

VICTORIAN VETERANS
ATHLETIC CLUB INC.

AROUND THE GROUNDS

May

1995



TED + CAROL MCCOY OF MENTONE VENUE

VENUES

ABERFELDIE, ALTONA, BALLARAT, CAULFIELD, COBURG,
COLLINGWOOD, CROYDON, EAST BURWOOD, FRANKSTON,
GEELONG, KNOX, MENTONE, SPRINGVALE-NOBLE PARK and
TOOTGAROOK

for information on Club activities

Hon. Secretary Dorothy Browne OAM. (03) 874 2501

COMMITTEE MEMBERS 1995

Victorian Veterans Athletic Club Inc.

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 878 4875

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 560 2971

Club Vice Captain
 Peter McGrath LM.
 13 Bales Street Mt Waverley 3149
 807 5656

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 570 6958

Kenneth Wu
 PO. Box 2149 St Kilda West 3182

Honorary Auditor
 Keith Routley 699 6384
 6 Mowbray Street Albert Park 3206
 also Rob Petrie (059) 671 915

VENUES	Locations and Managers	Venue Day and Melway Ref
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ABERFELDIE	Aberfeldie Park, Corio Street, Moonee Ponds Rob Waters 699 5311(B) 318 3802	Weds 28 D 6
ALTONA	Grant Reserve, Sugar Gum Drive (off Civic Pde) Altona Ray Wilson 398 2285	Sun - Winter 54 G 9 Tuesday - Daylight Saving
BALLAARAT	Llanberris Field, Ballaarat	
EAST BURWOOD	Burwood East Reserve, Burwood Highway John Gosbell 808 4641 Graeme Hoskins 802 7925	Thurs 62 C 7
CAULFIELD	Duncan McKinnon Park, North Road, Murrumbeena Leo Charles 579 1830 (Royce Foley 570 4898	Tues - Track 68 K 9 Sunday - Field Games)
COBURG	Harold Stevens Ath. Field, Outlook Rd. Coburg Gordon Burrowes 366 0326 Vonda Saunders 460 1267	Thurs 18 A 9
COLLINGWOOD	George Knott Reserve, Heidelberg Rd., Clifton Hill Bill Ryan 434 3783 Keith Moody	Tues 30 F 12
CROYDON	Town Park, off Norton Road, Croydon Lavinia Petrie (059) 671 915 David Sheehan 720 7969	Tues 50 K 5
FRANKSTON	Ballam Park, Bananee Terrace, Frankston Bruce Moulton 580 7914	Thurs 103 B 4
GEELONG	Landy Field, off Barwon Terrace, Geelong Bryan Cole (052) 484 747	Weds 228 C 7
KNOX	Knox Park Athletic Track, off Rushdale Road, Scoresby Charles McRae 729 1439	Weds 73 D 7
MENTONE	Dolomore Oval, Cnr. First and Queen Streets, Mentone Louis Waser (059) 412 945	Weds 87 B 6
SPRINGVALE/ NOBLE PARK	Ross Reserve, Memorial Drive, Springvale Leigh Cassidy 772 2508	Weds 80 E 12
TOOTGAROOK	Tootgarook Sports Reserve, Truemans Road, Tootgarook Alan Radford / Ken Taylor (059) 855 989	Weds - Winter 169 E 6 Sunday - Daylight Saving

Australian Association of Veterans Athletic Clubs Secretary - Dorothy Browne OAM. (03) 874 2501

THE BETTY, ALLAN AND NORM PAGE.

<u>Date</u>	<u>Venue</u>	<u>Sprint</u>	<u>Mid Dist</u>	<u>Walk</u>	<u>Distance</u>
Sun 2	Jul Caulfield	Heavy Weightathon			
" 2	" Altona	4.2 Km	Brimbank Park	- 12.30 start	Prog. Dinner
Tues 4	" Caulfield	100m	600m	6 laps	10 laps
" 4	" Collingwood	70/200m	800m H/c	20 mins	20/40 mins
" 4	" Croydon	70/200m	600m	4 laps	8/16 laps
Weds 5	" Aberfeldie	Available at ground			
" 5	" Geelong	200m Rel	400m		3200m
" 5	" Knox	100m	2 Km H/c	Raffle	5 Km H/c
" 5	" Mentone	80m	1600m	400Wx800Rx400W x 3	
" 5	" Springvale	100m	600m	3 Km	3/5 Km
Thur 6	" Coburg	100/200m	800m		5/10 Km
" 6	" E Burwood	60/150m	4 min TT	Walk or Run	5/10/15 laps
" 6	" Frankston	60/200m	800m	3 Km	1600/4800m
Sun 9	" Tootgarook	Available from managers			
" 9	" Altona	4.8 or 6.2 Km	Laverton	from Carroll's	
" 9	" Caulfield	Field Games			
Tues 11	" Caulfield	200m	400m+-50	ED 15m 22s	8 Km ET
" 11	" Collingwood	110/400m	1500m	2 Km	2/6/10 Km
" 11	" Croydon	50/300m	1000m	6 laps	5/10/20 laps
Weds 12	" Geelong	200m	600m		2800m
" 12	" Knox	200m	600m	3/5/7/9 Km x 4	
" 12	" Mentone	200m H/c	1200m/2Km	S/C 4 Km	6.7 Km Rd
" 12	" Springvale	200m	1600m	1600m	4/10 Km
Thur 13	" Coburg	70/150m	Gap Relay	Supper	5 Km
" 13	" E Burwood	50/100m	800m	1200m	2.1kmW 3.4km run H/c
" 13	" Frankston	100/300m	1000m	3200m	2/5 Km
Sun 16	" Altona	Various distances at You Yangs 12.30 pm start			
" 16	" Caulfield	Field Games			
Tues 18	" Caulfield	100m	300m	4 Km H/c	4 Km H/c
" 18	" Collingwood	50/150m	500m	3 Km	3/5/7 Km
" 18	" Croydon	70/400m	800m H/c	5 laps	8 lap H/c
Weds 19	" Geelong	100m	1000m		1 Mile
" 19	" Knox	300m	3x5 min		15/30 min TT
" 19	" Mentone	100m	1 mile	4 Km ET	5 Km H/cap
" 19	" Springvale	70/300m	1500m	2/4 Km	5 Km H/cap
Thur 20	" Coburg	100/200m	1500m	1 Km	4/8 Km
" 20	" E Burwood	100/300m	1600m	600m	3/4/6km run+3Km Walk
" 20	" Frankston	70/400m	600m	4 Km	1600/4000m
Sun 23	" Altona	8 Km Canning Tea Gardens 2.00pm start			
" 23	" Caulfield	Field Games			
Tues 25	" Caulfield	100m H/c	1200m ET	22 min FD	22 min FD
" 25	" Collingwood	100/300m	1 mile	4 Km	4/6 Km
" 25	" Croydon	50/100m	1500m	1/3 Km	12 laps
Weds 26	" Geelong	100m Rel	400m		3000m
" 26	" Knox	400m	1 mile		3/5 Km / Rd
" 26	" Mentone	150m	1000m ET	1500m H/c	Relay 1 lapx3x3
" 26	" Springvale	100m	800m	3 Km	3.2/6.4 Km
Thur 27	" Coburg	100m	400m	31 mile	1 Km
" 27	" E Burwood	200m 2x50	600m	800m/8 lap	10 lap/10 Km
" 27	" Frankston	100/200m	800m	2 Km	1600/4800m
Sun 30	" CARLTON	VETERANS 10 MILE CHAMPIONSHIPS 10 AM START			

ABERFELDIE AND TOOTGAROOK HAVE NOT SUPPLIED ME WITH RESULTS OR PROGRAMS FOR THIS MAGAZINE. ED.

ABERFELDIE's results arrived late.

MENTONE VENUE RESULTS

26/4/95

5KM WALK - ROAD

1. Geoff BARROW	46	28.30
2. John HALLO	52	28.38
3. Penny HALL	54	28.42
4. Fred BROOKS	61	29.32
5. Joy HOGAN	42	32.16
6. John BECK	58	33.06
7. Rae ATKINS	64	34.28
7. Gwen STEED	52	34.28
8. Glad WISHART	51	35.52
9. Marie KILFOYLE	33	35.53
10. Wendy SEERS	53	35.54
11. Sylvie BIDEAU	40	37.45
12. Kevin McGRATH	64	38.21
13. Jim MACHIN	64	38.42
14. Ian BEAUMONT	59	39.00
15. Margaret BEAUMONT	57	39.25
16. Heidi ENGEL	53	44.45
17. Jean JAMES	68	45.52
18. Nola FINN	58	47.37

70 METRE

1. Bob WISHART	53	8.52
2. Steve ZIMARI	38	8.63
3. Mike JOHNSTON	73	11.30
4. Judy HALL	53	11.36
5. Nyala MILLAR	53	11.75
6. Kevin McGRATH	64	14.5

1200 E.T.

		<u>Act.</u>
1. Gerry O'CONNOR	42	3.49.2
2. Ron RABONE	43	3.53.0
3. Neil BOYLE	41	4.02.5
4. Greg WILLIAM	42	4.19.0
5. Bob WISHART	53	4.35.7
6. John WAITE	54	4.47.5
7. Pam MEWS	60	6.00.4 *

* Age Track Record

3KM RUN - TRACK

1. Khalid ELBARCHE	27	10.15
2. Neil BOYLE	41	10.16
3. Laurie COLLARD	37	10.39
4. Greg WILLIAM	42	11.03
5. Bronwyn HANNS	31	11.15
6. Louis WASER	48	11.35
7. Rod FORD	54	11.54
8. Graham STOCKDALE	53	11.58
9. Rob FINLEY	45	12.03
10. Jeff MARK	46	12.05
11. Don McLEAN	61	12.15
12. Doug WALLACE	54	12.21
13. David LEWIS	47	12.22
14. Don HUGHES	58	12.24
15. Ray KEMP	67	12.25

26/4/95 (cont)

3KM RUN - TRACK

16. John WAITE	54	12.56
17. Carole McGOY	49	13.23
18. John MAHONEY	55	13.33
19. Marion PERAZZO	43	13.41
20. Rhonda TRENGROVE		13.46
21. Greg MAULDON	57	14.31
22. Jan GARRARD	47	14.41
23. Merrilyn TAIT	45	15.03
24. Betty MARK	47	16.07

3/5/95

100 METRES H/C

1. Bob WISHART	53	11.72
2. Mike JOHNSTON	73	11.76
3. Judy HALL	53	11.77
4. Steve ZIMARIS	37	11.78
5. Ross KENT	53	12.28

1600 METRES

1. Khalid EL BARCHE	27	5.64
2. Neil BOYLE	41	5.18.5
3. Ron RABONE	43	5.29.5
4. Gerry O'CONNOR	42	5.35.3
5. John KNOTT	51	6.03.5
6. John WAITE	54	6.06.4
7. John CHALMER	42	6.41.2
9. Pam MEWS	60	8.07.2
8. John AUGUSTINE	48	6.41.3

5KM - ROAD

			* Age Track Record
1. Neil BOYLE	41	18.11	
2. Greg WILLIAM	42	18.47	
3. Ian CASSELL	41	19.20	
4. John MOORE	44	19.40	
5. Peter SMART	50	20.12	
6. Rod FORD	54	20.27	
7. Chris HANNS		20.45	
8. Laurie COLLARD	38	20.46	
9. Rob FINLAY	45	20.50	
10. Graeme STOCKDALE	53	21.00	
11. Doug WALLACE	54	21.10	
12. Jeff MARK	46	21.30	
13. Don McLEAN	61	21.36	
14. Carole McGOY	49	23.22	
15. Rhonda TRENGROVE	47	23.42	
16. John MAHONEY	55	23.52	
17. Janet FORD	27	24.10	
18. Marion PERAZZO	43	24.38	
19. Jan GARRARD	47	24.47	
20. John AUGUSTINE	48	26.54	
21. Kitty PENFOLD		DNF	
22. Debbie EL BARCHE	27	29.19	
23. Betty MARK	47	29.19	
24. Carmel SMART	44	29.24	

MENTONE VENUE RESULTS

3/5/95 (cont)

2KM WALK - TRACK - E.T.

		<u>Act.</u>
(1. Kerrie TAYLOR	31	12.30
(1. John BECK	58	13.00
(1. Merrilyn TAIT	45	12.40
2. Maureen SEEDSMAN	57	12.17
3. Darrel POLGLASE	55	13.37
4. Lorraine DENCH	53	15.09
5. Mary MOORE	53	16.08
6. Gordon GOURLAY	66	12.43
7. Wendy SEERS	53	14.05
8. Joy HOGAN	43	12.10
9. Geoff BARROW	46	10.30
10. Angela SEERS	24	14.00
11. John HALLO	52	10.46
12. Rae ATKINS	63	13.39
13. Gwen STEED	52	12.53
14. Ern WALKER	81	13.31
(15. Jim THOMSON	68	12.40
(15. Margaret BEAUMONT	57	15.20
(15. Mary LUCAS	58	14.30
16. Ian BEAUMONT	59	14.54
17. Glad WISHART	51	13.42
18. Joan CLARKE	60	13.08
19. Heidi ENGEL	52	17.05
20. Nola FINN	58	17.05
21. Kevin McGRATH	64	13.12
22. Jenny WISHART	26	13.38
-7. Sylvia MACHIN	53	12.15

10/5/95

30 MINUTES E.D. - WALK - ROAD

			<u>Act.</u>
1. F. BROOKS	61	5L	769
2. Darrel POLGLASE	55	5L	85
3. Eddie GAMBLE	79		-
4. John BECK	58	5L	13 (3)
5. Gordon GOURLAY	66	5L	235
6. Claudia MAXWELL	50	4L	150
7. Nola FINN	58	4L	9
8. John HALLO	52	4L	9
9. Ern WALKER	81		-
10. Geoff BARROW	46	6L	145 (2)
11. Ken LA ROCHE	60	5L	200
12. Ian BEAUMONT	59	4L	660
13. Dot JACK	70	4L	317 (1)
14. Jean JAMES	68	4L	
15. Glennis McPHERSON	48	6L	75
16. Gwen STEED	52		-
17. Heidi ENGEL	52	5L	85
18. Sylvie BIDEAU	40	4L	675
19. Wendy SEERS	53	5L	763
20. Sylvia MACHIN	53	5L	441
21. Angela SEERS	24	5L	10
22. Mary LUCAS	58	5L	
23. Joan CLARKE	60	4L	763
24. Glad WISHART	51	5L	13

10/5/95 (cont)

60 METRE SPRINT

1. Steve ZIMARI	38	7.60
2. Bob WISHART	53	7.83
3. Ross KENT	53	8.18
4. Max BROOK	58	9.12
5. Mike JOHNSTON	73	9.30
6. Judy HALL	53	9.82

800 METRES

1. Peter BENCE	45	2.18.8
2. Neil BOYLE	41	2.24.9
3. Graham STOCKDALE	53	2.27.8
4. Max BROOK	58	2.34.4
5. Stephen YOUNG	42	2.40.6
6. Ian CASSELL	41	2.41.6
7. Chris HANNS		2.47.6
8. Don McLEAN	61	2.49.3
9. John CHALMER	42	2.52.6
10. John AUGUSTINE	48	2.54.6
11. Jan MORREY	55	3.00.3
12. Pam MEWS	60	3.44.2

6000 METRES - TRACK

1. Terry HARRISON	49	21.05
2. Neil BOYLE	41	21.31
3. Greg WILLIAM	42	22.14
4. Peter BENCE	45	23.07
5. Bronwyn HANNS	31	23.17
6. Ian CASSELL	41	23.29
7. Peter SMART	49	24.19
8. Rod FORD	54	24.45
9. Louis WASER	48	24.51
10. Jeff MARK	46	24.52
11. Rob FINLAY	45	25.14
12. Doug WALLACE	54	25.17
13. John WAITE	54	25.51
14. David LEWIS	48	26.09
15. Dick JEFFREY	51	26.17
16. Peter BATTRICK	51	26.43
17. Case HUYSMANS	62	26.51
18. Graeme STOCKDALE	53	27.10
19. Don McLEAN	61	27.16
20. Jan MORREY	55	27.38
21. Stephen YOUNG	42	27.56
22. Carole McGOY	49	28.09
23. Ben MORREY	66	28.38
24. John AUGUSTINE	48	28.48
25. Rhonda TRENGROVE	47	28.51
26. John NATELI	40	28.57
27. Marion PERAZZO	43	28.58
28. John MAHONEY	55	29.01
29. Janet FORD	27	30.34
30. Mike BARLOW	52	31.20
31. Betty MARK	47	32.04
32. Carmel SMART	45	32.05

* Age Track Record

MENTONE VENUE RESULTS

17/5/95

5KM WALK - TRACK

1. David CASH	43	27.46
2. Ken LA ROCHE	60	28.37
3. Penny HALL	54	28.47
4. Glennis McPHERSON	48	29.17
5. Fred BROOKS	61	29.42
6. Jean ALBURY	65	30.58
7. Joy HOGAN	43	31.02
8. Kevin MARIAN	59	31.04
9. Maureen SEEDSMAN	57	31.06
10. Sylvia MACHIN	53	31.26
11. John HALLO	52	31.40
11. Gordon GOURLAY	66	31.40
12. Ern WALKER	81	33.25
13. Gwen STEED	52	33.30
14. Marie KILFOYLE	33	34.00
15. Darrel POLGLASE	55	34.03
16. Glad WISHART	51	34.43
17. Angela SEERS	24	35.56
18. Sylvie BIDEAU	40	36.46
19. Joan CLARKE	60	37.00
19. Wendy SEERS	53	37.00
20. Margaret BEAUMONT	57	38.28
21. Dot JACKS	77	38.33
22. Mary LUCAS	58	39.05
23. Andy SMITH	80	39.57
24. Eddie GAMBLE	79	40.34
25. Joan RISLEY	58	41.25
26. Heidi ENGEL	52	42.55
27. Nola FINN	58	44.42
28. Jean JAMES	68	44.48
Vivienne CASH	43	19.02 <i>b</i>
Pam MEWS	60	22.50 <i>b</i>

b 7½ laps

150 METRES E.T.

	Act.
1. Bob WISHART	53 18.32
2. Steve ZIMARI	37 18.67
3. Ross KENT	53 19.42
4. Mike JOHNSTON	73 21.74
5. Max BROOK	59 21.87
6. Jim THOMSON	68 23.78

Heat 2

1. Bill DALEY	70	27.87
2. Gordon GOURLAY	66	29.14
3. Andy SMITH	80	29.16 <i>≠</i>
4. Jess HANNS	10	30.17
5. Pam MEWS	60	31.85 <i>≠</i>

≠ Age Track Record

2KM STEEPLE

Tony NEMARIC	42	8.27.1
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17/5/95 (cont)

1000 METRES

1. Khalid EL BARCHÉ	27	2.56.7
2. Tony NEMARIE	42	3.15.8
3. Stephen YOUNG	42	3.19
4. Neil BOYLE	41	3.20.5
5. Rob FINLEY	46	3.22.5
6. Max BROOK	59	3.23.7
7. Ned SLATER	45	3.24.2
8. Ron RABONE	43	3.28.5
9. John KNOTT	51	3.31.1
10. John WAITE	54	3.33.8
11. John AUGUSTINE	48	3.55.8
12. Graeme HADLEY	45	4.14.4
13. Pam MEWS	60	4.29.9 <i>≠</i>

6.7KM - ROAD

1. Peter BENCE	45	25.13
2. Bronwyn HANNS	31	25.39 <i>≠</i>
3. Laurie COLLARD	38	25.40
4. Neil BOYLE	41	26.52
5. John WAITE	54	26.57
6. Peter SMART	50	27.09
7. Rod FORD	54	27.30
8. Louis WASER	48	27.41
9. Jeff MARK	46	28.36
10. Janet FORD		DNF
11. Case HUYSMANS	62	29.56
12. Don HUGHES	58	30.06
13. Stephen YOUNG	42	31.28
14. Carole McCOY	49	32.07
15. John NATOLI	40	32.18
16. John MAHONEY	55	32.20
17. Rhonda TRENGROVE	47	32.25
18. Ben MORREY	66	32.42
19. Graeme STOCKDALE	53	34.50
20. Jan GARRARD	47	34.52
21. Carmel SMART	45	39.22
22. Kitty FENFOLD	52	46.30
23. Elizabeth KELLY	40	46.30

≠ Age Track Record



"He had a blow out in his left sandshoe."

IF YOU WOULD LIKE TO BE KEPT UP-TO-DATE, FILL IN THE FORM BELOW AND FUTURE DETAILS WILL BE SENT DIRECTLY TO YOU.

VICHEALTH 5TH AUSTRALIAN MASTERS GAMES.

MELBOURNE 1995.

OCTOBER 5 TO 14.



VicHealth

Australian Sports Commission



CONTRIBUTOR OF AUSTRALIAN **SPORT** INCORPORATED

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South Melbourne 3205
Tel: (03) 699 7955 Fax: (03) 699 1574

EXPRESSION OF INTEREST

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FAX: (03) 666 4232

Surname Mr/Mrs/Ms _____

Given Names _____

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Fax _____

Sport(s) _____

TRAVEL AND ACCOMMODATION REQUIREMENTS

● Will you be travelling:

alone accompanied

● How will you be travelling?

aeroplane train bus car

● What are your likely accommodation requirements (if not staying with friends)?

hotel motel apartment homestay

● How did you obtain this brochure? _____



THURS 4 MAY 37 enjoyed a chilly Autumn night, ideal for running. Lots of good times in the sprints because of that tail wind. WINSOME was very pleased to get under 19mins for the first time. KEN surprised DANIEL on the line in the 200M. The walking styles of ALEX & JOHN were suspect but unfortunately we had no walk judges. Many relived their experiences during the 24Hr relay in the 30min TT – ANDREW J & MICK came close to that magic 20 laps while youngsters BEN & TIM were great with 18 laps plus each. Welcome to TINA who is in training for the Melbourne 1/2M.

