

Around the Grounds

Venue Results for April 2022



Aberfeldie, Casey Fields, Coburg, Doncaster,
East Burwood, Frankston & Peninsula, Geelong,
Glen Eira, Knox, Springvale/Noble Park

ABERFELDIE April 6th 2022

100m	Age	Time	Age-grade
Ruby Beveridge	20	19.5	54.4%
Ian Newey	62	15.5	76.4%
1 Mile	Age	Time	Age-grade
Bill Ristevski	57	11:20	39.7%
Andrea Draper	45	11:20	41.3%
Ian Newey	62	07:12	65.2%
Michael Orelli	78	11:20	50.9%
300m	Age	Time	Age-grade
Ian Newey	62	57.5	65.2%
Bill Ristevski	57	95.0	38.2%
5000m	Age	Time	Age-grade
John Papworth	53	32:50	45.0%
Bill Ristevski	57	31:12	49.0%
Ian Newey	62	25:45	62.0%
3000m	Age	Time	Age-grade
Andrea Draper	45	19:41	46.8%
Marlon Cummings	44	12:00	66.6%
Trevor Hawksworth	75	17:54	60.2%
Ruby Beveridge	20	17:37	47.5%
Cheryl Beveridge	57	21:04	51.1%
Michael Orelli	78	21:04	54.2%
John Dean	77	21:40	51.6%
Shane Draper	48	11:49	69.8%

ABERFELDIE April 13th 2022

100 Yards	Age	Time	
Ruby Beveridge	20	17.6	
Ian Newey	62	14.6	
1 Mile	Age	Time	Age-grade
Stephen Barker	78	11:21	50.9%
Ian Newey	62	07:13	65.1%
David Jones	71	07:36	67.5%
John Papworth	53	07:13	60.2%
440 Yards	Age	Time	
Ian Newey	62	83.3	
John Papworth	53	81.2	
2 Miles	Age	Time	Age-grade
Stephen Barker	78	24:03	51.2%
Trevor Hawksworth	75	19:01	61.1%
Cheryl Beveridge	57	21:10	54.8%
Ruby Beveridge	20	18:49	48.0%
Ian Newey	62	16:13	61.7%
John Dean	77	23:58	50.3%
David Jones	71	17:40	61.9%
John Papworth	53	18:35	49.9%

ABERFELDIE April 20th 2022

400m	Age	Time	Age-grade
John Papworth	53	86.0	58.7%
Ian Newey	62	82.1	65.2%
Maggie Armstrong	60	97.4	65.5%

ABERFELDIE April 20th 2022

100m	Age	Time	Age-grade
Michael Orelli	78	32.7	42.1%
Ian Newey	62	15.9	74.5%
Graham Eadie	70	17.8	69.8%
Matthew Goodger	44	17.9	58.9%
800m	Age	Time	Age-grade
Michael Orelli	78	05:12	50.5%
Stephen Barker	78	03:12	35.7%
John Papworth	53	03:48	52.3%
Ian Newey	62	03:18	64.7%
Matthew Goodger	44	03:58	46.3%
5000m	Nom	Time	Age-grade
John Papworth	53	25:00	59.1%
Bill Ristevski	57	29:56	51.1%
Ian Newey	62	30:12	52.9%
3000m	Age	Time	Age-grade
Trevor Hawksworth	75	17:37	61.1%
John Dean	77	21:49	51.2%
Michael Orelli	78	20:17	56.3%
Graham Eadie	70	16:57	59.1%

ABERFELDIE April 27th 2022

100m	Age	Time	
Ruby Beveridge	20	16.1	
Cheryl Beveridge	57	13.3	
Michael Orelli	78	23.1	
Ian Newey	62	12.7	
1200m	Age	Time	
John Papworth	53	05:12	
Marlon Cummings	44	04:46	
Michael Orelli	78	07:51	
Ian Newey	62	05:13	
Maggie Armstrong	60	06:05	
Bill Ristevski	57	06:58	
60s Nom Own Dist	Age	Result	
John Papworth	53		
Ian Newey	62		
Maggie Armstrong	60		
Bill Ristevski	57		
Michael Orelli	78		
Tony Bradford	82	Winner!	
4000m	Nom	Time	Age-grade
John Papworth	53	19:57	58.5%
Ruby Beveridge	20	23:58	47.5%
Cheryl Beveridge	57	26:53	54.2%
Ian Newey	62	20:53	60.4%
Trevor Hawksworth	75	23:48	61.5%
Shane Draper	48	15:58	70.2%
Bill Ristevski	57	24:25	49.5%
3000m	Age	Time	Age-grade
John Dean	77	22:22	50.0%

CASEY MASTERS April 4th 2022

Event		110m		
Name	Age	Run/Walk	Time	
Narinder Singh	38	Run	14.41	
Ranjit Aulaky	35	Run	14.87	
Dalwinder	35	Run	15.36	
Sukhdeep	35	Run	17.91	
Mike Hall	83	Run	19.8	

