VicVets News and Results

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News and Results

The Victorian Masters Athletics Club Inc.

May 2003

The Nationals Championships

Victorians win 105 Gold, 57 Silver, 46 Bronze

By Colin Browne

When I saw that Lynne Schickert was to be the leader of the team to put on the Nationals in Perth for 2003 I had immediate confidence that it would be efficiently organised, as I had worked with Lynne at Burwood Teachers College for many years, where she held the English department together from the office. She then went to WA and established a reputation as secretary of the year at the university and later helped an association of secretaries to lift their game.

Our Top Per	rformers
Stan Stankovic	10 gold
Tom Hancock	7 gold
Andy Smith	7 gold
Gwen Davidson	6 gold
Stan Stankovic	12 medals
Christine Bridie	11 medals
Jennifer Baldwin	10 medals
Mike Johnston (400 metres)	100.00% AGT
Brenda Riley	96.44% AGT
(5,000 metre road	d walk)

Husband Bob too inspired confidence. We knew him as the founding manager of what has become the strong East Burwood venue. Since then he has been president and secretary of the WA vets. They have other great workers in WA too, people like Brian Foley, Bob Sammels, Katrina Spilsbury, Jim Barnes,

and Jackie Halberg to name a few. So it was no surprise when the Nationals at Easter 2003 turned out to be so well run. They earned an accolade from World Masters chief honcho, Torsten Carlius, in Sweden, for getting their results up on the website on the first day. These things get noticed.



Start of a women's 100 metre final at Perry Lakes Stadium

They had a well presented program book which made following the events clear.

Our Clyde Riddoch had contributed an innovation which was appreciated. He had scoured all the results of national veterans/masters championships since the very first one back in the early 70s and compiled a set of meet records, as well as his set of Australian and World records.

The weather was just what the doctor ordered. Mid 20s and

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Reference Websites

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The Nationals Championships (Cont.)

clear every day. The only negative aspect was that the fields were small, making the title of "Australian Champion" ring a bit hollow. Our organisation would love to solve the problem. We have about 3000 plus members across Australia but very few enter championships, whether state or national. What is the answer?

Seventy-two Victorians competed in at least one event each. We had some success, as the results show on the next page. Tom Hancock and Gwen Davidson won the Royce Foley Trophies for the highest aggregate points in the weight pentathlon.

Alan Long's perfect steeple technique

We saw some excellent running from Colin Page in the middle distance events. Keith Howden met his nemesis, Peter Crombie, again in the sprints. Graeme Noden was very



Graeme Rose (unusually) 3rd in the discus

Hondromatidis, Dorn Jenkins and Jodi Chandler, to name just a few. They seemed to enjoy the new experience. I hope that it rubs off on to some more members. It is really worth the effort and expense to go to the nationals. You don't have to be a star.

A special note about the great Andy Smith who managed to attend his 31st consecutive Australian Championship, the only person to do so in the history of our sport.

successful in his new age group. Allan Long cleaned them up in the steeplechase. Bob Lewis was superior in the 75s. Graham Philpott showed remarkable all round talent in a range of running and jumping events. He is in great form. Jennifer Baldwin too shone in a multitude of different disciplines. Christine Bridle, Patrina Trowbridge. Sharon Higgins and Carmel Papworth shared honours, a hire car and a cabin and did the Vics proud.

We had the regular tourists in the Roses, Stankovics, Brownes, Bradfords, Reynolds, Chris Schultz and cousin Lorraine Mussett, Colin Silcock-Delaney, John Waite and Nyala Millar. And we had a few first timers in Alan Wood, Chrisoulla



Nationals Championships Results

			(Victorian med	al winner	s only)	
100 Metres		1	1 Mike Johnston	72.95	100.00%	
W45			M85			
1 Salli-Ann Lee	14.06	85.99%	1 Andy Smith	146.44	62.42%	
2 Dorn Jenkins		85.51%	900 Matras			
3 Christine Bridle W60	14.47	82.65%	800 Metres W40			
2 Nyala Millar M 55	16.38	85.84%	1 Sharon Higgins 2 Cathy Orelli	2:38.22 2:47.56		
3 Keith Howden M65	12.88	89.13%	W65 3 Marg Beaumont	4:21.53	61.63%	
2 Graeme Noden M 70	13.69	88.09%	M45 1 Colin Page	2:09.26	89.59%	
1 David Mather M80	15.36	81.84%	M60 1 Graham Philpott	2:22.20	89.44%	
1 Mike Johnston	15.92	90.70%	M70			
2 Stojan Stankovic M85		74.62%	3 Col Silcock-Delar 52.43%	ney4:29.8	5	
1 Andy Smith	26.51	61.75%	M75 1 Bob Lewis	3:03.75	82.19%	
200 Metres			M80			
W 30			1 Mike Johnston M85	3:37.91	/6.29%	
	29.94	71.28%	1 Eddie Gamble	4:55.90	63.81%	
W35 3 Jennifer Baldwin	29.30	74.20%	2 Andy Smith	7:44.42		
W45			1500 Metres			
1 Dorn Jenkins		84.01%	W35			
2 Christine Bridle W60	29.47	81.57%	3 Carmel Papworth	5:00.15	76.78%	
2 Nyala Millar	34.33	83.25%	W40	5.44.00	75 20%	
M55 3 Keith Howden	25 71	91.48%	1 Sharon Higgins 3 Cathy Orelli			
M65	25.71	91.40%	W60	5.57.40	04.12/0	
2 Graeme Noden M 70	28.71	86.35%	2 Brenda Riley M45	5:57.19	94.26%	
2 David Mather	31.85	82.26%	1 Colin Page	4:32.54	87.62%	
3 Alexander Harris M80	32.44	83.29%	M60 3 Graham Philpott	5:03.26	86.59%	
1 Mike Johnston	32.38	95.92%	M75			
3 Stojan Stankovic M85	44.77	67.90%	1 Bob Lewis M85	5:50.97	87.79%	
1 Andy Smith	54.67	69.29%	1 Eddie Gamble	10:41.57	63.51%	
400 Metres			5000 Metres			
3 Jodi Chandler W35	67.90	72.30%	2 Carmel Papworth W40	19:04.5	77.34%	
	65.63	77.37%		19:46.4	78.36%	
3 Cathy Orelli W45	69.73	76.08%		20:19.4 21:33.8	88.72% 81.02%	
1 Christine Bridle M55	66.17	83.63%	W65	28:22.5	68.10%	
	57.60	90.03%	M45	17:00.0	82.85%	
3 Richard Trembath	59.59	89.28%	M60 3 John Waite	21:19.3	75.74%	
M70 2 Alexander Harris	76.88	81.24%	M75			
M80			1 Bob Lewis	22:00.6	85.41%	

10,000 Metro W55	es	
1 P Trowbridge M75	43:34.1	82.77%
	45:58.1	84.61%
8km Cross Co W55	ountry	
	34:56.2	84 42%
2 Lavinia Petrie 3 P Trowbridge	35:29.0	80.54%
W60 2 Dot Browne W65	47:47.6	63.82%
3 Judy Wines M45	49:29.7	63.84%
1 Allan Long M75	28:15.2	81.59%
1 Bob Lewis	37:33.6	81.96%
5000 Metre V W30	Walk	
1 Nardene Loved W40		
2 Amanda Emmet	tt 27:51.3	77.63%
2 Amanda Emmer 3 Annette Major W45	27:57.0	77.37%
2 Janet Holmes W60	29:23.6	79.03%
1 Brenda Riley W65	27:33.0	96.44%
1 Marg Beaumont	35:29.9	76.49%
2 Tina Baarslag-L M40	eb35:37.4	79.85%
1 Mark Donahoo	24:06.3	82.80%
1 Mark Donahoo 2 Simon Evans M65	25:02.3	79.15%
2 Geoff Major M70	29:39.1	81.57%
2 Col Silcock-Del 73.25%	aney34:28.	3
M85		
1 Andy Smith	56:40.0	57.67%
Road Walk W30		
1 Nardene Loved W40	ay 56:27.8	74.27%
1 Amanda Emme	tt 59:22.4	74.24%
2 Annette Major W45		
3 Janet Holmes W60		
1 Brenda Riley W65		
1 Marg Beaumont M40		
1 Mark Donahoo	1:47:43.8	77.77%
2 Simon Evans		

News and Results

Nationals Championships Results (Cont.)

M65 1 Christine Schultz 1.88 74. 2 Geoff Major 2:12:48.4 76.85%, 1 Tom Hancock 1.36 82.42%, 3 Judy Coram 9.64 61.1 2 C Sitock-Delaney1:09:33.4 74.57% 90 1 Stojan Stankovic 0.95 70.37%, 2 Rhonda Dundas 9.27 64.7 Short Hurdles W35 1 Graeme Rose 12.76 77.2 3 Peter Young 12.06 66.1 W40 1 Susan Chapman 15.57 73.15%, W40 1 Susan Chapman 15.57 73.15%, W40 1 Susan Chapman 4.28 64.92%, 2 Stojan Stankovic 8.07 62.16 1 Salti-Ann Lee 14.58 81.48%, 2 Jennifer Baldwin 4.59 64.92%, 2 Stojan Stankovic 8.07 62.17 1 David Mather 16.75 78.33%, W0 1 Susan Chapman 4.28 64.36%, Discus Throw 3 Anna-Lisa Whitehall24.53 34.3 1 Jannifer Baldwin 75.07 73.38 W60 1 Christine Schultz 3.48 60.5 1 Jausi Millar 3.67 72.53%, M55 1 Christine Schultz <t< th=""><th></th><th>lionais</th><th>onampiona</th><th>2111</th><th>J3 H</th><th>cont.</th><th>)</th><th></th></t<>		lionais	onampiona	2111	J 3 H	cont.)	
M70 M80 M80 M85 M85 2 C Silcock-Delaney1:09:33.4 1 Stojan Stankovic 0.95 70.37% 2 Rhonda Dundas 9.27 64.7 Ya57% Pole Vault 1 Gwen Davidson 5.98 74.6% W30 1 Susan Chapman 19.27 65.44% 1 Gwen Davidson 5.98 74.6% W40 1 Susan Chapman 15.57 73.15% 2 Harry Wynhoven 1.40 43.34% 1 Graeme Rose 12.76 77.2 3 Setti-Ann Lee 14.58 81.48% 2 Jennifer Baldwin 4.59 64.92% 2 Stojan Stankovic 8.07 62.1 1 Don Chambers 20.40 76.03% 1 Susan Chapman 4.28 64.36% M80 2 Stojan Stankovic 8.07 62.1 W45 1 Susan Chapman 4.28 64.36% W35 1 Jennifer Baldwin 29.28 40.4 3 Anna-Lisa Whitehall24.53 34.3 Long Hurdles W45 1 Susan Chapman 4.28 64.36% W35 1 Christine Schultz 34.38 60.7 Y35 1 Jennifer Baldwin 75.30 74.33% Y60 1 Nyala Millar 3.67 72.53% M55 1 Christine Schultz 34.38 60.7 Y45 1 Susan Chapman 84.28 69.96% 3 Tory Bradford 3.19 53.89% Y50 1 Graeme Rose </th <th>M65</th> <th></th> <th>M65</th> <th></th> <th></th> <th>1 Christine Schultz</th> <th>11.88</th> <th>74.02%</th>	M65		M65			1 Christine Schultz	11.88	74.02%
2 C Silcock-Delaney1:09:33.4 1 Stojan Stankovic 0.95 70.37% 2 Rhonda Dundas 9.27 64.7 Xhort Hurdles W35 2 Jennifer Baldwin 19.27 65.44% Pole Vault W80 1 Gaven Davidson 5.98 74.67% Yug Jamifer Baldwin 19.27 65.44% Cong Jump 1 Gaven Davidson 5.98 74.67 Yug Short Hurdles Yug 2 Harry Wynhoven 1.40 43.34% 1 Gaven Davidson 5.98 74.67 Yug Salti-Ann Lee 14.58 81.48% Long Jump Yug 1 Gaven Davidson 8.07 62.1 Yug Christine Bridle 15.57 73.37% Yug 2 Christine Bridle 70.97% 3 Stankovic 8.07 62.1 Yug Don Chambers 20.40 76.03% 1 Salti-Ann Lee 4.17 72.53% Yug 3 Anna-Lisa Whitehall24.53 34.3 Long Hurdles W35 1 Graeme Noden 5.04 76.57 3 Rhonda Dundas 22.86 45.5 1 Susan Chapman 84.28 69.96% 1 Graeme Noden 5.04 76.57 3		2:48.4 76.85%		1.36	82.42%		9.64	61.13%
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W35 2 Harry Wynhoven 1.40 43.34% 1 Graeme Rose 12.76 77.2 2 Jennifer Baldwin 19.27 65.44% Wa 12.06 68.1 W45 Susan Chapman 15.57 73.15% W35 1000 Hancock 11.46 75.6 W45 Salti-Ann Lee 14.58 81.48% 2. Jennifer Baldwin 4.59 64.92% 2 Stojan Stankovic 8.07 62.1 Don Chambers 20.40 76.03% M45 1.848 4.28 64.36% M35 Jannifer Baldwin 2.9.28 40.4 1 David Mather 16.75 78.33% M60 1.Nyala Millar 3.67 72.53% M55 2 Peter Young 4.49 68.34% W50 1.6.75 4.28 4.22 71.18% 3 Rhonda Dundas 22.86 45.5 W35 1 Jennifer Baldwin 75.30 74.33% M60 3.19 53.89% 1.6.37 53.5 97.55% 1.6 75.23 M65 1.6 75.23 74.4 42.20 71.18% 8.8 75.5 75.2 74.4 42.20 71.18% 7			Pole Vault			1 Gwen Davidson	5.98	74.66%
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M65 N70 W45 Discus Infrow 1 Dan Chambers 20.40 76.03% 1 salli-Ann Lee 4.61 72.94% W35 1 David Mather 16.75 78.33% W60 3.90 60.94% 1 Jennifer Baldwin 29.28 40.4 2 Christine Bridle 3.90 60.94% 1 Jennifer Baldwin 29.28 40.4 3 Nyala Millar 3.67 72.53% W50 1 Christine Schultz 34.38 60.7 W35 2 Peter Young 4.49 68.34% 2Judy Coram 23.44 42.2 1 Jennifer Baldwin 75.30 74.33% M65 1 Christine Schultz 34.38 60.7 1 Jennifer Baldwin 75.30 74.33% M65 1 Geareme Noden 5.04 87.65% W80 1 Geareme Rose 34.73 57.2 1 Stojan Stankovic 3.31 75.92% 1 Andy Smith 1.02 31.58% 1 Tom Hancock 42.20 73.1 1 Don Chambers 55.95 79.59% 1 Andy Smith 1.02 31.58% 1 Andy Smith </td <td></td> <td></td> <td></td> <td>1 28</td> <td>61 36%</td> <td></td> <td></td> <td></td>				1 28	61 36%			
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1 Susan Chapman 1.35 72.97% 3 Sinisa Stankovic 6.10 56.43% 3 John Reynolds 33.95 54.8		1 35 72 97%	3 Sinisa Stankovic	6.10	56.43%	3 John Reynolds	33.95	54.80%
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1 Salli-Ann Lee 1.40.79.10% 1 Stojan Stankovic 4.82 51.55% 1 Tom Hancock 36.58 68.8		1.40 79.10%	1 Stojan Stankovic	4.82	51.55%		36.58	68.81%
2 Christine Bridle 1.35 75.42% M85 M80 1 Stories Stories 26.00 (7.2	2 Christine Bridle	1.35 75.42%					26.00	(7 20%
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2 Judy Coram 1.00 62.11% Shot Put Javelin Throw		1.00 62.11%	Shot Dut			Javelin Throw		
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1 Graham Philpott 1.30 73.03% 1 Christine Bridle 7.85 44.73% 1 Christine Bridle 21.34 36.3		1.30 73.03%		7.85	44.73%		21.34	36.35%
3 Tony Bradford 1.15 66.86% W50 W50	3 Tony Bradford	1.15 66.86%	W50			W50		

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Nationals Championships Results (Cont.)

