

AROUND THE GROUNDS

VENUE RESULTS FOR JUNE 2019



Coburg held an Age Graded run on 13 June to honour Bernie Leddin who passed away recently. That's Bernie (centre) with fellow master Peter Field (left) at the Great Train Race.

**ABERFELDIE, CASEY, COBURG,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK**

ABERFELDIE 5 JUNE 2019**90 m Track Run**

Don McLaren	49	16.47
Levi Draper	Inv	18.43
David Jones	68	21.78

1500 m Track Run

Justin McLaren	23	05:26.0
Gavin White	45	06:04.0
John Papworth	50	06:46.0
Levi Draper	Inv	06:48.0
David Jones	68	07:19.0
Alfred Lendvai	65	07:20.0
Don McLaren	49	07:58.0
Margaret Armstrong	57	08:05.0
Bill Ristevski	39	08:23.0
Andrea Draper	42	08:25.0
Michael Orelli	75	08:26.0

400 m Track Run

James Brennan	41	01:07.0
Justin McLaren	23	01:14.5
Stephen Russell	60	01:16.3
John Papworth	50	01:17.2
Levi Draper	Inv	01:38.0
David Jones	68	01:49.0

2k/4k Track Run

James Brennan	41	11:50.0	2k
Margaret Armstrong	57	11:59.0	2k
Michael Orelli	75	13:25.0	2k
Anthony Bradford	79	14:09.0	2k
David Jones	68	20:22.0	2k
Doug Stokes	67	22:43.0	2k
Trevor Hawksworth	72	23:17.0	4k
Ruby Beveridge	Inv	23:23.0	4k
John Dean	74	24:52.0	4k
Ashley McDowall	48	24:52.0	4k
Bill Ristevski	39	27:02.0	4k
Gavin White	45	09:16.0	2k
John Papworth	50	09:54.0	2k

ABERFELDIE 12 JUNE 2019**100 m Track Run**

Levi Draper	Inv	13.19
Graham Eadie	68	15.12
Margaret Armstrong	57	16.43

1 mile Track Run

Graham Eadie	68	08:46.0
Alfred Lendvai	65	08:22.0
Levi Draper	Inv	08:05.0
Gavin White	45	06:35.0
John Papworth	50	06:24.0
Shane Draper	45	05:50.0
Michael Orelli	75	10:49.0
Andrea Draper	42	10:49.0
Anthony Bradford	79	10:32.0

300 m Track Run

Levi Draper	Inv	57.66
John Papworth	50	58.03

3k/5k Track Run

John Dean	74	11:37.0	3k
John Papworth	50	12:50.0	3k
Michael Ennis	66	16:52.0	3k
Andrea Draper	42	14:15.0	2k
Margaret Armstrong	57	18:37.0	3k
Graham Eadie	68	17:05.0	3k
Bill Ristevski	39	32:26.0	5k

ABERFELDIE 19 JUNE 2019**110 m Track Run**

Levi Draper	Inv	19.59
John Papworth	50	20
Margaret Armstrong	57	22.06

1500 m Track Run

John Papworth	50	06:15.0
Michael Orelli	75	06:21.0
Levi Draper	Inv	07:18.0
Stephen Barker	76	08:37.0

400 m Track Run Nominate Time

		Act Time	Nom Time	Diff
Stephen Barker	76	02:05.0	02:04.0	1 1ST
Margaret Armstrong	57	01:38.0	01:35.0	3 2ND
Levi Draper	Inv	01:40.0	01:33.0	7 3RD
John Papworth	50	01:32.5	01:20.0	12.5 4TH

2k/4k Track Run

Stephen Barker	76	12:22.0	2K
Anthony Bradford	79	13:44.0	2k
Doug Stokes	67	25:55.0	1K
John Papworth	50	17:34.0	4k
Ruby Beveridge	Inv	11:07.0	2K
Cheryl Beveridge	54	13:48.0	2K
Shane Draper	45	15:51.0	4K



"She stood me up. I hosed off my Crocs for nothing."

ABERFELDIE 26 JUNE 2019**100 m Track Run**

Marion Cummings	41	13.56
Justin McLaren	23	15.28
Graham Eadie	68	17.37
Don McLaren	49	17.63
Ruby Beveridge	Inv	19.47
Bella White	Inv	26.47
Alex White	Inv	26.91

800 m Track Run

Heath Beveridge	Inv	02:43.0
Justin McLaren	23	02:45.0
Marion Cummings	41	02:52.0
Gavin White	45	02:52.0
Levi Draper	Inv	03:24.0
Alfred Lendvai	65	03:29.0
Margaret Armstrong	57	03:53.0
Don McLaren	49	04:01.0
Stephen Barker	76	04:21.0
Peter Black	64	04:21.0

200 m Track Run

Justin McLaren	23	34.28	
Don McLaren	49	44.03	
Gavin White	45	31	
Stephen Barker	76	01:31.0	Walk

3k/5k Track Run

Stephen Barker	76	29:07.0	5k
John Dean	74	13:00.0	2k
Peter Black	64	29:07.0	5k
Margaret Armstrong	57	18:46.0	3k
Trevor Hawsworth	72	28:57.0	5k
Marion Cummings	41	16:01.0	3k
Graham Eadie	68	28:43.0	5k
Ruby Beveridge	Inv	17:24.0	3k
Doug Stokes	67	28:43.0	5k
Danny Hawsworth	40	18:44.0	5k

CASEY 3 JUNE 2019**120M**

Mike Hall	80	22.35
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3200M Run/Walk

Marnie Grace	44	14.09	2k walk
Frances Halton	57	21.05	
Albin Hess	59	21.48	walk

CASEY 10 JUNE 2019**110M**

Mike Hall	80	18.99
Arlene D'Monte	60	24.05
Paul Olsson	62	26.79

10 Lap Spiral Run/Walk

Arlene D'Monte	60	17.01	5 Lap W
Gary Meyer	64	22.06	
Marnie Grace	44	28.58	walk
Kylie Irshard	47	29.02	walk
Lindsay Beaton	69	37.51	walk

CASEY 17 JUNE 2019**800M Run/Walk**

Gary Meyer	64	3.35	
Hsien Chiam	48	4.17	
Rob Clutterbuck	66	4.28	
Albin Hess	59	4.44	walk
Arlene D'Monte	60	6.01	walk
Lindsay Beaton	69	7.11	walk

80M

Hsien Chiam	47	14.85
Arlene D'Monte	60	16.66

4000m Run/Walk

Rob Clutterbuck	66	10.58	2K
Arlene D'Monte	60	16.51	2k walk
Gary Meyer	64	21.06	
Peter Thorne	71	22.37	
Frances Halton	57	26.21	
Albin Hess	59	27.32	walk
Lindsay Beaton	69	36.05	walk

CASEY 24 JUNE 2019**1000M Run/Walk**

Tony DiLorenzo	55	3.34	
Rob Italia	53	3.36	
Rob Clutterbuck	66	5.24	
Peter Thorne	71	5.52	
Hsien Chiam	47	5.54	
Albin Hess	59	6.14	walk
Arlene D'Monte	60	7.45	walk

80M

Rob Italia	53	14.37
Hsien Chiam	47	14.63
Arlene D'Monte	60	17.04

3000M Run/Walk

Tony DiLorenzo	55	13.59	
Rob Clutterbuck	66	16.16	
Peter Thorne	71	16.41	
Arlene D'Monte	60	18.23	2.2 walk
Albin Hess	59	19.16	walk
Marnie Grace	44	20.23	walk



COBURG 6 JUNE 2019**100m**

Isabelle RAINES	16	14.43
Gary O'DWYER	60	17.21
Michelle SPORTON	53	23.83
Ken CARTER	66	42.34

1600m

Carl KENNEDY	53	5.45
Colin HICKIE	35	6.35
Gary O'DWYER	60	7.25
Fraser MURRAY	47	7.41
Maria BARBETTI	54	7.56
Fiona ELY	49	7.59
Yolanda SHAW	66	9.57
Ken CARTER	66	15.52

500m

Paul O'NEILL	53	1.25
Fraser MURRAY	47	1.29
Isabelle RAINES	16	1.34
Carl KENNEDY	53	1.40
Gary O'DWYER	60	1.54
Fiona ELY	49	2.12
Len HALLETT	69	2.20
Michael MEANEY	63	2.39
Michelle SPORTON	53	4.13
Ken CARTER	66	5.18

3km

Fiona ELY	49	14.41
Ken CARTER	66	33.12

5km

Carl KENNEDY	53	20.30
Colin HICKIE	35	23.01
Michael MEANEY	63	24.42
Maria BARBETTI	54	27.10
Len HALLETT	69	28.26

COBURG 13 JUNE 2019**110m**

Alistair GOVIER-COLE	30	15.34
Isabelle RAINES	16	16.19
Frank BRADLEY	63	22.80
Michelle SPORTON	53	25.87
Ken CARTER	66	44.37

Bernie Leddin Age-graded 1000m

			Age %
Paul O'NEILL	53	3.22.1	76.80
Carl KENNEDY	53	3.26.1	75.31
Fraser MURRAY	47	3.27.7	70.93
Ian WINNEN	57	3.35.6	74.43
Matthew HALLETT	30	3.43.5	58.39
Alistair GOVIER-COLE	30	4.01.7	53.99
Michael MEANEY	63	4.02.8	69.37
Jim HOPKINS	69	4.17.6	69.04
Fiona ELY	49	4.29.4	61.40
Maria BARBETTI	54	4.50.1	60.64
Len HALLETT	69	4.59.7	59.33
Iresha O'DONOVAN	34	5.06.7	47.77
Carlo IOVENITTI	60	5.26.6	50.37
John POCOCK	76	5.51.9	56.01
Yolanda SHAW	66	6.14.4	57.24
Bruce GIBBS	70	7.01.6	42.60
Ken CARTER	66	9.37.0	59.95

