# VICTORIAN MASTERS ATHLETICS INC. - Club Records as at 3 October 2018

**Compiled by Clyde Riddoch, VMA Records Officer, 40 Beauchamp Street, Preston Vic 3072**

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**THROWS PENTATHLON MEN (2010 Tables)**

**AGE NAME POINTS DATE HAMMER SHOTPUT DISCUS JAVELIN WEIGHT**

M30 Graham Hicks 3,444 14.12.08 44.89 13.94 50.57 52.09 13.07

592 725 882 620 625

M35 Roger Glass 2,862 27.3.88 45.20 12.39 38.82 25.64 13.92

620 658 652 243 689

M40 Hans Lotz 3,718 11.4.92 61.34 12.87 39.16 29.86 16.60

994 749 728 334 913

M45 Rod Guy 3,785 11.5.91 44.06 12.54 41.58 46.54 12.45

753 794 872 656 710

M50 Graeme Rose 4,037 22.7.95 50.48 13.36 42.64 51.08 16.22

841 830 737 779 850

M55 Graeme Rose 4,174 4.7.99 47.05 12.72 37.84 46.19 16.98

873 861 706 765 969

M60 Graeme Rose 4,242 16.4.06 48.38 13.14 39.36 43.12 19.03

898 876 702 752 1014

M65 Graeme Rose 4,325 12.4.09 43.98 12.12 38.97 40.46 17.05

917 882 774 786 966

M70 Tom Hancock 4,028 21.11.10 38.93 11.48 35.22 34.16 15.98

824 818 767 699 920

M75 Tom Hancock 4,290 15.7.11 36.89 11.12 33.97 33.04 14.38

905 878 843 776 888

M80 Tom Hancock 4,741 5.11.16 38.51 11.44 32.27 30.31 15.67

1041 927 934 791 1048

M85 John Fraser 3,679 12.12.99 27.51 7.60 21.73 11.84 12.80

963 735 713 332 936

M90 John Fraser 4,005 13.3.05 24.63 6.90 19.74 12.96 10.12

1123 795 832 410 845

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**THROWS PENTATHLON WOMEN (2010 Tables)**

**AGE NAME POINTS DATE HAMMER SHOTPUT DISCUS JAVELIN WEIGHT**

W30 Tamicka Hicks 2,991 28.8.08 38.46 9.70 38.60 27.70 11.89

688 510 627 433 733

W35 Chris Schultz 3,795 7.12.87 38.24 14.77 45.10 36.58 12.68

752 882 787 645 729

W40 Chris Schultz 3,933 24.2.91 39.38 13.58 43.82 34.22 11.77

851 866 828 653 735

W45 Chris Schultz 4,174 26.7.97 37.24 12.68 42.46 31.12 12.94

873 870 875 645 911

W50 Chris Schultz 4,371 13.7.01 37.88 13.87 40.35 32.18 12.94

902 1028 911 711 819

W55 Jan Davies 4,173 5.4.99 44.81 9.57 24.77 23.62 13.18

1216 735 571 585 928

W60 Dorn Jenkins 4,443 7.10.15 43.51 8.85 28.72 21.85 15.57 New Specifications – 500g javelin 1310 746 768 576 1043

W65 Lydia Widera 3,905 14.3.93 31.18 8.36 25.72 19.46 11.29

1002 785 774 545 799

W65 Rhondda Dundas 3,357 30.3.14 29.30 8.40 19.33 12.91 10.73

New Specifications – 500g javelin 931 790 551 332 753

W70 Rhondda Dundas 4,007 6.12.15 28.69 8.28 20.48 14.51 11.30

New Specification – 500g javelin 1043 885 695 485 899

W75 Gwen Davidson 3,948 23.8.98 23.60 6.81 18.22 14.74 9.91

970 816 736 545 881

W80 Gwen Davidson 3,935 23.3.03 21.67 6.24 14.99 11.87 7.47

1056 872 752 518 737

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**THROWS PENTATHLON WOMEN (2010 Tables)**

**AGE NAME POINTS DATE HAMMER SHOTPUT DISCUS JAVELIN WEIGHT**

W80 Val Worrell 3,841 22.3.15 25.77 7.22 15.59 11.12 9.72

1060 859 641 480 801

**HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS – MEN**

**AGE NAME POINTS DATE WEIGHT 1 WEIGHT 2 WEIGHT 3 WEIGHT 4 WEIGHT 5**

M30 Warren Benbow 2,795 27.9.15 16.47 20lb 15.18 25lb 10.72 35lb 8.75 20kg 7.37 56lb

