

VICTORIAN VETERANS'
ATHLETIC CLUB INC.

**AROUND
THE
GROUNDS**

December



1997

VENUES:

ABERFELDIE, ALTONA, CAULFIELD, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD, FRANKSTON,
GEELONG, KNOX, LATROBE VALLEY, MENTONE, TOOTGAROOK
and SPRINGVALE - NOBLE PARK

*Merry Christmas
and a
Happy New Year*

for information on Club activities
Hon. Secretary Dorothy Browne OAM. LM (03) 9874 2501

COMMITTEE MEMBERS 1997**Victorian Veterans Athletic Club Inc.****President**

Robert Waters
5 Bellevue Court Maribyrnong 3032
9318 3802

Honorary Secretary

Dorothy Browne OAM. LM. (Life Member) --
4 Victory Street Mitcham 3132
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Honorary Assistant Secretary

Colin Browne
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Honorary Treasurer

Jeffrey Briggs
60 Bursaria Avenue Ferntree Gully 3156
9758 6328

Vice Presidents

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24 Blackwood Avenue Mentone 3194
9583 3280 and

Anthony Bradford
6 Merrett Avenue Werribee 3030
9749 2248

Club Captain

Eric Greaves LM.
7 Netherby Avenue Mulgrave 3170
9560 2971

Club Vice Captain

Peter McGrath
13 Bales Street Mt Waverley 3149
9807 5656

Immediate Past President

Doug Orr
27 Shawlands Avenue Blackburn South 3130
9878 4875

General Committee Members

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26 Gale Street Aspendale 3195
9587 2349

John Dean
3 Pearl Street Essendon West 3040
8937 7179

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8 Lignum Court Lower Templestowe 3107
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71 Union Road Surrey Hills 3127
9836 2350

Jonathon Holmes
13 Station Street Oakleigh 3166
9568 3822

Honorary Auditor/s

Keith Routley 9699 6384
6 Mowbray Street Albert Park 3206
and Rob Petrie 0359 671 915

VENUES Locations and Managers Venue Day and Melway Ref

ABERFELDIE	Aberfeldie Park, Corio Street, Moonee Ponds Rob Waters 9853 7096 (W) 9318 3802 (H)	Weds	28 D 6
ALTONA	Grant Reserve, Sugar Gum Drive (off Civic Pde) Altona Alan Barling 9398 5667 and Michael O'Relli	Sun - Winter Tuesday - Daylight Saving	54 G 9
EAST BURWOOD	Burwood East Reserve, Burwood Highway John Gosbell 9808 4641 Graeme Horskins 9802 7925	Thurs	62 C 7
CAULFIELD	Duncan McKinnon Park, North Road, Murrumbeena Greg Mauldon 9583 5637 Leo Charles 9579 1830 Graeme Rose (Field Games) 9836 2350	Tues - Track Sunday - Field Games	68 K 9
COBURG	Harold Stevens Ath. Field, Outlook Rd. Coburg Gordon Burrowes 9366 0326 Vonda Saunders 9460 1267	Thurs	18 A 9
COLLINGWOOD	George Knott Reserve, Heidelberg Rd., Clifton Hill Bill Ryan 9434 3783 Keith Moody 9434 7403 and Ron Young	Tues	30 F 12
CROYDON	Town Park, off Norton Road, Croydon Lavinia Petrie 0359 671 915 David Sheehan 9794 7464	Tues	50 K 5
DONCASTER	Rieschieks Reserve, George Street, Doncaster Jim Shand 9459 5437	Weds	33 J 11
FRANKSTON	Ballam Park, Bananee Terrace, Frankston Peter Duggan 9786 9169	Thurs	103 B 4
GEELONG	Landy Field, off Barwon Terrace, Geelong Mike McAvoy 0352 532 376	Weds	228 C 7
KNOX	Knox Park Athletic Track, off Rushdale Road, Scoresby Charles McRae 9779 3670	Weds	73 D 7
LATROBE - VALLEY	Joe Carmody Ath. Track, John Field Drive, Newborough Bob Connell 0351 221 558 Vern Curnow 0351 341 809	Tuesday evening	
MENTONE	Dolomore Oval, Cnr. First and Queen Streets, Mentone Ted McCoy 9583 3280	Weds	87 B 6
SPRINGVALE/ NOBLE PARK	Ross Reserve, Memorial Drive, Springvale Leigh Cassidy 9772 2508	Weds	80 E 12
TOOTGAROOK	Tootgarook Sports Reserve, Truemans Road, Tootgarook Alan Radford / Ken Taylor 0359 855 989	Weds - Winter Sunday - Daylight Saving	169 E 6

EDITOR - "Around the Grounds" -
Peter Colthup OAM. LM.

9795 1169 fax 9795 1169 *****
14 Bakers Road Dandenong North 3175

THE BETTY, ALLAN AND NORM PAGE.

	<u>Date</u>	<u>Venue</u>	<u>Sprint</u>	<u>Mid Dist</u>	<u>WALK</u>	<u>Distance</u>
Sun	1 Feb	Caulfield	Field Games			
"	1 "	Tootgarook	Lilydale Lake - Walk 2.5K/Run 5K Swim 400m			
Tues	3 "	Altona	90m	800m	Shot Put	F Jones Mem 1/2 Hr TT
"	3 "	Caulfield	100m	200m	3x2L Relay	5 Km
"	3 "	Collingwood	110/200m	1600m	3 Km	3/5 Km
"	3 "	Croydon	70m	4x3x800m/4	Rek 6 Laps	5/12 Laps
Weds	4 "	Aberfeldie	100/400m	1 mile	800m	6/8 Km
"	4 "	Doncaster	Program not known. Ring Jim Shand 9459 5437			
"	4 "	Lat. Valley	100m Jav	200m T.J.	800m 1200mW	3 Km
"	4 "	Geelong	6.8/3 Km Cross Country (Reverse)			
"	4 "	Knox	Andy Salter Relay at Springvale			
"	4 "	Mentone	150m Jav.	800m	5 Km Tk	5 miles Rd
"	4 "	Springvale	100m	A.S. Rd REL,AY	1200m	3 Km
"	4 "	Tootgarook	Visit Springvale for Relay			
Thur	5 "	Coburg	90m	980m	Bike Path Runs	
"	5 "	E Burwood	60/200m	800L/1500M	800m/6L L.J.	Jav. 3/5 Km
"	5 "	Frankston	Program not known. Ring Peter Duggan 9786 9169			
Sun	8 "	Caulfield	Field Games			
"	8 "	{	Visit Langwarren F & F Reserve Mel 103C10 8.am Run/Walk			
Fri	6 "	Tootgarook	200m Swim - 5 Km C.C. Run 6,00 pm			
Tues	10 "	Altona	75m	400m H/c	Discus	10 Lap Rev. Run
"	10 "	Caulfield	100m	400m	1500m H/c	4 Km H/cap
"	10 "	Collingwood	90/800m	10 Km Boulevard Circuit 7.45Pm		
"	10 "	Croydon	50/400m	600m	4 Laps	5/10/25 Laps
Weds	11 "	Aberfeldie	110/200m	1200m	800m	5/7.5Km RiverR
"	11 "	Lat. Valley	100m/400m	Hurdles l.j., Shot 2KmW 5 Km		
"	11 "	Geelong	200m	1500m	2400m	
"	11 "	Knox	200m	1200m	14 Km Bike Tk	
"	11 "	Mentone	G.S. 100m	H/c 1200m	20 min ED	5 Km ET Tk
"	11 "	Springvale	200m	1000m	2/4 Km	2/4/8 Km
Thur	12 "	Coburg	90m	405m	Bike Track Runs	
"	12 "	E Burwood	100/400m	H/cs 800m	1/2.1KmH/c	5 Km H/cap
Sun	15 "	Caulfield	Field Games			
Sat	14 "	Wilsons Prom. Camp	5.30 pm Mt Oberon Run			
Sun	15 "		11.30 am Squeaky Beach Run ET			
Tues	17 "	Altona	100m	1000m	Javelin	3800m E.T.
"	17 "	Caulfield	Relay All Walkers and runners			
"	17 "	Collingwood	120/300m	4x100m Rel	2 Km	2/6 Km
"	17 "	Croydon	70/400m	F 1500m	5 Lap H/c	5 Km H/cap
Weds	18 "	Aberfeldie	Program not known. Ring Rob Waters 9318 3802			
"	18 "	Lat. Valley	Pentathlon Championships L.V.			
"	18 "	Geelong	3/5.75 Km Cross Country			
Weds	11 "	Tootgarook	70/100m	100m Rel	1200m	5 Km Rd
"	18 "	Knox	800m	Run-Ride*run S/V Challenge		
"	19 "	Mentone	60/400m	1500m H/c	M.B.3Km ET	6.7 Km Rd.
"	18 "	Springvale	100m H/c	1500m	2/4 Km Rd,	3x3.1 Km Relay
"	18 "	Tootgarook	70/200m	1500m	1200m	4 Km Tk E.T.
Thur	19 "	Coburg	70m Special night - Dinner - Relays			
"	19 "	E Burwood	80/300m	Jav 1500m	H/c 600m/7L	12/20 Laps
Sun	22 "	Caulfield	Field Games			
"	22 "	Tootgarook	C.C.Duathlon 4 Km C.C./6 Km Ride/4 Km Track /Oval			
Tues	24 "	Altona	90m	600m H/c	St. L. J. 2L Oval/1L Lake/1L	
"	24 "	Caulfield	100m	300m	16m30s ED	10 Km H/cap
"	24 "	Collingwood	70/100m	Merri Creek Run or Walk 1/2 Laps		
"	24 "	Croydon	50/100m	1000m	1/3 Km	20/40 min TT
Weds	25 "	Lat. Valley	10,000m L.V. Championship			
"	25 "	Geelong	100m	Relay 300m	3/5 Km	
"	25 "	Knox	200m	1200m	10 Km Tk	
"	25 "	Mentone	110m	Jav 1000m	3 Km H/c	Rd 3 Km Tk
"	25 "	Springvale	70m	400m H/cap	1500m	6 Km C.C. ET
"	25 "	Tootgarook	100m/300m	H/c 1500m	1000m	4 Km Sp. H/cap
Thur	26 "	Coburg	90m	405m	Bike Path Runs	
"	26 "	E Burwood	60/400m	1200m	1200m/8L	10L/10Km

Not responsible for errors ED. Not all programs available to me.

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1997 PUDDING GIFT Thurs 11 Dec
 VETs, HARRIERS & LITTLE ATHS combined tonight for the HARRIERS traditional PUDDING GIFT [120M handicap on grass]. Harrier **RENEE DUNN** was off scratch for the Ladies with L Aths **ZOE HITCHEN** 10m giving big starts to most of the VETs.
 VETs **SUE SOUTHAM-SAHIN** 39M, **BARB DALGLEISH** 40M, & **BEV CAR** 32M were the heat winners with VET **SHAREE WAKIM** 10M & **RENEE** 0M in the final with the next fastest times. VETS **BEV[F50]**, **BARB[F60]** & **SUE[F40]** triumphed with 1,2 & 3.
 The scratchman failed to turn up for the Men which made Harrier **SIMON CRAIG** 3M virtual scratch. L Aths **BREW CAMERON** 23.50M, **DANIEL VECCIO** 38M & **AARON PAGE** 33.50M got good marks from the handicapper. **BREW** won his heat but was unsuccessful in the Final despite an improvement of 0.21secs.. Another junior heat winner was **JARROD DeANGELIS** 12M [who runs with his dad at the VETs]. Other heat winners were VETs **NOEL KENNY** 30M, **REY VILLEGAS** 28.50M & **CHRIS HARRAP** 25.50M while **MARIO MUSCAT** 30.50M won a place as next fastest time. Again the VETs quinnella'd the final. **REY[M30]**, **NOEL [M40]**, & **CHRIS[M35]**. Harrier, **MARK MATHEWS** won the XC mile in 5.06.92 from VETs **JOHN STAUNTON [M40]** 5.16.77 & **TREVOR MARSH[M45]** 5.25.83. The L Aths reps participated in this event also & found it fun after the tension of the Gift. Their runners **BREW CAMERON** & **AARON PAGE** filled 6th & 9th places against a strong field.

		PUDDING GIFT			X COUNTRY
		H/cap	M/H/TIME	FINAL	1 MILE
BRAIN	Glenyse	F50	38	18.47	9.19.22
BREW	Natalie	LAth	12.5	17.65	8.13.92
BREW	Cameron	LAth	23.50	13.25	13.04 6.08.53
CAMERON	Brew	LAth	23.50	13.25	13.04
CANAL	Debbie	F30	9	18.47	
CAR	Anthony	M20	7	13.50	
CAR	Bev	F55	32	15.37	15.13
CARTER	Ken	M40	24.50	18.23	8.41.98
CATIONS	Les	M35	38	13.91	10.43.09
CRAIG	Simon	JM	3	13.40	
DALGLEISH	Barb	F60	40	15.66	15.29 7.08.07
DeANGELIS	Jarrold	JM	12	13.40	13.63
DeANGELIS	Jayden	JM	36	14.06	
DUNN	Renee	JF	0	16.79	17.15 7.20.01
GIBBS	Bruce	M45			6.50.29
GOGGIN	Bernie	M55			7.51.97
GOODE	George	M70	32.50	13.94	9.29.48
HALLETT	Len	M45	28	14.81	6.22.05
HARRAP	Chris	M35	25.50	13.06	13.03
HITCHEN	Zoe	LAth	8	17.04	8.15.52
HOOKE	Mark	JM			7.59.50
KENNY	Noel	M40	30	12.75	12.92
KYTE	Bill	M55	32	13.71	6.59.07
MARSH	Trevor	M45	17.50	14.51	5.25.83
MARSH	Lynley	F45			8.09.36
MATHEWS	Mark	M25	14.50	13.56	5.06.92
MILLS	Nathan	JM	10	14.06	
MUSCAT	Mario	M40	30.50	13.07	13.20 7.03.76
NORRIS	Daniel	M35	26	14.24	7.38.03
PAGE	Hayley	LAth	30	18.00	9.27.44
PAGE	Aaron	LAth	33.50	13.90	6.31.60
REESE	Mohammed	M25	14.50	13.84	
ROBOTHAM	Kate	F50	40	22.65	9.15.97
RUELLOT	Dominique	F40			8.19.84
RYAN	Bill	M55			6.41.31
SAUNDERS	Vonda	F55	34	17.62	
SHARAM	Jeff	M35	22.50	13.21	5.48.94
SHILL	Daniel	JM			8.06.28
SOUTHAM-SAHIN	Sue	F45	39	15.63	15.31 8.17.85
STAUNTON	John	M40	21.50	14.13	5.16.77
VECCIO	Daniel	LAth	38	13.50	7.44.44
VILLEGAS	Rey	M30	28.50	12.35	12.25 8.10.32
WAKIM	Sharee	F30	10	16.97	16.28 5.31.13
WEBER	Ben	JM	14.5	13.19	
WILSON	Robert	M30	26.50	14.22	
WILSON	Neville	M65	40	14.38	
WOODWORD	Sloane	JM			8.08.60

Thurs 18 Dec VETs XMAS BREAKUP 30 children & approx 60 adults joined together for fun & frolics on the field & a faceful of food. The children sprinted to the N Pole to find the gifts SANTA had left & then zig zagged through a slalom of adults to all receive Gold Medals.
 The adult sprinters managed to demolish SANTA's chimney & destroy the plum puddings & as for the N Pole - it is no more. While **VONDA** & her helpers entertained the children at SANTA's party the adults indulged in frolics around SANTA's CIRCUIT. **MARK** excelled at the Standing Long Jump with 2.60M, **NEVILLE** built on his practice gained from retrieving to be closest to the pin in the Underarm Shot Put 0.34M & **KEN** astonished everybody with a distance of 34.55M in Tossing the Gumboot. All received trophy glasses filled with Xmas sweets. The final event was SANTA's Steeple. Sub titled "Find the Steeple" because the steeples were set at random on the track & the grass. Competitors were sent on their way with the message "You are encouraged to cheat" [they needed no encouragement]. **SHAREE** won the trophy as the greatest cheat of all - somehow she managed to start late but beat everybody home. **IAN, ROY** & **ANDREW** received encouragement awards for the brazen manner in which they just ignored the water jump.
 At the meal we were entertained with the Red Faces Band who led everybody in carol singing. Merry Xmas.

ALTONA VENUE RESULTS.

Tuesday 2nd December 1997

90 metres.

John PAXTON	40	11.98 PB
Cathy ORELLI	35	13.19 PB
Michael RICHARDS	54	14.21 PB
Graeme MURFETT	57	14.44
Alan BARLING	66	15.97 PB
Lorraine WOODMAN	60	16.35PB
Heather McBRIDE	47	16.80
Les JARRY	69	17.66
Michael ORELLI	53	19.19
Gordon BURROWES	62	19.20

800 metres Handicap

The only time taken for this event was the winners time. Order of finishing, and handicap distance for each competitor, is as follows:

	H'cap	finish	
	metres	time	
Michael RICHARDS	54	105	2.13.1
Cathy ORELLI	35	101	
Les JARRY	69	235	
Heather McBRIDE	47	195	
Graeme MURFETT	57	150	
Gordon BURROWES	62	312	
Lorraine WOODMAN	60	210	
John PAXTON	40	Scratch	
Jack MACGLASHAN	66	248	
Heather MURFETT	56	240	
Michael ORELLI	53	110	
Harry PRESTON	86	530	

Michael Richards won the trophy for this event.

Shot Put.

Gordon BURROWES	62	8.96
Michael RICHARDS	54	8.38
John PAXTON	40	7.93
Graeme MURFETT	57	7.79
Alan BARLING	66	7.61
Cathy ORELLI	35	7.15
Jack MACGLASHAN	66	6.72
Les JARRY	69	6.08
Harry PRESTON	86	4.79
Heather McBRIDE	47	4.28

Tuesday 2nd December 1997 (Cont'd)

Teams Relay

200, 400, 600 metre relay

Team 1.

