

What's On

May

- 5th VRR Tan Time Trial (8 km & 4 km) Birdwood Ave near Government House Drive (Melway 2F K12) 7.30 AM
- 6th Great Train Race, 13.2 km, Puffing Billy Office, Belgrave, (Melway 75 F10) 9754 6800, www.puffingbilly.com.au 9.30 AM
- 14th Melbourne Mothers Day Classic, Gosch's Paddock, 4/8 km, (9819 9225), www.ausrun.com.au
- 20th 10k Track - Collingwood Track - 9am
- 20th Coburg Fun Run & Walk, 12 km & 6 km, Harold Stevens Athletic Track, Coburg, (Melway 18 A10) 9386 9251 www.coburgharriers.org.au, 9AM
- 20th Jells Park South Fun Run, 10 km Run & 5 km Run/Walk, (Melway 72 B9) Greg 8412 9330, victoria@dukeofed.org.au, 9.30 AM
- 27th Sri Chinmoy Running & Fitness Festival, Marathon, Half Marathon, 10 km & 4 km Run/Walk, Williamstown Athletics Track, Newport, (Melway 56 B4) 9853 4731, www.srichinmoyraces.org/au, 8 AM

June

- 2nd VRR Tan Handicap & Breakfast (8 km & 4 km) Swan Street Bridge at The Tan (Melway 2G A9)., (9744 1072) 7.30 AM
- 17th 10k Cross Country - Yarra Bend Park with VCCL - 10am
- 17th The Age Run to the G, Federation Square, 5/10/21.1 km
- 23rd Coburg Bluestone Classic, 15 km & 6 km, Harold Stevens Athletic Track, Coburg, (Melway 18 A10) (9386 9251) www.coburgharriers.org.au 2 PM
- 24th Sri Chinmoy Como Landing Run, 21.1 km, 14 km runs, 7 km run/walk. (Melway 58 G1) 9853 4731, www.srichinmoyraces.org/au 9 AM

July

- 15th 10k Road - Eric Greaves Memorial - Braeside Park with VCCL - 10am

August

- 12th 10 miles - Princes Park with VCCL - 10am
- 12th Weight Pentathlon - Duncan McKinnon Reserve - 12pm
- 18th 6k Women Cross Country & 8k Men Cross Country - Yarra Bend Park with AV - Time TBA
- 19th Track & Field meet - pre Riccione - Venue & Time - TBA

September

- 4th - 15th 17th VMA World Stadia Championship - Riccione Italy

- 9th Half Marathon - Yarra Boulevard with AV - 8am

October

- 7th Melbourne Marathon & associated runs. 9864 1138 kphillips@imgworld.com

November

- 16th Dinner Dance 2007 - Hawthorn Receptions, 555 Glenferrie Road, Hawthorn

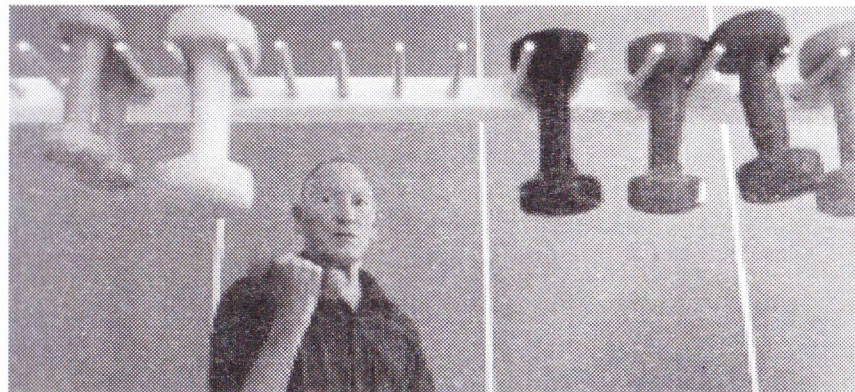
News and Results

Victorian Masters Athletics Inc

May 2007

Weight training makes the ailing heart grow stronger

By Christian Catalano - article in Age of 11th April 2007



Uplifting program: Henk Van Wijngaarden of Dandenong North does muscle-strengthening exercises, shown by a Melbourne study to help heart patients.

VICTIMS of chronic heart failure – until recently advised to avoid physical activity – may show dramatic improvement by undertaking a muscle-building program, Melbourne researchers say.

After analysing leg muscle samples from patients who had performed weight training, a team from the Austin hospital, Melbourne University and Victoria University concluded that, over time, the stress load on a damaged heart would be reduced.

“As the muscles become stronger and as the blood flow to them becomes better, the heart actually has to do less work for every degree of exercise,” said Associate Professor David Hare, a senior cardiologist at the Austin.

Over two to three months, patients start to feel stronger.

Rather than helping a damaged heart recover its normal beating function, Professor Hare said, weight training could teach the muscles how to use the heart's output more efficiently.

Of the 39 participants in the study, those who underwent weight training showed a significant increase in the number of blood vessels that connected to their muscle cells.

Those cells also showed greater efficiency in producing energy from food and oxygen.

Victorian Masters Athletics Inc.

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Thrower's Group	Graeme Rose	9836-2350	grarose@yahoo.com
Mailing Officer	Colin Browne	9874-2501	colinbrowne@optusnet.com.au

Victorian Masters Athletics Venues

ABERFELDIE Athletic Track	Aberfeldie Park, Corio Street, Moonee Ponds Wednesday nights, 7 - 9pm	Melway 28 D6
ALTONA Athletic Track	Grants Reserve Sugar Gum Drive, off Civic Parade Tuesday nights, 7 - 9pm in daylight saving, Sunday in winter - 2pm Every Second Sunday - Different venue	Melway 54 G9
EAST BURWOOD Athletic Track	Burwood Road, opp. Mahoneys Road, behind basketball stadium Thursday nights, 7 - 9pm	Melway 62 C7
CAULFIELD Athletic Track	Duncan McKinnon Reserve, cnr North Road & Murrumbeena Road Tuesday nights, track events, 7 - 9pm. Sunday, field events	Melway 68 K9
COBURG Athletic Track	Harold Stevens Athletic Field, Outlook Road, Coburg Thursday nights, 7 - 9pm	Melway 18 A9
COLLINGWOOD Athletic Track	George Knott Reserve, Heidelberg Road, Clifton Hill Tuesday nights, 7 - 9pm	Melway 30 F12
CROYDON Athletic Track	Behind Arndale Shopping Centre, Mt. Dandenong Road, Croydon Tuesday nights, 7 - 9pm	Melway 50 K5
DONCASTER Athletic Track	Rieschieks Reserve, George Street, East Doncaster Monday nights, 7.30pm	Melway 33 J11
FRANKSTON Athletic Track	Ballam Park, Bananee Terrace, Frankston Thursday nights, 7 - 9pm	Melway 103 B4
GEE LONG Athletic Track	Landy Field, off Barwon Terrace, Geelong Wednesday nights, 6 - 8pm	Melway 228 C7
KNOX Athletic Track	Bunjil Way, off Ferntree Gully Road, Scoresby Wednesday nights, 7 - 9pm	Melway 73 D7
MENTONE Athletic Track	Dolamore Oval, cnr First Street & Queen Street, Mentone Wednesday nights, 7 - 9pm	Melway 87 B6
SPRINGVALE/NOBLE PARK	Ross Reserve, Memorial Drive, off Corrigan Road, Springvale Wednesday nights, 7 - 9pm	Melway 80 E12
SOUTHERN PENINSULA	Athletic Track, Truemans Road, off Nepean Highway, Tootgarook Wednesday nights, from 6 pm in daylight saving, Sunday in winter 9am	Melway 169 E6

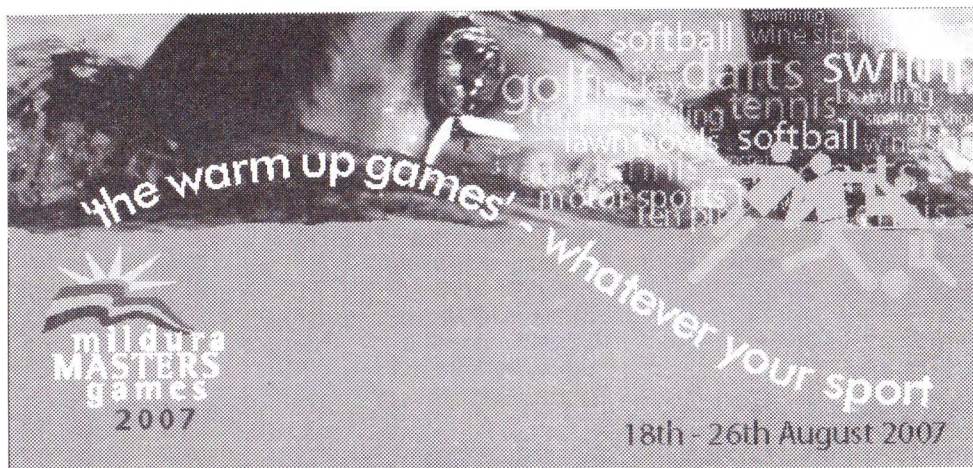
Venue	Manager	Address	Phone
Aberfeldie	Rob Waters	5 Bellevue Court Maribyrnong 3032	9318 3802
Altona	Stan Belcher	79 Sanctuary Lakes South Bvd Point Cook 3030	9395 2045
Caulfield	Peter McGrath	13 Balès Street Mount Waverley 3149 pjmccgx@melbpc.org.au	9807 5656
Coburg	George Goode	PO Box 191 Pascoe Vale South 3044	9306 8503
Coburg	Ken Carter	7 Oak Street Pascoe Vale 3044	9306 8065
Coburg	Neville Wilson	11 Prospect Road Rosanna 3084 nlw@melbpc.org.au	9459 7827
Collingwood	Wasył Drosdowsky	12 Hickford Street Brunswick East 3057 wdrosdowsky@gmail.com	9387 2163
Collingwood	Graeme Paul	18 Cronus Court Eltham 3095 elthampauls@bigpond.com.au	9439 9667
Croydon	Karen Archer	27 Russell Street Mount Evelyn 3796 quinarcher@aapt.net.au	9736 1684
Croydon	Ken Walters	5 Warra Road Upwey 3158 judyknken@bigpond.com	9752 5977
Doncaster	Richard Trembath	P.O. Box 294 Greensborough 3088 tenek@bigpond.net.au	9431 6963
East Burwood	Trevor Jupp	4 Driftwood Drive Glen Waverley 3150 juppspecial@optusnet.com.au	9802 3355
East Burwood	Graham Philpott	4/8 Hyslop Parade East Malvern 3145	9568 0495
East Burwood	Ashley Ryan	29 Alvena Crescent Heathmont 3135 ryan.ashley.p@edumail.vic.gov.au	8802 1046 0418 534 373 (M)
East Burwood	Allan Wood	44 Halls Parade Mitcham 3132 allansfurniture@optusnet.com.au	9872 4362
Frankston	Peter Duggan	8 Myna Court Carrum Downs 3201 mduggan2@bigpond.net.au	9786 9169
Geelong	Alan Jenkins	171 Hope Street Geelong West ajenkins@rohmmaas.com	5221 7468 0419 314 568 (M)
Knox	Lavinia Petrie	12 Jeannette Marie Court Kilsyth 3137 ljpetrie@alohalink.com.au	9728 3929
Southern Peninsula	John Sutton	15 Roblyn Crescent Tootgarook 3941 jsutton2@optusnet.com.au	5985 9017