Event		400m		
Name	Age	Run/Walk	Time	
Narinder Singh	38	Run	1.06	
Hsien Chiam	50	Run	1.38	

Event		1000m		
Name	Age	Run/Walk	Time	
Gary Meyer	67	Run	4.41	
Frances Halton	60	Run	6.33	
Hsien Chiam	50	Run	7.22	
Ariene D'Monte	63	Walk	8.22	

CASEY MASTERS April 11th 2022

Event		80m		
Name	Age	Run/Walk	Time	
Pramesh Prasad	47	Walk	19.64	
Ky Cherie	50	Walk	20.64	
Hsien Chiam	50	Walk	20.61	
Narinder Singh	38	Run	10.65	
Mike Hall	83	Run	14.05	
Guryinde	38	Run	11.84	
Ariene D'Monte	63	Run	25.22	

Event		150m		
Name	Age	Run/Walk	Time	
Narinder Singh	38	Run	20.32	
Guryinde	38	Run	25.27	
Mike Hall	83	Run	27.66	

Event		800m		
Name	Age	Run/Walk	Time	
Pramesh Prasad	47	Run	3.11	
Harry	31	Run	3.27	
Gary Meyer	67	Run	4.23	
Hsien Chiam	50	Walk	5.45	
Ariene D'Monte	63	Walk	6.33	
Linesay Bearton	71	Walk	7.57	

Event		2400m		
Name	Age	Run/Walk	Time	
Pramesh Prasad	47	Run	10.41	
Harry	31	Run	13.06	
Frances Halton	60	Run	15.35	

CASEY MASTERS April 18th 2022

Event		100m		
Name	Age	Run/Walk	Time	
Rob Italia	56	Run	15.93	
Paul Olsson	65	Run	17.32	
Mike Hall	83	Run	18.6	

Event		200m		
Name	Age	Run/Walk	Time	
Pramesh Prasad	47	Run	35.41	
Rob Italia	56	Run	35.8	
Paul Olsson	65	Run	36.36	

Event		600m		
Name	Age	Run/Walk	Time	
Pramesh Prasad	47	Run	20.3.24	
Rob Italia	56	Run	2.12.46	
Hsien Chiam	50	Run	2.48.53	
Gary Meyer	67	Run	3.08.57	
Linesay Bearton	71	Walk	5.58.93	

Event		7/5 Laps Spiral		
Name	Age	Run/Walk	Time	
Albin Hess	62	Walk	14.49	
Peter Thorne	73	Run	16.57	

CASEY MASTERS April 18th 2022

Event		150m		
Name	Age	Run/Walk	Time	
Paul Olsson	65	Run	25.32	
Mike Hall	83	Run	27.08	

Event		1600m		
Name	Age	Run/Walk	Time	
Albin Hess	62	Run	7.55	
Gary Meyer	67	Run	8.1	
Peter Thorne	73	Run	8.57	

Event		3000m		
Name	Age	Run/Walk	Time	
Albin Hess	62	Run	14.49	
Peter Thorne	73	Run	16.57	

COBURG April 7th 2022**110m**

Patrick GAME	15	14.43
Frank BRADLEY	66	28.89
Ken CARTER	69	1.04.7

1500m Teams Championship

Fraser MURRAY	50	5.34
Andrew CLOSE	32	6.29
Michael MEANEY	66	6.55
Fiona ELY	52	7.24
Brian DELANEY	68	7.36
Maria BARBETTI	56	7.41
Gary O'DWYER	63	8.13
Donna-Marie ELMS	60	8.15
Len HALLETT	72	8.30
Frank BRADLEY	66	10.39
Rob DAVEY	82	12.33
Bruce GIBBS	73	13.07
Ken CARTER	69	16.58

300m

Patrick GAME	15	42.14
Donna-Marie ELMS	60	1.38.0
Rob DAVEY	82	2.08.0
Ken CARTER	69	3.38.0

2km

Gary O'DWYER	63	10.56
Fiona ELY	52	10.57
Ken CARTER	69	24.42

4km

Fraser MURRAY	50	20.29
Michael MEANEY	66	20.49
Maria BARBETTI	56	24.43

COBURG April 14th 2022**90m**

Fiona ELY	52	18.17
Frank BRADLEY	66	24.97
Rob LEWIS	74	26.79
Ken CARTER	69	57.13

1000m

Fraser MURRAY	50	4.50
Maria BARBETTI	56	4.59
Donna-Marie ELMS	61	7.11
Len HALLETT	72	7.12
Ken CARTER	69	11.09

2.4km

Michael MEANEY	66	11.52
Maria BARBETTI	56	12.52
Len HALLETT	72	14.32
Fiona ELY	52	14.32
Ken CARTER	69	29.28

