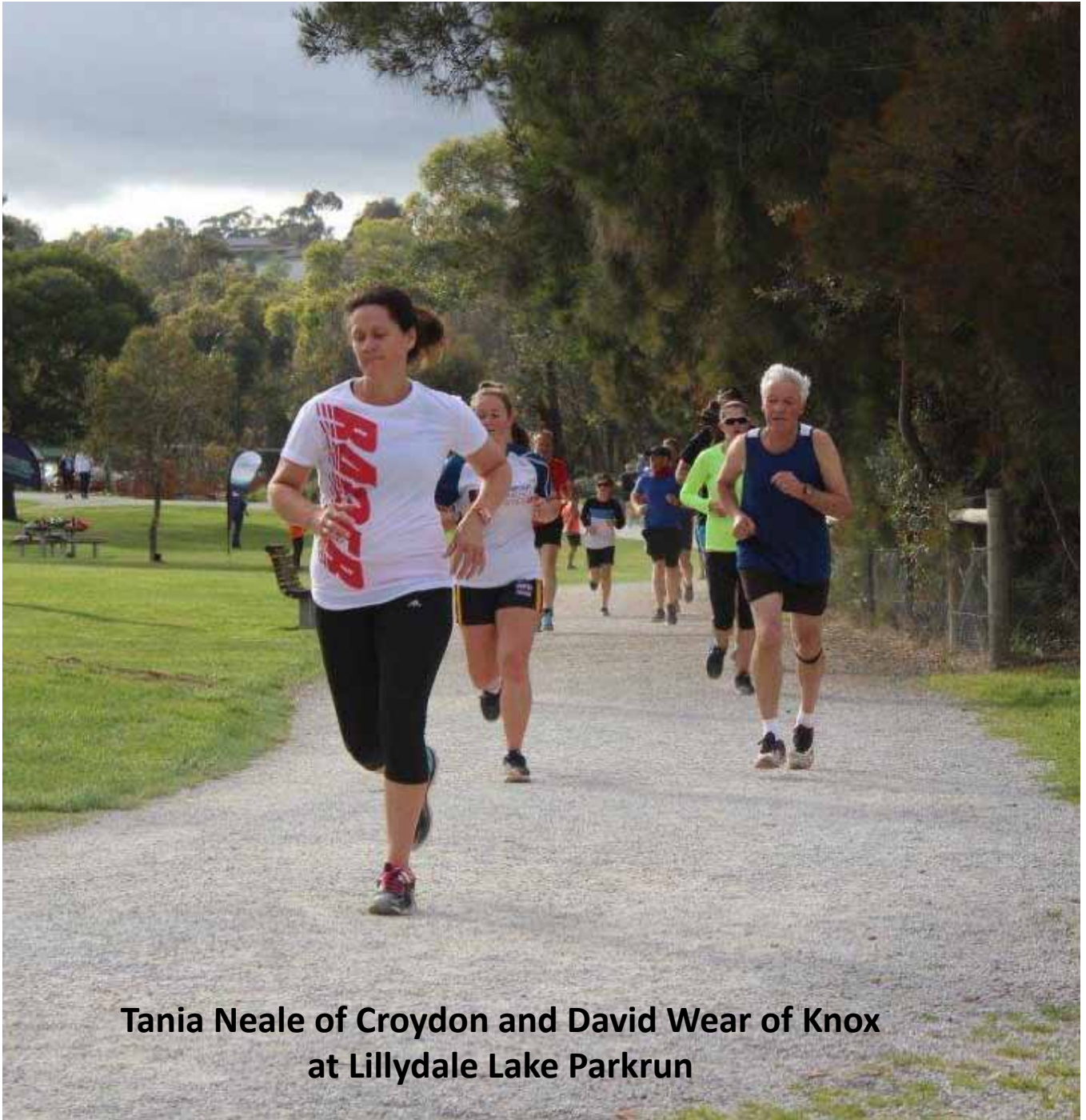


AROUND THE GROUNDS

VENUE RESULTS FOR SEPTEMBER 2018, PROGRAM FOR NOVEMBER 2018



**Tania Neale of Croydon and David Wear of Knox
at Lillydale Lake Parkrun**

**ABERFELDIE, CASEY, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK**

ABERFELDIE 5 SEPTEMBER 2018**100 m Track Run**

John Papworth	50	14.67
Levi Draper	Inv	20.5
David Jones	67	22.34
Anthony Bradford	79	23.25
Michael Orelli	74	31.03

1000 m Track Run Age Graded

			Age %
John Papworth	50	03:57.0	63.8415
David Jones	67	04:46.0	60.9774
Levi Draper	Inv	04:42.0	60.9063
Doug Stokes	66	04:48.0	59.9848
Michael Ennis	65	04:47.0	59.6255
Anthony Bradford	79	06:31.0	52.8184
Michael Orelli	74	06:43.0	47.3977
Margaret Armstrong	56	05:46.0	46.0073
Andrea Draper	41	05:31.0	42.1038

3/5k Track Run

John Papworth	50	12:40.0	3k
Michael Ennis	65	16:03.0	3k
Alfred Lendvai	64	16:11.0	3k
Andrea Draper	41	17:18.0	3k
John Dean	73	37:54.0	5k
Doug Stokes	66	31:37.0	5k
Trevor Hawsworth	71	29:01.0	5k

ABERFELDIE 12 SEPTEMBER 2018**100 m Track Run**

Gavin White	44	13.44
John Papworth	50	15.37
Ruby Beveridge	Inv	17.78
Margaret Armstrong	56	19.75
Anthony Bradford	79	22.16
Bella White	Inv	24.38
Alex White	Inv	29.62
Michael Orelli	74	32.72

800 m Track Run

Heath Beveridge	Inv	02:37.0
John Papworth	50	02:37.0
Michael Ennis	65	03:37.0
Gavin White	44	03:43.0
Andrea Draper	41	03:59.0
Michael Orelli	74	04:49.0

400 m Track Run Age Graded

			Age %
Gavin White	44	01:10.7	77.4535
John Papworth	50	01:19.3	62.4744
Margaret Armstrong	56	01:42.3	50.3493

4/6k Track Run

Andrea Draper	41	18:52.0	3.2k
Brian O'Dea	64	19:46.0	4k
Michael Ennis	65	21:01.0	4k
David Jones	67	21:17.0	4k
John Dean	73	27:15.0	4k
Ruby Beveridge	Inv	33:52.0	4k
Cheryl Beveridge	53	27:15.0	4k
Heath Beveridge	Inv	22:38.0	4k (Walk)
Doug Stokes	66	23:30.0	6k

ABERFELDIE 19 SEPTEMBER 2018**90 m Track Run**

Gavin White	44	12
John Papworth	50	12.68
Levi Draper	Inv	17.38
David Jones	67	18.22
Margaret Armstrong	56	18.88
Bella White	Inv	21.78
Anthony Bradford	79	24.38
Alex White	Inv	26.69

1200 m Track Run

Pat Scutella	41	04:34.0
John Papworth	50	04:53.0
Levi Draper	Inv	05:22.0
David Jones	67	05:23.0
Gavin White	44	05:35.0
Michael Ennis	65	05:39.0
PETER Black	63	05:50.0
Michael Orelli	74	07:23.0

200 m Track Run

Bella White	Inv	01:18.7
Gavin White	44	26.19
John Papworth	50	29.43
David Jones	67	41.47
Anthony Bradford	79	53.44

4000 m Track Run Age Graded

			Age %
Brian O'Dea	64	09:32.0	
John Papworth	50	17:30.0	65.1108
Michael Ennis	65	21:18.0	60.8398
Alfred Lendvai	64	22:10.0	57.9338
John Dean	73	25:28.0	55.6622
Doug Stokes	66	25:28.0	51.3597
PETER Black	63	25:28.0	49.9695
Cheryl Beveridge	53	25:28.0	45.8483
Margaret Armstrong	56	26:20.0	45.4686

ABERFELDIE 26 SEPTEMBER 2018**100 m Track Run**

Graham Eadie	67	16.34
Joe Dilworth	67	16.44
Levi Draper	Inv	18.15
Ruby Beveridge	Inv	19.25
Margaret Armstrong	56	20.25
Bill Ristevski	38	22.97
Anthony Bradford	79	26.66

1609 m Track Run

Michael Orelli	74	10:15.0
Levi Draper	Inv	07:46.0
Michael Ennis	65	07:57.0
Heath Beveridge	Inv	08:51.0
Andrea Draper	41	08:52.0
Stephen Barker	75	09:09.0

300 m Track Run

Joe Dilworth	67	59.34	
Stephen Barker	75	01:46.4	Walk
Levi Draper	Inv	01:16.6	
Graham Eadie	67	01:00.9	

ABERFELDIE 26 SEPTEMBER 2018 cont.**2/4k Track Run**

Brian O'Dea	64	10:09.0	2k
Ruby Beveridge	Inv	11:33.0	2k
Graham Eadie	67	11:21.0	2k
Cheryl Beveridge	53	11:41.0	2k
John Dean	73	13:38.0	2k
Michael Orelli	74	13:38.0	2k
Andrea Draper	41	13:38.0	2k
Doug Stokes	66	24:39.0	4k
Trevor Hawksworth	71	23:42.0	4k
Margaret Armstrong	56	28:14.0	4k
Alfred Lendvai	64	21:28.0	4k
Stephen Barker	75	24:39.0	4k
Shane Draper	45	16:03.0	4k
Bill Ristevski	38	16:03.0	4k(Walk)

CASEY 3 SEPTEMBER 2018**1500m Run/Walk**

Paul Olsson	61	4.53	800m
Pramesh Prasad	44	6.58	walk
Rob Clutterbuck	65	7.13	
Albin Hess	58	8.30	walk
Hsien Chiam	47	8.38	
Summer	inv	8.40	
Gary Meyer	63	9.08	
Marnie Grace	43	12.39	walk

4000m Run/Walk

Frances Halton	56	13.46	1800m
Albin Hess	58	15.16	2k walk
Rob Clutterbuck	65	20.05	
Pramesh Prasad	44	20.12	walk
Hsien Chiam	47	21.17	2.4 walk
Summer	inv	22.22	
Gary Meyer	63	24.38	
Marnie Grace	43	25.39	3k walk

CASEY 10 SEPTEMBER 2018**80M**

Rhiannon Lester	38	11.26	
Paul Olsson	61	15.99	
Lindsay Beaton	68	17.77	

1200m Run/Walk

Paul Olsson	61	4.46	800
Gary Meyer	63	6.53	
Albin Hess	58	9.16	walk
Rhiannon Lester	38	9.22	walk
Arlene D'Monte	60	10.11	walk
Marnie Grace	43	10.11	walk
Lindsay Beaton	68	11.04	walk

150M

Rhiannon Lester	38	21.04	
Mike Hall	79	24.65	
Paul Olsson	61	26.94	

10 Lap Spiral

Gary Meyer	63	12.34	5 Laps
Frances Halton	56	14.28	5 Laps
Marnie Grace	43	17.57	5 walk
Arlene D'Monte	60	19.09	5 walk
Albin Hess	58	23.38	7 walk
Lindsay Beaton	68	37.56	

CASEY 17 SEPTEMBER 2018**60M**

Rhiannon Lester	38	8.36	
Brett Newman	42	9.21	
Magda Maniak	36	9.64	
Paul Olsson	61	10.31	
Arlene D'Monte	60	11.80	
Lindsay Beaton	68	12.61	
Ashley	inv	13.16	

1600M Run/Walk

Paul Olsson	61	4.47	2 laps
Pramesh Prasad	44	7.34	walk
Rob Clutterbuck	65	8.09	
Summer	27	9.13	
Gary Meyer	63	9.35	
Albin Hess	58	11.38	walk
Marnie Grace	43	13.03	walk
Arlene D'Monte	60	13.33	walk
Lindsay Beaton	68	14.46	walk

200M

Rhiannon Lester	38	29.51	
Paul Olsson	61	34.48	
Magda Maniak	36	34.72	
Mike Hall	79	35.90	
Brett Newman	42	67.87	

