

AROUND THE GROUNDS

VENUE RESULTS FOR NOVEMBER 2019



Springvale Venue turns 40

**ABERFELDIE, CASEY, COBURG,
CROYDON, DONCASTER, EAST BURWOOD,
FRANKSTON, GEELONG, GLEN EIRA,
KNOX, MENTONE, SPRINGVALE/ NOBLE PARK**

ABERFELDIE 6 NOVEMBER 2019**100m**

Levi Draper	Inv	17.75
Maggie Armstrong	57	19.06
Ruby Beveridge	Inv	21.15

1200m

Michael Orelli	75	7:56
Michael Ennis	66	6:15
Levi Draper	Inv	5:07
Andrea Draper	42	7:56
Bill Risevki	54	7:35
John Papworth	51	4:56
Matt Goodyer	42	5:52

400m AG

Levi Draper	Inv	1:17.9	
Maggie Armstrong	57	1:34.01	66
John Papworth	51	1:18.03	64
Bill Risevki	54	1:55.75	44
Stephen Barker	76	2:14	49

3.2k Cup Hcp

		Finish	Hcp	Actual
Stephen Barker	1st	76	19:14	38s 18:36
Andrea Draper		42	20:28	
Bill Risevki		54	24.11	3:11 21:00
Trevor Hawksworth		72	24:29	
Cheryl Beveridge		54	22:45	35s 22:10
Ruby Beveridge	Inv		18:52	1:00 17:52
Michael Orelli		75	21.58	40s 21:18
John Papworth		51	21:10	7:50 13:20
Maggie Armstrong		57	20:46	18s 20:28

ABERFELDIE 13 NOVEMBER 2019**110m**

Michael Orelli	75	34.30
Tony Bradford	80	24.90
Levi Draper	Inv	21.80
Gavin White	46	15.50
Ruby Beveridge	Inv	23.90
Heath Beveridge	Inv	18.80

1000m AG

			AG%
Michael Orelli	75	6:04	53
Doug Stokes	67	5:10	56
Stephen Barker	76	5:10	64
Levi Draper	Inv	4:15	
Andrea Draper	42	6:07	42
Cheryl Beveridge	54	6:04	48
Heath Beveridge	Inv	4:39	
Maggie Armstrong	57	5:25	50.5
Bill Risevki	54	6:03	43
Shane Draper	46	3:53	79.77

300m

Michael Orelli	75	1:38.3	
Tony Bradford	80	47.4	(200m)
Levi Draper	Inv	1:16.3	
Gavin White	46	52.6	

ABERFELDIE 13 NOVEMBER 2019 cont.**2/4k**

Michael Orelli	75	2k	13:25
Doug Stokes	67	4k	22:05
Michael Ennis	66	2k	10:50
Stephen Barker	76	4k	22:05
Andrea Draper	42	2k	13:25
Trevor Hawksworth	72	4k	12:36
Ruby Beveridge	Inv	2k	11:32
Cheryl Beveridge	54	2k	11:41
Maggie Armstrong	57	2k	11:53
Alfred Lendvai	65	2k	10:40
John Papworth	51	4k	19:54
Bill Risevki	54	4k	26:15

ABERFELDIE 20 NOVEMBER 2019**100AG**

			AG%
Michael Orelli	75	31.44	42
Stephen Russell	60	15.00	78
Tony Bradford	80	21.34	66.5
Joe Dilworth	68	16.02	76.6
John Papworth	51	14.10	78.4
Levi Draper	Inv	16.05	
Marlo Cummings	41	13.03	79.3
Maggie Armstrong	57	21.00	62.6

1200m

Michael Orelli	75	7:31
Michael Ennis	66	6:15
Stephen Barker	76	
John Papworth	51	4:34
Levi Draper	Inv	5:20
Andrea Draper	42	7:31
Marion Cummings	41	5:31

200m

Tony Bradford	80	44.78
Joe Dilworth	68	34.63
Marion Cummings	41	28.37
Maggie Armstrong	57	39.30

3.1/5.k Park

Doug Stokes	67	40:12	6K
Stephen Barker	76	40:12	6K
John Papworth	51	24:18	4K
Levi Draper	Inv	17.55	3.1K
Andrea Draper	42	22:00	3.1K
Alfred Lendvai	65	18.11	3.1K
Shane Draper	46	14.11	3.1K
Bill Risevki	54	45:38	6K

ABERFELDIE 27 NOVEMBER 2019

100m

Michael Orelli	75	27.50
Tony Bradford	80	20.50
John Sirmovics	62	20.56
Dean Croke		15.09
Adam Gregory	34	13.44
Levi Draper	Inv	16.50
Gavin White	46	13.13
John Papworth	51	14.62

800m

Michael Orelli	75	4:33
John Papworth	51	3:20
Alfred Lendvai	65	3:19
Matt Goodyer	42	3:30
Levi Draper	Inv	2:29
Andrea Draper	42	4:33
Maggie Armstrong	57	3:47
Graham Eadie	62	3:55

300m

Tony Bradford	80	40.12	(200m)
Dean Croke	60	48.53	
Russ Jenkins	58	59.91	
Gavin White	46	50.03	
Stephen Barker	76	3:03	(walk)

3/5k

Michael Orelli	75	3k	16:42
David Jones	68	3k	23:54
Stephen Barker	76	5k	
Michael Ennis	66	3k	16:09
John Dean	74	3k	19:35
Shane Draper	46	3k	10:38
Matt Goodyer	42	3k	19:12
Russ Jenkins	58	3k	10:44
Dean Croke	60	3k	13:43
Adam Gregory	34	5k	20:00
Levi Draper	Inv	3k	13:01
Trevor Hawksworth	72	3k	16:49
Andrea Draper	42	3k	18:48
Graham Eadie	62	3k	17.05

COBURG 7 NOVEMBER 2019

100m

Ethan O'NEILL	19	12.70
Gary O'DWYER	60	14.48
Isabelle RAINES	17	15.08
Bruce GIBBS	70	19.68
Ken CARTER	67	43.84

800m Walk

Tracy COLBERT	50	6.05
Fiona ELY	50	7.17
Ken CARTER	67	8.57

1600m

Fraser MURRAY	47	6.09
Michael MEANEY	64	7.45
Paul O'NEILL	54	10.02
Yolanda SHAW	67	10.03

400m

Paul O'NEILL	54	1.09.0
Gary O'DWYER	60	1.09.8
Isabelle RAINES	17	1.11.8
Ken CARTER	67	3.57.5

2km

Gary O'DWYER	60	10.57
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Melbourne Cup 3200m

Fraser MURRAY	47	14.24
Michael MEANEY	64	16.25
Fiona ELY	50	16.54
Bruce GIBBS	70	26.29
Ken CARTER	67	35.34

COBURG 14 NOVEMBER 2019

90m

Isabelle RAINES	17	12.89
Frank BRADLEY	63	20.68
Ken CARTER	67	44.16

800m

Fraser MURRAY	47	2.38
Colin HICKIE	35	2.49
Gary O'DWYER	60	3.03
Michael MEANEY	64	3.21
Maria BARBETTI	54	3.47
Len HALLETT	70	4.26
Yolanda SHAW	67	4.38
Bruce GIBBS	70	5.21
Tracy COLBERT (W)	50	5.38
Fiona ELY (W)	50	7.16
Ken CARTER	67	8.43
Michelle SPORTON (W)	53	9.17

300m

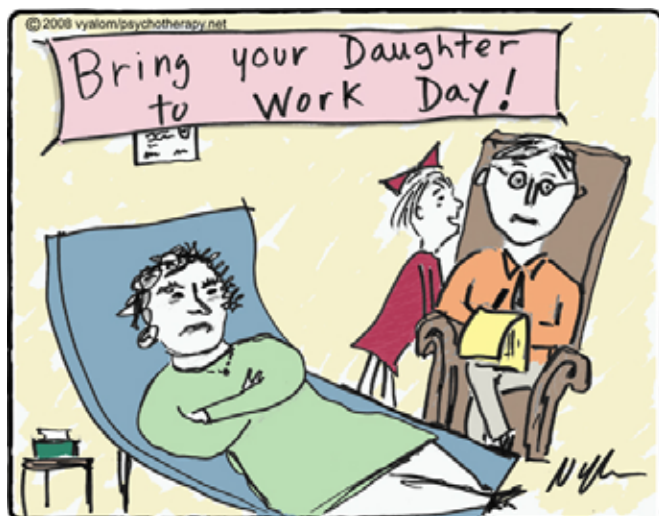
Isabelle RAINES	17	46.73
Laura	20	53.42
Michael MEANEY	64	54.95
Ken CARTER	67	3.14.0

2km Walk

Fiona ELY	50	18.43
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3km

Michael MEANEY	64	14.57
Len HALLETT	70	16.42
Tracy COLBERT (W)	50	22.01
Ken CARTER	67	33.12



'C'mon Daddy, say *something!*

COBURG 14 NOVEMBER 2019 cont.

