



AROUND THE GROUNDS

VENUE RESULTS FOR JANUARY 2018, PROGRAM FOR MARCH 2018



They've both been awarded OAM's !!!
Lavinia - "Order of Australia Medal"
Rob Italia - "Orl About Me"

ABERFELDIE, CASEY, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

CASEY 8 JANUARY 2018**50m**

Paul Olsson	60	7.72
Mike Hall	79	8.83
Arlene D'Monte	59	11.73

800m run/Walk

Gary Meyer	62	4.24
Albin Hess	57	4.46
Arlene D'Monte	59	6.06
Heather Veuti		10.04

2.2k, 3.6k, 5k Run/Walk

Arlene D'Monte	59	22.29	2.2k
Heather Veuti		22.29	2.2k
Gary Meyer	62	21.59	3.6k
Albin Hess	57	25.33	3.6k
Frances Halton	57	31.33	5k

CASEY 15 JANUARY 2018**600m Run/Walk**

Adrian Lyness	44	2.19
Rob Clutterbuck	64	2.57
Gary Meyer	62	3.24
Penny Hall	77	4.51
Lindsay Beaton	67	5.19

150m

Premesh Prasad	44	21.08
Paul Olsson	60	21.71
Mike Hall	79	25.02

1,2,3 Laps Road

Heather Veuti		16.45	1.8k
Penny Hall	77	18.48	2.2k
Rob Clutterbuck	64	18.25	3.6k
Lindsay Beaton	67	33.22	3.6k
Adrian Lyness	44	23.31	5k
Rebekah Lyness	43	28.42	5k
Frances Halton	56	29.26	5k
Gary Meyer	62	30.03	5k
Marnie Grace	43	31.29	5k

CASEY 22 JANUARY 2018**70m**

Mike Hall	79	13.88
Ashley	inv	14.51
Arlene D'Monte	59	15.29
Marnie Grace	43	18.91

1500m

Adrian Lyness	44	6.06
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2.2k,3.4k,5.9k Run/Walk

Arlene D'Monte	59	19.46	2.2k
Rob Clutterbuck	64	17.18	3.4k
Paul Tero	55	18.42	3.4k
Adrian Lyness	44	29.22	5.9k
Marnie Grace	43	34.45	5.9k
Rebekah Lyness	43	34.45	5.9k
Gary Meyer	62	35.31	5.9k
David Dodson	59	35.46	5.9k
Frances Halton	56	37.57	5.9k
Lindsay Beaton	68	56.41	5.9k

CASEY 29 JANUARY 2018**80m**

Paul Olsson	60	13.76
Mike Hall	79	14.24
Ashley	inv	16.86
Marnie Grace	43	20.15

1200m Run/Walk

Pramesh Prasad	44	6.16
Gary Meyer	62	6.28
David Dodson	59	6.58
Marnie Grace	43	7.48
Frances Halton	56	8.01
Lindsay Beaton	68	10.49

110m

Paul Olsson	60	17.46
Mike Hall	79	19.56

2 Laps Road Run/Walk

Penny Hall	77	19.19	1 Walk
Pramesh Prasad	43	15.44	
Gary Meyer	62	21.36	
Frances Halton	56	21.47	
David Dodson	59	22.26	
Marnie Grace	43	24.42	
Lindsay Beaton	68	33.55	



**"It's hard to believe you've never
put up wallpaper before."**

COBURG 4 JANUARY 2018**1.9km Kodak Bridge Run**

Angela		10.36
Fiona ELY	48	10.40
Bernie LEDDIN	69	11.10
Maria BARBETTI	52	11.28
Rob LEWIS	70	11.35
Maegan KERR	45	12.00
Mark KELLY	56	16.42
Rob DAVEY	77	20.27
Ken CARTER	65	21.37

3.8km Kodak Bridge Run

Brian DELANEY	64	23.01
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100m**Heat: 1**

Sally COLLINS	43	15.75
Bruce GIBBS	69	17.12
Sofie FABRE	48	17.91
Rob LEWIS	70	19.40
Michelle SPORTON	52	23.31
Ken CARTER	65	40.68

Heat: 2

Paul O'NEILL	52	13.31
Christian FABRE	18	13.73
Warren HOWDEN	33	13.89
Colin HICKIE	33	14.16
Keith HOWDEN	72	14.91

COBURG 11 JANUARY 2018**1000m**

Fraser MURRAY	45	3.28
Colin HICKIE	33	3.28
Michael MEANEY	62	4.09
Brian DELANEY	64	4.11
Maria BARBETTI	52	4.48
Rob DAVEY	77	8.17
Ken CARTER	65	10.20

200m**Heat: 1**

Sally COLLINS	43	36.17
Michael MEANEY	62	36.61
Bruce GIBBS	69	37.21
Sofie FABRE	48	38.97
Michelle SPORTON	52	55.90
Ken CARTER	65	2.00.0

Heat: 2

Paul O'NEILL	52	26.66
Michael CARNEY	54	27.35
Christian FABRE	18	28.40
Keith HOWDEN	72	29.65
Warren HOWDEN	33	29.71

1.9km Kodak Bridge Run

Christian FABRE	18	9.32
Michael MEANEY	62	11.10
Rob LEWIS	70	11.35
Bruce GIBBS	69	16.52
Rob DAVEY	77	19.00
Ken CARTER	65	21.42

3.8km Kodak Bridge Run

Colin HICKIE	33	19.08
Fraser MURRAY	45	20.34
Fiona ELY	48	21.46
Sofie FABRE	48	23.54
Maria BARBETTI	52	24.51

COBURG 18 JANUARY 2018**60m**

Paul O'NEILL	52	8.87
N. GHAINGHOVAND	18	9.13
Sally COLLINS	43	9.53
Bruce GIBBS	69	10.56
Michelle SPORTON	52	13.71
Ken CARTER	65	22.05

600m

Fiona ELY	48	2.53
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1000m

Brian DELANEY	64	4.14
Rob DAVEY (W)	77	8.39
Maria BARBETTI (W)	52	8.41
Sally COLLINS (W)	43	8.41
Ken CARTER	65	10.27

300m

Paul O'NEILL	52	45.03
Keith HOWDEN	72	50.70
Michael MEANEY	62	1.03.3
Bruce GIBBS	69	1.09.8
Michelle SPORTON	52	2.00.5
Ken CARTER	65	3.08.0

2.7km Lake Run

Michael MEANEY	62	14.37
Fiona ELY	48	15.00
Maria BARBETTI	52	15.14
Bruce GIBBS	69	22.28
Rob DAVEY	77	25.34
Ken CARTER	65	29.40

COBURG 25 JANUARY 2018**90m**

Michael CARNEY	54	12.05
Ethan O'NEILL	17	12.30
Bruce GIBBS	69	15.10
Fiona ELY	48	16.70
Rob LEWIS	70	16.80
Frank BRADLEY	62	17.70
Bernie LEDDIN	69	18.40
Ken CARTER	65	32.80

1000m

Fiona ELY	48	4.49
Maria BARBETTI	52	5.01
Rob DAVEY	78	8.52
Ken CARTER	65	10.24

200m

Ethan O'NEILL	17	27.44
Michael CARNEY	54	27.80
N. GHAINGHOVAND	18	33.33
Bruce GIBBS	69	40.83
Brian DELANEY	64	42.63
Rob DAVEY	78	1.10.2
Ken CARTER	65	1.52.2

2km Kodak Bridge Run

Fiona ELY	48	11.37
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3.87km Swinge Bridge Run

Maria BARBETTI	52	21.50
Rob LEWIS	70	24.41
Bernie LEDDIN	69	24.41
Frank BRADLEY	62	28.12
Bruce GIBBS	69	32.12
Ken CARTER	65	43.09

COLLINGWOOD 9 JANUARY 2018

100 Metres

		Time
1	SCHOLES Ron	64 16.0
2	GIBBS Bruce	69 17.4
3	LEWIS Rob	70 18.6
4	LEDDIN Bernie	69 19.3
5	IOVENITTI Carlo	59 21.5

200 Metres

		Time
1	SCHOLES Ron	64 34.8
2	DROSDOWSKY Wasyl	66 37.1
3	HOPKINS Jim	68 37.6

4 Km.

		Time
1	PAUL Graeme	63 20:30
2	Fabre Evelyn	19 21:58
3	FABRE Sofie	48 22:10
4	LEDDIN Bernie	69 23:22
5	LOVELL Scott	52 24:13
6	LEWIS Rob	70 25:53
7	DROSDOWSKY Wasyl	66 26:11
8	HERBSTREIT Herbie	65 27:22
9	POCOCK John	74 27:58
10	GIBBS Bruce	69 34:33

10 Km.

		Time
1	SCHOLES Ron	64 47:02
2	HOPKINS Jim	68 53:20
3	ELY Fiona	48 60:23
4	BAYLEY Rod	71 62:23
5	IOVENITTI Carlo	59 62:23
6	BELL Gary	63 69:50

COLLINGWOOD 16 JANUARY 2018

4.5 Km.

		Time
1	PAUL Graeme	63 20:30
2	Fabre Evelyn	19 21:58
3	FABRE Sofie	48 22:10
4	LEDDIN Bernie	69 23:22
5	LOVELL Scott	52 24:13
6	LEWIS Rob	70 25:53
7	DROSDOWSKY Wasyl	66 26:11
8	GIBBS Bruce	69 34:33

10 Km.

		Time
1	SCHOLES Ron	64 47:02
2	HOPKINS Jim	68 53:20
3	ELY Fiona	48 60:23
4	HOPKINS Jim	68 53:20
5	ELY Fiona	48 60:23
6	BAYLEY Rod	71 62:23
7	IOVENITTI Carlo	59 62:23
8	BELL Gary	63 69:50

COLLINGWOOD 23 JANUARY 2018

4.7 Km.

		Time
1	SCHOLES Ron	64 24:33
2	DERBY Shane	57 25:08
3	GERO Peter	29 28:58
4	POCOCK John	74 29:43
5	DROSDOWSKY Wasyl	66 31:25
6	LEWIS Rob	70 32:51
7	LEDDIN Bernie	69 34:23
8	BROWN Mal	77 36:42
10	GIBBS Bruce	69 41:51

COLLINGWOOD 23 JANUARY 2018 cont.