1 Christine Schultz	26.22	51.60%	W80		M65
3 Judy Coram	21.84	44.06%	1 Gwen Davidson	7.64 73.39%	1 Graeme Noden
W55			M55 6		M70
3 Astrid Rose	19.30	45.83%	1 Graeme Rose	16.25 81.95%	2 Sinisa Stankovic
W80			2 John Reynolds	13.66 67.66%	M80
1 Gwen Davidson	12.32	51.63%	M65		1 Stojan Stankovic
M55			1 Tom Hancock	14.54 72.63%	
1 Graeme Rose	50.24	78.04%	M70		Weight Pentathlon
3 Peter Young	38.21	55.75%	3 Harry Wynhoven	10.70 57.99%	W35
M65			M80		1 Anna-Lisa Whitehall
1 Tom Hancock	40.73	69.98%	1 Stojan Stankovic	12.16 73.97%	W50
M70					1 Christine Schultz
2 Sinisa Stankovic	21.56	38.23%	Pentathlon		2 Judy Coram
M80			W35		W55
1 Stojan Stankovic	27.97	58.54%	1 Jennifer Baldwin	2417	3 Rhonda Dundas
			W40		W80
Weight Throw			2 Susan Chapman	2026	1 Gwen Davidson
W35			W45		M55
1 Anna-Lisa Whiteha	ll 9.46	54.15%	1 Christine Bridle	2402	1 Graeme Rose
W50			M55		3 Peter Young
1 Christine Schultz	13.06	71.33%	2 Peter Young	2053	M65
3 Judy Coram	11.37	63.24%	M60		1 Tom Hancock
W55			1 Graham Philpott	2812	M80
3 Rhonda Dundas	10.02	\$1.40%	2 Tony Bradford	2282	1 Stojan Stankovic
					i scojan scanković

2003 World Championships Puerto Rico 2nd-13th July

With the entries closing shortly, I suspect that there will be no other Australians joining our team list numbering forty-three. There is a notable absence of a number of our current World Champions with only eleven Victorians taking part:

> Ian and Margaret Beaumont Heather and William Carr Janet Holmes Colin McCurry Lorraine Mussett Gerardo Riviello Christine Schultz Kevin Solomon Jack Stevens

Traditionally a World event like this attracts close to 6,000 competitors yet the final mark will be less than half. No doubt the combination of visa problems, high costs of travel and accomadation, the humid conditions and terrorist/war activities has caused people to stay at home. Surprisingly USA is sending less than 400 athletes.

We wish all the Australians success and a very enjoyable trip.

Maisie Stevens

Maisie passed away on 2nd April. She was a long-term member and supporter of the Vets, and supported her husband, Jack, in his athletic endevours.

Our sincere condolences to Jack, and to his son Douglas and his wife Alicenne and Maisie's four grandchildren.

1st WMA Indoor Champs

WMA President Torsten Carlius, commenting on the site selection for the first World Masters Indoor Championships, confirmed that Sindelfingen, Germany, has been endorsed by the WMA Council.

Whilst not popular in "warm" Victoria, we may one day have a go at indoor athletics. The trick is to find an applicable venue!

News and Results

A DATE TO REMEMBER

Article that appeared in the Launceston Examiner on 2nd April (following the Tasmanian Championships)

FORMER Melbourne racing journalist Richard Trembath will always remember Saturday, March 29 in Launceston.

Seventeen years ago, on Saturday, March 29, Trembath drove his smart pacer Dark Dreamer to victory in Northern Tasmania's biggest harness race, the Easter Cup, at Elphin. Dark Dreamer landed a betting plunge and ran a race record which will stand forever as harness racing moved to Mowbray the following year.

Last weekend, on Saturday, March 29, Trembath was back in town, this time competing in the Tasmanian Masters' Athletic Championships. And again he made the date memorable by running an Australian record of 45.19 seconds in winning the Men's 60-64 division of the 300 metres hurdles.

It finished up being a big weekend for Trembath, who also won the 100, 200, 400 and 800 metres events in his age division, running a Tasmanian record of 27.13 in the 200.

Trembath would normally be running in the Victorian Championships at this time of the year, but was going to be unable to contest his specialty event, the hurdles, next Saturday.

"My daughter, Linda, is being married that day so I thought it might be diplomatic if I went to the wedding rather than the athletics," he confided. "I always have a great contest with Mick Stevenson, from Hobart, whenever we meet in the nationals or the world championships, so I thought the next best thing would be to come down here and let us keep each other honest," he added.

Stevenson finished second to Trembath in the 300 metre hurdles and the three sprints but won gold medals in the 100 metre hurdles, the long jump and the triple jump. Trembath was quick to explain, however, that it's not always that way. "Mick can usually beat me on the flat and sometimes in the hurdles but he's still getting over an operation he had late last year and he's a bit off his game. It's nice to be able to turn the tables for a change," he said.

Dark Dreamer was one of the best-known Victorian pacers to visit Tasmania during the mid-80s, also winning the 1985 Easter Plate in Launceston and a Winfield Cup and a consolation of the Tasmanian Pacing Championship in Hobart. Ironically, March 29 was a

significant date for Trembath even before the days of Dark Dreamer or masters' athletics - it's his daughter Fiona's birthday!

[Ed:- By the way, Richard has also had some recent success in getting some of our competition results published in the state newspapers via AAP. As any top coach says, "It's the one percenters that count." Thanks once again Richard.]

No place like home

The Pan Pacific Masters Games (was formerly the Asia Pacific Masters Games) has an early bird competition. The prize is a return airfare from Sacramento to the Gold Coast in 2004! I suppose the first hurdle, if you won, would be getting over to the States.

Staged in August, check them out at www.panpacmastersgames.com.

Your Letters

Club Records

I refer to the article included in the December, 2002 issue of News and Results, written by Clyde Riddoch (Victorian Records and Australian Masters Records Officer) regarding the non-allowance of club records due to the unavailability of a wind gauge at competitions.

Certainly, Clyde has an unenviable task when a request for a new record is submitted and there is a lack of substantiating evidence included with the request. Also, Clyde should not be put in the position where he is required to give his gut feeling regarding wind velocities unless perhaps where he is actually competing the event in question. Where we are using accredited Officials, a decision on wind strength would be better given by these people if required.

I understand where the Club is coming from and agree that this is how we should be conducting the procedure for claiming a new record. However, there are many questions raised regarding the validity of existing records in some cases together with the facts that our Club does not ensure that all relevant equipment and qualified officials are available and present at all our club events. I also believe that the same problems occur at interstate meetings.

Clyde's comment that at the 2002 Track & Field Championships at Aberfeldie, we had a wind gauge available but did not use it "as there was no wind" indicates that our Club does not take the required interest of our few "elite athletes" as seriously as it should. There are not many occasions where an athlete has all conditions in their favour in order to set a new record – age, fitness, weather, qualified officials (including timekeepers), wind gauge and verified tape measures, etc. and the Club should meet all possible conditions under it's control when we hold our annual championships, which are held on only **four days of each year**. Obviously, some athletes could be affected by these conditions more than others, such as those athletes who compete only in the Veterans Championships. There are many club members who compete in AV Interclub events and there are some club members who compete in the Throwers Club events where a few of these athletes do have some further opportunities to set new club records. However, if the Club does not meet all the requirements (at our annual championships), other than weather, it does mean that some club members might not have **any** opportunities to claim a new club record.

Consider the situation as it stands at the present – club athletes can set new records for many events (middle distance, distance and relays) at our weekly night meetings as long as there are three timekeepers, change-over officials and the race distance is correct, where none of these officials are necessarily approved. Club athletes can set new records during AV Interclub/ Championships events where there will certainly be approved officials, wind gauges (most times), and verified tape measures can be organised,. Also, new records can be set during Throwers Club events as, I believe, that a verified tape measure is available and approved officials may be available.

Also at present, track athletes who suspect that they may attain a time better than the current record have to **request** that the mandatory three watches be made available to verify their time. Why doesn't the Club ensure that there are three watches available for all track events at our championships as is usual for meetings where electronic timekeeping is not available.

The above does not paint a very rosy picture for the Club's efforts to meet athletes requirements that are now being imposed as mandatory in order to claim new records where officials and equipment standards apply.

Certainly, the overall Australian situation regarding records is not any better than here at home. I am aware of at least one record that has been approved without the availability of a wind gauge or steel tape measure. Also, not all State Clubs have the "luxury" of owning or being able to borrow a wind gauge or electronic timekeeping equipment that can be used during the National Championships. I am not aware of what other States do during their State Championships or what they use for approved officials or measuring equipment.

More Letters

Club Records (Cont.)

If the Club is to operate in a "professional manner" regarding Club Records, all athletes should be given an equal opportunity to be able to claim records at as many Club meetings as possible.

Therefore, the Club needs to come to some resolution regarding what is the mandatory requirements that have to be met for an athlete to be able to initiate a claim for a club record. It may be that the Club will need to make a decision where there may be different requirements to claim a Victorian Record than to claim an Australian or World record because of the difficulty to meet all mandatory requirements. Certainly, a decision that the Club can consistently abide by must be made.

When a decision is made, the Club then needs to meet it's obligations, otherwise the Club's record system and therefore, Australian records could become untenable. It is understood that to be able a claim a World Record, all officials and equipment requirements must be met.

Clyde Riddoch, (as Records Officer) should not be placed in the situation where athletes will place blame on him for the non-approval of a new club record because of the Club's inactivity to ensure that the correct equipment, etc. was available at a Club meeting. For example, take the Club's pentathlon meeting on Sunday 16th March where there was no wind gauge present and a "steel tape" was made available part-way through the day (during the second event) as a competing athlete may have set a new world record, only because Graeme Rose was at the ground preparing for the weight pentathlon competition on 23rd March. Although this event is separate to the Club's Track and Field Championships, it is still an integral part of them and the Club should be aware that either new individual event records or new total pentathlon records might be set. Personally, I was affected as in the long jump, my recorded best distance equalled the M65 Victorian and Australian record. Clyde did make a decision regarding the wind strength, but some time later the tape measure used during the jumps was measured against the "steel tape" and found to be wanting by some 1cm. What would have happened if Graeme Rose was not present and the "steel tape" was not available. Certainly, I believe that in most other States the record would have been accepted. We need consistency.

The Club must decide what direction is to be taken, and advise the members, immediately.

Graeme & Noden

Runner's Knee

Thank you for keeping in touch even though I am not a financial member. The reason for this is that I have not been able to run for the last 20 months and I cannot see me running ever again.

I used to run at the Dolomore Oval, Mentone with Ted McCoy's band of men & women and had run there since 1989. I had run previously in South Africa training lots of kilometers with the Comrades fanatics. Over the years I had developed "Runners Knee" which is wear between the Knee Cap inner and lower Thigh Bone. The Knee Cap was also miss tracking. I was still running about 6 to 8 Km every second day but could not increase mileage without pain behind the Knee Cap (Left Leg), so the days of hard training & serious competition were over, other wise I was in good health without pain.

Fellow Athletes convinced me to look into getting my problem corrected and as I was about to pass the 50 mark, I too thought it a good idea as I believed with some hard training I could become competitive again especially in Run/Swim/Runs as I had started swimming and in fact came 1st & 2nd overall in two Vets Aquathons I did in the late 90's (96 & 97 I think !).

So off I went to see a Dr Peter Wilson of Kew and of course he was all promises and smiles and lead me to believe every thing would be perfect with the Arthroscopy he would perform and I would be up and running in next to no time. However the operation has turned into a nightmare and the worst decision of my life.

One of the reasons that I misjudged Dr Wilson's promises/expert opinion is that I had no one to speak to who had experienced the awful results of a Lateral Release that went wrong (I

Page 8

More Letters

have since found out that this type of Arthroscopy has a 50% failure rate). So I would like to pass on my experience to fellow Athletes as I would not wish anyone to end up as I have. Here is a very brief summary of my current condition :

- A Lateral Release is to cut sinew on the outer side of the leg in order to release the Knee Cap from rubbing the bone at the same time correcting alignment. However the release has created a lump on the side of the leg as the main Tendon has moved foreword. This causes pain and the tendon now snags on muscle tissue.
- The tendon is now unbearably tight and the Knee Cap is also now unacceptably tight. The combination of these two is I cannot bend the leg fully.
- I have unbearable pain behind the Knee Cap.
- I doubt if I will ever run again, cannot squat and consequently I have back problems as I cannot lift correctly.
- 100's of other activities I cannot or now struggle to do including what put me on this earth.
- I now have varicose veins as a result of the operation and stinging sensations on the skin surface.
- About 20% muscle wasting and loss of leg strength.
- Constant clicking & crunching of the Knee.
- Prior to the Arthroscopy a couple of months rest did wonders as my body was still able to repair itself (In hindsight I should have had 12 months off with plenty of Physio). The Arthroscopy has done some thing (I believe and feel literally that as the Knee Cap is now so

News and Results

tight it's rubbing the Bone harder now than ever) that now prevents my body from healing in the Knee area. In fact I believe some degenerative effect is happening and my condition is worsening with time.

These problems have created much stress in my life.

So please think twice about being sales talked into having an operation which will give you hell. If you decide to have an operation don't simply put your trust in the Doctor - do your home work and be prepared to get 2nd or 3rd opinions as it's your health and no one including the Doctor gives a dam about you afterwards.

Regards and happy running.

Ron Rabone

Terang Athletic Club

You may remember I emailed you a few months back regarding our newly formed club and interest in the Vets. Thought I'd quickly email you to tell you how well we're going. We now have about 30 members and run a very informal PB night once a month. We have lots of fun and laughs and run over distances from 50m to 3000m. Ages range from 12 to 51.

Two of our members did very well in the recent Vic Vets Championships.

Richard Wearmouth (50-54) ran 3rd in the final of the 100m and 4th in the 200m and Ken Plummer (40-44) also got a bronze in the 100m. We were so excited for them and they'll be receiving a big write up in the local paper this week. We appreciated your support in us getting up and going so I thought you may like to hear this news.

Kind regards,

Till McKenzie

VICTORIAN MASTERS ATHLETICS 2003 CROSS COUNTRY CHAMPIONSHIP

10 kilometres

News and Results

Two loops of a designated course in Yarra Bend Park (Melways Map 30 - H12) Venue of the 2004 Australian Masters Athletics (Inc) Games Cross Country (a FUN RUN of 5 kilometres is also incorporated)

SUNDAY JUNE 15, 10:00am start ENTRY FEE - \$5.00

- Entries taken on the day at the Collingwood Venue Clubrooms up until 9.45am,
- (George Knott Reserve, Melways Map 30 G12)
- then at the start until 10.00am.
- Clubrooms have the following features available:
- Secure change room
- Showers (Male & Female) coin operated
- Clothing lockers available for small charge
- Ample car parking available
- Tea, Coffee & biscuits available after the event.
- All welcome, come and have a look even if unable to run.
- To be eligible for VMAI medals the club competition uniform must be worn.
- Presentations at approximately 11:30am in the clubrooms.

Enquiries: Graeme Paul - 9439 9667 or Wasyl Drosdowsky - 9387 2163

Moyston Cup 2003

The Moyston cup has been defined as "an accuracy competition for Hammer Throwers held at The Elixir of Youth Brewery, Moyston, Victoria". A gathering (or melee) of some rough looking throwers got together for a "rare" combination of wine appreciation and chucking bits of steel around.



It was doomed to failure,

especially as the 9 rules

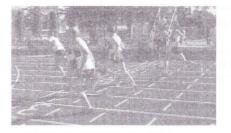
started with "Ken Readwin makes the rules...". Still, the photos tell the story and congratulations up and coming M40 Sandy Scott on winning the aggregate trophy (don't ask me how the scoring works!)

VICTORIAN MASTERS ATHLETICS INC WINTER COMPETITION Track & Field Meeting

12:45	Sprint Hurdles*	2:30	Women Discus
1	5000 m Walk	2.50	Men Shot Put
1:00	Women Hammer	2:45	1500 m
	Men Javelin	3:00	400 m
1:30	100 m		Women Long Jump
1:45	800 m	3:15	5000 m
1:45	Women Javelin		Women Shot Put
	Men Hammer		Men Discus
	Men Long Jump	4:15	Certificate collection and
2:00	300m/400m Hurdles*		afternoon tea
2:15	200 m		

* Club non-members *may* be invited to make up fields if necessary. Only 3 attempts per Field event. Free afternoon tea.