5km

Colin HICKIE	35	23.17
Gary O'DWYER	60	24.37
Maria BARBETTI	54	28.05

COBURG 21 NOVEMBER 2019

100m

Paul O'NEILL	54	13.50
Bruce GIBBS	70	17.45
Frank BRADLEY	63	20.10
Donna-Marie ELMS	58	21.60
Michelle SPORTON	53	25.60
Ken CARTER	67	51.15

1000m

Fraser MURRAY	47	3.27
Michael MEANEY	64	4.12
Maria BARBETTI	54	4.47
Yolanda SHAW	67	5.33
Donna-Marie ELMS (W)	58	6.10
Fiona ELY	50	6.50
Rob DAVEY	79	8.03
Ken CARTER	67	10.38

500m

Frank BRADLEY	63	2.18
Bruce GIBBS	70	2.49
Rob DAVEY	79	3.30
Ken CARTER	67	5.31

2km

Maria BARBETTI (W)	54	18.11
Fiona ELY (W)	50	18.58
Ken CARTER	67	23.10

4km

Fraser MURRAY	47	19.44
Michael MEANEY	64	20.51

COBURG 28 NOVEMBER 2019

110m

Isabelle RAINES	17	15.42
Gary O'DWYER	60	16.66
Bruce GIBBS	70	19.66
Frank BRADLEY	63	23.00
Ken CARTER	67	53.32

1200m Walk

Frank BRADLEY	63	10.58
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1600m

Fraser MURRAY	47	6.05
Carl KENNEDY	53	6.26
Michael MEANEY	64	7.13
Gary O'DWYER	60	7.54
Maria BARBETTI	54	8.14
Fiona ELY	50	8.44
Rob DAVEY	79	13.02
Ken CARTER	67	16.19

200m

Paul O'NEILL	54	28.44
Isabelle RAINES	17	29.15
Gary O'DWYER	60	34.00
Michael MEANEY	64	34.15
Bruce GIBBS	70	37.40
Frank BRADLEY	63	42.03
Ken CARTER	67	1.58.0

3km

Carl KENNEDY	53	12.26
Gary O'DWYER	60	14.37
Michael MEANEY	64	15.00
Fiona ELY	50	19.57
Ken CARTER	67	32.25

5km

Fraser MURRAY	47	23.52
Maria BARBETTI	54	27.36



CROYDON 5 NOVEMBER 2019
MELBOURNE CUP DAY - NO EVENTS

CROYDON 12 NOVEMBER 2019

1200 METRE WALK

1	Grant MURFETT	52	7.31
2	Paul NELSON	52	11.29
3	Allan WOOD	82	12.10
4	Andrew FRASER	77	12.11
5	Peter WILLMOTT	53	14.16
Barry WICKS (2 laps)		79	11.43

80 METRE SPRINT

1	Mark PORTBURY	53	12.7
2	Peter WILLMOTT	53	13.0
3	Andrew FRASER	77	16.2
4	Grant MURFETT	52	19.6
5	Allan WOOD	83	24.4

1400 METRE RUN

1	Mark PORTBURY	53	5.03
2	Grant MURFETT	52	5.29
3	Colin PAGE	65	6.01

400 METRE RUN

1	Grant MURFETT	52	62.6
2	Mark PORTBURY	53	70.6
3	Peter WILLMOTT	53	80.2
4	Colin PAGE	65	85.5
5	Allan WOOD	82	124.8

8 LAPS RUN

1	Colin PAGE	65	16.49
2	Mark PORTBURY	53	16.50

CROYDON 19 NOVEMBER 2019

1 KM WALK

1	Paul MORITZ	60	6.31
2	Lyn BATCHELOR	70	7.46
3	Colin WILLIAMS	70	8.12
4	Liz WRIGLEY	60	8.47
5	Gary TURNER	66	8.48
6	Allan WOOD	82	9.39
7	Kevin McLAUCHLAN	76	9.40
8	Ron SMITH	71	10.35
9	Barry WICKS	79	12.35

10 KM CHALLENGE PARLOUF RELAY

1	Mt Lilydale Blue 1	26.17
2	Mt Lilydale White 1	26.40
3	Mt Lilydale Fluro Yellow 8	26.45
4	Croydon Masters 1	27.03
5	Mt Lilydale Orange 9	29.13
6	Mt Lilydale Red 5	30.10
7	Mt. Lilydale Green 2	30.38
8	Mt Lilydale Yellow 6	31.37
9	Mt Lilydale Red 5	31.52
10	Mt Lilydale Purple 7	34.41
11	Croydon Masters 2	34.46
12	Mt Lilydale Blue 4	35.12

CROYDON 26 NOVEMBER 2019

2 x 600 METRE WALK RELAY

1	Lyn BATCHELOR	70	
	Brayden WOOLRIDGE	17	8.19
2	Andrew FRASER	77	
	Russ DICKENSON	74	8.44
3	Ron SMITH	70	
	Grant MURFETT	52	8.49
4	Phyllis GOSBELL	81	
	Allan WOOD	82	9.23

100 METRE SPRINT

1	Andrew SHIPTON	45	14.0
2	Grant MURFETT	52	15.3
3	Andrew FRASER	77	20.9
4	Allan WOOD	82	21.6
5	Russ DICKENSON	74	24.2
6	Ron SMITH	70	25.0

800 METRE RUN

1	Grant MURFETT	52	2.51
2	Brayden WOOLRIDGE	17	3.23
3	Colin PAGE	65	3.26
4	Erika BEDYN	57	4.03
5	Tanya NEALE	41	4.06
6	Andrew SHIPTON	45	4.19
7	Russ DICKENSON	73	5.04
Allan WOOD (400 metres)		82	2.29
Andrew FRASER (400 meters)		77	2.45

38 SECONDS N.O.S.P.

1	Erika BEDYN	57	35.0
2	Grant MURFETT	52	35.5
3	Andrew FRASER	77	36.8
4	Brayden WOOLRIDGE	17	37.2 **
5	Phyllis GOSBELL	81	39.1
6	Tanya NEALE	41	39.6

** Winner - Brayden Woolridge

15 MINUTES RUN/WALK

	Laps	Metres	
Colin PAGE (Run)	65	7	375
Mark CHALLEN (Run)	62	6	300
Murray HUTCHISON	70	6	190
Geoff ARNOTT (Run)	71	6	15
Julie CHALLEN (Walk)	62	5	375



DONCASTER 4 NOVEMBER 2019**1200 metres**

Jason Merritt	(47)	04:29.9
Matt Hughes	(44)	05:00.0
Ian McCormack	(60)	05:25.0
Kath Gawthorn	(45)	05:41.0
Jeffrey Sim	(57)	06:19.0
Marla Trautman	(47)	11:50.0

100 metres

Matt Hughes	(44)	14.8	(110 metres)
Andrew Close	(30)	15.5	
Greg Champion	(64)	15.6	
Jason Merritt	(47)	16.6	
Jeffrey Sim	(57)	18.1	
Tom Leong	(78)	19.1	
Carolyn Aughey	(77)	23.5	

600 metres (NOST)

Graham Ford	(-2.30)	04:57.0	(DQ)	02:30.0	02:27.0
Jeffrey Sim	(-3.20)	05:52.6	(DQ)	03:20.0	02:32.6
Ian McCormack	(-4.00)	05:56.0	(DQ)	04:00.0	01:56.0
Matt Hughes	(-3.40)	05:57.0	Win	03:40.0	02:17.0
Jason Merritt	(-3.55)	06:00.1		03:55.0	02:05.1
Frank Prowse	(-2.15)	06:02.9		02:15.0	03:47.9
Greg Champion	(-3.20)	06:20.3		03:20.0	03:00.3
Marla Trautman	(-0.50)	06:47.0		00:50.0	05:57.0

200 metres

Andrew Close	(30)	33.5
Matt Hughes	(44)	33.6
Jeffrey Sim	(57)	40.1
Tom Leong	(78)	40.2
Carolyn Aughey	(77)	49.5

1200 metres

Jason Merritt	(47)	04:37.9
Matt Hughes	(44)	04:58.9
Kath Gawthorn	(45)	05:54.5
Frank Prowse	(67)	07:23.3 (walk)

Results of the pentathlon:

1st Tom Leong (78) 1614
Long 2.72 (363) Javelin 15.29 (284) 200 37.93 (421) Discus 17.29 (363) 1500 9:42.0 (183)
2nd Frank Prowse (67) 1469
Long 2.31 (130) Javelin 15.71 (223) 200 36.72 (286) Discus 17.67 (283) 1500 6:41.3 (547)
3rd Bev Learmont (71) 1151 (record)
Long 2.12 (218) Javelin 12.29 (366) 100 (0) Shot 5.70 (567) 800 0
4th Barry Dorr (81) 827 (new record)
Long 2.17 (257) Javelin 15.27 (327) 200 0 Discus 11.21 (243) 1500 0

DONCASTER 11 NOVEMBER 2019**Doncaster 800 metres (handicap)**

		Age
Jeffrey Sim	(-3.30)	06:57.92 03:27.92
Darryl Kilmartin	(-4.00)	06:58.37 02:58.37
Jason Merritt	(-4.10)	07:00.24 02:50.24
Frank Prowse	(-2.00)	07:00.24 05:00.24
Matt Scholes	(-4.35)	07:03.52 02:28.52
Matt Hughes	(-4.10)	07:05.05 02:55.05
Angela Edwards	(-3.00)	07:07.47 04:07.47
Graham Ford	(-3.30)	07:08.57 03:38.57
David Armstrong	(-2.15)	07:14.16 04:59.16
Marla Trautman	(-0.30)	09:06.12 08:36.12

80 metres heat 1

Janine James	(72)	14.36
Angela Edwards	(53)	14.62
Tom Leong	(78)	15.12
Carolyn Aughey	(77)	18.70

80 metres heat 2

Matt Hughes	(44)	11.63	(85 metres)
Andrew Close	(30)	12.06	
Darryl Kilmartin	(53)	12.21	
Greg Champion	(64)	12.98	
Jeffrey Sim	(57)	13.58	
Matt Scholes	(49)	18.84	

150 metres heat 1

Janine James	(72)	27.92
Angela Edwards	(53)	27.96
Tom Leong	(78)	28.50
Carolyn Aughey	(77)	34.98

150 metres heat 2

Matt Hughes	(44)	21.22
Darryl Kilmartin	(53)	22.80
Greg Champion	(64)	23.90
Jason Merritt	(47)	24.68
Andrew Close	(30)	25.62
Matt Scholes	(49)	26.82

300 metres heat 1

Jeffrey Sim	(57)	57.2
Graham Ford	(70)	57.2
Tom Leong	(78)	68.7
Marla Trautman	(47)	121.2

300 metres heat 2

Jason Merritt	(47)	52.1
Darryl Kilmartin	(53)	53.2
Matt Hughes	(44)	57.7

2000 metres

Jason Merritt	(47)	08:32.0
Matt Hughes	(44)	09:36.1
Frank Prowse	(67)	13:00.3 (walk)
David Armstrong	(63)	13:18.7 (walk)
Angela Edwards	(53)	18:45.0 (walk)

DONCASTER 18 NOVEMBER 2019

Long Jump	Age		
Greg Champion	(64)	3.37	
Matt Hughes	(44)	3.14	
Tom Leong	(78)	2.72	
Andrew Close	(30)	2.60	
Frank Prowse	(67)	2.31	
Barry Dorr	(81)	2.17	(new record)
Bev Learmont	(71)	2.12	

100 metres

Andrew Close	(30)	15.26
Greg Champion	(64)	15.93
Jeffrey Sim	(57)	16.95
Janine James	(72)	18.22
Carolyn Aughey	(77)	22.38

Javelin Throw

Frank Prowse	(67)	15.71
Tom Leong	(78)	15.29
Bev Learmont	(71)	12.29
Barry Dorr	(81)	11.21

