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# FOOTPRINTS



APRIL 2017

**ONE IS UNBEATABLE,  
THE OTHER JUST CAN'T BE BEATEN**



Photo : DOUG SMITH



Photo : EMMANUEL TARDI

**THESE GALS BOTH BROKE WORLD RECORDS AT DAEGU  
ALL THE DAEGU RESULTS INSIDE  
ALL THE RESULTS FROM THE VIC MASTERS CHAMPS TOO  
NO SUCH THING AS A FREE LUNCH ? -  
APRIL 23 AT DUNCAN MCKINNON DO THE 3000M**

## Editorial

Just as well most of you get this newsletter on-line. It's much lighter. The others will struggle to carry the paper version from their letterbox. At 60 pages this is the biggest ever Footprints.

Most of you will know about the two ladies on the cover and their exploits in Daegu at the World Indoor Championships. Heather Carr walked 2 fab races and broke the World Indoor Record in the 3000 metres. Then Lavinia, who had been really sick just a few weeks before stepped up and did the same in the 3000m run. I tell you, you've got to be tough and talented to beat these two. No one seems to get near them.

And then we have the Victorian Masters Championships last weekend at Doncaster. We were getting a bit worried that we didn't have enough troops to hold them given that so many people were away in Sydney for the Open Champs. We do want to thank Ross Cunningham, Craig Morrow, Craig Wallace, Hugo Hicks, David Armstrong and all the wonderful Officials for really stepping up and putting on such a smooth running event. Lots of our members did long, long sessions helping out as well.

The bloke everyone is talking about is Bob Wishart. Get onto YouTube and have a look at one of Bob's runs. I give the link on P.17.

April 23rd !!!

That's the day you should be saving. Come along to Duncan McKinnon Reserve, run the VMA 3000m and then come into the schmick new clubrooms and have a free lunch and attend a bright and breezy AGM. You know you can nominate for positions. It will probably be tomorrow or the next day before you get to P.53, but there you will find a Nomination form.

We, your Club, have purchased a camera. We decided that no longer could we take a chance that someone would come up with photos of our events. Now, we need one or more people who would like to help out with photography at our events. Annette Oakley used the camera a lot on the weekend and the photos you see in this edition were taken by her. Thanks, Annette.

*It's lovely day for a run,*

*Everyday is,*

*Russ Dickenson*

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FOOTPRINTS is free to download and a great way to spread the message of what is happening in our sport. We invite everyone who may be interested in Masters Athletics to read it. If you have friends who are not members of our club but may like it, please share the link.

## NAG FILE

### Athletes Moving into a New Age Group

Helen Anderson	into W55
Julie Aylward	into W45
Michael Barrand	into M65
Jeanne Bryan	into W75
Joseph Campisi	into M60
Michael Clapper	into M65
Anthony Doran	into M65
Robert Dunning	into M60
Heidi Engel	into W75
John Hallo	into M75
Ann Holcombe	into W70
Russell Johnson	into M65
Greg Lovejoy	into M75
Campbell McLennan	into M45
Greg Moore	into M65
Grant Murfett	into M50
Sharon Pedersen	into W45
Emma Phillips	into W30
Kevin Solomon	into M70
Ron Stobaus	into M80
Graham Stockdale	into M75
Doug Stokes	into M65
Robert Tribuzio	into M55
Nicola Van Reenen	into W45
Richard Wearmouth	into M65

# Masterpieces

Did you NOT enter the Victorian Masters T&F Championships because of difficulties in entering on-line ?

I have spoken to someone who had trouble and then didn't bother to enter.

I have also spoken to several people who had trouble on-line but then rang A.V. and were very happy with how quickly and how courteously they sorted things out.

On-line entries save a lot of work for those putting on events and should be better for entrants as well - providing they can do so easily.

Please let me know of your experiences  
whether you did or didn't enter

*Russ Dickenson 0418 333 569 [dicko@inet.net.au](mailto:dicko@inet.net.au)*

Alan Bryant of Warrnambool lost a pair of Nike Long Jump shoes at Doncaster during the Championships last weekend. They are in a blue shoe bag which is of special significance to Alan. It has two badges on it, one is from the Australian Masters Games held in Geelong. Contact Alan on 0438620708

## What's On

any queries on VMA running races can be directed to our Secretary  
Phil Urquhart 0419357823 or [secretary@vicmastersaths.org.au](mailto:secretary@vicmastersaths.org.au)

### 2017

- April 23 VMA 3000m Championship/Lunch/AGM - *Duncan McKinnon Athletic Track*
- April 21-30 World Masters Games - *Auckland New Zealand - ENTRIES CLOSED*
- April 26 Peter Colthup 5 Mile Self Handicap - *Dolamore Oval, Mentone - 7.15pm*
- May 9 2017 VMA 10k Track Championship - *George Knott Reserve, Clifton Hill*
- June 9-12 AMA Track and Field Championships - *Arafura Stadium Marrara Darwin NT*  
*<http://ntmastersathletics.com.au/>*
- June 15 The John Gosbell Memorial 5km Teams Run - *East Burwood Venue - 7.40*
- June 25 VMA 20k Walk Championship - *Middle Park - 8.30 am - Enter on day or thru VRWC site*
- June TBA 2017 VMA Cross Country Championship - *George Knott Reserve, Clifton Hill*
- July 22 VMA 10k Walk Championship - *Middle Park - 2.15pm - Enter on day or thru VRWC site*
- July TBA 2017 VMA 10k Road Race (Eric Greaves Mem.) *Braeside Park, Braeside - Enter on day*
- August 6 AMA 20k Walk Championship - *Adelaide Harriers Clubrooms, Adelaide Parklands*
- August TBA 2017 VMA 10 Mile Road Race - *Brimbank Park -*
- September 3 2017 VMA Half Marathon - *Burnley - Entries AV Website*

### 2018

- TBA World Masters Athletics T&F Championships - *Malaga, Spain*  
*[www.rfea.es/competi/2018\\_Malaga\\_WMA/](http://www.rfea.es/competi/2018_Malaga_WMA/)*

# Masterpieces

I was lap scoring for Mark Purvis in the 5k at the Vic Champs and he hit every single lap on 90 sec exactly. Well maybe a second out a few times (but I adjusted that). Then a 1.28 last lap.

## CLUB CAPTAIN

We still need someone to take over the role of Club Captain.

You don't necessarily need to be competing, it is more an administrative and ceremonial role.

You would need to manage entries and attend the 5 Browne Shield events and report on results.

You would be welcome to be involved with our AV Shield and Cross Country teams but David Sheehan and Shane Draper are handling those.

Contact Phil Urquhart 0419357823



## YES WE DID !!!

### WE HAD OUR VMA DAY at LILLYDALE LAKE PARKRUN

About 40 Vic Masters athletes turned up at Lillydale on 4 March for the VMA day.

There were also 7 helpers (organised by Ian Uren) to make it all go smoothly.

We prepared a special brochure inviting parkrunners to attend a local VMA Venue and, well, Croydon has got one new member !!

**INVITE US TO YOUR PARKRUN -  
WE WANT TO DO FOUR PER YEAR !!**

There were some of our regulars who apologised for not being at Lillydale on the day as 80 year old Bill Page was doing his 200th parkrun at Highlands and they were going there.



*Bill Page*

## Masterpieces

Rob Italia is something of a male Kim Kardashian on social media. If he is not the “Selfie King” then he is pretty close. These are his recent conquests. All of them champion athletes.



With a Jamaican Sprinter



With Jason Akermanis



With Sebastian Coe



With Asafa Powell

# VMA IN



In the last Footprints we told you of the terrific result our Men's 40+ team had had in making the Final of the AV Shield.

In the Final we were up against the powerhouse teams of Box Hill, Diamond Valley, Essendon, Glenhuntly and composite regional teams. In spite of having only 11 competitors we were very close to snatching 3rd place.

Men 40+	Score
Box Hill	11,153
Diamond Valley	10,325
Essendon	9,407
<b>Vic Masters</b>	<b>8,880</b>
Bendigo	8,276
Keilor St Bernards	7,042
Glenhuntly	6,453
Knox	5,675
Doncaster	5,527
Geelong	4,797
Ballarat	2,488

We are pretty pleased with ourselves and would like to thank David Sheehan and Shane Draper for their efforts in recruiting team members and organising things

## ANDY SALTER RELAY 2017

The 34th running of the Andy Salter relay was held at Springvale/Noble Park on February 1st. By far the longest running inter venue event on the Masters calendar it remains popular with competitors from 8 venues attending. A very pleasant evening which really was one out of the box for running saw some impressive performances. There were a total of 18 run teams and 5 walk teams as well as a number of officials and supporters. Such a good crowd made for an enjoyable evening with the usual post mortems over supper. After having their winning streak stopped by Mentone last year, there was an expectation that Knox would be seeking revenge. As so it turned out with Knox prevailing despite a determined effort from Mentone. It is fair to say there was much jubilation in the Knox camp.



Results were

- 1st Knox (Julie Matthew Morris, Shane Grund, Helen Stanley, Mike Rennie) - 46.04
- 2nd Mentone (Michael Bishop, Kuni Bowden, Julie Aylward, Michael Thomas) - 47.27
- 3rd Knox No. 2 (Liz Eastwood, Graeme Leticq, John Graham, Tim Loveday) - 49.05
- Fastest female - Elizabeth Dornom (Glen Eira) - 11.18
- Fastest male - Shane Grund (Knox) - 10.06

In the estimated time category the local Springvale team of Claudio Riga, Tony Johnson, Howard Rees and Lou Buccieri was a mere 2 seconds out. The walkers were not so accurate in their estimation with the winners being a composite Glen Eira/Croydon team of Heather Carr, Greg Hughes and Russ Dickenson 64 seconds out just 1 second better than a Springvale team.

After the event a sumptuous supper was enjoyed and the usual convivial conversation took place. Many thanks to the Springvale crew for organising the supper (particularly Celia Johnson as chief co-ordinator) and the officials for recording etc. As usual our members do a great job and make life easy for the venue manager.

Alan Bennie - Venue Manager, Springvale/Noble Park

## ANDY SALTER RELAY 2017

### KNOX 1

Matthew MORRIS	51	11.33	
Shane GRUND	35	10.06	
Helen STANLEY	60	13.27	
Mike RENNIE	35	10.58	
estimated 45.23 dif. 0m41s			46.04

### MENTONE

Michael BISHOP	45	10.32	
Kuni BOWDEN	51	12.59	
Julie AYLWARD	44	12.23	
Michael THOMAS	45	11.31	
estimated 46.30 dif. 0m57s			47.27

### KNOX 2

Liz EASTWOOD	47	13.53	
Graeme LETICQ	62	12.03	
John GRAHAM	67	11.46	
Tim LOVEDAY	51	11.23	
estimated 49.08 dif. 0m03s			49.05

### CROYDON

Tony DELL	54	12.09	
Sheila FANNING	42	14.14	
Grant MURFETT	49	12.11	
Colin PAGE	62	12.46	
estimated 52.10 dif. 0m50s			51.20

### GLEN EIRA

Chris GRAFEN	52	12.45	
Andrew EDWARDS	63	12.54	
Michael CLAPPER	64	14.42	
Elizabeth DORNOM	34	11.18	
estimated 51.39 dif. 0m12s			51.51

### SPRINGVALE

Shane DAVIN		11.13	
Christopher DAVIN		13.32	
Jamie DAVIN		14.35	
Shane DAVIN		11.33	
estimated 55.45 dif. 4m52s			50.53

### EAST BURWOOD

Paul EARLE	53	13.18	
Sam DEFANIS	68	14.06	
Chis WORSNSP	59	14.16	
Peter DODGSHUN	64	13.51	
estimated 56.20 dif. 0m49s			55.31

### KNOX - TEAM HAPPY

Paul TWINING	67	12.29	
Mick CARR	63	14.18	
Hank KUYIS	62	15.11	
Pauline PAINE	38	18.05	
estimated 58.30 dif. 1m33s			60.03

### FRANKSTON

Chis SHEEDY	48	13.08	
Rob TAYLOR	48	12.50	
Gary MEYER	62	17.20	
Frances HALTON	55	17.05	
estimated 62.20 dif. 1m57s			60.23

### STH PENINSULA

Alan BRADFORD	65	20.20	
Ian ORR	65	14.15	
Greg LOVEJOY	74	14.36	
Russell DOW	57	12.03	
estimated 60.34 dif. 0m40s			61.14

### GLEN EIRA - GO GIRLS

Janice McKERRON	56	14.15	
Janet HOLMES	63	15.28	
Megan GOOEY	39	16.14	
Heather CARR	67	15.37	
estimated 62.00 dif. 0m26s			61.34

### SPRINGVALE - BILLY`S BOYS

Lindsay OXENHAM	67	16.07	
Bill IRVINE	68	15.27	
Cec McKEOWN	77	16.55	
Dave TALBOT	62	14.57	
estimated 64.40 dif. 1m14s			63.26

### SPRINGVALE - TRUMP CARDS

Claudio RIGA	61	16.03	
Tony JOHNSON	76	18.13	
Howard REES	69	14.18	
Lou BUCCIARI	61	15.18	
estimated 63.50 dif. 0m02s			63.52

### KNOX - BOB`S BEAUTIES

Bob HENDERSON	70	14.01	
Michelle QUAN	47	15.04	
Sarah THORNE	37	15.38	
Annabelle YOUNG	48	19.34	
estimated 66.40 dif. 2m33s			64.17

### GLEN EIRA - TRUMP

Graham STOCKDALE	74	16.51	
Bill CARR	67	16.57	
Phil URQUHART	72	16.56	
Chris BROWN	64	14.26	
estimated 68.00 dif. 2m50s			65.10

### KNOX - GLEN MAGGIES

Glenn CLaidEN	49	15.50	
Nicola VAN REENAN	44	15.10	
Peter THORNE	68	16.43	
Maggie HAWKES	61	21.08	
estimated 69.21 dif. 0m30s			68.51

### SPRINGVALE - GONE SAINTS

Tony DORAN	64	17.42	
Tom GALLAGHER	67	16.51	
Chris MURPHY	58	13.53	
Mick DAVIN	66	29.54	
estimated 72.30 dif. 5m50s			78.20

### GLEN EIRA - PETER`S FUN

Peter BENCE	67	13.57	
Jim McLURE	71	20.18	
Judy WINES	79	23.51	
DID NOT FINISH			



### WALK TEAMS

#### GLEN EIRA / CROYDON

Heather CARR	67	10.48	
Geg HUGHES	58	13.51	
Russ DICKENSON	71	12.10	
estimated 35.45 dif. 1m04s			36.49

#### FRANKSTON

Pramesh PRASAD	42	9.16	
John SUTTON	73	15.15	
Graham KILFOYLE	65	16.16	
estimated 42.04 dif. 1m17s			40.47

#### CROYDON

Gary TURNER	63	15.04	
Liz WRIGLEY	61	14.55	
Paul MORITZ	57	13.32	
estimated 44.45 dif. 1m14s			43.31

#### SPRINGVALE - FRIGHTFUL 3

Penny HALL	76	14.59	
Celia JOHNSON	69	14.56	
Tony DORAN	64	14.19	
estimated 45.54 dif. 1m40s			44.14

#### SPRINGVALE - NAT`S BOYS

Peter ELLIS	66	12.40	
Natalie IRVINE	71	18.25	
Brian LYNCH	82	18.38	
estimated 50.48 dif. 1m05s			49.43

#### Fastest Female

Elizabeth DORNOM 11.18

#### Fastest Male

Shane GRUND 10.06

#### Est Time Winners SPRINGVALE

TRUMP CARDS 02 seconds

#### 100 Metre Sprint

Jack DURRANT 12.30

Evan THOMSON 12.60

Paul DURRANT 13.20

Mike HALL 16.30

# RESULTS - 2017 VMA T & F Pentathlon Championship

## Held 5/03/2017

### Duncan Mackinnon Athletic Track

The 2017  
Victorian Masters  
Athletics  
T&F Pentathlon  
Champs

Duncan Mackinnon Athletics  
South Road, Moorabool  
JURONG 18th MARCH  
11:00 Check in for 12:00 Meet

MEN	Points	LJ	JT	200	DT	1500
<b>M40</b>						
1 Featherston, David		5.84m	42.28m	25.81	30.37m	4:58.58
M42 Team Points: 10	<b>3019</b>	(666)	(528)	(638)	(533)	(654)
<b>M40</b>						
2 Akermanis, Jason		5.55m	36.60m	26.15	26.45m	5:24.40
M40 Team Points: 8	<b>2602</b>	(595)	(439)	(611)	(447)	(510)
<b>M42</b>						
3 Pramesh, Prasad		3.77m	25.30m	30.91	16.92m	5:37.23
M42 Team Points: 6	<b>1459</b>	(222)	(264)	(282)	(246)	(445)
<b>M45</b>						
DNF Scholes, Matthew		3.70m	22.95m	DNS	DNS	DNS
M47		(250)	(256)	(0)	(0)	(0)
<b>M50</b>						
1 Dell, Tony		3.94m	22.80m	32.14	19.42m	5:43.48
M54 Team Points: 10	<b>1781</b>	(352)	(271)	(329)	(269)	(560)
<b>M60</b>						
1 Watts, Andrew		4.85m	35.27m	28.16	39.10m	6:23.23
M61 Team Points: 10	<b>3331</b>	(771)	(587)	(741)	(696)	(536)
<b>M60</b>						
2 McConnell, David		4.34m	23.41m	28.69	28.76m	6:09.33
M64 Team Points: 8	<b>2726</b>	(608)	(343)	(701)	(475)	(599)
<b>M64</b>						
DNF Clapper, Mike		3.75m	23.08m	DNS	DNS	DNS
M64		(435)	(336)	(0)	(0)	(0)
<b>M65</b>						
1 Aspinall, Denis		4.22m	26.14m	31.28	26.00m	6:18.22
M69 Team Points: 10	<b>2851</b>	(675)	(454)	(602)	(469)	(651)
<b>M65</b>						
2 Whitehall, Geoff		3.69m	16.17m	31.28	19.24m	6:56.62
M68 Team Points: 8	<b>2138</b>	(502)	(233)	(602)	(317)	(484)
<b>M65</b>						
3 Prowse, Frank		2.99m	18.66m	38.56	18.18m	6:54.03
M65 Team Points: 6	<b>1575</b>	(297)	(287)	(203)	(294)	(494)
<b>M67</b>						
DNF Ford, Graham		DNS	DNS	DNS	DNS	DNS
M67		(0)	(0)	(0)	(0)	(0)
<b>M70</b>						
1 Dickenson, Russ		2.46m	DNF	37.97	17.11m	8:12.53
M71 Team Points: 10	<b>1143</b>	(214)	(0)	(310)	(307)	(312)
<b>M75</b>						
1 Leong, Tom		2.72m	20.28m	36.61	20.28m	9:11.47
M75 Team Points: 10	<b>1977</b>	(363)	(419)	(491)	(446)	(258)
<b>M75</b>						
2 Fraser, Andrew		2.71m	14.60m	37.94	16.25m	9:37.47
M75 Team Points: 8	<b>1573</b>	(360)	(266)	(420)	(334)	(193)



## **The John Gosbell Memorial 5km Teams Run**

### **To be held at East Burwood Venue**

### **Thursday 15th June 2017, 7:40pm**

This year marks the twelfth running of this very popular event in memory of John Gosbell, a former Life Member of VMA and manager of East Burwood venue. John was very much loved, admired and respected by those who knew him. This race has become a fitting tribute to his legacy. We invite all members of Victorian Masters Athletics to this special event to be held in John's memory.

#### **Prize Categories**

- Fastest Male
- Fastest Female
- Best Age-Graded Male Performance
- Best Age-Graded Female Performance
- Medals for winning team members for 1<sup>st</sup> and 2<sup>nd</sup> Division as per below
- 6 spot prizes decided by place disc draw

#### **Eligibility**

1<sup>st</sup> Division teams are to be of four runners (at least one runner must be female)

2<sup>nd</sup> Division teams are to be of four runners (at least one runner must be female)

Shield winners decided by placing (Not Times). The team with the lowest number of points in each division is the winner. Venue teams are based on placings over the finish line. Venues may have more than one team entered. Each venue shall have one team in 1<sup>st</sup> Division. If a venue has more teams the remaining teams will be in 2<sup>nd</sup> Division. The venue teams are encouraged to wear venue singlets. Team members must be current financial VMA members. If unable to be fitted into a venue team, individuals may compete and be eligible for individual prizes but do not figure in team results.

**Entry Fees:** \$20 per team or \$5 per individual. Pay on the night.

**Program** – Also included on the night are:

- |        |               |
|--------|---------------|
| 7:00pm | 80m sprint    |
| 7:00pm | Discus        |
| 7:15pm | 1200m walk    |
| 7:35pm | 100m handicap |

Enquiries to Christopher Worsnop (VMA East Burwood Venue Manager)

0403 910 183      Christopher.WORSNOP@austin.org.au

# RESULTS - VMA 5000m Race Walk Championships.

## Sun 19 February 2017

Venue: George Knott Athletic Field, 143 Heidelberg Rd, Clifton Hill

The Victorian Racewalking Club hosted the Victorian Masters 5000m track walk championships in Clifton Hill on Sunday morning. Club president Stuart Cooper tells me it was cool but rainy squalls in the final hour made conditions a little tougher. Well done to our many Victorian Masters medallists.

### 5000m Walk Masters Women

W35

1. Sandra Geisler 27.54

W45

1. Michelle Laufer 27.22

W50

1. Sandra Howorth 38.03

W55

1. Pam Tindal 27.13

2. Donna Elms 30.58

W60

1. Alison Thompson 32.32

W65

1. Heather Carr 28.34

2. Celia Johnson 37.15

W70

1. Gwen Steed 34.03

W75

1. Beverley Hugo 42.45

W80

1. Pam Mews 52.36

### 5000m Walk Masters Men

M40

1. Rupert Van Dongen 32.00

M 45

1. Stuart Kollmorgen 23.48

2. David Smyth 26.35

M50

1. Bernie Keirl 29.13

M55

1. Simon Evans 27.17

2. Paul Moritz 33.12

3. Albin Hess 34.08

DQ Greg Hughes

M60

1. Clyde Riddoch 34.49

2. Anthony Doran 35.02

M70

DQ Andrew Jamieson

M75

1. Gunther Ilgoutz 33.52

M80

1. Bob Gardiner 34.05

2. Colin Silcock-Delaney 44.27



## THE 2017 VICTORIAN MASTERS ATHLETICS 3000M CHAMPIONSHIP

*Followed by Lunch and AGM*

**SUNDAY 23 APRIL 2017**

**ONLINE ENTRIES ONLY** - Entries close 19th April  
<https://www.registernow.com.au/secure/Register.aspx?E=24168>

**Duncan McKinnon Reserve**

North Road, Murrumbeena

**Start :** 11.30 (check in 30 min before)

**Lunch :** 12.30

**AGM :** 1.00 (in the new Duncan McKinnon Rooms)

All VMA members and partners/friends are invited to attend the AGM and complimentary lunch to be held in the new pavilion following the race. Anyone interested in joining the Committee can nominate on the form included in the February issue of Footprints.