THURS 11 MAY 40 competitors enjoyed a balmy but sweaty night. A very pregnant ROSANNA paid us a visit & bets were being made that it would all happen while MICHAEL was at Ballarat on Saturday for the Vic Aths 10K road championship. Vet FRED shared the lead with youngster ANTHONY & near Vet MICHAEL in the 800M but they got away from him at the end. ANDREW J was after a sub 38mins 10K as a platform for a sub 3hr M – just missed by 16 secs. SURF needed some attention from TOM's massage after his SuperVets footy.

*** = First run with us.

= PB this venue, this year

		THURS					30MINS TIME TRIAL		THURS				
		100M	200M	WALK 1K	1MILE	LAPS	+ METRES	100	200	800	5K	10K	
BARBARO	John M45		31.11	6.08.16		18	200					44.25	
BURROWES	Gordon M55					13	180						
CARTER	Ken M40	17.45	36.58		9.17.92	8	280	19.63	54.92	4.38	49.00		
CATIONS	Les M35				9.50.29	10	70				37.16		
CHARLTON	Bob M60					13	150						
CORNALL	Ian M40					13	170				24.27		
DALGLEISH	Barb F55					16	310					46.55	
DALGLEISH	Tom M60					15	280						
ELLIS	John M70					WALK 7 +	280					12.00(3LAPS WALK)	
GIBBS	Bruce M40							13.09	28.38	3.14			
GIORGIOU	Francis M35	19.48	53.30		8.41.60			19.65	50.16	4.09			
GOGGIN	Bernie M55		36.91		7.43.58	15	265		34.52	3.23		50.37	
GOODE	George M65											3.35	
GOODMAN	Bruce M55					16	308						
GRIFFITHS	Christine F45	18.03	40.00	6.41.69		13	250	18.11	40.12	3.39	32.16		
HALLETT	Len M45				6.07.24	16	200				22.53		
HARBERT	Ray M55					17	180				21.27		
HARRAP	Chris M30		30.65		5.57.91								
HARRAP	Richard M30											44.18	
HUTCHINSON	Greg M45					17	60						
INFANTE	Giovanni M50									3.17	25.10		
JORDAN	Andrew M35				5.34.41	19	250					38.16	
KYTE	Bill M50	14.91			6.22.14	17	180						
LYNCH	Bernice F35	24.04	57.78		8.29.85	13	0	24.42	58.28	3.16	23.09		
MARSH	Trevor M40										18.58		
MARTIN	Denys M45					17	140				20.58		
MASTROLORTC	Michael M25										2.28		
MCDONALD	Mick M30					19	150						
MENZIE	Winsome F55	18.55						20.47					
MOCODY	Keith M50		29.00		5.55.17	????????????		13.57	27.64	3.06	20.57		
NORRIS	Daniel M30	16.00	37.78		6.58.32	15	45	16.54	38.87	3.09	24.40		
PILIPASIDIS	Tina F30	MAY 6 *****	17.52		7.34.03	14	200			3.21		53.17	
PROUDFOOT	Gordon M50											46.00	
RADEMAKER	Fred M40				5.47.03					2.29	31.16(BK)		
ROBOTHAM	Kate F50										26.13		
RYAN	Bill M50					16	360			3.00		45.24	
SAUNDERS	Vonda F55											????????????	
SOUTHAM - SAHIN	Sue F40											53.42	
STAUNTON	John M35	MAY 6			5.09.34	16	160						
TRUEFELDT	Wayne M30										23.37		
WILSON	Neville M60										23.19		

RESULTS FROM EAST BURWOOD VENUE

4/5/95 MEDLEY RELAY

WALK, 1.4K	SPRINT	0.6K	RUN 2.6K	RUN, 3.8K
1. B. POWER		2 G. CLARKE		3. D MEIKLEJOHN
J. BELL		K. MILLSTEED		R. HENDERSON
D. LANGLEY		A. MEE		E. DAVIDSON
R.MASON		J. SUTTON		N. McLENNAN
	<u>32.16</u>		<u>34.0</u>	<u>34.37</u>
4 J. CURTIS		5 B. JEFFREY		6 A. TUTCHENER
E. PETRACCA		B. TAIT		F. TUTCHENER
V. O'BRIEN		D. COX		B. LEWIS
J. GOSBELL		R. WILSON		R. BAULCH
	<u>34.41</u>		<u>35.57</u>	<u>37.27</u>
7 R. KERR		8 J. CLARK		9 A. PERROTT
P. GOSBELL		L. NICHOLS		A. HETHERTON
B. BATEMAN		L. CLARK		T. MARTIN
B. CURTIS		E. WILSON		S. DEFANIS
	<u>37.33</u>		<u>37.39</u>	<u>38.02</u>

4/5/95 50 METRES

1 Jack BUCKINGHAM	45	13.21
2 Alf HETHERTON	66	15.20
3 Frank TUTCHENER	67	17.02
<u>800 METRE WALK</u>		
1 Karen THOMSON	Inv	4.08
2 Joy CURTIS	53	5.03
3 Joan THOMSON	45	6.41
4 Allison BROWN	39	6.47
5 Ann PERROTT	62	7.40
6 Audrey TUTCHENER	66	8.14
7 Joan CLARK	63	8.15
8 Betty HORSKINS	56	8.29

11/5/95 70 METRE SPRINT

1 Jack BUCKINGHAM	45	9.30
2 Don McMAHON	56	9.72
3 Cedric MALGAS	45	10.03
4 Marg DUGUID	58	10.47
5 Brian TAIT	53	11.68
6 Frank TUTCHENER	67	13.78
<u>800 METRES</u>		
1 Ewen WILSON	42	2.16
2 Damien AHEARNE	35	2.27
3 Jim PATTON	48	2.31
4 David NOBBS	54	2.33
5 Doug PETROFF	53	2.35
6 Elvira PETRACCA	34	2.36
7 John BELL	50	2.37
8 Ron WILSON	58	2.38
9 Sam DEFANIS	47	2.43
10 Frank TUTCHENER	67	3.14
11 Lloyd NICHOLS	53	3.29

100 METRE HANDICAP

1 Jack BUCKINGHAM	42	12.90
2 Brian TAIT	53	13.29
3 John SZYMANSKI	37	14.12
4 Les CLARK	64	14.47
5 Marg DUGUID	58	15.21
6 Lloyd NICHOLS	53	15.57
7 Frank TUTCHENER	67	17.58

11/5/95 2K WALK, 8 LAP HANDICAP

1 Tina LEB	61	12.35 W
2 Joy CURTIS	53	13.18 W
3 Bob JEFFREY	62	13.23 W
4 Tony MARTIN	66	16.10
5 Kathy SCHLEGEL	32	16.20
6 John HALL	48	16.41
7 Marlene PETROFF	16	16.45
8 Bob LEWIS	67	16.52
9 Bob CURTIS	53	16.54
10 Ron YOUNG	64	16.57
11 Vin O'BRIEN	66	16.58
12 Ann PERROTT	62	16.59
13 Ewen WILSON	42	17.00
14 Jim PATTON	48	17.05
15 Ray VALLANCE	50	17.06
16 Ron WILSON	58	17.10
17 Damien AHEARNE	17	17.14
18 John BELL	50	17.15
19 Richard PIESSE	52	17.16
20 Margaret DUGUID	17	17.18
21 Doug PETROFF	53	17.19
22 Shirley YOUNG	17	17.23
23 Frank TUTCHENER	17	17.30
24 Leo WATSON	53	17.31
25 Rob BAULCH	47	17.34
26 Les CLARK	64	17.42
27 Brian TAIT	53	17.44
28 Elvira PETRACCA	17	17.52
29 Sam DEFANIS	47	17.53
30 Barry FOX	55	17.56
31 Gerry CLARKE	40	18.09
32 John GOSBELL	56	18.11
33 Audrey TUTCHENER	18	18.19 W
34 Dave HERBERT	54	18.20
35 John CUNNINGHAM	18	18.34
36 Allison BROWN	39	19.14
37 Dave MEIKLEJOHN	19	19.26
38 John SZYMANSKI	37	19.28

RESULTS FROM EAST BURWOOD VENUE

11/5/95 2 K WALK, 8 LAP H'CAP

39 Sonya FOX	22	19.34
40 Rita KERR	65	20.49 W
41 Joan CLARK	63	20.50 W

18/5/95 100 METRES

1 Jack BUCKINGHAM	45	13.60
2 Lloyd NICHOLS	53	16.48
3 Alf HETHERTON	66	16.74
4 Frank TUTCHENER	67	20.79

300 METRES

1 Ken MILLSTEED	45	46.64
2 Brian TAIT	53	47.14
3 Frank TUTCHENER	67	54.59
4 Alf HETHERTON	66	54.83

600 METRE WALK

1 Phyllis GOSBELL	56	4.17
2 Audrey TUTCHENER	66	5.03
3 Rita KERR	65	5.20
4 Joan CLARK	63	5.35

1200 METRES

1 Bob HENDERSON	48	3.54
2 Damien AHEARNE	35	3.56
3 Ken MILLSTEED	45	3.58
4 Sam DEFANIS	46	4.01
5 Doig PETROFF	54	4.06
6 Elvira PETRACCA	34	4.12
7 Ron WILSON	58	4.12

6 LAP WALK, 5/10/15 LAP RUN

1 Bob POWER	52	8.35
2 Leo WATSON	53	8.59
3 Brian TAIT	53	9.18
4 Don McMAHON	56	9.18
5 Kathy PRESTEGAR	45	9.57
6 Les CLARK	64	10.52
7 Gerry CLARKE	40	10.59
8 Tina LEB	61	14.54 W
9 Marg DUGUID	58	15.27
10 John HALL	48	15.40
11 Doug PETROFF	53	15.44
12 Richard PIESSE	52	15.48
13 Vin O'BRIEN	66	16.02
14 John SZYMANSKI	37	18.26
16 Bob JEFFREY	64	17.30
14 Phil SODERSTROM	48	17.05
15 John CUNNINGHAM	50	17.20
18 Elvira PETRACCA	34	18.32
19 Bob HENDERSON	49	18.33
20 Sam DEFANIS	46	18.33
21 Frank TUTCHENER	67	20.01
22 Tony MARTIN	66	20.01
23 Dave MEIKLEJOHN	54	20.34
24 G. RYAN	44	20.39
25 Audrey TUTCHENER	66	21.02 W
26 John GOSBELL	56	21.03 W
27 Saul BAKAITIS	50	21.15
28 Eric DAVIDSON	(12)	22.04
29 Phyllis GOSBELL	56	22.19
30 Marlene PETROFF	53	22.24
31 A. MEE	43	23.47
32 J. CLARK	63	24.10 W

6 LAP WALK, 5/10/15 LAP RUN

33 Rita KERR	64	24.10 W
34 Ron WILSON	58	25.21
35 Bob LEWIS	67	26.08
36 John SUTTON	51	26.27
37 Bob BATEMAN	65	29.09
38 Coral MONK	46	30.00

25/5/95 60 METRES

1 Ken MILLSTEED	45	7.93
2 Jack BUCKINGHAM	45	8.30
3 John SZYMANSKI	37	8.88
4 Alf HETHERTON	66	13.68

600 METRES

1 Ewen WILSON	42	1.39
2 David NOBBS	54	1.40
3 Ken MILLSTEED	45	1.45
4 John SZYMANSKI	37	2.16
5 Lloyd NICHOLS	53	2.21

3 x 200M RELAY

1 Jack BUCKINGHAM	45
Alf HETHERTON	66
John SZYMANSKI	37
2 Frank TUTCHENER	67
Ken MILLSTEED	45
Lloyd NICHOLS	53
	<u>1.49.97</u>

4K WALK, 10/25 LAP RUN

1 Elvira PETRACCA	34	9.49
2 Bob CURTIS	53	15.25
3 John BELL	50	15.38
4 John hall	48	15.40
5 Doug PETRODD	53	16.22
6 Ray VALLANCE	50	16.35
7 Cherie BALDWIN	41	17.33
8 John CUNNINGHAM	50	17.39
9 Gerry CLARKE	40	18.10
10 John GOSBELL	56	18.27
11 Leo WATSON	53	18.48
12 Dave MEIKLEJOHN	54	20.18
13 Marlene PETRPF	53	20.30
14 Frank TUTCHENER	67	21.59
15 Phyllis GOSBELL	56	21.59
16 Karen THOMSON	Inv	22.31 W
17 Joy CURTIS (10)	53	27.03
18 Lorraine ROSCOE	51	28.33 W
19 Ewen WILSON	42	35.01
20 Audrey TUTCHENER	66	36.13
21 Kathy HALLIDAY	50	36.15
22 Bob HENDERSON	48	37.07
23 Neil McLENNAN	54	39.50
24 Rob BAULCH	47	40.51
25 Damien AHEARNE	35	41.00
26 Peter LEGET	61	42.45
27 Ron YOUNG	64	43.24
28 Vin O'BRIEN	66	44.21
29 Kathie SCHLEGEL	32	45.25
30 John SUTTON	52	45.38
31 Bob LEWIS	67	46.03
32 Phil SODERSTROM	48	46.04
33 Shirley YOUNG	49	49.17
34 Barry FOX	55	50.10
35 Coral MONK	47	52.16
36 Tony MARTIN	66	52.17
37 Les CLARK	64	56.47

"1995 CLUB FIXTURE"

For information regarding club events contact the following-

- RUNNING EVENTS - ERIC GREAVES 560-2971
- WALKING EVENTS - PETER McGRATH 807-5656
- THROWING EVENTS - MORRIE JAMES 570-6958
- PENTATHLON EVENTS - CLYDE RIDDOCH 754-8241

<u>25-6-95</u>	WINTER CHAMPIONSHIPS	1.00pm	COBURG
	MELWAY 18 A10		
<u>30-7-95</u>	10 MILE RUN	10.00am	CARLTON ***
	MELWAY MAP 29 G11		
<u>20-8-95</u>	WINTER WEIGHT PENTATHLON	12.55pm	CAULFIELD
	MELWAY MAP 68 K9		
<u>27-8-95</u>	10KM RUN	9.00am	BRAESIDE PARK
	MELWAY MAP 88 E10		
<u>11-9-95</u>	ROAD WALKS	9.00am	KNOX INDUSTRIAL AREA
	MELWAY MAP 73 D7		
<u>24-9-95</u>	25KM RUN	9.00am	FOOTSCRAY
	MYERS ROAD BIKE PATH	MELWAY 42 C1	

*** = COMBINED EVENTS WITH VICTORIAN CROSS COUNTRY LEAGUE INC.

<u>**2-4-95</u>	HEAVY WEIGHT PENTATHLON	11.25am	
	WEIGHT PENTATHLON	12.55pm	

ERIC GREAVES
 CLUB CAPTAIN

EST. 1960

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TEL. 571 6295

Opposite Caulfield Park

VICTORIAN VETERANS ATHLETIC CLUB INC

WINTER COMPETITION 95

Start Times for 12 Track Events and 12 Field Events
 Events will not start before the listed time Only 3 attempts per Field event

1:00 pm	1 - Fem.	600 metres	1 - Fem.	Hammer
	2 - Men	600 metres	2 - Men	Discus
1:30	3 - Fem.	Two mile walk	3 - Men	Javelin
			4 - Fem.	Stand. Long Jump
1:50	4 - Men	60 metres	~~~~~	
2:00	5 - Fem.	60 metres	5 - Fem.	Discus
			6 - Men	Triple Jump
2:15	6 - Men	1000 m.	~~~~~	
	7 - Fem.	1000 m.	~~~~~	
2:30	~~~~~		7 - Fem.	Javelin
			8 - Men	Stand. Long Jump
2:40	8 - Men	Two mile walk	~~~~~	
3:00	9 - Fem.	150 metres	9 - Men	Shot Put
			10 - Fem.	Triple Jump
3:10	10 - Men	150 metres	~~~~~	
3:20	11 - Fem.	Three mile run	11 - Men	Hammer
3:45	12 - Men	Three mile run	12 - Fem.	Shot Put
4:15 approx.	13 - Finish and clean-up			

4:30 pm Certificate Presentations to all Competitors plus Tea, Coffee and your BYO. plate combined with good conversation

2 5 JUNE 1 9 9 5

CAULFIELD VENUE

Duncan McKinnon Athletic Track, Cnr.North Road Murrumbeena Ref.68 K9

NOTE Change of Venue to allow World Veterans Games entrants to have one last hit-out prior to departure for Euffalo USA.

Entry fee **\$1.00** per each event Entries will be taken on the day

Enquiries (03) 807 5656 or 318 3802 Club Competition Uniform to be worn



RYE RSL

100 TATTS POKIES



CLUB KENO



CLUB TAB



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DINING & ENTERTAINMENT

LUNCH & DINNER - Every Day

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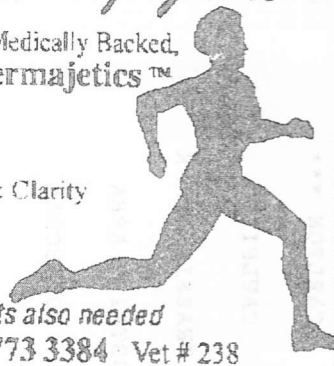
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Excellent P/Time income available
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Russian & S/East Asian contacts also needed

Further details Phone: Ron Aust 773 3384 Vet # 238



VETERAN THROWING GROUPS - AUGUST 1994 - SEPTEMBER 1995 KEY DATES

SUN	04/06/95	- WEIGHT PENTATHLON	- CAULFIELD
SUN	02/07/95	- WEIGHT PENTATHLON	- CAULFIELD
SUN	06/08/95	- HAMMERFEST	- CAULFIELD
SUN	20/08/95	- VIC WINTER WEIGHT/THROW CHAMPS	- CAULFIELD
SUN	27/08/95	- VIC WINTER RASENKRAFT CHAMPS	- MENTONE
SUN	10/09/95	- WEIGHT PENTATHLON	- CAULFIELD

NON CHAMPIONSHIP EVENTS START 12-55PM SHARP - IF IN DOUBT TELEPHONE
MORRIE JAMES 570 6958 OR HARRY WYNHOVEN 052 531 122

VETERAN THROWING GROUPS - JANUARY 1995 - DECEMBER 1995 KEY DATES

SUN 25/06/95 - WINTER CHAMPIONSHIPS [T & F]
 SUN 02/07/95 - HEAVY WEIGHTATHON - CAULFIELD
 SUN 16/07/95 - WEIGHT PENTATHLON - CAULFIELD
 SUN 06/08/95 - HAMMERFEST - CAULFIELD
 SUN 20/08/95 - VIC WINTER WEIGHT/THROW CHAMPS - CAULFIELD
 SUN 27/08/95 - VIC WINTER RASENKRAFT CHAMPS - MENTONE
 12-00PM - WEIGH IN / WARM UP
 1-00PM - COMPETITION
 3-15PM - 50mt FIELD GAMES SPRINT
 SUN 10/09/95 - SHOTARAMMA - CAULFIELD
 SUN 24/09/95 - WEIGHT PENTATHLON - CAULFIELD
 THU 05/10/95 } AUSTRALIAN MASTERS - OLYMPIC PARK [MELB]
 SAT 14/10/95 } R.F.S. *** - [REFER JOE BALL]
 SUN 12/11/95 - WEIGHT PENTATHLON - CAULFIELD
 SUN 26/11/95 - VIC SUMMER RASENKRAFT CHAMPS - MENTONE
 10 -11AM - WEIGH IN / WARM UP
 11 -15AM - COMPETITION
 01 -55PM - 50mt FIELD GAMES SPRINT
 SUN 10/12/95 - WEIGHT PENTATHLON - CAULFIELD
 SAT 16/12/95 - SPECIAL HAMMER EVENT - MENTONE

ALL ATHLETES ARE EXPECTED TO HELP, PARTICULARLY WITH NON CHAMPIONSHIP EVENTS
 [STARTING TIME 12-55PM SHARP] - IF IN DOUBT PHONE MORRIE JAMES 570 6958 :
 ROY FOLEY 570 4898 : HARRY WYNHOVEN 052 531 122 : ASTRID ROSE 836 2350 :

1995 VETERANS ROADWALK CHAMPIONSHIPS.

The 1995 Veteran,s Roadwalk Championships will be held in conjunction with the Athletic Victoria Racewalking Championships and the A.V School Walks. The Venue will be the Knox Industrial Area

September 11 Veteran Titles and Associated Races.
 Knox Industrial Area.
 9.00am 10Km Veteran Mens Championships (to age 55)
 10Km Open
 10.30am 5Km Veteran Mens Championships (age 60 +)
 5Km Veteran Womens Championship
 5Km Open.

(Associated races yet to be advised)

Please note:- Club Uniform to be worn to be eligible for medals.

Entries for above races will be taken at the venue on the day up to 15 minutes before the event time.

Any enquiries may be directed to Peter McGrath on 8075656.

