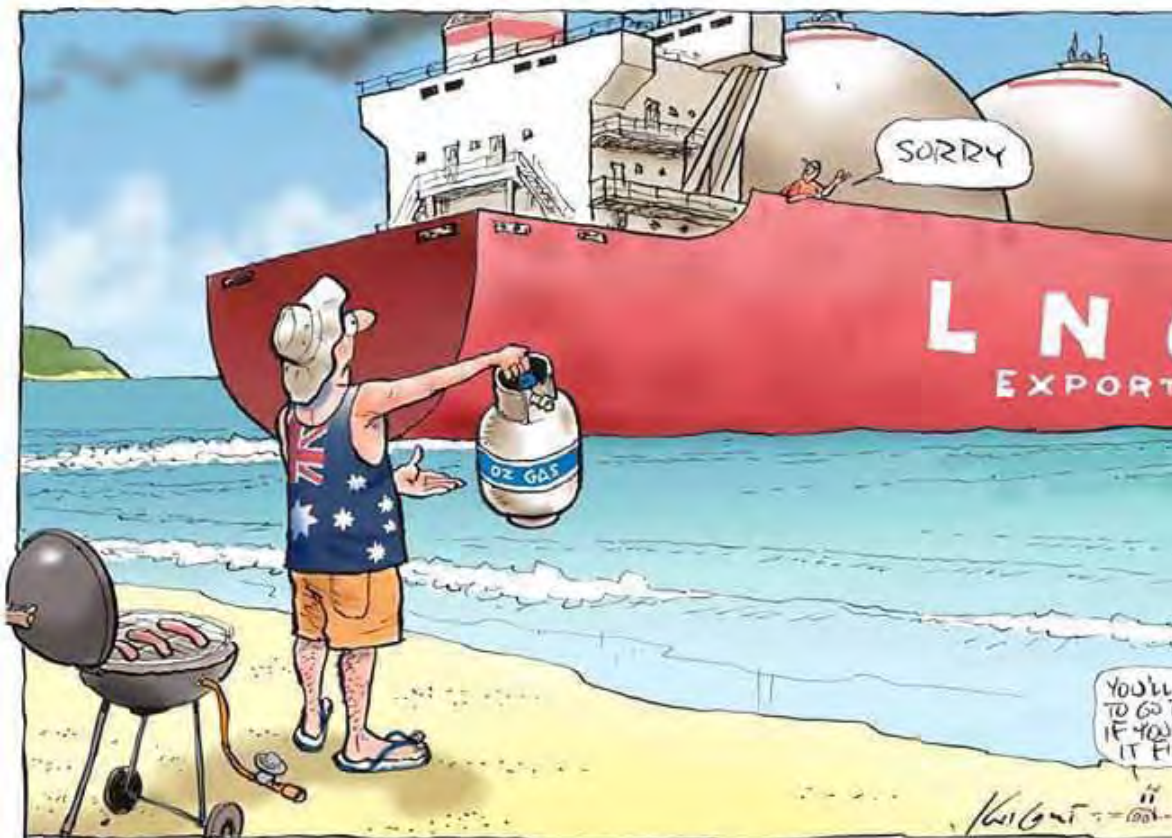


# AROUND THE GROUNDS



I know we don't want to get political,  
but doesn't this say it all

VENUE RESULTS FOR SEPTEMBER 2017, PROGRAM FOR NOVEMBER 2017

ABERFELDIE, CASEY, COBURG, COLLINGWOOD,  
CROYDON, DONCASTER, EAST BURWOOD,  
FRANKSTON, GEELONG, GLEN EIRA,  
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

**ABERFELDIE 6 SEPTEMBER 2017****1000 Metres Age Graded**

			Age %
Brian O'DEA	63	3.58	70.76
Adam GREGORY	32	3.19	65.58
Levi DRAPER	INV	5.06	59.31
Michael ENNIS	64	4.48	58.96
Doug STOKES	65	4.52	58.60
Stephen BARKER	74	5.33	57.36
Maggie ARMSTRONG	55	6.05	48.85
Andrea DRAPER	40	5.33	45.62

**3000 Metres**

Brian O'DEA	63	14.40
Michael ENNIS	64	15.57
Heath BEVERIDGE	INV	17.06
Ruby BEVERIDGE	INV	20.33
Cheryl BEVERIDGE	52	20.41

**5000 Metres**

Adam GREGORY	32	19.41
Shane DRAPER	44	19.45
Stephen BARKER	74	28.00
Doug STOKES	65	28.00
Levi DRAPER	INV	28.31
Andrea DRAPER	40	31.16

**ABERFELDIE 13 SEPTEMBER 2017****1200 Metres**

John PAPWORTH	49	4.26
Levi DRAPER	INV	5.51
Stephen BARKER	74	6.26
Maggie ARMSTRONG	55	7.22
Michael ORELLI	73	7.51
Tony BRADFORD	78	7.51

**300 Metres**

Levi DRAPER	INV	66.00	
Stephen BARKER*	74	124.00	* Walk

**400 Metres**

John PAPWORTH	49	78.00
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**4000 Metres**

Brian O'DEA	63	19.04
Carolyn BOWEN	56	19.18
Heath BEVERIDGE	INV	24.21
Bill RISTEVSKI	52	27.04
Ruby BEVERIDGE	INV	29.55
Cheryl BEVERIDGE	52	31.03

**6000 Metres**

Ash MCDOWELL	46	31.34
Stephen BARKER	74	35.08

**ABERFELDIE 20 SEPTEMBER 2017****90 Metres**

Gavin WHITE	43	11.68
John COOPER	65	14.18
Levi DRAPER	INV	18.69
Bella WHITE	INV	22.93
Alex WHITE	INV	31.52

**800 Metres**

Adam GREGORY	32	2.42
John COOPER	65	2.45
Jamie PAPWORTH	INV	3.28
Levi DRAPER	INV	3.34
Michael ENNIS	64	3.52
Andrea DRAPER	40	3.57

**ABERFELDIE 20 SEPTEMBER 2017 cont.**

Heath BEVERIDGE	INV	4.12
Bella WHITE	INV	4.34
Maggie ARMSTRONG	55	4.35
Michael ORELLI	73	4.39

**200 Metres**

Gavin WHITE	43	27.72
John COOPER	65	32.30
Jamie PAPWORTH	INV	40.81
Levi DRAPER	INV	45.72
Michael ORELLI	73	60.91
Bella WHITE	INV	117.47

**4000 Metres**

Brian O'DEA	63	18.54
Michael ENNIS	64	22.33
John DEAN	72	23.21
Ruby BEVERIDGE	INV	28.24
Cheryl BEVERIDGE	52	28.52
Maggie ARMSTRONG	55	33.44

**8000 Metres**

Adam GREGORY	32	32.17
Heath BEVERIDGE	INV	35.28

**ABERFELDIE 27 SEPTEMBER 2017****100 Metres**

John COOPER	65	15.41
Tony BRADFORD	78	19.65
Maggie ARMSTRONG	55	21.08

**1200 Metres**

Dom CROUCH	30	4.18
Michael ENNIS	64	5.45
Jamie PAPWORTH	INV	6.02
Heath BEVERIDGE	INV	6.08
Stephen BARKER	74	6.13
John PAPWORTH	49	6.25
Ruby BEVERIDGE	INV	6.49
Cheryl BEVERIDGE	52	6.55

**400 Metres**

John COOPER	65	70.00	
John PAPWORTH	49	75.90	
Ash MCDOWELL	46	111.37	
Jackson MCDOWELL	INV	111.37	
Stephen BARKER*	74	120.49	* Walk
Imogen PAPWORTH	INV	128.91	
Jamie PAPWORTH	INV	129.06	

**2000 Metres**

Levi DRAPER	INV	10.50
Luca MCDOWELL	INV	11.09
Andrea DRAPER	40	11.12
Ruby BEVERIDGE	INV	14.10
Cheryl BEVERIDGE	52	14.23
Maggie ARMSTRONG	55	14.48

**3200 Metres**

Heath BEVERIDGE	INV	13.33
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**4000 Metres**

Dom CROUCH	30	16.56
Trevor HAWKSWORTH	70	22.06
Stephen BARKER	74	22.35
John DEAN	72	22.58

**COBURG 7 SEPTEMBER 2017****90m**

Colin HICKIE	33	12.96
Bruce GIBBS	68	17.21
Frank BRADLEY	61	21.42
Ken CARTER	64	35.21

**1200m**

Carl KENNEDY	51	4.04
Fraser MURRAY	45	4.09
Colin HICKIE	33	4.36
Gary O'DWYER	58	6.01
Maria BARBETTI	52	6.02
Ken CARTER	64	11.17

**300m**

Bruce GIBBS	68	1.06
Frank BRADLEY	61	1.12
Ken CARTER	64	2.45

**200m**

David WOODS	48	27.10
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**4 km Managers Challenge**

			Target
Carl KENNEDY	51	14.38	14.40
Colin HICKIE	33	16.55	17.09
Fraser MURRAY	45	18.04	X
Gary O'DWYER	58	19.55	X
Maria BARBETTI	52	22.34	X
Ken CARTER	64	41.29	X

**2 km**

Brian DELANEY	63	10.56
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**COBURG 14 SEPTEMBER 2017****100m****Heat: 1**

Rita EWANYSHYN	33	17.95
Herbie H.	65	18.57
Michelle SPORTON	51	23.11
Ken CARTER	64	40.46

**Heat: 2**

Paul O'NEILL	52	14.31
Colin HICKIE	33	14.70
Keith HOWDEN	72	15.39

**1000m Walk**

Maegan KERR	45	8.56
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**1500m Run**

Ian WINNEN	55	5.30
Colin HICKIE	33	6.01
Michael MEANEY	62	7.04
Rita EWANYSHYN	33	7.22
Maria BARBETTI	52	7.35
Gary O'DWYER	58	7.38
Ken CARTER	64	14.06

**400m Managers Challenge**

			Target
Paul O'NEILL	52	1.07.40	x
Ian WINNEN	55	1.08.46	
Colin HICKIE	33	1.10.92	1.11.00
Gary O'DWYER	58	1.17.38	x
Rita EWANYSHYN	33	1.33.46	
Michelle SPORTON	51	2.38.70	x
Ken CARTER	64	3.57.65	x

**COBURG 14 SEPTEMBER 2017 cont.****15 mins Time Trial**

		Kms
Ian WINNEN	55	3.280
Colin HICKIE	33	3.200
Michael MEANEY	62	3.015
Gary O'DWYER	58	3.010
Brian DELANEY	63	3.010
Maria BARBETTI	52	2.810
Herbie H.	65	2.600
Rita EWANYSHYN	33	2.500
Ken CARTER	64	1.300

**COBURG 21 SEPTEMBER 2017****80m**

Colin HICKIE	33	11.45	
Ethan O'NEILL (100m)		16	13.27
Bruce GIBBS	68	14.08	
Frank BRADLEY	61	16.24	
Michelle SPORTON	51	18.50	
Ken CARTER	64	32.10	

**1600m**

Carl KENNEDY	51	5.34
Ethan O'NEILL	16	5.54
Colin HICKIE	33	6.20
Paul O'NEILL	52	6.43
Brian DELANEY	63	7.16
Michael MEANEY	62	7.44
Fiona ELY	47	7.52
Maria BARBETTI	52	8.33
Gary O'DWYER	58	8.35
Ken CARTER	64	15.31

