom MURFETT	inv	17.1
2			19.0
3	Andrew EGGINTON	55	19.3
4	Warwick DELLOW	46	19.8

**Heat 3**

1	Rob STAGG	50	15.8
2	Grant MURFETT	49	16.2
3	Michael WILLIE	40	16.6
4			17.7

**ONE MILE**

1	Andrew EGGINTON	55	5.30.83
2	Grant MURFETT	49	6.28.81
3	Michael WILLIE	40	6.34.75
4	Tom MURFETT	inv	6.37.12
5	Graham WALTER	58	7.09.98
6	Col WILLIAMS	67	7.45.32
7	Todd MURFETT	51	7.46.61
8	Tania NEALE	38	8.22.12
9	Ros DYER	52	8.26.92

**MEDLEY RELAY 100/100/200/400**

1	Grant MURFETT	2.07
	Graham WALTER	
	Paul MORITZ	
	Todd MURFETT	
2	Andrew EGGINTON	2.11
	Rob STAGG	
	Tania NEALE	
	Allan WOOD	
3	Tom MURFETT	2.19
	Mike WILLIE	
	Ros DYER	
	Col WILLIAMS	

**20/30 MINUTE TIME TRIAL****20 MIN**

1	Al WILLIE	77	8L 30m Run
2	Kevin McLAUGHLAN	72	4L Walk
3	Graham WALTER	58	9L 377M R
4	Grant WATSON	69	7LW

**CROYDON - 11 OCTOBER 2016 cont**

5	Ron BOYNE	82	7L 260M R
6	Paul MORITZ	57	7L 220M W
7	Gary TURNER	63	5L 100M W
8	Cec McKEOWN	76	5L 100M W
9	Todd MURFETT	51	8L 150M R
10	Tom MURFETT	inv	8L 150M R

**30 MIN**

11	Alison THOMPSON	62	12L 100M R/W
12	Michael WILLIE	40	16L R
13	Karen ARCHER	53	11L 380M R

**CROYDON - 18 OCTOBER 2016****1500M HCP WALK**

		Time	Hcp	Actual	
1	Tania NEALE	38	12.31	1.20	11.11
2	Paul MORITZ	57	12.58	3.15	9.43
3	Ron BOYNE	82	13.05	3.15	9.43
4	Grant WATSON	69	13.14	Gun	13.14
5	Celia JOHNSON	69	13.37	2.15	11.22
6	Gunther ILGOUTZ	77	13.52	4.00	9.52
7	Kevin McLAUGHLAN	72	15.12	0.30	14.42
8	Col WILLIAMS	67	15.13	1.05	14.08
9	Denis ASPINALL	69	15.14	0.30	14.44
10	Ron SMITH	67	15.40	Gun	15.40
11	Allan WOOD	79	16.02	1.05	14.57
12	Rus DICKENSON	70	16.03	4.15	9.48

**60M NOT****Heat 1**

1	Col WILLIAMS	67	13.1	12.0
2	Barry MURLEY	77	13.7	14.69
3	Ron SMITH	67	14.3	13.0
4	Kevin McLAUGHLAN	72	15.5	16.3
5	Grant WATSON	69	16.4	15.35

**Heat 2**

1	Rob STAGG	50	8.2	8.5
2	Grant MURFETT	49	8.5	-
3	Allan WOOD	79	12.2	11.02
4	Andrew EGGINTON	55	14.1	11.5
5	Karen ARCHER	53	16.0	-

**1200M**

1	Andrew EGGINTON	55	3.49
2	Grant MURFETT	40	4.46
3	Tania NEALE	38	5.49
4	Col WILLIAMS	67	5.55
5	Karen ARCHER	53	6.28

**SHOT PUT**

1	Tania NEALE	38	7.92m	4kg
2	Paul MORITZ	57	6.65	6kg

**400M**

1	Grant MURFETT	49	1.06
2	Andrew EGGINTON	55	1.15
3	Col WILLIAMS	67	1.49
4	Karen ARCHER	53	1.57
5	Allan WOOD	79	2.11
6	Grant WATSON	69	3.11

**26 MIN TIME TRIAL**

Col WILLIAMS	67	3 LAPS R
Kevin McLAUGHLAN	72	4 LAPS W
Grant WATSON	69	4 LAP W
Geoff ARNOTT	68	10 LAP R
Ron BOYNE	82	9 LAP 350M R
Celia JOHNSON	69	9 LAP 60M R
Karen ARCHER	53	10 LAP 100m R

**CROYDON - 25 OCTOBER 2016****3 LAP WALK**

1	Paul MORITZ	57	7.43
2	Gary TURNER	62	8.58
3	Liz WRIGLEY	60	8.59
4	Lyn BATCHELOR	67	9.47
5	Ron BOYNE	83	9.49
6	Grant WATSON	69	10.42
7	Col WILLIAMS	67	11.05
8	Ron SMITH	67	13.17

**100M****Heat 1**

1	Stewart DOBRZYNSKI		11.9
2	Andrew WATTS	61	12.9
3	Grant MURFETT	49	13.2
4	Tom MURFETT	inv	13.6

**Heat 2**

1	Michael WILLIE	40	13.6
2	Rob STAGG	50	14.0
3	Todd MURFETT	51	14.7
4	Andrew FRASER	74	18.9

**Heat 3**

1	Ron SMITH	67	19.4
2	Ros DYER	52	19.9
3	Grant WATSON	69	25.6
4	Karen ARCHER	53	29.0

**300m****Heat 1**

1	Stewart DOBRZYNSKI		39.5
2	Grant MURFETT	49	41.7
3	Andrew WATTS	61	42.2
4	Tom MURFETT	inv	47.6
5	Michael WILLIE	40	48.9
6	Rob STAGG	50	49.4
7	Todd MURFETT	51	52.5

**Heat 2**

1	Gary TURNER	62	1.05
2	Col WILLIAMS	67	1.14
3	Ron BOYNE	83	1.18
4	Karen ARCHER	53	1.22

**1500m AG%**

1	Grant MURFETT	49	6.02
2	Michael WILLIE	40	6.11
3	Fab ROMEO	48	6.28
4	Tom MURFETT	inv	6.41
5	Col WILLIAMS	67	7.15
6	Todd MURFETT	51	7.29
7	Melissa GILLICK	42	7.38
8	Ros DYER	52	7.49
9	Grant WATSON	69	11.39

**15 LAP MAX R/W NOT**

		Time	Est	Dist	
1	Col WILLIAMS	67	6.43	-	3LR
2	Fab ROMEO	48	17.32	30.0	3.2K
3	Geoff ARNOTT	68	20.36	25.0	8LR
4	Todd MURFETT	51	23.02	35.0	10LR
5	Tom MURFETT	inv	23.15	35.0	10LR
6	Michael WILLIE	40	28.44	28.0	15LR
7	Paul MORITZ	57	28.54	26.3	10LW
8	Melissa GILLICK	42	29.40	35.0	12LR
9	Andrew TUNNE	58	29.40	28.0	13LR
10	Ros DYER	52	30.08	30.0	12LR
11	Karen ARCHER	53	30.18	-	12LR

Winner Ros DYER 0.8 secs out



**DONCASTER 3 OCTOBER 2016****300m hurdles**

				Elec time
1	David McConnell	63	50.4	50.60
2	Marg Tweedie	62	53.5	53.78

(Victorian Record)

**300m handicap**

			Hcap (m)	Result
1	Phil Rosevear	67	-45	37.94
2	Jeffrey Sim	53	-50	39.84
3	Ken Bruce	64	-30	41.38
4	Carolyn Aughey	74	-125	41.74
5	Anthony Paige	33	0	41.94
6	Elizabeth Grover	52	-80	43.22
7	Michelle King		0	50.78

**2000m**

1	Gary Zuccala	54	8.08.5
2	Elizabeth Grover	52	9.08.8
3	Kath Gawthorn	42	9.10.0

**1600m walk**

1	Frank Prowse	62	9.19.7 (Venue record)
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**80 metres**

				Elect time
1	Ken Bruce	64	10.8	11.22
2	Anthony Paige	33	11.0	11.34 (85 m)
3	Antony Gottlieb	36	11.4	12.00
4	Phil Rosevear	67	11.9	12.30
5	Greg Champion	61	12.3	12.68
6	Jeffrey Sim	54	12.7	12.94
7	Janine James	68	13.4	13.88

**150 metres**

				Elect time
1	Ken Bruce	64	21.5	21.86
2	Anthony Paige	33	21.6	21.90 (165 m)
3	Marg Tweedie	62	22.6	23.06

(venue record)

4	Phil Rosevear	67	24.3	24.66
5	Janine James	69	26.6	26.88

**800 metres**

1	Anthony Paige	33	2.23.2
2	Antony Gottlieb	36	3.04.4
3	Gary Zuccala	54	3.27.2
4	Elizabeth Grover	52	3.39.4
5	Kath Gawthorn	42	3.39.5
6	Marla Trautman	43	6.25.5

**800 metres walk**

1	Frank Prowse	62	4.17.9
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**DONCASTER 10 OCTOBER 2016****Doncaster 800m handicap**

Place	Name	Age	Hcap	Fin time	Act time
1	Matt Hughes	41	(-2.20)	4.43.48	(2.23.48)
2	Anthony Paige	33	(-2.15)	4.47.13	(2.32.13)
3	Elizabeth Grover	52	(-1.10)	4.49.52	(3.39.52)
4	Antony Gottlieb	36	(-2.00)	4.51.70	(2.51.70)
5	Jeffrey Sim	54	(-1.45)	4.57.82	(3.12.82)
6	Katrina Philip	54	(-1.10)	5.00.76	(3.50.76)
7	Gary Zuccala	54	(-2.10)	5.03.74	(2.53.74)
8	Frank Prowse	62	(-0.12)	5.07.74	(4.55.74)
9	David McConnell	63	(-2.15)	5.23.45	(3.08.45)