Jack MACGLASHAN	66	
Graeme MURFETT	57	3.47
John PAXTON	40	

Team 2.

Gordon BURROWES	62	
Les JARRY	69	4.16
Michael RICHARDS	54	

Team 3.

Heather McBRIDE	47	
Cathy ORELLI	35	3.49
Michael ORELLI	53	

Team 1. Were the Premier Team.

Tuesday 9th December 1997

75 Metres Handicap

Heat 1.

		Secs.	H'cap
John PAXTON	40	10.15	0.0
Cathy ORELLI	35	10.58	6.0
Michael RICHARDS	54	11.18	9.5
Michael ORELLI	53	11.83	14.0

Heat 2.

		Secs.	H'cap
Graeme MURFETT	57	10.34	14.0
Alan BARLING	66	10.57	14.0
Heather McBRIDE	47	10.65	18.0
Gordon BURROWES	62	11.01	27.0

75 Metres Final.

		Secs.	H'cap
John PAXTON	40	10.00	0.0
Graeme MURFETT	57	10.02	14.0
Alan BARLING	66	10.31	14.0
Heather McBRIDE	47	10.60	18.0
Cathy ORELLI	35	10.60	6.0

1500 Metres

Stan BELCHER	55	5.41 PB
Michael RICHARDS	54	5.43
Cathy ORELLI	35	6.04 PB
Graeme MURFETT	57	6.23
Heather McBRIDE	47	6.42 PB
Michael ORELLI	53	6.45
Jack MACGLASHAN	66	7.59 PB
Gordon BURROWES	62	8.30

Tuesday 9th December 1997

Discus Throw.

Michael RICHARDS	54	26.02 PB
Gordon BURROWES	62	23.74
John PAXTON	40	20.65
Graeme MURFETT	57	19.86
Cathy ORELLI	35	19.65
Alan BARLING	66	16.78
Jack MACGLASHAN	66	17.58
Harry PRESTON	86	9.08
Michael ORELLI	53	8.19

8 km Reverse Run

John PAXTON	40	33.34
Stan BELCHER	55	34.05
Heather McBRIDE	47	39.46

5 km Reverse Run

Graeme MURFETT	57	27.04
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4 km Reverse Run

Jack MACGLASHAN	66	25.26
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4.4 km Walkers

Pat CARROLL	59	25.13
Heather MURFETT	56	27.27

Tuesday 16th December 1997

100 metres

Cathy ORELLI	35	14.52
Michael RICHARDS	54	16.11
Graeme MURFETT	57	16.63
Heather McBRIDE	47	17.74
Lorraine WOODMAN	60	18.34
Michael ORELLI	53	19.07
Les JARRY	69	19.70
Gordon BURROWES	62	28.61

200 metres

Cathy ORELLI	35	30.98
Michael RICHARDS	54	33.18
Graeme MURFETT	57	37.54
Michael ORELLI	53	37.79
Heather McBRIDE	47	38.68
Les JARRY	69	44.29

Christmas Mile Handicap

	H'cap.	Tim
Heather McBRIDE	47	378 5.14
Stan BELCHER	55	194 5.17
Les JARRY	69	407 5.27
Jack MACGLASHAN	66	560 5.30
Gordon BURROWES	62	560 5.34
Graeme MURFETT	57	260 5.35
Pat CARROLL	59	607 5.36
Heather MURFETT	56	550 5.37
Cathy ORELLI	35	208 5.38
Michael ORELLI	53	232 5.40
Harry PRESTON	86	907 5.42
Michael RICHARDS	54	40 6.20

RESULTS FROM EAST BURWOOD - DECEMBER

4/11/97 60 METRES

1 Brian TAIT	56	8	78
2 Don McMAHON	59	9	15
3 Norm KEITH	70	9	88
4 Gwen DAVIDSON	75	11	31

600 METRE WALK

1 Bob LEWIS	69	3	39
2 Rod WADSLEY	44	3	40
3 Elaine RUTHERFORD	68	3	47
4 Phyllis GOSBELL	59	4	02
5 Tina BAARSLAG	64	4	21
6 Dave HERBERT	57	4	23
7 Alf HETHERTON	68	5	24
8 Audrey TUTCHENER	68	5	41
9 Betty HORSKINS	59	5	54

800 METRES H'CAP

1 Rod WADSLEY	H'Cap	Clock	0 30	2.35.3
2 Bob HENDERSON	0 45	2.28 6		
3 Jan BURROWS	0 10	3.08 6		
4 Ian MUMMERY	1 00	2.21 0		
5 Bob LEWIS	0 30	2.53 6		
6 Leo WATSON	0 26	2.58 6		
7 Graham PHILPOTT	0 50	2.42 1		
8 Gordon STEPHEN	1 02	2.42 7		

300 METRES

1 Bradley HETH'ON	Inv	41	4
2 Brian TAIT	56	46	1
3 Gordon STEPHEN	44	46	9
4 Ian MUMMERY	34	48	7
5 Bob HENDERSON	51	51	1
6 Norm KEITH	70	54	8

2 or 3 K WALK, 10 LAP RUN

1 Ian MUMMERY	34	13	56
2 Joy CURTIS W	55	14	53
3 Tina BAARSLAG W	64	15	45
4 Norm CAMERON	53	18	08
5 Ray VALLANCE	53	18	16
6 Gerry CLARKE	60	18	35
7 Bob BATEMAN	67	19	05
8 Don McMAHON	59	19	12
9 Audrey TUTCH W	68	19	12
10 Don COX	61	19	23
11 Marlene PETROFF	55	22	29
12 Peter BATTRICK	54	22	30
13 Elaine RUTHERF'D W	68	22	30
14 Marlene CAMERON	48	22	58
15 Phyllis GOSBELL	59	22	59
16 Coral MONK	49	23	02
17 Graeme ROBERTS'N V	52	23	33
18 Alex HARRIS	68	27	19
19 Lloyd NICHOLS	56	28	21
20 Glenn CLAUDEN	43	39	43

Ian Prestegar MEMORIAL 10K N.O.T.

		Nomin	Actual
21 Graham PHILPOTT	40 30	40 09	
22 Sam DEFANIS	38 59	42 32	
23 Rod WADSLEY	43 30	44 11	
24 Vin O'BRIEN	43 06	46 25	
25 Doug PETROFF	48 00	46 54	
26 Bob LEWIS	48 10	47 07	
27 John SUTTON	47 30	47 09	
28 Jan BURROWS	49 10	47 25	
29 John CUNNINGHAM	49 00	47 35	
30 Jenny FAWKES *	48 58	48 42	
31 Ron WILSON	46 30	48 48	
32 Gerry CLARKE	50 00	50 45	
33 Jack FREDRICKSON	51 00	51 51	
34 John KERR	52 00	53 20	

* Trophy Winner - Congratulations

JAVELIN

		Metres	
1 Col HETHERTON	43	28	76
2 Norm KEITH	70	19	64
3 Alf HETHERTON	69	18	34
4 Alex HARRIS	68	18	03
5 Graham PHILPOTT	54	17	96
6 John SUTTON	54	16	97
7 Les CLARKE	67	16	75
8 Rhonda DUNDAS	53	16	61
9 Doug PETROFF	55	16	36
10 Gwen DAVIDSON	75	15	00
11 Phyllis GOSBELL	59	12	90
12 Jan BURROWS	47	12	00
13 Elaine RUTHERFORC	68	11	80

11/12/97 8 MIN TIME TRIAL WALK

Elaine RUTHERFORD	2 Laps	350 m
Phyllis GOSBELL	2 Laps	250 m
Tina BAARSLAG	2 Laps	250 m
Dave HERBERT	2 Laps	250 m
Ken NICHOLLS	2 Laps	120 m
Alex HARRIS	2 Laps	115 m
Audrey TUTCHENER	2 Laps	20 m
Sue SUTTON	2 Laps	

1000 METRES

1 Bob HENDERSON	51	3.19.2
2 Sam DEFANIS	49	3.24.0
3 Jim PATTON	50	3.29.1
4 Hector AXCURRA	48	3.36.3
5 Gerry CLARKE	60	3.52.9

100m H'CAP HEAT 1

1 Bob HENDERSON	51	13	1
2 Gwen DAVIDSON	75	13	7
3 Brian TAIT	56	14	
4 Richard TREMBATH	55	14	3
5 Andrew FRASER	55	14	6

RESULTS FROM EAST BURWOOD - DECEMBER

11/12/97 100m H'CAP Cont

6 Billy KENNEDY	48	14	9
-----------------	----	----	---

HEAT 2

1 Neville PORTER	63	13	8
2 Frank TUTCHENER	70	14	6
3 Norm KEITH	70	14	30
4 Doug ORR	74	14	59
5 Alf HETHERTON	69	17	47
6 Wal RILEY	74	20	50

100m FINAL

1 Bob HENDERSON	51	13	15
2 Neville PORTER	63	13	57
3 Gwen DAVIDSON	75	13	87
4 Brian TAIT	56	14	05
5 Norm KEITH	70	14	57
6 Frank TUTCHENER	70	14	77

12 LAP RUN, 5 LAP WALK

		H'Cap	Clock
1 Ian MUMMERY (4)			5 04
2 Tina BAARSLAG W	0 00	17	19
3 Audrey TUTCH W (4)	0 40	17	23
4 Barbara BROOKS W	2 00	19	31
5 Elaine RUTHERF'D W	4 50	20	22
6 Ken NICHOLLS W	2 50	21	29
7 Bernadette KIRSCH W	0 45	22	13
8 Sue SUTTON W	1 20	22	41
9 Alex HARRIS W	4 50	24	10
10 Jim PATTON	4 30	24	12
11 Vin O'BRIEN	3 00	25	18
12 Ray VALLANCE	3 40	25	22
13 John SUTTON	2 20	25	32
14 Rita KERR	0 00	25	34
15 Sam DEFANIS	5 45	25	44
16 Hector AZCURRA	2 40	25	47
17 John HALL	4 20	25	57
18 Leo WATSON	0 10	26	10
19 Gordon STEPHEN	3 50	26	13
20 Peter BATTRICK	1 15	26	25
21 Frank TUTCHENER	2 20	26	26
22 Bill KENNEDY	2 20	26	28
23 Tony MARTIN	1 00	26	29
24 Dave HERBERT	1 00	27	02
25 Don McMAHON	2 20	27	05
26 Jan BURROWS	3 10	27	13
27 John BELL	4 40	27	25
28 John KERR	1 00	28	09
29 Di PATTON	2 00	28	09
30 Robyn SPEERING	2 00	29	29
31 Les CLARK	0 30	30	14
32 Cherie BALDWIN	1 00	30	39
33 Lloyd NICHOLS	0 00	30	58

NOMIN OWN DISTANCE SHOT PUT

		Nomin	Best
Lloyd NICHOLS	4 80	5	05
Norm KEITH	8 72	8	80
Rhonda DUNDAS	8 60	8	49
Gwen DAVIDSON	6 56	6	47
Barbara BROOKS	5 56	5	99
John SUTTON	5 45	6	50
Phyllis GOSBELL ***	5 25	5	25
Alex HARRIS	7 00	7	31
Les CLARKE	6 00	5	73

*** Trophy Winner - Congratulations

18/12/97 1500 METRES

1 Hector AZCURRA	48	5	33
2 Gerry CLARKE	42	6	06
3 Neville PORTER	63	7	30
4 Bill KENNEDY	48	7	30

400M HANDICAP

		H'Cap	
1 Andrew FRASER	26	1.29.5	
2 Jenny FAWKES	15	1.29.9	
3 Brian TAIT	25	1.31.4	
4 Leo WATSON	16	1.33.6	
5 Norm KEITH	15	1.33.9	
6 Brad HETHERTON		1.35.1	
7 Hector AZCURRA	19	1.35.5	
8 Richard TREMBATH	33	1.35.8	
9 Jan BURROWS	11	1.36.4	
10 Lloyd NICHOLS	6	1.38.0	
11 Doug ORR	10	1.38.7	
12 Phyllis GOSBELL	0	1.41.2	
13 Neville PORTER	10	1.45.3	
14 Bill KENNEDY	18	1.48.9	
15 Wal RILEY	10	2.19.0	
16 Barbara BROOKS	18	2.33.4	

5 LAP WALK

1 Annette Walk/Run			
2 Barbara BROOKS	63	17	20
3 Frank TUTCHENER	70	23	09
4 Tony MARTIN	69	23	09

800 METRE WALK

1 Bob LEWIS	69	5	06
2 Dave HERBERT	57	5	34
3 Phyllis GOSBELL	59	5	46
4 Alf HETHERTON	69	6	45
5 Col HETHERTON	43	7	08
6 Tina BAARSLAG	64	7	14
7 Audrey TUTCHENER	68	7	42
8 Frank TUTCHENER	70	7	43
9 Wal RILEY	74	7	44

18/12/97 70 METRES HEAT 1

1 Andrew FRASER	55	9	52
2 Brian TAIT	56	9	52
3 Rhonda DUNDAS	53	10	76
4 Jenny FAWKES	40	11	00

HEAT 2

1 Richard TREMBATH	55	9	88
2 Don McMAHON	59	10	50
3 Norm KEITH	70	11	31
4 Doug ORR	74	12	93

RESULTS FROM KNOX VENUE - DECEMBER 1997

Pack Run - 3/12/97

2 Klm	Age	Time
Heather MORRIS	44	11.49

4 Klm	Age	Time
Des CLANCY	48	18.36
Danny McCOY	28	20.25
Megan CROSS	Inv.	20.25

5 Klm	Age	Time
Richard TODD	48	24.42

6 Klm	Age	Time
Trish CORLESS	34	33.49
Carol BUCKINGHAM	46	36.04

7 Klm	Age	Time
Scott HARRIS	Inv.	30.53

8 Klm	Age	Time
Graeme LETICQ	42	30.37
Glenn CLAUDEN	43	31.38
Mick CARR	44	32.45
Paul TWINING	48	36.46
Russell WEST	38	36.46
David LEVERSHA	45	37.03
Tom BOYD	32	37.25
Chris CALAMATTA	44	37.48
Shaun EXTON	37	37.48
David WEAR	51	37.51
Noel FAIRBURN	36	38.45
John VARNEY	38	39.23
Lyn LEVERSHA	44	39.31
Elaine BRISCOE	40	39.31

8 1/2 Klm	Age	Time
Gerry CLARKE	61	40.38
Gary STEWART	51	40.41

9 Klm	Age	Time
Daryl PETERSEN	46	39.54
Colin THOMPSON	47	40.21

1200 Mts	Age	Time
Rick ATKINS	36	3.40
Paul TWINING	48	3.41
Tom BOYD	32	3.49
Scott HARRIS	Inv.	3.52
Graeme LEQICQ	42	3.55
Mick CARR	44	4.01
Russel WEST	38	4.04
Shaun EXTON	37	4.05
Glenn CLAUDEN	43	4.09
Phillip TWINING	37	4.10
David LEVERSHA	45	4.18
Chris CALAMATTA	44	4.37
Elaine BRISCOE	40	4.58
Lyn LEVERSHA	44	5.06
Megan CROSS	Inv.	5.06

100 Mts	Age	Time
Noel FAIRBURN	35	13.55
Danny McCOY	Inv.	13.86
Mick CARR	44	14.20
John VARNEY	39	14.80

400 Mts	Age	Time
Rick ATKINS	36	1.00
Scott Harris	Inv.	1.01
Noel FAIRBURN	35	1.04
John VARNEY	39	1.06
Tom BOYD	32	1.07
Elaine BRISCOE	40	1.13

H/Cap 1/2 Marathon - 10/12/97

Age	Clock Time	Actual Time
Bob LEWIS	-	1.56.47
Phil TWINING	37	1.57.37
Ron WILSON	-	1.59.22
Lavinia PETRIE	54	2.00.10
Sharon GRUNDY	35	2.00.50
Tom BOYD	32	2.01.22
Anne McPHERSON	41	2.01.25
Steve KELLY	-	2.02.16
Glenn CLAUDEN	43	2.02.32
Graeme LETICQ	43	2.02.36
Gary STEWART	51	2.02.43
Paul TWINING	44	2.02.45
John KERR	-	2.02.57
Andrew TUNNE	-	2.03.28
Tony MARTIN	-	2.03.29
Tony JOHNSON	51	2.04.00
Coral MONK	-	2.04.50
Gerry CLARKE	61	2.04.59
David ROLFE	51	2.05.22
Al WILLEY	-	2.06.05
Celia JOHNSON	50	2.07.28
Darryl PETERSEN	46	2.18.41
Ray CALLAGHAN	-	2.09.49
Ken MATCHET	-	2.10.23
Doug PETROFF	-	2.10.38
Ann CALLAGHAN	-	2.14.03
David WEAR	51	2.14.17
Colin THOMPSON	47	2.16.20
Noel FAIRBURN	36	2.22.36
ALSO		
George	-	1.59.07
Tom KERR	-	2.02.19
Phil KENINGTON	-	2.01.04

* TROPHY WINNERS

RESULTS FROM KNOX VENUE - DECEMBER 1997

Run-Ride-Run - 17/12/97

Age	Run 4K	Ride 10.5K	Run 2K
Paul TWINING	48	13.51	36.10
David LEVERSHA	45	14.30	36.10
Mark MATTHEWS	39	14.34	36.38
Rob DREW	43	14.50	36.38
David ROLFE	51	15.19	37.28
Rick ATKINS	36	14.22	39.12
Russell WEST	38	14.28	39.43
Robyn & Philip (Tandem)	18.06	40.17	49.09
Glenn CLAUDEN	43	15.23	41.16
John VARNEY	38	16.11	41.45
Shaun EXTON	37	16.42	43.02
Ivan ANDRIC	40	17.18	44.03
Tom BOYD	32	14.54	45.26
Lyn LEVERSHA	44	17.26	45.14
Ian UREN	46	17.09	47.33
Colin THOMPSON	47	17.28	47.24

Age	Run 3K	Ride 6.3K	Run 2K
Phillip TWINING	37	11.12	27.25
Chris CALAMATTA	44	12.08	27.15
Norm CAMERON	53	13.07	30.33
John GREEN	53	13.13	31.26
Noel FAIRBURN	36	13.07	31.43
Anne McPHERSON	41	13.25	33.10
Peter MAGUIRE	48	18.05	35.15
Carol BUCKINGHAM	46	17.01	26.25

Knox H/Cap 1/2 Marathon - 10/12/97

There were 37 entries from 4 venues including ladies and 32 finished.

