

# VicVets News and Results

PRINT POST APPROVED  
PP 338511/0014

If Undelivered return to:  
Dot Browne  
4 Victory Street  
Mitcham, Vic 3132

POSTAGE  
PAID  
AUSTRALIA

SURFACE  
MAIL

## Address change

Return the label on this page with the new address to:

Colin Browne,  
4 Victory Street,  
Mitcham, Vic 3132.

# News and Results

The Victorian Masters Athletics Club Inc.

May 2003

## The Nationals Championships

### Victorians win 105 Gold, 57 Silver, 46 Bronze

By Colin Browne

When I saw that Lynne Schickert was to be the leader of the team to put on the Nationals in Perth for 2003 I had immediate confidence that it would be efficiently organised, as I had worked with Lynne at Burwood Teachers College for many years, where she held the English department together from the office. She then went to WA and established a reputation as secretary of the year at the university and later helped an association of secretaries to lift their game.

Husband Bob too inspired confidence. We knew him as the founding manager of what has become the strong East Burwood venue. Since then he has been president and secretary of the WA vets. They have other great workers in WA too, people like Brian Foley, Bob Sammels, Katrina Spilsbury, Jim Barnes, and Jackie Halberg to name a few. So it was no surprise when the Nationals at Easter 2003 turned out to be so well run. They earned an accolade from World Masters chief honcho, Torsten Carlus, in Sweden, for getting their results up on the website on the first day. These things get noticed.

### Our Top Performers

Stan Stankovic	10 gold
Tom Hancock	7 gold
Andy Smith	7 gold
Gwen Davidson	6 gold

Stan Stankovic	12 medals
Christine Bridie	11 medals
Jennifer Baldwin	10 medals

Mike Johnston	100.00% AGT (400 metres)
Brenda Riley	96.44% AGT (5,000 metre road walk)



Start of a women's 100 metre final at Perry Lakes Stadium

They had a well presented program book which made following the events clear.

Our Clyde Riddoch had contributed an innovation which was appreciated. He had scoured all the results of national veterans/masters championships since the very first one back in the early 70s and compiled a set of meet records, as well as his set of Australian and World records.

The weather was just what the doctor ordered. Mid 20s and

## Victorian Veterans Athletics Club Inc.

Office: 4 Victory Street, Mitcham 3132, Victoria 9874-2501

### Committee

<b>President</b>	Rob Waters	9318-3802	colbandy@mira.net
<b>Vice President</b>	Tony Bradford	9749-2248	
<b>Secretary</b>	Vacant		
<b>Asst Secretary</b>	Vacant		
<b>Treasurer</b>	Don McLean	9808-4543	donaldmc@bigpond.com
<b>Club Captain</b>	David Sheehan	9754-4405	mmouse@alphalink.com.au
<b>Club Vice Captain</b>	Richard Trembath	9431-6963	rtrem@optusnet.com.au
<b>Committee</b>	Heather Carr	5987-1235	bill.carr@sandvik.com
	Ken Walters	9752-5977	judyngen@bigpond.com
	Judith Wines	9561-7224	judy.wines@doi.vic.gov.au
	Gary Mahon	9568-6075	garymahon@optusnet.com.au
	Graham Philpott	9568-0495	
<b>Hon. Auditors</b>	Keith Routley	9699-6384	
	Peter Le Get	9729-4473	pleget@bigpond.com
<b>Webmaster</b>	Gordon Stephen	9898-6664	gstmstephen@ozemail.com.au
<b>Uniforms</b>	Ken Walters	9752-5977	judyngen@bigpond.com
<b>Subscriptions</b>	Astrid Rose	9836-2350	grarose@yahoo.com
<b>Statistician</b>	Clyde Riddoch	9690-2903	clyder@netspace.net.au

### Others

<b>Magazine Editor</b>	Russ Haines	9876-4367	russhaines@optusnet.com.au
<b>Thrower's Group</b>	Graeme Rose	9836-2350	grarose@yahoo.com

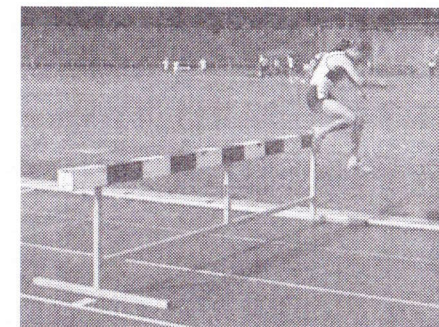
### Reference Websites

[www.vicnet.net.au/~vicvets/](http://www.vicnet.net.au/~vicvets/)  
[www.users.bigpond.com/judyngen/atg](http://www.users.bigpond.com/judyngen/atg)  
[www.athsvic.org.au](http://www.athsvic.org.au)  
[www.val.org.au](http://www.val.org.au)  
[www.geocities.com/Colosseum/5654/vicwalker.html](http://www.geocities.com/Colosseum/5654/vicwalker.html)  
[www.athletics.org.au](http://www.athletics.org.au)  
[www.iaaf.org](http://www.iaaf.org)  
[users.eis.net.au/~atfca/](http://users.eis.net.au/~atfca/)  
[www.aims-association.org](http://www.aims-association.org)  
[www.ultraoz.com](http://www.ultraoz.com)  
[www.coolrunning.com.au](http://www.coolrunning.com.au)  
[www.ausrun.com.au](http://www.ausrun.com.au)  
[www.asda.org.au](http://www.asda.org.au)  
[www.webathletics.com.au](http://www.webathletics.com.au)  
[www.mastersathletics.com.au](http://www.mastersathletics.com.au)  
[www.bettanet.net.au/pardon/](http://www.bettanet.net.au/pardon/)  
[www.netprojex.com.au/wavac/](http://www.netprojex.com.au/wavac/)  
[www.amas.com.tw](http://www.amas.com.tw)  
[www.alicespringsmasters.nt.gov.au](http://www.alicespringsmasters.nt.gov.au)  
[www.wma2004.org](http://www.wma2004.org)  
[www.puertorico2003.org](http://www.puertorico2003.org)  
[www.world-masters-athletics.org](http://www.world-masters-athletics.org)  
[www.nationalmastersnews.com](http://www.nationalmastersnews.com)  
[www.masterstrack.com](http://www.masterstrack.com)  
[www.mastersgames.com.au](http://www.mastersgames.com.au)  
[www.virtual.net.au/~vrr](http://www.virtual.net.au/~vrr)  
[www.amg2003.com](http://www.amg2003.com)  
[www.bvaf.org.uk](http://www.bvaf.org.uk)  
[www.imga-masters.com](http://www.imga-masters.com)

**VicVets**  
**Vicvets "Around the Grounds"**  
**Athletics Victoria**  
**Victorian Athletic League (Pros)**  
**Victorian Race Walking Club**  
**Athletics Australia**  
**IAAF**  
**Australian T&F Coaches Assn**  
**Int. Marathons & Road Races**  
**Aust. Ultra Runners' Assn**  
**Best Australian Runners Site**  
**Australia's Runners World**  
**Australian Sports Drug Agency**  
**ACTVAC and others**  
**Qld Masters Athletics Association**  
**Sth Australia Masters Athletics**  
**WA Veterans Athletics Club**  
**Asia Masters Athletics**  
**Alice Springs Masters Games**  
**2004 WMA World Distance Champs**  
**2003 WMA Championships**  
**World Masters Athletics (WMA)**  
**Masters T&F Magazine**  
**"The" Masters Site**  
**Pan Pacific Masters Games**  
**Victorian Road Runners**  
**2003 Australian Masters Games**  
**British Masters Athletic Federation**  
**International Masters Game Assn**

## The Nationals Championships (Cont.)

clear every day. The only negative aspect was that the fields were small, making the title of "Australian Champion" ring a bit hollow. Our organisation would love to solve the problem. We have about 3000 plus members across Australia but very few enter championships, whether state or national. What is the answer?



Alan Long's perfect steeple technique

Seventy-two Victorians competed in at least one event each. We had some success, as the results show on the next page. Tom Hancock and Gwen Davidson won the Royce Foley Trophies for the highest aggregate points in the weight pentathlon.

We saw some excellent running from Colin Page in the middle distance events. Keith Howden met his nemesis, Peter Crombie, again in the sprints. Graeme Noden was very successful in his new age group. Allan Long cleaned them up in the steeplechase. Bob Lewis was superior in the 75s. Graham Philpott showed remarkable all round talent in a range of running and jumping events. He is in great form. Jennifer Baldwin too shone in a multitude of different disciplines. Christine Bridle, Patrina Trowbridge, Sharon Higgins and Carmel Papworth shared honours, a hire car and a cabin and did the Vics proud.



Graeme Rose (unusually) 3rd in the discus

We had the regular tourists in the Roses, Stankovics, Brownes, Bradfords, Reynolds, Chris Schultz and cousin Lorraine Mussett, Colin Silcock-Delaney, John Waite and Nyala Millar. And we had a few first timers in Alan Wood, Chrisoulla

Hondromatidis, Dorn Jenkins and Jodi Chandler, to name just a few. They seemed to enjoy the new experience. I hope that it rubs off on to some more members. It is really worth the effort and expense to go to the nationals. You don't have to be a star.

A special note about the great Andy Smith who managed to attend his 31<sup>st</sup> consecutive Australian Championship, the only person to do so in the history of our sport.



The event aftermath



## Nationals Championships Results (Cont.)

1 Christine Schultz 26.22 51.60%  
3 Judy Coram 21.84 44.06%

### W55

3 Astrid Rose 19.30 45.83%

### W80

1 Gwen Davidson 12.32 51.63%

### M55

1 Graeme Rose 50.24 78.04%

3 Peter Young 38.21 55.75%

### M65

1 Tom Hancock 40.73 69.98%

### M70

2 Sinisa Stankovic 21.56 38.23%

### M80

1 Stojan Stankovic 27.97 58.54%

### Weight Throw

#### W35

1 Anna-Lisa Whitehall 9.46 54.15%

#### W50

1 Christine Schultz 13.06 71.33%

3 Judy Coram 11.37 63.24%

#### W55

3 Rhonda Dundas 10.02 61.40%

### W80

1 Gwen Davidson 7.64 73.39%

### M55

1 Graeme Rose 16.25 81.95%

2 John Reynolds 13.66 67.66%

### M65

1 Tom Hancock 14.54 72.63%

### M70

3 Harry Wynhoven 10.70 57.99%

### M80

1 Stojan Stankovic 12.16 73.97%

### Pentathlon

#### W35

1 Jennifer Baldwin 2417

#### W40

2 Susan Chapman 2026

#### W45

1 Christine Bridle 2402

#### M55

2 Peter Young 2053

#### M60

1 Graham Philpott 2812

2 Tony Bradford 2282

### M65

1 Graeme Noden 3266

### M70

2 Sinisa Stankovic 2114

### M80

1 Stojan Stankovic 2005

### Weight Pentathlon

#### W35

1 Anna-Lisa Whitehall 2370

#### W50

1 Christine Schultz 3643

2 Judy Coram 2901

#### W55

3 Rhonda Dundas 3270

#### W80

1 Gwen Davidson 4257

#### M55

1 Graeme Rose 4128

3 Peter Young 2931

#### M65

1 Tom Hancock 4295

#### M80

1 Stojan Stankovic 3920

## A DATE TO REMEMBER

Article that appeared in the Launceston Examiner on 2<sup>nd</sup> April  
(following the Tasmanian Championships)

FORMER Melbourne racing journalist Richard Trembath will always remember Saturday, March 29 in Launceston.

Seventeen years ago, on Saturday, March 29, Trembath drove his smart pacer Dark Dreamer to victory in Northern Tasmania's biggest harness race, the Easter Cup, at Elphin. Dark Dreamer landed a betting plunge and ran a race record which will stand forever as harness racing moved to Mowbray the following year.

Last weekend, on Saturday, March 29, Trembath was back in town, this time competing in the Tasmanian Masters' Athletic Championships. And again he made the date memorable by running an Australian record of 45.19 seconds in winning the Men's 60-64 division of the 300 metres hurdles.

