

VICTORIAN VETERANS
ATHLETIC CLUB INC.

AROUND THE GROUNDS

TWO VETERAN CHAMPION WALKERS

BETTY NEWMAN 70 - TOM DAINTRY 83



September

1994

VENUES

ABERFELDIE, ALTONA, BALLARAT, CAUFIELD, COBURG,
COLLINGWOOD, CROYDON, EAST BURWOOD, FRANKSTON,
GEELONG, KNOX, MENTONE, SPRINGVALE-NOBLE PARK and
TOOTGAROOK

for information on Club activities

Hon. Secretary Dorothy Browne OAM. (03) 874 2501

COMMITTEE MEMBERS 1994

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Keith Routley
6 Mowbray Street Albert Park 3206
699 6384

VENUES Locations and Managers Venue Day and Melway Ref

ABERFELDIE	Aberfeldie Park, Corio Street, Moonee Ponds Rob Waters 699 5311(B) 318 3802	Weds	28 D 6
ALTONA	Grant Reserve, Sugar Gum Drive (off Civic Pde) Altona Ray Wilson 398 2285	Sun - Winter Tuesday - Daylight Saving	54 G 9
BALLAARAT	Llanberris Field, Ballaarat		
EAST BURWOOD	Burwood East Reserve, Burwood Highway Doug Petroff 885 6811 David Langley 807 5297	Thurs	62 C 7
CAULFIELD	Duncan McKinnon Park, North Road, Murrumbeena Leo Charles 579 1830 (Royce Foley 570 4898)	Tues - Track Sunday - Field Games)	68 K 9
COBURG	Harold Stevens Ath. Field, Outlook Rd. Coburg Gordon Burrowes 366 0326 Vonda Saunders 460 1267	Thurs	18 A 9
COLLINGWOOD	George Knott Reserve, Heidelberg Rd., Clifton Hill Ray Harbert 478 7202	Tues	30 F 12
CROYDON	Town Park, off Norton Road, Croydon Lavinia Petrie (059) 671 915 David Sheehan 720 7969	Tues	50 K 5
FRANKSTON	Ballam Park, Bananee Terrace, Frankston Bruce Moulton 580 7914	Thurs	103 B 4
GEELONG	Landy Field, off Barwon Terrace, Geelong Bryan Cole (052) 484 747	Weds	228 C 7
KNOX	Knox Park Athletic Track, off Rushdale Road, Scoresby Charles McRae 729 1439	Weds	73 D 7
MENTONE	Dolomore Oval, Cnr. First and Queen Streets, Mentone Lois Waser (059) 412 945	Weds	87 B 6
SPRINGVALE/ NOBLE PARK	Ross Reserve, Memorial Drive, Springvale Theresa Baird 754 2648	Weds	80 E 12
TOOTGAROOK	Tootgarook Sports Reserve, Truemans Road, Tootgarook Alan Radford / Ken Taylor (059) 855 989	Weds - Winter Sunday - Daylight Saving	169 E 6

Australian Association of Veterans Athletic Clubs Secretary - Dorothy Browne OAM. (03) 874 2501

THE BETTY, ALLAN AND NORM PAGE.

Date	Venue	Sprint	Mid Dist	Walk	Distance
Tues 1 Nov	Caulfield	70m	400m Men	5 Km ET	3 Km
" 1 "	Collingwood	Cup Day - Venue Closed			
" 1 "	Croydon	To be arranged.			
Weds 2 "	Aberfeldie	100/300m	700m ET	M'nong River Run	4900/6100m
" 2 "	Geelong	100m Rel	800m	3200m	3200m
" 2 "	Knox	300m ET	1000m		7 Km ET
" 2 "	Mentone	100m ET	800m Mem H/c	5 Km H/c	30 min ED
" 2 "	Springvale	120m	400m H/c	3/5 Km	3/5 Km
Thur 3 "	Coburg	70m/150m		1 Km	5 Km ET Supper
" 3 "	E Burwood	100m	1200m	7 laps	5/12/20 laps
" 3 "	Frankston	70/300m	Relay/800m	2 Km	1500/3200m
Weds 2 "	Tootgarook	100/200m	600m T.J.	1000m	10 L
Sun 6 "	Tootgarook	70/100m R.	1500m	1200m H/Cap	6 Km Parlouf
" 6 "	Caulfield	Field Games			
Tues 8 "	Altona	100m	400m	S.P.(Cont. 1/2 M'thon)	5 Km*
" 8 "	Caulfield	GUS THEOBALD RELAY (M'tone-S-vale-C'field-etc)			
" 8 "	Collingwood	110/200m	800m	3 Km	3/5 Km
" 8 "	Croydon	50/400m	1000m	5 laps	15/25 laps
Weds 9 "	Aberfeldie	100/200m	Jav. 500m	Run/Walk	5/7.5 Km
" 9 "	Geelong	5.75 Km Cross Country			
" 9 "	Knox	1000 Steps Run F'tree Gully Nat. Pk.			
" 9 "	Mentone	200/300m	2 Km S'chase	4 laps Rd	5 Km H/c
" 89 "	Springvale	70/300m	1500m	1500m	2/4/8 Km
" 9 "	Tootgarook	100m	800m Dis.	2 Km	10 Lap H/c
Thur 10 "	Coburg	100/200m	800m	6 Km Cr. Country	
" 10 "	E Burwood	200m	1000m	4 laps ET	8/16 Laps
" 10 "	Frankston	100/200m	600m	1600m	1600m/4 Km
Sun 13 "	Caulfield	Weight Pentathlon			
" 13 "	Tootgarook	100m H/c	300m/1 Km	1600m	5 Km Road
Tues 15 "	Altona	75m	200m	Jav.	6 Km*
Weds 16 "	Aberfeldie	100/300m	1000m	S.L.J.	4900/6100m
" 16 "	Geelong	100m	1000m	2800m	2800m
" 16 "	Knox	200m	800m	4 Km	8 Km
" 16 "	Mentone	150/400m	1000m	5 Km H/C	6.7 Km Reverse
" 16 "	Springvale	100m H/c	400m	2/4 Km	3/2 Km x2 Relay
" 16 "	Tootgarook	200m	400m	S.P. 2 Km	2.4 Km
Tues 15 "	Caulfield	100m	800m	1500m	3 Km
" 15 "	Collingwood	70m	300m	10 Km Boulevard Run	
" 15 "	Croydon	70/200m	1500m	1/3 Km	12 Laps
Thur 17 "	Coburg	100/200m	1600m Pursuit	H/c	30 min TT
" 17 "	E Burwood	Parlouf Relay Night			
" 17 "	Frankston	120/400m	1000m	2 Km	1500m/4800m
Sun 20 "	Caulfield	Field Games			
" 20 "	Tootgarook	70/100m R.	600m H/c	2800m	6 Km C.Country
Tues 22 "	Altona	90m	300m	Dis.	5 Km*
" 22 "	Caulfield	200m	1000m	3 Km	5 Km
" 22 "	Collingwood	50/150m	1200m	5 Km Team	Event ET
" 22 "	Croydon	70/400m ET	800m	6 laps	5/10/20 laps ET
Weds 23 "	Aberfeldie	100/400m	1200m	LWS 500m	3/5 Km
" 23 "	Geelong	6.8 Km Cross Country			
" 23 "	Knox	4-8-4 Km Run Ride Run 3-6-3 Helmet Req'd			
" 23 "	Mentone	70m	1 mile ET	3 Km ET Rd	3 Km Rd
" 23 "	Springvale	200m	1000m	1600m	5 Km H/c
" 23 "	Tootgarook	Dip & Run McCrae L.S.Club 5.30 pm			
Thur 24 "	Coburg	100/200m	1500m	4/8 Km	Cross Country
" 24 "	E Burwood	300m/1500m		5 laps	12 lap H/cap
" 24 "	Frankston	100/300m	800m	3 Km	1500m/5 Km
Sun 27 "	Caulfield	Field Games			
" 27 "	Tootgarook	E. Burwood - Silvan Pk Res - Olinda Forest			
Tues 29 "	Altona	100m*	800m	SLJ	5 Km*
" 29 "	Caulfield	400m	1500m	5 Km	10 Km
" 29 "	Collingwood	110/400m	1000m	3.2/6.4 Km	Merri Creek Path
" 29 "	Croydon	50/100m	1200m	4 laps	30/45 min TT
Weds 30 "	Aberfeldie	100/300m	800m	M'nong River Run	5/7.5 Km
" 30 "	Geelong	200m	400m	3 Km	3 Km
" 30 "	Knox	400m	1000m	15-30-45 min	TT
" 30 "	Mentone	120m ET	400m/2Km	Sc 2/4 Km	Tk 5/10 Km Rd
" 30 "	Springvale	100m	1 mile	2.4 Km	3.1/6.2 Km Rd
" 30 "	Tootgarook	Robs 6 Km Back Beach Run - Sorrento Back Beach			



*** = First run with us.

= PB this venue, this year

THURS 1 SEPT A cool wind after the sun set on a warm first day of Spring. 27 competitors. Good to see GARY, MARK & MOHAMMED again. Interesting sprint with MARGARET being stretched in the 100M by SANTI & the 200M by MOHAMMED. VONDA tried herself out in the 10K for her first distance run since her injury in May. She made the distance with some help(?) from HAROLD. ANDREW thought he had JOHN's measure in the 5K but did not reckon on his finishing sprint. Good to see LORRAINE running again despite problems with her eyes.

THURS 8 SEPT A cool night. 25 comps, 36 diners. With the clock in countdown mode for the est.5K everybody started on their own estimate & were all expected to finish at zero. Even the spectators got involved as the clock ticked towards zero. Most runners finished within 1 min. either side with TIM, ANDREW, BEV & BERNICE being within 10 secs. DANIEL & JOHN were the lucky ones in the Cuddle Relay they got CHRISTINE & VONDA, the other pairs were all male.

		THURS							RELAY		EST (+/- SECS)
		100M	200M	800M	5K	10K	70M	150M	800M	5K	
BARBARO	John M45	SEPT 1	14.07	28.58			SEPT 8	9.97	21.00	(4)3.36	24.15(+16)
BOND	Gary M30	SEPT 1		29.54		41.09					
BRAIN	Glenyce F45	SEPT 1				33.00					29.00(-62)
BURROWES	Gordon M55	SEPT 1			3.36	26.02				(3)3.06	29.30(-58)
CAR	Bev F50						SEPT 8	9.27	20.13		27.43(-1)
CAR	Anthony M20						SEPT 8				
CARTER	Ken M40	SEPT 1	16.81	38.06	4.11	46.23	SEPT 8	10.35	21.76	(5)3.36	31.57(+423)
CUSACK	Mark M35	SEPT 1				19.39					
DALGLEISH	Barb F55	SEPT 1									
ELLIS	John M70	SEPT 1				30.12(WALK 8 LAPS)					
GIBBS	Bruce M40						SEPT 8	9.43	19.91	(5)3.36	
GIORGIOU	Francis M35	SEPT 1	13.49	53.62	3.29	23.10(10 LAPS)					
GOGGIN	Bernie M55	SEPT 1				49.27	SEPT 8		32.48	(2)3.05	24.23(+7)
GOGGIN	Tim JM	SEPT 1			16.24		SEPT 8			(2)3.05	19.00(-8)
GOODE	George M65						SEPT 8		25.40	(1)3.02	
GRIFFITHS	Christine F45						SEPT 8			(4)3.36	27.30(+45)
HARBERT	Ray M55	SEPT 1				22.24	SEPT 8				22.30(-64)
HARRAP	Richard M30	SEPT 1			2.50	25.21					
JORDAN	Andrew M35	SEPT 1		30.16	2.33	18.45	SEPT 8		22.65	(1)3.02	18.50(-4)
KYTE	Bill M50	SEPT 1				24.13	SEPT 8				29.50(-42)
LEAHY	John M30						SEPT 8				24.00(+71)
LYNCH	Bernice F35						SEPT 8				22.30(+20)
MASTOROLORITO	Michael M25	SEPT 1			2.33						
NORRIS	Daniel M30	SEPT 1	17.10		3.08	25.29	SEPT 8	11.81	26.97	(6)4.20	26.00(+6)
PEACOCK	John M55	SEPT 1			2.51	21.31					
PERROTT	Margaret F35	SEPT 1	12.56	27.06							
REESE	Mohammed M25	SEPT 1	13.21	26.56							
ROBOTHAM	Kate F50	SEPT 1				33.00	SEPT 8				29.00(+18)
RYAN	Bill M50	SEPT 1				21.59					
SAUNDERS	Vonda F55	SEPT 1				59.46	SEPT 8			(6)4.20	30.00(-60)
STAUNTON	John M35	SEPT 1		30.00		16.43	SEPT 8	10.06		(3)3.06	18.23(+56)
VILLEGAS	Ray M25						SEPT 8		20.72		21.20(+15)
WEBER	Ben JM						SEPT 8	10.47	22.57		23.00(-148)
WILSON	Neville M60	SEPT 1				47.14	SEPT 8				23.15(+43)

THURS 18 AUG

Good running weather, a cool night with a

THURS 25 AUG

An early spring evening. Mild with just a nip



*** = First run with us.

= PB this venue, this year

THURS 18 AUG Good running weather, a cool night with a light breeze. Total competitors = 25. Who was it said that HAROLD'S new Commonwealth Games windcheater was stretched so much that the Maple Leaf looked like a 4 leaf clover??? TIM led ANDREW home in the 1500 but the positions were reversed in the 4K. JOHN really "put in" for the 1500 & had little left for the 4K. BEV is back from her aroma therapy classes. She didn't learn much because she caused a stink with a discussion on politics during the after run social.

THURS 25 AUG An early spring evening. Mild with just a nip of cold. Total competitors = 23. A local house ablaze & fire sirens screaming distracted us from running for a while. TIM didn't seem to be trying so hard to defeat MARGARET & then we found out about his big wins the day before. BERNIE stalked GORDON in the mile & eventually ran him down in the straight. Things a bit lax in the Time Trial tonight with several not persisting for the full time & others forgetting to record their distance.

				THURS					THURS				30Min Time Trial	
				100M	200M	1500M	4K	8K	100M	200M	1MILE	LAPS	+ METRES	
BRAIN	Glencye	F45	AUG 18				21.55		AUG 25			12	30	
BURROWES	Gordon	M55	AUG 18			7.13.92	22.32		AUG 25		7.33.85	13	380	
CAR	Bev	F50	AUG 18				23.23							
CARTER	Ken	M40	AUG 18	16.87	36.71	8.04.02	29.31		AUG 25	16.25	37.97	8.15.05	9	386
CORNALL	Alex	JM							AUG 25	13.75	27.84			
DALGLEISH	Barb	F55	AUG 18					35.30	AUG 25			16	240	
ELLIS	John	M70	AUG 18				30.26(Blaps walk)							
GBBS	Bruce	M40							AUG 25		27.86	6.48.91		
GIORGIU	Francie	M35	AUG 18	19.41	42.97	7.12.74	21.17		AUG 25	20.25	43.95	8.00.08	??????????????	
GOGGIN	Bernie	M55	AUG 18		37.60	7.39.92		39.51			40.45	7.32.24	??????????????	
GOGGIN	Tim	JM	AUG 18		26.30	5.10.00	15.30		AUG 25	13.00	27.75	5.44.12		
GOODE	George	M65	AUG 18			7.22.13			AUG 25			12	180	
GRIFFITHS	Christine	F45	AUG 18				26.43		AUG 25			PIT STCP		
HALLETT	Len	M45	AUG 18			6.13.24	19.33							
HALLETT	Andrew	JM	AUG 18	14.34										
JORDAN	Andrew	M35	AUG 18		30.04	5.14.47	15.14							
KING	Dawn	F45	AUG 18				27.28		AUG 25			10	70	
KYTE	Bill	M50	AUG 18				20.48							
MARTIN	Denys	M45							AUG 25			??????????????		
NORRIS	Daniel	M30	AUG 18	17.56		6.21.17	19.50		AUG 25	17.00	6.46.97	14	00	
PEACOCK	John	M55	AUG 18			5.42.38	17.37		AUG 25		6.17.94			
PERROTT	Margaret	F35	AUG 18	12.69	27.03				AUG 25	12.43	26.57			
PROUDFOOT	Gordon	M50	AUG 18					35.25	AUG 25			16	10	
RADEMAKER	Fred	M40	AUG 18					29.36	AUG 25			??????????????		
ROBOTHAM	Kate	F50							AUG 25			12	30	
RYAN	Bill	M50	AUG 18					35.49	AUG 25			??????????????		
SAUNDERS	Vonda	F55							AUG 25			12	200	
SAUNDERS	Neville	M55							AUG 25			(Walk)7	260	
STAUNTON	John	M35	AUG 18					30.49	AUG 25			18	5	
WEBER	Ben	JM	AUG 18			5.31.12		34.12						
WILSON	Neville	M50	AUG 18					37.51	AUG 25			16	10	

RESULTS FROM COLLINGWOOD VENUE

6.9.94		
<u>110 METRES - Heat 1</u>		
Keith MOODY	56	14.60
John BARBARO	48	14.60
<u>Heat 2</u>		
Gerard ADRIEN	34	14.07
Bob GRACE	40	14.80
<u>Heat 3</u>		
June REEVES	49	16.32
Mary LANGDON	35	19.04
Jane KINSEY	53	19.40
Glenyse BRAIN	48	23.85
<u>1500 METRES</u>		
George RENNIE	52	4.55
Damien CUSACK	Inv.	5.45
Mary LANGDON	35	6.46
<u>400 METRES - Heat 1</u>		
Keith MOODY	50	1.00
Gerard ADRIEN	34	1.02
John BARBARO	48	1.04
George RENNIE	52	1.04
<u>Heat 2</u>		
June REEVES	49	1.14
John PEACOCK	58	1.18
Jane KINSEY	53	1.27
<u>4 KM</u>		
Murray DICKINSON	56	11.39
(6 laps) walk		
Dennis O'HEHIR	41	13.56
Michael CUSACK	42	15.02
Brian JOHNSTON	55	16.16
John PEACOCK	58	16.20
Peter SLATTER	50	16.21
Denny MARTIN	46	16.33
Peter BLACK	48	17.22
Gary BELL	40	17.36
Keith MOODY	50	17.56
John NOONAN	51	20.14
Bernie LESLIE	58	21.11
Christine GRIFFITHS	45	21.40
Glenyse BRAIN	48	21.41
Kate ROBOTHAM	51	22.26
Jane KINSEY	53	22.56
<u>8 KM</u>		
Brian WALSH	50	32.14
Melinda WALSH	Inv.	32.15
13.9.94		
<u>70 METRES - Heat 1</u>		
June REEVES	49	10.35
George MORRIS	68	10.90
Jill COOPER	55	12.10
Jane KINSEY	53	12.50
<u>Heat 2</u>		
Adrian GRACE	Inv.	8.60
Jim SHAND	56	9.65
Alesha RENDINA	Inv.	9.65
<u>800 METRES</u>		
Dennis O'HEHIR	41	2.18
Julie TERRILL	36	2.18
Iain MCCALLUM	41	2.22
David INNES	43	2.24
Gerard ADRIEN	34	2.29

800 METRES - (Continued)		
Keith MOODY	56	2.30
Wasył DROSDOWSKY	43	2.45
John PEACOCK	58	2.53
<u>150 METRES - Heat 1</u>		
Adrian GRACE	16	17.35
Gerard ADRIEN	34	19.30
Darren QUIX	30	21.60
<u>Heat 2</u>		
Alesha RENDINA		20.20
Jim SHAND	56	20.43
June REEVES	49	21.60
George MORRIS	68	23.10
<u>Heat 3</u>		
Jane KINSEY	53	25.60
Jill COOPER	55	26.20
Christine GRIFFITH	45	29.00
<u>2000 METRES</u>		
Iain MCCALLUM	41	6.45
John PEACOCK	58	7.59
Bill RYAN	53	8.10
Wasył DROSDOWSKI	43	8.32
Peter BLACK	48	8.36
Keith MOODY	50	9.12
Darren QUIX	30	9.30
Jane KINSEY	53	10.05
Dick KIRKMAN	76	10.29
Christine GRIFFITH	45	10.46
Glenyse BRAIN	48	10.54
Kate ROBOTHAM	51	11.01
Bill FORSYTH	63	12.56
Col HAMLEY	72	12.56
<u>3000 METRE WALK</u>		
Murray DICKINSON	56	14.30
<u>6000 METRES</u>		
Dennis O'HEHIR	41	23.13
Brian WALSH	50	23.30
Melinda WALSH	Inv.	23.31
Ron YOUNG	63	24.20
John MERORY	48	24.21
Charlene RENDINA	46	24.57
Dennis MARTIN	46	25.14
Gary BELL	40	27.06
Mel BROWN	53	27.28
Shirley YOUNG	64	29.05
John NOONAN	51	30.09
20.9.94		
<u>100 METRES</u>		
Gerard ADRIEN	34	13.00
Bob GRACE	49	13.50
Keith MOODY	50	13.70
John BARBARO	48	13.70
Jim SHAND	56	14.10
<u>200 METRES</u>		
Gerard ADRIEN	34	26.41
Keith MOODY	50	28.08
John BARBARO	48	28.35
Jim SHAND	56	28.88