This man, Chris Estwanik, ran the New York Half Marathon in a business suit. Not only that. He finished 55th out of 20,000 runners in a time of.....1:11.36. Apparently he had two marriage proposals along the way



# PETER COLTHUP 5 MILES SELF HANDICAP

An invitation is extended by the Mentone Venue to all Masters to take part in the 23rd Annual PETER COLTHUP 5 Miles (8.045km) Road Self Handicap to be held on Wednesday April 26th 2017 at Dolamore Reserve, Mentone (Melway 87 B6).

You will have the opportunity to add your name to the illustrious past winners of the most handsome trophy in Masters Athletics - a magnificently crafted perpetual trophy carved by Louis Waser.



Medals will also be awarded to placegetters and there will also be fastest time medals for M40+ and W35+.

You will also be helping to remember Peter Colthup and the tremendous contribution that he made to Victorian Masters.

The 5 Miles Self Handicap will be held as part of the regular Mentone Wednesday night competition. The program will be as follows :-

- 6.40 500m E.T. Walk
- 6.50 300m E.T. Sprint
- 7.00 600m E.T. Run
- 7.15 Road Peter Colthup 5 Miles Self Handicap
- 7.20 120m E.T.
- 7.30 5 Lap Spiral E.T. Walk on track
- 8.30 Supper and Presentations

Entry fee of \$3.00 to be paid on the night.

To facilitate handicapping the event will be conducted on a Self Handicap basis whereby you provide the starter with your estimated time for 5 miles and you will be started on the basis of your estimate but to deter an athlete seeking an advantage by submitting a slow time placegetters must not run more than 40 seconds faster than their estimate otherwise they will not be eligible for prizes.

Marge Colthup, Luke (Peter's grandson) and the Mentone members look forward to your participation in this special Masters event.

## VMA THROWS PENTATHLON CHAMPIONSHIP

### Duncan Mackinnon Athletic Track 19 March 2017

		Points	HT	SP	DT	JT	WT
W40							
1	Johansen, Nicole	3081	33.36m 694	9.34m 553	32.82m 588	29.47m 549	11.24m 697
W50							
1	Pfanner, Judy	3675	37.98m 905	10.79m 767	33.37m 729	28.54m 620	10.68m 654
2	Buttigieg, Linda	3337	42.24m 1026	8.75m 597	23.84m 487	23.60m 496	11.74m 731
3	Howorth, Sandra	2733	31.40m 718	7.92m 528	22.13m 445	19.02m 382	10.77m 660
4	Lamb, Heather	2137	26.32m 575	6.95m 449	18.65m 359	15.56m 297	7.97m 457
W55							
1	Bridle, Chris	2802	28.39m 704	7.58m 554	19.17m 418	19.12m 433	10.27m 693
2	Messerle, Narelle	2635	22.03m 510	8.40m 629	20.53m 454	20.35m 467	8.79m 575
W65							
1	Learmont, Bev	2317	17.51m 489	6.11m 539	15.64m 425	13.36m 369	7.57m 495
2	Mussett, Lorraine	1746	17.18m 477	5.24m 444	10.39m 253	9.10m 225	5.73m 347
W70							
1	Dundas, Rhondda	3569	27.03m 972	7.79m 824	18.26m 606	12.01m 386	10.01m 781
2	Rose, Astrid	2824	22.15m 765	6.18m 625	14.42m 455	12.67m 412	7.65m 567
W75							
1	Kinsey, Jane	2344	19.49m 642	5.36m 518	12.01m 385	9.95m 339	6.76m 460
W80							
1	Worrell, Val	3379	22.56m 905	6.16m 712	16.17m 669	10.34m 440	8.18m 653

## VMA THROWS PENTATHLON CHAMPIONSHIP 2017

### Duncan Mackinnon Athletic Track 19 March 2017

		Points	HT	SP	DT	JT	WT
	M45						
1	Carrol, Pat	3019	34.20m 551	12.12m 763	31.33m 619	39.14m 527	10.18m 559
	M50						
1	Connell, Nick	2902	41.02m 654	11.97m 730	32.13m 520	27.63m 355	12.76m 643
2	Dell, Tony	1372	17.62m 206	6.51m 344	18.40m 250	23.69m 286	6.68m 286
	M55						
1	Wrzuszczak, Peter	2680	35.99m 632	9.03m 574	27.36m 472	26.20m 371	11.74m 631
2	Coumaros, Peter	2032	DNF 0	9.75m 629	25.72m 436	30.17m 447	9.99m 520
	M60						
1	Olsson, Paul	3333	42.16m 762	10.69m 688	33.43m 574	30.48m 487	15.85m 822
2	Peska, Stan	2999	29.62m 492	12.30m 811	36.47m 639	30.12m 480	11.74m 577
3	Riddoch, Clyde	1978	24.46m 382	7.67m 460	28.85m 477	21.54m 306	7.88m 353
	M65						
1	Neale, John	2313	27.12m 508	7.70m 514	25.88m 467	21.20m 343	9.43m 481
	M70						
1	Rose, Graeme	3358	36.09m 716	10.86m 722	28.01m 580	30.32m 603	13.18m 737
2	Young, Peter	3071	27.80m 518	11.25m 753	30.43m 642	26.88m 517	11.71m 641
3	Tonelli, Didimo	2534	26.53m 488	8.53m 541	21.28m 409	28.21m 550	10.24m 546
	M75						
1	Christodoulou, Geo	2017	21.14m 429	6.56m 436	20.36m 448	14.95m 275	7.80m 429
2	Jupp, Trevor	1980	18.36m 355	7.57m 521	18.54m 397	15.97m 302	7.45m 405
	M80						
1	Hancock, Tom	4825	40.54m 1105	11.35m 918	33.40m 973	28.18m 723	16.42m 1106
2	Knight, George	2046	23.50m 575	6.18m 444	14.58m 347	10.62m 192	8.16m 488
	M85						
1	Clark, Russell	1802	14.06m 370	5.42m 434	11.26m 309	9.47m 203	7.34m 486
2	Davey, Jim	1459	15.00m 404	4.17m 309	9.88m 258	7.85m 150	5.50m 338
DNF	Staecker, Harry		21.17m 627	6.42m 535	16.09m 492	16.10m 431	DNS 0

# AUSTRALIA TOPS MEDAL TALLY IN DAEGU

As is usual, the Australians competing at the World Masters Indoor Championships in Daegu, South Korea put in a spectacular performance in finishing first on the Medal Table even though our team was not the biggest.

Some great performances by the Vics with both Lavinia Petrie and Heather Carr setting new World Indoor Records in winning their events.

Of course, Jimmy Sinclair starred with 3 Gold medals.

<b>M75 60 m</b>	
Preliminaries	
10 Wood, Allan	11.09
<b>M90 60 m</b>	
1 Sinclair, James	13.56
<b>M75 200 m</b>	
Preliminaries	
10 Wood, Allan	39.48
<b>M90 200 m</b>	
1 Sinclair, James	50.13
<b>M45 400 m</b>	
Preliminaries	
1 Wilcox, Andrew	55.17Q
Semi-Finals	
2 Wilcox, Andrew	54.64Q
Finals	
3 Wilcox, Andrew	52.99
<b>M75 400 m</b>	
5 Wood, Allan	1:45.13
<b>M90 400 m</b>	
1 Sinclair, James	2:11.16
<b>W70 800 m</b>	
1 Petrie, Lavinia	3:10.27
<b>M55 800 m</b>	
Preliminaries	
7 Lawrence, Scott	2:22.40q
Finals	
4 Lawrence, Scott	2:18.13
<b>M65 800 m</b>	
Preliminaries	
4 Solomon, Kevin	2:44.13Q
Finals	
4 Solomon, Kevin	2:32.50
<b>W70 1500 m</b>	
1 Petrie, Lavinia	6:22.44
<b>M35 1500 m</b>	
3 Dinneen, Stephen	4:04.97
<b>M55 1500 m</b>	
2 Lawrence, Scott	4:38.51
<b>M65 1500 m</b>	
3 Herridge, John	5:14.42



<b>W70 3000 m</b>		
1 Petrie, Lavinia	12:54.89R	
<b>M35 3000 m</b>		
1 Dinneen, Stephen	8:52.41	
<b>M55 3000 m</b>		
15 Evans, Simon	12:07.22	
<b>M65 3000 m</b>		
2 Herridge, John	11:03.41	
3 Solomon, Kevin	11:04.09	
<b>M65 8000 m</b>		
2 Herridge, John	32:39.00	+Team Gold
4 Belaabed, Yassine	33:10.00	+Team Gold
<b>M65 Half Marathon</b>		
2 Belaabed, Yassine	1:27:53.00	
<b>W70 4x200 m Relay</b>		
1 Australia 'A'		2:49.19
1) Parrish, Noreen 75		2) Harris, Frances 75
3) Petrie, Lavinia 73		4) Hampson, Jean 71
<b>M40-99 4x200 m Relay</b>		
3 Australia 'A'		1:38.52
1) Gibbons, Geoffrey 40		2) Wilcox, Andrew 48
3) Parkinson, Gary 49		4) Telfer, Ken 49
<b>M75 High Jump</b>		
4 Wood, Allan	1.05m	
<b>M70 Pole Vault</b>		
1 Schillinger, George	2.90m	
<b>M75 Long Jump</b>		
6 Wood, Allan	2.60m	
<b>W50 Shot Put</b>		
3 Singh, Rajwinder	11.75m	
<b>M75 Javelin</b>		
-- Wood, Allan	FOUL	
<b>W65 3000 m Walk</b>		
1 Carr, Heather	16:57.96R	
<b>M55 3000 m Walk</b>		
7 Evans, Simon	15:33.87	
<b>M70 3000 m Walk</b>		
1 Jamieson, Andrew	16:24.18	
<b>W65 10000 m Walk</b>		
1 Carr, Heather	59:39.00	+Team Gold
<b>M55 10000 m Walk</b>		
5 Evans, Simon	54:13.00	
<b>M70 10000 m Walk</b>		
1 Jamieson, Andrew	55:14.00	

**RESULTS**  
**2017 VICTORIAN MASTERS**  
**TRACK & FIELD CHAMPIONSHIPS**  
**HELD 25 & 26 MARCH**  
**TOM KELLY ATHLETICS COMPLEX - DONCASTER**

Everything went swimmingly - or should we say athletically ? - on the weekend at the Victorian Masters T&F Championships with a swag of Victorian and some Australian Records being broken. Thirteen athletes broke Victorian records in the 60m alone, but only 9 of those will be able to claim the records as the others were minor placegetters. In the M40 60m, all three placegetters were under the previous record time.

Bob Wishart accounted for 3 Australian records in his 3 sprints and went very close to the M75 World Records in the 60m and 100m. There is a YouTube clip under "Doncaster Masters" that shows Bob running the 100m <https://youtu.be/b3iHbuilpGI> It is quite amazing.

Athletes moving into a new age group will often break records, and this was the case with 2011 Sacramento World Champion Rob Mayston who broke the Victorian M60 records in his pet events, the 200m and 400m.

We really did have pretty much everything go right after some worrying moments with so many officials and Athletics Victoria staff members being in Sydney for Nationals. VMA was thrilled with the job that the skeleton AV Staff did together with the AV Volunteers. Furthermore, the VMA members chipped in and helped wherever needed. The weather was onside as well with 2 beautiful days.

To prove age is no barrier in masters athletics M80 Brian Greaves set a new Vic record in the 80m Hurdles, the Long Jump and High Jump. That High Jump record was matched by Tom Hancock. Tom broke the Weight throw record, won the Hammer, and then set a new record in the Discus and the Shot. Hard to win an event in the "Eighties".

Vic Masters awards two perpetual trophies at the Championships. The Wal Sheppard Trophy for the M60 Men's 800m which was won for the second year by Michael Barrand and the Mike O'Neill Trophy for the best Age Graded 1500m, male or female. This was won by John Graham. John had two battles with our new Colombian member Luis Alirio Aponte Villamarin. In the Steeplechase, Luis led the whole way and because he was jumping the barriers while John was climbing over them, he would gain about 5 metres. John would then whittle this back in the run until Luis would gain another 5 metres. In the end, Luis prevailed.

### Other Outstanding Performances

James Atkinson put in two excellent runs. Winning the M50 1500m and 5000m in quick times. Vivienne Cash was very fast in her three sprint wins and broke the Victorian record in the 60m. Similarly, Ken Bruce had three great sprint runs and got close to Bob Wishart's State Record in the 200m. Also picking up a "Hat Trick" of sprints wins was Sonya Pollard with a State Record in the 60m.

### The Newcomers

Three times Commonwealth Games representative, Gabrielle Neighbour, in her first Masters competition set a new Victorian W30 Hammer record. We hope you enjoyed the friendly Masters atmosphere Gabrielle.

Sprinter Jessica Dux made the most of her first Masters Championships with 4 Golds ( 3 in the sprints) one silver and one bronze medal.

Another strong debut performance was by Shane Grund in the M35 5000m

# RESULTS

## 2017 VICTORIAN MASTERS TRACK & FIELD CHAMPIONSHIPS

HELD 25 & 26 MARCH  
TOM KELLY ATHLETICS COMPLEX - DONCASTER

### 60 Meter Dash

#### W80 Women 60 Meter Dash

*Vic Masters Rec: V 13.67 2007 Gwen Davidson, Hobart*

1	Coppock, Shirley	W81	VMA	12.39V	NWI	87.17%
2	Dezward, Gloria	W80	VMA	12.69V	NWI	85.11%

#### W70 Women 60 Meter Dash

*Vic Masters Rec: V 10.17 2010 Jan Morrey, Murrumbidgee*

1	Aughey, Carolyn	W74	VMA	13.08	NWI	71.64%
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#### W65 Women 60 Meter Dash Vic

*Vic Masters Rec: V 10.55 2009 Jan Morrey, Box Hill*

1	Cash, Vivienne	W65	VMA	9.86V	NWI	90.26%
2	James, Janine	W69	VMA	9.94V	NWI	89.54%
3	Gourlay, Marlene	W65	GLENHUNTLY	11.30	NWI	78.76%

#### W60 Women 60 Meter Dash

*Vic Masters Rec: V 9.91 2012 Vivienne Cash, Doncaster*

1	Tweedie, Margaret	W62	VMA	9.44V	NWI	90.15%
2	Monk, Leanne	W60	VMA	9.74V	NWI	87.37%
3	Kirby, Karen	W61	CHILWELL	10.84	NWI	78.51%

#### W55 Women 60 Meter Dash Vic

*Vic Masters Rec: V 9.10 2012 Margaret Tweedie, Albert Park*

1	Bridle, Christine	W59	WAVERLEY	9.68	NWI	84.30%
2	Armstrong, Maggie	W55	VMA	11.58	NWI	70.47%

#### W50 Women 60 Meter Dash

*Vic Masters Rec: V 9.01 2007 Dorn Jenkins, Hobart*

1	Pollard, Sonya	W50	VMA	8.84V	NWI	88.57%
2	Sammartino, Melissa	W50	RINGWOOD	9.22	NWI	84.92%
3	Buttigieg, Linda	W52	WAVERLEY	9.35	NWI	83.74%
4	McClean, Louise	W52	GLENHUNTLY	9.89	NWI	79.17%
5	Lamb, Heather	W53	BRUNSWICK	11.62	NWI	67.38%

#### W45 Women 60 Meter Dash

*Vic Masters Rec: V 8.56 2010 Linda Buttigieg, Perth*

1	Kenshole, Gaelyne	W46	DIAMOND VALL	9.60	NWI	78.44%
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#### W40 Women 60 Meter Dash

*Vic Masters Rec: V 8.04 2012 Narelle Lehmann, Albert Park*

1	Wilson, Heather	W41	VMA	9.22	NWI	78.74%
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#### W35 Women 60 Meter Dash

*Vic Masters Rec: V 8.96 2010 Sharon Pedersen-Jones, Murrumbidgee*

1	Lester, Rhiannon	W37	VMA	9.26	NWI	75.59%
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#### W30 Women 60 Meter Dash

*Vic Masters Rec: V 8.12 2012 Angela Phillips, Albert Park*

1	Dux, Jessica	W32	ATH NUNA	8.52	NWI	81.22%
2	Mitchell, Kylie	W34	WENDOUREE	8.64	NWI	80.09%
2	Carpinteri, Rhianna	W31	GIPPSLAND	8.64	NWI	80.09%

#### M85 Men 60 Meter Dash

*Vic Masters Rec: V 12.51 2007 Ken Matchett, Hobart*

1	Coffey, Leo	M87	VMA	11.15V	NWI	89.33%
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*Sonya Pollard*

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M80 Men 60 Meter Dash

*Vic Masters Rec: V 9.82 2010 Leo Coffey, Murumbeena*

1	Howes, John	M81	VMA	11.71	NWI	78.39%
2	McClean, Don	M83	VMA	12.03	NWI	76.31%
3	Stobbe, Dirk	M80	VMA	13.31	NWI	68.97%

### M75 Men 60 Meter Dash

*Vic Masters Rec: V 9.3h 2008 Leo Coffey, East Burwood*

1	Wishart, Robert	M75	MENTONE	8.67V	NWI	99.65%
2	Noden, Graeme	M79	VMA	9.56	NWI	90.38%
3	Hall, Michael	M78	VMA	9.98	NWI	86.57%
4	Oakley, Russell	M77	VMA	10.03	NWI	86.14%
5	Kent, Ross	M75	VMA	11.21	NWI	77.07%

### M65 Men 60 Meter Dash

*Vic Masters Rec: V 8.19 2009 Bob Wishart, Box Hill*

1	Bruce, Ken	M65	DIAMOND VAL	8.47	NWI	93.15%
2	Rosevear, Philip	M67	VMA	8.73	NWI	90.38%
3	Whitehall, Geoffrey	M68	EAGLEHAWK	9.31	NWI	84.75%
4	Prowse, Frank	M65	DONCASTER	11.63	NWI	67.84%

### M55 Men 60 Meter Dash

*Vic Masters Rec: V 7.81 2009 Paul Turner, Box Hill*

1	Hilditch, John	M55	VMA	8.00	NWI	91.88%
2	O'Keeffe, Gregory	M57	VMA	8.01	NWI	91.76%
3	Maguire, Norman	M56	STH MELB	9.53	NWI	77.12%

### M50 Men 60 Meter Dash

*Vic Masters Rec: V 7.5h 2007 Paul Turner, Corio*

1	Ritchie, Colin	M52	ESSENDON	7.99	NWI	88.99%
2	Tribuzio, Robert	M54	VMA	8.11	NWI	87.67%
3	Italia, Rob	M51	VMA	8.15	NWI	87.24%
4	Hennessy, Gary	M54	COBURG HAR	8.25	NWI	86.18%
5	Skene, Gerard	M53	BALL YCW	9.37	NWI	75.88%

### M45 Men 60 Meter Dash

*Vic Masters Rec: V 8.03 2009 Ivan Dodin, Box Hill*

1	Dobrzynski, Stewart	M46	VMA	7.81V	NWI	88.22%
2	Golonka, Kurt	M47	GLENHUNTLY	8.22	NWI	83.82%
3	Langdon, Antony	M48	EAGLEHAWK	8.32	NWI	82.81%
DNF	Murfett, Grant	M49	VMA			

### M40 Men 60 Meter Dash

*Vic Masters Rec: V 7.50 2010 Andrew Wilcox, Box Hill*

1	Phelan, Leigh	M41	GLENHUNTLY	7.26V	NWI	92.01%
2	Harper, Mark	M41	ESSENDON	7.48V	NWI	89.30%
3	Maurer, Brett	M41	ESSENDON	7.50V	NWI	89.07%
4	Giglio, Mark	M44	ESSENDON	7.56	NWI	88.36%
5	Rowsell, Scott	M41	DIAMOND VAL	7.70	NWI	86.75%
6	White, Gavin	M43	VMA	7.76	NWI	86.08%
7	Mierisch, Paul	M40	DONCASTER	8.15	NWI	81.96%
8	Newman, Alexander	M42	GLENHUNTLY	8.23	NWI	81.17%

### M30 Men 60 Meter Dash

*Vic Masters Rec: V 8.07 2010 Robert Vidler, Murrumbidgee*

1	Taylor, Shaun	M31	CASEY CARD	7.53V	NWI	84.86%
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### 100 Meter Dash

### W80 Women 100 Meter Dash

*Vic Masters Rec: V 19.93 2003 Gwen Davidson, Canberra*

1	Coppock, Shirley	W81	VMA	20.36	NWI	80.26%
2	Dezward, Gloria	W80	VMA	21.70	NWI	75.30%



*Bob Wishart*

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### W70 Women 100 Meter Dash

*Vic Masters Rec: V 15.90 1993 Gwen Davidson, Murrumbeena*

1	Aughey, Carolyn	W74	VMA	21.86	NWI 64.87%
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### W65 Women 100 Meter Dash

*Vic Masters Rec: V 15.26 2005 Jan Morrey, Murrumbeena*

1	Cash, Vivienne	W65	VMA	16.23	NWI 82.99%
2	James, Janine	W69	VMA	16.73	NWI 80.51%
3	Gourlay, Marlene	W65	GLENHUNTLY	18.11	NWI 74.38%

### W60 Women 100 Meter Dash

*Vic Masters Rec: V 14.42 2012 Kathy Heagney, Doncaster*

1	Tweedie, Margaret	W62	VMA	15.49	NWI 83.21%
2	Monk, Leanne	W60	VMA	15.72	NWI 82.00%
3	Kirby, Karen	W61	CHILWELL	17.75	NWI 72.62%

### W55 Women 100 Meter Dash

*Vic Masters Rec: V 14.10 1999 Anne Stobaus, Murrumbeena*

1	Bridle, Christine	W59	WAVERLEY	15.62	NWI 79.07%
2	Orelli, Cathy	W55	CHILWELL	16.43	NWI 75.17%
3	Armstrong, Maggie	W55	VMA	19.45	NWI 63.50%
4	Hovey, Julie	W55	ALBURY	19.50	NWI 63.33%

### W50 Women 100 Meter Dash

*Vic Masters Rec: V 13.50 2007 Margaret Tweedie, Bendigo*

1	Pollard, Sonya	W50	VMA	14.31	NWI 82.88%
2	Sammartino, Melissa	W50	RINGWOOD	14.95	NWI 79.33%
3	Buttigieg, Linda	W52	WAVERLEY	15.05	NWI 78.80%
4	Anderson, Helen	W54	VMA	15.55	NWI 76.27%
5	McClean, Louise	W52	GLENHUNTLY	16.05	NWI 73.89%

### W45 Women 100 Meter Dash

*Vic Masters Rec: V 12.90 1995 Barbara Blurton / Margaret Tweedie, Aberfeldie / Murrumbee*

1	Berntsen, Milly	W47	MENTONE	16.93	NWI 67.40%
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### W40 Women 100 Meter Dash

*Vic Masters Rec: V 12.40 1998 Debra Tomsett, Murrumbeena*

1	Hinson, Monica	W43	FRANKSTON	13.96	NWI 78.72%
2	Wilson, Heather	W41	VMA	14.81	NWI 74.21%
3	Todorov, Sophie	W42	YARRA RANGE	14.95	NWI 73.51%
4	Hewitson, Kathi	W44	YARRA RANGE	16.58	NWI 66.28%

### W35 Women 100 Meter Dash

*Vic Masters Rec: V 12.30 1994 Debra Tomsett, Aberfeldie*

1	Lester, Rhiannon	W37	VMA	14.73	NWI 71.96%
2	Akermanis, Megan	W37	VMA	15.36	NWI 69.01%

### W30 Women 100 Meter Dash

*Vic Masters Rec: V 12.40 1997 Lisa Ford, Geelong*

1	Dux, Jessica	W32	ATH NUNA	13.59	NWI 77.19%
2	Carpinteri, Rhianna	W31	GIPPSLAND	14.00	NWI 74.93%

### M85 Men 100 Meter Dash

*Vic Masters Rec: V 16.98 1989 Charlie Booth, Eugene USA*

1	Coffey, Leo	M87	VMA	18.16	NWI 83.92%
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### M80 Men 100 Meter Dash

*Vic Masters Rec: V 15.27 2011 Leo Coffey, Brisbane*

1	Howes, John	M81	VMA	18.86	NWI 74.50%
2	McClean, Don	M83	VMA	19.82	NWI 70.89%

### M75 Men 100 Meter Dash

*Vic Masters Rec: V 14.3h 1997 Mike Johnston, Aberfeldie*

1	Wishart, Robert	M75	MENTONE	13.56V	NWI 97.42%
2	Noden, Graeme	M79	VMA	15.99	NWI 82.61%

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M75 Men 100 Meter Dash cont.