10.6 Km.

		Time
1	HEJTMANEK Jim	52 53:13
2	WINNEN Ian	55 53:24
3	HOPKINS Jim	68 60:08
4	BAYLEY Rod	71 70:04
5	IOVENITTI Carlo	59 70:15
6	BELL Gary	64 73:41
7	HERBSTREIT Herbie	65 75:33
12	BAN Paul	63 83:18

COLLINGWOOD 30 JANUARY 2018

5 Km.

		Time
1	DERBY Shane	57 25:25
2	GERO Peter	29 25:31
3	RUSSO Chris	52 25:45
4	HAWKESWORTH Trevor	70 28:26
5	POCOCK John	75 31:36
6	LEWIS Rob	70 31:57
7	DROSDOWSKY Wasyl	66 32:50
8	LEDDIN Bernie	69 24:55
9	GIBBS Bruce	69 44:32
10	BROWN Mal	77 52:00

9 Km.

		Time
1	HEJTMANEK Jim	52 44:16
2	SCHOLES Ron	64 46:18
3	HALLETT Matthew	28 48:10
4	HOPKINS Jim	68 50:21
5	ELY Fiona	48 50:28
6	DUNNING Robert	60 52:11
7	BAYLEY Rod	71 55:13
8	IOVENITTI Carlo	59 55:13
9	HALLETT Len	68 58:30
10	BELL Gary	64 58:42
11	HERBSTREIT Herbie	65 63:21
12	BAN Paul	63 63:23



CROYDON 9 JANUARY 2018**1 KM WALK**

1	Alison THOMPSON	64	5.52
2	Andrew EGGINTON	56	6.26
3	Russ DICKENSON	72	6.33
4	Taylor RILEY	22	6.38
5	Grant MURFETT	50	6.43
6	Paul MORITZ	58	6.49
7	Ron BOYNE	84	8.04
8	Phyllis GOSBELL	79	8.08
9	Colin WILLIAMS	68	8.44
10	Grant WATSON	70	8.45
11	Robert STAGG	51	8.46
12	Barrie WICKS	77	9.07
13	Kevin McLAUCLAN	74	9.42
14	Pam TINDALL	58	9.56
15	Angela EDWARDS	51	9.56
16	Ros DYER	53	10.08
17	Ron SMITH	68	10.10
18	Erika BEDYN	55	10.11

11.6 SECONDS N.O.S.P.**Heat 1:**

1	Ron SMITH	68	10.3
2	Colin WILLIAMS	68	10.6
3	Ros DYER	53	11.2
4	Kevin McLAUCLAN	74	13.6

Heat 2:

1	Angela EDWARDS	51	11.0
2	Andrew EGGINTON	56	11.5
3	Erika BEDYN **	55	11.7
4	Cec McKEOWN	78	13.1

Heat 3:

1	Jess DUX	33	11.0
2	Grant MURFETT	50	11.5
3	Taylor RILEY	22	11.7
4	Robert STAGG	51	12.1

** Winner - Erika Bedye

800 METRE RUN

1	Andrew EGGINTON	56	2.31
2	Grant MURFETT	50	2.49
3	Robert STAGG	51	3.30
4	Erika BEDYE	55	3.33
5	Colin WILLIAMS	68	3.34
6	Angela EDWARDS	51	3.47
7	Ros DYER	53	3.59
8	Cec McKEOWN	78	4.08

200 METRE SPRINT**Heat 1:**

1	Cec McKEOWN	78	42.7
2	Ron SMITH	68	46.4
3	Ros DYER	53	48.6
4	Ron BOYNE	84	55.6
5	Kevin McLAUCLAN	74	59.9
6	Grant WATSON	70	62.7

Heat 2:

1	Jess DUX	33	28.3
2	Grant MURFETT	50	29.1
3	Robert STAGG	51	34.2
4	Angela EDWARDS	51	38.3
5	Erika BEDYE	55	40.4

1 OR 3 KM WALK**1 km:**

1	Paul MORITZ	58	7.00
2	Kevin McLAUCLAN	74	9.54

CROYDON 9 JANUARY 2018 cont.**3 km:**

1	Julie CHALLEN	60	22.44
2	Phyllis GOSBELL	79	24.42
3	Ron BOYNE	84	24.47
4	Liz WRIGLEY	62	24.53
5	Grant WATSON	70	25.13
6	Gary TURNER	64	26.54
	Barrie WICKS (4½ laps)	77	17.08

1 OR 5 KM RUN**1 km:**

1	Colin WILLIAMS	68	5.08
2	Erika BEDYE	55	5.09
3	Cec McKEOWN	78	6.16

5 km:

1	Alison THOMPSON	64	26.21
2	Mark CHALLEN	60	28.45
3	Ros DYER	53	30.08

JAVELIN THROW

1	Andrew EGGINTON	56	23.87
2	Pam TINDALL	58	20.21
3	Grant MURFETT	50	20.11
4	Jess DUX	33	19.55
5	Angela EDWARDS	51	18.10
6	Taylor RILEY	22	12.15
7	Karen ARCHER	54	10.64
8	Phyllis GOSBELL	79	9.41

CROYDON 16 JANUARY 2018**1 MILE WALK**

1	Russ DICKENSON	72	10.25
2	Grant MURFETT	50	10.25
3	Gunther ILGOUTZ	79	10.39
4	Paul MORITZ	58	12.41
5	Phyllis GOSBELL	79	13.11
6	Grant WATSON	70	14.18
7	Colin WILLIAMS	68	14.19
8	Robert STAGG	51	14.21
9	Barrie WICKS	77	15.57
10	Jan McMINN	67	16.48
11	Kevin McLAUCLAN	74	16.48
12	Ron SMITH	68	17.16
13	Cec McKEOWN	78	17.19
14	Angela EDWARDS	51	17.20
15	Ros DYER	53	17.20

**60 METRE SPRINT****Heat 1:**

1	Barry MURLEY	78	12.1
2	Ron SMITH	68	12.5
3	Ros DYER	53	12.9
4	Grant WATSON	70	14.7
5	Kevin McLAUCLAN	74	16.2

Heat 2:

1	Angela EDWARDS	51	10.7
2	Cec McKEOWN	78	10.8
3	Andrew FRASER	76	11.6

Heat 3:

1	Jess DUX	33	8.8
2	Robert STAGG	51	9.0
3	Grant MURFETT	50	12.7

CROYDON 16 JANUARY 2018 cont.**1500 METRE RUN**

1	Robert STAGG	51	6.49
2	Colin WILLIAMS	68	7.16
3	Angela EDWARDS	51	7.38
4	Ros DYER	53	7.54
	Cec McKEOWN(1100 metres)	78	6.07

300 METRE SPRINT

1	Andrew EGGINTON	56	53.8
2	Angela EDWARDS	51	62.4
3	Gary TURNER	64	64.6
4	Andrew FRASER	76	65.3
5	Colin WILLIAMS	68	75.4
6	Cec McKEOWN	78	76.2
7	Ros DYER	53	80.5
8	Ron SMITH	68	87.6
9	Grant WATSON	70	134.3
10	Kevin McLAUHLAN	74	134.8

10, 20 OF 30 MINUTE RUN/WALK**10 minutes:**

		Laps	Metres	
	Robert STAGG (Run)	51	4	253
	Ros DYER (Run)	53	4	100
	Russ DICKENSON (Walk)	72	3	320
	Barry MURLEY (Run)	78	3	300
	Colin WILLIAMS (Run)	68	2	

20 minutes:

	Julie CHALLEN (Walk)	60	6	240
	Phyllis GOSBELL (Walk)	79	5	240
	Liz WRIGLEY (Walk)	62	5	180
	Gary TURNER (Walk)	64	5	180
	Cec McKEOWN (Walk)	78	4	100
	Kevin McLAUHLAN(Walk)	74	4	100
	Grant WATSON (Walk)	70	4	100

30 minutes:

	Mark CHALLEN (Run)	60	13	100
	Paul MORITZ (Walk)	58	9	300

SHOT PUT

		Metres	
	Andrew EGGINTON	56	8.09
	Grant MURFETT	50	7.99
	Jess DUX	33	7.92
	Angela EDWARDS	51	7.48
	George SIMONS	82	6.33
	Russ DICKENSON	72	6.25
	Andrew FRASER	76	6.04
	Allan WOOD	80	5.97
	Ros DYER	53	5.16

CROYDON 23 JANUARY 2018**100 METRE SPRINT****Heat 1:**

1	Barry MURLEY	78	19.7
2	Ron SMITH	68	20.3
3	Ros DYER	53	21.8
4	Shirley COPPOCK	81	23.7
5	Grant WATSON	70	29.6

Heat 2:

1	Angela EDWARDS	51	17.1
2	Cec McKEOWN	78	17.6
3	Andrew FRASER	76	18.0
4	Erika BEDYN	55	18.3

CROYDON 23 JANUARY 2018 cont.**Heat 3:**

1	Andrew WATTS	62	13.8
2	Robert STAGG	51	14.2
3	Grant MURFETT	50	14.9
4	Taylor RILEY	22	15.5

1 MILE RUN

1	Erika BEDYE	55	7.53
2	Angela EDWARDS	51	8.30
3	Ros DYER	53	8.33
4	Taylor RILEY	22	9.27
5	Cec McKEOWN	78	9.37

1500 METRE WALK

1	Taylor RILEY	22	10.15
2	Grant MURFETT	50	10.27
3	Grant WATSON	70	14.05
4	Cec McKEOWN	78	14.06
5	Robert STAGG	51	14.07
6	Angela EDWARDS	51	16.47
7	Ros DYER	53	16.48
8	Ron SMITH	68	16.57
	Erika BEDYN (3 laps)	55	11.30

300 METRE SPRINT

1	Andrew WATTS	62	46.6
2	Grant MURFETT	50	47.1
3	Robert STAGG	51	50.7
4	Gary TURNER	64	61.7
5	Erika BEDYE	55	72.3
6	Angela EDWARDS	51	74.8
7	Cec McKEOWN	78	80.3
8	Ros DYER	53	89.1
9	Ron SMITH	68	91.0
10	Shirley COPPOCK	81	110.4
11	Grant WATSON	70	121.3
12	Barry MURLEY	78	122.6

DISTANCE

	Cec McKEOWN (1 km Walk)	78	12.05
	Grant WATSON (1 km Walk)	70	12.07
	Taylor RILEY (4½ laps Walk)	22	13.46
	Ros DYER (3 km Run)	53	17.55
	Paul MORITZ (3 km Walk)	58	22.35
	Julie CHALLEN (3 km Walk)	60	22.35
	Mark CHALLEN (10½ laps Run)	60	23.58

DISCUS THROW

		Metres	
	Andrew EGGINTON	56	21.22
	Grant MURFETT	50	19.28
	Andrew FRASER	76	16.93
	Erika BEDYN	55	16.39
	Angela EDWARDS	51	15.66
	Robert STAGG	51	15.55

CROYDON 30 JANUARY 2018**1 KM RUN**

1	Andrew EGGINTON	56	3.25
2	Grant MURFETT	50	3.47
3	Angela EDWARDS	51	4.53
4	Ros DYER	53	5.15
5	Cec McKEOWN	78	5.22
6	Grant WATSON	70	8.06

800 METRE WALK

1	Taylor RILEY	22	4.48
2	Alison THOMPSON	64	4.50
3	Gunther ILGOUTZ	79	5.02

CROYDON 30 JANUARY 2018 cont

4	Russ DICKENSON	72	5.19
5	Paul MORITZ	58	5.24
6	Grant MURFETT	50	5.28
7	Andrew EGGINTON	56	5.29
8	Pam TINDALL	58	5.30
9	Phyllis GOSBELL	79	6.20
10	Barrie WICKS	77	7.31
11	Angela EDWARDS	51	7.34
12	Robert STAGG	51	7.35
13	Grant WATSON	70	7.55
14	Cec McKEOWN	78	7.56
15	Dennis ASPINALL	70	8.03
16	Allan WOOD	80	8.03
17	Ron SMITH	69	8.14

90 METRE SPRINT**Heat 1:**

1	Ron SMITH	69	18.5
2	Ros DYER	53	19.4
3	Allan WOOD	80	20.1
4	Shirley COPPOCK	81	21.8
5	Grant WATSON	70	24.3

Heat 2:

1	Taylor RILEY	22	14.5
2	Andrew EGGINTON	56	15.6
3	Angela EDWARDS	51	15.9
4	Melanie BISSETT	42	16.2
5	Cec McKEOWN	78	17.4

Heat 3:

1	Grant MURFETT	50	12.7
2	Jess DUX	33	13.2
3	Robert STAGG	51	13.5
4	Dennis ASPINALL	70	14.5

4 X 100 METRE RELAY

1	Paul MORITZ	58	
	Angela EDWARDS	51	
	Dennis ASPINALL	70	
	Jess DUX	33	62.6
2	Allan WOOD	80	
	Karen ARCHER	55	
	Grant MURFETT	50	
	Andrew EGGINTON	56	65.9
3	Ron SMITH	69	
	Taylor RILEY	22	
	Alison THOMPSON	64	
	Robert STAGG	51	73.3

5 KM MAXIMUM RUN

1	Andrew EGGINTON (Run)	56	25.00	5 km
2	Mark CHALLEN (Run)	60	25.02	11½ laps
3	Paul MORITZ (Walk)	58	25.32	8½ laps
4	Julie CHALLEN (Walk)	60	25.33	8½ laps
5	Phyllis GOSBELL (Walk)	79	25.38	3 km
6	Alison THOMPSON (Run)	64	26.01	10 laps
7	Ros DYER (Run)	53	27.19	4.6 km
	Cec McKEOWN	78	23.52	2 km
	Grant WATSON	70	23.53	2 km
	Barrie WICKS	77	24.35	2 km

