



*Vic Vets*

NEWS AND RESULTS

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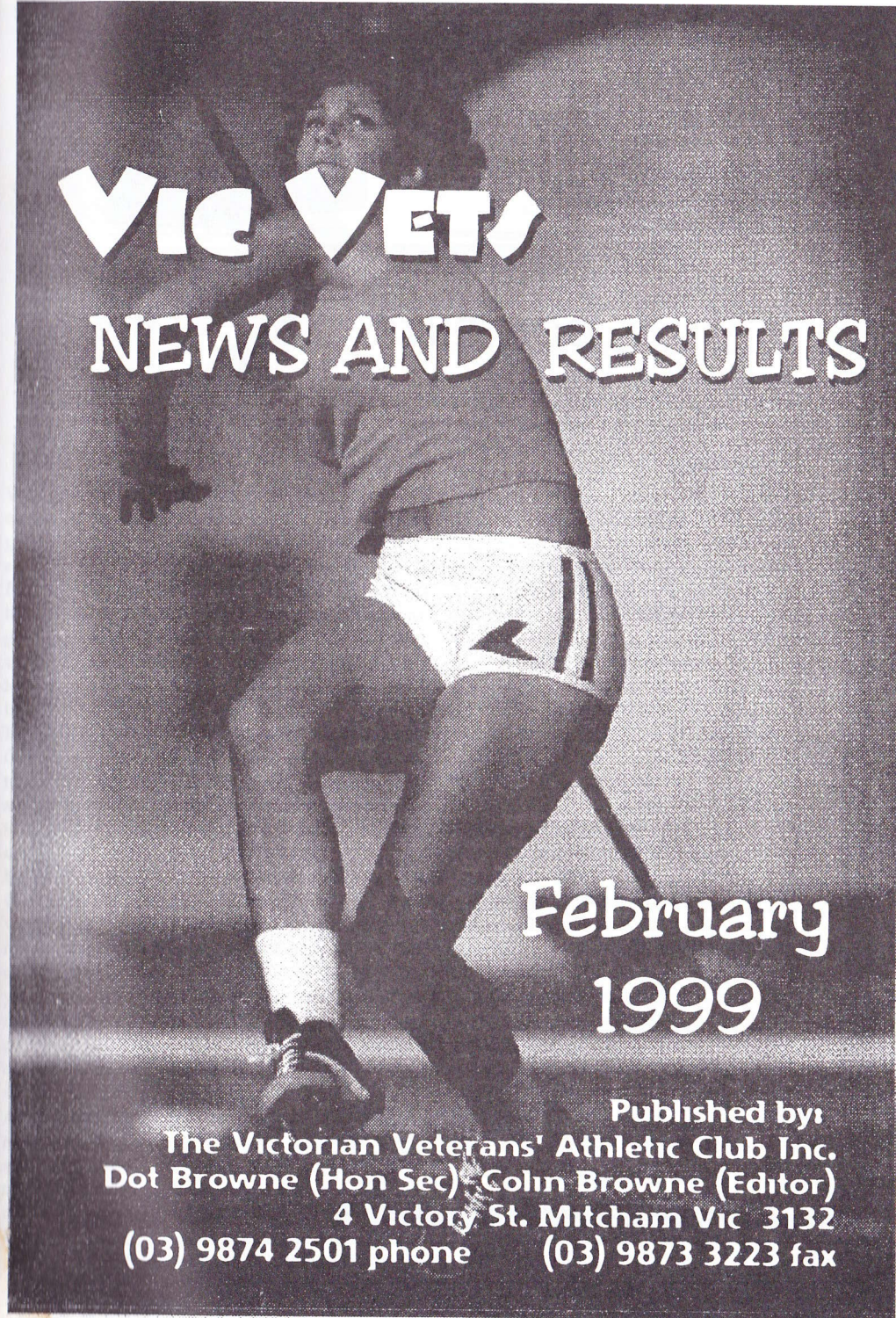
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# VIC VETS

## NEWS AND RESULTS



February  
1999

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## CONTENTS

COVER	1.
CONTENTS	2
EDITORIAL	3
LETTERS TO THE EDITOR	4-9
IN MEMORIAM	
Lindsay MacGregor	
Jim Bannon	10
ROUND AND ABOUT	11-12
ARTICLES	
Jan Watson's story	13-14
Marathon History by Keith Routley	22
History Again by Mark Purvis	29
VICTORIAN RECORDS	15-21
PHOTOSPREAD	
Tony Johnson at the Square Dance	18-19
EVENT REPORTS	
Mike O'Neill Memorial Challenge by Ted McCoy	23-25
Portland Three Bays Marathon by Ken Matchett	26
Lindsay Thomas Memorial Run by Alan Bennie	27
Andy Salter Memorial Road relays by Colin Browne	28-29
M 70 4X400m Record Attempt by John Gosbell	30
COMING EVENTS	
Veteran 1 Mile Graded Challenge	30
Post- Gateshead Visit to Ireland	31
Calendar	32-33
COMMITTEE MEMBERS AND VENUE DETAILS	35



## Editorial

Well here we go down another new year. It seems a quiet start but no doubt the pace will escalate as we go. Entries are rolling in to Ray Callaghan for the state championships, we have sent out bundles of entry forms for the national championships at Canberra to the venues. If you don't go to a venue and need one, give me a ring. Despite AAVAC advising that there should not be a pentathlon, Canberra has done some lobbying and obtained agreement to hold one. It will be on the Sunday of the Easter weekend.

Entries are starting to come in to me for Gateshead. Once again, if you need an entry booklet and are not travelling with JCT and the Australian group, I can supply you with a booklet. If you are going with the team contact Frank Rogers on 08 8332 8815. In either case the entry form must come to me for accreditation before March 29th. By the way, uniforms for Gateshead are currently a headache. AAVAC has a vacancy on its board for a person who would take responsibility for stocking, advertising, taking orders and delivering the official AAVAC merchandise. If you would take on the job and want more information, ring Peter Crombie on 02 9977 6884. We are pretty desperate about that. Being on the board involves a couple of meetings a year, and taking part in some very interesting decision making.

Astrid Rose reports that the subs for the new year are rolling in. She has had about 500 to this date. Those who have voted on their form for or against AAVAC changing its name to 'Masters' number about 200 for and 150 against. Younger members tend to vote for and older ones against. We will give you the final

figures next issue. The committee has to make up its mind at the next meeting, February 8th. Nothing is ever clear cut, is it?

Venues are back in full swing. Venue managers are due for re-election or replacement at this time of year. I haven't heard of any changes yet, although Garry Crole and Richard Trembath took over from Jim Shand towards the end of last year at Doncaster. Thanks a million Jim, it was something we really wanted, to get Doncaster started and you did a great job. Members in the area might try even harder to support that venue as the numbers are not that large yet. Garry has a letter with some ideas about that in this issue. Throwers can get coaching from Graeme Rose there. Graeme tells me that the throwers are continuing their normal program of weight pentathlons and individual events on the Sundays at Caulfield. Some of the older guys are attempting to break American records for throwing heavier than WAVA implements.

Walkers are into it at Albert Park. The walking confraternity is very saddened by a couple of losses in recent weeks. Jim MacGregor and Jim Bannon both passed on. Very sad. On a warmer note, Jan Watson has donated a kidney to her daughter, and Clyde Riddoch's vivacious wife Rose has presented him with a daughter, Eleanor Alice. And Heather McDonald's life has taken a happier turn since she met Billy Carr. Further details of these events in this issue.

Clyde has given me the lists of Victorian records to publish. It may take a couple of months to get it all in the magazine, but we have made a start. Which reminds me, we have had another birth in the family. VVACI now has a web site. Its name is Vic Vets, and it lives on the internet at this address:

<http://www.vicnet.net.au/~vicvets/>

It was like a birth because it took about nine months from conception, it was accompanied with great labour pains, and when it emerged there was great joy and satisfaction. Have a look at it and pass the address around. It also has the Victorian records in it, as well as lots of information about the club.

If you want to know Australian or World records, they are contained in AAVAC's web page. The address of that one is

<http://tip.net.au/~dfry/aavac.html>

or you can get it by just clicking the button on my Vic Vets Links page. There are lots of other very interesting links to athletics home pages on the Links page.

Have a good year, and support your club. Cheers -

*Colin Browne*



# Letters to the Editor

Farnborough, Kent, UK

Dear Colin & Dot,  
Happy New Year to you both. The "Poms" are looking forward to meeting you all at Gateshead. I'm in constant touch with Roy Foley and Jan Davies supplying them with information. Enjoy your summer, and tennis. The weather here is wet, gales and minus two degrees! The only training we can do is in the gym, as the throwing areas are water-logged. I think you are in the best place. I look forward to hearing from you..

Peter Barber  
(Hammer 65 yrs, ex-Doncaster AC and Roy Foley's throwing group.)  
PS Won the M65 British hammer throw championship last year in a new British record of 42.43m.

\*\*\*\*\*  
Dear Colin,

I'd like to bring to your attention the extraordinary help given to me by members of the Caulfield venue. A couple of months ago my home was like - the only thing preventing me from comparing it to a pigsty is the fear of libel action by the pork fraternity. Thousands of books and many years of rubbish and countless purchases at garage sales (one of my many weaknesses) made a residence bursting at the seams and only accessible through the back door.

At this juncture I shall mention the members who dramatically changed the situation. Starting with the ladies - the age of chivalry still lingers on - the prime mover in the whole operation was Joy Herbert. Joy started the ball rolling, working tirelessly herself and inspiring others. Then Margaret Marion brought her considerable knowledge and expertise in antiques - myself excepted

- in sorting out the accumulation. Margaret also took home and laundered at least 100 articles of my wearing apparel. It's great to open a cupboard and view as-new T shirts I had long forgotten I possessed.

I can't help thinking that over recent decades my hair has become whiter and my curtains darker. Penny Hall put a halt to this, taking all the curtains home and returning them - after about five washings - in excellent condition. Don't know about my hair though!

Then Bev Mackie, that ball of energy, hopped on to the job and sorted things out quick smart. Meanwhile Janet McLure helped everyone to keep things going, and last but not least, Marlene Gourlay, a human dynamo in running her own business, put the finishing touches to the kitchen.

First and foremost among the fellows was - and still is - Leo Charles. Leo amazes me. He, amongst other countless other things, obtained, cut and laid a new linoleum in the kitchen, cut and laid wall to wall carpet in two rooms and the hallway, repaired the back porch and painted the borders of all outside windows.

Then Kevin Marion sorted out anything of resale value and took it to the market in his vehicle, and dug right around the house to right the drainage of the home. His son, Jim, a real workaholic, cut and trimmed all trees and shrubs, anything that looked like either of those, or might turn into either. He transformed the Moylan Street jungle into the Bentleigh botanic gardens.

Now we come to the kitchen, the transformation of which was largely due to the artistic efforts and plain hard work of the very capable "Van Gogh", better known to club members as Ray Kemp. The whole-hearted assistance of Jim McLure helped make this an outstanding effort, and to top it off the fine work of Mike Hall gave an added professional look to an accomplishment very well done.

My heartfelt thanks to the above friends and others who offered to help. By the way, all this work was done without thought of recompense. In fact, as a result of Kevin's many trips to the auction room, he presented me with a cheque for a considerable amount. To sum it all up, I now face a new life in a new home, thanks to the Caulfield vets!