3	Hall, Michael	M78	VMA	16.17	NWI	81.69%
4	Oakley, Russell	M77	VMA	16.51	NWI	80.01%
5	Burnett, Colin	M77	VMA	16.59	NWI	79.63%
6	Kent, Ross	M75	VMA	17.71	NWI	74.59%

### M70 Men 100 Meter Dash

*Vic Masters Rec: V 13.28 2012 Bob Wishart, Albert Park*

1	Bryant, Alan	M70	BELLARINE	17.07	NWI	73.70%
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### M65 Men 100 Meter Dash

*Vic Masters Rec: V 12.96 2009 Bob Wishart, Box Hill*

1	Bruce, Ken	M65	DIAMOND VAL	13.29	NWI	90.82%
2	Rosevear, Philip	M67	VMA	13.92	NWI	86.71%
3	Whitehall, Geoffrey	M68	EAGLEHAWK	14.68	NWI	82.22%
4	Baird, Stephen	M66	STAWELL	18.47	NWI	65.35%

### M60 Men 100 Meter Dash

*Vic Masters: V 12.3h 2006 Bob Wishart, Murrumbeena*

1	Mayston, Robert	M60	BOX HILL	12.71	NWI	91.58%
2	Watts, Andrew	M61	WAVERLEY	13.25	NWI	87.85%
3	Turner, Paul	M63	CORIO	13.39	NWI	86.93%

### M55 Men 100 Meter Dash

*Vic Masters Rec: V 11.8h 1999 Gary Baker, Murrumbeena*

1	O'Keeffe, Gregory	M57	VMA	12.33	NWI	91.24%
2	Hilditch, John	M55	VMA	12.62	NWI	89.14%
3	Dodin, Ivan	M56	VMA	13.10	NWI	85.88%
4	Maguire, Norman	M56	SOUTH MELB	13.31	NWI	84.52%
5	McDonald, Peter	M55	BOX HILL	15.26	NWI	73.72%

### M50 Men 100 Meter Dash

*Vic Masters Rec: V 11.6h 1995 Garry Barker, Aberfeldie*

1	Boyle, Brendan	M52	VMA	12.55	NWI	86.69%
2	Ritchie, Colin	M52	ESSENDON	12.60	NWI	86.35%
3	Tribuzio, Robert	M54	VMA	12.71	NWI	85.60%
4	Italia, Rob	M51	VMA	12.86	NWI	84.60%
5	Skene, Gerard	M53	BALL YCW	14.58	NWI	74.62%

### M45 Men 100 Meter Dash

*Vic Masters Rec: V 11.2h 1989 Bob Wishart, Murrumbeena*

1	Dobrzynski, Stewart	M46	VMA	12.44	NWI	84.73%
2	Breed, Ray	M47	VMA	12.71	NWI	82.93%
3	Condello, Domenico	M46	ESSENDON	13.47	NWI	78.25%
4	Veljanovski, Spase	M48	ESSENDON	13.81	NWI	76.32%
5	Spurling, Carl	M47	VMA	14.10	NWI	74.75%

### M40 Men 100 Meter Dash

*Vic Masters Rec: V 11.2h 1984 G. Barker, M. Hodgson, G. White, Murrumbeena*

1	Giglio, Mark	M44	ESSENDON	11.57	NWI	88.33%
2	Maurer, Brett	M41	ESSENDON	11.71	NWI	87.28%
3	Harper, Mark	M41	ESSENDON	11.84	NWI	86.32%
4	Mierisch, Paul	M40	DONCASTER	12.70	NWI	80.47%
5	Newman, Alexander	M42	GLENHUNTLY	12.74	NWI	80.22%
6	Thomson, Evan	M42	VMA	12.92	NWI	79.10%
7	Akermanis, Jason	M40	VMA	14.50	NWI	70.48%

### M30 Men 100 Meter Dash

*Vic Masters Rec: V 10.89 2010 Robert Vidler, Murrumbeena*

1	Taylor, Shaun	M31	CASEY CARD	11.65	NWI	84.03%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### 200 Meter Dash

#### W80 Women 200 Meter Dash

*Vic Masters Rec: V 1:22.13 2005 Margaret Prowse, Murrumbeena*

1	Coppock, Shirley	W81	VMA	44.35V	NWI	82.16%
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#### W70 Women 200 Meter Dash

*Vic Masters Rec: V 34.05 2010 Jan Morrey, Perth*

1	Aughey, Carolyn	W74	VMA	46.52	NWI	64.90%
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#### W65 Women 200 Meter Dash

*Vic Masters Rec: V 32.70 1987 Gwen Davidson, Murrumbeena*

1	Cash, Vivienne	W65	VMA	33.55	NWI	84.32%
2	James, Janine	W69	VMA	35.59	NWI	79.49%
3	Gourlay, Marlene	W65	GLENHUNTLY	38.43	NWI	73.61%

#### W60 Women 200 Meter Dash

*Vic Masters Rec: V 30.38 2006 June Reeves, Canberra*

1	Tweedie, Margaret	W62	VMA	31.71	NWI	85.18%
2	Monk, Leanne	W60	VMA	33.16	NWI	81.45%

#### W55 Women 200 Meter Dash

*Vic Masters Rec: V 28.80 1997 Anne Stobaus, Aberfeldie*

1	Bridle, Christine	W59	WAVERLEY	33.22	NWI	77.75%
2	Armstrong, Maggie	W55	VMA	42.04	NWI	61.44%

#### W50 Women 200 Meter Dash

*Vic Masters Rec: V 27.70 1996 Anne Stobaus, Murrumbeena*

1	Pollard, Sonya	W50	VMA	29.73	NWI	83.25%
2	Anderson, Helen	W54	VMA	32.19	NWI	76.89%
3	McClean, Louise	W52	GLENHUNTLY	34.10	NWI	72.58%

#### W45 Women 200 Meter Dash

*Vic Masters Rec: V 26.00 1996 Barbara Blurton, Murrumbeena*

1	Little, Rachel	W49	ALBURY	29.35	NWI	80.95%
2	Berntsen, Milly	W47	MENTONE	35.63	NWI	66.69%

#### W40 Women 200 Meter Dash

*Vic Masters Rec: V 26.48 2012 Narelle Lehmann, Albert Park*

1	Hinson, Monica	W43	FRANKSTON	28.90	NWI	79.03%
2	Aylward, Julie	W44	MENTONE	29.45	NWI	77.56%
3	Wilson, Heather	W41	VMA	30.31	NWI	75.35%
4	Todorov, Sophie	W42	YARRA RANGE	31.42	NWI	72.69%
5	Hewitson, Kathi	W44	YARRA RANGE	34.15	NWI	66.88%

#### W35 Women 200 Meter Dash

*Vic Masters Rec: V 25.30 1994 Debra Tomsett, Aberfeldie*

1	Deane, Carmen	W37	MELB UNI	28.53	NWI	77.11%
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#### W30 Women 200 Meter Dash

*Vic Masters Rec: V 25.50 1996 Lisa Ford, Olympic Park*

1	Dux, Jessica	W32	ATH NUNA	27.99	NWI	76.24%
2	Carpinteri, Rhianna	W31	GIPPSLAND	28.37	NWI	75.22%

#### M85 Men 200 Meter Dash

*Vic Masters Rec: V 35.79 2007 Mike Johnston, Riccione*

1	Coffey, Leo	M87	VMA	40.39	NWI	79.05%
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#### M80 Men 200 Meter Dash

*Vic Masters Rec: V 31.82 2002 Mike Johnston, Adelaide*

1	Howes, John	M81	VMA	39.57	NWI	72.91%
2	McClean, Don	M83	VMA	41.58	NWI	69.38%

#### M75 Men 200 Meter Dash

*Vic Masters Rec: V 29.76 1998 Mike Johnston, Brisbane*

1	Wishart, Robert	M75	MENTONE	28.42V	NWI	94.23%
2	Noden, Graeme	M79	VMA	33.87	NWI	79.07%

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M75 Men 100 Meter Dash cont

3	Hall, Michael	M78	VMA	34.08	NWI	78.58%
4	Oakley, Russell	M77	VMA	34.35	NWI	77.96%
5	Jacotine, Julian	M77	VMA	36.18	NWI	74.02%
6	Kent, Ross	M75	VMA	39.46	NWI	67.87%

### M70 Men 200 Meter Dash

*Vic Masters Rec: V 28.1h 1994 Charles Scarff, Aberfeldie*

1	Bryant, Alan	M70	BELLARINE	36.31	NWI	69.62%
2	Newton, Robert	M74	VMA	37.00	NWI	68.32%
3	Orelli, Michael	M73	CHILWELL	38.60	NWI	65.49%

### M65 Men 200 Meter Dash

*Vic Masters Rec: V 27.16 2010 Bob Wishart, Murrumbeena*

1	Bruce, Ken	M65	DIAMOND VAL	27.59	NWI	87.46%
2	Rosevear, Philip	M67	VMA	29.34	NWI	82.24%
3	Whitehall, Geoffrey	M68	EAGLEHAWK	30.25	NWI	79.77%
4	Baird, Stephen	M66	STAWELL	39.65	NWI	60.86%

### M60 Men 200 Meter Dash

*Vic Masters Rec: V 25.77 2008 Keith Howden, Southport*

1	Mayston, Robert	M60	BOX HILL	25.48V	NWI	91.01%
2	Watts, Andrew	M61	WAVERLEY	27.25	NWI	85.10%
3	Mcconnell, David	M64	BOX HILL	28.10	NWI	82.53%

### M55 Men 200 Meter Dash

*Vic Masters Rec: V 24.68 2001 Keith Howden, Bankstown NSW*

1	O'Keefe, Gregory	M57	VMA	25.12	NWI	89.09%
2	Dodin, Ivan	M56	VMA	26.75	NWI	83.66%
3	Lang, Chris	M55	WENDOURE	29.02	NWI	77.12%
4	Russell, Stephen	M57	VMA	30.36	NWI	73.72%
5	Barrett, Rod	M56	VMA	31.06	NWI	72.05%

### M50 Men 200 Meter Dash

*Vic Masters Rec: V 23.4h 1976 Joe Tennant, Box Hill*

1	Ritchie, Colin	M52	ESSENDON	25.79	NWI	83.87%
2	Italia, Rob	M51	VMA	26.72	NWI	80.95%
3	Tribuzio, Robert	M54	VMA	29.32	NWI	73.77%
4	Skene, Gerard	M53	BALL YCW	30.33	NWI	71.32%
5	Burgess, Stephen	M52	MENTONE	33.36	NWI	64.84%

### M45 Men 200 Meter Dash

*Vic Masters Rec: V 23.4h 1988 Bob Wishart, Murrumbeena*

1	Dobrzynski, Stewart	M46	VMA	24.87	NWI	84.12%
2	Golonka, Kurt	M47	GLENHUNTLY	25.28	NWI	82.75%
3	Hanrahan, Justin	M47	MENTONE	26.17	NWI	79.94%
4	Hilson, Gregory	M47	STH BENDIGO	26.71	NWI	78.32%
5	Langdon, Antony	M48	EAGLEHAWK	26.78	NWI	78.12%
6	Spurling, Carl	M47	VMA	28.93	NWI	72.31%

### M40 Men 200 Meter Dash

*Vic Masters Rec: V 22.0h 1982 Bob Wishart, Collingwood*

1	Phelan, Leigh	M41	GLENHUNTLY	22.36	NWI	90.61%
2	Maurer, Brett	M41	ESSENDON	23.29	NWI	86.99%
3	Giglio, Mark	M44	ESSENDON	23.51	NWI	86.18%
4	Harper, Mark	M41	ESSENDON	23.91	NWI	84.73%
5	Quinn, Shane	M40	RICHMOND	24.23	NWI	83.62%
6	White, Gavin	M43	VMA	25.35	NWI	79.92%

### M30 Men 200 Meter Dash

*Vic Masters Rec: V 22.40 1996 Terry Baldwin, Murrumbeena*

1	Taylor, Shaun	M31	CASEY CARD	23.07	NWI	83.75%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### 400 Meter Run

#### W80 Women 400 Meter Run

*Vic Masters Rec: V 3:10.30 2005 Margaret Prowse, Murrumbena*

1	Coppock, Shirley	W81	VMA	1:56.68V	81.17%
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#### W65 Women 400 Meter Run

*Vic Masters Rec: V 73.99 2007 Anne Stobaus, Riccione*

1	Gourlay, Marlene	W65	GLENHUNTLY	1:24.47	78.25%
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#### W60 Women 400 Meter Run

*Vic Masters Rec: V 67.30 2001 Anne Stobaus, Brisbane*

1	Holmes, Janet	W63	VMA	1:21.71	75.51%
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#### W55 Women 400 Meter Run

*Vic Masters Rec: V 64.20 1996 Anne Stobaus, Aberfeldie*

1	Bridle, Christine	W59	WAVERLEY	77.36	75.34%
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2	Orelli, Cathy	W55	CHILWELL	78.97	73.80%
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#### W50 Women 400 Meter Run

*Vic Masters Rec: V 61.11 2001 Barbara Blurton, Brisbane*

1	Anderson, Helen	W54	VMA	72.76	76.29%
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2	Buttigieg, Linda	W52	WAVERLEY	75.20	73.82%
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3	Huell, Carolyn	W50	WESTERN	76.07	72.97%
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4	Dyer, Ros	W52	VMA	1:55.12	48.22%
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#### W45 Women 400 Meter Run

*Vic Masters Rec: V 57.91 1996 Barbara Blurton, Buffalo, USA*

1	Little, Rachel	W49	ALBURY	67.16	78.90%
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#### W40 Women 400 Meter Run

*Vic Masters Rec: V 57.00 1983 Judy Pollock, Olympic Park*

1	Wilson, Heather	W41	VMA	70.95	71.44%
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#### W35 Women 400 Meter Run

*Vic Masters Rec: V 58.04 1995 Debra Tomsett, Aberfeldie*

1	Ryan, Lisa	W38	ALBURY	67.00	72.51%
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2	Akermanis, Megan	W37	VMA	73.54	66.06%
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#### W30 Women 400 Meter Run

*Vic Masters Rec: V 58.30 1990 Rhonwen Binney, Olympic Park*

1	Lewis, Sarah	W31	SOUTH COAST	62.08	76.68%
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2	Carpinteri, Rhiann	W31	GIPPSLAND	65.26	72.94%
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3	Dux, Jessica	W32	ATH NUNA	71.16	66.89%
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#### M80 Men 400 Meter Run

*Vic Masters Rec: V 72.85 2002 Mike Johnston, Adelaide*

DNF	Howes, John	M81	VMA		
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#### M75 Men 400 Meter Run

*Vic Masters Rec: V 68.57 1998 Mike Johnston, Brisbane*

1	Oakley, Russell	M77	VMA	1:22.80	74.67%
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2	Fraser, Andrew	M75	VMA	1:33.02	66.47%
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#### M70 Men 400 Meter Run

*Vic Masters Rec: V 66.02 1995 Mike Johnson, Buffalo USA*

1	Howden, Keith	M71	VMA	75.01	77.16%
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#### M65 Men 400 Meter Run

*Vic Masters Rec: V 61.50 2011 Keith Howden, Collingwood*

1	Whitehall, Geoffrey	M68	EAGLEHAWK	72.38	76.13%
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2	Rosevear, Philip	M67	VMA	79.96	68.91%
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3	Baird, Stephen	M66	STAWELL	1:39.34	55.47%
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#### M60 Men 400 Meter Run

*Vic Masters Rec: V 58.98 2009 Keith Howden, Lahti*

1	Mayston, Robert	M60	BOX HILL	58.55V	90.45%
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2	Watts, Andrew	M61	WAVERLEY	61.16	86.59%
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3	McConnell, David	M64	BOX HILL	65.94	80.32%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M60 Men 400 Meter Run cont

4	Moore, Gregory	M64	KEILOR S B	76.39	69.33%
5	Delaney, Brian	M63	COBURG	79.21	66.86%

### M55 Men 400 Meter Run

*Vic Masters Rec: V 55.08 2003 Colin McCurry, Puerto Rico*

1	O'Keeffe, Gregory	M57	VMA	58.77	86.92%
2	Mccombie, William	M57	DONCASTER	60.71	84.14%
3	Douglas, Lyal	M57	DIAMOND VAL	63.81	80.05%
4	Lang, Chris	M55	WENDOUREE	66.11	77.27%
5	Mitchell, David	M57	DEAKIN	66.60	76.70%
6	Sargent, Jeffrey	M58	BALL HAR	68.04	75.07%

### M50 Men 400 Meter Run

*Vic Masters Rec: V 53.58 1987 Noel Clough, Olympic Park*

1	Mcdonald, Peter	M51	KEILOR S B	57.33	86.05%
2	Italia, Rob	M51	VMA	60.38	81.70%
3	Skene, Gerard	M53	BALL YCW	64.67	76.28%
4	Burgess, Stephen	M52	MENTONE	76.15	64.78%

### M45 Men 400 Meter Run

*Vic Masters Rec: V 53.5h 1994 Max Warlow, Aberfeldie*

1	Sanford, Craig	M48	WAVERLEY	53.82	88.61%
2	Golonka, Kurt	M47	GLENHUNTLY	55.68	85.65%
3	Dobrzynski, Stewart	M46	VMA	57.10	83.52%
4	Hilson, Gregory	M47	STH BENDIGO	60.35	79.02%
5	Veljanovski, Spase	M48	ESSENDON	65.2h	73.23%

### M40 Men 400 Meter Run

*Vic Masters Rec: V 49.33 2004 Robert McCubbin, Olympic Park*

1	Maurer, Brett	M41	ESSENDON	51.90	88.94%
2	Giglio, Mark	M44	ESSENDON	52.72	87.56%
3	Mierisch, Paul	M40	DONCASTER	59.19	77.99%
4	Akermanis, Jason	M40	VMA	61.02	75.65%

### M30 Men 400 Meter Run

*Vic Masters Rec: V 49.41 2002 Andrew Wilcox, Olympic Park*

1	Paige, Anthony	M33	DONCASTER	56.72	76.13%
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### 800 Meter Run

#### W65 Women 800 Meter Run

*Vic Masters Rec: V 2:55.99 2009 Anne Stobaus, Sydney*

1	Gourlay, Marlene	W65	GLENHUNTLY	3:21.00	76.76%
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#### W60 Women 800 Meter Run

*Vic Masters Rec: V 2:40.28 2001 Anne Stobaus, Brisbane*

1	Farley, Heather	W62	TRARALGON	2:59.51	80.41%
2	Holmes, Janet	W63	VMA	3:10.55	75.75%

#### W50 Women 800 Meter Run

*Vic Masters Rec: V 2:24.50 2001 Barbara Blurton, Doncaster*

1	Huell, Carolyn	W50	WESTERN	2:47.23	77.78%
2	Bedyn, Erika	W54	YARRA RANGE	3:31.17	61.59%
3	Archer, Karen	W54	VMA	3:51.40	56.21%