RESULTS FROM KNOX VENUE - MAY 1995

7 KLM N.O.T. 3/5/95

AGE	N.O.T. TIME	ACT. TIME
Ryan GREY	44 25.15	24.40
Paul TWINING	45 26.20	26.10
Rick LUGG	36 29.00	26.12
Saul BAKAITIS	50 25.30	26.58
Leah TWINING 5Km	Inv.	27.17
Glen CLAUDEN *	41 27.17	27.17
David ROLFE	49 27.59	27.21
Bill LONG	38 29.00	27.38
Russell WEST	36 28.00	28.04
Chris CALLAMATTA	42 29.30	28.21
John HORSELING	38 28.21	28.40
Ron MILSOME	48 31.00	28.48
Rob DREW	41 28.52	29.14
Alan ASHMORE	47 30.00	29.39
Mark LEONARD	35 30.30	30.13
Anne McPHERSON	38 31.42	30.42
Bob PETRIE	53 31.30	32.02
Ivan ANDRIC	37 33.30	32.15
Chas McRAE	61 34.15	33.03
Gerry CLARKE	40 35.00	33.04
John GREEN	50 32.00	33.05
Trevor WEST	39 32.30	33.21
Brian PYNE	46 34.00	33.37
Norm CAMERON	50 35.01	34.25
Keith STYLES	52 34.45	34.31
Denise NICOLL	40 38.00	34.34
Tim ASHMORE	Inv.	35.00
Robyn TODD	46 37.30	35.24
David WEAR	48 36.00	35.37
Kevin McLAUGHLAN	51 36.10	37.26
Les CLARK	64 38.00	38.36

* TROPHY WINNER
1200M - 3/5/95

AGE	N.O.T. TIME	ACT. TIME
David SOMERS	37 3.52	3.48
Paul TWINING	45 3.53	3.48
Chris CALAMATTA *	42 3.55	3.55
Peter LEIGH	57 3.56	3.57
Glen CLAUDEN	41 3.59	3.59
Rick LUGG	36 4.15	3.59
Rob DREW	41 -	4.10
Russell WEST	36 4.35	4.24
Lavinia PETRIE	51 4.24	4.28
Ivan ANDRIC	37 4.60	4.32
Chas McRAE	62 5.00	4.44
Bill LONG	38 4.45	4.45
Leah TWINING	Inv.	4.50
Richard TODD	47 4.44	4.55
Mandy EMMETT	32 5.00	5.05

* TROPHY WINNER

100 METRES - 3/5/95

AGE	TIME	
Russell WEST	36 13.29	
Chris CALAMATTA	42 13.52	
Ivan ANDRIC	37 13.81	
Peter WHEATLEY	36 14.28	
Mandy EMMETT	32 14.82	
Rick LUGG	36 15.73	
Kelly WHEATLEY	Inv.	15.50
Kevin McLAUGHLIN	51 16.69	
Chas McRAE	62 18.46	

4 KLM 10/5/95

AGE	TIME
Chris CALAMATTA	42 15.50

6 KLM

AGE	TIME	
Paul TWINING	45 21.46	
Rick LUGG	36 21.53	
Steve TWINING	37 22.15	
San DEFANIS	47 22.35	
Glenn CHAIDEN	41 23.15	
Bill LONG	38 23.23	
George DYER	60 23.25	
Shaun EXTON PB	35 23.40	
Ron MILSON	48 23.53	
John HORSELING	38 23.58	
Ian UREN	44 24.16	
Peter LEGET	62 24.21	
Alan ASHMORE	47 24.37	
Russell WEST	36 26.08	
John VARNEY	37 27.07	
Rob DREW	41 24.27	
Norm CAMERON	50 28.37	
Richard TODD	47 28.40	
Keith STYLES	52 28.42	
Gerry CLARKE	40 28.43	
Ivan ANDRIC	38 29.03	
Brian PYNE	46 29.19	
Time ASHMORE	Inv.	29.23
Denise NICOLL	40 24.26	
David WEAR	48 24.32	
Jorg KOPLIN	47 30.06	
Vern GERLACH	70 30.28	
Julie BUTTERFIELD	35 32.14	
Greg SAVAGE	39 32.14	
Robyn TODD	45 32.25	
George SIMONS	60 33.17	
Carol BUCKINGHAM	44 34.36	

200 METRE - HEAT 1

AGE	TIME	
Rick LUGG	36 29.88	
Peter WHEATLEY	36 30.30	
Jorg KOPLIN	47 30.58	
Ben PETERSEN	Inv.	40.83

200 METRE - HEAT 2

Chris CALAMATTA	42 27.46
Russell WEST	36 27.68
Ivan ANDRIC	38 28.67
Noel FAIRBURN	34 30.15
Mandy EMMETT	32 32.03

1000 METRES - 10/5/95

AGE	TIME
Matt MORRIS	29 2.55
David SOMERS	37 3.02
Steve TWINING	37 3:06
Chris CALAMATA	42 3:09
Paul TWINING	45 3:09
Glen CLAUDEN	41 3.12
Noel FAIRBURN	34 3.13
Russell WEST	36 3.13
Rick LUGG	36 3.14
Shaun EXTON	35 3.14
Sam DEFANIS	47 3.16
Ivan ANDRIC	38 3.35
Mark LEONARD	35 3.54
Richard TODD	47 3.56
Jorg KOPLIN	47 4.02

LADDER RELAY - 17/5/95

AGE	400	800	1200	800	400
Rick LUGG	36 1.05	2.34	4.02	2.34	1.11
John VARNEY	37 1.08	2.46	4.28	2.41	1.11
Ivan ANDRIC	38 1.09	3.06	4.36	3.04	1.20
TOTAL TIME			37.04		
Gary CANTWELL	35 .71	2.54	4.42	2.52	.72
Russell WEST	36 .72	2.41	4.12	2.34	.72
Noel FAIRBURN	34 .76	2.57	4.58	3.14	.82
TOTAL TIME			38.20		
Paul TWINING	45 1.11	2.38	4.00	2.30	1.08
DAVID WEAR	48 1.24	2.56	4.42	2.49	1.19
Trevor WEST	40 1.22	3.03	4.55	3.03	1.19
TOTAL TIME			38.18		
Phil SODERSTRON	48 1.06	2.57	4.37	2.48	1.13
Gerry CLARKE	40 1.24	3.12	5.15	3.06	1.25
Glen CLAUDEN	41 1.17	2.45	4.18	2.44	1.11
TOTAL TIME			39.08		
Norm CAMERON	50 1.13	3.19	5.14	3.05	1.21
John HORSELING	38 1.11	2.54	4.34	2.51	1.21
David ROLFE	49 1.18	2.51	4.24	2.53	1.17
TOTAL TIME			39.46		
George DYER	60 1.21	2.52	4.26	2.50	1.19
Robyn TODD	45 1.32	3.12	4.59	3.09	1.40
Chris CALAMATTA	42 1.13	2.45	4.19	2.36	1.07
TOTAL TIME			39.00		
Chas McRAE	62 1.21	3.05	4.42	3.00	1.20
Denise NICOLL	40 1.27	3.22	5.19	3.27	1.31
Shaun EXTON	35 1.08	2.32	4.12	2.38	1.11
TOTAL TIME			40.25		
	78	2.45	4.16	2.46	1.16
Ron MILSOME	48 .71	2.47	7.40	2.46	1.08
David NOBBS	55 .91	3.32	6.03	3.59	1.45
Sean DOYLE	53				
TOTAL TIME			41.40		
Richard TODD	46 1.22	3.07	5.02	3.07	1.25
Les CLARK	64 1.42	3.45	5.54	3.49	1.48
David SOMERS	37 1.14	2.36	3.54	2.33	1.09
TOTAL TIME			42.27		

300 METRES - 17/5/95

AGE	TIME
Noel FAIRBURN	34 44.42
Ivan ANDRIC	38 46.31
Glen CLAUDEN	41 46.79
Sean DOYLE	433 71.31
Rick LUGG	36 46.22
Paul TWINING	45 49.53
Jill COOPER	57 51.03

20 MIN. TIME TRIAL - 24/5/95

	AGE	TIME
Gerry CLARKE	40	10 Laps
John GREEN	50	11.98
John HORSELING	38	12.180
Mark LENOARD	35	11.180
Gary CANTWELL	35	11.380
Noel FAIRBURN	34	10.340
Jorg KOPLIN	47	10.175
Norm CAMERON	50	10.250
Bob PETRIE	53	10.220
Shannon TODD	Inv.	12.50
Phil SODERSTRON	48	11.250

40 Min. TIME TRIAL - 24/5/95

Richard Todd	47	22.00
David WEAR	48	20.10
Chas McRAE	62	20.10
Glen CLAUDEN	41	25.50
David ROLFE	49	25.50
Trevor WEST	40	21.50
Gray RYAN	44	27.100
Bill LONG	38	24.120
Denise NICOLL	40	19.250
Robyn TODD	45	19.250
Ryan NICOLL	Inv.	15.330
Keith STYLES	52	20.200
Garry MacKenzie	40	19.350
George SIMONS	60	14.150
Paul TWINING	45	26.300
Anne McPHERSON	38	22.160
Rob DREW	41	25.340
Jenny MERRICK	45	19.350

800 METRES - 24/5/95

	AGE	TIME
Gray RYAN	44	2.08
Paul TWINING	45	2.22
Glen CLAUDEN	41	2.30
Noel FAIRBURN	34	2.32
Jenny MERRICK	42	2.37
Gary CANTWELL	35	2.38
Bill LONG	38	2.38
Jorg KOPLIN	47	2.39
Chas McRAE	62	2.57
Richard TODD	47	3.09
David WEAR	48	3.10
Mark LEONARD	35	3.11

300 METRES - 24/5/95

Jorg KOPLIN	47	47.14
June REEVES	49	49.61
Jill COOPER	56	50.57
Richard TODD	53	51.14

3 KLM - 31/5/95

	AGE	TIME
Shannon TODD	Inv.	11.10
Ian UREN	44	11.39
Ivan ANDRIC	38	13.46
Jorg KOPLIN	47	14.06

2 KLM - 31/5/95

	AGE	TIME
Dave SOMMERS	37	6.48
Glen CLAUDEN	41	7.09
Shaun Exton PB	35	7.11
Ian UREN	44	7.20
Rik LUGG	36	7.21
Bill LONG	38	7.31
David WEAR	38	7.41
Peter LEGET	61	7.51
Jorg KOPLIN	47	8.22

400 METRES - 31/5/95 - HEAT 1

Noel FAIRBURN	34	1.01
Jorg KOPLIN	47	1.09
Ian UREN	44	1.10
June REEVES	49	1.11
Jill COOPER	56	1.13

400 METRES - 31/5/95 - HEAT 2

Ross KENT	53	58.8
Richard TODD	53	59.4
Chris CALLAMATTA	42	59.7
Jim SHAND	57	1.03
Mick CARR	41	1.05

5 KLM - 31/5/95

Gray RYAN	44	16.52
John CASTLE	49	17.48
Rik LUGG	36	17.52
Glen CLAUDEN	41	18.48
Dave SOMMERS	37	19.22
Shaun EXTON PB	35	19.43
John HORSELING	38	20.06
Peter LEGET	61	20.09
Rob DREW	41	20.13
David ROLFE	49	20.28
Mark LEONARD	35	20.37
Richard TODD	40	21.02
Anne McPHERSON	38	21.10
Greg SAVAGE	39	21.10
Russell WEST	36	21.11
Chris CALLAMATTA	42	21.23
David WEAR	48	22.13
Keith STYLES	52	23.13
Trevor WEST	40	23.22

Chas McRAE	62	23.22
Bill LONG	38	23.33
Garry MacKenzie	40	23.33
Gerry CLARKE	40	23.34
Noel FAIRBURN	34	23.45
Denise Nicoll PB	40	24.02
Robyn TODD	45	24.02
Mick CARR	42	24.09
George SIMONS	60	25.54
Kevin McLAUGHLIN	51	26.13
Carol BUCKINGHAM	44	27.11
Julie BUTTERFIELD	35	27.16

MAY AT KNOX

May 3 Trophy Night:

1200m - 15 starters, 4 with the right time, so down to one hundredth of a second. Chris Callamatta was .15 sec. so was the winner.

7 km. N.O.T. - two visitors from Croydon. Fastest time to Gray Ryan. Saul Bakaitis found the track so good, he ran an extra lap. The winner was Glen (Pacemaker) Claiden who was spot on. Well done Glen.

10 May

1000m - 15 starters, fastest time to Inv. Matt Morris with very good times and close finish with several recording the same times.

6 Klm - PB TO Shaun Exton, fastest time to Paul Twining. Good runs by new members John Varney and Jorg Koplin.

17 May

Ladder Relay - A very good night for this type of event. Nine teams of 3. Fastest time Rik Lugg Team. Thanks to Ivan's quick thinking in changing Wee Georgie for John Varney. The other 8 teams finished within 4 mins, with the last being 4 mins faster than previous slowest time. This is a very popular relay format at Knox.

24 May

800 metres - Gray Ryan time 2.08 is a track record for a 40+, then he followed this with 27.100 for 40 min. T.T. Great running Gray. Another four passed 25 laps, well done. I had the honour to present Jill Cooper with 100 mts and 400 mts 55+ Vic Records Certificates.

31 May

Another good night at Knox. 2 Klm - PB to Shaun Exton with some good times and close finishes. 400 metres - 2 Heats, very fast runs with first three under 1 min. 5 Klm - Gray Ryan once again very fast time. PB to Shaun Exton and Denise Nicoll. New Member - Gary Cantwell, Welcome to Knox.

Chas McRae

SUBJECT: KNOX VETS RESULTS IN MELBOURNE MARATHON AND HALF MARATHON

Peter,

Please include the following into our May RESULTS

HALF MARATHON

Shaun EXTON	88.15*
Bill LONG	90.15
John HORSELING	91.00*
Peter LEGET	99.00
David WEAR	109.00
* First Time	

MELBOURNE MARATHON

David ROLFE	3.12
Chas McRAE	3.20
Charlie HALL	3.21*
Mick CARR	3.25*
Daryl PETERSEN	3.26 PB
Trevor WEST	3.38 PB
George DYER	3.39
Vern GERLACH	3.54
Keith STYLES	4.17

Congratulations to all runners, especially First Timers and PB's.

Chas McRae

RESULTS FROM CROYDON VENUE - MAY 1995

6 LAP WALK 2.5.1995

1	Barrie WICKS	54	14.59
2	Joy CURTIS	53	16.17
3	Cindy FYSH	34	16.31
4	Denise BANNON	55	16.49
5	Ann PERROTT	62	20.11
6	Frank TUTCHENER	67	21.37
7	Audrey TUTCHENER	66	22.46
8	Joan CLARK	63	22.46

50 METRE SPRINT 2.5.1995

Heat 1:

1	Ron SMITH	46	8.1
2	Aif HETHERTON	66	8.4
3	Jess BASHAM	51	8.8

Heat 2:

1	Ray CROSS	52	8.3
2	Cindy FYSH	34	9.2
3	Frank TUTCHENER	67	10.2
4	Anne CALLAGHAN	57	10.7

600 METER RUN 2.5.1995

1	Glenn CLAUDEN	41	1.43
2	Jim PATTON	48	1.45
3	Philip SODERSTROM	47	1.48
4	Cec McKEOWN	55	1.50
5	Guy AUGUSTIN	51	1.57
6	Ron SMITH	46	2.01
7	Geraldine FENNESSY	34	2.05
8	Frank TUTCHENER	67	2.36
9	Anne CALLAGHAN	57	2.36

200 METRE SPRINT 2.5.1995

Heat 1:

1	Frank TUTCHENER	67	35.0
2	Aif HETHERTON	66	36.0
3	John YATES	67	42.2
4	Anne CALLAGHAN	57	45.9

Heat 2:

1	Ron SMITH	46	31.0
2	Cec McKEOWN	55	31.8
3	Jess BASHAM	51	36.1

Heat 3:

1	Colin PAGE	41	27.9
2	Philip SODERSTROM	47	29.5
3	Guy AUGUSTIN	51	29.7

5. 10 OR 20 LAP RUN 2.5.1995

5 LAPS:

Jim PATTON	48	8.02
Ken MATCHETT	73	8.44
Ron SMITH	46	9.31
Les CLARK	64	9.56
Geraldine FENNESSY	34	10.06
Anne CALLAGHAN	57	10.58
Jess BASHAM	51	11.10
Ray CROSS	52	11.10
John KERR	66	12.21
Joy CURTIS	53	14.28
Rita KERR	65	14.55

10 Laps:

Geoff McGOWAN	41	14.34
John DANIEL	45	16.38
Ron ROTTIER	39	17.33
John GOSBELL	56	18.00
Frank TUTCHENER	67	18.42
Barrie WICKS	54	18.45
Jack FREDERICKSON	56	18.48
Cindy FYSH	34	19.11
Don HOWATSON	71	19.15
Dot BROWNE	53	19.19
Annette BRUNTON	37	19.19
Laurie BLACK	57	20.36
Phyllis GOSBELL	56	21.18
Pat CAVANAGH	54	21.59

20 Laps:

Colin PAGE	41	28.50
Rod MASON	41	29.01
John MONK	48	29.08
Jim INGHAM	49	29.17
Bob CURTIS	53	29.33
Ray MERIDA	50	31.15
Glenn CLAUDEN	41	31.23
Ron LEDINGHAM	47	31.27
Brian MEE	57	32.29
Murray HUTCHISON	46	32.56
Andrew TUNNE	36	33.04
Peter LEGET	61	33.10
Albert BERRY	51	33.36
Lavinia PETRIE	51	35.11
Cec McKEOWN	55	37.30
Keith STYLES	54	40.00
John YATES	67	40.57
Pam RICHARDS (8 laps)	55	18.48

RESULTS FROM CROYDON VENUE - MAY 1995

1 OR 3 KM Walk 9.5.1995

1 Km:

1	Aif HETHERTON	66	8.04
2	Rita KERR	65	8.31

3 Km:

1	Celia KELLY	47	16.57
2	Barrie WICKS	54	18.45
3	Lisa BENTLEY	31	19.31
4	Jan WATSON	48	20.01
5	Joy CURTIS	53	21.09
6	Denise BANNON	55	22.51
Ann PERROTT (2 Laps)	62	8.41	
Joan CLARK (2 Laps)	63	10.00	

70 METRE SPRINT 9.5.1995

Heat 1:

1	Ray CROSS	52	11.3
2	Aif HETHERTON	66	11.7
3	Becky FELDMAN	Inv.	25.9

Heat 2:

1	Jack BUCKINGHAM	9.5
2	Pauline BROWN	11.3
3	Jess BASHAM	11.6
4	Ken MATCHETT	11.7

400 METRE HANDICAP 9.5.1995

Clock Time Actual Time

Heat 1:

1	Aif HETHERTON	66	78.2	77.2
2	Ashley RYAN	40	93.7	54.0
3	Frank TUTCHENER	67	94.2	75.0
4	Cec McKEOWN	55	96.9	63.0
5	Karen TRAVILL	39	97.6	72.0

Heat 2:

1	Don HOWATSON	70	97.3	86.0
2	Les CLARK	64	97.9	93.0
3	Ron ROTTIER	39	100.0	65.0
4	Graham SMITH	52	102.4	76.0

Heat 3:

1	John YATES	67	98.5	95.0
2	David SHEEHAN	48	99.4	59.0
3	Glenn CLAUDEN	41	101.1	68.0
4	Colin PAGE	41	102.7	59.0
5	Jess BASHAM	51	104.5	83.0
6	Nancy CHORLEY	48	105.9	88.0

1st & 2nd from heats + next fastest time to final 16 May.

800 METRE RUN 9.5.1995

1	Glenn CLAUDEN	41	2.28
2	Jim PATTON	45	2.30
3	Cec McKEOWN	55	2.48
4	Jim McGREGOR	49	2.49
5	Karen TRAVILL	38	2.50
6	Frank TUTCHENER	67	3.31

12 LAP RUN 9.5.1995

1	Gray RYAN	44	16.31
2	Brian SIMMONS	39	16.44
3	Colin PAGE	41	16.47
4	Jim INGHAM	49	16.51
5	John MONK	48	16.57
6	Bob CURTIS	53	16.59
7	Geoff McGOWAN	41	17.01
8	Ray MERIDA	51	17.15
9	Murray HUTCHISON	46	17.59
10	Brian MEE	57	18.11
11	Ken MORTON	38	18.40
12	Andrew TUNNE	36	18.42
13	Albert BERRY	51	19.38
14	Jim McGREGOR	49	20.13
15	Ray BLANCHFIELD	51	20.36
16	Ron ROTTIER	39	20.39
17	Ian DUTHIE	51	20.45
18	John GOSBELL	56	20.46
19	Liz FELDMAN	46	20.50
20	Ron BOYNE	62	21.21
21	Laurie BLACK	57	21.40
22	Ken MATCHETT	73	21.45
23	Karen TRAVILL	38	22.12
24	Annette BRUNTON	37	22.13
25	Nancy CHORLEY	48	22.16
26	Don HOWATSON	71	22.46
27	Cindy FYSH	34	22.50
28	Cec McKEOWN	55	22.51
29	Graham SMITH	52	22.54
30	Frank TUTCHENER	67	22.58
31	Richard TODD	47	23.35
32	Keith STYLES	52	23.37
33	Diane PATTON	42	24.12
34	Robyn TODD	45	25.15
35	John YATES	67	24.53
36	Christine SIMMONS	39	25.11

RESULTS FROM CROYDON VENUE - MAY 1995

2/4/6/8 KM TEAM RUN 23.5.1995 Contd.

