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News and Results

Victorian Masters Athletics Inc.

November 2007

Slow and steady triumph for a 30-year journey

Article in The Age by Andra Jackson - 8th October, 2007

T 78 AND 77 respectively, Jack Gubbins and Shirley Young showed yesterday that age, And in Shirley's case, Alzheimer's disease, are no barrier to competing in and completing a marathon.

They were the last two competitors to cross the line in yesterday's Melbourne Marathon.

Mrs Young did it in six hours and 42 minutes, crossing the line just ahead of Mr Gubbins, who took six hours and 44 minutes and was the last contestant to finish.

Hours earlier, Rowan Walker, 37, from Geelong, won in two hours, 19 minutes and 16 seconds.

For Mrs Young and Mr Gubbins, refusing to throw in the towel when they lagged behind the 3000-strong field, was a matter of personal triumph.

They have now completed all 30 Melbourne Marathons - an honour shared with several other members of the Spartan Club who also ran yesterday. Mrs Young is the only female to have run all 30 races.

Mr Gubbins intends to hang up his running shoes. He said he was hampered by poor health yesterday "and I didn't want to come last, but I couldn't do it".

"I was very disappointed in my performance but very satisfied to have completed it."

In better years, he has run the marathon in three hours and 31 minutes.



Mrs Young took up running at the age of 47 at her family's suggestion. She has 72 marathons and two 24-hour marathons behind her. "This was my slowest," she said of the race. Last year she finished in five hours and 10 minutes but her husband and unofficial trainer, Rod, said: "She had a fall in August and fractured and bruised her ribs and couldn't train for six weeks."

"Today was the hardest but Big Peter kept me going," she said, referring to one of the Spartan Club members who stayed with her during the race.

"Having company makes a difference but you don't really talk," she said.

News and Results

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Victo	orian Masters Athletics Venues	
ABERFELDIE Athletic Track	Aberfeldie Park, Corio Street, Moonee Ponds Wednesday nights, 7 - 9pm	Melway 28 D6
ALTONA Athletic Track	Grants Reserve Sugar Gum Drive, off Civic Parade Tuesday nights, 7 - 9pm in daylight saving, Sunday in winter - 2pm Every Second Sunday - Different venue	Melway 54 G9
EAST BURWOOD Athletic Track	Burwood Road, opp. Mahoneys Road, behind basketball stadium Thursday nights, 7 - 9pm	Melway 62 C7
CAULFIELD Athletic Track	Duncan McKinnon Reserve, cnr North Road & Murrumbeena Road Tuesday nights, track events, 7 - 9pm. Sunday, field events	Melway 68 K9
COBURG Athletic Track	Harold Stevens Athletic Field, Outlook Road, Coburg Thursday nights, 7 - 9pm	Melway 18 A9
COLLINGWOOD Athletic Track	George Knott Reserve, Heidelberg Road, Cliffton Hill Tuesday nights, 7 - 9pm	Melway 30 F12
CROYDON Athletic Track	Behind Arndale Shopping Centre, Mt.Dandenong Road, Croydon Tuesday nights, 7 - 9pm	Melway 50 K5
DONCASTER Athletic Track	Rieschieks Reserve, George Street, East Doncaster Monday nights, 7.30pm	Melway 33 J11
FRANKSTON Athletic Track	Ballam Park, Bananee Terrace, Frankston Thursday nights, 7 - 9pm	Melway 103 B4
GEELONG Athletic Track	Landy Field, off Barwon Terrace, Geelong Wednesday nights, 6 - 8pm	Melway 228 C7
KNOX Athletic Track	Bunjil Way, off Ferntree Gully Road, Scoresby Wednesday nights, 7 - 9pm	Melway 73 D7
MENTONE Athletic Track	Dolamore Oval, cnr First Street & Queen Street, Mentone Wednesday nights, 7 - 9pm	Melway 87 B6
SPRINGVALE/NOBLE PARK	Ross Reserve, Memorial Drive, off Corrigan Road, Springvale Wednesday nights, 7 - 9pm	Melway 80 E12
SOUTHERN PENINSULA	Athletic Track, Truemans Road, off Nepean Highway, Tootgarook Wednesday nights, from 6 pm in daylight saving, Sunday in winter 9am	Melway 169 E6

Venue	Manager	Address	Phone
Aberfeldie	Rob Waters	5 Bellevue Court Maribyrnong 3032	9318 3802
Altona	Stan Belcher	79 Sanctuary Lakes South Bvd	9395 2045
Caulfield	Peter McGrath	Point Cook 3030 13 Bales Street Mount Waverley 3149	9807 5656
Coburg	George Goode	pjmcgx@melbpc.org.au PO Box 191 Pascoe Vale South 3044	9306 8503
Coburg	Ken Carter	7 Oak Street Pascoe Vale 3044	9306 8065
Coburg	Neville Wilson	11 Prospect Road Rosanna 3084 nlw@melbpc.org.au	9459 7827
Collingwood	Wasyl Drosdowsky	12 Hickford Street Brunswick East 3057	9387 2163
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Croydon	Karen Archer	elthampauls@bigpond.com.au 27 Russell Street Mount Evelyn 3796	9736 1684
Croydon	Ken Walters	quinarcher@aapt.net.au 5 Warra Road Upwey 3158	9752 5977
Doncaster	Richard Trembath	judynken@bigpond.com P.O. Box 294 Greensborough 3088 tenek@bigpond.net.au	9431 6963
East Burwood	Trevor Jupp	4 Driftwood Drive Glen Waverley 3150 juppspecial@optusnet.com.au	9802 3355
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East Burwood	Ashley Ryan	29 Alvena Crescent Heathmont 3135	8802 1046 0418 534 373(M)
East Burwood	Allan Wood	ryan.ashley.p@edumail.vic.gov.a 44 Halls Parade Mitcham 3132	9872 4362
Frankston	Peter Duggan	allansfurniture@optusnet.com.au 8 Myna Court Carrum Downs 3201	9786 9169
Geelong	Alan Jenkins	mduggan2@bigpond.net.au 171 Hope Street Geelong West	5221 7468 0419 314 568(M)
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Mentone	Ian Cassell	29 Tiffany Avenue Cheltenham 3192 iancassell@optusnet.com.au	9583 4440
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Reference Websites

www.vicnet.net.au/~vicvets/ www.users.bigpond.com/judynken/atg.html www.athsvic.org.au www.val.org.au www.geocities.com/Colosseum/5654/vicwalker.html www.athletics.org.au www.nswathletics.org.au www.iaaf.org www.atfca.com.au www.aims-association.org www.coolrunning.com.au/ultra/ www.coolrunning.com.au www.mountainrunning.coolrunning.com.au www.ausrun.com.au www.webathletics.com.au www.actvac.com.au www.australianmasters.org.au www.nswmastersathletics.org.au www.mastersathletics.com.au www.samastersathletics.org.au www.mastersathleticswa.org/ www.alicespringsmasters.nt.gov.au www.world-masters-athletics.org www.nationalmastersnews.com www.masterstrack.com www.mastersgames.com.au www.mastersathletics.co.uk http://au.geocities.com/mentonemasters/ www.mastersathleticsdoncaster.org.au www.home.vicnet.net.au/~roadrun www.evaa.nu/ www.european-athletic.org/ www.bvaf.org.uk/ www.sportsdialog.com/archive.html sports.groups.yahoo.com/group/vicmasters www.athletics.musa.net.au www.lollylegs.com www.tasmasterathletics.org.au www.riccione.vma2007.org

News and Results

Victorian Masters Athletics VMA "Around the Grounds" Athletics Victoria Victorian Athletic League (Pros) Victorian Race Walking Club Athletics Australia Athletics NSW International Ass. of Aths Federation Australian T&F Coaches Assn Int. Marathons & Road Races Aust. Ultra Runners' Assn Best Australian Runners Site Aust Mountain Running Association Australia's Runner's World **ACT Cross Country Club** ACT Vets website Australian Masters Athletics Inc. NSW Masters Athletics Inc. **Qld Masters Athletics Association** Sth Australia Masters Athletics WA Masters Athletics Club Alice Springs Masters Games World Masters Athletics (WMA) Masters Track & Field Magazine "The" Masters Track & Field Site Pan Pacific Masters Games Gold Coast Masters Athletics Monthly Mentone Masters Website Doncaster Masters Website Victorian Road Runners European Veterans Athletic Association EAA European Athletic Association British Masters Athletic Federation Sports Dialog Digest Archive Yahoo! Groups: vicmasters Melboune University Athletics Club For Masters Athletes by Masters Athletes 2007 National Championships 2007 World Championships