#### W45 Women 800 Meter Run

*Vic Masters Rec: V 2:14.70 1996 Barbrara Blurton, Olympic Park*

1	O'Reilly, Niamh	W45	WAVERLEY	2:38.55	78.32%
2	Buckley, Anne	W49	BENDIGO HAR	2:54.81	71.03%

#### W40 Women 800 Meter Run

*Vic Masters Rec: V 2:12.10 1983 Judy Pollock, Sandringham*

1	Aylward, Julie	W44	MENTONE	2:32.72	77.78%
2	Morrison, Sally	W41	MENTONE	2:41.31	73.63%

Richard Polkinghorne



## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### W40 Women 800 Meter Run cont

3 O'Brien, Allyson W40 MELB UNI 2:43.41 72.69%

### W35 Women 800 Meter Run

*Vic Masters Rec: V 2:12.90 1985 Ann Holcombe, Olympic Park*

1 Kasapis, Anna W39 ESSENDON 2:19.58 81.56%

2 Ryan, Lisa W38 ALBURY 2:30.11 75.84%

3 Whitaker, Heather W38 MENTONE 2:33.26 74.28%

### W30 Women 800 Meter Run

*Vic Masters Rec: V 2:14.40 1986 Rosemary Lucas, Adelaide*

1 Lewis, Sarah W31 SOUTH COAST 2:25.80 77.70%

### M80 Men 800 Meter Run

*Vic Masters Rec: V 3:05.60 2002 Mike Johnston, Murrumbeena*

1 Silcock-Delaney, C M84 VMA 5:56.39 45.17%

### M75 Men 800 Meter Run

*Vic Masters Rec: V 2:51.71 1997 Mike Johnston, Olympic Park*

1 Oakley, Russell M77 VMA 3:34.91 67.95%

2 Hertz, John M77 VMA 3:57.46 61.50%

DNF Aughey, John M79 VMA

### M70 Men 800 Meter Run

*Vic Masters Rec: V 2:36.57 1993 Gordon McKeown, Miyazaki, Japan*

1 Stockdale, Graham M74 VMA 3:10.69 71.46%

2 Egan, Elwyn M74 VMA 3:21.45 67.64%

3 Mooney, Ray M72 VMA 3:47.82 59.81%

4 Orelli, Michael M73 CHILWELL 3:48.34 59.68%

### M65 Men 800 Meter Run

*Vic Masters Rec: V 2:20.50 1982 Jack Stevens, USA*

1 Aponte Villamarin Luis M65 VMA 2:40.28 81.13%

2 Jones, David M66 ESSENDON 3:06.26 69.81%

### M60 Men 800 Meter Run

*Vic Masters Rec: V 2:16.00 2000 Barrie Milligan, Murrumbeena*

1 Barrand, Michael M64 VMA 2:33.48 81.00%

2 Ryan, Ashley M62 VMA 2:42.09 76.70%

3 Moore, Gregory M64 KEILOR S B 2:54.81 71.12%

### M55 Men 800 Meter Run

*Vic Masters Rec: V 2:05.07 1989 Tom Roberts, Eugene USA*

1 Egginton, Andrew M55 BOX HILL 2:19.41 85.42%

2 Thomas, Paul M59 WILLIAMST'N 2:23.82 82.80%

3 Douglas, Lyal M57 DIAMOND VAL 2:31.38 78.67%

4 Barrett, Rod M56 VMA 3:15.70 60.85%

### M50 Men 800 Meter Run

*Vic Masters Rec: V 2:00.70 1984 Tom Roberts, Canberra*

1 Polkinghorne, Rich M51 OLD MELB 2:12.37 86.34%

2 Mcdonald, Peter M51 KEILOR S B 2:17.04 83.40%

3 Italia, Rob M51 VMA 2:20.19 81.53%

4 Eury, Michael M51 BOX HILL 2:23.72 79.52%

5 Tapping, Mark M50 DIAMOND VAL 2:23.78 79.49%

6 Burgess, Stephen M52 MENTONE 2:38.96 71.90%

7 Dell, Tony M54 RICHMOND 3:06.67 61.23%

### M45 Men 800 Meter Run

*Vic Masters Rec: V 1:59.11 1989 Neil Macdonald, Eugene USA*

1 Sanford, Craig M48 WAVERLEY 2:07.56 86.13%

2 Soussan, Mickael M46 GLENHUNTLY 2:14.93 81.43%

3 Hewitson, Craig M45 YARRA RANGE 2:18.16 79.52%

4 Hilson, Gregory M47 STH BENDIGO 2:21.83 77.47%

John Graham



## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M45 Men 800 Meter Run cont

5	Green, Craig	M49	BENDIGO UNI	2:23.47	76.58%
6	Golonka, Kurt	M47	GLENHUNTLY	2:25.97	75.27%

### M40 Men 800 Meter Run

*Vic Masters Rec: V 1:51.56 2004 Robert McCubbin, Canberra*

1	Simon, Cameron	M42	DIAMOND VAL	2:03.60	85.57%
2	Little, Aaron	M41	ST KEVIN'S	2:04.58	84.89%
3	McLennan, Campbell	M44	DONCASTER	2:09.07	81.94%
4	Nemesi, Eugene	M41	COLL	2:25.03	72.92%

### M35 Men 800 Meter Run

*Vic Masters Rec: V 1:53.10 2003 Robert McCubbin, Ballarat*

1	Clowes, Russell	M37	BOX HILL	2:09.80	78.55%
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### 1500 Meter Run

#### W35 Women 1500 Meter Run

*Vic Masters Rec: V 4:40.10 1980 Dot Browne, Doncaster*

1	Kasapis, Anna	W39	ESSENDON	4:49.01	81.48%
2	Whitaker, Heather	W38	MENTONE	5:19.35	73.74%
3	Grigg, Eilidh	W37	MALVERN	5:23.95	72.69%

#### W40 Women 1500 Meter Run

*Vic Masters Rec: V 4:31.80 1983 Dot Browne, Olympic Park*

1	Pedersen, Sharon	W44	CHILWELL	5:07.03	80.06%
2	Morrison, Sally	W41	MENTONE	5:20.79	76.63%
3	O'Brien, Allyson	W40	MELB UNI	5:47.88	70.66%

#### W45 Women 1500 Meter Run

*Vic Masters Rec: V 4:40.40 1985 Judy Pollock, Toronto*

1	O'Reilly, Niamh	W45	WAVERLEY	5:14.87	81.65%
2	Bryan, Helen	W46	MENTONE	5:22.43	79.74%
3	Buckley, Anne	W49	BENDIGO HAR	5:33.95	76.99%
4	Love, Sarah	W45	YARRA RANG	6:04.33	70.57%
5	Quan, Michelle	W47	RINGWOOD	7:01.48	61.00%

#### W50 Women 1500 Meter Run

*Vic Masters Rec: V 4:59.20 2002 Bronwen Cardy, Aberfeldie*

1	Hunter, Pia	W50	BOX HILL	5:22.59	83.53%
2	Huell, Carolyn	W50	WESTERN	5:24.83	82.96%
3	Wilson, Susanne	W50	KNOX ATH	5:36.10	80.18%
4	Archer, Karen	W54	VMA	7:47.51	57.64%

#### W55 Women 1500 Meter Run

*Vic Masters Rec: V 5:00.10 2002 Ann Holcombe, Murrumbidgee*

1	Howell, Susan	W55	CHILWELL	5:32.88	85.04%
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#### W60 Women 1500 Meter Run

*Vic Masters: V 5:36.00 1990 Jean Albury / Jan Morrey, Olympic Park / Southport*

1	Farley, Heather	W62	TRARALGON	6:06.47	81.76%
2	Stanley, Helen	W61	VMA	6:07.10	81.62%

#### W65 Women 1500 Meter Run

*Vic Masters Rec: V 5:56.10 2010 Lavinia Petrie, Doncaster*

1	Gourlay, Marlene	W65	GLENHUNTLY	6:19.57	84.57%
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#### W70 Women 1500 Meter Run

*Vic Masters Rec: V 6:06.00 2014 Lavinia Petrie, Bendigo*

1	Bryan, Jeanne	W74	MENTONE	7:29.81	77.89%
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#### W80 Women 1500 Meter Run

*Vic Masters Rec: V 10:41.90 2008 Jean Knox, Olympic Park*

1	Mews, Pamela	W82	VMA	15:39.45	49.03%
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*Anne Buckley, Niamh O'Reilly and Helen Bryan*



## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M80 Men 1500 Meter Run

*Vic Masters Rec: V 6:34.57 2008 Bob Lewis, Blacktown, NSW*

1	Silcock-Delaney, C	M84	VMA	10:38.58	54.49%
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### M75 Event 31 Men 1500 Meter Run

*Vic Masters Rec: V 5:32.09 1999 Randall Hughes, Canberra*

1	Hertz, John	M77	VMA	8:00.85	65.35%
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### M70 Men 1500 Meter Run

*Vic Masters Rec: V 5:14.80 1995 Randall Hughes, Aberfeldie*

1	Franzi, Norman	M73	COLL	6:33.43	73.96%
2	Orelli, Michael	M73	CHILWELL	7:28.36	64.90%
3	Mooney, Ray	M72	VMA	7:31.40	64.47%

### M65 Men 1500 Meter Run

*Vic Masters Rec: V 4:41.82 1987 Jack Ryan, Melbourne*

1	Graham, John	M66	VMA	5:19.88	85.54%
2	Aponte Villamarin, Luis	M65	VMA	5:27.91	83.44%
3	Jones, David	M66	ESSENDON	6:21.94	71.64%

### M60 Men 1500 Meter Run

*Vic Masters rec: V 4:39.89 2008 Kevin Solomon, Olympic Park*

1	Moore, Gregory	M64	KEILOR ST B	5:28.46	79.00%
2	Hammond, Alan	M63	WESTERN	5:31.62	78.25%
3	Edwards, Andrew	M63	VMA	5:42.54	75.75%
4	Delaney, Brian	M63	COBURG	6:19.67	68.34%
5	Maillardet, Robert	M60	COLL	6:39.25	64.99%

### M55 Men 1500 Meter Run

*Vic Masters Rec: V 4:17.60 Jack Ryan, Box Hill*

1	Barton, Greg	M55	VMA	4:52.61	84.44%
2	Thomas, Paul	M59	WILLIAMSTN	5:01.23	82.03%
3	Purvis, Mark	M59	OLD SCOTCH	5:03.63	81.38%
4	Dent, Ian	M56	MENTONE	5:04.54	81.14%
5	Sandiford, Doug	M59	RICHMOND	5:23.67	76.34%
6	Murphy, Stephen	M56	ESSENDON	6:28.30	63.63%
7	Barrett, Rod	M56	VMA	6:58.48	59.04%

### M50 Men 1500 Meter Run

*Vic Masters Rec: V 4:05.20 1984 Tom Roberts, Murrumbena*

1	Atkinson, James	M51	WAVERLEY	4:33.43	86.29%
2	Cook, Allan	M54	WESTERN ATH	4:38.81	84.62%
3	Italia, Rob	M51	VMA	4:45.75	82.57%
4	Ure, Michael	M50	MENTONE	4:51.76	80.87%
5	Loveday, Tim	M52	KNOX	4:55.39	79.87%
6	Eury, Michael	M51	BOX HILL	4:56.16	79.67%
7	Tapping, Mark	M50	DIAMOND VAL	4:57.11	79.41%

### M45 Men 1500 Meter Run

*Vic Masters Rec: V 4:00.20 2011 Robert Schwerkolt, Box Hill*

1	Simpson, Grant	M47	BELLARINE	4:35.66	81.89%
2	Green, Craig	M49	BENDIGO UNI	4:37.7h	81.30%
3	Soussan, Mickael	M46	GLENHUNTLY	4:40.8h	80.41%
4	Bishop, Michael	M45	MORNINGTON	4:43.0h	79.77%
5	Hewitson, Craig	M45	YARRA RANGE	4:53.77	76.85%
6	Hilson, Gregory	M47	STH BENDIGO	5:23.15	69.86%

### M40 Men 1500 Meter Run

*Vic Masters Rec: V 3:55.32 2006 Richard Polkinghorn, MCG Melbourne*

1	Simon, Cameron	M42	DIAMOND VAL	4:21.76	82.67%
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*Grant Simpson (L) and Andrew Thomas giving it their all*



## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M40 Men 1500 Meter Run cont

2	Draper, Shane	M43	VMA	4:25.17	81.61%
3	Imbriano, Dino	M42	ST KEVIN'S	4:33.55	79.11%
4	Thomas, Andrew	M44	ST KEVIN'S	4:35.08	78.67%
5	Browell, Leigh	M42	STH BENDIGO	5:28.12	65.95%

### 5000 Meter Run

#### W30 Women 5000 Meter Run

*Vic Masters Rec: V 16:48.36 2006 Kate Seibold-Crosbie, Burwood*

1	Tindal, Shannon	W30	VMA	25:50.01	55.79%
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#### W35 Women 5000 Meter Run

*Vic Masters Rec: V 17:43.90 Dot Browne, Box Hill*

1	Szirom, Megan	W39	FRANKSTON	19:54.20	74.07%
2	Stringer, Katie	W37	WELLINGTON	20:22.57	70.26%

#### W40 Women 5000 Meter Run

*Vic Masters Rec: V 17:09.10 1983 Dot Browne, Olympic Park*

1	Walker, Sarah	W40	DEAKIN	19:15.67	76.54%
2	Thomas, Stephanie	W40	WESTERN	19:53.01	74.15%

#### W45 Women 5000 Meter Run

*Vic Masters Rec: V 17:33.30 1986 Dot Browne, Adelaide*

1	O'Reilly, Niamh	W45	WAVERLEY	19:42.95	79.89%
2	Buckley, Anne	W49	BENDIGO HAR	20:42.70	76.04%
3	Shaw-Jones, Fleur	W46	OLD XAV	21:33.99	73.03%

#### W50 Women 5000 Meter Run

*Vic Masters Rec: V 17:44.75 2002 Bronwen Cardy, Adelaide*

1	Hunter, Pia	W50	BOX HILL	19:46.85	83.50%
2	Huell, Carolyn	W50	WESTERN	20:41.61	79.82%
3	Grover, Elizabeth	W53	VMA	26:28.78	62.38%
4	Dyer, Ros	W52	VMA	28:16.01	58.43%
5	Archer, Karen	W54	VMA	29:27.13	56.08%

#### W55 Women 5000 Meter Run

*Vic Masters Rec: V 18:37.25 2012 Stacey Van Dueren, Albert Park*

1	Tindal, Pam	W57	VMA	23:02.63	75.35%
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#### W60 Women 5000 Meter Run

*Vic Masters Rec: V 19:21.30 2001 Theresia Baird, Noble Park*

1	Hertz, Julie	W60	VMA	27:12.10	67.51%
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#### W65 Women 5000 Meter Run

*Vic Masters Rec: V 20:42.50 2007 Theresia Baird, Murrumbena*

1	Gourlay, Marlene	W65	GLENHUNTLY	22:53.82	85.60%
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#### M80 Men 5000 Meter Run

*Vic Masters Rec: V 25:09.27 2008 Bob Lewis, Blacktown, NSW*

1	Silcock-Delaney, C	M84	VMA	38:54.76	51.16%
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#### M70 Men 5000 Meter Run

*Vic Masters Rec: V 19:38.00 1997 Randall Hughes, Olympic Park*

1	Birrell, Ashley	M72	VMA	23:11.76	72.72%
2	Franzi, Norman	M73	COLL	24:52.55	67.81%
3	Orelli, Michael	M73	CHILWELL	27:37.71	61.05%
4	Gray, Kevin	M72	VMA	36:54.04	45.71%

#### M50 Men 5000 Meter Run

*Vic Masters Rec: V 15:49.30 1997 Colin O'Brien, Doncaster*

1	Atkinson, James	M51	WAVERLEY	16:56.67	83.17%
2	Cowell, Peter	M53	BENDIGO HAR	18:00.51	78.25%
3	Ure, Michael	M50	MENTONE	18:21.52	76.76%
4	Zuccala, Gary	M54	VMA	19:50.09	71.05%
5	St Hill, Simon	M52	BOX HILL	21:35.94	65.24%



*James Atkinson*

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M55 Men 5000 Meter Run

*Vic Masters Rec: V 15:52.80 1978 Jack Ryan, Olympic Park*

1	Barton, Greg	M55	VMA	18:09.63	80.74%
2	Purvis, Mark	M59	OLD SCOTCH	18:24.88	79.63%
3	Rushen, Peter	M56	VMA	18:48.09	77.99%

### M55 Men 5000 Meter Run cont

4	Gaunt, Peter	M57	COLL	19:13.69	76.26%
5	Sandiford, Doug	M59	RICHMOND	20:25.50	71.79%
6	Campisi, Joseph	M59	OAKLEIGH	21:53.58	66.98%
7	Tunne, Andrew	M58	BOX HILL	23:21.07	62.80%

### M60 Men 5000 Meter Run

*Vic Masters Rec: V 17:52.83 2013 Ewan Wilson, Canberra*

1	Edwards, Andrew	M63	VMA	20:02.22	76.28%
2	Hammond, Alan	M63	WESTERN	20:06.81	75.99%
3	Scholes, Ron	M63	COLL	20:33.80	74.32%
4	Moore, Gregory	M64	KEILOR	21:46.24	70.20%

### M65 Men 5000 Meter Run

*Vic Masters Rec: V 18:10.00 Stan Nicholls*

1	Twining, Paul	M67	VMA	20:09.16	79.33%
2	Hopkins, Jim	M67	COLL	22:23.28	71.41%
DNF	Graham, John	M66	VMA		

### M30 Men 5000 Meter Run

*Vic Masters Rec: V 14:41.02 2013 Stephen Dinneen, Geelong*

DNF	McDonald, David	M32	MELB UNI		
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### M35 Men 5000 Meter Run

*Vic Masters Rec: V 14:42.30 1983 Colin O'Brien, Murrumbena*

1	Grund, Shane	M35	VMA	16:20.30	77.22%
2	Hui, Tim	M37	MELB UNI	17:01.19	74.13%
3	O'Donoghue, Brian	M38	MELB UNI	17:26.55	72.33%
4	Boxall, Marcus	M36	MALVERN	17:29.26	72.15%
5	Lawson, Corey	M39	MENTONE	17:38.16	71.54%
6	Stevens, Andrew	M37	MELB UNI	18:35.13	67.88%

### M40 Men 5000 Meter Run

*Vic Masters Rec: V 14:01.70 1991 Steve Austin, Melbourne*

1	Delany, Liam	M40	COLL	16:11.97	80.70%
2	Draper, Shane	M43	VMA	16:42.67	78.23%
3	Van Dongen, Rupert	M42	MENTONE	20:41.08	63.20%
4	Browell, Leigh	M42	STH BENDIG	21:13.85	61.57%

### M45 Men 5000 Meter Run

*Vic Masters Rec: V 14:59.00 1997 Steve Austin, Springvale*

1	Bishop, Michael	M45	MORNINGTON	17:10.93	78.94%
2	Green, Craig	M49	BENDIGO UNI	17:32.73	77.30%
3	Connolly, Allan	M48	VMA	19:58.72	67.89%
4	Evans, Glenn	M46	WESTERN	23:05.68	58.73%
5	Peel, Brendan	M49	VMA	28:51.64	47.00%

### 1500 Meter Race Walk

#### W35 Women 1500 Meter Race Walk

*Vic Masters Rec: V 6:47.00 2000 Sharon Schnyder, Murrumbena*

1	Szirom, Megan	W39	FRANKSTON	6:55.45	81.89%
2	Geisler, Sandra	W39	RINGWOOD	7:25.56	76.35%

#### W40 Women 1500 Meter Race Walk

*Vic Masters Rec: V 6:45.00 1990 Heather McDonald, Murrumbena*

1	McLennan, Laura	W40	DONCASTER	9:46.38	59.71%
2	Draper, Andrea	W40	VMA	12:07.46	48.13%



Mark Purvis and Michael Ure

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### W45 Women 1500 Meter Race Walk

*Vic Masters Rec: V 6:49.00 1996 Heather McDonald, Murrumbeena*

1	Laufer, Michelle	W47	COLL	7:33.22	80.38%
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### W80 Women 1500 Meter Race Walk

*Vic Masters Rec: V 11:32.00 1990 Nance Jeffreys, Murrumbeena*

1	Mews, Pamela	W82	VMA	16:27.90	54.83%
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### W50 Women 1500 Meter Race Walk

*Vic Masters Rec: V 6:59.00 2010 Pam Tindal, Murrumbeena*

1	Archer, Karen	W54	VMA	11:31.68	54.90%
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### W55 Women 1500 Meter Race Walk

*Vic Masters Rec: V 7:11.91 2005 Heather Carr, Murrumbeena*

1	Tindal, Pam	W57	VMA	7:50.49	84.27%
2	Elms, Donna-Marie	W55	PRESTON	8:33.70	77.18%
3	Rosenbrock, Carolyn	W55	ATH NUNA	8:51.30	74.62%

### W60 Women 1500 Meter Race Walk

*Vic Masters Rec: V 7:18.50 2010 Heather Carr, Murrumbeena*

1	Thompson, Alison	W64	VMA	8:46.97	78.89%
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### W70 Women 1500 Meter Race Walk

*Vic Masters Rec: V 8:24.00 2000 Jean Albury, Murrumbeena*

1	Steed, Gwen	W74	GLENHUNTLY	9:57.25	78.09%
DQ	Farrell, Judy	W72	VMA		

### W75 Women 1500 Meter Race Walk

*Vic Masters Rec: V 9:55.00 2002 Jean Knox, Murrumbeena*

1	Hugo, Beverly	W77	VMA	12:02.17	69.25%
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### M75 Men 1500 Meter Race Walk

*Vic Masters Rec: V 7:57.44 2011 Bob Gardiner, Doncaster*

1	Ilgoutz, Gunther	M78	VMA	10:00.61	76.87%
2	Wicks, Barrie	M76	VMA	12:35.50	61.11%

### M80 Men 1500 Meter Race Walk

*Vic Masters Rec: V 10:49.20 1995 Eddie Gamble, Olympic Park*

1	Silcock-Delaney, C	M84	VMA	12:34.77	65.67%
DQ	Stobbe, Dirk	M80	VMA		
DQ	Lotherington, Will	M83	VMA		

### M40 Men 1500 Meter Race Walk

*Vic Masters Rec: V 6:15.00 2001 Paul Kennedy, Aberfeldie*

1	Prasad, Pramesh	M42	COLL	6:42.08	81.25%
2	Van Dongen, Rupert	M42	MENTONE	8:46.10	62.10%

### M45 Men 1500 Meter Race Walk

*Vic Masters Rec: V 6:14.29 2004 Paul Kennedy, Aberfeldie*

1	Smyth, David	M47	COLL	7:13.13	78.51%
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### M50 1500 Meter Race Walk

*Vic Masters Rec: V 6:21.10 1999 Andrew Jamieson, East Burwood*

1	KeirI, Bernie	M53	DIAMOND VAL	7:49.11	75.57%
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### M55 1500 Meter Race Walk

