

AUSTRALIAN MASTERS ATHLETICS, AUSTRALIAN OVER 30 & WMA RECORDS											
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<i>Italics indicates record set when not a financial member of Australian Masters Athletics</i>											
All Australian Records listed in RED are World Records waiting for WMA ratification											
MEN						WOMEN					
AGE		NAME	STATE	TIME	DATE	AGE		NAME	STATE	TIME	DATE
<b>60 METRES</b>						<b>60 METRES</b>					
M30	AR	ROBERT VIDLER	VIC	6.96s	2011	W30	AR	FIONA CULLEN	QLD	7.95s	2011
M35	AR	JOHN HOWE	TAS	7.10s	2020	<i>W30</i>	<i>AR</i>	<i>JESSICA KNOX</i>	<i>NSW</i>	<i>7.52s</i>	<i>2011</i>
M40	AR	ASHLEY MCMAHON	NSW	7.14s	2019	W35	AR	WENDY SEEGER	WA	7.61s	2015
M45	AR	ERNIE LESEBERG	NSW	7.27s	2021		AR	KATH HOLLAND	WA	7.4s h	1978
		MICHAEL WILSON	ACT	7.1s h	1995	W40	AR	KYLIE STRONG	NSW	7.84s	2010
M50	AR	ERNIE LESEBERG	NSW	7.39s	2022	W45	AR	JULIE BRIMS	QLD	7.75s	2011
M55	AR	JOHN WIGHT	QLD	7.41s	2001	W50	AR	JULIE BRIMS	QLD	7.96s	2020
M60	AR	CRAIG PARKER	QLD	7.80s	2021	W55	AR	JULIE BRIMS	QLD	7.95s	2021
	AR	MICHAEL CASSIDY	SA	7.80s	2022	W60	AR	JULIE FORSTER	NSW	8.76s	2022
M65	AR	ROBERT MAYSTON	VIC	8.02s	2022		AR	SUE TURNER	SA	8.76s	2022
M70	AR	GLEN WILSON	QLD	8.41s	2011	W65	AR	CAROL DAVIS	QLD	9.12s	2016
M75	AR	BOB WISHART	VIC	8.64s	2019	W70	AR	MAUREEN KESHWAR	WA	9.58s	2022
M80	AR	TOM BROWN	QLD	9.42s	1999	W75	AR	ANN COOPER	SA	10.23s	2007
M85	AR	RICHARD HUGHES	NSW	10.17s	2017	W80	AR	MIRIAM CUDMORE	SA	11.04s	2018
M90	AR	JIM SINCLAIR	VIC	12.12s	2015	W85	AR	CONSID LARMOUR	ACT	13.97s	2020
M95	AR	JIM SINCLAIR	VIC	15.24s	2019	W90	AR	GWEN GLEESON	ACT	16.74s	2019
<b>100 METRES</b>						<b>100 METRES</b>					
M30	AR	GARY FINEGAN	QLD	10.70s	2019	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	2000
	<i>AR</i>	<i>PATRICK JOHNSON</i>	<i>ACT</i>	<i>9.93s</i>	<i>2003</i>		<i>AR</i>	<i>SALLY PEARSON</i>	<i>NSW</i>	<i>11.38s</i>	<i>2017</i>
M35	AR	MATTHEW PILKINGTON	NSW	10.88s	2009	W35	AR	WENDY SEEGER	WA	12.01s	2016
	<i>AR</i>	<i>PATRICK JOHNSON</i>	<i>ACT</i>	<i>10.17s</i>	<i>2007</i>		<i>AR</i>	<i>TANIA MURPHY</i>	<i>SA</i>	<i>11.67</i>	<i>2006</i>
	WR	JUSTIN GATLIN	USA	9.87s	2019		WR	MERLENE OTTEY	JAM	10.74s	1996
M40	AR	ASHLEY MCMAHON	NSW	10.85s	2016	W40	AR	WENDY SEEGER	WA	12.18s	2016
	WR	KIM COLLINS	SKN	9.93s	2016		WR	MERLENE OTTEY	SLO	11.09s	2004
M45	AR	MARK HARPER	VIC	11.32s	2022	W45	AR	JULIE BRIMS	QLD	12.37s	2011
	WR	WILLIE GAULT	USA	10.72s	2006		WR	MERLENE OTTEY	SLO	11.34s	2008
M50	AR	ERNIE LESEBERG	NSW	11.44s	2021	W50	AR	JULIE BRIMS	QLD	12.10s	2020
	WR	WILLIE GAULT	USA	10.88s	2011		WR	MERLENE OTTEY	SLO	11.67s	2010
M55	AR	HAL THOMAS	SA	11.63s	1992	W55	AR	JULIE BRIMS	QLD	12.24s	2021
	WR	WILLIE GAULT	USA	11.30s	2016		WR	<b>JULIE BRIMS</b>	<b>AUS</b>	<b>12.24s</b>	<b>2021</b>
M60	AR	BERNIE HOGAN	QLD	12.15s	1981	W60	AR	JULIE FORSTER	NSW	13.86s	2022
	WR	RON TAYLOR	GBR	11.70s	1995		WR	KARLA DEL GRANDE	CAN	13.63s	2014
M65	AR	ROBERT MAYSTON	VIC	12.50s	2022	W65	AR	CAROL DAVIS	QLD	14.61s	2016
	WR	DAMIEN LEAKE	USA	12.31s	2018		WR	KARLA DEL GRANDE	CAN	13.91s	2018
M70	AR	BOB WISHART	VIC	13.28s	2012	W70	AR	BARBARA BLURTON	WA	15.60s	2021
	WR	BOBBY WHILDON	USA	12.77s	2005		WR	INGRID MEIER	GER	14.73s	2017
M75	AR	BOB WISHART	VIC	13.56s	2017	W75	AR	ANN COOPER	SA	16.09s	2005
	WR	KENTON BROWN	USA	13.25s	2020		WR	CAROL LAFAYETTE-BOYD	CAN	15.03s	2018
M80	AR	LEO COFFEY	VIC	15.27s	2011	W80	AR	MIRIAM CUDMORE	SA	18.09s	2018
	WR	PAYTON JORDAN	USA	14.35s	1997		WR	KATHY BERGEN	USA	16.26s	2021
M85	AR	RICHARD HUGHES	NSW	15.65s	2017	W85	AR	SHIRLEY COPPOCK	VIC	22.16s	2021
	WR	HIROO TANAKA	JPN	15.08s	2017		WR	EMIKO SAITAU	JPN	19.37s	2018

M90	AR	JIM SINCLAIR	VIC	19.63s	2015	W90	AR	MARGARET PROWSE	VIC	43.22s	2012
	WR	HIROO TANAKA	JPN	16.86s	2021		WR	MITSU MORITA	JPN	23.15s	2013
M95	AR	JIM SINCLAIR	VIC	25.39s	2019	W95	WR	ELENA PAGU	ROU	30.16s	2021
	WR	FREDERICO FISCHER	BRA	20.41s	2012	W100	WR	JULIA HAWKINS	USA	39.62s	2017
M100	AR	LES AMEY	QLD	58.29s	2000	W105	WR	JULIA HAWKINS	USA	62.95s	2021
	WR	DON PELLMANN	USA	26.99s	2015						
M105	WR	STANISTAW KOWALSKI	POL	34.50s	2015						
<b>200 METRES</b>						<b>200 METRES</b>					
M30	AR	LEIGH BENNETT	NSW	21.63s	2017	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	2000
	AR	<i>PATRICK JOHNSON</i>	<i>ACT</i>	<i>20.35s</i>	<i>2006</i>		AR	<i>DENISE BOYD</i>	<i>VIC</i>	<i>23.09s</i>	<i>1983</i>
M35	AR	ADAM FARLOW	ACT	21.80s	2018	W35	AR	WENDY SEEGER	WA	24.42s	2015
	AR	<i>PATRICK JOHNSON</i>	<i>ACT</i>	<i>20.48s</i>	<i>2007</i>		AR	<i>TANIA MURPHY</i>	<i>SA</i>	<i>23.90s</i>	<i>2006</i>
	WR	LINFORD CHRISTIE	GBR	20.11s	1995		WR	MERLENE OTTEY	JAM	21.93s	1995
M40	AR	ASHLEY MCMAHON	NSW	22.03s	2016	W40	AR	WENDY SEEGER	WA	24.52s	2016
	WR	TROY DOUGLAS	NED	20.64s	2003		WR	MERLENE OTTEY	SLO	22.72s	2004
M45	AR	REG AUSTIN	NSW	22.40s	1983	W45	AR	JULIE BRIMS	QLD	25.21s	2011
	WR	WILLIE GAULT	USA	21.80s	2008		WR	MERLENE OTTEY	SLO	23.82s	2006
M50	AR	ERNIE LESEBERG	NSW	22.97s	2022	W50	AR	JULIE BRIMS	QLD	24.87s	2020
	WR	WILLIE GAULT	USA	22.44s	2011		WR	MERLENE OTTEY	SLO	24.33s	2007
M55	AR	MICHAEL RODEN	ACT	23.80s	2021	W55	AR	JULIE BRIMS	QLD	25.07s	2021
	WR	WILLIE GAULT	USA	23.24s	2016		WR	<b>JULIE BRIMS</b>	<b>AUS</b>	<b>25.07s</b>	<b>2021</b>
M60	AR	PETER CROMBIE	NSW	24.83s	2005	W60	AR	SUE TURNER	SA	29.46s	2020
	WR	RON TAYLOR	GBR	24.00s	1995		AR	MARGARET TWEEDIE	VIC	29.99s	2016
M65	AR	ROBERT MAYSTON	VIC	25.00s	2022		WR	KARLA DEL GRANDE	CAN	28.11s	2013
	WR	CHARLES ALLIE	USA	24.65s	2013	W65	AR	JEANETTE FLYNN	QLD	30.55s	2018
M70	AR	HUGH COOGAN	QLD	26.84s	2005		WR	KARLA DEL GRANDE	CAN	28.53s	2018
	WR	CHARLES ALLIE	USA	25.75s	2018	W70	AR	BARBARA BLURTON	WA	32.17s	2021
M75	AR	BOB WISHART	VIC	28.42s	2017		WR	INGRID MEIER	GER	31.30s	2017
	WR	ROBERT LIDA	USA	27.73s	2012	W75	AR	ANN COOPER	SA	33.6s	2004
M80	AR	MIKE JOHNSTON	VIC	31.82s	2002		WR	CAROL LAFAYETTE-BOYD	CAN	31.56s	2018
	WR	HISAMITSU HIJIYA	JPN	29.54s	2011	W80	AR	MIRIAM CUDMORE	SA	39.75s	2018
M85	AR	RICHARD HUGHES	NSW	34.37s	2017		WR	KATHY BERGEN	USA	35.34s	2021
	WR	HISAMITSU HIJIYA	JPN	31.69s	2016	W85	AR	SHIRLEY COPPOCK	VIC	50.16s	2021
M90	AR	JIM SINCLAIR	VIC	43.12s	2015		WR	EMIKO SAITAU	JPN	41.58s	2017
	WR	HIROO TANAKA	JPN	36.02s	2021	W90	AR	MARGARET PROWSE	VIC	97.22s	2011
M95	AR	MERVYN COLLINS	ACT	60.71s	2022		WR	MITSU MORITA	JPN	55.62s	2013
	WR	FREDRICH MAHLO	GER	48.69s	2007	W95	WR	DIANE FRIEDMAN	USA	72.99s	2017
M100	WR	PHILLIP RABINOWITZ	RSA	77.59s	2004	W100	WR	DIANE FRIEDMAN	USA	89.79s	2021
<b>400 METRES</b>						<b>400 METRES</b>					
M30	AR	MURRAY GOODWIN	QLD	46.24s	2018	W30	AR	GLENDA DOUGLASS	NSW	55.5s	1996
	AR	<i>BEN OFFEREINS</i>	<i>WA</i>	<i>46.13s</i>	<i>2016</i>		AR	<i>RAELENE BOYLE</i>	<i>VIC</i>	<i>51.08s</i>	<i>1982</i>
M35	AR	JEFF KING	ACT	48.2s	2000	W35	AR	WENDY SEEGER	WA	55.72s	2016
	AR	<i>ANDREW WILCOX</i>	<i>VIC</i>	<i>48.13s</i>	<i>2004</i>		AR	<i>WENDY OLD-ABBOTT</i>	<i>SA</i>	<i>55.43s</i>	<i>1996</i>
	WR	CHRISTOPHER BROWN	BAH	44.54s	2015		WR	ALISON FELIX	USA	49.46s	2021
M40	AR	ROBERT McCUBBIN	VIC	49.33s	2004	W40	AR	MARIE KAYE	NSW	56.18s	2003
	WR	ENRICO SARACENI	ITA	47.81s	2004		WR	SARA MONTECINOS	CHL	53.68s	1994
M45	AR	REG AUSTIN	NSW	50.61s	1983	W45	AR	ADRIENNE MCIVOR	QLD	56.60s	2016
	WR	ALLEN WOODARD	USA	49.09s	2017		WR	ANGELA HENRY-NOTT	USA	56.14s	2021
M50	AR	REG AUSTIN	NSW	51.81s	1987	W50	AR	MARGE ALLISON	NSW	58.51s	1995
	WR	JUAN LUIS LOPEZ ANAYS	ESP	50.51s	2021		WR	MARIE LANDE MATHIEU	PUR	57.66s	2007
M55	AR	MARK RODEN	ACT	53.01s	2022	W55	AR	JULIE BRIMS	QLD	59.36	2021

	WR	CHARLES ALLIE	USA	52.24s	2003		WR	<b>JULIE BRIMS</b>	<b>AUS</b>	<b>59.36</b>	<b>2021</b>
M60	AR	TREVOR YOUNG	NSW	55.42s	2018	W60	AR	ANNE STOBAUS	VIC	67.30s	2001
	WR	RALPH ROMAIN	TRI	53.88s	1995		WR	CAROLINA POWELL	GBR	64.31s	2015
M65	AR	ROBERT MAYSTON	VIC	57.92s	2022	W65	AR	JEANETTE FLYNN	QLD	69.01s	2018
	WR	CHARLES ALLIE	USA	56.09s	2013		WR	KARLA DEL GRANDE	CAN	68.08s	2019
M70	AR	HUGH COOGAN	QLD	60.77s	2006	W70	AR	BARBARA BLURTON	WA	71.78s	2020
	WR	CHARLES ALLIE	USA	57.26s	2018		WR	<b>BARBARA BLURTON</b>	<b>AUS</b>	<b>71.78s</b>	<b>2020</b>
M75	AR	HUGH COOGAN	QLD	64.10s	2011	W75	AR	MARGE ALISON	QLD	85.07s	2019
	WR	GUIDO MUELLER	GER	62.40s	2014		WR	CHRISTA BORTIGNON	CAN	79.53s	2013
M80	AR	DAVID CARR	WA	71.40s	2013	W80	AR	CORY COLLINS	ACT	1m 32.75s	2016
	WR	HISAMITSU HIJYA	JPN	70.01s	2012		WR	RIETJE DIJKMAN	NED	1m 29.84s	2019
M85	AR	DAVID CARR	WA	81.93s	2018	W85	AR	SHIRLEY COPPOCK	VIC	2m 20.26s	2021
	WR	EARL FEE	CAN	77.12s	2014		WR	EMIKO SAITAU	JPN	1m 41.63s	2017
M90	AR	JIM SINCLAIR	VIC	111.93s	2015	W90	AR	MARGARET PROWSE	VIC	3m 36.47s	2011
	WR	EARL FEE	CAN	89.15s	2019		WR	MELITTA CZERWENKA-NAGEL	GER	2m 16.19s	2020
M95	AR	ALEX PITTENDRICH	QLD	2m 50.1s	2001	W95	WR	DIANE FRIEDMAN	USA	3m 21.00s	2019
	WR	ORVILLE ROGERS	USA	2m 21.82s	2013						
M100	WR	ERWIN JASKULSKI	AUT	3m 41s	2003						
<b>800 METRES</b>					<b>800 METRES</b>						
M30	AR	SCOTT TAMBLIN	WA	1m 51.81s	2010	W30	AR	JUDY DALY	SA	2m 07.4s	1978
	AR	<i>JEFFREY RISELEY</i>	<i>VIC</i>	<i>1m 45.41s</i>	<i>2021</i>		AR	<i>MARGARET CROWLEY</i>	<i>VIC</i>	<i>1m 59.97s</i>	<i>2000</i>
M35	AR	ROBERT MCCUBBIN	VIC	1m 53.10s	2003	W35	AR	JUDY DALY	SA	2m 11.5s	1986
	AR	<i>JEFFREY RISELEY</i>	<i>VIC</i>	<i>1m 50.81s</i>	<i>2022</i>		AR	<i>JUDY POLLOCK</i>	<i>VIC</i>	<i>1m 59.93s</i>	<i>1976</i>
	WR	JOHNNY GRAY	USA	1m 43.36s	1995		WR	LYUBOV GURINA	RUS	1m 56.53s	1994
M40	AR	ROBERT MCCUBBIN	VIC	1m 51.56s	2004	W40	AR	SUZY COLE	TAS	2m 10.48s	2010
	WR	ANTHONY WHITEMAN	GBR	1m 48.22s	2012		WR	Y. PODKOPAYEVA	RUS	1m 59.25s	1994
M45	AR	ALAN BRADFORD	QLD	1m 58.6s	1987	W45	AR	ADRIENNE MCIVOR	QLD	2m 11.19ss	2016
	WR	ANTHONY WHITEMAN	GBR	1m 49.86s	2017		WR	Y. PODKOPAYEVA	RUS	2m 02.82s	1998
M50	AR	ALAN BRADFORD	QLD	2m 00.40s	1989	W50	AR	JEANETTE FLYNN	QLD	2m 16.05s	2005
	WR	NOLAN SHAHEED	USA	1m 58.65s	2000		WR	EVA TROST	GER	2m 12.50s	2018
M55	AR	TOM ROBERTS	VIC	2m 05.07s	1989	W55	AR	JEANETTE FLYNN	QLD	2m 21.98s	2007
	WR	PETER OBERLIESSEN	GER	2m 02.92s	2016		WR	ANNE GILSHINAN	IRE	2m 19.63s	2019
M60	AR	ALAN BRADFORD	QLD	2m 10.42s	1999	W60	AR	JEANETTE FLYNN	QLD	2m 33.96s	2013
	WR	NOLAN SHAHEED	USA	2m 08.56s	2011		WR	LIDIA ZENTNER	GER	2m 33.09s	2013
M65	AR	DAVID CARR	WA	2m 19.5s	1998	W65	AR	JEANETTE FLYNN	QLD	2m 43.39s	2016
	WR	EARL FEE	CAN	2m 14.33s	1995		WR	SABRA HARVEY	USA	2m 39.61s	2016
M70	AR	DAVID CARR	WA	2m 25.14s	2003	W70	AR	BARBARA BLURTON	WA	3m 03.93s	2020
	WR	EARL FEE	CAN	2m 20.52s	1999		WR	SABRA HARVEY	USA	2m 50.66s	2019
M75	AR	DAVID CARR	WA	2m 34.3s	2007	W75	AR	LAVINIA PETRIE	VIC	3m 18.2s	2018
	WR	JOSE V RIOSECO	ESP	2m 30.59s	2016		WR	JEANNE DAPRANO	USA	3m 07.35s	2011
M80	AR	DAVID CARR	WA	2m 48.5s	2013	W80	AR	RUTH JOHNSON	WA	4m 14.05s	2021
	WR	JOSE V RIOSECO	ESP	2m 41.59s	2021		WR	YOKO NAKANO	JPN	3m 30.41s	2018
M85	AR	DAVID CARR	WA	3m 06.69s	2017	W85	AR	CHRISTIANE DAUPHINET	QLD	5m 26.22s	2016
	<b>WR</b>	<b>DAVID CARR</b>	<b>AUS</b>	<b>3m 06.69s</b>	<b>2017</b>		WR	YOKO NAKANO	JPN	3m 58.15s	2021
M90	AR	ALEX PITTENDRICH	QLD	4m 28.2s	1997	W90	AR	unclaimed			
	WR	EARL FEE	CAN	3m 34.93s	2019		WR	MELITTA CZERWENKA-NAGEL	GER	5m 01.35s	2020
M95	AR	JOHN GILMOUR	WA	9m 19.93s	2016	W95	WR	HOLLYCE KIRKLAND	USA	9m 30.46s	2017
	WR	ANTONIA NACCA	ITA	4m 51.44s	2019						
<b>1500 METRES</b>					<b>1500 METRES</b>						
M30	AR	GLENN RITCHIE	NSW	3m 41.48s	1996	W30	AR	MARCIA SHEER	SA	4m 25.0s	1992
	AR	<i>PAT SCAMMELL</i>	<i>VIC</i>	<i>3m 35.62s</i>	<i>1991</i>		AR	<i>LINDEN HALL</i>	<i>VIC</i>	<i>3m 59.01s</i>	<i>2021</i>

