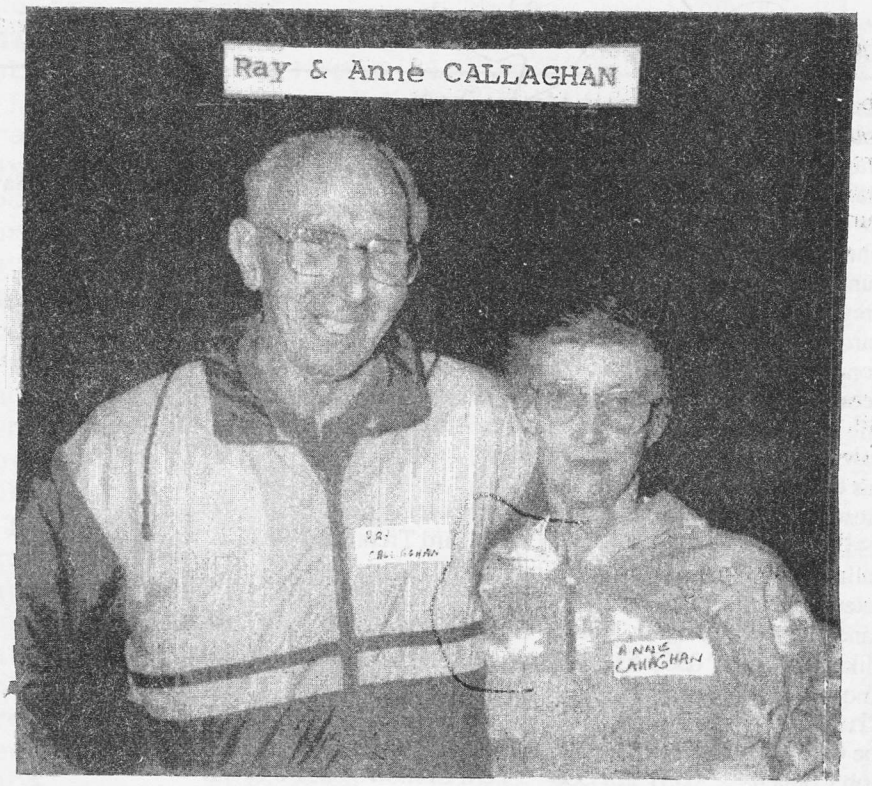
VICTORIAN VETERANS' ATHLETIC CLUB INC.

AROUND THE GROUNDS



August 1999

ABERFELDIE, ALTONA, CAULFIELD, COBURG, COLLINGWOOD, CROYDON, DONCASTER, EAST BURWOOD, FRANKSTON, GEELONG, KNOX, LATROBE VALLEY, MENTONE, SWAN HILL, SPRINGVALE - NOBLE PARK and TOOTGAROOK

for information on Club activities
Hon. Secretary Dorothy Browne OAM. LM (03) 9874 2501

COMMITTEE MEMBERS 1999 — Victorian Veterans Athletic Club Inc.

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Honorary Assistant Secretary
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PO Box 136 Wandin North 3139

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6 Merrett Avenue Werribee 3030
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75 Bertrand Avenue Mulgrave 3170

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Club Vice Captain
Peter McGrath LM. 9807 5656
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Immediate Past President
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Keith Routley LM. 9699 6384
6 Mowbray Street Albert Park 3206
and
John Chisholm 9772 3285
Lot 1/48 Field Avenue Edithvale 3196

VENUES — Locations and Managers — Venue Day and Melway Ref

ABERFELDIE	Aberfeldie Park, Corio Street, Moonee Ponds Rob Waters 9853 7096 (W) 9318 3802 (H)	Weds	28 D 6
ALTONA	Grant Reserve, Sugar Gum Drive (off Civic Pde) Altona Alan Barling 9398 5667 and Michael O'Relli	Sun - Winter Tuesday - Daylight Saving	54 G 9
EAST BURWOOD	Burwood East Reserve, Burwood Highway John Gosbell 9808 4641	Thurs	62 C 7
CAULFIELD	Duncan McKinnon Park, North Road, Murrumbeena Greg Mauldon (Track) 9583 5637 ~ Graeme Rose (Field) 9836 2350	Tues - Track Sunday - Field Games	68 K 9
COBURG	Harold Stevens Ath. Field, Outlook Rd. Coburg Vonda Saunders 9460 1267	Thurs	18 A 9
COLLINGWOOD	George Knott Athletic Track, Heidelberg Rd., Clifton Hill Bill Ryan 9434 3783 Keith Moody 9434 7403 and Ron Young	Tues	30 F 12
CROYDON	Town Park, off Norton Road, Croydon Les Clark 9754 2793	Tues	50 K 5
DONCASTER	Ricschieks Reserve, George Street, Doncaster Alan Sinclair 9889 2510 Richard Trembath 9836 9256	Weds	33 J 11
FRANKSTON	Ballam Park, Bananee Terrace, Frankston Peter Duggan 9786 9169	Thurs	103 B 4
GEELONG	Landy Field, off Barwon Terrace, Geelong Mike McAvoy 0352 532 376	Weds	228 C 7
KNOX	Knox Park Athletic Track, off Rushdale Road, Scoresby Charles McRae 9779 3670	Weds	73 D 7
LATROBE - VALLEY	Joe Carmody Ath. Track, John Field Drive, Newborough Bob Connell 0351 221 558 Vern Curnow 0351 341 809	Tuesday evening	
MENTONE	Dolomore Oval, Cnr. First and Queen Streets, Mentone Ted McCoy 9583 3280	Weds	87 B 6
SPRINGVALE/ NOBLE PARK	Ross Reserve, Memorial Drive, Springvale Tony Doran 9547 7320 Ken Hough 9798 1231	Weds	80 E 12
SWAN HILL	Rhonda Price 0350 376 685 Swan Hill Little Ath's Field	Monday evening	
TOOTGAROOK	Tootgarook Sports Reserve, Truemans Road, Tootgarook Alan Radford / Ken Taylor 0359 855 989	Weds - Winter Sunday - DaylightSaving	169 E 6
********	EDITOR - "Around the Grounds" - 9795 1169 fax 9795 1169 ******** Peter Colthup OAM. LM. 14 Bakers Road Dandenong North 3175		

Australian Association of Veterans Athletic Clubs — Secretary - Brian Foley (09) 339 2716

THE BETTY, ALLAN AND NORM PAGE.

	Date		Venue	Sprint	Mid Dist	Walk	Distance
Sun	3	Oct	Altona	Brimbank Park 2pm, Lwr Car Pk, A'noon T at Burrowes			
"	3	"	Caulfield	Field Games			
"	3	"	Tootgarook	70/300m H/c,	1000m	1200m	8 Km Parlouf Relay
Mon	4	"	Doncaster	60/100m	300m	1500m	2/4 Km
Tues	5	"	Caulfield	100m H/cap	400m H/cap	4 Km	5 Km H/cap
"	5	"	Collingwood	70/300m	1200m	15/30 min	Time Trial R &W
"	5	"	Croydon	50/400mQQQ	1500m	800m/2Km	2/4/6 Km
Weds	6	"	Aberfeldie	Not available - ring manager.			
"	6	"	Geelong	3 Km & 5.75 Km Cross Country			
"	6	"	Knox	100/400m	2000m		3/5/7 Km
"	6	"	Mentone	110m ET	1200m	3/5 Km Tk,	4 Laps Road
"	6	"	Springvale	70m	1500m	3 Km H/c	5 Km H/cap
Thur	7	"	Coburg	70/300m	1600m	1000m	4/8 Km
"	7	"	E Burwood	80m Jav.	3/6x200m	10 minTT/2or4km,	2/4/6 Km
"	7	"	Frankston	100/200m	800m	1600m/4Km	4/6 Km
Sun	10	"	Caulfield	Field Games			
"	10	"	Tootgarook	Great C.C.Run4k/Ride 6K		Run 4K Tk.	4Km C.C. Walk
Mon	11	"	Doncaster	100/200m	600m	3 Km	3/5 Km
Tues	12	"	Caulfield	200m H/cap	1000m	5 Km H/c	5 Km H/cap
"	12	"	Collingwood	120m H/cap	200m/600m	3 Km	3/5 Km
"	12	"	Croydon	300m SLJ ND	70/800m	1500m/2/4Km	2/4/6/8/10 Km
Weds	13	"	Geelong	100m	400m		4Km
"	13	"	Knox	80/200m	1200m		4/8 Km
"	13	"	Mentone	150m	1 Mile	3 Km ET Rd	6 Km Tk
"	13	"	Springvale	150m	500m	1000m	2/4/5 Km
Thur	14	"	Coburg	100m H/cap	1500m/500m		3.5 Km SP. H/c
"	14	"	E Burwood	100mH/C	2x200m800m, SP, HJ,	1200 ET	12 Lap ET 6L W ET
"	14	"	Frankston	60/400m	1000m	1200m/3K	1600m/3/5KM
Sun	17	"	Caulfield	Field Games			
"	17	"	Tootgarook	7am ½ Marathon, 9am 70/300/1000m,			2Km W, 8Km Parlouf
Mon	18	"	Doncaster	60/200m	800m	1500m	3/5 Km
Tues	19	"	Caulfield	100mH/cap	400m	4/15Laps	5 Km H/cap
"	19	"	Collingwood	90/400m	1600m	2 Km	2/4 Km __/Discus
"	19	"	Croydon	100mH/c/200	1 Km, Discus	1 Km H/c	2 Km/& Km H/C/ 1K W.
Weds	20	"	Geelong	3Km & 6.8Km Cross Country			
"	20	"	Knox	400m H/c	1500m .E.D.		10 Lap Sp. H/cap
"	20	"	Mentone	100m H/cap	1000m	2/4 Km Tk	5 Km ET Rd
"	20	"	Springvale	100m	400m	3 Km H/c	5 Km H/Cap
Thur	21	"	Coburg	70/200m	1600m	1000m	4/8 Km
"	21	"	E Burwood	2x50/300m LJ	1500m H/c	800m/3Km	3/5 Km
"	21	"	Frankston	70m/Rel	600m	2K/3200m	2/4/10 Km
Sun	24	"	Caulfield	Field Games			
*** Mon	25	"	Doncaster	60/100m	400m	3 Km	2/4 Km
Tues	26	"	Caulfield	200m H/cap	1500m ET	3 Km	4 Km
"	26	"	Collingwood	110/300m	800m		4 Km SP. H/cap
"	26	"	Croydon	60/QQQ LJ	1500m	1200m/3Km	3/5/7 Km
Weds	27	"	Geelong	100m	1500m		3 Km
"	27	"	Knox	100/300m	3/2x2 mins		15/20/30min TT
"	27	"	Mentone	70/300min ET	1600m	4 Laps Rd	3 Km Tk
"	27	"	Springvale	200m	800m	2 Km	3.1 Km Rd
Thur	28	"	Coburg	100/500m	1500m		5/10 Km
"	28	"	E Burwood	100/200m	600m	600m/4/8L	12Lap/10Km
"	28	"	Frankston	120/200m	800m	1600/2800m	2 Km Rel/3200m
Sun	31	"	Caulfield	Field Games			
"	24	"	Tootgarook	8am Rosebud Pool 400S/4Km Run/400m Swim W/B'fast			
** "	31	"	Tootgarook	70m/100Rel	600m/1500m	1200m PB	5 Km Rd H/cap
Sun	10	"	VIC. VETERANS MARATHON CHAMPIONSHIPS W'MELB MARATHON				

SOUTHERN PENINSULA
AUGUST 99. RESULTS.

SUNDAY 1ST.

IT'S A BEAUTIFUL MORNING FOR SOME EXERCISE AND EVERYONE IS STILL
MPED AFTER LAST WEEKS PARLOUF. AS INDICATED BY 6 PBs AND 3 EQUAL BESTS IN THE
MTR. EVENT. KELVIN BALDWIN & VASILIS POLATIDIS ALSO RECORD SPRINT PBs
OREHAND. BOB JEFFREY RUNS HIS BEST TIME IN THE SECOND OF HIS 1600 MTR. EFFORTS
N EQUALS IT AGAIN IN THE THIRD RUN TO WIN THE MORNINGS TROPHY WITH MINUS 24
ONDS. THE CONSISTENT DENNIS ARDLEY WHO HAD 2 PBs DURING THE EVENT COMES IN
OND WHILE THE UNPLACED JESSICA SIMPSON KEPT HER BEST FOR LAST WITH A MASSIVE
ECOND PB.

WITHOUT DOUBT THE HIGHLIGHT OF THE DAY MUST HAVE BEEN THE 100 MTR. RELAY
NT WHERE A FAMILY TEAM TOOK ON THE REST. WITH SLICK BATON CHANGING THEY
SHED JUST UNDER THE MAGIC MINUTE TO WIN THE RIGHT TO BRAG OBNOXIOUSLY FOR
ONG AS POSSIBLE.

100 MTRS. Heat one.

Vasilis POLATIDIS	15	15:57	PB
Victoria RADFORD	13	15:76	
Meredith RADFORD	38	16:42	
Ken TAYLOR	54	16:67	
Jessica SIMPSON	9	16:94	
Stephan POLATIDIS	62	17:41	
Jackie TAYLOR	52	17.60	
Kelvin BALDWIN	8	19:76	PB

Heat two.

Bryan BALDWIN	39	13:49	
Kevin RADFORD	39	13:82	
Alan RADFORD	48	14:04	
Barry FRY	56	14:24	
Daniel SIMPSON	14	14:89	
Russ CHRISTIE	41	15:06	

1000 MTR. WALK

Lachlan McDONALD	20	4:54	
Alan RADFORD	48	7:49	
Sue SIMPSON	40	7:52	
Jackie TAYLOR	52	8:40	
Lorraine ARDLEY	48	8:40	
Meredith RADFORD	38	8:40	LOCHY LEADS THE BLUE RINSE SET IN THE WALK.

THE 4 X 100 MTR. RELAY

THE FAMILY		
Victoria RADFORD	13	
Meredith RADFORD	38	
Alan RADFORD	48	
Kevin RADFORD	39	**59:79**
THE DUST EATERS		
Vasilis POLATIDIS	15	
Daniel SIMPSON	14	
Dianne HILL	32	
Barry FRY	56	1:02:15
THE NOSE GRIND-EES		
Jessica SIMPSON	9	
Jackie TAYLOR	52	
Ken TAYLOR	54	
Bryan BALDWIN	39	1:03:22
THE TRACK SWEEPERS		
Dennis ARDLEY	52	
Stephan POLATIDIS	62	
Bernard POWNALL	53	
Russ CHRISTIE	41	1:04:55

VERYONE HAS DECIDED, THAT THE SPECIAL EVENT IS ABOUT AS HORRIBLE AS A SUNDAY
RNING CAN GET. HOWEVER I'M PRETTY SURE IT DOES YOU ALL A LOT OF GOOD AND
TAINLY PROVES WHO THE IN-FORM ATHLETES ARE. LAUGHLANS' SET TIME WAS
JEROUS AS HIS PB WAS LATER DISCOVERED TO BE 5:24. BOB JEFFREY WAS BORDERLINE
ATHER TO RUN 1600 OR 2Ks. AND AFTER HIS IMPRESSIVE PERFORMANCE HE WILL
INATLEY RUN 2Ks NEXT TIME. **YES !** THERE WILL BE A NEXT TIME.

SUNDAY 1ST. CONTINUED.....

THE SPECIAL EVENT. 3 BY 1600 / 2000 MTRS. OR 1200 WALK.

	AGE	DIST	SET TIME	1ST RUN		2ND RUN		3RD RUN		RESULT	
Bob JEFFREY	66	1600	**6:55**	6:57		6:42	**PB**	6:42	PB	-0:24	WINNER !
Lachlan McDONALD	20	1200	**5:50**	5:45		5:40		5:44		-0:21	TOO EASY
Dennis ARDLEY	52	2K	**8:17**	8:15	**PB**	8:15	PB	8:08	**PB**	-0:11	3 BESTS !
Jessica SIMPSON	9	1600	**8:00**	8:40		8:02		7:45	**PB**	+0:27	WELL DONE
Stephan POLATIDIS	62	1600	**6:51**	7:24		7:09		6:52		+0:56	ALL QUICKER
Russ CHRISTIE	41	2K	**8:27**	8:41		8:42		8:55		+0:57	ALL SLOWER
Ken TAYLOR	54	1600	**7:07**	7:43		7:44		7:41		+1:47	CONSISTANT
Alan RADFORD	48	2K	**7:55**	8:19		8:32		9:01		+2:07	FADING AWAY
Kevin RADFORD	39	2K	**8:30**	8:45		9:23		9:30		+2:08	TOUGH ASK'
Barry FRY	56	2K	**7:15**	7:59		8:05		8:24		+2:43	TOUGH 400?
Sue SIMPSON	40	1600	**7:27**	8:40		8:28		8:15		+3:02	SAVING IT ?
Bernard POWNALL	53	2K	**8:20**	9:22		9:36		9:11		+3:09	NEEDS A LIFT
Lorraine ARDLEY	48	1600	**8:04**	8:59		9:04		9:43		+3:34	NEEDS A LOT
Jackie TAYLOR	52	1600	**7:05**	8:23		8:13		8:23		+3:44	NEEDS A REST
Meredith RADFORD	38	1600	**8:17**	9:30		9:45		10:36		+4:59	NEEDS A CAR

MANY THANKS TO JOHN SIMPSON FOR LAP COUNTING, TIME KEEPING AND CALCULATING.

SUNDAY 8TH.

BACK TO THE POOL FOR ANOTHER **"DIP - RUN - DIP"** EVENT AND IT'S JUST AS WET ON THE ROAD AS IT IS IN THE POOL. FOUR FIRST TIMERS BROUGHT OUT THE BEST FROM THE REST AS SIX PBs GET RECORDED.

ROSEBUD POOL, DIP - RUN - DIP EVENT.

