

Around the Grounds

Venue Results for March 2021



Aberfeldie, Casey, Coburg, Croydon, Doncaster,
East Burwood, Frankston, Geelong, Glen Eira,
Knox, Mentone, Springvale/Noble Park

ABERFELDIE 3 March 2021**100m**

Name	Age	Time (S)	Age-grade
Michael Orelli	76	27.8	48.2%
Tony Bradford	81	19.3	74.8%
Joe Dilworth	69	17.8	69.4%
Bill Ristevski	56	17.6	64.8%
Maggie Armstrong	58	19.4	68.5%
Ruby Beveridge	19	19.0	56.1%
Narelle Wilson	53	18.7	67.6%

1500m

Name	Age	Time	Age-grade
Michael Orelli	76	09:18	55.2%
John Papworth	52	06:57	57.3%
Trevor Hawksworth	73	08:35	56.8%
David Jones	70	06:58	67.3%
Maggie Armstrong	58	08:08	63.1%
Andrea Draper	43	09:18	45.5%
Bill Ristevski	56	09:03	45.5%
Shane Draper	47	05:26	70.5%

300m

Name	Age	Time (S)	Age-grade
Michael Orelli	76	98.0	45.9%
Bill Ristevski	56	77.0	46.8%
Narelle Wilson	53	81.0	50.7%
Maggie Armstrong	58	71.0	60.8%

3000m/5000m

Name	Age	Time	Age-grade
Shane Draper	47	13:16	61.7%
Michael Orelli	76	19:35	56.0%
Alfred Lendvai	66	16:00	60.1%
David Jones	70	15:52	63.1%
Andrea Draper	43	19:35	46.0%
Ruby Beveridge	19	18:15	46.0%

5000m

John Papworth	52	25:14	58.1%
Bill Ristevski	56	34:35	43.8%

ABERFELDIE 10 March 2021**1000m**

Name	Age	Time	Age-grade
Michael Orelli	76	06:05	54.0%
John Papworth	52	03:51	66.6%
Adam Gregory	36	03:31	62.9%
David Jones	70	04:37	64.8%
Maggie Armstrong	58	04:55	63.1%
Andrea Draper	43	06:05	42.8%
Ruby Beveridge	19	05:11	47.4%
Bill Ristevski	56	05:27	48.7%
Heath Beveridge	17	04:54	46.2%

400m

Name	Age	Time	Age-grade
Joe Dilworth	69	91.5	63.4%
Bill Ristevski	56	107.0	48.2%
Maggie Armstrong	58	97.5	64.3%

2000m/4000m

Name	Age	Time	Age-grade
Michael Orelli	76	13:23	52.7%
Trevor Hawksworth	73	11:48	56.9%
David Jones	70	10:40	60.5%
Shane Draper	47	08:53	59.3%
Ruby Beveridge	19	12:25	43.3%
Andrea Draper	43	13:25	43.4%

4000m

Adam Gregory	36	15:57	64.2%
John Papworth	52	19:21	59.9%
Bill Ristevski	56	27:08	44.1%
Graham Eadie	69	24:56	54.0%
Alfred Lendvai	66	21:58	59.5%

ABERFELDIE 24 March 2021**100m Handicap**

Name	Age	Position
Jamie Papworth	19	1
Joe Dilworth	69	2
Graham Eadie	69	3
Maggie Armstrong	58	4
Bill Ristevski	56	5
Ruby Beveridge	19	6
John Howes	85	7
Tony Bradford	81	8
Michael Orelli	76	9

1200m

Name	Age	Time (Min:secs)
Michael Orelli	76	07:29
Trevor Hawksworth	73	06:34
Michael Ennis	67	06:07
Ruby Beveridge	19	06:03
Maggie Armstrong	58	06:39
Andrea Draper	43	07:29
Bill Ristevski	56	07:14
John Papworth	52	04:53

400m

Name	Age	Time	Age-grade
Joe Dilworth	69	88.3	65.7%
Ruby Beveridge	19	86.0	56.8%
Maggie Armstrong	58	97.3	64.4%

ABERFELDIE 24 March 2021 (cont)**5000m**

Name	Age	Time	Age-grade
Michael Orelli	76	32:39	57.8%
Bill Ristevski	56	30:47	49.2%
Graham Eadie	69	31:15	54.5%
Andrea Draper	43	31:59	48.1%
John Papworth	52	27:29	53.3%
Alfred Lendvai	66	29:44	55.7%
Shane Draper	47	20:46	67.8%
Heath Beveridge (W)	17	29:00	65.1%

110m

Name	Age	Time
Michael Orelli	76	29.5
Tony Bradford	81	22.1
Joe Dilworth	69	14.3
John Howes	85	30.5
Maggie Armstrong	58	19.8

1500m

Name	Age	Time	Age-grade
Michael Orelli	76	09:16	55.4%
Allan Cook	58	04:52	86.1%
Trevor Hawsworth	73	08:11	59.6%
Andrea Draper	43	07:55	53.5%

4000m

Name	Age	Time	Age-grade
Bill Ristevski	56	22:49	52.5%
Alfred Lendvai	66	23:01	56.8%
Shane Draper	47	15:56	69.8%
John Papworth	52	21:20	54.3%
Maggie Armstrong	58	24:58	59.2%
Ruby Beveridge	19	24:39	46.4%
Heath Beveridge (W)	17	20:59	

3200m

John Dean	76	23:15
Joe Dilworth	69	23:15

2800m

Andrea Draper	43	17:31
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CASEY FIELDS 1 March 2021

<u>90m sprint</u>	Age	Time
Kuldeep Singh	37	11.04
Jeet Singh	64	11.97
Noel Fairburn	60	15.09
Mike Hall	82	15.55
Arlene D'Monte	62	18.90

<u>110m sprint</u>	Age	Time
Kuldeep Singh	37	13.68
Jeet Singh	64	15.01
Gulshan Kaur	36	17.91
Noel Fairburn	60	18.15
Mike Hall	82	19.29
Nav	37	23.91

<u>3km track run/walk</u>	Age	Time
Gary Meyer	66	17.29
Albin Hess	61	23.05 walk
Marnie Grace	46	23.05 walk
Arlene D'Monte	62	25.18 walk
Heather Vueti		15.08 1500m walk

<u>Discus</u>	Age	Best
Paul Olsson	64	26.80
Noel Fairburn	60	24.34
Albin Hess	61	15.85

CASEY FIELDS 15 March 2021

<u>100m sprint</u>	Age	Time
Kuldeep Singh	37	13.51
Sukhwinder Singh	30	13.9
Narinder Singh	37	14.13
Jeet Singh	64	14.67
Rob Italia	55	18.55
Mike Hall	82	18.93

<u>Hybrid run/walk</u>	Age	Time	
Paul Conduit	55	11.24	1 x road
Kylie Irshad	49	21.01	
Gary Meyer	66	21.03	
Arlene D'Monte	62	21.14	1 x road, walk
Hsien Chiam	49	21.17	1 x road, walk
Kevin Cassidy	60	21.20	
Lindsay Beaton	71	22.00	1 x road, walk
Albin Hess	61	37.28	walk

<u>120m sprint</u>	Age	Time
Jeet Singh	64	17.21
Narinder Singh	37	20.39
Hsien Chiam	49	22.5

CASEY FIELDS 15 March 2021 (cont)800m run/walk

Kuldeep Singh	37	2.37.9
Rob Italia	55	3.24
Paul Conduit	55	3.29
Hsien Chiam	49	4.05
Kylie Irshad	49	4.21 walk
Arlene D'Monte	62	6.31 walk
Lindsay Beaton	71	7.24 walk

CASEY FIELDS 22 March 202170 m sprint

Kuldeep Singh	37	8.98
Narinder Singh	37	9.28
Jeet Singh	64	9.98
Gulshan Kaur	35	12.00

Road run/walk

Gary Meyer	60	12.18	1 lap
Hsien Chiam	49	14.20	1 lap
Ian Savage	69	22.44	2 laps
Lindsay Beaton	71	22.54	Walk, 1 lap
Frances Halton	59	23.14	2 laps

200m sprint

Kuldeep Singh	37	26.21
Narinder Singh	37	27.51
Jeet Singh	64	27.81
Noel Fairburn	60	32.85
Arman	inv	34.79

CASEY FIELDS 29 March 202180m sprint

Kuldeep Singh	37	10.15
Narinder Singh	37	10.81
Jeet Singh	64	11.36
Noel Fairburn	60	13.64
Gulshan Kaur	35	13.64
Mike Hall	82	14.48

400m run

Kuldeep Singh	37	1.00
Narinder Singh	37	1.02
Jeet Singh	64	1.06

1 XC loop - run/walk

Kylie Irshad	49	18.28
Gary Meyer	60	18.31
Allison Devine		24.26
Albin Hess	61	25.01 walk
Arlene D'Monte	62	28.06 walk
Lindsay Beaton	71	35.12 walk

1 mile run

Frances Halton	59	10.18
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COBURG 4 March 2021100mHeat: 1

Rob LEWIS	73	26.00
Michelle SPORTON	55	26.05
Rob DAVEY	81	34.96
Ken CARTER	68	49.66

Heat: 2

Patrick GAME	14	13.54
Jabez TOBGUI	17	14.10
Isabelle RAINES	18	14.80
Gary O'DWYER	61	15.00

1000m Walk

Donna-Marie ELMS	59	5.58
Fiona ELY	51	9.15

1500m

Fraser MURRAY	49	5.24
Ben PEARMAN	37	5.42
Ollie VAN HEUSDEN	32	5.44
Matt HALLETT	31	6.54
Maria BARBETTI	55	7.36
Gary O'DWYER	61	7.56
Len HALLETT	71	8.33
Yolanda SHAW	68	9.22
Ken CARTER	68	15.41

400mHeat: 1

Yolanda SHAW	68	1.56.0
Rob LEWIS	73	2.12.0
Rob DAVEY	81	2.45.0
Michelle SPORTON	55	3.23.0
Ken CARTER	68	4.15.0

Heat: 2

Patrick GAME	14	1.03.9
Ben PEARMAN	37	1.06.6
Isabelle RAINES	18	1.07.5
Gary O'DWYER	61	1.16.4

2km Walk

Fiona ELY	51	19.03
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3km lake run

Gary O'DWYER	61	15.48
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3km

Ollie VAN HEUSDEN	32	12.46
Fraser MURRAY	49	14.40
Maria BARBETTI	55	16.41
Len HALLETT	71	17.46
Matt HALLETT	31	18.41
Ken CARTER	68	33.57

COBURG 11 March 2021**90m**

Jabez TOBGUI	17	12.60
Isabelle RAINES	18	13.24
Gary O'DWYER	61	13.89
Michelle SPORTON	55	22.94
Ken CARTER	68	42.22

1000m

Ben PEARMAN	37	3.16	
Fraser MURRAY	49	3.24	
Ollie VAN HEUSDEN	32	3.33	
Isabelle RAINES	18	3.38	
Matt HALLETT	31	4.12	
Michael MEANEY	65	4.33	
Maria BARBETTI	55	4.45	
Gary O'DWYER	61	4.54	
Len HALLETT	71	5.33	
Yolanda SHAW	68	5.48	
Donna-Marie ELMS	59	5.51	Walk
Tracy COLBERT	51	6.33	Walk
Ken CARTER	68	10.36	

200m**Heat: 1**

Michael MEANEY	65	37.25	
Brian DELANEY	67	38.74	
Yolanda SHAW	68	49.90	
Donna-Marie ELMS	59	56.40	Walk
Michelle SPORTON	55	58.00	
Ken CARTER	68	1.59.0	

Heat: 2

Ethan O'NEILL	20	26.88
Jabez TOBGUI	17	27.41
Paul O'NEILL	55	30.23
Isabelle RAINES	18	31.21
Gary O'DWYER	61	31.75

2km

Ollie VAN HEUSDEN	32	8.17	
Michael MEANEY	65	10.25	
Tracy COLBERT	51	12.42	
Donna-Marie ELMS	59	12.42	Walk
Ken CARTER	68	22.42	

4km

Ben PEARMAN	37	17.37
Fraser MURRAY	49	19.42
Gary O'DWYER	61	20.55
Maria BARBETTI	55	22.35
Matt HALLETT	31	25.10
Len HALLETT	71	25.10

COBURG 18 March 2021**110m**

Patrick GAME	14	15.00
Isabelle RAINES	18	15.94
Gary O'DWYER	61	16.35
Ben PEARMAN	37	18.55
Rob LEWIS	73	26.32
Ken CARTER	68	53.78

1200m Walk

Donna-Marie ELMS	59	7.04
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1600m

Ben PEARMAN	37	5.43
Fraser MURRAY	49	5.51
Jason SELVA	40	6.05
Ollie VAN HEUSDEN	32	6.21
Matt HALLETT	31	7.26
Fiona ELY	51	7.56
Len HALLETT	72	9.12
Yolanda SHAW	68	9.50
Ken CARTER	68	16.14

300m

Patrick GAME	14	45.27
Isabelle RAINES	18	47.61
Rob LEWIS	73	1.24.1
Yolanda SHAW	68	1.24.3
Ken CARTER	68	3.06.0

1 lap

Rob LEWIS	73	2.28
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Lap run

Jason SELVA (6)	40	9.27
Fiona ELY (6)	51	11.55
Matt HALLETT (8)	31	15.51
Ben PEARMAN (10)	37	17.39
Fraser MURRAY (10)	49	19.20
Len HALLETT (8)	72	19.48
Ken CARTER (6)	68	27.24

COBURG 25 March 2021**80m**

Jason SELVA	40	11.13
Jabez TOBGUI	17	11.14
Donna-Marie ELMS	59	16.91
Rob LEWIS	73	18.02
Ken CARTER	68	25.94