It finished up being a big weekend for Trembath, who also won the 100, 200, 400 and 800 metres events in his age division, running a Tasmanian record of 27.13 in the 200.

Trembath would normally be running in the Victorian Championships at this time of the year, but was going to be unable to contest his specialty event, the hurdles, next Saturday.

"My daughter, Linda, is being married that day so I thought it might be diplomatic if I went to the wedding rather than the athletics," he confided. "I always have a great contest with Mick Stevenson, from Hobart, whenever we meet in the nationals or the world championships, so I thought the next best thing would be to come down here and let us keep each other honest," he added.

Stevenson finished second to Trembath in the 300 metre hurdles and the three sprints but won gold medals in the 100 metre hurdles, the long jump and the triple jump. Trembath was quick to explain, however, that it's not always that way. "Mick can usually beat me on the flat and sometimes in the hurdles but he's still getting over an operation he had late last year and he's a bit off his game. It's nice to be able to turn the tables for a change," he said.

Dark Dreamer was one of the best-known Victorian pacers to visit Tasmania during the mid-80s, also winning the 1985 Easter Plate in Launceston and a Winfield Cup and a consolation of the Tasmanian Pacing Championship in Hobart. Ironically, March 29 was a significant date for Trembath even before the days of Dark Dreamer or masters' athletics - it's his daughter Fiona's birthday!

[Ed:- By the way, Richard has also had some recent success in getting some of our competition results published in the state newspapers via AAP. As any top coach says, "It's the one percenters that count." Thanks once again Richard.]

### No place like home

The Pan Pacific Masters Games (was formerly the Asia Pacific Masters Games) has an early bird competition. The prize is a return airfare from Sacramento to the Gold Coast in 2004! I suppose the first hurdle, if you won, would be getting over to the States.

Staged in August, check them out at [www.panpacmastersgames.com](http://www.panpacmastersgames.com).

## 2003 World Championships Puerto Rico 2<sup>nd</sup>-13<sup>th</sup> July

With the entries closing shortly, I suspect that there will be no other Australians joining our team list numbering forty-three. There is a notable absence of a number of our current World Champions with only eleven Victorians taking part:

Ian and Margaret Beaumont  
Heather and William Carr  
Janet Holmes  
Colin McCurry  
Lorraine Mussett  
Gerardo Riviello  
Christine Schultz  
Kevin Solomon  
Jack Stevens

Traditionally a World event like this attracts close to 6,000 competitors yet the final mark will be less than half. No doubt the combination of visa problems, high costs of travel and accommodation, the humid conditions and terrorist/war activities has caused people to stay at home. Surprisingly USA is sending less than 400 athletes.

We wish all the Australians success and a very enjoyable trip.

## Maisie Stevens

Maisie passed away on 2nd April. She was a long-term member and supporter of the Vets, and supported her husband, Jack, in his athletic endeavours.

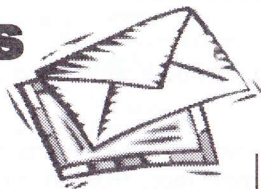
Our sincere condolences to Jack, and to his son Douglas and his wife Alicenne and Maisie's four grandchildren.

## 1<sup>st</sup> WMA Indoor Champs

WMA President Torsten Carlus, commenting on the site selection for the first World Masters Indoor Championships, confirmed that Sindelfingen, Germany, has been endorsed by the WMA Council.

Whilst not popular in "warm" Victoria, we may one day have a go at indoor athletics. The trick is to find an applicable venue!

# Your Letters



## Club Records

I refer to the article included in the December, 2002 issue of News and Results, written by Clyde Riddoch (Victorian Records and Australian Masters Records Officer) regarding the non-allowance of club records due to the unavailability of a wind gauge at competitions.

Certainly, Clyde has an unenviable task when a request for a new record is submitted and there is a lack of substantiating evidence included with the request. Also, Clyde should not be put in the position where he is required to give his gut feeling regarding wind velocities unless perhaps where he is actually competing the event in question. Where we are using accredited Officials, a decision on wind strength would be better given by these people if required.

I understand where the Club is coming from and agree that this is how we should be conducting the procedure for claiming a new record. However, there are many questions raised regarding the validity of existing records in some cases together with the facts that our Club does not ensure that all relevant equipment and qualified officials are available and present at all our club events. I also believe that the same problems occur at interstate meetings.

Clyde's comment that at the 2002 Track & Field Championships at Aberfeldie, we had a wind gauge available but did not use it "as there was no wind" indicates that our Club does not take the required interest of our few "elite athletes" as seriously as it should. There are not many occasions where an athlete has all conditions in their favour in order to set a new record – age, fitness, weather, qualified officials (including timekeepers), wind gauge and verified tape measures, etc. and the Club should meet all possible conditions under its control when we hold our annual championships, which are held on only **four days of each year**.

Obviously, some athletes could be affected by these conditions more than others, such as those athletes who compete only in the Veterans Championships. There are many club members who compete in AV Interclub events and there are some club members who compete in the Throwers Club events where a few of these athletes do have some further opportunities to set new club records. However, if the Club does not meet all the requirements (at our annual championships), other than weather, it does mean that some club members might not have **any** opportunities to claim a new club record.

Consider the situation as it stands at the present – club athletes can set new records for many events (middle distance, distance and relays) at our weekly night meetings as long as there are three timekeepers, change-over officials and the race distance is correct, where none of these officials are necessarily approved. Club athletes can set new records during AV Interclub/Championships events where there will certainly be approved officials, wind gauges (most times), and verified tape measures can be organised. Also, new records can be set during Throwers Club events as, I believe, that a verified tape measure is available and approved officials may be available.

Also at present, track athletes who suspect that they may attain a time better than the current record have to **request** that the mandatory three watches be made available to verify their time. Why doesn't the Club ensure that there are three watches available for all track events at our championships as is usual for meetings where electronic timekeeping is not available.

The above does not paint a very rosy picture for the Club's efforts to meet athletes requirements that are now being imposed as mandatory in order to claim new records where officials and equipment standards apply.

Certainly, the overall Australian situation regarding records is not any better than here at home. I am aware of at least one record that has been approved without the availability of a wind gauge or steel tape measure. Also, not all State Clubs have the "luxury" of owning or being able to borrow a wind gauge or electronic timekeeping equipment that can be used during the National Championships. I am not aware of what other States do during their State Championships or what they use for approved officials or measuring equipment.

# More Letters

## Club Records (Cont.)

If the Club is to operate in a "professional manner" regarding Club Records, all athletes should be given an equal opportunity to be able to claim records at as many Club meetings as possible.

Therefore, the Club needs to come to some resolution regarding what is the mandatory requirements that have to be met for an athlete to be able to initiate a claim for a club record. It may be that the Club will need to make a decision where there may be different requirements to claim a Victorian Record than to claim an Australian or World record because of the difficulty to meet all mandatory requirements. Certainly, a decision that the Club can consistently abide by must be made.

When a decision is made, the Club then needs to meet its obligations, otherwise the Club's record system and therefore, Australian records could become untenable. It is understood that to be able to claim a World Record, all officials and equipment requirements must be met.

Clyde Riddoch, (as Records Officer) should not be placed in the situation where athletes will place blame on him for the non-approval of a new club record because of the Club's inactivity to ensure that the correct equipment, etc. was available at a Club meeting. For example, take the Club's pentathlon meeting on Sunday 16<sup>th</sup> March where there was no wind gauge present and a "steel tape" was made available part-way through the day (during the second event) as a competing athlete may have set a new world record, only because Graeme Rose was at the ground preparing for the weight pentathlon competition on 23<sup>rd</sup> March. Although this event is separate to the Club's Track and Field Championships, it is still an integral part of them and the Club should be aware that either new individual event records or new total pentathlon records might be set. Personally, I was affected as in the long jump, my recorded best distance equalled the M65 Victorian and Australian record. Clyde did make a decision regarding the wind strength, but some time later the tape measure used during the jumps was

measured against the "steel tape" and found to be wanting by some 1cm. What would have happened if Graeme Rose was not present and the "steel tape" was not available. Certainly, I believe that in most other States the record would have been accepted. We need consistency.

The Club must decide what direction is to be taken, and advise the members, immediately.

*Graeme S Noden*

## Runner's Knee

Thank you for keeping in touch even though I am not a financial member. The reason for this is that I have not been able to run for the last 20 months and I cannot see me running ever again.

I used to run at the Dolomore Oval, Mentone with Ted McCoy's band of men & women and had run there since 1989. I had run previously in South Africa training lots of kilometers with the Comrades fanatics. Over the years I had developed "Runners Knee" which is wear between the Knee Cap inner and lower Thigh Bone. The Knee Cap was also miss tracking. I was still running about 6 to 8 Km every second day but could not increase mileage without pain behind the Knee Cap (Left Leg), so the days of hard training & serious competition were over, other wise I was in good health without pain.

Fellow Athletes convinced me to look into getting my problem corrected and as I was about to pass the 50 mark, I too thought it a good idea as I believed with some hard training I could become competitive again especially in Run/Swim/Runs as I had started swimming and in fact came 1st & 2nd overall in two Vets Aquathons I did in the late 90's (96 & 97 I think !).

So off I went to see a Dr Peter Wilson of Kew and of course he was all promises and smiles and lead me to believe every thing would be perfect with the Arthroscopy he would perform and I would be up and running in next to no time. However the operation has turned into a nightmare and the worst decision of my life.

One of the reasons that I misjudged Dr Wilson's promises/expert opinion is that I had no one to speak to who had experienced the awful results of a Lateral Release that went wrong (I

## More Letters

have since found out that this type of Arthroscopy has a 50% failure rate). So I would like to pass on my experience to fellow Athletes as I would not wish anyone to end up as I have. Here is a very brief summary of my current condition :

- A Lateral Release is to cut sinew on the outer side of the leg in order to release the Knee Cap from rubbing the bone at the same time correcting alignment. However the release has created a lump on the side of the leg as the main Tendon has moved forward. This causes pain and the tendon now snags on muscle tissue.
- The tendon is now unbearably tight and the Knee Cap is also now unacceptably tight. The combination of these two is I cannot bend the leg fully.
- I have unbearable pain behind the Knee Cap.
- I doubt if I will ever run again, cannot squat and consequently I have back problems as I cannot lift correctly.
- 100's of other activities I cannot or now struggle to do including what put me on this earth.
- I now have varicose veins as a result of the operation and stinging sensations on the skin surface.
- About 20% muscle wasting and loss of leg strength.
- Constant clicking & crunching of the Knee.
- Prior to the Arthroscopy a couple of months rest did wonders as my body was still able to repair itself (In hindsight I should have had 12 months off with plenty of Physio). The Arthroscopy has done some thing (I believe and feel literally that as the Knee Cap is now so

tight it's rubbing the Bone harder now than ever) that now prevents my body from healing in the Knee area. In fact I believe some degenerative effect is happening and my condition is worsening with time.

These problems have created much stress in my life.

So please think twice about being sales talked into having an operation which will give you hell. If you decide to have an operation don't simply put your trust in the Doctor - do your home work and be prepared to get 2nd or 3rd opinions as it's your health and no one including the Doctor gives a dam about you afterwards.

Regards and happy running.

*Ron Rabone*

### Terang Athletic Club

You may remember I emailed you a few months back regarding our newly formed club and interest in the Vets. Thought I'd quickly email you to tell you how well we're going. We now have about 30 members and run a very informal PB night once a month. We have lots of fun and laughs and run over distances from 50m to 3000m. Ages range from 12 to 51.

Two of our members did very well in the recent Vic Vets Championships.

Richard Wearmouth (50-54) ran 3rd in the final of the 100m and 4th in the 200m and Ken Plummer (40-44) also got a bronze in the 100m. We were so excited for them and they'll be receiving a big write up in the local paper this week. We appreciated your support in us getting up and going so I thought you may like to hear this news.