Andy Smith

Dear Dot

\* item 1 In response to the editorial re name change. I feel that we should keep in line with the world body W.A.V.A.. Should they change then we surely must follow, if W.A.V.A. remains then we stay as is. However if the argument that was put in favour of a change to MASTERS is valid, then A.A.V.A.C. should lobby W.A.V.A. to make the appropriate change. Please feel free to consider my vote, as asked for on the green subs reminder note, by interpretation of the above.

\* item 2 Please, please, please let us not upset the marathon runners in 1999 by insisting that the full Vets (or is it MASTERS?) uniform must be worn in the Melbourne Marathon. Yes we should be seen out there in our colours, but for many vets runners who have become Spartans it is a difficult choice. Could we not wear our vets number on the back, or have a separate entry form? This must be resolved before August/September 1999 as there were many vets that did not receive the recognition they deserve and should not miss out next time just because of a uniform clash.

\* item 3 I thank for my lovely bronze medal, indeed a great surprise, won in the 1998 Melbourne Marathon M-50 age group. However my medal has no inscription of when, where or what for. I think if we are interested to honour our place getters then we should do it properly by having the medal engraved for the occasion. We do have an engraver in our membership, John Morris, and I'm sure he would be willing to give a quotation for engraving.

\* item 4 Could I suggest that an advert be placed in Primary and Secondary newsletters recruiting new membership. There are many parents who realise the necessity to get fit in order to keep up with their children and the school newsletter gets read by both sexes and often grand parents particularly in the primary years.

Thank you for all your work throughout 1998 and best wishes f 1999.

Westly Windsor

\*\*\*\*\*

Dear Col

Having just read Kevin Cassidy's 1998 Traralgon Marathon story (N & R October) might I make comment and request acceptance of my apologies should I have misinterpreted his statement that the event could be the "longest running in Victoria and possibly Australia".

Maybe it's a generational problem but surely Kevin must realise that there was a world before 1968, and Victorian, Australian, country and V.M.C. championships which incorporated interstate or Games selection trials have been conducted since at least as far back as 1950. Former leaders in the sport, Fred Lester and Les Perry, could have considerable knowledge of the early 1950s scene and our club's Frank Tutchenor was a 1950s competitor and quite successful too.

It is of interest to me that Traralgon's 1998 field numbered only 24. My second marathon run, the 1960 state champs, numbered 21 starters and all names were listed in the "Herald" sporting pages of the night before the event. I once asked Les Perry how many started in his first marathon. His answer - five.

Present day addicts could be interested to learn of some of the "rules of the game" of past years: Courses were all out and back, medical checks beforehand, no drinks until seven miles and then at five mile intervals, no women or kids, and termination of the race after 3 hours 30 minutes. This last ruling was deemed as reasonable under the simple belief that one was unfit and venturing into dangerous territory if failing to better that time. In fact very few ever failed to better that 3:30 limit.

To add to our woes specialised road running shoes (no foam insoles then) could be only obtained if custom made and at about two weeks of pay and the threat of a marriage breakdown.

Carbohydrate loading was not thought of seriously and so the "footballer's" pre-race diets of steak and eggs, egg flips and salt tablets were mandatory for the unscientific.

Small fields produced mile upon mile of the lonely long distance runner, and Kevin's mention of Traralgon's unkind weather recalled some of my past.

No early starts either - always about 12.30 or 1.00pm when the sun could be at its best - but not for fun runners.

My curiosity prompted research and I unearthed the results of my only Traralgon effort: 1st June 1975, age 51, time 2:56:54 and in the 8th staging of the event. Traralgon's club could have well been the innovator for local as compared with championship events and it is quite an achievement in still maintaining a worthy tradition started by enthusiasts like Richard Jeffrey and the Thompsons and producing a great performer like Gary Henry. May they continue to do so. With season's greetings

Keith Routley

\*\*\*\*\*

The letter on the right was received from the Manningham City Council. Anyone who feels that they could help should ring Catherine Walker on  
**03 9840 9333**  
or fax  
**03 9848 3110**

Postal address is  
PO Box 1  
Doncaster VIC 3108

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**VOLUNTEERING FOR FOOD SERVICES**  
**(MEALS ON WHEELS)**

Manningham Food Services (Meals On Wheels) is seeking Volunteers to deliver meals to residents in the community. Not only do the volunteers deliver meals, but they provide social contact to clients who may not otherwise have contact with other people from the community.

Anyone interested in becoming a volunteer may commit themselves to deliver meals either once a week, once a fortnight or even once a month between the hours of 11.00am - 1.30pm.

Volunteers receive training through group sessions and guest speakers which aim to provide information and build confidence in delivering the service.

Volunteers come from all walks of life but what they share in common is the desire to work for their local community, are non-judgmental, honest and conscientious.

Volunteering may not be for everyone, but people are free to go out with one of our existing volunteers and experience what it is like to be involved with meal deliveries before committing themselves to our service. The location of our kitchen is at 901 Doncaster Road East Doncaster

Our services has expanded and we are now finding it difficult to keep up with the demand with new clients. We also require volunteers to assist with social activities that we provide to our clients throughout the year.

If you require further information about our service please do not hesitate to contact the Food Services Coordinator, Catherine Walker on 9840 9384. I am able to talk to you individually or to your social or sporting group about the roll we play in the community of Manningham.

22 December, 1998

Dot Browne  
4 Victory St  
Mitcham 3134

Dear Dot,

We at the Doncaster venue thought we would drop you a little note to discuss the direction of the venue and our plans for increasing attendances, asking for your support in assisting such growth.

Firstly, we believe we have been tagged the "SPRINTERS" venue! We are not the "SPRINTERS VENUE" and are in need of "Vets" who would like to run on a Wednesday night on what we believe is the best surface and venue facilities for distance athletics in the Association.

Clearly we support the SPRINTERS but we would like all venues to understand that we see DISTANCE and FIELD EVENTS as where the numbers are, forming the lifeblood of the Association.

In an effort to promote the venue, we would like to invite runners to two SPECIAL EVENTS that we have planned. Firstly on the FIRST Wednesday in MARCH, we will be having a 3km HANDICAP. The venue has attracted SPONSORSHIP from FINANCIAL PLANNERS Gary Honey (Ex Olympian) and Murray Browne (Collingwood and Victorian AFL Footballer) of the MONEYPLANNERS, who will be in attendance to award a prize to the winner and person closest to their estimated time.

Our second event is on the FIRST Wednesday in APRIL, which will be a JOINT WALKERS/RUNNERS TIME TRIAL on the same terms as our 3km event with the prize for the NOMINATED TIME and the HANDICAP WINNER of the 2 MILE DISTANCE winning a prize.

Apart from our SPECIAL EVENTS, the venue like most others has at least two DISTANCE, one FIELD and two SPRINT EVENTS each night and we are currently seeing between 15 - 20 attendees each Wednesday from 7:15pm. We hope that by the end of 1999 our numbers are up around those of EAST BURWOOD, CAUFIELD, COLLINGWOOD, MENTONE and GEELONG and we can provide the Association with increasing numbers of new members coming into the new century.

Our goal in 1999 is to move from our 3<sup>rd</sup> place in the venue championship in 1998 to the TOP. We look forward to your continued assistance, appreciating that some of the new faces our venue has gained has been as a result of your referrals.

Yours faithfully



GARRY CROLE  
Joint Venue Manager Doncaster Venue



Dear Dot,  
Dear Colin,

I have the pleasure informing you that the Oceania Veteran Games Committee has allocated the 2002 Games to Geelong.

We are very proud of our achievement and hope that we can call upon the Club for some support when staging the Games.

Enclosed is a copy verifying the above fact.

Yours sincerely



(Rudi Hochreiter)  
Games Coordinator

Dear Rudi

## 2002 OCEANIA VETERAN GAMES

The OAVA Council held its annual meeting at Norfolk Island over the weekend. As I advised you previously one of the major items on the agenda was to finalise the allocation of the 2002 Oceania Veteran Games.

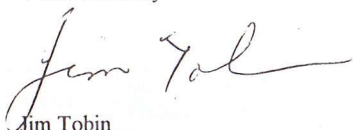
I am pleased to advise you that the Council unanimously resolved to allocate the Games to Geelong Athletics Incorporated in light of your very well presented bid document. This of course is subject to the normal contract document which I will forward to your committee in due course. This document will cover the standard requirements as to the programme, the Oceania levy and entry fee approval etc.

In your bid document you mentioned several possible dates in January, February and March. As discussed with you the Council preference is for the week 13-19 January. Your bid document enclosed letters signed by both yourself as Games Coordinator and Peter Anderson as Vice President of Geelong Athletics. I am therefore sending a copy of this letter to Peter as well. In due course would you please clarify to whom future correspondence should be addressed.

Most of our Council members will be present at the AAVAC championships being held at Canberra at Easter. If any of your Organising Committee members were there it could be mutually beneficial if we were to have an unofficial meeting. Your thoughts on this would be appreciated.

Finally Rudi, congratulations to your organisation on being awarded the Games. It will be the first time that they have been held in Australia on a stand alone basis. Our Council are looking forward to working with your Committee and a successful 2002 Games

Yours faithfully



Jim Tobin  
President

# City wins right to host 2002 Games

## COUP: Veterans set to flock to Geelong

SHELLEY HODGSON

GEELONG has won a bid to host the 2002 Oceania Veteran Games.

The Games are expected to bring about 2000 people to Geelong from around the world.

City of Greater Geelong mayor Ken Jarvis made the announcement at the opening of the 1999 Victorian Country Track and Field Championships at Landy Field on Saturday.

Geelong Athletics will host the Games and Landy Field will be the major venue for the track and field events with the half-marathon and road walk expected to be held on the banks of the Barwon River.

The event will see 600 to 800 competitors descend on Geelong from more than 16 countries, including South American nations, Tahiti, Fiji, New Zealand, the United States and South Africa.

The competition will be run in five-year age groups, with competitors aged between 35 and about 90.

Geelong Athletics member and 2002 Oceania Veteran Games coordinator Rudi Hochreiter said many of the competitors were world and former Olympic champions and that the standard of competition would be "the highest ever seen in Geelong".

Mr Hochreiter, a driving force behind Geelong's year-long bid to secure the Games, said Geelong Athletics received official confirmation that it had been awarded the Games last week.

"This is one of the biggest achievements since the pre-Olympic Games at Kardinia Park, in 1956, which attracted over 24,000 spectators," Mr Hochreiter said.

"If it clicks we put Geelong on the map — there is no doubt about that," he said.



Ken Jarvis

Cr Jarvis said it was the first time the Oceania Veteran Games would be held in Australia as a "stand-alone event".

In the past, the Oceania Veteran Games had been run in conjunction with other events when they were held in Australia.

Cr Jarvis tipped that the Games would bring about 2000 visitors to the city and provide an economic boost.

"These veterans games are very big business in other parts of the world and I'm sure they will be here," Cr Jarvis said.

He said competitors would bring their families and they would spend money locally.

And he said the Games would receive international television coverage.

Cr Jarvis said Geelong was in the "wonderful situation" of being large enough to provide infrastructure for such an event and being close to Melbourne, while still having "a small town feel to us".

"We believe Geelong is an ideal sporting venue," he said.

Geelong Athletics president Richard Lawysz said the win was recognition "of what we can do here in Geelong".

And he said the Games might provide the opportunity to upgrade the facilities at Landy Field.

## OBITUARY

Lindsay MacGregor, 1915-1998.

# Veteran athlete walks his final lap

VETERAN athlete Mr Lindsay MacGregor, 83, died at the Doveton home of his sister Mrs Edna Bromley last month.

