

AROUND THE GROUNDS

VENUE RESULTS FOR OCTOBER 2018, PROGRAM FOR DECEMBER 2018



The winning Casey team in the 4 x 100m relay at the Casey Fundraiser event.

R-L Mike Hall, Magda Maniak, Pramesh Prasad & Rhiannon Lester

**ABERFELDIE, CASEY, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK**

CASEY 1 OCTOBER 2018**80M**

| | | |
|-----------------|----|-------|
| Shaun Taylor | 32 | 10.08 |
| Rhiannon Lester | 38 | 11.43 |
| Paul Olsson | 61 | 12.39 |
| Magda Maniak | 36 | 12.83 |
| Arlene D'Monte | 60 | 17.31 |

800m Run/Walk

| | | | |
|-----------------|-----|------|------|
| Rob Clutterbuck | 65 | 3.33 | |
| Summer | inv | 4.03 | |
| Gary Meyer | 63 | 4.27 | |
| Frances Halton | 57 | 5.09 | |
| Albin Hess | 58 | 5.31 | walk |
| Marnie Grace | 43 | 5.39 | walk |
| Arlene D;Monte | 60 | 6.39 | walk |

150M

| | | |
|-----------------|----|-------|
| Shaun Taylor | 32 | 17.99 |
| Rhiannon Lester | 38 | 20.81 |
| Paul Olsson | 61 | 23.21 |
| Magda Maniak | 36 | 23.69 |
| Mike Hall | 79 | 25.41 |

10 Lap Spiral Run/Walk

| | | | |
|-----------------|-----|-------|-------------|
| Arlene D'Monte | 60 | 19.47 | 5 Laps walk |
| Rob Clutterbuck | 65 | 20.01 | |
| Gary Meyer | 63 | 24.04 | |
| Summer | inv | 25.14 | |
| Frances Halton | 57 | 26.32 | |
| Marnie Grace | 43 | 33.01 | walk |
| Magda Maniak | 36 | 34.29 | walk |

CASEY 8 OCTOBER 2018**1 x Road Run/Walk**

| | | | |
|-----------------|-----|-------|------|
| Rob Clutterbuck | 65 | 10.44 | |
| Magda Maniak | 36 | 12.35 | |
| Summer | inv | 13.36 | |
| Gary Meyer | 63 | 13.03 | |
| Hsien Chiam | 47 | 13.34 | |
| Frances Halton | 57 | 13.41 | |
| Arlene D'Monte | 60 | 20.25 | walk |
| Lindsay Beaton | 68 | 20.25 | walk |

1600m Run Walk

| | | | |
|-----------------|-----|-------|------|
| Rob Clutterbuck | 65 | 7.31 | |
| Gary Meyer | 63 | 9.06 | |
| Hsien Chiam | 47 | 9.57 | |
| Summer | inv | 10.04 | |
| Albin Hess | 58 | 10.19 | walk |
| Lindsay Beaton | 68 | 14.44 | walk |

CASEY 15 OCTOBER 2018**90M**

| | | |
|--------------|----|-------|
| Paul Olsson | 61 | 13.75 |
| Magda Maniak | 36 | 13.81 |

2.2km Road Run/Walk

| | | | |
|----------------|-----|-------|------|
| Pramesh Prasad | 44 | 9.48 | |
| Gary Meyer | 63 | 12.41 | |
| Kyle Bird | inv | 13.01 | walk |
| Kylie Irshad | 46 | 15.12 | walk |
| Peter Ellis | 67 | 16.44 | walk |
| Arlene D'Monte | 60 | 19.41 | walk |
| Lindsay Beaton | 68 | 21.23 | walk |

CASEY 15 OCTOBER 2018 cont.**120M**

| | | |
|--------------|----|-------|
| Paul Olsson | 61 | 18.02 |
| Magda Maniak | 36 | 19.56 |
| Mike Hall | 79 | 20.58 |

1600M Run/Walk

| | | | |
|----------------|----|-------|------|
| Gary Meyer | 63 | 8.49 | |
| Frances Halton | 57 | 9.58 | |
| Peter Ellis | 67 | 10.08 | walk |
| Arlene D'Monte | 60 | 14.08 | walk |
| Lindsay Beaton | 68 | 15.46 | walk |

CASEY 22 OCTOBER 2018**70M**

| | | |
|----------------|----|-------|
| Rob Italia | 52 | 10.78 |
| Magda Maniak | 36 | 11.13 |
| Mike Hall | 79 | 11.56 |
| Hsein Chiam | 46 | 11.91 |
| Paul Olsson | 61 | 15.06 |
| Arlene D'Monte | 60 | 15.36 |

2 x Road Run/Walk

| | | | |
|----------------|----|-------|----------|
| Kylie Irshad | 46 | 14.31 | 1 x walk |
| Pramesh Prasad | 44 | 15.49 | |
| Gary Meyer | 63 | 21.01 | |
| Frances Halton | 57 | 21.43 | |
| Hsien Chiam | 47 | 24.36 | |
| Albin Hess | 58 | 25.12 | walk |
| John Hallo | 76 | 29.06 | walk |

300M

| | | |
|--------------|----|-------|
| Rob Italia | 52 | 46.89 |
| Magda Maniak | 36 | 59.72 |
| Paul Olsson | 61 | 93.57 |

1200M Run/Walk

| | | | |
|----------------|----|-------|------|
| Pramesh Prasad | 44 | 6.42 | walk |
| Rob Italia | 52 | 6.42 | |
| Gary Meyer | 63 | 6.56 | |
| Albin Hess | 58 | 8.12 | walk |
| Arlene D'Monte | 60 | 10.47 | walk |
| Lindsay Beaton | 68 | 14.19 | walk |



"How long have you been self-employed?"

CASEY 29 OCTOBER 2018**80M**

| | | |
|----------------|----|-------|
| Magda Maniak | 36 | 14.11 |
| Hsien Chiam | 47 | 15.51 |
| Paul Olsson | 61 | 17.78 |
| Arlene D'Monte | 60 | 18.51 |

1600m Run/Walk

| | | | |
|-----------------|----|-------|------|
| Charlie Mallia | 69 | 7.14 | |
| Rob Clutterbuck | 65 | 7.17 | |
| Gary Meyer | 63 | 9.01 | |
| Hsien Chiam | 47 | 9.32 | |
| Albin Hess | 58 | 10.31 | walk |
| Marnie Grace | 43 | 11.23 | walk |
| Arlene D'Monte | 60 | 13.41 | walk |
| Lindsay Beaton | 68 | 14.32 | walk |

120M

| | | | |
|--------------|-----|-------|-----|
| Madeline | inv | 18.36 | 80m |
| Christian | inv | 20.59 | 80m |
| Magda Maniak | 36 | 21.18 | |
| Mike Hall | 79 | 21.43 | |
| Albin Hess | 58 | 26.07 | |

1 Lap X/C (3200m) Run/Walk

| | | | |
|-----------------|----|-------|------|
| Rob Clutterbuck | 65 | 16.31 | |
| Charlie Mallia | 69 | 17.11 | |
| Gary Meyer | 63 | 19.52 | |
| Marnie Grace | 43 | 25.43 | walk |

COBURG 4 OCTOBER 2018**90m**

| | | |
|------------------|----|-------|
| Isabelle RAINES | 15 | 12.48 |
| Colin HICKIE | 34 | 12.74 |
| Tracy COLBERT | 49 | 17.71 |
| Michelle SPORTON | 52 | 20.85 |

1500m Estimate Actual Time

| | | | |
|----------------|----|------|------|
| | | Time | Diff |
| Colin HICKIE | 34 | 6.15 | 5 |
| Michael MEANEY | 63 | 7.20 | 10 |
| Donna ELMS (W) | 57 | 8.59 | 29 |

400m Managers' Challenge

| | | | |
|------------------|----|--------|---|
| | | Target | |
| Isabelle RAINES | 15 | 1.10.6 | x |
| Colin HICKIE | 34 | 1.15.3 | x |
| Donna ELMS (W) | 57 | 2.11.3 | x |
| Michelle SPORTON | 52 | 2.55.9 | x |

2.5km

| | | |
|--------------|----|-------|
| Colin HICKIE | 34 | 11.19 |
| Bruce GIBBS | 69 | 21.59 |
| Ken CARTER | 66 | 30.12 |

5km

| | | |
|----------------|----|-------|
| Michael MEANEY | 63 | 26.25 |
| Tracy COLBERT | 49 | 26.47 |

COBURG 11 OCTOBER 2018**100m****Heat: 1**

| | | |
|------------------|----|-------|
| Rob LEWIS | 71 | 18.60 |
| Tracy COLBERT | 49 | 19.40 |
| Michelle SPORTON | 52 | 23.08 |

Heat: 2

| | | |
|-----------------|----|-------|
| Paul O'NEILL | 53 | 14.02 |
| Isabelle RAINES | 15 | 14.30 |

COBURG 11 OCTOBER 2018 cont.

| | | |
|--------------|----|-------|
| Colin HICKIE | 34 | 14.40 |
| Gary O'DWYER | 59 | 15.30 |

800m

| | | |
|----------------|----|------|
| Fraser MURRAY | 46 | 2.38 |
| Carl KENNEDY | 52 | 2.45 |
| Colin HICKIE | 34 | 2.52 |
| Tracy COLBERT | 49 | 3.30 |
| Maria BARBETTI | 53 | 3.48 |

300m

| | | |
|------------------|----|--------|
| Isabelle RAINES | 15 | 48.38 |
| Paul O'NEILL | 53 | 48.95 |
| Gary O'DWYER | 59 | 50.24 |
| Frank BRADLEY | 62 | 1.09.2 |
| Michelle SPORTON | 52 | 1.51.9 |

2km

| | | |
|-------------|----|-------|
| Len HALLETT | 69 | 10.43 |
| Rob DAVEY | 78 | 17.36 |

4km Managers' Challenge

| | | | |
|----------------|----|--------|---|
| | | Target | |
| Carl KENNEDY | 52 | 15.34 | x |
| Colin HICKIE | 34 | 16.41 | x |
| Fraser MURRAY | 46 | 19.45 | x |
| Gary O'DWYER | 59 | 20.13 | x |
| Maria BARBETTI | 53 | 23.18 | x |
| Rob LEWIS | 71 | 24.33 | x |

COBURG 18 OCTOBER 2018**100m**

| | | |
|------------------|----|-------|
| Sierra ASHER | 33 | 13.22 |
| Isabelle RAINES | 16 | 14.42 |
| Colin HICKIE | 34 | 14.59 |
| Spud HARRAP | 16 | 14.91 |
| Gary O'DWYER | 59 | 16.25 |
| Rob LEWIS | 71 | 22.18 |
| Michelle SPORTON | 52 | 23.80 |

1200m

| | | |
|----------------|----|-------|
| Sierra ASHER | 33 | 4.41 |
| Colin HICKIE | 34 | 4.59 |
| Fraser MURRAY | 46 | 5.19 |
| Michael MEANEY | 63 | 5.50 |
| Gary O'DWYER | 59 | 5.58 |
| Ken CARTER | 66 | 13.02 |

400m Managers' Challenge**Heat: 1**

| | | | |
|----------------|----|---------|--------|
| Tracy COLBERT | 49 | 1.29.6* | 1.32.0 |
| Maria BARBETTI | 53 | 1.35.5 | x |
| Frank BRADLEY | 62 | 1.38.0 | x |
| Rob DAVEY | 78 | 1.57.7* | 1.59.0 |

Heat: 2

| | | | |
|-----------------|----|---------|--------|
| Gary O'DWYER | 59 | 1.08.1* | 1.10.0 |
| Jasper KELLY | 17 | 1.09.7 | |
| Isabelle RAINES | 16 | 1.10.5 | x |
| Colin HICKIE | 34 | 1.13.2 | x |
| Spud HARRAP | 16 | 1.14.9 | |
| Michael MEANEY | 63 | 1.16.7 | x |
| Fraser MURRAY | 46 | 1.18.8 | x |

*Achieved time set by manager.

2100m

| | | |
|-----------|----|-------|
| Rob DAVEY | 78 | 19.40 |
|-----------|----|-------|

COBURG 18 OCTOBER 2018 cont.

| 3.5km Spiral Handicap | | | |
|------------------------------|----|-------|--------|
| | | Clock | Actual |
| Tracy COLBERT | 49 | 24.00 | 17.58 |
| Colin HICKIE | 34 | 24.32 | 15.28 |
| Maegan KERR | 46 | 24.47 | 19.16 |
| Maria BARBETTI | 53 | 24.59 | 19.46 |
| Fraser MURRAY | 46 | 25.13 | 14.17 |
| Frank BRADLEY | 62 | 25.25 | 21.53 |
| Gary O'DWYER | 59 | 25.44 | 17.11 |
| Carl KENNEDY | 52 | 25.59 | 13.46 |
| Michael MEANEY | 63 | 26.05 | 17.11 |
| Fiona ELY | 49 | 26.18 | 17.56 |
| Brian DELANEY | 64 | 27.19 | 19.18 |
| Bruce GIBBS | 69 | 27.48 | 29.38 |
| Rob LEWIS | 71 | 27.49 | 24.17 |
| Ken CARTER | 66 | 31.23 | 42.23 |

COBURG 25 OCTOBER 2018

| 100m | | | |
|------------------|----|-------|--|
| Ethan O'NEILL | 18 | 12.61 | |
| Colin HICKIE | 34 | 14.44 | |
| Paul O'NEILL | 53 | 15.80 | |
| Sally COLLINS | 44 | 16.30 | |
| Rob LEWIS | 71 | 20.75 | |
| Michelle SPORTON | 52 | 23.13 | |

6 LapTeams Event

| | | | |
|--------------------|----|------|-------|
| Rob LEWIS (1) | 71 | 1.46 | |
| Tracy COLBERT (2) | 49 | 3.28 | |
| Colin HICKIE (3) | 34 | 4.29 | 9.43 |
| Frank BRADLEY (1) | 62 | 1.40 | |
| Maria BARBETTI (2) | 53 | 3.51 | |
| Carl KENNEDY (3) | 52 | 4.17 | 9.48 |
| Sally COLLINS (1) | 44 | 1.36 | |
| Fraser MURRAY (2) | 46 | 2.36 | |
| Len HALLETT (3) | 69 | 5.49 | 10.01 |
| Rob DAVEY (1) | 78 | 2.14 | |
| Fiona ELY (2) | 49 | 3.29 | |
| Michael MEANEY (3) | 63 | 5.14 | 10.57 |

500m

| | | | |
|------------------|----|--------|--|
| Paul O'NEILL | 53 | 1.41.5 | |
| Bruce GIBBS | 69 | 2.17.4 | |
| Michelle SPORTON | 52 | 4.07.8 | |
| Ken CARTER | 66 | 5.20.7 | |

2km

| | | | |
|------------|----|-------|--|
| Fiona ELY | 49 | 9.33 | |
| Rob LEWIS | 71 | 13.23 | |
| Ken CARTER | 66 | 24.03 | |

4km Managers Challenge

| | Target | | |
|----------------|--------|--------|-------|
| Carl KENNEDY | 52 | 15.23 | x |
| Colin HICKIE | 34 | 16.44 | x |
| Fraser MURRAY | 46 | 19.23 | x |
| Michael MEANEY | 63 | 19.38 | x |
| Tracy COLBERT | 49 | 20.24* | 21.00 |
| Len HALLETT | 69 | 21.52 | x |
| Maria BARBETTI | 53 | 21.58* | 22.00 |
| Rob DAVEY | 78 | 31.41 | x |
| Bruce GIBBS | 69 | 32.29 | x |

*Achieved time set by manager.

COLLINGWOOD 2 OCTOBER 2018

| 70 Metres | | | |
|------------------|----|--------|-------|
| | | Time | Age G |
| 1 GERO Peter | 30 | 0:09.9 | 69.1% |
| 2 ADRIEN Gerard | 58 | 0:10.3 | 79.5% |
| 3 WINNEN Ian | 56 | 0:10.6 | 75.7% |

| 800 Metres | | | |
|-------------------|----|------|-------|
| | | Time | Age G |
| 1 WINNEN Ian | 56 | 2:34 | 77.3% |
| 2 GERO Peter | 30 | 2:44 | 61.7% |
| 3 ADRIEN Gerard | 58 | 2:48 | 72.1% |
| 4 HALLETT Matthew | 29 | 3:18 | 51.1% |
| 5 PARDY Carmel | 50 | 3:26 | 62.4% |
| 6 IOVENITTI Carlo | 59 | 3:41 | 55.5% |
| 7 POCOCK John | 75 | 4:21 | 56.2% |
| 8 HALLETT Len | 69 | 4:22 | 51.6% |

| 200 Metres | | | |
|-------------------|----|--------|-------|
| | | Time | Age G |
| 1 ADRIEN Gerard | 58 | 0:30.5 | 76.9% |
| 2 WINNEN Ian | 56 | 0:31.3 | 73.5% |
| 3 GERO Peter | 30 | 0:31.9 | 61.3% |

| Spiral Hcp. | | | |
|--------------------|----|-------|-------|
| | | Net T | Clock |
| 1 HALLETT Len | 69 | 18:08 | 19:38 |
| 2 HALLETT Matthew | 29 | 15:00 | 20:50 |
| 3 PARDY Carmel | 50 | 15:57 | 20:58 |
| 4 DROSDOWSKY Wasyl | 67 | 21:01 | 21:08 |
| 5 BAYLEY Rod | 72 | 17:04 | 21:10 |
| 6 HOPKINS Jim | 68 | 16:15 | 21:16 |
| 7 POCOCK John | 75 | 19:30 | 21:25 |
| 8 WINNEN Ian | 56 | 14:26 | 21:34 |
| 9 IOVENITTI Carlo | 59 | 18:22 | 21:48 |
| 10 WINDSOR Wes | 74 | 21:51 | 25:57 |
| 11 KELLY Patrick | 38 | 19:29 | 26:03 |

COLLINGWOOD 9 OCTOBER 2018

| 80 Metres | | | |
|------------------|----|------|-------|
| | | Time | Age G |
| 1 GERO Peter | 30 | 11.6 | 67.2% |
| 2 HOWDEN Keith | 73 | 12.0 | 91.1% |

| 600 Metres | | | |
|-------------------|----|------|-------|
| | | Time | Age G |
| 1 WINNEN Ian | 56 | 1:46 | 80.2% |
| 2 HALLETT Matthew | 29 | 2:26 | 49.5% |
| 3 HALLETT Len | 69 | 2:40 | 60.4% |
| 4 ELY Fiona | 49 | 2:42 | 55.7% |
| 5 WINDSOR Wes | 74 | 2:53 | 59.3% |
| 6 POCOCK John | 75 | 2:57 | 59.2% |

| 200 Metres | | | |
|-------------------|----|------|-------|
| | | Time | Age G |
| 1 GERO Peter | 30 | 29.0 | 67.6% |
| 4 HOWDEN Keith | 73 | 29.4 | 93.0% |

| 2 Km. | | | |
|--------------------|----|-------|-------|
| | | Time | Age G |
| 1 ELY Fiona | 49 | 9:39 | 61.3% |
| 2 HALLETT Len | 69 | 10:12 | 62.0% |
| 3 DROSDOWSKY Wasyl | 67 | 11:31 | 54.0% |

| 4 Km. | | | |
|-------------------|----|-------|-------|
| | | Time | Age G |
| 1 WINNEN Ian | 56 | 16:35 | 71.2% |
| 2 PARDY Carmel | 50 | 18:46 | 68.0% |
| 3 HALLETT Matthew | 29 | 18:57 | 53.0% |
| 4 BAYLEY Rod | 72 | 19:28 | 71.4% |
| 5 POCOCK John | 75 | 22:14 | 65.4% |
| 6 WINDSOR Wes | 74 | 22:35 | 63.1% |
| 7 BELL Gary | 64 | 24:05 | 53.1% |