RESULTS FROM COLLINGWOOD VENUE

20.9.94				
<u>5000 METRES HANDICAP</u>				
		Finish Time		
George RENNIE	52	19.05	1.45	17.20
David HYSEN	39	18.23	.45	17.38)
Westly WINDSOR	50	18.38	1.00	17.38)
Garry BELL	40	22.15	4.30	17.45
Iain MCCALLUM	41	17.49	-	17.49
Shondra HILL	47	26.07	8.15	17.52
Brian WALSH	50	19.11	1.15	17.56
Denny MARTIN	46	20.27	2.25	18.03
Melinda WALSH	20	19.58	1.35	18.23
Peter BLACK	48	21.52	3.15	18.37
Peter SLATTER	50	20.36	1.45	18.51
Rod BAYLEY	48	19.30	.35	18.55
Alan FRYDAY	47	22.45	3.15	19.30
Mal BROWN	53	21.00	1.15	19.45
Keith MOODY	50	21.15	1.00	20.15
Christine GRIFFITHS	45	29.29	17.45	20.44
<u>27.9.94 (Cold and Wet)</u>				
<u>50 METRES</u>				
Jane KINSEY	53	8.98		
<u>ONE MILE</u>				
Patrick Kelly	Inv.	5.20		
Westly WINDSOR	50	5.34		
Keith MOODY	50	6.01		
<u>300 METRES</u>				
Keith MOODY	50	45.88		
Jane KINSEY	53	62.32		
Christine GRIFFITHS	45	72.66		
<u>2000 METRES</u>				
Peter BLACK	48	9.22		
<u>4000 METRES</u>				
Rod BAYLEY	48	15.11		
Keith MOODY	50	16.02		
John PEACOCK	58	16.11		
Len HALLETT	45	17.12		
Bill RYAN	53	17.13		
Alan FRYDAY	47	17.52		
Wasył DROSDOWSKY	43	18.01		
Glenyse BRAIN	48	24.04		
Don WARDEN	70	24.31		
Dick KIRKMAN	76	24.34		
<u>6000 METRES</u>				
Mal BROWN	53	24.23		
Brian JOHNSTONE	55	24.25		
Gerry BELL	40	27.06		
Oriana MADONIA	34	34.26		

 ** HISTORY OF THE WORLD VETERANS GAMES. **
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An ideal race for the novice ultra runner.

KNOX PARK ATHLETIC TRACK
off Rushdale Road, Scoresby, Victoria

SUNDAY 30TH OCTOBER, 1994
START TIME: 9AM

ADDRESS FOR ENTRIES: Dot Browne (Race Director)
4 Victory Street,
Mitcham 3132 Victoria.

ENTRY FEE: \$20.00 (Cheques payable to Dot Browne)

CLOSING DATE: Friday 21st October, 1994

LOCATION: Knox Park Athletic Track,
off Rushdale Road, Scoresby, Victoria
(Melways Ref. Map 73 D7)

AWARDS: Certificates and AURA medals to all finishers.
Trophies to first three males and females
(if sufficient entries)

ENTRY FORM

IMPORTANT: PRINT CLEARLY! Please complete this Entry Form in BLOCK LETTERS. LEAVE ONE BLANK SPACE BETWEEN WORDS/NUMBERS where applicable.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>
SURNAME	FIRST NAME	INITIALS	SEX M or F
<input type="text"/>		<input type="text"/>	<input type="text"/>
ADDRESS: number and street		DATE OF BIRTH	
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
suburb or town	POSTCODE	TELEPHONE HOME	WORK
Person to be notified in case of emergency:			<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	AGE ON RACE DAY	
SURNAME	FIRST NAME		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Relationship	TELEPHONE HOME	WORK	

PREVIOUS ULTRA EXPERIENCE: _____

WAIVER

I, the undersigned, in consideration of and as a condition of my entry in the SIX HOUR TRACK RACE, for myself, my heirs, executors and administrators, hereby waive all and any claim, right or causes of action which I might otherwise have for, or arising out of loss of life, or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of, or consequent upon my entry or participation in the event. I will abide by the event rules and conditions of entry or participation. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. This waiver, release and discharge shall be and operate separately in favour of all persons, corporations and bodies involved or otherwise engaged in promoting or staging the event and the servants, agents, representatives and officers of any of them

Signed.....Date

2000
2.22
43
34
2.24
2.29
DAVID INNES
GERARD ADRIEN

MENTONE VENUE RESULTS

10/8/94

5KM WALK - TRACK

1. Jean ALBURY	64	28.54
2. Vivienne CASH	42	30.10
3. Bob FRENCH	66	30.47
4. Joy HOGAN	42	30.50
5. Vic HARLEY	68	32.21
6. John BECK	58	32.32
7. Maureen SEEDSMAN	56	32.37
8. Sylvia MACHIN	53	32.50
9. Kevin MARION	58	34.01
10. Rae ATKINS	62	34.02
11. Judi BROMAGE	40	35.23
12. Ern WALKER	80	36.11
13. Margaret MARION	54	36.19
14. Vicki KAIGNIN	42	36.28
15. Glad WISHART	50	36.34
16. Dot JACK	70	37.45
17. J. HATLET	46	40.14
18. R. HATLET	51	38.48
19. Joan RISELEY	57	40.38
20. Joan CLARKE	59	42.02
21. Andy SMITH	79	42.07
21. Heidi ENGEL	52	42.07

17/8/94

3KM METRES 'E.T.' WALK - ROAD

(1. Kerrie TAYLOR	31	19.09	*
(1. Vivienne CASH	42	18.04	*
1. Jenny WISHART	25	22.09	♂
2. Joy HOGAN	42	18.21	
3. Jean ALBURY	64	17.22	
4. Glad WISHART	50	20.59	
5. Andy SMITH	79	25.09	
6. Sylvia MACHIN	53	19.43	
7. Angela SEERS	23	21.43	
8. Geoff BARROW	45	16.34	
9. John HALLO	52	17.49	
10. Vicki KAIGNIN	42	21.21	
11. Maureen SEEDSMAN	56	19.18	
12. Heidi ENGEL	52	25.09	
13. John BECK	58	19.23	
14. Jean JAMES	67	26.16	
15. Dot JACK	70	23.02	
16. Nola FINN	58	29.06	
17. Sylvia BIDEAU	32	24.00	
18. Wendy SEERS	52	22.52	
19. Ern WALKER	80	19.34	
20. Joan CLARKE	59	20.37	
21. Jimmy MACHIN	64	22.38	
22. Mary LUCAS	57	20.37	
23. Gwen STEED	52	20.09	

* Vet. ♂ Non Vet

24/8/94

2 or 4KM WALK - TRACK

2KM

1. Bob SEAMER	49	11.35
2. Vivienne CASH	42	11.53
3. Kerrie TAYLOR	31	12.25
5. Jenny WISHART	25	14.18
4. Maureen SEEDSMAN	56	12.38
6. J. Hatlet	46	14.22
7. K. Hartelt	46	14.22
8. Sylvie BIDEAU	32	14.45
9. Marie KILFOYLE	33	14.57
10. Dot JACK	70	15.14
11. Andy SMITH	79	15.47

4KM

1. Geoff BARROW	45	22.24
2. Jean ALBURY	64	22.26
3. John HALLO	51	23.33
4. Bob FRENCH	66	24.36
5. Vic HARLEY	68	25.35
6. Sylvia MACHIN	53	25.41
7. John BECK	58	26.21
8. Gwen STEED	52	27.37
9. Wendy SEERS	52	27.53
10. Ern WALKER	80	28.16
11. Mary LUCAS	57	28.21
12. Judi BROMAGE	40	28.26
13. Glad WISHART	50	28.39
14. Joan CLARKE	59	29.53
15. Joan RISELEY	57	31.21
16. Heidi ENGEL	52	31.27
17. Grace SMITH	75	33.22
18. Jean JAMES	67	35.28

31/8/94

120 METRES

1. Stephen YOUNG	42	14.80
2. Graeme NODEN	56	15.43
3. Darren WHITTAKER	16	15.55
4. Emma YEOMANS	Inv	15.72
5. Peter ELLIS	43	16.30

1 MILE

1. Peter BENCE	44	5.00.59
2. Col WARING	48	5.04.42
3. Paul CURTIS	23	5.33.43
4. Laurie COLLARD	37	5.36.31
5. Ron RABONE	42	5.36.93
6. John WAITE	53	6.04

MENTONE VENUE RESULTS

31/8/94

6KM - TRACK

1. Terry HARRISON	48	20.54
2. Col WARING	48	21.31
3. Greg WILLIAM	41	23.22
4. Laurie COLLARD	37	23.39
5. Doug WALLACE	53	24.36
6. Dick JEFFREY	51	24.44
7. Jeff MARK	45	24.56
8. Graham STOCKDALE	52	25.08
9. Bronwyn HANNS		23.46
10. Greg MAULDON	56	25.48
11. Rodney FORD	53	26.18
12. Peter ELLIS	43	26.34
13. Peter BENCE	44	26.56
14. Don HUGHES	56	26.57
(15. George MOORE	48	27.02
(15. Paul CURTIS	23	27.02
16. Jan MORREY	54	27.07 *
17. Chris HANNS	Inv	29.16
18. Pat DONOHUE	47	29.37
19. Marion FERAZZO	43	29.43
20. Janet FORD	26	31.14
21. Betty MARK	47	31.16
22. Jan GARRARD		31.31
Bob SEERS	54	15.04 ♂

* Age Track Record
♂ 3KM

5KM WALK - ROAD

1. John HALLO	52	28.02
2. Vic HARLEY	68	28.40
3. Jean ALBURY	64	30.20
4. Bob FRENCH	66	30.29
5. Vivienne CASH	42	31.27
6. Nellie SCHWEITZER		33.09
7. Kevin MARION	58	33.47
8. Jane THOMPSON	39	35.20
9. Ern WALKER	80	35.23
10. Margaret MARION	54	36.15
11. Gwen STEED	52	37.00
12. J. HARTELT	46	37.51
13. Dot JACK	70	38.27
14. Erwin SCHWEITZER		38.40
15. Joan RISELEY	58	39.28
16. Andy SMITH	79	39.44
17. Grace SMITH	75	43.35
18. Jean JAMES	67	43.37

7/9/94

100 METRES 'E.T.'

1. Ross KENT	52	12.50
2. Stephen YOUNG	42	12.85
3. Chris CLARK	40	13.79
4. Caroline SULLIVAN	23	14.43
5. Andy SMITH	79	18.82

800 METRES H/C

1. Ian CASSELL	41	2.32.0
2. Chris CLARK	40	2.25.4
3. Emma YEOMANS	Inv	2.29.7
4. Stephen YOUNG	42	2.24.9
5. Caroline SULLIVAN	23	2.39.5
6. Ross KENT	52	2.38.4
7. Laurie COLLARD	37	2.33.5
8. Bob SEAMER	49	2.35.2
9. John WAITE	53	2.45.6
10. Pam MEWS	59	3.47.9

5 MILES - ROAD

1. Peter BENCE	44	29.39
2. Ian CASSELL	41	30.40
3. Bronwyn HANNS	31	31.13
4. Laurie COLLARD	37	32.03
5. Rob FINLEY	45	32.45
6. Neil BOYLE	40	33.05
(7. Greg WILLIAM	41	33.09
(7. Paul CURTIS	23	33.09
8. Gunther GISSER	41	34.17
(9. George MOORE	48	33.32
(9. Doug WALLACE	53	33.32
10. Jeff MARK	45	33.49
11. Case HUYSMAN	61	35.04
12. Graham STOCKDALE	52	DNF
13. Rodney FORD	53	36.10
14. Don HUGHES	57	36.16
15. Pat DONOHUE	47	36.20
16. Chris HANNS	10	36.33
17. Betty MARK	47	36.35
18. Greg MAULDON	56	38.35
19. Jan MORREY	54	39.06
20. Ben MORREY	65	39.32
21. Jan GARRARD		42.24

5KM WALK - TRACK

1. Geoff BARROW	45	26.59
2. Marlene GOURLAY	42	27.00
3. John HALLO	52	27.39
4. Jean ALBURY	64	28.37
5. Vivienne CASH	42	30.22
6. Vic HARLEY	68	31.17
7. Bob FRENCH	66	31.18
(8. Joy HOGAN	42	32.04

MENTONE VENUE RESULTS

17/8/94

150 METRES

1. BOB WISHART	52	18.35
2. Ross KENT	52	18.67
3. Peter ELLIS	43	21.00
4. George YEOMAN	49	21.90
5. Gordon GOURLAY	65	22.08
6. Jim THOMSON	67	22.30
7. John MARKHAM	64	22.60
8. Bill DALEY	69	23.97
9. Andy SMITH	79	27.92

1500 METRES

N11

600 METRES

1. Stephen YOUNG	42	1.38.2
2. Graham STOCKDALE	52	1.40.9
3. Emma YEOMAN	Inv	1.43.8
4. Peter ELLIS	43	1.46.2
5. George YEOMAN	49	1.47.7
6. John WATTE	53	1.56.5

5KM H/C - TRACK

1. Jeff MARK	45	26.22
2. Betty MARK	47	26.48
3. Ray KEMP	66	26.51
4. Pam MEWS	59	26.53
5. Don HUGHES	57	27.03
6. Ian CASSELL	41	27.11
7. Peter BENGE	44	27.20
8. Dick JEFFREY	51	27.21
9. Peter SMART	49	27.26
10. Kitty PENFOLD	51	27.31
11. Paul CURTIS	23	27.33
12. Louis WASER	47	27.36
13. Angela BONSER	28	27.38
14. Gordon GOURLAY	65	27.40
15. Case HUYSMANS	61	28.02
16. Jan GARRARD	46	28.09
17. John MARKHAM	64	28.28
18. Graham STOCKDALE	52	28.48
19. Doug WALLACE	53	29.06
20. Rodney FORD	53	29.18
21. Peter ELLIS	43	29.23
22. Laurie COLLARD	37	29.41
23. Janet FORD	26	30.16
24. Mike BARLOW	51	31.25

ALTONA VENUE RESULTS.

SUNDAY 4th SEPTEMBER 1994.
BREAKFAST RUN AT THE TAN TRACK

1 LAP - 3.8 KM.

Graeme MURFETT	53	18.31	P.B.
Heather MURFETT	53	21.30	
Les JARRY	65	21.30	
Michael ORELLI	50	22.00	
Jack MACGLASHAN	63	22.48	
Shelagh BROWN(W)	50	27.22	
Harry PRESTON	83	36.43	

2 LAPS - 7.6 KM.

Graeme MURFETT	53	37.16
Les JARRY	65	43.23

SUNDAY 11th SEPTEMBER 1994.
RIVER RUN FROM ABERFELDIE PARK.

5.9 KM.

Stan BELCHER	52	25.57	PB.
Mick RICHARDS	50	27.00	
Peter BUISSINK	35	27.13	
Michael ORELLI	50	27.54	
Cathy CURTIS	32	28.16	
Graeme MURFETT	53	31.09	
Lois JONES	55	31.41	
Pat CARROLL	55	32.35	
Les JARRY	65	33.27	
Heather MURFETT	53	34.03	
Gordon BURROWS	58	36.34	
Jack MACGLASHAN	63	37.00	
Harry PRESTON	83	Lost.	

SUNDAY 18TH SEPTEMBER 1994
AROUND ALTONA FROM NEVITTS.

8.2 KM.

Peter BUISSINK	35	34.50
Cathy CURTIS	32	35.32
Graeme MURFETT	53	37.41
Lois JONES	55	38.50
Pat CARROLL	55	41.42
Cathie McKEON	Inv	43.26
Heather MURFETT	53	43.18
Jack MACGLASHAN	63	46.23
Shelagh BROWN	50	61.40

SUNDAY 25TH SEPTEMBER 1994
AT THE YOU YANGS.

13.9 KM.

Stan BELCHER	52	62.14
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9.3 KM.

Graeme MURFETT	53	52.50
Les JARRY	65	55.17
Heather MURFETT	53	57.14
Shelagh BROWN	50	70.26

7.0 KM (Approx).

Cathy CURTIS	32	36.21
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4.8 KM.

Cathie McKEON	Inv	20.50
Lois JONES	55	25.19
Harry PRESTON	83	44.47

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& PRINTING PTY. LTD.**



Custom Makers of T-Shirts and Leisure Suits
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ADVERTISERS WANTED

We have room for a few small advertisements in future copies of "AROUND THE GROUNDS".
Have you a business that you would like the members to be aware of.
This way you can help the Club and yourself at the same time. The cost is very small.
Ring me on 795 1169 for information. Ed.

SUGGESTION FOR WEEK-END RUNNERS.

The ALTONA GROUP have runs every Sunday during the winter months when their grass track becomes too boggy and would welcome all veterans and their friends to compete in their races with them. They are a most social minded group, having many P.Y.O. BBQ's and functions at their homes. You do not have to be a serious runner or walker to compete with them, just someone who enjoys walking or running with veterans.

** VIC. & AUST. C'SHIP VIDEOS **
**Were you at Aberfeldie for *
* the Vic. Veterans C'ships *
* or the Aust. Veterans C'ships *
* at Homebush in N.S.W. in 1994.*
* if so, videos of both these *
* events are available from *
* Peter COLTHUP 14 Bakers Road, *
* North Dandenong 3175 for *
* \$20.00 each. Phone 7951169 *
* Copies of the 1993 events are *
* also available. If you want *
* them posted, \$5.00 extra. for *
* box and postage. *

RESULTS FROM THE CAULFIELD VENUE - SEPTEMBER 1994

6/9/94

200M SPRINT

Heat 1.

Leo CHARLES	61	29.97
Eddie STACK	60	31.57
Domenick MORINA	55	35.53 ^P
Paul MEREDITH	33	36.14
Kevin McGRATH	65	40.76

1st Dave Heaslip	24.85
2nd Stephen Young	26.01
3rd Bob Seamer	29.96

1200M MIDDLE DISTANCE

Dave HEASLIP	37	4.12
Chris CLARK	40	4.28
Stephen YOUNG	42	4.30
Ian BRITTAIN	60	4.43

5K H'CAP RUN

	Fin.	H/C
Tony FAHY	51	25.32 (6.15)
Peter LAMBERT	47	25.33 (3.40)
Michael HEFFERNAN	59	25.36 (3.35)
Case HUYSMAN	61	25.52 (4.10)
Graham PROSSER	40	25.54 (5.10)
Domenick MORINA	55	25.57 (3.25)
Terry STUBBS	44	26.13 (3.40)
Howard ROSS	49	26.17 (5.55)
Greg MAULDON	56	26.29 (5.40)
Peter McGRATH	54	26.32 (4.00)
Judy WINES	56	26.45 (2.15)
Kevin BROWNE	58	26.57 (5.00)
Bob POWER	52	26.58 (5.40)
Gerry BLANCHFIELD	51	27.29 (3.25)
Pete BATTRICK	51	28.27 (5.00)
Paul MERDITH	33	28.50 (3.35)
Lee COX	45	30.57 (2.15)

1st TONY FAHY	19.17
2nd PETER LAMBERT	21.53
3rd MIKE HEFFERNAN	22.01

6/9/94

200M SPRINT

Heat 2.