Team 9:

2km	Karen TRAVILL	39	9.45
4km	Annette BRUNTON	38	16.36
6km	John DANIEL	46	24.28
8km	John CASTLE	49	29.44
Difference +1.03		79.30	80.33

Team 5:

2km	Ron SMITH	46	8.45
4km	Christine SIMMONS	39	18.57
6km	John YATES	67	31.43
8km	Saul BAKAITIS	50	28.43
Difference +1.08		87.00	88.08

Team 8:

2km	Phyllis GOSBELL	56	10.48
4km	Dot BROWNE	54	18.06
6km	Ken MORTON	38	23.48
8km	Bob CURTIS	53	30.42
Difference +6.24		77.00	83.24

Team 6:

2km	Ray CROSS	52	11.08
4km	Barrie WICKS	55	19.33
6km	Robyn TODD	45	26.45
8km	Andrew TUNNE	36	32.35
Difference +6.59		97.00	90.01

Team 2:

2km	Lisa BENTLEY	31	10.11
4km	Pat CAVANAGH	54	21.31
6km	Brian MEE	57	23.30
8km	Brian SIMMONS	39	27.34
Difference +8.46		74.00	82.46

Team 10:

2km	John MONK		6.47
4km	Murray HUTCHISON		15.41
6km	Peter LEIGH		23.58
8km	Rod MASON		DNF
		79.10	

6 LAP WALK 30.5.1995

1	Alison THOMPSON	42	14.11
2	Barrie WICKS	55	14.39
3	Jan WATSON	48	16.06
4	Ray CROSS	52	16.14
5	Joy CURTIS	53	16.15
6	Lynette HILL	49	19.43
7	Audrey TUTCHENER	66	21.20
8	Frank TUTCHENER	67	21.20
9	Joan CLARK	63	22.19

50 METRE SPRINT 30.5.1995

Heat 1:

1	Ray CROSS	52	8.2
2	Cindy FYSH	34	8.2
3	Jan WATSON	48	9.7

Heat 2:

1	Jack BUCKINGHAM	45	6.9
2	Ron SMITH	46	7.0
3	Jess BASHAM	51	7.4
4	Margaret DUGUID	58	7.4

5 OR 10 LAP RUN 30.5.1995

5 Laps:

1	Philip SODERSTROM	48	7.45
2	Lavinia PETRIE	51	8.12
3	Robert PETRIE	53	8.21
4	Annette BRUNTON	38	8.35
5	Janet SWANN	43	9.01
6	Norm CAMERON	50	9.07
7	Ron SMITH	46	9.09
8	Richard TODD	47	9.10
9	Diane PATTON	42	9.11
10	Robyn TODD	45	9.11
11	Geraldine FENNESSY	34	9.18
12	Graham SMITH	52	9.31
13	Anne CALLAGHAN	57	10.52
14	Jess BASHAM	51	11.16
15	Pam RICHARDS	55	11.16
16	Denise SCHOLES	52	11.25
17	Jan WATSON	48	12.09

10 Laps:

1	Brian SIMMONS	39	13.45
2	John MONK	48	14.12
3	Jim INGHAM	49	14.13
4	Bob CURTIS	53	14.29
5	Ray MERIDA	51	14.54
6	Brian MEE	57	15.19
7	Glenn CLAUDEN	41	15.24
8	Andrew TUNNE	36	16.46
9	Colin THOMPSON	47	16.55
10	Chas McRAE	62	17.33
11	Ron ROTTIER	39	17.50
12	Karen TRAVILL	39	18.02
13	Keith STYLES	52	18.08
14	Laurie BLACK	57	18.11
15	Dot BROWNE	54	18.11
16	Frank TUTCHENER	67	18.47
17	Ron BOYNE	61	19.18

RESULTS FROM CROYDON VENUE - MAY 1995

3 x 3 x 800 METRE 30.5.1995

Team 1

Chas McRAE	2.54	2.54	2.50	8.38
Cindy FYSH	3.15	3.12	3.06	9.33
Brian SIMMONS	2.24	2.23	2.24	7.11
Total Team Time				25.22

Team 2 - "Superlegs"

Janet SWANN	2.59	3.07	3.14	9.20
Karen TRAVILL	2.58	2.51	2.51	8.40
John MONK	2.27	2.33	2.33	7.33
Team Total Time				25.33

Team 6

Ron ROTTIER	2.47	2.47	3.07	8.41
Norm CAMERON	2.58	3.07	2.55	9.00
Andrew TUNNE	2.48	2.49	2.53	8.30
Team Total Time				27.11

Team 4

Philip SODERSTROM	2.47	2.50	2.44	8.21
Don HOWATSON	3.15	3.22	3.20	9.57
Annette BRUNTON	3.03	3.03	3.01	9.07
Team Total Time				27.25

Team 5

Colin THOMPSON	2.50	2.54	2.57	8.41
Glenn CLAUDEN	2.41	2.48	2.44	8.13
Nancy CHORLEY	3.10	3.17	3.18	9.45
Team Total Time				27.39

5 OR 10 LAP RUN 30.5.1995

Total 10 Laps Contd.:

18	Don HOWATSON	71	19.19
19	Alison THOMPSON	42	19.28
20	Barrie WICKS	55	19.28
21	Christine SIMMONS	39	19.40
22	Cindy FYSH	34	19.46
23	Cec McKEOWN	55	19.46
24	John YATES	67	21.57
25	Pat CAVANAGH	54	22.06
26	Phyllis GOSBELL	56	22.50
	Lynette HILL (4 Laps)	49	12.02
	John SZYMANSKI (6 Laps)	37	12.32

WALKERS * WALKERS * WALKERS

10 KM Walks will be held from Mentone, open to walkers of all abilities, on the following Sunday mornings at 8.30 a.m.

	Jun. 25th
Jul. 23rd	Aug. 27th
Oct. 22nd	Nov. 19th
	Dec. 17th

Make it a New Years Resolution to compete in as many of these monthly Time trials as you can. If the weather is too hot or cold 5 KMS or 15 Kms may be substituted.

For further information ring John BECK 583 0934

ADVERTISERS WANTED

We have room for a few small advertisements in future copies of "AROUND THE GROUNDS". Have you a business that you would like the members to be aware of. This way you can help the Club and yourself at the same time. The cost is very small. Ring me on 795 1169 for information. Ed.

RESULTS FROM CROYDON VENUE - MAY 1995

12 LAP RUN 9.5.1995 Contd.

37 Ashley RYAN	40	25.12
38 Pat CAVANAGH	54	26.31
39 Pauline BROWN	50	26.35
Ann PERROTT (2 Laps Wlk)	62	5.40
Joan CLARK (2 Laps Walk)	63	6.32
Jess BASHAM (5 Laps)	51	8.04
Joy CURTIS (5 Laps)	53	12.37
Les CLARK (6 Laps)	64	10.59
Barrie WICKS (8 Laps)	54	13.57
John SZYMANSKI (8 Laps)	37	15.36

5 LAP WALK 16.5.1995

1 Alison THOMPSON	42	11.30
2 Tina LEB	61	12.16
3 Barrie WICKS	54	12.31
4 Lisa BENTLEY	31	12.36
5 Jan WATSON	48	13.28
6 Denise BANNON	55	15.55
7 Rita KERR	65	17.43
8 Audrey TUTCHENER	66	18.01
9 John KERR	66	18.03
10 Joan CLARK	63	19.25

50 METRE SPRINT 16.5.1995

Heat 1:

1 Ken MATCHETT	73	8.9
2 Cindy FYSH	34	9.2
3 Jan WATSON	48	9.7
4 Anne CALLAGHAN	57	10.8

Heat 2:

1 Jack BUCKINGHAM	45	7.1
2 Geraldine FENNESSY	34	8.3
3 Jess BASHAM	51	8.7

Heat 3:

1 Alf HETHERTON	66	8.6
2 Margaret DUGUID	58	9.0
3 Frank TUTCHENER	67	11.1

1000 METRE RUN 16.5.1995

1 Jim PATTON	48	3.22
2 Ken MORTON	38	3.30
3 Cec McKEOWN	55	3.32
4 Jim McGREGOR	49	3.37
5 Colin THOMPSON	47	3.37
6 Karen TRAVILL	39	3.38
7 Janet SWANN	43	3.46
8 John SZYMANSKI	37	3.57
9 Cindy FYSH	34	4.00
10 Anne CALLAGHAN	57	4.40

400 METRE HANDICAP FINAL 16.5.1995

P		Clock Time	Actual Time
1	Les CLARK	64 91.9	87.9
2	Don HOWATSON	71 94.1	83.1
3	Frank TUTCHENER	67 94.5	75.5
4	John YATES	67 95.3	91.3
5	Ashley RYAN	40 96.2	57.2
6	Glenn CLAUDEN	41 98.6	65.6
7	Alf HETHERTON	66 101.8	82.8

8 LAP HANDICAP 16.5.1995

	Clock Time	Actual Time
1 Cec McKEOWN	55 16.38	12.43
2 Ron SMITH	47 16.53	14.33
3 Carol BUCKINGHAM	44 16.55	16.30
4 John MONK	48 17.05	11.05
5 Don HOWATSON	71 17.05	14.30
6 Laurie BLACK	57 17.22	14.17
7 Murray HUTCHISON	46 17.24	10.59
8 Ray MERIDA	51 17.26	11.26
9 Ron ROTTIER	39 17.26	12.51
10 Colin PAGE	41 17.27	10.37
11 Norm CAMERON	50 17.29	14.09
12 Cindy FYSH	34 17.29	14.44
13 Ron BOYNE	61 17.30	13.35
14 Pauline BROWN	50 17.31	16.36
15 Anne CALLAGHAN	57 17.32	16.07
16 Andrew TUNNE	36 17.33	12.03
17 Graham SMITH	52 17.35	14.10
18 Jim INGHAM	49 17.37	11.12
19 Ken MATCHETT	73 17.38	14.28
20 Richard TODD	47 17.39	13.29
21 Ian UREN	44 17.39	12.24
22 Philip SODERSTROM	48 17.45	12.25
23 Glenn CLAUDEN	41 17.46	11.56
24 John YATES	67 17.49	15.39
25 Annette BRUNTON	37 17.50	13.10
26 John CASTLE	49 17.52	11.22
27 Karen TRAVILL	39 17.53	13.43
28 Frank TUTCHENER	66 17.54	14.29
29 Geraldine FENNESSY	34 17.55	15.10
30 Nancy CHORLEY	48 17.56	14.21
31 Bob CURTIS	53 18.00	11.30
32 Brian SIMMONS	39 18.01	10.46
33 Colin THOMPSON	47 18.03	13.03
34 Barrie WICKS	54 18.05	15.15
35 Alison THOMPSON	42 18.07	15.27

RESULTS FROM CROYDON VENUE - MAY 1995

8 LAP HCP 16.5.1995 Contd.

	Clock Time	Actual Time
36 Les CLARK	64 18.12	16.32
37 Brian MEE	57 18.15	12.15
38 Jim McGREGOR	49 18.17	12.57
39 Lavinia PETRIE	51 18.23	13.08
40 John DANIEL	46 18.29	12.24
41 Keith STYLES	52 18.33	14.38
42 Dot BROWNE	54 18.34	14.34
43 Jess BASHAM	51 18.52	17.27
44 Phyllis GOSBELL	56 19.00	18.10
45 Bill BAXTER	57 19.08	16.53
46 Lisa BENTLEY	31 19.08	16.58
47 John KERR	66 19.09	17.04
48 Ray BLANCHFIELD	51 19.19	14.14
49 Christine SIMMONS	39 19.22	15.42
50 John GOSBELL	56 20.32	15.32
51 Jan WATSON	48 20.42	20.32

4 LAP WALK 23.5.1995

1 Tina LEB	62	9.30
2 Barrie WICKS	55	9.37
3 Lisa BENTLEY	31	9.54
4 Jan WATSON	48	10.20
5 Pat CAVANAGH	54	12.27
6 Lynette HILL	49	13.43
7 Audrey TUTCHENER	66	13.48
8 Frank TUTCHENER	67	13.49
9 Joan CLARK	63	15.37

70 METRE SPRINT 23.5.1995

Heat 1:

1 Jess BASHAM	51	11.4
2 Ken MATCHETT	73	11.5
3 Cindy FYSH	34	11.5

Heat 2:

1 Ray CROSS	52	10.9
2 Frank TUTCHENER	67	11.7
3 Michael VAJNA	25	11.7

Heat 3:

1 David SHEEHAN	48	9.3
2 Jack BUCKINGHAM	45	9.6
3 Ron SMITH	46	10.3

300 METRE SPRINT 23.5.1995

Heat 1:

1 David SHEEHAN	48	39.2
2 Ashley RYAN	40	39.9
3 Ron ROTTIER	39	43.9
4 John MONK	48	47.1

300 METRE SPRINT 23.5.1995 Contd.

Heat 2:

1 Karen TRAVILL	39	54.4
2 Frank TUTCHENER	67	56.5
3 Jess BASHAM	51	57.4
4 Cindy FYSH	34	58.1
5 Michael VAJNA	25	62.1

1500 METRE RUN 23.5.1995

1 Glenn CLAUDEN	41	5.02
2 Brian SIMMONS	39	5.03
3 Jim PATTON	40	5.09
4 Cec McKEOWN	55	5.27
5 Ian UREN	44	5.28
6 Karen TRAVILL	39	5.45
7 Cindy FYSH	34	6.05
8 Ken MATCHETT	73	6.20
9 Don HOWATSON	71	6.31

2/4/6/8 KM TEAM RUN 23.5.1995

	Nom. Time	Actual Time
Team 4:		
2km Jess BASHAM	51	10.35
4km Philip SODERSTROM	48	15.45
6km Ron ROTTIER	39	26.00
8km Colin PAGE	41	27.44
Difference +0.04		80.00 80.04

Team 7:

2km Norm CAMERON	50	8.38
4km Nancy CHORLEY	48	17.59
6km Ian UREN	44	24.03
8km Jim INGHAM	49	30.25
Difference +0.35		80.30 81.05

Team 3:

2km Ashley RYAN	40	7.13
4km Cindy FYSH	34	18.12
6km Ray MERIDA	51	22.34
8km Glenn CLAUDEN	41	31.36
Difference -0.40		80.15 79.35

Team 1:

2km Les CLARK	64	10.51
4km Richard TODD	47	17.34
6km Ron BOYNE	61	26.44
8km Cec McKEOWN	55	34.04
Difference +0.50		88.23 89.13

9 Cindy FYSH 34 4.00
10 Anne CALLAGHAN 57 4.40

34 Barrie WICKS 54 18.05 15.15
35 Alison THOMPSON 42 18.07 15.27

3 Ron ROTTIER 39 43.9
4 John MONK 48 47.1

RESULTS OF MEETING AT CAULFIELD VENUE - MAY 1995

400M (H/C) 2.5.95	Age	Fin	H/c	10 LAPS WALK - 2.5.95	Age	Fin	H/c
Betty MARK	47	1.32.4	10s	Kevin McGRATH	64	30.57	1.50
Bob WISHART	53	1.34.0	35s	Ralph FIELD	81	31.37	2.30
Les WILLIAMS	39	1.34.8	38s	Joy HERBERT	51	32.04	9.00
Jeff BOOT	39	1.35.0	33s	Darrel POLGLAISE	55	32.29	4.20
Ross KENT	53	1.35.7	36s	Sandra MIDDLETON	46	32.22	6.40
Doug ADENEY	50	1.36.0	33s	Ken LaROCHE	60	32.32	9.30
Domenick MORINA	56	1.36.4	14s	Frank WARREN	69	32.33	4.30
Howard ROSS	50	1.39.0	24s	Terry CROWLEY	61	34.38	3.00
Case HUYSMANS	62	1.43.0	20s	Des MIDDLETON	48	36.48	9.00
Leo CHARLES	62	1.44.0	26s				
Steve ZIMARIS	37	1.47.0	35s				

3K RUN SEALED H/C - 2.5.95	Fin	H/c time	100M H/c - 9.5.95	Age	Fin	H/c
Domenick MORINA	56	13.33	Bob WISHART	53	11.72	(Sc)
Maree TOMKINS	34	11.41	Olly WARNS	Inv	12.06	(10m)
Paul MEREDITH	34	13.04	Ian BRITTAI	61	12.32	(24m)
Terry STUBBS	45	12.50	Paul MEREDITH	34	12.37	(18m)
Roy STANWAY	61	11.39	Judy HALL	53	12.91	(20m)
Jane STURZAKER	42	14.54				
Ray VALLANCE	50	12.09				
Howard ROSS	50	11.57				
Michael HEFFERNAN	60	13.00				
Case HUYSMANS	62	12.49				
Kevin BROWNE	58	12.34				
Chris CLARK	41	12.49				
Gerry BLANCHFIELD	52	13.22				
Mark BENJAMIN	58	13.36				
Judy WINES	57	14.54				
Rhonda TREN GROVE	47	13.42				
Les WILLIAMS	39	11.16				
Imelda LESBIREL	42	16.51				
Lee COX	46	16.51				
Betty MARK	47	16.42				

1st Bob Wishart
2nd Ian Brittain
3rd Paul Meredith

800M RUN - 9.5.95

Les WILLIAMS	39	2.13.7
Jeff BOOT	39	2.23.3
Doug ADENEY	50	2.24.9
Chris CLARK	41	2.36.1
Stephen YOUNG	42	2.48.0
Eddy STACK	61	2.49.0
Bob WISHART	53	2.59.0

1st Domenick Morina, 2nd Maree Tomkins
3rd Paul Meredith, Equal 4th Terry Stubbs/Bob Power

TEAM EVENT - Est Time - One Runner/One Walker - 10 Laps - 9.5.95

Walker	Runner	Combined Time	Walker	Actual Time	Runner	Actual Time	Diff
Maureen Seedsman	Judy Wines	45.40	M. Seedsman	24.58	J. Wines	20.35	7s
Kevin McGrath	Paul Meredith	49.10	K. McGrath	28.31	P. Meredith	20.48	9s
Des Middleton	Peter McGrath	43.40	Des Middleton	24.44	P. McGrath	19.13	17s
Jane Thompson	Chris Clark	47.00	Jane Thompson	26.24	Chris Clark	19.57	37s
Darrel Polglase	Mike Heffernan	46.00	D. Polglase	27.48	M. Heffernan	17.37	35s
Joy Herbert	Gabriel	39.00	Joy Herbert	23.16	Gabriel	14.43	61s
Frank Warren	Terry Stubbs	48.00	F. Warren	27.20	Terry Stubbs	19.57	43s
Ralph Field	Stephen Young	50.00	Ralph Field	29.35	Steve Young	19.57	28s
Joan Clarke	Jeff Boot	45.00	Joan Clarke	28.47	Jeff Boot	14.36	1.37s
Glad Wishart	Case Huysmans	46.00	G. Wishart	27.44	C. Huysmans	17.10	66s
Rodney Ford	Gerry Blanchfield	36.45	Rodney Ford	16.17	G. Blanchfield	18.12	2.06
Sandra Middleton	Kevin Browne	43.00	S. Middleton	25.23	Kevin Browne	17.18	19s
Bernadette McGrath	Robert	49.25	B. McGrath	28.29	Robert	17.52	3.03
Ken LaRoche	Lee Cox	47.40	Ken LaRoche	22.25	Lee Cox	22.35	2.40
Rhonda Trengrove	Jim McLure	32.25	Rhonda	18.15	Jim McLure	14.47	37s
No partner					Peter Battrick	17.29	
No partner	Jill Rolls	19.57					

Closest to estimated time: Maureen Seedsman and Judy Wines - within 7 seconds

RESULTS OF MEETING AT CAULFIELD VENUE - MAY 1995

200M H/C SPRINT - 16.5.95

Kevin McGRATH	64	38.65	3s
Domenick MORINA	56	39.10	4s
Andy SMITH	80	40.05	Go
Bob WISHART	53	40.09	14s
Ross KENT	53	41.10	13s
Chris CLARK	41	41.43	11s
Stephen YOUNG	42	45.64	13s

1000M RUN H/c - 16.5.95

Fred BICHSEL	58	3.41	55m
Les WILLIAMS	39	2.51	Scr
Don PRITCHARD	45	4.12	1.14

5k H/c RUN (SEALED) 16.5.95

	Actual	H/cap	
Jane STURZAKER	42	24.52	16.22
Jim McLURE	49	18.10	16.30
Michael HEFFERNAN	60	21.54	16.39
Kevin BROWNE	58	21.32	16.47
Rob OSBORNE	42	19.42	16.52
Peter McGRATH	55	22.46	17.16
Gabriel CARMONA	52	19.00	17.25
Paul MEREDITH	34	23.28	17.28
Mark BENJAMIN	58	22.49	17.34
Case HUYSMANS	62	22.12	17.37
Stephen YOUNG	42	21.55	17.40
Gerry BLANCHFIELD	52	23.13	17.43
Lesley GRIMES	34	19.49	17.49
Robert McKENNA	46	19.50	17.50
Les WILLIAMS	39	19.21	18.06
Bob POWER	57	21.12	18.07
Doug WALLACE	54	21.20	18.20
Greg MAULDON	57	22.32	18.32
Judy WINES	57	26.13	18.43
Imelda LESBIREL	42	29.10	19.10
Betty MARK	47	29.29	20.29
Des MIDDLETON	48	22.47	20.47
Domenick MORINA	56	26.36	21.06
Peter BATTRICK		26.08	21.08
Terry STUBBS	45	26.13	21.08
David MELDRUM	69	31.15	22.30
Chris CLARK	41	29.29	24.59

3K H/c WALK - 16.5.95

	FIN	H/c Time	
Ken LaROCHE	60	16.08	23.18
Ralph FIELD	81	21.45	23.45
Frank WARREN	69	19.53	23.53
Joy HERBERT	51	17.06	24.16
Margaret MARION	54	20.15	24.15
Kevin MARION	59	18.31	24.31
Darrel POLGLASE	55	20.33	24.33
Sandra MIDDLETON	46	24.33	18.33
Bernadette McGRATH	53	20.58	20.58
Andy SMITH	80	25.15	25.15
Jane THOMPSON	40	11.46	DNF

100M SPRINT - 23.5.95

Bob WISHART	55	11.68	(Sc)
Steve ZIMARIS	38	12.02	(5Mtr)
Jan MORREY	55	12.50	(20Mtr)
Domenick MORINA	56	12.78	(28Mtr)

600M H/cap - 23.5.95

Les WILLIAMS	39	2.29.3	(58sec)
Fred BICHSEL	58	2.30.1	(35sec)
Eddie STACK	61	2.31.1	(35sec)
Doug ADENEY	50	2.31.8	(50sec)
Ian BRITTAI	61	2.38.0	(33sec)
Jan MORREY	55	2.42.2	(33sec)
Domenick MORINA	56	2.46.4	(32sec)
Andy SMITH	80	2.48.0	(Go)
Don PRITCHARD	45	2.49.7	(33sec)
Kevin McGRATH	64	2.59.6	(16sec)