	AGE	400 SWIM TIME	4KM RUN TIME	400 SWIM TIME	TOTAL TIME		
Graham ANGLISS	37	6:20	15:46	6:37	28:43		STILL NUMBER 1
Sue CLARKE	37	6:26	18:04	6:49	31:19	PF	WE ARE IMPRESSED.
Dianne McGRATH	37	7:08	18:47	7:09	33:04	PF	BETTER THAN EVER !
David APPLEBY	39	7:15	19:14	7:58	34:27	**PB**	A 12 SECOND BEST.
Barry FRY	56	8:13	19:01	8:54	35:58		ALWAYS IMPRESSIVE.
Anton VIGENSOR	15	7:44	20:42	7:56	36:22	**PB**	1:38 BEST TIME.
Vasilis POLATIDIS	15	8:58	19:14	9:06	37:18	**PB**	2:34 BEST !.
Daniel SIMPSON	14	8:13	20:13	8:58	37:24	**PB**	0:35 BEST TIME.
Greg LOVEJOY	57	9:46	17:44	9:54	37:24	**PB**	0:43 BETTERER AGAIN
Jeff JESSUP	47	9:35	18:48	9:46	38:09	**PB**	0:39 PB. AND BEAT KEN
Ken TAYLOR	54	8:13	21:37	8:46	38:36		NO PB & NO GLORY.
Kevin WALSH	42	10:32	18:55	10:14	40:41	PF	CAN'T WAIT FOR NEXT !
Julie BALDWIN	37	8:44	25:17	9:05	43:06	**PB**	0:23 BEST TIME.
Bernard POWNALL	53	11:17	21:56	12:02	45:15		HAD UPHILL SWIM.
Meredith RADFORD	38	9:59	26:10	10:29	46:38		MOST CONSISTENT.
Jackie TAYLOR	52	12:08	24:12	12:31	48:51		B/ STROKE SPECIALIST
Dianne HILL	32	9:09	30:26	10:02	49:37	PF	A RELAXED TRANSITION

SUNDAY 8TH. CONTINUED.

MANY HELPERS RECORD ALL THE SPLIT TIMES AND COUNT ALL THOSE LAPS
RECTLY, (GIVE OR TAKE A FEW) THE BAGGY BATHERS AWARD GOES TO KEVIN WALSH
O MUST HAVE CARRIED 2 KILOS OF WATER INTO THE RUN.
'KY WE WERN'T IN THE BAY OR HE WOULD'VE DREDGED THE BOTTOM FOR SCALLOPS.
DIANNE HILL ENJOYED SUCH A SLOW TRANSITION SHE MAY HAVE SLIPPED BREAKFAST
O IT. MAKING THE INFAMOUS TRANSITIONS OF YOURS TRULY LOOK SUPER FAST !

SUNDAY 15TH.

100 MTRS. Heat one.

Meredith RADFORD	38	15:27	PB
Jackie TAYLOR	52	16:04	PB
Ken TAYLOR	54	16:34	
Jessica SIMPSON	9	16:68	PB

Heat two.

Bryan BALDWIN	39	13:36	
Doug HARRISON	15	14:00	
Russ CHRISTIE	41	14:78	
Kevin WALSH	42	15:66	PB
Rhys BALDWIN	11	16:72	PB
Julie CHRISTIE	40	14.57	sneaky

(Julie tried for a pb BUT ONLY 80 mtrs)

300 MTRS. Heat one.

Ken TAYLOR	54	58:17	
Rhys BALDWIN	11	59:18	
Jessica SIMPSON	9	60:65	PB
Jackie TAYLOR	52	62:63	PB
Meredith RADFORD	38	66.98	

Heat two.

Bryan BALDWIN	39	44:92	PB
Doug HARRISON	15	45:75	PB
Kevin WALSH	42	49:33	
Bernard POWNALL	53	50:81	
Russ CHRISTIE	41	52.25	
Dennis ARDLEY	52	58.46	PB

(wrong heat dennis)

MANY GOOD TIMES IN THE SPRINTS BEFORE THE RAIN. JESSICA STARTS THE DAY WELL
H 2 PBs.

1500 MTRS.

Kevin WALSH	42	5:33	PB
Bryan BALDWIN	39	5:33	
Bill CARR	50	5:44	
Doug HARRISON	15	5:57	
Dennis ARDLEY	52	6:18	
Russ CHRISTIE	41	6:26	
Rhys BALDWIN	11	6:38	PB
Bernard POWNALL	53	7:06	
Ken TAYLOR	54	7:20	
Jackie TAYLOR	52	7:53	
Patricia HARRISON	49	8:32	

2KM WALK.

Heather McDONALD	50	12:13	
Lee POWNALL	YOUNG	13:26	
Jackie TAYLOR	52	13:42	
Maggie GORMAN	58	14:03	
Patricia HARRISON	49	14:60	
Kevin WALSH	42	15:12	
Sue SIMPSON	40	16:47	
Lorraine ARDLEY	48	18:08	
Meredith RADFORD	38	18:08	
Maie WITHERS	YOUNGER		

KEVIN HAS A 22 SECOND BEST TIME TO JUST EDGE OUT BRYAN IN THE 1500 WHILE
UNG RHYS SWIPES 35 SECOND FROM HIS PREVIOUS BEST. PATRICIA MISSES HER 2K WALK
BY ONLY 1 SECOND ! OOOOOOHHHH

THE FINAL EVENT WAS THE 8 LAP SPIRAL HANDICAP. THE IN FORM RUNNERS OF THE
Y, JESSICA & RHYS, CONTINUED ON THEIR MERRY WAY TO FINISH 1ST & 2ND. THE
NDICAPPER STUFFED A FEW START TIMES, SORRY LEE,& MAGGIE. MEREDITH RADFORD
NS THE SENIORS DIVISION AHEAD OF THE FAST FINISHING BOB JEFFREY AND KEN TAYLOR
THE HANDICAPPING WASN'T TOO BAD. (I NEARLY SAID "BOB JELLIE")

THE 8 LAP (3412 MTRS.) HANDICAP

	AGE	HCP	CLOCK	ACT
Jessica SIMPSON	9	5:15	22:23	17:08
Rhys BALDWIN	11	6:30	22:31	**16:01**
Meredith RADFORD	38	2:30	22:55	20:25
Bob JEFFRIE	66	8:00	23:04	**15:04**
Ken TAYLOR	54	6:05	23:17	17:12
Bill CARR	50	9:00	23:28	14:28
Russ CHRISTIE	41	8:40	23:31	14:51
Bryan BALDWIN	39	10:10	23:58	13:48
Doug HARRISON	15	10:10	24:03	13:53
Jackie TAYLOR	52	5:00	24:22	19:22
Lorraine ARDLEY	48	4:20	24:22	20:02
Kevin WALSH	42	10:05	24:22	14:17
Sue SIMPSON	40	5:35	24:42	19:07
Julie CHRISTIE	40	4:15	24:42	20:27
Bernard POWNALL	53	7:50	24:57	17:07
Heather McDONALD	50	7:10	25:19	18:09
Dennis ARDLEY	52	9:25	25:37	16:12
Patricia HARRISON	49	4:55	26:11	21:16
Maggie GORMAN **W**	58	1:30	26:47	25:17
Lee POWNALL **W**	56	2:00	26:47	**24:47**

PBs TO RHYS (1:39) LEE (0:29) & BOB (0:31)
UNPLACED TOP RUNS FROM DOUG, KEN,
OLD BILL, MEDIA HOG HEATHER, AND
DENNIS. (JUST KIDDING ABOUT DENNIS)

THE DAYS HILIGHT MUST HAVE BEEN BARRY PRACTISING LAP COUNTING FROM THE SIDE

SUNDAY 22ND.

A PLEASANT SUNDAY MORNING AT THE JESSUPS' RESIDENCE IS SPENT RUNNING AROUND THE BLOCK. THE YOUNGER ATHLETES SEEM TO HAVE THE WOOD ON THE REST OF US IN THIS EVENT AND THAT WILL CERTAINLY BE ADDRESSED NEXT YEAR. DANIEL SIMPSON ENJOYS VICTORY AGAIN THIS YEAR AND WITH HIS TEAM OF DOUG HARRISON & HEATHER MCDONALD RECTIVED THE CHOCOLATES AWARD FROM JEFF JESSUP.

BEST RUNS FOR THE DAY CAME FROM JEFF WITH HIS 14 SECOND PB IN HIS 1ST LEG, WHILE JULIE & KEVIN BOTH HAVE 0:05 PBs IN THEIR 2ND LEGS.

DANIELS' 0.11 PB IN THE FIRST LEG WAS MATCHED BY STEPHANS' 0.05, KENS 0:03, AND DOUGS' 0:06. RHYS ENJOYED AN 8 SECOND BEST TIME 4TH LEG RUN, WHAT A SNEAK ! A BIT LIKE BILLS 0:06 PB IN HIS THIRD LEG. HEATHER EQUALLED HER BEST IN THE 3RD LEG THEN BROKE IT IN THE 4TH. THE PRESSURE WAS REALLY ON.

THE CONSITENCY AWARD WENT TO BOB JEFFREY, WITH EVERY RUN WITHIN 4 SECONDS. A LUNCH BARBIE WAS ENJOYED BY ALL, THANKS TO BIG JOHN AND ROB & SALLY TAYLOR FOR OFFICIATING. AND TO THE JESSUP CLAN AND NEIGHBOURS FOR PUTTING UP WITH US.

JEFFS' 16.5 KM RELAY DAY. 1.1 KM AROUND THE BLOCK, LEGS.

		AGE	1ST		2ND		3RD		4TH		5TH	RUNS
1ST	Doug HARRISON	15	3:32	**PB**	3:35		3:43		3:55		3:40	
	Heather McDONALD	50	4:35		4:29		4:27	PB	4:25	**PB**	4:30	
	Daniel SIMPSON	15	4:09	**PB**	4:25		4:25		4:24		4:24	
	TEAM TIME -		12:16		24:45		37.20		50.04		62.38	WINNERS!
2ND	Lachlan McDONALD	20	3:32		3:33		3:34		3:50		3:47	
	Rhys BALDWIN	11	4:23		4:21	**PB**	4:22		4:13	**PB**	4:25	
	Ken TAYLOR	54	4:22	**PB**	4:46		4:42		4:46		4:47	
	TEAM TIME -		12:17		24.57		37.35		50.24		63.23	
3RD	Stephan POLATIDIS	62	4:10	**PB**	4:13		4:23		4:30		4:22	
	Jackie TAYLOR	52	4:35		4:46		4:43		4:42		4:42	
	Dave APPLEBY	39	3:34		4:03		3:57		3:55		3:54	
	TEAM TIME -		12:19		25:21		38:24		51:31		64:29	**CONTINUED.**

SUNDAY 22ND. CONTINUED.....

JEFFS' RELAY DAY.

	AGE	1ST	2ND	3RD	4TH	5TH	RUNS
Greg LOVEJOY	57	3:45	3:48	3:50	3:53	3:46	
Julie BALDWIN	37	5:09	5:04 **PB**	5:09	5:12	5:24	
Ian ORR	48	3:57	4:00	4:04	4:05	4:10	
TEAM TIME -		12:47	25:39	38:42	51:52	65:12	
Max BROOK	62	4:07	4:14	4:12	4:27	4:30	
Sue SIMPSON	40	5:03	5:17	5:17	5:30	5:22	
Brian BALDWIN	39	3:26	3:28	3:34	3:37	3:26	**=PB**
TEAM TIME -		12:36	25:35	38:58	52:12	65:30	
Bob JEFFREY	66	4:24	4:25	4:29	4:29	4:25	
Victoria RADFORD	13	4:28	4:54	5:03	5:08	4:44	
Kevin WALSH	42	3:46	3:41 **PB**	4:16	3:57	3:54	
TEAM TIME -		12:38	25:38	39:26	53:00	66:03	
Jeff JESSUP	47	3:59 **PB**	4:00	4:05	4:08	4:09	
Patricia HARRISON	49	5:32	5:49	5:26	5:27	5:26	
Bill CARR	50	3:57	4:05	3:45 **PB**	3:54	4:03	
TEAM TIME -		13:24	27:10	40:26	53:55	67:33	
Bernard POWNALL	53	4:01	4:07	4:10	4:34	4:40	
Meredith RADFORD	38	5:15	5:33	5:35	5:39	5:51	
Alan RADFORD	48	4:02	4:00	3:48 **=PB**	4:04	4:00	
TEAM TIME -		13:18	26:58	40:28	54:45	69:16	
Ray OUGHTON	78	4:58	5:20	5:11	5:08	5:09	
Barry FRY	56	3:59	4:00	3:55	3:53	3:57	
Dianne HILL	32	5:10	5:17	5:12	5:37	5:28	
TEAM TIME -		14:07	28:44	43:02	57:40	72:12	

BARRY, RAY & DIANNE GOT THE ROUGH END OF THE STICK WITH A SLIGHT HICCUP IN TEAM SELECTION PROCESS. ALSO TO BE ADDRESSED NEXT YEAR.

SUNDAY 29TH.

70 MTRS. Heat one.

Victoria RADFORD	13	11:55
Ian ORR	48	12:05
Meredith RADFORD	38	12:49
Greg LOVEJOY	57	12:69 PB
Stephan POLATIDIS	62	12:88

Heat two.

Bryan BALDWIN	39	9:74
Alan RADFORD	48	9:97
Barry FRY	56	10:10
Vasilis POLATIDIS	15	10:46 PB
Rhys BALDWIN	11	12:49 PB

4 x 100 MTRS. RELAY

VICKYS OLDIES

Victoria RADFORD	13	
Stephan POLATIDIS	62	
Barry FRY	56	
Max BROOK	62	1:01:35

THE YOUNG ONES

Meredith RADFORD	38	
Vasilis POLATIDIS	15	
Alan RADFORD	48	
Theresa HARRISON	12	1:01:76

CONTINUED.....

SUNDAY 29TH. CONTINUED.....

800 MTRS.

Bryan BALDWIN	39	2:25 =PB
Barry FRY	56	2:32
Vasilis POLATIDIS	15	2:49
Greg LOVEJOY	57	2:49 PB
Max BROOK	62	2:53
Bill CARR	50	2:56
Ian ORR	48	2:56
Alan RADFORD	48	3:11
Rhys BALDWIN	11	3:15
Stephan POLATIDIS	62	3:21
Theresa HARRISON	12	3:29 PB
Meredith RADFORD	38	4:13
Patricia HARRISON	49	4:14 PB

GREG HAS A 3 SECOND BEST IN THE 800
THERESA 7, AND PATRICIA 6 SECONDS. BRYAN RUNS 2:25 FOR THE THIRD TIME THIS YEAR.

4 x 100 MTR. RELAY. CONT...

THE BLOKES

Greg LOVEJOY	57	
Ian ORR	48	
Bryan BALDWIN	39	
Rhys BALDWIN	11	1:02:88

1200 MTR. WALK.

Patricia HARRISON	49	8:20
Greg LOVEJOY	57	8:21
Ian ORR	48	9:39 PB
Stephan POLATIDIS	62	9:55
Meredith RADFORD	38	9:55
Simone DUFFIELD	14	11:41
Theresa HARRISON	12	11:41

WE GO ROUND & ROUND & ROUND AGAIN IN THE PARLOUF BUT MISS LAST MONTHS TIME BY 18 SECONDS.

THE 6KM PARLOUF RELAY.

TEAM TERRIFIC			TEAM, THE OTHERS.		
Ray OUGHTON	78		Meredith RADFORD	38	
Greg LOVEJOY	57		Vasilis POLATIDIS	15	
Barry FRY	56		Stephan POLATIDIS	62	
Patricia HARRISON	49		Bill CARR	50	
Alan RADFORD	48		Victoria RADFORD	13	
Bryan BALDWIN	39	16:57	Max BROOK	62	
			Ian ORR	48	17:08

TEAM TERRIFIC JUST GETS THE BETTER OF "THE OTHERS" IN THE LAST K. THANKS TO SLICK BATON CHANGING FROM GREG & BARRY. WERE RAYS LEGS GETTING SHORTER OR HA HE ALWAYS BEEN 5 FOOT.

