

# Around the Grounds

Venue Results for December 2021



Aberfeldie, Casey Fields, Coburg, Croydon, Doncaster,  
East Burwood, Frankston, Geelong, Glen Eira,  
Knox, Mentone, Springvale/Noble Park

**ABERFELDIE December 1st 2021**

<b>90m</b>	<b>Age</b>	<b>Time</b>	
Tony Bradford	82	20.3	
Graham Eadie	70	15.4	
Matthew Goodger	44	15.4	
Ruby Beveridge	20	16.4	
Maggie Armstrong	59	18.1	
<b>1500m</b>	<b>Age</b>	<b>Time</b>	<b>Age-grade</b>
Bill Ristevski	57	09:39	43.1%
Ash McDowall	70	06:22	73.6%
Maggie Armstrong	59	08:32	61.0%
<b>300m</b>	<b>Age</b>	<b>Time</b>	<b>Age-grade</b>
Maggie Armstrong	59	43.2	64.8%
Matthew Goodger	44	36.4	59.0%
Graham Eadie	70	36.9	69.9%
<b>5100m</b>	<b>Age</b>	<b>Time</b>	<b>Age-grade</b>
Shane Draper	48	20:22	58.3%
David Jones	70	30:03	55.1%
Bill Ristevski	57	36:00	65.4%
Ash McDowall	50	20:00	60.7%
<b>3100m</b>			
Ruby Beveridge	20	20:18	43.3%
Cheryl Beveridge	56	21:48	43.8%

**ABERFELDIE December 8th 2021**

<b>100m</b>	<b>Age</b>	<b>Time</b>	<b>Age-grade</b>
Ian Newey	62	16.5	71.8%
Michael Orelli	77	31.0	43.8%
Maggie Armstrong	59	19.0	70.6%
Matthew Goodger	44	16.6	63.5%
Bill Ristevski	57	18.6	61.7%
<b>1 mile</b>	<b>Age</b>	<b>Time</b>	<b>Age-grade</b>
Ian Newey	62	07:21	63.9%
Michael Orelli	77	10:29	54.0%
Andrea Draper	44	10:29	44.2%
Bill Ristevski	57	09:56	45.2%
Shane Draper	48	07:30	55.7%
Maggie Armstrong	59	08:58	62.7%
<b>200m</b>	<b>Age</b>	<b>Time</b>	<b>Age-grade</b>
Maggie Armstrong	59	70.5	61.8%
Matthew Goodger	44	60.0	55.3%
Ian Newey	62	55.7	67.3%
<b>5,100m</b>	<b>Age</b>	<b>Time</b>	
John Papworth	53	32:58	
Bill Ristevski	57	32:58	
<b>2,500m</b>			
Ian Newey	62	16:55	
Andrea Draper	44	22:57	
Matthew Goodger	44	19:19	
Ruby Beveridge	20	20:27	
Cheryl Beveridge	56	20:57	

**Casey Masters - December 6th 2021****Mike Hall's 200m Age Graded Perpetual Trophy Event**

	<b>Age</b>	<b>Time</b>	<b>Age %</b>
Mike Hall	83	36.97	87.83
Rob Italia	56	27.41	85.22
Helen	59	35.68	83.17
Bill Carr	72	32.35	82.23
Allison Devine	65	36.15	82.21
Chris McCardle	68	37.97	80.48
Sheren	38	35.50	78.08
Kuldeep Singh	37	26.10	77.97
Gurinder Singh	35	26.71	74.43
Narinder Singh	37	27.70	74.04
Ricardo Ferrier	56	32.41	73
Charlie Mallia	72	37.65	70.35
Paul Olsson	64	36.94	66.68
Bill I	73	40.50	66.7
Lindsay Beaton	72	49.31	53.94

<b>50m</b>	<b>Age</b>	<b>Time</b>
Bill Carr	72	8.37
Kuldeep Singh	38	7.57
Gurinder Singh	35	6.76
Chris McCardle	68	9.00
Ricardo Ferrier	56	8.07
Narinder Singh	37	6.99

<b>1000m - run</b>	<b>Age</b>	<b>Time</b>
Pramesh Prasad	47	4.09.34
Indes B	40	4.17.51
Rod Italia	56	4.38.08
Charlie Mallia	72	4.52.3
Gary Meyer	66	5.24.29

<b>1000m - walk</b>	<b>Age</b>	<b>Time</b>
Lindsay Beaton	71	5.50.02

**COBURG December 2nd 2021****100m**

Isabelle RAINES	19	14.49
Aiden		16.42
Gary O'DWYER	62	16.66
Yolanda SHAW	69	24.46
Frank BRADLEY	65	30.07

**1000m Estimate finishing time**      Diff.

Michael MEANEY	66	4.13.60	1.40	
Fraser MURRAY	49	3.32.00	2.00	
Gary O'DWYER	62	5.06.40	3.60	
Isabelle RAINES	19	3.26.64	6.64	
Donna-Marie ELMS	60	6.12.96	7.96	walk
Rob DAVEY	81	9.04.70	10.30	

**300m**

Isabelle RAINES	19	50.42	
Gary O'DWYER	62	1.05.61	
Yolanda SHAW	69	1.24.24	
Donna-Marie ELMS	60	1.39.06	walk

**3.2km**

Fraser MURRAY	49	14.35
Michael MEANEY	66	15.52
Gary O'DWYER	62	17.39

**COBURG December 9th 2021****100m**

Paul O'NEILL	55	13.71
Gary O'DWYER	62	15.03
Rob LEWIS	74	23.76
Ken CARTER	69	55.08

**800m**

Fraser MURRAY	49	3.23	
Gary O'DWYER	62	3.56	
Fiona ELY	52	4.11	
Maria BARBETTI	56	4.27	
Donna-Marie ELMS	60	5.12	walk
Tracy COLBERT	52	5.23	walk
Rob DAVEY	81	7.25	
Ken CARTER	69	8.45	

**200m**

Gary O'DWYER	62	39.21
Rob LEWIS	74	54.16
Ken CARTER	69	2.03.0

**3.5km Spiral Hcp**

		<u>Clock</u>	<u>Actual</u>	
Rob DAVEY	81	23.34	23.34	
Michael MEANEY	66	24.53	16.48	
Gary O'DWYER	62	25.00	18.30	
Fiona ELY	52	25.03	18.03	
Tracy COLBERT	52	25.43	25.13	walk
Maria BARBETTI	56	25.46	20.31	
Rob LEWIS	74	26.01	26.01	
Donna-Marie ELMS	60	27.02	24.47	walk
Ken CARTER	69	28.58	25.58	

**COBURG December 16th 2021****120m Sealed Handicap****Heat: 1**      Adjusted

Zac		15.51	14.71
Ray		16.43	15.33
Yusef		17.15	13.65
Sam		17.71	14.21
Ahmed		17.99	14.49

**Heat: 2**

Fiona ELY	52	22.94	14.64
Rob LEWIS	74	25.50	11.20
Donna-Marie ELMS	60	26.00	11.70
Yolanda SHAW	69	29.44	15.14
Michelle SPORTON	55	34.72	14.42
Ken CARTER	69	1.04.09	24.59

**120m Sealed Handicap****Heat: 3**

Matt		13.50	13.60
Ethan O'NEILL	21	14.08	13.94
Jabez TOBGUI	17	14.80	14.30
Patrick CASE	16	15.07	14.17
Josephine		16.80	13.90
Gary O'DWYER	62	17.05	13.67
Isabelle RAINES	19	18.12	15.22

**120m Sealed Handicap****Overall placings**

Rob LEWIS	74
Donna-Marie ELMS	60
Matt	

**1600m Pudding Mile**

Isabelle RAINES	19	6.05.0
Michael MEANEY	66	7.04.0
Gary O'DWYER	62	8.10.0
Fiona ELY	52	8.19.0
Maria BARBETTI	56	8.53.5
Donna-Marie ELMS	60	10.18.3
Tracy COLBERT (W	52	11.09.6
Rob LEWIS	74	11.21.8
Ken CARTER	69	16.55.0