3000M Run/Walk

Pramesh Prasad	44	12.27	
Rob Clutterbuck	65	15.21	
Gary Meyer	63	17.47	
Summer	27	18.06	
Frances Halton	56	19.59	
Hsien Chiam	47	21.59	2.4 walk
Albin Hess	58	23.02	walk
John Hallo	76	24.15	walk
Marnie Grace	43	24.57	walk
Magda Maniak	36	25.13	walk
Lindsay Beaton	68	27.52	walk

CASEY 24 SEPTEMBER 2018**80M**

Magda Maniak	36	13.22	
Paul Olsson	61	13.42	
Arlene D'Monte	60	19.36	
Lindsay Beaton	68	19.61	

1000M Run/Walk

Paul Olsson	61	3.15	600m
Rob Clutterbuck	65	4.48	
Summer	inv	5.31	
Gary Meyer	63	5.52	
Peter Ellis	67	7.27	walk
Arlene D'Monte	60	8.26	walk
Lindsay Beaton	68	9.31	walk

120M

Paul Olsson	61	19.88	
Magda Maniak	36	20.54	
Mike Hall	79	20.89	

4000m Run/Walk

Paul Olsson	61	10.21	1200 walk
Rob Clutterbuck	65	20.09	
Gary Meyer	63	23.58	
Summer	inv	25.01	
Peter Ellis	67	29.17	walk
Magda Maniak	36	33.36	walk
Lindsay Beaton	68	36.10	walk

COBURG 6 SEPTEMBER 2018**90m**

Spud HARRAP	16	12.78
Isabelle RAINES	15	13.17
Bruce GIBBS	69	19.48
Rob LEWIS	71	20.64
Michelle SPORTON	52	22.39
Rob DAVEY	78	32.78

1200m

Maria BARBETTI	53	6.25
Fiona ELY	48	6.25

400m Managers' Challenge

Heat: 1			Target
Rob LEWIS	71	1.37.8*	1.39.0
Bruce GIBBS	69	1.42.6	x
Donna ELMS (W)	57	2.04.1*	2.05.0
Michelle SPORTON	52	2.55.5	x

Heat: 2			
Paul O'NEILL	53	1.04.4	x
Spud HARRAP	16	1.11.3	
Isabelle RAINES	15	1.11.6	x
Frank BRADLEY	62	1.37.7	1.30.0

*Achieved time set by the manager.

2km

Rob DAVEY	78	17.28
Ken CARTER	65	28.42

COBURG 13 SEPTEMBER 2018**100m**

Isabelle RAINES	15	14.06
Bruce GIBBS	69	18.38
Michelle SPORTON	52	23.35
Rob LEWIS	71	36.78

1000m

Fiona ELY	48	4.38
Rob DAVEY (W)	78	8.42
Frank BRADLEY (W)	62	8.52
Paul O'NEILL (W)	53	8.53

1500m

Maria BARBETTI	53	7.26
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300m

Isabelle RAINES	15	48.06
Stephen RUSSELL	59	53.63
Bruce GIBBS	69	1.02.9
Rob LEWIS	71	1.06.8
Rob DAVEY	78	1.39.3
Michelle SPORTON	52	1.59.6

800m

Rob LEWIS	71	3.59
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2km

Ken CARTER	65	25.38
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4km Managers' Challenge			Target
Fiona ELY	48	18.59*	19.29
Maria BARBETTI	53	22.29	x
Frank BRADLEY	62	24.30*	24.32
Donna ELMS (W)	57	25.48	x

*Achieved time set by the manager.

COBURG 20 SEPTEMBER 2018**80m**

Colin HICKIE	34	11.72
Ian WINNEN	56	11.82
Matthew HALLETT	29	12.06
Paul O'NEILL	53	12.70
Rob LEWIS	71	15.54
Herbie HERBSTREIT	66	16.11
Michelle SPORTON	52	18.95

1600m

Ian WINNEN	56	5.48
Carl KENNEDY	52	5.57
Matthew HALLETT	29	6.27
Colin HICKIE	34	7.01
Fiona ELY	48	7.26
Maria BARBETTI	53	8.00
Len HALLETT	69	8.14
Gary O'DWYER	59	8.21
Rob LEWIS	71	8.57

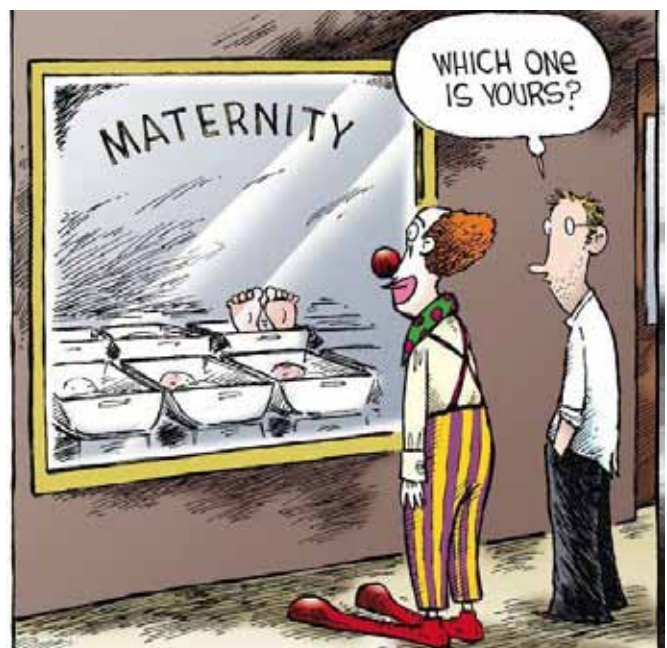
400m Managers' Challenge

			Target
Colin HICKIE	34	1.14	x
Carl KENNEDY	52	1.17	x
Gary O'DWYER	59	1.24	x
Donna ELMS (W)	57	2.04*	2.05
Rob DAVEY	78	2.18	x

*Achieved time set by the manager.

15 Minute Time Trial

		Dist.
Kerry SUTER	40	4350m
Carl KENNEDY	52	4200m
Ian WINNEN	56	3670m
Matthew HALLETT	29	3430m
Gary O'DWYER	59	3000m
Len HALLETT	69	2870m
Maria BARBETTI	53	2860m
Colin HICKIE	34	2860m
Herbie HERBSTREIT	66	2400m
Fiona ELY	48	2195m
Rob DAVEY	78	1700m
Cathy ANGELOVSKI	48	1700m
Ken CARTER	65	950m



COBURG 27 SEPTEMBER 2018

100m

Heat: 1

Keith HOWDEN	73	15.45
Rob LEWIS	71	18.67
Michelle SPORTON	52	23.33

Heat: 2

Ethan O'NEILL	17	12.27
Colin HICKIE	34	13.95
Spud HARRAP	16	14.19
Isabelle RAINES	15	14.22

1000m

Colin HICKIE	34	3.48.6
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200m

Ethan O'NEILL	17	26.25
Spud HARRAP	16	29.72
Keith HOWDEN	73	30.03
Isabelle RAINES	15	30.30
Rob LEWIS	71	40.40
Rob DAVEY	78	53.34
Michelle SPORTON	52	56.07

2km

Rob DAVEY	78	14.34
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2.4km

Ken CARTER	65	29.35
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4km Managers' Challenge

			Target
Colin HICKIE	34	18.12	x
Tracy COLBERT	49	21.41	x
Donna ELMS (W)	57	26.06	x

CROYDON 4 SEPTEMBER 2018 cont.

1/2 MILE HANDICAP

DOUG ORR MEMORIAL HEAT 2

1	Angela EDWARDS	52	4.40
2	Tony DELL	55	4.44
3	Erika BEDYN	56	4.46
4	Robert STAGG	51	4.47
5	Ros DYER	54	4.50
6	Grant MURFETT	51	4.58
7	Jess DUX	34	4.59
8	Andrew EGGINTON	56	5.00

400 METRE RUN

1	Grant MURFETT	51	1.07
2	Jess DUX	34	1.17
3	Robert STAGG	51	1.29
4	Erika BEDYN	56	1.39
5	Tony DELL	55	1.45
6	Ros DYER	54	1.57
7	Grant WATSON	70	3.18

DISTANCE

Lyn BATCHELOR	(1km Walk)	69	7.41
Robert STAGG	(4½ Lps. Run)	51	8.57
Jess DUX	(4 Lps. Run)	34	9.30
Kevin McLAUCLAN	(3Lps W)	74	12.55
Erika BEDYN	(5 Lps Run)	56	13.56
Ron BOYNE	(3 km Run)	84	24.57
Ros DYER	(5 km Run)	54	32.35

3 LAPS WALK

1	Grant MURFETT	51	7.55
2	Julie CHALLEN	60	8.34
3	Lyn BATCHELOR	69	9.45
4	Ron BOYNE	84	9.59
5	Grant WATSON	70	12.18
6	Colin WILLIAMS	69	12.19
7	Kevin McLAUCLAN	74	12.20
8	David BATCHELOR	81	12.45
9	Ron SMITH	69	13.21
10	Robert STAGG	51	13.26
11	Angela EDWARDS	52	13.35

CROYDON 4 SEPTEMBER 2018

1500 METRE HANDICAP WALK

		Clock	Actual	
1	Grant MURFETT	51	14.35	9.08
2	Lyn BATCHELOR	69	14.48	11.38
3	Ron BOYNE	84	15.10	12.25
4	Jess DUX	34	15.23	11.23
5	Paul MORITZ	59	15.32	9.45
6	Grant WATSON	70	15.47	15.47
7	Colin WILLIAMS	69	15.47	15.47
8	Andrew FRASER	76	15.50	15.50
9	Robert STAGG	51	15.50	15.50
10	Kevin McLAUCLAN	74	15.52	15.52
11	Ron SMITH	69	15.59	15.59
12	Barrie WICKS	78	17.27	14.57
13	Ros DYER	54	18.43	16.26
14	Erika BEDYN	56	18.43	16.33

100 METRE SPRINT

Heat 1:

1	Andrew FRASER	76	18.5
2	Tony EBEYER	59	19.4
3	Tony DELL	55	20.2
4	Ron SMITH	69	20.9
5	Ros DYER	54	21.8

Heat 2:

1	Jess DUX	34	13.3
2	Grant MURFETT	51	13.5
3	Robert STAGG	51	15.4
4	Angela EDWARDS	52	17.8



CROYDON 11 SEPTEMBER 2018

60 METRE SPRINT

Heat 1:

1	Tony EBAYER	59	9.3
2	Cec McKEOWN	78	10.2
3	Russell OAKLEY	78	10.6
4	Tony DELL	55	13.3
5	Ron SMITH	69	15.4

Heat 2:

1	Jess DUX	34	8.1
2	Grant MURFETT	51	8.3
3	Robert STAGG	51	9.0
4	Angela EDWARDS	52	11.6

1500 METRE RUN

1	Colin WILLIAMS	69	7.33
2	Tony EBAYER	59	8.14
3	Cec McKEOWN	78	8.43
4	Angela EDWARDS	52	8.56
5	Grant WATSON	70	13.45

1 OR 3 KM WALK

1 km:

1	Julie CHALLEN	60	7.28
2	Grant WATSON	70	12.52
3	Kevin McLAUCHLAN	74	12.53
4	Cec McKEOWN	78	12.54

3 km:

1	Lyn BATCHELOR	69	27.07
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200 METRE SPRINT

Heat 1:

1	Angela EDWARDS	52	35.8
2	Cec McKEOWN	78	36.6
3	Russell OAKLEY	78	37.0
4	Colin WILLIAMS	69	44.4
5	Tony DELL	55	49.0
6	Ron SMITH	69	54.0
7	Grant WATSON	70	82.9

Heat 2:

1	Jess DUX	34	26.6
2	Grant MURFETT	51	27.0
3	Robert STAGG	51	31.2
4	Tony EBAYER	59	33.9

1 OR 3 KM RUN

1 km:

1	Colin WILLIAMS	69	5.39
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3 km:

1	Murray HUTCHISON	69	17.01
2	Tony DELL	55	17.49
3	Geoff ARNOTT	70	20.04
4	Ron BOYNE	84	20.42
Robert STAGG (4½ laps)	51	8.49	