M35	AR	SCOTT TAMBLIN	WA	3m 51.01s	2015	W35	AR	BELINDA MARTIN	NSW	4m 21.03s	2011
	AR	PHILO SAUNDERS	ACT	3m 42.43s	2014		AR	JUDY POLLOCK	VIC	4m 14.22s	1976
	WR	BERNARD LAGAT	USA	3m 32.51s	2010		WR	MARICICA PUICA	ROM	3m 57.73s	1983
M40	AR	PHILO SAUNDERS	ACT	3m 45.95s	2017	W40	AR	BELINDA MARTIN	NSW	4m 25.62s	2019
	WR	BERNARD LAGAT	USA	3m 41.87s	2015		WR	Y. PODKOPAYEVA	RUS	3m 59.78s	1994
M45	AR	ROBERT SCHWERKOLT	VIC	4m 00.2s	2011	W45	AR	BELINDA MARTIN	NSW	4m 28.23s	2019
	WR	ANTHONY WHITEMAN	GBR	3m 48.72s	2017		WR	Y. PODKOPAYEVA	RUS	4m 05.44s	1998
M50	AR	TOM ROBERTS	VIC	4m 05.2s	1984	W50	AR	JEANETTE FLYNN	QLD	4m 42.00s	2005
	WR	DAVID HEATH	GBR	3m 58.26s	2015		WR	NICOLE WEJLING-DISSEL	NED	4m 35.40s	2017
M55	AR	KEITH BATEMAN	NSW	4m 12.35s	2011	W55	AR	LOUISA ABRAM	QLD	4m 59.36s	2018
	WR	KEITH BATEMAN	AUS	4m 12.35s	2011		WR	ANNE GILSHINAN	IRE	4m 41.46s	2019
M60	AR	JOHN GILMOUR	WA	4m 29.0s	1979	W60	AR	JEANETTE FLYNN	QLD	5m 28.07s	2012
	WR	NOLAN SHAHEED	USA	4m 24.00s	2011		WR	LIDIA ZENTNER	GER	5m 06.65s	2013
M65	AR	JACK RYAN	VIC	4m 41.82s	1987	W65	AR	JEANETTE FLYNN	QLD	5m 47.83s	2016
	WR	SIMON HERLAAR	HOL	4m 39.87s	1994		WR	KATHRYN MARTIN	USA	5m 25.65s	2017
M70	AR	DONALD MATHEWSON	NSW	5m 02.28s	2015	W70	AR	LAVINIA PETRIE	VIC	6m 04.06s	2014
	WR	RON ROBERTSON	NZL	4m 52.95s	2011		WR	ANGELA COPSON	GBR	5m 46.9s	2017
M75	AR	DAVID CARR	WA	5m 28.1s	2007	W75	AR	LAVINIA PETRIE	VIC	6m 48.39s	2021
	WR	JOSE VICENTE RIOSECO	ESP	5m 11.27s	2018		WR	ELFRIEDE HODAPP	GER	6m 34.22s	2010
M80	AR	DAVID CARR	WA	5m 54.3s	2013	W80	AR	JUNE MCINTYRE	NT	9m 09.49s	2017
	WR	MANUEL ALONSO DOMINGO	ESP	5m 47.35s	2016		WR	YOKO NAKANO	JPN	6m 52.77s	2016
M85	AR	DAVID CARR	WA	6m 27.3s	2017	W85	AR	HEATHER LEE	NSW	11m 56.80s	2014
	WR	MANUEL ALONSO DOMINGO	ESP	6m 08.61s	2021		WR	YOKO NAKANO	JPN	7m 37.31s	2021
M90	AR	PETER BROWNBILL	VIC	9m 32s	2008	W90	AR				
	WR	TOSHIO KAMEHAMA	JPN	7m 37.08s	2021		WR	LENORE MONTGOMERY	CAN	12m 34.67s	2020
M95	AR	JOHN GILMOUR	WA	19m 35.95s	2016						
	WR	YOSHIMITSU MIYAUCHI	JPN	10m 10.88s	2019						
M100	AR	LES AMEY	QLD	16m 46.4s	2000						
	WR	LES AMEY	AUS	16m 46.4s	2000						
<b>1 MILE</b>						<b>1 MILE</b>					
M30	AR	SCOTT TAMBLIN	WA	4m 11.94s	2014	W30	AR	SUE HOBSON	ACT	4m 48s	1989
	AR	PAT SCAMMELL	VIC	3m 55.17s	1992		AR	LINDEN HALL	VIC	4m 21.38s	2021
M35	AR	SCOTT TAMBLIN	WA	4m 11.78s	2015	W35	AR	JUDY DALEY	SA	4m 50.08s	1982
	AR	PHILO SAUNDERS	ACT	4m 01.81s	2015		AR	VICTORIA MITCHELL	NSW	4m 46.19s	2018
	WR	BERNARD LAGAT	USA	3m 51.38s	2011		WR	MARICICA PUICA	ROM	4m 17.33s	1985
M40	AR	PHILO SAUNDERS	ACT	4m 05.95s	2017	W40	AR	BELINDA MARTIN	NSW	4m 45.38s	2019
	WR	BERNARD LAGAT	USA	3m 57.91s	2015		WR	Y. PODKOPAYEVA	RUS	4m 23.78s	1993
M45	AR	ROBERT SCHWERKOLT	VIC	4m 27.70s	2012	W45	AR	BELINDA MARTIN	NSW	4m 51.33s	2020
	WR	DAVIDE RAINERI	ITA	4m 13.96s	2019		WR	Y. PODKOPAYEVA	RUS	4m 48.42s	1997
M50	AR	TOM ROBERTS	VIC	4m 30.06s	1987	W50	AR	JEANETTE FLYNN	QLD	5m 13.6s	2004
	WR	BRAD BARTON	USA	4m 19.59s	2019		WR	NICOLE WEJLING-DISSEL	NED	4m 57.83s	2017
M55	AR	KEITH BATEMAN	NSW	4m 35.04s	2010	W55	AR	JEANETTE FLYNN	QLD	5m 27.57s	2006
	WR	KEITH BATEMAN	AUS	4m 35.04s	2010		WR	ANNE GILSHINAN	IRE	5m 08.47s	2019
M60	AR	JOHN GILMOUR	WA	4m 57.1s	1980	W60	AR	JEANETTE FLYNN	QLD	5m 56.00s	2012
	WR	HAKAN ERIKSSON	SWE	4m 47.69s	2021		WR	LESLEY HINZ	USA	5m 39.84s	2018
M65	AR	JACK RYAN	VIC	5m 05.61s	1987	W65	AR	JEANETTE FLYNN	QLD	6m 17.10s	2017
	WR	DEREK TURNBULL	NZL	4m 56.4s	1992		WR	ANGELA COPSON	GBR	5m 54.59s	2015
M70	AR	JOHN WARREN	NSW	5m 39.38s	2009	W70	AR	LAVINIA PETRIE	VIC	6m 33.96s	2014
	WR	JOOP RUTER	NED	5m 19.75s	2003		WR	SHARON GERL	USA	6m 38.30s	2018
M75	AR	DAVID CARR	WA	6m 04.2s	2007	W75	AR	LORRAINE LOPES	WA	7m 46.5s	2015
	WR	ED WHITLOCK	CAN	5m 41.80s	2006		WR	JEANNE DAPRANO	USA	6m 58.44s	2012

M80	AR	DAVID CARR	WA	6m 26.6s	2012	W80	AR	ANNE YOUNG	ACT	10m 48.05s	2015
	WR	JOSE VICENTE RIOSECO LOPEZ	ESP	5m 56.93s	2021		WR	YOLANDE MARCHAL	FRA	7m 34.74s	2019
M85	AR	DAVID CARR	WA	7m 16.7s	2017	W85	AR	MARGARET PROWSE	VIC	13m 34.3s	2007
	WR	MANUEL ALONSO DOMINGO	ESP	6m 40.25s	2021		WR	BLANCHE CUMMINGS	USA	10m 55.25s	2015
M90	AR	PETER BROWNBILL	VIC	10m 30.9s	2008	W90	AR	HEATHER LEE	NSW	12m 48.59s	2020
	<b>WR</b>	<b>PETER BROWNBILL</b>	<b>AUS</b>	<b>10m 30.9s</b>	<b>2008</b>		<b>WR</b>	<b>HEATHER LEE</b>	<b>AUS</b>	<b>12m 48.59s</b>	<b>2020</b>
M95	WR	ANTONIA NACCA	ITA	11m 56.04s	2019						
<b>3,000 METRES</b>						<b>3,000 METRES</b>					
M30	AR	AIDAN HOBBS	QLD	8m 13.56s	2021	W30	AR	SUSAN HOBSON	ACT	9m 05.93s	1989
	<i>AR</i>	<i>DARREN LYNCH</i>	<i>VIC</i>	<i>7m 45.53s</i>	<i>1999</i>		<i>AR</i>	<i>SARAH JAMIESON</i>	<i>VIC</i>	<i>8m 48.41s</i>	<i>2007</i>
M35	AR	AIDAN HOBBS	QLD	8m 26.82s	2021	W35	AR	BELINDA MARTIN	NSW	9m 18.51s	2011
	<i>AR</i>	<i>SHAUN CREIGHTON</i>	<i>ACT</i>	<i>7m 49.04</i>	<i>2002</i>		<i>AR</i>	<i>SUSAN HOBSON</i>	<i>ACT</i>	<i>9m 01.77s</i>	<i>1996</i>
	WR	BERNARD LAGAT	USA	7m 29.00s	2010		WR	MARICICA PUICA	ROM	8m 27.83s	1985
M40	AR	BEN ST LAWRENCE	NSW	8m 9.77s	2021	W40	AR	BELINDA MARTIN	NSW	9m 20.05s	2018
	WR	BERNARD LAGAT	USA	7m 42.75s	2015		WR	NURIA FERNANDEZ	ESP	9m 03.40s	2017
M45	AR	ROBERT SCHWERKOLT	VIC	8m 49s	2011	W45	AR	BELINDA MARTIN	NSW	9m 30.72s	2019
	<i>AR</i>	<i>SCOTT WESTCOTT</i>	<i>NSW</i>	<i>8m 34.62s</i>	<i>2020</i>		<i>AR</i>	<i>BELINDA MARTIN</i>	<i>NSW</i>	<i>9m 22.41s</i>	<i>2020</i>
	WR	VYACHESLAV SHABUNIN	RUS	8m 15.58s	2015		WR	Y. PODKOPAYEVA	RUS	9m 17.27s	1997
M50	AR	SHAUN CREIGHTON	ACT	8m 58.00s	2018	W50	AR	JULIE NORNEY	VIC	10m 29.84s	2021
	WR	CHRISTIAN GEFFREY	FRA	8m 41.2s	2007		WR	GITTE KARLSHOJ	DEN	9m 47.20s	2009
M55	AR	KEITH BATEMAN	NSW	8m 56.80s	2010	W55	AR	KAREN BLAY	NSW	10m 37.44s	2020
	<b>WR</b>	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>8m 56.80s</b>	<b>2010</b>		WR	SILKE SCHMIDT	GER	10m 03.90s	2015
M60	AR	JOHN GILMOUR	WA	9m 41.2s	1980	W60	AR	ANNE RYAN	QLD	11m 46s	2015
	WR	YOSHITSUGU IWANAGA	JPN	9m 21.38s	2020		WR	SILKE SCHMIDT	GER	10m 28.94s	2019
M65	AR	JOHN GILMOUR	WA	10m 10.2s	1984	W65	AR	THERESIA BAIRD	VIC	12m 07.18s	2007
	WR	DEREK TURNBULL	NZL	9m 47.4s	1992		WR	KATHRYN MARTIN	USA	11m 42.8s	2017
M70	AR	DONALD MATHEWSON	NSW	11m 06.68s	2015	W70	AR	LAVINIA PETRIE	VIC	12m 52.03s	2014
	WR	SIEM HERLAAR	NED	10m 42.40s	1999		WR	ANGELA COPSON	GBR	12m 13.12s	2018
M75	AR	DONALD MATHEWSON	NSW	12m 15.82s	2019	W75	AR	LORRAINE LOPES	WA	14m 40.2s	2015
	WR	ED WHITLOCK	CAN	11m 10.43s	2006		WR	YOKO NAKANO	JPN	13m 55.58s	2012
M80	AR	DAVID CARR	WA	13m 12.3s	2012	W80	AR	LORNA THOMPSON	QLD	20m 28.81s	2007
	WR	JOSE VICENTE RIOSECO LOPEZ	ESP	11m 56.25s	2021		WR	YOKO NAKANO	JPN	14m 27.49s	2017
M85	AR	DAVID CARR	WA	14m 54.8s	2017	W85	AR	MARGARET PROWSE	VIC	26m 21.8s	2007
	WR	JULIAN BERNAL MEDINA	ESP	14m 13.4s	2005		WR	YOKO NAKANO	JPN	16m 39.15s	2021
M90	AR	EDDIE GAMBLE	VIC	24m 28.6s	2005						
	WR	YOSHIMITSU MIYAUCHI	JPN	16m 42.01s	2014						
M95	WR	YOSHIMITSU MIYAUCHI	JPN	23m 02.89s	2019						
<b>5,000 METRES</b>						<b>5,000 METRES</b>					
M30	AR	AIDAN HOBBS	QLD	14m 34.70s	2020	W30	AR	SUSAN HOBSON	ACT	16m 25.7s	1989
	<i>AR</i>	<i>SHAUN CREIGHTON</i>	<i>ACT</i>	<i>13m 21.45s</i>	<i>2000</i>		<i>AR</i>	<i>ELLOISE WELLINGS</i>	<i>NSW</i>	<i>15m 01.59s</i>	<i>2016</i>
M35	AR	AIDAN HOBBS	QLD	14m 15.34s	2020	W35	AR	BELINDA MARTIN	NSW	16m 12.12s	2011
	<i>AR</i>	<i>STEVE MONEGHETTI</i>	<i>VIC</i>	<i>13m 43.95s</i>	<i>1998</i>		<i>AR</i>	<i>ANNE CROSS</i>	<i>VIC</i>	<i>15m 26.65s</i>	<i>2000</i>
	WR	BERNARD LAGAT	USA	12m 53.60s	2011		WR	EDITH MASAI	KEN	14m 33.84s	2006
M40	AR	STEVE AUSTIN	VIC	14m 01.7s	1991	W40	AR	SINEAD DIVER	VIC	15m 23.65s	2018
	WR	BERNARD LAGAT	USA	13m 06.78s	2016		WR	JOANNE PAVEY	GBR	15m 04.87s	2014
M45	AR	STEVE AUSTIN	VIC	14m 59.0s	1997	W45	AR	BELINDA MARTIN	NSW	16m 21.85s	2019
	WR	LUCIEN RAULT	FRA	14m 23.6s	1982		WR	NICOLE LEVEQUE	FRA	15m 55.71s	1996
M50	AR	SHAUN CREIGHTON	ACT	15m 34.71s	2017	W50	AR	BRONWEN CARDY	VIC	17m 44.75s	2002
	WR	SEAN WADE	USA	14m 52.92s	2016		WR	GITTE KARLSHOJ	DEN	16m 51.17s	2009
M55	AR	KEITH BATEMAN	NSW	15m 29.7s	2011	W55	AR	LOUISA ABRAM	QLD	18m 24.57s	2018
	<b>WR</b>	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>15m 29.7s</b>	<b>2011</b>		WR	SILKE SCHMIDT	GER	17m 29.28s	2015

M60	AR	JOHN GILMOUR	WA	16m 33.3s	1980	W60	AR	THERESIA BAIRD	VIC	19m 21.3s	2001
	WR	YOSHITSUGU IWANAGA	JPN	15m 56.41s	2020		WR	SILKE SCHMIDT	GER	17m 59.16s	2019
M65	AR	JOHN GILMOUR	WA	17m 25.3s	1985	W65	AR	THERESIA BAIRD	VIC	20m 42.5s	2007
	WR	DEREK TURNBULL	NZ	16m 38.8s	1992		WR	KATHRYN MARTIN	USA	20m 08.17s	2016
M70	AR	JOHN GILMOUR	WA	18m 46.62s	1989	W70	AR	LAVINIA PETRIE	VIC	21m 34.08s	2014
	WR	RON ROBERTSON	NZL	18m 15.53s	2011		WR	ANGELA COPSON	GBR	20m 56.13s	2017
M75	AR	RANDALL HUGHES	VIC	20m 18.04s	1999	W75	AR	LAVINIA PETRIE	VIC	23m 30.93s	2019
	WR	ED WHITLOCK	CAN	19m 07.02s	2006		<b>WR</b>	<b>LAVINIA PETRIE</b>	<b>AUS</b>	<b>23m 30.93s</b>	<b>2019</b>
M80	AR	COLIN MCLEOD	QLD	22m 58.42s	2016	W80	AR	NORMA WALLETT	ACT	31m 11.58s	2012
	WR	JOSE VICENTE RIOSECO LOPEZ	ESP	20m 20.01s	2021		WR	YOKO NAKANO	JPN	25m 40.14s	2018
M85	AR	DAVID CARR	WA	26m 17.6s	2017	W85	AR	MARGARET PROWSE	VIC	45m 33.2s	2007
	WR	ED WHITLOCK	CAN	24m 03.99s	2016		WR	YOKO NAKANO	JPN	27m 38.13s	2021
M90	AR	PETER BROWNBILL	VIC	36m 52.1s	2008						
	WR	YOSHIMITSU MIYAUCHI	JPN	29m 59.94s	2014						
M95	WR	ROY ENGLERT	USA	42m 30.23s	2019						
<b>10,000 METRES</b>					<b>10,000 METRES</b>						
M30	AR	AIDAN HOBBS	QLD	30m 58.49s	2019	W30	AR	BILLINDA SCHIPP	NSW	35m 07.4s	2008
	AR	<i>STEVE MONEGHETTI</i>	VIC	<i>27m 48.94s</i>	<i>1995</i>		AR	<i>LISA ONDIEKI</i>	SA	<i>31m 11.72s</i>	<i>1992</i>
M35	AR	ERIC COYLE	TAS	29m 58.5s	1985	W35	AR	OLGA FIRSOVA	QLD	34m 07.27s	2021
	AR	<i>STEVE MONEGHETTI</i>	VIC	<i>28m 09.96s</i>	<i>1997</i>		AR	<i>SUSAN HOBSON</i>	ACT	<i>31m 54.57s</i>	<i>1996</i>
	WR	HAILE GEVRSELASSIE	ETH	26m 51.20s	2008		WR	JO PAVEY	GBR	30m 53.20s	2012
M40	AR	STEVE AUSTIN	VIC	29m 23.1s	1991	W40	AR	SINEAD DIVER	VIC	31m 25.49s	2019
	AR	<i>STEVE MONEGHETTI</i>	VIC	<i>28m 33.68s</i>	<i>2002</i>		<b>WR</b>	<b>SINEAD DIVER</b>	<b>AUS</b>	<b>31m 25.49s</b>	<b>2019</b>
	WR	BERNARD LAGAT	USA	27m 49.35s	2016	W45	AR	BELINDA MARTIN	NSW	34m 06.65s	2019
M45	AR	BILL RAIMOND	NSW	31m 41s	1984		WR	EVY PALM	SWE	32m 34.06s	1988
	AR	<i>JOHN WILSON</i>	VIC	<i>31m 29s</i>	2017	W50	AR	ANTOINETTE SHAW	WA	37m 31.9s	2000
	WR	KEVIN CASTILLE	USA	29m 44.38s	2017		WR	FIONA MATHESON	GBR	35m 05.7s	2011
M50	AR	SHAUN CREIGHTON	ACT	32m 19.71s	2016	W55	AR	BRONWEN CARDY	VIC	37m 50.93s	2007
	WR	SEAN WADE	USA	30m 48.87s	2011		WR	SALLY GIBBS	NZL	36m 46.96s	2019
M55	AR	KEITH BATEMAN	NSW	31m 51.86s	<b>2011</b>	W60	AR	THERESIA BAIRD	VIC	39m 21.1s	2001
	<b>WR</b>	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>31m 51.86s</b>	1980		WR	MARIKO YEGETA	JPN	37m 57.95s	2020
M60	AR	JOHN GILMOUR	WA	34m 23.0s	2013	W65	AR	THERESIA BAIRD	VIC	42m 07.1s	2007
	WR	IWANAGA YOSHITUGU	JPN	33m 39.52s	2021		WR	ANGELA COPSON	GBR	41m 40.27s	2012
M65	AR	JOHN GILMOUR	WA	36m 11.0s	1992	W70	AR	LAVINIA PETRIE	VIC	44m 36.7s	2016
	WR	DEREK TURNBULL	NZ	34m 42.2s	1989		WR	ANGELA COPSON	GBR	44m 25.14s	2017
M70	AR	JOHN GILMOUR	WA	38m 26.0s	2001	W75	AR	LAVINIA PETRIE	VIC	50m 17.3s	2021
	WR	ED WHITLOCK	CAN	38m 04.13s	2000		WR	M. CZARWENKA-NAGEL	GER	50m 00.93s	2005
M75	AR	RANDALL HUGHES	VIC	43m 05.41s	2006	W80	AR	unclaimed			
	WR	ED WHITLOCK	CAN	39m 25.16s	2016		WR	YOKO NAKANO	JPN	51m 46.65s	2018
M80	AR	COLIN MCLEOD	QLD	47m 13.84s	2011	W85	AR	unclaimed			
	WR	ED WHITLOCK	CAN	42m 39.95s	2017		WR	VLADYKLENA KOKINA	UKR	86m 15.07s	2014
M85	AR	DAVID CARR	WA	55m 45.4s	2016						
	WR	ED WHITLOCK	CAN	51m 07.53s	2004						
M90	WR	GORDON PORTEOUS	GBR	69m 27.5s							
<b>ONE HOUR RUN (currently not listed by WMA)</b>					<b>ONE HOUR RUN (currently not listed by WMA)</b>						
M30	AR	ADRIAN SHEPPARD	ACT	17296m	2001	W30	AR	CAROL EY	ACT	15705m	1991
M35	AR	PHIL GARVIN	ACT	18790m	1986	W35	AR	ANNETTE PERKINS	ACT	15552m	1985
	AR	<i>MAGNUS MICHELSON</i>	VIC	<i>19470.8m</i>	<i>2005</i>		WR	CATHERINA SEGERS	BEL	16521m	1999
	WR	GASTON ROELANTS	BEL	20774m	1972	W40	<b>AR</b>	<b>JACKIE FAIRWEATHER</b>	<b>ACT</b>	<b>16056m</b>	<b>2008</b>
M40	AR	TREVOR JACOBS	ACT	17819m	1992		WR	GERDA MARIE DEHAES	BEL	15844m	1996
	<b>AR</b>	<b>STEVE MONEGHETTI</b>	<b>VIC</b>	<b>19710m</b>	<b>2005</b>	W45	<b>AR</b>	<b>JULIE NORNEY</b>	<b>VIC</b>	<b>15421m</b>	<b>2015</b>