DONCASTER 15 JANUARY 2018**100 Metres**

Greg Champion	62	16.34
Janine James	70	17.44
Bev Learmont	69	19.02
Gloria DeZwart	81	22.50

200 Metres heat 1

Greg Champion	62	35.36
Frank Prowse	65	37.70
Janine James	70	39.36
Tom Leong	76	45.24

200 Metres heat 2

Matt Scholes	48	27.88
David McConnell	65	28.84
Ken Bruce	65	29.28
Graham Ford	68	33.20

800 Metres

Katrina Philip	56	3.40.7	
Shaun Wright	48	4.23.5	(400m walk)
Bev Learmont	69	4.50.6	

1500 Metres

Matt Scholes	48	5.15.4	
Ken Bruce	65	5.36.6	(1000m)
David McConnell	65	6.16.5	
Kath Gawthorn	43	7.13.3	
Katrina Philip	56	7.21.3	
Frank Prowse	65	7.35.2	(800m walk)
Graham Ford	68	8.05.9	

Long jump

Ken Bruce	65	4.40
Matt Scholes	48	4.24
David McConnell	65	3.73
Graham Ford	68	3.70
Greg Champion	62	3.44
Bev Learmont	69	2.87
Tom Leong	76	2.42
Frank Prowse	65	2.25

Javelin

Matt Scholes	48	24.99	
David McConnell	65	24.38	(venue record)
Graham Ford	68	20.61	
Tom Leong	76	19.39	
Frank Prowse	65	18.29	
Ken Bruce	65	15.39	
Don McLean	83	15.24	(venue record)
Bev Learmont	69	12.92	
Daniel Vecchi	45	11.38	

Discus

David McConnell	65	27.46	
Graham Ford	68	25.58	
Ken Bruce	65	21.36	
Kath Gawthorn	43	19.52	(venue record)
Matt Scholes	48	18.40	
Frank Frowse	65	18.07	
Tom Leong	76	16.10	
Daniel Vecchi	45	12.33	
Gloria DeZwart	82	5.78	

Shot put

Don McLean	82	5.80	(venue record)
Daniel Vecchi	45	5.65	
Bev Learmont	69	5.45	
Kath Gawthorn	43	5.35	
Shaun Wright	48	4.60	

DONCASTER 22 JANUARY 2018

120 Metres handicap

Gloria DeZwart	(-50)	14.36	(venue record)
Jeffrey Sim	(-27)	14.44	
Matt Scholes	(-11)	14.45	
Graham Ford	(-19)	14.47	
Janine James	(-36)	14.54	
Carolyn Aughey	(-55)	14.58	
David McConnell	(-12)	15.20	

80 Metres

Matt Schole	48	11.03	
Ken Bruce	65	11.21	
Jeffrey Sim	55	12.62	
Michelle King	53	12.62	
Janine James	70	13.85	(venue record)
David McConnell	65	15.12	
Gloria DeZwart	81	17.00	(venue record)
Carolyn Aughey	75	18.06	(venue record)

400 Metres

Matt Scholes	48	61.3	
David McConnell	65	66.2	
Michelle King	53	71.9	
Graham Ford	68	74.4	
Jeffrey Sim	55	82.1	
Shaun Wright	48	3.58.3	(walk)

3000 Metres

Luke Goodman	-50	10.39.0	(venue record)
Mark Purvis	-60	10.54.7	(venue record)
Elizabeth Grover	-54	13.48.5	
Kath Gawthorn	-43	15.12.2	
Frank Prowse	-66	21.04.0	(walk)
Clyde Riddoch	-64	21.05.0	(walk)

1000 Metres

Edward Spencer	17	3.55.0	
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2 x 200 Metres

Jarad/Ken		61.30	
Michelle King & Ken Bruce		62.16	
Jeffrey Sim & David McConnell		62.34	
Elizabeth Grover & Matt Scholes		71.18	

DONCASTER 29 JANUARY 2018

1200 Metres

Gary Zuccala	55	4.19.5	
Matt Schole	48	5.00.1	
Graham Walter	59	5.21.2	
Katrina Philip	56	5.50.2	
Jeffrey Sim	55	5.55.4	
Frank Prowse	65	7.17.0	(walk)
Clyde Riddoch	64	7.18.6	(walk)
Marla Trautman	45	10.31.6	

100 Metres heat 1

Greg Champion	63	15.94	
Daniel Vecchi	45	16.10	
Emily Schole	11	19.06	
Graham Walter	59	19.16	

100 Metres heat 2

Matt Schole	48	13.58	
David McConnell	65	14.22	
Gary Zuccala	55	14.78	
Graham Ford	68	16.68	

250 Metres

Matt Schole	48	35.62	
David McConnell	65	36.20	(venue record)
Graham Ford	68	42.78	
Jeffrey Sim	55	43.96	
Gary Zuccala	55	48.06	
Graham Walter	59	51.90	
Emily Schole	11	55.88	
Marla Trautman	45	1.43.50	

500 Metres

David McConnell	65	1.52.5	
Jeffrey Sim	55	2.00.6	
Katrina Philip	56	2.11.0	
Graham Walter	59	2.11.0	
Emily Scholes	11	2.16.3	
Bev Learmont	69	2.35.8	

1 mile

Gary Zuccala	55	6.23.2	
Graham Walter	59	7.51.3	
Katrina Philip	56	8.24.0	
Frank Prowse	65	9.30.4	(walk venue rec)



"It's just a backup system
for your pacemaker."



"Look! A Menu!"

EAST BURWOOD 4 JANUARY 2018**60 METRE SPRINT**

1	Jess DUX	33	8.3
2	Christopher WORSNOP	60	10.1
3	Tracey CARPENTER	51	10.4
4	Melanie BISSETT	42	10.9

600 METRE RUN N.O.T.

		Clock	Nom.	
1	Paul EARLE	54	2.11	2.30
2	Jess DUX	33	2.21	2.38
3	Christopher WORSNOP	60	2.22	2.25
4	Janet HOLMES **	64	2.30	2.30
5	Jay WRIGHT	58	2.41	3.20
6	Liz EASTWOOD	48	2.48	3.02

** Winner - Janet Holmes

800 METRE WALK

1	Christopher WORSNOP	60	5.19
2	Melanie BISSETT	42	5.20
3	Leo WATSON	76	5.41
4	Liz EASTWOOD	48	5.43
5	Brian TAIT	76	6.15
6	Phyllis GOSBELL	79	6.24
7	Gary TURNER	64	6.30
8	Gerald BURKE	77	6.46
9	Grant WATSON	70	6.56
10	Peter BATTRICK	74	8.54
11	Jack FREDRICKSON	78	9.15

200 METRE SPRINT N.O.T.

		Clock	Nom.	
1	Jess DUX **	33	28.6	28.0
2	Christopher WORSNOP	60	34.3	37.4
3	Jay WRIGHT	58	38.0	36.0
4	Melanie BISSETT	42	38.5	37.0
5	Don McLEAN	83	44.0	42.5
6	Leo WATSON	76	50.1	49.0
7	Grant WATSON	70	1.04	1.10
8	Lloyd NICHOLS	76	1.45	1.59

** Winner - Jess Dux

100 METRE SPRINT

1	Jess DUX	33	13.6
2	Jay WRIGHT	58	17.4
3	Tracey CARPENTER	51	17.4
4	Melanie BISSETT	42	18.2
5	Lloyd NICHOLS	76	39.5

2 KM WALK

1	Liz WRIGLEY	62	15.58
2	Brian TAIT	76	16.23
3	Gary TURNER	64	16.41
4	Grant WATSON	70	18.34
Peter BATTRICK (800 metres)	74	8.55	

2 OR 4 KM RUN

2 km:			
1	John CAVANAGH	67	12.56

4 km:

1	Paul EARLE	54	17.58
2	Christopher WORSNOP	60	19.31
3	Liz EASTWOOD	48	19.54
4	Sam DEFANIS	69	20.25

LONG JUMP

Jess DUX	33	4.42
Tracey CARPENTER	51	3.00
Jay WRIGHT	58	2.76
Melanie BISSETT	42	2.09

EAST BURWOOD 11 JANUARY 2018**60 METRE SPRINT****Heat 1:**

1	Leo COFFEY	87	10.7
2	Don McLEAN	83	11.2
3	Grant WATSON	70	14.9
4	Shirley COPPOCK	81	18.2
5	Lloyd NICHOLS	76	20.7

EAST BURWOOD 11 JANUARY 2018 cont.**Heat 2:**

1	Paul DURRANT	56	8.3
2	Jess DUX	33	8.6
3	Sonya POLLARD	51	9.0
4	Christopher WORSNOP	60	9.9
5	Melanie BISSETT	42	10.3
6	John CAVANAGH	67	10.6

800 METRE RUN

1	John GRAHAM	67	2.49
2	Ros LORDING	45	3.11
3	Christopher WORSNOP	60	3.15
4	John CAVANAGH	67	3.30
5	Bob HENDERSON	71	3.36
6	Glenn McLEAN	53	3.39
7	Sonya POLLARD	51	3.55
8	Michelle QUAN	48	4.25

1000 METRE WALK N.O.T.

		Clock	Nom.	
1	John GRAHAM	67	6.11	7.30
2	Ros LORDING	45	6.18	4.00
3	Christopher WORSNOP	60	6.32	6.48
4	Leonie GILLIES **	60	7.12	7.15
5	Leo WATSON	76	7.15	7.02
6	Sonya POLLARD	51	8.30	9.00
7	Grant WATSON	70	8.31	9.55
8	Gerald BURKE	78	9.16	10.00
9	Bob LEWIS	89	9.51	10.12
10	Peter BATTRICK	74	10.18	11.00

** Winner - Leonie Gillies

1 OR 3 KM WALK**1 km:**

1	Bob LEWIS	89	10.27
2	Peter BATTRICK	74	10.48

3 km:

1	Liz WRIGLEY	62	25.48
2	Gary TURNER	64	25.49

1, 3 OR 5 KM RUN**1 km:**

1	Stephen DAY	47	4.00
2	Bob HENDERSON	71	4.37

3 km:

1	Annette PELGRIM	63	14.48
2	David CHUNG	50	15.25
3	Michelle QUAN	48	16.26
4	Leonie GILLIES	60	17.22

5 km:

1	John GRAHAM	67	21.00
2	Paul EARLE	54	22.15
3	Sam DEFANIS	69	24.58
4	Christopher WORSNOP	60	25.56

110 METRE SPRINT N.O.T.**Heat 1:**

		Clock	Nom.	
1	Melanie BISSETT	42	18.8	20.0
2	Andrew FRASER **	76	19.4	19.3
3	Don McLEAN	83	21.6	24.0
4	Leo COFFEY	87	22.8	21.9
5	Shirley COPPOCK	81	28.5	30.0
6	Lloyd NICHOLS	76	43.9	39.0

Heat 2:

1	Paul DURRANT	56	14.9	15.1
2	Jess DUX	33	14.9	15.3
3	Stephen DAY	47	17.3	17.0
4	John CAVANAGH	67	No Time	

** Winner - Andrew Fraser

EAST BURWOOD 11 JANUARY 2018 cont.**JAVELIN THROW N.O.D.**

		Best	Nom.
Paul DURRANT	56	27.11	25.00
Jack DURRANT	20	26.29	25.00
Toni MATTERS	50	24.86	27.00
Stuart WALKER	53	21.51	19.54
Jess DUX	33	18.68	19.00
Allan WOOD	80	16.65	15.50
Andrew FRASER	76	15.20	14.00
Tracey CARPENTER	51	12.72	14.75
Jack FREDRICKSON	78	12.56	13.50
Louise McLEAN **	52	11.38	11.50
Ros LORDING	45	11.20	12.00
Leo COFFEY	87	9.48	9.90

** Winner - Louise McLean

EAST BURWOOD 18 JANUARY 2018**60 METRE SPRINT****Heat 1:**

1 Don McLEAN	83	11.1
2 Shirley COPPOCK	81	12.6
3 Horacio DIAZ	72	13.0
4 Gordon ONLEY	82	14.5
5 Grant WATSON	70	15.2
6 Lloyd NICHOLS	76	20.3