CROYDON 18 SEPTEMBER 2018

1200 METRE WALK

1	Paul MORITZ	59	7.46
2	Jess DUX	34	10.51
3	Grant MURFETT	51	10.52
4	Grant WATSON	70	12.34
5	Colin WILLIAMS	69	12.34
6	Ron BOYNE	84	12.53
7	Robert STAGG	51	13.14
8	Erika BEDYN	56	13.36

80 METRE SPRINT

Heat 1:

1	Tony EBAYER	59	12.7
2	Andrew FRASER	76	13.6
3	Cec McKEOWN	78	14.4
4	Tony DELL	55	17.3
5	Ron SMITH	69	18.5

Heat 2:

1	Jess DUX	34	10.6
2	Grant MURFETT	51	10.8
3	Robert STAGG	51	13.4

1/2 MILE RUN

DOUG ORR MEMORIAL HEAT 3

1	Colin WILLIAMS	69	5.12
2	Erika BEDYN	56	5.17
3	Ron BOYNE	84	5.24
4	Grant MURFETT	51	5.25
5	Robert STAGG	51	5.29
6	Tania NEALE	40	5.29
7	Jess DUX	34	5.32
8	Tony DELL	55	5.43
9	Cec McKEOWN	78	5.47

500 METRE RUN

1	Grant MURFETT	51	1.36
2	Jess DUX	34	2.13
3	Robert STAGG	51	2.13
4	Tony EBAYER	59	2.14
5	Tony DELL	55	2.30
6	Cec McKEOWN	78	2.41
7	Grant WATSON	70	4.02
8	Colin WILLIAMS	69	4.04

1 OR 3 KM RUN/WALK

1 km:

1	Colin WILLIAMS (Run)	69	5.10
2	Tony DELL (Run)	55	5.17
3	Ron BOYNE (Run)	84	6.23
4	Grant WATSON (Walk)	70	11.50
5	Cec McKEOWN (Walk)	78	11.51

3 km:

1	Erika BEDYN (Run)	56	16.47
2	Lyn BATCHELOR (Run)	69	24.16
Paul MORITZ(6 LpsSpiralWalk)	59	17.04	



CROYDON 25 SEPTEMBER 2018**4 LAPS WALK**

1	Ron BOYNE	84	13.11
2	Grant MURFETT	51	13.13
3	Jess DUX	34	13.13
4	Colin WILLIAMS	69	15.36
5	Grant WATSON	70	15.37
6	Robert STAGG	51	15.42
7	David BATCHELOR	81	17.58
8	Ron SMITH	69	18.09
9	Barrie WICKS	78	18.37

90 METRE SPRINT**Heat 1:**

1	Russell OAKLEY	78	16.1
2	Andrew FRASER	76	17.7
3	Tony DELL	55	19.9
4	Ron SMITH	69	21.4

Heat 2:

1	Jess DUX	34	12.2
2	Grant MURFETT	51	12.5
3	Robert STAGG	51	14.0
4	Tony EBAYER	59	14.2
5	Cec McKEOWN	78	16.5

1/2 MILE RUN**DOUG ORR MEMORIAL FINAL**

1	Colin WILLIAMS	69	4.42
2	Ron BOYNE	84	4.50
3	Tony DELL	55	5.04
4	Grant MURFETT	51	5.04
5	Tania NEALE	40	5.06
6	Jess DUX	34	5.07
7	Robert STAGG	51	5.07
8	Ros DYER	54	5.08
9	Cec McKEOWN	78	5.17
10	Grant WATSON	70	6.45

600 METRE RUN

1	Jess DUX	34	2.07
2	Robert STAGG	51	2.25
3	Tony EBAYER	59	2.41
4	Geoff ARNOTT	70	2.55
5	Colin WILLIAMS	69	3.00
6	Tony DELL	55	3.10
7	Ros DYER	54	3.11
8	Cec McKEOWN	78	3.16

DISTANCE

Russell OAKLEY	(3 Lps Run)	78	7.08
Geoff ARNOTT	(8 Lps Run)	70	11.10
Grant WATSON	(3 Lps Walk)	70	13.04
Cec McKEOWN	(3 Lps Walk)	78	13.05

DONCASTER 3 SEPTEMBER 2018**800 Metres**

	Matt Scholes	48	2.34.7
	David Mcconnell	66	2.51.5
	Daryl Kilmartin	52	2.54.4
	Matt Hughes	43	2.55.8
	Gary Zuccala	55	3.22.4
	Jeffrey Sim	56	3.22.5
	Katrina Philip	56	4.34.3
	Carolyn Aughey	76	6.27.0 (walk)
	Marla Trautman	45	7.09.9
	John Aughey	81	2.05.2 (400m metres)

100 Metres

	Matt Hughes	43	13.44
	Graham Ford	69	15.12
	Daryl Kilmartin	52	15.89
	Marg Tweedie	64	16.42
	Janine James	71	17.66
	Matt Scholes	48	20.04

200 Metres heat 1

	Marg Tweedie	64	34.92
	Jeffrey Sim	56	35.10
	Janine James	71	38.98
	Carolyn Aughey	76	49.34

200 Metres heat 2

	Matt Hughes	43	28.08
	Mike Rennie	34	29.22
	David McConnell	66	29.34
	Daryl Kilmartin	52	34.30
	Matt Scholes	48	40.46

600 Metres NOST

	Frank Prowse	(scratch)	4.01 (DQ)
	Marla Trautman	(scratch)	5.28.24 (DQ)
	Katrina Philip	(-3.00)	5.52.26 (2.52.25) (DQ)
	Matt Hughes	(-3.40)	5.54.76 (2.14.76) (DQ)
	Gary Zuccala	(-3.40)	5.55.38 (2.15.38) (DQ)
	Jeffrey Sim	(-3.30)	5.55.63 (2.25.63) (DQ)
	Anthony Paige	(-4.20)	5.58.87 (1.38.87) winner
	Mike Rennie	(-4.17)	6.00.31 (1.43.31)
	David McConnell	(-3.50)	6.00.75 (2.10.75)
	Graham Ford	(-3.50)	6.02.24 (2.12.24)
	Matt Scholes	(-4.20)	6.04.24 (1.44.24)
	Marg Tweedie	(-3.30)	6.05.30 (2.35.30)
	Darryl Kilmartin	(-4.00)	6.29.14 (2.29.14)

3000 Metres

	Gary Zuccala	55	13.31.8
	Matt Hughes	43	13.44.2
	Elizabeth Grover	55	14.15.9 (venue record)
	Katrina Philip	56	14.48.9
	Frank Prowse	66	20.21.0 (walk)

800 Metres walk

	Shaun Wright	48	7.35.5
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DONCASTER 10 SEPTEMBER 2018**Discus**

David McConnell	66	24.19	30.98
Graham Ford	69	20.69	28.49
Frank Prowse	66	17.54	25.02
Matt Scholes	48	19.69	21.91
Darryl Kilmartin	52	17.06	17.69

80 Metres

Anthony Paige	35	11.76
Graham Ford	69	12.12
Darryl Kilmartin	52	12.52
Greg Champion	63	12.76
Marg Tweedie	64	12.90
Janine James	71	13.92
Matt Scholes	48	14.39

1000 Metres NOST

Mike Rennie	(-3.30)	6.48.00	(3.18.00)	(DQ)
Jeffrey Sim	(-2.35)	6.49.31	(4.14.31)	(DQ)
Katrina Philip	(-2.30)	6.49.61	(4.19.61)	(ven rec DQ)
Shane Grund	(-4.05)	6.51.05	(2.46.05)	(ven rec, DQ)
Gary Zuccala	(-3.00)	6.58.97	(3.58.97)	winner
Frank Prowse	(scratch)	7.04.62	(walk)	
Matt Scholes	(-3.45)	7.05.10	(3.20.10)	
David McConnell	(-3.15)	7.14.17	(3.59.17)	

150 Metres heat 1

Graham Ford	69	23.52
Greg Champion	63	24.11
Marg Tweedie	64	24.12
Janine James	71	26.96 (venue record)
Carolyn Aughey	76	36.56

150 Metres heat 2

Mike Rennie	36	21.54
Anthony Paige	35	21.76
David McConnell	66	22.08
Matt Scholes	48	30.82

250 Metres heat 1

Graham Ford	69	42.08
Marg Tweedie	64	43.39
Jeffrey Sim	56	45.76
Richard Trembath	76	48.36
John Aughey	81	53.44 (venue record)

250 Metres heat 2

Anthony Paige	35	36.22
Mike Rennie	36	37.03
David McConnell	66	37.43

3000 Metres

Gary Zuccala	55	12.51.0
Katrina Philip	56	14.42.0
Mike Rennie	36	16.34.0
Frank Prowse	66	18.57.0 (walk)

DONCASTER 17 SEPTEMBER 2018**100 Metres heat 1**

Janine James	71	17.38
Hayden Featherston	8	19.38
David Featherston	44	19.46
Lavinia Petrie	74	21.20
Carolyn Aughey	76	23.42

DONCASTER 17 SEPTEMBER 2018 cont.**100 Metres heat 2**

Peter Ling	41	13.54
Greg Champion	63	15.74
Marg Tweedie	64	16.28
Jeffrey Sim	56	16.44

200 Metres heat 1

Aaron Samuel	40	37.96
Janine James	71	38.36
Hayden Featherston	8	39.04
David Featherston	44	39.5
Frank Prowse	66	41.76
Lavinia Petrie	74	42.86
Carolyn Aughey	76	49.42

200 Metres heat 2

Matt Hughes	43	27.68
Peter Ling	41	28.58
David McConnell	66	29.82
Graham Ford	69	32.28
Marg Tweedie	64	33.50
Jeffrey Sim	56	34.20
Matt Scholes	48	38.26

400 Metres

Matt Scholes	48	63.6
Aaron Samuel	40	77.1
Marg Tweedie	64	88.4
Hayden Featherston	8	91.2
David Featherston	44	91.8
Lavinia Petrie	75	95.8 (venue record)
Marla Trautman	45	2.06.0

800 Metres

Hayden Featherston	8	3.21.3
David Featherston	44	3.25.3
Jeffrey Sim	56	3.41.5
Lavinia Petrie	75	3.48.2 (venue record)
Katrina Philip	56	4.24.5
Marla Trautman	45	6.41.5

1500 Metres

Matt Hughes	43	6.00.6
David McConnell	66	6.30.1
Lavinia Petrie	75	7.11.9
Katrina Philip	56	7.20.9
Graham Ford	69	7.30.0

1500 Metres Walk

Shaun Wright	48	7.38.6 (800 metres)
Frank Prowse	66	8.49.6
Long Jump		
Matt Hughes	43	4.82
Matt Scholes	48	4.18
David McConnell	66	3.74
Graham Ford	69	3.67
Greg Champion	63	3.25

Javelin

Matt Hughes	43	29.23
Matt Scholes	48	20.47
David McConnell	66	19.30
Graham Ford	69	19.29
Frank Prowse	66	18.64

Discus Throw

David McConnell	66	25.01
Graham Ford	69	23.87
Matt Hughes	43	22.19
Matt Scholes	48	19.89
Frank Prowse	66	18.37

DONCASTER 24 SEPTEMBER 2018**Sixty Minutes****Men**

Alastair Christy	20	17,648	(ineligible)
Shane Grund	36	17,583	(winner, ven record)
Russell Clowes	38	15,864	
Brad Buyck	41	15,116	
David Featherston	44	14,805	
Gary Zuccala	55	13,838	
Tim Broxup	31	13,817	(venue record)
Greg Whyte	44	13,693	
Syd Bone	61	11,568	
Christopher Worsnop	61	11,044	
Peter Thorne	70	9,956	
David Smythe	48	9,743	
Peter Moritz	55	8,554	

Women

Kym Osmand	35	13,711	
Nicola Hamilton-Morris	35	13,650	
Susanne Wilson	52	13,500	
Maxine Plugge	20	12,421	
Lavinia Petrie	75	12,218	(Doncaster, Victorian, Australian, World Record)
Linda McCaffrey	40	11,879	
Michelle Quan	49	11,777	
Katrina Philip	56	10,535	
Jo White	46	10,461	
Maggie Hawkes	62	7,741	

Walk

Pramesh Prasad	44	11,991	
Donna-Marie Elms	57	9,229	(first female)
Albin Hess	58	8,759	
Shaun Wright	48	5,393	
Kylie Irshad	46	4,391	