	WR	JOZEF EYCKMANS	BEL	19149m	1996		WR	INEKE STOFMEEL	NED	15288m	2004
M45	AR	FRANK GREEN	ACT	17759m	1985	W50	AR	STACEY VAN DUEREN	VIC	15142m	2010
	WR	ALAIN MIMOUN	FRA	18862m	1966		WR	GREET WARNAAR	NED	15052m	1993
M50	AR	BRUCE GRAHAM	ACT	17357m	2013	W55	AR	BRONWEN CARDY	VIC	15323m	2007
	WR	ALAIN MIMOUN	FRA	18576m	1971		WR	ROS TABOR	GBR	14275m	2004
M55	AR	JOHN GILMOUR	WA	17186m	1974	W60	AR	BRONWEN CARDY	VIC	14109m	2015
	WR	JOHN VAN DER WANSEM	HOL	17394m	2005		WR	LAVINIA PETRIE	AUS	13823m	2003
M60	AR	JOHN GILMOUR	WA	16854m	1979	W65	AR	LAVINIA PETRIE	VIC	13640m	2011
	WR	JOHN GILMOUR	AUS	16854m	1979		WR	BERTHILIA DE PRETER	BEL	12467m	1996
M65	AR	JOHN GILMOUR	WA	15892m	1984	W70	AR	LAVINIA PETRIE	VIC	13044m	2013
	WR	JOHN GILMOUR	AUS	15892m	1984		WR	BERTHILIA DE PRETER	BEL	11425m	1999
M70	AR	JOHN GILMOUR	WA	15474m	1989	W75	AR	LAVINIA PETRIE	VIC	12218m	2018
	WR	JOHN GILMOUR	AUS	15474m	1989		WR	LAVINIA PETRIE	AUS	12218m	2018
M75	AR	BOB LEWIS	VIC	13038m	2003	W80	AR	ANNE YOUNG	ACT	7202m	2016
	WR	EDWARD BENHAM	USA	13699m	1983		WR	MARY AMES	USA	7049m	1987
M80	AR	BOB LEWIS	VIC	10850m	2008	W85	AR	MARGARET PROWSE	VIC	6469m	2007
	WR	PAUL SPANGLER	USA	12130m	1980						
M85	AR	RAD LEOVIC	ACT	9137m	2012						
	WR	PAUL SPANGLER	USA	10088m	1984						
<b>HALF MARATHON (not WMA which has only championship records)</b>						<b>HALF MARATHON (not WMA which has only championship records)</b>					
M30	AR	AIDAN HOBBS	QLD	66m 26s	2019	W30	AR	ROCHELLE RODGERS	WA	77m 30.93s	2018
	AR	STEVE MONEGHETTI	VIC	60m 06s	1993		AR	KERRYN MCCANN	NSW	67m 48s	2000
M35	AR	JOHN MEAGHER	VIC	67m 05.24s	2002	W35	AR	SUSAN HOBSON	ACT	70m 31s	1997
	AR	JOHN ANDREWS	NSW	61m 37s	1993		WMA	GERALDINE SIMBOLA	FRA	79m 11s	2015
	WMA	PAUL FREARY	GBR	68m 21s	2006		WR	EDITH MASAI	KEN	67m 16s	2006
	WR	PAUL TERGAT	KEN	59m 10s	2005	W40	AR	SINEAD DIVER	VIC	68m 50s	2020
M40	AR	GARRY HAND	ACT	68m 01s	1986		WMA	DAWN GRUNNAGLE	USA	76m 25s	2019
	AR	STEVE MONEGHETTI	VIC	64m 33s	2005	W45	AR	BELINDA MARTIN	NSW	74m 42s	2019
	WMA	SILAS SANG	KEN	67m 22s	2018		WMA	ESTHER ALVAREZ HERRERO	ESP	79m 54s	2017
	WR	JOHN CAMPBELL	NZL	62m 28s	1990		WR	EVY PALM	SWE	71m 18s	1988
	WR	NELSON CHIRCHIR	KEN	62m 28s	1996	W50	AR	BEV LUCAS	SA	77m 52s	1996
M45	AR	WAYNE SPIES	QLD	69m 15s	2022		WMA	SALLY GIBBS	NZL	82m 02s	2016
	AR	STEVE MONEGHETTI	VIC	67m 53s	2010		WR	TATYANA POZDNYAKOVA	UKR	76m 07s	2006
	WMA	PASCAL FETIZON	FRA	68m 55s	2008	W55	AR	STACEY VAN DUEREN	VIC	82m 21s	2012
	WR	JOSE ANDRADE	POR	63m 57s	2003		WMA	SILKE SCHMIDT	GER	80m 06s	2015
M50	AR	STEVE MONEGHETTI	VIC	69m 43s	2014	W60	AR	THERESIA BAIRD	VIC	86m 16s	2001
	WMA	DOMINIQUE CHAUVELIER	FRA	68m 52s	2008		WMA	CLAUDINE MARCHADIER	FRA	88m 21s	2008
	WR	DAVID MARTIN REES	GBR	66m 42s	2003		WR	THERESIA BAIRD	AUS	86m 16s	2001
M55	AR	RON PETERS	QLD	72m 19s	2009	W65	AR	LAVINIA PETRIE	VIC	97m 53s	2009
	WMA	MICHAEL HAGER	GBR	70m 30s	2006		WMA	EMILIA VAQUERO SANCHEZ	ESP	97m 29s	2014
	WR	JIM O'NEIL	USA	69m 17s	1993	W70	AR	LAVINIA PETRIE	VIC	97m 38s	2014
M60	AR	DAVID RICHES	NSW	74m 54s	2017		WMA	MARTA MIKOLAJCZYK	POL	98m 53s	2019
	WMA	HEINZ STEINER	AUT	77m 28s	2006	W75	AR	CORRIE DE GROOT	VIC	131m 15s	2004
	WR	MANUEL ROSALES TOUZA	ESP	74m 18s	1996		WMA	HANNELE KIVISTO	FRA	121m 0s	2018
M65	AR	JOHN GILMOUR	WA	77m 17s	1985		WR	BETTY JEAN MCHUGH	CAN	113m 58s	2003
	WMA	MARIO VARGAS	CHI	81m 07s	2015	W80	AR	NORMA WALLETT	ACT	137m 12s	2010
	WR	WIL VAN DER LEE	NED	77m 13s	1997		WMA	YOKO NAKANO	JPN	127m 36s	2018
M70	AR	JOHN GILMOUR	WA	81m 41s	1989	W85	AR	NORMA WALLETT	ACT	162m 43s	2015
	WMA	ALBERT ANDEREGG	SWI	85m 11s	2015						
	WR	JOHN GILMOUR	AUS	81m 41s	1989						
M75	AR	TONY BERRY	VIC	93m 51s	2010						

	WMA	JUAN LOPEZ GARCIA	ESP	96m 05s	2019						
	WR	WARREN UTES	USA	90m 19s	1997						
M80	AR	BOB HORMAN	QLD	106m 00s	2000						
	WMA	FOKKE KRAMER	GER	104m 37s	2019						
	WR	JOHN KESTON	USA	99m 28s	1995						
M85	AR	BOB HORMAN	QLD	125m 11s	2004						
	WMA	CHRISTIAN LARCHER	FRA	131m 03s	2015						
	WR	GEORG GABRIEL	GER	120m 05s	2006						
M90	WMA	ANGELO SQUADRONE	ITA	200m 30s	2019						
	WR	FAUJA SINGH	IND	158m 55s	2002						
<b>MARATHON</b>						<b>MARATHON</b>					
M30	AR	AIDAN HOBBS	QLD	2:23:00	2019	W30	AR	ROCHELLE RODGERS	WA	2:43:49	2017
	AR	STEVE MONEGHETTI	VIC	2:08:33	1995		AR	LISA ONDIEKI	SA	2:24:40	1992
M35	AR	GARRY HAND	ACT	2:20:15	1985	W35	AR	KAREN GOBBY	WA	2:36:42	1991
	AR	STEVE MONEGHETTI	VIC	2:10:00	2000		AR	KERRY MCCANN	NSW	2:27:51	2002
	WR	HAILE GEBRESELASSIE	ETH	2:03:59	2008		WR	IRINA MITIKENKO	GER	2:19:19	2008
M40	AR	GARY HAND	ACT	2:19:00	1987	W40	AR	SINEAD DIVER	VIC	2:24:11	2019
	AR	SCOTT WESTCOTT	NSW	2:15:30	2015		WR	MARLYA KONOVALOVA	RUS	2:22:27	2015
	WR	ANDRES ESPINOSA	MEX	2:08:46	2003	W45	AR	BEV LUCAS	SA	2:43:45	1995
M45	AR	BILL RAIMOND	NSW	2:25:51	1982		WR	TATIANA POZDNIAKOVA	UKR	2:29:00	2002
	WR	BERNARD LAGAT	USA	2:14:23	2020	W50	AR	BEV LUCAS	SA	2:44:12	1997
M50	AR	SHAUN CREIGHTON	ACT	2:29:23	2019		WR	TATIANA POZDNIAKOVA	UKR	2:31:05	2005
	WR	TITUS MAMABOLA	SAF	2:19:29	1991	W55	AR	JILL WILKIE	VIC	2:56:08	2021
M55	AR	RON PETERS	QLD	2:37:27	2009		WR	JENNY HITCHINGS	USA	2:50:40	2019
	WR	PIET VAN ALPHEN	NED	2:25:56	1986	W60	AR	MARIE O'DONOVAN	NSW	3:20:28	1993
M60	AR	JOHN GILMOUR	WA	2:41:07	1981		WR	MARIKO YUGETA	JPN	2:52:13	2021
	WR	YOSHIHISA HOSAKA	JPN	2:36:30	2009	W65	AR	LAVINIA PETRIE	VIC	3:28:24	2010
M65	AR	JOHN SHAW	QLD	2:51:21	2019		WR	EMMA LUTHI	SUI	3:12:57	2009
	WR	DEREK TURNBULL	NZL	2:41:57	1992	W70	AR	LAVINIA PETRIE	VIC	3:38:53	2015
M70	AR	JOHN GILMOUR	WA	3:03:04	1989		WR	HELGA MIKETTA	GER	3:35:29	2013
	WR	ED WHITLOCK	CAN	2:54:48	2004	W75	AR	SHIRLEY YOUNG	VIC	4:36:46	2005
M75	AR	RANDALL HUGHES	VIC	3:40:47	1999		WR	YOKO NAKANO	JPN	3:53:42	2012
	WR	ED WHITLOCK	CAN	3:04:54	2007	W80	AR	NORMA WALLETT	ACT	5:31:53	2010
M80	AR	ROBERT HORMAN	QLD	3:39:18	1998		WR	YOKO NAKANO	JPN	4:11:45	2017
	WR	ED WHITLOCK	CAN	3:15:54	2011	W85	AR	unclaimed			
M85	AR	ROBERT HORMAN	QLD	4:34:55	2004		WR	BETTY JEAN MCHUGH	CAN	5:14:26	2012
	WR	ED WHITLOCK	CAN	3:56:38	2016	W90	WR	MAVIS LINDGREN	USA	8:53:08	1997
M90	WR	ERNEST VAN LEEUWEN	USA	6:46:34	2005						
<b>3,000 STEEPLECHASE</b>						<b>2,000 STEEPLECHASE</b>					
M30	AR	AIDAN HOBBS	QLD	8m 50.22s	2021	W30	AR	KATE SEIBOLD-CROSBIE	VIC	7m 08.7s	2005
	AR	YOUCEF ABDI	NSW	8m 16.35s	2008		AR	DONNA MACFARLANE	TAS	6m 20.06s	2008
M35	AR	JEFF BRODERICK	VIC	8m 53.57s	1992	W35	AR	ELAINE COOPER	ACT	7m 07.0s	1999
	AR	GARY ZEUNER	SA	8m 51.91s	1989		WR	VICTORIA MITCHELL	NSW	6m 27.11s	2017
	WR	SIMON VROEMEN	NED	8m 04.95s	2004	W40	AR	ELAINE COOPER	ACT	7m 06.6s	2000
M40	AR	JEFF BRODERICK	VIC	9m 10.2s	1995		WR	LISA RYAN	USA	6m 49.58s	2011
	WR	ANDRES CAROSI	ITA	8m 38.40s	2004	W45	AR	KERRI HODGE	QLD	7m 33.24s	2019
M45	AR	JEFF BRODERICK	VIC	9m 24.4s	2000		WR	MINORI HAYAKARI	JPN	6m 51.51s	2018
	WR	BRAD WILSON BARTON	USA	9m 06.68s	2014	W50	AR	LOUISE FAIRFAX	TAS	7m 55.74s	2003
M50	AR	ALAN BRADFORD	QLD	9m 51.62s	1989		WR	MARIE BODILIS-LOAEC	FRA	7m 42.04s	2011
	WR	NILS UNDERSAKOR	NOR	9m 38.8s	1989	W55	AR	ANTOINETTE SHAW	WA	8m 23.96s	2003
M55	AR	ALAN BRADFORD	QLD	10m 14.0s	1994		WR	LISA MARGARET THOMAS	GBR	7m 51.91s	2021



	WR	RON ROBERTSON	NZL	9m 55.05s	1997	<b>2,000 STEEPLECHASE</b>				30" from 2000	
<b>2,000 STEEPLECHASE</b>				30" from 2000		W60	AR	JAN MORREY	VIC	8m 52.30s	2000
M60	AR	ALAN BRADFORD	QLD	6m 54.31s	1999		WR	KATHRYN MARTIN	USA	8m 37.34s	2014
	WR	RON ROBERTSON	NZL	6m 30.21s	2001	W65	AR	MARGARET SAUNDERS	WA	9m 29.52s	2019
M65	AR	ALAN BRADFORD	QLD	7m 18.2s	2004		WR	KATHRYN MARTIN	USA	8m 52.65s	2017
	WR	FRANCISCO ARAGON MUNOZ	ESP	7m 10.25s	2021	W70	AR	MARLENE GOURLAY	VIC	9m 46.79s	2022
M70	AR	ALLAN MAYFIELD	SA	8m 08.65s	2019		WR	GILLIAN YOUNG	AUS	10m 03.49s	2018
	WR	RON ROBERTSON	NZL	7m 10.03s	2011	W75	AR	ANNE LANG	SA	12m 48.54s	2018
M75	AR	DAVID CARR	WA	8m 56.59s	2008		WR	MARIE-LOUISE MICHELSON	CHN	11m 30.52s	2018
	WR	JOSE V RIOSECO LOPEZ	ESP	8m 29.26s	2019	W80	AR	LYNNE SCHICKERT	WA	17m 56.31s	2022
M80	AR	DAVID CARR	WA	9m 35.1s	2013		WR	ANNE MARTIN	GBR	13m 38.34s	2016
	WR	DAVID CARR	AUS	9m 35.1s	2013	W85	WR	CLASINA VAN DER VEEKEN	NZL	18m 30.80s	2016
M85	AR	DAVID CARR	WA	10m53.3s	2017						
	WR	DAVID CARR	AUS	10m53.3s	2017						
M90	WR	GUNNAR LINDE	USA	15m 47.32s	2019						
<b>110 METRE HURDLES</b>				<b>.991m</b>		<b>100 METRE HURDLES</b>				<b>.840m</b>	
M30	AR	GREG EYEARS	NSW	14.13s	2012	W30	AR	ELIANA SEYMOUR	QLD	13.94s	2016
	AR	KYLE VANDER-KUYP	VIC	13.65s	2004		AR	SALLY PEARSON	QLD	12.48s	2017
M35	AR	RYAN DOWLING	NSW	14.93s	2018	W35	AR	EILEEN HINDLE	WA	14.5s	1985
	AR	RYAN DOWLING	NSW	14.77s	2017		AR	EILEEN HINDLE	WA	14.0s	1984
	WR	ALLEN JOHNSON	USA	12.96s	2006		WR	GAIL DEVERS	USA	12.40s	2002
M40	AR	RYAN DOWLING	NSW	15.26s	2021	<b>80 METRES HURDLES</b>				<b>.762m</b>	
	WR	DAVID ASHFORD	USA	13.73s	2003	W40	AR	GLYNIS CEARNS	QLD	11.66s	2001
M45	AR	BRAD KRAWCZYK	VIC	15.56s	2021		WR	MONICA PELLEGRINELLI	SUI	11.24s	2005
	WR	SHAUN BOWNES	RSA	14.38s	2016	W45	AR	MARIE KAY	QLD	12.32s	2009
							WR	CHRISTINE MULLER	SUI	11.51s	2004
<b>100 METRES HURDLES</b>				<b>.914m</b>							
M50	AR	TED BARNARD	VIC	15.03s	1995	W50	AR	SALLY STAGLES	NSW	12.86s	2011
	AR	MICK STEVENSON	TAS	15.2s	1991		WR	CHRISTINE MULLER	SUI	12.08s	2009
	WR	WALT BUTLER	USA	13.57s	1991	W55	AR	SALLY STAGLES	NSW	12.94s	2018
M55	AR	HARRY GILES	QLD	15.42s	1994		WR	HELGI LAMP	EST	12.31s	1999
	WR	HERBERT KREINER	AUT	14.25s	2010	<b>80 METRES HURDLES</b>				<b>.686m from 2000</b>	
<b>100 METRES HURDLES</b>				<b>.840m</b>		W60	AR	SALLY STAGLES	NSW	13.25s	2021
M60	AR	MICK STEVENSON	TAS	15.86s	2001		WR	JANE HORDER	GBR	12.90s	2017
	WR	THADDEUS WILSON	USA	14.37s	2011	W65	AR	WILMA PERKINS	QLD	15.09s	2016
M65	AR	MICK STEVENSON	TAS	16.42s	2005		WR	EDITH GRAFF	BEL	14.03s	2008
	WR	TY BROWN	USA	15.20s	2013	W70	AR	CAROL DAVIS	QLD	16.98s	2021
<b>80 METRES HURDLES</b>				<b>.762m</b>			WR	MARIANNE MAIER	AUT	15.72s	2016
M65	AR	RICHARD TREMBATH	VIC	13.4s	2007	W75	AR	MARGE ALLISON	QLD	18.67s	2020
M70	AR	JOHN LAMB	ACT	14.06s	2019		WR	RIET JONKERS	NED	17.24s	2019
	WR	TY BROWN	USA	12.61s	2015	W80	AR	unclaimed			
M75	AR	MICK STEVENSON	TAS	14.98s	2015		WR	IRENE OBERA	USA	18.70s	2016
	WR	JAMES STOOKEY	USA	13.62s	2005	W85	WR	FLORENCE MEILOR	USA	26.69s	2021
<b>80 METRES HURDLES</b>				<b>.686m</b>							
M80	AR	DON FRASER	ACT	17.77s	2019						
	WR	MELVIN LARSEN	USA	14.75s	2005						
M85	AR	BRIAN GREAVES	QLD	23.81s	2021						
	WR	TONY BOWMAN	GBR	17.33s	2021						
M90	AR	VIC YOUNGER	-	44.4s	2003						
	WR	RALPH MAXWELL	USA	21.62s	2011						
<b>400 METRES HURDLES</b>				<b>.914m</b>		<b>400 METRES HURDLES</b>				<b>.762m</b>	
M30	AR	LEIGH BENNETT	NSW	50.34s	2019	W30	AR	GLENDA DOUGLASS	NSW	61.6s	1996