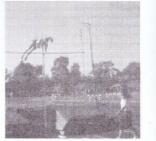
SUNDAY 22 JUNE 2003 at Doncaster Venue Rieschiecks Reserve Athletic Track (off George Street Doncaster Ref.33 J11) Entry \$6 (enter as many events as you wish). Enter on the day Inquiries (03) 94316963 (Richard Trembath) or 97544405 (David Sheehan)

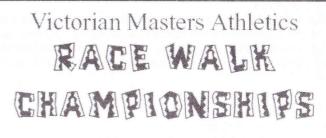




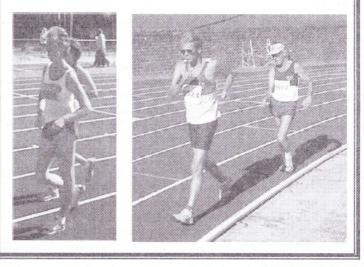


Some action shots from the Victorian Championships Courtesy Col Browne





ALBERT PARK 14th June 2003 2.15pm 10km for men 35 to 69 5km for women and men 70+



VVACI ANNUAL GENERAL MEETING

HELD AT CAULFIELD VENUE ON MONDAY 5th MAY, 2003

ELECTION OF OFFICE BEARERS

56 members attended the AGM. All committee positions were declared and the people shown on page 2 of this newsletter were elected unanimously. Graeme Paul expressed the appreciation of himself and the members to Dot and Colin Browne for their long and valuable service to the club as secretary and assistant secretary. This was carried with acclamation.

LIFE MEMBERSHIPS AND AWARDS OF MERIT

Life Membership
Awards of Merit
AAMI Awards

Ken Walters Joan Riddoch Richard Trembath Shirley Young (Distance) Ann Holcombe (Middle Distance)

Royce Foley Trophy Tom HancockRoyce Foley Trophy Gwen DavidsonVVACI Track & Field TrophiesWal Sheppard TrophyRobert McCubbinMike O'Neill Trophy George Rennie

NOTICE OF MOTION

The following special resolution was received by the secretary, that the name of the club be changed so that the new name incorporates the word "Masters" in lieu of the word "Veterans".

The requirement was that a majority of 75% be in favour of the resolution. 291 votes were cast and the percentage in favour of the resolution was 79.04. The resolution was declared to be carried. In that event, the preferences of the voters for the two optional names "Masters Athletics Victoria" and "Victorian Masters Athletics" were counted, a simple majority being needed. The majority went to "Victorian Masters Athletics".

GENERAL BUSINESS

Nationals 2004. The club has been charged with the responsibility of organising the AMAI National Track and Field Championships at Easter 2004. A meeting of all who would be prepared to take a part in this project was called for 7.45pm on Friday 16th May 2003 at the home of Don McLean, 2/89 Eley Road, Box Hill South, phone 9808 4543. An urgent call was made for volunteers for this most important effort by the club.

Some Urgent Requests

As you have become aware, the chairs of Secretary and his/her assistant, are yet to be filled. Please seriously consider helping out, even it is doing a small secretarial task or two. Talk Colin Browne at any time.

Also a couple of gaps are still required to be filled in the 2004 Australian Championships committee when we host the event. Give Rob or Don a call to see if your talents can be utilised.

7th World Masters Athletics Non Stadia Championships

Manukau and Auckland, New Zealand 18-24th April 2004

Introduction

These championships will be the first of an expanded Non Stadia championship, covering a full of week of competition. The championships consist of a mixture of road, cross-country and road race-walks. It is open to all women aged over 35 and men over 40 (expected to reduce to 35 during the WMA General Assembly to be held in Puerto Rico during July 2003).



It is anticipated that these championships will attract over 5,000 visitors from over 80 countries to New Zealand. A highlight of the championship will be the Kiwi 'Legends' programme. The 'Legends' will be conducting a daily seminar throughout the duration of the

championships. New Zealand has been blessed in producing numerous World record holders and Olympic medallists throughout the golden era of New Zealand's athletics history.

The renowned 'master' of all distance athletics coaches, Arthur Lydiard, will lead the legends programme. Arthur, a resident of Manukau City, is enthused about meeting up with many, many of his old friends from around the world.

Event Programme

Apr 14	Wednesday Waitakare Ranges run hosted by Arthur Lydiard (*)
Apr 16	Friday Welcome to Auckland City 5km Fun Run (*)
Apr 17	2004 World Masters Athletics Non Stadia Championships Opening Ceremony
Apr 18	Sunday 10km Road Races at Lloyd Elsmore Park, Pakuranga
Apr 19	10km Road Walks at Tamaki Drive
Apr 20	Cross Country Relay at Manukau Sports Bowl, Manukau City
Apr 21	30km Road Walk - Men :: 20km Road Walk - Women at Bucklands Beach
Apr 22	Ekiden Road Relay at Lloyd Elsmore Park, Pakuranga
Apr 23	50km Road Walk at Bucklands Beach
Apr 24	Half Marathon at Tamaki Drive
Apr 24	Banquet & Championship Closing Ceremony at Ellerslie Convention Centre
Apr 28	Totara Park run (*)
May 01Rotor	ua Marathon (*)
* denotes No	n Championship event

Cross Country Relay

Each runner will compete two, 2km laps. National teams will contest the Cross Country Relay. There shall be no limit to the number of teams a country can enter per age group. Men 40*-59 : 5 runners Men 60 plus : 3 runners Women : 3 runners *Will reduce to 35, if WMA reduces the men's Masters starting age from 40 to 35.

Officials & Volunteers

The Championships will rely on officials and volunteers, all offers will be gratefully accepted.

World Masters Athletics Non Stadia Championships (Cont.)

Rotorua Marathon

The annual Rotorua Marathon will be raced on Saturday 1 May 2004 - a week following the conclusion of the 2004 WMA Non Stadia Championships.

40th Fletcher Challenge Forests Marathon

2004 will be the 40th anniversary year of the Rotorua Marathon, which will be commemorated with a souvenir finisher's medal.

The year 2003 will see the running of the 39th Fletcher Challenge Forests Marathon, Rotorua, making it the longest running marathon event in the Southern Hemisphere. In 1965 it started out with only 16 runners and peaked to nearly 6500 entrants with the running of the 25th anniversary event in 1989.

The Fletcher Challenge Forests Marathon has retained its popularity through a combination of a course that appeals to the runner and walker - a course that combines scenic beauty, is physically challenging, friendly and well supported - and the location of Rotorua which is one of the most spectacular and popular tourist spots in the world.

Legends Seminars

An undoubted highlight of the Auckland hosted 2004 World Masters Athletics Non Stadia Championships will be the valued import provided many of New Zealand's legendary former runners. Included will be the absolute greats like Arthur Lydiard, Peter Snell, John Walker, Allison Roe, John Davies, Barry Magee-plus many more.....

Many Masters Athletes worldwide would of competed alongside these Kiwi legends. They will be also be involved in many of the medal presentations and will travel to and from competition venues with mixing and mingling with competing athletes.

Following each day's competition, one of the "Legends" will conduct a seminar for the master's athletes of the world. Just prior to the championships commencing a mass training run for visiting athletes will be conducted through the Waitakere Ranges-made internationally famous as the training playgrounds of "Arthur's boys" during the 1960's. A post event training run will also be organized for competitors staying over for the Rotorua marathon the following weekend.

Contact

Peter Fenemor PO Box 977-08 South Auckland Mail Centre Manukau City Tel: 0064 9 267 5542 Email: Fenel@xtra.co.nz

Entry Requirements

Again, as this Championship is a WMA event, entries will have to be verified and endorsed via the AMAI registrar, Colin Browne. Registration details and entry forms are not yet available but, as soon as they are, please pass your entry onto Colin.

New Australian Hurdle Recommendations

After the AGM in 2002, the National Association of AMA, as a result of concerned requests from member athletes, approved the formation of a sub committee to examine the lack of participation in hurdle events and to make recommendations for improving this situation.

These are below and potential hurdlers can give feedback to their State Associations and thus to the State Delegates who will be attending and voting at the National AGM. It would also be appreciated if athletes forward their comments to the hurdles sub committee, as well, by emailing wilma1@froggy.com.au

Wilma Perkins

			١	Nomen			
Short H	lurdles						
Age	Race	Height	To 1 st	Between	To Finish	Hurdles	Markings
30-39	100m	.840m	13.0m	8.5m	10.5m	10	Yellow
40-49	90m	.762m	13.0m	8.0m	13.0m	9	White
50-64	80m	.686m	12.0m	7.0m	19.0m	8	Black
65 plus	60m	.600m	12.0m	7.0m	13.0m	6	Black
Long H	urdles						
Age	Race	Height	To 1 st	Between	To Finish	Hurdles	Markings
30-39	400m	.762m	45.0m	35.0m	40.0m	10	Green
40-49	400m	.686m	45.0m	35.0m	40.0m	10	Green
50-64	300m	.686m	50.0m	35.0m	40.0m	7	Green
65 plus	200m	.600m	20.0m	35.0m	40.0m	5	Green

				Men			
Short F	lurdles						
Age	Race	Height	To 1 st	Between	To Finish	Hurdles	Markings
30-44	110m	.991m	13.72m	9.14m	14.02m	10	Blue
45-54	100m	.914m	13.0m	8.50m	10.5m	10	Yellow
55-64	90m	.840m	13.0m	8.00m	13.0m	9	White
65-74	80m	.762m	12.0m	7.0m	19.0m	8	Black
75 plus	60m	.686m	12.0m	7.0m	13.0m	6	Black
Long H	urdles						
Age	Race	Height	To 1 st	Between	To Finish	Hurdles	Markings
30-44	400m	.914m	45.0m	35.0m	40.0m	10	Green
45-54	400m	.840m	45.0m	35.0m	40.0m	10	Green
55-64	300m	.762m	50.0m	35.0m	40.0m	7	Green
65plus	200m	.686m	20.0m	35.0m	40.0m	5	Green

....

VMACI Club Records

As at 20th May 2003

		Hand States		As at Loth may L	000
100	METRES	the strength		Anne Stobaus	28.8
M30	*Marc Larose	11.0		Anne Stobaus	31.0
	Ashley Rowan	10.67		Gwen Davidson	32.7
M35	*Peter O'Dwyer	11.04		Gwen Davidson	34.6
M40	Garry Barker	11.2	W75	Grace Smith	63.86
	Martin Hodgson	11.2			
	Glenn White	11.2	400	METRES	
M45	*Bob Wishart	11.2	M30	Andrew Wilcox	49.41
M50	Gary Barker	11.6		Cameron Mackenzie	46.87
	Gary Barker	11.8	M35	Peter O'Dwyer	48.69
M60	Rudi Hochreiter	12.5	M40	*Noel Clough	49.5
	Rudi Hochreiter	13.2	M45	Max Warlow	53.5
	Rudi Hochreiter	13.6	M50	Noel Clough	53.58
	*Mike Johnson	14.3	M55	Keith Howden	55.78
	*Mike Johnson	15.1	M60	Richard Trembath	59.59
	*Charlie Booth	16.98	M65	Mike Johnston	62.0
	Charlie Booth	23.03	M70	Mike Johnston	66.02
	Lisa Ford	12.4	M75	*Mike Johnston	68.57
1150	Suzanne Broadrick	11.57	M80	#Mike Johnston	72.85
W35	Debra Tomsett	12.3	M85	Jack Stevens	108.5
	Debra Tomsett	12.4	W30		58.3
	Barbara Blurton	12.9		*Raelene Boyle	51.08
	Anne Stobaus	13.7	W35	and the second se	58.04
	Anne Stobaus	14.1	W40	*Judy Pollock	57.0
	Jan Morrey	14.7	W45	*Barbara Blurton	57.91
	Gwen Davidson	15.6	W50		61.11
	Gwen Davidson	15.9	W55		64.2
	*Gwen Davidson	18.00		#Anne Stobaus	67.3
W80	Nance Jeffreys	24.18	W65		83.41
1100	Hance berneys	2.1110	W70		91.69
200	METRES		W75		109.0
		22.4			
M30	Terry Baldwin Cameron Mackenzie	22.4	800	METRES	
AADE	*Peter O'Dwyer	21.78	M30		1.55.4
M35		22.0	MSO	John Higham	1.47.6
	Bob Wishart Bob Wishart	23.4	M35	Robert McCubbin	1.53.10
M45		23.4	M35 M40	*Noel Clough	1.54.8
M50	Joe Tennant	24.68	M40 M45	Neil MacDonald	1.59.11
	Keith Howden	26.3	M45	Tom Roberts	2.00.1
	Rudi Hochreiter	20.3	M50	#Tom Roberts	2.05.07
	Graeme Noden				2.05.07
	Charles Scarff	28.1	M60	Barrie Milligan	2.20.5
M75	*Mike Johnston	29.76	M65	Jack Stevens *Gordon McKeown	2.20.5
M80	*Mike Johnston	31.82	M70		2.56.57
M85	*Harry Gathercole	37.22	M75	*Mike Johnston *Mike Johnston	3.05.6
M90	Vic Younger	58.1	M80		4.07
W30	Lisa Ford	25.5	M85	*Eddie Gamble	4.07
	*Denise Boyd	23.09	W30		
W35	Chris McArdle	25.55	11/25	*Margaret Crowley	
111.10	Debra Tomsett	25.3	W35	Ann Holcombe	2.12.9
W40	Judy Pollock	26.6	14/40	*Judy Pollock	1.59.93
	Debra Tomsett	26.6	W40		2.12.1
W45		26.0	W45		2.14.7
w50	Anne Stobaus	27.7	W50	Barbara Blurton	2.24.5

* Australian Masters Record/Best # World Masters Record/Best Italics indicates record set by a unfinancial member

W55		2.25.0
W60	*Anne Stobaus	2.40.28
W65		3.13.1
W70	Rowena Barker	3.52.11
W75	*Arley Nicholls	4.35.7
150	0 METRES	
M30	Tim Crosbie	3.58.7
	*Pat Scammell	3.35.62
M35	Dean Paulin	3.56.45
	*Pat Scammell	3.44.25
M40	Greg Lyons	3.56.99
M45	Steve Austin	4.03.7
M50	#Tom Roberts	4.05.2
M55	*Jack Ryan	4.17.6
M60	Tom Roberts	4.40.06
M65	*Jack Ryan	4.41.82
M70		5.14.8
M75	*Randall Hughes	5.32.09
M80	*Peter Brownbill	7.18
M85	*Peter Brownbill	8.01.6
M90	Harry Preston	18.41
W30	Georgann Peterson	4.46.6
	*Margaret Crowley	4.07.23
W35	Dot Browne	4.40.1
	*Judy Pollock	4.14.22
W40	*Dot Browne	4.31.8
W45	Judy Pollock	4.40.4
W50	Bronwen Cardy	4.59.2
W55	*Ann Holcombe	5.00.1
W60	*Jean Albury	5.36
	*Jan Morrey	5.36.93
W65	Barbara Dalgleish	6.21.7
W70	*Shirley Young	6.47.29
W75	*Corrie De Groot	8.03.4
1 M	ILE	
M30	*Pat Scammell	3.55.17
M35	Tim Crosbie	4.35.5
	*Steve Austin	4.08.97
M40		4.23.2
M45	Neil Beachley	4.29.3
M50		4.30.06
M55	#Jack Ryan	4.40.4
M60		5.15
M65	Jack Ryan	5.05.61
M70	Alan Burgoyne	6.08.75
	Bob Lewis	6.33.1
W30		4.26.47
W35		5.29.3
W40		5.05
W45		5.52
W50		6.04
W55		6.00.8
	Brenda Riley	6.34.4
NUCE	Anna Callanhan	0 02 4

W65 Anne Callaghan

W75 #Corrie DeGroot

9.03.4

8.59.4

News and Results				
	VM	AC		
3,0	00 METRES			
M30	*Darren Lynch	7.45.53		
M35	*Steve Moneghetti	8.09.47		
M40	Carl Stevenson	9.09.5		
W30	Anne Cross	8.53.17		
W45	*Trish Wallace	9.56.7		
W70	Rowena Barker	14.48.5		
5,0	00 METRES			
M30	Tim Crosbie	15.36.0		