100m

Ethan O'NEILL	20	12.30
Patrick GAME	14	13.78

COBURG 25 March 2021 (cont)**1200m**

Carl KENNEDY	55	5.17	
Michael MEANEY	65	5.31	
Matt HALLETT	31	5.47	
Fiona ELY	51	6.01	
Maria BARBETTI	55	6.04	
Len HALLETT	71	6.57	
Yolanda SHAW	68	7.09	
Donna-Marie ELMS	59	7.15	walk
Ben PEARMAN	37	7.29	
Rob DAVEY	81	9.55	
Ken CARTER	68	12.37	

1200m

Rob DAVEY	81	11.02	
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3km

Matt HALLETT	31	14.42	
Michael MEANEY	65	14.57	
Fiona ELY	51	15.03	
Maria BARBETTI	55	16.53	
Len HALLETT	71	19.21	
Ken CARTER	68	34.38	

5km

Jason SELVA	40	19.42	
Ben PEARMAN	37	22.21	

3 x 100m Teams Relay**1 - Team Elliott**

Jason SELVA	40		
Patrick GAME	14		
Yolanda SHAW	68		

2 - Team Stevens

Michael MEANEY	65		
Matt HALLETT	31		
Maria BARBETTI	55		

3 - Team Boyle

Ben PEARMAN	37		
Len HALLETT	72		
Rob DAVEY	81		

4 - Team Aitken

Brian DELANEY	67		
Frank BRADLEY	65		
Ken CARTER	68		

All Comers

Donna-Marie ELMS	59		
Fiona ELY	51		
Rob LEWIS	73		

CROYDON 2 MARCH 2021**1000 METRE WALK**

Alison THOMPSON	67	5.53	
Grant MURFETT	53	6.59	
Debbie VOOGD	55	7.17	
Phyllis GOSBELL	82	8.35	
Rob STAGG	54	8.55	
Al WILLEY	81	9.02	
Liz WRIGLEY	65	9.39	
Barry MURLEY	82	9.40	
Ron CRACKNELL	74	9.46	
Gary TURNER	67	9.47	
Ron SMITH	72	11.26	
Barrie WICKS	80	12.07	

70 METRE SPRINT

Grant MURFETT	53		
Rob STAGG	54	No	
Ron CRACKNELL	74		
Russell OAKLEY	81	Times	
Allan WOOD	83		
Rob SMITH	72		

800 METRE RUN

Paul DURRANT	59	3.10	
Rob STAGG	54	3.20	
Erika BEDYN	58	3.36	
Ron CRACKNELL	74	4.04	

270 METRE SPRINT N.O.T.

Grant MURFETT	53	39.1	
Rob STAGG	54	55.2	
Russell OAKLEY	81	58.9	
Ron CRACKNELL	74	61.5	
Allan WOOD **	83	74.7	

** Winner - Allan Wood

7 LAPS RUN/WALK IN 24 MINS. N.O.S.T.

Ron CRACKNELL	74	21.18	
Erika BEDYN	58	22.09	
Tony FREEGARD	64	22.14	
Alison THOMPSON	68	23.43	Walk
Debbie VOOGD **	55	24.01	Walk
Phyllis GOSBELL	82	24.25	Walk
Al WILLEY	81	26.36	Walk

** Winner - Debbie Voogd

CROYDON 9 MARCH 2021**1500 METRE RUN IN 8 MINS.**

Alison THOMPSON	67	7.52	
Erika BEDYN **	58	7.59	
Colin PAGE	67	8.02	
Andrew EGGINTON	59	8.26	

** Winner - Erika Bedyn

CROYDON 9 MARCH 2021 (cont)1500 METRE WALK

Alison THOMPSON	67	9.22
Debbie VOOGD	55	16.41
Jess DUX	36	13.02
Phyllis GOSBELL	82	13.12
AI WILLEY	81	13.48
Lyn BATCHELOR	72	15.01
Colin WILLIAMS	71	15.02
Liz WRIGLEY	65	15.32
Allan WOOD	83	15.32
Gary TURNER	67	15.43
Barry MURLEY	82	15.44
Ron SMITH	72	16.55
Barrie WICKS	80	18.41

120 METRE SPRINTHeat 1:

Allan WOOD	83	25.8
Andrew FRASER	79	26.2
Ron SMITH	72	30.8

Heat 2:

Jess DUX	36	17.1
Grant MURFETT	53	17.3
Paul DURRANT	59	17.8

200 METRE SPRINT

Grant MURFETT	53	26.8
Jess DUX	36	29.1
Paul DURRANT	59	34.5
Allan WOOD	83	43.5
Andrew FRASER	79	52.3

4 OR 6 LAPS WALK4 Laps:

Phyllis GOSBELL	82	15.29
AI WILLEY	81	15.30

6 Laps:

Alison THOMPSON	67	16.02
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8 OR 10 LAPS RUN8 Laps:

Andrew EGGINTON	59	16.45
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10 Laps:

Tony FREEGARD	64	19.47
Colin PAGE	67	20.37
Geoff ARNOTT	72	20.51

SHOT PUT

Paul DURRANT	59	8.88
Tania NEALE	42	8.20
Erika BEDYN	58	6.12

CROYDON 16 MARCH 20211400 METRE WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Paul MORITZ	62	9.24	9.40
Grant MURFETT	53	9.26	10.10
Debbie VOOGD **	55	10.12	10.15
Liz WRIGLEY	65	11.58	12.30
Phyllis GOSBELL	82	12.32	12.05
AI WILLEY	82	12.54	12.30
Colin WILLIAMS	71	13.52	—
Gary TURNER	67	13.57	12.50
Barry MURLEY	82	13.59	—
Barrie WICKS	80	16.55	14.20
Ron SMITH	72	17.11	

** Winner - Debbie Voogd

60 METRE SPRINT

Jess DUX	36	8.7
Paul DURRANT	59	9.2
Grant MURFETT	53	10.8
Russell OAKLEY	81	11.3
Allan WOOD	83	12.8

400 METRE RUN

Grant MURFETT	53	65.3
Andrew EGGINTON	59	79.0
Russell OAKLEY	81	100.2
Allan WOOD	83	137.5

15 OR 25 MINUTES RUN/WALK

<u>15 mins:</u>	<u>Laps</u>	<u>Metres</u>	
Paul DURRANT	59	7	380
Mark CHALLEN	63	6	150
Phyllis GOSBELL	82	3	280 Walk
AI WILLEY	82	3	280 Walk
Colin WILLIAMS	71	2	Walk
Barrie WICKS	80	2	Walk

25 mins:

Andrew EGGINTON	59	13	250
Tony FREEGARD	64	3	250
Paul MORITZ	62	8	300 Walk
Debbie VOOGD	55	8	Walk

JAVELIN THROW 16.3.2021

Grant MURFETT	53	19.46
Jess DUX	36	18.55
Allan WOOD	83	16.24

CROYDON 23 MARCH 202190 METRE SPRINT

Jess DUX	36	12.7
Grant MURFETT	53	13.6
Ron CRACKNELL	74	16.6
Russell OAKLEY	81	16.9
Allan WOOD	83	18.3

CROYDON 23 MARCH 2021 (cont)**1200 METRE WALK**

Carolyn ROSENBROCK	59	7.25
Paul MORITZ	61	8.04
Gunther ILGLOUTZ	82	8.07
Lyn BATCHELOR	72	9.38
Ron CRACKNELL	74	10.35
AI WILLEY	82	11.06
Tania NEALE	42	11.46
Barrie WICKS	81	15.17

1300 METRES RUN N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Grant MURFETT	53	5.06	6.00
Colin PAGE	67	5.25	7.30
Paul DURRANT	59	5.54	6.20
Ron CRACKNELL **	74	6.59	7.00

** Winner - Ron Cracknell

300 METRE SPRINT

Grant MURFETT	53	45.1
Jess DUX	36	50.6
Russell OAKLEY	81	65.4
Ron CRACKNELL	74	71.6

3200 METRES RUN/WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Colin PAGE	67	14.18	
Tony FREEGARD**	64	15.20	15.00
Ron CRACKNELL	74	19.01	20.00
Paul MORITZ	61	23.16	24.00
Lyn BATCHELOR (	72	30.04	
AI WILLEY (Walk)	82	30.25	29.40

** Winner - Tony Freegard

SHOT PUT

Paul DURRANT	59	9.64
Jess DUX	36	8.18
Tania NEALE	42	7.77
Allan WOOD	83	6.39

CROYDON 30 MARCH 2021**80 METRE SPRINT**

Jess DUX	36	11.1
Grant MURFETT	53	12.0
Russell OAKLEY	81	14.8
Allan WOOD	83	17.0
Andrew FRASER	79	18.2
Ron SMITH	72	21.2

350M SPRINT N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Grant MURFETT **	53	53.2	55.0
Jess DUX	36	68.2	
Russell OAKLEY	81	78.2	90.0
Allan WOOD	83	108.5	105.0

** Winner - Grant Murfett

2 x 2 x 400 METRE WALK RELAY

Chloe DUX	Inv	
Andrew EGGINTON	59	10.48
Phyllis GOSBELL	82	
Paul MORITZ	61	10.49
Taylah DUX	Inv	
Jess DUX	36	11.02
Andrew FRASER	79	
Gunther ILGLOUTZ	82	11.14
Gary TURNER	67	
Debbie VOOGD	55	11.41
Kasen WILLIAMS	Inv	
Tania NEALE	42	11.42
AI WILLEY	82	
Lyn BATCHELOR	72	12.23
Ron SMITH	72	
Grant MURFETT	53	12.24

2 KM WALK

Gunther ILGLOUTZ	82	13.50
Paul MORITZ	61	13.51
Debbie VOOGD	55	15.38
Lyn BATCHELOR	72	18.35
Phyllis GOSBELL	82	19.11
AI WILLEY	82	19.11

4 OR 6 KM RUN**4 km:**

Andrew EGGINTON	59	18.19
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6 km:

Colin PAGE	67	27.53
Tony FREEGARD	64	28.46

JAVELIN THROW

Grant MURFETT	53	21.00
Jess DUX	36	19.10
Allan WOOD	83	18.58
Andrew FRASER	79	13.24

DONCASTER 1 MARCH 2021

4 x 200 relay 240+

Collingwood Comets (248) 0:02:09 (Record)

Keith Howden, Marty Galea, Anna Corney & Scott Lovell

Doncaster Dashers (251) 0:02:12

Angela Edwards, Graham Ford, Ken Bruce & Luke De Biasi

Doncaster Deadbeats (268) 0:02:26

David McConnell, Bev Learmont, Ian McCormack & Greg Champion

Coburg (247) 0:02:35

Geoff Whitehall, Frank Bradley, Maria Barbetti & Paul O'Neill

Collingwood Clippers (249) 0:02:37

Tony Dell, Mary Murphy, Shane Derby & Jim Hopkins

Aberfeldie Hornets (256) 0:02:49

Michael Orelli, Andrea Draper, Bill Ristevski & Tony Bradford

4 x 200 relay 180+

Doncaster Dynamos (180) 0:01:53 (DQ)

Jessica Dux, Warren Hattwich, Matt Hughes & Matt Scholes

Magpie Matadors (188) 0:01:57

Adam Delbridge, Scott Lovell, Karen Carah & Peter Geronimo

Coburg (200) 0:02:06

Michael Carney, Paul O'Neill, Ben Pearman & Fiona Ely

Doncaster Devils (210) 0:02:17

Graham Walter, Simon Evans, Roberto Chavez & Kath Gawthorn

Aberfeldie Spitfires (220) 0:02:17

Shane Draper, John Cooper, Maggie Armstrong & Rob Irwin

4 x 200 relay All Comers

Magpie Mavericks (188) 0:02:25 (DQ)

Keith Howden, Shane Darby, Tony Dell & Peter Geronimo

Magpie Moonbeams (179) 0:02:43

Sophie Fabre, Sarah Frank, Mary Murphy & Andrew Close

Doncaster Devils (298) 0:02:50

John Aughey, Carolyn Aughey, Barry Dorr & Jeffrey Sim

2000 metres

Matt Scholes (51) (Donc) 07:56.5

Doug Sandiford (63) (Donc) 08:24.6

Adam Delbridge (49) (Coll) 08:34.7

Simon Evans (60) (Donc) 08:38.0

Roberto Chavez (42) (Donc) 08:55.0

Matt Hughes (45) (Donc) 09:07.0

Bernie McLoughlan (68) (Donc) 09:22.7

Graham Walter (62) (Donc) 09:37.2

Shane Draper (47) (Aber) 09:43.8

Frank Prowse (69) (Donc) 09:44.9

Tony Dell (58) (Coll) 09:56.0

Katrina Philip (59) (Donc) 10:01.4

Fiona Ely (51) (Cob) 10:01.9

Maggie Armstrong (58) (Aber) 11:02.4

Andrea Draper (43) (Aber) 11:38.9

Michael Orelli (76) (Aber) 11:39.2

Bill Ristevski (56) (Aber) 11:51.0

80 metres heat 1

Marty Galea (65) (Coll) 12.48

Jeffrey Sim (58) (Donc) 13.11

Mary Murphy (60) (Coll) 14.34

Maggie Armstrong (58) (Aber) 15.34

Angela Edwards (54) (Donc) 15.35

Sarah Frank (37) (Coll) 15.84

Barry Dorr (82) (Donc) 15.90

Sofie Fabre (51) (Coll) 16.78

80 metres heat 2

Peter Geronimo (32) (Coll) 11.09

Jessica Dux (36) (Donc) 11.12

Gerard Brown (58) (Donc) 11.68

Andrew Close (31) (Coll) 12.44

DONCASTER 8 MARCH 2021

Doncaster 800 metres (handicap)