Dave HEASLIP	37	24.85
Stephen YOUNG	42	26.01
Chris CLARK	40	27.68
Bob SEAMER	49	29.06

4K WALK

Bob SEAMER	49	23.18
Joy HERBERT	51	23.26
Sandra MIDDLETON	45	25.16
Frank WARREN	68	26.39
Kevin MARION	58	26.51
Margaret MARION	54	28.48
Ken LaROCHE	59	28.48
Ralph FIELD	80	28.57
Bev MACKIE	54	32.30
Kevin McGRATH (2K)	65	15.50
John HERBERT (2K)	52	17.28

13/9/94

300M SPRINT

Stephen YOUNG	42	40.89
Dave HEALSIP	37	42.54
John CHARLES	51	45.77
Leo CHARLES	61	48.37
Bryan JOHNSON	59	49.13
Eddie STACK	60	49.88
Howard ROSS	49	50.49
John SHEARD	46	50.89
Brian TONKIN	59	55.07
Domenick MORINA	55	56.78
Kevin McGRATH	63	63.07
Andy SMITH	79	68.59

800M SPRINT

Chris CLARK(PB)	40	2.21
Doug ADENEY	50	2.24
Jim McLURE	48	2.29
Howard ROSS	49	2.51
John SHEARD	46	3.02
Stephen YOUNG	42	3.10
Andy SMITH	79	4.19

RESULTS FROM THE CAULFIELD VENUE - SEPTEMBER 1994

13/9/94

4000M WALK

	Actual	Est.
Domenick MORINA	26.45	(26.10)
Andy SMITH	33.05	(34.00)
Frank WARREN	26.25	(26.40)
Margaret MARION	27.14	(28.30)
Kevin MARION	26.26	(27.00)
Kevin McGRATH	30.13	(31.00)
Ralph FIELD	29.33	(29.00)
Bev MACKIE	28.24	(30.10)
Sandra MIDDLETON	25.22	(25.15)
Des MIDDLETON	23.48	(24.08)
Joy HERBERT	24.10	(23.55)
Vicki KAIGHIN	30.03	(30.00)
Ron BILSTON	25.09	(24.10)
Jill ROLLS	30.45	(28.00)
Ken LaROCHE	24.59	(24.00)

13/9/94

4000M RUN

	Actual	Est.
Fred BISCHHEL	16.00	(16.12)
Jeff BOOT	14.14	(14.15)
Betty MARK	21.00	(20.00)
Terry STUBBS	17.24	(16.45)
Jim McLURE	15.05	(14.24)
Peter McGRATH	18.52	(18.23)
Dave HEASLIP	16.12	(16.50)
Mike HEFFERNAN	17.27	(17.40)
Kevin BROWNE	17.25	(17.35)
Case HUYSMAN	17.05	(17.30)
Gerry BLANCHFIELD	18.51	(19.20)
Howard ROSS	16.29	(16.35)
Brian TONKIN	17.32	(18.23)
Greg MAULDON	16.29	(17.00)
Jeff MARK	16.05	(16.45)
John SHEARD	17.15	(17.00)
Pete BATTRICK	18.52	(18.24)
Bryan JOHNSON	19.24	(18.50)

The above Walk & Run were then combined as a team event, drawing a Walker's name out of a hat to match up with a Runner with their combined estimated times and the result was: (closest to their estimated time in seconds).

Jeff Boot and Frank Warren	16	John Sheard & Andy Smith	70
Pete Battrick & Vicki Kaighin	31	Brian Tonkin & Vicki Kaighin	72
Peter McGrath & Des Middleton	41	Jim McLure & Ralph Field	74
Dave Heaslip & Joy Herbert	53	Jeff Mark & Dominic Morina	75
Terry Stubbs & Kevin Marion	55	Case Huysman & Ron Bilston	84
Fred Bichsel & Kevin McGrath	59	Greg Mauldon & Marg Marion	107
Howard Ross & Andy Smith	61	Kevin Browne & Jeff Rolls	175
Bryan Johnson & Ralph Field	67	Gerry Blanchfield & Bev Mackie	197

Because there were more runners than walkers, we had to put the walkers names back in the hat to enable a runner to match up, hence some walkers names shown twice. An enjoyable night was had by all and the reward was hot pizza's for supper.

27/11/1994 - VICTORIAN SUMMER CHAMPIONSHIPS **
[DOLOMDORE OVAL MENTONE MELWAY P87 C7]

** OPEN TO ALL FEMALE & MALE ATHLETES
ALL CLASSES CATERED FOR : JUNIOR ; OPEN ; VETERANS .

10-00AM-11-00AM	WEIGH IN / WARM UP	VETERANS & U/16
11-15AM	COMPETITION	VETERANS & U/16
11-30AM-12-45PM	WEIGH IN / WARM UP	ALL OTHER GROUPS
1-00PM	COMPETITION	ALL OTHER GROUPS
2-45PM	SOM FIELD GAMES SPRINT	ALL GROUPS
2-50PM	HAMMER COMPETITION	OPEN CLASS

MEDALS & PERFORMANCE CERTIFICATES TO BE AWARDED.
COST \$5-00 PER ATHLETE

RESULTS FROM THE CAULFIELD VENUE - SEPTEMBER 1994

RESULTS FROM EAST BURWOOD VENUE

20/9/94

100M H/CAP (HEAT 1)

Dave HEASLIP	Scr	11.99
Leo CHARLES	14m	12.66
Stephen YOUNG	3 m	12.85

1000M MIDDLE DISTANCE

Jeff BOOT	38	3.05.45
Dave HEASLIP	37	3.07.25
Doug ADENEY	50	3.08.2
Chris CLARK	40	3.13.9
Jim McLURE	48	3.18.0
Stephen YOUNG	42	3.39.7
Andy SMITH	79	5.38.0

8K DISTANCE RUN

Jeff BOOT	38	31.02
Jim McLURE	48	31.24
Graham PROSSOR	40	34.10.75
Tony FAHY	51	34.10.88
Bob POWER	52	34.36
Kevin BROWNE	58	36.08
Greg MAULDON	56	36.10

20/9/94

100M H/CAP (HEAT 2)

Leigh HEAD	10m	11.99
Dominick MORINA	25m	13.70
Andy SMITH	30m	14.20

3K WALK

Joy HERBERT	51	17.57
Kevin MARION	58	19.36
Frank WARREN	68	20.35
Margaret MARION	54	20.40

8K DISTANCE (Ctd)

Peter McGRATH	54	37.11
Domenick MORINA	55	37.52
Terry STUBBS	44	37.53
Gerry BLANCHFIELD	52	39.20
Pete BATTRICK	51	39.43
Ben MORREY	65	43.03

TUESDAY 27/9/94

200M SPRINT

Dave HEASLIP	37	25.10
Stephen YOUNG	42	26.47
Leigh HEAD	Inv	27.37
Leo CHARLES	60	30.5
Eddie STACK	60	31.37
Brian TONKIN	59	34.31
Domenick MORINA	55	34.91
Kevin McGRATH	63	36.05
Jill ROLLS	47	42.46

10K SEALED HANDICAP

Graham PROSSOR	40	42.16 (+8.00)
Jim McLURE	48	38.20 (+12.00)
Bob POWER	52	42.26 (+8.15)
Terry STUBBS	44	46.13 (+5.00)
Kevin BROWNE	58	45.55 (+6.15)
Mike HEFFERNAN	59	47.16 (+5.00)
Case HUYSMAN	61	46.34 (+5.45)
Greg MAULDON	57	44.33 (+8.00)
George WILSON	45	48.40 (+4.00)
Peter McGRATH	54	47.53 (+5.15)
Gerry BLANCHFIELD	52	49.37 (+4.00)
Pete BATTRICK	51	48.04 (+6.15)

600M EST. TIME

	Actual	Est.
Chris CLARK	1.38.93	1.40
Doug ADENEY	1.42.54	1.42
Dave HEASLIP	1.44.89	1.40
Stephen YOUNG	1.55.19	1.45
Domenick MORINA	2.26.76	2.10
Leo CHARLES	2.35.55	2.30

4K WALK

Joy HERBERT	51	24.01
Vic HARLEY	68	26.23
Domenick MORINA	55	26.40
Kevin MARION	58	26.49
Jane THOMPSON	39	27.28
Jill ROLLS	47	31.24

1st Graham Prosser	50.16
2nd Jim McLure	50.20
3rd Bob Power	50.41

1/9/94 RELAY

Eleven 4 person teams competed with distances of each of the three legs as follows:

1, Walk	400, 400 & 200
2 Sprint	400, 400 & 200
3 Run	800, 800 & 600
4 Run	1200, 1200 & 1000

Bob LEWIS	Erica SIGMONT
Phil SODERSTROM	John BELL
	28.13

Les CLARK	Janet SWANN
Jim PATTON	Ron WILSON
	29.25

John KERR	Eric SIGMONT
Ray VALLANCE	John SUTTON
	29.45

Doug PETROFF	Rob BAULCH
Dave HERBERT	Jack McKELLAR
	29.47

Joy CURTIS	Lloyd NICHOLS
Vin O'BRIEN	Bill KING
	29.48

Phyllis GOSBELL	Alf HETHERTON
Cynthia HERBERT	Sam DEFANIS
	30.07

Sue SUTTON	Don McMAHON
Cherie BALDWIN	Bob CURTIS
	30.52

Brian KIRKMAN	Leo WATSON
Tony MARTIN	Neville PORTER
	30.56

Frank TUTCHENER	John SZYMANSKI
Marlene PETROFF	Rod WADSLEY
	31.12

Audrey TUTCHENER	Ken MILLSTEED
Graeme HORSKINS	Peter VINCE
	32.43

Betty HORSKINS	Brian TAIT
Don COX	John GOSBELL
	34.58

8/9/94 300 METRES

1 Peter MAY	33	.45
2 Richard PIESSE	51	.47
3 Brian TAIT	52	.47
4 John SZYMANSKI	36	.52
5 Barry BOYD	50	1.01

300 METRES HEAT 2

1 Eric SIGMONT	46	.44
2 Doug PETROFF	52	.48
3 Jim PATTON	47	.50
4 Someone else		.50
5 Bob HAYES	56	.52
6 Neville PORTER	59	.58
7 Alf HETHERTON	65	1.06

HEAT 3

1 Ken MILLSTEED	44	.42
2 Erica SIGMONT	Inv	.46
3 Rod WADSLEY	41	.47
4 Lloyd NICHOLS	53	1.00
5 Frank TUTCHENER	66	1.14

1000METRES N.O.T.

1 Peter MAY	33	3.07
2 Bob HENDERSON	47	3.12
3 Jim PATTON	47	3.12
4 Ken MILLSTEED	44	3.15
5 Doug PETROFF	52	3.17
6 Sam DEFANIS	46	3.24
7 Bob HAYES	56	3.27
8 Barry BOYD	50	3.29
9 Neville PORTER	59	3.32
10 Rod WADSLEY	41	3.38
11 Bob LOADER	65	3.49
12 Bob LEWIS	66	4.01
13 John SZYMANSKI	36	4.04 *

* Trophy Winner - Congratulat

7 LAP WALK

1 Frank TUTCHENER (5)	11.30	
2 Tina LEB	61	17.53
3 Joy CURTIS	52	20.19
4 Audrey TUTCHENER		24.54

20/40 MINUTE TIME TRIAL

	Laps	Metres
John SZYMANSKI	10	
Bob LEWIS	11	
George SIMONS	9	50
Eric SIGMONT	14	43
Erica SIGMONT	12	and a bit
Les CLARK	9	75
Barry WATKINS	12	300
John GOSBELL	11	140
Bob CURTIS	12	350
Alan GREEN	13	100
Bob HAYES	11	300
Peter HANNAFORD	13	280
John HALL	11	380
Barry BOYD	12	301
Janet SWANN	9	250
Dave MEIKLEJOHN	10	75
John SUTTON	11	300
Dianne PATTON	10	100
Brian TAIT	10	150
Norm CAMERON	9	250
Jim PATTON	12	100
Rod WADSLEY	12	100

RESULTS FROM EAST BURWOOD VENUE

8/9/94 CONT. 20/40 MIN.

NAME	Laps	Metres
Phyllis GOSBELL	9	30
Cherie BALDWIN	9	330
Cynthia HERBERT	10	135
Vin O'BRIEN	12	100
Sam DEFANIS	25	-
Neville PORTER	23	225
Dave HERBERT	22	250
Coral MONK	19	150
Ron WILSON	22	100
Jack FREDRICKSON	21	
Rob BAULCH	24	380

15/9/94 100 METRES

1 John SZYMANSKI	36	13.02
2 Brian TAIT	52	13.65
3 Bob HAYES	56	14.35
4 Neville PORTER	59	14.70
5 Alf HETHERTON	65	15.15
6 Jim CARROLL	48	15.65

1600 METRES

1 Bob HENDERSON	47	5.28
2 Doug PETROFF	52	5.37
3 Bob HAYES	56	5.46
4 Neville PORTER	59	6.27
5 John SZYMANSKI	36	6.41
6 Lloyd NICHOLS	53	7.58

4 LAP WALK, 10/25 LAP RUN

1 Tina LEB	61	9.53 W
2 Joy CURTIS	52	11.11 W
3 Judith ZAMMIT	48	-
4 Lorraine ROSCOE	51	-
5 Jim CARROLL	48	13.25 W
6 Helene CARROLL	39	13.55 W
7 Audrey TUTCHENER	65	14.30 W
8 Alan GREEN	45	14.50
9 Rob BAULCH	46	15.03
10 John BELL	49	15.33
11 John HALL	47	15.49
12 John GOSBELL	55	17.21
13 Gordon STEPHEN	40	17.23
14 Richard PIESSE	51	17.23
15 David NOBBS	55	17.29
16 Bob LEWIS	66	18.05
17 Don COX	58	18.14
18 Bob POWER	52	18.14
19 Leo WATSON	53	18.46
20 Brian TAIT	52	18.52
21 John GREEN	49	19.17
22 Dave MEIKLEJOHN	54	19.21
23 Doug PETROFF	52	19.22
24 Kathy PRESTEGAR	44	19.24
25 Phyllis GOSBELL	56	20.44
26 Janet SWANN	42	21.13
27 Coral MONK	46	21.13
28 George SIMONS	59	21.17
29 Marlene PETROFF	52	21.29

10/25 LAP CONTINUED

30 John SZYMANSKI	36	21.30
31 Les CLARK	64	22.31
32 Frank TUTCHENER	66	25.32
33 Rita KERR	64	29.05
34 Bob CURTIS	52	38.29
35 Jack MCKELLAR	54	41.13
36 Bob HAYES	56	41.40
37 John SUTTON	51	41.51
38 Vin O'BRIEN	66	42.16
39 Neville PORTER	59	43.19
40 Jack FREDRICKSON	55	37.20

(21 LAPS)

41 Dave HERBERT	53	43.59
42 Peter VINCE	46.5	44.51
43 Eric DAVIDSON	53	44.52
44 Elvira PETRACCA	33	49.36
45 Cynthia HERRERT	52	49.51
46 Tony MARTIN	66	49.51
47 John KERR	65	51.00

22/9/94 600 METRES

1 Ken MILLSTEED	44	1.35
2 Peter MAY	33	1.36
3 Gordon STEPHEN	40	1.40
4 Jim PATTON	47	1.42
5 Richard PIESSE	51	1.48
6 Sam HASSETT	Inv	1.50
7 John GREEN	49	1.52
8 Bob HAYES	56	1.57
9 Col HETHERTON	40	2.02
10 Barry BOYD	50	2.05
11 John SZYMANSKI	36	2.06
12 Bob LOADER	65	2.13
13 Alf HETHERTON	66	2.27
14 Lloyd NICHOLS	53	2.29

200 METRES HEAT 1

1 John WILLS	43	28.29
2 Gordon STEPHEN	40	29.12
3 John SZYMANSKI	36	29.56
4 Bob HAYES	56	31.51

HEAT 2

1 Ken MILLSTEED	44	29.95
2 Sam HASSETT	Inv	32.97
3 Alf HETHERTON	66	35.28
4 Frank TUTCHENER	66	42.93

5 LAP WALK, 3/5/K RUN

1 Bob LOADER (5)	65	9.43
2 Sam HASSETT	Inv	11.23
3 John HALL	47	11.26
4 Jim PATTON	47	11.52
5 Richard PIESSE	51	12.00
6 Phil SODERSTROM	47	12.39
7 Ray VALLANCE	49	12.41
8 Tina LEB	61	12.43 W
9 John GREEN	49	12.46
10 Col HETHERTON	40	13.34

RESULTS FROM EAST BURWOOD VENUE

22/9/94 5 LAP WALK, 3/5K RUN

11 Norm CAMERON	50	13.35
12 Leo WATSON	53	13.36
13 Dianne PATTON	41	13.42
14 Marg DUGUID	57	13.57
15 John SZYMANSKI	36	14.02
16 Dave MEIKLEJOHN	54	14.09
17 Kathy PRESTEGAR	44	14.25
18 Gerald BURKE	54	14.32
19 George SIMONS	59	15.28 W
20 Dave LANGLEY	55	15.47
21 Cherie BALDWIN	42	16.18
22 Frank TUTCHENER	66	16.25
23 Bernadette KIRSZH	30	16.36 W
24 Les CLARK	64	16.41
25 Sue SUTTON	49	18.11 W
26 Sam DEFANIS	46	18.37
27 Judith ZAMMIT	48	19.14
28 Lorraine ROSCOE	51	19.15
29 Barry BOYD	50	19.21
30 Bob HAYES	56	19.24
31 John SUTTON	51	20.17
32 Vin O'BRIEN	66	20.44
33 Jack FREDRICKSON	55	20.59
34 Bob POWER	52	21.37
35 Audrey TUTCHENER	65	22.07
36 Marlene CAMERON (6)	44	22.08
37 John CUNNINGHAM	49	22.25
38 Janet SWANN	42	25.56
39 Coral MONK	46	26.17

29/9/94 400 METRES N.O.T. Heat 1

1 Ken MILLSTEED	44	58.14 *
2 Peter MAY	33	1.00.92
3 Bob HAYES	56	1.06.70
4 Jim PATTON	47	1.10.41
5 Alf HETHERTON	66	1.19.70

HEAT 2

1 Doug PETROFF	52	1.09.28
2 Rod WADSLEY	41	1.10.73
3 Lloyd NICHOLS	53	1.22.19
4 Bob LOADER	65	1.22.98

* Trophy Winner - Congratulations

800 METRES

1 Peter MAY	33	2.24
2 Jim PATTON	47	2.28
3 Doug PETROFF	52	2.30
4 Rod WADSLEY	41	2.38
5 Col HETHERTON	40	2.39
6 Bob HAYES	56	2.43
7 Leo WATSON	53	2.55
8 Geoff CHARLES	38	3.02
9 Alf HETHERTON	66	3.51

6 LAP WALK, 5/10/15 LAP RUN

1 Gordon STEPHEN	40	8.04
2 Col HETHERTON	40	8.37
3 Norm CAMERON	50	8.40
4 Bob LOADER	60	8.41
5 Leo WATSON	53	8.44
6 Bob HENDERSON	48	9.02
7 Geoff CHARLES	38	9.25
8 Les CLARK	64	10.31
9 John KERR	65	11.29
10 Peter FIELD	36	15.19
11 John HALL	47	15.36
12 Bob LEWIS	66	15.56
13 Jim PATTON	47	16.13
14 Vin O'BRIEN	66	16.20
15 Ken MILLSTEED	44	16.39
16 Bob POWER	52	16.50
17 Ray VALLANCE	49	16.52
18 Joy CURTIS	52	17.03 W
19 Don McMAHON	55	18.20
20 George SIMONS	59	18.58
21 Peter MAY	33	21.20
22 Frank TUTCHENER	66	21.36
23 Marlene PATROFF	52	21.36
24 Bob CURTIS	52	21.45
25 Audrey TUTCHENER	21.47 W	
26 Marlene CAMERON	22.13 W	
27 Sam DEFANIS	46	22.35
30 Rob BAULCH	46	22.35
31 Bob HAYES	56	22.36
32 Jack FREDRICKSON	23.02	
33 John CUNNINGHAM	24.57	
34 Rita KERR	64	25.07
35 Elvira PETRACCA	26.53	
36 Rod WADSLEY	41	28.44

NEW MEMBERS ARE
NEEDED.

