

# FOOTPRINTS



FEBRUARY 2014

## There's No Stopping Her



- **Lavinia Petrie breaks W70 World H.M., 10K & 3K Record**
- **Results from the Oceania Masters in Bendigo**
- **Mona joins VMA to compete at Bendigo**
- **Tim Erickson awarded OAM**

# Editorial

The Oceania Masters Games were held in Bendigo this month and were, by all reports, a whopping success. Congratulations to all involved for putting on a well planned and well executed meet. (I said I would never call a meeting a meet, but..)

A bonus of this event was that a lot of new Members signed up with us so they could compete at Bendigo. We would like to prove to them that VMA is a great club to be a member of, whether to augment their membership of another Athletic club, or as their only club. A great number of our Members are "dyed in the wool" members of an AV club, but love being VMA Member for the opportunity to compete in our range of events.

As a VMA Member you are entitled to compete in our State Championships, National Championships and the World Championships every year. The World Indoor and Outdoor Championships are held in alternate years. There are organised tours to the overseas events. It is a great experience and the Aussies and Kiwis go in droves.

The majority of these new Members are not Melbourne people and it is noteworthy how many of our Champions these days are from the Country.

On behalf of all our members, I welcome you to VMA and I invite you to come to our upcoming events. You don't have to be an elite athlete. Join in and you will love it.

Our cover girl is our Club Captain, Lavinia Petrie who has continued an amazing run of form. At the Oceanias, she broke the World W70 Half Marathon record, and went very close in the 1500m and 5000m. The 1500m run was a new Australian Record. Then last weekend at the Victorian Country Championships, she smashed the World 10k and 3k records running 45:38.73 against the old time of 46.38 and 13:07.79 against 13:21.93.

Lavinia told me she is now going to rest on her laurels. Not that I believe her.

Entry to the Victorian Masters Championships this year is on-line only and through the Athletics Victoria website. *There are no postal entries.* There is an information page on P.7 of this issue that explains the process. If you do not have a computer or are unsure of how to do it. We will help you to enter. Call Phil Urquhart on 95720805 or Russ Dickenson 98708103 and we will walk you through it. Please don't let this deter you from entering. Also, for those of you who enter many events and have had a discount of every 4th event being free. Please enter your usual number of events. The online system is unable to give you a discount but the Committee will reimburse you for the cost involved.

*hope to see you in Hobart,*

*Russ Dickenson*

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### IMPORTANT

*Online Readers of this edition still have time to enter the AMA T&F Championships and the AMA Pentathlons.*

*Note : All close on 7th February.*

## NAG FILE

*Athletes Moving into a New Age Group*

JACK GUBBINS	into M85
ANDREW WILCOX	into M45
MICHAEL ORELLI	into M70
GERRY ROBINSON	into M75
GLADYS WISHART	into W70
GEOFFREY JORDON	into M45
GRAEME PAUL	into M60
ALFRED LENDVAI	into M60
LISA RYAN	into W35
JAMES ROUNTREE	into M55
COLIN PAGE	into M60
ADAM PARKER	into M35
MIKE HALL	into M75
GLENN CLAUDEN	into M60
GARY O'DWYER	into m55
AUSTIN BEAMISH	into M65
GEOFF HOLDEN	into M60

## Masterpieces

VMA Member Tim Erickson has been recognised in the Australian Day Honours with an OAM for Services to Racewalking. President of Race Walking Australia, Tim's accolades include bronze in the 30km walk at the 1978 Commonwealth Games in Edmonton and placing sixth in the 30km walk at the Games' 1982 staging in Brisbane. Tim has worked tirelessly for the sport and it is no coincidence that the Victorian Race Walking Club is regarded as one of the most successful and best run clubs in Australia. He is often referred to as "Mr. Racewalking" and is respected throughout the world. Richly deserved, Tim.

*From George White President SA Masters Athletics*

Just wondered if you could advertise the Naracoorte Masters Games - for which we are organising the athletics from April 4th to 7th. The Friday afternoon will be the T&F Pentathlon and 5km road run and walk (separate), then Saturday and Sunday will be 60m, 100m, 200m, 400m, 800m, 1500m, 3000m, 1500m walk, 3000m walk, HJ, LJ, TJ, shot, discus, javelin, heavy weight and Street Mile, finishing Monday morning with street 10km run and walk and half marathon (all at the same time). It will be a low key event on a 300m grass track but should be lots of fun. Details at [www.naracoortemastersgames2014.com.au](http://www.naracoortemastersgames2014.com.au) or from myself - [gwhite@adam.com.au](mailto:gwhite@adam.com.au)

*We sadly report the passing of Phyl Wilson, wife of Coburg Venue Manager Neville Wilson.*

**Phyllis (Phyl) Wilson**  
**22/11/1929 - 7/01/2014**

After considerable suffering Phyl sadly passed away 7 January 2014; she was a Grandmother of 6 and Great Grandmother of 4, and was married to Neville for 62 years.

Phyl was a member of Riverview Ladies Golf Club (Ivanhoe) for 47 years in which time had been Captain, Secretary, Life Member and Secretary of the governing body VGLA. Phyl gave Neville wonderful support, and was particularly understanding in his role as Manager of the VMA Coburg Venue since 1999.

The name Guido Müller will be familiar to many of our members. Guido, of Germany has just moved into the M75 age group, so what did he do ? Ran the 400m in a World record time of 63.34 sec. This broke the old record held by the American Bob Lida (63.90)

### Engraving.

Alan Lucas will be engraving medals at East Burwood for the State Championships. If anyone has medals from Bendigo or other events that they would like engraved, bring them along. He will also be there on Thursday Feb 14th if anyone wants to catch up with him before then.

## What's On

any queries on VMA running races can be directed to  
Club Captain Lavinia Petrie - 9728 3929 or [ljpetrie@alphalink.com.au](mailto:ljpetrie@alphalink.com.au)

### 2014

February 5	Andy Salter Memorial Relay - Ross Reserve, Memorial Drive, Noble Park
March 7	AMA T&F Pentathlon - Launceston
March 7	AMA Throws Pentathlon - Launceston
March 8-10	AMA T&F Championships - Hobart - <b>Note Entries close 7th February</b>
March 15-16	VMA Track & Field Championships - Nunawading (East Burwood Venue)
March 23	VMA T&F Pentathlon - Duncan McKinnon
March 30	VMA Throws Pentathlon - Duncan McKinnon
March 25-30	<b>WMA Indoor Championships - Budapest. Hungary - <a href="http://www.budapest2014.hu">www.budapest2014.hu</a></b> <b>Note : Entry date extended to 17th February</b>
April 3rd	<b>VMA 3k Championship 11.30 Followed by Lunch and AGM - Duncan McKinnon</b>
April 4-7	<b>Naracoorte Masters Games - <a href="http://www.naracoortemastersgames2014.com.au">www.naracoortemastersgames2014.com.au</a></b>

### 2015

August	<b>WMA T&amp;F World Championships - Lyon, France - <a href="http://www.lyon2015.com">www.lyon2015.com</a></b>
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**Renew your membership online.** Go to VMA website and click on "On-line Registration" or use this link - <https://www.registernow.com.au/secure/Register.aspx?ID=9810>



## CASEY FIRST BIRTHDAY

A small but happy band of members celebrate the first birthday of the Casey Venue. Congratulations to all and to Venue Manager Paul Olsson for his work in establishing the Venue. Casey Venue meets on Monday Nights 7-9pm at 160 Berwick - Cranbourne Rd, Cranbourne East - Melway134 E8

Contact Paul at  
 olssonpf@bigpond.net.au  
 0408 340 151

## WINNERS AGAIN

Some of the winning team from Knox Venue being presented with the Browne Shield - John Graham, Gary Stewart, Lavinia Petrie, Colin Browne, Dot Browne, Ian U'Ren, Jock Cravana, Bob Henderson, Paul Twining, Glenn Claiden, Mick Carr and Paul Connor in front . Helen Stanley is missing.

Knox Venue members were proud to welcome Dot & Colin Browne to the Venue on December 11th to officially present The Browne Shield for VMA Inter-Venue Winter Competition .

Dot & Colin held various official positions within VMA from 1990 - 2000 and Dot still hold records in the W45 age group set in 1986!!!

Knox has won the trophy each year since inauguration in 2007.

There is always keen competition during Winter events and Russ Oakley ( VMA President ) was also on hand to present Myer Vouchers to the leading Male - John Graham and leading Female - Lavinia Petrie.





## VMA 3 km Championship 2014 (Duncan Mackinnon Athletic Track)

Sunday 13th April

The VMA 3 km Championship for Men and Women will be held on Sunday 13th April prior to the VMA Annual General Meeting.

The number of divisions will depend on how many enter.

**Please Advise by Monday 7th April if you intend to compete**  
**Entry fee: \$10**

**Entries and enquiries** [ljpetrie@alphalink.com.au](mailto:ljpetrie@alphalink.com.au).

Lavinia Petrie  
12 Jeanette Maree Court  
Kilsyth 3137

Ph. 9728 3929

### **Program**

- |                  |  |
|------------------|--|
| <b>11.30 am</b>  | 3 km Victorian Championship (M and W) – if numbers are large separate divisions will be run. |
| <b>12 .30 pm</b> | Lunch (Packer Park) Packer Park Pavilion, 120 Leila Road Carnegie.                           |
| <b>1.00 pm</b>   | AGM  |

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### **Entry Form: 3 km track Championship**

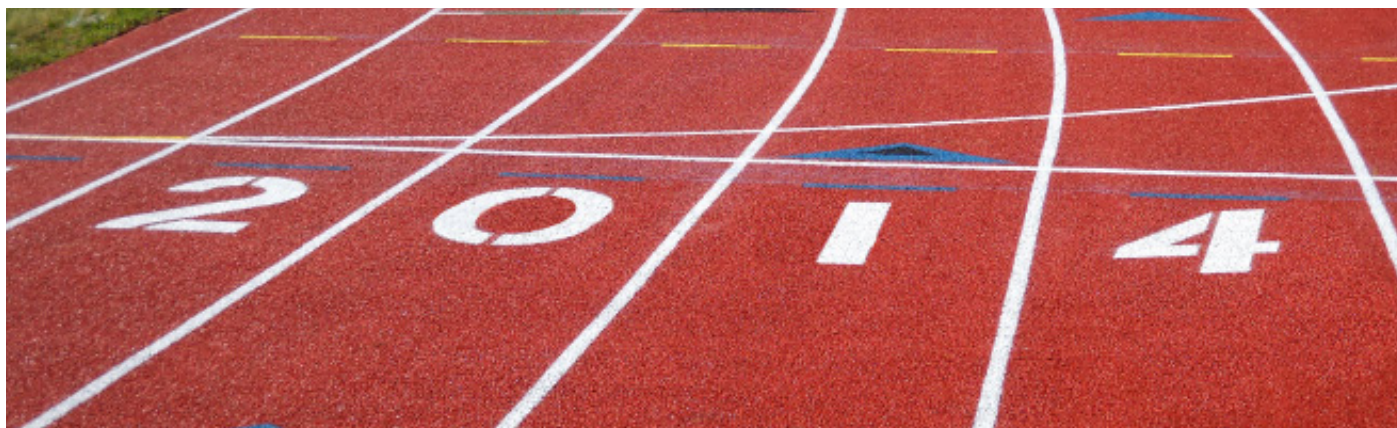
Name: \_\_\_\_\_

Gender: ☐ female ☐ male

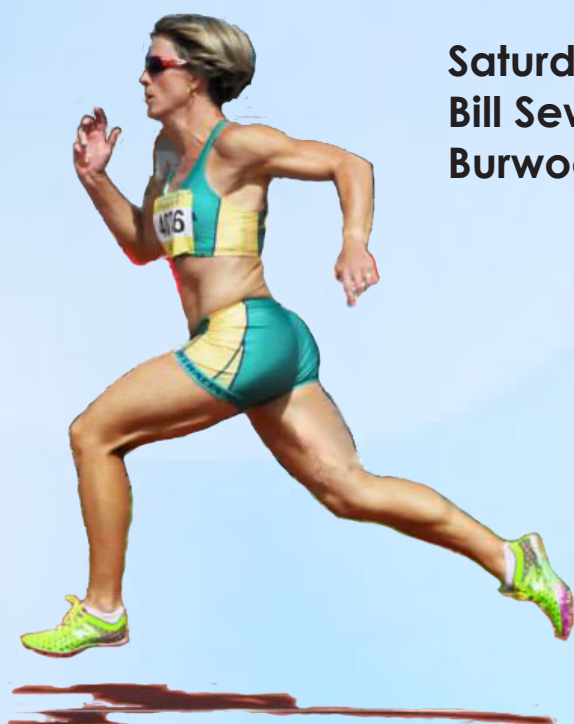
DOB. \_\_\_\_\_ Age on Day: \_\_\_\_\_

Are you registered for 2014? If not contact Astrid Rose

Bring this entry form with you or E-mail or post your entry to Lavinia Petrie



## The 2014 Victorian Masters Athletics Track & Field Championships



**Saturday 15th & Sunday 16th March**  
**Bill Sewart Athletics Track,**  
**Burwood Highway, Burwood East**

### **EVENTS**

60m, 100m, 200m, 400m,  
800m, 1500m, 5000m,  
Short Hurdles, Long Hurdles,  
Steeplechase,  
1500m Walk, 3000m Walk,  
H.T., S.P., D.T., W.T., J.T.,  
L.J., H.J., T.J., P.V.

### **ENTRY**

**Online Entry Only** - through Athletics Victoria Website -  
[www.athsvic.org.au](http://www.athsvic.org.au)

**Entries close - Monday 24th February, 5pm**  
**AV phone 86464500**

## IMPORTANT

### VMA State Championships March 15 and 16 2014

All entries for the State Championships this year will only be accepted through the Athletics Victoria online system.

VMA members who are not Athletics Victoria members will need to create a profile on the Athletics Victoria website before attempting to enter. There is no cost to do this and you do not become an AV member by doing so. AV members already have a profile. If you are an AV member and have forgotten your password phone AV for a temporary password.

The process to create a profile is as follows:

- Go to the AV website - [www.athsvic.org.au](http://www.athsvic.org.au).
- Left click on LOGIN (top right hand side above the white search box).
- Left click on CREATE A PROFILE (top right hand side).
- If a drop down box appears - left click OK.
- Enter personal information as required.

In the CLUB box enter Victorian Masters Athletics Club.

In MEMBER DETAILS tick the box for AV Non Member.

Enter a user name - this can be your real name or a nick name.

Enter a password - must be at least 6 characters - and don't forget to write this down.

You have now created your AV profile - this only needs to be done once.

Once you have created a profile you can enter the VMA State Championships as follows:

- On the AV website: left click on EVENTS.
- Change calendar to March 2014 using the arrow (actually a white triangle).
- Left click on the red section of Saturday 15th March.
- In the drop down box left click on VIEW DETAILS.
- Then left click on ENTER EVENT.
- Log in using your AV user name and password.
- Left click on REGISTER.
- Left click on events you wish to enter, and follow on screen instructions to the payment screen.

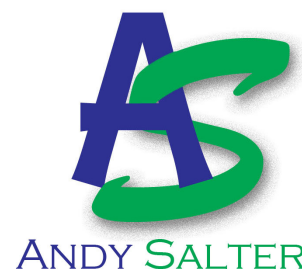
Use the same process to enter any future VMA events where only online entries are accepted, e.g. the VMA half marathon championship.

***If you need further help call Phil Urquhart on 95720805 or Russ Dickenson 98708103***

## ANDY SALTER MEMORIAL RELAY

When – **Wednesday, 5th February 2014**

Where – **Ross Reserve, Memorial Drive, Noble Park**



The **Andy Salter Relay** has been a highlight of the Springvale /Noble Park calendar for many years. Also held on the same night is the **Bert Warburton Memorial Walk Relay**.

The Andy Salter Relay is run over a 3.1km road course, with four runners in each team completing one lap of the course. There are two divisions, one for Challenge teams and the other for Fun Run teams.

**Challenge teams** must consist of three men and one woman and the total combined age of the team must be at least 175 years. The winning team will be presented with the “Andy Salter Perpetual Trophy” to hold for 12 months. Members of the first three teams receive trophies.

**Fun Run teams** consist of four runners but there are no age (other than runners being of Masters age) or sex restrictions.

**The Bert Warburton Walk Relay** is over a 2 km course with each walker completing one lap. Teams consist of three walkers of masters age and can be male, female or mixed.

To give everyone a chance at a trophy all run and walk teams will compete on an estimated time basis. Upon entry, teams nominate an estimated total team time. The teams (one run and one walk) that finishes closest to their estimated time will receive trophies. The first three Challenge teams will be excluded, having already received trophies.

Entry fee is \$12.00 per run team and \$9 per walk team, payable on registration between 6.30 pm and 7.00 pm on the night.

The program for the night is;

7.10 pm      100 metre sprint

7.15 pm      Andy Salter relay/Bert Warburton Relay

There will be a 3km track run after the relay for the truly dedicated, followed by supper and presentations. Come along and have a great night. Enquiries to Alan Bennie on 9547 2978.



*PHOTOS FROM THE OCEANIAS (clock-wise from top left)  
Lynette Smith (NSW),  
Charles Chambers,  
Tracy Carpenter,  
Steve Monaghetti  
and Shawn Claydon.*



# RESULTS



4/01/2014 to 12/01/2014

## Women 60 Metre Dash

### W30-34

1	Diloi, Viola	Aust	8.64
2	Westcott, Belinda	Aust	9.46

### W35-39

1	Neubauer, Cassie	Aust	8.77
2	Mladin, Janine	Aust	9.34
3	Ros, Montse	Aust	9.55
4	Beddie, Vanessa	Aust	13.41

### W40-44

1	Hobson, Ranell	Aust	8.25
2	Lehmann, Narelle	Aust	8.29
3	Lile, Julia	NZ	8.77
4	Lambert, Lenore	Aust	8.92
5	Aylward, Julie	Aust	9.00
6	Gathercole, Sherry	Aust	9.01
7	Cimino, Maria	Aust	9.82

### W45-49

1	Pollard, Sonya	Aust	8.88
2	Carpenter, Tracey	Aust	9.34
3	Gadsden-Brown, Ter	Aust	9.68
4	Vagg, Nicole	Aust	9.86

### W50-54

1	Mogentale, Gianna	Aust	8.40
2	McCloskey, Catheri	Aust	8.87
3	Douglass, Lynda	Aust	8.88
4	Wight, Philippa	Aust	9.65
5	Stone, Gail	Aust	9.86
6	Blute, Kathryn	Aust	10.18
7	Charles, Vicki	Aust	10.39
8	Hawke, She	Aust	12.13

### W55-59

1	Giles, Claire	NZ	9.61
2	Jenkins, Dorn	Aust	10.20

### W60-64

1	Choate, Lynne	Aust	9.27
2	Lynch, Linda	Aust	9.51
3	Norton-Baker, Marl	Aust	9.72
4	Cash, Vivienne	Aust	9.79
5	Dean, Rosemary	Aust	10.00
6	Burden, Noeline	NZ	10.18
7	Baron, Loraine	Aust	10.52
8	Bowmar, Nancy	NZ	10.69

### W65-69

1	Anderson, Lois	NZ	10.22
2	Wishart, Gladys	Aust	10.97
3	Learmont, Beverley	Aust	11.19

### W70-74

1	Bayler, Frances	NZ	11.19
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### W75-79

1	Cook, Kathleen	Aust	11.26
2	Coppock, Shirley	Aust	12.12

### W80-84

1	Peters, Margaret	NZ	11.35
2	Van Der Veeken, Cl	NZ	14.51

## Men 60 Metre Dash

### M30-34

1	Bullock, Stephen	Aust	8.10
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### M35-39

Wind: -3.9

1	Langford, Dennis	NZ	8.07
2	Butcher, Jacques	Aust	8.08
3	Timewell, Chris	Aust	8.38
4	Dare, Michael	Aust	8.43
5	Muscat, Jamie	Aust	8.65

### M40-44

Wind: -5.2

1	Lehmann, Rob	Aust	7.75
2	Udugampala, Lalith	Aust	8.02
3	Stinson, Paul	Aust	8.19
4	Rodda, Andrew	Aust	8.29
5	Trudgian, David	Aust	8.43

### M45-49

Wind: -3.2

1	Brack, Christopher	Aust	7.90
2	Harris, Irving	Nauru	8.05
3	Kotis, Con	Aust	8.15
4	Chisholm, David	Aust	8.19
5	Brennan, Gregory	Aust	8.33
6	Italia, Rob	Aust	8.39
7	Pryse, Paul	Aust	8.50
8	Romeo, Fabrizio	Aust	9.11

### M50-54

Wind: -6.1

1	Hughes, Darren	Aust	7.96
2	Kocis, Rudy	Aust	8.02
3	Solomon, Bruce	NZ	8.22
4	Daly, Mick	Aust	8.48
5	MacFarlane, Mark	NZ	8.58
6	Peters, Warren	Aust	8.71
7	Durrant, Paul	Aust	8.73
8	Jankowski, George	Aust	9.06

### M55-59

Wind: -2.1

1	Edlin, Warren	NZ	9.32
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### M60-64

Wind: -1.6

1	Turner, Paul	Aust	8.09
2	Begley, Joe	Aust	8.40
3	Baird, Stephen	Aust	8.83
4	Carr, William	Aust	8.88
5	Lobb, David	Cook I	9.92
6	Miletic, Nick	Aust	10.19

### M65-69

Wind: -2.3

1	Wall, John	Aust	8.61
2	Guptill, Trevor	NZ	8.62
3	Maher, Garry	Aust	9.18
4	Carmichael, Ian	Aust	11.39
5	Singh, Raminder	Aust	11.49