400m Teams Championship**Heat: 1**

Frank BRADLEY	66	1.53.3
Bruce GIBBS	73	2.09.6
Rob LEWIS	74	2.22.1
Rob DAVEY	82	2.44.7
Matt HALLETT	32	2.55.0
Ken CARTER	69	4.31.0

Heat: 2

Fraser MURRAY	50	1.09.7
Andrew CLOSE	32	1.12.7
Michael MEANEY	66	1.26.3
Fiona ELY	52	1.30.7
Tracy COLBERT	52	1.39.5
Len HALLETT	72	1.45.9
Donna-Marie ELMS	61	1.47.7

4km

Fraser MURRAY	50	21.02
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COBURG April 21st 2022**.110m - 21/04/2022**

Frank BRADLEY	66	30.03
Michael MEANEY	66	30.28
Ken CARTER	69	1.01.5

1200m Walk

Maria BARBETTI	56	10.56
Donna-Marie ELMS	61	12.16
Fiona ELY	52	12.17

1600m

Fraser MURRAY	50	7.50
Gary O'DWYER	63	8.50
Ken CARTER	69	16.25

200m

Bruce GIBBS	73	48.74
Ken CARTER	69	2.06.0

4km Teams Championship

Fraser MURRAY	50	17.56
Michael MEANEY	66	19.28
Andrew CLOSE	33	19.54
Brian DELANEY	68	21.25
Gary O'DWYER	63	21.43
Maria BARBETTI	56	22.20
Fiona ELY	52	23.12
Donna-Marie ELMS	61	23.49
Len HALLETT	72	25.11
Frank BRADLEY	66	30.49
Rob LEWIS	74	32.55
Rob DAVEY	82	34.19
Ken CARTER	69	44.27

COBURG April 28th 2022**100m****Heat: 1**

Andrew CLOSE	33	15.33
David COGAN	61	23.10
Michael MEANEY	66	26.09
Ken CARTER	69	58.52

Heat: 2

Andrew CLOSE	33	15.98
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800m Walk

Yoldanda SHAW	69	5.38
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1500m

Fraser MURRAY	50	7.06
Maria BARBETTI	56	8.02
Fiona ELY	52	8.03
Gary O'DWYER	63	8.18
David COGAN	61	9.04
Len HALLETT	72	10.32
Tracy COLBERT	52	11.36
Rob DAVEY	82	13.52
Ken CARTER	69	17.14

150m

Bruce GIBBS	73	32.12
David COGAN	61	35.97
Yoldanda SHAW	69	47.40
Ken CARTER	69	1.39.0

3km

Fraser MURRAY	50	11.54
Maria BARBETTI	56	18.35
Fiona ELY	52	18.49
Len HALLETT	72	18.49
Ken CARTER	69	35.51

5km

Gary O'DWYER	63	27.52
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DONCASTER April 4th 2022**800 metres**

Matt Scholes	(52)	02:46.9
Bernie McLoughlan	(69)	03:26.5
Katrina Philip	(60)	03:50.0
John Aughey	(84)	02:08.8 (400m)

100 metres (ET) (Actual) (Estimate)

Matt Scholes	(52)	15.38	15.0	0.38
Jeffrey Sim (winner)	()	16.86	16.5	0.36
Bernie McLoughlan	(69)	18.42	17.0	1.42
Carolyn Aughey	(79)	24.41	24	0.41

600 metres (NOST)

Katrina Philip	{Scratch	02:55.0	02:55.0	(DQ)
Bernie McLoughlan	(-0.30)	02:59.0	02:59.0	(Winner)
Matt Scholes	(-1.15)	03:05.6	03:05.6	

200 metres

Matt Scholes	(52)	33.2
Jeffrey Sim	(59)	34.6
Carolyn Aughey	(79)	54.8

1/3/5 km

Matt Scholes	(52)	04:17.1	(1 km)	
Katrina Philip	(60)	16:55.9	(3 km)	record
Kath Gawthorn	(47)	17:10.8	(3 km)	
Bernie McLoughlan	(69)	19:04.3	(4 km)	record
Rob Sutton	(60)	23:21.0	(5 km)	

DONCASTER April 11th 2022**Doncaster 1000 metres (handicap)**

Frank Prowse	{Scratch	06:50.2	06:50.2	(DQ)
Kath Gawthorn	(-1.45)	06:50.3	06:50.3	(DQ)
Jason Merrett	(-3.10)	06:52.2	06:52.2	(DQ)
Michael McLaughlin	(-2.40)	07:01.7	07:01.7	
Bernie McLoughlan	(-2.40)	07:06.1	07:06.1	

60 metres (ET)

Jason Merrett	(49)	9.98
Graham Ford	(73)	10.16
Jeffrey Sim	(59)	10.72
Bernie McLoughlan	(69)	10.98
Barry Dorr	(83)	13.28