HAVE YOU INTRODUCED
A RELATIVE OR
FRIEND TO VETERAN
ATHLETICS LATELY?

RESULTS FROM CROYDON VENUE - SEPTEMBER 1994

50 METRES SPRINT 6.9.1994

1 John WILLS	43	7.13
2 Ron SMITH	45	7.92
3 Susan MSHER	46	8.64

400 METRES SPRINT 6.9.1994

1 Ashley RYAN	40	59.72
2 Ron SMITH	45	67.72
3 Jim PATTON	47	72.21
4 Bob CURTIS	52	72.84
5 Neville PORTER	59	73.42
6 Geraldine FENNESSY	33	74.65
7 Susan MSHER	46	96.00

1 or 3 KMs WALK 6.9.1994

1 Km Walk:

Barrie WICKS	54	5.40
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3 Kms Walk:

1 Tony JOHNSON	54	15.35
2 Alison THOMPSON	41	16.04
3 Celia KELLY	46	16.57
4 Win MAY	53	17.25
5 Pam RICHARDS	54	20.39
6 Denise BANNON	55	21.14
7 Pat CAVANAGH	53	23.25

1200 METRES RUN 6.9.1994

1 Neil GRIFFIN	48	3.56
2 Ken MORTON	37	4.01
3 Jim PATTON	47	4.08
4 Karen TRAVILL	38	4.22
5 Neville PORTER	59	4.25
6 Cec McKEOWN	54	4.28
7 Ray BLANCHFIELD	50	4.30
8 Peter LEGET	60	4.30
9 Glenn CLAIDEN	40	4.33
10 Bob CURTIS	52	4.39
11 Ashley RYAN	40	4.40
12 Margaret DUGUID	57	4.51

10/20/25 LAP RUN 6.9.1994

10 Laps:

1 Murray HUTCHISON	45	14.49
2 Tony JOHNSON	54	15.57
3 Neil GRIFFIN	48	16.29
4 Ray BLANCHFIELD	50	16.33
5 Jim PATTON	47	16.46
6 Neville DeLACY	51	16.57
7 Peter LEIGH	57	17.08
8 John RICHARDS	56	17.17
9 Robert PETRIE	52	17.47

10 Laps Run (Contd.) 6.9.1994

10 John SZYMANSKI	36	17.48
11 Ron ROTTIER	38	18.06
12 John GOSBELL	55	18.36
13 Annette BRUNTON	37	18.46
14 Ashley RYAN	40	18.47
15 Alison THOMPSON	41	18.52
16 Barrie WICKS	54	18.54
17 Ron SMITH	45	18.56
18 Dot BROWNE	53	18.57
19 Laurie BLACK	57	18.59
20 Celia KELLY	46	19.05
21 Graham SMITH	51	19.07
22 Diane PATTON	41	19.33
23 Anne CALLAGHAN	57	19.40
24 Sandra KERR	49	20.24
25 Richard TODD	46	20.27
26 Phyllis GOSBELL	56	21.01
27 Pat CAVANAGH	53	22.04
28 John YATES	67	22.08
29 John KERR	65	23.48
30 Joy CURTIS (walk)	52	28.38

20 Laps:

1 Lavinia PETRIE	50	37.03
2 Norm CAMERON	50	38.28
3 Les CLARK	64	46.36
4 Ken WALTERS	62	52.59

25 Laps:

1 Rod MASON	40	35.57
2 Jim INGHAM	48	38.28
3 Bob CURTIS	52	39.13
4 Glenn CLAIDEN	40	39.48
5 Ron LEDINGHAM	46	40.11
6 Eddy ADDICKS	48	40.19
7 Andrew TUNNE	36	42.16
8 Peter LEGET	60	43.05
9 Neville PORTER	59	44.07
10 Ron BOYNE	60	44.20
11 Keith STYLES	52	48.00
12 Nancy CHORLEY	47	48.00
13 Al WILLEY	55	48.27
14 Cec McKEOWN	54	48.41
Frank TUTCHENER (5 laps)	66	10.38
Rita KERR (5 laps)	64	14.22
Ken MORTON (13 laps)	37	20.18

RESULTS FROM CROYDON VENUE - SEPTEMBER 1994

70 METRES SPRINT 13.9.1994

1 John SZYMANSKI	36	9.57
2 Alf HETHERTON	65	11.35
3 Gwen DAVIDSON	71	11.97

6 LAPS WALK 13.9.1994

1 Tony JOHNSON	54	11.47
2 Win MAY	53	13.43
3 Jan WATSON	47	16.08
4 Denise BANNON	55	16.42
5 Joy CURTIS	52	16.43
6 Rita KERR	64	19.44
Barrie WICKS (4 laps)	54	9.40

20 MINUTE PARLOUF 13.9.1994

	Laps	Metres
1 David SHEEHAN		
Geraldine FENNESSY		
Jim PATTON		
Norm CAMERON		
Les CLARK		
Total Team Distance	13	140

2 Neil GRIFFIN		
Lorrie BISHOP		
Glenn CLAIDEN		
Denise SCHOLES		
Annette BRUNTON		
Total Team Distance	12	20

3 Ashley RYAN		
Graeme BISHOP		
Anne CALLAGHAN		
Cec McKEOWN		
Robert PETRIE		
Total Team Distance	12	340

4 Bob CURTIS		
Ken MORTON		
John SZYMANSKI		
Alf HETHERTON		
Ron BOYNE		
Andrew TUNNE		
Total Team Distance	11	350

20 or 40 MINUTES TIME TRIAL 13.9.1994

20 Minutes:	Laps	Metres
Ray MERIDA	50	12 330
Milan STANISIC	40	12 200
Neville DeLACEY	51	12 150

20 or 40 MINUTES TIME TRIAL 13.9.1994

20 Minutes (Continued)	Laps	Metres
Neil GRIFFIN	48	12 120
Saul BAKAITIS	50	12 120
Bob CURTIS	52	11 380
Ken MORTON	37	11 370
John GOSBELL	55	11 260
Shane MARTIN	40	10 250
Jim PATON	47	10 165
Ashley RYAN	40	10 165
Annette BRUNTON	37	10 150
Barrie WICKS	54	10 130
Norm CAMERON	50	10 50
Pam RICHARDS	54	9 380
Anne CALLAGHAN	57	9 330
John YATES	67	9 140
Jan WATSON (Walk)	47	6 390

40 Minutes:	Laps	Metres
Rod MASON	40	27 280
Jim INGHAM	48	27 190
Ron LEDINGHAM	46	24 300
Glenn CLAIDEN	40	24 250
Andrew TUNNE	36	22 320
Ron BOYNE	60	21 50
Dot BROWNE	53	21 0
Keith STYLES	51	20 90
Ron ROTTIER	38	20 0
Lavinia PETRIE	51	20 0
Pat CAVANAGH	53	17 280

100 METRES SPRINT 20.9.1994

Colin HETHERTON	40	12.12
Ashley RYAN	40	12.13
Alf HETHERTON	66	16.56
Michael VAJNA	25	17.04

600 METRES RUN 20.9.1994

David SHEEHAN	47	1.42
Glenn CLAIDEN	40	1.56
Graeme BISHOP	49	2.08
Keith STYLES	51	2.11
Michael VAJNA	25	2.33
Lorrie BISHOP	47	2.37

QUF IDEAL DAIRIES

VICTORIAN VETERANS ATHLETIC CLUB ANNUAL BUSHRANGES CLASSIC 100 KM RELAY

8.00am SUNDAY NOVEMBER 6TH 1994

Start & finish Knox Park Athletic Track
Rushdale St Knoxfield (Melways 73D6)
Entries Close Wednesday 2nd November 1994

ENTRY FORM.

TEAM NAME _____ SECTION ENTERED [SEE BELOW] _____

COMPETITORS NAME		M/F	AGE
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
TOTAL AGE.			_____

ENTRIES \$20.00 PER TEAM, TO RAY CALLAGHAN, 6 YVONNE AVENUE, SOUTH CROYDON 3136. CHEQUES PAYABLE TO V.V.A.C. INC.

TEAM CAPTAINS: NAME _____
ADDRESS _____
PHONE NO. _____

SECTIONS

1. CHAIN GANG. Teams of 5, of which at least one MUST be female or NO START. Total age not less than 195 years and not more than 244 years.

2. BUSHRANGERS. Teams of 5, total age of more than 244 years. MUST include at least one female to be eligible for prizes, but teams of 5 men will be accepted.

3. PERSUERS. Teams of 5, of which at least one MUST be FEMALE or no start, with total age of not more than 194 years. May include competitors under pre-vet age.

NOTE. Strictly one [1] vehicle per team.

Race officials may disqualify any team using more than one vehicle.

ALL ENQUIRIES TO RACE ORGANISER, KEN WALTERS. 752 5977

RESULTS FROM CROYDON VENUE - SEPTEMBER 1994

12 LAP HANDICAP 20.9.1994

Due to inclement weather this race was run as a sealed handicap

12 LAP HANDICAP (Contd.) 20.9.1994

	Finish Time	Adjusted Time		Finish Time	Adjusted Time
1 Ashley RYAN	40	18.05	27.05	11 Robert PETRIE	52 22.06 29.56
2 Glenn CLAUDEN	40	18.28	29.13	12 Norm CAMERON	50 22.49 30.19
3 Keith STYLES		21.57	29.17	13 Nancy CHORLEY	47 22.50 30.40
4 Phyllis GOSBELL	56	25.15	29.30	14 Gray RYAN	43 17.38 30.48
5 Rod MASON	40	16.51	29.36	15 Lavinia PETRIE	51 21.50 30.50
6 Anne CALLAGHAN	57	24.14	29.39	16 Saul BAKAITIS	50 18.12 30.52
7 Murray HUTCHISON	45	17.35	29.40	17 Graeme BISHOP	49 23.13 31.18
8 Ron LEDINGHAM	46	18.51	29.46	18 Lorrie BISHOP	47 25.50 32.05
9 John GOSBELL	55	20.21	29.51	19 Annette BRUNTON	37 25.50 34.35
10 John MONK	47	18.25	29.55	20 Ray MERIDA	50 23.05 34.40

Note: The results for 27 September will appear in the October issue of Around The Grounds

SOUTHERN PENINSULA RESULTS

SUNDAY SEPTEMBER 4th.

ON A BEAUTIFUL MORNING FOR ATHLETICS KEN TAYLOR CONTINUED HIS RUN OF PERSONAL BESTS TIMES WITH STRONG PERFORMANCES IN THE 300 & 800 MTR. TRACK RUNS THEN COMPLETED A HAT TRICK WITH A PB. IN THE 10 KM. ROAD RUN. HEATHER McDONALD, WALKING THE DIFFICULT 10 KM. ROAD EVENT, ALSO ENJOYED A BEST TIME RECORDING 56 MINUTES 49 SECONDS, AND DENISE JONES RETURNING FROM A SPELL RAN HER PB. IN 45 MIN. 15.

OTHER EXCELLANT PERFORMANCES CAME FROM JACKIE TAYLORS 300 & 10K. RUNS BARRY FRY'S 800, JEFF JESSUPS 10K. RAY OUGHTONS 5K. & MEREDITH RADFORDS 1200 MTR. WALK. WHICH WAS LATTER FOLLOWED BY HER OWN 8KM. RUN PB. AFTER OFFICIATING FOR THE 10KM. EVENT.

70 MTR. SPRINT			300 MTR. SPRINT		
Alan RADFORD	43	9.63	ROBERT TAYLOR	25	45.64
Robert TAYLOR	25	9.63	Alan RADFORD	43	49.09
Ken TAYLOR	49	10.76	Ken TAYLOR	49	50.24 PB.
Jackie TAYLOR	47	11.86	Jeff JESSUP	42	56.47
Meredith RADFORD	33	12.56	Jackie TAYLOR	47	60.60
Victoria RADFORD	8	14.15	Meredith RADFORD	33	66.13

800 MTRS.			1200 MTR. WALK		
Barry FRY	51	2.24	Robert TAYLOR	25	7.55
Alan RADFORD	43	2.41	Alan RADFORD	43	9.05 PB.
Robert TAYLOR	25	2.51	Jackie TAYLOR	47	9.51
Ken TAYLOR	49	3.04 PB.	Meredith RADFORD	33	9.51
Jackie TAYLOR	47	3.41	Denise JONES	33	9.51

10 KM. ROAD RUN/ JOG/WALK.					
Barry FRY	51	38.20	Ken TAYLOR	49	50.32 PB.
Jeff JESSUP	42	38.32	Jackie TAYLOR	47	51.30
Denise JONES	33	45.15	Heather McDONALD	45	56.49 WALK PB
Alan RADFORD	43	45.15	Ray OUGHTON	73	25.13 5 KM.
Robert TAYLOR	25	47.53	Lachlan McDONALD	15	62.08 WALK.
Meredith RADFORD	33	52.52			8KM. PB.

PHYSIOTHERAPY

ATHLETICS INJURIES



PETER J BRUCE DIP. PHYSIOTHERAPY
GRAD. DIP. MANIP. THERAPY

- * ATHLETICS & RUNNING INJURIES
- * LOW BACK PAIN & SCIATICA
- * KNEE PAIN
- * SHIN SPLINTS & FOOT PROBLEMS

MT. WAVERLEY 59 BLACKBURN RD
PH - 802 2294

SPRINGVALE 14 BALMORAL AVE
PH - 546 5902

Peter Bruce a former State Title Holder for the marathon and 25km events has worked with athletes injuries for over thirty years. He is also a past winner of the Victorian Marathon Club Championship and is still an active competitor.

APRIL 1995

No Victorian Championships this month
No Australian Championships this month
No clashes this year

25/26 March Aberfeldie
10/11/12 June Queensland
Easter 14/15/16/17 April
Great Train Race 23 April
Aths Vic Sandown Relays 29 April

SO
plan to have a go at the

COBURG 24 HOUR RELAY Noon SATURDAY 8 APRIL to Noon SUNDAY 9 APRIL 1995
VETS Challenge section - teams of 10 incl. 4 Vets age groups & at least 2 of each sex.
Standard 400 metre track - 30 minute legs. Enquiries Gordon BurrowEs 366 0326 (Home)

AFTER SOME SLOW SPRINTS TO WARM UP WE ENJOYED THE SPECTACLE OF A VERY COMPETATIVE 4 BY 200 MTR. RELAY RACE WHICH WAS DECIDED BY HE WHO HAD THE BIGGEST BELLY OVER THE FINISHING LINE. (Ken Taylor). IN A DESPERATE LUNGE THE WINNERS JUST BEAT THE LOOBERS BY THAT VITAL DECIDING FACTOR.

IN THE DAYS MAIN EVENT COMPETITORS WERE REQUIRED TO COMPLETE A SET DISTANCE THREE TIMES, SEPARATED BY A SHORT BREAK, THE WINNER BEING THE PERSON BEST ABLE TO MAINTAIN THEIR FORM, AS NEAR OR BETTER THAN THE TIME ALLOCATED. DOUG HARRISON RECORDED BEST TIMES COMMING IN 11 SECONDS UNDER WITH HIS THREE, 800 MTR. RUNS WHILE MEREDITH RADFORD FINISHED 5 SECONDS BELOW SET TIME WITH HER THREE, 1200 MTR. RUNS.

WE LEARN OF THE RECENT DEATH OF LINDA TOZER AND OUR THOUGHTS AND CONDOLENCE ARE WITH NOEL.

100 MTRS. heat one			4 x 200 MTR. RELAY		
Robert HARRISON	44	17.53	THE STARS.	Luke DISS	13
Doug HARRISON	10	17.79		Rob HARRISON	44
Luke DISS	13	18.12		Meredith RADFORD	33
Victoria RADFORD	8	20.16		Ken TAYLOR	49
heat two			2 min. 17.32.		
Alan RADFORD	43	15.19	THE ALSO	Victoria RADFORD	8
Ken TAYLOR	49	15.92	RANS.	Alan RADFORD	43
Jackie TAYLOR	47	17.42		Jackie TAYLOR	47
Meredith RADFORD	33	18.13		Doug HARRISON	10
				2 MIN. 17.09	

THE SPECIAL EVENT							
NAME	AGE	SET TIME	DIST.	FIRST	SECOND	THIRD	RESULT
Douglas HARRISON	10	3.35	800	3.43	3.27	3.24	-0.11 ***
Meredith RADFORD	33	6.30	1200	6.40	6.24 PB	6.21	PB-0.05 XX
Ken TAYLOR	49	7.10	1600	7.17	7.13	7.07	+0.07
Jeff JESSUP	42	7.15	2000	7.19	7.25	7.28	+0.27
Jackie TAYLOR	47	7.30	1600	7.45	7.51	7.31	+0.37
Alan RADFORD	43	7.45	2000	7.59	8.03	8.02	+0.49
Luke DISS	13	7.05	1600	7.25	7.22 PB	7.30	+1.02
Graham ANGLISS	33	6.52	2000	7.11	7.28	8.24	+2.27
Robert HARRISON	44	8.25	2000	9.30	8.40	9.49	+2.44

*** = TROPHY

XX = KISSES (what else ?)

SUNDAY SEPTEMBER 25th.

PERSONAL BEST TIMES ARE ENJOYED BY NORM JOHNSTON IN BOTH SPRINTS, (assisted greatly by two very slick starts.) LACHLAN McDONALD IN THE 600 MTR. RUN & 800 WALK, AND RUSS CHRISTIE FOR HIS 6 KM. TRACK RUN.

BARRY FRY SHOWS HIS RETURN TO FORM WITH FAST TIMES OVER THE 600 & 6 KM. EVENTS.

70 MTRS. heat one			200 MTRS. heat one		
Russ CHRISTIE	36	10.43	Russ CHRISTIE	36	30.22
Maxim WOOD	56	10.76	Maxim WOOD	56	31.39
Norm JOHNSTON	57	11.77 PB	Denis HOLDEN	41	34.60
heat two			heat two		
Brendan RADFORD	19	9.86	Brendan RADFORD	19	27.83
Alan RADFORD	43	9.81	Barry FRY	51	28.20
Barry FRY	51	10.83	Alan RADFORD	43	28.49

600 MTR. RUN			800 MTR. WALK		
Brendan RADFORD	19	1.38	Lachlan McDONALD	15	3.38 PB
Barry FRY	51	1.41	Dave APPLEBY	34	4.03
Lachlan McDONALD	15	1.48	Des MIDDLETON	47	4.13
Alan RADFORD	43	1.52	Norm JOHNSTON	57	4.16
Russ CHRISTIE	36	2.01	Sandra MIDDLETON	45	4.44
Maxim WOOD	56	2.08	Russ CHRISTIE	36	5.09
David APPLEBY	34	2.28	Maxim WOOD	56	5.21
Norm JOHNSTON	57	2.31	Denis HOLDEN	41	5.22
Des MIDDLETON	47	3.04			

2, 4, OR 6 KM. TRACK RUN / WALK							
Maxim WOOD	51	2KM.	9.23	Barry FRY	51	6KM.	22.37
Norm JOHNSTON	57	"	9.51	Lachlan McDONALD	15	"	25.52
Brendan RADFORD	19	"	8.40	Russ CHRISTIE	36	"	26.43 PB
Dave APPLEBY	34	4KM.	16.57	Denis HOLDEN	41	5.2K	28.46
Alan RADFORD	43	"	16.57				

NEWS FLASH 3

PRE-GAMES INSPECTION - LANSING, MICHIGAN

EIGHTEEN HOURS BY AIR, FOUR HOURS BY LUXURY COACH FOUND US IN THE BEAUTIFUL CAPITAL OF MICHIGAN, LANSING. A GOOD NIGHT SLEEP IN THE DORMITORIES AT THE UNIVERSITY, FOUND ME UP EARLY AND STRIDING THE TRAILS AND PARKS, AT TIMES, RACING THE RARE BLACK TAILED SQUIRRELS THAT AROUND THE MANY AREAS OF THIS FABULOUS UNIVERSITY.