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

<b>M70-74</b>	Wind: -3.8		<b>W60-64</b>	Wind: -2.4	
1 Wishart, Robert	Aust	9.24	1 Choate, Lynne	Aust	15.5h
2 Mamalis, Greg	Aust	9.87	2 Lynch, Linda	Aust	15.8h
3 Miller, Stanley	Aust	9.89	3 Norton-Baker, Marl	Aust	16.0h
4 Boyle, Peter	Aust	10.67	4 Cash, Vivienne	Aust	16.1h
5 Bradford, Tony	Aust	10.72	5 Dean, Rosemary	Aust	16.6h
6 Fraser, Andrew	Aust	10.84	6 Burden, Noeline	NZ	17.1h
7 Jupp, Trevor	Aust	11.31	7 Bowmar, Nancy	NZ	17.3h
<b>M75-79</b>	Wind: -2.9		8 Baron, Loraine	Aust	17.4h
1 Noden, Graeme	Aust	9.61	<b>W65-69</b>		
2 Chambers, Donald	Aust	9.83	1 Anderson, Lois	NZ	17.1h
3 Foster, Stewart	NZ	10.05	2 Wishart, Gladys	Aust	18.7h
4 Hall, Mike	Aust	10.41	3 Learmont, Beverley	Aust	18.9h
5 Wood, Allan	Aust	10.75	<b>W70-74</b>	Wind: -4.4	
6 Brook, Max	Aust	10.87	1 Lang, Anne	Aust	18.7h
<b>M80-84</b>			2 Bayler, Frances	NZ	18.8h
1 Coffey, Leo	Aust	10.47	<b>W75-79</b>		
2 Bruechert, Ken	Aust	10.56	1 Cook, Kathleen	Aust	18.9h
3 Sharpe, Brian	Aust	12.23	2 Coppock, Shirley	Aust	20.9h
<b>M85-89</b>	Wind: -3.9		<b>W80-84</b>	Wind: -3.1	
1 Sinclair, Jim	Aust	12.26	1 Peters, Margaret	NZ	19.2h
2 Leovic, Rad	Aust	13.72	2 Van Der Veeken, Cl	NZ	24.6h
<b>Women 100 Metre Dash</b>			<b>Men 100 Metre Dash</b>		
<b>W30-34</b>			<b>M30-34</b>		
1 Dilo, Viola	Aust	14.1h	1 Bullock, Stephen	Aust	13.3h
2 Westcott, Belinda	Aust	15.0h	<b>M35-39</b>	Wind: -6.7	
<b>W35-39</b>	Wind: -5.6		1 Butcher, Jacques	Aust	12.9h
1 Neubauer, Cassie	Aust	14.4h	2 Langford, Dennis	NZ	13.0h
2 Mladin, Janine	Aust	15.3h	3 Sullivan, Timothy	Aust	13.6h
3 Beddie, Vanessa	Aust	23.1h	4 Dare, Michael	Aust	13.6h
<b>W40-44</b>	Wind: -5.2		=5 Muscat, Jamie	Aust	13.8h
1 Lehmann, Narelle	Aust	13.3h	=5 Timewell, Chris	Aust	13.8h
2 Hobson, Ranell	Aust	13.7h	<b>M40-44</b>	Wind: -5.9	
3 Grosvenor, Lee-Ann	Aust	13.9h	1 Lehmann, Rob	Aust	12.1h
4 Lile, Julia	NZ	14.0h	3 Stinson, Paul	Aust	13.2h
5 Aylward, Julie	Aust	14.6h	=4 Udugampala, Lalith	Aust	13.1h
6 Gathercole, Sherry	Aust	14.9h	=4 Rodda, Andrew	Aust	13.4h
7 Cimino, Maria	Aust	15.7h	5 Trudgian, David	Aust	13.5h
<b>W45-49</b>	Wind: -4.6		6 Campbell, Mark	Aust	13.9h
1 Attenborough, Lisa	Aust	14.3h	<b>M45-49</b>	Wind: -5.3	
2 Pollard, Sonya	Aust	14.5h	1 Brack, Christopher	Aust	12.4h
3 Burns, Jacinta	Aust	14.6h	2 Harris, Irving	Nauru	12.9h
4 Carpenter, Tracey	Aust	15.6h	3 Brennan, Gregory	Aust	13.1h
5 Gadsden-Brown, Ter	Aust	16.2h	4 Kotis, Con	Aust	13.3h
6 Vagg, Nicole	Aust	16.5h	5 Chisholm, David	Aust	13.4h
<b>W50-54</b>	Wind: -2.5		6 Italia, Rob	Aust	13.6h
1 Mogentale, Gianna	Aust	13.4h	7 Neofitou, Spiro	Aust	13.8h
2 Forster, Julie	Aust	14.1h	<b>M50-54</b>		
3 Douglass, Lynda	Aust	14.4h	1 Hughes, Darren	Aust	12.3h
=4 McCloskey, Catheri	Aust	14.8h	2 Kocis, Rudy	Aust	12.5h
=4 Hossack, Michele	Aust	14.8h	3 Solomon, Bruce	NZ	13.0h
6 Chinner, Sarah	Aust	15.1h	4 MacFarlane, Mark	NZ	13.2h
7 Wight, Philippa	Aust	15.7h	5 Daly, Mick	Aust	13.3h
8 Stone, Gail	Aust	15.8h	6 Durrant, Paul	Aust	13.7h
9 Blute, Kathryn	Aust	16.3h	7 Lett, Mark	NZ	13.7h
10 Charles, Vicki	Aust	16.4h	8 Peters, Warren	Aust	13.8h
<b>W55-59</b>	Wind: -5.3		<b>M55-59</b>	Wind: -2.7	
1 Giles, Claire	NZ	16.3h	1 Mayston, Rob	Aust	12.8h
			2 Sargent, Jeff	Aust	13.4h

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

3	Edlin, Warren	NZ	14.9h	4	Chisholm, David	Aust	26.57q
4	Champion, Greg	Aust	15.1h	<b>Women 200 Metre Dash - Finals</b>			
5	Shanahan, Kevin	Aust	18.0h	<b>W30-34</b>			
<b>M60-64</b>				1	Diloi, Viola	Aust	28.33
1	Turner, Paul	Aust	13.1h	2	Westcott, Belinda	Aust	30.13
2	Begley, Joe	Aust	13.6h	<b>W35-39</b>			
3	Baird, Stephen	Aust	14.2h	1	Neubauer, Cassie	Aust	28.36
4	Carr, William	Aust	14.6h	2	Gillick, Melissa	Aust	36.93
5	Maud, David	Aust	15.1h	<b>W40-44</b>			
6	Milne, David	Aust	16.4h	<b>Wind: 2.3</b>			
7	Miletic, Nick	Aust	16.6h	1	Lehmann, Narelle	Aust	26.23
<b>M65-69</b>				2	Grosvenor, Lee-Ann	Aust	26.60
<b>Wind: -4.6</b>				3	Lile, Julia	NZ	27.80
1	Wall, John	Aust	13.8h	4	Lambert, Lenore	Aust	27.85
2	Guptill, Trevor	NZ	13.8h	5	Aylward, Julie	Aust	28.06
3	Maher, Garry	Aust	15.2h	6	Rothery, Cherie	Aust	32.02
4	Carmichael, Ian	Aust	20.0h	7	Cimino, Maria	Aust	32.28
<b>M70-74</b>				<b>W45-49</b>			
<b>Wind: -6.3</b>				<b>Wind: 0.3</b>			
1	Wishart, Robert	Aust	14.5h	1	Little, Rachel	Aust	27.06
2	Miller, Stanley	Aust	16.5h	2	Burns, Jacinta	Aust	29.34
3	Oakley, Russell	Aust	17.2h	3	Carpenter, Tracey	Aust	30.35
4	Bradford, Tony	Aust	17.9h	<b>W50-54</b>			
5	Fraser, Andrew	Aust	18.5h	<b>Wind: 1.5</b>			
<b>M75-79</b>				1	Mogentale, Gianna	Aust	26.69
<b>Wind: -5.2</b>				2	Forster, Julie	Aust	28.32
1	Chambers, Donald	Aust	16.2h	3	Douglass, Lynda	Aust	29.05
2	Noden, Graeme	Aust	16.4h	4	Hossack, Michele	Aust	29.30
3	Foster, Stewart	NZ	16.7h	5	Chinner, Sarah	Aust	29.74
4	Howes, John	Aust	17.8h	6	Wight, Philippa	Aust	31.12
5	Wood, Allan	Aust	18.4h	7	Stone, Gail	Aust	32.47
<b>M80-84</b>				8	Blute, Kathryn	Aust	33.40
1	Coffey, Leo	Aust	17.1h	<b>W55-59</b>			
2	Bruechert, Ken	Aust	17.3h	<b>Wind: 0.3</b>			
3	Sharpe, Brian	Aust	20.1h	1	Monk, Leanne	Aust	31.07
<b>M85-89</b>				2	Giles, Claire	NZ	32.20
<b>Wind: -4.3</b>				<b>W60-64</b>			
1	Sinclair, Jim	Aust	20.1h	<b>Wind: NWI</b>			
2	Leovic, Rad	Aust	21.8h	1	Flynn, Jeanette	Aust	30.77
<b>200 Metre Dash Preliminaries</b>				2	Choate, Lynne	Aust	31.57
<b>W50-54</b>				3	Norton-Baker, Marl	Aust	32.18
<b>Heat 1</b>				4	Cash, Vivienne	Aust	32.94
<b>Wind: -0.3</b>				5	Dean, Rosemary	Aust	34.24
1	Mogentale, Gianna	Aust	27.60Q	6	Burden, Noeline	NZ	35.80
2	Forster, Julie	Aust	29.82Q	7	Mackay, Lynne	NZ	37.26
3	Stone, Gail	Aust	32.49Q	<b>W65-69</b>			
4	Blute, Kathryn	Aust	33.88q	1	Anderson, Lois	NZ	34.20
5	Rusbridge, Jennifer	Aust	37.90	2	Moorhouse, Paula	Aust	34.87
<b>Heat 2</b>				3	Hampson, Jean	Aust	36.54
<b>Wind: -0.1</b>				<b>W70-74</b>			
1	Douglass, Lynda	Aust	29.79Q	<b>Wind: 1.0</b>			
2	Hossack, Michele	Aust	30.37Q	1	Lang, Anne	Aust	36.46
3	Chinner, Sarah	Aust	30.86Q	2	Bayler, Frances	NZ	40.18
4	Wight, Philippa	Aust	31.62q	<b>W75-79</b>			
<b>M45-49</b>				1	Cook, Kathleen	Aust	37.20
<b>Heat 1</b>				2	Coppock, Shirley	Aust	42.07
<b>Wind: 0.9</b>				<b>W80-84</b>			
1	Brennan, Gregory	Aust	26.20Q	<b>Wind: 1.5</b>			
2	Harris, Irving	Nauru	26.83Q	1	Peters, Margaret	NZ	40.27
3	Neofitou, Spiro	Aust	27.07Q	2	Van Der Veeken, Cl	NZ	57.52
4	Weitsz, Julius	Aust	27.44q	<b>Men 200 Metre Dash - Finals</b>			
5	Romeo, Fabrizio	Aust	27.89	<b>M30-34</b>			
<b>Heat 2</b>				<b>Wind: -0.1</b>			
<b>Wind: -0.1</b>				1	Farlow, Adam	Aust	22.46
1	Brack, Christopher	Aust	25.88Q	2	Lorraway, Danny	Aust	25.34
2	Italia, Rob	Aust	26.02Q	<b>M35-39</b>			
3	Phelan, Joseph	Aust	26.07Q	<b>Wind: -0.4</b>			
				1	Maurer, Brett	Aust	23.70

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

2	Gunther, Mark	Aust	24.91	<b>Women 400 Metre Run</b>		
3	Butcher, Jacques	Aust	24.92	<b>W30-34</b>		
4	Sullivan, Timothy	Aust	24.96	1	Diloi, Viola	Aust 1:07.06
5	Muscat, Jamie	Aust	27.37	2	Westcott, Belinda	Aust 1:10.56
<b>M40-44</b>		Wind: 1.7		<b>W40-44</b>		
1	Lehmann, Rob	Aust	23.07	1	Grosvenor, Lee-Ann	Aust 1:00.21
2	Pittman, Geoffrey	Aust	23.30	2	Crawford, Talitha	Aust 1:02.00
3	Trudgian, David	Aust	25.26	3	Lile, Julia	NZ 1:04.96
4	Ryan, Darren	Aust	27.23	4	Williams, Andrea	NZ 1:05.05
<b>M45-49</b>		Wind: 1.8		5	Cobby, Vicki	Aust 1:07.48
1	Brack, Christopher	Aust	23.84	6	Rothery, Cherie	Aust 1:10.03
2	Italia, Rob	Aust	25.79	7	Stevenson, Michelle	Aust 1:13.01
3	Phelan, Joseph	Aust	25.94	8	Cimino, Maria	Aust 1:18.90
4	Brennan, Gregory	Aust	26.22	<b>W45-49</b>		
5	Chisholm, David	Aust	26.48	1	Little, Rachel	Aust 59.37
6	Neofitou, Spiro	Aust	26.84	2	Attenborough, Lisa	Aust 1:04.17
7	Weitsz, Julius	Aust	27.09	3	Carpenter, Tracey	Aust 1:08.47
<b>M50-54</b>		Wind: -0.4		4	Reynolds, Linda	NZ 1:27.57
1	Kocis, Rudy	Aust	24.54	5	Minchin, Lisa	Aust 1:36.48
2	MacFarlane, Mark	NZ	25.59	<b>W50-54</b>		
3	Peters, Warren	Aust	26.82	1	Mogentale, Gianna	Aust 1:02.62
4	Lett, Mark	NZ	27.36	2	Chinner, Sarah	Aust 1:08.04
<b>M55-59</b>		Wind: +0.0		3	Douglass, Lynda	Aust 1:09.85
1	Mayston, Rob	Aust	25.20	4	Stone, Gail	Aust 1:15.67
2	Sargent, Jeff	Aust	26.20	5	Blute, Kathryn	Aust 1:21.02
3	Low, Steve	NZ	27.57	6	Rusbridge, Jennifer	Aust 1:22.21
4	Miller, Harold	Aust	30.51	<b>W55-59</b>		
5	Edlin, Warren	NZ	30.60	1	Giles, Claire	NZ 1:13.66
6	Shanahan, Kevin	Aust	33.36	2	Bowman, Carol	Aust 1:21.52
<b>M60-64</b>		Wind: 1.5		3	Sanderson, Dalise	NZ 1:22.21
1	McConnell, David	Aust	26.55	<b>W60-64</b>		
2	Begley, Joe	Aust	26.98	1	Flynn, Jeanette	Aust 1:08.94
3	Baird, Stephen	Aust	28.93	2	Saunders, Margaret	Aust 1:14.15
4	Carr, William	Aust	29.28	3	Norton-Baker, Marl	Aust 1:15.50
5	Radford, Alan	Aust	30.99	4	Choate, Lynne	Aust 1:20.85
6	Miletic, Nick	Aust	34.33	<b>W65-69</b>		
<b>M65-69</b>		Wind: 1.4		1	Moorhouse, Paula	Aust 1:19.42
1	Guptill, Trevor	NZ	27.26	2	Hampson, Jean	Aust 1:24.86
2	Sims, Geoff	Aust	28.40	3	Patrick, Barbara	NZ 1:25.64
3	Maher, Garry	Aust	29.54	<b>W70-74</b>		
4	Cole, Ian	Aust	30.32	1	Lang, Anne	Aust 1:21.28
5	Gill, Hunter	Aust	35.71	<b>W75-79</b>		
<b>M70-74</b>		Wind: 1.8		1	Coppock, Shirley	Aust 1:44.01
1	Wishart, Robert	Aust	28.28	<b>Men 400 Metre Run</b>		
2	Trembath, Richard	Aust	31.90	<b>M30-34</b>		
3	Oakley, Russell	Aust	32.17	1	Lorraway, Danny	Aust 56.33
4	Newton, Robert	Aust	33.91	<b>M35-39</b>		
5	Bradford, Tony	Aust	35.71	1	Maurer, Brett	Aust 51.99
<b>M75-79</b>				2	Gunther, Mark	Aust 55.45
1	Chantrill, David	Aust	29.89	3	Sullivan, Timothy	Aust 57.45
2	Foster, Stewart	NZ	32.15	<b>M40-44</b>		
3	Howes, John	Aust	32.48	1	McLennan, Campbell	Aust 57.55
4	Chambers, Donald	Aust	33.06	2	Ryan, Darren	Aust 57.85
5	Wood, Allan	Aust	36.62	3	Campbell, Mark	Aust 1:06.11
<b>M80-84</b>				<b>M45-49</b>		
1	Coffey, Leo	Aust	35.43	1	Brack, Christopher	Aust 52.82
2	Bruechert, Ken	Aust	36.53	2	Hennig, Shawn	Aust 56.70
3	Sharpe, Brian	Aust	40.71	3	Italia, Rob	Aust 56.75
<b>M85-89</b>		Wind: 1.1				
1	Sinclair, Jim	Aust	41.25			

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

4 McDonalds, Peter	Aust	57.08	W50-54	1 Mogentale, Gianna	Aust	2:38.4h
5 Pryse, Paul	Aust	58.65		2 Chinner, Sarah	Aust	2:45.1h
6 Chisholm, David	Aust	1:00.07		3 Wright, Jay	Aust	3:15.8h
7 Neofitou, Spiro	Aust	1:00.33		4 Rusbridge, Jennifer	Aust	3:21.9h
8 Weitsz, Julius	Aust	1:01.44				
<b>M50-54</b>			<b>W55-59</b>	1 Sanderson, Dalise	NZ	3:07.5h
1 MacFarlane, Mark	NZ	57.17		2 Bowman, Carol	Aust	3:23.2h
2 Solomon, Bruce	NZ	1:00.67				
3 Lett, Mark	NZ	1:01.93	<b>W60-64</b>	1 Flynn, Jeanette	Aust	2:40.31
<b>M55-59</b>				2 Saunders, Margaret	Aust	2:50.11
1 Mayston, Rob	Aust	56.02		3 Sims, Kathy	Aust	3:02.37
2 Sargent, Jeff	Aust	59.95		4 Adams, Victoria	NZ	3:14.68
3 Low, Steve	NZ	1:02.67		5 Mackay, Lynne	NZ	3:36.40
4 Edlin, Warren	NZ	1:11.78		-- Parker, Eileen	Aust	DNF
<b>M60-64</b>			<b>W65-69</b>	1 Moorhouse, Paula	Aust	3:07.35
1 McConnell, David	Aust	1:03.17		2 Patrick, Barbara	NZ	3:24.75
2 Begley, Joe	Aust	1:05.68		3 Davey, Irene	Aust	3:41.31
3 Fuller, Stephen	Aust	1:06.35	<b>W70-74</b>	1 Petrie, Lavinia	Aust	3:12.35
4 Ford, Graham	Aust	1:07.77		2 Lang, Anne	Aust	3:15.31
5 Shaw, Derek	NZ	1:10.23	<b>W75-79</b>	1 Mews, Pam	Aust	6:36.48
6 Baird, Stephen	Aust	1:12.66				
7 Radford, Alan	Aust	1:14.76	<b>Men 800 Metre Run</b>			
8 Miletic, Nick	Aust	1:24.79	<b>M30-34</b>	1 Parker, Adam	Aust	2:17.3h
<b>M65-69</b>			<b>M35-39</b>	1 Knowles, Adam	Aust	2:12.2h
1 Sims, Geoff	Aust	1:04.88		2 Timewell, Chris	Aust	2:29.4h
2 Maher, Garry	Aust	1:08.74		3 Browell, Leigh	Aust	2:36.3h
3 Clarkson, Murray	NZ	1:14.21	<b>M40-44</b>	1 McLennan, Campbell	Aust	2:11.0h
4 Gill, Hunter	Aust	1:14.94		2 Brooker, Andrew	Aust	2:17.3h
5 Dunstan, Richard	Aust	1:36.40		3 Hilson, Greg	Aust	2:18.9h
<b>M70-74</b>				4 Sexton, Andrew	NZ	2:19.3h
1 Jones, Barry	NZ	1:10.10		5 Campbell, Mark	Aust	2:42.9h
2 Trembath, Richard	Aust	1:13.86	<b>M45-49</b>	1 McDonald, Peter	Aust	2:16.0h
3 Oakley, Russell	Aust	1:16.48		2 Twiss, William	NZ	2:19.6h
4 Bradford, Tony	Aust	1:26.27		3 Green, Craig	Aust	2:25.1h
<b>M75-79</b>			<b>M50-54</b>	1 Bieleny, Michael	Aust	2:14.2h
1 Howes, John	Aust	1:19.68		2 Heiden, Wolf	Aust	2:47.0h
2 Brook, Max	Aust	1:20.95	<b>M55-59</b>	1 Thomas, Paul	Aust	2:27.4h
3 Wood, Allan	Aust	1:36.69		2 Page, Colin	Aust	2:37.8h
<b>M80-84</b>				3 Shanahan, Kevin	Aust	2:57.8h
1 Sharpe, Brian	Aust	1:38.73		4 White, Norman	Aust	3:56.4h
<b>M85-89</b>			<b>M60-64</b>	1 Mayfield, Allan	Aust	2:33.1h
1 Sinclair, Jim	Aust	1:49.23		2 Chambers, Charles	Aust	2:34.7h
<b>Women 800 Metre Run</b>				3 Dybdahl, Bjorn	Aust	2:36.1h
<b>W30-34</b>				4 Shaw, Derek	NZ	2:37.9h
1 Hawken, Sophie	Aust	2:32.5h		5 Chamberlin, Mal.	NZ	2:39.2h
2 Ryan, Lisa	Aust	2:45.4h		6 Gilbert, Leon	Aust	2:40.5h
<b>W35-39</b>				7 Milne, David	Aust	2:57.4h
1 Kasapis, Anna	Aust	2:21.0h		8 Flack, George	Aust	3:10.4h
2 Davis, Lisa	Aust	2:32.8h		9 Miletic, Nick	Aust	3:37.0h
<b>W40-44</b>						
1 Crawford, Talitha	Aust	2:25.3h				
2 Williams, Andrea	NZ	2:34.6h				
3 Cobby, Vicki	Aust	2:43.5h				
<b>W45-49</b>						
1 Stewart, Meghann	NZ	2:31.8h				
2 Hare, Anne	NZ	2:37.2h				
3 Smith, Delwyn	NZ	2:57.5h				
4 Kirne, Debby	Aust	2:58.3h				
5 Reynolds, Linda	NZ	3:19.1h				
6 Bryce, Maria	Aust	3:27.6h				