COBURG 13 JUNE 2019 cont.**400m**

Isabelle RAINES	16	1.07.6
Alistair GOVIER-COLE	30	1.15.5
Jim HOPKINS	69	1.27.7
Frank BRADLEY	63	1.42.8
Michelle SPORTON	53	2.57.8
Ken CARTER	66	4.49.0

2km

Michael MEANEY	63	9.16
Fiona ELY	49	9.28
Michael HORN	66	10.13
Iresha O'DONOVAN	34	11.02
Wasył DROSDOWSKY	68	11.46
Bruce GIBBS	70	15.27
Ken CARTER	66	20.51

4km

Matthew HALLETT	30	17.40
Ian WINNEN	57	17.44
Jim HOPKINS	69	19.09
Graeme PAUL	65	19.52
Maria BARBETTI	54	21.29
John POCOCK	76	22.10
Len HALLETT	69	22.24
Carlo IOVENITTI	60	29.05

6km

Fraser MURRAY	47	29.37
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COBURG 20 JUNE 2019**100m**

Alistair GOVIER-COLE	30	13.65
Isabelle RAINES	16	14.60
Bruce GIBBS	70	20.51
Len HALLETT	69	22.53
Michelle SPORTON	53	23.45
Ken CARTER	66	41.12

700m

Paul O'NEILL	53	2.21
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1000m

Fiona ELY	49	4.35
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1500m

Carl KENNEDY	53	5.30
Fraser MURRAY	47	5.33
Colin HICKIE	35	6.10
Michael MEANEY	63	7.00
Alistair GOVIER-COLE	30	7.12
Maria BARBETTI	54	7.29
Iresha O'DONOVAN	34	8.00
Ken CARTER	66	14.23

300m

Alistair GOVIER-COLE	30	46.06
Isabelle RAINES	16	47.53
Paul O'NEILL	53	48.35
Michael MEANEY	63	1.02.9
Bruce GIBBS	70	1.09.6
Iresha O'DONOVAN	34	1.15.8
Michelle SPORTON	53	1.59.7
Ken CARTER	66	2.45.6

COBURG 20 JUNE 2019 cont.**3km**

Gary BLAKE	63	14.21
Michael MEANEY	63	14.29
Fiona ELY	49	14.31
Maria BARBETTI	54	16.29
Ken CARTER	66	31.17

5km

Colin HICKIE	35	23.59
Fraser MURRAY	47	24.22
Len HALLETT	69	31.51

110m

Isabelle RAINES	16	15.63
Keith HOWDEN	73	16.68
Gary O'DWYER	60	17.03
Bruce GIBBS	70	19.59
Matthew HALLAM	8	20.99
Michelle SPORTON	53	26.43
Ken CARTER	66	47.41

COBURG 27 JUNE 2019**1200m**

Carl KENNEDY	53	4.10
Fraser MURRAY	47	4.14
Michael MEANEY	64	5.29
Fiona ELY	49	5.34
Maria BARBETTI	54	5.51
Gary O'DWYER	60	5.59
Matthew HALLAM	8	6.12
Sally COLLINS	45	7.09
Donna-Marie ELMS (W)	58	7.16
Ken CARTER	66	12.09

200m**Heat: 1**

Bruce GIBBS	70	40.57
Matthew HALLAM	8	42.21
Maria BARBETTI	54	43.17
Michelle SPORTON	53	57.30
Ken CARTER	66	1.54.9

Heat: 2

Isabelle RAINES	16	29.41
Paul O'NEILL	53	30.15
Keith HOWDEN	73	31.21
Gary O'DWYER	60	33.31
Michael MEANEY	64	38.65

2km

Fiona ELY	49	9.36
Ken CARTER	66	22.29

4km

Michael MEANEY	64	19.40
Tracy COLBERT	50	20.25
Maria BARBETTI	54	21.33
Donna-Marie ELMS (W)	58	28.33

6km

Fraser MURRAY	47	30.08
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CROYDON 4 JUNE 2019**800 METRE WALK N.O.T.**

		Clock	Nom.	
1	Grant MURFETT **	52	5.00	5.07
2	Paul MORITZ	59	5.08	5.15
3	Al WILLEY	80	6.52	7.50
4	Grant WATSON	71	7.37	
5	Colin WILLIAMS	70	7.38	8.00
6	Kevin McLAUHLAN	75	7.41	7.57
7	Andrew FRASER	77	8.18	7.40
8	Allan WOOD	81	8.19	7.44
9	Ron SMITH	70	8.41	8.30
10	Ros DYER	54	8.44	
11	Robert STAGG	52	8.45	
12	Barrie WICKS	79	9.31	8.10
13	Peter WILLMOTT	53	9.34	8.00
14	Erika BEDYN	56	9.35	8.00
15	Brayden BEDYN	16	9.36	8.00

** Winner - Grant Murfett

17.4 SECONDS N.O.S.P.**Heat 1:**

1	Ron SMITH	70	11.7
2	Colin WILLIAMS	70	13.7
3	Erika BEDYN	56	14.2
4	Ros DYER	54	14.8
5	Kevin McLAUHLAN	75	15.4
6	Andrew FRASER	77	16.9
7	Allan WOOD	81	17.5

Heat 2:

1	Peter WILLMOTT	53	15.5
2	Grant MURFETT	52	16.0
3	Brayden BEDYN	16	16.8
4	Paul DURRANT **	57	17.3
5	Melanie BISSETT	43	17.8
6	Tania NEALE	41	18.3
7	Jess DUX	34	18.7
8	Robert STAGG	52	19.2

** Winner - Paul Durrant

800 METRE RUN/WALK X 2

1	Ros DYER	54	
	Jess DUX	34	8.42
2	Melanie BISSETT	43	
	Erika BEDYN	56	9.21
3	Grant WATSON	71	
	Grant MURFETT	52	10.12

DISTANCE

Paul MORITZ (5 laps Walk)	59	14.26
Kevin McLAUHLAN(4lpsWalk)	75	16.30
Erika BEDYN (5 km Run)	56	28.16
Mark CHALLENGE(13 Laps Run)	61	29.25
Al WILLEY (8 laps Walk)	80	29.30

150 METRE SPRINT**Heat 1:**

1	Melanie BISSETT	43	28.1
2	Andrew FRASER	77	29.0
3	Allan WOOD	81	30.6

Heat 2:

1	Jess DUX	34	20.4
2	Grant MURFETT	52	20.8
3	Paul DURRANT	57	21.4
4	Brayden BEDYN	16	22.0
5	Peter WILLMOTT	53	22.7
6	Robert STAGG	52	23.4

CROYDON 11 JUNE 2019

1500 METRE WALK

1	Lyn BATCHELOR	70	11.24
2	Ros DYER	54	12.27
3	Peter WILLMOTT	53	13.41
4	Grant WATSON	71	14.16
5	Barrie WICKS	79	16.18
6	Ron SMITH	70	16.19
7	Russ DICKENSON	73	16.20

120 METRE SPRINT

1	Grant MURFETT	52	18.2
2	Peter WILLMOTT	53	24.5
3	Andrew FRASER	77	24.7
4	Ron SMITH	70	29.2

400 METRE RUN SELF HANDICAP

1	Grant MURFETT	52	2.0
2	Ros DYER	54	2.1
3	Andrew FRASER	77	21.5

200 METRE N.O.T.

1	Grant MURFETT **	52	29.4	29.8
2	Andrew FRASER	77	41.7	38.5

** Winner - Grant Murfett

CROYDON 18 JUNE 2019

1000 METRE WALK

1	Carolyn ROSENBROCK	57	6.33
2	Jess DUX	34	7.25
3	Grant MURFETT	52	7.30
4	Lyn BATCHELOR	70	7.32
5	Allan WOOD	82	9.34
6	Tania NEALE	41	10.11
7	Colin WILLIAMS	70	10.12
8	Erika BEDYN	56	11.05
9	Robert STAGG	52	11.06
10	Ron SMITH	70	11.23

70 METRE SPRINT

1	Jess DUX	34	9.3
2	Paul DURRANT	58	9.7
3	Grant MURFETT	52	10.0
4	Allan WOOD	82	14.7
5	Ron SMITH	70	16.5

400 METRE RUN SELF HANDICAP

1	Allan WOOD	82	1.6
2	Grant MURFETT	52	1.6
3	Jess DUX	34	2.0

120 METRE SPRINT

1	Paul DURRANT	58	16.5
2	Grant MURFETT	52	16.9
3	Jess DUX	34	17.2
4	Colin PAGE	65	30.5
5	Allan WOOD	82	31.7
6	Tania NEALE	41	36.9
7	Erika BEDYN	56	40.0

DISTANCE

Erika BEDYN (1000 mtre Run)	56	6.11
Colin PAGE (3 km Run)	65	13.00
Lyn BATCHELOR(4 lps Walk)	70	14.59
Ron BOYNE (4 laps Walk)	85	14.59

CROYDON 25 JUNE 2019

1600 METRE WALK

1	Paul MORITZ	60	10.17
2	Phyllis GOSBELL	81	13.49
3	Barrie WICKS	79	14.44
4	Grant WATSON	71	16.27
5	Colin WILLIAMS	70	16.28
6	Kevin McLAUHLAN	75	16.42
7	Peter WILLMOTT	53	17.02
8	Allan WOOD	82	17.03
9	Russ DICKENSON	73	17.09
10	Ros DYER	55	17.17

120 METRE SPRINT

Heat 1;

1	Allan WOOD	82	32.2
2	Kevin McLAUHLAN	75	34.9
3	Peter WILLMOTT	53	44.2

Heat 2;