	AR	BLAIR YOUNG	QLD	50.17s	2001		AR	TAMSYN LEWIS	VIC	56.73s	2010
M35	AR	MICHAEL EDWARDS	WA	53.79s	1992	W35	A R	STACEY QUITZAW	NSW	62.3s	1996
	WR	DANNY MCFARLANE	JAM	48.13s	2009		WR	MARINA STEPANOVA	URS	52.94s	1986
M40	AR	NOEL CLOUGH	VIC	54.3s	1982	W40	AR	JAN HYNES	QLD	62.80s	1987
	WR	DANNY MCFARLANE	JAM	49.69s	2012		WR	BARBARA GAHLING	GER	58.35s	2007
M45	AR	CAMERON YORKE	VIC	57.94s	2021	W45	AR	LENORE LAMBERT	NSW	63.63s	2017
	WR	ARAMIS DIAZ	ITA	53.57s	2020		WR	BARBARA GAHLING	GER	62.85s	2010
<b>400 METRES HURDLES</b>				<b>.840m</b>		<b>300 METRES HURDLES</b>				<b>.762m</b>	
M50	AR	JOHN GORDON	NSW	60.22s	1997	W50	AR	JAN HYNES	QLD	45.8s	1994
	WR	MATTHIAS SUNNEBORN	SWE	56.35s	2021		WR	BARBARA GAHLING	GER	44.90s	2015
M55	AR	LUKE DE BIASI	VIC	61.42s	2018	W55	AR	MICHELE HOSSACK	VIC	49.49s	2018
	WR	GETULIO ECHEANDIA	USA	57.73s	2019		WR	BARBARA GAHLING	GER	47.46s	2021
<b>300 METRES HURDLES</b>				<b>.840m</b>							
M50	AR	MICK STEVENSON	TAS	43.58s	1991						
M55	AR	RICHARD TREMBATH	VIC	44.0s	1999						
<b>300 METRES HURDLES</b>				<b>.762m</b>		<b>300 METRES HURDLES</b>				<b>.686m from 2000</b>	
M60	AR	RICHARD TREMBATH	VIC	45.19s	2003	W60	AR	MARGE ALLISON	QLD	51.64s	2005
	WR	GUIDO MUELLER	FRG	42.31s	1999		WR	JANE HORDER	GBR	49.80s	2017
M65	AR	MICK STEVENSON	TAS	47.69s	2005	W65	AR	MARGE ALLISON	QLD	54.06s	2011
	WR	GUIDO MUELLER	GER	43.88s	2004		WR	MARGE ALLISON	AUS	54.06s	2011
<b>300 METRES HURDLES</b>				<b>.686m</b>							
M70	AR	JOHN LAMB	ACT	50.06s	2020						
	WR	GUIDO MUELLER	GER	45.24s	2009						
M75	AR	MICK STEVENSON	TAS	55.47s	2015						
	WR	GUIDO MUELLER	GER	49.65s	2014						
<b>200 METRES HURDLES</b>				<b>.686m</b>		<b>200 METRES HURDLES</b>				<b>.686m from 2009</b>	
M80	AR	ALAN BRADFORD	QLD	41.53s	2019	W70	AR	CAROL DAVIS	QLD	36.53s	2021
	WR	EARL FEE	CAN	36.95s	2010		WR	MARGE ALLISON	AUS	36.71s	2015
M85	AR	OSMO MILLRIDGE	NSW	52.22s	2017	W75	WR	CHRISTA BORTIGNON	CAN	39.89s	2013
	WR	EARL FEE	CAN	42.70s	2014	W80	WR	IRENE OBERA	USA	42.24s	2014
M90	WR	RALPH MAXWELL	USA	51.31s	2010	W85	WR	TAMI GRAF	USA	1m 42.04s	2021
<b>1,500 METRES WALK</b>						<b>1,500 METRES WALK</b>					
M30	AR	KIM MOTTROM	SA	6m 04.50s	2017	W30	AR	SUE COOK	ACT	6m 40s	1990
M35	AR	KIM MOTTROM	SA	5m 58.63s	2021	W35	AR	SHARON SCHNYDER	VIC	6m 47s	2000
M40	AR	DAVE THOMPSON	ACT	5m 58.9s	1986	W40	AR	HEATHER MCDONALD	VIC	6m 45s	1990
M45	AR	PAUL KENNEDY	VIC	6m 14.29s	2003	W45	AR	KELLY RUDDICK	VIC	6m 34s	2021
M50	AR	ANDREW JAMIESON	VIC	6m 21.1s	1999	W50	AR	LYNETTE VENTRIS	WA	6m 45.8s	2007
M55	AR	MURRAY DICKINSON	VIC	6m 44.1s	1995	W55	AR	LYNETTE VENTRIS	WA	7m 00.30s	2011
M60	AR	ANDREW JAMIESON	VIC	6m 52.50s	2008	W60	AR	HEATHER CARR	VIC	7m 18.50	2010
M65	AR	ANDREW JAMIESON	VIC	6m 52.56s	2012	W65	AR	BRENDA RILEY	VIC	7m 48.2s	2005
M70	AR	RALPH BENNETT	VIC	8m 00.40s	2012	W70	AR	JEAN ALBURY	TAS	8m 24s	2000
M75	AR	BOB GARDINER	VIC	7m 57.44s	2011	W75	AR	JEAN KNOX	VIC	9m 55s	2002
M80	AR	JIM SEYMON	NSW	9m 38.26s	2018	W80	AR	LORNA THOMPSON	QLD	11m 12.83s	2008
M85	AR	RICHARD KEATINGE	QLD	11m 07s	2008	W85	AR	HEATHER LEE	NSW	11m 36.90s	2012
M90	AR	DONALD MCPHERSON	VIC	13m 46.62s	2019	W90	AR	HEATHER LEE	NSW	12m 05.76s	2019
<b>2,000 METRES WALK</b>						<b>2,000 METRES WALK</b>					
M30	AR	ANDREW JACHNO	ACT	8m 43s	1994	W30	AR	MELISSA LEWIS	WA	9m 41.79s	2021
	AR	PAUL KENNEDY	VIC	7m 52.1s	1990	W35	AR	KELLY RUDDICK	VIC	8m 22s	2013
M35	AR	DANIEL WALTERS	VIC	8m 26.75s	2018	W40	AR	KELLY RUDDICK	VIC	8m 46.8s	2013
	AR	PAUL KENNEDY	VIC	7m 50.65	1993	W45	AR	KELLY RUDDICK	VIC	8m 33.4s	2020

M40	AR	DAVE THOMPSON	ACT	8m 07s	1986	W50	AR	PAM TINDAL	VIC	9m 35.7s	2011
	<i>AR</i>	<i>PAUL KENNEDY</i>	<i>VIC</i>	<i>8m 06.48s</i>	<i>2000</i>	W55	AR	HEATHER CARR	VIC	9m 57.5s	2006
M45	AR	PAUL KENNEDY	VIC	8m 22.77s	2004	W60	AR	HEATHER CARR	VIC	9m 54.9s	2010
M50	AR	ANDREW JAMIESON	VIC	8m 33s	2000	W65	AR	HEATHER CARR	VIC	10m 52.2s	2017
M55	AR	ANDREW JAMIESON	VIC	8m 47.7s	2003	W70	AR	HEATHER CARR	VIC	11m 47.0s	2020
M60	AR	ANDREW JAMIESON	VIC	9m 13.5s	2010	W75	AR	GWEN STEED	VIC	13m 34.9s	2019
M65	AR	ANDREW JAMIESON	VIC	9m 10.4s	2012	W80	AR	VAL CHESTERTON	ACT	16m 19.52s	2020
M70	AR	ANDREW JAMIESON	VIC	10m 28.3s	2020						
M75	AR	ANDREW JAMIESON	VIC	10m 55.9s	2022						
M80	AR	STAN JONES	WA	13m 25.7s	2006						
M85	AR	BOB GARDINER	VIC	16m 20.1s	2022						
M90	AR	COLIN HAINSWORTH	SA	19m 43.9s	2020						
<b>3,000 METRES WALK</b>						<b>3,000 METRES WALK</b>					
M30	AR	IGNACIO JIMENEZ	QLD	12m 45.81s	1996	W30	AR	KAREN ISELIN	QLD	13m 55.8s	1989
	<i>AR</i>	<i>LUKE ADAMS</i>	<i>NSW</i>	<i>10m 59.04s</i>	<i>2010</i>		<i>AR</i>	<i>KERRY JUNNA-SAXBY</i>	<i>NSW</i>	<i>11m 52.71s</i>	<i>1993</i>
M35	AR	WILLI SAWALL	VIC	11m 28.2s	1980	W35	AR	ANNE MANNING	NSW	12m 43.2s	1995
	<i>AR</i>	<i>DAVID SMITH</i>	<i>QLD</i>	<i>11m 16.38s</i>	<i>1992</i>		<b>WR</b>	<b>KERRY JUNNA-SAXBY</b>	<b>AUS</b>	<b>12m 02.39</b>	<b>1997</b>
	<b>WR</b>	<b>DAVID SMITH</b>	<b>AUS</b>	<b>11m 16.38s</b>	<b>1992</b>	W40	AR	KELLY RUDDICK	VIC	<b>12m 58.85s</b>	2015
M40	AR	WILLI SAWALL	VIC	11m 28.21s	1982		WR	S. GRIESBACH	FRA	13m 19.7s	1987
	<b>WR</b>	<b>WILLI SAWALL</b>	<b>AUS</b>	<b>11m 28.21s</b>	<b>1982</b>	W45	AR	KELLY RUDDICK	VIC	<b>13m 11.6s</b>	2020
M45	AR	PAUL KENNEDY	VIC	12m 50.2s	2003		<b>WR</b>	<b>KELLY RUDDICK</b>	<b>AUS</b>	<b>13m 19.48s</b>	<b>2019</b>
	WR	GARY LITTLE	NZL	12m 06s	1991	W50	AR	LYNETTE VENTRIS	WA	13m 54.3s	2007
M50	AR	ANDREW JAMIESON	VIC	12m 59.5s	2000		<b>WR</b>	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>13m 54.3s</b>	<b>2007</b>
	WR	GARY LITTLE	NZL	12m 18s	1993	W55	AR	LYNETTE VENTRIS	WA	14m 16.41s	2012
M55	AR	ANDREW JAMIESON	VIC	13m 21.7s	2003		<b>WR</b>	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>14m 16.41s</b>	<b>2012</b>
	<b>WR</b>	<b>WILLI SAWALL</b>	<b>AUS</b>	<b>12m 44s</b>	<b>1996</b>	W60	AR	HEATHER CARR	VIC	15m 21.94s	2011
M60	AR	ANDREW JAMIESON	VIC	13m 24.07s	2007		<b>WR</b>	<b>HEATHER CARR</b>	<b>AUS</b>	<b>15m 21.94s</b>	<b>2011</b>
	WR	MOROTTI GRAZIANO	ITA	13m 15.11s	2011	W65	AR	BRENDA RILEY	VIC	16m 22.1s	2006
M65	AR	ANDREW JAMIESON	VIC	<b>14m 13.6s</b>	2012		<b>WR</b>	<b>BRENDA RILEY</b>	<b>AUS</b>	<b>16m 22.1s</b>	<b>2006</b>
	WR	IAN RICHARDS	GBR	14m 17.84s	2014	W70	AR	HEATHER CARR	VIC	17m 50.6s	2020
M70	AR	ANDREW JAMIESON	VIC	15m 17s	2016		<b>WR</b>	<b>HEATHER CARR</b>	<b>AUS</b>	<b>17m 50.6s</b>	<b>2020</b>
	WR	IAN RICHARDS	GBR	15m 07.43s	2018	W75	AR	GWEN STEED	VIC	20m 04.5s	2017
M75	AR	ANDREW JAMIESON	VIC	16m 47s	2021		WR	JACQUELINE WILSON	NZL	19m 18.90s	2021
	WR	JAMES GRIMWADE	GBR	16m 19.5s	1987	W80	AR	LORNA THOMPSON	QLD	22m 15.42s	2008
M80	AR	TOM DAINTRY	VIC	<b>18m 44s</b>	1992		WR	AINA ENGBERG	SWE	21m 08.2s	2003
	WR	JAMES GRIMWADE	GBR	18m 52.85s	1996	W85	AR	HEATHER LEE	NSW	23m 24.89s	2012
M85	AR	GUS THEOBALD	VIC	19m 31.0s	1982		<b>WR</b>	<b>HEATHER LEE</b>	<b>AUS</b>	<b>23m 24.89s</b>	<b>2012</b>
	<b>WR</b>	<b>GUS THEOBALD</b>	<b>AUS</b>	<b>19m 31.0s</b>	<b>1982</b>	W90	AR	HEATHER LEE	NSW	<b>24m 45.29s</b>	2018
M90	AR	GUS THEOBALD	VIC	21m 21.3s	1987		<b>WR</b>	<b>HEATHER LEE</b>	<b>AUS</b>	<b>24m 56.97s</b>	<b>2017</b>
	<b>WR</b>	<b>GUS THEOBALD</b>	<b>AUS</b>	<b>21m 21.3s</b>	<b>1987</b>						
<b>5,000 METRES WALK</b>						<b>5,000 METRES WALK</b>					
M30	AR	IGNACIO JIMENEZ	QLD	21m 38.52s	1996	W30	AR	SHARON SCHNYDER	VIC	24m 42s	1998
	<i>AR</i>	<i>DAVID SMITH</i>	<i>VIC</i>	<i>18m 52.87s</i>	<i>1986</i>		<i>AR</i>	<i>KERRY JUNNA-SAXBY</i>	<i>NSW</i>	<i>20m 03s</i>	<i>1996</i>
M35	AR	DAVID SMITH	QLD	19m 53s	1994	W35	AR	ANNE MANNING	NSW	21m 37.5s	1996
	<i>AR</i>	<i>DAVID SMITH</i>	<i>QLD</i>	<i>19m 23.41s</i>	<i>1992</i>		<i>AR</i>	<i>KERRY JUNNA-SAXBY</i>	<i>NSW</i>	<i>20m 41s</i>	<i>1996</i>
	WR	M. DAMILANO	ITA	18m 30.43s	1992		WR	ELISABETTA PERRONNE	ITA	20m 12.41s	2003
M40	AR	WILLI SAWALL	VIC	19m 45.65s	1984	W40	AR	KELLY RUDDICK	VIC	<b>21m 46.68s</b>	2014
	<b>WR</b>	<b>WILLI SAWALL</b>	<b>AUS</b>	<b>19m 45.65s</b>	<b>1984</b>		<b>WR</b>	<b>KELLY RUDDICK</b>	<b>AUS</b>	<b>21m 57.40s</b>	<b>2013</b>
M45	AR	MARK BLACKWOOD	VIC	22m 10.75s	1984	W45	AR	KELLY RUDDICK	VIC	22m 47.17s	2022
	<i>AR</i>	<i>WILLI SAWALL</i>	<i>VIC</i>	<i>21m 12.19s</i>	<i>1990</i>		<b>WR</b>	<b>KELLY RUDDICK</b>	<b>AUS</b>	<b>22m 47.17s</b>	<b>2022</b>

	WR	ALEX FLOREZ STUDER	ESP	20m 28.28s	2017	W50	AR	LYNETTE VENTRIS	WA	23m 37.78s	2007
M50	AR	ANDREW JAMIESON	VIC	22m 19.3s	2001		WR	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>23m 37.78s</b>	<b>2007</b>
	AR	<i>WILLI SAWALL</i>	VIC	<i>21m 38.3s</i>	<i>1992</i>	W55	AR	LYNETTE VENTRIS	WA	23m 57.90s	2012
	WR	GARY LITTLE	NZL	21m 01s	1992		WR	SIW KARLSTROM	SWE	23m 57.58s	2012
M55	AR	ANDREW JAMIESON	VIC	22m 40.11s	2001	W60	AR	LYNETTE VENTRIS	WA	25m 41.58s	2018
	WR	<b>WILLI SAWALL</b>	<b>AUS</b>	<b>22m 11.5s</b>	<b>1997</b>		WR	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>25m 41.58s</b>	<b>2018</b>
M60	AR	ANDREW JAMIESON	VIC	22m 38.7s	2007	W65	AR	BRENDA RILEY	VIC	27m 19.1s	2006
	WR	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>22m 38.7s</b>	<b>2007</b>		WR	<b>BRENDA RILEY</b>	<b>AUS</b>	<b>27m 19.1s</b>	<b>2006</b>
M65	AR	ANDREW JAMIESON	VIC	24m 14.04s	2012	W70	AR	JEAN ALBURY	TAS	29m 42.75s	2000
	WR	IAN RICHARDS	GBR	24m 13.10s	2013		WR	BRITTA TIBBLING	SWE	29m 16s	1991
M70	AR	ANDREW JAMIESON	VIC	26m 42.08s	2016	W75	AR	LORNA THOMPSON	QLD	34m 40.70s	2002
	WR	IAN RICHARDS	GBR	25m 48.50s	2018		WR	JACQUELINE WILSON	NZL	31m 58.65s	2021
M75	AR	TOM DAINTRY	VIC	28m 02.26s	1987	W80	AR	LORNA THOMPSON	QLD	38m 54.73s	2007
	WR	JAMES GRIMWADE	GBR	27m 40s	1987		WR	BRITTA TIBBLING	SWE	34m 48.49s	1999
M80	AR	GUS THEOBALD	VIC	30m 42.0s	1977	W85	AR	HEATHER LEE	NSW	40m 06.97s	2012
	WR	JAMES GRIMWADE	GBR	29m 24.1s	1992		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>40m 06.97s</b>	<b>2012</b>
M85	AR	GUS THEOBALD	VIC	33m 14.2s	1982	W90	AR	HEATHER LEE	NSW	41m 04.87s	2018
	WR	<b>GUS THEOBALD</b>	<b>AUS</b>	<b>33m 15.0s</b>	<b>1982</b>		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>41m 04.87s</b>	<b>2018</b>
M90	AR	GUS THEOBALD	VIC	35m 10s	1987						
	WR	<b>GUS THEOBALD</b>	<b>AUS</b>	<b>35m 10s</b>	<b>1987</b>						
<b>10k ROAD WALK</b>						<b>10k ROAD WALK</b>					
M30	AR	IGNACIO JIMENEZ	QLD	46m 30s	1995	W30	AR	SUE COOK	ACT	46m 51s	1990
	AR	<i>DAVID SMITH</i>	VIC	<i>38m 20.9s</i>	<i>1985</i>		AR	<i>KERRY JUNNA-SAXBY</i>	NSW	<i>41m 47s</i>	<i>1996</i>
M35	AR	DAVID SMITH	QLD	41m 53s	1994	W35	AR	ANNE MANNING	NSW	44m 28s	1995
	AR	<i>DAVID SMITH</i>	QLD	<i>41m 27.4s</i>	<i>1993</i>		AR	<i>KERRY JUNNA-SAXBY</i>	NSW	<i>42m 52s</i>	<i>1998</i>
	WR	ROBERT KORZENIOWSKI	POL	38m 39s	2004		WR	KJERSTI PLATZER	NOR	41m 41s	2009
M40	AR	MARK DONAHO	VIC	43m 47.9s	1999	W40	AR	KELLY RUDDICK	VIC	45m 26s	2013
	WR	<b>WILLI SAWALL</b>	<b>AUS</b>	<b>40m 08s</b>	<b>1982</b>		WR	<b>KELLY RUDDICK</b>	<b>AUS</b>	<b>45m 26s</b>	<b>2013</b>
M45	AR	MARK DONAHO	VIC	46m 40.4s	2003	W45	AR	LYNETTE VENTRIS	WA	46m 36s	2002
	WR	<b>WILLI SAWALL</b>	<b>AUS</b>	<b>42m 18.0s</b>	<b>1988</b>		WR	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>46m 36s</b>	<b>2002</b>
M50	AR	ANDREW JAMIESON	VIC	45m 41s	1999	W50	AR	LYNETTE VENTRIS	WA	48m 27s	2007
	AR	<i>WILLI SAWALL</i>	VIC	<i>44m 10.1s</i>	<i>1992</i>		WR	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>48m 27s</b>	<b>2007</b>
	WR	GARY LITTLE	NZL	42m 20s	1992	W55	AR	LYNETTE VENTRIS	WA	49m 15s	2012
M55	AR	ANDREW JAMIESON	VIC	46m 32.8s	2005		WR	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>49m 15s</b>	<b>2012</b>
	WR	GRANZIANO MORETTI	ITA	46m 32s	2010	W60	AR	LYNETTE VENTRIS	WA	53m 26s	2018
M60	AR	ANDREW JAMIESON	VIC	46m 23s	2007		WR	<b>LYNETTE VENTRIS</b>	<b>AUS</b>	<b>53m 26s</b>	<b>2018</b>
	WR	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>46m 23s</b>	<b>2007</b>	W65	AR	BRENDA RILEY	VIC	55m 32s	2005
M65	AR	ANDREW JAMIESON	VIC	48m 39s	2012		WR	<b>BRENDA RILEY</b>	<b>AUS</b>	<b>55m 32s</b>	<b>2005</b>
	WR	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>48m 39s</b>	<b>2012</b>	W70	AR	JEAN ALBURY	TAS	62m 31s	2000
M70	AR	ANDREW JAMIESON	VIC	53m 17s	2016		WR	BRITTA TIBBLING	SWE	60m 18s	1988
	WR	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>53m 17s</b>	<b>2016</b>	W75	AR	LORNA THOMPSON	QLD	72m 49s	2002
M75	AR	BOB GARDINER	VIC	59m 55s	2012		WR	ELSA MEYER	RSA	67m 37s	2021
	WR	JAMES GRIMWADE	GBR	55m 01s	1993	W80	AR	NANCE JEFFREYS	VIC	77m 32s	1989
M80	AR	TOM DAINTRY	VIC	64m 23s	1993		WR	AINA ENGBERG	SWE	74m 12s	2004
	WR	JAMES GRIMWADE	GBR	61m 26s	1993	W85	AR	HEATHER LEE	NSW	80m 54s	2013
M85	AR	RICHARD KEATINGE	QLD	78m 52s	2008		WR	AINA ENGBERG	SWE	78m 06s	2008
	WR	IVAN PUSHKIN	UKR	73m 52s	2015	W90	AR	HEATHER LEE	NSW	84m 21s	2018
M90	AR	GUS THEOBALD	VIC	77m 52s	1990		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>84m 21s</b>	<b>2018</b>
	WR	<b>GUS THEOBALD</b>	<b>AUS</b>	<b>77m 52s</b>	<b>1990</b>						
<b>20k ROAD WALK</b>						<b>20k ROAD WALK</b>					
M30	AR	IGNACIO JIMENEZ	SA	1h 38m 02s	1997	W30	AR	MELISSA LEWIS	WA	1h 48m 46s	2021