**4 x 200m Relay**

Gary O'DWYER	58	
Colin HICKIE	33	
Fiona ELY	47	
Fraser MURRAY	45	2.17.0
Ken CARTER	64	
Paul O'NEILL	52	
Michael MEANEY	62	
Frank BRADLEY	61	3.32.0

**800m**

Rob DAVEY	77	5.24
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**2km**

Fiona ELY	47	9.46
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**4km Managers Challenge**

			Target	
Carl KENNEDY	51	14.58		x
Fraser MURRAY	45	16.43		x
Colin HICKIE	33	17.01	17.09	
Gary O'DWYER	58	19.17		x
Michael MEANEY	62	19.42		x
Maria BARBETTI	52	22.38		x
Rob DAVEY	77	28.24	30.00	
Bruce GIBBS	68	30.41	31.00	
Ken CARTER	64	42.14		x

## COBURG 28 SEPTEMBER 2017

### 100m

Ethan O'NEILL	16	13.08
Colin HICKIE	33	14.62
Bruce GIBBS	68	17.94
Frank BRADLEY	61	18.94
Rob LEWIS	70	20.68
Michelle SPORTON	51	24.33
Ken CARTER	64	39.30

### 1000m

Colin HICKIE	33	3.31.9
Paul O'NEILL	52	3.32.9
Ethan O'NEILL	16	3.33.3
Gary O'DWYER	58	4.34.0
Michael MEANEY	62	4.50.0
Maria BARBETTI	52	4.57.0
Rob DAVEY	77	7.29.0
Ken CARTER	64	9.45.0

### 400m Managers Challenge

Target

#### Heat: 1

Bruce GIBBS	68	1.27.55	1.36.00
Rob LEWIS	70	1.39.42	1.46.00
Rob DAVEY	77	1.57.30	2.11.00
Michelle SPORTON	51	2.51.21	x
Ken CARTER	64	4.07.92	x

#### Heat: 2

Gary O'DWYER	58	1.09.48	1.13.00
Fiona ELY	47	1.24.53	1.26.00
Paul O'NEILL	52	1.27.48	x
Frank BRADLEY	61	1.31.85	1.34.00

### 3km

Colin HICKIE	33	14.44
Michael MEANEY	62	14.57
Gary O'DWYER	58	15.23
Maria BARBETTI	52	16.38
Rob LEWIS	70	19.03
Rob DAVEY	77	25.59
Ken CARTER	64	34.10

## COLLINGWOOD 5 SEPTEMBER 2017

### 100 Metres

			Time	Age G
1	HOWDEN Keith	72	14.0	96.0%
2	HORN Michael	64	14.6	85.5%
3	ADRIEN Gerard	57	15.5	74.5%
4	GERO Peter	29	13.7	70.8%
5	FABRE Sofie	48	19.3	62.7%

### 1300 Metres

			Time	Age G
1	HEJTMANEK Jim	52	5:15	62.6%
2	FABRE Sofie	48	5:53	61.3%
3	HORN Michael	64	6:07	60.6%
4	ADRIEN Gerard	57	5:54	58.2%
5	HALLETT Matthew	28	5:16	54.8%
6	DUNNING Robert	60	6:40	53.0%
7	HALLETT Len	68	7:39	50.1%

### 200 Metres

			Time	Age G
1	HOWDEN Keith	72	29.9	90.4%
2	ADRIEN Gerard	57	31.4	73.8%
3	GERO Peter	29	31.3	62.3%

### 6 Laps

			Time	Age G
1	FABRE Sofie	48	12:14	58.8%
2	HALLETT Matthew	28	10:37	54.3%

### 8 Laps

			Time	Age G
1	HORN Michael	64	17:39	57.2%

### 10 Laps

			Time	Age G
1	HOPKINS Jim	67	18:29	71.5%
2	BAYLEY Rod	71	22:27	61.1%
3	HEJTMANEK Jim	52	19:04	59.7%
4	DUNNING Robert	60	21:35	56.7%

**A FACT OF LIFE:**

**AFTER MONDAY  
AND TUESDAY,  
EVEN THE  
CALENDAR SAYS**

**W**

**T**

**F**



"I just got appointed to a government job. I need some shoes that will look good up on a desk."

**COLLINGWOOD 12 SEPTEMBER 2017****200 Metres**

		Time	Age G
1	HOWDEN Keith	72 30.0	90.0%
2	ADRIEN Gerard	57 30.2	76.7%
3	HORN Michael	64 32.9	75.9%
4	SKIPPER Paul	49 29.1	73.9%
5	DELBRIDGE Adam	45 28.5	73.1%
6	GERO Peter	29 28.0	69.9%
7	GIBBS Bruce	68 37.3	69.8%
8	MORRISON Glenn	59 37.0	63.9%
9	FABRE Sofie	48 39.2	62.0%
10	HERBSTREIT Herbie	65 43.9	57.2%
11	POCOCK John	74 52.8	52.9%

**800 Metres**

		Time	Age G
1	SKIPPER Paul	49 2:38	70.5%
2	HOPKINS Jim	67 3:17	67.7%
3	DELBRIDGE Adam	45 2:41	67.0%
4	HEJTMANEK Jim	52 2:52	66.7%
5	MORRISON Glenn	59 3:04	66.4%
6	ADRIEN Gerard	57 3:05	64.8%
7	POCOCK John	74 3:52	62.2%
8	HORN Michael	64 3:37	59.6%
9	GERO Peter	29 2:50	59.5%
10	FABRE Sofie	48 3:35	58.5%
11	HALLETT Len	68 4:08	53.9%
12	PAUL Graeme	63 4:01	52.8%
13	DUNNING Robert	60 4:02	51.0%

**400 Metres**

		Time	Age G
1	SKIPPER Paul	49 65.0	75.5%
2	HOPKINS Jim	67 82.8	70.9%
3	ADRIEN Gerard	57 74.6	70.8%
4	GERO Peter	29 64.8	68.7%
5	DELBRIDGE Adam	45 70.3	67.5%
6	MORRISON Glenn	59 82.6	65.2%
7	HORN Michael	64 89.7	63.5%
8	GIBBS Bruce	68 93.5	63.4%
9	FABRE Sofie	48 91.9	60.2%
10	HERBSTREIT Herbie	65 99.7	57.4%
11	HALLETT Len	68 108.7	54.2%

**7 Laps**

		Time	Age G
1	POCOCK John	74 14:17	68.4%
2	SENIOR Ken	71 14:29	64.7%
3	FABRE Sofie	48 15:10	56.0%
4	HALLETT Len	68 16:17	55.5%
5	HORN Michael	64 16:01	54.6%
6	HERBSTREIT Herbie	65 17:32	50.1%
7	BELL Gary	63 20:53	41.3%

**11 Laps**

		Time	Age G
1	PAUL Graeme	63 21:19	65.7%
4	MORRISON Glenn	59 21:01	63.9%
3	BRAIN Glenyse	71 34:22	58.5%
4	DUNNING Robert	60 25:27	53.3%
5	WOOD Sue	63 34:22	49.5%
6	BAN Paul	62 31:51	43.6%

**18 Laps**

		Time	Age G
1	HEJTMANEK Jim	52 32:20	65.6%

**COLLINGWOOD 19 SEPTEMBER 2017****200 Metres**

		Time	Age G
1	HOWDEN Keith	72 29.4	91.9%
2	DELBRIDGE Adam	45 26.2	79.7%
3	HORN Michael	64 32.7	76.4%
4	WINNEN Ian	55 29.9	76.2%
5	GIBBS Bruce	68 36.7	71.0%
6	GERO Peter	29 28.1	69.4%
7	FABRE Sofie	48 41.8	58.2%

**900 Metres**

		Time	Age G
1	WINNEN Ian	55 3:09	71.4%
2	HOPKINS Jim	67 3:53	65.5%
3	HEJTMANEK Jim	52 3:21	65.3%
4	ADRIEN Gerard	57 3:42	61.8%
5	RUSSO Chris	51 3:42	58.6%
6	HORN Michael	64 4:22	56.5%
7	HALLETT Matthew	28 3:31	54.9%
8	PAUL Graeme	63 4:30	54.0%
9	GERO Peter	29 3:40	52.5%
10	IOVENITTI Carlo	58 4:29	51.7%
11	HALLETT Len	68 4:56	51.7%

**500 Metres**

		Time	Age G
1	DELBRIDGE Adam	45 84.0	74.0%
2	WINNEN Ian	55 95.0	71.5%
3	ADRIEN Gerard	57 103.0	67.1%
4	GERO Peter	29 90.0	64.6%
5	HORN Michael	64 123.0	60.6%
6	BAYLEY Rod	71 132.0	60.4%
7	HERBSTREIT Herbie	65 136.0	55.1%

**3 Km**

		Time	Age G
1	WINNEN Ian	55 12:52	66.7%
2	PAUL Graeme	63 14:06	65.8%
3	SENIOR Ken	71 16:16	62.1%
4	FABRE Sofie	48 14:52	61.7%
5	HORN Michael	64 16:49	56.0%
6	POCOCK John	74 19:11	54.8%
7	HERBSTREIT Herbie	65 17:18	54.8%
8	HALLETT Len	68 17:51	54.6%

**5 Km**

		Time	Age G
1	HOPKINS Jim	67 23:26	71.6%
2	BAYLEY Rod	71 25:19	68.7%
3	BRAIN Glenyse	71 40:16	57.2%
4	IOVENITTI Carlo	58 27:24	55.8%
5	DUNNING Robert	60 29:25	52.8%
6	HALLETT Matthew	28 24:35	51.8%
7	BELL Gary	63 32:23	49.6%
8	WOOD Sue	63 40:16	48.6%
9	BAN Paul	62 35:28	44.8%

**7 Km**

		Time	Age G
1	RUSSO Chris	51 33:30	60.9%

**9 Km**

		Time	Age G
1	HEJTMANEK Jim	52 41:06	65.1%

**COLLINGWOOD 26 SEPTEMBER 2017****100 Metres**

			Time	Age G
1	HOWDEN Keith	72	14.2	94.8%
2	DELBRIDGE Adam	45	13.9	80.1%
3	WINNEN Ian	55	14.5	78.5%
4	ADRIEN Gerard	57	14.8	77.8%
5	GERO Peter	29	13.9	74.9%
6	GIBBS Bruce	68	17.8	72.9%
7	HORN Michael	65	17.3	72.1%
8	LEWIS Rob	70	19.0	69.2%
9	RUSSO Chris	51	16.1	67.8%
10	FABRE Sofie	48	19.4	62.6%
11	BAYLEY Rod	71	23.9	55.6%

**1500 Metres**

			Time	Age G
1	WINNEN Ian	55	5:25	74.0%
2	HEJTMANEK Jim	52	6:01	64.8%
3	ADRIEN Gerard	57	6:35	61.9%
4	RUSSO Chris	51	6:18	61.4%
5	FABRE Sofie	48	7:05	60.4%
6	HORN Michael	65	7:23	59.5%
7	ELY Fiona	48	7:11	59.2%
8	HALLETT Len	68	7:53	57.7%
9	HERBSTREIT Herbie	65	7:50	56.4%
10	HALLETT Matthew	28	6:26	53.5%