Kind regards,

*Jill McKenzie*

## VICTORIAN MASTERS ATHLETICS 2003 CROSS COUNTRY CHAMPIONSHIP

### 10 kilometres

#### Two loops of a designated course in Yarra Bend Park (Melways Map 30 - H12)

Venue of the 2004 Australian Masters Athletics (Inc) Games Cross Country (a FUN RUN of 5 kilometres is also incorporated)

**SUNDAY JUNE 15, 10:00am start**

**ENTRY FEE - \$5.00**

- Entries taken on the day at the Collingwood Venue Clubrooms up until 9.45am,
- (George Knott Reserve, Melways Map 30 - G12)
- then at the start until 10.00am .
- Clubrooms have the following features available:
- Secure change room
- Showers (Male & Female) - coin operated
- Clothing lockers available for small charge
- Ample car parking available
- Tea, Coffee & biscuits available after the event.
- All welcome, come and have a look even if unable to run.
- To be eligible for VMAI medals the club competition uniform must be worn.
- Presentations at approximately 11:30am in the clubrooms.

Enquiries: Graeme Paul – 9439 9667 or Wasyl Drosdowsky – 9387 2163

### Moyston Cup 2003

The Moyston cup has been defined as "an accuracy competition for Hammer Throwers held at The Elixir of Youth Brewery, Moyston, Victoria". A gathering (or melee) of some rough looking throwers got together for a "rare" combination of wine appreciation and chucking bits of steel around.



It was doomed to failure, especially as the 9 rules started with "Ken Readwin makes the rules...". Still, the photos tell the story and congratulations up and coming M40 Sandy Scott on winning the aggregate trophy (don't ask me how the scoring works!)

# VICTORIAN MASTERS ATHLETICS INC

## WINTER COMPETITION

### Track & Field Meeting

12:45	Sprint Hurdles*	2:30	Women Discus
	5000 m Walk		Men Shot Put
1:00	Women Hammer	2:45	1500 m
	Men Javelin	3:00	400 m
1:30	100 m		Women Long Jump
1:45	800 m	3:15	5000 m
1:45	Women Javelin		Women Shot Put
	Men Hammer		Men Discus
	Men Long Jump	4:15	Certificate collection and afternoon tea
2:00	300m/400m Hurdles*		
2:15	200 m		

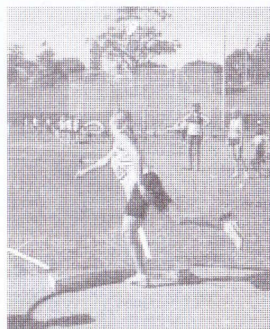
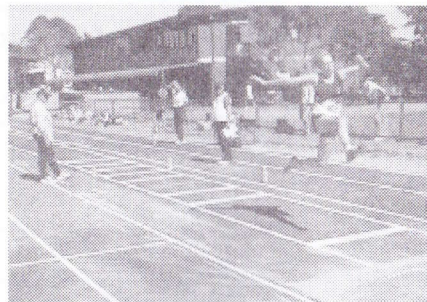
\* Club non-members *may* be invited to make up fields if necessary. Only 3 attempts per Field event. Free afternoon tea.

SUNDAY 22 JUNE 2003 at Doncaster Venue

Rieschiecks Reserve Athletic Track (off George Street Doncaster Ref.33 J11)

Entry \$6 (enter as many events as you wish). Enter on the day

Inquiries (03) 94316963 (Richard Trembath) or 97544405 (David Sheehan)



Some action shots  
from the Victorian  
Championships  
Courtesy Col Browne



## Victorian Masters Athletics

# RACE WALK CHAMPIONSHIPS

ALBERT PARK

14th June 2003

2.15pm

10km for men 35 to 69

5km for women and men 70+



## VVACI ANNUAL GENERAL MEETING

HELD AT CAULFIELD VENUE ON MONDAY 5th MAY, 2003

### ELECTION OF OFFICE BEARERS

56 members attended the AGM. All committee positions were declared and the people shown on page 2 of this newsletter were elected unanimously. Graeme Paul expressed the appreciation of himself and the members to Dot and Colin Browne for their long and valuable service to the club as secretary and assistant secretary. This was carried with acclamation.

### LIFE MEMBERSHIPS AND AWARDS OF MERIT

<b>Life Membership</b>	Ken Walters
<b>Awards of Merit</b>	Joan Riddoch Richard Trembath
<b>AAMI Awards</b>	Shirley Young (Distance) Ann Holcombe (Middle Distance)

**Royce Foley Trophy** Tom Hancock

**Royce Foley Trophy** Gwen Davidson

VVACI Track & Field Trophies

**Wal Sheppard Trophy** Robert McCubbin

**Mike O'Neill Trophy** George Rennie

### NOTICE OF MOTION

The following special resolution was received by the secretary, that the name of the club be changed so that the new name incorporates the word "Masters" in lieu of the word "Veterans".

The requirement was that a majority of 75% be in favour of the resolution. 291 votes were cast and the percentage in favour of the resolution was 79.04. The resolution was declared to be carried. In that event, the preferences of the voters for the two optional names "Masters Athletics Victoria" and "Victorian Masters Athletics" were counted, a simple majority being needed. The majority went to "Victorian Masters Athletics".

### GENERAL BUSINESS

**Nationals 2004.** The club has been charged with the responsibility of organising the AMAI National Track and Field Championships at Easter 2004. A meeting of all who would be prepared to take a part in this project was called for 7.45pm on Friday 16th May 2003 at the home of Don McLean, 2/89 Eley Road, Box Hill South, phone 9808 4543. An urgent call was made for volunteers for this most important effort by the club.

### Some Urgent Requests

As you have become aware, the chairs of Secretary and his/her assistant, are yet to be filled. Please seriously consider helping out, even it is doing a small secretarial task or two. Talk Colin Browne at any time.

Also a couple of gaps are still required to be filled in the 2004 Australian Championships committee when we host the event. Give Rob or Don a call to see if your talents can be utilised.

## 7th World Masters Athletics Non Stadia Championships

Manukau and Auckland, New Zealand

18-24<sup>th</sup> April 2004

### Introduction

These championships will be the first of an expanded Non Stadia championship, covering a full of week of competition. The championships consist of a mixture of road, cross-country and road race-walks. It is open to all women aged over 35 and men over 40 (expected to reduce to 35 during the WMA General Assembly to be held in Puerto Rico during July 2003).

It is anticipated that these championships will attract over 5,000 visitors from over 80 countries to New Zealand. A highlight of the championship will be the Kiwi 'Legends' programme. The 'Legends' will be conducting a daily seminar throughout the duration of the championships. New Zealand has been blessed in producing numerous World record holders and Olympic medallists throughout the golden era of New Zealand's athletics history.

The renowned 'master' of all distance athletics coaches, Arthur Lydiard, will lead the legends programme. Arthur, a resident of Manukau City, is enthused about meeting up with many, many of his old friends from around the world.

### Event Programme

Apr 14	Wednesday Waitakare Ranges run hosted by Arthur Lydiard (*)
Apr 16	Friday Welcome to Auckland City 5km Fun Run (*)
Apr 17	2004 World Masters Athletics Non Stadia Championships Opening Ceremony
Apr 18	Sunday 10km Road Races at Lloyd Elsmore Park, Pakuranga
Apr 19	10km Road Walks at Tamaki Drive
Apr 20	Cross Country Relay at Manukau Sports Bowl, Manukau City
Apr 21	30km Road Walk - Men :: 20km Road Walk - Women at Bucklands Beach
Apr 22	Ekiden Road Relay at Lloyd Elsmore Park, Pakuranga
Apr 23	50km Road Walk at Bucklands Beach
Apr 24	Half Marathon at Tamaki Drive
Apr 24	Banquet & Championship Closing Ceremony at Ellerslie Convention Centre
Apr 28	Totara Park run (*)
May 01	Rotorua Marathon (*)

\* denotes Non Championship event

### Cross Country Relay

Each runner will compete two, 2km laps. National teams will contest the Cross Country Relay. There shall be no limit to the number of teams a country can enter per age group.  
Men 40\*-59 : 5 runners      Men 60 plus : 3 runners      Women : 3 runners  
\*Will reduce to 35, if WMA reduces the men's Masters starting age from 40 to 35.

### Officials & Volunteers

The Championships will rely on officials and volunteers, all offers will be gratefully accepted.





## World Masters Athletics Non Stadia Championships (Cont.)

### Rotorua Marathon

The annual Rotorua Marathon will be raced on Saturday 1 May 2004 - a week following the conclusion of the 2004 WMA Non Stadia Championships.

### 40th Fletcher Challenge Forests Marathon

2004 will be the 40th anniversary year of the Rotorua Marathon, which will be commemorated with a souvenir finisher's medal.

The year 2003 will see the running of the 39th Fletcher Challenge Forests Marathon, Rotorua, making it the longest running marathon event in the Southern Hemisphere. In 1965 it started out with only 16 runners and peaked to nearly 6500 entrants with the running of the 25th anniversary event in 1989.

The Fletcher Challenge Forests Marathon has retained its popularity through a combination of a course that appeals to the runner and walker - a course that combines scenic beauty, is physically challenging, friendly and well supported - and the location of Rotorua which is one of the most spectacular and popular tourist spots in the world.

### Legends Seminars

An undoubted highlight of the Auckland hosted 2004 World Masters Athletics Non Stadia Championships will be the valued import provided many of New Zealand's legendary former runners. Included will be the absolute greats like Arthur Lydiard, Peter Snell, John Walker, Allison Roe, John Davies, Barry Magee-plus many more.....

Many Masters Athletes worldwide would of competed alongside these Kiwi legends. They will be also be involved in many of the medal presentations and will travel to and from competition venues with mixing and mingling with competing athletes.

Following each day's competition, one of the "Legends" will conduct a seminar for the master's athletes of the world. Just prior to the championships commencing a mass training run for visiting athletes will be conducted through the Waitakere Ranges-made internationally famous as the training playgrounds of "Arthur's boys" during the 1960's. A post event training run will also be organized for competitors staying over for the Rotorua marathon the following weekend.

### Contact

Peter Fenemor  
PO Box 977-08  
South Auckland Mail Centre  
Manukau City  
Tel: 0064 9 267 5542  
Email: Fenel@xtra.co.nz

### Entry Requirements

Again, as this Championship is a WMA event, entries will have to be verified and endorsed via the AMAI registrar, Colin Browne. Registration details and entry forms are not yet available but, as soon as they are, please pass your entry onto Colin.

## New Australian Hurdle Recommendations

After the AGM in 2002, the National Association of AMA, as a result of concerned requests from member athletes, approved the formation of a sub committee to examine the lack of participation in hurdle events and to make recommendations for improving this situation.

