



AROUND THE GROUNDS

VENUE RESULTS FOR MARCH 2018, PROGRAM FOR MAY 2018



Springvale Capitan, Alan Bennie who has been running well recently setting new Venue Records

ABERFELDIE, CASEY, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

ABERFELDIE 7 FEBRUARY 2018**100m**

Paul Meehan	(44)	02:24.00
Mark Simmonds	(56)	19:12.00
John Cooper	(65)	26:24.00
Cathy Orelli	(56)	24:00.00
Pam ??	(53)	33:36.00
Levi Draper	(8)	52:48.00
David Jones	(67)	43:12.00
A Bradford	(78)	00:00.00
John Holmes	(82)	36:00.00
Andrea Draper	(40)	43:12.00
Maggie Armstrong	(55)	33:36.00
Michael Orelli	(73)	07:12.00

1200m

Shane Draper	(44)	04:04.00
Pat Scutella	(41)	04:25.00
Jasmine Orelli	(11)	04:54.00
Michael Ennis	(64)	05:50.00
Heath Beveridge	(14)	05:59.00
Stephen Barker	(74)	06:18.00
Andrea Draper	(40)	06:29.00
Michael Orelli	(73)	06:30.00
Ruby Beveridge	(16)	06:47.00
Cam McDonald	(53)	07:01.00
John Papworth	(49)	07:41.00
Mark Simmonds	(56)	DNF

400m

Paul Meehan	(44)	01:04.14
John Cooper	(65)	01:11.05
Pam ??	(53)	01:16.75
Heath Beveridge	(14)	01:16.87
Mark Simmonds	(56)	01:23.03
Jasmine Orelli	(11)	01:23.56
Levi Draper	(8)	01:33.56
Maggie Armstrong	(55)	01:43.47
Michael Orelli	(73)	02:08.44
A Bradford	(78)	DNF
Stephen Barker	(74)	Walk 4:04.07

ABERFELDIE 14 FEBRUARY 2018**50m**

Jacob McDonald	(16)	7.19
Cam McDonald	(53)	7.44
John Bohm	(35)	7.46
Heath Beveridge	(14)	8.56
Cathy Orelli	(56)	8.88
Levi Draper	(8)	9.62
Ruby Beveridge	(16)	9.78
John Holmes	(82)	10.5

1000m AG

John Bohm	(35)	3.2
Dave Chisholm	(49)	3.21
John Cooper	(65)	3.27
Peter Black	(63)	3.47
John Papworth	(49)	4.19
Jacob McDonald	(16)	4.23
Levi Draper	(8)	4.38
Michael Ennis	(64)	4.38
Graham Erdue	(66)	5.02
Stephen Barker	(74)	5.06
Andrea Draper	(40)	5.14
Michael Orelli	(73)	5.14
Cheryl Beveridge	(58)	5.2

ABERFELDIE 14 FEBRUARY 2018 cont.

Maggie Armstrong	(55)	5.3
Cam McDonald	(53)	5.35
A Bradford	(78)	6.11

300m

Cheryl Beveridge	(58)	22.28
Ruby Beveridge	(16)	29.37
Jacob McDonald	(16)	42.22
Paul Meehan	(44)	42.4
John Bohm	(35)	55.06
Mark Simmonds	(56)	55.75
John Papworth	(49)	56.5
Cathy Orelli	(56)	59.72
Graham Erdue	(66)	61.53
Levi Draper	(8)	61.78
Maggie Armstrong	(55)	72.91
Stephen Barker	(74)	(Walk) 120.36

5k Hcp

Peter Black	(63)	30.41 (Hcp:9)
John Dean	(73)	31.36 (Hcp:3)
John Bohm	(35)	32.01 (Hcp:12)
John Vance	(69)	34.06 (Hcp:6.45)
Stephen Barker	(74)	34.28 (Hcp:-)
Paul Meehan	(44)	34.3 (Hcp:13)
Brian O'Dea	(63)	35.22 (Hcp:10.3)
Lynne O'Dea	(62) (2K)	26.36 (Hcp:-)

ABERFELDIE 21 FEBRUARY 2018**100m**

Adam Gregory	(33)	00:13.49
Jacob McDonald	(16)	00:13.50
Cathy Orelli	(56)	00:17.00
Levi Draper	(8)	00:17.00
A Bradford	(78)	00:19.25
Maggie Armstrong	(55)	00:19.37
Michael Orelli	(73)	00:22.18
David Jones	(67)	00:22.38

800m

Jasmine Orelli	(11)	03:00.00
John Papworth	(49)	03:00.00
David Jones	(67)	03:13.00
Levi Draper	(8)	03:36.00
Michael Ennis	(64)	03:38.00
Heath Beveridge	(14)	03:53.00
Andrea Draper	(40)	04:01.00
Stephen Barker	(74)	04:01.00
Michael Orelli	(73)	04:22.00
Peter Black	(63)	04:23.00

400m AG

Adam Gregory	(33)	1-05.53
John Papworth	(49)	1-06.50
John Cooper	(65)	1-09.10
Jacob McDonald	(16)	1-12.00
Heath Beveridge	(14)	1-12.90
Peter Black	(63)	1-15.91
David Jones	(67)	1-23.00
Cathy Orelli	(56)	1-24.22
Jasmine Orelli	(11)	1-27.37
Levi Draper	(8)	1-28.09
Cheryl Beveridge	(58)	1-35.97
Michael Orelli	(73)	1-37.03
Maggie Armstrong	(55)	1-43.19
Stephen Barker	(74)	3-12.19 (walk)

ABERFELDIE 21 FEBRUARY 2018 cont.**3.1/5.1k Park**

Brian O'Dea	(63)	16:00.00	(3.1k)
Michael Ennis	(64)	18:42.00	(3.1k)
John Papworth	(49)	21:10.00	(5.1k)
Adam Gregory	(33)	23:03.00	(5.1k)
Lynne O'Dea	(62)	25:00.00	(2.1k)
Cheryl Beveridge	(58)	28:12.00	(3.1k)
John Dean	(73)	28:45.00	(5.1k)
Peter Black	(63)	28:48.00	(5.1k)
Stephen Barker	(74)	30:58.00	(5.1k)
Heath Beveridge	(14)	34:00.00	(3.1k)
John Vance	(69)	58:00.00	(5.1k)

ABERFELDIE 28 FEBRUARY 2018**60m**

Dave Chisholm	(49)	00:08.09
Jacob McDonald	(16)	00:08.44
Joe Dilworth	(66)	00:10.22
Heath Beveridge	(14)	00:10.28
Levi Draper	(8)	00:10.59
A Bradford	(78)	00:11.84
Ruby Beveridge	(16)	00:11.90
Maggie Armstrong	(55)	00:13.63
Michael Orelli	(73)	00:17.19
Mark Simmonds	(56)	00:24.63

1200m

Adam Gregory	(33)	04:16.00
Pat Scutella	(41)	04:27.00
John Papworth	(49)	04:54.00
Levi Draper	(8)	05:28.00
John Vance	(69)	06:26.00
Stephen Barker	(74)	06:37.00
Andrea Draper	(40)	06:41.00
Michael Orelli	(73)	06:41.00
Terry Phelan	(69)	06:53.00
Pam McDonald	(53)	07:09.00
Mark Simmonds	(56)	DNF

200m

Dave Chisholm	(49)	00:26.31
Jacob McDonald	(16)	00:27.00
John Papworth	(49)	00:29.28
Pam McDonald	(53)	00:30.19
Mark Simmonds	(56)	00:35.32
Joe Dilworth	(66)	00:35.91
Michael Orelli	(73)	00:41.07
Adam Gregory	(33)	00:41.25
Levi Draper	(8)	00:41.50
Maggie Armstrong	(55)	00:45.44
Stephen Barker	(74)	Walk 1:44.03

4k AG

Adam Gregory	(33)	17:39.00
Pat Scutella	(41)	17:39.00
Stephen Barker	(74)	17:39.00
John Papworth	(49)	18:13.00
John Vance	(69)	21:47.00
Ruby Beveridge	(16)	24:17.00
John Dean	(73)	24:18.00
Brian O'Dea	(63)	(2K) 9.34
Heath Beveridge	(14)	(Walk) 23.01

ABERFELDIE 7 MARCH 2018**100m**

Adam Gregory	(53)	13.44
Dave Chisholm	(49)	12.5
John Cooper	(65)	14.87
John Papworth	(49)	14.69
Levi Draper	(8)	16.42
Maggie Armstrong	(55)	18.41
Mark Simmonds	(56)	16.5
Michael Orelli	(73)	26.63
Paul Meehan	(44)	13.44
Ruby Beveridge	(16)	18.78

1500m

Adam Gregory	(53)	5:34.0
Andrea Draper	(40)	8:51.0
Cam McDonald	(53)	8:16.0
Joe Dilworth	(66)	9:19.0
John Bohm	(35)	5:05.0
John Papworth	(49)	5:50.0
Levi Draper	(8)	7:11.0
Michael Ennis	(64)	7:12.0
Michael Orelli	(73)	8:51.0
Paul Meehan	(44)	5:33.0
Shane Draper	(44)	5:22.0
Stephen Barker	(74)	9:19.0
Terry Phelan	(69)	9:40.0

3K/5K

Adam Gregory	(53)	20:05.0	{5K}
Brian O'Dea	(63)	24:33.0	{5K}
Cam McDonald	(53)	19:37.0	{3K}
Cheryl Beveridge	(58)	20:09.0	{3K}
Doug Stokes	(65)	28:57.0	{5K}
Heath Beveridge	(14)	15:43.0	{3K}
John Bohm	(35)	20:49.0	{5K}
John Dean	(73)	29:35.0	{5K}
John Papworth	(49)	12:55.0	{3K}
Lyn ne O'Dea	(62)	18:04.0	{2K}
Maggie Armstrong	(55)	20:33.0	{3K}
Michael Orelli	(73)	18:19.0	{3K}
Paul Meehan	(44)	12:31.0	{3K}
Ruby Beveridge	(16)	18:30.0	{3K}
Stephen Barker	(74)	28:57.0	{5K}



*"It's always 'Sit,' 'Stay,' 'Heel'—never
'Think,' 'Innocate,' 'Be yourself.'"*

ABERFELDIE 14 MARCH 2018**80m**

A Bradford	(78)	15.22
Cathy Orelli	(56)	14.06
John Papworth	(49)	11.97
Levi Draper	(8)	13.3
Mark Simmonds	(56)	13.62
Michael Orelli	(73)	21.91
Ruby Beveridge	(16)	15.5

1000m AG

Alfred Lendvai	(45)	4.47
Cam McDonald	(53)	5.37
David Jones	(67)	4.19
Graham Eadie	(66)	5.19
Jasmine Orelli	(11)	3.54
John Cooper	(65)	3.23
John Papworth	(49)	3.45
Levi Draper	(8)	4.31
Maggie Armstrong	(55)	5.18
Michael Ennis	(64)	4.32
Michael Orelli	(73)	5.15
Pat Scutella	(41)	3.22
Peter Black	(63)	5.07
Stephen Barker	(74)	5.07

400m

Cam McDonald	(53)	1:24.3
Jacob McDonald	(16)	1:23.7
John Holmes	(82)	1:08.7
John Papworth	(49)	1:25.1
Maggie Armstrong	(55)	1:55.1
Marg Tormey	(52)	1:23.0
Michael Ennis	(64)	1:40.0
Stephen Barker	(74)	(Walk) 3:16.00

2/4K

Andrea Draper	(40)	19:16.0 {4K}
Bill Ristevski	(53)	26:11.0 {4K}
Cheryl Beveridge	(58)	14:43.0 {2K}
David Jones	(67)	9:06.0 {2K}
Doug Stokes	(65)	21:19.0 {4K}
Graham Eadie	(66)	12:05.0 {2K}
John Dean	(73)	12:14.0 {2K}
John Papworth	(49)	19:53.0 {4K}
John Vance	(69)	21:34.0 {4K}
Levi Draper	(8)	17:27.0 {2K}
Michael Ennis	(64)	10:11.0 {2K}
Michael Orelli	(73)	11:40.0 {2K}
Pat Scutella	(41)	15:39.0 {4K}
Peter Black	(63)	17:10.0 {4K}
Ruby Beveridge	(16)	12:18.0 {2K}
Shane Draper	(44)	7:39.0 {2K}
Stephen Barker	(74)	21:19.0 {4K}

ABERFELDIE 21 MARCH 2018**90m**

A Bradford	(78)	16.20
Adam Gregory	(33)	11.91
AdamDel	(46)	11.40
Dave Chisholm	(49)	11.20
John Cooper	(65)	14.40
John Papworth	(49)	12.66
Levi Draper	(8)	15.75
Maggie Armstrong	(55)	17.31
Marg Tormey	(52)	14.53
Ruby Beveridge	(16)	17.13

400m AG

A Bradford	(78)	42.19 (200m)
AdamDel	(46)	00:58.66
Dave Chisholm	(49)	00:58.41
David Jones	(67)	01:24.81
John Bohm	(35)	01:06.16
John Cooper	(65)	01:08.21
John Papworth	(49)	01:05.69
Levi Draper	(8)	01:22.22
Maggie Armstrong	(55)	01:47.53
Marg Tormey	(52)	01:19.69
Mark Simmonds	(56)	01:18.50
Stephen Barker	(74)	(Walk) 3:33.0
Terry Phelan	(69)	00:58.66

800m

Adam Gregory	(33)	02:40.00
Andrea Draper	(40)	03:50.00
Cam McDonald	(53)	04:07.00
David Jones	(67)	03:09.00
Graham Eadie	(66)	03:59.00
Heath Beveridge	(14)	02:36.00
John Bohm	(35)	02:29.00
John Papworth	(49)	02:58.00
Levi Draper	(8)	03:25.00
Mark Simmonds	(56)	DNF
Michael Ennis	(64)	03:26.00
Pat Scutella	(41)	02:39.00
Shane Draper	(44)	02:26.00

3K/5K

Alfred Lendvai	(61)	16:53.00 {3K}
Andrea Draper	(40)	18:32.00 {3K}
Cam McDonald	(53)	DNF {3K}
Cheryl Beveridge	(58)	21:54.00 {3K}
Graham Eadie	(66)	16:53.00 {3K}
John Bohm	(35)	11:24.00 {3K}
John Dean	(73)	17:17.00 {3K}
John Papworth	(49)	22:29.00 {3K}
Levi Draper	(8)	13:56.00 {3K}
Maggie Hawkes (Knox)	()	07:12.00 {3K}
Michael Ennis	(64)	17:15.0 {3K}
Pat Scutella	(41)	11:59.00 {3K}
Peter Black	(63)	12:55.00 {3K}
Ruby Beveridge	(16)	17:37.00 {3K}
Shane Draper	(44)	12:55.00 {3K}
Terry Phelan	(69)	DNF {3K}
Heath Beveridge	(14)	25:58.00 {3K (Walk)}
Adam Gregory	(33)	19:29.00 {5K}
Stephen Barker	(74)	29:01.00 {5K}

ABERFELDIE 28 MARCH 2018**100 m**

(Hcp m)

Adam Gregory	(33)	13.32	(0.00)
Dave Chisholm	(49)	12.41	(0.00) Winner
John Cooper	(65)	15.47	(3.90)
John Papworth	(49)	14.05	(3.40)
Levi Draper	(8)	15.50	(8.20)
Maggie Armstrong	(55)	17.62	(13.60)
Marg Tormey	(52)	14.65	(6.00)
Mark Simmonds	(56)	15.50	(3.40)

200m

Dave Chisholm	(49)	26.25	
John Bohm	(35)	29.85	
John Cooper	(65)	32.25	
John Papworth	(49)	28.81	
Levi Draper	(8)	36.75	
Maggie Armstrong	(55)	43.71	
Marg Tormey	(52)	32.72	
Mark Simmonds	(56)	32.44	
Paul Meehan	(44)	27.16	
Stephen Barker	(74)	(walk) 93.63	

