

Around the Grounds

Venue Results for January 2020



Aberfeldie, Casey, Coburg, Doncaster,
East Burwood, Frankston, Geelong, Glen Eira,
Knox, Mentone, Springvale/Noble Park

ABERFELDIE 13 January 2021

| 100m | Age | Time | Age-grade |
|------------------|------------|-------------|------------------|
| Marlon Cummings | 43 | 11.7 | 89.3% |
| Rob Irwin | 49 | 13.1 | 83.5% |
| Tony Bradford | 81 | 20.3 | 71.0% |
| Maggie Armstrong | 58 | 17.5 | 76.0% |
| Bill Ristevski | 56 | 16.2 | 70.3% |

| 800m | Age | Time | Age-grade |
|------------------|------------|-------------|------------------|
| Bill Ristevski | 56 | 04:38 | 44.0% |
| Maggie Armstrong | 58 | 03:57 | 59.7% |
| David Jones | 70 | 03:39 | 63.2% |
| Matthew Goodger | 43 | 03:29 | 52.3% |
| Rob Irwin | 49 | 02:55 | 65.9% |
| Michael Orelli | 75 | 04:44 | 52.7% |
| Andrea Draper | 43 | 04:44 | 42.1% |

| 200m | Age | Time | Age-grade |
|------------------|------------|-------------|------------------|
| Matthew Goodger | 43 | 48.0 | 44.4% |
| David Jones | 70 | 42.4 | 60.8% |
| Rob Irwin | 49 | 30.8 | 72.4% |
| Maggie Armstrong | 58 | 41.4 | 66.9% |
| Bill Ristevski | 56 | 40.8 | 57.3% |
| Marlon Cummings | 43 | 27.3 | 78.1% |

| 3k | Age | Time | Age-grade |
|------------------|------------|-------------|------------------|
| Shane Draper | 47 | 12:42 | 64.5% |
| Rob Irwin | 49 | 14:48 | 56.2% |
| Marlon Cummings | 43 | 18:30 | 42.9% |
| Michael Ennis | 67 | 05:15 | 55.4% |
| Andrea Draper | 43 | 21:47 | 41.3% |
| Cheryl Beveridge | 55 | 18:57 | 55.2% |
| Bill Ristevski | 56 | 20:38 | 42.7% |

ABERFELDIE 20 January 2021

| 80m | Age | Time |
|------------------|------------|-------------|
| Marlon Cummings | 43 | 11.3 |
| Matthew Goodger | 43 | 14.1 |
| Tony Bradford | 81 | 17.9 |
| Maggie Armstrong | 58 | 15.0 |

| 1200m | Age | Time |
|------------------|------------|-------------|
| Matthew Goodger | 43 | 5:55 |
| Michael Orelli | 76 | 6:54 |
| Maggie Armstrong | 58 | 6:06 |
| David Jones | 70 | 5:33 |
| Marlon Cummings | 43 | 5:34 |

| 300m | Age | Time | Age-grade |
|------------------|------------|-------------|------------------|
| John Cooper | 68 | 51.0 | 77.6% |
| Maggie Armstrong | 58 | 69.1 | 62.4% |
| Marlon Cummings | 43 | 48.1 | 68.4% |

| 3k | Age | Time | Age-grade |
|-------------------|------------|-------------|------------------|
| Michael Ennis | 67 | 18:48 | 51.7% |
| Trevor Hawksworth | 73 | 20:10 | 51.7% |
| Matthew Goodger | 43 | 19:34 | 40.6% |
| Cheryl Beveridge | 55 | 22:47 | 45.9% |
| Michael Orelli | 76 | 20:14 | 54.2% |

ABERFELDIE 27 January 2021

| 110m | Age | Time |
|------------------|------------|-------------|
| Ian Newey | 61 | 18.0 |
| John Cooper | 68 | 16.6 |
| Marlon Cummings | 43 | 14.8 |
| Maggie Armstrong | 58 | 20.4 |
| Rob Irwin | 49 | 15.6 |
| Tony Bradford | 81 | 23.1 |

| Mile | Age | Time | Age-grade |
|-------------------|------------|-------------|------------------|
| Trevor Hawksworth | 73 | 09:34 | 55.2% |
| Michael Orelli | 76 | 09:25 | 58.9% |
| Matthew Goodger | 43 | 08:16 | 48.6% |
| Marlon Cummings | 43 | 08:04 | 49.8% |
| Bill Ristevski | 56 | 09:33 | 46.7% |
| Maggie Armstrong | 58 | 08:34 | 64.7% |
| Rob Irwin | 49 | 06:26 | 65.4% |

| 250m | Age | Time |
|------------------|------------|-------------|
| John Cooper | 68 | 41.4 |
| Marlon Cummings | 43 | 38.6 |
| Maggie Armstrong | 58 | 54.2 |
| Ian Newey | 61 | 44.8 |
| Matthew Goodger | 43 | 53.1 |
| Rob Irwin | 49 | 43.0 |

| 26min (NOD) | Age | Nominal | Actual (m) |
|--------------------|------------|----------------|-------------------|
| Graham Eadie | 69 | 3500 | 3870 |
| Cheryl Beveridge | 55 | 4000 | 3700 |
| Andrea Draper | 43 | 4000 | 4330 |
| Bill Ristevski | 56 | 4100 | 3900 |
| Marlon Cummings | 43 | 4000 | 4400 |
| Michael Orelli | 76 | 3000 | 3760 |
| Rob Irwin | 49 | 5000 | DNF |

CASEY FIELDS 11 January 2021

| <u>150m</u> | <u>Age</u> | <u>Time</u> |
|----------------|------------|-------------|
| Jeet Singh | 62 | 19.34 |
| Rob Italia | 55 | 19.72 |
| Shannon Miller | 36 | 22.95 |
| Noel Fairburn | 60 | 26.1 |
| Paul Olsson | 63 | 35.25 |
| Gary Meyer | 65 | 43.05 |

1 Lap Road run/walk (approx 2.2km)

| | <u>age</u> | <u>time</u> | |
|----------------|------------|-------------|------|
| Rob Italia | 55 | 11.54 | |
| Kylie Irshad | 49 | 12.09 | |
| Gary Meyer | 65 | 13.47 | |
| Shannon Miller | 36 | 16.04 | |
| Albin Hess | 61 | 17.06 | Walk |
| Marnie Grace | 46 | 17.08 | Walk |
| Lindsay Beaton | 70 | 23.15 | Walk |

CASEY FIELDS 18 January 2021**100m sprint**

No times, but finish order is correct

| | <u>Age</u> | <u>Time</u> |
|------------------|------------|-------------|
| Kuldeep Singh | 37 | |
| Jeet Singh | 64 | |
| Narinder Singh | 37 | |
| Paul Conduit | 55 | |
| Noel Fairburn | 60 | |
| Sam Rathragat | 43 | |
| Gulshan (Sharon) | 36 | |
| Hsien Chiam | 49 | |
| Mike Hall | 82 | |

1 Lap Road run/walk (approx 2.2km)

| | <u>Age</u> | <u>Time</u> | |
|----------------|------------|-------------|------|
| Rob Italia | 55 | 11.02 | |
| Paul Conduit | 55 | 11.28 | |
| David Talbot | 66 | 12.48 | |
| Gary Meyer | 66 | 13.09 | |
| Ian Savage | 68 | 13.30 | |
| Frances Halton | 59 | 14.49 | |
| Hsien Chiam | 49 | 18.27 | Walk |
| Arlene D'Monte | 62 | 19.00 | Walk |
| Lindsay Beaton | 70 | 22.40 | Walk |

200m run

| | <u>Age</u> | <u>Time</u> |
|------------------|------------|-------------|
| Kuldeep Singh | 37 | 27.66 |
| Jeet Singh | 64 | 29.77 |
| Narinder Singh | 37 | 30.75 |
| Sam Rathragat | 43 | 35.26 |
| Noel Fairburn | 60 | 36.21 |
| Gulshan (Sharon) | 36 | 40.18 |

1000m run/walk

| | <u>Age</u> | <u>Time</u> | |
|----------------|------------|-------------|------|
| Hsien Chiam | 49 | 5.1 | |
| Ian Savage | 68 | 5.18 | |
| Kylie Irshad | 49 | 5.58 | Walk |
| Frances Halton | 59 | 6.45 | |
| Arlene D'Monte | 62 | 8.08 | Walk |
| Lindsay Beaton | 70 | 9.23 | Walk |

CASEY FIELDS 25 January 2021**80m sprint**

| | <u>Age</u> | <u>Time</u> |
|---------------|------------|-------------|
| Kuldeep Singh | 37 | 10.52 |
| Jeet Singh | 64 | 11.48 |
| Paul Olsson | 63 | 13.22 |
| Sharon Kaur | 37 | 13.59 |
| Mike Hall | 82 | 14.13 |

150m run

| | <u>Age</u> | <u>Time</u> |
|---------------|------------|-------------|
| Kuldeep Singh | 37 | 18.92 |
| Jeet Singh | 64 | 20.56 |
| Paul Olsson | 63 | 24.07 |
| Sharon Kaur | 36 | 25.9 |
| Mike Hall | 83 | 26.27 |
| Gary Meyer | 66 | 36.17 |

1000m run/walk

| | <u>Age</u> | <u>Time</u> |
|----------------|------------|-------------|
| Gary Meyer | 66 | 5.02 |
| Albin Hess | 61 | 5.52 |
| Marnie Grace | 46 | 6.59 |
| Noel Fairburn | 60 | 7.41 |
| Lindsay Beaton | 70 | 9.16 |

Shot Put

| | <u>Age</u> | <u>1</u> | <u>2</u> | <u>3</u> |
|----------------|------------|----------|----------|----------|
| Paul Olsson | 63 | 896 | 873 | 1023 |
| Noel Fairburn | 60 | 763 | 744 | 757 |
| Kuldeep Singh | 37 | 584 | 658 | 685 |
| Jeet Singh | 64 | 625 | 654 | 660 |
| Lindsay Beaton | 71 | 555 | 608 | 600 |
| Frances Halton | 59 | 320 | 323 | 347 |

COBURG 7 January 2021**100m**

| | | |
|------------------|----|-------|
| Frank BRADLEY | 65 | 20.94 |
| Rob LEWIS | 73 | 21.52 |
| Michelle SPORTON | 55 | 28.75 |
| Ken CARTER | 68 | 56.44 |

1000m

| | | | |
|------------------|----|-------|------|
| Carl KENNEDY | 54 | 3.55 | |
| Dan FITTON | 50 | 5.01 | |
| Maria BARBETTI | 55 | 5.14 | |
| Donna-Marie ELMS | 59 | 6.22 | Walk |
| Tracy COLBERT | 51 | 7.31 | Walk |
| Rob DAVEY | 80 | 8.21 | |
| Fiona ELY | 51 | 9.03 | Walk |
| Ken CARTER | 68 | 11.10 | |

200m

| | | |
|------------------|----|--------|
| Frank BRADLEY | 65 | 46.60 |
| Rob LEWIS | 73 | 51.94 |
| Yolanda SHAW | 68 | 56.23 |
| Rob DAVEY | 80 | 1.09.3 |
| Michelle SPORTON | 55 | 1.16.8 |
| Ken CARTER | 68 | 2.11.0 |

2.4km cross country

| | | |
|----------------|----|-------|
| Dan FITTON | 50 | 14.18 |
| Maria BARBETTI | 55 | 14.36 |
| Yolanda SHAW | 68 | 17.11 |
| Frank BRADLEY | 65 | 20.56 |
| Rob LEWIS | 73 | 21.24 |
| Rob DAVEY | 80 | 23.29 |
| Ken CARTER | 68 | 29.47 |

4.8km cross country

| | | |
|--------------|----|-------|
| Carl KENNEDY | 54 | 23.59 |
| Fiona ELY | 51 | 32.09 |

COBURG 14 January 2021**60m**

| | | |
|------------------|----|-------|
| Rob LEWIS | 73 | 14.25 |
| Bruce GIBBS | 72 | 14.96 |
| Michelle SPORTON | 55 | 15.53 |
| Ken CARTER | 68 | 26.87 |

1500m

| | | |
|----------------|----|-------|
| Fraser MURRAY | 48 | 5.49 |
| Ben PEARMAN | 36 | 6.08 |
| Carl KENNEDY | 54 | 6.40 |
| Michael MEANEY | 65 | 7.22 |
| Maria BARBETTI | 55 | 7.42 |
| Fiona ELY | 51 | 7.44 |
| Ken CARTER | 68 | 15.46 |

1000m Walk

| | | |
|------------------|----|------|
| Donna-Marie ELMS | 59 | 5.51 |
|------------------|----|------|

300m

| | | |
|------------------|----|------|
| Rob LEWIS | 73 | 1.33 |
| Rob DAVEY | 80 | 1.47 |
| Michelle SPORTON | 55 | 2.12 |
| Ken CARTER | 68 | 3.12 |

3km Lake run

| | | |
|------------------|----|-------|
| Ben PEARMAN | 36 | 12.55 |
| Carl KENNEDY | 54 | 14.09 |
| Fraser MURRAY | 48 | 14.58 |
| Michael MEANEY | 65 | 15.37 |
| Fiona ELY | 51 | 16.26 |
| Maria BARBETTI | 55 | 17.31 |
| Donna-Marie ELMS | 59 | 19.23 |
| Tracy COLBERT | 51 | 19.23 |
| Yolanda SHAW | 68 | 20.43 |
| Bruce GIBBS | 72 | 31.28 |
| Rob LEWIS | 73 | 31.29 |
| Ken CARTER | 68 | 35.13 |

90m

| | | |
|------------------|----|-------|
| Frank BRADLEY | 65 | 22.80 |
| Michelle SPORTON | 55 | 23.21 |
| Ken CARTER | 68 | 44.29 |

COBURG 21 January 2021**1000m**

| | | |
|-----------------|----|-------|
| Ben PEARMAN | 36 | 3.38 |
| Carl KENNEDY | 54 | 3.57 |
| Michael MEANEY | 65 | 4.36 |
| Fraser MURRAY | 48 | 4.39 |
| Matthew HALLETT | 31 | 4.43 |
| Maria BARBETTI | 55 | 4.52 |
| Fiona ELY | 51 | 5.05 |
| Len HALLETT | 71 | 5.31 |
| Ken CARTER | 68 | 10.55 |

200m

| | | |
|------------------|----|--------|
| Frank BRADLEY | 65 | 52.16 |
| Michelle SPORTON | 55 | 1.07.0 |
| Rob DAVEY | 81 | 1.12.7 |
| Ken CARTER | 68 | 2.10.1 |

1500m

| | | |
|-----------|----|-------|
| Rob DAVEY | 81 | 13.34 |
|-----------|----|-------|

4.1km Swing Bridge

| | | |
|----------------|----|-------|
| Carl KENNEDY | 54 | 18.34 |
| Michael MEANEY | 65 | 22.43 |
| Fiona ELY | 51 | 22.47 |

COBURG 21 January 2021 (cont)

| | | |
|-----------------|----|-------|
| Maria BARBETTI | 55 | 25.15 |
| Matthew HALLETT | 31 | 27.36 |
| Len HALLETT | 71 | 27.49 |
| Yolanda SHAW | 68 | 29.26 |
| Frank BRADLEY | 65 | 32.20 |
| Ken CARTER | 68 | 47.29 |

8.6km Golden Domes

| | | |
|---------------|----|-------|
| Ben PEARMAIN | 36 | 38.36 |
| Fraser MURRAY | 48 | 39.07 |

COBURG 28 January 2021**100m**

| | | |
|------------------|----|-------|
| Isabelle RAINES | 18 | 14.44 |
| Andrew CLOSE | 31 | 14.75 |
| Rob LEWIS | 73 | 23.71 |
| Bruce GIBBS | 72 | 23.97 |
| Michelle SPORTON | 55 | 26.00 |
| Rob DAVEY | 81 | 34.46 |
| Ken CARTER | 68 | 52.59 |

1200m

| | | |
|----------------|----|-------|
| Carl KENNEDY | 54 | 4.32 |
| Ben PEARMAIN | 36 | 4.47 |
| Michael MEANEY | 65 | 5.33 |
| Gary O'DWYER | 61 | 5.36 |
| Matt HALLETT | 31 | 5.45 |
| Fiona ELY | 51 | 6.21 |
| Ken CARTER | 68 | 12.32 |

500m

| | | |
|------------------|----|------|
| Isabelle RAINES | 18 | 1.31 |
| Bruce GIBBS | 72 | 3.36 |
| Rob DAVEY | 81 | 3.39 |
| Michelle SPORTON | 55 | 4.51 |
| Ken CARTER | 68 | 5.34 |

3km Lake run

| | | |
|----------------|----|-------|
| Carl KENNEDY | 54 | 12.56 |
| Michael MEANEY | 65 | 15.33 |
| Matt HALLETT | 31 | 16.38 |
| Maria BARBETTI | 55 | 17.54 |
| Yolanda SHAW | 68 | 20.52 |
| Rob LEWIS | 73 | 24.11 |
| Ken CARTER | 68 | 34.52 |

6km Lake run

| |
|--------------|
| Ben PEARMAIN |
| Len HALLETT |
| Fiona ELY |



This edition of 'Around the Grounds' is dedicated to Russ Dickenson who worked so hard to keep us all informed over the years.