**/0	Rowella Darker	14.40
5,00	DO METRES	
M30	Tim Crosbie	15.36
	*Steve Austin	13.22
M35	Colin O'Brien	14.42
	*Steve Moneghetti	13.43
M40	*Steve Austin	14.01
M45	*Steve Austin	14.59
M50	*Colin O'Brien	15.49
M55	*Jack Ryan	15.52
M60	Ted Paulin	17.58
M65	Stan Nicholls	18.10
M70	Randall Hughes	19.38
M75	*Randall Hughes	20.18
M80	*Peter Brownbill	27.37
M85	Peter Brownbill	30.12
W30	Georgann Peterson	17.50
	Anne Cross	15.20
W35	Dot Browne	17.43
	*Anne Cross	15.26
W40	Dot Browne	17.09
W45	*Dot Browne	17.33
W50	Bronwen Cardy	17.44
W55	*Jean Albury	18.49
W60	*Theresia Baird	19.21
W65	Rowena Barker	23.00
W70	*Shirley Young	23.21
W75	*Arley Nicholls	32.37
10,0	DOO METRES	
M30	Russell Johnson	32.25
	*Steve Moneghetti	27.48
M35	Graeme Kipp	30.41
	*Steve Moneghetti	28.09
M40	*Steve Austin	29.23
M45	Rodney Goodwin	32.16
M50	Theo Orr	33.37
M55	*Jack Ryan	33.36
M60	Bob Turnbull	37.34
M65	Stan Nicholls	37.52
M70	Alan Burgoyne	40.40
M75	*Randall Hughes	43.05
M80	Reg Barlow	59.37
M85	*Eddie Gamble	74.43
W30	Georgann Peterson	36.52
	Carolyn Schuwalow	
W35	Petrina Trowbridge	35.49
	Carolyn Schuwalow	34.29

W40 *Dot Browne

W55 *Jean Albury

W45 *Bronwen Cardy

W50 *Theresia Baird

I Club Records (Cont.)

	and the second	W60	#Theresia Baird	39.21.1	W60	*Shirley Young
	7.45.53	W65	Barbara Dalgleish	48.42.87	W65	*Shirley Young
ti	8.09.47	W70	*Shirley Young	49.30.43	W70	*Shirley Young
LI	9.09.5		, ,			,, j
	8.53.17	ONE	HOUR RUN		STE	EPLECHASE
		M30	John Duck	10 240		
	9.56.7			18,249	M30	*Glenn Tarran
	14.48.5	M35	Peter Hannaford	18,304		Bob Hendy
			Peter Hannaford	17,719	M35	*Jeff Broderick
		M45	Peter Hannaford	15,907	M40	*Jeff Broderick
	15.36.0				M45	#Jeff Broderick
	13.22.98	HAL	F MARATHON (B	EST)		Bob Hendy
	14.42.3	M30	Brian Simmons	66.44	M55	Bill Hughes
ti	13.43.95		*Steve Moneghetti	60.06	M60	Graham Philpott
	14.01.7	M35	John Meagher	67.05.24	M65	Bob Gardiner
	14.59		Steve Moneghetti	63.54	M70	Peter Couttie
	15.49.3	M40	Peter Hunt	68.14	M75	*Stan Nicholls
	15.52.8	11110	Peter Gaffney	67.27	M80	*Eddie Gamble
	17.58	M45	Neil Ryan	71.06	M85	#Eddie Gamble
		M50	Neil Ryan	74.44	W30	
	18.10				1100	*Cristine Cronin
	19.38	M55	Barry Brooks	74.42	W/35	Laurel Gore
	20.18.04	M60	Barry Brooks	83.12	W40	
	27.37.6	M65	Tony Berry	86.07		Janis Wright
	30.12.6	M70	Randall Hughes	90.26	W50	
on	17.50.3	M75	Sam Stapleton	2.00.39		
	15.20.78	M80		3.08.04	W55	,
	17.43.9	W30	Bronwyn Hanns	83.51	W60	
	15.26.65		Silvana Trampuz	72.56	W65	*Pamela Mews
	17.09.1	W35	Petrina Trowbridge	80.40		
	17.33.3		Jenny Dowie	76.10	SHC	ORT HURDLES
	17.44.75	W40	Petrina Trowbridge	79.15	M30	*Terry Baldwin
	18.49	W45	Bronwen Cardy	78.42		*Max Binnington
	19.21.3	W50	Lavinia Petrie	86.45	M35	*Terry Baldwin
	23.00.4	W55	Theresia Baird	86.21	M40	Albert Latu
	23.21.4		Theresia Baird	86.16	M45	
	32.37	W65	Barbara Dalgleish	1.45.52		*Ted Barnard
		W70		52.25.6	M55	
		W75	Grace Smith	3.09.48	M60	*David Mather
	22.25	1175	orace sinten	5107110	M65	*David Mather
	32.25		ATHON (REST)			Charles Scarff
tti	27.48.94		RATHON (BEST)		M75	Stan Stankovic
	30.41.2	M30	*Brian Simmons	2.26.20	M80	
tti	28.09.96		*Steve Moneghetti	2.08.33	M90	*Vic Younger
	29.23.05	M35	Brian Simmons	2.25.01	W30	
1	32.16.19		*Steve Moneghetti	2.10.00	44.20	*Pam Ryan
	33.37	M40		2.26.44	MOE	
	33.36.2		*Steve Moneghetti	2.17.14		Debra Tomsett
	37.34	M45	Peter Hannaford	2.32.16		Salli-ann Lee
	37.52.2	M50	Barry Brooks	2.38.13		Joanne Russell
	40.40	M55		2.39.57		Gloria Seymon
	43.05.41	M60	Barry Brooks	2.57.25		Bettina Woodburn
	59.37	M65	Randall Hughes	2.59.45	W65	Gwen Davidson
	74.43.7	M70	Randall Hughes	3.09.00		
son	36.52.8	M75	Ken Matchett	4.01.19	LON	IG HURDLES
	32.35.83	W30		2.33.50	M30	*Michael Skerritt
ige	35.49	W35	The start the start of the star	2.46.50		Rohan Robinson
low		1100	S Timmer-Arends	2.44.41	M35	Terry Baldwin
011	35.30.5	W40		2.41.24	M40	*Noel Clough
	36.06.26	W45		2.51.02	M40	
	38.00.3	W50		3.03.36	M45 M50	Richard Trembath
		W50		3.09.14		*Richard Trembath
	38.38.6	1 4422	Jean Albury	3.07.14	M55	Richard Trembath

3.27.44

3.39.43

4.03.52

10.10.7

8.43.2 8.53.57

9.10.2

9.24.4

10.02.6

11.12.99

7.27.33

7.51.48

9.56.27

10.32.2

13.50.9

8.07.9

7.18.8

7.48.34

8.16.3

8.32.5

8.30.10

9.13.5

8.52.30

15.1

13.72

15.10

16.3

17.0

15.03

16.63

16.92

18.24

14.79

18.78

33.2

44.4

16.9

12.93

16.0

13.5

13.3

15.1

19.4

20.09

57.0

50.7

57.1

54.3

62.5

62.6

62.60

12.04.37

12.25

M35

11.28.21

*Willi Sawall

M50 *Andrew Jamieson 12.59.5

M40 #Willi Sawall

M45 *Paul Kennedy

11.28.2

12.50.2

News and Results

VMACI Club Records (Cont.)

M60

M65

*Tom Hancock

*Tom Hancock

1.54

1.47

M50	Mike Hall	44.3	1	*Willi Sawall 12.56
M55		44.0	M55	*Murray Dickinson 13.50
	*Richard Trembath	45.19	MOD	#Willi Sawall 12.44
M65		52.5	M60	#Murray Dickinson 14.16
M70		53.8	M60	#Tom Daintry 14.57
M75		65.55	M03	#Tom Daintry 15.51
		63.4	M70	*Tom Daintry 15.51
VV SC	Kerry Soanes	62.0		
14/25	5 Mandi Cole	64.8	M80 M85	#Tom Daintry 18.44
		67.6		#Gus Theobald 19.31
	Joanne Russell	70.0	M90	#Gus Theobald 21.21
	June Reeves	56.69	W30	
			11/25	Lorraine Jachno 12.48.76
WDD	June Reeves	64.13	W35	
	OO WETDER WAL			Alison Baker 14.29
	00 METRES WAL		W40	
M30		9.35.9		H McDonald 14.53.68
	*Clyde Riddoch	6.11		H McDonald 15.26.81
M35	Clyde Riddoch	6.29	1	*Gwen Steed 16.34
M40	Paul Kennedy	6.15	W60	
M45	Clyde Riddoch	6.32	W65	
M50	*Andrew Jamieson	6.21.1	W70	
M55	*Murray Dickinson	6.44.1	W75	
M60	Terry Dunn	8.11	W80	
M65	Ken Walters	8.10.4	W85	#Nance Jeffreys 27.36
M70	Jack Kilfoyle	9.06		
M80	Eddie Gamble	10.49.2	5,0	00 METRES WALK
M85	*George Knott	12.04.6	M30	Kevin Cassidy 26.46
W30	Sharon Schnyder	6.48		*David Smith 18.52.87
W35	*Sharon Schnyder	6.47	M35	Mark Donahoo 21.21
W40	*Heather McDonald	6.45		Simon Baker 19.57.43
W45	*Heather McDonald	6.49	M40	#Willi Sawall 19.45.65
W50	*Heather Carr	7.10.2	M45	Murray Dickinson 22.59.60
W55	*Gwen Steed	7.50		*Willi Sawall 21.12.1
W60	Jean Albury	7.39	M50	*Andrew Jamieson 22.19
W65	*Jean Albury	8.07.6		*Willi Sawall 21.38
W70	Jean Albury	8.24	M55	*Andrew Jamieson 22.40.1
W75		9.55		#Willi Sawall 22.11
W80	*Nance Jeffreys	11.32	M60	*Murray Dickinson 24.26.9
W85	*Nance Jeffreys	13.44.3	M65	*Tom Daintry 25.44
			M70	#Tom Daintry 26.49
ON	E MILE WALK		M75	*Tom Daintry 28.02.2
M55		8.50.7	M80	*Gus Theobald 30.42
M60			M85	#Gus Theobald 33.14
		9.01.6	M90	#Gus Theobald 35.09
	Sandra Howorth	9.38.9	W30	
	Alison Thompson	8.08.7	1150	Lorraine Jachno 22.17.3
	Heather Carr	7.58.4	W35	
	Celia Johnson	9.04.0		*Heather McDonald 24.39
	Brenda Riley	8.49.7	ALC: NOT	Heather McDonald 25.04
	Margaret Beaumont			Heather Carr 25.24
W75	Jean Knox	10.59.5		#Jean Albury 26.46.9
				*Brenda Riley 27.33
3,0	000 METRES WAL			#Jean Albury 27.57
M30	David Long	19.19	W70	
	*David Smith	11.00.56	W70	*Jean Knox 35.29
1175	ALL 111 C 11	44 20 2	C / VV	Jean KIIOX 33.29

M55	"Murray Dickinson 13.50
	#Willi Sawall 12.44
M60	
M65	#Tom Daintry 14.57
M70	#Tom Daintry 15.51
M75	*Tom Daintry 17.07.8
M80	#Tom Daintry 18.44
M85	#Gus Theobald 19.31
M90	#Cus Thesheld 24.24
W30	
	Lorraine Jachno 12.48.76
W35	Patricia Baker 17.49
1133	Alison Baker 14.29.7
W40	*Heather McDonald 14.26
	H McDonald 14 53 68
W50	H McDonald 14.53.68 H McDonald 15.26.81
W55	*Gwen Steed 16.34
W60	
	*Dette Newsee 19.04
W65	*Betty Newman 18.49
W70	*Tina Leb 19.04 *Betty Newman 18.49 Jean Knox 19.56.29
W75	Dorotny Jack ZZ.29
W80	Nance Jeffreys 24.00
W85	#Nance Jeffreys 27.36
5,00	00 METRES WALK
M30	Kovin Cassidy 26.46
	*David Smith 18.52.87
M35	Mark Donahoo 21.21
11100	Simon Baker 19.57.43
M40	Simon Baker 19.57.43 #Willi Sawall 19.45.65
M45	Murray Dickinson 22.59.60
	*Willi Sawall 21.12.19
M50	*Andrew Jamieson 22.19.3
	*Willi Sawall 21.38.3
M55	*Andrew Jamieson 22.40.11
	#Willi Sawall 22.11.5
M60	*Murray Dickinson 24.26.94
M65	*Tom Daintry 25.44 #Tom Daintry 26.49.3
M70	#Tom Daintry 26.49.3
M75	*Tom Daintry 28.02.26
M80	*Tom Daintry 28.02.26 *Gus Theobald 30.42
M85	#Gus Theobald 33.14.2
M90	#Gus Theobald 35.09.5
W30	Sharon Schnyder 24.42
	Lorraine Jachno 22.17.32
W35	Heather McDonald 24.56
	*Heather McDonald 24.39.8
WAS	Heather McDonald 25.04.5
WEO	Heather Carr 25.24
CCVV	#Jean Albury 26.46.92 *Brenda Riley 27.33.0
WOU	*Brenda Riley 27.33.0
W65	#Jean Albury 27.57 *Jean Albury 29.42.75
W70	Jean Albury 29.42.75
W75	*Jean Knox 35.29
W80	*Nance Jeffreys 39.04
W85	*Nance Jeffreys 45.08
10k	ROAD WALK (BEST)

M30	*David Smith	38.20.9
M35	Mark Donahoo	43.45
M40	*Mark Donahoo	43.47.9
M45	George Paton	48.27
M50	*Andrew Jamieson	45.41
	*Willi Sawall	44.10.1
M55	*Murray Dickinson	48.54
M60	*Murray Dickinson	49.35
M65	*R.H.Jones	55.23.4
M70	#Tom Daintry	54.17
M75	*Tom Daintry	64.39
M80		64.23
M85	*George Knott	88.29
M90	#Gus Theobald	77.52
W30		53.01
	Lorraine Jachno	45.25
W35	Heather McDonald	50.51
W40	*Heather McDonald	49.37
W45	*Heather McDonald	50.35
	Heather Carr	53.35
W55	*Gwen Steed	57.59
W60	*Brenda Riley	56.26
	*Betty Newman	62.24
W70	*Jean Albury	62.31
W75 W80	Jean Knox	74.27
	*Nance Jeffreys	77.32
W85	#Nance Jeffreys	92.41
201	DOAD WALK (DI	
	ROAD WALK (BE	
M30	*David Smith	1.19.22
M35		.24.04.3
M40		1.21.36
M45		1.25.03
M50	*Andrew Jamieson	
M55		35.12.7
M60	*Murray Dickinson	
M65 M70	#Tom Daintry	1.51.18
		2.00.16
M75 M80	*Cus Theobald 2	1.59.20
M85		2.26.07
M90	#Gus Theobald	2.34.01
W30		1.41.13
W35	Heather McDonald	1.52.12
W40		
W45	*Kathy Woodward	
W50	Celia Johnson	1.53.05
W55	*Penny Hall	2.08.51
1100	renny nat	2.00.51
HIG	H JUMP	
M30	*Terry Baldwin	1.90
1130	,	1.93
M35		1.90
	*Graeme Morrish	
	Julien Cosmos	1.70
	Tom Hancock	1.61
	Tom Hancock	1.60
MUSS	*Tom Hannack	1 54

News and Results

VMACI Club Records (Cont.)