1200m

Adam Gregory	(33)	04:28.0	
Andrea Draper	(40)	06:04.0	
David Jones	(67)	04:59.0	
John Bohm	(35)	03:59.0	
John Cooper	(65)	05:46.0	
John Papworth	(49)	04:46.0	
Levi Draper	(8)	05:10.0	
Paul Meehan	(44)	04:15.0	
Shane Draper	(44)	03:57.0	
Stephen Barker	(74)	06:35.0	

2K/4K

Brian O'Dea	(63)	08:57.0	{2K}
Levi Draper	(8)	09:03.0	{2K}
Adam Gregory	(33)	15:22.0	{4K}
Doug Stokes	(65)	24:06.0	{4K}
John Bohm	(35)	15:49.0	{4K}
John Dean	(73)	24:06.0	{4K}
John Papworth	(49)	17:56.0	{4K}
Paul Meehan	(44)	18:21.0	{4K}
Peter Black	(63)	24:06.0	{4K}
Stephen Barker	(74)	22:14.0	{4K}
Trevor Hawksworth	(71)	22:38.0	{4K}

CASEY 5 MARCH 2018**50m**

Paul Olsson	61	8.81
Noel Fairburn	57	9.01
Mike Hall	79	9.21
Arlene D'Monte	59	10.59

1000m Run/Walk

Adrian Lyness	44	4.12
Rob Clutterbuck	64	4.52
Gary Meyer	63	5.32
Craig Fairburn	inv	5.37
Albin Hess	58	6.49
Arlene D'Monte	59	7.50
Marnie Grace	43	7.50

120m

Paul Olsson	61	18.32
Mike Hall	79	20.09
Noel Fairburn	57	20.79

4.8k Hybrid Run/Walk

Marnie Grace	43	26.09	3.4k
Adrian Lyness	44	22.16	
Rob Clutterbuck	64	23.56	
Gary Meyer	63	27.40	
David Dodson	59	28.37	
Noel Fairburn	57	30.41	
Albin Hess	58	34.15	

X/C Run/Walk

Gary Meyer	63	19.46
Albin Hess	58	24.05
Lindsay Beaton	68	32.38

CASEY 12 MARCH 2018**100m**

Craig Fairburn	Inv	14.75
Rhiannon Lester	38	15.04
Paul Olsson	61	15.66
Noel Fairburn	57	17.62
Mike Hall	79	17.91
Arlene D'Monte	59	22.47

800m Run/Walk

Craig Fairburn	Inv	3.00
Gary Meyer	63	4.18
Albin Hess	58	6.23
Arlene D'Monte	59	6.23
Lindsay Beaton	68	7.21

300m Run/Walk

Craig Fairburn	Inv	41.75
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X/C Run/Walk

Gary Meyer	63	19.46
Albin Hess	58	24.05
Lindsay Beaton	68	32.38

I didn't make it to the gym today.

That makes
5 years in a row.



CASEY 19 MARCH 2018**60m**

Hsien Chaim	46	10.58
Noel Fairburn	57	10.88
Arlene D'Monte	59	12.38

1500m Run/Walk

Craig Fairburn	Inv	5.54
Adrian Lyness	44	6.45
Premesh Prasad	43	7.04
Albin Hess	58	8.51
Hsien Chaim	46	9.16
Marnie Grace	43	10.18
John Hallo	75	11.42
Arlene D'Monte	59	12.08
Lindsay Beaton	68	13.29

200m

Shaun Taylor	32	24.99
Mike Hall	79	34.98
Noel Fairburn	57	36.02
Marnie Grace	43	58.59

2.2/3.6 Road Run/Walk

Craig Fairburn	Inv	8.56	2.2k
Adrian Lyness	44	16.04	
David Dodson	59	21.51	
Gary Meyer	63	22.27	
Lindsay Beaton	68	33.53	

CASEY 26 MARCH 2018**5 Lap Spiral**

Craig Fairburn	Inv	8.03
David Dodson	59	11.41
Gary Meyer	63	12.32
Noel Fairburn	57	15.29
Marnie Grace	43	20.25

60m

Craig Fairburn	Inv	9.19
Mike Hall	79	10.47
Hsien Chaim	46	10.85

COBURG 1 MARCH 2018**100m****Heat: 1**

Rob LEWIS	70	18.03
Herbie HERBSTREIT	65	18.60
Bernie LEDDIN	70	19.14
Michelle SPORTON	52	24.76
Ken CARTER	65	39.99

Heat: 2

Ethan O'NEILL	17	13.60
Isabelle RAINES	15	13.92
Keith HOWDEN	72	14.66
Bruce GIBBS	69	18.27

1500m

Ethan O'NEILL	17	4.56
Fraser MURRAY	46	5.52
Michael MEANEY	62	6.40
Gary O'DWYER	58	6.50
Fiona ELY	48	6.51
Maria BARBETTI	52	7.18
Rob LEWIS	70	8.12
Frank BRADLEY	62	8.56
Ken CARTER	65	14.59

400m

Isabelle RAINES	15	1.07
Brian DELANEY	64	1.21
Gary O'DWYER	58	1.25
Bruce GIBBS	69	1.41
Rob DAVEY	78	2.10
Michelle SPORTON	52	2.50
Ken CARTER	65	4.00

3km

Fraser MURRAY	46	12.01
Michael MEANEY	62	14.36
Fiona ELY	48	14.44
Gary O'DWYER	58	15.10
Brian DELANEY	64	15.49
Bernie LEDDIN	70	16.24
Herbie HERBSTREIT	65	17.44
Rob LEWIS	70	18.18
Ken CARTER	65	33.27

5km

Maria BARBETTI	52	28.37
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COBURG 8 MARCH 2018**90m****Heat: 1**

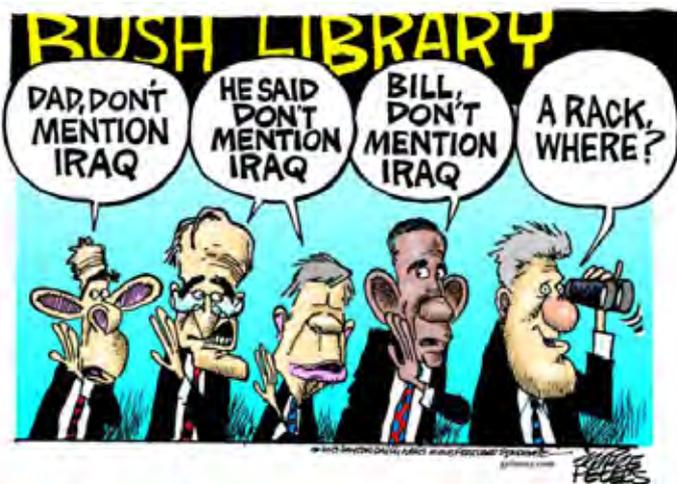
Rob LEWIS	70	16.16
Herbie HERBSTREIT	65	16.74
Bernie LEDDIN	70	20.87
Michelle SPORTON	52	21.59
Ken CARTER	65	34.35

Heat: 2

Paul O'NEILL	52	12.22
Ethan O'NEILL (100m)	17	12.73
Sally COLLINS	43	14.37
Bruce GIBBS	69	15.36

1000m

Michael MEANEY	62	4.02
Brian DELANEY	64	4.03
Gary O'DWYER	58	4.16
Fiona ELY	48	4.29
Maria BARBETTI	52	4.51



COBURG 8 MARCH 2018 cont.

Rob DAVEY	78	8.18
Ken CARTER	65	9.48

200m**Heat: 1**

Sally COLLINS	43	34.66
Rob LEWIS	70	43.73
Rob DAVEY	78	55.75
Michelle SPORTON	52	56.99
Ken CARTER	65	1.56.0

Heat: 2

Ethan O'NEILL	17	26.65
Paul O'NEILL	52	27.25
Gary O'DWYER	58	33.33
Bruce GIBBS	69	36.46
Brian DELANEY	64	38.00

2km

Fiona ELY	48	9.54
Brian DELANEY	64	10.29
Bernie LEDDIN	70	10.30
Herbie HERBSTREIT	65	11.21
Rob LEWIS	70	12.08
Ken CARTER	65	22.55

4km

Gary O'DWYER	58	19.56
Michael MEANEY	62	21.02
Maria BARBETTI	52	22.07

COBURG 15 MARCH 2018**110m**

Isabelle RAINES	15	15.48
Colin HICKIE	33	15.87
Bruce GIBBS	69	19.32
Bernie LEDDIN	70	20.37
Herbie HERBSTREIT	66	20.64
Michelle SPORTON	52	26.87
Ken CARTER	65	49.87

1200m Walk

Maria BARBETTI	52	10.45
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Sir Roger Bannister Mile

Colin HICKIE	33	6.29
Michael MEANEY	62	6.59
Brian DELANEY	64	7.22
Gary O'DWYER	58	7.31
Fiona ELY	48	7.37
Ken CARTER	65	15.48

300m**Heat: 1**

Bruce GIBBS	69	1.01.1
Bernie LEDDIN	70	1.02.2
Rob DAVEY	78	1.18.0
Michelle SPORTON	52	1.48.4
Ken CARTER	65	2.53.2

Heat: 2

Daniel LE RUSSO	Inv	41.65
Paul O'NEILL	52	42.17
Isabelle RAINES	15	47.22
Stephen RUSSELL	58	49.10
Gary O'DWYER	58	52.03

COBURG 15 MARCH 2018 cont.**2.4km**

Fiona ELY	48	11.33
Brian DELANEY	64	12.17
Bernie LEDDIN	70	12.35
Maria BARBETTI	52	12.59
Herbie HERBSTREIT	66	13.52
Ken CARTER	65	26.58

4km

Fraser MURRAY	46	16.52
Colin HICKIE	33	17.57
Michael MEANEY	62	19.39

COBURG 22 MARCH 2018**80m**

Colin HICKIE	33	11.22
Isabelle RAINES	15	11.28
Stephen RUSSELL	58	11.87
Ethan O'NEILL (100m)	17	12.66
Bruce GIBBS	69	13.28
Herbie HERBSTREIT	66	14.72
Bernie LEDDIN	70	15.15

800m

Rob DAVEY	78	5.37
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1200m

Colin HICKIE	33	4.42
Fraser MURRAY	46	4.45
Gary O'DWYER	58	5.44
Michael MEANEY	62	5.45
Herbie HERBSTREIT	66	6.09

3 x 100m Relay

Isabelle RAINES	15	
Spud HARRAP	15	
Jasper KELLY	17	43.48
Ethan O'NEILL	17	
Mark KELLY	56	
Fiona ELY	48	45.11
Fraser MURRAY	46	
Michael MEANEY	62	
Bruce GIBBS	69	48.33
Colin HICKIE	33	
Stephen RUSSELL	58	
Bernie LEDDIN	70	48.70
Paul O'NEILL	52	
Brian DELANEY	64	
Frank BRADLEY	62	56.41
Herbie HERBSTREIT	66	
Rob DAVEY	78	
Maegan KERR	46	1.00.1

3km

Gary O'DWYER	58	14.41
Fiona ELY	48	14.50
Maegan KERR	46	16.50
Herbie HERBSTREIT	66	17.09
Frank BRADLEY	62	19.11

5km

Fraser MURRAY	46	22.52
Colin HICKIE	33	23.24

COBURG 29 MARCH 2018**100m Teams Championship****Heat: 1**

Herbie HERBSTREIT	66	17.75
Rob LEWIS	70	18.02
Bernie LEDDIN	70	18.12
Michelle SPORTON	52	23.35
Rob DAVEY	78	24.90
Ken CARTER	65	40.33

Heat: 2

Fraser MURRAY	46	14.61
Michael MEANEY	62	15.28
Bruce GIBBS	69	16.34
Jamie MURRAY	10	16.70
Frank BRADLEY	62	18.10
Brian DELANEY	64	18.36

Heat: 3

Ethan O'NEILL	17	12.53
Colin HICKIE	33	13.89
Isabelle RAINES	15	14.08
Spud HARRAP	15	14.12
Keith HOWDEN	72	14.60
Paul O'NEILL	52	14.60
Stephen RUSSELL	58	15.06

1200m Walk

Rob DAVEY	78	9.51
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1600m

Colin HICKIE	33	6.12
Fraser MURRAY	46	6.46
Michael MEANEY	62	7.15
Stephen RUSSELL	58	7.31
Ken CARTER	65	15.36

500m

Isabelle RAINES	15	1.32
Ken CARTER	65	4.56
Herbie HERBSTREIT	66	2.18
Bruce GIBBS	69	2.25
Fraser MURRAY	46	1.32
Jamie MURRAY	10	1.56
Michelle SPORTON	52	3.54
Rob DAVEY	78	3.00
Spud HARRAP	15	1.54
Ethan O'NEILL	17	1.29

400m

Rob LEWIS	70	2.16
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2km

Peter RAMSAY	59	7.43
Colin HICKIE	33	8.44
Herbie HERBSTREIT	66	10.56
Ken CARTER	65	20.52

COLLINGWOOD 6 MARCH 2018**2 Km.**

1	NICHOLSON David	51	10:11
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5.5 Km.

1	GERO Peter	29	31:35
2	LEDDIN Bernie	70	40:57
3	LEWIS Rob	70	41:01
4	GIBBS Bruce	69	46:31
5	WINDSOR Wes	73	50:07

8.5 Km.

1	GURTLER Markus	46	39:58
2	SCHOLES Ron	64	40:26
3	HEJTMANEK Jim	53	41:47
4	RUSSO Chris	52	44:35
5	PARDY Carmel	49	45:40
6	DUNNING Robert	60	47:06
7	ELY Fiona	48	47:15
8	IOVENITTI Carlo	59	49:29
9	BAYLEY Rod	71	51:38
10	POCOCK John	75	53:10
11	HORN Michael	65	55:51
12	BELL Gary	64	56:17
13	HERBSTREIT Herbie	65	57:05

COLLINGWOOD 13 MARCH 2018**100 Metres**

1	DELBRIDGE Adam	46	12.4
2	GERO Peter	29	13.7
3	HOWDEN Keith	72	14.0
4	O'Dwyer Gary	58	14.4
5	HORN Michael	65	14.7
6	GIBBS Bruce	69	16.9
7	HERBSTREIT Herbie	66	18.5
8	LEDDIN Bernie	70	19.2

1600 Metres

1	HEJTMANEK Jim	53	6:22
2	HALLETT Matthew	28	6:30
3	GERO Peter	29	6:42
4	RUSSO Chris	52	7:15
5	O'Dwyer Gary	58	7:34
6	DUNNING Robert	60	7:46
7	IOVENITTI Carlo	59	7:55
8	HORN Michael	65	8:15
9	TAYLER Sally	70	10:08

400 Metres

1	DELBRIDGE Adam	46	60.8
2	HOWDEN Keith	72	74.3
3	O'Dwyer Gary	58	75.3
4	DELANEY BRIAN	64	82.5
5	GIBBS Bruce	69	95.4
6	HERBSTREIT Herbie	66	100.2

2.4 Km.

1	O'Dwyer Gary	58	11:50
2	LEDDIN Bernie	70	12:14
3	HORN Michael	65	12:44
4	POCOCK John	75	12:57
5	DROSDOWSKY Wasyl	67	14:12
6	HERBSTREIT Herbie	66	15:03

4.8 Km.

1	HALLETT Matthew	28	22:13
2	HOPKINS Jim	68	22:52
3	DUNNING Robert	60	24:52
4	HALLETT Len	68	26:30

COLLINGWOOD 13 MARCH 2018 cont.