**400 Metres**

			Time	Age G
1	HOWDEN Keith	72	1:11.4	86.2%
2	DELBRIDGE Adam	45	1:00.0	79.2%
3	ADRIEN Gerard	57	1:10.5	75.0%
4	HORN Michael	65	1:24.3	67.6%
5	GERO Peter	29	1:06.5	66.8%
6	GIBBS Bruce	68	1:29.5	66.2%
7	FABRE Sofie	48	1:28.4	62.7%
8	HEJTMANEK Jim	52	1:23.0	60.9%
9	HERBSTREIT Herbie	65	1:40.7	56.9%
10	IOVENITTI Carlo	58	1:47.5	49.8%
11	BAN Paul	62	3:23.9	27.3%

**2 Km**

			Time	Age G
1	SENIOR Ken	71	10:09	63.9%
2	ELY Fiona	48	9:36	61.0%
3	FABRE Sofie	48	9:54	59.5%
4	HORN Michael	65	10:59	55.1%
5	HERBSTREIT Herbie	65	11:45	51.8%
6	LEWIS Rob	70	12:26	51.5%
7	JOHNSTONE Peter	80	18:47	40.5%

**4 Km**

			Time	Age G
1	HOPKINS Jim	67	18:20	72.2%
2	WINNEN Ian	55	16:36	70.5%
3	PAUL Graeme	63	18:55	66.8%
4	HEJTMANEK Jim	52	17:54	63.6%
5	BRAIN Glenyse	71	30:54	58.8%
6	HALLETT Len	68	23:34	56.3%
7	WOOD Sue	63	30:54	49.9%
8	BAN Paul	62	27:38	45.4%

**6 Km**

			Time	Age G
1	POCOCK John	74	32:09	68.6%
2	RUSSO Chris	51	27:56	62.1%
3	BELL Gary	63	35:58	54.1%
4	HALLETT Matthew	28	29:45	51.9%

**8 Km**

			Time	Age G
1	BAYLEY Rod	71	45:49	62.3%

**10 Km**

			Time	Age G
1	IOVENITTI Carlo	58	65:07	48.6%

**CASEY 11 SEPTEMBER 2017****70M**

Craig Fairburn		9.69
Rhiannon Lester	37	9.95
Paul Olsson	60	11.48
Mike Hall	79	12.87

**600M Run/Walk**

Craig Fairburn		1.47
Rob Clutterbuck	64	2.51
Hsien Chiam	46	3.09
Gary Meyer	62	3.24
Albin Hess	57	4.26
John Hallo	75	4.40
Lindsay Beaton	67	5.36

**150M**

Craig Fairburn		20.86
Rhiannon Lester	37	21.2
Paul Olsson	60	21.65
Mike Hall	79	24.54

**15/30 Min Run/Walk**

		Metres	Time
Rob Clutterbuck	64	3090	15min
Gary Meyer	62	2480	15min
Hsien Chiam	46	2300	15min
Albin Hess	57	2700.00	15min
John Hallo	75	1890	15min
Lindsay Beaton	67	2800	30min
Craig Fairburn		6620.00	30min

**CASEY 18 SEPTEMBER 2017****90M**

Craig Fairburn		12.22
Rhiannon Lester	37	13.01

**1000M Run/Walk**

Craig Fairburn		3.44	
Albin Hess	57	4.47	
Rob Clutterbuck	64	5.10	
Hsien Chiam	46	6.02	
Gary Meyer	62	6.14	
Peter Ellis	66	8.28	Walk
Lindsay Beaton	67	8.53	Walk

**120M**

Craig Fairburn		16.19
Rhiannon Lester	37	17.01
Mike Hall	79	19.91

**5/7 Lap Spiral Run/Walk**

Rob Clutterbuck	64	10.45	5
Gary Meter	62	13.15	5
Craig Fairburn		13.22	7
Albin Hess	57	15.58	7
Peter Ellis	66	2215	7w
Lindsay Beaton	67	27.29	7w

I told my wife she was drawing  
her eyebrows too high.  
She looked surprised.

**CASEY 25 SEPTEMBER 2017****100m**

Craig Fairburn		12.77
Rhiannon Lester	37	14.93
Paul Olsson	60	16.18
Hsien Chaim	46	17.52

**800M Run/Walk**

Rob Clutterbuck	64	3.49	
Gary Meyer	62	4.21	
Hsien Chaim	46	4.32	
Penny Hall	77	6.22	Walk
Craig Fairburn		7.07	Walk
Lindsay Beaton	67	7.14	Walk

**200M**

Rhiannon Lester	37	30.69
Paul Olsson	60	33.78
Mike Hall	79	36.33

**3K/5K Run/Walk**

Rob Clutterbuck	64	15.01	3k
David Dodson	58	17.23	3k
Gary Meyer	62	17.28	3k
Hsien Chaim	46	20.03	3k
Craig Fairburn		22.55	5k W
Peter Ellis	66	37.51	5k W
Lindsay Beaton	67	45.45	5k W

**CROYDON 12 SEPTEMBER 2017****1500 METRE HANDICAP WALK FINAL**

			Clock	Actual
1	Alison THOMPSON	64	12.11	8.26
2	Lyn BATCHELOR	68	12.11	10.41
3	Ron BOYNE	83	13.22	12.42
4	Grant MURFETT	50	13.35	10.35
5	Colin WILLIAMS	68	14.30	14.00
6	Grant WATSON	69	14.31	14.01
7	Allan WOOD	80	14.52	14.12
8	Phyllis GOSBELL	79	15.04	14.04
9	Robert STAGG	50	15.50	13.50
10	Andrew EGGINTON	55	15.52	13.52
11	Ros DYER	53	16.55	14.55

**100 METRE SPRINT****Heat 1:**

1	Allan WOOD	80	17.7
2	Andrew FRASER	75	18.4
3	Colin WILLIAMS	68	19.8
4	Lyn BATCHELOR	68	26.2

**Heat 2:**

1	Robert STAGG	50	13.8
2	Grant MURFETT	50	14.5
3	Andrew EGGINTON	55	17.8

**1/2 MILE SELF HANDICAP RUN****DOUG ORR MEM. HEAT 2**

			Clock	Actual
1	Colin WILLIAMS	68	4.48	3.33
2	Ros DYER	53	4.50	4.00
3	Robert STAGG	50	5.00	3.20
4	Andrew EGGINTON	55	5.01	2.36
5	Tania NEALE	39	5.02	3.47
6	Grant MURFETT	50	5.04	2.54
7	Ron BOYNE	83	5.12	5.02
8	Grant WATSON	69	6.16	6.16

**400 METRE RUN**

1	Grant MURFETT	50	1.08
2	Andrew EGGINTON	55	1.09
3	Robert STAGG	50	1.34
4	Colin WILLIAMS	68	1.43
5	Tania NEALE	39	1.48
6	Ros DYER	53	1.59
7	Lyn BATCHELOR	68	2.06
8	Allan WOOD	80	2.14
9	Grant WATSON	69	2.56

**1/3/5 KM RUN/WALK****1 km:**

1	Colin WILLIAMS (Run)	68	5.02
2	Robert STAGG (Run)	50	5.11
3	Ron BOYNE (Run)	83	6.47
4	Lyn BATCHELOR (Walk)	68	7.30
5	Grant WATSON (Walk)	69	9.37

**3 km:**

1	Grant MURFETT (Run)	50	14.35
2	Mark CHALLEN (Run)	60	16.36

**5 km:**

1	Colin PAGE (Run)	63	24.44
2	Alison THOMPSON (Run)	64	25.54
3	Tania NEALE (Run)	39	28.23
4	Ros DYER (Run)	53	31.46

**CROYDON 5 SEPTEMBER 2017****3 LAPS WALK**

1	Taylor RILEY	22	7.52
2	Grant MURFETT	50	8.47
3	Lyn BATCHELOR	68	9.24
4	Ron BOYNE	83	10.16
5	Ros DYER	53	11.49
6	Barrie WICKS	77	11.50
7	Russ DICKENSON	71	11.52
8	Andrew EGGINTON	55	11.53

**3 LAPS RUN**

1	Grant MURFETT	50	4.47
2	Taylor RILEY	22	5.49
3	Ros DYER	53	6.36
4	Lyn BATCHELOR	68	7.27
5	Ron BOYNE	83	7.37

**WALK/RUN**

1	Barrie WICKS (3 lps Walk)	77	11.55
2	Taylor RILEY (5 lps Walk)	22	16.53
3	Lyn BATCHELOR(5lpsWlk)	68	17.13
4	Grant MURFETT (10 lpsRun)	50	18.58
5	Ros DYER (10 lps Run)	53	24.26
6	Ron BOYNE (9 lps Run)	83	25.19

**CROYDON 19 SEPTEMBER 2017****80 METRE SPRINT****Heat 1:**

1	Russell OAKLEY	77	13.8
2	Andrew FRASER	75	14.3
3	Allan WOOD	80	15.1
4	Ron SMITH	68	16.0
5	Ros DYER	53	16.8
6	Lyn BATCHELOR	68	20.8

**Heat 2:**

1	Jess DUX	33	10.9
2	Robert STAGG	50	11.7
3	Grant MURFETT	50	12.7
4	Andrew EGGINTON	55	13.2
5	Todd MURFETT	52	13.5
6	Cec McKEOWN	77	18.2

**1/2 MILE SELF HANDICAP RUN****DOUG ORR MEM. HEAT 3**

		Clock	Actual
1	Ron BOYNE	83	4.47
2	Andrew EGGINTON	55	4.52
3	Robert STAGG	50	4.52
4	Grant MURFETT	50	4.55
5	Ros DYER	53	4.57
6	Todd MURFETT	52	5.01
7	Cec McKEOWN	77	5.15
8	Grant WATSON	69	5.45

**500 METRE RUN**

1	Grant MURFETT	50	1.30
2	Andrew EGGINTON	55	1.32
3	Jess DUX	33	1.37
4	Robert STAGG	50	1.55
5	Todd MURFETT	52	2.00
6	Cec McKEOWN	77	2.45
7	Allan WOOD	80	2.50
8	Ron SMITH	68	3.08
9	Grant WATSON	69	3.46

**6 LAPS SPIRAL WALK**

1	Alison THOMPSON	64	15.15
2	Phyllis GOSBELL	79	21.53
3	Cec McKEOWN	77	21.53

**1/3/5 KM RUN****1 km:**

1	Robert STAGG	50	5.11
2	Ron BOYNE	83	6.32
3	Grant WATSON (Walk)	69	9.56

**3 km:**

1	Grant MURFETT	50	14.13
2	Geoff ARNOTT	69	16.40
3	Todd MURFETT	52	17.44

**5 km:**

1	Lyn BATCHELOR	68	29.41
2	Ros DYER	53	34.44

**CROYDON 26 SEPTEMBER 2017****4 LAPS WALK**

1	Carolyn ROSENBROCK	55	9.39
2	Paul MORITZ	58	10.18
3	Grant MURFETT	50	12.31
4	Andrew EGGINTON	55	12.32
5	Lyn BATCHELOR	68	12.36
6	Ron BOYNE	83	12.56
7	Robert STAGG	50	14.28
8	Colin WILLIAMS	68	14.56
9	Grant WATSON	69	14.56
10	Barrie WICKS	77	15.00
11	Phyllis GOSBELL	79	15.26
12	Allan WOOD	80	15.53