*Vic Masters Rec: V 6:44.10 1995 Murray Dickinson, Olympic Park*

1	Moritz, Paul	M57	VMA	9:16.36	66.55%
DQ	Hess, Albin	M57	VMA		

### M60 Men 1500 Meter Race Walk

*Vic Masters Rec: V 6:52.50 2008 Andrew Jamieson, Olympic Park*

1	Riddoch, Clyde	M63	WAVERLEY	9:00.21	71.86%
2	Handasyde, Ian	M63	OLD SCOTCH	9:42.60	66.63%
3	Rickard, Ian	M61	BRUNSWICK	13:25.42	48.20%

### M65 Men 1500 Meter Race Walk

*Vic Masters Rec: V 6:52.56 2012 Andrew Jamieson, Doncaster*

1	Prowse, Frank	M65	DONCASTER	10:57.33	62.20%
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Rupert Van Dongen



## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### 3000 Meter Race Walk

#### W35 Women 3000 Meter Race Walk

*Vic Masters Rec: V 13:02.10 2013 Kelly Ruddick, Ballarat*

1	Szirom, Megan	W39	FRANKSTON	14:16.03	81.96%
2	Geisler, Sandra	W39	RINGWOOD	16:40.40	70.13%

#### W40 Women 3000 Meter Race Walk

*Vic Masters Rec: V 13:07.25 2013 Kelly Ruddick, Ballarat*

1	Ruddick, Kelly	W43	BALLARAT HA	13:39.58	88.10%
2	Rothery, Christy	W40	VMA	19:44.83	60.94%
3	Mclennan, Laura	W40	DONCASTER	21:00.42	57.29%

#### W45 Women 3000 Meter Race Walk

*Vic Masters Rec: V 14:52.30 2009 Pam Tindal, Burwood*

1	Laufer, Michelle	W47	COLL	15:56.71	78.53%
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#### W55 Women 3000 Meter Race Walk

*Vic Masters Rec: V 15:08.40 2007 Heather Carr, Knox*

1	Tindal, Pam	W57	VMA	16:14.91	84.05%
2	Elms, Donna-Marie	W55	PRESTON	18:06.56	75.41%
3	Rosenbrock, Carolyn	W55	NUNA	18:27.55	73.98%

#### W60 Women 3000 Meter Race Walk

*Vic Masters Rec: V 15:21.94 2011 Heather Carr, Ballarat*

1	Thompson, Alison	W64	VMA	18:56.12	75.91%
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#### W70 Women 3000 Meter Race Walk

*Vic Masters Rec: V 19:09.20 2012 Gwen Steed, Knox*

1	Steed, Gwen	W74	GLENHUNTLY	20:18.33	80.14%
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#### W75 Women 3000 Meter Race Walk

*Vic Masters Rec: V 22:14.00 2006 Jean Knox, Murrumbeena*

1	Hugo, Beverly	W77	VMA	24:54.80	70.42%
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#### W80 Women 3000 Meter Race Walk

*Vic Masters Rec: V 24:00.00 Nance Jeffreys*

1	Mews, Pamela	W82	VMA	37:40.59	50.78%
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#### M70 Men 3000 Meter Race Walk

*Vic Masters Rec: V 15:51.00 1982 Tom Daintry, Perth*

1	Hallo, John	M74	VMA	23:00.04	63.99%
	DNFDickenson, Russell	M71	VMA		

#### M75 Men 3000 Meter Race Walk

*Vic Masters Rec: V 17:01.00 2011 Bob Gardiner, Murrumbeena*

1	Wicks, Barrie	M76	VMA	27:25.29	57.25%
	DQ Ilgoutz, Gunther	M78	VMA		

#### M40 Men 3000 Meter Race Walk

*Vic Masters Rec: V 11:28.21 1982 Willi Sawall, Albert Park*

1	Prasad, Pramesh	M42	COLL	14:01.62	79.18%
2	Van Dongen, Rupert	M42	MENTONE	18:03.87	61.48%

#### W45 Men 3000 Meter Race Walk

*Vic Masters Rec: V 12:50.20 2003 Paul Kennedy, Aberfeldie*

1	Smyth, David	M47	COLL	15:43.62	73.49%
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#### M50 Men 3000 Meter Race Walk

*Vic Masters: V 12:59.50 2000 Andrew Jamieson, Olympic Park*

1	Keirl, Bernie	M53	DIAMOND VAL	16:53.07	71.35%
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#### M55 Men 3000 Meter Race Walk

*Vic Masters: V 13:21.70 2003 Andrew Jamieson, Box Hill*

1	Moritz, Paul	M57	VMA	19:14.77	65.37%
2	Murphy, Stephen	M56	ESSENDON	19:29.22	64.57%
3	Hess, Albin	M57	VMA	20:24.49	61.65%



*Kelly Ruddick and Megan Szirom*

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M60 Men 3000 Meter Race Walk

*Vic Masters Rec: V 13:24.07 2007 Andrew Jamieson, Olympic Park*

1	Riddoch, Clyde	M63	WAVERLEY	19:19.78	68.22%
2	Handasyde, Ian	M63	OLD SCOTCH	19:45.14	66.76%

### M65 Men 3000 Meter Race Walk

*Vic Masters Rec: V 14:13.60 2012 Andrew Jamieson, Doncaster*

1	Prowse, Frank	M65	DONCASTER	19:54.91	69.76%
2	Barrow, Geoff	M68	MENTONE	20:12.10	68.77%

### M80 Men 3000 Meter Race Walk

*Vic Masters Rec: V 18:44.00 1992 Tom Daintry, Murrumbeena*

1	Gardiner, Robert	M81	COLL	20:34.97	81.98%
DQ	Silcock-Delaney, C	M84	VMA		
DQ	Stobbe, Dirk	M80	VMA		
DQ	Lotherington, Will	M83	VMA		

### Short Hurdles

#### M40 Men 110 Short Hurdles 99.1cm

*Vic Masters Rec: V 15.39 2007 Terry Baldwin, Murrumbeena*

1	Krawczyk, Brad	M41	KNOX	16.02	NWI	84.58%
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#### M50 Men 100 Short Hurdles 91.4cm

*Vic Masters Rec: V 15.03 1995 Ted Barnard, Olympic Park*

1	Dell, Tony	M54	RICHMOND	22.46	NWI	59.84%
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#### M55 Men 100 Short Hurdles 91.4cm

*Vic Masters Rec: V 16.70 1989 David Mather, Murrumbeena*

1	Lang, Chris	M55	WENDOUREE	20.91	NWI	66.91%
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#### M60 Men 100 Short Hurdles 84cm

*Vic Masters Rec: V 16.92 1992 David Mather, Hobart*

1	Mcconnell, David	M64	BOX HILL	19.04	NWI	75.26%
2	Champion, Greg	M62	DIAMOND VAL	21.65	NWI	66.19%
3	Gould, John	M62	VMA	25.39	NWI	56.44%

#### W35 Women 100 Short Hurdles 84cm

*Vic Masters Rec: V 16.00 1993 Debra Tomsett, Murrumbeena*

1	Deane, Carmen	W37	MELB UNI	17.50	NWI	70.80%
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#### M80 Men 80 Short Hurdles 76.2cm

*Vic Masters Rec: V 23.52 2006 Syd Elks, Canberra*

1	Greaves, Brian	M82	VMA	20.37V	NWI	71.13%
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#### W45 Women 80 Short Hurdles 76.2cm

*Vic Masters Rec: V 13.24 2005 Joanne Russell, Brisbane*

1	Kenshole, Gaelyne	W46	DIAMOND VAL	13.97	NWI	80.10%
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#### W50 Women 80 Short Hurdles 76.2cm

*Vic Masters Rec: V 13.89 2007 Joanne Russell, Murrumbeena*

1	Sammartino, Melissa	W50	RINGWOOD	17.15	NWI	64.96%
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### Long Hurdles

#### M45 Men 400 Long Hurdles 91.4cm

*Vic Masters Rec: V 62.50 1996 Graham Ford, Box Hill*

1	Skipper, Paul	M48	COLL	66.31	77.15%
2	Hilson, Gregory	M47	STH BENDIGO	69.50	73.61%

#### M30 Men 400 Long Hurdles 91.4cm

*Vic Masters Rec: V 57.00 1998 Michael Skerritt, Murrumbeena*

1	Shore, Sam	M31	NSW	X55.49V	84.30%
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#### M50 Men 400 Long Hurdles 84cm

*Vic Masters Rec: V 62.6h 1996 Richard Trembath, Perth*

1	Skene, Gerard	M53	BALLARAT YCW	1:28.66	60.53%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### W40 Women 400 Long Hurdles 76.2cm

*Vic Masters Rec: V 67.60 2001 Debra Tomsett, Box Hill*

1	Egglestone, Donna	W43	MELB UNI	1:57.36	47.76%
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### W45 Women 400 Long Hurdles 76.2cm

*Vic Masters Rec: V 68.59 2005 Joanne Russell, Brisbane*

1	Kenshole, Gaelyne	W46	DIAMOND VAL	1:32.47	66.06%
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### M60 Men 300 Long Hurdles 76.2cm

*Vic Masters Rec: V 45.19 2003 Richard Trembath, Launceston*

1	Watts, Andrew	M61	WAVERLEY	47.91	97.64%
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2	Mcconnell, David	M64	BOX HILL	49.16	95.16%
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### M65 Men 300 Long Hurdles 76.2cm

*Vic Masters Rec: V 48.80 2007 Richard Trembath, Doncaster*

1	Whitehall, Geoffrey	M68	EAGLEHAWK	60.28	77.60%
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### Steeplechase

#### W30 Women 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 7:08.70 2005 Kate Seibold-Crosbie, Murrumbeena*

1	Dege, Cassie	W32	DEAKIN	7:57.93	79.63%
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#### W35 Women 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 7:48.34 2002 Laurel Gore, Olympic Park*

1	Ryan, Lisa	W38	ALBURY	8:47.30	74.02%
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#### W40 Women 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 7:35.84 2011 Julie Norney, Doncaster*

1	Pedersen, Sharon	W44	CHILWELL	7:50.17	86.45%
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2	Thomas, Stephanie	W40	WESTERN	8:06.4h	83.56%
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3	Morrison, Sally	W41	MENTONE	8:30.04	79.69%
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#### W50 Women 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 8:30.10 2001 Janis Wright, Brisbane*

1	Huell, Carolyn	W50	WESTERN	9:04.58	80.55%
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2	Bedyn, Erika	W54	YARRA RANGE	10:53.04	67.18%
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3	Dyer, Ros	W52	VMA	11:55.85	61.28%
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#### W65 Women 2000 Meter Steeplechase 72.6cm

*Vic Masters Rec: V 12:04.37 2001 Pamela Mews, Brisbane*

1	Gourlay, Marlene	W65	GLENHUNTLY	9:41.24V	92.05%
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#### M60 Men 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 7:27.33 2003 Graham Philpott, Perth*

1	Moore, Gregory	M64	KEILOR S B	9:45.68	66.62%
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#### M65 Men 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 7:51.48 2001 Bob Gardiner, Brisbane*

1	Aponte Villamarin, Luis	M65	VMA	8:36.57	84.31%
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2	Graham, John	M66	VMA	8:39.37	83.86%
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3	Brennan, Stephen	M65	VMA	8:59.84	80.68%
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#### M70 Men 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 8:51.20 2006 Bob Gardiner, Murrumbeena*

1	Egan, Elwyn	M74	VMA	13:38.66	58.74%
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#### M80 Men 2000 Meter Steeplechase 76.2cm

*Vic Masters Rec: V 12:25.00 1997 Eddie Gamble, Olympic Park*

1	Silcock-Delaney, C	M84	VMA	15:49.25	60.20%
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#### M35 Men 3000 Meter Steeplechase 91.4cm

*Vic Masters Rec: V 8:53.57 1992 Jeff Broderick, Olympic Park*

1	Lawson, Corey	M39	MENTONE	11:07.67	73.86%
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#### M40 Men 3000 Meter Steeplechase 91.4cm

*Vic Masters Rec: V 9:10.20 1995 Jeff Broderick, Olympic Park*

1	Macknamara, Peter	M44	GLENHUNTLY	10:36.11	81.34%
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2	Browell, Leigh	M42	STH BENDIGO	13:28.74	63.98%
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Gaelyne Kenshole

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M45 Men 3000 Meter Steeplechase 91.4cm

*Vic Masters Rec: V 9:24.40 2000 Jeff Broderick, Olympic Park*

1	Simpson, Grant	M47	BELLARINE	11:11.01	80.72%
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### M50 Men 3000 Meter Steeplechase 91.4cm

*Vic Masters Rec: V 10:02.60 1995 Bob Hendy, Olympic Park*

1	Italia, Rob	M51	VMA	12:55.81	72.95%
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### M55 Men 3000 Meter Steeplechase 91.4cm

*Vic Masters Rec: V 11:12.99 1987 Bill Hughes, Olympic Park*

1	Sayer, Graeme	M55	VMA	12:08.67	81.00%
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## Long Jump

### W30 Women Long Jump

*Vic Masters Rec: V 5.55m 1988 Glenis Johnson, Doncaster*

1	Spong, Alison	W34	CASEY CARD	5.23m	NWI	69.55%
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2	Dux, Jessica	W32	ATH NUNA	4.53m	NWI	60.24%
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### W35 Women Long Jump

*Vic Masters Rec: V 5.43m 1993 Glenis Johnson, Doncaster*

1	Deane, Carmen	W37	MELB UNI	4.70m	+0.0	65.64%
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2	Lester, Rhiannon	W37	VMA	3.70m	-1.8	51.68%
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### W40 Women Long Jump

*Vic Masters Rec: V 4.78m 2012 Narelle Lehmann, Doncaster*

1	Hinson, Monica	W43	FRANKSTON	4.67m	+0.0	68.98%
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2	Draper, Andrea	W40	VMA	2.44m	+0.0	36.04%
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### W45 Women Long Jump

*Vic Masters Rec: V 4.88m 2003 Salli-ann Lee*

1	Kenshole, Gaelyne	W46	DIAMOND VALL	4.28m	1.1	66.98%
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### W50 Women Long Jump

*Vic Masters Rec: V 4.49m 2012 Susan Chapman, Albert Park*

1	Sammartino, Melissa	W50	RINGWOOD	3.99m	-0.5	66.50%
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2	Buttigieg, Linda	W52	WAVERLEY	3.75m	1.2	62.50%
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3	Bedyn, Erika	W54	YARRA RANGES	2.86m	1.6	47.67%
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4	Lamb, Heather	W53	BRUNSWICK	2.39m	0.4	39.83%
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### W55 Women Long Jump

*Vic Masters Rec: V 4.21m 2012 Margaret Tweedie, Doncaster*

1	Bridle, Christine	W59	WAVERLEY	3.78m	1.8	67.38%
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### W60 Women Long Jump

*Vic Masters Rec: V 4.03m 1985 Bettina Woodburn, Hobart*

1	Tweedie, Margaret	W62	VMA	3.77m	1.7	72.22%
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2	Monk, Leanne	W60	VMA	2.83m	0.8	54.21%
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### M30 Men Long Jump

*Vic Masters Rec: V 6.48m 1994 Terry Baldwin / Roger Groppi, Aberfeldie / Aberfeldie*

1	Kameme, Troy	M30	COLL	5.05m	+0.0	56.42%
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### M40 Men Long Jump

*Vic Masters Rec: V 6.66m 2012 Robert Lehmann, Albert Park*

1	Krawczyk, Brad	M41	KNOX	6.20m	+0.0	75.52%
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2	Whitehead, Geoffrey	M43	KNOX	4.97m	0.9	60.54%
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### M45 Men Long Jump

*Vic Masters Rec: V 5.97m 1984 Graeme Noden, Murrumbreena*

1	Breed, Ray	M47	VMA	5.72m	1.6	73.81%
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2	Dobrzynski, Stewart	M46	VMA	5.35m	0.9	69.03%
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3	Hilson, Gregory	M47	STH BENDIGO	5.13m	1.0	66.19%
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4	Enkelmann, Justin	M46	ESSENDON	4.77m	+0.0	61.55%
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### M50 Men Long Jump

*Vic Masters Rec: V 5.80m 2013 Luke DeBiasi, Geelong*

1	Brophy, Richard	M52	VMA	5.34m	NWI	73.35%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M55 Men Long Jump

*Vic Masters Rec: V 5.66m 1996 Graeme Noden, Murrumbeena*

1	Barrett, Rod	M56	VMA	4.15m	2.7	60.85%
2	Mcdonald, Peter	M55	BOX HILL	3.25m	0.4	47.65%

### M60 Men Long Jump

*Vic Masters Rec: V 5.21m 1999 Graeme Noden, Murrumbeena*

1	Mayston, Robert	M60	BOX HILL	5.24mV	+0.0	82.39%
2	Perera, Keerthi	M60	VMA	4.53m	+0.0	71.23%
3	Champion, Greg	M62	DIAMOND VALL	3.59m	+0.0	56.45%

### M65 Men Long Jump

*Vic Masters Rec: V 5.01m 2003 Graeme Noden, Perth*

1	Bruce, Ken	M65	DIAMOND VAL	4.70m	0.6	79.80%
2	Shaw, Geoff	M69	BENDIGO HAR	4.40m	0.3	74.70%
3	Neale, John	M66	PRESTON	2.54m	+0.0	43.12%

### M70 Men Long Jump

*Vic Masters Rec: V 4.75m 1991 Mike Johnston, Brisbane*

1	Bryant, Alan	M70	BELLARINE	3.34m	+0.0	61.51%
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### M75 Men Long Jump

*Vic Masters Rec: V 4.07m 2014 Graeme Noden, Bendigo*

1	Noden, Graeme	M79	VMA	3.85m	-1.0	77.46%
2	Poulter, Jim	M75	DONCASTER	3.67m	0.6	73.84%

### M80 Men Long Jump

*Vic Masters Rec: V 3.34m 2010 Leo Coffey, Murrumbeena*

1	Greaves, Brian	M82	VMA	3.55mV	1.5	78.89%
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### Triple Jump

#### W30 Women Triple Jump

*Vic Masters Rec: V 11.29m 2002 Irie Hill, Olympic Park*

1	Mitchell, Kylie	W34	WENDOUREE	10.44m	0.5	67.35%
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#### W35 Women Triple Jump

*Vic Masters Rec: V 10.75m 1993 Glenis Johnson, Doncaster*

1	Lester, Rhiannon	W37	VMA	8.72m	1.2	57.29%
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#### W40 Women Triple Jump

*Vic Masters Rec: V 10.20m 1994 Sue Haylock, Brisbane*

1	Hinson, Monica	W43	FRANKSTON	9.35m	1.6	65.02%
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#### W45 Women Triple Jump

*Vic Masters Rec: V 10.12m 2003 Salli-ann Lee, Murrumbeena*

1	Kenshole, Gaelyne	W46	DIAMOND VAL	9.28m	1.7	68.54%
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#### W50 Women Triple Jump

*Vic Masters Rec: V 9.14m 2002 Sue Haylock, Olympic Park*

1	Sammartino, Melissa	W50	RINGWOOD	8.48m	+0.0	66.77%
2	Buttigieg, Linda	W52	WAVERLEY	8.37m	0.3	65.91%
3	Lamb, Heather	W53	BRUNSWICK	5.20m	+0.0	40.94%

#### W55 Women Triple Jump

*Vic Masters Rec: V 8.85m 2012 Margaret Tweedie, Albert Park*

1	Bridle, Christine	W59	WAVERLEY	8.19m	1.3	69.06%
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#### W60 Women Triple Jump

*Vic Masters Rec: V 8.04m 2002 Nyala Millar, Geelong*

1	Tweedie, Margaret	W62	VMA	8.06mV	0.5	73.14%
2	Monk, Leanne	W60	VMA	5.64m	+0.0	51.18%

### M30 Men Triple Jump

*Vic Masters Rec: V 13.10m 1997 Roger Groppi, Olympic Park*

1	Kameme, Troy	M30	COLL	10.56m	+0.0	57.74%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M40 Men Triple Jump

*Vic Masters Rec: V 14.14m 1987 Russell Sarah, Bendigo*

1	Krawczyk, Brad	M41	KNOX	12.18m	1.1	70.81%
2	Browell, Leigh	M42	STH BENDIGO	6.78m	-1.6	39.42%

### M45 Men Triple Jump

*Vic Masters Rec: V 12.98m 2013 Nick Hodgson, Canberra*

1	Gray, Kelvin	M49	CORIO	10.02m	0.8	61.74%
2	Enkelmann, Justin	M46	ESSENDON	9.80m	+0.0	60.38%

### M50 Men Triple Jump

*Vic Masters Rec: V 12.47m 2014 Nick Hodgson, Knox*

1	Hodgson, Nick	M53	GEELONG GUIL	12.38m	1.5	81.13%
2	Brophy, Richard	M52	VMA	10.61m	0.1	69.53%

### M55 Men Triple Jump

*Vic Masters Rec: V 10.74m 1997 Jim Poulter, Aberfeldie*

1	Mcdonald, Peter	M55	BOX HILL	6.96m	+0.0	48.71%
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### M60 Men Triple Jump

*Vic Masters Rec: V 10.63m 1981 Cliff West, Box Hill*

1	Perera, Keerthi	M60	VMA	8.36m	0.4	62.72%
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### M65 Men Triple Jump

*Vic Masters Rec: V 10.16m 1983 Harry Logan / Mike Johnston, Murrumbidgee*

1	Shaw, Geoff	M69	BENDIGO HAR	9.34m	+0.0	75.57%
2	Neale, John	M66	PRESTON	6.05m	+0.0	48.95%

### M70 Men Triple Jump

*Vic Masters Rec: V 9.46m 1993 Mike Johnston, Adelaide*

1	Bryant, Alan	M70	BELLARINE	7.00m	+0.0	61.46%
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### M75 Men Triple Jump