Venue	Manager	Address	Phone
Mentone	Ted McCoy	24 Blackwood Avenue Mentone 3194	9583 3280
Mentone	Ashley Page	3/40 Potter Street Black Rock 3193 apa16161@bigpond.net.au	9521 6070
Mentone	Ian Cassell	29 Tiffany Avenue Cheltenham 3192 iancassell@optusnet.com.au	9583 4440
Springvale/ Noble Park	Alan Bennie	75 Bertrand Avenue Mulgrave 3170 alanbennie@optushome.com.au	9547 2978
Throwers	Graeme Rose	71 Union Road Surrey Hills 3127 grarose@yahoo.com	9836 2350

Reference Websites

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Victorian Masters Athletics
VMA "Around the Grounds"
Athletics Victoria
Victorian Athletic League (Pros)
Victorian Race Walking Club
Athletics Australia
International Ass. of Aths Federation
Australian T&F Coaches Assn
Int. Marathons & Road Races
Aust. Ultra Runners' Assn
Best Australian Runners Site
Aust Mountain Running Association
Australia's Runner's World
ACT Cross Country Club
ACT Vets website
Qld Masters Athletics Association
Sth Australia Masters Athletics
WA Masters Athletics Club
Alice Springs Masters Games
World Masters Athletics (WMA)
Masters Track & Field Magazine
"The" Masters Track & Field Site
Pan Pacific Masters Games Gold Coast
Masters Athletics Monthly
Mentone Masters Website
Doncaster Masters Website
Victorian Road Runners
European Veterans Athletic Association
EAA European Athletic Association
British Masters Athletic Federation
Sports Dialog Digest Archive
Yahoo! Groups: vicmasters
Melbourne University Athletics Club
For Masters Athletes by Masters Athletes
2007 National Championships
2007 World Championships



Mildura

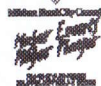
WARM UP AT THE 2007 MILDURA MASTERS - STAY FIT & READY FOR 2009

The Mildura region offers a wonderful backdrop for the Masters Games combined with the areas fabulous foods and dining, magnificent wines and breathtaking river and outback scenery, it is the perfect setting for both competition and social activities alike

VIC

Melbourne

come on masters come on



COORDINATOR LOUISE FUNNELL
e: milduramasters@mildura.vic.gov.au
p: 0418376995



ACCOMMODATION HOTLINE
Mildura Visitor Information & Booking Centre
1300 550 858 www.visitmildura.com.au

TEAR OFF

Nominate your sporting area of interest and become part of the mail out database

Name: _____

Address: _____

City/Suburb: _____ Post code: _____

Telephone: _____ Facsimile: _____

Email: _____

Sports area of interest: _____

Please send back to: Mildura Masters Games Coordinator
Louise Funnell
P.O. Box 2703
Mildura VIC 3502

Note To All Members

UNIFORMS

All members are eligible to run in any Championship Event.
However, to be eligible for Club Medallions you **MUST** wear Club uniform.

The Club uniform comprises the official VMA singlet or croptop and dark blue or black shorts/briefs.

VMA singlets and croptops are available from Graham Philpott. Also available for purchase if required are club shorts, bike shorts and boyleg briefs with VMA logo.

The previous Vic Vets uniform will be no longer acceptable from 19th May 2007.

Singlets and croptops cost \$40 each.

Shorts, bike shorts and boyleg briefs cost \$35 each.

Postage (up to three items) is \$5 extra if required.

Sizes:-	Mens singlets	–	S, M, L, XL, XXL
	Ladies singlets	–	10, 12, XS, S, M, L
	Croptops	–	S, M, L
	Shorts	–	S, M, L, XL
	Boyleg briefs	–	S, M, L
	Bike shorts	–	S, M, L

Graham can be contacted on 9568 0495 or by mail - Unit 4, 8 Hyslop Parade, East Malvern 3145 for further details or to place orders.

The VMA Committee recognises that some members have issues concerning size, design and material of the VMA uniforms currently held in stock.

The Committee stands by the uniforms provided by our current supplier but has no objection to any members dealing individually with the previous supplier, Lyon Sportswear, to obtain uniforms provided they conform with the official colours, logo etc.

To enable members to make individual purchases the deadline for the wearing of the official uniform to qualify for medals at championship events has been extended to 19 May 2007.

Yours truly,

Ashley Page
Secretary
Victorian Masters Athletics

VMA Winter Events 2007

Sunday 20th May	9am	10k Track	Collingwood Track
Sunday 17th June	10am	10k Cross Country	Yarra Bend Park with VCCL
Sunday 15th July	10am	10k Road Eric Greaves Memorial	Braeside Park with VCCL
Sunday 12th August	10am 12pm	10 miles Weight Pentathlon	Princes Park with VCCL Duncan McKinnon Reserve
Saturday 18th August	tba	6k Women Cross Country 8k Men Cross Country	Yarra Bend Park with AV
Sunday 19th August	tba	Track & Field meet pre Riccione	TBA
Sunday 9th September	8am	Half Marathon	Yarra Boulevard with AV

Lavinia Petrie 9728 3929



GONNA BE A BEAR

In this life I'm a woman. In my next life, I'd like to come back as a bear. When you're a bear, you get to hibernate. You do nothing but sleep for six months. I could deal with that.

Before you hibernate, you're supposed to eat yourself stupid. I could deal with that too.

When you're a girl bear, you birth your children (who are the size of walnuts) while you're sleeping and wake to partially grown, cute, cuddly cubs. I could definitely deal with that.

If you're mama bear, everyone knows you mean business. You swat anyone who bothers your cubs. If your cubs get out of line, you swat them too. I could deal with that.

If you're a bear, your mate EXPECTS you to wake up growling. He EXPECTS that you will have hairy legs and excess body fat.

Yup, gonna be a bear!

V.M.A. TEAMS COMPETING IN A.V.Winter Competition:

The following athletes made up our team for the cross-country season: -

- Alan Bennie Springvale
- Murray Hutchinson Knox
- Graham Philpott Burwood/Caulfield
- Will Selleck Springvale
- David Sheehan Caulfield

Small in numbers, but big in effort! All members of the team put in consistent performances and did Victoria Masters proud in promoting our club.

We enjoyed the competition, support and encouragement from each other, new friendships made and old ones enhanced.

The events consisted of 10K Road & Relays at Sandown Racecourse, Cross Countries at Jells & Ballam Parks, Cross Country Relays at Yarra Bend plus some other varied and interesting courses all of which ensured competitors did not get bored!

The A.V. season runs from 1st April 2007 to 31st March 2008 with the cross-country season running from April to September. If you join the VMA team to compete in the A.V. Cross Country season you are then paid up & eligible to compete for all the summer track season.

We would very much welcome other VMA members to come and join us. You do not have to be an elite runner or have to commit yourself to all events. A.V. participants include all ages and abilities giving all the challenge and opportunity of 'having a go'. The support and camaraderie of our small VMA team was a pleasure to experience and which I believe others may enjoy.

It would be very satisfying to have new members join our team and indeed to be in the position of entering both men and women's VMA teams. Please give it some thought and if you are interested please give me a call.

David Sheehan. Club Vice Captain

Summer Competition:

Unfortunately Will Selleck was not able to join us for the track season. However, Heather Carr and Gwen Steed who both had wonderful results in their track walks joined Alan, Murray, Graham and David.

Cont. next page

V.M.A. TEAMS COMPETING IN A.V. (cont)

During the year we were pleased to pick up a new member in Michael Rix from the Frankston venue who acquitted himself really well with solid performances in the 100, 200, 400 & 800 metres events.

Allan, Murray, Graham & David succeeded in covering most middle/long distance events all competing in various 800 m, 1500 m, 3K and 5K events. The inspiration of racing one another plus battling it out with all ages and both sexes in ability-graded races resulted in some interesting results. Most of the team achieving faster times than run for several years.

It is a credit to all the team that despite the lack of team numbers we managed to finish on top of Division Four.

“Great effort team!”

Next year we will be entering again and would be very pleased to have others join us. In fact, if a suggestion of a minimum team number of 15 athletes competing is implemented we will be desperate for new competitors. Therefore, we extend an invitation to all members, both male & female, to come and join us. Jumpers, throwers, sprinters, middle distance and walkers - you are all needed. The more the merrier. The load would be less if shared among many and not just by a few.

Regards,

David Sheehan Tel: Home: 9725 5801
Club Vice Captain Work: 9215 6111

VICTORIAN MASTERS ATHLETICS**Dinner Dance 2007**

Date: Friday 16th November 2007

Where: HAWTHORN RECEPTIONS
555 Glenferrie Road
Hawthorn (Near Riversdale Road)

Cost: To be advised

Drinks: BYO or Drinks at Bar prices

7:00 pm For Sherries / Nibbles

7:30 pm Sit Down
3 Course Meal
Live Band

David Sheehan - Ph 9725 5801

VICTORIAN MASTERS ATHLETICS**2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007****Provisional Results**