5	TAYLER Sally	70	33:14
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7.2 Km.

			Time
1	RUSSO Chris	52	34:34
2	IOVENITTI Carlo	59	36:46
3	HEJTMANEK Jim	53	36:51
4	BAYLEY Rod	71	38:21
5	BELL Gary	64	45:30

COLLINGWOOD 20 MARCH 2018**80 Metres**

			Time
1	DELBRIDGE Adam	46	10.2
2	GERO Peter	30	10.5
3	HOWDEN Keith	72	11.0
4	WINNEN Ian	56	11.3
5	HORN Michael	65	13.0
6	HERBSTREIT Herbie	66	13.9
7	LEDDIN Bernie	70	14.4
8	GIBBS Bruce	69	15.3

400 M Hcp Heats

			Clock	Net T
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Heat 1

1	HOPKINS Jim	68	1:46.0	1:23.0
2	WINNEN Ian	56	1:47.2	1:09.2
3	GIBBS Bruce	69	1:50.2	1:25.2
4	HORN Michael	65	1:50.2	1:20.2
5	HERBSTREIT Herbie	66	2:00.7	1:44.7

Heat 2

1	RUSSO Chris	52	1:43.1	1:18.1
2	BAYLEY Rod	71	1:45.5	1:41.5
3	HALLETT Matthew	28	1:46.0	1:14.0
4	GERO Peter	30	1:47.8	1:05.8
5	LEDDIN Bernie	70	1:51.6	1:31.6

Heat 3

1	HALLETT Len	68	1:39.9	1:34.9
2	DELBRIDGE Adam	46	1:48.5	1:04.5
3	DROSDOWSKY Wasyl	67	1:48.9	1:27.9
4	HOWDEN Keith	72	1:55.5	1:19.5

400 M Hcp Final

			Clock	Net T
1	HALLETT Len	68	99.9	94.9
2	BAYLEY Rod	71	102.1	98.1
3	RUSSO Chris	52	103.9	78.9
4	WINNEN Ian	56	105.3	67.3
5	HOPKINS Jim	68	106.7	83.7
6	DELBRIDGE Adam	46	109.8	65.8
7	HALLETT Matthew	28	111.6	79.6
8	GERO Peter	30	120.0	78.0

2 Km.

			Time
1	LEDDIN Bernie	70	10:12
2	HORN Michael	65	10:43
3	HERBSTREIT Herbie	66	11:43
4	HALLETT Matthew	28	11:50
5	HALLETT Len	68	11:57
6	DROSDOWSKY Wasyl	67	11:59

4 Km.

			Time
1	WINNEN Ian	56	17:58
2	RUSSO Chris	52	18:42
3	HOPKINS Jim	68	18:58
4	DUNNING Robert	60	19:35
5	BAYLEY Rod	71	23:23

COLLINGWOOD 27 MARCH 2018**100 Metres**

			Time
1	GERO Peter	30	13.6
2	HOWDEN Keith	72	14.6
3	WINNEN Ian	56	15.0
4	HORN Michael	65	15.3
5	GIBBS Bruce	69	16.9
6	LEDDIN Bernie	70	18.5
7	HERBSTREIT Herbie	66	18.9

1300 Metres

			Time
1	WINNEN Ian	56	4:52
2	GERO Peter	30	5:02
3	IOVENITTI Carlo	59	6:25
4	DUNNING Robert	60	6:26
5	ELY Fiona	48	6:29
6	HORN Michael	65	6:51

500 Metres

			Time
1	WINNEN Ian	56	99.3
2	HOWDEN Keith	72	110.4
3	LEDDIN Bernie	70	120.2
4	HERBSTREIT Herbie	66	141.4
5	GIBBS Bruce	69	144.5
6	HORN Michael	65	145.8

3 Km.

			Time
1	WINNEN Ian	56	12:53
2	ELY Fiona	48	14:35
3	HOPKINS Jim	68	14:36
4	WINDSOR Wes	73	17:00
5	HORN Michael	65	17:14
6	DROSDOWSKY Wasyl	67	18:26
7	HERBSTREIT Herbie	66	20:34

5 Km.

			Time
1	HALLETT Len	68	27:49
2	DUNNING Robert	60	28:11
3	BAN Paul	63	29:34

7 Km.

			Time
1	BAYLEY Rod	71	37:08
2	IOVENITTI Carlo	59	37:09
3	BELL Gary	64	44:09



CROYDON 6 MARCH 2018**1500 METRE WALK**

1	Alison THOMPSON	64	8.49
2	Paul MORITZ	58	11.11
3	Lyn BATCHELOR	69	12.08
4	Ron BOYNE	84	12.50
5	Colin WILLIAMS	68	13.12
6	Grant WATSON	70	13.12
7	Barrie WICKS	77	13.17
8	David BATCHELOR	81	15.51
9	Cec McKEOWN	78	15.52
10	Robert STAGG	51	15.54
11	Dennis ASPINALL	70	15.55

60 METRE SPRINT**Heat 1:**

1	Cec McKEOWN	78	10.8
2	Allan WOOD	80	11.1
3	Ros DYER	53	13.4
4	Grant WATSON	70	14.9

Heat 2:

1	Jess DUX	33	8.2
2	Robert STAGG	51	8.7
3	Dennis ASPINALL	70	9.4
4	Paul MORITZ	58	10.1
5	Shirley COPPOCK	81	13.7

3 LAPS RUN N.O.T.

			Clock
1	Robert STAGG	51	5.21
2	Colin WILLIAMS	68	5.43
3	Erika BEDYN **	55	5.57
4	Tania NEALE	39	5.58
5	Ros DYER	53	6.13
6	Cec McKEOWN	78	6.23
7	Grant WATSON	70	9.05

** Winner - Erika Bedynd

500 METRE RUN

1	Colin PAGE	64	1.33
2	Dennis ASPINALL	70	1.42
3	Colin WILLIAMS	68	2.17
4	Cec McKEOWN	78	2.23
5	Ros DYER	53	2.23
6	Allan WOOD	80	3.00
7	Grant WATSON (Walk)	70	4.50

WALK

1	Grant WATSON (1 km)	70	10.57
2	David BATCHELOR (1 km)	81	10.58
3	Lyn BATCHELOR (1 km)	69	10.59
4	Ron BOYNE (4 laps)	84	14.25
5	Barrie WICKS (5 laps)	77	18.18
6	Paul MORITZ (8 laps)	58	24.04
7	Laurie PEARSON (8 laps)	78	27.22

8 LAPS RUN

1	Colin PAGE	64	15.37
2	Erika BEDYN	55	16.07
3	Robert STAGG	51	16.20
4	Alison THOMPSON	64	17.08
5	Cec McKEOWN	78	18.55
6	Ros DYER	53	18.57
7	Tania NEALE	39	22.41

CROYDON 13 MARCH 2018**4 LAPS WALK**

1	Alison THOMPSON	64	9.17
2	Pam TINDALL	58	9.26
3	Paul MORITZ	58	11.07
4	Lyn BATCHELOR	69	13.03
5	Ron BOYNE	84	13.54
6	Colin THOMPSON	69	13.56
7	Barrie WICKS	77	14.03
8	Grant WATSON	70	14.19
9	Colin WILLIAMS	68	14.19
10	Robert STAGG	51	14.20
11	Angela EDWARDS	51	16.40
12	Cec McKEOWN	78	16.40
13	Jess DUX	33	17.03
14	Russ DICKENSON	72	17.05
15	Ron SMITH	69	18.24

80 METRE SPRINT**Heat 1:**

1	Allan WOOD	80	16.4
2	Ros DYER	53	17.2
3	Shirley COPPOCK	81	18.1
4	Grant WATSON	70	19.9
5	Cec McKEOWN	78	20.3

Heat 2:

1	Jess DUX	33	10.9
2	Robert STAGG	51	11.6
3	Dennis ASPINALL	70	13.6
4	Angela EDWARDS	51	13.9

1 MILE RUN

1	Colin PAGE	64	7.45
2	Tania NEALE	39	8.08
3	Colin WILLIAMS	68	8.23
4	Ros DYER	53	8.24
5	Angela EDWARDS	51	8.46
6	Grant WATSON	70	12.36
7	Cec McKEOWN	78	12.37

300 METRE SPRINT

1	Jess DUX	33	45.4
2	Robert STAGG	51	49.2
3	Colin PAGE	64	54.3
4	Dennis ASPINALL	70	60.2
5	Gary TURNER	64	67.0
6	Cec McKEOWN	78	85.2
7	Allan WOOD	80	86.1
8	Shirley COPPOCK	81	98.8
9	Colin WILLIAMS	68	113.7
10	Grant WATSON	70	114.1

14 LAPS MAXIMUM RUN/WALK

				Laps
1	Colin PAGE (Run)	64	25.32	14
2	Mark CHALLENGE (Run)	60	26.56	14
3	Alison THOMPSON (Run)	64	26.21	13
4	Tania NEALE (Run)	39	26.10	10¾
5	Ros DYER (Run)	53	26.15	10¾
6	Paul MORITZ (Walk)	58	26.32	9
7	Cec McKEON (Walk)	78	25.37	5
8	Grant WATSON (Walk)	70	25.38	5

Also:

	Dennis ASPINALL (Run)	70	4.00	2
	Colin WILLIAMS (Run)	68	4.29	2
	Robert STAGG (Run)	51	8.54	4
	Ron BOYNE (Run)	84	11.32	4
	Lyn BATCHELOR (Walk)	69	19.26	5
	Barrie WICKS (Walk)	77	23.27	6

CROYDON 20 MARCH 2018**JAVELIN THROW**

1	Angela EDWARDS	51	19.18
2	Jess DUX	33	17.80
3	Pam TINDALL	58	17.49
4	Allan WOOD	80	16.98

3 LAPS WALK

1	Paul MORITZ	58	8.22
2	Lyn BATCHELOR	69	9.36
3	Phyllis GOSBELL	79	9.49
4	Barrie WICKS	77	10.21
5	Grant MURFETT	50	10.51
6	Robert STAGG	51	10.52
7	Allan WOOD	80	11.31
8	Angela EDWARDS	51	11.38
9	Ron SMITH	69	13.05
10	David BATCHELOR	81	13.07

100 METRE SPRINT**Heat 1:**

1	Allan WOOD	80	22.2
2	Ron SMITH	69	24.5
3	Shirley COPPOCK	81	27.9

Heat 2:

1	Grant MURFETT	50	13.7
2	Robert STAGG	51	14.8
3	Dennis ASPINALL	70	15.6
4	Angela EDWARDS	51	17.9

1500 METRE RUN

1	Grant MURFETT	50	5.55
2	Colin PAGE	64	6.19
3	Dennis ASPINALL	70	7.05
4	Ros DYER	53	7.48
5	Angela EDWARDS	51	7.56

400 METRE RUN

1	Grant MURFETT	50	64.7
2	Robert STAGG	51	75.1
3	Ros DYER	53	109.8

1, 3 OR 5 KM RUN/WALK**1 km;**

1	Grant MURFETT (Run)	50	6.56
2	Ron BOYNE (Run)	84	9.01
3	Phyllis GOSBELL (Walk)	79	9.17
4	Barrie WICKS (Walk)	77	11.42
5	Lyn BATCHELOR (Walk)	69	11.43
6	David BATCHELOR (Walk)	81	15.45

3 km;

1	Robert STAGG (Run)	51	16.34
2	Mark CHALLEN (Run)	60	17.13
3	Geoff ARNOTT (Run)	69	22.27
4	Paul MORITZ (Walk)	58	24.22

5 km;

1	Colin PAGE (Run)	64	29.40
2	Ros DYER (Run)	53	29.43

CROYDON 27 MARCH 2018**1200 METRE WALK N.O.T.**

		Clock	Nom.
1	Paul MORITZ **	58	8.24
2	Lyn BATCHELOR	69	8.57
3	Jess DUX	33	9.29
4	Barrie WICKS	77	10.23
5	Erika BEDYN	55	11.00
6	Colin WILLIAMS	68	11.59
7	Angela EDWARDS	51	12.17

CROYDON 27 MARCH 2018 cont.

8	Cec McKEOWN	78	12.17
9	David BATCHELOR	81	13.31

** Winner - Paul Moritz

110 METRE SPRINT**Heat 1:**

1	Cec McKEOWN	78	
2	Erika BEDYN	55	No
3	Russell OAKLEY	78	
4	Allan WOOD	80	Times
5	Andrew FRASER	76	

Heat 2:

1	Jess DUX	33	14.3
2	Grant MURFETT	50	14.7
3	Malcolm DUNCAN	53	16.3
4	Angela EDWARDS	51	18.9

800 METRE RUN N.O.T.

		Clock	Nom.
1	Grant MURFETT	50	2.55
2	Jess DUX	33	3.27
3	Erika BEDYN	55	3.33
4	Malcolm DUNCAN	53	3.49
5	Colin WILLIAMS	68	3.49
6	Angela EDWARDS	51	3.49
7	Ros DYER **	53	3.56
8	Cec McKEOWN	78	4.07

** Winner - Ros Dyer

200 METRE SPRINT N.O.T.**Heat 1:**

		Clock	Nom.
1	Cec McKEOWN	78	38.5
2	Colin WILLIAMS	68	40.1
3	Erika BEDYN	55	40.5
4	Allan WOOD	80	46.1
5	Ros DYER	53	46.6
6	Lyn BATCHELOR	69	60.2

Heat 2:

1	Jess DUX **	33	26.6
2	Grant MURFETT	50	27.1
3	Malcolm DUNCAN	53	30.6
4	Angela EDWARDS	51	37.2

** Winner - Jess Dux

SHOT PUT

1	Malcolm DUNCAN	53	10.48
2	Angela EDWARDS	51	7.08
3	Allan WOOD	80	6.25

2 OR 4 KM WALK**2 km:**

1	Lyn BATCHELOR	69	17.14
2	Barrie WICKS	77	19.36

4 km:

1	Paul MORITZ	58	30.02
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2 OR 4 KM RUN**2 km:**

1	Grant MURFETT	50	9.04
2	Cec McKEOWN	78	12.10
3	Ron BOYNE	84	14.34

4 km:

1	Ros DYER	53	23.52
2	Erika BEDYN	55	20.58
	Colin WILLIAMS (3 laps)	68	10.00

DONCASTER 5 MARCH 2018**1200 Metres**

Matt Scholes	48	4.45.4	
Graham Walter	59	5.21.6	
Elizabeth Grover	54	5.28.9	
Gary Zuccala	55	5.29.2	
Jeffrey Sim	55	5.49.1	
Frank Prowse	66	7.50.3	(walk)
Clyde Riddoch	64	7.51.0	(walk)

100 Metres

Matt Scholes	48	15.10	
Graham Walter	59	15.46	
Greg Champion	63	15.50	
Janine James	70	17.51	
Emily Scholes	11	19.14	
Pauline Shaw	48	19.82	
Carolyn Aughey	75	23.28	

200 Metres

Graham Walter	59	32.56	
Jeffrey Sim	55	33.57	
Janine James	70	38.46	
Emily Scholes	11	40.42	
Matt Scholes	48	41.06	
Carolyn Aughey	75	50.10	

600 Metres (NOST)

Gary Zuccala	(-1.00)	3.09.20	(2.09.20)
Emily Scholes	(-0.15)	3.11.89	(2.56.89)
Graham Walter	(-0.15)	3.12.36	(2.57.36)
Matt Scholes	(-1.12)	3.15.42	(2.03.42)

2000 Metres

Matt Scholes	48	9.08.7	
Elizabeth Grover	54	9.48.5	
Graham Walter	59	10.53.5	
Frank Prowse	66	12.52.6	(walk)
Emily Scholes	11	14.34.1	

