

Around the Grounds

Venue Results for March 2022



Aberfeldie, Casey Fields, Coburg, Croydon, Doncaster,
East Burwood, Frankston & Peninsula, Geelong,
Glen Eira, Knox, Mentone, Springvale/Noble Park

ABERFELDIE March 2nd 2022

100m	Age	Time	Age-grade
Tony Bradford	82	20.0	73.5%
Graham Eadie	70	16.4	75.7%
Cheryl Beveridge	57	16.4	80.2%
Michael Orelli	77	28.8	47.2%
Ruby Beveridge	20	19.2	55.2%
1500m	Age	Time	Age-grade
Stephen Barker	78	08:47	60.8%
Michael Orelli	77	08:39	60.5%
David Jones	71	06:44	70.5%
Trevor Hawksworth	75	08:34	58.8%

200m	Age	Time	Age-grade
Graham Eadie	70	36.2	71.3%
Tony Bradford	82	43.6	72.8%
Marlon Cummings	44	26.2	81.9%

5000m	Age	Time	Age-grade
Stephen Barker	78	30:47	63.8%
Bill Ristevski	57	37:03	41.3%

4000m	Age	Time	Age-grade
Andrea Draper	44	26:04	47.3%

3000m	Age	Time	Age-grade
John Dean	77	24:10	46.3%
Ruby Beveridge	20	17:45	47.1%
Cheryl Beveridge	57	21:41	49.6%
Marlon Cummings	44	14:48	54.0%
Michael Orelli	77	17:55	62.4%
Graham Eadie	70	16:00	62.6%
Trevor Hawksworth	75	19:50	54.3%
Ash McDowall	50	21:40	38.7%
Maggie Armstrong	59	18:03	61.3%
Shane Draper	48	11:34	71.3%
David Jones	71	16:41	60.8%

ABERFELDIE March 9th 2022

80m	Age	Time
Michael Orelli	77	25.0
Matthew Goodger	44	14.6
Tony Bradford	82	16.1
Ruby Beveridge	20	15.0
Cheryl Beveridge	57	13.5

1000m	Age	Time	Age-grade
Michael Orelli	77	06:26	51.8%
Stephen Barker	78	05:40	59.8%
Maggie Armstrong	59	04:54	64.2%
Trevor Hawksworth	75	06:28	50.0%
Andrea Draper	45	06:26	41.3%
Bill Ristevski	57	05:56	45.1%

400m	Age	Time	Age-grade
Cheryl Beveridge	57	93.2	66.6%
Maggie Armstrong	59	98.4	64.3%
Marlon Cummings	44	59.8	79.5%

4000m	Age	Time	Age-grade
Bill Ristevski	57	26:20	45.9%
3000m	Age	Time	Age-grade
Andrea Draper	45	19:30	47.2%
2000m	Age	Time	Age-grade
Stephen Barker	78	13:54	52.9%
Ruby Beveridge	20	10:56	49.0%
Matthew Goodger	44	11:58	43.0%
Trevor Hawksworth	75	13:30	51.4%
Marlon Cummings	44	09:59	51.6%
Shane Draper	48	08:24	63.2%

ABERFELDIE March 16th 2022

100m	Age	Time	Age-grade
Michael Orelli	77	30.6	44.4%
Tony Bradford	82	19.6	75.0%
Marlon Cummings	44	13.2	79.9%

1500m	Age	Time	Age-grade
Michael Orelli	77	09:23	55.7%
Stephen Barker	78	08:19	64.2%
Bill Ristevski	57	08:56	46.5%
Maggie Armstrong	59	07:40	67.9%
Andrea Draper	45	09:23	46.2%
Stephen Murphy	61	08:22	51.4%

200m	Age	Time	Age-grade
Tony Bradford	82	42.4	74.9%
Michael Orelli	77	62.3	46.3%
Marlon Cummings	44	27.8	77.2%
Maggie Armstrong	59	41.5	67.5%

5000m	Nom	Time	Age-grade
Stephen Barker	78	31:45	61.8%
Bill Ristevski	57	31:44	48.2%

3000m	Age	Time	Age-grade
Michael Orelli	77	19:27	57.5%
Andrea Draper	45	20:30	44.9%
John Dean	77	22:34	49.5%
Stephen Murphy	61	20:30	44.9%
Shane Draper	48	12:30	66.0%

ABERFELDIE March 23rd 2022

100m	Age	Time	Age-grade
Michael Orelli	77	31.5	43.1%
Marlon Cummings	44	13.7	77.0%
Ruby Beveridge	20	18.9	56.1%
Cheryl Beveridge	57	16.9	77.8%
Janice Hodgart	59	18.6	72.1%

400m	Age	Time	Age-grade
Marlon Cummings	44	63.7	74.6%
Cheryl Beveridge	57	91.8	67.6%
Bill Ristevski	57	136.8	37.9%

ABERFELDIE March 23rd 2022 (cont)

1200m	Age	Time	
Bill Ristevski	57	06:46	
Stephen Barker	78	06:50	
Michael Orelli	77	07:29	
Matthew Goodger	44	05:51	
Andrea Draper	45	07:29	
Ian Newey	62	05:37	
Maggie Armstrong	59	06:04	
3000m	Nom	Time	Age-grade
Matthew Goodger	44	20:54	38.3%
Stephen Barker	78	18:04	63.2%
Ruby Beveridge	20	17:03	49.0%
Janice Hodgart	59	15:13	72.8%
Ian Newey	62	15:00	61.9%
Andrea Draper	45	18:47	49.0%
Marlon Cummings	44	15:38	51.2%
Shane Draper	48	12:13	67.5%
Bill Ristevski	57	18:04	49.2%

ABERFELDIE March 23rd 2022 (cont)

1500m	Age	Time	Age-grade
Michael Orelli	78	0.4	51.5%
Ian Newey	62	0.3	64.0%
Bill Ristevski	57	0.4	43.7%
200m	Age	Time	Age-grade
Ian Newey	62	34.7	70.1%
Maggie Armstrong	60	44.6	63.5%
Graham Eadie	70	38.8	66.5%
2000m	Nom	Time	Age-grade
Trevor Hawksworth	75	11:59	57.9%
4000m			
Graham Eadie	70	23:12	58.7%
Ian Newey	62	20:22	61.9%
Bill Ristevski	57	23:56	50.5%

COBURG March 3rd 2022

100m			
Heat: 1			
Ethan O'NEILL	21	11.82	
Andrew CLOSE	33	16.19	
Bruce GIBBS	73	21.73	
Yolanda SHAW	69	22.65	
Ken CARTER	69	59.50	
Heat: 2			
Andrew CLOSE	33	15.74	
1000m			
Fiona ELY	52	4.49	
Donna-Marie ELMS	60	6.26	W
1500m			
Fraser MURRAY	50	6.23	
Gary O'DWYER	62	7.32	
Len HALLETT	72	8.48	
Matt HALLETT	32	8.56	
Ken CARTER	69	16.21	
200m			
Heat: 1			
Len HALLETT	72	43.40	
Donna-Marie ELMS	60	45.52	
Heat: 2			
Ethan O'NEILL	21	25.03	
Brian DELANEY	68	41.72	
Donna-Marie ELMS	60	46.82	
Yolanda SHAW	69	48.55	
Ken CARTER	69	2.10.0	
1.8k			
Matt HALLETT	32	9.47	
3km			
Fiona ELY	52	15.22	
Maria BARBETTI	56	17.20	
Len HALLETT	72	19.53	
Ken CARTER	69	35.37	
5km			
Fraser MURRAY	50	23.48	

COBURG March 10th 2022

90m			
Rob LEWIS	74	20.27	
Yolanda SHAW	69	22.12	
Ken CARTER	69	55.15	
100m			
Heat: 1			
Andrew CLOSE	33	15.80	
Heat: 2			
Andrew CLOSE	33	17.34	

COBURG March 10th 2022 (cont)**Heat: 3**

Ethan O'NEILL	21	12.58
Andrew CLOSE	33	16.13

1000m

Fraser MURRAY	50	4.29.7
Maria BARBETTI	56	4.54.0
Len HALLETT	72	5.21.0
Ken CARTER	69	11.32.0

400m

Yolanda SHAW	69	2.04
Rob LEWIS	74	2.09
Bruce GIBBS	73	2.31
Ken CARTER	69	4.54

2km

Matt HALLETT	32	10.48
Len HALLETT	72	11.24
Rob DAVEY	82	18.44
Ken CARTER	69	24.19

4km

Fraser MURRAY	50	16.30
Maria BARBETTI	56	22.29

COBURG March 17th 2022**110m**

Ethan O'NEILL	21	13.08
Patrick GAME	16	14.29
Rob LEWIS	74	25.63
Yolanda SHAW	69	26.94
Ken CARTER	69	1.05.0

1200m

Bruce GIBBS	73	10.48
Yolanda SHAW	69	12.24
Fiona ELY	52	12.24

1600m

Fraser MURRAY	50	7.20
Michael MEANEY	66	7.35
Matt HALLETT	32	8.00
Gary O'DWYER	62	8.03
Maria BARBETTI	56	8.45
Len HALLETT	72	9.46
Ken CARTER	69	18.04

200m

Ethan O'NEILL	21	26.53
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300m

Patrick GAME	16	43.25
Gary O'DWYER	62	57.90
Michael MEANEY	66	1.09.4
Rob LEWIS	74	1.34.3
Bruce GIBBS	73	1.39.4
Rob DAVEY	82	2.03.4
Ken CARTER	69	3.22.6

800m

Rob DAVEY	82	8.16
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1600m

Gary O'DWYER	62	9.01
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2.4km

Michael MEANEY	66	12.45
Matt HALLETT	32	13.11
Tracy COLBERT	52	13.16
Len HALLETT	72	13.44
Fiona ELY	52	20.10
Ken CARTER	69	24.19

4km

Fraser MURRAY	50	19.03
Maria BARBETTI	56	22.40

COBURG March 24th 2022**80m**

Bruce GIBBS	73	16.03
Ken CARTER	69	39.82

100m

Andrew CLOSE	33	16.03
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Teams 3 x 100m Relay

Andrew CLOSE	33	
Brian DELANEY	67	
Maria BARBETTI	56	<u>56.05</u>
Michael MEANEY	66	
Tracy COLBERT	52	
Bruce GIBBS	73	<u>1.05.5</u>
Fiona ELY	52	
Rob DAVEY	82	
Frank BRADLEY	66	<u>1.11.9</u>
Gary O'DWYER	62	
Ken CARTER	69	
Len HALLETT	72	<u>1.26.9</u>

1200m

Michael MEANEY	66	5.47
Gary O'DWYER	62	6.05
Maria BARBETTI	56	6.11
Fiona ELY	52	6.21
Len HALLETT	72	6.51
Rob DAVEY	82	10.31
Ken CARTER	69	13.16

1km

Gary O'DWYER	62	5.29
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2km

Rob DAVEY	82	18.40
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3km

Michael MEANEY	66	15.13
Fiona ELY	52	15.26
Tracy COLBERT	52	16.28
Maria BARBETTI	56	16.36
Len HALLETT	72	18.21
Ken CARTER	69	35.16

COBURG March 31st 2022**100m Teams Championship****Heat: 1**

Frank BRADLEY	66	19.75
Len HALLETT	72	20.03
Tracy COLBERT	52	20.89
Rob LEWIS	74	21.12
Rob DAVEY	82	30.61
Ken CARTER	69	1.00.0

Heat: 2

Andrew CLOSE	33	14.68
Michael MEANEY	66	17.82
Fiona ELY	52	17.83
Bruce GIBBS	73	20.31
Donna-Marie ELMS	60	21.88

1000m Walk

Donna-Marie ELMS	60	6.30.3
Rob LEWIS	74	9.56.0
Fiona ELY	52	9.57.0
Tracy COLBERT	52	9.57.9

1600m

Gary O'DWYER	63	8.16.6
Michael MEANEY	66	8.17.0
Maria BARBETTI	56	8.36.7
Len HALLETT	72	10.06.0
Ken CARTER	69	17.30.0

500m

Bruce GIBBS	73	3.38
Ken CARTER	69	5.41

2km

Michael MEANEY	66	10.00
Gary O'DWYER	63	10.33
Len HALLETT	72	12.16
Fiona ELY	52	14.28
Ken CARTER	69	23.10

4km

Maria BARBETTI	56	23.39
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CROYDON March 1st 2022**1400m WALK N.O.T.**