200 metres

Jason Merritt	(47)	32.90
Andrew Close	(30)	34.88
Jeffrey Sim	(57)	36.30
Frank Prowse	(67)	36.72
Tom Leong	(78)	37.93
Janine James	(72)	39.50
John Aughey	(82)	40.54
Carolyn Aughey	(77)	47.78

400 metres

Jason Merritt	(47)	72.2
Jeffrey Sim	(57)	86.7

Discus

Frank Prowse	(67)	17.67
Tom Leong	(78)	17.29
Bev Learmont	(71)	13.14
Barry Dorr	(81)	11.21

800 Metres

Elizabeth Grover	(56)	3.26.7
Katrina Philip	(58)	3.29.9
Marla Trautman	(47)	8.27.0

Shot Put

Barry Dorr	(81)	7.13	
Bev Learmont	(71)	5.70	(record)
Andrew Close	(30)	5.48	

1500 metres

Jason Merritt	(47)	06:00.3	
Frank Prowse	(67)	06:41.3	
Shaun Wright	(49)	07:14.0	(800m walk)
Katrina Philip	(58)	07:17.0	
Tom Leong	(78)	09:42.0	

DONCASTER 25 NOVEMBER 2019**Doncaster Gift (120 handicap)**

Tom Sweeney	(-20)	14.48
Darryl Kilmartin	(-19)	14.76
Carolyn Aughey	(-54)	14.84
Andrew Close	(-20)	14.96
Ian McCormack	(-22)	15.02
Jeffrey Sim	(-28)	15.11
Jason Merritt	(-25)	15.24
Angela Edwards	(-35)	16.05
Barry Dorr	(-36)	16.20
Greg Champion	(-20)	16.28
Marla Trautman	(-65)	17.36

60 metres heat 1

Jeffrey Sim	(57)	10.36
Janine James	(72)	11.08
Angela Edwards	(53)	11.23
Carolyn Aughey	(77)	14.08

60 metres heat 2

Darryl Kilmartin	(53)	9.08
Andrew Close	(30)	9.30
Ian McCormack	(61)	12.82
Jason Merritt	(47)	9.92
Greg Champion	(64)	11.32
John Aughey	(82)	18.04

200 metres

Darryl Kilmartin	(53)	31.62
Andrew Close	(30)	34.56
Jeffrey Sim	(57)	34.82
Jason Merritt	(47)	36.52
Angela Edwards	(53)	41.18
John Aughey	(82)	41.71
Carolyn Aughey	(77)	49.24

400 metres

Jason Merritt	(47)	71.0
Ian McCormack	(61)	75.7
Graham Ford	(70)	77.6
Darryl Kilmartin	(53)	84.1
Katrina Philip	(58)	01:44.7
Marla Trautman	(47)	03:36.0

3000 metres

Jason Merritt	(47)	08:54.7	(2000 metres)
Frank Prowse	(67)	12:53.2	(2000 walk)
David Armstrong	(63)	13:20.0	(2000 walk)
Katrina Philip	(58)	15:26.2	
Kath Gawthorn	(45)	15:45.8	
Shaun Wright	(50)	07:24.0	(800 walk new rec)

EAST BURWOOD 7 NOVEMBER 2019**60 METRE SPRINT**

1	Oscar VALL	37	8.1
2	Paul DURRANT	58	8.9
3	Chris ROBINSON	60	10.2
4	Christopher WORSNOP	62	10.8
5	Donna CLARKE	66	11.4
6	Janet HOLMES	66	11.8
7	Shirley COPPOCK	83	15.5
8	Horacio DIAZ	73	17.6
9	Lloyd NICHOLS	78	25.0

1500 METRE RUN N.O.T.

		Clock	Nom.
1	Ros LORDING **	47	6.34
2	Christopher WORSNOP	62	7.09

** Winner - Ros Loring

1000 METRE WALK N.O.T.

		Clock	Nom.
1	Kevin CASSIDY **	59	4.46
2	Kylie IRSHAD	48	5.38
3	Adam McCANN	43	5.50
4	Ros LORDING	47	6.24
5	Paul MORITZ	60	6.31
6	Christopher WORSNOP	62	6.36

** Winner - Kevin Cassidy

400 METRE RUN

1	Oscar VALL	37	1.13
2	Chris ROBINSON	60	1.30
3	Christopher WORSNOP	62	1.37

100 METRE SPRINT

1	Oscar VALL	37	13.8
2	Donna CLARKE	66	17.9
3	Lloyd NICHOLS	78	42.4

3 KM AGE GRADED CHAMPIONSHIP

		Age %
1	Geoff WHEELER	63
2	Ros LORDING	47
3	Christopher WORSNOP	62
4	Kylie IRSHAD	48
5	Kevin CASSIDY	59
	Paul MORITZ (600 Metre Walk)	60

EAST BURWOOD 14 NOVEMBER 2019**800 METRE RUN N.O.T.**

		Clock	Nom.
1	Perry BIRKETT **	57	2.51
2	Jess DUX	35	3.13
3	Christopher WORSNOP	62	3.39

** Winnner - Perry Birkett

60 METRE SPRINT**Heat 1:**

1	Andrew FRASER	77	11.2
2	Ann HOLCOMBE	72	11.4
3	Brian HOLCOMBE	74	14.4
4	Shirley COPPOCK	83	14.9
5	Lloyd NICHOLS	78	26.1

Heat 2:

1	Jess DUX	35	8.1
2	Paul DURRANT	58	8.3
3	Chris ROBINSON	60	9.7
4	Donna CLARKE	66	10.2

800 METRE WALK N.O.T.

		Clock	Nom.
1	Christopher WORSNOP	62	5.19
2	Leo WATSON	78	5.54
3	Jess DUX	35	6.19
4	Brian TAIT	77	6.23
5	Gordon ONLEY	84	8.03
6	Peter BATTRICK **	76	8.05

** Winner - Peter Battrick

300 METRE SPRINT N.O.T.

		Clock	Nom.
1	Jess DUX	35	48.0
2	Perry BIRKETT **	57	48.6
3	Paul DURRANT	58	49.7
4	Chris ROBINSON	60	58.8
5	Janet HOLMES	66	62.0
6	Shirley COPPOCK	83	104.2
7	Lloyd NICHOLS	78	195.2

** Winner - Perry Birkett

150 METRE SPRINT

1	Donna CLARKE	66	28.1
2	Ann HOLCOMBE	72	30.4
3	Brian HOLCOMBE	74	38.2
4	Shirley COPPOCK	83	39.2
5	Allan WOOD	82	65.1
6	Jess DUX	35	79.4
7	Lloyd NICHOLS	78	86.4

5 KM HANDICAP RUN

		Clock	Actual
1	Stephen DAY	49	25.10
2	Sam DEFANIS	71	25.18
3	Geoff WHEELER	63	26.18
4	Michelle QUAN	49	27.22
5	Christopher WORSNOP	62	27.37

DISCUS THROW N.O.D.

		Best	Nom.
	Toni MATTERS	51	28.08
	Paul DURRANT	58	27.20
	Andrew FRASER	77	16.16
	Chris ROBINSON	60	16.14
	Donna CLARKE **	66	12.57
	Brian TAIT	77	11.40
	Allan WOOD	82	11.28

** Winner - Donna Clarke



EAST BURWOOD 21 NOVEMBER 2019**60 METRE SPRINT**

1	Paul DURRANT	58	9.8
2	Chris ROBINSON	60	10.1
3	Donna CLARKE	66	10.3
4	Christopher WORSNOP	62	11.1
5	Shirley COPPOCK	83	14.0
6	Brian HOLCOMBE	74	14.4
7	Lloyd NICHOLS	78	23.7

1000 METRE RUN

1	Perry BIRKETT	58	3.44
2	Christopher WORSNOP	62	4.25

1200 METRE HANDICAP WALK Clock Actual

1	Christopher WORSNOP	62	12.23	8.08
2	Gerald BURKE	79	12.24	10.54
3	Donna CLARKE	66	12.26	9.36
4	Brian TAIT	77	12.28	9.38
5	Jack FREDRICKSON	80	12.30	12.30
6	Leo WATSON	78	12.31	8.56
7	Peter BATTRICK	76	12.32	12.02

4 X 200 METRE RELAY

1	Brian HOLCOMBE	74	
	Donna CLARKE	66	
	Paul DURRANT	58	
	Perry BIRKETT	58	2.25
2	Anne HOLCOMBE	72	
	Chris ROBINSON	60	
	Michelle QUAN	50	
	Christopher WORSNOP	62	2.43

100 METRE SPRINT

1	Donna CLARKE	66	17.7
2	Anne HOLCOMBE	72	19.5
3	Shirley COPPOCK	83	24.6
4	Brian HOLCOMBE	74	24.8
5	Lloyd NICHOLS	78	44.4

3 KM HANDICAP RUN Clock Actual

1	Chris ROBINSON	60	16.17	16.17
2	Stephen DAY	49	16.34	12.14
3	Perry BIRKETT	58	16.54	12.29
4	Geoff WHEELER	63	17.01	14.06
5	Michelle QUAN	50	17.25	14.45
6	Christopher WORSNOP	62	17.54	15.29
7	Sam DEFANIS	71	18.11	15.51

LONG JUMP N.O.D. Best Nom.

