

AROUND THE GROUNDS

VENUE RESULTS FOR FEBRUARY 2019

THE 2019 VICTORIAN MASTERS ATHLETICS T&F CHAMPIONSHIPS MARCH 23rd & 24th

TOM KELLY ATHLETICS TRACK,
GEORGE STREET DONCASTER

Online entries only through Athletics Victoria website
ENTRIES NOW OPEN !! Closing date midday 11th March



ENTRIES CLOSING 11th MARCH



ABERFELDIE, CASEY, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK

ABERFELDIE 6 FEBRUARY 2019

800 m Track Run

Michael Orelli	75	04:30.0
Andrea Draper	41	04:40.0
David Jones	68	03:16.9
Heath Beveridge	Inv	02:37.0
John Papworth	50	03:03.0
John Cooper	66	03:03.0
Shane Draper	45	03:39.0
Ruby Beveridge	Inv	04:09.0
Bill Ristevski	54	04:44.0

400 m Track Run

Margaret Armstrong	56	01:49.0
David Jones	68	01:28.0
John Papworth	50	01:19.0
Ruby Beveridge	Inv	01:41.0
Bill Ristevski	54	01:46.0

2000 m Track Run

Stephen Barker	75	13:26.0
John Vance	39	13:26.0

ABERFELDIE 13 FEBRUARY 2019

50 m Track Run Nominate Time

	Act Time	Nom Time	Diff
Michael Orelli	75 14.32	12.5	1.82
Anthony Bradford	79 9.59	10.6	1.01
DAVID CHISHOLM	50 6.56	7.1	0.54=2nd
Mark Simmons	57 10.88	9	1.88
Adrian Inat	24 6.84	6.2	0.64 4th
Mark Tregorring	45 7.4	8	0.6
Graham Eadie	67 8.72	8	0.72
Levi Draper	Inv 9.5	8	1.5
Gavin White	45 6.56	7.1	0.54 =2nd
Ruby Beveridge	Inv 10.31	9	1.31
John Papworth	50 7.5	7.7	0.2 1st

ABERFELDIE 13 FEBRUARY 2019 cont.

1000 m Track Run Age Graded

	Age %
John Papworth	50 03:33.0 71.0349
Heath Beveridge	Inv 03:31.0 66.6326
Michael Orelli	75 05:23.0 60.0959
Levi Draper	Inv 04:47.0 59.8452
Michael Ennis	65 04:47.0 59.6255
Mark Tregorring	45 04:18.0 56.0832
Stephen Barker	75 06:33.0 49.3918
Margaret Armstrong	56 05:26.0 48.8298
Andrea Draper	41 05:01.0 46.3002
Ruby Beveridge	Inv 05:07.0 44.2332
Alfred Lendvai	64 07:26.0 38.0644

300 m Track Run

Michael Orelli	75	01:31.4
Michael Ennis	65	01:11.0
Anthony Bradford	79	01:11.6
DAVID CHISHOLM	50	41.53
Adrian Inat	24	44.07
Margaret Armstrong	56	01:13.8
Levi Draper	Inv	01:10.6
Gavin White	45	45.94

20 min Track Run

	Act Dist	Nom Dist	Diff	
Mark Tregorring	45	52.5		
Michael Orelli	75	3000	3000	0
John Dean	74	3500	3400	100
Mark Tregorring	45	3480	3000	480
PETER Black	64	4755	4290	465
Graham Eadie	67	3555	4000	445
Andrea Draper	41	3050	3200	150
Ruby Beveridge	Inv	3400	3342	58
Cheryl Beveridge	53	2870	3400	530
John Papworth	50	4542	4000	542



ABERFELDIE 20 FEBRUARY 2019**Shot Put**

	Weight	Best Dist(m)	AG%
David Jones	68	5	5.31
Cathy Orelli	57	3	6.03
Dave Chisolm	50	6	7.46
Adrian Inat	24	7.26	5.92
A Bradford	79	5	6.19
Alfred Lendi	64	5	8.69
Maggie Armstrong	56	3	4.84
Gavin White	45	7.26	5.91
Andrea Draper	41	4	4.7
Bill Ristevski	54	6	5.52
John Dean	74	5	4.52
Jasmine Orelli	inv	2	7:40

100 m Track Run

Michael Orelli	75	25.85
Cathy Orelli	57	17.03
DAVID CHISHOLM	50	12.5
Adrian Inat	24	12.45
Graham Eadie	67	16.44
Levi Draper	Inv	18.34
Margaret Armstrong	56	19.75
John Papworth	50	14.75
Gavin White	45	13.31
Bill Ristevski	54	16.54

800 m Track Run

Michael Orelli	75	04:39.0
Levi Draper	Inv	03:24.0
John Papworth	50	03:16.0
Jasmine Orelli	39	02:46.0
David Jones	68	03:12.0
Michael Ennis	65	03:52.0
Andrea Draper	41	03:16.0

400 m Track Run

Michael Orelli	75	01:59.0
Cathy Orelli	57	01:22.0
DAVID CHISHOLM	50	58.44
Adrian Inat	24	01:08.0
Levi Draper	Inv	01:29.0
John Papworth	50	01:05.0
Gavin White	45	01:05.0

3.1/5.1k Park Run

John Papworth	50	5.1K
John Vance	39	30:08.0 5.1k
Stephen Barker	75	5.1K
Doug Stokes	66	5.1K
Alfred Lendvai	64	24:00.0 3.1k
Trevor Hawksworth	72	19:50.0 3.1K
John Dean	74	35:48.0 5.1K
Graham Eadie	67	31:36.0 5.1K
Andrea Draper	41	24:00.0 3.1K
Bill Ristevski	54	35:48.0 5.1K

ABERFELDIE 27 FEBRUARY 2019**Discus**

	Weight	Best Dist(m)	AG%
Craig Hicks	66	1	25.05
Michael Orelli	74	1	13.78
David Jones	68	1	14.14
Levi Draper	INV	0.5	14.54
Andrea Draper	41	1	10.92
Tony Bradford	79	1	18.15
Craig Hicks (2)	66	1	26.84

60 m Track Run

Cathy Orelli	57	10.22
Anthony Bradford	79	11.4
John Sirmovics	61	12.75
Joe Dilworth	67	10.09
Richard Short	47	8.06
Adrian Inat	24	7.88
Ruby Beveridge	Inv	11.03
Bill Ristevski	54	10.43
Margaret Armstrong	56	12.22
Justin McLaren	23	9.45
Ian Newey	59	10.06

1200 m Track Run

Michael Orelli	75	06:50.0
Stephen Barker	75	07:45.0
Michael Ennis	65	05:47.0
Andrea Draper	41	06:04.0
Justin McLaren	23	04:24.0
Heath Beveridge	Inv	07:01.0
Levi Draper	Inv	05:07.0
Ian Newey	59	05:10.0
Bill Ristevski	54	07:01.0

200 m Track Run

Justin McLaren	23	32.65
Anthony Bradford	79	43.22
John Sirmovics	61	45.25
Joe Dilworth	67	34.81
Richard Short	47	28.72
Adrian Inat	24	25.37
Margaret Armstrong	56	43.91
Ian Newey	59	36.34
Levi Draper	Inv	37
Cathy Orelli	57	35.68

4000 m Track Run Age Graded

	Age %	
Andrea Draper	41	15:00.0 2k
David Jones	68	19:26.0 68.5739
Shane Draper	45	17:56.0 61.0795
Trevor Hawksworth	72	23:48.0 58.7002
Ian Newey	59	21:00.0 58.4991
John Dean	74	25:12.0 57.1288
Stephen Barker	75	27:41.0 5k
Alfred Lendvai	64	24:56.0 51.5053
Doug Stokes	66	26:53.0 5k
Heath Beveridge	Inv	22:22.0 48.0902
Ruby Beveridge	Inv	23:40.0 44.097
Bill Ristevski	54	25:12.0 41.54
Cheryl Beveridge	54	30:35.0 38.498
John Vance	39	27:15.0 5k

CASEY 4 FEBRUARY 2019

60M

Paul Olsson	62	10.25
Magda Maniak	36	10.98
Lindsay Beaton	69	12.91
Arlene D'Monte	60	13.17

800M Run/Walk

Rekha Edirisinghie	45	4.08	
Rob Clutterbuck	65	4.14	
Gary Meyer	64	4.31	
Frances Halton	57	5.15	
Arlene D'Monte	60	6.17	walk
Lindsay Beaton	69	7.18	walk

Long Jump

Magda Maniak	36	3.41
Paul Olsson	62	3.32
Gary Meyer	64	2.21
Arlene D'Monte	60	1.84

200M

Mike Hall	80	36.53
Paul Olsson	62	36.86

Javelin

Paul Olsson	62	28.45
Anura Kalpe	51	20.73
Magda Maniak	36	19.98
Lindsay Beaton	69	14.34
Heather Veuti	47	11.28
Marnie Grace	44	9.34
Arlene D'Monte	60	9.31
Frances Halton	57	5.61

10 Lap Spiral Run/Walk

Rob Clutterbuck	65	11.51	5 Laps
Marnie Grace	44	17.11	5 Laps W
Rekha Edirisinghie	45	22.44	
Gary Meyer	64	22.44	
Peter Thorne	70	26.18	
Frances Halton	57	30.55	
Lindsay Beaton	69	37.40	Walk

CASEY 11 FEBRUARY 2019

80M

Noel Fairburn	58	13.09
Mike Hall	80	13.33
Lindsay Beaton	69	15.94
Arlene D'Monte	60	16.29

CASEY 11 FEBRUARY 2019 cont.

80M

Noel Fairburn	58	13.09
Mike Hall	80	13.33
Lindsay Beaton	69	15.94
Arlene D'Monte	60	16.29

CASEY 11 FEBRUARY 2019 cont.

600M Run/Walk

Gary Meyer	64	2.51	
Peter Thorne	70	3.13	
Albin Hess	60	3.19	walk
Frances Halton	57	4.15	
Arlene D'Monte	60	4.54	walk
Lindsay Beaton	69	5.12	walk

200M

Noel Fairburn	58	33.11
Mike Hall	80	37.87

CASEY FEBRUARY 2019

18/02/2019

80M

Paul Olsson	62	13.66
Mike Hall	80	14.85
Hsien Chiam	47	14.99
Lindsay Beaton	69	18.49

2 Lap Road Run/Walk

Arlene D'Monte	60	19.05	1 walk
Rekha Edirisinghie	45	20.19	
Gary Meyer	64	20.19	
Peter Thorne	70	21.11	
Frances Halton	57	23.35	
Albin Hess	59	24.53	walk
Hsien Chiam	47	26.21	
Lindsay Beaton	69	32.44	walk

150M

Paul Olsson	62	24.49
Mike Hall	80	25.94

1500M Run/Walk

Gary Meyer	64	7.43	
Rekha Edirisinghie	45	7.43	
Peter Thorne	70	8.45	
Frances Halton	57	10.09	
Lindsay Beaton	69	13.11	walk



COBURG 7 FEBRUARY 2019**80m****Heat: 1**

Gary BLAKE	62	13.14
Bruce GIBBS	70	13.35
Fiona ELY	49	13.47
Rob LEWIS	71	15.10
Len HALLETT	69	15.95
Michelle SPORTON	53	18.17

Heat: 2

Gary O'DWYER	59	11.05
Isabelle RAINES	16	11.33
Colin HICKIE	34	11.43
A. GOVIER-COLE (100m)	30	12.30
Ethan O'NEILL (100m)	18	13.27

800m

Carl KENNEDY	52	2.42
Colin HICKIE	34	2.52
Gary BLAKE	62	3.09
Len HALLETT	69	3.46
Maria BARBETTI	53	3.50
Iresha O'DONOVAN	33	4.01
Yolanda SHAW	66	4.41
Rob DAVEY	79	5.25
Ken CARTER (W)	66	8.48

200m**Heat: 1**

Gary BLAKE	62	34.51
Bruce GIBBS	70	38.31
Rob LEWIS	71	40.42
Iresha O'DONOVAN	33	41.58
Michelle SPORTON	53	53.93

Heat: 2

Alistair GOVIER-COLE	30	26.18
Paul O'NEILL	53	26.37
David WOODS	50	27.11
Gary O'DWYER	59	30.05
Isabelle RAINES	16	30.17

4.1km Swing Bridge Run

Gary O'DWYER	59	22.03
Tracy COLBERT	49	22.49
Len HALLETT	69	23.53
Iresha O'DONOVAN	33	25.08
Rob LEWIS	71	34.59
Bruce GIBBS	70	38.05
Ken CARTER (W)	66	50.51