Heat 2:

1 Stephen DAY	47	8.6
2 Geoff WHITEHALL	69	8.9
3 Paul DURRANT	56	9.2
4 Tracey CARPENTER	51	9.9
5 Melanie BISSETT	42	10.4

800 METRE HANDICAP WALK

		Clock	Actual
1 Peter BATTRICK	74	7.56	7.56
2 Phyllis GOSBELL	79	7.59	6.29
3 Leo WATSON	76	8.00	5.45
4 Grant WATSON	70	8.13	6.53
5 Gordon ONLEY	82	8.16	6.51
6 Bob LEWIS	89	8.25	7.50
7 Gerald BURKE	78	8.32	7.17

100 METRE SPRINT**GWEN DAVIDSON MEM. HEAT 1**

		H'cpMtrs
1 Grant WATSON	70	46
2 Shirley COPPOCK	81	40
3 Geoff WHITEHALL	69	9
4 Tracey CARPENTER	51	18
5 Stephen DAY	47	8
6 Gordon ONLEY	82	46
7 Melanie BISSETT	42	21
8 Lloyd NICHOLS	76	58
9 Paul DURRANT	56	0
10 Leo WATSON	76	31
11 Horacio DIAZ	72	41
12 Andrew FRASER	76	21

10 OR 15 MINUTE RUN/WALK**10 mins:**

		Laps	Metres
David CHUNG (Run)	50	5	150
Bob HENDERSON (Run)	71	4	300
Michelle QUAN (Run)	48	4	100
Horacio DIAZ (Walk)	72	2	80
Bob LEWIS (Walk)	89	2	80
Grant WATSON (Walk)	70	2	80
Peter BATTRICK (Walk)	74	2	

EAST BURWOOD 18 JANUARY 2018 cont.**15 mins:**

Paul EARL	54	8	
Sam DEFANIS	69	7	90

200 METRE SPRINT**Heat 1:**

1 Janet HOLMES	64	40.1
2 Gordon ONLEY	82	51.4
3 Shirley COPPOCK	81	59.6
4 Grant WATSON	70	60.7
5 Lloyd NICHOLS	76	100.2

Heat 2:

1 Paul DURRANT	56	29.8
2 Geoff WHITEHALL	50	30.2
3 Stephen DAY	47	32.7
4 Andrew FRASER	76	37.2
5 Melanie BISSETT	42	38.0

SHOT PUT

Metres

1 Tracey CARPENTER	51	7.00
2 Toni MATTERS	50	9.43

EAST BURWOOD 25 JANUARY 2018**60 METRE SPRINT**

1 Donna CLARKE	64	10.5
2 Jay WRIGHT	58	11.6
3 Shirley COPPOCK	81	13.4
4 Gordon ONLEY	82	14.5
5 Horacio DIAZ	72	14.8
6 Lloyd NICHOLS	76	23.0

400 METRE RUN

1 Janet HOLMES	64	1.26
2 Chris JOSEPH	50	1.31
3 Bob HENDERSON	71	1.31
4 Paul EARL	54	1.40
5 Jay WRIGHT	58	1.42
6 Donna CLARKE	64	1.48
7 Leo WATSON	76	1.57

1200 METRE WALK

1 Leonie GILLIES	60	8.48
2 Brian TAIT	76	9.28
3 Grant WATSON	70	11.55
4 Bob LEWIS	89	12.13
Peter BATTRICK (800 metres)	74	9.00

150 METRE SPRINT**Heat 1:**

1 Gordon ONLEY	82	35.3
2 Shirley COPPOCK	81	35.8
3 Horacio DIAZ	72	39.5
4 Grant WATSON	70	45.7
5 Lloyd NICHOLS	76	72.4

Heat 2:

1 Chris JOSEPH	50	24.2
2 Jay WRIGHT	58	26.7
3 Donna CLARKE	64	27.0
4 Janet HOLMES	64	27.7
5 Andrew FRASER	76	28.4

100 METRE SPRINT N.O.T.

Clock

Nom.

1 Donna CLARKE	64	18.1	18.7
2 Horacio DIAZ	72	26.5	22.0
3 Lloyd NICHOLS	76	39.9	35.0

3 LAPS WALK

1 Leo WATSON	76	9.09
2 Brian TAIT	76	9.31
3 Bob LEWIS	89	11.54

EAST BURWOOD 25 JANUARY 2018 cont.**3 KM SPIRAL HANDICAP RUN** Clock Actual

1	Leonie GILLIES	60	17.43	16.53
2	Stephen DAY	47	17.53	13.53
3	Jay WRIGHT	58	18.45	17.55
4	Sam DEFANIS	69	18.50	14.35
5	Paul EARL	54	20.31	15.31

FRANKSTON 11 JANUARY 2018**90m**

1	Rhiannon Lester	38	13.14
2	Bill Carr	68	13.22
3	Michael Lambert	61	13.87
4	Nonie Chan	32	16.08

250m

1	Bill Carr	68	39.53
2	Michael Lambert	61	43.63
3	Barry Jeffs	69	60.35

800m Walk - Age Graded		Clock	A/G %	
1	Pramesh Prasad	43	3.48	81.79%
2	Greg Lovejoy	75	5.56	72.84%
3	John Sutton	74	6.33	61.50%
4	Lindsay Beaton	67	7.11	51.10%

1000m

1	Russ Dow	58	3.40
2	Nonie Chan	32	4.53
3	David Dodson	58	5.15
4	Barry Jeffs	69	5.17
5	Rhiannon Lester	38	5.36
5	Caitlin O'Connell	43	5.36
7	Gary Meyer	62	5.50

2400m

1	Gary Meyer	62	11.52
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3200m Walk - Paul Curran Memorial Self Handicap

		Self	Start	Clock	Diff	
		Hcp	Time	Time		
1	John Sutton	74	26.30	2.45	29.02	-0.13
2	Lindsay Beaton	67	29.15	0.00	29.09	-0.06
3	Lyn Pimm	57	24.40	4.35	29.46	0.31
4	Pramesh Prasad	43	15.45	13.30	29.57	0.42
5	Nonie Chan	32	26.30	2.45	32.45	3.30
7	Campbell Curran	Inv	35.00	0.00	37.32	8.17
DQ	Chris Sheedy	49	27.00	2.15	27.31	-1.44
DQ	Barry Jeffs	25	25.00	4.15	27.31	-1.44
DQ	Greg Lovejoy	75	25.20	3.55	28.40	-0.35
DQ	John Hallo	75	26.40	2.35	28.45	-0.30
DQ	Ethan	Inv	35.00	0.00	37.22	2.22
	Donna Curran	Inv	35.00	0.00	DNF	
	Kayla Curran	Inv	35.00	0.00	DNF	

3600m

1	Russ Dow	58	15.58
2	Claudio Riga	62	17.34
3	Michael Lambert	61	19.17
4	Caitlin O'Connell	43	23.07

FRANKSTON 18 JANUARY 2018**100m**

1	Chris Sheedy	49	13.28
2	Veronica Sheedy	Inv	14.44
3	Mike Hall	79	16.22
4	Kayla	Inv	17.41

200m

1	Veronica Sheedy	Inv	33.00
2	Kayla	Inv	44.00
3	Henry Sheedy	Inv	57.00
4	Clementine Sheedy	Inv	69.00

800m Walk

1	John Sutton	74	7.05
1	John Hallo	75	7.05
1	Lindsay Beaton	69	7.05

800m

1	Nonie Chan	32	3.42
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1, 2 or 3 laps Walk in the park Laps

1	John Hallo	75	17.14	1
2	Lyn Pimm	57	17.20	1
3	John Sutton	74	17.21	1

1, 2 or 3 laps Run in the park Laps

1	Charlie Mallia	68	25.01	2
2	Chris Sheedy	49	25.02	2
1	Rob Taylor	49	14.29	1
1	David Dodson	60	14.29	1
3	Nonie Chan	32	15.05	1
4	Veronica Sheedy	Inv	17.54	1

FRANKSTON 25 JANUARY 2018**80m**

1	Chris Sheedy	49	11.47
2	Pramesh Prasad	43	12.03
3	Graham Kilfoyle	66	12.10
4	Nonie Chan	32	13.19
5	Michael Lambert	61	13.21

Relay Walk 400m / Run 600m / Sprint 200m

1	Gary Meyer	62	W	5.56
	Pramesh Prasad	43	R	
	Nonie Chan	32	S	
2	John Sutton	74	W	6.04
	Charlie Mallia	68	R	
	Michael Lambert	61	S	

2000m Walk

1	John Sutton	74	16.30
2	Lyn Pimm	57	15.36
3	Graham Kilfoyle	66	18.38
4	Lindsay Beaton	68	18.59

2400m

1	Chris Sheedy	49	10.05
2	Pramesh Prasad	43	10.07
3	Michael Lambert	61	13.04
3	David Dodson	59	13.04
5	Gary Meyer	62	13.45

3000 Walk - Estimated Time

		Clock	ET	Diff	
1	John Hallo	75	24.05	23.45	0.20
2	Lindsay Beaton	67	27.46	25.10	2.36

4000 - Estimated Time

		Clock	ET	Diff	
1	Nonie Chan	32	20.44	21.00	-0.16
2	Fran Halton	56	25.06	24.00	1.06
3	Charlie Mallia	68	21.49	19.36	2.13

GEELONG 3 JANUARY 2018**3km Cross Country**

Phil Shay	11:51
Peter Lamb	14:33
Joe Weiler	19:15
Jill Coyte	19:23

5km Cross Country

Nicholas MacDonald	20:26
Charlie El-Hage	21:13
Chris Hayes	21:23
Daryl Hurst	24:10
Jeff Walker	26:43
Carol Bridgeland	28:01
Kath Oliver	28:16
Frank Engelsman	28:26

GEELONG 10 JANUARY 2018**200m**

Nicholas MacDonald	31.18
Sharon Pedersen	31.19
Marie Blood	57.65

1600m

Daimon Mole	00:00
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2800m

Sharon Pedersen	11:31
Chris Hayes	11:40
Michael Panckridge	12:46
Jeff Walker	13:08
Daryl Hurst	13:32
Paul Austin	14:58
Frank Engelsman	15:37
Grant Baensch	15:39
Jill Coyte	16:58
Peta Hocking	18:27
Marie Blood	18:41

800m

Robert Jones	02:18
Bree McLennan	02:30
Sharon Pedersen	02:42
Chris Hayes	02:59
Erik Bumbers	03:29
Jeff Walker	03:43
Daryl Hurst	03:55
Grant Baensch	03:59
Paul Austin	04:05
Frank Engelsman	04:09

GEELONG 17 JANUARY 2018**3km Cross Country**

Rhys Hamill-Beach	12:49
Peter Lamb	13:41
Kath Oliver	16:02
Daimon Mole	16:22
Andrew Fitzpatrick	17:04
Joe Weiler	17:09
Jill Coyte	18:19
Fiona Fitzpatrick	20:03
Cate Shay	20:24
Peta Hocking	20:30

4km Cross Country

Steve Welsh	21:36
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GEELONG 17 JANUARY 2018 cont.**6km Cross Country**

Phil Shay	26:33
Michael Panckridge	28:08
Yolanda Russell	29:52
Erik Bumbers	29:52
Daryl Hurst	31:41
Gerry Fitzpatrick	32:31
Frank Engelsman	34:58
Grant Baensch	35:17

GEELONG 24 JANUARY 2018**100m**

Rhys Hamill-Beach	11.11
Daimon Mole	13.53
Harry Hay	14.77
Marie Blood	26.05

1600m

Peter Lamb	12:31
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3200m

Phil Shay	12:45
Tony McRae	13:24
Darren Reviere	15:02
Erik Bumbers	15:02
Daryl Hurst	15:22
Steve Welsh	16:17
Paul Austin	17:02
Grant Baensch	18:00
Jill Coyte	18:57
Cate Shay	19:33
Marie Blood	21:34