**1600m Pudding Mile****Overall placings**

Rob LEWIS	74
Maria BARBETTI	56
Fiona ELY	52

**CROYDON December 7th 2021****1200 METRE WALK**

Gunther ILGOUTZ	83	8.43
Grant MURFETT	54	8.59
Phyllis GOSBELL	83	10.22
Liz WRIGLEY	65	11.08
Gary TURNER	68	11.10
Barry MURLEY	82	11.45
Colinn WILLIAMS	72	11.52
Andrew EGGINTON	60	11.56
Tania NEALE	43	11.57
Allan WOOD	84	12.59
Barrie WICKS	81	14.45

**80 METRE SPRINT**

Peter WILMOTT	56	11.4
Grant MURFETT	54	13.7
Mark PORTBURY	55	14.1
Russell OAKLEY	82	14.7
Allan WOOD	84	15.2

**1200 METRE RUN**

Mark PORTBURY	55	4.21
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**400 METRE RUN N.O.T.**

		<u>Clock</u>	<u>Nom.</u>
Grant MURFETT	54	1.09	1.04
Mark PORTBURY **	55	1.10	1.10
Russell OAKLEY	82	1.33	1.40
Allan WOOD	84	2.18	1.35
Andrew FRASER	79	4.14	1.55

\*\* Winner - Mark Portbury

**2 KM WALK**

Alison THOMPSON	68	14.30
Phyllis GOSBELL	84	17.55

**2 OR 4 KM RUN**2 km:

Geoff ARNOTT	73	11.42
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4 km:

Colin PAGE	67	19.00
Tony FREEGARD	65	20.13

**CROYDON December 14th 2021****1 MILE WALK N.O.T.**

		<u>Clock</u>	<u>Nom.</u>
Alison THOMPSON	68	10.18	11.15
Paul MORITZ	62	11.13	11.35
Gunther ILGOUTZ	85	11.34	12.00
Grant MURFETT	54	12.29	11.58
Liz WRIGLEY	66	14.57	15.35
Rob STAGG	55	14.59	
Gary TURNER	68	15.00	15.45
Andrew EGGINTON **	60	15.28	15.30
Jess DUX	37	15.29	15.00
Allan WOOD	84	17.20	16.00
Barrie WICKS	81	19.05	12.30

\*\* Winner - Andrew Egginton

**70 METRE SPRINT**Heat 1:

Russell OAKLEY	82	13.2
Allan WOOD	84	13.9

Heat 2:

Mark PORTBURY	55	10.1
Jess DUX	37	10.5
Rob STAGG	55	11.0
Grant MURFETT	54	13.7

**800 METRE RUN**

Mark PORTBURY	55	2.38
Grant MURFETT	54	2.50

**300 METRE SPRINT**

Grant MURFETT	54	46.8
Mark PORTBURY	55	49.9
Rob STAGG	55	51.6
Jess DUX	37	60.8
Russell OAKLEY	82	64.3
Allan WOOD	84	87.9

**5 LAPS WALK**

Paul MORITZ	62	14.09
Tony FREEGARD	65	18.14

**9 LAPS RUN**

Colin PAGE	67	18.41
Alison THOMPSON	68	20.40
Geoff ARNOTT	73	22.17

**SHOT**

Jess DUX	37	8.24
Allan WOOD	84	5.58

**DONCASTER December 13 2021****60 metres**

Gerard Brown	(59)	9.26
Barry Dorr	(83)	11.88
Kathy Skultety	(79)	12.62
Nigel Shipley	(78)	14.38
Colin Silcock-Delaney	(89)	12.30

**60 Minutes**

Dino Inbriano	(46)	14,005.0
David Featherston	(47)	13,436.5
Jason Merrett	(49)	12,510.0
Roberto Chavez	(42)	10,418.3
Frances Bloch	(41)	10,416.5
Christopher Worsnop	(64)	8,944.8
Albin Hess	(61)	8,696.3 (New Walk Record)
Tom Leong	(80)	8,029.3
Colin Silcock-Delaney	(89)	7,518.1 (New Record)

**DONCASTER December 20 2021****Christmas Gift (120 handicap)**

Nigel Shipley	(-45)	14.14
Bernie McLoughlan	(-40)	14.44
Carolyn Aughey	(-55)	15.79
Bev Learmont	(-40)	16.16
Andrew Close	(-20)	16.55
Jeffrey Sim	(-30)	16.70
Graham Ford	(-20)	16.82
Maggie Armstrong	(-35)	17.10
Kathy Skultety	(-40)	17.34
Barry Dorr	(-30)	18.72
David McConnell	(-12)	20.76
Jameson Perrine	(-3)	21.16

**2000 metres**

Jameson Perrine	(42)	07:16.0
Jason Merrett	(49)	08:00.0
Bernie McLoughlan	(69)	09:08.4
Jeffrey Sim	(59)	12:31.0
Frank Prowse	(69)	12:41.3 (walk)
Tom Leong	(80)	13:08.5 (record)

**EAST BURWOOD December 2nd 2021****60 METRE SPRINT**

Christopher WORSNOP	64	10.3
Donna CLARKE	68	10.7
Ann HOLCOMBE	74	11.7
Kaykee GOODRICK	50	13.4
Lloyd NICHOLS	80	35.3

**ONE MILE RUN N.O.T.**

		<u>Clock</u>	<u>Nom.</u>	
Ron GILLIES	66	6.56	4.10	
Bernie McLoughlan	69	7.32	7.30	winner
Christopher WORSNOP	64	7.57	7.50	
Janet HOLMES	68	8.34	8.45	

**800 METRE SEALED HANDICAP WALK**

		<u>Clock</u>	<u>Adjusted</u>
Mel BISSETT	46	5.27	8.02
Leo WATSON	80	5.55	8.15
Christopher WORSNOP	64	6.03	8.43
Leonie GILLIES	64	6.29	8.44
Gerald BURKE	81	8.20	8.45
Kaylee GOODRICK	50	6.42	6.42

**200 METRE SPRINT****AGE GRADED CHAMPIONSHIP**

			<u>Age %</u>
Donna CLARKE	68	40.3	75.83
Ann HOLCOMBE	74	43.7	73.84
Peter WILMOTT	55	31.6	73.45
Allan WOOD	84	47.2	70.36
Ron GILLIES	66	36.8	67.91
Christopher WORSNOP	64	37.6	65.51
Bernie McLoughlan	69	39.6	64.62
Leo WATSON	80	52.6	57.79
Lloyd NICHOLS	80	120.3	25.27

**3 KM RUN**

		<u>Clock</u>	<u>Adjusted</u>
Paul EARLE	57	13.51	17.46
Bernie McLoughlan	69	14.42	18.07
Geoff WHEELER	65	15.43	18.18
Peter DODGSHUN	69	15.26	18.21
Ron GILLIES	66	13.34	18.29
Christopher WORSNOP	64	15.20	18.45
Leonie GILLIES	64	18.53	18.53
Paul DURRANT	60	14.46	18.56

**100 METRE SPRINT**

Peter WILMOTT	55	16.3
Donna CLARKE	68	18.2
Ann HOLCOMBE	74	20.1
Allan WOOD	84	21.2
Lloyd NICHOLS	80	68.2

**EAST BURWOOD December 2nd 2021 (cont)****JAVELIN THROW AGE GRADED****TRI THROWS SERIES**

			<u>Age %</u>
Allan WOOD	84	19.36	48.80
Toni MATTERS	53	22.56	45.35
Chris ROBINSON	62	14.57	36.41
Donna CLARKE	68	11.89	34.33
Trevor JUPP	81	13.91	30.40
Peter WILMOTT	55	21.15	30.19
Bernie McLOUGHLAN	69	14.66	27.03
Jack FREDRICKSON	82	10.90	24.93
Kaylee GOODRICK	50	8.70	16.26

**AGE GRADED RESULTS****Age Graded**

		<u>Total</u>
Toni MATTERS	52	151.67
Allan WOOD	83	148.38
Trevor JUPP	81	132.75
Bernie McLAUGHLAN	69	121.57
Chris ROBINSON	62	120.94
Donna CLARKE	68	114.52
Jack FREDRICKSON	82	104.51

**EAST BURWOOD December 9th 2021****60 METRE SPRINT**

Donna CLARKE	68	10.8
Christopher WORSNOP	64	12.1
Shirley COPPOCK	85	14.7
Horacio DIAZ	76	17.7
Leo COFFEY	91	23.2
Lloyd NICHOLS	80	35.2