8.3km Golden Domes Run

Carl KENNEDY	52	34.42
Fraser MURRAY	46	38.22
Colin HICKIE	34	42.25
Gary BLAKE	62	44.46
Michael MEANEY	63	48.36
Maria BARBETTI	53	52.36
Fiona ELY	49	52.36
Anna DAVIS	36	53.34

COBURG 7 FEBRUARY 2019 cont.**110m****Heat: 1**

Rob LEWIS	71	20.54
Len HALLETT	69	20.85
Herbie HERBSTREIT	66	25.89
Michelle SPORTON	53	26.08
Anne WRIGHT	58	54.86
M. STAPLEHURST	82	54.88

Heat: 2

Alistair GOVIER-COLE	30	13.57
Colin HICKIE	34	15.85
Isabelle RAINES	16	15.96
Sally COLLINS	44	18.07

COBURG 14 FEBRUARY 2019**1000m**

Colin HICKIE	34	3.59
Michael MEANEY	63	4.12
Len HALLETT	69	4.43
Maria BARBETTI	53	4.49
Iresha O'DONOVAN	33	4.51
Sally COLLINS	44	6.04
Bruce GIBBS	70	6.47
Tracy COLBERT (W)	49	7.01
Ken CARTER (W)	66	10.54

400m

Alistair GOVIER-COLE	30	1.04.0
Isabelle RAINES	16	1.07.9
Iresha O'DONOVAN	33	1.34.0
Rob LEWIS	71	1.54.8
Rob DAVEY	79	2.13.4
Michelle SPORTON	53	2.54.1
M. STAPLEHURST	82	3.36.1
Anne WRIGHT	58	3.36.1

3km Lake Run

Rob LEWIS	71	21.01
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4.1km Swing Bridge Run

Colin HICKIE	34	20.22
Michael MEANEY	63	22.50
Len HALLETT	69	23.51
Tracy COLBERT	49	23.56
Iresha O'DONOVAN	33	24.10
Ken CARTER (W)	66	52.40
Herbie HERBSTREIT	66	52.42

8.3km Golden Domes Run

Carl KENNEDY	52	33.09
Fiona ELY	49	46.00
Maria BARBETTI	53	51.55
Anna DAVIS	36	52.41
Donna ELMS (W)	57	59.13
Frank BRADLEY	63	59.57

100m**Heat: 1**

Fiona ELY	49	16.74
Rob LEWIS	71	18.44
Herbie HERBSTREIT	66	18.56
Maria BARBETTI	53	18.98
Michelle SPORTON	53	23.16
M. STAPLEHURST	82	48.67
Anne WRIGHT	58	48.69

COBURG 14 FEBRUARY 2019 cont.

Heat: 2

Paul O'NEILL	53	13.37
Isabelle RAINES	16	14.22

1200m Walk

Rob DAVEY	79	8.37
Bruce GIBBS (Run)	70	9.01
Herbie HERBSTREIT	66	10.45
Frank BRADLEY	63	12.13
Fiona ELY	49	12.13
Ken CARTER	66	13.00

1600m

Colin HICKIE	34	5.52
Fraser MURRAY	46	5.57
George KOURABAS	44	6.57
Iresha O'DONOVAN	33	8.20

300m

Paul O'NEILL	53	47.67
Isabelle RAINES	16	48.36
Iresha O'DONOVAN	33	1.08.1
Rob LEWIS	71	1.17.3
Michelle SPORTON	53	1.57.2
Anne WRIGHT	58	2.35.7
M. STAPLEHURST	82	2.35.9

COBURG 21 FEBRUARY 2019

3km Lake Run

Fiona ELY	49	15.30
Iresha O'DONOVAN	33	17.01
Rob LEWIS	71	19.55
Frank BRADLEY	63	20.29
Ken CARTER (W)	66	36.20
Herbie HERBSTREIT	66	36.20

6km Lake Run

Carl KENNEDY	53	23.36
Colin HICKIE	34	28.14
Maria BARBETTI	53	34.15
Fraser MURRAY	46	34.15

100m

Sierra ASHER	33	12.74
Isabelle RAINES	16	14.41
Sally COLLINS	44	16.37
Maria BARBETTI	53	19.51
Herbie HERBSTREIT	66	19.57

COBURG 21 FEBRUARY 2019 cont.

1000m Walk

Bruce GIBBS (Run)	70	6.54
Maegan KERR	46	9.48
Fiona ELY	49	9.48
Frank BRADLEY	63	9.48
Ken CARTER	66	11.39

1500m

Carl KENNEDY	53	5.27
Fraser MURRAY	47	5.42
Colin HICKIE	34	6.04
George KOURABAS	44	6.33
Michael MEANEY	63	7.20
Iresha O'DONOVAN	33	7.31

200m

Sierra ASHER	33	26.97
Isabelle RAINES	16	30.19
Michael MEANEY	63	35.21
Fiona ELY	49	36.54
Maria BARBETTI	53	42.44
Rob DAVEY	79	55.67

2.4km Cross Country Run

Fiona ELY	49	13.34
Michael MEANEY	63	14.05
Gary O'DWYER	59	14.06
Maria BARBETTI	53	14.17
Iresha O'DONOVAN	33	14.30
Maegan KERR	46	15.29
Sally COLLINS	44	16.02
Frank BRADLEY	63	17.34
Herbie HERBSTREIT (W)	66	32.11
Ken CARTER (W)	66	32.12

4.8km Cross Country Run

Colin HICKIE	34	23.41
Fraser MURRAY	47	24.05

7.2km Cross Country Run

Carl KENNEDY	53	31.12
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Dist. by Universal Uclick

CROYDON 5 FEBRUARY 2019**1500 METRE WALK**

1	Paul VAN KOPPLEN	51	7.04
2	Grant MURFETT	51	8.36
3	Alison THOMPSON	65	8.38
4	Jess DUX	34	11.44
5	Erika BEDYN	56	12.16
6	Ron BOYNE	85	12.22
7	Phyllis GOSBELL	80	12.39
8	Al WILLEY	79	13.35
9	Barrie WICKS	78	15.53
10	Kevin McLAUHLAN	75	16.22
11	Ron SMITH	70	16.22
12	Angela EDWARDS	52	17.00
13	Russ DICKENSON	73	17.10
14	Ros DYER	54	17.12

100 METRE SPRINT

1	Jess DUX	34	13.1
2	Robert STAGG	52	15.0
3	Angela EDWARDS	52	17.8
4	Andrew FRASER	77	18.0
5	Ron SMITH	70	21.6

1200 METRE RUN

1	Erika BEDYN	56	5.48
2	Ros DYER	54	6.30
3	Angela EDWARDS	52	7.02
4	Vic JUSTICE	75	7.53

2 X 800 METRE RUN/WALK RELAY

1	Angela EDWARDS	52	
	Jess DUX	34	8.37
2	Callum SETTLE	Inv	
	Lee SETTLE	47	8.39
3	Al WILLEY	79	
	Grant MURFETT	51	8.43

WALK

1	Erika BEDYN	(5 lap)	56	3.50
2	Russ DICKENSON	(2 laps)	73	5.53
3	Phyllis GOSBELL	(5 laps)	80	16.33
4	Barrie WICKS	(4 laps)	78	18.36
5	Kevin McLAUHLAN	(4 laps)	75	18.37

3 OR 5 KM RUN

3 km:				
1	Murray HUTCHISON	69	17.07	
2	Ron BOYNE	85	21.24	
5 km:				
1	Lee SETTLE	47	25.24	
2	Alison THOMPSON	65	26.12	
3	Carolyn PAUL	52	30.23	
	Colin WILLIAMS (400 metres)	69	3.13	

CROYDON 12 FEBRUARY 2019**400/800/400/800 WALK RELAY**

1	Brayden WOOLRIDGE	16	
	Grant MURFETT	51	
	Phyllis GOSBELL	80	
	Paul MORITZ	59	14.47
2	Barrie WICKS	78	
	Gunther ILGOUTZ	80	
	Tania NEALE	40	
	Pam TINDALL	59	15.41
3	Erika BEDYN	56	
	Jess DUX	34	
	Jenny JAMES	63	
	Alison THOMPSON	65	15.53
4	Angela EDWARDS	52	
	Grant WATSON	71	
	Ron SMITH	70	
	Ros DYER	54	20.58

CROYDON 12 FEBRUARY 2019 cont.**60 METRE SPRINT****Heat 1:**

1	Barry MURLEY	79	11.6
2	Ron SMITH	70	12.0
3	Andrew FRASER	77	14.6

Heat 2:

1	Jess DUX	34	8.0
2	Robert STAGG	52	9.1
3	Nathan DUX	33	10.5
4	Angela EDWARDS	52	13.0

800 METRE RUN

1	Lee SETTLE	47	2.57
2	Brayden WOOLRIDGE	16	3.00
3	Erika BEDYN	56	3.39
4	Colin WILLIAMS	69	3.54
5	Ros DYER	54	4.06
6	Angela EDWARDS	52	4.50

100/100/200/400 MEDLEY RELAY

1	Brayden WOOLRIDGE	16	
	Ros DYER	54	
	Chloe DUX	Inv	
	Jess DUX	34	2.30
2	Erika BEDYN	56	
	Nathan DUX	33	
	Lee SETTLE	47	
	Robert STAGG	52	2.31
3	Andrew FRASER	77	
	Angela EDWARDS	52	
	Taylah DUX	Inv	
	Grant MURFETT	51	2.58

1 OR 3 KM WALK**1 km:**

1	Julie CHALLEN	61	7.23
2	Robyn GARRETT	65	8.27
3	Phyllis GOSBELL	80	8.36
4	Barrie WICKS	78	10.40

3 km:

1	Alison THOMPSON	65	18.06
2	Paul MORITZ	59	21.44

1, 3 OR 5 KM RUN**1 km:**

1	Erika BEDYN	56	4.58
2	Karen ARCHER	56	6.31

3 km:

1	Murray HUTCHISON	69	16.37
2	Ros DYER	54	17.49

5 km:

1	Tony FREEGARD	62	24.10
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SHOT PUT

	Tania NEALE	40	7.79
	Grant MURFETT	51	7.79
	Jess DUX	34	7.53
	Brayden WOOLRIDGE	16	6.82
	Jenny JAMES	63	6.73
	Erika BEDYN	56	6.23
	Allan WOOD	81	5.78
	Robyn GARRETT	65	5.57

CROYDON 19 FEBRUARY 2019**4 LAPS WALK**

1	Paul VAN KOPPLEN	51	7.41
2	Paul MORITZ	59	10.31
3	Russ DICKENSON	73	11.15
4	Lyn BATCHELOR	70	12.01
5	Jenny JAMES	63	13.48
6	Ron BOYNE	85	13.50
7	Robyn GARRETT	65	13.51
8	Ros DYER	54	15.11
9	Barrie WICKS	78	15.23
10	Colin WILLIAMS	69	16.31
11	Grant WATSON	71	16.32
12	Kevin McLAUCHLAN	75	16.33
13	Ron SMITH	70	16.44
14	David BATCHELOR	82	18.53
15	Angela EDWARDS	52	19.25
16	Carolyn PAUL	53	19.26

80 METRE SPRINT**Heat 1:**

1	Erika BEDYN	56	16.9
2	Ron SMITH	70	17.9
3	Kevin McLAUCHLAN	75	18.2
4	Jenny JAMES	63	19.2
5	Robyn GARRETT	65	20.6

Heat 2:

1	Russell OAKLEY	79	14.0
2	Angela EDWARDS	52	14.6
3	Allan WOOD	81	15.5
4	Vic JUSTICE	70	16.4

Heat 3:

1	Jess DUX	34	10.3
2	Robert STAGG	52	11.6
3	Melanie BISSETT	43	13.9

1 KM RUN

1	Lee SETTLE	47	3.38
2	Tony FREEGARD	62	4.19
3	Erika BEDYN	56	4.35
4	Ros DYER	54	5.11
5	Colin WILLIAMS	69	5.11
6	Cec McKEOWN	79	5.37
7	Angela EDWARDS	52	5.49
8	Vic JUSTICE	70	5.54
9	Jenny JAMES	63	6.12

400 METRE RUN

1	Jess DUX	34	1.06
2	Robert STAGG	52	1.13
3	Lee SETTLE	47	1.16
4	Melanie BISSETT	43	1.31
5	Erika BEDYN	56	1.33
6	Russell OAKLEY	79	1.35
7	Colin WILLIAMS	69	1.46
8	Angela EDWARDS	52	1.47
9	Ros DYER	54	1.54
10	Ron SMITH	70	2.06
11	Grant WATSON	71	3.19