VMA HALF MARATHON - BURNLEY - 9th September 2007

Sandra Doyle	33	Croydon	1.40.41
Liz Eastwood	37 €	Knox	1.48.28
Bronwyn Hanns	44	Mentone	1.40.35
Janine McKerron	47	Caulfield	1.53.05
Merle Want	46	Caulfield	1.53.14
Jenny Alexander	50	Aberfeldie	1.35.45
Helen Stanley	51	Knox	1.44.07
Jane Sturzaker	54	Caulfield	1.47.49
Connie Davy	54	N/A	1.50.27
Bronwen Cardy	55	Croydon	1.25.11
Lavinia Petrie	63	Knox	1.39.11
Nancy Chorley	60	Croydon	1.44.15
Barbara Fay	65	N/A	1.51.48
Shane Pettingill	39	Knox	1.22.43
Craig Harris	36	E. Burwood	1.34.21
Warren Burke	39	Coburg	1.39.16
Murray Johnson	44	Frankston	1.21.51
Chris Boylen	44	Collingwood	1.27.28
Tony Dell	44	Croydon	1.30.58
Russell Speight	40	Knox	1.36.41
Craig Hearn	43	Knox	1.46.10
Michael Bialczak	47	N/A Springvale Coburg N/A Coburg Croydon E. Burwood Mentone	1.14.44
Steven Barker	48		1.22.40
Phillip Van Duerin	48		1.23.41
Peter Fitzgerald	45		1.25.51
Gary O'Dwyer	48		1.27.54
Andrew Tunne	49		1.34.56
Frank Pignataro	46		1.43.50
David Dodson	48		1.45.01
Bert Pelgrim	51	Knox	1.17.17
Rod Neale	50	Croydon	1.24.35
Allan Smith	52	Coburg	1.24.56
Robert Dunning	50	Collingwood	1.39.44
Mark Challen	50	Croydon	1.50.27
	Liz Eastwood Bronwyn Hanns Janine McKerron Merle Want Jenny Alexander Helen Stanley Jane Sturzaker Connie Davy Bronwen Cardy Lavinia Petrie Nancy Chorley Barbara Fay Shane Pettingill Craig Harris Warren Burke Murray Johnson Chris Boylen Tony Dell Russell Speight Craig Hearn Michael Bialczak Steven Barker Phillip Van Duerin Peter Fitzgerald Gary O'Dwyer Andrew Tunne Frank Pignataro David Dodson Bert Pelgrim Rod Neale Allan Smith Robert Dunning	Bronwyn Hanns 44 Janine McKerron 47 Merle Want 46 Jenny Alexander 50 Helen Stanley 51 Jane Sturzaker 54 Connie Davy 54 Bronwen Cardy 55 Lavinia Petrie 63 Nancy Chorley 60 Barbara Fay 65 Shane Pettingill 39 Craig Harris 36 Warren Burke 39 Murray Johnson 44 Chris Boylen 44 Tony Dell 44 Russell Speight 40 Craig Hearn 43 Michael Bialczak 47 Steven Barker 48 Phillip Van Duerin 48 Peter Fitzgerald 45 Gary O'Dwyer 48 Andrew Tunne 49 Frank Pignataro 46 David Dodson 48 Bert Pelgrim 51 Rod Neale 50 Allan Smith 52 Robert Dunning 50	Bronwyn Hanns 44 Mentone Janine McKerron Merle Want Jenny Alexander Helen Stanley Jane Sturzaker Connie Davy Lavinia Petrie Nancy Chorley Barbara Fay Mentone Murray Johnson Chris Boylen Tony Dell Russell Speight Craig Hearn Michael Bialczak Steven Barker Phillip Van Duerin Petre Petgrim And Shane Pettingilt Peter Fitzgerald And Shane And Sha

VMA HALF MARATHON - BURNLEY - 9/09/07 (cont.)

M55	John Duck	55	N/A	1.19.40	
	Paul Twining	58	Knox	1.22.55	
	Tony Bird	57	Collinwood	1.26.01	
	Ernie Stewart	56	Aberfeldie	1.27.51	
	David Jones	56	Aberfeldie	1.35.02	
	lan U'Ren	56	Knox	1.44.09	
	Jim Hopkins	57	Collingwood	1.51.31	
M60	Gary Stewart	62	Knox	1.30.21	
	Westley Windsor	63	Collingwood	1.30.51	
	Gabriel Carmona	64	Caulfield	1.36.44	
	Bob Henderson	61	Knox	1.39.31	
	John Dean	62	Aberfeldie	1.41.56	
M65	Juan Perez	68	Springvale	1.47.24	
	Ashley Page	66	Mentone	1.53.59	
	Gerald Burke	67	E. Burwood	1.58.04	
	Al Willey	68	Croydon	2.01.49	
M70	Bryan Lynch	73	Springvale	1.55.52	
	Jim Crawford	72	Caulfield	2.11.56	
	Ron Leggett	73	Frankston	2.20.19	
M75	Bill Page	77	Aberfeldie	1.56.24	
	Jack Gubbins	78	Springvale	2.24.36	
Invitat	tion:				
	Frank Lang			1.32.58	
	Jade Alexander			1.35.01	
	Kevin Gray			2.00.31	

Extracts from a letter from Ken Matchett who, as many are aware, currently has health issues:-

...Thank you so much for the nice article in "News & Results. I think that you were very generous as was the editor of "The Senior"... I feel very tired at times but am doing my best trying to lead a normal life. I do quite a lot of walking and sometimes even a little jogging so that's great, isn't it?...Whether I will get back to competitive running or walking - that is another question but I'll do my best... Good running and thanks again,

Ken.

Riccione 4-15 September 2007

Australian Results

			Australia	ii Kesui	LS			
BIB	Name	CAT	BORN Q	JALIFICA	TION/C	QUARTER	R/SEM	II FINAL & FINAL
400m	M35							
183	KEANE Andrew	M35	1970 H6€5#	54.11				
210	NEALE Chris	M35	1969 H2-4#	57.29				
800m								
183	KEANE Andrew	M35	1970 H2-2#			1:58.97	10#	2:01.04
210	NEALE Chris	M35	1969 H4-11#	2:16.80				
	m M35							
125	CLAYDON Shawn	M35	1968				30#	17:03.00
	Om M35	N 1774000					nii Seno	II BY N BASE BUCK
125	CLAYDON Shawn	M35	1968				18#	34:59.39
	Hurdles M35							
	NORRIS Richard	M35	1971		\$3-4#	1:02.48		
	n Steeplechase M35							
	CLAYDON Shawn	M35	1968				21#	11:43.98
	Cross Country M35						515155	
	CLAYDON Shawn	M35	1968				16#	26:38
100m								
	ARBUTHNOT Howard		1967 H2-4#	12.35				
	CHIQUE David	M40	1963 H8-5#	2.30	65 T.			
	TELFER Ken	M40	1967 H4-3#	11.52	53-5#	11.50		
200m			1012 1110 51	05.55				
	CHIQUE David	M40	1963 H12-5#		0 / 5 //	0 4 00		
	TELFER Ken	M40	1967 H5-2#	23.82	Q4-5#	24.08		
400m		11.10	10(2 112 (#	F7 40				
	CHIQUE David	M40	1963 H3-6#	57.12				
	TELFER Ken	M40	1967 H6-3#	54.36				
	0m M40	11.10	10//				F0//	40.07.45
	MCFADDEN Robert	M40	1966				50#	40:27.45
	n Walk M40	11.40	10//				711	25.22.25
	MCFADDEN Robert	M40	1966				7#	25:22.35
	Road Walk M40	11.40	10//				0.44	F2.02
	MCFADDEN Robert	M40	1966				8#	52:02
_	Jump M40	1140	1047 111 0#	5.89				
	ARBUTHNOT Howard ault M40	M40	1967 H1-8#	3.09				
	ARBUTHNOT Howard	M40	1967				3#	4.40
200m		14140	1907				3#	4.40
	DENMAN Gary	M45	1961 H5-6#	26.83				
400m	-	141-13	1701 115-0#	20.03				
	DENNEHY John	M45	1959 H5-8#	1:08.73				
800m		MITS	1737 113-0π	1.00.75				
	DENMAN Gary	M45	1961 H1-10#	2.25 54				
1500m	1-4-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1	MAD	1701 111 10#	2.23.37				
	LAWRENCE Scott	M45	1961		52-6#	4:27.23		
	Walk M45	111.15	1701		32 OII	1.27.23		
	DONAHOO Mark	M45	1958				5#	24:27.06
	EVANS Simon	M45	1960				7#	25:16.02
	Road Walk M45	,,,,,	1700					23110102
	EVANS Simon	M45	1960				10#	51:47
	Road Walk M45							
	DONAHOO Mark	M45	1958				5#	1:46:46
100	Jump M45							
	CEPAK Mark	M45	1959 H1-17#	3.91				
				Anconinger 52				

News and Results

Riccione 4-15 September 2007 (cont.)										
BIB I				-					FINAL & FINA	L
High J	ump M45									
207 N	MUELL Matthew	M45	1962					7#	1.72	
Decath	ilon M45									
120	CEPAK Mark	M45	1959					40#	3112	
Shot P	ut M45									
120 (CEPAK Mark	M45	1959 H2	2-13#	9.13					
Discus	Throw M45									
120	CEPAK Mark	M45	1959					17#	25.30	
	Throw M45									
	CEPAK Mark	M45	1959 H1	-10#	34.68					
	er Throw M45									
	CEPAK Mark	M45	1959 H1	-10#	25.49					
	Throw M45									
	CEPAK Mark	M45	1959					18#	9.11	
-	Pentahtlon - M45									
	CEPAK Mark	M45	1959					16#	2054	
100m -				2.0		-	221 1021			
	RALSTON Garry	M50	1955 H1	-3#	12.32	S2-7#	12.42			
800m -										
	ACGEOCH Ian		1955 H6							
	PATERSON Stuart	M50	1956 H3	3-1#	2:13.41	S1-11#	2:17.73			
1500m										
	DYBDAHL Bjorn	M50					4:56.41			
	ATERSON Stuart	M50	1956			53-4#	4:31.87			
5000m										
	OYBDAHL Bjorn	M50						35#	18:18.83	
	ACGEOCH Ian	M50	1955					47#	19:14.46	
	m - M50		1051							
	BOWES Phillip	M50						4#	34:54.68	
	ACGEOCH Ian	M50	1955					24#	40:08.56	
	Hurdles - M50									
	RALSTON Garry	M50	1955			S2-5#	19.16			
	ross Country - M50	1450	4057					4.11	25 45	
	SOWES Phillip	M50						4#	25:45	
	OYBDAHL Bjorn	M50						42#	28:50	
	ATERSON Stuart		1956					32#	28:04	
	OURKE Peter	M50	1953					57#	32:15	
	on - M50	MEO	10E3					22#	2.20.02	
	YBDAHL Bjorn	M50	1933					32#	3:20:02	
	u mp - M50 ALSTON Garry	MEO	10EE U2	0#	E 17					
100m -		MOU	1955 H2	-9#	5.17					
	AIRD Stephen	MEE	1951 H4	7#	12 52					
	ARR Bill		1949 H5							
	AILETIC Nick		1951 H1		15.46					
200m -		MOD	1731 111	-/#	13.40					
	AIRD Stephen	M55	1951 H5	-5#	27.05					
	ARR Bill	M55	1949 H4		28.40					
	'AN BAVEL Hans	M55	1949 H3		26.41					
400m -		11133	17-17 113	JII	20.71					
	AIRD Stephen	M55	1951 H1	-6#	1:07.19					
	ALDERBANK Kerry		1947 H4		1:07.35					
	ARR Bill	M55	1949 H3		1:08.82					
	EARCE Bob	M55	1952 H6		1:02.56					
	'AN BAVEL Hans	M55	1949 H2		1:01.14					
	Still me italia	. 1133			T					