100 metres

Jason Merrett	(49)	16.21
Jeffrey Sim	(59)	16.72
David McConnell	(69)	17.38
Barry Dorr	(83)	21.36

300 metres (ET)

		Actual	Estimated	Diff
David McConnell	(69)	54.4	53.0	1.4
Michael McLaughlin	(53)	56.4		
Graham Ford	(73)	59.9	59.0	0.9
Jeffrey Sim (winner)	59	60.3	60.0	0.3

DONCASTER April 11th 2022 (cont)**3000 metres**

Frank Prowse	(70)	11:28.0 (1600 walk)
Jason Merrett	(49)	13:01.3
Bernie McLoughlan	(69)	13:51.0

DONCASTER April 25th 2022**Long Jump****Age**

Bernie McLoughlan	(69)	3.51
Graham Ford	(73)	3.20
David McConnell	(69)	2.94
David Armstrong	(66)	2.81
Carla Sutton	(45)	2.00

100 metres

Carla Sutton	(45)	20.18
Graham Ford	(73)	20.26

Javelin Throw

Bernie McLoughlan	(69)	18.19
David McConnell	(69)	18.43
David Armstrong	(66)	12.47

200 metres

David McConnell	(69)	34.70
Graham Ford	(73)	34.78
Bernie McLoughlan	(69)	35.46
David Armstrong	(66)	42.02

Discus

David McConnell	(69)	23.27
Bernie McLoughlan	(69)	21.76
Graham Ford	(73)	18.79
David Armstrong	(66)	18.36

1500 metres

Bernie McLoughlan	(69)	06:28.3
Rob Sutton	(60)	06:39.0
David McConnell	(69)	07:08.1
David Armstrong	(66)	07:57.1
Katrina Philip	(60)	07:33.4
Kath Gawthorn	(47)	07:38.7

Results of the pentathlon:

1st Bernie McLoughlan (69) 2052

Long 3.51 (447) Jav 18.19 (277) 200 35.46 (350) Disc 21.76 (373) 1500 6:28.3 (605)

2nd David McConnell (69) 1801

Long 2.94 (283) Jav 18.43 (282) 200 34.70 (391) Disc 23.27 (407) 1500 7:08.1 (438)

3rd Graham Ford (73) 1262

Long 3.20 (435) Javelin (0) 200 34.78 (479) Discus 18.79 (348) 1500 (0)

4th David Armstrong (66) 1051

Long 2.81 (249) Javelin 12.37 (154) 200 42.02 (83) Discus 18.36 (298) 1500 7:57.0 (267)

EAST BURWOOD April 7th 2022**60 METRE SPRINT**Heat 1:

Ann HOLCOMBE	74	12.1
Don McLEAN	87	13.6
Shirley COPPOCK	86	14.9
Brian HOLCOMBE	76	15.7
Horacio DIAZ	77	18.2
Lloyd NICHOLS	80	19.9

Heat 2:

Bernie McLOUGHLAN	69	10.2
Donna CLARKE	68	10.6
Allan WOOD	84	12.7
Andrew FRASER	80	17.7

Heat 3:

Zac MATTERS	15	8.7
Chris JOSEPH	54	9.0
Paul DURRANT	60	9.3
Peter WILLMOTT	55	9.5

400 METRES RUN N.O.T.ClockNom.

Zac MATTERS	15	1.06	1.05
Perry BIRKETT	59	1.11	1.15
Peter WILLMOTT	55	1.20	—
Michael COLLINS	56	1.24	1.25
Bernie McLOUGHLAN **	69	1.25	1.25
Allan WOOD	84	2.21	1.50
Andrew FRASER	80	2.50	1.40

winner

600 METRE WALK N.O.T.ClockNom.

Zac MATTERS	15	2.51	3.00
Janet HOLMES	68	3.33	3.48
Paul MORITZ	63	3.58	3.52
Leonie GILLIES	64	4.20	4.30
Leo WATSON **	80	4.22	4.24
Kathy LUO	44	4.24	5.00
Mark HARRIS	53	4.28	—
Peter WILLMOTT	55	4.37	—
Phyllis GOSBELL	83	5.01	5.20
Julie PIAO	49	5.05	—
Brian TAIT	80	5.23	5.55
Allan WOOD	84	5.36	5.10
Gerald BURKE	82	5.46	5.30
Peter BATTRICK	78	6.17	5.50
Donna CLARKE	68	6.24	—
Jack FREDRICKSON	83	6.48	5.45

winner

2 OR 4 KM RUN/WALK2 km:

Leonie GILLIES	64	12.34	run
Paul MORITZ	63	14.25	walk

4 km:

Geoff WHEELER	65	20.47
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EAST BURWOOD April 7th 2022 (cont)