**Current standings**

Jeffrey Sim	9
Katrina Philip	7
Gary Zuccala	6
Frank Prowse	5
David McConnell	4

**DONCASTER 10 OCTOBER 2016 cont****60 metres**

			Result	Elect time
1	Matt Hughes	41	8.0	8.38
2	Anthony Paige	33	8.3	8.60 (65 m)
3	Ken Bruce	64	8.4	8.68
4	Phil Rosevear	67	8.5	8.96
5	Jeffrey Sim	54	9.9	10.26
6	Matt Scholes	46	11.2	11.46

**100 metres**

			Result	Elect time
1	Matt Hughes	41	13.0	13.42
2	Ken Bruce	64	13.4	13.94
3	Anthony Paige	33	14.1	14.46
4	Phil Rosevear	67	14.4	14.82
5	Jeffrey Sim	54	16.2	16.54
6	Matt Scholes	46	16.6	19.00

**400 metres**

1	Anthony Paige	33	66.6	(440 m)
2	Matt Scholes	46	71.7	
3	Michelle King	51	71.7	
4	Matt Hughes	41	82.5	

**3000m**

1	Gary Zuccala	54	12.59.9
2	Matt Scholes	46	13.00.2
3	Elizabeth Grover	52	14.14.9
4	Matt Hughes	41	14.20.1
5	Katrina Philip	54	16.33.9

**2000m walk**

1	Frank Prowse	62	12.49.0
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**DONCASTER 17 OCTOBER 2016****Long Jump**

1	David Featherston	42	5.00
2	Matt Hughes	41	4.88
3	David McConnell	64	4.24
4	Matt Scholes	46	4.21
5	Sheila Fanning	42	4.05
6	Graham Walter	58	3.69
7	Greg Champion	61	3.65

**100 metres****heat 1**

				Elect time
eq 1	Phil Rosevear	67	14.5	14.92
eq 1	Michael Eury	50	14.5	14.92
3	Jeffrey Sim	54	15.2	15.62
4	Janine James	69	16.3	16.70

**heat 2**

				Elect time
1	Antony Gottlieb	36	13.9	14.22
2	Sheila Fanning	42	14.2	14.44
3	Anthony Paige	33	14.2	14.46 (110 m)
4	Greg Champion	61	15.1	15.42

**Javelin**

1	David Featherston	42	33.55
2	Matt Hughes	41	30.58
3	David McConnell	67	24.71
4	Matt Scholes	46	24.08
5	Graham Ford	67	21.07
6	Graham Walter	58	20.27
7	Tom Leong	75	19.50 (venue record)
8	Sheila Fanning	42	18.65

**DONCASTER 17 OCTOBER 2016 cont****200 metres****heat 1**

				Elect time
1	Phil Rosevear	67	30.7	31.08
2	Marg Tweedie	62	31.5	32.04
3	Jeffrey Sim	54	33.1	33.52
4	Richard Trembath	74	35.0	35.36
5	Tom Leong	75	35.4	35.82
	(venue record)			
6	Janine James	69	36.7	37.12
7	Carolyn Aughey	74	48.3	48.73

**heat 2**

				Elect time
1	Anthony Paige	33	25.9	26.52
2	David Featherston	42	25.9	26.60
3	Matt Hughes	41	26.1	27.48
4	Matt Scholes	46	26.8	28.52
5	David McConnell	64	27.8	28.96
6	Michael Eury	50	28.3	30.04
7	Graham Walter	58	29.3	30.58

**Discus**

1	David Featherston	42	28.8	
2	David McConnell	64	27.35	
3	Matt Hughes	41	26.5	
4	Graham Ford	67	25.39	
5	Graham Walter	58	20.57	
6	Matt Scholes	46	19.00	
7	Tom Leong	75	16.95	(venue record)

**400 metres**

1	Anthony Paige	33	65.9	(430 metres)
2	Sheila Fanning	42	68.3	
3	Graham Walter	58	71.0	
4	Graham Ford	67	71.5	
5	Gary Zuccala	54	72.4	
6	Marg Tweedie	62	74.9	
7	Richard Trembath	74	81.0	
8	Jeffrey Sim	54	82.5	
9	Phil Rosevear	67	91.6	
10	Elizabeth Grover	53	96.6	

**800 metres**

1	Anthony Paige	33	2.18.8	
2	Michael Eury	50	2.28.2	
3	Antony Gottlieb	36	2.48.5	
4	Sheila Fanning	42	3.30.0	

**1500 metres**

1	David Featherston	42	4.59.5	
2	Gary Zuccala	54	5.49.7	
3	Matt Hughes	41	5.53.8	
4	David McConnell	64	5.57.7	
5	Elizabeth Grover	53	6.39.2	
6	Kath Gawthorn	42	6.39.8	
7	Graham Walter	58	6.39.9	

**1500 metres walk**

1	Frank Prowse	64	8.23.4	(venue record)
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**DONCASTER 24 OCTOBER 2016****120 metre handicap**

			Hcap (m)	Elect time
1	Gary Zuccala	53	-25	14.18
2	Matt Scholes	46	-15	14.41
3	Phil Rosevear	67	-17	14.51
4	Jeffrey Sim	54	-28	14.65
5	Graham Ford	67	-17	14.91
6	Matt Hughes	41	-8	14.95
7	Graham Walter	58	-18	15.15
8	Sheila Fanning	42	-15	15.18
9	Janine James	69	-30	15.48
10	Carolyn Aughey	74	-50	15.71
11	Cathy Green	54	-28	17.44

**2000 metres**

1	Matt Scholes	46	7.29.0	
2	Gary Zuccala	54	8.37.7	
3	Elizabeth Grover	52	8.50.6	
4	Matt Hughes	41	8.58.6	
5	Graham Walter	58	9.09.2	
6	Katrina Philip	54	10.09.6	
7	Kathy Green	54	10.55.9	

**400 metres**

1	John Aughey	79	2.03.6	
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**80 metres**

				Elect time
1	Matt Hughes	41	10.5	10.82
2	Matt Scholes	46	10.6	11.65
3	Sheila Fanning	42	10.6	11.68
4	Phil Rosevear	67	11.2	11.98
5	Graham Walter	58	11.4	12.15
6	Jeffrey Sim	54	11.9	13.28
7	Janine James	69	12.2	13.88

**150 metres****heat 1**

				Elect time
1	Jeffrey Sim	54	24.0	24.38
eq 2	Richard Trembath	74	25.6	26.17
eq 2	Tom Leong	75	25.6	26.17
4	Janine James	69	26.9	27.31
5	Kathy Green	54	28.0	28.37
6	Carolyn Aughey	74	35.0	35.33

**heat 2**

				Elect time
1	Matt Hughes	41	20.0	20.54
2	Matt Scholes	46	21.0	21.50
3	Sheila Fanning	42	21.4	22.00
eq 4	Graham Walter	58	21.5	22.07
eq 4	Graham Ford	67	21.5	22.07

**2000 metres**

1	Gary Zuccala	54	7.57.4	
2	Mitch Chamberlain	16	7.59.5	
3	Scott Chamberlain	51	8.40.9	
4	Matt Hughes	41	8.57.1	
5	Graham Walter	58	8.57.4	
6	Elizabeth Grover	52	9.01.7	
7	Katrina Philip	54	10.12.5	

**2000 metre walk**

1	Frank Prowse	62	11.20.9	(venue record)
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**DONCASTER 31 OCTOBER 2016****1600 metres**

1	Mitch Chamberlain	16	6.25.6
2	Scott Chamberlain	51	6.58.3
3	Elizabeth Grover	53	6.59.4
4	Graham Walter	58	6.59.7 (DQ*)
5	Jeffrey Sim	54	7.58.4

\* judges decided it was not permitted to miss the official start and cut across the oval to catch up on the race, albeit on the first lap!

**400 metres**

1	John Aughey	79	1.47.4
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**100 metres**

1	Antony Gottlieb	36	14.0
2	Anthony Paige	33	14.1 (110 metres)
3	Graham Walter	58	14.2
4	Jeffrey Sim	54	16.5
5	Greg Champion	61	19.6

**200 metres**

1	Graham Walter	58	29.2
2	Anthony Paige	33	29.8 (220 metres)
3	Greg Champion	61	33.8
4	Jeffrey Sim	54	34.1

**600 metres estimated time**

		ET	Act time
1	Anthony Paige	33	1.31 1.38.7
2	Antony Gottlieb	36	1.55 2.01.9
3	Graham Walter	58	1.55 2.23.1
4	Jeffrey Sim	54	2.30 2.23.1

**1km**

1	Graham Walter	58	4.13.6
2	Elizabeth Grover	53	4.19.6

**3km**

1	Tony Langelaan	50	10.26.7(venue record)
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**1600 metre walk**

1	Frank Prowse	62	8.59.8 (venue record)
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**EAST BURWOOD 6 OCTOBER 2016 cont**

7	Trevor O'BRIEN *	58	5.02	3.42
8	Adam MCCANN	40	5.09	2.58

**600 METRE HANDICAP WALK**

			Clock	Actual
1	Liz EASTWOOD	47	5.06	3.41
2	Gary TURNER	63	5.10	4.20
3	Zac MATTERS	9	5.16	3.21
4	Allan WOOD	79	5.16	4.31
5	Leo WATSON	75	5.17	4.12
6	Hawley THOMAS	77	5.18	4.48
7	Brian TAIT	74	5.20	4.35
8	Toni MATTERS	48	5.23	3.38
9	Peter BATTRICK	73	5.29	4.59
10	Gerald BURKE	76	5.30	4.45
11	Christopher WORSNOP	59	5.33	3.53
12	Leonie GILLIES	59	5.36	4.31
13	Grant WATSON	69	5.43	5.18
14	Eddie STACK	82	6.23	6.23