Jeffrey Sim (-0.00) 03:55.2 03:55.2 (DQ)

Bernie McLoughlan (-0.15) 03:56.7 03:56.7 (Winner)

Rob Jones (-1.29) 03:58.3 03:58.3

Frank Prowse (-0.00) 04:10.9 04:10.9

Simon Evans (-1.00) 04:15.4 04:15.4

60 metres

			Estimate	Diff
Gerard Brown	(58)	9.09	8.7	0.39
Phil Rosevear	(71)	9.34	9.21	0.13
Graham Ford (Winner)	71	9.50	9.5	0.00
Jeffrey Sim	(58)	10.78	10.9	-0.12
Carolyn Aughey	(78)	14.60	13.0	1.60

100 metres

Gerard Brown (58) 14.50

Phil Rosevear (71) 15.22

Graham Ford (71) 15.38

Tom Leong (79) 18.16

Bernie McLoughlan (68) 19.04

John Aughey (83) 20.90

Carolyn Aughey (78) 23.30

400 metres

Simon Evans (60) 82.8

Jeffrey Sim (58) 87.5

Gerard Brown (58) 94.1

5000 metres

Tom Leong (79) 10:10.1 (1600 metres)

Shaun Wright (51) 11:44.3 (1200 metres walk)

Simon Evans (60) 13:54.5 (3000 metres)

Bernie McLoughlan (68) 25:12.0 (5000m record)

DONCASTER 15 MARCH 2021**Long Jump****Age**

Matt Hughes	(45)	4.17	
David Featherston	(46)	4.17	
Ian McCormack	(62)	3.64	
Graham Ford	(71)	3.51	(Record)
Tom Leong	(79)	2.68	
Frank Prowse	(69)	2.53	

100 metres

Matt Scholes	(51)	14.30
Graham Walter	(62)	15.74
Jason Merrett	(48)	16.07
Barry Dorr	(82)	21.16
Carolyn Aughey	(78)	22.98
Richard Trembath	(79)	25.22

Javelin Throw

David Featherston	(46)	36.73
Matt Hughes	(45)	27.10
Ian McCormack	(62)	23.31
Graham Ford	(71)	19.05
Tom Leong	(79)	18.53
Frank Prowse	(69)	16.78
Barry Dorr	(82)	16.54
Greg Champion	(66)	15.98
Shaun Wright	(51)	10.06

200 metres heat 1

Matt Scholes	(51)	30.76
Graham Walter	(62)	31.26
Jason Merrett	(48)	32.68
Frank Prowse	(69)	36.18
Jeffrey Sim	(58)	34.76
Richard Trembath	(79)	47.72
Carolyn Aughey	(78)	48.66

200 metres heat 2

David Featherston	(46)	30.76
Ian McCormack	(62)	32.80
Graham Ford	(71)	35.00
Matt Hughes	(45)	36.10
Tom Leong	(79)	39.36
Barry Dorr	(82)	45.13

400 metres

Matt Scholes	(51)	64.7
Jason Merrett	(48)	76.9
Graham Walter	(62)	89.2

800 metres

Jason Merrett	(48)	03:16.9
Matt Scholes	(51)	03:27.6
Graham Walter	(62)	03:28.0
Katrina Philip	(59)	03:47.5

Discus

David Featherston	(46)	30.68	(Record)
Matt Hughes	(45)	27.02	
Graham Ford	(71)	24.74	
Ian McCormack	(62)	22.25	
Greg Champion	(66)	20.04	
Tom Leong	(79)	18.40	
Frank Prowse	(69)	16.40	
Shaun Wright	(51)	13.50	

1500 metres

David Featherston	(46)	05:11.5
Jason Merrett	(48)	06:06.8
Ian McCormack	(62)	06:14.0
Frank Prowse	(69)	06:52.7
Graham Walter	(62)	07:25.6
Matt Scholes	(51)	07:26.6
Katrina Philip	(59)	07:36.4
Graham Ford	(71)	08:13.6
Tom Leong	(79)	09:24.8
Shaun Wright	(51)	07:51.1 (800 walk)

Results of the pentathlon:

1st David Featherston (46) 2438

Long 4.17 (346) Javelin 36.73 (486) 200 30.76 (349) Discus 30.68.99 (603) 1500 5:11.5 (654)

2nd Graham Ford (71) 2156

Long 3.51 (540) Javelin 19.05 (345) 200 35.00 (466) Discus 24.74 (496) 1500 8:13.5 (309)

3rd Ian McCormack (62) 2089

Long 3.64 (405) Javelin 23.31 (341) 200 32.80 (424) Discus 22.25 (341) 1500 6:14.0 (578)

4th Matt Hughes (45) 1731

Long 4.17 (346) Javelin 27.10 (324) 200 36.10 (94) Discus 27.02 (515) 1500 5:50.2 (452)

5th Tom Leong (79) 1687

Long 2.68 (348) Javelin 18.53 (371) 200 39.36 (350) Discus 18.40 (394) 1500 9:24.8 (224)

6th Frank Prowse (68) 1495

Long 2.53(181) Javelin 16.78 (246) 200 36.18 (313) Discus 16.40 (255) 1500 6:52.7 (500)

DONCASTER 22 MARCH 2021**Doncaster Gift (120 handicap)**

Richard Trembath	(-60)	12.44
Tom Leong	(-50)	13.56
Jeffrey Sim	(-36)	13.98
Barry Dorr	(-40)	14.36
Jason Merrett	(-28)	15.34
Carolyn Aughey	(-45)	15.44
Andrew Close	(-20)	15.76
Graham Ford	(-20)	15.82
Matt Scholes	(-10)	16.07
Angela Edwards	(-35)	16.52
Greg Champion	(-20)	17.76
Roberto Chavez	(-30)	20.94

70 metres heat 1

Andrew Close	(31)	11.12	
Angela Edwards	(54)	13.08	
Bernie McLoughlan	(68)	13.14	
Barry Dorr	(82)	15.48	(Record)
Carolyn Aughey	(78)	16.34	

70 metres heat 2

Matt Scholes	(51)	10.48
Andrew Close	(31)	11.42
Jason Merrett	(48)	11.62
Jeffrey Sim	(58)	11.70
Roberto Chavez	(42)	14.16

800 metres

Jason Merrett	(48)	03:02.7	
Doug Sandiford	(63)	03:08.8	
Bernie McLoughlan	(68)	03:23.4	
Angela Edwards	(54)	03:29.7	
Roberto Chavez	(42)	03:40.2	
Kath Gawthorn	(46)	03:50.7	
Simon Evans	(60)	04:39.9	(Walk)

300 metres (ET)**ET**

Matt Scholes	(51)	46.7	45.0	1.7
Jason Merrett (Winner)	48	53.5	53.0	0.5
Graham Ford	(71)	54.6	24.7	29.9
Jeffrey Sim	(58)	57.3	59.0	-1.7
Bernie McLoughlan	(68)	62.7	29.3	33.4
Roberto Chavez	(42)	66.0	55.0	11.0
Angela Edwards	(54)	71.2	67.0	4.2
Richard Trembath	(79)	77.6	70.0	7.6

2000 metres

Jason Merrett	(48)	07:41.8	
Doug Sandiford	(63)	08:34.6	
Shaun Wright	(51)	08:50.2	(800m walk)
Simon Evans	(60)	09:07.5	
Matt Scholes	(51)	09:21.2	
Bernie McLoughlan	(68)	09:48.4	

Tom Leong	(79)	10:12.6	(1600m)
Roberto Chavez	(42)	10:57.6	
Kath Gawthorn	(46)	11:02.6	

DONCASTER 29 MARCH 2021**1500 metres**

Carolyn Aughey	(78)	02:08.9	(400 metres)
Jason Merrett	(48)	05:48.0	
Doug Sandiford	(63)	06:12.5	
Graham Walter	(62)	06:55.4	
Bernie McLoughlan	(68)	07:07.8	
Jessica Dux	(36)	07:36.9	
Katrina Philip	(59)	07:38.0	
Frank Prowse	(69)	10:05.2	(Walk)
Marla Trautman	(48)	19:10.7	

60 metres

Jessica Dux	(36)	8.50
Andrew Close	(31)	9.43
Graham Walter	(62)	9.94
Jeffrey Sim	(58)	10.42
Jason Merrett	(48)	10.48
Greg Champion	(66)	11.38
Tom Leong	(79)	11.54

Doncaster 800 metres (age-graded)

Graham Ford	(-215)	02:22.0
Doug Sandiford	(-145)	02:26.5
Bernie McLoughlan	(-178)	02:34.2
Katrina Philip	(-202)	02:41.7
Jason Merrett	(-60)	02:42.5
Graham Walter	(-145)	02:45.7
Jeffrey Sim	(-114)	03:04.2
Simon Evans	(-145)	03:08.9
Marla Trautman	(-400)	04:12.7

2 x 200 relay

Jessica & Andrew	01:02.3
Bernie & Graham W	01:08.7
Jeffrey & Graham F	01:09.6

2000 metres

Jason Merrett	(48)	08:24.6
Doug Sandiford	(63)	08:28.5
Simon Evans	(60)	08:46.1
Elizabeth Grover	(57)	09:21.8
Bernie McLoughlan	(68)	09:42.2
Tom Leong	(79)	10:11.2 (1600 metres)
Katrina Philip	(59)	10:40.2
Graham Walter	(62)	11:08.4
Frank Prowse	(69)	12:48.8 (walk)

EAST BURWOOD 4 MARCH 2021**60 METRE SPRINT****Heat 1:**

Louise McLEAN	55	9.7
Ann HOLCOMBE	73	11.3
Allan WOOD	83	12.2
Don McLEAN	87	12.5
Shirley COPPOCK	84	13.6
Lloyd NICHOLS	79	32.4

Heat 2:

Christopher WORSNOP	63	10.2
Donna CLARKE	67	10.4
Glenn BERRY	50	10.8
Bernie McLOUGHLAN	68	11.3

Heat 3:

Grant MURFETT	53	8.2
Chris JOSEPH	53	8.5
Jess DUX	36	8.7
Glen McLEAN	56	8.9

600 METRE RUN

Perry BIRKETT	58	1.55
Will SUN	46	2.05
Glenn BERRY	50	2.06
Paul DURRANT	59	2.09
Simon EVANS	60	2.17
Ashley RYAN	66	2.21
Ron GILLIES	66	2.25
Bernie McLOUGHLAN	68	2.26
Christopher WORSNOP	63	2.29
Erika BEDYN	58	2.35

800 METRE H/C WALK Clock Actual

Gordon ONLEY	86	6.56	8.01
Kylie IRSHAD	49	7.15	4.10
Chris ROBINSON	62	7.17	5.32
Donna CLARKE	67	7.19	6.34
Janet HOLMES	67	7.20	4.55
Leo WATSON	79	7.21	5.36
Leonie GILLIES	63	7.23	5.53
Ron GILLIES	66	7.24	5.54
Zac MATTERS	14	7.24	3.59
Phyllis GOSBELL	82	7.25	6.40
Peter BATTRICK	77	7.26	7.26
Gerald BURKE	81	7.31	7.21
Christopher WORSNOP	63	7.32	5.12
Simon EVANS	60	7.36	4.06
Mel BISSETT	45	7.52	6.02

400 METRE RUN N.O.T. Clock Norm.

Grant MURFETT	53	61.9	65.0
Glen McLEAN **	56	71.7	70.0
Donna CLARKE	67	122.4	160.0

** Winner - Glen McLean

100 METRE HANDICAP SPRINT**GWEN DAVIDSON MEMORIAL HEAT 4****Heat 1:****H'cp Mtrs**

Shirley COPPOCK	84	12.9	41
Stephen DAY	50	13.3	11
Grant MURFETT	53	13.6	3
Jess DUX	36	13.8	0
Donna CLARKE	67	13.9	23
Andrew FRASER	79	14.1	36
Don McLEAN	87	14.7	32
Lloyd NICHOLS	79	15.3	70
Bernie McLOUGHLAN	68	27.3	18

Heat 2:

Leo WATSON	79		40
Chris JOSEPH	53	No	2
Ann HOLCOMBE	73		29
Glenn BERRY	50	Times	12
Allan WOOD	83		32
Glen McLEAN	56	Available	5
Christopher WORSNOP	63		19

SHOT PUT HANDICAP Best Adjusted

Trevor JUPP	80	7.60	10.55
Jack FREDRICKSON	82	5.01	10.41
Louise McLEAN	55	7.07	10.27
Paul DURRANT	59	9.11	10.26
Allan WOOD	83	6.77	10.07
Jess DUX	36	7.99	10.04
Donna CLARKE	67	5.67	10.02
Chris ROBINSON	62	6.57	9.97
Janet HOLMES	67	5.19	9.69
Leo COFFEY	91	4.35	
Erika BEDYN	58	6.96	

800 METRE WALK/2 KM RUN/WALK

Gerald BURKE	81	7.39	800 walk
Chris ROBINSON	62	10.09	2k run
Zac MATTERS	14	10.53	2k walk

3 KM SPIRAL H/C RUN Clock Actual

Ron GILLIES	66	17.33	13.58
Kylie IRSHAD	49	17.51	14.16
Christopher WORSNOP	63	18.23	14.48
Bernie McLOUGHLAN	68	18.34	14.34
Will SUN	46	18.40	11.50
Erika BEDYN	58	18.43	15.08
Stephen DAY	50	18.44	12.39
Sam DEFANIS	72	18.50	15.15
Simon EVANS	60	18.52	17.02
Adam McCANN	44	18.54	12.54
Perry BIRKETT	58	18.57	12.27
Ashley RYAN	66	19.06	15.36