ADVERTISERS WANTED

We have room for a few small advertisements in future copies of 'AROUND THE GROUNDS"
Have you a business you would like the members to be aware of?
By advertising through us, you will be helping to keep our magazine free to members, as well as helping yourself.
The cost to you is very small. For further information, please ring me on 9795 1169.
Peter Colthup - Editor

SPRINGVALE VENUE RESULTS - AUGUST 1999

4/8/99

100 metres Run

1	Valery PHILIPPE	17	12.1	
2	Peter GILLETTE	44	13.4	
3	Lou BUCCIERI	44	15.8	
4	Ray O'CONNOR	61	16.1	

800 metres Handicap Run

			Clock	Actual
1	Frank ALLEN	55	2.41.4	2.37.4
2	Rob CLUTTERBUCK	46	2.45.0	2.22.0
3	Howard REES	51	2.45.4	2.28.4
4	Dave TALBOT	44	2.48.3	2.27.3
5	Charles LEHNE	40	2.49.2	2.12.2
6	Bill IRVINE	51	2.50.0	2.33.0
7	Leigh CASSIDY	51	2.50.3	2.40.3
8	Lou BUCCIERI	44	2.50.9	2.43.9
9	Paul MULLINS	59	2.54.4	2.33.4

2 miles Run

1	John NEWSOM	47	11.11	
2	Paul WINTERTON	44	11.38	
3	Ross MARTIN	47	11.54	
4	Ray O'CONNOR	61	12.04	(Age rec)
5	Tony BARRETT	50	12.17	
6	Bill IRVINE	51	12.32	
7	Theresia BAIRD	57	12.41	(Age rec)
8	Rob CLUTTERBUCK	46	12.41	
9	Peter FIELD	41	12.44	
10	Graeme STEVENS	57	12.50	
11	Ian ORR	47	12.52	
12	Laurie CROUCH	59	13.03	
13	Howard REES	51	13.21	
14	Ian TREGEAR	49	13.23	
15	Juan PEREZ	60	13.32	
16	Laurie TELFER	51	13.49	
17	Lou BUCCIERI	44	13.49	
18	Ken HOUGH	54	14.34	
19	Mick DAVIN	48	14.43	
20	Roland BROWN	58	15.12	
21	Jim SMITH	58	15.32	
22	Jack GUBBINS	70	15.43	
23	Don CORRIE	49	16.01	
24	Ron LITTLE	56	16.01	
25	Reg WILLIAMS	48	16.01	
26	Janine KING	Inv	16.38	
27	Don MOSS	65	16.58	
28	Jenny FIELD	40	19.37	
29	Anne-Marie DeBONO	30	19.37	

11/8/99

1600 metres

1	Rob CLUTTERBUCK	47	5.18.8	
2	Paul WINTERTON	44	5.20.5	
3	Paul MULLINS	58	5.48.5	
4	Bill IRVINE	51	5.50.6	
5	Bill HAINS	36	5.54.9	
6	Theresia BAIRD	57	5.57.5	

11/8/99 cont

1600 metres cont

7	Howard REES	51	6.02.0	
8	Ron LITTLE	56	6.52.2	
9	Roland BROWN	58	7.13.3	

2 km Run

1	Rod ZDANOWICZ	32	6.54	
2	Leigh CASSIDY	51	7.47	
3	Dave TALBOT	44	7.49	
4	Bill IRVINE	51	7.50	
5	Laurie CROUCH	59	8.05	
6	Laurie TLEFER	51	8.16	
7	Howard ROSS	54	8.27	
8	Reg WILLIAMS	48	8.36	
9	Brent Van THOOYAN	Inv	9.00	
10	Roland BROWN	58	9.23	
11	Kevin ONLEY	65	9.35	
12	Jack GUBBINS	70	9.54	
13	Don MOSS	65	10.08	
14	Alan LARKINS	50	10.51	

4 km Run

1	Jim SMITH	58	17.35	
2	Ron LITTLE	56	18.26	

6 km Run

1	John NEWSOM	47	21.41	
2	Neil PILLING	40	22.22	
3	Bruce FERRIER	46	22.44	
4	Ray O'CONNOR	61	24.01	
5	Theresia BAIRD	57	24.42	
6	Alan BENNIE	52	24.42	
7	Graeme STEVENS	57	25.11	
8	Rob CLUTTERBUCK	46	25.25	
9	Ian ORR	48	25.58	
10	Ian TREGEAR	49	26.09	
11	Howard REES	51	26.29	
12	Stan JORDAN	52	26.45	
13	Juan PEREZ	60	26.55	
14	Alan DOUGLAS	53	27.58	
15	Ken HOUGH	54	28.40	

18/8/99

120 metres Run

1	Juan PEREZ	18	15.8	
2	Lou BUCCIERI	44	17.8	
3	Juan PERZ	60	22.3	

400 metres Run

1	Charles LEHNE	40	60.2	
2	Bill HAINS	36	62.8	
3	Paul WINTERTON	44	66.2	
4	Ron MUIR	48	68.3	
5	Howard REES	52	69.1	
6	Leigh CASSIDY	51	73.3	
7	Roland BROWN	58	88.6	

18/8/99 cont

3 km Walk

1	Tony JOHNSON	59	17.58	
2	Jenny FIELD	40	23.05	

5 km Handicap Run

			Clock	Actual
1	Bill HUGHES	66	28.03	21.23
2	Lou BUCCIERI	44	28.14	21.44
3	Roland BROWN	58	28.15	25.15
4	Ian TREGEAR	49	28.22	21.42
5	Peter FIELD	41	28.24	19.24
6	Bruce FERRIER	46	28.24	19.24
7	Howard REES	51	28.28	21.28
8	Alan BENNIE	52	28.32	19.32
9	Theresia BAIRD	57	28.36	20.16
10	Ray O'CONNOR	61	28.39	20.19
11	Rob CLUTTERBUCK	46	28.42	19.52
12	Don MOSS	65	28.45	27.45
13	Graeme STEVENS	56	28.48	21.18
14	Jack GUBBINS	70	29.00	26.30
15	Paul MULLINS	58	29.03	21.03
16	Alan DOUGLAS	53	29.14	22.54
17	Stan JORDAN	51	29.20	22.10
18	Juan PEREZ	60	29.25	23.15
19	Ian KRASKA	43	29.36	22.46
20	Mick DAVIN	48	29.49	24.19
21	Ken HOUGH	54	30.02	24.32
22	Ian ORR	48	30.37	22.37
23	Alan LARKINS	50	31.40	28.40

25/8/99

200 metres Run

1	Ron MUIR	48	29.3
2	Juan PEREZ	18	31.0

1500 metres Run

1	Andrew BOOCOCK	14	4.48
2	Paul WINTERTON	45	4.49
3	Ken BOOCOCK	41	5.01
4	Bill IRVINE	51	5.27
5	Paul MULLINS	59	5.28
6	Graeme STEVENS	57	5.50
7	Juan PEREZ	60	6.36

15 mins Walk

1	Tony BARRETT	50	7 laps 210 m
2	Tony JOHNSON	59	6 laps 305 m

10 mins Run

1	Andrew BOOCOCK	14	6 laps 100 m
2	Ken BOOCOCK	41	6 laps 80 m
3	Leigh CASSIDY	51	6 laps 50 m
4	Stan JORDAN	51	6 laps
5	Bill IRVINE	51	5 laps 270 m
6	Howard REES	51	5 laps 260 m
7	Ken HOUGH	54	4 laps 350 m

15 mins Run

1	Neil PILLIMG	40	10 laps 80 m
2	Bruce FERRIER	46	10 laps 70 m
3	Rob CLUTTERBUCK	46	10laps 60 m
4	Alan BENNIE	52	9 laps 350 m
5	Ray O'CONNOR	61	9 laps 250 m (R)
6	Graeme STEVENS	57	8 laps 250 m

25/8/99

15 mins Run cont

7	Juan PEREZ	60	8 laps 75 m
8	Alan DOUGLAS	53	8 laps 50 m
9	Ron LITTLE	57	8 laps 15 m
10	Kevin ONLEY	65	7 laps 320 m
11	Don MOSS	65	7 laps 300 m
12	Alan LARKINS	50	7 laps 50 m
13	Celia JOHNSON	52	6 laps 40 m

25 mins Run

1	Ian ORR	48	14 laps 240 m
2	Ian TREGEAR	49	14 laps 235 m
3	Jack GUBBINS	70	12 laps 100 m

1/9/99

600 metres Run

1	Tony QUINN	33	1.37.5
2	Charles LEHNE	40	1.37.8
3	Bill HAINS	36	1.42.1
4	John FREAME	48	1.43.7
5	Paul WINTERTON	45	1.43.9
6	Ron MUIR	48	1.50.7
7	Howard REES	52	1.53.7
8	Lou BUCCIERI	44	1.54.7
9	Lee COPLAND	Inv	2.11.1

1600 metres Walk

1	George PATON	57	9.26.4
2	Jenny FIELD	40	11.08.5
3	Vanna WALSH	53	11.57.3

4 km Run

1	Rob ZDANOWICZ	32	13.38
2	John NEWSOM	47	14.02
3	Neil PILLING	40	14.19
4	Charles LEHNE	40	14.36
5	Alan BENNIE	52	14.39
6	Bruce FERRIER	46	14.40
7	Rob CLUTTERBUCK	46	14.41
8	Peter FIELD	41	15.11
9	Neil GRAY	51	15.35
10	Bill IRVINE	51	15.39
11	Ross MARTIN	47	15.40
12	Ian ORR	48	16.05
13	Stan JORDAN	51	16.22
14	Paul MULLINS	59	16.22
15	Howard REES	52	16.27
16	Laurie CROUCH	59	16.46
17	Jim SMITH	58	17.07
18	Ian TREGEAR	49	17.13
19	Tony JOHNSON	59	17.22
20	Lou BUCCIERI	44	17.23
21	Ron LITTLE	56	17.50
22	Dave TALBOT	44	17.59
23	Ian KRASKA	44	18.16
24	Ken HOUGH	54	18.58
25	Reg WILLIAMS	48	19.25
26	Don CORRIE	49	19.26
27	Karl FAUVRELLE	58	19 52
28	Roland BROWN	58	19.52
29	Jack GUBBINS	70	20.26

RESULTS FROM KNOX VENUE - AUGUST 1999

600 METRES SPRINT 4/8/99

	AGE	TIME
Chris Calamatta	46	1.42.6
Noel Fairburn	38	1.43.4
Ivan Tarrant	38	1.44.0
Gerry Moore	32	1.44.5
Phil Kennington	43	1.45.3
Neville Warburton	38	1.46.4
Andrew Watts	43	1.50.0
Andrew Nordhoff	Inv	1.56.9
Darren Richards	30	2.04.9
David Leversha	46	2.11.5
David Wear	52	2.24.9
Chas McRae	66	2.25.2

300 METRES SPRINT 4/8/99

	AGE	TIME
Darren Richards	30	45.91
Andrew Watt	43	46.20
Gerry Moore	32	46.57
Ivan Tarrant	38	47.01
Chris Calamatta	46	47.24
Neville Warburton	38	47.30
Alex Fairburn	Inv	
Craig Fairburn	Inv	

5-10 KM RUN 4/8/99

	AGE	TIME
2Km		
Andrew Nordhoff	Inv	7.27
David Nordhoff	Inv	7.42
Daniel Nordhoff	Inv	9.36
3Km		
Chris Calamatta	46	13.21
5Km		
Graeme Leticq	44	17.28
Peter Nordhoff	42	17.53
Paul Twining	49	18.20
Shaun Calamatta	Inv	18.29
Phil Twining	39	18.56
Ivan Tarrant	38	19.20
David Leversha	47	19.26
David Rolfe	53	19.39
David Wear	52	19.47
Neville Warburton	38	20.09
Bill Long	42	21.13
Lyn Leversha	46	21.29

5-10 KM RUN 4/8/99

	AGE	TIME
5Km		
Anne McPherson	42	21.37
Noel Fairburn	38	22.00
Chas McRae	66	25.55
Angela Kogge	28	27.47
6Km		
Neville Smith	40	30.06
10Km		
Gary Stewart	53	37.52
Phil Kenington	53	39.06
Glen Claiden	45	39.44
Tom Boyd	34	39.52

4 x 2min x 2 11/8/99

J. Green	11laps 310mts
S. Calamatta	
T. Ruddick	
D. Petterson	
A. Watts	11laps 120mts
G. Leticq	
T. Kenington	
A. Nordhoff	
C. McRae	11laps 70mts
P. Kenington	
I. Tarrant	
N. Warburton	
L. Leversha	11laps 30mts
D. Leversha	
C. Calamatta	
D. Wear	

200 METRES SPRINT 11/8/99

	AGE	TIME
Shaun Calamatta	Inv.	26.46
Noel Fairburn	38	27.67
Ivan Tarrant	38	31.57
Jessica	Inv.	32.87
Tony Ruddick	39	34.10
Rachael Watts	Inv.	35.98

RESULTS FROM KNOX VENUE - AUGUST 1999

4-6 KM RUN 11/8/99

2Km	AGE	TIME
Andrew Nordhoff	Inv.	7.46
David Nordhoff	Inv.	8.06
Darrell Peterson	48	8.47
Daniel Nordhoff	Inv.	9.50
Rachel Watts	Inv.	9.51
Andrew Watts	43	9.52
Chas Mc Rae	66	10.07
4Km		
Phil Twining	39	15.29
Chris Calamatta	46	15.39
Neville Warburton	38	15.58
Dave Leversha	47	16.55
Tony Ruddick	39	17.15
Lyn Leversha	46	17.34
Ron Milsome	52	17.48
Paul Twining	49	18.57
Noel Fairburn	38	19.34
Graeme White	53	19.48
Angela Kogge	28	21.55
6Km		
Graeme Leticq	44	22.01
Peter Nordhoff	42	22.20
Phil Kenington	43	23.14
Dave Somers	41	23.54
Carol Buckingham		24.05
David Rolfe	53	25.16
David Wear	53	26.19
Bill Long	42	27.25
Neville Smith	40	27.52

1200 METRES SPRINT N.O.T.18/8/99

	AGE	N.O.T.	ACTUAL
Shaun Calamatta	Inv.	3.57	4.15
Andrew Nordhoff	Inv.	4.20	4.19
Rick Atkins	38	4.19	4.22
David Nordhoff	Inv.	4.20	4.22
Gary Stewart	54	4.20	4.25
Phil Kenington	43	4.21	4.28
Shaun Exton	39	4.30	4.37
Gary Cantwell	39	4.40	4.46
Darren Richards	30		4.53
Andrew Watts	43	4.40	4.54
*Phil Twining	39	4.56	4.58

1200 METRES SPRINT N.O.T.18/8/99 cont

	AGE	TIME	ACTUAL
David Wear	53	4.50	5.02
Neville Smith	40	5.00	5.04
David Leversha	47	5.05	5.16

25 SEC. EST. DIST 18/8/99

Gary Cantwell	39	102 MTS

8 KM RUN H/CAP 18/8/99

4Km	AGE	H/CAP	ACT.	TIME
Shaun Calamatta	Inv.			
Dave Leversha	47			
Gary Stewart	53		16.25	
Lyn Leversha	46		18.24	
5Km				
Rick Atkins	38		20.13	
8Km				
*Peter Nordhoff	42	13.40	29.45	43.25
Graeme Leticq	44	14.10	29.47	43.57
Phil Kennington	43	13.00	31.22	44.22
Dave Somers	40	12.05	32.38	44.43
Phil Twining	39	11.50	32.45	44.35
Shaun Exton	39	11.00	34.01	45.01
Chris Calamatta	46	9.00	34.46	43.46
Tom Boyd	34	12.00	35.00	47.00
Bill Long	42	8.30	36.58	45.28
David Wear	52	10.00	37.34	47.34
Neville Smith	40	7.30	37.45	45.15
Anne McPherson	42	7.00	37.59	44.59

BLEEP TEST 25/8/99

	AGE	LEVEL/LAPS
Peter Nordhoff	42	12.5

5,4,3 min x 3 25/8/99

P.Twining, D. Wear, D. Somers	25L 30M
G.Stewart, N.Smith, Paul Twining	24L 100M
C. Calamatta, D. Leversha, D. Cleary	23L 230M
P.Nordhoff, L. Leversha, G. Claiden	23L 180M
G. Leticq, C. McRae, S. Calamatta	23L
P. Kenington, A. McPherson, S. Bra	

RESULTS FROM DONCASTER VENUE - AUGUST 1999

100 METRE SPRINT 2.8.1999

1	Alan SINCLAIR	49	13.2
2	Phil ROSEVEAR	49	13.5
3	Craig QUILTY	35	14.0
4	Tino FULGENZI	51	14.0
5	Jim SHAND	61	15.4
6	Alex HARRIS	69	17.2

300 METRE SPRINT 2.8.1999

Heat 1:

1	Jim SHAND	61	48.6
2	Tino FULGENZI	51	49.2
3	Paul LYNCH	49	53.5
4	Alex HARRIS	69	56.9

Heat 2:

5	Alan SINCLAIR	49	41.0
6	Gerrard ADRIEN	39	42.4
7	Craig QUILTY	35	44.8
8	Phil ROSEVEAR	49	46.9

1500 METRE RUN 2.8.1999

1	Steve ELLINGHOUSE	Inv.	4.13
2	Alan SINCLAIR	49	5.52
3	Gerrard ADRIEN	39	5.59
4	Craig QUILTY	35	5.59
5	Tino FULGENZI	51	6.01

2KM RUN 2.8.1999

1	Craig QUILTY	35	8.33
2	Tino FULGENZI	51	8.36
3	Paul LYNCH	49	9.10

100 METRE SPRINT 9.8.1999

1	Craig QUILTY	35	12.9
2	Phil ROSEVEAR	49	12.9
3	Tino FULGENZI	51	13.9
4	Jim SHAND	61	14.6
5	Alex HARRIS	69	16.6
6	Jan BURROWS	49	16.7

400 METRE HANDICAP 9.8.1999

			Clock	Actual
1	Phil ROSEVEAR	49	78.4	67.4
2	Jim SHAND	61	79.2	70.2
3	Tino FULGENZI	51	79.8	72.8
4	Craig QUILTY	35	80.2	62.2
5	Gerrard ADRIEN	39	81.0	60.0
6	Alex HARRIS	69	83.8	83.8

1500 METRE RUN 9.8.1999

1	Gerrard ADRIEN	39	5.40
2	Alan SINCLAIR	49	5.46
3	Craig QUILTY	35	6.04
4	Tino FULGENZI	51	6.17
5	Jan BURROWS	49	6.37

100 METRE SPRINT 16.8.1999

1	Phil ROSEVEAR	49	13.0
2	Tino FULGENZI	51	14.1
3	Alan SINCLAIR	49	14.5
4	Bernard BLUMEL	44	16.2
5	Alex HARRIS	69	16.9
6	Bob GRACE	54	17.3

400 METRE HANDICAP 16.8.1999

			Clock
1	Phil ROSEVEAR	49	91.5
2	Tino FULGENZI	51	92.6
3	Jim SHAND	61	92.9
4	Jan BURROWS	49	94.0
5	Alex HARRIS	69	95.4
6	Alan SINCLAIR	49	96.2
7	Antonella WEARNE	32	97.2
8	Gerrard ADRIEN	39	97.4
9	Bernard BLUMEL	44	101.2

1000 METRE RUN 16.8.1999

1	Alan SINCLAIR	49	3.28
2	Gerrard ADRIEN	39	3.31
3	Tino FULGENZI	51	3.46
4	Jan BURROWS	49	4.01
5	Phil ROSEVEAR	49	4.26
6	Alex HARRIS	69	4.26

100 METRE SPRINT 23.8.1999

1	Craig QUILTY	35	12.5
2	Phil ROSEVEAR	49	13.2
3	Tino FULGENZI	51	14.1
4	Bernard BLUMEL	44	14.7
5	Alex HARRIS	69	15.7
6	Doug ORR	76	19.0

200 METRE SPRINT 23.8.1999

1	Craig QUILTY	35	26.3
2	Phil ROSEVEAR	49	27.7
3	Tino FULGENZI	51	30.3
4	Bernard BLUMEL	44	32.3
5	Alex HARRIS	69	33.4
6	Doug ORR	76	40.2

1200 METRE RUN 23.8.1999

1	Alan SINCLAIR	49	4.11
2	Lyn JAMIESON	45	4.26
3	Craig QUILTY	35	4.37
4	Tino FULGENZI	51	4.51
5	Phil ROSEVEAR	49	5.06
6	Andrew JAMIESON (W)	53	5.07
7	Alex HARRIS	69	5.12

100 METRE SPRINT 30.8.1999

1	Craig QUILTY	35	12.5
2	Phil ROSEVEAR	49	13.0
3	Tino FULGENZI	51	13.6
4	Bernard BLUMEL	44	14.3

RESULTS FROM DONCASTER VENUE - AUGUST 1999

100 METRE SPRINT 30.8.1999 Contd.

5	Bob GRACE	54	15.8
6	Jim SHAND	61	16.3
7	Alex HARRIS	69	16.5
8	Kevin McLAUGHLAN	55	18.1

1 MILE RUN 30.8.1999

1	Gerrard ADRIEN	39	6.19
2	Alan SINCLAIR	49	6.25
3	Craig QUILTY	35	6.37
4	Tino FULGENZI	51	6.39
5	Alan BURGOYNE	85	7.00
6	Alex HARRIS	69	7.31
7	Jim SHAND	61	7.43
8	Kevin McLAUGHLAN	55	7.56

600 METRE RUN 30.8.1999

1	Alan SINCLAIR	49	1.38
2	Gerrard ADRIEN	39	1.39
3	Craig QUILTY	35	1.52
4	Lyn JAMIESON	45	1.58
5	Phil ROSEVEAR	49	2.01
6	Jim SHAND	61	2.04
7	Tino FULGENZI	51	2.05
8	Jan BURROWS	49	2.11
9	Alex HARRIS	69	2.18
10	Bernard BLUMEL	44	2.20

PARLOUF RELAY

Inter-venue Challenge

East Burwood

Thursday 18th November 1999

A great night is promised for everyone: sprinters, walkers, runners, spectators and pancake connoisseurs. The program will include a 2km nominate own time walk, a 1600m Parlouf Relay and a 10km Parlouf Relay followed by a fantastic pancake supper. Trophies or prizes for all events.

