

## RESULTS - 2018 VMA 3000m CHAMPIONSHIPS

### Held at Bricker Reserve, Moorabbin on 15/4/18

A chilly, wet and windy Sunday morning for the 3000m races with 27 starters turning up. An excellent new track at Bricker reserve surprised most of the runners. Some good performances with Rob Schwerkolt motoring around in 9.45 and Kym Osmand being fastest amongst the Women with 11.27. We apologise for missing the times of some runners in the slower heat. Most of us were happy to head off to the warmer rooms of Duncan McKinnon Reserve for lunch and stayed for the AGM.

## MEN

### M40

1.	Pramesh Prasad	43	Frankston	11.26
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### M50

1.	Rob Schwerkolt	52	East Burwood	9.45
2.	Luke Goodman	50	Glen Eira	10.32
3.	David Mellings	50	Mentone	10.57
4.	Paul Earle	54	Eastern Masters	12.29
5.	David Chung	50	Knox	13.19

### M55

1.	David Dodson	59	Frankston	No time
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### M60

1.	Mark Purvis	60	Collingwood	10.34
2.	Andrew Edwards	64	Glen Eira	12.35
3.	Joseph Campisi	61	Glen Eira	13.02

### M65

1.	Ewen Wilson	65	Glen Eira	11.40
2.	Greg Moore	66	Aberfeldie	12.50
3.	Mike Clapper	66	Glen Eira	No time
4.	Peter Thorne	69	Knox	No time

### M70

1.	Ashley Birrell	73	Mentone	13.28
2.	Tony Guttman	73	None	13.42
3.	Sam De Fanis	70	East Burwood	13.42

### M75

1.	Ashley Page	77	Mentone	No time
2.	Robert Davey	78	Coburg	21.31

### M85

1.	Colin Silcock Delaney	85	Doncaster	24.15
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## WOMEN

### W35

1.	Kym Osmand	35	Eastern Masters	11.27
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W50

1. Susanne Wilson 51 Knox 11.54

W55

1. Janet Robinson 58 None 13.20

W60

1. Maggie Hawkes 62 Knox 21.57

W65

1. Heather Carr 68 Glen Eira No time

2. Jo Cockwill 65 Glen Eira 17.53

W80

1. Pam Mews 83 Mentone 30.15