The weather was just a bit on the hot side.

The start was 6.30 with Ann Callaghan first of this was Ann's first run at Knox and she had Sandy Kerr on her bike with her most of the way. Last off was Paul Twining. The course was marked every 3Klm with marshals at all turns. Drinks were provided at 5, 10, 13 and 15 Klm.

When the runners reached approx. 14 Klm, the early leaders were being caught up by the late starters.

Bob Lewis (Burwood) was looking very strong at this point and went on to win from a fast finisher Phil Twining (Knox) with Ron Wilson (Burwood 3rd. Burwood have done very well in this run.

The fastest lady was Lavinia (Croydon) in 1.29.1 with Paul Twining the fastest male for Knox.

Birthday boy Ken Matcher just over 2 hours, after his world record run a few days before.

The venue put together a very good supper, which was soon devoured by the runners.

The general feeling was the event was very successful and it will be on again on 9th December 1998.

I would like to thank all helpers, too many to name, for making it a very good evening at Knox. Chas McRae



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RESULTS FROM CROYDON VENUE - DECEMBER 1997

5 LAP WALK 2.12.1997

1 Alison THOMPSON	44	12.00
2 Barrie WICKS	57	12.06
3 Terry DUNN	60	12.32
4 Jan WATSON	51	13.15
5 Colin THOMPSON	49	14.00
6 Phyllis GOSBELL	59	15.04
7 Lynette HILL	52	16.44

70 METRE SPRINT 2.12.1997

1 Simon TENNANT	31	9.4
2 Colin HETHERTON	43	9.7
3 Jan WATSON	51	14.0

1500 METRE RUN 2.12.1997

1 Colin PAGE	43	5.01
2 Rod NEAL	41	5.03
3 Glenn CLAUDEN	43	5.24
4 Colin THOMPSON	49	6.03
5 Cec McKEOWN	58	6.03

200 METRE SPRINT 2.12.1997

1 Simon TENNANT	31	27.8
2 Colin HETHERTON	43	28.6
3 Brian MEE	60	30.4
4 John GREEN	53	31.4
5 Ron SMITH	48	32.0
6 Terry DUNN	60	36.3

3 OR 5 KM RUN 2.12.19973 Km:

1 John MONK	50	11.26
2 Cec McKEOWN	58	14.14
3 Ron BOYNE	64	14.47
4 John GREEN	53	14.47
5 Cindy FYSH	37	15.11
6 Ron SMITH	48	15.19
7 Dot BROWNE	56	15.23
8 Colin HETHERTON	43	15.41
9 Colin BROWNE	65	16.01
10 Pat CAVANAGH	57	16.25
11 Peter McGUIRE	49	17.05
12 Anne CALLAGHAN	60	17.30
13 Phyllis GOSBELL	59	17.31
14 John YATES	70	18.30
15 Ken MATCHETT	75	18.31
16 Denise SCHOLLES-BR'N	55	18.46
17 Pam RICHARDS	57	18.46
18 Jan WATSON	51	19.54
19 Joy CURTIS (Walk)	55	23.19
20 John RICHARDS (Walk)	59	23.19

3 OR 5 KM RUN 2.12.1997 Contd.5Km:

1 Brian MEE	60	19.08
2 Glenn CLAUDEN	43	19.15
3 Colin PAGE	43	19.27
4 Murray HUTCHISON	48	19.40
5 Ray MERIDA	53	19.42
6 Rod NEAL	41	19.43
7 Ian DUTHIE	53	19.55
8 Simon TENNANT	31	22.08
9 Colin THOMPSON	49	22.58
10 Andrew TUNNE	39	23.11
11 John DANIEL	48	23.12
12 Al WILLEY	58	24.07
13 Ray CALLAGHAN	64	24.27
14 Jock CRAVANA	59	24.39
15 Alison THOMPSON	44	25.58
16 Barrie WICKS	57	25.59
17 John KERR	68	26.02
18 Robyn SPEERING	47	26.05

6 LAP WALK 9.12.1997

1 Terry DUNN	60	14.28
2 Barrie WICKS	57	14.45
3 Jan WATSON	51	15.59
4 Bob PETRIE	56	17.23
5 Joy CURTIS	55	17.47
6 Frank TUTCHENER	70	21.27

50 METRE SPRINT 9.12.1997

1 Ron SMITH	48	9.2
2 Jan WATSON	51	10.2
3 Frank TUTCHENER	70	11.3

1000 METRE RUN 9.12.1997

1 Colin PAGE	43	2.58
2 Glenn CLAUDEN	43	3.33
3 Cec McKEOWN	58	4.39
4 Neville PORTER	63	4.56
5 Bill KENNEDY	48	4.57

400 METRE HANDICAP 9.12.1997

1 Cec McKEOWN	58	99.0	70.0
2 Bill KENNEDY	48	102.0	83.0
3 Simon TENNANT	31	102.4	61.4
4 Colin PAGE	43	102.6	60.6
5 Ron SMITH	48	104.3	81.3
6 Neville PORTER	63	111.1	86.1
7 Les CLARK	67	115.2	101.2
8 Terry DUNN	60	124.0	96.0

RESULTS FROM CROYDON VENUE - DECEMBER 1997

8 LAP SPIRAL HANDICAP 9.12.1997

1 Jan WATSON	51	20.00	20.00
2 John KERR	68	21.00	16.10
3 Jim INGHAM	51	21.23	12.03
4 Glenn CLAUDEN	43	21.28	12.33
5 Dot BROWNE	56	21.42	15.52
6 Ray MERIDA	53	21.43	12.43
7 John YATES	70	21.48	17.38
8 Cindy FYSH	37	21.49	15.19
9 Barrie WICKS	57	21.53	15.28
10 Simon TENNANT	31	22.01	13.41
11 Jim PATTON	50	22.03	13.33
12 Ron SMITH	48	22.05	17.25
13 John MONK	50	22.10	12.55
14 Bob PETRIE	56	22.13	13.48
15 Alan GREEN	48	22.16	12.36
16 Colin PAGE	43	22.18	11.33
17 Phyllis GOSBELL	59	22.27	18.27
18 Tony JOHNSON	57	22.29	13.49
19 Les CLARK	67	22.31	17.31
20 Neville PORTER	63	22.58	16.53
21 Frank TUTCHENER	70	23.04	16.34
22 Bill KENNEDY	48	23.17	16.17
23 Lavinia PETRIE	54	24.53	15.58
24 Cec McKEOWN	58	24.54	15.54

4 LAP WALK 16.12.1997

1 Celia JOHNSON	50	8.42
2 Alison THOMPSON	44	9.28
3 Barrie WICKS	57	9.33
4 Terry DUNN	60	9.41
5 Neil McKERN	50	9.49
6 Jan WATSON	51	10.07
7 Colin THOMPSON	49	11.04
8 Pam RICHARDS	57	11.14
9 Joy CURTIS	55	11.39
10 Norm CAMERON	53	11.41
11 Phyllis GOSBELL	59	12.51
12 Pat CAVANAGH	57	12.52
13 Pauline BROWN	52	12.52
14 Bob PETRIE	56	13.04
15 Graeme ROBERTSON	53	14.54
16 Lynette HILL	52	14.54
17 Frank TUTCHENER	70	14.55

1200 METRE RUN 16.12.1997

1 Neil McKERN	50	4.01
2 Glenn CLAUDEN	43	4.17
3 Colin THOMPSON	49	4.44

70 METRE SPRINT 16.12.1997

1 Ron SMITH	48	10.4
2 Rhonda DUNDAS	53	11.1
3 Pauline BROWN	52	11.5
4 Terry DUNN	60	11.7
5 Frank TUTCHENER	70	12.8
6 Jan WATSON	51	13.8

5/10/20 LAP RUN 16.12.19975 Laps:

1 Neil McKERN	50	7.20
2 Norm CAMERON	53	8.17
3 Philip SODERSTROM	50	9.01
4 Ron SMITH	48	10.12
5 Cindy FYSH	37	10.17
6 Bob CURTIS	56	10.41
7 Bill KENNEDY	48	10.42
8 Pauline BROWN	52	10.51
9 Phyllis GOSBELL	59	11.45
10 Anne CALLAGHAN	60	11.45

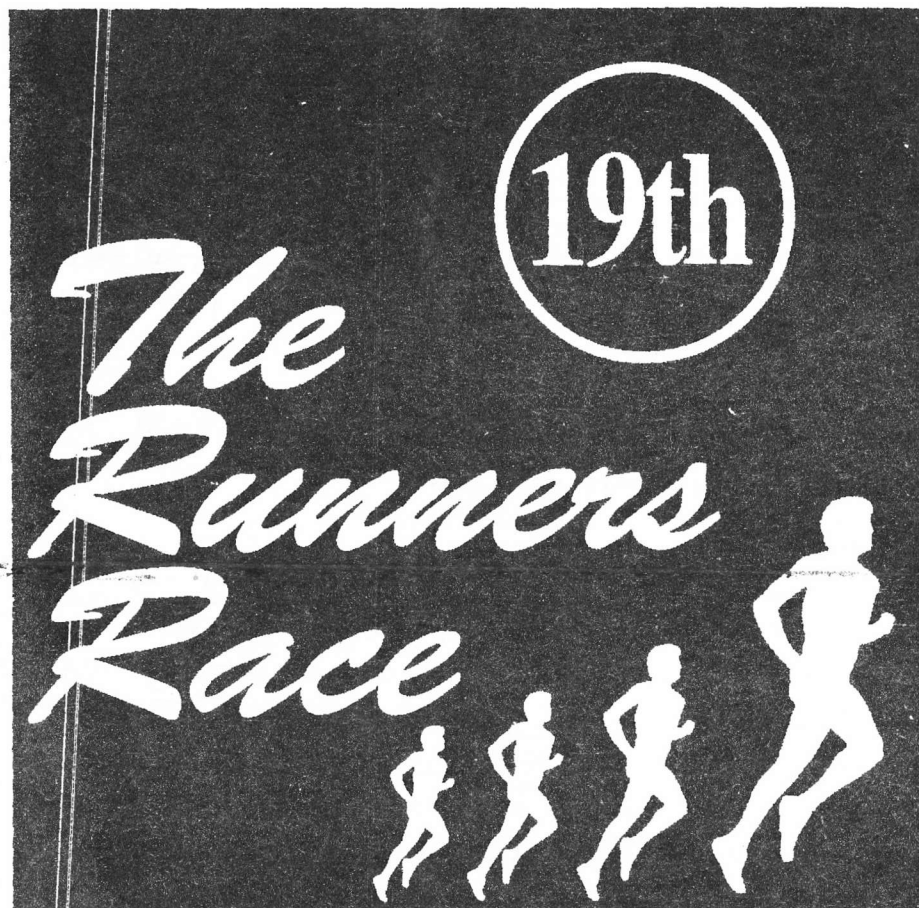
10 Laps:

1 Glenn CLAUDEN	43	15.26
2 Murray HUTCHISON	48	16.37
3 John DANIEL	48	18.02
4 Cec McKEOWN	58	19.36
5 Frank TUTCHENER	70	19.37
6 Laurie BLACK	60	19.47
7 Ron BOYNE	64	20.10
8 John KERR	68	20.21
9 Robyn SPEERING	47	20.27
10 Ron LEDINGHAM	50	20.57
11 Alison THOMPSON	44	21.16
12 Barrie WICKS	57	21.16
13 Graeme ROBERTSON	53	21.26
14 Pat CAVANAGH	57	22.43
15 John YATES	70	22.59
16 Jan WATSON	51	26.01

20 Laps:

1 Saul BAKAITIS	53	30.09
2 Jim INGHAM	51	30.13
3 Ray MERIDA	53	33.45
4 Andrew TUNNE	39	34.48
5 Colin THOMPSON	49	37.05
6 John MONK	50	37.05
7 Al WILLEY	58	38.53
Peter McGUIRE (7 Laps)	49	15.06
Celia JOHNSON (12 Lap W)	50	30.20

1998 Cubitt Classic 15K



8.00 am. Sunday February 15th
 Yarra Boulevard Burnley

Kevin Bartlett Reserve, Burnley. (Melway Map 45 B12)
 ENTER ON THE DAY
 Entry fee \$10

Organised by the Richmond Harriers

Dear Member of the Vets,

This is a reminder that your subscription for 1998 is due as from 1st January. We hope that you will be able to re-join for this year as we value your membership and are proud of our club. The method of payment of subs is direct to our subscriptions officer

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The subscription is \$25 for individuals or \$40 for a couple, living at the same address. We are also trying to update our database for mailing list and competition purposes, so please fill in this slip with your return.

Thanks a million, Yours sincerely,

Colin Browne (Asst Sec)

Please find enclosed Cheque / Money Order for \$ being the annual subscription to the Victorian Veterans' Athletic Club Inc for the period 1-1-1998 to 31-12-1998 for

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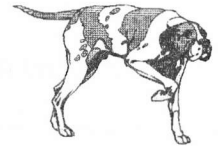
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Dear Peter,

Can you put the following
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V.V.A.C.I. Throwers Group.
8-2-97

Coaching Clinic for Beginners
Learn to throw the Hammer, Shot, Discus, and Javel

Age - 30 years and upwards

Time 1:00 pm on 8-2-97

Afternoon tea included.

All this fun for only \$5.00

Contact. J. Davies 9885 1002
G. Rose 9836 2350

N.B. Notice to all throwers - alteration to
1998 program.

Weight Pentathlon and Annual General Meeting
on the 15-2-98 has been cancelled.

They will now be held on 8-3-98.
Please make this change to your program now!

Thank you

Jan Davies Sec.

V.V.A.C.I. Throwers Clc

RESULTS FROM CROYDON VENUE - DECEMBER 1997

4 LAP WALK 23.12.1997

1 Alison THOMPSON	44	8.45
2 Barrie WICKS	57	9.33
3 Jan WATSON	51	10.27
4 Colin THOMPSON	49	10.28
5 Phyllis GOSBELL	59	11.32
6 Bob PETRIE	56	11.45
7 Lynette HILL	52	13.16
8 Norm CAMERON	53	13.70

100 METRE NOM. OWN TIME 23.12.1997

	Nom.	Actual
1 Murray HUTCHISON	48	16.2 15.0
2 Norm CAMERON	53	17.2 19.3
3 Jan WATSON	51	18.0 19.7
4 Bill KENNEDY ***	48	25.0 24.9
5 Ken WALTERS (On 1 crutch)	65	46.2 44.3

*** Trophy winner Bill Kennedy, -0.1 second

800 METRE RUN 23.12.1997

1 Graham LETICQ	43	2.31
2 Glenn CLAIDEN	43	2.38
3 Peter LEIGH	60	2.41
4 Ian UREN	46	2.55
5 Colin THOMPSON	49	3.01

8 LAP NOM. OWN TIME 23.12.1997

	Nom.	Actual
1 Graham LETICQ	43	11.10 11.16
2 John MONK	50	12.38 11.53
3 Ray MERIDA	54	12.10 12.02
4 Jim INGHAM	51	13.00 12.04
5 Glenn CLAIDEN	43	12.12 12.07
6 Saul BAKAITIS	53	13.00 12.31
7 Andrew TUNNE	39	13.10 12.31

Christmas Hamper Run

1 Graham LETICQ	43	11.10	11.16
2 John MONK	50	12.38	11.53
3 Ray MERIDA	54	12.10	12.02
4 Jim INGHAM	51	13.00	12.04
5 Glenn CLAIDEN	43	12.12	12.07
6 Saul BAKAITIS	53	13.00	12.31
7 Andrew TUNNE	39	13.10	12.31

8 LAP NOM. OWN TIME 23.12.1997 Contd.

8 Peter LEIGH ***	60	12.40	12.41
9 Ian UREN	46	13.03	12.54
10 Alan GREEN	48	13.10	13.03
11 Murray HUTCHISON	48	13.05	13.28
12 Bob PETRIE ***	56	13.50	13.48
13 Tony JOHNSON	57	14.24	13.49
14 Colin THOMPSON	49	13.40	13.50
15 Ray CALLAGHAN	64	13.00	13.57
16 Cec McKEOWN	58	14.15	14.21
17 Norm CAMERON	53	15.00	14.21
18 Al WILLEY	58	14.57	14.36
19 Ron BOYNE	64	15.12	14.48
20 Robyn SPEERING	48	15.50	15.15
21 Alison THOMPSON	44	16.00	15.17
22 Barrie WICKS	57	16.00	15.20
23 Margaret DUGUID	61	15.00	15.20
24 Ian DUTHIE	53	20.00	15.26
25 Bill KENNEDY	48	16.00	15.29
26 Dot BROWNE	56	16.10	15.31
27 Celia JOHNSON	50	16.20	15.37
28 John KERR	68	16.00	15.46
29 Jock CRAVANA	59	17.40	16.24
30 John YATES	70	17.08	16.29
31 Colin BROWNE	65	15.40	16.30
32 George SIMONS	62	17.20	17.37
33 Phyllis GOSBELL	59	18.10	17.45
34 Anne CALLAGHAN	60	19.37	20.01
35 Ken WALTERS	65	29.10	30.20