	Name	Age	Team	Finals	Wind
W35 200 Metre Sprint					
1	3501 Jodi Chandler	W38	Doncaster	30.52	NWI
2	3577 Sharyn Hunter	W38	Knox	30.68	NWI
W40 200 Metre Sprint					
1	4009 Mandy Emmett	W44	no venue	29.02	NWI
2	4037 Linda Buttigieg	W42	no venue	30.73	NWI
W45 200 Metre Sprint					
1	4539 Christie Faulks	W46	Doncaster	28.01	NWI
2	4517 Susan Chapman	W46	no venue	33.17	NWI
W50 200 Metre Sprint					
1	5064 Margaret Tweedie	W52	Doncaster	29.98	NWI
2	5056 Joanne Russell	W50	no venue	31.26	NWI
W55 200 Metre Sprint					
1	5503 Chrisoulla Hondromatidis	W58	Doncaster	36.28	NWI
W60 200 Metre Sprint					
1	6024 June Reeves	W61	Doncaster	33.61	NWI
W65 200 Metre Sprint					
1	6589 Anne Stobaus	W65	Aberfeldie	33.52	NWI
2	6507 May Ward	W66	no venue	35.56	NWI
3	6599 Anna Hunt	W68	no venue	41.17	NWI
W70 200 Metre Sprint					
1	7001 Shirley Coppock	W70	East Burwood	43.98	NWI
W85 200 Metre Sprint					
1	8515 Margaret Prowse	W86	Doncaster	1:17.32	NWI
W35 800 Metre Run					
1	3577 Sharyn Hunter	W38	Knox	2:46.70	
2	3501 Jodi Chandler	W38	Doncaster	2:48.70	
3	3580 Jillian Cole	W35	no venue	3:10.72	
W40 800 Metre Run					
1	4083 Delwyn Hewitt	W42	Caulfield	2:24.09	
2	4047 Kathie Parker	W44	East Burwood	3:03.97	
W45 800 Metre Run					
1	4535 Katrina Philip	W45	Doncaster	2:50.11	
2	4523 Christine Mahieu	W46	Altona	3:37.70	
W55 800 Metre Run					
1	5519 Sandra Middleton	W58	Caulfield	3:25.78	
W60 800 Metre Run					
1	6013 Ruth Woolcock	W61	Croydon	3:36.98	
2	6009 Vicki Thompson	W61	no venue	4:16.94	
W70 800 Metre Run					
1	7003 Diana Kendall	W71	no venue	3:57.73	
2	7088 Pam Mews	W72	Mentone	4:59.89	
W85 800 Metre Run					
1	8515 Margaret Prowse	W86	Doncaster	6:44.82	
W35 5000 Metre Run					
1	3504 Julie Norney	W38	Knox	19:19.65	
W40 5000 Metre Run					
1	4097 Susi Wilson	W40	Knox	19:04.67	
2	4006 Kim Wright	W42	Collingwood	22:21.96	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
W45 5000 Metre Run					
1	4530 Stacey VanDueren	W47	Coburg	18:43.92	
2	4552 Sharon Higgins	W47	Caulfield	22:25.80	
3	4523 Christine Mahieu	W46	Altona	27:46.46	
W50 5000 Metre Run					
1	5039 Alison Thompson	W54	Croydon	25:45.79	
W55 5000 Metre Run					
1	5596 Bronwen Cardy	W55	Croydon	18:57.37	
--	5530 Helen Ward	W59	no venue	DNF	
W60 5000 Metre Run					
1	6037 Petrina Trowbridge	W60	no venue	22:59.08	
2	6022 Diane Brimacombe	W62	Coburg	27:33.08	
3	6009 Vicki Thompson	W61	no venue	32:18.00	
W65 5000 Metre Run					
1	6524 Theresia Baird	W65	Springvale Noble Park	20:42.85	
W70 5000 Metre Run					
1	7088 Pam Mews	W72	Mentone	39:23.02	
W35 1500 Metre Race Walk					
1	3580 Jillian Cole	W35	no venue	9:19.03	
2	3502 Harlene Hercules	W36	Mentone	10:16.84	
W40 1500 Metre Race Walk					
1	4095 Gayle McIntyre	W40	Mentone	8:25.14	
W45 1500 Metre Race Walk					
1	4543 Carmel Drennan	W47	Aberfeldie	8:18.26	
W50 1500 Metre Race Walk					
1	5039 Alison Thompson	W54	Croydon	7:49.28	
2	5013 Janet Holmes	W53	Caulfield	8:08.58	
3	5068 Kerrin Braithwaite	W50	East Burwood	9:27.53	
W55 1500 Metre Race Walk					
1	5581 Heather Carr	W57	Southern Peninsula	7:13.07	
2	5525 Liz Feldman	W58	Croydon	7:56.07	
3	5508 Celia Johnson	W59	Springvale Noble Park	9:05.05	
4	5518 Bev Learmont	W58	Doncaster	11:22.76	
5	5533 Christine Griffiths	W57	Collingwood	11:54.90	
W60 1500 Metre Race Walk					
1	6090 Gwen Steed	W64	Mentone	8:21.90	
2	6019 Lee Pownall	W63	Southern Peninsula	9:41.83	
3	6014 Natalie King	W64	Southern Peninsula	11:17.17	
4	6005 Heidi Engel	W64	Mentone	12:48.31	
W65 1500 Metre Race Walk					
1	6521 Sylvia Machin	W65	Mentone	9:11.91	
2	6527 Beverly Hugo	W67	Mentone	10:36.93	
3	6513 Margaret Beaumont	W69	Mentone	10:39.80	
W70 1500 Metre Race Walk					
1	7001 Shirley Coppock	W70	East Burwood	11:36.44	
W45 Long Hurdles					
1	4517 Susan Chapman	W46	no venue	1:00.29	
W50 Long Hurdles					
1	5064 Margaret Tweedie	W52	Doncaster	49.38	
2	5056 Joanne Russell	W50	no venue	49.66	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M30 200 Metre Sprint					
1	3025 Cameron Charter	M34	Doncaster	35.21	NWI
M35 200 Metre Sprint					
1	3503 Matthew Scholes	M37	Doncaster	26.52	NWI
M40 200 Metre Sprint					
1	4090 Dean Malcolm	M40	no venue	25.50	NWI
2	4087 Gary Hennessy	M44	Coburg	26.12	NWI
3	4086 Robert May	M42	Frankston	26.44	NWI
4	4094 Cameron McDonald	M42	Aberfeldie	28.06	NWI
M45 200 Metre Sprint					
1	4534 John Schuijers	M46	Collingwood	26.03	NWI
2	4502 Bernie Smith	M47	no venue	26.26	NWI
3	4545 Mark Crawford	M48	Doncaster	26.76	NWI
4	4528 Michael Rix	M48	Frankston	27.70	NWI
5	4520 David West	M45	Croydon	27.72	NWI
6	4548 Graham Walter	M48	Doncaster	28.18	NWI
M50 200 Metre Sprint					
Preliminaries					
1	5035 Andrew Watts	M51	Knox	27.59Q	NWI 1
2	5042 Richard Wearmouth	M54	no venue	28.13Q	NWI 2
3	5055 Don Martin	M53	no venue	28.66Q	NWI 1
4	5006 Wayne Bingham	M52	Aberfeldie	28.83Q	NWI 2
5	5063 Ron Scholes	M53	Collingwood	28.73Q	NWI 1
6	5018 Chris Brown	M51	Caulfield	29.02Q	NWI 2
7	5002 Grant Stewart	M50	Doncaster	28.75Q	NWI 1
8	5061 Russell Weavers	M52	no venue	29.64Q	NWI 2
9	5050 Greg Champion	M52	Doncaster	29.76	NWI 1
10	5054 Ken Carter	M54	Coburg	43.55	NWI 2
M50 200 Metre Sprint					
Finals					
1	5035 Andrew Watts	M51	Knox	26.45	NWI
2	5042 Richard Wearmouth	M54	no venue	27.11	NWI
3	5063 Ron Scholes	M53	Collingwood	27.22	NWI
4	5006 Wayne Bingham	M52	Aberfeldie	27.58	NWI
5	5018 Chris Brown	M51	Caulfield	28.37	NWI
6	5055 Don Martin	M53	no venue	28.42	NWI
M55 200 Metre Sprint					
1	5510 Philip Rosevear	M57	Doncaster	27.89	NWI
2	5585 Bill Carr	M57	Southern Peninsula	29.58	NWI
3	5531 Stuart Williams	M55	no venue	29.86	NWI
4	5506 Paul Lynch	M57	Caulfield	30.15	NWI
5	5509 John Neale	M56	Aberfeldie	31.06	NWI
M60 200 Metre Sprint					
1	6080 Keith Howden	M61	Collingwood	28.06	NWI
2	6089 Ian McLeod	M61	Collingwood	28.79	NWI
3	6007 Wayne Fitzsimmon	M62	Collingwood	30.16	NWI
4	6002 Tony Rogan	M64	no venue	33.56	NWI
M65 200 Metre Sprint					
1	6523 Richard Trembath	M65	Doncaster	29.50	NWI
2	6504 Russell Oakley	M67	Croydon	30.47	NWI
3	6530 Don Chambers	M69	Aberfeldie	31.17	NWI
4	6515 Tony Bradford	M67	Aberfeldie	31.67	NWI
5	6503 Darrel Polglase	M67	Caulfield	38.95	NWI