These are below and potential hurdlers can give feedback to their State Associations and thus to the State Delegates who will be attending and voting at the National AGM. It would also be appreciated if athletes forward their comments to the hurdles sub committee, as well, by emailing wilma1@froggy.com.au

### Wilma Perkins

#### Women

##### Short Hurdles

Age	Race	Height	To 1 <sup>st</sup>	Between	To Finish	Hurdles	Markings
30-39	100m	.840m	13.0m	8.5m	10.5m	10	Yellow
40-49	90m	.762m	13.0m	8.0m	13.0m	9	White
50-64	80m	.686m	12.0m	7.0m	19.0m	8	Black
65 plus	60m	.600m	12.0m	7.0m	13.0m	6	Black

##### Long Hurdles

Age	Race	Height	To 1 <sup>st</sup>	Between	To Finish	Hurdles	Markings
30-39	400m	.762m	45.0m	35.0m	40.0m	10	Green
40-49	400m	.686m	45.0m	35.0m	40.0m	10	Green
50-64	300m	.686m	50.0m	35.0m	40.0m	7	Green
65 plus	200m	.600m	20.0m	35.0m	40.0m	5	Green

#### Men

##### Short Hurdles

Age	Race	Height	To 1 <sup>st</sup>	Between	To Finish	Hurdles	Markings
30-44	110m	.991m	13.72m	9.14m	14.02m	10	Blue
45-54	100m	.914m	13.0m	8.50m	10.5m	10	Yellow
55-64	90m	.840m	13.0m	8.00m	13.0m	9	White
65-74	80m	.762m	12.0m	7.0m	19.0m	8	Black
75 plus	60m	.686m	12.0m	7.0m	13.0m	6	Black

##### Long Hurdles

Age	Race	Height	To 1 <sup>st</sup>	Between	To Finish	Hurdles	Markings
30-44	400m	.914m	45.0m	35.0m	40.0m	10	Green
45-54	400m	.840m	45.0m	35.0m	40.0m	10	Green
55-64	300m	.762m	50.0m	35.0m	40.0m	7	Green
65plus	200m	.686m	20.0m	35.0m	40.0m	5	Green





# VMACI Club Records (Cont.)

W80 #Gwen Davidson 21.66

## JAVELIN

M30 Terry Baldwin 48.52  
 \*Robert Lethbridge 67.32  
 M35 Manfred Rohkamper 60.70  
 \*M Rohkamper 69.32  
 M40 Graeme Rose 55.48  
 M45 Graeme Rose 54.82  
 M50 Andrew Farr 54.79  
 M55 \*Graeme Rose 50.38  
 M60 Tom Hancock 43.46  
 M65 \*Aivars Pavulins 45.00  
 M70 \*Rudi Hochreiter 37.00  
 M75 \*Rudi Hochreiter 31.09  
 M80 Stan Stankovic 27.97  
 M85 Vic Younger 19.91  
 M90 \*Vic Younger 17.01  
 W30 Chris Schultz 40.50  
 \*Petra Rivers 64.18  
 W35 Chris Schultz 39.08  
 W40 Chris Schultz 37.32  
 W45 Dawn Hartigan 33.73  
 W50 \*Chris Schultz 32.18  
 W55 Chris Battersby 24.53  
 W60 Bettina Woodburn 24.24  
 W65 Bettina Woodburn 22.08  
 W70 \*Lydia Widera 19.36  
 W75 Gwen Davidson 14.82  
 W80 Gwen Davidson 12.32

## HEAVY HAMMER

M30 Mike Fawcner 10.49  
 M35 \*Roger Glass 13.92  
 M40 \*Hans Lotz 16.60  
 M45 \*Hans Lotz 15.70  
 M50 \*Hans Lotz 19.71  
 M55 \*Graeme Rose 17.84  
 M60 \*Willem Van Weenan 17.65  
 M65 \*Willem Van Weenan 18.57  
 M70 \*Willem Van Weenan 17.96  
 M75 \*Roy Foley 14.81  
 M80 \*John Fraser 15.10  
 M85 \*John Fraser 12.99  
 M90 \*Vic Younger 6.70  
 W30 Sharon Clayton 11.57  
 W35 \*Christine Schultz 12.79  
 W40 \*Christine Schultz 12.44  
 W45 \*Christine Schultz 13.57  
 W50 Jan Davies 14.77  
 W55 Jan Davies 14.58  
 W60 Val Worrell 12.49  
 W65 Val Worrell 11.47  
 W70 \*Gwen Davidson 10.10  
 W75 \*Gwen Davidson 10.30  
 W80 \*Gwen Davidson 8.80

## WEIGHT PENTATHLON

M30 Terry Baldwin 2,236

Yohan Amerasekera 3,115  
 M35 Roger Glass 2,850  
 M40 \*Hans Lotz 3,543  
 M45 \*Rod Guy 3,584  
 M50 \*Graeme Rose 4,078  
 M55 \*Graeme Rose 4,288  
 M60 \*Tom Hancock 4,229  
 M65 \*Tom Hancock 4,698  
 M70 Aivars Pavulins 4,150  
 M75 \*Roy Foley 4,520  
 M80 \*John Fraser 4,357  
 M85 \*John Fraser 4,444  
 W30 \*Kelly Carvill 2,859  
 W35 \*Christine Schultz 3,944  
 W40 \*Christine Schultz 4,214  
 W45 \*Christine Schultz 4,685  
 W50 #Christine Schultz 4,535  
 W55 Jan Davies 4,173  
 W60 Val Worrell 3,588  
 W65 Lydia Widera 4,188  
 W70 \*Lydia Widera 4,241  
 W75 \*Gwen Davidson 4,371  
 W80 #Gwen Davidson 4422

## PENTATHLON (with discus)

M30 Terry Baldwin 3121  
 M35 \*Terry Baldwin 3589  
 M40 Ray Mooney 3318  
 M45 David Sheehan 3220  
 M50 Rudi Hochreiter 3520  
 M55 Rudi Hochreiter 3657  
 M60 #Rudi Hochreiter 4081  
 M65 \*Rudi Hochreiter 4018  
 M70 \*Mike Johnston 3945  
 M75 Stan Stankovic 3045  
 M80 Stan Stankovic 2,288  
 M85 Vic Younger 2,074  
 M90 #Vic Younger 2,673

W30 \*Jennifer Baldwin 2856  
 W35 Jennifer Baldwin 2699  
 W40 Chris Battersby 2594  
 W45 Chris Battersby 3332  
 W50 Chris Battersby 3309  
 W55 Margaret Dunbar 2745  
 W60 Bettina Woodburn 2647  
 W65 Lydia Widera 3436  
 W70 \*Gwen Davidson 3368

## PENTATHLON (with Shot)

M30 \*David Lynch 3,008  
 M35 Russell West 2,112  
 M40 John Creek 3,055  
 M45 Tom Gerrard 2,801  
 M50 Peter Young 2,374  
 M55 Graeme Noden 3,177  
 M60 Graeme Noden 3,397  
 M65 Alex Harris 2,971  
 M70 \*Stan Stankovic 2,918

M75 Stan Stankovic 3,059  
 M80 Andy Smith 1,381  
 W30 \*Jennifer Baldwin 2,673  
 W35 Cathy Orelli 1,807  
 W45 Kathy Heagney 2,459  
 W50 Chris Battersby 2,997

## DECATHLON

M30 Terry Baldwin 6,320  
 Chris Bradshaw 7,064  
 M35 \*Peter Urban 6,336  
 M40 \*Clyde Riddoch 4,468  
 M45 Clyde Riddoch 4,309  
 M50 John Neale 5,066  
 M55 Jim Poulter 4,880  
 M60 \*Rudi Hochreiter 7,205  
 M65 Norm Keith 3,800  
 M75 Syd Elks 4,956  
 M90 #Vic Younger 4,199  
 W30 Jennifer Baldwin 3,475  
 \*Carolyn Fox 4,448  
 W35 Jennifer Baldwin 3,822  
 W40 Christine Bridle 3,444  
 W45 \*Chris Battersby 4,969  
 W50 Gloria Seymon 3,674  
 W65 \*Gwen Davidson 4,335

## 4 X 100M RELAY

M35 47.73 M40 48.8  
 M45 51.5 M50 50.6  
 M55 53.4 M60 56.5  
 M70 55.5 W35 52.6  
 W45 69.9 W50 58.7  
 W55 60.47

## 4 X 200M RELAY

M40 1.48.8 M45 1.49.8  
 M50 1.46.0 M55 1.44.7  
 M60 1.57.0 M70 2.03.5  
 W55 2.18.6

## 4 X 400M RELAY

M40 3.48.5 M45 3.51.1  
 M50 3.52.8 M55 4.09.5  
 M60 4.37.0 M65 4.39.6  
 M70 5.17.9 W35 4.41.26

## 4 X 800M RELAY

M50 9.59.0 M65 11.41.1  
 M70 11.44.1

## 4 X 1500M RELAY

M50 20.02.3

# RECORDS SET BY VICTORIANS IN 2002/2003

## Pending World Records

Age	Event	Name	Performance	%Std	Date	Location
M90	Decathlon	Vic Younger	4,199 pts	49%	23-2-03	QEII, Brisbane
W75	Mile Run	Corrie DeGroot	8:59.4	73%	27-2-03	East Burwood, Vic
W80	Hammer	Gwen Davidson	21.27m	76%	2-3-03	Murrumbeena, Vic
W80	Weight Pent	Gwen Davidson	4,307 pts	62%	2-3-03	Murrumbeena, Vic
M90	Pentathlon	Vic Younger	2,673 pts	46%	16-3-03	Murrumbeena, Vic
W80	Weight Pent	Gwen Davidson	4,423 pts	60%	23-3-03	Murrumbeena, Vic
W80	Hammer	Gwen Davidson	21.66m	71%	23-3-03	Murrumbeena, Vic
M90	Pole Vault	Vic Younger	1.40m	60%	5-4-03	Murrumbeena, Vic

## Australian Records

Age	Event	Name	Performance	%Std	Date	Location
W70	Half Marathon	Rowena Barker	1:53:20	82%	7-7-02	Gold Coast
W55	800m	Ann Holcombe	2:25.0	96%	27-8-02	Murrumbeena, Vic
W70	3k	Rowena Barker	14:48.5	81%	9-9-02	Doncaster, Vic
M75	Javelin	Rudi Hochreiter	31.09m	68%	27-9-02	Griffith Uni, Qld
M35	100m	Peter O'Dwyer	11.04s	91%	8-10-02	Olympic Park, Vic
W55	1500m	Ann Holcombe	5:01.90	93%	11-10-02	Olympic Park, Vic
W70	Half Marathon	Rowena Barker	1:12:25.62	83%	13-10-02	Carlton, Vic
M35	Half Marathon	John Meagher	67:05.24	91%	13-10-02	Carlton, Vic
W30	Triple Jump	Irie Hill	11.29m	75%	8-10-02	Olympic Park, Vic
W30	Pole Vault	Irie Hill	4.00m	95%	11-10-02	Olympic Park, Vic
W55	1500m	Ann Holcombe	5:00.1	94%	23-11-02	Murrumbeena, Vic
M35	200m	Peter O'Dwyer	21.98s	92%	30-11-02	Geelong, Vic
M60	300m Hurdles	Richard Trembath	45.6s	92%	12-12-02	East Burwood, Vic
M45	3k Walk	Paul Kennedy	12:50.2	91%	11-2-03	Aberfeldie, Vic
M90	Long Jump	Vic Younger	2.25m	63%	22-2-03	QEII, Brisbane
M90	Shot Put	Vic Younger	5.86m	76%	22-2-03	QEII, Brisbane
M90	High Jump	Vic Younger	0.92m	79%	22-2-03	QEII, Brisbane
M90	Pole Vault	Vic Younger	1.15m	49%	23-2-03	QEII, Brisbane
M90	Javelin	Vic Younger	13.30m	47%	23-2-03	QEII, Brisbane
M70	Hammer	Wim Van Weenan	48.74m	92%	23-2-03	Murrumbeena, Vic
M75	Mile Run	Bob Lewis	6:33.1	84%	27-2-03	East Burwood, Vic
W60	Mile Run	Brenda Riley	6:34.4	84%	27-2-03	East Burwood, Vic
W80	Discus	Gwen Davidson	15.10m	58%	2-3-03	Murrumbeena, Vic
W60	3k Walk	Gwen Steed	17:29.19	85%	8-3-03	Olympic Park, Vic
M90	Long Jump	Vic Younger	2.53m	71%	16-3-03	Murrumbeena, Vic
M90	Javelin	Vic Younger	15.05m	53%	16-3-03	Murrumbeena, Vic
M90	Discus	Vic Younger	15.22m	57%	23-3-03	Murrumbeena, Vic
M90	Javelin	Vic Younger	17.01m	60%	23-3-03	Murrumbeena, Vic
M90	Weight Throw	Vic Younger	6.70m	44%	23-3-03	Murrumbeena, Vic
M60	300m Hurdles	Richard Trembath	45.19s	93%	29-3-03	Launceston, Tas
W80	Weight Throw	Gwen Davidson	8.80m	75%	30-3-03	Murrumbeena, Vic
M90	80m Hurdles	Vic Younger	44.4s	47%	30-3-03	Murrumbeena, Vic
M85	1500m	Peter Brownbill	8:01.6	76%	30-3-03	Murrumbeena, Vic
W60	5k Walk	Brenda Riley	27:34	96%	30-3-03	Murrumbeena, Vic
W80	Discus	Gwen Davidson	15.59m	59%	30-3-03	Murrumbeena, Vic
M90	Shot Put	Vic Younger	5.93m	77%	5-4-03	Murrumbeena, Vic
W60	5k walk	Brenda Riley	27.33.0	96%	19-4-03	Perth, WA

