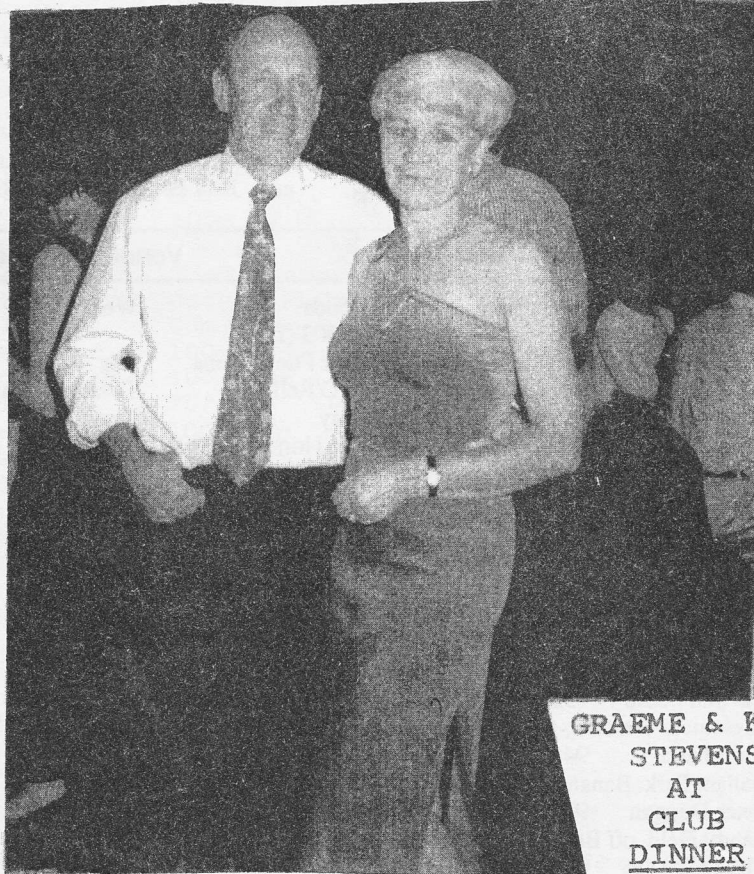


VICTORIAN VETERANS'
ATHLETIC CLUB INC.

AROUND
THE
GROUNDS



JAN
March

1998

GRAEME & KARIN
STEVENS
AT
CLUB
DINNER

VENUES:

ABERFELDIE, ALTONA, CAULFIELD, COBURG, COLLINGWOOD,
CROYDON, DONCASTER, EAST BURWOOD, FRANKSTON,
GEELONG, KNOX, LATROBE VALLEY, MENTONE, TOOTGAROOK
and SPRINGVALE - NOBLE PARK

for information on Club activities

Hon. Secretary Dorothy Browne OAM. LM (03) 9874 2501

COMMITTEE MEMBERS 1997

Victorian Veterans Athletic Club Inc.

President
 Robert Waters
 5 Bellevue Court Maribymong 3032
 9318 3802

Honorary Secretary
 Dorothy Browne OAM. LM. (Life Member) ---
 4 Victory Street Mitcham 3132
 9874 2501 fax 9873 3223

Honorary Assistant Secretary
 Colin Browne
 4 Victory Street Mitcham 3132
 9874 2501

Honorary Treasurer
 Jeffrey Briggs
 60 Bursaria Avenue Ferntree Gully 3156
 9758 6328

Vice Presidents
 Ted McCoy
 24 Blackwood Avenue Mentone 3194
 9583 3280 and
 Anthony Bradford
 6 Merrett Avenue Werribee 3030
 9749 2248

Club Captain
 Eric Greaves LM.
 7 Netherby Avenue Mulgrave 3170
 9560 2971

Club Vice Captain
 Peter McGrath
 13 Bales Street Mt Waverley 3149
 9807 5656

Immediate Past President
 Doug Orr
 27 Shawlands Avenue Blackburn South 3130
 9878 4875

General Committee Members
 Lawrence Collard
 26 Gale Street Aspendale 3195
 9587 2349

John Dean
 3 Pearl Street Essendon West 3040
 8937 7179

Alexander Harris
 8 Lignum Court Lower Templestowe 3107
 9848 2986

Astrid Rose
 71 Union Road Surrey Hills 3127
 9836 2350

Jonathon Holmes
 13 Station Street Oakleigh 3166
 9568 3822

Honorary Auditor/s
 Keith Routley 9699 6384
 6 Mowbray Street Albert Park 3206
 and Rob Petrie 0359 671 915

VENUES	Locations and Managers	Venue Day and Melway Ref
ABERFELDIE	Aberfeldie Park, Corio Street, Moonee Ponds Rob Waters 9853 7096 (W) 9318 3802 (H)	Weds 28 D 6
ALTONA	Grant Reserve, Sugar Gum Drive (off Civic Pde) Altona Alan Barling 9398 5667 and Michael O'Relli	Sun - Winter 54 G 9 Tuesday - Daylight Saving
EAST BURWOOD	Burwood East Reserve, Burwood Highway John Gosbell 9808 4641 Graeme Horskins 9802 7925	Thurs 62 C 7
CAULFIELD	Duncan McKinnon Park, North Road, Murrumbeena Greg Mauldon 9583 5637 Leo Charles 9579 1830 Graeme Rose (Field Games) 9836 2350	Tues - Track 68 K 9 Sunday - Field Games
COBURG	Harold Stevens Ath. Field, Outlook Rd. Coburg Vonda Saunders 9460 1267	Thurs 18 A 9
COLLINGWOOD	George Knott Reserve, Heidelberg Rd., Clifton Hill Bill Ryan 9434 3783 Keith Moody 9434 7403 and Ron Young	Tues 30 F 12
CROYDON	Town Park, off Norton Road, Croydon Lavinia Petrie 0359 671 915 David Sheehan 9794 7464	Tues 50 K 5
DONCASTER	Rieschieks Reserve, George Street, Doncaster Jim Shand 9459 5437	Weds 33 J 11
FRANKSTON	Ballam Park, Bananee Terrace, Frankston Peter Duggan 9786 9169	Thurs 103 B 4
GEELONG	Landy Field, off Barwon Terrace, Geelong Mike McAvoy 0352 532 376	Weds 228 C 7
KNOX	Knox Park Athletic Track, off Rushdale Road, Scoresby Charles McRae 9779 3670	Weds 73 D 7
LATROBE - VALLEY	Joe Carmody Ath. Track, John Field Drive, Newborough Bob Connell 0351 221 558 Vern Curmow 0351 341 809	Tuesday evening
MENTONE	Dolomore Oval, Cnr. First and Queen Streets, Mentone Ted McCoy 9583 3280	Weds 87 B 6
SPRINGVALE/ NOBLE PARK	Ross Reserve, Memorial Drive, Springvale Leigh Cassidy 9772 2508	Weds 80 E 12
TOOTGAROOK	Tootgarook Sports Reserve, Truemans Road, Tootgarook Alan Radford / Ken Taylor 0359 855 989	Weds - Winter 169 E 6 Sunday - Daylight Saving
*****	EDITOR - "Around the Grounds" - Peter Colthup OAM. LM.	9795 1169 fax 9795 1169 ***** 14 Bakers Road Dandenong North 3175

Australian Association of Veterans Athletic Clubs

Secretary - Brian Foley (09) 339 2716

THE BETTY, ALLAN AND NORM PAGE.

	<u>Date</u>	<u>Venue</u>	<u>Sprint</u>	<u>Mid Dist</u>	<u>Walk</u>	<u>Distance</u>
Sun	1 Mar	Caulfield	Field Games Pentathlon			
"	1 "	Tootgarook	McCrae F/shore	9.00 am	Double Mini	Triathalon
Tues	3 "	Altona	75m	1500m	Shot Put	3200m
"	3 "	Caulfield	100m	600m	1500m/6L H/c	10 laps Gr. ET
"	3 "	Collingwood	100m	800m	Boulevard	4/8 Km
"	3 "	Croydon	70/200m	1 Mile	6 laps	5/10/20 laps
Weds	4 "	Aberfeldie	No program or results. Ring Rob WATERS 93183802			
"	4 "	Doncaster	80/300m	1000m	Discus	4/6/8 Km
Tues	3 "	Lat. Valley	100m Dis.	1500m H.J.	2 KM R/W	2 Km S/chase. Ham.
Weds	4 "	Geelong	3 Km & 6.8 Km Cross Country			
"	4 "	Knox	400m Dog Loop	Relay		1500m
"	4 "	Mentone	200m H/c	1 Mile	5 Km Tk	5/10 Km Rd
"	4 "	Springvale	100m	800m	3/5 Km	3/5 Km
Thur	5 "	Coburg	90m	980m		4/8.8 Km
"	5 "	E Burwood	70m	100/200/400/200/100m	R.1500/6L	3/5 Km
"	5 "	Frankston	60/300m	ET 1000m	2800m ET	5 Km ET
Fri	6 "	Tootgarook	McCRAE F/Shore 6.00pm - 200m Swim- 5 Km C.C.			
Sun	8 "	Caulfield	Field Games			
"	8 "	Tootgarook	Langwarren F & F Res.	8.00 am	Run & Walk	All Ages
Tues	10 "	Altona	100m	800m	Discus	6 Km
"	10 "	Caulfield	100m	400m	1500m H/c	4 Km H/c
"	10 "	Collingwood	100/400m	1500m H/c	3 Km	3/5 Km
"	10 "	Croydon	50/300m	800m	4 Laps	3x2/4/8 Km
Weds	11 "	Doncaster	80/400m	1500m	Shot Put	3/5 Km
Tues	10 "	Lat. Valley	100/200m	800m T.J.	1200m Jav	3 Km
Weds	11 "	Geelong	100m	1000m		2 Km
"	11 "	Knox	50/200m	600m	4/6/8 Km	Runs (Bike Tk)
"	11 "	Mentone	150m L.J.	800m ET	4 Laps Rd	5 Km Tk
"	11 "	Springvale	200m	1600m	3 Km H/c	5 Km H/c
"	11 "	Tootgarook	200/100m	Rel 1Km	800m	5 Km Rd.
Thur	12 "	Coburg	90m	405m		4/8.8 Km
"	12 "	E Burwood	100m ET	400m H/c	1 Km	10 min TT/7L 4800m ET
"	12 "	Frankston	70m/Rel	600m	3 Km	1600m/3/5 Km
Sun	15 "	Caulfield	Field Games			
"	15 "	Tootgarook	Judy's Place	10.00 am	Run and Splash & BBQ	
Tues	17 "	Altona	90m	200m	St. Long Jump	20 min TT
"	17 "	Caulfield	100m	300m	5 Km H/c	8 Km ET
"	17 "	Collingwood	100/200m	1000m	3 Km Walk/Run	H/cap
"	17 "	Croydon	70/600m	100m H/c	1500m H/c	8L Sp H/cap
Weds	18 "	Doncaster	100m H/c	200/1200m	Javelin	3/5/7 Km
Tues	17 "	Lat. Valley	100/400m	S/Hur. L.J.	2000m S.P.	5 Km
Weds	18 "	Geelong	3/5.75 Km Cross Country			
"	18 "	Knox	80sec ED	1200m H/c		30 min ED
"	18 "	Mentone	70/400m	H/c 1600m	4 laps Rd	2 Km ET Tk
"	18 "	Springvale	100m	400m H/c	2/4 Km	4/10 Km
"	18 "	Tootgarook	70/100m	800m	1200m	4/6 Km Tk
Thur	19 "	Coburg	Special Program - Meal Night \$6.00			
"	19 "	E Burwood	90m	6 min TT	800m	Relay
"	19 "	Frankston	100/400m	800m	1600m/5Km	1200/4800m
Sun	22 "	Caulfield	VETERANS SUMMER WEIGHT PENTATHLON 10.00 am			
***Weds	4 "	Tootgarook	70/100m	H/c 9 Km	Relay 3x1000m	x 3 times
Tues	24 "	Caulfield	100m	200m	4Laps H/c	4 Km H/c
"	24 "	Collingwood	100/400m	800m	2 Km	2/6 Km
"	24 "	Croydon	50m	5x15min	P/L Relay	12 Laps
Weds	25 "	Doncaster	80/300m	ET 600m	Discus	2/4/6 Km
Tues	24 "	Lat. Valley	100m H.J.	1500m	Dis	2 Km Ham. 2Km/2Km S/chase
Weds	25 "	Geelong	100m	Rel 800m	3200m	3200m
"	25 "	Knox	300m	2000m		10 Km Track
"	25 "	Mentone	100m	ET 1000m	3 Km Rd	4 Km ET Tk
"	25 "	Springvale	150m	700m	1800m ET	3 Miles
"	25 "	Tootgarook	Opp. Rye P.O. 6.00 pm. 10 Km Chinamans Ck. C.C.			
Thur	26 Mar	Coburg	90m	405m	Bike Path runs	4/8.8 km
"	26 "	E Burwood	80/200m	1600m	1000m/4/8L	8/10 Km
"	26 "	Frankston	100/300m	1000m	2400m	1600/3200m
Sat	28 }	"				
Sun	29 }	Caulfield	VETERANS TRACK & FIELD CHAMPIONSHIPS 12.00			
Tues	31 "	Caulfield	100m	300m	Walk & Run	Relay
"	31 "	Collingwood	70/300m	1200m	4 Km	4/6 Km
"	31 "	Croydon	70/400m	1000m	5 Lpas	3/5 Km 100/200m
"	31 "	Lat. Valley	100/200m	800m T.J.	1200m Jav.	3 Km

NO PROGRAM FROM ABERFELDIE.

RESULTS FROM COLLINGWOOD VENUE

9.12.97					
8 K BOULEVARD RUN - Continued			3 KM		
Denis HOLDEN	44	37.13	Paul BAN	42	11.12
Ray HARBERT	58	37.37	George RENNIE	56	11.15
Denise HARDMAN	47	40.55	Gary NICHOLLS	42	11.19
Coral MONK	Inv.	41.03	Westly WINDSOR	53	12.31
Glenyse BRAIN	49	55.00	Len HALLETT	48	12.35
Jane KINSEY	56	60.00	Mal BROWN	56	12.39
16.12.97			Bill RYAN	56	13.27
90 METRES - Heat 1			Andrew HALLETT	Inv.	13.37
Gary NICHOLLS	42	11.30	Ian MORGAN	52	13.39
Patrick KELLY	Inv.	11.56	Tony MIOLA	47	14.54
Gerard ADRIAN	37	12.00	Mike LETCH W/C	49	14.58
Paul BAN	42	12.69	Graeme HUNTINGTON	53	15.09
Keith HOWDEN	52	12.92	Diane BRIMACOMBE	53	15.09
Keith MOODY	53	14.07	Gerard ADRIAN	37	15.53
Heat 2			Ian MCLEOD	52	15.53
Tony MIOLA	47	13.39	Rebecca HUGHES	Inv.	16.08
Rebecca HUGHES	Inv.	13.40	Sarah RENNIE	Inv.	16.12
George RENNIE	56	13.42	Peter BLACK	52	16.25
Sarah RENNIE	Inv.	13.60	Val MCLEOD	51	17.06
Tino FULGENZI	49	13.99	Julie RUSSELL		17.06
Don WARDEN	72	15.37	Sheila MEYER	41	20.40
4 x 100 RELAY			Christine GRIFFITHS	48	23.21 W
Gary NICHOLLS	42)		5 KM		
Rebecca HUGHES	Inv.)		Colin HEYWOOD	43	17.24
George RENNIE	56)	56.24	Patrick KELLY	17	17.35
Peter BLACK	52)				(1 lap short)
Gerard ADRIAN	37)		Ted PAULIN	59	18.39
Barry BOYD	53)		Barry BOYD	53	18.49
Colin HEYWOOD	43)	56.27	Guido SMOGLIAN	43	19.51
Andrew HALLETT	18)		Graeme PAUL	43	19.52
Keith HOWDEN	52)		John POCOCK	54	20.01
Sarah RENNIE	Inv.)		Jorge TORRICO	50	20.11
Dawn KING	52)	58.63	Gary BELL	43	20.38
Paul BAN	42)		John PEACOCK	61	21.26
Keith MOODY	53)		Ray HARBERT	58	21.33
Don WARDEN	73)	59.43	Denny MARTIN	49	21.39
Tino FULGENZI	49)		Bruce GIBBS	49	23.40
Moya ELLEN	19)		Rob WILSON	52	26.33
			John NOONAN	54	26.33
			23.12.97		
			CHRISTMAS PARTY		
Patrick KELLY	Inv.)		KIDS RACE		
Les CATIONS	40)		Richard HEYWOOD	Jnr	17.31
Tony MIOLA	47)	63.33	Emma FULGENZI	Jnr	17.67
Guido SMOGLIAN	43)		Alison DROSDOWSKY	Jnr	18.02
			William FULGENZI	Jnr) All
200 METRES Heat 1			Amanda PAUL) Equal	
Keith HOWDEN	52	25.25	Greg HOLDEN	Jnr) No
Gerard ADRIAN	37	25.90	William HOLDEN	Jnr) time
Gary NICHOLS	42	25.96	110 M HANDICAP - Heat 1		
Patrick KELLY	Inv.	25.96	Gary NICHOLLS	42	13.64.50
Heat 2			Barry BOYD	53	13.92.30
Keith MOODY	53	27.65	Peter BLACK	52	13.93.10
Paul BAN	42	27.89	Brian WALSH	53	13.94.20
George RENNIE	56	29.75	Guido SMOGLIAN	43	14.70.10
Jorge TORRICO	50	30.28	Heat 2		
Rebecca HUGHES	Inv.	31.60	Christian RENDINA	15	12.50.10
Heat 3			Keith MOODY	53	13.64.10
Gerard ADRIAN	37	28.05	Mike BOYLEN	58	13.98.10
Westly WINDSOR	53	32.15	Heather JOHNSTONE	53	14.57.40
Sarah RENNIE	Inv.	33.20	John ELLISLEY	Inv.	15.43.20
Gary BELL	43	37.20			
Don WARDEN	73	37.70			
John PEACOCK	61	38.05			

RESULTS FROM COLLINGWOOD VENUE

23.12.97					
CHRISTMAS PARTY					
110 M HANDICAP - Heat 3					
Mario MUSCAT	43	13.58.18	RELAY		
Wasy DROSDOWSKY	46	13.58.13	Team 9	Colin HEYWOOD	
Bob GRACE	53	13.58.10		Mario MUSCAT	10.29.50
Don WARDEN	73	14.28.28		John PEACOCK	
Kate ROBOTHAM		17.05.45	Team 8	Keith MOODY	
Heat 4				Gary BELL	10.40.47
Gerard ADRIAN	37	13.43.4		Rob WATERS	
Melinda WALSH	23	13.89.32	Team 5	Tony RENDINA	
Ashleigh WILSON	Inv.	14.34.50		Peter JOHNSTONE	10.41.41
Carol RYAN	53	14.78.38		Ian MORGAN	
Bill RYAN	56	18.76.20			
Heat 5			Team 2	Graeme PAUL	
Mathew DROSDOWSKY	Inv.	13.30.17		Melinda WALSH	10.43.25
Tino FULGENZI	49	13.40.12		Guido SMOGLIAN	
Peter JOHNSTONE	61	13.52.32	Team 1	Gary NICHOLLS	
Denise HARDMAN	48	14.82.20		Ray HARBERT	11.14.08
Glenyse BRAIN	52	15.73.40		Tony MIOLA	
Heat 6			Team 12	Len HALLETT	
Denis HOLDEN	45	12.33.30		Mike BOYLEN	11.16.29
Colin HEYWOOD	43	12.69.20		Peter BLACK	
Ray HARBERT	58	13.33.32	Team 4	Ian GAINERY	
Patrick KELLY	17	13.64.2		C. GRIFFITHS	11.29.72
Kirralee GUINANE	22	14.09.10		Brian WALSH	
400 METERS-Heat 1			Team 7	Denise HARDMAN	
Gerard ADRIAN	37	57.45		John ELLESLEY	12.01.60
Patrick KELLY	17	58.22		Jerry ELLESLEY	
Keith MOODY	53	66.30	Team 3	Patrick KELLY	
Ken DUXBURY	44	67.02		Heather JOHNSTONE	
Mike BOYLEN	58	67.65		Mal BROWN	12.06.90
Andrew HALLETT	Inv.	67.97	Team 11	Barry BOYD	
Ian GAINERY W/C	45	68.42		Denis HOLDEN & William	12.15.33
Rob WATERS	52	69.64		John NOONAN	
Moya ELLEM	19	70.06	Team 6	Ken SENIOR	
Guido SMOGLIAN	43	70.54		Andrew HALLETT	
Tony MIOLA	47	70.83		Richard HEYWOOD	12.31.99
Brian WALSH	53	77.37		Greg HOLDEN	
Barry BOYD	53	85.16	Team 10	W. Drosdowsky	
Heat 2				Don WARDEN	12.32.27
Len HALLETT	48	1.11.57		Rob WILSON	
Denise HARDMAN	47	1.19.70			
Gary BELL	43	1.20.48			
Peter JOHNSTONE	61	1.22.25			
John MITCHELL	56	1.23.33			
John PEACOCK	61	1.24.40			
Emma FULGENZI	8	1.38.91			
Greg HOLDEN	9	1.53.40			
Phillipa PERRY	Inv.	2.00.69			
Don WARDEN	73	2.01.92			
William HOLDEN		2.26.68			
Denis HOLDEN	45	2.26.68			
110 HANDICAP - FINAL					
Christian RENDINA	15	12.82-10			
Matthew DROSDOWSKY	Inv.	13.08-17			
Denis HOLDEN	45	13.32-25			
Mario MUSCAT	43	13.68-18			
Gerard ADRIAN	37	14.00-4			
Gary NICHOLLS	42	14.16-Scr			

Frankston Venue

300 Metre Run 04-Dec-97

1 Eddie Stack	63	53.03
2 Gordon Loughnan	45	62.49

1500 Metre Run 04-Dec-97

1 Chris Rabi	38	5.02
2 Gary Anderson	45	5.03
3 Ian Muir	53	5.04
4 Ken Whyte	51	5.10
5 Allan Alderson	46	5.12
6 John Wallace	54	5.28
7 Tony Nematic	45	5.29
8 David Painter	55	5.34
9 Garry Meyer	42	5.38
10 George Symons	49	6.18
11 Syd Elks	72	6.34
12 Tom Gerrard	49	6.38
13 Gordon Loughnan	45	6.43
14 Phillipa Edgell	47	6.47
15 John Reid	70	7.12
16 Lindsay Beaton	47	7.12
17 Kees Zwynenburg	68	8.58

600 Metre Run 04-Dec-97

1 David Nobbs	57	1.38
2 Ian Muir	53	1.47
3 Gary Anderson	45	1.49
4 Ken Whyte	51	1.50
5 Chris Rabi	38	1.51
6 Allan Alderson	46	1.54
7 David Painter	55	2.08
8 George Symons	49	2.09
9 Gordon Loughnan	45	2.19
10 Peter Ellis	46	2.19
11 Lindsay Beaton	47	2.34
12 Colin Kemp	45	2.57
13 Sue Kemp	44	3.09
14 Pam Hornibrook	43	3.18
15 Kees Zwynenburg	68	3.18

3000 Metre Run 11-Dec-97

1 Chris Rabi	38	10.47
2 Allan Alderson	46	11.08
3 Gary Anderson	45	11.19
4 Garry Meyer	42	11.36
5 Lindsay Beaton	47	14.22
6 Gordon Loughnan	45	15.07
7 Ian Macarthur	57	17.44