COLLINGWOOD 16 OCTOBER 2018

| 100 Metres | | Time | Age | G |
|-------------------|-----------------|------|------|-------|
| 1 | GERO Peter | 30 | 13.0 | 74.9% |
| 2 | FABRE Christian | 18 | 13.6 | 76.0% |
| 3 | HOWDEN Keith | 73 | 14.5 | 94.2% |
| 4 | ADRIEN Gerard | 58 | 14.9 | 78.5% |
| 5 | LOVELL Scott | 53 | 15.1 | 73.7% |
| 6 | DELBRIDGE Adam | 46 | 15.3 | 68.4% |
| 7 | FABRE Emily | 15 | 16.8 | 69.9% |
| 8 | LEWIS Rob | 71 | 18.8 | 70.8% |
| 9 | FABRE Sofie | 49 | 19.3 | 63.4% |
| 10 | WINDSOR Wes | 74 | 21.4 | 64.6% |

| 400 Metres | | Time | Age | G |
|-------------------|-----------------|------|------|-------|
| 1 | DELBRIDGE Adam | 46 | 1:00 | 79.9% |
| 2 | FABRE Christian | 18 | 1:05 | 72.9% |
| 3 | ADRIEN Gerard | 58 | 1:10 | 76.3% |
| 4 | HEJTMANEK Jim | 53 | 1:13 | 69.5% |
| 5 | LOVELL Scott | 53 | 1:17 | 66.0% |
| 6 | FABRE Emily | 15 | 1:27 | 61.7% |
| 7 | FABRE Sofie | 49 | 1:41 | 55.3% |
| 8 | WINDSOR Wes | 74 | 1:52 | 56.3% |
| 9 | POCOCK John | 75 | 1:58 | 54.7% |

| 250 Metres | | Time | Age | G |
|-------------------|-----------------|------|------|-------|
| 1 | DELBRIDGE Adam | 46 | 36.0 | 77.4% |
| 2 | GERO Peter | 30 | 37.6 | 68.9% |
| 3 | HOWDEN Keith | 73 | 38.0 | 95.2% |
| 4 | FABRE Christian | 18 | 40.0 | 68.7% |
| 5 | FABRE Emily | 15 | 48.3 | 64.6% |
| 6 | LEWIS Rob | 71 | 53.3 | 66.4% |
| 7 | WINDSOR Wes | 74 | 54.9 | 66.9% |
| 8 | FABRE Sofie | 49 | 55.9 | 58.3% |

| 2.1 Km. | | Time | Age | G |
|----------------|-----------------|------|-------|-------|
| 1 | LOVELL Scott | 53 | 10:02 | 59.4% |
| 2 | FABRE Christian | 18 | 10:20 | 53.8% |
| 3 | FABRE Emily | 15 | 12:00 | 52.6% |
| 4 | SENIOR Ken | 72 | 12:36 | 57.7% |
| 5 | BAYLEY Rod | 72 | 12:38 | 54.6% |
| 6 | WINDSOR Wes | 74 | 12:38 | 56.0% |
| 7 | BELL Gary | 64 | 13:50 | 48.2% |
| 8 | LEWIS Rob | 71 | 14:00 | 51.1% |
| 4 | FABRE Sofie | 49 | 14:13 | 46.3% |
| 9 | DUNNING Robert | 61 | 19:54 | 32.4% |

| 4.2 Km. | | Time | Age | G |
|----------------|---------------|------|-------|-------|
| 1 | HEJTMANEK Jim | 53 | 19:35 | 64.9% |
| 2 | HOPKINS Jim | 69 | 25:14 | 58.6% |
| 3 | POCOCK John | 75 | 25:16 | 63.7% |

COLLINGWOOD 23 OCTOBER 2018

| 80 Metres | | Time | Age | G |
|------------------|----------------|------|------|-------|
| 1 | DELBRIDGE Adam | 46 | 11.0 | 76.1% |
| 2 | HOWDEN Keith | 73 | 11.4 | 95.4% |
| 3 | NEMISI Eugene | 43 | 11.7 | 69.5% |
| 4 | ADRIEN Gerard | 58 | 11.9 | 78.3% |
| 5 | WINNEN Ian | 56 | 12.0 | 76.1% |
| 6 | GIBBS Bruce | 69 | 14.0 | 75.0% |
| 7 | LEWIS Rob | 71 | 14.7 | 72.4% |

| 400 Metres | | Time | Age | G |
|-------------------|----------------|------|------|-------|
| 1 | DELBRIDGE Adam | 46 | 59.7 | 91.1% |
| 800 Metres | | Time | Age | G |
| 1 | NEMISI Eugene | 43 | 2:31 | 30.9% |
| 2 | WINNEN Ian | 56 | 2:34 | 77.3% |
| 3 | ADRIEN Gerard | 58 | 2:59 | 67.7% |
| 4 | RUSSO Chris | 52 | 3:24 | 56.3% |
| 5 | WINDSOR Wes | 74 | 3:45 | 63.8% |

| 300 Metres | | Time | Age | G |
|-------------------|----------------|------|------|-------|
| 1 | DELBRIDGE Adam | 46 | 46.5 | 74.4% |
| 2 | HOWDEN Keith | 73 | 48.6 | 92.4% |
| 3 | ADRIEN Gerard | 58 | 51.8 | 74.2% |
| 4 | NEMISI Eugene | 43 | 52.9 | 63.6% |
| 5 | LEWIS Rob | 71 | 72.3 | 60.8% |
| 6 | FABRE Sofie | 49 | 76.3 | 53.0% |

| 3 Km. | | Time | Age | G |
|--------------|------------------|------|-------|-------|
| 1 | NEMISI Eugene | 43 | 13:34 | 56.8% |
| 2 | FABRE Sofie | 49 | 18:38 | 49.7% |
| 3 | DROSDOWSKY Wasyl | 67 | 18:52 | 51.3% |
| 4 | LEWIS Rob | 71 | 19:10 | 52.6% |
| 5 | DUNNING Robert | 61 | 23:22 | 38.9% |
| 6 | GIBBS Bruce | 69 | 24:30 | 40.5% |

| 5 Km. | | Time | Age | G |
|--------------|--------------|------|-------|-------|
| 1 | WINNEN Ian | 56 | 23:19 | 67.5% |
| 2 | PARDY Carmel | 50 | 24:04 | 70.6% |
| 3 | RUSSO Chris | 52 | 25:44 | 58.9% |
| 4 | POCOCK John | 75 | 30:10 | 64.2% |
| 5 | BAYLEY Rod | 72 | 30:35 | 60.5% |
| 6 | WINDSOR Wes | 74 | 30:35 | 62.0% |
| 7 | BELL Gary | 64 | 34:26 | 49.5% |

COLLINGWOOD 30 OCTOBER 2018

| 90 Metres | | Time | Age | G |
|------------------|----------------|------|------|-------|
| 1 | GERO Peter | 30 | 11.9 | 74.3% |
| 2 | HOWDEN Warren | 38 | 12.4 | 71.9% |
| 3 | DELBRIDGE Adam | 46 | 12.7 | 75.0% |
| 4 | HOWDEN Keith | 73 | 13.0 | 94.8% |
| 5 | ADRIEN Gerard | 58 | 13.2 | 80.4% |
| 6 | NEMISI Eugene | 43 | 13.4 | 69.0% |
| 7 | WINNEN Ian | 56 | 13.6 | 76.6% |
| 8 | HORN Michael | 66 | 13.9 | 81.9% |
| 9 | STUART Will | 39 | 14.0 | 64.0% |
| 10 | LEWIS Rob | 71 | 16.8 | 71.8% |
| 11 | WINDSOR Wes | 74 | 16.9 | 74.0% |

| 400 Metres | | Time | Age | G |
|-------------------|----------------|------|-------|-------|
| 1 | DELBRIDGE Adam | 46 | 59.1 | 81.1% |
| 2 | NEMISI Eugene | 43 | 67.3 | 69.3% |
| 3 | ADRIEN Gerard | 58 | 68.9 | 77.5% |
| 4 | STUART Will | 39 | 72.8 | 62.0% |
| 5 | HEJTMANEK Jim | 53 | 78.3 | 65.2% |
| 6 | WINDSOR Wes | 74 | 101.6 | 62.3% |

COLLINGWOOD 30 OCTOBER 2018 cont.

4 x 200 Metres

| | | Time |
|---|--------------------|------|
| 1 | DELANEY BRIAN 64 | 2:06 |
| | HOWDEN Keith 73 | |
| | HOWDEN Warren 38 | |
| 2 | FABRE Christian 18 | 2:09 |
| | KELLY Patrick 38 | |
| | PARDY Carmel 50 | |
| 3 | ADRIEN Gerard 58 | 2:17 |
| | DELBRIDGE Adam 46 | |
| | FABRE Sofie 49 | |
| 4 | HORN Michael 66 | 2:17 |
| | LEWIS Rob 71 | |
| | WINNEN Ian 56 | |
| 5 | GERO Peter 30 | 2:22 |
| | GIBBS Bruce 69 | |
| | HOPKINS Jim 69 | |
| 6 | BAYLEY Rod 72 | 2:26 |
| | LOVELL Scott 53 | |
| | NEMISI Eugene 43 | |

3 Km.

| | | Time | Age G |
|----|---------------------|-------|-------|
| 1 | NEMISI Eugene 43 | 11:48 | 65.4% |
| 2 | FABRE Christian 18 | 12:51 | 60.9% |
| 3 | STUART Will 39 | 13:39 | 54.6% |
| 4 | WINDSOR Wes 74 | 15:30 | 67.5% |
| 5 | FABRE Sofie 49 | 16:40 | 55.6% |
| 6 | HORN Michael 66 | 16:44 | 56.9% |
| 7 | DROSDOWSKY Wasyl 67 | 17:56 | 54.0% |
| 8 | LEWIS Rob 71 | 18:49 | 53.6% |
| 9 | POCOCK John 75 | 22:52 | 46.7% |
| 10 | GIBBS Bruce 69 | 24:09 | 41.1% |

6 Km.

| | | Time | Age G |
|---|-------------------|-------|-------|
| 1 | WINNEN Ian 56 | 26:17 | 69.2% |
| 2 | HEJTMANEK Jim 53 | 28:13 | 62.7% |
| 3 | PARDY Carmel 50 | 28:51 | 68.1% |
| 4 | BAYLEY Rod 72 | 30:55 | 69.2% |
| 5 | HOPKINS Jim 69 | 32:09 | 64.1% |
| 6 | BELL Gary 64 | 37:35 | 52.4% |
| 7 | DUNNING Robert 61 | 39:57 | 47.6% |

CROYDON 2 OCTOBER 2018

1 KM WALK

| | | |
|----|--------------------|-------|
| 1 | Paul MORITZ 59 | 6.30 |
| 2 | Grant MURFETT 51 | 7.16 |
| 3 | Ron BOYNE 84 | 8.10 |
| 4 | Phyllis GOSBELL 80 | 8.34 |
| 5 | Grant WATSON 70 | 9.29 |
| 6 | Colin WILLIAMS 69 | 9.29 |
| 7 | Barrie WICKS 78 | 9.29 |
| 8 | Erika BEDYN 56 | 11.20 |
| 9 | Ros DYER 54 | 11.55 |
| 10 | Ron SMITH 69 | 11.56 |

100 METRE SPRINT

Heat 1:

| | | |
|---|------------------|------|
| 1 | Andrew FRASER 76 | 17.6 |
| 2 | Cec McKEOWN 78 | 18.1 |
| 3 | Barry MURLEY 79 | 21.5 |
| 4 | Ron SMITH 69 | 22.4 |

Heat 2:

| | | |
|---|------------------|------|
| 1 | Jess DUX 34 | 13.0 |
| 2 | Grant MURFETT 51 | 13.5 |
| 3 | Robert STAGG 52 | 14.9 |

2 LAPS TURNAROUND

| | | |
|----|-----------------------|------|
| 1 | Braydon WOODRIDGE Inv | 6.25 |
| 2 | Cec McKEOWN 78 | 6.28 |
| 3 | Angela EDWARDS 52 | 6.37 |
| 4 | Ron BOYNE 84 | 6.39 |
| 5 | Erika BEDYN 56 | 6.41 |
| 6 | Ros DYER 54 | 6.41 |
| 7 | Colin WILLIAMS 69 | 6.47 |
| 8 | Grant WATSON 70 | 6.48 |
| 9 | Barry MURLEY 79 | 6.49 |
| 10 | Lee SETTLE 47 | 7.13 |
| 11 | Robert STAGG 52 | 7.19 |

400 METRE RUN

| | | |
|---|-------------------|------|
| 1 | Jess DUX 34 | 1.07 |
| 2 | Lee SETTLE 47 | 1.21 |
| 3 | Erika BEDYN 56 | 1.39 |
| 4 | Colin WILLIAMS 69 | 1.42 |
| 5 | Angela EDWARDS 52 | 1.47 |
| 6 | Cec McKEOWN 78 | 1.47 |

JAVELIN THROW

| | | |
|--|-----------------------|-------|
| | Braydon WOODRIDGE Inv | 39.65 |
| | Angela EDWARDS 52 | 21.30 |
| | Erika BEDYN 56 | 13.30 |

2 OR 4 KM RUN/WALK

2 km:

| | | |
|---|---------------------------|-------|
| 1 | Erika BEDYN (Run) 56 | 8.47 |
| 2 | Robert STAGG (Run) 52 | 10.08 |
| 3 | Ros DYER (Run) 54 | 12.16 |
| 4 | Ron BOYNE (Run) 84 | 13.20 |
| 5 | Paul MORITZ (Walk) 59 | 13.57 |
| 6 | Phyllis GOSBELL (Walk) 80 | 17.45 |
| 7 | Cec McKEOWN (Walk) 78 | 18.43 |
| 8 | Grant WATSON (Walk) 70 | 18.45 |

4 km:

| | | |
|---|--------------------------------|-------|
| 1 | Lee SETTLE 47 | 20.53 |
| | Colin WILLIAMS (2 laps run) 69 | 4.29 |
| | Mark CHALLENGE (7 laps run) 61 | 16.47 |



"I'm afraid I can't discuss my other patients."

CROYDON 9 OCTOBER 2018**7 MIN 12 SEC. WALK SELF HANDICAP**

| | | | |
|----|-----------------|----|------|
| 1 | Lyn BATCHELOR | 69 | 6.56 |
| 2 | Paul MORITZ | 59 | 7.03 |
| 3 | Ron BOYNE ** | 84 | 7.14 |
| 4 | Julie CHALLEN | 60 | 7.23 |
| 5 | Alison THOMPSON | 65 | 7.24 |
| 6 | Allan WOOD | 81 | 7.35 |
| 7 | Grant WATSON | 71 | 7.38 |
| 8 | Grant MURFETT | 51 | 7.43 |
| 9 | Ros DYER | 54 | 7.45 |
| 10 | Jess DUX | 34 | 7.56 |

** Winner - Ron Boyne

120 METRE SPRINT**Heat 1:**

| | | | |
|---|---------------|----|------|
| 1 | Cec McKEOWN | 78 | 22.6 |
| 2 | Andrew FRASER | 76 | 24.6 |
| 3 | Barry MURLEY | 79 | 28.4 |
| 4 | Grant WATSON | 71 | 42.9 |

Heat 2:

| | | | |
|---|---------------|----|------|
| 1 | Jess DUX | 34 | 16.9 |
| 2 | Grant MURFETT | 51 | 17.1 |
| 3 | Lee SETTLE | 47 | 22.7 |
| 4 | Allan WOOD | 81 | 24.3 |

1 MILE RUN

| | | | |
|---|----------------------------|----|------|
| 1 | Lee SETTLE | 47 | 9.04 |
| 2 | Ros DYER | 54 | 9.08 |
| | Grant WATSON (2 laps Walk) | 71 | 7.02 |
| | Cec McKEOWN (3 laps Run) | 78 | 7.18 |

100/100/200/400 METRE RELAY

| | | | |
|---|---------------|----|------|
| 1 | Andrew FRASER | 76 | |
| | Cec McKEOWN | 78 | |
| | Lee SETTLE | 47 | |
| | Grant MURFETT | 51 | 2.17 |
| 2 | Ron BOYNE | 84 | |
| | Ros DYER | 54 | |
| | Allan WOOD | 81 | |
| | Jess DUX | 34 | 2.51 |

20 OR 30 MINUTE TIME TRIAL**20 mins:**

| | | | | |
|--|---------------------|----|---|-----|
| | Lee SETTLE (Run) | 47 | 9 | |
| | Paul MORITZ (Walk) | 59 | 6 | 375 |
| | Cec McKEOWN (Walk) | 78 | 4 | 100 |
| | Grant WATSON (Walk) | 71 | 4 | 100 |

30 mins:

| | | | | |
|--|-----------------------|----|----|-----|
| | Alison THOMPSON (Run) | 65 | 12 | 300 |
| | Ros DYER (Run) | 54 | 12 | 40 |
| | Ron BOYNE (Run/Walk) | 84 | 9 | 20 |

CROYDON 16 OCTOBER 2018**1200 METRE WALK**

| | | | |
|---|----------------|----|-------|
| 1 | Russ DICKENSON | 72 | 8.06 |
| 2 | Ros DYER | 54 | 10.48 |
| 3 | Barry MURLEY | 79 | 12.13 |
| 4 | Colin WILLIAMS | 69 | 12.13 |
| 5 | Grant WATSON | 71 | 12.13 |

60 METRE SPRINT

| | | | |
|---|--------------|----|------|
| 1 | Cec McKEOWN | 78 | 12.7 |
| 2 | Allan WOOD | 81 | 13.6 |
| 3 | Barry MURLEY | 79 | 13.8 |
| 4 | Grant WATSON | 71 | 19.2 |

CROYDON 16 OCTOBER 2018 cont.**DISTANCE**

| | | |
|-------------------------------|----|-------|
| Colin WILLIAMS (2 laps Run) | 69 | 4.37 |
| Russ DICKENSON (2lapsWalk) | 72 | 5.54 |
| Cec McKEOWN (2 laps Walk) | 78 | 9.58 |
| Grant WATSON (2 laps Walk) | 71 | 9.58 |
| Murray HUTCHISON (6 laps Run) | 69 | 11.16 |
| Ron BOYNE (5 laps Run/Walk) | 84 | 14.48 |

CROYDON 23 OCTOBER 2018**3 LAPS WALK**

| | | | |
|----|-------------------|----|-------|
| 1 | Paul MORITZ | 59 | 7.52 |
| 2 | Lyn BATCHELOR | 69 | 9.34 |
| 3 | Ron BOYNE | 85 | 9.40 |
| 4 | Phyllis GOSBELL | 80 | 9.52 |
| 5 | Braydon WOODRIDGE | 16 | 11.29 |
| 6 | Grant WATSON | 71 | 11.57 |
| 7 | Colin WILLIAMS | 69 | 11.57 |
| 8 | Barrie WICKS | 78 | 12.18 |
| 9 | Kevin McLAUCHLAN | 74 | 12.19 |
| 10 | Jess DUX | 34 | 12.34 |
| 11 | Erika BEDYN | 56 | 12.34 |
| 12 | Tania NEALE | 40 | 12.35 |
| 13 | Grant MURFETT | 51 | 12.36 |
| 14 | Ros DYER | 54 | 12.39 |
| 15 | David BATCHELOR | 81 | 13.04 |

100 METRE SPRINT

| | | | |
|---|-------------------|----|------|
| 1 | Jess DUX | 34 | 13.3 |
| 2 | Braydon WOODRIDGE | 16 | 14.4 |
| 3 | Russell OAKLEY | 78 | 17.5 |
| 4 | Melanie BISSETT | 42 | 17.7 |
| 5 | Cec McKEOWN | 78 | 19.0 |
| 6 | Barry MURLEY | 79 | 22.2 |

1500 METRE RUN AGE GRADED

| | | | Age % | |
|---|-------------------|----|-------|-------|
| 1 | Lee SETTLE | 47 | 6.06 | 62.76 |
| 2 | Braydon WOODRIDGE | 16 | 6.50 | 53.29 |
| 3 | Erika BEDYN | 56 | 7.02 | 70.00 |
| 4 | Colin WILLIAMS | 69 | 7.51 | 59.02 |

300 METRE SPRINT

| | | | |
|---|-------------------|----|-------|
| 1 | Jess DUX | 34 | 47.9 |
| 2 | Cec McKEOWN | 78 | 61.2 |
| 3 | Russell OAKLEY | 78 | 62.1 |
| 4 | Melanie BISSETT | 42 | 62.7 |
| 5 | Christine MOELLER | 53 | 67.3 |
| 6 | Colin WILLIAMS | 69 | 124.5 |
| 7 | Grant WATSON | 71 | 143.8 |
| 8 | Barry MURLEY | 79 | 144.8 |

12 LAPS MAXIMUM RUN/WALK

| | | | |
|-------------------------|----|-------|----|
| Lee SETTLE (Run) | 47 | 24.58 | 12 |
| Alison THOMPSON (Run) | 65 | 25.52 | 12 |
| Erika BEDYN (Run) | 56 | 26.51 | 12 |
| Mark CHALLEN (Run) | 61 | 25.28 | 11 |
| Christine MOELLER (Run) | 53 | 26.00 | 11 |
| Ros DYER (Run) | 54 | 27.21 | 11 |
| Ron BOYNE (Run) | 85 | 27.53 | 10 |
| Paul MORITZ (Walk) | 59 | 25.32 | 9 |
| Julie CHALLEN (Walk) | 60 | 27.55 | 9 |
| Lyn BATCHELOR (Run) | 69 | 26.07 | 8 |
| Colin WILLIAMS (Run) | 69 | 4.37 | 2 |
| Kevin McLAUCHLAN (Walk) | 74 | 12.10 | 3 |
| Cec McKEOWN (Walk) | 78 | 12.10 | 3 |
| Barrie WICKS (Walk) | 78 | 15.17 | 3 |

DONCASTER 1 OCTOBER 2018**Javelin**

| | | | |
|-----------------|----|-------|----------------|
| Matt Hughes | 43 | 29.46 | 34.95 |
| Graham Ford | 69 | 18.77 | 34.08 |
| Frank Prowse | 66 | 17.55 | 29.63 |
| David McConnell | 66 | 16.84 | 28.43 |
| Mike Rennie | 35 | 18.04 | (venue record) |