Over the years, Mr MacGregor had made *Journal* headlines for his prowess as an athlete.

He featured on the front page on December 22, 1988 with fellow athlete and friend Mr Bert Warburton, 83, of Springvale.

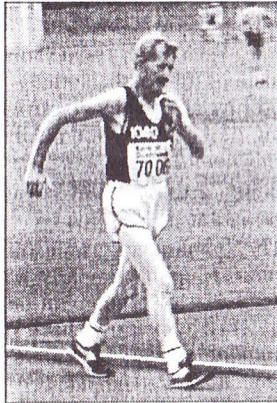
The veterans had both competed for Australia in the five-kilometre and 29-kilometre walking events at the Veterans' Olympics.

Mr Warburton took out a bronze medal in the two events just in front of Mr MacGregor.

Mrs Bromley said her brother had won more certificates than she could count.

"Lindsay lived for his athletics," she said.

"He trained little athletics competitors for 10 or 11 years in Hallam, Endeavour Hills and Narre Warren, and when I was cleaning out his room I found boxes of silver and gold medals and certificates of recognition



LINDSAY MacGREGOR

for his skill — not only as an athlete but for his contribution in helping others in the sport."

Mrs Bromley said he had competed in the 1973 Northern Territory 10,000-metre walk, Glenorchy West Casino Tasmania 1977 10,000-metre walk and *The Journal* fun run.

Mr MacGregor also took part in the Oceania Athletics Championship 1984, Glenhenty Harriers Club 1983, Olympic Park Walk 1976, 1989 Perth walk and the Masters Games in Adelaide in 1989, where he won a gold medal.

## VALE JIM BANNON

It is with great regret that we announce the death of popular walker, Jim Bannon, at the age of 58. His walking mates remember his tremendous effort at Buffalo in the 20km walk in tremendous heat. A gentleman always, he was great company and very friendly. We saw him at the Vets Dinner Dance looking slim and well, but he developed bowel cancer, then liver cancer. Our sympathies go out to Margaret Gorman, his partner of many years.

### Is This You?

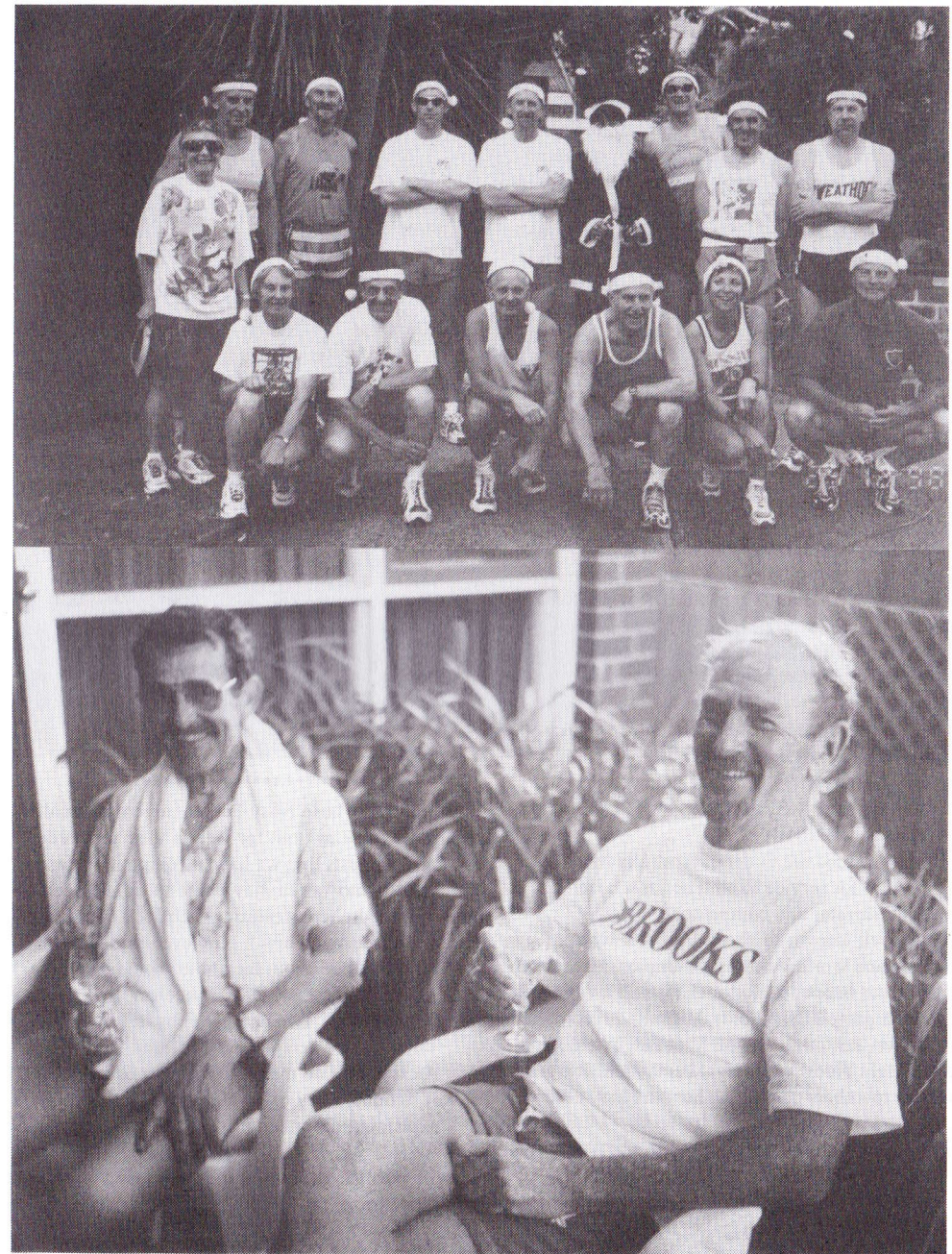
Are you an active member  
The kind that would be missed,  
Or are you just contented  
Your name is on the list.

Do you attend your meetings  
And mingle with the flock,  
Or do you stay at home  
And criticise and knock.

Do you take an active part  
And help the work along,  
Or are you satisfied to be  
The kind that just belongs.

Do you push the cause along  
And make things really tick,  
Or leave the work to just a few  
And talk about the "clique".

Think it over, members, you know  
The right from wrong,  
Are you an active member or  
Do you just belong?



Browne's Xmas morning run, 7.00am on December 25th, followed by a relaxing champagne breakfast. Jock Cravana and Dave Nobbs doing the relaxing.

## ROUND AND ABOUT

Remember the news item a few weeks ago in which a man who tried to walk the Kokoda Trail, very under-equipped, and deserted by his guide, had to be rescued by the Australian Army? At considerable expense. Well, one of our sharp-eared vets, Danny Pollock, noted that the officer in charge of the rescue was one Major Ken Emery. Those of us who have run Albert Park and Port Melbourne marathons or run with Peter Logan and the South crew will remember the moustachioed runner with the upright bearing and handsome dark looks who used to join in those runs. Good on you Ken!

\*\*\*\*\*

Congratulations to Clyde and Rose Riddoch on the arrival of their new baby daughter, Eleanor Alice Riddoch, on 17th January 1999 at Royal Womens Hospital, weight 7lb 3oz. Lovely!

\*\*\*\*\*

The vets are proud to have another Order of Australia honour awarded to one of its members. On Australia Day, 26th January 1999, it was announced that

Mrs Helen Ray SEARLE  
Wahroonga NSW  
was awarded the Order of Australia Medal (OAM) for service to athletics as a coach, administrator and competitor.

Helen is well known to those Vic Vets who attend Australian and World Veterans' Championships. After a great career in open athletics she is still a winner in the veteran games. She holds Australian records for W 40 WAVA Pentathlon, W 55 Shot Put, Triple Jump, Heavy Weight Throw and Weight Pentathlon. It is great to see our members getting the honours they deserve.

\*\*\*\*\*

Do you know that our club makes honorary members of those who reach the age of 80 years? We have 27 this year. Those who enter the ranks of those who don't have to pay subs this year are Peter Brownbill, Dorothy Jack, Ted McDonald and Grace Smith.

The full list is

JOHN	BROWN	89
PETER	BROWNBILL	80
ALAN	BURGOYNE	84
ORM	BURTON	84
RALPH	FIELD	85
ROYCE	FOLEY LM	82
LEN	FOULSER	84
JOHN	FRASER	84
EDDIE	GAMBLE	83
HANS	HOLLAND	85
DOROTHY	JACK	80
NANCY	JEFFREYS	89
FRANK	KEALY	81
GEORGE	KNOTT	88
MARY	MANTELL	81
TED	McDONALD	80
FRANK	McGUIRE	86
ARLEY	NICHOLLS	86
STAN	NICHOLLS O.A.M.	87
HARRY	PRESTON	87
FRANK	SCULLY	89
ANDY	SMITH	83
GRACE	SMITH	80
JOHN C.	SMITH	81
JACK	STEVENS	82
MAISIE	STEVENS	81
ERNEST	WALKER	85

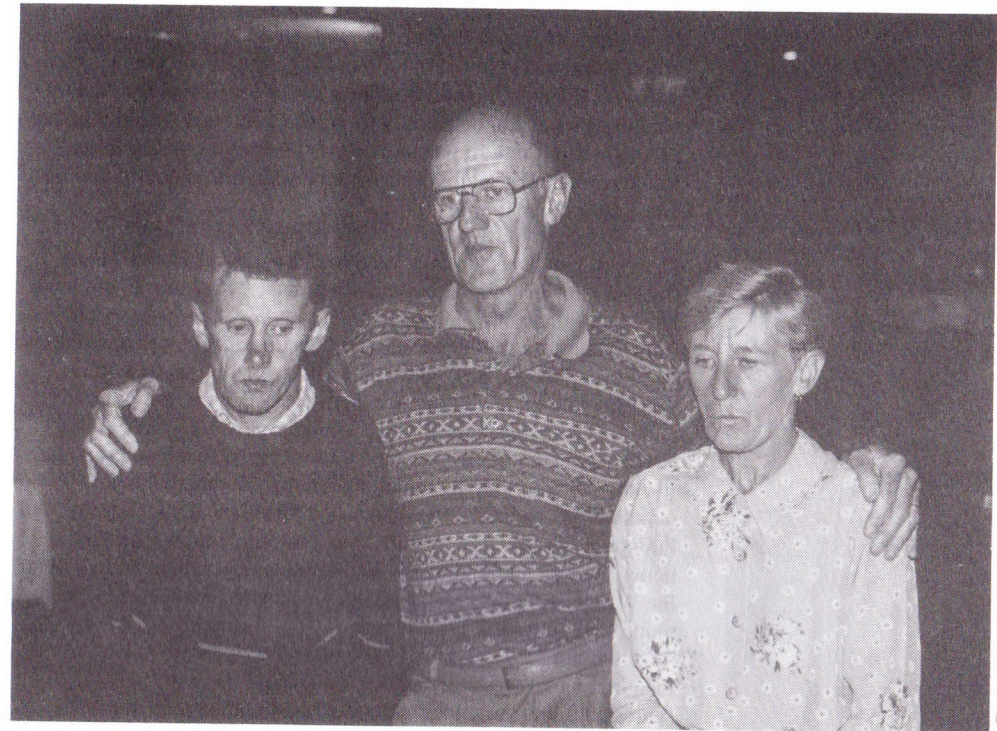
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Tony Johnson, whose Nosy Parker camera is usually keeping its eagle eye out for vets in their unguarded moments, suggests that we have a competition based on the odd photo which may come to light. Seeing some of those he took featuring Doc Jock Cravana, I certainly agree with him. However this time the competition will be about the photo reproduced here, on the opposite page, of David Sheehan, Bob Curtis and Lavinia Petrie. Two competitions in fact:

- A caption of no more than ten words.
- A fictional story of no more than fifty words explaining the situation.