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### M65-69

1	Sims, Geoff	Aust	2:44.3h
2	Clarkson, Murray	NZ	2:47.0h
3	Shaw, Geoff	Aust	2:48.8h
4	Maher, Garry	Aust	2:49.6h
5	Gill, Hunter	Aust	2:59.2h
6	Brown, Ivan	Aust	3:04.6h
7	McLure, Jim	Aust	3:13.5h
8	Phelan, Terry	Aust	3:36.6h

### M70-74

1	Jones, Barry	NZ	2:44.3h
2	Sandery, Peter	Aust	2:51.7h
3	Trembath, Richard	Aust	3:06.9h
4	Oakley, Russell	Aust	3:09.5h
5	Close, David	Aust	3:20.7h
6	Egan, Elwyn	Aust	3:30.4h

### M75-79

1	Justice, John	Aust	3:12.0h
2	Brook, Max	Aust	3:13.4h

### M80-84

1	Sharpe, Brian	Aust	4:21.8h
2	Silcock-Delaney, C	Aust	5:15.3h

### Women1500 Metre Run

#### W30-34

1	Hawken, Sophie	Aust	5:08.96
2	Ryan, Lisa	Aust	5:50.13

#### W35-39

1	Davis, Lisa	Aust	4:56.32
2	McLennan, Laura	Aust	6:52.48
3	Gillick, Melissa	Aust	7:02.73

#### W40-44

1	Crawford, Talitha	Aust	5:04.17
2	Williams, Andrea	NZ	5:07.70
3	Stevenson, Michelle	Aust	5:48.21

#### W45-49

1	Stewart, Meghann	NZ	5:07.64
2	Hare, Anne	NZ	5:11.20
3	Hunter, Pia	Aust	5:34.42
4	Smith, Delwyn	NZ	6:27.05
5	Reynolds, Linda	NZ	6:36.95
6	Bryce, Maria	Aust	6:59.98

#### W55-59

1	Stanley, Helen	Aust	6:05.24
2	Sanderson, Dalise	NZ	6:11.13
3	Woodburn, Rosamund	Aust	6:12.74

#### W60-64

1	Flynn, Jeanette	Aust	6:03.28
2	Sims, Kathy	Aust	6:09.99
3	Adams, Victoria	NZ	6:41.98

#### W65-69

1	Lowe, Ros	Aust	7:01.33
2	Morrison, Barbara	NZ	7:43.19

#### W70-74

1	Petrie, Lavinia	Aust	6:06.00
2	Campbell, Mary	Aust	7:18.57

#### W75-79

1	Mews, Pam	Aust	13:36.03
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#### W80-84

1	Van Der Veecken, Cl	NZ	10:48.55
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### Men1500 Metre Run

#### M30-34

1	Parker, Adam	Aust	4:37.56
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#### M35-39

1	Knowles, Adam	Aust	4:21.20
2	Kumar, Bimlesh	Fiji	4:58.23
3	Browell, Leigh	Aust	5:18.61

#### M40-44

1	Dawes, Kynan	Aust	4:15.17
2	McLennan, Campbell	Aust	4:16.01
3	Brooker, Andrew	Aust	4:38.48
4	Tranter, David	Aust	4:52.56
5	Hilson, Greg	Aust	4:57.21
6	Campbell, Mark	Aust	5:42.21
7	Crennan, Christopher	Aust	5:43.40

#### M45-49

1	Twiss, William	NZ	4:36.25
2	Wray, Michael	NZ	4:40.12
3	Heislars, David	Aust	5:36.67
4	Romeo, Fabrizio	Aust	5:44.36
--	Green, Craig	Aust	DNF

#### M50-54

1	Bieleny, Michael	Aust	4:30.40
2	Cowell, Peter	Aust	4:47.58
3	Cross, Tim	NZ	4:58.09
4	Heiden, Wolf	Aust	5:39.61

#### M55-59

1	Thomas, Paul	Aust	5:03.02
2	White, Norman	Aust	8:34.93

#### M60-64

1	Chambers, Charles	Aust	4:59.82
2	Mayfield, Allan	Aust	5:03.55
3	Wilson, Ewen	Aust	5:12.89
4	Shaw, Derek	NZ	5:13.53
5	Hammond, Alan	Aust	5:15.54
6	Chamberlin, Malcolm	NZ	5:25.51
7	Gilbert, Leon	Aust	5:28.86
8	Milne, David	Aust	5:49.62
9	Flack, George	Aust	6:27.27
10	Teabuge, Karl Heinz	Nauru	6:59.35

#### M65-69

1	Solomon, Kevin	Aust	5:01.33
2	Clarkson, Murray	NZ	5:38.56
3	Costmeyer, Robbie	Aust	5:39.32
4	Gill, Hunter	Aust	5:56.15
5	Brown, Ivan	Aust	6:19.38

#### M70-74

1	Sandery, Peter	Aust	5:32.59
2	Jones, Barry	NZ	6:14.35
3	Close, David	Aust	6:24.07
4	Schickert, Bob	Aust	6:47.78
5	Egan, Elwyn	Aust	7:10.36

#### M75-79

1	Justice, John	Aust	6:37.23
2	Brook, Max	Aust	6:46.83

#### M80-84

1	Tobin, Jim	NZ	9:33.57
2	Silcock-Delaney, C	Aust	11:03.86

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### Women 5000 Metre Run

**W35-39**  
1 Davis, Lisa Aust 19:04.30

**W40-44**  
1 Suffolk, Cristine Aust 20:54.55

**W45-49**  
1 Hare, Anne NZ 19:21.43  
2 Potezny, Frina Aust 19:33.51  
3 Hunter, Pia Aust 20:53.17  
4 Buckley, Anne Aust 22:02.26  
5 Reynolds, Linda NZ 25:27.91  
6 Wray, Sharon NZ 27:06.22

**W55-59**  
1 Stanley, Helen Aust 22:33.08  
2 Sanderson, Dalise NZ 22:52.27

**W60-64**  
1 Wilson, Julie Aust 25:08.75

**W65-69**  
1 Patrick, Barbara NZ 23:32.05  
2 Stewart, Judith NZ 24:06.71  
3 Lowe, Ros Aust 25:08.19

**W70-74**  
1 Petrie, Lavinia Aust 21:53.63  
2 Campbell, Mary Aust 26:01.81

**W75-79**  
1 Mews, Pam Aust 47:26.43

### Men 5000 Metre Run

**M30-34**  
1 Parker, Adam Aust 17:51.89

**M 35-39**  
1 Feuerherdt, Craig Aust 18:04.95  
2 Hartland, Darren Aust 18:41.74  
3 Kumar, Bimlesh Fiji 18:58.46  
4 Browell, Leigh Aust 20:55.90

**M40-44**  
1 Meade, David Aust 16:16.98  
2 Tranter, David Aust 18:18.04  
3 Giuliani, Antonio Aust 18:36.83

**M45-49**  
1 Wray, Michael NZ 17:22.71  
2 Twiss, William NZ 18:14.19  
3 Comber, Dean Aust 18:29.37  
4 Heislars, David Aust 21:22.28  
5 Le Nepveu, Neil Aust 21:33.05  
-- Hannam, Mark Aust DNF

**M50-54**  
1 Graham, Bruce Aust 16:44.37  
2 Bieleny, Michael Aust 16:45.30  
3 Cowell, Peter Aust 17:43.90  
4 Kelly, Trevor Aust 18:03.39  
5 Cross, Tim NZ 19:21.62  
6 Heiden, Wolf Aust 20:58.09  
7 Dell, Tony Aust 22:19.66

**M55-59**  
1 Calder, Ian NZ 17:41.63  
2 Law, Keith Aust 17:57.47  
3 Watson, Barry NZ 20:46.38  
4 Heywood, Colin Aust 21:11.71

### M60-64

1 Chambers, Charles Aust 18:06.76  
2 Shaw, Derek NZ 19:40.11  
3 Dybdahl, Bjorn Aust 19:46.77  
4 Hammond, Alan Aust 19:46.99  
5 Sanderson, Gene NZ 20:11.55  
6 Wall, Edmund Aust 20:33.09  
7 Milne, David Aust 21:14.36  
8 Graham, Geoffrey Aust 23:52.87  
9 Martin, Ian NZ 24:52.07

### M65-69

1 Costmeyer, Robbie Aust 21:26.19  
2 Solomon, Kevin Aust 21:44.54  
3 Gill, Hunter Aust 22:10.94  
4 White, George Aust 22:28.35  
5 Brown, Ivan Aust 23:20.69  
6 Finn, Edward Aust 24:39.02  
7 Phelan, Terry Aust 28:24.39

### M70-74

1 Sandery, Peter Aust 20:10.37  
2 Brooks, Barry Aust 21:47.47  
3 Close, David Aust 23:48.05  
4 Schickert, Bob Aust 24:46.71  
5 Fahy, Tony Aust 24:58.61  
6 Eustace, Alan NZ 33:59.39

### M75-79

1 Trengrove, Colin Aust 29:21.11

### M80-84

1 Tobin, Jim NZ 33:44.37  
2 Silcock-Delaney, C Aust 36:41.64

### M85-89

1 Leovic, Rad Aust 33:23.05

### Short Hurdles

#### 80 Metre Hurdles

**W40-44** Wind: -6.5  
1 Rothery, Cherie Aust 16.51  
2 Cobby, Vicki Aust 16.52  
-- Lambert, Lenore Aust DNF

**W50-54** Wind: -5.8  
1 Hossack, Michele Aust 15.12

**W60-64**  
1 Burden, Noeline NZ 19.88

**M70-74** Wind: -5.2  
1 Mamalis, Greg Aust 17.91  
2 Sobotka, Ivan Czech X22.60

**M75-79** Wind: -3.7  
1 Chambers, Donald Aust 18.5h  
2 Foster, Stewart NZ 18.8h  
3 Brook, Max Aust 23.9h

#### 110 Metre Hurdles

**M30-34** Wind: -4.7  
1 Bullock, Stephen Aust 21.41

**M35-39**  
1 Butcher, Jacques Aust 20.88

**M40-44**  
1 Udugampala, L. Aust 24.39

**M45-49** Wind: -1.7  
1 Hennig, Shawn -Aust 20.15

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

2	Chisholm, David	Aust	21.02	3	Heiden, Wolf	Aust	13:13.97
3	Italia, Rob	Aust	26.38	4	Dell, Tony	Aust	14:59.51
<b>Men 100 Metre Hurdles</b>				<b>M55-59</b>			
M50-54	Wind: -3.9			1	Heywood, Colin	Aust	14:06.62
1	De Biasi, Luke	Aust	18.08	<b>2000 Metre Steeplechase</b>			
2	Jankowski, George	Aust	20.37	<b>W30-34</b>			
M55-59				1	Ryan, Lisa	Aust	9:16.42
1	Champion, Greg	Aust	20.41	<b>W35-39</b>			
M60-64	Wind: -4.6			1	Davis, Lisa	Aust	7:50.94
1	Neale, John	Aust	29.65	2	Gillick, Melissa	Aust	11:41.20
M65-69				<b>W40-44</b>			
1	Shuter, Vasyl	Aust	23.52	1	Williams, Andrea	NZ	8:30.43
2	Phillips, Desmond	NZ	23.55	2	Rosas, Kelly	Aust	13:13.62
<b>300 Metre Hurdles</b>				<b>W45-49</b>			
M50-54				1	Smith, Delwyn	NZ	9:59.43
1	Hossack, Michele	Aust	49.91	2	Reynolds, Linda	NZ	10:02.48
M60-64				<b>W50-54</b>			
1	McConnell, David	Aust	49.50	1	Charles, Vicki	Aust	12:22.58
2	Ford, Graham	Aust	50.24	<b>W55-59</b>			
M65-69				1	Bowman, Carol	Aust	10:49.62
1	Maher, Garry	Aust	56.87	<b>W60-64</b>			
2	Phillips, Desmond	NZ	58.47	1	Saunders, Margaret	Aust	9:28.99
3	Shuter, Vasyl	Aust	1:04.67	2	Adams, Victoria	NZ	10:05.46
M70-74				3	Wilson, Julie	Aust	10:34.16
1	Trembath, Richard	Aust	56.07	4	Carr, Heather	Aust	10:59.75
M70-74				<b>W65-69</b>			
2	Miller, Stanley	Aust	1:06.12	1	Davey, Irene	Aust	10:34.16
M75-79				2	Lowe, Ros	Aust	10:59.87
1	Foster, Stewart	NZ	1:01.26	<b>W70-74</b>			
2	Chambers, Donald	Aust	1:04.28	1	Schickert, Lynne	Aust	15:14.24
3	Brook, Max	Aust	1:10.63	<b>W80-84</b>			
<b>400 Metre Hurdles</b>				1	Van Der Veecken, Cl	NZ	16:16.50
M40-44				<b>M60-64</b>			
1	Cobby, Vicki	Aust	1:12.84	1	Mayfield, Allan	Aust	7:39.98
2	Rothery, Cherie	Aust	1:19.24	2	Schwebel, Ron	Aust	7:48.33
3	Rosas, Kelly	Aust	1:28.39	3	Dybdahl, Bjorn	Aust	8:00.10
M40-44				4	Shaw, Derek	NZ	8:17.51
1	Hilson, Greg	Aust	1:07.41	5	Sanderson, Gene	NZ	8:21.07
M45-49				6	Martin, Ian	NZ	9:53.01
1	Hennig, Shawn	Aust	1:04.40	7	Miletic, Nick	Aust	11:35.93
2	Mohd Ali, Shamry	Malay	X1:09.76	<b>M65-69</b>			
3	Chisholm, David	Aust	1:12.18	1	Costmeyer, Robbie	Aust	9:01.31
M50-54				2	Phillips, Desmond	NZ	9:19.61
1	Magill, Brendan	NZ	1:16.01	3	Bowmar, Wilson	NZ	10:10.60
M55-59				4	Wilson, Greg	Aust	11:05.17
1	Miller, Harold	Aust	1:21.73	--	Moore, Peter	Aust	DNF
<b>3000 Metre Steeplechase</b>				<b>M70-74</b>			
M35-39				1	Sandery, Peter	Aust	8:55.57
1	Hicks, Grant	Aust	12:00.39	2	Schickert, Bob	Aust	10:23.25
2	Kumar, Bimlesh	Fiji	12:06.60	3	Egan, Elwyn	Aust	11:40.16
M40-44				<b>M80-84</b>			
1	Crennan, Christopher	Aust	14:20.08	1	Silcock-Delaney, C	Aust	15:05.74
M45-49				<b>Women 8k Run CC</b>			
1	Mason, Robert	Aust	14:59.94	<b>W35-39</b>			
2	Romeo, Fabrizio	Aust	16:10.81	1	Kasapis, Anna	Aust	31:18.6h
M50-54				2	Davis, Lisa	Aust	31:28.7h
1	Cross, Tim	NZ	12:24.94	<b>W40-44</b>			
2	Magill, Brendan	NZ	12:50.31	1	Suffolk, Cristine	Aust	34:29.5h

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

2 Douglass, Ingrid	Aust	36:03.5h	4 Dybdahl, Bjorn	Aust	34:12.0h
3 Rankin, Sharon	Aust	36:44.0h	5 Wall, Edmund	Aust	34:43.0h
W45-49					
1 Hunter, Pia	Aust	35:15.4h	6 Gilbert, Leon	Aust	35:16.0h
2 Kirne, Debby	Aust	38:40.1h	7 Chamberlin, Malcolm	NZ	35:23.0h
3 Healey, Leanne	Aust	40:29.7h	8 Milne, David	Aust	35:28.0h
4 Reynolds, Linda	NZ	42:50.2h	9 Graham, Geoffrey	Aust	39:25.0h
5 Wray, Sharon	NZ	44:23.5h	10 Martin, Ian	NZ	41:23.0h
W55-59					
1 Stanley, Helen	Aust	38:03.2h	11 Zeleznikow, John	Aust	1:03:07.0h
2 Bowman, Carol	Aust	42:59.1h	M65-69		
W60-64					
1 Sims, Kathy	Aust	38:14.6h	1 Costmeyer, Robbie	Aust	35:22.0h
2 Adams, Victoria	NZ	42:19.3h	2 Clarkson, Murray	NZ	36:36.0h
3 Wilson, Julie	Aust	45:41.2h	3 Walker, Jeff	Aust	36:54.0h
W65-69					
1 Stewart, Judith	NZ	39:13.2h	4 Gill, Hunter	Aust	37:07.0h
2 Patrick, Barbara	NZ	39:41.1h	5 White, George	Aust	38:50.0h
3 Lowe, Ros	Aust	43:11.7h	6 Bowmar, Wilson	NZ	41:10.0h
4 Moorhouse, Paula	Aust	45:06.0h	7 Phillips, Desmond	NZ	42:57.0h
W70-74					
1 Petrie, Lavinia	Aust	36:19.8h	M70-74		
2 Campbell, Mary	Aust	45:51.9h	1 Sandery, Peter	Aust	34:30.0h
Men 8k Run CC					
M30-34					
1 Parker, Adam	Aust	30:36.0h	2 Bennett, Ralph	Aust	37:45.0h
M35-39					
1 Feuerherdt, Craig	Aust	30:59.0h	3 Close, David	Aust	40:53.0h
2 Kumar, Bimlesh	Fiji	31:06.0h	4 Schickert, Bob	Aust	41:46.0h
3 Hartland, Darren	Aust	31:26.0h	5 Fahy, Tony	Aust	43:35.0h
4 Hicks, Grant	Aust	33:32.0h	6 Eustace, Alan	NZ	56:46.0h
M40-44					
1 Brooker, Andrew	Aust	31:26.0h	M75-79		
2 Hilson, Greg	Aust	33:57.0h	1 Trengrove, Colin	Aust	51:49.0h
3 Camilleri, Michael	Aust	34:02.0h	M80-84		
M45-49					
1 Wray, Michael	NZ	29:26.0h	1 Tobin, Jim	NZ	1:04:23.00
2 Twiss, William	NZ	31:13.0h	Women Half Marathon		
3 Comber, Dean	Aust	31:36.0h	W35-39		
4 Le Nepveu, Neil	Aust	35:18.0h	1 Davis, Lisa	Aust	1:28:18.0h
5 Heislars, David	Aust	37:36.0h	W40-44		
-- Green, Craig	Aust	DNF	1 Glasson, Rachel	Aust	1:31:46.0h
M50-54					
1 Moneghetti, Steve	Aust	26:05.0h	2 Douglass, Ingrid	Aust	1:39:22.0h
2 Bieleny, Michael	Aust	28:28.0h	3 Peace, Karen	Aust	1:47:43.0h
3 Cowell, Peter	Aust	29:41.0h	W45-49		
4 Kelly, Trevor	Aust	30:10.0h	1 Wray, Sharon	NZ	2:05:54.0h
5 Cross, Tim	NZ	31:17.0h	W50-54		
6 Heiden, Wolf	Aust	38:28.0h	1 McKerron, Janine	Aust	2:06:05.0h
M55-59					
1 Davies, Phil	Aust	32:48.0h	W55-59		
2 Watson, Barry	NZ	35:03.0h	1 O'Reilly, Maria	Aust	1:38:49.0h
3 Heywood, Colin	Aust	35:30.0h	2 Stanley, Helen	Aust	1:44:19.0h
-- Fiedler, Gavin	Aust	DNF	W60-64		
M60-64					
1 Chambers, Charles	Aust	30:27.0h	1 Wilson, Julie	Aust	2:08:19.0h
M60-64					
2 Shaw, Derek	NZ	33:05.0h	W65-69		
3 Sanderson, Gene	NZ	33:20.0h	1 Stewart, Judith	NZ	1:48:08.0h
M60-64					
2 Lowe, Ros	Aust	1:58:26.0h	2 Hartland, Darren	Aust	1:24:15.0h
M60-64					
2 Feuerherdt, Craig	Aust	1:25:44.0h	M35-39		
M40-44					
1 Draner, Shane	Aust	1:21:26.0h	M40-44		
M40-44					
1 Van Der Veecken, Cl	NZ	2:51:14.0h	Men Half Marathon		
M30-34					
1 Marsh, Paul	Aust	1:15:57.0h	M30-34		
M35-39					
1 Hartland, Darren	Aust	1:24:15.0h	M35-39		
2 Feuerherdt, Craig	Aust	1:25:44.0h	M40-44		
M40-44					
1 Draner, Shane	Aust	1:21:26.0h	M40-44		