	AR	LUKE ADAMS	NSW	1h 19m 15s	2008		AR	JANE SAVILLE	NSW	1h 29m 05s	2006
M35	AR	WILLI SAWALL	VIC	1h 24m 05s	1980	W35	AR	ANNE MANNING	NSW	1h 36m 04s	1995
	AR	DAVID SMITH	QLD	1h 23m 50s	1991		AR	KERRY JUNNA-SAXBY	NSW	1h 29m 36s	2000
	WR	JOHANN DINIZ	FRA	1h 17s 02s	2015		WR	OLIMPIADA IVANOVA	RUS	1h 25m 41s	2005
M40	AR	WILLI SAWALL	VIC	1h 21m 36s	1982	W40	AR	KELLY RUDDICK	VIC	1h 33m 15s	2013
	WR	WILLI SAWALL	AUS	1h 21m 36s	1982		WR	MARIA G MENDOZA	MEX	1h 33m 04s	2005
M45	AR	WILLI SAWALL	VIC	1h 33m 59s	1987	W45	AR	LYNETTE VENTRIS	WA	1h 34m 15s	2001
	WR	WILLI SAWALL	AUS	1h 25m 03s	1988		WR	LYNETTE VENTRIS	AUS	1h 34m 15s	2001
M50	AR	ANDREW JAMIESON	VIC	1h 34m 38s	1999	W50	AR	LYNETTE VENTRIS	WA	1h 39m 51s	2011
	WR	GARY LITTLE	NZL	1h 26m 32s	1992		WR	LYNETTE VENTRIS	AUS	1h 39m 51s	2011
M55	AR	ANDREW JAMIESON	VIC	1h 35m 13s	2001	W55	AR	LYNETTE VENTRIS	WA	1h 40m 42s	2012
	WR	GRANZIANO MOROTTI	ITA	1h 33m 38s	2006		WR	LYNETTE VENTRIS	AUS	1h 40m 42s	2012
M60	AR	ANDREW JAMIESON	VIC	1h 35m 39s	2008	W60	AR	HEATHER CARR	VIC	1h 56m 18s	2011
	WR	ANDREW JAMIESON	AUS	1h 35m 39s	2008		WR	SANDRA BROWN	GBR	1h 55m 34s	2009
M65	AR	ANDREW JAMIESON	VIC	1h 40m 14s	2012	W65	AR	BRENDA RILEY	VIC	1h 57m 39s	2006
	WR	ANDREW JAMIESON	AUS	1h 40m 14s	2012		WR	BRENDA RILEY	AUS	1h 57m 39s	2006
M70	AR	ANDREW JAMIESON	VIC	1h 52m 36s	2016	W70	AR	HEATHER CARR	VIC	2h 22m 49s	2020
	WR	ANDREW JAMIESON	AUS	1h 52m 36s	2016		WR	ELSA MEYER	RSA	2h 07m 57s	2016
M75	AR	TOM DAINTRY	VIC	1h 59m 20s	1986	W75	AR	JOAN PURCELL	NSW	2h 40m 10s	2018
	WR	JAMES GRIMWADE	GBR	1h 55m 19s	1987		WR	HANNELE KIVISTO	FIN	2h 30m 30s	2018
M80	AR	GUS THEOBALD	VIC	2h 11m 55s	1977	W80	AR	VAL CHESTERTON	ACT	3h 01m 18.94s	2020
	WR	JAMES GRIMWADE	GBR	2h 04m 49s	1992		WR	DENISE LECLERC	FRA	2h 42m 27s	2013
M85	AR	GUS THEOBALD	VIC	2h 26m 07s	1982						
	WR	JAMES GRIMWADE	GBR	2h 24m 00s	1982						
M90	AR	GUS THEOBALD	VIC	2h 34m 01s	1987						
	WR	GUS THEOBALD	AUS	2h 34m 01s	1987						
M95	WR	P. RABINOWITZ	RSA	2h 48m 19s	1999						
<b>30k ROAD WALK</b>			Currently not listed by WMA			<b>30k ROAD WALK</b>			Currently not listed by WMA		
M30	AR	DAVID SMITH	VIC	2h 05m 59s	1986	W30					
M35	AR	WILLI SAWALL	VIC	2h 10m 11s	1980	W35					
	WR	MAURIZIO DAMILANO	ITA	2h 06m 14s	1992	W40	AR	MICHELLE THOMPSON	VIC	3h 08m 30s	2012
M40	AR	WILLI SAWALL	VIC	2h 08m 0.4s	1982		AR	TRACY FEINER	VIC	2h 54m 21s	2018
	WR	GERMAN SKURYGIN	RUS	2h 06m 34s	2004						
M45	AR	WILLI SAWALL	VIC	2h 19m 40s	1987	W45	AR	KELLY RUDDICK	VIC	2h 37m 36s	2018
	WR	GARY LITTLE	NZL	2h 18m 41s	1991						
M50	AR	ANDREW JAMIESON	VIC	2h 31m 20s	1999						
	WR	GARY LITTLE	NZL	2h 18m 14s	1992						
M55	AR	ANDREW JAMIESON	VIC	2h 32m 05s	2003	W55	AR	BARBARA CAIN	SA	3h 31m 15s	2005
	WR	GRANZIANO MOROTTI	ITA	2h 29m 34s	2006						
M60	AR	ANDREW JAMIESON	VIC	2h 28m 55s	2009	W60	AR	HEATHER CARR	VIC	3h 19m 01s	2011
	WR	ANDREW JAMIESON	AUS	2h 28m 55s	2009						
M65	AR	ANDREW JAMIESON	VIC	2h 39m 25s	2011	W65	AR	HEATHER CARR	VIC	3h 37m 02s	2015
	WR	GERHARD WEIDNER	GER	2h 51m 29s	2001						
M70	AR	GEORGE WHITE	SA	3h 14m 05s	2015	W70	AR	VAL CHESTERTON	ACT	4h 27m 59s	2010
	WR	ARTHUR THOMSON	GBR	2h 52m 47s	2006						
M75	WR	CHARLES COLMAN	GBR	3h 20m 38s	1996	W75	AR	VAL CHESTERTON	ACT	4h 42m 31s	2016
M80	WR	JAMES GRIMWADE	GBR	3h 24m 40s	1996						
<b>35k ROAD WALK</b>						<b>35k ROAD WALK</b>					
not yet claimed						not yet claimed					
<b>50k ROAD WALK</b>						<b>50k ROAD WALK</b>					
M30	AR	SIMON BAKER	VIC	3h 43m 13s	1989	W30	AR	unclaimed			

M35	AR	WILLI SAWALL	VIC	3h 46m 34s	1980	W35	AR	LISA WILSON	ACT	5h 23m 08s	2004	
	WR	YOHANN DINIZ	FRA	3h 32m 33s	2014		AR	CLAIRE TALLENT	SA	4h 09m 33s	2018	
M40	AR	WILLI SAWALL	VIC	3h 59m 48s	1986		WR	INES HENRIQUES	POR	4h 09m 21s	2018	
	WR	J.MARIN	ESP	3h 49m 06s	1992	W40	AR	TRACY FEINER	VIC	4h 59m 44s	2019	
M45	AR	PETER BENNETT	QLD	4h 49m 28s	2001		WR	SUSAN RUNDALL	USA	4h 42m 34s	2014	
	WR	JESUS GARCIA	ESP	3h 46m 43s	2015	W45	AR	KELLY RUDDICK	VIC	4h 54m 31s	2018	
M50	AR	WILLI SAWALL	VIC	4h 12s 57s	1992		WR	KELLY RUDDICK	AUS	4h 54m 31s	2018	
	WR	JESUS GARCIA	ESP	4h 01.m 14s	2021	W50	AR	unclaimed				
M55	AR	ANDREW JAMIESON	VIC	4h 46m 44s	2004		WR	TERESA VAIL	USA	5h 10m 52s	2017	
	WR	GRAZIANO MORETTI	ITA	4h 23m 34s	2007	W55	AR	LIZ FELDMAN	VIC	5h 45m 08s	2004	
M60	AR	ANDREW JAMIESON	VIC	4h 23m 16s	2008		WR	LIZ FELDMAN	AUS	5h 45m 08s	2004	
	WR	ANDREW JAMIESON	AUS	4h 23m 16s	2008	W60	AR	LIZ FELDMAN	VIC	6h 05m 43s	2011	
M65	AR	COLIN HEYWOOD	NT	5h 05m 34s	2019		WR	SANDRA BROWN	GBR	5h 29m 04s	2013	
	WR	LEON JASIONOWSKI	USA	5h 11m 22s	2010	W65	AR	VAL CHESTERTON	ACT	7h 07m 53s	2006	
M70	AR	ROBIN WHYTE	ACT	6h 06m 34s	2015		WR	DARLENE BACKLUND	USA	6h 26m 24s	2010	
	WR	ARTHUR THOMSON	GBR	5h 15m 40s	2007	W70	WR	SANDRA BROWN	GBR	6h 09m 48s	2019	
M75	WR	JAMES GRIMWADE	GBR	5h 19m 34s	1987	W75	WR	VAL CHESTERTON	ACT	8h 06m 47s	2015	
M80	WR	KOOS VAN RIJN	NED	8h 12m 30s	2014							
<b>HIGH JUMP</b>						<b>HIGH JUMP</b>						
M30	AR=	MATT MCEWEN	QLD	1.97m	2003	W30	AR	ASHLEIGH REID	QLD	1.71m	2022	
	AR=	SHAUN FLETCHER	NSW	1.97m	2013		AR	DONNA ROBERTSON	NSW	1.85m	1992	
	AR=	CHRIS ANDERSON	WA	2.25m	1999	W35	AR	DEANN MAYFIELD	QLD	1.73m	1999	
	AR=	NICK MORONEY	NSW	2.25m	2002		AR	VANESSA WARD	WA	1.80m	1998	
M35	AR	CLAYTON TOMPKINS	NSW	1.93m	1992		WR=	INGA BABAKOVA	UKR	2.01m	2003	
	AR	NICK MORONEY	NSW	2.20m	2008		WR=	RUTH BEITIA	ESP	2.01m	2014	
	WR=	DRAGUTIN TOPIC	SRB	2.31m	2009	W40	AR	DEANN MAYFIELD	QLD	1.71m	2002	
	WR=	JAMIE NIETO	USA	2.31m	2012		WR	IRYNA MYHALCHENKO	UKR	1.87m	2012	
M40	AR	NICK MORONEY	NSW	2.10m	2012	W45	AR	DEANN MAYFIELD	QLD	1.63m	2009	
	WR	DRAGUTIN TOPIC	SRB	2.28m	2012		WR	DEBBIE BRILL	CAN	1.76m	1999	
M45	AR	NICK MORONEY	NSW	2.00m	2018	W50	AR	DEANN MAYFIELD	QLD	1.56m	2012	
	WR	CHARLES AUSTIN	USA	2.05m	2014		WR	JULIA MACHIN	GBR	1.68m	2021	
M50	AR	BEN DICKSON	QLD	1.77m	2014	W55	AR	DEANN MAYFIELD	QLD	1.53m	2017	
	WR	THOMAS ZACHARAS	GER	1.98m	1997		WR	FLORENCE PICAUT	FRA	1.55m	2008	
M55	AR	JOHN HUNT	ACT	1.74m	1997	W60	AR	DEANN MAYFIELD	QLD	1.41m	2022	
	WR	MARCO SEGATEL	ITA	1.91m	2017		WR	WEIA REINBOUD	NED	1.47m	2010	
M60	AR	CLAYTON TOMPKINS	NSW	1.61m	2013	W65	AR	MARGE ALLISON	QLD	1.27m	2009	
	WR	VLADIMIR KUNTSEVICH	RUS	1.81m	2012		WR	WEIA REINBOUD	NED	1.42m	2015	
M65	AR	JOHN SEARLE	NSW	1.52m	2012	W70	AR	MARGARET TAYLOR	ACT	1.20m	2018	
	WR	DUSAN PREZELI	SLO	1.67m	2014		WR	KATHY BERGEN	USA	1.30m	2010	
M70	AR	GEOFF SHAW	VIC	1.42m	2018	W75	AR	GWEN DAVIDSON	VIC	1.12m	1999	
	WR	DUSAN PREZELI	SLO	1.60m	2020		AR	MARGE ALLISON	QLD	1.12m	2020	
M75	AR	GORDON GOURLAY	VIC	1.33m	2005		WR	CAROL LAFAYETTE-BOYD	CAN	1.24m	2018	
	WR	CARL-ERIK SARNDAL	SWE	1.49m	2013	W80	AR	LYNNE SCHICKERT	WA	1.00m	2022	
M80	AR	TOM HANCOCK	VIC	1.22m	2016		WR	KATHY BERGEN	USA	1.15m	2021	
	WR	CARL-ERIK SARNDAL	SWE	1.38m	2017	W85	AR	unclaimed				
M85	AR	VIC YOUNGER	QLD	1.10m	1999		WR	ROSA PEDERSEN	DEN	0.95m	2015	
	WR	SAMULI KORPI	FIN	1.25m	2015	W90	WR	ROSA PEDERSEN	DEN	0.86m	2021	
M90	AR	VIC YOUNGER	VIC	0.95m	2004	W95	WR	OLGA KOTELKO	CAN	0.75m	2014	
	WR	DONALD PELLMAN	USA	1.11m	2005							
M95	WR	EMMERICH ZENSCH	AUT	1.00m	2015							
M100	WR	DONALD PELLMANN	USA	0.90m	2015							

LONG JUMP				LONG JUMP							
M30	AR	SHANE HAIR	WA	7.43m	2006	W30	AR	JITKA HISCOX	NSW	5.74m	2016
	AR	FABRICE LAPIERRE	NSW	8.29m	2015		AR	NICOLE BOEGMAN	NSW	6.86m	1998
M35	AR	RUSSELL SARAH	VIC	6.82m	1983	W35	AR	JAN HYNES	QLD	5.89m	1983
	WR	LARRY MYRICKS	USA	8.50m	1991		WR	HEIKE DRECHSLER	GER	6.99m	2000
	WR	CARL LEWIS	USA	8.50m	1996	W40	AR	GLYNIS CEARNS	QLD	5.77m	2001
M40	AR	MURRAY TOLBERT	WA	6.67m	1990		WR	TATYANA TER-MESROBIAN	RUS	6.55m	2008
	WR	AARON SAMPSON	USA	7.68m	2002	W45	AR	MARIE KAY	QLD	5.52m	2008
M45	AR	JUSTIN HANRAHAN	VIC	6.55m	2015		WR	KRIEMHILD MANN	GER	5.62m	2012
	WR	TAPANI TAAVITSAINEN	FIN	7.27m	1990	W50	AR	MARIE KAY	QLD	5.41m	2010
M50	AR	MURRAY TOLBERT	WA	6.11m	1998		WR	MARIA COSTANZA MORONI	ITA	5.48m	2021
	AR	LUKE DE BIASI	VIC	6.11m	2016	W55	AR	MARIE KAY	QLD	5.01m	2016
	WR	TAPANI TAAVITSAINEN	FIN	6.84m	1994		WR	PETRA BAJEAT	FRA	5.30m	2021
M55	AR	LUKE DE BIASI	VIC	6.11m	2018	W60	AR	MARGARET TAYLOR	ACT	4.38m	2008
	WR	GIANNI BECATTI	ITA	6.50m	2018		WR	C. SCHMALBRUCH	GER	4.75m	1997
M60	AR	DON FRASER	ACT	5.45m	1999	W65	AR	CAROL DAVIS	QLD	4.07m	2018
	WR	TOM PATSALIS	USA	6.07m	1982		WR	C. SCHMALBRUCH	GER	4.64m	2002
M65	AR	ROBERT MAYSTON	ACT	5.39m	2022	W70	AR	CAROL DAVIS	QLD	4.01m	2021
	WR	LOTHAR FISCHER	GER	5.47m	2001		WR	CAROL LAFAYETTE-BOYD	CAN	4.26m	2012
	WR	LAMBERTO BORANGA	ITA	5.47m	2008	W75	AR	MIRIAM CUDMORE	SA	3.39m	2015
	WR	ADRIAN NEAGU	ROU	5.47m	2018		WR	CAROL LAFAYETTE-BOYD	CAN	4.09m	2017
M70	AR	MIKE JOHNSTON	VIC	4.75m	1991	W80	AR	MIRIAM CUDMORE	SA	3.04m	2018
	WR	MELVIN LARSEN	USA	5.19m	1994		WR	CHRISTIANE SCHMALBRUCH	GER	3.45m	2017
M75	AR	DAVID CLIVE	WA	4.42m	2012	W85	AR	RUTH FRITH	NSW	2.19m	1995
	WR	SABURO ISHIGAMI	JPN	4.83m	2005		WR	ROSA PEDERSEN	DEN	2.93m	2015
M80	AR	GRAEME NODEN	VIC	3.99m	2018	W90	WR	ROSA PEDERSEN	DEN	2.54m	2021
	WR	SABURO ISHIGAMI	JPN	4.36m	2006	W95	WR	OLGA KOTELKO	CAN	1.28m	2014
M85	AR	VIC YOUNGER	QLD	3.17m	1999						
	WR	GUDMUND SKRIVERVIK	NOR	3.77m	2006						
M90	AR	VIC YOUNGER	VIC	2.53m	2003						
	WR	DONALD PELLMAN	USA	3.26m	2005						
M95	AR	ALEX PITTENDRICH	QLD	1.67m	2001						
	WR	EMMERICH ZENSCH	AUT	2.15m	2015						
M100	WR	DONALD PELLMANN	USA	1.78m	2015						
POLE VAULT				POLE VAULT							
M30	AR	MATT MCEWEN	QLD	4.90m	2004	W30	AR	IRIE HILL	VIC	4.00m	2002
	AR	SIMON ARKELL	SA	5.50m	1996		AR	TATIANA GRIGORIEVA	QLD	4.58m	2006
M35	AR	ROB HILL	VIC	4.81m	2009	W35	AR	IRIE HILL	VIC	4.20m	2006
	WR	OTTO BJORN	GER	5.90m	2013		WR	JENNIFER SUHR	USA	4.91m	2019
M40	AR	ROB HILL	QLD	4.80m	2010	W40	AR	IRIE HILL	VIC	3.85m	2010
	WR	JEFF HARTWIG	USA	5.70m	2008		WR	DORIS AUER	AUT	4.10m	2011
M45	AR	ROB HILL	QLD	4.60m	2015	W45	AR	DAWN HARTIGAN	VIC	3.50m	2002
	WR	LARRY JESSEE	USA	5.10m	1997		WR	IRIE HILL	GBR	3.76m	2015
M50	AR	HOWARD ARBUTHNOT	QLD	4.30m	2021	W50	AR	DAWN HARTIGAN	VIC	3.40m	2007
	WR	GARY HUNTER	USA	4.75m	2018		WR	IRIE HILL	GBR	3.46m	2019
M55	AR	CHRIS BOYLEN	VIC	3.70m	2020	W55	AR	DAWN HARTIGAN	VIC	3.26m	2013
	WR	WOLFGANG RITTE	GER	4.60m	2020		WR	<b>DAWN HARTIGAN</b>	<b>AUS</b>	<b>3.26m</b>	<b>2013</b>
M60	AR	PHILLIP CARRERO	NSW	3.40m	2012	W60	AR	DAWN HARTIGAN	VIC	2.80m	2019
	WR	WOLFGANG RITTE	GER	4.32m	2013		WR	NADINE O'CONNOR	USA	3.12m	2006
M65	AR	ROB BARCLAY	VIC	3.20m	2004	W65	AR	WILMA PERKINS	QLD	2.19m	2016
	WR	WOLFGANG RITTE	GER	4.05m	2018		WR	NADINE O'CONNOR	USA	3.19m	2009

