

Around the Grounds

Venue Results for April 2021



Aberfeldie, Casey, Coburg, Croydon, Doncaster,
East Burwood, Frankston & Peninsula, Geelong, Glen Eira,
Knox, Mentone, Springvale/Noble Park

Forthcoming Venue Programs

Abbreviations: H/C - handicap, ag - age graded, ET - estimated time, NOT - nominate own time, SHC self-handicap

Aberfeldie (Wed 7.00 - 9.00)

12-May-21	100	1000 ag	300	5k H/C
19-May-21	110	800	400 ag	3k NOT
26-May-21	100	1200	200	4k ag
2-Jun-21	90	1500	400	2/4k

Croydon (Tuesday 7.00 start)

11-May-21	110	1500 NOT	200	8 laps	1500 walk NOT	Shot
18-May-21	80	3 laps/9min	400 NOT	3k NOT	1200 walk	Javelin
25-May-21	70	800	300	4k ag	1 mile walk NOT	Discus
1-Jun-21	120	1300 NOT	270 NOT	2/4k	1000 walk	Shot

Doncaster (Monday)

10-May-21	60	100	400 ag	1000 (Gift)	3000 (walk/run)
17-May-21	Pentathlon (Men LJ, 200, Jav, Discus, 1500; Women 100, LJ, Javelin, Shot, 800)				
24-May-21	80	150	500	300 (Gift)	2000 NOT (walk/run)
31-May-21	60	800	2 x 200	Parlouf	1000 walk/run

East Burwood (Thursday)

13-May-21	60	400	1500 H/C	100	4k H/C or 800/2k walk	200 Shot
20-May-21	60	1200 NOT	1000 H/C	100 ag	6k H/C or 800/2k walk	300 NOT Discus H/C
27-May-21	60	400	1500 H/C	110	4k H/C or 800/2k walk	150 Javelin
3-Jun-21	60	1000 H/C	1500 SHC	4 x 100	10/15/20 min run/walk	400 NOT Shot NOD

Geelong (Wednesday)

12-May-21	Keith Bird Mile		100	2400m
19-May-21	300	2400	800	
26-May-21	200	3200	1500	
2-Jun-21	100	2400	1000	

Glen Eira (Tuesday 7.15 start)

11-May-21	60 ET	700 ET	400 H/C	3k/5k walk ET	4k H/C
18-May-21	70 ET	600 H/C	400 H/C	2 x 1500 walk relay	3k ag
25-May-21	60 ET	1200 H/C	400 H/C	2k walk	3k ET
1-Jun-21	100 HC	800 ET	200 ET	3k H/C walk	3k H/C

Mentone (Wednesday)

12-May-21	600 walk ET	800 SHC	100 ET	4k ET	2k walk SHC
19-May-21	800 walk ET	1500 ET	120 ET	2 miles SHC	1 mile/2 mile walk ET
26-May-21	400 walk ET	900 ET	200 ET	5k ET	2k/4k walk ET
2-Jun-21	500 walk ET	1 mile SHC	100 HC	3k ET	1500 walk ET

ABERFELDIE 7 April 2021

100m	Age	Time	Age-grade
Joe Dilworth	69	17.0	72.6%
Ruby Beveridge	19	18.9	56.4%
Heath Beveridge	17	13.7	74.2%
Maggie Armstrong	59	21.0	63.9%

1 mile	Age	Time	Age-grade
John Papworth	52	08:18	51.9%
Michael Orelli	77	10:26	54.2%
Trevor Hawksworth	74	09:23	57.1%
Ash McDowall	50	07:25	57.2%

5000m	Age	Time	Age-grade
John Papworth	52	25:48	56.8%
Ash McDowall	50	20:52	69.1%
Bill Ristevski	56	31:41	47.8%

3000m	Age	Time	Age-grade
Allan Smith	66	18:37	51.7%
Alfred Lendvai	67	16:37	58.5%
Ruby Beveridge	19	16:56	49.5%
Shane Draper	47	12:12	67.1%
Joe Dilworth	69	17:07	57.9%
Maggie Armstrong	59	17:48	62.2%
Heath Beveridge	17	18:32	59.6% Walk

2000m	Age	Time	Age-grade
John Dean	76	0.53125	55.4%

ABERFELDIE 14 April 2021

90m	Age	Time
Graham Shaw	63	13.1
Joe Dilworth	69	15.7
Marlon Cummings	43	12.0
Heath Beveridge	17	12.5
Bill Ristevski	56	17.5
Ruby Beveridge	19	17.5

1000m	Age	Time	Age-grade
Michael Orelli	77	06:36	50.5%
Heath Beveridge	17	03:45	60.4%
Bill Ristevski	56	05:58	44.5%
John Papworth	52	04:18	59.6%
Maggie Armstrong	59	04:55	64.0%
Andrea Draper	44	05:58	44.1%

200m	Age	Time	Age-grade
Graham Shaw	63	30.0	81.6%
Joe Dilworth	69	35.9	71.3%
Marlon Cummings	43	27.2	78.3%
Maggie Armstrong	59	41.5	57.4%

4000m	Age	Time	Age-grade
John Papworth	52	18:35	62.3%
Bill Ristevski	56	24:11	49.5%

2000m	Age	Time	Age-grade
Marlon Cummings	43	10:01	51.0%
Ruby Beveridge	19	11:25	47.1%
Cheryl Beveridge	56	14:00	49.0%
Heath Beveridge	17	09:48	50.4%
Alfred Lendvai	67	10:37	58.9%

3200m	Age	Time
Andrea Draper	44	18:59

ABERFELDIE 21 April 2021

100m	Age	Time	Age-grade
Michael Orelli	77	30	45.3%
Graham Eadie	69	17	71.4%
Ruby Beveridge	19	18	59.2%
Maggie Armstrong	59	18	73.3%
Marlon Cummings	43	13	83.1%

800m	Age	Time	Age-grade
Michael Orelli	77	04:06	62.9%
John Papworth	52	02:56	67.2%
Ian Newey	61	03:41	57.6%
David Jones	70	03:24	67.9%
Maggie Armstrong	59	03:53	61.7%
Andrea Draper	44	04:05	49.3%
Bill Ristevski	56	04:05	49.9%

400m	Age	Time	Age-grade
David Jones	70	96.0	61.5%
Marlon Cummings	43	63.0	74.9%
Maggie Armstrong	59	106.0	59.6%

5000m	Age	Time	Age-grade
John Papworth	52	21:45	67.4%
Bill Ristevski	56	31:31	48.1%
Heath Beveridge	17	19:36	67.4%
Graham Eadie	69	30:33	55.8%

3000m	Age	Time	Age-grade
Ian Newey	61	16:37	55.4%
Alfred Lendvai	67	16:35	58.6%
Trevor Hawksworth	74	17:33	60.4%
John Dean	76	21:13	51.7%
David Jones	70	16:09	62.0%
Cheryl Beveridge	56	21:13	50.0%
Ruby Beveridge	19	17:48	47.1%
Andrea Draper	44	17:39	51.6%

ABERFELDIE 28 April 2021

80m	Age	Time
Michael Orelli	77	22.4
Ian Newey	61	14.5
Ruby Beveridge	19	15.2
John Howes	85	22.3
Marlon Cummings	43	14.5

1200m	Age	Time
Michael Orelli	77	07:08
Ian Newey	61	06:04
Troy Tan	57	04:46
Marlon Cummings	43	06:04
Andrea Draper	44	06:25
John Papworth	52	04:45
Ash McDowall	50	06:36
David Jones	70	05:31

60 s N.O.D	Age	Result
John Papworth	52	Best of the worst
Ian Newey	61	Not good enough
Cheryl Beveridge	56	Not good enough
Maggie Armstrong	59	Not good enough
John Howes	85	Not good enough
Michael Orelli	77	Not good enough
John Dean	76	Not good enough
Bill Ristevski	56	Not good enough

4000m	Age	Time	Age-grade
Ash McDowall	50	21:41	52.5%
Ruby Beveridge	19	23:46	48.1%
Troy Tan	57	16:35	72.8%
John Papworth	52	18:30	62.6%
John Dean	76	27:39	53.9%
Maggie Armstrong	59	24:16	61.8%
Bill Ristevski	56	27:39	43.3%

2800m	Age	Time
Andrea Draper	44	17:06

2000m	Age	Time	Age-grade
David Jones	70	09:55	65.0%
Cheryl Beveridge	56	15:05	45.5%

CASEY FIELDS 5 April 202170m Handicap

Gulshan Kaur	36
Noel Fairburn	61
Jeet Singh	64
Narinder Singh	37
Kuldeep Singh	37
Mike Hall	82
Paul Conduit	55
Arlene D'Monte	62
Hsien Chiam	49

800m Handicap run/walk

Paul Conduit	55
Gary Meyer	60
Albin Hess	61 walk
Narinder Singh	37
Marnie Grace	46 walk
Lindsay Beaton	71 walk
Kuldeep Singh	37

200m Handicap

Narinder Singh	37
Paul Conduit	55
Noel Fairburn	61
Kuldeep Singh	37
Allison Devine	
Jeet Singh	64

3000m Handicap run/walk

Gary Meyer	60
Kylie Irshad	49
Albin Hess	61 walk
Lindsay Beaton	71 walk
Arlene D'Monte	62 walk
Hsien Chiam	49
Inder Bains	39

CASEY FIELDS 12 April 202190m sprint

Kuldeep Singh	37	No times
Jeet Singh	64	
Prabh Singh	37	
Inder Bains	39	
Paul Olsson	64	
Mike Hall	82	
Hsien Chiam	49	
Allison Devine		
Kulwinder Kaur	35	
Gulshan (Sharon) Kaur	36	

CASEY FIELDS 12 April 2021 (cont)1500m run/walk

Tony Di Lorenzo	57	6.01
Paul Conduit	55	7.18
Gary Meyer	66	8.01
Hsien Chiam	49	8.46
Marnie Grace	46	9.29 walk
Noel Fairburn	60	12.02 walk

150m sprint

Shaun Taylor	35	16.95
Kuldeep Singh	37	18.15
Karan	inv	19.57
Jeet Singh	64	20.09
Prabh Singh	37	21.89
Paul Olsson	64	22.93
Kulwinder Kaur	35	27.26

5 lap spiral run/walk

Tony Di Lorenzo	57	8.48
Kylie Irshad	49	10.07
Paul Conduit	55	10.26
Inder Bains	39	11.27
Kulwinder Kaur	35	11.51
Marnie Grace	46	13.43 walk

Shot putBest

Ricardo Ferrier	55	10.07
Paul Olsson	64	9.38
Prabh Singh	37	6.59
Jeet Singh	64	6.24
Kulwinder Kaur	35	6.15
Shaun Taylor	35	5.05

CASEY FIELDS 19 April 202160m sprint

Kuldeep Singh	37	7.67
Narinder Singh	37	7.97
Jeet Singh	64	8.60
Kulwinder Kaur	35	10.51
Mike Hall	82	10.83
Hsien Chiam	50	11.13
Arlene D'Monte	62	11.98

1200m run/walk

Inder Bains	39	5.46
Gary Meyer	66	5.55
Frances Halton	59	7.31
Hsien Chiam	50	9.24 walk
Albin Hess	61	9.34 walk

200m sprint

Kuldeep Singh	37	26.23
Narinder Singh	37	27.48
Jeet Singh	64	29.10
Kulwinder Kaur	35	39.19

3km walk

Arlene D'Monte	62	26.30
Lindsay Beaton	71	29.15

5km run

Gary Meyer	66	27.55
Inder Bains	39	31.36
Ian Savage	69	32.42
Frances Halton	59	34.07

CASEY FIELDS 26 April 202170m sprint

Kuldeep Singh	38	8.80
Narinder Singh	37	9.36
Jeet Singh	64	10.39
Mike Hall	82	13.05

1600m run/walk

Gary Meyer	66	8.24
Pramesh Prasad	47	8.28 walk
Hsien Chiam	50	9.36
Albin Hess	61	10.59 walk
Marnie Grace	46	11.07 walk
Arlene D'Monte	62	13.18 walk

120m sprint

Kuldeep Singh	38	15.08
Narinder Singh	37	16.05
Ranjit Padda	40	16.98
Jeet Singh	64	17.27
Noel Fairburn	60	22.03