DONCASTER 12 MARCH 2018**Doncaster 800 handicap**

Antony Gottlieb	(-4.00)	6.48.09	(2.48.09)	DQ
Jeffrey Sim	(-3.45)	6.57.33	(3.12.33)	
Barry Dorr	(-2.30)	7.01.82	(4.31.82)	
Frank Prowse	(-1.40)	7.03.32	(5.23.32)	
(walk)				
Matt Scholes	(-4.40)	7.06.13	(2.26.13)	
David McConnell	(-4.15)	7.06.69	(2.51.69)	
Kath Gawthorn	(-3.40)	7.15.24	(3.35.24)	
Marla Trautman	(-0.45)	7.24.53	(6.39.53)	

60 Metres heat 1

Janine James	70	10.72	(venue record)
Emily Scholes	11	11.36	
Barry Dorr	79	11.90	
Carolyn Aughey	75	13.96	(venue record)

60 Metres heat 2

Luke DiBiasi	54	8.17	
Ken Bruce	66	8.86	
Greg Champion	63	9.78	
Matt Scholes	48	12.84	

100 Metres heat 1

Janine James	70	17.36	
Emily Scholes	11	18.49	
Barry Dorr	79	18.65	

DONCASTER 12 MARCH 2018 cont.**100 Metres heat 2**

Ken Bruce	66	13.84	
Matt Scholes	48	14.83	
Greg Champion	63	15.77	

400 Metres heat 1

Jeffrey Sim	55	1.17.8	
Emily Scholes	11	1.44.1	
Barry Dorr	79	1.47.5	
Carolyn Aughey	75	1.54.2	(venue record)

400 Metres heat 2

Luke DiBiasi	54	58.36	
David McConnell	65	65.63	
Matt Scholes	48	65.74	

1600 Metres

Matt Scholes	48	8.06.0	
Emily Scholes	11	11.51.2	

3200 Metres

Stephen Brennan	66	14.37.6	
Frank Prowse	66	19.25.2	(walk, venue rec)

DONCASTER 19 MARCH 2018**1000 Metres**

Matt Scholes	48	3.28.8	
Leo Yang	31	3.59.2	
Gary Zuccala	55	4.32.1	
Katrina Philip	56	4.32.8	
Graham Walter	59	4.49.4	
Frank Prowse	66	5.59.7	(walk)
Clyde Riddoch	64	6.02.6	(walk)
Marla Trautman	45	9.07.1	

100 Metres heat 1

Janine James	70	17.30	(venue record)
Barry Dorr	79	18.74	
Emily Scholes	11	18.88	
Greg Champion	63	21.30	(hurdles, venue rec)
Gloria DeZwart	81		

100 Metres heat 2

Matt Scholes	48	13.40	
Ken Bruce	66	13.48	(venue record)
David McConnell	65	13.73	
Leo Yang	31	13.85	
Graham Ford	68	15.60	
Jeffrey Sim	55	16.19	

200 Metres

Matt Scholes	48	27.84	
Ken Bruce	66	28.74	
Jeffrey Sim	55	34.04	
Janine James	70	37.84	
Emily Scholes	11	42.74	
Carolyn Aughey	75	49.20	

400 Metres

David McConnell	65	65.4	
Graham Ford	68	76.4	
Matt Scholes	48	81.9	
Jeffrey Sim	55	89.5	
Barry Dorr	79	1.39.8	
Emily Scholes	11	1.45.4	
Graham Walter	59	1.48.2	
Katrina Philip	56	1.49.1	

DONCASTER 19 MARCH 2018 cont.**3000 Metres**

Gary Zuccala -55 13.52.3

1000 Metres

Matt Scholes 48 4.20.7

Graham Walter 59 4.31.5

DONCASTER 26 MARCH 2018**120 Metres handicap (electronic times)**

Greg Champion -28 14.44

Barry Dorr -38 14.66

David McConnell -13 14.80

Matt Scholes -10 14.84

Jeffrey Sim -27 14.88

Gavin Gao -10 15.44

Leo Yang -10 15.81

60 Metres (electronic times)

Leo Yang 31 8.75

Greg Champion 63 9.52

Jeffrey Sim 55 9.78

Barry Dorr 79 11.25

Matt Scholes 48 13.71

300 Metres

Matt Scholes 48 43.5

Jeffrey Sim 55 54.5

Gary Zuccala 55 68.0

Barry Dorr 79 1.26.3

800 Metres

David McConnell 65 3.12.1

1600 Metres

Gary Zuccala 55 7.34.5

Stephen Brennan 66 7.34.5

400 Metres

Shaun Wright 48 3.53.7 (walk)

EAST BURWOOD 1 MARCH 2018**60 METRE SPRINT****Heat 1:**

1 Don McLEAN 84 10.7

2 Leo COFFEY 88 11.8

3 Horacio DIAZ 73 13.0

4 Gordon ONLEY 83 13.8

5 Grant WATSON 70 14.4

6 Fay HODGSHON 59 16.5

7 Lloyd NICHOLS 76 20.4

Heat 2:

1 Jess DUX 33 8.1

2 Paul DURRANT 56 8.5

3 Geoff WHITEHALL 69 9.0

4 David CHUNG 50 9.4

5 Louise McLEAN 53 9.8

6 Christopher WORSNOP 60 10.2

7 Tracey CARPENTER 51 10.8

8 Allan WOOD 80 11.4

1000 METRE RUN N.O.T.

1 Paul EARLE 54 3.48 3.59

2 Colin PAGE 64 4.07 3.50

3 Christopher WORSNOP 60 4.16 4.25

4 Janet HOLMES ** 64 4.24 4.24

5 Bob HENDERSON 71 4.25 4.30

6 Sam DEFANIS 69 4.30 4.40

7 Rob BAULCH 70 5.27 5.15

** Winner - Janet Holmes

1000 METRE WALK

1 Kevin CASSIDY 57 4.42

2 Christopher WORSNOP 60 6.49

3 Grant WATSON 70 7.10

4 Brian TAIT 76 7.49

5 Grant WATSON 70 8.25

6 Phyllis GOSBELL 79 8.31

7 Fay HODGSHON 59 8.45

8 Peter BATTRICK 74 10.08

9 Bob LEWIS 90 10.09

200 METRE SPRINT N.O.T.

1 Jess DUX ** 33 27.3 27.8

2 Geoff WHITEHALL 69 31.4 30.0

3 Gordon ONLEY 83 47.7 49.0

4 Horacio DIAZ 73 59.4 49.0

5 Lloyd NICHOLS 76 1.40 1.59

** Winner - Jess Dux

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEM. HEAT 4****Heat 1:**

1 Shirley COPPOCK 81 13.0 38

2 Gordon ONLEY 83 13.3 45

3 Jess DUX 33 13.7 Minus 2

4 Allan WOOD 80 13.9 27

5 Lloyd NICHOLS 76 14.1 58

6 Geoff WHITEHALL 69 14.4 9

7 Leo COFFEY 88 14.8 30

8 Christopher WORSNOP 60 15.6 16

Heat 2:

1 Grant WATSON 70 13.1 42

2 Leo WATSON 76 13.4 34

3 David CHUNG 50 13.6 14

4 Tracey CARPENTER 51 13.9 19

5 Stephen DAY 47 14.1 7

6 Paul DURRANT 56 14.4 0

7 Horacio DIAZ 73 15.0 41

8 Fay HODGSHON 59 15.7 38



"You're fired, Jack. The lab results just came back, and you tested positive for Coke."

EAST BURWOOD 1 MARCH 2018 cont.**2 KM WALK**

1	Kevin CASSIDY	57	9.58
2	Pia HUNTER	51	11.06
3	Leo WATSON	76	15.31
4	Brian TAIT	76	15.35
5	Fay HODGSHON	59	19.18
6	Bob LEWIS	90	19.44
	Grant WATSON (4 laps)	70	14.37

3 KM HANDICAP RUN

		Clock	Actual	
1	Geoff WHEELER	62	17.58	14.08
2	Stephen DAY	47	18.19	13.14
3	Michelle QUAN	48	18.25	14.10
4	Sam DEFANIS	69	18.27	14.07
5	Paul EARLE	54	18.39	12.49
6	Colin PAGE	64	18.41	12.36
7	Rob BAULCH	70	18.54	18.54
8	Christopher WORSNOP	60	20.24	15.09
9	Bob HENDERSON	71	21.42	17.12

LONG JUMP AGE GRADED**MANAGER'S PENTATHLON**

			Age %	
	Leo COFFEY	88	2.26	68.82
	Paul DURRANT	56	4.33	65.82
	Allan WOOD	80	2.69	61.63
	Louise McLEAN	53	3.24	56.45
	Toni MATTERS	50	3.33	55.62
	Tracey CARPENTER	51	3.25	55.09
	Jess DUX	33	4.03	54.83
	Jack FREDRICKSON	79	1.23	27.59

EAST BURWOOD 8 MARCH 2018**60 METRE SPRINT****Heat 1:**

1	Shirley COPPOCK	81	12.8
2	Leo COFFEY	88	13.1
3	Horacio DIAZ	73	14.2
4	Grant WATSON	70	14.7
5	Gordon ONLEY	83	15.5
6	Lloyd NICHOLS	76	20.0

Heat 2:

1	Jess DUX	33	8.1
2	Paul DURRANT	56	8.4
3	Stephen DAY	47	9.2
4	Tracey CARPENTER	51	10.1
5	Christopher WORSNOP	60	11.0
6	Allan WOOD	80	13.2

800 METRE RUN N.O.T.

		Clock	Nom.	
1	John GRAHAM	67	2.48	3.00
2	Paul EARLE **	54	2.54	2.53
3	Stephen DAY	47	2.54	3.05
4	Ros LORDING	45	3.11	3.10
5	Bob HENDERSON	71	3.13	3.22
6	Ashley RYAN	63	3.16	3.15
7	Christopher WORSNOP	60	3.18	3.25
8	Janet HOLMES	64	3.20	3.25
9	Michelle QUAN	48	4.02	3.55

** Winner - Paul Earle

800 METRE HANDICAP WALK

		Clock	Actual	
1	Kevin CASSIDY	57	7.24	3.39
2	Ros LORDING	45	7.29	4.54
3	Brian TAIT	76	7.38	6.13
4	Peter BATTRICK	74	7.38	7.28
5	Gerald BURKE	78	7.42	7.12
6	Bob LEWIS	90	7.42	7.42
7	Leo WATSON	76	7.45	5.40
8	Christopher WORSNOP	60	7.51	5.21

EAST BURWOOD 8 MARCH 2018 cont.

9	Leonie GILLIES	60	8.00	6.10
10	Grant WATSON	70	8.12	7.12

JAVELIN THROW AGE GRADED**MANAGER'S PENTATHLON**

			Age %	
	Toni MATTERS	50	24.80	46.36
	Allan WOOD	80	17.30	36.21
	Paul DURRANT	56	23.38	34.05
	Leo COFFEY	88	9.21	29.18
	Tracey CARPENTER	51	14.04	26.87
	Louise McLEAN	53	13.32	26.77
	Jess DUX	33	18.84	25.81
	Jack FREDRICKSON	79	10.74	24.93
	Ros LORDING	45	8.80	14.99

200 METRE SPRINT AGE GRADED**MANAGER'S PENTATHLON****Heat 1:**

			Age %	
1	Leo COFFEY	88	47.09	80.44
2	Shirley COPPOCK	81	47.62	77.82
3	Gordon ONLEY	83	48.55	66.88
4	Horacio DIAZ	73	57.76	46.78
5	Grant WATSON	70	63.65	40.53
6	Lloyd NICHOLS	76	104.76	27.08

Heat 2:

1	Tracey CARPENTER	51	34.19	75.26
2	Christopher WORSNOP	60	35.31	67.97
3	Ashley RYAN	63	35.67	68.60
4	Allan WOOD	80	39.62	76.73
5	Leo WATSON	76	45.99	61.69
6	Brian TAIT	76	51.44	55.15

Heat 3:

1	Jess DUX	33	26.84	79.5
2	Paul DURRANT	56	27.68	84.4
3	Stephen DAY	47	30.14	72.8
4	Toni MATTERS	50	36.13	70.5
5	Jack FREDRICKSON	79	79.27	37.7

2/4/6 KM RUN/WALK**2 km:**

1	John GRAHAM	67	7.59
2	Bob HENDERSON	71	9.02
3	Stephen DAY	47	9.04
4	Kevin CASSIDY (Walk)	57	10.01
5	Ashley RYAN	63	10.59
6	David CHUNG	50	11.20
7	Brian TAIT (Walk)	76	17.23
8	Bob LEWIS (Walk)	90	20.01

4 km:

1	Paul EARLE	54	18.09
2	Sam DEFANIS	69	19.05
3	Michelle QUAN	48	20.26
4	Leonie GILLIES	60	23.22

6 km:

1	Geoff WHEELER	62	29.15
2	Liz EASTWOOD	48	29.22
3	Christopher WORSNOP	60	31.15

110 METRE SPRINT

1	Jess DUX	33	14.8
2	Stephen DAY	47	16.7
3	Tracey CARPENTER	51	18.4
4	Shirley COPPOCK	81	24.3
5	Lloyd NICHOLS	76	47.3

EAST BURWOOD 15 MARCH 2018**60 METRE SPRINT****Heat 1:**

1	Shirley COPPOCK	81	12.5
2	Jacqi MOORE	36	12.8
3	Leo COFFEY	88	13.3
4	Horacio DIAZ	73	13.7
5	Gordon ONLEY	83	13.9
6	Grant WATSON	70	15.3
7	Lloyd NICHOLS	76	22.8

Heat 2:

1	Louise McLEAN	53	9.3
2	Toni MATTERS	50	10.1
3	Donna CLARKE	64	10.9
4	Allan WOOD	80	11.9

Heat 3:

1	Jess DUX	33	8.8
2	Geoff WHITEHALL	69	9.0
3	Glenn McLEAN	53	9.4
4	Paul DURRANT (70 mtrs)	56	10.0
5	Tracey CARPENTER	51	10.5
6	Christopher WORSNOP	60	10.7

1 MILE RUN N.O.T.

		Clock	Nom.	
1	Christopher WORSNOP	60	7.21	6.52
2	Liz EASTWOOD **	48	7.23	7.30
3	Bob ANDERS	71	7.27	7.40
4	Janet HOLMES	64	7.30	7.48

** Winner - Liz Eastwood

600 METRE WALK

1	Ros LORDING	45	3.31
2	Liz EASTWOOD	48	3.45
3	Christopher WORSNOP	60	3.47
4	Brian TAIT	76	4.40
5	Gerald BURKE	78	4.55
6	Jacqi MOORE	36	5.18
7	Bob LEWIS	90	5.45
8	Peter BATTRICK	74	6.09

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEMORIAL FINAL**

			H'cpMtrs	
1	Allan WOOD	80	12.4	27
2	Gordon ONLEY	83	13.0	44
3	Lloyd NICHOLS	76	13.7	58
4	Shirley COPPOCK	81	14.1	37
5	Jess DUX	33	15.3	Minus 2
6	Geoff WHITEHALL	69		9
7	Tracey CARPENTER	51		19
8	Stephen DAY	47		7
9	Leo WATSON	76		33

2 KM WALK

1	Leo WATSON	76	14.46
2	Brian TAIT	76	15.37
3	Bob LEWIS	90	19.39

2 KM HANDICAP RUN

		Clock	Actual	
1	Liz EASTWOOD	48	15.02	9.12
2	Geoff WHEELER	62	15.10	9.10
3	Ros LORDING	45	15.11	8.46
4	Peter THORNE	69	15.12	10.57
5	Stephen DAY	47	15.13	8.23
6	Adrian McLEAN	28	15.16	5.46
7	Sam DEFANIS	69	15.21	9.06
8	Michelle QUAN	48	15.27	9.27
9	Rob BAULCH	70	15.36	12.16
10	Paul EARLE	54	15.38	8.18
11	Bob HENDERSON	71	16.12	9.52
12	Christopher WORSNOP	60	16.34	9.44