M70	AR	GARVIN BROWN	QLD	3.14m	2000	W70	AR	WILMA PERKINS	QLD	2.06m	2020
	WR	JOHN ALTENDORF	USA	3.49m	2016		WR	NADINE O'CONNOR	USA	2.95m	2012
M75	AR	GEORGE SCHILLINGER	VIC	2.95m	2022	W75	AR	VAL CHESTERTON	ACT	1.22m	2016
	WR	DON ISETT	USA	3.20m	2014		WR	FLORENCE MEILER	USA	2.03m	2010
M80	AR	JIM POULTER	VIC	2.00m	2022	W80	AR	unclaimed			
	WR	BUD HELD	USA	2.75m	2008		WR	FLORENCE MEILER	USA	1.83m	2014
M85	AR	VIC YOUNGER	QLD	1.74m	2000	W85	WR	FLORENCE MEILER	USA	1.55m	2019
	WR	CAROL JOHNSTON	USA	2.28m	2017						
M90	AR	VIC YOUNGER	VIC	1.42m	2003						
	WR	WILLIAM BELL, SR	USA	2.05m	2013						
M95	WR	WILLIAM BELL, SR	USA	1.35m	2017						
<b>TRIPLE JUMP</b>						<b>TRIPLE JUMP</b>					
M30	AR	SHAUN FLETCHER	NSW	14.59m	2016	W30	AR	LINDA ALLEN	VIC	12.48m	2022
	AR	ANDREW MURPHY	NSW	17.12m	2000		AR	LINDA ALLEN	QLD	13.08m	2017
M35	AR	SHAUN FLETCHER	NSW	14.70m	2018	W35	AR	MELISSA FOSTER	WA	12.16m	2015
	AR	ANDREW MURPHY	NSW	16.70m	2006		WR	CATERINE IBARGUEN	COL	14.73m	2019
	WR	JONATHON EDWARDS	GBR	17.92m	2001	W40	AR	MELISSA FOSTER	WA	11.89m	2020
M40	AR	RUSSELL SARAH	VIC	14.14m	1987		WR	YAMILE ALDAMA	GBR	14.06m	2013
	AR	PETER BUTLER	NSW	14.18m	1996	W45	AR	MARGARET TAYLOR	ACT	11.22m	1994
	WR	FABRIZIO DONATO	ITA	16.93m	2016		WR	BARBARA LAH	ITA	12.30m	2019
M45	AR	CLAYTON TOMPKINS	NSW	13.51m	1999	W50	AR	MARGARET TAYLOR	ACT	10.59m	2001
	WR	WOLFGANG KNABE	GER	15.13m	2005		WR	AKIKO OHINATA	JPN	11.66m	2004
M50	AR	NICK HODGSON	VIC	13.11m	2015	W55	AR	MARGARET TAYLOR	ACT	10.20m	2003
	WR	WOLFGANG KNABE	GER	14.44m	2009		WR	AKIKO OHINATA	JPN	10.97m	2006
M55	AR	CLAYTON TOMPKINS	NSW	12.26m	2008	W60	AR	MARGARET TAYLOR	ACT	9.56m	2011
	WR	WOLFGANG KNABE	GER	14.13m	2014		WR	AKIKO OHINATA	JPN	11.04m	2010
M60	AR	KEN McCONNELL	TAS	11.89m	1986	W65	AR	MARGARET TAYLOR	ACT	8.72m	2015
	WR	WOLFGANG KNABE	GER	12.82m	2021		WR	AKIKO OHINATA	JPN	9.84m	2015
M65	AR	KEN McCONNELL	TAS	10.87m	1990	W70	AR	MARGARET TAYLOR	ACT	7.90m	2020
	WR	HERMANN STRAUSS	GER	11.94m	1996		WR	AKIKO OHINATA	JPN	8.98m	2021
M70	AR	FRED O'CONNOR	NSW	9.85m	1994	W75	AR	MIRIAM CUDMORE	SA	7.49m	2013
	WR	LAMBERTO BORANGA	ITA	10.75m	2012		WR	CAROL LAFAYETTE-BOYD	CAN	8.19m	2017
M75	AR	FRED O'CONNOR	NSW	9.31m	1999	W80	AR	MIRIAM CUDMORE	SA	6.81m	2018
	WR	LOTHAR FISCHER	GER	10.10m	2011		WR	RIETJE DIJKMAN	NED	7.37m	2019
M80	AR	NICK BASTAS	NSW	8.34m	2018	W85	AR	RUTH FRITH	NSW	5.50m	1995
	WR	LOTHAR FISCHER	GER	9.04m	2016		WR	RUTH FRITH	AUS	5.50m	1995
M85	AR	LEO COFFEY	VIC	7.00m	2015	W90	WR	OLGA KOTELKO	CAN	4.25m	2009
	WR	AATOS SAINO	FIN	8.17m	2010	W95	WR	OLGA KOTELKO	CAN	3.37m	2014
M90	AR	ALEX PITTENDRICH	QLD	5.51m	1996						
	WR	AATOS SAINO	FIN	7.10m	2015						
M95	AR	ALEX PITTENDRICH	QLD	3.55m	2001						
	WR	EMMERISCH ZENSCH	AUT	5.23m	2015						
M100	WR	GIUSEPPE OTTAVIANO	ITA	3.52m	2016						
<b>SHOT PUT</b>				<b>7.260kg</b>		<b>SHOT PUT</b>				<b>4kg</b>	
M30	AR	SHANE CARSTAIRS	VIC	16.22m	2020	W30	AR	CHRIS SCHULTZ	VIC	15.71m	1984
	AR	JUSTIN ANELZARK	QLD	20.41m	2008		AR	GAEL MARTIN	VIC	18.52m	1987
M35	AR	STUART GYNGELL	NSW	18.55m	2003	W35	AR	CHRIS SCHULTZ	VIC	15.41m	1987
	WR	BRIAN OLDFIELD	USA	22.19m	1984		WR	LARISA PELESHENKO	RUS	21.46m	2000
M40	AR	STUART GYNGELL	NSW	18.55m	2006	W40	AR	CHRIS SCHULTZ	VIC	14.36m	1991
	WR	BRIAN OLDFIELD	USA	21.41m	1985		WR	ANTONINA IVANOVA	URS	19.05m	1973
M45	AR	STUART GYNGELL	NSW	18.12m	2009	W45	AR	CHRIS SCHULTZ	VIC	13.18m	1998



	WR	IVAN IVANCIC		YUG	20.77m	1983		WR	DENKA SILHAVA	CZE	16.95m	1999
<b>SHOT PUT</b>					<b>6kg</b>			<b>SHOT PUT</b>			<b>3kg</b>	
M50	AR	STUART GYNGELL	NSW	18.63m	2014	W50	AR	CHRIS SCHULTZ	VIC	14.39m	2001	
	<b>WR</b>	<b>STUART GYNGELL</b>	<b>AUS</b>	<b>18.63m</b>	<b>2014</b>		WR	ALEXANDRA MARGHIEVA	MOL	15.15m	2009	
M55	AR	TODD DAVEY	WA	15.06m	2022	W55	AR	MARY THOMAS	NSW	12.09m	2000	
	WR	KLAUS LIEDTKE	GER	17.50m	1996		WR	SIGRIN KOFINK	GER	14.47m	1991	
<b>SHOT PUT</b>					<b>5kg</b>		W60	AR	HELEN SEARLE	NSW	12.36m	1999
M60	AR	GEORGE MENCIK	ACT	14.30m	1994		WR	LOGHLIN MIHAELA	ROM	13.68m	2012	
	WR	KLAUS LIEDTKE	GER	18.37m	2001	W65	AR	HELEN SEARLE	QLD	11.58m	2004	
M65	AR	AIVARS PAVULINS	VIC	13.02m	1989		WR	LOGHLIN MIHAELA	ROM	13.36m	2017	
	WR	QUENTON TORBERT	USA	16.66m	2017	W70	AR	HELEN SEARLE	QLD	9.98m	2011	
<b>SHOT PUT</b>					<b>4kg</b>		WR	ROSEMARY CHRIMES	GBR	11.02m	2003	
M70	AR	LEO CHRISTOPHER	NSW	13.60m	2013						<b>2kg</b>	
	WR	KARL-HEINZ MARG	GER	15.89m	2008	W75	AR	HELEN SEARLE	QLD	10.40m	2015	
M75	AR	JIM PERIDIS	NSW	11.64m	2001		WR	MARIANNE MAIER	AUT	12.12m	2018	
	WR	KARL-HEINZ MARG	GER	14.24m	2013	W80	AR	HELEN SEARLE	QLD	9.24m	2019	
					<b>3kg</b>		WR	EVAUN B. WILLIAMS	GBR	10.07m	2018	
M80	AR	TOM HANCOCK	VIC	11.77m	2016	W85	AR	RUTH FRITH	NSW	5.92m	1995	
	WR	LEO SAARINEN	FIN	13.98m	2009		WR	RACHEL HANSSSENS	BEL	7.97m	2014	
M85	AR	FELIX JEKABSONS	QLD	9.66m	2008	W90	AR	RUTH FRITH	NSW	5.37m	2001	
	WR	CARL KARLSSON	SWE	11.94m	2019		WR	ROSA PEDERSEN	DEN	6.25m	2020	
M90	AR	FELIX JEKABSONS	QLD	6.95m	2014	W95	AR	RUTH FRITH	QLD	5.25m	2006	
	WR	LEO SAARINEN	FIN	9.89m	2019		WR	GABRE GABIC	ITA	5.32m	2010	
M95	AR	unclaimed				W100	AR	RUTH FRITH	QLD	4.48m	2010	
	WR	DONALD PELLMANN	USA	8.21m	2011		<b>WR</b>	<b>RUTH FRITH</b>	<b>AUS</b>	<b>4.10m</b>	<b>2010</b>	
M100	WR	DONALD PELLMANN	USA	6.56m	2015							
M105	WR	HIDEKICHI MIYAZAKI	JPN	3.25m	2015							
<b>DISCUS</b>					<b>2kg</b>			<b>DISCUS</b>			<b>1kg</b>	
M30	AR	ALLAN SADUL	NSW	51.16m	2019	W30	AR	CHRIS SCHULTZ	VIC	50.04m	1985	
	<i>AR</i>	<i>AARON NEIGHBOUR</i>	<i>VIC</i>	<i>64.26m</i>	<i>2008</i>		<i>AR</i>	<i>DANI STEVENS</i>	<i>NSW</i>	<i>65.93m</i>	<i>2019</i>	
M35	AR	DARRON HAWORTH	QLD	54.15m	2008	W35	AR	CHRIS SCHULTZ	VIC	48.90m	1989	
	WR	VIRGILJUS ALEKNA	LTU	71.56m	2007		<i>AR</i>	<i>DANIELA COSTIAN</i>	<i>QLD</i>	<i>61.33m</i>	<i>2000</i>	
M40	AR	DARRON HAWORTH	QLD	54.35m	2009		WR	FAINA MYELNIK	URS	69.60m	1980	
	WR	VIRGILJUS ALEKNA	LTU	70.28m	2012	W40	AR	CHRIS SCHULTZ	VIC	48.52m	1991	
M45	AR	GEOFF TYLER	VIC	49.08m	1994		WR	IRYNA YATCHENKO	BLR	67.89m	2008	
	WR	AL OERTER	USA	66.12m	1982	W45	AR	CHRIS SCHULTZ	VIC	44.38m	1999	
<b>DISCUS</b>					<b>1.5kg</b>		WR	ZDENKA SILHAVA	CZE	64.09m	1999	
M50	AR	TODD DAVEY	WA	55.54m	2017	W50	AR	CHRIS SCHULTZ	VIC	41.00m	2001	
	WR	KLAUS WEIFFENBACH	GER	68.40m	1997		WR	OLGA CHERNIAVSKAIA	RUS	46.11m	2015	
M55	AR	TODD DAVEY	WA	45.05m	2022	W55	AR	UNA LUND	QLD	35.30m	1996	
	WR	KLAUS LIEDTKE	GER	64.58m	2000		WR	TAMARA DANILOVA	RUS	43.36m	1996	
<b>DISCUS</b>					<b>1kg</b>		W60	AR	HEATHER DOHERTY	QLD	33.24m	1994
M60	AR	WARWICK SELVEY	QLD	53.43m	2001		WR	CAROL FINSRUD	USA	40.76m	2017	
	WR	KLAUS LIEDTKE	GER	66.36m	2001	W65	AR	HEATHER DOHERTY	QLD	30.74m	1999	
M65	AR	JO PETERS	WA	47.28m	2019		WR	TAMARA DANILOVA	RUS	37.62m	2005	
	WR	KLAUS LIEDTKE	GER	59.75m	2007	W70	AR	HEATHER DOHERTY	QLD	25.45m	2006	
M70	AR	KEITH JAMES	NSW	41.66m	2012		WR	TAMARA DANILOVA	RUS	33.55m	2010	
	WR	CARMELO RADO	ITA	55.27m	2007						<b>750gm</b>	
M75	AR	CHARLIE RANN	QLD	36.88m	2003	W75	AR	UNA LUND	QLD	25.32m	2017	
	WR	RADO CARMELO	ITA	49.21m	2008		WR	TAMARA DANILOVA	RUS	31.56m	2015	
M80	AR	TOM HANCOCK	VIC	33.63m	2016	W80	AR	HEATHER DOHERTY	QLD	22.28m	2014	

	WR	OSTEN EDLUND	SWE	40.64m	2015		WR	ANNE CHATRINE RUHLOW	GER	26.53m	2017
M85	AR	FELIKS JEKABSONS	QLD	25.28m	2008	W85	AR	HEATHER DOHERTY	QLD	14.89m	2018
	WR	CARMELO RADO	ITA	35.92m	2019		WR	RACHEL HANSSSENS	BEL	19.49m	2014
M90	AR	JOHN FRASER	VIC	19.72m	2005	W90	AR	RUTH FRITH	NSW	12.10m	2000
	WR	IAN REED	USA	28.49m	2017		WR	OLGA KOTELKO	CAN	14.80m	2009
M95	AR	unclaimed				W95	AR	RUTH FRITH	QLD	10.90m	2006
	WR	DONALD PELLMANN	USA	18.92m	2011		WR	GABRE GABIC	ITA	12.86m	2010
M100	WR	DONALD PELLMANN	USA	14.86m	2015	W100	AR	RUTH FRITH	QLD	9.30m	2011
M105	WR	STANISLAW KOWALOSKI	POL	7.50m	2015		WR	RUTH FRITH	AUS	9.30m	2011
	<b>HAMMER</b>			<b>7.26kg</b>			<b>HAMMER</b>			<b>4kg</b>	
M30	AR	STUART RENDELL	ACT	77.53m	2006	W30	AR	KARYNE DI MARCO	NSW	64.10m	2009
	AR	<i>STUART RENDELL</i>	<i>ACT</i>	<i>79.20m</i>	<i>2003</i>		AR	<i>DEBBIE SOSIMENKO</i>	<i>NSW</i>	<i>66.93m</i>	<i>2004</i>
M35	AR	HANS LOTZ	VIC	67.92m	1987	W35	AR	ODETTE PALMA	NSW	56.55m	2020
	AR	<i>HANS LOTZ</i>	<i>VIC</i>	<i>73.80m</i>	<i>1983</i>		WR	ANITA WLODARCZYK	POL	78.48m	2021
	WR	IGOR ASTAPKOVICH	BLR	83.62m	1998	W40	AR	BYRONY GLASS	WA	51.75m	2018
M40	AR	HANS LOTZ	VIC	66.94m	1987		WR	IRYNA SEKACHOVA	UKR	67.57m	2017
	WR	IGOR ASTAPKOVICH	BLR	82.23m	2004	W45	AR	SHARON GIBBONS	ACT	43.87m	2003
M45	AR	HANS LOTZ	VIC	59.62m	1994		WR	ONEITHEA LEWIS	USA	56.21m	2005
	WR	ALEKSANDR DRYHOL	UKR	79.42m	2012		<b>HAMMER</b>			<b>3kg</b>	
	<b>HAMMER</b>			<b>6kg</b>		W50	AR	MARJA-LEENA PARVIAINEN	NSW	51.73m	1998
M50	AR	HANS LOTZ	VIC	60.39m	1998		WR	ONEITHEA LEWIS	USA	55.46m	2010
	WR	ALEKSANDR DRYHOL	UKR	73.70m	2018	W55	AR	MARJA-LEENA PARVIAINEN	NSW	51.30m	2002
M55	AR	KEN READWIN	VIC	49.34m	1996		WR	MARJA-LEENA PARVIAINEN	AUS	51.30m	2002
	WR	JUD LOGAN	USA	67.27m	2014	W60	AR	HELEN SEARLE	QLD	46.09m	2001
	<b>HAMMER</b>			<b>5kg</b>			WR	MIRJA KOKKO	FIN	47.05m	2021
M60	AR	PHILLIP SPIVEY	VIC	51.32m	2022	W65	AR	DORN JENKINS	VIC	42.42m	2021
	WR	ARILD BUSTERUD	NOR	63.32m	2008		WR	JUTTA SCHAEFER	GER	44.38m	1997
M65	AR	WIM VAN WEENEN	VIC	50.38m	1997	W70	AR	JANICE BANENS	ACT	35.67m	2011
	WR	ARILD BUSTERUD	NOR	60.65m	2013		WR	EVA NOHL	GER	39.24m	2019
	<b>HAMMER</b>			<b>4kg</b>			<b>HAMMER</b>			<b>2kg</b>	
M70	AR	WIM VAN WEENEN	VIC	48.74m	2003	W75	AR	JAN BANENS	ACT	36.51m	2017
	WR	EDWARD BURKE	USA	59.04m	2010		WR	EVAUN B. WILLIAMS	GBR	39.64m	2013
M75	AR	WIM VAN WEENEN	VIC	43.84m	2008	W80	AR	JAN BANENS	ACT	28.57m	2021
	WR	JERZY JABLONSKI	POL	51.52m	2020		WR	EVAUN B. WILLIAMS	GBR	37.85m	2018
				<b>3kg</b>		W85	AR	RAEMA MCMILLAN	WA	18.55m	2013
M80	AR	WIM VAN WEENEN	VIC	41.98m	2012		WR	RACHEL HANSSSENS	BEL	26.80m	2014
	WR	HERMANN ALBRECHT	GER	50.69m	2020	W90	AR	RUTH FRITH	NSW	13.13m	2000
M85	AR	JIM DAVIS	WA	32.62m	2019		WR	JULIA HUAPAYA	PER	19.62m	2018
	WR	CARMELO RADO	ITA	38.93m	2018	W95	AR	RUTH FRITH	QLD	13.71m	2006
M90	AR	JOHN FRASER	VIC	24.61m	2005		WR	OLGAKOTELKO	CAN	14.92m	2014
	WR	HARVEY LEWELLEN	USA	27.82m	2019	W100	AR	RUTH FRITH	QLD	11.30m	2010
M95	AR	unclaimed					WR	RUTH FRITH	AUS	11.30m	2010
	WR	ANTONIA FONSECA	BRA	22.01m	2011						
M100	WR	TRENT LANE	USA	11.32m	2011						
	<b>JAVELIN</b>			<b>800g</b>			<b>JAVELIN</b>			<b>600g</b>	
M30	AR	ANDREW CURREY	NSW	86.67m	2001	W30	AR	LYNETTE SMITH	NSW	38.88m	2005
M35	AR	BENJAMIN BAKER	NSW	64.54m	2021		AR	<i>LOUISE CURREY</i>	<i>NSW</i>	<i>66.80m</i>	<i>2014</i>
	AR	<i>BENJAMIN BAKER</i>	<i>NSW</i>	<i>67.91m</i>	<i>2019</i>	W35	AR	JAYNE HARDY	ACT	41.28m	2000
	WR	JAN ZELEZNY	CZE	92.80m	2001		WR	KATHRYN MITCHELL	AUS	68.92m	2018
M40	AR	JOHN KAY	NSW	66.90m	2001	W40	AR	JAYNE HARDY	ACT	39.32m	2004
	WR	JAN ZELEZNY	CZE	85.92m	2006		WR	BARBARA SPOTAKOVA	CZE	61.43m	2021