300 Metres handicap

| | | |
|-----------------|--------|-------|
| Graham Ford | (-50) | 40.38 |
| Marg Tweedie | (-60) | 40.76 |
| David McConnell | (-27) | 41.06 |
| Matt Hughes | (-17) | 41.22 |
| Janine James | (-80) | 42.56 |
| Carolyn Aughey | (-115) | 44.68 |

1600 Metres

| | | |
|------------------|----|-----------------------|
| Mike Rennie | 35 | 5.27.4 |
| Matt Hughes | 43 | 6.52.5 |
| Lavinia Petrie | 75 | 6.56.6 (venue record) |
| Elizabeth Grover | 55 | 7.03.5 (venue record) |
| Katrina Philip | 56 | 7.33.1 |
| Frank Prowse | 66 | 11.43.9 (walk) |

120 Metres

| | | |
|--------------------|----|-------|
| Matt Hughes | 43 | 16.88 |
| Marg Tweedie | 64 | 19.56 |
| Hayden Featherston | 8 | 22.06 |

800 Metres NOST

| | | | | |
|--------------------|---------|---------|-----------|--------------|
| Lavinia Petrie | (-0.20) | 3.44.74 | (3.24.74) | (venrec, DQ) |
| Mike Rennie | (-1.28) | 3.53.68 | (2.25.68) | (DQ) |
| Graham Ford | (-0.50) | 3.59.35 | (3.09.35) | (winner) |
| Katrina Philip | (-0.30) | 3.59.78 | (3.29.78) | |
| Kath Gawthorn | (-0.35) | 4.04.49 | (3.29.49) | |
| Hayden Featherston | (-0.50) | 4.05.99 | | (3.15.99) |
| Matt Hughes | (-1.05) | 4.13.38 | (3.08.38) | |
| David McConnell | (-1.15) | 4.20.27 | (3.05.27) | |

2000 Metres

| | | |
|--------------------|----|------------------------|
| Mike Rennie | 35 | 8.31.6 |
| Antony Gottlieb | 38 | 8.37.3 |
| Matt Hughes | 43 | 9.18.8 |
| Elizabeth Grover | 55 | 9.26.2 (venue record) |
| Hayden Featherston | 8 | 9.57.8 |
| Katrina Philip | 56 | 10.28.3 |
| Lavinia Petrie | 75 | 10.41.5 (venue record) |

800 Metres walk

| | | |
|--------------|----|--------|
| Frank Prowse | 66 | 5.23.0 |
|--------------|----|--------|

DONCASTER 8 OCTOBER 2018**60 Metres heat 1**

| | | |
|----------------|----|----------------------|
| Marg Tweedie | 64 | 10.04 |
| Janine James | 71 | 10.52 |
| John Aughey | 81 | 11.63 (venue record) |
| Kathy Skultety | 76 | 12.68 (venue record) |
| Carolyn Aughey | 76 | 13.72 |

60 Metres heat 2

| | | |
|---------------|----|-------|
| Greg Champion | 63 | 9.50 |
| Fred Bissett | 35 | 9.92 |
| Jeffrey Sim | 56 | 10.39 |
| Graham Walter | 60 | 10.42 |
| Colin Ciantar | 56 | 11.94 |

DONCASTER 8 OCTOBER 2018 cont.**60 Metres heat 3**

| | | |
|---------------|----|-------|
| Luke Di Biasi | 55 | 7.97 |
| Matt Hughes | 43 | 8.44 |
| Matt Scholes | 48 | 11.72 |

800 Metres NOST

| | | | | |
|------------------|---------|---------|-----------|--------|
| Marg Tweedie | (-3.20) | 6.51.76 | (3.31.76) | DQ |
| Lavinia Petrie | (-3.34) | 6.52.10 | (3.18.10) | DQ |
| Katrina Philip | (-3.20) | 6.54.25 | (3.34.25) | DQ |
| Frank Prowse | (-1.00) | 6.55.19 | (5.55.19) | DQ |
| Jeffrey Sim | (-3.40) | 6.56.56 | (3.26.56) | winner |
| Graham Ford | (-3.50) | 6.57.87 | (3.07.87) | |
| Graham Walter | (-3.40) | 6.59.87 | (3.19.87) | |
| Gary Zuccala | (-4.00) | 6.59.93 | (2.59.93) | |
| Matt Hughes | (-4.10) | 7.02.37 | (2.52.37) | |
| Kath Gawthorn | (-3.30) | 7.03.99 | (3.33.99) | |
| Matt Scholes | (-4.35) | 7.04.92 | (2.29.92) | |
| Elizabeth Grover | (-3.40) | 7.17.16 | (3.37.16) | |
| Marla Trautman | (-0.10) | 7.55.67 | (7.45.67) | |

100 Metres

| | | |
|----------------|----|----------------------|
| Matt Hughes | 43 | 13.38 |
| Greg Champion | 63 | 15.48 |
| Marg Tweedie | 64 | 15.80 |
| Fred Bissett | 35 | 16.30 |
| Janine James | 71 | 17.34 |
| Kathy Skultety | 76 | 21.20 (venue record) |
| Matt Scholes | 48 | 21.72 |

400 Metres heat 1

| | | |
|----------------|----|--------------------------|
| Jeffrey Sim | 56 | 78.0 |
| Graham Walter | 60 | 83.7 |
| Marg Tweedie | 64 | 88.6 |
| Lavinia Petrie | 75 | 89.1 (Aust Record) |
| Katrina Philip | 56 | 97.0 |
| Carolyn Aughey | 76 | 1.53.4 (eq venue record) |
| Fred Bissett | 35 | 2.12.7 |
| Marla Trautman | 46 | 3.15.9 |

400 Metres heat 2

| | | |
|---------------|----|------|
| Luke Di Biasi | 55 | 57.8 |
| Matt Scholes | 48 | 65.0 |
| Matt Hughes | 43 | 70.7 |
| Graham Ford | 69 | 75.2 |

3000 Metres

| | | |
|-----------------|----|--------------------------------|
| Gary Zuccala | 56 | 13.23.2 |
| Antony Gottlieb | 38 | 13.37.5 |
| Matt Hughes | 43 | 14.02.2 |
| Graham Walter | 60 | 15.45.5 |
| Lavinia Petrie | 75 | 15.45.6 (Vic Record) |
| Katrina Philip | 56 | 16.41.7 |
| Frank Prowse | 66 | 18.58.2 (3200m, walk, ven rec) |

800 Metres walk

| | | |
|--------------|----|-----------------------|
| Shaun Wright | 48 | 7.24.0 (venue record) |
|--------------|----|-----------------------|

DONCASTER 15 OCTOBER 2018**Long Jump**

| | | |
|-------------------|----|------|
| David Featherston | 44 | 5.64 |
| Matt Hughes | 43 | 4.58 |
| Matt Scholes | 48 | 3.80 |
| Graham Ford | 69 | 3.70 |
| Greg Champion | 63 | 3.47 |
| Fred Bissett | 36 | 3.15 |

100 Metres

| | | | |
|----------------|----|-------|----------------|
| Greg Champion | 63 | 15.46 | |
| Graham Walter | 60 | 15.68 | |
| Jeffrey Sim | 56 | 15.80 | |
| Marg Tweedie | 64 | 15.90 | |
| Janine James | 71 | 17.32 | |
| Lavinia Petrie | 75 | 19.30 | (venue record) |
| Kathy Skultety | 76 | 21.66 | |
| Carolyn Aughey | 76 | 21.98 | |

200 Metres heat 1

| | | |
|-------------------|----|-------|
| David Featherston | 44 | 27.10 |
| Matt Hughes | 43 | 29.00 |
| Fred Bissett | 36 | 34.06 |
| Matt Scholes | 48 | 40.16 |

200 Metres heat 2

| | | | |
|------------------|----|-------|-------------|
| Jack Marostica | 10 | 32.34 | |
| Sienna Marostica | 12 | 33.12 | |
| Marg Tweedie | 64 | 33.52 | |
| Maxima Plugg | 20 | 35.78 | |
| Janine James | 71 | 38.22 | |
| Lavinia Petrie | 75 | 40.08 | (Victorian) |
| Kathy Skultety | 76 | 46.70 | |
| Carolyn Aughey | 76 | 47.52 | |

200 Metres heat 3

| | | |
|---------------|----|-------|
| Mike Rennie | 36 | 29.58 |
| Graham Walter | 60 | 32.11 |
| Jeffrey Sim | 56 | 32.54 |

400 Metres

| | | | |
|----------------------|----|--------|----------------|
| Marg Tweedie | 64 | 84.3 | |
| Graham Walter | 60 | 85.6 | |
| Richard Trembath | 76 | 85.8 | (venue record) |
| Katrina Philip | 56 | 97.7 | |
| Christopher Trautman | 6 | NR | |
| Marla Trautman | 46 | 2.53.8 | |

800 Metres

| | | | |
|-------------------|----|--------|----------------|
| Shane Grund | 36 | 2.08.7 | (venue record) |
| Mike Rennie | 36 | 2.33.8 | |
| Jack Marostica | 10 | 2.48.8 | |
| Maxima Plugg | 20 | 3.01.4 | |
| Lavinia Petrie | 75 | 3.17.5 | (Victorian) |
| Elizabeth Grover | 55 | 3.25.7 | |
| Felicity Trautman | 9 | 3.40.0 | |
| Katrina Philip | 56 | 3.40.4 | |
| Marla Trautman | 46 | 6.44.1 | |
| Shaun Wright | 48 | 7.26.5 | (walk) |

1500 Metres

| | | |
|-------------------|----|---------|
| David Featherston | 44 | 5.04.1 |
| Matt Hughes | 43 | 6.01.1 |
| Elizabeth Grover | 55 | 6.54.5 |
| Matt Scholes | 48 | 7.04.4 |
| Graham Walter | 60 | 6.26.0 |
| David McConnell | 66 | 7.12.0 |
| Katrina Philip | 56 | 7.29.7 |
| Fred Bissett | 36 | 10.50.2 |

DONCASTER 15 OCTOBER 2018 cont.**Javelin**

| | | |
|-------------------|----|-------|
| David Featherston | 44 | 38.75 |
| Matt Hughes | 43 | 29.85 |
| Matt Scholes | 48 | 24.12 |
| Graham Ford | 69 | 20.20 |
| Mike Rennie | 36 | 17.88 |
| Michael Marostica | 47 | 16.17 |
| Fred Bissett | 36 | 14.54 |

Discus

| | | |
|-------------------|----|-------|
| David Featherston | 44 | 29.38 |
| Matt Hughes | 43 | 26.44 |
| Graham Ford | 69 | 26.18 |
| Matt Scholes | 48 | 18.59 |
| Fred Bissett | 36 | 14.71 |

DONCASTER 22 OCTOBER 2018**120 Metres handicap**

| | | |
|--------------------|-------|-------|
| Greg Champion | (-28) | 14.28 |
| Hayden Featherston | (-40) | 14.66 |
| Carolyn Aughey | (-55) | 14.74 |
| Janine James | (-34) | 14.88 |
| Matt Hughes | (-9) | 14.98 |
| Graham Walter | (-22) | 15.08 |
| Marg Tweedie | (-26) | 15.12 |
| Jeffrey Sim | (-27) | 15.20 |
| David McConnell | (-13) | 15.24 |
| Phil Rosevear | (-15) | 16.05 |
| Marla Trautman | (-60) | 16.32 |
| Daryl Kilmartin | (-20) | 17.80 |

2000 Metres

| | | |
|------------------|----|--------|
| Matt Hughes | 43 | 8.53.0 |
| Elizabeth Grover | 55 | 9.02.3 |
| Gary Zuccala | 56 | 9.13.9 |
| Graham Walter | 60 | 9.43.8 |

1200 Metres walk

| | | |
|--------------|----|--------|
| Frank Prowse | 66 | 8.39.7 |
|--------------|----|--------|

80 Metres heat 1

| | | | |
|--------------------|----|-------|----------------|
| Marg Tweedie | 64 | 12.86 | |
| Jeffrey Sim | 56 | 12.90 | |
| Janine James | 71 | 13.76 | (venue record) |
| Hayden Featherston | 8 | 14.94 | |
| Richard Trembath | 76 | 16.77 | |
| Carolyn Aughey | 76 | 18.00 | (venue record) |

80 Metres heat 2

| | | |
|-----------------|----|-------|
| Matt Hughes | 43 | 10.80 |
| David McConnell | 66 | 11.88 |
| Phil Rosevear | 69 | 12.14 |
| Graham Walter | 60 | 12.24 |
| Greg Champion | 63 | 12.28 |
| Daryl Kilmartin | 52 | 12.90 |

DONCASTER 22 OCTOBER 2018 cont.**600 Metres**

| | | | |
|--------------------|----|--------|----------------|
| Daryl Kilmartin | 52 | 2.05.1 | |
| Jeffrey Sim | 56 | 2.12.4 | |
| Matt Hughes | 43 | 2.14.2 | |
| David McConnell | 66 | 2.18.7 | |
| Marg Tweedie | 64 | 2.22.1 | (venue record) |
| Richard Trembath | 76 | 2.23.4 | (venue record) |
| Hayden Featherston | 8 | 2.37.8 | |
| Graham Walter | 60 | 2.39.1 | |
| Graham Ford | 69 | 2.59.5 | |
| Marla Trautman | 46 | 5.28.8 | |

1000 Metres

| | | | |
|--------------------|----|--------|--|
| Graham Walter | 60 | 4.40.5 | |
| Hayden Featherston | 8 | 4.42.7 | |

3000 Metres

| | | | |
|------------------|----|---------|--|
| Daryl Kilmartin | 52 | 13.43.9 | |
| Gary Zuccala | 56 | 13.47.2 | |
| Matt Hughes | 43 | 14.16.0 | |
| Elizabeth Grover | 55 | 14.40.5 | |

2000 Metres

| | | | |
|--------------|----|---------|--|
| Frank Prowse | 66 | 14.38.6 | |
|--------------|----|---------|--|

DONCASTER 29 OCTOBER 2018**Long Jump**

| | | | |
|------------------|----|------|----------------|
| Matt Scholes | 48 | 3.86 | |
| David McConnell | 66 | 3.73 | |
| Greg Champion | 63 | 3.50 | |
| Jeffrey Sim | 56 | 3.23 | |
| Emily Scholes | 11 | 3.17 | |
| Janine James | 71 | 2.88 | (venue record) |
| Elizabeth Grover | 55 | 2.67 | |
| Angela Edwards | 52 | 1.83 | |
| Kath Gawthorn | 44 | 1.56 | |
| Marla Trautman | 46 | 1.24 | |
| Gloria DeZwart | 81 | 1.08 | (venue record) |



"We'd like to start out being very involved with you but eventually be drawn away to much more interesting cases down the hall."

EAST BURWOOD 4 OCTOBER 2018**60 METRE SPRINT**

| | | | |
|---|---------------|----|------|
| 1 | Paul DURRANT | 57 | 8.6 |
| 2 | Andrew FRASER | 76 | 11.7 |
| 3 | Don McLEAN | 84 | 12.0 |
| 4 | Leo COFFEY | 88 | 12.8 |
| 5 | Gordon ONLEY | 83 | 15.0 |
| 6 | Horacio DIAZ | 73 | 16.6 |

880 YARDS RUN

| | | | |
|---|----------------|----|------|
| 1 | Akos GYARMATHY | 52 | 5.01 |
| 2 | Michelle QUAN | 48 | 5.01 |
| 3 | Glenn McLEAN | 54 | 5.12 |

800 METRE HANDICAP WALK

| | | Clock | Actual |
|---|------------------|-------|--------|
| 1 | Phyllis GOSBELL | 80 | 7.24 |
| 2 | Gerald BURKE | 78 | 7.30 |
| 3 | Jack FREDRICKSON | 79 | 7.39 |
| 4 | Brian TAIT | 76 | 7.41 |
| 5 | Frank PROWSE | 66 | 8.20 |
| 6 | Peter BATTRICK | 75 | 9.00 |

200 METRE SPRINT N.O.T.

| | | Clock | Nom. |
|---|-----------------|-------|------|
| 1 | Paul DURRANT | 57 | 29.3 |
| 2 | Glenn McLEAN ** | 54 | 34.3 |
| 3 | Andrew FRASER | 76 | 44.1 |
| 4 | Don McLEAN | 84 | 45.9 |
| 5 | Allan WOOD | 81 | 49.3 |
| 6 | Gordon ONLEY | 83 | 51.9 |
| 7 | Leo COFFEY | 88 | 52.4 |
| 8 | Horacio DIAZ | 73 | 62.4 |

** Winner - Glenn McLean

100 METRE SPRINT

| | | | |
|---|-------------------------|----|------|
| 1 | Paul DURRANT | 57 | 14.0 |
| 2 | Andrew FRASER (80 Mtrs) | 76 | 14.4 |
| 3 | Allan WOOD (80 mtrs) | 81 | 15.0 |

1 KM WALK

| | | | |
|---|------------|----|------|
| 1 | Brian TAIT | 76 | 8.03 |
|---|------------|----|------|

3 KM HANDICAP RUN

| | | Clock | Actual |
|---|---------------------|-------|--------|
| 1 | Geoff WHEELER | 62 | 17.33 |
| 2 | Michelle QUAN | 48 | 17.49 |
| 3 | Christopher WORSNOP | 61 | 18.04 |
| 4 | Akos GYARMATHY | 52 | 18.29 |
| 5 | Frank PROWSE (Walk) | 66 | 20.37 |

JAVELIN THROW

| | | | |
|--|------------------|----|-------|
| | Toni MATTERS | 50 | 23.20 |
| | Allan WOOD | 81 | 18.94 |
| | Frank PROWSE | 66 | 18.73 |
| | Andrew FRASER | 76 | 13.68 |
| | Brian TAIT | 76 | 11.47 |
| | Sonya POLLARD | 51 | 11.07 |
| | Jack FREDRICKSON | 79 | 9.48 |
| | Leo COFFEY | 88 | 8.60 |

EAST BURWOOD 11 OCTOBER 2018**60 METRE SPRINT****Heat 1:**

| | | | |
|---|---------------|----|------|
| 1 | Donna CLARKE | 65 | 10.8 |
| 2 | Allan WOOD | 81 | 11.6 |
| 3 | Don McLEAN | 84 | 11.9 |
| 4 | Leo COFFEY | 88 | 12.4 |
| 5 | Horacio DIAZ | 73 | 15.2 |
| 6 | Lloyd NICHOLS | 77 | 20.2 |

EAST BURWOOD 11 OCTOBER 2018 cont.**Heat 2:**

| | | | |
|---|-------------------|----|------|
| 1 | Jack DURRANT | 21 | 7.9 |
| 2 | Jess DUX | 34 | 8.1 |
| 3 | Paul DURRANT | 57 | 8.7 |
| 4 | Grant MURFETT | 51 | 9.6 |
| 5 | Arthur KAPOULITSA | 70 | 10.1 |
| 6 | Andrew FRASER | 76 | 13.4 |

100 METRE SPRINT

| | | | |
|---|-------------------|----|------|
| 1 | Jack DURRANT | 21 | 13.2 |
| 2 | Paul DURRANT | 57 | 14.2 |
| 3 | Arthur KAPOULITSA | 70 | 16.2 |
| 4 | Cec McKEOWN | 78 | 17.6 |
| 5 | Donna CLARKE | 65 | 18.3 |
| 6 | Don McLEAN | 84 | 20.2 |
| 7 | Allan WOOD | 81 | 20.8 |
| 8 | Leo COFFEY | 88 | 24.8 |
| 9 | Lloyd NICHOLS | 77 | 42.5 |

1000 METRE HANDICAP WALK

| | | Clock | Actual |
|----|------------------|-------|-------------|
| 1 | Grant WATSON | 71 | 9.21 8.31 |
| 2 | Jack FREDRICKSON | 79 | 9.26 9.16 |
| 3 | John GRAHAM | 68 | 9.40 6.10 |
| 4 | Leonie GILLIES | 61 | 9.50 7.30 |
| 5 | Bob LEWIS | 90 | 9.54 9.54 |
| 6 | Gerald BURKE | 78 | 9.55 9.05 |
| 7 | Brian TAIT | 76 | 9.58 7.53 |
| 8 | Liz EASTWOOD | 49 | 10.29 7.09 |
| 9 | Cec McKEOWN | 78 | 10.30 7.30 |
| 10 | Allan WOOD | 81 | 10.39 8.54 |
| 11 | Peter BATTRICK | 75 | 10.43 10.33 |
| 12 | Gordon ONLEY | 83 | 10.51 8.01 |

300 METRE SPRINT N.O.T.

| | | | | |
|---|------------------|----|-------|-------|
| 1 | Richard TREMBATH | 76 | 59.8 | 62.0 |
| 2 | Janet HOLMES ** | 65 | 63.4 | 64.0 |
| 3 | Lloyd NICHOLS | 77 | 180.8 | 161.0 |

** Winner - Janet Holmes

2KM WALK

| | | | |
|---|--------------|----|-------|
| 1 | Brian TAIT | 76 | 16.50 |
| 2 | Grant WATSON | 71 | 17.04 |
| 3 | Cec McKEOWN | 78 | 17.04 |

880 YARDS SELF HANDICAP RUN**DOUG ORR MEMORIAL INTER-VENUE FINAL**

| | | Clock | Actual |
|---|----------------------------|-------|-----------|
| | Glenn McLEAN (EB) Disq. | 54 | 4.48 3.26 |
| | Ros LORDING (EB) Disq. | 46 | 4.53 3.03 |
| | Jess DUX (CROY) Disq. | 34 | 4.54 3.04 |
| | Gary ZUCCALA (DON) Disq. | 55 | 4.54 3.01 |
| | Melanie BISSETT (EB) Disq. | 42 | 4.54 4.02 |
| | Liz EASTWOOD (KNOX) Disq. | 49 | 4.54 3.24 |
| | Michelle QUAN (KNOX) Disq. | 48 | 4.55 3.28 |
| 1 | Cec McKEOWN (CROY) | 78 | 4.56 3.56 |
| 2 | Bob HENDERSON (KNOX) | 72 | 4.56 3.31 |
| 3 | Graham WALTER (DON) | 60 | 4.57 3.14 |
| 4 | John GRAHAM (KNOX) | 68 | 4.57 2.52 |
| 5 | Grant MURFETT (CROY) | 51 | 4.58 2.43 |
| 6 | David McCONNELL (DON) | 65 | 4.59 2.49 |
| 7 | Akos GYARMATHY (EB) | 52 | 5.01 3.01 |
| 8 | Kath GAWTHORN (DON) | 62 | 5.04 3.34 |

Go is for a nominated time of 5.00 mins

4 second margin so anyone under 4.56 is disqualified

EAST BURWOOD 11 OCTOBER 2018 cont.