ACCOMMODATION

WE HAVE BEEN ALLOCATED TWIN SHARE ROOMS IN ONE OF THE MANY ACCOMMODATION BLOCKS SET IN BEAUTIFUL PARKS THAT SURROUND THE UNIVERSITY.

EACH ROOM IS WELL LAID OUT WITH LOTS OF HANGING SPACE, A LARGE 6 DRAWER BUREAU, WRITING TABLE AND CHAIRS, LOUNGE CHAIRS AND A GREAT VIEW OVER THE CAMPUS. ALL ROOMS ARE PROVIDED WITH SHEETS, TOWELS, PILLOWS ETC.

FOOD HALL AND KITCHEN

ABSOLUTELY FANTASTIC, OUR AREA WILL SEAT OVER 500 PERSONS IN A CLEAN TILED AREA, TABLES AND CHAIRS TO SEAT 4/6 PERSONS PER TABLE, AND A KITCHEN THAT WOULD DO JUSTICE TO THE HILTON.

SHOWER AND TOILET FACILITIES

EACH FLOOR HAS SEMI PRIVATE COMMUNAL SHOWER AREAS FOR MEN AND WOMEN. BEAUTIFULLY TILED, LOTS OF MIRRORS AND HAND BASINS, SHOWER ALCOVES APLENTY AND TOILETS TO PLEASE THE MOST CRITICAL. HOT! HOT! HOT! WATER AT THESE QUARTERS.

TRACK AND FIELD

AT THIS MAD AMERICAN FOOTBALL CITY, WE WERE SURPRISED AT THE QUALITY OF THE ATHLETIC ARENA. EIGHT LANE TARTAN TRACK, GRASSED AREA ALL ROUND WITH TARTAN FIELD FACILITIES. FLANKED ON ONE SIDE BY THE SWIMMING POOL AND ON THE OTHER BY THE PRIDE AND JOY OF THE UNIVERSITY, THE "SPARTAN STADIUM" FOR FOOTBALL.

COMMENTS

FOR THOSE "VETS" WISHING TO PERFORM WELL AT THE WORLD GAMES THIS MEET IS A MUST, TO GET RID OF THE JET LAG, GENERAL TIREDNESS, AND STOP OFF FOR THE BIG ONE IN BUFFALO.

YOUR HOST AT THESE GAMES WILL BE JUDY BROWN-KING, WHO RAN THIRD TO DEBBIE FLINTOFF IN THE MEMORABLE 400 HURDLES AT THE SEOUL OLYMPICS.

AFTER FOUR DAYS OF COMPETITIONS YOU WILL HAVE TWO DAYS TO RELAX AND ENJOY THE HOSPITALITY OF EAST LANSING PLUS A RELAXING DAY TRIP BY LUXURY COACH TO BUFFALO VIA NIAGARA FALLS.

I PERSONALLY AM LOOKING FORWARD TO MY RETURN TO EAST LANSING AND INVITE YOU TO JOIN ME ON THIS LEAD UP TO THE WORLD GAMES.

AAUAC

NEWS FLASH 3

WORLD GAMES - BUFFALO - NEW YORK STATE

SHOCK! SHOCK! SHOCK! OUR ARRIVAL IN BUFFALO WAS GREETED WITH THE NEWS THAT THE "GAMES ORGANISING COMMITTEE" HAD INCREASED THE TWIN SHARE ACCOMMODATION AT THE UNIVERSITY BY \$6.00 US DOLLARS PER PERSON PER NIGHT. WE QUERIED THIS WITH THE DIRECTOR OF THE LOCAL ORGANISING COMMITTEE VITO BORELLO WHO ADVISED US "THE ORIGINAL FIGURE WAS BASED ON 1993 COSTS AND SUBJECT TO INCREASE FOR 1995".

ANOTHER UNEXPECTED ANNOUNCEMENT BY THE L.O.C. WAS THAT A QUOTA SYSTEM BE USED TO ALLOCATE THE BEDS AT THE UNIVERSITY. OUR QUOTA IS 220 BEDS (MAINLY TWIN SHARE). PARTICIPANTS WILL BE ALLOCATED UNIVERSITY ACCOMMODATION ON RECEIPT OF DEPOSIT. THESE ROOMS WILL BE ALOCATED ON "A FIRST IN FIRST SERVE" BASIS. WE HAVE REQUESTED AN ADDITIONAL 100 BEDS, AND WILL ADVISE IF WE CAN GET ADDITIONAL ROOMS TO OUR ALLOTTED QUOTA.

TO GAIN EXTRA ROOMS AT A COMPETITIVE COST WE ARE NEGOTIATING A BLOCK BOOKING AT A MOTEL 2 KILOMETRES FROM THE TRACK. THESE WILL BE TWIN ROOMS WITH ENSUITE WITH SHUTTLE BUS SERVICE TO THE TRACK.

ROOMS AT THE UNIVERSITY ARE VERY BASIC, NO AIRCONDITIONING OR FANS, LOTS OF HANGING SPACE, ADEQUATE DRAWER SPACE, WRITING TABLE, SINGLE "COMFORTABLE BEDS". SHEETS, PILLOWS, TOWELS, FLANNEL ARE SUPPLIED ALONG WITH SOAP AND SHAMPOO ETC. EACH FLOOR HAS A SMALL 12 CHAIR LOUNGE WITH ADEQUATE KITCHEN, A LARGE COMMUNAL LOUNGE, AIRCONDITIONED, LARGE SCREEN TV, PUBLIC PHONE AND TOILET IS AVAILABLE TO EACH BLOCK OF ROOMS.

SHOWER AND TOILET FACILITIES.

ON EACH FLOOR (APPROX. 90 PERSONS) ARE 3 MENS AND 3 WOMENS SHOWER AND TOILET ROOMS. EACH OF THESE FACILITIES HAS 2 SHOWERS, 2 TOILETS, 3 HAND BASINS, WITH MIRRORS AND 6 POWER POINTS, AND PLENTY OF "HOT WATER"!!

FOOD HALL AND CAFETERIA

EACH HOUSING BLOCK HAS A TILED FLOOR, SEATING AREA TO ACCOMMODATE UP TO 400 PERSONS, WHERE HOT MEALS WILL BE SERVED CAFETERIA STYLE. BREAKFAST CEREALS, MILK, JUICES, TEA, COFFEE AND FRUIT WILL BE AVAILABLE ON A SERVE YOURSELF BASIS. A VARIETY OF FOOD WILL BE AVAILABLE TO SUIT THE MANY NATIONALITIES.

TRACK AND FIELD

TWO TRACKS 800 METRES APART WILL BE USED DURING THE GAMES. THE MAIN STADIUM HAS TO BE SEEN TO BE BELIEVED, 18 MONTHS OLD, 10 LANE TARTAN TRACK AND FIELD GAME AREAS SURROUNDED BY IMMACULATE LAWN AREAS IN AND AROUND THE STADIUM. HUGE STANDS EITHER SIDE OF THE STRAIGHTS WITH 4 HIGH LIGHT TOWERS WHICH WILL BE USED FOR NIGHT RUNS. THE MAIN STAND, HOUSES ALL THE REQUIRED ELEMENTS, ELECTRIC TIMING, FIRST AID AND MEDICAL ROOMS, V.I.P. VIEWING ROOMS, FUNCTION ROOMS, SHOWER AND TOILET FACILITIES AND A STATE OF THE ART WEIGHT ROOMS ETC. FOOD TENTS AND MASSAGE AREAS WILL BE IN CLOSE PROXIMITY TO THE MAIN TRACK.

TRACK AND FIELD CONTINUED

THE NBR 2. TRACK IS ADEQUATE WITH 8 TARTAN LANES, FIELD GAME AREAS, A MOUNTED SEATING AREA ON ONE SIDE. CHANGE ROOMS, TOILETS, FOOD TENTS ETC. WILL BE OF THE PORTABLE TYPE.

MARATHONS

I HAVE NEVER HAD THE DESIRE TO RUN A MARATHON BUT AFTER A TOUR OF THE COURSE I MAY BE PERSUADED. STARTING IN THE MAIN STREET OF DOWN TOWN BUFFALO, WINDING THROUGH THE BEAUTIFUL INNER SUBURBS FOR 5 MILES, THEN OVER THE PEACE BRIDGE INTO CANADA WHERE YOU FOLLOW THE ROADS AROUND THE NIAGARA RIVER FINISHING AT THE PICTURESQUE NIAGARA FALLS.

A FLAT COURSE EXCEPT FOR THE CLIMB OVER THE PEACE BRIDGE WHERE I AM RELIABLY INFORMED THERE WILL BE A STRONG CROSS WIND.

WALK COURSE

MY INFORMANTS TELL ME THIS IS A TOP WALK COURSE USED FOR WORLD AND AMERICAN TITLES. I WILL BE GUIDED BY YOUR ASSESSEMENT! IT IS A 2 MILE LOOP (A MEDIUM STRIP SEPARATION) ON THE SHORES OF THE LAKE, WITH A MIST FROM THE FALLS TO KEEP YOU COOL. WHAT MORE CAN I SAY!

CROSS COUNTRY COURSE

RUN IN A PARK WITH ONE STEEP CLIMB MAINLY GRASS WITH THE ODD CHIP PATH, THIS SHOULD PROVE A DEMANDING BUT FAST FLAT COURSE. THE ELITE AND THE AVERAGE "VET" WILL ENJOY THEIR EXPERIENCE OF RUNNING A TRUE CROSS COUNTRY COURSE

COMMENTS

NO EUGENE!! BUT ONCE SETTLED IN I AM SURE YOU WILL HAVE A GREAT TIME.

A SHUTTLE BUS SERVICE WILL RUN ALL DAY BETWEEN HOTELS, SHOPPING CENTRES, UNIVERSITY, AND THE TRACK.

UNIVERSITY ACCOMMODATION IS LOCATED ABOUT 1.3 KILOMETRES FROM THE TRACK.

MARATHON, WALK AND CROSS COUNTRY COURSES ARE APPROXIMATELY 20 KILOMETRES FROM THE UNIVERSITY AND WILL HAVE ADEQUATE BUSES TO SERVICE THE VENUES.

ENTRY BOOKLETS ARE NOW AVAILABLE AND WILL BE SENT TO YOU POST HASTE ON RECEIPT OF YOUR DEPOSIT.

KEEP FIT, *Bobbin*

ROOMS, FUNCTION ROOMS, SHOWER AND TOILET FACILITIES AND A STATE OF THE ART VIEWING
WEIGHT ROOMS ETC. FOOD TENTS AND MASSAGE AREAS WILL BE IN CLOSE PROXIMITY
TO THE MAIN TRACK.

RESULTS FROM KNOX VENUE - SEPTEMBER 1994

1200 METRES N.O.T. 7/9/94

	AGE	ACTUAL TIME	N.O.T TIME
Chris CALAMATTA	41	4.00	3.55
Glen CLAUDEN	40	4.01	4.14
Sam DEFANIS	46	4.08	4.18
John GREEN *	49	4.17	4.18
Ron MILSOME	47	4.19	4.50
Charlie HALL	35	4.21	4.40
Gerry CLARKE	40	-	4.25
Chas McRAE	61	4.30	4.21
David WEAR	48	4.56	4.50
Vern GERLACH	69	5.25	5.30
Kevin McLAUGHLIN	50	5.27	6.08

* TROPHY WINNER

8 KLM HANDICAP - 7/9/94

	AGE	ACTUAL TIME	CLOCL TIME
Alan ASHMORE	47	32.21	40.21
Bob PETRIE *	52	33.38	40.50
Mick CARR	41	30.59	41.23
Daryl Petersen	43	32.40	41.28
Charlie HALL	35	33.06	41.54
George DYER	59	32.04	42.04
Russell UREN	15	32.54	42.29
Greg SAVAGE	38	30.53	42.33
Mick BEARMAN	44	36.10	42.34
David ROLFE	48	31.04	42.44
Glen CLAUDEN	40	31.15	42.45
Paul CLAUDEN	22	31.16	42.46
Denise NICOLL	39	38.36	43.00
John HORNLING	37	32.14	43.02
Chas McRAE	61	34.01	43.13
Les CLARK	64	41.40	43.16
Anne McPHERSON	38	34.32	43.20
Des CLANCY	45	30.34	43.22
Vern GERLACH	69	40.22	43.34
Sam DEFANIS	46	30.37	43.35
Rob DREW	40	30.25	44.00
Gerry CLARKE	40	34.54	44.06
Kevin McLAUGHLIN	50	40.06	44.06
Neville DELACY	51	32.55	44.25
David WEAR	48	33.54	44.28
Stuart WALTERS		38.18	44.42
Wayne ALLWOOD	38	39.15	44.43
Peter CALLAWAY	37	37.32	44.44
Mark LEONARD	34	32.37	45.01
Ron MILSOME	47	33.59	45.11
Chris CALAMATTA	41	33.21	45.21
Keith STYLES	51	38.27	45.39
Ian UREN	43	37.12	46.47

* TROPHY WINNER

800 METRES - 14/9/94

	AGE	TIME
Mick CARR	41	2.33
Ron MILSOME	47	2.36
Kevin FAGAN	51	2.43
Charlie HALL	35	2.47
Peter CALLAWAY	37	3.06
Wayne ALLWOOD	38	3.07

200 METRES

	AGE	TIME
Mick CARR	41	30.13
Charlie HALL	35	30.88
Alf HETHERTON	65	34.06
Kevin McLAUGHLIN	50	37.42

4 KLM

	AGE	TIME
Neville DELACY	51	15.20
Kevin FAGAN	51	15.21
Bruce WALKER	43	18.40
Graeme BISHOP	49	19.01
Kevin McLAUGHLIN	50	19.23
Julie BUTTERFIELD	34	19.23
George SIMONS	59	21.07
George DYER	59	21.07

6 KLM

	AGE	TIME
Greg SAVAGE	38	22.58
Chris CALLAMATTA	41	23.57
Daryl PETERSON	43	24.19
Charlie HALL	35	24.49
Peter LEGET	60	24.55
Mick CARR	41	25.10
David WEAR	48	25.55
Mick BEARMAN	44	26.11
Brian LEONARD	INV.	26.22
Mark LEONARD	34	26.23
Chas McRAE	61	26.34
Ron MILSOME	47	27.34
Peter CALLAWAY	37	27.36
Wayne ALLWOOD	38	27.38
Jenny MERRICK	44	28.35
Denise NICOL	39	28.50

DID YOU KNOW?
SERGEY BUBKA WHO SET 34
WORLD POLE VAULT RECORDS
OVER TEN YEARS FAILED TO
CLEAR ANY HEIGHT IN THE
1992 OLYMPIC FINAL

RESULTS FROM KNOX VENUE - SEPTEMBER 1994

1000 METRES - 28/9/94

	AGE	TIME
Luke COLTHUP	INV.	3.07
Alan DREWS	40	3.08
Glen CLAUDEN	40	3.11
Bill LONG	38	3.24
Charlie HALL	35	3.32
Daryl PETERSON	43	3.36
Keith STYLES	51	3.50
Iuan ANDRIC	37	3.52
Colin THOMPSON	46	3.55
Blinda HALL	INV.	5.30

400 METRES

	AGE	TIME
Bill LONG	38	1.07
Charlie HALL	35	1.08
Alf HETHERTON	66	1.19
Kevin McLAUGHLIN	50	1.26
Jenny MERRICK	44	1.31
Julie BUTTERFIELD	34	1.46
Blinda HALL	INV.	2.06

2 KLM

	AGE	TIME
Linda RYAN	42	11.44

3 KLM

	AGE	TIME
Bill LONG	38	12.33
Graeme BISHOP	49	13.08
Andy HUGHES	37	13.31
Brian PYNE	46	13.47
Kevin McLAUGHLIN	50	14.18
Laurie BISHOP	47	15.18

5 KLM

	AGE	TIME
Des CLANCY	45	18.06
Alan DREWS	40	18.24
Greg PALMER	40	18.45
Kevin FAGAN	51	18.46
David ROLFE	48	19.06
Charlie HALL	35	19.08
Mick CARR	41	19.25
Paul CLAYTON	22	19.36
George DYER	59	19.49
Chris CALAMATTA	41	19.49
Daryl PETERSON	43	20.11
Ron MILSOME	47	20.51
John HORSELING	37	20.59
Anne McPHERSON	38	21.12
Max HENRY	45	21.39
Tony BURNES	52	21.51
Neville PORTER	60	21.52
David SOMERS	36	21.58
Shannon TODD	18	23.06
Colin THOMPSON	46	23.09
Keith STYLES	51	23.21
Richard TODD	46	23.43
Chas McRAE	62	23.43
Trevour WEST	39	23.49
Denise McNEIL	32	23.55
John VARNEY	36	24.00
Ivan ANDRIC	37	24.20
John NAISMITH	52	24.25

800 METRES - 21/9/94

	AGE	TIME
Bert PILGRIM	38	2.14
Charlie HALL	35	2.41
Gerry CLARKE	40	2.45
Keith STYLES		2.58

100 METRES

	AGE	TIME
Mick CARR	41	13.63
Alf HETHERTON	66	16.02
L. SOMERS	INV.	16.26
Kevin McLAUGHLIN	50	16.51
A. CARR	INV.	16.83
S. WATERS	INV.	17.05

20 MIN TIME TRIAL

	AGE	DISTANCE
Bill LONG	38	12 laps 50m
Neville DELACY	51	12 laps 300m
Mick BEARMAN	44	12 laps 90m
Daryl PETERSON	43	12 laps 180m
Kevin McLAUGHLIN	50	10 laps 50m
Lorrie BISHOP	47	9 laps 370m
Graeme BISHOP	49	10 laps 300m
Bob PETRIE	52	10 laps 305m
Gerry CLARKE	40	12 laps 80m
Des CLANCY	45	12 laps 220m
David NOBBS	54	11 laps 170m
Rob DREW	40	12 laps 340m
John NAISMITH	52	10 laps 100m

40 MIN TIME TRIAL

	AGE	DISTANCE
Greg SAVAGE	38	25 laps 20m
Denise Nicol	39	20 laps
Paul CLAYTON	22	25 laps
Vern GERLACH	69	20 laps
George SIMONS	59	14 laps 40m
Chas McRAE	62	22 laps 310m
Anne McPHERSON	38	23 laps
Mick CARR	41	24 laps 280m
John HORSELING	37	23 laps 150m
Peter LEGET	60	23 laps 240m
Glen CLAUDEN	40	25 laps 100m
David ROLFE	48	25 laps 175m
Chris CALLAMATTA	41	24 laps 175m
Charlie HALL	35	24 laps 100m
Kevin FAGAN	51	25 laps
Ron MILSOME	47	23 laps 250m
Tony BURNES	52	21 laps 200m
Keith STYLES	51	21 laps 10m
Colin THOMPSON	46	21 laps 175m
Robin TODD	46	21 laps
David WEAR	48	22 laps

RESULTS FROM SPRINGVALE VENUE

7-9-94

200 METRES RUN

1. Bill HAINS	31	24.74
2. John FREAME	43	25.85
2. Alan ELLIOTT	51	27.72
4. Frank ALLEN	50	31.87
5. Katrina LEBRASSE	INV	33.13

800 METRES RUN - HEAT 1

1. Graeme STEVENS	52	2.41.40
2. Frank ALLEN	50	2.42.20
3. Roland BROWN	53	2.43.90
4. Alan KILLEEN	35	2.47.60
5. Ron MUIR	43	2.56.31
6. Kevin ONLEY	60	3.00.55

800 METRES RUN - HEAT 2

1. Charles LEHNE	35	2.10.62
2. Russell DAVIDSON	INV	2.12.11
3. Dean COPLAND	39	2.15.68
4. Dave TALBOT	39	2.17.37
5. Brian Mc CANN	48	2.28.47

2KM ESTIMATED TIME WALK

1. Tony JOHNSON	54	9.53
2. Kathy WOODWARD	45	9.56
3. Celia KELLY	46	11.17
4. Lee OSBORNE ***	50	11.40
5. Penny HALL	54	11.40

*** = WINNER

2KM RUN

Dave TALBOT	39	8.15
Alan KEMP	47	8.22
Rick SMART	51	7.20
Pam NEWNHAM	49	10.36
Neil GRAY	46	6.45
Lindsay MYALL	57	9.19
Janine CROUCH	INV	9.27
Nicole CROUCH	INV	9.44
Mike HALL	55	6.58
celia KELLY	46	8.58
Reg WILLIAMS	43	8.45

6KM RUN

Judy DAVISON	57	31.00
Stan JORDAN	47	23.52
Jim SMITH	53	26.22
Medgee LEBRASSE	41	25.10
Brian McCANN	48	24.56
Bill HUGHES	61	23.38
Livio METE	INV	21.12
Alan DOUGLAS	48	27.38
Neil PILLING	35	21.25
John MANNING	48	26.54
Jenny FIELD	35	31.19
Jack GUBBINS	65	29.20
Jim SINCLAIR	70	32.23
Ken HOUGH	49	25.34
Laurie TELFER	46	26.47

7-9-94

6KM RUN - CONT...

