

<b>August</b>			
<b>02/08/2021</b>			
	<b>Event</b>	<b>Run</b>	<b>Walk</b>
1	100m	X	
2	800m	X	X
3	50m	X	
4	2km	X	X
<b>09/08/2021</b>			
	<b>Event</b>	<b>Run</b>	<b>Walk</b>
1	120m	X	
2	1000m	X	X
3	300m	X	X
4	8 laps Spiral	X	X
<b>16/08/2021</b>			
	<b>Event</b>	<b>Run</b>	<b>Walk</b>
1	60m	X	
2	1200m	X	X
3	120m	X	
4	2km	X	X
<b>23/08/2021</b>			
	<b>Event</b>	<b>Run</b>	<b>Walk</b>
1	200m	X	
2	1500m	X	X
3	400m	X	
4	3km	X	X
<b>30/08/2021</b>			
	<b>Event</b>	<b>Run</b>	<b>Walk</b>
1	50m	X	
2	1000m	X	X
3	200m Mike H AG	X	
4	3200m	X	X
<b>Birthday Cakes</b>			