**600 OR 1000 METRES RUN N.O.T.**

<u>600 Metres:</u>		<u>Clock</u>	<u>Nom.</u>	
Paul Durrant	60	2.09	2.05	
Chris ROBINSON	62	2.38	2.40	winner
Peter SHANAHAN	60	3.13	3.30	

**1000 Metres:**

Dean SCIACCA	55	3.28	3.20
Ron GILLIES	66	3.57	4.15
Christopher WORSNOP	64	4.54	4.50

**1000 METRE WALK N.O.T.**

		<u>Clock</u>	<u>Nom.</u>	
Kylie IRSHAD	50	5.47	6.00	
Christopher WORSNOP	64	6.49	6.45	
Mel BISSETT **	46	6.58	7.00	winner
Leonie GILLIES	64	7.33	7.45	
Gerald BURKE	81	9.52	10.00	
Peter BATTRICK	78	10.23	10.15	

**100 METRE HANDICAP SPRINT****H'cpMtrs**

Lloyd NICHOLS	80	10.9	75
Allan WOOD	84	13.5	34
Donna CLARKE	68	13.8	24
Horacio DIAZ	76	14.3	50
Christopher WORSNOP	64	14.8	20
Leo COFFEY	91	15.2	55
Shirley COPPOCK	85	15.6	40

**SHOT PUT**

Allan WOOD	84	6.21
Donna CLARKE	68	5.70
Chris ROBINSON	62	6.64
Jack FREDRICKSON	82	5.30

**3 X 2000 METRE RELAY****HAWLEY THOMAS MEMORIAL****Men's Teams****CASEY** 23.16

Narinder SINGH	37	8.03
Rob ITALIA	56	7.52
Pramesh PRASAD	47	7.21

**EAST BURWOOD 1**

24.45

Stephen DAY	51	8.01
Perry BIRKETT	59	8.02
Ron GILLIES	66	8.42

**KNOX**

28.57

Paul DURRANT	60	9.17
Peter SHANAHAN	60	12.06
Dean SCIACCA	55	7.34

**EAST BURWOOD 2**

30.34

Sam DEFANIS	73	10.18
Geoff WHEELER	65	9.47
Christopher WORSNOP	64	10.29

**Women's Team****EAST BURWOOD**

29.00

Pia Hunter		8.21
Kylie IRSHAD	50	9.51
Janet HOLMES	68	10.48

Fastest Man - Pramesh Prasad

Fastest Woman - Pia Hunter

**EAST BURWOOD December 16th 2021****60 METRE SPRINT**

Peter WILMOTT	54	8.3
Donna CLARKE	68	9.1
Christopher WORSNOP	64	9.6
Angela TAYLOR	55	10.8
Horacio DIAZ	73	17.1

**800m RUN SELF-H'CAP**

	<u>Clock</u>	<u>Actual</u>
Chris ROBINSON	62	3.59
Janet HOLMES	68	4.04
Bernie McLOUGHLAN	69	4.04
Dean SCIACCA	55	4.15
Christopher WORSNOP	64	4.17

**800m H'CAP WALK**

	<u>Clock</u>	<u>Actual</u>
Peter BATTRICK	78	8.00
Christopher WORSNOP	64	8.07
Leo WATSON	80	8.15
Phyllis GOSBELL	83	8.22
Mel BISSETT	46	8.31
Kylie IRSHAD	50	8.45

**80 METRE SPRINT**

Nick SHEN	18	
Donna CLARKE	68	No
Christopher WORSNOP	64	
Bernie McLOUGHLAN	69	Times
Mel BISSETT	46	
Leo COFFEY	91	Available
Horacio DIAZ	73	

**3000m HANDICAP RUN**

	<u>Clock</u>	<u>Actual</u>
Geoff WHEELER	65	15.00
Bernie McLOUGHLAN	69	15.18
Stephen DAY	51	15.54
Sam DEFANIS	73	16.22
Paul DURRANT	60	16.27
Christopher WORSNOP	64	16.33
Kylie IRSHAD	50	18.43

**Also:**

Chris ROBINSON	62	6.25	1km
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**DISCUS THROW N.O.D.**

	<u>Best</u>	<u>Nom.</u>
Toni MATTERS	53	27.32
Peter WILMOTT	55	21.84
Bernie McLOUGHLAN	69	20.42
Chris ROBINSON	62	16.78
Trevor JUPP	81	16.40
Angela EDWARDS	55	15.46
Andrew FRASER	78	14.45
Jack FREDRICKSON	82	13.52
Allan WOOD	84	12.96
Leo WATSON	80	12.16
Donna CLARKE	68	10.83

**EAST BURWOOD December 23rd 2021****60 METRE SPRINT**

Bernie McLOUGHLAN	69	10.8
Christopher WORSNOP	64	11.1
Horacio DIAZ	77	16.3
Leo COFFEY	91	18.9

**800 OR 1200 METRE RUN 23.12.2021****800 metres:**

Chris ROBINSON	62	4.21
Peter SHANAHAN	60	4.22

**1200 metres:**

Christopher WORSNOP	64	5.53
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**800 METRE HANDICAP WALK**

	<u>Clock</u>	<u>Actual</u>
Peter BATTRICK	78	7.49
Phyllis GOSBELL	83	7.50
Peter SHANAHAN	60	7.51
Christopher WORSNOP	64	7.59
Leo WATSON	80	8.02
Gerald BURKE	81	8.05

**Series Winners:**

- 1 Peter Battrick
- 2 Christopher Worsnop
- 3 Leo Watson

**100 METRE SPRINT**

Christopher WORSNOP	64	18.7
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**400 METRE RUN**

Chris ROBINSON	62	88.0
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**1000 METRE WALK**

Leo WATSON	80	7.33
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**3000 METRE HANDICAP RUN**

	<u>Clock</u>	<u>Actual</u>
Paul EARLE	58	15.55
Bernie McLOUGHLAN	69	15.56
Paul DURRANT	60	16.21
Christopher WORSNOP	64	16.32
Sam DEFANIS	73	16.44
Geoff WHEELER	65	17.03
Peter SHANAHAN	60	19.35

**Series Winners:**

- 1 Bernie McLoughlan
- 2 Paul Durrant
- 3 Paul Earle

**JAVELIN THROW HANDICAP**

	<u>Best</u>	<u>Adjusted</u>
Bernie McLOUGHLAN	69	17.80
Peter SHANAHAN	60	17.73
Leo COFFEY	91	6.99
Chris ROBINSON	62	16.00
Jack FREDRICKSON	82	11.36

**Frankston December 9th 2021**

<b>90m</b>	<b>Age</b>	<b>time</b>
Chris Sheedy	53	17.16
Bill Carr	72	17.78
Mike Hall	83	18.30
Gary Meyer	66	21.00

<b>200m run</b>	<b>Age</b>	<b>Time</b>
Chris Sheedy	53	38.02
Bill Carr	72	38.10
Graham Stockdale	79	41.97
Charlie Mallia	72	42.30
Lindsay Beaton	71	70.25

<b>1600m run</b>	<b>Age</b>	<b>Time</b>
Chris Sheedy	53	6.43
Barry Jeffs	73	8.24
Charlie Mallia	72	8.39
Gary Meyer	66	9.09
Fran Halton	60	10.53
David Dodson	62	11.16

<b>1600m walk</b>	<b>Age</b>	<b>Time</b>
Heather Carr	72	10.53
Greg Lovejoy	79	12.33
John Sutton	78	14.29
Lindsay Beaton	71	15.16

<b>2km walk</b>	<b>Age</b>	<b>Time</b>
Heather Carr	72	13.20

<b>3km walk</b>	<b>Age</b>	<b>Time</b>
Greg Lovejoy	79	23.38
Lindsay Beaton	71	28.54

<b>2km run</b>	<b>Age</b>	<b>Time</b>
Gary Meyer	66	10.48
Chris Sheedy	53	10.48
Bill Carr	72	11.05
Graham Stockdale	79	11.58

<b>5km run</b>	<b>Age</b>	<b>Time</b>
Barry Jeffs	73	26.55
Charlie Mallia	72	28.20
Frances Halton	60	34.58

**Frankston December 9th 2021****Christmas Break up meeting**

<b>50m</b>	<b>Age</b>	<b>Time</b>
Russ Dow	62	8.35
Rob Taylor	53	8.56
Bill Carr	72	9.00
Mesh Prasad	47	10.99