**90 METRE SPRINT****Heat 1:**

1	Russell OAKLEY	77	15.9
2	Cec McKEOWN	77	16.6
3	Andrew FRASER	75	17.3
4	Allan WOOD	80	19.2
5	Lyn BATCHELOR	68	23.1

**Heat 2:**

1	Grant MURFETT	50	12.9
2	Robert STAGG	50	13.1
3	Dennis ASPINALL	70	14.8
4	Andrew EGGINTON	55	17.8

**1/2 MILE SELF HANDICAP RUN****DOUG ORR MEM. FINAL**

		Clock	Actual
	Cec McKEOWN (Disq.)	77	4.49
1	Grant MURFETT	50	4.59
2	Ron BOYNE	83	5.04
3	Robert STAGG	50	5.06
4	Tania NEALE	39	5.09
5	Ros DYER	53	5.13
6	Grant WATSON	69	6.08

**600 METRE RUN**

1	Grant MURFETT	50	1.58
2	Andrew EGGINTON	55	2.24
3	Dennis ASPINALL	70	2.43
4	Russell OAKLEY	77	2.53
5	Ros DYER	53	3.22
6	Allan WOOD	80	3.55
7	Grant WATSON	69	4.51
8	Cec McKEOWN	77	4.52
9	Colin WILLIAMS	68	4.53

**2/4/6 KM RUN/WALK****2 km:**

1	Robert STAGG	50	10.11
2	Geoff ARNOTT	69	11.59
3	Paul MORITZ (Walk)	58	13.34
4	Cec McKEOWN (Walk)	77	26.56
5	Grant WATSON (Walk)	69	26.57

**4 km:**

1	Tania NEALE	39	25.05
2	Ros DYER	53	25.06
3	Lyn BATCHELOR	68	27.06

**6 km:**

1	Colin PAGE	63	29.50
	Ron BOYNE (1 lap Run)	83	2.34



**DONCASTER 4 SEPTEMBER 2017****300 Metres Handicap**

Jeffrey Sim	(-90)	38.78	
Marla Trautman	(-160)	39.26	
Graham Ford	(-50)	40.14	
Elizabeth Grover	(-100)	40.50	
Phil Rosevear	(-50)	40.58	
Carolyn Aughey	(-125)	41.90	
Gary Zuccala	(-40)	41.95	
John Aughey	(-90)	42.76	
David McConnell	(-15)	44.26	
Matt Scholes	(scratch)		51.42

**80 Metres**

Matt Scholes	47	12.12	
Phil Rosevear	68	13.04	
Jeffrey Sim	55	13.76	
Janine James	70	14.92	(venue record)
David McConnell	65	16.49	
Carolyn Aughey	75	18.48	(venue record)

**150 Metres**

Matt Scholes	47	22.40	
Gary Zuccala	54	22.98	
Graham Ford	68	23.92	
Phil Rosevear	68	25.96	

**500 Metres**

Matt Scholes	47	1.22.3	
David McConnell	65	1.41.4	
Jeffrey Sim	55	1.54.2	
Elizabeth Grover	54	2.03.9	
Katrina Philip	55	2.05.6	

**1600 Metres**

Gary Zuccala	54	6.27.7	
Elizabeth Grover	54	7.25.2	
Katrina Philip	55	7.56.8	
Marla Trautman	44	12.38.7	

**1600 Metres Walk**

Frank Prowse	65	9.01.8	(venue record)
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**DONCASTER 11 SEPTEMBER 2017****1000 Metres Handicap**

Katrina Philip	(-1.00)	6.14.7	(5.14.7) DQ
Jeffrey Sim	(-2.10)	6.29.1	(4.19.1) winner
Gary Zuccala	(-2.50)	6.30.7	(3.40.7)
Elizabeth Grover	(-2.18)	6.38.3	(4.20.3)
Marla Trautman	(scratch)	8.14.9	

**100 Metres**

Ken Bruce	65	13.98	
Phil Rosevear	68	14.88	
Graham Ford	68	15.02	
Greg Champion	62	16.00	
Jeffrey Sim	55	17.26	
Janine James	70	18.41	(venue record)
Carolyn Aughey	75	23.03	(venue record)

**600 Metres**

Anthony Paige	34	2.00.0	
Antony Gottlieb	37	2.02.0	
Katrina Philip	55	2.33.9	
Jeffrey Sim	55	2.34.0	

**DONCASTER 11 SEPTEMBER 2017 cont.****4 x 200 Metres**

Graham Ford (68),	2.00.52	(Victorian Record)
Phil Rosevear (68),		
David McConnell (65),		
Ken Bruce (65)		
Mixed team	2.39.7	

**200 Metres**

John Aughey	80	40.6	(venue record)
Phil Rosevear	68	41.0	
Carolyn Aughey	75	49.1	

**2000 Metres**

Gary Zuccala	54	8.30.9	
Elizabeth Grover	54	9.28.6	
David McConnell	65	9.30.1	
Katrina Philip	55	10.16.4	

**2000 Metres Walk**

Frank Prowse	65	11.42.2	
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**DONCASTER 18 SEPTEMBER 2017****Long jump**

Matt Hughes	42	4.82	
Ken Bruce	65	4.38	(venue record)
Matt Scholes	47	4.25	
Graham Ford	68	3.78	
David McConnell	65	3.56	
Janine James	70	2.37	(venue record)

**100 Metres (wind assisted)**

Ken Bruce	65	13.78	
Phil Rosevear	68	15.08	
Jeffrey Sim	55	17.60	
Janine James	70	17.92	
Elizabeth Grover	54	18.89	
Carolyn Aughey	75	13.30	

**Javelin**

Matt Hughes	42	26.11	
Matt Scholes	47	25.83	
David McConnell	65	23.75	
Graham Ford	68	20.57	
Tom Leong	75	17.51	

**200 Metres**

Matt Scholes	47	27.55	
Matt Hughes	42	27.77	
David McConnell	65	29.42	
Graham Ford	68	31.10	
Phil Rosevear	68	31.68	
Gary Zuccala	55	35.14	
Jeffrey Sim	55	39.84	
Elizabeth Grover	54	41.06	

**400 Metres**

Gary Zuccala	55	74.7	
Jeffrey Sim	55	81.8	
Phil Rosevear	68	86.7	

**Discus**

David McConnell	65	25.99	
Graham Ford	68	23.57	
Matt Hughes	42	21.74	
Matt Scholes	47	19.76	
Ken Bruce	65	19.63	
Tom Leong	75	17.83	

**800 Metres**

Antony Gottlieb	37	2.47.2	
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**DONCASTER 18 SEPTEMBER 2017 cont.****1500 Metres**

Matt Scholes	47	5.27.5
Gary Zuccala	55	6.02.3
Matt Hughes	42	6.18.2
David McConnell	65	6.28.4
Elizabeth Grover	54	6.49.8

**1200 Metres Walk**

Frank Prowse	65	6.50.3	(venue record)
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**DONCASTER 25 SEPTEMBER 2017****60 minutes**

Rob Schwerkolt	51	16,049.6m	
David Featherston	43	14,457.1m	
Gary Zuccala	55	14,411.3m	
Christopher Worsnop	60	12,267.3m	
Elizabeth Grover	54	12,237.0m	
Pramesh Prasad	43	12,036.1m	(walk)
Katrina Philip	55	10,213.0m	
Frank Prowse	65	9,567.8m	(walk)
Albin Hess	57	9,321.2m	(walk)
Maggie Hawker	61	7,255.1m	

**60 Metres**

Graham Ford	68	10.40	(70m)
Phil Rosevear	68	10.56	(70m)
Jeffrey Sim	55	10.76	
Janine James	70	10.94	(venue record)

**120 Metres**

Graham Ford	68	17.80
Phil Rosevear	68	18.26
Jeffrey Sim	55	20.02

**EAST BURWOOD 7 SEPTEMBER 2017 cont.****100 METRE HANDICAP SPRINT** H'cpMtrs

1	Toni MATTERS	49	17
2	Melanie BISSETT	41	22
3	Leo COFFEY	87	28
4	Shirley COPPOCK	81	37
5	Lloyd NICHOLS	76	55
6	Horacio DIAZ	72	40

**300 METRE SPRINT**

1	Paul DURRANT	56	53.8
2	Toni MATTERS	49	61.4
3	Melanie BISSETT	41	63.2
4	Janet HOLMES	64	65.7
5	Shirley COPPOCK	81	96.1
6	Lloyd NICHOLS	76	171.1

**WALK**

1	Bob LEWIS (3 laps)	89	11.59
2	Brian TAIT (5 laps)	75	16.08

**4 KM RUN AGE GRADED**

			Age %	
1	Adrian McLEAN	27	12.50	77.66
2	Geoff WHEELER	61	18.55	66.08
3	Sam DEFANIS	69	20.14	66.56
4	Annette PELGRIM	63	20.35	77.25
5	Leonie GILLIES	60	23.58	63.42
Bob HENDERSON (2 km)	70	9.50	65.58	

**DISCUS THROW**

Toni MATTERS	49	29.24
Paul DURRANT	56	27.38
Brian TAIT	75	13.53
Jack FREDRICKSON	78	13.01
Melanie BISSETT	41	12.34
Gerald BURKE	77	10.83
Leo COFFEY	87	9.25

**EAST BURWOOD 7 SEPTEMBER 2017****60 METRE SPRINT****Heat 1:**

1	Leo COFFEY	87	11.7
2	Shirley COPPOCK	81	13.4
3	Gerald BURKE	77	14.0
4	Horacio DIAZ	72	14.3
5	Lloyd NICHOLS	76	19.8

**Heat 2:**

1	Glenn McLEAN	53	8.9
2	Louise McLEAN	52	9.2
3	Toni MATTERS	49	9.6
4	Melanie BISSETT	41	10.5

**600 METRE RUN**

1	Paul DURRANT	56	2.03
2	Bob HENDERSON	70	2.25
3	Janet HOLMES	64	2.30
4	Liz EASTWOOD	48	2.46
5	Melanie BISSETT	41	2.51
6	Grant WATSON	69	4.07

**600 METRE HANDICAP WALK** Clock Actual

1	Grant WATSON	69	5.52	4.52
2	Gerald BURKE	77	5.53	4.53
3	Leonie GILLIES	60	5.54	4.24
4	Brian TAIT	75	5.56	4.36
5	Melanie BISSETT	41	6.00	3.55
6	Phyllis GOSBELL	79	6.08	4.48
7	Bob LEWIS	89	6.09	5.54
8	Peter BATTRICK	74	6.40	7.40
9	Liz EASTWOOD	48	6.43	4.23

**EAST BURWOOD 14 SEPTEMBER 2017****60 METRE SPRINT**

1	Jack DURRANT	20	7.7
2	Paul DURRANT	56	8.3
3	Melanie BISSETT	41	10.3
4	Leo COFFEY	87	11.3
5	Allan WOOD	80	12.2
6	Brian HOLCOMBE	72	13.3
7	Lloyd NICHOLS	76	17.9

**880 YARDS SELF HANDICAP RUN**

		Clock	Actual	
1	Grant WATSON	69	5.26	5.26
2	Bob HENDERSON	70	5.32	3.24
3	Melanie BISSETT	41	5.30	3.59