5K WALK H/cap - 23.5.95

	With H/c	Actual	H/c
Ken LaROCHE (PB)	39.16	27.46	11.30
Frank WARREN	39.30	33.30	6.00
Sandra MIDDLETON	39.43	31.43	8.00
Glad WISHART	40.00	34.00	6.00
Darrel POLGLASE	40.04	34.04	6.00
Maureen SEEDSMAN	40.10	31.10	9.00
Kevin MARION	40.16	31.16	9.00
Ralph FIELD	40.20	37.20	3.00
Joy HERBERT	40.50	29.20	11.30
Vic HARLEY	42.00	33.00	9.00
Jill ROLLS	43.14	38.14	5.00
Margaret MARION	43.42	37.12	6.30
Noel FINN	44.11	44.11	Go
Domenick MORINA	45.02	37.02	8.00

RESULTS OF MEETING AT CAULFIELD VENUE - MAY 1995

10K SEALED HANDICAP - 23.5.95

	Age	Actual	W/h/c	H/c
Jim McLURE	49	37.05	35.45	1.20
Gaby CARMONA	52	37.13	35.33	1.40
Greg WILLIAMS	42	37.32	36.32	1.00
Rob OSBORNE	42	38.31	35.31	3.00
Rob McKENNA	Inv	41.02	37.42	3.20
Rodney FORD	54	42.32	36.32	6.00
Case HUYSMANS	62	42.52	36.32	6.20
Doug WALLACE	54	43.19	37.59	5.20
Bob POWER	52	43.43	38.23	5.20
Pete BATTRICK (PB)	51	43.47	35.17	8.30
Mike HEFFERNAN	60	45.11	36.11	9.00
Kevin BROWNE	58	45.20	38.20	7.00
Greg MAULDON	57	47.22	40.22	7.00
Peter McGRATH	55	47.38	38.08	9.30
Terry STUBBS	45	47.43	38.23	9.20
Jane STURZAKER	42	51.35	36.05	15.30
Jim SINCLAIR	70	54.03	34.33	19.30

Winner on Sealed Handicap

- 1st - Jim Sinclair (34.33)
 2nd - Pete Battrick (35.17)
 3rd - Rob Osborne (35.31)

6KM RUN - 30.5.95

Les WILLIAMS	39	21.14
Gabriel CARMONA	52	21.44
Jim McLURE	49	22.11
Rob OSBORNE	42	23.06
Keith ALEXANDER	44	23.46
Robert McKENNA	45	23.47
Doug WALLACE	54	25.45
Mike HEFFERNAN	60	26.16
Pete BATTRICK	51	26.45
Greg MAULDOON	57	27.39
Ben MORREY	66	27.40
Terry STUBBS	45	27.53
Mark BENJAMIN	58	28.00
Peter McGRATH	55	28.01
Kevin BROWNE	59	28.10
Graham PROSSER	40	28.37
Stephen YOUNG	43	28.41
Rhonda TREN GROVE	47	28.42
Domenick MORINA	56	28.55
Paul MEREDITH	34	30.40
Judy WINES	57	32.06
Imelda LESBIREL	42	33.20

4K WALK - 30.5.95

Ken La ROCHE	60	22.11
Des MIDDLETON	48	24.12
Ron BILSTON	51	24.47
Sandra MIDDLETON	46	24.56
Maureen SEEDSMAN	57	25.08
Kevin MARION	59	25.09
Vic HARLEY	69	25.13
Gordon GOURLAY	66	25.20
Frank WARREN	69	26.51
Glad WISHART	51	27.04
Darrel POLGLASE	55	27.09
Ralph FIELD	81	29.41
Jill ROLLS	47	30.09
Nola FINN	58	31.47
Joy HERBERT	51	5 Laps
Kerrie TAYLOR	31	5 Laps

100M SPRINT - 30.5.95

Mike JOHNSTON	72	11.51	18 Mtrs
Bob WISHART	53	11.94	Scr
Stan STANKOVIC	72	12.09	18 Mtrs
Ross KENT	53	12.34	1 Mtr
Domenick MORINA	56	12.87	28 Mtrs
Kevin McGRATH	64	13.01	24 Mtrs
Gordon GOURLAY	65	13.57	24 Mtrs

400M H/C RUN - 30.5.95

Kevin McGRATH	64	1.23	Go
Fred BICHSEL	58	1.28.7	17 sec
Mike JOHNSTON	73	1.29.1	19 sec
Ross KENT	53	1.32.6	34 sec
Stephen YOUNG	43	1.32.8	34 sec
Don PRITCHARD	45	1.33.6	19 sec
Eddie STACK	61	1.33.8	20 sec
Doug ADENEY	50	1.34.2	31 sec

RESULTS FROM COLLINGWOOD VENUE -- MAY, 1995

2.5.95

110 METRES		
Don WARDEN	71	19.00
Jane KINSEY	54	19.86
David MCCORMACK	42	20.23
Christine GRIFFITHS	46	20.96
Anne MCCORMACK	41	21.70
1000 METRES		
Russell SEVERINO	42	3.01
George RENNIE	53	3.06
David MCCORMACK	42	3.13
Christine GRIFFITHS	46	4.42
200 METRES - Heat 1		
Don WARDEN	71	36.20
Jane KINSEY	54	37.55
Christine GRIFFITHS	46	40.30
Anne MCCORMACK	41	41.30
Heat 2		
Dennis O'HEHIR	41	27.10
Keith MOODY	51	28.10
George RENNIE	53	30.35
David MCCORMACK	42	31.40
John PEACOCK	58	35.70
(3 laps)		
Don WARDEN	71	6.20
2Km (walk)		
Murray DICKINSON	56	9.45
4 KM		
Russell SEVERINO	42	13.30
Keith MOODY	51	15.13
Mal BROWN	54	15.23
Graeme PAUL	41	15.36
Keith LODGE	64	15.39
John ANNEAR	59	15.55
Alan FRYDAY	48	15.57
Denny MARTIN	46	15.58
Leo JONES	54	16.14
Gary BELL	41	17.46
Keith ALEXANDER 12 laps	45	18.05
Russell ROLLES	49	19.50
Norm DUFF	64	19.56
Christine GRIFFITHS	46	20.54
(7 laps walk)		
Carmel ROCK	43	22.35
Jane KINSEY	54	24.31
6 KM		
Guido SMOGLIAN	40	23.14
Ray HARBERT	55	24.52
John MERORY	49	24.55
Ian MORGAN	49	24.56
John PEACOCK	58	25.04
Bill RYAN	54	26.47
Ron YOUNG	64	27.16
Shirley YOUNG	65	30.39
Julie MAPLESTONE-RUSSELL	43	30.53
8 KM		
Dennis O'HEHIR	42	30.09
David MCCORMACK	42	30.16
Rod BAYLEY	48	32.12
Wes WINDSOR	50	32.19
John PEACOCK	52	33.22

8 km Continued

Michael KENNEDY	41	34.06
Anne MCCORMACK	41	41.45
Dick KIRKMAN	76	46.09
Bernie LESLIE	59	46.09
9.5.95		
50 METRES		
Jane KINSEY	54	9.25
Christine GRIFFITHS	46	9.75
800 METRES		
Keith MOODY	51	2.26.80
Dennis O'HEHIR	42	2.36.35
Wasył DROSDOWSKY	44	2.49.48
Malcolm BROWN	54	2.49.85
Bill RYAN	54	2.54.80
Christine GRIFFITHS	46	3.35.42
300 METRES		
Keith MOODY	51	46.90
John PEACOCK	58	59.73
Jane KINSEY	54	63.85
Christine GRIFFITHS	46	66.89
3 KM		
Mal BROWN	54	11.35
Tek YEO	52	12.20
Bill RYAN	54	12.45
Wasył DROSDOWSKY	44	13.03
Peter BLACK	49	13.06
Keith MOODY	50	13.36
Russell ROLLS	49	14.21
Mark ERDODI	32	14.37
Deanne ERDODI	29	14.37
Heather JOHNSTONE	51	15.36
Gary BELL	41	16.06
Jane KINSEY	54	16.55
Christine GRIFFITHS	46	19.33
Kim ERDODI	31	21.38
5000 METRES		
Dennis O'HEHIR	42	18.32
Westly WINDSOR	50	18.35
Ron WILSON	49	19.00
Graeme PAUL	41	19.36
Rod BAYLEY	48	19.49
Mike KENNEDY	41	20.10
John PEACOCK	58	20.21
Denny MARTIN	46	20.27
Ian MORGAN	49	20.57
Guido SMOGLIAN	40	21.11
Norm DUFF	64	21.26
Ray HARBERT	55	22.11
John NOONAN	51	25.06
Shondra HILL	47	28.55
Dick KIRKMAN	77	30.01

NEW SINGLET'S

These are available from
 Eric GREAVES 560 2971
 Mens \$15.00 Post \$2.00
 Womens \$10.00 (cotton) "
 \$15.00 (mesh) "

Rod BAYLEY	48	32.12
Wes WINDSOR	50	32.19
John POCOCK	52	33.22

Mens	\$15.00	Post \$2.00
Womens	\$10.00	(cotton)
	\$15.00	(mesh)

RESULTS FROM COLLINGWOOD VENUE - MAY, 1995

16.5.95

110 METRES			
Keith MOODY	51	20.19	
Jane KINSEY	54	20.20	
1500 M. HANDICAP			
John PEACOCK (Trophy)		7.24	1.50 5.34
Russell SEVERINO	42	7.25	2.50 4.35
Paul BANN	40	7.28	2.30 4.58
Wasył DROSDOWSKY	44	7.30	1.50 5.40
Sarah RENNIE	Inv.	7.32	Go 7.32
George RENNIE	53	7.42	2.40 5.02
Keith MOODY	51	8.03	2.40 5.23

400 METRES			
Keith MOODY	51	62.20	23.5.95 - Continued
George RENNIE	53	65.27	2 KM
Wasył DROSDOWSKY	44	68.44	

4000 METRES			
Geoff PRATT	45	15.43	Russell SEVERINO 42 6.38
Leo JONES	54	15.51	Ian MCLEOD 49 7.02
John PEACOCK	58	15.53	Guido SMOGLIAN 40 7.33
Denny MARTIN	46	16.13	Rod DILNUTT 7.44
Rod BAYLEY	48	17.06	Wasył DROSDOWSKY 44 8.09
Keith LODGE	64	17.55	Peter SLATTER 50 8.37
Garry BELL	41	18.26	Janine JOHNSTON 35 8.57
Wasył DROSDOWSKY	44	19.26	Peter BLACK 49 9.11
Dennis O'HEHIR	42	19.27	Russell ROLLS 49 9.15
Peter BLACK	49	19.56	Murray DICKINSON 56 9.20 W
Graham HUNTINGTON	57	19.56	Val MCLEOD 48 9.28
Bernie LESLIE	59	22.12	Heather JOHNSTONE 51 9.56
Helen BROWN	54	23.40	Kim WHITE 30 10.16
Anna PARLIEVLIET-Walk	52	29.17	Helen BROWN 54 11.24
6000 METRES			
Paul BANN	40	24.35	Jane KINSEY 54 11.34
Ray HARBERT	56	25.40	Carol RYAN 50 12.26
8000 METRES			
Mal BROWN	54	31.50	Christine GRIFFITHS 46 14.54 W
John NOONAN	52	40.15	Dick KIRKMAN 77 23.52

10,000 METRES			
Russell SEVERINO	42	36.21	10 laps (4K)
Ken SENIOR	49	36.38	6KM
John POCOCK	56	42.55	Mike LETCH W.C.C. 46 17.50
Mike KENNEDY	41	43.17	Ian GAINNEY W.C. 42.50 17.50
Guido SMOGLIAN + two	40	44.03	Patrick KELLY Inv. 21.36
Bill RYAN	54	45.55	Keith MOODY 51 23.02
Keith MOODY	51	46.02	Ron YOUNG - 1 64 23.03
Dick KIRKMAN	77	59.17	Mal BROWN 54 23.17
23.5.95			
70 METRES			
Jane KINSEY	54	12.53	Geoff PRATT 45 23.18
Christine GRIFFITHS	46	13.15	Rod BAYLEY 48 23.38
600 METRES			
Keith MOODY	51	1.51	Norm DUFF 45 24.00
Wasył DROSDOWSKY	44	1.54	Wes WINDSOR 50 24.02
Mal BROWN	54	1.58	John POCOCK 56 24.18
John PEACOCK	58	2.08	Leo JONES 54 24.20
150 METRES - Heat 1			
Mark ERDODI	32	19.38	John PEACOCK 58 24.28
Keith MOODY	51	20.70	Ray HARBERT 56 24.39
John PEACOCK	58	25.60	Keith LODGE 64 25.45
Heat 2			
Deanne ERDODI	29	24.10	Tek YEO 52 25.49
Jane KINSEY	54	26.41	Bill RYAN 54 26.09
Christine GRIFFITHS	46	28.70	Shirley YOUNG 65 28.30
Oriana MADONIA	34	29.50	John NOONAN 52 29.33

FROM COLLINGWOOD VENUE - MAY, 1995

30.5.95		
100 METRES		
Keith MOODY	51	13.80
John BARBARO	49	13.82
Kane KINSEY	54	17.88
Christine GRIFFITHS	46	18.48
ONE MILE		
Mal BROWN	54	5.51.0
Christine GRIFFITHS	46	8.02.50

200 METRES		
Keith MOODY	51	28.42
Russell SEVERINO	42	30.24
John PEACOCK	58	36.35
Jane KINSEY	54	37.90
Christine GRIFFITHS	46	39.90

4KM		
Ian GAINNEY W.C.	42	11.50
Mike LETCH W.C.	46	11.51
Patrick KELLY	Inv.	13.36
David MARBURG	45	14.18
Keith MOODY	51	15.01
Geoff PRATT	45	15.08
Mal BROWN	54	15.30
Leo JONES	54	15.44
Keith LODGE	64	15.51
John PEACOCK	58	16.10
John MERORY	49	16.20
John BARBARO	49	16.25
Graeme PAUL	41	16.31
Rod BAYLEY	48	16.39
Wes WINDSOR	50	16.40
Norm DUFF	64	16.54
Ron YOUNG	64	17.36
Peter BLACK	49	18.05
Russell SEVERINO	42	18.40
Alan FRYDAY	48	18.40
Garry BELL	41	19.01
John NOONAN	52	19.41
Dick KIRKMAN	77	22.36
Christine GRIFFITHS	46	22.40

8KM		
John POCOCK	56	32.47
Ray HARBERT	56	32.49
Mike KENNEDY	41	33.36
Bill RYAN	54	36.08
Guido SMOGLIAN	40	36.09

ALTONA VENUE

Sunday 7th May 1995
Cherry Lake run
2 laps - 8.0km.

Stan BELCHER	52	35.15
Graeme MURFETT	54	35.51
Lois JONES	56	39.48
Heather MURFETT	54	42.56

1 lap - 4.5km.

Helen STEADMAN	46	20.23
Lorraine WOODMAN	58	22.15
Jack MACGLASHAN	63	24.36
Alan BARLING(W)	62	26.28
Harry PRESTON	84	42.38

Sunday 14th May 1995
Breakfast run at Cherry Lake.
2 laps - 8.0km.

Michael ORELLI	51	34.33
Lois JONES	56	39.26 PB.
Heather MURFETT	54	42.20 PB.
Jack MACGLASHAN	63	46.46

1 lap - 4.5km.

John ANNEAR	59	19.17
Graeme MURFETT	54	19.47
Cathy CURTIS	33	20.10
Helen STEADMAN	46	20.21 PB.
Les JARRY	66	25.04
Harry PRESTON	84	42.25 PB.

Sunday 21st May 1995
Around Williamstown from Normans.
10km.

John ANNEAR	59	44.28
Michael RICHARDS	51	44.28
Mark McKEON	Inv	46.57
Graeme MURFETT	54	50.50
Heather MURFETT	54	53.00
Jack MACGLASHAN	64	61.02

8.6km.

Les JARRY	66	56.23
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6.0km.

Harry PRESTON	84	65.34
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CONGRATULATIONS! to Cathy Curtis and Michael Orelli on their recent engagement.

RESULTS FROM SPRINGVALE VENUE

26-4-95

5KM RUN		
Brian HOLCOMBE	49	20.18
Karl FAUVRELLE	54	20.22
George PARADOSWKI	46	20.42
Kevin ONLEY	61	23.05
Alan DOUGLAS	49	19.39
Ian ORR	44	19.38
Leigh CASSIDY	47	19.56
Ross MARTIN	43	17.00
Peter FIELD	37	17.31
Jenny FILED	36	23.24
Juan PEREZ	55	20.35
Bruce FERRIER	42	18.35
Eric GREAVES	47	16.52
John ABEL	45	21.04
Don CORRIE	45	23.37
Charles LEHNE	36	17.48
Alf SMITH	63	26.11
Stan JORDAN	48	20.04
Neil GRAY	47	17.19
Trevor JUPP	54	22.41
Jim SINCLAIR	70	26.21
Sam DEFANIS	47	18.41
Ron LITTLE	51	21.17
Celia KELLY	46	23.37
Tony JOHNSON	54	19.14
Dave TALBOT	40	20.28
Sean FLANAGAN	35	21.34
Simon STARGOT	48	20.34
Lindsay MYALL	57	23.23
Laurie CROUCH	55	19.41
Dean COPLAND	40	17.27
Helen MYALL	52	24.21
Tom GALLAGHER	46	20.07
Nicole CROUCH	INV	26.35
Rob CLUTTERBUCK	42	17.03
Paul MULLINS	54	19.28
Laurie TELFER	47	20.15
Voyo NIKOLICH	50	23.38
John MANNING	49	23.02
Peter BATTRICK	51	22.00
Theresa BAIRD	53	20.46
Ernie JEFFS	50	25.17
Ken HOUGH	50	23.53

3-5-95

120 METRES RUN		
1. Paul OLSSON	38	14.65
2. Steve BEATTIE	35	14.82
3. Mike HALL	56	15.59
800 METRES RUN		
1. Dean COPLAND	40	2.09.80
2. Bill HAINS	32	2.11.36
3. Trevor ROLLINSON	47	2.13.44
4. Peter FIELD	37	2.15.89

3-5-95

800 METRES RUN - CONT			
5. John FREAME	44	2.18.02	
6. Ron MUIR	43	2.18.31	
7. Stan JORDAN	48	2.29.26	
8. Allan ALDERSON	43	2.35.25	

3KM WALK

2. Kathy CASSIDY	46	15.35
1. Tony JOHNSON	54	14.56
3. Celia KELLY	47	16.32
4. Natalie KING	53	19.54

2KM RUN

Roland BROWN	54	8.39
Trevor ROLLINSON	47	6.41
Stan JORDAN	48	7.45
Dean COPLAND	40	6.38
Paul OLSSON	38	9.06
Steve BEATTIE	35	9.27
Ron MUIR	43	7.43
Michael DAVIN	44	7.51
Pamela PHILLIPS	53	15.01
Mike HALL	56	7.42

4KM RUN

Ian TREGEAR	50	16.21
Alan DOUGLAS	49	15.18
Alan BENNIE	48	13.59
Laurie TELFER	47	17.29
Voyo NIKOLICH	50	16.39
Alf SMITH	63	20.38
Jim SINCLAIR	70	20.54
Leigh CASSIDY	47	15.26
Kevin ONLEY	61	18.07
Laurie CROUCH	55	15.52
Nicole CROUCH	INV	21.01
Karl FAUVRELLE	54	15.49
Bill HUGHES	62	16.16
George PARADOWSKI	46	16.17
Lindsay MYALL	57	18.25
Peter FIELD	37	14.44
Jenny FIELD	36	18.37
Graeme STEVENS	53	17.15
Tom DAVISON	62	17.32
Judy DAVISON	58	21.01

8KM RUN

Juan PEREZ	55	34.39
Allan ALDERSON	43	31.48
Bruce FERRIER	42	31.05
Don CORRIE	45	38.17
Simon STARGOT	48	35.09
Alan KILLEEN	36	35.22
Helen MYALL	52	38.30
Rob CLUTTERBUCK	42	29.02
Bob HENDERSON	6KM	48 24.17
Sam DEFANIS	6KM	47 24.17
Paul MULLINS	54	31.59

RESULTS FROM SPRINGVALE VENUE

3-5-95

8KM RUN - CONT...			
Denis PHILLIPS	52	32.00	
Bernard POWNALL	49	36.30	
Ron LITTLE	51	34.23	
Jack GUBBINS	66	39.39	

10-5-95

200 METRES RUN

1. Paul OLSSON	38	25.36
2. Stephen BEATTIE	35	25.58
3. Barbara BLURTON	45	26.65
4. David GOODMAN	INV	26.88
5. Mike HALL	56	27.59
6. Eddy STACK	61	34.88

1500 METRES HANDICAP RUN

1. Rob CLUTTERBUCK	1.20	6.08.32
2. Bernard POWNALL	0.50	6.11.57
3. Peter FIELD	1.38	6.18.03
4. Dean COPLAND	1.45	6.20.52
5. Lindsay MYALL	0.00	6.20.85
6. Eric GREAVES	1.42	6.26.00
7. Mike DAVIN	1.12	6.26.78
8. Paul MULLINS	1.15	6.27.47
9. Ross MARTIN	1.33	6.28.94
10. Brian McCANN	1.18	6.36.13
11. Bill HAINS	1.38	6.37.22
12. Ron MUIR	1.25	6.40.84

3KM RUN

Bill HUGHES	62	11.55
Simon STARGOT	48	11.51
Judy DAVISON	58	15.11
Lindsay MYALL	57	15.02
Geoff THOMSON	33	11.33
Chris McARDLE	42	14.29
Leigh CLEARY	INV	15.38
Laurie TELFER	47	11.48
Reg WILLIAMS	44	12.22
Alan KILLEEN	36	14.53
Andrea JAMES	INV	12.45
Ernie JEFFS	50	17.03
George PARADOWSKI	46	12.24
Pamela PHILLIPS	53	19.01
Tom O'LOUGHLIN	50	21.03
Leigh CASSIDY	47	11.26
Rick SMART	52	13.08
Bruce FERRIER	42	11.06
John ABEL	45	11.59
Paul SMART	INV	9.38
Bernard POWNALL	49	13.31
Celia KELLY	47	14.30
Paul MULLINS	54	14.40
Neil GRAY	47	10.28
Ron MUIR	43	12.16
Nicole CROUCH	INV	14.38