EAST BURWOOD 15 MARCH 2018 cont.**200 METRE SPRINT****Heat 1:**

1	Donna CLARKE	64	37.5
2	Jacqi MOORE	36	46.7
3	Shirley COPPOCK	81	48.0
4	Gordon ONLEY	83	49.1
5	Horacio DIAZ	73	59.1
6	Lloyd NICHOLS	76	110.5

Heat 2:

1	Adrian McLEAN	28	25.5
2	Jess DUX	33	26.8
3	Paul DURRANT	56	28.5
4	Stephen DAY	47	30.7

SHOT PUT HANDICAP

		Best	Adjusted	
	Sonya POLLARD	51	5.51	10.51
	Tracey CARPENTER	51	6.89	10.49
	Jess DUX	33	7.52	10.32
	Toni MATTERS	50	9.71	10.26
	Louise McLEAN	53	6.76	9.96
	Donna CLARKE	64	5.54	9.89
	Paul DURRANT	56	9.07	9.87
	Leo COFFEY	88	4.15	9.75
	Jack FREDRICKSON	79	4.46	9.21

100 METRE SPRINT

1	Jess DUX	33	14.6
2	Lloyd NICHOLS	76	41.0

3 LAPS WALK

1	Bob LEWIS	90	12.40
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EAST BURWOOD 22 MARCH 2018**MANAGER'S PENTATHLON RESULTS 2018**

		Events	Points	
1	Toni MATTERS	50	5	280.48
2	Paul DURRANT	56	5	278.01
3	Allan WOOD	80	5	260.80
4	Leo COFFEY	88	5	256.26
5	Tracey CARPENTER	51	5	226.02
6	Jess DUX	33	5	217.35
7	Louise McLEAN	53	4	166.09
8	Jack FREDRICKSON	79	5	146.18
9	Brian TAIT	76	3	121.60
10	Leo WATSON	76	2	92.08
11	Donna CLARKE	64	2	76.91

60 METRE SPRINT**Heat 1:**

1	Toni MATTERS	50	9.9
2	Donna CLARKE	64	10.4
3	Leo COFFEY	88	13.9
4	Gordon ONLEY	83	14.2
5	Lloyd NICHOLS	76	19.1
6	Jack FREDRICKSON	79	20.9

Heat 2:

1	Jess DUX	33	8.3
2	Paul DURRANT	56	8.6
3	Geoff WHITEHALL	69	9.0
4	Tracey CARPENTER	51	10.3
5	Christopher WORSNOP	60	10.9

400 METRE RUN N.O.T.

		Clock	Nom.	
1	Jess DUX	33	68.1	70.0
2	Ros LORDING	45	79.0	85.0
3	Christopher WORSNOP**	60	87.1	86.0
4	Bob HENDERSON	71	94.2	98.0
5	Allan WOOD	80	119.5	122.0

** Winner - Christopher Worsnop

EAST BURWOOD 22 MARCH 2018 cont.**-800 METRE HANDICAP WALK** Clock Actual

1	Gerald BURKE	78	7.18	6.43
2	Ros LORDING	45	7.33	4.43
3	Brian TAIT	76	7.43	6.13
4	Christopher WORSNOP	60	7.46	5.11
5	Phyllis GOSBELL	79	7.48	6.33
6	Bob LEWIS	90	7.49	7.49
7	Leo WATSON	76	7.50	5.35
8	Peter BATTRICK	74	7.51	7.31
9	Leonie GILLIES	60	7.52	6.02
10	Jacqi Moore	36	7.52	7.07
11	Allan WOOD	80	8.11	7.01

300 METRE SPRINT N.O.T.**Heat 1;** Clock Nom.

1	Janet HOLMES **	64	58.9	61.0
2	Jacqi MOORE	36	77.0	72.0
3	Allan WOOD	80	80.6	71.2
4	Gordon ONLEY	83	80.8	98.0
5	Lloyd NICHOLS	76		

** Winner - Janet Holmes

Heat 2;

1	Paul DURRANT	56	45.0	46.0
2	Jess DUX	33	48.2	49.0
3	Geoff WHITEHALL **	69	48.6	48.9
4	Christopher WORSNOP	60	62.5	61.1
5	Ros LORDING	45	67.6	60.0

** Winner - Geoff Whitehall

3 KM SPIRAL HANDICAP RUN Clock Actual

1	Stephen DAY	47	18.28	12.33
2	Paul EARLE	54	18.49	12.34
3	Rob BAULCH	70	18.59	18.59
4	Sam DEFANIS	70	19.07	14.07
5	Michelle QUAN	48	19.14	14.24
6	Geoff WHEELER	62	19.15	14.15
7	Colin PAGE	64	19.17	12.47
8	Adrian McLEAN	28	19.24	8.59
9	Leonie GILLIES	60	19.59	17.49
10	Christopher WORSNOP	60	20.25	15.10
	Bob HENDERSON (2.07 km)	71		14.20

DISCUS THROW HANDICAP Best Adjusted

	Donna CLARKE	64	13.58	35.23
	Leo COFFEY	88	9.91	34.71
	Louise McLEAN	53	20.23	34.38
	Leo WATSON	76	13.33	34.23
	Toni MATTERS	50	30.83	34.13
	Brian TAIT	76	13.23	34.08
	Allan WOOD	80	13.47	33.87
	Paul DURRANT	56	27.60	33.55
	Tracey CARPENTER	51	14.24	33.04
	Jack FREDRICKSON	79	11.60	32.75
	Jacqi MOORE	36	9.81	

EAST BURWOOD 29 MARCH 2018**110 METRE SPRINT**

1	Jess DUX	33	14.5
2	Paul DURRANT	56	15.1
3	Christopher WORSNOP	60	20.1
4	Janet HOLMES	64	21.3
5	Shirley COPPOCK	82	24.2
6	Gordon ONLEY	83	26.3
7	Lloyd NICHOLS	76	44.0

60 METRE SPRINT**Heat 1:**

1	Shirley COPPOCK	82	12.6
2	Lew JENKINS	73	13.1
3	Gordon ONLEY	83	13.7
4	Horacio DIAZ	73	15.2
5	Lloyd NICHOLS	76	20.4

Heat 2:

1	Glenn McLEAN	53	9.0
2	Louise McLEAN	53	9.4
3	Paul DURRANT (72 mtrs)	56	9.9
4	Christopher WORSNOP	60	11.0

1500 METRE RUN N.O.T. Clock Nom.

1	Paul EARLE **	54	6.01	6.00
2	Liz EASTWOOD	48	6.49	7.20
3	Christopher WORSNOP	60	6.53	6.48
4	Bob HENDERSON	71	6.55	7.30
5	Michelle QUAN	48	7.19	7.40
6	Rob BAULCH	70	9.15	9.30

** Winnner - Paul Earle

1200 METRE HANDICAP WALK Clock Actual

1	Lew JENKINS	73	11.15	10.05
2	Bob LEWIS	90	11.44	11.44
3	Leo WATSON	76	11.52	8.42
4	Kevin CASSIDY	57	11.54	5.44
5	Peter BATTRICK	74	11.56	11.41
6	Gerald BURKE	78	12.15	10.35
7	Christopher WORSNOP	60	12.21	8.26
8	Liz EASTWOOD	48	12.28	7.48

3 OR 5 KM RUN/WALK**3 km:**

1	Pia HUNTER	51	12.09
2	Paul EARLE	54	12.54
3	David CHUNG	50	13.12
4	Bob HENDERSON	71	14.30
5	Michelle QUAN	48	15.10
6	Kevin CASSIDY (Walk)	57	15.34
7	Rob BAULCH	70	19.04

5 km:

1	Adrian McLEAN	28	15.26
2	Geoff WHEELER	62	24.37
3	Liz EASTWOOD	48	25.01
4	Christopher WORSNOP	60	25.23

LONG JUMP

1	Jess DUX	33	4.53
2	Paul DURRANT	56	4.40
3	Louise McLEAN	53	3.38
4	Lew JENKINS	73	2.28

150 METRE SPRINT N.O.T. Clock Nom.

1	Jess DUX	33	20.0	
2	Janet HOLMES	64	29.3	31.2
3	Leo WATSON	76	31.9	35.0
4	Shirley COPPOCK	82	33.4	35.0
5	Gordon ONLEY **	83	35.1	36.0
6	Lloyd NICHOLS	76	69.7	60.0

** Winner - Gordon Onley

FRANKSTON 1 MARCH 2018**110m**

1	Rhiannon Lester	38	15.62
2	Veronica Sheedy Inv		16.18
3	Mike Hall	79	18.38
4	Michael Lambert	61	22.18

600m Walk

1	Greg Lovejoy	75	4.43
2	Lindsay Beaton	68	5.34
2	Frances Halton	56	5.34

600m

1	Rob Taylor	49	1.50
2	Charlie Mallia	69	2.25
3	Nonie Chan	32	2.26
4	Chris Sheedy	49	2.31
4	Veronica Sheedy Inv		2.31
6	Barry Jeffs	69	2.32
7	Rhiannon Lester	38	2.33

2000m

1	Chris Sheedy	49	8.25
2	Michael Lambert	61	10.09
3	David Dodson	59	11.02
4	Claudio Riga	62	11.40
5	Gary Meyer	63	11.43

2800m Walk

1	Greg Lovejoy	75	21.08
2	Lindsay Beaton	68	26.18
3	Frances Halton	56	28.10

3200m

1	Rob Taylor	49	12.52
2	Barry Jeffs	69	16.27
3	Charlie Mallia	69	17.21
4	Nonie Chan	32	18.26
5	Caitlin O'Connell	43	19.00

FRANKSTON 8 MARCH 2018**90m**

1	Chris Sheedy	49	12.53
2	Russ Dow	58	13.56
3	Veronica Sheedy Inv		14.31
4	Tahlia Black Inv		14.59
5	Michael Lambert	61	14.81

250m

1	Mike Hall	79	35.00
2	Michael Lambert	61	35.06

800m Walk

1	Greg Lovejoy	75	5.58
2	Veronica Sheedy Inv		6.00
2	Tahlia Black Inv		6.00
4	John Hallo	75	6.07
5	Frances Halton	56	6.58
6	Lindsay Beaton	68	7.00
6	Charlie Mallia	69	7.00

800m

1	Rob Taylor	49	2.43
2	Chris Sheedy	49	2.46
3	Russ Dow	58	2.55
4	Barry Jeffs	69	3.38
5	Nonie Chan	32	3.51

FRANKSTON 8 MARCH 2018 cont.**2000m**

1	Michael Lambert	61	9.47
2	Charlie Mallia	69	9.55
3	David Dodson	59	10.12
4	Chris Sheedy	49	10.57
5	Gary Meyer	63	11.33

2800m Walk

1	Greg Lovejoy	75	21.27
2	John Hallo	75	21.49
3	Lindsay Beaton	68	26.41
4	Frances Halton	56	27.45

3600m

1	Rob Taylor	49	14.24
2	Russ Dow	58	14.48
3	Nonie Chan	32	16.45
4	Barry Jeffs	69	19.03

FRANKSTON 15 MARCH 2018**100m**

1	Rhiannon Lester	38	14.46
2	Des Walsh	63	16.03
3	Mike Hall	79	16.84
4	Nonie Chan	32	17.49

250m

1	Rhiannon Lester	38	41.14
2	Des Walsh	63	41.45
3	Mike Hall	79	50.58

800m Walk

1	John Hallo	75	5.59
2	Greg Lovejoy	75	6.00
3	John Sutton	74	6.02
4	Alan Radford	66	6.24
5	Lindsay Beaton	68	7.00

800m

1	Rob Taylor	49	2.58
2	Graham Stockdale	75	3.10
3	Barry Jeffs	69	3.23
4	Charlie Mallia	69	3.55
5	Nonie Chan	32	3.57
6	Frances Halton	56	5.08
6	Des Walsh	63	5.08

1 or 2 laps Walk in the park

				Laps
1	John Hallo	75	17.44	1
2	Lindsay Beaton	68	23.25	1
	John Sutton	74	DNF	

1 or 2 laps Run in the park

				Laps
1	Chris Sheedy	49	20.55	2
1	Rob Taylor	49	20.55	2
3	Charlie Mallia	69	22.41	2
4	Gary Meyer	63	25.08	2
1	Barry Jeffs	69	11.51	1
2	Greg Lovejoy	75	13.21	1
3	David Dodson	59	13.25	1
4	Nonie Chan	32	14.46	1
5	Alan Radford	66	17.40	1

FRANKSTON 22 MARCH 2018

80m

1	Chris Sheedy	49	11.28
2	Russ Dow	58	11.87
3	Veronica Sheedy	Inv	11.97
4	Alan Radford	66	14.89

150m

1	Veronica Sheedy	Inv	21.55
2	Mike Hall	79	24.02

600m Walk

1	John Hallo	75	4.17
2	Alan Radford	66	4.38
3	Greg Lovejoy	75	4.39
4	Lindsay Beaton	68	5.13

600m

1	Chris Sheedy	49	1.50
2	Russ Dow	58	1.55
3	Graham Stockdale	75	2.01
4	Veronica Sheedy	Inv	2.26
5	David Dodson	59	3.04
6	Caitlin O'Connell	43	3.57
7	Frances Halton	56	3.59

10 Lap Max Run and Walk

				Laps
1	Russ Dow	58	16.44	10
2	Claudio Riga	62	17.48	10
3	Gary Meyer	63	18.49	8
4	Caitlin O'Connell	43	17.13	6
4	Frances Halton	56	17.13	6
DNF	David Dodson	59	11.30	5
1	Lyn Pimm	57	18.07	6
2	Greg Lovejoy	75	18.08	6
3	Lindsay Beaton	68	19.21	5
	Peter Ellis	65	29.47	10

400 or 800m Cool down

Distance

1	Russ Dow	58	3.41	800
1	Chris Sheedy	49	3.41	800
3	Caitlin O'Connell	43	5.36	800
3	Frances Halton	56	5.36	800
3	Claudio Riga	62	5.36	800
1	Greg Lovejoy	75	1.55	400
2	Lindsay Beaton	68	3.15	400

FRANKSTON 29 MARCH 2018

90m

1	Chris Sheedy	49	12.59
2	Rhiannon Lester	38	12.96
3	Veronica Sheedy	Inv	13.42
4	Mike Hall	79	15.78

Relay Walk 400m / Run 600m / Sprint 200m

				Team time
1	Graham Stockdale	75	W	5.10
	Charlie Mallia	69	R	
	Rhiannon Lester	38	S	
2	Pramesh Prasad	43	W	5.38
	Caitlin O'Connell	43	R	
	Mike Hall	79	S	
3	John Sutton	75	W	5.52
	Nonie Chan	32	R	
	Veronica Sheedy	Inv	S	
4	John Hallo	75	W	6.31
	Gary Meyer	63	R	
	Chris Sheedy	49	S	