**1000 METRE HANDICAP WALK** Clock Actual

1	Brian TAIT	75	10.03	7.43
2	Ros LORDING	45	10.09	6.09
3	Leo WATSON	76	10.10	7.10
4	Leonie GILLIES	60	10.14	7.34
5	Allan WOOD	80	10.18	7.53
6	Gerald BURKE	77	10.22	8.42
7	Bob LEWIS	89	10.33	10.03
8	Grant WATSON	69	10.34	8.34
9	Melanie BISSETT	41	10.40	7.10
10	Peter BATTRICK	74	10.44	12.44

**EAST BURWOOD 14 SEPTEMBER 2017 cont.****200 METRE SPRINT**

1	Paul DURRANT	56	29.2
2	Andrew FRASER	75	38.7
3	Melanie BISSETT	41	39.3
4	Allan WOOD	80	45.8
5	Lloyd NICHOLS	76	89.9

**100 METRE SPRINT****Heat 1:**

1	Melanie BISSETT	41	17.5
2	Allan WOOD	80	19.0
3	Leo COFFEY	87	19.6
4	Brian HOLCOMBE	72	22.7
5	Lloyd NICHOLS	76	34.0

**Heat 2:**

1	Jack DURRANT	20	11.9
2	Paul DURRANT	56	12.6
3	Ros LORDING	45	15.7

**2 KM WALK**

1	Brian TAIT	75	16.36
2	Bob LEWIS	89	21.26
3	Grant WATSON	69	21.26

**1600 METRES/2 OR 4 KM RUN****1600 metres:**

1	Paul EARLE	53	7.18
2	Ros LORDING	45	7.25
3	Bob HENDERSON	70	7.47
4	Janet HOLMES	64	7.51

**2 km:**

1	Sam DEFANIS	69	10.41
2	Leonie GILLIES (2.8 km)	60	19.09

**4 km:**

1	Geoff WHEELER	61	20.34
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**JAVELIN THROW N.O.D.**

		Best	Nom.	
1	Jack DURRANT	20	26.93	22.50
2	Paul DURRANT	56	22.66	25.50
3	Allan WOOD **	80	19.33	19.50
4	Tracey CARPENTER	51	13.98	15.00
5	Jack FREDRICKSON	78	12.57	13.90
6	Donna CLARKE	64	12.20	14.00
7	Leo COFFEY	87	8.46	9.30

\*\* Winner - Allan Wood

**EAST BURWOOD 21 SEPTEMBER 2017****SHOT PUT**

1	Paul DURRANT	56	8.84
2	Jack DURRANT	20	7.85
3	Louise McLEAN	52	7.25
4	Glenn McLEAN	53	6.65
5	Allan WOOD	80	6.60
6	Tracey CARPENTER	51	6.31
7	Andrew FRASER	75	6.06
8	Melanie BISSETT	41	5.55
9	Brian TAIT	75	5.54
10	Jack FREDRICKSON	78	5.26
11	Leo COFFEY	87	4.67

**60 METRE SPRINT****Heat 1:**

1	Leo COFFEY	87	11.1
2	Brian HOLCOMBE	72	12.7
3	Shirley COPPOCK	81	13.1
4	Gerald BURKE	77	13.7
5	Lloyd NICHOLS	76	20.3

**EAST BURWOOD 21 SEPTEMBER 2017 cont.****Heat 2:**

1	Jack DURRANT	20	8.1
2	Paul DURRANT	56	8.4
3	Glenn McLEAN	53	8.6
4	Louise McLEAN	52	9.2
5	Christopher WORSNOP	60	10.1
6	Melanie BISSETT	41	10.5
7	Andrew FRASER	75	10.5

**800 METRE HANDICAP WALK** Clock Actual

1	Gerald BURKE	77	7.54	6.34
2	Brian TAIT	75	8.02	6.07
3	Leo WATSON	76	8.02	5.37
4	Christopher WORSNOP	60	8.03	5.18
5	Ros LORDING	45	8.04	4.44
6	Bob LEWIS	89	8.07	7.37
7	Leonie GILLIES	60	8.09	5.59
8	Melanie BISSETT	41	8.12	5.37
9	Allan WOOD	80	8.19	6.24
10	Grant WATSON	69	8.37	7.02
11	Michelle QUAN	47	9.44	7.09
12	Peter BATTRICK	74	8.52	9.52

**100 METRE HANDICAP SPRINT** H'cpMtrs

1	Melanie BISSETT	41	22
2	Louise McLEAN	52	12
3	Leo COFFEY	87	28
4	Allan WOOD	80	27
5	Glenn McLEAN	53	5
6	Paul DURRANT	56	Scr
7	Andrew FRASER	75	21
8	Christopher WORSNOP	60	14
9	Ros LORDING	45	17
10	Lloyd NICHOLS	76	55
11	Shirley COPPOCK	81	37
12	Brian HOLCOMBE	72	31

**880 YARDS SELF HANDICAP****DOUG ORR MEMORIAL HEAT 3**

1	Christopher WORSNOP(Dq)	60	5.22
2	Bob HENDERSON (Disq)	71	5.26
3	Grant WATSON	69	5.28
4	Melanie BISSETT	41	5.38

**10, 15 OR 20 MINUTE RUN/WALK**

10 mins:		Laps	Metres	
1	Ros LORDING (Run)	45	5	50
2	Bob HENDERSON (Run)	71	5	15
3	Michelle QUAN (Run)	47	4	100
4	Sam DEFANIS (Run)	69	4	90
5	Brian TAIT (Walk)	75	3	80
15 mins:				
1	Bob LEWIS (Walk)	89	3	100
2	Grant WATSON (Walk)	69	3	100
20 mins:				
1	Christopher WORSNOP(Run)'	60	10	80
2	Leonie GILLIES (Run)	60	8	150

**150 METRE SPRINT**

1	Andrew FRASER	75	26.1
2	Melanie BISSETT	41	27.2
3	Leo COFFEY	87	30.4
4	Allan WOOD	80	31.3
5	Leo WATSON	76	33.2
6	Brian HOLCOMBE	72	35.9
7	Shirley COPPOCK	81	36.9

**EAST BURWOOD 28 SEPTEMBER 2017****60 METRE SPRINT****Heat 1:**

1	Andrew FRASER	75	11.0
2	Leo COFFEY	87	11.6
3	Brian HOLCOMBE	72	12.7
4	Shirley COPPOCK	81	13.7
5	Horacio DIAZ	72	15.1
6	Lloyd NICHOLS	76	20.9

**Heat 2:**

1	Paul DURRANT	56	8.4
2	Glenn McLEAN	53	8.9
3	Louise McLEAN	52	9.3
4	Stephen DAY	47	9.7
5	Christopher WORSNOP	60	10.2

**800 METRE WALK**

1	Christopher WORSNOP	60	5.33
2	Leo WATSON	76	5.36
3	Brian TAIT	75	6.13
4	Gordon ONLEY	82	6.41
5	Grant WATSON	69	7.52
6	Bob LEWIS	89	7.54
7	Gerald BURKE	77	8.34
8	Peter BATTRICK	74	10.08

**1 KM WALK**

1	Leo WATSON	76	7.34
2	Bob LEWIS	89	10.59
3	Grant WATSON	69	11.10

**880 YARDS SELF HANDICAP RUN**

<b>DOUG ORR MEMORIAL HEAT 4</b>		Clock	Actual	
	Grant WATSON	69	5.16	5.16 (Disq)
	Michelle QUAN (Disq)	47	5.17	3.35 (Disq)
	Christopher WORSNOP	60	5.23	3.09 (Disq)
1	Peter DODGSHUN	65	5.27	3.16
2	Bob HENDERSON	71	5.30	3.24

**110 METRE SPRINT****Heat 1:**

1	Andrew FRASER	75	19.8
2	Brian HOLCOMBE	72	23.5
3	Shirley COPPOCK	81	24.5
4	Horacio DIAZ	72	28.6
5	Lloyd NICHOLS	76	41.0

**Heat 2:**

1	Paul DURRANT	56	15.1
2	Glenn McLEAN	53	15.9
3	Stephen DAY	47	16.6
4	Christopher WORSNOP	60	18.7

**200 METRE SPRINT N.O.T.**

		Clock	Nom.	
1	Andrew FRASER	75	39.0	38.2
2	Leo COFFEY	87	45.8	40.1
3	Brian HOLCOMBE	72	49.1	45.0
4	Shirley COPPOCK **	81	50.0	50.0
5	Lloyd NICHOLS	76	102.9	95.0

\*\* Winner - Shirley Coppock

**3 OR 5 KM RUN****3 km:**

1	Adam McCANN	41	12.45
2	Janet HOLMES	64	15.14
3	Michelle QUAN	47	15.55

**5 km:**

1	Christopher WORSNOP	60	23.45
2	Peter DODGSHUN	65	24.31
3	Geoff WHEELER	61	25.33
4	Sam DEFANIS	69	27.47
	Bob HENDERSON (2 km)	71	9.16

**FRANKSTON 7 SEPTEMBER 2017**

(reduced program due to wet weather)

**110m**

1	Chris Sheedy	49	15.93
2	Rob Taylor	48	16.72
3	Mike Hall	79	19.09

**Relay - Sprint 200m / Run 600m / Walk 400m**

				Team time
1	Gary Meyer	62	S	5.05
	Rob Taylor	48	R	
	Albin Hess	57	W	
2	Caitlin O'Connell	42	S	5.31
	Frances Halton	55	R	
	Pramesh Prasad	43	W	
3	Mike Hall	79	S	5.32
	Chris Sheedy	49	R	
	Lindsay Beaton	67	W	

**2000m**

1	Chris Sheedy	49	10.18
2	David Dodson	58	11.25
3	Gary Meyer	62	11.53

**2000m Walk**

1	John Hallo	75	16.01
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**2800m Walk**

1	Pramesh Prasad	43	14.28
2	Albin Hess	57	18.06
3	Lindsay Beaton	67	26.18

**3600m**

1	Rob Taylor	48	14.18
2	Frances Halton	55	21.51
3	Caitlin O'Connell	42	23.40

**FRANKSTON 14 SEPTEMBER 2017****80m Heat 1**

1	Rob Taylor	48	11.10
2	Rhiannon Lester	37	11.66
3	Russ Dow	57	11.68
4	Veronica Sheedy Inv		12.33

**80m Heat 2**

1	Rhiannon Lester	37	11.81
2	Chris Sheedy	49	12.74
3	Mike Hall	79	13.33
4	Alan Radford	66	14.84

**250m**

1	Chris Sheedy	49	43.11
2	Veronica Sheedy Inv		52.31
3	Alan Radford	66	53.30

**800m Walk**

1	John Hallo	75	6.21
2	Alan Radford	66	6.43
3	Lindsay Beaton	67	6.57

**1000m**

1	Rob Taylor	48	3.34
2	Russ Dow	57	3.40
3	Barry Jeffs	69	5.49
4	Caitlin O'Connell	42	6.12
5	Frances Halton	55	6.27

**FRANKSTON 14 SEPTEMBER 2017 cont.****2400m Walk - Estimated time**

			Clock	ET	Diff
1	Alan Radford	66	20.00	20.00	0.00
2	Pramesh Prasad	43	12.33	12.30	0.03
3	Lindsay Beaton	67	22.05	22.10	-0.05
4	Peter Ellis	65	17.52	18.00	-0.08
	John Hallo	75	DNF	18.40	DNF