Please note that the 10km Parlouf is no longer a race just for the competitive or elite runners who are bent on running the fastest time. The Fun Run Section allows for teams of five to run an aggregate distance of 10km to a nominated team time in a minimum of three rounds (i.e. each member must run at least three times). There is no need for Fun Run teams to do 100 x 100 metre sprints like most of the challenge teams.

The program and race rules will be available at your venue by October.

This is a great opportunity to get together with your fellow club mates to enjoy friendly competition and plenty of chat over fantastic pancakes. So please mark the date in your diary and start training **now**.

RESULTS OF MEETINGS HELD AT CAULFIELD – MAY 1999

100M H/C SPRINT – 4.5.99

		Clock Time	H/cap
JUDY CORAM (Inv)	49	11.83	30 Mtrs
HOWARD FOX	52	12.09	6 Mtrs
GLAD WISHART	55	12.34	23 Mtrs
CHARLES PACE	37	12.54	8 Mtrs
LEO CHARLES	65	12.77	16 Mtrs
NYALA MILLAR	57	13.00	16 Mtrs
RON ARTHUR	59	13.22	10 Mtrs
DOMENICO MORINA	60	13.54	26 Mtrs
DON PRITCHARD	49	13.80	10 Mtrs

800 MTRS H/C – 4.5.99

		Clock Time	H/cap
GRAHAM STOCKDALE	57	2.43	20 Secs
DOUG ADENEY	54	2.45	15 Secs
DENIS THORNTON	44	2.46	15 Secs
ALAN SINCLAIR	49	2.48	30 Secs
JENNY STEPHENS	40	2.49	15 Secs
NEV HARTCHER	46	2.53	25 Secs
BOB WISHART	57	2.55	10 Secs
DON McLEAN (Inv)	65	2.57	Go
GEORGE YEOMANS	54	3.00	Go
RON ARTHUR	59	3.04	15 Secs
STEPHEN YOUNG	46	3.08	20 Secs

3K SEALED H/CAP RUN – 4.5.99

		Clock Time	Actual Time
NEV HARTCHER	46	10.19	9.29
RAY O'CONNOR	61	11.43	10.03
JOHN MOORE	Inv	10.44	10.04
GERRY BLANCHFIELD	56	14.07	10.07
IAIN WHITE	42	15.39	10.09
CYNTHIA ELLERY	50	15.45	10.15
DES MIDDLETON	52	12.06	10.16
JOY HERBERT	55	13.54	10.19
WAYNE WILLIAMS	29	10.26	10.26
JEFF MARK	50	13.48	10.28
JIM McLURE	53	11.01	10.31
ANGELA CHILD	36	14.02	10.32
BOB POWER	56	12.13	10.33
DENIS THORNTON	44	12.04	10.34
NINO STANKOVIC	67	14.24	10.39
EDDY STACK	64	15.13	10.43
DOUG WALLACE	58	12.29	10.44
PETER McGRATH	59	14.53	10.53
ALEX SILBER	55	12.55	10.55
LOUIS WASER	52	11.56	10.56
JANE STURZAKER	56	14.17	10.57
MARK BENJAMIN	62	14.28	11.08
ROY STANWAY	65	13.39	11.09
NEIL SALVANO	47	12.32	11.12
GEORGE YEOMANS	54	14.43	11.13
JENNY STEPHENS	40	12.32	11.32
JAN MORREY	59	13.04	11.34
STEPHEN YOUNG	46	14.42	12.42
BETTY MARK	51	19.12	13.42
IMELDA LESBIREL	46	20.07	14.37

5K FINAL H/C RUN – 4.5.99

		Clock Time	H/cap Time
PETER FIELD	41	22.48	18.13
PETER BENCE	49	22.58	18.08
JAN BURROWS	49	23.24	21.54
COLIN MILLER	56	23.42	22.22
TERRY STUBBS	49	23.46	22.05
JIM BERRINGTON	42	23.51	17.51
GRAHAM PHILPOTT	56	23.52	19.27
JANIS WRIGHT	48	23.55	20.50
DAVID JONES	61	23.56	23.36
STEPHANIE ARMSTRONG	37	23.59	19.59
PETER BATTRICK	55	24.02	23.47
DOMENICO MORINA	60	24.06	22.26
KEVIN ARMSTRONG	38	24.11	19.46
PAUL MEREDITH	38	24.12	23.07
KEVIN BROWNE	62	24.18	21.28
JOHN MAHONEY	59	24.27	24.27
ROSS MARTIN	47	24.32	19.07
RHONDA TRENGROVE	51	24.54	24.14

5K Champion Runner for month of April was Peter Field – Congratulations.
Jim Berrington ran the fastest time (PB) for him.
Also PB for Stephanie Armstrong.

2nd was Peter Bence and 3rd Jan Burrows.

5KM H/C WALK – 4.5.99 (Over 60 & Under 60)

		Clock	H/cap
GRAEME DAVIS	49	27.00	28.53
GWEN STEED	56	28.30	29.28
CELIA JOHNSON	51	29.15	29.25
JANET HOLMES	45	29.30	29.32
MARLAINE STANWAY	60	31.30	32.06
SANDRA MIDDLETON	50	33.00	32.08
NICK MOLDAN	43	33.00	39.54
RODNEY FORD	57	33.30	33.08
FRANK WARREN	73	33.30	33.38
MARGARET BEAUMONT	61	33.30	34.22
NATALIE KING	57	34.00	40.27
RON BILSTON	55	35.30	36.09
IAN BEAUMONT	63	37.00	36.39
JENNY FIELD	40	38.00	36.41
RALPH FIELD	85	39.45	39.54
BEV MACKIE	58	42.00	42.44

Winner over 60: Ian Beaumont **Winner Under 60: Jenny Field**

KNOX VETERANS ANNUAL HANDICAP HALF MARATHON

INDIVIDUAL AND TEAM EVENT

WEDNESDAY
8th DECEMBER 1999

6.30PM START

PHYSIOTHERAPY

RUNNING INJURIES

AJPA
AUSTRALIAN PHYSIOTHERAPY ASSOCIATION

PETER BRUCE
Manipulative Physiotherapist
59 Blackburn Road
Mount Waverley
PH : 9802 2294

Have your problem treated by a practitioner actively involved in the sport
(40 years a runner and past State marathon title holder)
Thirty five years of treating athletes from club to elite level.

SPECIAL INTERESTS

- **Low back pain and sciatica / hamstring**
- **Shin splints and Achilles pain (a new approach by active exercise correction)**
- **Foot and heel pain**
- **Runners knee.**

VICTORIAN VETERANS ATHLETIC CLUB INC.1999 MARATHON CHAMPIONSHIP

As for the past few years the 1999 VVAC Inc.Marathon will be conducted as part of the Melbourne Marathon to be held on October10,1999 at Albert Park. Important changes have been made regarding the conditions for the VVAC Marathon so please note carefully the following:

- VVAC members must lodge a Melbourne Marathon entry form,with the associated fee,and indicate on the entry form as to whether you wish to compete in the VVAC Marathon Championship and state your age group.
- There has been a relaxation of the club uniform rule just for this event. VVAC members may wear a uniform other than the club uniform but if you do you must attach the club heart emblem to the front of your singlet. This emblem will be available at the Vic Vets Registration Tent on the morning of the event.
- On the morning of the event VVAC members must report to the Vic Vets Registration Tent set up close to the starting area. Here members are required to;
  - (i) Register which means having your competition number recorded along with your age group and
  - (ii)If you are not wearing the club uniform pick up a club heart emblem and attach to the front of your singlet above the competition number

  NO HEART,NO MEDAL still applies.
- Results will be processed on the day and medal presentations will be held at the Vic Vets Registration Tent after the completion of the event.

Ted McCoy,Club Captain
9583 3280

ADVERTISERS WANTED

We have room for a few small advertisements in future copies of 'AROUND THE GROUNDS"
Have you a business you would like the members to be aware of?
By advertising through us, you will be helping to keep our magazine free to members, as well as helping yourself.
The cost to you is very small. For further information, please ring me on 9795 1169.

Peter Colthup - Editor

Questions anyone?

If you have any inquiries about the Honda Masters Games, Alice Springs the friendly Games Office staff will be happy to help you.

Simply write to:
Games Office, PO Box 1095
Alice Springs NT 0871
or telephone:
(08) 8951 5329 1800 65 8951

or fax:
(08) 8951 5330

RESULTS FROM CROYDON VENUE - AUGUST 1999

DATE TO NOTE: Bush Ranges Classic 100km Relay, Sunday 7 November 1999

800 METRE WALK 3.8.1999

1	Alison THOMPSON	46	4.04
2	Jan WATSON	52	4.36
3	Barrie WICKS	59	4.38
4	Margaret SMITH	60	5.04
5	John RICHARDS	61	5.05
6	Pam RICHARDS	59	5.20
7	Corrie DeGROOT	71	5.32
8	Phyllis GOSBELL	61	5.48
9	Pat CAVANAGH	58	5.55
10	John YATES	71	6.18
11	Beryl WHEELER	64	6.26
12	Lynette HILL	54	6.28
13	Denise SCHOLES-BR'N	56	6.30
14	Kieran SCHOLES	38	7.19

800 METRE RUN 3.8.1999

1	Glenn CLAIDEN	45	2.39
2	Simon BRAUNTHAL	29	2.53
3	Russell OAKLEY	59	2.55
4	Karen TRAVILL	43	2.59
5	Simon TENNANT	32	2.59
6	Kathy SCHLEGEL	36	3.06
7	Tony RUDDICK	39	3.13

Q.Q.Q. HCP HEAT 2 3.8.1999

			Clock	Actual
1	Corrie DeGROOT	71	113.6	113.6
2	Simon BRAUNTHAL	29	116.9	74.9
3	John DANIEL	50	117.6	70.6
4	Glenn CLAIDEN	45	118.1	74.1
5	Simon TENNANT	32	118.8	63.8
6	Kathy SCHLEGEL	36	119.5	84.5
7	Jan WATSON	52	120.0	100.0
8	John YATES	71	120.1	105.1
9	Karen TRAVILL	43	120.1	83.1

2 OR 4KM WALK 3.8.1999

2km:

1	Frank HARGREAVES	58	16.44
2	Lynette HILL	54	17.41

4km:

1	Jan WATSON	52	28.26
2	Pam RICHARDS	59	28.50
	Kieran SCHOLES (9 Laps)	38	30.14

2/4/6/8/10KM RUN 3.8.1999

2km:

1	Kathy SCHLEGEL	36	7.58
2	Carolyn DICKSON	48	8.59

4km:

1	Simon BRAUNTHAL	29	17.35
2	Tony RUDDICK	39	17.36
3	Simon TENNANT	32	18.07
4	Karen TRAVILL	43	18.54
5	Margaret SMITH	60	19.08

2/4/6/8/10KM RUN 3.8.1999

4km Contd.:

6	Barrie WICKS	59	19.30
7	Alison THOMPSON	46	19.31
8	Laurie BLACK	62	19.50
9	Corrie DeGROOT	71	22.51
10	Phyllis GOSBELL	61	23.43
11	John YATES	71	24.05
12	Beryl WHEELER	64	26.10
13	Denise SCHOLES-BR'N	56	26.12

6km:

1	John DANIEL	50	28.44
2	Ron BOYNE	65	30.35
3	Pat CAVANAGH	58	34.37

10km:

1	Saul BAKAITIS	54	38.48
2	Brian SIMMONS	43	38.49
3	Jim INGHAM	53	38.54
4	Rod NEAL	42	39.47
5	Ray MERIDA	55	42.52
6	Andrew TUNNE	41	47.58
7	Al WILLEY	60	50.53
8	Ken MATCHETT	77	54.22
	John RICHARDS (4 Laps)	61	8.05
	Christine SIMMONS (7 Laps)	43	15.04

1200 METRE WALK 10.8.1999

1	Alison THOMPSON	46	6.11
2	Rod NEAL	42	6.34
3	Jan WATSON	52	7.03
4	Barrie WICKS	59	7.10
5	Colin THOMPSON	51	7.43
6	Margaret SMITH	60	7.44
7	Corrie DeGROOT	71	8.10
8	Beryl WHEELER	64	8.27
9	Pat CAVANAGH	58	8.48
10	Phyllis GOSBELL	61	10.33
11	Norm CAMERON	54	10.34
12	Lynette HILL	54	12.01
13	Frank TUTCHENER	71	12.01

1500 METRE RUN 10.8.1999

1	Brad CURTIS	35	5.01
2	Rod NEAL	42	5.02
3	Simon TENNANT	32	5.36
4	Kathy SCHLEGEL	36	5.49
5	Colin THOMPSON	51	6.28

60 SECOND DASH 10.8.1999

	Colin THOMPSON	51	

3KM WALK 10.8.1999

1	Jan WATSON	52	21.22

RESULTS FROM CROYDON VENUE - AUGUST 1999

1, 3 OR 5KM RUN 10.8.1999

1	Kathy SCHLEGEL (1km)	36	3.42

3km:

1	Norm CAMERON	54	14.02
2	Phyllis GOSBELL	61	17.58
3	Frank TUTCHENER	71	17.58

5km:

1	Brian SIMMONS	43	17.52
2	Saul BAKAITIS	54	18.39
3	Brad CURTIS	35	19.13
4	Rod NEAL	42	19.35
5	Ian DUTHIE	55	20.00
6	Ray MERIDA	55	20.20
7	Andrew TUNNE	41	21.24
8	Karen TRAVILL	43	23.22
9	Colin THOMPSON	51	23.27
10	Simon TENNANT	32	23.27
11	Al WILLEY	60	24.06
12	Alison THOMPSON	46	24.36
13	Barrie WICKS	59	24.42
14	Christine SIMMONS	43	24.56
15	Richard TODD	51	25.34
16	Margaret SMITH	60	25.51
17	Dot BROWNE	58	25.52
18	Corrie DeGROOT	71	27.47
19	Denise SCHOLES-BR'N	56	32.29
20	Beryl WHEELER	64	32.30
	Pat CAVANAGH (11.5 Laps)	58	26.08

10 MINUTE NOM. OWN DIST. WALK 17.8.1999

			Actual (L.Mtrs)	Nom. (L.Mtrs)
1	Lynette HILL	54	2.370	3.000
2	Margaret SMITH	60	3.350	3.200
3	Denise SCHOLES-BR'N*	56	3.050	3.050
4	Kieran SCHOLES	38	3.050	
5	Phyllis GOSBELL	61	3.080	3.150
6	Jan WATSON	52	4.060	4.000
7	Beryl WHEELER	64	3.140	
8	Corrie DeGROOT	71	3.250	3.100
9	Frank TUTCHENER	71	2.175	2.100
10	Colin THOMPSON **	51	3.300	3.300
11	Vern GERLACH	74	3.160	3.100
12	Barrie WICKS	59	4.050	4.000
13	Alison THOMPSON	46	4.300	4.200

** Winners Denise Scholes-Browne and Colin Thompson, both "spot on"

50 METRE SPRINT 17.8.1999

1	Simon TENNANT	32	7.6
2	Judy CORUM	49	8.1
3	Colin THOMPSON	51	8.7
4	Frank TUTCHENER	71	9.2
5	Jan WATSON	52	9.9

1000 METRE NOM. OWN TIME 17.8.1999

			Nom.	Actual
1	Rod NEAL	42	3.10	3.10
2	Simon TENNANT	32	3.25	3.17
3	Tony RUDDICK	39	3.30	3.32
4	Simon BRAUNTHAL	29	3.30	3.41
5	Colin THOMPSON	51	3.45	3.46
6	Frank TUTCHENER	71	4.30	4.18
7	Vern GERLACH	74	5.20	4.42

** Winner Rod Neal, "spot on"

200 METRE SEALED HANDICAP 17.8.1999

			Actual	Adjust.
1	Judy CORUM	49	36.1	23.1
2	Simon BRAUNTHAL	29	31.1	26.1
3	Rod NEAL	42	32.3	26.3
4	Vern GERLACH	74	47.5	26.5
5	Frank TUTCHENER	71	38.0	28.0
6	Colin THOMPSON	51	39.3	30.3
7	Tony RUDDICK	39	36.8	32.8

7 LAP NOM. OWN TIME WALK 17.8.1999

			Nom.	Actual
1	Jan WATSON	52	20.00	19.18
	Kieran SCHOLES (10 Laps)	38	30.00	34.09
	Liz FELDMAN (15 Laps)	50	42.50	40.30