Winner - Cec McKeown (Croydon)

Winning Team - Doncaster

Fastest Male - Grant Murfett (Croydon)

Fastest Female - Kath Gawthorn (Doncaster)

2 OR 4 KM RUN**2 km:**

| | | | |
|---|---------------|----|-------|
| 1 | John GRAHAM | 68 | 7.53 |
| 2 | Paul EARLE | 54 | 8.37 |
| 3 | Gary ZUCCALA | 55 | 8.51 |
| 4 | Ros LORDING | 46 | 9.25 |
| 5 | Graham WALTER | 60 | 10.35 |
| 6 | Maggie HAWKES | 62 | 14.56 |

4 km:

| | | | |
|---|----------------|----|-------|
| 1 | Akos GYARMATHY | 52 | 18.15 |
| 2 | Michelle QUAN | 48 | 19.39 |
| 3 | Liz EASTWOOD | 49 | 20.34 |
| 4 | Sam DEFANIS | 70 | 21.10 |
| 5 | Leonie GILLIES | 61 | 24.48 |
| 6 | David CHUNG | 51 | 25.15 |

SHOT PUT N.O.D.

| | | Best | Nom. |
|--|------------------|------|-------------|
| | Toni MATTERS | 50 | 10.13 10.00 |
| | Grant MURFETT | 51 | 7.76 7.60 |
| | Jess DUX | 34 | 7.58 7.60 |
| | Donna CLARKE | 65 | 6.02 5.40 |
| | Allan WOOD | 81 | 5.93 6.50 |
| | Sonya POLLARD | 51 | 5.83 4.97 |
| | Brian TAIT | 76 | 5.65 4.90 |
| | Jack FREDRICKSON | 79 | 4.68 4.90 |
| | Leo COFFEY ** | 88 | 4.35 4.35 |

** Winner - Leo Coffey



EAST BURWOOD 18 OCTOBER 2018**600 METRE RUN**

| | | | |
|---|------------------|----|------|
| 1 | Perry BIRKETT | 56 | 1.56 |
| 2 | Akos GYARMATHY | 52 | 2.07 |
| 3 | Paul EARLE | 54 | 2.13 |
| 4 | Jess DUX | 34 | 2.15 |
| 5 | Ros LORDING | 46 | 2.19 |
| 6 | Richard TREMBATH | 76 | 2.26 |

60 METRE SPRINT

| | | | |
|---|---------------|----|------|
| 1 | Paul DURRANT | 57 | 8.4 |
| 2 | Leo COFFEY | 88 | 10.6 |
| 3 | Allan WOOD | 81 | 11.3 |
| 4 | Horacio DIAZ | 73 | 14.4 |
| 5 | Lloyd NICHOLS | 77 | 19.1 |

800 METRE WALK

| | | | |
|---|-----------------|----|------|
| 1 | Ros LORDING | 46 | 5.01 |
| 2 | Brian TAIT | 76 | 6.15 |
| 3 | Leonie GILLIES | 61 | 6.22 |
| 4 | Phyllis GOSBELL | 80 | 6.43 |
| 5 | Gerald BURKE | 78 | 6.50 |
| 6 | Bob LEWIS | 90 | 8.02 |
| 7 | Peter BATTRICK | 75 | 8.34 |

4 X 200 METRE RELAY

| | | | |
|---|----------------|-----|------|
| 1 | Ros LORDING | 46 | |
| | Allan WOOD | 81 | |
| | Zac MATTERS | Inv | |
| | Jess DUX | 34 | 2.18 |
| 2 | Andrew FRASER | 76 | |
| | Janet HOLMES | 65 | |
| | Akos GYARMATHY | 52 | |
| | Paul DURRANT | 57 | 2.21 |
| 3 | Paul EARLE | 54 | |
| | Leo COFFEY | 88 | |
| | Michelle QUAN | 48 | |
| | Glenn McLEAN | 54 | 2.44 |

100 METRE SPRINT

| | | | |
|---|---------------|----|------|
| 1 | Jess DUX | 34 | 13.6 |
| 2 | Allan WOOD | 81 | 19.0 |
| 3 | Leo COFFEY | 88 | 20.1 |
| 4 | Horacio DIAZ | 73 | 26.9 |
| 5 | Lloyd NICHOLS | 77 | 35.9 |

2 KM HANDICAP RUN/WALK

| | | Clock | Actual | |
|---|----------------------|-------|--------|-------|
| 1 | Brian TAIT (Walk) | 76 | 19.11 | 15.46 |
| 2 | Liz EASTWOOD (Run) | 49 | 19.52 | 9.22 |
| 3 | Sam DEFANIS (Run) | 70 | 19.57 | 9.42 |
| 4 | Paul EARLE (Run) | 54 | 20.05 | 8.30 |
| 5 | Ros LORDING (Run) | 46 | 20.09 | 9.19 |
| 6 | Akos GYARMATHY (Run) | 52 | 20.22 | 8.42 |
| 7 | Michelle QUAN (Run) | 48 | 20.26 | 9.36 |
| 8 | Bob LEWIS (Walk) | 90 | 20.34 | 20.34 |
| 9 | Leonie GILLIES(Run) | 61 | 21.03 | 12.33 |

DISCUS THROW

| | | | |
|--|------------------|----|-------|
| | Toni MATTERS | 50 | 29.24 |
| | Paul DURRANT | 57 | 26.44 |
| | Brian TAIT | 76 | 12.89 |
| | Allan WOOD | 81 | 11.56 |
| | Jack FREDRICKSON | 79 | 11.00 |
| | Leo WATSON | 77 | 10.93 |
| | Leo COFFEY | 88 | 9.52 |

EAST BURWOOD 25 OCTOBER 2018**60 METRE SPRIN**

| | | | |
|---|---------------|----|------|
| 1 | Paul DURRANT | 57 | 8.7 |
| 2 | Greg FERGUS | 49 | 9.5 |
| 3 | Don McLEAN | 84 | 11.7 |
| 4 | Leo COFFEY | 88 | 12.3 |
| 5 | Andrew FRASER | 76 | 13.9 |
| 6 | Lloyd NICHOLS | 77 | 23.9 |

1000 METRE RUN

| | | | |
|---|---------------|----|------|
| 1 | Perry BIRKETT | 56 | 3.39 |
| 2 | Liz EASTWOOD | 49 | 4.47 |

800 METRE WALK N.O.T.

| | | Clock | Nom. | |
|----|-------------------|-------|------|------|
| 1 | Liz EASTWOOD | 49 | 5.34 | 6.20 |
| 2 | Brian TAIT | 76 | 6.10 | 6.13 |
| 3 | Leo WATSON | 77 | 6.13 | 6.30 |
| 4 | Leonie GILLIES | 61 | 6.29 | 6.20 |
| 5 | Phyllis GOSBELL | 80 | 6.45 | 6.54 |
| 6 | Grant WATSON | 71 | 6.57 | 6.40 |
| 7 | Jack DURRANT | 21 | 7.36 | 8.00 |
| 8 | Jack FREDRICKSON | 79 | 7.55 | 7.45 |
| 9 | Bob LEWIS | 90 | 7.58 | 7.00 |
| 10 | Peter BATTRICK ** | 75 | 8.43 | 8.45 |

** Winner - Peter Battrick

200 METRE SPRINT HANDICAP

| | | H'cp Mtrs. | |
|----|---------------|------------|----------|
| 1 | Jack DURRANT | 21 | Minus 10 |
| 2 | Glenn McLEAN | 54 | 10 |
| 3 | Andrew FRASER | 76 | 44 |
| 4 | Paul DURRANT | 57 | Scr. |
| 5 | Lloyd NICHOLS | 77 | 115 |
| 6 | Don McLEAN | 84 | 54 |
| 7 | Greg FERGUS | 49 | Scr. |
| 8 | Leo COFFEY | 88 | 60 |
| 9 | Janet HOLMES | 65 | 44 |
| 10 | Perry BIRKETT | 56 | 16 |
| 11 | Grant WATSON | 71 | 64 |

100 METRE SPRINT

| | | | |
|---|---------------|----|------|
| 1 | Paul DURRANT | 57 | 15.2 |
| 2 | Greg FERGUS | 49 | 15.9 |
| 3 | Andrew FRASER | 76 | 19.5 |
| 4 | Leo COFFEY | 88 | 23.1 |
| 5 | Lloyd NICHOLS | 77 | 60.0 |

1 KM WALK

| | | | |
|---|--------------|----|-------|
| 1 | Brian TAIT | 76 | 7.56 |
| 2 | Leo WATSON | 77 | 8.26 |
| 3 | Grant WATSON | 71 | 8.53 |
| 4 | Bob LEWIS | 90 | 10.00 |

5 KM HANDICAP RUN

| | | Clock | Actual | |
|---|---------------|-------|--------|-------|
| 1 | Sam DEFANIS | 70 | 25.28 | 25.28 |
| 2 | Geoff WHEELER | 62 | 26.11 | 24.46 |
| 3 | Liz EASTWOOD | 49 | 27.07 | 25.57 |

LONG JUMP

| | | | |
|--|--------------|----|------|
| | Paul DURRANT | 57 | 3.90 |
| | Greg FERGUS | 49 | 3.10 |
| | Leo COFFEY | 88 | 2.01 |

FRANKSTON 4 OCTOBER 2018**150m**

| | | | |
|---|-------------------|-----|--------------|
| 1 | Chris Sheedy | 50 | 20.65 |
| 2 | Graham Kilfoyle | 66 | 22.81 |
| 3 | Mike Hall | 79 | 24.87 |
| 4 | Greg Lovejoy | 76 | 26.00 approx |
| 5 | Lindsay Beaton | 68 | 36.75 |
| 6 | Clementine Sheedy | Inv | 36.78 |

800m Walk

| | | | |
|---|-----------------|----|------|
| 1 | Pramesh Prasad | 44 | 3.32 |
| 2 | Marnie Grace | 43 | 5.44 |
| 3 | Graham Kilfoyle | 66 | 6.39 |
| 4 | Lindsay Beaton | 68 | 7.21 |

800m

| | | | |
|---|----------------|----|------|
| 1 | Rob Taylor | 49 | 2.46 |
| 2 | Chris Sheedy | 50 | 2.53 |
| 3 | Russ Dow | 58 | 3.19 |
| 4 | Barry Jeffs | 70 | 3.28 |
| 5 | Nonie Chan | 33 | 3.30 |
| 6 | Charlie Mallia | 69 | 3.48 |
| 7 | Frances Halton | 57 | 4.57 |
| 8 | Gary Meyer | 63 | 5.12 |

1600m walk

| | | | |
|---|-----------------|----|-------|
| 1 | Graham Kilfoyle | 67 | 13.30 |
|---|-----------------|----|-------|

2000m

| | | | |
|---|--------------|----|-------|
| 1 | Chris Sheedy | 50 | 9.43 |
| 2 | Greg Lovejoy | 76 | 10.43 |
| 3 | Gary Meyer | 63 | 13.03 |

2800m Walk

| | | | |
|---|----------------|----|-------|
| 1 | Pramesh Prasad | 44 | 13.38 |
| 2 | Peter Ellis | 57 | 20.03 |
| 3 | Marnie Grace | 43 | 21.53 |
| 4 | Lindsay Beaton | 68 | 26.34 |

3600m

| | | | |
|---|-------------------|----|-------|
| 1 | Russ Dow | 58 | 17.36 |
| 2 | Nonie Chan | 33 | 18.08 |
| 3 | Barry Jeffs | 70 | 18.24 |
| 4 | Rob Taylor | 49 | 18.25 |
| 5 | Charlie Mallia | 69 | 19.57 |
| 6 | Caitlin O'Connell | 44 | 20.30 |
| 7 | Frances Halton | 57 | 22.55 |

FRANKSTON 11 OCTOBER 2018**80m**

| | | | |
|---|-----------------|----|-------|
| 1 | Chris Sheedy | 50 | 11.37 |
| 2 | Graham Kilfoyle | 67 | 12.72 |
| 3 | Bill Carr | 69 | 13.84 |
| 4 | Greg Lovejoy | 76 | 14.83 |

200m

| | | | |
|---|--------------|----|-------|
| 1 | Rob Taylor | 49 | 28.87 |
| 2 | Chris Sheedy | 50 | 29.12 |
| 3 | Bill Carr | 69 | 33.91 |

800m Walk

| | | | |
|---|------------------|-----|------|
| 1 | Pramesh Prasad | 44 | 3.32 |
| 2 | Kyle Bird | Inv | 3.42 |
| 3 | Kylie Irshad | Inv | 4.42 |
| 4 | Marnie Grace | 43 | 5.37 |
| 5 | Greg Lovejoy | 76 | 5.38 |
| 6 | Graham Stockdale | 76 | 5.39 |
| 7 | John Hallo | 76 | 6.20 |
| 8 | Graham Kilfoyle | 67 | 6.21 |
| 9 | Lindsay Beaton | 68 | 7.10 |

FRANKSTON 11 OCTOBER 2018 cont.**1200m**

| | | | |
|---|----------------|----|------|
| 1 | Rob Taylor | 49 | 4.33 |
| 2 | Charlie Mallia | 69 | 5.27 |
| 3 | Barry Jeffs | 70 | 5.45 |
| 4 | Gary Meyer | 63 | 6.41 |
| 5 | David Dodson | 59 | 6.44 |
| 6 | Frances Halton | 57 | 7.33 |

5 or 8 Lap Spiral Walk

| | | | Laps | |
|---|-----------------|-----|-------|---|
| 1 | Pramesh Prasad | 44 | 15.56 | 8 |
| 2 | Peter Ellis | 67 | 25.12 | 8 |
| 3 | Lindsay Beaton | 68 | 32.53 | 8 |
| 1 | Kyle Bird | Inv | 10.19 | 5 |
| 2 | Kylie Irshad | Inv | 12.55 | 5 |
| 3 | Marnie Grace | 43 | 15.41 | 5 |
| 4 | John Hallo | 76 | 17.29 | 5 |
| 4 | Graham Kilfoyle | 67 | 17.29 | 5 |

5 or 8 Lap Spiral Run

| | | | Laps | |
|---|-------------------|----|-------|---|
| 1 | Rob Taylor | 49 | 15.56 | 8 |
| 2 | Barry Jeffs | 70 | 17.41 | 8 |
| 3 | Charlie Mallia | 69 | 17.42 | 8 |
| 4 | Caitlin O'Connell | 44 | 21.44 | 8 |
| 5 | Frances Halton | 57 | 21.45 | 8 |
| 1 | Chris Sheedy | 50 | 10.19 | 5 |
| 2 | Greg Lovejoy | 76 | 10.20 | 5 |
| 3 | Gary Meyer | 63 | 11.49 | 5 |
| 4 | Bill Carr | 69 | 13.45 | 5 |

FRANKSTON 18 OCTOBER 2018**250m**

| | | | |
|---|----------------|----|-------|
| 1 | Charlie Mallia | 69 | 47.74 |
| 2 | Mike Hall | 79 | 49.23 |
| 3 | Greg Lovejoy | 76 | 50.87 |

800m Walk

| | | | |
|---|----------------|----|------|
| 1 | Greg Lovejoy | 76 | 5.56 |
| 2 | John Hallo | 76 | 6.26 |
| 3 | David Dodson | 59 | 6.56 |
| 4 | John Sutton | 75 | 7.28 |
| 4 | Lindsay Beaton | 68 | 7.28 |

800m

| | | | |
|---|-------------------|----|------|
| 1 | Graham Stockdale | 76 | 3.13 |
| 2 | Charlie Mallia | 69 | 3.34 |
| 3 | Nonie Chan | 33 | 3.41 |
| 4 | Barry Jeffs | 70 | 3.55 |
| 5 | Caitlin O'Connell | 44 | 4.04 |
| 6 | Frances Halton | 57 | 5.01 |

2400 Walk - Estimated Time

| | Clock | ET | Diff | |
|---|------------------|----|-------|-------------|
| 1 | Lindsay Beaton | 68 | 21.55 | 22.45 -0.50 |
| 2 | Graham Stockdale | 76 | 20.58 | 20.00 0.58 |
| 2 | John Hallo | 76 | 20.57 | 19.30 1.12 |

2400 - Estimated Time

| | Clock | ET | Diff | |
|---|--------------|----|-------|-------------|
| 1 | Greg Lovejoy | 76 | 11.55 | 12.09 -0.14 |
| 2 | Barry Jeffs | 70 | 12.29 | 14.00 -1.31 |

4000m

| | | | |
|---|-------------------|----|-------|
| 1 | Charlie Mallia | 69 | 20.35 |
| 2 | Nonie Chan | 33 | 21.13 |
| 3 | Caitlin O'Connell | 44 | 23.18 |
| 4 | Gary Meyer | 63 | 23.36 |
| 5 | Frances Halton | 57 | 25.31 |

FRANKSTON 25 OCTOBER 2018**100m Age Graded**

| | | | |
|---|-------------------|-------|--------|
| 1 | Bill Carr 69 | 15.74 | 77.19% |
| 2 | Greg Lovejoy 76 | 18.83 | 70.47% |
| 3 | Lindsay Beaton 68 | 22.50 | 55.82% |

150m

| | | |
|---|--------------------|-------|
| 1 | Rhiannon Lester 38 | 21.41 |
| 2 | Bill Carr 69 | 23.82 |
| 3 | Mike Hall 79 | 25.97 |

800m Walk

| | | |
|---|-------------------|------|
| 1 | Pramesh Prasad 44 | 3.28 |
| 2 | Marnie Grace 43 | 5.32 |
| 3 | Lyn Pimm 58 | 5.47 |
| 4 | John Hallo 76 | 6.20 |
| 5 | Lindsay Beaton 68 | 7.01 |

800m

| | | |
|---|----------------------|------|
| 1 | Russ Dow 58 | 3.04 |
| 2 | Charlie Mallia 69 | 3.28 |
| 3 | Nonie Chan 33 | 3.31 |
| 4 | Gary Meyer 63 | 4.00 |
| 4 | Barry Jeffs 70 | 4.00 |
| 6 | Greg Lovejoy 76 | 4.02 |
| 7 | Caitlin O'Connell 44 | 4.04 |
| 8 | David Dodson 59 | 4.52 |
| 9 | Frances Halton 57 | 5.04 |

1 lap Walk in the Park

| | | |
|---|--------------------|-------|
| 1 | Marnie Grace 43 | 15.20 |
| 2 | John Hallo 76 | 15.22 |
| 3 | Graham Kilfoyle 67 | 15.22 |

1 lap Run in the Park

| | | |
|---|-----------------|-------|
| 1 | David Dodson 59 | 14.54 |
|---|-----------------|-------|

2 lap Run in the Park

| | | |
|---|----------------------|-------|
| 1 | Russ Dow 59 | 19.07 |
| 2 | Charlie Mallia 69 | 21.24 |
| 3 | Barry Jeffs 70 | 21.25 |
| 3 | Greg Lovejoy 76 | 23.29 |
| 5 | Caitlin O'Connell 44 | 25.29 |
| 5 | Gary Meyer 63 | 25.29 |
| 7 | Nonie Chan 33 | 25.36 |
| 8 | Frances Halton 57 | 26.06 |