573 596 492 553 581

M35 Shane Benbow 2,843 6.10.14 15.54 20lb 14.75 25lb 10.96 35lb 8.79 20kg 7.57 56lb

548 589 518 571 617

M40 Shane Benbow 2,862 27.9.15 17.03 20lb 14.78 25lb 10.30 35lb 8.01 20kg 6.01 56lb

657 638 520 552 495

M45 David De Vries 2,875 23.9.18 16.45 20lb 13.75 25lb 9.60 35lb 7.04 20kg 5.80 56lb

685 637 520 513 520

M50 Caryl Ginders 2,464 1.10.18 17.45 20lb 15.26 25lb 12.54 35lb 0 20kg 6.90 56lb

647 649 630 0 538

M55 Roger Glass 4,328 14.9.08 20.71 16lb 18.29 20lb 16.09 25lb 11.98 35lb 9.71 20kg

848 859 911 807 903

M60 Roger Glass 4,459 25.9.11 21.76 12lb 20.28 16lb 18.31 20lb 15.47 25lb 11.68 35lb

826 860 970 942 861

M65 Ken Priestly 4,078 4.10.04 21.96 12lb 16.43 16lb 14.94 20lb 12.86 25lb 9.78 35lb

900 759 830 836 753

*Pending Roger Glass 4,331 25.9.16 22.02 12lb 17.93 16lb 16.15 20lb 13.17 25lb 10.52 35lb*

*902 838 908 860 823*

M70 Graeme Rose 4,326 6.10.14 20.11 4kg 18.94 12lb 15.84 16lb 13.11 20lb 11.22 25lb

836 893 912 827 858

M75 Ken Priestley 4,335 7.10.13 20.00 4kg 15.97 12lb 13.17 16lb 11.78 20lb 9.87 25lb

929 880 803 867 856

M80 Tom Hancock 4,580 23.9.18 17.33 3kg 17.52 4kg 14.53 12lb 12.74 16lb 10.15 20lb

846 928 962 951 893

**HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS – WOMEN**

**AGE NAME POINTS DATE WEIGHT 1 WEIGHT 2 WEIGHT 3 WEIGHT 4 WEIGHT 5**

W30

W35 Kylie Benbow 1178 28.9.14 8.27 12lb 6.17 16lb 5.17 20lb 4.32 25lb 3.60 35lb

286 236 231 212 213

W40

W45 Linda Buttigieg 2985 28.9.14 14.19 12lb 11.52 16lb 10.22 20lb 7.15 25lb 4.97 35lb

668 640 692 535 450

W50 Linda Buttigieg 3479 27.9.15 16.52 4kg 13.35 12lb 11.30 16lb 9.54 20lb 7.89 25lb

705 658 699 718 699

W55 Narelle Messerle 2689 24.9.17 11.37 4kg 10.65 12lb 7.01 16lb 7.23 20lb 6.42 25lb

507 578 435 568 601

W60 Dorn Jenkins 5115 24.9.17 21.38 3kg 18.51 4kg 15.44 12lb 12.96 16lb 10.68 20lb

1013 964 1033 1029 1076

W70 Rhondda Dundas 3611 24.9.17 14.70 3kg 11.28 4kg 9.55 12lb 7.67 16lb 5.45 20lb