Chris JOSEPH	54	11.3
Paul DURRANT	60	11.9
Donna CLARKE	68	13.7
Ann HOLCOMBE	74	15.7
Andrew FRASER	80	17.5
Shirley COPPOCK	86	19.2
Brian HOLCOMBE	76	19.2
Allan WOOD	84	19.8
Lloyd NICHOLS	80	51.4

100 METRE SPRINT**Heat 1:**

Ann HOLCOMBE	74	20.4
Leo WATSON	80	23.2
Brian HOLCOMBE	76	26.8
Lloyd NICHOLS	80	

Heat 2:

Chris JOSEPH	54	14.8
Donna CLARKE	68	17.8
Andrew FRASER	80	21.0
Allan WOOD	84	21.6
Shirley COPPOCK	86	26.0

6 KM HANDICAP RUN

		<u>Clock</u>	<u>Actual</u>
Kathy LUO	44	33.19	32.19
Julie PIAO	49	33.32	32.32
Stephen DAY	51	36.47	26.37
Bernie McLOUGHLAN	69	37.08	29.48
Michael COLLINS	55	37.44	26.54

DISCUS THROW N.O.D.

		<u>Best</u>	<u>Nom.</u>	
Paul DURRANT **	60	32.04	32.00	winner
Zac MATTERS	15	28.02	23.00	
Mark HARRIS	53	21.72	20.00	
Bernie McLOUGHLAN	69	21.16	21.00	
Peter WILLMOTT	55	17.53	19.50	
Chris ROBINSON	62	16.25	16.00	
Jack FREDRICKSON	83	13.49	13.20	
Donna CLARKE	68	12.38	11.75	

EAST BURWOOD April 14th 2022**60 METRE SPRINT****Heat 1:**

Ann HOLCOMBE	74	11.5
Don McLEAN	88	13.0
Horacio DIAZ	77	
Lloyd NICHOLS	80	

Heat 2:

Bernie McLOUGHLAN	69	
Donna CLARKE	68	No
Allan WOOD	84	
Shirley COPPOCK	86	Times
Brian HOLCOMBE	76	

Heat 3:

Jess DUX	37	8.7
Paul DURRANT	60	9.0
Bill LIOULIAKIS	52	9.2
Dean SCIACCA	55	9.6

1000 METRES SELF HANDICAP RUN

		<u>Clock</u>	<u>Handicap</u>
Dean SCIACCA	55	3.20	3.22
Jason MERRETT	49	4.00	3.56
Bernie McLOUGHLAN	69	4.25	4.25
Kathy LUO	44	5.30	4.25
Michelle QUAN	52	5.20	4.43
Jess DUX	37	5.30	4.56
Bill LIOULIAKIS	52	5.00	4.57

1500 METRE HANDICAP WALK**Series Heat 1**

		<u>Clock</u>	<u>Actual</u>
Kathy LUO	44	12.01	12.01
Brian TAIT	80	15.02	14.12
Leonie GILLIES	64	15.07	11.17
Ann HOLCOMBE	74	15.08	14.18
Donna CLARKE	68	15.08	13.48
Janet HOLMES	68	15.13	9.53
Paul MLORITZ	62	15.18	10.13
Leo WATSON	80	15.39	11.49
Brian HOLCOMBE	76	15.44	15.44
Peter BATTRICK	78	15.46	15.46

100 METRE HANDICAP SPRINT

Bill LIOULIAKIS	52	12.6
Andrew FRASER	80	13.0
Donna CLARKE	68	13.2
Paul DURRANT	60	13.2
Ann HOLCOMBE	74	13.5
Lloyd NICHOLS	80	13.8
Shirley COPPOCK	86	14.1
Bernie McLOUGHLAN	69	14.3
Allan WOOD	84	14.6
Stephen DAY	51	15.1
Jess DUX	37	15.7
Brian HOLCOMBE	76	16.2
Horacio DIAZ	77	—

3 KM RUN - SEASON BEST

Stephen DAY	51	12.26
Jason MERRETT	49	12.27
Michael COLLINS	55	13.02
Bernie McLOUGHLAN	69	13.58
Michelle QUAN	52	14.20
Kathy LUO	44	14.35
Sam DEFANIS	74	15.52
Leonie GILLIES	64	17.56
Bill LIOULIAKIS	52	17.57

EAST BURWOOD April 14th 2022 (cont)**300 METRE SPRINT N.O.T.**

		<u>Clock</u>	<u>Nom</u>	
Paul DURRANT **	60	49.5	49.0	winner
Jess DUX	37	58.9	60.0	
Ann HOLCOMBE	74	66.8	68.0	
Janet HOLMES	68	67.8	71.0	
Allan WOOD	84	97.3	75.0	
Shirley COPPOCK	86	117.3	93.0	
Andrew FRASER	80	131.2	120.0	
Lloyd NICHOLS	80	238.0		