1600m Walk

1	Pramesh Prasad	43	7.36
2	John Hallo	75	12.52
3	Albin Hess	58	12.59
4	John Sutton	75	13.56

1600m

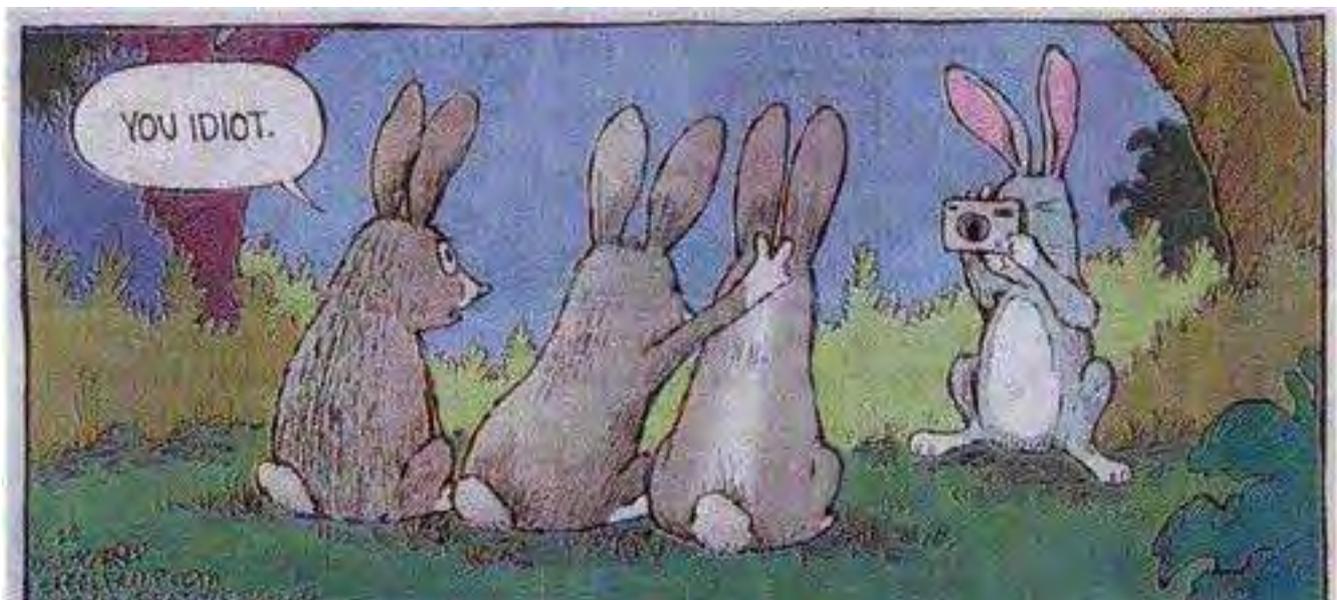
1	Chris Sheedy	49	7.36
2	David Dodson	59	8.06
3	Gary Meyer	63	9.33

3000m Walk

1	Lindsay Beaton	68	29.05
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3000m

1	Nonie Chan	32	15.15
2	Charlie Mallia	69	16.08
3	Caitlin O'Connell	43	19.29



GEELONG 7 MARCH 2018

3km Cross Country

Russell Jenkins	10:29
Daimon Mole	15:28
Kath Oliver	16:15
Frank Engelsman	16:30
Jill Coyte	17:58
Andrew Fitzpatrick	18:00

5km Cross Country

Daryl Burns	18:11
Phil Shay	19:51
Charlie El-Hage	19:51
Dave Elward	21:35
Nicholas MacDonald	23:43
Peter McDonough	23:49
Jeff Walker	23:53
Paul Stewart	24:30
Alan Jenkins	25:23
Gerry Fitzpatrick	25:56
Steve Welsh	26:48
Grant Baensch	28:51
Cate Shay	30:57
Marie Blood	34:41
Peta Hocking	35:23

GEELONG 14 MARCH 2018

300m

Daimon Mole	47.57
Peter Lamb	47.95
Nicholas MacDonald	53.65

2000m

Charlie El-Hage	07:14
Dave Elward	07:46
Yolanda Russell	09:13
Erik Bumbers	09:19
Andrew Fitzpatrick	10:09
Cate Shay	11:31
Jill Coyte	11:35
Fiona Fitzpatrick	12:12
Peta Hocking	13:28

4000m

Erica Fountain	14:30
Phil Shay	15:33
Nicholas MacDonald	17:28
Jeff Walker	18:48
Amanda Emonson	19:03
Alan Jenkins	19:19
Steve Welsh	20:57
Paul Austin	22:38

3 x 400m Relay

P Shay, S Welsh N McDonald	03:51
E Fountain, A Emonson, E Bumbers	04:11
P Lamb, Y Russell, A Jenkins	04:12
D Mole, A Fitzpatrick, P Austin	04:30

GEELONG 21 MARCH 2018

3km Cross Country

Grant Simpson	09:44
Daimon Mole	15:47
Frank Engelsman	16:59
Jill Coyte	17:41
Marie Blood	20:15

6km Cross Country

Erica Fountain	21:47
Charlie El-Hage	24:35
Dave Elward	25:20
Nicholas MacDonald	26:38
Erik Bumbers	28:59
Amanda Emonson	29:27
Paul Stewart	29:59
Jeff Walker	31:10
Paul Austin	33:08
Grant Baensch	35:23
Cate Shay	37:55

GEELONG 28 MARCH 2018

Ron Campbell 1 hour time trial

Phil Shay	14090
Mark Jeffrey	13812
Nicholas MacDonald	13690
Robbie Parsons	13670
Alan Jenkins	12000
Jeff Walker	11942
Daryl Hurst	10650
Paul Austin	10080
Marie Blood	8250

30 min time trial

Russell Jenkins	7950
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15 min time trial

Cate Shay	2450
Jill Coyte	2480

2000m

Dave Elward	07:42
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GLEN EIRA 6 MARCH 2018

EVENTS HELD ON THE GRASS

80 MTRS E/T (Points Night)

		Clock	Est	Diff
VIVIENNE CASH	66	13.19	13.15	0.04
BOB WISHART	76	11.79	12.09	0.30
JIM McLURE	72	12.58	13.05	0.47
JIM SINCLAIR	93	21.41	20.05	1.36
GLAD WISHART	73	16.54	18.00	1.46

800m H/C (Points Night)

	Clock	H/cap	H/C Time
PHIL URQUHART	73	4.12	GO
BARRY JEFFS	69	4.14.7	40
MIKE CLAPPER	65	4.15.4	87
ROWAN COLE	52	4.18.6	55
DES MIDDLETON	71	4.28.1	50

300 MTRS E/T

	Clock	Est	Diff
BOB WISHART	76	51.56	53.10
JANET HOLMES	64	61.90	65.00
JIM McLURE	72	54.06	58.30
JIM ROUNTREE	59	54.25	

SANDRA MIDDLETON WALK - 3KM H'CAP -

	Clock	H/cap	H/C Time
PAUL LYNCH	68	28.09	4.20
DES MIDDLETON	71	28.50	7.50
CONRAD HAMANN	66	28.51	6.18
DOMENICO MORINA	79	28.59	1.02
TONY DORAN	65	29.06	7.50
JIM BERRINGTON	61	29.15	10.48
KARYN O'NEILL	63	29.23	8.44
CYNTHIA ELLERY	68	29.30	4.13
SANDRA MIDDLETON	69	29.32	7.57
TERRY O'NEILL	62	30.16	10.38
PETER McGRATH	78	30.39	0.41
ROB JAMIESON	68	30.39	GO
FASTEST TIME	JIM BERRINGTON 18.27		

RAY KEMP 3KM H/CAP

	Clock	H/cap	H/C Time
JANE STURZAKER	65	14.34	3.30
KAREN MONAHAN	51	15.31	4.00
ASHLEY PAGE	77	15.32	-0.15
BARRY JEFFS	69	15.37	0.30
PHIL URQUHART	73	15.50	2.00
PETER BATTRICK	79	16.11	14.00
CHRIS BROWN	62	16.13	-1.30
ROWAN COLE	52	16.21	-2.00
MIKE CLAPPER	65	16.32	-1.00
JOHN ZELEZNIKOW	67	16.40	13.00
MARK CANT	56	16.42	-2.20
MERLE WANT	57	19.12	4.00

GLEN EIRA 13 MARCH 2018**90 MTRS E/T**

	Clock	Est	Diff
BOB WISHART	76	13.65	13.5
VIVIENNE CASH	66	15.22	14.5
GLAD WISHART	73	18.97	18.2
JIM SINCLAIR	93	24.97	19.24
EDNA GRANT	68	21.61	

600 MTRS E/T

	Clock	Est	Diff
MIKE CLAPPER	65	1.58.0	2.00
BARRY JEFFS	69	2.34.4	2.30
GRAHAM STOCKDALE	75	2.17.6	2.10

GLEN EIRA 13 MARCH 2018 cont.**400m H/C**

	Clock	H/cap	H/C Time
JIM McLURE	72	1.29.2	9.00
JANET HOLMES	64	1.29.9	GO
BOB WISHART	76	1.38.8	18.00

WALK - 1 or 2 laps E/T

	Clock	Est	Diff
STEVE STRELECKY (1 LAP)66	10.26	11.15	-0.49
EDNA GRANT	68	11.00	

all others 2 laps

TONY DORAN	65	17.03	17.03
SANDRA MIDDLETON	69	17.07	17.06
PETER BATTRICK	74	26.05	26.00
CONRAD HAMANN	66	18.26	18.15
ROB JAMIESON	68	24.14	23.59
PETER McGRATH	78	23.30	23.50
JIM BERRINGTON	61	15.52	16.15
JUDY WINES	80	24.06	27.00
DOMENICO MORENA	79	24.06	20.10
FASTEST TIME	JIM BERRINGTON 15.52		

4KM E/T (Trophy)

	Clock	Est	Diff
JOHN ZELEZNIKOW	67	39.45	39.30
JANE STURZAKER	65	24.41	25.00
ASHLEY PAGE	77	21.47	21.21
CHRIS GRAFEN	54	18.05	17.30
BARRY JEFFS	69	21.09	20.30
MIKE CLAPPER	65	21.33	20.40
KAREN MONAHAN	51	26.27	27.35

GLEN EIRA 20 MARCH 2018**110 MTRS E/T**

	Clock	Est	Diff
JIM McLURE	72	17.62	18.2
JIM ROUNTREE	59	17.61	16.9
CHRIS BROWN	62	17.60	16.5
JIM SINCLAIR	93	DNF	21.1

1200 MTRS E/T

	Clock	Est	Diff
MIKE CLAPPER	65	4.49.8	4.50
DES MIDDLETON	71	5.51.9	5.50
GRAHAM STOCKDALE	75	5.49.9	6.10

150 MTRS E/T

	Clock	Est	Diff
JIM McLURE	72	25.42	25.2
JIM ROUNTREE	59	24.43	24.0
BOB WISHART	76	22.58	21.8
JANET HOLMES	64	28.77	30.0

WALK - 2KM E/T (Trophy)

	Clock	Est	Diff
DES MIDDLETON	71	14.11	14.10
SANDRA MIDDLETON	69	14.10	14.07
MARK CANT	56	12.19	12.30
PETE BATTRICK	74	21.19	22.00
JIM BERRINGTON	61	11.57	12.40
ROB JAMIESON	68	20.11	21.00
DOMENICO MARINA	79	19.59	21.06
JUDY WINES	80	19.58	21.06
CONRAD HAMANN	66	14.44	16.00
TONY DORAN	65	15.48	14.12

3KM E/T

	Clock	Est	Diff
JOHN ZELEZNIKOW	67	29.40	29.30
ASHLEY PAGE	77	16.11	16.00
CHRIS BROWN	62	15.52	15.00
KAREN MONOHAN	51	21.02	19.35
GRAHAM STOCKDALE	75	21.02	18.00

GLEN EIRA 27 MARCH 2018**60 MTRS E/T**

		Clock	Est	Diff
CHRIS BROWN	62	9.39	9.50	0.11
JIM McLURE	72	10.33	10.20	0.13
GLAD WISHART	73	12.71	12.50	0.21
JIM ROUNTREE	59	10.15	9.60	0.55
VIVIENNE CASH	66	10.82	10.00	0.82
JUNE TREWEEK	56	11.00	10.00	1.00
JIM SINCLAIR	93	15.71	13.25	2.46

700 MTRS H/CAP (Trophy)

		Clock	H/cap	Diff
GRAHAM STOCKDALE	75	2.47.8	5	2.42.8
DES MIDDLETON	71	2.57.6	GO	2.57.6
MIKE CLAPPER	65	3.00.1	35	2.25.1
CHRIS BROWN	62	3.08.4	10	2.58.4

200/400 E/T

		Clock	Est	Diff
VIVIENNE CASH (200)	66	39.28	34.7	4.58
JIM McLURE (200)	72	39.58	31.4	8.18
ADAM BERNARD (400)	33	57.68	56.0	1.68
JANET HOLMES (400)	64	83.2	87.0	3.8
JIM ROUNTREE (400)	59	76.9	71.5	5.4

WALK - 2KM OR 3K

		Clock		
PETER McGRATH (2K)	78	19.24		
ROB JAMIESON (2K)	68	19.54		
PETE BATTRICK (2K)	74	20.19		

all others 3K

JIM BERRINGTON	61	18.40		
KARYN O'NEILL	63	21.02		
DES MIDDLETON	71	21.14		
PHIL URQUHART	73	22.06		
SANDRA MIDDLETON	69	22.07		
CONRAD HAMANN	66	22.23		
PAUL LYNCH	68	24.33		

3KM E/T

		Clock	Est	Diff
CHRIS GRAFEN	54	13.07	12.59	0.08
JO COCKWILL	65	17.25	17.00	0.25
MIKE CLAPPER	65	17.25	17.00	0.25
CHRIS BROWN	62	14.55	15.20	0.25
ASHLEY PAGE	77	16.01	16.30	0.29
JOHN ZELEZNIKOW	67	31.15	27.40	3.35

KNOX 7 MARCH 2018**800m walk - 8min**

John Graham	67	6.37
Liz Eastwood	48	6.39
Shane Grund	36	7.26
Peter LeGet	84	7.27
Paul Twining	68	7.28
Graham Leticq	63	7.37
Glenn Claiden 1st	64	8
Sarah Thorne 2nd	38	8.06
David Wear 3rd	71	8.06
Ian U'Ren	66	8.1
Bob Henderson	71	8.1
Peter Thorne	69	8.18
Jack Durrant	21	8.19
Chas McRae	85	8.57
Matt Morris	52	9.58

60m

Jack Durrant	21	7.8
Paul Durrant	56	8.32
Geoff Whitehall	69	8.91
Glenn Berry	47	9.26
Arthur Kapoulitsa	70	9.91
Tracey Carpenter	51	10.54

1000m

Shane Grund	36	2.57
Matt Morris	52	3.25
John Graham	67	3.33
Bob Henderson	71	4.12
Stephen Richards	56	4.21
Sarah Thorne	38	5.03
Danielle Grund	35	5.04
Ian U'Ren	66	6.03
David Wear	71	6.04

400m hcp

Glenn Berry	47	1.16
Geoff Whitehall	69	1.1
Paul Durrant	56	1.04
Stephen Richards	56	1.17
Jack Durrant	21	1.08
Matt Morris	52	1.25

100m

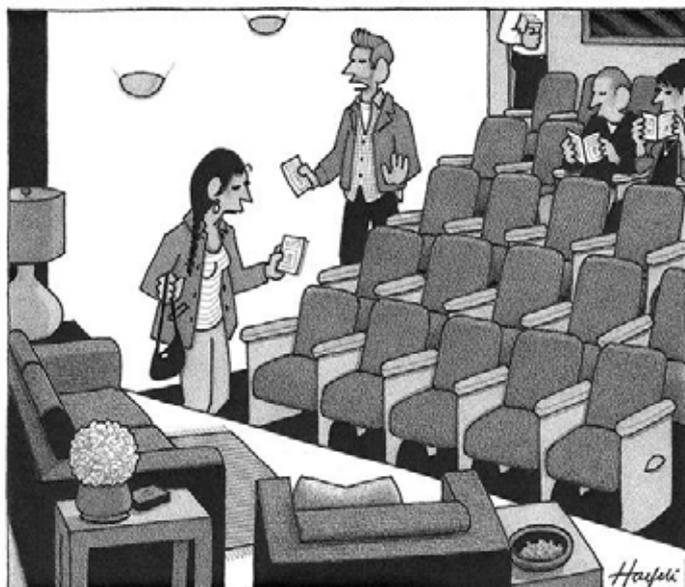
Geoff Whitehall	69	
Tracey Carpenter	51	
Arthur Kapoulitsa	70	
Paul Durrant	56	

Distance**2k**

Bob Henderson	71	9.05
Glenn Claiden	64	10.53
Glenn Berry	47	11.53
Stephen Richards 6laps	56	13.28

4k

John Graham	67	16.24
David Chung	50	18.49
Paul Twining	68	18.53
Michelle Quan	48	20.22
David Wear	71	22.24
Peter Thorne	69	22.31



"I don't want to sit so close to the stage that the actors can see my eyes glaze over."