Donna CLARKE	66	2.55	2.65
Allan WOOD **	82	2.25	2.30
Gerald BURKE	79	1.32	1.40

** Winner - Allan Wood

EAST BURWOOD 28 NOVEMBER 2019**60 METRE SPRINT****Heat 1:**

1	Richard TREMBATH	77	11.2
2	Ann HOLCOMBE	72	11.6
3	Allan WOOD	82	12.5
4	Brian HOLCOMBE	74	12.9
5	Shirley COPPOCK	83	13.1
6	Horacio DIAZ	74	17.2

Heat 2:

1	Jess DUX	35	8.1
2	Chris ROBINSON	60	9.9
3	Donna CLARKE	66	10.3
4	Christopher WORSNOP	62	10.9
5	Steve GRBAC	59	12.5

600 METRE RUN

1	Perry BIRKETT	57	1.57
2	Jack DURRANT	22	2.04
3	Richard TREMBATH	77	2.28
4	Christopher WORSNOP	62	2.30
5	Michelle QUAN	50	2.52

200 METRE SPRINT

1	Chris ROBINSON	60	34.7
2	Donna CLARKE	66	37.6
3	Andrew FRASER	77	39.6
4	Leo WATSON	78	49.3
5	Brian HOLCOMBE	74	50.5
6	Shirley COPPOCK	83	54.7

800 METRE WALK N.O.T. Clock Nom.

1	Christopher WORSNOP	62	5.37	5.20
2	Leo WATSON	78	5.52	5.50
3	Leonie GILLIES **	62	6.10	6.10
4	Donna CLARKE	66	6.15	6.15
5	Brian TAIT	77	6.22	6.24
6	Phyllis GOSBELL	81	6.31	6.42
7	Liz WRIGLEY	64	6.45	6.58
8	Gary TURNER	66	6.46	7.00
9	Gerald BURKE	79	7.00	7.00
10	Peter BATTRICK	76	8.02	8.10
11	Gordon ONLEY	84	8.33	8.16

** Winner - Leonie Gillies

100 METRE HANDICAP SPRINT**E.B. GRADED CHAMPIONSHIP** H'capMtrs

1	Shirley COPPOCK	83	10.5	52
2	Allan WOOD	82	10.9	41
3	Donna CLARKE	66	11.7	33
4	Chris ROBINSON	60	12.0	28
5	Richard TREMBATH	77	12.1	34
6	Jess DUX	35	12.7	9
7	Ann HOLCOMBE	72	12.9	39
8	Steve GRBAC	59	13.3	23
9	Christopher WORSNOP	62	14.6	17
1	Brian HOLCOMBE	74	16.0	28

5 KM HANDICAP RUN Clock Actual

1	Michelle QUAN	50	25.10	24.20
2	Stephen DAY	49	25.11	20.31
3	Geoff WHEELER	63	26.05	24.35
4	Christopher WORSNOP	62	28.15	28.15
Leonie GILLIES (3 km)	62	18.54		

FRANKSTON 7 NOVEMBER 2019**Wet weather program****200m**

1	Mike Hall	80	35.95
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2000m

1	David Sutherland	65	10.04
2	David Dodson	60	11.51
	Graham Stockdale	77	

2000m Walk

1	Lindsay Beaton	69	19.44
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FRANKSTON 14 NOVEMBER 2019**80m**

1	Russ Dow	60	12.69
2	Mike Hall	80	13.77
3	David Sutherland	65	14.24
4	Graham Stockdale	77	15.63
	Stan Proctor	70	DNF

200m Age graded

			Clock	A/G %
1	Russ Dow	60	31.85	75.35%
2	David Sutherland	65	36.37	68.16%

600m Walk

1	Heather Carr	70	4.08
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600m

1	Russ Dow	60	2.06
2	Bill Carr	70	2.21
3	Barry Jeffs	71	2.48
3	Claudio Riga	64	2.48
5	David Dodson	60	3.14
	Graham Stockdale	77	DNF

1 or 2 laps Walk in the park

				Laps
1	Heather Carr	70	22.23	2
2	John Sutton	76	27.48	2
3	Lindsay Beaton	69	41.46	2
1	John Hallo	77	19.10	1

1 or 2 laps Run in the park

				Laps
1	Russ Dow	60	17.45	2
2	Barry Jeffs	71	20.41	2
3	Claudio Riga	64	21.31	2
4	Dave Sutherland	65	21.34	2
5	Gary Meyer	64	24.36	2
1	Bill Carr	70	12.02	1
2	David Dodson	60	13.59	1
3	Graham Stockdale	77	14.48	1

FRANKSTON 21 NOVEMBER 2019**100m**

1	Russ Dow	60	14.52
2	Mike Hall	80	16.01
3	Graham Stockdale	77	19.30

200m

1	Bill Carr	70	35.57
2	David Sutherland	65	37.03

800m Walk

1	Greg Lovejoy	77	6.02
2	Lindsay Beaton	69	7.11

1000m

1	Russ Dow	60	3.43
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FRANKSTON 21 NOVEMBER 2019 cont.

2	Rob Taylor	51	4.04
3	David Sutherland	65	4.29
4	Barry Jeffs	71	4.37
5	Charlie Mallia	70	5.29
6	Caitlin O'Connell	45	5.30

1600m Walk

No starters

2000m

1	David Sutherland	65	10.06
2	David Dodson	60	10.24
3	Bill Carr	70	10.40
4	Gary Meyer	64	11.04
5	Charlie Mallia	70	12.15

3000m Kees Zwynenburg Memorial

			Clock	A/G %	W/R
1	Russ Dow	60	11.59	76.09%	R
2	Greg Lovejoy	77	15.39	71.26%	R
3	Barry Jeffs	71	14.24	70.49%	R
4	Rob Taylor	51	15.33	54.35%	R
5	Caitlin O'Connell	45	17.51	51.62%	R
6	Lindsay Beaton	69	29.04	50.06%	W

FRANKSTON 28 NOVEMBER 2019**200m Sealed Handicap Qualifier****Heat 1**

1	Russ Dow	60	31.50
2	Roman Berlouis	41	31.58
3	Bill Carr	70	34.79

Heat 2

1	David Sutherland	65	37.12
2	Mike Hall	81	38.56
3	Lindsay Beaton	69	56.85

800m Walk

1	Barry Jeffs	71	4.59
2	Greg Lovejoy	77	5.57
3	John Sutton	76	6.47
4	Lindsay Beaton	69	7.18

800m

1	Russ Dow	60	3.02
2	David Sutherland	65	3.30
3	Bill Carr	70	3.57
4	Gary Meyer	64	4.03
5	Charlie Mallia	70	4.25
6	David Dodson	60	4.38
7	Frances Halton	58	5.29

2000m Walk

1	John Sutton	76	17.16
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2000m

1	David Sutherland	65	9.46
2	Charlie Mallia	70	12.20
3	David Dodson	60	12.40
4	Frances Halton	58	13.30
5	Ramon Berlouis	41	14.07

7 lap spiral Walk

1	Lindsay Beaton	69	28.26
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7 lap spiral

1	Russ Dow	60	12.31
2	Barry Jeffs	71	14.20
3	Claudio Riga	64	15.49
4	Greg Lovejoy	77	16.04
5	Gary Meyer	64	17.06

GEELONG 6 NOVEMBER 2019**200m**

Rhys Hamill-Beach	25:10
Peter Lamb	33:05

2800m

Tony McRae	00:00
Sharon Pedersen	11:33
Dave Elward	11:38
Alan Jenkins	12:51
Steve Welsh	12:57
Jeff Walker	13:11
Gerry Fitzpatrick	13:50
Frank Engelsman	13:52
Nick Masters	14:11
Erik Bumbers	14:17
Grant Baensch	15:25
Jill Coyte (W)	17:04

1000m

Rhys Hamill-Beach	03:03
Tony McRae	03:37
Noah Jones	03:50
Sharon Pedersen	04:05
Gerry Fitzpatrick	04:13
Jeff Walker	04:20
Steve Welsh	04:23
Nick Masters	04:39
Frank Engelsman	04:41
Erik Bumbers	04:42
Alan Jenkins	04:46
Grant Baensch	05:02

GEELONG 13 NOVEMBER 2019**3km Cross Country**

Daryl Burns	10:09
Rhys Hamill-Beach	12:00
Phil Shay	12:08
Sue Howell	12:42
Leo Pye	14:34
Kath Oliver	15:22
Jill Coyte (W)	17:44
Chris Colley	18:17

7km Cross Country

Tony McRae	29:15
Dave Elward	30:04
Andy Bruschi	31:41
Mark Humphrey	33:30
Alan Jenkins	34:09
Geoff Anset	34:46
Jeff Walker	35:01
Gerry Fitzpatrick	36:40
Erik Bumbers	37:17
Grant Baensch	39:48
Daryl Hurst	40:19
Fiona Fitzpatrick	49:48

GEELONG 20 NOVEMBER 2019**100m**

Rhys Hamill-Beach	11:67
Nicholas MacDonald	13:75
Sue Howell	16:90

3200m

Phil Shay	13:01
Charlie El Hage	13:05
Sharon Pedersen	13:30
Dave Elward	13:36
Sue Howell	13:52
Noah Jones	14:34
Pam Tindall	15:03
Leo Pye	15:39
Jeff Walker	15:47
Gerry Fitzpatrick	16:34
Frank Engelsman	17:38
Jill Coyte (W)	20:30

800m

Peter Lamb	03:30
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3x400m Relay

F Englesman R Hamill-Beach N McDonald	03:49
S Pedersen, N Jones, G Fitzpatrick	04:12
S Howel P Tindall L Pye	04:36

GEELONG 27 NOVEMBER 2019**3km Cross Country**

Andy Bruschi	12:48
Noah Jones	13:28
Leo Pye	14:00
Mark Humphrey	14:36
Chris Colley	17:39
Jill Coyte (W)	17:50

8km Cross Country

Tony McRae	33:26
Dave Elward	33:35
Cameron White	34:18
Sharon Pedersen	34:44
Sue Howell	40:05
Alan Jenkins	40:07
Jeff Walker	40:39
Gerry Fitzpatrick	42:56
Frank Engelsman	45:03

GLEN EIRA 5 NOVEMBER 2019**70m E/T**

		Clock	Est	Diff
GLAD WISHART	75	13.83	13.85	0.02
MICHELLE EDMONDS	45	13.44	13.4	0.04
EMMA McCAFFREY	10	13.86	13.90	0.04
JUNE TREWEEK	58	11.16	11.12	0.04
EMILIE LORENTZEN	10	12.85	12.90	0.05
BOB WISHART	77	10.29	10.20	0.09
LINDA McCAFFREY	41	12.49	12.70	0.21
SOPHIE McCAFFREY	8	13.01	12.76	0.25
JIM McLURE	73	11.49	11.2	0.29
MIKE CLAPPER	67	10.71	10.4	0.31
CHELSEA WHITTLE	12	11.36	10.89	0.47
KURT GOLONKA	50	9.50	9.00	0.50
OSCAR LORENTZEN	8	12.61	11.96	0.65
JIM ROUNTREE	60	11.33	10.65	0.68
JO WHITTLE	48	11.71	12.5	0.79
SIMONE O'BRIEN	47	11.57	12.42	0.85

500m E/T

		Clock	Est	Diff	%
JANET HOLMES	66	1.54.6	1.55	0.6	79.4
BILL CARR	70	1.45.4	1.41	4.4	74.8
KURT GOLONKA	47	1.23.4	1.17	6.4	79.35
JO WHITTLE	48	1.53	1.57	4.0	66.1
MICHELLE EDMONDS	45	2.05.6	1.55	10.6	57.79