*Dawn Hartigan #Dawn Hartigan

#Dawn Hartigan

Rhondda Dundas

13.18

14.39

10.35

8.70

8.63

7.60

W50 Jan Davies

W55 *Jan Davies

W60 Val Worrell

W65 *Lydia Widera

W70 *Lydia Widera

W75 #Gwen Davidson

M70	Gordon Gourlay	1.38	M90	#Vic Younger
M75	*Rudi Hochreiter	1.23	W30	*Irie Hill
M80	Andy Smith	1.00	W35	*Dawn Hartigan
M85	Vic Younger	1.00	W40	#Dawn Hartigar
M90	*Vic Younger	0.92	W45	#Dawn Hartigar
W30		1.47		
W35	Salli Ann Lee	1.55	TRI	PLE JUMP
W40	Rosemary Wilson	1.45	M30	*Roger Groppi
W45	Salli Ann Lee	1.43		Simon Jacotine
W50	Chris Battersby	1.35	M35	*Russell Sarah
W55	Barbara Brooks	1.05	M40	*Russell Sarah
W60	Bettina Woodburn	1.19		Russell Sarah
W65 W70	*Gwen Davidson *Gwen Davidson	1.22		Russell Sarah
W75	#Gwen Davidson	1.10	M55	
4475	#Gwell Davidsoll	1.12	M60	Cliff West
ION	IG JUMP		M65	Harry Logan
LUP	IG JUMP		4470	Mike Johnston
1120	To Dall'	6 10	M70 M75	Mike Johnston Syd Elks
M30	Terry Baldwin	6.48	M75 M80	Andy Smith
	Roger Groppi *Leigh Stuart	6.48 7.93	M85	Vic Younger
M35	*Russell Sarah	6.82	M90	Vic Younger
	Russell Sarah	6.51	W30	*Irie Hill
M45	Graeme Noden	5.97	W35	Glenis Johnson
M50		5.73	W40	Sue Haylock
M55	Graeme Noden	5.66	W45	Salli-Ann Lee
M60	Graeme Noden	5.21	W50	Sue Haylock
M65	*Mike Johnston	4.92	W55	Christine Dickie
M70	*Mike Johnston	4.75	W60	Nyala Millar
M75	Rudi Hochreiter	3.93	W65	Gwen Davidson
M80	Harry Gathercole	2.96	W70	*Gwen Davidsor
M85	Vic Younger	2.70	W75	Gwen Davidson
M90	*Vic Younger	2.53		
W30	Glenis Johnson	5.55	SHO	TPUT
	Kym Burns	6.16	M30	Angelo Pagano
W35	Glenis Johnson	5.43		John Minns
W40	Sue Haylock	4.76	M35	Angelo Pagano
W45	Salli-Ann Lee	4.88		John Minns
W50	Chris Battersby	4.39	M40	Sal Ungars
W55 W60	Nyala Miller *Bettina Woodburn	4.01 4.03	M45	Geoff Tyler
W60	Gwen Davidson	3.62	M50	Graeme Rose
W70	*Gwen Davidson	3.51		Graeme Rose
W75	*Gwen Davidson	2.79	M60	Aivars Pavulins
1175	Gwen Davidson	2.77	M65 M70	*Aivars Pavulins Rudi Hochreiter
POI	E VAULT		M70	
M30	Terry Baldwin	3.65	M80	*John Fraser
M30	Don Baird	5.36	M85	*John Fraser
M35	Wayne Garth	4.05	M90	*Vic Younger
1133	Andrew Stewart	4.65	W30	Chris Schultz
M40	Robert Huddle	4.00		*Gael Martin
M45	*Ken Priestley	3.92	W35	*Chris Schultz
M50	Ken Priestley	3.58	W40	*Chris Schultz
M55	*Rob Barclay	3.45	W45	*Chris Schultz
M60	*Rob Barclay	3.30	W50	*Chris Schultz
M65	Werner Widera	2.46	W55	Rhondda Dunda
M70	Werner Widera	2.33	W60	Lydia Widera
M75	*Werner Widera	2.16	W65	Lydia Widera
M85	Vic Younger	1.60	W70	*Lydia Widera

1.40 4.00	W75 W80	*Gwen Davidson Gwen Davidson	6.81 6.24
3.00	100	Gweir Davidsoll	0.24
3.45	DIS	CUS	
3.50	M30	Roger Groppi	39.08
	1.1.1.1	*Werner Reiterer	61.40
	M35	Graeme Young	45.76
13.10		Rod Guy	46.56
15.35	M40	Geoff Tyler	48.14
14.63	M45	*Geoff Tyler	49.08
14.14	M50	Graeme Rose	44.80
12.60	M55	Graeme Rose	42.65
12.35	M60		46.10
10.74	M65	*Tom Hancock	46.79
10.63	M70	Rudi Hochreiter	40.14
10.16	M75	*Rudi Hochreiter	35.77
10.16	M80	John Fraser	25.70
9.46	M85	*John Fraser	21.73
8.39	M90	*Vic Younger	15.22
5.65	W30	Chris Schultz	50.04
5.10		Gael Martin	58.24
5.29	W35	*Chris Schultz	48.90
11.29	W40	*Chris Schultz	48.52
10.75	W45	*Chris Schultz	44.38
10.20	W50		41.00
10.12	W55	Isabella Deneefe	32.34
9.14 8.28	W60	Lydia Widera	25.62
	W65	Lydia Widera	25.72
8.04 7.95	W70	*Lydia Widera	22.10
7.46	W75	*Gwen Davidson	18.99
6.29	W80	*Gwen Davidson	15.59
	HAA	AMER	
	M30	Mike Fawkner	33.92
14.47		*Hans Lotz	71.24
18.27	M35	*Hans Lotz	67.92
14.59		*Hans Lotz	73.80
18.04	M40	*Hans Lotz	66.94
14.15	M45	*Hans Lotz	59.62
13.88	M50	*Hans Lotz	60.39
13.91	M55	*Ken Readwin	49.34
13.23	M60	*Wim Van Weenen	50.62
12.83	M65	*Wim Van Weenen	50.38
13.02	M70	*Wim Van Weenen	48.74
12.82	M75	#Roy Foley	43.10
11.56	M80	#John Fraser	37.18
9.31	M85	John Fraser	27.51
7.94	M90	Vic Younger	10.21
5.93	W30	Kath Newman	46.01
15.71		*Pam Matthews	49.90
18.52	W35	*Pam Matthews	48.14
15.41	W40	Chris Schultz	41.56
14.36	W45	Chris Schultz	37.44
12 10	11150		10 11

48.66

46.90

32.67

33.00

28.36

23.82

VMACI Club Records (Cont.)

W80	#Gwen Davidson	21.66
JAV	ELIN	
M30	Terry Baldwin	48.52
moo		67.32
M35	Manfred Rohkamper	60.70
W22		
	*M Rohkamper	69.32
M40	Graeme Rose	55.48
M45	Graeme Rose	54.82
M50	Andrew Farr	54.79
M55	*Graeme Rose	50.38
M60	Tom Hancock	43.46
M65	*Aivars Pavulins	45.00
M70	*Rudi Hochreiter	37.00
M75	*Rudi Hochreiter	31.09
M80	Stan Stankovic	27.97
M85	Vic Younger	19.91
M90	*Vic Younger	17.01
W30	Chris Schultz	40.50
	*Petra Rivers	64.18
W35	Chris Schultz	39.08
W40	Chris Schultz	37.32
W45	Dawn Hartigan	33.73
		32.18
W50	*Chris Schultz	
W55	Chris Battersby	24.53
W60	Bettina Woodburn	24.24
W65	Bettina Woodburn	22.08
W70	*Lydia Widera	19.36
W75	Gwen Davidson	14.82
W80	Gwen Davidson	12.32
HEA	VY HAMMER	
M30	Mike Fawkner	10.49
M35	*Roger Glass	13.92
M40	*Hans Lotz	16.60
M45	*Hans Lotz	15.70
M50	*Hans Lotz	19.71
M55	*Graeme Rose	17.84
M60	*Willem Van Weenan	
M65	*Willem Van Weenen	
M70	*Willem Van Weenen	
M75	*Roy Foley	14.81
M80	*John Fraser	15.10
M85	*John Fraser	12.99
		6.70
M90	*Vic Younger	
W30	Sharon Clayton	11.57
W35	*Christine Schultz	12.79
W40		12.44
W45	*Christine Schultz	13.57
W50	Jan Davies	14.77
W55	Jan Davies	14.58
W60	Val Worrell	12.49
W65	Val Worrell	11.47
W70	*Gwen Davidson	10.10
W75	*Gwen Davidson	10.30
W80	*Gwen Davidson	8.80
WE	GHT PENTATHLO	ON

	Yohan Amerasekera	3,115
M35	Roger Glass	2,850
M40	*Hans Lotz	3,543
M45	*Rod Guy	3,584
M50	*Graeme Rose	4,078
M55	*Graeme Rose	4,288
M60	*Tom Hancock	4,229
M65	*Tom Hancock	4,698
M70	Aivars Pavulins	4,150
M75	*Roy Foley	4,520
M80	*John Fraser	4,357
M85	*John Fraser	4,444
W30	*Kelly Carvill	2,859
	*Christine Schultz	3,944
W35		3,944
W40	*Christine Schultz	4,214
W45	*Christine Schultz	4,685
	#Christine Schultz	4,535
W55		4,173
W60		3,588
W65	Lydia Widera	4,188
W70	*Lydia Widera	4,241
W75	*Gwen Davidson	4,371
W80	#Gwen Davidson	4422
PFN	TATHLON (with	discus)
M30	Terry Baldwin	3121
M35		3589
	*Terry Baldwin	3318
M40	Ray Mooney	
M45	David Sheehan	3220
M50	Rudi Hochreiter	3520
M55	Rudi Hochreiter	3657
M60	#Rudi Hochreiter	4081
M65	*Rudi Hochreiter	4018
M70	*Mike Johnston	3945
M75	Stan Stankovic	3045
M80	Stan Stankovic	2,288
M85	Vic Younger	2,074
M90	#Vic Younger	2,673
	*Jennifer Baldwin	2856
W35	Jennifer Baldwin	2699
W40	Chris Battersby	2594
W45	Chris Battersby	3332
W50	Chris Battersby	3309
W55		2745
W60		2647
W65	Lydia Widera	3436
W70	*Gwen Davidson	3368
PEN	TATHLON (with	Shot)
M30	*David Lynch	3,008
M35	Russell West	2,112
M40	John Creek	3,055
M45	Tom Gerrard	2,801
M50	Peter Young	2,374
M55	Graeme Noden	3,177
MAGO	Graeme Noden	3,397
M60	Alex Harris	2,971
	*Stan Stankovic	2,918
M70	SLATISLATIKUVIC	2,710

2,236

M30 Terry Baldwin

	(,		
M75	Stan Stankovi	ic	3,059
M80	Andy Smith		1,381
W30	*Jennifer Bal	dwin	2,673
	Cathy Orelli		1,807
	Kathy Heagne		2,459
W50	Chris Batters	by	2,997
DEC	ATHLON		
M30	Terry Baldwin	1	6,320
	Chris Bradsho	w	7,064
M35	*Peter Urban		6,336
M40	*Clyde Riddoo	ch	4,468
M45	Clyde Riddoc	h	4,309
M50	John Neale		5,066
M55	Jim Poulter		4,880
M60	*Rudi Hochre	iter	7,205
M65	Norm Keith		3,800
M75	Syd Elks		4,956
M90	#Vic Younger		4,199
W30	Jennifer Bald	lwin	3,475
	*Carolyn Fox		4,448
W35	Jennifer Bald		3,822
W40	Christine Brid		3,444
W45	*Chris Batters		4,969
W50			3,674
W65	*Gwen Davids	son	4,335
4 X	100M REL	AY	
M35		40	48.8
M45		50	50.6
M55	53.4 M	60	56.5
M70		/35	52.6
W45	69.9 W	/50	58.7
W55	60.47		
4 X	200M REL	AY	
M40		45	1.49.8
M50		155	1.44.7
M60		170	2.03.5
W55	2.18.6		
4 Y	400M REL	۵Y	
4 A M40			3.51.1
M40		145	4.09.5
M50		155	4.39.6
M70		V35	4.39.0
MI/O	J.17.7 V	133	7.71.20
	800M REL		
M50		165	11.41.1
M70	11.44.1		
4 X	1500M RE	LAY	
M50	20.02.3	100	
11150	2010213		

News and Results

RECORDS SET BY VICTORIANS IN 2002/2003

Pending World Pecards

Pend	ding World Reco	rds				
Age	Event	Name	Performance	%Std	Date	Location
M90	Decathlon	Vic Younger	4,199 pts	49%	23-2-03	QEII, Brisbane
W75	Mile Run	Corrie DeGroot	8:59.4	73%	27-2-03	East Burwood, Vic
W80	Hammer	Gwen Davidson	21.27m	76%	2-3-03	Murrumbeena, Vic
W80	Weight Pent	Gwen Davidson	4,307 pts	62%	2-3-03	Murrumbeena, Vic
M90	Pentathlon	Vic Younger	2,673 pts	46%	16-3-03	Murrumbeena, Vic
W80	Weight Pent	Gwen Davidson	4,423 pts	60%	23-3-03	Murrumbeena, Vic
W80	Hammer	Gwen Davidson	21.66m	71%	23-3-03	Murrumbeena, Vic
M90	Pole Vault	Vic Younger	1.40m	60%	5-4-03	Murrumbeena, Vic
Aust	ralian Records					
W70	Half Marathon	Rowena Barker	1:53:20	82%	7-7-02	Gold Coast
W55	800m	Ann Holcombe	2:25.0	96%	27-8-02	
W70	3k	Rowena Barker	14:48.5	90% 81%	9-9-02	Murrumbeena, Vic
M75	Javelin	Rudi Hochreiter	31.09m	68%	27-9-02	Doncaster, Vic
M35	100m	Peter O'Dwyer	11.04s	91%		Griffith Uni, Qld
W55	1500m				8-10-02	Olympic Park, Vic
W70		Ann Holcombe	5:01.90	93%	11-10-02	Olympic Park, Vic
	Half Marathon	Rowena Barker	112:25.62	83%	13-10-02	Carlton, Vic
M35	Half Marathon	John Meagher	67:05.24	91%	13-10-02	Carlton, Vic
W30	Triple Jump	Irie Hill	11.29m	75%	8-10-02	Olympic Park, Vic
W30	Pole Vault	Irie Hill	4.00m	95%	11-10-02	Olympic Park, Vic
W55	1500m	Ann Holcombe	5:00.1	94%	23-11-02	Murrumbeena, Vic
M35	200m	Peter O'Dwyer	21.98s	92%	30-11-02	Geelong, Vic
M60	300m Hurdles	Richard Trembath	45.6s	92%	12-12-02	East Burwood, Vic
M45	3k Walk	Paul Kennedy	12:50.2	91%	11-2-03	Aberfeldie, Vic
M90	Long Jump	Vic Younger	2.25m	63%	22-2-03	QEII, Brisbane
M90	Shot Put	Vic Younger	5.86m	76%	22-2-03	QEII, Brisbane
M90	High Jump	Vic Younger	0.92m	79%	22-2-03	QEII, Brisbane
M90	Pole Vault	Vic Younger	1.15m	49%	23-2-03	QEII, Brisbane
M90	Javelin	Vic Younger	13.30m	47%	23-2-03	QEII, Brisbane
M70	Hammer	Wim Van Weenen	48.74m	92%	23-2-03	Murrumbeena, Vic
M75	Mile Run	Bob Lewis	6:33.1	84%	27-2-03	East Burwood, Vic
W60	Mile Run	Brenda Riley	6:34.4	84%	27-2-03	East Burwood, Vic
W80	Discus	Gwen Davidson	15.10m	58%	2-3-03	Murrumbeena, Vic
W60	3k Walk	Gwen Steed	17:29.19	85%	8-3-03	Olympic Park, Vic
M90	Long Jump	Vic Younger	2.53m	71%	16-3-03	Murrumbeena, Vic
M90	Javelin	Vic Younger	15.05m	53%	16-3-03	Murrumbeena, Vic
M90	Discus	Vic Younger	15.22m	57%	23-3-03	Murrumbeena, Vic
M90	Javelin	Vic Younger	17.01m	60%	23-3-03	Murrumbeena, Vic
M90	Weight Throw	Vic Younger	6.70m	44%	23-3-03	Murrumbeena, Vic
M60	300m Hurdles	Richard Trembath	45.19s	93%	29-3-03	Launceston, Tas
W80	Weight Throw	Gwen Davidson	8.80m	75%	30-3-03	Murrumbeena, Vic
M90	80m Hurdles	Vic Younger	44.4s	47%	30-3-03	Murrumbeena, Vic
M85	1500m	Peter Brownbill	8:01.6	76%	30-3-03	Murrumbeena, Vic
W60	5k Walk	Brenda Riley	27:34	96%	30-3-03	Murrumbeena, Vic
W80	Discus	Gwen Davidson	15.59m	59%	30-3-03	Murrumbeena, Vic
M90	Shot Put	Vic Younger	5.93m	77%	5-4-03	Murrumbeena, Vic
W60	5k walk	Brenda Riley	27.33.0	96%	19-4-03	Perth, WA
						reiti, wa
		nship Records in			,	
W80	Javelin	Gwen Davidson	12.32m	48%	18-4-03	
M80	Javelin	Stan Stankovic	27.97m	58%	18-4-03	
W80	Discus	Gwen Davidson	14.63m	54%	19-4-03	
W80	Hammer	Gwen Davidson	20.52m	73%	19-4-03	
W80	Weight Throw	Gwen Davidson	7.64m	73%	20-4-03	
W80	Weight Pent	Gwen Davidson	4,257 pts	58%	20-4-03	

RECORDS SET BY VICTORIANS IN 2002/2003 (Cont.)