		<u>Clock</u>	<u>Nom.</u>
Gunther ILGOUTZ	83	10.02	11.00
Lyn BATCHELOR	73	11.56	11.55
Phyllis GOSBELL	83	11.59	12.15
Gary TURNER	68	12.18	12.30
Colin WILLIAMS	72	13.57	—
Andrew EGGINTON	60	13.59	—
Rob STAGG	55	14.00	—
Allan WOOD	84	15.14	14.35
Peter WILLMOTT	55	15.15	—
Ron SMITH	73	17.28	15.06
Barrie WICKS	81	17.32	15.20

60 METRE SPRINT**Heat 1:**

Russell OAKLEY	82	11.2
Allan WOOD	84	11.8
Gary TURNER	68	12.4
Andrew FRASER	80	17.0
Ron SMITH	73	18.8

Heat 2:

Rob STAGG	55	8.8
Paul DURRANT	60	9.3
Colin WILLIAMS	72	11.4

800 METRE RUN

Peter WILLMOTT	55	3.15
Colin PAGE	67	3.18

150 METRE SPRINT

Rob STAGG	55	22.2
Paul DURRANT	60	22.7
Russell OAKLEY	82	29.0
Allan WOOD	84	31.7
Andrew FRASER	80	38.5

10 MINUTE RUN/WALK

		<u>Laps</u>	<u>Metres</u>	
Colin PAGE	67	5		run
Gunther ILGOUTZ	83	3	100	walk
Lyn BATCHELOR	73	2	320	walk
Phyllis GOSBELL	83	2	300	walk
Colin WILLIAMS	72	2		run-6min

DISCUS THROW

Paul DURRANT	60	31.75
Peter WILLMOTT	55	18.25
Andrew FRASER	80	13.50

CROYDON March 8th 2022**120 METRES SPRINT****Heat 1:**

Russell OAKLEY	82	23.3
Veronica BROWN	56	23.8

Heat 2:

Mark PORTBURY	55	17.4
Paul DURRANT	60	17.8

CROYDON March 8th 2022 (cont)1000 METRE WALK

Gunther ILGOUTZ	83	6.55
Veronica BROWN	56	7.56
Phyllis GOSBELL	83	8.21
Lyn BATCHELOR	73	8.34
Peter WILLMOTT	55	8.45
Colin WILLIAMS	72	9.14
Mark CHALLEN	64	9.14
Gary TURNER	68	9.15
Rob STAGG	55	9.19
Andrew EGGINTON	60	9.19
Rob SMITH	73	11.45
Barrie WICKS	81	12.13

1300m RUN N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Mark PORTBURY	55	4.55	4.50	winner
John CHERUBIN	63	6.03	7.10	

300m SPRINT N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Mark PORTBURY	55	50.9	45.0
Andrew EGGINTON	60	57.0	54.0
Russell OAKLEY	82	67.4	73.0
Andrew FRASER	80	168.6	—

1 OR 3 KM WALK1 km:

Gunther ILGOUTZ	83	7.14
Lyn BATCHELOR	73	8.11
Phyllis GOSBELL	83	9.17

3 km:

Paul MORITZ	62	21.51
Veronica BROWN	56	24.58

3 OR 5 KM RUN3 km:

John CHERUBIN	63	15.35
Mark CHALLEN	64	17.21

5 km:

Colin PAGE	68	24.14
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Also:

Mark PORTBURY	55	10.32	1800m run
Andrew EGGINTON	60	10.59	2600m run

SHOT PUT

Paul DURRANT	60	9.10
Peter WILLMOTT	55	8.20
Veronica BROWN	56	4.55

CROYDON March 15th 202280 METRE SPRINT

Grant MURFETT	54	12.1
Mark PORTBURY	55	12.9
Ron CRACKNELL	75	17.8
John CHERUBIN	63	16.3
Allan WOOD	84	17.8

1500m WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Paul MORITZ	62	10.08	10.20	
Gunther ILGOUTZ	83	10.08	—	
Debbie VOOGT **	56	11.42	11.45	winner
Lyn BATCHELOR	73	12.50	13.13	
Phyllis GOSBELL	83	12.57	13.45	
Andrew EGGINTON	60	13.06	14.35	
Colin WILLIAMS	73	14.01	15.00	
Ron SMITH	73	18.06	14.00	
Barrie WICKS	81	18.09	19.00	

1500 METRE RUN

Mark PORTBURY	55	5.45
John CHERUBIN	63	7.18
Colin PAGE	68	7.21

280 METRE SPRINT

Grant MURFETT	54	43.3
Mark PORTBURY	55	45.0
Andrew EGGINTON	60	53.7
Colin PAGE	68	56.1
Ron CRACKNELL	75	65.1
Allan WOOD	84	79.3

5 LAPS WALK

Paul MORITZ	62	14.48
Tania NEALE	43	15.16
Phyllis GOSBELL	83	18.22
Debbie VOOGT	56	19.12

5 OR 9 LAPS RUN5 laps:

Andrew EGGINTON	60	10.27
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9 laps:

Colin PAGE	68	18.24
John CHERUBIN	63	19.16

CROYDON March 22nd 202260 METRE SPRINT

Paul DURRANT	60	9.2
Rob STAGG	55	14.5

1 KM WALK

Carolyn ROSENBROOK	60	6.05
Paul MORITZ	62	6.42
Gunther ILGOUTZ	83	6.58
Julie CHALLEN	64	7.13
Phyllis GOSBELL	83	8.44
Andrew EGGINTON	60	11.00
Rob STAGG	55	11.01
Barrie WICKS	81	11.33

200 METRE SPRINT

Mark PORTBURY	55	29.0	
Paul DURRANT	60	30.1	
Rob STAGG	55	43.7	
Gunther ILGOUTZ	83	16.1	60m walk

CROYDON March 22nd 2022 (cont)**1 KM WALK**

Julie CHALLEN	64	7.58
Mark CHALLEN	64	8.35
Phyllis GOSBELL	83	8.53
Andrew EGGINTON	60	10.56

2 KM RUN

Rob STAGG	55	12.55
Mark PORTBURY	55	12.56
Colin PAGE	68	12.58

DONCASTER March 7th 2022**1200 metres walk**

Frank Prowse	(70)	07:36.3	(record)
David Armstrong	(66)	08:13.0	

8 x 100 relay

Doncaster	02:35.1
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600 metres (NOST)

Bev Learmont	(-0.45)	04:24.7	03:39.7	(DQ)
Jeffrey Sim	(-2.00)	04:55.8	02:55.8	(DQ)
Frank Prowse	(-1.10)	04:56.1	03:46.1	(DQ)
David McConnell	(-2.00)	04:57.5	02:57.5	(Winner)
Jason Merrett	(-2.55)	05:02.2	02:07.2	
Darryl Kilmartin	(-2.45)	04:59.3	02:14.3	
Marla Trautman	[Scratch	05:26.5	05:26.5	

200 metres

Jameson Perrine	(42)	28.10
David McConnell	(69)	32.70
Darryl Kilmartin	(55)	36.16
Jeffrey Sim	(59)	36.34
John Aughey	(84)	47.02
Kathy Skultety	(80)	48.36
Carolyn Aughey	(79)	52.32

2000 metres

Jason Merrett	(49)	08:33.4	
Frank Prowse	(70)	10:13.3	1 mile walk record
David Armstrong	(66)	11:16.2	1 mile walk

DONCASTER March 14th 2022**Doncaster 800 metres (handicap)**

Frank Prowse	(-1.00)	05:59.0	04:59.0	record
Jason Merrett	(-3.05)	06:01.0	02:56.0	
Maggie Armstrong	(-2.20)	06:10.0	03:50.0	
Jameson Perrine	(-2.45)	06:36.0	03:51.0	
David McConnell	(-2.45)	06:36.0	03:51.0	
Marla Trautman	(-0.00)	07:37.0	07:37.0	

60 metres (ET)

		Clock	E/T	Diff
Gerald Brown	(59)	9.10	9.0	0.10
Jason Merrett	(49)	10.30	10.2	0.10
Kathy Skultety	(80)	12.80		
Marla Trautman	(49)	23.12	31	-7.88

100 metres

Gerald Brown	(59)	14.70
Jason Merrett	(49)	16.40
Kathy Skultety	(80)	20.72
Maggie Armstrong	(59)	22.00

400 metres

Jameson Perrine	(42)	01:15.5
David McConnell	(69)	01:18.0
Maggie Armstrong	(59)	01:33.6
Marla Trautman	(49)	02:57.8

1/3/5 km

Jameson Perrine	(42)	03:48.1	1km	
Jason Merrett	(49)	03:48.2	1km	
Gerald Brown	(59)	04:20.1	1km	
Tom Leong	(80)	09:03.8	1km walk	record
Frank Prowse	(70)	32:11.6	5km walk	record

DONCASTER March 21st 2022**100 metres**

Jameson Perrine	(42)	13.7
Andrew Close	(32)	15.3
Jason Merrett	(49)	15.8
Jeffrey Sim	(59)	16.6
Barry Dorr	(83)	20.7

1500 metres

Jameson Perrine	(42)	05:30.4
Jason Merrett	(49)	06:05.1
Bernie McLoughlan	(69)	06:49.1
Tom Leong	(80)	09:39.5
Marla Trautman	(49)	15:45.0

400 metres

			ET	Diff
Jameson Perrine	(42)	65.3	60.0	5.30
Jason Merrett	(49)	80.3		80.30
Jeffrey Sim	(59)	88.9	85.0	3.90
Bernie McLoughlan	(69)	92.8	90.0	2.80
Barry Dorr	(83)	132.5	120.0	12.50

DONCASTER March 28th 2022**Doncaster Gift (120 handicap)**

Bernie McLoughlan	(-32)	14.70
Jeffrey Sim	(-30)	14.92
Barry Dorr	(-40)	16.02
John Aughey	(-46)	16.96
Carolyn Aughey	(-50)	18.13
Maggie Armstrong	(-45)	18.76

DONCASTER March 28th 2022 (cont)**800 metres**

Bernie McLoughlan	(69)	03:24.5
Maggie Armstrong	(60)	03:51.2
Katrina Philip	(60)	04:04.9

60 metres

Jeffrey Sim	(59)	12.03	70 metres
Bernie McLoughlan	(69)	12.85	70 metres
John Aughey	(84)	13.38	
Carolyn Aughey	(79)	14.74	

300 metres

	E/T	Clock	Diff
Jeffrey Sim	(59)	57.0	56.20 0.80
Graham Ford	(72)	56.0	57.90 -1.90
Elizabeth Grover	(58)		72.70
Katrina Philip	(60)		81.70

2000 metres

Bernie McLoughlan	(69)	09:20.1
Elizabeth Grover	(58)	09:22.6
Tom Leong	(80)	10:17.2 (1600 metres)
Frank Prowse	(70)	10:51.6 (1600 metres walk)
Katrina Philip	(60)	10:52.6

Sunday March 06 Victorian Pentathlon Championship

1st David Featherston (47) 2813 (gold)

Long 4.90 (512) Jav 38.44 (515) 200 27.46 (576) Disc 27.02 (515) 1500 5:04.3 (695)

2nd Mike Clapper (69) 2593 (gold)

Long 4.23 (679) Jav 21.54 (351) 200 31.95 (557) Disc 22.07 (380) 1500 6:23.6 (626)

3rd Bev Learmont (73) 2047 (silver)

Long 2.62 (441) Javelin 13.45 (443) 100 19.66 (521) Shot 4.92 (473) 800 5:03.26 (66)

4th Barry Dorr (80) 1683 (gold)

Long 2.02 (207) Jav 17.08 (381) 200 41.24 (403) Disc 15.02 (361) 1500 9:41.9 (331)

5th Bernie McLoughlan (69) 1502 (bronze)

Long 2.62 (201) Jav 18.71 (288) 200 43.42 (48) Disc 21.07 (358) 1500 6:27.72 (607)

eq 6th Angela Edwards (55) 1239 (bronze)

Long 2.32 (124) Javelin 19.55 (445) 100 20.74 (161) Shot 6.54 (462) 800 4:36.12 (47)

eq 6th Kim Peak (55) 1239 (bronze)

Long 2.17 (91) Javelin 12.04 (241) 100 18.81 (331) Shot 5.59 (377) 800 4:03.06 (190)

7th Tom Leong (80) 1057 (DNF)

Long 2.58 (405) Javelin 15.00 (319) 200 0 Discus 14.13 (333) 1500 0

8th Lou Jenkins (77) 879 (gold)