***** Hamper Winners:**

1 Peter LEIGH, +1 second
2 Bob PETRIE, -2 seconds
3 Glenn CLAIDEN, - 5 seconds

RESULTS FROM DONCASTER VENUE - DECEMBER 1997

200 METRE SPRINT 17.12.1997

Heat 1:		
1 Graeme ROSE	54	28.3
2 Jim SHAND	59	28.6
3 June REEVES	52	29.7
4 Astrid ROSE	54	33.8
5 Kathy SKULTETY	56	35.3

Heat 2:		
1 Garry CROLE	35	24.6
2 Frank CORSELLO	36	24.9
3 Glen BAILEY	40	26.3
4 Dean GOODRIDGE	27	27.0
5 Terry ARUNDELL	57	27.4
6 Phil ROSEVEAR	48	27.7

1600 METRE RUN 17.12.1997

1 Graham KIPP	51	5.03
2 Dean GOODRIDGE	27	5.15
3 Alan SINCLAIR	47	5.38
4 Denise HARDMAN	47	7.06
5 Sandra KIPP	47	7.50
Garry CROLE (800m)	35	3.04
Glen BAILEY (800m)	40	3.05

2400 WALK 17.12.1997	41	10.40
1 Sheila MEYER		

HAMMER 17.12.1997		
1 Graeme ROSE	54	45.50
2 Astrid ROSE	54	37.17

DISCUS 17.12.1997		
1 Sheila MEYER	41	17.00

RESULTS FROM DONCASTER VENUE - DECEMBER 1997

70 METRE SPRINT 3.12.1997

Heat 1:		
1 Jill COOPER	59	11.1
2 Astrid ROSE	54	11.6
3 Kathy SKULTETY	56	11.6

Heat 2:		
1 Garry CROLE	35	8.9
2 Phil ROSEVEAR	48	9.3
3 Dean GOODRIDGE	27	9.8
4 June REEVES	52	10.2
5 Graeme ROSE	54	10.2

300 METRE NOM. OWN TIME 3.12.1997

	Nom.	Actual
Heat 1:		
1 Adam GOODALL	21	55.0 42.4
2 Gerard SARKOZY	22	55.0 44.5
3 Jill COOPER	59	58.0 57.9
4 Astrid ROSE	54	60.0 58.4
5 Kathy SKULTETY	56	62.0 59.2

Heat 2:		
1 Glen BAILEY	40	50.0 43.6
2 Jim SHAND	59	47.0 47.1
3 Phil ROSEVEAR ***	48	49.2 49.2
4 June REEVES	52	50.0 49.5
5 Graeme ROSE	54	50.0 53.6

Heat 3:		
1 Gary MOWAT	45	41.0 39.3
2 Garry CROLE	35	41.0 39.8
3 Dean GOODRIDGE	27	40.0 41.4
4 Frank CORSELLO	36	42.0 42.7

*** Trophy winner - Phil Rosevear

2 OR 4 KM RUN 3.12.1997

2 Km:		
1 Dean GOODRIDGE	27	6.42
2 Stuart WHITE	26	6.47
3 Alan SINCLAIR	47	7.39
4 Jeff BOOT	41	7.39
5 Glen BAILEY	40	8.20

4 Km:		
1 Geoff WHELLER	41	14.34

JAVELIN 3.12.1997		
1 Graeme ROSE	54	43.92
2 Astrid ROSE	54	21.43

100 METRE SPRINT 10.12.1997		
1 Frank CORSELLO	36	13.1
2 Phil ROSEVEAR	48	13.4
3 Gerard SARKOZY	22	13.5
4 Graeme ROSE	54	14.7

100 METRE SPRINT 10.12.1997 Contd.

5 Jim SHAND	59	14.7
6 Nanette COMPTE	54	15.4
7 Kathy SKULTETY	56	16.6

400 METRE HANDICAP 10.12.1997

	Clock	Actual
1 Andrew JAMIESON	51	82.6 68.6
2 Garry CROLE	35	83.2 55.2
3 Graeme ROSE	54	83.7 77.7
4 Alan SINCLAIR	47	83.7 57.7
5 Ian McLEOD	52	84.4 62.4
6 Frank CORSELLO	36	84.4 57.4
7 Jim SHAND	59	85.2 66.2
8 Nanette COMPTE	54	85.9 78.9
9 Gerard SARKOZY	22	87.4 63.4
10 Glen BAILEY	40	87.4 61.4
11 Kathy SKULTETY	56	89.2 89.2

3 OR 5 KM RUN 10.12.1997

3 Km:		
1 Neil SALVANO	45	12.47
2 Andrew JAMIESON (W)	51	13.48
3 Val McLEOD	51	16.23

5 Km:		
1 Geoff WHELLER	41	17.56

SHOT PUT 10.12.1997

1 Graeme ROSE	54	12.12
2 Astrid ROSE	54	8.59
3 Andrew JAMIESON	51	8.42
4 Richard TREMBATH	55	8.26
5 Jim SHAND	59	7.10
6 Kathy SKULTETY	56	6.78

80 METRE SPRINT 17.12.1997

Heat 1:		
1 Jim SHAND	59	11.5
2 June REEVES	52	11.9
3 Astrid ROSE	54	12.5
4 Kathy SKULTETY	56	13.0
5 Gwen DAVIDSON	75	14.3

Heat 2:		
1 Frank CORSELLO	36	10.0
2 Glen BAILEY	40	10.4
3 Phil ROSEVEAR	48	10.6
4 Terry ARUNDELL	57	10.9
5 Graeme ROSE	54	11.3

LATROBE VALLEY VENUE RESULTS			LATROBE VALLEY VENUE RESULTS		
Round 9 2/12/97			Round 10 9/12/97		
100m			100m		
Name	Age	Time	Name	Age	Time
Neil GRIFFITHS	30	12.51	Neil GRIFFITHS	30	12.43
John WILSON	43	13.60	John WILSON	43	13.20
Leon BOURKE	36	15.20	Leo COFFEY	67	13.50
Kathryn STOLK	34	16.07	Leon BOURKE	36	14.78
Fred BROOKES	63	16.26	Kathryn STOLK	34	15.38
Dawn BOWDEN	35	17.74	Howard SMITH	56	15.77
Pauline ROSS	46	17.74	Fred BROOKES	63	15.85
Howard SMITH	56	18.34	Pauline ROSS	46	17.57
Doris ELLIS	68	25.72	Shirley DREDGE	Inv	20.66
			Doris ELLIS	68	24.45
400m			1500m		
Neil GRIFFITHS	30	58.30	Bruce SALISBURY	45	4m48s
John WILSON	43	58.97	Neil GRIFFITHS	30	4m58s
Leon BOURKE	36	69.03	Howard SMITH	56	6m28s
Fred BROOKES	63	73.70	Leo COFFEY	67	7m02s
Howard SMITH	56	79.37	Doris ELLIS	68	9m35s
Ray ELLIS	67	97.62	Ray ELLIS	67	9m38s
Dawn BOWDEN	35	99.54			
Pauline ROSS	46	104.35			
Doris ELLIS	68	128.00			
5000m			1500m Walk		
Ian CORNTHWAITE	35	18m03.5s	Howard SMITH	56	9m59s
John EYRE	61	23m38.5s	Marg SALISBURY	49	11m30s
			Doris ELLIS	68	11m42s
			Ray ELLIS	67	11m43s
2000m walk			2000m		
Howard SMITH	56	13m51s	Bruce SALISBURY	45	6m45s
Doris ELLIS	68	16m07s	Leon BOURKE	36	7m58s
Ray ELLIS	67	16m47s			
Shot Putt			High Jump		
John WILSON	43	7.42	Neil GRIFFITHS	30	1.45
Neil GRIFFITHS	30	7.18	John WILSON	43	1.40
Ian CORNTHWAITE	35	7.14			
Fred BROOKES	63	6.84			
Leon BOURKE	36	6.76			
Pauline ROSS	46	6.27			
Long Jump			Discus		
Neil GRIFFITHS	30	5.46	Vern CURNOW	52	25.44
John WILSON	43	4.82	Fred BROOKES	63	23.23
Fred BROOKES	63	3.79	John WILSON	43	22.83
Pauline ROSS	46	2.83	Leon BOURKE	36	20.38
Shirley DREDGE	Inv	2.08	Neil GRIFFITHS	30	20.22
			Kathryn STOLK	34	16.55
			Glenys YOUNG	48	16.52
			Shirley DREDGE	Inv	13.31
			Pauline ROSS	46	12.3

LATROBE VALLEY VENUE RESULTS			LATROBE VALLEY VENUE RESULTS					
Round 11 16/12/97			Round 11 16/12/97(cont)			BEST PERFORMANCES FOR THE YEAR TO DATE(cont)		
100m			3000m			Ladies 1000m Walk		
Name	Age	Time	Name	Age	Time	Pauline ROSS	46	8m38
Neil GRIFFITHS	30	12.39	Bruce SALISBURY	45	10m11s	Mens 1200m Walk		
Leo COFFEY	67	14.04	Neil GRIFFITHS	30	11m21s	Bruce SALISBURY	45	6m32
Delwyn HEWITT	32	14.17				Ladies 1200m Walk		
Bob CONNELL	47	15.09	1200m Walk			Marg SALISBURY	49	8m52.5
Howard SMITH	56	15.99	Fred BROOKES	63	6m44s	Mens 1500m Walk		
Kathryn STOLK	34	16.01	Howard SMITH	56	7m42s	Howard SMITH	56	9m59
Pauline ROSS	46	17.34	Ray ELLIS	67	8m13s	Ladies 1500m Walk		
Doris ELLIS	68	24.60	Marg SALISBURY	49	8m52.5s	Marg SALISBURY	49	11m30
			Doris ELLIS	68	9m12s	Mens 2000m Walk		
			Bob CONNELL	47	9m45s	Fred BROOKES	63	11m23
200m			Triple Jump			Ladies 2000m Walk		
Neil GRIFFITHS	30	25.77	Leo COFFEY	67	29.52	Judi VINCENT	51	15m47
Leo COFFEY	67	29.52	Neil GRIFFITHS	30	10.97	Mens High Jump		
Leon BOURKE	36	30.95	John WILSON	43	10.25	Neil GRIFFITHS	30	1.45
Bob CONNELL	47	32.99	Leon BOURKE	36	8.27	Mens Long Jump		
Kathryn STOLK	34	35.77	Leo COFFEY	67	8.24	Neil GRIFFITHS	30	5.46
Pauline ROSS	46	37.31	Fred BROOKES	63	7.26	Ladies Long Jump		
Doris ELLIS	68	55.54				Pauline ROSS	46	2.83
800m			Javelin			Mens Triple Jump		
John WILSON	43	2m12s	John WILSON	43	31.54	Neil GRIFFITHS	30	11.17
Bruce SALISBURY	45	2m19s	Bob CONNELL	47	30.1	Mens Shot Putt		
Neil GRIFFITHS	30	2m23s	Neil GRIFFITHS	30	24.98	Brad SHAW	36	8.98
Delwyn HEWITT	32	2m26s	Vern CURNOW	52	24.96	Ladies Shot Putt		
Leon BOURKE	36	2m38s	Leon BOURKE	36	20.65	Pauline ROSS	46	6.27
Fred BROOKES	63	2m53s	Fred BROOKES	63	19.57	Mens Javelin		
Howard SMITH	56	3m10s	Pauline ROSS	46	11.45	John WILSON	43	34.87
Ray ELLIS	67	3m33s	Kathryn STOLK	34	9.83	Ladies Javelin		
Doris ELLIS	68	4m50s				Glenys YOUNG	48	16.58
BEST PERFORMANCES FOR THE YEAR TO DATE			Mens Discus			Mens Discus		
Mens 100m			Mens 1500m			Bob CONNELL		
Colin FLOWERS	41	11.88	Ian CORNTHWAITE	35	4m29.45	Ladies Discus		
Ladies 100m			Ladies 1500m			Kathryn STOLK		
Delwyn HEWITT	32	14.49	Delwyn HEWITT	32	5m12.48	Mens Hammer		
Mens 200m			Mens 2000m			Bob CONNELL		
Neil GRIFFITHS	30	25.61	Bruce SALISBURY	45	6m45	Ladies Hammer		
Ladies 200m			Ladies 2000m			Pauline ROSS		
Kathryn STOLK	34	35.77	Toni SHAW	40	11m21			
Mens 400m			Dawn BOWDEN	35	11m21			
Neil GRIFFITHS	30	58.3	Mens 3000m					
Ladies 400m			Bruce SALISBURY	45	10m11			
Toni SHAW	40	1m43s	Ladies 3000m					
Mens 800m			Dawn BOWDEN	35	18m31			
John WILSON	43	2m12s	Mens 5000m					
Ladies 800m			Ian CORNTHWAITE	35	16m18			
Delwyn HEWITT	32	2m26s	Mens 2000m Steeple					
			Ian CORNTHWAITE	35	7m02			

RESULTS OF MEETING AT CAULFIELD VENUE -DECEMBER 1997

RESULTS OF MEETING AT CAULFIELD VENUE -DECEMBER 1997

3 LAPS EST TIME O/S TRACK- 2.12.97

	Est	Time	
Nev HARTCHER	39	13.52	
Ernie STEWART	47	13.55	2
Graham PHILPOTT	54	13.30	3
Gabriel CARMONA	55	16.00	4
Peter FIELD		13.52	5
Neil SALVANO	45	15.15	6
Robert MCKENNA	48	13.40	7
Jeff BOOT	41	14.42	8
Peter BENCE	48	14.47	10
Ray VALLANCE	53	15.40	12
Greg MAULDON	60	16.09	13
Kevin BROWNE	61	15.35	14
Jim NEFF	43	17.05	15
Colin MILLER	55	16.16	16
Case HUYSMAN	64	15.50	17
Jan BURROWS	47	15.55	18
Domenico MORINA	58	16.55	19
Paul MEREDITH	36	19.18	20
Terry STUBBS	47	17.00	21
Doug WALLACE	56	18.50	22
Peter McGRATH	58	18.00	24
Rhonda Trengrove	49	18.20	25
David JONES	60	17.59	26
John SHEARD	49	18.30	27
George YEOMANS	52	19.25	28
Gerry Blanchfield	55	19.30	29
Jan MORREY	58	17.50	30
Jenny FIELD	39	18.30	31
Judy WINES	59	18.45	32
Don PRITCHARD	47	18.00	33
Betty Mark	50	25.00	33
Pete BATTRICK	54	19.20	34
Jane STURZAKER	43	19.19	35

The above times do not mean anything as they are your estimated times. Due to breakdown of clock (and timekeeper!!) no times were taken for this event. Sorry. However, the above is the order in which you actually finished the run.

* * * * *

* NOTICE TO ALL MANAGERS. *

* IT IS ESSENTIAL THAT I *

* RECEIVE RESULTS FROM THE *

* GROUNDS BY THE SEVENTH OF *

* EACH MONTH, AT THE LATEST. *

* PETER COLTHUP. O.A.M. *

* EDITOR. *

* AROUND THE GROUNDS. *

* * * * *

300 MTR H/C TROPHY - 2.12.97

	Clock	Time	H/cap
Charles PACE	36	52.37	7 ecs
Kevin MARION (PB)	61	53.72	9 Secs
George YEOMANS	52	54.20	8 Secs
Anne HOLCOMBE	50	54.62	8 Secs
Stephanie ARMSTRONG	36	54.95	10 Secs
Brian HOLCOMBE	52	55.77	11 Secs
Eddy STACK	63	56.38	6 Secs
Norm KEITH	70	56.90	4 Secs
Graham Stockdale	55	59.74	16 Secs

100 MTR H/C TROPHY - 2.12.97

	Clock	Time	H/cap
Norm KEITH	70	11.00	28 Mtrs
Charles PACE	36	11.24	12 Mtrs
Kevin MARION	61	11.45	15 Mtrs
Brian HOLCOMBE	52	11.58	4 Mtrs
Alan SINCLAIR	47	11.76	10 Mtrs
Domenico MORINA	58	11.93	30 Mtrs
Ian BRITTAIN	62	12.11	28 Mtrs
Vivienne CASH	45	12.27	18 Mtrs
George YEOMANS	52	12.45	15 Mtrs
Stephanie ARMSTRONG	36	12.61	12 Mtrs
Paul MEREDITH	36	12.78	15 Mtrs

WALK - TEAM RELAY 2 X 3 LAPS - 2.12.97

Team	Time
Gwen Steed & Marg Beaumont	29.35
Graeme Davis & Bev Mackie	30.18
Ian Beaumont & Sanda Middleton	30.33
Darrel Polglase & Marlene Stanway	30.53
Jan Holmes & Ralph FIELD	30.58
Des Middleton and Jon Holmes	31.53

100 MTR H/C TROPHY - 9.12.97

	Clock	Time	H/cap
Howard FOX	50	11.70	10 Mtrs
Charles PACE	36	11.90	10 Mtrs
Brian HOLCOMBE	52	12.10	15 Mtrs
Nyala MILLAR	55	12.40	24 Mtrs
Glad WISHART	53	12.60	24 Mtrs
Jimmy THOMSON	70	12.80	18 Mtrs
Jan MORREY	58	13.00	22 Mtrs
Steve ZIMARIS	40	13.10	Scr
John O'CONNOR	36	13.40	10 Mtrs
Paul MEREDITH	36	14.00	15 Mtrs

1600 MTRS TEAM - 2 PEOPLE X 4 LAPS TWICE

Team	Time	H/cap
NEV HARTCHER		
SARA (?)	21.27	1st
JEFF BOOT		
LESLEY GRIMES	22.31	2nd
GRAHAM PHILPOTT		
GRAHAM PROSSOR	23.18	3rd
SHANE WATERMAN		
JENNY STEVENS	24.11	4th