1	Jess DUX	34	16.1
2	Grant MURFETT	52	16.4
3	Paul DURRANT	58	16.9

400 METRE RUN SELF H'CAP FINAL

1	Allan WOOD	82	1.38
2	Jess DUX	34	1.45
3	Peter WILLMOTT	53	1.47
4	Grant MURFETT	52	1.48
5	Ros DYER	55	1.53

500 METRE RUN

1	Paul DURRANT	58	1.36
2	Grant MURFETT	52	1.47
3	Peter WILLMOTT	53	1.51

DISTANCE

Grant WATSON (2 laps Walk)	71	10.19
Kevin McLAUHLAN(2LpsWalk)	75	10.20
Peter WILLMOTT(3 laps Run)	53	11.02
Phyllis GOSBELL (2 km Walk)	81	18.11
Erika BEDYN (3 km Run)	56	19.05
Paul MORITZ (3 km Walk)	60	21.21
Ros DYER (5 km Run)	55	



DONCASTER 3 JUNE 2019

Rained Out

DONCASTER 10 JUNE 2019**Doncaster 1000 metres (handicap)**

Graham Walter	(-1.50)	06:19.90	04:29.90 DQ
01:50.0			
David (BOD) Armstrong	(scratch)	06:21.70	06:21.70 DQ
(walk)			
Jeffrey Sim	(-1.30)	06:22.70	04:52.70 DQ
01:30.0			
Matt Scholes	(-3.15)	06:28.30	03:13.30
03:15.0			
David McConnell	(-2.40)	06:48.10	04:08.10
02:40.0			

80 metres

Paul Durrant	(57)	11.50
Greg Champion	(64)	12.83
Jeffrey Sim	(56)	14.66
John Aughey	(81)	15.90
Matt Scholes	(49)	18.23

150 metres age-graded

David McConnell	(-30)	17.90
Paul Durrant	(-21)	18.30
John Aughey	(-50)	19.21
Graham Walter	(-26)	19.71
Carolyn Aughey	(-57)	21.92
Matt Scholes	(-0)	23.29
Jeffrey Sim	(-21)	24.43

250 metres

Paul Durrant	(57)	38.02
David McConnell	(66)	39.43
Graham Walter	(61)	40.13
Matt Scholes	(49)	40.26
Jeffrey Sim	(56)	47.56

1000 metres

Graham Walter	(61)	04:48.0
David (BOD) Armstrong	(63)	06:10.8 (walk)
Shaun Wright	(49)	07:02.7 (800 m walk)

DONCASTER 17 JUNE 2019**Long Jump**

	Age	
Daryl Kilmartin	(52)	4.22
David McConnell	(66)	3.83
Graham Ford	(70)	3.35
Tom Leong	(77)	2.50

100 metres

Jeffrey Sim	(56)	16.88
Matt Scholes	(49)	16.96
John Aughey	(81)	20.52
Carolyn Aughey	(76)	24.68

DONCASTER 17 JUNE 2019 cont.**Javelin Throw**

Matt Scholes	(49)	22.80
Daryl Kilmartin	(52)	21.80
David McConnell	(66)	21.62
Graham Ford	(70)	19.40
Tom Leong	(77)	15.32

200 metres

Daryl Kilmartin	(52)	31.31
David McConnell	(66)	31.82
Matt Scholes	(49)	34.28
Jeffrey Sim	(56)	36.16
Graham Ford	(70)	37.00
Tom Leong	(77)	40.72
Carolyn Aughey	(76)	49.88

400 metres

Matt Scholes	(49)	66.2
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Discus

Graham Ford	(70)	24.00
David McConnell	(66)	23.26
Matt Scholes	(49)	20.37
Daryl Kilmartin	(52)	19.22
Tom Leong	(77)	18.88

1500 metres

Matt Scholes	(49)	05:39.4
Daryl Kilmartin	(52)	06:11.2
David McConnell	(66)	06:29.5
Graham Walter	(60)	06:39.3
Kath Gawthorn	(44)	07:13.4
Tom Leong	(77)	09:32.1

DONCASTER 24 JUNE 2019**300 metres GIFT (handicap)**

Jeffrey Sim	(-75)	41.0
Luke Di Biasi	(scratch)	41.6
Carolyn Aughey	(-135)	42.8
David McConnell	(-60)	42.8
Greg Champion	(-85)	43.5
Matt Scholes	(scratch)	53.0

60 metres

Graham Ford	(70)	9.8
Matt Scholes	(49)	10.5
Carolyn Aughey	(76)	14.2
David McConnell	(66)	14.5

120 metres

David McConnell	(66)	18.60
Graham Ford	(70)	20.00
Matt Scholes	(49)	22.42
Carolyn Aughey	(76)	25.32 (100 m)

600 metres (NOST)

Jeffrey Sim	(-0.30)	02:51.70	02:21.70 DQ
Tom Leong	(scratch)	02:58.70	02:58.70
Matt Scholes	(-1.15)	03:04.90	01:49.90
David McConnell	(-0.55)	03:07.40	02:12.40 DQ

2000 metres

Shaun Wright	(49)	06:58.9 (800 m walk)
Matt Scholes	(49)	08:18.3
David (BOD) Armstrong	(63)	10:06.7 (1600 m walk)

EAST BURWOOD 6 JUNE 2019**60 METRE SPRINT**

1	Paul DURRANT (75 mtrs)	57	10.4
2	Christopher WORSNOP	61	10.7
3	Don McLEAN	85	12.0
4	Lew JENKINS	74	16.2
5	Shirley COPPOCK	83	17.6
6	Jack FREDRICKSON	80	17.9
7	Lloyd NICHOLS	78	21.8

800 METRE RUN N.O.T.

		Clock	Nom.	
1	Adam McCANN	42	2.45	2.40
2	Jess DUX	34	3.24	
3	Chris ROBINSON **	60	3.28	3.30
4	Christopher WORSNOP	61	3.33	3.26
5	Liz CLENNELL	49	3.47	4.10
6	Allan WOOD	81	5.28	4.55
7	Andrew FRASER	77	5.38	5.00

** Winner - Chris Robinson

1200 METRE HANDICAP WALK

		Clock	Actual	
1	Liz CLENNELL	49	12.00	7.35
2	Leo WATSON	78	12.12	8.47
3	Grant WATSON	71	12.22	10.17
4	Christopher WORSNOP	61	12.26	8.11
5	Gerald BURKE	79	12.30	10.55
6	Brian TAIT	77	12.33	9.18
7	Peter BATTRICK	75	12.34	12.34
8	Leonie GILLIES	61	12.54	9.29

100 METRE HANDICAP SPRINT

1	Lloyd NICHOLS	78	13.0
2	Chris ROBINSON	60	13.6
3	Paul DURRANT	57	13.9
4	Jess DUX	34	14.1
5	Stephen DAY	49	14.3
6	Christopher WORSNOP	61	14.7
7	Andrew FRASER	77	15.0
8	Allan WOOD	81	21.0
9	Shirley COPPOCK	83	

150 METRE SPRINT

1	Jess DUX	34	21.2
2	Andrew FRASER	77	30.5
3	Lew JENKINS	74	35.0
4	Leo WATSON	78	35.4
5	Shirley COPPOCK	83	49.0
6	Grant WATSON	71	56.9
7	Lloyd NICHOLS	78	60.8

4 KM HANDICAP RUN**FFF SERIES HEAT 2**

		Clock	Actual	
1	Stephen DAY	49	22.57	17.27
2	Paul EARLE	55	23.12	17.22
3	Geoff WHEELER	63	23.13	18.58
4	Michelle QUAN	49	23.51	19.31
5	Christopher WORSNOP	61	24.10	20.40
6	Leonie GILLIES	61	24.15	24.15
7	Liz CLENNELL	49	25.37	21.57

EAST BURWOOD 6 JUNE 2019 cont.**DISCUS THROW HANDICAP**

		Best	Adjusted	
1	Allan WOOD	81	13.13	34.83
2	Jack FREDRICKSON	80	12.46	34.71
3	Chris ROBINSON	60	13.75	34.20
4	Andrew FRASER	77	16.66	34.01
5	Paul DURRANT	57	27.58	33.83
6	Brian TAIT	77	12.52	33.52
7	Lew JENKINS	74	20.75	33.45
8	Toni MATTERS	51	27.62	31.22

EAST BURWOOD 13 JUNE 2019**60 METRE SPRINT****Heat 1:**

1	Chris ROBINSON	60	7.8
2	Allan WOOD	82	9.1
3	Shirley COPPOCK	83	11.9
4	Jack FREDRICKSON	80	15.7
5	Lloyd NICHOLS	78	19.1

Heat 2:

1	Grant MURFETT	52	8.3
2	Paul DURRANT	57	8.5
3	Glenn BERRY	48	9.7
4	Christopher WORSNOP	61	10.2
5	Melanie BISSETT	43	10.6

100 METRE SPRINT

1	Paul DURRANT	57	13.8
2	Grant MURFETT	52	14.2
3	Christopher WORSNOP	61	17.1
4	Melanie BISSETT	43	18.2
5	Allan WOOD	82	19.4
6	Shirley COPPOCK	83	23.4
7	Leo COFFEY	89	24.1
8	Lloyd NICHOLS	78	39.0

JAVELIN THROW N.O.D.