Long 1.93 (126) Jav 19.85 (407) 200 49.20 (0) Disc 18.25 (389) 1500 10:39.28 (0)

9th Frank Prowse (70) 864 (gold)

Long 2.07 (118) Jav 15.29 (239) 200 49.20 (1) Disc 11.32 (170) 1500 8:04.91 (336)

EAST BURWOOD March 3rd 2022**60 METRE SPRINT**Heat 1:

Barry DORR	83	11.6
Ann HOLCOMBE	74	11.6
Andrew FRASER	80	13.4
Allan WOOD	84	13.4
Shirley COPPOCK	85	13.8
Lloyd NICHOLS	80	14.8

Heat 2:

Zac MATTERS	15	9.2
Chris ROBINSON	63	9.4
Arthur KAPOULITSA	74	9.4
Donna CLARKE	68	9.8
Christopher WORSNOP	64	11.2

800 OR 1600 METRE RUN800 metres:

Perry BIRKETT	59	2.51
Bernie McLOUGHLAN	69	3.19
Chris ROBINSON	63	3.31
Donna CLARKE	68	3.54

1600 metres:

Dean SCIACCA	55	6.08
Christopher WORSNOP	64	8.02

400 METRES RUN

Zac MATTERS	15	1.14
Barry DORR	83	2.03

800 METRES HANDICAP WALK

		<u>Clock</u>	<u>Actual</u>
Leo WATSON	80	7.53	6.08
Peter BATTRICK	78	7.53	7.53
Paul MORITZ	62	7.54	5.14
Phyllis GOSBELL	83	7.54	6.24
Zac MATTERS	15	7.57	3.42
Christopher WORSNOP	64	7.57	5.17
Janet HOLMES	68	8.10	5.10
Donna CLARKE	68	8.25	7.35
Gerald BURKE	82	8.31	8.06
Arthur KAPOULITSA	74	8.36	7.01

3 KM SPIRAL HANDICAP RUN**SSS SERIES HEAT 4**

		<u>Clock</u>	<u>Actual</u>
Bernie McLOUGHLAN	69	17.04	14.09
Geoff WHEELER	65	17.09	15.09
Janet HOLMES	68	17.13	16.43
Sam DEFANIS	73	17.30	15.25
Paul EARLE	58	17.34	12.59
Michael COLLINS	55	17.35	12.40
Stephen DAY	51	17.51	12.51
Dean SCIACCA	55	17.53	11.48
Christopher WORSNOP	64	18.17	16.12

EAST BURWOOD March 3rd 2022 (cont)**100 METRE HANDICAP SPRINT****GWEN DAVIDSON MEMORIAL HEAT 4**

Heat 1:		H'cp Mtrs	
Arthur KAPOULITSA	74	13.2	23
Paul DURRANT	60	13.7	9
Ann HOLCOMBE	74	13.9	32
Christopher WORSNOP	64	14.7	24
Bernie McLOUGHLAN	69	15.7	20
Lloyd NICHOLS	80	16.0	73

Heat 2:			
Andrew FRASER	80	12.9	39
Donna CLARKE	68	13.3	24
Allan WOOD	84	13.6	34
Shirley COPPOCK	85	13.9	42
Leo WATSON	80		40
Stephen DAY	51		12
Barry DORR	83		27

SHOT PUT HANDICAP

	Best	Adjusted	
Barry DORR	83	7.49	12.64
Allan WOOD	84	6.58	12.23
Donna CLARKE	68	5.99	12.13
Jack FREDRICKSON	83	5.41	12.06
Chris ROBINSON	63	6.54	11.99
Paul DURRANT	60	9.37	11.87
Bernie McLOUGHLAN	69	7.77	11.87
Dean SCIACCA	55	7.34	11.84
Andrew FRASER	80	5.80	11.80
Peter WILLMOTT	55	7.81	11.51

MANAGER'S PENTATHLON FEBRUARY 2022**AGE GRADED RESULTS**

	Age Graded	Total
Allan WOOD	84	285.81
Paul DURRANT	60	267.56
Barry DORR	83	260.08
Chris ROBINSON	63	259.09
Bernie McLOUGHLAN	69	254.27
Donna CLARKE	68	235.81
Andrew FRASER	80	220.32
Peter WILLMOTT	55	216.05

EAST BURWOOD March 10th 2022**60 METRE SPRINT 10.3.2022**

Heat 1:		
Ann HOLCOMBE	74	11.8
Shirley COPPOCK	85	13.2
Brian HOLCOMBE	76	13.8
Gordon ONLEY	87	18.6
Horacio DIAZ	77	19.0
Lloyd NICHOLS	80	39.6

Heat 2:

Zac MATTERS	15	8.7	
Paul DURRANT	60	8.9	
Peter WILLMOTT	55	9.4	
Arthur KAPOULITSA	74	10.4	
Andrew FRASER	80	16.4	
800 METRE RUN N.O.T.			
		<u>Clock</u>	<u>Nom.</u>
Perry BIRKETT	59	2.56	2.50
Chris ROBINSON **	63	4.48	4.45
			winner
1 KM WALK N.O.T.			
		<u>Clock</u>	<u>Nom.</u>
Zac MATTERS	15	4.54	4.45
Janet HOLMES	68	6.26	7.15
Leo WATSON	80	7.54	7.37
Arthur KAPOULITSA *	74	9.19	9.20
			winner
Gerald BURKE	82	9.35	10.00
Andrew FRASER	80	9.37	—
Peter BATTRICK	78	10.20	10.20
Jack FREDRICKSON	82	10.20	—
Donna CLARKE	68	12.01	15.00
Peter WILLMOTT	55	12.02	

150 METRE SPRINT**Heat 1:**

Anne HOLCOMBE	74	29.1
Janet HOLMES	68	29.8
Andrew FRASER	80	37.6
Gordon ONLEY	87	53.2
Lloyd NICHOLS	80	120.2

Heat 2:

Paul DURRANT	60	22.3
Arthur KAPOULITSA	74	29.3
Leo WATSON	80	35.2
Brian HOLCOMBE	76	36.3
Shirley COPPOCK	85	38.2

100 METRE SPRINT

Paul DURRANT	60	14.6
Anne HOLCOMBE	74	19.2
Brian HOLCOMBE	76	23.8
Shirley COPPOCK	85	24.7
Lloyd NICHOLS	80	76.5

5 KM SEALED HANDICAP RUN**FRANK TUTCHENER RUN**

		<u>Clock</u>	<u>Adjusted</u>
Michael COLLINS	55	21.18	29.43
Paul EARLE	58	21.51	29.56
Dean SCIACCA	55	19.43	30.08
Geoff WHEELER	65	26.07	30.17
Sam DEFANIS	73	27.03	30.53
Stephen DAY	51	22.18	30.58

LONG JUMP

Peter WILLMOTT	55	3.15
Donna CLARKE	68	1.73

EAST BURWOOD March 17th 202260 METRE SPRINT

Zac MATTERS	15	8.9
Peter WILLMOTT	55	9.3
Christopher WORSNOP	64	12.0
Allan WOOD	84	13.5
Shirley COPPOCK	85	14.5
Leo COFFEY	91	19.9
Lloyd NICHOLS	80	37.8

1500 METRE RUN AGE GRADED

			<u>Age %</u>
Perry BIRKETT	59	5.48	72.90
Bernie McLOUGHLAN	69	6.34	70.56
Christopher WORSNOP	64	7.32	58.67

800m HANDICAP WALK

		<u>Clock</u>	<u>Actual</u>
Maggie HAWKES	66	7.11	7.11
Arthur KAPOULITSA	74	7.30	7.09
Chris JOSEPH	54	7.39	7.09
Jack FREDRICKSON	83	7.41	7.41
Leo WATSON	80	7.53	6.03
Janet HOLMES	68	7.54	4.59
Peter BATTRICK	78	7.59	7.54
Gerald BURKE	82	8.01	7.41
Christopher WORSNOP	64	8.04	5.29
Leonie GILLIES	64	8.08	5.58
Phyllis GOSBELL	83	8.22	6.52
Zac MATTERS	15	8.31	4.16
Donna CLARKE	68	8.33	8.03

100 METRE HANDICAP SPRINTGWEN DAVIDSON MEMORIAL FINAL

H'cp Mtrs

Allan WOOD	84	34
Paul DURRANT	60	9
Donna CLARKE	68	24
Leo WATSON	80	40
Stephen DAY	51	12
Toni MATTERS	54	20
Andrew FRASER	80	38
Bernie McLOUGHLAN	69	20

110 METRE SPRINT

Paul DURRANT	60	15.5
Peter WILLMOTT	55	16.0
Janet HOLMES	68	22.1
Shirley COPPOCK	85	28.2
Lloyd NICHOLS	80	80.9

800 METRE WALK

Peter WILLMOTT	55	6.05
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2 KM HANDICAP RUN

<u>TERRIFIC TETRA</u>	<u>HEAT</u>	<u>Clock</u>	<u>Actual</u>
Sam DEFANIS	74	11.21	9.46
Paul EARLE	58	11.23	8.03
Geoff WHEELER	65	11.30	9.50
Michael COLLINS	55	11.31	8.11
Bernie McLOUGHLAN	69	11.38	9.28
Stephen DAY	51	11.47	8.22
Christopher WORSNOP	64	12.00	10.25
Leonie GILLIES	64	12.16	12.16

Also:

Zac MATTERS	15	11.22	7.17
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Series Winners:

Sam DEFANIS

Paul EARLE

Geoff WHEELER

DISCUS THROW H/C

		<u>Best</u>	<u>Adjusted</u>
Donna CLARKE	68	12.55	41.05
Leo WATSON	80	11.67	40.67
Leo COFFEY	91	7.78	40.43
Chris ROBINSON	62	16.90	40.35
Trevor JUPP	81	16.61	40.26
Andrew FRASER	80	13.60	39.40
Bernie McLOUGHLAN	69	19.10	39.25
Toni MATTERS	54	28.01	39.21
Peter WILLMOTT	55	19.50	39.15
Jack FREDRICKSON	83	11.87	39.07
Allan WOOD	84	13.44	30.79

EAST BURWOOD March 24th 202260 METRE SPRINTHeat 1:

Ann HOLCOMBE	74	11.9
Don McLEAN	88	13.1
Shirley COPPOCK	86	14.4
Leo COFFEY	91	18.8
Lloyd NICHOLS	80	38.1

Heat 2:

Donna CLARKE	68	10.7
Christopher WORSNOP	64	12.4
Andrew FRASER	80	12.7
Allan WOOD	84	12.9

Heat 3:

Bill LIOULIAKIAS	52	8.5
Peter WILLMOTT	55	8.9
Chris JOSEPH	54	9.1
Paul DURRANT	60	9.4

1200 METRE RUN

Zac MATTERS	15	4.06
Bernie McLOUGHLAN	69	5.32
Christopher WORSNOP	64	6.06
Maggie ARMSTRONG	60	10.29

EAST BURWOOD March 28th 2022 (cont)1200 METRE WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Zac MATTERS	15	6.48	6.00
Janet HOLMES **	68	7.50	7.50
Christopher WORSNOP	64	8.11	8.10
Phyllis GOSBELL	83	10.01	10.18
Donna CLARKE	68	11.13	13.00
Jack FREDRICKSON	83	11.29	11.45
Gerald BURKE	82	11.30	11.30

** Winner - Janet Holmes

4 x 200 METRE RELAY 24.3.2022

Ann HOLCOMBE	74	
Janet HOLMES	68	
Peter WILLMOTT	55	
Zac MATTERS	15	2.23
Allan WOOD	84	
Maggie ARMSTRONG	60	
Bill LIOULIAKIS	52	
Paul DURRANT	60	2.29
Donna CLARKE	68	
Andrew FRASER	80	
Chris JOSEPH	54	
Christopher WORSNOP	64	2.50

150 METRE RUNHeat 1:

Ann HOLCOMBE	74	29.8
Andrew FRASER	80	32.6
Maggie ARMSTRONG	60	33.3
Shirley COPPOCK	86	40.9
Leo COFFEY	91	69.9
Lloyd NICHOLS	80	109.4

Heat 2:

Zac MATTERS	15	21.6
Paul DURRANT	60	22.7
Chris JOSEPH	64	23.7
Bill LIOULIAKIS	52	24.9