1000m

Rhys Hamill-Beach	03:15
Tony McRae	03:37
Phil Shay	03:45
Daimon Mole	04:13
Harry Hay	04:28
Daryl Hurst	04:28
Erik Bumbers	04:29
Paul Austin	05:03
Grant Baensch	05:10
Cate Shay	05:57
Peta Hocking	06:34
Marie Blood	06:38

GEELONG 31 JANUARY 2018**3km Cross Country**

Rhys Hamill-Beach	12:38
Daimon Mole	15:58
Kath Oliver	16:18
Andrew Fitzpatrick	16:55
Jill Coyte	18:16
Cheryl DeBeen	19:39
Fiona Fitzpatrick	20:08

2km Cross Country

Andrew Beach	11:29
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5km Cross Country

Steve Welsh	26:33
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GEELONG 31 JANUARY 2018 cont.**7km Cross Country**

Russell Jenkins	29:04
Phil Shay	29:07
Tony McRae	29:46
Charlie El-Hage	29:59
Nicholas MacDonald	30:19
Dave Elward	30:29
Michael Panckridge	33:57
Erik Bumbers	34:25
Gerry Fitzpatrick	38:22
Paul Austin	40:15
Frank Engelsman	41:02
Grant Baensch	41:57
Cate Shay	47:33
Leesa Canavan	47:33

GLEN EIRA 2 JANUARY 2018

80 MTRS E/T		Clock	Est	Diff
JIM McLURE	72	13.35	13.50	0.15
JIM ROUNTREE	58	12.80	13.00	0.20
BOB WISHART	76	11.89	11.40	0.49
ADAM BERNARD (INV)	33	10.89	11.40	0.51
ALAN RADFORD	66	14.73	14.20	0.53
GLAD WISHART	73	16.55	16.00	0.55
JUNE TREWEEK	56	14.56	13.20	1.36
JIM SINCLAIR	93	19.15	17.40	1.75

WALK: NOM DISTANCE FOR 20 MINS.

		Laps	Laps	Diff
		Est	Actual	
ALAN RADFORD	66	5.300	5.290	10
SANDRA MIDDLETON	69	6.268	6.279	11
JIM BERRINGTON	61	8.020	7.395	25
CYNTHIA ELLERY	68	5.200	5.225	25
DOMENICO MORINA	79	5.015	5.055	40
PETER MCGRATH	78	5.000	5.075	75
DES MIDDLETON	71	6.100	6.218	118
TONY DORAN	65	5.210	5.075	135
PETE BATTRICK	74	4.150	4.000	150
ROB JAMIESON	67	4.010	4.320	310

150 METRES E/T		Clock	Est	Diff
JIM McLURE	72	25.68	25.75	0.07
BOB WISHART	76	21.93	21.00	0.93
JIM ROUNTREE	58	24.15	23.20	0.95
ALAN RADFORD	66	28.85	25.90	2.95
ADAM BERNARD (INV)	33	21.83	18.20	3.63

4KM E/T RUN		Clock	Est	Diff
JO COCKWILL	65	23.39	23.40	0.01
MIKE CLAPPER	65	23.39	23.30	0.09
CHRIS GRAFEN	53	17.41	17.28	0.13
ASHLEY PAGE	77	21.42	21.21	0.21
PHIL URQUHART	73	25.24	25.0	0.24
BARRY JEFFS	69	23.55	23.3	0.25

500 MTRS H/C		Clock	Est	Diff
JANET HOLMES	64	2.01.4	2.01.0	0.04
MIKE CLAPPER	65	1.33.3	1.31.5	2.08
BARRY JEFFS	69	2.30.4	2.15.0	15.4
ADAM BERNARD	33	1.31.7	1.15.2	16.5
GRAHAM STOCKDALE	75	1.10.0	1.57.2	47.2

GLEN EIRA 9 JANUARY 2018

3KM RUN		Actual
STEVE STREZLECKI	68	14.46
MIKE CLAPPER	65	15.12
JO COCKWELL	51	16.56
GRAHAM STOCKDALE	75	17.52
PHIL URQUHART	73	17.55
JANE STURZAKER	64	19.16
KAREN MONOHAN	51	20.06
5KM RUN - 9.01.2018		
CHRIS GRAFEN	53	21.47
ROWAN COLE	52	24.04
ASHLEY PAGE	77	26.49

WALK O/SIDE TRACK ESTIMATED TIME

2 LAPS		Clock	Est	Diff
DOMENICO MORINA	79	22.22	22.30	0.08
PETE BATTRICK	74	26.43	27.3	0.47
DOUG CALVERT (INV)	72	22.22	28.00	5.33
CONRAD HAMANN (INV)	66	19.12	29.00	9.48

3 LAPS		Clock	Est	Diff
JIM BERRINGTON	61	22.47	22.50	0.03
KARYN O'NEILL	62	25.29	25.45	0.16
DES MIDDLETON	71	27.25	26.59	0.26
SANDRA MIDDLETON	69	26.17	25.37	0.40
TERRY O'NEILL	62	22.48	22.15	0.43
CYNTHIA ELLERY	68	30.32	29.15	1.17

700 MTRS H/C		Clock	H/c	Actual
ADAM BERNARD	33	2.50.3	40	2.50.3
MIKE CLAPPER	65	2.59.5	35	2.24.5
DES MIDDLETON	71	3.03.1	GO	3.03.1
JANET HOLMES	64	3.09.4	5	3.05.4
GRAHAM STOCKDALE	75	3.36.3	15	3.21.3
ROWAN COLE (INV)		3.40.6	40	3.00.6

70 MTRS E/T		Clock	Est	Diff
BILL CARR	68	10.75	10.80	0.05
JIM ROUNTREE	58	11.20	11.10	0.10
VIVIENNE CASH	65	12.49	12.20	0.3
BOB WISHART	76	10.22	10.93	0.71
JIM McLURE	72	11.25	12.10	0.85
GLAD WISHART	73	14.49	13.55	0.94

200 MTRS H/C		Clock	H/C	Actual
ADAM BERNARD (INV)	33	53.04	24	29.04
BOB WISHART	76	53.48	23	30.48
BILL CARR	68	53.70	22	31.70
JIM McLURE	72	53.88	19	34.88
VIVIENNE CASH	65	54.92	19	35.92
GLAD WISHART	73	55.30	8	47.30
JIM SINCLAIR	93	55.54	GO	55.54
JOSH McGARRY (INV)	29	51.20	24	27.20
ADAM BERNARD (INV)	33	53.04	24	29.04

GLEN EIRA 23 JANUARY 2018

TEAM RELAY 4 X 100 METRES			Clock
JIM McLURE	71		1.17.4
VIVIENNE CASH	65		
BOB WISHART	76		1.18.9
GLAD WISHART	73		

WALK - 1600 MTRS ESTIMATED TIME

		Clock	E/T	Diff
KARYN O'NEILL	62	11.14	11.20	0.06
SANDRA MIDDLETON	69	11.18	11.25	0.07
PETE BATTRICK	74	16.58	16.50	0.08
JIM BERRINGTON	61	10.07	9.50	0.17
DES MIDDLETON	71	10.54	11.20	0.26
DOUG CALVERT	72	14.28	14.00	0.28
ROB JAMIESON	67	15.59	16.30	0.31
CYNTHIA ELLERY	68	13.4	14.11	0.31
TONY DORAN	65	10.55	11.27	0.32
CONRAD HAMANN	66	12.01	13.00	0.59
PETER McGRATH	78	15.23	16.28	1.05
BARRY JEFFS	69	15	11.17	3.43

800 MTRS SLD H/C

		Clock	Time
ROWAN COLE	52	3.57.7	3.27.7
DES MIDDLETON	71	4.09.2	3.34.2
BARRY JEFFS	69	4.15.9	4.15.0
PHIL URQUHART		4,20.0	4.20.0

TEAM RELAY - 2 X 1200/800/400 MTRS

	Combined Time
JANINE McKERRON & JOSH?	20.48
GRAHAM STOCKDALE & ASHLEY PAGE	21.40
JANE STURZAKER & CHRIS GRAFEN	22.13

400 MTRS SLD H/CAP

	Clock	H/c	Actual
ADAM BERNARD	33	59.75	33 92.70
JIM McLURE	72	82.00	15 97.00
JANET HOLMES	64	91.20	8.00 99.20
BOB WISHART	76	80.60	25.00 105.60

GLEN EIRA 16 JANUARY 2018

3KM E/T			Clock	E/T	Diff
JO COCKWELL	65	17.09	17.20	0.11	
ROWAN COLE	52	14.48	15.00	0.12	
ASHLEY PAGE	77	15.47	15.30	0.17	
JANE STURZAKER	64	18.57	19.30	0.33	
KAREN MONOHAN	51	19.38	20.25	0.47	
CHRIS GRAFEN	53	14.39	16.00	1.21	
GRAHAM STOCKDALE	75	17.53	15.30	2.23	

60 MTRS E/T

	Clock	E/T	Diff
JIM McLURE	72	10.58	10.50
JIM SINCLAIR	93	13.28	13.20
BILL CARR	68	9.6	9.50
ADAM BERNARD	33	8.52	8.30
VIVIENNE CASH	65	10.81	10.5
GLAD WISHART	73	11.90	12.22
BOB WISHART	76	8.91	9.40
TONY DORAN	65	13.06	10.60
RAY KEMP	90	16.31	

300 MTRS H/C

	Clock	H/c	Actual
ADAM BERNARD (INV)	33	55.02	10 45.02
BOB WISHART	76	58.20	7 51.20
BILL CARR	68	58.83	4 51.83
JIM McLURE	72	59.20	GO 59.20

GLEN EIRA 16 JANUARY 2018 cont.

1600 MTRS			Clock
MIKE CLAPPER	65		6.56.1
ROWAN COLE	52		6.59.1
BARRY JEFFS	69		8.57.6

3KM WALK E/T			Clock	Est	Diff
ROB JAMIESON	67	31.53	32.00	0.07	
SANDRA MIDDLETON	69	21.27	21.35	0.08	
KARYN O'NEILL	62	20.5	21.00	0.10	
CYNTHIA ELLERY	68	25.12	25.42	0.30	
DES MIDDLETON	71	20.36	21.20	0.44	
TERRY O'NEILL	62	18.15	19.00	0.45	
TONY DORAN	65	21.36	22.21	0.45	
JIM BERRINGTON	61	18.32	19.20	0.48	
PETE BATTRICK	74	32.4	33.33	0.53	
CONRAD HAMANN	66	23.03	24.20	1.17	
BARRY JEFFS	69	22.07	20.30	1.23	
DOMENICO MORINA	79	29.14	26.20	2.46	
DOUG CALVERT	72	28.53	32.00	2.07	

GLEN EIRA JANUARY 2018

100 MTRS EST TIME			Clock	Est	Diff
BOB WISHART	76	15.40	15.60	0.20	
VIVIENNE CASH	66	17.10	16.80	0.30	
GLAD WISHART	73	21.20	19.00	2.20	

2 LAPS RUN OUTSIDE TRACK

	Clock	Est	Diff
MIKE CLAPPER	65	12.08	12.00
CHRIS GRAFEN	53	10.19	10.55
JANE STURZAKER	65	15.02	15.45
JANET HOLMES	64	12.28	13.40
ASHLEY PAGE	77	12.35	11.11
BARRY JEFFS	69	13.37	15.00

1000 MTRS H/C			Clock	H/c	H/c Time
BARRY JEFFS	69	5.04	GO	5.04	
CHRIS GRAFEN	53	5.15	80	3.55	
DES MIDDLETON	35	5.20	35	4.45	
MIKE CLAPPER	65	5.34	95	3.59	

2 LAPS WALK OUTSIDE TRACK

	Clock
STEVE STRELECKI	68 22.43
PETER McGRATH	78 23.09
ROB JAMIESON	67 23.50
DOMENIC MORINA	79 23.53
PETE BATTRICK	26.59

200 MTRS SLD H/C			Clock	H/c	Time
JIM McLURE	72	36.24	20	56.24	
VIVIENNE CASH	66	37.07	20	57.07	
BOB WISHART	76	33.12	25	58.12	