		Best	Nom.	
	Lew JENKINS	74	19.10	23.00
	Allan WOOD	82	18.75	19.75
	Chris ROBINSON **	60	13.99	13.75
	Andrew FRASER	77	13.03	14.50
	Jack FREDRICKSON	80	9.93	11.50
	Leo COFFEY	89	9.57	9.92

** Winner - Chris Robinson

800 METRE WALK N.O.T.

		Clock	Nom.	
1	Bramish PRASAD	45	3.32	3.40
2	Heather CARR **	69	4.38	4.36
3	Ros LORDING	46	4.56	4.40
4	Paul MORITZ	60	5.04	5.25
5	Christopher WORSNOP	61	5.21	5.50
6	Melanie BISSETT	43	5.30	6.00
7	Lew JENKINS	74	6.10	6.35
8	John SUTTON	76	6.17	6.45
9	Liz CLENNELL	49	6.38	6.30
10	Lindsay BEATON	69	7.00	7.10
11	Gerald BURKE	79	7.10	7.00
12	Allan WOOD	82	7.22	7.15
13	Peter LeGET	85	7.40	7.58
14	Peter BATTRICK	75	8.40	9.00

** Winner - Heather Carr

EAST BURWOOD 20 JUNE 2019**60 METRE SPRINT**

1	Jess DUX	34	8.2
2	Chris ROBINSON	60	10.2
3	Christopher WORSNOP	61	10.4
4	Melanie BISSETT	43	10.9
5	Leo COFFEY	89	13.4
6	Shirley COPPOCK	83	15.4
7	Lloyd NICHOLS	78	23.0

600 MTR RUN IN 3.30 SELF H'CAP

		Clock	Actual
	Melanie BISSETT	DISQ 43	3.16
	Liz CLENNELL	DISQ 49	3.20
	Jess DUX	DISQ 34	3.26
1	Paul DURRANT	58	3.29
2	Janet HOLMES	66	3.31
3	Christopher WORSNOP	61	3.34
4	Allan WOOD	82	3.39
5	Chris ROBINSON	60	3.41
6	Andrew FRASER	77	4.14

800 METRE WALK SELF HANDICAP

		Clock	Actual
	Shirley COPPOCK	DISQ 83	7.42
	Liz CLENNELL	DISQ 49	8.15
1	Phyllis GOSBELL	81	8.20
2	Leonie GILLIES	61	8.21
3	Christopher WORSNOP	61	8.25
4	Melanie BISSETT	43	8.33
5	Gerald BURKE	79	8.35
6	Peter BATTRICK	75	8.36

300 METRES N.O.T.

		Clock	Nom.
1	Paul DURRANT	58	47.4
2	Jess DUX	34	50.8
3	Christopher WORSNOP	61	59.8
4	Melanie BISSETT	43	69.8
5	Andrew FRASER	77	77.1
6	Allan WOOD	82	79.2
7	Shirley COPPOCK	83	106.9
8	Lloyd NICHOLS **	78	2.59.3

** Winner - Lloyd Nichols

110 METRE SPRINT

1	Paul DURRANT	58	15.0
2	Jess DUX	34	16.6
3	Melanie BISSETT	43	20.1
4	Andrew FRASER	77	23.5
5	Leo COFFEY	89	25.2
6	Shirley COPPOCK	83	27.6
7	Lloyd NICHOLS	78	46.7

6 KM LEGENDS HANDICAP RUN

HEAT 2		Clock	Actual
1	Paul EARLE	55	31.08
2	Geoff WHEELER	63	31.24
3	Christopher WORSNOP	61	32.24
4	Sam DEFANIS	71	32.57
5	Michelle QUAN	49	33.19
6	Liz CLENNELL	49	33.31
	Leonie GILLIES (4 km)	61	25.05

DISCUS THROW

		Metres
	David CHUNG	51
	Allan WOOD	82
	Chris ROBINSON	60
	Jack FREDRICKSON	80
	Donna CLARKE	66
	Melanie BISSETT	43
	Leo COFFEY	89

EAST BURWOOD 27 JUNE 2019**800 METRE RUN**

1	Rob ITALIA	53	2.49
2	Christopher WORSNOP	61	3.33

1200 METRE HANDICAP WALK

		Clock	Actual
1	Kylie IRSHAD	47	11.52
2	Phyllis GOSBELL	81	12.29
3	Peter BATTRICK	75	12.30
4	Christopher WORSNOP	61	12.30
5	Gerald BURKE	79	12.38
6	Leo WATSON	78	13.04
7	Donna CLARKE	66	15.08

60 METRE SPRINT**Heat 1:**

1	Leo COFFEY	89	12.8
2	Shirley COPPOCK	83	15.0
3	Jack FREDRICKSON	80	18.4
4	Lloyd NICHOLS	78	21.6

Heat 2:

1	Jess DUX	34	8.0
2	Paul DURRANT	58	8.5
3	Rob ITALIA	53	9.0
4	Chris ROBINSON	60	10.0
5	Christopher WORSNOP	61	10.4

4 X 200 METRE RELAY

1	Christopher WORSNOP	61	
	Melanie BISSETT	43	
	Chris ROBINSON	60	No
	Paul DURRANT	58	
2	Rob ITALIA	53	
	Leo COFFEY	89	Times
	Janet HOLMES	66	
	Jess DUX	34	

100 METRE SPRINT

1	Jess DUX	34	13.0
2	Janet HOLMES	66	18.9
3	Shirley COPPOCK	83	24.6
4	Lloyd NICHOLS	78	39.1

2 OR 6 KM RUN**2 km:**

1	Chris ROBINSON	60	11.09
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6 km:

1	Paul EARLE	55	27.00
2	Geoff WHEELER	63	28.39
3	Sam DEFANIS	71	30.26
4	Christopher WORSNOP	61	31.36

SHOT PUT

		Metres
	Paul DURRANT	58
	Jess DUX	34
	Trevor JUPP	79
	Allan WOOD	82
	Donna CLARKE	66
	Chris ROBINSON	60
	Jack FREDRICKSON	80
	Leo COFFEY	89

FRANKSTON 6 JUNE 2019

80m Est time		Clock	ET	Diff	
1	Chris Sheedy	51	13.31	13.50	-0.19
2	Mike Hall	80	13.95	13.50	0.45
3	Russ Dow	59	11.63	11.00	0.63
4	Lindsay Beaton	69	19.15	17.55	-1.20

200m

No starters

800m Walk

1	Heather Carr	69	4.53
2	John Hallo	77	6.30
3	Lindsay Beaton	69	7.20

800m

1	Russ Dow	59	2.47
2	Liz Lowther	67	3.17
3	Chris Sheedy	51	3.18
4	Gary Meyer	64	3.31
5	Claudio Riga	63	3.59
6	Charlie Mallia	70	4.00
7	Fran Halton	57	5.25
8	Barry Jeffs	70	5.26

1600m Walk

1	Heather Carr	69	10.11
2	John Hallo	77	13.12

2000m

1	Charlie Mallia	70	10.56
2	David Dodson	60	11.08

2800m Walk

1	Lindsay Beaton	69	27.35
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3000m

1	Russ Dow	59	11.45
2	Liz Lowther	67	13.55
3	Claudio Riga	63	14.41
4	Gary Meyer	64	15.45
5	Fran Halton	57	19.30
6	Caitlin O'Connell	44	19.35
7	Chris Sheedy	51	19.38

FRANKSTON 13 JUNE 2019

No events at Frankston

Members competing at John Gosbell Memorial

FRANKSTON 20 JUNE 2019**90m**

1	Rob Taylor	50	12.47
2	Russ Dow	59	13.24
3	Mike Hall	80	15.50

250m

No starters

800m Walk

1	Heather Carr	69	4.33
2	John Sutton	76	6.44

800m

1	Russ Dow	59	2.57
2	Rob Taylor	50	2.58
3	Liz Lowther	67	3.22
4	Charlie Mallia	70	3.35
5	Barry Jeffs	70	3.41
6	Greg Lovejoy	77	3.50
7	David Dodson	60	5.05
8	Fran Halton	57	5.07

FRANKSTON 20 JUNE 2019 CONT.

2400m Walk Estimated time		Clock	ET	Diff	
1	Heather Carr	69	14.34	14.30	0.04
2	John Sutton	76	20.06	20.30	-0.24

2400m Run Estimated time

Clock	ET	Diff			
1	Greg Lovejoy	77	12.26	12.30	-0.04
2	David Dodson	60	13.18	14.00	-0.42
3	Fran Halton	57	14.45	14.00	0.45
4	Charlie Mallia	70	13.29	15.18	-1.49

3200m Walk

No starters

4000m

1	Rob Taylor	50	16.14
2	Russ Dow	59	16.40
3	Liz Lowther	67	19.21
4	Barry Jeffs	70	19.27
5	Caitlin O'Connell	44	23.37

FRANKSTON 27 JUNE 2019**100m**

1	Chris Sheedy	51	15.55
2	Rob Taylor	50	15.60

200m

1	Rob Taylor	50	33.31
2	Chris Sheedy	51	35.00
3	Mike Hall	80	36.31
4	Caitlin O'Connell	44	43.12
5	Charlie Mallia	70	51.22

600m Walk

1	Heather Carr	69	3.13
2	Greg Lovejoy	77	4.41
3	John Hallo	77	4.51
4	Lindsay Beaton	69	5.56
4	Rennae Bullas	41	5.56

600m

1	Russ Dow	59	2.06
2	Rob Taylor	50	2.07
3	Chris Sheedy	51	2.15
4	Charlie Mallia	70	2.25
5	Liz Lowther	67	2.27
6	Bill Carr	70	2.41
7	Barry Jeffs	70	2.50
8	Caitlin O'Connell	44	2.54

20min or 30 min Walk

	Distance	20 or 30 min		
1	Heather Carr	69	8 laps + 100m	20
2	John Hallo	77	5 laps + 300m	20
3	Chris Sheedy	51	4 laps	20
1	Lindsay Beaton	69	8 laps	30
2	Rennae Bullas	41	7 laps + 250m	30
3	Caitlin O'Connell	44	7 laps + 250m	30