4 KM RUN

Dean SCIACCA	55	16.32
Stephen DAY	51	18.15
Bernie McLOUGHLAN	69	19.29
Sam DEFANIS	74	20.13
Geoff WHEELER	65	20.25
Julie PIAO	49	21.52
Christopher WORSNOP	64	22.35

Frankston & Peninsula March 2nd 2022**Frankston stairs run****Various distances**

Frances Halton	60	24.44
David Dodson	63	24.44
John Hallo	78	24.45
Carol Johnston	72	24.45
John Sutton	79	24.45
Rob Taylor	53	34.55
Russell Dow	62	39.00
Chris Sheedy	53	48.12
Charlie Mallia	73	49.18
Gary Meyer	67	49.27
Greg Lovejoy	79	49.54

Frankston & Peninsula March 10th 2022**100m**

	Age	time
Chris Sheedy	53	14.97
Andrew Moldrich	38	15.52
Rob Taylor	53	15.59
Mesh Prasad	47	16.58
Bill Carr	72	16.78

200m

	Age	Time
Rob Taylor	53	31.19
Mesh Prasad	47	32.47
Chris Sheedy	53	32.56
Bill Carr	72	33.44
Andrew Moldrich	38	35.97

800m run ag%

	Age	Time	ag%
Mesh Prasad	47	2.37	72.15
Bronwyn Hanns	58	3.37	65.22
Charlie Mallia	73	3.43	65.03
Andrew Moldrich	38	2.47	62.48
Rob Taylor	53	3.17	60.53
David Dodson	63	4.02	53.39
Fran Halton	60	5.08	47.34

800m walk ag%

	Age	Time	ag%
Greg Lovejoy	79	6.29	73.70
Dave Sutherland	67	5.10	72.53
Chris Sheedy	53	5.09	67.72
Iewetta Pauldus	60	6.18	52.09

1 lap in the park - run

	Age	Time
Mesh Prasad	47	11.15
Bronwyn Hanns	58	11.26
Chris Sheedy	53	13.05
David Dodson	63	14.05
Bill Carr	72	14.09
Nonie Chan	36	21.32

1 lap in the park - walk

Greg Lovejoy	79	15.38
John Sutton	79	16.16
John Hallo	79	19.59
Iewetta Paldus	60	19.59

2 laps in the park - run

Andrew Moldrich	38	18.45
Rob Taylor	53	18.50
Charlie Mallia	73	22.45
Gary Meyer	67	23.12
Fran Halton	60	28.00

2 laps in the park - walk

Dave Sutherland	67	26.40
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Frankston & Peninsula March 17th 2022**200m**

Mesh Prasad	47	30.69
Andrew Moldrich	38	31.39
Chris Sheedy	53	31.63
Bill Carr	72	32.78

600m walk

	age	time
Heather Carr	72	3.36
Greg Lovejoy	79	4.53
John Sutton	79	5.09
Carol Johnston	73	5.54
Lindsay Beaton	72	7.11

600m run

Mesh Prasad	47	1.57
Andrew Moldrich	38	2.04
Chris Sheedy	53	2.13
Russ Dow	62	2.16
Rob Taylor	53	2.17
Bronwyn Hanns	58	2.33
Gary Meyer	67	2.36
David Dodson	63	2.44
Charlie Mallia	73	2.51
Nonie Chan	36	2.55
Bill Carr	72	3.04

Chris Sheedy Surprise challenge Hares v Tortoises**Hares 6 lap spiral starting from 300m mark (2396 metres)**

Mesh Prasad	47	9.11
Andrew Moldrich	38	9.23
Rob Taylor	53	10.37
Russ Dow	62	10.47
Bronwyn Hanns	58	11.35
Charlie Mallia	73	12.25
David Dodson	63	12.57
Gary Meyer	67	13.16
Nonie Chan	36	14.39
Greg Lovejoy	79	15.16
Fran Halton	60	15.41

Frankston & Peninsula March 17th (cont)**Tortoises 4 lap spiral starting 300m mark (1537 metres)**

Heather Carr	72	9.21
Chris Sheedy	53	10.34
Bill Carr	73	10.39
John Sutton	79	12.50
John Hallo	79	14.38

Frankston & Peninsula March 24th**80m Sprint**

Chris Sheedy	53	11.31
Mesh Prashad	47	12.56
Bill Carr	72	12.35
Andrew Moldrich	38	14.28
Mike Hall	83	15.05
John Delaney	73	20.88

150m Sprint

Rob Taylor	53	19.69
Mesh Prashad	47	23.06
Bill Carr	72	23.47
Andrew Moldrich	38	26.63
John Delaney	73	37.53

1000m Run

Mesh Prashad	47	3.22
Andrew Moldrich	38	3.25
Rob Taylor	53	3.39
Russell Dow	62	4.01
Chris Sheedy	53	4.06
Bronwyn Hanns	58	4.35
Liz Lowther	70	4.48
Charlie Mallia	73	4.49
Nonie Chan	36	5.06
Barry Jeffs	73	5.15
David Dodson	63	5.23
John Delaney	73	5.30
David Sutherland	68	7.23

1000m Walk

Kylie Irshad	50	5.35
Heather Carr	72	6.36
Marnie Grace	47	6.49
Greg Lovejoy	79	7.36
John Sutton	79	8.42
John Hallo	78	9.14
Carol Johnston	72	9.47

3k Walk

Kylie Irshad	50	17.52
Heather Carr	72	21.07
Marnie Grace	47	21.11
John Sutton	79	26.53

5k Run

Mesh Prashad	47	19.48
Andrew Moldrich	38	20.39
Charlie Mallia	73	26.52
Liz Lowther	70	27.08
Greg Lovejoy	79	28.23
Nonie Chan	36	31.38
John Delaney	73	33.28
Rob Taylor	53	13.39 (3km)
Barry Jeffs	73	16.03 (3km)

Frankston & Peninsula March 31st**500m Run**

NAME	AGE	TIME
Charlie Mallia	73	1.58
Barry Jeffs	73	2.06
Bronwyn Hanns	58	2.11
Liz Lowther	70	2.11
David Dodson	63	2.29
Frances Halton	60	3.03

500m Walk

Greg Lovejoy	79	3.52
John Sutton	79	4.11
John Hallo	79	4.26
Lindsay Beaton	73	5.32

2k Walk

NAME	AGE	TIME
Carol Johnston	72	11.49 (1200m)
Russell Dow	62	18.48

2k Run

Gary Meyer	67	10.10
Barry Jeffs	73	10.27
David Dodson	63	10.52

4k Run

Charlie Mallia	73	20.48
Liz Lowther	70	20.59
Frances Halton	60	23.30

4k Walk

Greg Lovejoy	79	30.21
John Sutton	79	35.15

Geelong 2 March 2022

3km Cross Country

Phil Shay	11:57
Charlie El Hage	14:07
Leo Pye	14:12
Daimin Mole	14:37
Alf Bluch	14:45
Peter Lamb	16:04
Gerry Fitzpatrick	16:44
Fiona Fitzpatrick	18:49
Jill Coyte	19:42
John Moore	22:48
Dale Jennings	31:51

5km Cross Country

Dave Elward	21:14
Andy Bruschi	22:10
Demetrius Churkovich	22:59
Paul Stewart	23:05
Michael Panckridge	23:11
Jeff Walker	26:41
Daryl Hurst	26:56
Frank Engelsman	28:16
Kath Oliver	28:47

Geelong 9 March 2022

300m

Luke Haines	45.90
Daimin Mole	49.10
Peter Lamb	52.20
John Moore	58.90
Gary Connor	01:02
Alf Bluch	01:07

2000m

Luke Haines	07:26
Dave Palmer	07:26
Dave Elward	07:55
Sue Howell	07:58
Phil Shay	08:32
Paul Stewart	08:44
Alf Bluch	09:51
Jill Coyte	12:29

4000m

David Jenkins	14:58
Michael Panckridge	18:02
Jeff Walker	20:34
Daryl Hurst	21:07
Frank Engelsman	21:40

1500m

Daimin Mole	06:43
Paul Stewart	06:57
Peter Lamb	06:59

Alf Bluch	07:24
Kath Oliver	07:36
Frank Engelsman	07:39
Jeff Walker	07:43
Daryl Hurst	07:49
Gary Connor	08:07

Geelong 16 March 2022

3km Cross Country

Charlie El Hage	14:20
Daimin Mole	14:21
Alf Bluch	15:17
Alan Jenkins	16:36
Gerry Fitzpatrick	17:27
Jill Coyte	19:15
John Moore	20:13

6km Cross Country

David Jenkins	24:21
Dave Elward	25:07
Demetrius Churkovich	27:33
Paul Stewart	27:36
Michael Panckridge	27:43
Jeff Walker	31:51
Daryl Hurst	32:56

Geelong 23 March 2022

Ron Campbell 1 hour time trial

Dan Wright	16400
Peter Fuller	12805
Michael Panckridge	12220
Alf Bluch	11360
Jeff Walker	10960
Frank Engelsman	10900

30 min time trial

Mick Bird	6780
Darren Riviere	6778
Daimin Mole	5800

15 min time trial

Kath Oliver	2830
John Moore	2400
Jill Coyte	2370
Fred Barnett	2310

1600m

Peter Lamb	07:48
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Geelong 30 March 2022

3km Cross Country

Dave Elward	12:24
Daimin Mole	14:27
Alan Jenkins	15:45
Kath Oliver	16:13
Jill Coyte	19:02
Fred Barnett	19:07
John Moore	19:40

7km Cross Country

Demetrius Churkovich	32:32
Michael Panckridge	32:39
Alf Bluch	37:32
Jeff Walker	38:52
Gerry Fitzpatrick	40:54
Fiona Fitzpatrick	46:47

Glen Eira March 1st 2022

Leo Charles 100m H/C

	Clock	H/C (m)
Kurt Golonka	52 14.19	-10.0
Mike Clapper	69 14.63	scr
June Treweek	60 14.64	8.0
Glad Wishart	78 14.86	25.0
Jo Whittle	50 15.07	14.0
Bob Wishart	80 15.11	5.0
Jim Rountree	62 15.33	7.0
Paul Lynch	72 15.52	11
Greg Hughes	63 15.92	14
Michelle Edmonds	47 16.21	14.0

800m H/C

	Clock	H/C	H/C time
Oscar Lorentzen	10 2.45.6	GO	2.45.6
Kathy Van Eede	53 2.47.2	5.00	2.42.2
Sarah Lorentzen	43 2.50.7	GO	2.50.7
Chris Stewart	68 3.10.0	GO	3.10.0

200m H/C (Sealed)

	Clock	H/C time	Diff
Oscar Lorentzen	10 32.56	33.0	-0.44
Mike Clapper	69 30.69	31.0	-0.31
June Treweek	60 34.83	35.0	-0.17
Kurt Golonka	53 27.97	27.0	0.97
Jim Rountree	62 35.46	34.0	1.46
Michelle Edmonds	47 43.93	41.0	2.93

Sandra Middleton 3k H/C

	Clock	H/C	H/C Time
John Zeleznikow	71 29.23	0.55	28.28
Sandra Middleton	73 29.58	7.48	22.10
Des Middleton	75 29.59	8.00	21.59
John Allan	69 30.08	7.48	22.20
Conrad Hamann	70 30.09	9.14	20.55
Greg Hughes	63 30.23	7.28	22.55
Karyn O'Neill	67 30.30	8.50	21.40
Jim Berrington	65 30.33	11.00	19.33
Mark Cant	60 30.38	11.48	18.50
Gwen Steed	79 31.28	9.14	22.14
Mary Harper	52 31.44	5.00	26.44
Michael Heffernan	87 31.54	GO	31.54
Tony Doran	69 33.09	8.45	23.24

Ray Kemp 3k H/C

	Clock	H/C	H/C Time
Chris Grafen	58 19.06	5.46	13.20
Kathy Van Eede	53 19.27	7.30	11.57
Merle Want	61 19.34	2.45	16.49
Terry O'Neill	66 19.41	5.30	14.11
Janet Holmes	68 19.41	2.50	16.51
Jo Cockwill	69 19.46	2.30	17.16
Helen Van Der Nagt	65 19.48	1.00	18.48
Sarah Lorentzen	43 19.59	6.00	13.59
Simone O'Brien	49 20.01	4.40	15.21
Janine McKerron	61 20.04	4.30	15.34
Mike Clapper	69 20.12	5.15	14.57
Phil Urquhart	77 20.13	0.30	19.43
Graham Stockdale	79 20.30	1.40	18.50