2/4km run/walk

Kylie Irshad	49	9.42 2k run
Marnie Grace	46	14.05 2k walk
Pramesh Prasad	47	15.57 4k run
Albin Hess	61	16.21 2k walk
Lindsay Beaton	71	19.09 2k walk
Gary Meyer	66	21.22 4k run
Frances Halton	59	26.04 4k run

COBURG 1 April 2021**100m Teams Championship****Heat: 1**

Tracy COLBERT	51	19.60
Donna-Marie ELMS	59	21.30
Rob LEWIS	73	23.47
Yolanda SHAW	68	23.73
Michelle SPORTON	55	26.06
Ken CARTER	68	51.53

Heat: 2

Dib HASSAN	19	14.00
Fraser MURRAY	49	15.25
Matt HALLETT	32	15.56
Ayman ELFAWAL	15	16.00
Len HALLETT	71	22.08
Rob DAVEY	81	32.04

Heat: 3

Ben PEARMAN	37	13.47
Michael CARNEY	57	13.63
Khizar IFTIKHER	24	13.90
Isabelle RAINES	18	14.00
Ahmedi HUSSAN	15	14.40
Michael MEANEY	65	15.77

Heat: 4

Ethan O'NEILL	20	12.30
Zach ANSTEY	25	13.23
Ray MYRTEZA	18	13.54
Paul O'NEILL	55	13.81
Yousef HASSAN	13	14.50
Andrew CLOSE	31	14.89

1000m

Donna-Marie ELMS	59	5.58
Rob DAVEY	81	9.46
Rob LEWIS	73	9.46

1600m

Ethan O'NEILL	20	6.16
Ben PEARMAN	37	6.35
Fraser MURRAY	49	7.04
Matt HALLETT	32	7.30
Maria BARBETTI	55	8.03
Len HALLETT	71	9.20
Yolanda SHAW	68	10.32
Ken CARTER	68	16.25

100m

Andrew CLOSE	31	14.75
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400m

Rob DAVEY	81	3.35.0
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2km

Fraser MURRAY	49	7.28
Ben PEARMAN	37	9.01
Tracy COLBERT	51	12.01
Ken CARTER	68	23.20

500m

Ray MYRTEZA	18	1.25.9
Zach ANSTEY	25	1.26.4
Isabelle RAINES	18	1.27.0
Yousef HASSAN	13	1.38.9
Dib HASSAN	19	2.09.0
Ayman ELFAWAL	15	2.24.0
Khizar IFTIKHER	24	2.27.0
Donna-Marie ELMS	59	2.47.0
Rob LEWIS	73	2.54.0
Rob DAVEY	81	3.31.0
Michelle SPORTON	55	5.06.0
Ken CARTER	68	5.16.0

4km

Matt HALLETT	32	20.14
Maria BARBETTI	55	23.11
Len HALLETT	71	25.58

COBURG 8 April 2021**110m**

Ethan O'NEILL	20	14.08
Patrick GAME	14	15.08
Andrew CLOSE	31	16.25
Isabelle RAINES	18	17.07
Ben PEARMAN	37	17.12
Rob LEWIS	73	26.50
Michelle SPORTON	55	30.68
Ken CARTER	68	45.27

300m**Heat: 1**

Andrew CLOSE	31	59.40
Yolanda SHAW	68	1.19.0
Rob LEWIS	73	1.23.0
Rob DAVEY	81	1.48.0
Michelle SPORTON	55	2.25.0
Ken CARTER	68	3.07.0

300m**Heat: 2**

Patrick GAME	14	44.85
Isabelle RAINES	18	47.53
Gary O'DWYER	61	53.63
Paul O'NEILL	55	55.00

800m

Gary O'DWYER	61	4.35
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2km

Michael MEANEY	65	11.28
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COBURG 8 April 2021 (cont)**1500m Teams Championship**

Ben PEARMAN	37	5.10
Patrick GAME	14	5.16
Fraser MURRAY	49	5.23
Isabelle RAINES	18	5.50
Paul O'NEILL	55	6.05
Michael MEANEY	65	6.41
Matt HALLETT	32	6.50
Tracy COLBERT	51	7.16
Maria BARBETTI	55	7.24
Fiona ELY	51	7.25
Tim BENJAMIN	42	7.29
Andrew CLOSE	31	7.39
Donna-Marie ELMS	60	7.58
Brian DELANEY	67	7.59
Len HALLETT	71	8.11
Yolanda SHAW	68	9.12
Ken CARTER	68	15.34

4km

Ben PEARMAN	37	18.44
Fraser MURRAY	49	20.48
Fiona ELY	51	21.11
Matt HALLETT	32	21.40
Maria BARBETTI	55	23.12
Tim BENJAMIN	42	24.11
Len HALLETT	71	30.35
Ken CARTER	68	47.20

COBURG 15 April 2021**90m****Heat: 1**

Gary O'DWYER	62	17.44
Frank BRADLEY	65	18.24
Rob LEWIS	73	20.39
Michelle SPORTON	55	23.32
Ken CARTER	68	47.29

90m

Isabelle RAINES	18	13.85
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100m

Ethan O'NEILL	20	12.39
Patrick GAME	14	14.29
Andrew CLOSE	31	15.75

1000m

Patrick GAME	14	3.34
Isabelle RAINES	18	3.54
Fraser MURRAY	49	4.25
Tim BENJAMIN	42	5.03
Fiona ELY	51	5.19
Matt HALLETT	32	5.37
Len HALLETT	71	6.04
Yolanda SHAW	68	6.10

Rob LEWIS	73	8.44	W
Rob DAVEY	81	8.45	
Ken CARTER	68	10.56	

400m Teams Championship**Heat: 1**

Paul O'NEILL	55	1.03
Brian DELANEY	67	1.38
Frank BRADLEY	65	1.45
Rob LEWIS	73	2.05
Michelle SPORTON	55	3.39
Ken CARTER	68	4.15

Heat: 2

Matt HALLETT	32	1.17
Michael MEANEY	65	1.21
Fiona ELY	51	1.30
Maria BARBETTI	55	1.35
Len HALLETT	71	1.51
Yolanda SHAW	68	2.09

Heat: 3

Ben PEARMAN	37	1.01
Patrick GAME	14	1.02
Isabelle RAINES	18	1.08
Fraser MURRAY	49	1.09
Andrew CLOSE	31	1.21

Lap run

Ben PEARMAN	37	4.15	2
Michael MEANEY	65	11.34	6
Fiona ELY	51	12.20	6
Maria BARBETTI	55	13.44	6
Len HALLETT	71	15.12	6
Fraser MURRAY	49	19.29	10
Matt HALLETT	32	19.57	10
Tim BENJAMIN	42	23.37	10
Ken CARTER	68	26.59	6

COBURG 22 April 2021**110m**

Ethan O'NEILL	20	13.59
Patrick GAME	14	15.62
Andrew CLOSE	31	17.08
Rob LEWIS	73	26.62
Bruce GIBBS	72	27.14
Michelle SPORTON	55	29.38
Ken CARTER	68	1.01.3

1600m

Ben PEARMAN	37	6.38
Fraser MURRAY	49	7.05
Matt HALLETT	32	8.35
Maria BARBETTI	55	8.46
Fiona ELY	51	8.47
Ken CARTER	68	16.56

COBURG 22 April 2021 (cont)**200m**

Ethan O'NEILL	20	26.52
Patrick GAME	14	29.61
Andrew CLOSE	31	33.36
Rob LEWIS	73	48.80
Bruce GIBBS	72	58.69
Michelle SPORTON	55	1.04.8
Ken CARTER	68	2.11.0

4km Teams Championship

Ben PEARMAIN	37	15.46
Fraser MURRAY	49	16.39
Patrick GAME	14	16.40
Paul O'NEILL	55	18.09
Carl KENNEDY	55	18.55
Matt HALLETT	32	19.35
Michael MEANEY	65	19.44
Fiona ELY	51	20.35
Maria BARBETTI	55	21.49
Brian DELANEY	67	22.48
Donna-Marie ELMS	60	22.59
Len HALLETT	71	24.21
Yolanda SHAW	68	26.12
Frank BRADLEY	65	28.33
Rob DAVEY	81	36.42
Ken CARTER	68	47.29

COBURG 29 April 2021**100m****Heat: 1**

Rob LEWIS	73	22.37
Bruce GIBBS	72	24.71
Michelle SPORTON	55	26.94
Ken CARTER	68	51.68

Heat: 2

Ethan O'NEILL	20	12.79
Patrick GAME	14	14.53
Andrew CLOSE	32	15.20
Gary O'DWYER	62	15.43

1500m

Ben PEARMAIN	37	5.27
Fraser MURRAY	49	5.40
Fiona ELY	51	7.41
Maria BARBETTI	55	7.42
Len HALLETT	71	9.10
Yolanda SHAW	68	9.17
Rob DAVEY	81	12.24
Ken CARTER	68	15.34

110m

Andrew CLOSE	32	17.35
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200m

Ethan O'NEILL	20	27.70
Patrick GAME	14	27.70
Gary O'DWYER	62	33.84
Rob LEWIS	73	47.65
Yolanda SHAW	68	50.00
Bruce GIBBS	72	54.00
Michelle SPORTON	55	1.05.8
Ken CARTER	68	1.58.3

3km

Ben PEARMAIN	37	13.55
Fiona ELY	51	15.12
Brian DELANEY	67	17.11
Len HALLETT	71	20.18
Ken CARTER	68	34.06

5km

Fraser MURRAY	49	24.38
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CROYDON 6 April 20211600 METRE WALK

Alison THOMPSON	68	9.31	
Paul MORITZ	61	10.41	
Gunther INGOUTZ	82	10.55	
Julie CHALLEN	63	11.38	
Debbie VOOGD	55	11.44	
Jess DUX	36	13.31	
Mark CHALLEN	63	13.38	
Lyn BATCHELOR	72	13.49	
Phyllis GOSBELL	82	13.59	
Liz WRIGLEY	65	14.22	<u>Nom.</u>
AI WILLEY	82	14.24	6.00
Gary TURNER	67	15.4	7.30
Barry MURLEY	82	15.41	6.20
Barrie WICKS	81	17.52	7.00
Ron SMITH	72	18.44	
Andrew FRASER	79	18.49	
Allan WOOD	83	18.5	

100 METRE SPRINT

Jess DUX	36	13.8	
Grant MURFETT	53	14.2	
Russell OAKLEY	81	18.0	
Allan WOOD	83	19.4	<u>Nom.</u>
Erika BEDYN	58	19.9	
Tony FREEGARD	64	23.0	15.00
Ron SMITH	72	26.8	20.00
Andrew FRASER	79	31.5	24.00

800 METRES IN 5 MINS

Ros DYER	56	4.20	29.40
Tony FREEGARD	64	4.30	
Alison THOMPSON	68	4.32	
Grant MURFETT **	53	4.53	
Erika BEDYN	58	5.09	
Paul DURRANT	59	5.16	

** Winner - Grant Murfett

250 METRE SPRINT

Grant MURFETT	53	35.5	
Jess DUX	36	39.5	
Russell OAKLEY	81	52.4	
Allan WOOD	83	60.9	

SHOT PUT

		<u>Metres</u>	
Paul DURRANT	59	9.99	
Jess DUX	36	8.20	
Erika BEDYN	58	6.05	<u>Nom.</u>

10 LAPS MAXIMUM RUN/WALK

		<u>Laps</u>		
Andrew EGGINTON	59	10		Run
Colin PAGE	68	10	No	Run
Lyn BATCHELOR	72	4		Walk
Paul MORITZ	61	6		Walk
Debbie VOOGD	55	6	Times	Walk
Alison THOMPSON	68	7		Walk
Mark CHALLEN	63	8		Run
Ros DYER	56		Available	Run
Julie CHALLEN	63	6		Walk
Phyllis GOSBELL	82	5		Walk
AI WILLEY	82	5		Walk

CROYDON 13 April 20211000 METRE WALK

Alison THOMPSON	68	5.55
Paul MORITZ	61	6.26
Gunther ILGOUTZ	82	6.42
Phyllis GOSBELL	82	8.38
Barry MURLEY	82	9.01
Colin WILLIAMS	71	11.09
Ron SMITH	72	11.11
Barrie WICKS	81	12.14