20min or 30 min Run

	Laps/Dist	15 or 30 min		
1	Charlie Mallia	70	8 laps + 300m	20
2	Bill Carr	69	8 laps + 200m	20
2	David Dodson	60	8 laps + 200m	20
1	Russ Dow	59	17 laps + 372m	30
2	Rob Taylor	50	17 laps + 230m	30
3	Liz Lowther	67	16 laps + 90m	30
4	Barry Jeffs	70	14 laps + 320m	30
5	Greg Lovejoy	77	13 laps + 250m	30
6	Fran Halton	57	11 laps + 230m	30

GEELONG 5 JUNE 2019

100m

Daimin Mole	16.00
Andy Bruschi	16.00
Sue Howell	17.32

2400m

Dave Elward	09:31
Sue Howell	09:43
Jeff Walker	11:14
Frank Engelsman	12:21
Grant Baensch	12:46
Jill Coyte (W)	15:11
Di Porter	16:02

1000m

Andy Bruschi	03:32
Dave Elward	03:39
Mark Humphrey	03:48
Jeff Walker	04:26
Grant Baensch	04:51
Frank Engelsman	04:51
Daimin Mole	05:19
Di Porter	06:22

GEELONG 12 JUNE 2019

2000m

Dave Elward	07:54
Cameron White	08:06
Andy Bruschi	08:12
Jane White	09:55
Marcus Gniel	08:28
Chris Colley	12:22

4000m

Russell Jenkins	15:12
Phil Shay	15:57
Sue Howell	16:53
Nicholas MacDonald	18:18
Jeff Walker	19:29
Nick Masters	19:52
Frank Engelsman	20:17
Grant Baensch	22:16

1500m

Robert Jones	04:55
Russell Jenkins	05:23
Phil Shay	05:50
Andy Bruschi	05:51
Cameron White	06:03
Jane White	06:15
Marcus Gniel	06:16
Nicholas MacDonald	06:42
Jeff Walker	07:08
Nick Masters	07:22
Frank Engelsman	07:32
Grant Baensch	08:09

GEELONG 19 JUNE 2019

2800m

Dave Card	09:44
Phil Shay	10:53
Dave Elward	11:09
Sue Howell	11:30
Alan Jenkins	12:18
Jeff Walker	13:07
Frank Engelsman	14:16
Grant Baensch	15:16
Chris Colley	16:01

800m

Dave Card	02:34
Phil Shay	02:52
Dave Elward	02:56
Mark Humphrey	03:03
Alan Jenkins	03:12
Jeff Walker	03:22
Frank Engelsman	03:40
Kath Oliver	03:55
Grant Baensch	04:04

GEELONG 26 JUNE 2019

2000m

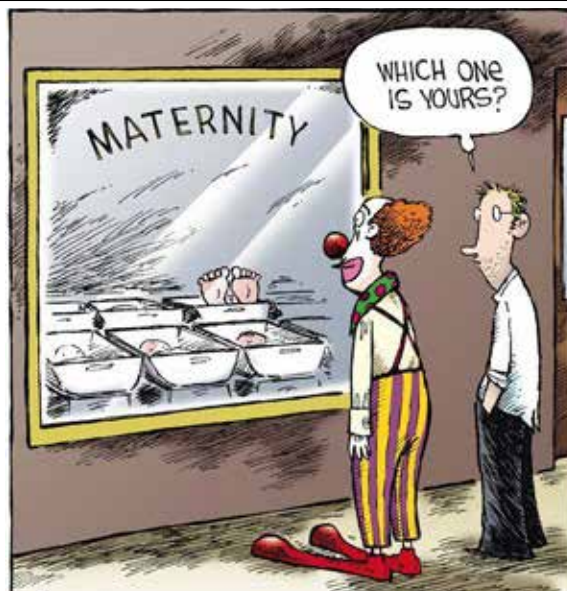
Chris Colley	12:04
Fiona Fitzpatrick	13:14
Di Porter	14:33

6000m

Kath Oliver	24:35
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Jenkins age graded 10,000m

Dan Wright	37:47	74.86%	
Phil Shay	41:27	78.29%	winner
Tony McRae	42:27	69.27%	
Mark Jeffrey	42:39	72.33%	
David Gifford	44:19	64.80%	
Alan Jenkins	46:17	69.54%	
Marcus Gniel	46:45	62.39%	
Jeff Walker	48:26	75.19%	
Jonathan Davis	51:59	52.42%	
Frank Engelsman	52:43	69.08%	
Grant Baensch	56:02	52.89%	



GLEN EIRA 4 JUNE 2019**4 x 100 MTRS**

		Clock	H/cap	H/C
Time				
LEISA HUNT	47			
GLAD WISHART	75			
JUNE TREWEEK	57			
BOB WISHART	77	1.09.74	GO	1.09.74
LINDA McCAFFREY	40			
JIM ROUNTREE	60			
JIM McLURE	73			
VIVIENNE CASH	67	1.10.3	4	1.06.3

800m E/T (Points)

	Clock	Est	Diff	%	
MIKE CLAPPER	67	2.50.4	2.49	1.4	78.66
GREG HUGHES	60	3.11.2	3.13	2.8	66.0
BARRY JEFFS	70	3.20	3.29	9.0	66.3

200 MTRS E/T (Points)

	Clock	Est	Diff	%	
JUNE TREWEEK	57	33.97	33.3	0.67	80.8
VIVIENNE CASH	67	34.73	34.0	0.73	87.2
JIM McLURE	73	34.95	34.2	0.75	77.3
JIM ROUNTREE	60	31.61	33.3	1.69	75.93
GLAD WISHART	75	44.1	46.0	1.9	73.85
BOB WISHART	77	31.40	33.8	2.35	91.9

SANDRA MIDDLETON WALK - 3KM H/CAP**(Sealed)**

	Clock	H/cap	H/C	Time	%
PETER McGRATH	79	27.52	0.42	28.34	59.6
CYNTHIA ELLERY	70	24.32	4.45	29.17	66.3
TERRY O'NEILL	63	19.59	9.24	29.23	68.1
KARYN O'NEILL	64	20.20	9.12	29.32	74.0
MICHAEL HEFFERNAN	84	28.17	1.21	29.38	63.6
SANDRA MIDDLETON	70	21.28	8.23	29.51	75.8
GWEN STEED	76	20.58	9.00	29.58	85.1
CONRAD HAMANN	67	21.00	9.00	30.00	67.6
ROB JAMIESON	69	30.59	GO	30.59	47.0
JUNE TREWEEK	57	24.25	7.39	32.04	57.1
TONY DORAN	67	27.15	8.02	35.17	52.1

FASTEST TIME TERRY O'NEILL 19.59**RAY KEMP 3KM H/CAP (Sealed)**

	Clock	H/cap	H/C	Time	%
CHRIS BROWN	63	14.04	1.00	15.04	66.6
GREG HUGHES	60	15.27	GO	15.27	59.0
EWEN WILSON	66	11.53	3.40	15.33	81.0
ASHLEY PAGE	78	15.33	GO	15.33	73.4
LINDA McCAFFREY	40	15.38	GO	15.38	56.0
BARRY JEFFS	70	14.19	1.20	15.39	70.0
JO COCKWILL	66	16.59	-1.20	15.39	72.5
JANINE McKERRON	58	15.40	GO	15.40	69.7
MARY HARPER	49	19.44	-4.00	15.44	49.0
CHRIS GRAFEN	55	12.18	3.35	15.53	71.0
SARAH LORENTZEN	40	12.57	3.00	15.57	67.55
LEISA HUNT	47	15.57	GO	15.57	59.17
SIMONE O'BRIEN	47	15.04	1.00	16.04	62.64
JANET HOLMES	65	15.22	1.00	16.22	78.85
MERLE WANT	58	17.54	-1.30	16.24	61.0
PHIL URQUHART	74	18.29	-2.00	16.29	57.35
PETE BATTRICK	75	33.42	-17.00	16.42	32.24
SARAH JOHNSON	35	21.21	-4.00	17.21	39.7
MIKE CLAPPER	67	16.59	0.30	17.29	57.19
KAREN MONOHAN	52	19.53	-2.0	17.53	50.54
JANE STURZAKER	66	19.47	-1.3	18.17	62.26
GENEVIEVE O'BRIEN	16	11.52			72.82
NICKY GRAFEN	8	18.02			53.66

GLEN EIRA 11 JUNE 2019**100M (AGE %)**

	Clock	%	
BOB WISHART	77	14.91	91.1
GLAD WISHART	75	19.03	83.4
JUNE TREWEEK	58	16.62	79.9
JIM McLURE	73	16.47	78.3
JIM ROUNTREE	60	15.39	76.0
LINDA McCAFFREY	40	17.00	64.1
LLEWELLYN JENKINS	74	23.92	54.5

800M H/C

	Clock	H/C	H/C Time	
SIMONE O'BRIEN	47	3.16.5	GO	3.16.5
MARK CANT	57	3.17.1	23	2.54.1
GREG HUGHES	60	3.26.9	13	3.13.9
MIKE CLAPPER	67	3.28.8	42	2.46.8
EWEN WILSON	66	3.33.4	41	2.52.4
BARRY JEFFS	70	3.38.6	8	3.30.6

300M H/C

	Clock	H/C	H/C Time	
JANET HOLMES	65	1.02.51	GO	1.02.51
JIM ROUNTREE	60	1.03.57	13	50.57
BOB WISHART	77	1.05.76	13	52.76
JIM McLURE	73	1.06.94	8	58.94

1500M WALK (AGE %)