150m E/T

		Clock	Est	Diff
BOB WISHART	77	22.17	22.10	0.07
JIM McLURE	73	25.01	24.50	0.51
CHRIS GRAFEN	55	26.55	25.90	0.65
NICKY GRAFEN	8	30.62	31.70	1.08
MIKE CLAPPER	67	23.64	22.50	1.14
GLAD WISHART	75	33.10	34.82	1.72
JIM ROUNTREE	60	24.71	22.85	1.86
KURT GOLONKA	50	20.93	19.00	1.93
JUNE TREWEEK	58	25.24	23.00	2.24
JO WHITTLE	48	27.53	25.20	2.33

WALK 3.2K H/C (Sealed)

		Clock	H/cap	H/C Time
GWEN STEED	77	22.15	10.30	32.45
JIM ROUNTREE	60	22.32	10.15	32.47
CONRAD HAMANN	67	22.31	10.30	33.01
SANDRA MIDDLETON	70	23.11	10.00	33.11
TONY DORAN	67	23.11	10.00	33.11
JOHN ZELEZNIKOW	69	28.54	4.50	33.44
JO WHITTLE	48	21.51	12.15	34.06
MICHAEL HEFFERNAN	84	33.06	2.50	35.56
DES MIDDLETON	72	25.39	11.05	36.44
ROB JAMIESON (5 laps)	69	20.44		
PETE BATTRICK (5 laps)	76	21.21		
PETER McGRATH (4 LAPS)	80	16.56		

3.2K H/C (Sealed)

		Clock	H/cap	H/C Time	%
SIMONE O'BRIEN	47	15.15	2.55	18.10	66.8
LINDA McCAFFREY	41	17.20	0.55	18.15	54.9
BILL CARR	70	17.45	0.35	18.20	60.9
CHRIS CAMPBELL	71	15.53	2.35	18.28	68.8
CHRIS GRAFEN	55	14.01	4.35	18.36	67.2
JO COCKWILL	67	18.53	GO	18.53	71.5
PETER BENCE	70	13.51	5.05	18.56	78.0
GREG HUGHES	61	15.58	3.15	19.13	62.1
SARAH LORENTZEN	40	14.55	4.35	19.30	63.3
MICHELLE EDMONDS	45	19.42	GO	19.42	50.4
NICKY GRAFEN	8	17.40	2.05	19.45	59.06

GLEN EIRA 12 NOVEMBER 2019**80m E/T**

		Clock	Est	Diff
JIM ROUNTREE	60	12.71	12.70	0.01
BILL CARR	70	12.23	12.40	0.17
KURT GOLONKA	50	10.79	11.00	0.21
SOPHIE McCAFFREY	8	15.05	14.73	0.32
MIKE CLAPPER	67	11.93	12.25	0.32
GLAD WISHART	75	15.82	16.20	0.38
JIM McLURE	73	12.82	13.20	0.38
PAUL LYNCH	70	14.38	14.85	0.47
JUNE TREWEEK	58	12.52	13.00	0.48
EMILIE LORENTZEN	10	14.46	13.92	0.54
BOB WISHART	77	11.54	12.10	0.56
OSCAR LORENTZEN	8	14.64	13.97	0.67
LINDA McCAFFREY	41	13.71	15.00	1.29
EMMA McCAFFREY	10	16.55	15.25	1.30
SIMONE O' BRIEN	47	12.99	14.47	1.48
MICHELLE EDMONDS	45	13.96	15.50	1.54

1200m E/T

		Clock	Est	Diff
HEATHER CARR	70	6.02.6	6.08	5.4
NICKY GRAFEN	8	5.38.6	5.45	6.4
CHRIS BROWN	64	5.23.6	5.30	6.4
JANET HOLMES	66	5.28	5.40	12.0
GREG HUGHES	61	5.13.4	5.29	15.6

200m H/C

		Clock	H/cap	H/C Time	%
KURT GOLONKA	50	44.73	17.4	27.33	82.0
BOB WISHART	77	45.2	13.8	31.4	91.9
JIM ROUNTREE	60	45.70	12.9	32.80	73.2
MIKE CLAPPER	67	46.10	13.7	32.40	
77.75					
BILL CARR	70	46.30	13.7	32.60	79.1
VIVIENNE CASH	67	46.80	10.4	36.40	83.2
JIM McLURE	73	47.10	12.5	34.60	78.1
JUNE TREWEEK	58	47.50	11.94	35.56	
77.92					

GLAD WISHART	75	47.60	1.5	46.10	70.7
MICHELLE EDMONDS	45	51.2	8.7	42.5	56.6

2K H/C (TROPHY)

		Clock	H/cap	H/C Time	%
PETER McGRATH	80	19.41	-0.55	18.46	
MICHAEL HEFFERNAN	84	18.55	GO	18.55	
JUNE TREWEEK	58	14.27	4.50	19.17	
ROB JAMIESON	69	19.19	GO	19.19	
JIM ROUNTREE	60	13.35	6.00	19.35	
TONY DORAN	67	13.22	6.14	19.36	
PAUL LYNCH	70	15.09	4.32	19.41	
SANDRA MIDDLETON	70	13.52	5.51	19.43	
DES MIDDLETON	72	13.21	6.22	19.43	
PETE BATTRICK	76	20.43	-1.00	19.43	
JIM BERRINGTON	63	12.09	7.42	19.51	
HEATHER CARR	70	12.08	7.52	20.00	
KARYN O'NEILL	64	13.39	6.34	20.13	
CYNTHIA ELLERY	70	16.27	3.53	20.20	

MARK BENJAMIN 3K AGE %

		Clock	Age %
PETER BENCE	70	12.33.35	79.8
EWEN WILSON	66	12.20.25	78.0
ANDREW EDWARDS	66	12.39.25	76.1
JANINE McKERRON	59	15.09	73.1
JO COCKWILL	67	17.32	71.4
CHRIS CAMPBELL	71	14.25	70.4
CHRIS GRAFEN	55	12.40	69.0
STEVE STRELECKY	70	14.56	67.1

GLEN EIRA 12 NOVEMBER 2019 cont.

SARAH LORENTZEN	40	13.15	66.0
SIMONE O'BRIEN	47	14.18	66.0
SYD BONE	62	14.24	64.4
CHRIS BROWN	64	14.47	63.9
TERRY O'NEILL	63	14.50	63.1
MERLE WANT	58	17.25	62.7
NICKY GRAFEN	8	15.42	61.6
PHIL URQUHART	75	17.57	59.1
GREG HUGHES	61	15.36	59.0
LINDA McCAFFREY	41	16.42	52.4
MICHELLE EDMONDS	45	17.57	51.3
MARY HARPER	50	24.45	39.6

STANDING TRIPLE JUMP

	Best	H/C	Final
EMMA McCAFFREY	10	4.51	0.00 4.51
SOPHIE McCAFFREY	8	4.45	0.00 4.45
EMILIE LORENTZEN	10	4.61	0.20 4.41
MIKE CLAPPER	67	5.98	1.60 4.38
OSCAR LORENTZEN	8	4.41	0.10 4.31
BILL CARR	70	5.11	0.80 4.31

GLEN EIRA 19 NOVEMBER 2019

GLEN EIRA - LIVING LEGENDS RELAYS

LEG 1 - 3.536k, LEG 2 - 3k, LEG 3 - 2K WALK, LEG 4 - 1K

	Clock	Age %	Result
MENTONE OPEN	39.05		1st Open
MICHAEL ORE	13.07		
KYLE GRIFFIN	11.54		
ROBERT VAN DONE	10.09		
SUSAN SHORT	45 3.55	67.79	
MENTONE 50+	41.00		1st 50+
DEREK COUPER	13.46		
JULIAN BOLAND	56 13.24	65.75	
KEVIN CASSIDY	59 9.51		
KUNI BOWDEN	53 3.59	72.64	
SPRINGVALE/FRANKSTON OPEN	42.16		2nd Open
CLAUDIO RIGA	64 15.01		
NONIE CHAN	34 12.31	67.43	
PRAMESH PRASAD	45 9.59		
DAVID DODSON	60 4.46	57.52	
GLEN EIRA OPEN	42.28		3rd Open
DAVID PAGE	48 12.53		
SARAH LORENTZEN	40 13.08	66.61	
TERRY O'NEILL	63 12.43		
KURT GOLONKA	50 3.44	67.54	
GLEN EIRA 60+	43.40		1st 60+
EWEN WILSON	67 14.40		
PETER BENICE	70 12.46	79.50	
HEATHER CARR	70 11.56		
BARRY JEFFS	71 4.16	71.21	
MENTONE 60+	45.24		2nd 60+
JAMES O'BRIEN	66 15.12		
MARLENE GOURLAY	68 14.10	89.76	
RALPH BENNETT	77 11.47		
ASHLEY BIRRELL	74 4.15	74.90	
SPRINGVALE/FRANKSTON 50+	48.17		2nd 50+
RUSSELL DOW	59 14.07		
BRONWYN HANNS	15.17		
JUAN PEREZ	80 15.13		
CHRIS SHEEDY	51 3.40	69.36	

GLEN EIRA 19 NOVEMBER 2019 cont.