10/15 LAP NOM. OWN TIME RUN 17.8.1999

10 Laps:

			Nom.	Actual
1	Simon TENNANT	32	17.40	17.56
2	Norm CAMERON	54	19.10	19.00
3	Carolyn DICKSON	48	19.07	19.03
4	Frank HARGREAVES	59	18.00	19.03
5	Barrie WICKS	59		19.42
6	Margaret SMITH	60	22.20	19.44
7	Phyllis GOSBELL	61	24.36	24.12
8	Frank TUTCHENER	71	24.30	24.12
9	Denise SCHOLES-BR'N	56	24.50	24.53
10	Beryl WHEELER	64	24.48	24.57

15 Laps:

1	Jim INGHAM **	53	23.26	23.27
2	Rod NEAL	42	23.20	23.41
3	Ray MERIDA	55	24.35	24.08
4	Tony RUDDICK	39	25.00	25.05
5	Murray HUTCHISON	50	27.14	25.33
6	Simon BRAUNTHAL	29	26.00	25.56
7	Andrew TUNNE	41	28.00	27.16
8	Colin THOMPSON	51	28.30	28.46
9	Alison THOMPSON	46	30.00	29.18
10	Al WILLEY	60	29.32	29.19
11	Ron BOYNE	65	29.29	30.05
12	Ken MATCHETT	77	33.10	32.07
13	Corrie DeGROOT	71	30.30	34.18

** Winner Jim Ingham, 1 second out

RESULTS FROM CROYDON VENUE - AUGUST 1999

800 METRE WALK 24.8.1999

1	Rod NEAL	42	3.49
2	Tony JOHNSON	59	4.11
3	Celia JOHNSON	51	4.25
4	Jan WATSON	52	4.31
5	Liz FELDMAN	51	5.05
6	John RICHARDS	61	5.11
7	Colin THOMPSON	51	5.16
8	Pam RICHARDS	59	5.17
9	Margaret SMITH	60	5.28
10	Corrie DeGROOT	71	5.34
11	Beryl WHEELER	65	6.00
12	Norm CAMERON	55	6.05
13	Denise SCHOLES-BR'N	56	6.35
14	Phyllis GOSBELL	61	6.35
15	Vern GERLACH	74	6.46
16	Bob LEWIS	71	6.46
17	Keiran SCHOLES	38	7.03
18	Frank TUTCHENER	71	7.36

70 METRE SPRINT 24.8.1999

1	Simon TENNANT	32	9.1
2	Alex HARRIS	69	10.1
3	Rod NEAL	42	10.5
4	Rhondda DUNDAS	54	10.9

BETTY LEIGH MEMORIAL WALK 24.8.1999
3Km Nominate Own Time

			Nom.	Clock
1	Tony JOHNSON	59	15.45	15.49
2	Alison THOMPSON	46	16.30	17.05
3	Rod NEAL	42	17.00	17.24
4	Celia JOHNSON	51	16.58	17.46
5	Liz FELDMAN	51	20.50	19.03
6	Barrie WICKS	59	18.50	19.06
7	Jan WATSON	52	20.17	19.12
8	Murray HUTCHISON	50		20.00
9	Colin THOMPSON	51	20.40	20.16
10	John RICHARDS **	61	20.35	20.39
11	Margaret SMITH	60	22.20	20.54
12	Tom KERR	54	21.05	20.55
13	Ken MATCHETT	77	24.00	21.12
14	Pam RICHARDS	59	20.43	21.15
15	Corrie DeGROOT	71	23.35	21.20
16	Beryl WHEELER	65	23.50	21.22
17	Gerry ROBINSON	60	30.00	22.04
18	Ron BOYNE	65	23.45	22.19
19	Sandra KERR	54	23.46	22.46
20	Norm CAMERON	55	23.30	22.47
21	Bob LEWIS	71	23.28	22.54
22	Richard PIESSE	56	25.30	22.56
23	Vern GERLACH	74	23.46	23.01
24	Chas McRAE	66	25.01	23.48

BETTY LEIGH MEMORIAL WALK 24.8.1999
3Km Nominate Own Time contd.

			Nom.	Clock
25	Ian DUTHIE	55	30.00	23.54
26	Lynette HILL	54	23.00	25.53
27	Glenn CLAIDEN	45	25.30	25.56
28	Russell OAKLEY	59	30.00	25.56
29	Denise SCHOLES-BR'N	56	24.51	26.00
30	Phyllis GOSBELL	61	24.30	26.01
31	Al WILLEY	60	25.30	26.02
32	Penny WILLEY	60	25.30	26.02
33	Peter LEIGH	62	27.40	26.12
34	Cindy FYSH	39	26.25	16.14
35	Karen TRAVILL	43	26.25	26.15
36	Richard TODD	51	25.18	26.23
37	Ian UREN	48	25.20	26.24
38	Andrew TUNNE	41	25.30	26.26
39	Tony RUDDICK	39		26.27
40	Simon TENNANT	32	24.45	26.32
41	Keiran SCHOLES	38	22.30	26.55
42	Rhondda DUNDAS	54	28.50	27.06
43	Dot BROWNE	58	28.00	27.09
44	Laurie BLACK	62	25.06	27.10
45	Michael WATSON	57	45.00	29.03
46	Gwen DAVIDSON	76	40.00	30.01
47	Frank TUTCHENER	71	28.50	30.06
48	Doug ORR	76	31.20	32.17
49	Rita KERR	69	32.00	32.55
50	John KERR	70	31.00	32.56

** Winner of perpetual trophy, 4.6 seconds out
John Richards

Weather fine and mild - a very enjoyable evening.
$277 raised for cancer research

3KM RUN 24.8.1999

1	Tom KERR	54	11.15
2	Tony RUDDICK	39	11.16
3	Glenn CLAIDEN	45	11.21
4	Rod NEAL	42	11.25
5	Ray MERIDA	55	11.40
6	Jim INGHAM	53	11.53
7	Simon TENNANT	32	12.15
8	Kathy SCHLEGEL	37	12.29
9	Richard PIESSE	56	12.41
10	Andrew TUNNE	41	13.32
11	Ian UREN	48	13.33
12	Colin THOMPSON	51	13.35
13	Karen TRAVILL	43	13.35
14	Carolyn DICKSON	48	13.52
15	Russell OAKLEY	59	13.59
16	Bob LEWIS	71	14.07
17	Al WILLEY	60	14.22

RESULTS FROM CROYDON VENUE - AUGUST 1999

3KM RUN 24.8.1999 Contd.

18	Frank TUTCHENER	71	14.34
19	Ron BOYNE	65	14.51
20	Margaret SMITH	60	15.01
21	Richard TODD	51	15.07
22	Barrie WICKS	59	15.27
23	Chas McRAE	66	15.39
24	Corrie DeGROOT	71	16.45
25	Sandra KERR	54	16.49
26	Dot BROWNE	58	16.50
27	Celia JOHNSON	51	16.55
28	Denise SCHOLES-BR'N	56	17.32
29	Keiran SCHOLES	38	17.33
30	Phyllis GOSBELL	61	18.12
31	Liz FELDMAN (Walk)	51	22.01
Norm CAMERON (1km)		55	4.57
Peter LEIGH (5.5 Laps)		62	9.01
Beryl WHEELER (5.5 Laps)		65	11.32

1500 METRE WALK 31.8.1999

1	Jan WATSON	52	8.52
2	Barrie WICKS	59	9.08
3	Colin THOMPSON	51	9.52
4	Margaret SMITH	60	9.54
5	John RICHARDS	61	9.56
6	Pam RICHARDS	59	10.17
7	Beryl WHEELER	65	10.19
8	Corrie DeGROOT	71	10.42
9	Frank HARGREAVES	59	10.47
10	Pat CAVANAGH	58	10.58
11	Joy CURTIS	57	11.10
12	Vern GERLACH	74	11.19
13	Frank TUTCHENER	71	13.58

100 METRE SEALED HANDICAP 31.8.1999

			Actual	Adjust.
1	Ron SMITH	50	15.9	14.3
2	Kevin McLAUGHLAN **	55	16.5	13.7
3	Frank TUTCHENER	71	19.3	14.2
4	Jan WATSON	52	20.2	14.4

** Winner, Kevin McLaughlan

2/4KM WALK 31.8.1999

2km:

1	Jan WATSON	52	13.59
2	Vern GERLACH	74	15.53
3	Joy CURTIS	57	16.40

2/4KM WALK 31.8.1999 Contd.

4km:

1	Frank HARGREAVES	59	27.31
2	Pam RICHARDS	59	31.04

2/4/6/8/10KM RUN 31.8.1999

2km:

1	Simon BRAUNTHAL	29	8.10
2	Peter LEIGH	62	8.28
3	Bob CURTIS	57	8.40
4	Neil GRIFFIN	53	8.42
5	Carolyn DICKSON	48	8.56
6	Barrie WICKS	59	9.45
7	Frank TUTCHENER	71	10.32
8	Ron BOYNE	65	10.45
9	Kevin McLAUGHLAN	55	11.15
10	John RICHARDS	61	11.28
11	Margaret SMITH	60	19.47

4km:

1	John DANIEL	50	19.52
2	Dot BROWNE	58	21.07
3	Beryl WHEELER	65	27.33
4	Denise SCHOLES-BR'N	56	27.34

6km:

1	Richard TODD	51	32.05
2	Corrie DeGROOT	71	34.20

8km:

1	Glenn CLAIDEN	45	31.55
2	Ray MERIDA	55	33.41
3	Colin THOMPSON	51	36.52
4	Ian DUTHIE	55	39.34

10km:

1	Jim INGHAM	53	39.52
2	Murray HUTCHISON	50	47.00
3	Al WILLEY	60	50.25
Rod NEAL (24 Laps)		42	39.07
Andrew TUNNE (26 Laps)		41	49.51

Q.Q.Q. HCP HEAT 3 31.8.1999

			Clock	Actual
1	Frank TUTCHENER	71	113.1	85.1
2	Jan WATSON	52	116.1	99.1
3	John DANIEL	50	116.4	72.4
4	Simon BRAUNTHAL	29	117.1	79.1
5	Colin THOMPSON	51	119.2	86.2
6	Ron SMITH	50	123.8	87.8
7	Kevin McLAUGHLAN	55	131.7	100.7
8	Vern GERLACH	74	135.6	114.6

COLLINGWOOD VENUE
3 AUGUST 1999

70 metres

1	Ray BEALE	55	17.15
2	Lorraine BEALE	57	19.00

1200 metres

1	Mike LEITCH (W/C)	50	3.31.10
2	Ian GAINEY (W/C)	47	3.32.10
3	Ken DUXBURY	45	3.58.70
4	Keith MODY	55	4.06.36
5	Paul BAN	44	4.06.85
6	Westly WINDSOR	55	4.08.43
7	Barry BOYD	55	4.09.70
8	Robert DUNNING	42	4.14.30
9	Jorge TORRICO	51	4.24.85
10	Gary BELL	45	4.35.67
11	Mal BROWN	58	4.39.30
12	Tino FULGENZI	51	4.54.24
13	Alan FRIDAY	55	5.13.31
14	Bryan KELLY	51	5.24.06
15	Shirley YOUNG	69	5.31.05
16	Christine GRIFFITHS (W)	50	8.50.82

300 metres

1	Keith MOODY	55	45.78
2	Jorge TORRICO	51	48.68
3	Denise HARDMAN	49	56.94
4	John PEACOCK	63	64.00
5	Don WARDEN	75	70.56
6	Bryan KELLY	51	71.90

2000 metres

1	Ken DUXBURY	45	7.11
2	Don WARDEN	75	12.22

4000 metres

1	Mike LEITCH (W/C)	50	11.46
2	Ian GAINEY (W/C)	47	11.52
3	Ken SENIOR	53	18.27
4	Ted PAULIN	61	14.35
5	Paul BAN	44	14.38
6	Norm DUFF (8 laps)	68	14.50
7	Jorge TORRICO	51	16.33
8	Westly WINDSOR	55	16.56
9	Rod BAYLEY	53	16.57
10	Mal BROWN	58	17.01
11	Ray HARBERT	60	17.50
12	Bryan KELLY	51	18.21
13	Tino FULGENZI	51	18.37
14	Denise HARDMAN	49	18.55
15	Ian McLEOD	54	18.57
16	Bruce GIBBS	50	19.40
17	John NOONAN	56	21.26
18	John POCOCK	56	21.31
19	Mario MUSCAT	45	21.33
20	Val McLEOD	52	21.42
21	Rob WILSON	54	23.07
22	Christine GRIFFITHS	50	25.40
23	Les CATIONS	41	29.32

8000 metres

1	Barry BOYD	55	30.36
2	Robert DUNNING	42	30.47
3	Gary BELL	45	35.22
4	Len HALLETT	50	36.13
5	John PEACOCK	63	36.24
6	Shirley YOUNG	69	39.19

COLLINGWOOD VENUE
10 AUGUST 1999

110 metres

1	Wasyl DROSDOWSKY	48	16.90
2	Don WARDEN	75	21.92
3	Bryan KELLY	51	24.07

150 metres

1	Ken SENIOR	53	23.65
2	Bryan KELLY	51	24.77
3	Don WARDEN	75	26.68
4	John NOONAN	56	26.75

800 metres Handicap

			Clock	Hcap	Act
1	John PEACOCK	63	4.08.25	1.00	3.08.25
2	Mario MUSCAT	45	4.09.74	1.10	2.59.74
3	Ian GAINEY (W/C)	47	4.14.10	2.00	2.14.10
4	Tino FULGENZI	51	4.15.44	1.20	2.55.44
5	Shirley YOUNG	69	4.16.35	0.35	3.41.35
6	Jorge TORRICO	51	4.17.31	1.38	2.39.31
7	Robert DUNNING	42	4.19.53	1.38	2.41.53
8	Wasyl DROSDOWSKY	48	4.21.89	1.38	2.43.89
9	Ken DUXBURY	45	4.22.15	1.50	2.32.15
10	Gary BELL	45	4.24.59	1.30	2.54.59
11	Mike BOYLEN	59	4.25.21	1.50	2.35.21
12	Barry BOYD	55	4.29.09	1.40	2.49.09
13	Mal BROWN	58	4.29.40	1.30	2.59.40
14	Westly WINDSOR	55	4.35.78	1.45	2.50.78
15	Bryan KELLY	51	4.40.45	1.20	3.20.45

2000 metres

1	Patrick KELLY	Inv	6.56
2	Ken DUXBURY	45	7.13
3	Ted PAULIN	61	7.27
4	Mike BOYLEN	59	7.37
5	John PEACOCK	63	8.20
6	Wasyl DROSDOWSKY	48	8.36
7	Bryan KELLY	51	8.54
8	Bruce GIBBS	50	8.55
9	Mario MUSCAT	45	8.56
10	Denise HARDMAN	49	9.01
11	Ray HARBERT	60	9.36
12	Val McLeod	52	9.52
13	John NOONAN	56	9.58
14	Rob WILSON	54	9.59
15	Don WARDEN	75	12.29
16	Les CATIONS	41	13.51
17	Ray BEALE (W)	55	19.39

4000 metres

1	Ian GAINEY (W/C)	47	12.00
2	Keith LODGE	68	17.16
3	Tino FULGENZI	51	17.[illegible]g PB)

6000 metres

	Ken SENIOR (14 laps)	53	21.37
1	Barry BOYD	55	23.04
2	Robert DUNNING	42	23.50
3	Rod BAYLEY	53	24.49
4	Bill HARRISON	57	24.57
5	Jorge TORRICO	51	24.59
6	Ian McLEOD	54	25.52
7	Mal BROWN	58	26.02
8	Gary BELL	45	26.11
9	John POCOCK	56	29.30
10	Shirley YOUNG	69	29.32

10000 metres

1	Len HALLETT	50	47.05

COLLINGWOOD VENUE
17 AUGUST 1999

90 metres

1	Kim BOWRING	42	14.40
2	Liz MITCHELL	55	15.25
3	Don WARDEN	75	16.40

1500 metres

1	Ian GAINEY (W/C)	47	4.36.97
2	Keith MOODY	55	5.09.40
3	Paul BAN	44	5.09.57
4	Barry BOYD	55	5.17.23
5	Robert DUNNING	42	5.21.16
6	Wasyl DROSDOWSKY	48	5.45.10
7	Gary BELL	45	6.01.89
8	Tino FULGENZI	50	6.12.13

400 metres

1	Keith MOODY	55	1.09.30
2	Ken DUXBURY	45	1.09.72
3	Denise HARDMAN	49	1.19.59
4	John PEACOCK	63	1.27.91
5	Liz MITCHELL	55	1.31.03
6	Don WARDEN	75	1.37.45

3000 metres

1	Patrick KELLY (1lap short)	Inv	8.55
2	Ken DUXBURY	45	10.49
3	Ted PAULIN	61	11.17
4	Paul BAN	44	11.22
5	Rod BAYLEY	53	12.19

6	John PEACOCK	63	12.40
7	Tino FULGENZI	51	12.59
8	Wasyl DROSDOWSKY	48	13.05
9	Mal BROWN	58	13.11
10	Bruce GIBBS	50	13.35
11	Denise HARDMAN	49	13.50
12	Kim BOWRING	42	14.22
13	John NOONAN	56	15.37
14	Rob WILSON	54	15.46
15	Val McLEOD	52	15.51
16	Don WARDEN	75	19.01
17	Les CATIONS	41	20.34
18	Lorraine BEALE	57	25.07
19	Ray BEALE	55	26.27

5000 metres

1	Ian GAINEY (W/C)	47	15.34
2	Barry BOYD	55	18.58
3	Robert DUNNING	42	19.01
4	Westly WINDSOR	55	20.36
5	Gary BELL	45	21.17
6	Keith LODGE	68	21.26
7	Leo JONES	58	23.03
8	Len HALLETT	50	23.34
9	Ray HARBERT	60	23.35
10	Mario MUSCAT	45	23.47
11	John MITCHELL	58	24.29
12	Liz MITCHELL	55	28.59