We will publish the winning entries and give an appropriate prize.

\*\*\*\*\*



## JAN WATSON'S STORY

### A GIFT GIVEN FROM THE HEART

Two and a half years ago my daughter, Christine got very sick. She was taken to hospital in Mount Gambier, and was later flown by plane to the Queen Elizabeth Hospital in Adelaide, in a very serious condition, fighting for her life.

It was told to me that her kidneys were failing. I was shocked, as it was the first that I had heard that her kidneys were in such a bad state. As well Christine was so young! I didn't expect that!

I had my friends praying for her, and she made it. She came back home to live with us for a while. She became a patient at the Box Hill Hospital, where we found that only 25% of her kidneys were functioning. With the help of drugs they kept working for another two and a half years.

Just before Christmas of last year, she got worse and they gave her a fistula, ready for dialysis. She then became a patient at St. Vincent's Hospital. There I found out that people with "A" group blood can give their blood to "O" group blood people. So I asked the doctor if I could become a donor for Christine. He told me that you have to be a pretty fit person to do this. I told him that I thought that I'm a fit person because I belong to the Victorian Veterans Athletics Club. He asked me what I do there. I told him that I walk a lot and run a little.

So he said alright and told me to have a blood test and an x-ray. The x-ray was to make sure that I have two kidneys! I had two, but they also found out that I was anaemic. Since then I have been on iron tablets.

At first I found that I became constipated and was only taking them every second day. When the doctor found out, he told me off, then said that I should take them every day and eat more fruit, and drink more water. So I did, then after a while I noticed that I felt much better. I was getting a lot faster at walking and running. In June when we had the monthly Trophy - I won, but some people didn't believe I ran 8 laps, and this made me feel guilty, and I doubted myself. Then I said, "No, I did run 8 laps, I am getting better." I was planning to do the Marathon in October and go to the Walk Championships, but Christine started to deteriorate so my plans have to wait until next year.

On the 8<sup>th</sup> September I gave one of my kidneys to my daughter and it was a successful transplant. We have had a few scares, and were worried. All's well now and hopefully will continue to work for her.

Christine had to go into hospital every day for a blood test after the operation. So my husband, Mick, took a month's holidays. He stayed at home to look after us. He was Housekeeper/ nurse, and he drove Christine into hospital every day. He was wonderful. Now Christine is improving and goes in for a check-up every Monday, Wednesday, and Friday. Eventually it will get down to once a month. Then she can go back to South Australia. She will come back here for her monthly visits until all is O.K.

Christine is a mother and she lives with her fiance Paul, and her daughter Stephanie, who is now 5 years old. I am so happy to be a grandmother, and Stephanie needs her mother.

So watch out for me next year. You will have to catch me if you can!

Jan Watson

P.S. Thanks to all those who signed the card and sent good wishes. I really found that I have some really good friends, and I appreciate that very much.

## NEW VICTORIAN RECORDS

Age	Event	Name	Performance
M50	3k Walk	Andrew Jamieson	13.22.7 Aust Record
W50	300 Hurdles	June Reeves	61.7
M40	10k Walk	Mark Donahoo	46.03.7 Aust Record
W70	3k Walk	Jean Knox	19.56.29
W70	10k Walk	Jean Knox	67.57 Aust Record
W60	100	Jill Cooper	15.50 & 15.0
W60	200	Jill Cooper	32.58 & 31.6
M60	Pole Vault	Rob Barclay	3.30 Aust Record
W45	Discus	Chris Schultz	44.38 Aust Record
M70	4x400 Relay	Bob Lewis, Tony Martin, Vin O'Brien & Frank Tutchener	5.17.9

Performances from any meeting (eg Athletics Victoria Interclub) can be claimed as a record. Before I can investigate performances sent to me as possible records, documentary evidence is required, such as photocopies of results in old Veteran Athlete papers, marathon completion certificates, or News & Results articles.

Victorian Record Certificates have been issued for all records set since 1993, but if requested in writing, Certificates will be supplied for any older or superseded Victorian Record. And please contact me if you haven't received your certificate.

Clyde Riddoch

Victorian Records Officer

1/104 Coventry Street, Southbank 3006  
Telephone 9204 7085 (B), 9690 2903 (H) & Fax 9204 7283

## VICTORIAN VETERANS ATHLETIC CLUB INC. - Club Records as at 28 January 1999

### MEN

#### 100 METRES

M30	*Marc Larose	11.0
M35	Ken Bruce	11.1
M40	Garry Barker	11.2
	Martin Hodgson	11.2
M45	*Bob Wishart	11.2
M50	Gary Barker	11.6
M55	Ross Kent	12.1
M60	Rudi Hochreiter	12.5
M65	Rudi Hochreiter	13.2
M70	Rudi Hochreiter	13.6
M75	*Mike Johnson	14.3
M80	*Harry Gathercole	15.5
M85	*Charlie Booth	16.98
M90	Charlie Booth	23.03

### WOMEN

#### 100 METRES

W30	Lisa Ford	12.4
W35	Debra Tomsett	12.3
W40	Debra Tomsett	12.4
W45	Barbara Blurton	12.9
W50	Anne Stobaus	13.7
W55	Anne Stobaus	14.1
W60	Jill Cooper	15.0
W65	Gwen Davidson	15.6
W70	*Gwen Davidson	15.9
W75	*Gwen Davidson	18.1
W80	Nance Jeffreys	24.18



**200 METRES**

M30	*Terry Baldwin	22.4
M35	Ian Anderson	22.3
M40	Bob Wishart	22.0
M45	Bob Wishart	23.4
M50	Joe Tennant	23.4
M55	David Mather	25.2
	Barry Pomeroy	25.2
M60	Rudi Hochreiter	26.3
M65	David Mather	27.77
M70	Charles Scarff	28.1
M75	*Mike Johnston	29.8
M80	*Harry Gathercole	32.14
M85	Harry Gathercole	37.22

**400 METRES**

M30	Mark McDowell	50.33
M35	Paul Davidson	50.42
M40	*Noel Clough	49.5
M45	Max Warlow	53.5
M50	Noel Clough	53.58
M55	Ross Kent	57.28
M60	Reg McRae	60.0
M65	Mike Johnston	62.0
M70	Mike Johnston	66.02
M75	*Mike Johnston	69.0
M80	*Harry Gathercole	79.1
M85	George Knott	140.68

**800 METRES**

M30	*Paul Schnyder	1.55.4
M35	Paul Schnyder	1.55.5
M40	*Noel Clough	1.54.8
M45	Neil MacDonald	1.59.11
M50	Tom Roberts	2.00.1
M55	#Tom Roberts	2.05.07
M60	Jack Ryan	2.18
	Tom Roberts	2.18.01
M65	*Jack Stevens	2.20.5
M70	*Gordon McKeown	2.36.57
M75	*Mike Johnston	2.51.71
M80	*Jack Stevens	3.26.3

**1500 METRES**

M30	Tim Crosbie	3.58.7
M35	Michael Beech	4.01
M40	Graham Wise	3.58

**200 METRES**

W30	Lisa Ford	25.5
W35	Chris McArdle	25.55
	Debra Tomsett	25.3
W40	Judy Pollock	26.6
	Debra Tomsett	26.6
W45	Barbara Blurton	26.0
W50	Anne Stobaus	27.7
W55	Anne Stobaus	28.8
W60	Jill Cooper	31.6
W65	Gwen Davidson	32.7
W70	*Gwen Davidson	34.60
W75	Grace Smith	63.86

**400 METRES**

W30	Rhonwen Binney	58.3
W35	Debra Tomsett	58.04
W40	*Judy Pollock	57.0
W45	*Barbara Blurton	57.91
W50	Anne Stobaus	64.1
W55	*Anne Stobaus	64.2
W60	Joyce Green	75.2
W65	Maisie Stevens	112.8
W70		
W75	Arley Nicholls	123.2

**800 METRES**

W30	Rosemary Lucas	2.14.4
W35	Ann Holcombe	2.12.9
W40	*Judy Pollock	2.12.1
W45	#Barbara Blurton	2.14.7
W50	Ann Holcombe	2.28.4
W55	*Anne Stobaus	2.34
W60	Joyce Green	2.59
W65	Shirley Young	3.18.3
W70	Arley Nicholls	3.55
W75	*Arley Nicholls	4.35.7

**1500 METRES**

W30	Georgann Peterson	4.46.6
W35	Dot Browne	4.40.1
W40	*Dot Browne	4.31.8

M45	Steve Austin	4.03.7
M50	#Tom Roberts	4.05.2

\* Australian Veterans Record

**1500 METRES (Cont)**

M55	*Jack Ryan	4.17.6
M60	Tom Roberts	4.40.06
M65	*Jack Ryan	4.41.82
M70	Randall Hughes	5.14.8
M75	Alan Burgoyne	6.07
M80	*Reg Barlow	7.26
M85	Harry Preston	12.33.3

**5,000 METRES**

M30	Tim Crosbie	15.36
M35	Colin O'Brien	14.42.3
M40	*Steve Austin	14.01.7
M45	*Steve Austin	14.59
M50	*Colin O'Brien	15.49.3
M55	*Jack Ryan	15.52.8
M60	Jack Ryan	17.59
M65	Stan Nicholls	18.10
M70	Randall Hughes	19.38
M75	Alan Burgoyne	22.02
M80	*Peter Brownbill	27.37.7
M85	Harry Preston	48.53

**10,000 METRES**

M30	Russell Johnson	32.25
M35	Graeme Kipp	30.41.2
M40	*Steve Austin	29.23.05
M45	John Castle	32.29
M50	Theo Orr	33.37
M55	*Jack Ryan	33.36.2
M60	Bob Turnbull	37.34
M65	Stan Nicholls	37.52.2
M70	Alan Burgoyne	40.40
M75	Reg Barlow	46.00.3
M80	Reg Barlow	59.37
M85	*Harry Preston	98.35

**HALF MARATHON (BEST ON RECORD)**

M30	Brian Simmons	66.44
M35	Brian Simmons	67.40
M40	Peter Hunt	68.14
M45	Neil Ryan	71.06
M50	Neil Ryan	74.44

# World Veterans Record

W45	*Judy Pollock	4.40.4
W50	*Ann Holcombe	5.04.4

**1500 METRES (Cont)**

W55	*Jean Albury	5.15.7
W60	*Jean Albury	5.36
W65	Shirley Young	6.31.8
W70	Arley Nicholls	7.45.3
W75	*Arley Nicholls	9.02

**5,000 METRES**

W30	Georgann Peterson	17.50.3
W35	Dot Browne	17.43.9
W40	*Dot Browne	17.09.1
W45	*Dot Browne	17.33.3
W50	*Theresa Baird	18.33.1
W55	*Jean Albury	18.49
W60	*Jean Albury	20.04
W65	Rowena Barker	23.00.4
W70	Arley Nicholls	28.03
W75	*Arley Nicholls	32.37

**10,000 METRES**

W30	Georgann Peterson	36.52.8
W35	Petrina Trowbridge	35.49
W40	*Dot Browne	35.30.5
W45	*Theresa Baird	36.59.2
W50	*Theresa Baird	38.00.3
W55	*Jean Albury	38.38.6
W60	*Jean Albury	42.16
W65	Shirley Young	49.06

**HALF MARATHON (BEST ON RECORD)**

W30	Bronwyn Hann	83.51
W35	Petrina Trowbridge	80.40
W40	Petrina Trowbridge	79.15
W45	Lavinia Petrie	83.36
W50	Lavinia Petrie	86.45 (go to page 20)

Photospread

At the Skool Daze Square Dance in December. Clockwise from top left, Doc Jock, the Springvale mob, Dot and Anne and Ray, all being very silly. A good night was had by all.