FUN TEAM 5 (GLEN EIRA)	48.37		1st Fun
STEVE STRELECKY	70 17.28		
GREG HUGHES	61 14.19	64.25	
DES MIDDLETON	72 12.31		
BILL CARR	70 4.19	69.34	
GLEN EIRA (50+)	48.52		3rd 50+
ANDREW EDWARDS	66 15.22		
SIMON LLOYD	64 15.10	62.30	
GWEN STEED	77 13.59		
JIM BERRINGTON	63 4.21	64.52	
FUN TEAM 6 (MENTONE)	49.11		2nd Fun
DAVID SHORT	42 15.00		
HELEN CASTEL	56 13.48	76.93	
VIV CASH	67 15.13		
BOB WISHART	77 5.10	64.55	
FUN TEAM 2 (GLEN EIRA)	52.40		3rd Fun
SIMONE O'BRIEN	47 16.48		
PHIL URQUHART	75 0.74	60.94	
KARYN O'NEILL	64 13.42		
SIMONE O'BRIEN	47 4.30	60.11	
SPRINGVALE/FRANKSTON 60+	54.16		3rd 60+
LINDSAY OXENHAM	70		
ROB CLUTTERBUCK	66		
CELIA JOHNSON	72		
SAYED KHATAN	69		
FUN TEAM 1 (GLEN EIRA)	54.06		4th Fun
JANINE McKERRON	59 18.01		
JO COCKWILL	67 17.31	71.46	
SANDRA MIDDLETON	70 14.03		
JANET HOLMES	66 4.31	79.08	
FUN TEAM 4 (GLEN EIRA)	54.42		5th Fun
LINDA McCAFFREY	41 19.56		
JIM ROUNTREE	60 15.56	57.23	
JUNE TREWEEK	58 14.13		
MICHELLE EDMONDS	45 4.37	57.51	
FUN TEAM 7 (GLEN EIRA)	55.59		
MERLE WANT	58 19.48		
CHRIS BROWN	64 14.28	65.31	
CYNTHIA ELLERY	70 15.34		
JANE STURZAKER	66 6.09	58.08	
FUN TEAM 3 (GLEN EIRA)	82.05		
MARY HARPER	49 24.23		
JOHN ZELEZNIKOW	70 28.31	39.26	
MICHAEL HEFFERNAN	85 19.15		
ROB JAMIESON	70 9.56	30.44	
4 x 100 RELAY	Clock		
MENTONE	57.4		
GLEN EIRA 1	59.2		
GLEN EIRA 2	63.5		
SPRINGVALE/FRANKSTON	63.8		
FINAL RESULTS			
MENTONE 21, GLEN EIRA 14, SPRINGVALE/FRANKSTON 13			

GLEN EIRA 26 NOVEMBER 2019

4 x 100 RELAY			
	Clock	H/C	H/C time
PAUL LYNCH	70		
JIM ROUNTREE	60		
JUNE TREWEEK	58		
MIKE CLAPPER	67	1.15.28	12.0 1.03.28
EMMA McCAFFREY	10		
SOPHIE McCAFFREY	8		
OSCAR LORENTZEN	8		
EMILIE LORENTZEN	10	1.15.63	GO 1.15.63
GLAD WISHART	75		
VIVIENNE CASH	67		
BILL CARR	70		
BOB WISHART	77	1.19.9	11.0 1.08.9
600M			
	Clock	%	
GREG HUGHES	61	2.25.55	61.7
MICHELLE EDMONDS	45	2.35.6	57.4
200m H/C			
	Clock	H/cap (m) %	
Heat 1			
GLAD WISHART	75	60	
JUNE TREWEEK	58	18	
VIVIENNE CASH	67	20	
JIM McLURE	73	15	
LINDA McCAFFREY	41	30	
Heat 2			
MICHELLE EDMONDS	45	30.22	46
KURT GOLONKA	50	31.51	-33
MIKE CLAPPER	67	31.51	SCR 79.9
BOB WISHART	77	32.98	-7
JIM ROUNTREE	60	33.24	SCR 72.2
BILL CARR	70	33.63	SCR 76.7
2K WALK E/T			
	Clock	Est	Diff
TERRY O'NEILL	63	13.10	13.10 0
HEATHER CARR	70	12.14	12.12 2
GWEN STEED	77	13.52	13.55 -3
DES MIDDLETON	72	13.47	13.50 -3
SANDRA MIDDLETON	71	14.24	14.30 -6
KARYN O'NEILL	64	14.10	14.00 10
CYNTHIA ELLERY	70	16.10	15.55 15
MICHAEL HEFFERNAN	85	19.50	19.30 20
TONY DORAN	67	14.14	13.50 24
PAUL LYNCH	70	15.42	15.14 28
ROB JAMIESON	69	20.19	19.50 29
GERARD O'DONNELL	65	17.16	18.00 -44
<i>Fastest time Heather Carr 12.14</i>			
4K			
	Clock	Age %	
SYD BONE	62	19.35	64.4
NICKY GRAFEN	8	20.44	63.4
GREG HUGHES	61	20.46	60.2
MERLE WANT	58	22.38	65.3
LINDA McCAFFREY	41	22.45	52.6
JANE STURZAKER	66	26.51	62.1
KAREN MONOHAN	53	27.33	50.1
JOHN Z 10K			
	Clock	Age %	
ANDREW EDWARDS	66	47.10	73.3
CHRIS GRAFEN	55	47.21	66.2
SARAH LORENTZEN	40	48.17	64.3
BARRY JEFFS	70	51.08	70.4
JIM BERRINGTON	63	52.22	64.2
STEVE STRELECKY	70	52.42	68.3
SIMONE O'BRIEN	47	53.11	62.1
JANINE McKERRON	58	54.17	70.4
JO COCKWILL	67	61.30	71.6
PHIL URQUHART	75	61.52	62.5
JOHN ZELEZNIKOW	69	101.15	35.1

KNOX 6 NOVEMBER 2019**30th Anniversary**

3lap walk			
Kylie Irshad	48	6.2	
Grant Murfett	52	7.14	
Chris Worsnop	62	8.09	
Jack Durrant	22	9.05	
Noel fairburn	58	9.07	
Peter Shanahan	58	9.33	
Dave Somers	61	9.55	
Andrew Egginton	58	9.59	
Darcy Roberts	inv	10.01	
Ariana Pashutina	inv	10.02	
David Chung	52	10.15	
Hank Kuys	65	10.17	
Stephen Richards	58	10.137	
Evelyn Kuys	62	10.38	
Nicola Van Reenen	47	10.39	
Phylis Gosbell	81	10.51	
Mick Carr	66	11.05	
Glenn Claiden	65	11.07	
Helen Sttanley	64	11.08	
Murray Huchison	70	11.09	
Peter Thorne	71	11.12	
Angela Edwards	53	11.41	
Stephen Day	49	11.46	
Glenn Berry	49	11.47	
Celia Johnson	72	12.1	
Tony Johnson	79	12.11	
Sharon Sumner	50	12.25	
Alan Harris	52	12.27	
Pauline Paine	41	12.29	
Sarah Thorne	40	12.3	
Cec McKeown	79	12.34	
Andrew Fraser	78	12.34	
Russ Dickenson	73	12.35	
Frank Dicesare	71	12.41	
Matt Morris	53	12.42	
Paul Connor	56	12.44	
Evan Thomson	46	12.48	
Maggie Hawkes	63	12.5	
Marina Curnow	71	12.51	
Shane Grund	37	12.52	
Erika Bedyne	46	13.02	
Ian McFarlane	56	13.04	
Steve Duckworth	67	13.05	
Russell Oakley	79	13.1	
Donna Clarke	66	13.13	
Alan Wood	82	13.14	
Paul Twining	70	13.19	
David Wear	73	13.2	
Peter LeGet	85	13.26	
Shirley Coppock	83	14.14	
Gerald Burke	79	14.14	
Jock Cravana	81	14.19	
Greg Lovejoy	77	14.21	
3000m			
Chloe Grund 1k	inv	4.36	
Maggie Hawkes 1k	63	7.22	
Shane Grund	37	9.12	
Rob Italia	53	11.42	
Stephen Day	49	12.35	
Milan Stanisic	65	13.01	
Colin Page	65	13.28	
Andrew Egginton	58	13.28	
Dave Somers	61	13.37	
Paul Connor	56	13.53	

KNOX 6 NOVEMBER 2019 cont.

Mick Carr	66	14.06
Kylie Irshad	48	14.35
Michelle Quan	50	14.42
Stephen Richards	58	14.49
Chris Worsnop	62	14.53
Erika Bedyne	56	15.06
Helen Stanley	64	15.11
Sam De Fanis	71	15.2
Glenn Claiden	65	15.39
Nicola Van Reenen	47	16.09
David Wear	73	16.12
David Rolfe	73	16.28
Peter Thorne	71	16.43
Sarah Thorne	40	17.35
Pauline Paine	41	17.35
Murray Huchison	70	17.37
Jock Cravana	81	19.21
Cec McKeown	79	19.32
Greg Lovejoy	77	19.33
Pete Shanahan	48	21.13

KNOX 13 NOVEMBER 2019**1000 steps**

Matt Morris	53	18.32
Paul Connor	56	19.43
Paul Twining	70	21.05
Graeme Leticq	64	22.13
Mick Carr	66	23.28
Jack Durrant	58	24.22
Stephen Richards	58	24.28
Ian U'Ren	68	25.14
Bob henderaon	73	25.23
David Wear	73	26.04
Pete Thorne	71	26.57
Mark Harris	51	28.13
Paul Durrant	58	29.2
Tracey Carpenter	53	31.07
Chris Crennan	47	31.12

KNOX 20 NOVEMBER 2019**800m walk**

Bob Henderson	73	7.53
Ian U'Ren	68	7.53
Glenn Claiden	65	7.56
Paul Twining	70	7.57
Graeme Leticq	64	8.1
David Wear	73	8.1
Peter Thorne	71	8.11
Peter LeGet	85	8.15
Matt Morris	53	8.16
Glenn Berry	49	8.19
Tracey Carpenter	25	8.21
Chris Crennan	26	8.21

60m

Chris Crennan	27	8.72
Paul Durrant	58	10.68
Chloe Grund	inv	12.05

1000m

Shane Grund	37	2.58
Matt Morris	53	3.36
Brian Poggenpoel	49	3.38
Paul Twining	70	4.07
Stephen Richards	58	4.24
Graeme Leticq	64	4.31
Chris Crennan	28	4.37
Chloe Grund	inv	4.37
Bob Henderson	73	4.43
Ian U'Ren	68	4.55
Glenn Berry	49	5.09
David Wear	73	5.21
Michelle Quan	49	5.35
Peter Thorne	71	5.51

Teams event 1/3/5k

Paul Durrant	58	5.14
Graeme Leticq	64	13.59
Shane Grund	37	19.39
David Wear	73	4.56
Michelle Quan	49	15.18
Brian Poggenpoel	54	21.54
Glenn Berry	49	4.32
Glenn Claiden	65	15.58
Matt Morris	53	21.57
Chris Crennan	28	4.55
Ian U'Ren	68	15.32
Sam De Fanis	71	25.06
Peter Thorne	71	5.3
Bob Henderson	73	16.57
Paul Twining	70	26.19



KNOX 27 NOVEMBER 2019**800m walk**

Graeme Leticq	64	7.22
Mick Carr	66	7.23
Jack Durrant	22	7.24
David Black	63	7.42
Paul Twining	70	8.04
Bob Henderson	73	8.06
Andrea Putting	58	8.07
David Wear	73	8.44
Matt Morris	53	8.45
Pauline Paine	41	8.53
Sarah Thorne	40	8.55
Glenn Berry	49	8.55