**1 OR 5 KM WALK**

1	Grant WATSON (1k)	69	9.45
2	Gary TURNER (1k)	63	9.45
3	Liz WRIGLEY (1k)	61	9.45
1	Frank PROWSE (5k)	64	30.45

**100 METRE SPRINT****Heat 1:**

1	Lainie TAYLER	42	16.2
2	Andrew FRASER	74	16.8
3	Louise MCLEAN	51	17.3
4	Allan WOOD	79	18.7
5	Horacio DIAZ	71	22.1

**Heat 1:**

1	Paul FOSTER	55	12.7
2	Paul DURRANT	55	13.3
3	Andrea VIENET	42	13.9
4	Phil ROSEVEAR	67	14.2
5	Marg TWEEDIE	62	14.5
6	Glen McLEAN	52	14.8
7	Leanne MONK	60	15.5

**200 METRE SPRINT****Heat 1:**

1	Lainie TAYLER	42	33.9
2	Christopher WORSNOP	59	34.9
3	Andrew FRASER	74	36.1
4	Janet HOLMES	63	38.4
5	Horacio DIAZ	71	47.5
6	Grant WATSON	69	57.2
7	Hawley THOMAS	77	58.4

**Heat 2:**

1	Paul FOSTER	55	26.1
2	Phil ROSEVEAR	67	29.3
3	Marg TWEEDIE	62	30.0
4	Leanne MONK	60	32.1
5	Tracey CARPENTER	50	32.8
6	Toni MATTERS	48	34.5
7	Louise MCLEAN	51	37.8
8	Allan WOOD	79	44.0

**JAVELIN NOD**

			Actual
1	Allan WOOD	79	19.54
2	Andrew FRASER	74	15.24
3	Brian TAIT	74	11.40
4	Paul DURRANT	55	24.06
5	Jack FREDRICKSON	77	12.03
6	Tracey CARPENTER	50	16.75
7	Toni MATTERS	48	21.98

**EAST BURWOOD 6 OCTOBER 2016****60 METRE SPRINT****Heat 1:**

1	Andrea VIENET	42	8.6
2	Leanne MONK	60	9.2
3	Lainie TAYLER	42	9.5
4	Louise MCLEAN	51	10.1
5	Zac MATTERS	Inv	10.4
6	Christopher WORSNOP	59	11.0
7	Horacio DIAZ	71	12.5

**Heat 2:**

1	Paul FOSTER	55	7.6
2	Phil ROSEVEAR	67	8.2
3	Glen McLEAN	52	8.4
4	Marg TWEEDIE	62	9.0
5	Trevor O'BRIEN	58	9.4
6	Toni MATTERS	48	10.0
7	Tracey CARPENTER	50	10.0

**880 YARDS SELF HANDICAP****DOUG ORR MEMORIAL HEAT 4**

		Clock	Actual
*	East Burwood intervenue team		
1	Glenn McLEAN	DISQ	4.55 3.20
2	Bob HENDERSON *	70	4.57 3.16
3	Liz EASTWOOD	47	4.58 3.05
4	Rob BAULCH *	68	4.58 3.53
5	Paul DURRANT	55	5.00 2.49
6	Christopher WORSNOP *	59	5.00 3.20

**EAST BURWOOD 6 OCTOBER 2016 cont**

<b>5 KM HANDICAP RUN</b>		Clock	Actual	
<b>FRANK TUTCHENER Heat 1</b>				
1	Bob HENDERSON	70	28.14	23.49
2	Sam DEFANIS	68	29.23	24.43
3	Christopher WORSNOP	59	29.43	24.53
4	Peter DODGSHUN	62	29.47	24.17
5	Rob BAULCH	68	30.48	29.08
6	Trevor O'BRIEN	58	31.30	32.11
	Leonie GILLIES (3k)	59	19.08	
	Annette PELGRIM (3k)	62	19.09	

**EAST BURWOOD 13 OCTOBER 2016****60 METRE SPRINT****Heat 1:**

1	Louise MCLEAN	51	9.9
2	Leanne MONK	60	10.1
3	Zac MATTERS	INV	11.0
4	Melanie BISSETT	40	11.1
5	Allan WOOD	79	12.7
6	Grant WATSON	69	14.8
7	Shirley COPPOCK	80	17.6
8	Lloyd NICHOLLS	75	18.1

**Heat 2:**

1	Jack DURRANT	19	7.9
2	Anthony PAIGE	33	8.2
3	Antony GOTTLIEB	36	8.7
4	Glenn MCLEAN	52	9.2
5	Graham WALTER	58	9.5
6	Trevor O'BRIEN	58	9.7
7	Toni MATTERS	48	10.0
8	Christopher WORSNOP	59	11.2

**880 YARDS SELF HANDICAP****DOUG ORR MEMORIAL INTERVENUE**

			Clock	Actual	
DISQ	Karen ARCHER	CRY	53	4.49	3.49
DISQ	Gary TURNER	CRY	63	4.52	3.22
DISQ	Ros DYER	CRY	52	4.55	3.54
DISQ	Liz EASTWOOD	KNX	47	4.55	2.56
1	Kath GAWTHORN	DON	42	4.57	3.53
2	Graham WALTER	DON	58	4.57	2.49
3	Trevor O'BRIEN	EBV	58	4.57	3.42
4	Rob BAULCH	EBV	68	4.58	2.58
5	Bob HENDERSON	EBV	70	4.59	3.14
6	Grant MURFETT	CRY	49	5.01	2.40
7	Peter THORNE	KNX	68	5.01	3.50
8	Antony GOTTLIEB	DON	36	5.01	2.51
9	Paul DURRANT	KNX	55	5.04	2.50
10	Christopher WORSNOP	EB59	5.04	3.13	
11	Anthony PAIGE	DON	33	5.05	2.14
12	Sarah THORNE	KNX	38	5.05	3.57

**Winning team DONCASTER****300 METRES**

1	Anthony PAIGE	33	40.5
2	Grant MURFETT	49	43.9
3	Paul DURRANT	55	45.9
4	Graham FORD	67	49.5
5	Glenn MCLEAN	52	52.8
6	Leanne MONK	60	54.1
7	Janet HOLMES	63	60.1
8	Melanie BISSETT	40	68.8
9	Andrew FRASER	74	73.3

**EAST BURWOOD 13 OCTOBER 2016 cont**

<b>800 METRE HANDICAP WALK</b>		Clock	Actual	
INV	Ros DYER	52	6.46	6.46
INV	Karen ARCHER	53	7.09	5.39
1	Leo WATSON	75	7.23	5.43
2	Allan WOOD	79	7.27	6.12
3	Zac MATTERS INV	INV	7.27	4.32
4	Liz WRIGHT	60	7.30	5.45
5	Gerald BURKE	76	7.31	6.26
6	Peter BATTRICK	73	7.36	4.46
7	Toni MATTERS	48	7.38	5.03
8	Mel BISSETT	40	7.39	5.49
9	Eddie STACK	82	7.40	7.40
10	Leonie GILLIES	59	7.41	6.06
11	Christopher WORSNOP	59	7.44	5.09
12	Liz EASTWOOD	47	8.00	5.35

**100 METRES****Heat 1:**

1	Leanne MONK	60	15.7
2	Louise MCLEAN	51	16.8
3	Zac MATTERS	INV	18.3
4	Melanie BISSETT	40	18.5
5	Andrew FRASER	74	18.7
6	Allan WOOD	79	20.7
7	Lloyd NICHOLLS	75	29.5

**Heat 2:**

1	Jack DURRANT	19	13.4
2	Anthony PAIGE	33	13.6
3	Glenn MCLEAN	52	14.9
4	Graham WALTER	58	15.2
5	Stephen DAY	46	15.4
6	Christopher WORSNOP	59	17.8

**1k WALK**

1	Zac MATTERS	Inv	6.03
2	Leo WATSON	75	6.47
3	Christopher WORSNOP	59	6.58

**3K RUN**

1	Liz EASTWOOD	47	13.37
2	Bob HENDERSON	70	14.04
3	Graham WALTER	58	14.09
4	Stephen DAY	46	14.46
5	Michelle QUAN	46	16.45
6	Rob BAULCH	68	16.46
7	Leonie GILLIES	59	16.56

**5K RUN**

1	Sam DEFANIS	68	23.53
2	Karen ARCHER	53	31.10
3	Ros DYER	52	31.13

**SHOT PUT**

			ACTUAL	ADJUST
1	Allan WOOD	78	6.63	10.63
2	Melanie BISSETT	40	5.68	10.58
3	SUDARSHAYAM	94	6.73	10.43
4	Paul DURRANT	55	9.26	10.26
5	Toni MATTERS	48	8.77	10.22
6	Jack DURRANT	19	7.44	10.04
7	Tracey CARPENTER	50	7.33	10.03
8	Jack FREDRICKSON	77	4.88	9.58

**EAST BURWOOD 20 OCTOBER 2016****DISCUS NOD**

1	Leo WATSON	75	11.80
2	Brian TAIT	74	13.73
3	Scott TEMPANY	50	11.59
4	Peter DODGSHUN	63	16.75
5	Sudarshanam PAKERLA	94	16.13
6	Toni MATTERS	48	30.77
7	Melanie BISSETT	40	11.12
8	Zac MATTERS	Inv	17.01
9	Paul DURRANT	55	31.06
10	Graham FORD	67	27.10
11	Tracey CARPENTER	50	13.85
12	B I MASAZASEKEEM	72	23.11
13	Allan WOOD	78	12.60
14	Jack FREDRICKSON	77	10.06
15	Andrew FRASER	74	10.65

**60 METRE SPRINT****Heat 1:**

1	Louise MCLEAN	51	9.6
2	Brian HOLCOMBE	71	11.8
3	Gerald BURKE	76	12.1
4	Gordon ONLEY	81	13.8
5	Horacio DIAZ	71	14.5
6	Lloyd NICHOLS	75	15.9

**Heat 2:**

1	Sonya POLLARD	51	9.2
2	Tracey CARPENTER	50	9.4
3	Toni MATTERS	48	9.7
4	Leanne MONK	60	9.9
5	Andrew FRASER	74	10.2
6	Mel BISSETT	40	10.8