YELLOW TEAMS

FIRST RUNNER (3 LAPS) THEN 4 LAPS

Runner	Time
BILLY CARR	
JOY HERBERT	25.04
RODNEY FORD	
TERRY STUBBS	25.09
COLIN MILLER	
JAN BURROWS	25.25
NEIL SALVANO	
JUDY WINES	25.39
PAUL LYNCH	
RHONDA TRENGROVE	25.55
DAVID JONES	
GREG MAULDON	26.04
JANE STURZAKER	
KEVIN BROWNE	26.17
ROB MCKENNA	
PAUL MEREDITH	26.19
MARK BENJAMIN	
PETER BATTRICK	26.32
GERRY BLANCHFIELD	
PETER McGRATH	27.24
JOHN WAITE	
CYNTHIA ELLERY	26.40
SHONDRA HILL	
DON PRITCHARD	28.58
BETTY MARK	
EDDY STACK	24.28 (3 LAPS)

400 MTR H/C TROPHY -9.12.97

	Clock	Time	H/cap
Steve ZIMARIS	40	1.22.2	25 Secs
John WAITE	57	1.23.0	8 Secs
Chris McARDLE	40	1.22.2	25 Secs
Brian HOLCOMBE	52	1.24.1	20 Secs
Doug ADENEY	53	1.25.2	22 Secs
Eddy STACK	63	1.26.4	13 Secs
John O'CONNOR	36	1.35.4	22 Secs

5KM H/C WALK - 9.12.97

	Time	Time	
Frank WARREN	71	37.12	34.12
Darrel Polglase	58	38.46	36.16
Janet Holmes	44	38.56	29.46
Maureen SEEDSMAN	60	39.02	32.42
Ian BEAUMONT	61	39.57	36.17
John SHEARD	49	39.58	30.58
Vic HARLEY	71	39.59	32.34
Marlene STANWAY	59	40.12	33.02
Graeme DAVIS	48	40.48	30.18
Margaret BEAUMONT	59	41.01	38.01
Marg MARION	57	45.11	41.11

100 MTRS H/C TROPHY - 16.12.97

	Clock	Time	H/cap
Domenico MORINA	58	11.68	34 Mtrs
Jimmy THOMSON	70	11.93	20 Mtrs
Perri HANNAH	36	12.10	Scr
Stephanie ARMSTRONG	36	12.29	17 Mtrs
Norm KEITH	70	12.50	24 Mtrs
Brian HOLCOMBE	52	12.74	16 Mtrs
Jim KING	58	12.96	14 Mtrs
Steve ZIMARIS	40	13.25	Scr
Stephen YOUNG	46	13.62	6 Mtrs
Bruce ROWAN	Inv	13.92	10 Mtrs

600 MTRS H/C TROPHY - 16.12.97

	Time	H/cap
George YEOMANS	52	1.53.4 Go
Stephen YOUNG	46	1.53.8 14 Secs
Chris McARDLE	44	1.54.5 6 Secs
Ann HOLCOMBE	50	1.55.5 10 Secs
Alan SINCLAIR	47	1.56.6 23 Secs
Bob WISHART	56	1.57.0 Go
Doug ADENEY	53	1.57.3 16 Secs
Kevin MARION	61	1.58.0 Go
Stephanie ARMSTRONG	36	2.00.4 12 Secs
Eddy STACK	63	2.03.0 Go

AQUATHON - RUN/SWIM OR WALK/SWIM

DATE: Sunday 1st February 1998 at 8.30am. **NOTE:** CHANGED FROM 8th FEBRUARY

PLACE: Lilydale Lake, Swansea Rd, Lilydale (Melways 38F6). Swansea Rd is the continuation of Canterbury Rd. It takes 20 minutes to drive from the corner of Canterbury Rd & Springvale Rd, Nunawading to Lilydale Lake.

COST: \$7.00 for both Run/Swim and Walk/Swim. Entry is on the day.

TROPHIES: To first placegetters in all age groups, male and female, runners and walkers.

FINISH CERTIFICATES: Will be provided to all entrants. These will supply both the run (or walk) time, plus the finish time.

RUN DISTANCE: 5K on a flat, clay/gravel walking path around the lake. You will encounter no cars, or unleashed dogs. Only two very slight inclines in 5K. No crowding - the walking path can accommodate three runners, running side by side.

WALK DISTANCE: 2.5K on the same walking path as above.

SWIM DISTANCE: 400 metres (measured) for both runners and walkers. The first leg is 285 metres. Then a 5 metre run around two flags on a beach. Then 115 metres to the finish.

SWIM SAFETY: For most of the swim you can stand up in the water. The 5 metre run around the flags on the beach allows you a breather (and a rest if you want it). You can stand up in the water for the entire last 115 metres, when you might be tired.

Life guards will be on two surf boards plus one canoe. Two other life guards will be treading water along the swim leg, and two further life guards will be stationed on two jetties at the 100 and 200 metre marks of the swim leg.

WATER QUALITY: The Lilydale Lake is used for triathlons, and the water quality is satisfactory. Water is continually arriving at the lake naturally from nearby hills, and leaving via a spillway. The water looks like normal dam water.

ALLOWABLE FLOTATION DEVICES: You can wear a life jacket, a full wet suit, or any other flotation device. However, flippers, hand paddles and wet suit tops are not allowed. (There is no competitive advantage in wearing a full wet suit, because by the time you get it on, your competitors will be 100 metres away. However, there is a competitive advantage in wearing a wet suit top, therefore these are not allowed).

AFTER THE RACE: A sausage sizzle, plus sandwiches, tea, coffee and biscuits will all be provided free to entrants and friends. Shelter is available should it be raining.

WHEN WILL I GET HOME TO MY BELOVED: The last finisher should be in by 10.00 am. Presentation of trophies and Finishing Certificates, plus socialising, should be over by 11.00 am. You should be home before 12 noon.

This Aquathon is conducted by the East Burwood Vets as a service to all Veteran athletes. This is not a fund raising venture, and the \$7.00 entry fee has been set so that it (just) covers the cost of hiring the lake facilities, plus trophies and Finishing Certificates.

Any enquiries please ring Bob Power (Home) 9560 6015 or (Business) 9634 6813.

LINDSAY THOMAS MEMORIAL - 10 KLM RUN

TUESDAY 20 JANUARY 1998 - 7.00 PM SHARP

BRAESIDE METROPOLITAN PARK - MELWAYS REF:- 88 D7
(ENTRANCE - LOWER DANDENONG ROAD)

ENTRY FEE \$3.00 PAYABLE ON THE NIGHT

OPEN TO VETERAN ATHLETES ONLY - VVACI MEMBERS (OR BY INVITATION)

EVENTS

10 KLM RUN (TWO LAPS OF PARK) - 5 KLM RUN & WALK (ONE LAP OF PARK)

PRIZES

FIRST / SECOND / THIRD MALE 10 KLM RUN (TROPHY)

FIRST / SECOND / THIRD FEMALE 10 KLM RUN (TROPHY)

FIRST / SECOND / THIRD MALE & FEMALE 5 KLM RUN (MEDALLION)

FIRST / SECOND / THIRD MALE & FEMALE 5 KLM WALK (MEDALLION)

*THE PERPETUAL TROPHY FOR THE 10KLM RUN IN MEMORY OF
LINDSAY THOMAS IS HELD BY THE THOMAS FAMILY.*

- NUMEROUS SPOT PRIZES -

PREVIOUS 10 KLM WINNERS (VETERAN)

1993 MALE -	BARRY FRY (TOOTGAROOK)	37.57
1994 MALE -	TERRY HARRISON (MENTONE)	36.43
1995 MALE -	RUSSELL JOHNSON (ABERFELDIE)	34.57
1996 MALE -	RUSSELL JOHNSON (ABERFELDIE)	36.20
1997 MALE -	JOHN DUCK (NON-VENUE MEMBER)	35.33

1993 FEMALE -	THERESIA BAIRD (SPRINGVALE-NOBLE PARK)	40.50
1994 FEMALE -	THERESIA BAIRD (SPRINGVALE-NOBLE PARK)	44.16
1995 FEMALE -	PETRINA TROWBRIDGE (COLLINGWOOD)	40.08
1996 FEMALE -	BRONWYN HANNS (MENTONE)	41.40
1997 FEMALE -	HELEN MYALL (SPRINGVALE-NOBLE PARK)	52.31

ORGANISED BY THE SPRINGVALE - NOBLE PARK VENUE OF THE
VICTORIAN VETERANS ATHLETIC CLUB INCORPORATED

ENQUIRIES - KEN HOUGH - TEL :- 9268 1500 (W) 9798 1231 (H)

PLEASE NOTE: The distance of each event has not been "wheel measured" and is in fact a little bit longer than the advertised distance.

RESULTS OF MEETING AT CAULFIELD VENUE -DECEMBER 1997

8 KM H/C RUN - 16.12.97

	H/cap	Actual
BLUE RUNNERS	Time	Time
Graham PHILPOTT	54 31.59	31.09
Jeff BOOT	41 32.38	28.58
Nev HARTCHER	44 33.05	29.25
Graham PROSSOR	43 33.40	32.35
Ernie STEWART	47 34.35	30.55
Robert McKENNA	48 34.41	33.36
Gabriel CARMONA	55 34.55	31.45
Jim McLURE (21 Laps)	51 34.59	33.04
Shane WATERMAN	35 35.43	35.43

YELLOW RUNNERS

Nino STANKOVICH	65 47.55	40.45
Case HUYSMAN	64 48.20	37.10
Jane STURZAKER (PB)	44 48.26	38.21
Jim NEFF	41 48.28	33.13
Kevin BROWNE	61 48.56	35.21
Don PRITCHARD (PB)	47 48.59	38.54
Rhonda TRENGROVE	50 49.03	40.13
Colin MILLER	55 49.14	37.14
Paul LYNCH	48 49.16	36.31
Gerry BLANCHFIELD	55 49.18	39.23
Greg MAULDON	60 49.32	37.02
Judy WINES	59 49.40	41.40
Terry STUBBS	48 49.40	37.40
Rodney FORD	56 49.51	36.16
Betty MARK	50 49.59	45.34
Jan BURROWS	47 50.40	38.10
Ray VALLANCE	53 50.57	35.27
Cynthia ELLERY	48 51.02	46.37
Fred LESBIREL	73 53.22	46.12
Shondra HILL	50 23.53	(4K)

300 MTR H/C - 30.12.97

	Clock	H/cap
	Time	Time
Kevin MARION	61 59.11	13 Secs
Glad WISHART	53 59.79	4 Secs
Doug ADENEY	53 60.23	16 Secs
Nyala MILLAR	55 61.49	5 Secs
Steve ZIMARIS	40 61.93	22 Secs
Alan SINC;LAIR	47 62.56	22 Secs
Mark HITGE	35 62.96	22 Secs
S. Cole	61 63.71	6 Secs
Stephen YOUNG	45 64.24	22 Secs
Bob WISHART	56 65.09	18 Secs
Nev HARTCHER	44 65.57	18 Secs
Vivienne CASH	45 65.92	10 Secs
John WAITE	57 66.24	8 Secs

10 LAP H/C WALK - 16.12.97

	Clock	Actual
	Time	Time
Gwen STEED	55 22.57	21.12
Sandra MIDDLETON	49 24.57	21.32
Domenico MORINA	58 26.18	21.38
Joy HOGAN	45 27.09	21.44
Maureen SEEDSMAN	60 26.21	21.51
Darrel POLGLASE	58 28.42	21.57
Frank WARREN	71 27.25	22.15
Des MIDDLETON	50 24.34	22.19
John SHEARD	49 24.52	22.22
Margaret BEAUMONT	59 24.45	22.25
Vic HARLEY	71 27.30	22.40
Graeme DAVIS	48 22.45	22.45
Ian BEAUMONT	61 30.23	23.22
Bev MACKIE	57 35.08	23.28
Marg MARION	57 35.08	30.03

400 MTR H/C TEAM - 23.12.97

	Clock	H/cap
	Time	Time
Kevin Marion & Nev Hartcher	2.29.4	22 Secs
Doug Adeney & Alan Sinclair	2.30.2	32 Secs
Stephen Young & Bob Wishart	2.30.5	29 Secs
Brian and Ann Holcombe	2.30.8	22 Secs
Chris McArdle & Jim King	2.31.0	20 Secs
Emma Yeomans & ? Greig	2.31.6	12 Secs
Eddy Stack and Perri Hannah	2.36.3	1 Sec
Nino Stankovic & John Waite	2.40.4	Go
George Yeomans & Glad Wishart	2.41.4	19 Secs
Peter and Jenny Field	2.44.5	5 Secs

100 MTRS H/C - 23.12.97

	Clock	Time
Ian BRITTAIn	63	15.00
Domenico MORINA	58	15.60
Nyala MILLAR	55	15.88
John WAITE	56	16.10

100 MTR H/C - 30.12.97

Steve ZIMARIS	40	11.51	4 Mtrs
Nyala MILLAR	55	11.75	25 Mtrs
Charles PACE	36	11.94	10 Mtrs
Domenico MORINA	58	12.16	30 Mtrs
Vivienne CASH	45	12.32	20 Mtrs
John WAITE	57	12.54	30 Mtrs
Mark HITGE	35	12.81	Scr
Stephen YOUNG	45	13.16	6 Mtrs

RESULTS OF MEETING AT CAULFIELD VENUE -DECEMBER 1997

1600 MTRS RUN - TEAM RELAY - 23.12.97

Name	Time	Total Time	Name	Time	Total Time
Louis Waser	6.14		Judy Wines	7.52	
Peter Bence	6.02	18.13	Ernie Stewart	5.50	20.36
Graham Philpott	5.57		Kevin Browne	6.54	
Jeff Boot	5.42		Jane Sturzaker	7.05	
Roy Stanway	6.37	18.47	Alan Sinclair	6.36	21.02
Neil Salvano	6.28		David Jones	7.21	
Peter Field	5.52		Terry Stubbs	7.00	
Bill Carr	6.03	18.49	Jan Burrows	7.14	21.29
Eddy Stack	6.04		Joy Herbert	7.15	
Gabriel Carmona	6.11		Cal Neff	5.49	
Stephanie Armstrong	6.11	19.22	Alex Neff	7.56	21.42
Domenico Morina	7.00		Belinda Meredith	8.17	
Ross Martin	5.51		Paul Lynch	7.08	
John Waite	6.18	19.22	Colin Miller	6.52	21.43
Don Hughes	7.13		Rhonda Trengrove	7.43	
Case Huysman	6.47		Jan Morrey	7.12	
Graham Prossor	6.09	19.55	Ben Morrey	7.45	22.14
Paul Meredith	6.59		Gerry Blanchfield	7.17	
Greg Mauldon	7.08		Peter Battrick	8.02	
Jim Neff	6.07	20.02	Betty Mark	8.08	22.44
Don Pritchard	6.47		Denis Thornton	6.34	
Mark Benjamin	7.14		Shondra Hill	8.31	
Nev Hartcher	5.42	20.07	Cynthia Ellery	8.16	23.40
Marion Perazzo	7.11		Ray Vallance	6.53	
			Jenny Field	7.43	
			Jim Sinclair	8.23	24.17
			John Sheard	8.11	

1600 MTR TEAM WALK EST TIME - 23.12.97

Name	Time	Est Time	Actual Time	Name	Time	Est Time	Actual Time
Darrel Polglase	11.17			Joan Jubb	13.14		
Frank Warren	10.32	21.56	21.49	Marg Marion	11.52	26.56	25.06
Margaret Beaumont	11.56			Bev Mackie	12.07		
Ian Beaumont	11.39	23.20	23.35	Andy Smith	12.59	27.00	25.06
Graeme Davis	8.05			Jan Guthrie	14.38		
Maureen Seedsman	10.09	18.40	18.14	Grace Smith	15.57	32.10	30.35
Marlaine Stanway	10.03			Joan Clarke	11.57		
Gwen Steed	8.40	19.17	18.43	Dot Jack	12.42	27.45	24.39

SINGLETs SINGLETs SINGLETs SINGLETs SINGLETs

HAVE YOU GOT YOUR NEW MENS SINGLET YET?

IF NOT., DO SO NOW.

RING ERIC GREAVES ON TELE. 9560 2971.

RESULTS OF MEETING AT CAULFIELD VENUE - DECEMBER 1997

10/12/97

Frankston Vets Results

VR041297.XLS

3KM RUN - 30.12.97

	<u>Actual Time</u>		<u>Est Time</u>	<u>Actual Time</u>
Jeff BOOT	41 10.36	Domenico Morina	58 16.30	16.08
Nev HARTCHER	44 10.37	Joan Jubb	62 20.10	20.42
Graham PHILPOTT	54 11.20			
Shane WATERMAN	32 11.32	Frank WARREN	71 16.00	DNF
John WAITE	57 11.47	Darrel POLGLASE	58 17.05	17.07
Neil Salvano	45 11.56			
Denis THORNTON	42 12.05	Marlaine Stanway	59 15.00	15.38
Don McLEAN	63 12.15	Penny HALL	57 14.40	14.20
Gabriel CARMONA	55 12.44			
Kevin BROWNE	61 12.46	Bev MACKIE	57 19.20	18.13
Fred BISCHER	60 12.47	Marg MARION	57 18.30	17.46
Stephen YOUNG	44 13.00			
Colin MILLER	55 13.01	Andy SMITH	82 21.10	20.33
Paul LYNCH	48 13.05	Ralph FIELD	84 24.00	22.36
Greg MAULDON	60 13.25			
Jan BURROWS	47 13.28	Gwen STEED	55 13.48	13.19
Rodney FORD	56 13.36	Mary Seste	46 15.00	17.35
David JONES	60 13.57			
Gerry BLANCHFIELD	55 14.01	Ian BEAUMONT	61 18.00	17.26
Jane STURZAKER	44 14.04	Margaret BEAUMONT	59 18.00	17.06
Peter McGRATH	58 14.08			
Don PRITCHARD	48 14.11	Jan GUTHRIE	63 22.00	22.29
Paul MEREDITH	36 14.14	Joan CLARKE	63 19.20	18.32
Pete BATTRICK	54 14.52			
Rhonda TRENGROVE	50 15.08			
Nino STANKOVIC	55 15.09			
Judy WINES	59 15.24			
Betty MARK	50 15.57			

December was a good month for team nights at Caulfield. Our breakup-night on December 23 was full of fun, especially the 3 to a team event for the runners and two per team for the walkers.