70 METRE SPRINT

Grant MURFETT	53	9.8
Paul DURRANT	59	10.2
Russell OAKLEY	81	12.6
Andrew FRASER	79	16.7
Allan WOOD	83	17.7
Ron SMITH	72	18.4

450 METRE RUN

Grant MURFETT	53	71.4
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9 LAPS RUN/4 LAPSWALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Paul MORITZ	61	11.14	11.45	Walk
Phyllis GOSBELL	82	14.08	14.30	Walk
Colin PAGE	67	16.39	17.10	Run
Tony FREEGARD	64	17.36	17.10	Run
Alison THOMPSON	68	21.00	20.30	Walk

SHOT PUT

Paul DURRANT	59	8.82
Allan WOOD	83	6.45
Andrew FRASER	79	5.68

CROYDON 27 April 20212 LAPS WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Alison THOMPSON	68	4.39	4.40
Paul MORITZ	61	5.14	5.18
Gunther ILGOUTZ	82	5.20	6.00
Debbie VOOGT	55	5.45	5.50
Lyn BATCHELOR **	72	6.45	6.45
Phyllis GOSBELL	82	7.05	6.56
Liz WRIGLEY	65	7.43	6.58
Gary TURNER	67	7.45	7.04
Ron SMITH	72	9.18	-
Barrie WICKS	81	9.39	7.50
Peter WILMOT	55	9.4	-

** Winner - Lyn Batchelor

60 METRE SPRINTHeat 1:

Russell OAKLEY	81	10.8
Allan WOOD	83	11.3
Andrew FRASER	79	14.7
Ron SMITH	72	17.0

Heat 2:

Chris JOSEPH	53	7.9
Grant MURFETT	53	8.2
Paul DURRANT	59	8.6
Peter WILMOT	55	9.2

1500 METRE RUN 27.4.2021

Andrew EGGINTON	59	7.19
Alison THOMPSON	68	7.47

280 METRE SPRINT 27.4.2021

Grant MURFETT	53	40.2
Paul DURRANT	59	45.0
Chris JOSEPH	53	48.5
Peter WILMOT	55	50.2
Russell OAKLEY	81	60.4
Allan WOOD	83	72.8

10/20/30 MINUTES RUN/WALK

<u>10 mins:</u>	<u>Laps</u>	<u>Metres</u>	
Julie CHALLEN	62	4	Walk
Phyllis GOSBELL	82	2	300 Walk

20 mins:

Mark CHALLEN	62	9	Run
Paul MORITZ	61	7	20 Walk
Debbie VOOGT	55	6	100 Walk

30 mins:

Alison THOMPSON	68	12	300
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SHOT PUT

Paul DURRANT	59	8.56
Peter WILMOT	55	7.65
Andrew FRASER	79	5.8

DONCASTER 5 April 2021**800 metres**

Doug Sandiford	63	03:03.1
Roberto Chavez	42	03:21.7
Angela Edwards	55	03:30.8 (400m walk)
Nigel Shipley	77	04:14.7

100 metres (Estimated Time)

			<u>Estimate</u>	<u>Diff</u>
Graham Ford	72	14.9	15.3	-0.4
Andrew Close	31	15.0	15.3	-0.3
Roberto Chavez	42	16.3		
Greg Champion	66	17.3	16	1.3
Angela Edwards	55	19.7	18.1	1.6

200 metres

Graham Ford	72	34.04
Roberto Chavez	42	37.30
Tom Leong	79	40.54
Angela Edwards	55	41.60

600 metres (nominate own start time)

Roberto Chavez	(-0.30)	02:50.9	02:50.9	
Doug Sandiford	(-0.50)	03:00.8	03:00.8	(Winner)
Angela Edwards	(-0.15)	03:23.2	03:23.2	

3000 metres

Tom Leong	79	03:09.5	(600 metres)
Roberto Chavez	42	05:08.8	(1000 metres)
Doug Sandiford	63	12:12.4	

DONCASTER 12 April 2021**Doncaster 1000 metres (handicap)**

Darryl Kilmartin	(-2.40)	06:46.5	06:46.5	(DQ)
Roberto Chavez	(-2.40)	06:46.6	06:46.6	(DQ)
Kath Gawthorn	(-2.00)	07:06.5	07:06.5	Winner
Graham Walter	(-2.00)	07:06.9	05:06.9	
Katrina Philip	(-2.00)	07:08.9	05:08.9	
Marla Trautman	(-0.00)	11:43.7	11:43.7	
Nigel Shipley		04:21.2		800m

60 metres

Andrew Close	31	9.62	
Graham Ford	72	9.90	
Jeffrey Sim	58	10.23	
Graham Walter	63	11.00	
Roberto Chavez	42	11.64	
Barry Dorr	82	12.80	
Shaun Wright	51	29.64	(Walk)

DONCASTER 12 April 2021 (cont)**100 metres**

Andrew Close	31	15.00		
Graham Walter	63	15.72		
Jeffrey Sim	58	15.90		
Roberto Chavez	42	17.88		
Richard Trembath	79	20.00		
Barry Dorr	82	20.12		
Carolyn Aughey	78	24.12		
Shaun Wright	51	28.24	(60 metresWalk)	

300 metres heat 1

			Estimate	Diff
Richard Trembath	79	75.24	76	0.76
Barry Dorr	82	85.92	80	-5.92
Carolyn Aughey	78	86.32	87	0.68
Marla Trautman	48	02:34.58	01:13.00	81.00

300 metres heat 2

			Estimate	Diff
Graham Walter	63	52.70	55	2.30
Graham Ford	72	54.40	53	-1.40
Selma Roth	34	56.66		
Jeffrey Sim	58	57.30	56	-1.30
Roberto Chavez	42	63.34	63	-0.34

3000 metres

Shaun Wright	51	07:03.6	(800 metres walk)	
Selma Roth	34	11:58.1	(Venue Record)	
Graham Walter	63	15:04.3		
Roberto Chavez	42	15:10.2		
Katrina Philip	59	15:52.1		
Kath Gawthorn	46	16:39.3		

DONCASTER 19 April 2021**400 metres**

Matt Scholes	51	73.2		
Doug Sandiford	63	81.1		

800 metres

Matt Scholes	51	02:55.5		
Doug Sandiford	63	03:04.0		
Jessica Dux	36	03:44.4		

Discus

David Featherston	46	28.99		
Marty Galea	65	25.04		
Graham Ford	72	24.79		
Matt Hughes	46	24.39		
Darryl Kilmartin	54	21.81		
Tom Leong	79	17.66		
Roberto Chavez	42	16.34		
Andrew Close	31	12.37		
Shaun Wright	51	11.00		

DONCASTER 19 April 2021 (cont)**1500 metres**

David Featherston	46	05:01.0		
Roberto Chavez	42	06:01.0		
Doug Sandiford	63	06:09.0		
Matt Hughes	46	06:37.0		
Kath Gawthorn	46	07:59.0		
Tom Leong	79	09:42.0		
Shaun Wright	51	07:11.0	(800 walk)	

DONCASTER 26 April 2021**Doncaster 300 (300 handicap)**

Jeffrey Sim	(-70)	41.58		
Jason Merrett	(-60)	42.60		
Bernie McLoughlan	(-85)	43.80		
Richard Trembath	(-90)	45.30		
Doug Sandiford	(-85)	46.22		
Matt Scholes	(-15)	47.22		
Matt Hughes	(-15)	47.52		
David McConnell	(-30)	51.82		

80 metres

Matt Hughes	46	11.50		
Jason Merrett	48	13.73		
Matt Scholes	51	14.41		
Richard Trembath	79	17.46		

150m (E/T)

			ET	
Matt Hughes	46	22.72	22.0	0.7
Jason Merrett	48	25.52	24.0	1.5
Matt Scholes	51	25.72	23.0	2.7
Jeffrey Sim	58	26.96	25.0	2.0
Richard Trembath	79	30.80	29.0	1.8

500 metres

Matt Scholes	51	01:27.4		
Jason Merrett	48	01:44.8		
Doug Sandiford	63	01:51.4		
Bernie McLoughlan	68	01:56.8		
Matt Hughes	46	02:00.5		
David McConnell	68	02:07.9		

1600 metres

Jason Merrett	48	06:38.7		
Doug Sandiford	63	06:40.5		
Bernie McLoughlan	68	07:31.6		
Matt Hughes	46	07:34.6		
Kath Gawthorn	46	08:27.4		
Shaun Wright	51	07:05.5	(800m walk)	

EAST BURWOOD 1 April 202160 METRE SPRINT

Chris ROBINSON	62	9.6
Donna CLARKE	67	10.1
Brian HOLCOMBE	75	14.2
Shirley COPPOCK	85	14.7
Horacio DIAZ	77	15.8
Gerald BURKE	81	18.9

400 METRE RUN N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Paul DURRANT **	59	71.4	70.0
Allan WOOD	83	132.5	165.0
Andrew FRASER	79	149.1	165.0

** Winner - Paul Durrant

800 METRE WALK N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Zac MATTERS	14	3.59	3.50
Kylie IRSHAD	49	4.15	4.10
Simon EVANS	60	4.29	4.05
Chris ROBINSON	62	5.19	5.30
Ann HOLCOMBE	73	5.30	5.48
Leo WATSON	79	5.42	5.36
Leonie GILLIES	63	6.02	6.10
Brian TAIT	79	6.49	6.34
Phyllis GOSBELL	82	6.56	6.58
Gerald BURKE	81	7.22	7.40
Allan WOOD	83	7.51	7.00
Gordon ONLEY	86	8.01	8.10
Peter BATTRICK	77	8.07	8.15

80 METRE SPRINT

Chris ROBINSON	62	13.2
Donna CLARKE	67	14.3
Andrew FRASER	79	16.9
Allan WOOD	83	17.6
Horacio DIAZ	77	17.9
Leo COFFEY	91	22.6
Shirley COPPOCK	85	24.8

10 OR 20 MINUTES RUN10 mins: Laps Metres

Simon EVANS	60	5	250
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20 mins:

Stephen DAY	50	11	100
Sam DEFANIS	73	9	250
Kylie IRSHAD	49	9	250
Leonie GILLIES	62	8	100

Also:

Jing JIAN	52	6	12min
Paul EARLE	57	10	18.13

SHOT PUT

Paul DURRANT	59	8.88
Trevor JUPP	80	7.56
Chris ROBINSON	62	6.68
Allan WOOD	83	6.65
Donna CLARKE	67	6.04

200 METRE SPRINT

Donna CLARKE	67	36.0
Andrew FRASER	79	41.2
Allan WOOD	83	45.1
Leo WATSON	79	47.1
Brian HOLCOMBE	75	50.3
Shirley COPPOCK	85	54.9
Brian TAIT	79	57.9

EAST BURWOOD 8 April 202160 METRE SPRINTHeat 1:

Andrew FRASER	79	12.5
Don McLEAN	87	12.9
Brian HOLCOMBE	75	13.8
Horacio DIAZ	77	15.3
Gerald BURKE	81	15.9

Heat 2:

Louise McLEAN	56	9.1
Chris ROBINSON	62	9.7
Christopher WORSNOP	63	10.1
Donna CLARKE	67	10.3
Melanie BISSETT	45	11.5
Shirley COPPOCK	85	14.0

Heat 3:

Cameron WEST	14	8.0
Chris JOSEPH	53	8.2
Jess DUX	36	8.4
Grant MURFETT	53	8.5
Paul DURRANT	59	8.8

800 METRE RUN

Pia HUNTER		3.55
Christopher WORSNOP	63	4.47
Donna CLARKE	67	4.28

1 KM WALK N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Zac MATTERS	14	5.06	4.50
Kylie IRSHAD	49	5.11	5.30
Christopher WORSNOP	63	6.44	6.45
Melanie BISSETT	45	6.45	8.00
Pia HUNTER	52	6.55	8.00
Leo WATSON	79	7.21	7.05
Donna CLARKE	67	8.14	8.40
Brian TAIT	79	8.21	8.26
Gerald BURKE	81	9.04	
Gordon ONLEY	86	9.46	10.16
Peter BATTRICK	77	9.46	9.55

** Winner - Christopher Worsnop

800 METRE WALK

Brian TAIT	79	6.50
Gerald BURKE	81	8.46

EAST BURWOOD 8 April 2021 (cont)100 METRE SPRINT HANDICAPHeat 1:

Shirley COPPOCK	85	11.8
Don McLEAN	87	12.8
Brian HOLCOMBE	75	13.2
Brian TAIT	79	13.5
Andrew FRASER	79	13.8
Horacio DIAZ	77	14.0
Melanie BISSETT	45	14.3
Janet HOLMES	67	14.6

Heat 2:

Louise McLEAN	56	12.5
Grant MURFETT	53	12.8
Chris JOSEPH	53	12.9
Donna CLARKE	67	12.3
Paul DURRANT	59	13.5
Jess DUX	36	13.7
Stephen DAY	50	13.9
Chris ROBINSON	62	
Christopher WORSNOP	63	

300 METRE SPRINT NOT

		<u>Clock</u>	<u>Nom.</u>
Grant MURFETT	53	42.1	46.0
Paul DURRANT	59	49.0	46.0
Jess DUX	36	50.3	55.0
Chris JOSEPH	53	55.5	65.0
Don McLEAN **	87	85.0	85.0
Leo WATSON	79	91.4	86.0
Shirley COPPOCK	85	106.0	94.0
Andrew FRASER	79	170.0	

** Winner - Don McLean

2 KM RUN

Chris ROBINSON	62	10.15
Kylie IRSHAD	49	10.40

4 km run

Pia HUNTER	52	18.52
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6 KM HANDICAP RUNLEGENDS - HEAT 1

		<u>Clock</u>	<u>Actual</u>
Stephen DAY	50	31.22	26.42
Sam DEFANIS	73	32.55	31.50
Christopher WORSNOP	63	32.59	32.59

DISCUS THROW H'cap

		<u>Best</u>	<u>Adjusted</u>
Louise McLEAN	56	22.57	36.02
Toni MATTERS	53	29.80	34.95
Donna CLARKE	67	12.77	34.82
Jack FREDRICKSON	82	13.04	34.14
Paul DURRANT	59	27.14	33.89
Andrew FRASER	79	13.80	32.85
Leo COFFEY	91	7.17	32.57
Trevor JUPP	80	15.35	32.50
Kylie GOODRICK	49	11.09	32.22
Chris ROBINSON	62	14.27	32.12

EAST BURWOOD 15 April 202160 METRE SPRINTHeat 1:

Don McLEAN	87	13.0
Brian HOLCOMBE	75	13.5
Shirley COPPOCK	85	13.7
Gerald BURKE	81	16.5
Horacio DIAZ	77	17.1
Lloyd NICHOLS	79	33.7

Heat 2:

Louise McLEAN	56	9.3
Zac MATTERS	14	9.5
Chris ROBINSON	62	10.2
Glenn BERRY	50	10.5
Donna CLARKE	67	10.8

Heat 3:

Chris JOSEPH	53	8.5
Bec CARPENTER	21	8.8
Grant MURFETT	53	9.1
Jess DUX	36	9.4

400 METRE RUN HANDICAPBOB LEWIS MEMORIAL HEAT 1

		<u>Clock</u>	<u>Act.</u>
Bec CARPENTER	21	2.29	1.10
Grant MURFETT	53	2.30	1.00
Zac MATTERS	14	2.33	1.16
Paul DURRANT	59	2.33	1.11
Glenn BERRY	50	2.36	1.16
Jess DUX	36	2.36	1.16
Stephen DAY	50	2.37	1.19
Leo WATSON	79	2.38	2.02
Chris JOSEPH	53	2.42	1.25
Donna CLARKE	67	2.42	1.42
Shirley COPPOCK	85	2.43	2.33
Mel BISSETT	45	2.49	1.56
Pia HUNTER	52	2.51	1.41

1500m WALK HANDICAP

		<u>Clock</u>	<u>Act.</u>
Brian TAIT	79	14.37	12.52
MEL BISSETT	45	14.46	11.41
Kylie IRSHAD	49	14.48	8.08
Donna CLARKE	67	15.04	12.39
Gordon ONLEY	86	15.04	15.04
Peter BATTRICK	77	15.09	14.59
Leo WATSON	79	15.21	11.26
Gerald BURKE	81	15.30	14.40

EAST BURWOOD 15 April 2021 (cont)200 METRE SPRINT

Donna CLARKE	67	32.3
Don McLEAN	87	49.4
Brian HOLCOMBE	75	52.3
Shirley COPPOCK	85	58.1
Lloyd NICHOLS	79	

110 METRE SPRINTHeat 1:

Louise McLEAN	56	17.3
Zac MATTERS	14	18.4
Donna CLARKE	67	20.2
Don McLEAN	87	23.9
Shirley COPPOCK	85	27.0
Brian HOLCOMBE	75	27.5
Horacio DIAZ	73	34.8
Lloyd NICHOLS	79	70.3

Heat 2:

Chris JOSEPH	53	15.7
Glenn BERRY	50	16.1
Paul DURRANT	59	16.4
Jess DUX	35	16.8
Grant MURFETT	53	17.1
Chris ROBINSON	62	18.4

1 KM WALK

Chris ROBINSON	62	7.03
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3 KM RUN

Stephen DAY	50	12.49
Pia HUNTER	52	13.31
Kylie IRSHAD	49	14.25
Sam DEFANIS	73	14.58

JAVELIN THROW

Toni MATTERS	53	25.19
Paul DURRANT	59	22.52
Jess DUX	36	20.28
Allan WOOD	83	18.02
Chris ROBINSON	62	15.86
Jack FREDRICKSO	82	12.43
Louise McLEAN	56	11.84
Donna CLARKE	67	11.82

EAST BURWOOD 22 April 202160 METRE SPRINTHeat 1:

Donna CLARKE	67	11.0
Don McLEAN	87	12.9
Allan WOOD	83	13.1
Shirley COPPOCK	85	13.3
Lloyd NICHOLS	79	20.2

Heat 2:

Stewart DOBRZYNSKI	50	8.3
Chris JOSEPH	53	8.5
Grant MURFETT	53	8.7
Bec CARPENTER	22	9.4
Glenn BERRY	50	9.6
Jess DUX	36	9.8
Sonya POLLARD	54	10.7

2 KM RUN

Chris ROBINSON	62	12.23
Janet HOLMES	67	12.23

400m HANDICAP (Bob Lewis Memorial) Ht 2

		<u>Clock</u>	<u>Act.</u>
Bec CARPENTER	22	2.30	1.10
Paul DURRANT	59	2.32	1.10
Stephen DAY	50	2.33	1.17
Leo WATSON	79	2.33	2.00
Jess DUX	36	2.33	1.15
Grant MURFETT	53	2.34	1.04
Glenn BERRY	50	2.35	1.16
Jing JIAN	52	2.36	1.24
Chris JOSEPH	53	2.37	1.23
Shirley COPPOCK	85	2.43	2.38
Janet HOLMES	67	2.44	1.41
Sonya POLLARD	54	2.44	1.34
Mel BISSETT	45	2.50	2.03
Brian TAIT	79	2.56	2.31
Gerald BURKE	81	3.09	3.09
Andrew FRASER	79	3.34	2.49

1200 METRE WALK

Paul MORITZ	61	7.56
Mel BISSETT	45	8.59
Leo WATSON	79	9.13
Brian TAIT	79	10.23
Phyllis GOSBELL	82	10.54
Gordon ONLEY	86	11.51
Peter BATTRICK	77	12.16
Gerald BURKE	81	

2 laps

100 METRE SPRINTHeat 1:

Donna CLARKE	67	17.9
Mel BISSETT	45	20.4
Allan WOOD	83	21.1
Don McLEAN	87	22.1
Shirley COPPOCK	85	23.9
Andrew FRASER	79	25.1
Lloyd NICHOLS	79	66.0

EAST BURWOOD 22 April 2021 (cont)Heat 2:

Chris JOSEPH	53	14.0
Jess DUX	36	14.5
Bec CARPENTER	22	16.1

200 METRE SPRINT 22.4.2021

Jess DUX	36	34.1
Donna CLARKE	67	41.1
Allan WOOD	83	48.0
Shirley COPPOCK	85	56.6
Chris JOSEPH	53	65.2
Bec CARPENTER	22	66.1
Lloyd NICHOLS	79	145.6

6 KM HANDICAP RUN

<u>LEGENDS - HEAT 2</u>		<u>Clock</u>	<u>Actual</u>
Stephen DAY	50	35.11	25.51
Bernie McLOUGHLAN	68	35.16	30.11

Also:

Sam DEFANIS (3.2 kn	72	17.58
Jing JIAN (3.2 km)	52	18.30

SHOT PUT HANDICAP Best Adjusted

Paul DURRANT	59	9.48	10.53
Bec CARPENTER	22	8.08	10.23
Jack FREDRICKSON	82	5.17	10.17
Brian TAIT	79	4.68	10.13
Jess DUX	36	7.98	10.08
Donna CLARKE	67	5.66	10.06
Bernie McLOUGHLAN	68	7.70	10.00
Trevor JUPP	80	7.33	9.98
Chris ROBINSON	62	6.37	9.62
Allan WOOD	83	6.25	9.50

EAST BURWOOD 29 April 202160 METRE SPRINTHeat 1:

Ann HOLCOMBE	73	11.5
Allan WOOD	83	11.8
Andrew FASER	79	12.4
Brian HOLCOMBE	75	13.5
Horacio DIAZ	77	16.9
Gerald BURKE	81	20.8
Lloyd NICHOLS	79	34.3

Heat 2:

Chris JOSEPH	53	8.2
Paul DURRANT	59	8.5
Louise McLEAN	56	8.9
Donna CLARKE	67	10.4
Chris WORSNOP	63	10.8
Shirley COPPOCK	85	15.0

1000 METRE RUN

Bernie McLOUGHLAN	68	4.13
Chris WORSNOP	63	4.34
Chris ROBINSON	62	4.50
Sonya POLLARD	54	5.31

<u>1500m HANDICAP WALK</u>		<u>Clock</u>	<u>Actual</u>
Gordon ONLEY	86	14.38	14.38
Brian TAIT	79	15.00	12.45
Peter BATTRICK	77	15.05	15.00
Leo WATSON	79	15.07	11.17
Janet HOLMES	67	15.21	10.06
Phyllis GOSBELL	82	15.26	13.21
Chris WORSNOP	63	15.31	10.41

300 METRE SPRINT

Leo WATSON	79	87.3
Brian TAIT	79	98.5
Shirley COPPOCK	85	110.1
Lloyd NICHOLS	79	228.6

100 METRE HANDICAP SPRINT H'cp Mtrs

Brian HOLCOMBE	75	12.6	38
Louise McLEAN	56	12.8	14
Paul DURRANT	59	13.1	6
Paul EARLE	57	13.4	20
Lloyd NICHOLS	79	13.8	70
Chris JOSEPH	53	14.0	1
Ann HOLCOMBE	73	14.2	30
Andrew FRASER	79	14.4	34
Chris WORSNOP	63	14.6	20
Brian TAIT	79	14.8	44
Shirley COPPOCK	5	15.1	40

4 KM HANDICAP RUNFFF SERIES - HEAT 1 Clock Actual

Chris ROBINSON	62	21.02	21.02
Stephen DAY	50	22.03	16.43
Bernie McLOUGHLAN	68	22.12	19.27
Sam DEFANIS	72	22.16	19.46
Paul EARLE	57	22.35	18.05
Chris WORSNOP	63	23.25	21.10

DISCUS THROW

Toni MATTERS	53	28.87
Paul DURRANT	59	25.33
Louise McLEAN	56	20.36
Bernie McLOUGHLAN	68	18.80
Trevor JUPP	80	18.67
Chris ROBINSON	62	16.17
Andrew FRASER	79	15.10
Jack FREDRICKSO	82	13.71
Leo WATSON	79	12.29
Donna CLARKE	67	12.18
Allan WOOD	83	11.77
Brian TAIT	79	10.08
Leo COFFEY	91	8.22

FRANKSTON & PENINSULA 1 April 2021

100m	Age	time
Mesh Prasad	46	15.50
Bill Carr	71	15.95
Clementine Sheedy	inv	18.30

200m	Age	Time
Mesh Prasad	46	31.38
Bill Carr	71	31.67
Clementine Sheedy	inv	45.66