**Heat 3:**

1	Paul DURRANT	55	8.3
2	Phil ROSEVEAR	67	8.6
3	Graham FORD	67	8.8
4	Glenn MCLEAN	52	13.5

**600 METRES RUN**

Paul DURRANT	55	2.00
Glenn MCLEAN	52	2.11
Richard TREMBATH	74	2.12
Bob HENDERSON	70	2.24
Zac MATTERS	Inv	2.32
Michelle QUAN	46	2.37
Rob BAULCH	68	3.12
Melanie BISSETT	40	3.13

**1500 METRES WALK HCP**

	Finish	Actual
1	Frank PROWSE	64 14.15 9.25
2	Brian TAIT	74 14.17 11.57
3	Gerald BURKE	76 14.27 12.27
4	Leo WATSON	75 14.32 11.02
5	Melanie BISSETT	40 14.34 11.24
6	Peter BATTRICK	73 14.40 12.55
7	Zac MATTERS	Inv 15.02 9.22
8	Bob LEWIS	88 16.33 15.53
	Eddie Stack 1100 metres	82 11.08

**100 METRES****Heat 1:**

1	Louise MCLEAN	51	no
2	Zac MATTERS	INV	times
3	Horacio DIAZ	71	taken
4	Scott TEMPANY	50	
5	Lloyd NICHOLS	75	

**EAST BURWOOD 20 OCTOBER 2016 cont****Heat 2:**

1	Phil ROSEVEAR	67	14.1
2	Leanne MONK	52	15.3
3	Toni MATTERS	48	15.8
4	Mel BISSETT	40	18.5

**4K RUN Sealed Hcp**

1	Adrian MCLEAN	26	13.23
2	Gabor JAKUS	41	18.48
3	Sam DEFANIS	68	18.48
4	Stephen DAY	46	19.34
	Frank PROWSE 4K WALK	64	22.30
	Bob HENDERSON 2K RUN	70	9.15

**4x200 METRES RELAY**

1	Graham FORD'S team	2.11
2	Phil ROSEVEAR'S team	2.13
3	Paul DURRANT'S team	2.18

**EAST BURWOOD 27 OCTOBER 2016****60 METRE SPRINT****Heat 1:**

1	Louise MCLEAN	51	9.9
2	Kathy GREEN	54	11.8
3	Don MCLEAN	82	12.2
4	Grant WATSON	69	14.0
5	Gordon ONLEY	81	14.9
6	Lloyd NICHOLS	75	17.7

**Heat 2:**

1	Toni MATTERS	48	9.9
2	Paul DURRANT 70m	55	10.6
3	Tracey CARPENTER	50	10.6
4	Andrew FRASER	74	10.8

**800 METRES RUN NOT**

1	Stephen DAY	46	3.08
2	Kathy GREEN	54	3.57
3	Rob BAULCH*	68	3.58

**800 METRES WALK N.O.T**

1	Zac MATTERS	Inv	4.39
2	Toni MATTERS	48	4.52
3	Christopher WORSNOP	59	5.03
4	Leo WATSON	75	5.42
5	Leonie GILLIES	59	5.57
6	Liz WRIGLEY	60	5.58
7	Gary TURNER	63	6.08
8	Brian TAIT	74	6.26
9	Grant WATSON	69	6.45
10	Peter BATTRICK	73	6.50
11	Gordon ONLEY	81	7.75
12	Eddie STACK	82	8.47

1st NOT

**100 METRE SPRINT**

1	Paul DURRANT	55	No
2	Tracey CARPENTER	50	times
3	Louise MCLEAN	51	
4	Andrew FRASER	74	
5	Janet HOLMES	63	
6	Zac MATTERS	Inv	
7	Kathy GREEN	54	
8	Don MCLEAN	82	
9	Scott TEMPANY	50	
10	Lloyd NICHOLS	75	

**EAST BURWOOD 27 OCTOBER 2016 cont****JAVELIN HCP**

Actual

Adjust.

1	Toni MATTERS	48	25.34	37.39
2	Brian TAIT	74	11.68	35.53
3	Andrew FRASER	74	13.15	34.55
4	Jack FREDRICKSON	77	11.44	34.49
5	Tracey CARPENTER	50	13.33	33.58
6	Paul DURRANT	55	22.56	32.06

**200 METRES RUN**

1	Andrew FRASER	74	No
2	Stephen DAY	46	times
3	Tracey CARPENTER	50	taken

**5K HANDICAP HCP RUN**

1	Chris WORSNOP	59	No
2	Rob BAULCH	68	times
3	Stephen DAY	46	
	Leonie GILLIES 3K	59	16.10

**1K OR 5K WALK**

	Zac MATTERS 1K	Inv	No time
	Scott TEMPANY 1K	50	10.46
	Frank PROWSE 5K	64	30.10

**FRANKSTON 13 OCTOBER 2016****80m**

1	Chris Sheedy	48	11.29
2	Russ Dow	57	12.40
3	Veronica Sheedy Inv		12.56

**200m Handicap**

Handicap

1	Russ Dow	57	29.79	6.14m
2	Chris Sheedy	48	30.94	0.0m
3	Charlie Mallia	67	31.04	32.18m
4	Veronica Sheedy Inv		31.55	15.06m
5	Mike Hall	78	31.86	19.66m
6	Ray O'Connor	79	36.43	30.35m
7	Gary Meyer	61	41.74	24.09m

**800m**

1	Mike Thomas	44	2.28
2	Russ Dow	57	2.52
3	Charlie Mallia	67	3.46
4	Caitlin O'Connell	42	3.52
5	Ray O'Connor	79	4.04
6	David Dodson	57	4.12

**800m Walk**

1	Pramesh Prasad	42	3.37
2	Barry Jeffs	68	5.44
3	John Sutton	73	6.07
4	Iwetta Paldus	54 ?	6.14
5	John Hallo	74	6.24
6	Judy Farrell	72	7.02
7	Lindsay Beaton	66	7.05
8	Nonie Chan	31	7.25
9	Kees Zwynenburg	87	7.46

**2400m**

1	Mike Thomas	44	8.39
2	Gary Meyer	61	13.58

**2000m Walk**

1	Barry Jeffs	68	12.23
2	John Sutton	73	15.47
3	John Hallo	74	15.51
4	Kees Zwynenburg	87	20.56

**4000m**

1	Russ Dow	57	16.47
2	Charlie Mallia	67	21.23
3	David Dodson	57	21.42
4	Caitlin O'Connell	42	22.33
5	Frances Halton	55	23.15
6	Nonie Chan	31	24.30
DNF	Chris Sheedy	48	DNF

**3000m Walk**

1	Peter Ellis	65	26.44
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**4000m Walk**

1	Pramesh Prasad	42	20.09
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**FRANKSTON 6 OCTOBER 2016****100m**

1	Bill Carr	67	14.83
2	Graham Kilfoyle	65	15.15
3	Mike Hall	78	16.16
4	Caitlin O'Connell	42	18.22

**150m**

1	Bill Carr	67	21.17
2	Graham Kilfoyle	65	22.00
3	Veronica Sheedy	Inv	24.35

**1200m**

1	Mike Thomas	44	4.02
2	Ray O'Connor	79	6.31
3	Caitlin O'Connell	42	6.43

**800m walk**

1	Pramesh Prasad	42	3.57
2	John Sutton	73	5.54
3	Alan Radford	65	6.59
4	Lindsay Beaton	66	7.15
5	Barry Jeffs	68	7.24

**6 and 10 Lap Spiral Walk**

Laps Clock

1	Pramesh Prasad	42	10	20.40
2	Peter Ellis	65	10	30.16
1	Barry Jeffs	68	6	19.53
2	John Sutton	73	6	20.35
3	Judy Farrell	72	6	23.57

**6 and 10 Lap Spiral**

Laps Clock

1	David Dodson	57	10	23.28
2	Caitlin O'Connell	42	10	24.42
1	Mike Thomas	44	6	9.05
2	Gary Meyer	61	6	14.50

## FRANKSTON 20 OCTOBER 2016

### 90m

1	Peter Biggs	51	11.37
2	Bill Carr	67	13.30
3	Graham Kilfoyle	65	13.63
4	Veronica Sheedy	Inv	17.68
DNF	Chris Sheedy	48	DNF

### 250m

1	Bill Carr	67	39.69
2	Veronica Sheedy	Inv	48.23
3	Charlie Mallia	67	48.50

### 600m Walk

1	Barry Jeffs	68	3.14
2	John Sutton	73	4.33
3	John Hallo	74	4.35
4	Graham Kilfoyle	65	5.01
5	Lindsay Beaton	66	5.11
6	Kees Zwynenburg	87	5.49

### 600m

1	Mike Thomas	44	1.44
2	Charlie Mallia	67	2.28
3	David Dodson	57	2.48
4	Caitlin O'Connell	42	2.50
5	Gary Meyer	61	2.53
6	Veronica Sheedy	Inv	3.07
7	Alan Radford	65	3.08

### 1600m Walk

1	Graham Kilfoyle	64	13.45
2	Alan Radford	65	14.55
3	Kees Zwynenburg	87	16.55

### 2000m

1	Mike Thomas	44	6.58
2	Gary Meyer	61	11.12
3	Ray O'Connor	79	12.16

### 2800m Walk

1	Barry Jeffs	68	20.15
2	Peter Ellis	65	20.16
3	John Sutton	73	22.30
4	John Hallo	74	22.41

### 3000m

1	Charlie Mallia	67	15.34
2	David Dodson	57	15.58
3	Caitlin O'Connell	42	16.41

## FRANKSTON 27 OCTOBER 2016

### 100m

1	Hayley	Inv	13.53
2	Bobby	Inv	15.58
3	Graham Kilfoyle	65	15.95
4	Veronica Sheedy	Inv	16.02

### 200m

#### Heat 1

1	Bobby	Inv	30.55
2	Graham Kilfoyle	65	30.60
3	Charlie Mallia	67	39.22
4	Ray O'Connor	79	49.06

#### Heat 2

1	Veronica Sheedy	Inv	34.20
2	Caitlin O'Connell	42	43.68
3	John Sutton	73	47.34

### 800m Walk

1	John Sutton	73	6.12
2	John Hallo	74	6.19
3	Lindsay Beaton	66	6.58
4	Kees Zwynenburg	87	7.48

### 800m

1	Charlie Mallia	67	3.48
2	Barry Jeffs	68	4.02
3	Gary Meyer	61	4.09
4	Caitlin O'Connell	42	4.23
5	Frances Halton	55	5.45
6	David Dodson	57	5.46