GEELONG 3 OCTOBER 2018**300m**

| | |
|------------|-------|
| Peter Lamb | 50.12 |
| Sue Howell | 55.75 |

3200m

| | |
|-----------------|-------|
| Grant Simpson | 10:24 |
| Matt Petersen | 11:49 |
| Mark Boxer | 11:58 |
| James Foran | 12:04 |
| Cameron White | 12:39 |
| Dave Elward | 12:44 |
| Sam Elliott | 13:30 |
| Noah Jones | 14:06 |
| Mark Humphrey | 14:08 |
| Sharon Pedersen | 14:27 |
| Alan Jenkins | 14:44 |
| Jeff Walker | 14:48 |
| Daryl Hurst | 16:24 |
| Paul Austin | 16:34 |

GEELONG 3 OCTOBER 2018 cont.

| | |
|-----------------|-------|
| Vicki Petersen | 17:09 |
| Kath Oliver | 17:16 |
| Frank Engelsman | 17:31 |
| Grant Baensch | 18:13 |
| Jill Coyte (W) | 19:20 |

1500m

| | |
|-----------------|-------|
| Grant Simpson | 04:50 |
| Alex Jones | 05:18 |
| Mark Boxer | 05:19 |
| Matt Petersen | 05:35 |
| Jane White | 05:47 |
| Cameron White | 05:54 |
| Sue Howell | 06:04 |
| Noah Jones | 06:07 |
| Mark Humphrey | 06:12 |
| Jeff Walker | 06:23 |
| Alan Jenkins | 06:37 |
| Daryl Hurst | 07:12 |
| Paul Austin | 07:29 |
| Vicki Petersen | 07:34 |
| Frank Engelsman | 07:48 |
| Grant Baensch | 08:10 |

GEELONG 10 OCTOBER 2018**3km Cross Country**

| | |
|-------------------|-------|
| Grant Simpson | 09:51 |
| Mark Boxer | 11:47 |
| Jane White | 12:03 |
| Noah Jones | 13:12 |
| Gerry Fitzpatrick | 15:16 |
| Kath Oliver | 16:16 |
| Carol Bridgeland | 17:36 |
| Jill Coyte (W) | 18:10 |
| Fiona Fitzpatrick | 18:58 |

6km Cross Country

| | |
|-----------------|-------|
| Dave Elward | 24:56 |
| Sharon Pedersen | 26:52 |
| Jeff Walker | 28:09 |
| Yolanda Russell | 29:08 |
| Daryl Hurst | 29:40 |
| Steve Welsh | 31:33 |
| Frank Engelsman | 34:52 |
| Grant Baensch | 35:01 |

GEELONG 17 OCTOBER 2018**300m**

| | |
|-----------------|-------|
| Peter Lamb | 48.91 |
| Sharon Pedersen | 50.72 |

2400m

| | |
|-----------------|-------|
| Ron Thomas | 07:58 |
| Glenn Keast | 08:17 |
| Tony McRae | 08:55 |
| Mark Boxer | 09:13 |
| Phil Shay | 09:20 |
| Dave Elward | 09:30 |
| Jane White | 09:39 |
| Noah Jones | 10:27 |
| Peter McDonough | 10:30 |
| Louis Rowan | 10:30 |
| Paul Stewart | 10:31 |

GEELONG 17 OCTOBER 2018 cont.

| | |
|-------------------|-------|
| Yolanda Russell | 10:50 |
| Sharon Pedersen | 10:55 |
| Daryl Hurst | 10:57 |
| Jeff Walker | 11:05 |
| Steve Welsh | 11:37 |
| Frank Engelsman | 13:05 |
| Grant Baensch | 13:11 |
| Gerry Fitzpatrick | 13:38 |
| Carol Bridgeland | 13:37 |
| Jill Coyte (W) | 13:39 |

1600m

| | |
|------------------|-------|
| Tony McRae | 05:38 |
| Louis Rowan | 06:16 |
| Dave Elward | 06:18 |
| Sharon Pedersen | 06:20 |
| Mark Humphrey | 06:38 |
| Noah Jones | 07:07 |
| Paul Stewart | 07:09 |
| Jeff Walker | 07:11 |
| Yolanda Russell | 07:24 |
| Peter McDonough | 07:29 |
| Daryl Hurst | 07:45 |
| Steve Welsh | 07:54 |
| Grant Baensch | 08:29 |
| Frank Engelsman | 08:35 |
| Carol Bridgeland | 08:52 |

GEELONG 24 OCTOBER 2018**3000m - Jeff Walker Handicap**

| | | |
|--------------------|-------|-------|
| Fiona Fitzpatrick | 19:14 | 18:44 |
| Jill Coyte (W) | 19:30 | 17:22 |
| Kath Oliver | 20:25 | 16:00 |
| Noah Jones | 20:37 | 12:48 |
| Jane White | 20:42 | 12:02 |
| Andy Bruschi | 20:44 | 13:44 |
| Peter Lamb | 20:52 | 15:12 |
| Erik Bumbers | 21:01 | 17:01 |
| Nicholas MacDonald | 21:44 | 09:14 |

5000m Jeff Walker Handicap

| | | |
|-------------------|-------|-------|
| Cameron White | 29:00 | 20:00 |
| Gerry Fitzpatrick | 29:05 | 26:35 |
| Sharon Pedersen | 29:07 | 20:27 |
| Louis Rowan | 29:11 | 20:51 |
| Charlie El-Hage | 29:12 | 20:48 |
| Amanda Emonson | 29:25 | 23:35 |
| Dave Elward | 29:26 | 20:11 |
| Frank Engelsman | 29:28 | 28:22 |
| Daryl Burns | 29:34 | 18:04 |
| Geoff Ansett | 29:39 | 23:39 |
| Yolanda Russell | 29:42 | 24:17 |
| Steve Welsh | 29:42 | 25:42 |
| Aaron Herbert | 29:50 | 21:20 |
| Paul Austin | 29:59 | 26:14 |
| Mark Humphrey | 30:01 | 21:41 |
| Jeff Walker | 30:04 | 23:44 |
| Daryl Hurst | 30:17 | 27:39 |
| Grant Baensch | 30:21 | 28:21 |
| Paul Stewart | 30:40 | 23:10 |
| Coral Bridgland | 30:46 | 28:46 |

GEELONG 31 OCTOBER 2018**200m**

| | |
|--------------------|-------|
| Rhys Hamill-Beach | 24.59 |
| Sharon Pedersen | 34.03 |
| Nicholas MacDonald | 38.28 |
| David Mitchell | 38.99 |
| Ryan Short | 41.91 |

2800m

| | |
|--------------------|-------|
| David Jenkins | 09:28 |
| Dave Elward | 11:01 |
| Andy Bruschi | 11:37 |
| Mark Humphrey | 11:56 |
| Sharon Pedersen | 12:24 |
| Alan Jenkins | 12:33 |
| Jeff Walker | 13:06 |
| Steve Welsh | 13:37 |
| Erik Bumbers | 13:49 |
| Paul Austin | 13:57 |
| Kath Oliver | 14:48 |
| Nicholas MacDonald | 14:48 |
| Grant Baensch | 15:15 |
| Frank Engelsman | 15:28 |
| Jill Coyte (W) | 16:46 |
| Fiona Fitzpatrick | 16:51 |

1000m

| | |
|-------------------|-------|
| Rhys Hamill-Beach | 02:59 |
| Robert Jones | 03:02 |
| Andy Bruschi | 03:44 |
| Mark Humphrey | 03:49 |
| Jeff Walker | 04:22 |
| Steve Welsh | 04:34 |
| Paul Austin | 04:45 |
| Ryan Short | 04:47 |
| Erik Bumbers | 04:56 |
| Grant Baensch | 05:00 |
| Kath Oliver | 05:01 |
| Frank Engelsman | 05:29 |



“Have you read that bit where it says couples living together get to look alike, Albert?”

GLEN EIRA 2 OCTOBER 2018

| 70m E/T | | | | |
|---------------------------|----|-------|------|------------|
| | | Clock | Est | Diff |
| JUNE TREWEEK | 57 | 11.10 | 11.2 | 0.10 |
| CHARLOTTE NIELSEN | 11 | 9.98 | 10.2 | 0.22 |
| JIM ROUNTREE | 59 | 10.72 | 11.1 | 0.38 |
| MARY HARPER | 48 | 13.34 | 12.9 | 0.44 |
| BILL CARR | 69 | 11.34 | 11.9 | 0.56 |
| BOB WISHART | 76 | 10.14 | 10.8 | 0.66 |
| GENEVIEVE O'BRIEN | 15 | 9.75 | 10.5 | 0.75 |
| JO WHITTLE | 46 | 13.40 | 12.0 | 1.40 |
| JAMES HARPER | 14 | 10.35 | 8.7 | 1.65 |
| SIMONE O'BRIEN | 46 | 13.11 | 11.4 | 1.71 |
| NATALIE BAUMGURTEL | 49 | 11.62 | 14.0 | 2.38 |
| GLAD WISHART | 74 | | 12.2 | |
| SOPHIE VOLPERT | 9 | 10.96 | | |
| 800m EH/C (Points) | | | | |
| | | Clock | H/C | H/C Time % |
| SOPHIE VOLPERT | 9 | 3.16 | 19 | 2.57 80.0 |
| GREG HUGHES | 60 | 3.41 | GO | 3.41 57.1 |
| JAMES HARPER | 14 | 3.44 | 55 | 2.49 65.8 |
| BARRY JEFFS | 70 | 3.44 | 5 | 3.39 63.3 |
| JO WHITTLE | 46 | 3.46 | 19 | 3.27 59.3 |
| JANET HOLMES | 65 | 3.46 | 19 | 3.27 77.9 |
| SIMONE O'BRIEN | 46 | 3.47 | 19 | 3.28 59.0 |
| MIKE CLAPPER | 66 | 3.51 | 62 | 2.49 78.5 |
| SYD BONE | 61 | 3.53 | 35 | 3.18 64.3 |
| CHRIS CAMPBELL | 69 | 4.21 | 35 | 3.46 60.6 |
| 300m E/T | | | | |
| | | Clock | Est | Diff % |
| MIKE CLAPPER | 66 | 60.58 | 60.0 | 0.58 63.8 |
| BILL CARR | 69 | 52.92 | 52.3 | 0.62 75.64 |
| GRAHAM STOCKDALE | 76 | 58.99 | 60.0 | 1.01 76.2 |
| CHARLOTTE NIELSEN | 11 | 48.72 | 50.0 | 1.28 79.56 |
| NATALIE BAUMGURTEL | 49 | 61.49 | 60.0 | 1.49 64.1 |
| JIM ROUNTREE | 59 | 48.46 | 50.1 | 1.64 75.9 |
| BOB WISHART | 76 | 48.22 | 51.0 | 2.78 93.3 |
| JO WHITTLE | 46 | 74.20 | 70.0 | 4.20 51.4 |
| SOPHIE VOLPERT | 9 | 54.86 | 60.0 | 5.14 76.4 |
| JAMES HARPER | 14 | 48.00 | | 68.4 |

SANDRA MIDDLETON WALK - 3KM H'CAP -

| | | Clock | H/cap | H/C Time % |
|-------------------|----------------------|-------|-------|------------|
| CONRAD HAMANN | 66 | 28.17 | 7.07 | 21.10 66.4 |
| DES MIDDLETON | 71 | 29.08 | 8.15 | 20.53 71.4 |
| SANDRA MIDDLETON | 69 | 29.12 | 7.32 | 21.40 74.1 |
| PETER McGRATH | 78 | 29.25 | 1.38 | 27.47 59.0 |
| KARYN O'NEILL | 63 | 29.29 | 9.02 | 20.27 72.7 |
| JIM BERRINGTON | 62 | 29.51 | 11.00 | 18.51 71.4 |
| DOMENICO MORENA | 79 | 29.59 | 2.28 | 27.31 60.4 |
| CYNTHIA ELLERY | 69 | 30.15 | 4.45 | 25.30 62.9 |
| MICHAEL HEFFERNAN | 83 | 30.33 | GO | 30.33 57.9 |
| TONY DORAN | 66 | 30.49 | 9.02 | 21.47 64.5 |
| ROB JAMIESON | 68 | 32.24 | 0.54 | 31.30 45.6 |
| FASTEST TIME | JIM BERRINGTON 18.51 | | | |

| RAY KEMP 3KM H/CAP | | | | |
|---------------------------|----|-------|-------|------------|
| | | Clock | H/cap | H/C Time % |
| SOPHIE VOLPERT | 9 | 13.40 | GO | 13.40 72.5 |
| CHRIS BROWN | 62 | 15.33 | -1.10 | 14.23 64.5 |
| BARRY JEFFS | 70 | 15.40 | GO | 15.40 63.9 |
| JO COCKWILL | 66 | 15.54 | 0.50 | 16.44 73.6 |
| SIMONE O'BRIEN | 46 | 15.56 | GO | 15.56 58.5 |
| STEVE STRELECKY | 69 | 16.01 | -2.00 | 14.01 70.7 |
| SIMON LLOYD | 63 | 16.02 | -1.30 | 14.32 64.4 |
| JO WHITTLE | 46 | 16.18 | GO | 16.18 57.2 |
| SYD BONE | 61 | 16.35 | -1.50 | 14.45 62.4 |
| GREG HUGHES | 60 | 16.50 | 1.30 | 18.20 49.7 |
| MARY HARPER | 48 | 16.54 | 3.30 | 20.24 46.9 |
| CHRIS CAMPBELL | 69 | 18.31 | -1.30 | 17.01 58.2 |
| BILL CARR | 69 | 19.14 | -1.30 | 17.44 55.9 |
| PETE BATTRICK | 73 | 19.49 | 13.10 | 32.59 31.6 |

GLEN EIRA 9 OCTOBER 2018

| 60m E/T | | | | |
|----------------------------------|---------------------|--------|--------|------------|
| | | Clock | Est | Diff % |
| JIM ROUNTREE | 59 | 9.72 | 9.80 | 0.08 79.0 |
| JIM McLURE | 72 | 10.30 | 10.15 | 0.15 82.4 |
| MIKE CLAPPER | 66 | 9.10 | 9.30 | 0.20 88.4 |
| GLAD WISHART | 74 | 11.72 | 11.35 | 0.37 86.8 |
| BOB WISHART | 76 | 8.93 | 9.30 | 0.37 96.8 |
| LINDA McCAFFREY | 40 | 10.39 | 10.00 | 0.39 69.1 |
| SIMONE O'BRIEN | 46 | 9.97 | 10.50 | 0.53 76.9 |
| PAUL LYNCH | 68 | 11.05 | 10.25 | 0.80 73.7 |
| BILL CARR | 69 | 10.30 | 9.30 | 1.00 79.51 |
| MARY HARPER | 49 | 11.49 | 12.60 | 1.11 68.9 |
| 700m E/T | | | | |
| | | Clock | Est | Diff |
| JANET HOLMES | 65 | 2.59.4 | 2.59 | 0.4 |
| SYD BONE | 61 | 2.49.5 | 2.48 | 1.5 |
| SIMONE O'BRIEN | 46 | 3.05.5 | 3.02 | 3.5 |
| PHIL URQUHART | 74 | 3.40.2 | 3.35 | 5.2 |
| GRAHAM STOCKDALE | 76 | 2.43.5 | 2.34 | 9.5 |
| CHRIS BROWN | 63 | 2.58.7 | 3.10 | 11.3 |
| GREG HUGHES | 60 | 3.14.3 | 3.45 | 30.7 |
| 300m H/C | | | | |
| | | Clock | H/cap | H/C Time % |
| SIMONE O'BRIEN | 46 | 60.5 | GO | 60.5 63.1 |
| SARAH LORENTZEN | 39 | 65.9 | 12 | 53.9 65.4 |
| BOB WISHART | 76 | 66.5 | 17 | 49.5 90.9 |
| JIM ROUNTREE | 59 | 66.9 | 17 | 49.9 73.7 |
| MIKE CLAPPER | 66 | 67.1 | 17 | 50.1 77.1 |
| JIM McLURE | 72 | 68.2 | 11 | 57.2 73.3 |
| BILL CARR | 69 | 68.6 | 15 | 53.6 74.7 |
| EMILIE LORENTZEN | 9 | 68.9 | 3 | 65.9 63.6 |
| SOPHIE McCAFFREY | 7 | 69.5 | 2 | 67.5 71.0 |
| EMMA McCAFFREY | 9 | 70.6 | 2 | 68.6 61.1 |
| LINDA McCAFFREY | 40 | 73.5 | 11 | 62.5 57.1 |
| WALK 1600M E/T (TROPHY) | | | | |
| | | Clock | Est | Diff % |
| KARYN O'NEILL | 63 | 10.43 | 10.45 | -2 71.7 |
| TERRY O'NEILL | 62 | 10.28 | 10.20 | 8 67.8 |
| JIM BERRINGTON | 62 | 9.52 | 10.05 | -13 72.0 |
| SANDRA MIDDLETON | 69 | 11.27 | 11.55 | -28 72.1 |
| PETE BATTRICK | 75 | 17.48 | 18.20 | -32 46.5 |
| PETER McGRATH | 78 | 15.28 | 14.55 | 33 55.8 |
| TONY DORAN | 66 | 10.58 | 11.45 | -47 67.6 |
| CONRAD HAMANN | 66 | 11.10 | 12.00 | -50 66.4 |
| PAUL LYNCH | 68 | 12.46 | 13.50 | -64 59.4 |
| MICHAEL HEFFERNAN | 83 | 15.27 | 19.45 | -258 60.3 |
| FASTEST TIME: | JIM BERRINGTON 9.52 | | | |
| KB SERIES 4K H/C (SEALED) | | | | |
| | | Clock | H/cap | H/C Time % |
| CHRIS GRAFEN | 54 | 16.48 | 6.50 | 23.38 70.0 |
| JO COCKWILL | 66 | 23.08 | 0.40 | 23.48 72.5 |
| PHIL URQUHART | 74 | 23.48 | GO | 23.48 60.5 |
| SARAH LORENTZEN | 39 | 18.52 | 5.00 | 23.52 62.5 |
| STEVE STRELECKY | 69 | 18.53 | 5.00 | 23.53 71.3 |
| GREG HUGHES | 60 | 24.49 | -0.40 | 24.09 50.0 |
| CHRIS BROWN | 63 | 20.44 | 3.45 | 24.29 61.4 |
| LINDA McCAFFREY | 40 | 20.38 | 4.00 | 24.38 57.6 |
| CHRIS CAMPBELL | 70 | 20.52 | 4.00 | 24.52 65.3 |
| SYD BONE | 61 | 19.33 | 5.30 | 25.03 63.9 |
| MARY HARPER | 49 | 27.15 | -2.00 | 25.15 48.1 |
| SIMON LLOYD | 63 | 20.04 | 6.00 | 26.04 63.5 |
| MIKE CLAPPER | 66 | 23.08 | 3.20 | 26.28 56.6 |
| JOHN ZELEZNIKOW | 68 | 40.07 | -12.00 | 28.07 33.2 |

GLEN EIRA 16 OCTOBER 2018**4 x 100m Relay**

| | Clock | H/C | H/C Time |
|------------------|-------|--------|--------------|
| LINDA McCAFFREY | 40 | | |
| JIM McLURE | 72 | | |
| PAUL LYNCH | 68 | | |
| BOB WISHART | 76 | 1.15.3 | 11.00 1.04.3 |
| GLAD WISHART | 74 | | |
| JUNE TREWEEK | 57 | | |
| JIM ROUNTREE | 59 | | |
| BILL CARR | 69 | 1.15.5 | 10.00 1.05.5 |
| SIMONE O'BRIEN | 46 | | |
| JO WHITTLE | 46 | | |
| CHELSEA WHITTLE | 11 | | |
| SARAH LORENTZEN | 39 | 1.15.8 | 10 1.05.8 |
| EMMA McCAFFREY | 9 | | |
| SOPHIE VOLPERT | 9 | | |
| OSCAR | | | |
| EMILIE LORENTZEN | 9 | 1.17.2 | GO 1.17.2 |

1000m H/C

| | Clock | H/C | H/C Time | % |
|-----------------|-------|------|----------|-------|
| SYD BONE | 61 | 4.43 | 40 4.03 | 68.23 |
| CHRIS CAMPBELL | 70 | 4.47 | 20 4.27 | 67.3 |
| LINDA McCAFFREY | 40 | 4.53 | 35 4.18 | 58.9 |
| JO WHITTLE | 46 | 4.57 | 32 4.25 | 60.7 |
| JANET HOLMES | 65 | 4.57 | 32 4.25 | 79.4 |
| SIMONE O'BRIEN | 46 | 4.59 | 32 4.27 | 60.2 |
| CHRIS BROWN | 63 | 5.02 | 40 4.22 | 64.3 |
| GREG HUGHES | 60 | 5.12 | 30 4.42 | 58.3 |
| PHIL URQUHART | 74 | 5.13 | GO 5.13 | 61.02 |