M45	AR	BOB BANENS	ACT	57.38m	1999	W45	AR	JAYNE HARDY	ACT	37.01m	2010
	WR	PETER BLANK	GER	77.15m	2007		WR	ELISABETH WALLANDER	SWE	50.47m	2005
<b>JAVELIN</b>				<b>700g</b>		<b>JAVELIN</b>				<b>500g</b>	
M50	AR	BOB BANENS	ACT	58.68m	2001	W50	AR	SUELI DASHWOOD	QLD	38.12m	2016
	WR	ROALD BRADSTOCK	GBR	76.16m	2012		WR	FELICIA TILIA ULRECHE	ESP	47.53m	2018
M55	AR	BOB BANENS	ACT	51.75m	2005	W55	AR	MARY THOMAS	NSW	39.17m	2001
	WR	ROALD BRADSTOCK	GBR	66.76m	2017		WR	NATASA BEZJAK	SLO	44.44m	2002
<b>JAVELIN</b>				<b>600g</b>		<b>JAVELIN</b>				<b>500g</b>	
M60	AR	BOB BANENS	ACT	49.22m	2010	W60	AR	CHRISTINE SHAW	NSW	29.93m	2019
	WR	ESA KIURU	FIN	62.47m	2007		WR	LINDA COHN	USA	37.50m	2014
M65	AR	BOB BANENS	ACT	42.85m	2015	W65	AR	CAROL DAVIS	QLD	25.51m	2018
	WR	ESA KIURU	FIN	58.58m	2012		WR	LINDA COHN	USA	37.32m	2018
<b>JAVELIN</b>				<b>500g</b>		W70	AR	MARY THOMAS	NSW	24.31m	2015
M70	AR	ERKKI SAARINEN	QLD	42.00m	2006		WR	MASAKO SUZUKI	CZE	29.03m	2018
	WR	ESA KIURU	FIN	54.47m	2021	W75	A R	MIRIAM CUDMORE	SA	22.63m	2014
M75	AR	ERKKI SAARINEN	QLD	38.12m	2010		WR	EVAUN B. WILLIAMS	GBR	29.92m	2013
	WR	GARY STENLUND	USA	47.12m	2016	W80	AR	MIRIAM CUDMORE	SA	20.75m	2018
<b>JAVELIN</b>				<b>400g</b>			WR	EVAUN B. WILLIAMS	GBR	27.51m	2019
M80	AR	ERKKI SAARINEN	QLD	33.80m	2013	W85	AR	RAEMA MCMILLAN	WA	12.09m	2013
	WR	JOUNI TEHNU	FIN	45.85m	2019		WR	RACHEL HANSSSENS	BEL	18.96m	2014
M85	AR	VIC YOUNGER	QLD	21.98m	2000	W90	AR	RUTH FRITH	NSW	10.51m	2002
	WR	WILLIAM PLATTS	USA	35.64m	2014		WR	ROSA PEDERSEN	DEN	15.32m	2020
M90	AR	MAURICE DAUPHINET	QLD	17.11m	2016	W95	AR	RUTH FRITH	QLD	9.03m	2006
	WR	WILLIAM PLATTS	USA	31.46m	2018		WR	OLGA KOTELKO	CAN	11.24m	2014
M95	WR	TRENT LANE	USA	20.80m	2005	W100	AR	RUTH FRITH	QLD	6.43m	2009
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	2007		WR	RUTH FRITH	AUS	6.43m	2009
<b>WEIGHT THROW</b>				<b>15.88kg</b>		<b>WEIGHT THROW</b>				<b>9.072kg</b>	
M30	AR	WARREN BUTTON	WA	18.28m	2021	W30	AR	KARYNE DI MARCO	NSW	19.08m	2009
M35	AR	RICARD MEIRING	NSW	19.08m	2014	W35	AR	BYRONY GLASS	WA	18.02m	2013
	WR	JURIY TAMM	FIN	25.17m	1992		WR	SILVA VANIA	POR	19.27m	2018
M40	AR	RICARD MEIRING	NSW	17.26m	2016	W40	AR	BYRONY GLASS	WA	16.12m	2018
	WR	CHRISTIAN HARMSE	RSA	21.66m	2017		WR	ONEITHEA LEWIS	USA	19.09m	2002
M45	AR	RICARD MEIRING	NSW	16.91m	2019	W45	AR	GABI WATTS	NSW	13.88m	2015
	WR	OLEKSANDR DRYGOL	UKR	20.79m	2011		WR	ONEITHEA LEWIS	USA	17.88m	2005
<b>WEIGHT THROW</b>				<b>11.34kg</b>		<b>WEIGHT THROW</b>				<b>7.258kg</b>	
M50	AR	BOB WAGNER	QLD	19.78m	2006	W50	AR	MARJA-LEENA PARVIAINEN	NSW	16.54m	1997
	WR	JUD LOGAN	USA	24.24m	2009		WR	ONEITHEA LEWIS	USA	18.76m	2011
M55	AR	PHIL SPIVEY	VIC	18.81m	2019	W55	AR	MARJA-LEENA PARVIAINEN	NSW	15.15m	2002
	WR	JUD LOGAN	USA	21.73m	2014		WR	EVAUN B. WILLIAMS	GBR	17.02m	1994
<b>WEIGHT THROW</b>				<b>9.072kg</b>		<b>WEIGHT THROW</b>				<b>5.449kg</b>	
M60	AR	PHIL SPIVEY	VIC	20.55m	2022	W60	AR	DORN JENKINS	VIC	17.58m	2016
	WR	ARILD BUSTERUD	NOR	24.20m	2008		WR	MIRJA KOKKO	FIN	18.59m	2021
M65	AR	WIM VAN WEENEN	VIC	18.57m	1997	W65	AR	DORN JENKINS	VIC	16.55m	2021
	WR	ARILD BUSTERUD	NOR	22.10m	2015		WR	ANNIE VAN ANHOLT	NED	17.34m	2014
<b>WEIGHT THROW</b>				<b>7.258kg</b>		W70	AR	HELEN SEARLE	QLD	13.94m	2009
M70	AR	WIM VAN WEENEN	VIC	17.96m	2002		WR	MYRLE MENSEY	USA	15.09m	2019
	WR	ARILD BUSTERUD	NOR	23.15m	2018	W75	AR	UNA LUND	QLD	13.54m	2018
M75	AR	WIM VAN WEENEN	VIC	15.98m	2009		AR	JANICE BANENS	ACT	13.54m	2017
	WR	KLAUS ALBERS	GER	20.06m	2015		WR	EVAUN B. WILLIAMS	GBR	14.74m	2013
<b>WEIGHT THROW</b>				<b>5.449kg</b>		W80	AR	JANICE BANENS	ACT	10.85m	2022
M80	AR	GEORGE MENCIK	ACT	16.92m	2013		WR	EVAUN B. WILLIAMS	GBR	12.68m	2018

	WR	RADO CARMELO	ITA	19.91m	2013	W85	AR	RAEMA MCMILLAN	WA	9.90m	2013
M85	AR	TOM HANCOCK	VIC	13.36m	2022		WR	MYRTLE ACTON	CAN	9.87m	2020
	WR	RADO CARMELO	ITA	16.65m	2018	W90	AR	RUTH FRITH	NSW	6.19m	2001
M90	AR	JOHN FRASER	VIC	10.11m	2005		WR	HILJA BAKHOFF	EST	8.08m	2017
	WR	TORGEIR BRANDVOLD	NOR	10.59m	2004	W95	AR	RUTH FRITH	QLD	6.23m	2005
M95	AR	unclaimed					WR	OLGA KOTELKO	CAN	6.72m	2014
	WR	LAURI HELLE	FIN	7.61m	2020	W100	AR	RUTH FRITH	QLD	4.88m	2009
M100	WR	OTTAVIANI GIUSEPPE	ITA	4.21m	2017		WR	RUTH FRITH	AUS	4.68m	2011
<b>SUPER WEIGHT</b>				<b>56lb 25.4kg</b>		<b>SUPER WEIGHT</b>				<b>35lb 15.88kg</b>	
M30	AR	WARREN BUTTON	WA	10.02m	2020	W30	AR	KARYN DI MARCO	NSW	10.00m	2009
M35	AR	DARRON HAWORTH	QLD	10.94m	2008	W35	AR	ODETTE PALMA	NSW	8.87m	2020
M40	AR	GRANT EDWARDS	ACT	10.82m	2007	W40	AR	ALTHEA MACKIE	QLD	7.75m	2012
M45	AR	GRANT EDWARDS	ACT	10.24m	2007	W45	AR	ALTHEA MACKIE	QLD	8.01m	2018
M50	AR	TODD DAVEY	WA	9.91m	2018					<b>25lb 11.34kg</b>	
M55	AR	TODD DAVEY	WA	9.85m	2021	W50	AR	GABI WATTS	NSW	10.94m	2018
				<b>44lb 20kg</b>		W55	AR	GABI WATTS	NSW	9.66m	2021
M60	AR	ROBERT CLARK	NSW	8.59m	2021					<b>20lb 9.08kg</b>	
M65	AR	LAJOS JONI	QLD	8.68m	2021	W60	AR	DORN JENKINS	VIC	11.31m	2019
				<b>35lb 15.88kg</b>		W65	AR	DORN JENKINS	VIC	10.70m	2022
M70	AR	OSSI IGEL	WA	8.87m	2021	W70	AR	MARY THOMAS	NSW	7.68m	2017
M75	AR	GRAEME ROSE	VIC	7.27m	2019					<b>16lb 7.26kg</b>	
	AR	RAY GREEN	ACT	7.27m	2020						
				<b>25lb 11.34kg</b>		W75	AR	MARY THOMAS	NSW	7.79m	2019
M80	AR	TOM HANCOCK	VIC	9.25m	2020	W80	AR	JAN BANENS	ACT	6.04m	2021
<b>56lb HEAVY WEIGHT</b>						<b>56lb HEAVY WEIGHT</b>					
for M30-55, see above Super Weight						W30	AR	MELISSA HOLAHAN	NSW	5.90m	2016
						W35	AR	BYRONY GLASS	WA	5.71m	2016
						W40	AR	ALTHEA MACKIE	QLD	5.00m	2014
						W45	AR	ALTHEA MACKIE	QLD	5.16m	2016
						W50	AR	ALTHEA MACKIE	QLD	4.71m	2022
						W55	AR	JAYNE HARDY	ACT	3.65m	2019
M60	AR	ROGER GLASS	VIC	7.49m	2011	W60	AR	RAYLEA RUDOV	ACT	3.27m	2007
M65	AR	GAVIN MURRAY	NSW	6.67m	2021	W65	AR	RAYLEA RUDOV	ACT	3.24m	2008
M70	AR	WIM VAN WEENEN	VIC	5.84m	2006	W70	AR	JEANETTE WILLIAMSON	ACT	2.75m	2017
M75	AR	WIM VAN WEENEN	VIC	5.05m	2009	W75	AR	JEANETTE WILLIAMSON	ACT	2.94m	2021
M80	AR	WIM VAN WEENEN	VIC	4.30m	2013	W80	AR	JANE KINSEY	VIC	1.58m	2021
M85	AR	EWEN DRUMMOND	ACT	2.34m	2008						
<b>100lb HEAVY WEIGHT</b>						<b>100lb HEAVY WEIGHT</b>					
M30	AR	NIGEL SKURRIE	VIC	4.64m	2021	W30	AR	KARYNE DI MARCO	NSW	2.51m	2009
M35	AR	DARRON HAWORTH	QLD	5.57m	2021	W35	AR	MIRANDA RAMSDEN	QLD	2.36m	2022
M40	AR	JAMIE MUSCAT	NSW	4.97m	2019	W40	AR	SAMANTHA LATANIS	NSW	2.33m	2014
M45	AR	SIMON VAN BAALEN	VIC	4.61m	2021	W45	AR	JAYNE HARDY	ACT	2.27m	2008
M50	AR	TODD DAVEY	WA	4.81m	2018	W50	AR	ALTHEA MACKIE	QLD	2.15m	2021
M55	AR	GRANT EDWARDS	ACT	4.30m	2018	W55	AR	CAROLINE LAYT	NSW	2.02m	2021
M60	AR	ROGER GLASS	VIC	3.68m	2011	W60	AR	JILL TAYLOR	NSW	1.66m	2020
M65	AR	BILL BINKS	VIC	3.09m	2006	W65	AR	JILL TAYLOR	NSW	1.63m	2020
M70	AR	BOB BANENS	ACT	2.85m	2019	W70	AR	FRAN HARRIS	ACT	1.37m	2011
M75	AR	DON QUINN	QLD	2.47m	2019	W75	AR	JEANNETTE WILLIAMSON	ACT	1.53m	2019
M80	AR	IAN KENNEDY	QLD	2.01m	2020						
<b>HEAVY WEIGHT PENTATHLON (2015 AMA Tables)</b>						<b>HEAVY WEIGHT PENTATHLON (2015 AMA Tables)</b>					
M30	AR	WARREN BUTTON	WA	3835	2021	W30	AR	KARYNE DI MARCO	NSW	4472	2009

M35	AR	DARRON HAWORTH	QLD	4352	2008	W35	AR	BRYONY GLASS	WA	4655	2016
M40	AR	RICARD MEIRING	NSW	4668	2017	W40	AR	JAYNE HARDY	ACT	3878	2003
M45	AR	RICARD MEIRING	NSW	4877	2020	W45	AR	ALTHEA MACKIE	QLD	4245	2018
M50	AR	GRANT EDWARDS	ACT	4647	2013	W50	AR	GABRIELE WATTS	NSW	4750	2018
M55	AR	GRANT EDWARDS	ACT	4675	2018	W55	AR	GABRIELE WATTS	NSW	4623	2021
M60	AR	ROGER GLASS	VIC	4459	2011	W60	AR	DORN JENKINS	VIC	5115	2017
M65	AR	LAJOS JONI	QLD	4385	2021	W65	AR	DORN JENKINS	VIC	5609	2021
M70	AR	OSSI IGEL	WA	4682	2021	W70	AR	JAN BANENS	ACT	4699	2011
M75	AR	KEN PRIESTLEY	VIC	4335	2013	W75	AR	JAN BANENS	ACT	4250	2017
M80	AR	RON SIMCOCK	NSW	5034	2015	W80	AR	JAN BANENS	ACT	3496	2021
M85	AR	EWAN DRUMMOND	ACT	2195	2010						
M90	AR	RAD LEOVIC	ACT	1697	2017						
<b>THROWS PENTATHLON (2015 Tables)</b>					<b>THROWS PENTATHLON (2015 Tables)</b>						
M30	AR	GRAHAM HICKS	VIC	3444	2008	W30	AR	BYRONY GLASS	WA	3831	2009
M35	AR	DARRON HAWORTH	QLD	3672	2008	W35	AR	CHRIS SCHULTZ	VIC	3795	1987
	WR	ALFRED KRUGER III	USA	4415	2014		WR	MARIE-JOSEE LE JOUR	CAN	4114	2015
M40	AR	STUART GYNGELL	NSW	3946	2006	W40	AR	JAYNE HARDY	ACT	3929	2003
	WR	CHRISTIAN HARMSE	RSA	4852	2015		WR	ONEITHEA LEWIS	USA	4841	2003
M45	AR	STUART GYNGELL	NSW	4199	2009	W45	AR	CHRIS SCHULTZ	VIC	4174	1997
	WR	IVER HYTTEN	NOR	4616	2012		WR	ONEITHEA LEWIS	USA	4752	2005
M50	AR	TODD DAVEY	WA	4259	2018	W50	AR	CHRIS SCHULTZ	VIC	4371	2001
	WR	NORBERT DEMMEL	GER	4696	2016		WR	ONEITHEA LEWIS	USA	4800	2010
M55	AR	GRAEME ROSE	VIC	4174	1999	W55	AR	MARY THOMAS	NSW	4285	1999
	WR	NORBERT DEMMEL	GER	5103	2018		WR	MARGARETTA TOMANEK	BEL	4581	2005
M60	AR	GRAEME ROSE	VIC	4242	2006	W60	AR	DORN JENKINS	VIC	4437	2015
	WR	ARILD BUSTERUD	NOR	4955	2010		WR	CAROL FINSRUD	USA	4727	2017
M65	AR	GRAEME ROSE	VIC	4325	2009	W65	AR	DORN JENKINS	VIC	4711	2021
	WR	ARILD BUSTERUD	NOR	5255	2013		WR	ANNE KIRSTINE JENSEN	DEN	5419	2019
M70	AR	KEITH JAMES	NSW	4037	2012	W70	AR	MARY THOMAS	NSW	4407	2015
	WR	ARILD BUSTERUD	NOR	5067	2018		WR	MYRLE MENSEY	USA	4826	2019
M75	AR	TOM HANCOCK	VIC	4188	2011	W75	AR	HELEN SEARLE	QLD	4637	2015
	WR	CARMELO RADO	ITA	5182	2008		WR	EVAUN WILLIAMS	GBR	5528	2013
M80	AR	TOM HANCOCK	VIC	4741	2016	W80	AR	HEATHER DOHERTY	QLD	4269	2014
	WR	HERMANN ALBRECHT	GER	5317	2020		WR	EVAUN WILLIAMS	GBR	6080	2018
M85	AR	FELIKS JEKABSONS	QLD	3805	2008	W85	AR	RUTH FRITH	AUS	3200	1995
	WR	OSTEN EDLUND	SWE	5460	2020		WR	RACHEL HANSSSENS	BEL	4846	2014
M90	AR	JOHN FRASER	VIC	4187	2005	W90	AR	RUTH FRITH	NSW	4337	2000
	WR	WILLIAM PLATTS	USA	4927	2019		WR	OLGA KOTELKO	CAN	4090	2009
M95	WR	TRENT LANE	USA	3874	2005	W95	AR	RUTH FRITH	QLD	4539	2005
M100	WR	OTTAVIANI GIUSEPPE	ITA	2533	2017		WR	OLGA KOTELKO	CAN	5016	2014
						W100	AR	RUTH FRITH	QLD	5743	2009
							WR	RUTH FRITH	AUS	5180	2011
<b>PENTATHLON (2015 Tables) LJ, Javelin, 200m, Discus, 1500m</b>					<b>PENTATHLON (2015 Tables) Oceania events: 100m, SP, LJ, Jav &amp; 800m</b>						
M30	AR	WARREN EVANS	QLD	3275	2003	W30	AR	JITKA HISCOX	NSW	3236	2016
M35	AR	TERRY BALDWIN	VIC	3494	1998	W35	AR	LEONIE HOFFMAN	QLD	2852	2012
	WR	FRANZ MAYR	GER	3669	1991	W40	AR	LEE-ANNE GROSVENOR	QLD	3290	2015
M40	AR	PAUL JEFFERY	WA	3639	2014	W45	AR	LISA CROUCH	QLD	3572	2009
	WR	MATTIAS SUNNEBORN	SWE	3937	2011	W50	AR	LEE-ANNE NELSON	QLD	3656	2022
M45	AR	LLOYD MITCHELSON	NSW	3864	1985	W55	AR	WILMA PERKINS	QLD	3932	2004
	WR	THOMAS STEWANS	GER	3820	2012	W60	AR	CAROL DAVIS	QLD	3417	2016
M50	AR	MARK JEFFERY	WA	3577	2021	W65	AR	CAROL DAVIS	QLD	4248	2019

	WR	MATTIAS SUNNEBORN	SWE	3951	2016	W70	AR	MAUREEN KESHWAR	WA	3439	2022	
M55	AR	LUKE DE BIASI	VIC	3716	2019	W75	AR	MIRIAM CUDMORE	SA	3931	2016	
	WR	WIM THREELS	NED	3804	2008	W80	AR	MIRIAM CUDMORE	SA	4372	2018	
M60	AR	RUDI HOCHREITER	VIC	3858	1987	W85	AR	GWEN GLEESON	ACT	1980	2016	
	WR	DIETER BARTZSCH	GER	4340	2000	<b>OLD PENTATHLON, WMA: LJ, Jav, 200m, Discus &amp; 800m (2010 Tables)</b>						
M65	AR	RUDI HOCHREITER	VIC	3798	1992	W30	AR	LYNETTE SMITH	NSW	3255	2005	
	WR	WIM THREELS	NED	4072	2020	W35	AR	PETA BIRD	NSW	3101	1995	
M70	AR	MIKE JOHNSTON	VIC	3816	1991	W40	AR	JAN HYNES	QLD	3546	1987	
	WR	SHERWOOD SAGEDAHL	USA	3806	2012	W45	AR	JAN HYNES	QLD	3720	1991	
M75	AR	DON FRASER	ACT	3360	2014	W50	AR	UNA LUND	QLD	3698	1991	
	WR	SHERWOOD SAGEDAHL	USA	4060	2014	W55	AR	WILMA PERKINS	QLD	3430	2005	
M80	AR	DON FRASER	ACT	3550	2004	W60	AR	PEGGY MACLIVER	WA	3161	2007	
	WR	SHERWOOD SAGEDAHL	USA	3787	2019	W65	AR	JOYCE BANNISTER	ACT	3263	1991	
M85	AR	RAD LEOVIC	ACT	2799	2013	W70	AR	GWEN DAVIDSON	VIC	3065	1993	
	WR	TED ROWAN	CAN	3635	2018	W75	AR	PAT CARR	WA	2506	2007	
M90	AR	MAURICE DAUPHINET	QLD	2955	2016	W80	AR	SHIRLEY BRASHER	TAS	2510	2008	
	WR	RALPH MAXWELL	USA	3284	2011							
<b>DECATHLON (2015 WMA Tables)</b>					<b>HEPTATHLON (2015 WMA Tables)</b>							
M30	AR	MATT MCEWEN	QLD	7705	2003	W30	AR	JITKA HISCOCK		4626	2016	
	AR	STEPHEN CAIN	VIC	7787	2014		AR	JANE JAMIESON	NSW	5863	2016	
M35	AR	GEOFF GIBBONS	TAS	6696	2012	W35	AR	MARIE KAY	NSW	4897	1999	
	WR	LEV LOBODIN	RUS	8572	2004		WR	SABINE BRAUN	GER	6860	2002	
M40	AR	GEOFF GIBBONS	TAS	7022	2017	W40	AR	MARIE KAY	NSW	5609	2001	
	WR	KIP JANVRIN	USA	8542	2005		WR	SONIA DEL PRETE	FRA	5843	2010	
M45	AR	PAUL JEFFERY	WA	7867	2019	W45	AR	MARIE KAY	QLD	6006	2009	
	WR	PAUL JEFFERY	AUS	7867	2019		WR	TATJANA SCHILLING	GER	6082	1019	
M50	AR	JUSTIN HANRAHAN	VIC	7017	2021	W50	AR	MARIE KAY	QLD	6202	2011	
	WR	JEAN LUC DUEZ	FRA	8106	2015		WR	BARBARA GAHLING	GER	6456	2015	
M55	AR	DAVE VARLEY	QLD	6537	2017	W55	AR	MARIE KAY	QLD	6682	2015	
	WR	THOMAS STEWANS	GER	8312	2021		WR	MARIE KAY	AUS	6682	2015	
M60	AR	RUDI HOCHREITER	VIC	6911	1989	W60	AR	MARGE ALLISON	QLD	5076	2008	
	WR	WOLFGANG RITTE	GER	8123	2014		WR	MARIA ROSA ESCRIBANO CHECA	ESP	6255	2019	
M65	AR	DON FRASER	ACT	6746	2005	W65	AR	WILMA PERKINS	QLD	5475	2016	
	WR	KLEMENS GRIBMER	GER	8205	2017		WR	WEIA REINBOUD	NED	6253	2015	
M70	AR	GEOFF SHAW	VIC	7307	2019	W70	AR	CAROL DAVIS	QLD	6375	2021	
	WR	VALDIS CELA	LAT	8142	2018		WR	CAROL DAVIS	AUS	6375	2021	
M75	AR	FRED O'CONNOR	NSW	6748	1999	W75	AR	MARGE ALLISON	QLD	5901	2020	
	WR	ROLF GEESE	GER	8538	2019		WR	RIET JONKERS-SLAGER	NED	6870	2019	
M80	AR	DON FRASER	ACT	6121	2019	W80	AR	unclaimed				
	WR	ROBERT HEWITT	USA	8302	2013		WR	IRENE OBERA	USA	6071	2016	
M85	AR	VIC YOUNGER	QLD	4637	1999							
	WR	TED ROWAN	CAN	7110	2018							
M90	AR	VIC YOUNGER	VIC	3133	2003							
	WR	RALPH MAXWELL	USA	7009	2011							
<b>4X100m RELAYS MEN</b>												
M30	AR	Jay Stone NSW 37, Mark Rossiter ACT 38, William Little VIC 35, Adam Farlow ACT 34								43.96s	Auckland	2017
M35	AR	Leigh Phelan 36, Robert Lehmann 40, Geoffrey Pittman 38, Robbie Vidler 35							VIC	44.02s	Albert Park	2012
	WR	Parker, Roland, Bumett, Green							USA	41.30s	Atlanta	2019
M40	AR	Ricky Irvine VIC, Peter Durham SA, Kealy, Peter Crombie NSW								43.69s	Melbourne	1987
	WR	Carty, Bradley, Elliot, Chambers							GBR	42.18s	London	2018
M45	AR	Mark Giglio 49, Ernie Leseberg 50, Graham Scully 48, Mark Harper 46								45.00s	SAF Nathan	2022