3 LAPS WALK OUTSIDE TRACK

	Clock
JIM BERRINGTON	61 23.13
KARYN O'NEILL	63 25.11
SANDRA MIDDLETON	69 27.03
CYNTHIA ELLERY	68 29.35
DES MIDDLETON	71 32.32
TONY DORAN	65 32.32

KNOX 3 JANUARY 2018**800m walk**

Paul Twining	68	7.58
Jack Durrant	20	7.59
Jock Cravana	79	8.01
Shane Grund	36	8.05
Bob Henderson	71	8.17
David Wear	71	8.17
Ian U'Ren	66	8.19
Andrea Putting	54	8.2
Maggie Hawkes	61	8.2
Sarah Thorne	38	8.21
Peter LeGet	83	8.22
Glenn Claiden	63	8.23
Chris Crennan	45	8.32
Arthur Kapoulitsa	70	8.34
Peter Thorne	69	8.56
Matt Morris	52	8.57

Shot Put

Tracey Carpenter	51	6.81
George Simons	80	6.46
Andrea Putting	54	6.04
Matt Morris	52	5.87

80m

Jack Durrant	20	10.95
Chris Crennan	45	11.66
Geoff Whitehall	69	11.95
Mark Harris	49	13.74
Tracey Carpenter	51	14.08
Arthur Kapoulitsa	70	15.85
Andrea Putting	54	16.23

1 mile

Shane Grund	36	5.46
Matt Morris	52	5.58
Chris Crennan	45	7.12
Bob Henderson	71	7.22
Ian U'Ren	66	7.36
Nicola Van Reenan	45	8.09
Danielle Grund	35	8.28
Sarah Thorne	38	8.3
Brian Mee	80	9.06
Jock Cravana	79	9.16
Arthur Kapoulitsa 2laps	70	6.05

150m

Jack Durrant	20	20.62
Geoff Whitehall	69	23.22
Arthur Kapoulitsa	70	32.08

1/3/5k Teams event -Nom. time

Mark Harris 1k	49	4.16
David Wear 3k	71	16.22
Colin Page 5k		22.34
Geoff Whitehall	69	4.42
Jock Cravan	70	18.38
Shane Grund	36	16.24
Chris Crennan	45	4.11
Glenn Claiden	63	16.36
Ian U'Ren	66	25.56
Bob Henderson	71	4.25
Brian Mee	80	18.24
Nicola Van Reenan	45	27.3
Sarah Thorne	38	4.56
Matt Morris	52	11.55
Paul Twining	68	22.05

KNOX 10 JANUARY 2018**Javelin**

Evan Thomson	43	33
Paul Durrant	56	25.2
Chris Crennan	45	19.91
Matt Morris	52	19.43
Jason Francis	50	18.5
Tracey Carpenter	51	14.02

800m walk

John Graham	67	5.45
Liz Eastwood	48	5.45
Glenn Berry	47	7.49
Glenn Claiden	63	7.55
Bob Henderson	71	7.56
Ian U'Ren	66	7.57
Maggie Hawkes	61	7.57
Shane Grund	36	8.14
Matt Morris	52	8.15
Anne McPherson	61	8.18
Arthur Kapoulitsa	70	8.18
Sarah Thorne	38	8.19
Paul Connor	54	8.2
Peter LeGet	83	8.2
Peter Thorne	69	8.27
Jock Cravana	79	8.29
Chas McRae	85	8.3

60m

Cody Andrews	inv	7.38
Evan Thomson	43	8.2
Paul Durrant	56	8.55
Geoff Whitehall	69	9.42
Tracey Carpenter	51	10.44
Arthur Kapoulitsa	70	10.71

500m NOT

Shane Grund 3rd	36	1.17
Cody Andrews	inv	1.2
Paul Durrant 1st	56	1.29
Chris Crennan	45	1.41
Geoff Whitehall	69	1.42
John Graham 2nd	67	1.51
Ryan Clark	41	1.54
Glenn Berry	47	2.23
Sarah Thorne	38	2.23
Pauline Paine	39	2.23

1000metres

Matt Morris	52	3.27
Paul Connor	54	3.3
John Graham	67	7.37
Chris Crennan	45	3.58
Bob Henderson	71	4.21
Liz Eastwood	48	4.23
Ian U'Ren	66	4.31
Ryan Clark	41	4.39
Mick Carr	64	4.4
Nicola Van Reenan	45	4.42
Brian Mee	80	5.09
Danielle Grund	35	5.18
Glenn Berry	47	5.29
Peter Thorne	69	5.38
Jock Cravana	79	5.42
Arthur Kapoulitsa	70	5.53

KNOX 10 JANUARY 2018 cont.**100m**

Cody Andrews	inv	11.81
Evan Thomson	43	13.08
Paul Durrant	56	14.09
Geoff Whitehall	69	15.25
Tracey Carpenter	51	17.62
Arthur Kapoulitsa	70	18.4
Pauline Paine	39	19.97

5km self handicap

Peter Thorne	DQ	69	27.32
Shane Grund	DQ	36	17.32
Jock Cravana	winner	79	30.39
Brian Mee		80	29.42
Matt Morris		52	21.11
Graham Leticq		63	21.21
Sarah Thorne			27.33
Liz Eastwood		48	25.39
John Graham		67	22.41
Nicola Van Reenan		45	28.17
Ryan Clark		41	28.31
Mick Carr		64	26.42
David Cheung		50	27.44
Michelle Quan		48	29.24

3k

Bob Henderson	71	15
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4k

Glenn Claiden	63	34.25
Ian U'ren	66	31.36

KNOX 17 JANUARY 2018**3by400m walk**

Hank Kuys	63	9.43
David Wear	71	
Paul Durrant	56	
John Graham	67	9.44
Arthur Kapoulitsa	70	
Anne McPherson	61	
Bob Henderson	71	9.44
Ian U'Ren	66	
Chas McRae	85	
Evelyn Kuys	60	10.3
Toscha Stopar	48	
Mick Carr	64	
Paul Twining	68	10.55
Pauline Paine	39	
Glenn Claiden	63	

70m

Evan Thomson	43	9.61
Keith Moyle	67	10.26
Hank Kuys	63	11.54
Arthur Kapoulitsa	70	12.48
Pauline Paine	39	13.23
Evelyn Kuys	60	14.64

1mile handicap

Mick Carr	winner	64	9.08
Ian U'Ren		66	9.18
John Graham		67	9.32
Bob Henderson		71	9.4
Toscha Stopar		48	10.15
Arthur Kapoulitsa		70	10.29

KNOX 17 JANUARY 2018 cont.**200m**

Evan Thomson	43	27.73
Keith Moyle	67	30.33
Arthur Kapoulitsa	70	41.69

110m

Evan Thomson	43	16.18
Keith moyle	67	DNF

Distance**3k**

Graham Leticq	63	12.11
Bob Henderson	71	14.45
Glenn Claiden	63	16.49
Toscha Stopar	48	16.55
Evelyn Kuys	60	17.59
Pauline Paine	39	19.04

5k

Paul Twining	68	23.1
Ian U'Ren	66	27.19
John Graham	67	27.2
David Wear	71	29.49
Jock Cravana	79	31.33

7k

Mick Carr	64	36.19
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KNOX 24 JANUARY 2018**800m walk**

Glenn Claiden	63	7.28
Karl Piatek	42	7.29
Arthur Kapoulitsa	70	7.41
Peter Thorne	69	7.41
Jordan Knapp	inv	8.24
Anne McPherson	61	8.24
Graeme Leticq	63	8.28
Paul Twining	68	8.29
Andrea Putting	54	8.32
Matt Morris	52	8.34
Maggie Hawkes	61	8.35
Shane Grund	36	8.38
David Wear	71	8.39
Chris Crennan	45	8.4
Chas McRae	85	8.52
Jock Cravana	79	8.57
Peter LeGet	83	9
Sarah Thorne	38	9.07
Pauline Paine	39	9.08

60m - heat 1

Rebecca Carpenter	18	9.02
Alyssa Carpenter	20	9.32
Karl Piatek	42	10.06
Mel Bissett	42	10.6
Arthur Kapoulitsa	70	10.78
Andrea Putting	54	11.87

60m - heat 2

Cody Andrew	inv	7.39
Stewart Dobrzynski	47	7.65
Paul Durrant	56	8.53
Andrew Watts	62	8.75
Chris Crennan	45	8.91
Geoff Whitehall	68	9.21

KNOX 24 JANUARY 2018 cont.**Bobs Relay**

Chris Crennan	45	6.08
Danielle Grund	36	
Ryan Clark	42	
Andrew Watts	62	
Cody Andrews	inv	6.1
Stewart Dobrzynski	47	
Pauline Paine	39	
Karl Piatek	42	
Matt Morris	52	6.35
Rebecca Carpenter	18	
Sarah Thorne	38	
Alyssa Carpenter	20	

300m NOT

Cody Andrews	inv	39.58
Rhys Colthap	inv	39.85
Stewart Dobrzynski	47	41.5
Andrew Watts	62	46.13
Paul Durrant 2nd	56	46.64
Geoff Whitehall 3rd	68	51.46
Mel Bissett winner	42	1.02.37
Karl Piatek	42	1.22.07

100m

Rhys Colthap	inv	13.14
Paul Durrant	56	14.85
Geoff Whitehall	68	15.8
Mel Bissett	42	17.87
Arthur Kapoulitsa	70	18.15
Andrea Putting	54	20.96

Distance**2k**

Jordan Knapp	inv	8.59min
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3k

Maggie Hawkes	61	17.13
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4k

David Wear	71	21.01
Glenn Claiden	63	
Brain Mee	80	24.01
Pauline Paine	39	25.15

6k

Shane Grund	36	23.37
Graeme Leticq	63	25.27
Matt Morris	52	26.57
David Chung	50	29.26
Michelle Quan	48	31.08
Ryan Clark	42	32.11
Sarah Thorne	38	34.09
Peter Thorne	69	36.08
Jock Cravana	79	36.24

8k

Paul Twining	68	41.32
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KNOX 31 JANUARY 2018**Shot put**

Jack Durrant	20	8.83
Rebecca Carpenter	18	7.52
Tracey Carpenter	51	6.31
Chris Crennan	45	6.2
Karl Piatek	42	5.68

800m walk NOT

Liz Eastwood	48	5.48
Jack Durrant 2nd	20	7
Peter Thorne	69	7.05

Karl Piatek winner	42	7.15
Bob Henderson	71	7.2
Glenn Claiden 3rd	63	7.2
Arthur Kapoulitsa	70	7.34
Shane Grund	36	7.37
Paul Twining	68	7.38
Matt Morris	52	7.43
Chloe Grund	6	7.44
Graeme Leticq	63	7.44
Mick Carr	64	7.5
Peter LeGet	84	7.51
Chris Crennan	45	7.52
Ian U'Ren	66	8.07
Pauline Paine	39	8.15
Anne McPherson	61	8.16
David Wear	71	8.18

70m hcp

Karl Piatek	42	
Paul Durrant	56	
Chris Crennan	45	
Cody Andrews	inv	
Jack Durrant	20	
Geoff Whitehall	69	
Arthur Kapoulitsa	70	

110metres

Cody Andrews	inv	13.29
Jack Durrant	20	14.46
Geoff Whitehall 99m	69	15.18
Paul Durrant	56	15.69
Arthur Kapoulitsa	70	18.7
Bec Carpenter 97m	18	22.26

600m

Chris Crennan	45	2.07
Bob Henderson	71	2.26
Michele Quan	48	2.44
Pauline Paine	39	2.55

1400m

Shane Grund	36	4.06
Matt Morris	52	5.2
Mick Carr	64	6.24
Liz Eastwood	48	6.48

150m

Cody Andrews	inv	17.66
Jack Durrant	20	19.887
Andrew Watts	62	20.56
Paul Durrant	56	21.46
Geoff Whitehall	69	23.66
Arthur Kapoulitsa	70	24.64

