

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

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THROWS PENTATHLON using 2016 WMA AGE FACTORS - MEN

	AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIG
13.07	M30	Graham Hicks	Vic	3,444	14.12.08	44.89	13.94	50.57	52.09	
				592		725	882	620	625	
16.20	M35	Darron Haworth	Qld	3,672	2.11.08	51.58	14.13	52.81	37.22	
				728		768	945	409	822	
14.55	M40	Stuart Gyngell	NSW	3,946	16.4.06	43.48	17.63	47.30	41.30	
				659		1076	914	513	784	
14.53	M45	Stuart Gyngell	NSW	4,199	12.4.09	43.75	17.22	45.47	36.98	
				747		1143	970	490	849	
17.65	M50	Todd Davey	WA	4,259	1.12.18	53.23	16.00	49.82	36.71	
				895		1022	889	516	937	
16.98	M55	Graeme Rose	Vic	4,174	4.7.99	47.05	12.72	37.84	46.19	
				873		861	706	765	969	
19.03	M60	Graeme Rose	Vic	4,242	16.4.06	48.38	13.14	39.36	43.12	
				898		876	702	752	1014	
17.05	M65	Graeme Rose	Vic	4,325	12.4.09	43.98	12.12	38.97	40.46	
				917		882	774	786	966	
14.92	M70	Keith James	NSW	4,037	11.3.12	38.18	11.63	40.99	34.86	
						767	783	920	716	8
14.38	M75	Tom Hancock	Vic	4,188	15.7.11	36.89	11.12	33.97	33.04	
				857		824	843	776	888	
15.67	M80	Tom Hancock	Vic	4,741	5.11.16	38.51	11.44	32.27	30.31	
				1041		927	934	791	1048	
10.35	M85	Feliks Jekabsons	Qld	3,805	23.3.08	27.36(3kg)	9.10(3kg)	25.28	19.4	
		New Specifications				856	811	856	550	732
10.12	M90	John Fraser	Vic	4,187	13.3.05	24.63	6.90	19.74	12.96	
		Old Specification				977	1123	832	410	845

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Shane Carstairs	Vic	3,164	28.4.19	38.74	15.65 492	44.48 830	43.20 756	12.57 489	597
M35	Stuart Gyngell	NSW	3,611	2002	44.15	17.34 602	45.06 974	43.67 781	14.96 504	750
M40, M45 & M50 – as above in Australian records Stuart Gyngell M40 3,946, M45 4,199 & M50 4,072										
M55	Graeme Rose	Vic	4,085	2001	43.32	12.29 792	38.90 827	49.48 730	15.99 832	904
M60 & M65 – as above in Australian records Graeme Rose M60 4,242 & M65 4,325										
M70	C. Murray-Lee	Qld	3,995	1999	43.22	11.11	35.12	36.41	14.83	

						889	742	764	755	845
M75	Tom Hancock	Vic	4,036	8.4.12	35.10	10.31 807	35.04 754	29.17 875	15.02 666	934
M80	Tom Hancock	Vic	4,394	11.6.17	35.75	11.12 955	29.20 896	28.99 829	14.57 749	965