BIB	Name	CAT	BORN	QU.	ALIFICA	TION/C	UARTER	N SEM	FINAL & FINAL
	n - M55								
114	CALDERBANK Kerry	M55	1947 S1-1		2:44.34				
	FOWLER Neil		1951 S1-3		2:16.85			10#	2:16.89
	GRAY Neil		1947 S2-8		2:34.61				
199	MAYFIELD Allan		1949 S3-5		2:23.92				
219	PEARCE Bob	M55	1952 S2-6	#	2:24.30				
1500	m - M55								
157	GRAY Neil	M55	1947 S2-1	3#	5:43.92				
166	HERRIDGE John	M55	1950 S3-5	#	4:41.44			11#	4:34.85
219	PEARCE Bob	M55	1952 S1-9	#	5:09.52				
5000	m - M55								
136	DAHL Graeme	M55	1949					36#	19:42.26
166	HERRIDGE John	M55	1950					12#	17:27.22
203	MILETIC Nick	M55	1951					59#	24:59.33
219	PEARCE Bob	M55	1952					22#	18:43.50
400m	Hurdles - M55								
151	FOWLER Neil	M55	1951 S3-1	#	1:07.76			6#	1:07.22
8Km	Cross Country - M55								
	HERRIDGE John	M55	1950					12#	27:05
203	MILETIC Nick	M55	1951					60#	37:13
219	PEARCE Bob	M55	1952					25#	29:06
	Jump - M55								
		M55	1948 H2-1	4#	3.47				
			1947 H1-8						
	Jump - M55								
	PETERS Noel	M55	1947					10#	9.82
	thlon - M55								
		M55	1948					14#	4908
	Put - M55								
99		M55	1949 H1-1	11#	10.15				
Discu	ıs - M55								
99	BANENS Robert	M55	1949 H1-1	13#	32.70				
Javel	lin - M55								
99	BANENS Robert	M55	1949 H2-2	2#	48.51			7#	51.62
Weig	ht Pentahtlon - M55								
	BANENS Robert	M55	1949					13#	3518
	- M60								
	CROMBIE Peter	M60	1944 H4-1	#	12.87	S1-2#	12.54	3#	12.62
	FEARNALL Roy		1943 H1-3		14.21				
	MAHER Garry		1946 H3-5		14.45				
	MCINTYRE Neville		1942 H8-1		12.95	S2-3#	12.80		
	WIGHT John		1946 H6-2		13.23	S3-5#			
	- M60	11100	17101102	-//	13.23	33 311	12.75		
	CROMBIE Peter	M60	1944 H3-1	#	26.36	S2-1#	25.54	2#	25.00
	FEARNALL Roy		1943 H1-2		28.22	S2-7#			23100
	MAHER Garry		1946 H5-6		29.48	JL 711	20.77		
	MCINTYRE Neville		1942 H4-2		26.47	S1-3#	26.70		
	WIGHT John		1946 H2-3		26.68		26.54	8#	26.61
	1 - M60	MOO	1740 112-3)TT	20.00	JL JII	20.54	On	20.01
	CROMBIE Peter	MAO	1944 H3-1	I #	58.68	S2-1#	58.49	2#	57.81
	FEARNALL Roy		1944 H3-1		1:04.95	JE 111	30.47	2 17	37.01
			1945 H1-0		1:06.32				
	MAHER Garry		1946 H4-2			C1.9#	1:01.52		
ZUZ	MCINTYRE Neville	MOU	1744 DJ*2	-11	1.01.00	31"0#	1.01.52		

			. o oop.	911110	.	(0	01111.	
	Name n- M60	CAT	BORN QU	ALIFICA	TION/G	UARTER	R/ SEMI	FINAL & FINAL
	CHAMBERLAIN Kevin	M60	1946 H2-4#	2:30.23	52-8#	2:24.70	9#	2:23.44
247	SOLOMON Kevin	M60	1947 H4-1#			2:21.34		2:18.81
	m - M60	14100	1747 114-17	2.21.27	31-2#	2.21.34	ZTT	2.10.01
121	CHAMBERLAIN Kevin	M60	1946 S3-3#	5:08.48				
			and the second second				1 #	4.20.26
	SOLOMON Kevin	M60	1947 S1-1#	4:55.28			1#	4:39.36
	m - M60	1110	10.13				10//	22 52 02
	EGAN Elwyn		1943				48#	22:52.83
	LLOYD J.Barry		1943				55#	23:46.23
	OLDFIELD John	M60	1943				40#	21:39.06
266	WALKER Michael	M60	1946				20#	19:45.01
1000	0m - M60							
214	OLDFIELD John	M60	1943				31#	43:25.80
244	SCORZELLI Frank	M60	1946				8#	38:47.09
266	WALKER Michael	M60	1946				22#	40:30.58
	Hurdles - M60							
	GILES Harry	M60	1944 S2-1#	16.69			5#	16.34
	Hurdles - M60							
	GILES Harry	M60	1944 H3-3#	49 58	\$1-5#	47.99		
	Cross Country - M60	11100	1711113 311	17.50	31 311	17.77		
	EGAN Elwyn	MAO	1943				59#	36:07
	LANGFORD Jim		1944				4#	27:39
	LLOYD J.Barry		1943				55#	34:36
	OLDFIELD John	M60	1943				43#	32:52
	RICHARDSON Ian	M60	1945				58#	35:53
	SCORZELLI Frank	M60	1946				11#	29:04
	WALKER Michael	M60	1946				24#	30:03
	m Walk - M60							
175	JAMIESON Andrew	M60	1946				1#	24:34.95
10Km	Road Walk - M60							
175	JAMIESON Andrew	M60	1946				1#	51:48
235	RICHARDSON Ian	M60	1945				40#	1:04:10
269	WHITE George	M60	1945				3#	54:07
	Road Walk - M60							
	JAMIESON Andrew	M60	1946				1#	1:43:50
	WHITE George	M60	1945				3#	1:51:58
	thon - M60	11100	1713				311	1.51.50
	DOUST John	M60	1947				24#	3:38:27
	Jump - M60	14100	1747				2 111	3.30.27
	GILES Harry	M60	1944 H1-7#	4.79			13#	4.90
	Put - M60	MOU	1944 111-7#	4.79			13#	4.90
		1110	4044 114 42#	44 57				
	GREEN Ray		1944 H1-13#				4.411	44.04
	YOUNG Peter	M60	1946 H2-8#	12.06			14#	11.96
	s Throw - M60						1 200	11.25
	GREEN Ray		1944 H1-3#				13#	44.36
223	PERKINS Stan		1947 H2-16#					
233	REYNOLDS John	M60	1944 H2-15#	33.09				
275	YOUNG Peter	M60	1946 H3-13#	39.64				
Javel	in Throw - M60							
158	GREEN Ray	M60	1944 H2-8#	34.45				
275	YOUNG Peter	M60	1946 H1-10#					
	ner Throw - M60							
158	GREEN Ray	M60	1944 H2-12#	34.21				
233	REYNOLDS John		1944 H1-13#					
200				30.77				

BIB	Name	CAT	BORN	QU	ALIFICA	TION/C	UARTER	R/ SEM	FINAL & FINAL
	ht Throw - M60								
158	GREEN Ray	M60	1944 H1		13.23				
233	REYNOLDS John	M60	1944 H2		13.53				
275	YOUNG Peter	M60	1946 H1-	11#	9.24				
Weig	ht Pentahtlon - M60								
158	GREEN Ray	M60	1944					12#	3899
233	REYNOLDS John	M60	1944					35#	2806
275	YOUNG Peter	M60	1946					23#	3379
100n	n - M65								
113	BUYERS Colin	M65	1942 H5-	2#	13.35	S2-2#	13.09	4#	12.86
131	COOPER John	M65	1938 H2-	-5#	14.29				
184	KERNAGHAN Barrie	M65	1940 H4-	3#	14.35				
251	STEVENSON Michael	M65	1940 H1-	2#	13.91	S1-6#	13.79		
259	TURNER Frederick	M65	1941 H3-		14.15		13.90		
	n - M65	,,,,,	1. 1. 1. 1. 1.		1 11 1 2				
113	BUYERS Colin	M65	1942 H5-	1#	26.94	S2-1#	27.13	1#	26.16
131	COOPER John	M65	1938 H6-		28.70				20110
184	KERNAGHAN Barrie	M65	1940 H4-		27.42	S2-2#	27.54	6#	27.56
259	TURNER Frederick	M65	1941 H1-		28.50		28.76	On	27.50
	n - M65	14103	1771 111	211	20.50	JI OF	20.70		
113	BUYERS Colin	M65	1942 H4-	3#	1.04.06	S2-1#	1:01.94	2#	58.90
173	IRELAND Tony	M65	1942 H1-				1:02.66		1:00.69
184	KERNAGHAN Barrie	M65	1940 H5-				1:04.48	Ji	1.00.07
251	STEVENSON Michael	M65	1940 H2-				1:03.03		
258	TREMBATH Richard	M65	1942 H3-				1:04.13	6#	1:05.05
259	TURNER Frederick	M65	1941 H3-		1:07.32	31-4#	1.04.13	OH	1.03.03
	1 - M65	MOS	1741 [13-	4#	1.07.32				
173	IRELAND Tony	M65	1942 S1-	1#	2:29.85			1#	2:22.51
								12#	2:32.81
232	RENNIE George	M65	1941 S2-1		2:30.90				
258	TREMBATH Richard	M65	1942 S3-		2:33.77			9#	2:28.98
264	WAITE John	M65	1940 S3-	12#	3:25.80				
	m - M65	4465	1011 61	2.44	E.47.74				E.04 E7
232	RENNIE George	M65	1941 S1-		5:17.74			6#	5:04.57
240	SANDERY Peter	M65	1941 S3-		5:05.13			8#	5:07.52
241	SCHICKERT Bob	M65	1941 S2-		5:38.14				
264	WAITE John	M65	1940 S2-	11#	7:00.16				
	m - M65		10.11					0011	00.35.57
103	BENNETT Ralph	M65	1941					20#	20:35.56
111	BROWN Malcolm	M65	1940					40#	22:37.88
167	HERTZ John Leslie	M65	1939					42#	23:08.64
240	SANDERY Peter	M65	1941					6#	18:40.40
241	SCHICKERT Bob	M65	1941					28#	21:22.52
264	WAITE John	M65	1940					49#	23:54.30
271	WINDLE Chris	M65	1940					56#	25:47.62
1000	0m - M65								
111	BROWN Malcolm	M65	1940					32#	50:32.56
240	SANDERY Peter	M65	1941					2#	39:27.20
100m	Hurdles - M65								
251	STEVENSON Michael	M65	1940 S3-1	1#	16.64			4#	16.83
300m	Hurdles - M65								
152	GAY Albert	M65	1941 S1-4	4#	54.37				
251	STEVENSON Michael	M65	1940 S2-3		50.37			2#	48.29
258	TREMBATH Richard	M65	1942 S3-		50.62			4#	49.18