1600 Metre Run 11-Dec-97

1 Rowland Bricksles	51	6.02
2 George Symons	49	6.28
3 John Reid	70	8.45
4 Belinda Kirkham	30	10.22

Frankston Venue

100 Metre Run 04-Dec-97

1 Marc Pittau	31	12.29
2 Ross Kent	55	12.53
3 Graeme Richards	52	13.3
4 Tony Nematic	45	13.84
5 Tom Gerrard	49	14.22
6 John Reid	70	15.93
7 Syd Elks	72	16.13
8 Phillipa Edgell	47	16.15

2400 Metre Walk 04-Dec-97

1 Kathy Westhorp	36	15.58
2 Gwen Steed	55	15.58
3 Nerida Noyes	43	16.02
4 Frank Warren	71	16.03
5 Syd Elks	72	16.16
6 Kees Zwynenburg	68	17.35
7 Lindsay Beaton	47	18.06
8 Ern Walker	84	18.10
9 Wendy Seers	56	18.11
10 Jim Strickland	67	18.45
11 Stan Ross	59	18.46
12 Mary Elks	69	19.11
13 Ian Macarthur	57	19.34
14 Sylvia Ross	58	20.2
15 Belinda Kirkham	30	22.44

Barbara Strickland	64	13.05
Grace Smith	78	16.58

4800 Metre Run 04-Dec-97

1 Mike Landman	42	20.15
2 Peter Ellis	46	22.14
3 Colin Kemp	45	23.24
4 Pam Hornibrook	43	24.23
5 Sue Kemp	44	24.43

Pentathlon 11-Dec-97

	Points
1 Tony Nematic	45 2324
2 Tom Gerrard	49 2482
3 Syd Elks	72 2781
4 Marc Pittau	31 1521
5 Kees Zwynenburg	68 1103
6 John Reid	70 2861
7 Garry Meyer	42 1386
8 David Painter	55 2494

Long Jump 11-Dec-97

1 John Reid	70	5.92
2 Syd Elks	72	5.72
3 Tony Nematic	45	5.12
4 Tom Gerrard	49	5.08
5 Marc Pittau	31	4.82
6 David Painter	55	4.76
7 Garry Meyer	42	4.05
8 Kees Zwynenburg	68	3.94

800 Metre Run 11-Dec-97

1 David Nobbs	57	2.31
2 Chris Rabi	38	2.32
3 Tony Nematic	45	2.43
4 Allan Alderson	46	2.45
5 Garry Meyer	42	2.49
6 Peter Ellis	46	2.52
8 George Symons	49	2.55
9 Eddie Stack	63	2.58
10 Gordon Loughnan	45	3.33
12 Kees Zwynenburg	68	4.44

2800 Metre Walk 11-Dec-97

1 Graeme Davis	48	15.54
2 Jack Kilfoyle	73	17.52
3 Kathy Westhorp	36	18.32
4 Syd Elks	72	18.48
5 Nerida Noyes	43	19.07
6 Margaret Beaumont	59	19.24
7 Kees Zwynenburg	68	19.43
8 John Wallace	54	20.30
9 Bevan Davis	68	20.40
10 Ern Walker	84	20.48
11 Ian Beaumont	61	20.50
12 Jim Strickland	67	21.59
13 Barbara Strickland	64	23.10
14 Mary Elks	69	23.11

70 metre sprint 8-Jan-98

1 st Peter Tuckett	38	9.41 secs
2 nd Ian MacArthur	57	10.46 secs
3 rd Ray O'Connor	60	10.78 secs
4 th Syd Elks	72	11.07 secs
5 th Tony Nematic	45	11.43 secs
6 th Angela Seers	27	11.58 secs
7 th Amanda Nematic	43	12.25 secs
8 th Roy Giesemann	68	14.32 secs
9 th Jim Strickland	67	14.58 secs

4 by 200-metre sprint relay 8-Jan-98

Team 1:	
1 Syd Elks	72
2 Peter Tuckett	38
3 Ian MacArthur	57
4 Chris Rabi	38
Place: 2 nd	Time: 2.02.05mins

Team 2:	
1 Katja Nematic	12
2 Ray O'Connor	60
3 Tony Nematic	45
4 Eddie Stack	63
Place: 1 st	Time: 2.01.00 mins

3000 metre run 8-Jan-98

1 st Chris Rabi	38	11.14 mins
2 nd Ian Muir	53	11.16 mins
3 rd Ken White	51	11.25 mins
4 th Allan Alderson	46	11.28 mins
5 th David Painter	55	11.43 mins
6 th Trevor Rollinson	50	11.51 mins
7 th Gary Meyer	42	11.55 mins
8 th John Wallace	54	12.10 mins
9 th Peter Ellis	46	12.48 mins
10 th Jarrod Pope		12.56 mins
11 th Colin Kemp	45	13.55 mins



1500 metre run 8-Jan-98

1 st Julie Braschuis	38	5.19.00 mins
2 nd Tony Nematic	45	6.47.00 mins
12 th Lindsay Beaton	47	14.11 mins
12 th Belinda Kirkham		14.11 mins
13 th Amanda Alderson		15.28 mins
14 th Sue Kemp	44	15.33 mins

Frankston Venue

Shot Put - Men 11-Dec-97

1 John Reid	70	16.52
2 Syd Elks	72	12.25
3 Kees Zwynenburg	68	10.91
4 Tom Gerrard	49	10.25
5 David Painter	55	10.17
6 Tony Nematic	45	9.47
7 Marc Pittau	31	8.15
8 Garry Meyer	42	8.72

Shot Put - Womens 11-Dec-97

1 Phillipa Edgell		10.76
2 Nerinda Noyes	43	10.07

200 Metre Run 11-Dec-97

1 Peter Tuckett	38	24.47
2 Ross Kent	55	26.13
3 Graeme Richards	52	27.47
4 Tony Nematic	45	27.67
5 David Nobbs	57	27.93
6 Peter Ellis	46	29.13
7 Eddie Stack	63	32.47

3000 metre walk 8-Jan-98

1 st Graeme Davis	48	15.42 mins
2 nd Jack Kilfoyle	73	19.15 mins
3 rd Nerida Noyes	43	19.57 mins
4 th Syd Elks	72	20.08 mins
5 th Kees Zwynenburg	68	21.26 mins
6 th Bevan Davis	68	22.06 mins
7 th Jim Strickland	67	23.25 mins
8 th Wendy Seers	56	23.32 mins
9 th Ern Walker	84	23.32 mins
10 th Joy Herbert	54	23.36 mins
11 th John Black	46	23.36 mins
12 th Mary Elks	69	24.37 mins
13 th Roy Giesemann	68	24.45 mins
14 th Barbara Strickland	64	24.47 mins

VICTORIAN VETERANS' ATHLETIC CLUB INC

1998 summer events

date	event	starts	venue	melway	closing date
Sunday, March 1	Pentathlon	12.30pm for M30 to M45 1.00pm 6thers	Duncan McKinnon Park	69 A9	Friday, February 20
Sunday, March 22	Weight Pentathlon	10.00am	Duncan McKinnon Park	69 A9	Friday, March 13
Saturday, Sunday, March 28 & 29	Track & Field	10.00am	Duncan McKinnon Park	69 A9	Friday, March 13

Provisional Timetable for track & Field.

Saturday March 28

TRACK	
12.00	Sprint Hurdles
12.30	100m Heats/ Finals
1.25	1500m Finals
2.35	100m Finals
2.45	5K Walk M30 to M65
3.30	400m Finals
4.20	5K Walk W30+, M70+
5.05	3K Steeple
5.15	2K Steeple

FIELD

10.00	Heavy Weight Throw W30+, M65+
12.00	Long Jump (order of events) W30+, M70 to M85 M60/65, M50/55, M40/45, M30/35
12.00	Discus Throw M30/35, M40/45, M50/55, W60+, W30/35/40/45, W50/55, M60/65 M70+
12.00	Hammer Throw M50/55, M60/65, W30+, M30 to M45 M70+
1.00	High Jump M30 to M45, M50 to M65, W30+/M70+

Technical Details

IMPLEMENTS

AGE	Shot Put	Discus	Hammer	Javelin	Weight
Women					
30-39	4.00k	1.00k	4.00k	600gm	9.08k(20lb)
50-59	3.00k	1.00k	3.00k	400gm	7.26k(16lb)
60+	3.00k	1.00k	3.00k	400gm	5.45k(12lb)
Men					
30-49	7.26k	2.00k	7.26k	800gm	15.88k(35lb)
50-59	6.00k	1.50k	6.00k	800gm	11.34k(25lb)
60-69	5.00k	1.00k	5.00k	600gm	9.08k(20lb)
70-79	4.00k	1.00k	4.00k	600gm	7.26k(16lb)
80+	4.00k	1.00k	4.00k	600gm	5.45k(12lb)

Sunday March 29

TRACK	
12.00	400m/300m Hurdles
12.30	3K Walk M30+
1.00	800m Finals
1.50	1500m Walk W30+
2.10	200m Heats/ Finals
3.10	5K M 55+
3.45	5K W30+
4.20	200m Finals
4.30	5K M30/35/40/45/50

FIELD

10.00	Heavy Weight Throw M30 to M60
12.00	Triple Jump M50/55, M30/35, M40/45, W30+, M60+
12.00	Javelin Throw M60/65, M50/55, M40/45, M30/35, M70+, W30 to W45, W 50+
12.00	Shot Put M70+, W50+, W30 to W45, M60/65, M50/55, M30/35, M40/45
1.30	Pole Vault W30+/M60+, M30 to M55

V.V.A.C.Inc. Merchandise & Enquiries

(Please telephone to confirm order/s) E.&.O.E.

Competition singlets \$15.00 & shorts \$10.00
Eric Greaves L.M. 9560 2971

Lycra Competition crop tops \$15.00
Margaret Cassidy 9478 3687

V.V.A.C.Inc. Badges \$ 3.00
John Dean 9337 7179

V.V.A.C.Inc. Track Suits (incl. post) \$98.00
and peaked Navy hat \$10.00
Doug Orr 9878 4875

V.V.A.C.Inc. Navy Windcheaters \$22.00
White T-shirts (short sleeve) \$12.00
and T-shirts (long sleeve) \$15.00
Peter Colthup O.A.M.9795 1169

V.V.A.C.Inc. Socks \$ 5.00
and Venue T-shirts \$12 - \$14.00
David Sheehan 9794 7464

1998 V.V.A.C.Inc. Subscriptions \$25.00
(or \$40.00 per couple at same address)
Astrid Rose
71 Union Road Surrey Hills 3127

STEEPLECHASE -

3000m for M30-59, 2000m for M60+ and women
(The 2000m steeple to use .762m steeple, if available)

PENTATHLON EVENTS

MEN L.J., JAV., 200m, DISCUS, 1500m
WOMEN L.J., JAV., 200m, DISCUS, 800m

WEIGHT PENTATHLON EVENTS

BOTH MEN AND WOMEN
HAMMER, SHOT, DISCUS, JAVELIN, WEIGHT

HURDLES SPECIFICATIONS

AGE	RACE DISTANCE	HURDLE HEIGHT	TO 1ST HURDLE	BETWEEN HURDLES	TO FINISH	NO OF HURDLES
Women						
W30/35	100m	.84m	13m	8.5m	10.5m	10
W40/45	80m	.762m	12m	8m	12m	8
W50+	80m	.6m	12m	7m	19m	8
Men						
W30/35/40/45	400m	.762m	45m	35m	40m	10
W50+	300m	.6m	50m	35m	40m	7
Men						
M30/35/40	110m	.991m	13.72m	9.14m	14.02m	10
M45/50	100m	.914m	13m	8.5m	10.5m	10
M55/60	90m	.84m	13m	8m	13m	9
M65+	80m	.762m	12m	7m	12m	9
Men						
M30/35/40/45	400m	.914m	45m	35m	40m	10
M50/55	300m	.84m	50m	35m	40m	7
M60+	300m	.762m	50m	35m	40m	7

CONDITIONS OF ENTRY

1. You must be a financial member of the club.
2. Club uniform must be worn.
3. You must supply your own lapscorer for events of 3km and longer.
4. Be available to start your event at least 30 min. prior to the official starting time.

BALACLAVA SPORTS INJURY CENTRE

EST. 1960

FREDERICK E. WARWICK N.D., A.T.D., A.R.M.T.(Bach.)

Practitioner U.S.A. Diversified ...

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- Activator Methods Short Leg & Back Pain Syndrome
- Craniomandibular TMJ (Jaw) Dysfunction
- Neuromuscular, Joint & Overuse Syndrome (R.S.I.)
- Motor & Industrial Accidents
- Malfunction of Organs and Glands
- Naturopathic Medicine

301 BALACLAVA ROAD, CAULFIELD NTH., 3161
TEL 9571 6295

Opposite Caulfield Park

Frankston Venue

300 Metre Run 04-Dec-97

1 Eddie Stack	63	53.03
2 Gordon Loughnan	45	62.49

1500 Metre Run 04-Dec-97

1 Chris Rabi	38	5.02
2 Gary Anderson	45	5.03
3 Ian Muir	53	5.04
4 Ken Whyte	51	5.10
5 Allan Alderson	46	5.12
6 John Wallace	54	5.28
7 Tony Nematic	45	5.29
8 David Painter	55	5.34
9 Garry Meyer	42	5.38
10 George Symons	49	6.18
11 Syd Elks	72	6.34
12 Tom Gerrard	49	6.38
13 Gordon Loughnan	45	6.43
14 Phillipa Edgell	47	6.47
15 John Reid	70	7.12
16 Lindsay Beaton	47	7.12
17 Kees Zwynenburg	68	8.58

600 Metre Run 04-Dec-97

1 David Nobbs	57	1.38
2 Ian Muir	53	1.47
3 Gary Anderson	45	1.49
4 Ken Whyte	51	1.50
5 Chris Rabi	38	1.51
6 Allan Alderson	46	1.54
7 David Painter	55	2.08
8 George Symons	49	2.09
9 Gordon Loughnan	45	2.19
10 Peter Ellis	46	2.19
11 Lindsay Beaton	47	2.34
12 Colin Kemp	45	2.57
13 Sue Kemp	44	3.09
14 Pam Hornbrook	43	3.18
15 Kees Zwynenburg	68	3.18

3000 Metre Run 11-Dec-97

1 Chris Rabi	38	10.47
2 Allan Alderson	46	11.08
3 Gary Anderson	45	11.19
4 Garry Meyer	42	11.36
5 Lindsay Beaton	47	14.22
6 Gordon Loughnan	45	15.07
7 Ian Macarthur	57	17.44

1600 Metre Run 11-Dec-97

1 Rowland Brickles	51	6.02
2 George Symons	49	6.28
3 John Reid	70	8.45
4 Belinda Kirkham	30	10.22

Frankston Venue

100 Metre Run 04-Dec-97

1 Marc Pittau	31	12.29
2 Ross Kent	55	12.53
3 Graeme Richards	52	13.3
4 Tony Nematic	45	13.84
5 Tom Gerrard	49	14.22
6 John Reid	70	15.93
7 Syd Elks	72	16.13
8 Phillipa Edgell	47	16.15

2400 Metre Walk 04-Dec-97

1 Kathy Westhorp	36	15.58
2 Gwen Steed	55	15.58
3 Nerida Noyes	43	16.02
4 Frank Warren	71	16.03
5 Syd Elks	72	16.16
6 Kees Zwynenburg	68	17.35
7 Lindsay Beaton	47	18.06
8 Ern Walker	84	18.10
9 Wendy Seers	56	18.11
10 Jim Strickland	67	18.45
11 Stan Ross	59	18.46
12 Mary Elks	69	19.11
13 Ian Macarthur	57	19.34
14 Sylvia Ross	58	20.2
15 Belinda Kirkham	30	22.44

Barbara Strickland	64	13.05
Grace Smith	78	16.58

4800 Metre Run 04-Dec-97

1 Mike Landman	42	20.15
2 Peter Ellis	46	22.14
3 Colin Kemp	45	23.24
4 Pam Hornbrook	43	24.23
5 Sue Kemp	44	24.43

Pentathlon 11-Dec-97

		Points
1 Tony Nematic	45	2324
2 Tom Gerrard	49	2482
3 Syd Elks	72	2781
4 Marc Pittau	31	1521
5 Kees Zwynenburg	68	1103
6 John Reid	70	2861
7 Garry Meyer	42	1386
8 David Painter	55	2494

Long Jump 11-Dec-97

1 John Reid	70	5.92
2 Syd Elks	72	5.72
3 Tony Nematic	45	5.12
4 Tom Gerrard	49	5.08
5 Marc Pittau	31	4.82
6 David Painter	55	4.76
7 Garry Meyer	42	4.05
8 Kees Zwynenburg	68	3.94

800 Metre Run 11-Dec-97

1 David Nobbs	57	2.31
2 Chris Rabi	38	2.32
3 Tony Nematic	45	2.43
4 Allan Alderson	46	2.45
5 Garry Meyer	42	2.49
6 Peter Ellis	46	2.52
8 George Symons	49	2.55
9 Eddie Stack	63	2.58
10 Gordon Loughnan	45	3.33
12 Kees Zwynenburg	68	4.44

2800 Metre Walk 11-Dec-97

1 Graeme Davis	48	15.54
2 Jack Kilfoyle	73	17.52
3 Kathy Westhorp	36	18.32
4 Syd Elks	72	18.48
5 Nerida Noyes	43	19.07
6 Margaret Beaumont	59	19.24
7 Kees Zwynenburg	68	19.43
8 John Wallace	54	20.30
9 Bevan Davis	68	20.40
10 Ern Walker	84	20.48
11 Ian Beaumont	61	20.50
12 Jim Strickland	67	21.59
13 Barbara Strickland	64	23.10
14 Mary Elks	69	23.11

70 metre sprint 8-Jan-98

1 st Peter Tuckett	38	9.41 secs
2 nd Ian MacArthur	57	10.46 secs
3 rd Ray O'Connor	60	10.78 secs
4 th Syd Elks	72	11.07 secs
5 th Tony Nematic	45	11.43 secs
6 th Angela Seers	27	11.58 secs
7 th Amanda Nematic	43	12.25 secs
8 th Roy Giesemann	68	14.32 secs
9 th Jim Strickland	67	14.58 secs

4 by 200-metre sprint relay 8-Jan-98

Team 1:

1 Syd Elks	72
2 Peter Tuckett	38
3 Ian MacArthur	57
4 Chris Rabi	38

Place: 2nd Time: 2.02.05mins

Team 2:

1 Katja Nematic	12
2 Ray O'Connor	60
3 Tony Nematic	45
4 Eddie Stack	63

Place: 1st Time: 2.01.00 mins

3000 metre run 8-Jan-98

1 st Chris Rabi	38	11.14 mins
2 nd Ian Muir	53	11.16 mins
3 rd Ken White	51	11.25 mins
4 th Allan Alderson	46	11.28 mins
5 th David Painter	55	11.43 mins
6 th Trevor Rollinson	50	11.51 mins
7 th Gary Meyer	42	11.55 mins
8 th John Wallace	54	12.10 mins
9 th Peter Ellis	46	12.48 mins
10 th Jarrod Pope		12.56 mins
11 th Colin Kemp	45	13.55 mins

Shot Put - Men 11-Dec-97

1 John Reid	70	15.52
2 Syd Elks	72	12.25
3 Kees Zwynenburg	68	10.91
4 Tom Gerrard	49	10.25
5 David Painter	55	10.17
6 Tony Nematic	45	9.47
7 Marc Pittau	31	8.15
8 Garry Meyer	42	6.72

Shot Put - Womens 11-Dec-97

1 Phillipa Edgell		10.76
2 Nerinda Noyes	43	10.07

200 Metre Run 11-Dec-97

1 Peter Tuckett	38	24.47
2 Ross Kent	55	26.13
3 Graeme Richards	52	27.47
4 Tony Nematic	45	27.67
6 David Nobbs	57	27.93
6 Peter Ellis	46	29.13
7 Eddie Stack	63	32.47

3000 metre walk 8-Jan-98

1 st Graeme Davis	48	15.42 mins
2 nd Jack Kilfoyle	73	19.15 mins
3 rd Nerida Noyes	43	19.57 mins
4 th Syd Elks	72	20.08 mins
5 th Kees Zwynenburg	68	21.26 mins
6 th Bevan Davis	68	22.06 mins
7 th Jim Strickland	67	23.25 mins
8 th Wendy Seers	56	23.32 mins
9 th Ern Walker	84	23.32 mins
10 th Joy Herbert	54	23.36 mins
11 th John Black	46	23.36 mins
12 th Mary Elks	69	24.37 mins
13 th Roy Giesemann	68	24.45 mins
14 th Barbara Strickland	64	24.47 mins

1000 metre run 8-Jan-98

1 st David Nobbs	57	3.16 mins
2 nd Chris Rabi	38	3.17 mins
3 rd Ian Muir	53	3.21 mins
4 th Tony Nematic	45	3.25 mins
5 th Allan Alderson	46	3.26 mins
6 th Trevor Rollinson	50	3.26 mins
7 th David Painter	55	3.35 mins
8 th Gary Meyer	42	4.07 mins
9 th Peter Ellis	46	4.50 mins
10 th Colin Kemp	45	4.54 mins
11 th Sue Kemp	44	4.57 mins
12 th Kees Zwynenburg	68	5.59 mins

1500 metre run 8-Jan-98

1 st Julie Braskhuis	38	5.19.00 mins
2 nd Tony Nematic	45	6.47.00 mins
3 rd Lindsay Beaton	47	14.11 mins
4 th Belinda Kirkham		14.11 mins
5 th Amanda Alderson		15.28 mins
6 th Sue Kemp	44	15.33 mins



VICTORIAN VETERANS' ATHLETIC CLUB INC

1998 summer events

date	event	starts	venue	melway	closing date
Sunday, March 1	Pentathlon	12.30pm for M30 to M45 1.00pm others	Duncan McKinnon Park	69 A9	Friday, February 20
Sunday, March 22	Weight Pentathlon	10.00am	Duncan McKinnon Park	69 A9	Friday, March 13
Saturday, Sunday, March 28 & 29	Track & Field	10.00am	Duncan McKinnon Park	69 A9	Friday, March 13

Provisional Timetable for track & Field.