M85 – as above in **Australian records** Feliks Jekabsons 3,805

THROWS PENTATHLON using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT	
W30	Byrony Glass	WA	3,831	12.4.09	56.99	11.63 1104	38.13 637	22.83 618	17.29 342	1130
W35	Chris Schultz	Vic	3,795	7.12.87	38.24	14.77 752	45.10 882	36.58 787	12.68 645	729
W40	Jayne Hardy	ACT	3,929	20.4.03	41.86	10.46 915	37.62 635	39.32 692	14.27 766	921
W45	Chris Schultz	Vic	4,174	26.7.97	37.24	12.68 873	42.46 870	31.12 875	12.94 645	911
W50	Chris Schultz	Vic	4,371	13.7.01	37.88	13.87 902	40.35 1028	32.18 911	12.94 711	819
W55	Mary Thomas	NSW	4,285	7.8.99	35.00	11.65 909	29.79 925	41.02 711	10.32 1043	697
W60	Dorn Jenkins	Vic	4,443	7.10.15 1310	43.51 746	8.85 768	28.72 576	21.85 1043	15.57	
W65	Dorn Jenkins	Vic	4,711	21.3.21	42.46	8.64 1435	23.16 817	19.78 684	15.91 590	1185
W70	Mary Thomas	NSW	4,407	16.8.15	28.82	8.57 1049	22.60 921	22.69 780	10.69 814	843
W75	Helen Searle	Qld	4,482	14.2.15	31.68	10.40 1155	20.67 1134	17.35 743	10.65 658	792
W80	Heather Doherty	Qld	4,108	8.1.14	21.74	7.11 866	19.38 843	17.27 829	9.42 771	864
W85	Ruth Frith Old specifications	NSW	3,200	7.3.98	15.48	5.57 692	13.25 747	9.82 660	6.51 531	570
W90	Ruth Frith Old specifications	Qld	3,598	24.4.00	13.13	5.22 711	11.81 841	9.33 756	6.00 683	607
W95	Ruth Frith New Specifications - before 1/1/10 – WR not accepted by WMA	Qld	4,253	Oct 2006	13.71(2kg) 993	4.99(2kg) 1003	9.49(750g) 831	7.01 750	5.58(4kg) 676	
W100	Ruth Frith New Specifications - before 1/1/10 – WR not accepted by WMA	Qld	5,743	23.8.09	10.16(2kg) 1203	4.27(2kg) 1114	9.04(750g) 1292	6.43 1307	4.42(4kg) 827	
W100	Ruth Frith New Specifications - after 1/1/10	Qld	5,180	2.4.11	10.14 998	3.96 1022	9.30 1335	5.63 1129	4.68 696	

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN

NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT		
W30 – as above in Australian records Byrony Glass 3,831										
W35	Byrony Glass	WA	3,621	8.4.12	52.64	11.44 1102	33.55 652	20.00 553	16.68 312	100.
W40 – as above in Australian records Jane Hardy 3,929										

W45	Chris Schultz	Vic	4,160	1996	36.32	13.16 847	42.16 909	32.12 868	12.40 669	867
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AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT	
W50	M. Parviaiven	NSW	4,252	13.4.98	51.73	9.11 1301	34.85 627	22.40 767	16.29 489	1068
W55	Helen Searle	NSW	4,213	13.4.98	43.20	11.23 1165	28.92 887	23.94 687	12.58 595	879
W60	Dorn Jenkins	Vic	4,042	28.4.18	39.84	8.89 1182	20.26 750	20.01 507	16.11 519	108
W65	Bev Hamilton	WA	3,415	5.4.15	26.89	8.22 839	20.51 770	16.91 591	10.39 490	725
W70	Mary Thomas	NSW	4,333	5.4.15	28.78	8.28 1047	21.87 885	22.12 751	10.86 791	859
W75	Heather Doherty	Qld	3,890	24.4.11	23.30	7.41 856	22.26 765	18.22 811	9.48 697	761
W80	Raema McMillan	WA	3,710	4.4.10	22.36	7.03 896	15.57 833	14.87 640	8.33 674	667
W85	Ruth Frith Old specifications	NSW	3,155	13.4.98	14.48	5.52 637	12.84 739	10.62 635	6.43 583	561
W90 & W95 – as above in Australian records Ruth Frith W90 3,598 old specifications & W95 4,253 new specifications										
W100	Ruth Frith New Specifications	Qld	5,061	4.4.10	10.02	4.37 984	8.14 1144	5.90 1145	4.13 1189	599

HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS – MEN

WEIGHT 5	AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	
	M30 11.19 20kg	Warren Button	WA	3,835	9.1.21	22.09 20lb	20.65 25lb	14.60 35lb	10.78 56lb	
						801	848	712	752	
								722		
	M35	Darron Haworth	Qld	4,352	6.10.08	23.16 20lb	19.49 25lb	15.69 35lb	12.96 20kg	10.78 56lb
						864	812	792	919	
965										
	M40 12.28 20kg	Ricard Meiring	NSW	4,668	2.10.17	23.24 20lb	20.15 25lb	16.14 35lb		
						934	909	883	932	
1010										
	M45 11.63 20kg	Ricard Meiring	ACT	4,877	15.1.20	23.57 20lb	20.84 25lb	15.63 35lb		