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M70 200 Metre Sprint					
1	7097 Con Matthews	M70	Doncaster	31.34	NWI
2	7099 Lucas Kakris	M73	Aberfeldie	31.47	NWI
3	7073 Max Brook	M70	Southern Peninsula	34.66	NWI
4	7005 Edmund Stack	M72	East Burwood	39.25	NWI
5	7067 Nino Stankovic	M74	no venue	44.97	NWI
6	7089 Colin Silcock-Delany	M74	Geelong	49.03	NWI
M75 200 Metre Sprint					
1	7518 Leo Coffey	M77	East Burwood	34.18	NWI
M80 200 Metre Sprint					
1	8032 Jim Sinclair	M82	Springvale Noble Park	38.94	NWI
2	8026 Sydney Elks	M81	Frankston	39.54	NWI
3	8034 Gerry Heilmann	M83	Knox	42.02	NWI
M85 200 Metre Sprint					
1	8513 Mike Johnston	M85	Mentone	36.20	NWI
2	8514 Ken Matchett	M85	Croydon	53.55	NWI
M35 800 Metre Run					
1	3506 Craig Harris	M35	East Burwood	2:14.19	
M45 800 Metre Run					
1	4520 David West	M45	Croydon	2:12.62	
2	4545 Mark Crawford	M48	Doncaster	2:13.22	
3	4528 Michael Rix	M48	Frankston	2:23.89	
4	4542 Alan Jenkins	M45	Geelong	2:25.81	
5	4532 Barry Whittle	M47	no venue	2:29.46	
6	4548 Graham Walter	M48	Doncaster	2:29.94	
7	4540 Joseph Campisi	M49	no venue	2:56.30	
M50 800 Metre Run					
1	5034 Colin Page	M53	Croydon	2:16.88	
2	5057 Ashley Ryan	M52	East Burwood	2:19.55	
3	5047 Greg Whitecross	M53	no venue	2:27.60	
4	5063 Ron Scholes	M53	Collingwood	2:28.43	
5	5061 Russell Weavers	M52	no venue	2:30.28	
6	5054 Ken Carter	M54	Coburg	4:36.47	
M55 800 Metre Run					
1	5528 Colin McCurry	M58	no venue	2:15.43	
2	5572 Peter Bence	M57	Invitation	2:30.08	
3	5529 Frank Prowse	M55	Doncaster	2:45.16	
M60 800 Metre Run					
1	6007 Wayne Fitzsimmon	M62	Collingwood	2:27.13	
2	6035 David Sheehan	M60	no venue	2:37.34	
3	6018 Graham Philpott	M64	East Burwood	2:38.11	
4	6004 Trevor Hawksworth	M60	Aberfeldie	2:41.44	
5	6016 Des Middleton	M60	Caulfield	2:42.59	
6	6015 Neville Gardner	M63	Croydon	2:56.56	
7	6017 Michael Orelli	M62	Altona	3:17.00	
M65 800 Metre Run					
1	6523 Richard Trembath	M65	Doncaster	2:28.85	
2	6522 George Rennie	M65	Collingwood	2:36.13	
3	6504 Russell Oakley	M67	Croydon	2:44.70	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M70 800 Metre Run					
1	7097 Con Matthews	M70	Doncaster	2:53.14	
2	7073 Max Brook	M70	Southern Peninsula	2:53.74	
3	7007 Gordon Onley	M72	Collingwood	3:18.54	
4	7005 Edmund Stack	M72	East Burwood	3:30.97	
5	7089 Colin Silcock-Delany	M74	Geelong	4:56.35	
M85 800 Metre Run					
1	8513 Mike Johnston	M85	Mentone	3:34.50	
M40 5000 Metre Run					
1	4093 Mal Grimmett	M41	Springvale Noble Park	18:18.09	
2	4099 Tony Dell	M44	Croydon	18:38.49	
M45 5000 Metre Run					
1	4513 Michael Bialczak	M47	no venue	16:49.39	
2	4542 Alan Jenkins	M45	Geelong	17:54.19	
3	4529 Philip VanDueren	M47	Coburg	18:21.74	
4	4526 Andrew Tunne	M48	Croydon	20:37.73	
M50 5000 Metre Run					
1	5046 Phillip Bowes	M50	no venue	16:49.76	
2	5051 Bert Pelgrim	M50	Knox	17:28.21	
3	5037 Ian McGeoch	M52	Frankston	17:58.70	
4	5066 Jeff Boot	M51	no venue	18:48.88	
5	5049 Graeme Paul	M52	Collingwood	21:03.82	
M55 5000 Metre Run					
1	5520 Paul Twining	M57	Knox	18:03.80	
2	5529 Frank Prowse	M55	Doncaster	19:52.01	
3	5572 Peter Bence	M57	Invitation	20:00.85	
4	5526 David Jones	M56	Aberfeldie	20:01.24	
5	5521 Jim Hopkins	M57	Collingwood	22:33.93	
M60 5000 Metre Run					
1	6036 Gary Stewart	M61	Knox	19:33.28	
2	6018 Graham Philpott	M64	East Burwood	21:37.16	
3	6007 Wayne Fitzsimmon	M62	Collingwood	22:08.56	
4	6017 Michael Orelli	M62	Altona	22:36.00	
5	6004 Trevor Hawksworth	M60	Aberfeldie	22:50.07	
6	6099 John Manning	M61	Springvale Noble Park	27:17.34	
---	6006 Norm Franzi	M63	no venue	DNF	
M65 5000 Metre Run					
1	6522 George Rennie	M65	Collingwood	20:38.95	
2	6512 Ralph Bennett	M65	Mentone	20:56.97	
3	6509 Ted Paulin	M68	Collingwood	21:32.59	
4	6518 Malcolm Brown	M66	Collingwood	23:00.98	
M70 5000 Metre Run					
1	7004 John Peacock	M70	Collingwood	26:42.68	
2	7089 Colin Silcock-Delany	M74	Geelong	32:45.73	
3	7080 John Eyre	M71	no venue	34:42.25	
M80 5000 Metre Run					
1	8033 Frank Bonecker	M81	no venue	31:13.31	
M85 5000 Metre Run					
1	8514 Ken Matchett	M85	Croydon	31:25.65	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
M30 1500 Metre Race Walk				
1 3026 Adam Patterson	M34	no venue	8:08.36	
M45 1500 Metre Race Walk				
1 4538 Mark Donahoo	M48	Aberfeldie	6:17.54	
M50 1500 Metre Race Walk				
1 5059 Rudolf Skrucany	M51	Doncaster	9:02.38	
M55 1500 Metre Race Walk				
1 5505 Graeme Davis	M57	Caulfield	7:24.34	
2 5513 Alan Lucas	M59	Croydon	7:50.75	
3 5529 Frank Prowse	M55	Doncaster	8:50.14	
4 5507 Robin Wood	M57	no venue	9:44.25	
M60 1500 Metre Race Walk				
1 6098 Russ Dickenson	M61	Croydon	7:15.74	
M65 1500 Metre Race Walk				
1 6512 Ralph Bennett	M65	Mentone	7:53.42	
2 6519 Murray Dickinson	M68	Collingwood	8:15.85	
3 6584 John Morrison	M67	Mentone	8:30.00	
4 6505 Terry Dunn	M69	Croydon	9:24.06	
5 6597 Barrie Wicks	M66	Croydon	9:47.32	
6 6520 Ron Hugo	M68	Mentone	10:19.58	
M70 1500 Metre Race Walk				
1 7081 Ken Walters	M74	Croydon	9:59.12	
2 7089 Colin Silcock-Delany	M74	Geelong	10:46.61	
3 7096 Ian Beaumont	M70	Mentone	11:06.72	
4 7007 Gordon Onley	M72	Collingwood	11:27.99	
M75 1500 Metre Race Walk				
1 7511 David McNair	M76	no venue	11:29.00	
2 7516 Kees Zwynenburg	M78	Frankston	11:39.17	
--- 7510 Jim Machin	M76	Mentone	DQ	
M40 Long Hurdles				
1 4001 Christopher Boylen	M43	Collingwood	1:13.09	
M45 Long Hurdles				
1 4502 Bernie Smith	M47	no venue	1:09.06	2
2 4533 Mark Cauchi	M49	no venue	1:19.27	2
M50 Long Hurdles				
1 5050 Greg Champion	M52	Doncaster	1:19.76	
2 5067 Phil Curtain	M52	Coburg	1:31.81	
M55 Long Hurdles				
1 5516 Michael Cusack	M55	no venue	1:20.66	
2 5509 John Neale	M56	Aberfeldie	1:25.95	
M65 Long Hurdles				
1 6530 Don Chambers	M69	Aberfeldie	59.26	
M70 Long Hurdles				
1 7073 Max Brook	M70	Southern Peninsula	1:11.48	
W40 High Jump				
1 4098 Jennifer Baldwin	W41	no venue	1.30m	
2 4037 Linda Buttigieg	W42	no venue	1.15m	
W45 High Jump				
1 4517 Susan Chapman	W46	no venue	1.30m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
W35 Long Jump				
1 3577 Sharyn Hunter	W38	Knox	3.91m	0.1
W40 Long Jump				
1 4098 Jennifer Baldwin	W41	no venue	4.45m	3.5
2 4037 Linda Buttigieg	W42	no venue	4.01m	2.6
3 4038 Jenny Scholtz	W42	Doncaster	3.39m	2.0
4 4047 Kathie Parker	W44	East Burwood	3.37m	1.8
W45 Long Jump				
1 4539 Christie Faulks	W46	Doncaster	4.38m	0.7
2 4517 Susan Chapman	W46	no venue	4.19m	4.1
W50 Long Jump				
1 5064 Margaret Tweedie	W52	Doncaster	4.28m	1.4
W55 Long Jump				
1 5533 Christine Griffiths	W57	Collingwood	2.30m	1.7
W65 Long Jump				
1 6526 Roberta Foster	W67	no venue	2.11m	0.9
W40 Discus Throw				
1 4096 Judy Pfanner	W41	Throwers	35.48m	
2 4098 Jennifer Baldwin	W41	no venue	26.65m	
3 4089 Anna-Lisa Vinson	W41	no venue	24.15m	
4 4037 Linda Buttigieg	W42	no venue	23.34m	
5 4047 Kathie Parker	W44	East Burwood	14.43m	
W45 Discus Throw				
1 4525 Chris Tew	W47	no venue	24.24m	
2 4517 Susan Chapman	W46	no venue	20.36m	
3 4544 Christine Bridle	W49	no venue	18.58m	
W55 Discus Throw				
1 5522 Christine Schult	W56	Throwers	27.91m	
2 5519 Sandra Middleton	W58	Caulfield	16.91m	
3 5511 Lorraine Mussett	W58	Throwers	13.72m	
W60 Discus Throw				
1 6008 Rhonda Dundas	W62	Throwers	21.82m	
2 6011 Astrid Rose	W63	Throwers	18.49m	
W65 Discus Throw				
1 6507 May Ward	W66	no venue	19.41m	
2 6526 Roberta Foster	W67	no venue	19.20m	
3 6527 Beverly Hugo	W67	Mentone	15.23m	
W70 Discus Throw				
1 7095 Val Worrell	W72	Throwers	19.43m	
2 7003 Diana Kendall	W71	no venue	14.37m	
3 7085 Tina Baarslag-Leb	W73	Croydon	11.13m	
W80 Discus Throw				
1 8029 Gwen Davidson	W84	East Burwood	15.19m	
W40 Hammer Throw				
1 4089 Anna-Lisa Vinson	W41	no venue	27.96m	
2 4037 Linda Buttigieg	W42	no venue	24.19m	
3 4096 Judy Pfanner	W41	Throwers	21.10m	
W45 Hammer Throw				
1 4525 Chris Tew	W47	no venue	22.57m	
2 4544 Christine Bridle	W49	no venue	15.97m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
W55 Hammer Throw				
1 5522 Christine Schult	W56	Throwers	27.54m	
2 5511 Lorraine Mussett	W58	Throwers	19.21m	
W60 Hammer Throw				
1 6008 Rhonda Dundas	W62	Throwers	29.64m	
2 6011 Astrid Rose	W63	Throwers	28.87m	
W65 Hammer Throw				
1 6527 Beverly Hugo	W67	Mentone	15.94m	
M45 High Jump				
1 4518 Greg Varigos	M49	no venue	1.45m	
2 4533 Mark Cauchi	M49	no venue	1.35m	
M50 High Jump				
1 5036 Bill Ronald	M54	no venue	1.50m	
2 5011 Rob Hopcroft	M50	no venue	1.45m	
3 5050 Greg Champion	M52	Doncaster	1.40m	
4 5058 Robert Scholes	M54	no venue	1.30m	
5 5006 Wayne Bingham	M52	Aberfeldie	1.25m	
6 5067 Phil Curtain	M52	Coburg	1.20m	
M55 High Jump				
1 5509 John Neale	M56	Aberfeldie	1.25m	
M60 High Jump				
1 6018 Graham Philpott	M64	East Burwood	1.25m	
2 6016 Des Middleton	M60	Caulfield	1.25m	
M65 High Jump				
1 6502 Jim Poulter	M65	Doncaster	1.18m	
2 6530 Don Chambers	M69	Aberfeldie	1.15m	
2 6515 Tony Bradford	M67	Aberfeldie	1.15m	
M80 High Jump				
1 8034 Gerry Heilmann	M83	Knox	1.00m	
2 8026 Sydney Elks	M81	Frankston	0.95m	
M30 Long Jump				
1 3024 Steven Polizzi	M34	Geelong	5.25m	2.1
2 3025 Cameron Charter	M34	Doncaster	4.18m	1.5
M40 Long Jump				
1 4004 Jeff Lang	M42	Caulfield	5.46m	2.6
2 4001 Christopher Boylen	M43	Collingwood	5.29m	0.7
M45 Long Jump				
1 4533 Mark Cauchi	M49	no venue	4.67m	5.1
M50 Long Jump				
1 5050 Greg Champion	M52	Doncaster	4.92m	1.4
2 5002 Grant Stewart	M50	Doncaster	4.83m	5.1
3 5058 Robert Scholes	M54	no venue	4.69m	5.0
4 5006 Wayne Bingham	M52	Aberfeldie	4.41m	1.7
M55 Long Jump				
1 5501 Jack Buckingham	M56	no venue	4.46m	1.2
2 5509 John Neale	M56	Aberfeldie	3.92m	0.7
M60 Long Jump				
1 6018 Graham Philpott	M64	East Burwood	3.84m	1.8