60 Metres

Aaron Samuel	34	8.86	
Graham Ford	69	9.34	
Jeffrey Sim	56	10.22	
Yohan Paul	41	10.48	
Janine James	71	10.50	
Julie Hovey	56	12.20	

120 Metres

Yohan Paul	41	17.68	
Graham Ford	69	18.27	
Jeffrey Sim	56	19.82	
Janine James	71	20.92	
Aaron Samuel	34	22.08	

EAST BURWOOD 6 SEPTEMBER 2018**60 METRE SPRINT**

1	Paul DURRANT	57	no
2	Stephen DAY	48	times
3	Christopher WORSNOP	60	
4	Andrew FRASER	76	
5	Leo COFFEY	88	
6	Vida DAVIZJULLEFF	INV	
7	Horacio DIAZ	73	
8	Lloyd NICHOLS	77	

600 METRE RUN

1	Stephen DAY	48	2.15
2	Christopher WORSNOP	60	2.27
3	Janet HOLMES	65	2.33

600 METRES WALK

1	Christopher WORSNOP	60	5.48
2	Brian TAIT	76	6.09
3	Gerald BURKE	78	6.51
4	Peter BATTRICK	75	7.46
5	Bob LEWIS	90	7.47

100 METRE HANDICAP SPRINT

			H'cpMtrs
1	Lloyd NICHOLS	77	57
2	Christopher WORSNOP	60	18
3	Stephen DAY	48	7
4	Paul DURRANT	57	2
5	Andrew FRASER	76	23

300 METRE RUN

1	Stephen DAY	48	53.5
2	Andrew FRASER	76	75.2
3	Leo COFFEY	88	92.1
4	Lloyd NICHOLS	77	177.3

EAST BURWOOD 4K Age Graded

1	Christopher WORSNOP	60	19.30
2	Geoff WHEELER	62	19.45

JAVELIN THROW

			Metres
1	Toni MATTERS	50	24.2
2	Brian TAIT	76	10.66
3	Leo COFFEY	88	8.68
4	Jack FREDRICKSON	79	8.17

EAST BURWOOD 13 SEPTEMBER 2018**60 METRE SPRINT****Heat 1**

1	Donna CLARKE	65	10.58
2	Leo COFFEY	88	11.73
3	Sonya POLLARD	51	12.83
4	Horacio DIAZ	73	14.75
5	Lloyd NICHOLS	77	20.20

Heat 2

1	Jess DUX	34	8.25
2	Paul DURRANT	57	8.64
3	Christopher WORSNOP	60	9.72
4	Ros LORDING	46	10.23
5	Mel BISSETT	42	10.75

Doug Orr 880 Yards Heat

	Michelle QUAN	49	4.51.2	Disq
	Akos CYARMATHY	62	4.52.2	Disq
	Mel BISSETT	42	4.54.6	Disq
1	Ros LORDING	46	4.56.6	
2	Christopher WORSNOP	60	4.59.5	

EAST BURWOOD 13 SEPTEMBER 2018 cont.**1200 METRES HCP WALK****Heat 4**

		TIME	ACTUAL	
1	Christopher WORSNOP	60	11.23	8.03
2	Gordon ONLEY	83	11.24	8.59
3	Ros LORDING	46	11.29	7.34
4	Frank PROWSE	66	11.30	7.30
5	Peter BATTRICK	75	11.39	11.34
6	Grant WATSON	70	11.46	10.51
7	Brian TAIT	76	11.46	9.21
8	Leo COFFEY	77	12.20	10.25
9	Gerald BURKE	78	12.22	11.27

100 METRES**HEAT 1**

1	Janet HOLMES	65	19.4
2	Leo COFFEY	88	20.1
3	Sonya POLLARD	51	20.7
4	Lloyd NICHOLS	77	43.6

HEAT 2

1	Jess DUX	34	no
2	Paul DURRANT	57	times
3	Christopher WORSNOP	60	
4	Donna CLARKE	65	
5	Mel BISSETT	42	

200 METRES

1	Jess DUX	34	28.9
2	Donna CLARKE	65	38.4
3	Mel BISSETT	42	39.2
4	Janet HOLMES	65	41.6
5	Sonya POLLARD	51	43.1
6	Lloyd NICHOLS	77	1.48.1

1600, 4 or 6K RUN, 2 or 4K WALK

1	Geoff WHEELER	62	19.19	4k run
2	Michelle QUAN	49	19.26	4k run
3	Frank PROWSE	66	25.12	4k walk
4	Akos CYARMATHY	62	27.33	6k run
5	Christopher WORSNOP	60	31.09	6k run

SHOT PUT

tres

			Me-
1	Leo COFFEY	88	4.68
2	Jess DUX	34	7.64
3	Donna CLARKE	65	5.85
4	Brian TAIT	76	5.39
5	Paul DURRANT	57	8.49
6	Sonya POLLARD	51	5.46
7	Jack FREDRICKSON	79	3.82

EAST BURWOOD 20 SEPTEMBER 2018**DISCUS**

		Metres	
1	Mel BISSETT	42	13.31
2	Leo COFFEY	88	9.11
3	Brian TAIT	76	13.12
4	Andrew FRASER	76	15.40
5	Jack FREDRICKSON	79	10.48
6	Greg OLIVER	54	12.12

60 METRE SPRINT

1	Jess DUX	34	8.3
2	Paul DURRANT	57	8.6
3	Akos CYARMATHY	62	9.8
4	Christopher WORSNOP	60	10.2

EAST BURWOOD 20 SEPTEMBER 2018 cont.

5	Mel BISSETT	42	10.5
6	Leo COFFEY	88	10.5
7	Gordon ONLEY	83	15.3
8	Horacio DIAZ	73	16.9

Doug Orr 880 Yards Heat 3

	Michelle QUAN	49	4.50.9	Disq
	Liz EASTWOOD	49	4.54.9	Disq
	Janet HOLMES	65	4.59.6	Disq

1	Akos CYARMATHY	62	5.00.4
2	Christopher WORSNOP	60	5.01.2
3	Mel BISSETT	42	5.01.8

800 METRES HCP WALK

			Actual	
1	Gordon ONLEY	83	7.22	5.37
2	Christopher WORSNOP	60	7.34	5.19
3	Leonie GILLIES	61	7.38	6.08
4	Peter BATTRICK	74	7.42	7.37
5	Gerald BURKE	78	7.45	7.10
6	Brian TAIT	76	7.46	6.11
7	Frank PROWSE	67	7.59	5.15
8	Liz EASTWOOD	49	7.59	5.24
9	Grant WATSON	70	8.21	7.46

100 METRES Hcp

1	Jess DUX	34	12.97
2	Paul DURRANT	57	13.38
3	Gordon ONLEY	83	13.88
4	Christopher WORSNOP	60	14.26
5	Mel BISSETT	42	14.69
6	Leo COFFEY	88	15.16
7	Andrew FRASER	76	15.54
8	Horacio DIAZ	73	18.3

150 METRES

	Jess DUX	34	21.3
	Paul DURRANT	57	no
	Mel BISSETT	42	time
	Leo COFFEY	88	34.8

5K HCP

			Actual	
	Leonie GILLIES	61	3K	18.35
1	Akos CYARMATHY	62	5K	22.08
2	Michelle QUAN	49	5K	24.47
3	Liz EASTWOOD	49	5K	25.04
4	Sam de Fanis	70	5K	26.18
5	Geoff WHEELER	62	5K	24.59
6	Christopher WORSNOP	60	5K	25.39
7	Frank PROWSE	67	5K walk	31.31

EAST BURWOOD 27 SEPTEMBER 2018**60 METRE SPRINT****Ht 1**

1	Leo COFFEY	88	12.9
2	Gordon ONLEY	83	14.7
3	Horacio DIAZ	73	16.3
4	Lloyd NICHOLS	77	20.8

Ht 2

1	Jess DUX	34	8.15
2	Paul DURRANT	57	8.35
3	Grant MURFETT	51	8.35
4	Christopher WORSNOP	61	10.26
5	Mel BISSETT	42	10.65

EAST BURWOOD 27 SEPTEMBER 2018 cont.**Doug Orr 880 Yards Heat 4** Actual

1	Ros LORDING	46	4.58.1
2	Akos CYARMATHY	62	5.00.6
3	Christopher WORSNOP	61	5.01.8
4	Michelle QUAN	49	5.03.0
5	Mel BISSETT	41	5.10.9

1000 METRES WALK

1	Frank PROWSE	66	6.44
2	Christopher WORSNOP	61	6.45
3	Gordon ONLEY	83	7.12
4	Jack FREDRICKSON	79	9.50

110 METRE SPRINT**Ht 1**

1	Mel BISSET	42	19.54
2	Janet HOLMES	65	20.53
3	Andrew FRASER	76	21.04
4	Taylor DUX	Inv	21.82
5	Lloyd NICHOLS	77	no time

Ht 2

1	Jess DUX	34	14.68
2	Grant MURFETT	51	15.21
3	Paul DURRANT	57	15.55
4	Christopher WORSNOP	61	19.84
5	Chloe DUX	Inv	22.41
6	Horacio DIAZ	73	30.82

200 METRES N.O.T.**Ht 1**

1	Janet HOLMES	65	40.18
2	Taylor DUX	Inv	46.97
3	Leo COFFEY	88	49.75
4	Gordon ONLEY	83	54.03
5	Lloyd NICHOLS	77	1.46.36..

Ht 2

1	Grant MURFETT	51	27.1
2	Jess DUX	34	27.7
3	Mel BISSET	42	38.77
4	Chloe DUX	Inv	1.08.27

10/15/20 MINUTES WALK OR RUN

15	Gary TURNER	65	4l 15 m	walk
15	Liz WRIGLEY	62	4l 15m	walk
15	Zoe PANDEY	Inv	7l 200	run
20	Frank PROWSE	66	8L	walk
20	Ros LORDING	46	9L300	run
20	Geoff WHEELER	62	10L200	run
20	Michelle QUAN	49	9L200	run
20	Christopher WORSNOP	61	9L317	run
20	Sam DEFANIS	70	9L	run
20	Akos CYARMATHY	62	11L120	run

LONG JUMP

			Actual
1	Jess DUX	34	4.40
2	Mel BISSETT	42	2.14
3	Leo COFFEY	88	1.85
	Chloe DUX	Inv	2.33
	Aylait DUX	Inv	2.35
	Ryder DUX	Inv	1.01

FRANKSTON 6 SEPTEMBER 2018**Short program due to wet weather****100m**

1	Mike Hall	79	16.94
2	Chris Sheedy	50	17.25

2000m

1	Chris Sheedy	50	10.02
2	Caitlin O'Connell	43	11.33
3	David Dodson	59	11.39

2000m Walk

1	Pramesh Prasad	44	10.05
2	Marnie Grace	43	17.35
3	Lindsay Beaton	68	18.40

FRANKSTON 13 SEPTEMBER 2018**80m**

1	Rhiannon Lester	38	10.97
2	Chris Sheedy	50	15.06 (110m)
3	Lindsay Beaton	68	17.36

250m

1	Chris Sheedy	50	46.84 (300m)
2	Mike Hall	79	48.19

800m Walk

1	Greg Lovejoy	76	6.06
2	Marnie Grace	43	6.12
2	Lyn Pimm	57	6.12
4	John Hallo	76	6.30
5	Lindsay Beaton	68	7.15

1000m

1	Nonie Chan	33	4.24
2	Chris Sheedy	50	4.25
3	Rob Taylor	49	4.28
4	Graham Stockdale	76	5.01
5	Caitlin O'Connell	44	5.25
6	Charlie Mallia	69	5.26
7	Frances Halton	56	6.04

2400 Walk - Estimated Time

		Clock	ET	Diff
1	Lindsay Beaton	68	22.00	22.00 0.00
2	John Hallo	76	19.59	19.30 0.29
2	John Sutton	76	19.59	19.30 0.29
4	Peter Ellis	67	16.29	16.59 -0.30
5	Greg Lovejoy	76	17.59	18.30 -0.31
6	Lyn Pimm	57	17.14	18.00 -0.46
7	Marnie Grace	43	20.52	19.00 1.52
	Graham Stockdale	76	?	22.00