## Australian Championship Records in 2003 (from Perth, WA)

W80	Javelin	Gwen Davidson	12.32m	48%	18-4-03
M80	Javelin	Stan Stankovic	27.97m	58%	18-4-03
W80	Discus	Gwen Davidson	14.63m	54%	19-4-03
W80	Hammer	Gwen Davidson	20.52m	73%	19-4-03
W80	Weight Throw	Gwen Davidson	7.64m	73%	20-4-03
W80	Weight Pent	Gwen Davidson	4,257 pts	58%	20-4-03

## RECORDS SET BY VICTORIANS IN 2002/2003 (Cont.)

## Victorian Records

W35	2k Steeple	Laurel Gore	7:48.34	82%	7-10-02	Olympic Park, Vic
W45	Javelin	Dawn Hartigan	33.73m	63%	7-10-02	Olympic Park, Vic
W70	800m	Rowena Barker	3:52.11	73%	8-10-02	Olympic Park, Vic
M60	300 Hurdles	Richard Trembath	46.59s	90%	8-10-02	Olympic Park, Vic
W50	Triple Jump	Sue Haylock	9.14m	80%	8-10-02	Olympic Park, Vic
W65	400m	Lorraine Woodman	1:23.41	78%	11-10-02	Olympic Park, Vic
W70	400m	Rowena Barker	1:36.52	76%	11-10-02	Olympic Park, Vic
M30	400m	Andrew Wilcox	49.41s	89%	11-10-02	Olympic Park, Vic
M35	400m	Peter O'Dwyer	48.69s	92%	11-10-02	Olympic Park, Vic
M35	1500m	Dean Paulin	3:56.45	90%	11-10-02	Olympic Park, Vic
W45	80 Hurdles	Joanne Russell	13.30s	86%	11-10-02	Olympic Park, Vic
W75	10k Road walk	Jean Knox	74:27	84%	12-10-02	Middle Park, Vic
M65	Half Marathon	Tony Berry	86:07	90%	13-10-02	Carlton, Vic
M80	Half Marathon	Ken Matchett	143:08.04	64%	13-10-02	Carlton, Vic
M60	400m	Richard Trembath	60.01s	89%	14-1-03	Aberfeldie, Vic
M60	400m	Richard Trembath	59.8s	89%	21-1-03	Doncaster, Vic
M90	Discus	Vic Younger	13.72m	51%	23-2-03	QEII, Brisbane
W50	Mile Walk	Heather Carr	7:58.4	92%	27-2-03	East Burwood, Vic
W45	Mile Walk	Alison Thompson	8:08.7	87%	27-2-03	East Burwood, Vic
W60	Mile Walk	Brenda Riley	8:49.7	92%	27-2-03	East Burwood, Vic
M55	Mile Walk	Alan Lucas	8:50.7	75%	27-2-03	East Burwood, Vic
M60	Mile Walk	Dave Herbert	9:01.6	78%	27-2-03	East Burwood, Vic
W55	Mile Walk	Celia Johnson	9:04.0	82%	27-2-03	East Burwood, Vic
W40	Mile Walk	Sandra Howorth	9:38.9	68%	27-2-03	East Burwood, Vic
W65	Mile Walk	Margaret Beaumont	10:44.7	77%	27-3-03	East Burwood, Vic
W75	Mile Walk	Jean Knox	10:59.5	86%	27-2-03	East Burwood, Vic
W65	Mile Run	Anne Callaghan	9:03.4	63%	27-2-03	East Burwood, Vic
W80	Shot Put	Gwen Davidson	5.92m	76%	2-3-03	Murrumbeena, Vic
W80	Javelin	Gwen Davidson	11.60m	46%	2-3-03	Murrumbeena, Vic
W80	Weight Throw	Gwen Davidson	7.37m	55%	2-3-03	Murrumbeena, Vic
W45	Long jump	Salli-Ann Lee	4.81m	81%	7-3-03	Olympic Park, Vic
W45	High jump	Salli-Ann Lee	1.43m	85%	9-3-03	Olympic Park, Vic
M90	200m	Vic Younger	58.1s	60%	16-3-03	Murrumbeena, Vic
M80	Pentathlon	Stan Stankovic	2,288 pts	50%	16-3-03	Murrumbeena, Vic
M80	Javelin	Stan Stankovic	26.28m	63%	16-3-03	Murrumbeena, Vic
W45	400m Hurdles	Joanne Russell	71.0s	87%	23-3-03	Newcastle, NSW
W80	Shot Put	Gwen Davidson	6.24m	72%	23-3-03	Murrumbeena, Vic
M80	Javelin	Gwen Davidson	11.87m	42%	23-3-03	Murrumbeena, Vic
W80	Weight Throw	Gwen Davidson	7.47m	60%	23-3-03	Murrumbeena, Vic
W75	400m	Corrie DeGroot	109.0s	68%	30-3-03	Murrumbeena, Vic
W75	1500m	Corrie DeGroot	8:03.4	75%	30-3-03	Murrumbeena, Vic
W30	2k Steeple	Julie Norney	8:07.9	75%	30-3-03	Murrumbeena, Vic
W45	Long Jump	Salli-Ann Lee	4.88m	82%	30-3-03	Murrumbeena, Vic
M90	Hammer	Vic Younger	10.21m	35%	30-3-03	Murrumbeena, Vic
W45	400m Hurdles	Joanne Russell	69.8s	88%	5-4-03	Murrumbeena, Vic
M65	200m	Graeme Noden	27.2s	92%	5-4-03	Murrumbeena, Vic
M85	5k	Peter Brownbill	30:12.6	74%	5-4-03	Murrumbeena, Vic
M90	Triple Jump	Vic Younger	5.29m	68%	5-4-03	Murrumbeena, Vic
W45	Triple Jump	Salli-Ann Lee	10.12m	82%	5-4-03	Murrumbeena, Vic
M80	Javelin	Stan Stankovic	27.97m	68%	18-4-03	Perth, WA
W80	Javelin	Gwen Davidson	12.32m	48%	18-4-03	Perth, WA
M60	2k Steeple	Graham Philpott	7:27.33	93%	19-4-03	Perth, WA
M60	400m	Richard Trembath	59.59s	89%	21-4-03	Perth, WA

Clyde Riddoch, VVACI Records Officer  
5/38 Bank Street, South Melbourne Vic 3205  
Telephone 03 9204 7085(B), 03 9690 2903(H), Fax 03 9204 7080, Email: clyde.riddoch@auspost.com.au

## Eddie Simpson

by Richard Trembath

**DONCASTER** venue members were shocked and saddened to hear of the recent passing of one of their number, Eddie Simpson, who died on March 19 at the age of 57 after a battle with cancer.

Eddie had been a regular for the previous two years although his ability to attend often depended on whether he happened to be 'winning' at the time. Mostly, however, he was an enthusiastic sprinter whose participation in veterans' athletics was merely a continuation of a lifelong love-affair with sport.

Born in Belfast, in Ireland, Eddie later lived for a time in Scotland and played professional soccer in England. His greatest thrill in that sport, however, came during his time with Hong Kong Rangers when he played against an invitation team which included one of the game's icons, the great Pele. Eddie spent most of his life involved in soccer and athletics and was involved in coaching soccer after migrating to Australia.

Eddie's wife Barbara said he was always keen to remain fit and that it had been this which had led him to join veterans' athletics. Doncaster venue manager Richard Trembath said he quickly grew to admire Eddie's approach to life and its problems. "Whenever you asked for volunteers for something, Eddie's name was always first on the list," he said, "and he tackled his athletics head-on.

"I remember when he first came to Doncaster, worrying how I could get him to slow down and back off a bit before he hurt himself. "Probably my most vivid memory will always be of one night when the weather was so foul that everyone else wanted to just have supper and go home. "We had a couple of visitors there that night. It was pouring rain but they wanted to run and Eddie was the only one who went out with them. "He finished third in the field of three in the 100, then in the 200 he pulled up as they were about to enter the straight.

"None of them had warmed up properly and I remember thinking he must have done a hammy or something. I caught up with him later and asked if he was okay and he said: 'Yeah, I'm fine, just my bag came adrift...'

"Most people didn't know about that, and they didn't know he'd had a hip replacement either. There are a lot of people in Vets' who've got plenty of guts, but none who had any more than Eddie," Trembath said. "He was a good bloke, too," he added. "It's a pity there aren't a few more Eddie Simpsons about."

## Masters or Veterans?

Current nomenclature is:  
Masters - SA, Qld, Vic, Tas  
Veterans - NSW, ACT, WA

A dozen or twelve? When are we going to get back to basics?

## Your Editor's Interview

Check out my interview with US Masters Track & Field at [www.masterstrack.com/news2003/march20.html](http://www.masterstrack.com/news2003/march20.html)

## Australian Masters Games

Deadline for entries on 15<sup>th</sup> August. Give them a call on (02) 6232-5266 or go to [www.amg2003.com](http://www.amg2003.com).

## 2003 VicVets Track and Field Championships

## Short Hurdles

M45		
1 Mark Cauchi	18.7	
2 Greg Varigos	No Time	
3 Greg Simpson	No Time	
4 Clyde Riddoch	No Time	
M50		
1 Freddy Rademaker	19.9	
2 John Neale	22.1	
M60		
1 Jim Poulter	18.0	
M65		
1 Don Chambers	15.0	
2 Roy Cunliffe	18.4	
3 Max Brook	20.8	
M70		
1 David Mather	16.0	
2 Gordon Gourlay	18.3	
M75		
1 George Goode	20.1	
M90		
1 Vic Younger	44.4	
W45		
1 Joanne Russell	13.5	
2 Christine Bridle	16.3	
Long Hurdles		
1 Keith Hyndes	66.3	
M40		
1 Scott Nye	1:16.9	
M45		
1 Greg Simpson	74.0	
2 Mark Cauchi	75.4	
3 Clyde Riddoch	84.0	
M50		
1 Freddy Rademaker	50.4	
2 John Neale	57.3	
M60		
1 Bill Schofield	60.9	
M65		
1 Don Chambers	57.9	
2 Max Brook	63.2	
M70		
1 Leo Coffey	59.0	
2 Alex Harris	66.6	
M75		
1 Sydney Elks	70.0	

2 George Goode	70.7
W35	
1 Jennifer Baldwin	73.2
W45	
1 Joanne Russell	69.8
2 Christine Bridle	75.6
W50	
1 Tina Vallance	61.3
100 Metres	
M30	
1 John Keramidias	12.7
M35	
1 Glenn Stephens	11.9
2 Dean Wilkes	12.8
M40	
1 Peter Tuckett	11.6
2 Terry Baldwin	12.0
3 Ken Plummer	12.1
4 Mark Thomas	12.3
5 Phillip Coghill	12.4
6 John Schuijers	12.6
7 Charles Clark	13.0
8 William Barker	13.2
M45	
1 Paul Turner	12.2
2 Andrew Watts	12.7
3 Gottfried Schutz	13.1
4 Grant Sargent	13.2
5 Ivor Corneilse	13.3
6 Phil Lancaster	13.5
7 Greg Simpson	14.3
M50	
1 Phil Rosevear	12.6
2 Keith Moyle	12.8
3 Richard Wearmouth	12.9
4 Stephen Baird	12.9
5 Mark Tonkin	13.7
6 Rodney Jellett	13.9
7 Graham Ford	14.0
8 Freddy Rademaker	14.6
M55	
1 Keith Howden	13.1
2 Ian McLeod	13.5
3 Myer Vorchheimer	14.0
M60	
1 Ross Kent	13.3
2 Col Burnett	13.6
3 Andrew Fraser	14.5
4 Brian Tait	14.7
5 Tony Bradford	15.3