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
M65 Long Jump				
1 6502 Jim Poulter	M65	Doncaster	4.12m	3.4
2 6530 Don Chambers	M69	Aberfeldie	3.77m	3.3
3 6515 Tony Bradford	M67	Aberfeldie	3.27m	0.7
4 6514 Allan Wood	M69	Croydon	2.54m	1.6
M70 Long Jump				
1 7073 Max Brook	M70	Southern Peninsula	3.57m	3.4
2 7067 Nino Stankovic	M74	no venue	2.58m	0.9
M75 Long Jump				
1 7518 Leo Coffey	M77	East Burwood	3.17m	3.4
M80 Long Jump				
1 8034 Gerry Heilmann	M83	Knox	3.03m	3.2
2 8026 Sydney Elks	M81	Frankston	2.81m	1.8
3 8025 Stan Stankovic	M84	no venue	2.75m	4.1
M30 Discus Throw				
1 3024 Steven Polizzi	M34	Geelong	35.44m	
M40 Discus Throw				
1 4004 Jeff Lang	M42	Caulfield	21.26m	
M45 Discus Throw				
1 4533 Mark Cauchi	M49	no venue	24.29m	
M50 Discus Throw				
1 5065 Ron Wynhoven	M51	Throwers	36.63m	
2 5067 Phil Curtain	M52	Coburg	27.50m	
3 5054 Ken Carter	M54	Coburg	27.29m	
4 5058 Robert Scholes	M54	no venue	26.71m	
5 5006 Wayne Bingham	M52	Aberfeldie	26.55m	
M55 Discus Throw				
1 5509 John Neale	M56	Aberfeldie	30.26m	
2 5515 Roger Glass	M56	Throwers	29.26m	
3 5514 Hans Lotz	M59	Throwers	29.11m	
M60 Discus Throw				
1 6012 Graeme Rose	M63	Throwers	39.38m	
2 6001 Peter Young	M60	Doncaster	38.06m	
3 6003 John Reynolds	M62	Throwers	33.70m	
4 6015 Neville Gardner	M63	Croydon	27.17m	
5 6069 David Wookey	M63	Throwers	22.57m	
M65 Discus Throw				
1 6511 Billy Binks	M66	Throwers	29.73m	
2 6515 Tony Bradford	M67	Aberfeldie	25.91m	
3 6508 Ken Readwin	M66	Throwers	25.76m	
4 6530 Don Chambers	M69	Aberfeldie	23.23m	
5 6517 George Christodoulou	M67	Caulfield	21.84m	
M70 Discus Throw				
1 7079 Joe Ball	M72	Throwers	27.66m	
2 7092 Peter Barber	M74	Throwers	25.28m	
3 7093 George Knight	M70	Throwers	23.84m	
4 7009 George Simons	M71	Croydon	20.63m	
5 7067 Nino Stankovic	M74	no venue	18.70m	
M75 Discus Throw				
1 7507 Colin Murraylee	M78	no venue	28.25m	
2 7506 Wim Van Weenen	M75	Throwers	27.28m	
3 7505 Harry Wynhoven	M77	Caulfield	24.09m	
4 7509 Alexander Harris	M77	Geelong	20.93m	
5 7504 Milton Ballantyn	M78	Caulfield	20.57m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
M80 Discus Throw				
1 8025 Stan Stankovic	M84	no venue	21.25m	
2 8030 Ken Knox	M83	Caulfield	15.26m	
M90 Discus Throw				
1 9007 Andy Smith	M92	Caulfield	2.71m	
M35 Hammer Throw				
1 3505 Russell Devine	M38	Throwers	53.78m	
M45 Hammer Throw				
1 4533 Mark Cauchi	M49	no venue	18.70m	
M50 Hammer Throw				
1 5065 Ron Wynhoven	M51	Throwers	36.49m	
2 5058 Robert Scholes	M54	no venue	23.35m	
3 5054 Ken Carter	M54	Coburg	21.93m	
4 5067 Phil Curtain	M52	Coburg	19.53m	
M55 Hammer Throw				
1 5515 Roger Glass	M56	Throwers	42.11m	
2 5509 John Neale	M56	Aberfeldie	27.16m	
M60 Hammer Throw				
1 6012 Graeme Rose	M63	Throwers	43.32m	
2 6003 John Reynolds	M62	Throwers	36.61m	
3 6069 David Wookey	M63	Throwers	29.31m	
4 6001 Peter Young	M60	Doncaster	28.71m	
M65 Hammer Throw				
1 6516 Ken Priestley	M68	Mentone	36.81m	
2 6508 Ken Readwin	M66	Throwers	31.16m	
3 6511 Billy Binks	M66	Throwers	29.83m	
4 6530 Don Chambers	M69	Aberfeldie	21.73m	
5 6517 George Christodoulou	M67	Caulfield	21.63m	
M70 Hammer Throw				
1 7092 Peter Barber	M74	Throwers	37.26m	
2 7098 Victor Naismith	M70	no venue	32.44m	
3 7093 George Knight	M70	Throwers	31.16m	
4 7002 Lawrence Kendall	M74	no venue	22.06m	
5 7067 Nino Stankovic	M74	no venue	19.12m	
M75 Hammer Throw				
1 7506 Wim Van Weenen	M75	Throwers	41.16m	
2 7507 Colin Murraylee	M78	no venue	33.81m	
3 7505 Harry Wynhoven	M77	Caulfield	29.43m	
4 7512 Harry Staecker	M76	Caulfield	27.31m	
5 7504 Milton Ballantyn	M78	Caulfield	24.23m	
M80 Hammer Throw				
1 8025 Stan Stankovic	M84	no venue	25.01m	
2 8030 Ken Knox	M83	Caulfield	23.05m	
W35 100 Metre Sprint				
1 3501 Jodi Chandler	W38	Doncaster	14.92	-1.0
2 3577 Sharyn Hunter	W38	Knox	15.27	-1.0
W40 100 Metre Sprint				
1 4088 Sonya Pollard	W40	East Burwood	13.61	-1.0
2 4092 Julie Fothergill	W41	no venue	14.31	-1.0
3 4009 Mandy Emmett	W44	no venue	14.32	-1.0
4 4037 Linda Buttigieg	W42	no venue	14.66	-1.0
5 4038 Jenny Scholtz	W42	Doncaster	16.13	-1.0

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
W45 100 Metre Sprint				
1 4539 Christie Faulks	W46	Doncaster	13.92	-1.0
W50 100 Metre Sprint				
1 5064 Margaret Tweedie	W52	Doncaster	14.36	-2.6
2 5056 Joanne Russell	W50	no venue	14.82	-2.6
W55 100 Metre Sprint				
1 5503 Chrisoulla Hondromatidis	W58	Doncaster	16.99	-2.6
W60 100 Metre Sprint				
1 6024 June Reeves	W61	Doncaster	16.19	-2.6
W65 100 Metre Sprint				
1 6507 May Ward	W66	no venue	16.82	-1.4
2 6599 Anna Hunt	W68	no venue	19.12	-1.4
3 6526 Roberta Foster	W67	no venue	19.88	-1.4
W70 100 Metre Sprint				
1 7001 Shirley Coppock	W70	East Burwood	20.35	-1.4
2 7091 Anna Zeitzen	W74	Frankston	23.05	-1.4
W85 100 Metre Sprint				
1 8515 Margaret Prowse	W86	Doncaster	34.53	-1.4
W35 400 Metre Sprint				
1 3501 Jodi Chandler	W38	Doncaster	1:09.43	
W40 400 Metre Sprint				
1 4009 Mandy Emmett	W44	no venue	1:04.87	
2 4098 Jennifer Baldwin	W41	no venue	1:05.63	
3 4092 Julie Fothergill	W41	no venue	1:07.05	
4 4037 Linda Buttigieg	W42	no venue	1:09.21	
W45 400 Metre Sprint				
1 4539 Christie Faulks	W46	Doncaster	1:04.16	
W55 400 Metre Sprint				
1 5503 Chrisoulla Hondromatidis	W58	Doncaster	1:24.36	
W60 400 Metre Sprint				
1 6024 June Reeves	W61	Doncaster	1:18.81	
2 6009 Vicki Thompson	W61	no venue	2:04.18	
W85 400 Metre Sprint				
1 8515 Margaret Prowse	W86	Doncaster	3:08.86	
W35 1500 Metre Run				
1 3504 Julie Norney	W38	Knox	5:10.23	
2 3577 Sharyn Hunter	W38	Knox	5:45.40	
W40 1500 Metre Run				
1 4083 Delwyn Hewitt	W42	Caulfield	4:59.80	
2 4097 Susi Wilson	W40	Knox	5:10.75	
3 4047 Kathie Parker	W44	East Burwood	6:17.70	
W45 1500 Metre Run				
1 4552 Sharon Higgins	W47	Caulfield	6:03.27	
2 4523 Christine Mahieu	W46	Altona	7:13.76	
2 4546 Julie Hertz	W49	Aberfeldie	7:13.76	
W55 1500 Metre Run				
1 5596 Bronwen Cardy	W55	Croydon	5:27.60	
W60 1500 Metre Run				
1 6022 Diane Brimacombe	W62	Coburg	7:56.94	
2 6009 Vicki Thompson	W61	no venue	8:51.58	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
W70 1500 Metre Run				
1 7088 Pam Mews	W72	Mentone	10:01.10	
W75 1500 Metre Run				
1 7515 Shirley Young	W77	Collingwood	8:22.76	
W35 3000 Metre Race Walk				
1 3580 Jillian Cole	W35	no venue	20:22.00	
2 3502 Harlene Hercules	W36	Mentone	21:25.00	
W40 3000 Metre Race Walk				
1 4095 Gayle McIntyre	W40	Mentone	17:22.00	
W45 3000 Metre Race Walk				
1 4543 Carmel Drennan	W47	Aberfeldie	17:51.00	
W50 3000 Metre Race Walk				
1 5052 Barbara Bryant	W52	no venue	15:53.00	
2 5039 Alison Thompson	W54	Croydon	16:40.00	
3 5013 Janet Holmes	W53	Caulfield	17:25.00	
4 5068 Kerrin Braithwaite	W50	East Burwood	20:00.00	
W55 3000 Metre Race Walk				
1 5581 Heather Carr	W57	Southern Peninsula	15:11.00	
2 5525 Liz Feldman	W58	Croydon	16:43.00	
3 5598 Marlene Gourlay	W55	no venue	17:01.00	
4 5508 Celia Johnson	W59	Springvale Noble Park	19:01.00	
5 5533 Christine Griffiths	W57	Collingwood	24:31.00	
W60 3000 Metre Race Walk				
1 6090 Gwen Steed	W64	Mentone	17:28.00	
2 6019 Lee Pownall	W63	Southern Peninsula	20:25.00	
3 6014 Natalie King	W64	Southern Peninsula	23:21.00	
4 6005 Heidi Engel	W64	Mentone	26:27.00	
W65 3000 Metre Race Walk				
1 6501 Brenda Riley	W67	Geelong	16:36.00	
2 6521 Sylvia Machin	W65	Mentone	19:02.00	
3 6527 Beverly Hugo	W67	Mentone	21:39.00	
4 6513 Margaret Beaumont	W69	Mentone	21:58.00	
W70 3000 Metre Race Walk				
1 7001 Shirley Coppock	W70	East Burwood	23:49.00	
2 7088 Pam Mews	W72	Mentone	27:11.00	
W50 Short Hurdles				
1 5056 Joanne Russell	W50	no venue	13.89	-2.3
W40 90 Metre Hurdles				
1 4098 Jennifer Baldwin	W41	no venue	16.50	-1.9
W45 90 Metre Hurdles				
1 4517 Susan Chapman	W46	no venue	19.19	-3.6
W55 2000 Metre Steeplechase				
1 5581 Heather Carr	W57	Southern Peninsula	9:57.53	
M30 100 Metre Sprint				
1 3024 Steven Polizzi	M34	Geelong	13.02	NWI
2 3025 Cameron Charter	M34	Doncaster	14.13	NWI