Pages 18 and 19



M55	Barry Brooks	74.42
M60	Theo Orr	84.22
M65	Randall Hughes	87.07
M70	Randall Hughes	90.26
M75	Sam Stapleton	120.39

#### MARATHON (BEST ON RECORD)

M30	*Brian Simmons	2.26.20
M35	Brian Simmons	2.25.01
M40	Carl Stevenson	2.26.44
M45	Peter Hannaford	2.32.16
M50	Barry Brooks	2.38.13
M55	Barry Brooks	2.39.57
M60	Vin O'Brien	3.00.35
M65	Stan Nicholls	3.09.46
M70	Stan Nicholls	3.13.17
M75	Ken Matchett	4.01.19

#### 3,000 STEEPLECHASE

M30	*Glenn Tarran	10.10.7
M35	*Jeff Broderick	8.53.57
M40	*Jeff Broderick	9.10.2
M45	Peter Hannaford	9.45
M50	Bob Hendy	10.02.6
M55	Bill Hughes	11.12.99

#### 2,000 STEEPLECHASE

M60	Bob Gardiner	7.38
M65	*Bill Hughes	8.30
M70	George Goode	11.08
M75	*Stan Nicholls	10.32.2
M80	*Eddie Gamble	12.25

#### 110 METRE HURDLES (.911m)

M30	*Terry Baldwin	15.0
M35	*Terry Baldwin	15.0
M40	Albert Latu	16.3
M45	Ken Priestley	17.0

#### 100 METRE HURDLES (.914m)

M45	Josian Phillipe	15.5
M50	*Ted Barnard	15.03
M55	David Mather	16.63
M60	*David Mather	16.92
M65	*David Mather	18.24

W55	Shirley Young	95.47
W60	Barbara Dalgleish	101.58
W65	Shirley Young	105.54

#### MARATHON (BEST ON RECORD)

W30		
W35	Petrina Trowbridge	2.46.50
W40	*Dot Browne	2.41.24
W45	*Colleen Stephens	2.51.02
W50	Lavinia Petrie	3.03.36
W55	*Jean Albury	3.09.14
W60	*Shirley Young	3.27.44
W65	*Shirley Young	3.39.43

#### 2,000 STEEPLECHASE

W30	Kerryn Manks	9.56.7
W35	Theresa Lynch	8.44.6
W40	Janis Wright	8.16.3
W45	Janis Wright	8.32.5
W50	Jan Morrey	8.58
W55	#Jan Morrey	9.13.5
W60	*Pamela Mews	11.07.4

#### 100 METRE HURDLES (.84m)

W30	Jenny Baldwin	16.9
W35	Debra Tomsett	16.0

#### 80 METRE HURDLES (.762m)

W40		
W45	Chris Battersby	14.4
W50	Gloria Seymon	15.1
W55		
W60	Bettina Woodburn	19.4
W65	Gwen Davidson	20.09

#### 90 METRE HURDLES (.84m)

M55	Richard Trembath	14.1
M60	David Mather	15.6

#### 80 METRE HURDLES (.762m)

M65	John Reid	15.4
M70	*Charles Scarff	14.79
M75	*George Simpson	19.0
M80	George Simpson	33.2

#### 400 METRE HURDLES (.914m)

M30	*Michael Skerritt	57.0
M35	Terry Baldwin	57.1
M40	*Noel Clough	54.3
M45	Graham Ford	62.5
M50	Richard Trembath	62.6
M55	Richard Trembath	64.07

#### 300 METRE HURDLES (.84m)

M50	Mike Hall	44.3
M55	*Richard Trembath	44.5
M60	David Mather	47.7
M65	Charles Scarff	52.5
M70	Charles Scarff	53.8
M75	Stan Stankovic	77.5

#### 1,500 METRES WALK

M30		
M35	Clyde Riddoch	6.29
M40	Clyde Riddoch	6.25.2
M45	Murray Dickinson	6.36
M50	Murray Dickinson	6.33
M55	Murray Dickinson	6.44.1
M60	Ken La Roche	8.16.6
M65	Gordon Gourlay	8.44
M70	Jack Kilfoyle	9.06
M75		
M80	Eddie Gamble	10.49.2
M85	George Knott	12.04.6



#### 400 METRE HURDLES (.762m)

W30	Rhonwen Binney	63.4
W35	Mandi Cole	64.8
W40		
W45	Chris Battersby	73.9

#### 300 METRE HURDLES (.762m)

W50	June Reeves	61.7
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#### 1,500 METRES WALK

W30	Sharon Schnyder	6.48
W35	Heather McDonald	6.57
W40	Heather McDonald	6.45
W45	Heather McDonald	6.49
W50	Celia Johnson	7.35
W55	Gwen Steed	8.12.8
W60	Jean Albury	7.39
W65	Jean Albury	8.07.6
W70	Jean Knox	9.34
W75	Dorothy Jack	10.58
W80	Nance Jeffreys	11.32
W85	Nance Jeffreys	13.44.3

(We will try to put the rest of the records in the next issue.)

# MARATHON HISTORY

by Keith Routley

Dear Col  
Having just read Kevin Cassidy's 1998 Traralgon Marathon story (N & R October) might I make comment and request acceptance of my apologies should I have misinterpreted his statement that the event could be the "longest running in Victoria and possibly Australia".

Maybe it's a generational problem but surely Kevin must realise that there was a world before 1968, and Victorian, Australian, country and V.M.C. championships which incorporated interstate or Games selection trials have been conducted since at least as far back as 1950.

Former leaders in the sport, Fred Lester and Les Perry, could have considerable knowledge of the early 1950s scene and our club's Frank Tutchener was a 1950s competitor and quite successful too.

It is of interest to me that Traralgon's 1998 field numbered only 24. My second marathon run, the 1960 state champs, numbered 21 starters and all names were listed in the "Herald" sporting pages of the night before the event.

I once asked Les Perry how many started in his first marathon. His answer - five.

Present day addicts could be interested to learn of some of the "rules of the game" of past years:

Courses were all out and back, medical checks

beforehand, no drinks until seven miles and then at five mile intervals, no women or kids, and termination of the race after 3 hours 30 minutes.

This last ruling was deemed as reasonable under the simple belief that one was unfit and venturing into dangerous territory if failing to better that time. In fact very few ever failed to better that 3:30 limit.

To add to our woes specialised road running shoes (no foam insoles then) could be only obtained if custom made and at about two weeks of pay and the threat of a marriage breakdown.

Carbohydrate loading was not thought of seriously and so the "footballer's" pre-race diets of steak and eggs, egg flips and salt tablets were mandatory for the unscientific.

Small fields produced mile upon mile of the lonely long distance runner, and Kevin's mention of Traralgon's unkind weather recalled some of my past. No early starts either - always about 12.30 or 1.00pm when the sun could be at its best - but not for fun runners.

My curiosity prompted research and I unearthed the results of my only Traralgon effort: 1st June 1975, age 51, time 2:56:54 and in the 8th staging of the event. Traralgon's club could have well been the innovator for local as compared with championship events and it is quite an achievement in still maintaining a worthy tradition started by enthusiasts like Richard Jeffrey and the Thompsons and producing a great performer like Gary Henry.

May they continue to do so.

## MENTONE VENUE: 9th ANNUAL MIKE O'NEILL MEMORIAL INTERVENUE CHALLENGE AND 20 YEAR CELEBRATIONS. WED., DEC. 2, 1998.

A terrific turn-out of 150 vets representing 9 venues along with friends, partners and special guests (making a total attendance of approx. 180)-especially encouraged no doubt by the warm, summery conditions- converged on Dolomore Oval to compete in the 9th Annual Mike O'Neill Memorial Intervene 5K Challenge events and join the party to celebrate 20 years of Vic Vets at Mentone.

Amidst a festive atmosphere vets arrived and were delighted to receive, on payment of their entry fee, a commemorative medal spawning such comments as, "You've given me a medal and I haven't even run. What have I done to deserve this!" or "A medal, great. I'll go home now!" The medal proved to be a big hit with all. Following the exciting and highly competitive challenge events the partying began with a BBQ-again a big hit particularly on such a hot night.

After the BBQ and to mark 20 years at Mentone special presentations of engraved commemorative medals were made. Recipients included;

- (a) Mentone Athletic Club representatives- President, Noel Sullivan and Senior Club Coach; former Australian Long Jump Champion and Life Member, Ian Whittaker.
- (b) Ex-Venue Managers- Rex Chugg(1978-80), Ted McCoy(1981-3, 1997-9) Leigh Cassidy(1985-7), Geof Hughes(1988), Louis Waser(1993-5) and Vivienne and David Cash(1996). Merrilyn Tait(1989-92) could not be contacted.
- (c) Special Guests- Mr&Mrs "Vic Vets" Peter and Marj Colthup; former Club President and Captain, Ted McDonald; renowned Walk Coach, Frank McGuire and long standing AV and Vic Vets official, John Smith.
- (d) 20 year participants- This was a special group who had participated continuously for 20 years at Mentone as either competitors and/or officials. They included Dr, Jan Garrard, Eddie Gamble, John Waite, Jim Hunt, Mike Johnston, Jean O'Neill, Frank KEALY and Ted McCoy.

Also the recently introduced VVAC Certificate of Outstanding Service- a third level of recognition of service to the Vets after Life Membership and the Dedicated Service Shield- was awarded to the following for their service the venue; John Beck, Marlene Gourlay, Anne Nicholls, Bob Wishart, Graeme Noden, Nancy Wallace, Joy Polglase, Maureen Seedsman, Joan Clarke, Wendy Seers, Mike Johnston, Frank Kealy, John Markham and Dick Jeffrey.

The 20 year presentations concluded with comments from our Club President, Rob Waters and the party continued with supper which in turn was followed by the presentation of Mike O'Neill ribbons for all age group winners and placegetters.

The success of the night was due to the work of a great band of enthusiastic volunteers. Also special thanks to Neil Seedsman who manned the BBQ and our fellow vets from other venues who assisted in the running of the events; John Gosbell, Wendy Greaves, Peter Duggan, Alex Harris and Lindsay Beaton.

A night to remember. It epitomized the best of everything that is Vic. Vets..