	Clock	%	
GWEN STEED	76	10.14	79.50
SANDRA MIDDLETON	70	10.20	75.20
CONRAD HAMANN	67	10.18	65.5
CYNTHIA ELLERY	70	12.11	63.8
JUNE TREWEEK	58	10.59	63.7
MICHAEL HEFFERNAN	84	13.59	61.0
LEW JENKINS	74	12.05	61.0
DES MIDDLETON	72	12.54	55.8
PETE BATTRICK	75	16.02	46.6

FASTEST TIME GWEN STEED 10.14**4K**

	Clock	%	
BARRY JEFFS	70	19.36	69.5
LINDA McCAFFREY	40	21.30	55.3
MARK CANT	57	22.48	52.9
GREG HUGHES	60	22.48	54.4
JO COCKWILL	66	23.21	71.4
MIKE CLAPPER	67	23.21	56.5
NICKY GRAFEN	8	24.05	54.6
JANE STURZAKER	66	25.13	66.1
KAREN MONOHAN	52	27.22	49.8

6K

	Clock	%	
CHRIS GRAFEN	55	25.49	70.7
EWEN WILSON	66	26.47	75.1

GLEN EIRA 18 JUNE 2019**60m E/T**

		Clock	Est	Diff	%
JIM McLURE	73	9.97	10.05	0.08	84.45
GLAD WISHART	75	11.32	11.4	0.08	91.0
EMILIE LORENTZEN	10	10.45	10.3	0.15	74.83
EMMA McCAFFREY	9	11.85	11.67	0.18	68.61
JIM ROUNTREE	60	9.34	9.7	0.36	82.76
VIVIENNE CASH	67	9.58	10.0	0.42	98.23
MIKE CLAPPER	67	8.91	9.4	0.49	90.8
BOB WISHART	77	9.11	9.8	0.69	95.72
LINDA McCAFFREY	40	10.16	11.0	0.84	70.67

1500m E/T

		Clock	Est	Diff	%
EWEN WILSON	66	5.40.3	5.46	5.7	79.37
SARAH LORENTZEN	40	6.09.9	5.50	19.9	66.45
GREG HUGHES	60	7.03.1	6.42	21.1	60.48
CHRIS BROWN	63	7.01.9	7.30	28.1	62.29
SIMON LLOYD	64	6.41.9	6.00	41.9	66.0

400M H/C

		Clock	H/C	H/C Time	%
MIKE CLAPPER	67	80.68	10.00	70.68	79.58
JIM ROUNTREE	60	82.08	10.00	72.08	73.36
JIM McLURE	73	84.88	GO	84.88	73.59

2K WALK E/T

		Clock	Est	Diff
MICHAEL HEFFERNAN	84	18.53	18.50	3
CONRAD HAMANN	67	14.02	13.55	7
PETE BATTRICK	75	21.57	21.50	7
ROB JAMIESON	69	19.53	20.00	-7
JIM BERRINGTON	61	12.54	13.05	-11
GWEN STEED	76	13.59	13.47	12
DES MIDDLETON	72	17.43	17.30	13
SANDRA MIDDLETON	70	14.03	14.20	-17
GERRY O'DONNELL	65	17.43	18.00	-17

20 MINUTES E/DIST

		Dist	Est	Diff(m)
JENNIFER WU	48	8L 005	8L	5
CHRIS GRAFEN	55	11L 350	11L300	50
JANINE McKERRON	58	9L 250	9L320	70
JO COCKWILL	66	8L 220	8L300	80
LEISA HUNT	47	9L 100	9L	100
EWEN WILSON	66	11L 342	11L200	142
SARAH LORENTZEN	40	10L 150	10L	150
NICKY GRAFEN	8	8L 350	8L200	150
LINDA McCAFFREY	40	9L 180	9L	180
CONSTANCE KANG	44	9L 240	9L	240
JANET HOLMES	66	9L 230	8L360	270
GREG HUGHES	60	9L 090	9L360	270
CHRIS BROWN	63	9L	8L50	350
ASHLEY PAGE	78	9L 100	8L	500
JULIAN WANG	7	5L 200	4L	600
KATHY VAN EEDE	50	11L 330	7L	1930

GLEN EIRA 25 JUNE 2019**80m E/T**

		Clock	Est	Diff
VIVIENNE CASH	67	13.17	13.15	0.02
JIM McLURE	73	13.33	13.20	0.13
LINDA McCAFFREY	40	13.29	14.00	0.29
SOPHIE McCAFFREY	8	14.48	14.00	0.48
BOB WISHART	77	12.34	12.95	0.61
JIM ROUNTREE	60	12.76	12.03	0.73
GLAD WISHART	75	16.15	15.36	0.79
KAREN FARRAR	46	13.74	16.00	2.26

500m E/T

		Clock	Est	Diff	%
MIKE CLAPPER	67	1.32.5	1.32.5	0.0	81.55
BILL CARR	70	2.07.9	2.10	2.1	61.64
CHRIS BROWN	63	1.56.1	2.00	3.9	62.33
OSCAR LORENTZEN	8	1.40	1.48.2	8.2	73.28

150m E/T

		Clock	Est	Diff
BOB WISHART	77	23.07	22.85	0.22
VIVIENNE CASH	67	24.64	24.20	0.44
JIM McLURE	73	24.82	24.25	0.57
JIM ROUNTREE	60	23.29	23.90	0.61
GLAD WISHART	75	31.42	33.00	1.58
KAREN FARRAR	46	25.19	30.00	4.81

2K WALK

		Clock
KATHLEEN McGRATH	43	13.26
CONRAD HAMANN	67	14.29
MICHAEL HEFFERNAN	84	18.41
PETE BATTRICK	75	21.53
TONY DORAN	67	21.59

4K WALK

		Clock
JIM BERRINGTON	62	26.01
TERRY O'NEILL	63	26.09
KARYN O'NEILL	64	27.29
GWEN STEED	76	28.11
SANDRA MIDDLETON	70	29.31
DES MIDDLETON	72	32.22
GERRY O'DONNELL	65	33.14
JOHN ZELEZNIKOW	69	38.27

3K

		Clock	%
SARAH LORENTZEN	40	12.30	70.0
KATHY Van EEDE	50	12.37	77.7
SIMON LLOYD	64	13.02	72.5
JANINE McKERRON	58	14.58	72.9
JANET HOLMES	66	15.00	82.1
LINDA McCAFFREY	40	15.42	55.7
BILL CARR	70	17.22	57.7
MERLE WANT	58	17.54	61.0
JANE STURZAKER	66	18.53	65.2
SARAH JOHNSON	35	19.22	43.8
MARY HARPER	49	19.38	49.3
KAREN MONOHAN	53	19.38	51.9

5K

		Clock	%
EWEN WILSON	66	20.32	80.6
CHRIS GRAFEN	55	21.28	70.0
CONSTANCE KONG	43	25.39	60.0
CHRIS BROWN	63	25.46	62.6
CHRIS CAMPBELL	70	26.11	65.8
NICKY GRAFEN	8	28.49	57.8
JO COCKWILL	66	29.15	71.9
MIKE CLAPPER	67	29.15	57.2

KNOX 5 JUNE 2019**800m walk NOT**

Liz Clennell	50	5.46
Francis Halton	57	6.28
Glenn Claiden	65	7.07
David Black	63	7.13
Peter Thorne	71	7.34
Graeme Leticq	64	7.34
Paul Twining	69	7.37
Anne McPherson	62	7.41
David Wear	72	7.42
Peter LeGet Winner	85	8.02
Bob Henderson	72	8.09
Andrea Putting	56	8.1
Maggie Hawkes	63	8.11
Glenn Berry	48	8.11
Pauline Paine	41	8.11
Ros Dyer	54	8.13
Nicola Van Reenen	47	8.25

Sprint

Paul Durrant 90m	57	12.35
Pauline Paine 70m	41	12.67
Chloe Grund 70m	inv	13.79
Andrea Putting 70m	56	14.44

1000m

Chloe Grund	inv	5.03
Glenn Berry	48	5.16
Erica Bedyne	56	5.26
Brian Mee	81	5.32
Bob Henderson	72	5.4
Peter Thorne	71	5.47
Liz Clennell	50	5.55
Frances Halton	57	6.1
Ros Dyer	54	6.49

Slap spiral

Shane Grund	37	7.39
Graeme Leticq	64	8.49
David Black	63	9.27
Anne McPherson	62	10.12
Helen Stanley	62	10.58
Nicola Van Reenen	47	11.02
Sam DeFanis	71	11.03
Michelle Quan	49	12.07
Pauline Paine	41	12.15

Lavinia Petrie Series**Third leg – 3000m NOST**

Finishing order:

David Black	63
Brian Mee	81
Ros Dyer	54
Liz Clennell	50
Michelle Quan	49
Bob Henderson	72
Paul Twining	69
Stephen Richards	58
Sam DeFanis	71
Graeme Leticq	64
Anne McPherson	62
Glenn Claiden	65
Peter Thorne	71
Shane Grund	37
Erica Bedyne	56
Frances Halton	57
Nicola Van Reenen	47
Matt Morris	53
Glenn Berry	48

KNOX 12 JUNE 2019**800m walk**

Liz Clennell	50	6.52
Graeme Leticq	64	7.21
Mick Carr	66	7.22
Pauline Paine	41	7.59
Paul Twining	69	8.2
Bob Henderson	72	8.22
Stephen Richards	58	8.23
Glenn Berry	48	8.25
David Wear	72	8.27
Peter LeGet	85	8.28
Frances Halton	57	8.49
Peter Thorne	71	8.51
Ros Dyer	54	9.26

70m

Glenn Berry	48	13.11
Chloe Grund	7	15.04

800m/1 mile NOT

Chloe Grund 1st	7	3.46
Liz Clennell	50	3.52
Murray Hutchison	70	3.55
Stephen Richards 2nd	58	3.57
Erica Bedyne	56	4.18
Michelle Quan	49	4.21
Bob Henderson	72	4.22
Ros Dyer	54	5.19
Frances Halton - 1 mile	57	9.47