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

2 Davie, EJ	Aust	1:47:18.0h	2 Hoskin, Sue	NZ	19:44.54
<b>M45-49</b>			3 Miratana, Sheryl	NZ	22:54.67
1 Claydon, Shawn	Aust	1:17:25.0h	<b>W65-69</b>		
2 Goodman, Luke	Aust	1:20:47.0h	1 Wilson, Jacqueline	NZ	18:41.98
3 Wray, Michael	NZ	1:23:05.0h	2 White, Marlene	NZ	18:42.13
4 Twiss, William	NZ	1:28:33.0h	3 Morrison, Barbara	NZ	19:26.75
5 Le Nepveu, Neil	Aust	1:39:32.0h	4 Johnson, Celia	Aust	21:05.83
6 Cullinan, Vincent	Aust	1:44:38.00	5 Trengrove, Margaret	Aust	21:11.66
<b>M50-54</b>			<b>W70-74</b>		
1 Cross, Tim	NZ	1:28:03.0h	1 Jones, Daphne	NZ	21:21.52
2 Keane, Ross	Aust	1:35:48.0h	2 Schickert, Lynne	Aust	22:28.42
<b>M55-59</b>			3 Hugo, Beverly	Aust	23:48.34
1 Purvis, Mark	Aust	1:21:10.0h	<b>W75-79</b>		
2 Davies, Phil	Aust	1:32:55.0h	1 Beaumont, Margaret	Aust	25:23.21
3 Watson, Barry	NZ	1:33:03.0h	2 Case, Val	Aust	
4 Heywood, Colin	Aust	1:34:29.0h	28:43.73		
5 Page, Colin	Aust	1:45:12.0h	3 Mews, Pam	Aust	32:53.46
6 Dillon, Allen	Aust	2:06:02.0h	<b>Men 3000 Metre Race Walk</b>		
<b>M60-64</b>			<b>M40-44</b>		
1 Chambers, Charles	Aust	1:24:18.0h	1 Nipperess, Dean	Aust	13:11.45
2 Wall, Edmund	Aust	1:31:33.0h	2 Smyth, David	Aust	15:45.09
3 Schwebel, Ron	Aust	1:31:44.0h	<b>M45-49</b>		
4 Shaw, Derek	NZ	1:32:42.0h	1 McFadden, Robert	Aust	17:23.85
5 Dybdahl, Bjorn	Aust	1:38:00.0h	<b>M50-54</b>		
6 Chamberlin, Malcolm	NZ	1:41:06.0h	1 Evans, Simon	Aust	15:20.97
7 Milne, David	Aust	1:41:32.0h	<b>M55-59</b>		
8 Stewart, Ernie	Aust	1:42:02.0h	1 Heywood, Colin	Aust	15:31.43
9 Hopkins, Jim	Aust	1:43:17.0h	2 Fox, Peter	NZ	15:42.78
10 Graham, Geoffrey	Aust	1:54:23.0h	<b>M60-64</b>		
11 Martin, Ian	NZ	2:10:35.0h	1 Kemsley, Eric	NZ	16:15.57
12 Zeleznikow, John	Aust	3:03:12.0h	2 Barrow, Geoff	Aust	19:13.41
<b>M65-69</b>			3 West, John	Aust	22:05.21
1 Moore, Peter	Aust	1:37:20.0h	<b>M65-69</b>		
2 White, George	Aust	1:45:28.0h	1 White, George	Aust	16:53.88
3 Hakes, Geoff	Aust	2:18:01.0h	<b>M70-74</b>		
4 Wilson, Greg	Aust	2:27:42.0h	1 Johnson, Tony	Aust	19:15.68
<b>M70-74</b>			2 West, Norman	Aust	23:22.29
1 Sandery, Peter	Aust	1:36:19.0h	<b>M75-79</b>		
2 Brooks, Barry	Aust	1:38:26.0h	1 Major, Geoffrey	Aust	24:11.05
3 Bennett, Ralph	Aust	1:45:52.0h	2 Beaumont, Ian	Aust	25:14.21
4 Close, David	Aust	1:51:10.0h	<b>M80-84</b>		
5 Fahy, Tony	Aust	2:02:07.0h	1 Silcock-Delaney, C	Aust	22:18.98
6 Schickert, Bob	Aust	2:13:16.0h	2 Hall, Ray	Aust	22:20.09
7 Eustace, Alan	NZ	2:44:44.0h	<b>Women 5000 Metre Race Walk</b>		
<b>M80-84</b>			<b>W45-49</b>		
1 Page, Bill	Aust	2:23:25.0h	1 Minchin, Lisa	Aust	39:27.24
<b>Women 3000 Metre Race Walk</b>			<b>W50-54</b>		
<b>W35-39</b>			1 Staunton-Jugovic, A	Aust	27:15.97
1 McLennan, Laura	Aust	20:43.03	<b>W55-59</b>		
<b>W45-49</b>			1 Bryant, Barb	Aust	30:12.94
1 Minchin, Lisa	Aust	23:14.01	2 Large, Theresa	NZ	34:15.40
<b>W50-54</b>			<b>W60-64</b>		
1 Staunton-Jugovic, A	Aust	15:41.80	1 Carr, Heather	Aust	29:15.16
<b>W55-59</b>			2 Thompson, Alison	Aust	30:39.53
1 Bryant, Barb	Aust	17:35.60	3 Miratana, Sheryl	NZ	38:40.17
2 Large, Theresa	NZ	19:37.60	<b>W65-69</b>		
3 Curtis, Annette	Aust	22:09.24	1 White, Marlene	NZ	32:06.58
<b>W60-64</b>			2 Wilson, Jacqueline	NZ	32:08.32
1 Carr, Heather	Aust	16:34.62			

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3 Morrison, Barbara	NZ	33:15.86	W75-79		
4 Trengrove, Marg.	Aust	35:45.00	1 Beaumont, Margaret	Aust	1:32:51.8h
5 Johnson, Celia	Aust	35:52.75	M40-44		
W70-74			1 Nipperess, Dean	Aust	48:39.5h
1 Jones, Daphne	NZ	36:18.18	2 Smyth, David	Aust	58:30.1h
2 Schickert, Lynne	Aust	37:54.32	M50-54		
3 Hugo, Beverly	Aust	40:19.12	1 Evans, Simon	Aust	55:14.7h
W75-79			-- Keirl, Bernie	Aust	DNF
1 Beaumont, Margaret	Aust	44:12.95	M55-59		
2 Case, Val	Aust	49:45.91	1 Heywood, Colin	Aust	58:16.2h
3 Mews, Pam	Aust	53:08.38	2 Fox, Peter	NZ	58:48.5h
<b>Men 5000 Metre Race Walk</b>			M60-64		
M40-44			1 Kemsley, Eric	NZ	56:37.7h
1 Smyth, David	Aust	27:35.82	2 West, John	Aust	1:14:00.9h
-- Nipperess, Dean	Aust	DQ	M65-69		
M45-49			1 Jamieson, Andrew	Aust	52:54.7h
1 Christmass, James	Aust	25:00.65	2 White, George	Aust	57:11.3h
2 McFadden, Robert	Aust	30:26.13	M70-74		
M50-54			1 Bennett, Ralph	Aust	59:23.2h
1 Evans, Simon	Aust	26:04.32	2 Johnson, Tony	Aust	1:09:07.2h
M55-59			3 West, Norman	Aust	1:21:43.2h
1 Heywood, Colin	Aust	26:42.71	M75-79		
-- Fox, Peter	NZ	DQ Rule 163.6	1 Major, Geoffrey	Aust	1:20:47.9h
M60-64			2 Beaumont, Ian	Aust	1:28:04.8h
1 Kemsley, Eric	NZ	27:58.46	M80-84		
2 Barrow, Geoff	Aust	33:27.98	1 Silcock-Delaney, Col	Aust	1:24:03.7h
3 West, John	Aust	35:45.79	<b>Women Long Jump</b>		
M65-69			W30-34		
1 White, George	Aust	28:44.91	1 Westcott, Belinda	Aust	3.85m 4.5
M70-74			W35-39		
1 Bennett, Ralph	Aust	28:53.80	1 Neubauer, Cassie	Aust	4.48m 4.6
2 Johnson, Tony	Aust	33:50.01	2 Ros, Montse	Aust	3.06m 3.3
3 West, Norman	Aust	40:21.24	W40-44		
M75-79			1 Grosvenor, Lee-Ann	Aust	4.88m 4.2
1 Trengrove, Colin	Aust	38:19.50	2 Gathercole, Sherry	Aust	4.34m 3.2
2 Major, Geoffrey	Aust	39:07.56	3 Latanis, Samantha	Aust	4.02m 4.2
M80-84			4 Phillips, Toni	Aust	4.00m 3.2
1 Silcock-Delaney, C	Aust	39:20.71	5 Ellis, Selina	Aust	3.04m 3.3
2 Hall, Ray	Aust	39:22.41	W50-54		
<b>Women 10000 Meter Race Walk</b>			1 Kay, Marie	Aust	4.27m 1.0
W50-54			2 McCloskey, Cath	Aust	4.05m 6.3
1 Staunton-Jugovic, Ann	Aust	56:33.1h	W55-59		
2 Elms, Donna-Marie	Aust	1:08:15.9h	1 Giles, Claire	NZ	3.51m 1.7
3 Major, Annette	Aust	1:10:36.8h	W60-64		
W55-59			1 Bowmar, Nancy	NZ	3.41m 3.8
1 Bryant, Barb	Aust	1:02:49.3h	2 Dean, Rosemary	Aust	3.31m 1.4
W60-64			3 Mackay, Lynne	NZ	2.77m 4.4
1 Carr, Heather	Aust	1:00:28.2h	4 Parker, Eileen	Aust	2.30m +0.0
2 Thompson, Alison	Aust	1:03:53.1h	W65-69		
3 Hoskin, Sue	NZ	1:07:06.8h	1 Hampson, Jean	Aust	3.46m 3.6
W65-69			2 Anderson, Lois	NZ	3.38m 0.7
1 Wilson, Jacqueline	NZ	1:07:41.9h	3 Learmont, Beverley	Aust	3.00m 0.9
2 Morrison, Barbara	NZ	1:08:20.6h	W70-74		
3 White, Marlene	NZ	1:11:18.1h	1 Bayler, Frances	NZ	2.77m 2.5
4 Johnson, Celia	Aust	1:11:55.6h	2 Schickert, Lynne	Aust	2.08m -0.2
5 Trengrove, Margaret	Aust	1:14:26.6h	<b>Men Long Jump</b>		
W 70-74			M30-34		
1 Jones, Daphne	NZ	1:16:10.8h	1 Bullock, Stephen	Aust	5.66m 0.7
2 Schickert, Lynne	Aust	1:17:43.9h			

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### M35-39

1	Butcher, Jacques	Aust	5.77m	1.0
2	Langford, Dennis	NZ	5.43m	5.0
3	Muscat, Jamie	Aust	4.46m	3.3

### M40-44

1	Lehmann, Rob	Aust	6.29m	0.5
2	Udugampala, Lalith	Aust	5.24m	1.5

### M45-49

1	Chisholm, David	Aust	5.09m	1.5
2	Harris, Irving	Nauru	4.78m	0.7
3	Lebron, Grant	Aust	4.67m	0.3

### M50-54

1	De Biasi, Luke	Aust	5.76m	6.7
2	Hodgson, Nick	Aust	5.69m	2.8
3	MacFarlane, Mark	NZ	4.97m	2.4
4	Lett, Mark	NZ	4.88m	0.8
5	Peters, Warren	Aust	4.86m	1.1

### M55-59

1	Miller, Harold	Aust	3.91m	-0.5
2	Pickthall, Michael	Aust	3.25m	0.9

### M60-64

1	Lobb, David	Cook Is	3.70m	5.0
2	Neale, John	Aust	2.95m	NWI

### M65-69

1	Shaw, Geoff	Aust	4.42m	2.2
2	Barber, Tom	Aust	3.74m	1.5
3	Shuter, Vasyl	Aust	3.52m	1.9
4	Singh, Raminder	Aust	2.49m	3.0

### M70-74

1	Mamalis, Greg	Aust	4.24m	1.0
2	Boyle, Peter	Aust	3.52m	4.2
3	Sobotka, Ivan	Czech	X3.09m	5.9

### M75-79

1	Noden, Graeme	Aust	4.07m	1.6
2	Chambers, Donald	Aust	3.47m	NWI
3	Brook, Max	Aust	3.46m	1.6
4	Hall, Mike	Aust	3.25m	3.9
5	Wood, Allan	Aust	3.14m	3.6
6	Boyle, Edward	Aust	3.08m	2.4

### M80-84

1	Coffey, Leo	Aust	3.00m	4.1
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## Women Triple Jump

### W30-34

1	Westcott, Belinda	Aust	8.52m	1.7
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### W35-39

1	Ros, Montse	Aust	9.37m	1.7
2	Neubauer, Cassie	Aust	8.90m	1.5

### W40-44

1	Phillips, Toni	Aust	8.81m	2.7
2	Rosas, Kelly	Aust	8.47m	0.9
3	Cimino, Maria	Aust	7.50m	2.5

### W45-49

1	Little, Rachel	Aust	8.80m	2.2
2	Smith, Robyn	Aust	7.16m	2.3

### W55-59

1	Woodburn, Rosamund	Aust	7.21m	1.3
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### W60-64

1	Burden, Noeline	NZ	6.89m	+0.0
2	Baron, Loraine	Aust	6.52m	1.7

3	Bowmar, Nancy	NZ	5.26m	2.5
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### W65-69

1	Anderson, Lois	NZ	7.14m	1.9
2	Hampson, Jean	Aust	6.81m	2.1

### W70-74

1	Bayler, Frances	NZ	6.22m	0.9
2	Schickert, Lynne	Aust	5.30m	1.7

### W80-84

1	Van Der Veecken, Cl	NZ	4.59m	2.5
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## Men Triple Jump

### M35-39

1	Langford, Dennis	NZ	11.03m	0.4
2	Muscat, Jamie	Aust	10.01m	1.2
3	Timewell, Chris	Aust	9.05m	0.8

### M40-44

1	Lehmann, Rob	Aust	11.98m	0.6
2	Watson, Rodney	Aust	8.09m	+0.0

### M45-49

1	Pryse, Paul	Aust	11.07m	0.3
2	Italia, Rob	Aust	10.81m	+0.0
3	Chisholm, David	Aust	9.60m	+0.0
4	Harris, Irving	Nauru	9.09m	+0.0

### M50-54

1	MacFarlane, Mark	NZ	10.14m	0.4
2	Peters, Warren	Aust	10.08m	0.6
3	Magill, Brendan	NZ	7.31m	+0.0

### M55-59

1	Olsson, Paul	Aust	9.16m	1.7
2	Edlin, Warren	NZ	8.07m	0.5

### M60-64

1	Lobb, David	Cook Is	7.75m	0.5
2	Neale, John	Aust	6.59m	1.0
3	Teabuge, Karl Heinz	Nauru	6.28m	0.7

### M65-69

1	Shaw, Geoff	Aust	8.99m	2.3
2	Shuter, Vasyl	Aust	8.05m	+0.0
3	Cole, Ian	Aust	8.03m	+0.0
4	Singh, Raminder	Aust	5.93m	1.5

### M70-74

1	Miller, Stanley	Aust	7.49m	-0.8
3	Boyle, Peter	Aust	7.14m	+0.0
2	Sobotka, Ivan	Czech	X7.24m	2.2

### M75-79

1	Chambers, Donald	Aust	7.50m	-0.6
2	Boyle, Edward	Aust	6.67m	-0.1

## Women High Jump

### W30-34

1	Westcott, Belinda	Aust	1.05m
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### W35-39

1	Ros, Montse	Aust	1.20m
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### W40-44

1	Smith, Lynette	Aust	1.53m
2	Cobby, Vicki	Aust	1.35m
3	Stevenson, Michelle	Aust	1.25m
3	Rosas, Kelly	Aust	1.25m

### W45-49

1	Smith, Robyn	Aust	1.19m
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### W55-59

1	Lloyd, Alex	Aust	1.31m
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## RESULTS - 2014 Oceania Masters Athletics - Bendigo

2 Monk, Leanne	Aust	1.15m
<b>W60-64</b>		
1 Bowmar, Nancy	NZ	1.17m
2 Burden, Noeline	NZ	1.05m

### Men High Jump

<b>M30-34</b>		
1 Bullock, Stephen	Aust	1.55m
<b>M35-39</b>		
1 Muscat, Jamie	Aust	1.45m
<b>M40-44</b>		
1 Hilson, Greg	Aust	1.60m
<b>M45-49</b>		
1 Hennig, Shawn	Aust	1.55m
<b>M50-54</b>		
1 De Biasi, Luke	Aust	1.55m
2 MacFarlane, Mark	NZ	1.45m
-- Jankowski, George	Aust	FAIL
<b>M55-59</b>		
1 Champion, Greg	Aust	1.25m
<b>M60-64</b>		
1 Neale, John	Aust	1.10m
<b>M65-69</b>		
1 Wilson, Greg	Aust	1.35m
2 Phillips, Desmond	NZ	1.25m
3 Shuter, Vasyll	Aust	1.10m
4 Singh, Raminder	Aust	1.00m
<b>M70-74</b>		
1 Mamalis, Greg	Aust	1.35m
3 Miller, Stanley	Aust	1.10m
4 Bradford, Tony	Aust	1.00m
2 Sobotka, Ivan	Czech	X1.20m
<b>M75-79</b>		
=1 Hall, Mike	Aust	1.10m
=1 Chambers, Donald	Aust	1.10m
=3 Kana, Nathan	Aust	1.00m
=3 Wood, Allan	Aust	1.00m

### Women Pole Vault

<b>M35-39</b>		
1 Ros, Montse	Aust	2.50m
<b>M40-44</b>		
1 Ellis, Selina	Aust	1.90m
<b>M45-49</b>		
1 Burns, Jacinta	Aust	2.02m
2 Masini, Dale	Aust	1.80m

### Men Pole Vault

<b>M45-49</b>		
1 Pryse, Paul	Aust	3.30m
<b>M50-54</b>		
1 McGrath, Tim	Aust	3.10m
2 Jankowski, George	Aust	2.80m
<b>M55-59</b>		
-- Chapman, Frank	Aust	NH
<b>M60-64</b>		
1 Neale, John	Aust	1.70m
<b>M65-69</b>		
1 Shaw, Geoff	Aust	2.70m
2 Barber, Tom	Aust	2.50m
3 Wilson, Greg	Aust	2.00m

4 Shuter, Vasyll	Aust	1.90m
<b>M70-74</b>		
1 Poulter, Jim	Aust	2.50m
-- Mamalis, Greg	Aust	NH

### M75-79

1 Chambers, Donald	Aust	1.90m
2 Kana, Nathan	Aust	1.20m
-- Hall, Mike	Aust	NH
<b>M85-89</b>		
-- Opperman, Wallace	NZ	NH

### Women Hammer Throw

<b>W30-34</b>		
1 Thomson, Audrey	Aust	30.05m
2 Westcott, Belinda	Aust	16.47m
<b>W35-39</b>		
1 Neubauer, Cassie	Aust	17.78m
2 Beddie, Vanessa	Aust	14.44m
<b>W40-44</b>		
1 Mackie, Althea	Aust	41.43m
2 Davis, Brenda	NZ	29.53m
3 Smith, Lynette	Aust	28.83m
4 Latanis, Samantha	Aust	23.55m
5 Ellis, Selina	Aust	22.19m
<b>W45-49</b>		
1 Smith, Delwyn	NZ	12.71m
<b>W50-54</b>		
1 Barr, Sharon	Aust	29.52m
2 Charles, Vicki	Aust	21.06m
3 Dell, Christine	Aust	17.61m
<b>W55-59</b>		
1 Jenkins, Dorn	Aust	40.03m
2 Taylor, Jill	Aust	33.73m
3 Giles, Claire	NZ	21.89m
<b>W60-64</b>		
1 Schultz, Christine	Aust	27.07m
2 Clarke, Kate	Aust	24.70m
3 Bowyer, Linley	Aust	20.93m
4 Mussett, Lorraine	Aust	18.19m
<b>W65-69</b>		
1 Dundas, Rhondda	Aust	29.64m
2 Thomas, Mary	Aust	28.11m
3 Hamilton, Beverley	Aust	25.01m
<b>W70-74</b>		
1 Banens, Jan	Aust	30.13m
2 Searle, Helen	Aust	20.13m
3 Mitchell, Irene	Aust	19.40m
4 Whitaker, Justine	NZ	17.62m
5 Hugo, Beverley	Aust	15.30m
<b>W75-79</b>		
1 Worrell, Valerie	Aust	23.85m
2 Heseltine, Gwynnet	NZ	20.54m
3 Drayton, Patricia	NZ	19.39m
<b>W80-84</b>		
1 Doherty, Heather	Aust	21.06m
2 Van Der Veeken, Cl	NZ	17.64m
3 Baarslag-Leb, Tina	Aust	14.12m