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
M40 100 Metre Sprint				
1 4008 Brendan Boyle	M42	Springvale Noble Park	12.29	-1.8
2 4090 Dean Malcolm	M40	no venue	12.83	-1.8
3 4086 Robert May	M42	Frankston	13.09	-1.8
4 4087 Gary Hennessy	M44	Coburg	13.23	-1.8
5 4001 Christopher Boylen	M43	Collingwood	13.36	-1.8
6 4091 Glenn Shannon	M40	Frankston	13.53	-1.8
7 4094 Cameron McDonald	M42	Aberfeldie	13.55	-1.8
M45 100 Metre Sprint				
1 4502 Bernie Smith	M47	no venue	13.05	-2.6
2 4534 John Schuijers	M46	Collingwood	13.22	-2.6
3 4528 Michael Rix	M48	Frankston	13.73	-2.6
M50 100 Metre Sprint				
1 5038 John DeAnglis	M50	no venue	12.70	-3.1
2 5006 Wayne Bingham	M52	Aberfeldie	12.90	-3.1
3 5042 Richard Wearmouth	M54	no venue	13.10	-3.1
4 5063 Ron Scholes	M53	Collingwood	13.40	-3.1
5 5055 Don Martin	M53	no venue	13.80	-3.1
6 5018 Chris Brown	M51	Caulfield	14.00	-3.1
M55 100 Metre Sprint				
1 5510 Philip Roseveare	M57	Doncaster	13.50	-2.1
2 5502 Gary Mahon	M56	East Burwood	13.80	-2.1
3 5523 Stephen Baird	M56	no venue	14.12	-2.1
4 5531 Stuart Williams	M55	no venue	14.29	-2.1
5 5585 Bill Carr	M57	Southern Peninsula	14.62	-2.1
6 5506 Paul Lynch	M57	Caulfield	14.83	-2.1
7 5509 John Neale	M56	Aberfeldie	14.98	-2.1
M60 100 Metre Sprint				
1 6080 Keith Howden	M61	Collingwood	13.70	-1.3
2 6089 Ian McLeod	M61	Collingwood	13.98	-1.3
3 6007 Wayne Fitzsimmons	M62	Collingwood	15.04	-1.3
M65 100 Metre Sprint				
1 6530 Don Chambers	M69	Aberfeldie	14.46	-0.9
2 6515 Tony Bradford	M67	Aberfeldie	14.89	-0.9
3 6504 Russell Oakley	M67	Croydon	14.95	-0.9
4 6503 Darrel Polglase	M67	Caulfield	18.25	-0.9
M70 100 Metre Sprint				
1 7099 Lucas Kakris	M73	Aberfeldie	14.98	-1.7
2 7097 Con Matthews	M70	Doncaster	15.13	-1.7
3 7006 John Howes	M71	Aberfeldie	15.54	-1.7
4 7073 Max Brook	M70	Southern Peninsula	16.08	-1.7
5 7005 Edmund Stack	M72	East Burwood	19.11	-1.7
6 7089 Colin Silcock-Delany	M74	Geelong	20.37	-1.7
7 7067 Nino Stankovic	M74	no venue	20.49	-1.7
M75 100 Metre Sprint				
1 7518 Leo Coffey	M77	East Burwood	16.76	-2.9
2 7520 Roy Giesemann	M77	Frankston	19.34	-2.9
M80 100 Metre Sprint				
1 8028 Jimmy Thomson	M80	Mentone	17.25	-2.1
2 8032 Jim Sinclair	M82	Springvale Noble Park	18.34	-2.1
3 8034 Gerry Heilmann	M83	Knox	19.77	-2.1
4 8025 Stan Stankovic	M84	no venue	21.97	-2.1

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M85 100 Metre Sprint					
1	8513 Mike Johnston	M85	Mentone	17.65	-2.1
2	8514 Ken Matchett	M85	Croydon	20.62	-2.1
M90 100 Metre Sprint					
1	9006 Eddie Gamble	M91	Mentone	37.50	-2.1
M35 400 Metre Sprint					
1	3503 Matthew Scholes	M37	Doncaster	56.82	
M40 400 Metre Sprint					
1	4094 Cameron McDonald	M42	Aberfeldie	1:02.89	
2	4002 Martin Fruin	M40	Doncaster	1:09.84	
M45 400 Metre Sprint					
1	4502 Bernie Smith	M47	no venue	57.20	
2	4534 John Schuijers	M46	Collingwood	58.41	
3	4545 Mark Crawford	M48	Doncaster	59.29	
4	4528 Michael Rix	M48	Frankston	1:02.85	
M50 400 Metre Sprint					
1	5035 Andrew Watts	M51	Knox	58.71	
2	5063 Ron Scholes	M53	Collingwood	1:01.12	
3	5002 Grant Stewart	M50	Doncaster	1:03.05	
4	5047 Greg Whitecross	M53	no venue	1:03.35	
M55 400 Metre Sprint					
1	5528 Colin McCurry	M58	no venue	58.07	
2	5585 Bill Carr	M57	Southern Peninsula	1:09.70	
3	5509 John Neale	M56	Aberfeldie	1:12.12	
M60 400 Metre Sprint					
1	6080 Keith Howden	M61	Collingwood	1:04.50	
2	6089 Ian McLeod	M61	Collingwood	1:05.14	
3	6007 Wayne Fitzsimmons	M62	Collingwood	1:05.49	
4	6035 David Sheehan	M60	no venue	1:10.27	
M65 400 Metre Sprint					
1	6523 Richard Trembath	M65	Doncaster	1:06.44	
2	6504 Russell Oakley	M67	Croydon	1:08.39	
3	6515 Tony Bradford	M67	Aberfeldie	1:13.50	
4	6530 Don Chambers	M69	Aberfeldie	1:22.06	
M70 400 Metre Sprint					
1	7097 Con Matthews	M70	Doncaster	1:11.18	
2	7073 Max Brook	M70	Southern Peninsula	1:14.53	
3	7099 Lucas Kakris	M73	Aberfeldie	1:16.01	
4	7005 Edmund Stack	M72	East Burwood	1:30.55	
5	7089 Colin Silcock-Delany	M74	Geelong	2:06.00	
M80 400 Metre Sprint					
1	8032 Jim Sinclair	M82	Springvale Noble Park	1:31.15	
2	8034 Gerry Heilmann	M83	Knox	1:41.39	
M85 400 Metre Sprint					
1	8513 Mike Johnston	M85	Mentone	1:25.99	
2	8514 Ken Matchett	M85	Croydon	1:53.49	
M35 1500 Metre Run					
1	3506 Craig Harris	M35	East Burwood	4:40.27	
M40 1500 Metre Run					
1	4093 Mal Grimmett	M41	Springvale Noble Park	5:09.02	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M45 1500 Metre Run					
1	4536 Scott Lawrence	M45	Collingwood	4:34.66	
2	4527 Ian Winnen	M45	Collingwood	4:58.84	
3	4532 Barry Whittle	M47	no venue	5:14.11	
4	4540 Joseph Campisi	M49	no venue	5:48.23	
5	4522 Peter Mahieu	M47	Altona	6:01.85	
M50 1500 Metre Run					
1	5046 Phillip Bowes	M50	no venue	4:45.75	
2	5034 Colin Page	M53	Croydon	4:47.10	
3	5037 Ian McGeoch	M52	Frankston	4:57.82	
4	5047 Greg Whitecross	M53	no venue	5:13.63	
5	5054 Ken Carter	M54	Coburg	8:44.04	
M55 1500 Metre Run					
1	5517 John Herridge	M56	no venue	4:45.01	
2	5520 Paul Twining	M57	Knox	4:53.83	
3	5529 Frank Prowse	M55	Doncaster	5:09.80	
4	5572 Peter Bence	M57	Invitation	5:17.28	
5	5526 David Jones	M56	Aberfeldie	5:23.30	
6	5599 Neil Gray	M59	Springvale Noble Park	5:29.67	
M60 1500 Metre Run					
1	6004 Trevor Hawksworth	M60	Aberfeldie	5:34.57	
2	6018 Graham Philpott	M64	East Burwood	5:40.16	
3	6006 Norm Franzi	M63	no venue	5:53.38	
4	6015 Neville Gardner	M63	Croydon	6:06.73	
5	6017 Michael Orelli	M62	Altona	6:30.90	
M65 1500 Metre Run					
1	6522 George Rennie	M65	Collingwood	5:24.86	
2	6518 Malcolm Brown	M66	Collingwood	6:15.28	
M70 1500 Metre Run					
1	7073 Max Brook	M70	Southern Peninsula	6:14.84	
2	7089 Colin Silcock-Delany	M74	Geelong	9:29.65	
M75 1500 Metre Run					
1	7514 Ron Young	M75	Collingwood	7:20.78	
M85 1500 Metre Run					
1	8514 Ken Matchett	M85	Croydon	8:35.93	
M30 3000 Metre Race Walk					
1	3023 Aaron McDonough	M34	no venue	16:30.87	
2	3026 Adam Patterson	M34	no venue	18:41.86	
M50 3000 Metre Race Walk					
1	5059 Rudolf Skrucany	M51	Doncaster	19:38.05	
M55 3000 Metre Race Walk					
1	5505 Graeme Davis	M57	Caulfield	15:49.14	
2	5513 Alan Lucas	M59	Croydon	16:36.43	
3	5507 Robin Wood	M57	no venue	19:33.75	
M60 3000 Metre Race Walk					
1	6098 Russ Dickenson	M61	Croydon	15:20.48	
2	6010 John Hallo	M64	Frankston	19:37.42	
M65 3000 Metre Race Walk					
1	6510 Tony Johnson	M66	Springvale Noble Park	16:13.26	
2	6519 Murray Dickinson	M68	Collingwood	17:11.52	
3	6584 John Morrison	M67	Mentone	18:29.88	
4	6597 Barrie Wicks	M66	Croydon	20:18.74	
5	6520 Ron Hugo	M68	Mentone	21:07.44	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
M70 3000 Metre Race Walk				
1 7081 Ken Walters	M74	Croydon	20:29.84	
2 7089 Colin Silcock-Delany	M74	Geelong	20:34.49	
3 7096 Ian Beaumont	M70	Mentone	22:55.62	
-- 7007 Gordon Onley	M72	Collingwood	DQ	
M75 3000 Metre Race Walk				
1 7511 David McNair	M76	no venue	23:26.00	
2 7516 Kees Zwynenburg	M78	Frankston	24:00.00	
3 7510 Jim Machin	M76	Mentone	25:45.00	
M75 60 Metre Hurdles				
1 7508 George Goode	M79	Coburg	18.80	-1.3
M40 Short Hurdles				
1 4007 Terry Baldwin	M44	no venue	15.39	NWI
2 4001 Christopher Boylen	M43	Collingwood	18.00	NWI
M45 Short Hurdles				
1 4518 Greg Varigos	M49	no venue	19.50	NWI
M50 Short Hurdles				
1 5050 Greg Champion	M52	Doncaster	19.60	NWI
2 5067 Phil Curtain	M52	Coburg	29.10	NWI
M65 Short Hurdles				
1 6530 Don Chambers	M69	Aberfeldie	14.79	-1.4
2 6516 Ken Priestley	M68	Mentone	16.42	-1.4
3 6502 Jim Poulter	M65	Doncaster	19.22	-1.4
M70 Short Hurdles				
1 7073 Max Brook	M70	Southern Peninsula	21.80	-1.4
M55 90 Metre Hurdles				
1 5516 Michael Cusack	M55	no venue	17.50	-1.9
2 5509 John Neale	M56	Aberfeldie	18.12	-1.9
3 5524 Bryan Bottomley	M55	Doncaster	18.80	-1.9
M60 90 Metre Hurdles				
1 6020 George Schilling	M61	East Burwood	19.19	-3.6
M60 2000 Metre Steeplechase				
1 6018 Graham Philpott	M64	East Burwood	8:39.41	
2 6016 Des Middleton	M60	Caulfield	9:01.63	
M65 2000 Metre Steeplechase				
1 6598 Fred Bichsel	M69	Caulfield	10:24.20	
M70 2000 Metre Steeplechase				
1 7089 Colin Silcock-Delany	M74	Geelong	12:55.17	
M85 2000 Metre Steeplechase				
1 8514 Ken Matchett	M85	Croydon	13:57.72	
M40 3000 Metre Steeplechase				
1 4099 Tony Dell	M44	Croydon	11:46.60	
2 4093 Mal Grimmett	M41	Springvale Noble Park	12:54.09	
M45 3000 Metre Steeplechase				
1 4513 Michael Bialczak	M47	no venue	12:17.05	
M55 3000 Metre Steeplechase				
1 5529 Frank Prowse	M55	Doncaster	13:35.06	
2 5516 Michael Cusack	M55	no venue	14:51.77	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