**Graham Kilfoyle memorial H/C H'Cap**

<b>200m Xmas Gift</b>	<b>Age</b>	<b>Time</b>	<b>Metres</b>
Bill Carr	72	29.51	16.44
Rob Taylor	53	29.71	0
Mike Hall	83	30.69	34
Graham Stockdale	79	30.99	34
Charlie Mallia	72	31.49	34
Russ Dow	62	31.89	6.15
Lindsay Beaton	71	37.61	55

**3 minute closest to finish line**

Barry Jeffs	73	1
Graham Stockdale	79	2
Bill Carr	72	
Heather Carr	72	
Mesh Prasad	47	
Charlie Mallia	72	
Greg Lovejoy	79	
Bronwyn Hanns	58	
Russ Dow	62	
Dave Sutherland	67	
Rob Taylor	53	
David Dodson	62	
Gary Meyer	66	
Lindsay Beaton	71	
Carol Johnston	72	

**3km Parlouf relay****The Green Team 10.48**

Russ Dow  
Heather Carr (w)  
Charlie Mallia  
Gary Meyer  
David Dodson

**Team Orange 10.51**

Mesh Prasad  
Rob Taylor  
Greg Lovejoy (w)  
Barry Jeffs  
Dave Sutherland



## Geelong December 1st 2021

### Jeff Walker H/C 3km net time

Peter Lamb	22:04	17:04	
Alf Bluch	22:05	15:30	
Jeff Walker	22:21	18:26	
John Moore	22:49	21:19	
Fred Barnett	22:49	18:09	
<b>Peter Urban</b>	23:14	23:14	Winner
Jill Coyte	23:19	20:04	
Navid Rashid	23:43	12:34	

### Jeff Walker H/C 5km net time

<b>Dave Elward</b>	27:01	23:11	Winner
Frank Engelsman	27:15	26:48	
Cameron White	27:18	22:48	
Paul Stewart	27:37	23:42	
Alan Jenkins	29:01	28:01	
Gerry Fitzpatrick	32:15	30:05	

## Geelong December 8th 2021

### 400m

Peter Lamb	01:19
John Moore	01:27
Fred Barnett	02:00

### 3000m

Amy Carrig	10:18
Darren Riviere	11:35
Dave Elward	12:22
Cameron White	12:43
Alf Bluch	14:40
Gerry Fitzpatrick	14:41
Frank Engelsman	15:29
Jeff Walker	15:50
Kath Oliver	15:50
Fred Barnett	18:07

### 2200m

Jill Coyte	14:10
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### 800m

Amy Carrig	02:33
Dave Palmer	02:37
Navid Rashid	02:47
Dave Elward	02:57
Darren Riviere	03:37
Frank Engelsman	03:59
Jeff Walker	04:06
Fred Barnett	04:40

## Geelong December 15th 2021

### 3km Cross Country

Dave Elward	12:30
Daimin Mole	15:05
Gerry Fitzpatrick	15:24
Fiona Fitzpatrick	18:26
John Moore	20:46
Peter Urban	22:28

### 6km Cross Country

Michael Panckridge	27:19
Paul Stewart	27:41
Cameron White	28:34
Alf Bluch	31:40
Jeff Walker	32:24
Frank Engelsman	32:51
Kath Oliver	33:53
Fred Barnett	38:23

## Geelong December 22nd 2021

### 800m- Alan Foot Age% Heat 1

Josh Unthank	02:25	76.60%
Jack Unthank	02:26	76.40%
Amy Carrig	02:26	77.60%
Emily McCormack	02:28	84.60% winner
Isabella Jordan	02:39	74.70%
Darren Riviere	02:47	73.70%
Daimin Mole	03:02	61.80%
Sophie Jordan	03:04	67.90%
Ben Jordan	03:05	60.30%
Peter Lamb	03:10	75.00%
Frank Engelsman	03:36	67.10%
Kath Oliver	03:49	74.60%
John Moore	04:25	53.10%
Fred Barnett	04:36	69.30%

### 2800m

Amy Carrig	10:25
Ben Jordan	10:58
Stephanie Vander Bruggen	11:14
Sue Howell	12:01
Paul Stewart	12:17
Cameron White	12:35
Darren Riviere	13:53
Frank Engelsman	14:28
Gerry Fitzpatrick	15:11

**Geelong December 22nd 2021 (cont)****2000m**

Fred Barnett	11:59
Jill Coyte	12:10

**1600m**

Cameron White	07:04
Frank Engelsman	08:20
Fred Barnett	09:32

**Mile**

Amy Carrig	05:37
Ben Jordan	06:15
Darren Riviere	06:25
Emily McCormack	07:55

**400m**

Isabella Jordan	01:30
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**Glen Eira December 7th 2021**

<b>100m E/T</b>		<b>Clock</b>	<b>Est</b>	<b>Diff</b>
Jim Rountree	62	16.49	16.4	0.09
Chelsea Whittle	14	16.25	15.9	0.35
Mike Clapper	69	15.53	15.1	0.43
Bob Wishart	80	17.19	17.85	0.66
Jo Whittle	50	20.25	19.0	1.25
Glad Wishart	77	20.80	22.65	1.85
<b>800m H/C (Points)</b>		<b>Clock</b>	<b>H/C</b>	<b>H/C time</b>
Sarah Lorentzen	43	3.57.5	60	2.57.5
Greg Hughes	63	4.04.8	25	3.39.8
Jo Whittle	50	4.07.8	50	3.17.8
Simone O'Brien	49	4.11.4	40	3.31.4
Phil Urquhart	77	4.32.6	GO	4.32.6
<b>200m Bob Wishart H/C</b>		<b>Clock</b>	<b>H/C</b>	<b>Diff</b>
Vivienne Cash	69	36.34	35.3	1.04
Jim Rountree	62	34.08	33.0	1.08
Jim McLure	75	36.12	34.7	1.42
Mike Clapper	69	31.83	29.9	1.93
Glad Wishart	77	45.77	43.5	2.27
Chelsea Whittle	14	33.87	31.0	2.87
<b>Sandra Middleton 3k H/C Walk</b>				
		<b>Clock</b>	<b>H/C</b>	<b>H/C time</b>
John Allan	68	23.18	7.20	30.38
Karyn O'Neill	66	21.13	9.40	30.53
Gwen Steed	79	21.17	9.40	30.57
Conrad Hamann	70	21.21	9.40	31.01
Sandra Middleton	73	22.19	9.06	31.25
Jim Rountree	62	21.46	9.40	31.26
Jim Berrington	65	19.39	11.58	31.37
Tony Doran	69	22.56	9.20	32.16
Michael Heffernan	87	33.15	GO	33.15
John Zeleznikow	71	33.15	1.20	34.35
<b>Ray Kemp 3k H/C</b>		<b>Clock</b>	<b>H/C</b>	<b>H/C time</b>
Mike Clapper	69	19.21	4.30	14.51
Simone O'Brien	49	19.25	4.20	15.05
Chris Campbell	73	19.32	4.20	15.12
James Kingston	53	19.41	8.00	11.41
Helen Van Der Nagt	64	19.54	1.20	18.34
Mark Cant	60	19.54	6.15	13.39
Michelle Edmonds	47	20.00	go	20.00
Greg Hughes	63	20.08	2.45	17.23
Jane Sturzaker	68	20.11	1.50	18.21
Merle Want	60	20.16	3.00	17.16
Sarah Lorentzen	43	20.19	6.20	13.59
Jo Cockwill	69	20.31	3.00	17.31
Steve Strelecky	72	20.38	4.50	15.48
Simon Lloyd	66	20.42	7.45	12.57
Graham Stockdale	79	20.45	2.00	18.45
Sarah Johnson	38	21.09	2.00	19.09
Phil Urquhart	77	21.18	2.00	19.18
Pete Battrick	78	21.32	-10.30	32.02