M50	Grant Edwards	ACT	4,647	7.10.13	1026 21.88 16lb	1023 20.88 20lb	924 17.74 25lb	949 14.58 35lb	959 11.30 20kg	940 940	
1000	M55	Grant Edwards	ACT	4,675	15.4.18	21.75 16lb	19.85 20lb 896	16.31 25lb	13.46 35lb 942	10.44 20kg 925	926
986	M60	Roger Glass	Vic	4,459	25.9.11	21.76 12lb	20.28 16lb 826	18.31 20lb	15.47 25lb 860	11.68 35lb 970	942
861	M65	Lajos Joni	Qld	4,385	12.9.21	19.30 12lb	18.74 16lb	16.90 20lb			
	M70	Ossi Igel	WA	4,682	778	9.1.21	882 21.12 4kg	957 19.67 12lb	942 17.32 16lb	826	
908	M75	Ken Priestley	Vic	4,335	7.10.13	20.00 4kg	15.97 12lb 929	13.17 16lb	11.78 20lb 880	9.87 25lb 803	867
856	M80	Ron Simcock	NSW	5,034	5.10.15	22.96 3kg	17.98 4kg 1157	15.64 12lb	12.70 16lb 955	10.48 20lb 1046	947
929	M85	Ewan Drummond	ACT	2,195	4.10.10	9.84 3kg	7.47 4kg 496	7.42 12lb	5.86 16lb 396	4.34 20lb 492	442
369	M90	Rad Leovifc	ACT	1,697	12.11.17	7.10 3kg	5.72 4kg 407	4.73 12lb	3.67 16lb 341	3.43 20lb 335	289
325											

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS - WOMEN

WEIGHT 5	AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5		
798	W30 13.94 25lb	Karyne Di Marco	NSW	4,472	5.10.09	24.25 12lb	20.30 16lb	17.12 20lb	914	908	934	918
920	W35 13.94 25lb	Bryony Glass	WA	4,655	25.6.16	21.04 12lb	18.32 16lb	16.71 20lb	860	892	1005	978
644	W40	Jayne Hardy	ACT	3,878	6.10.03	17.70 12lb	15.97 16lb 776	13.74 20lb	10.15 25lb 837	7.12 35lb 881	740	
834	W45	Althea Mackie	Qld	4,245	1.10.18	16.08 12lb	13.94 16lb 770	12.79 20lb	11.44 25lb 798	8.01 35lb 899	944	
1043	W50	Gabrielle Watts	NSW	4,750	1.10.18	18.83 4kg	17.10 12lb 818	14.94 16lb	13.09 20lb 874	10.94 25lb 968	1043	
	W55 10.45 20lb	Jayne Hardy	ACT	4,321	15.8.20	17.44 4kg	14.84 12lb	12.60 16lb				
1076	W60	Dorn Jenkins	Vic	5,115	24.9.17	21.38 3kg	18.51 4kg 1013	15.44 12lb	12.96 16lb 964	10.68 20lb 1033	1076	
1155	W65 13.09 16lb	Dorn Jenkins	Vic	5,609	21.2.21	20.25 3kg	18.42 4kg	15.19 12lb	1056	1089	1124	1183
836	W70	Jan Banens	ACT	4,699	1.11.11	16.53 3kg	13.93 4kg 970	12.36 12lb	10.06 16lb 914	7.16 20lb 997	982	
883	W75	Jan Banens	ACT	4,250	13.8.17	15.19 2kg	13.42 3kg 833	11.45 4kg	9.19 12lb 807	7.71 16lb 862	865	
	W80 3.49 16lb	Mary Wahren	ACT	2,214	13.8.17	9.03 2kg	7.85 3kg	6.15 4kg	4.58 12lb			

PENTATHLON w/Discus & 200m - using 2016 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
	M30 5:29.50	Warren Evans		Qld	3,275	12.4.03	6.61	49.65	23.29 47.03
						723	583	758	809 402
M35	Terry Baldwin	Vic	3,494	1.3.98	6.57	52.78 760	22.8 640	33.88 817	4:35.3 551 726
M40	Paul Jeffery	WA	3,639	15.3.14	6.26	51.93 771	24.2 684	36.86 755	4:42.5 677 752
M45	Lloyd Mitchelson	NSW	3,864	5/85	5.70	49.24 716	24.6 703	34.22 812	4:24.5 690 943
M55	M50 Luke De Biasi	Mark Jeffery Vic	WA 3,716	3,577 17.3.19	14-3-21 5.88	5.25 38.97 987	51.03 25.75 620	27.21 34.23 860	43.74 5:46.49 624 625
M60	Rudi Hochreiter	Vic	3,858	3.12.87	4.91	40.54 792	27.14 698	39.36 822	5:21.58 702 844
M65	Rudi Hochreiter	Vic	3,798	28.3.92	4.70	35.78 845	28.42 676	40.16 808	6:15 803 666
M70	Mike Johnson	Vic	3,816	15.10.91	4.75	28.00 1015	28.1 571	24.76 917	6:06.4 497 816
M75	Don Fraser	ACT	3,360	27.2.14	4.26	26.97 977	33.02 604	26.36 708	8:07.47 619 452
M80	Don Fraser	ACT	3,550	28.2.19	3.82	26.03 957	34.04 656	25.07 804	9:02.55 689 444
M85	Rad Leovic	ACT	2,799	21.2.13	2.66	15.51 563	42.18 410	14.81 562	8:24.93 443 821
M90	Maurice Dauphinet	Qld	2,955	19.4.16	2.44	15.51 608	50.75 518	18.91 481	12:13.17 790 558