Lavinia Petrie Series**Fourth leg – 4000m NOST**

Finishing order:

Murray Hutchison	70
Peter LeGet	85
Liz Clennell	50
Peter Thorne	71
Shane Grund	37
Michelle Quan	49
Ros Dyer	54
Bob Henderson	72
Glenn Berry	48
Graeme Leticq	64
Paul Twining	69
Stephen Richards	58
Frances Halton	57
Mick Carr	66
Erica Bedyne	56

KNOX 19 JUNE 2019**600m**

Paul Durrant	58	2.03
Mick Carr	66	2.5
Arthur Kapoulitsa	71	3.21
Stephen Richards	58	3.23
Bob Henderson	72	3.29

1000m

Matt Morris	53	4.03
Chloe Grund	inv	4.51
Paul Twining	69	5.17
Liz Clennell	50	5.44
Michelle Quan	49	5.47
Erica Bedyne	56	5.48

KNOX 19 JUNE 2019 CONT.**60m**

Paul Durrant	58	9.84
Arthur Kapoulitsa	71	10.23
Chloe Grund	inv	11.75
Andrea Putting	56	12.1
Glenn Bery	49	13.31

Lavinia Petrie 5 race series

Peter Thorne	1st
Michelle Quan	2nd
Shane Grund	3rd

KNOX 26 JUNE 2019**800m walk**

Liz Clennell	50	7.3
Bob Henderson	72	7.36
Mark Harris	46	7.59
Mick Carr	66	8
Ian U'Ren	68	8.01
Paul Twining	69	8.13
Graeme Leticq	64	8.15
Shane Grund	37	8.15

60m

Paul Durrant	80m	57	11.32
Chloe Grund	inv		12.39
Brian Mee		81	13.05

1500m

Bob Henderson	700m	72	3.44
Chloe Grund	inv		7.08
Shane Grund		37	7.1
Mick Carr		66	7.16
Stephen Richards		58	7.53
Murray Hutchison		70	8.04
Brian Mee		81	8.52
Liz Clennell		50	8.56
Michelle quan		50	9.09
Ian U'Ren		68	9.1

400m

Paul Durrant	57	2.01
Stephen Richards	58	2.02

Distance**1k**

Liz Clennell	50	6.11
Brian Mee	81	6.11

2.6k

Michell Quan	50	13.52
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3k

Bob Henderson	72	17.08
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1k – self handicap

Paul Twining	69	21.58
Graeme leticq	64	22.01
David Black	63	23.22
Sam De Fanis Winner	71	25.08
Mick Carr	66	25.29
Sarah Thorne	39	25.53
Nicola Van Reenen	47	27.06
Glenn Claiden	65	28.04
Stephen Richards	58	28.39

MENTONE 5 JUNE 2019**600m Walk E.T.**

			Clock	Diff.
1	Sylvia Machin	77	4.23	-0.02
2	Sharon Carr	54	5.08	0.08
3	Bev Hugo	79	4.57	0.09
4	Julian Boland	56	4.21	0.10
5	Jill Mannering	82	5.25	0.15
6	Helen Castel	56	4.26	0.17
7	Debbie Thomson	61	6.18	0.18
8	Iris Boulton	70	5.00	0.30
9	Michael Boulton	64	5.17	1.06

900m E.T.

			Clock	Diff
1	Avril Britter	60	4.21.9	0.9
2	Sandra Wynne	67	4.11.9	1.9
3	Ashley Birrell	74	3.38.8	3.8
4	David Short	42	3.05.8	5.8
5	Ashley Page	78	4.31.9	7.9
6	Greg Hughes	60	3.52.9	10.9
7	Ralph Bennett	77	4.12.6	12.6
8	Col Waring	73	3.35.0	-15.0
9	Helen Castel	56	4.13.4	-16.6
10	John Kneen	76	5.18.0	-17.0

200m E.T. *Agg Event*

			Clock	Diff.	Pts
1	Bob Wishart	77	31.74	0.04	7
2	Vivienne Cash	67	34.23	-0.27	5
3	David Short	42	26.64	-0.36	4
4	Glad Wishart	75	44.89	0.79	3
5	Ron Arthur	79	37.25	-1.55	2
6	Julian Boland	56	42.66	2.66	1

2.5/ 5 Km E.T. Road

			Clock	Diff
2.5 Km				
1	Greg Hughes	60	13.30	0.00
2	Ashley Birrell	74	11.57	-0.03
3	David Short	42	10.59	0.29

5 Km

1	Stephen Bird	56	24.56	-0.04
2	Avril Britter	60	28.13	0.25
3	Kuni Bowden	53	22.32	-0.28
4	Sandra Wynne	67	27.35	-0.31
5	James O'Brien	66	22.09	-0.33
6	John Kneen	76	34.24	-1.36

3000m Walk E.T.*Agg Event*

			Clock	Diff.	Pts
Frank Maguire Trophy					
1	Glennis McPherson @	72	21.22	0.01	7
2	Marlene Gourlay	67	17.55	-0.05	5
3=	John Mathew	82	34.07	0.07	4
3=	Sylvia Machin	77	22.47	0.07	3
5	Bev Hugo	79	25.10	0.11	2
6	Ralph Bennett	77	18.32	-0.43	1
7	Sharon Carr	54	26.02	1.02	1
8	Helen Castel	56	24.15	1.33	1
9	Michael Boulton	64	27.18	-2.42	1
10	Iris Boulton	70	25.56	-4.04	1

MENTONE 12 JUNE 2019**800m Walk E.T.**

		Clock	Diff.
1	Sharon Carr	54	6.56 0.17
2	Ian Beaumont	82	7.45 0.20
3	Margaret Beaumont	81	7.44 0.35

120m E.T.

		Clock	Diff.
1	David Short	42	16.08 0.08
2	Glad Wishart	75	25.92 0.69
3	Susan Short	45	19.37 -1.23
4	Avril Britter	60	23.30 1.39

800m Self H/cap

		Clock	Actual
1	Col Waring	73	4.50.4 3.18.4
2	Ashley Page	78	4.52.2 3.53.2
3	Avril Britter	60	4.52.8 3.46.8
4	Sandra Wynne	67	4.55.7 3.51.7
5	John Kneen	76	4.59.7 4.59.7
DQ	Stephen Bird	56	3.32.0
DQ	David Short	42	2.28.9
DQ	Susan Short	45	3.01.2

4 Km E.T. *Agg Event*

		Clock	Diff	Pts
1	Avril Britter	60	22.07 -0.04	7
2=	Kuni Bowden	53	17.36 -0.14	5
2=	Ashley Birrell	74	19.06 -0.14	5
4	Sandra Wynne	67	22.05 -0.15	3
5	John Kneen	76	26.44 -0.16	2
6	Stephen Bird	56	19.09 -0.31	1
7	Ashley Page	78	21.55 -0.49	1

2000m Walk E.T.

		Clock	Diff.
1	Sharon Carr	54	17.49 -0.01
2	Geoff Barrow	70	14.29 0.04
3=	Ian Beaumont	82	20.05 0.35
3=	Margaret Beaumont	81	20.03 0.35

MENTONE 19 JUNE 2019**1200m E.T. *Agg Event***

		Clock	Diff	Pts
1	Avril Britter	60	5.59.1 0.1	7
2	Greg Hughes	60	5.30.4 0.4	5
3	Ashley Birrell	74	5.03.0 -3.0	4
4	Sandra Wynne	67	5.58.1 6.1	3
5	Ashley Page	78	6.16.6 -9.4	2
6	Col Waring	73	5.11.7 11.7	1
7	Marlene Gourlay ***	67	5.16.1 -13.9	1
8	Susan Short	45	4.58.0 28.0	1
9	Stephen Bird	56	5.01.1 -43.9	1

400m Walk E.T.

		Clock	Diff.
1=	John Mathew	82	3.30 0.00
1=	Pam Mews	84	3.36 0.00
1=	Bev Hugo	79	3.10 0.00
4	Susan Short	45	2.16 0.01
5=	Kevin Cassidy	58	1.42 -0.03
5=	Michael Boulton	64	3.18 0.03
7	Helen Castel	56	2.53 0.05
8	Margaret Beaumont	81	3.39 0.11
9=	Iris Boulton	70	3.12 0.12
9=	Gwen Steed	76	2.31 -0.12
11	Ian Beaumont	82	3.45 0.13
12	Jill Mannering	82	3.37 -0.23

MENTONE 19 JUNE 2019 CONT.**70m E.T.**

1	Susan Short	45	Finishing
2	Bob Wishart	77	order
3	Vivienne Cash	67	due to
4	Ron Arthur	79	timing
5	Sandra Wynne	67	malfunction
6	Avril Britter	60	
7	Glad Wishart	75	
8	John Mathew	82	

3.336 Km E.T.

		Clock	Diff
1	Avril Britter	60	18.33 0.15
2	Ashley Birrell	74	15.58 -0.22
3=	Sandra Wynne	67	18.39 0.24
3=	John Zeleznikow	69	33.44 0.24
5	Greg Hughes	60	17.48 0.36
6	Stephen Bird	56	16.01 -3.59

1000m/ 3000m Walk E.T.