16-5-95

5KM RUN

Roland BROWN	54	23.07
Eric GREAVES	47	21.54
Brian McCANN	49	21.54
Ross MARTIN	43	21.54
Peter FIELD	37	18.47
Juan PEREZ	55	22.08
Alan DOUGLAS	49	19.45
Alan BENNIE	48	21.54
Don CORRIE	45	23.36
Ian ORR	44	20.34
Alf SMITH	63	26.56
Brian HOLCOMBE	49	21.54
Laurie CROUCH	55	20.07
Voyo NIKOLICH	50	21.30
Graeme STEVENS	53	22.23
Tom DAVISON	62	22.04
John MANNING	49	22.11
Jim SINCLAIR	70	26.37
Tom GALLAGHER	46	20.22
Helen MYALL	52	23.57
Karl FAUVRELLE	54	21.24
Jack GUBBINS	66	24.12
Dave TALBOT	40	20.58
Rob CLUTTERBUCK	42	21.54

17-5-95

100 METRES RUN

1. Stephen BEATTIE	35	11.95
2. Bill HAINS	32	12.02
3. John FREAME	44	12.05
4. Josian PHILIPPE	46	13.05
5. Ron MUIR	43	13.99
6. Valery PHILIPPE	INV	15.54
7. Juan PEREZ	INV	18.31

400 METRES RUN

1. Bill HAINS	32	58.16
2. David GOODMAN	INV	59.60
3. Barbara BLURTON	45	59.62
4. Mike HALL	56	60.55
5. Ron MUIR	43	62.41
6. Stephen BEATTIE	35	64.84
7. Brian McCANN	49	65.81
8. Eddy STACK	61	77.54

2KM WALK

1. Kathy CASSIDY	46	10.12
2. Lee OSBORNE	52	10.42
3. Celia KELLY	47	10.53
4. Anthony DORAN	43	11.35
5. Eddy STACK	61	12.57
6. Natalie KING	53	12.59

RESULTS FROM SPRINGVALE VENUE

17-5-95

4KM RUN

Peter MAY	34	14.24
Helen MYALL	52	19.29
Michael DAVIN	45	17.12
Graeme STEVENS	53	16.57
Jenny FIELD	36	19.02
Jenise WICKHAM	44	19.26
Colin McARDLE	44	17.41
Tom DAVISON	62	17.22
Bill HUGHES	62	16.07
Judy DAVISON	58	20.25
Tom GALLAGHER	46	16.09
Sean FLANAGAN	35	17.21
Jim SINCLAIR	70	21.31
Jonh MANNING	49	18.36
Voyo HIROLIC	50	16.34
Karl FAUVRELLE	54	17.16
Rob CLUTTERBUCK	42	14.56
Geoff THOMSON	33	15.49
Laurie TELFER	47	16.01
Alan BENNIE	48	15.06
Ernie JEFFS	50	21.24
Eric GREAVES	47	14.56
Kevin ONLEY 2KM	61	9.03
Leigh CASSIDY	47	15.26
Brian McCANN	49	16.03
Alan KILLEEN	36	19.06
Bill CARR	45	16.24
Brian HOLCOMBE	49	16.14
Bruce FERRIER	42	15.08
Joan ABEL	45	15.29
Alf SMITH	63	21.37
Dean COPLAND	40	13.58
Pamela PHILLIPS	53	25.06
Stan JORDAN	48	16.48
Nicole CROUCH	INV	19.47
Lindsay MYALL	57	18.49

10KM RUN

Roland BROWN	54	49.02
Bernard POWNALL	49	44.48
Ian ORR	44	40.55
Theresia BAIRD	53	44.47
Ben MORREY	66	49.21
Ron LITTLE	51	43.25
Denis PHILLIPS	52	42.14
Reg WILLIAMS	44	43.05
Paul MULLINS	54	41.29
Laurie CROUCH	57	18.49
Simon STARGOT	48	43.38
Bill IRVINE	46	38.25
Ian TREGEAR	45	43.04

24-5-95

200 METRES RUN

1. John FREAME	44	26.10
1. Stephen BEATTIE	35	26.10
3. Alan KILLEEN	36	32.24
4. Eddie STACK	61	34.09
5. Jason BEATTIE	INV	35.40
6. Juan PEREZ	INV	42.83

600 METRES RUN

1. Ron MUIR	43	1.40.84
2. Mike HALL	56	1.42.08
3. Brian McCANN	49	1.49.71

1000 METRES RUN

1. Dean COPLAND	40	2.56.76
2. Trevor ROLLINSON	47	2.57.74
3. Neil GRAY	47	2.58.14
4. Eric GREAVES	47	3.01.60
5. Peter MAY	34	3.05.44
6. Alan BENNIE	48	3.11.13
7. Stan JORDAN	48	3.17.21
8. Roland BROWN	54	3.44.30
9. Juan PEREZ	55	3.44.80

1600 METRES ESTIMATED TIME WALK

1. Tony JOHNSON	55	7.22
2. Kathy CASSIDY ***	46	8.09
5. Penny HALL ***	54	8.44
4. Celia KELLY	47	8.38
3. Lee OSBORNE	52	8.34
6. Eddy STACK	61	10.00

31-5-95

100 METRES HANDICAP RUN

1. Jan MORREY	32m	10.97
2. Lindsay MYALL	25m	11.31
3. Jack BUCKINGHAM	11m	11.87
4. Bill HAINS	2 1/2m	11.94
5. Alan BENNIE	14 1/2m	12.17
6. Tony DORAN	14 1/2m	12.20
7. Michael DAVIN	18 1/2m	12.80
8. Stan JORDAN	18m	12.92
9. Juan PEREZ	30m	13.00

300 METRES RUN - HEAT 1

1. David SHEEHAN	47	39.52
2. Mike HALL	56	42.17
3. David GOODMAN	INV	42.50
4. Barbara BLURTON	45	42.60
5. Brian McCANN	49	45.00

300 METRES RUN - HEAT 2

1. Bill HAINS	32	41.15
2. Ron MUIR	45	41.96
3. Alan BENNIE	48	45.22
4. Alan KILLEEN	36	49.96
5. Eddy STACK	61	51.76

RESULTS FROM SPRINGVALE VENUE

31-5-95

1500 METRES RUN

1. Dean COPLAND	40	4.31.04
2. Eric GREAVES	47	4.31.06
3. Trevor ROLLINSON	47	4.32.14
4. Neil GRAY	47	4.35.59
5. Stan JORDAN	48	5.08.96
6. Paul MULLINS	50	5.20.82

3KM WALK

1. Tony JOHNSON	55	14.24
2. Daniel MERCER	INV	15.35
3. Kathy CASSIDY	46	16.03
4. Lee OSBORNE	52	16.26
5. Celia KELLY	47	16.31

2KM RUN

Juan PEREZ	55	8.21
Eddy STACK	61	8.30
Alan HOLCOMBE	48	8.04
Denise WICKHAM	44	8.41
Colin McARDLE	44	7.54
Stan JORDAN	48	9.23
Bill HUGHES	62	7.49
Michael DAVIN	45	7.59
Ron MUIR	45	7.20

4KM RUN

Reg WILLIAMS	44	19.02
Lindsay MYALL	57	18.34
Kaye ANDREW	43	21.01
Helen MYALL	52	19.21
Tony DORAN	43	14.53
Ian ORR	44	16.30
Jenny FIELD	36	18.36
Tom GALLAGHER	46	16.27
Bill IRVINE	46	14.58
Geoff THOMSON	33	15.26
Ian TREGEAR	45	18.32
Ken HOUGH	50	19.02
Alan BENNIE	48	14.14
Bruce FERRIER	42	14.45
Alan KILLEEN	36	17.10
John ABEL	45	15.40
Karl FAUVRELLE	54	16.07
Leigh CASSIDY	47	15.38
Alf SMITH	63	21.29
Paul MULLINS	54	16.05
Tom DAVISON	62	16.55
Jan MORREY	55	17.43
Judy DAVISON	58	19.52
Graeme STEVENS	53	17.19
Bernard POWNALL	49	16.00
Simon STARGOT	48	16.12
Nicole CROUCH	INV	19.18
Laurie CROUCH	55	15.45

31-5-95

6KM RUN

Ian ORR	44	24.51
Jim SINCLAIR	70	29.54
Sean FLANAGAN	35	24.54
Rob CLUTTERBUCK	42	21.20
Ian TREGEAR	45	25.05
Kevin ONLEY	61	26.54
Ray O'CONNOR	58	22.07
Roland BROWN	54	27.37
Brian McCANN	49	24.50
Bill CARR	45	24.50
Brian HOLCOMBE	49	24.50
John ALLAN 6lap	55	9.24
Ernie JEFFS 8lap	50	16.12

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RESULTS FROM FRANKSTON VENUE

6-4-95

<u>60 METRES RUN</u>		
Tony NEMARIC	42	8.46
Kees ZWYENBURG	66	13.67
George KUTZ	57	9.30
Janis WRIGHT	44	9.33
Norm JOHNSTON	57	13.67
<u>400 METRES RUN</u>		
Tony NEMARIC	42	72.00
Kees ZWYENBURG	66	1.56
Peter ELLIS	44	71.00
Norm JOHNSTON	57	1.56
Janis WRIGHT	44	82.00
George KUTZ	57	76.00
<u>800 METRES WALK</u>		
Kees ZWYENBURG	66	5.28
Norm JOHNSTON	58	5.28
Janis WRIGHT	44	5.29
George KUTZ	57	5.30
<u>1600 METRES RUN</u>		
Tony NEMARIC	42	7.02
Jarrold POPE	INV	6.12
Graeme RICHARDS	49	7.15
Peter ELLIS	44	6.03
Allan ALDERSON	43	5.35
Janis WRIGHT	44	6.14
<u>300 METRES RUN</u>		
Tony NEMARIC	42	59.00
Jarrold POPE	INV	62.00
Kees ZWYENBURG	66	1.32
Norm JOHNSTON	58	1.33
Janis WRIGHT	44	1.22
<u>SHOT PUT</u>		
Norm JOHNSTON	58	9.68m
Kees ZWYENBURG	66	7.74m
<u>DISC</u>		
Norm JOHNSTON	58	20.60m
Janis WRIGHT	44	8.00m
George KUTZ	57	14.00m
Kees ZWYENBURG	66	12.00m
<u>JAVELIN</u>		
Norm JOHNSTON	58	18.85m
Janis WRIGHT	44	8.50m
George KUTZ	57	12.00m
Kees ZWYENBURG	66	12.60m
"HEAVY RAIN ALL NIGHT"		
<u>13-4-95</u>		
<u>100 METRES RUN - HEAT 1</u>		
Kevin IRONS	50	14.13
Ross KENT	51	12.83
Nada TRAVICA	38	16.35
Allan ALDERSON	43	14.92
Grace SMITH	76	30.86

13-4-95

<u>100 METRES RUN - HEAT 2</u>		
Karen McDONALD	INV	15.37
Lindsay BEATON	45	15.70
Kees ZWYENBURG	66	19.86
<u>HEAT 3</u>		
Sue KEMP	41	18.33
Keith MANDER	72	21.25
Norm JOHNSTON	58	18.99
Janis WRIGHT	44	17.86
Kathy HEAGNEY	44	14.45
<u>200 METRES RUN - HEAT 1</u>		
Peter ELLIS	44	27.85
Ross KENT	51	26.59
Kevin IRONS	50	29.81
Allan ALDERSON	43	32.02
<u>HEAT 2</u>		
Eddie STACK	60	33.06
Norm JOHNSTON	58	37.63
Kees ZWYENBURG	66	42.23
Keith MANDER	74	50.45
<u>3000 METRES WALK</u>		
Kees ZWYENBURG	66	20.32
Wendy SEERS	53	20.38
Gwen STEED	52	19.34
Jean LEGGETT	59	20.32
Jack KILFOYLE	70	19.25
George KUTZ 2000m	57	14.43
Norm JOHNSTON ""	58	14.43
<u>4800 METRES RUN</u>		
Allan ALDERSON	43	17.45
Ian MUIR	50	18.17
Gordon LOUGHNAN	42	23.45
Sue KEMP	41	28.25
Nada TRAVICA	38	28.12
Graham BONNETT	51	21.07
Charlie MALLIA	46	18.12
Lindsay BEATON	45	22.10
<u>1600 METRES RUN</u>		
Peter ELLIS	44	6.07
Joy HERBERT	51	7.00
Jarrold POPE	INV	6.10
Peter DUGGAN	54	5.30
Ken WHYTE	48	5.25
Christine KONTOS	38	8.32
Denise LEGGETT	35	9.20
Gary PEARCE	INV	6.13
Gary ANDERSON	INV	5.50
Keith MANDER	74	9.34
Eddie STACK	60	6.44
Norm JOHNSTON 400m	58	1.53
Jean LEGGETT 3000m	59	20.32

RESULTS FROM FRANKSTON VENUE

13-4-95

<u>800 METRES RUN</u>		
Tony NEMARIC	42	2.33
Paul ANDERTON	INV	2.41
Joy HERBERT	51	3.15
Gordon LOUGHNAN	42	3.12
Peter ELLIS	44	2.24
Kees ZWYENBURG	66	4.22
Trevor ROLLINSON	47	2.16
Allan ALDERSON	43	2.33
Wendy SEERS	53	5.02
Jarrold POPE	INV	3.10
Ken WHYTE	48	2.30
Gwen STEED	52	4.55
Jean LEGGETT	59	4.35
Norm JOHNSTON	58	3.38
Kathy HEAGNEY	44	3.17
Denise LEGGETT	35	4.22
Christine KONTOS	38	4.17
Ian MUIR	50	2.41
Bruce MOUTLON	61	3.20
<u>LONG JUMP</u>		
Norm JOHNSTON	58	1.72m
Kees ZWYENBURG	66	2.52m
Gordon LOUGHNAN	42	2.35m
Pam ANDERTON	INV	2.70m
Paul ANDERTON	INV	3.45m
Tony NEMARIC	42	3.83m
<u>TRIPLE JUMP</u>		
Tony NEMARIC	42	8.10m
Paul ANDERTON	INV	5.40m
Gordon LOUGHNAN	42	4.47m
Kees ZWYENBURG	66	4.45m
Norm JOHNSTON	58	5.40m
<u>SHOT PUT</u>		
Norm JOHNSTON	58	10.05m
Janis WRIGHT	44	5.45m
Kees ZWYENBURG	66	7.03m
Gordon LOUGHNAN	42	8.42m
Pam ANDERTON	INV	8.25m
Paul ANDERTON	INV	6.00m
Tony NEMARIC	42	11.64m
<u>DISC</u>		
Tony NEMARIC	42	17.24m
Paul ANDERTON	INV	14.45m
Pam ANDERTON	INV	14.15m
Gordon LOUGHNAN	42	15.15m
Kees ZWYENBURG	66	10.67m
Janis WRIGHT	44	8.90m
Norm JOHNSTON	58	18.60m
<u>JAVELIN</u>		
Norm JOHNSTON	58	20.70m
Janis WRIGHT	44	8.55m
Kees ZWYENBURG	66	11.21m
Gordon LOUGHNAN	42	18.57m
Pam ANDERTON	INV	17.00m
Paul ANDERTON	INV	18.48m
Tony NEMARIC	42	21.00m

20-4-95

<u>120 METRES HANDICAP RUN - HEAT 1</u>		
Kevin IRONS	50	14.43
Tony NEMARIC	42	14.50
Graham RICHARDS	49	14.55
<u>HEAT 2</u>		
Peter ELLIS	44	14.18
Peter DUGGAN	50	14.31
Trevor ROLLINSON	47	16.72
Lindsay BEATON	45	17.26
Allan ALDERSON	43	14.14
Gordon LOUGHNAN	42	13.97
Ian MUIR	50	15.49
Ruben POPE	51	15.94
<u>HEAT 3</u>		
Merrilyn TAIT	45	14.71
Karen McDONALD	INV	14.07
Nada TRAVICA	38	14.83
Gwen STEED	52	15.29
Wendy SEERS	53	15.97
Grace SMITH	76	16.00
Jean LEGGETT	59	18.08
Denise	40	14.03
Sue KEMP	41	14.42
<u>HEAT 4</u>		
Norm JOHNSTON	58	14.64
Geoff OSBORNE	55	24.69
<u>3200 METRES WALK</u>		
Peter ELLIS	44	20.49
Grace SMITH	76	29.03
Wendy SEERS	53	22.54
Gwen STEED	52	21.01
George KUTZ 5lap	57	14.43
Norm JOHNSTON ""	58	14.43
<u>300 METRES RUN - HEAT 1</u>		
Tony NEMARIC	42	45.77
Peter ELLIS	44	43.17
Allan ALDERSON	43	52.00
Gary ANDERSON	INV	47.21
Gary PEARCE	INV	51.00
Kevin IRONS	50	47.82
<u>HEAT 2</u>		
Jarrold POPE	INV	49.47
Eddie STACK	60	51.18
Norm JOHNSTON	58	62.21
<u>5000 METRES RUN</u>		
Gordon LOUGHNAN	40	23.34
Ian MUIR	50	18.11
Lindsay BEATON	45	23.00
Ronald LEGGETT	INV	25.22
Charlie MALLIA	46	18.49
Allan ALDERSON	43	18.22
Graham BONNETT	51	20.52
George KUTZ 3000M	57	12.09
Norm JOHNSTON 3lap	58	5.58

Gordon LOUGHNAN 42 18.57m
 Pam ANDERTON INV 17.00m
 Paul ANDERTON INV 18.48m
 Tony NEMARIC 42 21.00,

Norm JOHNSTON 3lap58 5.58

RESULTS FROM FRANKSTON VENUE

20-4-95
2000 METRES RUN
 Tony NEMARIC 42 10.03
 Ray O'CONNOR 57 7.03
 Sue KEMP 41 11.01
 Nada TRAVICA 38 9.52
 Merrilyn TAIT 45 9.45
 Peter DUGGAN 54 7.06
 Angela SEERS INV 10.42
 Karen MacDONALD 31 11.16
 Jean LEGGETT 59 11.15
 Denise LEGGETT 45 11.32
 Trevor ROLLINSON 47 7.03
 Joy HERBERT 51 9.00
 Gary PEARCE INV 8.13
 Gary ANDERSON INV 8.03
1000 METRES RUN
 Tony NEMARIC 42 3.42
 Peter ELLIS 44 3.13
 Joy HERBERT 51 4.23
 Wendy SEERS 53 6.36
 Gwen STEED 52 6.18
 Trevor ROLLINSON 41 3.12
 Lindsay BEATON 45 4.23
 Gordon LOUGHNAN 42 4.44
 Charlie MALLIA 46 3.32
 Allan ALDERSON 43 3.22
 Jarrod POPE INV 3.47
 Sue KEMP 41 5.09
 Denise LEGGETT 40 5.50
 John LEGGETT 59 5.55
 Bruce MOULTON 61 4.31
 Norm JOHNSTON 58 6.36
SHOT PUT
 Norm JOHNSTON 58 9.93m
 Gordon LOUGHNAN 42 8.50m
 George KUTZ 57 8.40m
 Tony NEMARIC 42 11.82m
DISC
 Tony NEMARIC 42 19.93m
 George KUTZ 57 13.30m
 Gordon LOUGHNAN 42 15.65m
 Norm JOHNSTON 58 19.41m
JAVELIN
 Norm JOHNSTON 58 21.30m
 Gordon LOUGHNAN 42 14.87m
 George KUTZ 57 13.65m
 Tony NEMARIC 42 18.80m
 27-4-95
70 METRES RUN - HEAT 1
 Tony NEMARIC 42 11.00
 Graeme RICHARDS 40 9.38
 Allan ALDERSON 43 10.66
 Kevin IRONS 50 10.96
HEAT 2
 Lindsay BEATON 45 12.27
 Karen MacDONALD 31 12.57
 Kees ZWYNNENBURG 66 13.38
 Norm JOHNSTON 58 12.73
 Grace SMITH 57 11.31
 Pam ANDERTON INV 13.14

27-4-95
400 METRES RUN - HEAT 1
 Tony NEMARIC 42 85.55
 Allan ALDERSON 43 74.91
 Trevor ROLLINSON 47 60.94
 Gary PEARCE 42 71.80
 Gary ANDERSON 43 69.62
400 METRES RUN - HEAT 2
 Kees ZWYNNENBURG 66 104.23
 Norm JOHNSTON 58 1.40
2000 METRES WALK
 Kees ZWYNNENBURG 66 13.38
 Jack KILFOYLE 70 12.26
 Gwen STEED 52 13.15
 Wendy SEERS 53 14.01
 George KUTZ 57 14.39
 Norm JOHNSTON 58 14.39
6000 METRES RUN
 Gordon LOUGHNAN 42 29.29
 Lindsay BEATON 45 26.57
120 METRES HANDICAP FINAL
 1. Karen MacDONALD 30m 13.06
 2. Gordon LOUGHNAN 40m 13.28
 3. Norm JOHNSTON 32m 14.03
 4. Kevin IRONS 16m 14.21
 5. Tony NEMARIC 17m 13.26
 6. Allan ALDERSON 24m 14.31
 7. Denise LEGGETT 42m 14.43
 8. Graeme RICHARDS 4m 14.44
2000 METRES RUN
 Ray O'CONNOR 57 7.19
 Graeme RICHARDS 49 10.17
 Pam HORNIBROOK 40 9.49
 Trevor ROLLINSON 47 6.43
 Sue KEMP 41 11.00
 Nada TRAVICA 38 10.03
 Peter DUGGAN 54 6.55
 Ian MUIR 50 6.56
 Christine KONTOS 38 10.48
 Ken WHYTE 48 6.58
 Gary ANDERSON 43 7.18
 Mick O'RYAN 45 7.00
 Gary PEARCE 50 8.58
 Joy HERBERT 51 8.57
 Jean LEGGETT 59 11.39
 Denise LEGGETT 35 11.41
 Angela SEERS INV 10.40
 Merrilyn TAIT 45 9.55
LONG JUMP
 Norm JOHNSTON 58 2.40m
 Kees ZWYNNENBURG 66 1.70m
 Gordon LOUGHNAN 42 2.05m
TRIPLE JUMP
 Norm JOHNSTON 58 5.82m
 Kees ZWYNNENBURG 66 3.80m
 Gordon LOUGHNAN 42 4.78m
SHOT PUT
 Gordon LOUGHNAN 42 7.65m
 Kees ZWYNNENBURG 66 6.46m
 Norm JOHNSTON 58 9.18m