M65	
1 Graeme Noden	13.7
2 Kevin Marion	14.4
3 Con Matthews	14.7
4 Lucas Kakris	14.8
5 John Howes	15.3
6 Max Brook	15.9
7 Don Chambers	16.3
8 Allan Wood	16.9
M70	
1 Leo Coffey	14.7
2 Norm Windred (NSW)	15.1
2 David Mather	15.6
3 Gordon Gourlay	16.4
4 Col Silcock-Delaney	20.2
M75	
1 George Goode	17.1
M80	
1 Mike Johnston	15.5
2 Stan Stankovic	20.2
3 Wal Riley	31.3
M85	
1 Eddie Gamble	24.7
2 Andy Smith	26.5
M90	
1 Vic Younger	23.2
W30	
1 Amanda Constable	14.5
2 Jodi Chandler	14.9
W35	
1 Linda Buttigieg	13.4
2 Marlene Johns	13.8
3 Sharyn Caulfield	14.1
4 Sonya Pollard	14.5
W40	
1 Christie Faulks	14.1
2 Stephanie Armstrong	14.6
3 Margaret Sheldon	17.1
W45	
1 Joanne Russell	14.4
2 Dorn Jenkins	14.5
3 Christine Bridle	14.7
4 Amanda Lee	15.3
W50	
1 Kathy Heagney	14.6
2 C Hondromatidis	16.2
3 Judy Coram	17.9
W55	
1 June Reeves	14.9
2 Nanette Compte	15.3

## 2003 VicVets Track and Field Championships (Cont.)

W60	
1 Jill Allen	15.1
2 Nyala Millar	16.3
3 Beverly Hugo	20.8
W65	
1 Kathleen Cook	16.7
W70	
1 Ruth Potter	21.9
200 Metres	
M30	
1 John Keramidias	25.5
M35	
1 Glenn Stephens	23.4
2 Dean Wilkes	25.7
3 Keith Hyndes	27.1
M40	
1 Peter Tuckett	23.5
2 Terry Baldwin	23.9
3 Phillip Coghill	24.4
4 Mark Thomas	24.7
5 John Schuijers	24.9
6 Charles Clark	25.5
7 Darren McGee	26.4
8 Scott Nye	27.3
M45	
1 Paul Turner	24.7
2 Andrew Watts	25.0
3 Gottfried Schutz	25.8
4 Phil Lancaster	26.1
5 Ivor Corneilse	26.5
6 Chris Brown	28.9
M50	
1 Keith Moyle	25.5
2 Peter Lamb	25.7
3 Phil Rosevear	25.7
4 Richard Wearmouth	25.8
5 Mark Tonkin	27.6
6 Rodney Jellett	28.3
7 John Neale	28.7
8 Freddy Rademaker	28.9
M55	
1 Keith Howden	25.8
2 Ian McLeod	27.4
3 Myer Vorchheimer	29.4
M60	
1 Ross Kent	26.8
2 Tony Bradford	29.8
3 Andrew Fraser	30.5
4 Brian Tait	30.9
M65	
1 Graeme Noden	27.2

2 Lucas Kakris	29.9
3 Don Chambers	30.7
4 Max Brook	30.9
5 Eddie Stack	33.7
6 Allan H Wood	40.3
M70	
1 Leo Coffey	30.7
2 David Mather	31.5
3 Alex Harris	33.0
4 Gordon Gourlay	33.7
5 Nino Stankovic	39.3
6 Col Silcock-Delaney	47.8
M75	
1 Sydney Elks	38.4
2 Jim Sinclair	38.9
M80	
1 Stan Stankovic	48.2
2 Wal Riley	79.5
M85	
1 Andy Smith	62.1
M90	
1 Vic Younger	59.9
W30	
1 Amanda Constable	29.3
2 Jodi Chandler	29.6
W35	
1 Marlene Johns	28.1
2 Linda Buttigieg	28.3
3 Sharyn Caulfield	28.8
4 Mary Grau	31.8
W40	
1 Christie Faulks	28.3
2 Stephanie Armstrong	28.3
3 Cathy Orelli	31.2
W45	
1 Joanne Russell	28.3
2 Dorn Jenkins	28.7
3 Christine Bridle	29.5
4 Julie Dacy	30.3
5 Amanda Lee	31.9
W50	
1 C Hondromatidis	32.4
W55	
1 June Reeves	31.8
2 Nanette Compte	33.0
3 Ruth Woolcock	39.7
W60	
1 Jill Allen	32.4
2 Beverly Hugo	44.4

W65	
1 Kathleen Cook	35.6
400 Metres	
M35	
1 Glenn Stephens	54.4
2 Malcolm Grimmatt	67.7
M40	
1 Terry Baldwin	52.9
2 Peter Tuckett	54.5
3 Phillip Coghill	57.6
4 Mark Thomas	58.2
5 Darren McGee	58.3
6 Brett Currie	59.3
7 Charles Clark	59.5
8 Gary O'Dwyer	60.0
9 Tony O'Shea	64.2
M45	
1 Andrew Watts	55.3
2 Gottfried Schutz	57.6
3 Phil Lancaster	58.9
4 Colin Page	59.5
5 Ashley Ryan	60.6
6 Peter Gray	65.8
M50	
1 Alan Gibson	57.0
2 Peter Lamb	57.1
3 Mark Tonkin	59.0
4 Phil Rosevear	62.6
5 Freddy Rademaker	64.7
6 Stewart Handasyde	65.4
7 Graham Eadie	66.2
8 Chris Colley	67.8
9 Jo Dilworth	72.5
10 Ken Carter	105.3
M55	
1 Keith Howden	60.1
2 Ian McLeod	61.1
3 Wayne Fitzsimmons	63.1
M60	
1 Ross Kent	62.0
2 Graham Stockdale	67.4
3 Andrew Fraser	71.5
M65	
1 John Howes	67.3
2 Con Matthews	67.4
3 Ray O'Connor	69.2
4 Max Brook	75.2
5 Lucas Kakris	77.6
6 Eddie Stack	83.2
M70	
1 Norm Windred (NSW)	1:15.6
2 Alex Harris	1:22.6
3 Col Silcock-Delaney	2:04.8

## 2003 VicVets Track and Field Championships (Cont.)

M75	1 Jack Kilfoyle	1:48.0	2 Peter Lamb	2:11.9	5 Peter Gray	5:31.3
			3 Freddy Rademaker	2:21.4		
			4 David Jones	2:23.0	M50	
M80			5 Stewart Handasyde	2:23.4	1 Colin McCurry	4:38.2
1 Mike Johnston	1:15.4		6 Graham Eadie	2:32.9	2 Russell Johnson	4:39.3
			7 Ken Carter	4:05.7	3 David Jones	4:57.6
					4 Peter Bence	5:05.3
M85					5 Bruce Rattenbury	5:13.2
1 Andy Smith	2:44.6		M55		6 Jim Hopkins	5:14.7
			1 Robert Hendy	2:21.8	7 Stewart Handasyde	5:19.2
W30			2 Wayne Fitzsimmons	2:23.7	8 Freddy Rademaker	5:34.1
1 Jodi Chandler	69.2		3 Rob Waters	2:43.2	9 Trevor Bish	5:58.2
2 Nikki Carden	69.9		4 Michael Orelli	2:53.0	10 Ken Carter	8:03.9
W35			M60		M55	
1 Jennifer Baldwin	64.2		1 David Nobbs	2:22.3	1 Kevin Solomon	4:44.8
2 Marlene Johns	64.4		2 George Rennie	2:23.4	2 Norman Franzi	5:00.2
3 Linda Buttigieg	66.0		3 Graham Philpott	2:24.2	3 Neil Gray	5:16.9
4 Sharyn Caufield	66.7		4 Graham Stockdale	2:42.5	4 Jim McLure	5:39.4
			5 Bob Hayes	2:53.6	5 Michael Orelli	5:52.6
W40			6 John Waite	2:54.0	6 Rob Waters	6:07.1
1 Stephanie Armstrong	65.2					
2 Cathy Orelli	69.8		M65		M60	
3 Karen Archer	79.2		1 Max Brook	2:46.6	1 George Rennie	4:56.4
					2 Graham Philpott	5:00.7
W45			M70		3 Ted Paulin	5:29.3
1 Christine Bridle	67.4		1 Chas McRae	3:17.0	4 John Waite	6:01.4
2 Amanda Lee	73.6		2 Col Silcock-Delaney	4:20.2	5 Bob Hayes	6:05.9
W50			W35		M65	
1 Kathy Heagney	66.5		1 Delwyn Hewitt	2:24.1	1 Max Brook	5:55.2
2 C Hondromatidis	79.8				2 Ray Callaghan	6:54.4
W60			W40		M70	
1 Beverly Hugo	1:41.9		1 Julie Braakhuis	2:27.2	1 Ron Young	6:13.1
			2 Karen Archer	2:40.4	2 Chas McRae	6:46.3
W65			3 Cathy Orelli	2:44.2	3 Ben Morrey	7:36.1
1 Margaret Beaumont	1:54.6		4 Susan Chapman	2:58.1	4 Col Silcock-Delaney	8:30.1
W75			W45		M75	
1 Corrie DeGroot	1:49.0		1 Amanda Lee	2:57.6	1 Bob Lewis	5:57.5
<b>800 Metres</b>			W50		M85	
M35			1 Carolyn Dickson	3:01.2	1 Peter Brownbill	8:01.6
1 Malcolm Grimmatt	2:20.7					
			W55		W30	
M40			1 Ruth Woolcock	3:25.6	1 Julie Norney	5:04.6
1 Robert McCubbin	1:55.2					
2 Mario Muscara	2:05.8		<b>1,500 Metres</b>		W35	
3 Michael Bialczak	2:10.8		M35		1 Delwyn Hewitt	5:01.8
4 Darren McGee	2:16.5		1 Malcolm Grimmatt	4:46.1	2 Carmel Papworth	5:16.9
5 Brett Currie	2:21.2					
			M40		W40	
M45			1 Tim Crosbie	4:18.9	1 Sharon Higgins	5:22.5
1 Daryl Hauenstein	2:08.1		2 Mario Muscara	4:23.3	2 Karen Archer	5:54.9
2 Colin Page	2:09.4		3 Michael Bialczak	4:24.9		
3 Ashley Ryan	2:16.2		4 Ian Dent	4:26.4		
4 Peter Gray	2:32.3				W50	
5 Chris Brown	2:45.2				1 Carolyn Dickson	6:29.7
M50			M45		W65	
1 Alan Gibson	2:11.3		1 Daryl Hauenstein	4:27.6	1 Anne Callaghan	8:31.5
			2 Colin Page	4:31.0		
			3 Bert Pelgrim	4:37.0		
			4 Peter Field	4:47.3		