KNOX 7 MARCH 2018 cont.**6k**

Shane Grund	36	20.47
Matt Morris	52	25.34
Ian U'ren	66	31.4
Nicola Van Reenan	45	34.18
Sarah Thorne	38	34.26

8k

Graham Leticq	63	35.46
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KNOX 14 MARCH 2018**Discus**

Paul Durrant	56	28.08
Jack Durrant	21	22.5
Bec Carpenter	18	20.58
Jason Francis	49	14.95
Tracey Carpenter	51	14.59
Andrea Putting	54	12.5
Sandy Turnbull	48	9.67

800m walk

Jack Durrant	21	4.53
Becky Allison	38	4.58
Bob Henderson	71	5.41
Sandy Turnbull	48	7.08
Andrea Putting	54	7.3
Maggie Hawkes	62	7.3
Glenn Claiden	64	7.34
Peter Thorne	69	7.36
Pauline Paine	39	7.37
Paul Twining	68	7.38
Graeme Leticq	63	7.39
Shane Grund	36	7.45
Matt Morris	52	7.45
Ian U'Ren	66	7.51
John Graham	67	7.51
Chas McRae	85	8.26

60m

Jack Durrant	21	8.24
Geoff Whitehall	69	8.83
Alyssa Carpenter	20	9.26
Beck Carpenter	18	9.26
Arthur Kapoulitsa	70	9.72
Tracey Carpenter	51	10.4
Becky Allison	38	10.72
Sandy Turnbull	48	11.53
Andrea Putting	54	12.04

400m

Paul Durrant	56	1.07
Geoff Whitehall	69	1.1
Michelle Quan	48	1.4
Sandy Turnbull	48	1.53

800m

Shane Grund	36	2.08
Matt Morris	52	2.42
Bob Henderson	71	3.15
Liz Eastwood	48	3.25
Danielle Grund	35	3.38
Sarah Thorne	38	3.42
Pauline Paine	39	3.53

KNOX 14 MARCH 2018 cont.**4 by 100m relay**

Paul Durrant	56	1.05
Tracey Carpenter	51	
Alyssa Carpenter	20	
Pauline Paine	39	
Michelle Quan	48	1.06
Arthur Kapoulitsa	70	
Bec Carpenter	18	
Geoff Whitehall	69	
Jack Durrant	21	1.17
Sarah Thorne	38	
Andrea Putting	54	
David Chung	50	

100m

Jack Durrant	21	
Geoff Whitehall	69	
Beck Carpenter	18	

3k hcp

Becky Allison	38	DNF
Shane Grund	36	9.17
Michelle Quan	48	14.29
Matt Morris	52	11.36
Paul Twining	68	12.13
Liz Eastwood	48	13.56
Graeme Leticq	63	12.13
Ian U'Ren	66	14.48
John Graham	67	12.46
Sarah Thorne	38	15.54
Peter Thorne	69	16.33

KNOX 21 MARCH 2018**Shot Put**

Paul Durrant	56	8.5
Jack Durrant	21	7.84
Mitch Laver	23	7.44
Tracey Carpenter	20	6.78
Adam Hutt	25	6.92
Alyssa Carpenter	20	6.78
Sandy Turnbull	48	5.74
Andrea Putting	54	5.08

800m walk self hcp

Bob Henderson	71	DQ
Jack Durrant	21	1st
Jock Cravana	79	2nd
David Wear	71	3rd
Sandy Turnbull	48	
Peter LeGet	84	
Peter Thorne	69	
Paul Twining	68	
Andrea Putting	54	
Glenn Claiden	64	
Sarah Thorne	38	
Shane Grund	36	
Chas McRae	84	

80m

Adam Hutt	25	9.88
Jack Durrant	21	10.92
Andrew Watts	62	11.21
Paul Durrant	56	11.63
Mitchell Laver	23	11.97
Alyssa Carpenter	20	12.29
Tracey Cappenter	51	13.59

KNOX 21 MARCH 2018 cont.

Sandy Turnbull	48	14.27
Andrea Putting	54	15.49

Slap Spiral NOT

Paul Connor	1st	55	8.02
Graeme Leticq		63	8.2
Bob Henderson	3rd	71	9.39
Stephen Richards		56	10.02
Sarah Thorne		38	10.45
Danielle Grund		35	12.16
Jock Cravana		79	13.02
Brian Mee	2nd	80	13.02
Mitchell Laver		23	14.29

200m

Jack Durrant	21	25.44
Adam Hutt	25	26.83
Andrew Watts	27.27	
Paul Durrant	56	28.87
Alyssa Carpenter	20	32.06
Tracey Carpenter	51	35.87
Sandy Turnbull	48	45.42

Distance**2k**

Paul Connor	55	7.34
Bob Henderson	71	9.32
Stephen Richards	56	9.37
David Wear	71	11.35
Brian Mee	80	11.36
Jock Cravana	79	11.53

4k

Paul Twining	68	20.02
Peter Thorne	69	22.15

6k

Shane Grund	36	21.39
Graeme Leticq	63	26.29
Sarah Thorne	38	33.31

KNOX 28 MARCH 2018**Javelin**

Alyssa Carpenter	20	24.8
Paul Durrant	56	21.5
Tracey Carpenter	51	16.78
Sandy Turnbull	48	13.08
Donna Clarke	64	13
Bec Carpenter	18	13

800m walk

Bec Allison	38	5.18
Sandy Turnbull	48	6.53
Jack Durrant	21	7.11
David Chung	50	7.12
Michelle Quan	48	7.21
Maggie Hawkes	62	7.22
Paul Twining	68	7.32
Graeme Leticq	63	7.33
Ian Uren	67	8.12
Bob Henderson	71	8.13
Brad Curtis	52	8.15
Matt Morris	52	8.15
Shane Grund	36	8.17
John Graham	67	8.17
Jock Cravana	79	8.21
Sarah Thorne	38	8.41
Pauline Paine	39	8.42

KNOX 28 MARCH 2018 cont.**100m**

Jack Durrant	21	13.38
Bec Carpenter	18	15.43
Alyssa Carpenter	20	15.75
Donna Clarke	64	17.79
Sandy Turnbull	48	17.98

600m NOT

Matt Morris	52	1.54	
Paul Durrant	1st	56	1.59
Bob Henderson	71	2.27	
Mick Carr	64	2.33	
Danielle Grund	35	2.37	
Michelle Quan	48	2.38	
Stephen Richards	2nd	56	2.38
Pauline Paine	39	2.48	
Ian U'Ren	3rd	67	2.51
Sandy Turnbull	48	3.18	
Jock Cravana	79	3.2	

Quinlouf Relay

Jack Durrant	21	
Pauline Paine	39	
Bec Allison	38	
Mick Carr	64	
Stephen Richards	56	5.47
Paul Durrant	56	
Donna Clarke	64	
Tracey Carpenter	51	
Stephen hough		
Danielle Grund	35	6
John Graham	67	
Michelle quan	48	
Sarah Thorne	38	
Alyssa Carpenter	20	
Bec Carpenter	18	6.22

Distance**4 laps**

Bob Henderson	71	7.15
Sandy Turnbull	48	9.49
Pauline Paine	39	9.51

3k

Matt Morris	52	11.19
John Graham	67	12
Brad Curtis	54	14
Mick Carr	64	14.34
Michelle Quan	48	15.31
Jock Cravana	79	17.25

5k

Shane Grund	36	17.38
David Chung	50	23.35
Liz Eastwood	48	24.29
Sarah Thorne	38	27.05

7k

Graeme Leticq	63	30.5
Paul Twining	68	31.09

MENTONE 7 MARCH 2018**500m Walk E.T.**

		Clock	Diff.
1= Fran Freeman	76	4.07	0.00
1= Bev Hugo	78	3.58	0.00
3 Ian Beaumont	81	4.34	-0.01
4 Margaret Beaumont	79	4.32	0.03
5 Gwen Steed	75	3.04	0.04
6 Trish Griffin	52	4.05	-0.05
7 Sonya McLennan	65	3.03	-0.06
8 Sylvia Machin	76	3.34	0.14

800 m E.T.

		Clock	Diff.
1 Col Waring	72	3.06.0	1.0
2 Sandra Wynne	66	3.41.8	-3.2
3 Ashley Page	77	3.40.2	-4.8
4 Ashley Birrell	73	3.14.9	4.9
5 Susan Short	44	2.49.4	-5.6
6 Martin Griffin	55	3.35.6	-9.4
7 David Short	41	2.35.3	-9.7
8 Avril Britter	59	3.49.0	-10.0
9 Stephen Bird	54	3.09.3	-11.7
10 Kuni Bowden	52	3.18.5	-32.5

100m E.T.

		Clock	Diff.
1 Sandra Wynne	66	18.42	-0.03
2 David Short	41	13.62	-0.18
3 Glad Wishart	74	19.19	-0.25
4 Susan Short	44	15.03	-0.27
5 Avril Britter	59	18.81	0.33
6 Jeffrey Yates	46	14.35	0.35
7 Vivienne Cash	66	16.12	-0.72
8 Ross Kent	75	20.87	0.87
9 Bob Wishart	76	13.88	-1.42

4 Km/ 6 Km E.T.

		Clock	Diff.
4 km			
1= Stephen Bird	54	20.50	-0.10
1= Sandra Wynne	66	22.20	-0.10
3 Martin Griffin	55	24.13	0.13
4 Avril Britter	59	23.20	0.18
5 Ashley Birrell	73	20.42	0.42
6 Kuni Bowden	52	18.27	-1.33

6 Km

1 Sonya McLennan	65	33.18	-0.15
2 John Zeleznikow	67	60.40	0.40
3 Ashley Page	77	32.50	0.50
4 Andrew Edwards	64	26.13	-3.47
5 John Kneen	75	54.50	-5.10

2000m Walk E.T.

		Clock	Diff.
1 Geoff Barrow	69	13.32	-0.03
2 Natalie King	75	18.46	0.08
3= Sylvia Machin	76	14.42	-0.13
3= Ian Beaumont	81	18.58	0.13
5 Maureen Seedsman	80	16.01	-0.19
6 Glennis McPherson	71	14.28	-0.20
7 Joan Clarke	83	19.37	-0.32
8 Bev Hugo	78	16.57	-0.33
9 Lucille Gill	77	18.58	0.38
10 Margaret Beaumont	80	18.32	0.42
11 Fran Freeman	75	17.06	-1.34
12 Trish Griffin	52	16.59	4.19

MENTONE 14 MARCH 2018**3000m Walk E.T. *Agg Event*-**

		Clock	Diff.	Pts
Murray Brown Trophy				
1 Sylvia Machin	76	22.13	-0.02	7
2 Jill Mannering	81	30.03	0.03	5
3 Bev Hugo	78	24.59	-0.09	4
4= Joan Clarke	83	30.03	0.13	3
4= Maureen Seedsman	80	24.27	-0.13	3
6 Sharon Carr	52	26.26	0.26	2

MENTONE 14 MARCH 2018 cont.

7 Ian Cassell	64	22.04	0.34	1
8 Glennis McPherson	71	21.39	-0.35	1
9 Lucille Gill	77	29.12	-0.48	1
10 Ralph Bennett	76	18.11	-0.49	1
11 Sandy Hyde-Smith	55	26.50	0.50	1
12 Trish Griffin	52	24.29	1.29	1
13 Fran Freeman	75	25.58	-3.07	1

600m Walk E.T.

		Clock	Diff.
1 Sylvia Machin	76	4.15	0.00
2= Bev Hugo	78	4.46	0.01
2= Sonya McLennan	65	3.46	-0.01
4= Pam Mews	83	5.36	0.04
4= Maureen Seedsman	80	4.36	-0.04
6 Sharon Carr	52	5.18	-0.32
7 Jill Mannering	81	5.30	-0.48
8 Sandy Hyde-Smith	55	5.08	-0.57
9 Fran Freeman	75	4.54	-1.10
10 Trish Griffin	52	4.50	-1.27

300m E.T.

		Clock	Diff.	
1 Adam Bernard	33	39.18	0.18	@
2 Susan Short	44	53.21	0.21	
3 Ron Arthur	78	56.73	-0.27	
4 Ciara Short	Inv	63.70	0.70	
5 David Short	41	43.57	-1.41	
6 Bob Wishart	75	49.54	-2.26	
7 Vivienne Cash	66	55.43	-2.87	

1500 m Self H/cap

		Clock	Actual
1 Martin Griffin	55	7.49.2	7.28.2
2 Ashley Page	77	8.04.1	7.22.1
3 Ashley Birrell	73	8.08.5	6.44.5
4 Sonya McLennan	65	8.16.7	7.41.7
5 Stephen Bird	54	8.27.8	6.31.8
DQ David Short	41		5.45.6
DQ Avril Britter	59		7.34.6
DQ Ralph Bennett	76		7.07.4
DQ Kuni Bowden	52		6.21.5
DQ Sandra Wynne	66		7.17.9
DQ Susan Short	44		6.20.9

70m E.T.