JAVELIN THROW HANDICAP

		<u>Best</u>	<u>Adjusted</u>
Bernie McLOUGHLAN	69	19.38	41.68
Donna CLARKE	68	11.56	39.86
Andrew FRASER	80	12.07	39.77
Jess DUX	37	18.50	39.52
Chris ROBINSON	62	13.96	38.71
Leo COFFEY	92	5.30	38.55
Allan WOOD	84	18.05	38.05
Dean SCIACCA	55	20.76	35.56

EAST BURWOOD April 21st 2022**60 METRE SPRINT**Heat 1:

Ann HOLCOMBE	74	12.3
Shirley COPPOCK	86	14.6
Andrew FRASER	80	16.5
Lloyd NICHOLS	80	41.5

Heat 2:

Bill LIOULIAKIS	52	8.0
Chris JOSEPH	54	9.3
Rob STAGG	55	9.8
Bernie McLOUGHLAN	69	10.3
Donna CLARKE	68	11.0

200 METRE SPRINT

Paul DURRANT	60	30.9
Donna CLARKE	68	37.8
Ann HOLCOMBE	74	41.7
Cec McKEOWN	82	48.7
Andrew FRASER	80	58.0
Shirley COPPOCK	86	60.3
Lloyd NICHOLS	80	159.2

SHOT PUT

Peter WILLMOTT	55	7.97
Bernie McLOUGHLAN	69	7.12
Allan WOOD	85	6.42
Jack FREDRICKSON	83	5.80
Donna CLARKE	68	5.73

400 METRE RUN HANDICAP**BOB LEWIS MEMORIAL HEAT 1**

		<u>Clock</u>	<u>Act.</u>
Bill LIOULIAKIS	52	3.04	1.15
Paul DURRANT	60	3.05	1.13
Dean SCIACCA	55	3.06	1.16
Bernie McLOUGHLAN	69	3.07	1.27
Janet HOLMES	68	3.08	1.39
Stephen DAY	51	3.10	1.21
Rob STAGG	55	3.13	1.23
Cec McKEOWN	82	3.18	1.49
Peter WILLMOTT	55	3.21	1.32
Leo WATSON	80	3.26	2.16
Shirley COPPOCK	86	3.29	3.04
Andrew FRASER	80	3.49	2.49

800 METRE WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>
Janet HOLMES	68	5.00	5.08
Paul MORITZ	62	5.12	5.10
Julie PIAO	49	5.42	8.00
Leonie GILLIES	64	5.50	6.10
Ann HOLCOMBE	74	5.52	6.15
Leo WATSON	80	6.19	5.59
Cec McKEOWN	82	6.24	8.10
Donna CLARKE	68	7.18	
Gerald BURKE **	82	7.50	7.50
Peter BATTRICK	78	8.54	8.30

winner

110 METRE SPRINTHeat 1:

Donna CLARKE	68	19.2
Cec McKEOWN	82	22.3
Ann HOLCOMBE	74	22.6
Shirley COPPOCK	86	27.7
Lloyd NICHOLS	80	78.8

Heat 2:

Bill LIOULIAKIS	52	15.7
Dean SCIACCA	55	16.9
Chris JOSEPH	54	17.4
Rob STAGG	55	17.7
Andrew FRASER	80	34.1

5 KM AGE GRADED RUN

			<u>Age %</u>
Dean SCIACCA	55	20.48	72.28
Michael COLLINS	56	21.17	71.18
Stephen DAY	51	21.23	68.04
Bernie McLOUGHLAN	69	23.24	72.86
Colin PAGE	68	24.56	67.65
Geoff WHEELER	65	25.08	65.25
Julie PIAO	49	26.50	61.49
Sam DEFANIS	74	26.50	67.89

Also:

Leonie GILLIES	64	18.45	3k run
Paul MORITZ	62	21.55	3k walk

EAST BURWOOD April 28th 2022**60 METRE SPRINT****Heat 1:**

Ann HOLCOMBE	74	11.6
Allan WOOD	84	12.9
Shirley COPPOCK	86	14.0
Lloyd NICHOLS	80	40.3

Heat 2:

Bill LIOULIAKIS	52	8.4
Rob STAGG	55	8.7
Peter WILLMOTT	55	8.9
Chris JOSEPH	54	9.0
Bernie McLOUGHLAN	69	10.1
Andrew EGGINTON	60	11.5
Dean SCIACCA	55	12.0

400 METRE RUN HANDICAP**BOB LEWIS MEMORIAL HEAT 2**

		<u>Clock</u>	<u>Act.</u>
Dean SCIACCA	55	2.58	1.08
Bill LIOULIAKIS	52	2.59	1.07
Bernie McLOUGHLAN	69	3.00	1.20
Paul DURRANT	60	3.01	1.09
Michael COLLINS	56	3.02	1.22
Rob STAGG	55	3.03	1.13
Stephen DAY	51	3.05	1.16
Janet HOLMES	68	3.06	1.37
Andrew EGGINTON	60	3.07	1.13
Chris JOSEPH	54	3.08	1.28
Allan WOOD	84	3.13	2.02
Jess DUX	37	3.16	1.24
Leo WATSON	80	3.19	2.09
Shirley COPPOCK	86	3.21	2.56
Andrew FRASER	80	3.55	2.55