### 12 lap maximum - Run and Walk

				Laps	R/W
1	Charlie Mallia	67	25.14	12	Run
2	Gary Meyer	61	25.18	11	Run
3	Barry Jeffs	68	25.24	11	Run
4	Caitin O'Connell	42	25.50	11	Run
5	David Dodson	57	26.03	11	Run
6	Frances Halton	55	27.33	11	Run
7	Lindsay Beaton	66	25.14	4	Run
1	Peter Ellis	65	27.49	10	Walk
2	Lyn Pimm	55	28.04	10	Walk
3	John Hallo	74	25.36	8	Walk
4	John Sutton	73	26.52	8	Walk
5	Graham Kilfoyle	65	28.04	8	Walk



**GEELONG 5 OCTOBER 2016****3000m**

Rhys Hamill-Beach	11:45
Sharon Pedersen	11:52
Dave Elward	11:57
Montana Jones	13:58
Matt Holmes	14:02
Jill Coyte	17:41

**5000m**

John Everett	20:48
Alan Jenkins	22:49
Jeff Walker	23:10
Zytel Hircoe	25:05
Daryl Hurst	25:06
Grant Baensch	27:11

**1600m**

Rhys Hamill-Beach	05:43
Andy Bruschi	06:13
John Everett	06:28
Robbie Parsons	06:34

**GEELONG 19 OCTOBER 2016****Jeff Walker Handicap 3000m; 18:00 target**

	Gross time	Nett time
Trevor Grenfell	15:35	15:15
Fiona Fitzpatrick	18:14	18:14
Jill Coyte	18:35	17:40

**Jeff Walker Handicap 5000m; 28:00 target**

Matt Petersen	27:10	18:40
Matt Holmes	27:16	22:56
Zytel Hircoe	27:28	24:38
Dave Elward	27:30	19:35
Stephane Vander Bruggen	27:41	19:41
Frank Engelsman	27:43	26:45
Grant Baensch	27:47	26:47
Eric Bumbers	27:43	23:13
Jeff Walker	27:51	22:41
John Everett	27:53	21:33
Alan Jenkins	28:26	22:56
Gerry Fitzpatrick	28:30	23:50
Steve Welsh	28:31	23:51
David Jenkins	29:01	19:01

**GEELONG 12 OCTOBER 2016****300m****Heat 1**

Peter Lamb	44.51	
David Mitchell	47.76	
Andy Bruschi	49.46	Winner
Sharon Pedersen	52.87	
Martin Armour	57.42	

**Heat 2**

John Everett	51.44
Cherie Armour	59.35
Matt Holmes	60.24
Suzanne Blackborrow	61.60

**2400m**

Charlie El-Hage	08:44	
Stephane Vander Bruggen	09:10	
Dave Elward	09:27	
Suzanne Blackborrow	09:41	Winner
John Everett	09:52	
Alan Jenkins	10:24	
Sharon Pedersen	10:35	
Jeff Walker	10:37	
Daryl Hurst	11:15	
Matt Holmes	11:39	
Grant Baensch	12:14	
Frank Engelsman	12:15	
Kath Oliver	12:18	
Chris Colley	13:15	
Fiona Fitzpatrick	13:23	
Jill Coyte	13:27	

**1600m**

Andy Bruschi	06:00
Suzanne Blackborrow	06:37
John Everett	06:43
Alan Jenkins	06:57
Jeff Walker	07:15
Gerry Fitzpatrick	07:16
Matt Holmes	07:27
Daryl Hurst	07:31
<b>Frank Engelsman</b>	<b>08:16</b>
<b>Grant Baensch</b>	<b>08:13</b>

**GEELONG 26 OCTOBER 2016****200m**

John Everett	31.43
Martin Armour	32.17
Cherie Armour	36.27

**2800m**

David Jenkins	09:30
Dave Elward	10:58
John Everett	11:50
Alan Jenkins	12:21
Robbie Parsons	12:28
Jeff Walker	12:29
Steve Welsh	12:45
Daryl Hurst	13:03
Gerry Fitzpatrick	13:54
Grant Baensch	14:13
Kath Oliver	14:30
Frank Engelsman	14:38
Jill Coyte	15:04

**600m**

Dave Elward	02:00
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**1000m**

Rhys Hamill-Beach	02:54
David Jenkins	03:16
Alex Hamilton-Jones	03:25
Andy Bruschi	03:28
John Everett	03:54
Gerry Fitzpatrick	04:14
Alan Jenkins	04:17
Jeff Walker	04:19
Steve Welsh	04:22
Grant Baensch	04:38
Daryl Hurst	04:39
Frank Engelsman	05:07



**GLEN EIRA 4 OCTOBER 2016****RAY KEMP 5KM H/C**

			Sealed	Adj
		Clock	H/cap	Time
CHRIS BROWN	61	24.32	2.00	26.32
PHIL URQUHART	72	29.47	Plus 3.00	26.47
ASHLEY PAGE	76	26.50	GO	26.50
CHRIS GRAFEN	52	22.51	4.00	26.51
CYNTHIA ELLERY	76	32.30	Plus 5.00	27.30
JIM YATOME-CLARKE	73	29.47	1.00	28.47
PETE BATTRICK	73	45	15.30	29.37

**SANDRA MIDDLETON 3KM SLD H/C WALK**

		Clock	Slid H/c
DOMENIC MROINA	77	26.18	28.08
HEATHER CARR	67	16.53	29.15
PETER McGRATH	76	28.13	29.52
JIM BERRINGTON	60	17.59	30.01
PAUL LYNCH		23.25	30.07
TONY DORAN	64	22.42	31.42
BARRY JEFFS	68	26.19	31.44
GREG HUGHES	58	26.08	32.50

**300 MTRS H/C**

		H/cap	Clock	Adj.
BOB WISHART	74	7.0	56.10	49.1
BILL CARR	67	4.0	57.00	53.0
JIM McLURE	70	GO	59.40	59.4

**800 MTRS H/C**

		H/cap	Clock	Adj
RAY O'CONNOR	79	GO	4.02.3	4.02
GREG HUGHES	58	GO	4.05.1	4.05
JANET HOLMES	63	40	4.08.6	3.28

**70 METRES E/T**

		Est	Clock	Diff
GLAD WISHART	72	14.00	13.76	0.24
HEATHER CARR	67	14.20	13.55	0.25
CHRIS BROWN	61	11.10	10.30	0.40
BOB WISHART	74	10.85	9.95	0.95
BILL CARR	67	15.00	13.98	1.02
ALAN RADFORD	65	19	16.88	2.12
JIM McLURE	70	15.3	12.31	2.99

**GLEN EIRA 11 OCTOBER 2016****KEVIN BROWNE 4KM H/C WK 1****CAULFIELD CUP**

		H/cap	Clock
PHIL URQUHART	72	Plus 1.13	23.05
SYD BONE	59	Plus 1.13	23.05
ASHLEY PAGE	76	0.48	23.15
CHRIS CAMPBELL	68	2.00	23.32
CHRIS GRAFEN	52	5.00	23.43

**1600 MTR WALK E/T**

		Est	Clock	Diff
DES MIDDLETON	69	11.3	11.3	0
JIM CRAWFORD	81	16.30	16.32	2
TONY DORAN	64	11.20	11.14	6
DOMENICO MORINA	77	14.25	14.16	9
GREG HUGHES	58	13.00	12.48	12
SANDRA MIDDLETON	67	11.01	11.16	15
PAUL LYNCH	66	12.40	12.23	17
JIM BERRINGTON	60	10.00	9.42	18
PETER McGRATH	77	15.04	14.41	23

**60 MTRS E/T**

		Est	Clock	Diff
GLAD WISHART	72	12.00	12.04	0.04
JIM McLURE	70	10.40	10.32	0.08
JIM ROUNTREE	57	9.50	9.60	0.10
BOB WISHART	74	8.84	9.43	0.59
JIM SINCLAIR	92	12.16	12.80	0.64

**GLEN EIRA 11 OCTOBER 2016 cont****300 MTR SLD H/C**

		H/c	Clock	Adj
JIM McLURE	70	GO	57.35	57.35
JIM ROUNTREE	57	8.19	49.29	58.19
BOB WISHART	74	9.8	49.11	58.91

**700 MTRS E/T**

		Est	Clock	Diff
SYD BONE	59	2.32.0	2.32.0	0.00
JANET HOLMES	63	2.52.0	2.49.7	0.03
RAY O'CONNOR	79	3.25.0	3.17.2	0.08

**GLEN EIRA 18 OCTOBER 2016****80 MTRS E/T**

		Est	Clock	Diff
CHRIS BROWN	61	12.50	12.46	0.04
HEATHER CARR	67	16.00	15.93	0.07
GLAD WISHART	72	15.10	15.3	0.15
JIM ROUNTREE	57	12.50	12.0	0.54
BILL CARR	67	12.40	11.78	0.62
JIM McLURE	70	14.60	13.96	0.64
BOB WISHART	74	12.85	11.62	1.19
ALAN RADFORD	65	19.00	17.14	1.86

**KEVIN BROWNE 4KM H/C WK 2****CAULFIELD CUP**

		Clock	H/c	Adj Time
PHIL URQUHART	72	16.32	Plus 1.30	15.02
SYD BONE	59	16.33	Plus 1.30	15.02
CYNTHIA ELLERY	67	18.57	3.30	15.27
ALAN RADFORD	65	19.38	3.30	16.08
ASHLEY PAGE	76	16.10	0.30	16.40
CHRIS BROWN	61	15.14	1.30	16.44