Name	Age	Team	Finals	Wind
W40 Pole Vault				
1 4037 Linda Buttigieg	W42	no venue	2.30m	
W50 Pole Vault				
1 5062 Dawn Hartigan	W50	no venue	3.35m	
W35 Triple Jump				
1 3577 Sharyn Hunter	W38	Knox	8.38m	1.0
W40 Triple Jump				
1 4037 Linda Buttigieg	W42	no venue	8.55m	4.3
2 4038 Jenny Scholtz	W42	Doncaster	6.69m	3.8
3 4047 Kathie Parker	W44	East Burwood	6.46m	2.4
W45 Triple Jump				
1 4517 Susan Chapman	W46	no venue	8.01m	0.2
W50 Triple Jump				
1 5064 Margaret Tweedie	W52	Doncaster	9.07m	0.9
W35 Shot Put				
1 3508 Jodi Willis-Roberts	W39	Invitation	9.64m	
W40 Shot Put				
1 4096 Judy Pfanner	W41	Throwers	10.26m	
2 4037 Linda Buttigieg	W42	no venue	7.36m	
3 4047 Kathie Parker	W44	East Burwood	5.62m	
W45 Shot Put				
1 4525 Chris Tew	W47	no venue	7.95m	
2 4544 Christine Bridle	W49	no venue	7.56m	
3 4523 Christine Mahieu	W46	Altona	5.70m	
W55 Shot Put				
1 5522 Christine Schultz	W56	Throwers	9.69m	
2 5519 Sandra Middleton	W58	Caulfield	6.04m	
3 5511 Lorraine Mussett	W58	Throwers	6.03m	
W60 Shot Put				
1 6008 Rhonda Dundas	W62	Throwers	9.05m	
2 6011 Astrid Rose	W63	Throwers	7.88m	
3 6013 Ruth Woolcock	W61	Croydon	6.93m	
W65 Shot Put				
1 6507 May Ward	W66	no venue	6.92m	
1 6596 Jan Banens	W65	Invitation	8.45m	
2 6526 Roberta Foster	W67	no venue	6.67m	
3 6527 Beverly Hugo	W67	Mentone	5.51m	
W70 Shot Put				
1 7095 Val Worrell	W72	Throwers	6.00m	
2 7085 Tina Baarslag-Leb	W73	Croydon	4.89m	
W80 Shot Put				
2 8029 Gwen Davidson	W84	East Burwood	6.12m	
W35 Javelin Throw				
1 3577 Sharyn Hunter	W38	Knox	29.34m	
W40 Javelin Throw				
1 4096 Judy Pfanner	W41	Throwers	31.42m	
2 4037 Linda Buttigieg	W42	no venue	20.84m	
3 4038 Jenny Scholtz	W42	Doncaster	17.63m	
4 4047 Kathie Parker	W44	East Burwood	11.92m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
W45 Javelin Throw					
1	4544 Christine Bridle	W49	no venue	23.61m	
2	4525 Chris Tew	W47	no venue	18.02m	
W50 Javelin Throw					
1	5062 Dawn Hartigan	W50	no venue	30.98m	
W55 Javelin Throw					
1	5522 Christine Schultz	W56	Throwers	16.15m	
2	5511 Lorraine Mussett	W58	Throwers	11.77m	
3	5518 Bev Learmont	W58	Doncaster	11.05m	
4	5519 Sandra Middleton	W58	Caulfield	10.85m	
W60 Javelin Throw					
1	6008 Rhonda Dundas	W62	Throwers	19.52m	
2	6011 Astrid Rose	W63	Throwers	19.47m	
3	6013 Ruth Woolcock	W61	Croydon	17.55m	
W65 Javelin Throw					
1	6507 May Ward	W66	no venue	15.80m	
2	6589 Anne Stobaus	W65	Aberfeldie	15.46m	
3	6526 Roberta Foster	W67	no venue	13.02m	
4	6527 Beverly Hugo	W67	Mentone	12.02m	
W70 Javelin Throw					
1	7003 Diana Kendall	W71	no venue	18.79m	
2	7095 Val Worrell	W72	Throwers	15.45m	
3	7085 Tina Baarslag-Leb	W73	Croydon	9.02m	
W80 Javelin Throw					
1	8029 Gwen Davidson	W84	East Burwood	8.64m	
W40 Weight Throw					
1	4096 Judy Pfanner	W41	Throwers	7.35m	
W45 Weight Throw					
1	4525 Chris Tew	W47	no venue	8.70m	
2	4544 Christine Bridle	W49	no venue	7.97m	
W55 Weight Throw					
1	5522 Christine Schultz	W56	Throwers	9.58m	
2	5511 Lorraine Mussett	W58	Throwers	6.73m	
W60 Weight Throw					
1	6008 Rhonda Dundas	W62	Throwers	12.58m	
2	6011 Astrid Rose	W63	Throwers	11.32m	
W65 Weight Throw					
1	6526 Roberta Foster	W67	no venue	7.24m	
1	6596 Jan Banens	W65	Invitation	12.71m	
2	6527 Beverly Hugo	W67	Mentone	6.37m	
W70 Weight Throw					
1	7095 Val Worrell	W72	Throwers	10.63m	
2	7085 Tina Baarslag-Leb	W73	Croydon	5.97m	
W80 Weight Throw					
2	8029 Gwen Davidson	W84	East Burwood	8.39m	
M30 Pole Vault					
1	3024 Steven Polizzi	M34	Geelong	3.90m	
M40 Pole Vault					
1	4001 Christopher Boylen	M43	Collingwood	3.35m	
M55 Pole Vault					
1	5509 John Neale	M56	Aberfeldie	1.70m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M60 Pole Vault					
1	6020 George Schilling	M61	East Burwood	2.90m	
M65 Pole Vault					
1	6544 Rob Barclay	M68	no venue	2.90m	
2	6502 Jim Poulter	M65	Doncaster	2.75m	
3	6505 Terry Dunn	M69	Croydon	2.00m	
M40 Triple Jump					
1	4004 Jeff Lang	M42	Caulfield	11.39m	3.0
2	4001 Christopher Boylen	M43	Collingwood	10.25m	+0.0
M50 Triple Jump					
1	5058 Robert Scholes	M54	no venue	10.17m	1.9
2	5002 Grant Stewart	M50	Doncaster	9.99m	2.2
3	5050 Greg Champion	M52	Doncaster	8.92m	1.5
M55 Triple Jump					
1	5501 Jack Buckingham	M56	no venue	9.24m	2.0
2	5509 John Neale	M56	Aberfeldie	8.43m	2.1
M65 Triple Jump					
1	6506 Julian Jacotine	M67	Springvale Noble Park	9.99m	4.3
2	6502 Jim Poulter	M65	Doncaster	8.88m	1.8
3	6530 Don Chambers	M69	Aberfeldie	8.32m	1.4
M75 Triple Jump					
1	7518 Leo Coffey	M77	East Burwood	7.46m	1.5
M80 Triple Jump					
1	8026 Sydney Elks	M81	Frankston	7.13m	3.1
2	8034 Gerry Heilmann	M83	Knox	6.19m	2.6
3	8025 Stan Stankovic	M84	no venue	4.18m	NWI
M35 Shot Put					
1	3507 Russell Short	M37	Invitation	14.37m	
M40 Shot Put					
1	4086 Robert May	M42	Frankston	8.37m	
2	4004 Jeff Lang	M42	Caulfield	7.89m	
M45 Shot Put					
1	4533 Mark Cauchi	M49	no venue	7.74m	
2	4522 Peter Mahieu	M47	Altona	7.58m	
M50 Shot Put					
1	5065 Ron Wynhoven	M51	Throwers	10.14m	
2	5067 Phil Curtain	M52	Coburg	9.69m	
3	5058 Robert Scholes	M54	no venue	9.41m	
4	5054 Ken Carter	M54	Coburg	7.99m	
5	5006 Wayne Bingham	M52	Aberfeldie	7.50m	
M55 Shot Put					
1	5515 Roger Glass	M56	Throwers	10.81m	
2	5532 Peter Fotiadis	M56	Caulfield	8.27m	
3	5509 John Neale	M56	Aberfeldie	7.73m	
M60 Shot Put					
1	6012 Graeme Rose	M63	Throwers	12.86m	
2	6001 Peter Young	M60	Doncaster	12.33m	
3	6003 John Reynolds	M62	Throwers	9.54m	
4	6080 Keith Howden	M61	Collingwood	8.92m	
5	6069 David Wookey	M63	Throwers	8.75m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M65 Shot Put					
1	6530 Don Chambers	M69	Aberfeldie	9.54m	
2	6544 Rob Barclay	M68	no venue	9.45m	
3	6511 Billy Binks	M66	Throwers	9.09m	
4	6508 Ken Readwin	M66	Throwers	8.13m	
5	6517 George Christodoulou	M67	Caulfield	7.09m	
6	6515 Tony Bradford	M67	Aberfeldie	6.39m	
M70 Shot Put					
1	7079 Joe Ball	M72	Throwers	9.38m	
2	7093 George Knight	M70	Throwers	8.74m	
3	7067 Nino Stankovic	M74	no venue	8.10m	
4	7009 George Simons	M71	Croydon	7.39m	
5	7002 Lawrence Kendall	M74	no venue	6.69m	
M75 Shot Put					
1	7507 Colin Murraylee	M78	no venue	8.72m	
2	7504 Milton Ballantyne	M78	Caulfield	7.51m	
3	7512 Harry Staecker	M76	Caulfield	7.40m	
M80 Shot Put					
1	8025 Stan Stankovic	M84	no venue	7.89m	
2	8030 Ken Knox	M83	Caulfield	7.01m	
M40 Javelin Throw					
1	4086 Robert May	M42	Frankston	30.87m	
M45 Javelin Throw					
1	4521 Greg Gorter	M46	no venue	42.74m	
2	4533 Mark Cauchi	M49	no venue	36.25m	
3	4548 Graham Walter	M48	Doncaster	28.24m	
M50 Javelin Throw					
1	5035 Andrew Watts	M51	Knox	40.01m	
2	5067 Phil Curtain	M52	Coburg	33.82m	
3	5006 Wayne Bingham	M52	Aberfeldie	33.18m	
4	5011 Rob Hopcroft	M50	no venue	27.83m	
5	5002 Grant Stewart	M50	Doncaster	27.52m	
6	5058 Robert Scholes	M54	no venue	26.55m	
7	5065 Ron Wynhoven	M51	Throwers	24.19m	
8	5054 Ken Carter	M54	Coburg	21.04m	
M55 Javelin Throw					
1	5597 Andrew Farr	M57	no venue	45.24m	
2	5516 Michael Cusack	M55	no venue	37.15m	
3	5509 John Neale	M56	Aberfeldie	27.10m	
4	5515 Roger Glass	M56	Throwers	23.01m	
M60 Javelin Throw					
1	6012 Graeme Rose	M63	Throwers	43.97m	
2	6001 Peter Young	M60	Doncaster	36.98m	
3	6069 David Wookey	M63	Throwers	36.87m	
4	6003 John Reynolds	M62	Throwers	25.32m	
M65 Javelin Throw					
1	6505 Terry Dunn	M69	Croydon	29.70m	
2	6530 Don Chambers	M69	Aberfeldie	22.32m	
3	6515 Tony Bradford	M67	Aberfeldie	20.44m	
4	6511 Billy Binks	M66	Throwers	20.13m	
5	6517 George Christodoulou	M67	Caulfield	17.67m	