Glen Eira March 1st (cont)				
James Kingston	53	20.54	8.20	12.34
Jane Sturzaker	69	21.03	2.00	19.03
Karern Monohan	55	21.18	GO	21.18
Michelle Edmonds	47	22.09	0.40	21.29
Pete Battrick	78	22.20	-10.00	32.20

Glen Eira March 8th 2022

80m E/T		Clock	E/T	Difference
Yu Tang	34	10.54	10.60	0.06
Vivienne Cash	70	13.57	13.40	0.17
June Treweek	60	13.06	12.80	0.26
Bob Wishart	80	12.83	13.10	0.27
Jim Rountree	63	13.42	12.90	0.52
Paul Lynch	72	14.14	14.95	0.81
Kurt Golonka	52	10.45	11.30	0.85
Glad Wishart	78	16.31	15.43	0.88
Sarah Johnson	38	15.28	14.30	0.98
Michelle Edmonds	47	15.93	14.50	1.43

1200m E/T		Clock	E/T	Diff
Chris Stewart	68	5.30.6	5.30	0.60
Mike Clapper	69	4.53	5.00	7.00
Sarah Lorentzen	43	4.50.1	5.00	9.90
Yu Tang	34	4.45.2	5.00	14.80
Kathy Van Eede	53	4.14.2	4.50	35.8

300m E/T		Clock	E/T	Diff
Vivienne Cash	70	59.35	59.0	0.35
Kurt Golonka	52	43.86	44.5	0.64
Jim Rountree	63	53.96	53.0	0.96
June Treweek	60	64.25	61.0	3.25
Yu Tang	34	51.10	55.0	3.90
Michelle Edmonds	47	79.37	73.0	6.37
Alice Sephton	40	92.00	100.0	8.00
Shane Usher	46	80.55		

Spiral H/C (6 laps) Walk/R		Clock	H/C	H/C TIME
Michelle Edmonds	47	24.32	8.45	15.47
Mary Harper	52	24.45	8.20	16.25
Mark Cant	60	24.50	9.40	15.10
Sarah Johnson	38	24.59	10.55	14.04
Phil Urquhart	77	25.08	9.10	15.58
Conrad Hamann	70	25.10	7.55	17.15
Simone O'Brien	49	25.10	12.55	12.15
Karen Monohan	55	25.16	7.55	17.21
James Kingston	53	25.17	15.30	9.47
Janet Holmes	68	25.17	11.35	13.42
Kathy Van Eede	53	25.22	15.45	9.37
Merle Want	61	25.22	11.25	13.57
Jo Cockwill	69	25.23	10.55	14.28
Karyn O'Neill	67	25.26	7.40	17.46
Jim Berrington	65	25.28	9.25	16.03
Terry O'Neill	66	25.36	13.45	11.51
Jane Sturzaker	69	25.38	9.50	15.48

June Treweek	60	25.46	6.10	19.36
Graham Stockdale	79	25.54	10.15	15.39
Jim Rountree	63	25.56	7.55	18.01
Sandra Middleton	73	26.07	7.25	18.42
Sarah Lorentzen	43	26.07	14.00	12.07
Michael Heffernan	87	26.11	0.00	26.11
Tony Doran	69	26.24	7.25	18.59
Des Middleton	75	26.31	7.40	18.51
Gerry O'Donnell	67	34.12	12.00	22.12

Glen Eira March 15th 2022

4 x 100 Relay		Clock
Glad Wishart	78	
Paul Lynch	72	
Jim Rountree	63	
Mike Clapper	69	67.4
Michelle Edmonds	47	
Jo Whittle	50	
June Treweek	60	
Bob Wishart	80	68.1

600m E/T		Clock	E/T	Diff
Chris Brown	66	2.35.8	2.40	4.2
Sarah Lorentzen	43	2.03.7	2.10	6.3
Jo Whittle	50	2.26.6	2.33	6.4

400m H/C		Clock	H/C	H/C time
Michelle Edmonds	47	87.50	GO	87.50
Kurt Golonka	52	87.70	27	60.70
Mike Clapper	69	88.70	19	69.70
Graham Stockdale	79	89.80	2	87.80
Jim Rountree	63	95.30	14	81.30
Jo Whittle	50	108.5	4	104.5

2k Walk E/T		Clock	E/T	Difference
Karyn O'Neill	67	14.26	14.25	1
Conrad Hamann	70	14.07	14.00	7
John Allan	69	16.07	16.00	7
Jim Berrington	65	13.11	13.25	-14
Cynthia Ellery	72	17.20	17.05	-15
Peter McGrath	82	21.16	21.40	-24
Sandra Middleton	73	14.50	14.15	35
John Zeleznikow	71	20.11	19.30	41
Michael Heffernan	87	20.52	19.50	62
Gerry O'Donnell	66	17.20	18.30	-70
Des Middleton	75	16.06	18.00	-114

4k E/T		Clock	E/T	Difference
Phil Urquhart	77	26.00	26.17	17
Chris Brown	66	22.23	23.10	-47
Karen Monohan	55	28.47	29.40	-53
Chris Campbell	73	21.42	23.00	-78

Glen Eira March 15th (cont)				
2k E/T		Clock	E/T	Difference
Terry O'Neill	66	9.56	9.55	1
Merle Want	61	13.08	13.00	8
Jo Cockwill	69	11.09	11.00	9
James Kingston	53	7.34	7.45	-11
Sarah Johnson	38	10.59	10.45	14
Sarah Lorentzen	43	8.56	9.25	-29
Janet Holmes	68	10.38	11.10	-32
Jane Sturzaker	69	13.08	13.50	-42
Chris Stewart	68	9.01	10.00	-59
Janine McKerron	61	10.01	11.00	-59
Michelle Edmonds	47	14.58	13.45	73
Jo Whittle	50	10.13	12.20	-127

Glen Eira March 22nd

70m E/T		Clock	E/T	Diff
Michelle Edmonds	47	12.31	12.3	0.11
June Treweek	60	11.21	11.0	0.21
Jim Rountree	63	11.40	11.8	0.40
Chris Brown	66	10.62	11.1	0.48
Jo Whittle	50	12.85	12.34	0.51
Yu Tang	34	9.72	9.0	0.72
Sarah Johnson	38	13.02	12.0	1.02

500m E/T		Clock	E/T	Diff
Chris Stewart	68	1.51.1	1.5	1.1
Mike Clapper	69	1.32.1	1.34	1.9
Sarah Lorentzen	43	1.42.2	1.40	2.2
Jo Whittle	50	2.03.7	2.07	3.3
Yu Tang	34	1.35.2	1.40	4.8
Greg Hughes	63	2.15.6	2.06	9.6
James Kingston	53	1.30.2	1.45	14.8

150m E/T		Clock	E/T	Diff
Glad Wishart	78	33.14	33.3	0.19
Jim Rountree	63	24.67	25.0	0.33
Bob Wishart	80	24.87	24.2	0.67
Yu Tang	34	20.22	19.5	0.72
June Treweek	60	25.80	25.0	0.80
Michelle Edmonds	47	30.12	31.5	1.38
Greg Hughes	63	36.35	41.0	4.65
Jo Whittle	50	28.55	34.2	5.65

4k		Clock	Age %
James Kingston	53	16.52	69.3
Simon Lloyd	66	19.06	68.5
Steve Strelecky	72	22.02	63.4
Jo Cockwill	69	23.12	75.5
Mike Clapper	69	23.12	58.1
Janet Holmes	68	23.13	74.2
Sarah Johnson	38	26.14	44.7
Phil Urquhart	77	26.43	56.9

3k walk E/T		Clock	E/T	Diff
Sandra Middleton	73	22.25	22.25	0
Karyn O'Neill	67	21.35	21.35	0
Jim Berrington	65	19.46	19.45	1
Greg Hughes	63	26.37	26.42	-5
John Zeleznikow	71	29.52	29.45	7
Des Middleton	75	22.12	22.00	12
Pete Battrick (1k)	78	10.29	10.10	19
Jim Rountree	63	21.32	21.08	24
Tony Doran	69	22.55	22.30	25
Conrad Hamann	70	21.05	21.35	-30
Michael Heffernan	87	29.59	31.00	-61
Alice Sephton	40	32.35	25.00	7.35

6k		Clock	Age %
Chris Grafen	58	29.40	63.1
Terry O'Neill	66	30.09	66.7
Syd Bone	64	32.17	61.1
Chris Campbell	73	33.18	65.4
Chris Brown	66	34.18	58.6

Glen Eira March 29th 2022

60m E/T		Clock	E/T	Difference
Jim Rountree	63	9.76	9.80	0.04
Michelle Edmonds	47	11.02	11.10	0.08
Vivienne Cash	70	9.84	10.20	0.36
Bob Wishart	80	9.53	10.00	0.47
Glad Wishart	78	11.35	12.10	0.75
Hugh Stevenson	61	9.13	10.00	0.87
Greg Hughes	63	12.96	12.02	0.93
Sarah Johnson	38	9.95	12.00	2.05
Nola Rees	64	11.61	18.00	6.39

700m H/C		Clock	H/C	H/C time
James Kingston	53	3.01.3	47	2.14.3
Mike Clapper	69	3.04.3	40	2.24.3
Chris Stewart	68	3.06.2	30	2.36.2
Sarah Lorentzen	43	3.18.6	40	2.38.6
Greg Hughes	63	3.26.9	GO	3.26.9

200m Age %		Clock	Age %
Vivienne Cash	70	34.76	89.6
Bob Wishart	80	34.53	88.0
Glad Wishart	78	44.16	78.2
Oscar Lorentzen	10	32.25	73.8
Jim Rountree	63	33.77	72.5
Hugh Stevenson	61	34.24	70.5
Nola Rees	64	44.58	66.0
Michelle Edmonds	47	41.22	59.7

Glen Eira March 29th 2022 (cont)

Spiral H/C (7 laps)	Walk/Run	Clock	H/C	H/C TIME
Oscar Lorentzen	10	29.20	17.20	12.00
Michelle Edmonds	47	29.41	11.35	18.06
Tony Doran	69	29.46	8.25	21.21
Phil Urquhart	77	29.51	11.35	18.16
Chris Campbell	73	29.55	14.55	15.00
Sarah Lorentzen	43	29.59	16.15	13.44
Michael Heffernan	87	30.00	-1.00	31.00
Jim Rountree	63	30.02	9.10	20.52
Janine McKerron	62	30.05	14.55	15.10
Jim Berrington	65	30.09	11.00	19.09
Janet Holmes	68	30.12	13.55	16.17
Jo Cockwill	68	30.16	13.05	17.11
Karyn O'Neill	67	30.17	9.10	21.07
Terry O'Neill	66	30.23	16.15	14.08
James Kingston	53	30.26	18.40	11.46
Sandra Middleton	73	30.31	8.25	22.06
Des Middleton	75	30.45	8.40	22.05
Peter McGrath	82	30.45	-1.00	31.45
Karen Monohan	55	30.47	9.45	21.02
Simon Lloyd	66	30.52	18.25	12.27
Conrad Hamann	70	30.57	9.45	21.22
Sarah Johnson	38	31.19	13.40	17.39
Steve Strelecky	72	31.39	16.00	15.39
Syd Bone	64	31.45	17.20	14.25
Hugh Stevenson	61	31.46	11.00	20.46
Merle Want	61	32.01	13.40	18.21
Greg Hughes	63	33.07	13.05	20.02

KNOX March 2nd 2022**800m walk**

Ian U'Ren	70	6.24
David Ruse	69	7.45
Anne McPherson	65	7.47
Glenn Claiden	67	7.47
Julie Richards	59	8.37
Stephen Richards	60	8.38
Donna Clarke	68	8.43
Erika Bedyne	59	8.45
Helen Stanley	66	8.45
Sam De Fanis	73	8.47
Bernie McLoughlan	69	8.48
Peter LeGet	88	9.08

Sprint

Nileni Fernando	inv	9.9	70m
Helen Stanley	66	11.9	60m
Julie Richards	59	13.56	60m
Donna Clarke	68	13.87	80m
Brian Mee	84	14.45	60m
Paul Durrant	60	15.07	100m
Stephen Richards	60	18.82	100m
David Ruse	69	20.04	100m
Peter LeGet	88	46.9	100m