DISCUS THROW

Tania NEALE	40	22.35
Erika BEDYN	56	16.76
Jenny JAMES	63	15.96
Melanie BISSETT	43	15.74
Andrew FRASER	77	14.77
Allan WOOD	81	14.52
Russ DICKENSON	73	14.32
Angela EDWARDS	52	14.20
Robyn GARRETT	65	13.35
Ros DYER	54	9.96

CROYDON 19 FEBRUARY 2019 cont.**1/4/6/10 LAPS RUN/WALK****1 lap:**

1	Colin WILLIAMS	69	2.20
2	Ron BOYNE	85	2.47

4 laps:

1	Jess DUX	34	9.36
2	Kevin McLAUCHLAN	75	14.50

6 laps:

1	Lee SETTLE	47	14.31
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10 laps:

1	Tony FREEGARD	62	19.06
2	Carolyn PAUL	53	20.40
3	Murray HUTCHISON	69	24.32
4	Geoff ARNOTT	70	25.17
5	Paul MORITZ (Walk)	59	28.57
6	Lyn BATCHELOR	70	29.57

CROYDON 26 FEBRUARY 2019**3 LAPS WALK IN 12.20 MIN N.O.S.T.**

1	Ros DYER	54	10.07
2	Colin WILLIAMS	69	11.13
3	Jenny JAMES	63	11.35
4	Vic JUSTICE	76	11.36
5	Grant MURFETT	51	11.48
6	Phyllis GOSBELL	80	11.52
7	Kevin McLAUCHLAN	75	11.53
8	Lyn BATCHELOR	70	12.06
9	Barrie WICKS	78	12.11
10	Alison THOMPSON	65	12.12
11	David BATCHELOR	82	12.14
12	Paul MORITZ	59	12.19
13	Allan WOOD **	81	12.20
14	Ron SMITH	70	13.10
15	Erika BEDYN	56	13.35

** Winner - Allan Wood

100 METRE SPRINT**Heat 1:**

1	Andrew FRASER	77	18.3
2	Gerry ROBINSON	80	18.9
3	Allan WOOD	81	19.9
4	Ron SMITH	70	23.6
5	Kevin McLAUCHLAN	75	27.9

Heat 2:

1	Jess DUX	34	13.2
2	Robert STAGG	52	14.6
3	Angela EDWARDS	52	19.7
4	Lee SETTLE	47	20.8
5	Jenny JAMES	63	25.5

4 LAPS RUN IN 10.20 MIN N.O.S.T.

1	Lee SETTLE	47	9.57
2	Erika BEDYN	56	10.00
3	Ian UREN **	67	10.04
4	Ros DYER	54	10.39
5	Angela EDWARDS	52	11.34

** Winner - Ian Uren

300 METRE SPRINT

1	Grant MURFETT	51	44.2
2	Robert STAGG	52	50.0
3	Lee SETTLE	47	60.5
4	Angela EDWARDS	52	67.0
5	Gerry ROBINSON	80	68.1
6	Vic JUSTICE	76	69.6
7	Allan WOOD	81	73.3

CROYDON 26 FEBRUARY 2019 cont.

1 OR 3 KM WALK

1 km:

1	Barrie WICKS	78	10.19
2	Kevin McLAUCLAN	75	11.16
3	David BATCHELOR	82	11.18

3 km:

1	Alison THOMPSON	65	17.53
2	Paul MORITZ	59	21.22
3	Phyllis GOSBELL	80	25.26

1, 3 OR 5 KM RUN

1 km:

1	Colin WILLIAMS	69	4.40
2	Vic JUSTICE	76	6.21
3	Jenny JAMES	63	6.23

3 km:

1	Lee SETTLE	47	14.28
2	Erika BEDYN	56	15.33
3	Mark CHALLEN	61	17.06
4	Geoff ARNOTT	70	17.30
5	Ros DYER	54	18.23
6	Lyn BATCHELOR	70	21.20
7	Ron BOYNE	85	21.23

5 km:

1	Ian UREN	67	26.36
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LONG JUMP

			Metres
1	Allan WOOD	81	2.39
2	Andrew FRASER	77	1.76
3	Angela EDWARDS	52	1.70

DONCASTER 4 FEBRUARY 2019

100 metres

		Age	
	Matt Hughes	(43)	13.85
	Matt Scholes	(49)	14.28
	David McConnell	(66)	14.30
	Graham Walter	(60)	15.78
	Jeffrey Sim	(56)	15.79
	Greg Champion	(64)	15.80

800/1600 metres

	Daryl Kilmartin	(52)	02:54.9	800 metres
	Graham Walter	(60)	03:16.0	800 metres
	Gary Zuccala	(56)	05:59.1	
	Matt Hughes	(43)	07:01.1	
	Elizabeth Grover	(55)	07:16.0	
	Katrina Philip	(57)	07:45.4	
	Shaun Wright	(49)	08:02.1	800 metres walk
	Mary Mihalopoulos	(90)	08:15.3	801 metres walk
	venue record			
	Tony Mihalopoulos	(62)	08:15.3	802 metres walk

200 metres

	Matt Hughes	(43)	27.68
	Matt Scholes	(49)	28.24
	David McConnell	(66)	29.32
	Graham Walter	(60)	31.84
	Jeffrey Sim	(56)	32.43
	Daryl Kilmartin	(52)	35.37

400 metres

	Matt Scholes	(49)	64.4
	David McConnell	(66)	72.7
	Matt Hughes	(43)	87.2

1500 metres

	Gary Zuccala	(56)	05:59.3
	Daryl Kilmartin	(52)	06:30.1
	Matt Hughes	(43)	06:54.0
	Katrina Philip	(57)	07:13.0
	Graham Walter	(60)	07:13.1



REV. BOB, THE REALIST

DONCASTER 11 FEBRUARY 2019**Doncaster 800 metres (handicap)**

			Age
Caleb Williams	(-2.15)	04:44.50	02:29.50 DQ 02:15.0
Simon Evans	(-0.45)	04:49.00	04:04.00 DQ 00:45.0
(new venue walk record)			
Graham Walter	(-1.50)	04:53.98	03:03.98 DQ 01:50.0
Jeffrey Sim	(-1.45)	04:57.29	03:12.29 Winner
01:45.0			
Kath Gawthorn	(-1.20)	04:58.72	03:38.72 01:20.0
Katrina Philip	(-1.00)	05:00.28	04:00.28 01:00.0
Elizabeth Grover	(-1.40)	05:06.15	03:46.60 01:40.0
David McConnell	(-2.15)	05:17.75	03:02.75 02:15.0

60 metres

Caleb Williams	(26)	8.1
Phil Rosevear	(69)	9.0
Ian McCormack	(60)	9.0
Graham Walter	(60)	9.1
Janine James	(71)	10.8

100 metres heat 1

Graham Walter	(60)	15.98
Janine James	(71)	17.26
Greg Champion	(64)	21.50 (hurdles)

100 metres heat 2

Caleb Williams	(26)	13.56
Phil Rosevear	(69)	15.50
David McConnell	(66)	19.82 (venue hurdles rec)

300 metres

Caleb Williams	(26)	45.54
David McConnell	(66)	48.38
Graham Walter	(60)	52.04
Jeffrey Sim	(56)	53.46
Ian McCormack	(60)	54.42
Richard Trembath	(76)	63.10
Simon Evans	(58)	70.82

1000 metres

Caleb Williams	(26)	03:27.6
Elizabeth Grover	(55)	04:29.2
Graham Walter	(60)	04:45.8
Katrina Philip	(57)	05:22.5
Shaun Wright	(49)	07:23.8 (walk)
Mary Mihalopoulos	(90)	11:25.3 (venue walk rec)

DONCASTER 18 FEBRUARY 2019**Long Jump**

	Age	
Matt Hughes	(43)	4.91
Matt Shanks	(33)	4.57 (venue record)
Daryl Kilmartin	(52)	3.97
Matt Scholes	(49)	3.68
Greg Champion	(64)	3.55
Tom Leong	(77)	2.15

100 metres heat 1

Matt Shanks	(33)	14.28
Ian McCormack	(60)	15.54
Greg Champion	(64)	15.58
Jeffrey Sim	(56)	16.05
Janine James	(71)	18.24
Matt Scholes	(49)	18.08

DONCASTER 18 FEBRUARY 2019 cont.**100 metres heat 2**

Daryl Kilmartin	(52)	15.44
Matt Scholes	(49)	16.76

Javelin Throw

Matt Hughes	(43)	31.19
Matt Scholes	(49)	23.86
Daryl Kilmartin	(52)	22.14
Graham Ford	(69)	21.34
Tom Leong	(77)	18.62

200 metres heat 1

Jeffrey Sim	(56)	33.38
Janine James	(71)	39.42
Tom Leong	(77)	45.00

200 metres heat 2

Matt Hughes	(43)	28.34
Matt Shanks	(33)	29.22
Daryl Kilmartin	(52)	30.94

400 metres

Matt Scholes	(49)	61.5
Caleb Williams	(26)	63.0
Rex Cheng	(33)	73.8

Discus

Eugene Olivier	(59)	30.99
Graham Ford	(69)	26.94
Matt Hughes	(43)	26.85
Daryl Kilmartin	(52)	22.66
Tom Leong	(77)	19.66
Matt Scholes	(49)	18.89
Matt Shanks	(33)	18.04

1500 metres

Matt Shanks	(33)	05:22.4
Daryl Kilmartin	(52)	06:01.4
Matt Hughes	(43)	06:16.4
Ian McCormack	(60)	06:32.2
Kath Gawthorn	(44)	07:14.4
Graham Ford	(69)	07:26.8
Katrina Philip	(57)	07:36.1
Tom Leong	(77)	10:31.3
Mary Mihalopoulos	(90)	16:53.8 Walk
Tony Mihalopoulos	(62)	16:53.8 Walk



DONCASTER 28 FEBRUARY 2019**120 metres GIFT (handicap)**

		Age
Daniel Etezadi	(-25)	13.98
Janine James	(-35)	14.56
Ian McCormack	(-24)	14.64
Greg Champion	(-25)	14.82
David McConnell	(-8)	14.88
Graham Walter	(-24)	14.98
Matt Hughes	(-8)	15.02
Gary Zuccala	(-20)	15.18
Gloria De Zwart	(-48)	16.10
Daryl Kilmartin	(-20)	16.28
Jeffrey Sim	(-27)	16.40
Matt Scholes	(-10)	17.98
Marla Trautman-Pasquini	(-40)	22.20

800 metres

Mike Rennie	(37)	02:26.7
Matt Scholes	(49)	02:36.9
Matt Hughes	(43)	02:55.7
Gary Zuccala	(56)	02:56.4
Ian McCormack	(60)	03:07.9
Daniel Etezadi	(45)	03:10.0
Graham Walter	(60)	03:23.3
David McConnell	(66)	03:29.0
Jeffrey Sim	(56)	03:29.0
Katrina Philip	(57)	04:12.0
Marla Trautman-Pasquini	(46)	07:44.7

60 metres heat 1

Ian McCormack	(60)	9.48
Greg Champion	(64)	9.49
Jeffrey Sim	(56)	10.20
Janine James	(71)	10.48
Don McLean	(85)	11.82 (Venue Record)
Gloria De Zwart	(82)	13.24

60 metres heat 2

Matt Hughes	(43)	8.40
Matt Scholes	(49)	9.10
Daniel Etezadi	(45)	9.42
Daryl Kilmartin	(52)	9.54
Graham Walter	(60)	9.56

200 metres heat 1

Matt Hughes	(43)	28.08
Matt Scholes	(49)	29.06
David McConnell	(66)	29.59

200 metres heat 2

Daryl Kilmartin	(52)	30.82
Graham Walter	(60)	30.96
Jeffrey Sim	(56)	33.48
Daniel Etezadi	(45)	34.32
Janine James	(71)	37.50
Greg Champion	(64)	37.80
Don McLean	(85)	42.73

3000 metres

Gary Zuccala	(56)	13:04.8
Daniel Etezadi	(45)	14:03.1
Elizabeth Grover	(55)	14:05.0 (venue record)
Matt Hughes	(43)	14:36.4
Graham Walter	(60)	15:45.5
Katrina Philip	(57)	15:46.8

Walk

Shaun Wright	(49)	07:18.6 (venue record)
Mary Mihalopoulos	(90)	10:53.8 (venue record)
Tony Mihalopoulos	(62)	10:55.4