**4KM WALK**

HEATHER CARR	67	23.11
JIM BERRINGTON	60	23.32
SANDRA MIDDLETON	67	29.40
DES MIDDLETON	69	34.00
EDDY STACK (2 LAPS)		7.47

**2KM WALK**

BARRY JEFFS	68	12.46
GREG HUGHES	58	12.51
ANTHONY DORAN	64	15.31
JOHN ZELENKINOW	66	17.40
DOMENICO MORINA	78	17.43
PETER McGRATH	77	18.35
PETE BATTRICK	73	18.45

**1000 MTRS H/C**

		H/cap	Clock	Adj Time
RAY O'CONNOR	79	GO	5.06.7	5.06.7
JANET HOLMES	63	50.00	5.12.6	4.22.6
GRAHAM STOCKDALE	74	50.00	5.13.0	4.23.0
CHRIS BROWN	61	55.00	5.20.3	4.25.3

**60 MTRS E/T**

		Est	Clock	Diff
ALAN RADFORD	65	12.00	11.99	0.01
BOB WISHART	74	8.90	8.99	0.09
JIM ROUNTREE	57	9.50	9.17	0.33
GLAD WISHART	72	12.15	11.78	0.37
JIM McLURE	70	12.36	10.42	1.94

**80 MTRS E/T**

		Est	Clock	Diff
CHRIS BROWN	61	12.50	12.46	0.04
HEATHER CARR	67	16.00	15.93	0.07
GLAD WISHART	72	15.10	15.3	0.15
JIM ROUNTREE	57	12.50	12.0	0.54
BILL CARR	67	12.40	11.78	0.62
JIM McLURE	70	14.60	13.96	0.64
BOB WISHART	74	12.85	11.62	1.19
ALAN RADFORD	65	19.00	17.14	1.86

**GLEN EIRA 18 OCTOBER 2016 cont****300 MTRS H/C**

	H/c	Adj
<b>WEEK 3</b>	Secs	Clock
BOB WISHART	74	7.0 55.37 48.37
JIM ROUNTREE	57	7.0 55.96 48.96
BILL CARR	67	7.0 57.37 50.37
JIM McLURE	70	GO 59.42 59.42

**GLEN EIRA 25 OCTOBER 2016****60 MTRS E/T**

	Est	Clock	Diff
ALAN RADFORD	65	12.00 11.99	0.01
BOB WISHART	74	8.90 8.99	0.09
JIM ROUNTREE	57	9.50 9.17	0.33
GLAD WISHART	72	12.15 11.78	0.37
JIM McLURE	70	12.36 10.42	1.94

**KEVIN BROWNE 4KM H/C FINAL****CAULFIELD CUP**

	Clock	H/cap	Adj Time
HARRY GOH (INV)	36	25.08 GO	25.08
PHIL URQUHART	72	28.41 Plus 2.00	26.41
SYD BONE	59	28.42 Plus 2.00	26.41
CYNTHIA ELLERY	67	32.19 Plus 5.30	26.49
GRAHAM STOCKDALE	74	28.22 Plus 1.00	27.22
MERLE WANT	55	29.01 Plus 0.30	28.31
ASHLEY PAGE	76	28.39 GO	28.39
JANE STURZAKER	63	32.46 Plus 1.00	31.46
KAREN MONOHAN	50	28.25 (10-1/2 Laps)	
BARRY JEFFS (3KM)	68	28.25	

**1500 MTRS E/T**

	Est	Clock	Diff
HARRY GOH (INV)	36	7.00 6.46.3	13.70
CHRIS BROWN	61	7.10 6.49.2	20.80
BARRY JEFFS	68	9.00 8.38.9	21.10
RAY O'CONNOR	79	7.55 8.18.3	23.30

**WALK 5 LAPS SPIRAL E/T****START LANE 2**

	Est	Clock	Diff
PETE BATTRICK	73	18.30 18.37	0.07
JIM BERRINGTON	60	12.55 13.04	0.09
TONY DORAN	64	15.21 15.07	0.14
JOHN ZELEZNIKOW		18.00 17.40	0.20
ALAN RADFORD	65	18.30 18.51	0.21
DES MIDDLETON	69	18.30 17.41	0.49
SANDRA MIDDLETON	67	16.40 15.05	1.35

**400 MTRS H/C**

	H/c	Clock	Adj
JIM McLURE	70	GO 1.21.1	81.10
JIM ROUNTREE	57	14.00 1.23.4	69.40
JANET HOLMES	63	GO 1.25.02	85.02
BOB WISHART	74	12 1.25.03	73.03

**KNOX 5 OCTOBER 2016****800m walk**

Liz Eastwood	47	4.59
Karl Piatek	40	6.01
Hank Kuys	62	6.02
Melanie Bissett	40	6.12
Glenn Claiden	62	6.45
Gary Stopar	69	7.21
Paul Twining	67	7.23
Bob Henderson	70	7.24
Chas McCrae	84	7.25
Sarah Thorne	37	7.25
Peter Thorne	68	7.27
Anne McPherson	60	7.28
Mick Carr	63	7.29
Evelyn Kuys	59	7.42
David Wear	70	7.43
Peter LeGet	82	7.44

**100m**

Geoff Whitehall	67	15.23
Melanie Bissett	40	18.2

**Doug Orr half mile handicap – final**

Ryan Clark	DQ 40	3.14
Bob Henderson	70	3.1
David Wear	70	3.44
Paul Durrant	55	2.47
Glenn Claiden	DQ 62	3.37
Liz Eastwood	1st 47	3.04
Sarah Thorne	2nd 37	3.57
Peter Thorne	3rd 68	3.57

**4x200m relay**

Paul Durrant	55	
Ryan Clark	40	
Gary Stopar	69	
Melanie Bissett	40	2.21
Mark Harris	48	
Geoff Whitehall	67	
Michelle Quan	47	
Helen Stanley	61	2.26

**Distance event**

Geoff Whitehall	1k 67	5.25
Bob Henderson	2.2k 70	11
Gary Stopar	69	11.1
Karl Piatek	40	
Liz Eastwood	3k 47	13.42
Hank Kuys	62	14.16
Michelle Quan	47	14.28
Ryan Clark	40	14.3
Glenn Claiden	62	14.53
Stephen Richards	55	15.12
Mick Carr	63	15.25
David Wear	70	15.35
Paul Twining	5k 67	20.5
Helen Stanley	61	23.34
Sarah Thorne	37	28.11
Peter LeGet	82	31.4

**KNOX 12 OCTOBER 2016****800m walk**

Karl Piatek	40	6.2
Anne McPherson	60	7.19
Jack Durrant	19	7.2
Glenn Claiden	62	7.21
Andrea Putting	53	7.29
Pauline Paine	38	7.37
Tim Loveday	52	7.38
Mick Carr	63	7.38
Paul Twining	67	7.4
Matt Morris	50	7.4
Peter LeGet	82	7.53

**60m**

Jack Durrant	19	8.18
Paul Durrant	55	8.51
Geoff Whitehall	67	9.14
Mike Rennie	34	9.34
Andrea Putting	53	11.55

**200m**

Paul Durrant	55	5.56	
Geoff Whitehall	67	6.02	- Winner
Peter Thorne	68	6.50	- 3rd

**150m**

Paul Durrant	55	22.93
Geoff Whitehall	67	23.82

**4lap spiral – NOT**

Mike Rennie	34	5.56	
Matt Morris	50	6.02	1st
Helen Stanley	61	6.5	3rd
Tim Loveday	52	7.05	
Stephen Richards	55	7.3	
Mark Harris	48	7.44	
Glenn Claiden	62	7.51	
Mick Carr	63	7.54	
David Wear	70	7.57	2nd
Michelle Quan	47	8.08	
Sarah Thorne	37	8.26	
Karl Piatek	40	8.35	
Brain Mee	79	8.44	
Pauline Paine	38	9.01	
Peter Thorne	68	9.01	
Peter LeGet	82	9.05	

**4000m**

Matt Morris	50	16.09
Paul Twining	67	16.1
Tim Loveday	52	17.48
Mike Rennie	34	17.49
Helen Stanley	61	18.55
Mick Carr	63	20.06
David Wear	70	20.35
Stephen Richards	55	21.12
Michelle Quan	47	21.17
Sarah Thorne	37	21.36
Brian Mee	79	21.55

**KNOX 19 OCTOBER 2016****Shotput**

Paul Durrant	55	9.54
Tracey Carpenter	50	7.29
Glenn Claiden	62	6.26
Karl Piatek	40	6.24
Andrea Putting	53	5.85
Chris Pritchard	53	5.48

**70m handicap**

Karl Piatek	40	5.4
Paul Durrant	55	6.07
Geoff Whitehall	67	6.59
Andrea Putting	53	7.15
Peter Thorne	68	7.16

**800m walk**

Liz Eastwood	47	5.4
Karl Piatek	40	6.07
Sarah Thorne	37	6.59
Anne McPherson	60	7.15
Glenn Claiden	62	7.16
Mick Carr	63	7.29
Bob Henderson	70	7.3
Tim Loveday	52	7.31
Paul Twining	67	7.47
Graem Leticq	61	7.47
Chas McCrae	84	7.53
Andrea Putting	53	8.09
Maggie Hawkes	60	8.11
Ian Willet	50	8.15

**5k handicap**

Tim Loveday	52	21.19
Brain Mee	79	27.19
Sarah Thorne	37	27.13
Paul Twining	67	20.45
Graeme Leticq	61	20.17
Liz Eastwood	47	22.46
Helen Stanley	61	22.18
Mick Carr	63	25.01
Ian Willett	50	30.45
Nicola Van Reenan	44	26.33
Michelle Quan	47	25.22
Heath Scott	36	30.02
Maggie Hawles 6.5laps	60	18.1
Bob Henderson 3k	70	14.11
Glenn Claiden 3k	62	15.11