400m

Glenn Claiden	67	2.09
David Ruse	69	2.26

800m

Bryan Poggenpoel	51	2.4
Stephen Richards	60	3.32
Bernie McLoughlan	69	3.39
Erika Bedyne	59	4.08
Donna Clarke	68	4.26
Peter Thorne	73	4.52
Anne McPherson	65	5.02
Ian U'Ren	70	6.11 walk

1600m

Shane Grund	40	4.35
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200m NOT

Paul Durrant	60	31.24	2nd
Stephen Richards	60	34.97	3rd
Donna Clarke	68	37.56	
David Ruse	69	49.31	
Peter Thorne	73	57.76	
Anne McPherson	65	1.13	
Helen Stanley	66	1.23	
Ian U'Ren	70	1.27	Winner
Julie Richards	59	1.47	

KNOX 2nd March 2022 (cont)**Distance**

1k		
David Ruse	69	9.19
3k		
Bryan Poggenpoel	51	11.53
Stephen Richards	60	16.24
Glenn Claiden	67	16.46
Brian Mee	84	20.59
Maggie Hawkes	66	24.13
Anne McPherson	65	31.25 walk
Ian U'Ren	70	31.25 walk
5k		
Shane Grund	40	16.46
Bernie McLoughlan	69	25.48
Michelle Quan	52	27.1
Peter Thorne	73	28.41
Sam De Fanis	73	28.42

KNOX 9th March 2022**800m walk**

Peter Shanahan	60	5.58
Mark Harris	53	6.37
Ian U'Ren	70	7.46
David Ruse	70	7.47
Anne McPherson	65	7.5
Glenn Claiden	68	7.51
Erika Bedyne	55	8.3
Marina Curnow	74	8.31
Peter Thorne	73	8.32
Sam De Fanis	53	8.34
David Wear	75	8.36

Sprint

Nilani Fernando	21	11.28	80m
Paul Durrant	60	14.74	100m
Peter Shanahan	60	16.4	80m
Jodi Sinclair	51	22.77	100m
David Ruse	70	27.56	80m

300m

Peter Shanahan	60	1.34
David Ruse	70	2.09

700metres

Glenn Claiden	68	3.33
Peter Thorne	73	3.35
David Wear	75	3.36
Jodi Sinclair	51	3.53
Anne McPherson	65	4.11
Ian U'Ren	70	5.58 walk

200m NOT

Paul Durrant	60	30.53	winner
Peter Shanahan	60	46.44	2nd
Peter Thorne	73	47.1	
David Wear	75	49.75	
Jodi Sinclair	51	52.09	
Brian Mee	84	54.35	
Helen Stanley	66	56.46	
Erika Bedyne	55	57.97	
Anne McPherson	65	71.83	
Ian U'Ren	70	85.03	3rd
David Ruse	70	85.87	

Distance

2k		
David Wear	75	12.29
Marina Curnow	74	21.18
David Ruse	70	21.19
3k		
Maggie Hawkes	66	24.21
Anne McPherson	65	31.12 walk
Ian U'Ren	70	31.15 walk
4k		
Helen Stanley	66	20.32
Sam De Fanis	73	22.1
Peter Thorne	73	22.14
Glenn Claiden	68	22.2
Erika Bedyne	55	25
Jodi Sinclair	51	26.42
Peter Shanahan	60	26.48
Brian Mee	84	28.44
6k		
Shane Grund	40	19.33

KNOX 16th March 2022**800m walk - 16/3/22**

Glenn claiden	68	7.18
David Ruse	70	7.18
Anne McPherson	65	7.5
David Wear	75	7.51
Graeme Leticq	67	7.52
Paul Twining	72	7.53
Bernie McLoughlan	69	7.59
Marina Curnow	74	8

Sprint

Jodi Sinclair	51	7.86	40m
Bryan Poggenpoel	51	8.39	55m
Paul Durrant	60	9.01	60m
David Ruse	70	11.27	60m
Andrea Putting	58	11.61	50m

KNOX 16th March 2022 (cont)**400m**

Glenys Brown	69	2.51
David Ruse	70	3.06

800metres

Glenn Claiden	68	4.13
Jodi Sinclair	51	4.33

1200metres

Bernie McLoughlan	69	5
David Wear	75	6.07
Anne McPherson	65	6.54
Paul Twining	72	7.1

1600metres

Graeme Leticq	67	8.46
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200m NOT

Jodi Sinclair	51	43.22
Paul Twining	72	64.35
Bernie McLoughlan	69	66.54 3rd
Anne McPherson	65	69 2nd
Glenys Brown	69	70.58
Graeme Leticq	67	71.95
David Ruse	70	93.18 Winner
Marina Curnow	74	96.77
Andrea Putting	58	116.9

10lap spiral

Shane Grund	40	13.32
Zac Mellech	12	15.18
Bryan Poggenpoel	51	16.05
Graeme Leticq	67	19.03
Bernie McLoughlan	69	21.2
Michelle Quan	52	21.56
Paul Twining	74	22.07
David Wear	74	25.17
Jodie Sinclair	51	28.43

400m w

David Ruse	70	3.13
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KNOX 23rd March 2022**800m walk - 23/3/22**

Kylie Irshad	50	4.31
Mick Carr	68	5.33
Peter Shanahan	60	5.52
Anne McPherson	65	8.21
Maggie Hawkes	66	8.23
Sam De Fanis	74	8.47
David Wear	75	8.49
Graeme Leticq	67	8.51
Paul Twining	72	8.52

Sprint

Paul Durrant	60	13.22 90m
Peter Shanahan	60	14.58 70m

600m

Peter Shanahan	60	3.42
Mick Carr	68	3.58

1000metres

Paul Twining	72	5.11.13
David Wear	75	5.11.33
Graeme Leticq	67	5.2
Peter Thorne	73	5.24
Anne McPherson	65	5.44

300m NOT

Paul Durrant	60	46.65 2nd
Peter Thorne	73	1.11.9 3rd
Peter Shanahan	60	1.17.25
Helen Stanley	66	1.29.01
Michelle Quan	52	1.33.02
Paul Twining	72	1.34.45 winner
Anne McPherson	65	1.35.02
David Wear	75	1.36.19
Mick Carr	68	1.54.79

Distance

1.84k		
Helen Stanley	66	10.1
3k		
Paul Twining	72	16.34
David Wear	75	18.53
Peter Shanahan	60	19.43
5k		
Shane Grund	40	16.16
Graeme Leticq	67	23.17
Michelle Quan	52	26.07
Sam De Fanis	74	26.35
Peter Thorne	73	29.16
Mick Carr	68	36.09 walk

KNOX 30th March 2022**Sprint**

Peter Shanahan	60	11.93 60m
Paul Durrant	60	12.47 85m

700m

John Graeme	71	2.51
Glenn Claiden	68	3.42
Peter Shanahan	60	3.56
Peter Thorne	73	4.11
David Wear	75	4.12
Mick Carr	68	4.52 walk
Michelle Quan	52	6.17 walk

KNOX 30th March 2022 (cont)**1100metres**

Paul Twining 72 6.22

1500metres

Graeme Leticq 67 7.08

Helen Stanley 66 7.14

300m NOT

Paul Durrant 60 48.93 winner

John Graeme 71 64.47

Helen Stanley 66 73.21

Peter Shanahan 60 118.29 3rd

Peter Thorne 73 123 2nd

Paul Twining 72 133.55

David Wear 75 143.39

Mick Carr 68 158.94

Graeme Leticq 67 200.19

Glenys Brown 69 209.73

Michelle Quan 52 215.1

Distance**800metres**

John Graeme 72 4.01

Michelle Quan 52 8.07 walk

2k

David Wear 75 11.23

Peter Shanahan 60 12.54

2.54k

Helen Stanley 66 12.09

4k

Paul Twining 72 19.47

Glenn Claiden 68 21.32

Graeme Leticq 67 22.06

Mick Carr 68 27.35 walk

Mentone March 2nd 2022**500m E.T. Walk**Clock Diff

Sylvia Machin 80 3.46 0.01

Julian Boland 58 3.07 0.02

Emma Wishart 45 3.36 -0.04

Kevin Cassidy 61 2.15 -0.05

Ian Beaumont 85 5.04 0.06

Iris Boulton 73 3.59 -0.11

John Zeleznikow 71 4.34 -0.11

Michael Boulton 67 4.06 -0.14

John Mathew 85 5.15 0.15

Mila Wishart Inv 4.47 0.32

Jarvis Wishart Inv 4.38 0.46

Helen Bryan 51 6.05 1.00

Jeanne Bryan 79 6.05 1.10

Gillian Bryan 53 6.04 1.14

1000m Self H/capClock Actual

Sam Turner Inv 5.51.8 5.01.8

Sandra Wynne 70 5.59.2 5.07.2

Emma Wishart 45 6.00.3 5.30.3

Greg Hughes 63 6.07.4 5.58.4

Martin O'Malley 67 7.13.3 5.35.3

Ashley Page 81 5.16.9 dq

Ashley Birrell 77 5.20.6 dq

Col Waring 76 4.18.2 dq

Avril Britter 63 5.10.9 dq

Gemma Mackay Inv 4.26.6 dq

4 Laps Road Self H/capClock Actual

Sandra Wynne 70 22.10 20.20

Ashley Birrell 77 23.02 23.02

Avril Britter 63 23.14 21.54

Sam Turner Inv 23.44 22.44

Martin O'Malley 67 24.42 19.42

200m H/capClock Metres

Oli Turner Inv 24.35 80

Sam Turner Inv 25.43 80

Glad Wishart 78 25.97 73

Avril Britter 63 26.00 69

Vivienne Cash 70 26.47 41

Ron Arthur 82 26.48 55

John Mackay 54 26.71 20

Julian Boland 58 26.96 43

Stephen Wishart 49 27.31 20

John Mathew 85 27.66 110

Mila Wishart Inv 28.45 45

Bob Wishart 80 29.05 32

Kevin Cassidy 61 29.21 75

Gemma Mackay Inv 31.06 15

Jarvis Wishart Inv 33.01 60

Peter Humphris 72 38.31 65

Mentone March 2nd 2022 (cont)**2 x 800m Relay Walk**

Julian Boland	58	23.28
John Zeleznikow	71	
Kevin Cassidy	61	23.54
John Mathew	85	
Emma Wishart	45	24.37
Jarvis Wishart	Inv	
Glad Wishart	78	24.52
Sylvia Machin	80	
Iris Boulton	73	26.20
Michael Boulton	67	
Mila Wishart	Inv	26.40
Stephen Wishart	49	

Mentone March 9th 2022**600m E.T. Walk**

	<u>Clock</u>	<u>Diff</u>	
Bev Hugo	82	5.07	0.00
Ian Beaumont	85	6.04	0.01
Maureen Seedsman	84	4.47	0.02
Julian Boland	58	3.46	0.03
Stephen Wishart	49	4.25	0.03
Iris Boulton	73	4.51	-0.04
Michael Boulton	67	5.01	-0.04
Joan Clarke	86	6.12	-0.05
Ralph Bennett	80	3.45	-0.05
Kevin Cassidy	61	2.49	-0.06
Dawn Bennett	77	5.06	0.06
Sylvia Machin	80	4.36	0.06
Jarvis Wishart	Inv	4.34	0.14
John Mathew	85	6.28	0.28
Emma Wishart	45	4.16	0.36
Jill Russon	53	6.51	0.36
Helen Bryan	51	6.52	0.42
Jeanne Bryan	79	6.52	0.47

1 Mile Self H/cap *Agg Event*

	<u>Clock</u>	<u>Actual</u>	<u>Pts</u>	
Ashley Birrell	77	11.16.7	8.43.7	7
Sandra Wynne	70	11.19.7	8.49.7	5
Marlene Gourlay	70	11.23.0	7.08.0	4
Helen Castel	59	11.35.3	8.35.3	3
Greg Hughes	63	11.49.0	9.09.0	2
Avril Britter	63	dq	8.56.8	1
Abby Farmer	50	dq	8.46.3	1

150m E.T. *Agg Event*

	<u>Clock</u>	<u>Diff</u>	<u>Pts</u>	
Julian Boland	58	29.99	0.00	7
Ron Arthur	82	27.06	-0.24	5
Stephen Wishart	49	22.10	-0.49	4
Bob Wishart	80	25.36	-0.64	3
Glad Wishart	77	34.71	0.66	2
Gemma Mackay	63	24.84	0.84	