111001011		_					
BIB Name	CAT	BORN QU	IALIFICA	TION/C	QUARTER	R/ SEM	I FINAL & FINAL
2000m Steeplechase - M65							
240 SANDERY Peter	M65	1941				5#	8:14.11
241 SCHICKERT Bob	M65	1941				10#	8:47.90
8Km Cross Country - M65							
111 BROWN Malcolm	M65	1940				37#	37:54
167 HERTZ John Leslie	M65					38#	38:19
240 SANDERY Peter	M65	1941				1#	29:39
241 SCHICKERT Bob	M65	1941				16#	33:17
264 WAITE John	M65	1940				35#	37:01
271 WINDLE Chris	M65	1940				22#	34:58
5000m Walk - M65							
103 BENNETT Ralph	M65	1941				1#	26:50.80
140 DICKINSON Murray	M65	1938				4#	27:57.00
10Km Road Walk - M65							
103 BENNETT Ralph	M65	1941				1#	55:56
140 DICKINSON Murray	M65	1938				4#	57:42
20Km Road Walk - M65							
103 BENNETT Ralph	M65	1941				2#	1:54:57
ong Jump - M65							
152 GAY Albert	M65	1941 H1-7#	4.35			8#	4.35
259 TURNER Frederick	M65	1941 H2-5#	4.40			9#	4.18
Pole Vault - M65							
152 GAY Albert	M65	1941				15# 2.	.60
Decathlon - M65							
152 GAY Albert	M65	1941				3#	6898
100m - M70							
122 CHAMBERS Donald	M70	1937 H6-4#	14.59	S2-6#	14.44		
126 CLIVE David	M70	1937 H3-1#	13.98	51-3#	13.76	5#	13.85
28 COOGAN Hugh		1935 H4-2#		S2-2#	13.79	4#	13.70
234 RICHARDS Norman	M70	1937 H1-3#	14.66	S1-8#	14.65		
273 WOOD Allan	M70	1937 H2-6#	17.63				
200m - M70							
122 CHAMBERS Donald	M70	1937 H2-1#	29.77	S2-8#	30.84		
126 CLIVE David	M70	1937 H4-1#	28.23	S1-2#	28.31	3#	28.15
128 COOGAN Hugh	M70	1935 H1-1#	27.28	S2-1#	28.75	2#	27.62
134 COZENS Robert	M70	1936 H5-2#	29.67	S2-4#	29.99	7#	29.62
234 RICHARDS Norman	M70	1937 H3-3#	29.45	S2-6#	30.30		
273 WOOD Allan	M70	1937 H6-6#	35.48				
400m - M70							
22 CHAMBERS Donald	M70	1937 H4-4#	1:12.22				
26 CLIVE David	M70	1937 H5-1#	1:10.48	S2-7#	1:29.09		
28 COOGAN Hugh		1935 H3-1#		S2-2#	1:04.27	2#	1:02.93
134 COZENS Robert	M70	1936 H2-3#			1:11.93		
234 RICHARDS Norman	M70	1937 H1-5#	1:15.91		alalia a alakan		
273 WOOD Allan	M70	1937 H2-6#	1:26.75				
800m - M70							
144 DUNN Terence	M70	1937 52-10#	3:10.11				
181 JOHNSTONE Peter	M70	1936 S3-10#					
5000m - M70							
44 DUNN Terence	M70	1937				25#	26:42.87
81 JOHNSTONE Peter	M70	1936				35#	27:48.46
30m Hurdles - M70		. 1.5.5					
122 CHAMBERS Donald	M70	1937 S3-4#	15.53				

Riccione 4	-15 Se	eptember 2007 (cont.)
CAT	BORN	QUALIFICATION/QUARTER/ SEMI FINAL & FINAL

	171001011			Ciliber 2007 (
	Name	CAT	BORN QU	ALIFICATION/QUARTE	R/ SEM	I FINAL & FINAL
	Hurdles - M70	1170	4027.62.4#	FF 20		E4.42
	CHAMBERS Donald	M70	1937 S3-1#	55.39	6#	54.63
	Cross Country- M70	M70	1936		34#	E2.10
	JOHNSTONE Peter n Walk - M70	M/U	1930		34#	52:10
	BEAUMONT lan	M70	1936		29#	37:58.25
	DUNN Terence		1937		12#	32:21.45
			1933		21#	35:33.20
	MAJOR Geoffrey		1936		10#	31:59.50
	SMITH Leigh	M70	1935		18#	34:11.40
	Road Walk - M70	14170	1733		10#	34.11.40
	BEAUMONT Ian	M70	1936		30#	1:18:40
	DUNN Terence		1937		15#	1:07:05
	JANES Bertram		1933		20#	1:11:24
	MAJOR Geoffrey	M70	1936		13#	1:05:42
	SMITH Leigh	M70	1935		17#	1:10:33
	Road Walk - M70	1417 0	1733		1777	1.10.55
	MAJOR Geoffrey	M70	1936		12#	2:17:56
	Jump - M70	1417 0	1730		I Z#	2.17.30
	CHAMBERS Donald	M70	1937		15#	3.70
	CLIVE David	M70	1937		3#	4.52
	Jump - M70	14170	1737		3#	4.32
	DUNN Terence	M70	1937		20#	1.20
	HANCOCK Thomas	M70	1936		13#	1.32
	ault - M70	1417 0	1730		ıJπ	1.32
	DUNN Terence	M70	1937		12#	2.00
	Put - M70	14170	1737		IZπ	2.00
	BEESLEY Cecil	M70	1935 H1-6#	11.55	12#	10.76
	HANCOCK Thomas		1936 H2-4#	11.60	10#	11.63
	Throw - M70	14170	1750 112 411	11.00	1 Οπ	11.05
	BEESLEY Cecil	M70	1935 H2-11#	30.79		
	HANCOCK Thomas		1936 H1-3#		10#	32.46
	n Throw - M70	747.0	1750 111 311	30.10	10//	32.10
	BEESLEY Cecil	M70	1935 H2-10#	31 49		
	DUNN Terence		1937 H1-12#			
	HANCOCK Thomas		1936 H1-5#		13#	35.82
	er Throw - M70	11170	1750 111 511	37.31	1311	33.02
	HANCOCK Thomas	M70	1936 H2-6#	34.63		
	t Throw - M70	11170	1750 112 011	31.03		
-	HANCOCK Thomas	M70	1936 H1-5#	15.67	11#	15.22
	t Pentahtlon - M70	71170	1750 111 311	13.07	• • • • • • • • • • • • • • • • • • • •	13.22
	BEESLEY Cecil	M70	1935		15#	3402
	HANCOCK Thomas		1936		7#	4280
800m		71170	1750		* **	.200
	CARR David	M75	1932 S2-2#	3:05.09	1#	2:38.99
	n - M75	11175	1752 52 27	3.03.07		2130177
	CARR David	M75	1932		1#	5:58.30
	HARREX Stanley	M75	1928		13#	9:12.35
	n - M75	.117 5	. / 20			
	HARREX Stanley	M75	1928		11#	32:14.13
	m - M75		. / _ 0			
	HARREX Stanley	M75	1928		7#	1:06:30.43
	Cross Country - M75	.117 3	. / _ 0		•	
	HARREX Stanley	M75	1928		11#	55:20
					2 245	0.000

Riccione 4-15 September 2007 (cont.)							
BIB Name	CAT	BORN QU	ALIFICA	TION/C	UARTER	R/ SEM	I FINAL & FINAL
10Km Road Walk - M75							
162 HARREX Stanley	M75	1928				12#	1:24:56
100m - M80							
245 SINCLAIR James	M80	1924 S1-5#	18.11				
257 THOMSON James A	M80	1927 S2-4#	17.20				
200m - M80	1100	100 / 5/ / //	20.27				
245 SINCLAIR James	M80	1924 S1-6#	38.37			711	24.27
257 THOMSON James A	M80	1927 S2-4#	35.70			7#	36.27
400m - M80 245 SINCLAIR James	M80	1924				4#	1:30.70
257 THOMSON James A	M80	1924				2#	1:24.46
5000m - M80	MOU	1727				LH	1.24.40
115 CAMPBELL Bruce	M80	1926				8#	33:42.37
10000m - M80	14100	1720				On	33.42.37
115 CAMPBELL Bruce	M80	1926				5#	1:07:29.83
8Km Cross Country - M80	71100	1720				311	1.07.27.03
115 CAMPBELL Bruce	M80	1926				2#	51:33
100m - M85	,,,,,	.,					
179 JOHNSTON Mike	M85	1921				2#	17.06
200m - M85							
179 JOHNSTON Mike	M85	1921				1#	35.79
800m - M85							
179 JOHNSTON Mike	M85	1921				3#	3:47.89
100m - M90							
250 STEVENS Jack	M90	1916				2#	1:01.27
100m - W35			le can Micros	same made			
171 HOBSON Ranell	W35	1972 H1-1#	12.91	S2-2#	12.65	4#	12.83
200m - W35			04.40	co	04.40		
171 HOBSON Ranell	W35	1972 H5-3#	26.48	52-6#	26.43		
100m Hurdles - W35	14/25	4072					47.00
226 PHILLIPS Toni	W35	1972				6#	17.99
400m Hurdles - W35	W/25	1972 S1-3#	1:15.88			7#	1:09.99
150 FIEN Mary 2000m Steeplechase - W35	4422	17/2 31-3#	1.13.00			1#	1.07.77
150 FIEN Mary	W35	1972				4#	7:26.72
100m - W40	*****	1772				7117	7.20.72
109 BRIMS Julie	W40	1966 H1-1#	12.56	\$1-1#	12.37	3#	12.52
204 MOGENTALE Gianna		1963 H4-1#			12.48	2#	12.45
209 NAYLON Janet		1966 H3-4#			13.46		12.15
272 WOLFENDEN Deborah		1963 H2-7#	17.57	52 011	.50		
200m - W40							
109 BRIMS Julie	W40	1966 H2-1#	25.13	S2-3#	26.85	1#	25.43
204 MOGENTALE Gianna		1963 H3-1#		S1-1#	25.68	2#	25.97
272 WOLFENDEN Deborah	W40	1963 H4-8#	37.20				
400m - W40							
204 MOGENTALE Gianna	W40	1963 H4-2#	1:01.52	S1-3#	1:00.14	5#	1:00.44
800m - W40							
129 COOMBE Amanda	W40	1967				13#	2:39.16
1500m - W40		12.22.22.31.31.3					
129 COOMBE Amanda	W40	1967 S1-11#	5:32.30				
2000m Steeplechase - W40	11115	1017				440	0.47.04
129 COOMBE Amanda	W40	1967				11#	9:17.86

VICTORIAN MASTERS ATHLETICS INC MEMBERSHIP APPLICATION FORM 2008 Fees fall due on January 1 each year.