2400 - Estimated Time

		Clock	ET	Diff
1	Gary Meyer	63	14.42	15.10 -0.28
2	David Dodson	59	17.00	15.00 2.00

3200m Walk

1	Peter Ellis	67	16.29
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4000m

1	Rob Taylor	49	17.40
2	Nonie Chan	33	19.55
3	Charlie Mallia	69	22.55
4	Caitlin O'Connell	44	23.13
5	Frances Halton	56	26.10

FRANKSTON 20 SEPTEMBER 2018

90m

1 Veronica Sheedy Inv 12.52

200m Age Graded

				A/G %
1	Clementine Sheedy	Inv - 5	52.59	80.43%
2	Veronica Sheedy	Inv - 12	30.57	77.29%
3	Henry Sheedy	Inv - 8	50.31	51.61%
4	Lindsay Beaton	68	53.59	47.02%
5	Ray O'Connor	81	71.25	43.75%

800m Walk

1	Pramesh Prasad	44	3.40
2	Greg Lovejoy	76	6.03
3	John Sutton	75	6.51
4	Graham Kilfoyle	66	6.52
5	Lindsay Beaton	68	6.55

800m

1	Chris Sheedy	50	2.48
2	Russ Dow	58	2.50
3	Graham Stockdale	76	3.10
4	Charlie Mallia	69	3.40
5	Barry Jeffs	70	3.52
6	Caitlin O'Connell	44	4.04
7	Gary Meyer	63	4.52
8	Frances Halton	56	5.10

5 or 8 Lap spiral - Walk

				Laps
1	Graham Stockdale	76	27.31	8
2	John Hallo	76	28.02	8
3	Peter Ellis	67	28.03	8
4	Lindsay Beaton	68	33.22	8
1	Chris Sheedy	50	14.55	5
2	Lyn Pimm	57	15.14	5
3	John Sutton	75	17.03	5
4	Graham Kilfoyle	66	17.32	5

5 or 8 Lap spiral

				Laps
1	Pramesh Prasad	44	13.29	8
2	Russ Dow	58	13.44	8
3	Greg Lovejoy	76	18.26	8
4	Caitlin O'Connell	44	19.59	8
4	Charlie Mallia	69	19.59	8
6	Frances Halton	56	21.55	8
1	Barry Jeffs	70	11.17	5
2	Gary Meyer	63	12.45	5
3	David Dodson	59	15.06	5

FRANKSTON 27 SEPTEMBER 2018

100m

1	Peter Biggs	53	13.19
2	Veronica Sheedy	Inv	14.01
3	Graham Kilfoyle	67	14.88
4	Rob Taylor	49	15.05
5	Mike Hall	79	17.05
6	Henry Sheedy	Inv	20.55
7	Lindsay Beaton	68	20.58
8	Clementine Sheedy	Inv	25.60

150m

1	Peter Biggs	53	19.71
2	Veronica Sheedy	Inv	20.31
3	Rob Taylor	49	20.38
4	Henry Sheedy	Inv	34.97
5	Clementine Sheedy	Inv	38.68

600m Walk

1	Pramesh Prasad	44	2.35
2	Marnie Grace	43	4.13
3	John Sutton	75	4.29
4	Graham Kilfoyle	67	4.30
5	John Hallo	76	4.40
6	Lindsay Beaton	68	5.45

600m

1	Chris Sheedy	50	1.50
2	Russ Dow	58	2.02
3	Rob Taylor	49	2.03
4	Charlie Mallia	69	2.28
5	Nonie Chan	33	2.32
6	Graham Stockdale	76	3.41
7	Barry Jeffs	70	3.41

15min or 30 min Walk

		Laps/Dist	Dist	15/30 min
1	John Hallo	76	4 laps + 280m	1.88 km 15
2	John Sutton	76	4 laps + 250m	1.85 km 15
1	Pramesh Prasad	44	15 laps + 100m	6.1 km 30
2	Marnie Grace	43	9 laps + 110m	3.71 km 30
3	Graham Kilfoyle	67	8 laps + 260m	3.46 km 30
4	Lindsay Beaton	68	8 laps	3.2 km 30
DNF	Graham Stockdale	76	7 laps	2.8km 26 m

15min or 30 min Run

			Distance	15 or 30 min
1	David Dodson	59	6 laps + 250m	2.65 km15
1	Russ Dow	58	17 laps + 245m	7.45 km30
2	Rob Taylor	49	15 laps + 220m	6.22 km30
3	Chris Sheedy	50	15 laps + 100m	6.1 km 30
4	Nonie Chan	33	15 laps + 20m	6.02 km30
5	Charlie Mallia	69	13 laps + 150	5.35 km30
6	Caitlin O'Connell	44	13 laps + 100	5.3 km 30
7	Gary Meyer	63	12 laps + 300m	5.1 km 30
8	Barry Jeffs	70	11 laps + 300m	4.7 km 30



GEELONG 5 SEPTEMBER 2018**300m**

Sarah Cotchett	46.86
David Mitchell	47.84

2000m

Charlie El-Hage	07:40
Sue Howell	07:42
Dave Elward	07:50
Jane White	07:58
Mark Humphrey	08:43
Peter Lamb	09:29
Sarah Cotchett	09:33
James Wright	10:36
Jill Coyte (W)	11:38
Chris Colley	12:29

4000m

Grant Simpson	13:12
Phil Shay	15:38
Cameron White	15:56
Sam Elliott	17:24
Amanda Emonson	18:15
Jeff Walker	18:46
Daryl Hurst	19:30
Kath Oliver	21:55
Paul Austin	22:10
Grant Baensch	22:58

3x400m relay

S Elliott, P Shay, C White	03:46
A Emondson, P Lamb, C White	03:51
D Hurst, G Simpson, M Humphrey	03:57

GEELONG 12 SEPTEMBER 2018 cont.**1000m**

Grant Simpson	03:15
Tony McRae	03:16
Louis Rowan	03:29
Sharon Pedersen	03:43
Noah Jones	04:09
Yolanda Russell	04:17
Jeff Walker	04:19
Daryl Hurst	04:38
Alan Jenkins	04:46
Paul Austin	04:48
Grant Baensch	05:03

GEELONG 19 SEPTEMBER 2018**2400m**

Ron Thomas	08:04
Tony McRae	08:41
Matt Pedersen	08:44
Mark Boxer	08:48
Phil Shay	09:06
Cameron White	09:09
Dave Elward	09:27
Yolanda Russell	10:43
Steve Welsh	11:16
Daryl Hurst	11:19
Jeff Walker	11:35
Gerry Fitzpatrick	12:06
Paul Austin	12:08
Kath Oliver	12:36
Grant Baensch	13:06
Jill Coyte (W)	13:50
Fiona Fitzpatrick	14:50

1600m

Ron Thomas	05:25
Tony McRae	05:31
Matt Pedersen	05:49
Mark Boxer	05:50
Cameron White	06:02
Jane White	06:27
Yolanda Russell	07:06
Daryl Hurst	07:10
Jeff Walker	07:26
Steve Welsh	07:49
Paul Austin	08:00
Kath Oliver	08:19
Grant Baensch	08:27

GEELONG 12 SEPTEMBER 2018**200m**

Peter Lamb	30.71
Sharon Pedersen	32.76
Noah Jones	36.36
Alan Jenkins	40.29

2800m

Grant Simpson	09:12
Ron Thomas	09:34
Tony McRae	10:11
Charlie El-Hage	10:49
Cameron White	10:51
Dave Elward	11:29
Sharon Pedersen	12:03
Louis Rowan	12:08
Alan Jenkins	12:27
Yolanda Russell	12:34
Mark Humphrey	12:45
Jeff Walker	12:51
Daryl Hurst	13:53
Paul Austin	14:13
Kath Oliver	14:53
Grant Baensch	15:21
Jill Coyte (W)	16:20
Fiona Fitzpatrick	17:29

GEELONG 26 SEPTEMBER 2018**400m**

Sharon Pedersen	01:13
Noah Jones	01:21

2000m

Rhys Hamill-Beach	06:46
Mark Boxer	07:12
Charlie El-Hage	07:27
Dave Elward	07:34
Connor Fopiani	07:47
Mark Humphrey	08:50
Noah Jones	08:50
Sharon Pedersen	09:15
Gerry Fitzpatrick	09:38
Kath Oliver	10:25
Jill Coyte (W)	11:22
Frank Engelsman	11:32

2800m

Steve Welsh	13:35
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4000m

Tony McRae	14:53
Phil Shay	15:25
Cameron White	16:08
Louis Rowan	16:37
Sam Elliott	17:18
Paul Stewart	18:11
Yolanda Russell	18:19
Alan Jenkins	18:38
Jeff Walker	18:46
Daryl Hurst	19:22
Paul Austin	21:26
Grant Baensch	22:04

800m

Rhys Hamill-Beach	02:22
Mark Boxer	02:34
Tony McRae	02:41
Connor Fopiani	02:43
Charlie El-Hage	02:45
Sharon Pedersen	02:53
Phil Shay	02:54
Mark Humphrey	03:07
Steve Welsh	03:19
Noah Jones	03:19
Jeff Walker	03:32
Yolanda Russell	03:40
Daryl Hurst	03:45
Kath Oliver	04:02
Grant Baensch	04:09

GLEN EIRA 4 SEPTEMBER 2018**100 mtrs H/C (Sealed)**

	Clock	H/C	H/C Time %
GLAD WISHART 74	19.58	1.5	21.08 79.73
VIV CASH 66	15.83	6.2	22.03 90.4
JIM McLURE 72	15.45	6.7	22.15 82.33
JIM ROUNTREE 59	15.03	7.8	22.83 77.38
JO WHITTLE 46	17.95	5.0	22.95 65.46
BOB WISHART 76	14.68	8.5	23.18 91.21
LINDA McCAFFREY 39	16.27	7.0	23.27 66.75
SIMONE O'BRIEN 46	17.59	6.0	23.59 66.8
LEW JENKINS 73	20.95	4.0	24.95 61.48
MARY HARPER 48	22.08	4.6	26.68 54.35

700m E/T (Points)

	Clock	Est	Diff
GRAHAM STOCKDALE 76	2.38.7	2.39	0.3
JANET HOLMES 65	3.00.6	3.00	0.6
PHIL URQUHART 74	3.31.3	3.30	1.3
MIKE CLAPPER 66	2.24.1	2.26.5	2.4
JO WHITTLE 46	3.06.1	3.18	11.9
GREG HUGHES 60	3.10.3	3.25	14.7
CHELSEA WHITTLE 11	2.20.2	2.40	19.8

200m H/C (Sealed) (Points)

	Clock	H/C	H/C Time
VIV CASH 66	33.99	19.4	53.39 88.3
GLAD WISHART 74	43.96	10.0	53.96 73.41
JIM ROUNTREE 59	31.46	23.0	54.46 75.78
JIM McLURE 72	33.19	21.5	54.69 80.1
SOPHIE McCAFFREY 7	40.79	14.0	54.79 73.9
CHELSEA WHITTLE 11	32.94	22.0	54.94 74.7
BOB WISHART 76	30.94	24.5	55.44 91.7
LINDA McCAFFREY 39	36.01	20.0	56.01 62.0
EMMA McCAFFREY 9	43.23	13.0	56.23 61.2
LEW JENKINS 73	47.14	11.0	58.14 57.3
JO WHITTLE 46	44.35	15.0	59.35 54.8

SANDRA MIDDLETON WALK - 3KM H/CAP -

	Clock	H/cap	H/C Time %
KARYN O'NEILL 63	28.47	8.47	20.00 74.3
DOMENICO MORINA 79	28.59	2.25	26.34 62.6
PETER McGRATH 78	29.02	1.22	27.40 59.2
JIM BERRINGTON 62	29.16	11.07	18.09 74.1
GREG HUGHES 60	29.28	6.04	23.14 56.7
SANDRA MIDDLETON 69	29.32	7.59	21.33 74.5
DES MIDDLETON 71	29.49	8.48	21.01 70.9
MICHAEL HEFFERNAN 83	31.30	GO	31.30

