

Vic.Masters Athletics.- Geelong Venue

PROGRAM - 2019

39 Years Young



VENUE: LANDY FIELD

TIME : WEDNESDAY 6.00 PM

Entry fees: VMA members: \$2

Non members/Families :\$3

Concession :\$2

Date	EVENT 1	EVENT 2	EVENT 3
09-Jan-19	5 km	3 km	CROSS COUNTRY
16-Jan-19	200 m	2800 m	1500 m
23-Jan-19	6 km	3 km	CROSS COUNTRY
30-Jan-19	400 m	3200 m	1000 m
06-Feb-19	7 km	3 km	CROSS COUNTRY
13-Feb-19	Bryan Cole 2000m handicap	300m	2800 m
20-Feb-19	8 km	3 km	CROSS COUNTRY
27-Feb-19	100 m	3000 m	800 m
06-Mar-19	5 km	3 km	CROSS COUNTRY
13-Mar-19	300 m	2000 / 4000 m	3 x 400m relay
20-Mar-19	6 km	3 km	CROSS COUNTRY
27-Mar-19	Ron Campbell 1 hr time trial	30 min time trial	15 min time trial
03-Apr-19	7 km	3 km	CROSS COUNTRY
10-Apr-19	400m	3000m	800 m
17-Apr-19	300 m	2400 m	1600 m
24-Apr-19	200 m	2800 m	1500 m
01-May-19	100 m	2000 / 4000 m	800 m
08-May-19	400 m	3200 m	1000 m
15-May-19	Keith Bird Mile	100 m	2400 m
22-May-19	300 m	2400 m	800 m
29-May-19	200 m	3200 m	3 x 400m relay
05-Jun-19	100 m	2400 m	1000 m
12-Jun-19	400 m	2000 / 4000 m	1500 m
19-Jun-19	300 m	2800 m	800 m
26-Jun-19	100m	2000m/10,000m	A Jenkins Age graded 10K
03-Jul-19	100 m	2400 m	1600 m
10-Jul-19	400m	2000-4000-6000 m	800 m
17-Jul-19	200 m	3200 m	1000 m
24-Jul-19	300 m	2000 / 4000 m	800 m
31-Jul-19	100 m	2400 m	1600 m
07-Aug-19	400 m	2800 m	1500 m
14-Aug-19	300 m	M McAvoy 3000 Age graded	800 m
21-Aug-19	200 m	3200 m	1600 m
28-Aug-19	100 m	3000 / 5000 m	800m
04-Sep-19	400 m	2400 m	1500 m
11-Sep-19	300 m	2000 / 4000 m	3 x 400m relay
18-Sep-19	200 m	2800 m	1000 m
25-Sep-19	100 m	2400 m	1600 m
02-Oct-19	400 m	2000 / 4000 m	800 m
09-Oct-19	300m	3200m	1500m
16-Oct-19	3 km	J Walker 5 km handicap	CROSS COUNTRY
23-Oct-19	300 m	2400 m	1600 m
30-Oct-19	6 km	3 km	CROSS COUNTRY
06-Nov-19	200 m	2800 m	1000 m
13-Nov-19	7 km	3 km	CROSS COUNTRY
20-Nov-19	100 m	3200 m	3 x 400m relay
27-Nov-19	8 km	3 km	CROSS COUNTRY
04-Dec-19	400 m	2400	1500 m
11-Dec-19	5 km	3 km	CROSS COUNTRY
18-Dec-19	Alan Foot 800 m	2800 m	1600 m
25-Dec-19	18 December 2018	End of Year Function	TBA

NOTES:

1. Cross country races start and finish from end of Swanston St - Landy Field