

OUT OF SECTOR

NEWSLETTER

AUGUST 2018

THROWERS



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COMING UP

Aug 26	VMA Winter Throws Pentathlon Championships – 12 noon start Training plus heavy weights (56lb & 100lb)
Sept 9	Throws Pentathlon
Sept 23	Heavy Weight Pentathlon – 12 noon start Duncan Mackinnon Grand Opening – 2pm to 4:30pm
Sept 29 – Oct 1	15 th AMA Winter Throws Championships - Wollongong
Oct 14	Throws Pentathlon
Oct 29	Training - Discorama
Nov 11	Throws Pentathlon
Nov 25	Training
Dec 9	Throws Pentathlon – Ilmars Mancs Trophy & Xmas BBQ (12 noon)

Yay!! We are back at Duncan Mackinnon... and it was great to see our members back in action at the recent Winter Throws Championships.

There are plenty of other events coming up soon.

We're pleased to confirm that the Duncan Mackinnon Grand Opening event will be held on Sunday 23rd September – details below.

This newsletter contains all the dates and details you'll need to know for the remaining Throwers Group meets for 2018.

VMA Winter Throws Championships

The 2018 VMA Winter Throws Pentathlon Champs were held one week later than originally scheduled on Sunday 26th August, 2018. The weather was so bleak the previous weekend that the decision was made to postpone the event. It was a very wise decision because as it turned out there was plenty of sunshine for the re-scheduled competition day. There were 16 competitors on the day and many great performances including some records!

AMA Winter Throws Championships

This year the AMA Winter Throwing Championships will be held in Wollongong over the weekend of September 29th to October 1st, 2018.

Hopefully a good group of our members will make the journey for a fun weekend of throwing – including a few events to 'mix things up a bit'.

Entry forms can be found on the AMA website and they also have a page accessed via the NSW website:

www.australianmastersathletics.org.au

www.nswmastersathletics.org.au

Duncan Mackinnon Grand Opening

On Sunday 23rd September, the Glenhuntly Athletics Club is hosting a grand opening event at Duncan Mackinnon which will include a short program of events open to the public. The proposed events are 150m, 1000m, Long Jump and Shot Put. We will be able to enter on the day for a small fee. There will be musical entertainment, food and a raffle.

On the day of the Duncan Mackinnon Grand Opening, our scheduled Heavy Weight Pentathlon will proceed as planned starting earlier than normal at 12 noon.

Throwers members can choose whether or not to stay on and compete in the Shot Put (or the other events) that will be run as part of the Grand Opening between 2pm & 4:30pm.

Either way, it promises to be a fun and nostalgic afternoon, especially for some of us who have been competing at Duncan Mackinnon since the original track was laid in the mid-1970s.

Some sunny, spring weather has already been ordered ☺

Welcome New Members

We are pleased to welcome new members to the Throwers Group:

Angela Edwards (W50)

World Masters Athletics

2018 WorldMasters



The Worlds are being held in Malaga, Spain from September 4th – 16th, 2018. Good luck to our throwers! Hope your preparation is going well and that you have a really great time overseas.

For results and details go to:

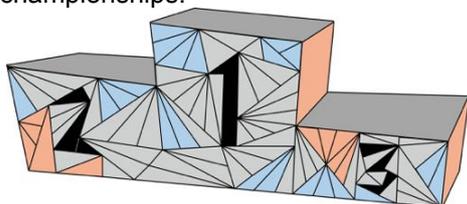
www.malaga2018.com

Happy Birthday

August	Serge Fomin Dorn Jenkins Astrid Rose (W75) Simon van Baalen (M45) Debbie Voogd
September	Chris Brown Bev Learmont (W70) Colin Newman (M35) Peter Wrzuszcak
October	Linda Buttigieg Peter Coumaros Graeme Rose (M75) Peter Young

2019 AMA Nationals in Melbourne

Preparations are well underway for the Nationals to be held in Melbourne next year. Just in case you haven't caught up on the news, it will be over the days immediately following Anzac Day from Friday 26th to Monday 29th April, 2019. Hopefully all of the throws events will be held at Lakeside as per the 2012 championships.



Vale Joe Ball

20/11/1934 – 12/5/2018

As most of you already know, we were saddened by the news earlier this year of the passing of our Throwers Group Patron, Joe Ball. Joe was a true treasure of the Throwers Group family and the wider Masters Athletics community. He was an ever present, encouraging influence at our meets, serving as our Patron for many years and even wrote our Throwers Group song!?!

We recall with fondness many fun afternoons when Joe was able to be with us and will certainly miss his contributions that never failed to give us plenty to laugh about. Thanks Joe for your dedication to the Throwers!

In case you missed the June Footprints, the following tribute to Joe was written by Mike Hall has been reproduced below...

On behalf of his many friends in Masters Athletics, I would like to take this opportunity to extend our deepest thoughts on the recent passing of well-known Glen Eira thrower Joe Ball. Particularly, of course to daughters Sue, Emma and grand daughters Sammie, Sophie and Jessica, who I know will miss him so much.

Many of us involved with athletics in Victoria have so many great memories of Joe dating back over almost 35 years. We will certainly miss that infectious smile and jovial sense of humour that belonged to one of nature's true gentlemen. Penny and I (or as Joe affectionately referred to her as "Tuppence"!) first met him all those years ago, through athletics, of course, and always enjoyed his company so much. Glen Eira throwers in particular are fully aware of Joe's successes over many years before he so reluctantly had to cease his competitive throwing in 2008. But just to highlight some of his many achievements over the last three decades which included no fewer than 65 medals at State and National Championships in his favourite events Discus, Shot Put and Javelin.

Joe was a Victorian Champion and a National Champion on many occasions and of course not to be forgotten his well-known reputation and constant willingness to encourage other throwers throughout his long career in athletics. So, on that brief note, we all in the athletics fraternity say may you now rest in peace Joe my friend, secure in the knowledge of all of the good times we spent together over many years and of course the endless memories that we will always cherish. **Mike Hall**

Below some photos of Joe in action and at various Throwers events...