56.2

FASTEST TIME JIM BERRINGTON 18.09

RAY KEMP 3KM H/CAP

	Clock	H/cap	H/C Time %
STEVE STRELECKY 69	14.03	0.30	14.33 70.5
PHIL URQUHART 73	17.23	-2.00	15.23 60.0
CHRIS CAMPBELL 69	14.32	1	15.32 68.2
MERLE WANT 57	18.35	-3.00	15.35 57.9
JO WHITTLE 46	16.37	-1.00	15.37 56.1
JO COCKWILL 65	16.47	-1.00	15.47 73.4
CHRIS BROWN 62	14.49	1.00	15.49 62.6
LINDA McCAFFREY 39	14.43	1.30	16.03 59.0
JANE STURZAKER 65	17.36	-1.30	16.06 68.8
CHRIS GRAFEN 54	12.37	3.30	16.07 68.7
JANINE McKERRON 58	15.21	1.30	16.51 71.1
MARY HARPER 48	19.44	-2.00	17.44 48.8
SARAH JOHNSON 35	20.16	-2.00	18.16 41.8
PETE BATTRICK 75			

GLEN EIRA 18 SEPTEMBER 2018**60m E/T**

		Clock	Est	Diff	%
CHRIS BROWN	63	9.00	9.30	0.30	89.33
BOB WISHART	76	8.86	9.30	0.44	97.52
GLAD WISHART	74	11.33	11.82	0.49	89.76
JIM ROUNTREE	59	9.20	9.80	0.60	83.48
SIMONE O'BRIEN	46	9.95	11.00	1.05	77.09
LINDA McCAFFREY	40	9.72	11.00	1.28	73.87
JO WHITTLE	46	10.70	13.50	2.30	71.68

800m Age %

		Clock	%
GRAHAM STOCKDALE	76	3.11	79.68
MIKE CLAPPER	66	2.47	79.41
JANET HOLMES	65	3.32	76.03
SYD BONE	61	3.16	64.91
SIMON LLOYD	63	3.21	64.28
SARAH LORENTZEN	39	3.05	62.39
LINDA McCAFFREY	40	3.19	58.55
JO WHITTLE	46	3.31.6	58.02
SIMONE O'BRIEN	46	3.31.8	57.97
PHIL URQUHART	74	4.16	57.55

400m E/T

		Clock	Est	Diff	%
JIM ROUNTREE	59	70.20	69.90	0.30	74.84
SOPHIE McCAFFREY	7	100.80	1.40	0.80	70.61
BOB WISHART	76	74.50	76.11	1.61	88.75
JIM McLURE	72	85.05	89.00	3.95	72.03
SIMONE O'BRIEN	46	95.20	100.00	4.80	58.70
EMMA McCAFFREY	9	93.60	100.00	6.40	66.16
CHELSEA WHITTLE	11	87.07	80.00	7.07	65.46
EMILIE LORENTZEN	9	104.00	95.00	9.00	59.55
JO WHITTLE	46	116.60	94.00	22.60	47.92

Walk 2K Sealed H/C

		Clock	H/cap	H/C Time
MICHAEL HEFFERNAN	83	19.09	GO	19.09
PETE BATTRICK	75	20.12	-40	19.32
JIM BERRINGTON	62	12.12	7.37	19.49
SANDRA MIDDLETON	69	14.03	5.54	19.57
JO WHITTLE	46	14.05	6.00	20.05
DES MIDDLETON	71	13.52	6.20	20.12
PETER McGRATH	78	18.58	1.34	20.32

JUDY WINES 6K Sealed H/C

		Clock	H/cap	H/C Time	%
ANDREW EDWARDS	65	25.20	4.00	29.20	78.62
JO COCKWILL	66	34.41	-5.00	29.41	73.47
CHRIS BROWN	63	30.10	0.40	30.50	64.81
CHELSEA WHITTLE	11	27.36	3.30	31.06	71.38
SARAH LORENTZEN	39	29.15	2.00	31.15	61.82
PHIL URQUHART	73	36.55	-5.30	31.25	59.01
STEVE STRELECKY	69	29.34	2.00	31.34	70.01
LINDA McCAFFREY	40	29.46	2.00	31.46	61.14
SYD BONE	61	30.22	1.30	31.52	63.28
MARY HARPER	48	40.38	-8.30	32.08	48.52
JANE STURZAKER	65	38.10	-6.00	32.10	65.58
MIKE CLAPPER	66	34.41	-1.00	33.41	57.95

GLEN EIRA 25 SEPTEMBER 2018**110m E/T**

		Clock	Est	Diff
JIM McLURE	72	17.31	17.40	0.09
GLAD WISHART	74	22.13	22.00	0.13
JIM ROUNTREE	59	16.79	16.60	0.19
LINDA McCAFFREY	40	18.32	18.70	0.38
BOB WISHART	76	16.32	16.85	0.53
SIMONE O'BRIEN	40	18.55	19.20	0.65
J EMERSON	10	16.51		
JOSEPH McGRATH	8	24.00		

500m E/T

		Clock	Est	Diff	%
JANET HOLMES	65	2.00	2.00	0	74.62
MIKE CLAPPER	66	1.34.1	1.31.5	2.6	79.02
SIMONE O'BRIEN	46	1.59.3	2.05	5.7	61.41
BARRY JEFFS	70	2.12.7	2.20	7.3	59.41
GRAHAM STOCKDALE	76	1.53.2	1.45	8.2	77.66
J EMERSON	10	1.39.9	1.30	9.9	71.52
CHRIS CAMPBELL	69	2.13.8	1.40	33.8	58.05

150m E/T

		Clock	Est	Diff
JIM ROUNTREE	59	23.34	23.5	0.16
JIM McLURE	72	24.74	24.35	0.39
J EMERSON	10	22.99	22.5	0.49
BOB WISHART	76	22.66	22.1	0.56
GLAD WISHART	74	31.94	32.8	0.86
LINDA McCAFFREY	40	26.47	25.6	0.87
EMMA McCAFFREY	9	31.53	28.5	3.03
SOPHIE McCAFFREY	7	30.03	27.0	2.05

SPIRAL H/C 7 LAPS

		Clock	Points	H/C	H/CTIME
PETER McGRATH	78	28.29	30	1.35	26.54
DOMENICO MORENA	78	28.30	29	1.35	26.55
MICHAEL HEFFERNAN	83	29.26	28	0.20	29.06
JIM BERRINGTON	62	30.08	27	12.05	18.03
TONY DORAN	66	30.23	26	9.10	21.13
JO COCKWILL	66	30.24	25	13.40	16.44
SANDRA MIDDLETON	69	30.28	24	9.10	21.18
GREG HUGHES	60	30.36	23	9.25	21.11
SIMON LLOYD	63	30.37	22	16.00	14.37
KAREN O'NEILL	63	30.38	21	10.45	19.53
BARRY JEFFS	70	30.42	20	14.55	15.47
LINDA McCAFFREY	40	30.48	19	16.50	13.58
DES MIDDLETON	71	30.52	18	10.15	20.37
SIMONE O'BRIEN	46	30.54	17	15.30	15.24
JIM ROUNTREE	59	30.59	16	15.15	15.44
CHRIS GRAFEN	54	31.11	15	17.50	13.21
STEVE STRELECKY	66	31.15	14	17.05	14.10
CHRIS CAMPBELL	69	31.35	13	17.05	14.25
SARAH JOHNSON	34	31.48	12	13.40	18.08
PETE BATTRICK	75	32.02	11	0.35	31.27
ANN NEAL		32.03	10	0.20	31.43

GLEN EIRA 11 SEPTEMBER 2018

100 mtrsH/C

		Clock	H/C (m)	%
GLAD WISHART	74	13.2	26	
MARY HARPER	48	13.46	26	
SIMONE O'BRIEN	46	13.7	17	
BOB WISHART	76	13.98	scr	95.8
JIM McLURE	72	14.19	8	
JUNE TREWEEK	57	14.39	9	
JIM ROUNTREE	59	14.57	4	
LINDA McCAFFREY	39	14.79	10	

500 MTRS H/C

		Clock	H/cap	H/C	Time	%
SIMONE O'BRIEN	46	1:58.1	GO	1:58.1	62.0	
MIKE CLAPPER	66	01:58.3	26	01:32.3	80.6	
GREG HUGHES	60	2:08.8	GO	2:08.8	55.1	

150 MTRS H/C (TROPHY)

		Clock	H/cap	H/C	Time	%
BOB WISHART	76	29.97	9.00	20.97		
GLAD WISHART	75	30.20	GO	30.20		
JIM McLURE	72	30.40	6.00	24.40		
JIM ROUNTREE	59	30.61	8.00	22.61		
LINDA McCAFFREY	39	31.69	6.00	25.69		
EMILIE LORENTZEN	9	27.05	GO			
SOPHIE McCAFFREY	7	29.17	GO			
EMMA McCAFFREY	9	30.48	GO			
NICKIE GRAFEN		33.42	GO			

SPIRAL H/C 6 LAPS

		Clock	Points	H/C	H/C TIME
GREG HUGHES	60	24.36	30	6.20	18.16
PHIL URQUHART	74	24.55	29	10.30	14.25
STEVE STRELECKY	68	25.17	28	13.35	11.42
PETE BATTRICK	75	25.24	27	0.00	25.24
JANET HOLMES	65	25.40	26	12.40	13.00
LINDA McCAFFREY	39	25.48	25	14.00	11.48
JIM ROUNTREE	59	25.49	24	12.30	13.19
KAREN O'NEILL	63	25.52	23	9.10	16.42
SARAH LORENTZEN	39	26.02	22	14.50	11.12
PETER McGRATH	78	26.03	21	1.35	24.28
MARY HARPER	48	26.20	20	9.40	16.20
JIM BERRINGTON	62	26.24	19	10.45	15.41
MICHAEL HEFFERNAN	83	26.26	18	0.55	25.31
CHRIS GRAFEN	54	27.20	17	15.55	11.25

KNOX 5 SEPTEMBER 2018

800m walk

Liz Eastwood	49	7.32
Jack Durrant	21	7.57
Anne McPherson	62	8.13
Paul Twining	69	8.32
Glenn Claiden	64	8.33
John Graham	68	8.34
Bob Henderson	71	8.34
Tracey Carpenter	52	8.39
Chris Crennan	46	8.4
Pauline Paine	40	8.42
Matt Morris	52	8.42
Delia Worth	55	8.43
Peter LeGet	84	8.45

80m

Jack Durrant	21	10.55
Paul Durrant	57	11.4
Arthur Kapoulitsa	70	13.19
Donna Clarke	65	14.19
Leah Grund	4	25.07
Shane Grund	36	25.73

2by 200m relay

John Graham	68	
Chris Crennan	46	1.07.09
Paul Durrant	57	
Donna Clarke	65	1.07.59
Jack Durrant	21	
Pauline Paine	40	1.08.10

Half mile hcp

Paul Twining	68	3.32
Matt Morris	52	2.43
John Graham 1st	68	2.51
Liz Eastwood	49	3.47
Bob Henderson	71	3.44
David Wear	72	4.12
Brian Mee	80	4.12
Michelle Quan	49	4.02
Mick Carr	65	3.23
Chris Crennan	46	3.1
Pauline paine	40	4.19

Distance

1k		
Bob Henderson	71	5.3
3k		
David Chung	50	15.04
Helen Stanley	62	16.13
5k		
Shane Grund	37	16.54
Matt Morris	52	22.37
Paul Twining	68	24.08
Mick Carr	65	24.13
David Wear	72	26.3
Sarah Thorne	39	27.01
Brian Mee	80	28.16
Michelle Quan extra lap	49	28.43



When E.O.D. flies commercial

KNOX 12 SEPTEMBER 2018**800m walk**

Chas McRae 1lap	85	5.15
Liz Eastwood	49	6.35
John Graham	68	6.37
Bob Henderson	71	7.52
Jack Durrant	21	7.53
Maggie Hawkes	62	7.56
Anne McPherson	62	8.11
Peter LeGet	84	8.13
Shane Grund	36	8.3
Matt Morris	52	8.31
Pauline Paine	40	8.44
Chris Crennan	46	8.46
Glenn Berry	48	8.48

70m

Jack Durrant	21	9.34
Paul Durrant	57	9.79
Glenn Berry	48	10.81
Arthur Kapoulitsa	70	11.71
Chris Crennan	46	12.66

