

# OUT OF SECTOR

# NEWSLETTER

FEBRUARY 2016

THROWERS



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## COMING UP

Feb 14	Training & Throwers Group AGM (with Postal Relays until end of March)
Feb 21	Cancelled due to Little Aths championships
Feb 28	Throws Pentathlon
Mar 6	Working Bee – 10:00am VMA T&F Pentathlon Championships – 12noon
Mar 19-20	VMA Track & Field Championships - Doncaster - 10am start
Apr 3	VMA Throws Pentathlon Championships – 10am for women
Apr 10	Training
Apr 16-19	AMA National Championships - Adelaide
May 1	Throws Pentathlon
May 15	Training

Happy New Year! After finishing 2015 on a high note with our Christmas party in the great, new facilities at Duncan Mackinnon, 2016 promises to be an exciting year too. Especially with the World Masters Athletics championships being held over in Perth later this year - a rare opportunity with this event back in Australia for the first time since 2001.

In the meantime, the State and National championships are getting close and we also have lots of Throwers Group competitions on the calendar over the coming months.

We wish you all the best for a great year ahead and... may your throws land inside the sector.

## AMA Postal Relay Championships

The AMA Postal Relays competition runs until the end of March.

Teams can be made up with little or no pre-planning on any of our scheduled throwing days or at the championships

Let's see if our member can rise to the challenge and break some more relay records again this year.

## Annual General Meeting

The Throwers Group AGM will be held on **Sunday 14<sup>th</sup> February**, after we finish up throwing on that day. Please make an effort to attend the meeting which will include the presentation of our Throwers Group annual report.

## Working Bee

This season our working bee will be on **Sunday 6<sup>th</sup> March**, starting at 10:00am. Please come along to help with the various jobs that need to be done in preparation for the upcoming championships.

## Victorian Masters Championships Doncaster

The Victorian Masters Track & Field championships are on the weekend of **19<sup>th</sup> & 20<sup>th</sup> March**, 2016. Once again, this event is being organised Athletics Victoria (AV) and competitors may be either AV or VMA members.

Entry fees are the same as last year at \$15 per event and entries close on Sunday 6<sup>th</sup> March - late entries not accepted. The online registration pages are available via the Athletics Victoria website and please ask for help if you any have difficulties.

[www.athsvic.org.au](http://www.athsvic.org.au)

## The AMA Nationals



The 2016 National Championships will be held in Adelaide from Saturday 16<sup>th</sup> to Tuesday 19<sup>th</sup> April. Please note that, even though this is not over the Easter holiday period, it is a four-day program and includes the pentathlon events as per a normal Easter championships program.

Entries are open now and lots of details are available at:

[www.samastersathletics.org.au](http://www.samastersathletics.org.au)

## Welcome New Members

We are always pleased to welcome new members to the Throwers Group:

Wyvern Burke (M85)

Sandra Howorth (W50)

Narelle Messerle (W55)

We're looking forward to getting to know Wyvern & Narelle and it's great to see Sandy back after a few years away from throwing!

## VMA Multi-Event Championships

The VMA Throws Pentathlon Championships are being held on **Sunday 3<sup>rd</sup> April**, 2016 at Duncan Mackinnon. The first group (women) will start at 10am. Online entry is available via the VMA website and a paper entry form is available in the Footprints Newsletter or from Astrid. Entries cost \$10 and close on 18<sup>th</sup> March. Late entries cost \$20 and will be accepted up until 27<sup>th</sup> March.

A separate entry form is available for the VMA Track & Field Pentathlon to be held at Duncan Mackinnon on **Sunday 6<sup>th</sup> March** on the same day as our working bee.

NB: No entries on the day for either the Throws or T&F Pentathlon.

## Happy Birthday

February	Kylie Benbow Sandra Howorth Bev Hugo Paul Olsson Wim Van Weenen Val Worrell
March	Shane Benbow Roger Glass Jane Kinsey (W75) John Neale (M65) Jenny Scholtz
April	Russell Devine George Knight (M80)

## Christmas BBQ & Hamper Raffle

The new rooms at Duncan Mackinnon were a great location for our 2015 Christmas BBQ. We enjoyed the new kitchen facilities, the room has lovely outlook over the trees and the air conditioning was great too after a busy day's throwing (some pictures on right).

We had another very successful hamper raffle. There were lots of generous prizes donated and with 40 people attending the BBQ, we raised \$431 for the Throwers Group.

Thanks to everyone who helped on the day either setting up or with providing the great food for our buffet lunch, yum!!!

## Ilmars Mancs Trophy

The Ilmars Mancs Trophy is awarded each year at the Christmas BBQ and the trophy for 2016 was won by **Paul Olsson**.

Although on the day the trophy was presented to Catherine Sangster, an error was later detected and it was Paul's throw of 30.31m in the discus on the day that earned him the trophy. Linda Buttigieg ended up in second place and Catherine was not far behind coming third.

And it just goes to show... an embarrassing moment of awarding a prize to the incorrect recipients can happen even at the most high profile of occasions – it happened only a couple of weeks after our xmas party during the final moments of the Miss Universe pageant. Google it if you haven't seen it already – very funny for us but not so funny for the organisers ☺

Congratulations Paul! We will have to try to get a photo of you with the trophy.... maybe just win it again next year?!?



## Vale Milton Ballantyne

5 Nov 1928 – 15 Dec 2015



Milton was a much loved family man who spent his early life in the Moonee Ponds area playing football and being involved in athletics. Milton was part of the training squad for the 1956 Melbourne Olympics in the shot put. Professionally he was an instrumental engineer.

In 1963, Milton had moved to work in Warrnambool with his wife Wilma and their children Karen and Rod. He involved himself in community activities like musical theatre where he played a lead role in Oklahoma singing "Oh What a Beautiful Morning" in a Warrnambool Theatre Company production. Milton also learned to be a sign writer during this time. Quite a few of our storage boxes in the equipment shed are an endorsement of this skill.

By 1972, Milton and family had moved to the Northern Territory where he joined the Country Liberal Party and was elected as member for Nhulunbuy (a remote area of Arnhem Land on the Gove peninsula) serving from 1974-1980.

After his time serving the community in NT he returned to Melbourne to live at Yellingbow, east of the city. He joined the Throwers in 1996 and soon became a regular contributor to the group. He was always present at working bees and worked at home to make a computer box and to do sign writing. He was the driver for obtaining our first computer for results processing through an organisation in Canberra.

Milton was always cheerful, a keen competitor and a willing and able contributor to the Throwers venue. He will be missed by the many throwers he competed with and those of the Throwers Group.