Walk

EAST BURWOOD 4 MARCH 2021 (cont)**MANAGER'S PENTATHLON FEBRUARY 2021**

AGE GRADED RESULTS		Age Graded	Events
		Total	Entered
Paul DURRANT	59	285.31	5
Allan WOOD	83	274.85	5
Donna CLARKE	67	247.90	5
Grant MURFETT	53	240.75	5
Ashley RYAN	66	218.78	5
Andrew FRASER	79	205.90	5
Brian TAIT	79	159.60	5
Simon EVANS	60	139.87	4
Jack FREDRICKSON	82	135.93	4
Toni MATTERS	53	115.15	2
Aggie BYERS	42	113.81	3
Jess DUX	36	113.80	3
Chris ROBINSON	62	112.04	3
Trevor JUPP	80	74.79	2
Janet HOLMES	67	48.22	1
Louise McLEAN	55	33.17	1
David CHUNG	54	31.27	1
Leo WATSON	79	28.10	1
Kaylie GOODRICK	49	19.25	1

EAST BURWOOD 11 MARCH 2021**60 METRE SPRINT**Heat 1:

Ann HOLCOMBE	73	11.3
Allan WOOD	83	12.2
Andrew FRASER	79	12.5
Don McLEAN	86	12.8
Brian HOLCOMBE	75	14.0
Horacio DIAZ	76	16.6

Heat 2:

Paul DURRANT	59	8.8
Jess DUX	36	9.2
Christopher WORSNOP	63	11.3
Shirley COPPOCK	84	17.3
Lloyd NICHOLS	79	37.0

100 METRE SPRINT

Jess DUX	36	
Paul DURRANT	59	No
Ann HOLCOMBE	73	
Allan WOOD	83	Times
Don McLEAN	87	
Brian HOLCOMBE	75	Available
Shirley COPPOCK	84	
Lloyd NICHOLS	79	

800 METRE SELF HANDICAP RUN

Will SUN	46	3.59
Perry BIRKETT	58	4.01
Bernie McLOUGHLAN	68	4.06
Christopher WORSNOP	63	4.14
Ashley RYAN	66	4.43
Donna CLARKE	68	4.44

1000 METRE H/C WALK

		Clock	Actual
Chris ROBINSON	62	9.14	6.54
Zac MATTERS	14	9.19	4.59
Trevor JUPP	80	9.20	8.50
Gerald BURKE	81	9.25	9.10
Paul MORITZ	60	9.27	6.22

Kylie IRSHAD	49		
Peter BATTRICK	77	No	

Brian TAIT	79		
Janet HOLMES	67	Times	

Christopher WORSNOP	63		
Leo WATSON	79	Available	

Gordon ONLEY	86		
Mel BISSETT	45		

150 METRE SPRINTHeat 1:

Ann HOLCOMBE	73	28.9
Andrew FRASER	79	31.5
Brian HOLCOMBE	75	34.3
Don McLEAN	86	34.6
Shirley COPPOCK	84	38.1
Lloyd NICHOLS	79	39.7

Heat 2:

Jess DUX	36	21.6
Christopher WORSNOP	63	25.8
Ashley RYAN	66	26.6
Allan WOOD	83	32.7
Horacio DIAZ	76	

2 KM HANDICAP RUN - Terrific Tetra Ht 4

		Clock	Actual	
Brian TAIT	79	11.05	18.05	Walk
Chris ROBINSON	62	11.21	9.56	
Stephen DAY	50	11.28	7.43	
Ashley RYAN	66	11.32	9.37	
Bernie McLOUGHLAN	68	11.41	9.21	
Paul EARLE	52	11.55	8.35	
Paul MORITZ	60	12.00	13.40	Walk
Will SUN	46	12.04	7.49	
Christopher WORSNOP	63	12.09	9.34	
Sam DEFANIS	72	12.14	9.59	
Kylie IRSHAD	49	12.25	9.40	
Leo WATSON	79	13.46		Walk

EAST BURWOOD 11 MARCH 2021 (cont)LONG JUMP N.O.D.

		<u>Best</u>	<u>Nom.</u>
Jess DUX	36	4.47	4.50
Paul DURRANT	59	4.17	4.80
Zac MATTERS	14	4.07	3.75
Aggie BYERS **	42	3.42	3.40
Ashley RYAN	66	2.94	3.76
Allan WOOD	83	2.56	2.50
Andrew FRASER	79	1.91	2.15

** Winner - Aggie Byers

EAST BURWOOD 18 MARCH 202160 METRE SPRINTHeat 1:

Ann HOLCOMBE	73	11.5
Don McLEAN	87	12.7
Brian HOLCOMBE	75	14.1
Horacio DIAZ	77	17.8

Heat 2:

Chris ROBINSON	62	10.3
Andrew FRASER	79	11.9
Allan WOOD	83	12.0
Shirley COPPOCK	84	13.8
Lloyd NICHOLS	79	27.1

Heat 3:

Chris JOSEPH	53	8.2
Jess DUX	36	8.4
Grant MURFETT	53	8.7
Aggie BYERS	42	9.4
Donna CLARKE	67	10.5
Christopher WORSNOP	63	10.7

1500 METRE RUN AGE GRADED

			<u>Age %</u>
Christopher WORSNOP	63	7.02	62.27
Sam DEFANIS	73	7.16	67.13
Will SUN	46	7.16	52.29
Jing JIAN	52	7.43	51.64
Simon EVANS	60	8.06	52.65
Paul DURRANT	59	2.47	

700m

1000m WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Kylie IRSHAD **	49	5.45	5.45
Simon EVANS	60	6.28	6.05
Janet HOLMES	67	6.37	6.30
Christopher WORSNOP	63	6.46	6.45
Leonie GILLIES	63	7.59	9.15
Phyllis GOSBELL	82	8.46	8.32
Gordon ONLEY	86	10.22	10.20
Peter BATTRICK	77	10.44	11.00
Gerald BURKE	81	10.44	9.45

** Winner - Kylie Irshad

100 METRE HANDICAP SPRINTGWEN DAVIDSON MEMORIAL FINAL

			<u>H'cp Mtrs</u>
Brian HOLCOMBE	75	12.4	39
Leo WATSON	79	12.4	40
Ann HOLCOMBE	73	12.7	29
Shirley COPPOCK	84	12.9	41
Donna CLARKE	67	13.1	24
Grant MURFETT	53	13.3	3
Chris JOSEPH	53	13.5	2
Stephen DAY	50	13.7	11
Jess DUX	36	13.9	Scratch

110 METRE SPRINT

Jess DUX	36	16.1
Grant MURFETT	53	16.1
Aggie BYERS	42	16.5
Donna CLARKE	67	19.9
Don McLEAN	87	23.9
Shirley COPPOCK	84	25.7
Lloyd NICHOLS	79	80.2

1000 METRE WALK

Leo WATSON	79	7.28
Peter BATTRICK	77	10.23

3 KM OR 5 KM RUN3 km:

Peter DODGSHUN	68	16.03
Sam DEFANIS	73	16.21
Kylie IRSHAD	49	16.21
Leonie GILLIES	63	18.31

5 km:

Will SUN	46	20.03
Stephen DAY	50	22.20
Paul EARLE	57	23.05
Christopher WORSNOP	63	26.46
Jing JIAN	52	28.41

DISCUS THROW H/C

		<u>Best</u>	<u>Adjusted</u>
Jack DURRANT	24	24.55	36.55
Jack FREDRICKSON	82	12.85	35.45
Simon EVANS	60	23.64	35.44
Paul DURRANT	59	27.60	35.25
Chris ROBINSON	62	15.68	34.28
Donna CLARKE	67	11.89	34.24
Andrew FRASER	79	15.60	34.05
Aggie BYERS	42	15.55	34.00
Janet HOLMES	67	11.77	33.67
Jess DUX	36	16.57	33.57
Allan WOOD	83	12.81	33.46
Grant MURFETT	53	23.26	32.36
Peter DODGSHUN	68	15.26	30.21
Chris JOSEPH	53	16.65	

EAST BURWOOD 25 MARCH 2021**60 METRE SPRINT****Heat 1:**

Allan WOOD	83	11.9
Don McLEAN	87	12.3
Shirley COPPOCK	85	13.7
Horacio DIAZ	77	15.7
Gerald BURKE	81	19.0
Lloyd NICHOLS	79	29.9

Heat 2:

Chris JOSEPH	53	8.0
Jess DUX	36	8.7
Chris ROBINSON	62	10.0
Christopher WORSNOP	63	10.3
Donna CLARKE	67	10.7
Bernie McLOUGHLAN	68	11.0

1200 METRE RUN

Will SUN	46	4.59
Liam EVANS	20	5.18
Paul DURRANT	59	5.20
Simon EVANS	60	5.38
Christopher WORSNOP	63	5.53
Jing JIAN	52	6.03

1200 METRE WALK

Simon EVANS	60	6.45
Christopher WORSNOP	63	8.18
Leo WATSON	79	8.40
Liam EVANS	20	8.41
Ann HOLCOMBE	73	8.42
Brian TAIT	79	10.18
Phyllis GOSBELL	82	10.35
Gerald BURKE	81	11.19
Gordon ONLEY	86	12.08
Peter BATTRICK	77	12.10
Brian HOLCOMBE	75	12.10

4 x 200 METRE RELAY

Christopher WORSNOP	63	
Jing JIAN	52	
Max JIAN	Inv	
Chris JOSEPH	53	2.25
Don McLEAN	87	
Allan WOOD	83	
Paul DURRANT	59	
Jess DUX	36	2.29

150 METRE SPRINT**Heat 1:**

Allan WOOD	83	30.9
Janet HOLMES	67	31.3
Leo WATSON	79	34.6
Shirley COPPOCK	85	38.4
Brian TAIT	79	44.8
Lloyd NICHOLS	79	101.9

Heat 2:

Chris JOSEPH	53	25.4
Jess DUX	36	25.4
Chris ROBINSON	62	27.9

800/2000/4000 METRES RUN**800 mtrs:**

Donna CLARKE	67	4.22
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2000 mtrs:

Liam EVANS	20	8.47
Simon EVANS	60	8.48
Jing JIAN	53	11.17

4000 mtrs:

Will SUN	46	15.55
Paul EARLE	57	18.29
Bernie McLOUGHLAN	68	19.29
Sam DEFANIS	73	19.52
Christopher WORSNOP	63	22.03

JAVELIN THROW N.O.D.**Best****Nom.**

Jess DUX	36	18.50	18.00
Allan WOOD	83	17.08	18.50
Bernie McLOUGHLAN	68	15.01	17.50
Chris ROBINSON **	62	14.83	14.80
Trevor JUPP	80	13.18	17.50
Simon EVANS	60	12.24	14.25
Donna CLARKE	67	11.80	12.50
Jack FREDRICKSON	82	10.28	12.40
Leo COFFEY	91	5.87	9.00

** Winner - Chris Robinson

FRANKSTON 4 March 2021**60m AG Age time AG %**

Mike Hall	82	10.30	89.52
Bill Carr	71	9.75	85.13
Mesh Prasad	46	9.45	74.29

200m

Mesh Prasad	46	29.83
Rob Taylor	52	30.00
Bill Carr	71	33.00

500m Run

Mesh Prasad	46	1.32
Rob Taylor	52	1.34
Liz Lowther	69	1.50
Barry Jeffs	72	1.51

500m walk

Heather Carr	71	3.04
Greg Lovejoy	78	3.55
Lindsay Beaton	71	4.52

1600 m run

Nonie Chan	35	8.24
Bill Carr	71	8.46
David Dodson	62	9.21

1600 m walk

Gwen Steed	78	11.12
Iwetta Paldus	59	11.57
Greg Lovejoy	78	12.53

3km Run

Mesh Prasad	46	12.32
Liz Lowther	69	13.36
Rob Taylor	52	13.47
Barry Jeffs	72	15.12
Gary Meyer	66	16.52

3 km walk

Heather Carr	71	19.24
Lindsay Beaton	71	28.21

FRANKSTON 11 March 2021**Various runs & walks around Olivers Hill**

David Dodson (small lap)	11.00
Lindsay Beaton	26.00
John Sutton	22.00
Gwen Steed	22.00
Barry Jeffs	34.38

Gary Meyer	30.07
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Heather Carr	31.15
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Mesh Prasad	23.00
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Dave Sutherland (late start)	39.00
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FRANKSTON 18 March 2021**100m Age Time**

Chris Sheedy	52	14.41
Bill Carr	71	16.09
Mike Hall	82	18.00

200m

Bill Carr	71	32.62
Graeme Stockdale	78	48.93
Chris Sheedy	52	dnf

800m ag% run

	age	time	ag%
Liz Lowther	69	3.20	87.28
Dave Sutherland	67	3.05	72.45
Graeme Stockdale	78	3.44	70.28
Charlie Mallia	72	3.40	64.90
Barry Jeffs	72	3.45	63.45
Gary Meyer	66	4.18	51.40

800m walk

Mesh Prasad	46	4.03
Heather Carr	71	4.51
Greg Lovejoy	78	5.58
John Sutton	77	6.48
Lindsay Beaton	71	7.26

1km run

Dave Sutherland	67	4.27
Bill Carr	72	5.20
David Dodson	62	5.43

1km walk

Gwen Steed	78	7.08
John Sutton	77	8.45

3km run

Liz Lowther	69	14.10
Barry Jeffs	72	15.39
Charlie Mallia	72	16.20
Gary Meyer	66	16.30

FRANKSTON 18 March 2021 (cont)**3km walk**

Mesh Prasad	46	16.55
Heather Carr	71	19.21
Greg Lovejoy	78	22.55
Lindsay Beaton	71	29.30