Frank ALLEN	50	24.48
Ernie JEFFS	49	31.40
Bill GOLDSMITH	54	27.55
Brian HOLCOMBE	49	25.09
Tom O'LOUGHLIN	52	31.12
Kevin ONLEY	60	27.38
Charles LEHNE	35	20.49
Juan PEREZ	55	26.08
Graeme STEVENS	52	25.27
Fred BLACKMAN	46	24.53
Bernard POWNALL	48	25.05
Dean COPLAND	39	21.49
Rom LITTLE	51	26.01
Laurie CROUCH	54	27.18
Tom DAVISON	61	26.23
Jean ONLEY 10laps	61	21.42
Lois SELLAR " "	62	20.33
John GILLILAND "	63	20.33
Helen MYALL " "	51	18.59
Sharon CHADWICK "	43	17.54

10KM RUN

Roland BROWN	53	46.12
Don CORRIE	44	47.28
Leigh CASSIDY	46	40.35
Simon STARGOT	47	43.24
Ian ORR	43	40.44
Rob CLUTTERBUCK	44	36.19
Paul MULLINS	54	39.35
John ANDERSON	55	42.46
Bill IRVINE	46	38.04
George PARADOWSKI	45	42.50

100 METRES HANDICAP RUN

1. John FREAME	5.5M	11.65
2. Bill HAINS	3M	11.84
3. Graeme ANDREW	12.5M	12.87
4. Nev HARTCHER	12.0M	13.13

14-9-94

600 METRES ESTIMATED TIME RUN

1. Nev HARTCHER	41	1.35.10
2. Dean COPLAND	39	1.35.69
3. Dave TALBOT	40	1.36.03
4. Mike HALL	55	1.37.37
5. Peter MAY	33	1.38.39
6. Brian McCANN	48	1.48.94
7. Frank ALLEN	50	1.51.16
8. Graeme STEVENS	52	1.51.18
9. Brian HOLCOMBE	49	1.52.27
10. Roland BROWN	53	1.56.03
11. Juan PEREZ ***	55	2.08.31
12. Alan BENNIE	47	2.23.14
13. Pam NEWNHAM	49	2.36.60

*** = WINNER

RESULTS FROM SPRINGVALE VENUE

14-9-94

1600 METRES WALK

1. George PATON	52	8.18
2. Kathy WOODWARD	45	8.24
3. Tony DORAN	45	8.36

3KM RUN

Eric GREAVES	46	9.59
Leigh CASSIDY	46	11.07
Charles LEHNE	35	9.57
Dave TALBOT	40	12.51
Lindsay MYALL	57	13.31
Graeme ANDREW	44	13.10
Neil GRAY	46	11.35
Bill HUGHES	61	11.34
Sam FERGUSON	71	16.44
Graeme STEVENS	52	13.00
Kaye ANDREW	43	14.53
Tom GALLAGHER	46	11.56
John MANNING	48	12.39
Bob LOADER	65	12.47
Phil SODGRISTROM	47	12.05
Jom SINCLAIR	70	16.12
Laurie TELFER	47	12.00
Bill IRVINE	46	10.43
Lindsay BEATON	44	12.24
George PARADOWSKI	45	11.37
Rod BROWN	41	10.15
Tony DORAN	42	12.37
Ken La ROCHE	59	15.16
Lee COX	45	17.17
Ernie JEFFS	49	14.53
John GILLILAND	63	15.21
Reg WILLIAMS	43	11.49
Lois SELLAR	60	15.21

5KM RUN

Tom O'LOUGHLIN	52	25.18
Kevin ONLEY	60	22.15
Jena ONLEY	61	27.33
Brian McCANN	48	20.28
Roland BROWN	53	21.26
Juan PEREZ	55	21.35
Don CORRIE	44	23.16
Brian HOLCOMBE	49	20.09
Bernard POWNALL	48	20.40
Helen MYALL	51	23.21
David POTTAGE	44	18.32
Peter FIELD	36	19.35
Laurie CROUCH	54	21.33
Ian ORR	43	19.54
Denise WICKHAM	44	23.39
Ron LITTLE	51	19.50
Dean COPLAND	39	17.38
Ian TREGGAR	44	20.15
Frank ALLEN	50	20.36
Rob CLUTTERBUCK	41	17.28

14-9-94

5KM RUN - CONT...

Medgee LEBRASSE	41	21.01
Paul MULLINS	54	19.10
Peter MAY	33	17.19
John ANDERSON	55	20.46
Alan DOUGLAS	48	21.28
Jack GUBBINS	65	23.23
Bill GOLDSMITH	54	23.01
Bill KING	47	18.38
Milton GUNTHER	48	19.50

21-9-94

120 METRES RUN

1. Marc LAROSE	35	13.97
2. Bill HAINS	31	14.75
3. Frank ALLEN	50	18.55
4. Ron MUIR	43	18.59
5. Katrina LEBRASSE	INV	18.92

300 METRES RUN

1. Marc LAROSE	35	37.80
2. Bill HAINS	31	39.66
3. Dave TALBOT	40	43.11
4. Brian HOLCOMBE	49	47.40
5. Frank ALLEN	50	48.07
6. David ORR	INV	55.29

1500 METRES RUN

1. Rob HENDY	49	4.24.67
2. Nev HARTCHER	41	4.31.51
3. Chris MURPHY	36	4.43.46
4. Rod BROWN	41	4.46.20
5. Neil GRAY	46	4.54.36
6. Mike HALL	55	4.56.29
7. Brian McCANN	48	4.57.16
8. Paul MULLINS	54	4.59.10
9. Alan BENNIE	47	5.01.61
10. Roland BROWN	53	6.01.29
11. Pam NEWNHAM	49	7.45.70

2KM WALK

1. George PATON	52	9.47
2. Kathy WOODWARD	45	10.09
3. Pam PHILLIPS	53	15.00

5KM HANDICAP RUN

Kevin ONLEY	60	21.49
Jean ONLEY	61	27.12
Lois SELLAR	62	25.02
Brian McCANN	48	21.38
Chris MURPHY	36	19.58
Roland BROWN	53	21.25
Brian HOLCOMBE	49	20.03
Karl FAUVRELE	53	21.35
Theresa BAIRD	52	20.34
Don CORRIE	44	22.43
Simon STARGOT	48	20.46
Ron LITTLE	51	20.59
Dave TALBOT	40	21.04
Ross MARTIN	42	17.30
Peter FIELD	36	19.33

RESULTS FROM SPRINGVALE VENUE

21-9-94
5KM HANDICAP RUN - CONT...

Jenny FIELD	35	25.38
Bernard POWNALL	48	20.57
Dean COPLAND	39	17.33
Eric GREAVES	46	16.41
Denis PHILLIPS -1	52	19.29
Graeme ANDREW	44	22.59
Kaye ANDREW	43	26.03
Paul MULLINS	54	22.10
Lindsay MYALL	57	23.25
Ben MORREY	65	24.19
Bill HUGHES ***	61	19.23
Ian ORR	43	19.28
Helen MYALL	51	23.22
Laurie CROUCH	54	21.03
Jack GUBBINS	65	22.43
Tom DAVISON	61	21.05
Sam FERGUSON	71	28.37
Judy DAVISON	57	25.38
stan JORDAN	47	19.16
John ANDERSON	55	20.14
Michael DAVIN	44	21.19
John MANNING	48	22.24
Jim SMITH	53	19.30
Jim SINCLAIR	70	26.44
Reg WILLIAMS	43	20.23
Ernie JEFFS	49	26.09
Tony DORAN	42	19.44
Ken HOUGH	49	21.54
Fred BLACKMAN	46	20.09
Laurie TELFER	46	20.18
John GILLILAND	63	24.00
Rob CLUTTERBUCK	41	17.18
Ian TREGEAR	44	21.07
Frank ALLEN	50	20.01

*** = WINNER

28-9-94
100 METRES RUN

1. Bill HAINS	31	12.70
2. Frank ALLEN	50	14.89
3. Katrina LEBRASSE	INV	15.77

4 X 400 METRES RELAY

1. Mike HALL	60sec
Roland BROWN	73sec
Karl FAUVRELLE	70sec
Tom O'LOUGHLIN	72sec = 4.35
2. Frank ALLEN	68sec
Kevin ONLEY	76sec
Simon STARGOT	76sec
Bill HAINS	56sec = 4.36
3. Brian McCANN	64sec
Theresia BAIRD	81sec
Juan PEREZ	82sec
Nev HARTCHER	63sec = 4.50

28-9-94
4KM WALK

1. George PATON	52	20.41
2. Kathy WOODWARD	45	20.55

4KM RUN

Eric GREAVES	46	14.20
Tom O'LOUGHLIN	52	20.12
Nev HARTCHER	41	15.03
Leigh CASSIDY	46	15.24
Brian McCANN	48	16.41
David POTTAGE	45	14.41
John ABEL	44	16.55
Dave TALBOT	40	15.44
Simon STARGOT	48	16.30
Ron LITTLE	51	16.40
John CHISHOLM	56	16.49
Medgee LEBRASSE	41	17.24
Helen MYALL	51	19.26
Ian ORR	43	16.05
Jim SMITH	53	15.48
Graeme STEVENS	52	16.18
Graeme ANDREW	44	18.54
Laurie CROUCH	54	17.31
Paul MULLINS	54	14.55
Theresia BAIRD	52	16.37
Michael DAVIN	44	16.41
Ian FOUNIER	INV	18.14
John MANNING	48	17.27
Ernie JEFFS	49	20.22
Karl FAUVRELLE	53	17.23
Bill CARR	45	15.20
Neil PILLING	35	14.53
Jenny FIELD	35	20.09
Laurie TELFER	46	16.05
Milton GUNTHER	48	14.54
Kaye ANDREW	43	20.27
Janine CROUCH	INV	20.27
Karin SODOLI	47	22.15
Ian TREGEAR	44	16.07
Brian HOLCOMBE	48	16.01

8KM RUN

Denis PHILLIPS	52	34.09
John ANDERSON	55	33.57
Ken HOUGH	49	35.30
Frank ALLEN	50	34.49
Roland BROWN	53	37.37
Juan PEREZ	55	36.54
Don CORRIE	44	38.31
Tony KEENAN	35	28.15
Bill HUGHES	62	32.10
Stan JORDAN	47	32.21

**RESULTS FROM FRANKSTON VENUE
 "PETER COLTHUP" NIGHT**

4-8-94
100 METRES HANDICAP RUN

<u>HEAT 1</u>	ACT	H/CAP
Bryan PHELAN	13.33	11.08
Graeme RICHARDS	12.32	12.31
Kevin IRONS	13.34	10.99
<u>HEAT 2</u>	ACT	H/CAP
Allan ALDERSON	13.43	11.68
Peter ELLIS	13.58	11.78
Lindsay BEATON	14.27	11.92
Peter DUGGAN	14.76	11.96
Neda TRAVICA	15.97	11.12
Gordan LOUGHNAN	16.29	11.29
<u>HEAT 3</u>	ACT	H/CAP
Grace SMITH	29.29	15.26
Barb STRICKLAND	20.57	12.37
Denise LEGGETT	17.99	12.08
Jim STRICKLAND	19.17	12.92
<u>HEAT 4</u>	ACT	H/CAP
Norm JOHNSTON	17.01	12.76
Keith MANDER	19.99	12.37
Jack KILFOYLE	17.01	12.66
Janis WRIGHT	16.69	13.29

200 METRES RUN - ESTIMATED TIME

<u>HEAT 1</u>	ACT	E/T
Allan ALDERSON	30.16	30.00
Graeme RICHARDS	26.24	26.00
Peter ELLIS ***	28.36	28.31
Frank BELL	26.99	26.00
Bryan PHELAN	27.27	28.05
<u>HEAT 2</u>	ACT	E/T
Kevin IRONS	29.36	29.00
Peter DUGGAN	29.84	29.00
Lindsay BEATON	29.93	31.05
Ray O'CONNOR	32.09	32.00
<u>HEAT 3</u>	ACT	E/C
Eddie STACK	31.43	31.20
John HALLO	32.69	34.00
Gordan LOUGHNAN	35.20	42.30
Kees ZWYNNENBURG	41.21	41.10
<u>HEAT 4</u>	ACT	E/T
Jack KILFOYLE	34.93	36.00
Norm JOHNSTON	34.95	35.95
Keith MANDER	41.83	55.00
Barb STRICKLAND	49.92	49.50
Grace SMITH	69.23	65.00
Janis WRIGHT	37.50	33.00

*** = WINNER

1600 METRES WALK - HANDICAP

Bevan DAVIS	65	9.24
Jack KILFOYLE	70	8.29
Grace SMITH	75	8.50
Peter ELLIS	43	7.59
Norm JOHNSTON	57	7.59
Lindsay BEATON	44	7.47

4-8-94
1600 METRES WALK - HANDICAP

Angela SEERS	INV	10.24
Gwen STEED ***	52	7.37
Joy HERBERT	51	8.00
Pam HORNIBROOK	39	8.04
John HALLO	52	8.18

*** = WINNER

600 METRES HANDICAP RUN

A. ALDERSON	43	2.42
Jim STRICKLAND	63	3.41
Keith MANDER	73	1.37
Bryan PHELAN ***	52	1.22
Gordan LOUGHNAN	42	1.31
Peter ELLIS	43	1.44
Allan ALDERSON	43	1.29
Peter DUGGAN	53	1.24
Ray O'CONNOR	56	1.41
Frank BELL	35	1.41
Lindsay BEATON	44	1.49
Ken WHYTE	47	1.47
Ian MUIR	50	1.33
Barb STRICKLAND	60	3.56
Norm JOHNSTON	57	2.34
John WALLACE	50	1.26
Janis WRIGHT	43	2.08

2000 METRES RUN

A. ALDERSON	43	10.51
Keith MANDER	73	10.24
Nada TRAVICA	37	11.09
Martin LEGGETT	37	6.38
Allan ALDERSON	43	7.06
Ray O'CPNNOR	56	7.22
Lindsay BEATON	44	8.46
Pam HORNIBROOK	39	11.09
Graham BONNETT	51	8.02
Peter ELLIS	43	10.24
Trish WALLACE	47	7.47
Ian MUIR	50	7.38
Gordan LOUGHNAN	42	10.34
Kees ZWYNNENBURG	65	11.36
Janis WRIGHT	43	8.20
Norm JOHNSTON	57	10.00

**"PETER COLTHUP" - TROPHY WINNER
 - BEST ALL ROUND PERFORMANCE -**

1st	Bryan PHELAN	21 Points
2nd	Peter ELLIS	18½ Points
3rd	Allan ALDERSON	17 Points
4th	Gordan LOUGHNAN	15 Points
5th	John WALLACE	13 Points
	Ray O'CONNOR	13 Points

RESULTS FROM FRANKSTON VENUE

11-8-94
70 METRES RUN - HEAT 1
 Bryan PHELAN 52 9.63
 Allan ALDERSON 43 10.00
 Lindsay BEATON 44 10.56
70 METRES RUN - HEAT 2
 Geoff OSBORNE 54 11.72
 Janis WRIGHT 43 12.07
 Jim STRICKLAND 63 12.29
 Kees ZWYNENBURG 65 13.90
 Keith MANDER 73 15.06
70 METRES RUN - HEAT 3
 A. ALDERSON 43 12.23
 Barb STRICKLAND 60 14.33
 Norm JOHNSTON 57 14.51
400 METRES RUN - HEAT 1
 Frank BELL 35 59.33
 Bryan PHELAN 52 60.93
 Peter ELLIS 43 64.06
 Allan ALDERSON 43 68.14
400 METRES RUN - HEAT 2
 Eddie STACK 60 70.77
 Janis WRIGHT 43 75.16
 Jack KILFOYLE 70 79.03
 Geoff OSBORNE 54 84.66
400 METRES RUN - HEAT 3
 A. ALDERSON 43 92.16
 Kees ZWYNENBURG 65 94.71
 Keith MANDER 73 99.38
 Jim STRICKLAND 63 107.43
 Barb STRICKLAND 60 132.59
 Norm JOHNSTON 57 132.59
2000 METRES WALK
 Peter ELLIS 43 13.17
 Bevan DAVIS 65 15.13
 Jack KILFOYLE 70 12.28
 Geoff OSBORNE 54 16.10
 Gwen STEED 52 13.27
 Norm JOHNSTON 57 15.00
 Eddie STACK 60 15.00
 Janis WRIGHT 3lap 43 10.00
4000 METRES RUN
 Allan ALDERSON 43 14.46
 Kees ZWYNENBURG 65 23.43
 Lindsay BEATON 44 17.28
 Keith MANDER 73 21.25
 Gordon LOUGHNAN 42 19.08
 Ray O'CONNOR 56 14.50
 Ian MUIR 50 15.11
 Graham BONNETT 51 16.20
1600 METRES RUN
 A. ALDERSON 43 9.02
 Cath LEATHAM 51 9.53
 Denise LEGGETT 35 9.07
 Joy HERBERT 51 7.24

11-8-94
1600 METRES RUN - CONT...
 Peter DUGGAN 53 5.39
 Angela SEERS INV 8.38
 John WALLACE 50 6.28
 Norm JOHNSTON 57 7.22
 Janis WRIGHT 43 6.28
800 METRES RUN
 Peter ELLIS 43 2.45
 Frank BELL 35 2.31
 Allan ALDERSON 43 2.37
 Kees ZWYNENBURG 65 3.43
 Norm JOHNSTON 57 3.43
 Lindsay BEATON 44 3.31
 Keith MANDER 73 3.57
 Gordon LOUGHNAN 42 3.31
 Ian MUIR 50 2.48
 Janis WRIGHT 43 3.02
18-8-94
100 METRES RUN - HEAT 1
 Graeme RICHARDS 47 12.82
 Doug ARMSTRONG INV 13.61
 Kevin IRONS 49 14.81
 Bryan PHELAN 51 13.62
100 METRES RUN - HEAT 2
 Janis WRIGHT 43 16.57
 Geoff OSBORNE 54 16.50
 Gordon LOUGHNAN 42 17.70
100 METRES RUN - HEAT 3
 Cath LEATHAM 51 16.54
 Keith MANDER 73 19.38
 Jim STRICKLAND 63 17.55
 Jan FINLEY 47 17.24
 Lindsay BEATON 44 24.47
100 METRES RUN - HEAT 4
 Grace SMITH 75 29.23
 Norm JOHNSTON 57 17.98
 A. ALDERSON 43 18.00
 Kees ZWYNENBURG 65 19.28
300 METRES RUN - HEAT 1
 Allan ALDERSON 43 46.88
 Doug ARMSTRONG 49 46.32
 Peter ELLIS 43 43.72
 Bryan PHELAN 52 42.78
 Frank BELL 35 41.68
 Kevin IRONS 49 47.73
300 METRES RUN - HEAT 2
 Janis WRIGHT 43 53.58
 Kees ZWYNENBURG 65 66.19
 Geoff OSBORNE 54 57.34
 Jack KILFOYLE 70 55.87
 Norm JOHNSTON 57 56.09
 Keith MANDER 73 70.35