Ted McCoy

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## DILBERT

Scott Adams



MIKE O'NEILL MEMORIAL INTERVENUE CHALLENGE

WED. DEC. 2, 1998. DOLOMORE OVAL, MENTONE

RESULTS M30-45, M50+ ROAD ; W30+ TRACK

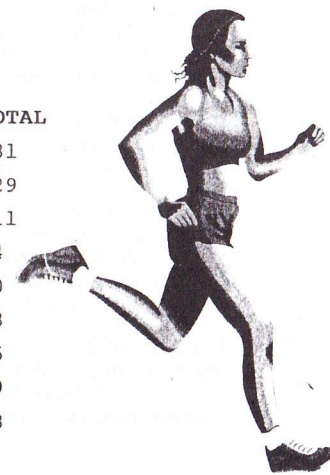
AGE	PLACE	NAME	VEN.	TIME	PTS.
W30	1	Janet FORD	ME	28-39	10
W35	1	Lesley GRIMES	CA	20-13	10
	2	Michelle McLELLAND	AB	22-14	8
W40	1	Chris LISHMAN	AD	25-26	10
W45	1	Janis WRIGHT	CA	21-16	10
	2	Marlene GOURLAY	ME	22-08	8
	3	Sonya McLENNAN	ME	22-24	-
	4	Terry STUBBS	CA	23-34	-
	5	Phillipa EDGELL	FR	23-58	7
	6	Marion PERAZZO	ME	24-03	-
	7	Jan BURROWS	EB	24-07	6
	8	Jane STURZAKER	CA	24-31	-
	9	Jacky RICHARDSON	ME	26-15	-
W50	1	Rhonda TREGROVE	CA	23-47	10
	2	Celia JOHNSON	SP	25-44	8
	3	Jan GARRARD	ME	27-50	7
	4	Betty MARK	CA	27-51	-
	5	Barbara BEAUMONT	AB	28-03	6
W55	1	Theresia BAIRD	SP	19-45	10
	2	Roma BURHOP	AB	22-37	8
	3	Margaret CASSIDY	AB	23-56	-
	4	Joy HERBERT	CA	24-05	7
	5	Heather MURFETT	AL	27-20	6
W60	1	Judy WINES	CA	25-46	10
	2	Lorraine WOODMAN	AB	27-20	8
	3	Pam MEWS	ME	29-44	7
	4	Margaret BEAUMONT	ME	30-30	-
	5	Marlene STANWAY	CA	31-13	-
	6	Valerie McMAHON	AB	38-04	-
W65	1	Shirley YOUNG	COL	26-39	10
W70	1	Marj. COLTHUP	CA	40-53	10
W75	1	Grace SMITH	ME	51-19	10
W80	1	Dot JACK	ME	41-14	10
M30	1	Rob WATKINS	AB	19-03	10
	2	Trevor KELLY	ME	19-24	8
M35	1	Mark KING	SP	18-19	10
	2	Mark RADCLIFFE	AB	21-51	8
	3	Paul MEREDITH	CA	25-33	7
M40	1	Jim BERRINGTON	CA	18-51	10
	2	Laurie COLLARD	ME	19-01	8
	3	Peter WEEKS	ME	19-38	-
	4	Gary MEYER	FR	19-52	7
	5	Alfred LENDVAI	AB	20-59	6
	6	Ian KRASKA	SP	21-05	5
	7	Lou BUCCIERI	SP	21-13	-
	8	Mark McCARTHY	SP	21-13	-
M45	1	Ewen WILSON	EB	16-38	10
	2	Nev HARTCHER	CA	17-06	8
	3	Russell JOHNSON	AB	17-10	7
	4	John NEWSOM	SP	17-58	6
	5	Bruce FERRIER	SP	18-25	-
	6	Charlie MALLIA	FR	19-04	5
	7	Ian ORR	SP	19-48	-
	8	Neil SALVANO	CA	20-20	-
	9	John ABEL	SP	20-37	-
	10	Ian CASSELL	ME	21-16	4
	11	Alan SINCLAIR	DO	21-57	3
	12	Rob FINLEY	ME	22-06	-
	13	Ian TREGEAR	SP	22-24	-
	14	Jeff MARK	CA	22-30	-
M50	1	Terry HARRISON	ME	17-27	10
	2	Neil GRAY	SP	18-18	8
	3	Jim McLURE	CA	19-04	7
	4	Peter SMART	ME	19-20	-
	5	Peter SHONE	AB	19-23	6
	6	Bill IRVINE	SP	19-24	-
	7	Ian MUIR	FR	19-31	5
	8	Trevor HAWKSWORTH	AB	19-49	-
	9	Howard REES	SP	20-45	-

10	Rob WATERS	AL	20-46	4	
11	Stan JORDAN	SP	20-53	-	
12	Alan BENNIE	SP	22-36	-	
13	Ken HOUGH	SP	22-38	-	
14	John DEAN	AB	22-42	-	
M55	1	Graham PHILPOTT	CA	18-49	10
	2	John WAITE	ME	19-39	8
	3	Paul MULLINS	SP	19-50	7
	4	David PAINTER	FR	20-03	6
	5	Joe CARUANA	AB	20-10	5
	6	Karl FAUVRELLE	SP	21-16	-
	7	Ron LITTLE	SP	21-52	-
	8	Alan BASHFORD	AL	21-57	4
	9	Doug WALLACE	ME	22-09	-
	10	Rod FORD	CA	22-21	-
	11	Bob POWER	CA	22-47	-
	12	Colin MILLER	CA	23-19	-
	13	Tony JOHNSON	SP	23-20	-
	14	Bill RYAN	COL	24-06	3
	15	Jim SMITH	SP	24-43	-
	16	Peter McGRATH	CA	25-00	-
	17	Trevor JUPP	EB	28-30	2
M60	1	John CHISHOLM	SP	20-42	10
	2	Frank NEILL	CA	20-57	8
	3	Barry McMAHON	AB	21-12	7
	4	Kevin BROWNE	CA	21-25	-
5	Greg MAULDON	CA	23-54	-	
6	Eddie STACK	CA	23-56	-	
7	Gordon BURROWES	AL	29-46	6	
M65	1	Bill HUGHES	SP	20-40	10
	2	Roy STANWAY	CA	20-59	8
	3	Bill PAGE	AB	22-33	7
	4	Ron YOUNG	COL	22-59	6
	5	Case HUYSMANS	ME	23-33	5
	6	Nino STANKOVIC	CA	26-21	-
	7	Ben MORREY	CA	27-22	-
M70	1	Frank TUTCHENEREB	AL	24-09	10
	2	Ray KEMP	ME	24-24	8
	3	Les JARRY	AB	26-02	7
	4	David MELDRUM	CA	31-18	6
	5	Frank WARREN	CA	34-22	-
	6	Gerardo RIVIELLO	AL	42-22	5
M75	1	Doug ORR	DO	29-00	10
	2	Mike JOHNSTON	ME	29-05	8
M80	1	Eddie GAMBLE	ME	35-16	10
	2	Andy SMITH	CA	50-08	8
M85	1	Ernie WALKER	ME	39-28	10
	2	Harry PRESTON	AB	57-35	8

VENUE RESULTS

PLACE	VENUE	WOMEN	MEN	TOTAL
1	ME MENTONE	52	79	131
2	CA CAULFIELD	57	72	129
3	AB ABERFELDIE	40	71	111
4	SP SPRINGVALE	18	56	74
5	FR FRANKSTON	7	23	30
6	EB EAST BURWOOD	6	22	28
7	AL ALTONA	6	19	25
8	COL COLLINGWOOD	10	9	19
9	DO DONCASTER	-	13	13

DIVISION WINNERS: WOMEN CAULFIELD  
MEN MENTONE



## Portland Three Bays Marathon

Ken Matchett - Croydon Venue

The Portland Three Bays Marathon was conducted on Sunday 1 November 1998. This was the sixteenth annual marathon which was organized by the Portland Runners Club Inc.

On offer was a truly comprehensive series of events including a marathon, a marathon walk, half marathon, a run relay and a walkers' relay. There was also a wide range of prizes for both successful athletes and some lucky people. Amongst these were prizes seldom seen in other marathons. First local runner, first local novice, most travelled runner, last to finish and "the old bugger's award". (I won't tell you who won this one!) I was surprised at the participation of the locals: there were quite a large number of school children taking part in the relay events. All this with modest entry fees ranging from \$15 to \$25 for the marathon event.

The marathon, which is an Athletics Australia certified course, starts at Hanlon Park near the city centre and leads along Bridgewater Road to Bridgewater Bay, one of Portland's most scenic spots with magnificent views of the Southern Ocean. This is the 15 km mark of the marathon. From here we take the Lakes Road to Discovery Bay, returning to Portland (on Portland Bay) via Heath Road. The marathon is truly a three bays marathon. The advertising brochure states that "the 42.195 kms is a hilly circuit through magnificent coastal scenery and rural countryside" and one can have no argument with that. Some of the hills are tough going and their names reflect this - "Big Dipper" and the "Shuffler". The finish of the race is also at Hanlon Park adjacent to the Tiger Tabaret where refreshments and hot showers were available after the race.

Organization was good, both marshals and Fire Brigade member volunteers manning all intersections. Drink and First Aid stations were located every 5 km along the course and sponges were available, together with electrolyte drinks and water. The course was adequately signposted. Masseurs were available for marathon competitors. It was also a rare experience to receive one's finisher's certificate, complete with competitor's name and finishing time, shortly after the race. For the first time this year an attractive medal (with ribbon) was presented to the finishers in both the Half and Full Marathon events.

A Carbo Party was held at the Tiger Tabaret rooms on the Saturday evening before the race, when an excellent buffet-style meal was provided. It was here that each competitor was introduced to the group and received his or her race number.

This race is becoming popular with interstate runners and the standard is quite high. This is not to say that slower runners are forgotten. In fact, the presentation ceremony doesn't start until the last competitors arrive at the finish line. The Portland Three Bays Marathon (and half marathon) are races that cater for all abilities. As mentioned, there is even a "Last to Finish" award, which must be rather unique amongst our marathon races.

Every school child is familiar with the name of Portland and the Henty brothers who began settlement in Victoria. The town is lucky in having preserved much of its history in over 200 heritage buildings. All this, together with the spectacular and rugged coastline, makes it an ideal place for a holiday and an unforgettable marathon experience.

## 7th ANNUAL LINDSAY THOMAS MEMORIAL RUN

by Alan Bennie

Wednesday, 20th January 1999, saw the running of the 7th annual Lindsay Thomas Memorial Run at the very delightful setting of Braeside Park. With a mild evening, conditions were ideal for the 160 competitors who were split evenly over the 3 main events, 10 km run, 5 km run and 5 km walk. In fact the events are 1 or 2 laps of the park, making the distance a bit longer than the 5 or 10 km. But that doesn't matter and arguably makes the event that little bit special, which is important because it is for a fellow who was special to his fellow runners before he was sadly taken from us before his time. It is not an event where records are important but an event where we can get together and remember Lindsay.

The number of competitors this year was the best ever and it was extremely pleasing to see representatives from 8 different venues, with a particularly large contingent from Mentone. As well, several members of the Thomas family and a number of their friends competing by invitation gave the event that extra significance. The Thomas family were particularly gratified by the large turn up.

In the main 10 km event, there was a close contest among the male contingent, but in the end Terry Harrison, continuing his good form in major events, proved a little too strong from his younger rivals Bert Pelgrim and Martin Leggett. In the female division, the seemingly ageless Theresia Baird showed clean pairs of heels to her rivals and was only beaten home by 5 of the 45 strong male field. Results were

### 10 km run - male

Terry Harrison (53) - Mentone  
Bert Pelgrim (42) - Croydon  
Martin Leggett (41) - Frankston

### 10 km run - female

Theresia Baird (57) - Springvale 40.30  
Janis Wright (48) - Caulfield 45.59  
Rhonda Trengrove (51) - Caulfield 51.43

### 5km run - male

Joe Campisi (41)  
Ted McCoy (58) - Mentone  
Col Waring (53) - Mentone

### 5 km run - female

Marlene Gourlay (47) - Mentone 22.51  
Marion Perazzo (47) - Mentone 24.53  
Lorraine Ardley (47) - Southern Pen 26.27

### 5km walk - male

Tony Johnson (58) - Springvale  
Graeme Davis (49) - Caulfield  
Tony Doran (46) - Springvale

### 5 km walk - female

Heather McDonald (49) - South Pen 29.00  
Maureen Seedsman (610) - Mentone 34.51  
Gwen Steed (58) - Caulfield 34.53

Of course the evening would not have been the success it was without all those who helped in taking entries, timekeeping, recording etc or in donating the numerous spot prizes that were on offer (there was almost enough for every competitor to get one). A special thanks to you all. In particular we must mention the chief organiser, Ken Hough, who has been instrumental in making the event a feature on the calendar and one which goes from strength to strength. Maybe next year we can make it 200 competitors.