FRANKSTON 25 March 2021**100m**

	Age	Time
Bill Carr	72	16.16
Mike Hall	82	17.60

600m run

Bill Carr	72	2.21
Liz Lowther	69	2.22
Charlie Mallia	72	2.24
Barry Jeffs	72	2.29
Nonie Chan	35	2.48
Gary Meyer	66	3.10

600m walk

Heather Carr	71	3.44
Gwen Steed	78	4.23
John Sutton	78	5.17
Chris Sheedy	52	5.17
Lindsay Beaton	71	5.20

5 lap spiral walk

Heather Carr	71	13.19
John Sutton	78	18.55
Lindsay Beaton	71	20.44

5 lap spiral run

Bill Carr	72	11.19
David Dodson	62	12.19

7 lap spiral run

Liz Lowther	69	13.43
Barry Jeffs	72	15.10
Nonie Chan	35	15.43
Charlie Mallia	72	16.06
Gary Meyer	66	16.22
Graham Stockdale	78	19.15
Fran Halton	59	19.29

Geelong 3 March 2021**3km Cross Country**

Jane White	11:31
Daimin Mole	15:05
Kath Oliver	16:46
Chris Colley	18:02
Jill Coyte	18:47
Fred Barnett	18:57
John Moore	21:17
Sharee Sheriff	24:20

5km Cross Country

Mick Bird	19:25
Phil Shay	19:48
Dave Elward	20:43
Cameron White	21:58
Paul Stewart	22:44
Ernie Stewart	22:59
Leo Pye	23:02
Alan Jenkins	24:00
Jeff Walker	24:46
Daryl Hurst	26:01
Frank Engelsman	26:22
Clare Holman	26:54
Gerry Fitzpatrick	27:20
Grant Baensch	27:53
Fiona Fitzpatrick	28:48
Dawn Frazer	28:56

Geelong 10 March 2021**300m**

Luke Haines	44.50
Peter Lamb	51.35
Fred Barnett	01:30

2000m

Luke Haines	07:03
Jane White	07:44
Dave Elward	07:48
Paul Stewart	08:34
Leo Pye	09:06
Jill Coyte	12:28
Fred Barnett	12:34
Sharee Sheriff	16:07

Geelong 10 March 2021 (cont)

4000m

Mick Bird	15:22
Stephane Vander Brug	15:44
Cameron White	17:18
Ernie Stewart	18:20
Alan Jenkins	19:05
Jeff Walker	19:34
Daryl Hurst	20:20
Clare Holman	20:34
Frank Engelsman	20:57
Grant Baensch	22:20
Dawn Frazer	23:09
Paul Austin	27:26

1500m

Dave Palmer	05:16
Cameron White	06:01
Paul Stewart	06:37
Leo Pye	06:48
Jeff Walker	07:02
Frank Engelsman	07:42
Grant Baensch	08:03
Daryl Hurst	08:22

Geelong 17 March 2021

3km Cross Country

Jane White	11:40
Charlie El Hage	13:38
Ernie Stewart	14:10
Jill Coyte	20:18
Chris Colley	20:19
Leanne Scepol	20:27

6km Cross Country

Mick Bird	23:34
Phil Shay	23:55
Dave Elward	25:20
Paul Stewart	27:34
Cameron White	27:45
Alan Jenkins	28:42
Jeff Walker	30:39
Gerry Fitzpatrick	32:14
Grant Baensch	34:35
Janelle Browning	35:30
Fiona Fitzpatrick	35:30
Dawn Frazer	35:33
Paul Austin	40:16

Geelong 24 March 2021

Ron Campbell 1 hour time trial

Dan Wright	16610m
Dave Palmer	13260m
Cameron White	12490m
Jeff Walker	11655m
Frank Engelsman	10167m

30 min time trial

Mark Jeffrey	6810m
Leo Pye	6290m
Alan Jenkins	6120m
Ernie Stewart	6110m
Gerry Fitzpatrick	5540m
Grant Baensch	5120m
Dale Jennings	3280m

15 min time trial

Jill Coyte	2430m
John Moore	2120m

Geelong 31 March 2021

3km Cross Country

Ernie Stewart	13:55
Leo Pye	14:04
Daimin Mole	15:41
Fiona Fitzpatrick	17:22
Jill Coyte	20:05

7km Cross Country

Dave Elward	30:13
Paul Stewart	33:26
Alan Jenkins	35:57
Jeff Walker	36:48
Grant Baensch	39:26
Gerry Fitzpatrick	41:32

GLEN EIRA 2 March 2021**LEO CHARLES 100M H/C** **Clock** **H/C (M)**

Michelle Edmonds	46	14.57	14.5
Jim Rountree	61	14.83	5.5
Charlie Thomas	11	14.96	5
Jim McLure	75	14.97	5.5
Mike Clapper	68	15.00	scr
Simone O'Brien	48	15.16	11.5
Sophie McCaffrey	10	15.35	13
June Treweek	59	15.41	5.5
Vivienne Cash	69	15.59	7.5
Jo Whittle	49	15.66	10
Leisa Hunt	49	15.79	15
Jim McLure	75	16.43	5
Emma McCaffrey	11	16.54	14

800m H/C **H/C** **Clock** **H/C time**

Lachlan Walsh	20	GO	3.26.8	3.26.8
Jo Whittle	49	16.00	3.30	3.14
Aleesha Whittle	17	GO	3.48.9	3.48.9
Greg Hughes	62	15	4.00	3.45

200m H/C **Clock** **H/C time** **Diff**

Oscar Lorentzen	9	33.11	35.0	-1.89
Jim McLure	75	34.67	35.0	-0.33
Mike Clapper	68	31.2	31.5	-0.3
June Treweek	59	34.82	35.0	-0.18
Vivienne Cash	69	35.09	35.0	0.09
Chelsea Whittle	14	31.49	31.0	0.49
Jim Rountree	61	33.71	33.1	0.61
Michelle Edmonds	46	40.39	39.0	1.39
Lachlan Walsh	20	45.17		
Aleesha Whittle	17	53.49		

3K H/C WALK **Clock** **H/C** **H/C time**

John Allen	68	29.01	3.50	25.11
Peter McGrath	81	29.01	GO	29.01
Michael Heffernan	86	29.04	GO	29.04
Des Middleton	74	29.11	8.23	20.48
Gwen Steed	78	29.14	8.10	21.04
Karyn O'Neill	66	29.16	8.06	21.10
Jim Berrington	64	29.42	10.54	18.48
Cynthia Ellery	71	29.34	3.34	26.00
Jim Rountree	61	29.36	8.30	21.06
Sandra Middleton	72	29.42	8.23	21.19
Paul Lynch	71	29.59	6.06	23.53
Terry O'Neill	65	30.32	11.37	18.55
June Treweek	59	30.42	7.25	23.17
Tony Doran	68	31.25	8.16	23.09
Aleesha Whittle	17	31.57	7.30	24.27
Lachlan Walsh	20	32.01	7.30	24.31
Judy Wines	83	32.25	GO	32.25

RAY KEMP 3k H/C **Clock** **H/C** **H/C time**

Nicky Grafen	10	18.42	2.20	16.22
Steve Strelecky	71	19.22	5.20	14.02
Greg Hughes	62	19.30	2.20	17.10
Phil Urquhart	76	19.40	2.20	17.20
Alexa Gower	34	19.51	4.15	15.36
Syd Bone	63	19.55	6.30	13.25
Simon Lloyd	65	19.58	7.15	12.43
Sarah Lorentzen	42	20.00	6.50	13.10
Michelle Edmonds	46	20.02	2.30	17.32
Karen Monohan	54	20.07	GO	20.07
Chris Grafen	57	20.29	6.30	13.59
Pete Battrick	77	20.30	-10.15	30.45
Merle Want	60	20.47	3.40	17.07
Simone O'Brien	48	20.54	4.15	16.39
Jane Sturzaker	68	21.06	2.00	19.06
Leisa Hunt	49	21.50	2.50	19.00
Peter Bence	71	23.58	6.30	17.28

GLEN EIRA 9 March 2021**80m E/T** **Clock** **Est** **Diff**

Bill Carr	71	12.35	12.40	0.05
Sue Hewitt	54	13.85	14.00	0.15
June Treweek	59	12.57	12.40	0.17
Jim McLure	75	12.81	12.45	0.36
Jim Rountree	62	12.99	12.40	0.59
Jo Whittle	49	14.08	13.20	0.88
Vivienne Cash	69	13.59	12.50	1.09

1200m E/T **Clock** **Est** **Diff**

Chelsea Whittle	14	4.31.9	4.30	1.9
Jo Whittle	49	5.18.6	5.13	5.6

300m E/T **Clock** **Est** **Diff**

June Treweek	59	60.37	59.90	0.47
Bill Carr	71	52.75	52.20	0.55
Jim Rountree	62	52.33	51.50	0.83
Sue Hewitt	54	61.83	61.00	0.83
Des Middleton	74	74.80	70.00	4.80
Jim McLure	75	59.40	54.50	4.90
Jo Whittle	49	68.31	63.13	5.18
Lachlan Walsh	20	54.21	60.00	5.79
Simone O'Brien	48	63.59	77.00	13.41
Aleesha Whittle	17	65.05	80.00	14.95

GLEN EIRA 9 February 2021 (cont)

WALK/RUN SPIRAL H/C (6 LAPS)		Clock	H/C	HC time
Jo Whittle	29	24.35	12.30	12.05
Tony Doran	68	24.54	6.50	18.04
Jim Berrington	64	24.57	9.50	15.07
Simon Lloyd	65	25.00	14.50	10.10
Steve Strelecky	71	25.05	13.35	11.30
Sarah Johnson	37	25.08	10.55	14.13
Terry O'Neill	65	25.11	10.05	15.06
Sandra Middleton	72	25.15	7.25	17.50
Phil Urquhart	76	25.17	10.45	14.32
Syd Bone	63	25.19	14.00	11.19
Sue Hewitt	54	25.22	5.30	19.52
Cynthia Ellery	71	25.22	3.45	21.37
Jo Cockwill	68	25.25	10.55	14.30
Chris Campbell	72	25.25	12.30	12.55
June Treweek	59	25.27	7.00	18.27
Bill Carr	71	25.30	11.35	13.55
Des Middleton	74	25.38	8.05	17.33
Pete Battrick	76	25.40	0.00	25.40
Gwen Steed	78	25.43	8.05	17.38
John Allan	68	25.43	4.35	21.08
Merle Want	60	25.45	11.35	14.10
Karyn O'Neill	66	25.54	8.05	17.49
Michael Heffernan	86	25.56	0.40	25.16
Simone O'Brien	48	26.04	13.20	12.44
Janet Holmes	67	26.18	12.00	14.18
Ewen Wilson	68	26.36	15.05	11.31
Jim Rountree	62	26.37	8.20	18.17
Peter McGrath	81	26.53	0.40	26.13
Peter Bence	71	26.57	13.35	13.22
Chelsea Whittle	14	27.15	6.05	21.10
Lachlan Walsh	20	27.19	6.05	21.14
Aleesha Whittle	17	28.50	8.05	20.45

GLEN EIRA 16 March 2021

4 x 100 relay		Clock	H/C	I/C Time
Aleesha Whittle	17			
Georgie Whittle	20			
Mary Harper	51			
Michelle Edmonds	46	1.08.4	GO	1.08.4
Linda McCaffrey	42			
Lachlan Walsh	20			
Simone O'Brien	48			
Jo Whittle	49	1.11.1	2.00	1.09.1
Jim McLure	75			
Vivienne Cash	69			
June Treweek	59			
Mike Clapper	68	1.14.8	9.00	1.05.8
Glad Wishart	77			
Jim Rountree	62			
Bob Wishart	79			
Bill Carr	71	1.18.0	4.00	1.14.0

600m E/T		Clock	Est	Diff
Greg Hughes	62	2.39.4	2.44	4.6
Simone O'Brien	48	2.33.8	2.43	9.2
Jo Whittle	49	2.20.6	2.38	17.4
400m H/C		Clock	H/C	H/C time
Kurt Golonka	51	1.29	30	59.0
Michelle Edmonds	46	1.31.1	GO	91.1
Mike Clapper	68	1.33.1	23	70.1
Bill Carr	71	1.35.2	20	75.2
Jim McLure	75	1.36.1	10	86.1
Mark Cant	59	1.38.1	22	76.1
Jim Rountree	62	1.39.5	22	77.5
Georgie Whittle	20	1.49.6	30	79.6
Jo Whittle	49	1.52.8	10	102.8
WALK 2k E/T		Clock	Est	Diff
Gwen Steed	78	13.53	14.01	-8
Karyn O'Neill	66	14.08	14.00	8
Des Middleton	74	17.52	18.00	-8
Terry O'Neill	65	12.01	12.10	-9
Tony Doran	68	14.54	14.42	12
Jo Whittle	49	13.33	13.20	13
Aleesha Whittle	17	15.46	16.00	-14
Jim Berrington	64	12.06	12.20	-14
Conrad Hamann	69	14.14	14.00	14
Cynthia Ellery	71	16.5	17.11	-21
Michael Heffernan	86	19.52	19.30	22
Jim Rountree	62	14.35	15.00	-25
John Zeleznikow	70	17.51	18.30	-39
Peter McGrath	81	19.52	20.40	-48
Mark Cant	59	13.15	12.25	50
John Allan	68	16.53	18.00	-67
Pat Kaufman	62	13.48	15.30	-102
June Treweek	59	14.20	16.50	-150
Pete Battrick	77	??	20.00	