*Vic Masters Rec: V 8.39m 2001 Syd Elks, Brisbane*

1	Jacotine, Julian	M77	VMA	8.44mV	+0.0	81.00%
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### M85 Men Triple Jump

*Vic Masters Rec: V 5.73m 2012 Syd Elks, Albert Park*

1	Coffey, Leo	M87	VMA	6.64mV	+0.0	79.81%
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## High Jump

### W50 Women High Jump

*Vic Masters Rec: V 1.36m 2014 Michele Hossack, Bendigo*

1	Buttigieg, Linda	W52	WAVERLEY	1.20m	70.18%
2	Lamb, Heather	W53	BRUNSWICK	1.05m	61.40%

### W55 Women High Jump

*Vic Masters Rec: V 1.31m 2013 Christine Bridle, Bendigo*

1	Bridle, Christine	W59	WAVERLEY	1.20m	74.53%
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### M35 Men High Jump

*Vic Masters Rec: V 1.90m Brendan Leane*

1	Belton, Robert	M37	OLD SCOTCH	1.15m	48.12%
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### M40 Men High Jump

*Vic Masters Rec: V 1.95m 10/04/1982 Graeme Morrish*

1	Schofield, Paul	M43	DIAMOND VALL	1.78m	76.07%
2	Mierisch, Paul	M40	DONCASTER	1.60m	68.38%

### M45 Men High Jump

*Vic Masters Rec: V 1.87m 16/07/2011 David Hoyle*

1	Hanrahan, Justin	M47	MENTONE	1.60m	72.07%
2	Hilson, Gregory	M47	STH BENDIGO	1.55m	69.82%
3	Hall, Matthew	M45	IVANHOE HAR	1.15m	51.80%

### M50 Men High Jump

*Vic Masters Rec: V 1.70m 19/10/2014 Luke De Bias*

1	Brophy, Richard	M52	VMA	1.60m	75.83%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M60 Men High Jump

*Vic Masters Rec: V 1.54m Tom Hancock*

1	McConnell, David	M64	BOX HILL	1.40m	74.47%
2	Champion, Greg	M62	DIAMOND VALL	1.20m	63.83%
3	Perera, Keerthi	M60	VMA	1.00m	53.19%

### M65 Men High Jump

*Vic Masters Rec: V 1.47m 16/03/2002 Tom Hancock*

1	Shaw, Geoff	M69	BENDIGO HARR	1.35m	76.27%
2	Neale, John	M66	PRESTON ATHL	0.90m	50.85%

### M70 Men High Jump

*Vic Masters Rec: V 1.38m 2001 Gordon Gourlay, Bankstown, NSW*

1	Young, Peter	M70	DONCASTER	0.90m	54.55%
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### M75 Men High Jump

*Vic Masters Rec: V 1.33m 2005 Gordon Gourlay, Adelaide*

1	Hall, Michael	M78	VMA	1.05m	68.18%
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### M80 Men High Jump

*Vic Masters Rec: V 1.10m 2006 Syd Elks, Canberra*

1	Greaves, Brian	M82	VMA	1.15mV	80.99%
2	Hancock, Thomas	M80	IVANHOE	1.15mV	80.99%

### Pole Vault

#### M30 Men Pole Vault

*Vic Masters Rec: V 4.10m 2007 Steven Polizzi, Knox*

1	Kameme, Troy	M30	COLL	2.75m	44.79%
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#### M40 Men Pole Vault

*Vic Masters Rec: V 4.60m 2009 Rob Hill, SAF Nathan*

1	D'Onofrio, Leon	M41	MELB UNI	3.90m	68.42%
2	Newman, Alexander	M42	GLENHUNTLY	3.80m	66.67%

#### M45 Men Pole Vault

*Vic Masters Rec: V 3.92m 1985 Ken Priestly*

NH	Mackie, Stuart	M47	VMA		
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#### M50 Men Pole Vault

*Vic Masters Rec: V 3.58m 1989 Ken Priestly, Murrumbena*

1	Boylen, Christopher	M53	COLL	3.35m	67.00%
2	Crawley, Andrew	M51	GLENHUNTLY	2.30m	46.00%
3	Dell, Tony	M54	RICHMOND	2.15m	43.00%
4	Lovell, Scott	M51	COLL	1.85m	37.00%

#### M60 Men Pole Vault

*Vic Masters Rec: V 3.30m 1998 Rob Barclay, Box Hill*

1	McConnell, David	M64	BOX HILL	2.30m	53.36%
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#### M65 Men Pole Vault

*Vic Masters Rec: V 3.20m 2004 Rob Barclay, Box Hill*

1	Shaw, Geoff	M69	BENDIGO HAR	2.75m	69.27%
2	Neale, John	M66	PRESTON	1.40m	35.26%

#### M75 Men Pole Vault

*Vic Masters Rec: V 2.55m 10/01/2015 Rob Barclay*

1	Poulter, Jim	M75	DONCASTER	1.85m	56.40%
2	Hall, Michael	M78	VMA	1.40m	42.68%

#### W30 Women Pole Vault

*Vic Masters Rec: V 4.00m 2002 Irie Hill, Olympic Park*

1	Lynn, Jacinta	W31	BOX HILL	3.20m	62.14%
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#### W40 Women Pole Vault

1	Morrison, Sally	W41	MENTONE	2.30m	51.11%
2	Egglestone, Donna	W43	MELB UNI	1.55m	34.44%

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### W45 Women Pole Vault

*Vic Masters Rec: V 3.50m 2002 Dawn Hartigan, Olympic Park*

1	Masini, Dale	W49	WESTERN	2.45m	57.78%
2	Kenshole, Gaelyne	W46	DIAMOND VAL	2.15m	50.71%
2	Jones, Joanne	W47	COLL	2.15m	50.71%

### W50 Women Pole Vault

*Vic Masters Rec: V 3.40m 2007 Dawn Hartigan, Coburg*

1	Buttigieg, Linda	W52	WAVERLEY	2.75m	69.27%
NH	Lamb, Heather	W53	BRUNSWICK		

### W60 Women Pole Vault

1	Monk, Leanne	W60	VMA	2.00m	57.97%
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### Hammer Throw

#### W30 Women Hammer Throw 4kg

*Vic Masters Rec: V 46.50m 2008 Raelene Warren, Olympic Park*

1	Neighbour, Gabriel	W33	FRANKSTON	57.95mV	75.26%
2	Mccowan, Catherine	W31	BOX HILL	40.42m	52.49%
3	Spong, Alison	W34	CASEY CARD	39.09m	50.77%

#### W35 Women Hammer Throw 4kg

*Vic Masters Rec: V 48.14m 1994 Pam Matthews, Adelaide*

1	Gleeson, Kim	W37	BALLARAT YCW	25.37m	36.05%
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#### W40 Women Hammer Throw 4kg

*Vic Masters Rec: V 41.56m 1991 Christine Schultz, Olympic Park*

1	Johansen, Nicole	W44	RINGWOOD	35.39m	54.06%
2	Todorov, Sophie	W42	YARRA RANGES	22.61m	34.54%
3	Mclennan, Laura	W40	DONCASTER	18.41m	28.12%
4	Hewitson, Kathi	W44	YARRA RANGES	16.52m	25.24%

#### W45 Women Hammer Throw 4kg

*Vic Masters Rec: V 41.70m 2013 Linda Buttigieg, Geelong*

1	Kenshole, Gaelyne	W46	DIAMOND VALL	20.73m	34.24%
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#### W50 Women Hammer Throw 3kg

*Vic Masters Rec: V 48.66m 1996 Jan Davies, Perth*

1	Buttigieg, Linda	W52	WAVERLEY	43.74m	72.92%
2	Lamb, Heather	W53	BRUNSWICK	24.33m	40.56%
3	Sammartino, Melissa	W50	RINGWOOD	22.36m	37.28%

#### W55 Women Hammer Throw 3kg

*Vic Masters Rec: V 46.90m 1996 Jan Davies, Miami, QLD*

1	Barr, Sharon	W55	BENDIGO HARR	29.10m	52.85%
2	Bridle, Christine	W59	WAVERLEY	27.08m	49.18%
3	Messerle, Narelle	W58	RINGWOOD	22.95m	41.68%

#### W60 Women Hammer Throw 3kg

*Vic Masters Rec: V 35.08m 2003 Astrid Rose, Canberra*

1	Jenkins, Dorn	W61	MENTONE	35.79mV	71.37%
2	Kirby, Karen	W61	CHILWELL	19.98m	39.84%

#### W65 Women Hammer Throw 3kg

*Vic Masters Rec: V 33.29m 2010 Rhondda Dundas, Perth*

1	Mussett, Lorraine	W68	VMA	17.52m	38.77%
2	Learmont, Beverley	W68	DONCASTER	16.82m	37.22%

#### W75 Women Hammer Throw 2kg

*Vic Masters Rec: V 28.96m 2010 Val Worrell, Murrumbidgee*

1	Kinsey, Jane	W76	VMA	18.38m	45.16%
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#### W80 Women Hammer Throw 2kg

*Vic Masters Rec: V 24.20m 2005 Gwen Davidson, Murrumbidgee*

1	Worrell, Valerie	W82	VMA	21.38m	60.06%
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## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M30 Men Hammer Throw 7.26kg

*Vic Masters Rec: V 44.89m 2008 Graham Hicks, Murrumbeena*

1	Kameme, Troy	M30	COLL	26.32m	30.34%
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### M35 Men Hammer Throw 7.26kg

*Vic Masters Rec: V 67.92m 1987 Hans Lotz*

1	Belton, Robert	M37	OLD SCOTCH	11.34m	13.47%
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### M40 Men Hammer Throw 7.26kg

*Vic Masters Rec: V 66.94m 1987 Hans Lotz, Olympic Park*

1	Hawkins, Justin	M44	COLL	32.27m	41.86%
2	Browell, Leigh	M42	STH BENDIGO	15.37m	19.94%

### M45 Men Hammer Throw 7.26kg

*Vic Masters Rec: V 59.62m 1994 Hans Lotz, Mentone*

1	Carroll, Patrick	M48	RINGWOOD	35.91m	51.32%
2	De Vries, David	M47	KEILOR S B	33.27m	47.55%
3	Hall, Matthew	M45	IVANHOE	28.54m	40.79%
4	Young, Scott	M45	DONCASTER	22.94m	32.79%

### M50 Men Hammer Throw 6kg

*Vic Masters rec: V 60.39m 1998 Hans Lotz, Murrumbeena*

1	Crawley, Andrew	M51	GLENHUNTLY	28.87m	39.49%
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### M55 Men Hammer Throw 6kg

*Vic Masters Rec: V 49.34m 1996 Ken Readwin, Perth*

1	Wrzuszczak, Peter	M56	GEELONG GUIL	35.04m	53.10%
2	Ginders, Caryl	M56	GIPPSLAND	31.52m	47.76%

### M60 Men Hammer Throw 5kg

*Vic Masters Rec: V 48.98m 2004 Graeme Rose, Murrumbeena*

1	Olsson, Paul	M60	CASEY CARD	41.67m	62.85%
2	Peska, Stan	M60	WESTERN	30.31m	45.72%
3	Rickard, Ian	M61	BRUNSWICK	22.88m	34.51%

### M65 Men Hammer Throw 5kg

*Vic Masters Rec: V 50.38m 1997 Wim Van Weenen, Box Hill*

1	Holzer, Robert	M68	GEELONG GUIL	38.64m	65.29%
2	Neale, John	M66	PRESTON	27.89m	47.13%

### M70 Men Hammer Throw 4kg

*Vic Masters Rec: V 48.74m 2003 Wim Van Weenen, Murrumbeena*

1	Young, Peter	M70	DONCASTER	27.83m	46.60%
2	Tonelli, Didimo	M73	KEILOR S B	24.44m	40.92%

### M80 Men Hammer Throw 3kg

*Vic Masters Rec: V 41.98m 2012 Wim Van Weenen, Albert Park*

1	Hancock, Thomas	M80	IVANHOE	37.60m	80.86%
2	Knight, George	M80	VMA	23.12m	49.72%

### M75 Men Hammer Throw 4kg

*Vic Masters Rec: V 43.84m 2008 Wim Van Weenen, Murrumbeena*

1	Priestley, Ken	M78	VMA	29.96m	56.96%
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### M85 Men Hammer Throw 3kg

*Vic Masters Rec: V 27.51m 1999 John Fraser, Murrumbeena*

1	Van Weenen, Bill	M85	VMA	27.56mV	70.58%
2	Clark, Russell		VMA	15.14m	17.45%

## Javelin

### M30 Men Javelin Throw 800gm

*Vic Masters Rec: V 52.09m 2008 Graham Hicks, Murrumbeena*

1	Kameme, Troy	M30	COLL	40.50m	41.13%
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Tom Hancock

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M40 Men Javelin Throw 800gm

*Vic Masters Rec: V 55.48m 1987 Graeme Rose, Murrumbeena*

1	Newman, Alexander	M42	GLENHUNTLY	35.15m	38.77%
2	Nemesi, Eugene	M41	COLL	32.28m	35.61%
3	Hawkins, Justin	M44	COLL	29.53m	32.57%
4	Browell, Leigh	M42	STH BENDIGO	21.59m	23.81%

### M45 Men Javelin Throw 800gm

*Vic Masters Rec: V 54.82m 1991 Graeme Rose, Brisbane*

1	Hanrahan, Justin	M47	MENTONE	41.90m	49.85%
2	Carroll, Patrick	M48	RINGWOOD	36.49m	43.41%
3	Nolan, Andrew	M47	VMA	35.78m	42.56%
4	Hall, Matthew	M45	IVANHOE	28.15m	33.49%
5	Scholes, Matthew	M47	VMA	27.18m	32.33%

### M50 Men Javelin Throw 700gm

*Vic Masters Rec: V 54.79m 2001 Andrew Farr, Brisbane*

1	Hawkins, Alan	M53	CHILWELL	46.64m	58.15%
2	Lovell, Scott	M51	COLL	30.34m	37.83%
3	Crawley, Andrew	M51	GLENHUNTLY	30.31m	37.79%

### M55 Men Javelin Throw 700gm

*Vic Masters Rec: V 50.38m 2001 Graeme Rose, Bankstown, NSW*

1	Egginton, Andrew	M55	BOX HILL	30.07m	40.86%
2	Wrzuszczak, Peter	M56	GEELONG GUIL	25.34m	34.43%

### M60 Men Javelin Throw 600gm

*Vic Masters Rec: V 50.62m 1994 Wim Van Weenen, Mentone*

1	Peska, Stan	M60	WESTERN ATH	34.98m	50.22%
2	Gould, John	M62	VMA	29.36m	42.15%
3	Rickard, Ian	M61	BRUNSWICK	19.70m	28.28%

### M65 Men Javelin Throw 600gm

*Vic Masters Rec: V 45.00m 1989 Aivars Pavulins, Eugene, USA*

1	Farr, Andrew	M67	MENTONE	38.15m	60.51%
2	Holzer, Robert	M68	GEELONG GUIL	33.95m	53.85%
3	Neale, John	M66	PRESTON	22.54m	35.75%

### W30 Women Javelin Throw 600gm

*Vic Masters Rec: V 34.10m 2001 Kelly Carvill, Murrumbeena*

1	Dux, Jessica	W32	ATH NUNA	20.02m	27.42%
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### W35 Women Javelin Throw 600gm

*Vic Masters Rec: V 29.99m 2008 Sharyn Hunter, Olympic Park*

1	Gleeson, Kim	W37	BALLARAT YCW	29.05m	42.27%
2	Akermanis, Megan	W37	VMA	18.25m	26.55%

### W40 Women Javelin Throw 600gm

*Vic Masters Rec: V 32.61m 2010 Judy Pfanner, Murrumbeena*

1	Johansen, Nicole	W44	RINGWOOD	32.55m	51.16%
2	Todorov, Sophie	W42	YARRA RANGES	24.81m	39.00%

### W45 Women Javelin Throw 600gm

*Vic Masters Rec: V 33.73m 2002 Dawn Hartigan, Olympic Park*

1	Matters, Toni	W49	VMA	25.92m	44.31%
2	Berntsen, Milly	W47	MENTONE	17.42m	29.78%

### W50 Women Javelin Throw 500gm

*Vic Masters Rec: V 32.26m 2009 Dawn Hartigan, Lahti*

1	Pfanner, Judy	W51	VMA	26.07m	46.95%
2	Buttigieg, Linda	W52	WAVERLEY	25.33m	45.61%
3	Lamb, Heather	W53	BRUNSWICK	16.79m	30.24%



*Andrew Farr*

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### W55 Women Javelin Throw 500gm

*Vic Masters Rec: V 23.05m 2006 Chris Schultz, Murrumbeena*

1	Bridle, Christine	W59	WAVERLEY	21.86m	43.36%
2	Messerle, Narelle	W58	RINGWOOD	21.45m	42.55%
3	Tindal, Pam	W57	VMA	19.80m	39.28%

### W60 Women Javelin Throw 400gm

*Vic Masters Rec: V 24.24m 1987 Bettina Woodburn, NSW*

1	Jenkins, Dorn	W61	MENTONE	21.94m	48.44%
2	Kirby, Karen	W61	CHILWELL	19.47m	42.99%

### W65 Women Javelin Throw 400gm

*Vic Masters Rec: V 22.08m 1991 Bettina Woodburn, Murrumbeena*

1	Learmont, Beverley	W68	DONCASTER	13.18m	32.81%
2	Mussett, Lorraine	W68	VMA	8.82m	21.96%

### W75 Women Javelin Throw 400gm

*Vic Masters Rec: V 14.82m 1999 Gwen Davidson, Canberra*

1	Kinsey, Jane	W76	VMA	9.93m	31.00%
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### W80 Women Javelin Throw 400gm

*Vic Masters Rec: V 12.32m 2003 Gwen Davidson, Perth*

1	Worrell, Valerie	W82	VMA	10.97m	40.77%
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## Weight Throw

### W30 Women Weight Throw 9.08kg

*Vic Masters Rec: V 13.26m 2008 Raelene Warren, Murrumbeena*

1	Mccowan, Catherine	W31	BOX HILL	13.10m	55.51%
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### W35 Women Weight Throw 9.08kg

*Vic Masters Rec: V 12.79m 1987 Christine Schultz, Murrumbeena*

1	Gleeson, Kim	W37	BALLARAT YCW	8.45m	39.10%
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### W40 Women Weight Throw 9.08kg

*Vic Masters Rec: V 12.44m 1994 Christine Schultz, Brisbane*

1	Johansen, Nicole	W44	RINGWOOD	11.39m	57.21%
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### W50 Women Weight Throw 7.26kg

*Vic Masters Rec: V 14.77m 1996 Jan Davies, Perth*

1	Buttigieg, Linda	W52	WAVERLEY	11.04m	55.31%
2	Lamb, Heather	W53	BRUNSWICK	7.42m	37.17%

### W55 Women Weight Throw 7.26kg

*Vic Masters Rec: V 14.58m 1999 Jan Davies, Murrumbeena*

1	Messerle, Narelle	W58	RINGWOOD	8.99m	49.21%
2	Bridle, Christine	W59	WAVERLEY	8.83m	48.33%
3	Barr, Sharon	W55	BENDIGO HAR	8.23m	45.05%

### W60 Women Weight Throw 5.45kg

*Vic Masters Rec: V 13.06m 2009 Rhondda Dundas, Adelaide*

1	Jenkins, Dorn	W61	MENTONE	15.15mV	77.73%
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### W65 Women Weight Throw 5.45kg

*Vic Masters Rec: V 12.98m 2010 Rhondda Dundas, Perth*

1	Learmont, Beverley	W68	DONCASTER	7.83m	43.99%
2	Mussett, Lorraine	W68	VMA	5.89m	33.09%

### W75 Women Weight Throw 4kg

*Vic Masters Rec: V 10.30m 1998 Gwen Davidson, Murrumbeena*

1	Kinsey, Jane	W76	VMA	7.07m	41.81%
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### W80 Women Weight Throw 4kg

*Vic Masters Rec: V 8.80m 2003 Gwen Davidson, Murrumbeena*

1	Worrell, Valerie	W82	VMA	7.72m	50.46%
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### M30 Men Weight Throw 15.88kg

*Vic Masters Rec: V 13.07m 2008 Graham Hicks, Murrumbeena*

1	Kameme, Troy	M30	COLL	7.74m	29.93%
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### M40 Men Weight Throw 15.88kg

*Vic Masters Rec: V 16.60m 1992 Hans Lotz, Murrumbeena*

1	Hawkins, Justin	M44	COLL	10.10m	42.56%
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### M45 Men Weight Throw 15.88kg

*Vic Masters Rec: V 15.70m 1995 Hans Lotz, Murrumbeena*

1	De Vries, David	M47	KEILOR S B	11.10m	50.20%
2	Hall, Matthew	M45	IVANHOE	10.11m	45.73%
3	Carroll, Patrick	M48	RINGWOOD	8.74m	39.53%

### M50 Men Weight Throw 11.34kg

*Vic Masters Rec: V 19.71m 1998 Hans Lotz, Murrumbeena*

1	Crawley, Andrew	M51	GLENHUNTLY	11.08m	44.93%
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### M55 Men Weight Throw 11.34kg

*Vic Masters Rec: V 17.84m 1999 Graeme Rose, Murrumbeena*

1	Ginders, Caryl	M56	GIPPSLAND	12.01m	52.13%
2	Wrzuszczak, Peter	M56	GEELONG GUIL	11.66m	50.61%
3	Coumaros, Peter	M56	DONCASTER	11.41m	49.52%

### M60 Men Weight Throw 9.08kg

*Vic Masters Rec: V 19.03m 2006 Graeme Rose, Canberra*

1	Olsson, Paul	M60	CASEY CARD	15.39m	62.03%
2	Peska, Stan	M60	WESTERN ATH	11.57m	46.63%

### M65 Men Weight Throw 9.08kg

*Vic Masters Rec: V 18.57m 1997 Willem Van Weenen, Murrumbeena*

1	Holzer, Robert	M68	GEELONG GUIL	12.88m	55.54%
2	Neale, John	M66	PRESTON	9.49m	40.92%
3	Prowse, Frank	M65	DONCASTER	4.98m	21.47%