### Men Hammer Throw

<b>M30-34</b>		
1 Bullock, Stephen	Aust	24.12m

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

<b>M35-39</b>				3	Smith, Lynette	Aust	9.62m
1	Meiring, Ricard	Aust	59.00m	4	Cobby, Vicki	Aust	8.25m
2	Muscat, Jamie	Aust	43.16m	5	Cimino, Maria	Aust	6.96m
3	Benbow, Shane	Aust	32.35m	6	Ellis, Selina	Aust	6.21m
4	Timewell, Chris	Aust	22.17m	<b>W50-54</b>			
<b>M40-44</b>				1	Kay, Marie	Aust	11.48m
1	Best, Lyndon	Aust	42.81m	2	Stone, Gail	Aust	6.72m
2	Watson, Rodney	Aust	31.61m	3	Blute, Kathryn	Aust	6.33m
<b>M45-49</b>				<b>W55-59</b>			
1	Davey, Todd	Aust	36.09m	1	Taylor, Jill	Aust	9.54m
2	Romeo, Fabrizio	Aust	19.89m	2	Giles, Claire	NZ	8.10m
<b>M50-54</b>				<b>W60-64</b>			
1	Gyngell, Stuart	Aust	41.24m	1	Schultz, Christine	Aust	9.79m
2	Flaus, Mark	NZ	34.01m	2	Hamilton, Liz	NZ	8.62m
3	Wrzuszcak, Peter	Aust	32.62m	3	Perkins, Wilma	Aust	7.99m
4	Jankowski, George	Aust	25.29m	4	Bowmar, Nancy	NZ	7.20m
<b>M55-59</b>				5	Bowyer, Linley	Aust	6.31m
1	Olsson, Paul	Aust	35.45m	6	Mussett, Lorraine	Aust	5.82m
2	Hanbury-Brown, Rob	Aust	34.95m	<b>W65-69</b>			
3	Gravestock, Tom	Aust	34.38m	1	Dundas, Rhondda	Aust	8.35m
4	Atkinson-Howatt, A	Aust	33.41m	2	Thomas, Mary	Aust	8.16m
5	Peska, Stan	Aust	27.62m	3	Hamilton, Beverley	Aust	7.56m
6	Pickthall, Michael	Aust	17.84m	4	Learmont, Beverley	Aust	5.89m
<b>M60-64</b>				5	Lowe, Ros	Aust	5.79m
1	Johnston, Mark	Aust	39.68m	6	Woods, Claire	Aust	5.41m
2	Banens, Bob	Aust	29.37m	<b>W70-74</b>			
3	Neale, John	Aust	26.06m	1	Searle, Helen	Aust	7.90m
4	West, John	Aust	16.14m	2	Banens, Jan	Aust	6.76m
<b>M65-69</b>				3	Whitaker, Justine	NZ	6.05m
1	Holzer, Robert	Aust	35.97m	4	Ward, Emily	Aust	5.66m
2	Reynolds, John	Aust	32.45m	5	Hugo, Beverly	Aust	5.04m
3	Young, Peter	Aust	28.21m	<b>W75-79</b>			
4	Gill, Hunter	Aust	25.54m	1	Worrell, Valerie	Aust	6.37m
5	Barber, Tom	Aust	20.73m	2	Drayton, Patricia	NZ	6.15m
6	Singh, Raminder	Aust	19.23m	=3	Wahren, Mary	Aust	5.82m
7	Shuter, Vasyil	Aust	18.75m	=3	Heseltine, Gwynneth	NZ	5.82m
<b>M70-74</b>				<b>W80-84</b>			
1	Quarterman, Guy	Aust	33.86m	1	Doherty, Heather	Aust	7.44m
2	West, Norman	Aust	18.61m	2	Baarslag-Leb, Tina	Aust	5.58m
<b>M75-79</b>				<b>Men Shot Put</b>			
1	Priestley, Ken	Aust	33.86m	<b>M30-34</b>			
2	Kana, Nathan	Aust	24.90m	1	Bullock, Stephen	Aust	10.24m
3	Chambers, Donald	Aust	22.44m	<b>M35-39</b>			
<b>M80-84</b>				1	Muscat, Jamie	Aust	12.85m
1	Van Weenen, Wim	Aust	36.47m	2	Benbow, Shane	Aust	12.22m
<b>M90-94</b>				3	Timewell, Chris	Aust	8.06m
1	McKay, Max	Aust	18.36m	<b>M40-44</b>			
<b>Women Shot Put</b>				1	Gray, Aaron	Aust	12.79m
<b>W30-34</b>				2	Best, Lyndon	Aust	11.94m
1	Thomson, Audrey	Aust	9.56m	3	Watson, Rodney	Aust	11.15m
2	Westcott, Belinda	Aust	6.79m	4	Geddes, Mark	Aust	10.14m
<b>W35-39</b>				<b>M45-49</b>			
1	McLennan, Laura	Aust	7.32m	1	Davey, Todd	Aust	12.51m
2	Neubauer, Cassie	Aust	7.07m	2	Carroll, Patrick	Aust	11.86m
3	Beddie, Vanessa	Aust	5.44m	3	Inivale, Laini	NZ	11.80m
4	Woodhouse, Fleur	Aust	5.11m	4	Grant, Stan	Aust	10.21m
<b>W40-44</b>				5	Romeo, Fabrizio	Aust	8.66m
1	Latanis, Samantha	Aust	10.04m	6	Hennig, Shawn	Aust	7.54m
2	Davis, Brenda	NZ	9.73m				

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

<b>M50-54</b>			<b>4 Curtis, Annette</b>			<b>Aust</b>	<b>15.52m</b>
1	Gyngell, Stuart	Aust	17.52m	<b>W60-64</b>			
2	Flaus, Mark	NZ	11.67m	1	Perkins, Wilma	Aust	21.72m
3	McGrath, Tim	Aust	10.62m	2	Clarke, Kate	Aust	20.98m
4	Wrzuszczak, Peter	Aust	9.46m	3	Schultz, Christine	Aust	19.95m
5	Kay, John	Aust	8.74m	4	Hamilton, Liz	NZ	17.53m
<b>M55-59</b>				5	Mussett, Lorraine	Aust	9.49m
1	Peska, Stan	Aust	11.95m	<b>W65-69</b>			
2	Hanbury-Brown, Rob	Aust	10.22m	1	Thomas, Mary	Aust	20.23m
3	Gravestock, Tom	Aust	10.15m	2	Dundas, Rhondda	Aust	17.18m
4	Atkinson-Howatt, A	Aust	9.95m	3	Hamilton, Beverley	Aust	17.03m
5	Pickthall, Michael	Aust	8.26m	4	Woods, Claire	Aust	11.82m
6	White, Norman	Aust	6.66m	<b>W70-74</b>			
<b>M60-64</b>				1	Banens, Jan	Aust	14.83m
1	Johnston, Mark	Aust	11.03m	2	Whitaker, Justine	NZ	13.19m
2	Banens, Bob	Aust	10.32m	3	Ward, Emily	Aust	11.25m
3	Neale, John	Aust	8.29m	4	Hugo, Beverly	Aust	10.92m
4	West, John	Aust	7.13m	<b>W75-79</b>			
<b>M65-69</b>				1	Worrell, Valerie	Aust	11.56m
1	Young, Peter	Aust	11.39m	2	Heseltine, Gwynnet	NZ	6.99m
2	Wilson, Greg	Aust	9.06m	<b>W80-84</b>			
3	Reynolds, John	Aust	8.43m	1	Doherty, Heather	Aust	19.45m
4	Maher, Garry	Aust	8.28m	2	Van Der Veeken, Cl	NZ	9.23m
5	Barber, Tom	Aust	7.69m	3	Baarslag-Leb, Tina	Aust	8.35m
6	Singh, Raminder	Aust	7.37m	<b>Men Javelin Throw</b>			
<b>M70-74</b>				<b>M30-34</b>			
1	Tonelli, Didimo	Aust	10.06m	1	Bullock, Stephen	Aust	32.16m
2	Quarterman, Guy	Aust	9.84m	<b>M35-39</b>			
4	Jupp, Trevor	Aust	8.26m	1	Langford, Dennis	NZ	44.68m
5	Bradford, Tony	Aust	7.08m	2	Benbow, Shane	Aust	42.14m
6	West, Norman	Aust	6.46m	3	Muscat, Jamie	Aust	33.01m
3	Sobotka, Ivan	Czech	X9.19m	4	Timewell, Chris	Aust	32.01m
<b>M75-79</b>				<b>M40-44</b>			
1	Chambers, Donald	Aust	8.08m	1	Geddes, Mark	Aust	43.35m
2	Major, Geoffrey	Aust	5.47m	2	Watson, Rodney	Aust	39.19m
<b>M90-94</b>				3	Campbell, Mark	Aust	37.78m
1	McKay, Max	Aust	5.42m	<b>M45-49</b>			
<b>Women Javelin Throw</b>				1	Grant, Stan	Aust	39.19m
<b>W30-34</b>				2	Hennig, Shawn	Aust	37.05m
1	Thomson, Audrey	Aust	15.90m	3	Davey, Todd	Aust	29.88m
<b>W35-39</b>				<b>M50-54</b>			
1	Neubauer, Cassie	Aust	21.19m	1	Stainton, Nigel	NZ	52.17m
2	Gillick, Melissa	Aust	13.68m	2	Kay, John	Aust	42.25m
3	Beddie, Vanessa	Aust	10.63m	3	Gyngell, Stuart	Aust	38.41m
4	Woodhouse, Fleur	Aust	10.60m	4	Fisher, Kevin	Aust	36.52m
<b>W40-44</b>				5	Lett, Mark	NZ	33.99m
1	Smith, Lynette	Aust	31.60m	6	Magill, Brendan	NZ	23.69m
2	Grosvenor, Lee-Ann	Aust	27.93m	7	Jankowski, George	Aust	16.30m
3	Davis, Brenda	NZ	25.10m	<b>M55-59</b>			
4	Cimino, Maria	Aust	18.87m	1	Atkinson-Howatt, A	Aust	43.93m
<b>W45-49</b>				2	Hanbury-Brown, Rob	Aust	40.14m
1	Bryce, Maria	Aust	17.81m	3	Peska, Stan	Aust	36.02m
2	Smith, Delwyn	NZ	12.50m	4	Pickthall, Michael	Aust	19.94m
<b>W50-54</b>				5	White, Norman	Aust	18.74m
1	Blute, Kathryn	Aust	12.44m	6	Shanahan, Kevin	Aust	18.54m
<b>W55-59</b>				<b>M60-64</b>			
1	Lloyd, Alex	Aust	23.27m	1	Banens, Bob	Aust	40.01m
2	Woodburn, Rosamund	Aust	21.68m	2	Farr, Andrew	Aust	39.73m
3	Giles, Claire	NZ	17.88m				

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

3 Fuller, Stephen	Aust	31.22m	W70-74	1 Searle, Helen	Aust	18.42m
4 West, John	Aust	28.14m		2 Banens, Jan	Aust	15.69m
5 Neale, John	Aust	21.40m		3 Ward, Emily	Aust	15.15m
6 Chambers, Charles	Aust	16.57m		4 Whitaker, Justine	NZ	13.32m
<b>M65-69</b>				5 Hugo, Beverly	Aust	13.11m
1 Young, Peter	Aust	32.54m		<b>W75-79</b>		
2 Shuter, Vasyi	Aust	27.00m		1 Worrell, Valerie	Aust	16.76m
3 Wilson, Greg	Aust	25.70m		2 Drayton, Patricia	NZ	13.10m
4 Singh, Raminder	Aust	20.28m		3 Heseltine, Gwynnet	NZ	11.85m
5 Barber, Tom	Aust	18.80m		<b>W80-84</b>		
<b>M70-74</b>				1 Doherty, Heather	Aust	20.30m
1 Quarterman, Guy	Aust	33.02m		2 Baarslag-Leb, Tina	Aust	10.72m
3 Tonelli, Didimo	Aust	27.46m		<b>Men Discus Throw</b>		
4 West, Norman	Aust	21.00m		<b>M35-39</b>		
5 Bradford, Tony	Aust	19.16m		1 Muscat, Jamie	Aust	43.84m
6 Jupp, Trevor	Aust	17.98m		2 Benbow, Shane	Aust	35.61m
2 Sobotka, Ivan	Czech	X30.71m		3 Langford, Dennis	NZ	27.58m
<b>M75-79</b>				4 Timewell, Chris	Aust	25.00m
1 Wood, Allan	Aust	22.51m		<b>M40-44</b>		
2 Noden, Graeme	Aust	20.39m		1 Best, Lyndon	Aust	40.13m
3 Major, Geoffrey	Aust	13.47m		2 Gray, Aaron	Aust	40.04m
<b>M90-94</b>				3 Watson, Rodney	Aust	29.09m
1 McKay, Max	Aust	10.22m		<b>M45-49</b>		
<b>Women Discus Throw</b>				1 Davey, Todd	Aust	40.10m
<b>W30-34</b>				2 Carroll, Patrick	Aust	33.88m
1 Thomson, Audrey	Aust	26.12m		3 Grant, Stan	Aust	30.67m
2 Westcott, Belinda	Aust	18.66m		4 Hennig, Shawn	Aust	22.94m
<b>W35-39</b>				5 Romeo, Fabrizio	Aust	19.78m
1 Neubauer, Cassie	Aust	19.12m		<b>M50-54</b>		
2 McLennan, Laura	Aust	16.68m		1 Gynge, Stuart	Aust	49.65m
3 Beddie, Vanessa	Aust	14.58m		2 Flaus, Mark	NZ	37.15m
4 Woodhouse, Fleur	Aust	14.49m		3 Wrzuszczak, Peter	Aust	29.59m
<b>W40-44</b>				4 Lett, Mark	NZ	25.81m
1 Smith, Lynette	Aust	30.78m		<b>M55-59</b>		
2 Rothery, Cherie	Aust	28.01m		1 Gravestock, Tom	Aust	34.64m
3 Latanis, Samantha	Aust	27.64m		2 Peska, Stan	Aust	34.29m
4 Mackie, Althea	Aust	26.18m		3 Atkinson-Howatt, A	Aust	34.28m
5 Davis, Brenda	NZ	25.82m		4 Pickthall, Michael	Aust	20.36m
<b>W45-49</b>				5 White, Norman	Aust	17.88m
1 Smith, Robyn	Aust	20.47m		<b>M60-64</b>		
2 Bryce, Maria	Aust	15.72m		1 Johnston, Mark	Aust	39.93m
<b>W50-54</b>				2 Banens, Bob	Aust	36.06m
1 Barr, Sharon	Aust	20.19m		3 Neale, John	Aust	30.63m
2 Charles, Vicki	Aust	16.89m		4 West, John	Aust	27.73m
3 Dell, Christine	Aust	15.85m		<b>M65-69</b>		
<b>W55-59</b>				1 Wilson, Greg	Aust	31.95m
1 Jenkins, Dorn	Aust	23.96m		2 Reynolds, John	Aust	31.23m
2 Taylor, Jill	Aust	21.58m		3 Young, Peter	Aust	29.95m
<b>W60-64</b>				4 Singh, Raminder	Aust	27.07m
1 Schultz, Christine	Aust	25.57m		<b>M70-74</b>		
2 Hamilton, Liz	NZ	23.63m		2 Quarterman, Guy	Aust	28.36m
3 Clarke, Kate	Aust	22.13m		3 Tonelli, Didimo	Aust	25.65m
4 Mussett, Lorraine	Aust	13.01m		4 Jupp, Trevor	Aust	21.50m
5 Baron, Loraine	Aust	12.05m		5 Bradford, Tony	Aust	19.67m
<b>W65-69</b>				6 Fraser, Andrew	Aust	15.88m
1 Thomas, Mary	Aust	22.20m		1 Sobotka, Ivan	Czech	X29.20m
2 Hamilton, Beverley	Aust	21.19m		<b>M75-79</b>		
3 Dundas, Rhondra	Aust	18.32m		1 Wood, Allan	Aust	16.44m
4 Learmont, Beverley	Aust	15.30m				

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2 Major, Geoffrey	Aust	12.21m	2 Muscat, Jamie	Aust	12.02m
M85-89			3 Benbow, Shane	Aust	11.14m
1 Opperman, Wallace	NZ	12.85m	4 Timewell, Chris	Aust	6.40m
M90-94			M40-44		
1 McKay, Max	Aust	11.82m	1 Best, Lyndon	Aust	12.21m
<b>Women Weight Throw</b>			2 Watson, Rodney	Aust	10.44m
W30-34			M45-49		
1 Thomson, Audrey	Aust	9.22m	1 Davey, Todd	Aust	11.51m
W35-39			2 Romeo, Fabrizio	Aust	6.99m
1 Neubauer, Cassie	Aust	8.49m	3 Mason, Robert	Aust	6.22m
2 Woodhouse, Fleur	Aust	7.12m	M50-54		
3 Gillick, Melissa	Aust	6.01m	1 Gyngell, Stuart	Aust	18.05m
4 Beddie, Vanessa	Aust	4.75m	2 Flaus, Mark	NZ	14.62m
W40-44			3 Wrzuszczak, Peter	Aust	12.13m
1 Mackie, Althea	Aust	12.43m	M55-59		
2 Davis, Brenda	NZ	10.44m	1 Gravestock, Tom	Aust	13.19m
3 Smith, Lynette	Aust	9.47m	2 Olsson, Paul	Aust	12.47m
W50-54			3 Peska, Stan	Aust	11.96m
1 Barr, Sharon	Aust	8.33m	4 Atkinson-Howatt, A	Aust	11.35m
W55-59			M60-64		
1 Jenkins, Dorn	Aust	12.45m	1 Banens, Bob	Aust	13.31m
2 Taylor, Jill	Aust	11.14m	2 Neale, John	Aust	10.37m
W60-64			3 West, John	Aust	6.97m
1 Schultz, Christine	Aust	10.84m	M65-69		
2 Clarke, Kate	Aust	9.76m	1 Reynolds, John	Aust	12.10m
3 Bowyer, Linley	Aust	8.58m	2 Young, Peter	Aust	10.52m
4 Mussett, Lorraine	Aust	6.10m	3 Singh, Raminder	Aust	7.94m
W65-69			M70-74		
1 Hamilton, Beverley	Aust	10.76m	1 Quarterman, Guy	Aust	12.62m
2 Dundas, Rhondda	Aust	10.66m	M75-79		
3 Thomas, Mary	Aust	10.54m	1 Priestley, Ken	Aust	14.59m
<b>Men Weight Throw</b>			2 Chambers, Donald	Aust	10.69m
M35-39			3 Nathan, Kana	Aust	9.24m
1 Meiring, Ricard	Aust	18.59m	M80-84		
			1 Van Weenen, Wim	Aust	13.91m

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### Men Decathlon

	Points	100	LJ	SP	HJ	400	110H	DT	PV	JT	1500
<b>M30-34</b>											
1 Brooks, Mathew		12.59	4.49m	8.43m	1.45m	1:01.42	DNF	26.54m	2.40m	32.72m	5:41.41
Australia	3236	(538)	(288)	(392)	(352)	(366)	(0)	(397)	(220)	(338)	(345)
DNF Gibbons, Geoff											
Australia											
<b>M40-44</b>											
1 Jordan, Geoffrey		13.93	3.80m	7.31m	1.39m	1:04.52	22.74	20.78m	2.20m	23.44m	5:54.92
Australia	3133	(410)	(229)	(375)	(352)	(401)	(229)	(326)	(214)	(236)	(361)
<b>M45-49</b>											
1 Hennig, Shawn		13.20	5.15m	8.28m	1.54m	56.65	20.38	25.09m	2.20m	38.66m	5:11.03
Australia	5304	(601)	(574)	(483)	(536)	(756)	(464)	(469)	(246)	(519)	(656)
<b>M50-54</b>											
1 Solomon, Bruce		12.67	4.99m	9.92m	1.45m	59.66	19.16	31.79m	1.90m	33.86m	5:45.32
New Zealand	5436	(774)	(615)	(583)	(528)	(715)	(486)	(513)	(206)	(465)	(551)
2 McGrath, Tim		13.52	4.89m	11.08m	1.39m	1:04.06	18.68	31.27m	3.10m	33.47m	6:42.94
Australia	5249	(618)	(587)	(666)	(472)	(556)	(529)	(503)	(562)	(458)	(298)
3 Varley, Dave		13.41	4.34m	8.20m	1.42m	1:02.26	17.68	25.56m	2.80m	28.31m	5:47.80
Australia	5046	(637)	(447)	(462)	(496)	(619)	(626)	(389)	(464)	(367)	(539)
4 Barker, William		14.23	4.39m	8.50m	1.36m	1:06.79	21.97	25.53m	1.80m	31.18m	6:06.89
Australia	4050	(501)	(459)	(483)	(441)	(467)	(267)	(388)	(179)	(417)	(448)
5 Dell, Tony		16.24	3.67m	6.31m	1.09m	1:09.30	29.05	18.44m	1.90m	19.30m	5:45.19
Australia	2688	(231)	(290)	(330)	(225)	(391)	(2)	(250)	(206)	(211)	(552)
<b>M55-59</b>											
1 Simpson, Greg		15.48	3.75m	6.91m	1.31m	1:16.37	24.39	18.96m	2.25m	23.21m	6:57.92
Australia	3348	(390)	(367)	(412)	(464)	(271)	(178)	(292)	(347)	(314)	(313)
DNF Hicks, Terry											
Australia											
<b>M60-64</b>											
1 Neale, John		18.42	2.92m	8.12m	1.13m	1:29.72	25.62	28.25m	1.45m	22.91m	7:49.05
Australia	2607	(133)	(224)	(493)	(367)	(79)	(146)	(465)	(151)	(333)	(216)
<b>M65-69</b>											
1 Wilson, Greg		17.80	3.63m	9.51m	1.46m	1:26.02	23.52	29.50m	1.75m	24.97m	7:34.60
Australia	4347	(253)	(483)	(664)	(822)	(196)	(324)	(550)	(286)	(428)	(341)
2 Shuter, Vasyi		16.13	3.56m	7.83m	1.10m	1:16.25	23.31	19.10m	1.55m	26.43m	7:20.97
Australia	3985	(453)	(461)	(525)	(404)	(422)	(338)	(314)	(218)	(461)	(389)
3 Jermacans, Viddy		16.45	3.24m	7.61m	1.10m	1:30.80	DNF	26.14m	1.25m	21.87m	DNF
Australia	2760	(410)	(367)	(507)	(404)	(114)	(0)	(473)	(127)	(358)	(0)
4 Singh, Raminder		19.29	2.23m	7.27m	0.98m	1:50.70	DNF	25.69m	1.35m	17.69m	DNF
Australia	1878	(119)	(114)	(479)	(283)	(0)	(0)	(462)	(155)	(266)	(0)
<b>M75-79</b>											
1 Chambers, Donald		16.10	3.67m	8.54m	1.10m	1:32.31	18.44	16.73m	1.85m	19.15m	DNF
Australia	4608	(665)	(723)	(645)	(585)	(274)	(509)	(347)	(472)	(388)	(0)
<b>M85-89</b>											
1 Leovic, Rad		21.58	2.41m	6.60m	0.92m	1:49.61	37.86	13.07m	NH	14.29m	9:08.40
Australia	3746	(331)	(449)	(600)	(560)	(386)	(0)	(377)	(0)	(368)	(675)