Victorian Records

VICTO	rian Records					
W35	2k Steeple	Laurel Gore	7:48.34	82%	7-10-02	Olympic Park, Vic
W45	Javelin	Dawn Hartigan	33.73m	63%	7-10-02	Olympic Park, Vic
W70	800m	Rowena Barker	3:52.11	73%	8-10-02	Olympic Park, Vic
M60	300 Hurdles	Richard Trembath	46.59s	90%	8-10-02	Olympic Park, Vic
W50	Triple Jump	Sue Haylock	9.14m	80%	8-10-02	Olympic Park, Vic
W65	400m	Lorraine Woodman	1:23.41	78%	11-10-02	Olympic Park, Vic
W70	400m	Rowena Barker	1:36.52	76%	11-10-02	Olympic Park, Vic
M30	400m	Andrew Wilcox	49.41s	89%	11-10-02	Olympic Park, Vic
M35	400m	Peter O'Dwyer	48.69s	92%	11-10-02	Olympic Park, Vic
M35	1500m	Dean Paulin	3:56.45	90%	11-10-02	Olympic Park, Vic
W45	80 Hurdles	Joanne Russell	13.30s	86%	11-10-02	Olympic Park, Vic
W75	10k Road walk	Jean Knox	74:27	84%	12-10-02	Middle Park, Vic
M65	Half Marathon	Tony Berry	86:07	90%	13-10-02	Carlton, Vic
M80	Half Marathon	Ken Matchett	143:08.04	64%	13-10-02	Carlton, Vic
M60	400m	Richard Trembath	60.01s	89%	14-1-03	Aberfeldie, Vic
M60	400m	Richard Trembath	59.8s	89%	21-1-03	Doncaster, Vic
M90	Discus	Vic Younger	13.72m	51%	23-2-03	QEII, Brisbane
W50	Mile Walk	Heather Carr	7:58.4	92%	27-2-03	East Burwood, Vic
W45	Mile Walk	Alison Thompson	8:08.7	87%	27-2-03	East Burwood, Vic
W60	Mile Walk	Brenda Riley	8:49.7	92%	27-2-03	East Burwood, Vic
M55	Mile Walk	Alan Lucas	8:50.7	75%	27-2-03	East Burwood, Vic
M60	Mile Walk	Dave Herbert	9:01.6	78%	27-2-03	East Burwood, Vic
W55	Mile Walk	Celia Johnson	9:04.0	82%	27-2-03	East Burwood, Vic
W40	Mile Walk	Sandra Howorth	9:38.9	68%	27-2-03	East Burwood, Vic
W65	Mile Walk	Margaret Beaumont	10:44.7	77%	27-3-03	East Burwood, Vic
W75	Mile Walk	Jean Knox	10:59.5	86%	27-2-03	East Burwood, Vic
W65	Mile Run	Anne Callaghan	9:03.4	63%	27-2-03	East Burwood, Vic
W80	Shot Put	Gwen Davidson	5.92m	76%	2-3-03	Murrumbeena, Vic
W80	Javelin	Gwen Davidson	11.60m	46%	2-3-03	Murrumbeena, Vic
W80	Weight Throw	Gwen Davidson	7.37m	55%	2-3-03	Murrumbeena, Vic
W45	0	Salli-Ann Lee	4.81m	81%	7-3-03	Olympic Park, Vic
W45	Long jump High jump	Salli-Ann Lee	1.43m	85%	9-3-03	Olympic Park, Vic
	200m	Vic Younger	58.1s	60%	16-3-03	Murrumbeena, Vic
M90	Pentathlon	Stan Stankovic	2,288 pts	50%	16-3-03	Murrumbeena, Vic
M80		Stan Stankovic	26.28m	63%	16-3-03	Murrumbeena, Vic
M80	Javelin 400m Hurdles	Joanne Russell	71.0s	87%	23-3-03	Newcastle, NSW
W45		Gwen Davidson	6.24m	72%	23-3-03	Murrumbeena, Vic
W80	Shot Put	Gwen Davidson Gwen Davidson	11.87m	42%	23-3-03	Murrumbeena, Vic
M80	Javelin	Gwen Davidson	7.47m	60%	23-3-03	Murrumbeena, Vic
W80	Weight Throw	Corrie DeGroot	109.0s	68%	30-3-03	Murrumbeena, Vic
W75	400m	Corrie DeGroot	8:03.4	75%	30-3-03	Murrumbeena, Vic
W75	1500m				30-3-03	Murrumbeena, Vic
W30	2k Steeple	Julie Norney	8:07.9	75%	30-3-03	Murrumbeena, Vic
W45	Long Jump	Salli-Ann Lee	4.88m	82%		
M90	Hammer	Vic Younger	10.21m	35%	30-3-03 5-4-03	Murrumbeena, Vic Murrumbeena, Vic
W45	400m Hurdles	Joanne Russell	69.8s	88%		Murrumbeena, Vic
M65	200m	Graeme Noden	27.2s	92%	5-4-03	Murrumbeena, Vic
M85	5k	Peter Brownbill	30:12.6	74%	5-4-03	
M90	Triple Jump	Vic Younger	5.29m	68%	5-4-03	Murrumbeena, Vic
W45	Triple Jump	Salli-Ann Lee	10.12m	82%	5-4-03	Murrumbeena, Vic
M80	Javelin	Stan Stankovic	27.97m	68%	18-4-03	Perth, WA
W80	Javelin	Gwen Davidson	12.32m	48%	18-4-03	Perth, WA
M60	2k Steeple	Graham Philpott	7:27.33	93%	19-4-03	Perth, WA
M60	400m	Richard Trembath	59.59s	89%	21-4-03	Perth, WA

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News and Results

Eddie Simpson

by Richard Trembath

DONCASTER venue members were shocked and saddened to hear of the recent passing of one of their number, Eddie Simpson, who died on March 19 at the age of 57 after a battle with cancer.

Eddie had been a regular for the previous two years although his ability to attend often depended on whether he happened to be 'winning' at the time. Mostly, however, he was an enthusiastic sprinter whose participation in veterans' athletics was merely a continuation of a lifelong love-affair with sport.

Born in Belfast, in Ireland, Eddie later lived for a time in Scotland and played professional soccer in England. His greatest thrill in that sport, however, came during his time with Hong Kong Rangers when he played against an invitation team which included one of the game's icons, the great Pele. Eddie spent most of his life involved in soccer and athletics and was involved in coaching soccer after migrating to Australia.

Eddie's wife Barbara said he was always keen to remain fit and that it had been this which had led him to join veterans' athletics. Doncaster venue manager Richard Trembath said he quickly grew to admire Eddie's approach to life and its problems. "Whenever you asked for volunteers for something, Eddie's name was always first on the list," he said, "and he tackled his athletics head-on.

"I remember when he first came to Doncaster, worrying how I could get him to slow down and back off a bit before he hurt himself. "Probably my most vivid memory will always be of one night when the weather was so foul that everyone else wanted to just have supper and go home. "We had a couple of visitors there that night. It was pouring rain but they wanted to run and Eddie was the only one who went out with them. "He finished third in the field of three in the 100, then in the 200 he pulled up as they were about to enter the straight.

"None of them had warmed up properly and I remember thinking he must have done a hammy or something. I caught up with him later and asked if he was okay and he said: 'Yeah, I'm fine, just my bag came adrift...'

"Most people didn't know about that, and they didn't know he'd had a hip replacement either. There are a lot of people in Vets' who've got plenty of guts, but none who had any more than Eddie," Trembath said. "He was a good bloke, too," he added. "It's a pity there aren't a few more Eddie Simpsons about."

Masters or Veterans? Current nomenclature is: Masters - SA, Qld, Vic, Tas Veterans - NSW, ACT, WA

A dozen or twelve? When are we going to get back to basics?

Your Editor's Interview

Check out my interview with US Masters Track & Field at www.masterstrack.com/news2003/march20.html

Australian Masters Games

Deadline for entries on $15^{\rm th}$ August. Give them a call on (02) 6232-5266 or go to www.amg2003.com.

2003 VicVets Track and Field Championships

70.7

73.2

69.8

75.6

61.3

12.7

11.9

12.8

11.6

12.0

12.1

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15.3

Short Hurdles		2 George Goode
	18.7 Time	W35 1 Jennifer Bąldwin
4 Clyde Riddoch No	Time Time	W45 1 Joanne Russell 2 Christine Bridle
M50 1 Freddy Rademaker 2 John Neale	19.9 22.1	W50 1 Tina Vallance
M60 1 Jim Poulter	18.0	100 Metres
M65 1 Don Chambers 2 Roy Cunliffe 3 Max Brook	15.0 18.4 20.8	M30 1 John Keramidas M35 1 Glenn Stephens
M70		2 Dean Wilkes
1 David Mather 2 Gordon Gourlay M75	16.0 18.3	M40 1 Peter Tuckett 2 Terry Baldwin 3 Ken Plummer
1 George Goode	20.1	4 Mark Thomas 5 Phillip Coghill
M90 1 Vic Younger	44.4	6 John Schuijers7 Charles Clark8 William Barker
W45 1 Joanne Russell 2 Christine Bridle	13.5 16.3	M45 1 Paul Turner 2 Andrew Watts
Long Hurdles 1 Keith Hyndes	66.3	3 Gottfried Schutz4 Grant Sargent
M40 1 Scott Nye	1:16.9	 Ivor Corneilse Phil Lancaster Greg Simpson
M45 1 Greg Simpson 2 Mark Cauchi 3 Clyde Riddoch	74.0 75.4 84.0	M50 1 Phil Rosevear 2 Keith Moyle 3 Richard Wearmouth 4 Stephen Baird
M50 1 Freddy Rademaker 2 John Neale	50.4 57.3	 Stephen Baird Mark Tonkin Rodney Jellett Graham Ford Freddy Rademaker
M60 1 Bill Schofield	60.9	M55 1 Keith Howden
M65 1 Don Chambers 2 Max Brook	57.9 63.2	2 Ian McLeod 3 Myer Vorchheimer
M70 1 Leo Coffey 2 Alex Harris	59.0 66.6	M60 1 Ross Kent 2 Col Burnett 3 Andrew Fraser 4 Brian Tait
M75 1 Sydney Elks	70.0	5 Tony Bradford

1	M65	
	1 Graeme Noden	13.7
	2 Kevin Marion	14.4
	3 Con Matthews4 Lucas Kakris	14.7 14.8
	5 John Howes	15.3
	6 Max Brook	15.9
	7 Don Chambers	16.3
	8 Allan Wood	16.9
	M70	
	1 Leo Coffey	14.7
	2 Norm Windred (NSW)	
	2 David Mather3 Gordon Gourlay	15.6 16.4
	4 Col Silcock-Delaney	20.2
	M75	
	1 George Goode	17.1
	M80 1 Mike Johnston	15.5
	2 Stan Stankovic	20.2
	3 Wal Riley	31.3
	M85	
	1 Eddie Gamble	24.7
	2 Andy Smith	26.5
	M90	00.0
	1 Vic Younger	23.2
	W30 1 Amanda Constable	14.5
	2 Jodi Chandler	14.9
	W35	
	1 Linda Buttigieg	13.4
	2 Marlene Johns	13.8
	3 Sharyn Caulfield	14.1
	4 Sonya Pollard	14.5
	W40 1 Christie Faulks	14.1
	2 Stephanie Armstrong	14.6
	3 Margaret Sheldon	17.1
	W45	
	1 Joanne Russell	14.4
	2 Dorn Jenkins	14.5
	3 Christine Bridle	14.7
	4 Amanda Lee	15.3
	W50	14.6
	1 Kathy Heagney 2 C Hondromatidis	14.6 16.2
	3 Judy Coram	17.9
	W55	
	1 June Reeves	14.9
	2 Nanette Compte	15.3

News and Results

2003 VicVets Track and Field Championships (Cont.)

W60		2 Lucas Kakris	29.9	W65	
1 Jill Allen	15.1	3 Don Chambers	30.7		35.6
				I Ratifieen Cook	55.0
2 Nyala Millar	16.3	4 Max Brook	30.9		
3 Beverly Hugo	20.8	5 Eddie Stack	33.7	400 Metres	
		6 Allan H Wood	40.3	M35	
W65			1.001		54.4
1 Kathleen Cook	16.7	M70			67.7
	0.000	1 Leo Coffey	30.7		
W70		2 David Mather	31.5	M40	
1 Ruth Potter	21.9	3 Alex Harris	33.0		52.9
		4 Gordon Gourlay	33.7		54.5
200 Metres		5 Nino Stankovic	39.3		
		6 Col Silcock-Delaney	47.8	1 0	57.6
M30		,			58.2
1 John Keramidas	25.5	M75			58.3
		1 Sydney Elks	38.4		59.3
M35		2 Jim Sinclair	38.9		59.5
1 Glenn Stephens	23.4	2 onn onreian	00.0		50.0
2 Dean Wilkes	25.7	M80		9 Tony O'Shea	54.2
3 Keith Hyndes	27.1		48.2		
		1 Stan Stankovic		M45	
M40		2 Wal Riley	79.5	1 Andrew Watts	55.3
1 Peter Tuckett	23.5			2 Gottfried Schutz	57.6
2 Terry Baldwin	23.9	M85			58.9
3 Phillip Coghill	24.4	1 Andy Smith	62.1		59.5
4 Mark Thomas	24.7			5	60.6
5 John Schuijers	24.9	M90		, ,	35.8
6 Charles Clark	25.5	1 Vic Younger	59.9	o reter dray	55.0
7 Darren McGee	26.4			M50	
		W30			57.0
8 Scott Nye	27.3	1 Amanda Constable	29.3		
1445		2 Jodi Chandler	29.6		57.1
M45					59.0
1 Paul Turner	24.7	W35			62.6
2 Andrew Watts	25.0	1 Marlene Johns	28.1	,	64.7
3 Gottfried Schutz	25.8	2 Linda Buttigieg	28.3		65.4
4 Phil Lancaster	26.1	3 Sharyn Caulfield	28.8	7 Graham Eadie	56.2
5 Ivor Corneilse	26.5		31.8	8 Chris Colley	67.8
6 Chris Brown	28.9	4 Mary Grau	31.0		72.5
		1440		10 Ken Carter 10	05.3
M50		W40	000		
1 Keith Moyle	25.5	1 Christie Faulks	28.3	M55	
2 Peter Lamb	25.7	2 Stephanie Armstrong	28.3	1 Keith Howden	60.1
3 Phil Rosevear	25.7	3 Cathy Orelli	31.2		61.1
4 Richard Wearmouth	25.8				63.1
5 Mark Tonkin	27.6	W45			
6 Rodney Jellett	28.3	1 Joanne Russell	28.3	M60	
7 John Neale	28.7	2 Dorn Jenkins	28.7		62.0
8 Freddy Rademaker	28.9	3 Christine Bridle	29.5		67.4
o Freudy Hademaker	20.9	4 Julie Dacy	30.3		71.5
NACE		5 Amanda Lee	31.9	3 Allulew Flasel	/1.5
M55	05.0		-	MOE	
1 Keith Howden	25.8	W50		M65	
2 Ian McLeod	27.4	1 C Hondromatidis	32.4		67.3
3 Myer Vorchheimer	29.4	1 O Hondroniatidis	02.4		67.4
		W55			69.2
M60			21.0		75.2
1 Ross Kent	26.8	1 June Reeves	31.8	5 Lucas Kakris	77.6
2 Tony Bradford	29.8	2 Nanette Compte	33.0	6 Eddie Stack	83.2
3 Andrew Fraser	30.5	3 Ruth Woolcock	39.7		
4 Brian Tait	30.9			M70	
	50.0	W60		1 Norm Windred (NSW)1	15.6
M65		1 Jill Allen	32.4		22.6
1 Graeme Noden	27.2	2 Beverly Hugo	44.4	3 Col Silcock-Delaney 2:	
Gradino Noden	LI.C. 1			5 COLONOVOR DOILINGY 2.	5 1.0