	WR	Fukuzato, Minakuchi, Koga, Asahara					JPN	43.27s	Kuching	2019
M50	AR	Ross Kent VIC, Roy Fearnall WA, Fred Turner NSW, Peter Crombie NSW						46.16s	Buffalo	1995
	WR	Frey, James, Fulton, Barnwell					USA	44.47s	Philadelphia	2009
M55	AR	Heinz Steinmann QLD, Neville McIntyre NSW, Fred Turner NSW, John Wight QLD						47.46s	Brisbane	2001
	WR	Franklyn, Walcott, Ross, Oliver					GBR	46.16s	Riccione	2007
M60	AR	David Clive WA, Bernie Condon NSW, Hugh Coogan QLD, Reg Austin NSW						48.95s	Durban	1997
	WR	Peterson, Wilson, Allie, Sanders					USA	47.93s	Sacramento	2010
M65	AR	Col Buyers QLD, Heinz Steinmann QLD, Rob McDonald QLD, Neville McIntyre NSW						50.5s	Adelaide	2009
	WR	Beckering, Scheidt, Hamaekers, Lenk					GER	50.13s	San Sebastian	2005
M70	AR	John Wall 70, John Wight 70, Neville McIntyre 73 NSW, Peter Crombie 71 NSW						53.67s	Perth	2016
	WR	Sims, Bennett, Colbert, Lida					USA	51.96s	Philadelphia	2008
M75	AR	Graeme Noden 78 VIC, Michael Stevenson 76 TAS, Pio Bunin 75, Barrie Kernaghan 76 WA						59.95s	Perth	2016
	WR	Beckering, Lange, Schmidt, Muller					GER	55.44s	Izmir	2014
M80	AR	Leo Coffey 82 VIC, George Harrod 82 QLD, Hugh Thomsen 81 QLD, Richard Hughes 80 NSW						68.43s	Albert Park	2012
	WR	Albrecht, Breder, Herbst, Schumacher					GER	61.83s	Arhus	2004
M85	AR	Jack Thackray 85, Derry Foley 87, Jim Sinclair 92 VIC, Leo Coffey 86 VIC						83.82s	Perth	2016
	WR	Ishida, Tanaka, Masuda, Ishakawa					JPN	67.03s	Nara City	2018
M90	WR	Tsuruga, Kudo, Mitsuya, Tanaka					JPN	1m 43.69s	Hirosaki	2021
		<b>4X100m RELAYS WOMEN</b>								
W30	AR	Julie Forster, Kylie Strong, Ranell Hobson, Gianna Mogentale					NSW	48.86s	Hobart	2007
W35	AR	Ranell Hobson NSW, Julie Brims Qld, Kylie Strong NSW, Gianna Mogentale NSW						47.74s	Blacktown	2008
	WR	Stafford, Springer, Hutchinson, Mark-Baird					TTO	47.65s	Lyon	2015
W40	AR	Gianna Mogentale NSW, Julie Brims QLD, Jaqualine Bezuidenhout NSW, Kylie Strong NSW						48.01s	Lahti	2009
	<b>WR</b>	<b>Gianna Mogentale NSW, Julie Brims QLD, Jaqualine Bezuidenhout NSW, Kylie Strong NSW</b>					<b>AUS</b>	<b>48.01s</b>	<b>Lahti</b>	<b>2009</b>
W45	AR	Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW						48.92s	Brisbane	2011
	<b>WR</b>	<b>Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW</b>					<b>AUS</b>	<b>48.92s</b>	<b>Brisbane</b>	<b>2011</b>
W50	AR	Stephanie Noon SA, Julie Brims QLD, Jackie Bezuidenhout NSW, Mandy Mason WA						51.89s	Malaga	2018
	WR	Powell, Horder, McClelland, Godsell					GBR	51.50s		2008
W55	AR	Sharee Maksimovic TAS, Julie Brims QLD, Steph Noon SA, Julie Forster NSW						<b>53.19s</b>	<b>SAF Nathan</b>	<b>2022</b>
	WR	Triolo, Allen, Shook, Upshaw					USA	54.05s	Malaga	2018
W60	AR	Lynne Choate 63 WA, Margaret Tweedie 62 VIC, Leanne Monk 60, Marlene Reid 61						58.55s	Perth	2016
	WR	Drecoll, Reichert, Hoffman, Hoffman					GER	55.77s	Jyvaskyla	2000
W65	AR	Wilma Perkins 67 QLD, Lyn Peake 67 SA, Carol Davis 65 QLD, Marlene Norton-Baker 65 SA						60.60s	Darwin	2017
	WR	Zorner, Buchholz, Reismann, Meier					GER	60.31s	Lyon	2015
W70	AR	Brenda Painter 71, Marge Allison 72 QLD, Anne Lang 73 SA, Peggy MacIver 72 WA						69.00s	Perth	2016
	WR	Foerster, Zoerner, Stump, Meier					GER	64.28s	Arhus	2017
W75	AR	Ruth Johnson 75, Miriam Cudmore 78 SA, Jo Klemke 79 ACT, Francis Harris 75 ACT						77.32s	Perth	2016
	WR	Obera, Jordon, Donley, Meiler					USA	70.19s	Sacramento	2011
W80	AR	Anne Young 82, Cory Collins 81, Jo Klemke 80, Consie Larmour 82					ACT	1m 39.63s	AIS ACT	2018
	WR	Donley, Meiler, Chou, Obera					USA	1m 21.06s	Lyon	2015
W85	WR	Styles, Petersen, Valien, Stewart					USA	1m 50.31s	BEREA	2013
		<b>4X200m RELAYS MEN</b>								
M30	AR	Matthew Learoyd 37, Graham Scully 45, Patrick McCarthey 35, Scott Tuohy 33					QLD	1m 35.7s	Brisbane	2019
M35	AR	Robin Mhrshahi, Travis Venema, Graham Scully, Brett MacKenzie					QLD	1m 37.48s	Brisbane	2015
M40	AR	Ken Gordon, Kevin Matthews, Leo Kennedy, Michael Rutter					ACT	1m 37.22s	AIS	2005
M45	AR	Mark Harper 45, Brett Maurer 45, Mark Giglio 48, Kristian Lakusa 49					VIC	1m 39.86s	Albert Park	2021
M50	AR	Andrew Wilcox 52, Stewart Dobrzynski 51, Robert Mayston 64, Grant Murfett 52					VIC	1m 41.89s	Aberfeldie	2021
M55	AR	Barry Pomeroy, Mike Hall, Ross Kent, Graeme Noden					VIC	1m 44.7s	Frankston	1997
M60	AR	John Lamb, John Payne, Garry Maher, Geoff Sims					ACT	1m 55.73s	AIS	2011
M65	AR	Ken Bruce 65, David McConnell 65, Graham Ford 68, Phil Rosevear 68					VIC	2m 00.52s	Doncaster	2017
M70	AR	John Reid, Ron Aust, Mike Johnson, Jim Thompson					VIC	2m 03.5s	Murrumbena?	1990?

M75	AR	Jack Perry, John Burns, Rad Leovic, Michael Freer					ACT	2m 46.4s	AIS	2005
M80	AR	Gerry Heilmann 83, Michael Johnston 85, Jim Sinclair 82, Jimmy Thompson 80					VIC	2m 33.9s	Murrumbeena	2007
		<b>4X200m RELAYS WOMEN</b>								
W30	AR	Kim Cocksedge 34, Lisa Crouch 47, Joanne Daly 49, Julie Brims 45					QLD	1m 56.13s	Brisbane	2011
W35	AR	Joanna Davis 44, Maria Cimino 49, Renee Briffa 46, Erin Smart 38					NSW	1m 57.23s	Campbelltown	2021
W40	AR	Amanda Emmett 44, Christie Faulks 46, Sonya Pollard 40, Margaret Tweedie 52					VIC	1m 51.0s	Murrumbeena	2007
W45	AR	Petrina Brown 46, Karen Bradley 45, Karen Lakin 54, Julie Brims 48					QLD	1m 57.51s	Brisbane	2014
W50	AR	Tamara Paterson 51, Julia Nicholas 56, Karen Lakin 54, Julie Brims 52					QLD	2m 06.82s	Brisbane	2018
W55	AR	Jill Brown, Kathy Sims, Maureen Rossiter, Margaret Taylor					ACT	2m 16.4s	AIS	2006
W60	AR	Susan Archer, Jill Brown, Margaret McSpadden, Margaret Taylor					ACT	2m 36.14s	AIS	2010
W65	AR	Maureen Rossiter, Jill Brown, Margaret Taylor, Jeanette Rayner					ACT	2m 40.76s	Woden	2016
W70	AR	Cory Collins 84, Jill Brown 71, Maureen Rossiter 70, Margaret Taylor 72					ACT	2m 50.19s	Woden	2021
W75	AR	Cory Collins, Gwen Gleeson, Consie Larmour, Anne Young					ACT	3m 12.19s	AIS	2012
		<b>4X400m RELAYS MEN</b>								
M30	AR	Mark Rossiter ACT 38, Adam Farlow ACT 34, Jay Stone NSW 37, Jonathon Stefaniak ACT 36						3m 27.37s	Auckland	2017
M35	AR	William Little 35, Kulan Ranasinghe 38, Simon Jackson 37, Leigh Phelan 41					VIC	3m 28.00s	Aberfeldie	2017
	WR	Baird, Brown, Collins, Beardsell					GBR	3m 17.82s	Lyon	2015
M40	AR	Ricky Dunbar VIC, Barrie Milligan VIC, N.C.Orange, Reg Austin NSW						3m 26.86s	Christchurch	1981
	WR	Allah, Morning, Gonera, Blackwell					USA	3m 20.83s	Philadelphia	2001
M45	AR	Mark Giglio Vic, Nathan Crowley Vic, Shane Ezard Vic, Andrew Wilcox Vic						3m 30.42s	Malaga	2018
	WR	Vickers, Gomez, Bridges, Woodard					USA	3m 22.79s	Philadelphia	2017
M50	AR	Rob Italia Vic, Craig Sanford Vic, Paul Hughes Vic, Gary Parkinson Qld						3m 37.78s	Malaga	2018
	WR	Sullivan, Moody, Gatling, Blackwell					USA	3m 31.76s	Sacramento	2011
M55	AR	John Cooper QLD, Mike Stevenson TAS, Richard Trembath VIC, Fred Turner NSW						3m 48.87s	Durban	1997
	WR	Allie, Haywood, Collins, Grant					USA	3m 40.62s	Philadelphia	2010
M60	AR	Rob Mayston Vic, Andrew Watts Vic, Campbell Till WA, Trevor Young NSW						3m 57.37s	Malaga	2018
	WR	Collins, Grant, Haywood, Allie					USA	3m 51.33s	Philadelphia	2013
M65	AR	Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW						4m 02.62s	Adelaide	2009
	WR	Ortan, Allie, Jones, Haywood					USA	4m 01.03s	Alexandria USA	2019
M70	AR	Hugh Coogan 75 QLD, Barrie Kernaghan 71 WA, Michael Stevenson 70 TAS, David Carr 79 WA						4m 29.57s	Sacramento	2011
	WR	Scheidt, Nehren, Klaus, Muller					GER	4m 17.47s	Lahti	2009
M75	AR	Michael O'Reilly 77, Pio Bunin 77, Michael Stevenson 77 Tas, Barrie Kernaghan 76 WA						5m 12.41s	Perth	2016
	WR	Jakob, Klaus, Knorr, Muller					GER	4m 47.85s	Lyon	2015
M80	AR	David Carr 80 WA, George Harrod 83 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW						5m 32.29s	Southport	2012
	WR	<b>David Carr 80 WA, George Harrod 83 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW</b>					<b>AUS</b>	<b>5m 32.29s</b>	<b>Southport</b>	<b>2012</b>
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC						10m 32.60s	Brisbane	2001
	WR	Bscheid, Mueller, Zosel, Ingenrith					GER	7m 23.31s	Venice ITA	2019
M90	WR	Ross, Rogers, Englert, Boyle					USA	12m 41.69s	Salem	2014
		<b>4X400m RELAYS WOMEN</b>								
W30	AR	Marcia Lucas 38, Kimberley Geelan 30, Michelle Cockerell 35, Nicole Perry 31					TAS	4m 10.75s	Hobart	2018
W35	AR	Jennifer Clancy NSW, Jennifer Baldwin VIC, Gianna Mogentale NSW, Cherie Smee QLD						4m 02.04s	Brisbane	2001
	WR	Mitchell, Mathews, Beadhall, Gabriel					GER	3m 50.80s	Gateshead	1999
W40	AR	Bronwen Loizou VIC, Marie Kay NSW, Leanne Smith QLD, Glynis Cearns QLD						3m 57.28s	Brisbane	2001
	WR	Roberts, Henderson, Brooker, Miles-Clark					USA	3m 56.27s	Philadelphia	2008
W45	AR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld						4m 01.22s	Brisbane	2011
	WR	<b>Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld</b>						<b>4m 01.22s</b>	<b>Brisbane</b>	<b>2011</b>
W50	AR	Jackie Bezuidenhout NSW, Mandy Mason WA, Stephanie Noon SA, Julie Brims Qld						4m 20.07s	Malaga	2018
	WR	Mahady, Horder, Saunders-Mullins, Powell					GBR	4m 10.80s	Lahti	2009
W55	AR	Sue Bourke 56, Victoria Gunn 55, Gabrielle Whelan 55, Michele Hossack 56 VIC						4m 37.85s	Perth	2016
	WR	McDonald, Valle, Rohl, Brockner					USA	4m 23.52s	Ames, USA	2021
W60	AR	Evelyn Peake 61 SA, Kathryn Heagney 60 VIC, Wilma Perkins 61 QLD, Kathryn Sims 60 ACT						4m 55.53s	Sacramento	2011



	WR	West, Godsell, Horder, Powell						USA	4m 41.85s	Malaga	2018
W65	AR	Carol Davis 66 QLD, Barbara Blurton 67 WA, Jeanette Flynn 65 QLD, Lyn Peake 67 SA							4m 52.76s	Darwin	2017
	WR	<b>Carol Davis 66 QLD, Barbara Blurton 67 WA, Jeanette Flynn 65 QLD, Lyn Peake 67 SA</b>						<b>AUS</b>	<b>4m 52.76s</b>	<b>Perth</b>	<b>2016</b>
W70	AR	Peggy Macliver 71 WA, Jean Hampson 70 QLD, Anne Lang 72 SA, Marge Allison 70 QLD							5m 32.95s	Lyon France	2015
	WR	<b>Peggy Macliver 71 WA, Jean Hampson 70 QLD, Anne Lang 72 SA, Marge Allison 70 QLD</b>						<b>AUS</b>	<b>5m 32.95s</b>	<b>Lyon France</b>	<b>2015</b>
W75	AR	Ruth Johnson 75, Cory Collins 80 ACT, Jo Klemke 79, Carol Melling 75							7m 11.20s	Perth	2016
	WR	Robinson, Worsley, Michelsohn, Green						USA	6m 53.27s	Toronto	2019
W80	AR	Anne Young 82, Consie Larmour 82, Jo Klemke 80, Cory Collins 81						ACT	9m 54.40s	Woden	2018
	WR	Green, Daprano, Langenwalter, Hurrell						USA	7m 59.18s	Malaga	2018
		<b>4X800m RELAYS MEN</b>									
M30	AR	Gary Parkinson 41, David Hill 38, Bruce Hill 38, Brendan Whelan 34						QLD	8m 30.74s	SAF Brisbane	2008
M35	AR	Matt Cooper 36, Clay Dawson 36, Peter Bracken 37, Daniel Mellish 39						QLD	8m 41.58s	SAF Brisbane	2017
	WR	Perez, Sotomayor, Pous, Gil						ESP	7m 51.47s	Madrid	2016
M40	AR	Shane Mathewson 40, Wayne Adams 48, Andrew Willey 45, Daniel Mellish 43						QLD	8m 42.23s	SAF Nathan	2022
	WR	Hinto, Hope, Paulk, Young						USA	7m 54.17s	Eugene	2004
M45	AR	<b>Daniel Hopkins 48, Mark Hipworth 61, Nathan Crowley 48, Craig sanford 53</b>						<b>VIC</b>	<b>8m 36.35s</b>	<b>Box Hill</b>	<b>2022</b>
	WR	Nowak, Czerwonski, Piotrowski, Sekieta						POL	8m 47.91s	Todz	2021
M50	AR	Andrew Egginton 50 Vic, Scott Lawrence 50 Vic, Peter Hawes 55 Qld, John Jago 50 Tas						<b>AUS</b>	8m 39.01s	Melbourne	2011
	WR	Duren, Johansson, Olsson, Björkman						SWE	8m 25.79s	Upplands	2016
M55	AR	<b>Darryn Bryant 55, Mark Lepper 60, Joseph Phelan 55, Peter Link 55</b>						<b>QLD</b>	<b>9m 27.72s</b>	<b>SAF Nathan</b>	<b>2022</b>
	WR	Monistere, Bass, Royal, Ingram						USA	10m 46.10s	Marble Falls	2021
M60	AR	Noel Wright 62, Steve Napper 62, Don Mathewson 64, Les Gillies 62						NSW	10m 09.32s	Illawong	2009
	WR	Schmanski, Grant, Chantry, Haywood						USA	9m 30.92s	Jacksonville	2015
M65	AR	Robert Gunningham 68, Mark McLean 65, Peter Reeves 68, Ian Cameron 67						QLD	10m 44.06s	SAF Nathan	2022
	WR	Entenza, Cepeda, Gonzalez, Rodriguez						ESP	10m 41.58s	Ourense	2022
M70	AR	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling						VIC	11m 44.1s		
	WR	Wigger, Cash, Talib, Patton						USA	10m 51.08s	Witchita	2018
M75	AR	<b>Robbie Costmeyer 75 ACT, Steve Dixon 75 QLD, Dieter Lacko 75 QLD, Don Mathewson 77 NSW</b>							<b>13m 22.67s</b>	<b>SAF Nathan</b>	<b>2022</b>
	WR										
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80						WA	16m 01.8s	Perth	2010
	WR	Eberman, Muller, Gault, Beecker						GER	14m 01.14s	Essen	2013
M90	WR	Ross, Rogers, Englert, Boyle						USA	28m 17.10s	Salem	2014
		<b>4X800m RELAYS WOMEN</b>									
W30	AR	Petrina Brown 40, Anne Venema 30, Glenda Banaghan 44, Jeanette Flynn 57						QLD	10m 21.11s	SAF Brisbane	2008
W35	AR	Petrina Brown 45, Katie Menzies 35, Lee-Anne Grosvenor 42, Jeanette Flynn 62						QLD	10m 10.71s	SAF Brisbane	2014
	WR	Rizzo, Metz, Reifer, McGrath						USA	9m 25.27s	New York	2011
W40	AR	Lisa Harrison 43, Karen Herrmann 41, Jane Boyd 46, Nancy Newsome 44						NSW	10m 04.48s	Illawong	2010
	WR	Boyl, Babcock, Cummins, MacMillan						CAN	9m 16.91s	Vancouver	2016
W45	AR	<b>Anna Smee 49 TAS, Kriszta Kovacs 48 NSW, Clare Durrant 45 QLD, Charlotte Middle</b>							<b>10m 08.92s</b>	<b>SAF Nathan</b>	<b>2022</b>
	WR	<b>Simone Quin 46, Julia Smith 46, Susan Michelsson 48, Kate Seibold 45</b>						<b>AUS</b>	<b>10m 30.32s</b>	<b>Box Hill</b>	<b>2021</b>
W50	AR	Robyn Basman 51, Erika Bunker 53, Deborah Drennan 51, Robyn Sutter 50						NSW	11m 08.12s	Illawong	2010
	WR	Olen, Arlin, Ballou, Valle						USA	10m 14.64s	Ames	2019
W55	AR	Fay McNeill Qld, Jeanette Flynn Qld, Betty Menzies Qld, Kathy Heagney Vic						AUS	10m 31.0s	Brisbane	2007
	WR	Jasper, Hayden, Rath, Rohl						USA	10m 37.07s	Vienna, USA	2021
W60	AR	Kathy Heagney 62, Kathy Sims 61, Paula Moorhouse 64, Jeanette Flynn 61							11m 22.59s	Canberra	2013
	WR	Harvey, Richards, Stenbach, Martin						USA	11m 06.22s	Salem	2014
W65	AR	Marge Allison 66, Lesley Le Vaillant 67, Jean Hampson 65, Betty Menzies 66						AUS	12m 56.64s	SAF Brisbane	2010
	WR										
W70	AR	Jill Brown, Carol Baird, Caroline Campbell, Susan Archer						ACT	16m 01.63s	AIS, ACT	2020
	WR	Lammet, Stauber, Reintraut, Ritter						GER	14m 45.88s	Essen	2013
W75	AR	Cory Collins 76, Terri Jones 75, Jo Klemke 75, Consie Larmour 77						AUS	19m 43.26s	Bruce	2013