## ANDY SALTER ROAD RELAYS

Springvale/Noble Park Venue, 3 February 1999



Individual fastest time by a woman was shared by Theresia Baird and Lesley Grimes of Caulfield, with 11m 28s.

There were 11 teams in the challenge race. Teams had to include one woman, and their ages had to total at least 175 years. The placegetters were:

1. Croydon "Reluctant Heroes", Colin Page, Lavinia Petrie, Greg Wilson, Bert Pelgrim 41m 45s
2. Springvale Noble Park "Theresia's Terriers", Mark Howarth, Theresia Baird, John Newsom, Dean Copeland 42m 27s

by Colin Browne

This is a major annual event in the vets calendar. It is usually very well attended by members from all city venues, as far flung as Tootgarook and Aberfeldie. This year 164 actually ran, and there were also many, many helpers and spectators. The event is named in memory of an irascible old enthusiast, Andy Salter, who organised the venue for many years until he suffered a stroke, about fifteen years ago, and later died in a nursing home. The race is a relay in teams of four on a 3.1km circuit around the streets and through the park that contains the Springvale Noble Park track.

It is always hot on the night, and this year it was embedded in a week of heat when the daily maximum was never less than 35. Nevertheless the runners survived, and smiled. The crowd was extremely good-humoured, no doubt enjoying renewed acquaintances with their mates from other venues. In every way, including the excellent supper, this was a demonstration of what the vets is all about.

The performances were outstanding. Col Page of Croydon led the first leg of the challenge race around in 9m 59s. He had been very psyched up to break the ten minutes and was really happy. In the second leg there was a great match race between Lavinia Petrie and Theresia Baird, with Theresia re-capturing the lead for Springvale Noble Park. But the fastest lap of the night came in the fourth leg when Ewen Wilson of East Burwood scorched around in 9m 46s.



3. East Burwood "Raiders", Peter May, Annette Pelgrim, Rob Catherall, Ewen Wilson 43m 10s

In the Fun Run section no limitations of age or sex apply. 30 teams entered, some very fast, some very slow. You could tell those who had run from those who hadn't yet by the red faces. There were lots of internal competitions going on. The fastest team was:

1. "Springvale Springboks", Rob Clutterbuck, Neil Pilling, Bill Irvine, Mark King 45m 01s
- A remarkable run came from Bob Lewis, East Burwood, who ran a 30 second PB of 12m 41s at age 70!

Thank you Ron Little, Tony Doran, Ken Hough and Alan Bennie for organising the evening and the members of the Springvale Noble Park venue for turning on a tremendous supper. A great night.

\*\*\*\*\*

## HISTORY AGAIN 3 February 1974

by Mark Purvis

I think most of us remember this one clearly.

(From the international track & field list): Today is the 25th anniversary of one of the greatest middle-distance races of all time: the 1974 Commonwealth Games 1500 meters. Highly anticipated as a clash of the world's three best milers of the previous year (Ben Jipcho, Filbert Bayi, and Rod Dixon), the race exceeded expectations.

Renowned for setting fantastic paces, Bayi led all the way, setting a 54.4, 1:51.8, 2:36.75 (1100m), and 2:50.3 pace. With his pursuers on his heels coming into the homestretch, Bayi defied expectations and held on to win. The results completely re-wrote the all-time list:

1. Filbert Bayi (Tanzania) 3:32.16 World Record
2. John Walker (New Zealand) 3:32.52 No. 2 all-time
3. Ben Jipcho (Kenya) 3:33.16 No. 4 all-time (more or less equal to Jim Ryun's former WR, a hand-timed 3:33.1)
4. Rod Dixon (New Zealand) 3:33.89 No. 5 all-time

Twenty-five years later, these times may seem ordinary when compared to what one sees on the Grand Prix circuit. But what Filbert Bayi did in this race is still unmatched. To my knowledge, no one has ever run faster than Bayi's 3:32.16 in a major international championship. Furthermore, I believe no one has ever run a faster 1500 without the assistance of a pace maker! (Please correct me if I am wrong.)

## RECORD ATTEMPT

As expected a Victorian M70 record was established for the 4 X 400m Relay last Thursday (21 January 1999) at East Burwood (subject to acceptance by Clyde Riddoch).

Yes, the "Silver Tops" struck again - they may be running slower than they did 10, 20, years ago but they're still as competitive. Over the last three months they have competed as a team in the Bushranges 100km relay and the Parlouf Relays as well as taking out medals in various events for individual performances. Although they finished behind three other younger teams last Thursday, they attracted far more interest, enormous support and sustained cheering and applause as they crossed the finish line. The Australian record was a bit beyond them on the night, but I reckon they can claim an East Burwood record and an unofficial Australian record for a 4 X 400 run in Australia. Let's face it, at the age of 70+ they should be entitled to claim all the recognition we can offer.

Bob Lewis 70 Tony Martin 70 Vin O'Brien 70 Frank Tutchener 71  
 Time: 5m 17.9s  
 Cheers  
 John Gosbell

## Veteran 1 Mile Graded Challenge

Thursday 4 March 1999 at East Burwood Venue

Melway 62 C7

Gradings are based on best 1500m times over the last two years:

'A' Grade - 1500m time less than 5min.10sec.

'B' Grade - 1500m time between (and including) 5min.10sec. and 6 minutes.

'C' Grade - 1500m time greater than 6 minutes

Runners are asked to observe the above gradings, but they may chose the appropriate grade in keeping with current performances.

The first race ('C' Grade) will commence at **7:30 p.m.** followed immediately by the 'B' and 'A' Grade races.

Enter on the night - \$2 entry fee (normal Venue fee).

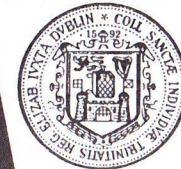
Open to all men and women over 30 years of age.

Trophics will be awarded to the first male and female overall and the male and female achieving the best age performance percentage (based on WAVA age graded tables). Plus spot prizes for 1 Mile runners. Only one trophy or prize per person.

Results will be published showing overall, age graded and five year age group placings.

Visitors are welcome to enter any other events programmed for 4 March 1999:

7:00 - 8:00 p.m.	Long jump
7:10 p.m.	1500m Walk
7:15 p.m.	100m Sprint
7:30 p.m.	<b>1 Mile Challenge</b>
8:00 p.m.	4 or 6Km Run --- 2 or 4Km Walk
8:05 p.m.	200m Sprint
8:40 p.m.	Supper and presentations



**Going to Gateshead?  
 David Sheehan is  
 getting a group together  
 to visit Ireland after the  
 Games. Give him a ring  
 on 9794-7464**

Mr David Sheehan,  
 Unit 4, 42 Marna Court,  
 Noble Park 3174,  
 Victoria,  
 Australia.

19 November 1998

Dear Mr Sheehan,

Thank you for your enquiry regarding accommodation for your group in August 1999.

Please find enclosed a few brochures for your information. I have detailed below the different types of accommodation available, together with prices:

### Standard Accommodation (Type A)

Located mainly in the more historic areas of the campus, this accommodation consists of single study bedrooms or double apartments containing two single bedrooms and a lounge. The rooms share toilet and shower facilities and all rooms have access to a kitchenette suitable for light catering only.

### Superior Accommodation (Type B)

Bright and comfortable modern single and double bedded rooms within purpose built apartments. The apartments generally consist of four bedrooms, two showers and toilets and a kitchen/livingroom. All bedrooms have individual locks and rooms may be reserved individually or for small parties. Apartments may be reserved for exclusive occupancy.

### Ensuite Accommodation (Type C)

Single and twin en-suite study bedrooms each with private shower and toilet.

Description	Continental Breakfast	Full Breakfast
A. Standard single/double p.p	£32.00	£35.00
B. Superior single p.p.	£36.00	£39.00
B. Superior share p.p.	£32.00	£35.00
C. Ensuite single p.p	£40.00	£43.00
C. Ensuite share p.p.	£36.00	£39.00

If you wish to make a reservation for your group, please do not hesitate to contact me.

Yours sincerely,

*Liane Donnelly*  
 Liane Donnelly



## CALENDAR

### Important note:

As some people have turned up at some of the fun runs mentioned in the calendar only to find them cancelled, or dates changed, it is wise to check with the organisers first.

1999

**Wednesday, 3rd February, VVACI Andy Salter Memorial Road Relay** (4 X 3.1km) an inter venue event hosted by Springvale/Noble Park venue. See ad in this issue.

**:Super Sunset Series** (10km & 5km), Manningham Street Reserve, Royal Park, 7.00pm (9658 9735 w)

**Saturday, 6th February, VRR Tan Time Trial** (8km & 4km), near Government House Drive, 7.30am (9802 7925 ah)

**:6th to 14th February, New Zealand Masters Games**, Wanganui, NZ.

**Sunday, 7th February, VVACI Intervenu Aquathon**, Lilydale Park Lake (9808 4641) See ad in this issue.

**Thursday, 11th February, VRR Twilite Tan Time Trial** (8km & 4km), near Government House Drive, 6.30pm (9802 7925 ah)

**Sunday, 14th February, CHC Coburg Special Fun Run & walk** (12km & 4km), Harold Stevens Athletic Track, Coburg, 9.00am (9386 9251 h)

**:Drouin Ficalfolia Fun Run** (8.4km), Bellbird Park, 10.00am (0356 232 394 h) Date TBC.

**Sunday, 21st February, Cubitt Classic** (15km), Kevin Bartlett Reserve, Yarra Boulevard, Burnley, 8.00am (9817 3503 w)

**:Buninyong Gold King Festival Fun Run** (10km & 5km), Buninyong Primary School, 9.00am (0353 413 925 w) Date TBC.

**Friday, 26th February, Noorat Fun Run & Walk** (6km), Noorat Hotel, 7.00pm (0355 921 457 h)

**Sunday, 28th February, Southern Football League Umpires Fun Run** (10km & 5km), Jells Park, Ferntree Gully Road entrance, 9.00am (0412 071 939)

**Saturday, 6th March, VRR Tan Handicap & Breakfast** (8km & 4km), opposite Swan Street Bridge, 7.30am (9802 7925 ah)

**Sunday, 7th March, King Island Imperial 20** (32km) This is the one made famous for Vic Vets by Eric Greaves. Entries close 14th February. They are holding

about 60 places for Vics. Details and entry forms from Wendy Greaves, 9560 2971, or Colin Browne 9874 2501.