800m Run

	Age	Time
Liz Lowther	69	3.15
Chris Sheedy	52	3.15
Charlie Mallia	72	3.38
Barry Jeffs	72	3.47
Clementine Sheedy	inv	4.13
Gary Meyer	66	4.16
Frances Halton	59	5.28
David Dodson	62	5.30
Debbie James	inv	5.48

800m Walk

Mesh Prasad	46	4.01
Heather Carr	71	4.39
Lindsay Beaton	71	7.25

2km run

Gary Meyer	66	11.04
Chris Sheedy	52	11.05
Bill Carr	71	11.26
David Dodson	62	11.59

2km walk

Debbie James	inv	21.46
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3 km walk ag%	age	time	ag%
Heather Carr	71	18.41	88.31%
Gwen Steed	78	22.11	83.17%
Mesh Prasad	46	16.38	70.04%
Lindsay Beaton	71	30.16	49.23%

3 km run ag%	age	time	ag%
Liz Lowther	69	13.51	93.38%
Barry Jeffs	72	15.50	64.95%
Graham Stockdale	78	18.05	63.13%
Charlie Mallia	72	17.15	59.61%
Frances Halton	59	19.14	57.54%
Nonie Chan	35	dnf	

FRANKSTON & PENINSULA 8 April 2021

50m	Age	Time
Chris Sheedy	52	7.94
Bill Carr	71	8.88
Mesh Prasad	46	11.53

150m

Bill Carr	71	23.16
Chris Sheedy	52	23.31
Mesh Prasad	46	37.71

1500m ag% run	age	time	ag%
Charlie Mallia	72	7.10	67.09
Barry Jeffs	72	7.12	66.78
Chris Sheedy	52	7.45	51.42
David Dodson	62	10.10	42.69

1500m ag% walk	age	time	ag%
Heather Carr	71	8.59	87.68
Mesh Prasad	46	7.46	73.56
Greg Lovejoy	78	11.07	72.16

3km walk	age	time
Mesh Prasad	46	18.14
Heather Carr	71	19.52
Greg Lovejoy	78	21.40
Lindsay Beaton	71	35.25

5km run		
Barry Jeffs	72	15.32
Charlie Mallia	72	16.41
Bill Carr	71	17.27
Chris Sheedy	52	18.15
Gary Meyer	66	18.30

FRANKSTON & PENINSULA 15 April 2021

90m	Age	Time
Bill Carr	71	17.00
Chris Sheedy	52	17.06
Mesh Prasad	46	22.90

120m		
Chris Sheedy	52	18.74
Barry Jeffs	72	22.74
Garry Meyer	66	23.24
Charlie Mallia	72	25.02

500m Walk	Age	Time
Mesh Prasad	46	2.18
Heather Carr	71	2.56
Greg Lovejoy	78	3.41
Lindsay Beaton	71	4.48

FRANKSTON & PENINSULA 15 April 2021 (cont)**500m Run**

Chris Sheedy	52	1.44
Bill Carr	71	1.44
Graham Stockdale	78	1.59
Charlie Mallia	72	2.00
Liz Lowther	69	2.01
Barry Jeffs	72	2.26
Gary Meyer	66	2.34
Nonie Chan	35	2.35

800 m walk

Gwen Steed	78	5.43
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2km walk

	Age	Time
Mesh Prasad	46	10.19
Heather Carr	71	12.26
Greg Lovejoy	78	14.25
Lindsay Beaton	71	19.34

2km run

	Age	Time
Chris Sheedy	52	10.19
Nonie Chan	35	10.36
Bill Carr	71	10.41
Charlie Mallia	72	11.23
Gary Meyer	66	11.40

4km run

	Age	Time
Liz Lowther	69	19.20
Barry Jeffs	72	20.37
Shelley Vellin	45	22.15
Fran Halton	59	26.20

FRANKSTON & PENINSULA 22 April 2021**100m**

	Age	Time	H/Cap
Mike Hall	82	14.71	13.5m
Chris Sheedy	52	14.71	Scratch
Debbie James	inv	16.95	25m

1 mile Run

Rob Taylor	52	6.34
Chris Sheedy	52	7.01
Liz Lowther	69	7.19
Barry Jeffs	72	7.59
Charlie Mallia	72	8.02
Gary Meyer	66	8.37
Fran Halton	59	10.20
Debbie James	inv	13.36

1 km walk

Mesh Prasad	47	9.17
David Dodson	62	12.00

3 km walk

Lindsay Beaton	71	30.22
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3 km run

Rob Taylor	52	12.43
Liz Lowther	69	14.11
Barry Jeffs	72	15.43
Chris Sheedy	52	15.43
Charlie Mallia	72	15.59
Gary Meyer	66	16.24
Fran Halton	59	20.05

FRANKSTON & PENINSULA 29 April 2021**Syd Elks Memorial Trophy Night****100m**

	Age	Time	Syd Elk Pts
Mesh Prasad	47	15.15	1
Chris Sheedy	52	15.64	2
Bill Carr	71	15.75	3
Liz Lowther	69	18.67	4
Mike Hall	82	18.92	5
Greg Lovejoy	79	19.28	6
Graham Stockdale	78	19.52	7
Heather Carr	71	21.30	8
Gwen Steed	78	30.35	9

300m

	Age	Time	Syd Elk Pts
Chris Sheedy	52	49.54	1
Bill Carr	71	51.53	2
Charlie Mallia	72	59.15	3
Dave Sutherland	67	64.18	4
Barry Jeffs	72	73.67	5

800m run

	Age	Time	Syd Elk Pts
Gary Meyer	66	3.42	1
Graham Stockdale	78	4.07	2
Charlie Mallia	72	4.21	3
David Dodson	62	5.04	4

800m walk

	Age	Time	Syd Elk Pts
Mesh Prasad	47	3.56	1
Heather Carr	71	4.52	2
Barry Jeffs	72	5.20	3
Dave Sutherland	67	5.20	3
Gwen Steed	78	5.28	5
Liz Lowther	69	5.30	6
Greg Lovejoy	79	5.34	7
Lindsay Beaton	71	7.26	8

2km run

	Age	Time	Syd Elk Pts
Mesh Prasad	47	8.16	1

FRANKSTON & PENINSULA 29 April 2021 (cont)

2km walk	Age	Time	Syd Elk Pts
Heather Carr	71	12.27	1
Gwen Steed	78	15.20	2
Chris Sheedy	52	16.24	3
Bill Carr	71	16.24	3
Graham Stockdale	79	16.34	5

3km run	Age	Time	Syd Elk Pts
Liz Lowther	69	14.03	1
Dave Sutherland	67	14.56	2
Barry Jeffs	72	15.36	3
Charlie Mallia	72	16.14	4
Gary Meyer	66	16.41	5

3km walk	Age	Time	Syd Elk Pts
Greg Lovejoy	79	21.42	1
Lindsay Beaton	71	29.40	2

Syd Elks Memorial **Points** **Place**

3 events per athlete

Mesh Prasad	3	1
Chris Sheedy	6	2
Bill Carr	8	3
Dave Sutherland	9	4
Charlie Mallia	10	5
Liz Lowther	11	6
Heather Carr	11	6
Barry Jeffs	11	6
Greg Lovejoy	14	9
Graham Stockdale	14	9
Gwen Steed	16	11

Geelong 7 April 2021

400m	
Daimin Mole	01:11
Dave Palmer	01:13

3000m	
Dave Elward	12:10
Mick Bird	12:10
Sharon Pedersen	12:42
Paul Stewart	13:18
Ernie Stewart	13:33
Alan Jenkins	13:50
Jeff Walker	14:25
Kath Oliver	15:48
Grant Baensch	16:48
Jill Coyte	19:24

800m	
Dave Palmer	02:40
Paul Stewart	03:28
Jeff Walker	03:34
Grant Baensch	03:59

Geelong 14 April 2021

300m	
Daimin Mole	49.50
Julian Hinckfuss	54.95
Alan Jenkins	01:09
Fred Barnett	01:36
Dale Jennings	02:32

2400m	
Phil Shay	08:59
Dave Elward	09:33
Ernie Stewart	10:42
Alan Jenkins	10:45
Murray Long	11:02
Jeff Walker	11:30
Kath Oliver	12:22
Grant Baensch	13:06
Frank Engelsman	13:06
Jill Coyte	14:27

2000m	
Fred Barnett	12:54

Geelong 14 April 2021 (cont)

1600m

Robert Jones	05:33
Phil Shay	05:59
Alan Jenkins	07:13
Ernie Stewart	07:29
Jeff Walker	07:35
Daimin Mole	08:15
Julian Hinckfuss	08:40
Frank Engelsman	08:45
Grant Baensch	08:47

1200m

Fred Barnett	07:43
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Geelong 21 April 2021

200m

Julian Hinckfuss	32.00
Alan Jenkins	41.30
Fred Barnett	58.00

2800m

Phil Shay	10:32
Jane White	10:53
Cameron White	11:43
Paul Stewart	12:20
Ernie Stewart	12:27
Alan Jenkins	12:51
Murray Long	12:57
Jeff Walker	13:41
Frank Engelsman	14:31
Kath Oliver	14:33
Gerry Fitzpatrick	15:35
Grant Baensch	15:42
Fiona Fitzpatrick	15:50
Jill Coyte	16:52

1500m

Phil Shay	05:38
Dave Elward	05:43
Cameron White	06:08
Paul Stewart	06:36
Gerry Fitzpatrick	07:00
Jeff Walker	07:10
Julian Hinckfuss	07:40
Frank Engelsman	07:52
Grant Baensch	08:04
Fiona Fitzpatrick	08:23
Fred Barnett	09:26

2000m

Fred Barnett	12:54
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Geelong 28 April 2021

100m

Julian Hinckfuss	15.35
Fred Barnett	26.60

2000m

Dan Wright	07:03
Paul Stewart	08:32
Cameron White	08:44
Gerry Fitzpatrick	09:14
Frank Engelsman	10:10
Jodie Dunstan	10:27
Fiona Fitzpatrick	11:20
Jill Coyte	12:03
Fred Barnett	12:28
Leanne Scepol	13:41
Sharee Sheriff	14:42

4000m

Phil Shay	15:15
Mick Bird	15:15
Tony McRae	16:04
Stephane Vander Brug	16:15
Dave Elward	16:20
Dave Palmer	17:58
Ernie Stewart	18:16
Alan Jenkins	18:33
Leo Pye	18:49
Jeff Walker	20:39
Kath Oliver	21:06
Janelle Browning	24:58

3200m

Dale Jennings	25:43
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800m

Dan Wright	02:33
Tony McRae	02:42
Phil Shay	02:48
Dave Elward	03:02
Ernie Stewart	03:23
Gerry Fitzpatrick	03:29
Julian Hinckfuss	03:33
Jeff Walker	03:48
Frank Engelsman	03:52
Fiona Fitzpatrick	04:17
Fred Barnett	04:51

GLEN EIRA 6 April 2021

80m E/T		Clock	Est	Diff
Bob Wishart	79	15.90	16.00	0.10
Mike Clapper	68	12.04	12.15	0.11
Jim Rountree	62	12.87	12.60	0.27
Paul Lynch	71	14.22	13.80	0.42
Vivienne Cash	69	13.09	13.60	0.51
Glad Wishart	77	15.60	16.21	0.61
Lucas Kennedy	12	13.33	12.50	0.83
Jo Whittle	49	14.35	15.20	0.85
Linda McCaffrey	42	14.84	15.85	1.01
Sue Hewitt	54	13.38	15.00	1.62
Michelle Edmonds	46	13.92	15.70	1.78
Christine deVries	58	11.63		

600m H/C		Clock	H/C	H/C time
Lucas Kennedy	12	2.25.1	20	2.05.1
Greg Hughes	62	2.32.9	GO	2.32.9
Jo Whittle	49	2.35.8	15.00	2.20.8

200m H/C		Clock	H/C	H/C time
Mike Clapper	68	38.2	7+3m	31.2
Jim Rountree	62	38.21	5+3m	33.30
Michelle Edmonds	46	38.33	GO	38.33
Sue Hewitt	54	38.68	2.0	36.68
Jim McLure	75	39.01	4.0	35.01
Vivienne Cash	69	39.30	4.0	35.3
Georgie Whittle	20	40.20	7.0	33.20
Lucas Kennedy	12	42.05	7+3m	35.05
Jo Whittle	49	42.53	3.0	39.53
June Treweek	59	57.78	4.0	53.78