		Clock	Diff.
1000m			
1	Bev Hugo	79	8.04 -0.26
2	Jill Mannering	82	9.26 -0.34
3	John Mathew	82	11.13 -0.47

3000m

1	Kevin Cassidy	58	14.48 -0.42	***
2	Helen Castel	56	22.52 -1.23	
3	Iris Boulton	70	26.18 -2.42	
4	Michael Boulton	64	27.10 -4.50	

MENTONE 26 JUNE 2019**500m Walk E.T.**

		Clock	Diff.
1	John Mathew	82	4.30 0.00
2=	Joan Clarke	84	4.49 -0.01
2=	Michael Boulton	64	4.14 -0.01
4	Ian Beaumont	83	4.42 -0.02
5	Iris Boulton	70	4.03 0.03
6=	Gwen Steed	76	3.14 -0.04
6=	Bev Hugo	79	3.55 -0.04
8	Sylvia Machin	77	3.36 -0.09
9	Margaret Beaumont	81	4.36 0.12
10	Jill Mannering	82	4.24 -0.31

600m E.T.

		Clock	Diff
1	Ashley Page	78	2.51.8 -0.2
2=	Greg Hughes	60	2.25.9 -1.1
2=	Col Waring	73	2.16.9 -1.1
4=	Avril Britter	60	2.45.1 -2.9
4=	Sandra Wynne	67	2.39.1 -2.9
6	John Kneen	76	3.23.2 3.2

110m E.T.*Agg Event*

		Clock	Diff.	Pts
Mike Johnston Trophy 2				
1	Sandra Wynne	67	21.44 -0.06	7
2	Glad Wishart	75	22.51 -0.09	5
3	Vivienne Cash	67	18.51 0.36	4
4	Ron Arthur	79	19.40 -0.40	3
5	Bob Wishart	77	16.64 0.69	2
6	John Mathew	82	31.90 0.90	1
7	Avril Britter	60	20.84 1.05	1

MENTONE 26 JUNE 2019 CONT.**4 Km Self H/cap**

		Clock	Actual	
1	Avril Britter	60	26.32	21.58
2	Sandra Wynne	67	26.34	21.49
3	Greg Hughes	60	26.35	20.58
4	Ashley Birrell	74	26.55	20.25
5	James O'Brien	66	27.23	17.48
6	John Kneen	76	27.28	27.28
DQ	Ashley Page	78		21.18

2000m/ 4000m Walk E.T.

		Clock	Diff.
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2000m

1	Sylvia Machin	77	15.21	0.06
2	Joan Clarke	83	19.53	-0.07
3	Ian Beaumont	83	19.49	0.08
4	Margaret Beaumont	81	19.47	0.19
5	Bev Hugo	79	16.12	-0.35
6	John Mathew	82	23.07	1.07
7	Jill Mannering	82	18.46	-1.14
8	Debbie Thomson	61	22.59	1.59
9	Michael Boulton	64	17.44	-2.16
10	Iris Boulton	70	17.26	-2.34

4000m

1	John Zeleznikow	68	37.41	-0.49
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SPRINGVALE 5 JUNE 2019 CONT.**5000 metres**

Alan BENNIE	72	23.55
Claudio RIGA	63	24.30
Lindsay OXENHAM	69	26.28

2000 metres walk hcp.

		clock
Peter ELLIS	68	20.53
Pam THOMAS	69	20.58
Jim SMITH	78	21.00
John MANNING	73	21.07
Frank ALLEN	74	21.13
Trevor JUPP	79	21.26
Natalie IRVINE	72	21.37
Anand THILLAISUNDARAM	43	21.37
Eric NEGROS	56	21.38
Juan PEREZ	79	21.52
Ernie JEFFS	74	23.47
Tony DORAN	67	24.04
Celia JOHNSON	71	24.05
John ABEL	69	25.42
Ian TREGEAR	69	25.42

SPRINGVALE 12 JUNE 2019**90 metres**

Mike HALL	80	15.60
Claudio RIGA	63	17.30
Dave TALBOT	64	17.90
Lindsay OXENHAM	69	19.60
Juan PEREZ	79	20.10
Frank ALLEN	74	36.60
Mark ANDREWS	39	13.00
Les WILLIAMS	63	14.30
Lou BUCCIERI	63	21.50
Howard REES	71	22.20
Bill IRVINE	26	23.30
Alan BENNIE	72	25.60
Pam THOMAS	69	37.10

200 metres wlk or 600 metres run

Ernie JEFFS	74	1.22
Frank ALLEN	74	1.27
Pam THOMAS	69	1.32
Mark ANDREWS	39	1.45
Les WILLIAMS	63	1.55
Neil GRAY	71	2.15
Eric NEGROS	56	2.26
Claudio RIGA	63	2.35
Dave TALBOT	64	2.39
Bill IRVINE	70	2.52
Lindsay OXENHAM	69	2.54
Lou BUCCIERI	63	2.56
Howard REES	71	2.57
Alan BENNIE	72	3.01
Paul WINTERTON	64	3.01
Troy JEFFS	44	3.13
Summer		3.15
Juan PEREZ	79	3.40

SPRINGVALE 5 JUNE 2019**120 metres**

		actual	hcp.
Kevin ONLEY	85	18.00	50 mts
Mick COLGAN	68	18.90	15.00
Juan PEREZ	79	19.60	20.00
Dominique RUELOT	67	19.80	35.00
Mike HALL	80	19.90	4.00
Lindsay OXENHAM	69	20.40	20.00

600 metres

Paul WINTERTON	64	3.03
Dominique RUELOT	67	3.37
Kevin ONLEY	85	3.54

1000 metres

Neil GRAY	71	4.14
Dave TALBOT	64	4.17
Claudio RIGA	63	4.36
Lindsay OXENHAM	69	4.54
Juan PEREZ	79	6.21
Tracey HUTCHINSON	49	6.45

60 metres

Mick COLGAN	68	10.90
Claudio RIGA	63	11.30
Dominique RUELOT	67	14.20
Kevin ONLEY	85	16.30
Ernie JEFFS	74	23.20

3000 metres

Troy JEFFS	44	15.00
Bill IRVINE	70	15.31
Howard REES	71	16.12
Rob CLUTTERBUCK	66	16.25
Paul MULLINS	78	17.11
Lou BUCCIERI	63	17.36
Chris McARDLE	63	20.22
Dominique RUELOT	67	20.48
Tracey HUTCHINSON	49	16.58?

SPRINGVALE 12 JUNE 2019 CONT.**2000 metres walk or 3000 metres run**

Mark ANDREWS	39	11.33
Juan PEREZ	79	12.36
Frank ALLEN	74	13.06
Pam THOMAS	69	13.30
Jim SMITH	78	14.34
John MANNING	73	14.34
Alan BENNIE	72	14.44
Claudio RIGA	63	14.49
Howard REES	71	16.07
Troy JEFFS	44	15.56
Dave TALBOT	64	16.09
Bill IRVINE	70	16.53
Lindsay OXENHAM	69	16.58
Ernie JEFFS	74	17.01
Eric NEGROS	56	17.22
Will SELICK	47	17.44
Lou BUCCIERI	63	17.46
Summer		19.20

SPRINGVALE 19 JUNE 2019**120 metres**

Mike HALL	80	20.80
Juan PEREZ	79	24.50
Lindsay OXENHAM	69	25.80
Mick COLGAN	68	31.00
Kevin ONLEY	85	36.50

800 metres

		actual	clock
Neil GRAY	71	3.21	5.04
Paul MULLINS	78	3.27	5.07
Juan PEREZ	79	4.40	5.10
Lou BUCCIERI	63	3.39	5.11
Dave TALBOT	64	3.14	5.14
Lindsay OXENHAM	69	3.45	5.18
Claudio RIGA	63	3.41	5.21
Howard REES	71	3.50	5.22
Paul WINTERTON	64	4.10	5.24
Kevin ONLEY	85	5.25	5.25
Troy JEFFS	44	3.18	5.29

3000 metres

Dave TALBOT	64	15.34
Claudio RIGA	63	15.41
Rob CLUTTERBUCK	66	15.51
Troy JEFFS	44	17.51

5000 metres

Alan BENNIE	72	24.53
Lindsay OXENHAM	69	26.32
Lou BUCCIERI	63	28.29

2000 metres walk

Dennis PHILLIPS	77	20.08
Celia JOHNSON	71	20.25
Frank ALLEN	74	20.43
John ABEL	69	20.45
Pam THOMAS	69	20.55
Ernie JEFFS	73	21.03
Mervin MENZEL	49	21.09
Peter ELLIS	68	21.18
Jim SMITH	78	21.22
Eric NEGROS	56	21.37
Juan PEREZ	79	21.47
Ian TREGGAR	69	21.49
Peter BATTRICK	75	21.53
John MANNING	73	24.30

SPRINGVALE 26 JUNE 2019**200 metres**

		actual	hcp.
Kevin ONLEY	85	54.50	1 sec
Juan PEREZ	79	46.00	14.00
Mike HALL	80	35.50	26.00
Lindsay OXENHAM	69	44.90	19.00
Mick COLGAN	68	42.90	22.00

800 metres

Dave TALBOT	64	3.13
Lou BUCCIERI	63	3.50
Lindsay OXENHAM	69	4.00
Paul WINTERTON	64	4.15
Juan PEREZ	79	5.01
Kevin ONLEY 400mts	85	2.32

1600 metres

Alan BENNIE	72	6.54
Neil GRAY	71	7.20

2000 metres walk

Pam THOMAS	69	14.22
John MANNING	73	15.26
Celia JOHNSON	71	15.55
Anand THILLAISUNDARAM	43	15.55
Peter BATTRICK 1.6k	75	18.03
Tony DORAN	67	19.05
Ernie JEFFS	74	19.19
Frank ALLEN	74	25.29
Juan PEREZ	79	25.43

2000 metres

Rob CLUTTERBUCK	66	10.31
Kevin ONLEY	85	17.19
Will SELICK	47	9.40

4000 metres

Alan BENNIE	72	19.15
Lindsay OXENHAM	69	20.51
Howard REES	71	21.21
Lou BUCCIERI	63	21.58