<b>Glen Eira December 14th 2021</b>				
<b>60m E/T</b>		<b>Clock</b>	<b>E/T</b>	<b>Diff</b>
Mike Clapper	69	9.03	9.1	0.07
Simone O'Brien	49	9.65	9.48	0.17
Jim Rountree	62	9.92	9.7	0.22
Hugh Stevenson	60	9.24	9.0	0.24
Jim McLure	75	10.32	9.98	0.34
Bob Wishart	80	10.14	9.73	0.41
Glad Wishart	77	11.53	12.0	0.47
<b>700m E/T</b>		<b>Clock</b>	<b>H/C</b>	<b>Diff</b>
Alice Sephton	39	4.15	4.30	15
Simone O'Brien	49	2.55	3.43	48
<b>200m Bob Wishart H/C</b>		<b>Clock</b>	<b>H/C</b>	<b>H/C time</b>
Hugh Stevenson	60	43.28	11.00	32.28
Vivienne Cash	69	43.96	8(+3m)	35.96
Mike Clapper	69	45.03	14.00	31.03
Jim McLure	75	45.28	9.00	36.28
Jim Rountree	62	45.57	11.00	34.57
Glad Wishart	77	46.14	Go+3m	46.14
<b>Sandra Middleton 3k H/C</b>		<b>Clock</b>	<b>H/C</b>	<b>H/C time</b>
Jim Berrington	65	30.40	11.30	19.10
Jim Rountree	62	30.38	9.47	20.51
Gwen Steed	79	30.44	9.43	21.01
Conrad Hamann	70	30.53	9.39	21.14
Karyn O'Neill	66	31.06	9.47	21.19
John Allan	68	31.24	8.40	22.44
Sandra Middleton	73	31.31	9.05	22.26
Tony Doran	69	32.11	9.15	22.56
Michael Heffernan	87	32.30	GO	32.30
John Zeleznikow	71	33.38	1.00	32.38
<b>Ray Kemp 3k H/C</b>		<b>Clock</b>	<b>H/C</b>	<b>H/C time</b>
Janine McKerron	60	18.53	3.30	15.23
Michelle Edmonds	47	19.15	GO	19.15
Mike Clapper	69	19.32	5.00	14.32
Steve Strelecky	71	19.36	4.20	15.16
Simon Lloyd	66	19.41	7.15	12.26
Veronica Ellsmore	36	19.43	5.00	14.43
Chris Brown	66	19.47	4.00	15.47
James Kingston	53	19.47	8.10	11.37
Simone O'Brien	49	19.50	4.45	15.05
Nicky Grafen	10	19.57	4.30	15.27
Pete Battrick	78	19.57	-12.00	31.57
Mark Cant	60	20.00	6.15	13.45
Janet Holmes	68	20.06	3.00	17.06
Greg Hughes	63	20.14	3.00	17.14
Hugh Stevenson	60	20.18	GO	20.18
Helen Van Der Nagel	64	20.37	1.20	19.17
Phil Urquhart	77	20.48	1.00	19.48
Merle Want	60	21.01	3.00	18.01
Graham Stockdale	79	21.26	2.00	19.26
Jane Sturzaker	68	21.34	2.30	19.04
Chris Campbell	73	22.37	4.20	18.07

<b>Glen Eira December 21st 2021</b>				
<b>Family Feud 2 x 200m relay</b>				
<b>Heat 1</b>		<b>Clock</b>	<b>H/C</b>	<b>H/C Time</b>
Michelle Edmonds/Nathan C	47/15	1.17.8	13	1.04.8
Sandra/Damian Middleton	73/15	1.21.6	GO	1.21.6
Mike Clapper/Jo Cockwill	69/69	1.23.7	2	1.21.7
Bob/Glad Wishart	80/77	1.25.6	3	1.22.6
Chris Campbell/Veronica El	73/36	1.27.8	GO	1.27.8
<b>Heat 2</b>				
Simon/Georgia Lloyd	66/?	1.18.2	11	1.07.2
Jim/Eaden Rountree	62/28	1.19.3	10	1.09.3
James Kingston/Sarah Lore	53/43	1.21.6	14	1.07.6
Jim McLure/Maddy	75/?	1.22.5	7	1.15.5
<b>Final</b>				
James Kingston/Sarah Lore	53/43	1.20.1	14	1.06.1
Sandra/Damian Middleton	73/15	1.20.2	5	1.15.2
Mike Clapper/Jo Cockwill	69/69	1.22.1	GO	1.22.1
Jim/Eaden Rountree	62/28	1.22.7	13	1.09.7
Michelle Edmonds/Nathan C	47/15	1.23.5	17	1.06.5
Simon/Georgia Lloyd	66/?	1.28.3	15	1.13.3
<b>Reindeer Sprint 100m</b>		<b>Clock</b>		
Chris Brown	66	17.82		
Greg Hughes	63	18.97		
Llewellyn Jenkins	76	26.88		
<b>Christmas Cheers Relay</b>		<b>Clock</b>	<b>E/T</b>	<b>Diff</b>
<b>(2 x 400 walk/run)</b>				
Gwen Steed/Greg Hughes	79/63	4.08.4	4.19	-10.6
Sandra/Damian Middleton	73/15	3.50.7	4.02	-11.3
Chris Campbell/Veronica El	73/36	3.55.4	4.20	-24.6
<b>Turkey Leg Walk (4 laps - Lane 3)</b>		<b>Clock</b>	<b>E/T</b>	<b>Diff</b>
Tony Doran	69	12.06	12.01	5
Conrad Hamann	70	11.25	11.30	-5
Michael Heffernan	87	16.22	16.30	-8
Gwen Steed	79	12.05	12.14	-9
Karyn O'Neill	66	11.46	11.55	-9
Pete Battrick	78	17.21	17.10	11
Cynthia Ellery	72	14.20	14.02	18
John Zeleznikow	71	16.03	16.30	-27
Jim Berrington	65	10.36	11.35	-59
Lew Jenkins	76	14.38	13.00	98
Jim Rountree	62	13.40	12.00	100

**Glen Eira December 21st 2021 (cont)****Santa's Run (6 laps - Lane 6)**

		<b>Clock</b>	<b>E/T</b>	<b>Diff</b>
Mike Clapper	69	13.01	13.00	1
Sarah Lorentzen	43	12.31	12.30	1
Merle Want	60	15.31	15.30	1
Nicky Grafen	11	13.51	14.00	-9
Jo Cockwill	69	15.12	15.00	12
Janine McKerron	61	13.47	14.00	-13
Steve Strelecky	72	13.12	12.58	14
Terry O'Neill	65	12.33	12.50	-17
Simone O'Brien	49	13.21	13.42	-21
Sarah Johnson	38	15.56	16.18	-22
Chris Campbell	73	14.02	14.30	-28
James Kingston	53	10.32	11.00	-28
Jane Sturzaker	68	16.44	16.15	29
Graham Stockdale	79	15.26	16.00	-34
Veronica Ellsmore	36	13.07	14.00	-53
Chris Brown	66	13.45	15.00	-75
Phil Urquhart	77	18.04	16.30	94
Helen Van Der Nage	64	16.27	14.30	117
Greg Hughes	63	17.23	15.01	142

**KNOX DECEMBER 1st 2021****300m**

Ros Dyer	57	1.41
Peter Shanahan	60	2.22
Maggie Hawkes	65	2.54

**700metres**

Paul Durrant	60	2.37
David Wear	75	3.26
Bob Henderson	75	3.26
Peter Thorne	73	3.42
Glenn Claiden	67	3.46
Sam DeFanis	73	3.47
Ian U'Ren	70	5.15
Glenys Brown	68	5.26

**1100metres**

Ryan Clark	45	5.36
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**Distance****3k**

Bob Henderson	75	18.12	
Maggie Hawkes	65	23.01	
Peter Shanahan	60	24.28	
Anne McPherson	65	33.43	walk
Ian U'Ren	70	33.46	walk
Glenys Brown	68	33.5	walk

**5k**

Sam DeFanis	73	27.14
Ros Dyer	57	27.48
Peter Thorne	73	27.49
Glenn Claiden	67	28.26
David Wear	75	28.5
Paul Durrant	60	31.31
Ryan Clark	45	??.??