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Geoff Gibbons	Tas	2,938	24.4.11	5.96	47.52 578	24.31 552	29.07 665	4:37.39 446 697
M35	Paul Jeffery	WA	3,170	9.4.12	6.10	50.93 650	24.21 612	35.51 709	4:53.15 584 615
M40	Geoff Gibbons	Tas	3,270	12.6.17	5.51	48.89 587	24.63 635	32.53 739	4:46.21 580 729
M45	John Gordon	NSW	3,513	1993	5.56	44.52 679	24.80 620	28.68 794	4:36.52 555 865
M50	Ken Daniels	ACT	3,209	27.3.89	5.18	37.96 666	25.6 563	26.64 851	5:13.7 410 719
M55	Luke De Biasi	Vic	3,619	29.4.19	5.79	38.61 957	25.89 613	31.74 847	5:44.75 568 634
M60	Quentin Anthony	ACT	3,617	20.4.92	5.02	38.78 828	26.84 660	36.04 846	5:58.2 630 653

M65	Mike Johnston	Vic	3,325	1.4.91	4.82	28.06 888	28.7 498	29.06 768	5:54.4 452	719
M70	Mike Johnston	Vic	3,547	1993	4.46	24.44 898	29.46 480	25.24 831	6:03.78 509	829
M75	Fred O'Connor	NSW	3,010	2001	3.63	26.68 707	32.90 596	26.31 717	8:32.08 618	372
M80	Fred O'Connor	NSW	3,247	12.4.04	3.58	26.30 840	36.37 664	25.27 661	9:22.0 696	386
M85	Maurice Dauphinet	Qld	2,770	24.4.11	2.88	18.63 670	42.89 521	20.35 527	10:46.52 658	394

M90 – as above in **Australian records** Maurice Dauphinet 2,955

PENTATHLON w/Shot Put & 100m, using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M		
2:32.83	W30	Jitka Hiscox		Vic	3,236	19.4.16	12.94	11.35	5.60	28.75	
						778	618	729	453	658	
	W35	Leonie Hoffman	Qld	2,852	9.4.12	12.95	9.49 799	4.98 518	29.08 620	2:54.95 493	42:
	W40	Lee-Anne Grosvenor	Qld	3,290	6.4.15	13.45	9.08 796	4.64 534	29.63 601	2:28.13 553	80:
	W45	Lisa Crouch	Qld	3,572	14.3.09	13.62	10.16 853	4.63 670	28.81 686	2:37.55 590	77:
2:34.73	W50	Donna Burgess		Vic	3,583	1.4.13	14.32	9.58	4.31	24.63	
						828	666	671	522	89:	
3:08.32	W55	Wilma Perkins		Qld	3,932	'04 Raratonga	14.08	?	4.28	?	
617						960	?		768	?	
2:55.53	W60	Carol Davis		Qld	3,417	17.1.16	14.73	6.42	3.67	18.38	
						952	505	637	469	854	
	W65	Carol Davis		Qld	4,248	10.2.19	15.09	7.01	3.93	24.13	
2:55.26						1003	637	883	741	984	

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

PENTATHLON w/Shot Put & 100m, using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M	
4:21.86	W75	Miriam Cudmore		SA	3,931	19.4.16	17.37	7.35	3.22	20.42
						937	758	853	793	590
4:44.94	W80	Miriam Cudmore		SA	4,372	14.3.18	18.4	6.60	2.96	19.71
						988	773	975	927	709
6:56.17	W85	Gwen Gleeson		ACT	1,980	25.2.16	25.60	3.34	1.51	5.88
						492	398	403	283	404