**2400m - Self Handicap**

			Clock	ET	Diff
1	David Dodson	58	14.50	14.00	-0.10
2	Chris Sheedy	49	15.24	10.30	0.13
3	Barry Jeffs	69	15.24	15.00	0.24

**4000m**

1	Rob Taylor	48	15.19
2	Russ Dow	57	16.28
3	Gary Meyer	62	23.24
4	Caitlin O'Connell	43	27.22
4	Frances Halton	55	27.22

**FRANKSTON 21 SEPTEMBER 2017****90m**

1	Chris Sheedy	49	12.97
2	Veronica Sheedy	Inv	14.25
3	Henry Sheedy	Inv	22.37
4	Clementine Sheedy	Inv	27.99

**200m**

			Time	A/G %
1	Mike Hall	79	35.66	81.85%
2	Chris Sheedy	49	29.30	75.59%
3	Henry Sheedy	Inv	69.74	
3	Clementine Sheedy	Inv	69.74	

**800m Walk**

1	Pramesh Prasad	43	3.42
2	Penny Hall	77	6.21
3	John Hallo	75	6.33
4	Lindsay Beaton	67	7.07

**800m**

1	Rob Taylor	48	2.56
2	Charlie Mallia	68	4.02
3	Frances Halton	55	4.48

**5 or 8 lap Walk**

1	John Hallo	75	18.09	5 laps
1	Pramesh Prasad	43	15.31	8 laps
2	Peter Ellis	65	29.24	8 laps
3	Lindsay Beaton	67	30.39	8 laps

**5 or 8 lap Run**

1	Charlie Mallia	68	11.27	5 laps
2	Gary Meyer	62	11.40	5 laps
3	David Dodson	58	13.00	5 laps
1	Chris Sheedy	49	15.32	8 laps
2	Rob Taylor	48	15.33	8 laps
3	Frances Halton	55	20.20	8 laps

**FRANKSTON 28 SEPTEMBER 2017****100m**

1	Peter Biggs	52	13.38
2	Michael Lambert	61	15.61

**150m**

1	Peter Biggs	52	19.38
2	Michael Lambert	61	23.35
3	Mike Hall	79	24.36

**600m Walk**

1	Pramesh Prasad	43	2.89
2	Albin Hess	57	3.19
3	Penny Hall	77	4.36
4	John Hallo	75	4.37
5	Alan Radford	66	5.02
6	Lindsay Beaton	67	5.25

**600m**

1	Russ Dow	57	2.02
2	Michael Lambert	61	2.22
3	Charlie Mallia	68	2.37
4	Caitlin O'Connell	43	3.04
5	Barry Jeffs	69	3.12

**8 lap maximum Spiral - Run and Walk**

				Laps	R/W
1	Russ Dow	57	14.23	8	Run
2	Charlie Mallia	68	14.58	6	Run
3	Caitlin O'Connell	43	16.06	6	Run
	David Dodson	58	8.40	4	Run
	Barry Jeffs	69	10.35	4	Run
1	Pramesh Prasad	43	14.35	6	Walk
2	Albin Hess	57	16.58	6	Walk
3	John Hallo	75	17.45	5	Walk
4	Alan Radford	66	15.25	4	Walk

**8 lap Spiral Walk**

Lindsay Beaton	67	32.42	8	Walk
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**5km Walk**

Peter Ellis	65
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# Run Safely Tonight

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VICTORIAN  
Masters Athletics

**GLEN EIRA 5 SEPTEMBER 2017**  
**PROGRAM CANCELLED**

**GLEN EIRA 12 SEPTEMBER 2017**

100 MTRS SEALED H/CAP	Clock	H/c	H/c Time	
VIVIENNE CASH	65	16.27	4.8	21.07
JIM McLURE	71	17.17	4.0	21.17
BILL CARR	68	15.02	6.4	21.42
CHRIS BROWN	62	14.93	6.4	21.47
BOB WISHART	75	14.66	7.5	22.16
ALAN RADFORD	66	18.03	4.7	22.73

**RAY KEMP 5KM SEALED H/C RUN**

	Clock	H'cap	H/c Time	
CHRIS GRAFEN	53	21.01	5.30	26.31
ASHLEY PAGE	76	24.45	2.00	26.45
MIKE CLAPPER	65	24.52	2.00	26.52
EWEN WILSON	64	19.54	7.00	26.54
CHRIS BROWN	62	24.57	2.00	26.57
JO COCKWILL	65	29.20	+ 2.20	27.00
TERRY O'NEILL	61	23.3	4.30	28.00
BARRY JEFFS	69	34.14	6.00	28.14
JOHN ZELEZNIKOW	67	44.59	14.00	30.59

**700 MTRS E/T**

	Clock	Est	Diff	
JANET HOLMES	64	3.01	3.00	1
MIKE CLAPPER	65	2.25	2.23	2
GREG HUGHES	59	3.49	3.50	1
BARRY JEFFS	69	4.06	3.50	16
BARRY MANTELL (INV)		2.39	0.00	

**3KM S.MIDDLETON WALK - SEALED H/CAP**

	Clock	H/c Time	H/c	
JIM BERRINGTON	61	19.40	27.10	7.30
KARYN O'NEILL	62	20.16	27.28	7.12
CYNTHIA ELLERY	68	25.15	27.41	2.26
GREG HUGHES	59	20.06	27.53	7.47
TONY DORAN	65	27.53	21.33	6.20
ALAN RADFORD	66	28.16	24.59	3.17
DOMENICO MORINA	78	28.44	27.18	1.26
PETER McGRATH	77	28.50	28.56	GO
GRAHAM STOCKDALE	75	19.44		0

**700 MTRS E/T**

	Clock	Est	Diff	
JANET HOLMES	64	3.01	3.00	1
MIKE CLAPPER	65	2.25	2.23	2
GREG HUGHES	59	3.49	3.50	1
BARRY JEFFS	69	4.06	3.50	16
BARRY MANTELL (INV)		2.39	0.00	

**3KM S.MIDDLETON WALK SEALED H/CAP**

	Clock	H/c Time	H/c	
JIM BERRINGTON	61	19.40	27.10	7.30
KARYN O'NEILL	62	20.16	27.28	7.12
CYNTHIA ELLERY	68	25.15	27.41	2.26
GREG HUGHES	59	20.06	27.53	7.47
TONY DORAN	65	27.53	21.33	6.20
ALAN RADFORD	66	28.16	24.59	3.17
DOMENICO MORINA	78	28.44	27.18	1.26
PETER McGRATH	77	28.50	28.56	GO
GRAHAM STOCKDALE	75	19.44		0

**GLEN EIRA 19 SEPTEMBER 2017**

**60 MTRS E/T**

	Clock	Est	Diff	
BOB WISHART	75	8.95	8.95	0
MIKE CLAPPER	65	9.22	9.10	12
JIM McLURE	71	10.38	10.5	12
GLAD WISHART	73	11.75	12.35	6
JIM ROUNTREE	58	9.12	9.40	28
BILL CARR	68	9.51	9.20	31
JUNE TREWEEK		10.15		
BARRY MANTELL		9.85		

**2KM H/C WALK**

	Clock	H/c	Actual	
KARYN O'NEILL	62	18.02	5.02	13.00
CYNTHIA ELLERY	68	18.06	1.58	16.08
PETER McGRATH	77	18.07	GO	18.07
TONY DORAN	65	18.18	4.34	13.44
SANDRA MIDDLETON	68	18.22	4.26	13.56
JIM BERRINGTON	61	18.32	5.40	12.52
GREG HUGHES	59	19.04	5.26	13.38
DES MIDDLETON	70	19.55	5.02	14.53

**800 METRES H/C**

	Actual	H/c	Clock	
BARRY MANTEL	48	3.01	50	3.51
CHRIS BROWN	62	3.18	42	4
GREG HUGHES	59	3.25	45	4.10
BARRY JEFFS	69	4.,22	GO	4.22
JACK ?		2.58	45	3.43

**6KM SLD H/CAP RUN**

	Clock	H/C	Time	
EWEN WILSON	64	24.29	7.00	31.29
SYD BONE	60	28.11	4.30	33.41
CHRIS BROWN	62	30.12	3.00	33.12
ASHLEY PAGE	77	30.35	2.30	33.05
GERRY O'DONNELL	63	32.33	2.00	34.33
PHIL URQUHART	73	37.17	+3.00	34.17
JOHN ZELEZNIKOW	67	55.40		33.40

**400 MTRS E/T**

	Clock	Est	Diff	
JANET HOLMES	64	89.0	89.00	0.00
JIM ROUNTREE	58	69.0	69.30	0.30
MIKE CLAPPER	65	70.0	69.00	1.00
BOB WISHART	75	71.70	73.00	1.30
JIM McLURE	71	80.00	81.50	1.50
BILL CARR	68	72.00	74.00	2.00



"Well, here's your problem, Mr. Schueler."

**GLEN EIRA 26 SEPTEMBER 2017****150 MTRS E/T**

		Clock	Est	Diff
BOB WISHART	75	21.75	21.85	0.10
JIM ROUNTREE	58	22.89	23.00	0.11
JIM McLURE	71	25.01	24.75	0.26
GLAD WISHART	73	32.53	33.00	0.47
CHRIS BROWN	62	22.33	23.50	1.17
BILL CARR	68	24.63	23.20	1.43
VIVIENNE CASH	65	24.83	24.00	83.0

**500 MTR E/T**

		Clock	Est	Diff
JANET HOLMES	64	1.56.8	1.57	2.0
SANDRA MIDDLETON	68	2.18.1	2.20	1.9
MIKE CLAPPER	65	1.28.9	1.31	2.1
BILL CARR	68	1.45.1	1.41	4.1
GREG HUGHES	59	1.51.5	2.08	16.5

**5KM RUN**

		Clock
CHRIS GRAFEN	53	21.25
CHRIS BROWN	62	26.32
JO COCKWELL	65	28.54
MIKE CLAPPER	65	28.54
JANE SURZAKER	64	29.31
CHRIS CAMPBELL	68	27.20
PHIL URQUHART	73	30.17
JOHN ZELEZNIKOW	67	45.15

**110 MTR E/T**

		Clock	Est	Diff
CHRIS BROWN	62	16.08	16.10	0.02
JIM ROUNTREE	58	16.36	16.20	0.16
VIVIENNE CASH	65	18.54	18.20	0.34
GLAD WISHART	73	18.54	19.55	1.01
BOB WISHART	75	15.82	17.000	1.18
JIM McLURE	71	18.00	19.25	1.25

**WALK EST DISTANCE 15 OR 25 MINS**

		E/T	Actual	Diff
PETER McGRATH	77	6.250	6.250	0
GREG HUGHES	59	8.133	8.18	46
ALAN RADFORD	66	4.200	4.250	50
KARYN O'NEILL	62	9.000	9.170	70
SANDRA MIDDLETON	68	7.200	8.150	350
DES MIDDLETON	70	9.000	8.310	90
JIM BERRINGTON	61	9.150	9.260	110
CYNTHIA ELLERY	68	6.350	7.220	270
TONY DORAN	65	5.250	4.384	266