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### Women Heptathlon

	Points	80H	HJ	SP	200	LJ	JT	800
<b>W40-44</b>								
1 Grosvenor, Lee-Anne		15.75	1.27m	9.05m	27.92	4.54m	27.41m	2:33.40
Australia	<b>4068</b>	(424)	(512)	(532)	(789)	(567)	(504)	(740)
2 Cobby, Vicki		15.71	1.30m	7.94m	31.20	3.96m	20.06m	3:07.97
Australia	<b>3085</b>	(428)	(544)	(452)	(543)	(401)	(345)	(372)
3 Phillips, Toni		14.17	1.15m	6.98m	32.39	4.10m	14.45m	DNF
Australia	<b>2506</b>	(623)	(369)	(383)	(464)	(441)	(226)	(0)
<b>W50-54</b>								
1 Hossack, Michele		14.20	1.36m	8.61m	30.31	3.93m	15.61m	2:48.93
Australia	<b>4510</b>	(768)	(806)	(585)	(785)	(538)	(299)	(729)
<b>W55-59</b>								
1 Lloyd, Alex		15.69	1.33m	7.42m	33.16	3.09m	22.59m	3:11.97
Australia	<b>4292</b>	(744)	(879)	(540)	(679)	(340)	(528)	(582)
2 Bridle, Christine		18.23	1.30m	7.84m	32.54	3.75m	19.81m	3:13.88
Australia	<b>4165</b>	(456)	(830)	(578)	(721)	(565)	(452)	(563)
<b>W65-69</b>								
1 Hampson, Jean		18.45	1.03m	6.15m	38.33	3.13m	14.58m	3:34.73
Australia	<b>3884</b>	(640)	(632)	(543)	(561)	(522)	(386)	(600)

### Men Outdoor Pentathlon

	Points	LJ	JT	200	DT	1500
<b>M30-34</b>						
1 Brooks, Mathew		4.12m	35.17m	25.47	27.85m	5:25.18
Australia	<b>2009</b>	(225)	(373)	(566)	(422)	(423)
<b>M35-39</b>						
1 Langford, Dennis		5.37m	43.72m	24.94	28.35m	5:29.42
New Zealand	<b>2495</b>	(490)	(504)	(645)	(440)	(416)
2 Muscat, Jamie		4.50m	34.79m	26.94	42.16m	6:39.62
Australia	<b>2030</b>	(315)	(373)	(485)	(721)	(136)
3 Timewell, Chris		4.46m	30.14m	26.63	23.61m	5:24.38
Australia	<b>1911</b>	(308)	(306)	(508)	(347)	(442)
<b>M40-44</b>						
1 Scholes, Matthew		4.53m	20.52m	28.12	13.76m	5:12.48
Australia	<b>1779</b>	(369)	(192)	(461)	(183)	(574)
2 Watson, Rodney		3.87m	36.07m	30.25	27.50m	9:24.61
Australia	<b>1461</b>	(240)	(430)	(321)	(470)	(0)
<b>M45-49</b>						
1 Hennig, Shawn		5.03m	35.44m	26.05	24.89m	5:08.42
Australia	<b>2833</b>	(546)	(464)	(688)	(464)	(671)
<b>M50-54</b>						
1 Solomon, Bruce		4.91m	33.14m	26.11	30.21m	5:57.28
New Zealand	<b>2773</b>	(593)	(452)	(754)	(481)	(493)
2 Lett, Mark		4.56m	29.69m	26.89	26.18m	5:39.24
New Zealand	<b>2566</b>	(502)	(391)	(690)	(401)	(582)
3 Fisher, Kevin		4.21m	37.52m	29.53	21.29m	5:44.29
Australia	<b>2301</b>	(415)	(531)	(494)	(305)	(556)
4 Magill, Brendan		3.89m	27.55m	29.67	18.71m	5:37.27
New Zealand	<b>2024</b>	(339)	(353)	(485)	(255)	(592)
5 Dell, Tony		3.67m	21.74m	29.42	18.43m	5:32.92
Australia	<b>1909</b>	(290)	(253)	(501)	(250)	(615)
<b>M55-59</b>						
1 Atkinson-Howatt, Andrew		3.56m	40.58m	30.0h	35.23m	7:52.69
Australia	<b>2293</b>	(321)	(652)	(532)	(646)	(142)

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

	Points	LJ	JT	200	DT	1500
2 Hanbury-Brown, Robert		3.31m	39.15m	30.0h	33.83m	DNF
Australia	<b>2033</b>	(262)	(624)	(532)	(615)	(0)
3 Gravestock, Tom		3.79m	31.23m	32.0h	38.88m	DNF
Australia	<b>1976</b>	(377)	(468)	(402)	(729)	(0)
4 White, Norman		2.76m	20.31m	35.0h	19.24m	8:58.12
Australia	<b>966</b>	(147)	(260)	(239)	(298)	(22)
<b>M60-64</b>						
1 McConnell, David		4.01m	20.03m	27.18	24.66m	5:51.54
Australia	<b>2681</b>	(510)	(276)	(819)	(390)	(686)
2 Bodsworth, Bruce		4.32m	35.21m	30.23	26.41m	6:43.01
Australia	<b>2655</b>	(604)	(585)	(590)	(426)	(450)
3 Ford, Graham		4.06m	27.21m	29.37	30.93m	6:23.93
Australia	<b>2649</b>	(525)	(420)	(651)	(521)	(532)
4 Fuller, Stephen		3.86m	26.10m	29.54	27.62m	5:51.31
Australia	<b>2641</b>	(467)	(397)	(638)	(452)	(687)
5 Lobb, David		3.65m	19.54m	33.07	19.21m	7:24.24
Cook Islands	<b>1655</b>	(407)	(266)	(407)	(280)	(295)
6 Miletic, Nick		3.17m	19.77m	33.92	22.71m	7:50.30
Australia	<b>1473</b>	(283)	(270)	(358)	(350)	(212)
<b>M65-69</b>						
1 Maher, Garry		3.62m	24.31m	28.98	20.69m	6:20.00
Australia	<b>2649</b>	(479)	(413)	(766)	(349)	(642)
2 Shuter, Vasyi		3.49m	25.53m	32.32	23.13m	7:15.12
Australia	<b>2228</b>	(439)	(440)	(534)	(404)	(411)
3 Brown, Ivan		3.09m	19.72m	33.53	17.32m	6:26.12
Australia	<b>1982</b>	(324)	(310)	(459)	(275)	(614)
4 Jermacans, Viddy		3.22m	22.97m	33.31	26.76m	8:48.26
Australia	<b>1833</b>	(360)	(383)	(472)	(487)	(131)
<b>M70-74</b>						
1 Miller, Stanley		3.39m	16.38m	33.19	18.52m	7:46.75
Australia	<b>2076</b>	(498)	(264)	(575)	(342)	(397)
2 Bradford, Tony		2.28m	18.99m	33.70	18.24m	8:22.81
Australia	<b>1652</b>	(167)	(326)	(543)	(335)	(281)
3 Fraser, Andrew		2.41m	14.10m	34.40	15.85m	8:42.08
Australia	<b>1416</b>	(201)	(211)	(501)	(277)	(226)
4 Leong, Tom		2.51m	16.32m	41.27	22.93m	9:03.62
Australia	<b>1284</b>	(227)	(263)	(171)	(451)	(172)
<b>M75-79</b>						
1 Brook, Max		3.21m	13.68m	34.82	15.12m	7:09.85
Australia	<b>2349</b>	(540)	(242)	(595)	(303)	(669)
2 Wood, Allan		3.00m	20.24m	37.45	13.84m	9:15.18
Australia	<b>1842</b>	(461)	(418)	(446)	(269)	(248)
<b>M80-84</b>						
1 Sharpe, Brian		2.03m	12.57m	40.70	14.06m	11:48.88
Australia	<b>1293</b>	(211)	(248)	(429)	(331)	(74)
<b>M85-89</b>						
1 Leovic, Rad		2.31m	14.86m	45.49	14.50m	8:29.14
Australia	<b>2439</b>	(404)	(388)	(409)	(431)	(807)

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### Women Outdoor Pentathlon

	Points	100	SP	LJ	JT	800
<b>W30-34</b>						
1 Westcott, Belinda		14.61	6.71m	3.70m	15.34m	3:08.77
Australia	1560	(511)	(316)	(242)	(203)	(288)
<b>W35-39</b>						
1 Neubauer, Cassie		14.00	7.15m	4.25m	19.68m	3:20.98
Australia	1912	(625)	(361)	(418)	(306)	(202)
<b>W40-44</b>						
1 Grosvenor, Lee-Anne		13.58	8.84m	4.51m	27.57m	2:29.06
Australia	3153	(775)	(517)	(559)	(508)	(794)
2 Cobby, Vicki		14.82	8.27m	4.12m	20.24m	2:37.39
Australia	2540	(579)	(475)	(446)	(349)	(691)
<b>W45-49</b>						
1 Little, Rachel		13.62	8.56m	4.20m	20.03m	2:37.13
Australia	3101	(853)	(544)	(543)	(382)	(779)
2 Smith, Robyn		17.25	6.26m	2.93m	13.78m	3:02.01
Australia	1641	(344)	(365)	(190)	(237)	(505)
3 Pollard, Sonya		14.38	5.07m	2.55m	8.42m	3:11.74
Australia	1640	(730)	(274)	(107)	(115)	(414)
4 Bryce, Maria		17.91	4.95m	2.93m	17.22m	3:22.23
Australia	1369	(273)	(266)	(190)	(316)	(324)
5 Minchin, Lisa		19.99	4.63m	2.41m	7.69m	3:53.23
Australia	642	(101)	(241)	(80)	(99)	(121)
<b>W50-54</b>						
1 Mogentale, Gianna		13.29	7.28m	4.58m	16.61m	2:33.56
Australia	3479	(999)	(475)	(771)	(323)	(911)
2 McCloskey, Catherine	14.52	6.20m	4.04m	18.14m	3:04.30	
Australia	2687	(796)	(387)	(576)	(361)	(567)
<b>W55-59</b>						
1 Lloyd, Alex		15.75	7.44m	3.64m	21.80m	2:59.23
Australia	2986	(704)	(542)	(524)	(506)	(710)
2 Giles, Claire		15.48	8.18m	3.27m	17.56m	2:57.86
New Zealand	2864	(743)	(609)	(398)	(390)	(724)
3 Woodburn, Rosamund	17.21	6.60m	3.01m	18.59m	3:07.46	
Australia	2337	(511)	(467)	(315)	(418)	(626)
<b>W60-64</b>						
1 Bowmar, Nancy		17.21	7.05m	3.30m	14.46m	3:37.29
New Zealand	2450	(602)	(567)	(492)	(331)	(458)
2 Burden, Noeline		16.70	6.66m	2.94m	12.70m	3:36.68
New Zealand	2303	(668)	(529)	(362)	(281)	(463)
<b>W65-69</b>						
1 Hampson, Jean		17.72	6.05m	3.30m	14.97m	3:28.21
Australia	2816	(634)	(532)	(595)	(398)	(657)
2 Learmont, Beverley		18.60	5.26m	3.06m	12.09m	4:30.87
Australia	1987	(530)	(447)	(495)	(305)	(210)
3 Davey, Irene		20.24	4.15m	2.83m	8.34m	3:30.99
Australia	1905	(356)	(327)	(403)	(186)	(633)
<b>W80-84</b>						
1 Van Der Veecken, Clasina	21.77	5.48m	1.86m	9.45m	5:28.44	
New Zealand	2381	(607)	(619)	(312)	(394)	(449)

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

### Men Weight Pentathlon

	Points	HT	SP	DT	JT	WT
<b>M35-39</b>						
1 Meiring, Ricard		54.66m	10.87m	29.78m	33.64m	18.34m
Australia	<b>3117</b>	(781)	(562)	(468)	(357)	(949)
2 Muscat, Jamie		43.11m	13.14m	43.13m	35.48m	12.45m
Australia	<b>3017</b>	(584)	(705)	(741)	(383)	(604)
3 Benbow, Shane		30.26m	11.39m	37.27m	35.47m	10.84m
Australia	<b>2478</b>	(369)	(595)	(620)	(383)	(511)
4 Timewell, Chris		23.09m	7.71m	23.31m	32.33m	7.00m
Australia	<b>1591</b>	(252)	(366)	(341)	(338)	(294)
<b>M40-44</b>						
1 Best, Lyndon		42.82m	11.29m	39.35m	31.03m	11.39m
Australia	<b>2960</b>	(646)	(641)	(733)	(352)	(588)
2 Watson, Rodney		28.28m	10.90m	28.08m	39.31m	8.70m
Australia	<b>2381</b>	(380)	(614)	(483)	(481)	(423)
<b>M45-49</b>						
1 Davey, Todd		34.21m	12.04m	34.66m	32.77m	11.18m
Australia	<b>3053</b>	(552)	(757)	(700)	(419)	(625)
<b>M50-54</b>						
1 Gyngell, Stuart		46.48m	17.57m	46.49m	35.18m	16.12m
Australia	<b>4049</b>	(762)	(1136)	(818)	(489)	(844)
2 Flaus, Mark		30.07m	11.91m	36.10m	34.50m	13.39m
New Zealand	<b>2924</b>	(442)	(725)	(601)	(476)	(680)
3 Wrzuszcak, Peter		33.46m	9.77m	30.39m	22.37m	10.72m
Australia	<b>2351</b>	(507)	(573)	(485)	(264)	(522)
<b>M55-59</b>						
1 Hanbury-Brown, Robert		32.47m	10.92m	34.58m	36.54m	12.45m
Australia	<b>3156</b>	(556)	(720)	(632)	(572)	(676)
2 Atkinson-Howatt, Andrew		30.35m	9.88m	35.16m	41.48m	10.30m
Australia	<b>3005</b>	(510)	(640)	(645)	(670)	(540)
3 Peska, Stan		27.04m	12.24m	30.35m	28.17m	11.95m
Australia	<b>2855</b>	(440)	(824)	(538)	(409)	(644)
4 Gravestock, Tom		33.89m	10.49m	34.77m	21.17m	10.87m
Australia	<b>2762</b>	(587)	(687)	(636)	(276)	(576)
5 White, Norman		14.38m	6.39m	16.99m	19.13m	7.07m
Australia	<b>1374</b>	(175)	(373)	(251)	(238)	(337)
<b>M60-64</b>						
1 Banens, Bob		24.73m	10.54m	36.26m	35.49m	12.26m
Australia	<b>2898</b>	(388)	(676)	(635)	(591)	(608)
2 Neale, John		25.32m	7.95m	29.32m	23.04m	10.36m
Australia	<b>2201</b>	(401)	(481)	(487)	(336)	(496)
3 West, John		15.14m	7.13m	25.33m	25.68m	6.50m
Australia	<b>1674</b>	(189)	(419)	(404)	(389)	(273)
<b>M65-69</b>						
1 Young, Peter		28.43m	11.52m	36.19m	29.81m	8.30m
Australia	<b>3026</b>	(539)	(831)	(708)	(538)	(410)
2 Reynolds, John		29.08m	8.06m	28.56m	19.92m	12.99m
Australia	<b>2646</b>	(555)	(543)	(528)	(315)	(705)
3 Jermacans, Viddy		16.73m	7.16m	27.09m	23.78m	7.24m
Australia	<b>1973</b>	(263)	(470)	(494)	(401)	(345)

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

	Points	HT	SP	DT	JT	WT
<b>M70-74</b>						
1 Quarterman, Guy		30.99m	10.52m	25.24m	32.29m	13.09m
Australia	3256	(625)	(739)	(509)	(652)	(731)
2 Sobotka, Ivan		29.36m	9.18m	27.26m	27.37m	9.94m
Czech Republic	2828	(584)	(628)	(560)	(529)	(527)
3 Tonelli, Didimo		17.02m	9.66m	27.42m	28.70m	9.84m
Australia	2597	(283)	(668)	(564)	(562)	(520)
<b>M75-79</b>						
1 Chambers, Donald		22.05m	8.31m	18.46m	19.34m	11.93m
Australia	2608	(481)	(624)	(395)	(393)	(715)
2 Nathan, Kana		25.52m	7.67m	21.22m	19.66m	9.55m
Australia	2569	(579)	(566)	(473)	(402)	(549)
<b>M90-94</b>						
1 McKay, Max		18.44m	5.46m	10.19m	9.31m	6.12m
Australia	2384	(719)	(578)	(364)	(259)	(464)
<b>Women Weight Pentathlon</b>						
	Points	HT	SP	DT	JT	WT
<b>W30-34</b>						
1 Thomson, Audrey		26.28m	9.21m	FOUL	14.00m	8.96m
Australia	1499	(413)	(478)	(0)	(178)	(430)
<b>W35-39</b>						
1 Neubauer, Cassie		17.71m	6.71m	17.86m	20.06m	7.94m
Australia	1575	(267)	(332)	(251)	(313)	(412)
2 Beddie, Vanessa		13.63m	5.27m	13.00m	10.51m	3.87m
Australia	850	(174)	(237)	(163)	(127)	(149)
<b>W40-44</b>						
1 Mackie, Althea		41.42m	7.74m	27.47m	20.27m	12.23m
Australia	2934	(904)	(438)	(474)	(349)	(769)
2 Smith, Lynette		30.95m	9.73m	30.11m	32.14m	9.41m
Australia	2915	(632)	(582)	(530)	(608)	(563)
3 Davis, Brenda		31.33m	9.75m	22.71m	23.01m	10.23m
New Zealand	2632	(642)	(583)	(375)	(409)	(623)
<b>W45-49</b>						
1 Minchin, Lisa		10.64m	4.28m	9.52m	7.51m	5.14m
Australia	876	(146)	(215)	(129)	(95)	(291)
<b>W50-54</b>						
1 Barr, Sharon		28.77m	6.24m	20.19m	11.68m	8.00m
Australia	2093	(644)	(390)	(397)	(203)	(459)
2 Dell, Christine		18.89m	6.28m	16.47m	12.56m	6.60m
Australia	1655	(370)	(394)	(307)	(224)	(360)
<b>55-59</b>						
1 Taylor, Jill		32.90m	9.10m	23.05m	15.89m	10.83m
Australia	3141	(843)	(692)	(523)	(345)	(738)
<b>60-64</b>						
1 Schultz, Christine		27.56m	9.19m	25.09m	18.51m	10.15m
Australia	3279	(762)	(780)	(655)	(449)	(633)
2 Clarke, Kate		24.80m	7.80m	21.84m	19.27m	9.59m
Australia	2928	(669)	(642)	(555)	(471)	(591)
3 Bowyer, Linley		21.37m	6.45m	13.94m	11.62m	8.99m
Australia	2177	(554)	(509)	(318)	(250)	(546)
4 Mussett, Lorraine		16.27m	5.51m	12.02m	9.47m	6.78m
Australia	1638	(385)	(417)	(263)	(189)	(384)

## RESULTS - 2014 Oceania Masters Athletics - Bendigo

	Points	HT	SP	DT	JT	WT
<b>W65-69</b>						
1 Thomas, Mary		27.50m	7.79m	23.35m	22.55m	10.44m
Australia	<b>3651</b>	(862)	(723)	(690)	(647)	(729)
2 Hamilton, Beverley		25.38m	7.40m	22.18m	15.90m	10.80m
Australia	<b>3300</b>	(782)	(680)	(650)	(429)	(759)
3 Dundas, Rhondda		27.25m	8.06m	19.91m	13.64m	10.66m
Australia	<b>3278</b>	(853)	(752)	(571)	(355)	(747)
<b>W70-74</b>						
1 Banens, Jan		29.62m	7.02m	16.73m	14.20m	11.60m
Australia	<b>3721</b>	(1083)	(729)	(545)	(437)	(927)
2 Searle, Helen		22.63m	8.25m	20.52m	14.73m	8.05m
Australia	<b>3423</b>	(785)	(882)	(696)	(457)	(603)
3 Whitaker, Justine		14.62m	6.27m	11.95m	11.42m	7.06m
New Zealand	<b>2296</b>	(450)	(637)	(361)	(334)	(514)
4 Hugo, Beverly		14.26m	5.03m	12.50m	11.83m	6.30m
Australia	<b>2098</b>	(435)	(486)	(381)	(349)	(447)
<b>W75-79</b>						
1 Worrell, Valerie		20.32m	6.34m	16.48m	11.82m	8.92m
Australia	<b>3054</b>	(724)	(635)	(567)	(419)	(709)
2 Drayton, Patricia		20.49m	6.35m	13.09m	8.17m	9.56m
New Zealand	<b>2829</b>	(732)	(637)	(429)	(263)	(768)
3 Heseltine, Gwynneth		20.75m	5.66m	10.76m	7.06m	7.02m
New Zealand	<b>2381</b>	(743)	(554)	(336)	(217)	(531)
<b>W80-84</b>						
1 Doherty, Heather		21.74m	7.11m	19.38m	17.27m	9.42m
Australia	<b>4269</b>	(934)	(843)	(829)	(799)	(864)
2 Van Der Veecken, Clasina		17.07m	5.28m	10.45m	9.97m	7.30m
New Zealand	<b>2744</b>	(696)	(592)	(394)	(421)	(641)
3 Baarslag-Leb, Tina		15.38m	5.35m	10.00m	9.09m	6.34m
Australia	<b>2501</b>	(611)	(601)	(373)	(376)	(540)

The following article by Christine Oldfield about David Carr is a few years old.  
David has continued on with his incredible form. In spite of his predictions, he won the 800m and Steeplechase in Sacramento and was 3rd in the 1500m. In Porto Alegre, he had moved up to the M80 age group and won the 400m, 800m, 1500m and Steeplechase. I have not included relay results, but there is a likelihood of more medals there. Thanks, Christine, for the use of the article.  
Editor

## IN FOCUS

with Christine Oldfield



Sitting in fourth place just after the start of the 1500m, David Carr prepares to pounce to win the gold at the World Veterans' Athletic Championships in Durban in 1997

# A man for all seasons

David Carr's running style could never be described as classic but it suits him and is impressively effective. He was a founder member of the club back in 1974, is now a life member and has proved himself to be one of the club's top athletes throughout the years. When asked for information for this profile he could legitimately have provided several pages detailing his athletics achievements, but the scant half page received ("Nobody is really interested in details about me, are they?") means that, despite much research, there are no doubt still some omissions in what follows.