### M70 Men Weight Throw 7.26kg

*Vic Masters Rec: V 17.96m 2002 Willim Van Weenen, Murrumbeena*

1	Young, Peter	M70	DONCASTER	10.15m	44.77%
2	Tonelli, Didimo	M73	KEILOR S B	9.09m	40.10%
3	Mooney, Ray	M72	VMA	8.77m	38.69%

### M75 Men Weight Throw 7.26kg

*Vic Masters Rec: V 15.98m 2009 Willem Van Weenen, Murrumbeena*

1	Priestley, Ken	M78	VMA	11.83m	56.20%
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### M80 Men Weight Throw 5.45kg

*Vic Masters Rec: V 15.10m 1995 John Fraser, Olympic Park*

1	Hancock, Thomas	M80	IVANHOE	15.96mV	80.48%
2	Knight, George	M80	VMA	8.90m	44.88%

### M85 Men Weight Throw 5.45kg

*Vic Masters Rec: V 12.99m 2000 John Fraser, Murrumbeena*

1	Clark, Russell		VMA	6.49m	25.10%
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## Discus Throw

### W30 Women Discus Throw 1kg

*Vic Masters Rec: V 50.04m 1985 Chris Schultz, Olympic Park*

1	Mccowan, Catherine	W31	BOX HILL	36.23m	47.17%
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### W35 Women Discus Throw 1kg

*Vic Masters Rec: V 48.90m 1989 Chris Schultz, Melbourne*

1	Champion, Megan	W36	MENTONE	34.49m	46.56%
2	Gleeson, Kim	W37	BALL YCW	29.94m	40.42%

### W40 Women Discus Throw 1kg

*Vic Masters Rec: V 48.52m 1991 Chris Schultz, Turku, Finland*

1	Johansen, Nicole	W44	RINGWOOD	32.47m	47.14%
2	Todorov, Sophie	W42	YARRA RANGE	28.24m	41.00%
3	Mclennan, Laura	W40	DONCASTER	17.53m	25.45%

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### W45 Women Discus Throw 1kg

*Vic Masters Rec: V 44.38m 1999 Chris Schultz, Geelong*

1	Matters, Toni	W49	VMA	30.46m	47.83%
2	Kenshole, Gaelyne	W46	DIAMOND VAL	21.70m	34.07%
3	Berntsen, Milly	W47	MENTONE	21.54m	33.82%

### W50 Women Discus Throw 1kg

*Vic Masters Rec: V 41.00m 2001 Chris Schultz, Melbourne*

1	Buttigieg, Linda	W52	WAVERLEY	24.60m	42.05%
2	Sammartino, Melissa	W50	RINGWOOD	23.32m	39.86%
3	Lamb, Heather	W53	BRUNSWICK	18.64m	31.86%
4	Bedyn, Erika	W54	YARRA RANGE	16.87m	28.84%

### W55 Women Discus Throw 1kg

*Vic Masters Rec: V 33.54m 2006 Chris Schultz, Christchurch*

1	Messerle, Narelle	W58	RINGWOOD	22.10m	41.46%
2	Barr, Sharon	W55	BENDIGO HAR	20.02m	37.55%
3	Bridle, Christine	W59	WAVERLEY	16.71m	31.34%

### W65 Women Discus Throw 1kg

*Vic Masters Rec: V 25.72m 1993 Lydia Widera, Murrumbena*

1	Learmont, Beverley	W68	DONCASTER	15.73m	36.72%
2	Mussett, Lorraine	W68	VMA	11.32m	26.42%

### W60 Women Discus Throw 1kg

*Vic Masters Rec: V 26.35m 2013 Chris Schultz, Canberra*

1	Jenkins, Dorn	W61	MENTONE	24.55m	51.02%
2	Kirby, Karen	W61	CHILWELL	16.89m	35.10%

### W75 Women Discus Throw 0.75kg

*Vic Masters Rec: V 22.03m 2010 Val Worrell, Murrumbena*

1	Hugo, Beverly	W77	VMA	14.18m	39.79%
2	Kinsey, Jane	W76	VMA	11.66m	32.72%

### W80 Women Discus Throw 0.75kg

*Vic Masters Rec: V 16.68m 2005 Gwen Davidson, Murrumbena*

1	Worrell, Valerie	W82	VMA	15.98m	52.48%
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### M30 Men Discus Throw 2kg

*Vic Masters Rec: V 50.57m 2008 Graham Hicks, Murrumbena*

1	O'Callaghan, Sean	M34	COBURG	31.95m	43.13%
2	Rae, Gabriel	M30	CHILWELL	31.16m	42.06%
3	Kameme, Troy	M30	COLL	28.05m	37.86%

### M35 Men Discus Throw 2kg

*Vic Masters Rec: V 46.35m 2007 Yohan Amerasekera, Knox*

1	Hicks, Graham	M38	ESSENDON	47.32m	64.79%
2	Belton, Robert	M37	OLD SCOTCH	19.31m	26.44%

### M45 Men Discus Throw 2kg

*Vic Masters Rec: V 49.08m 1994 Geoff Tyler, Homebush NSW*

1	Short, Russell	M47	GLENHUNTLY	38.64m	62.85%
2	Hall, Matthew	M45	IVANHOE	33.82m	55.01%
3	Carroll, Patrick	M48	RINGWOOD	33.77m	54.93%
4	Hanrahan, Justin	M47	MENTONE	33.64m	54.72%
5	Young, Scott	M45	DONCASTER	29.60m	48.15%
6	De Vries, David	M47	KEILOR S B	27.31m	44.42%
7	Langdon, Antony	M48	EAGLEHAWK	16.49m	26.82%

### M40 Men Discus Throw 2kg

*Vic Masters Rec: V 48.14m 1993 Geoff Tyler, Doncaster*

1	Wilson, Travis	M42	VMA	37.36m	55.55%
2	Mierisch, Paul	M40	DONCASTER	33.10m	49.21%
3	Newman, Alexander	M42	GLENHUNTLY	32.12m	47.75%

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### M40 Men Discus Throw 2kg cont

4	Hawkins, Justin	M44	COLL	30.12m	44.78%
5	Nemesi, Eugene	M41	COLL	23.68m	35.21%
6	Browell, Leigh	M42	STH BENDIGO	17.67m	26.27%

### M50 Men Discus Throw 1.5kg

*Vic Masters Rec: V 46.07m 2012 Richard Fejer, Albert Park*

1	Crawley, Andrew	M51	GLENHUNTLY	32.27m	44.51%
2	Lovell, Scott	M51	COLL	22.04m	30.40%

### M55 Men Discus Throw 1.5kg

*Vic Masters Rec: V 42.65m 1999 Graeme Rose, Box Hill*

1	Wrzuszczak, Peter	M56	GEELONG GUIL	28.83m	43.21%
2	Coumaros, Peter	M56	DONCASTER	27.45m	41.14%
3	Large, Duncan	M58	DONCASTER	24.12m	36.15%

### M60 Men Discus Throw 1kg

*Vic Masters Rec: V 46.10m 1998 Tom Hancock, Murrumbeena*

1	Watts, Andrew	M61	WAVERLEY	37.55m	53.87%
2	Peska, Stan	M60	WESTERN	37.38m	53.63%
3	Rickard, Ian	M61	BRUNSWICK	20.64m	29.61%

### M65 Men Discus Throw 1kg

*Vic Masters Rec: V 46.79m 2002 Tom Hancock, Box Hill*

1	Neale, John	M66	PRESTON	28.29m	44.44%
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### M70 Men Discus Throw 1kg

*Vic Masters Rec: V 40.14m 1997 Rudi Hochreiter, Geelong*

1	Young, Peter	M70	DONCASTER	32.69m	56.40%
2	Mooney, Ray	M72	VMA	30.03m	51.81%
3	Amerasekera, Errol	M73	WAVERLEY	25.10m	43.31%
4	Tonelli, Didimo	M73	KEILOR S B	23.27m	40.15%

### M75 Men Discus Throw 1kg

*Vic Masters Rec: V 35.77m 2001 Rudi Hochreiter, Geelong*

1	Jupp, John	M76	VMA	19.34m	37.42%
2	Leong, Tom	M75	VMA	19.05m	36.85%

### M80 Men Discus Throw 1kg

*Vic Masters Rec: V 28.04m 2009 Colin Murraylee, Box Hill*

1	Hancock, Thomas	M80	IVANHOE	30.17mV	66.96%
2	Simons, George	M81	VMA	17.06m	37.86%
3	Knight, George	M80	VMA	17.05m	37.84%

### M85 Men Discus Throw 1kg

*Vic Masters Rec: V 21.73m 1999 John Fraser, Murrumbeena*

1	Burke, Wyvern	M86	VMA	12.96m	34.13%
2	Clark, Russell		VMA	12.28m	16.58%

## Shot Put

### W35 Women Shot Put 4kg

*Vic Masters Rec: V 15.41m 1987 Chris Schultz, Melbourne*

1	Gleeson, Kim	W37	BALL YCW	9.95m	45.58%
2	Deane, Carmen	W37	MELB UNI	8.38m	38.39%

### W30 Women Shot Put 4kg

*Vic Masters Rec: V 15.71m 1984 Chris Schultz, Murrumbeena*

1	Mccowan, Catherine	W31	BOX HILL	10.05m	44.41%
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### W40 Women Shot Put 4kg

*Vic Masters Rec: V 14.36m 1991 Chris Schultz, Melbourne*

1	Johansen, Nicole	W44	RINGWOOD	9.19m	45.07%
2	Todorov, Sophie	W42	YARRA RANGE	8.62m	42.28%

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### W45 Women Shot Put 4kg

*Vic Masters Rec: V 13.18m 1998 Chris Schultz, Olympic Park*

1	Matters, Toni	W49	VMA	9.10m	48.02%
2	Kenshole, Gaelyne	W46	DIAMOND VAL	8.31m	43.85%

### W50 Women Shot Put 3kg

*Vic Masters Rec: V 14.39m 2001 Chris Schultz, Brisbane*

1	Sammartino, Melissa	W50	RINGWOOD	8.91m	49.64%
2	Lamb, Heather	W53	BRUNSWICK	7.25m	40.39%

### W55 Women Shot Put 3kg

*Vic Masters Rec: V 11.39m 2006 Chris Schultz, Christchurch*

1	Messerle, Narelle	W58	RINGWOOD	8.13m	49.24%
2	Bridle, Christine	W59	WAVERLEY	7.62m	46.15%
3	Barr, Sharon	W55	BENDIGO HAR	6.31m	38.22%

### W60 Women Shot Put 3kg

*Vic Masters Rec: V 9.88m 2012 Chris Schultz, Albert Park*

1	Jenkins, Dorn	W61	MENTONE	8.63m	57.27%
2	Kirby, Karen	W61	CHILWELL	7.97m	52.89%
3	Monk, Leanne	W60	VMA	5.66m	37.56%

### W65 Women Shot Put 3kg

*Vic Masters Rec: V 8.95m 2010 Rhondda Dundas, Perth*

1	Learmont, Beverley	W68	DONCASTER	6.07m	44.53%
2	Mussett, Lorraine	W68	VMA	5.38m	39.47%

### W80 Women Shot Put 2kg

*Vic Masters Rec: V 6.90m 2005 Gwen Davidson, Murrumbidgee*

1	Worrell, Valerie	W82	VMA	6.17m	56.55%
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### W75 Women Shot Put 2kg

*Vic Masters Rec: V 6.81m 1998 Gwen Davidson, Murrumbidgee*

1	Kinsey, Jane	W76	VMA	5.46m	44.21%
2	Hugo, Beverly	W77	VMA	5.46m	44.21%

### M30 Men Shot Put 7.26kg

*Vic Masters Rec: V 14.47m 1998 Angelo Pagano, Olympic Park*

1	O'Callaghan, Sean	M34	COBURG	11.52m	49.83%
2	Plante, Joshua	M32	GLENHUNTLY	10.26m	44.38%

### M35 Men Shot Put 7.26kg

*Vic Masters Rec: V 14.59m 1999 Angelo Pagano, Aberfeldie*

1	Belton, Robert	M37	OLD SCOTCH	4.97m	22.30%
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### M40 Men Shot Put 7.26kg

*Vic Masters Rec: V 14.73m 2012 Russell Short, London*

1	Hawkins, Justin	M44	COLL	10.07m	48.51%
2	Wilson, Travis	M42	VMA	9.99m	48.12%
3	Newman, Alexander	M42	GLENHUNTLY	9.89m	47.64%
4	Browell, Leigh	M42	STH BENDIGO	7.21m	34.73%

### M45 Men Shot Put 7.26kg

*Vic Masters Rec: V 13.88m 1994 Geoff Tyler, Olympic Park*

1	Short, Russell	M47	GLENHUNTLY	14.58mV	75.82%
2	Hall, Matthew	M45	IVANHOE	11.85m	61.62%
3	Hanrahan, Justin	M47	MENTONE	11.69m	60.79%
4	Carroll, Patrick	M48	RINGWOOD	11.58m	60.22%
5	De Vries, David	M47	KEILOR S B	8.98m	46.70%

### M50 Men Shot Put 6kg

*Vic Masters Rec: V 13.91m 1997 Graeme Rose, Canberra*

1	Crawley, Andrew	M51	GLENHUNTLY	9.75m	49.42%
2	Zammit, Joe	M52	GLENHUNTLY	9.64m	48.86%

## RESULTS - 2017 VICTORIAN MASTERS T&F CHAMPIONSHIPS

### M55 Men Shot Put 6kg

*Vic Masters Rec: V 13.23m 1999 Graeme Rose, Gateshead, UK*

1	Ginders, Caryl	M56	GIPPSLAND	10.39m	57.09%
2	Coumaros, Peter	M56	DONCASTER	9.60m	52.75%
3	Wrzuszczak, Peter	M56	GEELONG GUIL	9.41m	51.70%
4	Large, Duncan	M58	DONCASTER	7.59m	41.70%

### M60 Men Shot Put 5kg

*Vic Masters Rec: V 13.27m 2005 Graeme Rose, Brisbane*

1	Peska, Stan	M60	WESTERN	12.31m	66.47%
2	Olsson, Paul	M60	CASEY CARD	11.32m	61.12%
3	Haines, Russ	M64	VIMA	11.11m	59.99%
4	Rickard, Ian	M61	BRUNSWICK	7.23m	39.04%

### M65 Men Shot Put 5kg

*Vic Masters Rec: V 13.02m 1989 Aivars Pavulins, San Diego*

1	Neale, John	M66	PRESTON	7.81m	45.97%
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### M70 Men Shot Put 4kg

*Vic Masters Rec: V 12.82m 1997 Rudi Hochreiter, Geelong*

1	Young, Peter	M70	DONCASTER	10.89m	60.33%
2	Mooney, Ray	M72	VMA	10.12m	56.07%
3	Tonelli, Didimo	M73	KEILOR S B	8.88m	49.20%

### M75 Men Shot Put 4kg

*Vic Masters Rec: V 11.56m 2001 Rudi Hochreiter, Geelong*

1	Jupp, John	M76	VMA	7.13m	43.16%
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### M80 Men Shot Put 3kg

*Vic Masters Rec: V 9.31m 1995 John Fraser, Murrumbeena*

1	Hancock, Thomas	M80	IVANHOE	<b>11.68mV</b>	76.04%
2	Stobbe, Dirk	M80	VMA	8.35m	54.36%
3	Simons, George	M81	VMA	6.49m	42.25%
4	Knight, George	M80	VMA	6.32m	41.15%

### M85 Men Shot Put 3kg

*Vic Masters Rec: V 7.94m 2000 John Fraser, Murrumbeena*

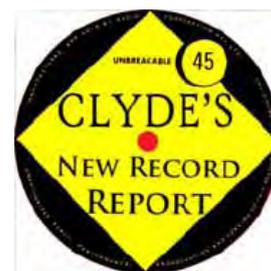
1	Clark, Russell		VMA	5.80m	25.09%
2	Burke, Wyvern	M86	VMA	5.37m	39.17%

**FOR SALE**  
 A pair of Nike Long Jump shoes  
 in a lovely blue bag.  
**Won't fit me.**  
 Ring Russ 0418333569

### NEW RECORDS REPORT

#### Pending World Record:

W90	3k Walk	Heather Lee	NSW	25:34.18	93.1%	19-11-16	Kensington
W90	5k Walk	Heather Lee	NSW	42:37.46	99.2%	9-12-16	SOPAC



#### World Indoor Records:

W65	3k Walk	Heather Carr	Vic	16:57.96	92.1%	19-3-17	Daegu
W70	3000m	Lavinia Petrie	Vic	12:54.89	107.4%	22-3-17	Daegu
W65	400m	Jeanette Flynn	Qld	70.34s	94.7%	25-3-17	Daegu

#### Australian Records:

W70	H Weight Pent	Janice Banens	ACT	4699pts	-	1-11-11	Turner ACT
W80	H Weight Pent	Mary Wahren	ACT	2028pts	-	10-4-16	Turner ACT
M55	High Jump	Volodymyr Shelever	NSW	1.75m	92.6%	29-10-16	Blacktown
W90	1500m Walk	Heather Lee	NSW	12:09.10	90.8%	19-11-16	Kensington
M40	3000m	Philo Saunders	ACT	8:16.34	93.8%	12-11-16	SOPAC
M40	Mile	Philo Saunders	ACT	4:12.18	93.4%	10-12-16	Bankstown
W40	1500m	Belinda Martin	NSW	4:30.56	91.8%	10-12-16	Bankstown
M35	4x400m Relay	William Little Kulan Ranasinghe Simon Jackson Leigh Phelan	Vic Vic Vic Vic	3:28.00	-	14-1-17	Aberfeldie
W65	2k Walk	Heather Carr	Vic	10:52.2	-	21-1-17	Cranbourne
M40	H Weight Pent	Matt Staunton	WA	3918pts	-	22-1-17	Perth
W80	4x100m Relay	Gwen Gleeson Anne Young Consie Larmour Cory Collins	ACT ACT ACT ACT	1:41.55	-	25-1-17	AIS ACT
M40	1500m	Philo Saunders	ACT	3:49.70	94.8%	28-1-17	Newcastle
M50	Discus	Todd Davey	WA	53.98m	72.9%	3-2-17	Perth
M40	1500m	Philo Saunders	ACT	3:47.34	95.8%	5-2-17	SOPAC
W80	200m	Cory Collins	ACT	39.91s	90.2%	7-2-17	AIS ACT
M50	Discus	Todd Davey	WA	55.26m	74.6%	7-2-17	Perth
W65	Pentathlon	Carol Davis	Qld	3942pts	-	12-2-17	Gold Coast
W55	High Jump	Deann Mayfield	Qld	1.52m	96.8%	18-2-17	QSAC Nathan
M50	Throws Pent	Todd Davey	WA	4195pts	-	18-2-17	Bunbury
M35	200m	Jay Stone	NSW	21.96s	93.4%	21-2-17	Dubbo
W70	56lb Weight	Jeanette Williamson	ACT	2.75m	-	25-2-17	Turner ACT
W55	High Jump	Deann Mayfield	Qld	1.53m	97.5%	4-3-17	QSAC Nathan
W75	Hammer	Jan Banens	ACT	35.28m	104.3%	9-3-17	AIS ACT
W70	80m Hurdles	Marge Allison	Qld	17.94s	96.6%	11-3-17	QSAC Nathan
W75	Hammer	Jan Banens	ACT	35.84m	106.0%	20-3-17	Daegu
W65	2k Steeple	Marlene Gourlay	Vic	9:41.24	92.0%	25-3-17	Doncaster
M75	100m	Bob Wishart	Vic	13.56s	97.4%	25-3-17	Doncaster
W80	60m	Shirley Coppock	Vic	12.39s	90.00%	26-3-17	Doncaster
M75	60m	Bob Wishart	Vic	8.67s	98.6%	26-3-17	Doncaster
M75	200m	Bob Wishart	Vic	28.42s	98.2%	26-3-17	Doncaster

#### Australian Indoor Records from Daegu, South Korea:

W50	3k Walk	Anne Weekes	NSW	17:32.63	77.1%	19-3-17	
W75	3k Walk	Joan Purcell	NSW	22:05.70	79.4%	19-3-17	

**NEW RECORDS REPORT continued**

M70	3k Walk	Andrew Jamieson	Vic	16:24.18	89.7%	20-3-17
W45	60m	Lenore Lambert	NSW	8.22s	94.3%	20-3-17
W50	60m	Julie Brims	Qld	8.20s	98.5%	20-3-17
W55	60m	Lynda Douglass	NSW	8.73s	96.5%	20-3-17
M50	60m	Stephen Jones	Qld	7.82s	94.3%	20-3-17
M55	60m	Rudy Kocis	WA	7.81s(=)	95.8%	20-3-17
M70	60m	Peter Crombie	NSW	8.55s	97.8%	20-3-17
M40	Long Jump	Geoffrey Gibbons	Tas	5.77m	71.7%	20-3-17
W45	High Jump	Lenore Lambert	NSW	1.54m	88.0%	20-3-17
W75	High Jump	Lynne Schickert	WA	0.84m	74.3%	20-3-17
M40	Weight Throw	Matthew Staunton	WA	13.63m	60.1%	20-3-17
W35	60m	Melissa Foster	WA	8.16s	75.8%	21-3-17
W50	60m	Julie Brims	Qld	8.08s	100.0%	21-3-17
W55	60m	Lynda Douglass	NSW	8.71s	96.7%	21-3-17
W65	60m	Lyn Peake	SA	9.48s	99.3%	21-3-17
W75	60m	Noreen Parrish	Qld	11.42s	90.2%	21-3-17
M55	60m	Stephen Jones	Qld	7.81s	94.4%	21-3-17
M70	60m	Peter Crombie	NSW	8.39s	99.6%	21-3-17
M90	60m	Jim Sinclair	Vic	13.56s	92.3%	21-3-17
W50	200m	Julie Brims	Qld	26.58s	96.8%	21-3-17
W55	200m	Lynda Douglass	NSW	29.95s	89.8%	21-3-17
M35	200m	Jay Stone	NSW	23.14s	87.9%	21-3-17
M70	200m	Peter Crombie	NSW	28.01s	95.0%	21-3-17
W55	Long Jump	Sally Stagles	NSW	4.13m	75.2%	21-3-17
W70	Long Jump	Jean Hampson	Qld	3.05m	72.1%	21-3-17
W75	Long Jump	Fran Harris	ACT	2.38m	61.0%	21-3-17
M50	Long Jump	George Jankowski	NSW	4.07m	60.2%	21-3-17
M60	Long Jump	Wayne Marriott	NSW	4.44m	73.8%	21-3-17
M65	Shot Put	Bob Banens	ACT	10.48m	73.8%	21-3-17
M40	60m Hurdles	Geoffrey Gibbons	Tas	8.83s	88.8%	22-3-17
M50	60m Hurdles	George Jankowski	NSW	11.21s	76.6%	22-3-17
M75	800m	Peter Sandery	SA	2:54.22	85.9%	22-3-17
M40	1000m	Geoffrey Gibbons	Tas	2:53.38	79.7%	22-3-17
M50	1000m	George Jankowski	NSW	4:06.38s	63.5%	22-3-17
M60	1000m	John Fienieg	NSW	3:46.38	73.8%	22-3-17
M40	Long Jump	Geoffrey Gibbons	Tas	5.88m	73.0%	22-3-17
M40	High Jump	Geoffrey Gibbons	Tas	1.69m	76.1%	22-3-17
M60	High Jump	John Fienieg	NSW	1.36m	78.2%	22-3-17
W65	Pole Vault	Wilma Perkins	Qld	1.80m	73.2%	22-3-17
M70	Pole Vault	George Schillinger	Vic	2.90m	85.8%	22-3-17
M40	Shot Put	Geoffrey Gibbons	Tas	10.37m	46.1%	22-3-17
M50	Shot Put	George Jankowski	NSW	7.38m	39.8%	22-3-17
M65	Weight Throw	Bob Banens	ACT	12.15m	63.4%	22-3-17
M40	Pentathlon	Geoffrey Gibbons	Tas	3564pts	-	22-3-17
M50	Pentathlon	George Jankowski	NSW	1975pts	-	22-3-17
M60	Pentathlon	John Fienieg	NSW	2891pts	-	22-3-17
M50	60m Hurdles	Dean Taylor	NSW	10.59s	80.7%	23-3-17
M35	200m	Jay Stone	NSW	22.68s	89.7%	23-3-17