Over 100 people attended on this night, with trophies and presents awarded, thanking the many people for their excellent work with the club throughout the year. Club trophy 'person of the year' went to Don Pritchard who also became our new treasurer.

Every single person at Caulfield was sad to hear Leo Charles advise that he was stepping down as Joint Manager as of 1st January 1998, but that he would continue with the handicapping and many other jobs he organises. He has fulfilled his role in a most efficient manner, injecting many new ideas into the club, made us laugh with his awful (!) jokes, and has attracted quite a lot of new faces each Tuesday night.

A big 'Thank you' Leo, from all the Caulfield Mob.

Frankston Venue

<u>300 Metre Run</u>	04-Dec-97		
1 Eddie Stack	63	53.03	
2 Gordon Loughnan	45	62.49	
<u>1500 Metre Run</u>	04-Dec-97		
1 Chris Rabi	38	5.02	
2 Gary Anderson	45	5.03	
3 Ian Muir	53	5.04	
4 Ken Whyte	51	5.10	
5 Allan Alderson	46	5.12	
6 John Wallace	54	5.28	
7 Tony Nematic	45	5.29	
8 David Painter	55	5.34	
9 Garry Meyer	42	5.38	
10 George Symons	49	6.18	
11 Syd Elks	72	6.34	
12 Tom Gerrard	49	6.38	
13 Gordon Loughnan	45	6.43	
14 Phillipa Edgell	47	6.47	
15 John Reid	70	7.12	
16 Lindsay Beaton	47	7.12	
17 Kees Zwynenburg	68	8.58	
<u>600 Metre Run</u>	04-Dec-97		
1 David Nobbs	57	1.38	
2 Ian Muir	53	1.47	
3 Gary Anderson	45	1.49	
4 Ken Whyte	51	1.50	
5 Chris Rabi	38	1.51	
6 Allan Alderson	46	1.54	
7 David Painter	55	2.08	
8 George Symons	49	2.09	
9 Gordon Loughnan	45	2.19	
10 Peter Ellis	46	2.19	
11 Lindsay Beaton	47	2.34	
12 Colin Kemp	45	2.57	
13 Sue Kemp	44	3.09	
14 Pam Homibrook	43	3.18	
15 Kees Zwynenburg	68	3.18	

Frankston Venue

<u>100 Metre Run</u>	04-Dec-97		
1 Marc Pittau	31	12.29	
2 Ross Kent	55	12.53	
3 Graeme Richards	52	13.3	
4 Tony Nematic	45	13.84	
5 Tom Gerrard	49	14.22	
6 John Reid	70	15.93	
7 Syd Elks	72	16.13	
8 Phillipa Edgell	47	16.15	
<u>2400 Metre Walk</u>	04-Dec-97		
1 Kathy Westthorp	36	15.58	
2 Gwen Steed	55	15.58	
3 Nerida Noyes	43	16.02	
4 Frank Warren	71	16.03	
5 Syd Elks	72	16.16	
6 Kees Zwynenburg	68	17.35	
7 Lindsay Beaton	47	18.06	
8 Ern Walker	84	18.10	
9 Wendy Seers	56	18.11	
10 Jim Strickland	67	18.45	
11 Stan Ross	59	18.46	
12 Mary Elks	69	19.11	
13 Ian Macarthur	57	19.34	
14 Sylvia Ross	58	20.2	
15 Belinda Kirkham	30	22.44	
<u>4800 Metre Run</u>	04-Dec-97		
1 Mike Landman	42	20.15	
2 Peter Ellis	46	22.14	
3 Colin Kemp	45	23.24	
4 Pam Homibrook	43	24.23	
5 Sue Kemp	44	24.43	
Barbara Strickland	64	13.05	
Grace Smith	78	16.58	

ADVERTISERS WANTED

We have room for a few small advertisements in future copies of "AROUND THE GROUNDS".

Have you a business you would like the members to be aware of.

By advertising through us you will be helping to keep our magazine free to members as well as helping yourself.

The cost to you is very small, for further information please ring me on 97951169

Editor.

MENTONE VENUE RESULTS

3 LAPS ROAD - WALK
19/11/97

1. Marlene GOURLAY	46	14.10
2. Sylvia MACHIN	56	15.35
3. Bob FRENCH	69	16.21
4. Joy HOGAN	45	16.47
5. Rae ATKINS	66	17.15
6. Darrel POLGLASE	58	17.40
7. John BECK	61	18.20
8. Marg. MARION	57	19.27
9. Ian BEAUMONT	61	19.27
9. Joan CLARKE	62	19.41
9. Jim MACHIN	67	19.41
10. Heidi ENGEL	55	19.44
11. Ern WALKER	84	19.55
12. Dot JACK	79	20.56
13. Grace SMITH	78	26.12

26/11/97
1500 METRES

1. Alan DINSDALE	35	5.04.8
2. Peter WEEKS	43	5.18.7
3. Don McLEAN	63	5.34.9
4. John WAITE	57	5.42.1
5. Dick JEFFREY	54	5.49
6. Howard FOX		6.13.5

110 METRES E.T. TROPHY

1. K.STUTTERD	50	14.92
2. John WAITE	57	17.88
3. Howard FOX	50	14.6
Kevin MARION	61	14.7*
Glad WISHART	53	17.30
Don McLEAN	63	17.24
Vivienne CASH	45	15.98
*Age Track Record		

FRANK McGUIRE 2K E.T. TROPHY

1. Darrel POLGLASE	58	14.09
2. Margaret MARION	57	14.38
3. John BECK	61	13.52
Margaret BEAUMONT	59	13.21
Ian BEAUMONT	61	14.43
Vivienne CASH	45	13.39
Joan CLARKE	62	15.03
Maureen SEEDSMAN	60	12.43
Vic HARLEY	71	13.42
Jack KILFOYLE	73	12.40
Ern WALKER	84	15.51
Jim MACHIN	67	15.12
Sylvia MACHIN	56	12.31
Gwen STEED	55	11.00
Rae ATKINS	66	13.43
John HALLO	55	11.02
Grace SMITH	78	20.08
Bob FRENCH	69	12.39

26/11/97 (cont)
FRANK McGUIRE 2K E.T. TROPHY

Dot JACK	79	15.37
Pam MEWS	62	15.56
Janet FORD	29	12.10
Marlene GOURLAY		11.33
Rodney FORD	56	11.26
4 LAPS ROAD (3.36K)		
1. Peter SMART		12.09
2. G.STOCKDALE	55	12.57
3. Bronwyn HANNS	34	13.12
4. Peter WEEKS	43	13.20
5. Greg WILLIAM	44	13.27
Hank BUREN		15.02
Eddie GAMBLE	82	20.53
Chris HANNS	14	15.49
Jessica HANNS	12	18.00
Rob FINLEY	48	15.49
Ian KRASKA		13.48
Ray KEMP	70	16.21
Paul LYNON	48	14.40
Don McLEAN		15.08
Mark McARTHUR		14.34
Greame NODEN	59	15.34
John MAHONY	58	14.27
Sonya McLENNAN	45	14.16
Greg MAULDON	60	14.30
Marion PERAZZO		15.35
Ben MORREY	68	16.58
Ashley PAGE	57	14.47
B.THIELE	38	21.01
R.THIELE	34	21.01
Rhonda TRENGROVE		16.20
K.STUDDARD		15.31
Laurie WASER		14.16
Peter WEEKS	43	13.20
Greg WILLIAM	44	13.27
John WAITE	57	14.00

3/12/97
3K E.T. WALK TROPHY

1. Ian BEAUMONT	61	22.30
2. Jim MACHIN	67	23.04
3. Darrel POLGLASE		21.24
Marg. MARION	57	20.02
Joy HOGAN	45	20.02
Tony JOHNSON	57	15.53
Celia JOHNSON	50	17.48
Sylvia MACHIN	56	18.44
Ern WALKER	84	22.16
Rae ATKINS	66	20.40
Bob FRENCH	69	19.31
Lee POWNALL	54	19.24
Joan CLARKE	62	23.04
Wendy SEERS	56	22.18

3/12/97 (cont)
MIKE O'NEILL 100M HANDICAP
FINAL

1. Ross KENT	12.40
2. Tony NEMARIC	12.49
3. Brian HOLCOMBE	
4. Rhonda DUNDAS	
5. Tony BRADFORD	12.57
6. K.STUTTARD	
7. Glad WISHART	12.95

2K E.T. TROPHY

1. Tony BRADFORD	58	7.54
2. Alan DENNIE		8.37
3. Mike McAVOY	63	7.54
Danny HAWKSWORTH		6.29
Greg WILLIAM		8.53

10/12/97
6.7K ROAD - RUN

1. Neil BOYLE	44	25.36
2. Peter SMART	52	26.24
3. Laurie COLLARD	40	26.42
4. Bronwyn HANNS	34	27.07
5. Brett	38	27.13
6. Peter MURPHY	39	27.19
7. Peter WEEKS	43	29.01
8. Ashley PAGE	57	30.00
9. John MOORE	47	30.27
10. Rodney FORD	56	31.17
11. Greg MAULDON	60	31.26
12. John MAHONY	58	31.30
13. Don HUGHES	60	33.11
14. Doug WALLACE	56	33.40
15. Rhonda TRENGROVE		34.12
16. Jan GARRARD	49	36.58
17. Betty MARK	50	39.02

800M E.T. TROPHY

1. Graeme NODEN	59	2.54
2. John MAHONY	59	2.57
3. Neil BOYLE	44	2.25
Don McLEAN	63	2.49
Bronwyn HANNS	34	2.32
Eddie GAMBLE	82	3.58
Bob WISHART	56	2.59
John BECK	61	3.50
John MOORE	47	2.28
Mike JOHNSTON	76	3.01
John WAITE	57	3.00
Laurie COLLARD	40	2.50
Rob FINLEY	48	2.40
P.SMART	52	2.26

10/12/97 (cont)
300 METRES

1. Ross KENT	55	41.5
2. Howard FOX	50	43.11
3. Dick JEFFREY	54	43.80
4. B.HANNS	INV	56.14
5. John WAITE	57	56.6

70 METRES

1. Ross KENT	55	9.10
2. Howard FOX	50	9.72
3. Vivienne CASH	45	10.6
4. Don McLEAN	63	11.11
5. Nyala MILLAR	55	11.37
6. John WAITE	57	12.37

FOR SALE

16 lb BOWLING BALL AND BAG		\$25.00
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LARGE GOLF BAG		\$20.00
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CHILDS PUSHER	***	\$35.00
METAL DROP-SIDE COT	THE LOT	\$20.00
WOODEN PLAY PEN	\$80.00	\$20.00
CHILDS HIGH CHAIR	***	\$15.00
BOX OF 30 PAPER-BACKS (No M.B.)		\$ 6.00
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V.C.R. RANK ARENA (Top loader)		\$70.00
PORTABLE TYPE-WRITER REMINGTON		\$40.00

Ring Peter COLTHUP 9795 1169

Have you got something you would like
TO sell ?

VICTORIAN VETERANS' ATHLETIC CLUB INC

1998 summer events

date	event	starts	venue	melway	closing date
Sunday, March 1	Pentathlon	12.30pm for M30 to M45 1.00pm others	Duncan McKinnon Park	69 A9	Friday, February 20
Sunday, March 22	Weight Pentathlon	10.00am	Duncan McKinnon Park	69 A9	Friday, March 13
Saturday, Sunday, March 28 & 29	Track & Field	10.00am	Duncan McKinnon Park	69 A9	Friday, March 13

Provisional Timetable for track & Field.

Saturday March 28

TRACK	
12.00	Sprint Hurdles
12.30	100m Heats/ Finals
1.25	1500m Finals
2.35	100m Finals
2.45	5K Walk M30 to M65
3.30	400m Finals
4.20	5K Walk W30+, M70+
5.05	3K Steeple
5.15	2K Steeple

FIELD

10.00	Heavy Weight Throw W30+, M65+
12.00	Long Jump (order of events) W30+, M70 to M85 M60/65, M50/55, M40/45, M30/35
12.00	Discus Throw M30/35, M40/45, M50/55, W60+, W30/35/40/45, W50/55, M60/65 M70+
12.00	Hammer Throw M50/55, M60/65, W30+, M30 to M45 M70+
1.00	High Jump M30 to M45, M50 to M65, W30+/M70+

Technical Details

IMPLEMENTS

AGE	Shot Put	Discus	Hammer	Javelin	Weight
Women					
30-39	4.00k	1.00k	4.00k	600gm	9.08k(20lb)
50-59	3.00k	1.00k	3.00k	400gm	7.26k(16lb)
60+	3.00k	1.00k	3.00k	400gm	5.45k(12lb)
Men					
30-49	7.26k	2.00k	7.26k	800gm	15.88k(35lb)
50-59	6.00k	1.50k	6.00k	800gm	11.34k(25lb)
60-69	5.00k	1.00k	5.00k	600gm	9.08k(20lb)
70-79	4.00k	1.00k	4.00k	600gm	7.26k(16lb)
80+	4.00k	1.00k	4.00k	600gm	5.45k(12lb)

Sunday March 29

TRACK	
12.00	400m/300m Hurdles
12.30	3K Walk M30+
1.00	800m Finals
1.50	1500m Walk W30+
2.10	200m Heats/ Finals
3.10	5K M 55+
3.45	5K W30+
4.20	200m Finals
4.30	5K M30/35/40/45/50

FIELD

10.00	Heavy Weight Throw M30 to M60
12.00	Triple Jump M50/55, M30/35, M40/45, W30+, M60+
12.00	Javelin Throw M60/65, M50/55, M40/45, M30/35, M70+, W30 to W45, W 50+
12.00	Shot Put M70+, W50+, W30 to W45, M60/65, M50/55, M30/35, M40/45
1.30	Pole Vault W30+/M60+, M30 to M55

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V.V.A.C. Inc. Badges \$ 3.00
John Dean 9337 7179

V.V.A.C. Inc. Track Suits (incl. post) \$98.00
and peaked Navy hat \$10.00
Doug Orr 9878 4875

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White T-shirts (short sleeve) \$12.00
and T-shirts (long sleeve) \$15.00
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STEEPLECHASE -

3000m for M30-59, 2000m for M60+ and women.
(The 2000m steeple to use .762 steeples, if available)

PENTATHLON EVENTS

MEN L.J. JAV, 200m, DISCUS, 1500m
WOMEN L.J. JAV, 200m, DISCUS, 800m

WEIGHT PENTATHLON EVENTS

BOTH MEN AND WOMEN
HAMMER, SHOT, DISCUS, JAVELIN, WEIGHT

HURDLES SPECIFICATIONS

AGE	RACE DISTANCE	HURDLE HEIGHT	TO 1ST HURDLE	BETWEEN HURDLES	TO FINISH	NO OF HURDLES
Women						
W30/35	100m	.84m	13m	8.5m	10.5m	10
W40/45	80m	.762m	12m	8m	12m	8
W50+	80m	.6m	12m	7m	19m	8
W30/35/40/45	400m	.762m	45m	35m	40m	10
W50+	300m	.6m	50m	35m	40m	7
Men						
M30/35/40	110m	.991m	13.72m	9.14m	14.02m	10
M45/50	100m	.914m	13m	8.5m	10.5m	10
M55/60	90m	.84m	13m	8m	13m	9
M65+	80m	.762m	12m	7m	12m	9
M30/35/40/45	400m	.914m	45m	35m	40m	10
M50/55	300m	.84m	50m	35m	40m	7
M60+	300m	.762m	50m	35m	40m	7

CONDITIONS OF ENTRY

1. You must be a financial member of the club.
2. Club uniform must be worn.
3. You must supply your own lapscorer for events of 3km and longer.
4. Be available to start your event at least 30 min. prior to the official starting time.

EST. 1960

BALACLAVA

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Practitioner U.S.A. Diversified ...
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- Activator Methods Short Leg & Back Pain Syndrome
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- Malfunction of Organs and Glands
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- Naturopathic Medicine

301 BALACLAVA ROAD, CAULFIELD NTH., 3161

TEL 9571 6295

Opposite Caulfield Park

**GEELONG VENUE RESULTS
DECEMBER 1997**

5.75KM Cross Country 3/12/97

Dave ELWARD	47	19:30
Jeff WALKER	50	20:04
Clive Paisley	46	20:38
Cric COLLINS	46	20:51
Graham CROCKFORD	47	21:09
Ron CAMPBELL	54	21:32
Paul STEWART	37	21:39
Greg PARSONS	42	21:56
Gary GIBSON	45	23:23
Mal EDDY	40	23:39
Joe WEILER	58	24:29
Geoff CORN	40	24:47
Tony ALSOP	57	24:48
Bob SEAMER	52	25:01
Neil MAURER	34	25:02
Dale JENNINGS	60	25:24
Tom BLOOD	57	25:30
Gary STRATTON	50	26:10
Steve DAVIES	36	28:16
Annette BIRD	48	28:42
Alan FOOT	55	28:47
Ian HOLLIDAY	52	28:47
Sue STRATTON	47	28:56
Fred BARNETT	49	28:58
Brian WOODS	60	29:13

3km Cross Country

Neil MacDONALD	40	11:19
Laurie BLAIR	37	14:02

3000 METRES 10/12/97

Div. 1.

Dave ELWARD	47	9:56
Geoff PURNELL	42	10:13
Jeff WALKER	50	10:15
Clive PAISLEY	46	10:26
Cric COLLINS	46	11:00
Ron CAMPBELL	54	11:06
John MOORE	47	11:09
Pattie GALVIN	40	11:35(R)
Mike McAVOY	63	11:37
Neil MacDONALD	40	11:52
Mal EDDY	40	11:59

Div. 2.