Please indicate (with tick) which category you are applying in: (see next 2 pages for explanation of categories)

Renewing 2007 VMA member - \$35

Renewing-For two at the same address cost is \$55.

Lapsed VMA member - \$10 joining fee + \$35 = total \$45;

Lapsed two at the same address cost is \$75.

Associate member - \$20

Volunteer member - \$20

New member

a. joining before June 1; \$10 joining fee + \$35 = total \$45. Two at the same address \$75.

p. joining June to end of September; \$10 joining fee + \$25 = total \$35. Two at same address \$60

c. joining after end of September cost is the same as for (a.) but will cover 2009 as well.

d. country residents outside a radius of 50km of GPO, for 1st year only: \$10 joining fee + \$20 = total \$30

Do you wish to receive the newsletter via E-mail?

Occupation or area of expertise:

Please make cheques or money orders payable to VMA and send to address below. Most venues will accept cash and forward your application for you, or else drop the cash off at the address below.

If paying by credit card (see below) an extra \$1 will be charged per transaction.

SUBSCRIPTION SECRETARY: Astrid Rose, P.O.Box 277, Surrey Hills, 3127 Ph: 9836 2350

Disclaimer

I hereby declare that I am in good health and will be properly conditioned for the activities which I will enter with the Victorian Masters Athletics Inc. during the year 2008. I absolutely relieve the Victorian Masters Athletics Inc. of any responsibility for any injury or damage to myself which I may sustain in the course of competing in events organised by that club.

Signed:

UNIFORMS & CLUB MERCHANDISE.

For information on VMA uniforms contact Graham Philpott Ph: 9568 0495

NOTE: CLUB UNIFORM MUST BE WORN FOR ALL CLUB CHAMPIONSHIP EVENTS.

VMA PRIVACY STATEMENT

Personal information collected by the club for registration purposes will not be passed to third parties except those sporting bodies with which the club is affiliated for the purposes of registering the member with that body. Any member may at any time check their personal details as held by the club.

Credit Card Payment *	Bankcard	Mastercard	Visa
Card Number:			
Expiry Date:	lame on Card:		
Signature:			

^{*} A \$1 transaction fee applies.

Membership Fees

Fees shall be determined by the VMA Committee on an annual basis to be applicable for each forthcoming year.

Membership fees apply for the period from 1st January to 31st December and fall due for payment on 1st January of each Financial Year and should be paid by the 31st January. Individuals who have not paid by the end of February, shall be considered unfinancial and shall not be entitled to compete in Venue or Championship events. If the fees are not paid by 31st March, membership may be cancelled.

Fees should be forwarded to the Subscriptions Secretary but will be accepted at Venues for onforwarding.

tor	onforwarding. <u>Fe</u>	es as at	1 January,	2008
		Joining	Subscription	<u>Total</u>
Ren	<u>ewals</u>			
Mem	nbers will be subject to an annual subsc iption.		\$35	\$35
In th	ne case of 2 members residing at the salle address.		\$55	\$55
New	Members			
(i)	Individuals joining between lst January and 31st May.	\$10	\$35	\$45
	For 2 members residing at the same address.	\$20	\$55	\$75
(ii)	Those applying during the period 1^{st} June to 30^{th} September	r \$10	\$25	\$35
	2 members residing at the same address.	\$20	\$40	\$60
(iii)	Applications from 1st October to 31st December.	\$10	\$35	\$45
	In these cases, membership will be covered			
	until the end of the next financial year.			
	Two members residing at the same address.	\$20	\$55	\$75
(iv)	Country individuals residing outside a radius or 50km			
	of GPO and joining for the first time, for the first			
	year only. (No further discount for 2 members	\$10	\$20	\$30
	residing at the same address.)			
Laps	sed Membership			
	member who is unfinancial for a period exceeding			
	months shall be deemed to be a lapsed member and	\$10	\$35	\$45
	required to rejoin. members residing at the same address.	\$20	\$55 \$55	\$75
IWU	members residing at the same address.	720	200	213

Fees as at 1 January, 2008

	Subscription	<u>Total</u>
Associate Members		
Individuals aged between 16-29 may join as an Associate		
Member. They would be entitled to run in Venue events	\$20	\$20
but would be ineligible to participate in Championship		
events or receive Master's trophies.		
Social Member		
Anyone wishing to attend Venues on purely social basis may join as a Social Member under the category of Associate Member.	\$20	\$20
Volunteer Member		
Those individuals who act in a voluntary capacity by assisting		
in the running of events or other functions at Venues may		
join as a Volunteer Member under the category of Associate		
Member.	\$20	\$20
Should the respective Venue wish to reward them for their		
efforts, they may pay the membership fee on their behalf.		
Members in the Associate category would not be entitled to		
receive a printed copy of News & Results via the mail nor		
have any voting rights.		
<u>Transaction fee</u>		
Any payments made by Credit Card will incur		
a transaction fee to cover bank charges.	\$1	\$1

BIB Name	CAT	BORN C	UALIFICA	TION/	QUARTE	R/ SEM	II FINAL & FINAL
Long Jump - W40							
109 BRIMS Julie	W40	1966 H2-3#				3#	5.32
209 NAYLON Janet	W40	1966 H1 ₂ 2#	4 4.82			8#	4.69
Triple Jump - W40							
109 BRIMS Julie	W40	1966				3#	11.28
Shot Put - W40							
165 HENRICKS Kristin	W40	1966				15#	7.51
Discus Throw - W40							
165 HENRICKS Kristin	W40	1966				14#	17.86
Hammer Throw - W40							
165 HENRICKS Kristin	W40	1966				18#	27.67
Weight Throw - W40							
165 HENRICKS Kristin	W40	1966				14#	9.42
100m - W45							
256 THOMPSON Roberta	W45	1962 H4-2#	13.38	52-3#	13.15	5#	13.38
200m - W45							
256 THOMPSON Roberta	W45	1962 H2-1#	26.96	51-3#	27.25	8#	27.42
400m - W45							
182 KAY Marie		1960 H4-1#				1#	59.18
222 PENN Cristine		1958 H1-4#			1:06.66		
256 THOMPSON Roberta	W45	1962 H3-2#	1:01.91	52-2#	1:02.24	5#	1:01.81
800m - W45							
222 PENN Cristine	W45	1958 S1-4#	2:26.26			9#	2:27.94
400m Hurdles - W45		1010 50 3"					
123 CHAPMAN Susan	W45	1960 S2-3#	1:20.24				
Heptathlon - W45		1010					1000
123 CHAPMAN Susan	W45	1960				5#	4008
182 KAY Marie	W45	1960				1#	5860
Shot Put - W45	14/45	4050 112 0//	0.20				
153 GIBBINS Sharon	W45	1958 H2-9#	9.28				
Discus Throw - W45	14/45	4050 112 54	20.02			0.11	24.24
153 GIBBINS Sharon	W45	1958 H2-5#	30.93			8#	31.36
Hammer Throw - W45	WALE	1059				4.44	27.02
153 GIBBINS Sharon	W45	1936				4#	36.93
Weight Throw - W45	WAE	1050				5#	12.02
153 GIBBINS Sharon	W45	1936				5 #	12.03
Weight Pentahtlon - W45 153 GIBBINS Sharon	W45	1958				5#	2720
100m - W50	VV45	1730				5#	3720
94 ALDERMAN Dianne	WEO	1956 H5-3#	14.74	S2-7#	14 40		
200m - W50	**30	1730 113-3#	14.74	32-1#	14.47		
94 ALDERMAN Dianne	W50	1956 H5-3#	29.81	S2-6#	20 08		
177 JENKINS Dorn		1955 H4-4#		S2-7#			
800m - W50	**30	1755 114-4#	30.47	3L-1#	30.17		
221 PELGRIM Annette	W50	1954 S1-9#	2:56.99				
1500m - W50	** 30	1754 51-7#	2.30.77				
221 PELGRIM Annette	W50	1954 S2-8#	5:49.74			12#	5:56.79
5000m - W50	11 70	1757 32-0#	3.77.74			Lit	3.30.77
107 BOWMAN Carol Lee	W50	1954				23#	26:53.01
168 HERTZ Julie Anne	W50					22#	26:39.32
221 PELGRIM Annette	W50					9#	21:38.98
ZZ. I ZZONIM AMICCIC	1130	. , , ,				/11	21.30.70