DONCASTER 9 November 2020**Doncaster 800 metres (handicap)**

| | | | | |
|----------------|---------|---------|----------|------|
| Shaun Wright | (-2.30) | 09:42.3 | 07:12.30 | (DQ) |
| Jeffrey Sim | (-6.00) | 09:51.5 | 03:51.50 | (DQ) |
| Katrina Philip | (-6.15) | 09:51.6 | 03:36.60 | (DQ) |
| Frank Prowse | (-4.00) | 10:03.6 | 06:03.60 | |
| Jason Merrett | (-7.00) | 10:04.0 | 03:04.00 | |
| Matt Hughes | (-7.00) | 10:13.3 | 03:13.30 | |
| Marla Trautman | (-0.47) | 10:20.0 | 09:33.00 | |

60 metres heat 1

| | | | |
|-----------------|------|------|--|
| Jeffrey Sim | (58) | 10.3 | |
| Tom Leong | (79) | 11.4 | |
| Carolyn Aughey | (78) | 13.7 | |
| Gloria De Zwart | (84) | 13.9 | |

60 metres heat 2

| | | | |
|------------------|------|------|--|
| Matt Hughes | (45) | 8.7 | |
| Andrew Close | (31) | 9.0 | |
| Graham Ford | (71) | 9.3 | |
| Jason Merrett | (48) | 9.7 | |
| Darryl Kilmartin | (54) | 10.7 | |
| Shaun Wright | (50) | NT | |

150 metres heat 1

| | | | |
|----------------|------|------|--|
| Jeffrey Sim | (58) | 25.0 | |
| Tom Leong | (79) | 29.1 | |
| Carolyn Aughey | (78) | 36.0 | |
| Marla Trautman | (48) | 55.0 | |

150 metres heat 2

| | | | |
|---------------|------|------|--|
| Matt Hughes | (45) | 22.5 | |
| Andrew Close | (31) | 23.9 | |
| Graham Ford | (71) | 24.0 | |
| Jason Merrett | (48) | 24.9 | |
| Shaun Wright | (50) | 74.2 | |

2000 metres

| | | | |
|----------------|------|---------|-------------|
| Frank Prowse | (68) | 08:41.6 | (1200 walk) |
| Jason Merrett | (48) | 09:16.5 | |
| Matt Hughes | (45) | 09:35.3 | |
| Katrina Philip | (58) | 10:31.2 | |

DONCASTER 16 November 2020**Doncaster 600 metres (handicap)**

| | | | | |
|------------------|---------|---------|---------|------|
| Elizabeth Grover | (-0.00) | 02:47.7 | 02:47.7 | (DQ) |
| Emily Scholes | (-0.50) | 03:02.8 | 02:12.8 | (DQ) |
| Darryl Kilmartin | (-0.30) | 03:02.8 | 02:32.8 | (DQ) |
| Ian McCormack | (-1.00) | 03:05.0 | 02:05.0 | (DQ) |
| Katrina Philip | (-0.00) | 03:05.5 | 03:05.5 | (DQ) |
| Matt Hughes | (-1.00) | 03:16.3 | 02:16.3 | (DQ) |
| David McConnell | (-0.45) | 03:16.9 | 02:31.9 | (DQ) |
| Angela Edwards | (-0.00) | 03:20.3 | 03:20.3 | (DQ) |

| | | | | |
|---------------|---------|---------|---------|--------|
| Graham Walter | (-1.00) | 03:28.8 | 03:28.8 | Winner |
| Matt Scholes | (-1.40) | 03:30.7 | 03:30.7 | |

100 metres heat 1

| | | | |
|------------------|------|-------|--|
| Emily Scholes | (13) | 15.98 | |
| Graham Walter | (62) | 16.06 | |
| Darryl Kilmartin | (54) | 16.72 | |
| Jeffrey Sim | (58) | 17.74 | |
| Angela Edwards | (54) | 19.52 | |
| Carolyn Aughey | (78) | 23.60 | |

100 metres heat 2

| | | | |
|-----------------|------|-------|--|
| Matt Hughes | (45) | 14.25 | |
| Andrew Close | (31) | 14.88 | |
| David McConnell | (68) | 14.89 | |
| Graham Ford | (71) | 15.37 | |
| Matt Scholes | (50) | 16.84 | |

Discus

| | | | |
|------------------|------|-------|--|
| Matt Hughes | (45) | 25.65 | |
| Graham Ford | (71) | 25.59 | |
| David McConnell | (68) | 23.94 | |
| Matt Scholes | (50) | 21.33 | |
| Ian McCormack | (61) | 20.32 | |
| Darryl Kilmartin | (54) | 19.13 | |
| Tom Leong | (79) | 17.05 | |
| Angela Edwards | (54) | 16.68 | |
| Kath Gawthorn | (46) | 14.46 | |
| Bev Learmont | (72) | 12.96 | |

200 metres heat 1

| | | | |
|-----------------|------|------|--|
| Matt Hughes | (45) | 30.6 | |
| David McConnell | (68) | 31.1 | |
| Ian McCormack | (61) | 33.6 | |
| Matt Scholes | (50) | 37.0 | |
| Angela Edwards | (54) | 43.0 | |

200 metres heat 2

| | | | |
|--------------|------|-------|--|
| Andrew Close | (31) | 33.14 | |
| Jeffrey Sim | (58) | 39.10 | |
| Tom Leong | (79) | 41.00 | |

1000 metres

| | | | |
|------------------|------|----------------|--|
| Matt Scholes | (50) | 03:34.4 | |
| Matt Hughes | (45) | 04:14.1 | |
| Ian McCormack | (61) | 04:17.4 | |
| Elizabeth Grover | (57) | 04:41.8 | |
| Emily Scholes | (13) | 04:53.0 | |
| Graham Walter | (62) | 05:01.4 | |
| Katrina Philip | (59) | 05:01.9 | |
| Kath Gawthorn | (46) | 05:06.7 | |
| Frank Prowse | (68) | 08:40.3 (walk) | |
| Angela Edwards | (54) | 08:40.4 (walk) | |

DONCASTER 23 November 2020

Doncaster Gift (120 handicap) heat 1

| | | |
|-----------------|-------|-------|
| Carolyn Aughey | (-57) | 14.86 |
| Jeffrey Sim | (-32) | 14.90 |
| Emily Scholes | (-30) | 15.16 |
| Marg Tweedie | (-26) | 15.37 |
| Gloria De Zwart | (-53) | 17.44 |

Doncaster Gift (120 handicap) heat 2

| | | |
|------------------|-------|-------|
| David McConnell | (-20) | 14.66 |
| Graham Ford | (-25) | 14.92 |
| Andrew Close | (-20) | 15.08 |
| Jason Merrett | (-28) | 15.25 |
| Darryl Kilmartin | (-21) | 16.37 |
| Angela Edwards | (-39) | 16.48 |
| Matt Hughes | (-8) | 16.64 |
| Matt Scholes | (-10) | 19.34 |
| Richard Trembath | (-40) | 20.20 |

Doncaster Gift Results

| | | |
|-----------------|-------|-------|
| David McConnell | (-20) | 14.66 |
| Carolyn Aughey | (-57) | 14.86 |
| Jeffrey Sim | (-32) | 14.90 |
| Graham Ford | (-25) | 14.92 |
| Andrew Close | (-20) | 15.08 |
| Emily Scholes | (-30) | 15.16 |
| Jason Merrett | (-28) | 15.25 |
| Marg Tweedie | (-26) | 15.37 |

800 metres

| | | |
|-------------------|------|-------------------|
| Matt Scholes | (61) | 02:32.0 |
| Jason Merrett | (48) | 02:58.0 |
| Matt Hughes | (45) | 03:13.0 |
| Emily Scholes | (13) | 03:23.0 |
| Bernie McLoughlan | (68) | 03:33.0 |
| Angela Edwards | (54) | 04:29.0 |
| John Aughey | (83) | 01:54.0 (400 m) |
| Frank Prowse | (68) | 02:48.0 (400 m W) |

60 metres heat 1

| | | |
|-----------------|------|-------|
| Jeffrey Sim | (58) | 10.10 |
| Marg Tweedie | (66) | 10.58 |
| Tom Leong | (79) | 11.54 |
| Carolyn Aughey | (78) | 13.98 |
| Gloria De Zwart | (84) | 16.32 |

60 metres heat 2

| | | |
|------------------|------|-------|
| Matt Hughes | (45) | 9.16 |
| Andrew Close | (31) | 9.29 |
| Darryl Kilmartin | (54) | 9.90 |
| Emily Scholes | (13) | 10.37 |
| Jason Merrett | (48) | 10.60 |
| Angela Edwards | (54) | 12.08 |
| Matt Scholes | (50) | 12.51 |

300 metres heat 1

| | | |
|------------------|------|-------|
| Jeffrey Sim | (58) | 57.96 |
| Marg Tweedie | (66) | 61.56 |
| Tom Leong | (79) | 63.12 |
| Richard Trembath | (78) | 77.22 |
| Angela Edwards | (54) | 80.17 |

300 metres heat 2

| | | |
|------------------|------|-------|
| Matt Scholes | (50) | 46.74 |
| David McConnell | (68) | 49.12 |
| Graham Ford | (71) | 53.84 |
| Jason Merrett | (48) | 55.15 |
| Darryl Kilmartin | (54) | 56.06 |
| Emily Scholes | (13) | 63.20 |

3000 metres

| | | |
|-------------------|------|---------------------|
| Jason Merrett | (48) | 14:24.2 |
| Bernie McLoughlan | (68) | 15:17.5 |
| Emily Scholes | (13) | 15:53.7 |
| Frank Prowse | (68) | 16:00.4 (2400 walk) |
| Matt Scholes | (50) | 16:38.5 |

DONCASTER 30 November 2020

Long Jump

| | | |
|------------------|------|------|
| Darryl Kilmartin | (54) | 3.90 |
| Graham Ford | (71) | 3.34 |
| David McConnell | (68) | 3.32 |
| Greg Champion | (65) | 3.31 |
| Tom Leong | (79) | 2.72 |

80 metres heat 1

| | | |
|----------------|------|-------|
| Jeffrey Sim | (58) | 13.26 |
| Roberto Chavez | (42) | 14.16 |
| Tom Leong | (79) | 14.68 |
| Angela Edwards | (54) | 14.94 |
| Carolyn Aughey | (78) | 18.90 |

80 metres heat 2

| | | |
|------------------|------|-------|
| David McConnell | (68) | 11.86 |
| Matt Scholes | (50) | 12.06 |
| Greg Champion | (65) | 12.18 |
| Graham Ford | (71) | 12.60 |
| Darryl Kilmartin | (54) | 12.82 |
| Jason Merrett | (48) | 13.26 |

Doncaster 600 metres (handicap)

| | | | | |
|-------------------|---------|---------|----------|----------|
| Roberto Chavez | (-0.00) | 02:17.2 | 02:17.2 | (DQ) |
| Matt Scholes | (-1.10) | 02:53.6 | 01:43.60 | (DQ) |
| Matt Hughes | (-0.30) | 02:55.9 | 02:25.90 | (DQ) |
| Jason Merrett | (-1.00) | 02:59.1 | 01:59.10 | (Winner) |
| Katrina Philip | (-0.15) | 03:00.4 | 02:45.40 | |
| Bernie McLoughlan | (-0.40) | 03:04.2 | 02:24.20 | |
| David McConnell | (-0.50) | 03:05.5 | 02:15.50 | |
| Angela Edwards | (-0.30) | 03:35.2 | 03:05.20 | |

DONCASTER 30 November 2020 (cont)**150 metres heat 1**

| | | |
|----------------|------|-------|
| Roberto Chavez | (42) | 24.38 |
| Jeffrey Sim | (58) | 24.88 |
| Angela Edwards | (54) | 29.04 |
| Carolyn Aughey | (78) | 36.50 |

150 metres heat 2

| | | |
|------------------|------|---------|
| David McConnell | (68) | 22.32 |
| Graham Ford | (71) | 23.74 |
| Darryl Kilmartin | (54) | 23.82 |
| Jason Merrett | (48) | 24.40 |
| Matt Scholes | (50) | 34.94 |
| Shaun Wright | (50) | 01:22.6 |

2000 metres

| | | | |
|-------------------|------|---------|----------|
| Shaun Wright | (50) | 06:29.7 | (400m W) |
| Jason Merrett | (48) | 08:46.9 | |
| Matt Hughes | (45) | 09:07.5 | |
| Bernie McLoughlan | (68) | 09:32.4 | |
| Darryl Kilmartin | (54) | 10:18.0 | |
| Katrina Philip | (58) | 10:35.0 | |
| Kath Gawthorn | (46) | 10:53.1 | |
| Angela Edwards | (54) | 10:58.0 | |
| Frank Prowse | (68) | 12:34.8 | (walk) |

DONCASTER 14 December 2020**Javelin**

| | | | |
|-------------------|------|-------|--------|
| Matt Scholes | (50) | 23.26 | |
| Darryl Kilmartin | (54) | 22.40 | |
| Angela Edwards | (54) | 21.11 | Record |
| Graham Ford | (71) | 21.07 | Record |
| David McConnell | (68) | 20.92 | |
| Tom Leong | (79) | 19.41 | |
| Bernie McLoughlan | (68) | 17.37 | |
| Bev Learmont | (72) | 14.61 | Record |
| Frances Bloch | (41) | 14.29 | |

100 metres heat 1

| | | |
|----------------|------|-------|
| Jeffrey Sim | (58) | 16.66 |
| Angela Edwards | (54) | 18.82 |
| Frances Bloch | (41) | 19.33 |
| Roberto Chavez | (42) | 25.74 |

100 metres heat 2

| | | |
|------------------|------|-------|
| Matt Scholes | (50) | 14.58 |
| David McConnell | (68) | 14.69 |
| Greg Champion | (65) | 15.24 |
| Darryl Kilmartin | (54) | 15.30 |
| Andrew Close | (31) | 15.42 |
| Jason Merrett | (48) | 15.46 |
| Graham Walter | (62) | 15.52 |
| Graham Ford | (71) | 16.12 |

800 metres

| | | |
|-------------------|------|----------------|
| Matt Scholes | (50) | 02:29.1 |
| Jason Merrett | (48) | 02:54.6 |
| Roberto Chavez | (42) | 03:15.9 |
| Bernie McLoughlan | (68) | 03:24.0 |
| Graham Walter | (62) | 03:31.5 |
| Frances Bloch | (41) | 03:31.8 |
| David Armstrong | (64) | 04:13.8 |
| Angela Edwards | (54) | 04:27.3 |
| Nigel Skiple | (77) | 07:20.7 (walk) |

150 metres heat 1

| | | |
|----------------|------|-------|
| Andrew Close | (31) | 24.24 |
| Jeffrey Sim | (58) | 24.58 |
| Frances Bloch | (41) | 28.14 |
| Angela Edwards | (54) | 28.36 |
| Bev Learmont | (72) | 33.88 |

150 metres heat 2

| | | |
|------------------|------|-------|
| Matt Scholes | (50) | 22.02 |
| David McConnell | (68) | 22.27 |
| Graham Walter | (62) | 23.22 |
| Darryl Kilmartin | (54) | 23.38 |
| Roberto Chavez | (42) | 23.74 |
| Jason Merrett | (48) | 24.00 |

2000 metres

| | | |
|-------------------|------|--------------------|
| Jason Merrett | (48) | 08:51.2 |
| Bernie McLoughlan | (68) | 09:36.7 |
| Roberto Chavez | (42) | 09:40.7 |
| Graham Walter | (62) | 10:01.0 |
| Frances Bloch | (41) | 10:06.3 |
| Frank Prowse | (68) | 12:28.6 (walk) |
| David Armstrong | (64) | 14:11.0 (walk) |
| Angela Edwards | (54) | 11:00.0 1600 walk) |

DONCASTER 21 December 2020**120 metres handicap (video missed the start)**

| | | | |
|-------------------|-------|-------|----------|
| Nigel Skiple | (-50) | 0.00 | (DQ) |
| Jason Merrett | (-30) | 2.12 | (DQ) |
| Frances Bloch | (-39) | 2.19 | (winner) |
| Andrew Close | (-20) | 2.39 | |
| Darryl Kilmartin | (-20) | 2.39 | |
| Bev Learmont | (-45) | 2.95 | |
| Graham Ford | (-20) | 2.99 | |
| David McConnell | (-10) | 3.03 | |
| Bernie McLoughlan | (-35) | 3.25 | |
| Angela Edwards | (-39) | 3.55 | |
| Carolyn Aughey | (-50) | 3.90 | |
| Roberto Chavez | (-24) | 5.75 | |
| Matt Scholes | (-10) | 14.52 | |

DONCASTER 21 December 2020 (cont)**2000 metres**

| | | | |
|-------------------|------|---------|-------------|
| Angela Edwards | (54) | 07:22.3 | (800 walk) |
| Jason Merrett | (48) | 08:23.0 | |
| Roberto Chavez | (42) | 08:36.5 | |
| Bernie McLoughlan | (68) | 09:25.1 | |
| Frances Bloch | (41) | 09:32.4 | |
| Frank Prowse | (68) | 10:03.7 | (1600 walk) |

DONCASTER 4 January 2021**1600 metres**

| | | | |
|----------------|------|---------|-------------|
| Roberto Chavez | (42) | 07:11.2 | |
| Frances Bloch | (41) | 07:40.5 | |
| Katrina Philip | (59) | 08:17.8 | |
| Kath Gawthorn | (46) | 08:32.2 | |
| Jeffrey Sim | (58) | 09:15.2 | |
| Frank Prowse | (68) | 09:58.2 | (walk) |
| Tom Leong | (79) | 10:56.8 | New Record) |

80 metres

| | | | |
|-----------------|------|-------|-------------|
| David McConnell | (68) | 11.96 | |
| Graham Ford | (71) | 12.32 | |
| Jeffrey Sim | (58) | 13.52 | |
| Andrew Close | (31) | 13.66 | (90 metres) |
| Frances Bloch | (41) | 14.62 | |
| Roberto Chavez | (42) | 15.20 | |
| Nigel Shipley | (77) | 17.74 | |

800 metres

| | | | |
|-----------------|------|---------|--|
| Frances Bloch | (41) | 03:29.3 | |
| David McConnell | (68) | 03:29.8 | |
| Roberto Chavez | (42) | 03:31.9 | |
| Katrina Philip | (59) | 03:55.3 | |

200 metres

| | | | |
|-----------------|------|---------|---------------------|
| Roberto Chavez | (42) | 32.40 | |
| Graham Ford | (71) | 33.24 | |
| Andrew Close | (31) | 34.28 | |
| David McConnell | (68) | 34.68 | |
| Jeffrey Sim | (58) | 36.12 | |
| Nigel Shipley | (77) | 51.00 | |
| Katrina Philip | (59) | 10:57.9 | |
| Simon Evans | (60) | 11:04.7 | (Venue walk record) |
| Roberto Chavez | (42) | 11:49.6 | |
| Frank Prowse | (69) | 12:37.5 | (walk) |
| Isabel Soruco | (69) | 17:12.2 | (Venue walk record) |

DONCASTER 11th January 2021**Doncaster 800 metres (handicap)**

| | | | | |
|------------------|---------|---------|---------|----------|
| Darryl Kilmartin | (-1.40) | 04:53.6 | 03:13.6 | (DQ) |
| David McConnell | (-1.40) | 04:56.0 | 03:16.0 | (Winner) |

| | | | |
|----------------|---------|---------|---------|
| Frank Prowse | (-0.00) | 04:56.1 | 04:56.1 |
| Kath Gawthorn | (-1.00) | 04:56.3 | 03:56.3 |
| Frances Bloch | (-1.40) | 04:57.2 | 03:17.2 |
| Simon Evans | (-1.50) | 04:57.9 | 03:07.9 |
| Katrina Philip | (-1.00) | 05:01.9 | 04:01.9 |
| Roberto Chavez | (-1.50) | 05:04.5 | 0.21058 |

60 metres heat 1

| | | |
|----------------|------|-------|
| Frances Bloch | (41) | 11.02 |
| Tom Leong | (79) | 11.48 |
| Nigel Shipley | (77) | 12.08 |
| Bev Learmont | (72) | 12.16 |
| Carolyn Aughey | (78) | 14.24 |

60 metres heat 2

| | | |
|------------------|------|-------|
| Graham Ford | (71) | 9.42 |
| Greg Champion | (65) | 9.48 |
| Darryl Kilmartin | (54) | 9.72 |
| Roberto Chavez | (42) | 10.44 |

100 metres

| | | |
|------------------|------|-------|
| Roberto Chavez | (42) | 15.16 |
| Greg Champion | (65) | 15.34 |
| Darryl Kilmartin | (54) | 16.00 |
| Nigel Shipley | (77) | 19.44 |
| Frances Bloch | (41) | 20.90 |
| Bev Learmont | (72) | 21.02 |
| Carolyn Aughey | (78) | 23.30 |

300 metres

| | | |
|------------------|------|-------|
| David McConnell | (68) | 49.46 |
| Graham Ford | (71) | 53.58 |
| Roberto Chavez | (42) | 63.26 |
| Darryl Kilmartin | (54) | 63.48 |
| Katrina Philip | (59) | 76.00 |

2000 metres

| | | |
|----------------|------|-----------------------|
| Frances Bloch | (41) | 10:10.1 |
| Tom Leong | (79) | 10:51.5 (1600 metres) |
| Katrina Philip | (59) | 10:57.9 |
| Simon Evans | (60) | 11:04.7 (walk VR) |
| Roberto Chavez | (42) | 11:49.6 |
| Frank Prowse | (69) | 12:37.5 (walk) |
| Isabel Soruco | (69) | 17:12.2 (walk VR) |