2k E/T		Clock	Est	Diff
Bill Carr	71	11.31	11.30	1
Ewen Wilson	68	8.55	9.00	5
Greg Hughes	62	11.42	11.50	8
Sarah Johnson	37	11.50	12.00	10
Karen Monohan	54	13.19	13.40	21
Chloe Kaufman	16	9.43	10.15	32
Simone O'Brien	48	10.10	10.48	38
Lachlan Walsh	20	11.16	11.55	39
Janet Holmes	67	11.05	11.45	40
Michelle Edmonds	46	12.15	11.20	55
Leisa Hunt	49	11.52	12.48	56
Linda McCaffrey	42	12.29	13.40	71
Mary Harper	51	12.43	14.30	107

GLEN EIRA 16 March 2021 (cont)

4k E/T		Clock	Est	Diff
Helen Van Der Nagel	64	26.03	26.00	3
Merle Want	60	22.41	23.00	19
Syd Bone	63	18.21	18.00	21
Simon Lloyd	65	16.39	17.00	21
Mike Clapper	68	22.51	23.20	29
Jo Cockwill	68	22.51	23.30	39
Jane Sturzaker	68	25.11	26.00	49
Georgie Whittle	20	17.22	19.00	98
Chris Campbell	72	21.35	24.00	145
Steve Strelecky	71	21.16		

GLEN EIRA 23 March 2021

70m E/T		Clock	Est	Diff
Glad Wishart	77	13.64	13.40	0.24
Paul Lynch	71	12.80	12.4	0.40
Linda McCaffrey	42	12.31	13.0	0.69
Michelle Edmonds	46	12.59	13.3	0.71
June Treweek	59	11.16	12.0	0.84
Jim Rountree	62	11.31	12.24	0.93
Jim McLure	75	11.01	12.25	1.24
Sue Hewitt	54	11.67	13.0	1.33
Bob Wishart	79	14.54	12.95	1.59

500m E/T		Clock	Est	Diff
Kurt Golonka	51	80.10	78	2.10
Mark Cant	59	103	133	30
150m E/T		Clock	Est	Diff
Jim Rountree	62	24.01	23.9	0.11
Sue Hewitt	54	25.83	26.0	0.17
Jim McLure	75	24.51	24.3	0.21
June Treweek	59	24.31	25.0	0.69
Simone O'Brien	48	25.61	26.95	1.34
Kurt Golonka	51	21.81	20.0	1.81
Michelle Edmonds	46	29.95	31.8	1.85
Glad Wishart	77	30.37	32.4	2.03

3k Walk E/T		Clock	Est	Diff
Jim Berrington	64	19.04	19.10	-6
Tony Doran	68	22.57	23.10	-13
Karyn O'Neill	66	21.34	21.50	-16
Michael Heffernan	86	29.48	29.30	18
Mark Cant	59	19.12	19.40	-28
Jim Rountree	62	21.17	21.50	-33
Gwen Steed	78	23.12	22.30	42
Sue Hewitt	54	23.47	25.00	-73
Des Middleton	74	23.20	24.40	-80
Sandra Middleton	72	23.38	25.00	-82
John Allan	68	25.37	27.30	-113
June Treweek	59	23.38	28.00	-262
Paul Lynch	71	23.33	30.00	-387

2k		Clock	%
Janet Holmes	67	11.11	72.32
Linda McCaffrey	42	12.38	45.54

4k		Clock	%
Ewen Wilson	68	18.35	71.8
Chloe Kaufman	16	20.22	57.8
Simone O'Brien	48	21.27	60.3
Merle Want	60	24.35	61.8
Jane Sturzaker	68	24.40	69.9
Helen Van Der Nagel	64	25.04	64.4

6k		Clock	%
Terry O'Neill	64	30.13	65.31
Chris Campbell	72	32.34	65.92
Steve Strelecky	71	33.32	63.17
John Zeleznikow	70	59.08	35.40

GLEN EIRA 30 March 2021

60m E/T		Clock	Est	Diff
Jim McLure	75	9.95	10.05	0.10
Vivienne Cash	69	9.79	9.90	0.11
Jim Rountree	62	9.59	9.70	0.11
Glad Wishart	77	11.94	11.82	0.12
Mary Harper	51	11.15	11.30	0.15
Jo Whittle	49	10.25	10.41	0.16
Simone O'Brien	48	9.96	10.17	0.21
Bob Wishart	79	10.77	11.00	0.23
Mike Clapper	68	9.02	9.25	0.23
June Treweek	59	9.78	9.50	0.28
Bill Carr	71	9.38	9.70	0.32
Paul Lynch	71	11.18	10.75	0.43
Linda McCaffrey	42	10.97	11.50	0.53
Michelle Edmonds	46	11.33	10.60	0.73

700m H/C		Clock	H/C	H/C time
Kurt Golonka	51	2.50.5	35	2.15.5
Greg Hughes	62	3.04.3	GO	3.04.3
Simone O'Brien	48	3.06.9	5	3.01.9

200m Age %		Clock	%
Vivienne Cash	69	34.77	88.7
Mike Clapper	68	31.44	81.4
Jim McLure	75	34.59	80.7
Glad Wishart	77	43.17	78.4
Michelle Edmonds	46	41.71	58.3

400m Age %		Clock	%
Bill Carr	71	75.3	79.8
Jim Rountree	62	73.4	72.9
Kurt Golonka	51	68.4	72.9
Mark Cant	59	73.1	71.9
Jo Whittle	49	90.6	63.7

GLEN EIRA 30 March 2021 (cont)

WALK/RUN SPIRAL HC (7 LAPS)		Clock	H/C	H/C time
Peter McGrath	81	29.05	-0.15	29.20
Michael Heffernan	86	29.20	0.20	29.00
Mary Harper	51	29.33	11.35	17.58
Oscar Lorentzen	9	29.38	17.20	12.18
Terry O'Neill	65	29.41	15.45	13.56
Jo Cockwill	68	29.46	13.05	16.41
Jim Rountree	62	29.51	9.10	20.41
Karyn O'Neill	66	30.04	9.10	20.54
Syd Bone	63	30.07	17.05	13.02
Chris Campbell	72	30.10	14.55	15.15
Pete Battrick	74	30.11	-0.15	30.26
Gwen Steed	78	30.13	9.25	20.48
Ewen Wilson	68	30.14	17.20	12.54
John Zeleznikow	70	30.16	1.50	28.26
June Treweek	59	30.16	8.25	21.51
Jo Whittle	49	30.21	16.00	14.21
Chloe Kaufman	16	30.23	16.00	14.23
Janet Holmes	67	30.26	13.55	16.31
Simon Lloyd	65	30.27	18.25	12.02
Tony Doran	68	30.27	8.55	21.32
Sarah Johnson	38	30.27	13.25	17.02
Simone O'Brien	48	30.29	15.30	14.59
Karen Monohan	54	30.29	10.30	19.59
Sarah Lorentzen	42	30.32	17.05	13.27
Jim Berrington	64	30.33	12.20	18.13
Helen Van Der Nage	64	30.35	12.35	18.00
Mark Cant	59	30.39	11.35	19.04
Pat Kaufman	62	30.40	12.30	18.10
Phil Urquhart	76	30.49	13.05	17.44
Bill Carr	71	31.00	13.55	17.05
Paul Lynch	71	31.02	7.20	23.42
Linda McCaffrey	41	31.08	12.20	18.48
Michelle Edmonds	46	31.43	12.35	19.08
Steve Strelecky	71	31.46	16.50	14.56
Greg Hughes	62	32.33	14.55	17.38
Des Middleton	74	32.41	9.25	23.16
Sandra Middleton	72	29.55	5.15	24.40

KNOX 3 March 2021**Shot Put**

Paul Durrant	8.96
Mark Harris	8.46
Bec Carpenter	7.84
Tracey Carpenter	7.03
Andrea Putting	5.14

800m walk

Peter Thorne	72	7.15
Mick Carr	67	7.16
Glenn Claiden	66	7.31
Bob Henderson	74	7.31
Nicola Van Reenen	48	7.59
David Black	64	8.06
Graeme Leticq	66	8.19
Paul Twining	71	8.19
Anne McPherson	64	8.22
David Wear	74	8.23
Jodie Sinclair	50	8.31
Maggie Hawkes	65	8.31
Peter LeGet	87	8.43
Bec Carpenter	21	8.47
Andrea Putting	57	8.47
Jack Durrant	24	8.48
Marina Curnow	73	8.48
Glenys Brown	67	8.49

80m

Bryan Poggenpoel	50	11.37
Mick Carr	67	13.21
Peter Thorne	72	15.08
Bec Carpenter	21	15.8
Andrea Putting	57	17.95

1000m

Shane Grund	39	2.41
Bryan Poggenpoel	50	3.19
Matt Morris	55	3.51
Suzie Wilson	54	4.01
Bec Carpenter	21	4.16
Mick Carr	67	4.36
Bob Henderson	74	4.53
Peter Thorne	72	5.21
Glenn Claiden	66	5.27
Jodie Sinclair	50	5.5
Jack Durrant	24	6.48
Peter LeGet	87	7.28
Glenys Brown	67	8.24

KNOX 3 March 2021 (cont)

2by3k unknown Team Event

Peter Thorne	72	16.45	winner
Mick Carr	67	14.31	winner
Nicola Van Reenen	48	15.46	
Paul Twining	71	15.36	
Graeme Leticq	66	12.59	
Bob Henderson	74	19.51	
Bec Carpenter	21	15.27	
Glenn Claiden	66	17.25	
David Black	64	14.11	
Jodie Sinclair	50	18.56	
Maggie Hawkes	65	22.47	
Matt Morris	55	12.03	
Glenys Brown	66	26.29	
Bryan Poggenpoel	50	11.4	

KNOX 10 March 2021

Discus

Paul Durrant	59	27.8
Jack Durrant	24	18.73
Peter Shanahan	59	18.61
Erika Bedyne	58	16.73
Tracey Carpenter		14.81

800m walk

Peter Shanahan	59	6.21
Graeme Leticq	66	7.4
Glenn Claiden	67	7.41
Peter Thorne	72	8.27
Paul Twining	71	8.31
David Wear	74	8.32
Glenys Brown	67	8.35
Helen Stanley	65	8.35
Chas McRae	88	6.32

400

600m

Paul Durrant	59	2.07
Glenn Claiden	67	3.13
Brian Mee	83	3.15
Jodi Sinclair	50	3.27
David Wear	74	3.34
Jack Durrant	24	4.03
Glynys Brown	67	4.48
Peter Shanahan	59	4.5

1000m

Shane Grund	39	2.52
Matt Morris	55	3.53
David Black	65	4.36
Nicola Van Reenen	48	4.52
Peter Thorne	72	5.23

3k hcp

Shane Grund	39	9.26
David Wear	74	17.36
Stephen Richards	59	16.08
Peter Thorne	72	16.21
Glenn Claiden	67	16.49 winner
Bryan Poggenpoel	50	11.33
Graeme Leticq	66	13.09
Nicola Van Reenen	48	16.19
Matt Morris	55	12.25
Brian Mee	83	20.25
Paul Twining	71	17.25
Peter Shanahan	59	21.28
Erika Bedyne	58	15.25
David Black	65	15.31
Helen Stanley	65	15.31
Jodie Sinclair	50	18.41
Glynys Brown	67	26.51

KNOX 17 March 2021

800m walk

Kylie Irshad	49	4.2
Celia Johnson	73	7.02
Glenn Claiden	67	7.22
Mick Carr	67	7.23
David Black	65	7.23
Anne McPherson	65	8.07
David Wear	74	8.08
Peter LeGet	87	8.1
Peter Thorne	72	8.12
Paul Twining	71	8.3
John Graham	70	8.31
Glenys Brown	68	8.49
Marina Curnow	73	8.5
Ian U'Ren	69	9.05
Tony Johnson	80	9.05
Helen Stanley	65	9.28

70m

Mick Carr	67	11.53
Dona Clarke	67	11.95
Andrew Watts	65	12.22
Peter Thorne	72	14.19

KNOX 17 March 2021 (cont)**70m walk**

Brian Mee	83	35.2
Glenys Brown	68	40.3
Marina Curnow	73	45
Kylie Irshad	49	45
Maggie Hawkes	66	45
Celia Johnson	73	47.9
Tony Johnson	80	48.4

5lap spiral NOT

Shane Grund	39	6.09	
Susie Wilson	54	8.47	
Mick Carr	67	9.42	
Kylie Irshad	49	9.59	winner
David Black	65	10.08	
Paul Durrant	59	10.22	
Helen Stanley	65	10.29	
Michelle Quan	52	10.34	
Liz Clennell	51	10.35	
David Wear	74	10.45	
Erika Bedyne	58	10.54	
Nicola Van Reenen	48	11.15	
Peter Thorne	72	12.02	
Stephen Richards	59	13.04	
Peter Shanahan	59	13.12	
Brian Mee	83	15.3	
Celia Johnson	73	15.53	
Peter LeGet	87	16.68	
Tony Johnson	80	17.27	
Glenys Brown	68	19.01	

300m

Andrew Watts	65	45.13
Paul Durrant	59	50.15

Distance**2laps**

Glenys Brown	68	8.03
Marina Curnow	73	8.05

2k

Liz Clennell	51	11.35
Jodie Sinclair	50	11.51
David Wear	74	11.54
Brian Mee	83	13.25
Maggie Hawkes	66	14.15
Stephen Richards	59	16.48

4k

David Black	65	19.42
Helen Stanley	65	19.59
Michelle Quan	52	20.19
Kylie Irshad	49	20.42

Peter Thorne	72	22.29
Nicola Van Reenen	48	22.39
Glenn Claiden	67	22.5
6k		
Shane Grund	39	20.32
Mick Carr	67	30.29