		-	tember 2007 (
BIB Name	CAT	BORN QL	JALIFICATION/QUARTE	R/SEN	II FINAL & FINAL
10000m - W50					
221 PELGRIM Annette	W50	1954		8#	46:34.17
8Km Cross Country - W50					
107 BOWMAN Carol Lee		1954		33#	39:46
168 HERTZ Julie Anne		1957		37#	42:47
221 PELGRIM Annette	W50	1954		17#	35:23
5000m Walk - W50					
172 HOLMES Janet	W50	1953		6#	29:43.30
10Km Road Walk - W50					
172 HOLMES Janet	W50	1953		11#	1:03:30
20Km Road Walk - W50					
263 VENTRIS Lynette	W50	1956		2#	1:54:52
100m - W55					
137 DENEHEY Jessica	W55	1950 S1-5#	15.78		
218 PEAKE Evelyn	W55	1950 S2-3#	15.75		
260 TURNER Janette	W55	1949 53-7#	16.24		
200m - W55					
218 PEAKE Evelyn	W55	1950 S1-3#	31.37		
260 TURNER Janette	W55	1949 53-4#	32.79		
400m - W55					
218 PEAKE Evelyn	W55	1950 H3-3#	1:12.07 S2-4# 1:12.48	8 8#	1:12.00
260 TURNER Janette	W55	1949 H4-6#			
800m - W55					
137 DENEHEY Jessica	W55	1950 S2-4#	2:50.00	7#	2:45.00
1500m - W55					
205 MOORHOUSE Paula	W55	1948 S2-7#	6:32.19	12#	6:25.00
5000m - W55	,,,,,	17 10 02 711	0.02.1.7		0.25.00
105 BLURTON Barbara	W55	1950		21#	24:16.72
170 HILL Avril		1948		28#	28:02.86
205 MOORHOUSE Paula	W55	1948		22#	24:40.65
80m Hurdles - W55	1133	. ,			21110103
224 PERKINS Wilma	W55	1949 \$1-3#	15.23	5#	15.05
8Km Cross Country - W55	1133	171731311	13.23	311	13.03
119 CATTERMOLE Margaret	W55	1948		34#	45:18
170 HILL Avril		1948		32#	43:38
205 MOORHOUSE Paula		1948		21#	37:14
5000m Walk - W55	1133	1740		211	37.14
118 CARR Heather	W/55	1949		2#	28:07.40
149 FELDMAN Elizabeth		1948		5#	29:52.40
10Km Road Walk - W55	44.33	1740		J#	27.32.40
149 FELDMAN Elizabeth	WEE	1948		4#	1:01:36
20Km Road Walk - W55	4422	1740		4#	1.01.30
118 CARR Heather	WEE	1949		2#	2.01.22
					2:01:33
149 FELDMAN Elizabeth	W55	1948		5#	2:09:20
Long Jump - W55	MEE	1040		4.4	4.26
224 PERKINS Wilma	W55	1949		1#	4.36
Pole Vault - W55	14/55	10.49		E#	1.00
119 CATTERMOLE Margaret	W55	1948		5#	1.80
224 PERKINS Wilma	W55	1949		3#	2.20
Heptathlon - W55	14/55	10.40		2#	F 400
224 PERKINS Wilma	W55	1949		2#	5400

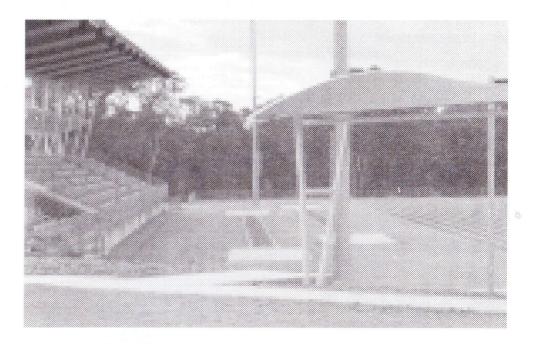
BIB	Name	CAT	BORN	QUA	ALIFICA	TION/C	UARTE	R/ SEM	FINAL & F	INAL	-
Shot	Put - W55										
243	SCHULTZ Christine	W55	1951 H2	-1#	10.89			4#	11.35		
262	VAN BOCKEL Adriana	W55	1952 H1	-14#	6.53						
Disc	us Throw - W55		6	,							
243	SCHULTZ Christine	W55	1951 H1	-5#	28.95			6#	30.91		
262	VAN BOCKEL Adriana	W55	1952 H2	-9#	19.83						
Jave	lin Throw - W55										
262	VAN BOCKEL Adriana	W55	1952 H2-	-8#	16.89						
Ham	mer Throw - W55										
155	GLASS Kathryn	W55	1950					5#	34.82		
208	MUSSETT Lorraine	W55	1949					17#	21.49		
243	SCHULTZ Christine	W55	1951					8#	30.82		
262	VAN BOCKEL Adriana	W55	1952					9#	29.55		
Weig	ht Throw - W55										
155	GLASS Kathryn	W55	1950					6#	11.72		
208	MUSSETT Lorraine	W55	1949					16#	6.30		
243	SCHULTZ Christine	W55	1951					9#	10.48		
262	VAN BOCKEL Adriana	W55	1952					11#	8.57		
Weig	ht Pentahtlon - W55										
155	GLASS Kathryn	W55	1950					6#	3693		
243	SCHULTZ Christine	W55	1951					4#	3770		
262	VAN BOCKEL Adriana	W55	1952					10#	2558		
100n	n - W60										
231	REEVES Valerie June	W60	1945 H1-	-2#	15.21	S2-3#	15.19	5#	15.29		
200n	n - W60										
194	MACLIVER Peggy	W60	1944 H4-	-3#	31.66	S1-5#	31.62				
231	REEVES Valerie June	W60	1945 H3-	-3#	31.30	S2-4#		8#	31.72		
400n	n - W60										
95	ALLISON Marjorie	W60	1944 53-	1#	1:12.63			4#	1:10.94		
194	MACLIVER Peggy	W60	1944 S2-	2#	1:12.43			3#	1:10.10		
800n	n - W60										
95	ALLISON Marjorie	W60	1944 S2-	3#	3:04.67			8#	2:57.95		
160	HAMPSON Jean	W60	1945 S2-	7#	3:14.53			10#	3:15.80		
194	MACLIVER Peggy	W60	1944 S1-	4#	3:00.38			6#	2:54.96		
1500	m - W60										
159	HALBERG Jacquelin	W60	1946 S2-	6#	6:13.30			6#	5:55.03		
160	HAMPSON Jean	W60	1945 S1-	6#	6:33.45			12#	6:30.57		
191	LLOYD Susan	W60	1945 S1-	5#	6:31.23			14#	6:38.69		
5000	m - W60										
159	HALBERG Jacquelin	W60	1946					11#	22:58.60		
180	JOHNSTONE Heather	W60	1944					29#	31:35.03		
191	LLOYD Susan	W60	1945					14#	23:26.99		
213	OLDFIELD Christine	W60	1944					24#	28:08.51		
300m	Hurdles - W60										
95	ALLISON Marjorie	W60	1944					3#	56.01		
8Km	Cross Country - W60										
159	HALBERG Jacquelin	W60	1946					12#	36:59		
160	HAMPSON Jean	W60	1945					19#	41:13		
180	JOHNSTONE Heather	W60	1944					37#	52:34		
191	LLOYD Susan	W60	1945					11#	36:58		
213	OLDFIELD Christine	W60	1944					29#	45:15		

	Riccion	ie 4-	15	26						
	Name	CAT	BOR	N	QU	ALIFICAT	TION/QUAR	TER/ SEM	I FINAL & F	INAL
	t Put - W60									
	THOMAS Mary	W60	1944	H2	-6#	9.01		15#	8.82	
Disc	cus Throw - W60									
	BIRTWELL Lorraine	W60	1943	H1	-7#	22.63		16#	21.98	
	THOMAS Mary	W60	1944	H2	-5#	22.68		9#	25.85	
	elin Throw - W60									
	THOMAS Mary	W60	1944					3#	30.81	
Han	nmer Throw - W60									
104		W60						16#	22.11	
	THOMAS Mary	W60	1944					11#	26.07	
	ght Throw - W60									
104	BIRTWELL Lorraine	W60	1943					9#	10.32	
	THOMAS Mary	W60	1944					7#	11.51	
Wei	ght Pentahtlon - W60									
255	THOMAS Mary	W60	1944					3#	3946	
100	m - W65									
216	PARRIS Noreen	W65	1942	S3-	2#	15.50		3#	15.50	
200	m - W65									
163	HARRIS Frances Elaine	W65	1941	S1-	5#	38.74				
216	PARRIS Noreen	W65	1942	S2-	2#	32.67		5#	32.62	
252	STOBAUS Anne	W65	1941	53-	2#	33.30		6#	33.16	
400	m - W65									
163	HARRIS Frances Elaine	W65	1941	S2-	5#	1:27.89				
216	PARRIS Noreen	W65	1942	S2-	1#	1:19.58		4#	1:17.80	
252	STOBAUS Anne	W65	1941	S1-	1#	1:13.99		1#	1:14.14	
800	m - W65									
163	HARRIS Frances Elaine	W65	1941	S2-	5#	3:39.98				
	0m - W65									
110	BROWN Helen	W65	1941					15#	29:27.43	
300	m Hurdles - W65									
163	HARRIS Frances Elaine	W65	1941					2#	1:09.19	
200	Om Steeplechase - W65									
	HARRIS Frances Elaine	W65	1941					3#	11:31.89	
	SCHICKERT Lynne		1941					4#	14:12.30	
	Cross Country - W65									
	BROWN Helen	W65	1941					14#	47:39	
	0m Walk - W65									
	BEAUMONT Margaret	W65	1938					17#	36:59.50	
	KING Natalie		1942					24#	39:32.30	
	MACHIN Sylvia		1941					4#	31:42.50	
	PURCELL Joan		1941					18#	37:09.00	
	SCHICKERT Lynne		1941					21#	37:49.70	
	m Road Walk - W65	1103	1711					2. 177	37.47.70	
	BEAUMONT Margaret	W65	1938					19#	1:16:11	
	KING Natalie		1942					24#	1:24:54	
	MACHIN Sylvia		1941					4#	1:05:09	
	SCHICKERT Lynne		1941					16#	1:15:07	
	m Road Walk - W65	*****	ודעו					ι Οπ	1.13.07	
101	BEAUMONT Margaret	W/4E	1029					11#	2:41:37	
227			1938					8#		
242			1941					9#	2:33:35 2:36:55	
242	SCHICKERT Lynne	VV 00	1941					7#	2.30.33	