2007 STATE CHAMPIONSHIPS - 17/03/2007 to 18/03/2007 (cont.)

	Name	Age	Team	Finals	Wind
M70 Javelin Throw					
1	7002 Lawrence Kendall	M74	no venue	25.88m	
2	7067 Nino Stankovic	M74	no venue	16.58m	
M75 Javelin Throw					
1	7507 Colin Murraylee	M78	no venue	30.90m	
2	7512 Harry Staecker	M76	Caulfield	24.70m	
3	7509 Alexander Harris	M77	Geelong	24.10m	
M80 Javelin Throw					
1	8025 Stan Stankovic	M84	no venue	17.47m	
M90 Javelin Throw					
1	9007 Andy Smith	M92	Caulfield	1.00m	
M50 Weight Throw					
1	5065 Ron Wynhoven	M51	Throwers	14.24m	
M55 Weight Throw					
1	5515 Roger Glass	M56	Throwers	14.47m	
2	5514 Hans Lotz	M59	Throwers	12.99m	
3	5509 John Neale	M56	Aberfeldie	8.38m	
M60 Weight Throw					
1	6012 Graeme Rose	M63	Throwers	17.42m	
2	6003 John Reynolds	M62	Throwers	14.34m	
3	6001 Peter Young	M60	Doncaster	12.43m	
4	6069 David Wookey	M63	Throwers	11.72m	
M65 Weight Throw					
1	6516 Ken Priestley	M68	Mentone	14.16m	
2	6511 Billy Binks	M66	Throwers	13.24m	
3	6508 Ken Readwin	M66	Throwers	11.46m	
4	6530 Don Chambers	M69	Aberfeldie	10.88m	
5	6517 George Christodoulou	M67	Caulfield	7.67m	
M70 Weight Throw					
1	7092 Peter Barber	M74	Throwers	14.68m	
2	7098 Victor Naismith	M70	no venue	14.55m	
3	7093 George Knight	M70	Throwers	12.71m	
4	7002 Lawrence Kendall	M74	no venue	8.57m	
5	7067 Nino Stankovic	M74	no venue	8.12m	
M75 Weight Throw					
1	7506 Wim Van Weenen	M75	Throwers	15.78m	
2	7507 Colin Murraylee	M78	no venue	12.33m	
3	7505 Harry Wynhoven	M77	Caulfield	10.92m	
4	7504 Milton Ballantyn	M78	Caulfield	9.40m	
M80 Weight Throw					
1	8025 Stan Stankovic	M84	no venue	10.08m	
2	8030 Ken Knox	M83	Caulfield	9.29m	

VICTORIAN MASTERS ATHLETICS

Track and Field Pentathlon - 4/03/2007

	Points	LJ	JT	200	DT	800
--- W35 ---						
1 Sharyn Hunter Knox	1771	3.87m w: -1.3 (310)	25.35m (389)	31.25 w: -1.5 (383)	16.82m (230)	2:50.46 (459)
--- W40 ---						
1 Linda Buttigieg no venue	2003	3.62m w: 4.5 (306)	21.34m (351)	29.99 w: -1.5 (589)	21.93m (356)	3:01.31 (401)
2 Kathie Parker no venue	1062	3.07m w: -0.4 (176)	10.50m (133)	36.76 w: -1.5 (195)	13.07m (180)	3:03.72 (378)
3 Jenny Scholtz no venue	969	3.13m w: 2.1 (190)	14.28m (208)	33.90 w: -1.5 (352)	14.99m (217)	4:16.00 (2)
--- W45 ---						
1 Susan Chapman no venue	1882	3.82m w: +0.0 (423)	18.18m (337)	33.90 w: -1.6 (459)	18.54m (318)	3:15.84 (345)
--- W50 ---						
1 Margaret Tweedie Doncaster	3075	4.46m w: -0.2 (729)	21.87m (474)	29.20 w: -1.6 (913)	20.98m (413)	3:02.09 (546)
--- W60 ---						
1 Ruth Woolcock Croydon	1857	2.70m w: +0.0 (294)	18.45m (519)	43.82 w: -1.6 (277)	14.57m (336)	3:42.93 (431)
--- M40 ---						
1 Christopher Boylen Collingwood	2411	4.99m w: 2.5 (490)	29.79m w: -2.2 (350)	26.81 (597)	20.13m (274)	4:54.97 (700)
2 Glenn Shannon Frankston	2215	4.84m w: 0.9 (455)	22.70m (238)	26.71 w: -2.2 (604)	21.44m (299)	5:08.93 (619)
--- M45 ---						
1 Mark Cauchi no venue	2028	4.48m w: 0.6 (437)	36.67m (516)	31.85 w: -2.2 (330)	23.60m (363)	6:12.80 (382)
--- M50 ---						
1 Andrew Watts Knox	3268	5.13m w: 1.6 (682)	39.11m (589)	25.78 w: -1.5 (837)	32.01m (504)	5:32.23 (656)
2 Wayne Bingham no venue	2542	4.53m w: -0.3 (519)	32.02m (456)	27.02 w: -1.5 (736)	28.66m (438)	6:27.67 (393)
3 Grant Stewart Doncaster	2474	4.76m w: 1.7 (580)	27.23m (368)	27.90 w: -1.5 (667)	25.16m (370)	6:05.87 (489)
4 Chris Brown Caulfield	2347	4.24m w: 1.1 (445)	29.79m (415)	28.28 w: -1.5 (638)	20.44m (280)	5:49.15 (569)

Track and Field Pentathlon - 4/03/2007 (cont.)

	Points	LJ	JT	200	DT	800
5 Rob Hopcroft East Burwood	1627	4.30m w: 1.4 (459)	25.94m w: -1.5 (344)	30.60 (476)	24.00m (348)	DNF (0)
DNF Phil Curtain Coburg		3.48m w: 0.7 (266)	32.99m (474)	33.79 w: -1.5 (288)	27.09m (408)	DNS (0)
--- M55 ---						
1 John Neale Aberfeldie	2731	4.06m w: 0.6 (469)	29.02m (454)	28.60 w: -0.7 (689)	32.01m (567)	6:08.30 (552)
2 John Browne Doncaster	2668	4.12m w: 0.5 (485)	26.98m (412)	28.20 w: -0.7 (718)	25.06m (416)	5:50.73 (637)
3 Michael Cusack no venue	2422	3.63m w: 1.9 (358)	29.92m (472)	29.85 w: -0.7 (598)	21.24m (335)	5:46.44 (659)
4 Frank Prowse no venue	2393	3.56m w: 2.7 (339)	23.01m (332)	30.06 w: -0.7 (583)	16.50m (237)	5:02.01 (902)
--- M60 ---						
1 Graham Philpott East Burwood	2477	3.80m w: 0.7 (475)	22.29m (342)	31.63 w: -0.8 (547)	19.91m (317)	5:34.35 (796)
2 George Schillinger no venue	2421	4.14m w: 0.4 (578)	23.27m (362)	30.54 w: -0.8 (620)	28.14m (496)	7:09.78 (365)
3 Neville Gardner Croydon	2317	3.48m w: 1.2 (384)	21.55m (326)	32.31 w: -0.8 (505)	27.72m (487)	6:10.52 (615)
4 Michael Orelli Altona	1087	2.60m w: -0.1 (165)	11.35m (119)	39.46 w: -0.8 (149)	12.71m (167)	6:39.02 (487)
--- M65 ---						
1 Tony Bradford Aberfeldie	2462	3.39m w: 1.0 (435)	20.29m (348)	30.30 w: -0.7 (706)	23.28m (447)	6:45.95 (526)
2 Don Chambers Aberfeldie	2201	3.86m w: +0.0 (589)	23.61m (427)	29.91 w: -0.7 (734)	21.45m (403)	9:33.30 (48)
3 Terry Dunn Croydon	2178	2.98m w: 2.0 (313)	29.87m (578)	35.27 w: -0.7 (395)	23.78m (460)	7:09.20 (432)
4 Andrew Fraser East Burwood	1463	2.98m w: -0.1 (313)	17.48m (283)	34.34 w: -0.7 (447)	20.18m (372)	9:33.10 (48)
5 Allan Wood Croydon	1184	2.84m w: -0.6 (276)	16.93m (270)	38.96 (218)	15.76m (267)	8:38.15 (153)