**KNOX DECEMBER 8th 2021****800m walk**

Peter Thorne	73	6.42
Mick Carr	68	6.43
Peter Shanahan	60	7.35
David Wear	75	8.4
Ian U'Ren	70	8.46
Marina Curnow	73	9.03
Ros Dyer	56	9.03
Bob Henderson	75	9.07
Sam DeFanis	73	8.08
Paul Twining	72	9.09
Anne McPherson	65	9.3
Glenn Claiden	67	9.3
Andrea Putting	58	9.3
Mark Harris	53	11.3

**KNOX DECEMBER 8th 2021 (cont)****800m**

Helen Stanley	66	3.31
Bob Henderson	75	4.09
David Wear	75	4.11
Glenn Claiden	67	4.17
Peter Shanahan	60	4.33
Stephen Richards	60	4.36
Mick Carr	68	5.57
Paul Durrant	60	6.01
Ryan Clark	45	6.07
Anne McPherson	65	8.16 walk
Ian U'Ren	70	8.17 walk

**1200m**

Paul Twining	72	7.06
Peter Thorne	73	7.17

**2k**

Stephen Richards	60	12.46
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**4k**

Helen Stanley	66	20.25
Bob Henderson	75	22.56
Peter Thorne	73	23.55
Peter Shanahan	60	26.2

**5k**

Sam DeFanis	73	26.59
Ros Dyer	56	27.18
Mick Carr	68	38.32 walk

**6k**

Paul Twining	72	30.27
David Wear	75	30.29
Paul Durrant	60	33.43
Ryan Clark	45	34.17

**KNOX DECEMBER 15th 2021****800m walk**

Peter Shanahan	60	8.22
Glenn Claiden	67	8.28
Graeme Leticq	67	8.29
Peter Thorne	73	9.17
Sam De Fanis	73	9.21
Paul Twining	72	9.22
Helen Stanley	66	9.23
Ros Dyer	57	9.28
David Wear	75	9.30
Ryan Clark	45	9.30
Peter LeGet	87	9.32
Glenys Brown	68	9.40
Marina Curnow	73	9.42
Maggie Hawkes	65	9.43

**600m**

Paul Durrant	60	3.11
Glenn Claiden	67	3.16
Peter Shanahan	60	4.2
1000metres		
Graeme Leticq	67	5.3
Paul Twining	72	5.31
Ryan Clark	45	5.47

**Dog Loop Relay****1st**

Paul Durrant	60	
Paul Twining	72	
Ros Dyer	57	
Peter Shanahan	73	29.4

**2<sup>nd</sup>**

Helen Stanley	66	
Glenn Claiden	67	
Maggie Hawkes	65	
Ryan Clark	45	30.05

**3rd**

Graeme Leticq	67	
Sam De Fanis	73	
Glenys Brown	68	
Peter Thorne	73	30.4

**KNOX DECEMBER 22nd 2021****800m walk**

John Graham	70	6.22
Mick Carr	68	
Glenn Claiden	67	7.44
Bob Henderson	75	7.44
Anne McPherson	65	7.55
Peter Thorne	73	7.55
Graeme Leticq	67	8.27
Paul Twining	72	8.27
Peter Shanahan	60	8.33
Maggie Hawkes	65	8.34
Dean Sciacca	55	8.4
Luke Sciacca	12	8.41
David Wear	75	8.42
Paul Durrant	60	8.43

**KNOX DECEMBER 22nd 2021 (cont)****700m**

John Graham	70	2.54
Bob Henderson	75	3.23
Paul Durrant	60	3.32
Paul Twining	72	3.49
Graeme Leticq	67	3.53
Peter Shanahan	60	3.54
Glenn Claiden	67	3.56
David Wear	75	3.57
Mick Carr	68	5.17 walk
Paul Durrant	60	6.31

**1100m**

Dean Sciacca	55	4.18
Peter Thorne	73	6.01
1500metres		
Luke Sciacca	12	5.22
Lavinia Petrie	78	7.32

**Distance**

3k

Bob Henderson	75	17.01
Maggie Hawkes	65	24.05

5k

Luke Sciacca	12	20.24
Dean Sciacca	55	20.31
John Graham	70	23.29
Helen Stanley	66	24.07
Graeme Leticq	67	24.38
Paul Twining	72	24.5
Paul Durrant	60	27.32
David Wear	75	27.42
Glenn Claiden	67	28.36
Peter Thorne	73	30.36
Peter Shanahan	60	35.13
Mick Carr	68	39.14 walk

**KNOX DECEMBER 29th 2021****800m walk**

Mick Carr	68	6.1
Glenn Claiden	67	8.58
Peter Thorne	73	7.55
Bob Henderson	75	8.27
Bernie McLoughlan	69	8.28
Paul Twining	72	8.29
David Wear	75	8.31
Paul Durrant	60	8.43

**800m**

Paul Durrant	60	4
Bernie McLoughlan	69	4.01
David Wear	75	4.04
Paul Twining	72	4.04
Glenn Claiden	67	4.06
Peter Thorne	73	4.23
Michelle Quan	52	4.3
Bob Henderson	75	4.41
Mick Carr	68	6.03 walkPB

**Distance**

3k

Bob Henderson	75	17.21
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4k

Glenn Claiden	67	24.45
Paul Durrant	60	25.5

5k

Paul Twining	72	25.02
Michelle Quan	52	25.11
Bernie McLoughlan	69	25.24
David Wear	75	26.49
Peter Thorne	73	30.24
Mick Carr	68	38.35 walk

**Mentone December 1st 2021****500m E.T. Walk**

		<u>Clock</u>	<u>Diff</u>
Bev Hugo	81	4.12	0.00
John Zeleznikow	71	4.51	0.01
Jill Mannering	85	4.56	-0.04
Maureen Seedsman	84	3.55	0.05
Michael Boulton	67	4.15	0.10
Nola Finn	61	6.03	-0.12
Iris Boulton	73	4.08	0.13
Joan Clarke	86	5.00	0.14
John Mathew	85	5.16	0.16
Frank McNamara	68	4.37	-0.23

**1 Mile Self H/cap****John Waite trophy**

		<u>Clock</u>	<u>Actual</u>
Sandra Wynne	70	12.04.2	11.02.2
Greg Hughes	63	13.46.3	12.14.3
Avril Britter	62		11.15.9

**100m E.T.****John Waite trophy**

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	20.34	-0.16
Bob Wishart	80	17.10	-0.27
Ron Arthur	82	17.65	0.35
Vivienne Cash	69	17.37	0.37
Avril Britter	62	19.66	-0.97
Glad Wishart	77	22.82	1.82
Greg Hughes	63	20.65	3.65
John Mathew 60m	85	21.12	

**4 Km E.T.****John Waite trophy**

		<u>Clock</u>	<u>Diff</u>
Avril Britter	62	24.55	0.58
Greg Hughes	63	27.02	1.22
Sandra Wynne	70	21.58	-2.12

**1500m/ 3000m E.T. Walk**

<u>1500m</u>		<u>Clock</u>	<u>Diff</u>
Iris Boulton	73	13.00	0.00
Geoff Barrow	72	10.43	0.03
Frank McNamara	68	14.23	-0.37
Maureen Seedsman	84	12.46	-0.44
Michael Boulton	67	13.11	-0.49
Bev Hugo	81	13.19	-0.49
Joan Clarke	86	17.26	0.56
Jill Mannering	85	17.26	2.26
John Mathew	84	19.15	4.15
Nola Finn	85	24.07	-5.53
<u>3000m</u>			
John Zeleznikow	71	30.19	0.19

**Mentone December 8th 2021****600m E.T. Walk**

		<u>Clock</u>	<u>Diff</u>
Iris Boulton	72	4.58	-0.02
Maureen Seedsman	84	4.45	0.02
Greg Hughes	63	4.44	0.04
Bev Hugo	81	5.04	-0.04
Kevin Cassidy	61	4.04	0.04
John Zeleznikow	71	5.40	-0.05
Joan Clarke	86	5.57	-0.08
Michael Boulton	67	5.10	0.10
Debbie Thomson	64	7.02	0.17
Daniel Short	Inv	4.23	-0.22
Nola Finn	85	7.25	-0.25
Susan Short	48	3.38	-0.52

**1000m Self H/cap**

		<u>Clock</u>	<u>Actual</u>
Greg Hughes	63	5.12.8	5.10.8
David Short	44	5.15.9	4.02.2
Susan Short	47	5.19.7	3.52.7
Ciara Short	Inv	5.20.8	4.33.8
Sandra Wynne	70	5.50.0	5.23.0
Pam Mews	86	11.17.0	11.17.0
Avril Britter	63		5.09.3 DQ