BIB Name	CAT	-	UALIFICATION/QUARTE		
Long Jump - W65					
163 HARRIS Frances Elaine	W6			10#	2.92
Triple Jump - W65 242 SCHICKERT Lynne Heptathlon - W65	W6	5 1941		4#	5.74
163 HARRIS Frances Elaine Shot Put - W65	W6	5 1941		5#	4217
98 BANENS Janice Discus Throw - W65	W65	1941		11#	7.70
98 BANENS Janice Javelin Throw - W65	W65	1941		12#	18.97
	W65	1941		10#	20.23
163 HARRIS Frances Elaine	W65	1941		9#	20.70
Hammer Throw - W65					
98 BANENS Janice	W65	1941		2#	35.01
Weight Throw - W65	MICE	10.44		2.4	42.40
	W65	1941		3#	13.18
Weight Pentahtlon - W65 98 BANENS Janice 100m - W70	W65	1941		9#	3063
127 COLLINS Corinne 200m - W70	W70	1936 H2-3#	17.84 S2-4# 17.56	6#	17.44
127 COLLINS Corinne 400m - W70	W70	1936 S1-3#	36.49	5#	36.30
127 COLLINS Corinne 800m - W70	W70	1936 51-3#	1:26.40	4#	1:25.23
127 COLLINS Corinne Shot Put - W70	W70	1936		6#	3:34.09
274 WORRELL Valerie Discus Throw - W70	W70	1935		16#	6.25
274 WORRELL Valerie Hammer Throw - W70	W70	1935		10#	18.25
274 WORRELL Valerie Weight Throw - W70	W70	1935		1#	28.82
274 WORRELL Valerie Weight Pentahtlon - W70	W70	1935		2#	11.40
	W70	1935		5#	3775
130 COOPER Ann 200m - W75	W75	1928 S2-1#	16.61	1#	16.79
130 COOPER Ann 800m - W80	W75	1928		1#	35.96
108 BRASHER Shirley 1500m - W80	W80	1926		2#	4:42.05
108 BRASHER Shirley 8Km Cross Country - W80	W80	1926		3#	9:44.78
108 BRASHER Shirley Triple Jump - W80	W80	1926		2#	58:55
108 BRASHER Shirley Weight Pentahtlon - W80	W80	1926		1#	4.60
108 BRASHER Shirley	W80	1926		5#	2691

36th AMA National Championships 2008

On behalf of Australian Masters Athletics and in conjunction with Athletics New South Wales, New South Wales Masters Athletics would like to invite you to attend the 36th Australian Masters Athletics Championships, to be held at Sydney's Blacktown Olympic Park from March 21-24, 2008.



Blacktown Olympic Park boasts an auspicious heritage - athletes from around the world used it as a training venue in the lead-up to the 2000 Sydney Olympics. When you compete at Blacktown Olympic Park, you'll be stepping into the same stadium that saw the likes of the Kenyan running team, Finnish shot put gold medallist Arsi Harju, British heptathlete Denise Lewis, decathlon world record holder Roman Sebrle, Caribbean sprinters Ato Boldon and Obadele Thompson (and many more big stars) prepare for their Olympic campaign.

Today, Blacktown Olympic Park, with its an eight-lane mondo running track and additional areas for throwing events, remains a world-class venue and continues to host major athletics events.

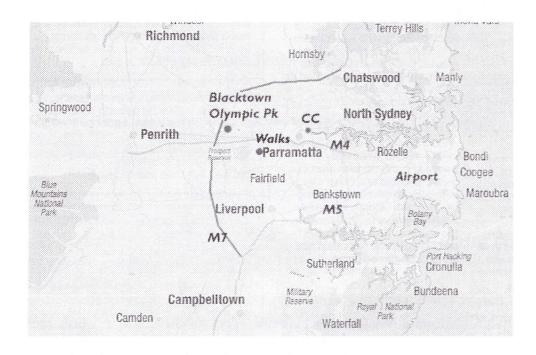
36th AMA National Championships 2008 (cont.)

CROSS-COUNTRY

The cross-country events will he held at Upjohn Park in Parramatta - 26km from Blacktown, about a 30-minute drive. A bus will be provided from Blacktown to the venue.

WALKS

The walks will be held at the Gipps Road Sporting Complex, Gipps Road, Greystanes - 14km from the Blacktown complex, a 20-minute drive. A bus will be provided from Blacktown to the venue.



COACHES AND ATHLETES FORUMS

The coaches and athletes forums will be held in the function room at Blacktown Olympic Park.

36th AMA National Championships 2008 (cont.)

ACCOMMODATION



We recommend that people stay at the Holiday Inn, Rooty Hill, which is adjacent to and runs in conjunction with the Rooty Hill RSL. They are offering special discounts at the restaurants and for show tickets, a complimentary pass to the RSL Fitness and Aquatic Centre next door, plus complimentary vouchers for soft drinks. Vouchers will be included in the registration package for all athletes. Most restaurants will be open over the Easter weekend, while the Fitness and Aquatic Centre is closed on Good Friday only.

Telephone: (02) 9832 3888.

Fax (02) 9832 1347.

Central reservations: 1300 363 300 (local call charge within Australia).

Web: Holiday Inn - Rooty Hill.

Email: holidayinnrootyhill@ichotelsgroup.com

36th AMA National Championships 2008 (cont.)

SHUTTLE BUS

A shuttle bus will operate between the Rooty Hill Holiday Inn and Blacktown Olympic Park every day of the championships. Currently, it's planned that the shuttle will run from 8.30am-10.30am and from 3.30pm-5.30pm. In addition, bus transport can be arranged from Sydney Airport to the Rooty Hill Holiday Inn, although members will need to advise us of their arrival times at the airport. The cost for this service is expected to be between \$10 and \$20 per person.

DINNER AND AWARDS EVENING

The championships major social occasion, the dinner and awards evening, will be held at the Rooty Hill RSL Club, next door to the Holiday Inn, on Saturday, March 22. For just \$49 per person, guests will enjoy a two-course dinner (plus two complimentary bottles of wine and soft drink for each table), a live band, a dance floor for those with energy left, and several excellent spot prizes.

GETTING THERE

Mini-bus transport can be arranged from the airport to the Holiday Inn as above. From the airport to the track is about 50-55 minutes by car, travelling via the M5 and M7 motorways. Alternatively, you can travel by train from the airport to Central Station, then change trains to Blacktown. The Rooty Hill station is 1.5km from the hotel and a similar distance from the track.

MERCHANDISE

The official 2008 championships T-shirt is a short-sleeve sports top in royal blue with light-blue side panels in a breathable high-tech fabric and sporting the 2008 championships logo. It comes in sizes small to extra-large and costs \$30.

OTHER ATTRACTIONS

The **Sydney Royal Easter Show** is a great place to take the family for the day. See its "new" home at the Showground, Homebush, 26km (about 20 minutes by car) from Blacktown Olympic Park. Combined train/Easter Show tickets are available from any city station. The **Blue Mountains** are a World Heritage-listed natural attraction less than an hour's drive from Blacktown.

For further information, contact

infoAMA2008@nswmastersathletics.org.au

NSW Masters Athletics Inc

http://www.nswmastersathletics.org.au

Athletics NSW

http://www.nswathletics.org.au

Blacktown Olympic Park

http://www.blacktownolympicpark.com.au

Train, bus, ferry information such as routes, timetables etc: Phone 131 500 for information or check on the internet at http://www.cityrail.info.networkmaps/index.jsp

Another world record in The Sixty Minutes

(Doncaster Venue, 24 Sep 07)

Again, Doncaster's feature distance event has produced a world record for the one-hour run. This time it was Bronwen Cardy, who covered 15,233 metres to break the record for the women's 55-59 age group. She gathered Victorian and Australian records on her way to this mark.

In a record-breaking night there were also two Australian and six Victorian records. The greatest distance covered this time was the 16,755 metres by Phillip Bowes, which saw him take the M50 Victorian record.

Julie Norney (W35), John Duck (M55) and Victoria Skrucana (W40) were others to set Victorian records, while the oldest competitor in the event, Margaret Prowse (87), set a Victorian and Australian record in the W85 division.



Bronwen Cardy

Results of The Sixty Minutes:

Russell Weavers	Mens 50, distance 14.27km
Shirley Young	Womens 75, distance 7.98km
Julie Norney	Womens 35, distance 14.67km (* Vic record)
June Petrie	Womens 40, distance 14.65km (non VMA)
Lavinia Petrie	Womens 60, distance 12.80km
Bert Pelgrim	Mens 50, distance 16.47km
Sonya McLennan	Womens 55, distance 12.11km
Ashley Page	Mens 65, distance 12.11km
Doug Le Bas	Mens 65, distance 13.27km
Judy Weavers	Womens 50, distance 12.76km
David Lang	Mens 50, distance 11.20km
John Duck	Mens 55, distance 16.00km (* Vic record)
Phillip Bowes	Mens 50, distance 16.75km (* Vic record)
Margaret Prowse	Womens 85, distance 6.46km (* Vic, Aust record)
Frank Prowse	Mens 55, distance, 6.46km
Bronwen Cardy	Womens 55, distance 15.32km (* Vic, Aust, world record)
Victoria Skrucana	Womens 40, distance 11.68km (* Vic record)

^{*} all records to be ratified and checked against latest official distances.