Sandra Middleton 3k H/C		Clock	H/C	H/C time
Sandra Middleton	72	28.45	6.50	21.55
Cynthia Ellery	71	28.56	3.10	25.46
Peter McGrath	81	29.15	GO	29.15
Mark Cant	59	29.23	10.22	19.01
Paul Lynch	71	29.25	6.07	23.18
John Allen	68	29.27	5.06	24.21
Jo Whittle	49	29.35	10.22	19.13
Jim Rountree	62	29.37	8.39	20.58
Gwen Steed	78	29.57	8.32	21.35
Tony Doran	68	30.01	7.50	22.11
Des Middleton	74	30.40	8.23	22.17
John Zeleznikow	70	32.15	1.50	30.25

Ray Kemp 3k H/C		Clock	H/C	H/C time
Merle Want	60	17.36	0.30	17.06
Georgie Whittle	20	17.55	5.30	12.25
Lucas Kennedy	12	17.56	5.30	12.26
Helen Van Der Nagel	64	19.09	1.17	17.52
Jane Sturzaker	68	19.23	1.00	18.23

Pete Battrick	77	19.53	-10.36	30.29
Steve Strelecky	71	19.56	5.00	14.56
Michelle Edmonds	46	19.58	0.40	19.18
Syd Bone	63	20.00	6.42	13.18
Jo Cockwill	68	20.03	3.09	16.54
Simon Lloyd	65	20.04	7.48	12.16
Greg Hughes	62	20.05	2.50	17.15
Karen Monohan	54	20.06	GO	20.06
Linda McCaffrey	42	20.13	1.00	19.13
Chris Campbell	72	20.16	4.35	15.41
Sarah Lorentzen	42	20.20	6.23	13.57
Janet Holmes	67	20.22	3.15	17.07
Mike Clapper	68	20.44	5.23	15.21
Phil Urquhart	75	20.52	2.50	18.02

GLEN EIRA 13 April 2021

60m E/T		Clock	Est	Diff
Kurt Golonka	51	7.98	8.00	0.02
Bill Carr	71	9.12	9.20	0.08
Linda McCaffrey	42	10.7	10.85	0.15
Glad Wishart	77	11.11	11.26	0.15
Mike Clapper	69	8.86	9.05	0.19
June Treweek	59	9.41	9.66	0.25
Bob Wishart	79	11.2	10.9	0.3
Michelle Edmonds	46	10.38	10.75	0.37
Jim Rountree	62	9.13	9.55	0.42
Leisa Hunt	49	10.93	10.49	0.44
Paul Lynch	71	10.39	10.95	0.56
Emma Middleton	13	8.31	9.00	0.69
Vivienne Cash	69	9.27	10.00	0.73
Jim McLure	75	9.26	10.05	0.79
Sue Hewitt	54	10.03	11.00	0.97
Christine deVries	58	8.66		

1600m E/T 13.4.2021		Clock	Est	Diff
Steve Strelecky	71	8.59		

300m E/T 13.4.2021		Clock	Est	Diff
Bill Carr	71	52.14	52.00	0.14
Kurt Golonka	51	42.05	42.50	0.45
Sue Hewitt	54	60.70	60.00	0.70
Vivienne Cash	69	57.48	58.20	0.72
Jim McLure	75	58.25	57.40	0.85
Mike Clapper	69	49.40	50.50	1.10
Jim Rountree	62	52.60	51.10	1.50
June Treweek	59	61.08	59.00	2.08
Michelle Edmonds	46	67.18	63.50	3.68
Emma Middleton	13	48.55	55.00	6.45

GLEN EIRA 13 April 2021 (cont)

WALK SPIRAL H/C 5 LAPS		Clock	Est	Diff
Jim Rountree	62	14.41	14.40	1
Des Middleton	74	15.08	15.10	-2
Paul Lynch	71	16.06	16.10	-4
Gwen Steed	78	14.58	15.10	-12
John Zeleznikow	70	20.06	20.20	-14
Sandra Middleton	71	15.03	15.21	-18
Peter McGrath	81	21.28	21.08	-20
Cynthia Ellery	71	18.08	17.43	25
Pete Battrick	77	22.20	21.51	29
Michael Heffernan	86	20.59	21.30	-31
Conrad Hamann	69	14.57	15.30	-33
Emma Middleton	13	14.46	15.21	-35
John Allan	68	17.44	17.00	44
Tony Doran	68	14.53	15.37	-44
June Treweek	59	16.06	15.20	46
Sue Hewitt	54	18.12	15.00	192

4k H/C Sealed

		Clock	H/C	H/C Time
Helen Van Der Nagel	64	24.30	GO	24.30
Jo Cockwill	68	22.47	2.00	24.47
Steve Strelecky	71	20.36	4.15	24.51
Jane Sturzaker	68	24.39	0.20	24.59
Syd Bone	63	18.24	6.39	25.03
Terry O'Neill	65	19.12	6.00	25.12
Simon Lloyd	65	16.54	8.20	25.14
Merle Want	60	22.58	2.25	25.23
Janet Holmes	67	22.52	2.50	25.42
Sarah Johnson	37	27.32	GO	27.32
Karen Monohan	54	27.34	GO	27.34
Chelsea Whittle	14	27.15	6.05	21.10
Lachlan Walsh	20	27.19	6.05	21.14
Aleesha Whittle	17	28.50	8.05	20.45

GLEN EIRA 20 April 2021

80m E/T		Clock	Est	Diff
Bob Wishart	79	15.47	15.5	-0.03
Glad Wishart	77	16.22	16.35	-0.13
Oscar Lorentzen	9	13.35	11.23	2.12

800m E/T		Clock	Est	Diff
Claudio Riga	65	3.36.9	3.25	11.9
Oscar Lorentzen	9	3.08.8	2.52	16.8

150m E/T		Clock	Est	Diff
Glad Wishart	77	32.66	33.05	-0.4
Jim McLure	75	27.04	25.10	1.9

WALK 2k Age %		Clock	%	
Gwen Steed	78	14.21	81.5	
Sandra Middleton	72	14.23	74.4	
Des Middleton	74	14.06	72.1	
Tony Doran	68	14.47	63.8	
John Allan	68	16.31	57.1	
Pete Battrick	77	16.37	50.4	4 laps

3k E/T		Clock	Est	Diff
Oscar Lorentzen	9	12.44	12.49	5
Janet Holmes	67	16.55	17.00	-5
Simon Lloyd	65	12.39	12.30	9
Chris Campbell	72	15.39	15.30	9
Sarah Lorentzen	42	13.28	13.50	-12
Helen Van Der Nagel	64	18.24	18.10	14
Claudio Riga	65	14.50	15.25	-35
Chris Grafen	57	13.41	15.00	-79

GLEN EIRA 27 April 2021**Glen Eira April 27th**

4 x 100		Clock
Glad Wishart	77	
Paul Lynch	71	
Sam Song	55	
Seamus O'Brien	17	1.04.0
Bob Wishart	79	
Simone O'Brien	49	
Jim McLure	75	
Kurt Golonka	51	1.06.2
Graham Stockdale	79	
Nicole Lewis-Jacobs	49	
Jim Rountree	62	
June Treweek	59	1.08.0

500m H/C		Clock	H/C	H/C time
Sam Song	55	1.55.5	10	1.45.5
Kurt Golonka	51	2.06.8	50	1.16.8
Mike Clapper	69	2.08.4	35	1.33.4
Michelle Edmonds	46	2.10.5	GO	2.10.5
Seamus O'Brien	17	2.10.9	55	2.05.9
Simone O'Brien	49	2.11.9	10	2.01.9
Bill Carr	71	2.16.7	30	1.46.7
Greg Hughes	62	2.20.8	15	2.05.8
Graham Stockdale	79	3.13.0	10	3.03

(Kurt Golonka - venue record)

GLEN EIRA 27 April 2021 (cont)

200m E/T		Clock	Est	Diff
Jim Rountree	62	33.17	33.70	0.53
Jim McLure	75	35.85	35.20	0.65
June Treweek	59	34.62	35.80	1.18
Michelle Edmonds	46	41.54	40.20	1.34
Glad Wishart	77	43.32	45.40	2.08
Seamus O'Brien	16	26.74		
Sam Song	55	31.64		

(Glad Wishart - venue record)

2k walk

	Clock
Jim Rountree	62 14.39
Paul Lynch	71 15.37
Cynthia Ellery	71 17.08
Michael Heffernan	86 19.41
Pete Battrick	77 20.55

4k walk

	Clock
Des Middleton	74 29.42
Karyn O'Neill	66 30.17
Tony Doran	68 30.35
Gwen Steed	78 30.36
Sandra Middleton	72 31.09
John Allan	68 33.26

4k

	Clock	%
Simon Lloyd	65 18.03	71.8
Sarah Lorentzen	42 18.05	66.8
Ewen Wilson	68 18.09	73.5
Sam Song	55 20.05	59.1
Simone O'Brien	49 20.54	62.7
Chris Campbell	72 21.02	66.4
Kurt Golonka	51 22.29	51.1
Bill Carr	71 22.31	61.2
Janet Holmes	67 23.09	73.2
Sarah Johnson	37 23.59	48.5
Phil Urquhart	76 24.00	62.1
Helen Van Der Nagel	64 24.03	67.2
Jane Sturzaker	68 25.18	68.1
Merle Want	60 25.39	59.3
Greg Hughes	62 26.05	48.4

8k

	Clock	%
Chris Grafen	57 37.28	67.2
Terry O'Neill	65 39.12	68.9
Steve Strelecky	71 43.16	66.5
Chris Brown	65 45.41	59.1
Jo Cockwill	68 47.28	74.9
John Zeleznikow	71 80.10	35.9

(Jo Cockwill - venue record)

KNOX 7 April 2021**Shot Put – 7/4/21**

Paul Durrant	59	8.70
Stephen Richards	59	7.42
Tracey Carpenter		6.72
Peter Shanahan	59	6.21
Erika Bedyne	58	6.04

800m walk

Peter Shanahan	59	6.11
Stephen Richardson	59	7.50
Matthew Morris	55	7.51
David Wear	74	7.53
Glenn Claiden	67	7.54
Tracey Carpenter	54	8.29
Erika Bedyne	58	8.30
Marina Curnow	73	8.35
Maggie Hawks	65	8.36
Paul Twining	71	8.39
John Graham	65	8.40
Peter LeGet	87	8.44

600m NOT

Shane Grund	39	1.33 Winner
Paul Durrant	59	2.07
Suzi Wilson	54	2.16 2nd
John Graham	65	2.17 3rd
Stephen Richards	59	2.23
Jack Durrant	24	2.38
Erika Bedyne	58	2.42
Paul Twining	71	3.09
Matthew Morris	55	3.11
Glenn Claiden	66	3.14
Peter Shanahan	59	3.26
Peter leGet	87	4.33

Distance

4laps		
John Graham	65	7.10
Jack Durrant	24	7.45
Stephen Richards	59	9.09
5laps		
Glenn Claiden	67	11.09
6laps		
Erika Bedyne	58	13.15
8laps		
Maggie Hawkes	65	20.30
Peter Shanahan	59	20.52
9laps		
David Wear	74	22.59

KNOX 7 April 2021 (cont)

12laps		
Shane Grund	39	15.39
David Black	65	23.36
Nicola Van Reenen	48	27.13
15laps		
Paul Twining	71	31.03
Matt Morris	55	32.50

KNOX 14 April 2021**Discus**

Paul Durrant	59	27.44
Jack Durrant	24	25.26
Peter Shanahan	59	18.35
Erika Bedyne	58	16.17
Tracey Carpenter		14.59

2 by 400m walk relay

Stephen Richards	59	
Erika Bedyne	58	5.30
John Graham	70	
Anne McPherson	64	5.57
Paul Twining	71	
Peter Shanahan	59	6.28
Glenn Claiden	67	
Peter LeGet	87	7.50

1200m self hcp

Paul Twining	71	7.47
Anne McPherson	64	7.52
Michelle Quan	51	5.38
Helen Stanley	65	5.23
Suzi Wilson	55	5.49
Peter Shanahan	59	6.41
Peter thorne	72	6.22
Shane Grund	39	3.23
Stephen Richards	59	5.19
Paul Durrant	59	5.16
Glenn Claiden	67	6.34
Peter LeGet	87	8.58
Brian Poggenpoel	50	4.20
Erika Bedyne	58	5.50
John Graham	70	5.01