DONCASTER 18 January 2021**Long Jump****Age**

| | | |
|------------------|------|-------------------|
| Paul Durrant | (59) | 4.30 |
| Darryl Kilmartin | (54) | 4.07 |
| Jessica Dux | (36) | 4.01 (New Record) |
| David McConnell | (68) | 3.70 |
| Greg Champion | (65) | 3.32 |

DONCASTER 18 January 2021 (cont)

| | | |
|--------------|------|------|
| Graham Ford | (71) | 3.16 |
| Tom Leong | (79) | 2.59 |
| Bev Learmont | (72) | 2.41 |

100 metres heat 1

| | | |
|---------------|------|-------|
| Frances Bloch | (41) | 17.42 |
| Nigel Shipley | (77) | 19.51 |
| Bev Learmont | (72) | 20.34 |
| Barry Dorr | (82) | 20.66 |

100 metres heat 2

| | | |
|----------------|------|-------|
| Jessica Dux | (36) | 14.16 |
| Roberto Chavez | (42) | 15.04 |
| Greg Champion | (65) | 15.32 |
| Jason Merrett | (48) | 15.63 |
| Jeffrey Sim | (58) | 16.54 |
| Matt Scholes | (51) | 18.14 |

Javelin Throw

| | | |
|------------------|------|--------------------|
| Roberto Chavez | (42) | 22.94 |
| Paul Durrant | (59) | 22.82 |
| Angela Edwards | (54) | 21.02 |
| Jessica Dux | (36) | 19.67 (New Record) |
| Graham Ford | (71) | 18.97 |
| David McConnell | (68) | 18.70 |
| Darryl Kilmartin | (54) | 18.32 |
| Frank Prowse | (68) | 15.62 |
| Greg Champion | (65) | 15.50 |
| Barry Dorr | (82) | 15.03 |
| Tom Leong | (79) | 14.24 |
| Bev Learmont | (72) | 12.95 |
| Shaun Wright | (51) | 7.38 |

200 metres heat 1

| | | |
|----------------|------|-------|
| Jeffrey Sim | (58) | 34.76 |
| Frances Bloch | (41) | 39.88 |
| Tom Leong | (79) | 40.80 |
| Roberto Chavez | (42) | 41.12 |
| Frank Prowse | (68) | 42.15 |
| Nigel Shipley | (77) | 46.48 |

200 metres heat 2

| | | |
|------------------|------|-------|
| David McConnell | (68) | 30.83 |
| Paul Durrant | (59) | 31.22 |
| Darryl Kilmartin | (54) | 31.85 |
| Jason Merrett | (48) | 32.55 |
| Greg Champion | (65) | 32.82 |
| Graham Ford | (71) | 34.04 |
| Matt Scholes | (51) | 36.02 |

400 metres

| | | |
|---------------|------|------|
| Matt Scholes | (51) | 67.9 |
| Jason Merrett | (48) | 77.4 |

| | | |
|----------------|------|-------|
| Roberto Chavez | (42) | 86.3 |
| Frances Bloch | (41) | 94.2 |
| Katrina Philip | (59) | 99.5 |
| Jeffrey Sim | (58) | 102.7 |

Shot Put

| | | |
|----------------|------|-------------------|
| Jessica Dux | (36) | 8.75 (New Record) |
| Angela Edwards | (54) | 7.57 (Record) |
| Barry Dorr | (82) | 7.22 (Record) |
| Bev Learmont | (72) | 6.11 |

800 metres

| | | |
|----------------|------|----------------------|
| Matt Scholes | (51) | 02:53.5 |
| Jason Merrett | (48) | 03:11.0 |
| Jessica Dux | (36) | 03:28.5 |
| Frances Bloch | (41) | 03:39.2 |
| Roberto Chavez | (42) | 03:39.6 |
| Katrina Philip | (59) | 03:51.6 |
| Shaun Wright | (51) | 07:41.4 (walk) |
| Bev Learmont | (72) | 02:25.5 (400 metres) |

Discus

| | | |
|------------------|------|-------|
| Paul Durrant | (59) | 28.08 |
| David McConnell | (68) | 24.99 |
| Graham Ford | (71) | 22.82 |
| Darryl Kilmartin | (54) | 20.30 |
| Frank Prowse | (68) | 17.70 |
| Tom Leong | (79) | 17.41 |
| Bev Learmont | (72) | 14.01 |

1500 metres

| | | |
|------------------|------|---------|
| Matt Scholes | (51) | 06:01.9 |
| Jason Merrett | (48) | 06:24.6 |
| Darryl Kilmartin | (54) | 06:47.3 |
| Roberto Chavez | (42) | 06:57.9 |
| David McConnell | (68) | 06:59.7 |
| Paul Durrant | (59) | 07:05.4 |
| Frank Prowse | (68) | 07:11.0 |
| Frances Bloch | (41) | 07:13.6 |
| Kath Gawthorn | (46) | 07:45.7 |
| Graham Ford | (71) | 08:02.9 |
| Tom Leong | (79) | 09:45.3 |

Results of the pentathlon:

1st David McConnell (68) 2341

Long 3.70 (504) Javelin 18.70 (288) 200 30.83 (632) Discus 24.99 (367) 1500 6:59.7 (471)

2nd Graham Ford (71) 2078 (Record)

Long 3.16 (421) Javelin 18.97 (343) 200 34.04 (523) Discus 22.82 (448) 1500 8:02.9 (343)

3rd Paul Durrant (59) 2042

Long 4.30 (510) Javelin 22.82 (307) 200 31.22 (451) Discus 28.08 (488) 1500 7:05.4 (286)

4th Jessica Dux (36) 1884 (New Record)

Long 4.01 (357) Javelin 19.67 (305) 100 14.16 (601) Shot 8.75 (469) 800 3:28.5 (152)

5th Bev Learmont (72) 1784

Long 2.41 (326) Javelin 12.95 (391) 100 20.34 (450) Shot 6.11 (617) 800 (0)

6th Darryl Kilmartin (54) 1568

Long 4.07 (382) Javelin 18.32 (206) 200 31.85 (412) Discus 20.30 (286) 1500 6:47.3 (282)

7th Tom Leong (79) 1402

Long 2.59 (319) Javelin 14.24 (257) 200 40.80 (284) Discus 17.41 (366) 1500 9:45.3 (176)

8th Greg Champion (65) 1111

Long 3.32 (390) Javelin 15.50 (219) 200 32.82 (502) Discus (0) 1500 (0)

9th Frank Prowse (68) 1011

Long (0) Javelin 15.62 (221) 200 42.15 (80) Discus 17.70 (283) 1500 7:11.0 (427)

DONCASTER 25 January 2021**Doncaster Gift (120 handicap)**

| | | | |
|-----------------|-------|-------|----------|
| Angela Edwards | (-45) | 14.16 | |
| Barry Dorr | (-40) | 14.30 | (Record) |
| Andrew Close | (-20) | 15.16 | |
| Frances Bloch | (-35) | 15.48 | |
| Graham Ford | (-20) | 15.86 | |
| David McConnell | (-10) | 16.18 | |
| Jeffrey Sim | (-24) | 16.37 | |
| Bev Learmont | (-45) | 16.48 | |
| Nigel Shipley | (-35) | 17.22 | |
| Graham Walter | (-20) | 17.60 | |
| Roberto Chavez | (-30) | 17.90 | |

80 metres heat 1

| | | |
|-----------------|------|-------|
| Frances Bloch | (41) | 14.46 |
| Nigel Shipley | (77) | 14.68 |
| Tom Leong | (79) | 14.84 |
| Angela Edwards | (54) | 14.84 |
| Barry Dorr | (82) | 17.60 |
| David McConnell | (68) | 18.06 |

80 metres heat 2

| | | |
|----------------|------|-------|
| Andrew Close | (31) | 12.10 |
| Graham Ford | (71) | 12.63 |
| Graham Walter | (62) | 13.06 |
| Jeffrey Sim | (58) | 13.33 |
| Roberto Chavez | (42) | 14.80 |

600 metres (NOST)

| | | | |
|----------------|---------|---------|---------|
| Katrina Philip | (-0.04) | 02:44.8 | 02:40.8 |
| Graham Walter | (-0.30) | 03:02.0 | 02:32.0 |
| Roberto Chavez | (-0.30) | 03:08.5 | 02:38.5 |

| | | | | |
|-----------------|---------|---------|---------|----------|
| Frances Bloch | (-0.30) | 03:08.6 | 03:08.6 | (DQ) |
| David McConnell | (-0.50) | 03:33.4 | 03:33.4 | (Winner) |
| Angela Edwards | (-0.14) | 03:35.8 | 03:35.8 | |

150 metres

| | | |
|-----------------|------|-------|
| David McConnell | (68) | 22.64 |
| Roberto Chavez | (42) | 22.68 |
| Graham Ford | (71) | 24.74 |
| Graham Walter | (62) | 24.79 |
| Frances Bloch | (41) | 28.60 |
| Nigel Shipley | (77) | 29.32 |
| Angela Edwards | (54) | 30.14 |
| John Aughey | (83) | 31.02 |

2000 metres

| | | |
|----------------|------|------------------|
| Roberto Chavez | (42) | 09:45.3 |
| Graham Walter | (62) | 09:49.1 |
| Frances Bloch | (41) | 09:59.0 |
| Katrina Philip | (59) | 11:00.3 |
| Frank Prowse | (69) | 16:00.4 (walk) |
| Shaun Wright | (51) | 07:44.6 (800m W) |
| Tom Leong | (79) | 10:49.9 (1600m) |

EAST BURWOOD 7 January 2021**60 METRE SPRINT**

Heat 1:

| | | |
|-----------------|----|------|
| Chris ROBINSON | 61 | 9.6 |
| Angela EDWARDS | 54 | 10.4 |
| Ann HOLCOMBE | 73 | 11.0 |
| Allan WOOD | 83 | 12.4 |
| Shirley COPPOCK | 84 | 14.0 |

Heat 2:

| | | |
|---------------|----|------|
| Chris JOSEPH | 53 | 8.3 |
| Paul DURRANT | 59 | 9.0 |
| Jing JIAN | 52 | 10.1 |
| Donna CLARKE | 67 | 10.5 |
| Chris WORSNOP | 63 | 10.8 |

1 MILE RUN N.O.T.

| | Clock | Nom. | |
|-----------------|-------|------|-------|
| Adam McCANN | 44 | 6.58 | 6.20 |
| Dave SUMMERS | 63 | 7.22 | 8.30 |
| Chris WORSNOP * | 63 | 7.47 | 7.50 |
| Jing JIAN | 52 | 8.17 | 10.00 |

** Winner - Chris Worsnop

800 METRE WALK N.O.T.

| | Clock | Nom. | |
|-------------------|-------|------|------|
| Chris WORSNOP | 63 | 5.24 | 5.15 |
| Leo WATSON | 79 | 5.38 | 5.43 |
| Dave SUMMERS | 63 | 5.39 | 6.00 |
| Donna CLARKE | 67 | 6.36 | 7.53 |
| Phyllis GOSBELL * | 82 | 6.38 | 6.39 |
| Brian TAIT | 79 | 6.47 | 6.42 |
| Angela EDWARDS | 54 | 7.26 | 7.40 |
| Gerald BURKE | 80 | 7.29 | 7.59 |

** Winner - Phyllis Gosbell

80 METRE SPRINT

Heat 1:

| | | |
|-----------------|----|------|
| Angela EDWARDS | 54 | 14.6 |
| Ann HOLCOMBE | 73 | 15.1 |
| Mel BISSETT | 45 | 16.0 |
| Allan WOOD | 83 | 16.7 |
| Shirley COPPOCK | 84 | 19.7 |

Heat 2:

| | | |
|----------------|----|------|
| Chris JOSEPH | 53 | 10.7 |
| Paul DURRANT | 59 | 11.4 |
| Jing JIAN | 52 | 12.7 |
| Chris ROBINSON | 61 | 13.1 |
| Donna CLARKE | 67 | 13.8 |
| Chris WORSNOP | 63 | 14.7 |

200 METRE SPRINT N.O.T.

| | Clock | Nom. | |
|--------------|-------|------|------|
| Donna CLARKE | 67 | 38.6 | 39.0 |
| Ann HOLCOMBE | 73 | 39.2 | 40.0 |

| | | | |
|-----------------|----|------|------|
| Leo WATSON | 79 | 48.3 | 49.0 |
| Shirley COPPOCK | 84 | 52.8 | 55.0 |
| Mel BISSETT | 45 | 54.1 | 53.0 |

Heat 2:

| | | | |
|-----------------|----|------|------|
| Chris JOSEPH | 53 | 29.7 | 30.0 |
| Paul DURRANT ** | 59 | 30.1 | 30.0 |
| Chris ROBINSON | 61 | 35.2 | 35.5 |
| Angela EDWARDS | 54 | 40.7 | 49.0 |
| Allan WOOD | 83 | 54.5 | 60.0 |

** Winner - Paul Durrant

10,15 or 20 MIN Run/Walk

| | Laps | Metres | |
|---------------|------|--------|------|
| 10 min | | | |
| Gerald BURKE | 80 | 2 | Walk |

15 Min

| | | | |
|---------------|----|---|-----|
| Perry BIRKETT | 58 | 8 | 350 |
| Paul EARLE | 57 | 8 | 200 |
| Michelle QUAN | 52 | 6 | 300 |

20 Min

| | | | |
|---------------|----|----|-----|
| Dave SUMMERS | 63 | 10 | 100 |
| Sam DEFANIS | 72 | 9 | 300 |
| Chris WORSNOP | 63 | 9 | 145 |
| Jing JIAN | 52 | 7 | 300 |

SHOT PUT N.O.D.

| | Best | Nom. | |
|------------------|------|------|------|
| Toni MATTERS | 52 | 9.13 | 9.50 |
| Paul DURRANT | 59 | 8.69 | 8.60 |
| Trevor JUPP | 80 | 7.16 | 7.80 |
| Allan WOOD | 83 | 6.75 | 6.70 |
| Chris ROBINSON | 61 | 6.71 | 6.50 |
| Angela EDWARDS | 54 | 6.66 | 7.57 |
| Donna CLARKE ** | 67 | 5.48 | 5.50 |
| Janet HOLMES | 67 | 5.32 | 5.50 |
| Jack FREDRICKSON | 81 | 4.90 | 4.60 |
| Brian TAIT | 79 | 4.70 | 5.20 |

** Winner - Donna Clarke

EAST BURWOOD 14 January 2021**400 METRE RUN N.O.T.**

| | Clock | Nom. | |
|---------------------|-------|-------|-------|
| Jing JIAN | 52 | 86.6 | 90.0 |
| Jess DUX | 36 | 83.4 | 85.0 |
| Chris ROBINSON ** | 61 | 84.5 | 85.0 |
| Christopher WORSNOP | 63 | 88.9 | 87.0 |
| Allan WOOD | 83 | 136.3 | 120.0 |
| Andrew FRASER | 79 | 159.9 | 138.0 |

** Winner - Chris Robinson

300 METRE SPRINT

| | | |
|--------------|----|------|
| Paul DURRANT | 59 | 48.8 |
| Jess DUX | 36 | 60.0 |
| Ann HOLCOMBE | 73 | 66.0 |
| Allan WOOD | 83 | 96.9 |

EAST BURWOOD 14 January 2021 (cont)

| | | |
|-----------------|----|-------|
| Andrew FRASER | 79 | 99.4 |
| Shirley COPPOCK | 84 | 99.8 |
| Lloyd NICHOLS | 79 | 226.6 |

60 METRE SPRINT**Heat 1:**

| | | |
|-----------------|----|------|
| Ann HOLCOMBE | 73 | 11.6 |
| Andrew FRASER | 79 | 12.4 |
| Allan WOOD | 83 | 12.6 |
| Shirley COPPOCK | 84 | 13.9 |
| Horacio DIAZ | 76 | 17.5 |
| Lloyd NICHOLS | 79 | 31.0 |

Heat 2:

| | | |
|---------------------|----|------|
| Chris ROBINSON | 61 | 9.8 |
| Jing JIAN | 52 | 10.1 |
| Christopher WORSNOP | 63 | 10.4 |
| Don McLEAN | 86 | 12.5 |

Heat 3:

| | | |
|--------------|----|-----|
| Chris JOSEPH | 53 | 8.2 |
| Jess DUX | 36 | 8.4 |
| Paul DURRANT | 59 | 8.6 |

1000m WALK N.O.T.

| | Clock | Nom. | |
|---------------------|-------|-------|-------|
| Zac MATTERS | 14 | 5.32 | 5.15 |
| Adam McCANN ** | 44 | 6.14 | 6.15 |
| Paul MORITZ | 61 | 6.23 | 6.30 |
| Christopher WORSNOP | 63 | 6.35 | 6.45 |
| Leo WATSON | 79 | 7.07 | 7.05 |
| Trevor JUPP | 80 | 9.03 | 10.00 |
| Gerald BURKE | 81 | 9.16 | 9.30 |
| Peter BATTRICK | 77 | 10.04 | 10.40 |
| Gordon ONLEY | 85 | 11.45 | 14.50 |

** Winner - Adam McCann

100 METRE SPRINT**Heat 1:**

| | | |
|-----------------|----|-------|
| Ann HOLCOMBE | 73 | 19.3 |
| Allan WOOD | 83 | 20.6 |
| Don McLEAN | 86 | 21.1 |
| Andrew FRASER | 79 | 22.2 |
| Shirley COPPOCK | 84 | 23.6 |
| Horacio DIAZ | 77 | 29.1 |
| Lloyd NICHOLS | 79 | 101.7 |

Heat 2:

| | | |
|------------------|----|------|
| Jess DUX | 36 | 13.6 |
| Chris JOSEPH | 53 | 14.0 |
| Paul DURRANT | 59 | 14.2 |
| Christopher WORS | 63 | 17.0 |

3 KM SPIRAL H/C

| | | Clock | Actual | |
|---------------------|-------|-------|--------|------|
| Adam McCANN | 44 | 15.02 | 15.02 | |
| Perry BIRKETT | 58 | 16.30 | 12.20 | |
| Jing JIAN | 52 | 16.36 | 16.36 | |
| Paul EARLE | 17.09 | 17.09 | 13.24 | |
| Christopher WORSNOP | 63 | 17.31 | 15.31 | |
| Sam DEFANIS | 72 | 17.41 | 15.16 | |
| Janet HOLMES | 67 | 18.05 | 16.15 | |
| Paul MORITZ | 61 | 21.15 | 17.45 | Walk |

LONG JUMP

| | | |
|----------------|----|------|
| Jess DUX | 36 | 4.17 |
| Paul DURRANT | 59 | 4.16 |
| Chris ROBINSON | 61 | 2.80 |
| Allan WOOD | 83 | 2.52 |

TRI THROWS COMPETITION 2020

| AGE GRADED RESULTS | Age Grade | Events | |
|--------------------|-----------|--------|---------|
| | | Total | Entered |
| Toni MATTERS | 52 | 152.44 | 3 |
| Allan WOOD | 83 | 153.94 | 3 |
| Paul DURRANT | 59 | 129.98 | 3 |
| Bernie McLAUGHLAN | 68 | 122.96 | 3 |
| Chris ROBINSON | 61 | 121.26 | 3 |
| Donna CLARKE | 67 | 110.93 | 3 |
| Jack FREDRICKSON | 81 | 97.61 | 3 |
| Briann TAIT | 79 | 84.24 | 3 |
| Aggie BYERS | 42 | 83.50 | 3 |
| Andrew FRASER | 79 | 63.64 | 2 |
| Greg FERGUS | 57 | 59.75 | 2 |
| Angela EDWARDS | 54 | 40.93 | 1 |
| Steve FREDRICKSON | 51 | 40.49 | 1 |
| Jess DUX | 36 | 37.33 | 1 |
| Janet HOLMES | 67 | 29.61 | 1 |
| Louise McLEAN | 55 | 27.83 | 1 |
| David CHUNG | 53 | 24.95 | 1 |
| Kylie IRSHAD | 49 | 20.65 | 1 |