EAST BURWOOD 7 FEBRUARY 2019**60 METRE SPRINT**

1	Louise McLEAN	53	9.8
2	Chris ROBINSON	59	10.7
3	Leo COFFEY	89	12.1
4	Lloyd NICHOLS	77	18.4
5	Jack FREDRICKSON	80	19.3
6	Shirley COPPOCK	82	29.0

1000 METRE RUN N.O.T.

		Clock	Nom.	
1	Perry BIRKETT	56	4.01	3.55
2	Chris ROBINSON **	59	4.57	5.00

** Winner - Chris Robinson

1000 METRE SELF HANDICAP WALK

			Clock	Actual
1	Stephen DAY	48	10.57	7.02
2	Peter BATTRICK	75	11.08	11.08
3	Phyllis GOSBELL	80	11.18	7.53
4	Gerald BURKE	79	11.34	9.19
5	Bob LEWIS	90	11.38	10.38
6	Leo WATSON	77	12.08	9.13

100 METRE HANDICAP SPRINT

			H'cp	Mtrs.
1	Leo COFFEY	89	13.3	33
2	Lloyd NICHOLS	77	13.7	56
3	Andrew FRASER	77	14.0	24
4	Chris ROBINSON	59	14.3	22

40 SECONDS N.O.S.P.

Leo WATSON 77

3 KM SPIRAL HANDICAP RUN

			Clock	Actual
1	Stephen DAY	48	18.06	14.01
2	Sam DEFANIS	70	18.22	14.52
3	Paul DURRANT	57	18.33	17.53
4	Michelle QUAN	49	18.46	15.16
5	Perry BIRKETT	56	18.54	12.34
6	Geoff WHEELER	63	19.11	14.51

Also:

Gerald BURKE (400 Mtrs)	79	2.46
Bob LEWIS (800 Mtrs Walk)	90	9.24

JAVELIN THROW

Toni MATTERS	51	26.77
Allan WOOD	81	17.47
Louise McLEAN	53	15.22
Andrew FRASER	77	14.70
Jack FREDRICKSON	80	10.00
Leo COFFEY	89	9.10

EAST BURWOOD 14 FEBRUARY 2019**60 METRE SPRINT****Heat 1:**

1	Don McLEAN	84	11.4
2	Allan WOOD	81	11.7
3	Leo COFFEY	89	12.0
4	Shirley COPPOCK	82	13.4
5	Lloyd NICHOLS	77	17.9
6	Jack FREDRICKSON	80	18.2

Heat 2:

1	Louise McLEAN	53	9.8
2	Christopher WORSNOP	61	10.3
3	Chris ROBINSON	60	10.7
4	Kathy GREEN	57	11.9
5	Andrew FRASER	77	14.6

EAST BURWOOD 14 FEBRUARY 2019 cont.**Heat 3:**

1	Jess DUX	34	8.2
2	Glenn McLEAN	54	8.7
3	Paul DURRANT	57	9.0
4	Glenn BERRY	48	9.5
5	Toni MATTERS	51	10.1

1500 METRE RUN

1	Perry BIRKETT	56	5.47
2	Paul EARLE	55	5.55
3	Ros LORDING	46	6.39
4	Christopher WORSNOP	61	7.00
5	Sam DEFANIS	70	7.20
6	Liz EASTWOOD	49	7.41

800 METRE HANDICAP WALK

		Clock	Actual
1	Shirley COPPOCK	82	8.02
2	Gerald BURKE	79	8.27
3	Liz EASTWOOD	49	8.31
4	Leonie GILLIES	61	8.37
5	Ros LORDING	46	8.39
6	Peter BATTRICK	75	8.42
7	Christopher WORSNOP	61	8.46
8	Brian TAIT	77	8.48
9	Stephen DAY	48	9.06
10	Leo WATSON	77	9.09
11	Jack FREDRICKSON	80	9.11
12	Bob LEWIS	90	9.13
13	Gordon ONLEY	83	10.37

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEMORIAL HEAT 3****Heat 1:**

		H'cp	Mtrs
1	Shirley COPPOCK	82	40
2	Melanie BISSETT	43	22
3	Leo COFFEY	89	33
4	Andrew FRASER	77	24
5	Chris ROBINSON	60	22
6	Lloyd NICHOLS	77	56
7	Allan WOOD	81	25
8	Leo WATSON	77	36
9	Don McLEAN	84	27

Heat 2:

1	Glenn BERRY	48	11
2	Christopher WORSNOP	61	19
3	Jess DUX	34	Minus 2
4	Glenn McLEAN	54	5
5	Louise McLEAN	53	13
6	Kathy GREEN	57	

200 METRE SPRINT

1	Jess DUX	34	28.3
2	Melanie BISSETT	43	37.0
3	Kathy GREEN	57	39.5
4	Janet HOLMES	65	40.5
5	Gita THALAKADA	43	44.5
6	Allan WOOD	81	46.0
7	Leo COFFEY	89	52.7
8	Shirley COPPOCK	82	55.9
9	Lloyd NICHOLS	77	105.7

EAST BURWOOD 14 FEBRUARY 2019 cont.**2 KM HANDICAP RUN/WALK****TERRIFIC 2 KM TETRA HEAT 2**

			Clock	Actual
1	Paul DURRANT	57	10.56	10.31
2	Chris ROBINSON	60	11.13	10.53
3	Stephen DAY	48	11.19	8.49
4	Perry BIRKETT	56	11.23	7.48
5	Sam DEFANIS	70	11.26	9.41
6	Leonie GILLIES	61	11.28	11.28
7	Paul EARLE	55	11.32	8.22
8	Ros LORDING	46	11.32	9.17
9	Christopher WORSNOP	61	11.36	9.16
10	Brian TAIT (Walk)	77	11.56	16.01
11	Geoff WHEELER	63	12.12	9.52
12	Liz EASTWOOD	49	13.59	11.54

Also:

Bob LEWIS (800 Metre Walk) 90 9.15

DISCUS THROW AGE GRADED**MANAGER'S PENTATHLON**

			Age %
	Toni MATTERS	51	30.79
	Paul DURRANT	57	28.12
	Louise McLEAN	53	20.33
	Glenn BERRY	48	18.89
	Andrew FRASER	77	17.35
	Allan WOOD	81	12.96
	Jack FREDRICKSON	80	12.17
	Donna CLARKE	65	12.03
	Leo COFFEY	89	8.44

EAST BURWOOD 21 FEBRUARY 2019**110 METRE SPRINT**

1	Shirley COPPOCK	82	No
2	Gerald BURKE	79	
3	Lloyd NICHOLS	77	Times

60 METRE SPRINT**Heat 1:**

1	Don McLEAN	85	11.6
2	Leo COFFEY	89	12.3
3	Shirley COPPOCK	82	13.6
4	Horacio DIAZ	74	15.3
5	Lloyd NICHOLS	77	18.1
6	Jack FREDRICKSON	80	18.7

Heat 2:

1	Louise McLEAN	53	9.8
2	Chris ROBINSON	60	10.4
3	Donna CLARKE	65	11.2
4	Andrew FRASER	77	11.9
5	Allan WOOD	81	12.3

Heat 3:

1	Glenn McLEAN	54	8.5
2	Glenn BERRY	48	9.4
3	Christopher WORSNOP	61	10.2

600 METRE RUN

1	Perry BIRKETT	56	1.55
2	Paul DURRANT	57	2.10
3	Christopher WORSNOP	61	2.26
4	Janet HOLMES	65	2.31
5	Michelle QUAN	49	2.46
6	Donna CLARKE	65	3.25
7	Allan WOOD	81	3.40

EAST BURWOOD 21 FEBRUARY 2019 cont.

1200 METRE WALK N.O.T.			
		Clock	Nom.
1	Kevin CASSIDY	58	5.41
2	Christopher WORSNOP**	61	8.15
3	Leo WATSON	77	9.25
4	Phyllis GOSBELL	80	9.49
5	Gerald BURKE	79	10.30
6	Peter BATTRICK	75	13.26
7	Bob LEWIS	90	13.28

** Winner - Christopher Worsnop

4 X 200 METRE RELAY

1	Gita THALAKADA	43	
	Andrew FRASER	77	
	Gabriel LEE	Inv	
	Glenn McLEAN	54	2.17
2	Allan WOOD	81	
	Glenn BERRY	48	
	Amaya THALAKADA	Inv	
	Perry BIRKETT	56	2.25
3	Christopher WORSNOP	61	
	Janet HOLMES	65	
	Arian THALAKADA	Inv	
	Paul DURRANT	57	2.26
4	Chris ROBINSON	60	
	Zac MATTERS	Inv	
	Nick SHEN	Inv	
	Leo COFFEY	89	2.30

2 KM HANDICAP RUN/WALK

TERRIFIC 2 KM TETRA HEAT 3			
		Clock	Actual
1	Stephen DAY	48	11.11
2	Paul EARLE	55	11.12
3	Michelle QUAN	49	11.15
4	Sam DEFANIS	70	11.20
5	Christopher WORSNOP	61	11.36
6	Chris ROBINSON	60	11.38
7	Perry BIRKETT	56	12.02
8	Geoff WHEELER	63	12.05
9	Kevin CASSIDY	58	12.37

DISCUS THROW AGE GRADED

			Age %
	Toni MATTERS	51	30.79
	Paul DURRANT	57	28.12
	Louise McLEAN	53	20.33
	Glenn BERRY	48	18.89
	Andrew FRASER	77	17.35
	Allan WOOD	81	12.96
	Jack FREDRICKSON	80	12.17
	Donna CLARKE	65	12.03
	Leo COFFEY	89	8.44

EAST BURWOOD 28 FEBRUARY 2019**1000 METRE WALK**

1	Christopher WORSNOP	61	7.00
2	Brian TAIT	77	7.52
3	Leo WATSON	77	8.20
4	Phyllis GOSBELL	80	8.36
5	Gerald BURKE	79	9.20
6	Gordon ONLEY	84	10.53
7	Peter BATTRICK	75	11.27
8	Bob LEWIS	91	11.29

60 METRE SPRINT**Heat 1:**

1	Don McLEAN	85	11.2
2	Allan WOOD	81	11.5
3	Leo COFFEY	89	12.1
4	Shirley COPPOCK	82	14.1
5	Lloyd NICHOLS	77	19.5

Heat 2:

1	Louise McLEAN	54	9.6
2	Melanie BISSETT	43	9.9
3	Leanne MONK	62	10.1
4	Chris ROBINSON	60	10.4
5	Evelyn KUYIS	61	11.5

Heat 3:

1	Paul DURRANT	57	8.5
2	Glenn BERRY	48	8.9
3	Christopher WORSNOP	61	10.4
4	Glenn McLEAN	54	13.9
5	Jack FREDRICKSON	80	18.1

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEMORIAL HEAT 4****Heat 1:**

				H/cp Mtrs
1	Shirley COPPOCK	82	12.8	39
2	Melanie BISSETT	43	13.1	22
3	Lloyd NICHOLS	77	13.3	56
4	Chris ROBINSON	60	13.7	22
5	Don McLEAN	85	14.0	30
6	Leo COFFEY	89	14.3	33
7	Andrew FRASER	77	14.5	24
8	Allan WOOD	81	14.6	25

Heat 2:

1	Glenn McLEAN	54	12.6	5
2	Christopher WORSNOP	61	13.0	19
3	Louise McLEAN	54	13.3	14
4	Evelyn KUYIS	61	13.7	25
5	Leo WATSON	77	14.4	38
6	Glenn BERRY	48	15.8	10
7	Leanne MONK	62	16.4	0

1000 METRE RUN N.O.T.

		Clock	Nom.
1	Christopher WORSNOP**	61	4.18
2	Glenn BERRY	48	4.40
3	Bob HENDERSON	72	4.45
4	Melanie BISSETT	43	6.45

** Winner - Christopher Worsnop

EAST BURWOOD 28 FEBRUARY 2019 cont.**2 KM RUN N.O.T.**

			Clock	Nom.
1	Paul EARLE	55	8.40	8.50
2	David CHUNG	51	9.14	10.00
3	Sam DEFANIS	70	9.26	10.10
4	Geoff WHEELER	63	9.28	9.50
5	Christopher WORSNOP**	61	9.30	9.20
6	Michelle QUAN	49	9.40	10.10
7	Bob HENDERSON	72	10.04	10.25

Also:

Brian TAIT (2 km Walk) 77 17.12

Jag DISH (400 metres) 73 2.56

** Winner - Christopher Worsnop

200 METRE SPRINT N.O.T.**Heat 1:**

			Clock	Nom.
1	Leanne MONK	62	35.9	36.0
2	Andrew FRASER	77	38.1	39.0
3	Allan WOOD	81	44.0	43.0
4	Don McLEAN	85	45.8	46.0
5	Shirley COPPOCK	82	56.1	52.0
6	Geoff WHEELER	63	63.5	90.0
7	Lloyd NICHOLS	77	90.8	117.0

Heat 2:

1	Glenn McLEAN	54	28.8	30.0
2	Paul DURRANT **	57	30.0	30.0
3	Melanie BISSETT	43	36.2	37.0
4	Evelyn KUYS	61	40.3	49.0

** Winner - Paul Durrant

LONG JUMP**MANAGER'S PENTATHLON**

				Age %
	Paul DURRANT	57	4.20	64.71
	Toni MATTERS	51	3.54	60.00
	Louise McLEAN	54	3.42	60.53
	Glenn BERRY	48	3.14	42.90
	Melanie BISSETT	43	2.78	42.31
	Chris ROBINSON	60	2.75	53.40
	Allan WOOD	81	2.73	64.24
	Leo COFFEY	89	2.27	72.99
	Andrew FRASER	77	2.17	46.77
	Jag DISH	73	2.00	39.92
	Jack FREDRICKSON	80	1.19	27.29

FRANKSTON 7 FEBRUARY 2019 cont.**800m**

1	Rob Taylor	50	3.03
2	Claudio Riga	63	3.40
3	Gary Meyer	64	4.01
4	Nonie Chan	33	4.25

1 or 2 laps Walk in the park

				Laps
1	Heather Carr	69	21.20	2
2	Lyn Pimm	58	23.56	2
3	Nonie Chan	33	27.00	2
1	John Hallo	76	14.52	1
2	John Sutton	75	16.03	1

1 or 2 laps Run in the park

				Laps
1	Rob Taylor	50	19.48	2
2	Claudio Riga	63	21.48	2
3	Greg Lovejoy	76	21.55	2
4	Gary Meyer	64	23.12	2
5	Caitlin O'Connell	44	25.37	2
6	Fran Halton	58	28.28	2
1	Bill Carr	69	13.06	1
2	Graham Stockdale	76	14.21	1
3	David Dodson	60	14.33	1

FRANKSTON 14 FEBRUARY 2019**90m**

1	Bill Carr	69	13.90
2	Russ Dow	59	13.97
3	Greg Lovejoy	76	16.63
4	Alan Radford	67	16.69
5	Lindsay Beaton	69	21.59

200m Age Graded - Graeme Richards Memorial

			Clock	A/G %
1	Mike Hall	80	34.75	86.86%
2	Bill Carr	69	31.28	82.55%
3	Rob Taylor	50	29.09	77.31%
4	Alan Radford	67	41.94	57.25%

800m Walk

1	Heather Carr	69	4.45
2	Greg Lovejoy	76	5.40
3	John Hallo	76	6.10
4	Graham Kilfoyle	67	6.11
5	John Sutton	75	6.39
6	Alan Radford	67	6.40
7	Lindsay Beaton	67	7.03

800m

1	Russ Dow	59	2.54
2	Rob Taylor	50	3.07
3	Liz Lowther	67	3.23
4	Barry Jeffs	70	3.48

1600m Walk

1	Chris Sheedy	50	11.22
2	John Hallo	76	12.34
3	Lyn Pimm	58	12.37
4	Graham Kilfoyle	67	14.24
4	John Sutton	75	14.24

2000m

1	Alan Radford	67	7.47	?
2	Bill Carr	69	10.42	

2800m Walk

1	Heather Carr	69	17.28
2	Lindsay Beaton	69	27.32

3600m

1	Russ Dow	59	15.21
2	Liz Lowther	67	17.59
3	Barry Jeffs	70	18.00
4	Greg Lovejoy	76	18.12
5	Frances Halton	57	23.49

FRANKSTON 7 FEBRUARY 2019**100m**

1	Rob Taylor	50	14.82
2	Bill Carr	69	15.41
3	Mike Hall	80	17.23
4	Lindsay Beaton	69	22.50

250m

1	Rob Taylor	50	40.52
2	Bill Carr	69	41.21
3	Graham Stockdale	76	57.12

800m Walk

1	Heather Carr	69	4.44
2	Lyn Pimm	58	5.53
3	Greg Lovejoy	76	5.55
4	John Hallo	76	6.39
5	John Sutton	75	6.40
6	Lindsay Beaton	69	7.16

FRANKSTON 21 FEBRUARY 2019**80m**

1	Rob Taylor	50	11.12
2	Russ Dow	59	12.32
3	Bill Carr	69	12.40

150m

1	Rob Taylor	50	21.10
2	Bill Carr	69	22.69
3	Mike Hall	80	25.50

600m Walk

1	Heather Carr	69	3.28
2	Greg Lovejoy	76	4.33
3	Charlie Mallia	70	6.03

600m

1	Rob Taylor	50	1.54
2	Russ Dow	59	2.08
3	Graham Stockdale	76	2.14
4	Caitlin O'Connell	44	2.46
5	Nonie Chan	33	2.54
6	David Dodson	60	3.40

2400m Walk

no starters

2400m

1	Gary Meyer	64	13.34
	Bill Carr	69	DNF
	Graham Stockdale	76	DNF

5000 Walk - Estimated Time

- Andrew Piercey Memorial				Clock	ET	Diff
1	Heather Carr	69	31.15	31.35	-0.20	
2	John Sutton	75	43.57	43.30	0.27	
3	Lindsay Beaton	69	46.28	45.20	1.08	
4	Chris Sheedy	50	36.21	37.37	-1.16	
5	Greg Lovejoy	76	36.49	38.30	-1.41	
6	Lyn Pimm	58	41.49	39.00	2.49	
7	Nonie Chan	33	47.16	40.00	7.16	

5000m

1	Rob Taylor	50	21.51
2	Russ Dow	59	22.01
3	Claudio Riga	64	25.29
4	Caitlin O'Connell	44	29.16

FRANKSTON 28 FEBRUARY 2019**Stairs run/walk - Frankston foreshore**

Various distances	Time
Rob Taylor	33.36
Caitlin O'Connell	42.00
Fran Halton	42.05
Greg Lovejoy	27.39
Lindsay Beaton	27.00
Chris Sheedy	42.00
Russ Dow	33.36
Claudio Riga	34.47
Heather Carr	28.55
David Dodson	11.34
Barry Jeffs	

GEELONG 6 FEBRUARY 2019**3km Cross Country**

Nicholas MacDonald	12:51
Mark Humphrey	13:41
Yolanda Russell	14:29
Gerry Fitzpatrick	17:15
Chris Colley	17:48
Jill Coyte (W)	18:06
Fiona Fitzpatrick	19:13

5km Cross Country

Steve Welsh	26:18
Kath Oliver	29:50

7km Cross Country

Mark Boxer	28:18
Louis Rowan	29:47
Cameron White	29:58
Dave Elward	30:20
Tim Henry	31:18
Mark Jeffrey	31:24
Jane White	31:27
Chris Hayes	31:51
Alan Jenkins	34:26
Paul Stewart	34:46
Erik Bumbers	35:18
Jeff Walker	35:47
Daryl Hurst	36:17
Fred Barnett	50:21

GEELONG 13 FEBRUARY 2019**Bryan Cole 2000m Handicap**

Paul McFarlane	12:40	07:15
Grant Baensch	12:45	10:55
Daryl Hurst	12:52	09:32
Russell Jenkins	12:52	07:12
Peter Lamb	12:56	09:56
Kath Oliver	12:56	10:16
Erik Bumbers	12:58	09:43
Dave Elward	13:01	07:51
Mark Humphrey	13:03	08:38
Cameron White	13:04	07:39
Fred Barnett	13:05	12:50
Jeff Walker	13:05	09:15
Alan Jenkins	13:06	08:46
Rhys Hamill-Beach	13:06	07:06
Chris Hayes	13:08	09:08
Phil Shay	13:11	07:56
Jill Coyte (W)	13:17	11:07
Frank Engelsman	13:21	10:51

winner

300m

Fred Barnett	01:37
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2800m

Russell Jenkins	10:37
Paul McFarlane	10:50
Cameron White	11:02
Phil Shay	11:07
Dave Elward	11:18
Chris Hayes	12:01
Alan Jenkins	13:05
Jeff Walker	13:15
Daryl Hurst	13:25
Erik Bumbers	13:46
Grant Baensch	15:13
Frank Engelsman	15:45
Fred Barnett	18:32

GEELONG 20 FEBRUARY 2019**3km Cross Country**

Nicholas MacDonald	12:30
Trevor Grenfell	15:31
Kath Oliver	15:57
Joe Weiler	17:13
Jill Coyte (W)	17:40

8km Cross Country

Dave Elward	33:18
Mark Jeffrey	35:02
Cameron White	36:36
Chris Hayes	37:26
Mark Humphrey	38:29
Alan Jenkins	39:10
Erik Bumbers	40:48
Jeff Walker	40:49
Daryl Hurst	47:36
Gerry Fitzpatrick	46:16
Grant Baensch	47:51
Fiona Fitzpatrick	54:06
Frank Engelsman	54:47
Fred Barnett	55:01

GEELONG 27 FEBRUARY 2019**100m**

Nicholas MacDonald	12.76
Andrew Beach	13.85
Andy Bruschi	14.80
Russell Jenkins	20.36

3000m

David Jenkins	10:27
Phil Shay	11:37
Dave Elward	11:46
Andy Bruschi	13:06
Alan Jenkins	13:11
Nicholas MacDonald	13:41
Paul Stewart	13:43
Daryl Hurst	14:24
Erik Bumbers	14:33
Jeff Walker	14:39
Grant Baensch	16:32
Frank Engelsman	18:01
Jill Coyte (W)	18:15

800m

Phil Shay	02:52
Andy Bruschi	02:58
Alan Jenkins	03:26
Erik Bumbers	03:34
Jeff Walker	03:41
Kath Oliver	03:45
Grant Baensch	04:00
Daryl Hurst	04:16

400m

Peter Lamb	01:11
Dave Elward	01:16
Paul Stewart	01:27

GLEN EIRA 5 FEBRUARY 2019**LEO CHARLES 100M WK 1 (Sealed H/C)**

		Clock	H/C	H/C time %	
BILL CARR	69	14.90	7.7	22.60	82.89
JIM McLURE	73	15.82	6.9	22.72	81.42
PAUL LYNCH	69	17.95	4.8	22.75	68.8
JO WHITTLE	47	17.80	5.1	22.80	66.74
VIVIENNE CASH	67	16.10	6.7	22.80	89.69
CHRIS BROWN	63	15.12	7.7	22.82	78.77
LEISA HUNT	47	18.81	4.2	23.01	63.16
JUNE TREWEEK	57	16.20	6.9	23.10	81.23
JIM ROUNTREE	59	15.61	7.6	23.21	74.5
LINDA McCAFFREY	40	17.32	6.3	23.62	63.45
JIM SINCLAIR	94	23.90	0.0	23.90	80.46
RAY KEMP	91	28.00	0.0	28.00	62.54
GIGI WILLIAMS	11	16.70			70.36

1500m E/T

		Clock	Est	Diff	
SARAH LORENTZEN	40	5.58	6.00	2	68.66
NICOLE JOSEPH	40	5.09	5.05	4	79.5
SIMON LLOYD	63	6.15	6.20	15	70.1
NICKY GRAFEN	8	8.39	8.45	6	52.3
OSCAR LORENTZEN	7	6.27	6.20	7	73.4
CHELSEA WHITTLE	12	5.57	5.49	8	71.6
MIKE CLAPPER	66	6.27	6.18	9	69.8
GREG HUGHES	60	8.23	8.00	23	50.9

150m E/T

		Clock	Est	Diff	
PAUL LYNCH	69	27.95	27.95	0.00	
LEISA HUNT	47	29.02	28.95	0.07	
JIM McLURE	73	24.48	24.55	0.07	
SOPHIE McCAFFREY	7	28.60	29.00	0.40	
BILL CARR	69	23.12	22.50	0.62	
JIM ROUNTREE	59	23.80	23.10	0.70	
VIVIENNE CASH	67	24.25	25.00	0.75	
EMMA McCAFFREY	9	30.44	31.20	0.76	
LINDA McCAFFREY	40	26.22	27.50	1.28	
JANET HOLMES	65	28.20	30.00	1.80	
JIM SINCLAIR	94	39.39	35.20	4.19	
JUNE TREWEEK	57	25.20			