Saturday March 28

TIME	TRACK
12.00	Sprint Hurdles
12.30	100m Heats/ Finals
1.25	1500m Finals
2.35	100m Finals
2.45	5K Walk M30 to M65
3.30	400m Finals
4.20	5K Walk W30+, M70+
5.05	3K Steeple
5.15	2K Steeple

FIELD

10.00	Heavy Weight Throw W30+, M65+
12.00	Long Jump (order of events) W30+, M70 to M85 M60/65, M50/55, M40/45, M30/35
12.00	Discus Throw M30/35, M40/45, M50/55, W60+, W30/35/40/45, W50/55, M60/65 M70+
12.00	Hammer Throw M50/55, M60/65, W30+, M30 to M45 M70+
1.00	High Jump M30 to M45, M50 to M65, W30+/M70+

Technical Details

IMPLEMENTS

AGE	Shot Put	Discus	Hammer	Javelin	Weight
Women					
30-39	4.00k	1.00k	4.00k	600gm	9.08k(20lb)
50-59	3.00k	1.00k	3.00k	400gm	7.26k(16lb)
60+	3.00k	1.00k	3.00k	400gm	5.45k(12lb)
Men					
30-49	7.26k	2.00k	7.26k	800gm	15.88k(35lb)
50-59	6.00k	1.50k	6.00k	800gm	11.34k(25lb)
60-69	5.00k	1.00k	5.00k	600gm	9.08k(20lb)
70-79	4.00k	1.00k	4.00k	600gm	7.26k(16lb)
80+	4.00k	1.00k	4.00k	600gm	5.45k(12lb)

Sunday March 29

TIME	TRACK
12.00	400m/300m Hurdles
12.30	3K Walk M30+
1.00	800m Finals
1.50	1500m Walk W30+
2.10	200m Heats/ Finals
3.10	5K M 55+
3.45	5K W30+
4.20	200m Finals
4.30	5K M30/35/40/45/50

FIELD

10.00	Heavy Weight Throw M30 to M60
12.00	Triple Jump M50/55, M30/35, M40/45, W30+, M60+
12.00	Javelin Throw M60/65, M50/55, M40/45, M30/35, M70+, W30 to W45, W 50+
12.00	Shot Put M70+, W50+, W30 to W45, M60/65, M50/55, M30/35, M40/45
1.30	Pole Vault W30+/M60+, M30 to M55

V.V.A.C.Inc. Merchandise & Enquiries

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3000m for M30-59, 2000m for M60+ and women
(The 2000m steeple to use .762m steeple, if available)

PENTATHLON EVENTS

MEN L.J, JAV, 200m, DISCUS, 1500m
WOMEN L.J, JAV, 200m, DISCUS, 800m

WEIGHT PENTATHLON EVENTS

BOTH MEN AND WOMEN
HAMMER, SHOT, DISCUS, JAVELIN, WEIGHT

HURDLES SPECIFICATIONS

AGE	RACE DISTANCE	HURDLE HEIGHT	TO 1ST HURDLE	BETWEEN HURDLES	TO FINISH	NO OF HURDLES
Women						
W30/35	100m	.84m	13m	8.5m	10.5m	10
W40/45	80m	.762m	12m	8m	12m	8
W50+	80m	.6m	12m	7m	19m	8
W30/35/40/45	400m	.762m	45m	35m	40m	10
W50+	300m	.6m	50m	35m	40m	7
Men						
M30/35/40	110m	.991m	13.72m	9.14m	14.02m	10
M45/50	100m	.914m	13m	8.5m	10.5m	10
M55/60	90m	.84m	13m	8m	13m	9
M65+	80m	.762m	12m	7m	12m	9
M30/35/40/45	400m	.914m	45m	35m	40m	10
M50/55	300m	.84m	50m	35m	40m	7
M60+	300m	.762m	50m	35m	40m	7

CONDITIONS OF ENTRY

1. You must be a financial member of the club.
2. Club uniform must be worn.
3. You must supply your own lapscorer for events of 3km and longer.
4. Be available to start your event at least 30 min. prior to the official starting time.

EST. 1960

BALACLAVA

SPORTS INJURY CENTRE

FREDERICK E. WARWICK N.D., A.T.D., A.R.M.T.(Bach.)

Practitioner U.S.A. Diversified...

PHYSICAL DISORDERS and FUNCTIONAL MEDICINE KINESIOLOGY

- Activator Methods Short Leg & Back Pain Syndrome
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- Naturopathic Medicine

301 BALACLAVA ROAD, CAULFIELD NTH., 3161

TEL 9571 6295

Opposite Caulfield Park

RESULTS FROM EAST BURWOOD - JANUARY

8/1/98 80 METRE SPRINT HEAT 1

1 June REEVES	52	11	98
2 Jill COOPER	59	12	68
3 Angela W-SMITH	31	13	29

HEAT 2

1 Gary CROLE	35	10	13
2 Richard TREMBATH	55	10	73
3 Jeremy SHORT	47	12	08
4 Norm KEITH	70	14	11

1200 METRE WALK

1 Phyllis GOSBELL	59	9	15
2 Alex HARRIS	68	10	40
3 Frank TUTCHENER	70	11	37
4 Tony MARTIN	69	11	37
5 Bob LEWIS	69	11	37
6 Audrey TUTCHENER	68	12	54
7 Betty HORSKINS	59	12	54

1600 METRES

1 Sam DEFANIS	49	5.37.8
2 Graham PHILPOTT	54	5.47.4
3 John BELL	53	5.57.9
4 Bob LEWIS	69	6.26.5
5 Vin O'BRIEN	69	6.34.9
6 Col HETHERTON	43	6.53.4

250 METRES N.O.T.

1 Gary CROLE	32.5	30	82	
2 Richard TREMBATH	33.9	34	38	
3 John GREEN	39	00	39	28
4 June REEVES	39	00	39	73
5 Norm KEITH	45.2	43	55	
6 Jill COOPER	43	00	43	83
7 Lloyd NICHOLS	46.6	49	45	

HEAT 2

1 Gordon STEPHEN	37.5	36	90	
2 Jeremy SHORT	41	00	39	11
3 Graham PHILPOTT	40	00	42	98
4 John BELL	46.5	44	49	
5 Jan BURROWS	47	00	46	22
6 Frank TUTCHENER	48.5	47	17	
7 Angela W-SMITH	48	00	47	89
8 Tony MARTIN	53.5	52	33	

6 LAP WALK, 13 LAP RUN N.O.T.

	Nom	Clock		
1 Ian MUMMERY	17	45	18	16
2 Phyllis GOSBELL W	18	50	18	50
3 Geoff WHEELER	19	00	18	58
4 Dave HERBERT W	14	10	19	02
5 Sam DEFANIS	19	59	20	27
6 Murray HUTCHISON	20	35	20	41
7 Graham PHILPOTT	20	48	20	54
8 Alex HARRIS W	20	50	20	55
9 John BELL	22	00	21	37
10 Ron WILSON	22	50	22	26

6 LAP WALK, 13 LAP RUN Continued

	Nom	Clock		
11 Vin O'BRIEN	23	11	23	04
12 Jeremy SHORT	21	30	24	01
13 Bob LEWIS	23	50	24	10
14 Jan BURROWS	23	58	24	28
15 John CUNNINGHAM	25	00	24	31
16 Audrey TUTCH W	24	00	24	49
17 Les CLARK W	20.5	24	53	
18 Gordon STEPHEN	25	00	24	58
19 Jack FREDRICKSON	26	00	26	14
20 Trevor JUPP	26	10	26	43
21 Col HETHERTON	25	30	26	58
22 Leo WATSON	26	00	27	23
23 Peter BATTRICK	26	30	27	37
24 Tony MARTIN	26	00	27	37
25 Frank TUTCHENER	29	50	28	26

LONG JUMP

	Metres		
1 Jeremy SHORT	47	4	50
2 Col HETHERTON	43	4	15
3 Gordon STEPHEN	44	4	14
4 Graham PHILPOTT	54	4	10
5 Angela W-SMITH	31	3	56
6 Jan BURROWS	47	3	40
7 Norm KEITH	70	3	34
8 Phyllis GOSBELL	59	3	08
9 Les CLARK	67	2	61

15/1/98 110 METRES

1 Andrew FRASER	56	15	83
2 Allan ELLIOTT	55	16	23
3 Jeremy SHORT	47	16	61
4 Jenny FAWKES	40	18	45

1000 METRE WALK

1 Bob LEWIS	69	6	24
2 Dave HERBERT	57	6	29
3 Elaine RUTH'FORD	68	6	34
4 Joy CURTIS	55	6	55
5 Norm CAMERON	53		
6 Phyllis GOSBELL	59	7	08
7 Tony MARTIN	69	7	16
8 Frank TUTCHENER	70	9	0
9 Letty LEIGH	9	11	
10 Wal RILEY	9	24	
11 Alf HETHERTON	9	24	
12 Betty HORSKINS	59	10	06

800 M HANDICAP

	H'Cap	Clock		
1 Jenny FAWKES	0	30	3	24
2 Gary CROLE	0	58	3	24
3 Ron WILSON	0	40	3	25
4 Norm CAMERON	0	39	3	26
5 Ian MUMMERY	1	04	3	27
6 Jan BURROWS	0	18	3	28
7 Bob LEWIS	0	32	3	28

RESULTS FROM EAST BURWOOD - JANUARY

800 METRE H'CAP Cont

	H'Cap	Clock		
8 Jeremy SHORT	0	34	3	28
9 Col.HETHERTON	0	34	3	32
10 John BELL	0	48	3	32
11 Rob BAULCH	0	44	3	35
12 Graham PHILPOTT	0	49	3	35
13 Leo WATSON	0	26	3	36
14 Lloyd NICHOLS	0	3	50	
15 Frank TUTCHENER	0	3	51	

15/1/98 2 x 200M RELAY

1 Andrew FRASER		
Bob CURTIS	59	21
2 Col HETHERTON		
Norm CAMERON	63	52
3 Jan BURROWS		
Jeremy SHORT	66	16

15/30 MINUTE TRIAL

Wal RILEY	3	L	350	m
Jan BURROWS	7	L	340	m
Don McMAHON	7	L	350	m
Joy CURTIS W	5	L	50	m
Marlene PETROFF	7	L		
Col HETHERTON	6	L	260	m
Norm CAMERON	6	L	260	m
Frank TUTCHENER	6	L	180	m
Leo WATSON	7	L	130	m
Geoff WHEELER	10	L	200	m
John HALL	8	L	170	m
Brian MEE	9	L		
Bob CURTIS	9	L		
Doug PETROFF	9	L	65	m
Richard PIESSE	6	L	395	m
Elaine RUTHERFORD W	10	L	15	m
Dave HERBERT	15	L	100	m
John SUTTON	16	L	100	m
Jenny FAWKES	15	L	100	m
Bob LEWIS	16	L	100	m
Gordon STEPHEN	15	L	90	m
Annette PELGRIM	16	L	125	m
Graham PHILPOTT	18	L	225	m
Les CLARK	13	L	260	m
Peter BATTRICK	14	L	230	m
Ray VALLANCE	15	L	395	m
Ian MUMMERY	20	L	30	m
John BELL	18	L	270	m
Coral MONK	14	L	25	m
Tony MARTIN	14	L	25	m
Rob BAULCH	17	L	100	m
Sam DEFANIS	19	L	50	m
Ron WILSON	16	L	280	m
DISCUS		Metres		
1 Ilmar MANCS	27	46		
2 Col HETHERTON	43	27	17	

DISCUS

3 Rhonda DUNDAS	53	24	0
4 Les CLARK	67	15	01
5 John SUTTON	54	14	52
6 Graham PHILPOTT	54	14	26
7 Angela W-SMITH	31	14	15
8 Jan BURROWS	47	12	63

22/1/98 60 METRES against the wind

1 Allan ELLIOTT	55	8	75
2 Brian TAIT	56	8	97
60 METRES wind assisted			
1 Allan ELLIOTT	55	8	09
2 Brian TAIT	56	8	43

10 MIN WALK TRIAL

Tony MARTIN	3	Laps	39	m
Betty HORSKINS	2	Laps	100	m
Rita KERR	2	Laps	100	m
Elaine RUTHERFORD	3	Laps	210	m
Letty LEIGH	2	Laps	300	m
Audrey TUTCHENER	2	Laps	260	m
Frank TUTCHENER	2	Laps	260	m
Joy CURTIS	3	Laps	175	m
John KERR	2	Laps	260	m
Phyllis GOSBELL	3	Laps	150	m

1000 METRES

1 Ian MUMMERY	34	3.00.79
2 Doug PETROFF	56	3.31.17

400 METRE H'CAP

	H'Cap	Clock
1 Bob LEWIS	69	1.34.90
2 Frank TUTCHENER	70	1.35.66
3 Gordon STEPHEN	44	1.36.78
4 Gerard ADRIEN	37	1.37.45
5 Leo WATSON	56	1.37.82
6 Andrew FRASER	56	1.41.50
7 Phyllis GOSBELL	59	1.42.97
8 Brian TAIT	56	1.43.59
9 Richard PIESSE	55	1.44.08
10 Gerry CLARKE	61	1.44.62
11 Tony MARTIN	69	1.48.20

3K WALK, 10/25 LAP RUN

1 Col HETHERTON	43	9	35
2 Ian MUMMERY	34	18	14
3 Peter LEIGH	60	18	57
4 Murray HUTCHISON	48	19	68
5 Brian MEE	60	19	23
6 Bob CURTIS	56	19	27
7 Betty HORSKINS W	59	19	51
8 Rita KERR W	68	19	52
9 Doug PETROFF	56	21	32
10 John HALL	50	21	35
11 Vin O'BRIEN	69	21	40
12 Bob LEWIS	69	21	40

RESULTS FROM EAST BURWOOD - JANUARY

22/1/98 3K WALK, 10/25 LAP RUN Cont

13 Joy CURTIS W	55	21	51
14 John SUTTON	54	21	52
15 Elaine RUTHERFD W	68	21	58
16 John CUNNINGHAM	53	22	44
17 Jack FREDRICKSON	58	23	55
18 Peter BATTRICK	54	24	39
19 Letty LEIGH W	55	24	43
20 Frank TUTCHENER	70	25	48
21 Tony MARTIN	69	26	04
22 John KERR	68	26	30
23 Coral MONK	49	26	31
24 Marlene PETROFF	55	29	19
25 Sue SUTTON W	52	31	51
26 Graeme LETICQ	43	37	27
27 Sam DEFANIS	49	38	26
28 Rob BAULCH	50	43	31
29 John BELL	53	43	59
30 Ron WILSON	61	45	20
31 Eric DAVIDSON	46	39	

JAVELIN

1 Allan ELLIOTT	55	26	42
2 Doug PETROFF	56	17	86
3 John SUTTON	54	15	05
4 Phyllis GOSBELL	59	13	86

29/1/98 70 METRES HEAT 1

1 Rhonda DUNDAS	53	10	66
2 Daren FAWKES	44	11	0
3 Angela W-SMITH	31	11	35
4 Jenny FAWKES	40	11	35
5 Norm KEITH	70	11	69

HEAT 2

1 Col HETHERTON	43	9	31
2 Alan ELLIOTT	55	9	59
3 Andrew FRASER	56	9	95
4 Brian TAIT	56	9	95
5 Doug ORR	74	13	74

RELAY 3 x 200/400/200

1 Ashley RYAN Jeremy SHORT Ian MUMMERY	6.46
2 Andrew FRASER Frank TUTCHENER Peter FIELD	7.12
3 Peter VINCE Gordon STEPHEN Daren FAWKES	7.19
4 Jenny FAWKES Gerry CLARKE Col HETHERTON	7.29
5 Tony MARTIN Brian TAIT Doug PETROFF	7.47

600 METRE WALK

1 Elaine RUTHERFORD	68	3	44
2 Bob LEWIS	69	3	47
3 Dave HERBERT	57	3	48
4 Phyllis GOSBELL	59	4	19
5 Frank TUTCHENER	70	5	44
6 Tony MARTIN	69	5	44
7 Audrey TUTCHENER	68	5	52
8 Betty HORSKINS	59	6	0

2K WALK, 10/20 LAP RUN

1 Angela W-SMITH	1	lap	2	38
2 Col HETHERTON	43		8	59
3 Ian MUMMERY	9	laps	12	14
4 Elaine RUTHERFD W	68		14	18
5 Peter FIELD	40		14	45
6 John BELL	53		16	30
7 Ray VALLANCE	53		16	41
8 John HALL	40		16	42
9 Barbara BROOKS W	63		17	22
10 Vin O'BRIEN	63		17	23
11 Ashley RYAN	43		17	37
12 Doug PETROFF	56		18	05
13 Dave HERBERT	57		18	05
14 Bob POWER	55		18	18
15 Peter BATTRICK	54		18	26
16 John CUNNINGHAM	53		18	36
17 Jan BURROWS	47		18	47
18 Peter VINCE	49		18	53
19 Don McMAHON	59		19	0
20 Gerry CLARKE	60		19	05
21 Trevor JUPP	57		19	06
22 Jack FREDRICKSON	58		19	26
23 Audrey TUTCH W	68		19	53
24 Marg DUGUID	61		20	13
25 Daren FAWKES	44		20	13
26 Bob LEWIS	69		20	31
27 Kathy PRESTEGAR	47		21	05
28 Frank TUTCHENER	70		22	15
29 Lloyd NICHOLS	56		23	57
30 Tony MARTIN	69		26	16
31 Sam DEFANIS	49		30	46
32 Graham PHILPOTT	54		32	0
33 Murray HUTCHISON	48		32	43
34 Rob BAULCH	50		33	25
35 Ron WILSON	61		34	52
36 Jeremy SHORT	47		35	48
37 Annette PELGRIM	43		36	07
38 John SUTTON	54		37	55
39 Coral MONK	49		38	22
40 Jenny FAWKES	40		39	15

RESULTS FROM EAST BURWOOD - JANUARY

SHOT PUT

1 Col HETHERTON	7 kg	9	08	7 Doug ORR	4 kg	5	80
2 Rhonda DUNDAS	3 kg	8	56	8 Jan BURROWS	4 kg	5	74
3 Norm KEITH	4 kg	8	32	9 John SUTTON	6 kg	5	73
4 Ilmar MANCS	5 kg	8	21	10 Barbara BROOKS	3 kg	5	59
5 Angela W-SMITH	4 kg	6	46	11 Graham PHILPOTT	6 kg	5	47
6 Les CLARK	5 kg	5	86	12 Phyllis GOSBELL	3 kg	5	16



Growing Together

Laura Rd Knoxfield 3180, Melways reference: 73 B5

FUN RUN

SUNDAY 22ND MARCH 1998

10:00am start (Registration from 9:00am)

10 km & 3.3 km

(courses are accurately measured)

CATEGORIES

Primary school children NOT to run in 10km event

EVENT 3.3km

- boy under 8
- girl under 8
- boy under 10
- girl under 10
- boy under 12
- girl under 12
- boy under 14
- girl under 14
- boy under 16
- girl under 16
- boy under 18
- girl under 18
- male 18-39
- female 18-39
- male 40 and over
- female 40 and over

EVENT 10km

- male under 18
- female under 18
- male 18-39
- female 18-39
- male 40-49
- female 40-49
- male 50-59
- female 50-59
- male 60 and over
- female 60 and over

Entry Fees: adults - \$5.00, under 18yrs \$3.00, families \$12.00
For further information contact Carrington Primary School on 9763 9600

RESULTS OF MEETINGS HELD AT CAULFIELD - JANUARY 1998

100 MTRS H/C - 6.1.98

	Clock	Time	H/cap
Charles PACE	36	11.71	10 Mtrs
George YEOMANS	52	11.92	15 Mtrs
Alan SINCLAIR	47	12.11	11 Mtrs
Jimmy THOMSON	71	12.31	20 Mtrs
Domenico MORINA	58	12.50	30 Mtrs
Mark HITGE	35	12.71	Scr
Ian BRITTAIN	63	13.00	28 Mtrs
Bruce ROWAN	59	13.23	15 Mtrs
Andy SMITH	82	13.45	40 Mtrs
Stephen YOUNG	45	13.67	3 Mtrs

300 MTRS H/C - 6.1.98

	Clock	Time	H/cap
Glad WISHART	53	56.39	Go
Stephanie ARMSTRONG	36	57.90	12 Secs
Chris McARDLE	44	58.37	14 Secs
Brian HOLCOMBE	52	58.60	14 Secs
Doug ADENEY	53	60.00	16 Secs
Mark HITGE	35	61.00	21 Secs
Bob WISHART	56	62.00	17 Secs
Kevin MARION	61	61.11	11 Secs
Jimmy THOMSON	71	61.80	9 Secs
Nev HARTCHER	44	62.01	15 Secs
Eddy STACK	63	62.45	12 Secs
George YEOMANS	52	62.65	14 Secs
Leo CHARLES	64	65.12	12 Secs

10 LAPS ON GRASS (6400 MTRS) E/TIME - 6.1.98

	Est	Actual	Diff
Paul MEREDITH	36	34.34	34.29 0.05
Graham PHILPOTT	54	26.15	26.10 0.05
Terry STUBBS	47	31.31	31.25 0.06
Jim NEFF	41	26.55	26.48 0.07
Jan BURROWS	47	30.47	30.36 0.11
Fred BICHSEL	60	28.25	28.39 0.14
Rhonda TRENGROVE	50	33.00	33.16 0.16
Ben MORREY	69	34.50	34.33 0.17
Shondra HILL	50	39.45	40.03 0.18
Nev HARTCHER	44	24.50	24.31 0.19
Judy WINES	59	34.00	33.41 0.19
Paul LYNCH	48	30.30	30.09 0.21
Colin MILLER	55	30.50	30.28 0.22
David JONES	60	34.20	33.53 0.27
Greg MAULDON	60	31.20	30.53 0.27
Peter BENCE	48	25.01	25.30 0.29
Peter McGRATH	58	33.00	32.26 0.34
Jane STURZAKER	44	34.45	34.11 0.34
Jenny STEPHENS	38	26.30	27.10 0.40
Mark BENJAMIN	60	34.50	33.02 0.48
Jeff BOOT	41	23.30	24.20 0.50
Gerry BLANCHFIELD	55	34.00	33.04 0.56
Neil THORNLEY	38	30.15	29.12 1.03
Cynthia ELLERY	49	39.25	38.30 1.05
Pete BATTRICK	54	34.30	33.40 1.10
Jim McLURE	52	26.52	25.40 1.12
Louis WASER	51	26.45	27.22 1.23
Kevin BROWNE	61	30.54	29.26 1.28
Betty MARK	50	40.00	38.30 1.30
Stephanie ARMSTRONG	36	27.00	28.38 1.38
Alan SINCLAIR	47	29.04	27.02 2.02
Bill CARR	48	32.00	29.24 2.36
Imelda LESBIREL	44	45.00	42.30 2.37
Fred LESBIREL	73	44.30	42.30 2.37
Jan MORREY	58	35.00	32.19 2.41
Joy HERBERT	54	-	34.38 -

8 LAP H/C WALK - 6.1.98

	Clock	Time	H/cap
Andy SMITH	82	27.01	Scr
Joan JUBB	62	29.46	1.30
Bev MACKIE	57	30.32	6.30
Marlaine STANWAY	59	32.16	11.00
Darrel POLGLASE	58	31.29	8.25
Ralph FIELD	84	33.06	7.30
Marg MARION	57	35.21	9.30
Peter FIELD	40	32.06	10.00
Bob FRENCH	69	33.57	12.00
Gwen STEED	55	30.58	13.15
Maureen SEEDSMAN	60	32.16	11.00
Joan CLARKE	63	33.08	7.30
Rodney FORD	56	33.01	11.40
Graeme DAVIS	48	30.42	13.50

- 1st Andy Smith
- 2nd Joan Jubb
- 3rd Bev Mackie

* * * * *

NOTICE TO ALL MANAGERS.

* IT IS ESSENTIAL THAT I

* RECEIVE RESULTS FROM THE

* GROUNDS BY THE SEVENTH OF

* EACH MONTH, AT THE LATEST.

* PETER COLTHUP. O.A.M.

* EDITOR.

* AROUND THE GROUNDS.