EAST BURWOOD 21 January 2021**60 METRE SPRINT****Heat 1:**

| | | |
|-----------------|----|------|
| Ann HOLCOMBE | 73 | 11.2 |
| Don McLEAN | 86 | 12.4 |
| Allan WOOD | 83 | 12.6 |
| Shirley COPPOCK | 84 | 13.7 |
| Brian HOLCOMBE | 75 | 14.6 |
| Lloyd NICHOLS | 79 | 33.9 |

Heat 2:

| | | |
|---------------------|----|------|
| Chris JOSEPH | 53 | 8.5 |
| Cameron WEST | 14 | 8.7 |
| Jess DUX | 36 | 8.9 |
| Grant MURFETT | 53 | 9.3 |
| Christopher WORSNOP | 63 | 10.5 |
| Donna CLARKE | 67 | 10.7 |

EAST BURWOOD 21 January 2021 (cont)**400 METRE RUN**

| | | |
|---------------|----|------|
| Grant MURFETT | 53 | 59.8 |
| Cameron WEST | 14 | 74.6 |
| Paul EARLE | 57 | 81.2 |
| Jess DUX | 36 | 82.1 |
| Chris JOSEPH | 53 | 86.7 |

600m RUN SELF HANDICAP

| | | | |
|------------------|----|------|----|
| Cameron WEST | 14 | 3.22 | DQ |
| Perry BIRKETT | 58 | 3.26 | DQ |
| Zac MATTERS | 14 | 3.29 | |
| Paul DURRANT | 59 | 3.30 | |
| Christopher WORS | 63 | 3.38 | |

800m HANDICAP WALK

| | | Clock | Actual |
|---------------------|----|-------|--------|
| Gordon ONLEY | 85 | 7.35 | 8.35 |
| Janet HOLMES | 67 | 7.36 | 5.01 |
| Christopher WORSNOP | 63 | 7.38 | 5.03 |
| Peter BATTRICK | 77 | 7.39 | 7.39 |
| Trevor JUPP | 80 | 7.41 | 7.11 |
| Leo WATSON | 79 | 7.46 | 5.46 |
| Zac MATTERS | 14 | 7.56 | 4.36 |
| Brian TAIT | 79 | 7.56 | 6.41 |
| Gerald BURKE | 81 | 7.58 | 7.33 |

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEMORIAL****Heat 1**

| | | | H'cp Mtrs |
|----------------|----|------|-----------|
| Donna CLARKE | 67 | 13.1 | 24 |
| Jess DUX | 36 | 14.0 | Minus 1 |
| Andrew FRASER | 79 | 14.3 | 30 |
| Don McLEAN | 86 | 14.6 | 33 |
| Brian TAIT | 79 | 15.5 | 42 |
| Brian HOLCOMBE | 75 | 17.0 | 36 |
| Lloyd NICHOLS | 79 | 17.5 | 64 |

Heat 2

| | | | |
|---------------------|----|------|----|
| Shirley COPPOCK | 84 | 12.9 | 42 |
| Leo WATSON | 79 | 12.9 | 40 |
| Toni MATTERS | 52 | 13.1 | 19 |
| Grant MURFETT | 53 | 13.4 | 3 |
| Chris JOSEPH | 53 | 13.5 | 1 |
| Ann HOLCOMBE | 73 | 13.9 | 28 |
| Christopher WORSNOP | 63 | 14.1 | 18 |
| Allan WOOD | 83 | | 29 |

EAST BURWOOD 28 January 2021**2 KM HANDICAP RUN - TERRIFIC TETRA**

| | | |
|------------------|----|-------|
| Paul DURRANT | 59 | 10.04 |
| Christopher WORS | 63 | 10.08 |
| Paul EARLE | 57 | 10.27 |
| Perry BIRKETT | 58 | 10.41 |
| Sam DEFANIS | 72 | 11.21 |

DISCUS THROW

| | | |
|------------------|----|-------|
| Toni MATTERS | 52 | 29.74 |
| Paul DURRANT | 59 | 26.34 |
| Trevor JUPP | 80 | 17.12 |
| Chris ROBINSON | 61 | 16.43 |
| Andrew FRASER | 79 | 14.92 |
| Allan WOOD | 83 | 14.18 |
| Aggie BYERS | 42 | 12.98 |
| Jack FREDRICKSON | 81 | 12.37 |
| Leo WATSON | 79 | 12.22 |
| Donna CLARKE | 67 | 12.02 |
| Brian TAIT | 79 | 11.31 |
| Gerald BURKE | 81 | 9.35 |

60 METRE SPRINT**Heat 1:**

| | | |
|-----------------|----|------|
| Ann HOLCOMBE | 73 | 11.1 |
| Andrew FRASER | 79 | 12.1 |
| Don McLEAN | 86 | 12.4 |
| Brian HOLCOMBE | 75 | 13.5 |
| Shirley COPPOCK | 84 | 14.5 |
| Horacio DIAZ | 75 | 16.1 |
| Lloyd NICHOLS | 79 | 32.0 |

Heat 2:

| | | |
|---------------------|----|------|
| Chris JOSEPH | 53 | 7.8 |
| Jess DUX | 36 | 8.3 |
| Paul DURRANT | 59 | 8.6 |
| Christopher WORSNOP | 63 | 10.0 |
| Allan WOOD | 83 | 12.1 |

800 METRE SELF HANDICAP RUN

| | | | |
|---------------------|----|------|----|
| Jing JIAN | 52 | 4.51 | DQ |
| Janet HOLMES | 67 | 4.54 | DQ |
| Simon EVANS | 60 | 4.59 | |
| Perry BIRKETT | 58 | 5.02 | |
| Christopher WORSNOP | 63 | 5.16 | |

1200 METRE WALK

| | | |
|---------------------|----|-------|
| Zac MATTERS | 14 | 6.20 |
| Paul MORITZ | 61 | 7.46 |
| Janet HOLMES | 67 | 7.56 |
| Christopher WORSNOP | 63 | 8.28 |
| Leo WATSON | 79 | 8.45 |
| Brian TAIT | 79 | 10.05 |
| Gerald BURKE | 81 | 11.12 |
| Gordon ONLEY | 85 | 12.13 |

800m walk

| | | |
|----------------|----|------|
| Leo WATSON | 79 | 5.58 |
| Chris ROBINSON | 61 | 7.01 |
| Gerald BURKE | 81 | 8.09 |

2000m walk

| | | |
|-------------|----|-------|
| Simon EVANS | 60 | 10.51 |
| Paul MORITZ | 61 | 13.54 |

EAST BURWOOD 28 January 2021 (cont)**110 METRE SPRINT****Heat 1:**

| | | |
|----------------|----|------|
| Ann HOLCOMBE | 73 | 20.6 |
| Allan WOOD | 83 | 22.4 |
| Don McLEAN | 86 | 23.6 |
| Brian HOLCOMBE | 75 | 25.7 |
| Horacio DIAZ | 75 | 29.6 |
| Lloyd NICHOLS | 79 | 67.0 |

Heat 2:

| | | |
|------------------|----|------|
| Chris JOSEPH | 52 | 14.9 |
| Jess DUX | 36 | 15.1 |
| Paul DURRA NT | 59 | 15.5 |
| Christopher WORS | 63 | 19.4 |
| Mel BISSETT | 45 | 21.8 |
| Andrew FRASER | 79 | 24.5 |
| Shirley COPPOCK | 84 | 25.7 |
| Lloyd NICHOLS | 79 | 46.5 |

100 METRE SPRINT**Heat 1:**

| | | |
|-----------------|----|------|
| Ann HOLCOMBE | 73 | 18.2 |
| Allan WOOD | 83 | 21.1 |
| Shirley COPPOCK | 84 | 23.2 |
| Lloyd NICHOLS | 79 | 62.8 |

Heat 2:

| | | |
|---------------|----|------|
| Chris JOSEPH | 52 | 13.4 |
| Jess DUX | 36 | 13.6 |
| Paul DURRANT | 59 | 14.1 |
| Mel BISSETT | 45 | 20.3 |
| Andrew FRASER | 79 | 24.8 |

4000 METRES RUN

| | | |
|------------------|----|-------|
| Paul EARLE | 57 | 18.02 |
| Stephen DAY | 50 | 18.16 |
| Bernie McLOUGHL | 68 | 20.50 |
| Christopher WORS | 63 | 20.52 |
| Sam DEFANIS | 72 | 20.55 |
| Jing JIAN | 52 | 22.44 |

JAVELIN THROW HANDICAP

| | | Best | Adjusted |
|-----------------|----|-------|----------|
| Chris ROBINSON | 61 | 14.89 | 41.79 |
| Allan WOOD | 83 | 18.70 | 41.20 |
| Toni MATTERS | 52 | 24.20 | 40.95 |
| Andrew FRASER | 79 | 13.03 | 40.83 |
| Jack FREDRICKSC | 81 | 10.54 | 39.94 |
| Aggie BYERS | 42 | 13.73 | 39.88 |
| Brian TAIT | 79 | 9.87 | 38.87 |
| Paul DURRANT | 59 | 23.93 | 38.78 |
| Donna CLARKE | 67 | 10.53 | 38.73 |
| Bernie McLOUGHL | 68 | 14.58 | 37.63 |
| Jess DUX | 36 | 17.58 | 37.48 |
| Trevor JUPP | 80 | 13.89 | 32.99 |

Frankston 14 January 2021**50m sprint**

| | Age | time |
|------------|-----|------|
| Rob Italia | 55 | 7.28 |
| Russ Dow | 61 | 7.56 |
| Mike Hall | 82 | 9.86 |

150m sprint

| | | |
|----------------|----|-------|
| Rob Taylor | 52 | 21.82 |
| Mike Hall | 82 | 25.60 |
| Charlie Mallia | 71 | 30.22 |

1500m run

| | | |
|-----------------|----|------|
| Mesh Prasad | 46 | 5.38 |
| Rob Taylor | 52 | 5.48 |
| Russ Dow | 61 | 5.49 |
| Liz Lowther | 69 | 6.55 |
| Barry Jeffs | 72 | 7.09 |
| Dave Sutherland | 66 | 7.24 |
| Bill Carr | 71 | 7.46 |
| Chris Sheedy | 52 | 7.46 |
| Charlie Mallia | 71 | 7.53 |
| Gary Meyer | 65 | 8.34 |
| Frances Halton | 59 | 9.38 |

1500m walk

| | | |
|----------------|----|-------|
| Kylie Irshad | 49 | 8.31 |
| Heather Carr | 71 | 9.33 |
| Lyn Pimm | 60 | 11.03 |
| John Sutton | 77 | 13.09 |
| Lindsay Beaton | 70 | 14.13 |

2km run

| | | |
|--------------|----|-------|
| David Dodson | 61 | 11.21 |
| Chris Sheedy | 52 | 11.25 |
| Rob Italia | 55 | 11.25 |
| Gary Meyer | 65 | 11.34 |

3k Age Grade % Walk

| | Age | time | AG % |
|-------------------|-----|-------|--------|
| Heather Carr | 71 | 19.17 | 85.57% |
| Kylie Irshad | 49 | 16.21 | 79.20% |
| Lindsay Beaton | 70 | 30.00 | 49.06% |
| John Hallo (1.8k) | 78 | 16.09 | |

3k Age Grade % Run

| | Age | time | AG % |
|------------------|-----|-------|--------|
| Liz Lowther | 69 | 14.25 | 89.71% |
| Russ Dow | 61 | 12.30 | 73.59% |
| Mesh Prasad | 46 | 11.55 | 69.13% |
| Barry Jeffs | 72 | 15.29 | 66.42% |
| Rob Taylor | 52 | 12.56 | 65.89% |
| Prairie Nischler | Inv | 12.55 | 64.70% |
| Dave Sutherland | 66 | 15.13 | 63.24% |
| Charlie Mallia | 71 | 17.12 | 59.01% |
| Frances Halton | 59 | 19.41 | 56.22% |

Frankston 21 January 2021

| 100m handicap | Age | Time | H/Cap |
|---------------|-----|-------|-------|
| Mike Hall | 82 | 13.21 | 20m |
| Russ Dow | 62 | 14.67 | 2m |
| Mesh Prasad | 46 | 15.87 | 1m |
| Bill Carr | 71 | 16.72 | 6m |

500m run

| | | |
|-----------------|----|------|
| Chris Sheedy | 52 | 1.31 |
| Russ Dow | 61 | 1.39 |
| Mesh Prasad | 46 | 1.43 |
| Bill Carr | 71 | 1.44 |
| Liz Lowther | 69 | 1.59 |
| Charlie Mallia | 71 | 2.02 |
| Barry Jeffs | 72 | 2.17 |
| Dave Sutherland | 66 | 2.19 |

500m walk

| | | |
|----------------|----|------|
| Greg Lovejoy | 78 | 3.49 |
| Lindsay Beaton | 71 | 4.49 |

2km Run

| | | |
|------------------|----|-------|
| David Dodson | 62 | 11.24 |
| Bill Carr | 71 | 11.41 |
| Gary Meyer | 66 | 11.57 |
| Graham Stockdale | 78 | 13.30 |

4km run

| | | |
|-----------------|----|-------|
| Russ Dow | 62 | 17.17 |
| Liz Lowther | 69 | 19.45 |
| Dave Sutherland | 66 | 20.36 |
| Charlie Mallia | 71 | 23.22 |

Frankston 28 January 2021

| 80 m Sprint | Age | Time |
|--------------|-----|-------|
| Rob Italia | 55 | 11.34 |
| Mesh Prasad | 46 | 11.56 |
| Bill Carr | 71 | 12.63 |
| Mike Hall | 82 | 14.16 |
| Heather Carr | 71 | 17.58 |

300m run

| | | |
|------------------|----|-------|
| Mesh Prasad | 46 | 49.80 |
| Rob Taylor | 52 | 50.45 |
| Bill Carr | 71 | 51.50 |
| Graham Stockdale | 78 | 65.92 |
| Charlie Mallia | 71 | 66.69 |

1000m h/c run

| | Age | Clock | H/Cap | Net Time |
|------------------|-----|-------|-------|----------|
| Rob Italia | 55 | 6.15 | 2.45 | 3.30 |
| Rob Taylor | 52 | 6.16 | 2.45 | 3.31 |
| Russ Dow | 61 | 6.17 | 2.45 | 3.32 |
| Charlie Mallia | 71 | 6.22 | 1.35 | 4.47 |
| Liz Lowther | 69 | 6.27 | 2.10 | 4.17 |
| Mesh Prasad | 46 | 6.37 | 2.55 | 3.42 |
| Graham Stockdale | 78 | 7.08 | 1.50 | 5.18 |

1000m walk

| | Age | Clock | H/Cap | Net Time |
|----------------|-----|-------|-------|----------|
| Kylie Irshad | 49 | 8.37 | 2.45 | 5.52 |
| Greg Lovejoy | 78 | 8.39 | 1.10 | 7.29 |
| Lindsay Beaton | 71 | 9.09 | Go | 9.09 |
| John Hallo | 78 | 9.15 | 0.30 | 8.45 |

3km run

| | | |
|--------------|----|-------|
| Kylie Irshad | 47 | 14.40 |
|--------------|----|-------|

3km walk

| | | |
|----------------|----|-------|
| Heather Carr | 71 | 19.13 |
| Greg Lovejoy | 78 | 23.04 |
| Lindsay Beaton | 71 | 30.58 |

5km run

| | | |
|-------------------|----|-------|
| Russ Dow | 61 | 21.33 |
| Liz Lowther | 69 | 24.11 |
| Rob Taylor | 62 | 24.12 |
| Charlie Mallia | 71 | 30.02 |
| Fran Halton(4.6k) | 59 | 29.47 |

3.2 km self handicap for the Paul Curran Memorial Trophy

| | Clock | Self H'cap | Net time | Nom. time | Difference | tolerance | 24 sec. |
|----------------|-------|------------|----------|-----------|------------|-----------|---------|
| Mesh Prasad | 46 | 32.34 | 14.04 | 18.30 | 0 | | |
| Heather Carr | 71 | 32.44 | 12.24 | 20.10 | plus | 10 sec. | |
| Barry Jeffs | 72 | 33.08 | 11.04 | 21.30 | plus | 34 sec. | |
| Noni Chan | 35 | 34.34 | 2.34 | 30.00 | plus | 2 min. | |
| Lindsay Beaton | 71 | 31.30 | 0.00 | 32.34 | under | 64 sec. | dq |
| Lyn Pimm | 60 | 31.57 | 8.04 | 24.30 | under | 37 sec. | dq |
| Chris Sheedy | 52 | 31.57 | 8.39 | 23.55 | under | 37 sec. | dq |
| John Hallo | 78 | 32.06 | 3.14 | 29.20 | under | 28 sec. | dq |
| Greg Lovejoy | 78 | 32.08 | 8.04 | 24.30 | under | 26sec. | dq |

GEELONG 6 January 2021**3km Cross Country**

| | |
|---------------|-------|
| Paul Woolfson | 12:17 |
| Andy Bruschi | 12:47 |
| Daimin Mole | 15:36 |
| Kath Oliver | 16:25 |
| Jill Coyte | 18:47 |

5km Cross Country

| | |
|-----------------|-------|
| Dave Elward | 20:47 |
| Jane White | 21:51 |
| Paul Stewart | 23:35 |
| Ernie Stewart | 24:09 |
| Jeff Walker | 24:50 |
| Daryl Hurst | 25:28 |
| Grant Baensch | 27:05 |
| Frank Engelsman | 27:42 |
| Bec Urban | 28:10 |
| Fred Barnett | 32:19 |

GEELONG 13 January 2021**300m**

| | |
|--------------|-------|
| Andy Bruschi | 30.40 |
| Daimin Mole | 30.90 |
| Peter Lamb | 31.20 |
| Fred Barnett | 54.34 |

2800m

| | |
|-------------------|-------|
| David Jenkins | 09:44 |
| Phil Shay | 10:50 |
| Dave Elward | 11:21 |
| Paul Stewart | 12:46 |
| Ernie Stewart | 12:53 |
| Alan Jenkins | 12:59 |
| Jeff Walker | 13:43 |
| Daryl Hurst | 13:55 |
| Gerry Fitzpatrick | 14:01 |
| Andy Bruschi | 14:02 |
| Frank Engelsman | 14:13 |
| Grant Baensch | 15:02 |
| Mary Harrison | 16:47 |
| Jill Coyte | 17:30 |
| Fred Barnett | 17:43 |

1500m

| | |
|-------------------|-------|
| Russ Jenkins | 04:53 |
| Andy Bruschi | 05:54 |
| Paul Stewart | 06:44 |
| Ernie Stewart | 07:00 |
| Jeff Walker | 07:07 |
| Daryl Hurst | 07:19 |
| Gerry Fitzpatrick | 07:25 |

GEELONG 13 January 2021 (cont)

| | |
|-----------------|-------|
| Frank Engelsman | 07:36 |
| Kath Oliver | 07:37 |
| Daimin Mole | 07:44 |
| Grant Baensch | 07:54 |
| Mary Harrison | 08:52 |
| Fred Barnett | 09:41 |