COLLINGWOOD VENUE
24 AUGUST 1999

120 metres

1	Keith HOWDEN	54	15.98
2	Bryan KELLY	51	19.98
3	Don WARDEN	75	22.44

1000 metres

1	Ian GAINEY (W/C)	47	2.45.06
2	Mike LETCH (W/C)	50	2.46.33
3	Patrick KELLY	Inv	2.59.76
4	Ken DUXBURY	45	3.09.52
5	Robert DUNNING	42	3.21.04
6	Westly WINDSOR	55	3.23.33
7	Ian McLEOD	54	3.23.33
8	Barry BOYD	55	3.23.82
9	Jorge TORRICO	51	3.24.31
10	Wasyl DROSDOWSKY	48	3.37.64
11	Mal BROWN	58	3.44.45
12	Tino FULGENZI	50	3.50.72
13	Bryan KELLY	51	3.54.28
14	Kerry WALKER	Inv	3.54.98
15	Val McLEOD	52	4.40.81
16	Sheila MEYER (Walk)	43	5.54.78

200 metres

1	Keith HOWDEN	51	28.24
=2	Denise HARDMAN	49	34.66
=2	Bryan KELLY	51	34.66
4	Don WARDEN	75	40.46
5	John PEACOCK	63	41.65

2000 metres

1	Bryan KELLY	51	9.17
2	Don WARDEN	75	12.52

4000 metres

1	Mike LETCH (W/C)	50	11.30
2	Ian GAINEY (W/C)	47	11.32
3	Ted PAULIN	61	14.40
4	Paul BAN	44	14.47
5	Jorge TORRICO	51	15.59
6	Ian McLEOD	54	16.43
7	Mal BROWN	58	16.52
8	John PEACOCK	63	16.58
9	Tino FULGENZI	51	PB 17.41
10	Leo JONES	58	17.45
11	Bruce GIBBS	50	18.17
12	Ray HARBERT	60	18.21
13	Mario MUSCAT	45	18.54
14	Denise HARDMAN	49	19.16
15	John POCOCK	56	19.41
16	John NOONAN	56	21.42
17	Rob WILSON	54	21.47
18	Val McLEOD	52	22.29
19	Shirley YOUNG	69	23.03
20	Les CATIONS	41	32.31

6000 metres

1	Barry BOYD	55	22.46
2	Robert DUNNING	42	22.49
3	Rod BAYLEY	53	24.51
4	Bill HARRISON	57	25.49
5	Len HALLETT	50	28.17

COLLINGWOOD VENUE
31 AUGUST 1999
Week 1 Magpie Half Marathon

100 metres Heat 1

1	Keith HOWDEN	54	13.18
2	Bruce GIBBS	50	13.94
3	Keith MOODY	55	16.06
4	Patrick KELLY	Inv	16.60
5	Mario MUSCAT	45	16.68

100 metres Heat 2

1	Glen McELDOWNEY	43	15.24
2	Kirsten SADLER	Inv	16.40
3	Allison DROSDOWSKY	Inv	17.36
4	Keith LODGE	69	18.03
5	Don WARDEN	75	18.34

1000 metres Walk

1	Christine GRIFFITHS	50	6.33.28

1600 metres

1	Ian GAINEY (W/C)	47	4.39.75
2	Patrick KELLY	Inv	5.20.70
3	Robert DUNNING	42	5.39.61
4	Ian McLEOD	54	6.01.79
5	Gary BELL	45	6.23.99
6	Keith MOODY	55	6.24.24
7	Wasyl DROSDOWSKY	48	6.26.16
8	Tino FULGENZI	51	PB 6.32.55
9	Ray HARBERT	60	6.33.28
10	Mario MUSCAT	45	6.34.45
11	Mal BROWN	58	6.36.67
12	John PEACOCK	63	6.37.95
13	Paul BAN	44	7.09.12
14	Robbi CHAPLIN	39	7.09.33
15	Shirley YOUNG	69	7.28.20
16	Les CATIONS	41	10.30.06

200 metres Heat 1

1	Keith HOWDEN	54	27.12
2	Bruce GIBBS	50	28.28
3	Keith MOODY	55	28.74
4	Mario MUSCAT	45	33.54
5	John PEACOCK	63	42.39

200 metres Heat 2

1	Denise HARDMAN	49	34.28
2	Keith LODGE	69	37.21
3	Ian MORGAN	53	40.61
4	Ray HARBERT	60	41.18
5	Don WARDEN	75	41.70

2000 metres

1	Don WARDEN	75	12.50

4000 metres

1	Patrick KELLY	Inv	14.52
2	Keith LODGE	69	16.37
3	Ian McLEOD	54	16.38
4	Rod BAYLEY	53	16.45
5	Mike BOYLEN	59	16.49
6	John PEACOCK	63	17.30
7	Wasyl DROSDOWSKY	48	17.47
8	Tino FULGENZI	51	17.57
9	Leo JONES	58	18.13
10	Ian MORGAN	53	18.20
11	John POCOCK	56	18.29
12	Denise HARDMAN	49	18.49
13	Denny MARTIN	51	18.49
14	Shirley YOUNG	69	19.24
15	Bruce GIBBS	50	19.28
16	Robbi CHAPLIN	39	20.28
17	Paul BAN	44	20.29
18	Val McLEOD	52	20.31
19	Glen McELDOWNEY	43	20.58
20	John NOONAN	56	21.37
21	Mario MUSCAT	45	21.45
22	Rob WILSON	54	21.46
23	Lorraine BEALE	57	27.50
24	Margaret DALHEIM	71	29.59
25	Christine GRIFFITHS (W)	50	30.07
26	Ray BEALE	55	33.20
27	Les CATIONS	41	35.19

8000 metres

1	Ian GAINEY (W/C)	47	25.31
2	Barry BOYD	55	30.35
3	Robert DUNNING	42	30.40
4	Westly WINDSOR	55	34.02
5	Mal BROWN	58	36.06
6	Gary BELL	45	36.59

RESULTS FROM EAST BURWOOD - AUGUST

5/8/99 600 METRE WALK

1 Kerrin BRAITHWAITE	42	3	41
2 Margaret SMITH	60	3	45
3 Phyllis GOSBELL	61	4	43
4 Ken NICHOLLS	67	4	52
5 Tony MARTIN	70	6	05
6 Frank TUTCHENER	71	6	05
7 Grace SMITH	80	6	11

60 METRES HEAT 1

1 Craig QUILTY	35	7	8
2 John DONOVAN	30	8	7
3 Brian TAIT	57	9	2
4 Andrew FRASER	57	10	1

HEAT 2

1 Rhonda DUNDAS	54	10	2
2 Jenny FAWKES	41	12	5
3 Kerrin BRAITHWAITE	42	10	8
4 Eddie STACK	65	11	5

800 METRE HANDICAP

	H'Cap	Clock
1 Craig QUILTY	2 10	4 46
2 Andrew FRASER	2 00	4 46
3 Alan SINCLAIR	2 30	4 48
4 Jenny FAWKES	1.55	4 51
5 Stewart HANDASYDE	2.23	4 51
6 Leo WATSON	1.54	4 52
7 Bob LEWIS	2 00	4 52
8 John SUTTON	1.54	4 53
9 Graham PHILPOTT	2 10	4 54
10 John GREEN	2 00	4 55
11 John DONOVAN	2.08	5 01
12 Lloyd NICHOLS	1.22	5 03
13 John BELL	2.06	5 05
14 Marlene PETROFF	1 30	5 10
15 Brian TAIT	2.05	5 15
16 Doug PETROFF	2.03	5 18
17 Tony MARTIN	1 30	5 19
18 Rob BAULCH	2.08	5 48

300 METRES HEAT 1

1 Craig QUILTY	35	42	6
2 John DONOVAN	30	51	9
3 Eddie STACK	65	56	2
4 Tony MARTIN	71	65	1
5 Marlene PETROFF	57	71	0

HEAT 2

1 John GREEN	54	49	0
2 Doug PETROFF	57	49	6
3 Andrew FRASER	57	55	9

12 LAP RUN, 6 LAP WALK NOMIN. TEAM TIME

1 Denise COMPT	29 10	29	13
Vin O'BRIEN	21 25	21	37
Tony MARTIN	40 00	37	53
	90 .35	**88**	**43**

12 LAP RUN, 6 LAP WALK Cont.

2 Kerrin BRAITHWAITE	17 30	17	0
Annette PELGRIM	22 30	22	17
John HALL	21 00	20	45
	61 00	**60**	**02**
3 Bob LEWIS	21 45	21	09
Michael KENNEDY	20 45	20	38
Ray VALLANCE	21 55	21	24
	64 25	**63**	**11**
4 Ken NICHOLLS	19 24	19	33
John BELL	22 15	21	37
Graham PHILPOTT	19 24	19	13
	61 03	**60**	**23**
5 Rob BAULCH	23 30	24	17
Sam DEFANIS	18 30	18	32
Jenny FAWKES	23 30	23	06
	65 30	**65**	**55**
Margaret SMITH 12 LAPS		24	42

12/8/99 800 METRE WALK

1 Ken NICHOLLS	68	6	06

100 METRE SPRINT N.O.T.

1 John DONOVAN
2 Brian TAIT
3 Don McMAHON
4 Eddie STACK

200 METRES

1 Alan SINCLAIR	49	25	96
2 John DONOVAN	30	30	07
3 Brian TAIT	57	33	15
4 Alex HARRIS	69	34	18
5 Eddie STACK	65	35	37
6 Bob LEWIS	71	44	89

800 METRES

1 Alan SINCLAIR	49	2.27.93
2 Ian DUNDAS	45	2.28.50
3 Bob LEWIS	71	3.00.17
4 Alex HARRIS	69	3.21.55
5 Lloyd NICHOLS	58	3.46.73

2 K WALK, 5 K RUN

	H'Cap	Clock
1 Kerrin BRAITHW W	5.08	13 47
2 Ken NICHOLLS W	8.03	15 30
3 Ewen WILSON		18 03
4 Rob CAHILL	2 00	18 29
5 Graham PHILPOTT	2 30	20 50
6 Stewart HANDASYDE	3 00	21 06
7 John HALL	3.45	21 37
8 Bob LEWIS	4 30	22 27
9 Vin O'BRIEN	5 20	22 29
10 Ray VALLANCE	4 30	22 47
11 Don McMAHON	7 10	24 28
12 Marg DUGUID 11 LAPS		24 43
13 Tony MARTIN	8 00	25 05

RESULTS FROM EAST BURWOOD - AUGUST

2K WALK 5 K RUN Cont.

	H'Cap	Clock
14 Kathy PRESTEGAR	8 00	25 11
15 Leo WATSON	8 30	25 51
16 Marg SMITH	7 30	26 27

19/8/99 80 METRE SPRINT

1 Rhonda DUNDAS	54	13	0
2 Kerrin BRAITHWAITE	42	13	2
3 Judy CORAM	49	13	4
4 Jenny FAWKES	41	13	7
5 Eddie STACK	65	16	9

HEAT 2

1 Peter QUINLIVAN	45	11	1
2 Mark O'BRIEN	40	11	3
3 Brian TAIT	57	11	9
4 Andrew FRASER	57	13	4
5 Doug ORR	76	16	5

1200 METRE WALK

1 Phyllis GOSBELL	61	8	37
2 Shirley COPPOCK	63	8	39
3 Ken NICHOLLS	68	9	35
4 Frank TUTCHENER	71	11	50
5 Bob LEWIS	71	11	50

800 METRE HANDICAP

	H'Cap	Clock
1 Vern GERLACH	Scr	3.28.86
2 Alan SINCLAIR	1.29	3.44.78
3 Leo WATSON	0.51	3.45.69
4 Jenny FAWKES	0.52	3.46.51
5 Stewart HANDASYDE	1.21	3.50.51
6 Lloyd NICHOLS	0.22	3.54.71
7 Mandy LEE	0.43	3.56.01
8 Annette PELGRIM	1.06	3.58.87
9 Andrew FRASER	1.02	4.04.78

2 x 200 METRE RELAY

1 Mark O'BRIEN	40	
Peter QUINLIVAN	45	**58 0**
2 Doug ORR	76	
Alan SINCLAIR	57	**1.06.5**
3 Brian TAIT	57	
Kerrin BRAITHWAITE	42	**1.07.7**
4 Andrew FRASER	57	
Antonella WEARNE	32	**1.08.5**
5 Frank TUTCHENER	71	
Sue SUTTON	53	**1.42.7**

6 LAP WALK, 16 LAP RUN

1 Peter QUINLIVAN 4 laps		6	51
2 Mark O'BRIEN 8 laps	40	10	57
3 Kerrin BRAITHW'TE W	42	17	44
4 Jan BURROWS 10 laps		18	26
5 Shirley COPPOCK W	63	18	45
6 Ken NICHOLLS W	68	19	23
7 Phyllis GOSBELL W	61	20	44
8 Vern GERLACH W	74	20	44
9 Jenny FAWKES 10 laps		22	21

6 LAP WALK, 16 LAP RUN Continued

10 Annette PELGRIM 10 laps		22	21
11 Sue SUTTON 5 LAPS w		22	54
12 Rob CAHILL	40	23	59
13 Sam DEFANIS	51	24	50
14 Graham PHILPOTT	56	25	09
15 Murray HUTCHISON	50	27	12
16 Ray VALLANCE	54	29	18
17 Bob LEWIS	71	30	27
18 John SUTTON	56	30	27
19 John CUNNINGHAM	54	31	28
20 Rob BAULCH	51	33	26
21 Kathy PRESTEGAR	49	36	12
22 Frank TUTCHENER	71	36	12

26/8/99 Torrential Rain All Night

1000 M N.O.T. WALK

	Nomin	Clock
1 Ken NICHOLLS	8.15	8 10

70 METRE SPRINT

1 John DONOVAN	30	9	7
2 Andrew FRASER	57	10	0
3 Mark O'BRIEN	40	10	4
4 Brian TAIT	57	10	7
5 Eddie STACK	65	14	0

100 METRES HANDICAP

	H'Cap	Clock
1 Don McMAHON	7	13 8
2 Andrew FRASER	-1	14 1
3 Eddie STACK	17	14 4
4 Brian TAIT	1	14 4
5 John DONOVAN	Scr	14 4
6 Mark O'BRIEN	Scr	14 9

800 METRES

1 Mark O'BRIEN	40	2	23
2 John DONOVAN	30	3	01
3 Richard PIESSE	56	3	06
4 Bob LEWIS	71	3	09
5 Brian TAIT	57	3	18
6 Don McMAHON	60	3	23
7 Eddie STACK	65	3	36
8 Lloyd NICHOLS W	58	3	58

2/4 K WALK, 4/6/10K RUN

1 Mark O'BRIEN	40	14	45
2 Don McMAHON	60		
3 Ken NICHOLLS W	68	16	08
4 Marie O'BRIEN W	40	17	35
5 Bob LEWIS	71	18	27
6 Glenn CLAIDEN	45	41	20
7 Kathy SCHLEGEL	37	45	0
8 Graham PHILPOTT	56	41	12

RESULTS OF MEETINGS HELD AT CAULFIELD – AUGUST 1999

100M H/C SPRINT 17.8.99

		Clock Time	H/cap
ALAN SINCLAIR	49	11.97	Scr
LEO CHARLES	66	12.19	19 Mtrs
NYALA MILLAR	57	12.34	16 Mtrs
PAUL MEREDITH	38	12.55	17 Mtrs
RAY O'CONNOR	61	12.56	17 Mtrs
ANN HOLCOMBE	52	12.67	16 Mtrs
BRIAN HOLCOMBE	54	12.97	10 Mtrs
DOMENICO MORINA	60	13.18	24 Mtrs
CHARLES PACE	38	13.37	4 Mtrs
EDDY STACK	65	14.52	20 Mtrs

10K EST. TIME – 17.8.99

		Est.	Time
PETER FIELD	41	41.10	41.03
NEIL PILLING	40	37.50	37.43
WAYNE WILLIAMS	29	37.10	37.02
DOUG WALLACE	58	44.00	44.10
GRAHAM PHILPOTT	56	40.30	40.18
JAN BURROWS	49	48.00	48.18
JIM BERRINGTON	43	38.10	37.45
FRANK NEIL	61	42.30	42.04
CASE HUYSMAN	66	48.30	49.01
BETTY MARK	52	60.00	62.35
JOHN MAHONY	59	52.30	51.55
NEIL SALVANO	47	43.45	44.32
JOY HERBERT	56	50.00	50.48
MARK BENJAMIN	62	49.30	50.30
ERNIE STEWART	48	39.30	38.28
PETER McGRATH	59	52.30	51.26
JIM McLURE	53	42.00	40.34
IMELDA LESBIREL	46	58.00	59.37
JOHN WAITE	58	50.00	51.44
DENIS THORNTON	44	43.43	42.00
JEFF MARK	50	49.10	46.57
GERRY BLANCHFIELD	56	51.00	50.45
STEPHEN YOUNG	47	45.00	47.19
PAUL MEREDITH	38	50.30	55.02
CHRIS GRAFEN	35	53.00	47.22
DOMENICO MORINA	60	47.10	47.25
PETER BENCE	49		37.20
DAVID JONES	61		50.20
BILL CARR		6K	29.40
ERIC LESBIREL	48	55.00	DNF
DES MIDDLETON	52	5K	25.50
NEV HARTCHER	46		DNF
DAVID MELDRUM	73	63.00	DNF
JEFF BOOT	43	45.00	DNF

1000 MTRS. H/C – 24.8.99

		Clock Time	H/cap
DOUG ADENEY	55	3.31.60	15 sec
GRAHAM PHILPOTT	56	3.40.66	15 sec
JOHN WAITE	58	3.51.39	GO

400 MTRS H/C – 17.8.99

		Clock Time	H/cap	Actual
RAY O'CONNOR	61	67.42	Go	67.42
ANN HOLCOMBE	52	68.61	1 Sec	67.61
ALAN SINCLAIR	49	69.59	14 Sec	55.59
DON PRITCHARD	49	70.70	3 Sec	67.70
BRIAN HOLCOMBE	54	72.90	3 Sec	69.90

WALK 1600M.TEAM RELAY– 17.8.99

		Time.	Total
CELIA JOHNSON	51	9.13	22.18
NOLA FINN	63	13.05	
SANDRA MIDDLETON	50	9.50	22.32
BEV MACKIE	59	12.42	
JAN GUTHRIE	58	14.36	22.41
TONY JOHNSON	59	8.05	
NATALIE KING	57	11.24	22.48
BEVERLY HUGO	59	11.05	22.51
JENNY FIELD	40	11.46	
VIV CASH	47	10.40	23.14
RALPH FIELD	85	12.34	