300m H/C

| | Clock | H/cap | H/C Time | % |
|----------------|-------|-------|----------|------|
| J EMERSON | 11 | 58.30 | 11 47.30 | 75.3 |
| JIM McLURE | 72 | 58.70 | 5 53.70 | 78.1 |
| BOB WISHART | 76 | 59.05 | 11 48.05 | 93.6 |
| BILL CARR | 69 | 59.31 | 8 51.31 | 78.0 |
| SIMONE O'BRIEN | 46 | 59.58 | GO 59.58 | 56.5 |
| JIM ROUNTREE | 59 | 59.81 | 11 48.81 | 75.3 |
| MIKE CLAPPER | 66 | 63.84 | 11 52.84 | 73.1 |

WALK - 1500M AGE %

| | Clock | % |
|-------------------|-------|------------|
| SANDRA MIDDLETON | 69 | 10.19 75.1 |
| DES MIDDLETON | 71 | 10.17 69.3 |
| TONY DORAN | 66 | 9.52 67.5 |
| CONRAD HAMANN | 66 | 10.25 63.9 |
| MICHAEL HEFFERNAN | 83 | 14.05 59.6 |
| DOMENICO MORENA | 80 | 14.11 56.3 |
| PETE BATTRICK | 75 | 15.52 47.1 |
| ROB JAMIESON | 68 | 14.45 46.3 |

WALK 3K AGE %

| | Clock | % |
|----------------|-------|-------------|
| KARYN O'NEILL | 63 | 20.25 73.55 |
| JIM BERRINGTON | 61 | 18.16 70.71 |
| TERRY O'NEILL | 62 | 19.03 68.59 |
| PAUL LYNCH | 68 | 23.44 59.20 |

KB SERIES 3K H/C (SEALED)

| | Clock | H/cap | H/C Time | % |
|-----------------|-------|-------|-------------|------|
| PHIL URQUHART | 74 | 17.20 | 2.00 15.20 | 61.2 |
| SARAH LORENTZEN | 39 | 13.24 | -2.00 15.24 | 64.8 |
| BARRY JEFFS | 70 | 15.56 | 0.30 15.26 | 62.9 |
| CHRIS CAMPBELL | 70 | 15.32 | GO 15.32 | 64.5 |
| JO COCKWILL | 66 | 16.54 | 1.00 15.54 | 72.9 |
| JO WHITTLE | 46 | 15.54 | GO 15.54 | 58.7 |
| LINDA McCAFFREY | 40 | 14.59 | -1.00 15.50 | 55.3 |
| STEVE STRELECKY | 69 | 14.08 | -2.00 16.08 | 70.1 |
| SYD BONE | 61 | 14.15 | -2.00 16.15 | 64.6 |
| CHRIS GRAFEN | 54 | 12.59 | -3.20 16.19 | 66.7 |
| GREG HUGHES | 60 | 16.35 | GO 16.35 | 55.0 |
| SARAH JOHNSON | 35 | 19.40 | 3.00 16.40 | 43.1 |
| CHRIS BROWN | 63 | 15.11 | -2.00 17.11 | 61.7 |
| JOHN ZELEZNIKOW | 68 | 29.59 | 12.00 17.59 | 32.7 |

GLEN EIRA 23 OCTOBER 2018**60 m Age %**

| | Clock | % |
|-----------------|-------|------------|
| BOB WISHART | 76 | 8.73 99.0 |
| JUNE TREWEEK | 57 | 9.42 91.1 |
| VIVIENNE CASH | 66 | 10.35 90.1 |
| MIKE CLAPPER | 66 | 9.15 87.9 |
| JIM McLURE | 72 | 9.71 86.1 |
| GLAD WISHART | 74 | 11.94 85.2 |
| BILL CARR | 69 | 9.78 83.7 |
| JIM ROUNTREE | 59 | 9.55 80.4 |
| SIMONE O'BRIEN | 46 | 10.14 75.6 |
| PAUL LYNCH | 68 | 11.2 72.7 |
| LINDA McCAFFREY | 40 | 10.15 70.7 |
| MARY HARPER | 49 | 11.42 69.4 |

1500M E/T

| | Clock | Est | Diff | % |
|----------------|-------|------|------|---------|
| JANET HOLMES | 65 | 7.07 | 7.06 | 1 80.23 |
| GREG HUGHES | 60 | 7.28 | 7.30 | 2 57.12 |
| CHRIS CAMPBELL | 70 | 7.03 | 7.06 | 3 66.48 |
| SOPHIE VOLPERT | 9 | 6.09 | 6.00 | 9 74.69 |
| SIMONE O'BRIEN | 46 | 7.28 | 7.45 | 17 58.8 |

400M H/C

| | Clock | H/cap | H/C Time | % |
|------------------|-------|-------|----------|------|
| JIM McLURE | 72 | 97 | 16 81 | 75.6 |
| JIM ROUNTREE | 59 | 101 | 30 71 | 74 |
| BOB WISHART | 76 | 102 | 27 75 | 88.2 |
| BILL CARR | 69 | 103 | 25 78 | 74.4 |
| LINDA McCAFFREY | 40 | 103 | 16 87 | 60.4 |
| GRAHAM STOCKDALE | 76 | 105 | 21 84 | 78.7 |
| SARAH LORENTZEN | 39 | 121 | 25 96 | 54.1 |
| PHIL URQUHART | 74 | 124 | GO 124 | 51.4 |

Invitation Race

| | | | |
|------------------|---|----|------|
| EMILIE LORENTZEN | 9 | 95 | 65.2 |
| OSCAR LORENTZEN | 7 | 96 | 66.4 |
| EMMA McCAFFREY | 9 | 97 | 63.9 |
| SOPHIE McCAFFREY | 7 | 98 | 72.6 |

WALK 5 LAPS SPIRAL E/T

| | Clock | Est | Diff |
|-------------------|-------|-------|------------|
| DES MIDDLETON | 71 | 14.14 | 14.11 3 |
| JIM BERRINGTON | 61 | 12.44 | 12.40 4 |
| TONY DORAN | 66 | 14.45 | 14.51 -6 |
| KARYN O'NEILL | 63 | 14.02 | 14.10 -8 |
| ROB JAMIESON | 68 | 20.13 | 20.30 -17 |
| MICHAEL HEFFERNAN | 83 | 20.17 | 20.00 17 |
| PETER McGRATH | 79 | 19.39 | 19.21 18 |
| SANDRA MIDDLETON | 69 | 15.04 | 14.45 19 |
| TERRY O'NEILL | 62 | 13.32 | 13.13 19 |
| PETE BATTRICK | 75 | 22.11 | 21.50 21 |
| CYNTHIA ELLERY | 69 | 17.05 | 18.54 -109 |
| PAUL LYNCH | 68 | 16.44 | 13.00 224 |
| GRAHAM STOCKDALE | 76 | 16.10 | 20.16 -246 |

KB SERIES 5K H/C (SEALED)

| | Clock | H/cap | H/C Time | % |
|-----------------|-------|-------|------------|------|
| STEVE STRELECKY | 69 | 23.55 | 1 24.55 | 71.3 |
| JO COCKWILL | 66 | 28.19 | -3 25.19 | 74.2 |
| BARRY JEFFS | 70 | 26.32 | -1 25.32 | 65.0 |
| CHRIS GRAFEN | 54 | 21.22 | 5 26.22 | 69.7 |
| PHIL URQUHART | 74 | 29.29 | -3 26.29 | 61.8 |
| SARAH LORENTZEN | 39 | 23.40 | 3 26.40 | 63.0 |
| LINDA McCAFFREY | 40 | 25.28 | 1.30 26.58 | 58.9 |
| KAREN MONOHAN | 52 | 33.35 | -6 27.35 | 51.1 |
| GREG HUGHES | 60 | 27.41 | GO 27.41 | 56.7 |
| CHRIS CAMPBELL | 70 | 27.50 | GO 27.50 | 61.9 |
| SIMON LLOYD | 63 | 23.58 | 4 27.58 | 67.3 |
| MIKE CLAPPER | 66 | 28.19 | 1 29.19 | 58.5 |
| MARY HARPER | 49 | 31.39 | -51 SHORT | |
| NICKY GRAFEN | 7 | 32.01 | GO 32.01 | 54.4 |

GLEN EIRA 30 OCTOBER 2018**100M H/C**

| | | Clock | H/C (m) | % |
|-----------------|----|-------|---------|------|
| EUGENE VOLPERT | 44 | 13.10 | 16 | |
| PAUL LYNCH | 69 | 13.88 | 20 | |
| JO WHITTLE | 46 | 14.00 | 18 | |
| JIM McLURE | 72 | 14.12 | 9 | |
| BOB WISHART | 76 | 14.33 | SCR | 93.4 |
| JIM ROUNTREE | 59 | 14.45 | 5 | |
| GLAD WISHART | 74 | 14.59 | 26 | |
| LINDA McCAFFREY | 40 | 14.90 | 10 | |
| BILL CARR | 69 | 15.12 | 4 | |
| VIVIENNE CASH | 66 | 15.14 | 10 | |
| SARAH LORENTZEN | 39 | 15.31 | 6 | |

600M Age %

| | | Clock | Age % |
|----------------|----|-------|-------|
| JANET HOLMES | 65 | 2.25 | 77.9 |
| BARRY JEFFS | 70 | 2.28 | 66.7 |
| CHRIS BROWN | 63 | 2.21 | 64.6 |
| GREG HUGHES | 60 | 2.26 | 61.1 |
| NICKY GRAFEN | 7 | 2.57 | 60.3 |
| CHRIS CAMPBELL | 70 | 2.45 | 59.8 |
| PHIL URQUHART | 74 | 3.01 | 58.4 |
| JO WHITTLE | 46 | 2.39 | 56.7 |

200m E/T

| | | Clock | Est | Diff | % |
|------------------|----|-------|-------|------|-------|
| BILL CARR | 69 | 31.9 | 31.9 | 0 | 80.22 |
| LINDA McCAFFREY | 40 | 36.45 | 36.4 | 0.05 | 62.06 |
| JIM ROUNTREE | 59 | 31.4 | 31.1 | 0.3 | 75.92 |
| VIVIENNE CASH | 66 | 34.7 | 35 | 0.3 | 86.46 |
| BOB WISHART | 76 | 30.95 | 31.5 | 0.55 | 91.66 |
| OSCAR LORENTZEN | 7 | 39.15 | 40.02 | 0.87 | 72.44 |
| BARRY JEFFS | 70 | 39.12 | 40 | 0.88 | 66.0 |
| JIM McLURE | 72 | 33.4 | 32.05 | 1.35 | 79.64 |
| GLAD WISHART | 74 | 45.95 | 43.96 | 1.99 | 70.23 |
| EMMA McCAFFREY | 9 | 43.9 | 41.63 | 2.27 | 63.56 |
| EMILIE LORENTZEN | 9 | 41.95 | 39.25 | 2.7 | 67.41 |
| JO WHITTLE | 46 | 40.9 | 46.2 | 5.3 | 59.44 |

WALK 2400M Self H/c

| | | Clock | H/C | H/C Time |
|-------------------|----|-------|-------|----------|
| CONRAD HAMANN | 66 | 23.51 | 7.00 | 16.51 |
| KARYN O'NEILL | 63 | 23.56 | 8.00 | 15.56 |
| PETE BATTRICK | 75 | 23.56 | -2.00 | 25.56 |
| MICHAEL HEFFERNAN | 83 | 25.12 | 1.00 | 24.12 |
| DOMENICO MORENA | 79 | 22.33 | 1.00 | 21.33 DQ |
| PETER McGRATH | 79 | 22.44 | 0.48 | 21.56 DQ |
| DES MIDDLETON | 71 | 23.28 | 6.33 | 16.55 DQ |
| JIM BERRINGTON | 62 | 23.3 | 9.00 | 14.30 DQ |
| SANDRA MIDDLETON | 69 | 23.35 | 6.45 | 16.50 DQ |
| JOHN ZELEZNIKOW | 68 | 23.4 | 2.20 | 21.20 DQ |
| TONY DORAN | 66 | 23.42 | 6.50 | 16.52 DQ |

2KM

| | | Clock | % |
|-------------|----|-------|------|
| SIMON LLOYD | 63 | 8.38 | 69.8 |
| BARRY JEFFS | 70 | 9.43 | 66.4 |
| JO WHITTLE | 46 | 10.07 | 59.6 |
| GREG HUGHES | 60 | 10.52 | 58.7 |
| ASHLEY PAGE | 78 | 11.38 | 63.2 |
| PAUL LYNCH | 69 | 12.41 | 50.3 |

4KM

| | | Clock | % |
|-----------------|----|-------|------|
| CHRIS GRAFEN | 54 | 17.28 | 67.4 |
| SARAH LORENTZEN | 39 | 18.00 | 65.5 |
| SOPHIE VOLPERT | 9 | 18.00 | 75.0 |
| STEVE STRELECKY | 68 | 18.54 | 70.6 |
| LINDA McCAFFREY | 40 | 20.11 | 58.9 |
| CHRIS BROWN | 63 | 20.20 | 62.6 |
| CHRIS CAMPBELL | 70 | 21.05 | 64.6 |
| JANE STURZAKER | 65 | 23.45 | 69.1 |
| MERLE WANT | 57 | 25.50 | 56.4 |
| KAREN MONOHAN | 52 | 26.27 | 51.5 |
| NICKY GRAFEN | 7 | 26.59 | 51.0 |

KNOX 3 OCTOBER 2018**800m walk**

| | | |
|------------------|----|------|
| Liz Eastwood | 49 | 6.49 |
| Jack Durrant | 21 | 7.33 |
| Bob Henderson | 72 | 7.53 |
| Matt Morris | 52 | 8.23 |
| Andrea Putting | 55 | 8.23 |
| Maggie Hawkes | 62 | 8.24 |
| Glenn Berry | 48 | 8.25 |
| John Graham | 68 | 8.26 |
| Stephen Richards | 57 | 8.27 |
| Chris Crennan | 46 | 8.28 |

80m

| | | |
|-------------------|----|-------|
| Paul Durrant | 57 | 11.24 |
| Geoff Whitehall | 69 | 12.79 |
| Arthur Kapoulitsa | 70 | 13.25 |
| Donna Clarke | 65 | 14.37 |
| Andrea Putting | 55 | 16.24 |

Half mile

| | | |
|---------------|----|------|
| Matt Morris | 52 | 3.57 |
| Helen Stanley | 63 | 4.09 |

Doug Orr Half mile hcp

| | | |
|------------------|----|------|
| Stephen Richards | 57 | 3.09 |
| Glenn Berry | 48 | 3.44 |
| Bob Henderson | 72 | 3.34 |
| Liz Eastwood | 49 | 3.29 |
| John Graham | 68 | 2.52 |
| Chris Crennan | 46 | 3.1 |
| Michelle Quan | 49 | 3.34 |

4by200m relay

| | | |
|-------------------|----|------|
| Chris Crennan | 46 | |
| Glenn Berry | 48 | 1.06 |
| Paul Durrant | 57 | |
| Donna Clarke | 65 | 1.07 |
| Arthur Kapoulitsa | 70 | |
| Stephen Richards | 57 | 1.12 |

Distance**1k**

| | | |
|---------------|----|------|
| Maggie Hawkes | 62 | 7.31 |
|---------------|----|------|

3k

| | | |
|------------------|----|-------|
| Helen Stanley | 63 | 14.11 |
| Liz Eastwood | 49 | 15.2 |
| Michelle Quan | 49 | 15.26 |
| Stephen Richards | 57 | 16.06 |

5k

| | | |
|---------------|----|-------|
| Matt Morris | 52 | 20.21 |
| Graham Leticq | 63 | 22.17 |
| Sarah Thorne | 39 | 27.09 |

100metres

| | | |
|-------------------|----|----------|
| Paul Durrant | 57 | 14.69sec |
| Andrea Putting | 55 | 15.5 |
| Geoff Whitehall | 69 | 16.96 |
| Arthur Kapoulitsa | 70 | 17.31 |
| Donna Clarke | 65 | 18.53 |

KNOX 10 OCTOBER 2018**800m walk NOT**

| | | |
|--------------------|----|------|
| Liz Eastwood | 49 | 6.14 |
| Peter Thorne Winer | 70 | 7.26 |
| Graeme Leticq | 63 | 7.46 |
| Paul Twining | 69 | 7.36 |
| Matt Morris | 52 | 7.56 |
| John Graham | 68 | 8.19 |
| Ian U'Ren | 67 | 8.2 |
| Peter LeGet | 84 | 8.23 |
| Chris Crennan | 46 | 8.24 |
| David Wear | 72 | 8.24 |
| Anne McPherson | 62 | 8.25 |
| Shane Grund | 36 | 8.25 |

60m

| | | |
|--------------|----|-------|
| Paul Durrant | 57 | 10.31 |
| Donna Clarke | 65 | 11.02 |
| Chloe Grund | 6 | 13.23 |
| Shane Grund | 36 | 13.39 |

200m

| | | |
|------------------|----|-------|
| Donna Clarke | 65 | 26.62 |
| Paul Durrant | 57 | 29.53 |
| Sarah Rose | 32 | 33.32 |
| Stephen Richards | 57 | 34.88 |

4 lap spiral

| | | |
|------------------|----|------|
| Matt Morris | 52 | 6 |
| John Graham | 68 | 6.16 |
| Graham Leticq | 63 | 6.54 |
| Shane Chapman | 35 | 7.22 |
| Sarah Rose | 32 | 7.51 |
| Stephen Richards | 57 | 8.15 |
| Danielle Grund | 36 | 9.18 |
| Liz Eastwood | 49 | 9.29 |
| Chris Crennan | 46 | 9.49 |

Distance**2k**

| | | |
|--------------|----|-------|
| Liz Eastwood | 49 | 13.16 |
|--------------|----|-------|

4k

| | | |
|------------------|----|-------|
| Graham Leticq | 63 | 18.25 |
| David Chung | 51 | 19.41 |
| Paul Twining | 69 | 19.58 |
| Michelle Quan | 49 | 20.07 |
| Shane Chapman | 35 | 20.41 |
| Anne McPherson | 62 | 21.01 |
| Sarah Thorne | 39 | 21.34 |
| Stephen Richards | 57 | 22.16 |

6k

| | | |
|-------------|----|-------|
| Shane Grund | 36 | 19.47 |
| Matt Morris | 52 | 25.08 |

KNOX 17 OCTOBER 2018**800m walk**

| | | |
|----------------|----|------|
| Peter Thorne | 70 | 6.52 |
| Chloe Grund | 6 | 7.11 |
| Bob Henderson | 72 | 7.51 |
| Liz Eastwood | 49 | 7.52 |
| Jack Durrant | 21 | 7.53 |
| Glenn Berry | 48 | 7.58 |
| Shane Grund | 36 | 7.59 |
| Andrea Putting | 55 | 8.17 |
| Maggie Hawkes | 62 | 8.18 |
| Delia Worth | 55 | 8.19 |
| Sarah Thorne | 39 | 8.21 |
| Matt Morris | 52 | 8.22 |
| Graeme Leticq | 63 | 8.23 |
| Paul Twining | 69 | 8.23 |
| David Wear | 72 | 8.54 |
| Ian u'Ren | 67 | 8.54 |
| Peter LeGet | 84 | 8.57 |

Sprint hcp

| | | | |
|-----------------|-----|----|------|
| Glenn Berry | 61m | 48 | 8.78 |
| Cody Andrews | 82 | 18 | 9.06 |
| Melanie Bissett | 55 | 42 | 9.07 |
| Jack Durrant | 75 | 21 | 9.09 |
| Paul Durrant | 69 | 57 | 9.09 |
| Andrea Putting | 55 | 55 | 9.36 |
| Chloe Grund | 50 | 6 | 9.59 |

600m

| | | |
|-----------------|----|------|
| Bob Henderson | 72 | 2.37 |
| Melanie Bissett | 42 | 2.46 |
| Brian Mee | 81 | 2.5 |
| Liz Eastwood | 49 | 3.27 |
| Delia Worth | 55 | 4 |

400m

| | | |
|-------------|----|-------|
| Shane Grund | 36 | 59.87 |
|-------------|----|-------|

110metres

| | | |
|-----------------|----|-------|
| Cody Andrews | 18 | 12.28 |
| Paul Durrant | 57 | 15.31 |
| Melanie Bissett | 42 | 19.4 |
| Andrea Putting | 55 | 22.44 |
| Chloe Grund | 6 | 22.44 |

5k hcp

| | | | |
|-------------------|-----|----|-------|
| Shane Grund | 1st | 36 | 16.17 |
| Matt Morris | 2nd | 52 | 19.55 |
| Graeme Leticq | | 63 | 21.49 |
| David Black | 3rd | 62 | 23.24 |
| David Wear | | 72 | 26.54 |
| Nicola Van Reenen | | 46 | 28.06 |
| Ian U'Ren | | 67 | 28.48 |
| Sarah Thorne | | 39 | 29.17 |

3k

| | | |
|-------------|----|-------|
| Brian Mee | 81 | 17.43 |
| Pete Thorne | 70 | 18.38 |