GEELONG 20 January 2021**3km Cross Country**

| | |
|--------------|-------|
| Phil Shay | 11:50 |
| Noah Jones | 12:48 |
| Jill Coyte | 20:58 |
| Erik Bumbers | 20:58 |

6km Cross Country

| | |
|-------------------|-------|
| Sharon Pedersen | 25:10 |
| Dave Elward | 25:11 |
| Mark Jeffrey | 25:30 |
| Paul Stewart | 28:05 |
| Ernie Stewart | 28:39 |
| Alan Jenkins | 29:21 |
| Jeff Walker | 29:48 |
| Gerry Fitzpatrick | 32:53 |
| Frank Engelsman | 33:05 |
| Grant Baensch | 33:19 |
| Daryl Hurst | 33:20 |
| Fiona Fitzpatrick | 36:29 |

GEELONG 27 January 2021**400m**

| | |
|----------------|-------|
| Lachie Haywood | 01:08 |
| Daimin Mole | 01:12 |
| Peter Lamb | 01:13 |
| Paul Woolfson | 01:13 |
| Dave Palmer | 01:14 |
| Will Haywood | 01:14 |
| Kath Oliver | 01:37 |

3200m

| | |
|-------------------|-------|
| Russ Jenkins | 12:43 |
| Sharon Pedersen | 12:54 |
| Jane White | 13:02 |
| Cameron White | 13:30 |
| Alan Jenkins | 14:48 |
| Ernie Stewart | 15:00 |
| Leo Pye | 15:12 |
| Stacey Haywood | 15:30 |
| Jeff Walker | 16:08 |
| Gerry Fitzpatrick | 16:39 |
| Daryl Hurst | 16:52 |

GEELONG 27 January 2021 (cont)

| | |
|-----------------|-------|
| Frank Engelsman | 17:58 |
| Mary Harrison | 20:01 |
| Jill Coyte | 20:27 |
| Paul Austin | 23:51 |

1000m

| | |
|-------------------|-------|
| Dave Palmer | 03:33 |
| Paul Woolfson | 03:37 |
| Lachie Haywood | 03:44 |
| Dave Elward | 03:44 |
| Will Haywood | 03:59 |
| Paul Stewart | 04:00 |
| Gerry Fitzpatrick | 04:33 |
| Jeff Walker | 04:37 |
| Daryl Hurst | 04:40 |
| Kath Oliver | 04:54 |
| Frank Engelsman | 05:15 |
| John Moore | 05:31 |

800m

| | |
|--------------|-------|
| Russ Jenkins | 02:30 |
|--------------|-------|

GLEN EIRA 24 November 2020

| 60m E/T | | Clock | Est | Diff |
|---------------------|----|--------------|------------|-------------|
| BOB WISHART | 78 | 9.40 | 9.5 | 0.10 |
| JUNE TREWEEK | 59 | 9.75 | 10 | 0.25 |
| JO WHITTLE | 49 | 10.67 | 11.0 | 0.33 |
| JIM McLURE | 74 | 9.59 | 10.15 | 0.56 |
| CHRIS BROWN | 65 | 9.42 | 10.00 | 0.58 |
| CHELSEA WHITTLE | 13 | 9.59 | 8.7 | 0.89 |
| GLAD WISHART | 76 | 10.99 | 12.07 | 1.08 |
| AARON BUXTON RELLA | 41 | 8.91 | 10.0 | 1.09 |
| MICHELLE EDMONDS | 46 | 11.89 | 16.00 | 4.11 |
| MARY HARPER | 51 | 11.21 | 17.00 | 5.79 |
| AMELIE BUXTON RELLA | 9 | 11.53 | 20.00 | 8.47 |
| XAVIER BUXTON RELLA | 6 | 13.47 | 22.00 | 8.53 |

| 500m E/T | | Clock | Est | Diff |
|--------------------|----|--------------|------------|-------------|
| KURT GOLONKA | 51 | 1.19.6 | 1.18 | 1.6 |
| DENIS CROKE | 61 | 1.32.3 | 1.30 | 2.2 |
| JANET HOLMES | 67 | 2.12.5 | 2.10 | 2.5 |
| MIKE CLAPPER | 68 | 1.33.4 | 1.36 | 2.6 |
| RUSS JENKINS | 58 | 1.27.7 | 1.25 | 2.7 |
| MARK CANT | 59 | 1.41.7 | 1.45 | 3.3 |
| SIMONE O'BRIEN | 48 | 2.09.7 | 2.00 | 9.7 |
| JO WHITTLE | 49 | 2.00.7 | 2.11 | 10.3 |
| GREG HUGHES | 62 | 2.14.0 | 2.28 | 14.0 |
| AARON BUXTON RELLA | 41 | 1.38.8 | 2.00 | 21.2 |

| 150M E/T | | Clock | Est | Diff |
|--------------------|----|--------------|------------|-------------|
| BOB WISHART | 78 | 22.39 | 22.75 | 0.36 |
| JUNE TREWEEK | 59 | 24.49 | 25.0 | 0.51 |
| KURT GOLONKA | 51 | 21.18 | 20.5 | 0.68 |
| JIM McLURE | 74 | 24.28 | 25.2 | 0.92 |
| RUSS JENKINS | 58 | 24.04 | 25.0 | 0.96 |
| JO WHITTLE | 49 | 27.55 | 29.0 | 1.45 |
| CHRIS BROWN | 65 | 23.33 | 25 | 1.67 |
| AARON BUXTON RELLA | 41 | 22.56 | 25.0 | 2.44 |
| DENIS CROKE | 61 | 22.65 | 26 | 2.25 |
| MICHELLE EDMONDS | 46 | 30.95 | 39 | 8.05 |

| 1500/3000 WALK | | Clock | Est | Diff |
|-----------------------|----|--------------|------------|-------------|
| PETER MCGRATH (1500) | 81 | 15.20 | 15.00 | 20 |
| TERRY O'NEILL | 64 | 18.29 | 18.50 | -21 |
| MARK CANT (1500) | 59 | 9.37 | 10.00 | -23 |
| JO WHITTLE (1500) | 49 | 10.03 | 10.33 | -30 |
| JOHN ZELEZNIKOW | 70 | 29.30 | 30.00 | -30 |
| DES MIDDLETON | 73 | 23.25 | 24.00 | -35 |
| SANDRA MIDDLETON | 71 | 21.46 | 22.30 | -44 |
| PETE BATTRICK (1500) | 77 | 15.45 | 14.50 | 55 |
| MICHAEL HEFFERNAN | 86 | 31.02 | 29.00 | 62 |
| KARYN O'NEILL | 65 | 21.24 | 22.30 | -66 |
| JIM BERRINGTON | 64 | 18.45 | 20.00 | -75 |
| CONRAD HAMANN | 68 | 21.48 | 25.00 | -192 |

| 3K E/T | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| JO COCKWILL | 68 | 17.09 | 17.10 | 1 |
| MIKE CLAPPER | 68 | 14.54 | 14.50 | 4 |
| STEVE STRELECKY | 71 | 14.20 | 14.30 | 10 |
| SIMONE O'BRIEN | 48 | 16.54 | 17.10 | 16 |
| SARAH LORENTZEN | 42 | 13.47 | 13.30 | 17 |
| SYD BONE | 63 | 13.22 | 13.00 | 22 |
| MARY HARPER | 51 | 18.34 | 19.00 | 26 |
| DENIS CROKE | 61 | 12.56 | 13.30 | 34 |
| SIMON LLOYD | 63 | 13.05 | 13.45 | 40 |
| NICKY GRAFEN | 8 | 17.20 | 18.00 | 40 |
| JANE STURZAKER | 67 | 18.47 | 19.30 | 43 |
| CHRIS GRAFEN | 56 | 15.48 | 15.00 | 48 |
| GRAHAM STOCKDALE | 78 | 16.51 | 16.00 | 51 |
| PHIL URQUHART | 76 | 17.30 | 18.30 | 60 |
| GREG HUGHES | 62 | 19.46 | 20.49 | 63 |
| JANET HOLMES | 67 | 16.56 | 18.00 | 64 |
| CHRIS BROWN | 65 | 16.45 | 15.30 | 75 |
| MERLE WANT | 59 | 16.32 | 18.00 | 88 |
| JANINE MCKERRON | 60 | 16.02 | 18.00 | 118 |
| KAREN MONOHAN | 54 | 22.01 | 24.00 | 119 |

GLEN EIRA 1 December 2020

| 80m E/T | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| JO WHITTLE | 49 | 13.60 | 13.4 | 0.20 |
| JIM McLURE | 74 | 12.72 | 12.45 | 0.27 |
| SIMONE O'BRIEN | 49 | 14.46 | 14.15 | 0.31 |
| JUNE TREWEEK | 59 | 12.50 | 12.00 | 0.50 |
| CHARLIE THOMAS | 11 | 12.19 | 13.00 | 0.81 |
| NICKY GRAFEN | 9 | 15.18 | 16.00 | 0.82 |
| LEISA HUNT | 49 | 14.31 | 15.30 | 0.99 |
| MARY HARPER | 51 | 14.99 | 14.00 | 0.99 |
| MICHELLE EDMONDS | 46 | 14.00 | 16.00 | 2.00 |

| 600m H/C (sealed) (points) | | Clock | HC time | Diff |
|-----------------------------------|----|--------------|----------------|-------------|
| JO WHITTLE | 49 | 2.23.3 | 2.20 | 3.3 |
| KURT GOLONKA | 51 | 1.50.3 | 1.42 | 8.3 |
| MIKE CLAPPER | 68 | 2.07.5 | 1.59 | 8.5 |
| GREG HUGHES | 62 | 2.41.4 | 2.22 | 19.4 |

| 200M H/C (sealed) | | Clock | HC time | Diff |
|--------------------------|----|--------------|----------------|-------------|
| JIM McLURE | 74 | 34.09 | 34.20 | -0.11 |
| MICHELLE EDMONDS | 46 | 40.34 | 40.0 | 0.34 |
| JO WHITTLE | 49 | 39.40 | 38.0 | 1.40 |
| JUNE TREWEEK | 59 | 36.40 | 34.6 | 1.80 |
| KURT GOLONKA | 51 | 30.53 | 26.5 | 4.03 |
| LINDA McCAFFREY | 42 | 43.46 | 39.0 | 4.46 |
| CHELSEA WHITTLE | 13 | 32.56 | 33 | -0.44 |
| SOPHIE McCAFFREY | 9 | 39.20 | 38.8 | 0.4 |
| CHARLIE THOMAS | 11 | 33.43 | 33 | 0.43 |

GLEN EIRA 1 December 2020 (cont)

| 3k H/C WALK | | | | |
|--------------------|----|--------------|-----------|----------------|
| | | Clock | HC | HC time |
| SANDRA MIDDLETON | 72 | 21.44.8 | 9.00 | 30.44.8 |
| JOHN ZELEZNIKOW | 70 | 28.07.5 | 3.00 | 31.07.5 |
| PETER McGRATH | 81 | 16.02.4 | 15.20 | 31.22 |
| DES MIDDLETON | 73 | 22.37.5 | 9.30 | 32.08 |
| MICHAEL HEFFERNAN | 86 | 30.43 | 1.30 | 32.13 |
| TONY DORAN | 68 | 23.30.2 | 9.00 | 32.30 |
| GWEN STEED | 78 | 23.30.2 | 9.30 | 33.00 |
| EMILIE LORENTZEN | 11 | 25.52 | 7.10 | 33.02 |
| EMMA McCAFFREY | 11 | 25.52 | 7.10 | 33.02 |
| JO WHITTLE | 49 | 21.25 | 12.00 | 33.25 |
| CYNTHIA ELLERY | 71 | 26.29.2 | 7.00 | 33.29 |
| ROB JAMIESON | 70 | 31.34 | 2.00 | 33.34 |

| 3K H/C | | | | |
|-----------------|----|--------------|----------------|-------------|
| | | Clock | HC time | Diff |
| SARAH LORENTZEN | 42 | 12.45 | 13.15 | -30 |
| SIMON LLOYD | 65 | 12.49 | 12.50 | -1 |
| MERLE WANT | 59 | 16.29 | 16.30 | -1 |
| PETE BATTRICK | 77 | 30.20 | 30.20 | 0 |
| SYD BONE | 63 | 13.23 | 13.22 | 1 |
| PHIL URQUHART | 76 | 17.35 | 17.30 | 5 |
| JANINE McKERRON | 60 | 15.36 | 15.30 | 6 |
| JO COCKWILL | 68 | 17.17 | 17.10 | 7 |
| STEVE STRELECKY | 71 | 14.38 | 14.25 | 13 |
| ALEXA GOWER | 34 | 16.16 | 16.00 | 16 |
| MARY HARPER | 51 | 18.53 | 18.35 | 18 |
| PETER BENICE | 71 | 13.20 | 13.00 | 20 |
| KAREN MONOHAN | 54 | 21.33 | 20.30 | 63 |
| JANE STURZAKER | 67 | 19.34 | 18.30 | 64 |
| CHRIS GRAFEN | 56 | 13.56 | 12.45 | 71 |
| SIMONE O'BRIEN | 48 | 16.24 | 15.10 | 74 |
| LEISA HUNT | 49 | 17.04 | 15.45 | 79 |
| GREG HUGHES | 62 | 18.46 | 15.30 | 196 |
| MIKE CLAPPER | 68 | 17.18 | 15.00 | 138 |
| LINDA McCAFFREY | 42 | 19.06 | 16.45 | 141 |

GLEN EIRA 8 December 2020

| 100m E/T | | | | |
|------------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| LEISA HUNT | 49 | 18.05 | 18.0 | 0.05 |
| GLAD WISHART | 76 | 19.72 | 19.95 | 0.23 |
| MIKE CLAPPER | 68 | 15.15 | 15.50 | 0.35 |
| CHARLIE THOMAS | 11 | 15.43 | 15.00 | 0.43 |
| MARY HARPER | 51 | 18.51 | 18.99 | 0.48 |
| BOB WISHART | 79 | 14.45 | 15.03 | 0.58 |
| JIM McLURE | 74 | 16.10 | 15.40 | 0.70 |
| JUNE TREWEEK | 59 | 15.80 | 15.10 | 0.70 |
| LINDA McCAFFREY | 42 | 19.05 | 20.00 | 0.95 |
| SOPHIE McCAFFREY | 9 | 17.71 | 18.74 | 1.03 |
| MICHELLE EDMONDS | 46 | 17.50 | 18.70 | 1.20 |
| JO WHITTLE | 49 | 16.88 | 18.20 | 1.32 |

| 700m E/T | | | | |
|-----------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| GREG HUGHES | 62 | 3.15 | 3.17 | 2 |
| JO WHITTLE | 49 | 2.54 | 2.48 | 6 |
| GEORGIE WHITTLE | 20 | 2.26 | 2.35 | 9 |
| MARY HARPER | 51 | 4.05 | 4.30 | 25 |

| 300m E/T | | | | |
|------------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| MICHELLE EDMONDS | 46 | 63.98 | 64.0 | 0.02 |
| JO WHITTLE | 49 | 63.32 | 62.0 | 1.32 |
| JIM McLURE | 74 | 55.75 | 54.4 | 1.35 |
| MIKE CLAPPER | 68 | 50.35 | 52.0 | 1.65 |
| BILL CARR | 71 | 54.00 | 52.3 | 1.70 |
| JUNE TREWEEK | 59 | 59.28 | 57.0 | 2.28 |
| CHELSEA WHITTLE | 13 | 49.05 | 51.9 | 2.85 |

| WALK 2K | | | | |
|-------------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| MICHAEL HEFFERNAN | 86 | 19.47 | 19.45 | 2 |
| ROB JAMIESON | 70 | 19.55 | 20.00 | -5 |
| CONRAD HAMANN | 69 | 14.13 | 14.25 | -12 |
| PETER McGRATH | 81 | 20.08 | 20.30 | -22 |
| CYNTHIA ELLERY | 71 | 17.15 | 16.47 | 28 |
| TONY DORAN | 68 | 15.06 | 14.37 | 29 |
| JO WHITTLE | 49 | 13.38 | 14.11 | -33 |
| JANINE McKERRON | 60 | 17.35 | 17.00 | 35 |
| MARY HARPER | 51 | 17.36 | 16.00 | 96 |
| PETE BATTRICK | 77 | 20.00 | | |

| WALK 4K | | | | |
|------------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| TERRY O'NEILL | 64 | 24.34 | 24.45 | -11 |
| SANDRA MIDDLETON | 72 | 29.18 | 29.00 | 18 |
| KARYN O'NEILL | 65 | 28.27 | 29.00 | -33 |
| DES MIDDLETON | 73 | 30.09 | 29.00 | 1.09 |

| 4K | | | | |
|-------------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| SYD BONE | 63 | 17.59.3 | 18.00 | 0.7 |
| CHRIS GRAFEN | 56 | 18.16.4 | 18.00 | 16.4 |
| SIMON LLOYD | 65 | 17.29.36 | 18.00 | 30.64 |
| SIMONE O'BRIEN | 48 | 21.12.72 | 21.48 | 35.28 |
| JO COCKWILL | 68 | 22.49.67 | 23.30 | 40.33 |
| SARAH LORENTZEN | 42 | 17.28.66 | 18.10 | 41.34 |
| HARRISON CAMPBELL | 10 | 24.15.66 | 25.00 | 44.34 |
| MIKE CLAPPER | 68 | 22.45.22 | 23.30 | 44.78 |
| GREG HUGHES | 62 | 26.07.82 | 25.20 | 47.82 |
| CHRIS CAMPBELL | 72 | 21.00.54 | 22.00 | 59.46 |
| KAREN MONOHAN | 54 | 28.40.52 | 29.45 | 1.04.48 |
| LINDA McCAFFREY | 42 | 25.14.41 | 26.20 | 1.05.59 |
| LEISA HUNT | 49 | 23.59.58 | 22.50 | 1.09.58 |
| MERLE WANT | 59 | 22.47.29 | 24.36 | 1.48.71 |
| OSCAR LORENTZEN | 9 | 17.53.52 | 20.00 | 2.06.48 |
| GRAHAM STOCKDALE | 78 | 26.08.88 | 24.00 | 2.08.88 |
| NICKY GRAFEN | 9 | 23.20.39 | 21.00 | 2.20.39 |

| 8K | | | | |
|-----------------|----|--------------|------------|-------------|
| | | Clock | Est | Diff |
| JIM BERRINGTON | 64 | 42.59.73 | 46.00 | 3.00.27 |
| STEVE STRELECKY | 71 | 44.46 | 53.07 | 8.21.00 |