850 718 739 711 593

W75 Jane Kinsey 1919 25.9.16 8.99 2kg 7.47 3kg 5.57 4kg 4.67 12lb 3.72 16lb

454 404 358 367 336

### VICTORIAN MASTERS ATHLETICS INC. - Club Records as at 9 May 2018

**PENTATHLON MEN w/200m & Discus (2010 Tables)**

**AGE NAME POINTS DATE LONG J JAVELIN 200M DISCUS 1500M**

**/800M**

M30 Terry Baldwin 3,121 3.3.96 6.32 42.66 23.2 36.32 4.45

657 481 744 590 649

M35 Terry Baldwin 3,494 1.3.98 6.57 52.78 22.8 33.88 4:35.3

760 640 817 551 726

M40 Justin Hanrahan 3,277 4.3.12 6.16 42.12 23.59 30.67 5.02.20

746 526 833 539 633

M45 David Sheehan 3,126 12.4.93 5.36 33.94 24.72 22.58 4.39.33

628 439 802 410 847

M50 Terry Hicks 3,566 27.2.05 5.75 37.36 25.39 22.25 4.28.3

828 528 890 324 996

M55 Terry Hicks 3,543 5.4.10 5.20 43.43 26.81 23.23 4:55.01

771 709 771 382 910

M60 Rudi Hochreiter 3,858 3.12.87 4.91 40.54 27.14 39.36 5.21.58

792 698 822 702 844

M65 Rudi Hochreiter 3,798 28.3.92 4.70 35.78 28.42 40.16 6.15

845 676 808 803 666

M70 Mike Johnson 3,816 15.10.91 4.75 28.00 28.1 24.76 6.06.4

1015 571 917 497 816

M75 Stan Stankovic 2,837 7.3.99 3.58 28.52 35.3 25.48 8.48.5

686 683 552 594 322

M80 Graeme Noden 2,822 29.4.18 3.91 20.61 35.66 16.14 10.21.67

1002 488 703 397 232

M85 Vic Younger 1,711 4.3.01 2.59 17.02 48.2 14.41 DNF

529 464 291 427 0

M90 Vic Younger 1,884 16.3.03 2.53 15.05 58.1 13.11 DNF

659 498 223 504 0

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**PENTATHLON WOMEN w/200m & Discus now obsolete (2010 Tables)**