Born in WA, David ran interclub in Perth as a sixteen year old and played baseball in the winter. At seventeen he joined the Royal Australian Navy, making the rank of Leading Aircraft Mechanic. Whilst based at Nowra, NSW, he ran with Albatross Athletic Club. He competed in B grade in Sydney, concentrating on 400m and 800m, achieving a PB of 2:08 in the latter.

At twenty-four he left the navy and, in his own words, "re-entered the real world, resumed baseball (more B grade) and thought about the future". After two years as a full time tertiary student he became a teacher but also continued his studies for some years. He eventually rose to the dizzy heights of school principal. During this time he met and married Patricia and they now have three children and five grandchildren.

From age 24 to 42 he took no part in athletics but by 1974 he was back to running with enthusiasm and MAWA, as it is now, provided the opportunity for him to try various events.

After a couple of years, he ranked amongst the place-getters in the Australian Championships and after thirteen years, in the Worlds, coming second M55 in the 800m in 2:09.78.



David with his great rival Canada's Earl Fee, two of the world's finest middle distance runners.

Closer to home, David's name is engraved on the Patron's Trophy no fewer than sixteen times, the first in 1980 the most recent in 2010. He has held, and still holds, so many state records they are too numerous to mention. His current Australian records (about a dozen of them) include, at various age groups, the 400m, 800m, 1500m, 1 mile, 3000m, 2000m steeplechase, outdoor pentathlon and 4x1500m relay. Two of these, his

800m and 2000m steeplechase are still M75 world records. He holds several AMA Championships records and, in 2008 and 2009, was awarded the Brian Foley award for best age-graded 800m/1500m performance. In 2009, at M75, he was voted the most outstanding Australian male athlete and in 2010 was given the Athlete of the Meet award for his M77 steeplechase performance.

This level of achievement could not have come without extreme dedication but David has always, in addition, found time to contribute to athletics in other ways. He was editor of the first club newsletter for a couple of years and typed, duplicated and delivered each issue. He has been the club president and was convenor of the LOC for the AMA Championships in Perth in 1989. He is always happy to pass on his knowledge to others and still regularly leads a training group for MAWA athletes.

The climax of David's season will be the World Masters Championships in Sacramento. He is at the top of the age group (M75) which contains three men who have posted faster times than his. So he suspects he would miss out on first place in his preferred events. He will run the 800m and, depending on the schedule, will choose between the 400m and 1500m and maybe tackle the steeplechase as well. David sees a win as the endpoint of the right training and of a well-planned programme.

## **Masters Athletes Have Superior Brain Function**

*Years of exercise preserve cognitive abilities.*

**By**

**Michelle Hamilton**

**Published**

**August 7, 2013**

*Forget gray hair and slower race times. Science, once again, offers considerable consolation for the aging athlete. Two recently published studies add to the growing body of evidence that regular exercise preserves brain function, including memory, and lowers the risk of dementia and Alzheimer's disease.*

*The two studies examined the brains of 10 masters athletes and 10 sedentary but otherwise healthy older adults. The athletes—regionally and nationally ranked runners recruited from running clubs and races—were age 72 on average and had been exercising for 15 or more years. The inactive adults had an average age of 74.*

*The first study compared the brain structure and cognitive abilities of the two groups. The second attempted to determine why the master athletes outperformed their contemporaries—and a younger control group—on some cognitive tests in the first study.*

*MRI scans in the first study showed that all the older adults had less gray matter than the nine young adults who served as a control group (average age 27). But the masters athletes had higher concentrations of both gray and white matter than their sedentary counterparts in key areas that control movement, memory and perception. White matter transmits messages between gray matter, the brain's outer layer where information is processed.*

*In the first study, the masters group scored higher than the sedentary group in cognitive tests involving language. They also outperformed the sedentary and the younger control groups on test for "working memory," the parts of the brain responsible for attention, multi-tasking and decision-making.*

*"That these masters athletes who were in their 70s were performing as well as the young controls is massively impressive already, but that they out-performed the young in a few categories, that's the big picture here," says Benjamin Tseng, Ph.D., a researcher in the Exercise and Environmental Medicine lab at Texas Health Presbyterian Hospital in Dallas and the lead author of both studies.*

*The second study, published in the journal *NeuroImage*, found that the white matter of older athletes was healthier than the sedentary group's.*

*"White matter impacts how quickly someone can retrieve a piece of information and how well they can solve a problem," says Tseng. "While brain tissue volume is important, the integrity of the white matter fiber tracts is just as critical."*

*The results suggest that older athletes have a lower risk for dementia and Alzheimer's disease, according to Tseng. But he emphasizes the key message here is the extraordinary benefits of long-term exercise—and that's it's never too late to start.*

*"Brain plasticity [changes] can happen even later in life and that's an important message from the study," he says, noting that some of the athletes began running in their 40s and 50s.*

*Was it the number of year or the frequency and intensity that lead to better brain health? It's unclear, says Tseng, but likely a combination of consistency over time.*

*Tseng says it's not just the exercise that helps. "Being out and about is very good for your brain," he says. "The social interactions, meeting new people, seeing new places all stimulate the brain."*

*This article was reprinted from American Runners World.*

## INTRODUCING COLIN SILCOCK - DELANEY

AN ARTICLE BY HEATHER CARR

Colin Silcock-Delaney is an interesting and remarkable man. Colin's life story demonstrates success in achieving a lifestyle many of us would envy despite insurmountable, overwhelming odds. Colin did not experience a traditional family life; a lifestyle that many of us believe is the cornerstone leading to a pathway that regularly results in accomplishments, achievements and rewards.

Colin was born at the Royal Womens Hospital in 1933, to a single mother. At this time, bearing an illegitimate child was a social taboo. During this era if his mother had tried to raise him, she would have been cast as a social pariah. So, Colin was placed in the St. Josephs Babies Home in Broadmeadows, founded and run by Mary McKillop who founded the 'Sisters of St Joseph of the Sacred Heart', a congregation of religious sisters which established a number of schools and welfare institutions

throughout Australia with an emphasis on education. Mary McKillop is the only Australian thus far to be recognised by the Catholic Church as a Saint. On becoming a toddler, Colin was sent to St. Anthony's Babies Home in Kew, and then at age seven his home became St. Joseph's Home in Surrey Hills. For his secondary schooling, in 1943, aged eleven he lived at St. Augustines Boys Home, an orphanage in Highton, Geelong, which housed over three hundred boys.

In 1949 at sixteen, he was sent to work as an apprentice grocer in Morwell. Colin lasted at this occupation for six months. Following this beginning of his working life, Colin was sent to Warrnambool and worked in the Warrnambool Woollen Mills for twelve months. He lived with the family who cared for him previously over the school holidays. At seventeen he became independent and lived in a Geelong boarding house whilst working for a bakery as a bread carter driving a small van delivering bread.

From 1954 to 1956, Colin was recruited for National Service at Puckapunyal. The training was intense, and this ignited Colin's interest in running. In 1958, Colin became involved with the Geelong West Country Fire Authority [CFA], as a volunteer and he also became a runner with the hydrant and wheel, a CFA exercise. He contributed over 35 years service to the CFA; other clubs he joined at this time were the Manifold Cricket Club, the Manifold Tennis Club, St. Joseph's Junior Football Under 18 Club, supporting his son's recreational football. Colin was also made a life member of St. Joseph's Football Club. It was at this time in his life he met Nellie Briely, with whom he fell in love, and they married in November 1958. They moved into a flat, and saved hard to buy a block of land. Colin built a home for his family and together Nellie and Colin welcomed Maria, who was born in December 1959. Maria was followed by Mark, 1961, Kelly 1963, Colleen 1964 and they adopted Paul in 1969.

For 10 years, Colin drove taxi's part time. Then he bought his own taxi, with Geelong Radio Cabs, his licence at that time cost him \$20,000. Colin drove taxi's for 50 years, meeting and interacting with all types and variety of people. A sad time in Colin's life was when he split with Nellie. Colin continues to have a very close relationship with his children, and he is still very devoted to Nellie.



*A very familiar sight. Colin on the track at the 2012 Australian Masters Championships*

### World Athletic Championships Colin has attended.

1979 Hanover

1981 Christchurch

1983 Puerto Rico

## INTRODUCING COLIN SELCOCK - DELANEY

1987 Melbourne  
1989 Eugene  
1991 Turku  
1993 Miyazaki  
1995 Buffalo  
1999 Gateshead  
2001 Brisbane  
2005 San Sebastian  
2013 Porto Alegre N.B. 'This will be my last International Masters Championships'  
[Direct quote from Colin!]

### Oceania Games

Fiji, Western Samoa, Norfolk island, Tahiti, Rarotonga, Hastings, N.Z., Townsville and Canberra,

*Colin proudly announces that he has been to every Victorian and Australian Masters events since their inception.*

Colin also claims being a foundation member of Geelong Cross Country which began in 1971. Colin also competed in and won his first marathon in 1978 in the time of 2 hours 51 minutes; he ran three marathons over three years. Colin left Geelong Cross Country Club and started St Josephs Athletic Club, this club also making him a life member.

To add to his accolades, Colin has also become a life member of St Josephs College. Colin trained hundreds of boys over a period of thirty years, predominately during his lunchtimes, without receiving any payment. He also officiated at many athletic competitions and events, all without asking for a cent. This altruism is indeed a quality that 'endears' us to Colin, he asks for nothing, and has given so much to others in return.

At the recent XX World Athletic Championships held in Porto Alegre, Colin won silver medals for Australia in both the 5km track walk, and in the 10km road walk.

Colin believes he has been very fortunate in that he remained relatively injury free during his sporting career. He does however have some health issues, but without fail, he continually overcomes these and we see him at many, many Masters events. As Colin states, these health issues may restrict him from travelling overseas in the future.

On a happy note for Colin, he found his parents in 1979 - he had been searching for over forty years. He found his mother, and learnt that his father [who had died sadly before Colin located him] had been a champion runner, footballer, cyclist. His father won many accolades whilst an athlete.

Colin now resides along the Great Ocean Road at Port Campbell where he magnanimously invites anyone in the area to stay; he is a very welcoming, kind hearted, friendly individual who has made his mark on the world despite many injustices along the way. There will be eventually a special spot in heaven reserved for Colin.



*Colin with the author of this article, Heather Carr*

# AUSTRALIAN MASTERS ATHLETICS PENTATHLON CHAMPIONSHIPS



**FRIDAY 7th MARCH, 2014**  
**St Leonards Athletic Centre**  
**St Leonards Rd, LAUNCESTON**

**Conducted by Tasmanian Masters Athletics Northern Branch**



## OFFICIAL ENTRY FORM

### Your Details

To enter you must be a financial member of a registered Australian or overseas Masters club.

Please circle your association ACT NSW NT QLD SA TAS VIC WA OVERSEAS

Surname				First Name			
Age as at 7 March 2014				Competition No.	TMA use only		
Date of Birth	DD	MM	YYYY	Gender	Male	Female	
Address							
State		Postcode		Mobile Phone			
Home Phone			Email				
Emergency Contact				Phone			
Relationship							

**Waiver:** I hereby declare that I am in good health and will be properly conditioned for the events I have entered.

I absolutely relieve Tasmanian Masters Athletics Inc. (TMA), Australian Masters Athletics Inc. (AMA) of any responsibility for any injury, loss or damage to me or my property which I may sustain in the course of or in connection with these championships.

I authorise the use of my name, voice or picture and any information on this entry form to be used without payment to me in any broadcast, telecast, promotion or advertising or in any way related to this championship.

I have read all the attached conditions and information concerning the Australian Masters Athletics Championships. I understand these conditions and agree by the decisions of TMA, AMA and its officials.

**No entry will be accepted unless this waiver is signed and dated below.**

Signed  Date

### Entry Fees

AMA Sanctioning Fee				\$ 5.00
Track & Field Pentathlon	<input checked="" type="checkbox"/>	@ \$20.00	Total \$	\$
Throws Pentathlon	<input checked="" type="checkbox"/>	@ \$20.00	Total \$	\$
Transport-Launceston to Hobart	<input checked="" type="checkbox"/>	@ \$30.00	Total \$	\$
<b>TOTAL PAYABLE</b>				\$

Entry fees can be paid by Cheque or Money Order payable to **Tasmanian Masters Athletics Inc.** or by Credit Card (details on right). Mail this form with full payment to:  
**AMA Pentathlon 2014**  
**GPO BOX 890**  
**HOBART TAS 7001**

CREDIT CARD PAYMENT - MASTERCARD & VISA ONLY (Please Circle)

Card No.

Cardholder Name

Expiry date

**Entries close FRIDAY 7th FEBRUARY, 2014 (Late entries will not be accepted)**

## EVENTS

TRACK AND FIELD PENTATHLON		THROWS PENTATHLON
WOMEN	MEN	ALL COMPETITORS
100m	200m	Hammer
Shot Put	Javelin	Shot Put
Long Jump	Long Jump	Discus
Javelin	Discus	Javelin
800m	1500m	Weight Throw

## CONDITIONS

### Uniforms

State uniform is compulsory. Failure to wear the correct uniform may result in disqualification.

### Refunds

When cancellation is received prior to the stated closing date, entry fees are refundable but NOT the Administration Fee. After the closing date, no fees are refundable.

However should an event be rescheduled by TMA and the rescheduled time is unacceptable to the entrant, only the entry fee will be refunded. If due to circumstances beyond its control, TMA must cancel an event, then no fees are refundable. The LOC has the prerogative to make exceptions on compassionate grounds (not injury).

### Drug Testing

Athletes at AMA Championships may be subject to drug testing. Refer to the AMA Handbook for Therapeutic Use Exemptions (TUE) requirements.

### Privacy Statement

In this Privacy Statement, "Personal information" has the same meaning as the Privacy Act 1988.

Australian Masters Athletics Inc and Tasmanian Masters Athletics Inc are committed to protecting the security of the personal information we hold about you. Personal information provided in this entry form will be used to:

- > Process your competition registration.
- > Provide you with competition and results information.
- > Provide you with information regarding future Masters Athletics events.

## CONTACTS

Tasmanian Masters Athletics (Northern Branch)

Jim Claxton

Email: jim.bon@bigpond.com

Ph. 03 6344 1025

Barbara Clayton

Email: elzyian@gmail.com

## VOLUNTEERS REQUIRED

Are you willing to be a volunteer official / helper on the day?

Y / N

Would your companion be willing to be a volunteer official / helper on the day?

Y / N

Name of Volunteer

# AUSTRALIAN MASTERS ATHLETICS CHAMPIONSHIPS



8th - 10th MARCH, 2014

Domain Athletic Centre  
Queen's Domain, Hobart



## OFFICIAL ENTRY FORM

Online entries will be available at [www.australianmastersathletics.org.au](http://www.australianmastersathletics.org.au)

### Your Details

To enter you must be a financial member of a registered Australian or overseas Masters club.

Please circle your association ACT NSW NT QLD SA TAS VIC WA OVERSEAS

Surname				First Name			
Age as at 8 March 2014				Competition No.	TMA use only		
Date of Birth	DD	MM	YYYY	Gender	Male	Female	
Address							
State		Postcode		Mobile Phone			
Home Phone			Email				
Emergency Contact				Phone			
Relationship							

**Waiver:** I hereby declare that I am in good health and will be properly conditioned for the events I have entered.

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I have read all the attached conditions and information concerning the Australian Masters Athletics Championships. I understand these conditions and agree by the decisions of TMA, AMA and its officials.

**No entry will be accepted unless this waiver is signed and dated below.**

Signed  Date

### Entry Fees

AMA and TMA Administration Fee				\$	50.00
Event Fees	No. of Events Entered	<input type="text"/>	@ \$10 Per event	Total \$	<input type="text"/>
Awards Dinner	No. of Guests Attending	<input type="text"/>	@ \$55 Per head	Total \$	<input type="text"/>
Results Booklet	No. of copies	<input type="text"/>	@ \$10 Per book	Total \$	<input type="text"/>
<b>TOTAL PAYABLE</b>				\$	<input type="text"/>

Entry fees can be paid by Cheque or Money Order payable to **Tasmanian Masters Athletics Inc.** or by Credit Card (details on right). Mail this form with full payment to:  
**AMA Championships 2014**  
GPO BOX 890  
HOBART TAS 7001

CREDIT CARD PAYMENT - MASTERCARD & VISA ONLY (Please Circle)

Card No.  /  /

Cardholder Name

Expiry date  /

**Entries close FRIDAY 7th FEBRUARY, 2014 (Late entries will not be accepted)**

## EVENT ENTRIES

Event	Yes X	Best Recent Performance	Event	Yes X	Best Recent Performance
<b>SATURDAY</b>			<b>SUNDAY</b>		
100m	<input type="checkbox"/>	<input type="text"/>	200m	<input type="checkbox"/>	<input type="text"/>
400m Heats	<input type="checkbox"/>	<input type="text"/>	400m Finals	<input type="checkbox"/>	
1500m	<input type="checkbox"/>		5000m Run	<input type="checkbox"/>	
1500m Walk	<input type="checkbox"/>		5000m Walk	<input type="checkbox"/>	
10,000m Run	<input type="checkbox"/>		Steeplechase	<input type="checkbox"/>	
Long Hurdles	<input type="checkbox"/>		4 x 100m Relays	<input type="checkbox"/>	
Discus (Women)	<input type="checkbox"/>		Discus (Men)	<input type="checkbox"/>	
Javelin (Men)	<input type="checkbox"/>		Javelin (Women)	<input type="checkbox"/>	
Long Jump	<input type="checkbox"/>		High Jump	<input type="checkbox"/>	<input type="text"/>
Shot Put (Women)	<input type="checkbox"/>		Triple Jump	<input type="checkbox"/>	
Weight Throw (Men)	<input type="checkbox"/>		Hammer	<input type="checkbox"/>	
			<b>Dinner / Awards Night</b>	<input type="checkbox"/>	No. Attending
<b>MONDAY</b>					
60m	<input type="checkbox"/>	<input type="text"/>	<p><b>All events are open to both men and women of all age groups.</b></p> <p><b>Best recent performances are required only for events where shown.</b></p> <p><b>For Dinner / Awards Night please indicate number attending and please include in the Dinner Number in the Entry Fees section on page one.</b></p>		
800m	<input type="checkbox"/>	<input type="text"/>			
Sprint Hurdles	<input type="checkbox"/>				
4 x 400m Relays	<input type="checkbox"/>				
Cross Country Run	<input type="checkbox"/>				
Road Walk	<input type="checkbox"/>				
Shot Put (Men)	<input type="checkbox"/>				
Weight Throw (Women)	<input type="checkbox"/>				
Pole Vault	<input type="checkbox"/>	<input type="text"/>			

## Conditions

### Uniforms

State uniform is compulsory. Failure to wear the correct uniform may result in disqualification.

### Refunds

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- > Provide you with information regarding future Masters Athletics events.

## Events Cross Reference and Check list

Please list the names of all the events you have entered to allow us to cross check.

1. _____	6. _____	11. _____
2. _____	7. _____	12. _____
3. _____	8. _____	13. _____
4. _____	9. _____	14. _____
5. _____	10. _____	15. _____

Please check that you have completed all the following before returning this form:

- ✓ All personal details are entered - proof of age for non-Australian athletes.
- ✓ All events you wish to enter are listed above and on page 2.
- ✓ Best performances are included where required.
- ✓ Payment of fees and Awards Dinner included.
- ✓ Declaration / Waiver signed.

Would you like to officiate at the 2014 Nationals?

Area of experience or qualifications:

Would your companion like to officiate at the 2014 Nationals?

Name of Volunteer

Area of experience or qualifications:

## Helpful Information

### Confirmation of Entries

Confirmation of accepted entries and the events entered will be provided to all entrants.

A program of events will be supplied to all entrants.

Competition packs will be available at Registration in the Domain Athletic Centre from 12 Noon Friday 7 March.

### Event Location

Track and field events will be held conducted at the Domain Athletic Centre, Queen's Domain, Hobart.

Road walks and cross country events will be conducted within the Queen's Domain precinct adjacent to the Domain Athletic Centre.

### Registration

All athletes are required to register their arrival and collect a competition pack in the registration area, Domain Athletic Centre from 12 Noon Friday 7 March.

### Merchandise

A Championship polo shirt will be available for purchase at the championships. No prior orders are necessary.

### Athletes and Coaches Forum

Will be held on Saturday 8th March at the Domain Athletic Centre.

### Championship Dinner and Awards Night

The Championship Dinner and Awards Night will be held on Sunday 9th March at the Hobart Function Centre, Elizabeth Pier, Hobart.



# AUSTRALIAN MASTERS ATHLETICS CHAMPIONSHIPS

## HOBART



## 2014 Australian Masters Championships

Saturday 8th – Monday 10th March 2014

(New dates now avoid Easter)

Queens Domain Athletic Centre

Hobart Tasmania

[www.tasmastersathletics.org.au](http://www.tasmastersathletics.org.au)

## Events Schedule

### Saturday 8th March 2014

#### Session 1 (8am-1pm)

10 000m	Weight throw (Men),
100m heats	Long Jump (Women),
Long Hurdles	Shot Put (Women)

#### Session 2 (2.30-5.30pm)

400m heats	Javelin (Men)
1500 walk	Discus (Women)
1500m	Long Jump (Men)
100m finals	

### Sunday 9th March 2014

#### Session 1 (8am-12.30pm)

5000m	Hammer (Men)
200m heats	Javelin (Women)
5000m Walk	Triple Jump
200m finals	

#### Session 2 (1.30pm-4.30pm)

400m finals	Discus (Men)
Steeple	Hammer (Women)
4 x 100 Relays	High Jump

### Monday 10th March 2014

#### Session 1 (7am)

Cross Country/Road Walks

#### Session 2 (8am-12noon)

60m heats	Weight Throw (Women)
800m	Shot Put (Men)
60m finals	Pole Vault
Sprint Hurdles	4 x 400 Relays

A crèche will be available during competition.