PENTATHLON w/Shot Put & 100m - *AMA CHAMPIONSHIP RECORDS* – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
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W30 - as above in **Australian records** Jitka Hiscox 3,236

W35 - as above in **Australian records** Leonie Hoffman 2,852

W40 - as above in **Australian records** Lee-Anne Grosvenor 3,290

W45	Rachel Little	Vic	3,322	6.4.15	13.64	8.57	4.53	21.33
2:30.32				850	545	651	413	863

W50 - as above in **Australian records** Donna Burgess 3,583

W55	Gianna Mogentale	NSW	3,708	29.4.19	13.72	7.01	4.39	21.73	2:44.67
					1018	503	813	504	870

W60	Margaret Taylor	ACT	3,394	13.4.09	14.81	7.18	4.24	16.38
3:20.34				941	581	880	387	605

W65	Carol Davis	Qld	3,715	19.4.16	14.65	5.80	3.47	15.38	
2:50.54						1068	505	668	438

W70	Anne Lang	SA	3,222	6.4.15	17.84	6.37	2.66	14.82	
3:17.94						735	649	428	498

W75 - as above in **Australian records** Miriam Cudmore 3,931

W80	Jo Klemke	ACT	2,634	29.4.19	22.02	5.50	2.08	10.28
5:07.61			502	621	428	437	566	

DECATHLON using 2016 WMA AGE FACTORS

AGE	NAME STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M	
M30 49.78	Matt McEwan	Qld	7,705	15.2.03	11.23	7.20	15.08	1.97	
			16.2.03	810 15.22 796	862 42.91 724	795 4.80 849	785 56.64 687	825 4:57.93 572	
M30 51.07	Stephen Cain	Vic	7,787	July 2014	11.33	6.73	13.87	1.99	
				789 14.85 868	750 44.87 764	720 4.90 880	794 62.68 778	766 4:40.29 678	
M35 51.01	Geoffrey Gibbons	Tas	6,696	14.1.12	11.70	6.31	10.92	1.73	
				15.1.12	742 16.31 716	700 34.13 556	565 4.06 651	602 50.41 604	849 4:3 711

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DECATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M40 52.85	Geoffrey Gibbons	Tas	7,022	7.1.17	11.79	6.29	10.20	1.71	
				8.1.17	795 15.71 853	778 28.83 499	567 3.90 627	619 48.41 770	841 4:3
M45 53.97	Paul Jeffery	WA	7,867	WR	2311.19	11.55	6.05	11.41	1.70
					922	809	711	687	867

				4:58.91	24.11.19		16.75	38.49	3.80	55.87
						810	795	719	820	727
M50	Justin Hanrahan	Vic	7,017	13.2.21	12.67	5.89	12.28	1.68	57.75	
					774	869	752	758	789	
				14.2.21	16.21	38.17	3.10	32.57	5:27.10	
					782	644	562	442	645	
M55 60.14	Dave Varley	Qld	6,537	23.9.17	12.79	4.79	8.28	1.42		
					830	648	517	577	776	
				24.9.17	17.24	28.69	3.00	43.97	5:47.02	
					742	501	603	720	623	
M60 63.21	Rudi Hochreiter	Vic	6,911	27.7.89	13.18	4.82	11.53	1.41		
					841	762	752	653	745	
				28.7.89	19.62	41.46	2.30	42.12	5:48.33	
					554	748	423	731	702	
M65 67.67	Don Fraser	ACT	6,746	19.2.05	13.56	4.80	9.07	1.35		
					861	881	627	687	680	
				20.2.05	19.62	33.68	2.20	37.14	6:36.60	
					629	648	457	708	568	
M70 1:08.72	Geoff Shaw	Vic	7,307	12.1.19	14.87	4.49	8.12	1.40		
					736	910	509	868	757	
				13.1.19	15.76	25.45	3.10	27.08	6:21.45	
					759	514	988	522	744	
M75	Fred O'Connor	NSW	6,748	29.7.99	14.91	3.99	9.15	1.21	78.34	
					776	715	496	574	482	
M80	Don Fraser	ACT	6,121	13.4.19	16.39	3.82	9.28	1.14	1:40.70	
					769	957	779	767	285	
				14.4.19	21.72	26.14	1.40	26.61	8:51.85	
					401	725	340	674	477	
M85	Vic Younger	Qld	4,637	1999	19.13	3.17	6.55	1.10	2:47.21	
					595	818	548	859	0	
					27.34	17.82	1.70	17.22	DNF	
					161	559	626	471	0	
M90 DNF	Vic Younger	Vic	3,133	22.2.03	31.69	2.25	5.86	0.92		
					0	508	572	705	0	
				23.2.03	49.76	13.72	1.15	13.30	DNF	
					0	533	391	424	0	

DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M	LONG J	SHOTPUT	HIGH J	400M
					HURDLES	DISCUS	POLE V	JAVELIN	1500M
M30 53.70	Warren Evans	Qld	6,352	22.2.03	11.64	6.39	12.20	1.73	
					723	673	619	577	652
				23.2.03	16.15	44.02	4.65	53.38	6:08.95
					689	747	804	639	229

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M	LONG J	SHOTPUT	HIGH J	400M
					HURDLES	DISCUS	POLE V	JAVELIN	1500M
M35 51.73	Geoff Gibbons	Tas	6,487	28.2.15	11.62	6.19	11.04	1.71	
					759	670	573	585	817
				1.3.15	16.21	30.72	4.20	42.65	4:41.20
					727	487	693	488	688

M40 – as above in **Australian records** Geoffrey Gibbons 7,022

M45 54.34	Justin Hanrahan	Vic		7,216	28.2.15	11.76	6.17	11.30	1.77
				676	842	703	758	852	
			1.3.15	17.99	33.83	3.30	43.73	5:10.42	
				681	680	557	607	660	

M50 – as above in **Australian records** Justin Hanrahan 7,017

M55 66.80	Nelson Viney	Qld		5,192	22.2.03	13.40	4.79	7.43	1.25
				717	648	452	411	541	
			23.2.03	21.85	22.58	3.25	29.55	5:54.07	
				336	368	696	435	588	

M60	Greg Mamalis	NSW	5,875	22.2.03	13.95	4.89	10.00	1.34	70.36
					703	785	636	577	507
				23.3.03	18.67	30.38	2.65	27.19	6:21.87
					642	509	554	420	542

M65 – as above in **Australian records** Don Fraser 6,746

M70 - as above in **Australian records** Geoff Shaw 7,307

M75	Don Chambers	Vic	4,566	4/5.1.14	16.10	3.67	8.54	1.10	92.31
					665	723	603	585	274
					18.44	16.73	1.85	19.15	dnf
					509	347	472	388	0

M80	Rad Leovic	ACT	3,765	28.2.09	19.40	2.88	7.26	0.98	1:43.54
					383	527	541	528	235
				1.3.09	25.46	12.70	NH	17.66	7:49.17
					168	289	0	399	695

M90 – as above in **Australian records** Vic Younger 3,133

HEPTATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HRDL	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Jitka Hiscock	NSW	4,626	1.4.16	15.46 782	1.52 644	11.44 624	26.81 728	5.30 643	32.09 516	2:30.34 689
W35	Marie Kay	NSW	4,897	29/30.8.99	15.76 773	1.59 818	10.39 580	26.97 782	5.25 703	34.82 609	2:35.73 632
W40	Marie Kay	NSW	5,609	4/5.7.01	12.61 851	1.64 978	10.14 612	26.68 893	5.55 899	33.11 629	2:32.82 747
W45	Marie Kay	Qld	6,006	8.09	12.32 1058	1.60 1041	10.79 719	26.96 960	5.05 831	32.30 673	2:41.70 724
W50	Marie Kay	Qld	6,202	6/7.7.11	12.93 953	1.51 1041	11.52 829	27.77 986	5.13 985	31.97 706	2:51.40 702
W55	Marie Kay	Qld	6,682	WR 6/7.8.15	12.89 1132	1.42 1029	11.09 874	27.88 1075	4.93 1040	32.48 803	2:57.40 729

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

HEPTATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HRDL	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W60	Marge Allison	Qld	5,076	28/29.7.08	15.10 843	1.24 855	6.93 556	31.90 868	3.66 634	18.4 448	2:53.86 872
W65	Wilma Perkins	Qld	5,475	28/29.10.16	15.09 1037	1.15 842	8.26 775	31.95 971	3.44 657	20.78 624	3:38.36 569
W70	Carol Davis	Qld	6,375	6/7.2.21	16.98 1017	1.14 978	6.55 671	32.96 1049	3.68 921	19.96 704	3:05.52 1035