**NEW RECORDS REPORT continued**

W50	200m	Julie Brims	Qld	26.11s	98.5%	23-3-17
W55	200m	Lynda Douglass	NSW	29.52s	91.1%	23-3-17
W75	200m	Noreen Parrish	Qld	41.54s	78.4%	23-3-17
M70	200m	Peter Crombie	NSW	27.30s	97.4%	23-3-17
M90	200m	Jim Sinclair	Vic	50.13s	88.8%	23-3-17
W65	800m	Jeanette Flynn	Qld	2:44.45	98.0%	23-3-17
W70	800m	Lavinia Petrie	Vic	3:10.27	100.8%	23-3-17
M35	3000m	Stephen Dinneen	Vic	8:52.41	85.5%	23-3-17
M50	3000m	Alan Stacey	Qld	10:53.45	78.9%	23-3-17
M75	3000m	Peter Sandery	SA	12:36.92	85.4%	23-3-17
W45	Triple Jump	Selina Ellis	NSW	6.70m	54.4%	23-3-17
W75	Triple Jump	Fran Harris	ACT	5.78m	73.5%	23-3-17
M60	Triple Jump	Wayne Marriott	NSW	8.64m	68.3%	23-3-17
M40	Shot Put	Matthew Staunton	WA	12.40m	57.8%	23-3-17
W55	60m Hurdles	Sally Stagles	NSW	9.82s	100.2%	24-3-17
W75	60m Hurdles	Fran Harris	ACT	15.38s	80.0%	24-3-17
M40	60m Hurdles	Geoffrey Gibbons	Tas	8.74s	89.7%	24-3-17
M35	400m	Jay Stone	NSW	52.93s	85.3%	24-3-17
M50	400m	Colin Smith	WA	58.09s	87.6%	24-3-17
M70	400m	Peter Crombie	NSW	65.72s	93.2%	24-3-17
W35	800m	Melissa Foster	WA	3:00.62	63.3%	24-3-17
W75	800m	Fran Harris	ACT	5:45.37	58.5%	24-3-17
W75	High Jump	Fran Harris	ACT	0.94m	83.2%	24-3-17
M50	Pole Vault	George Jankowski	NSW	2.65m	57.9%	24-3-17
W35	Shot Put	Melissa Foster	WA	8.42m	41.8%	24-3-17
W75	Shot Put	Fran Harris	ACT	6.03m	65.2%	24-3-17
W35	Weight Throw	Shanell Staunton	WA	10.55m	57.0%	24-3-17
W45	Weight Throw	Althea Mackie	Qld	12.06m	81.3%	24-3-17
W60	Weight Throw	Jill Taylor	NSW	12.88m	71.1%	24-3-17
W70	Weight Throw	Mary Thomas	NSW	10.34m	75.7%	24-3-17
W75	Weight Throw	Jan Banens	ACT	11.92m	95.8%	24-3-17
W35	Pentathlon	Melissa Foster	WA	2882pts	-	24-3-17
W75	Pentathlon	Fran Harris	ACT	2400pts	-	24-3-17
W75	400m	Noreen Parrish	Qld	1:51.08	72.9%	25-3-17
M35	400m	Jay Stone	NSW	50.25s	89.9%	25-3-17
M70	400m	Peter Crombie	NSW	63.29s	96.8%	25-3-17
M90	400m	Jim Sinclair	Vic	2:11.16	84.6%	25-3-17
W55	1500m	Deborah Drennan	NSW	5:44.28	89.4%	25-3-17
W65	1500m	Paula Moorhouse	NSW	6:24.89	93.2%	25-3-17
W70	1500m	Lavinia Petrie	Vic	6:22.44	102.2%	25-3-17
M35	1500m	Stephen Dinneen	Vic	4:04.97	87.0%	25-3-17
M75	1500m	Peter Sandery	SA	6:15.77	80.5%	25-3-17
W70	Shot Put	Mary Thomas	NSW	8.08m	80.0%	25-3-17
W75	Shot Put	Jan Banens	ACT	8.05m	87.0%	25-3-17
W45	4x200m Relay	Julie Peksis	NSW	1:46.38	-	25-3-17
		Janelle Delaney	NSW			
		Amanda Coombe	NSW			
		Petrina Brown	Qld			

## NEW RECORDS REPORT continued

W50	4x200m Relay	Gianna Mogentale Julie Brims Janet Naylon Philippa Wight	NSW Qld NSW NSW	1:57.02	-	25-3-17
W55	4x200m Relay	Sally Stagles Lynda Douglass Robyn Suttor Deborah Drennan	NSW NSW NSW NSW	2:04.42	-	25-3-17
W65	4x200m Relay	Lyn Peake Jeanette Flynn Wilma Perkins Paula Moorhouse	SA Qld Qld NSW	2:19.47	-	25-3-17
W70	4x200m Relay	Noreen Parrish Fran Harris Lavinia Petrie Jean Hampson	Qld ACT Vic Qld	2:49.19	-	25-3-17
M50	4x200m Relay	Stephen Jones Colin Smith George Jankowski Dean Taylor	NSW WA NSW NSW	1:46.24	-	25-3-17
M60	4x200m Relay	Victor Ramondetta Wayne Marriott Peter Crombie John Fienieg	NSW NSW NSW NSW	1:41.53	-	25-3-17

### Victorian Records:

W35	800m	Anna Kasapis	2:12.90	86.9%	10-11-16	Albert Park
M70	Pole Vault	George Schillinger	3.05m	-	7-1-17	East Burwood
W80	400m	Shirley Coppock	1:56.68	79.1%	25-3-17	Doncaster
M60	400m	Robert Mayston	58.55s	90.3%	25-3-17	Doncaster
M80	Long Jump	Brian Greaves	3.55m	85.8%	25-3-17	Doncaster
W30	Hammer	Gabrielle Neighbour	57.95m	81.6%	25-3-17	Doncaster
M85	Hammer	Wim van Weenen	27.56m	88.6%	25-3-17	Doncaster
W60	Javelin	Dorn Jenkins	21.94m	53.6%	25-3-17	Doncaster
W50	60m	Sonya Pollard	8.84s	90.5%	26-3-17	Doncaster
W60	60m	Margaret Tweedie	9.44s	95.3%	26-3-17	Doncaster
W65	60m	Vivienne Cash	9.86s	93.8%	26-3-17	Doncaster
M40	60m	Leigh Phelan	7.26s	93.1%	26-3-17	Doncaster
W80	200m	Shirley Coppock	44.35s	83.6%	26-3-17	Doncaster
M60	200m	Rob Mayston	25.48s	94.2%	26-3-17	Doncaster
M35	Discus	Graham Hicks	47.32m	63.9%	26-3-17	Doncaster

### Clyde Riddoch

#### VMA Records Officer

40 Beauchamp Street, Preston Vic 3072

Telephone 03 9470 1490 (H), Mobile 0439 902 907, Email: clyderiddoch@msn.com

VICTORIAN MASTERS ATHLETICS INC.

## ANNUAL GENERAL MEETING

### SUNDAY 23 APRIL 2017

Notice is hereby given that the 45th Annual General Meeting of Victorian Masters Athletics Inc. will be held at Duncan Mackinnon Reseve, Cnr. North Road and Murrumbeena Road, Murrumbeena, on Sunday 23 April 2017 commencing at 1:00 pm.

#### AGENDA

- 1 Confirm minutes of last preceding AGM and of any general meeting held since that meeting.
- 2 Presentation and receipt of the Annual Report and audited financial statement.
- 3 Receive and consider the statement by the Association in accordance with S30(3) of the act.
- 4 Ballot for the election of officers of the Association and the ordinary members of the Committee.
- 5 Declaration of the result of the election ballot of (named) Executive positions of the Committee.
- 6 Declaration of the result of the election ballot of members of the General Committee
- 7 Declaration of the result of the election of other Executive positions of the Committee.
- 8 Election of auditor(s).
- 9 Election of Life Members.
- 10 Presentations of special awards, trophies etc.
- 11 Other general business of which notice has been duly given.

## NOMINATION OF CANDIDATES

### VICTORIAN MASTERS ATHLETICS INC.

Clause 21 of the Constitution states that nominations of candidates for election as officers of the Association or as ordinary members of the Committee shall be made in writing, signed by two members of the Association and accompanied by the written consent of the candidate and shall be delivered to the Secretary of the association not less than 7 days before the date fixed for the holding of the annual general meeting.

To nominate a candidate please complete the details below and forward to the Secretary by post to:  
Phil Urquhart 21 Holywood Grove Carnegie 3163  
or by email to [runphil@bigpond.com](mailto:runphil@bigpond.com) before 16 April 2017.

Candidate Name.....

Office (please indicate)

- President
- Vice President
- Treasurer
- Secretary
- Assistant Secretary
- Club Captain
- Club Vice Captain
- Ordinary member of Committee

Any of the above

Proposer: Name.....

Signature.....Date.....

Secunder: Name.....

Signature.....Date.....

Consent of Candidate : I consent to the above nomination

Name.....

Signature.....Date.....

## 2017 VICTORIAN MASTERS ATHLETICS -- MEMBERSHIP FORM

Family name: ..... Other name(s): .....

Address: ..... Suburb: .....

Postcode: ..... Date of Birth: ... / ... / ... Home Ph: .....

Email: ..... Mobile: .....

Emerg contact Name: ..... Phone: .....

VMA venue attending: ..... Newsletter distributed by: Post / Email

If AV member athlete club: ..... Qualified coach: Y/N Area: .....

Occupation or area of expertise: .....

### Circle amount of the membership category applying to you

Renewing members (from 2016)	Payment from 1/1/17
Individual renewing member	\$45
Two members residing at the same address	\$75
Life members	Free
Renewing 80+ member (if a member for the previous 5 consecutive years)	Free
Volunteer (non competing)	Free
<b>Lapsed members</b>	
Individual lapsed member	\$45
Two members residing at the same address	\$75
<b>Associate member (Under 30)</b>	\$20
<b>New members</b>	
Individual new member	\$45
Two members residing at the same address	\$75
Current AV members	\$35

**PAYMENT** - Please make cheques or money orders payable to VMA and send the Subscription to: registrar – Ewen Wilson, 9-11 Cyril St Windsor 3181. (Ph. 0423 424 185).

Credit Card – Visa / Mastercard      Card No: .....      Expiry Date: ... / ...

Name on Card: .....      Signature: .....

### Disclaimer

I hereby declare that I am in good health and will be properly conditioned for the activities which I will enter with the Victorian Masters Athletics Inc. during the year 2017. I absolutely relieve Victorian Masters Athletics Inc. of any responsibility for any injury or damage to myself which I may sustain in the course of competing in events organised by the Association.

Signed: .....      Date: ... / ... / .....

### VMA privacy statement

Personal information collected by the Association for registration purposes will not be passed to third parties except those sporting bodies with which the association is affiliated for the purposes of registering the member with that body. Any member may at any time check their personal details as held by the Association.

### Uniforms & Associated Merchandise

For information on VMA uniforms contact Ewen Wilson (Ph) 9529 5260 (M) 0423 424185

**Note:** The regulation uniform must be worn for all championship events.



# AUSTRALIAN MASTERS ATHLETICS CHAMPIONSHIPS

# DARWIN 2017



**OVER 30'S ATHLETICS**  
**FRIDAY 9TH - MONDAY 12TH JUNE 2017**  
**ARAFURA STADIUM, MARRARA, DARWIN**

"We would like to acknowledge the Larrakia people who are the traditional custodians of this land. We would also like to pay respect to the elders past and present of the Larrakia nation and extend that respect to other Aboriginal people present."

## QUICK FACTS

**When:**

Saturday 9th June - 12th June 2017

**Where:**

Darwin, Northern Territory

**Towel:**

You know you are at the top of the country when your flights in and out are at midnight! Be sure to check your flight times carefully when booking your flights.

**Accommodation:**

From local caravan parks to hotels and motels, there is plenty of accommodation on offer close by the track. For more information, please visit our website: [www.ntathletics.org.au](http://www.ntathletics.org.au)

**Other Activities:**

Being remote and a totally unique part of Australia, we invite all who have the opportunity to explore the Top End to visit some following attractions: go on an indigenous Culture Tour, explore the Tunnels of WWII, view the Bombing of Darwin Exhibition, go on a Harbour Cruise, visit one of the many Wildlife Parks, see the Cross Jump and there is **PLENTY** more to offer.



**Athletics Northern Territory**

For further information refer to: [www.ntathletics.org.au](http://www.ntathletics.org.au)  
 Hosted by Athletics NT



# DARWIN 2017

## PROPOSED SCHEDULE OF EVENTS

### THURSDAY 8TH JUNE 2017

Registrations open from 12noon

### FRIDAY 9TH JUNE 2017

10,000m, 60m, 100m, 800m, 1500m Walk, Shot Put, Hammer, Long Jump.

### SATURDAY 10TH JUNE 2017

5000m Walk, Sprint Hurdles, 1500m, 200m, Steeplechase, 400m Heats, Javelin, Discus, High Jump.

### ATHLETICS FORUM

### SUNDAY 11TH JUNE 2017

5000m, 400m Finals, 4 x 100m relay, Long Hurdles, Sprint Championship, Throw Penetration, Triple Jump, Pole Vault.

### DINNER / AWARDS NIGHT

### MONDAY 12TH JUNE 2017

Cross Country, Road Walks, 4 x 400m relay, Pentathlon, Weight Throw, Throws Championship.

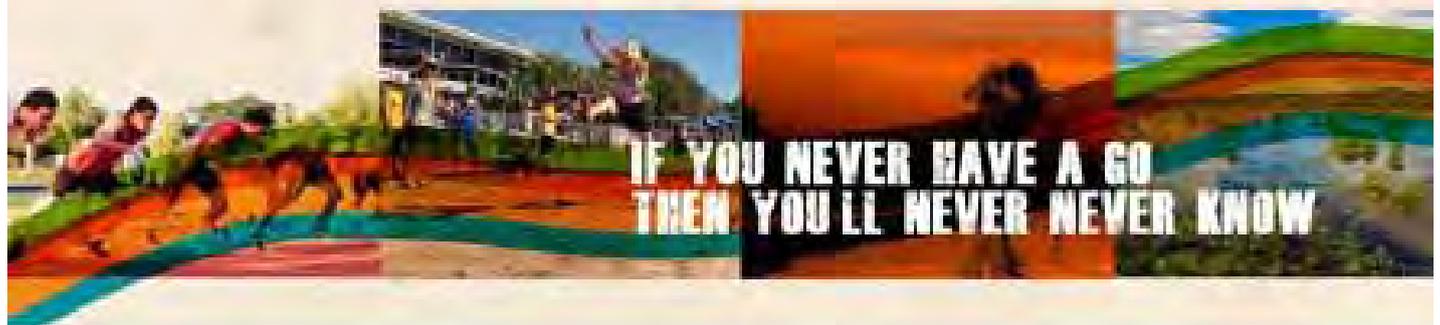
## DARWIN & THE NORTHERN TERRITORY

Relatively cool weather arrives in May, and until July, nights are crisp and the mornings are misty with temperatures ranging from 12-23 °C during the night and a pleasant 29-32°C degrees during the day. Darwin really comes alive at this time of year as everyone makes the most of the clear skies and heads outdoors.

This is a great time to recline in a deckchair and watch a movie under the stars at the open-air Beachchair Cinema; or watch the sunset over the Timor Sea after visiting the famous Mindil Beach Markets.

It is also the perfect time to explore the more remote areas of the region that can be off-limits during the wet.

"or watch the sunset  
over the Timor Sea after  
visiting the famous Mindil  
Beach Markets".



## Victorian Masters Athletics Inc. - Venue Managers

Venue	Manager	Address	Phone
Aberfeldie	Brian O'Dea	blodea@bigpond.net.au	0417 397 709
Casey	Paul Olsson	olssonpf@bigpond.net.au	0408 340 151
Coburg	Neville Wilson	neville.wilson3084@outlook.com	9459 7827
Collingwood	Helen Brown Heather Johnstone John Pocock	helenbrown@bigpond.com johnno88@tpg.com.au pocockjr@bigpond.com	0419 363 905 0412 353 696 0412 077 223
Croydon	Karen Archer Barrie Wicks	quinarcher@aapt.net.au barriewicks40@gmail.com	0414 701 772 9735-5462 0407 865 779
Doncaster	Kath Gawthorn Katrina Philip	kath_gawthorn@hotmail.com	0447 494 509
East Burwood	Christoper Worsnop Gerald Burke Jack Fredrickson	christopher.worsnop@austin.org.au geraldburke@optushome.com.au	0403 910 183 0408 315 471 9802 6926
Frankston	Frances Halton David Dodson	rfhalton@alphalink.com.au david.dodson@iinet.net.au	0405 474 472 9782 1712
Geelong	Alan Jenkins	alanjenkins4@bigpond.com	5221 7468 0419 314 568
Glen Eira	Andrew Edwards Judy Wines	Leedsfan2@optusnet.com judywines@bigpond.com	9555 4226 9885 4904
Knox	Tracey Carpenter	traceycarpenter@y7mail.com	0407 093 132
Mentone	Ashley Page	apa16161@bigpond.net.au	0448 866 025
Southern Peninsula	Meredith Radford Alan Radford John Sutton Greg Lovejoy	radfordguns@sctelco.net.au radfordguns@sctelco.net.au jsutton2@optusnet.com.au	5988 6221 5985 9017 5982 0449
Springvale/ Noble Park	Alan Bennie Anthony Doran	alanbennie@optushome.com.au anthonyjdoran@y7mail.com	9547 2978 0425796740
Throwers	Graeme Rose Ken Priestley	grarose@yahoo.com knjoy@bigpond.net.au	9836 2350 0417 134 601
Run2sday	Bronwen Cardy David Sheehan	bronwencardy@hotmail.com.au midget32@hotmail.com.au	0422 213 050 0448 213 200

## Victorian Masters Athletics Inc.

### Venues

ABERFELDIE Athletic Track	Aberfeldie Park, Corio Street, Moonee Ponds Wednesday nights, 7 - 9pm	Melway 28 D6
CASEY	160 Berwick - Cranbourne Rd, Cranbourne East Monday nights, 7-9pm	Melway134 E8
COBURG Athletic Track	Harold Stevens Athletic Field, Outlook Road, Coburg Thursday nights, 7 - 9pm	Melway 18 A9
COLLINGWOOD Athletic Track	George Knott Reserve, Heidelberg Road, Clifton Hill Tuesday nights, 7 - 9pm	Melway 30 F12
CROYDON Athletic Track	Behind Arndale Shopping Centre, Mt.Dandenong Road, Croydon Tuesday nights, 7 - 9pm	Melway 50 K5
DONCASTER Athletic Track	Tom Kelly Athletic Track Rieschieks Reserve, George Street, East Doncaster Monday nights, 7.30pm	Melway 33 J11
EAST BURWOOD Athletic Track	Burwood Road, opp. Mahoneys Road, behind basketball stadium Thursday nights, 7 - 9pm	Melway 62 C7
FRANKSTON Athletic Track	Ballam Park, Bananee Terrace, Frankston Thursday nights, 7 - 9pm	Melway 103 B4
GEELONG Athletic Track	Landy Field, off Barwon Terrace, Geelong Wednesday nights, 6 - 8pm	Melway 228 C7
GLEN EIRA Athletic Track	Duncan McKinnon Reserve, cnr North Road & Murrumbeena Road Tuesday nights, track events, 7 - 9pm. <b>Sunday, field events</b>	Melway 68 K9
KNOX Athletic Track	Bunjil Way, off Ferntree Gully Road, Scoresby Wednesday nights, 7 - 9pm	Melway 73 D7
MENTONE Athletic Track	Dolamore Reserve, cnr First Street & Queen Street, Mentone Wednesday nights, 7 - 9pm	Melway 87 B6
SPRINGVALE/NOBLE PARK	Ross Reserve, Memorial Drive, off Corrigan Road, Springvale Wednesday nights, 7 - 9pm	Melway 80 E12
SOUTHERN PENINSULA	Athletic Track Truemans Road, Tootgarook, (off Nepean Hwy) Wednesday nights from 6 pm in daylight saving, <i>Fortnightly in winter on Sunday at 9:00 am</i>	Melway 169 E6

## Victorian Masters Athletics Inc.

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