Vivienne Cash	70	25.99	0.99	1
John Cain	61	28.03	-2.97	1
Emma Wishart	45	30.20	-3.00	1
John Mackay	54	20.80	-3.20	1
Jarvis Wishart	Inv	34.25	-3.75	
Peter Humphris	72	41.38	7.88	1
Greg Hughes	63	41.91	-9.09	1
John Mathew	85	20.30	(60m)	

3 Km E.T.- 9/3/22

	<u>Clock</u>	<u>Diff</u>	
Helen Castel	59	17.20	-0.10
Ralph Bennett	80	17.19	-0.41
Avril Britter	63	18.09	-0.49
Ashley Birrell	77	18.59	1.09
Sandra Wynne	70	17.28	-1.22
Lydia Rands	33	18.11	-3.49

3000m E.T. Walk *Agg Event*

	<u>Clock</u>	<u>Diff</u>	<u>Pts</u>	
Kevin Cassidy	61	15.59	-0.01	7
Iris Boulton	73	26.05	0.05	5
Michael Boulton	67	27.04	-0.06	4
Sylvia Machin	80	23.29	-0.09	3
Geoff Barrow	73	22.12	0.17	2
Dawn Bennett	77	26.48	0.18	1
Ian Beaumont	85	31.27	-0.23	1
Bev Hugo	82	27.09	-0.37	1
Julian Boland	58	20.10	0.47	1
Greg Hughes	63	26.42	0.54	1
Maureen Seedsman	84	26.47	0.57	1
Joan Clarke	86	31.39	-2.01	1
Helen Bryan	51	36.20	-2.40	1
Jeanne Bryan	79	36.20	-3.40	1
Gill Russon	53	36.20	-3.40	1

Mentone March 16th 2022**100m E.T.**

	<u>Clock</u>	<u>Diff</u>	
Vivienne Cash	70	16.29	-0.01
Bob Wishart	80	16.09	-0.01
Stephen Wishart	49	13.98	0.18
Avril Britter	63	19.44	-0.53
Gemma Mackay	Inv	15.19	0.69
Mila Wishart	Inv	18.71	1.48
Emma Wishart	45	18.84	1.52
Glad Wishart	78	21.80	1.80
Jarvis Wishart	Inv	21.54	2.34
John Mathew	85	29.65	-3.35
Peter Humphris	72	25.70	6.50

5 Km E.T. *Agg Event*

	<u>Clock</u>	
Sandra Wynne	70	30.35
Stephen Bird	59	25.05
Avril Britter	63	30.36
Ashley Birrell	77	39.12

Mentone March 16th 2022 (cont)

<u>800m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Michael Boulton	67	6.45	0.00
Greg Hughes	63	6.13	0.01
Iris Boulton	73	6.35	0.05
Helen Bryan	51	9.53	-0.07
Joan Clarke	86	8.12	-0.07
Sylvia Machin	80	6.17	0.07
Dawn Bennett	77	6.52	0.07
Kevin Cassidy	61	3.52	-0.08
Stephen Wishart	49	6.01	-0.11
Emma Wishart	45	5.37	-0.11
Julian Boland	58	5.09	0.12
Gill Russon	53	9.53	0.13
John Zeleznikow	71	8.05	0.15
Bev Hugo	82	7.13	0.18
Jeanne Bryan	79	9.53	0.23
Debbie Thomson	64	9.15	0.25
Jarvis Wishart	Inv	6.02	-0.38
Ruth-Mary F'bridge	84	7.20	-0.40
John Mathew	85	8.13	-0.47

<u>900m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	4.36.7	-1.3
Avril Britter	63	4.45.6	-4.4
Peta Lough	31	4.48.7	-11.3
Ashley Birrell	77	4.32.5	-12.5
Helen Castel	59	4.25.2	-19.8
Greg Hughes	63	5.35.0	1.00.0

1500m/ 5000m E.T. Walk

<u>1500m</u>		<u>Clock</u>	<u>Diff</u>
Greg Hughes	63	12.29	-0.01
Julian Boland	58	9.26	0.06
Dawn Bennett	77	12.51	-0.09
Iris Boulton	73	12.42	-0.18
Michael Boulton	67	13.35	-0.25
Kevin Cassidy	61	8.10	0.30
Jarvis Wishart	Inv	13.22	0.37
Helen Bryan	51	18.09	-0.51
Gill Russon	53	18.09	-1.21
Jeanne Bryan	79	18.09	-1.51
John Mathew	85	20.03	4.03

<u>5000m</u>		<u>Clock</u>	<u>Diff</u>
John Zeleznikow	82	50.10	-0.20
Ralph Bennett ***	80	36.15	-1.15
Sylvia Machin	80	42.28	2.48

Mentone March 23rd 2022

<u>1500m Self H/cap</u>		<u>Clock</u>	<u>Actual</u>
Ashley Page	81	8.50.2	8.13.2
Avril Britter	63	8.54.6	8.26.6
Col Waring	76	8.57.9	6.59.9
Greg Hughes	63	9.10.3	9.10.3
Ashley Birrell	77	9.15.9	8.13.9
Sandra Wynne	70	dq	8.09.7
Stephen Bird	58	dq	6.40.6
Helen Castel	59	dq	7.41.1

<u>400m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Michael Boulton	67	3.10	0.00
Sylvia Machin	80	2.56	0.01
Julian Boland	58	3.04	-0.02
Maureen Seedsman	84	3.02	-0.03
Ralph Bennett	80	2.29	-0.03
Bev Hugo	82	3.24	0.03
Ian Beaumont	85	4.03	0.04
John Mathew	85	4.04	0.04
Iris Boulton	73	3.06	-0.04
Greg Hughes	63	3.01	-0.06
Jarvis Wishart	Inv	3.30	-0.07
Emma Wishart	45	2.37	-0.08
Dawn Bennett	77	3.12	-0.08
John Zeleznikow	71	3.32	-0.20
Ruth-Mary F'bridge	84	3.35	0.35
Stephen Wishart	49	2.38	-0.37
Margaret Beaumont	84	5.02	0.42
Joan Clarke	86	5.02	0.53

<u>120m E.T.</u>		<u>Clock</u>	<u>Diff</u>
Jarvis Wishart	Inv	26.38	0.13
Glad Wishart	78	26.68	0.38
Bob Wishart ***	80	19.78	0.43
Avril Britter	63	24.16	0.43
Vivienne Cash ***	70	20.51	0.51
Ron Arthur	82	21.09	-1.41
Greg Hughes ***	63	27.29	-1.71
Stephen Wishart ***	49	17.35	2.25
Emma Wishart	45	23.45	2.25
John Mathew ***	85	41.07	5.07

<u>4 Km E.T.</u>		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	23.48	-0.02
Ashley Page	81	23.31	-0.22
Avril Britter	63	25.25	0.31
Helen Castel	59	23.29	-0.31
Stephen Bird	59	19.49	-0.41

Mentone March 23rd 2022 (cont)

<u>2000m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Michael Boulton	67	18.11	0.01
Iris Boulton	73	16.43	0.03
Greg Hughes	63	16.21	0.05
Sylvia Machin	80	15.37	0.07
Dawn Bennett	77	17.12	-0.08
Julian Boland	58	17.02	-0.13
Maureen Seedsman	84	17.01	-0.13
Joan Clarke	86	21.40	-0.20
Ian Beaumont	85	21.35	0.25
Bev Hugo	82	18.26	0.27
Ruth-Mary F'bridge	84	18.34	0.34
Ralph Bennett	80	12.46	-0.44
Margaret Beaumont	84	23.56	0.56
John Zeleznikow	71	18.23	-1.22
John Mathew	85	27.00	2.00

Mentone March 30th 2022

<u>500m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Joan Clarke	87	5.07	0.01
Sylvia Machin	80	3.46	0.01
Iris Boulton	73	3.58	-0.02
Maureen Seedsman	84	3.57	0.03
Ian Beaumont	85	5.06	0.03
Bev Hugo	82	4.19	0.04
Michael Boulton	67	4.00	-0.05
Debbie Thomson	64	5.34	-0.06
John Mathew	85	5.07	0.07
Dawn Bennett	77	4.00	-0.10
Mila Wishart	Inv	4.05	-0.10
Emma Wishart	45	3.30	-0.10
Vivienne Cash	70	3.28	-0.12
John Cain	61	3.12	0.12
Greg Hughes	63	3.43	0.13
Margaret Beaumont	84	5.06	-0.14
Stephen Wishart	49	3.23	-0.15
Jarvis Wishart	Inv	4.05	0.15
Jeanne Bryan	79	6.00	0.40
Helen Bryan	51	6.00	0.50

<u>800m E.T</u>		<u>Clock</u>	<u>Diff</u>
Col Waring	76	3.21.0	5.0
Greg Hughes	63	4.09.9	9.1
Ashley Page	81	4.11.7	-12.3
Ashley Birrell	77	3.58.2	-17.2
Emma Wishart	45	5.04.5	-19.5
Helen Castel	59	3.45.2	-19.8
Mila Wishart	Inv	5.05.4	-49.6
Jarvis Wishart	Inv	4.07.1	-107.9

110m E.T.

		<u>Clock</u>	<u>Diff</u>
Bob Wishart	80	17.85	0.00
Greg Hughes	63	22.12	-0.05
Vivienne Cash	70	18.15	-0.05
Ron Arthur	82	19.13	-0.57
Glad Wishart	78	23.14	-0.82
Stephen Wishart	49	16.62	1.12
Mila Wishart	Inv	20.12	1.62
Emma Wishart	45	21.68	-2.48
John Mathew	85	35.80	2.80
Jarvis Wishart	Inv	24.10	3.95
Helen Castel	59	20.20	-5.80

5 Lap Spiral E.T. Walk

		<u>Clock</u>	<u>Diff</u>
Ralph Bennett	80	13.31	0.01
Joan Clarke	87	23.26	-0.04
Dawn Bennett	77	17.37	0.07
Ian Beaumont	85	22.30	-0.08
Iris Boulton	73	17.41	-0.19
Maureen Seedsman	84	17.40	-0.20
Bev Hugo	82	19.22	-0.21
John Mathew	64	26.30	0.30
Margaret Beaumont	84	23.26	-0.34
Michael Boulton	67	18.54	0.44
Sylvia Machin	80	16.27	0.47
Greg Hughes	63	17.26	-1.10
Jim Swinden	68	17.32	-2.28
Jenny Swinden	67	17.12	-2.48
Helen Bryan	51	24.34	-3.26
Jeanne Bryan	79	24.34	-3.56

SPRINGVALE March 2nd 2022**100 metres**

			<i>hcp.</i>
Tracey HUTCHINSON	51	14.20	38mts
Alan ANDERSON	30	14.40	plus2
Sayed KHATAB	71	14.40	9.00
Chris McARDLE	68	14.40	17.00
Ian TREGEAR	71	14.50	19.00
Kevin PARDY	56	14.60	8.00
Mick COLGAN	71	20.00	25.00

heat 2

Padraig BRADY	39	14.20	7mts
Jenny FOX	81	14.20	45.00
Dominique RUELOT	70	14.30	38.00
Helen ANDERSON	59	14.50	8.00
Mike HALL	83	15.10	14.00
Troy JEFFS	47	15.60	14.00
Paul WINTERTON	67	20.60	19.00

100 metres

Muzafer ALI	28	12.40	
Alan ANDERSON	30	14.20	
Kelly KUAMIS	22	15.20	
Kevin PARDY	56	15.70	
Padraig BRADY	39	16.30	

100 metres

Sayed KHATAB	71	16.00	
Helen ANDERSON	59	17.90	
Chris McARDLE	68	18.50	
Iwetta		19.50	
Lindsay OXENHAM	72	23.00	
Dominique RUELOT	70	23.90	
Jenny FOX	81	27.10	

800 metres

Alan ANDERSON	30	3.05	
Muzafer ALI	28	3.13	
Kelly KUAMIS	22	3.20	
Sayed KHATAB	71	3.27	
Dave TALBOT	67	3.30	
Paul MULLINS	81	4.00	
Padraig BRADY	39	4.00	
Lindsay OXENHAM	72	4.20	
Frances HALTON	65	5.18	
Claudio RIGA	66	5.20	

4000 metres road run

Alan BENNIE	75	19.31	
Howard REES	74	20.21	
John INGUANTI	66	20.47	
Troy JEFFS	47	22.41	
Bill IRVINE	73	23.46	
Lindsay OXENHAM	72	24.25	
Kevin PARDY	56	25.17	
Sayed KHATAB	71	25.42	
Padraig BRADY	39	26.40	

2500 metres road walk

Peter ELLIS	71	16.49	
Theresia BAIRD	80	18.33	
Tony DORAN	69	20.09	
Jim SMITH	81	20.09	
Mark McGuinness	61	21.39	
Frank ALLEN	77	22.04	
Claudio RIGA	66	22.57	
Dennis PHILLIPS	79	23.24	
Anand THILLAISUNDARAM	45	23.32	
Mick COLGAN	71	23.33	
Pam THOMAS	75	25.03	
Iwetta		25.03	
Eric NEGROS	58	25.15	
Helen ANDERSON	59	27.30	
Chris McARDLE	68	27.30	

2500 run

Kelly KUAMIS	22	18.34	
Dominique RUELOT	70	18.37	
Tracey HUTCHINSON	51	18.48	
Muzafer ALI	28	19.55?	