Gary GIBSON	45	11:15
Mark FARR	43	11:52
Geoff McDONALD	49	12:23
Tony ALSOP	57	12:25
Tom BLOOD	57	12:44
Brenda RILEY	58	13:44
Alan FOOT	55	14:18
Fred BARNETT	49	15:00

400 METRES

John MOORE	47	58.60
Mike McAVOY	63	1:09.22
Gary GIBSON	45	1:10.93
Geoff McDONALD	49	1:12.00
Fred BARNETT	49	1:50.06

200 METRES

Mike McAVOY	63	31.50
Alan FOOT	54	33.15
Fred BARNETT	49	42.25

MILE 17/12/97

Russell JOHNSON	45	4:46.24(R)
Dave ELWARD	47	4:55.54
Peter FULLER	36	4:56
Jeff WALKER	50	5:15
Ross BUSH	32	5:21
Gary GIBSON	45	5:28
Gary ELLIOTT	45	5:32
Mike McAVOY	63	5:40
Mal EDDY	40	5:45
Mark FARR	43	5:59
Geoff CORN	40	6:05
Tony ALSOP	57	6:11
Tom BLOOD	57	6:33
Dale JENNINGS	60	6:53
Ian HOLLIDAY	52	7:29
Alan FOOT	55	7:40
Geoff McDONALD	49	7:45
Fred BARNETT	49	7:45

800 METRES

Mike McAVOY	63	2:27
Ross BUSH	32	2:30
Gary ELLIOTT	45	2:36
Russell JOHNSON	45	2:37
Mark FARR	43	2:55
Tony ALSOP	57	2:58
Ian HOLLIDAY	52	3:21
Alan FOOT	55	3:39
Fred BARNETT	49	3:43

SPRINGVALE VENUE RESULTS 17 Dec.

100 Metres Heat 1

Marc LAROSE	38	11.5	secs
Marc PITTAU	31	11.8	"
Bill HAINS	34	12.2	"
Peter GILLETTE	42	12.7	"

Heat 2

Juan PEREZ	16	14.9	Secs
Lee COPLAND	7	16.9	"

400 Metres

David GOODMAN		53.1	secs
Ken BOOCOCK	39	58.3	"
Bill HAINS	34	60.9	"
Eddie STACK	62	76.5	"
Lee COPLAND	7	85.3	"
Dean COPLAND	42	86.5	"

* * * * *

**SOUTHERN PENINSULA
DECEMBER 97 RESULTS.**

WEDNESDAY 3RD.

100 MTRS.heat one.

Graham ANGLISS	36	13:14	PB
Barry FRY	55	13:31	PB.
John SIMPSON	45	13:60	
Alan RADFORD	46	13:60	
Vasilis POLTIDIS	13	16:46	
Stephan POLATIDIS	60	20:30	

THE 600 MTR. HANDICAP. Heat one.

	AGE	HCP	CLOCK	ACTUAL	
Jessica SIMPSON	7	60	2:52	2:52	A :10 PB
Jackie TAYLOR	51	0:39	2:58	2:19	A :7 BEST.
Lorraine ARDLEY	46	0:10	3:01	2:51	A :2 PB.
John SIMPSON	45	0:35	3:02	2:57	WITH :4 PB.
Victoria RADFORD	11	0:35	3:06	2:31	AND :5 BEST
Meredith RADFORD	37	0:32	3:10	2:38	
Barb BONNICI	49	0:35	3:11	2:36	
Annie LYONS	29	0:39	3:19	2:40	

heat two.

	AGE	HCP	CLOCK	ACTUAL	
Despina POLATIDIS	15	FASTEST			
Jackie TAYLOR	51	QUICKEST			
Meredith RADFORD	37	THE NEXT			
Victoria RADFORD	11	4TH			
Barb BONNICI	49	EQ. 5TH			
Jessica SIMPSON	7	EQ. ALSO			

Ken TAYLOR 52 0:45 2:54 2:09 A:11 PB
Barry FRY 55 1:18 2:56 1:38 WITH :3 PB
Alan RADFORD 46 1:12 2:57 1:45 ALSO :3 PB
Despina POLATIDIS 15 0:55 2:58 2:03 & A :7 PB
Vasilis POLATIDIS 13 1:00 2:59 1:59 WITH :4 PB
Dennis ARDLEY 5 0:53 3:10 2:17 NO PB HERE
Graham ANGLISS 36 1:14 3:13 1:59 NOR HERE.
Stephan POLATIDIS 60 0:38 3:20 2:42 - CRUISING

AFTER SOME QUICK SPRINTS TEN ATHLETES RECORD BEST TIMES IN THE 600 MTR. HANDICAP WITH TROPHIES GOING TO JESSICA & KEN. IN THE 1600 MTR. WALK SUE SIMPSON (0:16) AND BARB BONNICI (0:43) ENJOY FAST BEST TIMES. 13 MORE PBs WERE STILL TO COME IN THE 3 BY 1600/2000 MTR EVEN THE 1600 MTR. WALK.

2000 MTRS. SET TIME 1ST 2ND 3RD RESULT

Heather McDONALD	48	7:52	Graham ANGLISS	36	7:15 - 6:53	PB 6:55	7:03	-0:54
Despina POLATIDIS	15	12:00	Barry FRY	55	7:35 - 7:29	PB 7:26	PB 7:27	-0:23
Jessica SIMPSON	7	12:01	Alan RADFORD	46	7:59 - 8:00	7:55	PB 7:56	-0:06
Barb BONNICI	60	12:03	Dennis ARDLEY	50	7:58 - 8:17	----	--- +0:19	DNF

1600 MTRS.

Despina POLATIDIS	15	7:05 - 7:07	PB 6:46	PB 6:40	PB -0:42	
Lorraine ARDLEY	46	8:15 - 8:26	PB 8:22	PB 8:08	PB +0:11	
Ken TAYLOR	52	7:12 - 7:16	7:11	7:17	+0:08	
Barb BONNICI	49	8:10 - 8:24	8:22	PB 8:39	+0:55	
Sue SIMPSON	38	7:26 - 7:49	7:44	PB 8:09	+1:24	
Heather McDONALD	48	7:47W - 7:51W	7:54W	---	+0:11	DNF
Jackie TAYLOR	51	7:35 - 7:50	7:34	PB ---	+0:14	DNF
John SIMPSON	45	9:20 = ----	----	----	----	DNF

THREE RUNS (OR WALKS) TO GET NEAR OR BETTER YOUR SET TIME WAS A TOUGH ASK ON THIS WARM EVENING. GRAHAM ANGLISS SLASHED HIS BEST TIMES TO WIN AHEAD OF THE IMPROVING DESPINA POLATIDIS AND THE VERY CONSISTANT BARRY FRY. LORRAINE ARDLEY & DESPINA RECORD THREE PBs. DURING THE EVENT.

WEDNESDAY 10TH.

70 MTRS Heat one.

Vasilis POLATIDIS	13	11:50	
Meredith RADFORD	37	11:72	
Victoria RADFORD	11	12:16	PB
Jessica SIMPSON	7	12:39	PB
Rebecca MOORE	26	12:66	
Barbara BONNICI	49	12:98	

200 MTRS. Heat one.

Ken TAYLOR	52	33:29	PB
Despina POLATIDIS	15	33:73	
Stephan POLATIDIS	60	35:86	
Victoria RADFORD	11	36:23	PB
Meredith RADFORD	37	36:45	PB
Jessica SIMPSON	7	39:47	PB
Rebecca MOORE	26	39:66	

1000 MTR. WALK

Heather McDONALD	48	4:44	
Despina POLATIDIS	15	6:05	P
Jackie TAYLOR	51	7:13	P
Jessica SIMPSON	7	7:26	P
Barbara BONNICI	49	7:28	
Sue SIMPSON	39	7:31	
Lorraine ARDLEY	46	7:46	

TO BE CONTINUED

ABERFELDIE VENUE 3 December 97

No track events as the track was closed for maintenance and repair

We journeyed to Mentone venue for the Mike O'Neill Memorial Challenge

Our team finished a creditable* third behind Caulfield and Mentone

ABERFELDIE VENUE 10 December 97

100 metres

1	Craig Brown	Inv	12.12
2	John Paxton	40	12.88
3	Joseph Woods	41	13.28
4	Tony Bradford	58	14.34
5	Cathy Orelli	35	14.35
6	Chris Lyall	40	16.10
7	Lorraine Woodman	60	20.22

200 metres

1	Mark Simmons	36	26.91
2	Robert McDonald	44	26.92
3	Tony Bradford	58	30.68
4	Chris Lyall	40	33.47

Heat 2

1	Craig Brown	Inv	26.03
2	John Paxton	40	26.63
3	Joseph Woods	41	27.81
4	John Howes	62	29.25
5	Cathy Orelli	35	29.72

700 metres

***	Est. time Trophy	Est	Act.	Diff	
5	Rob Ward	52	2:10	2:05	0:05
17	Danny Hawksworth	18	2:50	2:05	0:45
12	Robert McDonald	44	2:20	2:06	0:14
8	Graeme Hewitt	51	2:20	2:09	0:11
3	Joe Brown	50	2:20	2:15	0:05
4	Mark Simmons	36	2:10	2:15	0:05
2	Tony Bradford	58	2:20	2:16	0:04
1	Pat ***	65	2:16	2:19	0:03
11	Stephen Barker	54	2:35	2:22	0:13
15	Bill Turner	47	2:52	2:23	0:29
6	Ken Fuhrmeister	42	2:31	2:24	0:07
7	Bill Page	67	2:45	2:36	0:09
10	Michael Orelli	53	2:49	2:37	0:12
9	Margaret Cassidy	54	3:05	2:54	0:11
13	Allan Bashford	58	3:12	2:56	0:16
16	Ron Pearce	55	3:25	2:56	0:29
14	Chris Lyall	40	3:40	3:21	0:19

Congratulations and Trophy to Pat ***

RESULTS cont., 10 Dec 97

Maribyrnong River Paths Runs

5000 metres

1	Bernard Angel	43	0:20:49
2	Joe Brown	50	0:22:29
3	Josh Fuhrmeister	Inv	0:22:41
4	Rhonda Hircoe	48	0:23:29
5	Michael Orelli	53	0:23:29
6	Cos Pietrelli	52	0:25:46
7	George Marney	61	0:26:36
8	Barbara Beaumont	50	0:28:37
9	Margaret Cassidy	54	0:28:37
10	Ken Fuhrmeister	42	0:31:48
11	Chris Lyall	40	0:37:09

7500 metres

1	Rob Ward	52	0:28:53
2	Robert McDonald	44	0:30:56
3	Rob Waters	52	0:31:22
4	Howard Gibson	49	0:31:29
5	Fred Rademaker	45	0:31:40
6	Danny Hawksworth	18	0:31:47
7	John Paxton	40	0:32:04
8	Allan Bashford	58	0:32:15
9	Bill Page	67	0:33:10
10	Mark Chandler	38	0:33:36
11	Trevor Hawksworth	50	0:34:17
12	Bill Turner	47	0:34:30
13	Stephen Barker	54	0:34:51
14	Kevin Cassidy	37	0:35:45
15	Denis Sinnott	46	0:35:45
16	John Dean	52	0:37:05
17	Duncan H'ton-Ritchie	52	0:37:05
18	Ron Pearce	55	0:39:24

ABERFELDIE VENUE 17 Dec 97

80 metres GIFT - Handicap

1	Craig Brown	Inv	11.62
2	Tony Bradford	58	12.50
3	Chris Lyall	40	12.63
4	Leslie Gillespie	36	12.66
5	Bernard Angel	43	17.94
6	Michael Orelli	53	18.46
Heat 2			
1	Joe Brown	50	11.09
2	Cathy Orelli	35	11.91
3	Mark Chandler	38	12.02
4	John Howes	61	12.28
5	Allan Hircoe	50	13.84
6	Stephen Barker	54	15.50

RESULTS cont., 17 Dec 97

80 metres GIFT - H/cap

1	George Marney	61	11.65
2	Bill Turner	47	11.69
3	Allan Bashford	58	12.50
4	Ron Pearce	55	12.51
5	Mark Radcliffe	38	13.60
6	Alfred Lendvai	43	14.82
Heat 4			
1	Margaret Cassidy	54	13.00
2	Danny Hawksworth	18	13.30
3	Rhonda Hircoe	48	13.37
4	Peter Shone	52	15.82
5	Graeme Hewitt	51	15.88
6	Barbara Beaumont	50	17.78
Heat 5			
1	Rob Waters	52	11.28
2	John Dean	53	11.38
3	Bill Page	67	11.78
4	Gerardo Riviello	73	12.06
5	Robert Carlton	54	16.03

Final

1	George Marney	61	10.81
2	Bill Turner	47	10.94
3	Craig Brown	Inv	11.03
4	Joe Brown	50	11.07
5	Margaret Cassidy	54	11.19
6	Cathy Orelli	35	11.60
7	Bill Page	67	12.03
8	Rob Waters	52	12.12

Balloon Relay

100,200, 200 and 400 metres

1	Danny Hawksworth's team	2.22
2	Tony Bradford's team	2.37
3	Joe Brown's team	2.38
4	Margaret Cassidy's team	2.39
5	Bill Page's team	2.45
6	Cathy Orelli's team	2.54
7	Mark Chandler's team	3.03
8	Rob Waters's team	3.05

It was almost Christmas, we enjoyed ourselves so much we forgot to write down all the team members

RESULTS cont., 17 December 97

Christmas Sealed handicap

When the gun fired we asked entrants to run the distances indicated

1	Kevin Cassidy	37	13:54	3.5
2	Denis Sinnott	46	14:14	3.2
3	Cathy Orelli	35	14:45	3.4
4	Chris Lyall	40	15:00	3.0
5	Mark Chandler	38	15:03	3.7
6	Allan Hircoe	50	15:13	3.0
7	Danny Hawksworth	18	15:15	4.1
8	Allan Bashford	58	15:15	3.6
9	Stephen Barker	54	15:15	3.6
10	Rob Waters	52	15:24	3.8
11	Bill ****	67	15:25	3.6
12	Howard Gibson	49	15:26	3.9
13	Bill Turner	47	15:30	3.8
14	George Marney	61	15:40	3.1
15	Alfred Lendvai	43	15:42	3.9
16	Rhonda Hircoe	48	15:44	3.6
17	John Dean	52	15:58	3.6
18	John Howes	61	15:59	3.7
19	Ron Pearce	55	16:00	3.2
20	Barbara Beaumont	50	16:20	3.0
21	Graeme Hewitt	51	16:24	4.1
22	Michael Orelli	53	16:28	3.6
23	Nick Left	39	16:28	3.5
24	Peter Shone	52	16:33	4.2
25	Margaret Cassidy	54	16:51	3.3
26	Robert Carlton	54	17:09	3.2
27	Joe Brown	50	17:49	3.9
28	Tony Bradford	58	17:49	3.8
29	Bernard Angel	43	17:50	3.9
30	Gerardo Riviello	73	18:30	2.6

Congratulations and Trophy to Bill *** nearest to sealed handicap time = 15:23

Egg Toss Challenge

1	John Dean's team	45.00	m
2	Margaret Cassidy's team	40.00	m

Christmas Supper

We all won, with a wonderful spread of foods

Thank you to all helpers, cleaner uppers and Kitchen personnel

WEDNESDAY ~~FOR~~ CONT

1000 MTR. WALK CONT.

70 MTRS. Heat two.

200 MTRS. Heat two

Alan RADFORD	46	9:37	PB	Julie MARSHALL	39	8:01		
Graham ANGLISS	36	9:64	Barry FRY	55	27:34	PB Russ CHRISTIE	40	8:01
John SIMPSON	45	9:76	PB Steve ALLEN	24	27:53	Meredith RADFORD	37	8:20
Barry FRY	55	9:86	PB Graham ANGLISS	36	28:50	PB John SIMPSON	45	8:59
Steve ALLEN	24	9:90	John SIMPSON	45	28:77	PB Stephan POLATIDIS	60	8:59
Tanya FRY	26	10:18	Tanya FRY	26	28:95			
Ken TAYLOR	52	12:41	Alan RADFORD	46	29:30	4 WALK PBs & MANY SPRINT		
Stephan POLATIDIS	60	14:60	Dave APPLEBY	37	29:44	BESTS ON THE FAST TRACK		
			Russ CHRISTIE	40	31:05	JESSICA HAS A PB HAT TRICK		
			Vasilis POLATIDIS	13	33:55			

THE NIGHTS FEATURE EVENT IS THE 1600 MTR HANDICAP RUN

SNEAKY JACKIE TAYLOR MISSES THE WARM UP SPRINTS TO CONCENTRATE ON THE TROPHY AND DIDN'T DISAPPOINT HERSELF AS SHE RAN A 29 SECOND PB TO CLAIM THE GLASS AHEAD OF SIXTEEN ALSO RANS.

THE FUNNY OLD 10 LAP COMBINATION EVENT WAS LAST ON THE PROGRAMME. COMPETITORS HAD TO RUN 2 LAPS THEN WALK 1 ETC. ETC. OR WALK 2 RUN 1 IF YOU PREFERRED. SORT OF AN EASY LOOSENER.

STEVE ALLEN SUMMED UP THE EVENT AFTERWARDS WITH "THATS THE HARDEST EASY WORK I'VE EVER DONE"

1600 MTR. (TIME) HANDICAP.

THE 10 LAP COMBINATION.