Distance

2k		
John Graham	70	9.16
Michelle Quan	51	10.41
Glenn Claiden	67	10.53
Peter Shanahan	59	14.06
4k		
Stephen Richards	59	22.05
Peter Thorne	72	22.25
6k		
Shane Grund	39	19.14
Helen Stanley	65	31.39

KNOX 21 April 2021**800m walk**

Peter Shanahan	59	5.47
Glenn Claiden	67	7.45
Matt Morris	55	7.46
Peter Thorne	72	7.53
David Wear	74	7.53
Mark Harris	52	8.18
Glenys Brown	68	8.34
Jodi Sinclair	50	8.35
Maggie Hawkes	65	8.37
Ros Dyer	56	8.48
Erika Bedyne	58	8.49

60m

Chris Joseph	53	8.20
Paul Durrant	59	8.61
Brian Poggenpoel	50	9.69
Erika Bedyne	58	12.48
Peter Shanahan	59	19.38

1000m

Brian Poggenpoel	50	3.28
Matt Morris	55	4.17
Erika Bedyne	58	4.32
Glenn Claiden	67	5.08
David Wear	74	5.20
Ros Dyer	56	5.20
Jodi Sinclair	50	5.26
Peter Shanahan	59	6.32
Glenys Brown	68	8.24
Glenn Claiden	66	5.27
Jodie Sinclair	50	5.50
Jack Durrant	24	6.48
Peter LeGet	87	7.28
Glenys Brown	67	8.24

KNOX 21 April 2021 (cont)**500m NOT**

Brian Poggenpoel	50	1.27	Winner
Paul Durrant	59	1.41	
Matt Morris	55	1.51	
Peter Thorne	72	2.23	
Glenn Claiden	67	2.26	3rd
Erika Bedyne	58	2.28	
Jodie Sinclair	50	2.30	
Ros Dyer	56	2.32	2nd
David Wear	74	2.32	
Peter Shanahan	59	2.34	

3/5/7min relay

Ros Dyer	56	
Matt Morris	55	6320
Jodie Sinclair	50	
Erika Bedyne	58	5660
David Wear	74	
Peter Shanahan	59	5610
Glenn Claiden	67	
Peter Thorne	72	5510
Glenys Brown	68	
Bryan Poggenpoel	50	5350

KNOX 28 April 2021**800m walk**

Tony Johnson	80	6.30
Celia Johnson	73	6.32
Mick Carr	67	7.18
Graeme Letocq	66	7.19
Peter Thorne	72	7.27
Glenn Claiden	67	7.29
Nicola Van Reenen	48	7.30
Glenn Berry	50	8.07
David Wear	74	8.08
Bryan Poggenpoel	50	8.10
Glenys Brown	68	8.36
Ros Dyer	56	8.36
Jodie Sinclair	50	8.40
Maggie Hawkes	65	8.41

60m

Bryan Poggenpoel	50	8.69
Paul Durrant	59	9.00
Glenn Berry	50	9.38
Jodie Sinclair	50	14.07
Glenys Brown	68	18.65

110m

Paul Durrant	59	15.64
Jodie Sinclair	50	16.71

1 mile self hcp

Glenys Brown	68	13.31
Jodie Sinclair	50	8.52
Glenn Claiden	67	8.26 winner
Peter Thorne	72	8.31
David Wear	74	8.33
Ros Dyer	56	9.01
Glenn Berry	50	8.36
Bryan Poggenpoel	50	5.46
Helen Stanley	65	7.42
Brian Mee	83	11.2
Mick Carr	67	10 2km

Distance

1k		
Brian Mee	83	6.43
3k		
Glenn Claiden	67	16.56
Maggie Hawkes	65	21.05
Celia Johnson	73	21.53
5k		
Bryan Poggenpoel	50	19.42
Graeme Letocq	66	23.46
Mick Carr	67	25.42
Helen Stanley	65	26.51
David Wear	74	27.23
Nicola Van Reenen	48	28.29
Jodie Sinclair	50	29.53
Ros Dyer	56	30.05

MENTONE 7 April 2021

<u>600m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
John Mathew	84	6.00	0.00
Debbie Thomson	63	6.45	0.00
Kevin Cassidy	60	2.59	-0.01
Julian Boland	57	4.43	-0.02
Maureen Seedsman	83	4.39	-0.06
Michael Boulton	67	4.58	-0.07
John Zeleznikow	70	5.47	0.07
Sylvia Machin	79	4.33	0.08
Dawn Bennett	76	4.55	-0.10
Ralph Bennett	79	3.38	-0.12
Ian Beaumont	84	5.53	0.13
Kylie Irshad	49	3.05	-0.15
Margaret Beaumont	83	5.48	0.19
Susan Short	47	3.40	-0.20
Iris Boulton	72	4.39	-0.21
Daniel Short	Inv	3.36	-0.24
Joan Clarke	86	6.00	-0.35
Nola Finn	84	7.15	0.35
Jill Mannering	84	6.25	1.35

<u>300m H/cap</u>		<u>Clock</u>	<u>Metres</u>
Stephen Bird	57	38.93	62 Winner
Ciara Short	Inv	39.25	89
Daniel Short	Inv	41.02	67
Ron Arthur	81	43.29	62
Vivienne Cash	69	43.71	45
David Short	44	44.00	0

<u>1 Mile Self H/cap</u>		<u>Clock</u>	<u>Actual</u>
Sonya McLennan	68	9.53.2	8.25.2
Sandra Wynne	69	10.04.9	8.19.9
Frank McNamara	67	10.26.5	6.36.5
Susan Short	47		6.40.8 DQ
Helen Castel	57		9.14.6 DQ

<u>70m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Susan Short	47	10.95	-0.05
Ron Arthur	81	12.25	-0.15
Vivienne Cash	69	11.71	0.31
Daniel Short	Inv	11.93	-0.47
Sandra Wynne	69	13.28	0.53
Glad Wishart	77	14.85	1.07
Bob Wishart	79	13.56	-1.14
Ciara Short	Inv	11.81	-1.19
John Mathew	84	22.33	1.33
Stephen Bird	57	13.66	1.66

<u>2 Km E.T.</u>		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	69	10.44	-0.01
Stephen Bird	57	8.24	-0.21
Sonya McLennan	68	10.39	-0.32
Frank McNamara	67	8.27	-0.33
Helen Castel	58	11.54	-0.54

<u>1500m/ 5000m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
<u>1500m</u>			
Geoff Barrow	72	10.28	-0.02
Kylie Irshad	49	8.04	0.04
Glennis McPherson	74	11.04	0.04
Maureen Seedsman	83	12.28	-0.05
Ralph Bennett	79	9.55	0.10
Ian Beaumont	84	15.15	0.20
Dawn Bennett	76	12.38	-0.22
Margaret Beaumont	83	15.14	0.25
Sylvia Machin	79	11.56	0.26
Nola Finn	84	23.32	-0.28
Kevin Cassidy	60	7.21	-0.39 VR
Joan Clarke	86	15.43	-0.47 VR
Julian Boland	57	11.07	-0.53
Iris Boulton	72	12.28	-2.02
John Mathew	84	18.41	2.41
Michael Boulton	67	13.22	-3.38
<u>5000m</u>			
John Zeleznikow	70	52.51	0.21

MENTONE 14 April 2021

<u>800m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Joan Clarke	86	7.50	0.00
Margaret Beaumont	83	7.43	-0.01
Ralph Bennett	79	5.07	0.02
Debbie Thomson	63	8.57	-0.03
Ian Beaumont	85	7.44	-0.04
Kevin Cassidy	60	4.04	0.04
Dawn Bennett	76	6.43	-0.07
Julian Boland	58	6.29	0.09
Maureen Seedsman	83	6.30	0.10
Iris Boulton	72	6.30	0.10
Michael Boulton	67	6.54	0.19
Kylie Irshad	49	4.41	0.21
Susan Short	47	5.04	-0.26
Bev Hugo	81	7.06	0.34
Jill Mannering	84	8.35	0.35
Nola Finn	84	10.36	0.36
John Mathew	84	8.36	0.36

MENTONE 14 April 2021 (cont)

1000m E.T.*Agg Event*				
		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Susan Short	47	3.47.3	-2.7	7
Frank McNamara	67	3.42.1	-2.9	5
Ashley Page	80	5.11.2	-3.8	4
Sandra Wynne	69	5.00.8	10.8	3
Greg Hughes	62	4.58.2	15.2	2
Helen Castel	58	4.50.8	-29.8	1

200m E.T.			
		<u>Clock</u>	<u>Diff</u>
Daniel Short	Inv	36.60	-0.10
Ron Arthur	81	36.90	0.20
Sue Hewitt	54	36.80	-1.20
Susan Short	47	33.55	1.55
Glad Wishart	77	45.99	1.79
Ciara Short	Inv	35.62	-4.38
John Mathew (60m)	84	19.75	

3 Km E.T.			
		<u>Clock</u>	<u>Diff</u>
Ashley Page	80	17.32	-0.02
Greg Hughes	62	17.28	-0.03
Frank McNamara	67	13.11	0.26
Sandra Wynne	69	16.52	0.27
Kylie Irshad	49	14.33	-0.27
Kevin Cassidy	60	16.30	-1.00
Roz Walker	58	15.24	-1.36
Helen Castel	57	17.33	-1.57
Ashley Birrell	78	15.54	-2.06

1 Mile/ 2 Miles Walk E.T.				
		<u>Clock</u>	<u>Diff.</u>	
<i>1 Mile</i>				
Ian Beaumont	***	85	15.43	0.01 VR
Bev Hugo		81	14.36	0.06
Dawn Bennett		76	13.58	0.08
Margaret Beaumont		83	15.41	0.08
Maureen Seedsman		83	13.48	-0.12
Ralph Bennett	***	79	10.47	0.17 VR
Iris Boulton		72	13.41	-0.19 VR
Joan Clarke	***	86	16.22	-0.42
Michael Boulton		67	14.23	-0.47
Nola Finn		84	24.09	1.09
John Mathew		84	20.09	1.09
Julian Boland		58	12.03	1.48
<i>2 Miles</i>				
John Zeleznikow		70	33.20	1.55

MENTONE 21 April 2021

400m Walk E.T.			
		<u>Clock</u>	<u>Diff.</u>
Susan Short	47	2.18	-0.02
Bev Hugo	81	3.16	0.02
Joan Clarke	86	3.47	-0.03
John Mathew	84	3.57	-0.03
Kevin Cassidy	60	2.03	0.03
Nola Finn	84	4.54	0.04
Ian Beaumont	85	3.44	-0.04
Dawn Bennett	76	3.15	-0.05
Maureen Seedsman	83	3.01	-0.05
Pam Mews	86	3.44	-0.05
Michael Boulton	67	3.15	-0.05
Daniel Short	Inv	2.25	0.05
Jill Mannerling	84	3.57	0.07
Ralph Bennett	79	2.23	-0.09
Kylie Irshad	49	2.00	-0.10
Iris Boulton	72	3.01	-0.14
Julian Boland	58	2.14	0.14
Margaret Beaumont	83	3.42	0.15

1600m Self H/cap			
		<u>Clock</u>	<u>Actual</u>
David Short	44	9.05.2	5.54.2
Sandra Wynne	69	9.23.3	8.22.3
Frank McNamara	67	9.47.9	6.08.9
Sonya McLennan	68		8.21.3 DQ
Helen Castel	58		8.25.3 DQ
Ashley Page	***	80	8.36.7 DQ(VR)

100m H/cap *Agg Event*				
		<u>Clock</u>	<u>Metres</u>	<u>Pts</u>
Daniel Short	Inv	13.22	24	
Vivienne Cash	69	13.26	20	7
David Short	44	13.46	0	5
John Mathew	84	13.49	57	4
Susan Short	47	13.50	16	3
Ron Arthur	81	13.84	22	2
Glad Wishart	77	13.93	33	1
Bob Wishart	79	14.68	25	1
Sandra Wynne	69	14.80	26	1

2 Miles E.T. *Agg Event*				
		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Greg Hughes	62	18.58	-0.14	7
Sandra Wynne	69	18.06	-0.19	5
Ashley Page	80	18.49	-0.20	4
Sonya McLennan	68	17.34	-0.26	3
Kylie Irshad	49	17.12	-0.48	2
Helen Castel	57	19.08	1.08	1