5.1K RUN EST. TIME 24.8.99

		Est	Clock Time
WAYNE WILLIAMS	29	18.15	18.08
JIM BERRINGTON	43	18.00	18.13
PETER BENCE	49	17.59	18.59
ROSS MARTIN	47	20.28	19.44
GRAHAM PHILPOTT	56	20.00	19.55
JIM McLURE	53	20.10	20.17
FRANK NEIL	61	21.00	21.18
DENIS THORNTON	44	21.56	21.30
NEIL SALVANO	47	22.15	21.50
DOUG WALLACE	58	22.30	22.34
JEFF BOOT	43	20.30	22.47
ERIC LESBIREL	48	22.30	23.09
SHANE WATERMAN	34	22.00	23.27
DOMENICO MARINA	60	22.55	23.42
STEPHEN YOUNG	47	25.00	24.14
CASE HUYSMAN	60	23.00	24.40
JOY HERBERT	56	24.30	24.46
GERRY BLANCHFIELD	56	25.00	24.45
JOHN MAHONY	58	25.00	25.05
JEFF MARK	50	23.20	25.23
MARK BENJAMIN	62	24.35	25.23
DES MIDDLETON	52	23.25	25.42
PETER McGRATH	50	25.30	25.42
PETER BATTRICK	56	27.00	28.26
JANE STURZAKER	46	27.00	28.35
PAUL MEREDITH	38	23.50	28.35
IAN WHITE	42	30.00	29.09
BETTY MARK	52	30.30	31.29

RESULTS OF MEETINGS HELD AT CAULFIELD – AUGUST 1999

200M H/C SPRINT 24.8.99

		Clock Time	H/cap
DOUG WALLACE	58	32.23	2 sec
ANN HOLCOMBE	52	32.67	2 sec
NYALA MILLAR	58	32.92	2 sec
LEO CHARLES	66	33.25	2 sec
BRIAN HOLCOMBE	54	33.45	5 sec
ALAN SINCLAIR	49	33.68	9 sec
VIVIENNE CASH	47	33.98	2 sec
HOWARD FOX	52	35.85	7 sec
DOMENICO MARINA	60	37.04	GO
EDDY STACK	65	44.87	GO

4KM WALK – 31.8.99

		Actual Time
TONY JOHNSON	52	20.51
PETER FIELD	41	21.00
RODNEY FORD	58	23.33
JANET HOLMES	46	23.34
CELIA JOHNSON	52	23.36
SANDRA MIDDLETON	50	25.51
FRANK WARREN	73	27.16
JENNY FIELD	40	28.58
RON BILSTON	54	30.21
KENNY HILL	56	32.44
RALPH FIELD	85	33.00
NOLA FINN	63	34.47
BEV MACKIE	59	35.01
BEATRICE PALMER (3 Laps)	74	11.3

TEAM RELAY RUN – 31.8.99
2 X 800 MTRS & 2 X 1600 MTRS EACH PERSON

JIM BERRINGTON & GRAHAM PHILPOTT	17.46
NEV HARTCHER AND RAY O'CONNOR	18.11
BILL CARR & STEPHEN YOUNG	18.32
NEIL SALVANO & JOHN WAITE	19.10
DOUG WALLACE & ALAN SINCLAIR	19.13
DENIS THORNTON & JANIS WRIGHT	21.00
PAUL MEREDITH & CASE HUYSMAN	21.29
PETER BATTRICK & PETER McGRATH	22.00
DES MIDDLETON & KEVIN BROWNE	22.02
JUDY WINES & GERRY BLANCHFIELD	23.05
DAVID JONES & JANE STURZAKER	23.08
RHONDA TRENGROVE & PAUL LYNCH	23.37

NOTICE TO ALL MANAGERS

IT IS ESSENTIAL THAT I RECEIVE RESULTS FROM THE GROUNDS BY THE SEVENTH OF EACH MONTH, AT THE LATEST.

PETER COLTHUP. O.A.M.
EDITOR
AROUND THE GROUNDS

3K WALK–H/C 24.8.99

		Clock Time	H/cap	Diff
JANET HOLMES	46	17.40	17.47	0.07
SANDRA MIDDLETON	50	19.10	19.02	0.08
MAUREEN SEEDSMAN	61	19.00	19.27	0.27
NOLA FINN	63	25.15	25.50	0.35
PETER FIELD	41	15.20	16.03	0.43
FRANK WARREN	73	19.25	20.17	0.52
JENNY FIELD	40	21.15	22.12	0.57
JOAN CLARKE	64	23.10	24.12	1.02
RALPH FIELD	85	23.10	24.36	1.26
RODNEY FORD	58	16.50	18.21	1.31

HALF MARATHON Est. Time over 3 Weeks 24.8.99

	EstTime	Time	Diff
GRAHAM PHILPOTT	1.24.00	1.23.51	0.09
JEFF MARK	1.40.00	1.39.50	0.10
JIM BERRINGTON	1.18.30	1.18.45	0.15
JOHN MAHONY	1.47.00	1.46.45	0.15
DENIS THORNTON	1.29.20	1.28.54	0.26
JOY HERBERT	1.44.40	1.45.15	0.35
PETER BENCE	1.18.00	1.18.44	0.44
DOMENICO MARINA	1.38.30	1.39.19	0.49
WAYNE WILLIAMS	1.16.00	1.17.00	1.00
MARK BENJAMIN	1.43.45	1.44.49	1.04
FRANK NEIL	1.26.30	1.28.10	1.40
BETTY MARK	2.15.00	2.12.45	2.46
DOUG WALLACE	1.30.00	1.33.43	3.43
STEPHEN YOUNG	1.35.00	1.39.25	4.25
JIM McLURE	1.21.20	1.25.49	4.29
PAUL MEREDITH	1.44.30	1.53.11	8.41
GERRY BLANCHFIELD	2.10.00	1.45.10	24.50

100 MTRS H/C SPRINT – 31.8.99

		Clock Time	H/cap
BRIAN HOLCOMBE	54	12.02	12 Mtrs
ANN HOLCOMBE	52	12.23	17 Mtrs
HOWARD FOX	52	12.27	4 Mtrs
ALAN SINCLAIR	49	12.52	Scr
NYALA MILLAR	57	12.53	17 Mtrs
LEO CHARLES	66	12.90	14 Mtrs
GLAD WISHART	55	12.92	20 Mtrs
EDDY STACK	65	13.25	23 Mtrs
JOHN WAITE	58	14.20	19 Mtrs

600 MTRS H/CAP – 31.8.99

EDDY STACK	65	2.07	Go
ANN HOLCOMBE	52	2.11	25 Secs
NEV HARTCHER	46	2.23.4	50 Secs
DOUG ADENEY	55	2.23.8	35 Secs
BOB WISHART	57	2.33	35 Secs

SEPTEMBER

PREMIERSHIP

.Can **GEELONG** go back-to-back?
Will **CAULFIELD**s superior numbers move it to the top?
Will **MENTONE** regain the flag?
Can **DONCASTER** make good their boast?
Will a **NEW** venue emerge as premiers?

COLLINGWOOD might be tainted by the AFL hoodoo?
ABERFELDIE could get their act together this year.
E.BURWOOD have always been close.
SPRINGVALE needs a program aimed at the Premierhip.
KNOX — motivate those entries.
FRANKSTON has some high rankers who need support.

ALTONA lends support to Aberfeldie.
CROYDON & COBURG amongst the also-rans, but watch out for surprises.
TOOTGARAOOK is the dark horse, if they can arrange some winter Track & Field.
L.VALLEY & SWAN HILL we welcome their entries & they make a difference to the final rankings.

EVERYBODY has a chance to influence the rankings with their personal results.

More details to VENUE MANAGERS in August.
You know the basic rules - no changes are envisaged.
Get together a program which will enhance your chances.
Get your athletes motivated.

GEELONG VENUE RESULTS
AUGUST, 1999

5000 METRES Div.1.		**04/08/99**
Dave ELWARD	49	16:42
Jeff WALKER	51	17:06
Paul STEWART	39	17:08
Maurice ASHWORTH	37	17:37
Brad SAUNDERS	34	18:48
Michael PANCKRIDGE	37	18:49
Ron CAMPBELL	56	18:50
Gary GIBSON	46	19:38
Neil MCDONALD	42	19:52
Graham MCINTOSH	44	20:46
David WOODS	37	20:59
Horacio PEREIRA	48	21:11
Bob SEAMER	53	21:22
Geoff CORN	42	21:24
Kate HAMMOND	39	21:30
John WILLIGAN	52	21:32
Cheryl EVANS	39	21:38
Tom BLOOD	59	22:03
Brenda RILEY	59	22:17
Joe WEILER	59	22:39
Brian SMITH	41	23:30
Karmel BARTOLICH	31	23:34
Janet MICHAEL	52	23:39
Alan FOOT	56	24:10
Sue STRATTON	49	24:55
Brian WOODS	62	24:58
3000 METRES DIV .1.		
Roma BURHOP	56	12:38
300 METRES		
Stuart TOPLIS	33	47.31
Joe WEILER	59	58.27
Alan FOOT	56	66.46
Brian WOODS	62	71:35
1600 METRES DIV .1.		**11/08/99**
Maurice ASHWORTH	37	4:59
Geoff CLARK (Rec)	50	5:02.48
John JACOBI	35	5:04
Kim HENDERSON	40	5:05
Jeff WALKER	52	5:14
Brad SAUNDERS	34	5:34
Clive PAISLEY	48	5:40
Gary GIBSON	46	5:42
Phil VERNON	38	5:51
Neil MACDONALD	42	6:00
DIV .2.		
David WOODS	37	5:42
John WILLIGAN	52	6:20
Michael SHANAHAN	41	6:25
Kate HAMMOND	39	6:28
Horacio PEREIR	48	6:31
Cheryl REYNOLDS	39	6:35
Tom BLOOD	59	6:38
Karmel BARTOLICH	31	6:39
Brian SMITH	42	6:47
Janet MICHAEL	52	7:02
Sue STRATTON	49	7:16
Alan FOOT	56	7:37
Brian WOODS	62	7:38
Merrilyn CASSIDY	50	7:50
1000 METRES DIV.1.		
Paul STEWART	37	2:59
Geoff CLARK	50	3:07
John JACOBI	34	3:07
Brad SAUNDERS	34	3:18
DIV .2.		
David WOODS	37	3:34
Stuart TOPLIS	33	3:48
John WILLIGEN	52	3:51
Kate HAMMOND	39	3:51
Tom BLOOD	59	3:56
Horacio PEREIR	48	3:58
Cheryl REYNOLDS	39	4:01
Karmel BARTOLICH	31	4:04
Brian SMITH	42	4:10
Sue STRATTON	49	4:12
Brian WOODS	62	4:31
100 METRES		
Paul STEWART	39	13.2
David WOODS	37	14.1
Karmel BARTOLICH	31	15.7
Alan FOOT	56	16.7
Tom BLOOD	59	17.5
Horacio PEREIR	48	18.4
John WILLIGEN	52	19.4
Brian WOODS	62	19.8
4000 METRES Div .1.		**18/08/9**
Dave ELWARD	49	13:14
Geoff CLARK	50	13:26
John JACOBY	34	13:29
Paul STEWART	39	13:31
Jeff WALKER	52	13:36
Maurice ASHWORTH	38	13:53
Brad SAUNDERS	34	14:34
Clive PAISLEY	48	14:36
Ron CAMPBELL	56	14:48
Michael PANCKRIDGE	37	14:54
Phil VERNON	38	15:16
Gary GIBSON	46	15:18
Neil MacDONALD	42	15:29
Div.2.		
Tony BROOKS	42	15:58
Michael SHANAHAN	42	16:30
Horacio PEREIRA	48	16:38
David STEWART	39	16:41
Cheryl REYNOLDS	39	16:50
Brenda RILEY	59	16:53
Tom BLOOD	59	17:14
Kate HAMMOND	39	17:26
Janet MICHAEL	52	18:29
Sue STRATTON	49	18:41
Brian SMITH	42	18:50
Alan FOOT	56	19:10
Steve DAVIES	38	19:22
Brian WOODS	62	19:24
400 METRES Div.1.		
John MOORE	48	58:23
400 METRES Div.2.		
Paul STEWART	39	63.06

GEELONG cont'd

Alan FOOT	56	88:47
Brian WOODS	62	97:98
2000 METRES Div.1.		**25/08/99**
Dave ELWARD	49	6:18
Paul STEWART	39	6:23
John JACOBY	34	6:30
Geoff CLARK	50	6:31
Eff WALKER	52	6:34
Clive PAISLEY	48	6:40
Brad SAUNDERS	34	6:47
Gary GIBSON (pb)	46	7:06
Ron CAMPBELL	56	7:07
Neil MacDONALD	42	7:37
Div.2.		
Paul WEST	31	7:32
Chris COLLEY	48	7:40
Tony BROOKS	42	7:42
John CAULFIELD	51	7:59
Dave STEWART	39	8:00
Bob Seamer	54	8:05
Cheryl REYNOLDS	39	8:13
Horacio PEREIRA	48	8:17
John WILLIGEN	52	8:22
Maurice MARSHALL	57	8:32
Tom BLOOD	59	8:34
Gary STRATTON	52	8:55
Brian SMITH	42	8:59
Steve DAVIES	38	9:28
Jill COYTE	44	9:30
Brian WOODS	62	9:31
Alan FOOT	56	10:01
800 METRES Div.1.		
John MOORE	48	2:16
Dave ELWARD	49	2:19
John JACOBY	34	2:26
Div.2.		
John CAULFIELD	51	2:44
Gary GIBSON	46	2:45
John WILLIGEN	52	2:57
Dave STEWART	39	2:58
Maurice MARSHALL	57	2:04
Horacio PEREIRA	48	3:06
Tom BLOOD	59	3:09
Sue STRATTON	49	3:17
Brian WOODS	62	3:32
Alan FOOT	56	3:38
Bob SEAMER	54	3:38
Brian SMITH	42	3:39
300 METRES Div.1.		
John MOORE	48	42.4
Paul STEWART	39	43.4
Div.2.		
Bob SEAMER	54	52.5
Joe WEILER	59	55.3
Alan FOOT	56	60.1
Horacio PEREIRA	48	62.6
Brian WOODS	62	67.2

MENTONE VENUE RESULTS

4/8/99(cont)

3K E.T. WALK TROPHY

			F.T.
1.	Gill BUTLER	48	19.59
2.	Ian CASSELL	46	15.59
3.	Joan CLARKE	64	24.52
	Fred BROOKS	65	17.53
	Darrel POLGLASE	59	21.46
	Ruth-Mary	62	23.58
	Gordon GOURLAY	70	19.24
	Marlene GOURLAY	47	17.39
	Maureen SEEDSMAN	61	19.05
	Kevin McGRATH	68	24.52
	Michael	34	24.22
	De SALPIETRO	54	19.52
	Anne BONTE	51	24.58
	Nola FINN	63	26.27
	Rae ATKINS	67	21.03
	Beverley HUGO	59	21.37
	Ron HUGO	60	23.36
	Rodney FORD		17.39

11/8/99

8K RUN

1.	Greg WILLIAM	46	31.44
2.	Peter SMART	54	32.41
3.	Ashley PAGE		35.35
4.	Peter WEEKS		36.57

4K RUN

1.	Louis WASER	55	17.09
2.	Jan MORREY	59	17.56
3.	Stephen YOUNG	47	19.02
4.	Rhonda TRENGROVE	51	20.11
5.	Terry OLOUGHLIN	49	20.35
6.	Peter	38	20.50
6.	Doug WALLACE	58	20.50

3K walk

1.	Ian CASSELL	46	16.30
2.	Marlene GOURLAY	47	16.38
3.	Sylvia MACHIN	58	18.50
	John BECK	63	21.14
	Darrel POLYGLASE	59	21.40
	Gordon GOURLAY	70	19.29
	Ern WALKER	85	29.45
	Nola FINN	63	26.49
	Rae ATKINS	67	20.59
	Anne BONTE	51	25.18
	De SALPIETRO	54	20.11
	Ruth-Mary	62	24.05
	Beverley HUGO	59	21.43
	Rodney FORD	58	19.27

MENTONE VENUE RESULTS

7/7/99

2K H/C WALK

			H/C+FT
1.	Anne BONTE	51	9.10
2.	Margaret BEAUMONT		10.2
3.	Ern WALKER	85	10.04
	John BECK	63	10.41
	Ian CASSELL	46	10.38
	Gordon GOURLAY	70	10.46
	Darrell POLGLASE		10.23
	Merrilyn QUANRELL		10.24
	De SALPIETRO	54	10.19
	Jim MACHIN	69	10.55
	Heidi ENGEL	57	10.19
	Janet FORD	31	10.55
	Rodney FORD	58	10.12

21/7/99

1500 METRES

1.	Peter BENCE	49	5.03
2.	Neil BOYLE	45	5.10.6
3.	Dick JEFFREY	56	5.31.1
4.	Ross KENT	56	6.11.9

60 METRES

1.	Glad WISHART	55	9.75
1.	Gordon GOURLAY	70	9.75

4K WALK

	Fred BROOKS(6L)	65	14.16
	Ian CASSELL	46	22.26
	Gordon GOURLAY	70	26.32
	Maureen SEEDSMAN		26.06
	Rodney FORD	58	22.53
	Michael (2K)	34	17.23

6.7K ROAD E.T. TROPHY

1.	Peter WEEKS		28.22
2.	Peter SMART	54	26.29
3.	Louis WASER	53	28.55
	Neil BOYLE	45	26.26
	Laurie COLLARD	42	29.50
	Ray KEMP	71	31.18
	Sonya McLENNAN	47	31.13
	Greg MAULDON	61	31.31
	Don McLEAN	65	34.04
	Ashley PAGE	58	29.33
	Terry OLOUGHLIN	49	36.09
	Rhonda TRENGROVE		34.04
	Stephen YOUNG		33.23

28/7/99

1.	Peter BENCE	49	4.09.4
2.	Neil BOYLE	45	4.10.3
3.	Col WARING	53	4.19

MENTONE VENUE RESULTS

28/7/99(cont)