W75	Marge Allison	Qld	5,901	22/23.2.20	18.67 1081	1.09 1054	6.83 695	37.51 928	2.90 677	13.43 488	3:33.28 978
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HEPTATHLON - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200m	LONGJ	JAV	800M
W30	Leanne McMurdy	Qld	3,192	22/23.2.03	19.08 383	1.42 534	8.10 406	28.00 631	4.69 477	21.97 326	2:52.82 435
W35	Jennifer Baldwin	Vic	3,945	9/10.2.02	18.35 480	1.41 599	9.01 486	28.23 680	4.78 562	29.06 493	2:34.63 645
W40	Lee-Anne Grosvenor	Qld	4,068	4/5.1.14	15.75 424	1.27 512	9.05 532	27.92 789	4.54 567	27.41 504	2:33.40 740
W45	Karen Carah	Vic	4,883	9/10.1.16	13.73 843	1.48 867	9.02 580	29.20 777	4.57 665	29.04 595	2:57.02 556
W50	Wilma Perkins	Qld	4,406	22/23.2.03	15.77 563	1.24 632	9.45 655	29.91 816	4.34 683	22.71 497	3:05.02 560
W55	Wilma Perkins	Qld	5,200	19/20.2.05	15.15 813	1.23 724	9.15 697	30.30 883	4.40 816	24.13 600	3:03.31 667
W60	Christine Bridle	Vic	4,322	12/13.1.19	18.63 439	1.24 855	7.25 587	32.60 817	3.49 567	20.06 521	3:27.5 538
W65	Kathryn Heagney	Vic	3,301	4/5.1.20	DNF 0	0.88 491	5.33 454	35.38 738	3.18 543	12.11 326	3:18.30 749
W75	as above in Australian records Marge Allison 5,618										

INDOORS PENTATHLON using 2016 WMA AGE FACTORS – MEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	1000M
M35	Matthew McDowall	WA			3,292	10.3.18 728	9.22 627	1.76 629	11.93	6.18 668	3:03.78 640
M40	Geoffrey Gibbons	Tas			3,564	22.3.17 893	8.83 675	5.88 579	10.37	1.69 602	2:53.38 815
M50	Andrew Brooker	WA			3,292	27.3.19 605	10.83 705	1.63 533	9.20	5.06 632	3:08.58 817
M55	John Fienieg	NSW			2,932	4.4.12 581	11.45 636	1.48 534	8.51	4.57 584	3:43.62 597
M60	John Fienieg	NSW			2,891	22.3.17 539	12.04 563	4.19 526	8.55	1.36 602	3:46.38 661
M65	Joe Begley	Qld	2,479	27.3.19	12.70	1.12 524	426	7.85 527	3.94	582	4:34.46 420

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

INDOORS PENTATHLON using 2016 WMA AGE FACTORS – MEN

NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	1000M	
M70	Don Chambers	Vic			2,990	2.3.10 913	10.73 496	1.11 602	8.85	3.70 606	5:00.31 373
M75	Don Chambers	Vic			2,968	25.3.14 903	11.33 669	1.15 685	8.98	3.63 711	0
M80	Rad Leovic	ACT			2,883	2008 456	15.33 544	0.99 592	7.37	2.91 540	4:47.96 751

M85	Rad Leovic	ACT		2,239	25.3.14	25.35	0.91	6.34	2.26	
						0	544	574	388	733

INDOORS PENTATHLON using 2016 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	800M
W35	Melissa Foster	WA	2,282	24.3.17	10.20	NH 742	0	8.43 446	5.33 726	3:00.62	368
W40	Marie Kay	NSW	3,431	16.3.04	9.71	1.45 952	736	8.80 514	5.13 756	2:57.32 473	
W45	Marie Kay	NSW				4,312 1026	18.3.06 916	9.43 658	1.51 965	10.02 747	
W50	Marie Kay	Qld				4,758 1075	1.3.10 1041	9.55 894	1.51 994	12.30 754	5.16
W60	Wilma Perkins	Qld	3,473	25.3.14	11.28	1.18 918	759	7.96 659	3.96 764	3:48.42 373	
W65	Marge Allison	Qld	3,799	1.3.10	11.53	1.17 969	879	6.57 589	3.13 522	3:08.99 840	
W75	Fran Harris	ACT	2,400	24.3.17	15.52	0.94 629	736	6.03 598	2.11 294	5:45.37 143	