**KNOX 6 SEPTEMBER 2017****800m walk**

Liz Eastwood	48	6.2
Glenn Claiden	63	7.18
Maggie Hawkes	61	7.18
Bob Henderson	70	8.12
Chas McRae	84	8.34
Paul Twining	68	8.35
Pauline Paine	39	8.36
Shane Grund	35	8.38
Hank Kuys	63	8.39

**Half mile hcp**

Paul Connor	dq 54	2.58
Maggie Hawkes	dq 61	4.41
Danielle Grund	dq 35	3.48
Ryan Clark	dq 41	3.12
Liz Eastwood	dq 48	3.4
Pauline Paine	1st 39	3.51
Stephen Richards	56	3.3
Bob Henderson	70	3.2

**KNOX 6 SEPTEMBER 2017 cont.**

Paul Durrant	56	3.01
Glenn Claiden	63	3.5
Peter Thorne	69	4.04
Helen Stanley	61	3.15

**2 by 200m relay**

Stephen Richards	56	8.05
Ryan Clark	41	

Pauline Paine	39	8.92
Paul Durrant	56	

**Distance event****1k**

Peter Thorne	69	5.03
Maggie Hawkes	61	6.21

**3k**

Bob Henderson	70	15.26
Stephen Richards	56	15.59
Helen Stanley	61	15.59
Glenn Claiden	63	16.23
Liz Eastwood	48	16.35

**5k**

Shane Grund	35	17.53
Paul Connor	54	19.55
Paul Twining	68	22
Ryan Clark	41	28.13
Sarah Thorne	38	28.43

**KNOX 13 SEPTEMBER 2017****800m walk hcp**

Liz Eastwood	dg 48	5.22
Peter Thorne	dg 69	6.45
Jack Durrant	1st 20	7.12
Shane Grund	35	7.53
Paul Twining	68	7.43
Bob Henderson	70	7.39
Graeme Leticq	62	7.49
Pauline Paine	39	7.36
Matt Morris	51	7.32
Peter LeGet	83	8
Anne McPherson	61	8.02
Ian Uren	66	8.02
David Wear	71	8.04
Glenn Claiden	63	7.36

**70m**

Donna Clarke	64	13.13
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**400m**

Stephen Richards	56	1.17
Pauline Paine	39	1.39

**Half mile hcp**

Matt Morris	dq 51	4.54
Liz Eastwood	1st 48	3.38
Bob Henderson	70	3.2
Stephen Richards	56	3.16
Glenn Claiden	63	3.54
Pauline Paine	39	3.55
Peter Thorne	69	4.01
Sarah Thorne	38	4.07
Paul Durrant	56	3.15

**10 lap spiral**

Shane Grund	35	14.56
Matt Morris	51	17.35
Graeme Leticq	62	19.02

**KNOX 13 SEPTEMBER 2017 cont.**

Ian Uren	66	21.26
Peter Thorne	69	22.56
Paul Twining	68	22.59
Liz Eastwood	48	23.47
David Wear	71	23.53
Sarah Thorne	38	23.54
Stephen Richards	56	24.08
Bob Henderson	2.04k 70	10.19

**KNOX 20 SEPTEMBER 2017****800m walk**

Liz Eastwood	48	5.54
Glenn Claiden	63	7.31
Bob Henderson	71	7.32
Anne McPherson	61	7.33
Graeme Leticq	62	7.5
Maggie Hawkes	61	7.51
Sarah Thorne	38	8
Shane Grund	35	8.01
Tim Loveday	53	8.05
David Wear	71	8.06
Matt Morris	51	8.12

**60m**

Cody Andrews	inv	7.58
Paul Durrant	56	7.79
Jack Durrant	20	8.06
Geoff Whitehall	68	8.53

**Half mile hcp**

Geoff Whitehall	dq	68	3.16
Bob Henderson	dq	71	3.14
Liz Eastwood	dq	48	3.3
Tim Loveday	1st	53	3.05
Glenn Claiden		63	3.5
Shane Grund		35	2.14
Brian Mee		79	4
Sarah Thorne		38	4.04

**500m NOT**

Paul Durrant	56	1.30.22
Geoff Whitehall	68	1.55.69

**100m**

Cody Andrews	inv	
Paul Durrant	56	
Geoff Whitehall	68	

**Distance****3k**

Bob Henderson	71	15.34
Liz Eastwood	48	16.24
Stephen Richards	56	17.17
Brian Mee	79	17.23
Michelle Quan	48	18.45

**4.54k**

Helen Stanley	62	20.27
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**5k**

Shane Grund	35	16.43
Matt Morris	51	19.4
Tim Loveday	53	21.53
Graeme Leticq	62	22.37
Sarah Thorne	38	28.38

**MENTONE 6 SEPTEMBER 2017****500m Walk E.T.**

			Clock	Diff.
1	Greg Hughes	59	3.45	0.01
2	Bev Hugo	77	4.01	0.05
3	Maureen Seedsman	80	3.49	-0.06
4	Sylvia Machin	76	3.41	0.11

**1600m E.T.**

			Clock	Diff.
1	Sandra Wynne	66	8.15.3	0.3
2	Susan Short	43	6.58.8	-1.2
3	David Short	40	6.42.8	2.8
4	Avril Britter	58	8.32.5	3.5
5	Ashley Birrell	72	7.35.5	-14.5
6	Ashley Page	76	8.01.3	-16.7

**250m approx E.T.**

			Clock	Diff.
1	Glad Wishart	73	62.43	-0.57
2	Vivienne Cash	65	44.83	-1.17
3	Bob Wishart	75	41.47	-2.28
4	Sandra Wynne	66	50.96	-2.38
5	Susan Short	43	42.03	-2.97

**3 Km E.T.\*Agg Event\***

			Clock	Diff.	Pts
1	Sandra Wynne	66	16.14	0.04	7
2	Avril Britter	58	16.32	0.13	5
3	Ashley Page	76	15.16	-0.14	4
4	Ashley Birrell	72	15.14	-0.26	3

**2000m Walk E.T. \*Agg Event\***

			Clock	Diff.	Pts
1	Bev Hugo	77	16.41	-0.14	7
2	Sylvia Machin	76	15.24	-0.21	5
3	Maureen Seedsman	80	16.26	-0.24	4
4	Gwen Steed ***	75	13.27	-0.31	3
5	Greg Hughes	58	15.55	-0.35	2

**MENTONE 13 SEPTEMBER 2017****600m Walk E.T.**

			Clock	Diff.
1	Greg Hughes	59	4.29	-0.01
2	Ian Beaumont	81	5.34	0.04
3	Maureen Seedsman	80	4.40	0.05
4	Bev Hugo	77	4.57	0.09
5	Sylvia Machin	76	4.25	0.15
6	Margaret Beaumont	79	5.41	0.39

**300m H/cap\*Agg Event\***

			Clock	Metres	Pts
1	Vivienne Cash	65	44.50	55	7
2	Bob Wishart	75	45.76	22	5
3	Glad Wishart	73	46.81	103	4

**800m Self H/cap**

			Clock	Actual
1	Ashley Birrell	72	4.00.8	3.47.8
2	Ashley Page	76	4.03.0	3.53.0
3	Avril Britter	58	4.04.0	3.53.0
DQ	Sandra Wynne	66		3.45.9

**60m E.T.**

			Clock	Diff.
1	Bob Wishart	75	9.73	-0.07
2	Ross Kent	75	12.65	0.35
3	Sandra Wynne	66	10.91	-0.64
4	Avril Britter	58	12.35	0.81
5	Glad Wishart	73	11.21	-1.79

**5 Km Road E.T.**

			Clock	Diff.
1	Sandra Wynne	66	28.19	-0.06
2	Ashley Page	76	27.48	0.21
3	Ashley Birrell	72	26.50	-0.40
4	John Zeleznikow	67	48.37	-1.23
5	Avril Britter	58	30.00	1.61



**MENTONE 13 SEPTEMBER 2017 cont.**

<b>1000m/ 3000m Walk E.T.</b>				
			Clock	Diff.
<b>1000m</b>				
1	Ian Beaumont	81	10.33	0.03
2	Ian Cassell	64	14.13	0.13
3	Margaret Beaumont	79	11.47	0.17
4	Maureen Seedsman	80	12.26	-0.34
<b>3000m</b>				
1	Gwen Steed ***	75	20.41	-0.04
2=	Bev Hugo	77	25.02	0.17
2=	Greg Hughes	58	23.03	-0.17
2=	Sylvia Machin	76	23.03	-0.17

**MENTONE 20 SEPTEMBER 2017**

<b>800m Walk E.T.</b>					
			Clock	Diff.	
1	Bev Hugo	77	6.52	0.12	
2	Margaret Beaumont	79	7.09	0.26	
3	Ian Beaumont	81	7.22	0.47	
<b>1 Mile E.T.*Agg Event*</b>					
			Clock	Diff.	Pts
1=	Joegen Zhao	Inv.	7.06.7	1.7	
1=	David Short	40	6.29.7	1.7	7
3	Greg Hughes	59	8.02.1	2.1	5
4=	Finn Gibson	Inv.	6.36.0	4.0	
4=	Sandra Wynne	66	8.12.0	-4.0	4
6	Susan Short	43	6.59.3	-5.7	3
7	Jeanne Bryan ***	75	9.10.0	10.0	2
8	Avril Britter	58	8.29.9	-11.1	1
9	Col Waring	71	7.56.4	-13.6	1
10	David Dodson	58	9.16.0	16.0	1
11	Helen Bryan	47	6.42.2	17.2	1
12	Ashley Birrell	72	7.30.0	-20.0	1
13	Ashley Page	77	7.49.4	-28.6	1
<b>100m E.T.</b>					
			Clock	Diff.	
1	Peter Biggs	52	13.48	-0.02 @	
2	Bob Wishart	75	14.79	-0.06	
3	Finn Gibson	Inv.	17.10	-0.15	
4	Susan Short	43	15.76	0.26	
5	Sandra Wynne	66	18.78	0.62	
6	Avril Britter	58	19.24	1.06	
7	Ross Kent	75	21.31	2.81	
8	Glad Wishart	73	20.60	3.75	
<b>4 Km Self H/cap</b>					
			Clock	Actual	
1	Ashley Page	77	24.51	20.31 @	
2	David Short	40	24.59	17.59	
3	Ashley Birrell	72	25.00	20.30	
4	Jeanne Bryan	75	25.35	24.35	
5	Joegen Zhao	Inv.	26.20	24.36	
DQ	Helen Bryan	47		22.32	
DQ	Katie Gibson	Inv		22.24	
DQ	Avril Britter	58		23.02	
DQ	Sandra Wynne	66		22.03	
<b>1500m Walk E.T.</b>					
			Clock	Diff.	
1	Bev Hugo	77	12.28	0.02	
2	Ian Cassell	64	10.56	-0.04	
3=	Gwen Steed	75	9.53	0.06 ***	
3=	Greg Hughes	58	11.09	-0.06	
5	Glennis McPherson	71	11.21	-0.09	
6	Maureen Seedsman	80	12.33	0.13	
7	Geoff Barrow	68	9.55	-0.25	
8	Margaret Beaumont	79	13.52	0.26	
9	Ian Beaumont	81	14.02	-1.38	