3K WALK

1.	DE SALPIETRO	54	20.46
2.	Beverley HUGO	59	21.00
3.	Ron HUGO	60	23.12
	Kevin McGRATH	68	24.44

5K WALK

1.	Ian CASSELL	46	27.34
2.	Marlene GOURLAY	47	29.25
2.	Rodney FORD	58	29.25
3.	Maureen SEEDSMAN	61	32.13
	Sheila HUNTER	59	26.07
	Joan HAMILTON	63	25.38
	Nola FINN	63	25.38
	Anne BONTE	51	23.24
	John BECK	63	35.35
	Vi CASH (5 1/2L)		15.32

10K RUN

1.	Neil BOYLE	45	38.57
2.	Peter SMART	54	40.10
3.	Ashley PAGE		44.44
4.	Sonya McLENNAN	47	45.03
	Age Track Record		

5K RUN

1.	Peter BENCE	49	19.05
2.	Peter WEEKS		19.23
3.	Louis WASER	53	21.13
4.	Doug WALLACE		21.39
5.	Jan MORREY		22.11
6.	Ray KEMP	71	22.53
7.	Don McLEAN	65	23.38
8.	Rhonda TRENGROVE		24.36
9.	Peter McGRATH	59	24.40
9.	NinoSTANKOVIC	68	24.56
10.	Terry OLOUGHLIN	49	25.54
11.	Sylvia MACHIN	58	26.17
12.	Jan GARRARD		28.11

4/8/99

800 METRES

1.	Ross KENT		2.32.
2.	Neil BOYLE	45	2.35.
3.	Jan MORREY	59	2.56.

5K RUN

1.	Neil BOYLE	45	18.5[illegible]
2.	Peter SMART	54	18.5[illegible]
3.	Sonya McLENNAN	47	22.21
4.	Doug WALLACE	52	22.3[illegible]
5.	Ray KEMP	71	23.2[illegible]
6.	Paul LYNCH		23.5[illegible]
7.	Sylvia MACHIN	58	26.1[illegible]
8.	Terry OLOUGHLIN	49	27.1[illegible]

ABERFELDIE VETERNS VENUE 4th AUGUST 1999

100 METERS

1.	Travis Mclelland	Inv	16.30
2.	Doug Ramm	64	16.35
3.	Sandra Tomlinson	51	18.72
4	Luke McLelland	Inv	20.91
4.	Peter Onofretchook	46	20.91

50 METERS

1.	Doug Ramm	64	8.22
2.	Sandra Tomlinson	51	11.48
3.	Mark Simmons		14.32

4000 METERS

1.	Mark Chandler	39	18.02

5000 METERS

1.	Danny Hawksworth	Inv	18.16
2.	David Pottage	49	20.07
3.	Ken Fuhhrmeister	43	20.37
4.	Margaret Cassidy	55	22.23
5.	Rhonda Hircoe		23.00
6	Peter Shone		24.59
7.	Sandra Tomlinson	51	34.00

500 METERS

1.	Brian Maranelli	44	1.37
2.	Travis McLelland	Inv	1.47
3.	Peter Onofretchook	46	1.59
4	Dennis Sinmont		2.00
5.	Luke McLelland	Inv	2.01
6.	Danny Hawkeworth	Inv	2.02
7.	Rachell Trevaskis	Inv	2.03
8	Sandra Tomlinson	51	2.31

3000 METERS

1	Luke McLelland	Inv	10.23
2.	Rob Watkins		11.08
3	Howard Gibson	51	12.12
4.	Dennis Hughes		12.22
5.	Travis McLelland	Inv	13.11
6.	Lesley Gillespie	38	16.02

Great to see Peter Shone back running with also well done to Sandra Tomlinson on her first 5km.

ABERFELDIE VETERANS VENUE 11th AUGUST 1999

70METERS

1	Paul Torrini	34	10.53
2	Chris Brown	Inv	10.59
3	Sandra Tomlinson	51	12.65

1000 METERS

1	Mark Simmons	37	3.35.50
2	Bernie Angel	45	3.36.06
3	Lesley Gillespe	38	4.37.60
4	Marlene Simon	52	5.12.47
5	Sandra Tomlinson	51	5.45.25

5000 METERS

1	Brian Marantelli		19.42
2	Howard Gibson	51	19.59
3	Joe Brown	51	20.23
4	Bill Page	68	22.40
5	David Pottage	56	20.57
6	Bernie Angel	45	21.49
7	Robb Watkins	31	22.29
8	Warren Hamilton - Richie	Inv	22.32
9	Margaret Cassidy	55	22.34

400 METERS

1	Mark Simmons	37	1.07.56
2	Paul Torrini	34	1.10.00
2	Chris Brown	Inv	1.10.00
2	Craig Brown	Inv	1.10.00

3000 METERS

1	Danny Hawksworth	Inv	10.05
2	Luke McLelland	Inv	10.35
3	Joe Caruana	56	11.43
4	Dennis Hughes	44	12.02
5	Travis McLelland	Inv	13.24
5	Peter Onofretchook	46	13.24
6	Bill Turner	49	13.38
7	Marlene Simon	52	17.58
8	Sandra Tomlinson	51	19.13

18th AUGUST 1999

100 METERS

1	Chris Brown	Inv	14.19
2	Paul Torrini	34	14.32
3	Craig Brown	Inv	14.34
4	Gary Weir	49	14.56
5	Doug Ramm	64	16.56
6	Sandra Tomlinson	51	19.10

1500 METERS SPIRAL HANDICAP

Sandra Tomlinson	8.45	8.54
Marlene Simon	8.31	8.25
Rebbeca Trevaskis	7.49	8.40
Duncan Hamilton - Richie	6.38	6.48
Bill Page	5.35	6.48
Peter Onofretchook	5.30	5.51
Ken Fuhrmeister	5.15	5.25
Bernie Angel	4.48	5.19
Danny Hawksworth	4.33	4.51
Travis McLelland	5.30	5.57
Brian Marantelli	4.45	5.08

6000 METERS

1	Warren Hamilton- Richie	Inv	26.49
2	Bill Page	68	28.00

300 METERS

1	Gary Weir	49	47.81
2	Paul Torrini	34	47.82
3	Craig Brown	Inv	48.00
4	Chris Brown	Inv	48.13
5	Bernie Angel	45	49.01
6	Doug Ramm	64	57.30
7	Marlene Simon	52	74.78
8	Sandra Tomlinson	51	80.19

2000 METERS

1	Mark Chandler	39	8.16
2	Rhonda Hircoe		9.33

4000 METERS

1	Joe Brown	51	16.54
2	Danny Haeksworth	Inv	17.02
3	Ken Fuhrmeister	44	17.21
4	Robb Watkins	31	18.24
5	Peter Onofretchook	46	18.26
6	Margaret Cassidy	55	18.59
7	John Kondogonis	37	19.57
7	Stephanie Kondogonis	Inv	19.57
8	Duncan Hamilton - Richie		20.00

ABERFELDIE VETERANS VENUE 25th AUGUST 1999

80 METERS

1.	Chris Brown	Inv	9.97
2.	Gary Weir	49	11.13
3.	Doug Ramm	64	13.44
4	Lorraine Woodman	62	16.09

400 Meters

1.	Chris Brown	Inv	58.84
2.	Gary Weir	49	69.28
3	Mark Radcliff	40	72.71
4.	Doug Ramm	64	84.53

4000 METERS

1.	Bernie Angel	44	15.42
2.	Danny Hawksworth	Inv	16.12
3.	Howard Gibson	51	16.40

1200 METERS

1.	Brian Marantelli	44	4.07
2.	Joe Caruana	56	4.33
3.	Leslie Gillespie	38	5.35
4	Rachell Trevaskis	Inv	6.07
4.	Danny Hawksworth	Inv	6.07

2000 METERS

1.	Machelle McLelland	38	8.14

3000 METERS

1.	Joe Caruana	56	12.00

5.6k METERS

1.	Brian Marantelli	44	22.50

6000 METERS

1.	Graeme Hewitt	53	22.45
2.	Ken Fuhermeister	43	24.49
3	Peter Shone		26.58
4.	Margaret Cassidy	55	27.27
5.	Bill Page	69	28.10

FRANKSTON VENUE

100 metre sprint 5.8.99

1	Peter TUCKETT	40	12.20
2	Dale BRUCE	39	12.25
3	Graeme RICHARDS	54	12.76
4	Ian MACARTHUR	58	13.51
5	Katja NEMARIC	Inv	14.42
6	Daniel BRUCE	Inv	14.79
7	Sarah	Inv	15.19

1600 metre run 5.8.99

1	Gordon LOUGHNAN	47	7.34

200 metres sprint 5.8.99

			E.T	A.T
1	Tony NEMARIC	47	28.03	28.17
2	Peter TUCKETT	40	25.00	25.16
3	Dale BRUCE	39	25.20	25.40
4	Ian MACARTHUR	58	28.50	28.13
5	Chloe EDWARDS	Inv	28.96	29.53
6	Graeme RICHARDS	54	26.40	27.77
7	JimSTRICKLAND	68	47.3	52.97
8	Kees ZWYNENBURG	70	1.25	1.16.78
	Sarah	Inv		31.96

4000 metre WALK 5.8.99

1	Syd ELKS	74	28.40	28.23
2	John HALLO	57	24.40	24.15
3	Stan ROSS	61	26.50	27.16
4	Jean LEGGETT	63	29.20	28.43

5000 metre run 5.8.99

1	Tom LANE	44	19.40	19.41
2	Allan ALDERSON	48	19.20	19.15
2	Mick O'RYAN	49	19.30	19.25
4	Ian MUIR	55	22.00	21.52
5	Charlie MALLIA	50	19.25	18.50
6	Peter ELLIS	48	23.04	23.41
7	John WALLACE	55	21.00	23.42
	Peter WHITE	30		18.36

2000 metre WALK 5.8.99

1	Kathy WESTHORP	38	13.07	
2	Sylvia ROSS	60	14.32	
3	Kees ZWYNENBURG	70	15.50	
4	Bevan DAVIS	70	16.16	
5	Julie BRUCE	38	16.31	
6	Mary ELKS	71	16.54	
	Jayne CARTER	48	11.56	4 laps
	Ern WALKER	85	11.56	4 laps

FRANKSTON VENUE

3000 metre run 5.8.99

1	Garry ANDERSON	47	11.09
2	Rowland BRICKLES	53	11.11
3	Ken WHYTE	52	11.30
4	David PAINTER	56	11.42
	Gary MEYER	44	13.05
	George SYMONS	51	14.06
	Rowan WHITE	Inv	11.08

800 metre run 5.8.99

1	Charlie MALLIA	50	2.40
2	David PAINTER	56	2.41
3	Gary MEYER	44	3.17
	Jarryd BRUCE	Inv	3.27
	Dale BRUCE	34	3.27
	Gordon LOUGHNAN	47	3.33
	Rowan WHITE	Inv	2.24
	Peter WHITE	Inv	2.24
	Peter ELLIS	48	71 secs
	(400)		

60 meter sprint 12.8.99

1	Peter TUCKETT	40	7.50
2	Graeme RICHARDS	54	7.53
3	Dale BRUCE	39	7.72
4	Ian MACARTHUR	58	8.38
5	Daniel BRUCE	Inv	9.34

2000 metre run 12.8.89

1	David PAINTER	56	7.29
2	Ivn KRASKA	44	7.52

400 metre sprint

1	Rowan WHITE		56.08
2	Peter TUCKETT	40	56.16
3	Dale BRUCE	39	56.53
4	Peter WHITE	Inv	58.19
5	Ross KENT	57	1.01
6	Peter ELLIS	48	1.07.21
7	Graeme RICHARDS	54	1.07.50
8	Ian MACARTHUR	58	1.15.35
9	Chloe EDWARDS	Inv	1.08.90
10	Angela SEERS	Inv	1.12.13
11	Sarah RISELEY	Inv	1.14.94

FRANKSTON VENUE

200 metres sprint 19.8.99

1	Peter tuckett	40	24.76
2	Dale BRUCE	39	25.21
3	Peter WHITE		25.81
4	Graeme RICHARDS	54	26.94
5	Peter ELLIS	48	28.63
6	Bronwen LOIZOU	38	29.00
7	Clare GOUGH	Inv	29.27
8	Gabby LOIZOU	Inv	30.76

2 K WALK 19.8.99

1	Stan ROSS	61	13.05
2	Denise LEGGETT	40	13.54
3	Jean LEGGETT	63	14.06
4	Marg McCORMACK	54	14.09
5	Sylvia ROSS (PB)	60	14.21
6	Bevan DAVIS	70	15.31
7	Jayne CARTER	48	15.32
8	Kees ZWYNENBURG	70	15.41
9	Cath LEATHAM	56	15.56
10	Julie BRUCE	38	16.43

4800 metre run 19.8.99

1	Mick MACKEY		18.06
2	Peter WHITE	30	18.08
3	Allan ALDERSON	48	18.36
3	Rowan WHITE	Inv	18.36
4	Mick O'RYAN	49	18.39
5	Ian MUIR	55	19.20
6	John WALLACE	55	23.06
7	Lindsay BEATON	49	23.08

2400 metre run 19.8.99

1	Gary MEYER	44	9.26
2	David PAINTER	56	11.19

600 metres sprint 19.8.99

1	David PAINTER	56	1.53
2	Peter ELLIS	48	1.54
3	Bob FREEMAN	52	2.15
4	Syd ELKS	74	2.31
5	Jarryd BRUCE	Inv	2.36
5	Dale BRUCE	39	2.36
7	Graeme RICHARDS	54	2.22
8	Sandra HOWARTH	36	2.33

FRANKSTON VENUE

2400 metre WALK 12.8.99

1	Kathy WESTHORP	38	15.23
2	Stan ROSS	61	15.58
3	Sylvia ROSS	60	17.26
4	Ken WILLIAMS	68	18.30

4000 metre run 12.8.99

1	Charlie MALLIA	50	14.51
2	Allan ALDERSON	48	15.10
3	Peter WHITE	30	15.16
4	Mick O'RYAN	49	15.18
5	Garry ANDERSON	47	15.34
6	Gary MEYER	44	15.42
7	Ian MUIR	55	15.56
8	Gaorge SYMONS	51	18.24
9	Bob FREEMAN	52	19.14

1000 metre run 12.8.99

1	Peter WHITE		3.23
2	Dale BRUCE	39	3.24
3	Charlie MALLIA		3.31
4	Jarryd BRUCE	Inv	4.49
4	David PAINTER	56	4.49
	Peter ELLIS	48	2.05
	(600 m)		

100 metre sprint 19.8.99

1	Peter TUCKETT	40	11.91
2	Dale BRUCE	39	12.28
3	Graeme RICHARDS	54	12.43
4	Clare GOUGH	Inv	13.61
5	Bronwen LOIZOU	38	13.78
6	Katja NEMARIC		13.80
7	Chloe		13.88
8	Jay		14.00
9	Gabby LOIZOU	Inv	14.33
10	Daniel BRUCE	Inv	14.48
11	Sarah		14.69
12	Ad		14.88
13	David PAINTER		14.91
14	Bob FREEMAN		15.29
15	Syd ELKS	74	15.30
16	Sandra HOWARTH	37	16.93
17	Jim STRICKLAND	68	21.32

10th Oceania Veterans Championships
Norfolk Island January 16-23, 2000

URGENT - URGENT - URGENT

The Games Organisers have advised that accommodation will be a problem. It is very limited and they have already received many booking enquiries. Do not think this popular event is still too far away and you will book later on. If so you will very likely miss out.

Because of possible shortages, AAVAC will not be taking "Expressions of Interest" and then arranging a group booking later but instead all those interested should make individual accommodation requests NOW directly to either:

- **JCT Travel, Level 3, 45 Grenfell Street, Adelaide 5000 (Phone Karen Hearn on 1800 150122) Karen of course will also be able to arrange all your air flight requirements as well.**
- **Organising Committee, Oceania 2000 Box 158 Norfolk Island, NSW 2899 You can also E-mail your requirements to Norfolk Island on: games@worldtraders.nf There is also a web page which has a preliminary program and entry form on it as well as other details. Check on: http://oceania2000.nf**

Frank Roger, Travel Director AAVAC (Phone 0883328815)

OCEANIA 2000 10th Oceania VETERAN GAMES

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Athletics Norfolk Island
For:
The Oceania Association of Veteran Athletes

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VICTORIAN VETERANS ATHLETIC CLUB

IDEAL DAIRIES

ANNUAL BUSH-RANGES CLASSIC

100KM RELAY

SUNDAY NOVEMBER 7TH 1999

START AND FINISH AT KNOX PARK ATHLETIC TRACK
Knox Park Rd (Off Rushdale St) Knoxfield (Melways 73D6)

The course consists of 20 x approx.5km legs
Through the districts of U.F.T.Gully, Upwey, Tecoma, Belgrave, Selby, Menzies Creek, Clematis, Emerald, Cockatoo, Avonsleigh, Kallista, and back down to Menzies Creek towards home

START TIMES 8.00am 5km Average Time - Over 27min
8.30am 5km Average Time - 20 to 27min
9.00am 5km Average Time - Under 20min

(The 5km Average time is the average best 5km time of)
(the five runners.)

TEAM SECTIONS ARE BASED ON TEAMS COMBINED AGES :-

1 CHAINGANG - Teams of 5 including at least 1 female
(Combined ages to be not less than 195 years)

2 BUSHRANGERS - Teams of 5 including at least 1 female
(Combined ages to be over 244 years)

3 PURSUERS - Teams of 5 including at least 1 female.
(Any team with an under 30 competitor, or)
(Any team of less than 195 years combined ages.)

Prizes will be awarded to the winning section teams, and a H/cap prize will go one of the non award winners.

.....

ENTRY FORM

TEAM CAPTAINS NAME .....
ADDRESS.....
.....
.....POSTCODE.....
TEAM NAME.....

ENTRY FEE = $25,00 PER TEAM -
SEND $5 WITH ENTRY FOR INFORMATION PACK
(PAY THE OTHER $20 ON THE DAY OF THE RUN.)

Send this entry form to -
Ray Callaghan, 6 Yvonne Ave, Sth Croydon 3136
(Cheques to be made payable to Victorian Veterans Athletic Club Inc.)