GLEN EIRA 15 December 2020

| 60m E/T | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| GLAD WISHART | 76 | 11.81 | 11.93 | 0.12 |
| MICHELLE EDMONDS | 46 | 11.01 | 11.2 | 0.19 |
| LINDA McCAFFREY | 42 | 11.75 | 12.00 | 0.25 |
| BILL CARR | 71 | 11.29 | 11.00 | 0.29 |
| CHRIS BROWN | 65 | 9.69 | 9.30 | 0.39 |
| SIMONE O'BRIEN | 48 | 10.68 | 11.22 | 0.54 |
| JIM McLURE | 74 | 10.13 | 9.55 | 0.58 |
| JO WHITTLE | 49 | 10.35 | 11.01 | 0.66 |
| BOB WISHART | 79 | 9.42 | 8.30 | 1.12 |
| MARY HARPER | 51 | 11.37 | 12.99 | 1.62 |

| 800m H/C (points) | | Clock | H/C | H/C time |
|--------------------------|----|--------------|------------|-----------------|
| JO WHITTLE | 49 | 3.20.3 | 8 | 3.12.3 |
| CHELSEA WHITTLE | 13 | 3.22.9 | 41 | 2.41.9 |
| MIKE CLAPPER | 68 | 3.24.7 | 29 | 2.55.7 |
| OSCAR LORENTZEN | 9 | 3.33.2 | 32 | 3.01.2 |
| JANET HOLMES | 67 | 3.40.5 | GO | 3.40.5 |
| INDIGO WATTS | 13 | 3.48.4 | 23 | 3.25.4 |
| GRACIE WOODWORTH | 13 | 3.55.1 | 23 | 3.32.1 |
| CHLOE HOLT | 13 | 4.09.7 | 13 | 3.56.7 |
| GREG HUGHES | 62 | 4.12.5 | 8 | 4.04.5 |

| 400M H/C | | Clock | H/C | H/C time |
|------------------|----|--------------|------------|-----------------|
| MICHELLE EDMONDS | 46 | 92.80 | GO | 92.8 |
| JIM McLURE | 74 | 94.70 | 12.00 | 82.70 |
| BILL CARR | 71 | 96.00 | 18.0 | 78.00 |
| JO WHITTLE | 49 | 1.51.4 | 11.0 | 1.40.4 |

| 3k H/C WALK | | Clock | HC | HC time |
|----------------------|----|--------------|-----------|----------------|
| JOHN ZELEZNIKOW | 70 | 29.42 | 2.33 | 27.09 |
| ROB JAMIESON | 70 | 29.44 | 0.40 | 29.04 |
| TERRY O'NEILL | 63 | 30.04 | 12.00 | 18.04 |
| JIM BERRINGTON | 64 | 30.15 | 11.45 | 18.30 |
| CONRAD HAMANN | 69 | 30.32 | 9.05 | 21.27 |
| SANDRA MIDDLETON | 72 | 30.38 | 9.10 | 21.28 |
| MICHAEL HEFFERNAN | 86 | 31.00 | 0.40 | 30.20 |
| JO WHITTLE | 49 | 31.08 | 11.30 | 19.38 |
| PETER McGRATH (1500) | 81 | 16.20 | GO | 32.00 |
| DES MIDDLETON | 73 | 32.27 | 10.08 | 22.19 |
| CYNTHIA ELLERY | 71 | 32.58 | 6.35 | 26.23 |

| RAY KEMP 3K H/C | | Clock | HC | HC time |
|------------------------|----|--------------|-----------|----------------|
| JANE STURZAKER | 67 | 17.58 | GO | 17.58 |
| SIMONE O'BRIEN | 48 | 17.58 | 2.45 | 15.13 |
| MIKE CLAPPER | 68 | 18.33 | 3.55 | 14.38 |
| MERLE WANT | 59 | 18.33 | 2.15 | 16.18 |
| JANINE McKERRON | 60 | 18.36 | 3.15 | 15.21 |
| PETE BATTRICK | 77 | 18.36 | -11.35 | 30.11 |
| MARY HARPER | 51 | 18.38 | 0.05 | 18.33 |
| SARAH LORENTZEN | 42 | 18.55 | 5.55 | 13.00 |

| | | | | |
|-----------------|----|-------|------|-------|
| LINDA McCAFFREY | 42 | 18.59 | 0.25 | 18.34 |
| STEVE STRELECKY | 71 | 19.04 | 4.15 | 14.49 |
| GREG HUGHES | 62 | 19.19 | 1.05 | 18.14 |
| PHIL URQUHART | 76 | 19.25 | 1.15 | 18.10 |
| CHRIS BROWN | 65 | 19.28 | 4.00 | 15.28 |
| SARAH JOHNSON | 37 | 19.45 | 0.45 | 19.00 |
| GERRY O'DONNELL | 66 | 20.50 | 3.15 | 17.35 |

GLEN EIRA 5 January 2021

| 80m E/T | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| VIVIENNE CASH | 68 | 13.25 | 13 | 0.25 |
| JIM McLURE | 75 | 12.85 | 12.5 | 0.35 |
| MIKE CLAPPER | 68 | 12.55 | 12.2 | 0.35 |
| SIMONE O'BRIEN | 48 | 14.47 | 14.05 | 0.42 |
| JO WHITTLE | 49 | 14.39 | 13.9 | 0.50 |
| KURT GOLONKA | 50 | 11.55 | 11.0 | 0.55 |
| JUNE TREWEEK | 59 | 13.08 | 12.5 | 0.58 |
| GLAD WISHART | 75 | 15.84 | 15.2 | 0.64 |
| EMMA MIDDLETON | 12 | 12.02 | 12.8 | 0.78 |
| JIM ROUNTREE | 61 | 13.36 | 12.5 | 0.86 |
| CHELSEA WHITTLE | 13 | 13.46 | 12.40 | 1.06 |
| MICHELLE EDMONDS | 46 | 16.14 | 14.1 | 2.06 |

| 500m E/T | | Clock | Est | Diff |
|-----------------|----|--------------|------------|-------------|
| EMMA MIDDLETON | 12 | 1.40.8 | 1.40 | 0.8 |
| BILL CARR | 71 | 1.46.1 | 1.47 | 0.9 |
| HEATHER CARR | 71 | 2.18.8 | 2.17 | 1.8 |
| JANET HOLMES | 67 | 2.06 | 2.10 | 4.0 |
| JO WHITTLE | 49 | 1.58.9 | 2.05 | 6.1 |

| 150m E/T | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| JIM McLURE | 75 | 24.91 | 24.6 | 0.36 |
| VIVIENNE CASH | 68 | 25.60 | 25.0 | 0.60 |
| MIKE CLAPPER | 68 | 23.98 | 23.2 | 0.78 |
| JIM ROUNTREE | 61 | 25.47 | 24.5 | 0.97 |
| BOB WISHART | 79 | 23.77 | 22.75 | 1.02 |
| GLAD WISHART | 75 | 32.03 | 33.1 | 1.07 |
| KURT GOLONKA | 51 | 21.57 | 20.5 | 1.07 |
| MICHELLE EDMONDS | 46 | 31.82 | 30.5 | 1.32 |
| JUNE TREWEEK | 59 | 25.82 | 24.4 | 1.42 |

| | | Actual | Diff | |
|-----------------------------------|-----------------|---------------|-------------|------|
| WALK 20 min (Nom Distance) | Est Dist | 5L150 | 120 | |
| KARYN O'NEILL | 65 | 5L030 | 6L060 | -140 |
| GWEN STEED | 78 | 6L200 | 6L200 | 170 |
| EMMA MIDDLETON | 12 | 6L370 | 4L250 | -175 |
| MICHAEL HEFFERNAN | 86 | 5L025 | 5L300 | -180 |
| TONY DORAN | 68 | 6L080 | 4L220 | -205 |
| ROB JAMIESON | 70 | 5L025 | 4L184 | -216 |
| DES MIDDLETON | 74 | 5L | 4L184 | -216 |
| GERRY O'DONNELL | 66 | 5L | 4L183 | -217 |
| JOHN ALLEN | 68 | 5L | 6L340 | -260 |
| JO WHITTLE | 49 | 7L200 | | |

GLEN EIRA 5 January 2021 (cont)

| | | | | |
|------------------|----|-------|-------|-------|
| JOHN ZELEZNIKOW | 70 | 5L130 | 4L250 | -280 |
| JIM BERRINGTON | 64 | 8L | 7L100 | -300 |
| TERRY O'NEILL | 64 | 8L100 | 7L150 | -350 |
| SANDRA MIDDLETON | 72 | 7L003 | 6L043 | -360 |
| JIM ROUNTREE | 61 | 7L200 | 6L090 | -510 |
| JUNE TREWEEK | 59 | 7L200 | 4L200 | -1200 |

3K E/T

| | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| MIKE CLAPPER | 68 | 14.57 | 15.00 | -3 |
| KURT GOLONKA | 51 | 14.57 | 15.00 | -3 |
| STEVE STRELECKY | 71 | 15.02 | 15.05 | -3 |
| SARAH LORENTZEN | 42 | 12.55 | 13.00 | -5 |
| SIMON LLOYD | 65 | 12.55 | 13.00 | -5 |
| CHRIS CAMPBELL | 72 | 15.43 | 15.30 | 13 |
| JO COCKWILL | 68 | 17.16 | 17.30 | -14 |
| JOEY CLAPPER | 36 | 17.16 | 17.30 | -14 |
| SIMONE O'BRIEN | 48 | 15.45 | 15.20 | 25 |
| KAREN MONOHAN | 54 | 20.21 | 20.50 | -29 |
| PHIL URQUHART | 76 | 18.38 | 18.00 | 38 |
| BILL CARR | 71 | 16.38 | 17.30 | -52 |
| JANET HOLMES | 67 | 16.44 | 17.50 | -66 |
| GRAHAM STOCKDALE | 78 | 18.38 | 16.30 | 128 |

GLEN EIRA 12 January 2021

| 70m E/T | | Clock | Est | Diff |
|------------------|----|--------------|------------|-------------|
| MIKE CLAPPER | 68 | 10.76 | 10.80 | 0.04 |
| SIMONE O'BRIEN | 48 | 12.84 | 12.72 | 0.12 |
| LEISA HUNT | 49 | 13.07 | 13.30 | 0.23 |
| LINDA McCAFFREY | 42 | 13.23 | 13.50 | 0.27 |
| GLAD WISHART | 76 | 13.79 | 13.48 | 0.31 |
| MICHELLE EDMONDS | 46 | 13.54 | 13.20 | 0.34 |
| VIVIENNE CASH | 68 | 11.50 | 12.00 | 0.5 |
| JIM McLURE | 75 | 11.46 | 12.05 | 0.59 |
| BILL CARR | 71 | 11.28 | 12.00 | 0.72 |
| CHARLIE THOMAS | 11 | 11.07 | 12.00 | 0.93 |

700m H/C

| | | Clock | H/C | H/C time |
|--------------|----|--------------|------------|-----------------|
| HEATHER CARR | 71 | 3.22.2 | GO | 3.22.2 |
| JANET HOLMES | 67 | 3.22.4 | 19.00 | 3.03.4 |
| GREG HUGHES | 62 | 3.40.9 | 15.00 | 3.25.9 |

200m H/C

| | | Clock | H/C time | Diff |
|------------------|----|--------------|-----------------|-------------|
| MIKE CLAPPER | 68 | 31.95 | 32.0 | -0.05 |
| VIVIENNE CASH | 68 | 34.94 | 34.9 | 0.04 |
| CHARLIE THOMAS | 11 | 32.89 | 32.0 | 0.89 |
| JIM McLURE | 75 | 35.14 | 34.2 | 0.94 |
| BILL CARR | 71 | 33.76 | 32.5 | 1.26 |
| GLAD WISHART | 76 | 45.88 | 44.0 | 1.88 |
| MICHELLE EDMONDS | 46 | 42.98 | 41.0 | 1.98 |
| BOB WISHART | 79 | 33.50 | 30.5 | 3.00 |

WALK 2K

| | | Clock |
|-------------------|----|--------------|
| CONRAD HAMANN | 69 | 14.08 |
| GWEN STEED | 78 | 14.31 |
| TONY DORAN | 68 | 14.50 |
| CYNTHIA ELLERY | 71 | 17.40 |
| GERRY O'DONNELL | 66 | 18.22 |
| MICHAEL HEFFERNAN | 86 | 19.28 |
| JANINE McKERRON | 60 | 19.28 |
| ROB JAMIESON | 70 | 20.33 |
| PETER McGRATH | 81 | 21.00 |

WALK 4K

| | | Clock |
|------------------|----|--------------|
| TERRY O'NEILL | 65 | 24.17 |
| JIM BERRINGTON | 64 | 25.13 |
| SANDRA MIDDLETON | 72 | 30.17 |
| DES MIDDLETON | 75 | 31.06 |
| JOHN ZELEZNIKOW | 70 | 38.17 |
| JOHN ALLAN | 68 | 38.26 |

2K Age %

| | | Clock | % | |
|----------------|----|--------------|----------|----|
| HEATHER CARR | 71 | 10.30 | 82.4 | VR |
| JANET HOLMES | 67 | 11.10 | 72.4 | |
| JANE STURZAKER | 67 | 12.21 | 65.5 | |
| SIMONE O'BRIEN | 48 | 10.16 | 60.2 | |
| LEISA HUNT | 49 | 11.31 | 54.3 | |

| | | | | |
|------------------|----|-------|------|--|
| MICHELLE EDMONDS | 46 | 11.43 | 51.5 | |
| KAREN MONOHAN | 54 | 13.33 | 49.3 | |
| GREG HUGHES | 62 | 12.28 | 47.9 | |
| SARAH JOHNSON | 37 | 11.31 | 47.8 | |
| LINDA McCAFFREY | 42 | 12.09 | 47.4 | |

4K Age %

| | | Clock | % |
|-----------------|----|--------------|----------|
| JO COCKWILL | 68 | 23.08 | 74.5 |
| STEVE STRELECKY | 71 | 20.07 | 68.5 |
| MERLE WANT | 59 | 22.14 | 67.4 |
| CHRIS CAMPBELL | 72 | 21.19 | 65.5 |
| KARYN O'NEILL | 65 | 25.49 | 63.6 |
| PHIL URQUHART | 76 | 24.14 | 61.5 |

GLEN EIRA 19 January 2021

| | | Est | Diff |
|---------------------------|--------------|------------|-------------|
| 100m E/T 19.1.2021 | Clock | 15.2 | 0.29 |
| MIKE CLAPPER | 68 | 15.49 | 0.34 |
| BILL CARR | 71 | 16.44 | 0.47 |
| JIM McLURE | 75 | 16.22 | 0.50 |
| SUE HEWITT | 54 | 18.5 | 0.55 |
| LINDA McCAFFREY | 42 | 19.45 | 0.77 |
| JIM ROUNTREE | 61 | 17.07 | 0.78 |
| KURT GOLONKA | 51 | 14.28 | 0.79 |
| JO WHITTLE | 49 | 17.74 | 1.21 |
| JUNE TREWEEK | 59 | 16.91 | 1.23 |
| MICHELLE EDMONDS | 46 | 19.03 | 1.33 |
| GLAD WISHART | 76 | 20.34 | 1.45 |
| SOPHIE McCAFFREY | 9 | 17.55 | |

GLEN EIRA 19 January 2021 (cont)

| 1600m Age % | | Clock | % | |
|--------------------|----|--------------|----------|----|
| HEATHER CARR | 71 | 8.14 | 82.6 | VR |
| OSCAR LORENTZEN | 9 | 6.28.6 | 72.7 | |
| JO WHITTLE | 49 | 7.38.3 | 64.4 | |
| KURT GOLONKA | 51 | 6.45.7 | 63.3 | |
| CHRIS BROWN | 65 | 7.41 | 62.8 | |
| GREG HUGHES | 62 | 8.55.9 | 52.5 | |

| 300m H/C | | Clock | H/C | H/C time |
|------------------|----|--------------|------------|-----------------|
| JIM McLURE | 75 | 1.03.8 | 9 | 54.8 |
| MIKE CLAPPER | 68 | 1.05.2 | 15 | 50.2 |
| BILL CARR | 71 | 1.06.1 | 13 | 53.1 |
| MICHELLE EDMONDS | 46 | 1.06.4 | GO | 1.06.4 |
| JIM ROUNTREE | 61 | 1.08.4 | 14 | 54.4 |
| KURT GOLONKA | 51 | 1.08.8 | 24 | 44.8 |
| SUE HEWITT | 54 | 1.09 | 5 | 64.0 |
| JUNE TREWEEK | 59 | 1.10.3 | 8 | 62.3 |
| JO WHITTLE | 49 | 1.13.7 | 7 | 66.7 |

| WALK 3K Age % | | Clock | % |
|----------------------|----|--------------|----------|
| HEATHER CARR | 71 | 18.57 | 87.1 |
| GWEN STEED | 78 | 21.45 | 84.8 |
| TERRY O'NEILL | 65 | 18.01 | 77.1 |
| SANDRA MIDDLETON | 72 | 22.13 | 75.4 |
| JIM BERRINGTON | 64 | 18.36 | 73.9 |
| DES MIDDLETON | 74 | 21.07 | 73.3 |
| CONRAD HAMANN | 69 | 21.30 | 67.6 |
| CYNTHIA ELLERY | 71 | 25.56 | 63.6 |
| TONY DORAN | 68 | 22.56 | 62.7 |
| JOHN ZELEZNIKOW | 70 | 27.24 | 53.7 |
| MICHAEL HEFFERNAN | 86 | 29.30 | 53.1 |
| JOHN ALLAN | 68 | 27.33 | 52.2 |

| 3K | | Clock | % |
|---------------------|----|--------------|----------|
| SIMON LLOYD | 65 | 12.42 | 74.4 |
| SARAH LORENTZEN | 42 | 13.18 | 67.0 |
| SYD BONE | 63 | 13.45 | 68.1 |
| CHRIS BROWN | 65 | 15.41 | 60.8 |
| ALEXA GOWER | 35 | 15.42 | 54.0 |
| JO WHITTLE | 49 | 15.45 | 61.4 |
| JO COCKWILL | 68 | 17.13 | 73.9 |
| SARAH JOHNSON | 37 | 18.06 | 47.3 |
| HELEN VAN DER NAGEL | 63 | 18.43 | 62.8 |
| KARYN O'NEILL | 65 | 18.43 | 64.7 |
| LINDA McCAFFREY | 42 | 18.54 | 47.1 |
| MICHELLE EDMONDS | 46 | 18.57 | 49.2 |
| JANE STURZAKER | 67 | 19.03 | 65.7 |
| GREG HUGHES | 62 | 19.57 | 46.5 |
| KAREN MONOHAN | 54 | 20.18 | 46.4 |

| 5K | | Clock | % |
|-----------------|----|--------------|----------|
| STEVE STRELECKY | 71 | 25.50 | 64.6 |
| CHRIS CAMPBELL | 72 | 27.22 | 67.8 |
| MERLE WANT | 59 | 27.51 | 63.0 |
| PHIL URQUHART | 76 | 29.57 | |