		Clock	Diff.	
1 Bob Wishart	75	9.71	-0.09	
2 Graeme Noden	80	10.86	0.11	***
3 Avril Britter	59	12.63	-0.14	
4 David Short	41	9.29	0.19	
5 Susan Short	44	10.31	0.31	
6 Vivienne Cash	66	11.25	-0.35	
7 Ross Kent	75	13.8	0.80	
8 Sandra Wynne	66	11.53	-1.27	
9 Glad Wishart	74	12.21	1.71	
10 Ciara Short	Inv	11.83	-2.17	
11 Kuni Bowden	52	17.98	3.98	

2.5 Km Self H/cap Road

		Clock	Actual
1 Sandra Wynne	66	10.15	13.38
2 Ashley Page	77	10.45	13.18
3 John Zeleznikow	67	24.08	24.08
DQ Avril Britter	59		13.44
DQ Sonya McLennan	65		13.06
DQ Andrew Edwards	64		10.21
DQ Stephen Bird	Inv		11.55
DQ Ashley Birrell	73		12.11
DQ Martin Griffin	55		14.14
DQ Kuni Bowden	52		11.03

MENTONE 21 MARCH 2018

800m Walk E.T.		Clock	Diff.	
1	Sharon Carr	53 6.49	-0.01	
2	Sylvia Machin	76 5.48	-0.02	
3	Fran Freeman	75 6.41	0.03	
4=	Bev Hugo	78 6.40	0.04	
4=	Trish Griffin	52 6.42	-0.04	
6	Ralph Bennett	76 4.32	-0.08	
7	Fran Hughes	Inv 7.21	0.21	
8	Kevin Cassidy	57 3.35	-0.25	
9	Jill Mannering	81 7.31	-0.29	
10	Pam Mews	83 7.18	-0.38	

1200 m E.T. *Agg Event*		Clock	Diff.	Pts
1	Kuni Bowden	52 4.51.8	-8.2	7
2	Martin Griffin	55 5.13.9	-11.1	5
3	Col Waring	72 4.58.6	-11.4	4
4	Sonya McLennan	65 5.41.6	-14.4	3
5	Ashley Birrell	73 4.55.5	-19.5	3
6	Avril Britter	59 5.49.4	-22.6	2
7	Ashley Page	77 5.32.2	-22.8	1
8	Sandra Wynne	66 5.43.4	-26.6	1
9	Sharon Carr	53 8.04.8	-40.2	1
10	Susan Short	44 4.35.3	-53.7	1
	Ciara Short	Inv 5.45.2		

100m H/cap *Agg Event*		Clock	Metres	Pts
1	Ross Kent	75 13.26	35	7
2	Des Walsh	63 13.39	10	5
3	Glad Wishart	73 13.43	29	4
4	Vivienne Cash	66 13.51	17	3
5	Susan Short	44 13.75	11	2
6	Sandra Wynne	66 13.90	26	1
7	Ciara Short	Inv 14.08	32	1
8	Ron Arthur	78 14.21	12	1
9	Avril Britter	59 14.59	25	1

3000m E.T. *Agg Event*		Clock	Diff.	Pts
1	James O'Brien	65 12.54	0.09	7
2	Sandra Wynne	66 16.20	0.10	5
3	Ashley Page	77 15.31	0.16	4
4	Sonya McLennan	65 15.34	-0.17	3
5	Kuni Bowden	52 13.25	-0.35	2
6	Avril Britter	59 16.28	-0.44	
7	John Kneen	75 22.49	-1.11	

1500m Walk E.T.		Clock	Diff.
1	Ian Cassell	64 10.48	0.04
2=	Gwen Steed	75 10.10	-0.05
2=	Ralph Bennett	76 9.05	-0.05
4	Bev Hugo	78 12.51	0.11
5	Glennis McPherson	71 10.32	-0.13
6	Geoff Barrow	69 9.56	-0.14
7	Kevin Cassidy	57 7.24	-0.16
8	Fran Freeman	75 12.47	-0.19
9	Sylvia Machin	76 10.54	-0.21
10	Sharon Carr	52 13.04	-0.26
11	Lucille Gill	77 14.14	-0.46
12	Joan Clarke	83 14.14	-0.56
13	Trish Griffin	52 12.35	-1.25
14	Jill Mannering	81 13.50	-2.10
15	Ian Beaumont	81 13.03	-2.11

MENTONE 28 MARCH 2018

400m Walk E.T.		Clock	Diff.
1	Margaret Beaumont	80 3.26	0.00
2	Maureen Seedsman	80 2.59	0.01
3	Bev Hugo	78 3.03	-0.06
4	Ian Beaumont	81 3.25	-0.10
5	Natalie King	76 3.35	0.15
6	Jan Morrey	78 3.02	-0.18
7	Jill Mannering	81 3.28	-0.22

600 m E.T.		Clock	Diff.
1	Sandra Wynne	66 2.45.3	0.3
2	Ciara Short	Inv 2.42.5	2.5
3	Susan Short	44 2.02.6	2.6
4	Trish Griffin	52 3.23.0	3.0
5	Avril Britter	59 2.46.8	-6.2
6	Martin Griffin	55 2.28.2	-6.8
7	Graham Stockdale	75 2.10.3	7.3

60m E.T.		Clock	Diff.
1	Avril Britter	59 11.24	0.01
2	Ross Kent	75 12.93	-0.07
3	Ron Arthur	78 9.68	-0.12
4	Sandra Wynne	66 10.78	-0.32
5	Glad Wishart	74 11.84	-0.56

2000m Walk E.T.		Clock	Diff.
Point Score Series 1			
1	Maureen Seedsman	80 16.15	0.01
2	Geoff Barrow	69 13.35	0.05
3	Glennis McPherson	71 14.12	-0.06
4=	Sylvia Machin	76 14.54	0.09
4=	Greg Hughes	59 18.41	-0.09
6	Bev Hugo	78 16.36	-0.16
7	Ian Cassell	64 14.38	0.28
8	Joan Clarke	83 19.39	-0.32
9	Natalie King	76 19.19	-1.13
10	Jill Mannering	81 18.49	-1.21
11	Trish Griffin	52 16.48	-1.34
12	Fran Freeman	75 16.51	2.01
13	Sandy Hyde-Smith	55 16.55	-6.15

5 Miles Self H/cap Road

Peter Colthup Trophy		Clock	Actual
1	Ashley Page	77 49.05	43.09 @
2	Andrew Edwards	64 50.35	36.35
3=	Martin Griffin	55 50.58	49.28
3=	Vaughn Hyde-Smith	55 50.58	49.28
5	Chris Warsnop	60 53.38	41.58
DQ	John Zeleznikow	67	81.03
DQ	Sandra Wynne	66	45.28
DQ	Luke Colthup	Inv	47.43
DQ	Kuni Bowden	52	38.01
	Avril Britter	59	1 lap short
	Lavinia Petrie	74	1 lap over

Fastest Male - Andrew Edwards 36.35**Fastest Female - Kuni Bowden 38.01**

SPRINGVALE 7 MARCH 2018**200 metres**

Mike HALL	79	35.30
Sayed KHATAB		44.00
Lindsay OXENHAM	68	44.60
Juan PEREZ	78	46.70
Mick COLGAN	67	56.20
Dominique RUELLOT	66	57.30

800 metres

Dave TALBOT	63	3.09
Troy JEFFS	39	3.24
Claudio RIGA	62	3.35
Howard REES	70	3.37
Lou BUCCIERI	62	3.38
Paul WINTERTON	63	3.43
Neil GRAY	70	4.03
Sayed KHATAB		4.26
Tracey JEFFS	41	4.52
Juan PEREZ	78	4.37

4000 metres road run

Howard REES	70	19.11
Rob CLUTTERBUCK	64	19.57
Will SELICK	46	18.55
Lindsay OXENHAM	68	20.27
Claudio RIGA	62	20.54
Lou BUCCIERI	62	20.57
Troy JEFFS	41	21.13
Bill IRVINE	69	21.17
Ian TREGEAR	67	23.38
Alison DEVINE	61	24.46
Juan PEREZ	78	26.36
Kevin ONLEY	84	28.50
Sayed KHATAB	57	29.01

4000 metres road walk

Tony DORAN	65	18.1
John ABEL	68	20.14
Frank ALLEN	73	21.28
Pam THOMAS	68	22.42
John MANNING	72	23.56
Ernie JEFFS	73	23.56
Dennis PHILLIPS	75	24.43
Natalie IRVINE	71	26.11
Jean ONLEY	84	28.54

**SPRINGVALE 14 MARCH 2018****50 metres**

Sayed KHATAN	67	8.60
Mick COLGAN	67	9.00
Juan PEREZ	78	9.50
Lindsay OXENHAM	68	10.60
Dominique RUELLOT	66	12.10

200 metres

Mike HALL	79	36.60
Lindsay OXENHAM	68	43.80
Mick COLGAN	67	45.20
Tracey HUTCHINSON	47	45.40
Juan PEREZ	78	48.90
Sayed KHATAN	67	53.60
Dominique RUELLOT	66	55.10

1000 metres

		actual	clock
Tracey HUTCHINSON	47	6.08	6.08
Lou BUCCIERI	62	4.31	6.11
Lindsay OXENHAM	68	4.32	6.15
Dave TALBOT	63	4.06	6.16
Alan BENNIE	71	4.00	6.19
Juan PEREZ	78	5.34	6.19
Bill IRVINE	69	4.31	6.21
Paul WINTERTON	63	4.55	6.22
Troy JEFFS	43	4.08	6.31
Claudio RIGA	62	4.35	6.40
Neil GRAY	70	4.55	6.45
Sayed KHATAN	67	5.18	7.54

2400 metres road walk

Peter ELLIS	65	16.29
Tony DORAN	65	17.57
Jim SMITH	77	17.57
Ian TREGEAR	67	18.08
Mick COLGAN	67	18.28
Anand THILLAISUNDARAM	42	20.20
Bill IRVINE	69	20.30
John ABEL	68	20.30
Celia JOHNSON	70	21.06
Ernie JEFFS	73	21.24
John MANNING	72	21.48
Frank ALLEN	73	23.02
Pam THOMAS	68	21.48
Eric NEGROS	54	27.21
Peter BATTRICK	74	27.48

3100 metres road run

Claudio RIGA	62	15.20
Alan BENNIE	71	15.34
Lindsay OXENHAM	68	15.31
Troy JEFFS	43	17.30
Lou BUCCIERI	62	17.30
Sayed KHATAN	67	21.01
Kevin ONLEY 2km	84	13.47
Dominique RUELLOT 2.4km	66	16.32
Tracey HUTCHINSON 2.4km	47	18.27

SPRINGVALE 21 MARCH 2018**100 metres**

Troy JEFFS	43	16.30
Mike HALL	79	16.60
Mick COLGAN	67	18.30
Juan PEREZ	78	18.80
Lindsay OXENHAM	68	19.50
Tracey HUTCHINSON	47	19.90
Dominique RUELLOT	66	24.50

400 metres

Paul WINTERTON	63	1.36
Lindsay OXENHAM	68	1.40
Dominique RUELLOT	66	2.17
Kevin ONLEY	84	2.20
Ernie JEFFS	73	2.22

700 metres

Dave TALBOT	63	2.42
Troy JEFFS	43	2.43
Neil GRAY	70	3.07
Lindsay OXENHAM	68	3.24
Claudio RIGA	62	3.36
Juan PEREZ	78	3.54
Tracey HUTCHINSON	47	4.03

2000 metres walk

Mick COLGAN	67	14.18
Tony DORAN	65	15.36
John ABEL	68	16.26
Jim SMITH	77	16.26
Tony JOHNSON	77	18.09
Pam THOMAS	68	20.33
Howard REES	70	21.36
Ernie JEFFS	73	21.36
Peter BATTRICK	74	22.47

4000 metres walk

Peter ELLIS	67	28.40
Frank ALLEN	73	33.17

2000 metres run

Kevin ONLEY	84	14.32
John MANNING	72	14.51
Tracey HUTCHINSON	47	14.40

4000 metres run

Alan BENNIE	71	18.53
Troy JEFFS	43	21.38
Ian TREGGAR	67	23.34
Juan PEREZ	78	23.58
Alison DEVINE	61	24.25
Peter FIELD	60	24.59
Dominique RUELLOT	66	27.48
Celia JOHNSON	70	28.00

6000 metres run

Claudio RIGA	62	29.57
Lindsay OXENHAM	68	31.11

SPRINGVALE 28 MARCH 2018**120 metres**

Troy JEFFS	43	19.00
Mike HALL	79	19.50
Mick COLGAN	67	21.90
Sayed KHATAN	67	22.20
Juan PEREZ	78	23.80
Tracey HUTCHINSON	47	24.00
Lindsay OXENHAM	68	25.50
Dominique RUELLOT	66	28.70
Jim SINCLAIR	93	28.80

800 metres hcp

		actual	clock
Sayed KHATAN	67	3.51.7	4.26.7
Tracey HUTCHINSON	47	4.39.1	4.54.1
Bill IRVINE	69	3.19.7	4.57.7
Troy JEFFS	43	3.12.3	4.58.3
Lou BUCCIERI	62	3.30.7	5.00.7
Juan PEREZ	78	4.11.0	5.01.0
Paul WINTERTON	63	3.49.4	5.04.4
Alan BENNIE	71	3.07.0	5.07.0
Neil GRAY	70	3.30.1	5.10.1
Ernie JEFFS	73	5.08.7	5.12.7
Lindsay OXENHAM	68	3.36.0	5.16.0

7 lap spiral walk

Peter ELLIS	67	20.43
Dominique RUELLOT	66	20.44
Tony DORAN	65	21.27
Jim SMITH	77	21.28
John ABEL	68	24.14
Bill IRVINE	69	24.51
Frank ALLEN	73	24.51
Dennis PHILLIPS	75	24.51
John MANNING	72	24.54
Tracey HUTCHINSON	47	24.54
Troy JEFFS	43	25.38
Pam THOMAS	68	29.54
Howard REES	70	29.54
Ernie JEFFS	73	30.56
Eric NEGROS	55	32.04
Peter BATTRICK	74	32.12

12 spiral run

Alan BENNIE	71	26.17
Lindsay OXENHAM	68	26.25
Will SELICK	46	28.49
Lou BUCCIERI	62	28.57
Peter FIELD	60	30.42
Alison DEVINE	61	31.16
Juan PEREZ	78	31.34
Sayed KHATAN	67	34.48
Ian TREGGAR	67	29.17

MAY PROGRAMS 2018

TUES MAY 1	COLLINGWOOD					
	CROYDON	2 LAPS NOST	90M	4 X 44M RELAY	180M	2,3,4,5K R/W
	GLEN EIRA	70M ET	700M ET	400M HCP	3K HCP WALK	3K HCP
WEDS MAY 2	ABERFELDIE	80M	1200M	60 SEC NOD	4K AG	
	GEELONG					
	MENTONE					
	KNOX					
	SPRINGVALE	60/120M	1000M HCP	2000M WALK HCP	3200/5200M	
THURS MAY 3	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	100M	800M	150M	2/3K 1600W 2800W
MON MAY 7	DONCASTER					
	CASEY					
TUES MAY 8	COLLINGWOOD					
	CROYDON	800M WALK	18.8 SEC	400M HCP	150M	1/3/5K R/W
	GLEN EIRA	60M ET	1000M HCP	400M HCP	3/5K WALK HCP	4K HCP
WEDS MAY 9	ABERFELDIE	100M AG	1500M	200M	3/5K	
	GEELONG					
	MENTONE					
	KNOX					
	SPRINGVALE	100M	700/1500M	1600M WALK	2200/4200M	
THURS MAY 10	COBURG					
	EAST BURWOOD					
	FRANKSTON	600M WALK	200M AG	600M	80M	6/8 LAP SPIRAL R/W
MON MAY 14	DONCASTER					
	CASEY					
TUES MAY 15	COLLINGWOOD					
	CROYDON	3 LAP WALK NOST	60M	900M	4 X 200M	8 LAP SPIRAL HCP
	GLEN EIRA	70M	600M HCP	400M HCP	WALK RELAY 2X1500M	3K
WEDS MAY 16	ABERFELDIE	100M	1000 AG	400M	5K HCP	
	GEELONG					
	MENTONE					
	KNOX					
	SPRINGVALE	70/150M	1200M HCP	2000M WALK HCP		
THURS MAY 17	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	110M	800M	250M	2400M ET 4K 2K W ET
MON MAY 21	DONCASTER					
	CASEY					
TUES MAY 22	COLLINGWOOD					
	CROYDON	1 MILE WALK	50M	400M HCP	38 SECS	4/6/8/10/12 LAPS
	GLEN EIRA	60M ET	1200M HCP	400M HCP FINAL	2K TROPHY	3K ET TROPHY
WEDS MAY 23	ABERFELDIE	110M	800M	400M AG	3K NOT	
	GEELONG					
	MENTONE					
	KNOX					
	SPRINGVALE	100M	3 X 400M RELAY	1600M WALK	2000/4000M	
THURS MAY 24	COBURG					
	EAST BURWOOD					
	FRANKSTON	800M WALK	90M	800M	150M	8 LAP MAX RUN/WALK
MON MAY 28	DONCASTER					
	CASEY					
TUES MAY 29	COLLINGWOOD					
	CROYDON	800M NOM	17.4 SECS	800M RUN/WALK X 2	150M	13 LAPS MAX R/W NOT
	GLEN EIRA	100M HCP	500M ET	150M ET	3/6K WALK ET	4K
	ABERFELDIE	100M	1200M	200M	4K AG	
WEDS MAY 30	GEELONG					
	MENTONE					
	KNOX					
	SPRINGVALE	70/120M	1400M HCP	1800M WALK HCP	3000/5000M	
	COBURG					
THURS MAY 31	EAST BURWOOD					
	FRANKSTON	600M WALK	100M	1000M	200M	2K R/W 3600M R/W