* * * * *

RESULTS OF MEETINGS HELD AT CAULFIELD - JANUARY 1998

100 MTRS H/C - 13.1.98

	Clock	Time	H/cap
Domenico MORINA	58	11.54	30 Mtrs
Jimmy THOMSON	70	11.77	20 Mtrs
Charles PACE	36	11.94	10 Mtrs
Alan SINCLAIR	47	12.14	11 Mtrs
Ross KENT	55	12.31	6 Mtrs
Stephanie ARMSTRONG	36	12.51	14 Mtrs
Bruce ROWAN	59	12.70	16 Mtrs
Gerard ADIVEN	37	12.89	Scr
Mark HITGE	35	13.11	Scr
George YEOMANS	52	13.32	14 Mtrs
Stephen YOUNG	45	13.53	5 Mtrs

4KM S-H/C WALK - 13.1.98

	Clock	Time	H/cap
Bev MACKIE	57	33.25	20.55
Ian BEAUMONT	61	30.36	22.16
Margaret BEAUMONT	59	28.05	22.35
Gwen STEED	55	23.46	22.51
Maureen SEEDSMAN	60	26.25	23.05
Vic HARLEY	71	27.35	23.05
Sylvia MACHIN		26.26	23.06
Graeme DAVIS	48	23.09	23.09
Darrel POLGLASE	58	29.02	23.12
Joy HOGAN	45	27.08	23.43
Joan CLARKE	63	34.39	25.19
Ralph FIELD	84	34.59	25.59
Domenico MORINA	58	28.41	26.21
Marg MARION	57	34.39	29.39
Jim MACHIN		30.48	--

5K H/C RUN - 13.1.98

	Clock	Time	Actual
Graham PHILPOTT	54	20.32	20.02
Robert McKENNA	48	20.34	20.34
Les MOLLARD	44	20.43	18.23
Ernie STEWART	47	20.44	18.29
Graham PROSSOR	43	20.50	20.35
Neil SALVANO	45	21.39	21.29
Peter BENCE	48	21.54	19.54
Neil THORNLEY	38	22.02	22.02
Alan SINCLAIR	47	23.03	22.18
Gabriel CARMONA	55	23.28	21.28

- 1st Graham Philpott
- 2nd Robert McKenna
- 3rd Les Mollard

400 MTRS H/C - 13.1.98

	Clock	Time	H/cap
Andy SMITH	82	1.58.0	+45 Sec
Margaret BEAUMONT	59	2.08.8	+30 Sec
Gerard ADENEY	37	1.16.0	19 Secs
Graham STOCKDALE	55	1.16.4	13 Secs
Les MOLLARD	44	1.17.2	13 Secs
Jan MORREY	58	1.17.3	2 Secs
Jimmy THOMSON	70	1.18.0	8 Secs
Stephanie ARMSTRONG	36	1.18.1	12 Secs
Eddy STACK	63	1.18.8	9 Secs
Mark HITGE	35	1.18.9	20 Secs
Doug ADENEY	53	1.19.0	17 Secs
Glad WISHART	53	1.19.3	Go
Brian HOLCOMBE	52	1.21.5	15 Secs
Bob WISHART	56	1.22.0	17 Secs
Nev HARTCHER	44	1.25.0	13 Secs
Stephen YOUNG	45	1.25.3	20 Secs
George YEOMANS	52	1.25.7	16 Secs
Leo CHARLES	64	1.26.0	9 Secs
Sylvia MACHIN	56	1.26.3	Go
Jim MACHIN	67	1.27.4	Go

5K H/C RUN - 13.1.98 SECOND RUNNERS

	Clock	Time	Actual
Peter BATTRICK	54	29.52	23.17
Jim NEFF	41	30.03	20.43
Mark BENJAMIN	60	30.05	24.05
Greg MAULDON	60	30.23	22.38
John SHEARD	49	30.32	24.22
Judy WINES	59	30.34	25.34
Gerry BLANCHFIELD	55	30.45	24.35
George YEOMANS	52	30.45	24.25
Betty MARK	50	30.45	28.00
Fred BICHSEL	60	30.52	21.52
Kevin BROWNE	61	30.52	22.22
Joy HERBERT	54	30.56	24.41
Cynthia ELLERY	48	31.09	28.46
Rhonda TRENGROVE	50	31.10	25.35
Ray VALLANCE	53	31.11	21.31
Paul LYNCH	48	31.15	23.20
Shondra HILL	50	31.30	29.35
Jan BURROWS	47	31.35	23.45
David JONES	60	31.41	25.01
Imelda LESBIREL	44	31.45	31.45
Eric LESBIREL	46	31.45	29.40
Peter McGRATH	58	32.01	25.26
Paul MEREDITH	36	32.10	25.15
Colin MILLER	55	32.27	24.52
Rodney FORD	56	32.40	24.52
Jane STURZAKER	44	32.45	24.52
Ben MORREY(Lap short)	69	28.00	24.52
1st Pete Battrick/ 2nd Jim M			
3rd Mark Benjamin			

RESULTS OF MEETINGS HELD AT CAULFIELD - JANUARY 1998

100 MTRS H/C - 20.1.98

	Clock	
	Time H/cap	
Kevin MARION	61 11.62 15 Mtrs	
Charles PACE	36 11.84 10 Mtrs	
Brian HOLCOMBE	52 12.15 16 Mtrs	
Jan MORREY	58 12.36 28 Mtrs	
Vivienne CASH	45 12.40 20 Mtrs	
Mark HITGE	35 12.40 Scr	
Jimmy THOMSON	70 12.40 20 Mtrs	
Jim SHAND	59 12.40 15 Mtrs	
Alan SINCLAIR	47 13.30 11 Mtrs	
Bruce ROWAN	59 13.58 16 Mtrs	
Bill DALEY	73 13.70 24 Mtrs	
Stephen YOUNG	45 13.78 6 Mtrs	

600 MTRS H/C - 20.1.98

	Clock	
	Time H/cap	
Doug ADENEY	53 1.56.2 15 Secs	
Alan SINCLAIR	47 1.59.7 2 Secs	
Mark HITGE	35 2.00.0 20 Secs	
Ann HOLCOMBE	50 2.00.8 12 Secs	
Paul ROBINSON	Inv 2.01.1 20 Secs	
Stephen YOUNG	45 2.02.4 18 Secs	
Eddy STACK	63 2.12.5 5 Secs	
Bob WISHART	56 2.14.9 17 Secs	
Jan MORREY	58 2.17.2 Go	
Glad WISHART	53 2.40.4 Go	
Graham STOCKDALE	55 2.35.4 20 Mtrs	

6 LAP TEAM WALK EST TIME

	Est.	Actual	
Bev MACKIE	57 18.10	18.32)	
Janet HOMES	43 13.30	13.48)	1st
Marg MARION	57 18.20	18.29)	
Graeme DAVIS	48 12.30	13.16)	2nd
Darrel POLGLASE	58 17.00	17.12)	
Ralph FIELD	84 21.00	20.06)	3rd
Marlaine STANWAY	59 16.30	15.32)	
Jen BISHOP	30 16.30	15.27)	4th
John SHEARD	49 14.30	14.29)	
Rodney FORD	56 17.55	15.05)	5th

1600 MTR TEAM RELAY - RUN 2 X 4 LAPS EACH PERSON - 20.1.98

Place	Team	H/cap	Combin ed Time	Place	Team	H/cap	Combin ed Time
1.	Pete Battrick Rob McKenna	1.10	27.56	10.	Alan Sinclair Graham Prossor	5.00	29.32
2.	Peter Bence Cal Neff	4.45	28.17	11.	Gabriel Carmona Mark Benjamin	3.30	29.36
3.	Chris Barrett Jim Neff	4.00	28.20	12.	Doug Wallace Jane Sturzaker	0.30	29.37
4.	Kevin Browne Ernie Stewart	4.00	28.33	13.	Shane Waterman David Jones	3.10	30.06
5.	Heather Watson Bill Car	0.30	28.41	14.	Judy Wines Neil Thornley	2.20	30.09
6.	Jenny Stephens Graham Stockdale	4.00	28.41	15.	Terry Stubbs Stephen Young	3.30	30.28
7.	Don McLean Betty Mark	Go	28.58	16.	Colin Miller Cynthia Ellery	0.30	30.41
8.	George Yeomans Graham Philpott	4.00	28.59	17.	Paul Meredith Rhonda Trengrove	2.00	30.56
9.	Jan Morrey Greg Mauldon	0.30	29.17	18.	Gerry Blanchfield Shondra Hill	0.30	30.56

RESULTS OF MEETINGS HELD AT CAULFIELD - JANUARY 1998

100 MTRS H/C - 27.1.98

	Clock	
	Time H/cap	
HEAT 1		
Brian HOLCOMBE	52 11.70 16 Mtrs	
Alan SINCLAIR	47 11.96 11 Mtrs	
Ross KENT	55 12.21 6 Mtrs	
Ray O'CONNOR	60 12.81 20 Mtrs	
Anne HOLCOMBE	50 13.04 19 Mtrs	
Bill DALEY	73 13.23 26 Mtrs	
Stephen YOUNG	45 13.46 6 Mtrs	
Bruce ROWAN	59 13.74 16 Mtrs	
HEAT 2		
Charles PACE	36 11.58 10 Mtrs	
Nyala MILLAR	56 11.82 25 Mtrs	
Vivienne CASH	46 12.07 20 Mtrs	
John WAITE	57 12.33 30 Mtrs	
Domenico MORINA	58 12.55 30 Mtrs	
Kevin MARION	61 12.76 15 Mtrs	
Norm KEITH	70 13.01 24 Mtrs	

1st Charles Pace
2nd Brian Holcombe
3rd Nyala Millar

6 LAP WALK - 27.1.98

	Actual
Gwen STEED	55 13.01
Janet HOLMES	44 14.04
Des MIDDLETON	51 14.35
Sandra MIDDLETON	49 14.45
Sylvia MACHIN	56 14.57
Joy HOGAN	45 15.41
Maureen SEEDSMAN	60 16.05
Glennis McPHERSON	51 16.36
Frank WARREN	71 16.41
Darrel POLGLASE	58 17.16
Ian BEAUMONT	61 17.31
Marg MARION	57 17.37
Bev MACKIE	57 18.36
Joan CLARKE	63 18.38
Ralph FIELD	84 19.00
Kevin McGRATH	66 19.05
Dot JACK	79 19.23
Grace SMITH	70 24.18

3KM RUN - 27.1.98

	Actual
	Time
Peter BENCE	48 10.40
Jeff BOOT	41 10.44
R. MARTIN	46 10.46
Shane WATERMAN	32 10.50
Graham PHILPOTT	54 11.22
Jim McLURE	52 11.23
Lesley GRIMES	37 11.25
Peter FIELD	40 11.29
Graham PROSSOR	43 11.29
Neil SALVANO	45 11.57
Robert McKENNA	48 11.59
Stephanie ARMSTRONG	36 12.06

400 MTRS H/C - 27.1.98

	Clock	
	Time	
Jan MORREY	58 1.38.2 24 Secs	
Alan SINCLAIR	47 1.39.6 42 Secs	
Ray O'CONNOR	60 1.40.6 34 Secs	
Stephen YOUNG	45 1.40.3 41 Secs	
Nyala MILLAR	56 1.41.1 23 Secs	
Glad WISHART	53 1.41.9 23 Secs	
Ann HOLCOMBE	50 1.42.2 36 Secs	
Graham STOCKDALE	55 1.42.5 40 Secs	
Doug ADENEY	53 1.42.8 41 Secs	
Bob WISHART	56 1.40.4 40 Secs	
Margaret BEAUMONT	59 1.44.9 Go	
Leo CHARLES	64 1.47.3 32 Secs	
John WAITE	57 1.44.0 29 Secs	
Norm KEITH	70 1.57.6 29 Secs	

John WAITE	57 12.17
Neil THORNLEY	38 12.25
M. SLOAN	Inv 12.30
Gabriel CARMONA	55 12.31
Ray VALLANCE	53 12.40
Bill CARR	48 12.42
Alan SINCLAIR	47 12.52
Colin MILLER	55 12.56
Greg MAULDON	60 13.12
Kevin BROWNE	61 13.13
Terry STUBBS	48 13.17
Paul LYNCH	48 13.21
Bob POWER	55 13.26
Rodney FORD	56 13.36
Don PRITCHARD	48 13.49
David JONES	60 13.56
Domenico MORINA	58 13.58
Mark BENJAMIN	60 13.58
Pete BATTRICK	54 13.59
Jan BURROWS	47 13.59
Gerry BLANCHFIELD	55 14.00
Joy HERBERT	54 14.10
Paul MEREDITH	36 14.18
John SHEARD	49 14.20
Rhonda TREN GROVE	50 14.29
Jane STURZAKER	45 14.35
Jan MORREY	58 14.40
Judy WINES	60 14.53
Peter McGRATH	58 14.59
Ben MORREY	69 15.00
Betty MARK	50 15.07
Cynthia ELLERY	48 15.19
David MELDRUM	72 16.10
Shondra HILL	50 16.20
Jeff MARK	48 16.49
Margaret BEAUMONT	59 16.58
Imelda LESBIREL	44 17.21

RESULTS FROM CROYDON VENUE - JANUARY 1998

RESULTS FROM CROYDON VENUE - JANUARY 1998

5 LAP WALK 13.1.1998		Actual Time	Nom. Time	16 LAP NOM. OWN TIME 13.1.1998 Contd.	
1 Tony JOHNSON ***	57	9.59	9.51	George SIMONS (5 Laps)	62 11.06
2 Celia JOHNSON	50	11.07	10.52	Peter McGUIRE (5 Laps)	49 11.09
3 Alison THOMPSON	44	12.16	11.00	Neil GRIFFIN (8 Laps)	51 14.24
4 Barrie WICKS	57	12.40	12.00	Celia JOHNSON (8 Laps)	50 17.02
5 Colin THOMPSON	49	13.51	13.30	Simon TENNANT (10 Laps)	31 19.21
6 Phyllis GOSBELL	59	15.01	17.20	Barrie WICKS (10 Laps)	57 21.06
7 Kevin McLAUGHLAN	54	15.47	16.02	Phyllis GOSBELL (10 Laps)	59 22.50
8 Pat CAVANAGH	57	16.03	17.35	Pat CAVANAGH (10 Laps)	57 23.24
9 Janice HEALEY	40	20.00		Peter LEIGH (12 Laps)	60 21.24
10 Irene HEDGES	51	20.00			

*** Winner - Tony Johnson, 8 seconds out

70 METRE SPRINT 13.1.1998		Actual Time	Nom. Time
1 Simon TENNANT	31	9.8	
2 Jack BUCKINGHAM	47	10.0	
3 Ron SMITH	48	10.7	

600 METRE RUN 13.1.1998		Actual Time	Nom. Time
1 Colin PAGE	43	1.36	
2 Neil GRIFFIN	51	1.51	
3 Ian DUTHIE	53	1.52	
4 Colin THOMPSON	49	2.15	
5 Glenn CLAUDEN	43	2.17	

200 METRE SPRINT 13.1.1998		Actual Time	Nom. Time
1 Simon TENNANT	31	27.6	
2 Colin PAGE	43	27.9	
3 Ron SMITH	48	32.9	
4 Kevin McLAUGHLAN	54	38.5	
5 Phyllis GOSBELL	59	43.2	

16 LAP NOM. OWN TIME 13.1.1998		Actual Time	Nom. Time
1 Colin PAGE	43	25.00	24.00
2 Jim INGHAM	52	25.18	25.45
3 Ray MERIDA	54	25.54	24.45
4 John MONK ***	50	27.22	27.20
5 Murray HUTCHISON	48	27.47	28.00
6 Andrew TUNNE	39	28.07	28.30
7 Ian DUTHIE	53	28.25	29.15
8 Colin THOMPSON	49	29.38	29.10
9 Ron BOYNE	64	31.31	30.41
10 Al WILLEY	58	32.16	30.50
11 Alison THOMPSON	44	33.33	32.00
12 Ken MATCHETT	76	34.56	33.10
13 Les CLARK	67	36.07	38.00
14 John YATES	70	37.52	37.20
15 Ron SMITH	48	38.17	35.00

8 LAP RUN HANDICAP 20.1.1998		Clock Time	Actual Time
1 Ian DUTHIE	53	3.41	2.36
2 Bob CURTIS	56	3.56	2.46
3 Bill KENNEDY	48	4.01	3.11
4 Ashley RYAN	43	4.05	2.30
5 Colin THOMPSON	49	4.07	3.07
6 Kevin McLAUGHLAN	54	4.18	3.43
7 Frank TUTCHENER	70	4.26	3.31

*** Winner - John Monk, 2 seconds out

1 OR 3KM WALK 20.1.1998		Clock Time	Actual Time
1 Ken MATCHETT	76	5.57	
2 Jan WATSON	51	6.29	
3 Kevin McLAUGHLAN	54	7.33	
4 Pauline BROWN	52	7.34	
5 Lynette HILL	52	8.30	
6 Frank TUTCHENER	70	10.35	
7 Les CLARK	67	10.37	

50 METRE SPRINT 20.1.1998		Clock Time	Actual Time
1 Alison THOMPSON	44	17.07	
2 Barrie WICKS	57	18.48	
3 Colin THOMPSON	49	20.58	

8 LAP RUN HANDICAP 20.1.1998		Clock Time	Actual Time
1 Ken MATCHETT	76	20.34	15.34
2 Alison THOMPSON	44	21.10	15.40
3 John YATES	70	21.11	17.11
4 Ron BOYNE	64	21.13	14.33

8 LAP RUN HANDICAP 20.1.1998 Contd.		Clock Time	Actual Time	2/4/6/8KM NOM. TEAM TIME 27.1.1998	
5 Bill KENNEDY	48	21.15	14.20	Team 3	
6 Jim INGHAM	52	21.21	12.01	2K Colin PAGE	43 8.39
7 Saul BAKAITIS	53	21.26	11.46	4K Norm CAMERON	53 18.23
8 Cec McKEOWN	58	21.32	14.22	6K Brad CURTIS	33 24.32
9 Norm CAMERON	53	21.36	14.01	8K Ian UREN	46 35.34
10 Ron SMITH	48	21.40	17.10	Diff.	0.08 87.08 87.00
11 Murray HUTCHISON	48	21.41	12.21	Team 6	
12 Ian DUTHIE	53	21.48	13.03	2K Bill KENNEDY	48 8.10
13 Colin THOMPSON	49	21.57	14.07	4K Barrie WICKS	57 19.49
14 Dot BROWNE	56	22.01	16.11	6K Bob CURTIS	56 24.45
15 Frank TUTCHENER	70	22.02	15.52	8K Ray CALLAGHAN	64 36.54
16 Barrie WICKS	57	22.04	15.39	Diff.	-0.42 89.38 90.20
17 Bob PETRIE	56	22.06	13.41	Team 7	
18 Les CLARK	67	22.17	17.17	2K Colin HETHERTON	43 9.07
19 Jan WATSON	51	22.21	21.31	4K Alison THOMPSON	44 19.49
20 Bob CURTIS	56	22.32	13.27	6K Dot BROWNE	56 32.52
21 Pauline BROWN	52	22.36	17.31	8K Andrew TUNNE	39 34.08
22 Kevin McLAUGHLAN	54	22.52	17.12	Diff.	0.56 95.56 95.00
23 Ashley RYAN	43	22.53	13.28	Team 8	
24 Andrew TUNNE	39	23.23	13.43	2K Jan WATSON	51 12.30
Peter McGUIRE (3 Laps)	49	10.27	6.27	4K Maxine PATTERSON	50 22.11
1500 METRE WALK 27.1.1998				6K Ron BOYNE	64 27.51
1 Alison THOMPSON	44	8.11		8K Jim INGHAM	52 31.16
2 Barrie WICKS	57	9.08		Diff.	-1.12 93.48 95.00
3 Terry DUNN	60	9.37		Team 1	
4 Jan WATSON	51	9.39		2K Pam RICHARDS	57 11.31
5 John RICHARDS	59	10.01		4K Pat CAVANAGH	57 23.03
6 Tina BAARSLAG	64	10.11		6K Glenn CLAUDEN	43 24.19
7 Colin THOMPSON	49	10.25		8K Colin THOMPSON	49 37.53
8 Pam RICHARDS	57	10.26		Diff.	-1.14 96.46 98.00
9 Joy CURTIS	55	10.46		Team 9	
10 Pauline BROWN	52	11.32		2K John YATES	70 10.34
11 Frank TUTCHENER	70	13.12		4K Pauline BROWN	52 21.54
12 Lynette HILL	52	13.13		6K Lavinia PETRIE	54 28.55
13 Ted CONNELL	65	13.19		8K Murray HUTCHISON	48 32.55
70 METRE SPRINT 27.1.1998				Diff.	-2.02 94.18 96.20
1 Colin HETHERTON	43	9.6		Team 2	
2 Jack BUCKINGHAM	47	9.9		2K Phyllis GOSBELL	59 10.51
3 Pauline BROWN	52	11.8		4K Robyn SPEERING	48 19.10
4 Frank TUTCHENER	70	12.9		6K Simon TENNANT	31 28.00
5 Jan WATSON	51	13.7		8K Rod NEAL	41 32.08
300 METRE SPRINT 27.1.1998				Diff.	-3.01 90.09 93.10
1 Colin HETHERTON	43	47.6		Team 4	
2 Frank TUTCHENER	70	59.7		2K Neil GRIFFIN	52 7.55
3 Kevin McLAUGHLAN	54	62.3		4K Anne CALLAGHAN	60 21.39
				6K John DANIEL	48 24.18
				8K Ray MERIDA	54 31.53
				Diff.	-3.20 85.45 89.05
				Team 5	
				2K Kevin McLAUGHLAN	54 9.48
				4K Frank TUTCHENER	70 19.21
				6K Ian DUTHIE	53 24.58
				8K Ray BLANCHFIELD	54 39.53
				Diff.	-9.00 94.00

GEE LONG VENUE RESULTS * JANUARY 1998

<u>5.75 KM Cross-Country 7/1/98</u>				<u>6.8 KM C. C. Cont'd.</u>			
Jeff WALKER	50	20.01		Tom BLOOD	57	30.43	
Cric COLLINS	46	21.15		Ray PHILLIPS	56	30.55	
Paul STEWART	37	21.25		Geoff McDONALD	50	31.05	
Mike McAVOY	63	22.29		John SHARPLES	47	31.51	
Gary GIBSON	45	23.05		Tony PYE	48	33.26	
Neil MacDONALD	41	23.16		Steve DAVIES	36	34.13	
John CAULFIELD	49	25.04		Alan FOOT	55	34.22	
Tony ALSOP	55	25.13		Annette POLLOCK	41	35.17	
Horacio PEREIRA	47	25.33		Sue STRATTON	47	36.54	
Geoff McDONALD	49	26.02		Brian WOODS	60	36.54	
Dale JENNINGS	60	26.49					
John SHARPLES	47	27.13		<u>5.6 KM Cross Country 21/1/98</u>			
Bob SEAMER	52	27.49		Peter FULLER	36	18.29	
Tom BLOOD	57	27.49		Ken EVANS	51	19.41	
Steve DAVIES	36	27.59		Jeff WALKER	50	20.09	
Annette POLLOCK	41	28.02		Paul STEWART	38	21.12	
Alan FOOT	55	28.35		Cric COLLINS	46	22.34	
Sue STRATTON	47	30.12		Greg PARSONS	42	22.37	
Brian WOODS	60	30.12		Ron CAMPBELL	54	22.52	
				Gary GIBSON	45	22.58	
<u>3 KM Cross Country</u>				Neil Mac DONALD	41	23.03	
Sandy MORISON	43	9.50(R)		Phil VERNON	36	23.38	
John MOORE	47	10.37		John MOORE	47	23.40	
				John CAULFIELD	49	23.54	
<u>6.8 KM Cross Country 14/1/98</u>				Mark FARR	43	24.06	
Ken EVANS	51	24.02		Tom BLOOD	57	24.30	
Jeff WALKER	51	24.44		Tony ALSOP	57	24.45	
Paul STEWART	38	25.50		Gary MERRIMAN	41	24.53	
John MOORE	47	26.33		RAY PHILLIPS	56	25.06	
Clive PAISLEY	46	26.46		Dale JENNINGS	60	25.17	
Ron CAMPBELL	54	27.12		John SHARPLES	47	25.26	
Cric COLLINS	46	27.21		Horacio PEREIRA	Inv	26.06	
Ian CLARKE	Inv	27.55		Tony PYE	48	26.41	
Mike McAVOY	63	28.10		Fran FITZGERALD	31	26.51	
Brian HUTCHISON		30.12		Alan FOOT	55	28.43	
Mark FARR	43	30.29		Joe WEILER	58	28.43	
				Sue STRATTON	47	31.16	
				Brian WOODS	60	31.19	

INTENSITY OF EXERCISE AND ILLNESS

Exercising during the incubation period of an infection can increase the severity of the illness.