Distance**2k**

Glenn Claiden	63	21.22
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3k

Graeme Leticq	63	12.27
Michelle Quan	48	14.48
Bob Henderson	71	15.13
Steve Richards	56	15.58
Liz Eastwood	48	16.36
Pauline Paine	39	17.34

5k

Shane Grund	36	17.54
Matt Morris	52	20.29
Paul Twining	68	22.01
David Chung	50	24.29
Mick Carr	64	24.55
Nicola Van Reenan	45	27.07
Peter Thorne	69	27.54
David Wear	71	30.34

MENTONE 3 JANUARY 2018

400m Walk E.T. -		Clock	Diff.
1= Nikita Djordjevic	Inv	2.06	0.01
1= Maureen Seedsman	80	2.59	-0.01
3 Sonya McLennan	65	2.29	-0.02
4 Ian Beaumont	81	3.30	-0.05
5 Margaret Beaumont	79	3.27	0.07
6 Kevin Cassidy	57	1.52	-0.08
7= Pam Mews	82	3.28	-0.12
7= Ralph Bennett	76	2.18	-0.12
9 Nikolij Djordjevic	Inv	1.46	0.16

1200m E.T.*Agg Event*		Clock	Diff.	Pts
1 Avril Britter	59	6.12.0	2.0	7
2 Col Waring	72	5.16.8	3.2	5
3 Ashley Page ***	77	5.51.4	-3.6	4
4 Julie Aylward ***	45	4.00.2	-14.8	3
5 Susan Short	44	5.00.1	30.1	2

200m E.T.		Clock	Diff.
1 Avril Britter	59	40.15	0.06
2 Bob Wishart	75	30.75	0.75
3 Susan Short	44	32.21	1.29
4 Lenny Reark	Inv	36.56	1.44
5 Glad Wishart	73	46.12	2.09

4 Km E.T.		Clock	Diff.
1 Ashley Page	77	21.27	0.06
2 Sonya McLennan	65	22.37	0.23
3 Avril Britter	59	23.36	0.34
4 Graham Stockdale	75	27.31	4.31

2000m Walk E.T.		Clock	Diff.
1 Maureen Seedsman	80	16.19	-0.06
2 Ralph Bennett	76	12.33	-0.07
3 Glennis McPherson	71	14.47	-0.08
4 Joan Clarke	82	20.10	-0.10
5 Geoff Barrow	68	13.28	0.16
6 Sylvia Machin	76	15.05	0.35
7 Ian Beaumont	81	19.19	0.39
8 Kevin Cassidy	57	10.20	-0.40
9 Ian Cassell	64	15.42	0.42
10 Gwen Steed	75	13.38	0.46
11 Margaret Beaumont	79	18.48	1.21

MENTONE 10 JANUARY 2018

834 m E.T.		Clock	Diff.
1 Sandra Wynne	66	4.07.9	-2.1
2 Sonya McLennan	65	4.05.3	-4.7
3 Martin Griffin	55	4.14.6	-5.4
4 Avril Britter	59	4.09.9	5.9
5 Col Waring	72	3.37.5	7.5
6 Ashley Page	77	3.55.8	-8.2
7 Sharon Carr	52	5.34.0	14.0
8 Graham Stockdale	75	3.34.2	29.2

100m E.T.		Clock	Diff.
1 Vivienne Cash	65	16.57	0.37
2 Glad Wishart	73	19.08	0.58
3 Bob Wishart	75	14.14	-0.61

3.336 Km Road E.T.		Clock	Diff.
1 David Dodson	58	19.14	0.14
2 Martin Griffin	55	19.45	0.15
3 Ashley Page	77	17.38	0.21
4 Graham Stockdale	75	25.25	0.25
5 Sonya McLennan	65	18.28	0.28
6= John Kneen	75	25.37	0.37
6= Sharon Carr	52	25.37	0.37
8 Avril Britter	59	19.29	-1.07
9 Sandra Wynne	66	19.57	1.27

3 Laps Road (2.5 Km) Walk E.T.		Clock	Diff.
1 Maureen Seedsman	80	20.54	-0.30
2 Glennis McPherson	71	18.30	-2.00
Glad Wishart	73	14.50	2 Laps
Joan Clarke	82	8.25	1 Lap

MENTONE 17 JANUARY 2018

600m Walk E.T.		Clock	Diff.
1 Trish Griffin	52	5.07	-0.03
2 Pam Mews	82	5.45	-0.05
3= Bev Hugo	65	5.03	0.08
3= Ian Beaumont	81	5.28	0.08
5 Margaret Beaumont	79	5.27	0.25

300m E.T.*Agg Event*		Clock	Diff.
1 Bob Wishart	75	50.75	-1.00
2 Vivienne Cash	65	57.68	-1.32
3 Susan Short	44	54.09	-2.91
4 Sonya McLennan	65	73.90	9.10
5 Glad Wishart	73	82.10	13.10

1500m Self H/cap		Clock	Actual
1 Ashley Page	77	10.44.9	7.11.9
2 Sandra Wynne	66	10.53.8	7.43.8
3 Martin Griffin	55	10.57.2	7.52.2
4 Avril Britter	59	10.57.8	7.56.8
5 Sharon Carr	52	11.02.7	10.12.7
DQ Col Waring	72		6.33.4
DQ Trish Griffin	52		10.09.6
DQ David Dodson	58		8.35.1

70m E.T.		Clock	Diff.
1 Avril Britter	59	13.12	-0.08
2 Sandra Wynne	66	12.90	-0.20
3 Susan Short	44	10.63	-0.37
4 Bob Wishart	75	9.87	-0.60
5 Vivienne Cash	65	11.81	0.71
6 Nikolij Djordjevic	Inv	9.32	-1.68
7 Glad Wishart	73	14.21	1.91

2 Km E.T.		Clock	Diff.
1 Avril Britter	59	11.18	-0.02
2 Sonya McLennan	65	10.19	0.04
3 Ashley Page	77	10.08	0.19
4 Susan Short	44	8.45	-0.45
5 Sandra Wynne	66	11.37	0.57
6 Martin Griffin	55	11.05	-1.25
7 David Dodson	58	10.59	-1.31
8 Sharon Carr	52	14.33	-3.27
James O'Brien	65	8.34	

800m Walk E.T.		Clock	Diff.
1 Bev Hugo	65	6.43	0.03
2 Ralph Bennett	76	4.53	-0.07
3 Margaret Beaumont	79	7.21	-0.09
4 Geoff Barrow	68	4.58	-0.22
5 Ian Beaumont	81	7.15	-0.25
6 Trish Griffin	52	6.58	0.58

MENTONE 24 JANUARY 2018

800m Walk E.T.		Clock	Diff.
1= Maureen Seedsman	80	6.21	0.01
1= Sonya McLennan	65	5.16	0.01
3 Ian Beaumont	81	7.27	-0.03
4 Trish Griffin	52	6.54	-0.06
5= Kevin Cassidy	57	4.09	-0.11
5= Margaret Beaumont	79	7.09	-0.11

900 m E.T.		Clock	Diff.
1 Avril Britter	59	4.30.8	1.8
2 Susan Short	44	3.28.6	3.6
3 Ashley Page	77	4.15.1	7.1
4 Sandra Wynne	66	4.18.6	8.6
5 Col Waring	72	3.51.7	11.7
6 Martin Griffin	55	4.24.4	-15.6
7 Kuni Bowden	52	3.43.6	-16.4

MENTONE 24 JANUARY 2018 cont.

150m E.T.		Clock	Diff.
1	Bob Wishart	75 21.42	-0.18
2	Kuni Bowden	52 30.34	0.34
3	Susan Short	44 23.15	-0.35
4	Avril Britter	59 28.79	0.65
5	Nikita Djordjevic	Inv 22.89	-2.11
6	Glad Wishart	73 30.60	-6.80

3 Km E.T. *Agg Event*-		Clock	Diff.
1	Kuni Bowden	52 13.41	0.01
2	John Kneen	75 23.10	0.10
3	James O'Brien	65 12.45	-0.15
4	Sandra Wynne	66 16.32	0.17
5	David Dodson	59 16.15	-0.35
6	Ashley Page	77 15.05	-0.40
7	Chris Grafen	53 12.15	-0.45
8	Avril Britter	59 17.12	-1.08
9	Martin Griffin	55 16.51	-1.09

3000m Walk E.T. *Agg Event*		Clock	Diff	Pts
1	Bev Hugo	77 26.16	0.01	7
2=	Sonya McLennan	65 21.11	-0.10	5
2=	Glennis McPherson	71 22.20	-0.10	5
4	Margaret Beaumont	79 27.42	0.22	4
5	Maureen Seedsman	80 25.05	0.25	3
6=	Kevin Cassidy	57 15.54	-0.46	2
6=	Sharon Carr	52 26.46	0.46	2
8	Pia Hunter	Inv 17.33	-0.47	
9	Geoff Barrow	69 21.11	-1.19	1
10	Ian Beaumont	81 27.47	-2.23	1
11	Trish Griffin	52 26.16	-3.44	1
12	Joan Clarke	82 30.17	-4.43	1

MENTONE 31 JANUARY 2018

1668 m E.T.		Clock	Diff.
1	Col Waring	72 7.32	0.10
2	Chris Grafen	53 6.41	-0.19
3=	Martin Griffin	55 9.36	-0.24
3=	Sandra Wynne	66 8.44	-0.24
5	Susan Short	44 7.03	-0.27
6	Avril Britter	59 9.00	-0.44
7=	John Kneen	75 12.19	-1.11
7=	Ashley Page	77 8.28	-1.11

100m E.T.		Clock	Diff.
1	Bob Wishart	75 15.26	-0.24
2	Susan Short	44 15.56	0.26
3	Vivienne Cash	66 17.37	0.57
4	Avril Britter	59 19.42	0.94
	Julie Aylward	45 15.40	

2.50 Km Road E.T.		Clock	Diff.
1	Martin Griffin	55 14.53	-0.07
2	Ashley Birrell	73 15.48	-0.12
3	Chris Grafen	53 10.19	-0.36
4	Sandra Wynne	66 13.33	-0.47
5	Avril Britter	59 13.55	-0.54
6	Ashley Page	77 13.11	-1.03
	James O'Brien	65 11.46	

2.5 Km Road Walk E.T.		Clock	Diff
1	Glennis McPherson	71 18.20	0.00
2	Bev Hugo	77 20.56	-0.04
3	Trish Griffin	52 20.55	-0.05
4=	Sharon Carr	52 22.38	-0.22
4=	Efi Karas	65 22.38	-0.22
6	Maureen Seedsman	80 20.20	-0.30
7	Sylvia Machin	76 19.27	0.57
8	Ian Cassell	64 19.18	1.19

SPRINGVALE 3 JANUARY 2018

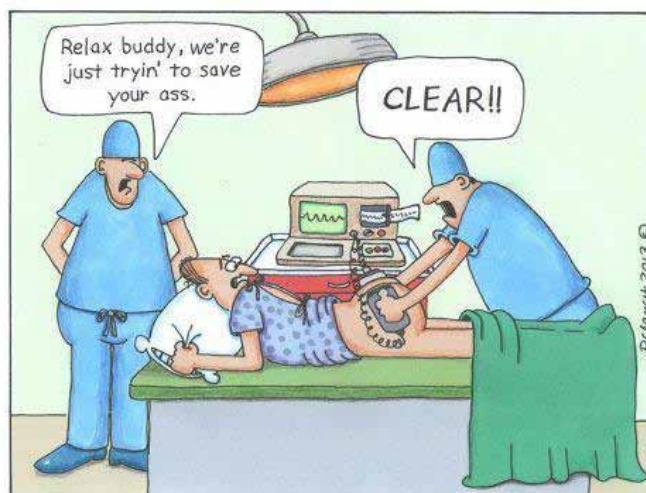
100 metres			
Mike HALL	79	15.90	
Juan PEREZ	78	18.60	
Lindsay OXENHAM	68	19.60	
Mick COLGAN	66	20.40	