800m

Jack Durrant	22	3.13
Paul Twining	70	3.14
Bob Henderson	73	3.39
Glenn Berry	49	3.58
Brian Mee	82	4.11
David Wear	73	4.16

1600m

Matt Morris	53	7.1
Brian P 49	7.11	
Mick Carr	66	7.28

Distance**2k**

Jack Durrant	22	9.51
Bob Henderson	73	10.32

4k

David Wear	73	21.2
Glenn Berry	49	24.03
Pauline Paine	41	24.18
Brian Mee	82	25.24

5k

Michelle Quan	50	26.36
Sam De Fanis	71	26.39

6k

Matt Morris	53	25.12
Brian P 49	25.22	
Paul Twining	70	27.4
David Black	63	27.56
Graeme Leticq	64	28.12
Sarah Thorne	40	29.55
Mick Carr	66	29.56

MENTONE 6 NOVEMBER 2019**400m Walk E.T.**

			Clock	Diff.
1	Bev Hugo	79	3.08	0.01
2	Maureen Seedsman	82	2.59	0.02
3=	Sylvia Machin	78	2.52	-0.03
3=	Joan Clarke	84	3.47	0.03
3=	Jill Mannering	83	3.32	-0.03
6	Michael Boulton	64	3.19	0.04
7=	Ian Beaumont	82	3.42	0.07
7=	Iris Boulton	70	3.08	-0.07
9=	Helen Castel	56	2.49	-0.08
9=	Ralph Bennett	77	2.12	-0.08
11	Margaret Beaumont	81	3.41	0.13
12	Gwen Steed	77	2.24	-0.14
13	Nola Finn	82	6.06	0.18
14	Karen Sharp	63	3.13	-0.47

300m H/cap *Agg Event*

			Clock	Metres	Pts
1	Martin Griffin	57	41.08	65	7
2	Glad Wishart	75	41.93	109	5
3	Bob Wishart	77	43.58	29	4
4	Ron Arthur	80	46.35	48	4
5	Kyle Griffin	30	48.30	20	2

800m Self H/cap**Rob Jennings Trophies**

			Clock	Actual	
1	Ashley Page	79	4.38.2	3.56.2	@
2	Susan Short	45	4.39.7	3.06.7	@
3	Martin Griffin	57	4.54.2	4.09.2	
4	John Kneen	76	4.54.6	4.54.6	
DQ	Avril Britter	60		3.33.3	
DQ	Sandra Wynne	68		3.36.4	
DQ	Greg Hughes	60		3.24.5	
DQ	Kyle Griffin	30		3.13.5	
DQ	Ralph Bennett	77		3.47.6	
DQ	Julian Boland	56		3.11.2	

70m E.T.

			Clock	Diff	
1	Sandra Wynne	67	12.87	0.02	
2	Glad Wishart	75	13.84	0.12	***
3	Bob Wishart	77	10.43	0.13	
4	Susan Short	45	11.19	0.19	
5	Ron Arthur	79	11.75	-0.45	
6	Avril Britter	60	13.46	0.47	
7	Martin Griffin	57	10.92	-0.78	
8	Kyle Griffin	30	10.90	0.90	

3 Km E.T. *Agg Event*

			Clock	Diff	Pts
1	Avril Britter	60	16.17	0.00	7
2	Ashley Birrell	*** 75	13.49	-0.01	5
3	James O'Brien	66	13.04	0.04	4
4	Julian Boland	56	13.48	-0.12	3
5	Ashley Page	79	16.47	0.15	2
6	Martin Griffin	57	17.09	-0.21	1
7	Sandra Wynne	68	15.48	-0.22	1
8	Greg Hughes	60	15.44	0.25	1
9	Kyle Griffin	30	13.13	0.43	1
10	John Kneen	76	21.13	-0.47	1

2000m Walk E.T. Self H/cap**Frank Kealy Trophy 1**

			Clock	Actual
1	Geoff Barrow	70	18.20	14.10
2	Glennis McPherson	73	18.26	14.16
3	Marlene Gourlay	68	19.30	11.55
4	John Zeleznikow	69	19.31	17.26
5	Sylvia Machin	78	19.34	15.19
6	Bev Hugo	79	19.40	16.45
7	Maureen Seedsman	82	19.46	16.31
8	Iris Boulton	70	19.48	16.43
9	Margaret Beaumont	81	19.53	19.48
10	Michael Boulton	64	20.30	17.45
DQ	Helen Castel	56		15.13
DQ	Karen Sharp	63		16.09
DQ	Ian Beaumont	82		19.10

MENTONE 13 NOVEMBER 2019**834m Walk E.T.**

			Clock	Diff.
1	Maureen Seedsman	82	6.39	-0.01
2	Sylvia Machin	78	6.11	0.06
3	Helen Castel	56	5.57	0.10
4	Julian Boland	56	5.34	0.12
5	Ian Beaumont	82	8.05	-0.41
6	Joan Clarke	84	8.12	-0.44
7	Jill Mannering	83	7.59	-0.46
8	Margaret Beaumont	81	8.05	-0.51
9	Karen Sharp	63	7.06	-6.54

1668m E.T. *Agg Event*

			Clock	Diff.	Pts
1	Ashley Page	79	8.48.2	0.2	7
2	Avril Britter	60	8.39.9	3.9	5
3	Sandra Wynne	68	8.30.1	-4.9	4
4	John Kneen	76	11.48.0	-12.0	3
5	David Short	42	6.27.5	-12.5	2
6	Susan Short	45	7.17.4	17.4	1
7	Greg Hughes	60	7.55.1	29.1	1

100m E.T.

			Clock	Diff.
1	David Short	42	13.25	-0.05
2=	Susan Short	45	15.58	0.08
2=	Bob Wishart	77	14.77	-0.08
4	Glad Wishart	75	20.18	0.16
5	Ron Arthur	80	16.87	0.67

5 Km E.T.

			Clock	Diff.
1	Julian Boland	56	24.20	0.05
2	Ashley Page	79	28.45	-0.11
3	Stephen Bird	56	23.32	-0.28
4	Ashley Birrell	75	24.22	0.32
5	James O'Brien	66	22.25	-0.35
6	Avril Britter	60	28.34	0.37
7	Sandra Wynne	68	27.33	-0.51
8	John Kneen	76	36.55	1.55
9	Greg Hughes	60	30.10	3.55

2.5Km Walk Self H/cap *Agg Event*

			Clock	Actual
1	Sylvia Machin	78	26.37	18.49
2	Glennis McPherson	73	26.47	18.14
DQ	Karen Sharp	63	20.50	***
DQ	Ian Beaumont	82	24.45	***
DQ	Geoff Barrow	70	17.58	***
DQ	Maureen Seedsman	82	21.07	
DQ	Margaret Beaumont	81	24.45	
DQ	Helen Castel	56	17.57	

Trophy Winner Glennis McPherson

@

MENTONE 20 NOVEMBER 2019**600m Walk E.T.**

			Clock	Diff.
1	Ian Beaumont	83	5.35	-0.01
2=	Maureen Seedsman	82	4.38	0.02
2=	Julian Boland	56	4.22	0.02
4	Helen Castel	56	4.20	0.03
5	Michael Boulton	64	5.04	0.04
6	Joan Clarke	84	5.44	-0.05
7	Iris Boulton	70	4.47	-0.08
8	Bev Hugo	79	4.47	-0.09
9	Jill Mannering	83	5.37	0.11
10	Ralph Bennett	77	3.31	-0.14
11	Sylvia Machin	78	4.27	-0.18
12	Nola Finn	83	9.02	-0.28

900m E.T.

			Clock	Diff.
1	Greg Hughes	61	4.02.4	-0.6
2	Ashley Birrell	75	3.43.2	-1.8
3	David Short	42	3.06.9	1.9
4	Martin Griffin	57	4.28.0	3.0
5	Sandra Wynne	68	4.23.1	3.1
6	Susan Short	45	3.26.0	-4.0
7	Ralph Bennett	77	4.24.6	-5.4
8	Kyle Griffin	30	3.34.1	-5.9
9	Avril Britter	60	4.25.3	7.3
10	Ashley Page	79	4.33.5	-9.5
11	John Kneen	77	5.42.7	22.7

200m E.T.

			Clock	Diff.
1	Vivienne Cash	67	35.96	-0.04
2	Ron Arthur	80	36.71	-0.09
3	Martin Griffin	57	34.34	-0.66
4	Susan Short	45	33.26	-0.74
5	Bob Wishart	77	30.96	-0.79
6	Glad Wishart	75	46.74	1.72
7	David Short	42	27.46	-2.04
	John Mathew (60m)	82	17.09	-0.91

2 Km Self H/cap *Agg Event*

			Clock	Actual	Pts
1	Greg Hughes	60	13.22	10.27	7
2	Avril Britter	60	13.23	10.33	5
3	John Kneen	76	13.48	13.48	4
4	Kyle Griffin	30	14.06	8.36	3
DQ	Julian Boland	56	8.37	1	
DQ	Ashley Page	79	10.41	1	
DQ	Martin Griffin	57	11.08	1	
DQ	Sandra Wynne	68	10.32	1	

3000m Walk E.T.