SANDRA MIDDLETON 3K WALK H/C

		Clock	H/C	H/C time %	
ROB JAMIESON	68	29.49	15.00	29.34	48.6
CYNTHIA ELLERY	69	30.12	5.30	24.42	65.0
GWEN STEED	76	30.48	9.20	21.28	83.1
MICHAEL HEFFERNAN	84	30.54	GO	30.54	58.2
JOHN ZELEZNIKOW	68	31.03	4.22	26.41	53.8
DES MIDDLETON	72	31.10	11.20	19.50	76.1
GREG HUGHES	60	31.11	9.17	21.54	60.2
KARYN O'NEILL	64	31.14	10.30	20.44	72.6
DOMENICO MORENA	80	31.20	3.49	27.31	61.3
JIM BERRINGTON	62	31.40	12.30	19.10	70.2
LEISA HUNT	47	31.44	9.20	22.24	56.9
JO WHITTLE	47	31.50	10.30	21.20	59.7
TONY DORAN	66	31.22	9.55	22.27	62.6
PETER McGRATH	79	32.37	2.10	30.17	54.9
GERRY O'DONNELL	64	33.31	8.20	25.11	54.6

RAY KEMP 3KM H/C

		Clock	H/C	H/C time %	
JANE STURZAKER	66	18.24	2.00	16.24	75.1
SARAH JOHNSON	35	19.09	GO	19.09	44.1
CHRIS GRAFEN	54	19.13	6.30	12.43	68.1
JANINE McKERRON	58	19.21	4.20	15.01	72.7
KAREN MONAHAN	52	19.24	GO	19.24	51.8
MERLE WANT	57	19.29	2.00	17.29	61.6
MARK CANT	57	19.33	5.00	14.33	61.1
PETE BATTRICK	75	19.36	-15.30	35.06	30.67
STEVE STRELECKY	69	19.58	5.30	14.28	68.5
LINDA McCAFFREY	40	20.12	3.30	16.42	52.39
CHRIS BROWN	63	20.44	5.00	15.44	59.5

GLEN EIRA 12 FEBRUARY 2019**LEO CHARLES 100M WK 2 H/C**

		Clock	H/C (dist)	PTS	%
JUNE TREWEEK	57	12.02	18	20	
BOB WISHART	77	12.09	10	18	
JIM ROUNTREE	59	12.41	15	16	
GLAD WISHART	74	12.53	32	14	
IVAN DODIN	58	12.53	SCR	12	92.2
SOPHIE McCAFFREY	8	12.58	30		
JIM McLURE	73	12.62	16	10	
VIVIENNE CASH	67	12.88	18	8	
JO WHITTLE	47	13.12	8	6	
LEISA HUNT	47	13.13	28	4	
PAUL LYNCH	69	13.19	25	2	
CHRIS BROWN	63	13.33	13	2	
JIM SINCLAIR	94	13.5	42	2	
LINDA McCAFFREY	40	13.54	22	2	
BILL CARR	69	13.63	11	2	
EMMA McCAFFREY	9	13.70	30		
CHLOE DUDONT	27	15.27	SCR		68.7
RAY KEMP	91	15.45	44	2	

600m E/T

		Clock	Est	Diff	%
OSCAR LORENTZEN	7	2.29	2.29	0	71.6
GRAHAM STOCKDALE	76	2.13	2.12	1	82.4
SYD BONE	61	2.23	2.24	1	62.8
JANET HOLMES	65	2.30	2.36	6	75.3
CHRIS CAMPBELL	70	2.45	2.40	15	59.8
PHIL URQUHART	74	3.19	2.55	24	53.2

200m E/T

		Clock	Est	Diff	%
BOB WISHART	76	30.75	30.75	0	92.3
CHLOE DUDONT	27	32.15	32.00	0.15	66.4
LEISA HUNT	47	39.65	39.50	0.15	62.0
BILL CARR	69	31.54	31.70	0.16	81.1
JUNE TREWEEK	57	34.05	33.80	0.25	80.6
JIM ROUNTREE	59	31.97	31.70	0.27	74.6
JO WHITTLE	47	37.70	38.19	0.49	65.23
LINDA McCAFFREY	40	36.69	36.00	0.69	61.7
JIM McLURE	73	33.85	33.10	0.75	79.8
IVAN DODIN	58	26.90	28.00	1.10	88.0
VIVIENNE CASH	67	33.28	35.00	1.72	91.0

SPIRAL H/C (4 LAPS)

		Clock	Start Group	H/C	H/C TIME
JOHN ZELEZNIKOW	69	15.48	13	1.40	14.08
SARAH LORENTZEN	40	15.50	68	9.15	6.35
JO WHITTLE	47	15.58	38	5.05	10.53
MICHAEL HEFFERNAN	84	16.01	5	0.35	15.26
SARAH JOHNSON	35	16.02	49	6.35	9.27
DES MIDDLETON	71	16.04	40	5.30	10.34
SYD BONE	61	16.05	65	8.50	7.15
CYNTHIA ELLERY	69	16.06	21	2.45	13.21
KARYN O'NEILL	63	16.08	38	5.05	11.03
STEVE STRELECKY	69	16.12	64	8.45	7.27
MERLE WANT	57	16.15	48	6.30	9.50
CHRIS BROWN	63	16.16	63	8.35	7.49
MARK CANT	57	16.20	45	6.05	10.15
GREG HUGHES	60	16.22	37	5.00	11.22
CHRIS CAMPBELL	70	16.24	62	8.25	7.59
JIM BERRINGTON	62	16.27	48	6.30	9.57
CONRAD HAMANN	67	16.28	37	5.00	11.28
LEISA HUNT	47	16.31	36	4.50	11.41
SANDRA MIDDLETON	70	16.36	36	4.50	11.46

GLEN EIRA 12 FEBRUARY 2019 cont.

ROB JAMIESON	68	16.37	5	0.35	16.02
PAUL LYNCH	69	16.50	19	2.30	14.20
LINDA McCAFFREY	40	17.03	63	8.35	8.28
JIM ROUNTREE	59	17.08	58	7.50	9.18
PHIL URQUHART	74	17.17	53	7.10	10.07
TONY DORAN	66	17.26	37	5.00	12.26
DOMENICO MORENA	80	17.46	15	2.00	15.46
PETER McGRATH	78	17.47	15	2.00	15.47
PETER BATTRICK	75	18.51	1	GO	18.51

GLEN EIRA 19 FEBRUARY 2019**LEO CHARLES 100M WK 1**

(Sealed H/C)		Clock	H/C	H/C time	%
GLAD WISHART	74	19.62	7.8	27.42	79.8
JIM SINCLAIR	94	23.20	4.3	27.50	82.9
JO WHITTLE	47	17.61	10.2	27.81	67.5
BILL CARR	69	15.16	12.7	27.86	81.5
PAUL LYNCH	69	17.85	10.1	27.95	69.2
VIVIENNE CASH	67	16.35	11.8	28.15	88.3
CHRIS BROWN	63	15.54	12.7	28.24	76.6
JIM McLURE	73	16.00	12.3	28.30	80.5
BOB WISHART	77	14.45	13.9	28.35	94.0
JUNE TREWEEK	57	16.28	12.2	28.48	80.8
JIM ROUNTREE	59	15.99	12.7	28.69	72.7
RAY KEMP	91	30.87	0	30.87	56.7
CHELSEA WHITTLE	12	15.20			75.7
OSCAR LORENTZEN	7	18.41			74.3
VICKI CHARLES	49	19.83			61.2

800M H/C

		Clock	H/C	H/C time	%
BARRY JEFFS	70	3.29.8	GO	3.29.8	66.0
SYD BONE	61	3.39.1	27	3.12.1	66.2
JANET HOLMES	65	3.42.7	17	3.25.7	78.4
JO WHITTLE	47	3.47	18	3.29	59.2
CHRIS CAMPBELL	70	3.47.5	13	3.34.5	64.6
NICKY GRAFEN	8	4.22.3	GO	4.22.3	53.4

150M H/C

		Clock	H/C	H/C time
JIM McLURE	73	40.18	15	25.18
VIVIENNE CASH	67	40.42	15	25.42
GLAD WISHART	74	40.63	9	31.63
JIM SINCLAIR	94	40.94	GO	40.94
BILL CARR	69	41.21	17	24.21
PAUL LYNCH	69	41.44	13	28.44
BOB WISHART	77	41.65	19	22.65
JIM ROUNTREE	59	41.87	17	24.87

WALK 2.4KM H/C (TROPHY)

		Clock	H/C	H/C time
PETER McGRATH	79	23.16	0.20	22.56
SANDRA MIDDLETON	70	23.47	6.40	17.07
KARYN O'NEILL	64	23.48	7.40	16.08
JIM BERRINGTON	62	23.50	9.08	14.42
CYNTHIA ELLERY	69	23.51	4.15	19.36
JO WHITTLE	47	23.55	8.00	15.55
DES MIDDLETON	72	23.57	8.16	15.41
MICHAEL HEFFERNAN	84	23.59	GO	23.59
LEISA HUNT	47	24.06	6.43	17.18
GREG HUGHES	60	24.36	7.28	17.08
CONRAD HAMANN	67	24.42	7.40	17.02
JOHN ZELEZNIKOW	68	25.27	3.15	22.12
PETE BATTRICK	75	25.54	-0.40	26.34
TONY DORAN	66	27.07	7.28	19.39
GWEN STEED	76	27.07	7.00	20.07
VICKI CHARLES	49	19.14		

4K H/C					
		Clock	H/C	H/C time	
SIMON LLOYD	63	19.50	2.00	17.50	71.4
CHRIS GRAFEN	55	21.12	4.10	17.02	69.7
PETER BENICE	69	21.18	2.30	18.48	71.6
SYD BONE	61	21.28	2.30	18.58	65.9
SARAH LORENTZEN	40	21.35	4.00	17.35	72.7
CHRIS CAMPBELL	70	21.45	1.00	20.45	65.6
MERLE WANT	58	21.45	-2.10	23.55	61.8
STEVE STRELECKY	69	21.56	2.00	19.56	67.6
JANE STURZAKER	66	22.05	-1.30	23.35	70.7
KAREN MONAHAN	52	22.21	-4.00	26.21	51.7
PHIL URQUHART	74	22.25	-1.40	24.05	59.8
CHRIS BROWN	63	22.27	2.00	20.27	62.3
SARAH JOHNSON	35	24.10	-1.30	22.40	50.9
ASHLEY PAGE	78	24.11	1.00	23.11	66.9
MARY HARPER	49	28.47	GO	28.47	45.5

GLEN EIRA 26 FEBRUARY 2019 cont.					
SARAH LORENTZEN	40	22.13	71	12.25	9.48
JIM BERRINGTON	62	22.14	48	8.20	13.54
JOHN ZELEZNIKOW	68	22.14	18	3.05	19.09
KAREN MONOHAN	52	22.16	47	8.10	14.06
GREG HUGHES	60	22.16	38	6.35	15.41
DOMENIC MORENA	80	22.20	12	2.00	20.20
MARK CANT	57	22.30	46	8.00	14.30
GWEN STEED	76	22.45	37	6.25	16.20
PETER McGRATH	79	22.56	12	2.00	20.56
PETER BATRICK	75	23.08	-1	-1.00	24.08

GLEN EIRA 26 FEBRUARY 2019
LEO CHARLES 100M WK 1 (H/C)

		Clock	H/C(m)	%
BOB WISHART	77	13.98	SCR	97.1
JO WHITTLE	47	14.16	18	
VIVIENNE CASH	66	14.35	12	
JIM McLURE	73	14.60	9.0	
JIM SINCLAIR	94	14.80	37	
JIM ROUNTREE	59	15.00	8	
LEISA HUNT	47	15.22	22	
GLAD WISHART	75	15.41	23	
RAY KEMP	91	15.66	44	

1200M E/T				
		Clock	Est	Diff
JANET HOLMES	65	5.30.8	5.55	24.2
CHRIS BROWN	63	5.19.7	6.00	40.3
JO WHITTLE	47	5.29.7	6.12	42.3

200M H/C (Sealed)				
		Clock	H/C	H/C time%
GLAD WISHART	75	44.79	10	54.79 72.7
SOPHIE McCAFFREY	8	38.79	16	54.79 72.0
VIVIENNE CASH	67	33.46	21.5	54.96 90.5
EMILIE LORENTZEN	9	39.01	16	55.01 67.8
JIM McLURE	73	33.67	21.5	55.17 80.3
OSCAR LORENTZEN	7	39.35	16	55.35 72.1
BOB WISHART	77	30.77	25	55.77 93.8
CHELSEA WHITTLE	12	33.35	23	56.35 71.8
JIM ROUNTREE	59	33.17	23.5	56.67 71.9