	AGE	HCP	CLOCK	ACTUAL		R.R.W.R.R.W.R.R.W.R		
Jackie TAYLOR	51	1:30	8:35	7:05	PB	David APPLEBY	37	17:22
David APPLEBY	36	3:22	8:43	5:21		Graham ANGLISS	36	18:29
Stephan POLATIDIS	60	2:00	8:51	6:51	PB	Barry FRY	55	19:44
Meredith RADFORD	37	0:35	8:52	8:17	PB	Alan RADFORD	46	19:46
Ken TAYLOR	52	1:52	8:59	7:07		Dennis ARDLEY	50	20:15
Heather McDONALD	48	1:15W	9:01	7:46W	PB	Heather McDONALD	48	20:35 **
Barry FRY	55	3:25	9:02	5:37		Steve ALLEN	24	21:01
Graham ANGLISS	36	3:45	9:04	5:19	PB	Stephan POLATIDIS	60	22:08
Alan RADFORD	46	3:10	9:05	5:55	PB	Despina POLATIDIS	15	22:10
Russ CHRISTIE	40	2:45	9:11	6:26		Ken TAYLOR	52	23:10
Barbara BONNICI	49	0:50	9:17	8:27		Sue SIMPSON	39	23:52
Steve ALLEN	24	3:15	9:24	6:09		Russ CHRISTIE	40	24:00
Jessica SIMPSON	7	1:25	9:26	8:01		Rebecca MOORE	26	24:22
Sue SIMPSON	39	1:35	9:26	7:51		Julie MARSHALL	39	24:39
Lorraine ARDLEY	46	0:55	9:37	8:42		Barbara BONNICI	49	25:22
Rebecca MOORE	26	1:40	9:37	7:57		Lorraine ARDLEY	46	26:43
Dennis ARDLEY	50	2:55	9:38	6:53		Jackie TAYLOR	51	26:43
						Vasilis POLATIDIS	13	D.N.F.

THE HANDICAPER RUNS A MAGNIFICENT PB TO FINISH IN 9TH SPOT.. YOU PEOPLE ARE INCREDIBLE! - IT'S ONLY A LITTLE GLASS

A POEM FOR RUNNERS

For the challenge,	becomes certain.
For the strength,	
For the pain and the exhaustion.	For love.
For the fitness of the body,	For pride.
The peace of the mind, and the Fulfillment of the soul.	Because I'm an athlete, and Athletes need a game.
For the last mile and the chance to persevere.	For the solitude and scenery,
Because someone thinks I can't.	For the discipline and the struggle.
For the natural lights one July night on a deserted road.	
For the moment when victory	Because the clock ticks on, and Glory awaits.

FRIDAY 12TH.

A DIP & RUN IN PERFECT CONDITIONS & A BEAUT BARBIE AT BARRIES OVERLOOKING COURSE. WHAT MORE COULD ONE ASK? EXCEPT FOR, MAYBE A DOWNHILL SWIM. PBs ARE ACHIEVED BY GRAHAM (:37) DENNIS (1:42) MEREDITH (:44) AND JACKIE (:08) MICHAEL CARLIN, SOME POOR BLOKE WE FOUND SITTING ON THE BEACH, GOT ROPPED IN FOR THE EVENT BUT HE ONLY HAD TIME FOR 1 LAP (2.5K) OF THE CROSS COUNTRY COURSE. ACTUALLY I WAS JUST ABOUT TO PASS HIM WHEN HE RETIRED. (DON'T YOU JUST HATE THAT.)

THE DIP (200 MTR. SWIM) & RUN (5KM CROSS COUNTRY, INC SAND)

Graham ANGLISS	36	24:43	PB Alan RADFORD	46	29:09	Jackie TAYLOR	51	36:50	PB
Lachlan McDONALD	18	25:31	Heather McDONALD	48	30:04	Meredith RADFORD	37	38:50	PB
David APPLEBY	37	25:35	Russ CHRISTIE	40	32:12	Michael CARLIN	26	17:40	2.5
Barry FRY	55	25:42	Ken TAYLOR	52	33:02				5KM CC RUN
Dianne McGRATH	36	27:32	Judy POLLLOCK	57	33:42	Vasilis POLATIDIS	13	23:41	
Dennis ARDLEY	50	28:49	PB Despina POLATIDIS	15	35:07	Stephan POLATIDIS	60	27:27	
									2.5KM CC RUN
						Julie MARSHALL	39	17:01	

DIANNE & JUDY ENJOY FIRST STARTS OVER THE COURSE WHILE DENNIS SEES IT ALL WITHOUT SHORTCUTS AND STILL GETS A PB.

WEDNESDAY 17TH.

BARRY FRY CLAIMS THE ONLY RUN PB FOR THE NIGHT WITH A QUICK 100 MTRS WHICH MAY HAVE ENDED THE CAREER OF YOUNGER STEVE ALLEN WHO LIMPED OVER THE LINE. BARB & JESSICA STAR IN THE WALK WITH BEST TIMES WHILE THE RELAY IS A CLOSE AFFAIR WITH GRAHAM & THE GIRLS JUST TOO GOOD.

100 MTRS. Heat one.

THE 3 X 200 MTR. RELAY.

1200 MTR. WALK.

Ken TAYLOR	52	15:84	1ST ROYAL GIRLS -	1:37	Heather McDONALD	48	5:45
Despina POLATIDIS	15	16:24	Julie MARSHALL	38	Barbara BONNICI	49	8:47
Stephan POLATIDIS	60	16:46	Despina POLATIDIS	15	Jessica SIMPSON	7	9:13
Rebecca MOORE	26	20:45	PRINCE GRAYHAMI	36	Sue SIMPSON	39	9:29
			Heat two.		Jackie TAYLOR	51	9:58
Graham ANGLISS	36	13:35	Russ CHRISTIE	40	Meredith RADFORD	37	9:58
Barry FRY	55	13:84	PB Ken TAYLOR	52	Lorraine ARDLEY	46	10:26
Steve ALLEN	24	14:23	Jackie TAYLOR	51	Russ CHRISTIE	40	10:26
Russ CHRISTIE	40	14:56	3RD BARBS BOYS -	1:41	Julie MARSHALL	38	10:26
Vasilis POLATIDIS	13	16:07	Barry FRY	55			
			Vasilis POLATIDIS	13	A 40 SECOND WALK PB FOR BARBARA.		
			Barbara BONNICI	49			

THE 6KM TRACK RUN

THE 4KM TRACK RUN

THE 10KM TRACK RUN

Graham ANGLISS	36	24:25	Heather McDONALD	48	20:49	Sue SIMPSON	38	59:06
Barry FRY	55	27:38	Julie MARSHALL	38	23:59	Jackie TAYLOR	51	59:06
Vasilis POLATIDIS	13	27:38	Lorraine ARDLEY	46	26:58			
Dennis ARDLEY	50	29:54						
Stephan POLATIDIS	60	32:00						
Despina POLATIDIS	15	33:12						
Ken TAYLOR	52	33:30						
Russ CHRISTIE	40	33:45						
Barbara BONNICI	49	37:01						

THE DISTANCE EVENT WAS RUN SPIRALLING FROM LANE 1 TO 8 AND RETURN SO THE LENGTH IS NOT EXACTLY ACCURATE.

CHRISTMAS EVE.

A LAP OF GREENS BUSH (4.8KM) FOLLOWED BY A FEAST AMOUNST THE GUM TREES TO CELEBRATE CHRISTMAS SPURRED FOUR COMPETITORS TO PBs. AND WE THINK LACHLAN MUST HAVE DISCOVERED THE CHRISTMAS BUSH NYMPH AS HE WAS GONE SO LONG.

THE 4.8KM GREENS BUSH CROSS COUNTRY RUN

Dave APPLEBY	37	19:50	PB Daniel SIMPSON	13	25:14	Stephan POLATIDIS	60	30:05
Barry FRY	55	20:48	PB Dennis ARDLEY	50	25:54	Julie MARSHALL	38	31:36
Robert TAYLOR	29	21:03	Despina POLATIDIS	15	25:58	Meredith RADFORD	37	32:20
Vasilis POLATIDIS	13	23:21	Heather McDONALD	48	26:06	Jackie TAYLOR	51	36:26
Russ CHRISTIE	40	24:59	Ken TAYLOR	52	26:40	PB Lachlan McDONALD	18	53:52

THE 1997 "POST OFFICE DASH" RESULTS

SORRENTO --9.2KM -- RYE

THE OPEN MENS DIVISION

VETERAN MEN +40 yrs.

John WILSON	19	28:52	1ST	Russell JOHNSON	45	32:08	**
Damien LEWIS	31	29:01	2ND	Mark HAWORTH	40	32:37	
Stephen GILBERT	25	29:21	3RD	Max GIBBS	42	34:24	
Adrian WILSON	22	29:49		Allan ALDERSON	46	35:17	
Cat REID	30	30:04		Angus FERGUSON	48	35:31	
Leigh STOKES	17	30:52		Brian NELSON	41	36:04	
Peter BRET	35	31:26		Douglas FERGUSON	41	36:38	
Mark KING	36	31:44		Garry STIRTON	45	38:39	
Graham ANGLISS	35	33:06		John ADAMS	49	38:49	
Glen MULLER	21	34:01		Alan RADFORD	46	39:10	
Tony FOGARTY	36	34:41		Hugh KELSO	40	39:31	
Robert HUNT	38	35:28		Rob HERRMANN	42	39:47	
Peter HOLT	35	35:53		Shane DWYER	48	40:02	
Dylan DWYER	19	37:04		Frank WHITTON	42	40:31	
John SCOTT	32	37:42		Ray OWENS	42	41:28	
John LE POIDEVIN	26	39:06		Howard STOKES	46	41:42	
James STOKES	13	40:38		Leon COX	44	42:10	
Andrew GUEST	39	40:40		Colin KEMP	45	46:50	
Andrew FEDERICK	39	41:15		David HENRY	41	47:35	
Eugene KENNEDY	39	41:38		Russ CHRISTIE	40	49:32	
John CAMPBELL	39	42:25					
Mark DONAHOO	39	42:42	W				
Russell ROLLS	22	47:07					
Simon HAMILTON	35	47:18					
Lachlan McDONALD	18	47:31	W				
Garry MARSHALL	35	56:52					

LADIES OPEN DIVISION

Rebecca RIDER	22	33:22	CR. 1ST
Raeleigh SPEEDIE	35	36:01	2ND
Carolyn VANSTAN	29	38:24	3RD
Dianne McGRATH	36	38:54	
Melissa BELL	20	43:43	
Sue SIMPSON	39	46:16	
Linda REGAN	25	46:32	
Simone WOLOWIEC	23	46:33	W
Eleanor PRDUT	37	50:00	
Kimberley COLTMAN	17	50:09	W
Annie LYONS	29	51:11	
Jenny ROBERTS	37	51:11	
Joanne HAY	29	52:07	
Lisa KELSO	37	56:49	
Julie MARSHALL	36	56:52	

VETERAN LADIES +40 yrs.

Julie JAQUES	43	39:38	**
Marianne MARTIN	46	47:13	
Riina RIDER	48	48:20	
Nada TRAVICA	40	48:25	
Susan KEMP	44	49:03	
Barb BONNICI	49	54:39	
Lorraine ARDLEY	46	60:24	

VETERAN LADIES +50 yrs.

Judy POLLOCK	57	42:52	
Jackie TAYLOR	51	46:28	
Judy LARDNER	52	46:52	

VETERAN LADIES +60 yrs.

Jean LEGGETT	61	56:48	CR
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VETERAN MEN +60 yrs.

Ray O'CONNOR	60	34:49	CR
Vincent O'BRIEN	69	39:20	
Tom DAVIDSON	65	41:54	
Neville WILSON	67	42:57	
Stephan POLATIDIS	60	44:03	
Ron LEGGETT	64	49:30	
George SIMONS	62	52:24	

VETERAN MEN +70 yrs.

John REID	70	46:56	
Vern GERLACH	72	48:53	
Ray OUGHTON	76	60:24	

** = PILLAR BOX TROPHY WINNER.
(FIRST VETERAN)

CR = NEW COURSE RECORD.

W = WALKER.

SUNDAY 28TH.

WE'RE BACK AT GREENS BUSH AGAIN FOR 1 OR 2 LAPS OF HUMID HILLY HELL. IT WAS EASY TO SEE WHO DIDN'T FILL UP ON MASSES OF CHRISTMAS PUD AS DENNIS ARDLEY DEVOURS HIS TIME BY OVER 4 MINUTES. STEPHAN EATS 2:22 FROM HIS TIME WHILE KEN & JULIE NIBBLE 15 SECONDS FROM THEIR BEST. YOUNG VASILIS SLIPS IN WITH -1:23 FROM HIS PREVIOUS BEST.

JOHN SIMPSON HAS HIS FIRST LOOK OVER THE WHOLE COURSE AND THE SHOCK OF NO SHORT CUT WAS TOO MUCH FOR DI McGRATH WHO CAME A COPPER, ER CROPPER WITH ABOUT 1.5KM TO GO.

1 OR 2 LAPS OF GREENS BLOODY BUSH (OR VARIOUS DISTANCES AT YOUR CHOICE)

Lachlan McDONALD	18	19:20	Heather McDONALD	48	24:21	Sue SIMPSON	39	27:52
Dennis ARDLEY	50	21:44	Stephan POLATIDIS	60	25:08	Julie MARSHALL	38	31:21
Vasilis POLATIDIS	13	22:20	Judy POLLOCK	57	25:09	Jessica SIMPSON	7	33:26
Alan RADFORD	46	23:25	Ken TAYLOR	52	26:25	Meredith RADFORD	37	34:08
Dianne McGRATH	36	23:39	Daniel SIMPSON	13	27:10	Lorraine ARDLEY	46	34:20
Russ CHRISTIE	40	24:03	Jackie TAYLOR	51	27:44	John SIMPSON	45	36:27

THE EXTRAS.

		4.9KM			2KM			
Jackie TAYLOR	51	32:46	Stephan POLATIDIS	60	14:05	A BELATED MERRY CHRISTMAS		
Sue SIMPSON	39	32:46	Lachlan McDONALD	18	????	TO EVERYONE.		
Alan RADFORD	46	23:41						

THE 1997 "POST OFFICE DASH" RESULTS

BLAIRGOWRIE -- 4.6KM -- RYE

JUNIOR RUN - BOYS

Steven KLEIN	16	16:11
Dane VERWEY	11	16:14
Sean VERWEY	9	18:40
Vasilis POLATIDIS	13	19:00
James BECKMAN	11	20:52

DISQUALIFIED

Rob KLEIN	44	20:59
Peter BECKMAN	52	24:12

JUNIOR RUN - GIRLS

Sarah KLEIN	12	20:21
Despina POLATIDIS	16	21:52
Sally ADAMS	10	45:54

DISQUALIFIED

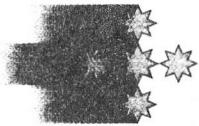
Bridget VERWEY	38	19:12
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OPEN WALK - LADIES

Heather McDONALD	48	23:14
Donna MALONE	26	34:29
Kerryn WALSH	37	34:30
Lea ADAMS	37	35:14
Nola O'MALLEY	40	36:14
Melissa KENNEDY	9	38:35
Marie KENNEDY	40	39:05
Margaret DANIEL	58	39:25
Macrina READ	37	45:45
Julie PURCELL		45:45
Lucy MURRAY	39	45:54
Barbara MOXOM	64	48:52
Kerry McDONALD	38	48:52

OPEN WALK - MEN

Norm JOHNSON		25:29
Martin HASKET	48	31:18
Joshua purcell	6	39:29



**State Autumn
MASTERS
Games**

**16 - 26 April 1998
Ballarat Australia**

SPORT	Min. Age	SPORT	Min. Age
Archery	30	Hockey	35
Athletics	30	Racewalking	35
Badminton	35	Racquetball	35
Baseball	38	Royal Tennis	45
Croquet	35	Sailing	35
Cycling	35M 30W	Soccer	35M
Dancesport	35	Softball	35W
Equestrian (Dressage)	40	Squash	35
Equestrian (Show J.)	35	Swimming	25
Fly Fishing	45	Tennis	40
Golf	40	Tenpin Bowling	35
Lawn Bowls	40	Triathlon	30
Netball	35W	Volleyball	30
Orienteering	35		

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Registration of Interest

Name _____
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VVACI 1998 FIXTURE

PENTATHLON	1-3-98	12-30pm	Duncan McKinnon Park	Melway 68 K9
SUMMER WEIGHT PENTATHLON	22-3-98	10-00am	Duncan McKinnon Park	68 K9
AUSTRALIAN NATIONALS	10/13-4-98		Brisbane, QLD	
ROAD WALKS (10km & 5km)	2-5-98	10km 2.15pm 5km 3.00pm	Albert Park	2K F10
HALF MARATHON	3-5-98	10.00am	Bungaree Oval	253 B12
10km CROSS COUNTRY	24-5-98	10.00am	Yarra Bend Park	30 H12
10km ROAD RACE	12-7-98	9-30am	Bracside Park	88 E10
10 mile ROAD RACE	23-8-98	10am (subject to AFL football draw for Optus Oval)	Princes Park	43 G1
WINTER WEIGHT PENTATHLON	23-8-98	10.00am	Duncan McKinnon Park	68 K9
ROAD WALKS (20km & 10km)	29-8-98	1.45pm 20km 2.15pm 10km	Albert Park	2K F10
25km ROAD RACE	13-9-98	9-30am	Footscray Rowing Club	42 D2
MARATHON	11-10-98	In Melbourne Marathon Special entry requirements.		
10km TRACK (in divisions)	28-11-98	6-30pm	Knox track	73 D7

Club uniforms must be worn at all above events to qualify for awards.
To encourage more participation in club events, the committee welcomes unfinancial members to participate on an invitational basis.

ENQUIRIES:

WALK EVENTS	Peter McGrath	9807 5656
WEIGHT PENTATHLONS	Astrid Rose	9836 2350
PENTATHLON	Anthony Bradford	9749 2248
DISTANCE EVENTS	Eric Greaves	9560 2971

** NB The dates for the walk events will be notified shortly. They are contingent on the Walkers Club setting the dates for their events.

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Editor.