KNOX 24 OCTOBER 2018**Walk relay**

| | | |
|-------------------|----|------|
| Arthur Kapoulitsa | 70 | 6.16 |
| Maggie Hawkes | 62 | |
| Peter Thorne | 70 | 6.55 |
| David Wear | 72 | |
| Pauline Paine | 40 | 6.57 |
| Danielle Grund | 36 | |
| Shane Grund | 36 | 6.58 |
| Chloe Grund | 6 | |
| Andrea Putting | 55 | 6.59 |
| Matt Morris | 52 | |
| Chas McRae | 85 | 7.02 |
| Liz Eastwood | 49 | |

60m

| | | |
|-------------------|----|-------|
| Paul Durrant | 57 | 10.28 |
| Donna Clarke | 65 | 10.92 |
| Andrea Putting | 55 | 12.28 |
| Arthur Kapoulitsa | 70 | 12.54 |
| Chloe Grund | 6 | 13.52 |

1500m

| | | |
|------------------|----|------|
| Matt Morris | 52 | 5.36 |
| Graeme Leticq | 63 | 5.59 |
| Stephen Richards | 57 | 7.17 |
| Liz Eastwood | 49 | 7.38 |
| Geoff Whitehall | 69 | 7.56 |
| Danielle Grund | 36 | 8.23 |

200m

| | | |
|-------------------|----|-------|
| Paul Durrant | 57 | 30.06 |
| Donna Clarke | 65 | 40.01 |
| Chloe Grund | 6 | 48.68 |
| Arthur Kapoulitsa | 70 | 50.95 |
| Leah Grund | 4 | 60.08 |

5lap Spiral

| | | |
|---------------|----|-------|
| Liz Eastwood | 49 | 11.39 |
| Peter Thorne | 70 | 12.08 |
| Pauline Paine | 40 | 12.12 |

10lap spiral

| | | |
|------------------|----|-------|
| Shane Grund | 36 | 13.21 |
| Matt Morris | 52 | 17.01 |
| Graeme Leticq | 63 | 18.07 |
| Sarah Thorne | 39 | 22.52 |
| David Wear | 72 | 22.52 |
| Stephen Richards | 57 | 23.06 |
| Ian U'Ren | 67 | 25.23 |

KNOX 31 OCTOBER 2018**800m walk**

| | | |
|----------------|------|------|
| Liz Eastwood | 49 | 6.33 |
| Chloe Grund | 6 | 7.18 |
| Andrea Putting | 55 | 7.5 |
| Maggie Hawkes | 62 | 7.51 |
| Jack Durrant | 21 | 7.52 |
| Anne McPherson | 62 | 8.16 |
| Ian U'Ren | 67 | 8.18 |
| Peter LeGet | 84 | 8.32 |
| Pauline Paine | 40 | 8.34 |
| Matt Morris | 52 | 8.35 |
| Toscha Stopar | 8.36 | |
| Shane Grund | 36 | 9.31 |
| Troy Haartsen | 36 | 9.32 |
| Bob Henderson | 72 | 9.33 |
| David Wear | 72 | 9.34 |
| Amy Haartsen | 38 | 9.4 |

60m

| | | |
|-----------------|----|-------|
| Cody Andrews | 18 | 7.19 |
| Jack Durrant | 21 | 8 |
| Geoff Whitehall | 69 | 9.69 |
| Mel Bissett | 42 | 10.39 |
| Andrea Putting | 55 | 12.18 |
| Chloe Grund | 6 | 13.9 |

80m

| | | |
|---------------------|----|-------|
| Mel Bissett | 42 | 14.25 |
| Geoff Whitehall 90m | 69 | 14.59 |
| Paul Durrant 100m | 57 | 14.93 |

800m

| | | |
|-----------------|----|------|
| Matt Morris | 52 | 3.12 |
| Paul Durrant | 57 | 3.3 |
| Troy Haartsen | 36 | 3.31 |
| Michelle Quan | 49 | 3.4 |
| Mick Carr | 65 | 3.59 |
| Geoff Whitehall | 69 | 4 |
| Danielle Grund | 36 | 4.06 |

110m hcp

| | | |
|----------------|----|--|
| Mason Rimmer | 14 | |
| Cody Andrews | 18 | |
| Brian Mee | 81 | |
| Jack Durrant | 21 | |
| Melissa Butler | 14 | |
| Mel Bissett | 42 | |
| Chloe Grund | 6 | |
| Andrea Putting | 55 | |

Melbourne Cup -3200m

| | | |
|----------------------|-------|-------|
| Matt Morris | 52 | 12.37 |
| Liz Eastwood | 49 | 15.37 |
| Michelle Quan | 49 | 15.44 |
| Mick Carr | 65 | 17 |
| David Chung | 50 | 18.07 |
| Toscha Stopar | 18.13 | |
| Phil Urquhart | 18.36 | |
| Brian Mee | 81 | 18.47 |
| Ian U'Ren | 67 | 19.01 |
| Peter Thorne | 70 | 19.09 |
| Pauline Paine | 40 | 19.22 |
| Amy Haartsen | 38 | 21.08 |
| Sarah Thorne 12laps | 39 | 26.08 |
| Bob Henderson 4lap w | 72 | 16.59 |

6.4k

| | | |
|-------------|----|-------|
| Shane Grund | 36 | 19.44 |
|-------------|----|-------|

MENTONE 3 OCTOBER 2018

| 500m Walk E.T. | | | | |
|-----------------------|-------------------|-----|-------|-------|
| | | | Clock | Diff. |
| 1 | Maureen Seedsman | 81 | 3.44 | -0.01 |
| 2 | John Mathew | 81 | 5.05 | 0.05 |
| 3= | Pam Mews | 83 | 5.05 | 0.06 |
| 3= | Greg Hughes | 60 | 3.34 | -0.06 |
| 5= | Ian Beaumont | 82 | 4.23 | 0.13 |
| 5= | Margaret Beaumont | 80 | 4.22 | -0.13 |
| 7 | Dawn Bennett | Inv | 4.22 | -0.28 |
| 8 | Ralph Bennett | 76 | 4.20 | 0.40 |

| 1600m Self H/cap | | | | |
|-------------------------|----------------|----|---------|---------|
| | | | Clock | Actual |
| 1 | Sandra Wynne | 67 | 11.13.7 | 8.20.7 |
| 2 | Avril Britter | 59 | 11.15.4 | 8.26.4 |
| DQ | Col Waring | 72 | | 7.21.8 |
| DQ | Martin Griffin | 57 | | 8.02.5 |
| DQ | John Kneen | 75 | | 10.49.8 |
| DQ | David Dodson | 59 | | 8.19.2 |
| DQ | Julian Boland | 55 | | 6.33.2 |

| 150m E.T. *Agg Event*- | | | | | |
|-------------------------------|----------------|-----|-------|-------|-----|
| | | | Clock | Diff. | Pts |
| 1 | Avril Britter | 59 | 28.66 | -0.70 | 7 |
| 2 | Glad Wishart | 74 | 31.32 | 0.82 | 5 |
| 3 | Daniel Short | Inv | 31.96 | -1.04 | |
| 4 | Susan Short | 44 | 23.55 | 1.05 | 4 |
| 5 | Bob Wishart | 76 | 22.16 | 1.16 | 3 |
| 6 | David Short | 41 | 19.32 | -1.18 | 2 |
| 7 | Ross Kent | 76 | 31.52 | 1.42 | 1 |
| 8 | Ciara Short | Inv | 28.48 | -1.52 | |
| 9 | John Mathew | 81 | 46.50 | 4.50 | 1 |
| 10 | Martin Griffin | 57 | 25.00 | -5.00 | 1 |

| 2 Km Self H/cap | | | | |
|------------------------|----------------|-----|-------|--------|
| | | | Clock | Actual |
| 1 | Susan Short | 44 | 14.56 | 8.56 |
| 2 | Michael Ure | 52 | 15.04 | 7.04 |
| 3 | James O'Brien | 65 | 15.06 | 8.26 |
| 4 | Sandra Wynne | 67 | 15.10 | 10.52 |
| 5 | David Short | 41 | 15.24 | 7.54 |
| DQ | John Kneen | 75 | | 13.30 |
| DQ | Martin Griffin | 57 | | 11.16 |
| DQ | Avril Britter | 59 | | 11.04 |
| DQ | Ashley Birrell | 73 | | 9.26 |
| DQ | Ciara Short | Inv | | 12.20 |
| DQ | Daniel Short | Inv | | 10.20 |
| DQ | David Dodson | 59 | | 10.48 |

| 1000m/ 3000m Walk E.T. | | | | |
|-------------------------------|---------------|-----|-------|-------|
| | | | Clock | Diff. |
| 1000m | | | | |
| 1= | Ian Beaumont | 82 | 8.57 | 0.07 |
| 1= | Joan Clarke | 83 | 9.42 | 0.07 |
| 3 | Julian Boland | 55 | 6.20 | -0.10 |
| 4 | Dawn Bennett | Inv | 8.39 | -0.41 |
| 5 | John Mathew | 81 | 11.51 | 0.51 |
| 6 | Ralph Bennett | 76 | 8.03 | 1.03 |

| 3000m | | | | |
|--------------|-------------------|----|-------|-------|
| | | | Clock | Diff. |
| 1 | John Zeleznikow | 68 | 27.23 | 0.08 |
| 2 | Maureen Seedsman | 81 | 24.15 | 0.15 |
| 3 | Margaret Beaumont | 80 | 28.29 | 0.29 |
| 4 | Kevin Cassidy | 58 | 18.00 | 0.40 |
| 5 | Greg Hughes | 60 | 24.06 | 1.21 |

MENTONE 10 OCTOBER 2018

| 600m Walk E.T. | | | | |
|-----------------------|------------------|-----|-------|-------|
| | | | Clock | Diff. |
| 1 | Maureen Seedsman | 81 | 4.30 | -0.04 |
| 2 | Sharon Carr | 53 | 4.57 | -0.05 |
| 3 | Jill Mannering | 82 | 5.24 | 0.09 |
| 4 | Ralph Bennett | 76 | 3.45 | -0.15 |
| 5 | Dawn Bennett | Inv | 5.10 | 0.16 |
| 6 | John Mathew | 81 | 5.37 | 0.37 |

| 1500m Self H/cap | | | | |
|-----------------------------|---------------|----|-------|--------|
| Point Score Series 1 | | | | |
| | | | Clock | Actual |
| 1 | Michael Ure | 52 | 10.45 | 5.10 |
| 2 | Sharon Carr | 53 | 10.48 | 10.18 |
| 3 | Avril Britter | 59 | 10.52 | 7.44 |
| 4 | Sandra Wynne | 67 | 10.54 | 7.34 |
| 5 | Col Waring | 72 | 10.56 | 6.56 |
| 6 | Darryl Carr | 55 | 10.57 | 7.47 |
| 7 | Greg Hughes | 60 | 11.12 | 8.07 |
| DQ | David Short | 41 | | 5.30 |
| DQ | Susan Short | 44 | | 6.14 |
| DQ | John Kneen | 75 | | 9.06 |

| 110m E.T. | | | | |
|------------------|---------------|----|-------|-------|
| | | | Clock | Diff. |
| 1 | Ron Arthur | 78 | 18.16 | -0.04 |
| 2 | Bob Wishart | 76 | 15.95 | -0.05 |
| 3 | Susan Short | 44 | 17.12 | -0.08 |
| 4 | David Short | 41 | 14.27 | -0.13 |
| 5 | Avril Britter | 59 | 20.45 | 0.45 |
| 6 | John Mathew | 81 | 30.65 | 0.65 |
| 7 | Glad Wishart | 74 | 22.20 | 1.15 |
| 8 | Ross Kent | 76 | 22.45 | 1.95 |

| 2 Miles Self H/cap | | | | |
|---------------------------|----------------|----|-------|--------|
| | | | Clock | Actual |
| 1= | Avril Britter | 59 | 21.09 | 18.10 |
| 1= | John Kneen | 75 | 21.09 | 21.09 |
| 3 | Darryl Carr | 55 | 21.12 | 17.02 |
| 4 | Sandra Wynne | 67 | 21.15 | 18.03 |
| DQ | Ashley Birrell | 73 | | 15.38 |

| 1500m Walk E.T. *Agg Event* | | | | | |
|------------------------------------|-------------------|----|-------|-------|-----|
| | | | Clock | Diff. | Pts |
| 1 | Maureen Seedsman | 81 | 11.52 | 0.02 | 7 |
| 2 | Sylvia Machin | 77 | 11.55 | 0.05 | 5 |
| 3 | Greg Hughes | 60 | 11.26 | 0.11 | 4 |
| 4 | Jill Mannering | 82 | 13.45 | -0.12 | 3 |
| 5 | Glennis McPherson | 72 | 10.29 | -0.14 | 2 |
| 6 | John Zeleznikow | 68 | 13.12 | -0.23 | 1 |
| 7 | Sharon Carr | 53 | 12.54 | -0.26 | 1 |
| 8 | John Mathew | 81 | 16.46 | 0.46 | 1 |
| 9 | Joan Clarke | 83 | 14.28 | -1.29 | 1 |

MENTONE 17 OCTOBER 2018

| 834m Walk E.T. | | | | |
|-----------------------|------------------|----|-------|-------|
| | | | Clock | Diff. |
| 1 | Maureen Seedsman | 81 | 6.28 | 0.01 |
| 2 | John Mathew | 81 | 8.46 | -0.14 |
| 3 | Sharon Carr | 53 | 7.19 | 0.19 |
| 4 | Jill Mannering | 82 | 7.38 | -0.47 |
| 5 | Debbie Thomson | 61 | 9.30 | -1.30 |

| 834m E.T. | | | | |
|-----------------------------|------------------|----|-------|-------|
| Point Score Series 2 | | | | |
| | | | Clock | Diff. |
| 1 | David Short | 41 | 22.44 | -0.01 |
| 2 | Susan Short | 44 | 3.07 | -0.03 |
| 3 | Graham Stockdale | 76 | 3.27 | 0.07 |
| 4 | Sharon Carr | 53 | 5.33 | 0.09 |
| 5= | Michael Ure | 52 | 2.39 | -0.11 |

MENTONE 17 OCTOBER 2018 cont.

| | | | | |
|----|---------------|----|------|-------|
| 5= | Greg Hughes | 60 | 3.53 | -0.11 |
| 7 | Avril Britter | 59 | 4.16 | 0.13 |
| 8 | John Kneen | 75 | 4.51 | -0.14 |
| 9 | Sandra Wynne | 67 | 4.06 | 0.16 |
| 10 | Darryl Carr | 55 | 3.58 | -0.17 |
| 11 | Col Waring | 72 | 3.48 | 0.18 |
| 12 | Kuni Bowden | 52 | 3.37 | -0.23 |
| 13 | Matt Bowden | 51 | 4.45 | 0.30 |

Series Winner Michael Ure**200m H/cap** Clock Metres

| | | | | |
|----|---------------|----|-------|----|
| 1 | Ross Kent | 76 | 23.20 | 86 |
| 2 | Glad Wishart | 74 | 24.82 | 77 |
| 3 | Bob Wishart | 76 | 25.30 | 27 |
| 4 | Susan Short | 44 | 25.73 | 37 |
| 5= | Vivienne Cash | 66 | 26.14 | 45 |
| 5= | Ron Arthur | 78 | 26.14 | 37 |
| 7 | John Mathew | 81 | 27.13 | 99 |
| 8 | David Short | 41 | 27.20 | 0 |

3.336 Km E.T. *Agg Event*- Clock Diff. Pts

| | | | | | |
|---|----------------|----|-------|-------|---|
| 1 | Ashley Birrell | 73 | 16.19 | -0.01 | 7 |
| 2 | Matt Bowden | 51 | 18.41 | -0.08 | 5 |
| 3 | Sandra Wynne | 67 | 18.17 | 0.14 | 4 |
| 4 | Avril Britter | 59 | 18.51 | 0.25 | 3 |
| 5 | John Kneen | 75 | 21.45 | 0.35 | 2 |
| 6 | Kuni Bowden | 52 | 15.16 | -0.44 | 1 |
| 7 | Darryl Carr | 55 | 17.42 | 0.52 | 1 |
| 8 | Michael Ure | 52 | 12.48 | -1.02 | 1 |
| 9 | James O'Brien | 65 | 15.49 | 1.21 | 1 |

2500m Walk E.T. Clock Diff.

| | | | | |
|----|-------------------|----|-------|-------|
| 1 | John Zeleznikow | 68 | 22.27 | -0.03 |
| 2= | Greg Hughes | 60 | 18.24 | -0.11 |
| 2= | Jill Mannering | 82 | 22.49 | -0.11 |
| 4 | Sharon Carr | 53 | 21.42 | 0.22 |
| 5 | Glennis McPherson | 72 | 18.11 | -0.24 |
| 6 | Peter Ellis | 67 | 17.56 | 0.26 |
| 7 | Maureen Seedsman | 80 | 20.14 | 0.34 |
| 8 | Joan Clarke | 83 | 24.44 | 0.59 |
| 9 | John Mathew | 81 | 29.11 | 2.11 |

MENTONE 24 OCTOBER 2018**400m Walk E.T.** Clock Diff.

| | | | | |
|----|-------------------|----|------|-------|
| 1 | Maureen Seedsman | 81 | 2.56 | 0.00 |
| 2= | Sylvia Machin | 77 | 2.57 | -0.01 |
| 2= | Jill Mannering | 82 | 2.29 | -0.01 |
| 4= | Ian Beaumont | 82 | 3.25 | -0.02 |
| 4= | Sonya McLennan | 66 | 2.33 | -0.02 |
| 4= | Kevin Cassidy | 58 | 2.13 | -0.02 |
| 7 | John Mathew | 81 | 3.55 | -0.05 |
| 8 | Margaret Beaumont | 80 | 3.33 | 0.09 |

300m E.T. Clock Diff

| | | | | | |
|---|---------------|----|-------|-------|---|
| 1 | Ron Arthur | 78 | 58.17 | -0.73 | @ |
| 2 | Bob Wishart | 76 | 51.89 | 2.59 | |
| 3 | Vivienne Cash | 66 | 59.05 | 3.05 | |

1000m E.T. *Agg Event* Clock Diff Pts

| | | | | | |
|---|---------------|----|--------|-------|---|
| 1 | Avril Britter | 59 | 4.59.7 | -1.3 | 7 |
| 2 | Kuni Bowden | 52 | 4.08.0 | -2.0 | 5 |
| 3 | Greg Hughes | 60 | 4.43.8 | -3.2 | 4 |
| 4 | Sandra Wynne | 67 | 4.52.9 | 6.9 | 3 |
| 5 | Col Waring | 72 | 4.22.8 | -7.2 | 2 |
| 6 | Ralph Bennett | 76 | 4.40.1 | -19.9 | 1 |

MENTONE 24 OCTOBER 2018 cont.**70m E.T.** Clock Diff

| | | | | |
|----|---------------|----|-------|-------|
| 1= | Ron Arthur | 78 | 11.04 | 0.14 |
| 1= | Sandra Wynne | 67 | 12.76 | -0.14 |
| 3 | Bob Wishart | 76 | 10.20 | 0.40 |
| 4 | Avril Britter | 59 | 12.16 | -0.75 |
| 5 | John Mathew | 81 | 18.07 | -0.83 |
| 6 | Glad Wishart | 74 | 13.48 | 1.43 |
| 7 | Ross Kent | 76 | 14.12 | 3.12 |

2.5 Km/ 5 Km E.T. Clock Diff.**2.5 Km**

| | | | | |
|---|----------------|----|-------|-------|
| 1 | Sandra Wynne | 67 | 13.29 | -0.09 |
| 2 | Ashley Birrell | 73 | 11.41 | -0.29 |

5 Km

| | | | | |
|---|----------------|----|-------|-------|
| 1 | Avril Britter | 59 | 28.51 | 0.07 |
| 2 | Sonya McLennan | 66 | 28.48 | -0.08 |
| 3 | Kuni Bowden | 52 | 23.10 | -0.10 |
| | James O'Brien | 65 | 22.25 | |

1000m/ 3000m Walk E.T. Clock Diff.**1000m**

| | | | | |
|---|----------------|----|-------|-------|
| 1 | Jill Mannering | 82 | 8.59 | -0.03 |
| 2 | Joan Clarke | 83 | 9.54 | 0.24 |
| 3 | John Mathew | 81 | 10.25 | -0.35 |
| 4 | Ian Cassell | 65 | 8.30 | 1.00 |

3000m

| | | | | |
|----|------------------|----|-------|-------|
| 1 | Maureen Seedsman | 81 | 23.56 | -0.04 |
| 2 | Ian Beaumont | 82 | 28.04 | -0.21 |
| 3= | Sylvia Machin | 77 | 22.56 | -0.34 |
| 3= | Greg Hughes | 60 | 22.56 | -0.34 |
| 5 | Geoff Barrow | 69 | 22.40 | -1.05 |
| 6 | Kevin Cassidy | 58 | 16.17 | -1.13 |

MENTONE 31 OCTOBER 2018**500m Walk E.T.** Clock Diff.