KNOX 24 March 2021**800m walk**

John Graham	70	6.42
Peter Shanahan	59	6.44
Peter Thorne	72	7.01
Mick Carr	67	7.02
Anne McPherson	64	7.58
Glenn Claiden	67	8
Graeme Leticq	66	8.01
Glenys Brown	68	8.51
Marina Curnow	73	8.54
Maggie Hawkes	65	8.55

1500m NOT hcp

Peter Shanahan	59	9.01
Mick Carr	67	6.45 Winner
Paul Durrant	59	6.5 Winner
Peter Thorne	72	7.59
John Graham	70	6.15
Helen Stanley	65	6.59
Glenys Brown	68	13.09

5k hcp

Shane Grund	39	15.5
Bryan Poggenpoel	50	21.36
Graeme Leticq	66	22.49 Winner
Mick Carr	67	24.45
Peter Thorne	72	29.19
Glenn Berry	50	30.27
Peter Shanahan	59	36.05
Maggie Hawkes	65	13.05 5 laps
Glenn Claiden	67	16.53 3k

KNOX 31 March 2021**Discus**

Paul Durrant
Bec Carpenter
Mark Harris
Peter Shanahan
Bryan Poggenpoel
Mel Butler
Tracey Carpenter
Francis Schirripa

KNOX 31 March 2021 (cont)**800m walk**

Frances Schirripa	36	7.26
Peter Shanahan	59	7.31
Mick Carr	67	7.36
Graeme Leticq	66	7.37
Peter Thorne	72	7.38
Bryan Poggenpoel	50	7.4
Shane Grund	39	7.5
Glenn Berry	50	7.5
Paul Twining	71	9.08
John Graham	70	9.09
Glenys Brown	68	9.14
Marina Curnow	73	9.14
Melissa Carpenter	16	9.19
Bec Carpenter	21	9.21

800m

John Graham	70	3.04
Suzi Wilson	54	3.05
Bec Carpenter	21	3.21
Helen Stanley	65	3.24
Mick Carr	67	3.25
Glenn Berry	50	3.59
Glenys Brown	68	6.13

1200metres

Bryan Poggenpoel	50	5
1 lap		
Frances Schirripa	36	3
Peter Shanahan	59	3.08

400m hcp

Glenys Brown	68	2.38	Winner
Bec Carpenter	21	2.4	
Glenn Berry	50	2.4	
Mick Carr	67	2.41	
Paul Durrant	59	2.43	
Helen Stanley	65	2.51	
Peter Thorne	72	2.58	

10lap spiral

Shane Grund	39	13.08	
Bryan Poggenpoel	50	17.1	
John Graham	70	18.5	
Graeme Leticq	66	20.14	
Mick Carr	67	20.58	
Helen Stanley	65	21.06	
Paul Twining	71	21.06	
Michelle Quan	52	21.22	
Peter Thorne	72	24.36	
Ian U'Ren	70	24.32	6 laps

MENTONE 3 March 2021**500m Walk E.T.**

		<u>Clock</u>	<u>Diff.</u>
Joan Clarke	86	4.56	0.00
Maureen Seedsman	83	3.58	0.02
Sonya McLennan	68	3.07	-0.05
Bev Hugo	80	4.05	-0.06
Kylie Irshad	49	2.38	0.08
Kevin Cassidy	60	2.12	-0.08
Julian Boland	57	2.58	-0.08
Debbie Thomson	63	5.45	0.10
Dawn Bennett	76	4.12	0.12
Nola Finn	84	6.14	0.14
Ralph Bennett	79	3.01	-0.19
John Mathew	84	4.52	0.22

1 Mile E.T.

		<u>Clock</u>	<u>Diff</u>
Helen Castel	58	8.12.9	2.9
Col Waring	75	7.46.9	16.9
Sandra Wynne	69	8.20.7	30.7
John Kneen	78	11.54.5	34.5
Helen Bryan	50	14.16.3	1.26.3
Jeanne Bryan	78	14.16.3	1.31.3

150m E.T.

8			
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Gordon Gourlay Series 3

		<u>Clock</u>	<u>Diff</u>
Ron Arthur	81	26.34	0.14
Vivienne Cash	69	24.90	0.20
Glad Wishart	77	31.73	0.63
Bob Wishart	79	36.56	3.56
Stephen Bird	57	27.46	-7.54
John Mathew (60m)	84	18.70	

2.5 Km E.T. Road

		<u>Clock</u>	<u>Diff</u>
Helen Castel	57	14.03	0.02
Sandra Wynne	69	13.39	0.04
John Kneen	78	20.36	-0.24
James O'Brien	68	11.44	0.33
Stephen Bird ***	57	10.51	-0.39
Kevin Cassidy	60	14.12	-0.48
Ashley Birrell ***	76	13.09	-0.51
Sonya McLennan	68	13.23	-0.51

3000m Walk E.T.

		<u>Clock</u>	<u>Diff.</u>
Dawn Bennett	76	27.00	0.00
Julian Boland	57	19.59	0.29
Ralph Bennett	79	19.29	-0.31
Kylie Irshad	49	17.32	0.32
Bev Hugo	81	25.17	-1.14
Sylvia Machin	79	25.17	1.17
John Mathew	84	38.00	3.00
Helen Bryan	50	34.11	5.11
Jeanne Bryan	78	34.11	6.11

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<u>600m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Kevin Cassidy	60	2.44	-0.01
Maureen Seedsman	83	4.44	-0.01
Dawn Bennett	76	5.03	-0.02
Julian Boland	57	3.43	-0.02
Sylvia Machin	79	4.36	-0.04
Ralph Bennett	79	3.49	0.04
Debbie Thomson	63	6.50	-0.07
Pam Mews	86	6.07	-0.08
Michael Boulton	67	5.02	-0.08
John Mathew	84	6.11	0.11
Bev Hugo	81	4.56	-0.11
Iris Boulton	72	4.49	-0.11
Kylie Irshad	49	3.17	-0.13
Joan Clarke	86	6.07	0.17
Nola Finn	84	7.20	0.30
Jeanne Bryan	78	6.06	0.36

<u>1500m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	69	7.38	0.03
Helen Castel	57	8.00	0.05
Ashley Birrell	76	7.19	0.09
Avril Britter	62	8.06	0.13
Greg Hughes	62	8.14	0.14
John Kneen	78	11.07	0.22
Jeanne Bryan	78	13.25	0.25
Ashley Page	80	8.41	0.33
Helen Bryan	50	13.25	0.35

<u>150m E.T. *Agg Event*</u>		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Vivienne Cash	69	25.07	0.17	7
Ron Arthur	81	26.38	0.18	5
Glad Wishart	77	33.03	0.22	4
Avril Britter	62	30.14	1.52	3
John Mathew (60m)	84	18.70		

<u>4 Km E.T. *Agg Event*</u>		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Sandra Wynne	69	22.42	0.07	7
Greg Hughes	62	23.44	-0.11	5
Avril Britter	62	23.26	0.30	4
Ashley Page	80	23.27	-0.33	3
Helen Castel	58	23.42	0.50	2

3000m Walk E.T. *Agg Event*

<u>Murray Brown Trophy</u>		<u>Clock</u>	<u>Diff.</u>	<u>Pts</u>
Bev Hugo	81	26.27	-0.04	7
Maureen Seedsman	83	25.28	-0.10	5
Geoff Barrow	72	21.39	-0.13	4
Michael Boulton	67	27.28	-0.32	4
Kylie Irshad	49	16.58	-0.32	2
Julian Boland	57	20.19	0.49	1

Iris Boulton	72	26.03	1.03	1
Sylvia Machin	79	23.56	-1.19	1
Helen Bryan	50	36.08	8.08	1
Jeanne Bryan	78	36.08	8.38	1

2500m Road Walk E.T.

<u>Gordon Gourlay Series 1</u>		<u>Clock</u>	<u>Diff.</u>
John Mathew	84	33.00	0.00
Margaret Beaumont	82	25.11	0.03
Geoff Barrow	71	18.14	-0.04
Ralph Bennett	79	16.44	-0.16
Glennis McPherson	74	18.57	-0.23
Ian Beaumont	84	25.11	-0.25
John Zeleznikow	70	23.24	-0.32
Dawn Bennett	76	22.25	-0.35
Julian Boland	57	16.41	0.51
Bev Hugo	81	22.23	-0.51
Maureen Seedsman	82	22.04	-1.36
Kevin Cassidy ***	60	15.10	1.40
Helen Bryan	50	30.40	4.30
Jeanne Bryan	78	30.40	4.40

<u>400m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Bev Hugo	81	3.11	0.01
Maureen Seedsman	83	3.01	-0.02
Margaret Beaumont	83	3.45	0.03
Ian Beaumont	84	3.49	0.04
Sylvia Machin	79	2.56	-0.04
Iris Boulton	72	3.06	-0.04
Daniel Short	Inv	2.35	0.05
Dawn Bennett	76	3.13	-0.08
John Zeleznikow	70	3.38	0.08
Nola Finn	84	4.47	-0.08
Joan Clarke	86	3.54	0.09
Michael Boulton	67	3.19	0.09
Ralph Bennett	79	2.20	-0.10
Julian Boland	57	2.11	-0.11
Jeanne Bryan	78	3.51	0.11
Susan Short	47	2.18	-0.12
John Mathew	84	4.01	0.16

MENTONE 17 March 2021

900m E.T. Self H/cap *Agg Event*

		<u>Clock</u>	<u>Actual</u>	<u>Pts</u>
David Short	44	6.58.7	2.53.7	7
Greg Hughes	62	6.59.5	4.09.5	5
Avril Britter	62	7.03.2	4.28.2	4
Susan Short	47	7.05.9	3.35.9	3
Jeanne Bryan	78	7.40.5	7.40.5	2
Helen Bryan	50	7.40.5	7.40.5	2
Col Waring	75		4.00.7	1 (DQ)
Helen Castel	57		4.11.1	1 (DQ)

MENTONE 17 March 2021 (cont)

Sonya McLennan	68	4.22.3	1 (DQ)
Ashley Page ***	80	4.39.0	1 (DQ)
Stephen Bird	57	3.18.5	1 (DQ)
John Kneen	78	6.11.9	1 (DQ)
Sandra Wynne	69	4.21.8	1 (DQ)

<u>100m H/cap</u>		<u>Clock</u>	<u>Metres</u>
John Mathew	84	11.53	63
Glad Wishart	77	11.82	40
Vivienne Cash	69	12.18	26
Susan Short	47	12.46	21
Avril Britter	62	12.47	36
Daniel Short	Inv	12.87	26
David Short	44	13.53	0
Ron Arthur	81	13.79	24
Bob Wishart	79	15.84	20
Krish	Inv	14.43	

<u>5 Km E.T. Road</u>		<u>Clock</u>	<u>Diff</u>
Ashley Page	80	31.23	-0.08
Sandra Wynne	69	28.49	0.31
Ashley Birrell	78	27.43	0.43
Stephen Bird	68	25.30	1.00
Avril Britter	62	30.37	1.07
Sonya McLennan	68	28.21	-1.09
Greg Hughes	62	31.32	1.12
Helen Castel	57	29.37	-3.23

<u>1500m/ 5000m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
<u>1500m</u>			
Ralph Bennett ***	79	9.29	-0.01
Geoff Barrow	71	10.18	-0.02
Maureen Seedsman	83	12.33	-0.07
Dawn Bennett	76	12.58	-0.12
Sylvia Machin	79	11.44	0.14
Julian Boland	57	9.23	-0.14
Bev Hugo	81	13.01	-0.16
Michael Boulton	66	12.57	-0.18
Iris Boulton	72	12.34	-0.26
Joan Clarke	86	16.03	-1.07
Nola Finn	84	20.59	1.09
Ian Cassell	67	13.16	1.17
Helen Bryan	50	16.01	-1.39
Jeanne Bryan	78	16.01	-1.59
John Mathew	84	18.46	3.46
<u>5000m</u>			
John Zeleznikow	70	51.32	2.02

MENTONE 24 March 2021

<u>400m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Ralph Bennett	79	2.26	0.01
Kylie Irshad	49	2.03	0.03
Kevin Cassidy	60	1.47	-0.03
Bev Hugo	81	3.16	0.03
John Mathew	84	3.57	-0.03
Debbie Thomson	63	4.34	0.04
Daniel Short	Inv	2.34	0.04
Dawn Bennett	76	3.20	-0.05
Nola Finn	84	4.54	0.06
Sylvia Machin	79	3.02	0.07
Margaret Beaumont	83	3.38	-0.07
Susan Short	47	2.15	-0.15
Joan Clarke	86	3.43	-0.15
Jeanne Bryan	78	4.19	0.39
Helen Bryan	50	4.19	0.44

<u>1668m E.T. Road</u>		<u>Clock</u>	<u>Diff</u>
Daniel Short	Inv	7.54	-0.06
Ashley Birrell	76	8.09	-0.06
David Short	44	6.23	0.08
Sonya McLennan	68	8.52	-0.17
Stephen Bird	57	6.53	-0.22
Susan Short	47	7.35	-0.25
Sandra Wynne	69	8.56	0.46
John Kneen	78	13.11	1.11
Avril Britter	62	9.31	1.17
John Zeleznikow	70	17.59	-4.01

<u>120m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Avril Britter	62	23.25	-0.05
Vivienne Cash	69	19.82	-0.22
Daniel Short	Inv	19.92	-0.38
Susan Short	47	18.84	-0.46
Glad Wishart	77	25.90	-0.60
David Short	44	15.78	-0.92
Sue Hewitt ***	54	21.04	1.04
Bob Wishart	79	24.06	1.06
Ron Arthur ***	81	19.90	-1.30
John Mathew	84	39.94	3.94