**:CHC Coburg King & Queen of the North**, (12km & 6km), Harold Stevens Athletic Track, Coburg, 9.00am (9386 9251h)

**:Turf to Surf** (8km) Recreation Reserve, Tarwin Lower, 10.00am (0418 361 947)

**Sunday, 7th March, VVACI Pentathlon Championship**, Duncan McKinnon Park, Murrumbeena, 12.30pm. Tony Bradford, 9749 2248

**Thursday, 11th March, VRR Twilite Tan Time Trial** (8km & 4km), near Government House Drive, 6.30pm, (9802 7925ah)

**Sunday, 14th March, VVACI Weight Pentathlon Championship**, Duncan McKinnon Park, Murrumbeena, 10.00am, Graeme or Astrid Rose, 9836 2350

**:VRR Yarra Bend** (12km & 6km) Yarra Bend Park, 8.00am (9802 7925ah)

**Saturday & Sunday, 20th & 21st March, VVACI Track & Field Championships**, Duncan McKinnon Park, Murrumbeena, 10.00 HWT, 12.00 T&F, Ted McCoy 9583 3280

**:Saturday, 20th March, Kalparrin Fun Run** (7km), Kalparrin Avenue, Greensborough, 9.15am. (9438 1631h)

**:Sunday, 21st March, VRR Angela Taylor Memorial Run**, (10km & 5km) Police Academy, View Mount Road, Glen Waverley, 8.30am. (9583 0917h)

**Sunday, 28th March, Sussan Women's Classic**, (10km & 5km), Bourke Street Mall, 8.30am, (9819 6888w)

**Friday, 2nd April to Monday, 5th April AAVAC Australian Veterans' Association Championships - Canberra**. Inquiries to The Secretary, PO Box 471 Mawson, ACT, 2607 or email boden@dynamite.com.au. Venue managers now have entry forms. Also from Colin Browne. Entries close March 10th. Please note that a pentathlon has now been included in the program.

**Sunday, 11th April, Canberra Marathon, 50km Ultra Marathon**, preceded on the Saturday by a 5km & 10km Fun Run at 4pm. Marathon starts at 7.00am. The Australian Veterans Marathon Championships are run in conjunction with this race. Dave Cundy, 02 4342 7611. Entry forms from Colin Browne.

**Sunday, 2nd May, VVACI Half Marathon** Footscray Boat House, 10.00am. Contact Rob Waters 9318-3802

**Sunday, 16th May, VVACI Road Walks**, (20km men, 10km women) Albert Park near Middle Park station, 9.00am for 20km, 11.00 for 10km. Contact Peter McGrath, 9807-5656

**Sunday, 6th June, VVACI 10km Cross Country** Yarra Bend Park, 10.00am. Enter at Collingwood venue, George Knott Athletic Track, Heidelberg Road. Contact Rob Waters 9318-3802

**Saturday, 19th June, Fiji Bula Marathon, half marathon & 10km run**. 10 year age categories, package tours available from \$895. Contact Sportswell Tours, 02 9262 2499, or ask Colin Browne for an information sheet.

**Sunday, 26th June, VVACI Road Walks**, (10km men, 5km women) Albert Park, near Middle Park Station. 2.15pm for 10km, 3.00pm for 5km. Contact Peter McGrath, 9807-5656

**Sunday, 27th June, VVACI Pre-Gateshead Track & Field Meet**, Knox track, off Rushdale Road, Scoresby.

**Wednesday, 29th July to 8th August, WAVA World Veterans' Games**, Gateshead, England. Ring Frank Rogers on 08 8332 8815 for travel and accommodation

details. Entries close with Colin Browne on March 29th. I have some entry books.

**7th Australian Masters Games, Adelaide SA**, 25th September to 3rd October. AMG Office, GPO Box 1999, Adelaide SA 5001, phone 08 8300 6140. email games@ausmasters99.org.au

2000

**Oceania Veteran Championships, Norfolk Island** 16th to 23rd January Contact Organising Committee, PO Box 158 Norfolk Island 2899, South Pacific. email games@worldtraders.nf. Fax +6723 23106. Contact Frank Rogers, AAVAC Director of Travel, regarding travel and accommodation as soon as possible, phone 08 8332 8815. Early information on numbers will give us better deals. Accommodation is limited.

2001

**WAVA Veterans World Championships, Brisbane Qld** July 5 to 15

2002

**Oceania Veteran Championships, Geelong**, January. Contact Rudi Hochreiter for information. 0352 414 108

**Fifth World Masters Games, Melbourne**. TBC

## WHAT AM I HERE AFTER?

Remember, older folks are worth a fortune with silver in their hair, gold in their teeth and stones in their kidneys, lead in their feet and gas in their stomachs.

I, for one have become a frivolous older girl in my ageing years. I am seeing five men every day. As soon as I wake up, Will Power helps me out of bed, then I go see John. Next it's time for Uncle Toby to come along followed by Billy Tea. They leave me with Arthur Ritis for the rest of the day. He does not like to stay in one place for very long and takes me from joint to joint. After such a busy day I'm really tired and glad to get to bed with Johnny Walker. What a life. Oh! I forgot to tell I am also flirting with Al Zimer.

PS. The Preacher called last week. He said that at my age I should be thinking of the hereafter. I told him "Oh! I do that all the time. No matter where I am, in the kitchen or in the parlour or the basement, I ask myself: *What am I here after?*"

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## Our New Sponsor

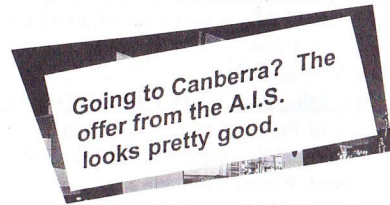
Vic Vets is very fortunate to have the support of the makers of

# BROOKS

sporting shoes and apparel. Paul Smart and his staff have attended the Lindsay Thomas Road Run at Braeside Park and the Andy Salter Road Relays at Springvale Noble Park offering their merchandise at discount prices. They will be in attendance on each day of the Victorian Veterans' Track and Field Championships Saturday and Sunday, 20th and 21st march at Duncan McKinnon Park, Murrumbeena.

We welcome them on Board.

# BROOKS



Australian Institute of Sport

## AIS Residence Rate Card

<b>Dormitory</b>	
<b>Bed and Breakfast</b>	\$70.00 (1 or 2 people)
Extra person	\$10.00
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Extra person	\$45.00
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<b>Bed and Breakfast</b>	\$38.00
<b>Full Board</b>	\$53.00
<b>Self-contained units</b> (max 4 people)	
<b>Bed and Breakfast</b>	\$90.00 (1 or 2 people)
Extra person	\$35.00
<b>Full Board</b>	\$110.00 (1 or 2 people)
Extra person	\$55.00

Please note: Rates as at 1 July 1998 and on a per night basis. Rates are subject to change.

*e x p e r i e n c e*  
the residence

For more information and bookings please contact:

Tel: (02) 6214 1388  
Fax: (02) 6214 1433

Australian Sports Commission

## COMMITTEE MEMBERS 1998

Victorian Veterans Athletic Club Inc.

President  
Robert Waters I.M. 9318 3802  
5 Bellevue Court Maribyrnong 3032

Honorary Secretary  
Dorothy Browne OAM I.M. (Life Member)  
4 Victory Street Mitcham 3132  
9874 2501 fax 9873 3223

Honorary Assistant Secretary  
Colin Browne 9874 2501  
4 Victory Street Mitcham 3132

Honorary Treasurer  
Robert Petric 0359 671 915  
PO Box 136 Wandin North 3139

Vice Presidents  
Ted McCoy I.M. 9583 3280  
24 Blackwood Avenue Mentone 3194  
and  
Anthony Bradford 9749 2248  
6 Merrett Avenue Werribee 3030

Club Vice Captain  
Peter McGrath I.M. 9807 5656  
13 Bales Street Mt Waverley 3149

Immediate Past President  
Doug Orr 9878 4875  
27 Shawlands Avenue Blackburn South 3130

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60 Bursaria Avenue Ferntree Gully 3156  
John Dean 9337 7179  
3 Pearl Street Essendon West 3040  
Alexander Harris 9848 2986  
8 Lignum Court Lower Templestowe 3107  
Alan Bennie 9547 2978  
75 Bertrand Avenue Mulgrave 3170  
David Sheehan 9794 7464  
4/42 Marna Court Noble Park 3174  
Ken Walters 9752 5977  
5 Warra Road Upwey 3158

Subscriptions Officer  
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71 Union Road Surrey Hills 3127

Honorary Auditor/s  
Keith Routley 9699 6384  
6 Mowbray Street Albert Park 3206  
and  
John Chisholm 9772 3285  
Lot 1/48 Field Avenue Edithvale 3196

## VENUES Locations and Managers Venue Day and Midway Ref

ABERFELDIE	Aberfeldie Park, Corio Street, Moonee Ponds	Wed	28 D 6
	Rob Waters 9853 7096 (W) 9318 3802 (H)		
ALTONA	Grant Reserve, Sugar Gum Drive (off Civic Pde) Altona	Sun - Winter	54 G 9
	Alan Darling 9398 5667 and Michael O'Relli	Tuesday - Daylight Saving	
EAST BURWOOD	Burwood East Reserve, Burwood Highway	Thurs	62 C 7
	John Gosbell 9808 4641		
CAULFIELD	Duncan McKinnon Park, North Road, Murrumbeena	Tues - Track	68 K 9
	Greg Mauldon (Track) 9583 5637 - Graeme Rose (Field)	9836 2350 Sunday - Field Games	
COBURG	Harold Stevens Ath. Field, Outlook Rd, Coburg	Thurs	18 A 9
	Vonda Saunders 9460 1267		
COLLINGWOOD	George Knott Athletic Track, Heidelberg Rd., Chilton Hill	Tues	30 F 12
	Bill Ryan 9434 3783 Keith Moody 9434 7403 and Ron Young		
CROYDON	Town Park, off Norton Road, Croydon	Tues	50 K 5
	Ian Clark 9754 2793		
DONCASTER	Rieschicks Reserve, George Street, Doncaster	Wed	33 J11
	Garry Crole 9890 9033(w) Richard Trembath 9836 9256		
FRANKSTON	Ballam Park, Banance Terrace, Frankston	Thurs	103 B 4
	Peter Duggan 9786 9169		
GEELONG	Landy Field, off Barwon Terrace, Geelong	Wed	228 C 7
	Mike McAvoy 0352 532 376		
KNOX	Knox Park Athletic Track, off Rushdale Road, Scoresby	Wed	73 D 7
	Ivan Andrie 9758 7905		
LATROBE VALLEY	Joe Carmody Ath. Track, John Field Drive, Newborough	Tuesday evening	
	Bob Connell 0351 221 558 Vern Curnow 0351 341 809		
MENTONE	Dolomere Oval, Cnr. First and Queen Streets, Mentone	Wed	87 B 6
	Ted McCoy 9583 3280		
SPRINGVALE/NOBLE PARK	Ross Reserve, Memorial Drive, Springvale	Wed	80 E 12
	Tony Doran 9547 7320 Ken Hough 9798 1231		
SWAN HILL	May Ward 0350 376 685 Swan Hill Little Ath's Field	Monday evening	
TOOTGAROOK	Tootgarook Sports Reserve, Trueman's Road, Tootgarook	Wed - Winter	169 E 6
	Alan Radford / Ken Taylor 0359 855 989	Sunday - Daylight Saving	

\*\*\*\*\* EDITOR - "Around the Grounds" - 9795 1169 fax 9795 1169 \*\*\*\*\*  
Peter Colthup OAM. I.M. 14 Bakers Road Dandenong North 3175

Australian Association of Veterans Athletic Clubs

Secretary - Brian Foley (09) 339 2716