			Clock	Diff.
1	Sylvia Machin	78	23.18	0.03
2	Iris Boulton	70	26.05	0.05
3	Geoff Barrow	70	21.48	0.08
4	Bev Hugo	79	26.13	0.43
5	Maureen Seedsman	82	26.14	0.44
6	Michael Boulton	64	27.08	-0.52
7	Helen Castel	56	21.38	-1.14
8	John Zeleznikow	69	27.09	-1.21
9	John Mathew	83	36.18	2.18

MENTONE 27 NOVEMBER 2019

800m Walk E.T.		Clock	Diff.
1	Sylvia Machin	78 5.54	-0.01
2	Julian Boland	56 5.43	-0.02
3=	Iris Boulton	70 6.25	-0.05
3=	Sharon Carr	54 6.26	-0.05
5	Ian Beaumont	83 7.33	-0.07
6	Jill Mannering	83 7.18	-0.12
7	Helen Castel	56 5.40	-0.14
8	Joan Clarke	84 7.37	-0.15
9	Nola Finn	83 11.38	-0.17
10	Gwen Steed	77 5.17	-0.31
11	Michael Boulton	65 6.41	1.33

1 Mile Self H/cap *Agg Event*		Clock	Actual	
1	Ashley Birrell	75 10.28.1	6.56.1	***
2	John Kneen	77 10.28.2	10.28.2	
3	Greg Hughes	61 10.28.3	7.59.3	
4	Avril Britter	60 10.28.4	8.03.4	
5	Matt Bowden	53 10.33.6	6.09.6	
6	Col Waring	73 10.47.6	7.58.6	
DQ	Ashley Page	79	8.13.7	
DQ	Sandra Wynne	68	8.16.7	
DQ	Kuni Bowden	53	6.43.7	
DQ	David Short	42	6.03.7	

120m E.T. *Agg Event*		Clock	Diff.	
1	Stephen Bird	56 20.02	0.02	
2	Ron Arthur	79 19.71	-0.09	
3	Susan Short	45 18.59	-0.21	
4	Bob Wishart	78 17.71	-0.24	
5	Vivienne Cash	67 20.34	0.34	
6	Avril Britter	60 22.77	-0.53	***
7	David Short	42 15.74	-0.56	
8	Glad Wishart	75 23.83	-1.37	***
9	John Mathew	82 33.28	-2.32	
10	Pam Mews	84 51.32	-3.08	***
11	Jeanne Bryan	77 32.52	-11.48	

3.336 Km E.T.		Clock	Diff.
1	John Kneen	76 24.32	-0.08
2	Stephen Bird	56 15.04	0.09
3	Kuni Bowden	53 15.02	0.12
4	Avril Britter	60 18.28	-0.14
5	Matt Bowden	53 15.01	0.41
6	Julian Boland	56 16.00	1.50
7	Ashley Page	79 20.22	2.04
8	Greg Hughes	61 20.23	2.08
9	Jeanne Bryan	77 28.40	3.40
10=	Helen Bryan	49 28.40	4.10
10=	Gillian Russon	Inv 28.40	4.10

2000m Walk E.T. *Agg Event*		Clock	Diff.
1	Maureen Seedsman	82 16.31	0.01
2	Geoff Barrow	70 14.05	0.02
3	John Mathew	83 22.15	0.15
4	Sylvia Machin	78 15.09	-0.21
5=	Iris Boulton	70 16.43	0.23
5=	Sharon Carr	54 16.58	0.23
6	Helen Castel	56 14.46	0.24
8	Michael Boulton	65 17.29	0.33
9	Ian Beaumont	83 18.51	-0.48
10	Jill Mannering	83 18.50	-1.00

SPRINGVALE 6 NOVEMBER 2019

Springvale Cup 3200 mts Hcp.		clock	actual
Dominique Ruellot		24.29	23.10
Juan Perez		24.32	23.12
Summer		25.25	
Sayed Khatan		21.32	17.48
Ian Tregear		23.41	18.55
Bill Irvine		24.00	17.47
Lindsay Oxenham		24.00	17.39
Rob Clutterbuck		23.31	17.10
Howard Rees		23.21	15.40
Claudio Riga		23.14	15.23
Bill Sellick		25.12	16.56
Alan Bennie		23.14	14.53

100 metres			
Sayed KHATAN	69	17.50	
Juan PEREZ	80	20.60	
Lindsay OXENHAM	70	21.00	
Dominique RUELLOT	68	23.90	
Kevin ONLEY	85	28.60	

70 metres			
Sayed KHATAN	69	11.50	
Mike HALL	80	12.10	
Claudio RIGA	64	13.40	
Lindsay OXENHAM	70	14.10	
Mick COLGAN	68	16.00	
Dominique RUELLOT	68	16.30	
Kevin ONLEY	85	18.60	

800 metres			
Sayed KHATAN	69	3.25	
Claudio RIGA	64	3.32	
Paul MULLINS	79	3.34	
Lindsay OXENHAM	70	4.04	
Summer		4.31	
Juan PEREZ	80	5.04	
Dominique RUELLOT	68	5.05	

1600 metres walk			
Pam THOMAS	69	14.02	
John ABEL	69	15.09	
Kevin ONLEY	85	15.24	
Natalie IRVINE	72	16.17	
Eric NEGROS	56	18.29	
Frank ALLEN	74	18.29	

2400 metres walk			
Tony DORAN	67	17.14	
Jim SMITH	79	18.29	
Peter FIELD	61	18.40	
John MANNING	73	18.54	

SPRINGVALE 13 NOVEMBER 2019

90 metres

Sayed KHATAN	69	15.00
Mike HALL	80	15.80
Bill IRVINE	71	17.20
Juan PEREZ	80	17.20
Lindsay OXENHAM	70	19.40
Kevin ONLEY	85	25.00

4000 metres road run

Dragan	58	18.04
Alan BENNIE	72	19.22
Claudio RIGA	64	20.11
Will SELICK	47	21.09
Howard REES	72	21.09
Lou BUCCIERI	64	21.44
Bill IRVINE	71	21.56
Troy JEFFS	44	21.57
Lindsay OXENHAM	70	22.10
Ian TREGEAR	69	22.30
Sayed KHATAN	69	24.25
Paul MULLINS	79	24.25
Alison DEVINE	63	25.06

2500 metres road walk

Celia JOHNSON	72	25.15
Tony DORAN	67	25.48
Tony JOHNSON	79	25.20
Peter FIELD	61	22.56
Natalie IRVINE	72	25.15
Pam THOMAS	69	25.18
John ABEL	69	25.20
Frank ALLEN	74	
Eric NEGROS	56	27.25
Juan PEREZ	80	28.38

SPRINGVALE 20 NOVEMBER 2019

400 metres

		actual	clock
Paul MULLINS	79	1.28.3	2.04.3
Les WILLIAMS	63	1.08.4	2.18.4
Kevin ONLEY	86	2.15.8	2.18.8
Lindsay OXENHAM	70	1.44.0	2.19.0
Dragan	58	1.20.7	2.20.7
Lou BUCCIERI	64	1.40.4	2.22.4
Bill IRVINE	71	1.33.8	2.22.8
Dominique RUELOT	68	2.23.8	2.23.8
Juan PEREZ	80	2.08.1	2.25.1
Claudio RIGA	64	1.44.0	2.36.0

100 metres

Les WILLIAMS	63	14.90
Sayed KHATAN	69	17.40
Mike HALL	80	17.60
Dragan	58	17.80
Lindsay OXENHAM	70	21.80
Mick COLGAN	68	22.80
Dominique RUELOT	68	23.50
Juan PEREZ	80	23.80

3100 metres road run

Dragan	58	14.34
Howard REES	72	15.38
Lou BUCCIERI	64	16.19
Will SELICK	47	15.34
Claudio RIGA	64	16.55
Bill IRVINE	71	16.58
Lindsay OXENHAM	70	17.47
Ian TREGEAR	69	18.10
Paul MULLINS	79	19.07
Dominique RUELOT	68	19.39
Kevin ONLEY	86	19.41
Sayed KHATAN	69	23.03

2300 or 3700 metres road walks

Dennis PHILLIPS	77	24.16
Jim SMITH	79	24.16
Pam THOMAS	69	24.38
Frank ALLEN	74	25.02
Tony JOHNSON	79	25.02
Anand THILLAISUNDARAM	43	26.37
John ABEL	69	26.37
Eric NEGROS	56	26.37
Peter ELLIS	68	28.23
Peter FIELD	61	29.31
Celia JOHNSON	72	30.19
Juan PEREZ	80	31.12



SPRINGVALE 27 NOVEMBER 2019
40TH ANNIVERSARY CELEBRATION NIGHT

100 metres

Sayed KHATAN	69	16.30
Lindsay OXENHAM	70	19.00
Juan PEREZ	80	20.30
Dominique RUELOT	68	22.90
Kevin ONLEY	86	26.70

100 metres heat 2

Rob ITALIA		13.30
Bill CARR		15.40
Ian ORR	68	17.70
Ian TREGEAR	69	19.80
Tom GALLAGHER	71	21.00

100 metres heat 3

Rhiannon LESTER		13.50
Peter CARMODY	59	14.20
P OLSSON		14.70v
Bill HAINS	56	15.10
Mike HALL	80	16.70
R OAKLEY		18.10

2000 metres run

Rob ITALIA		7.33
Josh WEBSTER		7.37
P BENCE		7.57
J DAVIN		8.56
C PAGE		8.46
Ian ORR		9.10
B JEFFS		9.26
Shelly VELLIN	44	9.38
Rob CLUTTERBUCK	66	9.45
Lou BUCCIARI	64	10.08
G LOVEJOY		10.11
B CARR		10.17
Bill IRVINE	71	10.20
I UREN		10.21
K IRSTHAD		10.24
Bruce FERRIER		10.24
Dave TALBOT	65	10.25
Lindsay OXENHAM	70	10.38
J DICKSON		10.49
P THORNE		10.55
M GUNTHER		10.59
Sayed KHATAN	69	11.18
Ian TREGEAR	69	11.25
Tom GALLAGHER	71	11.31
B POWNALL		11.50
R LESTER		12.11
Alison DEVINE	63	12.20
Dominique RUELOT	68	13.06
Juan PEREZ	80	13.52
F HALTON		14.05

600 metres

Rob ITALIA		1.53
Neil GRAY	71	2.16
Ian ORR	68	2.21
Paul MULLINS	79	2.21
Bill CARR		2.24
Shelly VELLIN	44	2.24
Sayed KHATAN	69	2.49
Lindsay OXENHAM	70	2.51

Ian TREGEAR	69	2.59
Juan PEREZ	80	3.37

1200 metres walk

Kylie IRSTHAD		6.30
B JEFFS		7.57
Theresia BAIRD	78	8.19
Jim SMITH	79	8.50
Sue BUCHAN		8.51
Alison DEVINE	63	8.51
Peter FIELD	61	8.53
Bill HAINS	56	9.06
Dennis PHILLIPS	77	9.07
Juan PEREZ	80	9.23
Penny HALL	79	9.40
J LEE		9.49
Celia JOHNSON	72	10.07
Lew JENKINS	74	10.07
G LOVEJOY		10.08
Tony JOHNSON	79	10.22
L BEATON		10.27
Frank ALLEN	74	11.31
Natalie IRVINE	72	11.32
F HALTON		11.36
P THORNE		11.36
I UREN		11.37
Peter CARMODY		11.48
John ABEL		11.49
Eric NEGROS		11.57

NOTE : Rhiannon LESTER has just turned 40 too. Same as Springvale.