<u>3 Km E.T.</u>		<u>Clock</u>	<u>Diff</u>
Stephen Bird	68	15.07	0.07
Sandra Wynne	69	16.54	-0.39
Sonya McLennan	68	16.12	-0.49
Avril Britter	62	18.19	1.21
Ashley Birrell	78	18.02	2.02

MENTONE 24 March 2021 (cont)

<u>2000m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Sylvia Machin	79	15.40	-0.05
Bev Hugo	81	17.14	-0.06
Geoff Barrow	72	14.06	-0.09
Dawn Bennett	76	17.17	-0.13
Kevin Cassidy ***	60	9.58	-0.22
Kylie Irshad	49	11.33	0.33
John Zeleznikow	70	19.10	0.40
Ralph Bennett	79	12.30	-1.00
Helen Bryan	50	23.39	2.39
Jeanne Bryan	78	23.39	3.09
Joan Clarke	86	20.50	-3.55
John Mathew	84	28.00	6.00
Sue Hewitt	54	15.41	-6.19

MENTONE 31 March 2021

<u>500m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Kylie Irshad	49	2.30	0.00
Michael Boulton	66	4.04	-0.01
Margaret Beaumont	60	4.41	0.01
Joan Clarke	86	4.59	-0.03
Kevin Cassidy	60	2.11	-0.04
Iris Boulton	72	3.55	-0.05
Dawn Bennett	76	4.05	-0.05
John Mathew	84	4.53	-0.07
Debbie Thomson	63	5.32	-0.13
Ian Beaumont	85	4.42	0.14
Nola Finn	84	5.42	-0.28

<u>600m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	69	2.48.2	2.2
Ashley Page	80	3.07.5	4.5
Ralph Bennett	79	3.04.4	-10.6
Greg Hughes	62	2.32.1	-10.9
Avril Britter	62	2.58.9	22.9
Jeanne Bryan	78	4.58.4	-41.6
Helen Bryan	50	4.58.4	-51.6

<u>150m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Vivienne Cash	69	25.30	0.40
Ron Arthur	81	26.24	0.64
Bob Wishart	79	33.54	2.54
Glad Wishart	77	35.34	3.22
Stephen Bird	57	25.70	-4.30
John Mathew (60m)	84	18.40	

5 Km Self H/cap

<u>Peter Colthup Trophy</u>		<u>Clock</u>	<u>Actual</u>
Sandra Wynne	69	52.06	28.26
Avril Britter	62	52.40	30.10
Frank McNamara	67	53.01	23.01
Greg Hughes	62	DQ	30.12
Ashley Page	80	DQ	29.41
John Zeleznikow	70	DQ	50.50
Sonya McLennan	69	DQ	27.57
Stephen Bird	57	DQ	23.49

<u>2000m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Kylie Irshad	49	11.03	0.03
Kevin Cassidy	60	10.45	0.05
Sylvia Machin	79	15.39	-0.06
Geoff Barrow	71	15.07	0.07
Dawn Bennett	75	17.19	0.09
Glennis McPherson	74	15.26	-0.29
Margaret Beaumont	83	19.46	0.50
Ian Beaumont	84	19.53	1.00
Ralph Bennett	79	12.12	-1.01
Iris Boulton	72	16.44	2.04
Michael Boulton	66	17.17	2.17
Helen Bryan	50	23.07	2.53
Jeanne Bryan	78	23.09	3.32
Nola Finn (3 laps)	84		

SPRINGVALE 3 March 2021**100 metres heat 1***hcp*

Tracey HUTCHINSON	50	15.00	22 mts
Alan ANDERSON	31	15.20	plus20
Mick COLGAN	70	15.30	35.00
Sayed KHATAN	70	15.40	2.50

heat 2

Mike HALL	82	14.90	11.00
Helen ANDERSON	58	15.20	4.50
Lindsay OXENHAM	71	16.10	25.00
Troy JEFFS	46	nt	3.50

800 metres

Mark McGUINNESS		3.23	
Dave TALBOT	66	3.33	
Paul MULLINS	80	3.46	
Howard REES	73	4.04	
Claudio RIGA	65	4.04	
Lindsay OXENHAM	71	4.08	
Lou BUCCIERI	65		

300 metres

Alan ANDERSON	31	51.40	
Sayed KHATAN	70	56.10	
Helen ANDERSON	58	59.00	
Chris McARDLE	67	65.50	
Paul WINTERTON	66	77.80	
Lindsay OXENHAM	71	79.30	
Eric NEGROS	57	160.80	

2500 metres road walk

Anand THILLAISUN	44	19.44	
Tony DORAN	68	19.44	
Frank ALLEN	76	21.23	
Mick COLGAN	70	22.12	
Jim SMITH	80	23.29	
Dennis PHILLIPS	78	23.29	
Kevin ONLEY	87	24.19	
Bill IRVINE	72	14.57	
Natalie IRVINE	74	24.57	
Eric NEGROS	57	32.12	
Dominique RUELOT	69	19.45	run
Tracey HUTCHINSON	50	20.05	run

4000 metres road run

Alan BENNIE	74	18.32	
Howard REES	73	18.58	
Mark McGUINNESS		20.36	
Claudio RIGA	65	21.50	
Lou BUCCIERI	65	22.33	
Lindsay OXENHAM	71	22.40	
Helen ANDERSON	58	23.26	
Sayed KHATAN	70	23.32	
Ian TREGAR	70	24.22	

SPRINGVALE 10 March 2021**100 metres Final***hcp*

Alan ANDERSON	31	14.80	plus20
Mike HALL	82	14.80	9.5 mts
Sayed KHATAN	70	14.80	1.50
Tracey HUTCHINSON	50	14.90	21.00
Helen ANDERSON	58	14.90	3.50
Lindsay OXENHAM	71	15.30	23.00
Mick COLGAN dq	70	14.20	23.00

600 metres

Neil GRAY	73	2.20	
Dave TALBOT	66	2.25	
Paul MULLINS	80	2.29	
Charles		2.34	
Sayed KHATAN	70	2.40	
Howard REES	73	2.45	
Lou BUCCIERI	65	2.48	
Claudio RIGA	65	3.00	
Lindsay OXENHAM	71	3.03	
Paul WINTERTON	66	3.28	

1000 metres

Alan BENNIE	74	4.07	
Mark McGuinness	60	4.15	

road walks

Mick COLGAN	70	12.44	
Pam THOMAS	71	13.38	
Natalie IRVINE	74	14.37	
Bill IRVINE	72	14.38	
Eric NEGROS	57	22.43	
C Fox		22.43	
Tony DORAN	68	23.17	
John ABEL	71	23.51	
Ernie JEFFS	76	23.51	
Tony JOHNSON	80	24.02	
Juan PEREZ	81	24.35	
Celia JOHNSON	73	25.08	
Frank ALLEN	76	25.09	
Jim SMITH	80	26.20	
Kevin ONLEY	87	30.20	
Trevor JUPP	80	30.21	

3100 metres road run

Alan BENNIE	74	14.39	
Mark McGuinness	60	15.27	
Claudio RIGA	65	16.18	
Sayed KHATAN	70	17.11	
Ian TREGAR	70	18.34	
Dominique RUELOT	69	22.19	
Troy JEFFS	46	24.39	

SPRINGVALE 10 March 2021 (cont)**5000 metres road run**

Howard REES	73	24.55
Alan ANDERSON	31	26.05
Lindsay OXENHAM	71	28.00
Lou BUCCIERI	65	28.25
Helen ANDERSON	58	29.46

SPRINGVALE 17 March 2021**100 metres heat 1**

Alan ANDERSON	31	13.10
Sayed KHATAN	70	16.20
Juan PEREZ	81	20.30
Paul WINTERTON	66	22.00
Paul MULLINS	80	22.20
Kevin ONLEY	87	43.00
Frank ALLEN	76	43.00

heat 2

Helen ANDERSON	58	16.20
Mike HALL	82	17.30
Chris McARDLE	67	17.70
Tracey HUTCHINSON	50	20.20
Alan BENNIE	74	28.50

heat 3

Abdul		16.30
Tony DORAN	68	20.10
Jaz		21.40
Lou BUCCIERI	65	22.80
Claudio RIGA	65	23.10
Howard REES	73	23.70

50 metres walk

Troy JEFFS	46	24.60
Celia JOHNSON	73	26.90
Tony JOHNSON	80	30.00
Jim SMITH	80	30.70

7 lap walk / 12 lap run

Shelly VELLIN	45	16.15
Peter ELLIS	70	19.25
Tony DORAN	68	22.07
Kevin ONLEY	87	22.09
Juan PEREZ	81	22.27
Alan BENNIE	74	22.27
Dragan ISAALOVIC	61	22.27
Howard REES	73	23.56
Tony JOHNSON	80	24.08
Frank ALLEN	76	24.10
Jim SMITH	80	24.23
Pam THOMAS	71	25.48
Claudio RIGA	65	26.09
Alan ANDERSON	31	26.39
Lou BUCCIERI	65	26.57
Troy JEFFS	46	27.23

Sayed KHATAN	70	27.27
John ABEL	71	27.42
Paul MULLINS	80	28.02
Ian TREGAR	70	29.10
Jenny		29.00
Eric NEGROS	58	29.55
Dominique RUELLOT	69	33.35
Natalie IRVINE	74	16.08 4 laps
Celia JOHNSON	73	16.10 4 laps
Ernie JEFFS	76	25.23

SPRINGVALE 24 March 2021**50 metres**

Alan ANDERSON	31	7.30
Helen ANDERSON	58	8.40
Mike HALL	82	8.90
Chris McARDLE	67	9.30
Juan PEREZ	81	9.60
Ian TREGAR	70	10.00
Lindsay OXENHAM	71	11.30

800 metres

Alan ANDERSON	31	3.04
Alan BENNIE	74	3.21
Paul MULLINS	80	3.38
Howard REES	73	3.41
Claudio RIGA	65	3.47
Lou BUCCIERI	65	3.48
Neil GRAY	73	3.57
Lindsay OXENHAM	71	4.08

100 metres

Helen ANDERSON	31	16.00
Mike HALL	82	16.80
Chris McARDLE	67	18.00
Ian TREGAR	70	18.60
Juan PEREZ	81	19.00
Paul WINTERTON	66	21.30
Lindsay OXENHAM	71	21.90

3000 metres

Alan BENNIE	74	14.33
Alan ANDERSON	31	17.15
Helen ANDERSON	58	18.03
Ian TREGAR	70	18.03
Dominique RUELLOT	69	21.45
Tracey HUTCHINSON	50	21.52

5000 metres

Howard REES	73	25.01
Claudio RIGA	65	25.46
Lou BUCCIERI	65	28.25
Lindsay OXENHAM	71	28.41

2000 metres walk

Tony JOHNSON	80	15.18
Celia JOHNSON	73	18.07

SPRINGVALE 24 March 2021 (cont)

Natalie IRVINE	74	19.49
Ernie JEFFS	76	23.33

4000 metres walk

Peter ELLIS	70	28.34
Frank ALLEN	76	34.48
Juan PEREZ	81	32.32

SPRINGVALE 31 March 2021**300 walk or 700 metres run**

Kevin ONLEY	87	1.48
Tony DORAN	68	2.03
Juan PEREZ	81	2.08
Frank ALLEN	76	2.23
Celia JOHNSON	73	2.24
Alan ANDERSON	31	2.32
Dragan ISAALOVIC	61	2.37
Troy JEFFS	46	2.39
Jim SMITH	80	2.52
Tony JOHNSON	80	2.52
Abdul		2.57
Dave TALBOT	66	2.57
Sayed KHATAN	70	3.02
Helen ANDERSON	58	3.02
Claudio RIGA	65	3.16
Howard REES	73	3.16
Paul MULLINS	80	3.25
Lou BUCCIERI	65	3.32
Alan BENNIE	74	3.45

100 metres heat 1

Alan ANDERSON	31	13.10
Sayed KHATAN	70	16.20
Juan PEREZ	81	20.30
Paul WINTERTON	66	22.00
Paul MULLINS	80	22.20
Kevin ONLEY	87	43.00
Frank ALLEN	76	43.00

heat 2

Helen ANDERSON	58	16.20
Mike HALL	82	17.30
Chris McARDLE	67	17.70
Tracey HUTCHINSON	50	20.20
Alan BENNIE	74	28.50

heat 3

Abdul		16.30
Tony DORAN	68	20.10
Jaz		21.40
Lou BUCCIERI	65	22.80
Claudio RIGA	65	23.10
Howard REES	73	23.70

50 metres walk

Troy JEFFS	46	24.60
Celia JOHNSON	73	26.90
Tony JOHNSON	80	30.00
Jim SMITH	80	30.70

7 lap walk / 12 lap run

Shelly VELLIN	45	16.15	
Peter ELLIS	70	19.25	
Tony DORAN	68	22.07	
Kevin ONLEY	87	22.09	
Juan PEREZ	81	22.27	
Alan BENNIE	74	22.27	
Dragan ISAALOVIC	61	22.27	
Howard REES	73	23.56	
Tony JOHNSON	80	24.08	
Frank ALLEN	76	24.10	
Jim SMITH	80	24.23	
Pam THOMAS	71	25.48	
Claudio RIGA	65	26.09	
Alan ANDERSON	31	26.39	
Lou BUCCIERI	65	26.57	
Troy JEFFS	46	27.23	
Sayed KHATAN	70	27.27	
John ABEL	71	27.42	
Paul MULLINS	80	28.02	
Ian TREGGAR	70	29.10	
Jenny		29.00	
Eric NEGROS	58	29.55	
Dominique RUELOT	69	33.35	
Natalie IRVINE	74	16.08	4 laps
Celia JOHNSON	73	16.10	4 laps
Ernie JEFFS	76	25.23	5 laps