The blood of athletes suffering from overtraining syndrome, has fewer white blood cells, fewer Natural Killer cells and fewer specialised antibodies.

One antibody, known as IgA is found in the saliva, and can be estimated very easily, without a blood test. This has been shown to be low in athletes suffering from overtraining syndrome. Elite athletes, who train intensely, tread a very fine line between absolute fitness and overtraining syndrome and can succumb to unusual infections. Sebastian Coe is one example, but women

marathoners, Liz McColgan, Lisa Ondelki and Rosa Mota also quite suddenly suffered injury and illness.

Diet is yet another factor, affecting the immune system. Some of the white cells use a substance, called glutamine, as a source of energy. Glutamine is stored in muscle tissue and lack of carbohydrate in the diet can deplete the stores. The runner Joan, ate very little carbohydrate, but took vitamin and mineral supplements.

Many runners do not take in an adequate number of calories a day to sustain their exercise programme and replenish the glycogen levels or even supply adequate amounts of vitamins and minerals. For example, cyclists in the Tour de France, need 7,000 calories a day - without this they become rapidly exhausted and unable to continue!

WEDNESDAY 7TH.

JANUARY 7th RESULTS

100 MTRS.Heat one.				100 MTRS Heat two.			
Stephan POLATIDIS	60	15:54	PB	Alan RADFORD	46	13:17	PB
Meredith RADFORD	37	16:18	PB	Barry FRY	55	13:46	
Julie MARSHALL	38	16:53		John SIMPSON	45	13:75	
Victoria RADFORD	11	16:89		Tanya FRY	26	14:03	
John SUTTON	54	17:44		Russ CHRISTIE	40	14:35	PB
Jessica SIMPSON	7	17:75	PB	Daniel SIMPSON	13	15:63	
Lorraine ARDLEY	46	20:23	PB	Ken TAYLOR	52	15:99	
				Vasilis POLATIDIS	13	16:31	

SIX FAST PBs IN THE 100 MTRS. SET THE SCENE FOR A DOG EAT DOG, ASK NO FAVOURS, GIVE NO QUARTER, EVERY MAN FOR HIMSELF, BEAT ME IF YOU CAN, EAT MY DUST, GIVE NOTHING & EXPECT THE SAME, RELAY EVENT. SO WE CALLED THE RACE "WEDDED BLISS".

4 x 100 RELAY.

1ST	2ND	3RD	LAST
THE BEST MAN/WOMAN	THE BRIDES MAIDS	THE ODD COUPLES	THE HEADACHES
TEAM	TEAM	TEAM	TEAM
John SUTTON 54	Jackie TAYLOR 51	Steve ALLEN 24	Julie MARSHALL 38
Russ CHRISTIE 40	Barry FRY 55	Jessy SIMPSON 7	Vass POLATIDIS 13
Lucky ALAN R. 46	Daniel SIMPSON 13	Stef POLATIDIS 60	Smith RADFORD 37
Vicky RADFORD 11	Ken TAYLOR 52	Tanya FRY 26	John SIMPSON 45

TIMES WERE LOST BUT JUST LIKE MARRIAGE IT WAS CLOSE ALL THE WAY THOUGH IT COULD BE SAID "THERE WAS NOTHING IN IT AT THE FINISH" (a writer could get in trouble here)

(DUE TO LIMITED SPACE SOME FIRST NAMES HAVE BEEN ALTERED, IE. KENNETH-KEN)

THE 1500 MTR. HANDICAP WAS THE NIGHTS FEATURE EVENT AND STRONG WALKING FROM DES MIDDLETON, SUPPOSEDLY ON HOLIDAYS, HOLDS OFF A FAST RUN FROM STEVE ALLEN TO WIN THE TROPHY. KEN & JACKIE EACH HAVE A BIG 19 SECOND BEST, RUSS SLASHED 16 FROM HIS TIME & AL CHIPPED 6 SECONDS OFF ALSO

THE 1500 MTR.HANDICAP				1200 MTR.WALK			
	AGE	HCP	CLOCK	ACTUAL			
Des MIDDLETON	51	-2:00	6:53	8:53	Heather McDONALD	48	6:45
Steve ALLEN	24	1:50	7:07	5:17	Victoria RADFORD	11	9:13 PB
Ken TAYLOR	52	:45	7:18	6:33 PB	Jessica SIMPSON	7	9:26
Russ CHRISTIE	40	1:20	7:24	6:04 PB	Sue SIMPSON	39	9:41
Alan RADFORD	46	2:00	7:26	5:26 PB	John SUTTON	54	9:43
Sue SIMPSON	39	:30	7:38	7:08	Lorraine ARDLEY	46	9:47
Jackie TAYLOR	51	:47	7:40	6:53 PB	Jackie TAYLOR	51	10:28
Rebecca MOORE	26	60	7:41	7:41	Meredith RADFORD	37	10:28
Barry FRY	55	2:20	7:45	5:25			
Vasilis POLATIDIS	13	1:45	7:49	6:04			
Jessica SIMPSON	7	60	7:51	7:51			
Dennis ARDLEY	50	1:45	8:03	6:18			
Sandra MIDDLETON	49	-0:50	8:19	9:09			

VICKY HAS A 10 SECOND BEST IN THE WALK THEN DENNIS ARDLEY SCORES A BEST IN THE 6KM C.C. RUN, KNOCKING 1:16 OFF, AND STEPHAN POLATIDIS TAKES 2:50 AWAY FROM HIS PREVIOUS TIME.

THE 6KM CROSS COUNTRY RUN

Barry FRY	55	25:50	Sue SIMPSON	39	32:38
Steve ALLEN	24	26:31	Jackie TAYLOR	51	32:47
Dennis ARDLEY	50	26:45 PB	Rebecca MOORE	26	35:25
John SUTTON	54	28:23	Lorraine ARDLEY	46	38:16
Stephan POLATIDIS	60	29:30 PB	Julie MARSHALL	38	38:16
Russ CHRISTIE	40	30:06	Alan RADFORD	46	DNF
Ken TAYLOR	52	31:29	Meredith RADFORD	37	DNF

THE WALK DIVISION

Sandra MIDDLETON	49	20:57	ALAN MAKES IT FOR 2 LAPS, MEREDITH
Des MIDDLETON	51	20:57	COMPLETES 1 WHILE DES & SANDRA WALK 3.

SUNDAY 11TH. RYE OVAL DAY.

THE 120 MTR. SOUTHERN GIFT.Heat one.

	AGE	HCP	TIME
Dianne McGRATH	36	24	14:78
Meredith RADFORD	37	28	14:97
Victoria RADFORD	11	30	15:52
Kenna McDONALD	14	30	15:73
Brooke GREEN	26	7	16:09
Jackie TAYLOR	51	28	16:33
Despina POLATIDIS	16	20	16:33
Lorraine ARDLEY	46	42	16:33

THE 120 MTR. SOUTHERN GIFT Heat two.

	AGE	HCP	TIME
Vasilis POLATIDIS	13	24	14:98
Barry FRY	55	6	15:15
Brendan RADFORD	22	-8	15:49
Brooke GREEN	26	6	15:73
Alan RADFORD	47	--	15:90
Daniel SIMPSON	13	16	16:11
Lachlan McDONALD	18	2	16:12
Ken TAYLOR	52	20	16:29
Ian ORR	46	15	16:77
Stephan POLATIDIS	60	17	17:23

THE JUDGES ARE SPLIT BETWEEN DIANNE AND MEREDITH IN HEAT ONE. THE MIDDLETONS WITH THE SUN IN THEIR EYES CHOOSE DIANNE WHILE THE ASTUTE JUDGES, (WITH SUN BEHIND) SELECT MEREDITH, WE WAIT FOR THE SLO-MO BUT IT'S NOT FORTHCOMING, SO AS DES & SANDRA ARE ON HOLIDAYS, WE DON'T UPSET THEM AND THEY HAVE THE DECISION BROOKE GREEN WARMS UP IN HEAT ONE FOR A QUICKER RUN IN HEAT TWO.

THE 400 MTR.HANDICAP Heat one.

Meredith RADFORD	37	95	57:27
Stephan POLATIDIS	60	80	60:00
Jackie TAYLOR	51	85	62:00
Despina POLATIDIS	16	60	65:00
Kenna McDONALD	14	75	66:00
Daniel SIMPSON	13	55	70:00
Heather McDONALD	48	80	74:00

THE 400 MTR.HADICAP Heat two.

Barry FRY	55	6	59:05
Lachlan McDONALD	18	8	59:27
Alan RADFORD	47	10	61:00
Brooke GREEN	26	25	62:00
Ian ORR	46	45	62:00
Dianne McGRATH	36	40	63:00
Ken TAYLOR	52	55	63:00

STEPHAN FORCES A FAST PACE IN HEAT ONE TO MAKE MEREDITH RECORD FASTEST TIME FOR THE DAY. DIANNE GIVES TO MUCH CHEEK BEFORE HEAT TWO STARTS AND SPURS BACKMARKER BARRY FRY INTO THE LEAD AT THE 200, AND HE HUNG ON FOR THE HEAT WIN. ALTHOUGH WE CALL THEM HEATS, NOBODY WAS ABOUT TO DO IT AGAIN IN A FINAL.

THE 1600 MTR.WALK HANDICAP

	HCP	CLOCK	ACTUAL
Jackie TAYLOR	51	2:25	12:54 10:29 PB
Heather McDONALD	48	5:10	13:16 8:06
Sandra MIDDLETON	49	3:45	13:32 9:47
Des MIDDLETON	51	4:10	13:47 9:37
Meredith RADFORD	37	4:40	14:03 13:23
Despina POLATIDIS	16	3:00	---
Lachlan McDONALD	18	6:00	---

IT WAS A VERY HOT MORNING AND EVEN THE WALKERS FOUND IT A BIT TOUGH AFTER THE 400 MTR.EVENT. JACKIE TAYLOR HOWEVER, RECORDED A PB (-1:30) TO CLAIM THE WALK TROPHY AHEAD OF HEATHER McDONALD

THE 4KM TRACK HANDICAP RUN.

Vasilis POLATIDIS	14	7:20	25:08	17:48
Daniel SIMPSON	13	5:20	25:09	19:49
Ian ORR	46	9:20	25:24	16:04
Ken TAYLOR	52	5:00	25:37	20:37
Barry FRY	55	9:30	25:51	16:21
Stephan POLATIDIS	60	5:40	25:53	20:13
Dianne McGRATH	36	8:30	25:57	17:27
Heather McDONALD	48	1:44	26:09	24:25W
Lachlan McDONALD	18	10:10	27:05	16:55
Alan RADFORD	46	8:50	27:05	18:15
Des MIDDLETON	51	60	29:07	29:07W
Sandra MIDDLETON	49	60	29:07	29:07W

VASILIS JUST HOLDS OFF DANIEL IN THE SPRINT TO THE FINISH. FOR A TROPHY. IAN ORR WINS THE VETS TROPHY WITH HIS STRONG RUN ON THE SOFT TRACK. HEATHER, DES & SANDRA WALK THE EVENT. BUT THE HANDICAP IS TOUGH ON THE MIDDLETONS BECAUSE THEY'RE SUCH LOUSY JUDGES.

WEDNESDAY 14TH.

A GLUT OF PBs IN THE SPRINT SETS THE SCENE FOR A CLOSE RELAY EVENT IN WHICH THE TEAM SELECTORS (KEN & MEREDITH) MANAGE TO FIND THEMSELVES AMONG THE WINNERS.

BARRY FRY HOLDS THEM OFF IN THE 800 MTRS. WHILE DANIEL (-:17) & JACKIE (-:6) RECORD BEST TIMES. BROOKE GREEN DISPLAYS HER VERSATILITY TO WIN THE WALK IN WHICH RUSS & JULIE BOTH GET THEIR ACT TOGETHER TO SWIPE NEARLY 40 SECONDS FROM PRVIOUS BESTS, PROBABLY NOT TALKING TO EACH OTHER.

THE "RON BILSTON TROPHY" 4KM TRACK HANDICAP IS THE NIGHTS FEATURE EVENT. RON IS NOT ABLE TO BE WITH US, BUT 2 BOTTLES OF CHEAP PLONK & A MARS BAR GETS DONATED FOR THE PRIZE AND THE RACE IS ON. JUDY POLLOCK RUNS WELL TO CLAIM 1ST CHOICE OF THE WINE AND STEVE ALLEN IN SECOND PLACE GETS WHAT'S LEFT. THE MARS BAR WAS STILL IN THE CAR AND I ATE IT ON THE WAY TO WORK.

PBs IN THE 4KM TO KEN (-:11) & STEPHAN (-:17)

70 MTRS.Heat one.

Stephan POLATIDIS	60	11:14	PB
Ken TAYLOR	52	11:42	=PB
Jackie TAYLOR	51	11:86	PB
Meredith RADFORD	37	12:13	
Jessica SIMPSON	7	12:35	PB
Lorraine ARDLEY	46	14:12	PB

THE 4 X 200 MTR. RELAY.

1ST-THE PICKERS		3RD-THE PLUCKED	
Meredith RADFORD	37	Judy POLLOCK	56
Vasilis POLATIDIS	13	Russ CHRISTIE	40
Tanya FRY	26	Lorraine ARDLEY	46
Ken TAYLOR	52	Barry FRY	55
TIME - 2:14		TIME - 2:18	

Heat two.

Tanya FRY	26	9:23	PB
Barry FRY	55	9:44	PB
Brooke GREEN	26	9:73	
John SIMPSON	45	9:86	
Daniel SIMPSON	13	10:90	
Vasilis POLATIDIS	13	11:52	
(it's getting hard to win)			
(a sprint latley)			

2ND-THE PICKED		4TH-THE FF-ATIGUED	
Stephan POLATIDIS	60	Steve ALLEN	24
Jackie TAYLOR	51	Julie MARSHALL	38
Brooke GREEN	26	Jessica SIMPSON	7
Daniel SIMPSON	13	John SIMPSON	45
TIME - 2:15		TIME - 2:20	

THE 800 MTRS.

Barry FRY	55	2:28
Steve ALLEN	24	2:24
Tanya FRY	26	2:50
Russ CHRISTIE	40	2:55
Vasilis POLATIDIS	13	2:59
Brooke GREEN	26	3:02
Dennis ARDLEY	50	3:12
Daniel SIMPSON	13	3:20
Graham ANGLISS	34	3:20
Ken TAYLOR	52	3:24
Jackie TAYLOR	51	3:33
Stephan POLATIDIS	60	3:42
Jessica SIMPSON	7	3:42
Sue SIMPSON	39	3:43
Rebecca MOORE	26	3:44
Meredith RADFORD	37	4:28

THE 4KM TRACK HCP. FOR THE "RON BILSTON TROPHY"

HCP	CLOCK	ACTUAL
Judy POLLOCK	56	5:15 23:43 18:28
Steve ALLEN	24	7:40 26:34 16:17
Stephan POLATIDIS	60	5:20 24:27 19:07 PB
Ken TAYLOR	52	5:00 24:40 19:40 PB
Russ CHRISTIE	40	6:30 24:59 18:29
Barry FRY	55	9:20 25:05 15:45
Sue SIMPSON	39	4:00 25:13 21:13
Lorraine ARDLEY	46	2:40 25:28 22:48
Graham ANGLISS	34	10:40 25:34 14:54
Rebecca MOORE	26	2:50 25:36 22:46
Dennis ARDLEY	50	8:10 26:06 17:56
Vasilis POLATIDIS	13	7:40 26:34 18:54
Julie MARSHALL	38	1:30 26:38 25:08
Jackie TAYLOR	51	5:10 27:39 22:29

RUSS, IN THE 4KM, & VASILIS IN THE 800, BOTH MISSED THEIR PBs BY JUST 1 SECOND. (sad isn't it?)

THE 1200 MTR. WALK

Brooke GREEN	26	8:45	Jackie TAYLOR	51	10:14
Jessica SIMPSON	7	9:18	Meredith RADFORD	37	10:14
Sue SIMPSON	39	9:35	Daniel SIMPSON	13	10:18
Julie MARSHALL	38	9:39	Judy POLLOCK	56	10:18
Russ CHRISTIE	40	9:39	John SIMPSON	45	10:18

SUNDAY 18TH.

ANOTHER TROPHY FOR THE IN FORM IAN ORR IN THE ANNUAL GREENS BUSH DUATHALON. A SMALL BUT EXTREMELY TALENTED FIELD TESTED THEMSELVES OVER THIS TOUGH COURSE WITH THE HELP OF A COOL SUMMERS MORNING.

THE GREENS BUSH 4.8KM CC RUN - 10KM RIDE - 2KM CC RUN.

	HCP	CLOCK	ACTUAL		HCP	CLOCK	ACTUAL
Ian ORR	47	20:00	74:51	Vasilis POLATIDIS	13	17:00	79:55
Judy POLLOCK	56	7:00	75:26	Alan RADFORD	46	19:00	80:01
Russ CHRISTIE	40	18:00	79:17	Barry FRY	55	27:00	80:11
Meredith RADFORD	37	60	79:53				53:11

WEDNESDAY 21ST.

70 MTRS. Heat one.

Stephan POLATIDIS	60	TIMES
Ken TAYLOR	52	WERE
Meredith RADFORD	11	MISSED
Victoria RADFORD	11	BUT
Jessica SIMPSON	7	ALL TOO FAST

Heat two.

John SIMPSON	45	9:78
Brooke GREEN	26	10:04
Barry FRY	55	10:47
Dianne McGRATH	36	11:10
Daniel SIMPSON	13	11:73
Vasilis POLATIDIS	13	12:18

200 MTRS. Heat one.

Ken TAYLOR	52	33:87
Victoria RADFORD	11	35:35 PB
Kenna McDONALD	14	35:69
Jessica SIMPSON	7	40:11
Barb BONNICI	49	40:91 PB

Heat two.

John SIMPSON	45	30:61
Dianne McGRATH	36	31:44
Vasilis POLATIDIS	13	-----
Daniel SIMPSON	13	-----
Stephan POLATIDIS	60	35:10 PB

Heat three.

Lachlan McDONALD	18	23:28
Barry FRY	55	23:73
Tanya FRY	26	24:10
Steve ALLEN	24	24:45
Brooke GREEN	26	24:87

TIMES ARE A BIT SUSPECT TONIGHT WITH WHAT LOOKS LIKE WORLD RECORDS IN HEAT 3 OF THE 200MTRS. SO THE BOSS HAS CANCELLED THEM AND SUGGESTS MORE CLOCK TRAINING IS NEEDED.

HEAT 3 WAS STILL A BRILLIANT COMPETATIVE RACE.

THE 800 MTRS. WALK

Heather McDONALD	48	3:39 PB
Des MIDDLETON	51	4:17 PB
Sandra MIDDLETON	49	4:45 PB
Barb BONNICI	49	5:40
Jessica SIMPSON	7	5:50 PB
Sue SIMPSON	39	5:50 PB
Victoria RADFORD	11	5:52 PB
Jackie TAYLOR	51	6:18 PB
Meredith RADFORD	37	6:18 NAH
Judy POLLOCK	56	6:27
Russ CHRISTIE	40	6:29
Maie WITHERS	70+	7:08
John SIMPSON	45	7:12

THE 1500 MTRS.

Lachlan McDONALD	18	5:31
Steve ALLEN	24	5:33
Barry FRY	55	5:45
Vasilis POLATIDIS	13	5:54
Dennis ARDLEY	50	5:55
Dianne McGRATH	36	5:59
Brooke GREEN	26	6:16
Tanya FRY	26	6:20
Judy POLLOCK	56	6:30
Jackie TAYLOR	51	6:48 PB
Ken TAYLOR	52	6:55
Stephan POLATIDIS	60	7:01
Sue SIMPSON	39	7:09
Heather McDONALD	48	7:10
Rebecca MOORE	26	7:28 PB
Barb BONNICI	49	8:08
Kenna McDONALD	14	D.N.F.

EVERYONE WAS WALKING VERY FAST TONIGHT - MUST BE CHOCOLATE CAKE INSIDE.

AND THEN SHE SAID...ECT.ECT....(BANG!)...OH! WAS THAT THE STARTING PISTOL?...YES DEAR, YOU HAD BETTER START THE CLOCK. OH YES PERHAPS I SHOULD.....(BEEP)

WED 21ST CONTINUED

THE 5KM TRACK E.T. RUN WAS THE NIGHTS FEATURE EVENT. THERE WERN'T ANY PBs IN THE WINDY CONDITIONS AND A COUPLE PEOPLE LOST COUNT OF LAPS EVEN WITH THE CONFUSED JOHN SIMPSON DOING A BRILLIANT JOB OF TRYING TO KEEP TRACK OF EVERYONE. ALAN TURNED UP LATE & RAN WITH HIS MATES. THE NIGHTS WINNERS WERE BARRY FRY (+:14) & SUE SIMPSON (+:16)

THE 5KM TRACK ESTIMATED TIME EVENT.

	EST	CLOCK	RESULT	
Barry FRY	55	20:20	20:34	-0:14
Sue SIMPSON	39	26:30	26:46	+0:16
Russ CHRISTIE	40	24:00	23:36	-0:24
Meredith RADFORD	37	32:01	32:34	+0:33
Jackie TAYLOR	51	28:50	28:14	-0:36
Rebecca MOORE	26	30:00	29:08	-0:52
Dianne McGRATH	36	22:30	21:36	-0:54
Lorraine ARDLEY	46	29:08	28:14	-0:54
Steve ALLEN	24	21:40	20:38	-1:02
Des MIDDLETON	51	32:00	33:04	+1:04
Ken TAYLOR	52	24:32	25:37	+1:05
Sandra MIDDLETON	49	34:30	33:04	-1:26
Alan RADFORD	46	24:00	22:16	-1:44
Stephan POLATIDIS	60	27:50	22:45	-4:45
Judy POLLOCK	56	27:06	22:13	-4:53
Barb BONNICI	49	38:01	30:25	-7:36
Lachlan McDONALD	18	???	26:46	-0:02
Dennis ARDLEY	50	SLOW	25:24	CORRECT
Brooke GREEN	26	27:06	2 LAPS	DNF

WEDNESDAY 28TH.

THE TOURISTS ARE GONE!... OOOH!...NEVER MIND. SO WE HIT THE BEACH FOR JANUARYS' DIP & RUN EVENT. THERE'S A BIT OF A SWELL UP YOUR BATHERS - THATS SURFIE TALK FOR WAVE & WIND ASSISTANCE IN THE DIRECTION YOU ARE SWIMMING. - BUT THE SAME WIND IS SAND BLASTING YOUR FACE OVER THE 1KM OF BEACH LEG. DIANNE McGRATH (-0:6) & JUDY POLLOCK (-1:36) RECORD PBs. THEIR FORM LOOKS GOOD FOR THE UPCOMING LILYDALE EVENT.

THE DIP (200MTRS) & RUN (5KM C.C.)