**KNOX 26 OCTOBER 2016****Javelin**

Mark Harris	48	22.30m
Ian Willett	50	18.61
Alex Willett	inv	18.34
Tracey Carpenter	50	15.18
Chris Pritchard	53	14.49
Andrea Putting	53	10.73

**100m handicap**

Karl Piatek	41	14.11sec
Andrea Putting	53	14.39
Mike Rennie	35	14.67
Paul Durrant	55	15
Tracey Carpenter	50	15.44
Sarah Thorne	37	15.78
Melanie Bissett	40	18.88

**3x400m walk relay**

Ian Willett	50	8.17
Sarah Thorne	37	
Matt Morris	50	
Tim Loveday	52	8.19
Melanie Bissett	40	
Karl Piatek	41	
Ryan Clark	40	9.59
Pauline Paine	38	
Graeme Leticq	61	
Andrea Putting	53	10
David Wear	70	
Peter Thorne	68	
Anne McPherson	60	10.01
Chas McCrae	84	
Glenn Claiden	62	

**800m**

Matt Morris	50	2.33
Tim Loveday	52	2.44
Ryan Clark	40	3.28
David Wear	70	3.34
Glenn Claiden	62	3.35
Michelle Quan	47	3.53
Pauline Paine	38	3.58
Melanie Bissett	40	4.27

**200m**

Paul Durrant	55	28.44
Matt Morris	50	32.57
Tracey Carpenter	50	33.83
Mark Harris	48	38.07
Melanie Bissett	40	42.49

**Melbourne Cup – 3.2k or 6.4k**

Karl Piatek	4laps	41	9.17
Tim Loveday	3.2k	52	12.37
Graeme Leticq		61	12.45
Glenn Claiden		62	16.02
Michelle Quan		47	16.41
Sarah Thorne		37	16.43
David Wear		70	17.29
Peter Thorne		68	17.29
Pauline Paine		38	19
Ian Willett		50	20.13
Matt Morris	6.4k	50	28.1
Ryan Clark		40	39.39

**MENTONE 5 OCTOBER 2016****800m Walk E.T.**

			Clock	Diff
1	John Mathew	79	7.59	-0.01
2=	Sylvia Machin	75	5.32	0.02
2=	Geoff Barrow	67	5.14	0.02
4	Pam Mews	81	7.53	0.03
5	Janette Atkins	63	6.21	0.06
6	John Morrison	76	6.33	0.33

**600m E.T.**

			Clock	Diff
1	Avril Britter	57	2.51.3	4.30
2	Ashley Page	76	2.57.5	-5.50
3	Sandra Wynne	65	2.46.2	6.20
4	Jeanne Bryan	74	2.53.5	-6.50
5	David Dodson	57	2.39.4	-10.60
6	Kuni Bowden	50	2.18.2	-11.80
7	Helen Bryan	46	2.33.5	-26.50
8	Katie Gibson	Inv	2.33.2	-26.80

**100m E.T. \*Agg Event\***

			Clock	Diff
1	Avril Britter	57	18.19	-0.01
2	Sandra Wynne	65	18.54	-0.21
3	Bob Wishart	74	14.98	-0.32
4	Ross Kent	74	17.56	-0.44
5	John Mathew	79	24.18	-0.82
6	Helen Bryan	46	16.88	-1.12
7	Katie Gibson	Inv	16.62	-1.38
8	Jeanne Bryan	74	21.71	1.71

**2 Miles E.T. \*Agg Event\***

			Clock	Diff	Pts
1	Ashley Page	76	17.39	0.05	7
2	Avril Britter	57	17.51	-0.09	5
3	Sandra Wynne	65	17.21	-0.24	4
4	David Dodson	57	16.31	-0.29	3
5	Kuni Bowden	50	14.11	0.31	2
6	John Kneen	74	20.55	-1.05	1

**2000m Walk Self H/cap \*Agg Event\***

			Clock	Actual	Pts
1	Ian Cassell	63	21.47	13.46	7
2	Geoff Barrow	67	21.51	13.36	5
3	Sylvia Machin	75	22.04	13.59	4
4	John Mathew	79	23.09	23.09	3
5	John Zeleznikow	66	23.19	18.29	2
6	Mizuki Kurihara	Inv	23.50	18.50	
DQ	Janette Atkins	63		1.10	1

**MENTONE 12 OCTOBER 2016****400m Walk E.T.**

			Clock	Diff
1=	John Mathew	79	3.43	0.03
1=	John Morrison	76	2.52	-0.03
3	Janette Atkins	63	3.04	-0.06
4	Sonya McLennan	64	2.38	-0.08

**900m E.T.****Point Score Series 1**

			Clock	Diff
1	Col Waring	70	3.44.1	-0.09
2	Katie Gibson	Inv	4.19.4	9.40
3	Helen Bryan	46	4.19.9	11.90
4	Ashley Page	76	4.56.5	12.50
5	David Dodson	57	4.24.9	14.90

**110m E.T.**

1	Helen Bryan	46	18.88	-0.12
2	Glad Wishart	72	22.27	0.27
3	Katie Gibson	Inv	18.62	-0.38
4	Bob Wishart	74	16.86	1.16
5	John Mathew	79	28.78	2.38

**MENTONE 12 OCTOBER 2016 cont****3 Laps/ 6 Laps Road E.T.** Clock Diff**3 Laps - 2.5 Km**

1	John Kneen	74	24.22	3.22
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**6 Laps - 5 Km**

1	David Dodson	57	27.01	-0.29
2	Ashley Birrell	71	27.25	1.40
3	Sonya McLennan	64	27.25	-2.05

**1500m/ 5000m Walk E.T.** Clock Diff**1500m**

1=	Ian Cassell	63	10.43	-0.17
1=	John Morrison	76	11.47	0.17
3	Pam Mews	81	13.52	-0.24
4	Joan Clarke	81	13.51	-0.29
5	John Mathew	79	18.13	2.13

**5000m**

1	Janette Atkins	63	41.32	0.42
2	Sylvia Machin	75	36.00	0.45
3	Margaret Beaumont	78	45.20	-4.80

**MENTONE 19 OCTOBER 2016****600m Walk E.T.** Clock Diff

1	Janette Atkins	63	4.41	-0.04
2	Sylvia Machin	75	4.04	-0.06
3	Sonya McLennan	64	3.48	-0.16
4	Ian Beaumont	80	5.20	0.30
5	John Mathew	79	5.40	0.55

**300m H/cap** Clock Metres

1	Bob Wishart	74	43.13	31	@
2	John Mathew	79	45.06	135	
3	Glad Wishart	72	45.53	99	
4	Ross Kent	74	47.50	71	

**1500m Self H/cap****Point Score Series 2** Clock Actual

1	Avril Britter	57	8.03.6	7.48.6
2	David Dodson	57	8.11.6	7.23.6
3	Col Waring	70	8.18.6	6.42.6
DQ	Sandra Wynne	65		7.32.0
DQ	Nikolaj Djordjevic	Inv		4.56.2
DQ	Ashley Page	76		7.45.4
DQ	Helen Bryan	46		7.03.3
DQ	Katie Gibson	Inv		7.08.0

Series Winner - Col Waring @

**70m E.T.** Clock Diff

1	Graeme Noden	78	10.84	-0.06
2	Avril Britter	57	13.13	-0.09
3	Peter Biggs	51	9.03	0.33
4	Sandra Wynne	65	12.87	-0.63
5	Katie Gibson	Inv	11.35	-0.65
6	Glad Wishart	72	13.93	1.03
7	John Mathew	79	17.86	1.06
8	Helen Bryan	46	11.65	-1.35
9	Ross Kent	74	12.36	1.36
10	Bob Wishart	74	9.49	-1.51

**4 Km Self H/cap** Clock Actual

1	Sandra Wynne	65	27.21	22.16
2	Avril Britter	57	27.27	22.23
3	David Dodson	57	27.46	22.06
4	John Kneen	74	28.06	28.06
DQ	Ashley Birrell	71		19.03
DQ	Sonya McLennan	64		22.03

**MENTONE 19 OCTOBER 2016 cont****5 Lap Spiral Walk E.T.** Clock Diff

1	Janette Atkins	63	16.56	-0.04
2	Geoff Barrow	67	14.05	0.05
3	Ralph Bennett	74	12.13	-0.17
4	Joan Clarke	81	19.53	-0.21
5	Sylvia Machin	75	15.01	-0.29
6	Ian Cassell	63	14.49	0.49
7	Jeanne Bryan	74	18.54	0.54
8	John Mathew	79	25.35	3.05

**MENTONE 26 OCTOBER 2016****800m Walk E.T.** Clock Diff

1	Janette Atkins	63	6.33	0.03
2	John Mathew	79	8.05	0.05

**1200m E.T. \*Agg Event\*** Clock Diff

1	Avril Britter	57	6.12.0	-3.00
2	Mike Thomas	44	3.51.2	-3.80
3	Col Waring	70	5.08.1	7.10
4	Kuni Bowden	50	4.46.4	8.60
5	Ashley Birrell	71	4.54.9	-15.10
6	Ashley Page	76	5.58.8	-17.20
7	David Dodson	57	6.29.6	19.60
8	Sandra Wynne	65	5.51.8	-23.20
9	Katie Gibson	Inv	6.15.6	45.60
10	Helen Bryan	46	6.15.2	50.20

**200m E.T.** Clock Diff

1	Glad Wishart	72	45.46	0.46
2	Bob Wishart	74	30.39	1.09
3	Ross Kent	74	38.03	3.03
4	Helen Bryan	46	40.29	3.29
5	Avril Britter	57	39.74	3.38
6	John Mathew	79	57.40	3.40
7	Sandra Wynne	65	39.96	3.46
8	Katie Gibson	Inv	53.06	16.06