**70m E.T.**

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	14.00	-0.09
Ciara Short	Inv	11.77	-0.23
Sandra Wynne	70	13.63	0.33
Daniel Short	Inv	12.15	0.35
David Short	44	9.79	0.59
Bob Wishart	80	12.62	0.77
Susan Short	48	11.55	1.55
Glad Wishart	77	14.88	2.43

**2 Miles E.T.**

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	19.02	0.29
Greg Hughes	63	19.28	0.53
Sandra Wynne	70	18.59	0.54

**2000m/4000m E.T. Walk**

<u>2000m</u>		<u>Clock</u>	<u>Diff</u>
Frank McNamara	68	18.56	-0.04
Maureen Seedsman	84	17.07	-0.13
Bev Hugo	81	17.59	-0.16
Geoff Barrow	72	14.18	-0.17
Michael Boulton	67	18.26	0.26
Iris Boulton	72	17.22	-0.38
Joan Clarke	86	21.07	-0.53
Kevin Cassidy	61	14.16	2.16
<u>4000m</u>			
John Zeleznikow	71	40.55	-0.05

<b>Mentone December 15th 2021</b>			
<b>800m E.T. Walk</b>			
		<u>Clock</u>	<u>Diff</u>
John Zeleznikow	71	8.00	-0.01
Maureen Seedsman	84	6.30	-0.05
Bev Hugo	81	6.50	-0.05
Joan Clarke	86	8.08	-0.08
Ralph Bennett	79	5.17	-0.08
Ian Beaumont	85	8.06	-0.09
Julian Boland	58	5.35	-0.10
Dawn Bennett	76	6.50	0.10
Susan Short	48	5.03	-0.12
Daniel Short	Inv	5.16	-0.14
Nola Finn	85	10.18	0.18
Kevin Cassidy	61	4.30	0.22
John Mathew	85	8.34	-1.26
<b>1500m E.T.</b>			
		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	8.11.9	-2.1
Susan Short	48	6.14.6	-5.4
Daniel Short		6.13.0	-7.0
Ciara Short	Inv	7.01.6	-8.4
Sandra Wynne	70	8.09.1	-10.9
Helen Castel	58	7.58.3	2.01.7
<b>150m E.T.</b>			
		<u>Clock</u>	<u>Diff</u>
Bob Wishart	80	26.31	0.11
Daniel Short	Inv	24.83	-0.17
John Mathew	85	18.60	0.60
Susan Short	48	25.22	1.22
Vivienne Cash	69	26.53	1.53
Glad Wishart	77	34.92	2.52
<b>5 Km E.T.</b>			
		<u>Clock</u>	<u>Diff</u>
Frank McNamara	68	21.52	0.52
Avril Britter	62	30.49	1.19
Sandra Wynne	70	30.02	1.37
<b>1 Mile/2 Miles E.T. Walk</b>			
<u>1 Mile</u>			
		<u>Clock</u>	<u>Diff</u>
Bev Hugo	81	14.17	0.02
Geoff Barrow	72	11.35	-0.05 @
Julian Boland	59	11.33	-0.07
Maureen Seedsman	84	13.40	-0.20
Nola Finn	85	26.06	0.36
Joan Clarke	86	17.15	-0.45
Kevin Cassidy	61	9.48	0.48 @
John Mathew	85	20.37	-1.23
<u>2 Miles</u>			
		<u>Clock</u>	<u>Diff</u>
John Zeleznikow	71	33.57	-0.03
Ralph Bennett	79	20.51	-0.30
Dawn Bennett	76	29.08	1.18

<b>Mentone December 22nd 2021</b>			
<b>400m E.T. Walk</b>			
		<u>Clock</u>	<u>Diff</u>
Dawn Bennett	76	3.15	0.00
Bev Hugo	81	3.21	0.00
Ciara Short	Inv	3.09	-0.01
Iris Boulton	72	3.14	-0.01
Maureen Seedsman	84	3.04	-0.02
Jeanne Bryan	79	4.13	-0.02
Joan Clarke	86	3.50	-0.02
Debbie Thomson	64	4.25	0.02
Helen Bryan	51	4.13	-0.03
Kevin Cassidy	61	2.00	-0.05
Michael Boulton	67	3.15	-0.05
Ralph Bennett	79	2.26	-0.06
Nola Finn	85	4.41	0.06
John Zeleznikow	71	3.42	-0.08
Julian Boland	58	2.11	-0.09
Susan Short	48	2.20	-0.10
Vivienne Cash	69	2.59	-0.11
Gwen Steed	79	2.28	-0.12
Daniel Short	Inv	2.55	0.20
Jill Mannering	85	3.48	0.48
<b>3Km Self H/cap</b>			
		<u>Clock</u>	<u>Actual</u>
Ashley Page	81	30.52	17.26
John Zeleznikow	71	31.05	31.05
Marlene Gourlay **	70	31.18	14.18
Sandra Wynne	70	31.25	17.15
Graham Stockdale	79	31.49	17.49
Greg Hughes	63	32.32	19.47
Ralph Bennett	79		17.37 DQ
Helen Castel	58		16.02 DQ
Stephen Bird	58		13.37 DQ
Kuni Bowden	55		13.27 DQ
Matt Bowden	55		11.50 DQ
<b>Relay Walk 2x 400m</b>			
		<u>Clock</u>	
Ciara Short	Inv	12.33	
Iris Boulton	72		
Julian Boland	58	12.36	
John Mathew	85		
Daniel Short	Inv	12.38	
Michael Boulton	67		
Geoff Barrow	72	13.03	
Bev Hugo	81		
Susan Short	48	13.09	
Jill Mannering	85		
Gwen Steed	79	13.21	
Helen/Jeanne Bryan			
Maureen Seedsman	84	13.48	
Dawn Bennett	76		
Kevin Cassidy	61	?	
Nola Finn	85		



**Mentone December 29th 2021**

<u>500m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Gwen Steed	79	3.13	0.01
Debbie Thomson	64	5.40	0.02
Ashley Birrell	77	5.18	0.06
Maureen Seedsman	72	3.58	0.08
Dawn Bennett	76	4.14	0.09
Jill Mannering	85	4.51	-0.09
Joan Clarke	86	5.00	0.10
John Mathew	85	5.10	0.10
Kevin Cassidy	61	3.13	0.13
Ralph Bennett	80	3.05	0.15
Ian Beaumont	85	4.54	-0.16
Margaret Beaumont	83	4.41	-0.17
Julian Boland	58	3.13	0.18
John Zeleznikow	71	4.30	-0.18

<u>1000m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Stephen Bird	58	3.54.8	4.8
Ashley Page	81	5.36.7	11.7
Col Waring	76	4.41.7	-68.3
Helen Castel	58	5.11.6	-83.4

<u>80m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Ron Arthur	82	13.81	-0.49
Glad Wishart	77	16.25	0.75
John Mathew	85	24.88	0.88
Stephen Bird	58	13.19	-1.81

<u>4 Km Self H/cap</u>		<u>Clock</u>	<u>Actual</u>	
John Zeleznikow	71	41.55	41.55	
Stephen Bird	58	44.15	20.45	
Helen Castel	58		24.03	DQ

<u>5 lap Spiral E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Margaret Beaumont	83	20.41	-0.04
Maureen Seedsman	72	17.55	-0.05
Ashley Birrell	77	22.17	0.27
Gwen Steed	79	14.28	-0.28
Dawn Bennett	76	18.12	0.32
Geoff Barrow	72	14.40	-0.40
Ralph Bennett	80	12.48	-0.42
Ian Beaumont	85	21.53	0.56
Julian Boland	58	14.18	1.13
Joan Clarke	86	22.38	1.26
Kevin Cassidy	61	12.33	-1.27
John Mathew	85	27.32	2.32

**SPRINGVALE December 1st 2021**

<u>50 metres</u>			
Alan ANDERSON	30	7.20	
Sayed KHATAB	71	8.10	
Kevin PARDY	56	8.20	
Helen ANDERSON	59	8.80	
Mike HALL	82	9.30	
Juan PEREZ	82	10.50	
Dominique RUELOT	70	13.30	

<u>800 metres</u>			
Alan ANDERSON	30	3.00	
Kevin PARDY	56	3.36	
Howard REES	74	3.57	
Lindsay OXENHAM	72	4.25	
Juan PEREZ	82	4.58	