SPIRAL H/C (5 LAPS)					
		Clock	Start Group	H/C	H/C TIME
SIMON LLOYD	63	20.45	64	11.10	9.35
PETER BENICE	69	21.19	65	11.20	9.59
TONY DORAN	66	21.21	35	6.05	15.16
JO WHITTLE	47	21.25	41	7.05	14.20
MARY HARPER	49	21.40	43	7.25	14.15
STEVE STRELECKY	69	21.43	65	11.20	10.23
SARAH JOHNSON	34	21.47	52	9.05	12.42
CONRAD HAMANN	67	21.47	37	6.25	15.22
DES MIDDLETON	72	21.53	42	7.15	14.38
SANDRA MIDDLETON	70	21.56	35	6.05	15.51
CHRIS BROWN	63	21.56	64	11.10	10.46
MICHAEL HEFFERNAN	84	21.56	8	1.15	20.41
JO COCKWILL	66	21.57	53	9.15	12.42
CYNTHIA ELLERY	69	21.59	23	3.55	18.04
LEISA HUNT	47	22	36	6.15	15.45
KARYN O'NEILL	64	22.04	40	6.55	15.09
PHIL URQUHART	74	22.08	51	8.50	13.18

KNOX 13 FEBRUARY 2019

2by400m walk relay			
Liz Eastwood	49		
Pauline Paine	40	6.01	
Chloe Grund	7		
Shane Grund	37	6.06	
Peter Thorne	70		
John Graham	68	6.14	
Glenn Berry	48		
Bob Henderson	72	6.14	
Chris Crennan	46		
Matt Morris	53	7.07	
Glenn Claiden	64		
Mick Carr	65	7.18	
Peter LeGet	85		
David Wear	72		
Ian U"Ren	67		
Anne McPherson	62		
80m			
Chloe Grund	7	16.2	
Andrea Putting	55	16.46	
200m			
Glenn Berry	48	43.31	
Pauline Paine	40	43.89	
Chloe Grund	7	47.62	
Shane Grund	37	48.31	
600m NOT			
Shane Grund	37	1.34	
Matt Morris	53	1.51	
Paul Durrant	57	2.05	
Jack Durrant	21	2.11	
John Graham	1st 68	2.15	
Glenn Berry	48	2.16	
Stephen Richards	2nd 57	2.1	
Mick Carr	65	2.25	
John Signorini	65	3.38	
Bob Henderson	72	2.43	
Brian Mee	81	2.48	
Pauline Paine	3rd 40	2.58	
Peter Thorne	70	3.03	
David Wear	72	3.05	
Michelle Quan	49	3.08	
Liz Eastwood	49	3.1	
Distance			
1k			
Jack Durrant	21	4.48	
Sarah Thorne	39	7.3	
2k			
Glenn Berry	48	12.24	
Pauline Paine	40	12.35	

KNOX 13 FEBRUARY 2019 cont.**3k**

Matt Morris	53	11.39
Stephen Richards	57	15.28
Bob Henderson	72	15.38

4k

Michelle Quan	49	20.05
Brian Mee	81	23.05
David Wear	72	23.58
Paul Durrant	57	24.36
Peter Leget	85	25.54

5k

Shane Grund	37	16.51
John Signorini	65	23.26
Mick Carr	65	24.24
Liz Eastwood	49	27.11
Pete Thorne	70	28.31

KNOX 20 FEBRUARY 2019**1000m walk**

David Black	62	9.37
Nicola Van Reenen	46	9.37
Peter Thorne	70	10.46
Ian U'Ren	67	10.55
Paul Twining	69	10.55
Anne McPherson	62	10.56
Bob Henderson	72	10.57
Michelle Quan	49	10.59
Graeme Leticq	64	11.01
Peter LeGet	85	11.01
Matt Morris	53	11.01
David Wear	72	11.18
Glenn Berry	48	11.19
Pauline Paine	40	11.19
Sarah Thorne	39	11.19

2by500m relay

Glenn Berry	48	
Michelle Quan	49	4.05
Peter Thorne	70	
Matt Morris	53	4.14
Paul Connor	5?	
Pauline Paine	40	4.18
Bob Henderson	72	
Nicola Van Reenen	46	4.24
Ian U'Ren	67	
David Black	62	4.33
Peter LeGet	85	
Paul Durrant	57	4.54

1000m

Matt Morris	53	3.42
Paul Connor	5?	4.1
David Black	62	4.25
Glenn Berry	48	4.48
Michelle Quan	49	4.52
Bob Henderson	72	4.57
Ian U'Ren	67	5.04
Nicola Van Reenen	46	5.09
Stephen Richards	57	5.13
Paul Twining	69	5.19
David Wear	72	5.47

KNOX 20 FEBRUARY 2019 cont.**Distance****2.5k**

Matt Morris	53	10.31
Bob Henderson	72	12.55
Glenn Berry	48	14.18
Stephen Richards	57	14.39
Pauline Paine	40	15.25

3k

David Wear	72	17
Brian Mee	81	17.58

3.5k

Paul Durrant	57	21.1
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4k

David Black	62	18.29
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5k

Paul Connor	5?	22
Michelle Quan	49	25.24
Paul Twining	69	25.31
Ian U'Ren	67	28.3
Sarah Thorne	39	28.55
Peter Thorne	70	30.48

KNOX 27 FEBRUARY 2019**800m walk**

Bob Henderson	400m	72	3.53
Danielle Grund		64	7.01
Glenn Claiden		64	7.56
Paul Twining		69	7.56
Peter Thorne		70	8.18
Matt Morris		53	8.2

70m

Paul Durrant	57	10.33
Chloe Grund	7	16.07

1500m self hcp

Matt Morris	53	5.42
Danielle Grund winner	36	8.3

300m

Paul Durrant	57	49.65
Mark Harris	50	1.09
Chloe Grund	7	1.27
Danielle Grund	36	2.04
Leah Grund	5	2.04

5k NOT

Shane Grund winner	37	15.5
Matt Morris	53	21.04
Paul Twining	69	23.21
Sarah Thorne	39	26.25
Peter Thorne	70	30.41
Bob Henderson 2k	72	10.36
Glenn Berry 3k	48	17.06
Mark Harris 3k	50	17.55
Helen Stanley 3k	62	26.21

MENTONE 6 FEBRUARY 2019**500m Walk E.T.**

		Clock	Diff.
1	Sharon Carr	53 4.02	-0.03
2	Margaret Beaumont	80 4.27	0.04
3=	Sonya McLennan	66 3.07	-0.05
3=	Jim Machin	88 4.50	0.05
5	Sylvia Machin	77 3.36	0.06
6	Ian Beaumont	82 4.31	0.07
7=	Kevin Cassidy	58 2.12	-0.08
7=	Helen Castel	56 3.28	0.08
9	Jill Mannering	82 4.36	0.10
10	Debbie Thomson	61 5.22	1.02

1000m E.T.

		Clock	Diff.
1=	Avril Britter	60 4.50.4	0.4
1=	Col Waring	72 4.20.4	0.4
3	Sharon Carr	53 6.34.7	-10.3
4	Sandra Wynne	67 4.40.1	-11.1
5	John Kneen	76 6.01.3	-23.7

200m H/cap**Gordon Gourlay Series 1**

		Clock	Metres
1	Avril Britter	60 25.28	64
2	Stephen Bird	55 25.60	50
3	Glad Wishart	74 26.07	68
4	Ron Arthur	78 26.52	34
5	Bob Wishart	77 26.72	17
6	Ross Kent	76 28.39	69
7	John Mathew	82 32.47	80

2 Miles E.T.

		Clock	Diff.
1	Sandra Wynne	67 17.45	0.25
2	Avril Britter	60 17.33	-0.37
3	John Kneen	76 21.58	0.38
4	Stephen Bird	55 15.58	1.53

3000m Walk E.T.

		Clock	Diff.
1	Sharon Carr	53 25.08	0.18
2	Sylvia Machin	77 23.09	0.24
3	Helen Castel	56 22.41	0.26
4	Geoff Barrow	70 21.21	-0.29
5	Kevin Cassidy	58 15.29	-0.31
6	Margaret Beaumont	80 28.25	0.44
7	John Mathew	82 31.11	-0.49
8	Ralph Bennett	77 18.32	-0.58
9	Ian Beaumont	82 28.27	1.08
10	Sonya McLennan	66 20.26	-1.19
11	Julian Boland	55 18.34	-1.26
12	Jim Machin	88 31.02	3.02
	Nola Finn 2 Laps	82 19.22	

MENTONE 13 FEBRUARY 2019**834m Walk E.T.**

		Clock	Diff.
1	Bev Hugo	78 7.19	-0.01
2	Maureen Seedsman	81 6.34	0.03
3	Joan Clarke	84 8.21	0.11
4	Sonya McLennan	66 5.23	-0.12
5	Greg Hughes	60 5.24	-0.16
6	Sylvia Machin	77 6.07	0.17
7	John Mathew	82 8.21	-0.39
8	Sharon Carr	53 6.44	-0.46
9	Ian Beaumont	82 7.32	-0.48
10	Jill Mannering	82 7.31	-0.51
11	Helen Castel	56 5.58	-1.02

834m Self H/cap.

		Clock	Actual
1	Sonya McLennan	66 5.27	4.12
2	Jeanne Bryan	76 5.50	5.25
3	Graham Stockdale	76 6.00	3.45
DQ	John Kneen	76	5.00
DQ	Sandra Wynne	67	3.57
DQ	Stephen Bird	55	2.29
DQ	Avril Britter	60	3.50
DQ	Martin Griffin	56	3.56
DQ	Col Waring	73	3.30
DQ	Sharon Carr	53	5.08

70m E.T.**Gordon Gourlay Series 2**

		Clock	Diff.
1	Sandra Wynne	67 12.71	0.01
2=	Martin Griffin	56 11.84	-0.06
2=	Glad Wishart	74 13.72	-0.06
4	Susan Short	45 10.98	0.08
5	Bob Wishart	76 10.16	0.16
6	John Mathew	82 18.68	-0.22
7	Ron Arthur	78 11.21	0.31
8	Vivienne Cash	66 11.78	0.78
9	Avril Britter	60 12.99	0.83
10	Stephen Bird	55 12.00	1.00

3.336km E.T.

		Clock	Diff.
1	Sonya McLennan	66 17.36	0.02
2	James O'Brien	66 14.34	-0.10
3	Martin Griffin	56 20.37	-0.13
4	Sandra Wynne	67 17.57	-0.19
5	Martin O'Malley	64 15.40	-0.20
6	Susan Short	45 15.28	-0.32
7	Stephen Bird	55 15.42	0.42
8	Avril Britter	60 17.93	-0.47
9	John Kneen	76 21.56	-0.49
10	John Zeleznikow	68 32.06	-1.14

2500m Walk E.T.**Gordon Gourlay Series 1**

		Clock	Diff.
1	Sharon Carr	53 20.50	0.00
2	John Mathew	82 26.59	-0.01
3	Helen Castel	55 17.45	-0.07
4	Glennis McPherson	72 18.02	-0.12
5	Sylvia Machin	77 18.43	-0.17
6	Maureen Seedsman	81 20.41	0.21
7	Jill Mannering	82 23.36	-0.34
8	Ian Beaumont	82 23.14	-0.36
9	Bev Hugo	78 21.34	-0.38
10	Greg Hughes	60 17.35	1.15
11	Graham Stockdale	76 19.52	-1.38
	Nola Finn (1 Lap)	82 11.59	

MENTONE 20 FEBRUARY 2019

800m Walk Road E.T.		Clock	Diff.	
1=	Jill Mannering	82	7.07	0.02
1=	Sylvia Machin	77	5.58	-0.02
3	Margaret Beaumont	80	7.24	0.03
4	John Zeleznikow	68	6.55	-0.05
5	Maureen Seedsman	81	6.13	0.06
6	Kevin Cassidy	58	3.54	0.09
7	John Mathew	82	7.50	-0.10
8	Bev Hugo	78	6.32	-0.13
9=	Ian Beaumont	82	7.27	-0.14
9=	Jim Machin	88	7.46	-0.14
11	Greg Hughes	60	5.18	0.19
12	Julian Boland	55	5.14	0.44
13	Helen Castel	55	6.04	1.14