2000 METRE RUN

Dean SCIACCA	55	8.08
Andrew EGGINTON	60	8.13
Michael COLLINS	56	8.15
Chris ROBINSON	62	12.28

1500 METRE HANDICAP WALK**Series Heat 2**

		<u>Clock</u>	<u>Actual</u>
Ann HOLCOMBE	74	14.54	13.24
Phyllis GOSBELL	83	15.23	12.13
Janet HOLMES	68	15.35	9.55
Leo WATSON	80	15.55	11.55
Gerald BURKE	82	16.05	14.45
Brian HOLCOMBE	76	16.19	16.19
Peter BATTRICK	78	16.33	16.33

4000 METRE RUN

Stephen DAY	51	16.52
Bernie McLOUGHLAN	69	19.05
Geoff WHEELER	65	20.15
Julie PIAO	49	20.51
Sam DEFANIS	74	22.02

100 METRE SPRINT (Heat 1)

Ann HOLCOMBE	74	18.4
Allan WOOD	84	19.7
Andrew FRASER	80	21.7
Shirley COPPOCK	86	24.2
Lloyd NICHOLS	80	—

Heat 2:

Bill LIOULIAKIS	52	13.2
Paul DURRANT	60	13.7
Chris JOSEPH	54	13.9
Jess DUX	37	14.2
Peter WILLMOTT	55	14.3
Rob STAGG	55	14.7
Andrew EGGINTON	60	15.0

150 METRE SPRINT (Heat 1)

Ann HOLCOMBE	74	33.6
Andrew FRASER	80	36.3
Allan WOOD	84	39.0
Shirley COPPOCK	86	41.4
Lloyd NICHOLS	80	126.8

Heat 2:

Bill LIOULIAKIS	52	20.9
Paul DURRANT	60	21.6
Peter WILLMOTT	55	22.2
Jess DUX	37	22.9
Rob STAGG	55	23.2

DISCUS THROW H/C

		<u>Best</u>	<u>Adjusted</u>
Jess DUX	37	20.49	44.04
Toni MATTERS	53	30.02	41.22
Leo WATSON	80	11.41	40.41
Trevor JUPP	81	16.72	40.37
Allan WOOD	84	13.89	40.24
Bernie McLOUGHLAN	69	19.50	39.65
Andrew FRASER	80	13.30	39.30
Jack FREDRICKSON	83	11.70	38.90
Andrew EGGINTON	60	21.58	

Frankston & Peninsula April 7th 2022			
NAME	AGE	TIME	
100m Sprint			
Rob Taylor	53	15.59	
Andrew Moldrich	38	15.69	
Bill Carr	72	18.86	
Mike Hall	83	18.88	
John Delaney	73	26.08	
200m Sprint			
Rob Taylor	53	32.13	
Andrew Moldrich	38	32.16	
Bill Carr	72	34.63	
John Delaney	73	51.49	
800m Run			
Andrew Moldrich	38	2.50	
Russell Dow	62	3.29	
Rob Taylor	53	3.30	
Bill Carr	72	3.33	
Bronwyn Hanns	58	3.39	
Liz Lowther	70	3.41	
Barry Jeffs	73	3.51	
Gary Meyer	67	3.56	
David Dodson	63	4.08	
John Delaney	73	4.16	
Frances Halton	60	5.02	
2km Walk			
John Sutton	79	17.57	
800m Walk			
Mesh Prashad	47	4.15	
Heather Carr	72	4.35	
Greg Lovejoy	79	4.37	
John Sutton	79	7.03	
Lindsay Beaton	72	5.24	400m
3km Age grade run			
Liz Lowther	70	15.12	86.56%
Greg Lovejoy	79	16.05	72.55%
Barry Jeffs	73	15.14	68.39%
Russell Dow	62	13.42	67.74%
Gary Meyer	67	15.11	63.96%
Rob Taylor	53	13.41	62.78%
Andrew Moldrich	38	13.10	58.07%
Frances Halton	60	19.33	57.46%
Bill Carr	72	18.13	56.43%
2km Age graded run			
Bronwyn Hanns	58	10.35	66.67%
John Delaney	73	12.02	54.98%
David Dodson	63	11.11	53.89%
3km Age grade walk			
Heather Carr	72	19.13	88.49%
Peter Ellis	71	19.45	75.45%
Mesh Prashad	47	18.39	63.00%