Lachlan McDONALD	18	25:24	Dennis ARDLEY	50	30:49	Rebecca MOORE	26	33:45
Steve ALLEN	24	25:34	Alan RADFORD	46	31:29	Sue SIMPSON	39	34:11
Barry FRY	55	26:22	Russ CHRISTIE	40	31:43	Jackie TAYLOR	51	37:36
Daniel LETUNICA	25	27:18	Judy POLLOCK	56	32:06 PB	Meredith RADFORD	37	39:14
Dianne McGRATH	36	27:26 PB	Ken TAYLOR	52	32:22			
Heather McDONALD	48	29:56	Daniel SIMPSON	13	33:41			

THE 5KM C.C. RUN (ONLY)

Vasilis POLATIDIS	13	23:13	Tanya FRY	26	29:40
Stephan POLATIDIS	60	25:48	Barb BONNICI	49	30:49
Lorraine ARDLEY	47	31:03	Camilla BONNICI	31:03 ?	
Julie MARSHALL	38	22:41			- 2.5KM.

THE TEAM EVENT

SWIM	
Graham ANGLISS	36)
RUN) 31:15
Annie LYONS	30)

9.2KM RUN.SORRENTO - RYE

PREVIOUSLY UNRECORDED DECEMBER RESULT
THE POST OFFICE DASH MINI REPLAY FOR THOSE
THAT MISSED THE FIRST ONE, HELD AFTER XMAS

Dave APPLEBY	38	37:08 PB
Rob TAYLOR	28	40:20
Stephan POLATIDIS	60	44:17
Ken TAYLOR	52	46:17
MEREDITH RADFORD	37	57:58 PB

MENTONE VENUE RESULTS

17/12/97

100 METRES H/C TROPHY

1. George YEOMANS	52	11.67
2. Nyala MILLER	55	11.68
3. Kyran STUTTERD	50	11.83
4. Glad WISHART	53	12.16
5. Vivienne CASH	45	12.28
6. Jim THOMSON	70	12.32
7. Alan DINSDALE	35	12.76
8. Eddie GAMBLE	82	12.77

1 MILE

1. Alan DINSDALE	35	5.24.4
2. Peter SMART	52	5.35
3. Ian CASSELL	44	5.42.7
4. Jim McLEAN	39	5.47.9
5. Louis WASER	51	6.07.1
6. Don McLEAN	63	6.10.6
Sonya McLENNAN		2.53
(800M)		

8K TRACK

1. Neil BOYLE	44	31.19
2. Laurie COLLARD	40	31.55
3. Peter SMART	52	31.59
4. John MOORE	47	33.10
5. Peter MURPHY	39	33.13
6. Ashley PAGE	57	36.06
7. John MAHONY	58	36.51
8. Doug WALLACE	56	39.23

4K TRACK

1. Bronwyn HANNS	34	15.11
2. Peter WEEKS	43	15.31
3. Graham STOCKDALE	55	16.09
4. Louis WASER	51	16.31
5. Greg MAULDON	60	17.34
6. Sonya McLENNAN	45	17.37
7. Don McLEAN	63	18.14
8. Rhonda TRENNGROVE	50	20.12

3K WALK ROAD

1. John HALLO	55	17.57
1. Ian CASSELL	44	17.57
3. Sylvia MACHIN	55	18.52
4. Bob FRENCH	69	20.5
5. Joy HOGAN	45	20.14
6. Rae ATKINS	66	20.20
7. Darrel POLGLASE	58	21.15
8. John BECK		21.25
9. Gordon GOURLAY	68	21.37
10. Ian BEAUMONT	61	22.03
11. Wendy SEERS	56	22.22
12. Jim MACHIN	67	22.56
13. Heidi ENGEL	55	24.08
14. Joan CLARKE	63	26.32
14. Dot JACK	79	26.32
Grace SMITH	79	25.02
(2.5L)		

24/12/97

1000 METRES

1. Graham STOCKDALE		3.16.4
2. Rod BROWN	44	3.18.4
3. Ross KENT	55	3.27.4
4. Louis WASER	51	3.34.3
5. DonMcLEAN	63	3.39.8
6. John WAITE	57	3.59.1
7. M.JOHNSTON	76	4.02.6
8. John BECK	61	5.07.3
9. Margaret BEAUMONT	59	5.18.3
* Age Track Record		

5K H/C ROAD

1. Greg MAULDON	60	31.59
2. John WAITE	57	32.09
3. Case HUYSMAN	64	32.41
Don HUGHES	60	34.53
Rodney FORD	56	35.18
Louis WASER	51	34.28
Greg WILLIAM	44	34.15

110 METRES

1. Ross KENT	55	14.7
2. Nyala MILLAR	55	17.32
3. Don McLEAN	63	17.6
4. John WAITE	57	17.7

3K WALK TRACK

Ian BEAUMONT	61	22.32
Gwen STEED	55	16.27
Grace SMITH (4.5L)	79	19.27
Rae ATKINS	66	20.19
Joy HOGAN	45	19.56
M.BEAUMONT	59	20.49
John BECK	61	22.12
Ern WALKER	84	22.30

31/12/97

150 METRES E.T.

1. Kyran STUTTERD	50	21.62
2. Nyala MILLAR	57	24.36
3. Mike JOHNSTON	76	22.65
Ross KENT	55	19.56
John WAITE	56	26.36

1500 METRES

1. Betty MARK	50	7.18.
2. John BECK	61	7.57.
3. Margaret BEAUMONT	59	8.20.

3K - TRACK

1. Laurie COLLARD	40	11.27
2. Ted McCOY	57	11.32
3. Louis WASER	51	11.34

MENTONE VENUE RESULTS

31/12/97 (cont)

3K - TRACK

Janet FORD	30	15.19
Rodney FORD	56	14.42
Graeme NODEN	59	13.53
Graham STOCKDALE		11.55
Greg WILLIAM		11.56
John WAITE		12.56

3 LAPS ROAD - WALK

1. Gwen STEED	55	18.80
1. Gordon GOURLAY	68	18.80
2. Ian BEAUMONT	61	19.16
3. Kevin MARION	61	20.39
4. Marg MARION	57	21.06
4. Marg BEAUMONT	59	21.06
3. John BECK		20.39

7/1/98

60 METRES

1. Jack BUCKINGHAM	47	8.35
2. George YEOMANS	52	8.64
3. Vivienne CASH	45	9.09
4. Jim THOMSON	70	9.10
5. Mike JOHNSTON	76	9.11
6. Don McLEAN	63	9.54
7. Glad WISHART	53	9.58

300 METRES

1. Bob WISHART	56	46.68
2. Phil BODMAN	44	47.20
3. George YEOMENS	52	48.50
4. Mike JOHNSTON	76	48.70
5. Viv. CASH	45	50.34*
6. E.STACK	63	51.88
7. G.WISHART	53	56.65

*Age Track Record

800 METRES

1. Rob NEYLAN	39	2.22.5
2. Neil BOYLE	44	2.25.8
3. Graham STOCKDALE		2.29.8
4. Gerrard O'CONNOR	44	2.33.6
5. Don McLEAN	63	2.39.5
6. Graeme NODEN	59	2.47.3
7. Sonya McLENNAN	45	2.56
8. Sylvia MACHIN	56	3.32.5

2K WALK - TRACK

1. Gwen STEED	55	10.46
2. Maureen SEEDSMAN		12.51
3. Joy HOGAN	45	13.03

7/1/98 (cont)

2K WALK - TRACK

4. Margaret BEAUMONT	59	13.19
5. Margaret MARION	57	14.24
4. Sylvia MACHIN	56	13.19

4K WALK - TRACK

1. Rodney FORD	56	26.29
2. Rae ATKINS	66	27.18
3. Gordon GOURLAY	68	28.22
4. Darrel POLGLASE	58	28.31
5. Ern WALKER	84	30.22
6. Jim MACHIN	67	30.32
7. Joan CLARKE	63	32.36
7. Wendy SEERS	56	32.36

6.7K ROAD

1. Rob NEYLON	39	23.55
2. Neil BOYLE	44	25.27
3. Peter WEEKS	43	26.26
4. Peter SMART	52	26.32
5. Laurie COLLARD	40	27.34
6. John MOORE	47	27.44
7. Sonya McLENNAN	45	29.32*
8. Ashley PAGE	57	29.48
9. Greg MAULDON	60	30.27
10. Case HUYSMANS		31.33
11. Marion PERAZZO	46	31.48
12. Ray KEMP	70	32.28
13. DonHUGHES		32.50
13. B.THIELE	38	32.50
14. Ben MORREY	69	36.12
15. Jan GARRARD	49	37.18
16. Betty MARK	50	39.56

*Age Track Record

1600 METRES

1. Russell JOHNSON	45	4.53.8*
2. Neil BOYLE	44	5.32.5
3. Alan DINSDALE	35	5.34.2
4. Col WARING	52	5.37.5
5. Don McLEAN	63	6.15.9

*Age Track Record

200 METRES E.T. TROPHY

HEAT 1

1. Jim THOMSON	70	30.43
2. Vivienne CASH	45	30.53
3. DonMcLEAN	63	32.86
4. Glad WISHART	53	33.2
5. Jim MACHIN	67	40.2
6. Sylvia MACHIN	56	
7. Margaret BEAUMONT		

MENTONE VENUE RESULTS

ALTONA VENUE RESULTS.

14/1/98
200 METRES E.T. TROPHY (cont)
HEAT 2

1. Stephen YOUNG	45	26.11
2. Ros KENT	55	26.00
3. Alan DINSDALE	55	26.30
4. Bob WISHART	56	27.8
5. Dick	54	28.5
6. Mike JOHNSTON	76	30.57

4 LAPS ROAD E.T. TROPHY

1. Darrel POLYGLASE	58	23.51
2. Margaret MARION	57	24.38
3. Rae ATKINS	66	22.41
Ian BEAUMONT	61	24.46
Henry SHACK	74	28.34
Margaret BEAUMONT	59	23.17
Gordon GOURLAY	68	23.19
Joy HOGAN	45	22.22
Joan CLARKE	63	29.36
Jim MACHIN	67	25.49
Sylvia MACHIN	56	21.37
Bob FRENCH	69	22.01
Rodney FORD	56	24.09
Dot JACK	79	29.36
Heidi ENGEL	55	27.21

21/1/98
100 METRES

1. Bob WISHART	56	13.51
2. Jack BUCKIN	47	13.78
3. Vivienne CASH	45	14.87
4. Mike JOHNSTON	76	15.03
5. Jim THOMSON	70	15.33
6. Glad WISHART	53	15.58

5K TRACK

1. Neil BOYLE	44	18.47
2. Ben WARING	INV	18.56
3. Peter SMART		19.41
4. Greg WILLIAM	44	19.52
5. Ted McCOY	57	20.15
6. Louis WASER	51	20.25
7. John MOORE	47	20.33
8. Greg MAULDON	60	22.15
9. Ashley PAGE	57	22.26
10. Brett THIELE	38	23.07
11. Case HUYSMAN	65	23.26
12. Steve YOUNG		26.23
13. Roweba THIELE	34	29.13

21/1/98 (cont)
3K TRACK

1. Marlene GOURLAY	46	16.49
2. Rodney FORD	56	19.07
3. Sylvia MACHIN	56	19.08
4. Bob FRENCH	69	19.29
5. Maureen SEEDSMAN	60	19.31
6. Joy HOGAN	45	19.48
7. Vic HARLEY	71	20.25
8. Rae ATKINS	66	20.38
9. Gordon GOURLAY	68	20.53
10. Wendy SEERS	56	22.29
11. Ern WALKER	84	22.42
12. Henry SLACK		22.43
13. Margaret MARION	57	23.33
14. Gwen STEED	55	23.33
15. Dot JACK	79	23.53

5K RUN

1. Louis WASER	51	22.13
2. Brett THIELE		22.50
3. Case HUYSMAN	65	23.33
4. Don HUGHES	61	28.07
5. Greg MAULDON	60	28.07
6. Jan GARRARD	50	28.59
Betty MARK	50	29.06
Pam MEWS	63	33.16

10K RUN

1. Phil BODMAN	44	39.14
2. Peter smart	51	41.12
3. Laurie COLLARD	40	41.29
4. Greg WILLIAM	44	41.33
5. A. JOHNSON	25	42.09
Peter WEEKS	43	42.36

Questions anyone?

If you have any inquiries about the Honda Masters Games, Alice Springs the friendly Games Office staff will be happy to help you.

Simply write to:
Games Office, PO Box 1095
Alice Springs NT 0871
or telephone:
(08) 8951 5329 1800 65 8951

or fax:
(08) 8951 5330

Tuesday 20th January 1998
75 Metres

Peter BUISSINK	38	11.12
Cathy ORELLI	36	11.63
Graeme MURFETT	57	13.16
Alan BARLING	66	13.47
Michael ORELLI	53	13.79
Heather McBRIDE	47	14.11
Gordon BURROWES	62	15.84
Les JARRY	69	17.80

Tom Lynch Memorial Race
200 Metres Handicap

The first two placegetters had times recorded, the timekeepers were then inundated trying to record the finishing order in what was almost a blanket finish.

	H'cap Time	
Gordon BURROWES	62	86 19.87
Harry PRESTON	86	120 21.50
Michael ORELLI	53	36
Cathy ORELLI	36	12
Graeme MURFETT	57	33
Heather McBRIDE	47	40
Peter BUISSINK	38	0
Alan BARLING	66	36
Les JARRY	69	57

The Tom Lynch Memorial Trophy was won by Gordon Burrowes - for the second year running. Watch out for the NEW Gordon - as a sprinter.

Javelin Throw

Peter BUISSINK	38	27.91
Gordon BURROWES	62	19.09
Alan BARLING	66	17.88
Nino STANKOVIC		16.50
Graeme MURFETT	57	14.30
Cathy ORELLI	36	13.70
Les JARRY	69	13.18
Michael ORELLI	53	12.33
Heather McBRIDE	47	10.96
Harry PRESTON	86	8.06

1 lap oval, 1 lap lake, 1lap oval
4.8 km.

Heather McBRIDE	47	21.50
Peter BUISSINK	38	23.03
Graeme MURFETT	57	23.34
Les JARRY	69	25.15
Nino STANKOVIC		26.00

Tuesday 27th January 1998
100 Metres Handicap

	Heat 1.	H'cap
Michael ORELLI	53	12.03 25
Cathy ORELLI	36	13.70 8
Peter BUISSINK	38	13.92 4

Heat 2.

Graeme MURFETT	57	14.06 18.5
Heather McBRIDE	47	14.13 24.5
Les JARRY	69	14.17 30

Final

Michael ORELLI	53	12.90 18.5
Graeme MURFETT	57	13.08 18.5
Cathy ORELLI	36	13.65 8
Heather McBRIDE	47	13.81 24.5

1100 Metres Run

Stan BELCHER	55	4.12
Cathy ORELLI	36	4.13
Peter BUISSINK	38	4.15
Graeme MURFETT	57	4.29
Michael ORELLI	53	4.43
Heather McBRIDE	47	4.57
Les JARRY	69	5.16
Harry PRESTON	86	11.36

4000 Metres Estimated Time.

	Actual	Estimated
Stan BELCHER	55	16.21 16.37
Michael ORELLI	53	18.04 18.50
Cathy ORELLI	36	18.12 19.00
Heather McBRIDE	47	19.08 19.30
Peter BUISSINK	38	19.36 18.52
Graeme MURFETT	57	19.56 20.00
Les JARRY	69	20.21 21.40
Lois JONES	58	22.16 23.42
Jack MACGLASHAN	66	25.40 28.00

The trophy for this event was won by Graeme Murfett, the runner estimating closest to their actual finishing time.

The sympathy of all Veterans, and in particular the Altona Venue Members, goes out to Alan Barling, the Altona Venue Manager, and his family, on the death of his wife, Joan, on Friday 23rd January 1998.

RESULTS FROM DONCASTER VENUE - JANUARY 1998

100 METRE WHEELCHAIRS 7.1.1998

Heat 1:	
1 Todd BURMESTER	15.6
2 John LINDSAY	15.7
3 Geoff TRAPPETT	15.9
4 Kurt FEARNLEY	17.1
5 Louise SAUVAGE	18.4

Heat 2:	
1 Christy SKELTON	20.3
2 Lauchlan JONES	20.9
3 Mike DeSANTO	23.2
4 Melissa LUCAS	23.9
5 Lauren BAKER	26.2

400 METRE WHEELCHAIRS 7.1.1998

Heat 1:	
1 Todd BURMESTER	56.8
2 John LINDSAY	57.4
3 Geoff TRAPPETT	59.5
4 Kurt FEARNLEY	62.3
5 Louise SAUVAGE	66.0
6 Mike LETCH	72.7
7 James WOOD	81.1

Heat 2:	
1 Christy SKELTON	73.3
2 Lauchlan JONES	75.6
3 Greg SMITH	77.0
4 Mike DeSANTO	80.9
5 Melissa LUCAS	83.0
6 Peter ANGEL	84.4
7 Rebecca FELDMAN	89.6
8 Lauren BAKER	109.8

5000 METRE WHEELCHAIRS 1.7.1998

1 Louise SAUVAGE	15.14
2 James WOOD	15.15
3 Mike LETCH	15.16
4 Greg SMITH	16.59
5 Melissa LUCAS	19.18
6 Rebecca FELDMAN	19.43

80 METRE SPRINT 7.1.1998

Heat 1:	
1 Bob GRACE	53 11.3
2 Rod CAMERON	50 11.9
3 Kathy SKULTETY	56 13.1
4 Astrid ROSE	54 13.2
5 Dawn KING	52 13.6
6 Frank TUTCHENER	70 16.2

DISCUS 7.1.1998

1 Graeme ROSE	54 41.30
2 Astrid ROSE	54 23.80
3 Kathy SKULTETY	56 14.77

80 METRE SPRINT 7.1.1998 Contd.

Heat 2:	
1 Garry CROLE	35 9.6
2 Frank CORSELLO	36 9.9
3 Glen BAILEY	40 10.2
4 Terry ARUNDELL	57 10.6
5 Graeme ROSE	54 11.1
6 Jim SHAND	59 11.3
7 June REEVES	52 11.7

800 METRE WHEELCHAIRS 7.1.1998

Heat 1:	
1 Louise SAUVAGE	2.06.1
2 Todd BURMESTER	2.06.5
3 Kurt FEARNLEY	2.07.6
4 Geoff TRAPPETT	2.08.2
5 John LINDSAY	2.09.5
6 James WOOD	2.11.4
7 Mike LETCH	2.41.3

Heat 2:	
1 Christy SKELTON	2.37.8
2 Greg SMITH	2.38.2
3 Lauchlan JONES	2.42.5
4 Mike DeSANTO	2.44.0
5 Peter ANGEL	2.58.0
6 Melissa LUCAS	2.58.3
7 Rebecca FELDMAN	3.09.5
8 Lauren BAKER	3.47.3

400 METRE HANDICAP 7.1.1998

	Clock	Actual
1 Glen BAILEY	40 88.4	58.4
2 Paul ANGEL	42 89.8	59.8
3 Terry ARUNDELL	57 90.5	62.5
4 Frank CORSELLO	36 91.0	56.0
5 Dean GOODRIDGE	27 91.1	57.1
6 Garry CROLE	35 91.8	54.8
7 June REEVES	52 91.8	71.8
8 Jim SHAND	59 93.1	67.1
9 Frank TUTCHENER	70 93.1	88.1
10 Alan SINCLAIR	47 97.2	64.2
11 Bernie GOGGIN	60 97.6	97.6

1500 METRE RUN 7.1.1998

1 Stuart WHITE	26 5.01
2 Alan SINCLAIR	47 6.15
3 Frank TUTCHENER	70 6.44
4 Bernie GOGGIN	60 7.19

3KM RUN 7.1.1998

1 Paul ANGEL	42 11.12
2 Stuart WHITE	26 11.46
3 Frank TUTCHENER	70 14.28
4 Bernie GOGGIN	60 15.07
Liz FELDMAN (10 Laps)	49 19.29

100 METRE SPRINT 14.1.1998

1 Andy CHAN	23 12.6
2 Phil ROSEVEAR	48 12.8
3 Richard TREMBATH	55 13.1
4 Rod CAMERON	50 13.8
5 Graeme ROSE	54 13.8
6 Bob GRACE	53 14.0
7 June REEVES	52 14.3
8 Jim SHAND	59 14.3
9 Astrid ROSE	54 16.2

200 METRE SPRINT 14.1.1998

Heat 1:	
1 Gary MOWAT	45 25.1
2 Andy CHAN	23 26.2
3 Richard TREMBATH	55 26.4
4 Peter TREVASKIS	16 26.7
5 Phil ROSEVEAR	48 27.4
6 Dean GOODRIDGE	28 27.7

Heat 2:	
1 Jim SHAND	59 28.8
2 Graeme ROSE	54 29.5
3 June REEVES	52 30.7
4 Astrid ROSE	54 35.9
5 Neil SALVANO	45 36.5

800 METRE RUN 14.1.1998

1 Dean GOODRIDGE	27 2.19
2 Gary MOWAT	45 2.28
3 Alan SINCLAIR	47 2.37
4 Peter TREVASKIS	16 2.49
5 Neil SALVANO	45 2.56

JAVELIN 14.1.1998

1 Graeme ROSE	54 42.69
2 Astrid ROSE	54 21.33

400 METRE HANDICAP 28.1.1998

	Clock	Actual
1 Jim SHAND	60 83.9	85.9
2 Alan SINCLAIR	47 85.2	60.2
3 Gary MOWAT	45 85.2	55.2
4 Garry CROLE	36 85.2	55.2
5 June REEVES	52 86.0	73.0
6 Phil ROSEVEAR	48 86.5	68.5
7 Peter FIELD	40 86.9	67.9
8 Kathy SKULTETY	56 87.9	87.9
9 Graeme ROSE	54 88.1	78.1
10 Stuart WHITE	27 88.1	63.1
11 Tom LEONG	56 90.7	75.7
12 Neil SALVANO	45 92.2	82.2

SKM RUN 28.1.1998

1 Geoff WHELLER	41 17.43
2 Peter FIELD	40 19.19
3 Stuart WHITE	27 19.54

Heat 2:	
1 Alan SINCLAIR	47 11.3
2 Graeme ROSE	54 11.3
3 Kathy SKULTETY	56 12.9
4 Astrid ROSE	54 13.2

300 METRE SPRINT 21.1.1998

Heat 1:	Clock	Norm
Time	Time	Time
1 Garry CROLE	35 38.6	40.0
2 Gary MOWAT	45 41.3	40.0
3 Glen BAILEY	40 41.3	43.0
4 Doc PERRIN	40 41.4	40.0

Heat 2:	
1 Jim SHAND	59 46.5 49.0
2 Graeme ROSE	54 49.2 54.0
3 Kathy SKULTETY	56 56.6 60.0
4 Neil SALVANO	45 59.2 70.0
5 Astrid ROSE **	54 60.0 60.0

** Winner Astrid ROSE - right on nominated time

800 METRE RUN 21.1.1998

1 Doc PERRIN	33 2.26
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4KM RUN 21.1.1998

1 Geoff WHELLER	41 14.11
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HAMMER THROW 21.1.1998

1 Graeme ROSE	54 43.36
2 Astrid ROSE	54 37.25

DISCUS THROW 21.1.1998

1 Graeme ROSE	54 41.25
2 Astrid ROSE	54 23.73
3 Kathy SKULTETY	56 14.15

70 METRE SPRINT 28.1.1998

Heat 1:	
1 Bob GRACE	53 10.2
2 June REEVES	52 10.4
3 Kathy SKULTETY	56 11.1
4 Astrid ROSE	54 11.4