SPRINGVALE March 9th 2022**100 metres**

			<i>hcp.</i>
Tracey HUTCHINSON	51	13.60	27.5 mts
Padraig BRADY	39	13.80	6.00
Alan ANDERSON	30	13.90	plus20
Sayed KHATAB	71	14.20	8.00
Mike HALL	83	14.40	16.00
Helen ANDERSON	59	14.40	7.00
Kevin PARDY	56	14.80	7.50
Dominique RUELOT	70	15.10	37.00
Jenny FOX	81	16.60	39.00

600 metres

Muzafer ALI	28	1.54	
Alan ANDERSON	30	2.08	
Sayed KHATAB	71	2.22	
Kelly KUAMIS	22	2.27	
Helen ANDERSON	59	2.31	
Padraig BRADY	39	2.38	
Neil GRAY	74	2.46	
Mark McGuinness	61	2.50	
Kevin PARDY	56	2.53	
Howard REES	74	2.59	
Paul WINTERTON	67	3.00	
Claudio RIGA	66	3.17	
Lindsay OXENHAM	72	3.29	
Tracey HUTCHINSON	51	3.40	

1000 metres

Lou BUCCIERI	66	5.05	
Ian SAVAGE	59	5.40	

SPRINGVALE March 9th 2022 (cont)**100 metres**

Muzafer ALI	28	13.40
Kelly KUAMIS	22	15.10
Sayed KHATAB	71	15.50
Helen ANDERSON	59	16.30
Mike HALL	83	17.60
Dominique RUELOT	70	24.40
Lindsay OXENHAM	72	24.10
Claudio RIGA	66	26.00

1200 metres walk

Tony JOHNSON	81	10.09
Mick COLGAN	71	10.16
Ernie JEFFS	77	10.29
Tony DORAN	69	9.04
Pam THOMAS	75	11.22
Celia JOHNSON	74	11.55
Ernie JEFFS	77	10.29
Tony DORAN	69	9.04
Pam THOMAS	75	11.22
Celia JOHNSON	74	11.55
Howard REES	74	13.30
Tracey HUTCHINSON	51	8.48run

2000 metres walk

Jim SMITH	81	15.38
Anand THILLAISUNDARAM	46	16.37
John MANNING	76	16.40
Helen ANDERSON	59	19.39
Natalie IRVINE	76	19.39
Eric NEGROS	58	20.48

4000 metres walk

Peter ELLIS	71	27.05
Frank ALLEN	77	35.36

2000 metres

Mark McGuiness	61	10.40
Bill IRVINE	73	10.52
Sayed KHATAB	71	11.42
Paul MULLINS	81	14.28
Kelly KUAMIS	22	14.33
Muzafer ALI	28	15.03
Rebecca KENNY	52	15.44
Prabhav		10.27
Raj		11.55
Kamya		14.28

4000 metres

Alan BENNIE	75	18.18	record
Troy JEFFS	47	21.15	
Kevin PARDY	56	22.50	
Lou BUCCIERI	66	23.50	
Lindsay OXENHAM	72	24.58	
Ian SAVAGE	59	25.16	
Dominique RUELOT	70	28.22	
Padraig BRADY	39	39.13	6k

SPRINGVALE March 16th 2022**80 metres ht. 1**

Alan ANDERSON	32	9.90
Muzafer ALI	28	10.30
Padraig BRADY	39	12.50
Sayed KHATAB	71	13.60

heat 2

Helen ANDERSON	59	13.30
Chris McARDLE	68	14.40
Tracey HUTCHINSON	51	16.40
Dominique RUELOT	70	19.10
Jenny FOX	81	21.20

700 metres

Alan ANDERSON	32	2.29
Muzafer ALI	28	2.43
Kelly KUAMIS	22	2.48
Helen ANDERSON	59	2.54
Kevin PARDY	58	2.55
Padraig BRADY	39	2.56
Dave TALBOT	67	2.58
Sayed KHATAB	71	3.11
Neil GRAY	74	3.13
Lou BUCCIERI	66	3.15
N HARTCHER		3.27
Paul WINTERTON	67	3.36

6000 metres

Howard REES	74	31.54
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4000 metres

Alan BENNIE	75	19.55
Sayed KHATAB	71	21.55
Lou BUCCIERI	66	22.35
Kevin PARDY	56	22.53
Ian SAVAGE	59	24.31
Paul MULLINS	81	24.32
Ian TREGGAR	71	24.48
Padraig BRADY	39	25.52
Celia JOHNSON	74	31.26

2000 metres walk

Theresa BAIRD	80	14.21
Muzafer ALI	28	14.40
Tony DORAN	69	14.34
Kelly KUAMIS	22	14.40
Claudio RIGA	66	15.05
Mick COLGAN	71	17.36
Rebecca KENNY	52	17.44
Natalie IRVINE	76	18.18
Anand THILLAISUNDARAM	46	19.47
Eric NEGROS	58	19.56
John ABEL	72	22.36
Ernie JEFFS	77	22.36

SPRINGVALE March 16th (cont)**1500 metres**

Troy JEFFS	47	6.54
Rebecca KENNY	52	8.06
Ian SAVAGE	59	8.18

200 metres heat 1

Kelly KUAMIS	22	33.10
Helen ANDERSON	59	36.50
Chris McARDLE	68	39.70
Tracey HUTCHINSON	51	51.40
Dominique RUELOT	70	60.50
Jenny FOX	81	68.60
Ernie JEFFS	77	71.50

heat 2

Alan ANDERSON	30	26.20
Muzafer ALI	28	31.30
Sayed KHATAB	71	37.50
Kevin PARDY	56	43.50

SPRINGVALE March 23rd 2022**100 metres**

Muzafer ALI	28	12.80
Raj		14.10
Kevin PARDY	56	16.00
Helen ANDERSON	59	16.70
Kamya		18.70
Lindsay OXENHAM	72	23.30
Sayed KHATAB	71	23.60
Dominique RUELOT	70	23.90
Jenny FOX	81	25.70

50 metres**Heat 1**

Padraig BRADY	39	7.80
Kevin PARDY	56	8.50
Helen ANDERSON	59	8.80
Mike HALL	83	9.60
Kamya		9.90
Dominique RUELOT	70	11.90
Jenny FOX	81	12.70

heat 2

Muzafer ALI	28	6.60
Raj		7.50
Prabhau	32	7.80
Kelly KUAMIS	22	8.10
Sayed KHATAB	71	8.40
Lindsay OXENHAM	72	11.30
Mick COLGAN	71	11.90

7 or 12 lap spiral walk/run

Anand THILLAISUNDARAM	46	21.02
Muzafer ALI	28	21.02
Dominique RUELOT	70	21.52
Tony JOHNSON	81	24.48
John MANNING	76	24.58
Jim SMITH	81	25.42
Bill IRVINE	73	25.43
Frank ALLEN	77	26.50
Howard REES	74	25.15
Tony DORAN	69	25.52
Celia JOHNSON	74	27.02
Pam THOMAS	75	27.23
Troy JEFFS	47	27.21
Kelly DAVIDSON	43	28.03
Kevin PARDY	56	29.04
John ABEL	72	29.35
Ian TREGGAR	71	29.36
Ernie JEFFS	77	29.38
Eric NEGROS	59	29.38
Lou BUCCIERI	66	29.51
Padraig BRADY	39	30.38
Lindsay OXENHAM	72	31.10
Sayed KHATAB	71	31.28
Ian SAVAGE	59	31.50
Raj		34.39

800 metres

Kelly KUAMIS	22	2.57
Muzafer ALI	28	3.05
Kevin PARDY	56	3.21
Padraig BRADY	39	3.24
Neil GRAY	74	3.33
Sayed KHATAB	71	3.42
Bill IRVINE	73	3.43
Paul MULLINS	81	3.44
Lou BUCCIERI	66	3.49
Kamya		3.53
Howard REES	74	3.53
Paul WINTERTON	67	4.02
Claudio RIGA	66	4.17
Lindsay OXENHAM	72	4.26

SPRINGVALE March 30th**50 metres**

Muzafer ALI	28	6.80
Emily JONES		7.40
Padraig BRADY	39	7.60
Sayed KHATAB	71	7.90
Kevin PARDY	56	8.10
Howard REES	74	11.70
Lou BUCCIERI	66	12.30
Alan BENNIE	75	13.30

Heat 2

Alan ANDERSON	30	6.90
Kelly KUAMIS	22	8.00
Helen ANDERSON	59	8.70
Tracey HUTCHINSON	51	10.10
Dominique RUELOT	70	11.90
Eric NEGROS	59	16.70
Frank ALLEN	77	21.80

Heat 3

Ian TREGEAR	71	9.50
Troy JEFFS	47	10.20
Lindsay OXENHAM	72	12.00
Claudio RIGA	66	12.30
Tony DORAN	69	12.70
Jenny FOX	81	12.90
Celia JOHNSON	74	18.50
Ernie JEFFS	77	19.10
Pam THOMAS	75	20.10

100 metres

Alan ANDERSON	30	12.10
Muzafer ALI	28	12.30
Emily JONES		13.70
Padraig BRADY	39	14.80
Sayed KHATAB	71	15.50
Kevin PARDY	56	16.50

Heat 2

Helen ANDERSON	59	16.10
Mike HALL	83	11.70
Tracey HUTCHINSON	51	20.40
Troy JEFFS	47	20.80
Dominique RUELOT	70	23.50
Jenny FOX	81	26.10
Ernie JEFFS	77	38.00

7 laps spiral walk

Anand THILLAISUNDARAM	46	23.06
Tony DORAN	69	24.29
Chris McARDLE	68	24.48
Celia JOHNSON	74	25.17
Frank ALLEN	77	26.18
Pam THOMAS	75	27.05
Ernie JEFFS	77	30.01
Kelly DAVIDSON	43	30.59

Emily JONES		30.59
Eric NEGROS	59	33.10

12 laps spiral run

Howard REES	74	26.01
Alan ANDERSON	30	27.19
Troy JEFFS	47	27.23
Alan BENNIE	75	27.46
Lou BUCCIERI	66	27.46
Sayed KHATAB	71	27.50
Lindsay OXENHAM	72	30.43
Padraig BRADY	39	33.30

300 metres walk/run

Ian TREGEAR	71	1.23
Emily JONES		1.30
Theresia BAIRD	80	1.32
Tracey HUTCHINSON	51	1.41
Dominique RUELOT	70	1.46
Celia JOHNSON	74	2.04
Tony DORAN	69	2.07
Bill IRVINE	73	2.11
Frank ALLEN	77	2.21
Pam THOMAS	75	2.31
Jenny FOX	81	2.56
Ernie JEFFS	77	2.58
Eric NEGROS	59	3.04
Natalie IRVINE	76	3.04

700 metres run

Alan ANDERSON	30	2.24
Muzafer ALI	28	2.32
Kelly KUAMIS	22	2.42
Alan BENNIE	75	2.44
Helen ANDERSON	59	2.52
Padraig BRADY	39	2.59
Kevin PARDY	56	3.01
Sayed KHATAB	71	3.10
Neville HARTCHER	69	3.14
Lou BUCCIERI	66	3.21
Howard REES	74	3.25
Paul WINTERTON	67	3.31
Troy JEFFS	47	3.31
Ian SAVAGE	59	3.38
Claudio RIGA	66	3.54
Lindsay OXENHAM	72	3.58

7 laps spiral run

Kevin PARDY	56	17.11
Claudio RIGA	66	17.43
Ian TREGEAR	71	17.53
Helen ANDERSON	59	19.37
Muzafer ALI	28	20.19
Kelly KUAMIS	22	20.29
Dominique RUELOT	70	21.24
Tracey HUTCHINSON	51	23.06