GLEN EIRA 26 January 2021**4 x 100**

| | | Clock | H/C | H/C time |
|------------------|----|--------------|------------|-----------------|
| MARY HARPER | 51 | | | |
| LINDA McCAFFREY | 42 | | | |
| JIM ROUNTREE | 61 | | | |
| CHELSEA WHITTLE | 13 | 67.3 | GO | 67.3 |
| MICHELLE EDMONDS | 46 | | | |
| JO WHITTLE | 49 | | | |
| VIVIENNE CASH | 68 | | | |
| JUNE TREWEEK | 59 | 71.1 | 3 | 68.1 |
| GLAD WISHART | 76 | | | |
| SARAH LORENTZEN | 42 | | | |
| JIM McLURE | 75 | | | |
| CHRIS BROWN | 65 | 75.5 | 2 | 73.5 |

| 800m H/C (Sealed) | | Clock | H/C Time | Diff |
|--------------------------|----|--------------|-----------------|-------------|
| JO WHITTLE | 49 | 3.19.5 | 3.15 | 4.5 |
| CHRIS BROWN | 64 | 3.35.1 | 3.20 | 15.10 |
| JANET HOLMES | 67 | 3.41.7 | 3.24 | 17.7 |
| GREG HUGHES | 62 | 3.54.2 | 3.20 | 34.2 |

| 400m H/C (Sealed) | | Clock | H/C Time | Diff |
|--------------------------|----|--------------|-----------------|-------------|
| CHELSEA WHITTLE | 14 | 78.0 | 74 | 4.0 |
| KURT GOLONKA | 51 | 67.1 | 60 | 7.1 |
| JIM ROUNTREE | 61 | 79.9 | 72 | 7.9 |
| JO WHITTLE | 49 | 1.49.7 | 82 | 27.7 |

| 1600m E/T | | Clock | Est | Diff |
|-------------------|----|--------------|------------|-------------|
| MICHAEL HEFFERNAN | 86 | 15.42 | 15.45 | -3 |
| GWEN STEED | 78 | 11.27 | 11.42 | -15 |
| CONRAD HAMANN | 69 | 11.18 | 10.55 | 23 |
| JUNE TREWEEK | 59 | 11.29 | 12.00 | -31 |
| PETER McGRATH | 81 | 16.33 | 17.10 | -37 |
| JIM BERRINGTON | 64 | 10.13 | 9.20 | 53 |
| PAUL LYNCH | 71 | 12.29 | 16.00 | -211 |

| 2 x 1200/800/400 relay | | Clock |
|-------------------------------|----|--------------|
| JANE STURZAKER | 67 | |
| CHELSEA WHITTLE | 13 | 23.10 |
| JO WHITTLE | 49 | |
| MICHELLE EDMONDS | 46 | 24.31 |
| CHRIS BROWN | 65 | |
| GREG HUGHES | 62 | 24.58 |
| SARAH LORENTZEN | 42 | |
| LINDA McCAFFREY | 42 | 25.48 |
| KURT GOLONKA | 51 | |
| JOHN ZELEZNIKOW | 70 | 27.39 |
| MERLE WANT | 59 | |
| MARY HARPER | 50 | 27.43 |
| SIMONE O'BRIEN | 48 | |
| HELEN VAN DER NAGEL | 63 | 27.49 |

KNOX 13 JANUARY 2021**1 mile handicap**

| | | |
|------------------|----|-------|
| Shane Grund | 39 | 7.5 |
| Bryan Poggendoel | 50 | 8.45 |
| Paul Earl | 57 | 9.08 |
| Ros Dyer | 56 | 9.09 |
| Sam DeFanis | 72 | 9.12 |
| Erika Bedyne | 58 | 9.32 |
| Graeme Leticq | 66 | 9.55 |
| Peter Thorne | 72 | 10.28 |
| Jodi Sinclair | 50 | 11.29 |
| Colin Page | 66 | 11.34 |

800metre walk

| | | |
|------------------|----|------|
| Glenn Claiden | 66 | 7.48 |
| Bob Henderson | 74 | 7.49 |
| Jodi Sinclair | 50 | 7.55 |
| Erika Bedyne | 58 | 7.56 |
| Peter Thorne | 72 | 8.03 |
| Toscha Stopar | 50 | 8.04 |
| Glenn Berry | 50 | 8.1 |
| Bryan Poggendoel | 50 | 8.1 |
| Anne McPherson | 64 | 8.22 |
| Ian U'Ren | 69 | 8.23 |
| Graeme Leticq | 66 | 8.25 |
| Paul Twining | 71 | 8.28 |
| Peter LeGet | 86 | 8.33 |
| Andrea Putting | 57 | 9.07 |
| Marina Curnow | 71 | 9.08 |
| Colin Page | 66 | 9.11 |
| Ros Dyer | 56 | 9.58 |
| Paul Earl | 57 | 9.59 |

110metre sprint

| | | |
|---------------|----|-------|
| Paul Durrant | 59 | 17.72 |
| David Murrhiy | 63 | 19.23 |

3k

| | | | |
|------------------|----|-------|------|
| Paul Earl | 57 | 16.22 | |
| Bob Henderson | 74 | 17.06 | |
| Bryan Poggendoel | 50 | 20.32 | |
| Brian Mee | 83 | 21.5 | |
| Maggie Hawkes | 64 | 22.45 | |
| Ian U'Ren | 69 | 32.05 | walk |
| Glenn Claiden | 66 | 32.07 | walk |

5k

| | | |
|---------------|----|-------|
| Shane Grund | 39 | 20.2 |
| Glenn Berry | 50 | 25.14 |
| Michelle Quan | 52 | 25.59 |

| | | |
|---------------|----|-------|
| Paul Twining | 71 | 26.39 |
| Toscha Stopar | 50 | 27.39 |
| Erik Bedyne | 58 | 28.48 |
| Peter Thorne | 72 | 29.5 |
| Kylie Irshad | 49 | 30.32 |
| Sam DeFanis | 72 | 30.32 |
| Ros Dyer | 56 | 31.11 |
| Jodi Sinclair | 50 | 35.25 |

7k

| | | |
|---------------|----|-------|
| Colin Page | 66 | 32.05 |
| Graeme Leticq | 66 | 33.2 |

KNOX 20 JANUARY 2021**Thousand steps**

| | | |
|------------------|----|--------------|
| Graeme Leticq | 66 | 20.35 |
| Rob Italia | 55 | 21.22 |
| Liz Clennell | 51 | 22.46 |
| Michelle Quan | 52 | 22.55 |
| Paul Durrant | 59 | 23.08 |
| David Wear | 74 | 23.35 |
| Kylie Irshad | 49 | 23.52 |
| Sam DeFanis | 72 | 23.52 |
| Paul Twining | 71 | 24.34 |
| Mick Carr | 67 | 24.38 |
| Stephen Richards | 59 | 25.38 |
| Murray Huchison | 71 | 25.51 |
| Bob Henderson | 74 | 28.07 |
| Peter Thorne | 72 | 28.33 1st ET |
| Jodi Sinclair | 50 | 30.4 |
| Ros Dyer | 56 | 31.22 |

KNOX 27 JANUARY 2021**Shot Put**

| | | |
|--------------|----|-------|
| Paul Durrant | 59 | 9.04m |
| Evan Thomson | | 8.11 |
| Glenn Berry | 50 | 7.73 |
| Erika Bedyne | 58 | 5.82 |

800m

| | | |
|---------------|----|------|
| Glenn Berry | 50 | 3.41 |
| Bob Henderson | 74 | 3.43 |
| Erika Bedyne | 58 | 3.44 |
| Colin Page | 66 | 3.45 |
| David Wear | 74 | 3.48 |
| Glenn Claiden | 66 | 4.11 |
| Peter LeGet | 87 | 5.07 |

1200m

| | | |
|------------------|----|------|
| Bryan Poggenpoel | 50 | 3.46 |
| Matt Morris | 55 | 4.05 |

KNOX 27 JANUARY 2021 (cont)**800m walk**

| | | |
|------------------|----|------|
| Kylie Irshad | 49 | 4.54 |
| John Graham | 70 | 5.29 |
| Bryan Poggenpoel | 50 | 5.3 |
| Bob Henderson | 74 | 7.45 |
| Mick Carr | 67 | 7.46 |
| Peter Thorne | 74 | 7.46 |
| Glenn Claiden | 66 | 8.17 |
| Ian U'Ren | 69 | 8.18 |
| David Wear | 74 | 8.19 |
| Shane Grund | 39 | 8.36 |
| Matt Morris | 55 | 8.37 |
| Peter LeGet | 87 | 9.11 |

2k

| | | |
|---------------|----|-------|
| John Graham | 70 | 8.39 |
| Maggie Hawkes | 64 | 14.59 |

3k

| | | | |
|---------------|----|-------|------|
| Glenn Claiden | 66 | 19.40 | |
| Ian U'Ren | 69 | 28.07 | walk |

4k

| | | |
|---------------|----|-------|
| Paul Twining | 71 | 17.47 |
| Bob Henderson | 74 | 22.19 |
| Peter Thorne | 74 | 23.36 |
| Glenn Berry | 50 | 24.53 |
| Erika Bedyne | 58 | 25.00 |
| Kylie Irshad | 49 | 25.00 |

6k

| | | |
|------------------|----|-------|
| Shane Grund | 39 | 19.25 |
| Bryan Poggenpoel | 50 | 24.00 |
| Matt Morris | 55 | 26.49 |
| Mick Carr | 67 | 31.02 |
| David Wear | 74 | 32.00 |

8k

| | | |
|------------|----|-------|
| Colin Page | 66 | 37.25 |
|------------|----|-------|

MENTONE 6 JANUARY 2021**400 walk E/T****Clock**

| | | | | |
|-------------------|-----|------|-------|--|
| Joan Clarke | 86 | 4.15 | Diff | |
| Margaret Beaumont | 82 | 3.39 | -0.04 | |
| John Mathew | 84 | 4.09 | -0.04 | |
| Debbie Thomson | 63 | 4.37 | -0.06 | |
| Iris Boulton | 71 | 3.07 | 0.07 | |
| Glennis McPherson | 74 | 2.30 | -0.08 | |
| Ian Beaumont | 84 | 3.40 | -0.08 | |
| Maureen Seedsman | 82 | 2.59 | -0.08 | |
| Michael Boulton | 66 | 3.12 | -0.08 | |
| Kevin Cassidy | 60 | 1.36 | -0.08 | |
| Nola Finn | 84 | 5.10 | -0.09 | |
| Daniel Short | Inv | 2.18 | -0.10 | |
| Julian Boland | 57 | 2.32 | -0.12 | |
| Sylvia Machin | 78 | 2.58 | -0.16 | |
| Karen Sharp | 64 | 3.07 | -0.17 | |
| Pam Mews | 86 | 3.59 | -0.18 | |
| Kuni Bowden | 54 | 2.19 | -0.21 | |
| | | | -0.56 | |

1200m E.T. *Agg Event***Clock****Pts**

| | | | | | |
|------------------|-----|---------|--------|--|---|
| Sandra Wynne | 69 | 5.57.1 | Diff | | 7 |
| David Short | 44 | 4.15.7 | 5.1 | | 5 |
| Helen Bryan (VR) | 50 | 4.32.8 | 5.7 | | 4 |
| Ashley Birrell | 76 | 6.05.6 | -8.2 | | 3 |
| Ciara Short | Inv | 5.50.2 | -9.4 | | |
| Daniel Short | Inv | 4.48.9 | -9.8 | | |
| Avril Britter | 61 | 6.04.7 | -11.1 | | 2 |
| Col Waring | 75 | 5.26.7 | -11.3 | | 1 |
| Susan Short | 47 | 5.08.7 | 12.7 | | 1 |
| Ashley Page | 80 | 6.45.2 | 18.7 | | 1 |
| Helen Castel | 57 | 6.03.3 | -21.8 | | 1 |
| John Kneen | 78 | 8.46.4 | -26.7 | | 1 |
| Greg Hughes | 62 | 6.31.6 | -34.6 | | 1 |
| Jeanne Bryan | 78 | 10.08.3 | -46.4 | | 1 |
| Kuni Bowden | 54 | 10.08.3 | 1.08.3 | | 1 |
| | | | 1.08.3 | | |

110m E.T.**Clock**

| | | | | |
|---------------|-----|-------|-------|--|
| Avril Britter | 61 | 20.95 | Diff | |
| Vivienne Cash | 68 | 18.05 | 0.11 | |
| John Mathew | 84 | 36.29 | -0.25 | |
| Bob Wishart | 79 | 17.24 | 0.29 | |
| Susan Short | 47 | 17.46 | -0.51 | |
| Glad Wishart | 76 | 22.37 | -0.54 | |
| Ciara Short | Inv | 18.71 | 1.17 | |
| Daniel Short | Inv | 18.49 | -1.69 | |
| | | | -1.71 | |

MENTONE 6 JANUARY 2021 (cont)**3.336 Km E.T. Road**

| | | Clock | Diff |
|-----------------|----|-------|-------|
| Avril Britter | 61 | 18.52 | -0.10 |
| Frank McNamara | 67 | 13.53 | 0.13 |
| James O'Brien | 68 | 14.53 | -0.27 |
| Sandra Wynne | 69 | 17.57 | -0.33 |
| Ashley Page | 80 | 20.30 | -1.12 |
| John Zeleznikow | 70 | 34.32 | 1.22 |
| Greg Hughes | 62 | 21.05 | -1.37 |
| Kuni Bowden | 54 | 15.17 | -1.47 |
| Helen Castel | 57 | 20.37 | 1.80 |
| John Kneen | 78 | 34.32 | 6.32 |

2000m Walk E.T.

| | | Clock | Diff |
|-------------------|----|-------|-------|
| Geoff Barrow | 71 | 14.14 | -0.01 |
| Sylvia Machin | 78 | 15.48 | -0.02 |
| Julian Boland | 57 | 14.05 | -0.05 |
| Maureen Seedsman | 83 | 17.07 | 0.07 |
| Geoff Lee | 73 | 16.29 | -0.08 |
| Kevin Cassidy | 60 | 9.50 | -0.10 |
| Glennis McPherson | 74 | 14.27 | -0.18 |
| Karen Sharp | 64 | 16.28 | -0.32 |
| Iris Boulton | 71 | 17.07 | 0.37 |
| Ian Beaumont | 84 | 19.04 | -0.41 |
| Margaret Beaumont | 82 | 19.05 | -0.45 |
| Michael Boulton | 65 | 17.57 | 1.07 |
| Jeanne Bryan | 78 | 23.26 | 3.26 |
| John Mathew | 84 | 28.54 | 3.54 |
| Helen Bryan | 50 | 23.26 | 3.56 |
| Nola Finn | 84 | 36.00 | 5.50 |

MENTONE 13 JANUARY 2021**600m Walk E.T.**

| | | Clock | Diff. |
|-------------------|----|-------|-------|
| Kevin Cassidy | 60 | 2.48 | -0.02 |
| Iris Boulton | 71 | 4.52 | 0.02 |
| Michael Boulton | 66 | 5.02 | 0.02 |
| Jill Mannering | 84 | 5.32 | -0.03 |
| Susan Short | 47 | 3.44 | 0.04 |
| Julian Boland | 57 | 3.57 | 0.07 |
| Ian Beaumont | 84 | 5.45 | -0.08 |
| Ralph Bennett | 79 | 3.44 | 0.08 |
| John Mathew | 84 | 6.35 | 0.15 |
| Margaret Beaumont | 82 | 5.31 | -0.17 |
| Nola Finn | 84 | 7.51 | 0.21 |
| Dawn Bennett | 75 | 5.21 | -0.24 |
| Joan Clarke | 86 | 6.35 | 0.35 |
| Pam Mews | 86 | 6.35 | 0.35 |

300m E.T. *Agg Event*

| | | Clock | Metres | Pts |
|---------------|-----|-------|--------|-----|
| Vivienne Cash | 68 | 41.72 | 61 | 7 |
| Daniel Short | Inv | 41.93 | 80 | |
| Ron Arthur | 81 | 42.64 | 72 | 5 |

| | | | | |
|-------------|-----|-------|-----|---|
| David Short | 44 | 44.81 | 0 | 4 |
| Ciara Short | Inv | 45.16 | 86 | |
| John Mathew | 84 | 77.00 | 137 | 3 |

834m E.T.

| | | Clock | Diff |
|---------------|-----|-------|-------|
| David Short | 44 | 3.03 | 0.03 |
| Avril Britter | 61 | 4.07 | 0.04 |
| Helen Bryan | 50 | 7.16 | -0.04 |
| Sandra Wynne | 69 | 4.04 | 0.06 |
| Daniel Short | Inv | 3.15 | -0.15 |
| Jeanne Bryan | 78 | 7.16 | 0.16 |
| Col Waring | 75 | 3.41 | -0.18 |
| John Kneen | 78 | 5.44 | -0.36 |
| Susan Short | 47 | 3.11 | -0.39 |
| Helen Castel | 57 | 4.10 | -0.40 |
| Ciara Short | Inv | 4.01 | -0.59 |

110m E.T.

| | | Clock | Diff. |
|---------------|-----|-------|-------|
| Ciara Short | Inv | 11.07 | 0.27 |
| Sandra Wynne | 69 | 11.49 | 0.31 |
| Avril Britter | 61 | 11.68 | -0.33 |
| Ron Arthur | 81 | 10.25 | -0.35 |
| Susan Short | 47 | 9.41 | -0.39 |
| Glad Wishart | 76 | 12.31 | 0.43 |
| Daniel Short | Inv | 11.05 | 0.45 |
| John Mathew | 84 | 19.33 | -0.47 |
| David Short | 44 | 8.18 | -0.72 |
| Sue Hewitt | 54 | 10.81 | 0.81 |
| Stephen Bird | 57 | 10.15 | -0.85 |

4 Km Self H/cap

| | | Clock | Actual |
|---------------|----|-------|----------|
| James O'Brien | 68 | 30.03 | 17.53 |
| Sandra Wynne | 69 | 30.19 | 22.08 |
| Avril Britter | 61 | 30.36 | 23.54 |
| Stephen Bird | 57 | 30.48 | 19.18 |
| Kevin Cassidy | 60 | 31.15 | 22.15 |
| John Kneen | 78 | 33.18 | 33.18 DQ |
| Helen Castel | 57 | | 24.15 |

3/ 5 Laps Road Walk E.T.

| | | Clock | Diff |
|-----------------------|----|-------|-------|
| <i>3 Laps - 2500m</i> | | | |
| Dawn Bennett | 75 | 22.58 | -0.02 |
| Glennis McPherson | 74 | 18.42 | -0.08 |
| Ian Cassell | 67 | 20.22 | 0.32 |
| Iris Boulton | 71 | 21.21 | 0.51 |
| Ian Beaumont | 84 | 26.03 | 1.13 |
| Margaret Beaumont | 82 | 26.03 | 1.23 |
| Michael Boulton | 65 | 22.40 | 1.40 |
| Jeanne Bryan | 78 | 29.07 | 4.07 |
| Helen Bryan | 50 | 29.07 | 4.27 |

MENTONE 13 JANUARY 2021 (cont)

| <i>5 Laps - 4170m</i> | | | |
|-----------------------|----|-------|-------|
| | | Clock | Diff |
| John Zeleznikow | 70 | 41.10 | 0.15 |
| Julian Boland | 57 | 30.21 | 0.31 |
| Geoff Barrow | 71 | 31.50 | -0.40 |

MENTONE 20 JANUARY 2021

| 800m Walk E.T. | | Clock | Diff. |
|-----------------------|-----|-------|-------|
| Susan Short | 47 | 5.34 | 0.04 |
| Dawn Bennett | 75 | 6.55 | -0.05 |
| Joan Clarke | 86 | 8.04 | -0.06 |
| Michael Boulton | 66 | 6.44 | -0.09 |
| Julian Boland | 57 | 4.54 | -0.11 |
| Kevin Cassidy | 60 | 3.38 | -0.12 |
| Iris Boulton | 71 | 6.16 | -0.19 |
| Ralph Bennett | 79 | 4.55 | -0.20 |
| Ian Beaumont | 84 | 7.24 | -0.20 |
| Sylvia Machin | 79 | 6.09 | -0.21 |
| Margaret Beaumont | 82 | 7.23 | -0.21 |
| John Mathew | 84 | 8.37 | -0.23 |
| Nola Finn | 84 | 10.59 | 0.29 |
| Daniel Short | Inv | 4.52 | -0.38 |
| Debbie Thomson | 63 | 9.09 | 0.39 |
| Roz Walker | 57 | 5.41 | -0.49 |
| Karen Sharp | 64 | 6.26 | -0.54 |