Heat 2:	
1 Phil ROSEVEAR	48 9.4
2 Graeme ROSE	54 9.8
3 Rod CAMERON	50 10.6

1500 METRE RUN 28.1.1998

1 Stuart WHITE	27 4.56
2 Peter FIELD	40 4.57
3 Alan SINCLAIR	47 5.34
4 Neil SALVANO	45 5.58
5 Sheila MEYER (Walk)	41 9.52

SHOT PUT 28.1.1998

1 Graeme ROSE	54 12.67
2 Astrid ROSE	54 8.26
3 Jim SHAND	60 7.16
4 Sheila MEYER	41 5.13

HAMMER THROW 28.1.1998

1 Graeme ROSE	54 46.53
2 Astrid ROSE	54 35.38
3 Sheila MEYER	41 16.09

80 METRE SPRINT 21.1.1998

Heat 1:	
1 Garry CROLE	35 10.1
2 Glen BAILEY	40 10.4
3 Gary MOWAT	45 10.8
4 Doc PERRIN	33 11.1

RESULTS FROM KNOX VENUE - JANUARY 1998

3-5-7 Km Bike Track - 7/1/98

3 Km	Age	Time
Shaun CALAMATTA	Inv.	10.48
Scott HARRIS	Inv.	12.04
Noel FAIRBURN	37	13.25
Bob HENDERSON	51	14.07
Megan CROSS	Inv.	14.10
Peter MAGUIRE	49	17.42
Kevin McLAUGHLIN	54	17.53
Les CLARK	67	17.54

5 Km

Graeme LETICQ	43	17.43
John GREEN	53	23.12
Richard TODD	49	24.49
Ron MILSOME	50	26.13
Jock CRAVANA	59	26.13
George SIMONS	61	27.52

7 Km

David BLACK	41	25.14
Dave LEVERSHA	45	27.28
Mick CARR	44	27.51
Tom BOYD	32	28.01
Chris CALAMATTA	44	28.39
Rick ATKINS	36	28.50
Lyn LEVERSHA	44	31.36
Colin THOMPSON	47	32.10
Ivan ANDRIC	40	32.11
Chas McRAE	65	32.33
Des CLANCY	48	32.33
Anne McPHERSON	41	33.28
Graham WHITE	50	33.49
Peter LEGET	63	34.02
Alison THOMPSON		37.16
Vern GERLACH	72	41.53
Carol BUCKINGHAM	46	41.53

800 Mts

Rick ATKINS	37	2.29
Tom BOYD	32	2.35
Scott HARRIS	29	2.36
Noel FAIRBURN	37	2.36
Ivan ANDRIC	40	2.48
David LEVERSHA	45	2.51
Peter LEGET	63	2.55
Chris CALAMATTA	44	2.55
Chas McRAE	65	2.56
Bob HENDERSON	50	3.03
Colin THOMPSON	49	3.05
Lyn LEVERSHA	44	3.48

400 Mts

Shaun CALAMATTA	Inv.	1.09.451
Tom BOYD	32	1.09.83
Mick CARR	44	1.10.05
Rick ATKINS	37	1.10.23

10-20-30 Min T.T. - 14/1/98

10 Min	Age	Laps
Lionel ROSEWALL	27	5 L
John GREEN	53	5 L 240mts
Kevin McLAUGHLIN	54	4 L 250mts

10 Min T.T Continued

	Age	Laps
George SIMONS	62	4 L 150 mts
15 Min.		
Steven ZAREKY	27	6 L
Shaun CALAMATTA	Inv.	6 L 300 mts
20 Min		
Chas McRAE	65	10 L 320 mts
Les CLARK	67	8 L 225 mts
Charlie GRIFFIN	34	11 L 190 mts
Glenn CLAIDEN	43	12 L 250 mts
30 Min.		
Ivan ANDRIC	40	16 L
Colin THOMPSON	49	16 L 40mts
Alison THOMPSON	44	14 L 100mts
Richard TODD	50	14 L 100mts
Gary STEWART	52	17 L 210mts
Phil TWINING	37	18 L 260mts
Chris CALAMATTA	44	17 L 230mts
Graham WHITE	52	16 L 090mts
David LEVERSHA	45	19 L 050mts
Paul TWINING	48	19 L 100mts
Mark MATTHEWS	39	18 L 100mts
Tom BOYD	32	18 L 100mts
Lyn LEVERSHA	44	16 L 250mts
1000 Mts		
Paul TWINING	48	3.06
Mark MATHEWS	39	3.13
Tom BOYD	32	3.17
Phil TWINING	37	3.23
David LEVERSHA	45	3.30
Chris CALAMATTA	44	3.33
Glenn CLAIDEN	43	3.37
Ivan ANDRIC	40	3.49
Lionel ROSEWALL	27	3.50
Gary STEWART	52	3.51
Colin THOMPSON	47	3.59
Chas McRAE	65	4.01
100 Mts		
Charlie GRIFFIN	34	13.2
Shaun CALAMATTA	Inv.	13.7
Lionel ROSEWALL	27	14.2
John GREEN	53	15.2
Steve ZAREKY	27	16.1
Kevin McLAUGHLAN	54	17.6
200 Mts		
Shaun CALAMATTA	Inv.	36.6
Kyle MATTHEWS	Inv.	37.0
Daniel ZAREKY	Inv.	37.7
Steven ZAREKY	27	28.9
Chas McRAE	65	39.9
Colin THOMPSON	47	40.0

10 Lap Spiral H/C - 21/1/98

	Age	Clock Time	Act. Time
Danny McKOY	28	19.41	17.01
Gavin BENNETT	46	21.44	18.09
Shaun CALAMATTA	Inv.	21.48	16.18
Gary STEWART	52	21.51	16.21
John GREEN	53	22.06	19.26
David ROLFE	51	22.15	16.30*
David BLACK	41	22.19	15.49
Brad CURTIS	33	22.20	15.10
David LEVERSHA	45	22.32	15.47
Colin THOMPSON	49	22.33	18.58
Lyn LEVERSHA	44	22.43	18.13
Glenn CLAIDEN	43	22.45	16.25
Tom BOYD	32	22.46	15.56
Phillip TWINING	37	22.51	16.01
Chris CALAMATTA	44	23.00	17.35
Charlie GRIFFIN	34	23.05	17.20
Mark MATTHEWS	39	23.18	16.08
Russell WEST	38	23.24	16.14
Gerry CLARKE	61	23.38	20.53
Ivan ANDRIC	40	23.49	18.24
Ron MILSOME	50	23.52	19.32
Grant McDONOUGH	37	23.57	18.22
Paul TWINING	48	24.00	16.00
Allison THOMPSON	44	24.15	21.45
Shaun EXTON	37	24.15	17.25
Carol BUCKINGHAM	47	24.43	-
Noel FAIRBURN	37	25.02	20.42
Kevin McLAUGHLIN	54	25.09	23.09
Richard TODD	49	25.18	21.43
Stephen GILLIES	36	25.46	22.11
Daryl PETERSEN	46	24.48	19.13
Jacinta GALLAGHER	32	26.03	20.18

* TROPHY WINNER

2 Km N.O.T. - 21/1/98

	Age	Act. Time	N.O.T. Time
Paul TWINING	48	6.28	6.30
Mark MATTHEWS	38	6.53	7.10
Tom BOYD	32	7.06	7.00
Russell WEST	38	7.10	8.00
Philip TWINING	37	7.11	7.15
David LEVERSHA	45	7.15	6.58
David BLACK	41	7.18	7.30
Chris CALAMATTA	44	7.30	8.10
Shaun EXTON	37	7.32	7.38
Glenn CLAIDEN	43	7.48	7.45
Brad CURTIS	38	7.55	8.00
Gary STEWART	52	7.59	8.00*
Ivan ANDRIC	40	8.02	7.50
Colin THOMPSON	49	8.11	8.30
Grant McDONOUGH	37	8.13	-
Gavin BENNETT	46	8.23	8.30
Daryl PETERSEN	46	8.35	9.48
Gerry CLARKE	61	9.08	8.30
Ron MILSOME	53	9.00	8.50
Steve GILLIES	45	9.16	9.00

2 Km N.O.T. - 21/1/98 - Continued

	Age	Act. Time	N.O.T. Time
Alison THOMPSON	44	9.51	9.30
Kevin McLAUGHLIN	54	10.27	10.54
Les CLARK	67	10.36	11.00

* TROPHY WINNER

75 Secs. N.O.T. - 21/1/98

	Age	Act. Time	N.O.T. Time
John GREEN	53	4.11	4.10
Ivan ANDRIC	40	4.04	3.97
Gavin BENNETT	46	4.32	5.00
Tom BOYD	32	4.47	4.20
Gary STEWART	52	3.50	3.20
Colin THOMPSON	49	3.55	3.50
Alison THOMPSON	44	3.40	3.00
Noel FAIRBURN	37	4.71	4.80
Mark MATTHEWS	39	4.65	4.65*

* TROPHY WINNER

15 Km Delayed Marathon - 28/1/98

* = Delayed Marathon Contender

5 Km	Age	Time
John GREEN	53	24.27
Allison THOMPSON	44	26.03

7 Km

David WEAR	51	37.56
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9 Km

Graham WHITE	52	44.23
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10 Km

Lyn LEVERSHA	44	44.23
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15 Km

Paul TWINING	46	55.35*
Graeme LETICQ	43	56.36*
Richard ATKINS	37	58.04*
Mark MATTHEWS	39	58.08*
Tom BOYD	32	58.09*
Rob DREW	43	59.12*
David LEVERSHA	45	59.29*
Phillip TWINING	37	59.51*
David ROLFE	51	1.01.37*
Glenn CLAIDEN	43	1.01.50*
Kevin FAGAN	54	1.04.16*
Chris CALAMATTA	44	1.04.18*
Russell WEST	38	1.05.50*
David GAFFNEY	50	1.06.44*
Colin THOMPSON	49	1.09.24*
Daryl PETERSEN	46	1.10.20*
Ivan ANDRIC	40	1.10.47*
Chas McRAE	65	1.11.15*
Ron MILSOME	49	1.11.45*
Anne McPHERSON	41	1.14.26*
Noel FAIRBURN	37	1.17.40*
Jacinta GALLAGHER	32	1.19.29*
Graham ROBERTSON	53	1.21.12*
Richard TODD	50	1.27.00*
Gerry CLARKE	61	1.27.01*

RESULTS FROM SPRINGVALE VENUE

7-1-98

100 METRES RUN

1. Mathew JUDE	INV	11.00
2. Peter TUCKETT	38	11.60
3. Peter GILLETTE	42	12.70
4. Ron MUIR	45	13.30
5. Ray O'CONNOR	60	15.00
6. Juan PEREZ	INV	15.30
7. Lee COPLAND	INV	16.90

600 METRES RUN

1. Dean COPLAND	42	1.35.2
2. Billy HAINS	34	1.38.3
3. Peter FILED	40	1.43.3
4. Ray O'CONNOR	60	1.51.5

2KM WALK ROAD

1. Kathy CASSIDY	48	11.05
2. Sam FERGUSON	70	15.13

3.1KM ROAD RUN

1. Neil GRAY	50	10.18
2. Ross MARTIN	45	10.26
3. Ken BOOCOCK	39	10.39
4. John NEWSOM	45	10.40
5. Alan BENNIE	50	10.43
6. Paul WINTERTON	45	10.51
7. Eric GREAVES	50	10.57
8. Dean COPLAND	42	11.10
9. Bruce FERRIER	45	11.14
10. Peter FIELD	40	11.30
11. Tony DORAN	45	12.01
12. Ian KRASKA	42	12.11
13. Mick DAVIN	47	12.17
14. Laurie CROUCH	57	12.27
15. Leigh CASSIDY	49	12.35
16. Howard ROSS	52	12.56
17. Ray O'CONNOR	60	15.28
18. Bernard POWNALL	51	15.47
19. Peter GILLETTE	42	15.51
20. Ernie JEFFS	53	15.54
21. Roland BROWN	56	16.20
22. Jenny FIELD	38	16.20
23. Monika KYSNIERZ	INV	17.14
24. Ken HOUGH	52	17.26
25. Hedley DAVY	53	17.26
26. Jean ONLEY	64	18.45
27. Alf SMITH	66	18.45
29. Jack GUBBINS	68	18.45

6.2KM RUN

1. Shaun KEMP	35	21.50
2. Mark KING	36	21.52
3. Paul MULLINS	57	23.45
4. Ian ORR	46	23.55
5. Theresia BAIRD	56	25.10
6. Mick HORAN	38	25.30
7. John ABEL	47	25.34

7-1-98

6.2KM RUN CONT...

8. Juan PEREZ	57	25.34
9. Ron LITTLE	54	26.00
10. John CHISHOLM	56	26.42
11. Graeme STEVENS	56	27.00
12. Ron MUIR	46	27.00
13. Kevin ONLEY	64	28.47
14. Reg WILLIAMS	46	30.17
15. Don CORRIE	48	30.50
16. John MANNING	52	31.20

14-1-98

200 METRES RUN - EST. TIME

1. Billy HAINS	34	25.40
2. Mike HALL	59	28.30
3. Leo CHARLES	64	28.30
4. Ron MUIR	46	29.40
5. Ray O'CONNOR ***	60	31.20
6. Lou BUCCIERI	42	32.20
7. Juan PEREZ	INV	32.3
*** + WINNER		

800 METRES RUN

1. Rob HENDY	53	2.14.
2. Ken BOOCOCK	39	2.15.
3. Paul WINTERTON	43	2.28.
4. Dale HENDY	INV	2.31.
5. Paul MULLINS	60	2.32.
6. Ray O'CONNOR	60	2.33.

5KM HANDICAP RUN

1. Kevin ONLEY	64	23.01
2. Ian ORR	46	19.12
3. Neil PILLING	38	18.01
4. Steven SELICK	INV	17.28
5. Ian TREGGARE	47	21.01
6. Bruce FERRIER	44	19.22
7. Eric GREAVES	50	18.04
8. John NEWSOM	45	18.20
9. Juan PEREZ	58	21.05
10. Ron LITTLE	54	20.56
11. Lou BUCCIERI	42	21.12
12. Alan BENNIE	51	18.39
13. Paul MULLINS	57	20.29
14. Bill IRVINE	49	19.33
15. Ian KRASKA	42	21.07
16. Don CORRIE	48	24.39
17. Rob YOUNG	32	19.10
18. Jack GUBBINS	68	26.27
19. Stan JORDAN	50	26.34
20. Graeme STEVENS	56	21.31
21. Denis PHILLIPS	55	21.31
22. John CHISHOLM	59	21.04
23. Tony DORAN	45	21.11
24. Ken BOOCOCK	39	20.39
25. Ken HOUGH	52	25.06
26. Roland BROWN	56	26.57

RESULTS FROM SPRINGVALE VENUE

21-1-98

100 METRES RUN

1. Marc LAROSE	38	11.50
2. Marc PITTAU	31	12.10
3. Allan ELLIOTT	55	14.60
4. Ray O'CONNOR	60	15.30

300 METRES RUN

1. Marc LAROSE	38	39.70
2. Bill HAINS	34	40.70
3. John FREAME	47	44.10
4. Ron MUIR	46	47.30

1500 METRES RUN

1. Neil GRAY	50	4.50.6
2. Steven SELICK	INV	5.00.6
3. Ray O'CONNOR	60	5.19.8

2KM WALK

1. Tony BARRETT	50	12.41
2. Kathy CASSIDY	49	10.56

3 X 3.1KM RELAY

1. John CHISHOLM	11.46
Ian ORR	11.26
Alan DOUGLAS	13.25=36.37
2. Lou BUCCIERI	12.23
Howard REES	12.31
Billy HAINS	11.58=36.52
3. Rob YOUNG	11.04
Denis PHILLIPS	12.32
Tom DAVISON	13.26=37.02

21-1-98

3 X 3.1KM RELAY CONT...

4. Bruce FERRIER	11.25
Don CORRIE	14.40
Peter FIELD	11.00=37.05
5. Ken HOUGH	13.50
Neil PILLING	10.47
Mick COLGAN	12.33=37.10
6. Tony DORAN	12.03
Ron LITTLE	13.09
Ron MUIR	12.03=37.15
7. Ross MARTIN	10.42
Als SMITH	16.08
Steven SELICK	10.39=37.29
8. Kevin ONLEY	13.43
Bill HUGHES	12.26
Rob CLUTTERBUCK	11.27=37.36
9. Ken BOOCOCK	11.18
Bill IRVINE	11.27
Jack GUBBINS	15.03=37.42
10. Eric GREAVES	11.10
Roland BROWN	14.55
Stan JORDAN	12.30=38.35
11. Juan PEREZ	12.37
Leigh CASSIDY	12.38
Graeme STEVENS	13.23=38.38

MENS RESULTS GLENHUNTLY VENUE 10/1/98

D GRADE

OLSCO	102	GH	1	92	VET	68
MENT	83	MAL	70	SAN	36	
OLMEL	82	OAK	80	AJAX	28	
FRAN	37	GH	2	32	OLHAI	31

D GRADE

GH	1	649.5	649.5	16	PTS
OAKL	601	582	16		
OLSC	523.5	644.5	16		
VETS	567	824	14		
MALV	519	746	14		
OLME	282	879	11		
OLHA	258.5	741.5	9		
AJAX	244	633	9		
MENT	264	646	9		
GH	2	214.5	689.5	9	
FRAN	204	723	8		
SAND	124	915	2		

E GRADE

OLMEL	49	AJAX	37	
VET	1	27	MALV	11
VET	2	7	OAK	7
GLEN	7	MENT	N/C	

E GRADE

VET	1	238	90	12	PTS
OLME	169	99	9		
OAKL	162	93	8		
GLEN	83	84	2		
MENT	51	131	2		
AJAX	83	174	1		
MALV	73	95	0		
VET	2	25	119	0	

Frankston Veteran Athletics Centre

120 metre Handicap Christmas Gift 18-Dec-97

			Handicap	
1 st	Lindsay Beaton	47	13.07 secs	<u>23 metres</u>
2 nd	Ross Kent	55	13.52 secs	<u>2 metres</u>
3 rd	Tony Nematic	45	13.53 secs	<u>16 metres</u>
4 th	Graeme Richards	52	13.54 secs	<u>7 metres</u>
5 th	Peter Ellis	46	13.55 secs	<u>18 metres</u>
6 th	Syd Elks	72	13.60 secs	<u>31 metres</u>
7 th	John Reid	70	13.80 secs	<u>31 metres</u>
8 th	Marc Pittau	31	16.52 secs	<u>4 metres</u>

Peter Ellis started favourite in this prestigious event but was caught by three crack sprinters 20 metres for the line. They all looked up to see Lindsay Beaton streak over in first place with Ross Kent second, 1/100th of a second in front of Tony Nematic, replicating those two athletes placings at the Mike O'Neill 100 metre handicap at Mentone. Graeme Richards was a further 1/100th of a second back, although some competitors considered he finished second. Great controversy, but no one died; but next time we must videotape the race.

Walk /Run Relay 3200 metres 600W/1000R and 600W/1000R

Team A

1	Gwen Steed	55
2	David Nobbs	57
3	Joyce Kilfoyle	73
4	Phillipa Edgell	47

Time: 14.42 mins **Place:** 2nd

Team B

1	Kathy Westhorp	36
2	Jarrold Pope	26
3	Sylvia Ross	59
4	Ray O'Connor	60

Time: 14.49 mins **Place:** 3rd

Team C

1	Mary Elks	69
2	Rowland Brickles	51
3	Jack Kilfoyle	73
4	Steven Klein	16

Time: 14.40 mins **Place:** 1st

Team D

1	Syd Elks	72
2	Peter Ellis	46
3	Barbara Strickland	64
4	Gary Meyer	42

Time: 15.28 **Place:** 5th

Team E

1	Jean Leggett	61
2	Lindsay Beaton	47
3	Stan Ross	59
4	David Painter	55

Time: 15.02 **Place:** 4th

3000 metre run 18-Dec-97

1 st	Joss Monty	55	10.38 mins
2 nd	Allan Alderson	46	10.54 mins
3 rd	Ken White	51	11.04 mins
4 th	David Painter	55	11.38 mins
5 th	Gary Meyer	42	11.51 mins
6 th	Angela Seers	27	13.12 mins
7 th	Colin Kemp	45	13.55 mins
8 th	Robert Klein	44	14.45 mins
9 th	Pam Hornibrook	43	14.53 mins
10 th	Sue Kemp	44	15.14 mins
11 th	Ron Leggett	63	15.34 mins
12 th	Phillipa Edgell	47	15.35 mins
13 th	Belinda Kirkham	30	17.15 mins
14 th	Ian MacArthur	57	12.44 mins (6 laps)

1000 metre walk 18-Dec-97

1 st	Gwen Steed	55	5.22 mins
2 nd	Nerida Noyes	43	6.06 mins
3 rd	Syd Elks	72	6.21 mins
4 th	Lindsay Beaton	47	6.52 mins
5 th	Debbie Terlaak	33	6.52 mins
=6 th	Kathy Westhorp	36	7.02 mins
=6 th	Stan Ross	59	7.02 mins
7 th	Ern Walker	84	7.04 mins
8 th	Wendy Seers	56	7.08 mins
9 th	Jim Strickland	67	7.28 mins
10 th	Barbara Strickland	64	7.52 mins
11 th	Mary Elks	69	7.57 mins
12 th	Sylvia Ross	58	8.08 mins
=13 th	Kees Zwynenburg	68	9.09 mins
=13 th	Eric Harles	78	9.09 mins
14 th	Grace Smith	79	9.46 mins

4 by 100 metre relay 18-Dec-97

Team 1

1	Syd Elks	72
2	Peter Ellis	46
3	Kathy Heagney	46
4	Peter Tuckett	38

Time: 54.91 **Place:** 1st

Team 2

1	Steven Klein	16
2	Robert Klein	44
3	Sara Klein	12
4	Julie Klein	10

Time: 59.36 **Place:** 2nd

Team 3

1	David Nobbs	57
2	Jarrold Pope	26
3	Nerida Noyes	43
4	Graeme Richards	52

Time: 1:00.10 **Place:** 3rd

600 metre run 18-Dec-97

=1 st	Ross Kent	55	1.43 min
=1 st	Peter Tuckett	38	1.43 min
2 nd	David Nobbs	57	1.50 min
3 rd	Ken White	51	1.51 min
4 th	Allan Alderson	46	1.53 min
5 th	Gary Meyer	42	1.58 min
6 th	Peter Ellis	46	2.00 min
=7 th	Eddie Stack	60	2.10 min
=7 th	Kathy Westhorp	33	2.10 min
8 th	Lindsay Beaton	47	2.15 min
9 th	Jarrold Pope	26	2.16 min
10 th	Angela Seers	27	2.43 min
11 th	Sue Kemp	44	2.59 min
=12 th	Pam Hornibrook	44	3.02 min
=12 th	Kees Zwynenburg	68	3.02 min

Meeting held on 15-Jan-98

100 metre sprint 15-Jan-98

1 st	Peter Tuckett	38	12.37 secs
2 nd	Tony Nematic	45	13.43 secs
3 rd	Dale Bruce	37	13.87 secs
4 th	Ian MacArthur	57	14.58 secs
5 th	Katja Nematic	12	15.11 secs
6 th	Katherine Bell	12	15.34 secs
7 th	John Reid	70	16.06 secs
8 th	Phillipa Edgell	47	16.26 secs
9 th	Daniel Bruce	8	17.09 secs
10 th	Roy Giesmann	68	18.39 secs

2000 metre run 15-Jan-98

1 st	Trevor Rollinson	50	7.10 mins
2 nd	Allan Alderson	46	7.14 mins
3 rd	Ken White	51	7.16 mins
4 th	Garry Anderson	46	7.23 mins
5 th	Peter Ellis	46	8.13 mins
6 th	Colin Kemp	45	9.04 mins
7 th	Gordon Loughnan	45	9.05 mins
8 th	Ian MacArthur	57	10.15 mins
9 th	John Reid	70	10.37 mins

4000 metre run 15-Jan-98

1 st	Ian Muir	53	14.49 mins
2 nd	Allan Alderson	46	15.26 mins
3 rd	Mick O'Ryan	48	15.27 mins
4 th	Gary Meyer	42	15.47 mins
5 th	David Painter	55	16.20 mins
6 th	Rowland Brickles	51	16.27 mins
7 th	Graham Bonnett	54	17.58 mins
8 th	Belinda Kirkham	30	18.57 mins
9 th	Pam Hornibrook	43	20.20 mins
10 th	Lindsay Beaton	47	23.55 mins

1600 metre walk 15-Jan-98

1 st	Graeme Davis	48	7.49 mins
2 nd	John Hallo	55	9.19 mins
3 rd	Kathy Westhorp	33	9.56 mins
4 th	Nerida Noyes	43	10.03 mins
5 th	Jack Kilfoyle	73	10.08 mins
6 th	Nicola Evens	29	10.19 mins
7 th	Syd Elks	72	10.41 mins
8 th	Debbie Terlaak	33	11.27 mins

800 metre run 15-Jan-98

=1 st	Trevor Rollinson	50	2.33 min
=2 nd	David Nobbs	57	2.33 min
2 nd	Ian Muir	53	2.35 min
3 rd	Garry Anderson	46	2.40 min
4 th	Ken White	51	2.41 min
5 th	Tony Nematic	45	2.46 min
6 th	Peter Ellis	46	2.47 min
7 th	Allan Alderson	46	2.50 min
8 th	Mick O'Ryan	55	2.51 min
9 th	David Painter	56	2.56 min
10 th	Dale Bruce	37	3.05 min
11 th	Jarrold Pope	26	3.08 min
12 th	Colin Kemp	45	3.13 min
13 th	Syd Elks	72	3.14 min
14 th	Gordon Loughnan	45	3.24 min
15 th	Kees Zwynenburg	68	4.48 min

RESULTS FROM COLLINGWOOD VENUE

Frankston Veterans Athletics Centre

80 metres sprint 22-Jun-98

1 st Graeme Richards	52	10.39 secs
2 nd Dale Bruce	37	11.07 secs
3 rd Syd Elks	72	12.35 secs
4 th John Reid	71	12.47 secs
5 th Angela Seers	27	12.92 secs
6 th Phillipa Edgell	47	12.96 secs
7 th Ian MacArthur	57	D.N.F.