600 metres			
Dave TALBOT	63	2.16.4	
Paul MULLINS	77	2.24.3	
Paul WINTERTON	63	2.41.9	
Howard REES	70	2.44.0	
Mick COLGAN	66	2.52.8	
Juan PEREZ	78	3.14.6	

1000 metres			
Neil GRAY	70	4.07.2	
Claudio RIGA	62	4.30.4	
Lindsay OXENHAM	68	4.50.6	
Will SELICK	46	4.50.9	

2500 metres road walk			
Peter ELLIS	66	17.52	
Jim SMITH	77	19.38	
Dennis PHILLIPS	75	19.40	
Tony DORAN	65	20.33	
Penny HALL	78	21.08	
John ABEL	67	25.14	
Steve SELICK	39	25.05	
John MANNING	71	26.42	
Ernie JEFFS	72	26.44	
Pam THOMAS	68	26.41	
Natalie IRVINE	71	26.43	
Celia JOHNSON	70	26.49	
Eric NEGROS	54	26.54	
Kelly DAVIDSON	38	30.05	
Anand THILLAISUNDARAM	41	30.1	

4000 metre road run			
Alan BENNIE	70	18.36	
Claudio RIGA	62	19.42	
Howard REES	70	19.45	
Lindsay OXENHAM	68	21.00	
Mick COLGAN	66	22.30	
Juan PEREZ	78	23.32	
Ian TREGEAR	67	23.34	
Alison DEVINE	61	25.07	
Tony JOHNSON	77	25.07	
Will SELICK	46	19.11	



SPRINGVALE 10 JANUARY 2018**3000 metres road walk**

Peter ELLIS	66	20.58
Dennis PHILLIPS	75	22.28
Jim SMITH	77	22.31
Celia JOHNSON	70	23.07
Bill IRVINE	69	24.12
Tony JOHNSON	77	26.22
John MANNING	71	27.07
Tony DORAN	65	27.07
Pam THOMAS	68	31.15
Ernie JEFFS	72	31.17
Jenny FIELD	59	31.55
Peter FIELD	60	31.59
Ian TREGEAR	67	31.58
Steve SELLICK		32.00

5000 metres road run

Alan BENNIE	70	24.48
Claudio RIGA	62	25.29
Howard REES	70	25.31
Will SELLICK	46	27.20
Lindsay OXENHAM	68	27.47
Lou BUCCIERI	62	29.32
Juan PEREZ	78	32.45

70 metres ht.1

Claudio RIGA	62	13.45
Juan PEREZ	78	14.31
Lindsay OXENHAM	68	16.45
Kevin ONLEY	84	20.49
Jim SMITH	77	28.63

70 metres ht.2

Visitor		9.80
Howard REES	70	16.37
Alan BENNIE	70	17.05
Bill IRVINE	69	17.24
Celia JOHNSON	70	18.31

700 metres

Neil GRAY	70	2.34.8
Dave TALBOT	63	2.42.1
Paul MULLINS	77	2.56.9
Bill IRVINE	69	3.00.8
Claudio RIGA	62	3.06.0
Howard REES	70	3.10.8
Lindsay OXENHAM	68	3.12.6

300 metres

Mike HALL	79	1.03.5
Chris McARDLE		1.05.4
Paul WINTERTON	63	1.06.6
Alan BENNIE	70	1.19.6
Juan PEREZ	78	1.24.3
Celia JOHNSON	70	1.29.3
Kevin ONLEY	84	1.42.3
Jim SMITH	77	2.04.0

SPRINGVALE 24 JANUARY 2018**120 metres**

Mike HALL	79	19.50
Lindsay OXENHAM	68	23.40
Juan PEREZ	78	24.00
Dominique RUELLOT	66	28.90

600 metres

Dave TALBOT	63	2.13
Alan BENNIE	71	2.19
Paul WINTERTON	63	2.25
Lindsay OXENHAM	68	2.38
Lou BUCCIERI	62	2.55
Juan PEREZ	78	3.19
Celia JOHNSON	70	3.37
Dominique RUELLOT	66	3.42

2000 metres road walk

Jim SMITH	77	15.00
Dennis PHILLIPS	75	15.00
Tony DORAN	65	16.08
Trevor JUPP	77	16.54
Tony JOHNSON	77	18.09
Pam THOMAS	68	18.30
John ABEL	67	18.36
Ernie JEFFS	73	18.37
John MANNING	71	18.38
Steve SELLICK		19.07
Natalie IRVINE	71	20.22
Jenny FIELD	59	20.31
Peter FIELD	60	20.31
Peter BATTRICK	74	22.22
Eric NEGROS	54	20.31

3100 metres road run

Lindsay OXENHAM 6.2km	68	32.50
Alan BENNIE	70	14.28
Will SELLICK	45	14.14
Rob CLUTTERBUCK	64	15.00
Howard REES	70	15.45
Bill IRVINE	69	16.13
Ian TREGEAR	67	18.20
Juan PEREZ	78	18.31
Alison DEVINE	61	18.34
Mick COLGAN	66	18.46
Paul MULLINS	77	19.54
Celia JOHNSON	70	21.17
Dominique RUELLOT	66	21.57
Kevin ONLEY	84	22.06



SPRINGVALE 31 JANUARY 2018

150 metres

Mike HALL	79	24.80
Lindsay OXENHAM	68	30.90
Juan PEREZ	78	32.20
Dominique RUELLOT	66	38.70

MEDLEY RELAY

TEAM 2

Dave TALBOT	63	81.00	
Jim SMITH	77	42.00	
Mick COLGAN	67	35.00	
Lindsay OXENHAM	68	45.00	3.19

TEAM 4

Bill IRVINE	69	109.00	
Natalie IRVINE	71	40.00	
Pam THOMAS	68	45.00	
Howard REES	70	48.00	4.12

TEAM 1

Claudio RIGA	62	130.00	
Celia JOHNSON	70	50.00	
Juan PEREZ	78	40.00	
Alison DEVINE	61	38.00	4.19

TEAM 3

Paul MULLINS	77	120.00	
Dominique RUELLOT	66	40.00	
Tony DORAN	65	58.00	
Kevin ONLEY	84	70.00	4.31

2000 metres road walk

Jim SMITH	77	14.36
Frank ALLEN	73	16.40
Dominique RUELLOT	66	16.43
Mick COLGAN	67	16.44
Trevor JUPP	77	17.06
Mick COLGAN	67	16.44
Pam THOMAS	68	18.14
Ernie JEFFS	73	18.21
John MANNING	71	18.22
Natalie IRVINE	71	20.25
Steve SELICK	42	21.53
John ABEL	67	22.04
Eric NEGROS	54	22.04
Tony DORAN	65	22.05
Peter BATTRICK	74	23.04

3100 metres road run

Dave TALBOT	63	15.53
Bill IRVINE	69	15.58
Paul WINTERTON	63	17.59
P URQUART		18.08
Alison DEVINE	61	18.36
Paul MULLINS	77	18.11
Kevin ONLEY	84	22.07

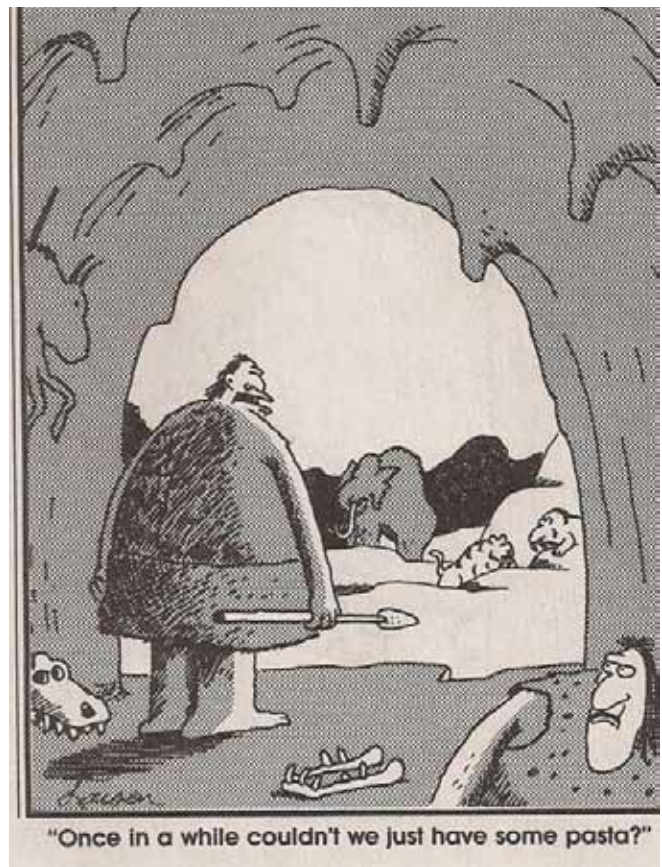
5000 metres road run

Alan BENNIE	71	23.40
Howard REES	70	25.41
Lindsay OXENHAM	68	25.57
Juan PEREZ	78	33.20
W SELICK		25.24

NEW AGE - VENUE RECORD For ALAN BENNIE



Frank started to get a funny feeling that his doctor was a quack.



MARCH PROGRAMS 2018

THURS MARCH 1	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON MARCH 5	DONCASTER	1200M WALK/RUN	100M	200M	600M NOST	2K WALK/RUN
	CASEY	50M	1000M RUN/WALK	120M	HYBRID 4.7K	
TUES MARCH 6	COLLINGWOOD					
	CROYDON	DISCUS 1500M W	60M	3 LAP NOT	500M	8L TEAMS OF 3 R/W
	GLEN EIRA					
WEDS MARCH 7	ABERFELDIE					
	GEELONG	5K CROSS COUNTRY	3K CROSS COUNTRY			
	MENTONE					
	KNOX					
	SPRINGVALE	200/400M	800M HCP	2500M WALK	4000M RUN	
THURS MARCH 8	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON MARCH 12	DONCASTER	DONCASTER 800M	60M	100M	400M/300M HURDLES	1,3,5K
	CASEY	100M	800M RUN/WALK	300M	X/C 3.4K RUN/WALK	
TUES MARCH 13	COLLINGWOOD					
	CROYDON	LJ 4 LAPS WALK	80M	1 MILE RUN	300M	14 LAP MAX R/W
	GLEN EIRA					
WEDS MARCH 14	ABERFELDIE					
	GEELONG	300M	2/4K	3 X 400M RELAY		
	MENTONE					
	KNOX					
	SPRINGVALE	50/200M	1000M HCP	2400/3700M WALK	3100/6200M RUN	
THURS MARCH 15	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON MARCH 19	DONCASTER	1000M WALK/RUN	100M	200M	400M	3000M WALK/RUN
	CASEY	70M	1500M RUN/WALK	150M	2 X ROAD 4.4K	
TUES MARCH 20	COLLINGWOOD					
	CROYDON	JAV 3 LAP WALK	100M	1500M	400M	1/3/5K RUN/ WALK
	GLEN EIRA					
WEDS MARCH 21	ABERFELDIE					
	GEELONG	6K CROSS COUNTRY	3K CROSS COUNTRY			
	MENTONE					
	KNOX					
	SPRINGVALE	100/400M	700M	2000/4000M WALK	4000/6000M RUN	
THURS MARCH 22	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON MARCH 26	DONCASTER	120M HCP	60M	300M	800M	1600 WALK/RUN
	CASEY	90M	1200M RUN/WALK	200M	1 X ROAD 2.2K	
TUES MARCH 27	COLLINGWOOD					
	CROYDON	SHOT 1200M HCP W	110M	800M	200M	2/4/6K RUN/WALK
	GLEN EIRA					
WEDS MARCH 28	ABERFELDIE					
	GEELONG	RON CAMPBELL	1 HOUR TIME TRIAL	30 MIN TIME TRIAL	15 MIN TIME TRIAL	
	MENTONE					
	KNOX					
	SPRINGVALE	120M	800M	7 LAPS SPIRAL WALK	12 LAP SPIRAL RUN	
THURS MARCH 29	COBURG					
	EAST BURWOOD					
	FRANKSTON					