## Hobart, Tasmania

Australia's most distinctive city, and Tasmania's capital combines heritage charm and cultural diversity in a setting of exceptional beauty in Southern Tasmania.

Lonely Planet recently awarded Hobart as one of the top ten spots (the only Australian location) in its Best in Travel 2013 guide.

Arts, sports, theatre, history and most importantly – food are what make Hobart the perfect city to explore and its surroundings too.

In a 90 minute drive from Hobart there is a feast of things to see and do – whether you are driving or choose to join a tour – from the pristine waters of Bruny Island, the mesmerising history of Port Arthur, or the attitude challenging MONA.

**Awards Dinner  
& Presentations  
Sunday 9th March 2014**

## NEW RECORDS REPORT

Clyde Riddoch  
VMA Records Officer  
14 Joan Street, Sunshine West Vic 3020  
Telephone 03 9363 2515 (H), Mobile 0439 902 907, Email: clyderiddoch@msn.com

**Please Note : In accordance with WMA's recent change in world record requirements, AMA now requires photo finish data for track events from 60m to 800m if seeking an Australian record.**



### Pending World Records:

W70	Half Marathon	Lavinia Petrie	Vic	97:38	105.2%	12-1-14	Bendigo
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### Australian Records:

M85	200m Hurdles	Rad Leovic	ACT	54.84s	-	7-3-13	AIS ACT
W50	56lb Weight	Jayne Hardy	ACT	4.40m	-	7-10-13	Turner ACT
M40	Decathlon	Justin Hanrahan	Vic	6165pts	-	17-10-13	Brazil
W75	Javelin	Miriam Cudmore	SA	21.01m	54.1%	19-10-13	Brazil
W65	Triple Jump	Margaret Taylor	ACT	8.50m	89.4%	22-10-13	Brazil
W50	Javelin	Jayne Hardy	ACT	36.19m	67.7%	24-10-13	Brazil
W60	4 x 100m Relay	Lynne Choate Lynne Peake Wilma Perkins Kathy Heagney	WA SA Qld Vic	58.92s	-	27-10-13	Brazil
W70	4 x 100m Relay	Noreen Parrish Lynne Andrews Miriam Cudmore Anne Lang	Qld Tas SA SA	69.95s	-	27-10-13	Brazil
W40	2k Walk	Kelly Ruddick	Vic	8:46.8	-	16-11-13	Ballarat
M50	Shot Put	Stuart Gyngell	NSW	17.52m	86.9%	30-11-13	Wollongong
M50	Discus	Stuart Gyngell	NSW	49.45m	66.8%	30-11-13	Wollongong
W80	Javelin	Heather Doherty	Qld	16.46m	69.0%	7-12-13	SAF Nathan
W50	60m	Gianna Mogentale	NSW	8.41s	95.2%	15-12-13	Wollongong
W80	Discus	Heather Doherty	Qld	21.78m	68.2%	21-12-13	SAF Nathan
W80	Weight Throw	Heather Doherty	Qld	9.52m	91.4%	21-12-13	SAF Nathan
M80	Javelin	Erkki Saarinen	Qld	33.80m	70.7%	21-12-13	SAF Nathan
W35	60m	Wendy Seegers	WA	7.88s	87.8%	29-12-13	Perth
W50	60m	Gianna Mogentale	NSW	8.40s	95.3%	6-1-14	Bendigo
W80	Shot Put	Heather Doherty	Qld	7.44m	94.9%	6-1-14	Bendigo
M50	Throws Pent	Stuart Gyngell	NSW	4049pts	-	8-1-14	Bendigo
M50	Shot Put	Stuart Gyngell	NSW	17.57m	87.2%	8-1-14	Bendigo
W80	Throws Pent	Heather Doherty	Qld	4269pts	-	9-1-14	Bendigo
W80	Javelin	Heather Doherty	Qld	17.27m	72.4%	9-1-14	Bendigo
W70	1500m	Lavinia Petrie	Vic	6:06.00	101.4%	10-1-14	Bendigo
W80	Weight Throw	Heather Doherty	Qld	9.63m	92.5%	10-1-14	Bendigo
W80	Javelin	Heather Doherty	Qld	19.45m	81.5%	10-1-14	Bendigo
M50	Discus	Stuart Gyngell	NSW	49.65m	67.0%	10-1-14	Bendigo
M60	4x1500m Relay	Allan Mayfield John Graham John Herridge Charles Chambers	SA Vic Vic Vic	20:36	-	11-1-14	Bendigo

### Victorian Records:

M50	High Jump	Luke De Biasi		1.69m	84.5%	30-11-13	Doncaster
M45	Decathlon	Shawn Hennig		5304pts	-	4/5-1-14	Bendigo
M50	Triple Jump	Nick Hodgeson		12.38m	82.2%	5-1-14	Knox
W50	Heptathlon	Michelle Hossack		4510pts	-	5-1-14	Bendigo
M60	60m	Paul Turner		8.09s	95.6%	6-1-14	Bendigo
M75	Long Jump	Graeme Noden		4.07m	84.3%	6-1-14	Bendigo

## Right from the Start

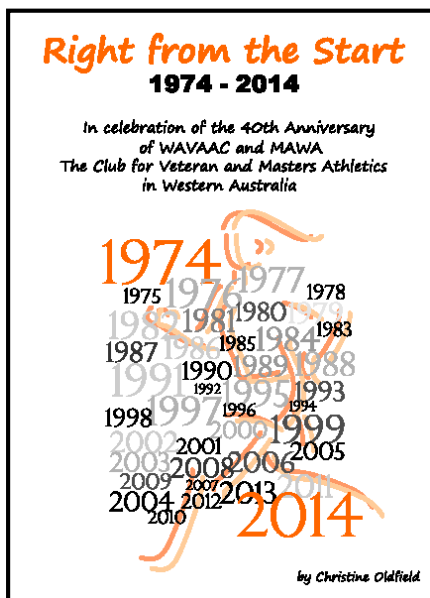
The 40<sup>th</sup> anniversary of Veterans and Masters athletics in Western Australia is being celebrated with a book. It covers all aspects of the Club's development, it's systems and procedures and its collaboration with other organisations, since it's inception in 1974. There are also thumbnail photographs of Founders, first year members, Life Members, over 80s, Presidents, World Record breakers and other movers and shakers who have significantly contributed to the development of the Club.

Thanks to a contribution from Lotterywest the cost has been kept very low – just \$15. And, even better, there is an 'Early Bird' price of \$10 for anyone who orders and pays cash (or cheque) by Sunday February 2<sup>nd</sup>. You can elect to pick up your copy at the special birthday run on February 9<sup>th</sup> at McCallum Park (or at some later date) or pay an extra \$2.50 to have it posted to you. And it will still be a great buy at \$15 after February 2<sup>nd</sup>.

Order through Christine Oldfield: Tel: 0434 191 611, e-mail: [oldfield.jc@gmail.com](mailto:oldfield.jc@gmail.com), address: 5 Berry Drive, Maida Vale, Perth WA 6057 (until end of March).

# Masters Athletics WA 40<sup>th</sup> Anniversary Book

*Don't miss out on this once in a lifetime opportunity to find out how the Club was formed and how it developed over forty years*



Available from February 9<sup>th</sup>  
at the 40<sup>th</sup> Birthday Celebrations  
at McCallum Park

for just **\$15**

Order and pay cash

by February 2<sup>nd</sup>

to get an Early Bird price of **\$10**

To order see Christine Oldfield

E-mail: [oldfield.jc@gmail.com](mailto:oldfield.jc@gmail.com)

Phone: 0434 191 611

Discover all you ever wanted to know about MAWA

Read about old times and re-live forgotten memories

Remind yourself of the members you used to know



## VMA MULTI CHAMPIONSHIPS 2014

The VMA Multi Championships will be held at Duncan Mackinnon Athletic Track on the following dates in 2014. Registered AV athletes over 30 are welcome to compete as well as any registered interstate or overseas Masters athlete and will be awarded any appropriate place medal but will not displace a VMA member from a place.

All VMA entrants must be registered for 2014 and wear their State uniform.

**T & F Pentathlon:** Sunday 23rd March. 11.30 am check-in; 12 noon start

**Throws Pentathlon:** Sunday 30th March. 10.00 am start for first group.  
Check with Graeme Rose. Ph. 9836 2350

**Closing dates:** **T & F Pentathlon:** Friday 7th March  
**Throws Pent:** Friday 14th March

**Cost per Multi event:** \$10

**Late entry up to one week before:** \$20 for either multi event. **No entries on the Day**

**Events:** **Pentathlon:** **Women:** 100m, shot, LJ, javelin, 800m  
**Men:** LJ, javelin, 200m, discus, 1500m  
**Throws Pentathlon: All:** Hammer, Shot, Discus, Javelin, Weight

### 2014 MULTI ENTRY FORM

**SURNAME:** \_\_\_\_\_ **CALL NAME:** \_\_\_\_\_

**SEX:** M / F **DATE OF BIRTH:** \_\_\_\_\_ **AGE on Day:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_  
\_\_\_\_\_

**PHONE:** \_\_\_\_\_ **E-MAIL:** \_\_\_\_\_

EVENT	ENTRY FEES
Throws Pent @ \$10	_____
T & F Pent @ \$10	_____
Late fee \$10 per event	_____
<b>Total Enclosed:</b>	_____

### Method of Payment

- Please make cheques or Money Order payable to Victorian Masters Athletic Club Inc.
- Credit Card payment (see below).

**Credit Card Payment** ☐ Mastercard ☐ Visa

Card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

**Send Entry to:** VMA Multi Championships 2013, PO Box 277, Surrey Hills, 3127

(To arrive no later than closing date for the appropriate Multi-event.)

**Volunteers needed:** I am willing to be a volunteer official/helper on 23rd March ☐ and/or the 30th March ☐ for the VMA Multi Championships (tick boxes)

# ONLINE REGISTRATION

**On-line registration will be available from 1 October 2013.**

## VMA Registration Fees (from 1/10/2013)

**Note:** Fees will now become due for 2014 from above date. Cover will be until Dec 31 2014.

The new fees will begin with the start of on-line registration (available from 1/10/2013)

### Renewing:

2013 VMA member	\$35
2013 VMA members – two at same address	\$55
2013 VMA member (80+) – member for immed. 5 years	\$0
Life member (competing)	\$0
Associate Member (under age <30)	\$20
Venue Volunteer (non competing)	\$0

### New (and Lapsed) Members:

New member – includes joining fee	\$45
New members – two at same address	\$75
New Member registered with AV club	\$35



On-line registration will be available from 1 October 2013. A link from the VMA web-site will lead to On-line registration. A direct web address will also be established.

VMA is also investigating making payment of uniforms available through the on-line registration link although one would still need to collect from Graham Philpott or have them sent through him.

All registrants will receive a confirmation of payment. Payment is via credit card. Either Visa or Master Card.

# VICTORIAN MASTERS ATHLETICS

## 2014 MEMBERSHIP FORM



NAME

ADDRESS

SUBURB  POSTCODE  DATE OF BIRTH

TELEPHONE  MOBILE

EMAIL  @  .

VMA VENUE ATTENDING  WOULD YOU LIKE TO RECEIVE THE VMA NEWSLETTER BY EMAIL ?

OCCUPATION OR AREA OF EXPERTISE

APPLICANT'S SIGNATURE  DATE

Please tick the category you are applying in. (see following explanation of categories)

Renewals -	Joining	Subscription	Total
( ) Member's subscription	-	\$35	\$35
( ) Two members residing at the same address	-	\$55	\$55
( ) Life Members			free
( ) Renewing 80+ (if immed. 5 consecutive years prev.)			free
( ) Venue Volunteer (non competing)			free
<b>Lapsed Members -</b>			
( ) Individual fees	\$10	\$35	\$45.
( ) Two members residing at the same address	\$20	\$55	\$75
<b>Associate Members</b>			
( ) Subscription	-	\$20	\$20
<b>New Members</b>			
( ) Individuals	\$10	\$35	\$45
( ) Two members residing at the same address	\$20	\$55	\$75
( ) AV Members	-	\$35	\$35

**PAYMENT** - Please make cheques or money orders payable to VMA and send to the Subscription Secretary – Astrid Rose, PO Box 277, Surrey Hills, 3127. (Ph. 9836 2350).

Credit Card - Visa ( ) Mastercard ( ) Card No.

Expiry Date  Name on Card  Signature

### DISCLAIMER

I hereby declare that I am in good health and will be properly conditioned for the activities which I will enter with the Victorian Masters Athletics Inc. during the year 2014. I absolutely relieve Victorian Masters Athletics Inc. of any responsibility for any injury or damage to myself which I may sustain in the course of competing in events organised by the Association.

Signed

### VMA PRIVACY STATEMENT

Personal information collected by the Association for registration purposes will not be passed to third parties except those sporting bodies with which the Association is affiliated for the purposes of registering the member with that body. Any member may at any time check their personal details as held by the Association.

### UNIFORMS & ASSOCIATED MERCHANDISE

## Victorian Masters Athletics Inc. - Venue Managers

Venue	Manager	Address	Phone
<b>Aberfeldie</b>	John Dean	3 Pearl Street Essendon West 3040 jkdeano@hotmail.com	9337 7179
<b>Casey</b>	Paul Olsson	olssonpf@bigpond.net.au	0408 340 151
<b>Coburg</b>	Neville Wilson	11 Prospect Road, Rosanna 3084 nlw@melbpc.org.au	9459 7827
<b>Collingwood</b>	Peter Gaunt	38 King Street, Fitzroy North 3068 peter.gaunt@darebinlibraries.vic.gov.au	9486 8084 9481 9557 Wk. 0447 068084
	Heather Gaunt		
<b>Croydon</b>	Ken Walters	7 Waters Avenue, Upper Ferntree Gully 3156 jandkwalters@bigpond.com	9753 5661
	Pam Tindal	9 Yallambee Way, Croydon martynti@bigpond.net.au	9723 3271 0416 006583
<b>Doncaster</b>	Graham Walter	99 Birmingham Road, Mt. Evelyn 3796 nicolerwalter@bigpond.com	9736 4433
<b>East Burwood</b>	Peter Dodgshun	18 Cresswell Cres, Mitcham 3132 peterdodgshun@optusnet.com.au	0419 872130
	Gerald Burke	1 Sartre Ct, Glen Waverley 3150 geraldburke@optushome.com.au	0408 315471
	Jack Fredrickson	38 Romoly Drive Forest Hill 3131	9802 6926
<b>Frankston</b>	John Hallo	thehallos@optusnet.com.au	5975 6866
	Graham Kilfoyle		0421 707788
<b>Geelong</b>	Alan Jenkins	171 Hope Street, Geelong West ajenkins@dow.com	5221 7468 0419 314 568
<b>Glen Eira</b>	Andrew Edwards	33 Chapel Road Moorabbin Vic 3189 Leedsfan2@optusnet.com	9555 4226
	Judy Wines	judywines@bigpond.com	9885 4904
<b>Knox</b>	Lavinia Petrie	12 Jeannette Maree Court, Kilsyth 3137 ljpetrie@alphalink.com.au	9728 3929
<b>Mentone</b>	Ted McCoy	24 Blackwood Avenue, Mentone 3194	9583 3280
	Ashley Page	14/102B Country Club Drive, Safety Beach Vic 3936 apa16161@bigpond.net.au	0448 866025
<b>Southern Peninsula</b>	Meredith Radford	31 Muirfield Avenue Fingal 3939	5988 6221
	Alan Radford	radfordguns@sctelco.net.au	
	John Sutton	15 Roblyn Crescent, Tootgarook 3941 jsutton2@optusnet.com.au	5985 9017
	Greg Lovejoy		5982 0449
<b>Springvale/ Noble Park</b>	Alan Bennie	75 Bertrand Avenue, Mulgrave 3170 alanbennie@optushome.com.au	9547 2978
	Anthony Doran	anthonyjdoran@y7mail.com	9547 7320
<b>Throwers</b>	Graeme Rose	71 Union Road, Surrey Hills 3127 grarose@yahoo.com	9836 2350
	Ken Priestley	knjoy@bigpond.net.au	0417 134 601

## Victorian Masters Athletics Inc.

### Venues

<b>ABERFELDIE Athletic Track</b>	Aberfeldie Park, Corio Street, Moonee Ponds <b>Wednesday nights, 7 - 9pm</b>	Melway 28 D6
<b>CASEY</b>	<b>160 Berwick - Cranbourne Rd, Cranbourne East</b> <b>Monday nights, 7-9pm</b>	<b>Melway134 E8</b>
<b>COBURG Athletic Track</b>	Harold Stevens Athletic Field, Outlook Road, Coburg <b>Thursday nights, 7 - 9pm</b>	Melway 18 A9

#### PLEASE NOTE

Coburg Track now upgraded. Reverts to Thursday Nights as usual

<b>COLLINGWOOD Athletic Track</b>	George Knott Reserve, Heidelberg Road, Clifton Hill <b>Tuesday nights, 7 - 9pm</b>	Melway 30 F12
<b>CROYDON Athletic Track</b>	Behind Arndale Shopping Centre, Mt.Dandenong Road, Croydon <b>Tuesday nights, 7 - 9pm</b>	Melway 50 K5
<b>DONCASTER Athletic Track</b>	Rieschieks Reserve, George Street, East Doncaster <b>Monday nights, 7.30pm</b>	Melway 33 J11
<b>EAST BURWOOD Athletic Track</b>	Burwood Road, opp. Mahoneys Road, behind basketball stadium <b>Thursday nights, 7 - 9pm</b>	Melway 62 C7
<b>FRANKSTON Athletic Track</b>	Ballam Park, Bananee Terrace, Frankston <b>Thursday nights, 7 - 9pm</b>	Melway 103 B4
<b>GEELONG Athletic Track</b>	Landy Field, off Barwon Terrace, Geelong <b>Wednesday nights, 6 - 8pm</b>	Melway 228 C7
<b>GLEN EIRA Athletic Track</b>	Duncan McKinnon Reserve, cnr North Road & Murrumbeena Road <b>Tuesday nights, track events, 7 - 9pm.</b> <b>Sunday, field events</b>	Melway 68 K9
<b>KNOX Athletic Track</b>	Bunjil Way, off Ferntree Gully Road, Scoresby <b>Wednesday nights, 7 - 9pm</b>	Melway 73 D7
<b>MENTONE Athletic Track</b>	Dolamore Reserve, cnr First Street & Queen Street, Mentone <b>Wednesday nights, 7 - 9pm</b>	Melway 87 B6
<b>SPRINGVALE/NOBLE PARK</b>	Ross Reserve, Memorial Drive, off Corrigan Road, Springvale <b>Wednesday nights, 7 - 9pm</b>	Melway 80 E12
<b>SOUTHERN PENINSULA Athletic Track</b>	Truemans Road, Tootgarook (off Nepean Hwy), <b>Wednesday nights, from 6 pm in daylight saving,</b> <b>Sunday in winter - 9am</b>	Melway 169 E6

## Victorian Masters Athletics Inc.

<b>President</b>	Russ Oakley	9720 8835	12 Danielle Crescent, Heathmont 3135 oakanru@bigpond.com
<b>Vice President</b>	Tony Bradford	9749-2248	6 Merrett Ave., Hoppers Crossing 3029 anthonybradford@bigpond.com
<b>Secretary</b>	Phil Urquhart	9572-0805 0419357823	21 Holywood Grove, Carnegie runphil@bigpond.com
<b>Asst Secretary</b>	Chris Murphy	9547 6324	32 Hilton Avenue, Springvale 3171 czm@stbedes.catholic.edu.au
<b>Treasurer</b>	Al Willey	9870 7616	42 Sonia Street, Ringwood 3134 alpen.willey@bigpond.com
<b>Club Captain</b>	Lavinia Petrie	9728 3929	12 Jeanette Marie Court Kilsyth 3137 ljpetrie@alphalink.com.au
<b>Committee</b>	Graeme Rose	9836 2350	71 Union Road, Surrey Hills 3127 grarose@yahoo.com
	Don Chambers	0408 654209	19 High St., Rutherglen 3685 dmchambers@bigpond.com
	David Sheehan	97587512	3/39 Mountview Road, U. F. Gully 3156 david.sheehan@parmalat.com.au
	Andrew Edwards	95554226	33 Chapel Road Moorabbin Vic 3189 Leedsfan2@optusnet.com
	Shane Draper		c/o Aberfeldie Venue
<b>Past President</b>	Rob Waters	9318 3802	5 Bellevue Court, Maribyrnong 3032
<b>Hon. Auditor</b>	Peter Le Get has resigned. Position Vacant		
<b>Webmaster</b>	Ralph Bennett		vicvets@yahoo.com.au
<b>Uniforms</b>	Graham Philpott	9568 0495	4/8 Hyslop Parade, East Malvern 3145
<b>Subscriptions</b>	Astrid Rose	9836-2350	grarose@yahoo.com
<b>Records Officer</b>	Clyde Riddoch	9363 2515	14 Joan Street, Sunshine West 3020 clyderiddoch@msn.com
<b>Footprints Editor</b>	Russ Dickenson	9870-8103 0418333569	4 Braewood Ave., Ringwood East 3135 <b>dicko@inet.net.au</b>
<b>Around The Grounds</b>	Judy & Ken Walters	9753 5661	7 Waters Ave. U. F. Gully 3156 jandkwalters@bigpond.com
<b>Throwers' Group</b>	Graeme Rose	9836-2350	grarose@yahoo.com
<b>Mailing Officer</b>	Russ Dickenson	9870-8103 0418333569	4 Braewood Ave., Ringwood East 3135 <b>dicko@inet.net.au</b>