## 2003 VicVets Track and Field Championships (Cont.)

W75	1 Corrie DeGroot	8:03.4	M60	1 Graham Philpott	7:41.1
			2 George Rennie	7:54.6	
<b>5,000 Metres</b>			M65	1 Fred Bichsel	9:57.4
M35	1 Malcolm Grimmatt	17:28.8			
			M75	1 Col Silcock-Delaney	12:18.1
M40	1 Pete Knight	15:44.5			
2 Michael Bialczak	16:32.8		M75	1 George Goode	12:19.8
3 Ian Dent	16:37.7				
4 Quentin Grey	19:07.9		W30	1 Julie Norney	8:07.9
5 Andrew Tunne	21:17.7				
			W50	1 Heather Carr	11:11.2
M45	1 Charles Chambers	16:36.6			
2 Allan Long	16:45.8		<b>1,500 Metre Walk</b>		
3 Jeff Boot	17:19.0		W40	1 Annette Major	7:27.4
4 Andrew Edwards	18:21.2		2 Mandy Emmett	7:41.9	
5 Peter Gray	21:38.2		3 Carmel Drennan	8:18.9	
6 Chris Brown	21:52.5				
			W45	1 Jenny Fawkes	7:47.3
M50	1 Ray Wilson	16:33.5	2 Janet Holmes	7:54.8	
2 Russell Johnson	17:03.9		3 Heather Lancaster	9:48.1	
3 Tony Bird	17:09.3				
4 Peter Bence	18:46.3		W50	1 Heather Carr	7:17.6
5 Bruce Rattenbury	19:12.2		2 Alison Thompson	7:25.2	
6 Jim Hopkins	20:12.1		3 Marlene Gourlay	7:53.5	
7 Trevor Bish	21:24.1		4 Christine Griffiths	11:51.0	
8 Ken Carter	30:17.0				
			W55	1 Celia Johnson	8:45.9
M55	1 Kevin Solomon	17:08.5	2 Maureen Binyon	9:19.8	
2 Jeffery Walker	18:12.0				
3 Norman Franzi	18:37.2		W60	1 Brenda Riley	7:44.6
4 Sam Defanis	19:05.3		2 Gwen Steed	8:19.7	
5 Ashley Birrell	19:40.0		3 Sylvia Machin	8:43.9	
6 Jim McLure	20:51.0		4 Beverly Hugo	10:27.4	
7 Wayne Fitzsimmons	20:51.4				
8 Rob Waters	21:37.2		W65	1 Margaret Beaumont	9:49.8
9 Michael Orelli	22:19.7		2 Tina Baarslag-Leb	9:50.0	
10 David Sheehan	22:20.3		3 Shirley Coppock	11:24.5	
M60	1 George Rennie	18:43.8	W70	1 Jean O'Neill	12:15.0
2 Graham Philpott	19:06.0				
3 Ted Paulin	19:27.0		W75	1 Jean Knox	10:03.2
4 David Locke	20:00.5				
5 John Waite	21:30.7		<b>3,000 Metre Walk</b>		
6 Bob Hayes	22:57.2		M45	1 Ross Reid	14:31.9
M65	1 Brian Mee	21:09.9	M50	1 Chris Colley	13:49.6
2 Greg Mauldon	22:35.6				
3 Fred Bichsel	22:35.9		M55	1 Wayne Fitzsimmons	13:20.6
4 Peter Le Get	23:17.8				
5 Kevin Browne	23:57.6				
6 Ray Callaghan	25:26.5				
7 Bernie Goggin	27:34.3				

## 2003 VicVets Track and Field Championships (Cont.)

2 Ian Cassell 17:50.4	W40 1 Mandy Emmett 28:25.0	2 Don Chambers 3.94
M50 1 Anthony Doran 17:10.8	W45 1 Jenny Fawkes 28:41.0	3 Allan H Wood 3.38
2 Geoff Barrow 17:24.3	2 Janet Holmes 29:22.0	M70 1 Leo Coffey 3.66
M55 1 Alan Lucas 17:06.9	3 Heather Lancaster 34:26.0	2 Earl Cook 3.01
2 Ron Bilston 18:19.0	W50 1 Heather Carr 26:57.0	3 Nino Stankovic 3.01
M60 1 Murray Dickinson 15:45.6	2 Alison Thompson 27:46.0	M80 1 Stan Stankovic 3.17
2 John Morrison 17:05.7	3 Marlene Gourlay 28:25.0	M85 1 Andy Smith 1.25
3 John Hallo 17:29.4	4 Christine Griffiths 41:14.0	M90 1 Vic Younger 2.52
4 Barrie Wicks 19:28.7	W55 1 Celia Johnson 30:54.0	W30 1 Amanda Constable 4.75
5 Ron McGregor 19:50.0	W60 1 Brenda Riley 27:34.0	2 Gwen Steed 4.17
M65 1 Bob Gardiner 15:41.1	2 Tina Baarslag-Leb 36:20.0	W35 1 Sharyn Caulfield 4.40
2 Geoff Major 17:13.8	3 Shirley Coppock 38:56.0	2 Linda Buttigieg 3.88
3 Bernie Goggin 21:13.4	W75 1 Jean Knox 35:49.0	W45 1 Salli-Ann Lee 4.88
4 Ian Beaumont 22:23.6	Long Jump M35 1 Jeffrey Lang 4.99	2 Christine Bridle 4.26
M70 1 David McNair 21:17.3	M40 1 Brett Currie 5.15	W50 1 Kathy Heagney 3.86
M75 1 Victor Harley 26:16.8	2 William Barker 4.72	2 Judy Coram 3.16
M85 1 Andy Smith 38:56.8	M45 1 Mark Cauchi 4.92	3 Christine Griffiths 2.41
5,000 Metre Walk M45 1 Colin Heywood 23:04.0	2 Grant Sargent 4.86	W60 1 Nyala Millar 3.51
2 Paul Kennedy 24:33.0	3 Clyde Riddoch 4.00	Triple Jump M35 1 Keith Hyndes 9.56
3 Andrew Cochrane 24:46.0	M50 1 Keith Moyle 5.16	M40 1 Brett Currie 9.40
M50 1 John Bunker 26:36.0	2 Peter Lamb 5.06	M45 1 Grant Sargent 10.72
2 Geoff Barrow 30:13.0	3 Jack Buckingham 4.67	2 Clyde Riddoch 9.30
M55 1 Ron Bilston 31:03.0	4 Freddy Rademaker 4.50	M50 1 Jack Buckingham 9.63
M60 1 Murray Dickinson 27:33.0	5 John Neale 4.20	2 Freddy Rademaker 8.79
2 John Morrison 30:33.0	M55 1 Peter Young 4.61	3 John Neale 8.76
3 John Hallo 31:18.0	2 Myer Vorchheimer 3.82	M55 1 Myer Vorchheimer 7.96
4 Ron McGregor 34:26.0	M60 1 Jim Poulter 4.52	M60 1 Julian Jacotine 10.45
M65 1 Bob Gardiner 27:49.0	2 Graham Philpott 4.40	2 Jim Poulter 9.63
2 Geoff Major 29:46.0	3 Tony Bradford 3.30	3 Graham Philpott 7.68
M70 1 Gordon Gourlay 35:04.0	M65 1 Graeme Noden 5.00	
2 David McNair 36:42.0		
M85 1 Andy Smith 49:45.0		

## 2003 VicVets Track and Field Championships (Cont.)

M65 1 Graeme Noden 9.88	3 Tony Bradford 1.10	M50 1 Ken Carter 8.96
2 Don Chambers 7.24	M65 1 Terry Dunn 1.20	2 John Neale 8.37
3 Allan H Wood 5.54	2 Allan H Wood 1.10	M55 1 Peter Young 12.46
M70 1 Nino Stankovic 6.21	M70 1 Gordon Gourlay 1.25	2 Graeme Rose 12.45
M75 1 Sydney Elks 7.64	2 Earl Cook 1.00	3 John Reynolds 9.32
M80 1 Stan Stankovic 5.27	M75 1 Sydney Elks 1.10	4 Myer Vorchheimer 7.51
M90 1 Vic Younger 5.29	2 George Goode 1.05	M60 1 Ken Readwin 9.18
W35 1 Sharyn Caulfield 9.14	M80 1 Stan Stankovic 0.90	2 George Christodoulou 7.07
2 Linda Buttigieg 8.55	W30 1 Amanda Constable 1.45	M65 1 Don Chambers 7.33
3 Mary Grau 8.40	W45 1 Salli-Ann Lee 1.35	M70 1 Milton Ballantyne 9.94
W45 1 Salli-Ann Lee 10.12	W50 1 Judy Coram 1.00	2 Nino Stankovic 8.79
2 Jill Jacimovic 7.18	Pole Vault M35 1 Keith Hyndes 3.00	M75 1 Ken Knox 7.79
W50 1 Judy Coram 6.68	M45 1 Greg Simpson 2.40	M80 1 Stan Stankovic 7.65
W60 1 Nyala Millar 7.64	M50 1 Andrew Farr 2.85	M85 1 John Fraser 7.06
High Jump M30 1 John Keramidas 1.40	2 John Neale 1.95	M90 1 Vic Younger 5.93
M35 1 Jeffrey Lang 1.80	M60 1 Rob Barclay 2.80	W30 1 Amanda Constable 11.06
M40 1 Terry Baldwin 1.60	2 Ken Priestley 2.80	W35 1 Jennifer Baldwin 8.25
2 William Barker 1.35	3 Jim Poulter 2.80	2 Anna-Lisa Whitehall 8.20
M45 1 Greg Varigos 1.45	M90 1 Vic Younger 1.40	3 Sharyn Caulfield 7.41
2 Gottfried Schutz 1.45	W35 1 Linda Buttigieg 2.20	4 Linda Buttigieg 7.22
3 Mark Cauchi 1.40	W45 1 Dawn Hartigan 3.40	W40 1 Susan Chapman 6.72
4 Clyde Riddoch 1.35	Shot Put M40 1 Steve Dorman 10.42	W45 1 Christine Bridle 8.03
5 Greg Simpson 1.35	M45 1 Greg Varigos 7.47	W50 1 Chris Schultz 11.76
M50 1 Freddy Rademaker 1.35	2 Clyde Riddoch 6.04	2 Judy Coram 10.18
2 John Neale 1.30	M60 1 Bill Schofield 1.25	3 Lorraine Mussett 6.65
M55 1 Peter Young 1.20	2 Jim Poulter 1.20	W55 1 Rhonda Dundas 9.00
2 Myer Vorchheimer 1.00		2 Astrid Rose 7.99
M60 1 Julian Jacotine 10.45		3 Ruth Woolcock 7.74
2 Jim Poulter 9.63		W60 1 Beverly Hugo 5.63
3 Graham Philpott 7.68		



## 2003 VicVets Track and Field Championships (Cont.)

<b>W65</b>		<b>W35</b>		<b>2</b>	Milton Ballantyne	23.30
1 Val Worrell	6.95	1 Jennifer Baldwin	27.42	<b>3</b>	Nino Stankovic	22.82
2 Shirley McFarland	5.48	2 Linda Buttigieg	24.08			
3 Tina Baarslag-Leb	5.18	3 Sharyn Caulfield	23.76	<b>M75</b>		
		4 Anna-Lisa Whitehall	23.60	1 Ken Knox	18.89	
<b>W70</b>				<b>M80</b>		
1 Jean O'Neill	3.69	<b>W40</b>		1 Stan Stankovic	23.23	
		1 Chris Tew	24.34			
<b>W80</b>		2 Margaret Sheldon	18.54	<b>M85</b>		
1 Gwen Davidson	6.09	3 Carmel Drennan	17.37	1 John Fraser	12.04	
				<b>M90</b>		
<b>Discus</b>		<b>W50</b>		1 Vic Younger	16.32	
<b>M40</b>		1 Chris Schultz	32.88			
1 Steve Dorman	30.33	2 Judy Coram	22.80	<b>W30</b>		
2 William Barker	21.93	3 Kris Bowles	20.65	1 Amanda Constable	29.50	
		4 Lorraine Mussett	15.04			
<b>M45</b>		5 Kathy Heagney	13.99	<b>W35</b>		
1 Clyde Riddoch	30.33			1 Jennifer Baldwin	26.12	
2 Sandy Scott	24.09	<b>W55</b>		2 Anna-Lisa Whitehall	20.35	
3 Greg Simpson	19.78	1 Rhondda Dundas	22.47	3 Linda Buttigieg	18.15	
		2 Astrid Rose	21.65			
<b>M50</b>		<b>W60</b>		<b>W40</b>		
1 John Neale	32.99	1 Beverly Hugo	12.71	1 Susan Chapman	20.28	
2 Ken Carter	27.62			2 Carmel Drennan	16.05	
3 Bernie Curtin	26.50	<b>W65</b>		<b>W45</b>		
		1 Val Worrell	21.75	1 Christine Bridle	19.54	
<b>M55</b>		2 Shirley McFarland	12.78			
1 Graeme Rose	37.54			<b>W50</b>		
2 Peter Young	36.09	<b>W70</b>		1 Chris Schultz	24.47	
3 John Reynolds	32.63	1 Jean O'Neill	10.09	2 Judy Coram	23.21	
				3 Lorraine Mussett	12.07	
<b>M60</b>		<b>W75</b>		<b>W55</b>		
1 Ken Readwin	33.54	1 Corrie DeGroot	12.56	1 Astrid Rose	21.34	
2 Tony Bradford	25.06			2 Ruth Woolcock	19.15	
3 George Christodoulou	24.69	<b>W80</b>		3 Rhondda Dundas	16.95	
		1 Gwen Davidson	15.59			
<b>M65</b>				<b>W60</b>		
1 Terry Dunn	26.77	<b>Javelin</b>		1 Beverly Hugo	14.53	
2 George Simons	22.22	<b>M45</b>				
3 Roy Cunliffe	21.26	1 Clyde Riddoch	35.39	<b>W65</b>		
		2 Greg Simpson	31.24	1 Val Worrell	17.56	
<b>M70</b>		3 Ivor Corneilse	30.44	2 Shirley McFarland	9.58	
1 Milton Ballantyne	26.12					
2 Nino Stankovic	25.78	<b>M50</b>		<b>W70</b>		
3 Alex Harris	25.60	1 Andrew Farr	51.29	1 Jean O'Neill	11.09	
		2 John Neale	30.25			
<b>M75</b>				<b>W80</b>		
1 Ken Knox	21.89	<b>M55</b>		1 Gwen Davidson	11.24	
2 Sydney Elks	17.80	1 Graeme Rose	49.93			
		2 Peter Young	41.68	<b>Hammer</b>		
<b>M80</b>		3 John Reynolds	27.39	<b>M40</b>		
1 Stan Stankovic	22.90			1 Steve Dorman	36.80	
		<b>M60</b>		2 William Barker	20.29	
<b>M85</b>		1 Tony Bradford	25.43			
1 John Fraser	18.53	2 Brian Tait	21.09	<b>M45</b>		
2 Andy Smith	9.84	3 Andrewser	20.99	1 Clyde Riddoch	24.66	
		4 George Christodoulou	17.56	2 Sandy Scott	19.08	
<b>M90</b>						
1 Vic Younger	14.99	<b>M70</b>				
		1 Harry Staecker	26.68			