18-8-94

1600 METRES WALK
 Peter ELLIS 43 9.28
 Norm JOHNSTON 57 9.28
 Grace SMITH 75 13.28
 Jan FINLEY 47 10.37
 Geoff OSBORNE 54 12.34
 Brian FRENCH 61 12.41
 Jack KILFOYLE 70 9.44
 Sue KEMP 40 11.27
 Wendy SEERS 52 11.22
 Gwen STEED 52 10.20
 Ern WALKER 80 10.10
 Janis WRIGHT 43 12.38
4800 METRES RUN
 Allan ALDERSON 43 17.40
 Kees ZWYNENBURG 65 28.12
 Gordon LOUGHNAN 42 22.32
 Pam HORNIBROOK 39 23.37
 Kevin HILL 42 15.12
 Keith MANDER 73 25.42
 Martin LEGGETT 37 15.50
 Ian MUIR 50 17.42
 Graham BONNETT 51 19.41
1600 METRES RUN
 A. ALDERSON 43 8.03
 Peter DUGGAN 53 5.59
 Janis WRIGHT 43 6.06
 Lindsay BEATON 44 7.03
 Denise LEGGETT 35 8.39
 Angela SEERS INV 7.46
 David SHEEHAN 47 5.25
 Cath LEATHAM 51 9.59
 Norm JOHNSTON 57 7.46
 Nada TRAVICA 37 7.38
 Joy HERBERT 51 7.04
 Jim STRICKLAND 2L 63 4.55
1000 METRES RUN
 Gordon LOUGHNAN 42 4.04
 Peter ELLIS 43 3.36
 Keith MANDER 73 4.42
 Allan ALDERSON 43 3.13
 Peter DUGGAN 53 3.13
 Janis WRIGHT 43 3.39
 Bruce MOULTON 62 4.45
 Lindsay BEATON 44 4.45
 David SHEEHAN 47 3.13
 Bryan PHELAN 51 4.20
 Sue KEMP 40 6.08
 Nada TRAVICA 37 4.31
 Norm JOHNSTON 57 4.31
 Kevin HILL 42 2.54
 Ian MUIR 50 3.15
 Kees ZWYNENBURG 65 5.28

RESULTS FROM FRANKSTON VENUE

18-8-94

1000 METRES RUN - CONT...
 Joy HERBERT 51 4.30
 Pam HORNIBROOK 39 6.30
 Denise LEGGETT 35 6.30
25-8-94
60 METRES RUN - HEAT 1
 Bryan PHELAN 52 8.68
 Tom GERRARD 47 8.29
 Ross KENT 51 7.87
 Doug ARMSTRONG 49 8.33
60 METRES RUN - HEAT 2
 Peter ELLIS 43 8.68
 Kevin IRONS 49 8.66
 Allan ALDERSON 43 8.69
 Janis WRIGHT 43 10.38
60 METRES RUN - HEAT 3
 Ken TAYLOR 49 9.29
 Lindsay BEATON 44 9.30
 Jackie TAYLOR 47 9.64
 Geoff OSBORNE 54 9.97
60 METRES RUN - HEAT 4
 Jim STRICKLAND 63 10.36
 Kees ZWYNENBURG 65 11.17
 Keith MANDER 73 11.78
60 METRES RUN - HEAT 5
 Norm JOHNSTON 57 11.18
 Brian FRENCH 61 11.34
 Barb STRICKLAND 60 12.81
 Grace SMITH 75 17.30
2000 METRES RUN
 Lindsay BEATON 44 7.49
 Janis WRIGHT 43 7.51
 Norm JOHNSTON 57 8.51
 Gordon LOUGHNAN 42 8.41
 A. ALDERSON 43 10.54
 Angela SEERS INV 9.51
 Ken TAYLOR 49 9.13
 Joy HERBERT 51 8.54
 Denise LEGGETT 4L 35 8.47
200 METRES RUN - HEAT 1
 Ross KENT 51 25.62
 Frank BELL 35 25.70
 Tom GERRARD 47 27.02
 Bryan PHELAN 52 28.48
 Doug ARMSTRONG 49 30.03
200 METRES RUN - HEAT 2
 Peter ELLIS 43 28.43
 Allan ALDERSON 43 28.67
 Kevin IRONS 49 29.30
 Eddie STACK 60 31.07

RESULTS FROM FRANKSTON VENUE

1-9-94
1600 METRE WALK - CONT...
 Gwen STEED 52 10.57
 Denise LEGGETT 35 10.30
 Grace SMITH 75 13.51
 Janis WRIGHT 43 11.20
 Norm JOHNSTON 57 11.20
 Eddie STACK 60 12.00
6000 METRES RUN
 George KUTZ 57 24.56
 Allan ALDERSON 43 22.11
 Pam HORNIBROOK 39 30.30
 Lindsay BEATON 44 26.17
 Gordon LOUGHNAN 42 29.15
 Keith MANDER 73 32.51
 Ian MUIR 50 22.21
 Mick O'RYAN 44 22.33
 John WALLACE 50 24.17
 Graham BONNETT 51 24.34
2000 METRE RUN
 Alan RADFORD 43 8.29
 Jackie TAYLOR 47 9.39
 Ken TAYLOR 49 9.03
 Peter DUGGAN 53 6.53
 Nada TRAVICA 37 9.07
 Kees ZWYNENBURG 65 11.16
 Trish WALLACE 47 7.24
 Joy HERBERT 51 8.55
 Brendan RADFORD INV 8.05
 Bob LEIGHTON 44 10.06
 Norm JOHNSTON 57 9.18
 Janis WRIGHT 2lap 43 3.20
800 METRE RUN
 Peter ELLIS 43 2.47
 Alan RADFORD 43 2.52
 Brendan RADFORD INV 2.42
 Jackie TAYLOR 47 3.45
 Frank BELL 35 2.23
 Ken TAYLOR 47 3.09
 Gordon LOUGHNAN 42 3.45
 Allan ALDERSON 43 2.45
 Jim STRICKLAND 63 5.02
 Barb STRICKLAND 60 5.45
 Joy HERBERT 51 2.27
 Kees ZWYNENBURG 65 4.02
 Lindsay BEATON 44 3.09
 Keith MANDER 73 3.53
 Ian MUIR 50 2.52
 Alison LEIGHTON INV 3.19
 Bob LEIGHTON 44 3.31
 Denise LEGGETT 35 4.36
 Pam HORNIBROOK 39 4.34
 Sue KEMP 40 4.35
 Norm JOHNSTON 57 4.35
 Nada TRAVICA 37 5.32
 Janis WRIGHT 43 2.54

15-9-94
100 METRE RUN - HEAT 1
 Tom GERRARD 47 13.30
 Graeme RICHARDS 49 11.87
 Kevin IRONS 49 17.20
 Frank BELL 35 13.45
100 METRE RUN - HEAT 2
 Nada TRAVICA 37 15.59
 Janis WRIGHT 43 16.74
 Gordon LOUGHNAN 42 17.93
 Tony NEMARIC INV 14.13
 Ian MUIR 50 15.13
100 METRE RUN - HEAT 3
 Norm JOHNSTON 57 16.03
 Jim STRICKLAND 63 18.00
 Kees ZWYNENBURG 65 18.29
 Keith MANDER 73 19.17
200 METRE RUN - HEAT 1
 Graeme RICHARDS 49 26.72
 Tom GERRARD 47 27.67
 Ray O'CONNOR 56 32.07
 Frank BELL 35 25.79
200 METRE RUN - HEAT 2
 Allan ALDERSON 43 28.53
 Peter ELLIS 43 27.57
 Janis WRIGHT 43 35.74
200 METRE RUN - HEAT 3
 Norm JOHNSTON 57 39.06
 Jim STRICKLAND 63 40.33
 Kees ZWYNENBURG 65 39.94
 Keith MANDER 73 41.86
1600 METRES WALK
 Gwen STEED 52 10.58
 Sue KEMP 40 11.19
 Peter ELLIS 43 8.59
 Jan FINLEY 46 10.27
 Jack KILFOYLE 70 9.34
 Tony NEMARIC INV 10.05
 Ern WALKER 81 10.16
 Janis WRIGHT 43 10.40
 Norm JOHNSTON 57 10.40
5000 METRES RUN
 Keith MANDER 73 26.28
 Graham BONNETT 50 21.56
 Allan ALDERSON 43 18.34
 Ian MUIR 50 18.57
 John WALLACE 50 20.27
 Pam HORNIBROOK 39 24.58
1600 METRES RUN
 Ray O'CONNOR 56 5.28
 Trish WALLACE 47 5.44
 Janis WRIGHT 43 6.12
 Gordon LOUGHNAN 42 6.42
 Joy HERBERT 51 7.01
 Nada TRAVICA 37 7.29
 Norm JOHNSTON 57 7.34

RESULTS FROM FRANKSTON VENUE

15-9-94
1600 METRES RUN - CONT...
 A. ALDERSON 43 7.54
 Denise LEGGETT 35 8.45
 Kees ZWYNENBURG 65 8.57
 Cath LEATHAM 51 9.45
600 METRE RUN
 Frank BELL 35 1.39
 Allan ALDERSON 43 1.53
 Trish WALLACE 47 1.56
 Tony NEMARIC INV 2.02
 Peter ELLIS 43 2.08
 Janis WRIGHT 43 2.09
 Jack KILFOYLE 70 2.15
 Gordon LOUGHNAN 42 2.18
 Joy HERBERT 51 2.25
 Jan FINLEY 46 2.49
 Kees ZWYNENBURG 65 2.54
 Keith MANDER 73 2.57
 Norm JOHNSTON 57 3.12
 Nada TRAVICA 37 3.12
 Denise LEGGETT 35 3.20
 Pam HORNIBROOK 39 3.20
 Jim STRICKLAND 63 3.32
22-9-94
60 METRE RUN - HEAT 1
 Allan ALDERSON 43 8.93
 Kevin IRONS 49 8.89
 Graeme RICHARDS 48 8.13
60 METRES RUN - HEAT 2
 Peter ELLIS 43 9.47
 Paul McCALLUM 55 10.84
 Lindsay BEATON 44 9.93
 Maxim WOOD 56 9.93
 Trevor ROLLINSON 47 10.24
60 METRE RUN - HEAT 3
 Nada TRAVICA 37 9.90
 Cath LEATHAM 51 9.86
 Jim STRICKLAND 63 14.10
 Ken TAYLOR 49 9.23
 Keith MANDER 73 12.10
60 METRE RUN - HEAT 4
 Geoff OSBORNE 54 11.29
 Norm JOHNSTON 57 16.52
 Grace SMITH 75 16.52
 Barb STRICKLAND 60 12.62
 Ern WALKER 81 16.05
 Janis WRIGHT 43 11.15
2000 METRES WALK
 Peter ELLIS 43 12.29
 Kees ZWYNENBURG 65 13.36
 Gwen STEED 52 14.41
 Denise LEGGETT 35 13.20
 Geoff OSBORNE 54 16.15
 Ern WALKER 81 13.19
 Janis WRIGHT 3lap 43 8.50
 Norm JOHNSTON "" 57 8.50

22-9-94
300 METRE RUN - HEAT 1
 Frank BELL 35 41.17
 Graeme RICHARDS 48 45.11
 Kevin IRONS 49 47.23
 Brett ROLLINSON INV 48.17
 Trevor ROLLINSON 47 48.92
300 METRE RUN - HEAT 2
 Peter ELLIS 43 44.93
 Allan ALDERSON 43 46.91
 Maxim WOOD 56 50.48
 Eddie STACK 60 50.49
 (Tootgarook Southern Peninsula invaders
 Maxim Wood got the nod by a tissue
 paper over "Steady" Eddie Stack.)
 Ken Taylor followed with 2 P.B.s
 Ken's other half Jackie was sight-
 seeing. Well done Maxim and Ken.)
300 METRE RUN - HEAT 3
 Bob LEIGHTON 44 48.63
 Ken TAYLOR 49 48.98
 Paul McCALLUM 55 53.51
 Geoff OSBORNE 54 59.75
300 METRES RUN - HEAT 4
 Keith MANDER 73 75.53
 Jim STRICKLAND 63 76.57
 Barb STRICKLAND 60 89.00
 Norm JOHNSTON 57 2.02.54
 Grace SMITH 75 2.02.54
 Janis WRIGHT 43 58.85
6000 METRES RUN
 Allan ALDERSON 43 22.37
 Keith MANDER 73 32.21
 Ian MUIR 50 22.47
2000 METRES RUN
 Brett ROLLINSON INV 7.04
 Ken WHYTE 48 7.07
 Trevor ROLLINSON 47 7.14
 Lindsay BEATON 44 7.17
 Trish WALLACE 47 7.25
 John WALLACE 50 7.51
 Gordon LOUGHNAN 42 8.33
 Paul McCALLUM 55 8.44
 Janis WRIGHT 43 8.09
 Ken TAYLOR 49 9.10
 Maxim WOOD 56 9.23
 Cath LEATHAM 57 16.15
 Nada TRAVICA 37 10.34
 Norm JOHNSTON 57 10.34
 Merrilyn TAIT 44 11.19
 Joy HERBERT 51 8.56
800 METRE RUN
 Frank BELL 35 2.20
 Trevor ROLLINSON 47 2.43
 Allan ALDERSON 43 2.43
 Peter ELLIS 43 2.45

RESULTS FROM FRANKSTON VENUE

<u>25-8-94</u>		<u>25-8-94</u>	
<u>200 METRES RUN - HEAT 3</u>		<u>600 METRES RUN - CONT...</u>	
Graham BONNETT	50 32.54	Ken WHYTE	47 1.50
Lyn PIMM	33 33.89	Norm JOHNSTON	57 2.00
Janis WRIGHT	43 34.33	Lindsay BEATON	44 2.00
<u>200 METRES RUN - HEAT 4</u>		Janis WRIGHT	43 2.00
Ken TAYLOR	47 31.36	Lyn PIMM	33 3.37
Jackie TAYLOR	47 32.77	Denise LEGGETT	35 3.27
Geoff OSBORNE	54 36.09	A. ALDERSON	43 2.53
Kees ZWYENBURG	65 40.22	Joy HERBERT	51 2.24
Keith MANDER	73 41.92	Barb STRICKLAND	60 4.12
<u>200 METRES RUN - HEAT 5</u>		Grace SMITH	75 4.52
A. ALDERSON	43 37.77		
Jim STRICKLAND	65 39.23	<u>8-9-94</u>	
Sue KEMP	40 42.19	<u>70 METRES RUN - HEAT 1</u>	
Brian FRENCH	61 42.69	Graeme RICHARDS	48 8.66
<u>200 METRES RUN - HEAT 6</u>		Allan ALDERSON	43 9.72
Norm JOHNSTON	57 40.86	Tony NEMERIC	INV 10.14
Barb STRICKLAND	60 48.33	<u>70 METRES RUN - HEAT 2</u>	
Grace SMITH	75 65.92	Bob LEIGHTON	44 10.09
<u>2000 METRES WALK</u>		Lindsay BEATON	44 10.48
Brian FRENCH	61 16.34	Ken TAYLOR	49 10.39
Bevan DAVIS	65 14.44	<u>70 METRES RUN - HEAT 3</u>	
Peter ELLIS	43 12.37	Janis WRIGHT	43 11.97
Sue KEMP	40 14.45	Jackiw TAYLOR	47 11.34
Geoff OSBORNE	54 16.00	Sandy MINISTER	INV 13.83
Lyn PIMM	33 13.46	Alison LEIGHTON	INV 10.23
Wendy SEERS	52 14.14	<u>70 METRES RUN - HEAT 4</u>	
Gwen STEED	52 13.26	Jim STRICKLAND	63 11.69
Ern WALKER	80 10.28	Kees ZWYENBURG	65 13.17
Jackie TAYLOR	47 13.06	Keith MANDER	73 13.40
Janis WRIGHT	43 13.34	<u>70 METRES RUN - HEAT 5</u>	
Norm JOHNSTON	57 13.34	Barb STRICKLAND	60 15.33
<u>5000 METRES RUN</u>		Grace SMITH	75 19.16
George KUTZ	57 21.24	Norm JOHNSTON	57 19.17
Allan ALDERSON	43 18.20	<u>4800 METRES RUN</u>	
Ken WHYTE	48 19.45	Ray O'CONNOR	56 17.29
Keith MANDER	73 26.58	Pam HORNIBROOK	39 23.48
Kees ZWYENBURG	65 29.11	Allan ALDERSON	43 17.35
Graham BONNETT	50 20.23	Lindsay BEATON	44 21.31
Kevin HILL	42 16.09	Keith MANDER	73 25.33
Nick DOWNER	33 18.34	Martin LEGGETT	37 16.05
Ian MUIR	50 18.21	John WALLACE	50 19.03
Martin LEGGETT	37 16.47	<u>400 METRES RUN - HEAT 1</u>	
Peter DUGGAN	53 18.45	Frank BELL	35 58.64
Mick O'RYAN	43 18.22	Peter ELLIS	43 63.17
<u>600 METRES RUN</u>		Allan ALDERSON	43 71.42
Bryan PHELAN	51 1.42	<u>400 METRES RUN - HEAT 2</u>	
Peter ELLIS	43 2.13	Tony NEMERIC	INV 69.72
Frank BELL	35 1.37	Ken TAYLOR	49 71.25
Ian MUIR	50 1.55	Bob LEIGHTON	44 72.32
Peter DUGGAN	53 1.50	Eddie STACK	60 72.95
Mick O'RYAN	43 1.51	Janis WRIGHT	43 77.15
Keith MANDER	73 3.07	<u>400 METRES RUN - HEAT 3</u>	
Gordon LOUGHNAN	42 2.29	Alison LEIGHTON	INV 69.48
Kees ZWYENBURG	65 3.07	John HALLO	51 75.20
		Jackie TAYLOR	47 86.50

RESULTS FROM FRANKSTON VENUE

<u>8-9-94</u>		<u>1-9-994</u>	
<u>400 METRES RUN - HEAT 4</u>		<u>100 METRES RUN - HEAT 1</u>	
Keith MANDER	73 1.41.11	Graeme RICHARDS	47 11.97
Ern WALKER	81 2.13.58	Alan RADFORD	43 13.07
Kees ZWYENBURG	65 1.39	Brendan RADFORD	INV 11.97
Norm JOHNSTON	57 2.44	Kevin IRONS	49 13.93
Grace SMITH	75 2.44.	<u>100 METRE RUN - HEAT 2</u>	
Barb STRICKLAND	60 2.12	Peter ELLIS	43 13.66
<u>200 METRES WALK</u>		Allan ALDERSON	43 13.99
Bevan DAVIS	65 14.23	Bob LEIGHTON	44 14.35
Sandy MINISTER	48 15.27	<u>100 METRE RUN - HEAT 3</u>	
Peter ELLIS	43 13.00	Ken TAYLOR	49 14.54
Jack KILFOYLE	70 11.53	Lindsay BEATON	44 14.53
Jan FINLEY	46 13.16	Nada TRAVICA	37 15.78
Tony NEMERIC	INV 12.50	Geoff OSBORNE	54 16.49
Wendy SEERS	52 14.14	<u>100 METRE RUN - HEAT 4</u>	
Gwen STEED	52 17.26	Jim STRICKLAND	63 17.51
Ern WALKER	80 13.47	Jackie TAYLOR	47 15.62
Janis WRIGHT	43 13.20	Alison LEIGHTON	INV 14.52
Norm JOHNSTON	57 13.20	<u>100 METRE RUN - HEAT 5</u>	
<u>1600 METRES RUN</u>		Kees ZWYENBURG	65 18.56
Ken TAYLOR	49 6.57	Grace SMITH	75 28.89
Jackie TAYLOR	47 7.19	Barb STRICKLAND	60 20.95
Peter DUGGAN	53 5.28	Norm JOHNSTON	57 20.95
Janis WRIGHT	43 6.10	Janis WRIGHT	43 17.90
John HQLLO	52 7.04	<u>300 METRE RUN - HEAT 1</u>	
Kees ZWYENBURG	65 8.56	Graeme RICHARDS	47 49.43
Ken WHYTE	48 5.31	Brendan RADFORD	INV 40.17
Denise LEGGETT	35 8.57	Frank BELL	35 40.17
A. ALDERSON	43 8.03	Eddie STACK	60 50.17
Nada TRAVICA	37 8.20	Ken TAYLOR	49 50.63
Norm JOHNSTON	57 8.20	<u>300 METRE RUN - HEAT 2</u>	
Trish WALLACE	47 5.56	Peter ELLIS	43 43.97
Joy HERBERT	51 7.06	Alan RADFORD	43 43.79
<u>1000 METRES RUN</u>		Allan ALDERSON	43 46.50
Peter ELLIS	43 4.25	Kevin IRONS	49 47.11
Allan ALDERSON	43 3.22	<u>300 METRE RUN - HEAT 3</u>	
Jackie TAYLOR	47 4.44	Alison LEIGHTON	INV 46.60
Kees ZWYENBURG	65 5.07	Bob LEIGHTON	44 48.50
Keith MANDER	73 4.57	Geoff OSBORNE	54 56.70
Alison LEIGHTON	INV 3.40	Jackie TAYLOR	47 58.04
Bob LEIGHTON	44 4.11	<u>300 METRE RUN - HEAT 4</u>	
A. ALDERSON	43 5.13	Kees ZWYENBURG	65 64.07
Trish WALLACE	47 3.32	Keith MANDER	73 69.57
Denise LEGGETT	35 5.46	Jim STRICKLAND	63 71.11
Joy HERBERT	51 4.29	Barb STRICKLAND	60 85.82
Pam HORNIBROOK	39 5.47	Norm JOHNSTON	57 85.82
Lindsay BEATON	44 3.57	Grace SMITH	75 1.57.24
Janis WRIGHT	43 3.42	Janis WRIGHT	43 57.50
Nada TRAVICA	37 4.30	<u>1600 METRE WALK</u>	
Norm JOHNSTON	57 4.30	Peter ELLIS	43 9.17
		Jack KILFOYLE	70 9.29
		Geoff OSBORNE	54 12.53
		Sue KEMP	40 11.46
		Wendy SEERS	52 11.11

A great welcome to Tootgarook members - Alan Radford, Brendan Radford, Ken and Jackie Taylor.