RESULTS FROM FRANKSTON VENUE

27-4-95
600 METRES RUN
 Kees ZWYNNENBURG 66 3.09
 Ian MUIR 50 1.55
 Gordon LOUGHNAN 42 2.30
 Ken WHYTE 48 1.55
 Jarrod POPE INV 2.06
 Joy HERBERT 51 2.26
 Gwen STEED 52 3.27
 Wendy SEERS 53 3.39
 Norm JOHNSTON 58 3.11
 Jean LEGGETT 59 3.27
 Bruce MOULTON 61 2.31
DISCUS
 Norm JOHNSTON 58 20.09m
 Kees ZWYNNENBURG 66 12.50m
 Gordon LOUGHNAN 42 14.52m
JAVELIN
 Norm JOHNSTON 58 17.60m
 Kees ZWYNNENBURG 66 12.70m
 Gordon LOUGHNAN 42 17.42m
 4-5-95
100 METRES RUN - HEAT 1
 Kevin IRONS 50 14.87
 Ross KENT 51 12.59
 Graeme RICHARDS 49 13.01
 Tom GERRARD 46 13.21
HEAT 2
 Tony NEMARIC 42 14.30
 Stephen ANDERTON INV 14.89
 Merrilyn TAIT 45 17.01
HEAT 3
 Gordon LOUGHNAN 42 15.98
 Norm JOHNSTON 58 16.76
 Sue KEMP 41 17.46
 Kees ZWYNNENBURG 66 18.92
200 METRES RUN - HEAT 1
 Ross KENT 51 26.44
 Graeme RICHARDS 49 27.17
 Tom GERRARD 46 27.30
HEAT 2
 Trevor ROLLINSON 47 27.58
 Kevin IRONS 50 29.15
 Tony NEMARIC 42 31.53
HEAT 3
 Jarrod POPE INV 31.75
 Stephen ANDERTON INV 32.77
 Karen MacDONALD 31 33.00
HEAT 4
 Garry ANDERSON INV 29.65
 Garry PEARCE INV 30.58
 Ray O'CONNOR 57 32.22
 Ian ALDERSON 43 65.67

4-5-95
200 METRES RUN - HEAT 5
 Eddie STACK 60 33.29
 Jarrod POPE INV 34.95
 Norm JOHNSTON 58 35.89
 Merrilyn TAIT 45 37.27
 Kees ZWYNNENBURG 66 42.35
2000 METRES WALK
 Kees ZWYNNENBURG 66 13.30
 George KUTZ 57 12.29
 Jack KILFOYLE 70 12.10
 Peter ELLIS 43 12.11
 Merrilyn TAIT 45 12.39
 Wendy SEERS 53 14.19
 Angela SEERS INV 14.13
 Gwen STEED 52 12.46
3200 METRES RUN
 Allan ALDERSON 43 11.10
 Tony NEMARIC 42 13.58
 Peter DUGGAN 54 12.13
 Ian MUIR 50 11.29
 Ken WHYTE 5lap 48 7.21
 Gordon LOUGHNAN 42 14.13
 Sue KEMP 41 19.25
 Nada TRAVICA 38 21.23
 Lindsay BEATON 45 14.09
 Garry ANDERSON 43 11.41
 Garry PEARCE 42 13.00
 Ray O'CONNOR 57 11.00
 Mick O'RYAN 45 11.41
 Jean LEGGETT 59 19.46
 Denise LEGGETT 35 21.23
 Trevor ROLLINSON 47 11.00
800 METRES RUN
 Allan ALDERSON 53 2.35
 Graeme RICHARDS 49 3.11
 Tony NEMARIC 42 2.49
 Kees ZWYNNENBURG 66 4.18
 Trevor ROLLINSON 47 2.31
 Sue KEMP 41 5.01
 Nada TRAVICA 38 5.11
 Ian MUIR 50 2.35
 Gordon LOUGHNAN 42 3.47
 Peter ELLIS 43 2.27
 Wendy SEERS 53 5.11
 Merrilyn TAIT 45 3.35
 Gwen STEED 52 4.41
 Jean LEGGETT 59 4.41
 Jarrod POPE INV 3.02
 Denise LEGGETT 35 5.11
 Kath HEAGNEY 43 3.12
 Bruce MOULTON 62 3.25
 Norm JOHNSTON 58 3.47
 Ken WHYTE 48 2.34

4-5-95
SHOT PUT

Norm JOHNSTON	58	9.53m
Kees ZWYNENBURG	66	7.28m
Gordon LOUGHNAN	42	7.77m
Steve ANDERTON	43	11.11m
Tony NEMARIC	42	10.71m
Pam ANDERTON	41	8.09m
Karen MACDONALD	31	6.43m

DISC

Karen MACDONALD	31	9.53m
Pam ANDERTON	41	12.20m
Tony NEMARIC	42	19.20m
Steve ANDERTON	43	19.00m
Gordon LOUGHNAN	42	14.86m
Kees ZWYNENBURG	66	12.86m
Norm JOHNSTON	58	21.00m

JAVELIN

Norm JOHNSTON	58	18.76m
Kees ZWYNENBURG	66	11.77m
Gordon LOUGHNAN	42	18.98m
Tony NEMARIC	42	17.90m
Pam ANDERTON	41	13.20m
Karen MACDONALD	31	9.90m

LONG JUMP

Pam ANDERTON	41	2.58m
Tony NEMARIC	42	3.80m
Gordon LOUGHNAN	42	2.36m
Kees ZWYNENBURG	66	2.50m
Norm JOHNSTON	58	2.60m

TRIPLE JUMP

Norm JOHNSTON	58	6.22m
Kees ZWYNENBURG	66	4.54m
Gordon LOUGHNAN	42	4.88m
Tony NEMARIC	42	8.36
Pam ANDERTON	41	4.00m

11-5-95
60 METRES RUN - HEAT 1

Graeme RICHARDS	49	7.66
Kevin IRONS	50	8.61
Peter ELLIS	43	7.95
Tony NEMARIC	42	8.89

HEAT 2

Steve ANDERTON	43	8.19
Gary ANDERSON	43	8.97
Geoff OSBORNE	55	11.33

HEAT 3

Barb STRICKLAND	63	13.92
Jim STRICKLAND	63	13.45
Sue KEMP	41	10.69
Merrilyn TAIT	45	10.59

HEAT 4

Kees ZWYNENBURG	66	11.59
Gordon LOUGHNAN	42	9.82
Norm JOHNSTON	58	10.13

RESULTS FROM FRANKSTON VENUE

11-5-95
250 METRES RUN - HEAT 1

Peter ELLIS	43	34.23
Graeme RICHARDS	49	35.10
Allan ALDERSON	43	43.00
Kevin IRONS	50	37.80

HEAT 2

Eddie STACK	60	42.08
Geoff OSBORNE	55	52.00
Steve ANDERTON	43	49.96

HEAT 3

Norm JOHNSTON	58	45.60
Merrilyn TAIT	45	50.69
Kees ZWYNENBURG	66	53.93
Jim STRICKLAND	63	64.23

3000 METRES WALK

Geoff OSBORNE	55	24.29
Kees ZWYNENBURG	66	20.58
Jack KILFOYLE	70	19.01
Jean LEGGETT	59	21.59
Wendy SEERS	53	21.10
Gwen STEED	52	20.20
Janis WRIGHT	44	24.00
Bevan DAVIS 4 1/2 lap	66	15.17
Barb STRICKLAND 4 1/2 lap	63	12.52
George KUTZ 5 lap	57	15.00
Norm JOHNSTON 5 lap	58	15.00
Bruce MOULTON 5 lap	63	15.02

4000 METRES RUN

Ray O'CONNOR	57	14.27
Ian MUIR	50	14.29
Sue KEMP	41	22.32
Ken WHYTE	48	14.38
Lindsay BEATON	45	17.55
Nada TRAVICA	38	19.27
Peter DUGGAN	54	15.55
Mick O'RYAN	45	14.40
Allan ALDERSON	43	14.47
Graham BONNETT	51	16.45
Pam HORNIBROOK	40	19.56
Gary ANDERSON	43	15.26

1600 METRES RUN

Jarrold POPE	INV	6.16
Denise LEGGETT	35	9.06
Gordon LOUGHNAN	42	6.38
Angela SEERS	INV	7.57
Merrilyn TAIT	45	7.52
Joy HERBERT	51	7.03
Norm JOHNSTON	58	7.48

1000 METRES HANDICAP RUN
(BACK-MARKERS)

Allan ALDERSON **	0.30	3.12
Jarrold POPE	0.05	3.40
Ian MUIR	0.20	3.20
Lindsay BEATON	0.17	3.35
Graeme RICHARDS	GO	4.02

** = WINNER

ABERFELDIE VENUE 5 April 95

100 metres

1 Geoff Turner	49	12.71
2 Peter Buissink	36	13.78
3 Danny Hawksworth	INV	14.25
4 Tony Bradford	55	14.93
5 Tom.P.X Burke	44	15.87

200 metres

1 Geoff Turner	49	26.56
2 Danny Hawksworth	INV	28.40
3 Tom.P.X Burke	46	28.40
4 Tony Bradford	55	29.54

600 metres

1 Bernard Angel	40	1:38.22
2 Tony Bradford	55	1:42.22
3 Tom.P.X Burke	46	2:01.25
4 Peter Buissink	36	2:01.75
5 Chris A'church	45	2:12.55
6 Stephen Barker	51	2:28.00
7 Denis Sinnott	45	2:34.00

4000 metres

1 Bernard Angel -3.2k	40	0:13:50
2 Robert Catton	51	0:20:35
3 Barbara Beaumont	47	0:21:41

6000 metres

1 Bill Turner	45	0:24:10
2 Rhonda Hircoc	45	0:26:21
3 Denis Holden	42	0:26:22
4 Cos Pietrelli	50	0:27:06
5 Barry Preta	31	0:29:43
6 George Marney	58	0:29:51
7 Peter Buissink	36	0:30:28
8 Denis Sinnott	45	0:32:00
9 Gerardo Riviello	71	0:36:14

8000 metres

1 Peter Shone	49	0:29:12
2 Trevor Hawksworth	48	0:30:40
3 John Annear	59	0:34:35
4 Danny Hawksworth	INV	0:34:36
5 John Dean	50	0:34:37
6 Gary Skinner	44	0:34:37
7 Bill Page	64	0:34:45
8 Duncan H'ton-Ritchie	49	0:36:06
9 Stephen Barker	51	0:37:15
10 Brad Turner	INV	0:41:12

ABERFELDIE VENUE 12 April 95

3000 metres

1 Christine Griffiths	46	15:30
2 Gordon Burrows	59	17:20
3 Les Catlons	37	26:27

ABERFELDIE VENUE cont., 12 April 95

70 metres

1 Peter Buissink	36	9.71
2 Geoff Turner	49	9.75
3 Tony Bradford	55	10.76
4 Lorraine Woodman	58	11.75
5 Les Catlons	37	11.77
6 Christine Griffiths	46	12.25

5000 metres

1 Rob Waters	49	20:29
2 Brian Marantelli	40	20:33
2 Peter Shone	49	20:33
4 John Annear	59	20:38
5 Bill Page	64	21:25
6 Denis Holden	42	21:28
7 Gary Skinner	44	21:29
8 Bill Turner	45	22:14
9 John Dean	50	22:26
10 Duncan H'ton-Ritchie	50	22:33
11 Cos Pietrelli	50	23:17
12 George Marney	58	24:06
13 Barry Preta	31	24:10
14 Margaret Cassidy	51	24:20

ABERFELDIE VENUE 19 April 95

100 metres

1 Chris Brown	INV	99.99
1 Chris Brown	INV	12.38
2 Geoff Turner	49	12.72
3 Ian Flannery	39	13.00
4 Jessica O'Callaghan	INV	13.38
5 John Howes	59	14.13

300 metres

1 Paul Torini	INV	Heat 2
1 Paul Torini	INV	12.25
2 Tom.P.X Burke	44	13.84
3 Tony Bradford	55	14.60
4 Elsie Tuitama	24	16.69
5 Christine Griffiths	46	18.75

Heat 2

1 Tony Bradford	55	44.41
2 Tom.P.X Burke	44	45.34
3 Rob Waters	49	50.68
4 Geoff Walshe	42	51.50
5 Christine Griffiths	46	67.72

6000 metres Pursuit handicap event, next column

Lindsay BEATON 0.17 3.35
 Graeme RICHARDS GO 4.02
 ** = WINNER

2 Gordon Burrowes 59 17:20
 3 Les Cations 37 26:27

5 Christine Griffiths 46 67.72
 6000 metres Pursuit handicap event, next column

ABERFELDIE VENUE

12 April 95

800+200 metres Est. time Trophy	800m	200m	Total
1 Peter Bullsink 35 3.25 2:49 31.19 3:20			
2 Peter Shone 49 3.10 2:30 33.97 3:04			
3 Lorraine Woodman 58 3.47 3:11 36.40 3:47.40			
4 Tony Bradford 55 2.55 2:26 28.53 2:54.53			
5 Geoff Turner 49 3.30 3:07 27.28 3:35			
6 Pat Maye 62 3.10 2:35 32.75 3:07			
7 Duncan H'ton-Ritchie 50 3.45 3:12 38.34 3:50			
8 Bill Page 64 3.42 3:05 34.55 3:39			
9 Christine Griffiths 45 4.30 3:28 33.59 4:02			
10 Les Cations 37 4.27 3:48 39.81 4:27.81			
11 Rob Waters 49 3.21 2:49 31.5 3:20.50			
12 Brian Marantelli 40 3.03 2:15 39.75 2:54			
13 Joe Brown 47 3.00 2:14 26.72 2:40			
14 Bernard Angel 40 3.00 2:23 29.06 2:52			
15 Gary Skinner 44 3.40 2:34 29.28 3:03			
16 Barry Preta 31 4.30 3:28 36.12 4:04			

*** Congratulations and Trophy to Lorraine by 7 hundredths

ABERFELDIE VENUE

19 April 95

6000 metres Pursuit Handicap Trophy ***	Start Time	Finish Time	Actual Time
1 Gordon-4k Burrowes 59 2:01 0:22:41 0:20:40			
2 John Annear 59 3:14 0:26:30 0:23:16			
3 Joe Brown 47 8:25 0:31:31 0:23:06			
4 Rhonda Hircoe 45 5:47 0:31:44 0:25:57			
5 Keith Alexander 45 9:10 0:31:50 0:22:40			
6 Brad Turner Inv 4:21 0:31:50 0:27:29			
7 Trevor *** 48 10:12 0:32:22 0:22:10			
8 Denis Holden 42 4:57 0:32:46 0:27:49			
9 Bill Page 64 7:29 0:32:59 0:25:30			
10 Bill Turner 45 8:35 0:33:06 0:24:31			
11 Geoff Walshe 42 11:31 0:33:06 0:21:35			
12 Cos Pietrelli 50 5:52 0:33:08 0:27:16			
13 Danny Hawksworth Inv 6:18 0:33:29 0:27:11			
14 Rob Waters 49 9:30 0:33:31 0:24:01			
15 Duncan H'ton-Ritchie 50 7:08 0:33:34 0:26:26			
16 John Dean 50 8:51 0:33:46 0:24:55			
17 Allan Bashford 55 8:27 0:33:52 0:25:25			
18 George Marney 58 4:41 0:34:04 0:29:23			
19 Barbara Beaumont 47 1:49 0:34:34 0:32:45			
20 Allan Hircoe 47 4:14 0:35:00 0:30:46			
21 Bernard Angel 40 9:08 0:35:38 0:26:30			
22 Denis Sinnott 45 4:39 0:35:38 0:30:59			
23 Stephen Barker 51 7:52 0:36:21 0:28:29			
24 Margaret Cassidy 51 6:12 0:36:21 0:30:09			
25 Gerardo Riviello 71 1:08 0:36:36 0:35:28			
26 Christine Griffiths 45 5:20 0:38:07 0:32:47			
27 John Salter 54 3:55 0:38:07 0:34:12			
28 Les - 4.8k Cations 37 6:30 0:45:09 0:38:39			

*** Congratulations and Trophy to Trevor, nearest 32.23

ABERFELDIE VENUE

19 April 95

1000 metres	500 metres WALK
1 Ian Flannery 39 3.06	
2 Danny Hawksworth Inv 3.16	
3 Geoff Walshe 42 3.17	
4 Pat Maye 62 3.20	
5 Denis Holden 42 3.36	
6 Stephen Barker 51 3.41	
7 Bill Page 64 4.01	
8 Margaret Cassidy 51 4.11	
9 Denis Sinnott 45 4.27	
10 Barbara Beaumont 47 4.35	
11 Les Cations 37 5.27	
1 John Annear 59 2.15	
2 John Salter 56 2.24	
3 Gordon Burrowes 59 3.04	
4 Christine Griffiths 46 3.08	
5 Joanne Brown Inv 3.32	
6 Julie Brown Inv 3.33	
7 Tom.P.X Burke 44 3.35	

ABERFELDIE VENUE 26 April 95

Shared Venue evening after Anzac Day

2000 metres
1 Charles Copland 33 6:23
2 Peter Shone 49 6:46
3 Keith Alexander 45 7:02
4 Joe Brown 47 7:08
5 Ian Flannery 39 7:12
6 Graeme Paul 44 7:23
7 Danny Hawksworth Inv 7:29
8 Bill Turner 45 7:32
9 Mal Brown 54 7:37
10 Brad Turner Inv 7:46
11 Pat Maye 62 7:47
12 John Howes 59 8:00
13 Stephen Barker 51 8:01
14 David Pabedinskas 34 8:01
15 Bill Ryan 54 8:01
16 Wasyl Drosdowsky 44 8:13
17 Bill Page 64 8:16
18 Margaret Cassidy 51 8:36
19 Denis Sinnott 45 9:01
20 Barbara Beaumont 47 9:47
21 John Dean 50 9:47
22 Christine Griffiths 46 10:0
23 Les Cations 37 11:5
24 Gerardo Riviello 71 12:0

100 metres and Teams Relay cont., ove

ABERFELDIE VENUE

26th April 95

100 metres	4x3 x 300 metre Teams Relay
1 Chris Brown Inv 12.25	
2 Geoff Turner 49 12.68	
3 Ian Flannery 39 12.87	
4 Tony Bradford 55 14.28	
5 Tom.P.X Burke 46 16.09	
6 Lorraine Woodman 55 18.31	
7 Christine Griffiths 46 18.78	
1 Ian Flannery 39 2:28 2:35 2:37	
- Julie Brown Inv 3:25 3:14 3:19	
- Chris Brown Inv 2:38 2:37 2:47	
- Joe Brown 47 2:37 2:39 2:29	
The Pro's - Team Total = 33:15	
2 Keith Alexander 45 2:38 2:44 2:43	
- Charles Copland 33 2:40 2:25 2:24	
- Peter Shone 49 2:45 2:36 2:30	
- George Marney 58 3:24 3:23 3:19	
The Leftovers - Team Total = 33:31	
3 Bernard Angel 41 2:34 2:45 2:39	
- Rhonda Hircoe 45 3:08 3:05 3:05	
- Stephen Barker 51 3:07 3:12 3:14	
- Bill Turner 45 2:44 2:49 2:54	
Hircoes Hunters - Team Total = 35:16	
4 Les Cations 37 4:15 * *	
- Barbara Beaumont 47 * 3:30 *	
- Lorraine Woodman 55 * * 3:25	
- Graeme Paul 41 2:45 2:48 2:46	
- John Howes 57 2:50 2:50 2:54	
- Trevor Hawksworth 48 2:36 2:45 2:45	
Liquorice Allsorts - Team Total = 36:09	
5 Danny Hawksworth Inv 2:50 2:58 2:59	
Margaret Cassidy 51 3:32 3:33 3:33	
Bill Page 64 3:12 3:10 3:12	
Brad Turner Inv 2:39 2:57 3:08	
The Young + the Old - Team Total = 37:43	
6 Christine Griffiths 46 3:50 3:50 3:53	
- Wasyl Drosdowsky 44 3:50 3:03 3:00	
- Bill Ryan 54 3:15 3:09 3:08	
Mal Brown 54 2:55 2:55 2:52	
Callingwood - Team Total = 38:50	

A damp night which kept many hopefuls away
 None the less we enjoyed the company of
 Callingwood and Coburg Venue attendees.