300 metre run 22-Jun-98

1 st Graeme Richards	52	47.42 secs
2 nd Eddie Stack	63	53.09 secs
3 rd Kees Zwynenburg	69	1:18.73 min
4 th Jim Strickland	67	1:25.36 min

600 metre run 22-Jun-98

1 st Tony Nematic	45	1:44.00 m
2 nd Gary Anderson	46	1:52.00 m
3 rd Gary Pearce	44	1:54.00 m
4 th Dale Bruce	37	1:56.00 m
5 th David Painter	55	2:01.00 m
6 th Jarrod Pope	26	2:11.00 m
7 th Peter Duggan	57	2:16.00 m
8 th Gary Meyer	43	2:27.00 m
=9 th John Reid	71	2:49.00 m
=9 th Colin Kemp	46	2:49.00 m
=10 th Sue Kemp	44	3:08.00 m
=10 th Nada Travica	40	3:08.00 m
=10 th Kees Zwynenburg	69	3:08.00 m

1500 metre run 22-Jun-98

1 st John Reid	71	7:24.00 mins
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2800 metre walk 22-Jun-98

1 st Graeme Davis	48	15:22 mins
2 nd John Hallo	55	17:06 mins
3 rd Kathy Westhorp	36	17:44 mins
3 rd Jack Kilfoyle	72	17:48 mins
4 th Syd Elks	72	18:33 mins
5 th Nerida Noyes	43	18:53 mins
6 th Nicola Evens	29	19:11 mins
=7 th Kees Zwynenburg	69	19:56 mins
=7 th Debbie Terlaak	33	19:56 mins
8 th Noca Barratt	52	20:10 mins
9 th Bevan Davis	68	20:45 mins
10 th Wendy Seers	56	20:52 mins
11 th Ern Walker	84	21:27 mins

12 th John Black	46	21:31 mins
13 th Mary Elks	69	23:16 mins
14 th Sylvia Ross	59	24:00 mins
15 th Grace Smith	79	20:43 mins (5 laps)

3000 metre run 22-Jun-98

1 st Gary Anderson	46	11:19 mins
2 nd Gary Meyer	42	11:25 mins
3 rd Gary Pearce	44	11:32 mins
4 th David Painter	55	11:41 mins
5 th Rowland Brickles	51	11:45 mins
6 th Belinda Kirkham	30	13:46 mins
7 th Lindsay Beaton	48	13:58 mins
8 th Joy Herbert	54	14:31 mins
=9 th Sue Kemp	44	16:06 mins
=9 th Nada Travica	41	16:06 mins

5000 metre run 22-Jun-98

1 st Ian Muir	53	19:00 mins
2 nd Peter Ellis	46	22:07 mins
3 rd Colin Kemp	45	23:41 mins
4 th Phillipa Edgell	47	24:39 mins
5 th Pam Hornibrook	43	24:45 mins
6 th Andrew Kirkham	32	18:59 mins (11 1/2 laps)

Ladies Shot-Put (Age-graded tables) 15-Jan-98

1 st Jane Phillips	31	7.00 metres
2 nd Phillipa Edgell	47	6.60 metres
3 rd Pam Hornibrook	43	5.90 metres
4 th Amanda Nematic	43	5.40 metres

200 metre run 15-Jan-98

1 st Peter Tuckett	38	24.77 secs
2 nd Tony Nematic	45	27.52 secs
3 rd David Nobbs	57	27.80 secs
4 th Ian MacArthur	57	29.29 secs
5 th Gary Meyer	42	30.05 secs
6 th John Reid	70	32.24 secs
7 th Eddie Stack	63	32.30 secs
8 th Phillipa Edgell	47	34.98 secs

5000 metre walk 15-Jan-98

1 st Jack Kilfoyle	73	33:03 mins
2 nd Nerida Noyes	43	33:12 mins
3 rd Syd Elks	72	33:32 mins
4 th Sandra Howorth	34	37:20 mins
5 th Kees Zwynenburg	68	37:30 mins
6 th Bevan Davis	68	37:40 mins
7 th Jim Strickland	66	39:34 mins
=8 th Joy Herbert	54	40:10 mins
=8 th John Black	46	40:10 mins
9 th Mary Elks	69	43:02 mins
10 th Barbara Strickland	64	44:13 mins
11 th Sylvia Ross	58	45:24 mins

6.1.98

50 METRES

Patrick KELLY	Inv.	6.96
Tino FULGENZI	49	7.48
George RENNIE	56	7.91
Debbie JAMES	41	7.96
Dawn KING	52	8.20
Don WARDEN	73	8.92

800 METRES HANDICAP

Peter JOHNSTONE	61	3.48.75	.40	3.08.75
John PEACOCK	61	4.01.25	.50	3.11.25
Les CATIONS	40	4.02.47	GO	4.02.47
John MERORY	51	4.06.20	1.30	2.46.00
Ian MORGAN	52	4.12.34	1.05	3.07.34
Barry BOYD	53	4.13.15	1.30	2.43.15
Gerard ADRIAN	37	4.14.25	1.55	2.19.25
Keith LODGE	66	4.15.34	1.30	2.45.34
Mal BROWN	57	4.16.72	1.20	2.56.72
Ken DUXBURY	44	4.17.53	1.50	2.27.53
Keith MOODY	52	4.17.82	1.53	2.24.82
Patrick KELLY	Inv.	4.18.18	1.55	2.23.18
George RENNIE	56	4.19.12	1.50	2.29.12
Ian MCLEOD	52	4.20.50	1.50	2.30.50
Graeme PAUL	43	4.21.84	1.45	2.36.84
Wasył DROSDOWSKY	46	4.22.72	1.45	2.37.72
Debbie JAMES	41	4.23.41	1.00	3.23.41
Paul BAN	43	4.24.76	1.53	2.31.76
Ewan FLETT	26	4.36.75	1.53	2.43.75

150 METRES

Mack KENNEDY	Jnr	24.66
Barry BOYD	53	26.66
Allison DROSDOWSKY	Jnr.	27.16
Christine GRIFFITHS	48	29.19
Heat 2		
Patrick KELLY	Inv.	18.66
Gerard ADRIAN	37	20.01
Keith MOODY	52	20.82
George RENNIE	56	22.33
Debbie JAMES	41	23.26
Don WARDEN	73	30.67

2000 METRES

Patrick KELLY	Inv.	7.03
George RENNIE	56	7.22
Keith LODGE	66	7.33
Len HALLETT	48	7.57
John MERORY	51	8.00
Wasył DROSDOWSKY	46	8.32
Bruce GIBBS	49	8.46
Ian MORGAN	52	8.47
Bill RYAN	56	8.54
Peter BLACK	52	9.35
Mack KENNEDY	Inv.	9.47
Val MCLEOD	51	11.22
Gerard ADRIAN	37	11.24
Melva BLACK	50	12.41
Les CATIONS	40	13.11
Sheila MEYER	41	13.32 W
Dawn KING	52	14.01
Christine GRIFFITHS	48	14.35 W
Carol RYAN	53	15.00 W

6000 METRES

Ian GATNEY	45	19.34
Bary BOYD	53	23.01
Paul BAN	43	23.48
John POCOCK	54	24.14
Gary BELL	43	25.12
Mike KENNEDY	44	25.14
Rod BAYLEY	51	25.36
Graeme PAUL	43	25.47
Dennis HOLDEN	46	25.59
Mal BROWN	57	26.01
Denny MARTIN	49	26.11
John PEACOCK	61	26.31
Ray HARBERT	58	26.45

13.1.98

120 METRES

Patrick KELLY	Inv.	15.04
Keith MOODY	53	16.44
Tino FULGENZI	49	16.45
Kirrilly GUINANE	22	16.95
Tony MIOLA	47	17.77
Liz MITCHELL	54	20.37
Dianne BRIMACOMBE	53	22.39

1600 METRES

Patrick KELLY	Inv.	5.28.77
Keith LODGE	67	5.49.90
Keith MOODY	53	6.20.86
Mack KENNEDY	Inv.	7.17
Les CATIONS	40	9

RESULTS FROM COLLINGWOOD VENUE

13.1.98

5 K - BOULEVARD OUT & BACK SEALED HANDICAP

Ted PAULIN	59	19.42.53	.45	18.57
Keith LODGE	67	21.29	3.10	18.19
George RENNIE	56	21.37	1.40	19.57
Keith MOODY	53	22.05	1.30	20.35
Graeme PAUL	43	22.77	2.10	20.07
Rod BAYLEY	51	22.26	2.40	19.46
Ian MCLEOD	52	23.10	4.00	19.10
Voyjo NICOLIC		24.48	3.10	21.38
Ray HARBERT	58	25.15	3.20	21.55
Jan MORGAN	52	25.35	4.35	21.00
Peter JOHNSTONE	61	26.20	8.00	18.20
Tony MIOLA	47	27.06	7.30	19.36
Peter BLACK	52	27.57	8.15	19.42
Mike KENNEDY	44	30.12	3.40	26.32
Richard HEYWOOD	Inv.	30.50	6.00	24.50
Denise HARDMAN	47	31.22	6.35	24.47
Tino FULGENZI	49	31.26	4.00	27.26
Liz MITCHELL	54	32.33	12.05	20.28
Mack KENNEDY	Inv.	35.36	8.00	27.36
Heather JOHNSTONE	53	35.37	12.00	23.37
Val MCLEOD	51	35.37	9.35	26.02
Sheila MEYER W.	41	39.44	12.30	27.14
Les CATIONS	40	54.34	12.30	42.04
Dawn KING	52	54.34	12.30	42.04

10K - OUT & BACK SEALED HANDICAP

Colin HEYWOOD	43	39.35	Scr	39.35
Barry BOYD	53	41.13	Scr.	41.13
Westly WINDSOR	53	45.01	1.00	44.01
Jorec TORRICO	50	45.02	6.15	38.47
Gary BELL	43	46.38	2.10	44.00
Len HALLETT	48	47.10	4.00	43.10
Patrick KELLY	Inv.	47.19	1.30	45.49
Denny MARTIN	49	47.35	7.20	40.15
Mal BROWN	57	48.17	2.00	46.17
Denis HOLDEN	45	52.16	6.10	46.36
Shirley YOUNG	68	54.06	10.30	43.36
John MITCHELL	56	55.15	9.35	45.40

20.1.98

70 METRES - Heat 1

Dawn KING	52	11.09
Mack KENNEDY	In.	11.36
Don WARDEN	73	12.40
Allison DROSDOWSKY	Inv	12.71
Robyn KENNEDY	47	12.85

Heat 2

Antek TORRICO	Inv.	9.74
Tino FULGENZI	49	9.75
Tony MIOLA	47	10.42
George RENNIE	56	10.77

600 METRES

Gerard ADRIAN	37	1.37.89
Keith MOODY	53	1.44.48
Paul BAN	42	1.46.13
George RENNIE	56	1.47.82
Wasył DROSDOWSKY	46	1.54.42
Jorge TORRICO	50	1.55.51
Arhtur APTED	42	1.57.11
Rob WILSON	52	2.07.20
Mack KENNEDY	Inv.	2.23.60
Les CATIONS	40	3.02.68

400 METRES - Heat 1

Arthur APTED	42	67.69
Barry BOYD	53	72.72
John MERORY	51	74.10
Denise HARDMAN	47	79.03

Heat 2

Gerard ADRIAN	37	61.92
Keith MOODY	53	63.04
Paul BAN	42	64.60
George RENNIE	56	68.36

Heat 3

Mike KENNEDY	44	69.95
Ian MORRISON	Inv	74.55
John POCOCK	54	83.35
John PEACOCK	61	87.11
Hugh APTED	Jnr	89.70
Mack KENNEDY	Jnr	89.70
Robyn KENNEDY	47	96.01
Don WARDEN	73	108.70

RESULTS FROM COLLINGWOOD VENUE

20.1.98

4000 METRES

Ted PAULIN	59	14.41
Ken SENIOR	51	15.45
Jorge TORRICO	50	15.54
Graeme PAUL	43	15.57
Paul BAN	43	16.09
John MERORY	51	16.16
Len HALLETT	48	17.06
Denny MARTIN	49	17.07
Ray HARBERT	58	17.08
Mike KENNEDY	44	17.11
John PEACOCK	61	17.17
Wasył DROSDOWSKY	46	18.23
Rob WILSON	52	18.46
Bill RYAN	56	18.59
Tony MIOLA	47	19.10
Greg LYNDON	40	19.25
Tino FULGENZI	49	20.12
Denise HARDMAN	47	21.12
Peter BLACK	52	22.59
Robyn KENNEDY	47	23.05
Arthur APTED	42	23.17
Mack KENNEDY	Jnr	23.51
Melva BLACK	50	29.03
Dawn KING	52	30.17
Christine GRIFFITHS	48	32.08 W
Les CATIONS	40	35.59

8000 METRES

Barry BOYD	53	31.01
Garry BELL	44	34.20
John POCOCK	54	34.33
Mal BROWN	57	35.26
Denis HOLDEN	45	35.44
Shirley YOUNG	68	40.15

Is This You?

Are you an active member
The kind that would be missed,
Or are you just contented
Your name is on the list.

Do you attend your meetings
And mingle with the flock,
Or do you stay at home
And criticise and knock.

Do you take an active part
And help the work along,
Or are you satisfied to be
The kind that just belongs.

Do you push the cause along
And make things really tick,
Or leave the work to just a few
And talk about the "clique".

Think it over, members, you know
The right from wrong,
Are you an active member or
Do you just belong?



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Palm Beach 4221 Phone: (075) 5763 804



THURSDAY 8 JANUARY

A very small group turned up for the first night. A fast group & a slow group set out on the Bike Path Pack Run. The fast group soon split up but the slow group stayed together.

THURSDAY 15 JANUARY

Blessed with 24 Deg C in a series of 30 Degs plus days - only a few took advantage of the opportunity to run in the cool. Just 3 kids & 2 adults in the in the 100M sprint. 3 adults & 2 kids in the 400M sprint. Some adjustments had to be made because of the track work in progress.

15 did some distance running on the track or the Bike Path. TOM [M60] accompanied BARB [W60] on his bike.

THURSDAY 22 JANUARY

40 experienced a sultry night on track & bike path followed by a barbecue meal.

Sprints were run on the back straight due to track construction [destruction at this stage]. The "accumulator" relay rules were made up on the spot & resulted in great confusion but great fun. The start - finish line for the 4K Bike Path estimated time run was moved out on the bike track, shortening the distance & resulting in some bizarre estimates based on the original distance. GORDON P[M50] won - only estimate closer than 3 figures!

■ PB this venue, this year

			THURS				THURS				
			100M	400M	4K	"Golden Domes" 8.8K	70M	Accumulator relay	4K (bikepath) EAT	Actual[+/-Secs]	
DOUBOS	Taula	F?					Welcom	12.18		22.58[-422]	
CORNALL	Heather	F35			21.30[3K Track]		JAN22				23.31
BAMFORD	Vicki	F40					JAN22	15.49		19.47[-203]	
SOUTHAM-SAHIN	Sue	F45					JAN22	14.79		19.47[-203]	
BRAIN	Glenyse	F50				Early Start	JAN22			????????????????	
ROBOTHAM	Kate	F50				Early Start	JAN22			????????????????	
CAR	Bev	F55					JAN22			Walk	
SAUNDERS	Vonda	F55					Recorder				
DALGLEISH	Barb	F60				44.56	JAN22			17.43[-167]	
HIDES	Andrew	M30	13.79	129.97	15.33[2K Track]		JAN22	9.00		17.44[-136]	
McKENZIE	Roy	M35					JAN22	11.09		16.41[-199]	
NORRIS	Daniel	M35					JAN22	11.63		16.10[-190]	
KELLY	Mark	M35					JAN22	9.73		16.55[-245]	
COONEY	Anthony	M35					JAN22	10.22		16.10[-190]	
CALDWELL	Jeff	M35				42.14	JAN22			15.37[-263]	
CARTER	Ken	M40					JAN22	20.40		23.31[-511]	
STAUNTON	John	M40					JAN22	10.90		????????????????	
BOWMAN	Tony	M40					Cook				
HALLETT	Len	M45				41.43	JAN22			15.49[-111]	
GIBBS	Bruce	M45					JAN22	10.04			16.24
MARTIN	Denys	M45					JAN22			16.24[-66]	
MARSH	Trevor	M45					JAN22				13.47
WALSHE	Geoff	M45					JAN22			14.43[-197]	
CORNALL	Ian	M45					JAN22			22.03[-477]	
EDMONDS	Norm	M50	Welcome	14.17							
PROUDFOOT	Gordon	M50					JAN22			16.41[-79]	
RYAN	Bill	M55				43.03	JAN22			17.17[-177]	
GOGGIN	Bernie	M55	21.44	134.16		49.23	JAN22			16.42[-348]	
BURROWES	Gordon	M60					Starter				
WILSON	Neville	M65				44.56	JAN22			17.56[-124]	
KELLY	Bryan	M?					JAN22			16.42[-258]	

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2 BEDROOM COTTAGE (SLEEPS 5)

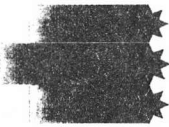
COWES, PHILIP ISLAND

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Mention Corrie de GROOT.

* * * * *



**State Autumn
MASTERS
Games**

**16 - 26 April 1998
Ballarat Australia**

VVACI 1998 FIXTURE

SPORT	Min. Age	SPORT	Min. Age					
Archery	30	Hockey	35	PENTATHLON	1-3-98	12-30pm	Duncan McKinnon Park	Melway 68 K9
Athletics	30	Racewalking	35	SUMMER WEIGHT PENTATHLON	22-3-98	10-00am	Duncan McKinnon Park	68 K9
Badminton	35	Racquetball	35	VICTORIAN TRACK AND FIELD	28/29-3-98	12noon	Duncan McKinnon Park	68 K9
Baseball	38	Royal Tennis	45	AUSTRALIAN NATIONALS	10/13-4-98		Brisbane, QLD	
Croquet	35	Sailing	35	ROAD WALKS (10km & 5km)	2-5-98	10km 2.15pm 5km 3.00pm	Albert Park	2K F10
Cycling	35M 30W	Soccer	35M	HALF MARATHON	3-5-98	10.00am	Bungaree Oval	253 B12
Dancesport	35	Softball	35W	10km CROSS COUNTRY	24-5-98	10.00am	Yarra Bend Park	30 H12
Equestrian (Dressage)	40	Squash	35	10km ROAD RACE	12-7-98	9-30am	Braeside Park	88 E10
Equestrian (Show J.)	35	Swimming	25	10 mile ROAD RACE	23-8-98	10am	Princes Park	43 G1
Fly Fishing	45	Tennis	40				(subject to AFL football draw for Optus Oval)	
Golf	40	Tenpin Bowling	35	WINTER WEIGHT PENTATHLON	23-8-98	10.00am	Duncan McKinnon Park	68 K9
Lawn Bowls	40	Triathlon	30	ROAD WALKS (20km & 10km)	29-8-98	1.45pm 20km 2.15pm 10km	Albert Park	2K F10
Netball	35W	Volleyball	30	25km ROAD RACE	13-9-98	9-30am	Footscray Rowing Club	42 D2
Orienteering	35			MARATHON	11-10-98		In Melbourne Marathon	Special entry requirements.
				10km TRACK (in divisions)	28-11-98	6-30pm	Knox track	73 D7

Club uniforms must be worn at all above events to qualify for awards.
To encourage more participation in club events, the committee welcomes unfinancial members to participate on an invitational basis.

ENQUIRIES:

WALK EVENTS	Peter McGrath	9807 5656
WEIGHT PENTATHLONS	Astrid Rose	9836 2350
PENTATHLON	Anthony Bradford	9749 2248
DISTANCE EVENTS	Eric Greaves	9560 2971

** NB The dates for the walk events will be notified shortly. They are contingent on the Walkers Club setting the dates for their events.

SINGLETs SINGLETs SINGLETs SINGLETs SINGLETs

HAVE YOU GOT YOUR NEW MENS SINGLET YET?

IF NOT, , DO SO NOW.

RING ERIC GREAVES ON TELE. 9560 2971.

SPORT	Min. Age	SPORT	Min. Age
Archery	30	Hockey	35
Athletics	30	Racewalking	35
Badminton	35	Racquetball	35
Baseball	38	Royal Tennis	45
Croquet	35	Sailing	35
Cycling	35M 30W	Soccer	35M
Dancesport	35	Softball	35W
Equestrian (Dressage)	40	Squash	35
Equestrian (Show J.)	35	Swimming	25
Fly Fishing	45	Tennis	40
Golf	40	Tenpin Bowling	35
Lawn Bowls	40	Triathlon	30
Netball	35W	Volleyball	30
Orienteering	35		

For further information and a free Games Programme, please return the slip below to:

State Autumn Masters Games
City of Ballarat
P.O. Box 655
Ballarat, Vic. 3353
Tel: (03) 5320 5730 Fax: (03) 5333 5072

Registration of Interest

Name _____

Address _____

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