NEW RECORDS REPORT

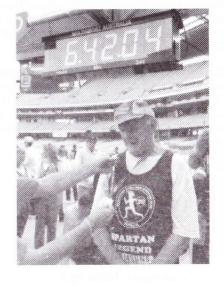
Age	Event	Name	State	Performance	%Std	Date	Location
Aust	ralian Records:			8			
14/60	100lb Waight	Trish Thomas	ACT	1.53m		28-7-07	Turner, ACT
	100lb Weight	Jan Banens	ACT	1.29m		28-7-07	Turner, ACT
	100lb Weight	David Carr	WA	12:18.3	88.7%	16-8-07	Perth
M75		Terry Gibbs	NSW	7.72m	00.770	18-8-07	Turner, ACT
M50	56lb Weight 80m Hurdles	Richard Trembath	Vic	13.4s		19-8-07	Doncaster
	Half Marathon	Bronwen Cardy	Vic	85:10	91.4%		Burnley, Vic
	E-164-1 Control Reserve	Mike Johnston	Vic	35.79s	92.5%	10-9-07	Riccione
	200m	Anne Stobaus	Vic	73.99s	88.9%	12-9-07	Riccione
	400m	Howard Arbuthnot		4.40m	82.2%	12-9-07	Riccione
	Pole Vault		Qld	58.90s	95.4%	14-9-07	Riccione
	400m	Colin Buyers	Vic	12:33.4	63.3%	24-9-07	Doncaster
	1500m	Margaret Prowse	Vic	13:34.3	63.1%	24-9-07	Doncaster
	1 Mile	Margaret Prowse	Vic	26:21.8	64.0%	24-9-07	Doncaster
W85		Margaret Prowse		45:33.2		24-9-07	Doncaster
W85		Margaret Prowse	Vic	181853	-	24-9-07	Doncaster
000	One Hour Run	Margaret Prowse	Vic	6,469m	90.8%	5-10-07	Adelaide
M70	80m Hurdles	Don Chambers	Vic	14.14s	90.8%	5-10-07	Adetaide
Victo	orian Records:						
M65	300m Hurdles	Richard Trembath		48.8s	91.3%	19-8-07	Doncaster
M45	3k	Graham Walter		11:53.1	70.3%	10-9-07	Doncaster
M55	3k	Frank Prowse		11:23.2	77.1%	10-9-07	Doncaster
W45		Katrina Philip		12:49.8	71.2%	10-9-07	Doncaster
W35	One Hour Run	Julie Norney		14,674m	-	24-9-07	Doncaster
W40	One Hour Run	Viktoria Skrucana		11,683m	-	24-9-07	Doncaster
M50	One Hour Run	Phillip Bowes		16,754m	-	24-9-07	Doncaster
M55	One Hour Run	John Duck		16,000m	-	24-9-07	Doncaster
M55	60m	Frank Prowse		9.6s	75.3%	1-10-07	Doncaster
M55	4 x 800m Relay	Frank Prowse		10:37.6	-	1-10-07	Doncaster
		David McConnell					
		Richard Kerridge					
		John Browne					

Clyde Riddoch VMA Records Officer 5/1236 Old Burke Road, Kew East Vic 3102 Telephone 03 9859 9855 (H), Mobile 0439 902 907, Email: clyderiddoch@msn.com

The Spartans after the Melbourne Marathon



News and Results









Knox Venue Scoops The Pool in 2007 Browne Shield Competition

The inaugural Browne Shield competition held during the winter season saw Knox venue take out the inter-venue competition as well as both the men's and women's individual events. Knox had the most competitors of any venue with a very high standard overall and their success was thoroughly deserved.

The Browne Shield Inter Venue Competition - Knox were clear winners with Croydon the only other venue to have the maximum number of scoring members in each event. Collingwood took third place with some fine individual performances but only had 2 point scoring competitors in two races which pushed them back. A number of other venues scored well in some races but not in others and can certainly improve their results with more consistent scoring.

Final standings were:

1	Knox	1525.0
2	Croydon	1440.6
3	Collingwood	1276.9
4	Aberfeldie	1175.6
5	Caulfield	1132.9
6	East Burwood	930.9
7	Springvale/Noble Park	927.1
8	Mentone	769.2
9	Coburg	748.5
10	Frankston	287.3
11	Doncaster	139.1
12	Southern Peninsula	73.3

The Colin Browne Men's Individual Competition

This was the most keenly fought competition with 4 members completing all 6 races for the season. Not only did they do that but all at a very high standard throughout. The winner was Paul Twining who capped a fine season with an 86.66% effort in the half marathon to clinch victory. In second place and hot on Paul's heels right to the finish was Gary Stewart also of Knox who finished just 13 points behind. In third place and again from Knox was Robert Henderson who produced a string of consistent performances and kept close enough to take the lead if the first two failed to complete an event.

The top 10 finishers were:

1	Paul Twining	Knox	503.4
2	Gary Stewart	Knox	490.2
3	Robert Henderson	Knox	457.9
4	Gary O'Dwyer	Coburg	438.6
5	Westly Windsor	Collingwood	403.7
6	Gabriel Carmona	Caulfield	394.3
7	Bill Page	Aberfeldie	370.2
8	John Duck	No Venue	343.6
9	Andrew Tunne	Croydon	339.4
10	Rod Neal	Croydon	321.2

The Dot Browne Women's Individual Competition

In this section there were some brilliant individual performances, most notably Theresia Baird who recorded an amazing 101.17% effort in the 10k track run. However the competition is based on the aggregate performances over the season and it was our Club Captain Lavinia Petrie from Knox venue who completed the most events (5) and at a very high standard (92.56% in the half marathon) to record a clear victory. Second place went to Bronwen Cardy from Croydon with some fantastic performances in the road events but with no starts in the cross country races could not make up the difference on Lavinia. In third place was Petrina Trowbridge of Collingwood who also did extremely well in the events that she contested.

The top 10 finishers were:

1	Lavinia Petrie	Knox	448.7
2	Bronwen Cardy	Croydon	377.1
3	Petrina Trowbridge	Collingwood	246.6
4	Jenny Alexander	Aberfeldie	236.2
5	Ged Smith	Caulfield	214.3
6	Theresia Baird	Springvale/Noble Park	200.8
7	Sandra Doyle	Croydon	197.6
8	Liz Eastwood	Knox	192.2
9	Janine McKerran	Caulfield	189.9
10	Barbara Fay	No Venue	166.6

In Summary

This was the first year that the competitions have been held and as time goes by and members become more aware of them we are hopeful of increased participation. Full results have been emailed to venue managers for those who are interested. The competition and scoring system will be discussed at the next venue manager's meeting in February and adjusted if considered beneficial. Overall competitor numbers were mostly the same as for 2006 and when we look at the number of athletes competing in fun runs and Athletics Victoria events there is enormous scope for us to increase our participation.

The committee welcomes constructive input and particularly offers of help in promoting and improving our events. We are considering increasing the prizes at all of our events so keep an eye out for announcements in that area.

Alan Lucas, Vice President.

VICTORIAN MASTERS ATHLETICS

Dinner Dance 2007

Date:

Friday 16th November 2007

Where:

HAWTHORN RECEPTIONS

555 Glenferrie Road

Hawthorn (Near Riversdale Road)

Cost:

\$50.00 per head.

All monies to be paid by Friday 9 November

Drinks:

BYO or Drinks at Bar prices

7:00 pm

For Sherries / Nibbles

7:30 pm

Sit Down

3 Course Meal Live Band

David Sheehan - Ph 9725 5801

New Webmaster

Hello All,

As most of you are aware Gordon Stephen has recently resigned as Webmaster due to health problems that required a major operation a few weeks ago. Once again we thank Gordon for the work that he has put into maintaining our website and hope that his recovery will progress as quickly as practical. Ralph Bennett (Mentone Venue) has agreed to take over this important task and has obtained access to be able to update the site as required. Ralph has set up a new email address so for any items that you want added to the site please send them to Ralph at vicvets@yahoo.com.au (vicmasters was not available).

Would all venue managers please remember to use the Venue's Noticeboard facility on the website to promote your activities to the whole club and regularly encourage your members to check the VMA Website for updates. The website is definitely the quickest way to get information to our members.

Regards,

Alan Lucas
Vice President
Victorian Masters Athletics Inc

What's On

November	
3rd - 6th	Bright Alpine Four Peaks
3 rd	VRR Tan Time Trial (8 km & 4 km) Birdwood Ave near Government House Drive
	(Melway 2F K12) 7.30 AM
4 th	Coastal Real Estate, Portland 3-Bays Marathon, Half Mara, 10km. Run/walks. Various start times, Bantinck St, Portland, 5523 2811, peter@energised.com.au
8 th	VRR Twilite Tan Time Trial (8 km & 4 km) Birdwood Ave near Government House Drive (Melway 2FK12) 6.30PM
11 th	VRR Jells Park Fun Run ,15km (Start at 8.00AM), 10km &5km (Start at 8.30AM) Ferntree Gully Road Entrance, (Melway72 B10)
11 th	Sri Chinmoy Eastern beach Run, 10km, 5km, Ritchie Blvd, Geelong, www.srichinmoyraces.org/au
16 th	Dinner Dance 2007 - Hawthorn Receptions, 555 Glenferrie Road, Hawthorn
18 th	Sweat v Steam, 13km, 5km, Echuca, Echuca@ymca.org.au (Shelley Smith)
December	
1 st	VRR Tan Handicap & Breakfast (8 km & 4 km) Swan St Bridge at The Tan (Melway 2G A9)., (9744 1072) 7.30 AM
2 nd	Sussan Women?s Fun Run Catani Gardens ,St Kilda ,(Melway 57 K9) 10km 8AM, 5km 9.15 AM www.supersprint.com.au
6 th	VRR Twilite Tan Time Trial (8 km & 4 km) Birdwood Ave near Government House Drive (Melway 2F K12) 6.30 PM
9 th	Sri Chinmoy Williamstown Foreshore Run, 10km, 5km, Sadler Reserve, The Esplanade, Williamstown, www.srichinmoyraces.org/au
9 th	Baker Motors Handicap, 5km, Sumison Gardens, Wodonga, 7PM, 5726 1101, nedist@bigpond.net.au
31 st	VRR New Years Eve Run & Champagne Breakfast 8 & 4 km Swan St? Bridge at the Tan (Melway 2GA9) 7.30 AM
March 2007	
21st -24th	36th AMA National Championships 2008- Sydney Blacktown Olympic Park

Officials - Athletics Victoria

Looking for an opportunity to put something back into the sport you enjoy?

Athletics Victoria is short of officials and has approached VMA to see if there are any Masters athletes (or relatives/friends of Masters athletes) who may be prepared to officiate at their events and school events. The school events are mostly on weekdays and payment is available to cover expenses.

To become an official you would be required to complete a one day seminar (no charge) followed by some practical work. Some of our members already are qualified Athletics officials in Victoria and find it very rewarding.

If you are interested, or know someone who maybe interested, contact Don Blyth at Athletics Victoria on 9428 8195 to register your interest and discuss further.