



Out of Sector

November 2021

Looking ahead

Nov 14	Training plus Discus competition
Nov 21	Heavy Weight Pentathlon and/or Training
Nov 28	Training plus record attempts (Discus/100lb)
Dec 5	Throws Pentathlon plus Ilmars Mancs Trophy (12 noon start) Followed by... Christmas BBQ (approx 2:30 start)
Jan 9	Training
Jan 16	Heavy Weight Pentathlon
Jan 23	Training / Super and Heavy Weights
Jan 30	Throws Pentathlon
Feb 6	Training / Superweights
Feb 13	Indoor meet venue TBC (Duncan Mackinnon not available)
Feb 20	At this point, these are the dates for our meets during the rest of Feb and Mar 2022. However, due no finalised dates for the Masters State Championships, we need to remain flexible as far as the specific schedule. Will publish details when more is known.
Feb 27	
Mar 6	
Mar 20	
Mar 27	Championships, we need to remain flexible as far as the specific schedule. Will publish details when more is known.
Apr 1-4	AMA Track & Field Championships Brisbane

Throwers Group Contacts

President	Graeme Rose
Vice Pres	Roger Glass
Treasurer	Narelle Messerle
Publicity	Judy Pfanner judy@pfanner.net

www.vicmastersaths.org.au

Welcome to the first ever Out-of-Sector MINI newsletter. We are keeping it brief (only one page) but that doesn't mean it's any less important...

Things are looking promising for the summer throwing season ahead. Please take note of the dates provided on the left and the extra details about our schedule below.

Christmas & Ilmars Mancs Trophy

Our traditional Christmas Throws Pentathlon including the Ilmars Mancs discus trophy is going ahead as originally planned on **Sunday 5th December**. To allow us to plan better, we will send out a form closer to the date so that you can nominate your intention to attend.

As per the 2020 competition, the Throwers committee have agreed to modify the rules for members to be eligible for the Ilmars Mancs trophy. Rather than requiring *five* discus performances in the calendar year, this time we require that you have recorded *three* discus performances between December 2020 and December 2021. Reducing from five to three makes up for the many competition opportunities missed during 2021. We will also include a Discus competition at the remaining November trainings days (see left) so that you have more chances to become eligible. If you are already eligible, please send Graeme your three best discus results between Dec 2020 and Dec 2021.

Government restrictions have also lifted sufficiently for us to hold a post-competition BBQ with raffle prizes up-for-grabs too.

Again this year, we want to keep the Christmas BBQ simple and, due to the upstairs function room being unavailable, it will held at the outdoor BBQ area. We are planning more of a Bunnings-style sausage sizzle with a few bonus extra trimmings to ensure we send off 2021 in the traditional Throwers style.

Our Christmas raffle will be similar to last year – no need for you to bring along donations, your raffle tickets will be included in the \$10 BBQ price. Just BYO your own drinks. Hoping to see you there!

More information will be included with the form which will be emailed to you closer to the date.

Indoor Competition

Save the date for our first indoor competition on **Sunday 13th February**. This date works well for us because Duncan Mackinnon is not available on that day so we're taking the opportunity to schedule this exciting competition. We just need to finalise the venue and a few logistics but all being well, this will event go ahead.

Happy Birthday

November	Russell Clark Rhondda Dundas Margaret Hancock Didimo Tonelli
December	Megan Champion
January	George Christodoulou Nick Connell Marty Galea Nicole Johansen Judy Pfanner Chris Schultz