**3.336 Km E.T.** Clock Diff

1	Sandra Wynne	65	18.14	-0.06
2	Kuni Bowden	50	14.31	-0.14
3	Ashley Birrell	71	16.19	-0.26
4	Avril Britter	57	19.16	0.31
5	Ashley Page	76	18.02	-0.34
6	Mike Thomas	44	12.06	-0.49
7	David Dodson	57	20.00	2.00

**3000m Walk E.T.** Clock Diff

1	Janette Atkins	63	25.47	1.47
2	John Mathew	79	36.30	2.30

**SPRINGVALE 5 OCTOBER 2016****120 metres**

Helen ANDERSON		18.70
Mick COLGAN	65	22.40
Juan PEREZ	77	24.30
Lindsay OXENHAM	67	24.60
Jim SINCLAIR	92	26.40

**800 metres**

		actual	hcp
Neil GRAY	68	2.55.8	1m05s
Les WILLIAMS	60	2.28.4	1 35
Alan BENNIE	69	3.04.0	1 00
Lindsay OXENHAM	67	3.29.9	0 35
Bill IRVINE	68	3.22.5	0 45
Paul WINTERTON	62	3.25.7	0 43
Lou BUCCIERI	61	3.25.5	0 50

**SPRINGVALE 5 OCTOBER 2016 cont**

Ray O~CONNOR	79	4.02.2	0 17
Claudio RIGA	61	3.27.7	0 53
Juan PEREZ	77	4.26.2	0 00
Mick COLGAN	65	4.11.6	0 20

**2000 metres walk**

Tony DORAN	64	13.27	
Celia JOHNSON	69	14.41	
Mick DAVIN	66	17.33	
Paul MULLINS 4 km	76	29.12	

**4000 metres run**

Juan PEREZ	77	26.19	
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**6000 metres run**

Howard REES	69	29.30	
Claudio RIGA	61	30.20	

**SPRINGVALE 12 OCTOBER 2016****200 metres**

		actual	hcp
Mike HALL	77	33.60	25 sec
Juan PEREZ	77	41.10	18.00
Helen ANDERSON		31.80	28.00
Jim SINCLAIR	91	46.60	14.00
Mick COLGAN	65	44.20	19.00

**1600 metres**

Neil GRAY	68	6.50	
Claudio RIGA	61	7.39	
Bill IRVINE	68	7.40	
Paul WINTERTON	61	8.10	
Ray O~CONNOR	79	9.09	

**5000 metres run**

		actual	hcp
Alan BENNIE	69	23.39	6m05s
Lou BUCCIERI	61	24.56	5 10
Helen ANDERSON		24.12	6 15
Ian TREGAR	66	28.21	2 15
Claudio RIGA	61	25.51	5 30
Mick COLGAN	65	29.27	2 40
Juan PEREZ	77	33.04	0
Ernie JEFFS	71	30.23	
Tony DORAN	64	30.30	
Ron LITTLE	73	30.31	
Pam THOMAS	66	30.40	
John ABEL	66	30.53	
Steve SELICK		30.58	
John MANNING	70	31.46	
Natalie IRVINE	69	32.22	
Bill IRVINE	68	32.22	

**SPRINGVALE 19 OCTOBER 2016****2000 metres walk or 3100 metres road run**

Tony DORAN	64	13.19	
Paul MULLINS	76	14.16	
Howard REES	69	14.43	
Lou BUCCIERI	61	15.11	
Claudio RIGA	61	15.34	
Celia JOHNSON	69	15.39	
Dennis PHILLIPS	74	15.59	
Rob CLUTTERBUCK	63	16.04	
Mick COLGAN	65	16.04	
Judy DAVISON	80	16.55	
Alison DEVINE	60	18.14	
Pam THOMAS	66	19.35	
Juan PEREZ	77	19.36	

**SPRINGVALE 19 OCTOBER 2016 cont**

Brian LYNCH	80	19.54	
Peter BATTRICK	73	20.07	
Natalie IRVINE	69	21.55	
Bill IRVINE	68	21.55	
Bill FOURKIOTIS	74	22.26	
Eric NEGROS	53	22.32	

**70 metres**

Helen ANDERSON		10.90	
Mike HALL	77	11.70	
Mick COLGAN	65	12.70	
Juan PEREZ	77	13.60	
Lew JENKINS	71	14.00	

**800 metres**

		actual	hcp
Ray O~CONNOR	79	3.44.0	0m15s
Alan BENNIE	69	2.57.4	1 02
Lou BUCCIERI	61	3.17.1	0 45
Les WILLIAMS	60	2.27.1	1 37
Paul WINTERTON	62	3.26.4	0 43
Bill IRVINE	68	3.21.0	0 50
Mick COLGAN	65	3.52.6	0 22
Neil GRAY	68	3.10.6	1 06
Juan PEREZ	77	4.20.8	0 00
Claudio RIGA	61	3.27.1	0 54

**SPRINGVALE 26 OCTOBER 2016****Eric Greaves Memorial Final**

		actual	hcp
5000 metres run			
Alan BENNIE	69	23.28	6m25s
Howard REES	69	23.45	6 35
Lou BUCCIERI	61	25.01	5 20
Ian TREGAR	66	28.49	2 10
Juan PEREZ	77	31.45	0 00
Mick COLGAN	65	27.58	3 48

**100 Metres Handicap**

		clock
Mick COLGAN	65	14.40
Juan PEREZ	77	14.50

**300 Metres**

Paul WINTERTON	62	1.03.0
Ray O~CONNOR	79	1.08.3
Mick COLGAN	65	1.10.9
Lou BUCCIERI	61	1.13.5

**1500 Metres**

Neil GRAY	68	6.23.5
Paul MULLINS	76	8.01.5

**3000 metres walk**

John MANNING	70	29.22
Peter BATTRICK	73	30.02
Ernie JEFFS	69	30.03
Celia JOHNSON	69	30.36
Brian LYNCH	80	30.38
Tony DORAN	64	30.50
Natalie IRVINE	69	31.20
Dennis PHILLIPS	74	32.25
Eric NEGROS	53	32.47
Kelly DAVIDSON	37	32.47
Anand THILLAISUNDARAM	40	32.48
Steve SELICK		33.37
Ron LITTLE	73	33.37
Rob CLUTTERBUCK	63	33.36

# DECEMBER PROGRAMS

THURS DEC 1	COBURG	120M HCP	PUDDING MILE	2/6 LAPS OPTION	MEMORIAL NIGHT	
	EAST BURWOOD	60M/ SHOT PUT	600M	1500M HCP	110HCP	5K HCP
	FRANKSTON					
MON DEC 5	DONCASTER	1200M W/R JAV	100M/ 200M	600M	2K WALK/RUN	
	CASEY					
TUES DEC 6	COLLINGWOOD					
	CROYDON	DISC/ 1K WALK	17.4 SEC	800M W/R	RELAY 300M	2/4/6/8K 2/4K WALK
	GLEN EIRA					
WEDS DEC 7	ABERFELDIE	110M	1000 AG	200M	3/5K	
	GEELONG	ALAN FOOT 800M	2800M	1600M		
	MENTONE	600M WALK ET	1500M ET	200M ET	RELAY 2X 4 LAPS	3/5 LAPS ROAD ET
	KNOX	LJ / 800M	60M	400M HCP/ 110M	1 MILE	3/5K COMBINED TEAMS
	SPRINGVALE					
THURS DEC 8	COBURG	100M	1500M/1K WALK	200M	2/4K RUN/WALK	
	EAST BURWOOD	60M/ DISCUS	1500M	800M NOT	400M NOT	XMAS DINNER
	FRANKSTON					
MON DEC 12	DONCASTER	800M	100M	150M	400M/300M HURDLES	1,3,5K W/R
	CASEY					
TUES DEC 13	COLLINGWOOD					
	CROYDON	SP/ 1500W HCP FIN	80M	1K	2X200M	15 LAP MAX R/W NOT
	GLEN EIRA					
WEDS DEC 14	ABERFELDIE	XMAS BREAK UP				
	GEELONG	300M	3000M	800M		
	MENTONE	800M WALK ET	800M S/H	60M ET/ 400M ET	3K ET	2/4K ET
	KNOX	XMAS PARTY	DINNER			
	SPRINGVALE					
THURS DEC 15	COBURG	110M	1200M	200M	3K RUN/WALK	
	EAST BURWOOD	AV SHIELD				
	FRANKSTON					
MON DEC 19	DONCASTER	LJ	100M/ JAV	200M/ SP	400M/ DISCUS	1500/800 W/R
	CASEY					
TUES DEC 20	COLLINGWOOD					
	CROYDON	JAV NOD/ 1500W	100M NOT	1500M NOT	400M NOT	RUN/WALK OWN DIST.
	GLEN EIRA					
WEDS DEC 21	ABERFELDIE					
	GEELONG	6K	3K	CROSS COUNTRY	END OF YEAR BBQ	
	MENTONE	400M WALK ET	1600M S/H	150M ET	4 LAPS S/H	RELAY 2X400M
	KNOX	2X400M RELAY	80M/110M HCP	600M	DOG LOOP RELAY	AWARDS NIGHT
	SPRINGVALE					
THURS DEC 22	COBURG	XMAS PROGRAMS	XMAS MEAL NIGHT			
	EAST BURWOOD	NO PROGRAM				
	FRANKSTON					
MON DEC 26	DONCASTER	120M GIFT	1000M	200M	400m	1500m w/r
	CASEY					
TUES DEC 27	COLLINGWOOD					
	CROYDON					
	GLEN EIRA					
WEDS DEC 28	ABERFELDIE					
	GEELONG					
	MENTONE	600M WALK ET	1000M ET	100M HCP	5K ET	2K ET
	KNOX	DISCUS/ 800M	70M HCP/ 150M	100M	800M HCP	4/6K
	SPRINGVALE					
THURS DEC 29	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON DEC 30	DONCASTER					
	CASEY					
TUES DEC 31	COLLINGWOOD					
	CROYDON					
	GLEN EIRA					