1500m Self H/cap

| | | Clock | Actual |
|----------------|-----|---------|-----------|
| Ciara Short | Inv | 11.48.5 | 7.33.5 |
| Susan Short | 47 | 11.49.9 | 6.19.9 |
| Greg Hughes | 62 | 11.50.0 | 8.28.0 |
| Daniel Short | Inv | 11.52.9 | 6.22.9 |
| Sandra Wynne | 69 | 11.54.6 | 7.34.6 |
| Frank McNamara | 67 | 12.07.7 | 5.57.7 |
| Avril Britter | 61 | 12.09.6 | 7.53.6 |
| John Kneen | 78 | 12.31.0 | 10.41.0 |
| Col Waring | 75 | 12.36.6 | 7.06.6 |
| Jeanne Bryan | 78 | 13.22.7 | 13.22.7 |
| Helen Bryan | 50 | 13.22.7 | 13.22.7 |
| David Short | 44 | | 5.28.6 DQ |
| Ashley Page | 80 | | 8.10.1 DQ |
| Helen Castel | 57 | | 7.57.9 DQ |

100m E.T.

| | | Clock | Diff. |
|---------------|-----|-------|-------|
| Ciara Short | Inv | 16.86 | 0.16 |
| Avril Britter | 61 | 19.21 | 0.31 |
| Vivienne Cash | 68 | 15.87 | -0.43 |
| Daniel Short | Inv | 17.14 | 0.44 |
| Glad Wishart | 76 | 20.56 | 0.55 |
| Ron Arthur | 81 | 16.81 | 0.79 |
| Susan Short | 47 | 14.93 | -0.87 |
| David Short | 44 | 12.67 | -1.03 |
| John Mathew | 84 | 60.48 | 27.18 |

2.5 Km E.T. Road

| | | Clock | Diff |
|-----------------|-----|-------|-------------|
| Avril Britter | 61 | 13.52 | 0.01 |
| Frank McNamara | 67 | 10.55 | -0.05 |
| Sandra Wynne | 69 | 13.33 | -0.07 |
| Ashley Birrell | 76 | 14.15 | 0.15 |
| Ashley Page | *** | 80 | 14.57 -0.18 |
| James O'Brien | 68 | 11.11 | -0.19 |
| John Zeleznikow | 70 | 25.27 | 0.27 |
| Helen Castel | 57 | 14.01 | 1.01 |
| Greg Hughes | 62 | 15.54 | -1.06 |
| John Kneen | 78 | 24.14 | 6.14 |

2x 800m Relay Walk

| | Clock |
|-------------------|-------|
| Helen Bryan | 11.42 |
| Michael Boulton | |
| Roz Walker | 12.01 |
| Ian Beaumont | |
| Iris Boulton | 12.05 |
| Karen Sharp | |
| Ian Cassell | 12.12 |
| Aileen | |
| Geoff Barrow | 12.14 |
| Margaret Beaumont | |

Times not recorded for the other three teams

MENTONE 27 JANUARY 2021**400m Walk E.T.**

| | | Clock | Diff. |
|-------------------|-----|-------|-------|
| Kevin Cassidy | 60 | 1.50 | 0.00 |
| Maureen Seedsman | 83 | 3.01 | 0.01 |
| Dawn Bennett | 76 | 3.23 | 0.03 |
| Sylvia Machin | 79 | 2.54 | -0.03 |
| Michael Boulton | 66 | 3.1 | -0.05 |
| Margaret Beaumont | 82 | 3.33 | -0.05 |
| Daniel Short | Inv | 2.19 | -0.06 |
| Susan Short | 47 | 2.28 | -0.07 |
| Ian Beaumont | 84 | 3.34 | -0.08 |
| Debbie Thomson | 63 | 4.29 | -0.08 |
| Kuni Bowden | 55 | 2.09 | -0.11 |
| Pam Mews | 86 | 3.54 | -0.11 |
| Iris Boulton | 72 | 3.01 | -0.14 |
| John Mathew | 84 | 4.01 | 0.16 |
| Sonya McLennan | 68 | 2.29 | -0.17 |
| Joan Clarke | 86 | 3.58 | -0.17 |
| Julian Boland | 57 | 2.17 | -0.18 |
| Nola Finn | 84 | 5.04 | -0.26 |

900m E.T.

| | | Clock | Diff |
|--------------|-----|--------|------|
| Sandra Wynne | 69 | 4.19.2 | -0.8 |
| Ashley Page | 80 | 4.52.8 | 2.8 |
| Susan Short | 47 | 3.23.4 | 3.4 |
| Daniel Short | Inv | 3.33.6 | 3.6 |

MENTONE 27 JANUARY 2021 (cont)

| | | | |
|---------------------|-----|--------|-------|
| Avril Britter | 61 | 4.32.2 | 7.2 |
| Ciara Short | Inv | 4.09.9 | 9.9 |
| Marlene Gourlay *** | 69 | 3.44.8 | -15.2 |
| Col Waring | 75 | 3.55.7 | 15.7 |
| Ralph Bennett | 79 | 5.02.7 | -17.3 |
| Kuni Bowden *** | 55 | 3.47.6 | 17.6 |
| Helen Castel | 57 | 4.34.4 | -35.6 |
| Helen Bryan | 50 | 7.20.1 | -89.9 |
| Jeanne Bryan | 78 | 7.20.1 | -89.9 |

200m E.T.

| | | Clock | Diff. |
|--------------|-----|-------|-------|
| Daniel Short | Inv | 36.69 | -0.31 |
| Ciara Short | Inv | 37.34 | 0.34 |
| Glad Wishart | 76 | 47.59 | -0.41 |
| Ron Arthur | 81 | 37.06 | -1.04 |
| Susan Short | 47 | 34.6 | 2.6 |

3K Self H/c *Agg Event*

| | | Clock | Actual | |
|-----------------|----|-------|--------|---|
| Ashley Birrell | 76 | 19.08 | 16.48 | 7 |
| Kuni Bowden | 55 | 19.12 | 13.42 | 5 |
| Helen Castel | 57 | 19.17 | 17.17 | 4 |
| James O'Brien | 68 | DQ | 13.04 | 1 |
| Sandra Wynne | 69 | DQ | 15.56 | 1 |
| Avril Britter | 61 | DQ | 16.35 | 1 |
| Stephen Bird | 57 | DQ | 13.34 | 1 |
| Kevin Cassidy | 60 | DQ | 15.41 | 1 |
| Sonya McLennan | 68 | DQ | 16.55 | 1 |
| Greg Hughes | 62 | DQ | 17.40 | 1 |
| Marlene Gourlay | 69 | DQ | 14.15 | 1 |

3/5 Laps Road Walk ET *Agg Event*

| <u>3 Laps - 2500m</u> | | | | |
|-----------------------|----|-------|-------|-----|
| | | Clock | Diff | Pts |
| Dawn Bennett | 75 | 22.18 | -0.02 | 7 |
| Maureen Seedsman | 83 | 21.47 | -0.13 | 5 |
| Glennis McPherson | 74 | 18.42 | -0.18 | 4 |
| Sylvia Machin | 79 | 19.28 | -0.32 | 3 |
| Ian Cassell | 67 | 20.39 | 0.40 | 2 |
| Ralph Bennett | 79 | 16.48 | -0.42 | 1 |
| Julian Boland | 57 | 16.32 | -0.48 | 1 |
| Margaret Beaumont | 82 | 25.09 | -0.53 | 1 |
| Ian Beaumont | 84 | 25.09 | -1.01 | 1 |
| Helen Bryan | 50 | 28.04 | 1.04 | 1 |
| Iris Boulton | 71 | 21.30 | -1.30 | 1 |
| Jeanne Bryan | 78 | 28.04 | 1.34 | 1 |
| Michael Boulton | 65 | 22.17 | -3.03 | 1 |
| <u>5 Laps - 4170m</u> | | | | |
| John Zeleznikow | 70 | 40.40 | -1.15 | 7 |

SPRINGVALE 6 JANUARY 2021**100 metres**

| | | |
|-----------------|----|-------|
| Sayed KHATAN | 70 | 16.30 |
| Chris | | 16.90 |
| Mike HALL | 82 | 17.20 |
| Juan PEREZ | 81 | 20.50 |
| Lindsay OXENHAM | 71 | 22.10 |
| Kevin ONLEY | 87 | 29.00 |

700 metres

| | | |
|-----------------|----|------|
| Chris | | 2.47 |
| Paul MULLINS | 80 | 3.02 |
| Dave TALBOT | 66 | 3.06 |
| Dave BAXTER | 53 | 3.14 |
| Lou BUCCIERI | 65 | 3.26 |
| Lindsay OXENHAM | 71 | 3.27 |
| Juan PEREZ | 81 | 4.31 |
| Paul WINTERTON | 66 | 5.43 |

2500 metres road walk

| | | |
|-----------------------|----|-------|
| Tony DORAN | 68 | 21.13 |
| Anand THILLAISUNDARAM | 44 | 21.13 |
| Frank ALLEN | 76 | 22.17 |
| Pam THOMAS | 71 | 23.05 |
| Natalie IRVINE | 74 | 25.14 |
| Eric NEGROS | 57 | 26.01 |

4000 metres road run

| | | |
|-----------------|----|--------|
| Chris | | 18.41 |
| Alan BENNIE | 73 | 18.43 |
| Howard REES | 73 | 21.50 |
| Kevin ONLEY | 87 | 20.13? |
| Lou BUCCIERI | 65 | 21.46 |
| Sayed KHATAN | 70 | 21.57 |
| Lindsay OXENHAM | 71 | 22.14 |
| Bill IRVINE | 72 | 22.58 |
| Ian TREGGAR | 70 | 24.17 |
| Juan PEREZ | 81 | 28.55 |

SPRINGVALE 13 JANUARY 2021**120 metres**

| | | |
|-------------------|----|-------|
| Sayed KHATAN | 70 | 19.30 |
| Chris EFTHIMIADIS | 54 | 19.80 |
| Mike HALL | 82 | 20.80 |
| Juan PEREZ | 81 | 25.20 |
| Lindsay OXENHAM | 71 | 26.20 |
| Tracey HUTCHINSON | 50 | 28.20 |
| Dominique RUELOT | 69 | 30.10 |
| Eric NEGROS | 57 | 39.20 |

80 metres HT 1

| | | |
|------------------|----|-------|
| Ian TREGGAR | 70 | 15.20 |
| Juan PEREZ | 81 | 15.70 |
| Lindsay OXENHAM | 71 | 17.70 |
| Dominique RUELOT | 69 | 19.90 |
| Kevin ONLEY | 87 | 21.90 |

SPRINGVALE 13 JANUARY 2021 (cont)**80 metres HT 2**

| | | |
|-------------------|----|-------|
| Sayed KHATAN | 70 | 12.80 |
| Chris EFTHIMIADIS | 54 | 13.10 |
| Mike HALL | 82 | 13.90 |
| Tracey HUTCHINSON | 50 | 16.20 |
| Eric NEGROS | 57 | 26.40 |

1000 metres

| | | |
|--------------|----|------|
| Alan BENNIE | 73 | 4.08 |
| Lou BUCCIERI | 65 | 4.54 |

600 metres

| | | |
|-----------------|----|------|
| Paul MULLINS | 80 | 2.27 |
| Troy JEFFS | 46 | 2.46 |
| Howard REES | 73 | 2.50 |
| Lindsay OXENHAM | 71 | 3.08 |
| Sayed KHATAN | 70 | 3.15 |
| Juan PEREZ | 81 | 3.19 |
| Kevin ONLEY | 87 | 4.11 |
| Paul WINTERTON | 66 | 4.52 |

3100 metres road run

| | | | |
|-------------------|----|-------|-----|
| Alan BENNIE | 73 | 17.04 | |
| Lou BUCCIERI | 65 | 17.07 | |
| Bill IRVINE | 72 | 17.22 | |
| Ian TREGGAR | 70 | 18.40 | |
| Dominique RUELOT | 69 | 18.58 | |
| Kevin ONLEY | 87 | 19.10 | |
| Paul MULLINS | 80 | 19.17 | |
| Tracey HUTCHINSON | 50 | 20.33 | |
| Juan PEREZ | 81 | 21.32 | |
| Sayed KHATAN | 70 | 11.49 | 2km |

5000 metres road run

| | | |
|-------------------|----|-------|
| Chris EFTHIMIADIS | 54 | 23.43 |
| Howard REES | 73 | 24.01 |
| Will SELICK | 49 | 28.27 |
| Lindsay OXENHAM | 71 | 28.40 |
| Troy JEFFS | 46 | 30.00 |
| Chris McARDLE | 67 | 29.59 |

2500 metres walk

| | | |
|-----------------------|----|-------|
| Pam THOMAS | 71 | 22.53 |
| Tony DORAN | 68 | 21.59 |
| Natalie IRVINE | 74 | 24.50 |
| Jim SMITH | 80 | 25.42 |
| John MANNING | 74 | 25.42 |
| Eric NEGROS | 57 | 27.15 |
| Celia JOHNSON | 73 | 27.15 |
| Anand THILLAISUNDARAM | 44 | 27.49 |
| Frank ALLEN | 76 | 32.57 |

SPRINGVALE 20 JANUARY 2021**20/1/21 70 metres ht.1**

| | | |
|-------------------|----|-------|
| Juan PEREZ | 81 | 13.10 |
| Tracey HUTCHINSON | 50 | 13.30 |
| Lindsay OXENHAM | 71 | 14.90 |
| Mick COLGAN | 69 | 16.50 |
| Dominique RUELOT | 69 | 16.90 |
| Eric NEGROS | 57 | 21.90 |

70 metres ht.2

| | | |
|-------------------|----|-------|
| Alan ANDERSON | 31 | 9.50 |
| Helen ANDERSON | 58 | 11.10 |
| Sayed KHATAN | 70 | 11.40 |
| Chris EFTHIMIADIS | 54 | 11.60 |
| Ian TREGGAR | 70 | 13.60 |
| Troy JEFFS | 46 | 14.10 |

300 metres walk

| | | |
|-------------|----|------|
| Frank ALLEN | 76 | 2.17 |
| Mick COLGAN | 69 | 2.17 |
| Eric NEGROS | 57 | 2.50 |

700 metres

| | | |
|-------------------|----|------|
| Chris EFTHIMIADIS | 54 | 2.39 |
| Howard REES | 73 | 3.06 |
| Lou BUCCIERI | 65 | 3.20 |
| Lindsay OXENHAM | 71 | 3.29 |
| Juan PEREZ | 81 | 4.21 |

300 metres

| | | |
|-------------------|----|--------|
| Alan ANDERSON | 31 | 43.50 |
| Sayed KHATAN | 70 | 56.80 |
| Chris EFTHIMIADIS | 54 | 60.80 |
| Lindsay OXENHAM | 71 | 82.60 |
| Paul WINTERTON | 66 | 83.40 |
| Juan PEREZ | 81 | 93.10 |
| Kevin ONLEY | 87 | 98.80 |
| Dominique RUELOT | 69 | 99.50 |
| Mick COLGAN | 69 | 104.70 |

2000 metres walk

| | | |
|-----------------------|----|-------|
| Anand THILLAISUNDARAM | 44 | 14.58 |
| Tony DORAN | 68 | 16.07 |
| Frank ALLEN | 76 | 17.04 |
| Celia JOHNSON | 73 | 17.24 |
| Pam THOMAS | 71 | 17.46 |
| Jim SMITH | 80 | 19.33 |
| Natalie IRVINE | 74 | 19.33 |
| Eric NEGROS | 57 | 20.54 |
| Dominique RUELOT ru | 69 | 14.50 |
| Tracey HUTCHINSON | 50 | 14.55 |

3100 metres road run

| | | |
|-------------------|----|-------|
| Chris EFTHIMIADIS | 54 | 13.44 |
| Alan BENNIE | 74 | 13.58 |
| Howard REES | 73 | 14.10 |
| Will SELICK | 49 | 16.43 |
| Troy JEFFS | 46 | 16.27 |

SPRINGVALE 20 JANUARY 2021 (cont)

| | | |
|-----------------|----|-------|
| Bill IRVINE | 72 | 16.48 |
| Dave TALBOT | 66 | 17.12 |
| Lou BUCCIERI | 65 | 17.17 |
| Lindsay OXENHAM | 71 | 17.24 |
| Sayed KHATAN | 70 | 17.37 |
| Paul MULLINS | 80 | 17.40 |
| Ian TREGEAR | 70 | 18.49 |
| Kevin ONLEY | 87 | 20.17 |
| Rob CLUTTERBUCK | 67 | 20.17 |
| Juan PEREZ | 81 | 21.22 |
| Tony JOHNSON | 80 | 21.56 |

SPRINGVALE 27 JANUARY 2021**600 metres**

| | | |
|-----------------|----|------|
| Paul MULLINS | 80 | 2.32 |
| Dave TALBOT | 66 | 2.36 |
| Sayed KHATAN | 70 | 2.37 |
| Howard REES | 73 | 2.45 |
| Lindsay OXENHAM | 71 | 3.06 |
| Juan PEREZ | 81 | 3.44 |
| Celia JOHNSON | 73 | 4.58 |

1000 metres

| | | |
|---------------|----|------|
| Tom KURUVILLA | | 3.37 |
| Lou BUCCIERI | 65 | 4.50 |

150 metres ht.1

| | | |
|-----------------|----|-------|
| Alan ANDERSON | 31 | 20.70 |
| Sayed KHATAN | 70 | 24.40 |
| Helen ANDERSON | 58 | 25.00 |
| Mike HALL | 82 | 26.70 |
| Lindsay OXENHAM | 71 | 32.90 |
| Paul WINTERTON | 66 | 34.10 |
| Juan PEREZ | 81 | 36.40 |

150 metres ht.2

| | | |
|----------------|----|-------|
| Helen ANDERSON | 58 | 26.70 |
| Chris McARDLE | 67 | 28.60 |
| Alan BENNIE | 74 | 34.20 |

3100 metres road run

| | | |
|-------------------|----|-------|
| Will SELICK | 49 | 13.51 |
| Howard REES | 73 | 15.01 |
| Troy JEFFS | 46 | 16.40 |
| Lou BUCCIERI | 65 | 17.08 |
| Lindsay OXENHAM | 71 | 17.18 |
| M HUTCHINSON | | 17.33 |
| Bill IRVINE | 72 | 17.42 |
| Helen ANDERSON | 58 | 17.58 |
| Ian TREGEAR | 70 | 19.01 |
| Sayed KHATAN | 70 | 20.22 |
| Tracey HUTCHINSON | 50 | 24.56 |

6200 metres road run

| | | |
|-------------|----|-------|
| Alan BENNIE | 74 | 33.59 |
|-------------|----|-------|

70 metres

| | | |
|-------------------|----|-------|
| Sayed KHATAN | 70 | 11.60 |
| Ian TREGEAR | 70 | 12.80 |
| Tracey HUTCHINSON | 50 | 13.40 |
| Juan PEREZ | 81 | 14.70 |
| Paul WINTERTON | 66 | 16.00 |
| Kevin ONLEY | 87 | 19.10 |
| Eric NEGROS | 57 | 21.90 |

road walks

| | | |
|-----------------------|----|-------|
| Anand THILLAISUNDARAM | 44 | 13.07 |
| Tony JOHNSON | 80 | 13.07 |
| Cassie JACOBS | 39 | 14.13 |
| Kevin ONLEY | 87 | 14.22 |
| Natalie IRVINE | 74 | 15.13 |
| Pam THOMAS | 71 | 15.13 |
| Juan PEREZ | 81 | 21.28 |
| John MANNING | 74 | 23.16 |
| Eric NEGROS | 57 | 23.16 |
| Tony DORAN | 68 | 24.09 |
| Celia JOHNSON | 73 | 25.10 |
| Frank ALLEN | 76 | 26.33 |
| Jim SMITH | 80 | 26.33 |