## 2003 VicVets Track and Field Championships (Cont.)

<b>M50</b>		<b>2</b>	Chris Tew	13.73	<b>M70</b>	
1 John Neale	30.06				1 Wim Van-Weenen	17.32
2 Bernie Curtin	28.72	<b>W50</b>			2 Milton Ballantyne	11.05
3 Ken Carter	20.16	1 Chris Schultz	35.93		3 Nino Stankovic	9.80
		2 Judy Coram	34.97	<b>M75</b>		
<b>M55</b>		3 Kris Bowles	30.36	1 Ken Knox	8.42	
1 Graeme Rose	45.44	4 Lorraine Mussett	16.88			
2 Hans Lotz	45.10			<b>M80</b>		
3 John Reynolds	34.50	<b>W55</b>		1 Stan Stankovic	12.80	
4 Myer Vorchheimer	19.48	1 Astrid Rose	31.62			
		2 Rhondda Dundas	29.44	<b>M85</b>		
<b>M60</b>				1 John Fraser	12.09	
1 Ken Readwin	42.99	<b>W65</b>				
2 Ken Priestley	38.32	1 Val Worrell	26.71	<b>M90</b>		
3 George Christodoulou	20.80	2 Tina Baarslag-Leb	15.07	1 Vic Younger	6.37	
		3 Shirley McFarland	14.96			
<b>M70</b>				<b>W35</b>		
1 Wim Van-Weenen	42.56	<b>W80</b>		1 Anna-Lisa Whitehall	9.60	
2 Milton Ballantyne	29.85	1 Gwen Davidson	19.40			
3 Harry Staecker	29.59			<b>W40</b>		
4 Nino Stankovic	24.01			1 Sandra Howorth	9.79	
		<b>Heavy Weight</b>				
<b>M75</b>		<b>M40</b>		<b>W50</b>		
1 Ken Knox	21.22	1 Steve Dorman	10.00	1 Chris Schultz	12.48	
				2 Judy Coram	11.61	
<b>M80</b>		<b>M45</b>		3 Kris Bowles	9.85	
1 Stan Stankovic	26.52	1 Clyde Riddoch	8.46	4 Lorraine Mussett	4.89	
				<b>W55</b>		
<b>M85</b>		<b>M50</b>		1 Rhondda Dundas	9.66	
1 John Fraser	23.21	1 Bernie Curtin	11.04	2 Astrid Rose	9.52	
		2 John Neale	9.60			
<b>M90</b>		<b>M55</b>		<b>W65</b>		
1 Vic Younger	10.21	1 Graeme Rose	16.31	1 Val Worrell	9.60	
		2 Hans Lotz	15.98	2 Shirley McFarland	7.54	
<b>W35</b>		3 John Reynolds	13.18	3 Tina Baarslag-Leb	6.91	
1 Anna-Lisa Whitehall	29.66	4 Peter Young	11.65			
2 Linda Buttigieg	24.07			<b>W80</b>		
3 Sharynfield	14.91	<b>M60</b>		1 Gwen Davidson	8.81	
		1 Ken Readwin	15.41			
<b>W40</b>		2 Ken Priestley	15.13			
1 Sandra Howorth	30.38	3 George Christodoulou	8.35			

## VVACI Half Marathon

Run along the Maribyrnong River bicycle paths on 4th May. It was a 9:30am start at Footscray Boat Club. There was a clear blue sky with a medium northerly breeze.

<b>M45</b>		<b>M60</b>		<b>W45</b>	
1 Charles Chambers	1:16:59	1 David Locke	1:32:09	1 Jenny Alexander	1:40:01
2 Colin Heywood	1:24:10	2 John Waite	1:36:50	<b>W50</b>	
3 Andrew Edwards	1:25:22	3 Mal Brown	1:39:31	1 Sonya McLennan	1:45:41
4 Michael Whimpey	1:31:51			<b>W65</b>	
5 Joe Campisi	1:32:34	<b>M65</b>		1 Judy Wines	2:15:24
		1 Jock Cravana	1:46:27	<b>W70</b>	
<b>M50</b>		2 Kevin Browne	1:57:56	1 Shirley Young	2:02:06
1 John Daniel	1:31:35	2 Rex Young	1:57:56		
2 John McBride	1:58:47			From Rob Waters	
		<b>W35</b>		Half Marathon Co-ordinator	
<b>M55</b>		1 Bronwyn Hanns	1:34:09		
1 John Bell	1:38:24	<b>W40</b>			
2 Kevin Solomon	1:41:21	1 Maria Davis	2:26:38		

## What's On

To avoid disappointment, please check beforehand with organisers on dates and venue.

### 2003

#### June

Sat 14<sup>th</sup> VVACI Road Walks, 10km M35-69, 5km Women & M70+, Albert Park, 2:15pm start

Sun 15<sup>th</sup> VVACI & VCCL Cross Country, Yarra Bend Park, Fairfield, 10:00am

Sat 21<sup>st</sup> Thrower's Group Fundraising 5-course dinner at Rose's home

Sun 22<sup>nd</sup> VVACI Winter Track & Field, Doncaster, George St, 1pm

#### July

2<sup>nd</sup>-13<sup>th</sup> 15<sup>th</sup> WMA World Champs, Carolina, Puerto Rico, www.puertorico.2003.org  
Entries must be made to Australian Master Athletics via Colin Browne

20<sup>th</sup> Eric Greaves Memorial 10km Road, Braeside Park, Mentone, 10am

#### August

1<sup>st</sup>-3<sup>rd</sup> Pan Pacific Masters Games (was Asia Pacific Masters Games), Sacramento, California, USA, (07) 5564-8733, www.panpacmastersgames.com

16<sup>th</sup>-24<sup>th</sup> Mildura Masters Games, Mallee Sports Assembly, PO Box 2316, Mildura, 3502, nwsport@hotmail.net.au

17<sup>th</sup> VVACI & VCCL 10 Miles Road, Princes Park, Royal Parade, 10am

?? VVACI Road Walks, 3 miles for men and women, Albert Park, 2:45pm

Sun 24<sup>th</sup> VVACI Winter Weight Pentathlon Champs, Duncan McKinnon, noon

#### September

Sat 6<sup>th</sup> Road Walks, 20km M35-69, 10km Women, M70+, Albert Park, 2:15pm

Sun 14<sup>th</sup> VVACI 25km Road Race, Footscray Boat House, 9:30am

#### October

4-6<sup>th</sup> AMA National Winter Throwing Championships, Canberra or call Ray Green, AMA Championships, (02) 6231-6712

12<sup>th</sup> VVACI Marathon (in Melbourne Marathon), Frankston to Melbourne

25<sup>th</sup> VVACI 10km Track Races, Dolomore Oval, Mentone, 3 divisions

31<sup>st</sup>-Nov 9<sup>th</sup> 9<sup>th</sup> Australian Masters Games, Canberra, Healthpact Aust. Masters Games, PO Box 327, Curtin, ACT, 2605, www.amg2003.com

### 2004

TBA 2<sup>nd</sup> Trans Tasman Masters Games (TTMG), Auckland, New Zealand

#### Feb

16<sup>th</sup> Landy Trophy - see Richard Trembath

#### April

Easter Australian Masters Athletics T&F Championships, Melbourne

18<sup>th</sup>-24<sup>th</sup> WMA Long Distance World Championships, Auckland, NZ. 18<sup>th</sup> (Cross Country Teams Race), 19<sup>th</sup> (50km Road Race Walk), 20<sup>th</sup> (Ekiden Road Relay), 22<sup>nd</sup> (10km Road Races), 23<sup>rd</sup> (20-30km Road Walks), 24<sup>th</sup> (Half Marathon). www.wma2004.org

TBA 1<sup>st</sup> WMA Indoor Championships (New York City, USA, Malmö, SWE, and (most probably) Sindelfingen, GER)

#### October

14<sup>th</sup>-20<sup>th</sup> Oceania OAVA Championships, Rarotonga, Cook Islands. T&F at the

## More What's On

Tereora National Stadium and may be held in cooler parts of the day.  
Plenty of accommodation.

TBA Pan Pacific Masters Games, Gold Coast, (07) 5564-8733  
16<sup>th</sup>-23<sup>rd</sup> The Alice Springs Masters Games, 1800-658-951,  
www.alicespringsmasters.nt.gov.au

### 2005

TBA 3<sup>rd</sup> Trans Tasman Masters Games (TTMG), The Hunter, NSW

#### July

7<sup>th</sup>-16<sup>th</sup> 16<sup>th</sup> WMA World Championships, San Sebastian, Spain

22<sup>nd</sup>-31<sup>st</sup> 6<sup>th</sup> World Masters Games, Edmonton, Canada

### 2006

TBA Oceania Championships, Christchurch, NZ

TBA WMA World Non-Stadia Championships (Vancouver, Canada is only bid as yet)

### 2007

TBA 17<sup>th</sup> WMA World Stadia Championships (Only bid is Riccione, Italy)

## Federal Budget and our Sport

SPORT SPEAK, the official magazine of Sports Industry Australia, reports on the Federal Budget and its impact on sport funding. We had held high hopes that the new Federation of Athletics, which joins Athletics Australia, state open bodies, masters athletics, pros, coaches and schools, would have such clout that masters athletics would at long last get a (small) slice of the funding cake. Instead of, as in the past, whatever money there is, going to elite Olympic athletics. But read this editorial from SPORT SPEAK and work out where the Howard government is going to place the money for sport. (As if you didn't already know).

The "Federal Budget" was handed down with the news for sport was as we expected...

The area of greatest concern is the \$1m allocated for athlete preparation in the lead up to the Athens Olympics. This is substantially less than what is required, and it is disappointing to see that the Federal Government and the AOC could not reach agreement on this issue. The unfortunate outcome will be that our athletes won't be as well prepared for Athens as they were for Sydney, and that, in particular, many of our developing athletes will miss out on vital international experience in the lead up to Athens and Beijing.

It is quite clear that there needs to be some rational discussions about what is required from both parties to be resolved for the benefit of Australian athletes.

In the overall budget context sport is still a very minor player, and the ongoing issue of establishing some long-term certainty in funding levels is an issue we will be discussing at the SIA Industry Leaders Forum in October."

I can't see the Federation of Athletics giving anything to masters athletics in these circumstances. Once again elite athletics will get the lot.

Colin Browne