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News and Results

2003 VicVets Track and Field Championships (Cont.)

	1	0 Datarlamb	2:11.9	5 Peter Gray	5:31.3
M75	1.49.0	2 Peter Lamb 3 Freddy Rademaker	2:21.4	5 Feler Gray	5.51.5
1 Jack Kilfoyle	1:48.0	4 David Jones		M50	
1100		5 Stewart Handasyde		1 Colin McCurry	4:38.2
M80	1.15 4	6 Graham Eadie		2 Russell Johnson	4:39.3
1 Mike Johnston	1:15.4	7 Ken Carter		3 David Jones	4:57.6
105		/ Ken Galler		4 Peter Bence	5:05.3
M85	0.44.0	M55	1		5:13.2
1 Andy Smith	2:44.6				5:13.2
	1.1	1 Robert Hendy			
W30		2 Wayne Fitzsimmons		7 Stewart Handasyde	5:19.2
1 Jodi Chandler	69.2	3 Rob Waters		8 Freddy Rademaker	5:34.1
2 Nikki Carden	69.9	4 Michael Orelli		9 Trevor Bish	5:58.2
		1400		10 Ken Carter	8:03.9
W35		M60	0.00.0	M55	
1 Jennifer Baldwin	64.2	1 David Nobbs			4.44.0
2 Marlene Johns	64.4	2 George Rennie		1 Kevin Solomon	4:44.8
3 Linda Buttigieg	66.0	3 Graham Philpott		2 Norman Franzi	5:00.2
4 Sharyn Caufield	66.7	4 Graham Stockdale		3 Neil Gray	5:16.9
		5 Bob Hayes		4 Jim McLure	5:39.4
W40		6 John Waite	2:54.0	5 Michael Orelli	5:52.6
1 Stephanie Armstron	g 65.2			6 Rob Waters	6:07.1
2 Cathy Orelli	69.8	M65			
3 Karen Archer	79.2	1 Max Brook		M60	
			- 12 - L	1 George Rennie	4:56.4
W45		M70		2 Graham Philpott	5:00.7
1 Christine Bridle	67:4	1 Chas McRae	3:17.0	3 Ted Paulin	5:29.3
2 Amanda Lee	73.6	2 Col Silcock-Delaney	4:20.2	4 John Waite	6:01.4
				5 Bob Hayes	6:05.9
W50		W35		,	
1 Kathy Heagney	66.5	1 Delwyn Hewitt	2:24.1	M65	
2 C Hondromatidis	79.8			1 Max Brook	5:55.2
	10.0	W40		2 Ray Callaghan	6:54.4
W60		1 Julie Braakhuis	2:27.2	E hay canaghan	
	1:41.9	2 Karen Archer	dense werdense men er	M70	
1 Beverly Hugo	1.41.9	3 Cathy Orelli		1 Ron Young	6:13.1
MOL		4 Susan Chapman		2 Chas McRae	6:46.3
W65	1.54.0	4 Susan Ghapman		3 Ben Morrey	7:36.1
1 Margaret Beaumont	1.54.0	W45		4 Col Silcock-Delaney	
14/75		1 Amanda Lee	2:57.6	4 COI SILCOLK-Delattey	0.00.1
W75	1.10.0	Annanua Lee		M75	
1 Corrie DeGroot	1:49.0	MED			5:57.5
and the second second		W50	2.01.0	1 Bob Lewis	5.57.5
800 Metres		1 Carolyn Dickson	3:01.2	M85	
M35		MEE		1 Peter Brownbill	8:01.6
1 Malcolm Grimmett	2:20.7	W55	3:25.6	Peter Brownbill	0.01.0
		1 Ruth Woolcock		W30	
M40					5:04.6
1 Robert McCubbin	1:55.2	1,500 Metres		1 Julie Norney	5:04.6
2 Mario Muscara	2:05.8	M35			
3 Michael Bialczak	2:10.8	1 Malcolm Grimmett	4:46.1	W35	
4 Darren McGee	2:16.5			1 Delwyn Hewitt	5:01.8
5 Brett Currie	2:21.2	M40	1.11	2 Carmel Papworth	5:16.9
5 Diett Guille	2.21.2	1 Tim Crosbie	4:18.9		
M45		2 Mario Muscara	4:23.3	W40	The second sec
1 Daryl Hauenstein	2:08.1	3 Michael Bialczak	4:24.9	1 Sharon Higgins	5:22.5
2 Colin Page	2:09.4	4 Ian Dent	4:26.4	2 Karen Archer	5:54.9
0		, iun bont			
3 Ashley Ryan	2:16.2	M45		W50	
4 Peter Gray	2:32.3	1 Daryl Hauenstein	4:27.6	1 Carolyn Dickson	6:29.7
5 Chris Brown	2:45.2	2 Colin Page	4:31.0		
1450		0	4:37.0	W65	
M50	0.11.0		4:47.3	1 Anne Callaghan	8:31.5
1 Alan Gibson	2:11.3 I	4 Peter Field	4.47.0 I		

News and Results

2003 VicVets Track and Field Championships (Cont.)

W	75	1	M	70		M	30	
1	Corrie DeGroot	8:03.4	1	Chas Mcrae	26:24.9	1	Graham Philpott	7:41.1
1	Come Deciroot	0.00.4	2	Les Jarry		2	George Rennie	7:54.6
-	000 14-1		3		26:58.6	2	George Hennie	7.54.0
	000 Metres		4	Ben Morrey	29:31.6	M	35	
M			4	Col Silcock-Delane	y31.55.2		Fred Bichsel	9:57.4
1	Malcolm Grimmett	17:28.8	M	75		1	Fieu Dictisei	9.57.4
			1	Randall Hughes	22:37.1	M	70	
M				nandan nagnoo	EL.OT.1	1	Col Silcock-Delane	v12.18 1
1	Pete Knight	15:44.5	M	35			oor onooon bolano	, 12.10.1
2	Michael Bialczak	16:32.8	1	Peter Brownbill	30:12.6	M	75	
3	lan Dent	16:37.7		i otor Brottinbili	00.12.0	1	George Goode	12:19.8
4	Quentin Grey	19:07.9	W	35			0	
5	Andrew Tunne	21:17.7	1	Carmel Papworth	19:38.7	W	30	
M	15					1	Julie Norney	8:07.9
1	Charles Chambers	16.26.6	W	40	- 11 A		(
2	Allan Long	16:45.8	1	Sharon Higgins	19:28.9	W	50	
3	Jeff Boot	17:19.0	2	Karen Archer	23:19.2	1	Heather Carr	11:11.2
4	Andrew Edwards	18:21.2	3	Carmel Drennan	25:33.7			
5	Peter Gray	21:38.2				1.	500 Metre Wa	lk
6	Chris Brown	21:52.5	W	45			40	
0	OTTIS DIOWIT	21.02.0	1	Helen Stanley	21:05.8	1	Annette Major	7:27.4
M	50		2	Jill Jacimovic	24:58.0	2	Mandy Emmett	7:41.9
1	Ray Wilson	16:33.5			10.000	3	Carmel Drennan	8:18.9
2	Russell Johnson	17:03.9	W	50		U	ounnoi Bronnan	0.10.0
3	Tony Bird	17:09.3	1	Marlene Gourlay	21:03.8	W	45	
4	Peter Bence	18:46.3	2	Alison Thompson	23:18.0	1	Jenny Fawkes	7:47.3
5	Bruce Rattenbury	19:12.2	3	Christine Griffiths	37:10.2	2	Janet Holmes	7:54.8
6	Jim Hopkins	20:12.1			· · · · ·	3	Heather Lancaster	9:48.1
7	Trevor Bish	21:24.1	W					
8	Ken Carter	30:17.0	1	Petrina Trowbridge		W	50	
			2	Celia Johnson	25:43.6	1	Heather Carr	7:17.6
M	55				1	2	Alison Thompson	7:25.2
1	Kevin Solomon	17:08.5	W		01.01.0	3	Marlene Gourlay	7:53.5
2	Jeffery Walker	18:12.0	1	Brenda Riley	21:01.3	4	Christine Griffiths	11:51.0
3	Norman Franzi	18:37.2	2	Sylvia Machin	25:57.9			
4	Sam Defanis	19:05.3	W	85			55	
5	Ashley Birrell	19:40.0	1	Judy Wines	28:18.7	1	Celia Johnson	8:45.9
6	Jim McLure	20:51.0	2	Anne Callaghan	28:31.3	2	Maureen Binyon	9:19.8
7	Wayne Fitzsimmon		2	Anne Ganaghan	20.01.0			
8	Rob Waters	21:37.2	W	70	- C		60	
9	Michael Orelli	22:19.7	1	Shirley Young	25:43.3	1	Brenda Riley	7:44.6
10	David Sheehan	22:20.3		onnoy roung	2011010	2	Gwen Steed	8:19.7
			C.	teeplechase		3	Sylvia Machin	8:43.9
Me		10.40.0				4	Beverly Hugo	10:27.4
1	George Rennie	18:43.8	Ma		11.07.0	14/	0 F	
23	Graham Philpott	19:06.0	1	Malcolm Grimmett	11:37.0		65 Margaret Beaumon	0.40.0
4	Ted Paulin David Locke	19:27.0	. 4	10		1	0	
4	John Waite	20:00.5 21:30.7	M4		11.40.0	2	Tina Baarslag-Leb Shirley Coppock	9:50.0 11:24.5
6		22:57.2	1	Michael Bialczak	11:42.0	0	Shiney Coppork	11.24.0
0	Bob Hayes	22.31.2	M	E		W	70	
M	35				10:46.7	1		12.15 0
1	Brian Mee	21:09.9	2	Allan Long Geoff Holden	10:46.7 11:24.5	1	Joan O Nelli	12:15.0
2	Greg Mauldon	22:35.6	2	Gon Holden	11.24.0	W/	75	
3	Fred Bichsel	22:35.9	M	50		1	Jean Knox	10:03.2
4		23:17.8		Chris Colley	13:49.6		Southenox	10.00.2
5	Kevin Browne	23:57.6		offits colley	10.40.0	2	000 Metre Wa	II.
	Ray Callaghan	25:26.5	M	55				IN
7	Bernie Goggin	27:34.3	1	Wayne Fitzsimmon	s13:20.6	M	45 Ross Reid	14.01.0
							HOSE HOID	14:31.9

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3.94

3.38

3.66

3.01

3.01

3.17

1.25

2.52

4.75

4.17

4.40

3.88

4.88

4.26

3.86

3.16

2.41

3.51

9.56

9.40

10.72 9.30

9.63

8.79

8.76

7.96

10.45

9.63

7.68

2003 VicVets Track and Field Championships (Cont.)

2	Ian Cassell	17:50.4	W40 1 Mandy Emmett	28:25.0	2 Don Chambers 3 Allan H Wood
M5 1 2	0 Anthony Doran Geoff Barrow	17:10.8 17:24.3	W45 1 Jenny Fawkes	28:41.0	M70 1 Leo Coffey
M5		17:06.9	 2 Janet Holmes 3 Heather Lancaster 	29:22.0	2 Earl Cook3 Nino Stankovic
2	Ron Bilston	18:19.0	W50 1 Heather Carr	26:57.0	M80 1 Stan Stankovic
M6 1 2 3	Murray Dickinson John Morrison John Hallo	15:45.6 17:05.7 17:29.4	 Alison Thompson Marlene Gourlay Christine Griffiths 	27:46.0 28:25.0 41:14.0	M85 1 Andy Smith
4 5	Barrie Wicks Ron McGregor	19:28.7 19:50.0	W55 1 Celia Johnson	30:54.0	M90 1 Vic Younger
M6 1 2 3 4	Bob Gardiner Geoff Major Bernie Goggin Ian Beaumont	15:41.1 17:13.8 21:13.4 22:23.6	W60 1 Brenda Riley 2 Gwen Steed 3 Sylvia Machin W65	27:34.0 29:36.0 31:22.0	W30 1 Amanda Constable 2 Nikki Carden W35 1 Sharyn Caulfield
M7 1		21:17.3	 Margaret Beaumon Tina Baarslag-Leb Shirley Coppock 		2 Linda Buttigieg W45
M7 1	75 Victor Harley	26:16.8	W75 1 Jean Knox	35:49.0	1 Salli-Ann Lee 2 Christine Bridle
M8 1 5,0	35 Andy Smith 000 Metre Walk	38:56.8	Long Jump M35 1 Jeffrey Lang	4.99	W50 1 Kathy Heagney 2 Judy Coram 3 Christine Griffiths
M4 1 2 3	5 Colin Heywood Paul Kennedy Andrew Cochrane	23:04.0 24:33.0 24:46.0	M40 1 Brett Currie 2 William Barker	5.15	W60 1 Nyala Millar Triplo Jump
M5 1 2 M5	John Bunker Geoff Barrow	26:36.0 30:13.0 31:03.0	M45 1 Mark Cauchi 2 Grant Sargent 3 Clyde Riddoch	4.92 4.86 4.00	Triple Jump M35 1 Keith Hyndes M40 1 Brett Currie
M6 1 2 3		27:33.0 30:33.0 31:18.0 34:26.0	M50 1 Keith Moyle 2 Peter Lamb 3 Jack Buckingham 4 Freddy Rademaker 5 John Neale	5.16 5.06 4.67 4.50 4.20	M45 1 Grant Sargent 2 Clyde Riddoch M50 1 Jack Buckingham
M6 1 2	65	27:49.0 29:46.0	M55 1 Peter Young 2 Myer Vorchheimer	4.61 3.82	2 Freddy Rademaker 3 John Neale M55
M7 1 2		35:04.0 36:42.0	M60 1 Jim Poulter 2 Graham Philpott 3 Tony Bradford	4.52 4.40 3.30	1 Myer Vorchheimer M60 1 Julian Jacotine
M8 1	35 Andy Smith	49:45.0	M65 1 Graeme Noden	5.00	2 Jim Poulter3 Graham Philpott