| | | | | |
|----|-------------------|-----|------|-------|
| 1 | Sonya McLennan | 66 | 3.10 | 0.00 |
| 2 | Maureen Seedsman | 81 | 3.43 | -0.01 |
| 3 | Margaret Beaumont | 80 | 4.28 | 0.07 |
| 4 | Isabella Dingli | Inv | 2.52 | -0.08 |
| 5= | Sylvia Machin | 77 | 3.30 | -0.10 |
| 5= | John Mathew | 81 | 4.50 | -0.10 |
| 7 | Ian Beaumont | 82 | 4.45 | 0.22 |
| 8= | Jill Mannering | 82 | 4.26 | -0.24 |
| 8= | Jenny Millikin | Inv | 4.09 | -0.24 |
| 10 | Kevin Cassidy | 58 | 2.30 | -0.50 |

1200m E.T. Clock Diff

| | | | | |
|---|---------------|----|--------|-------|
| 1 | Derek Couper | 52 | 4.25.9 | 0.9 |
| 2 | Sandra Wynne | 67 | 5.52.4 | -2.6 |
| 3 | Avril Britter | 59 | 6.05.4 | 5.4 |
| 4 | Col Waring | 72 | 5.15.7 | 5.7 |
| 5 | Michael Ure | 52 | 3.58.7 | -11.3 |
| 6 | Kuni Bowden | 52 | 4.53.5 | -11.5 |
| 7 | John Kneen | 75 | 7.03.2 | 33.2 |
| 8 | Greg Hughes | 60 | 5.40.6 | -44.4 |

120m E.T. Clock Diff

| | | | | |
|----|---------------|----|-------|-------|
| 1= | Ron Arthur | 78 | 18.92 | 0.02 |
| 1= | Vivienne Cash | 66 | 19.98 | -0.02 |
| 3 | Glad Wishart | 74 | 24.16 | 0.06 |
| 4 | Bob Wishart | 76 | 17.33 | 0.13 |
| 5 | Ross Kent | 76 | 23.95 | -0.35 |
| 6 | Sandra Wynne | 67 | 22.60 | -0.50 |
| 7 | Avril Britter | 59 | 21.91 | -0.86 |
| 8 | John Mathew | 81 | 34.00 | -1.60 |

MENTONE 31 OCTOBER 2018 cont.**2 Km E.T.****Point Score Series 1**

| | | Clock | Diff. | | |
|----|----------------|-------|-------|-------|-----|
| 1= | Derek Couper | 52 | 8.00 | 0.02 | |
| 1= | Ashley Page | 78 | 11.31 | -0.02 | |
| 3 | Ashley Birrell | 73 | 9.23 | 0.03 | |
| 4 | Avril Britter | 59 | 11.02 | 0.09 | |
| 5 | Kuni Bowden | 52 | 8.40 | -0.20 | |
| 6 | Michael Ure | 52 | 7.37 | -0.23 | |
| 7 | James O'Brien | 65 | 8.12 | -0.32 | *** |
| 8 | Sonya McLennan | 66 | 10.33 | -0.38 | |
| 9 | Ralph Bennett | 76 | 9.21 | -0.59 | *** |
| 10 | John Kneen | 75 | 12.54 | -1.06 | |

1 Mile/ 2 Miles Walk E.T.**1 Mile**

| | | Clock | Diff. |
|----|-------------------|-------|-------------|
| 1 | Joan Clarke | 83 | 15.32 -0.13 |
| 2 | Margaret Beaumont | 80 | 15.03 0.33 |
| 3 | Pam Mews | 83 | 15.38 -0.42 |
| 4 | Ian Beaumont | 82 | 14.27 -0.44 |
| 5= | Jenny Millikin | Inv | 14.05 -0.55 |
| 5= | John Mathew | 81 | 17.55 0.55 |
| 7 | Maureen Seedsman | 80 | 13.42 0.57 |
| 8 | Jill Mannering | 82 | 14.27 -1.13 |

2 Miles

| | | | |
|---|-----------------|----|-------------|
| 1 | Greg Hughes | 60 | 24.45 -0.02 |
| 2 | Kevin Cassidy | 58 | 17.55 -0.05 |
| 3 | Sylvia Machin | 77 | 24.46 0.16 |
| 4 | John Zeleznikow | 68 | 29.59 0.59 |

SPRINGVALE 3 OCTOBER 2018**150 metres**

| | | actual | hcp |
|-------------------|----|--------|-------|
| Tracey HUTCHINSON | 48 | 31.40 | 8 sec |
| Troy JEFFS | 43 | 23.20 | 22.00 |
| Graham KILFOYLE | 66 | 24.00 | 22.00 |
| Lindsay OXENHAM | 69 | 35.30 | 11.00 |
| Rhiannon | | 21.70 | 25.00 |
| Mike HALL | 79 | 27.40 | 20.00 |
| Brian WOODMAN | 64 | 30.80 | 20.00 |
| Mick COLGAN | 67 | 42.10 | 15.00 |

800 metres

| | | actual | clock |
|-------------------|----|--------|--------|
| Ernie JEFFS | 73 | 5.08.6 | 5.08.6 |
| Summer | | 3.45.5 | 5.10.5 |
| Declan | | 3.03.8 | 5.13.8 |
| Lou BUCCIERI | 63 | 3.26.7 | 5.16.7 |
| Dave TALBOT | 64 | 3.07.4 | 5.17.4 |
| Bill IRVINE | 70 | 3.23.1 | 5.18.1 |
| Rhiannon | | 3.35.5 | 5.20.5 |
| Tracey HUTCHINSON | 48 | 4.49.1 | 5.24.1 |
| Lindsay OXENHAM | 69 | 3.43.7 | 5.31.7 |
| Troy JEFFS | 43 | 3.21.8 | 5.38.8 |
| Neil GRAY | 70 | 3.42.9 | 5.55.9 |

15 minutes run/walk

| | | lap/mts |
|-----------------------|----|---------|
| Bill IRVINE | 70 | 4 40 |
| Pam THOMAS | 68 | 3 20 |
| John MANNING | 72 | 5 50 |
| Tony DORAN | 66 | 5 50 |
| Jim SMITH | 77 | 4 290 |
| Ernie JEFFS | 73 | 3 150 |
| Will SELICK | 46 | 7 200 |
| Ian TREGAR | 68 | 6 270 |
| Anand THILLAISUNDARAM | 42 | 3 320 |

SPRINGVALE 3 OCTOBER 2018 cont.

| | | |
|----------------------------|----|---------|
| Howard REES | 71 | 7 60 |
| Rob CLUTTERBUCK | 65 | 7 260 |
| Tracey HUTCHINSON | 48 | 5 35 |
| Natalie IRVINE | 71 | 5 250 |
| Alan BENNIE | 71 | 8 130 |
| 30 minutes run/walk | | lap/mts |
| Graham KILFOYLE | 66 | 8 340 |
| Lindsay OXENHAM | 69 | 13 300 |
| Claudio RIGA | 63 | 13 350 |
| Troy JEFFS | 43 | 13 350 |
| Frank ALLEN | 73 | 8 380 |
| Brian WOODMAN | 64 | 9 240 |
| Lou BUCCIERI | 63 | 13 300 |
| Eric NEGROS | 55 | 6 380 |
| Paul MULLINS | 78 | 12 225 |

SPRINGVALE 10 OCTOBER 2018**200 metres**

| | | actual | hcp. |
|-------------------|----|--------|--------|
| Graham KILFOYLE | 66 | 34.60 | 20 sec |
| Lindsay OXENHAM | 69 | 46.40 | 9.00 |
| Tracey HUTCHINSON | 48 | 45.90 | 12.00 |
| Troy JEFFS | 43 | 33.30 | 25.00 |
| Dominique RUELOT | 67 | 64.50 | 3.00 |
| Eric NEGROS | 55 | 105.40 | 0.00 |

600 metres

| | | |
|-------------------|----|--------|
| Paul MULLINS | 78 | 2.28.4 |
| Neil GRAY | 70 | 2.47.5 |
| Howard REES | 71 | 2.52.4 |
| Lou BUCCIERI | 63 | 2.54.6 |
| Lindsay OXENHAM | 69 | 2.55.5 |
| Tracey HUTCHINSON | 48 | 3.37.1 |

1000 metres

| | | |
|-------------|----|--------|
| Alan BENNIE | 71 | 4.06.8 |
| Dave TALBOT | 64 | 4.18.4 |

3000 metres

| | | |
|------------------|----|-------|
| Bill IRVINE | 70 | 21.04 |
| Dominique RUELOT | 67 | 22.01 |

3000 metres walk

| | | actual | hcp. |
|-----------------|----|--------|-------|
| Tony JOHNSON | 78 | 24.03 | 10.00 |
| Jim SMITH | 78 | 24.05 | 11.10 |
| Frank ALLEN | 73 | 24.08 | 10.25 |
| Celia JOHNSON | 71 | 24.09 | 10.10 |
| Graham KILFOYLE | 66 | 25.55 | 9.55 |
| Pam THOMAS | 68 | 27.09 | 8.40 |
| Natalie IRVINE | 71 | 29.11 | 4.40 |
| Ernie JEFFS | 73 | 29.25 | 8.40 |
| John MANNING | 72 | 29.30 | 8.40 |
| Eric NEGROS | 55 | 34.20 | 0.00 |

5000 metres

| | | actual | hcp. |
|-----------------|----|--------|------|
| Will SELICK | 46 | 24.29 | 7.00 |
| Troy JEFFS | 43 | 25.21 | 6.40 |
| Lou BUCCIERI | 63 | 27.03 | 5.00 |
| Lindsay OXENHAM | 69 | 27.00 | 5.10 |
| Howard REES | 71 | 25.51 | 6.20 |
| Rob CLUTTERBUCK | 65 | 24.43 | 7.50 |
| Ian TREGAR | 68 | 30.03 | 2.35 |
| Summer | | 31.27 | 1.40 |
| Claudio RIGA | 63 | 26.46 | 7.10 |

SPRINGVALE 17 OCTOBER 2018**100 metres**

| | | |
|------------------|----|-------|
| Mark ANDREWS | 35 | 13.30 |
| Troy JEFFS | 43 | 15.20 |
| Graham KILFOYLE | 66 | 15.30 |
| Mike HALL | 79 | 17.10 |
| Lindsay OXENHAM | 69 | 21.10 |
| Dominique RUELOT | 67 | 26.30 |

800 metres hcp.

| | | actual | clock |
|-----------------|----|--------|--------|
| Bill IRVINE | 70 | 3.18.2 | 5.08.2 |
| Ernie JEFFS | 73 | 4.58.3 | 5.08.3 |
| Paul MULLINS | 78 | 3.24.6 | 5.12.6 |
| Troy JEFFS | 43 | 3.07.0 | 5.15.0 |
| Howard REES | 71 | 3.44.7 | 5.19.7 |
| Lindsay OXENHAM | 69 | 3.35.1 | 5.20.1 |
| Lou BUCCIERI | 63 | 3.37.5 | 5.20.5 |
| Mark ANDREWS | 35 | 2.16.6 | 5.21.6 |

1800 metres walk

| | | |
|-----------------|----|-------|
| Tony DORAN | 66 | 13.05 |
| Bill IRVINE | 70 | 14.04 |
| Graham KILFOYLE | 66 | 15.02 |
| Jim SMITH | 78 | 15.07 |
| Pam THOMAS | 68 | 16.22 |
| John ABEL | 68 | 17.09 |
| Ernie JEFFS | 73 | 18.14 |
| Eric NEGROS | 55 | 18.47 |

3000 metres walk

| | | |
|--------------------------|----|-------|
| Tony JOHNSON | 78 | 23.35 |
| Anand THILLAISUNDARAM 42 | | 24.07 |
| Frank ALLEN | 73 | 24.11 |
| Celia JOHNSON | 71 | 28.55 |
| Frank MANNING | 68 | 30.05 |

3000 metres

| | | |
|------------------|----|-------|
| Mark ANDREWS | 68 | 10.49 |
| Will SELICK | 46 | 14.54 |
| Ian TREGGAR | 68 | 17.31 |
| Claudio RIGA | 63 | 20.13 |
| Dominique RUELOT | 67 | 21.01 |

5000 metres

| | | |
|-----------------|----|-------|
| Howard REES | 71 | 25.29 |
| Lindsay OXENHAM | 69 | 26.05 |
| Lou BUCCIERI | 63 | 26.49 |
| Troy JEFFS | 43 | 27.48 |

SPRINGVALE 24 OCTOBER 2018**5000 metres**

| | | actual | clock |
|-------------------|----|--------|-------|
| Will SELICK | 46 | 22.44 | 34.09 |
| Tracey HUTCHINSON | 48 | 34.56 | 34.56 |
| Troy JEFFS | 43 | 25.02 | 34.57 |
| Claudio RIGA | 63 | 25.02 | 34.57 |
| Lindsay OXENHAM | 69 | 26.24 | 26.24 |
| Howard REES | 71 | 26.17 | 36.12 |
| Summer | | 31.26 | 36.51 |
| Lou BUCCIERI | 63 | 29.37 | 37.52 |

3000 metres

| | | |
|------------------|----|-------|
| Dominique RUELOT | 67 | 21.28 |
| Dave TALBOT | 64 | 24.52 |
| Sayed KHATAN | 68 | 27.14 |

3000 metres walk

| | | | |
|--------------|----|-------|-------|
| John MANNING | 72 | 24.19 | 31.29 |
| Eric NEGROS | 55 | 32.32 | 32.32 |
| John ABEL | 68 | 24.52 | 32.32 |
| Pam THOMAS | 68 | 25.42 | 33.42 |

SPRINGVALE 24 OCTOBER 2018 cont.

| | | | |
|--------------------------|----|-------|-------|
| Frank ALLEN | 73 | 23.57 | 34.07 |
| Celia JOHNSON | 71 | 23.58 | 34.08 |
| Tony DORAN | 66 | 21.38 | 34.18 |
| Anand THILLAISUNDARAM 42 | | 25.34 | 36.14 |
| Tony JOHNSON | 78 | 25.34 | 36.14 |
| Ernie JEFFS | 73 | 28.34 | 36.44 |
| Ian TREGGAR | 68 | 29.44 | 38.54 |
| Graham Kilfoyle | 66 | 25.46 | 34.26 |

200 metres

| | | |
|------------------|----|-------|
| Graham KILFOYLE | 66 | 31.80 |
| Mike HALL | 79 | 36.70 |
| Troy JEFFS | 43 | 38.10 |
| Sayed KHATAN | 68 | 45.20 |
| Lindsay OXENHAM | 69 | 46.40 |
| Dominique RUELOT | 67 | 57.60 |

600 metres

| | | |
|-------------------|----|------|
| Lou BUCCIERI | 63 | 2.50 |
| Tracey HUTCHINSON | 48 | 3.35 |
| Sayed KHATAN | 68 | 3.41 |
| Claudio RIGA | 63 | 2.47 |

1000 metres

| | | |
|-----------------|----|------|
| Dave TALBOT | 64 | 4.19 |
| Paul MULLINS | 78 | 4.41 |
| Lindsay OXENHAM | 69 | 4.59 |

SPRINGVALE 31 OCTOBER 2018**300 metres**

| | | |
|-----------------|----|-------|
| Les WILLIAMS | 62 | 49.50 |
| Dave TALBOT | 64 | 58.30 |
| Mike HALL | 79 | 60.50 |
| Brian WOODMAN | 64 | 71.60 |
| Lindsay OXENHAM | 69 | 72.10 |
| Mick COLGAN | 67 | 81.40 |

600 metres

| | | |
|-----------------|----|------|
| Les WILLIAMS | 62 | 2.16 |
| Lindsay OXENHAM | 69 | 2.50 |
| Sayed KHATAN | 68 | 3.17 |

1000 metres

| | | |
|--------------|----|------|
| Alan BENNIE | 71 | 4.30 |
| Lou BUCCIERI | 63 | 4.37 |

2300 metres road walk

| | | |
|---------------|----|-------|
| Tony DORAN | 66 | 16.43 |
| Frank ALLEN | 73 | 18.47 |
| John MANNING | 72 | 18.47 |
| Brian WOODMAN | 64 | 19.37 |
| Jim SMITH | 78 | 19.56 |
| Mick COLGAN | 67 | 19.45 |
| Pam THOMAS | 68 | 21.22 |
| John ABEL | 68 | 23.22 |
| Ernie JEFFS | 73 | 23.34 |
| Celia JOHNSON | 71 | 25.23 |
| Tony JOHNSON | 78 | 25.23 |
| Eric NEGROS | 55 | 26.08 |

3100 metres road run

| | | |
|-----------------|----|-------|
| Will SELICK | 46 | 14.00 |
| Rob CLUTTERBUCK | 65 | 14.37 |
| Alan BENNIE | 71 | 15.12 |
| Howard REES | 71 | 15.17 |
| Dave TALBOT | 64 | 15.38 |
| Lou BUCCIERI | 63 | 16.11 |
| Bill IRVINE | 70 | 16.15 |
| Lindsay OXENHAM | 69 | 16.18 |
| Paul MULLINS | 78 | 17.10 |
| Ian TREGGAR | 68 | 17.57 |

DECEMBER PROGRAMS 2018

| | | | | | | |
|--------------|--------------|------------------------|--------------|------------------|--------------------|-----------------------------------|
| MON DEC 3 | DONCASTER | 100M | 800M | 200M | 600M NOST | 3000M |
| | CASEY | | | | | |
| TUES DEC 4 | COLLINGWOOD | | | | | |
| | CROYDON | DISCUS/ 1K WALK | 17.4 SEC | 800M W/RUN RELAY | 300M | 2/4/6K RUN/ WALK |
| | GLEN EIRA | | | | | |
| WEDS DEC 5 | ABERFELDIE | | | | | |
| | GEELONG | 5K C COUNTRY | 3K C COUNTRY | | | |
| | MENTONE | 600M WALK ET | 1600M S/H | 200M ET | 2.5K ET | 1500M ET |
| | KNOX | | | | | |
| | SPRINGVALE | 200M | 600M | 3000M WALK | 3100/5000M ROAD | |
| THURS DEC 6 | COBURG | | | | | |
| | EAST BURWOOD | | | | | |
| | FRANKSTON | 800M WALK | 100M AG | 800M | 200M SEALED HCP | 5/8 LAP SPIRAL |
| MON DEC 10 | DONCASTER | 800M NOST | XMAS HCP | XMAS PARTY | | |
| | CASEY | | | | | |
| TUES DEC 11 | COLLINGWOOD | | | | | |
| | CROYDON | SHOT/ 1200M WALK | 80M | 1K | 2X200M | 12 LAP MAX R/W NOT |
| | GLEN EIRA | | | | | |
| WEDS DEC 12 | ABERFELDIE | | | | | |
| | GEELONG | ALAN FOOT 800M | 2800M | 1600M | | |
| | MENTONE | 800M ET | 1000M ET | 100M HCP | 2 MILES ET | 3/5 LAPS ROAD ET |
| | KNOX | | | | | |
| | SPRINGVALE | 400M FINAL | 600/1000M | 2300/3700M WALK | 3100/6200 ROAD RUN | |
| THURS DEC 13 | COBURG | | | | | |
| | EAST BURWOOD | | | | | |
| | FRANKSTON | 800M WALK | 80M | 1200M | 200M SEALED HCP | 2/4K RUN 2/3K WALK |
| MON DEC 17 | DONCASTER | L JUMP | 100M/ JAV | 200M/ SHOT | 400M DISC | 800/1500M |
| | CASEY | | | | | |
| TUES DEC 18 | COLLINGWOOD | | | | | |
| | CROYDON | JAV NOD/1500M WALK NOT | 100M NOT | 1500M NOT | 400M NOT | RUN/WALK OWN DIST. SPECIAL SUPPER |
| | GLEN EIRA | | | | | |
| WEDS DEC 19 | ABERFELDIE | | | | | |
| | GEELONG | 6K C COUNTRY | 3K C COUNTRY | | | |
| | MENTONE | 400M WALK ET | 1200M S/H | 150M ET | 3 LAPS (2.5K) S/H | 2X400M RELAY |
| | KNOX | | | | | |
| | SPRINGVALE | 50M | 600M | 1600M WALK | 3200M RUN | |
| | COBURG | | | | | |
| THURS DEC 20 | EAST BURWOOD | | | | | |
| | FRANKSTON | 800M WALK | 90M | 800M | 200M XMAS HCP | 2/3K ET |
| MON DEC 24 | DONCASTER | ----- | | | | |
| | CASEY | | | | | |
| TUES DEC 25 | COLLINGWOOD | | | | | |
| | CROYDON | ----- | | | | |
| | GLEN EIRA | | | | | |
| WEDS DEC 26 | ABERFELDIE | | | | | |
| | GEELONG | ----- | | | | |
| | MENTONE | 500M WALK ET | 1000M ET | 120M ET | 4K S/H | 2000M ET |
| | KNOX | | | | | |
| | SPRINGVALE | ----- | | | | |
| THURS DEC 27 | EAST BURWOOD | | | | | |
| | FRANKSTON | ----- | | | | |
| MON DEC 31 | DONCASTER | ----- | | | | |
| | CASEY | | | | | |