Half mile hcp

Glenn Berry	48	3.31
Michelle Quan	49	3.53
Shane Grund	36	2.16
Liz Eastwood	49	3.41
Bob Henderson	71	3.38
Stephen Richards	1st 57	3.41
John Graham	2nd 68	2.53
Chris Crennan	3rd 46	3.05
Pauline Paine	40	4.14
Matt Morris	52	3.2

110m

Jack Durrant	21	14.16
Paul Durrant	57	15.42

10lap spiral

Shane Grund	36	14.19
Matt Morris	52	18.16
Graeme Leticq	63	19.08
Michelle Quan	49	21.15
Liz Eastwood	49	21.56
Anne McPherson	62	22.03
Stephen Richards	57	24.06
Peter Thorne	70	25.27

5laps

Bob Henderson	71	10.38
Glenn Berry	48	14.01
Pauline Paine	40	14.02

KNOX 19 SEPTEMBER 2018**800m walk**

Liz Eastwood	49	5.54
Maggie Hawkes	62	7.03
Peter Thorne	70	8.04
John Graham	68	8.06
Paul Twining	69	8.07
Anne McPherson	62	8.12
Peter LeGet	84	8.13
Bob Henderson	72	8.14
David Wear	72	8.14
Chris Crennan	46	8.18
Stephen Richards	57	8.18

60m

Paul Durrant	57	8.92
Mark Harris	50	9.72
Arthur Kapoulitsa	70	9.9
Donna Clarke	65	10.46

100m

Paul Durrant	57	14.2
Mark Harris	50	18.06
Donna Clarke	65	18.68

Half mile hcp

Michelle Quan	49	3.4
Glenn Berry	48	3.21
Mark Harris	50	3.24
Liz Eastwood	49	3.36
Shane Grund	36	2.35
Bob Henderson	1st 72	3.37
David Wear	2nd 72	3.57
Stephen Richards	3rd 57	3.33
John Graham	68	2.54
Chris Crennan	46	3.24

Distance**3k**

John Graham	68	12.07
Michelle Quan	4	14.59
Liz Eastwood	49	15.02
Paul Twining	69	15.34
Stephen Richards	57	15.36
Bob Henderson	72	15.4
Maggie Hawkes	62	21.54

5k

Shane Grund	36	15.57
David Black extra lap	62	25.2
David Wear	72	25.49
Sarah Thorne	39	26.56
Nicola Van Reenen	46	27.4
Peter Thorne	70	29.21

KNOX 26 SEPTEMBER 2018**800m walk**

Glenn Berry	48	8.02
John Graham	68	8.02
Jack Durrant	21	8.03
Graeme Leticq	62	8.04
Paul Twining	69	8.05
Andrea Putting	55	8.29
Peter Thorne	70	8.42
Bob Henderson	72	8.43
David Wear	72	8.44
Chloe Grund	6	8.49
Shane Grund	36	9.11
Pauline Paine	40	9.11
David Chung	51	9.13

80m

Jack Durrant	21	10.7
Paul Durrant	57	11.25
Donna Clarke	65	14.27
Andrea Putting	55	15.82
Chloe Grund	6	18.32
Leah Grund	4	27.76
Shane Grund	36	28.46

150m

Jack Durrant	21	19.6
Paul Durrant	57	21.16
Donna Clarke	65	27.4
Chloe Grund	6	38.62
Shane Grund	36	39.41

Half mile self hcp

Danielle Grund 1st	36	3.58
John Graham	68	2.57
Michelle Quan	49	3.38
Stephen Richards	57	3.33
Bob Henderson	72	3.48
Glenn Berry	48	3.42
Pauline Paine	40	4.26

Distance**2k**

Graeme Leticq	63	8.36
Glenn Berry	48	9.36
Paul Twining	69	11.01
Bob Henderson	72	11.13
Peter Thorne	70	12.07

4k

Michelle Quan	49	19.31
Sarah Thorne	39	20.29
Stepehn Richards	57	21.22

6k

Shane Grund	36	21.05
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MENTONE 5 SEPTEMBER 2018**500m Walk E.T.**

			Clock	Diff.
1=	Sylvia Machin	77	3.33	0.00
1=	Ian Beaumont	82	4.25	0.00
3=	Maureen Seedsman	81	3.45	-0.03
3=	John Mathew	81	4.57	-0.03
5	Bev Hugo	78	4.01	0.06
6	Sharon Carr	53	4.05	-0.15

1500m E.T.

			Clock	Diff.
1	David Short	41	5.21.0	1.0
2	Avril Britter	59	7.42.2	8.2
3	Martin Griffin	57	7.38.5	8.5
4	Sandra Wynne	67	7.34.6	14.6
5	Sharon Carr	53	10.16.0	16.0
6	Susan Short	44	6.10.8	20.8
7	Ashley Birrell	73	7.10.3	35.3
8	Darryl Carr	55	7.46.8	-43.2

120m H/cap

			Clock	Metres
1	Martin Griffin	57	15.50	23
2	David Short	41	Places	0
3	Susan Short	44	Too	16
4	Avril Britter	59	Close	32
5	Glad Wishart	74	To	37
6	Vivienne Cash	66	Record	23
7	Bob Wishart	76	By	9
8	John Mathew	81	Hand	52

3 Km E.T.

			Clock	Diff.
1	Avril Britter	59	16.28	-0.06
2	John Kneen	75	20.10	-0.10
3	Martin Griffin	57	17.12	0.12
4	Sandra Wynne	67	15.52	-0.23
5	James O'Brien	65	12.21	-0.39
6	Ashley Birrell	73	15.12	0.42
7	Darryl Carr	55	16.24	-1.36

5 Lap Spiral Walk E.T. *Agg Event*

			Clock	Diff.	Pts
1=	John Zeleznikow	68	18.28	-0.02	7
1=	Glennis McPherson	71	14.47	0.02	7
3	Joan Clarke	83	20.12	0.03	4
4	Maureen Seedsman	81	16.31	-0.09	3
5	Ian Beaumont	82	19.16	-0.19	2
6	Greg Hughes	60	15.38	-0.26	1
7	Bev Hugo	78	17.52	-0.28	1
8	Sylvia Machin	77	15.38	-0.37	1
9	Sharon Carr	53	17.54	-3.06	1
10	John Mathew	81	26.44	5.44	1

MENTONE 12 SEPTEMBER 2018**600m Walk E.T.**

			Clock	Diff.
1=	Bev Hugo	78	4.52	0.02
1=	Sharon Carr	53	5.02	0.02
3=	Maureen Seedsman	81	4.34	0.04
3=	Sylvia Machin	77	4.16	-0.04
5=	Margaret Beaumont	80	5.27	0.12
5=	Ian Beaumont	82	5.28	0.12
7	John Mathew	81	5.46	-0.14
8	Jill Mannerling	82	5.29	0.29

MENTONE 12 SEPTEMBER 2018 cont.

800 m E.T. *Agg Event				
		Clock	Diff.	Pts
1	David Short	41	2.29.1	-0.9
2	Sandra Wynne	67	3.44.1	2.1
3	Col Waring	72	3.17.4	-2.6
4	Susan Short	44	2.54.7	-3.3
5	John Kneen	75	5.41.2	-3.8
6	Avril Britter	59	3.53.2	-4.8
7	Greg Hughes	60	3.50.9	8.9
8	Kuni Bowden	52	3.14.8	-15.2
9	Sharon Carr	53	5.51.2	16.2
10	Darryl Carr	55	3.50.0	-40.0

60m E.T.				
		Clock	Diff.	
1	Ron Arthur	78	10.00	0.00
2	Susan Short	44	9.23	0.03
3	Sandra Wynne	67	11.09	0.04
4	Avril Britter	59	10.73	0.09
5	Bob Wishart	76	8.60	0.10
6	Kuni Bowden	52	12.84	-0.16
7	Glad Wishart	74	11.71	-0.19
8	David Short	41	7.91	0.71
9	John Mathew	81	16.23	-1.77
10	Ross Kent	76	12.18	-3.32

2.5 Km/ 5 Km Road E.T.				
2.5 Km				
		Clock	Diff.	
1	David Short	41	9.57	-0.03
2	Ashley Birrell	73	12.07	0.05
3	Darryl Carr	55	13.47	-0.06
4	David Dodson	59	13.50	-0.10
5	Sharon Carr	53	18.15	0.20

5 Km				
		Clock	Diff.	
1	Sandra Wynne	67	28.04	0.09
2	Kuni Bowden	52	23.28	0.28
3	John Kneen	75	35.24	-0.46
4	Avril Britter	59	28.44	-1.03

1000m/ 3000m Walk E.T.				
1000m				
		Clock	Diff.	
1	Bev Hugo	78	8.20	0.00
2	Joan Clarke	83	9.42	-0.06
3	Margaret Beaumont	80	9.41	0.16
4	Jan Morrey	78	8.04	-0.41
5	John Mathew	81	10.51	0.46
6	Debbie Thomson	60	11.08	-1.52
7	Jill Mannering	82	9.05	-4.55

3000m				
		Clock	Diff.	
1	Sylvia Machin	77	22.3	0.00
2	Ian Beaumont	82	27.40	-0.10
3=	Maureen Seedsman	81	23.55	-0.15
3=	John Zeleznikow	68	27.15	0.15
5	Greg Hughes	60	23.07	-0.23

MENTONE 19 SEPTEMBER 2018

834m Walk E.T.				
		Clock	Diff.	
1	Debbie Thomson	60	9.02	0.22
2	Jill Mannering	82	7.54	0.24
3	Maureen Seedsman	81	6.34	-0.26
4	Geoff Barrow	69	7.17	-0.43

834m E.T.				
		Clock	Diff.	
1	David Short	41	2.44.1	-0.9
2	Greg Hughes	60	4.11.6	1.6
3	Avril Britter	59	4.03.1	-2.9

MENTONE 19 SEPTEMBER 2018 cont.

4	Col Waring	72	3.38.5	3.5
5	Susan Short	44	3.13.0	-27.0
6	John Kneen	75	4.58.3	-31.7
7	Kuni Bowden	52	3.26.4	-33.6
100m E.T.				
		Clock	Diff.	
1=	David Short	41	12.83	-0.07
1=	Susan Short	44	15.43	-0.07
3	Ron Arthur	78	16.04	-0.26
4	Avril Britter	59	18.60	0.53
5	Ross Kent	76	20.57	0.57
6	Bob Wishart	76	14.46	-0.74
7	Glad Wishart	74	20.27	1.08
8	Kuni Bowden	52	22.38	3.38

3.336 Km E.T. *Agg Event*-				
		Clock	Diff.	Pts
1	John Kneen	75	22.50	-0.10
2	Avril Britter	59	18.26	-0.17
3	Kuni Bowden	52	15.08	0.18
4	Ashley Birrell	73	16.22	-0.38
2.5 Km Walk E.T.				
		Clock	Diff.	
1	Jill Mannering	82	26.3	-0.20
2	Glennis McPherson	71	18323	-0.37
3	Greg Hughes	60	18.10	-0.50
4	Geoff Barrow	69	21.00	1.00

MENTONE 26 SEPTEMBER 2018

834m Walk E.T.				
		Clock	Diff.	
1	Sylvia Machin	77	6.31	-0.09
2	Jill Mannering	82	8.10	-0.10
3	Maureen Seedsman	81	6.29	-0.11
4	Sharon Carr	53	7.03	0.13
5	Ralph Bennett	76	5.13	-0.47
6	Geoff Barrow	69	6.30	-0.50
7	Margaret Beaumont	80	8.56	0.51
8	Dawn Bennett	Inv	8.56	0.56
9	Ian Beaumont	82	8.56	1.02

834m E.T.				
		Clock	Diff.	
1	Greg Hughes	60	4.06.0	-4.0
2	Darryl Carr	55	4.13.4	-6.6
3	Avril Britter	59	4.14.3	8.3
4	Sharon Carr	53	5.21.4	-8.6
5	Ashley Birrell	73	3.34.3	-15.7
6	John Kneen	75	5.12.9	17.9
7	Sandra Wynne	67	4.18.1	21.1
8	Col Waring	72	3.28.6	-21.4