MENTONE 21 April 2021 (cont)

<u>3000m Walk ET *Agg Event*</u>		<u>Clock</u>	<u>Diff.</u>	<u>Pts</u>
John Zeleznikow	70	28.54	-0.06	7
Kevin Cassidy	60	17.51	-0.09	5
Ian Beaumont	85	30.05	0.15	4
Julian Boland	58	19.43	-0.16	3
Iris Boulton	72	26.02	0.32	2
Maureen Seedsman	83	26.03	0.33	1
Dawn Bennett	76	26.20	-0.40	1
Michael Boulton	66	27.12	0.48	1
Bev Hugo	81	27.21	0.50	1
Margaret Beaumont	83	29.54	1.08	1
Geoff Barrow	72	22.15	-1.45	1
John Mathew 6.5 laps	84	33.21		
Nola Finn 5.5 laps	84	33.58		

MENTONE 28 April 2021

<u>500m Walk E.T.</u>		<u>Clock</u>	<u>Diff.</u>
Ralph Bennett	79	3.01	-0.02
Susan Short	47	2.57	-0.03
Dawn Bennett	76	4.07	-0.03
Kevin Cassidy	60	2.27	-0.03
Ian Beaumont	85	4.41	0.03
Michael Boulton	67	4.06	-0.04
Iris Boulton	72	3.56	-0.04
Bev Hugo	81	4.15	0.04
Debbie Thomson	63	5.26	-0.06
Nola Finn	84	6.02	0.07
Margaret Beaumont	83	4.39	0.09
Daniel Short	Inv	3.10	0.10
Joan Clarke	86	4.44	-0.13
John Mathew	84	4.44	-0.16
Helen Bryan	51	5.17	0.27
Jeanne Bryan	78	5.17	0.47
Sylvia Machin	79	3.50	-0.50
Kylie Irshad	49	2.41	-0.59
Julian Boland	58	2.55	-1.30

800m E.T. - 28/4/21

		<u>Clock</u>	<u>Diff</u>
Ciara Short	Inv	3.29.5	-0.5
Ashley Page	80	4.01.4	-2.6
David Short	44	2.30.1	-4.9
Sonya McLennan	68	3.58.0	-6.0
Sandra Wynne	69	3.56.3	8.3
Helen Castel	58	3.51.8	-8.5
Frank McNamara	67	3.16.1	-8.9
Daniel Short	Inv	3.21.4	21.4
Stephen Bird	58	2.49.8	-26.2

110m E.T.

		<u>Clock</u>	<u>Diff</u>
Daniel Short	Inv	18.80	-0.20
Ciara Short	Inv	19.26	0.26
David Short	44	14.83	-0.37
Susan Short	47	17.68	0.38
Sandra Wynne	69	22.09	0.64
Bob Wishart	79	19.32	0.57
Ron Arthur	81	20.36	1.36
Glad Wishart	77	24.03	1.73
Stephen Bird	58	18.16	-1.84
John Mathew 60m	84	19.80	

2.8 Km E.T. - 28/4/21

		<u>Clock</u>	<u>Diff</u>
Helen Castel	58	16.17	-0.01
Ashley Birrell	78	14.36	-0.14
Ashley Page	80	15.53	-0.23
Kevin Cassidy	60	15.26	0.26
Sandra Wynne	69	15.44	0.29
Stephen Bird	57	13.05	-0.55
Sonya McLennan	68	15.02	-0.58
Kylie Irshad	49	13.41	-2.19

2000m Walk Self H/cap

		<u>Clock</u>	<u>Actual</u>
Sylvia Machin	79	28.48	15.07
Dawn Bennett	76	28.52	17.07
Iris Boulton	72	28.57	16.57
Bev Hugo	81	29.02	17.22
Nola Finn	84	29.28	29.28
Ian Beaumont	85	29.39	20.23
Michael Boulton	66	29.48	17.58
Margaret Beaumont	83	30.41	20.20
Julian Boland	58		13.06 DQ
Geoff Barrow	72		14.24 DQ
Joan Clarke	86		20.53 DQ
John Mathew	84		23.49 DQ
Helen Bryan	51		21.58 DQ
Jeanne Bryan	78		21.58 DQ

SPRINGVALE 7 April 2021

100 metres

Alan ANDERSON	31	13.20
Sayed KHATAN	70	16.10
Helen ANDERSON	58	16.60
Mike HALL	82	17.30
Ian TREGEAR	70	19.10
Tracey HUTCHINSON	50	20.50
Mick COLGAN	70	24.60
Bill FOURKIOTIS	78	72.00

800 metres

		hcp.	clock
Tracey HUTCHINSON	50	0m10s	5.07
Les WILLIAMS	65	2 36	5.10
Sayed KHATAN	70	2 00	5.16
Dominique RUELLOT	69	0 15	5.23
Dragan ISAALOVIC	61	2 15	5.24
Dave TALBOT	66	2 00	5.25
Kevin		2 00	5.27
Howard REES	73	1 55	5.29
Paul MULLINS	80	1 58	5.31
Helen ANDERSON	58	1 55	5.35
Lou BUCCIERI	65	1 50	5.40
Claudio RIGA	65	1 50	5.40
Alan BENNIE	74	2 10	5.32
Alan ANDERSON	31	2 45	5.46
Neil GRAY	73	2 05	5.54

Les posts new venue/age record of 2m36s

400 metres

Alan ANDERSON	31	1.21
Helen ANDERSON	58	1.31
Sayed KHATAN	70	1.34
Dave TALBOT	66	1.38
Paul WINTERTON	66	1.52
Dragan ISAALOVIC	61	1.59

3000 metres

Les WILLIAMS	65	10.22
Alan BENNIE	74	14.31
Dragan ISAALOVIC	61	14.45
Sayed KHATAN	70	14.59
Kevin		16.32
Alan ANDERSON	31	17.16
Bill IRVINE	72	17.21
Ian TREGEAR	70	17.31
Celia JOHNSON	73	22.22
Dominique RUELLOT	69	22.22
Tracey HUTCHINSON	50	24.58
Helen ANDERSON	58	15.34
Helen ANDERSON	58	23.26
Sayed KHATAN	70	23.32
Ian TREGEAR	70	24.22

Howard REES	73	24.49
Claudio RIGA	65	26.04
Lou BUCCIERI	65	29.29

3000 metres walk

Tony DORAN	68	23.17	
Juan PEREZ	81	24.21	
Troy JEFFS	46	26.16	
Frank ALLEN	76	26.40	
Pam THOMAS	75	27.09	
Ernie JEFFS	76	30.01	
Natalie IRVINE	74	21.49	2.2k

Les posts new venue/age record of 10m22s

SPRINGVALE 14 April 2021

100 metres

Alan ANDERSON	31	13.30
Helen ANDERSON	58	16.60
Mike HALL	82	17.40
Mick COLGAN	70	19.60
Paul WINTERTON	66	20.10
Juan PEREZ	81	21.10

1000 metres hcp.

		actual	clock
Claudio RIGA	65	4.47	6.17
Alan BENNIE	74	4.05	6.20
Tracey HUTCHINSON	50	6.08	6.23
Dominique RUELLOT	69	6.27	6.27
Helen ANDERSON	58	4.38	6.28
Kevin PARDY		4.26	6.31
Dave TALBOT	66	4.35	6.40
Alan ANDERSON	31	3.59	6.54
Paul MULLINS	80	4.50	6.55
Juan PEREZ	81	6.19	7.19

70 metres

Helen ANDERSON	58	11.70
Mike HALL	82	12.10
Tracey HUTCHINSON	50	13.00
Mick COLGAN	70	13.00
Juan PEREZ	81	13.00

2000 metres

Alan ANDERSON	31	10.24	
Dave TALBOT	66	11.02	
Bill IRVINE	72	11.04	
Juan PEREZ	81	13.59	
Dominique RUELLOT	69	14.09	
Tracey HUTCHINSON	50	14.58	
Paul MULLINS	80	10.53	1.6k

4000 metres

Alan BENNIE	74	21.12
Kevin PARDY		21.25
Helen ANDERSON	58	23.15
Ian TREGEAR	70	23.30
Troy JEFFS	46	24.15

SPRINGVALE 14 April 2021 (cont)**6000 metres**

Claudio RIGA	65	30.51
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2000 metres walk

Pam THOMAS	75	17.40
G JEFFS		19.25
Natalie IRVINE	74	19.45
Jim SMITH	80	19.46
Ernie JEFFS	76	19.51
Rob CLUTTERBUCK	68	20.36
Trevor JUPP	80	20.36
Eric NEGROS	58	24.06

3200 metres walk

Anand THILLAISUNDARAM	45	23.16
Frank ALLEN	76	28.04

SPRINGVALE 21 April 2021**200 metres**

Helen ANDERSON	58	35.00
Kevin ONLEY	87	61.90
Ernie JEFFS	76	76.00

1200 metres hcp

		<i>clock</i>	<i>actual</i>
Claudio RIGA	65	7.16	5.31
Alan BENNIE	74	7.18	4.53
Lou BUCCIERI	65	7.25	5.55
Kevin PARDY	55	7.32	5.19
Alan ANDERSON	29	7.33	4.58
Howard REES	73	7.43	5.43
Helen ANDERSON	58	7.48	5.48
Tracey HUTCHINSON	50	7.49	7.19
Dominique RUELLOT	69	7.50	7.50
Neil GRAY	73	8.00	5.47
Juan PEREZ	81	8.02	7.27
Neville HARTCHER		8.29	5.54

80 metres

Helen ANDERSON	58	13.70
Mike HALL	82	14.30
Juan PEREZ	81	17.10

3000 metres

Howard REES	73	14.38	
Kevin PARDY	55	14.43	
Bill IRVINE	72	16.24	
Lou BUCCIERI	65	17.14	
Ian TREGGARE	71	17.33	
Troy JEFFS	46	17.37	
Dominique RUELLOT	69	21.15	
Kevin ONLEY	87	12.19	
Helen ANDERSON	58	15.26	2.6k
Alan ANDERSON	29	11.34	2.6k

5000 metres

Claudio RIGA	65	24.50
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1800/2200 metres walk

John ABEL	71	15.18	
Anand THILLAISUNDARAM	45	15.22	
Pam THOMAS	75	15.50	
Ernie JEFFS	76	16.55	
Trevor JUPP	80	16.55	
K DAVIDSON		17.48	
Natalie IRVINE	74	18.17	
Eric NEGROS	58	18.14	
Jim SMITH	80	18.42	
Frank ALLEN	76	19.14	2.2k
Rob CLUTTERBUCK	68	19.53	2.2k
Juan PEREZ	81	20.49	
Mike HALL	82	8.90	
Chris McARDLE	67	9.30	
Juan PEREZ	81	9.60	
Ian TREGGARE	70	10.00	
Lindsay OXENHAM	71	11.30	

SPRINGVALE 28 April 2021**150 metres**

Helen ANDERSON	58	26.60
Chris McARDLE	67	27.30
Paul WINTERTON	66	33.40
Juan PEREZ	81	34.30

1500 metres

		<i>clock</i>	<i>hcp.</i>
Les WILLIAMS	65	5.53	0 mts
Tracey HUTCHINSON	50	6.08	450
Alan BENNIE	74	6.10	0
Howard REES	73	6.20	110
Dominique RUELLOT	69	6.25	485
Kevin PARDY	55	6.27	80
Juan PEREZ	81	6.27	410
Helen ANDERSON	58	6.36	120
Dave TALBOT	66	6.46	100
Claudio RIGA	65	6.58	100
Lou BUCCIERI	65	7.00	150
Paul MULLINS	80	7.30	100

20 minute run / walk

		<i>lap/mts</i>		
Dominique RUELLOT	69	7	0	
Alan ANDERSON	29	9	300	
Natalie IRVINE	74	5	81	
Bill IRVINE	72	5	81	
Helen ANDERSON	58	5	81	
Tony DORAN	68	6	188	
Kevin PARDY	55	9	100	
Howard REES	73	10	80	
Juan PEREZ	81	7	40	
Frank ALLEN	76	5	305	
Dennis PHILLIPS	78	5	150	
Ian TREGGARE	71	8	116	
Lou BUCCIERI	65	8	220	