

# Out of Sector

May 2020

## Looking ahead

May 12 The VMA committee will reconsider their position on a possible resumption of events. The decision will obviously be based upon government recommendations and guidelines at the time. Please be aware that many venues including Duncan Mackinnon are currently closed so any resumption of Throwers Group events will also rely on a local council decision to reopen the track and pavilion.

This is an Out-of-Sector newsletter with a difference!

It has certainly been a challenging start to the year but we remain hopeful that sporting activities can resume over the coming months.

In the meantime, please read on for the Throwers Group news and enjoy the lockdown photos supplied by our members...

## VMA Throws Pentathlon Championships

The VMA Throws Pentathlon was held on Sunday 22nd March at Duncan Mackinnon. Everyone who participated was most appreciative that the event went ahead. It would have been easy to cancel due to the uncertainty at the time but Graeme was prepared to lobby for the championships to continue as planned. Everyone pulled together to ensure the event was run with consideration of the current advice and regulations.

Huge thanks to everyone involved and congrats to all competitors.

## Best Clubperson

The Throwers Group AGM was held on **Sunday 9<sup>th</sup> February** and each year the Throwers committee agree on the member most deserving recognition of their efforts for the club. This time we were pleased to present the trophy to our treasurer **Narelle Messerle**. Over the past few years Narelle has not only taken on looking after the finances, she has been tireless in helping with many other Throwers Group activities throughout the year. Narelle is a great support to Graeme and we are very lucky to have her as a dedicated member of our committee.



Congratulations and thanks Narelle!

## Roy Foley Trophy

The Roy Foley Trophy is awarded annually for the most consistent score across the five events of the VMA Throws Pentathlon. In 2020 it was **Didimo Tonelli** who won for the second year in a row ahead of Mark Cauchi (the 2013 winner) and Clyde Riddoch was third.

Back to back! Congratulations Didi!



## Welcome New Members

We are always pleased to welcome new members to the Throwers Group:-

Jason Banner (M50)  
Marty Galea (M60)  
John Sirmovics (M60)  
Heather Smith

## Vale Colin Murray-Lee

Most of you already know that on the 10<sup>th</sup> February, 2020 we lost a treasured member of our Throwers Group family. Colin Murray-Lee passed away at 91 years of age and many of you will have seen the wonderful tribute to his life in the published in the April Footprints newsletter (page 22) - Roger Glass penned an excellent summary of Colin's life as a thrower and I encourage you to read what is an inspirational story of success against adversity.



Colin is pictured above with the Roy Foley trophy. He won the trophy in 2008 confirming his capabilities as a great all-round thrower.

## Training in Isolation

As you can see below **Simon van Baalen** has been able to train in his front yard without much problem. He said he can even train for javelin because he doesn't throw it very far ☺ But you might notice that he has lots of space (and a great view!). He has had some success too, given he's smashed his own Aus/Vic record of 4.53m for the 100lb weight having thrown it over 5m during a couple of lockdown training sessions.



And below is **Trevor Jupp** in action in his hallway. I love that the shot has crashed through the distance marker and note that perspective is a strange thing since the previous marker shows as 9m!? But what a great way to ensure you don't throw out-of-sector ☺



It's just me and the sunshine!



**Roger Glass** (below) has a great home gym setup both indoor and outdoor.



**Didi Tonelli** also has some great kit but is he really just trying to get out of doing the gardening ☺



**Tom Hancock** has a little less equipment around but a lovely view from the new balcony up north!



**Donna Clarke** was totally thrilled when she received these home deliveries during lockdown .



And **Angela Edwards** was spotted making an 'appearance' on a zoom video call as the Invisible Man.



## Happy Birthday

May	Donna Clarke Narelle Messerle Stan Peska Ken Priestley
June	Jason Banner Tom Hancock
July	Mark Cauchi Ian Penney Joy Priestley Clyde Riddoch