100m H/cap *Agg Event*				
		Clock	Metres	Pts
1	Vivienne Cash	66	12.93	20
2	Ross Kent	76	13.07	34
3	Bob Wishart	76	13.10	9
4	Glad Wishart	74	13.26	32
5=	Sandra Wynne	67	13.50	28
5=	Avril Britter	59	13.50	27
7	Ron Arthur	78	13.73	17
8	John Mathew	81	15.10	43

5 Km Road E.T.				
		Clock	Diff.	
1	John Kneen	75	34.33	-0.17
2	Sandra Wynne	67	28.41	0.37
3	Avril Britter	59	28.47	0.42
4	Ashley Birrell	73	28.42	2.12
5	James O'Brien	65	24.12	2.22

MENTONE 26 SEPTEMBER 2018 cont.**1500m Walk E.T.**

			Clock	Diff.
1	John Zeleznikow	68	14.58	-0.02
2	Sharon Carr	53	14.18	-0.12
3=	Joan Clarke	83	16.55	-0.15
3=	Sylvia Machin	77	12.45	-0.15
3=	Greg Hughes	60	12.45	-0.15
6	Ian Beaumont	82	17.58	-0.20
7	Margaret Beaumont	80	17.58	-0.22
8	Glennis McPherson	72	12.04	-0.26
9	Darryl Carr	55	15.00	-0.30
10	Maureen Seedsman	80	13.27	-0.33
11	Dawn Bennett	Inv	16.54	0.54
12	John Mathew	81	18.39	-1.21
13	Geoff Barrow	69	12.00	-1.30
14	Ralph Bennett	76	10.20	-1.40
15	Jill Mannering	82	16.53	-1.47
16	Debbie Thomson	60	19.25	7.25

SPRINGVALE 5 SEPTEMBER 2018 cont.**12 laps spiral run**

Rob CLUTTERBUCK	65	24.38
Howard REES	71	25.25
Lindsay OXENHAM	69	25.53
Lou BUCCIERI	63	27.50
Ian TREGEAR	68	28.59
Claudio RIGA	63	29.36
Summer		32.39
Juan PEREZ 11 laps	79	33.46
Doris 8 laps		30.26
Dominique RUELOT7 laps		21.18

SPRINGVALE 12 SEPTEMBER 2018**ROSS MARTIN HANDICAP FINAL HEAT**

3000 metres		actual	clock
Howard REES	71	14.33	17.03
Lindsay OXENHAM	69	15.02	17.50
Lou BUCCIERI	63	15.06	17.51
Ian TREGEAR	68	16.39	18.04
Dave TALBOT	64	14.36	18.16
Rob Clutterbuck	65	13.39	18.24
Juan PEREZ	79	18.31	18.31
Bill IRVINE	70	15.47	15.47
Will SELICK	46	14.59	19.44
Dominique RUELOT	66	21.11	21.11
Peter BATTRICK	75	28.54	28.54
Summer 6 laps		13.31	

POINTS TOTALS AFTER 4 HEATS

Troy JEFFS	43	20 points 1st
Tracey HUTCHINSON	48	18 points 2nd
Ian TREGEAR	68	18 points 3rd
Juan PEREZ	79	16.00
Alan BENNIE	71	16.00
Claudio RIGA	63	16.00

2200 metres walk

Dennis PHILLIPS	76	18.58
Pam THOMAS	68	19.54
John ABEL	68	20.25
Ernie JEFFS	73	20.29
Natalie IRVINE	71	21.33
Eric NEGROS	51	24.20
Frank ALLEN 3km	73	24.06

2 minutes 22 seconds-closest time wins

Lindsay OXENHAM	69	2.20.9
Eric NEGROS	55	2.24.6
Lou BUCCIERI	63	2.26
Ray O~CONNOR	81	1.45
Dominique RUELOT	66	1.52
Bill IRVINE	70	1.57
Ernie JEFFS	73	2.09
Howard REES	71	2.10
Frank ALLEN	73	2.12
Pam THOMAS	68	2.14
Juan PEREZ	79	2.15

SPRINGVALE 5 SEPTEMBER 2018**100 mts**

			hcp
Troy JEFFS	43	15.40	0 mts
Tracey HUTCHINSON	48	16.40	15.00
Brian WOODMAN	64	17.00	9.00
Lindsay OXENHAM	69	17.40	13.00
Juan PEREZ	79	19.50	9.00
Ray O~CONNOR	81	19.80	30.00
Ernie JEFFS	73	22.30	27.00

800 mts handicap

		actual	clock
Troy JEFFS	43	3.05.9	5.21.9
Paul MULLINS	78	3.26.5	5.23.5
Paul WINTERTON	64	3.42.8	5.29.8
Doris		3.51.5	5.31.5
Tracey HUTCHINSON	48	4.42.6	5.33.6
Dave TALBOT	63	3.17.9	5.34.9
Lindsay OXENHAM	69	3.29.5	5.36.5
Bill IRVINE	70	3.27.4	5.37.4
Lou BUCCIERI	63	3.28.6	5.38.6
Ernie JEFFS	73	5.18.2	5.39.2
Howard REES	71	3.42.7	5.39.7
Summer		4.01.2	5.41.2
Dominique RUELOT	66	5.12.5	5.46.5
Alan BENNIE	71	3.22.8	5.51.8
Juan PEREZ	79	4.40.3	5.59.3

7 laps spiral walk

Brian WOODMAN	64	24.07
Frank ALLEN	73	24.59
Jim SMITH	77	25.04
John ABEL	68	25.41
Natalie IRVINE	71	29.23
Bill IRVINE	70	29.23
Ernie JEFFS	73	29.48
Eric NEGROS	55	33.57
Peter BATTRICK	75	33.00

SPRINGVALE 12 SEPTEMBER 2018 cont.**700 metres**

Howard REES	71	3.11
Paul WINTERTON	64	3.14
Lou BUCCIERI	63	3.18
Summer		3.34
Juan PEREZ	79	4.13
Dominique RUELOT	66	4.25

1500 metres

Paul MULLINS	78	7.25
Lindsay OXENHAM	69	7.35

SPRINGVALE 19 SEPTEMBER 2018**100 metres**

			hcp
Graham KILFOYLE	66	18.40	0 mts
Troy JEFFS	43	19.20	0.00
Tracey HUTCHINSON	48	20.00	14.00
Lindsay OXENHAM	69	22.50	17.00
Ray O'CONNOR	81	23.30	32.00
Juan PEREZ	79	24.10	11.00
Dominique RUELOT	66	25.60	30.00

800 metres hcp

		actual	clock
Troy JEFFS	43	3.02	5.08
Dave TALBOT	64	3.06	5.09
Lou BUCCIERI	63	3.25	5.10
Bill IRVINE	70	3.20	5.10
Paul MULLINS	78	3.23	5.11
Summer		3.56	5.16
Dominique RUELOT	66	5.10	5.20
Lindsay OXENHAM	69	3.36	5.21
Howard REES	71	3.48	5.25
Tracey HUTCHINSON	48	4.54	5.27
Juan PEREZ	79	4.36	5.35

1800 metres walk

Peter BATTRICK	75	19.17
Ernie JEFFS	73	19.19
Pam THOMAS	68	19.55
Frank ALLEN	73	20.04
Natalie IRVINE	71	20.14
Bill IRVINE	70	20.14
John MANNING	72	20.19
Graham KILFOYLE	66	20.51
John ABEL	68	21.14
Eric NEGROS	55	23.03
Anand THILLAISUNDARAM	42	23.20
Dennis PHILLIPS	76	23.20

2000 metres

Troy JEFFS	43	11.35
Tracey HUTCHINSON	48	14.29
Dominique RUELOT	66	14.34

4000 metres

Rob CLUTTERBUCK	65	19.02
Howard REES	71	19.12
Lindsay OXENHAM	69	20.16
Claudio RIGA	63	20.58
Lou BUCCIERI	63	21.11
Ian TREGAR	68	23.07
Summer		24.41
Juan PEREZ	79	26.14

SPRINGVALE 26 SEPTEMBER 2018**3X400mts relay****TEAM 1**

Claudio RIGA	63	2.00
Pam THOMAS	68	3.21
Paul MULLINS	78	3.25

TEAM 2

Rob CLUTTERBUCK	65	2.00
Summer		2.25
Eric NEGROS	55	4.21

TEAM 3

Lou BUCCIERI	63	1.35
Howard REES	71	1.40
Lindsay OXENHAM	69	1.57

TEAM 4

Celia JOHNSON	70	3.05
Piper		3.20
Frank ALLEN	73	3.10

TEAM 5

Dave TALBOT	64	1.22
Troy JEFFS	43	1.25
Tony JOHNSON	78	2.25

TEAM 6

Bill IRVINE	70	2.10
Natalie IRVINE	71	3.43
Ernie JEFFS	73	3.30

3000 metres walk

Brian WOODMAN	64	24.12
Frank ALLEN	73	24.15
Tony DORAN	66	24.38
Celia JOHNSON	70	24.38
Tony JOHNSON	78	24.41
Anand THILLAISUNDARAM	42	26.36
Jim SMITH	77	26.57
John MANNING	72	26.57
Dennis PHILLIPS	76	26.52
Pam THOMAS	68	27.14
Ernie JEFFS	73	27.47
Eric NEGROS	55	34.35

5000 metres hcp

		clock	actual
Summer		33.58	29.48
Lindsay OXENHAM	69	34.56	25.46
Howard REES	71	34.55	24.30
Claudio RIGA	63	35.57	24.54
Bill IRVINE	70	36.28	27.23
Paul MULLINS	78	37.18	30.43
Lou BUCCIERI	63	37.29	28.24
Troy JEFFS	43	37.32	27.02
Will SELICK	46		24.20
Rob CLUTTERBUCK 3km	65		15.30

NOVEMBER PROGRAMS 2018

THURS NOV 1	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 5	DONCASTER					
	CASEY					
TUES NOV 6	COLLINGWOOD					
	CROYDON					
	GLEN EIRA					
WEDS NOV 7	ABERFELDIE	100M	1000M	200M	3.2K PARK	
	GEELONG	7K CROSS C	3K CROSS C			
	MENTONE	600M WALK	100M ET	800M S/H	3.336K ET	2000M S/H
	KNOX					
	SPRINGVALE	200M	800/1600M	3000M WALK HCP	5000M HCP	
THURS NOV 8	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 12	DONCASTER					
	CASEY					
TUES NOV 13	COLLINGWOOD					
	CROYDON					
	GLEN EIRA					
WEDS NOV 14	ABERFELDIE	90M	800M	400M	5K HCP	
	GEELONG	100M	3200M	3X400M RELAY		
	MENTONE	800M WALK ET	1 MILE ET	250M ET	6 LAPS ET	3 LAPS ROAD ET
	KNOX					
	SPRINGVALE	50/100M	600/1000M	3K ROAD WALK	3.1/5K ROAD RUN	
THURS NOV 15	COBURG					
	EAST BURWOOD					
	FRANKSTON					
MON NOV 19	DONCASTER					
	CASEY					
TUES NOV 20	COLLINGWOOD					
	CROYDON					
	GLEN EIRA					
WEDS NOV 21	ABERFELDIE	100M	1200M	300M	3.1/5.1K PARK	
	GEELONG	8K CC	3K CC			
	MENTONE	40 SEC EST DIST	1040M ET	140M ET	4 LAPS ROAD ET	1400M ET
	KNOX					
	SPRINGVALE	100M	700/1500M	2.5K ET ROAD WALK	4K ET ROAD RUN	
	COBURG					
THURS NOV 22	EAST BURWOOD					
	FRANKSTON					
MON NOV 26	DONCASTER					
	CASEY					
TUES NOV 27	COLLINGWOOD					
	CROYDON					
	GLEN EIRA					
WEDS NOV 28	ABERFELDIE	100M AG HCP	1500M	400M	4K	
	GEELONG	400M	2400M	1500M		
	MENTONE	500M WALK	900M S/H	110M ET	3K S/HCP	3000M ET
	KNOX					
	SPRINGVALE	120M	300/1500M	2/4K ROAD WALK	1 LAP/6K CC	
THURS NOV 29	EAST BURWOOD					
	FRANKSTON					