300m E.T. *Agg Event*		Clock	Diff.	Pts	
1	Martin Griffin	56	60.48	0.48	7
2	Vivienne Cash	66	56.03	-1.97	5
3	Bob Wishart	76	50.23	-2.77	4

1600m E.T.		Clock	Diff.		
Point Score Series 2					
1	Martin Griffin	56	8.50.7	5.7	
2	Col Waring	73	7.13.3	-14.7	
3	Mike Thomas	47	5.34.9	-20.1	
4	Helen Bryan	48	6.39.4	-20.6	
5	Sandra Wynne	67	7.58.7	-21.3	***
6	Avril Britter	60	8.00.5	-25.5	
7	John Kneen	76	9.58.1	38.1	
8	Susan Short	45	6.34.3	-55.7	
9	Ralph Bennett	77	7.23.6	-61.4	
10	Jeanne Bryan	77	10.56.0	116.0	

Series Winner - Martin Griffin

60m E.T.		Clock	Diff.	
Gordon Gourlay Series 3				
1=	Ron Arthur	78	9.93	0.03
1=	Martin Griffin	56	10.12	-0.03
3	John Mathew	82	16.25	0.05
4	Vivienne Cash	66	10.09	0.09
5=	Bob Wishart	76	8.84	-0.26
5=	Sandra Wynne	67	11.34	0.26
7	Avril Britter	60	11.14	0.41
8	Susan Short	45	9.28	-0.42
9	Glad Wishart	74	11.88	0.49
10	Ross Kent	76	14.05	2.05

3km E.T. *Agg Event*		Clock	Diff.	Pts	
1	John Kneen	76	19.52	0.02	7
2	James O'Brien	66	12.35	0.08	5
3=	Sandra Wynne	67	16.15	-0.10	4
3=	Martin O'Malley	64	14.05	-0.10	4
5=	Stephen Bird	55	13.48	-0.12	2
5=	Avril Britter	60	15.49	-0.12	2
7	Ashley Birrell	73	15.46	-0.14	1
8	Ashley Page	78	16.32	-0.16	1
9	Mike Thomas	47	11.28	0.17	1
10	Martin Griffin	56	18.10	-0.30	1

MENTONE 20 FEBRUARY 2019 cont.

2000m Walk Self H/cap *Agg Event*		Clock	Actual	Pts	
Gordon Gourlay Series 2					
1	Jim Machin	88	22.49	19.49	7
2	Sylvia Machin	77	23.00	15.20	5
3	Bev Hugo	78	23.04	16.44	4
4	Maureen Seedsman	81	23.05	16.15	3
5	Ian Beaumont	82	23.38	19.33	2
6	Margaret Beaumont	80	23.39	19.09	1
DQ	Kevin Cassidy	58		10.25	1
DQ	Helen Castel	55		15.08	1
DQ	Joan Clarke	83		19.19	1
DQ	John Mathew	82		22.38	1
DQ	Geoff Barrow	69		13.48	1
DQ	John Zeleznikow	68		16.12	1
DQ	Ralph Bennett	76		12.13	1
DQ	Greg Hughes	60		14.13	1
DQ	Glennis McPherson	72		14.01	1
DQ	Julian Boland	55		12.47	1
	Nola Finn (4 laps)	82		22.52	

MENTONE 27 FEBRUARY 2019

400m Walk E.T.		Clock	Diff.	
1=	Maureen Seedsman	81	2.58	0.00
1=	Jim Machin	88	3.50	0.00
3=	Margaret Beaumont	80	3.32	-0.01
3=	Kevin Cassidy	58	1.49	-0.01
5	Sylvia Machin	77	2.52	0.02
6	John Mathew	82	3.35	-0.05
7	Debbie Thomson	61	4.08	-0.07
8	Sharon Carr	54	3.11	-0.09
9	Julian Boland	55	2.49	0.11
10	Sonya McLennan	66	2.26	-0.12
11	Ian Beaumont	82	3.35	-0.13
12	Helen Castel	55	2.54	0.14

900m E.T. *Agg Event*		Clock	Diff.		
1	Avril Britter	60	4.21.6	-1.4	
2	Martin Griffin	56	4.18.5	-1.5	
3	Susan Short	45	3.23.7	-6.3	
4	Col Waring	72	3.52.7	7.7	
5	David Short	42	3.00.8	-9.2	
6	Matt Bowden	52	3.15.0	-10.0	
7	Sharon Carr	54	5.41.6	11.6	
8	Sandra Wynne	67	4.07.0	-13.0	***
9	Sonya McLennan	66	4.28.5	-15.5	
10	Graham Stockdale	76	3.54.6	24.6	***
11	Ashley Page	78	4.33.3	-31.7	
12	John Kneen	76	5.13.5	-46.5	
13	Greg Hughes	60	5.09.7	-67.3	

110m E.T.		Clock	Diff.		
Gordon Gourlay Series 4					
1	John Mathew	82	29.46	-0.14	
2	Sandra Wynne	67	20.71	-0.37	
3	Susan Short	45	16.79	0.49	
4	Martin Griffin	56	17.76	-0.54	
5	David Short	42	14.20	-0.60	
6	Avril Britter	60	19.79	-0.66	
7	Vivienne Cash	66	17.32	-0.68	
8	Bob Wishart	76	15.23	-1.37	
9	Glad Wishart	74	21.60	-1.40	***
10	Ross Kent	76	24.30	4.30	

MENTONE 27 FEBRUARY 2019 cont.**2.5km/ 5km E.T.****2.5km**

		Clock	Diff.	
1	James O'Brien	66	11.09	0.00
2	Ashley Birrell	74	12.33	0.03 ***
3	Sandra Wynne	67	13.36	0.06
4	Sonya McLennan	66	13.50	-0.10
5	Avril Britter	60	13.26	-0.16
6	Martin Griffin	56	14.16	0.25
7	Ashley Page	78	14.22	-0.53
8	Jeanne Bryan	77	19.02	1.02 ***
9	John Kneen	76	16.37	-1.23

5km

1	Matt Bowden	52	22.50	-0.10
2	John Zeleznikow	68	50.25	0.25

3000m Walk E.T.**Gordon Gourlay Series 3**

		Clock	Diff.	
1	John Mathew	82	33.08	0.08
2=	Helen Castel	55	24.08	-0.12
2=	Margaret Beaumont	80	28.38	0.12
2=	Glennis McPherson	72	21.5	0.12
5	Ian Beaumont	82	28.44	0.13
6	Joan Clarke	83	30.15	0.15
7	Sylvia Machin	77	22.44	-0.16
8	Greg Hughes	60	22.18	0.18
9	Geoff Barrow	69	21.29	0.19
10	Kylie Irtad	47	17.56	0.26
11	Maureen Seedsman	81	24.23	0.27
12	Kevin Cassidy	58	14.58	-0.32
13	Sharon Carr	54	25.37	0.42
14	Ralph Bennett	76	18.15	-0.45
15	Julian Boland	55	21.29	1.54
16	Jim Machin	88	30.16	5.16
	Nola Finn (4.5 laps)	82	25.43	
	Kyle (5km)	Inv	24.03	

SPRINGVALE 13 FEBRUARY 2019**200 metres**

Mike HALL	80	35.70
Troy JEFFS	44	43.50
Lindsay OXENHAM	69	44.10
Brian WOODMAN	65	46.30
Dominique RUELOT	67	54.80

300 metres

Mervin MENZEL	49	1.39
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700 metres

Dave TALBOT	64	2.50
Paul MULLINS	78	2.52
Claudio RIGA	63	3.16
Lindsay OXENHAM	69	3.29
Paul WINTERTON	64	3.38
Lou BUCCIERI	63	3.43
Ernie JEFFS	74	4.44
Dominique RUELOT	67	4.16

1500 metres

Alan BENNIE	72	6.22
Neil GRAY	71	6.42
Bill IRVINE	70	7.10

3000 metre road walk

Tony DORAN	66	21.05
Anand THILLAISUNDARAM	42	21.07
Celia JOHNSON	71	23.37
Brian WOODMAN	65	23.38
Tony JOHNSON	78	24.10
John MANNING	73	24.42
Frank ALLEN	74	24.42
Jim SMITH	78	24.46
Pam THOMAS	69	25.05
Juan PEREZ	79	25.06
John ABEL	68	25.12
Natalie IRVINE	72	30.41
Bill IRVINE	70	30.43
Eric NEGROS	55	30.44

Others

Ernie JEFFS	74	12.58
Peter BATTRICK	75	19.44
Alison DEVINE	62	19.57
Dominique RUELOT	67	21.15

5000 metres road run

Howard REES	71	26.07
Claudio RIGA	63	26.34
Troy JEFFS	44	27.31
Lindsay OXENHAM	69	27.45
Alan BENNIE	72	29.28
Lou BUCCIERI	63	29.32
Ian TREGEAR	68	29.37
Peter FIELD	61	32.53



**"Your call is important to us.
Please stay on the line until your call
is no longer important to you."**

SPRINGVALE 20 FEBRUARY 2019**70 metres heat 1**

Jim SINCLAIR	94	15.90
Mick COLGAN	68	16.20
Dominique RUELOT	67	16.60
Juan PEREZ	79	24.90
Bill FOURKIOTIS	76	31.10

70 metres heat 2

Troy JEFFS	44	12.60
Brian WOODMAN	65	12.90
Tracey HUTCHINSON	48	13.90
Lindsay OXENHAM	69	14.10

300 metres

Mike HALL	80	0.59
Troy JEFFS	44	1.05
Claudio RIGA	63	1.09
Lindsay OXENHAM	69	1.14
Lou BUCCIERI	63	1.14
Tracey HUTCHINSON	48	1.31
Dominique RUELOT	67	1.36
Ernie JEFFS	74	1.43
Juan PEREZ	79	2.18

1000 metres

Alan BENNIE	72	4.09
Dave TALBOT	64	4.14
Paul MULLINS	78	4.26
Lindsay OXENHAM	69	4.45

2000 metres road walk

Jim SMITH	78	15.37
Tracey HUTCHINSON run	48	15.44
Brian WOODMAN	65	15.49
Penny HALL	79	17.13
Pam THOMAS	69	17.58
Natalie IRVINE	72	20.29
Jean ONLEY	85	30.15

4000 metres road walk

Tony DORAN	66	30.36
Tony JOHNSON	78	30.36
Dominique RUELOT run	67	31.05
Celia JOHNSON	71	32.03
Juan PEREZ	79	35.18
Frank ALLEN	74	37.25

3500 metres cross country

Bill IRVINE	70	19.35
Dave TALBOT	64	20.10
Troy JEFFS	44	20.11
Alison DEVINE	62	21.49
Alan BENNIE	72	21.53
Kevin ONLEY	85	30.15

6000 metres cross country

Howard REES	71	31.40
Claudio RIGA	63	32.25
Lou BUCCIERI	63	33.18
Lindsay OXENHAM	69	33.39

SPRINGVALE 27 FEBRUARY 2019**150 metres**

Mike HALL	80	25.20
Lindsay OXENHAM	69	33.70
Mervin MENZEL	49	35.90
Dominique RUELOT	67	38.20
Jim SINCLAIR	94	38.90
Juan PEREZ	79	51.50

1200 metres

Neil GRAY	71	5.28
Claudio RIGA	63	5.33
Lou BUCCIERI	63	5.38
Lindsay OXENHAM	69	6.04

1600 metres road walk

Tony DORAN	66	11.24
John ABEL	69	13.12
Rob CLUTTERBUCK	65	14.23
Mervin MENZEL	49	14.35
Pam THOMAS	69	14.47
Tony JOHNSON	78	15.58
Natalie IRVINE	72	16.15
Eric NEGROS	55	17.03
Peter BATTRICK	75	20.05
Howard REES	71	17.07

3000 metre road walk

Peter ELLIS	68	22.25
Juan PEREZ	79	23.40
John MANNING	73	23.45
Celia JOHNSON	71	23.58
Frank ALLEN	74	25.07
Dennis PHILLIPS	76	25.07
Jim SMITH	78	25.07
Ernie JEFFS	74	28.43

3100 metres road run

Bill IRVINE	70	16.15
Paul MULLINS	78	17.20
Ian TREGAR	68	18.23
Tracey HUTCHINSON	48	24.14
Dominique RUELOT	67	24.15

5000 metres road run

Claudio RIGA	63	27.34
Lindsay OXENHAM	69	27.58
Troy JEFFS	44	28.43
Lou BUCCIERI	63	30.07
Peter FIELD	61	32.47