Gordon LOUGHNAN 42 2.29
Kees ZWYNENBURG 65 3.07

John HALLO 51 75.20
Jackie TAYLOR 47 86.50

Brendan Radford, Ken and
Jackie Taylor.

Sue KEMP 40 11.46
Wendy SEERS 52 11.11

MENTORE VENUE RESULTS

RESULTS FROM FRANKSTON VENUE

22-9-94
800 METRES RUN - CONT...
Maxim WOOD 56 3.01
Lindsay BEATON 44 3.16
Gordon LOUGHNAN 42 3.10
Denise LEGGETT 35 4.56
Nada TRAVICA 37 4.56
Norm JOHNSTON 57 4.56
Bob LEIGHTON 44 3.22
Janis WRIGHT 43 3.01
Kees ZWYNENBURG 65 4.11
Joy HERBERT 51 3.27
Ken TAYLOR 49 3.07
Keith MANDER 73 4.10

29-9-94
100 METRES RUN - HEAT 1
Tony BROWN INV 12.06
Trevor ROLLINSON 47 15.80
Graeme RICHARDS 48 12.21
Alan RADFORD 43 13.09

100 METRES RUN - HEAT 2
Peter ELLIS 43 13.53
Kevin IRONS 49 13.96
Allan ALDERSON 43 14.27
Alison LEIGHTON INV 14.43

100 METRES RUN - HEAT 3
Ken TAYLOR 49 14.29
Bob LEIGHTON 44 14.57
Maxim WOOD 57 15.16

100 METRES RUN - HEAT 4
Kees ZWYNENBURG 65 19.07
Jim STRICKLAND 63 17.85
Keith MANDER 73 20.31
Brendan RADFORD INV 13.67

100 METRES RUN - HEAT 5
Nada TRAVICA 37 21.21
Barb STRICKLAND 60 21.20
Norm JOHNSTON 57 21.10

4800 METRES RUN
George KUTZ 57 19.52
Ray O'CONNOR 56 18.18
Lindsay BEATON 44 19.58
Gordon LOUGHNAN 42 21.55
Keith MANDER 73 25.52
Alan RADFORD 43 19.57
Allan ALDERSON 43 19.40
Ian MUIR 50 17.41
John WALLACE 50 18.57
Rob HARRISON 44 21.44
Pam HORNIBROOK 39 24.01

400 METRES RUN - HEAT 1
Brendan RADFORD INV 55.94
Frank BELL 35 58.00
Brett ROLLINSON INV 61.88
Allan ALDERSON 43 70.97

29-9-94
400 METRES RUN - HEAT 2
Peter ELLIS 43 63.10
Eddie STACK 60 73.00
Alison LEIGHTON INV 64.63
Bob LEIGHTON 44 73.22
Trevor ROLLINSON 47 62.89

400 METRES RUN - HEAT 3
Kevin IRONS 49 68.68
Maxim WOOD 57 69.91
Ken TAYLOR 49 70.63

400 METRES RUN - HEAT 4
A. ALDERSON 43 1.35
Norm JOHNSTON 57 2.00
Nada TRAVICA 37 2.01
Sue KEMP 40 2.00
Keith MANDER 73 1.44
Barb STRICKLAND 60 2.12
Jim STRICKLAND 63 1.46

3000 METRES WALK
Kees ZWYNENBURG 65 20.45
Jan FINLEY 46 19.47
Sue KEMP 40 22.39
John HALLO 52 16.24
Gwen STEED 52 22.19
Wendy SEERS 52 20.59
Denise LEGGETT 35 20.38
Ern WALTER 81 20.44
Peter ELLIS 43 19.39
Angela SEERS INV 22.01

2000 METRES RUN
Alison LEIGHTON INV 10.03
Bob LEIGHTON 44 10.04
Nada TRAVICA 37 9.21
Norm JOHNSTON 57 9.22
Maxim WOOD 57 9.03
Ken TAYLOR 49 9.18
A. ALDERSON 43 11.14
Trevor ROLLINSON 47 7.13
Brett ROLLINSON INV 6.59
Merrilyn TAIT 44 10.15
Trish WALLACE 47 7.31
Joy HERBERT 51 8.49
Ken WHYTE 48 7.00
Rob HARRISON 44 8.22
Paul McCALLUM 55 8.29

1000 METRES RUN
Trevor ROLLINSON 47 3.18
Keith MANDER 73 5.19
Alan RADFORD 43 3.51
Maxim WOOD 56 3.57
Ken TAYLOR 49 4.00
A. ALDERSON 43 5.09
Allan ALDERSON 43 3.24
Brett ROLLINSON INV 3.08
Trent WALLACE INV 3.09

7/9/94 cont.

5KM WALK - TRACK

(8. Maureen SEEDSMAN 57 32.04
9. Sylvia MACHIN 53 32.05
10. John BECK 58 33.10
11. Ern WALKER 80 34.12
12. Margaret MARION 54 34.17
13. Judi BROMAGE 40 34.32
14. Kevin MARION 58 35.33
15. J. HARTELT 46 37.16
16. Jim MACHIN 64 37.21
17. Dot JACK 70 37.24
18. K. HARTELT 52 37.38
19. Joan RISELEY 58 39.19
20. Andy SMITH 79 41.25
21. Grace SMITH 75 42.04
22. Jean JAMES 67 44.26

14/9/94

200 METRES H/C

1. Peter BENCE 43 24.47
2. Bob WISHART 52 25.03 *
3. Gordon GOURLAY 65 25.40
4. Ross KENT 52 25.44
5. Stephen YOUNG 42 25.94
6. Kevin McGRATH 63 26.59
7. Andy SMITH 79 27.87

* Trophy Winner

300 METRES

1. Stephen YOUNG 42 40.30
2. Ross KENT 52 41.18
3. Emma YEOMANS INV 42.54
4. Graham STOCKDALE 52 42.78
5. Neil BOYLE 40 43.50
6. Bob SEAMER 49 44.74
7. Peter ELLIS 43 45.17
8. Frank TIDY 40 46.51
9. Gordon GOURLAY 65 46.86
(10. Bill DALRY 69 66.90
(10. Andy SMITH 79 66.90

1000 METRES

1. Ian CASSELL 41 3.14.09
2. Neil BOYLE 40 3.16.93
3. Laurie COLLARD 37 3.16.94
4. John McBRIDE 44 3.23.33

5KM

1. John HALLO 29.34
2. Kerrie TAYLOR 32.50

14/9/94

4KM OR 8KM - TRACK

4KM
1. Peter BENCE 44 14.34
2. David McCOY INV 14.46
3. Ian CASSELL 41 14.51
4. Neil BOYLE 40 14.57
5. Bronwyn HANNS 31 15.20
6. Louis WASER 48 15.56
7. Jeff MARK 45 16.00
8. Dick JEFFREY 52 16.03
9. Laurie COLLARD 37 16.05
10. Frank TIDY 40 16.26
11. Greg MAULDON 56 16.30
12. Ray KEMP 66 16.31
13. George MOORE 48 16.43
14. Doug WALLACE 53 16.43
15. Case HUYSMANS 61 17.08
16. Don HUGHES 57 17.09
17. Pat DONOHUE 47 17.15
18. Chris HANNS INV 17.25
19. Gordon GOURLAY 65 17.44
20. Rodney FORD 53 18.01
21. Peter ELLIS 43 19.06
22. Jan GARRARD 46 20.15
23. Janet FORD 26 20.27
24. Betty MARK 47 20.29

8KM

1. Greg WILLIAM 41 31.43
2. Paul CURTIS 23 31.43

10KM WALK - Sunday 24/7/94

1. John HALLO 59.34
2. Vic HARLEY 65.03
3. Joy HOGAN 65.04
4. John BECK 69.41
5. Rae ATKINS 74.16
6. Jim MACHIN 77.05
7. Dot JACK 79.52

- Sunday 28/8/94

1. Marlene GOURLAY 56.39
2. Jean ALBURY 61.26 *
3. Gordon GOURLAY 61.45
4. Jack KILFOYLE 63.26
5. Joy HERBERT 63.30
6. John BECK 68.11
7. Wendy SEERS 74.45
8. Jim MACHIN 77.10
9. Dot JACK 78.53
10. Gwen STEED 84.22
11. Grace SMITH 86.30

GEELONG VENUE RESULTS - SEPTEMBER

3000M 7/9/94

Jeff WALKER	46 9.37
Crichton COLLINS	43 10.16
Mike McAVOY	60 10.28
Ron CAMPBELL	51 10.39
Gary GIBSON	41 10.39
Jock LEE	51 10.47
Peter URBAN	42 11.25
Patti GALVIN	36 11.25
Horacio PEREIRA	43 11.39
Bryan COLE	53 11.44
Joe WEILER	55 12.19
Wendy SIZELAND	48 12.42
John CRISP	50 13.01
Brian WOODS	56 13.22
Alan FOOT	51 13.43
Phil GIRDLER	60 13.48
Colin SILCOCK	61 14.22

800 METRES

Peter LAMB	44 2.17
Gary GIBSON	41 2.36
Jock LEE	51 2.41
Bryan COLE	53 2.49
Horacio PEREIRA	44 2.55
Colin SILCOCK	60 3.08
Brian WOODS	57 3.18
Alan FOOT	51 3.23

100 METRES

Alan FOOT	51 14.33
Gary GIBSON	41 14.81
Brian WOODS	57 15.15
Joe WEILER	54 15.68
Colin SILCOCK	61 16.26
Phil GIRDLER	60 16.37

2400 METRES 14/9/94

Jeff WALKER	47 7.49
Crichton COLLINS	43 8.09
Rex SIZELAND	51 8.17
Mike BOYLAN	54 8.19
Patti GALVIN	36 9.17
Bryan Cole	53 9.26
Wendy SIZELAND	48 10.14
Alan FOOT	51 10.34
Brian WOODS	57 10.43
Colin SILCOCK	60 11.07
Phil GIRDLER	60 11.31
Patsy SALATHIEL	56 12.39

1000 METRES

Crichton COLLINS	43 3.11
Mike McAVOY	60 3.11
Mike BOYLAN	54 3.15
Rex SIZELAND	51 3.17

1000 METRES CONT

Bryan COLE	53 3.23
Patti GALVIN	36 3.39
Alan FOOT	51 3.54
Wendy SIZELAND	48 3.57
Colin SILCOCK	60 4.03
Brian WOODS	57 4.10

1500 METRES 28/9/94

Jeff WALKER	46 4.38
Crichton COLLINS	43 4.46
Mike BOYLAN	54 4.47
Gary GIBSON	41 4.51
Peter URBAN	42 5.07
Ron CAMPBELL	51 5.11
Patti GALVIN	36 5.34
Bryan COLE	53 5.38
Alan FOOT	51 5.56
Gary STRATTON	47 6.05
John CRISP	50 6.16
Ian HOLLIDAY	48 6.41

1000 METRES

Mike BOYLAN	54 3.06
Gary GIBSON	41 3.12
Patti GALVIN	36 3.33
Bryan COLE	53 3.35
Alan FOOT	51 3.44
John CRISP	50 4.06

200 METRES

Peter URBAN	42 26.90
Alan FOOT	51 31.07
Bryan COLE	53 34.08

NEW SINGLETS

These are available from
Eric GREAVES 560 2971

Mens	\$15.00	Post \$2.00
Womens	\$10.00 (cotton)	"
	\$15.00 (mesh)	"

SUN 16/10/94 - WEIGHT PENTATHLON CAULFIELD

SUN 13/11/94 - WEIGHT PENTATHLON CAULFIELD

SUN 27/11/94 - VIC SUMMER RASENKRAFT CHAMPS - MENTONE
10-11AM - WEIGH IN / WARM UP
11-15AM - COMPETITION
1-55PM - 50mt FIELD GAMES SPRINT

SUN 11/12/94 04/12/94 - WEIGHT PENTATHLON CAULFIELD

ALL COMPETITIONS, UNLESS STATED, COMMENCE AT 12-55PM SHARP !!!!

CAULFIELD MELWAY P68 K9 - MENTONE P87 C7 - GEELONG P228 C7

MORRIE JAMES 570 6955 - ILMA MANCS 602 5416 - HARRY WYNHOVEN 052 531 122

MONTHLY WALKS MONTHLY WALKS MONTHLY WALKS

AT THE MENTONE ATHLETIC CLUB ON THE FOURTH SUNDAY IN EACH MONTH A WALK OVER 10 KM WILL BE HELD STARTING ON SUNDAY 30/1/94 AT 8.30 AM. THEY WILL BE HELD ON THE ROAD AND THE ROOMS WILL BE OPEN FOR A SHOWER AND A CUPPA ETC. THE COST WILL BE \$1.00 AND VETERANS AND THEIR FRIENDS WILL ALL BE WELCOME. FOR FURTHER INFORMATION RING JOHN BECK 583 0934.

IF YOU ARE UNFINANCIAL FOR 1994.

* Your subscription of \$16.00 single, \$28.00 double *
* was due on 1st Jan. '94. The Club would appreciate *
* your becoming financial again as soon as possible. *
* Dot. BROWNE O.A.M. L.M. Hon. Sec. *
* 4 Victory St., *
* MITCHAM 3132. *
* Herewith subscription of \$16.00 single *
* \$28.00 double *
* Name.....Vet..No..... *
* Address (IF ALTERED)..... *
* *

Rangeview Primary School

FAMILY FUN RUN

10km & 3.5km
SUNDAY 16TH OCTOBER, 1994

H.E.PARKER RESERVE,
HEATHMONT

9am start
Enter from 8am on the day

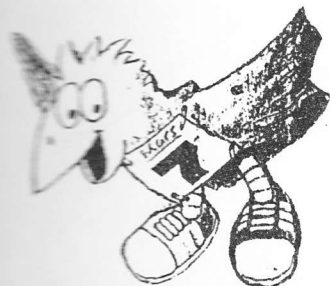


\$5 ADULTS \$2 CHILDREN

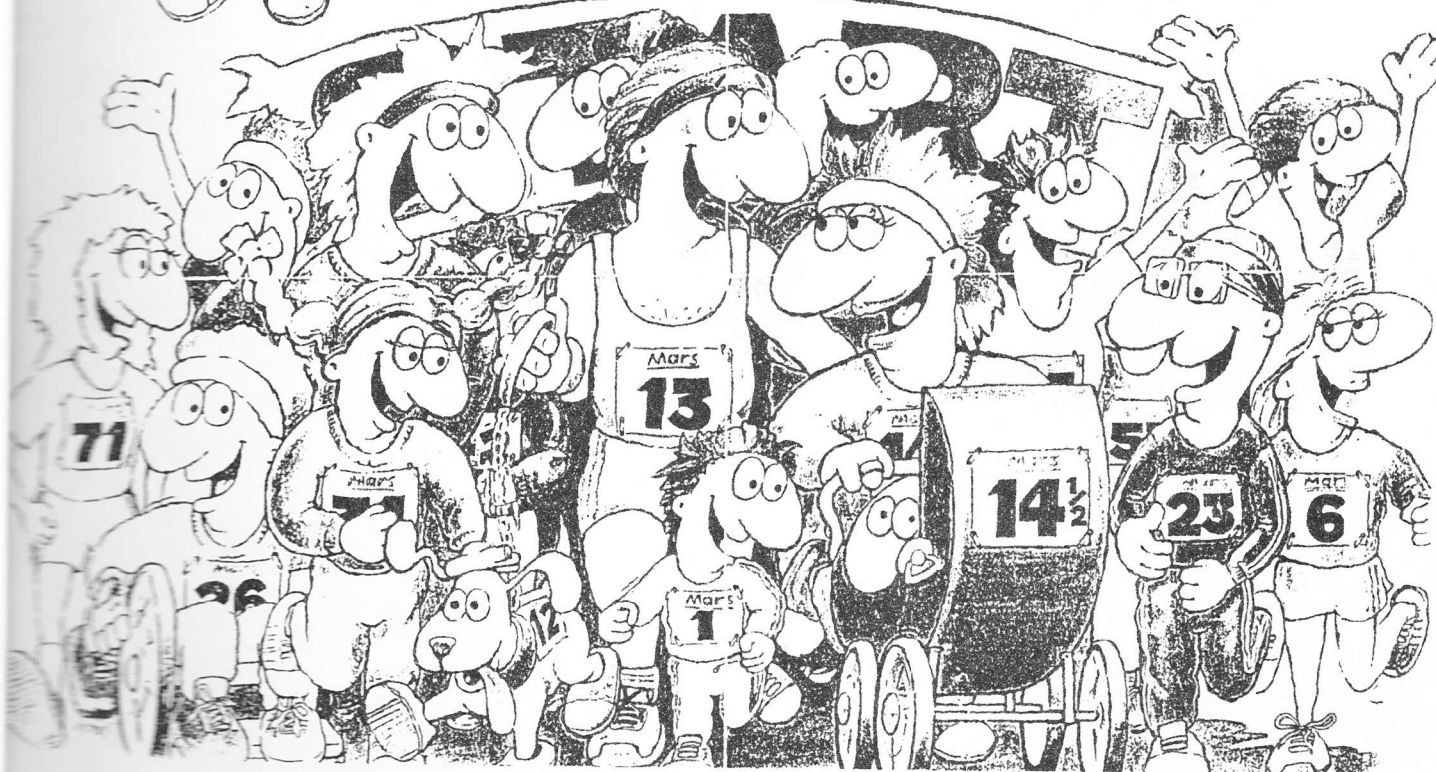
Many spot prizes
Walkers welcome

Age-group awards
Male & Female

Under 10 years
14 years
18 years
Open
Over 40+ years
50+ years



Race Organiser: Dot Browne
Ph. 874 2501 (H) or 874 6381 (W)



EAST BURWOOD INTER-VENUE CHALLENGE

CROSS COUNTRY RELAY

DATE SUN NOVEMBER 27th

**TO BE HELD AT THE SILVAN RESERVOIR PARK
AND OLINDA STATE FOREST...**

(MELWAYS REF. 120-H-11)

**EXCELLENT PICNIC/BBQ FACILITIES AVAILABLE-
BRING THE FAMILY**

**TEAMS OF 3, WITH EACH PERSON RUNNING
ONE CIRCUIT OF 8.75K.**

A TESTING COURSE WITH A GOOD RUNNING SURFACE.

ENTRY

NAME OF VENUE

TEAM NAME

ENTRY FEE : \$9 PER TEAM

PRIOR ENTRIES WOULD BE APPRECIATED TO :-

**BOB LOADER
21 BARNESDALE DRIVE
VERMONT. 3133**

PHONE: 873 1418