**MENTONE 27 SEPTEMBER 2017**

<b>400m Walk E.T.</b>				
			Clock	Diff.
1	Bev Hugo	77	3.02	-0.04
2	Ian Beaumont	81	3.23	-0.19
3	John Zeleznikow	67	3.00	-0.25
<b>1200m E.T.</b>				
			Clock	Diff.
1	Sandra Wynne	66	5.56.9	-3.1
2	Avril Britter	58	6.11.1	-8.9
3	Susan Short	43	4.50.4	-9.6
4	Greg Hughes	59	5.34.6	10.6
5	Ashley Page	77	6.35.0	-32.0
6	Ashley Birrell	72	6.13.0	-37.0
7	Jeanne Bryan	75	6.26.0	-43.0 ***
<b>150m E.T.</b>				
			Clock	Diff.
1	Susan Short	43	24.10	0.10
2	Sandra Wynne	66	29.00	0.20
3	Avril Britter	58	28.91	-0.50
4	Vivienne Cash	65	24.73	0.63
5	Bob Wishart	75	21.21	-0.74
6	Peter Biggs	52	19.91	-0.89
7	Glad Wishart	73	31.71	3.71
8	Ross Kent	75	31.80	3.80
<b>3.336 Km Road E.T.</b>				
			Clock	Diff.
1	Sandra Wynne	66	18.18	-0.04
2	David Dodson	58	18.22	-0.08
3	Susan Short	43	17.50	-0.10
4	Ashley Page	77	19.02	-0.17
5	Ashley Birrell	72	16.59	-0.41
6	Avril Britter	58	19.19	0.48
7	Jeanne Bryan	75	19.13	-1.19 ***
8	John Zeleznikow	67	30.39	-1.21
<b>3000m/ 5000m Walk E.T.</b>				
			Clock	Diff.
<b>3000m</b>				
1=	Ian Beaumont	81	27.26	-0.04
1=	Greg Hughes	59	22.26	-0.04
3	Bev Hugo	77	24.35	-0.10
4	Glennis McPherson	71	22.16	-0.24
5	Maureen Seedsman	80	25.1	-0.35
<b>3000m Walk</b>				
1	Geoff Barrow	68	35.19	-0.31
2	Gwen Steed	75	34.46	-1.03 ***

**SPRINGVALE 6 SEPTEMBER 2017**

<b>70 metres</b>			
		actual	hcp.
Mike HALL	78	11.50	0 mts
Mick COLGAN	66	11.80	5.00
Juan PEREZ	78	12.00	7.00
Lindsay OXENHAM	68	12.60	6.00
Peter ELLIS	66	18.80	0.00
<b>800 metres</b>			
		actual	clock
Neil GRAY	69	2.59	4.10
Lindsay OXENHAM	68	3.32	4.15
Bill IRVINE	69	3.27	4.15
Dave TALBOT	62	3.09	4.17
Juan PEREZ	78	4.17	4.17
Lou BUCCIERI	62	3.26	4.18
Paul WINTERTON	63	3.42	4.24
Claudio RIGA	62	3.24	4.27
Mick COLGAN	66	4.12	4.32
Tony JOHNSON	77	4.31	4.56
Celia JOHNSON	69	5.01	5.01
Dominique RUELOT	61	5.03	5.03

**SPRINGVALE 6 SEPTEMBER 2017 cont.****2000 metres walk**

Peter ELLIS	66	15.45
Bill IRVINE	69	15.46
Frank ALLEN	72	15.55
Pam THOMAS	67	17.28

**2000 metres run**

Alison DEVINE	61	11.45
Ian TREGEAR	67	11.22
Kevin ONLEY	83	15.00

**4000 metres run**

Lindsay OXENHAM	68	20.46
Lou BUCCIERI	62	20.46
Claudio RIGA	62	22.27
Juan PEREZ	78	24.07
Celia JOHNSON	69	25.20
Dominique RUELLOT	61	27.51

**SPRINGVALE 13 SEPTEMBER 2017****120 metres**

Peter BIGGS	52	15.80
Declan SELICK	10	18.30
Mike HALL	78	20.50
Mick COLGAN	66	22.80
Lindsay OXENHAM	68	24.30
Juan PEREZ	78	27.70
Dominique RUELLOT	61	33.50

**1000 metres**

Les WILLIAMS	61	3.28
Neil GRAY	69	4.00
Dave TALBOT	63	4.11
Declan SELICK	10	4.29
Paul WINTERTON	63	4.55
Lindsay OXENHAM	68	5.01
Celia JOHNSON	69	6.07
Dominique RUELLOT	61	6.11

**3000 metres run**

Bill IRVINE	69	15.55
Declan SELICK	10	16.18
Celia JOHNSON	69	20.02
Dominique RUELLOT	61	20.14

**5000 metres run**

		actual	clock
Les WILLIAMS	61	20.20	
Claudio RIGA	62	24.00	29.50
Rob CLUTTERBUCK	64	24.37	
Alan BENNIE	70	25.34	31.19
Lou BUCCIERI	62	25.39	30.19
Lindsay OXENHAM	68	25.52	30.32
Juan PEREZ	78	31.38	31.38

**3000 metres walk**

Tony DORAN	65	21.06
Mick COLGAN	66	23.03
Frank ALLAN	75	23.56
Dennis PHILLIPS	75	23.57
Ernie JEFFS	72	28.47
John MANNING	71	28.46
Eric NEGROS	54	34.10

**SPRINGVALE 20 SEPTEMBER 2017****100 metres**

		actual	hcp
Mike HALL	78	16.40	0 mts
Lindsay OXENHAM	68	16.80	13.00
Dominique RUELLOT	61	16.90	30.00
Juan PEREZ	78	17.40	12.00
Mick COLGAN	66	17.90	6.00

**800 metres**

		clock	hcp
Dominique RUELLOT	61	4.57.5	0m00s
Bill IRVINE	69	4.58	1 33

**SPRINGVALE 20 SEPTEMBER 2017 cont.**

Lou BUCCIERI	62	5.00	1 33
Lindsay OXENHAM	68	5.00.3	1 30
Paul WINTERTON	63	5.00.6	1 23
Neil GRAY	69	5.01.1	2 00
Claudio RIGA	62	5.04.8	1 43
Dave TALBOT	63	5.06.1	1 54
Mick COLGAN	66	5.13.8	1 03
Rob CLUTTERBUCK	64	5.15.7	1 33
Alan BENNIE	70	5.24.3	1 51
Juan PEREZ	78	5.25.5	0 51

**15 minute run or walk**

		lap/mts
Jim SMITH	76	4 000
Natalie IRVINE	70	3 340
Tony DORAN	65	5 090
Alan BENNIE	70	7 320
Kevin ONLEY	83	5 090
Dominique RUELLOT	61	5 100
Ian TREGEAR	67	6 260
Pam THOMAS	67	4 190
Rob CLUTTERBUCK	64	7 150

**30 minute run or walk**

Ernie JEFFS	72	7 300
Juan PEREZ	78	12 180
Claudio RIGA	62	12 250
Lindsay OXENHAM	68	14 120
Lou BUCCIERI	62	13 070
John MANNING	71	9 060
Frank ALLEN	72	9 050

**SPRINGVALE 27 SEPTEMBER 2017****200 metres**

Les WILLIAMS	61	32.00
Mike HALL	78	32.70
Mick COLGAN	66	42.60
Lindsay OXENHAM	68	43.70
Juan PEREZ	78	48.60
Dominique RUELLOT	61	58.20

**600 metres**

Les WILLIAMS	61	2.01.7
Dave TALBOT	63	2.14.0
Claudio RIGA	62	2.29.5
Paul WINTERTON	63	2.35.2
Lou BUCCIERI	62	2.35.8
Neil GRAY	69	2.38.6
Lindsay OXENHAM	68	2.47.2

**3000 metres walk**

Tony DORAN	65	23.07
Mick COLGAN	66	23.08
Dennis PHILLIPS	75	23.18
Frank ALLEN	72	23.54
John MANNING	71	23.54
Pam THOMAS	67	26.34
Jim SMITH	76	27.21
Ernie JEFFS	72	27.56
Natalie IRVINE	70	29.54

**5000 metres**

		clock	actual
Juan PEREZ	78	30.25	30.15
Claudio RIGA	62	30.56	23.26
Lindsay OXENHAM	68	31.03	25.38
Lou BUCCIERI	62	31.06	25.21
Les WILLIAMS	61	31.20	21.20
Rob CLUTTERBUCK	64	31.33	24.53
Ian TREGEAR	67	31.39	28.39
Kevin ONLEY	83	35.28	35.28

# NOVEMBER PROGRAMS 2017

WEDS NOV 1	ABERFELDIE	110M	1000M AG	400M	4/6K	
	GEELONG	7K CC	5K CC			
	MENTONE					
	KNOX					
	SPRINGVALE	400M H/C	1500M	2500M ROAD WALK	4000M ROAD RUN	
THURS NOV 2	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 6	DONCASTER					
	CASEY	50M	1000M	120M	HYBRID 4.7K	
TUES NOV 7	COLLINGWOOD					
	CROYDON	VENUE CLOSED CUP	LONG WEEKEND			
	GLEN EIRA	70M	CUP DAY	1500M	3.2K ET	
WEDS NOV 8	ABERFELDIE	100M HCP	1500M	200M	3.1/5.8K PARK	
	GEELONG	100M	3200M	800M		
	MENTONE					
	KNOX					
	SPRINGVALE	120M	1200M	3000M ROAD WALK	3100/5K ROAD RUN	
THURS NOV 9	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 13	DONCASTER					
	CASEY	100M	800M	300M	CROSS COUNTRY	
TUES NOV 14	COLLINGWOOD					
	CROYDON	SHOT 1K WALK	90M	PARLOUF RELAY	VS MT LILYDALE COLL.	
	GLEN EIRA	100M	600M	200M SH/P	2400M	3K
WEDS NOV 15	ABERFELDIE	90M	800M	400M	5K HCP	
	GEELONG	8KCC	5K CC			
	MENTONE					
	KNOX					
	SPRINGVALE	400M H/C	800/1600M	2500M ROAD WALK	4000M ROAD RUN	
THURS NOV 16	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 20	DONCASTER					
	CASEY	70M	1500M	150M	ROAD X2	
TUES NOV 21	COLLINGWOOD					
	CROYDON	JAV 1500M	60M	2X800M	500M	3K ANN MEM WALK
	GLEN EIRA	80M	1200M	200M H/C	2K H/C	1200X800X400 RELAY
WEDS NOV 22	ABERFELDIE	100M	1500M	200M	3.1/5.1K PARK	
	GEELONG	400M	2400M	1500M		
	MENTONE					
	KNOX					
	SPRINGVALE	150M	1000M	2100/3700 ROAD W	3100/6200 RD RUN	
THURS NOV 23	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 27	DONCASTER					
	CASEY	90M	1200M	200M	CROSS COUNTRY X2	
TUES NOV 28	COLLINGWOOD					
	CROYDON	JAV	800M	100M		
	GLEN EIRA	200M H/C	4 OR 10K			
WEDS NOV 29	ABERFELDIE	100M AG HCP	800M	400M	5/7K RIVER	
	GEELONG	5K CC	3K CC			
	MENTONE					
	KNOX					
	SPRINGVALE	400M H/C	800M	4K ROAD WALK	6K CROSS COUNTRY	
THURS NOV 30	COBURG					
	EAST BURWOOD					
	FRANKSTON					