News and Results

2003 VicVets Track and Field Championships (Cont.)

M65	1	3 Tony Bradford	1.10	M50	
1 Graeme Noden	9.88	5 Tony Bradiolu	1.10	1 Ken Carter	8.96
2 Don Chambers	7.24	M65			
			1.00	2 John Neale	8.37
3 Allan H Wood	5.54	1 Terry Dunn	1.20		
1470		2 Allan H Wood	1.10	M55	
M70	1			1 Peter Young	12.46
1 Nino Stankovic	6.21	M70	I	2 Graeme Rose	12.45
		1 Gordon Gourlay	1.25	3 John Reynolds	9.32
M75		2 Earl Cook	1.00	4 Myer Vorchheimer	7.51
1 Sydney Elks	7.64			Circle Annual State	
_,,	1	M75		M60	
M80		1 Sydney Elks	1.10	1 Ken Readwin	9.18
1 Stan Stankovic	5.27	, ,		2 George Christodoulou	
i Stari Stariković	5.27	2 George Goode	1.05	2 George Christodoulou	7.07
M90		1400		MOL	
	5.00	M80	0.00	M65	7.00
1 Vic Younger	5.29	1 Stan Stankovic	0.90	1 Don Chambers	7.33
11105					
W35		W30		M70	
1 Sharyn Caulfield	9.14	1 Amanda Constable	1.45	1 Milton Ballantyne	9.94
2 Linda Buttigieg	8.55		100 B 1	2 Nino Stankovic	8.79
3 Mary Grau	8.40	W45			
		1 Salli-Ann Lee	1.35	M75	
W45		et all the loss	1.00	1 Ken Knox	7.79
1 Salli-Ann Lee	10.12	W50		1 Ren Riox	1.10
			1 00	1400	
2 Jill Jacimovic	7.18	1 Judy Coram	1.00	M80	
				1 Stan Stankovic	7.65
W50		Pole Vault			
1 Judy Coram	6.68	M35	1000	M85	
			0.00	1 John Fraser	7.06
W60		1 Keith Hyndes	3.00		
1 Nyala Millar	7.64	- Login - Ser		M90	
		M45		1 Vic Younger	5.93
Link home		1 Greg Simpson	2.40	i vie rounger	0.00
High Jump				14/20	
M30		M50		W30	11.00
1 John Keramidas	1.40	1 Andrew Farr	2.85	1 Amanda Constable	11.06
		2 John Neale	1.95		
M35		L boinn toulo	1.00	W35	
1 Jeffrey Lang	1.80	M60		1 Jennifer Baldwin	8.25
i benney Lang	1.00		0.00	2 Anna-Lisa Whitehall	8.20
1440		1 Rob Barclay	2.80	3 Sharyn Caulfield	7.41
M40	1 00	2 Ken Priestley	2.80	4 Linda Buttigieg	7.22
1 Terry Baldwin	1.60	3 Jim Poulter	2.80	i Lindu Buttigiog	f i han han
2 William Barker	1.35			W40	
		M90			6.72
M45		1 Vic Younger	1.40	1 Susan Chapman	0.72
1 Greg Varigos	1.45				
2 Gottfried Schutz	1.45	W35		W45	
3 Mark Cauchi	1.40	1 Linda Buttigieg	2.20	1 Christine Bridle	8.03
4 Clyde Riddoch	1.35	i Linda Duttigleg	2.20		
		MALE		W50	
5 Greg Simpson	1.35	W45		1 Chris Schultz	11.76
and the second		1 Dawn Hartigan	3.40	2 Judy Coram	10.18
M50			100	3 Lorraine Mussett	6.65
1 Freddy Rademaker	1.35	Shot Put		e containe Massell	0.00
2 John Neale	1.30	M40		MEE	
			10.40	W55	0.00
M55		1 Steve Dorman	10.42	1 Rhondda Dundas	9.00
1 Peter Young	1.20	1		2 Astrid Rose	7.99
2 Myer Vorchheimer	1.00	M45		3 Ruth Woolcock	7.74
	1.00	1 Greg Varigos	7.47		
Meo		2 Clyde Riddoch	6.04	W60	
M60	1.05			1 Beverly Hugo	5.63
1 Bill Schofield	1.25			a stan, hugo	0.00
2 Jim Poulter	1.20				

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2003 VicVets Track and Field Championships (Cont.)

W65 1 Val Worrell 2 Shirley McFarland 3 Tina Baarslag-Leb	6.95 5.48 5.18	W35 1 Jennifer Baldwin 2 Linda Buttigieg 3 Sharyn Catifield 4 Anna-Lisa Whitehall
W70 1 Jean O'Neill W80 1 Gwen Davidson	3.69 6.09	W40 1 Chris Tew 2 Margaret Sheldon 3 Carmel Drennan
Discus M40 1 Steve Dorman 2 William Barker M45 1 Clyde Riddoch 2 Sandy Scott 3 Greg Simpson	30.33 21.93 30.33 24.09 19.78	W50 1 Chris Schultz 2 Judy Coram 3 Kris Bowles 4 Lorraine Mussett 5 Kathy Heagney W55 1 Rhondda Dundas 2 Astrid Rose
M50 1 John Neale 2 Ken Carter 3 Bernie Curtin M55 1 Graeme Rose	32.99 27.62 26.50 37.54	W60 1 Beverly Hugo W65 1 Val Worrell 2 Shirley McFarland
 Peter Young John Reynolds M60 Ken Readwin Tony Bradford George Christodoulou 	36.09 32.63 33.54 25.06 24.69	W70 1 Jean O'Neill W75 1 Corrie DeGroot
M65 1 Terry Dunn 2 George Simons 3 Roy Cunliffe M70 1 Milton Ballantyne 2 Nino Stankovic 3 Alex Harris	26.77 22.22 21.26 26.12 25.78 25.60	W80 1 Gwen Davidson Javelin M45 1 Clyde Riddoch 2 Greg Simpson 3 Ivor Corneilse M50
M75 1 Ken Knox 2 Sydney Elks M80 1 Stan Stankovic	21.89 17.80 22.90	1 Andrew Farr 2 John Neale M55 1 Graeme Rose 2 Peter Young 3 John Reynolds
M85 1 John Fraser 2 Andy Smith M90 1 Vic Younger	18.53 9.84 14.99	M60 1 Tony Bradford 2 Brian Tait 3 Andrewser 4 George Christodoulo M70 1 Harry Staecker

	27.42 24.08	 Milton Ballantyne Nino Stankovic 	23.30 22.82
	23.76	M75 1 Ken Knox	18.89
	24.34	M80 1 Stan Stankovic	23.23
ieldon nnan	18.54 17.37	M85 1 John Fraser	12.04
z	32.88 22.80	M90 1 Vic Younger	16.32
ssett ney	20.65 15.04 13.99	W30 1 Amanda Constable	29.50
	22.47	W35 1 Jennifer Baldwin	26.12
11045	21.65	2 Anna-Lisa Whitehall3 Linda Buttigieg	
10	12.71	W40 1 Susan Chapman	
arland	21.75 12.78	2 Carmel Drennan W45	16.05
I	10.09	1 Christine Bridle W50	19.54
		 Chris Schultz Judy Coram Lorraine Mussett 	24.47 23.21 12.07
root	12.56	W55	
lson	15.59	 Astrid Rose Ruth Woolcock Rhondda Dundas 	21.34 19.15 16.95
och	35.39 31.24	W60 1 Beverly Hugo	14.53
se	30.44	W65 1 Val Worrell 2 Shirley McFarland	17.56 9.58
r	51.29 30.25	W70 1 Jean O'Neill	11.09
g	49.93 41.68 27.39	W80 1 Gwen Davidson	11.24
		Hammer	
ord	25.43 21.09	M40 1 Steve Dorman	36.80
ristodoulou	20.99	2 William Barker	20.29
okor	26.69	1 Clyde Riddoch	24.66

2 Sandy Scott

26.68

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2003 VicVets Track and Field Championships (Cont.)

M50		2 Chris Tew	13.73	M70	
1 John Neale	30.06		1	1 Wim Van-Weenen	17.32
2 Bernie Curtin	28.72	W50		2 Milton Ballantyne	11.05
3 Ken Carter	20.16	1 Chris Schultz	35.93	3 Nino Stankovic	9.80
		2 Judy Coram	34.97		0.00
M55		3 Kris Bowles	30.36	M75	
1 Graeme Rose	45.44	4 Lorraine Mussett	16.88	1 Ken Knox	8.42
2 Hans Lotz	45.10		10.00	I Reli Kliok	0.42
3 John Reynolds	34.50	W55		M80	
4 Myer Vorchheimer	19.48	1 Astrid Rose	31.62	1 Stan Stankovic	12.80
4 Wyer vorennenner	13.40	2 Rhondda Dundas	29.44	1 Stall StallKOVIC	12.00
M60		2 Infolidua Dundas	23.44	M85	
1 Ken Beadwin	42.99	W65			10.00
2 Ken Priestley	38.32	1 Val Worrell	26.71	1 John Fraser	12.09
	20.80	2 Tina Baarslag-Leb	15.07	Mag	
3 George Christodoulou	20.80		14.96	M90	
1170		3 Shirley McFarland	14.96	1 Vic Younger	6.37
M70	10.50	14/00	0 · · ·		
1 Wim Van-Weenen	42.56	W80	10.10	W35	
2 Milton Ballantyne	29.85	1 Gwen Davidson	19.40	1 Anna-Lisa Whitehall	9.60
3 Harry Staecker	29.59				
4 Nino Stankovic	24.01	Heavy Weight		W40	
		M40		1 Sandra Howorth	9.79
M75		1 Steve Dorman	10.00		
1 Ken Knox	21.22		1,000	W50	
		M45		1 Chris Schultz	12.48
M80		1 Clyde Riddoch	8.46	2 Judy Coram	11.61
1 Stan Stankovic	26.52	i olyao indaoon	0.10	3 Kris Bowles	9.85
		M50		4 Lorraine Mussett	4.89
M85		1 Bernie Curtin	11.04		
1 John Fraser	23.21	2 John Neale	9.60	W55	
		2 John Would	0.00	1 Rhondda Dundas	9.66
M90		M55		2 Astrid Rose	9.52
1 Vic Younger	10.21	1 Graeme Rose	16.31		
		2 Hans Lotz	15.98	W65	
W35		3 John Reynolds	13.18	1 Val Worrell	9.60
1 Anna-Lisa Whitehall	29.66	4 Peter Young	11.65	2 Shirley McFarland	7.54
2 Linda Buttigieg	24.07	4 Peter roung	11.05	3 Tina Baarslag-Leb	6.91
3 Sharynlfield	14.91	MCO		5	
,		M60	15.14	W80	
W40		1 Ken Readwin	15.41	1 Gwen Davidson	8.81
1 Sandra Howorth	30.38	2 Ken Priestley	15.13	. Short Burldoort	0.01
		3 George Christodoulou	8.35		

VVACI Half Marathon

Run along the Maribyrnong River bicycle paths on 4th May. It was a 9:30am start at Footscray Boat Club. There was a clear blue sky with a medium northerly breeze.

M45		M60		W45	
1 Charles Chambers	1:16:59	1 David Locke	1:32:09	1 Jenny Alexander	1:40:01
2 Colin Heywood	1:24:10	2 John Waite	1:36:50	W50	
3 Andrew Edwards	1:25:22	3 Mal Brown	1:39:31	1 Sonya McLennan	1:45:41
4 Michael Whimpey	1:31:51	M65		W65	
5 Joe Campisi	1:32:34	1 Jock Cravana	1:46:27	1 Judy Wines	2:15:24
M50		2 Kevin Browne	1:57:56	W70	
1 John Daniel	1:31:35	2 Rex Young	1:57:56	1 Shirley Young	2:02:06
2 John McBride	1:58:47	W35			
M55		1 Bronwyn Hanns	1:34:09	From Rob Waters	
1 John Bell	1:38:24	W40		Half Marathon Co-ordi	nator
2 Kevin Solomon	1:41:21	1 Maria Davis	2:26:38	Line Contraction	

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More What's On

TBA 16 th -23 rd	Tereora National Stadium and may be held in cooler parts of the day. Plenty of accommodation. Pan Pacific Masters Games, Gold Coast, (07) 5564-8733 The Alice Springs Masters Games, 1800-658-951, www.alicespringsmasters.nt.gov.au
2005	
ТВА	3^{rd} Trans Tasman Masters Games (TTMG) , The Hunter, NSW
July 7 th -16 th 22 nd -31 st	16 th WMA World Championships, San Sebastian, Spain 6 th World Masters Games, Edmonton, Canada
2006	
TBA TBA	Oceania Championships, Christchurch, NZ WMA World Non-Stadia Championships (Vancouver, Canada is only bid as yet)
2007	
ТВА	17 th WMA World Stadia Championships (Only bid is Riccione, Italy)

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News and Results

Federal Budget and our Sport

SPORT SPEAK, the official magazine of Sports Industry Australia, reports on the Federal Budget and its impact on sport funding. We had held high hopes that the new Federation of Athletics, which joins Athletics Australia, state open bodies, masters athletics, pros, coaches and schools, would have such clout that masters athletics would at long last get a (small) slice of the funding cake. Instead of, as in the past, whatever money there is, going to elite Olympic athletics. But read this editorial from SPORT SPEAK and work out where the Howard government is going to place the money for sport. (As if you didn't already know).

The "Federal Budget" was handed down with the news for sport was as we expected...

The area of greatest concern is the \$1m allocated for athlete preparation in the lead up to the Athens Olympics. This is substantially less than what is required, and it is disappointing to see that the Federal Government and the AOC could not reach agreement on this issue. The unfortunate outcome will be that our athletes won't be as well prepared for Athens as they were for Sydney, and that, in particular, many of our developing athletes will miss out on vital international experience in the lead up to Athens and Beijing.

It is quite clear that there needs to be some rational discussions about what is required from both parties to be resolved for the benefit of Australian athletes.

In the overall budget context sport is still a very minor player, and the ongoing issue of establishing some long-term certainty in funding levels is an issue we will be discussing at the SIA Industry Leaders Forum in October."

I can't see the Federation of Athletics giving anything to masters athletics in these circumstances. Once again elite athletics will get the lot.

Colin Browne

	What's On
To avoid disap	pointment, please check beforehand with organisers on dates and venue.
2003 June Sat 14 th	VVACI Road Walks, 10km M35-69, 5km Women & M70+, Albert Park, 2:15pm start
Sun 15 th Sat 21 st Sun 22 nd	VVACI & VCCL Cross Country, Yarra Bend Park, Fairfield, 10:00am Thrower's Group Fundraising 5-course dinner at Rose's home VVACI Winter Track & Field, Doncaster, George St, 1pm
Techer	

July	15th WMA World Champs, Carolina, Puerto Rico, www.puertorico.2003.org
2 nd -13 th	Entries must be made to Australian Master Athletics via Colin Browne
20 th	Eric Greaves Memorial 10km Road, Braeside Park, Mentone, 10am

August

1 st -3 rd	Pan Pacific Masters Games (was Asia Pacific Masters Games), Sacramento,
	California, USA, (07) 5564-8733, www.panpacmastersgames.com
16 th -24 th	Mildura Masters Games, Mallee Sports Assembly, PO Box 2316,
	Mildura,3502, nwsport@hotkey.net.au
17 th	VVACI & VCCL 10 Miles Road, Princes Park, Royal Parade, 10am
??	VVACI Road Walks, 3 miles for men and women, Albert Park, 2:45pm
Sun 24th	VVACI Winter Weight Pentathlon Champs, Duncan McKinnon, noon

September

	Albert Dark 2:1Epp
Sat 6 th	Road Walks, 20km M35-69, 10km Women, M70+, Albert Park, 2:15pn
Sun 14 th	VVACI 25km Road Race, Footscray Boat House, 9:30am

October

4-6 th	AMA National Winter Throwing Championships, Canberra or call Ray
	Green, AMA Championships, (02) 6231-6712
12 th	VVACI Marathon (in Melbourne Marathon), Frankston to Melbourne
25 th	VVACI 10km Track Races, Dolomore Oval, Mentone, 3 divisions
31 st -Nov 9 th	9th Australian Masters Games, Canberra, Healthpact Aust. Masters Games,
	PO Box 327, Curtin, ACT, 2605, www.amg2003.com

ТВА	2 nd Trans Tasman Masters Games (TTMG) , Auckland, New Zealand
Feb 16 th	Landy Trophy - see Richard Trembath

April

- Australian Masters Athletics T&F Championships, Melbourne Easter WMA Long Distance World Championships, Auckland, NZ. 18th (Cross 18th-24th Country Teams Race), 19th (50km Road Race Walk), 20th (Ekiden Road 22nd (10km Road Races), 23rd (20-30km Road Walks), 24th Relay), (Half Marathon). www.wma2004.org 1st WMA Indoor Championships (New York City, USA, Malmö, SWE, and TBA
- (most probably) Sindelfingen, GER

October

UCI	obei						
14th	-20 th	Oceania	OAVA	Championships,	Rarotonga,	Cook Islands.	T&F at the

2004	
TBA	2 nd Trans Tasman Masters Games (TTMG) , Auckland, New Zeala
Feb	L. T. J. Bishand Tremboth