**AGE NAME POINTS DATE LONG J JAVELIN 200M DISCUS 800M**

\*W30 Jennifer Baldwin 2,856 8.4.96 4.90 26.08 26.3 28.60 2.26.8

532 403 751 436 734

W35 Jennifer Baldwin 2,827 10.3.02 4.51 27.86 26.9 30.02 2.36.8

487 469 768 484 619

W40 Jennifer Baldwin 2,729 26.2.06 4.39 26.39 29.74 27.41 2.45.06

524 482 647 473 603

\*W45 Christine Battersby 3,353 15.10.91 4.55 29.52 28.4 29.52 2.43.9

657 607 821 569 699

\*W50 Christine Battersby 3,263 1.4.94 4.24 28.58 30.27 26.54 2.55.79

645 621 788 554 655

W55 Kathy Heagney 3,006 26.2.06 3.82 12.04 30.16 17.92 2:42.57

592 241 894 384 895

\*W60 Betty Woodburn 2,416 21.4.87 3.31 24.24 37.4 16.70 3.44

495 616 500 400 405

### VICTORIAN MASTERS ATHLETICS INC. - Club Records as at 29 September 2016

**PENTATHLON WOMEN w/200m & Discus now obsolete (2010 Tables)**

**AGE NAME POINTS DATE LONG J JAVELIN 200M DISCUS 800M**

\*W65 Lydia Widera 3,129 ?.3.91 3.24 20.72 36.3 23.36 3.33

570 587 666 691 615

\*W70 Gwen Davidson 3,065 7.3.93 3.51 16.78 35.9 16.70 4.34

831 533 837 544 320

**PENTATHLON WOMEN w/100m & Shot Put Oceania events (2010 Tables) \*Old Javelin**

**AGE NAME POINTS DATE 100m SHOT PUT LONG J JAVELIN 800M**

W30 Jitka Hiscox Vic 3,236 19.4.16 12.94 11.35 5.60 28.75 2:32.83

778 618 729 453 658

W35 Jennifer Baldwin 2,581 19.1.02 14.19 8.82 4.50 27.47 2:37.66

596 484 472 429 600

W40 Jennifer Baldwin 2,693 15.3.09 13.64 8.28 4.46 21.66 2:48.86

764 510 535 358 525

W45 Rachel Little 3,322 6.4.15 13.64 8.57 4.53 21.33 2:30.32

850 545 651 413 863

W50 Donna Burgess 3,583 1.4.13 14.32 9.58 4.31 24.63 2:34.73

828 666 671 522 896

W55 Margaret Tweedie 3,212 4.3.12 14.41 8.20 3.84 16.40 2:56.54

907 610 598 359 738

W60 Margaret Tweedie 2,983 6.3.16 15.94 7.36 3.71 14.82 3:21.20

New Specification – 500g javelin 773 598 654 361 597

\*W60 Bettina Woodburn 3,417 8.4.85 16.3 7.72 3.58 22.40 3:08.9

(Old Jav) 689 724 620 650 734

W65 Bev Learmont 2,102 6.3.16 18.64 5.96 3.13 13.22 4:38.93

New Specification – 500g javelin 525 522 522 364 169

W70 Jan Morrey 3,052 6.3.11 15.60 5.38 2.45 11.43 3:29.51

1042 528 343 335 804

W70 Lavinia Petrie 2,712 23.3.14 17.33 4.22 2.50 7.41 3:11.75

New Specification – 500g javelin 801 388 362 189 972

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**DECATHLON (2010 Tables)**

**AGE NAME POINTS DATE 100M LONG J SHOTPUT HIGH J 400M**

**HURDLES DISCUS POLE V JAVELIN 1500M**

M30 Terry Baldwin 6,320 21.12.96 11.4 6.45 11.03 1.83 51.5

723 686 548 661 741

22.12.96 15.7 34.44 3.50 48.30 4.44.71

713 552 482 563 651

M35 Steven Polizzi 5,268 12.1.08 12.35 5.60 11.30 1.52 57.39

614 537 589 426 582

13.1.08 19.36 34.01 3.90 42.89 5.22.56

418 553 606 492 451

*Peter Urban 6,336 9/10.1.88 not a member (original score)*

M40 Justin Hanrahan 6,165 17.10.13 12.15 6.00 11.86 1.78 55.78

723 704 679 679 717

17.53 28.84 3.00 40.39 5:08.7

654 499 413 498 599

### VICTORIAN MASTERS ATHLETICS INC. - Club Records as at 9 January 2018

**DECATHLON (2010 Tables)**

**AGE NAME POINTS DATE 100M LONG J SHOTPUT HIGH J 400M**

**HURDLES DISCUS POLE V JAVELIN 1500M**

M45 Justin Hanrahan Vic 7,216 28.2.15 11.76 6.17 11.30 1.77 54.34

876 842 703 758 852

1.3.15 17.99 33.83 3.30 43.73 5:10.42

681 680 557 607 660

M50 Terry Hicks 6,143 20.11.04 13.11 5.57 8.06 1.50 56.33

691 776 452 577 846

21.11.04 19.45 28.47 2.40 37.45 4.24.34

461 447 342 529 1022

*Pat Leane (Snr) 6,623 26.1.80 12.4 5.35 11.21(16lb) 1.63 57.3*

*778 713 675 705 801*

*27.1.80 19.9(110/3’6”) 33.26(2kg) 3.20 50.92 (800g) 5.35.4*

*402 543 595 809 602*

M55 Terry Hicks 5,928 19.12.09 13.78 5.16 8.29 1.45 57.98

651 760 518 610 860

20.12.09 22.01 24.51 2.30 33.90 4:54.79

324 410 364 520 911

M60 Rudi Hochreiter 6,911 27.7.89 13.18 4.82 11.53 1.41 63.21

841 762 752 653 745

28.7.89 19.62 41.46 2.30 42.12 5.48.33

554 748 423 731 702

M65 Geoff Shaw 6,233 6.1.18 14.62 4.67 7.66 1.38 68.44

679 635 511 723 655

7.1.18 22.14 21.33 3.00 25.36 6:09.04

421 477 802 436 694

M70 Geoff Shaw 7,165 6.9.18 14.77 4.56 8.00 1.39 69.93

753 937 532 859 717

7.9.18 15.86 25.31 3.00 23.95 6:16.66

709 511 935 445 767

M75 Don Chambers 5,497 21.12.12 15.33 3.88 8.57 1.10 87.39

782 811 647 585 378

22.12.12 15.03 18.10 2.00 18.01 10:06.12

874 385 546 357 132

M80 Allan Wood 2,614 6.1.18 19.47 2.81 6.73 1.01 1:57.87

376 498 493 577 51

7.1.18 33.62 11.27 NH 16.88 DNF

0 244 0 375 0

M90 Vic Younger 3,197 22.2.03 31.69 2.25 5.86 0.92 DNF

0 508 656 705 0

23.2.03 49.76 13.72 1.15 13.30 DNF

0 533 391 424 0

**HEPTATHLON (2010 Tables)**

# AGE NAME PTS DATE HURDS HIGHJ SHOT 200M LONGJ JAV 800M

W30 Jennifer Baldwin 3,475 20/21.1.98 18.62 1.43 7.82 27.83 4.87 23.54 2.38.2

426 544 388 644 524 355 594

W35 Jennifer Baldwin 3,945 9/10.2.02 18.35 1.41 9.01 28.23 4.78 29.06 2.34.63

480 599 486 680 562 493 645

# W40 Jennifer Baldwin 3,803 3/4.10.09 14.5 1.41 7.72 29.6 4.44 23.06 2.49.9

547 678 436 640 538 410 554

W45 Karen Carah 4,883 9/10.1.16 13.73 1.48 9.02 29.20 4.57 29.04 2:57.02

843 867 580 777 665 595 556

W50 Michelle Hossack 4,510 4/5.1.14 14.20 1.36 8.61 30.31 3.92 15.61 2.48.93

768 806 585 785 538 299 729

W55 Christine Bridle 4,248 5/6.1.13 18.21 1.31 8.04 32.59 3.85 18.41 3.10.6

458 842 596 718 603 436 595

W65 Gwen Davidson 4,143 27/28.7.89 20.09 1.20 6.95 33.12 3.10 14.70 4.12.65

479 928 630 889 511 390 316