ABERFELDIE VENUE 3 May 95

100 metres	400 metres	1200 metres	700 metres WALK	2600 metres	4000 metres
1 Chris Brown Inv 12.47					
2 Grant Glassford 38 12.97					
3 Tom.P.X Burke 44 13.50					
4 Jessica O'Callaghan Inv 13.69					
5 Rob Waters 49 15.06					
6 Lorraine Woodman 58 16.56					
7 Elsie Tuitama 24 17.13					
1 Chris Brown Inv 60.15					
2 Danny Hawksworth Inv 65.47					
3 Lorraine Woodman 58 78.84					
1 Ian Flannery 39 3.57					
2 Brian Marantelli 40 3.57					
3 Peter Shone 49 4.05					
4 Bill Turner 45 4.10					
5 Gary Skinner 42 4.10					
6 Pat Maye 62 4.13					
7 Rob Waters 49 4.21					
8 Tom.P.X Burke 44 4.38					
9 Stephen Barker 51 5.00					
10 Denis Sinnott 45 5.22					
11 George Marney 58 5.27					
12 Barbara Beaumont 47 5.35					
1 Gordon Burrowes 59 4.21					
2 Joanne Brown Inv 5.42					
1 Chris-2k Marantelli Inv 8:12					
2 Gordon Burrowes 59 16:35					
1 Charles Copland 33 12:55					
2 Trevor Hawksworth 48 14:24					
3 Peter Shone 49 14:35					
4 Graeme Hewitt 47 14:37					
5 Fred Rademaker 42 14:53					
6 Bill Turner 45 15:54					
7 Rob Waters 49 16:00					
8 Allan Bashford 56 16:40					
9 Joe Brown 47 17:13					
10 Danny Hawksworth Inv 17:22					
11 Brad Turner Inv 17:23					
12 Ian Flannery 39 18:14					
13 John Dean 50 18:15					
14 Stephen Barker 51 18:17					
15 Barry Preta 31 18:57					
16 Margaret Cassidy 51 19:08					
17 Cos Pietrelli 50 19:08					

ABERFELDIE VENUE

26th April 95

100 metres
1 Chris Brown Inv 12.25
2 Geoff Turner 49 12.68
3 Ian Flannery 39 12.87
4 Tony Bradford 55 14.28
5 Tom.P.X Burke 46 16.09
6 Lorraine Woodman 55 18.31
7 Christine Griffiths 46 18.78

4 x 3 x 800 metre Teams Relay
1 Ian Flannery 39 2:28 2:35 2:37
- Julie Brown Inv 3:25 3:14 3:19
- Chris Brown Inv 2:38 2:37 2:47
- Joe Brown 47 2:37 2:39 2:29
The Pro's - Team Total = 33:15

2 Keith Alexander 45 2:38 2:44 2:43
- Charles Copland 33 2:40 2:25 2:24
- Peter Shone 49 2:45 2:36 2:30
- George Marney 58 3:24 3:23 3:19
The Leftovers - Team Total = 33:31

3 Bernard Angel 41 2:34 2:45 2:39
- Rhonda Hircoe 45 3:08 3:05 3:05
- Stephen Barker 51 3:07 3:12 3:14
- Bill Turner 45 2:44 2:49 2:54
Hircoes Hurriers - Team Total = 35:16

4 Les Cations 37 4:15 * *
- Barbara Beaumont 47 * 3:30 *
- Lorraine Woodman 55 * * 3:25
- Graeme Paul 41 2:45 2:48 2:46
- John Howes 57 2:50 2:50 2:54
- Trevor Hawksworth 48 2:36 2:45 2:45
Liquorice Allsorts - Team Total = 36:09

5 Danny Hawksworth Inv 2:50 2:58 2:59
Margaret Cassidy 51 3:32 3:33 3:33
Bill Page 64 3:12 3:10 3:12
Brad Turner Inv 2:39 2:57 3:08
The Young + the Old - Team Total = 37:43

6 Christine Griffiths 46 3:50 3:50 3:53
- Wasy! Drosdowsky 44 3:00 3:03 3:00
- Bill Ryan 54 3:15 3:09 3:08
Mal Brown 54 2:55 2:55 2:52
Collingwood - Team Total = 38:50

A damp night which kept many hopefuls away
None the less we enjoyed the company of
Collingwood and Coburg Venue attendees.

ABERFELDIE VENUE

3 May 95

100 metres
1 Chris Brown Inv 12.47
2 Grant Glassford 38 12.97
3 Tom.P.X Burke 44 13.50
4 Jessica O'Callaghan Inv 13.69
5 Rob Waters 49 15.06
6 Lorraine Woodman 58 16.56
7 Elsie Tuitama 24 17.13

400 metres
1 Chris Brown Inv 60.15
2 Danny Hawksworth Inv 65.47
3 Lorraine Woodman 58 78.84

1200 metres
1 Ian Flannery 39 3.57
2 Brian Marantelli 40 3.57
3 Peter Shone 49 4.05
4 Bill Turner 45 4.10
5 Gary Skinner 42 4.10
6 Pat Maye 62 4.13
7 Rob Waters 49 4.21
8 Tom.P.X Burke 44 4.38
9 Stephen Barker 51 5.00
10 Denis Sinnott 45 5.22
11 George Marney 58 5.27
12 Barbara Beaumont 47 5.35

700 metres WALK
1 Gordon Burrowes 59 4.21
2 Joanne Brown Inv 5.42

2800 metres
1 Chris-2k Marantelli Inv 8:12
2 Gordon Burrowes 59 16:35

4000 metres
1 Charles Copland 33 12:55
2 Trevor Hawksworth 48 14:24
3 Peter Shone 49 14:35
4 Graeme Hewitt 49 14:37
5 Fred Rademaker 42 14:53
6 Bill Turner 45 15:54
7 Rob Waters 49 16:00
8 Allan Bashford 56 16:40
9 Joe Brown 47 17:13
10 Danny Hawksworth Inv 17:22
11 Brad Turner Inv 17:23
12 Ian Flannery 39 18:14
13 John Dean 50 18:15
14 Stephen Barker 51 18:17
15 Barry Preta 31 18:57
16 Margaret Cassidy 51 19:06
17 Cos Pietrelli 50 19:06

RESULTS cont.,

4000 metres cont.,
18 Rhonda Hircoe 45 19:13
19 George Marney 58 19:24
20 Denis Sinnott 45 20:05
21 Robert Carlton 51 20:57
22 Barbara Beaumont 47 21:17
23 Gerardo Rivello 71 23:59

3 May 95

RESULTS cont., 7000 metres 10 May 95

9 Brad Turner Inv 0:31:22
10 John Dean 50 0:31:29
11 Duncan H'ton-Ritchie 50 0:31:29
12 Denis Holden 42 0:31:39
13 Stephen Barker 51 0:32:10
14 Margaret Cassidy 51 0:34:24
15 George Marney 58 0:35:16

ABERFELDIE VENUE

10 May 95

1000+100 metres Est. time ***
1 Chris Brown Inv 13.06
2 Brian Marantelli 40 3:28 3:05 20:35 3:25
3 Joe Brown 47 3:28 3:13 13.70 3:26.70
4 Russell Johnson 42 3:40 3:20 17.47 3:37.47
5 Pat Maye 62 3:40 3:20 15.84 3:35
6 Bill Turner 45 3:35 3:23 13.70 3:36.70
7 Tom.P.X Burke 44 3:44 3:46 14.20 4:00
8 Stephen Barker 51 4:06 3:50 17.10 4:07.10
9 Rhonda Hircoe *** 45 4:12 3:54 17.22 4:11.22
10 Lorraine Woodman 58 4:26 4:08 16.69 4:24.69
11 Cos Pietrelli 50 4:50 4:16 23.90 4:39
12 Barbara Beaumont 47 4:55 4:36 22.28 4:58
13 Christine Griffiths 46 5:13 4:36 18.94 4:54
14 Denis Sinnott 45 5:20 4:55 26.22 5:21.22
15 Craig Brown Inv 6:15 6:18 15.19 6:33

*** Congratulations and Trophy to Rhonda

5000 metres
1 Barbara-3k Beaumont 47 0:16:37
2 Russell Johnson 42 0:19:25
3 Danny Hawksworth Inv 0:19:47
4 Ian Flannery 39 0:19:56
5 Joe Brown 47 0:20:05
6 Allan Fryday 48 0:22:01
7 Rhonda Hircoe 45 0:22:05
8 Cos Pietrelli 50 0:23:37
9 Denis Sinnott 45 0:25:25
10 Julie Brown Inv 0:28:20
11 Christine Griffiths 46 0:28:20
12 Gerardo Rivello 71 0:29:36
13 Les Cations 37 0:36:28

7000 metres
1 Charles Copland 33 0:23:50
2 Peter Shone 49 0:25:21
3 Brian Marantelli 40 0:26:12
4 Trevor Hawksworth 48 0:26:45
5 Graeme Hewitt 49 0:27:50
6 Rob Waters 49 0:28:13
7 Bill Turner 45 0:29:39
8 Bill Page 64 0:30:30

ABERFELDIE VENUE 17 May 95

70 metres
1 Tom.P.X Burke 46 9.53
2 Brad Turner Inv 9.66
3 Bill Turner 45 9.91
4 Jessica O'Callaghan Inv 9.91
5 Tony Bradford 55 10.91
6 Christine Griffiths 46 12.94

200 metres
1 Ian Flannery 39 26.13
2 Tom.P.X Burke 46 28.69
3 Tony Bradford 55 28.93
4 Jessica O'Callaghan Inv 29.43
5 Christine Griffiths 46 38.91

800 metres
1 Brian Marantelli 40 2.20
2 Tony Bradford 55 2.31
3 Pat Maye 62 2.33
4 Bill Turner 45 2.37
5 Rob Waters 49 2.42
6 Tom.P.X Burke 44 2.43
7 Stephen Barker 51 2.47
8 John Dean 50 2.51
9 Denis Holden 42 2.54
10 Bill Page 64 3.09
11 Denis Sinnott 45 3.19

400 metres WALK
1 Christine Griffiths 46 2.26
2 Joanne Brown Inv 2.50

6000 metres
1 John Dean 50 0:24:34
2 Rhonda Hircoe 45 0:26:27
3 Denis Holden 42 0:27:00
4 Allan Bashford 56 0:27:14
5 Cos Pietrelli 50 0:28:22
6 George Marney 58 0:28:44
7 Denis Sinnott 45 0:32:14
8 Barbara Beaumont 47 0:32:32
9 Gerardo Rivello 71 0:35:02
10 Duncan H'ton-Ritchie 50 0:36:16
11 Stephen Barker 51 0:37:11

GEELONG VENUE RESULTS - MAY 19952000 METRES 3/5/95

Dave ELWARD	45 8.53
Jeff WALKER	47 9.04
Joe MUELBLOK	51 9.15
Denis VALENTA	38 9.37
Mike McAVOY	60 9.49
Gary GIBSON	42 9.52
Ron CAMPBELL	52 9.58
Graeme CROCKFORD	44 10.08
Patti GALVIN	37 10.11
Bryan COLE	53 10.26
Laurie BLAIR	35 10.13
Peter RAINES	37 10.33
Peter URBAN	43 11.00
Bob SEAMER	49 11.18
John CAULFIELD	47 11.25
Rimma McAVOY	54 11.36
Dale JENNINGS	57 12.17
Alan FOOT	52 12.18
Sue PETRUSZKA	41 12.23
Peta HARTEN	41 12.25
John MOORE	44 12.48
Brian WOODS	58 13.20
Sue STRATTON	44 13.54
Peter DICKSON	55 14.06
Rhonda CROCKFORD	41 14.11
Maryanne GOBLE-BLAIR	41 17.05

1000 METRES

Gotfried SCHUTZ	40 3.04
Mike McAVOY	60 3.08
John MOORE	44 3.08
Gary GIBSON	42 3.14
Bryan COLE	53 3.22
Laurie BLAIR	35 3.26
Bob SEAMER	49 3.27
Peter RAINES	37 3.29
John CAULFIELD	47 3.30
Peter URBAN	43 3.31
Rimma McAVOY	54 3.55
Dale JENNINGS	57 3.59
Alan FOOT	52 4.03
Brian WOODS	58 4.15
Peter HARTEN	41 4.17
Phil GIRDLER	60 4.23
Maryanne GOBLE-BLAIR	41 5.39

100 METRES

Gotfried SCHUTZ	40 12.81
Alan FOOT	52 14.65
Gary GIBSON	42 14.94
John CAULFIELD	47 15.26
Brian WOODS	58 16.09
Rimma McAVOY	54 16.36
Bryan COLE	53 16.77

KEITH BIRD MILE 10/5/95

Jeff WALKER	47 5.01
Joe MUELBLOK	51 5.12
Mike McAVOY	60 5.19
Gary GIBSON	42 5.19
Bryan COLE	54 5.33
Ron CAMPBELL	52 5.36
Pattie GALVIN	37 5.39
Peter RAINES	37 5.47
Graeme KILFOYLE	35 5.48
John MOORE	44 5.50
Tom BLOOD	55 5.59
Bob SEAMER	49 6.10
Rimma McAVOY	54 6.20
Brian WOODS	58 6.59
Peta HARTEN	41 7.00
Colin SILCOCK	61 7.11
Dale JENNINGS	57 7.15
Peter DICKSON	55 7.26
Maryanne GOBLE-BLAIR	41 9.01

800 METRES

Gotfried SCHUTZ	40 2.17
Mike McAVOY	60 2.26
John MOORE	44 2.28
Bryan COLE	53 2.34
Gary GIBSON	42 2.36
Bob SEAMER	49 2.40
Graeme KILFOYLE	35 2.42
Peter RAINES	37 2.46
Dale JENNINGS	57 2.59
Rimma McAVOY	54 3.00
Brian WOODS	58 3.09
Colin SILCOCK	61 3.22
Peta HARTEN	41 3.26

200 METRES

Paul TURNER	41 24.87
John MOORE	44 27.55
Mike McAVOY	60 32.33
Brian WOODS	58 34.67
Colin SILCOCK	61 35.24

3000 METRES 17/5/95

Dave ELWARD	45 9.28
Jeff WALKER	47 9.55
Joe MUELBLOK	51 9.58
Mike McAVOY	60 10.31
Ron CAMPBELL	52 10.39
Gary GIBSON	42 10.50
Pattie GALVIN	37 10.53
John MOORE	44 11.27
Bob SEAMER	49 12.08
John CAULFIELD	47 12.12
Rimma McAVOY	54 12.26
Joe WEILER	54 12.31

GEELONG VENUE RESULTS MAY 1995 (CONT)3000 METRES 17/5/95 (CONT)

Alan FOOT	52 13.05
Mike BOYLAN	55 13.06
Brian WOODS	58 13.29
Sue STRATTON	45 14.23
Maryanne BLAIR	41 17.43

800 METRES

John MOORE	44 2.30
Gary GIBSON	42 2.31

Bob SEAMER	49 2.46
John CAULFIELD	47 2.52
Joe WEILER	54 2.58
Brian WOODS	58 3.25
Sue STRATTON	45 3.28
Maryanne GOBLE-BLAIR	41 4.09

3200 METRES 24/5/95

Dave ELWARD	45 10.09
Jeff WALKER	47 10.31
Joe MUELBLOK	51 10.31
Mike McAVOY	60 11.16
Ron CAMPBELL	52 11.28
Gary GIBSON	42 11.56
Laurie BLAIR	35 12.04
John MOORE	44 12.09
Reg QUELCH	47 12.19
Mike BOYLAN	55 12.25
Joe WEILER	54 13.07
Rimma McAVOY	54 13.30
Peta HARTEN	41 14.24
Dale JENNINGS	57 14.27
Gary STRATTON	48 14.29
Maryanne GOBLE-BLAIR	41 18.55
Bob SEAMER (Walk)	49 18.55

400 METRES

Gotfried SCHUTZ	40 57.74
Mike McAVOY	60 64.55
Laurie BLAIR	35 67.19
Gary GIBSON	42 70.21
Joe WEILER	54 72.18
Dale JENNINGS	57 74.84
Gary STRATTON	48 78.05
Rimma McAVOY	54 78.70
John MOORE	44 81.60
Brian WOODS	58 86.26
Phil GIRDLER	60 91.92
Maryanne GOBLE BLAIR	41 102.92

200 METRES

Gotfried SCHUTZ	40 27.22
Bob SEAMER	49 29.79
Laurie BLAIR	35 30.00
Mike McAVOY	60 30.60
Gary GIBSON	42 30.83
Rimma McAVOY	54 34.70
Dale JENNINGS	57 35.14
Phil GIRDLER	60 35.43
Brian WOODS	58 35.84
Maryanne GOBLE-BLAIR	41 49.50

2400 METRES 31/5/95

Dave ELWARD	45 7.26
Jeff WALKER	47 7.42
Joe MUELBLOK	52 7.45
Mike McAVOY	60 8.16
Mike BOYLAN	55 8.30
Ron CAMPBELL	52 8.35
Pattie GALVIN	37 8.39
John MOORE	44 8.47
Peter URBAN	43 9.05
Bryan COLE	53 9.12
Tom BLOOD	55 9.24
John CAULFIELD	47 9.25
Bob SEAMER	49 9.27
Joe WEILER	54 9.29
Rimma McAVOY	54 9.50
Alan FOOT	52 10.01
Dale Jennings	57 10.41
Brian WOODS	58 10.44
Sue STRATTON	47 11.01
Maryanne GOBLE-BLAIR	41 13.57

1500 METRES

Gotfried SCHUTZ	40 4.47
Laurie BLAIR	35 4.51
Mike McAVOY	60 4.56
John MOORE	44 5.14
Peter URBAN	43 5.38
John CAULFIELD	47 5.40
Rimma McAVOY	54 5.58
Alan FOOT	52 6.20
Dale JENNINGS	57 6.20
Joe WEILER	54 6.38
Brian WOODS	58 6.38
Maryanne GOBLE-BLAIR	41 8.19

200 METRES

Gotfried SCHUTZ	40 26.83
Bob SEAMER	49 30.51
Gary GIBSON	43 31.11
Alan FOOT	52 31.84
John CAULFIELD	47 33.70
Rimma McAVOY	54 34.40
Brian WOODS	58 35.82

EDITORIAL

*
* A P A T H Y, *
*

A small word with a lot of meaning.

Only two people took the time to write a reply to Gordon's letter. Regardless of the position taken, for or against I feel that from the number of members who have had something to say to me about Coburg's results that I would have been swamped with comments. As silence is always taken as satisfaction the publishing of the results will remain unaltered.

Ed.

* * * * *

On another subject. I was present as a spectator at the combined Cross Country Run at Collingwood and was most disappointed with the number of veterans who were not present. The event was well advertised and very well organised. As I have said before, I believe that the competitors should be allowed to enter both the Pro. event and the Veteran event if they so wish and thus receive awards from both Clubs from the one run. The precedent for this has been set before when medals were given out for Australian and Oceania events and more recently the Masters and the Australian Veterans. That this is our Championship and we have made rules preventing loyal members of both clubs from competing in one or the other competition does not appeal to my sense of fair play. What do you think?

Ed.

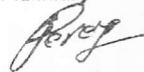
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The Editor
Around the Grounds

Dear Sir,

Although Coburg venue's spreadsheet is readable I find it much more tiring and time consuming. For example if I want to find out the overall results of an specific event my eyes have to travel constantly up and down, left and right looking for names, ages, distant, time etc...It is to me easier in the column system used by others venues. I believe the column system could also be stored in computers to save typing repetitions.

Your faithfully



Juan Perez
76 Darren Rd
Keysborough 3173
18/5/95

Peter, in reply to Gordon's supercilious remarks re the layout of the venue results, I agree with your comments that the majority of people prefer to read the magazine as it is now published. Gordon should realise that not every person is fortunate to have the use of a computer in the first instance and secondly, the use of a spreadsheet. It takes less than half an hour per week to type the results as they are now .

I cannot for the life of me understand why the Coburg results are permitted to be printed in this manner when Colin Browne specifically asked all venues to adhere to the layout as he directed.Judy Wines, Caulfield Venue typist(!)

FRONT PAGE

On the front page this month are Carole McCOY and Ted McCoy. Carole turns fifty this month and is a hard worker at the Mentone Group while Ted is the Manager of our World Veterans team to Buffalo U.S.A. and one of our Vice Presidents.

Progressive Marathon East Burwood & Half Marathon

Objective

To run the full Marathon distance of 42.2 Km, or half Marathon distance of 21.1 Km, aggregated over specified races programmed from 30 March 1995 to 30 November 1995. The actual date of qualifying events will be advised up to two months ahead.

Qualifying Events for Marathon

4 x 25 Laps (10 Km)

1 x 5.5 Laps (2.2 Km) which can be run with 3 or 5 Km events.

These are the only combinations. You can choose from eight 10 Km runs and six 3 or 5 Km runs programmed between March and November (inclusive). The qualifying runs will be clearly marked on the Venue Programme.

Qualifying Events for Half Marathon

3 x 5 Km }

1 x 3 Km }

1 x 1500m }

1 x 1600m }

These are the only combinations

You can choose from six 3 or 5 Km runs that will be programmed within the duration of the Progressive Half Marathon. You can choose any 1500 or 1600m race on the programme. The qualifying 3 or 5 Km runs will be clearly marked on the Venue Programme.

Awards

Trophies will be awarded for each of the eight 10 Km races, each of the six 3/5 Km races and the outright winners, based on a sealed handicap system. If you compete in more than the minimum number of qualifying races, the fastest times will be used to calculate your progressive time. Presentation of trophies will be made at the end of year function. Other prizes will be dependent on sponsorship.

Entry

Entry fee of \$3 for each progressive event (Marathon & Half Marathon) payable to John Sutton (Venue Treasurer). The last possible opportunity to lodge an entry is June for the full Marathon and August for the half Marathon. If you enter at that time you will have to run every programmed 3, 5 or 10 Km event on the programme through to the end of November to qualify.

Schedule of 3, 5 and 10 Km Qualifying Events

March	10 Km	August	3/5 Km
April	10 Km 3/5 Km	September	10 Km 3/5 Km
May	10 Km	October	10 Km 3/5 Km
June	10 Km 3/5 Km	November	10 Km 3/5 Km
July	10 Km		

For any further information regarding the Progressive Marathons please see Bob Henderson.