<u>400 metres hcp</u>		actual	clock
Helen ANDERSON	59	1.24	2.20
Dave TALBOT	67	1.28	2.22
Bill IRVINE	73	1.40	2.23
Sayed KHATAB	71	1.25	2.23
Paul WINTERTON	67	1.46	2.25
Dominique RUELOT	70	2.28	2.28
Alan ANDERSON	30	1.13	2.29
Juan PEREZ	82	2.11	2.35
Lindsay OXENHAM	72	1.59	2.42
Kevin PARDY	56	1.49	2.46

<u>2500 metres road walk</u>		
Frank ALLEN	76	27.13
Tony JOHNSON	81	27.40
Celia JOHNSON	74	28.16
Mark McGuinness		28.34
Mrs McGuinness		28.34
John MANNING	75	29.22
Ernie JEFFS	77	29.22

<u>1500 metres road walk</u>		
Natalie IRVINE	74	14.57
Bill IRVINE	73	14.57
Tony DORAN	69	14.57

<u>3100 metres road run</u>		
Howard REES	74	14.48
Kevin PARDY	56	16.36
Sayed KHATAB	71	17.29
Lou BUCCIERI	66	18.59
Lindsay OXENHAM	72	19.24
Juan PEREZ	82	20.53
Helen ANDERSON	59	20.57
Dominique RUELOT	70	21.06

**SPRINGVALE December 8th 2021****70 metres Heat 1**

Juan PEREZ	82	14.00
Dave TALBOT	67	14.20
Lou BUCCIERI	66	15.20
Howard REES	74	15.40
Paul WINTERTON	67	16.00

**Heat 2**

Helen ANDERSON	59	11.80
Tracey HUTCHINSON	51	13.50
Tony DORAN	69	14.70
Lindsay OXENHAM	72	16.30
Mick COLGAN	70	17.30

**Heat 3**

S NASH		9.50
Troy JEFFS	47	15.60
Guest		16.00
Paul MULLINS	81	18.80
Frank ALLEN	76	31.10

**Heat 4**

Bill IRVINE	73	17.20
Dominique RUELLOT	70	18.30
Pam THOMAS	75	30.70
Celia JOHNSON	74	32.20
Natalie IRVINE	74	34.40

**Heat 5**

Alan ANDERSON	30	9.20
Guest		9.70
Sayed KHATAB	71	11.40
Mike HALL	82	12.60
Kevin PARDY	56	16.10

**2500 metres road walk**

Peter ELLIS	70	17.52
Tony DORAN	69	18.58
Celia JOHNSON	74	22.02
Frank ALLEN	76	22.03
Pam THOMAS	75	22.13
Tony JOHNSON	81	22.21
Bill IRVINE	73	23.48
Natalie IRVINE	74	24.24
Rebecca KENNY	52	24.40
Kevin PARDY	56	25.14
Ian TREGEAR	71	25.21
John MANNING	75	25.22

**4000 metres road run**

Howard REES	74	19.54
C HUTCHINSON		19.55
Will SELICK	49	21.15
Troy JEFFS	47	21.43

Dave TALBOT	67	21.03
Lou BUCCIERI	66	22.46
Dragan ISAALOVIC	62	23.08
Sayed KHATAB	71	23.23
Helen ANDERSON	59	24.40
Lindsay OXENHAM	72	25.17
Paul MULLINS	81	26.28
Juan PEREZ	82	29.16
Paul WINTERTON	67	32.54
Dominique RUELLOT	70	18.17?
Tracey HUTCHINSON	51	19.08?

**200 metres walk**

Tony DORAN	69	1.14
Kevin PARDY	56	1.23
Sayed KHATAB	71	1.26
Rebecca KENNY		1.30
Celia JOHNSON	74	1.31
Frank ALLEN	76	1.32
Pam THOMAS	75	1.45
Mick COLGAN	70	1.46
Natalie IRVINE	74	1.46

**400 metres Heat 1**

S NASH	75	70.60
C HUTCHINSON		74.30
Alan ANDERSON	30	75.70
Helen ANDERSON	59	86.70
Dave TALBOT	67	92.50
Troy JEFFS	47	107.50
Lou BUCCIERI	66	110.50
Paul MULLINS	81	111.20

**Heat 2**

Sayed KHATAB	71	85.40
Bill IRVINE	73	102.80
Howard REES	74	108.60
Paul WINTERTON	67	119.80
Lindsay OXENHAM	72	123.70
Tracey HUTCHINSON	51	132.30
Juan PEREZ	82	132.20
Dominique RUELLOT	70	148.80

**SPRINGVALE December 15th 2021****70 metres**

Alan ANDERSON	30	9.40
Sayed KHATAB	71	10.70
Helen ANDERSON	59	11.90
Mike HALL	83	12.70
Juan PEREZ	82	13.40
Dominique RUELLOT	70	17.80

**SPRINGVALE December 15th 2021 (cont)****400 metres hcp.**      *actual*    *clock*

Alan ANDERSON	30	1.12	2.14
Sayed KHATAB	71	1.17	2.18
Helen ANDERSON	59	1.20	2.20
Dave TALBOT	67	1.24	2.22
Bill IRVINE	73	1.37	2.24
Paul WINTERTON	67	1.44	2.25
Dominique RUELLOT	70	2.26	2.26
Juan PEREZ	82	2.13	2.33

**600 metres**

Alan ANDERSON	30	2.23
Sayed KHATAB	71	2.32
Neil GRAY	74	2.48
Lou BUCCIERI	66	2.52
Howard REES	74	3.04
Juan PEREZ	82	3.34

**1200 / 2000 metres walk**

Tony JOHNSON	81	10.27
Natalie IRVINE	74	11.48
Anand THILLAISUNDARAM	45	11.48
Peter ELLIS	70	13.49
Pam THOMAS	75	14.21
Tony DORAN	69	16.16
Celia JOHNSON	74	16.32
Jim SMITH	81	16.33
Frank ALLEN	76	17.24
Dennis PHILLIPS	79	17.50
Ernie JEFFS	77	19.55
John MANNING	75	21.04
John ABEL	71	21.04

**2000 metres**

Will SELICK	49	10.23
Dave TALBOT	67	10.39
Sayed KHATAB	71	10.57
Bill IRVINE	73	11.00
Helen ANDERSON	59	11.24
Dominique RUELLOT	70	14.13

**4000 metres**

Alan BENNIE	74	18.07
Howard REES	74	20.32
Troy JEFFS	47	21.40
Lou BUCCIERI	66	23.12
Paul MULLINS	81	21.51?
Juan PEREZ	82	28.25

**SPRINGVALE December 22nd 2021****100 metres heat1 1**

Alan ANDERSON	30	13.90
Helen ANDERSON	59	16.40
Mike HALL	83	17.30
Chris McARDLE	68	17.40
Lindsay OXENHAM	72	23.40

**heat 2**

Sayed KHATAB	71	15.80
Dave TALBOT	67	18.80
Dragan ISAALOVIC	62	19.10
Tracey HUTCHINSON	51	20.40
Paul WINTERTON	67	23.50
Dominique RUELLOT	70	24.70

**800 metres**

Alan ANDERSON	30	2.51
Sayed KHATAB	71	3.18
Helen ANDERSON	59	3.33
Paul MULLINS	81	3.42
Howard REES	74	3.55
Troy JEFFS	47	4.04
Lou BUCCIERI	66	4.07
Lindsay OXENHAM	72	4.22

**2000 metres**

Alan BENNIE	74	8.41
Jamie DAVIN	33	8.55
Alan ANDERSON	30	9.39
Howard REES	74	9.50
Troy JEFFS	47	10.47
Bill IRVINE	73	10.50
Lou BUCCIERI	66	10.51
Dragan ISAALOVIC	62	11.16
Helen ANDERSON	59	11.18
Lindsay OXENHAM	72	12.00
Chris McARDLE	68	13.32
Dominique RUELLOT	70	14.05
Tracey HUTCHINSON	51	14.23
Celia JOHNSON	74	15.26

**1200 metres walk**

Anand THILLAISUNDARAM	45	7.59
Tony DORAN	69	9.17
Tony JOHNSON	81	9.52
Dennis PHILLIPS	79	10.08
Frank ALLEN	76	10.10
Natalie IRVINE	74	11.40