Frankston & Peninsula April 14th 2022			
50m Sprint			
Mesh Prashad	47	7.84	
Henry Sheedy	11	7.86	
Rob Taylor	53	8.54	
Bill Carr	72	9.24	
Clemintine Sheedy	Inv	10.04	
Chris Sheedy	53	10.30	
110m Sprint			
Rob Taylor	53	15.49	
Mesh Prashad	47	16.56	
Henry Sheedy	11	17.66	
Clemintine Sheedy	Inv	22.10	
Bill Carr	72	22.40	
Chris Sheedy	53	22.75	
3k Run			
Mesh Prashad	47	11.41	
Rob Taylor	53	12.00	
Russell Dow	62	12.11	
Liz Lowther	70	15.13	1
Barry Jeffs	73	15.16	1
Frances Halton	60	19.09	
2k Walk			
Heather Carr	72	12.27	
Peter Ellis	71	12.52	
John Sutton	79	8.46	(1km)
1500m Age grade run			
Liz Lowther	70	7.13	85.67%
Russell Dow	62	5.55	75.16%
Charlie Mallia	73	6.48	73.13%
Mesh Prashad	47	5.32	70.61%
Rob Taylor	53	5.56	69.49%
Chris Sheedy	53	6.48	67.23%
Barry Jeffs	73	7.24	67.20%
Frances Halton	60	9.12	57.42%
Henry Sheedy	Inv	7.50	51.91%
Clemintine Sheedy	Inv	10.33	43.54%
1500m Age graded Walk			
Heather Carr	72	9.25	84.78%
John Sutton	79	13.10	61.82%
John Hallo	79	14.12	57.19%
Carol Johnston	73	14.41	55.13%
Lindsay Beaton	72	16.10	46.25%
2k Run			
Bill Carr	72	9.55	
Chris Sheedy	53	9.55	
Gary Meyer	67	10.28	
David Dodson	63	10.55	

Frankston & Peninsula April 21st 2022**90m Sprint**

Mesh Prashad	47	15.85
Bill Carr	72	16.24
Mike Hall	84	16.59
Chris Sheedy	53	16.59

120m Sprint

Mesh Prashad	47	17.63
Chris Sheedy	53	18.56
Bill Carr	72	20.63
Mike Hall	84	22.38

500m Run

Mesh Prashad	47	1.39
Chris Sheedy	53	1.39
Russell Dow	62	1.42
Bill Carr	72	1.49
Charlie Mallia	73	1.59
Liz Lowther	70	2.03
Barry Jeffs	73	2.08
David Dodson	63	2.22
David Sutherland	68	2.24
Gary Meyer	67	2.30

2k Walk

John Sutton	79	17.36
Carol Johnston	73	18.53

	AGE	H'CAP	Clock (24 min)	RUN TIME
4k Run Self handicap				
Liz Lowther	70	3.30	24.02	20.32
David Sutherland	68	5.00	23.52	18.52
Barry Jeffs	73	3.30	24.15	20.45
Charlie Mallia	73	0.00	21.52(DQ)	21.52
Russell Dow	62	7.20	23.33(DQ)	16.13
Mesh Prashad	47	7.20	23.33(DQ)	16.13

4k Walk Self handicap (28 min)

Heather Carr	72	2.15	28.07	25.52
Marnie Grace	47	0.00	28.42	28.42

2k Run

Chris Sheedy	53	9.13
Gary Meyer	67	9.56
Bill Carr	72	10.46
David Dodson	63	10.57

500m Walk

Heather Carr	72	3.10
Marnie Grace	47	3.13
John Sutton	79	4.10
John Hallo	79	4.29
Carol Johnston	73	4.39
Lindsay Beaton	72	4.55

Frankston & Peninsula April 28th 2022**THE SYD ELKS MEMORIAL NIGHT****100m Sprint**

Mesh Prashad	47	14.41
Chris Sheedy	53	15.13
Russell Dow	62	16.63
Bill Carr	72	17.53
Mike Hall	84	17.63
Andrew Moldrich	38	18.94
Heather Carr	72	21.63
Frances Halton	60	26.06

300m Sprint

Mesh Prashad	47	48.19
Chris Sheedy	53	49.64
Bill Carr	72	54.83
Gary Meyer	67	63.95
Andrew Moldrich	38	65.92
Liz Lowther	70	67.02
Bronwyn Hanns	58	68.32
David Sutherland	68	68.32
Barry Jeffs	73	68.33
David Dodson	63	89.55

2k Run

Bronwyn Hanns	58	9.54
Barry Jeffs	73	10.09
Gary Meyer	67	10.17
David Dodson	63	10.49
Bill Carr	72	11.30
Chris Sheedy	53	11.30
Frances Halton	60	12.33

800m Walk

Mesh Prashad	47	4.13
Heather Carr	72	4.47
David Sutherland	68	4.51
Andrew Moldrich	38	4.56
Chris Sheedy	53	4.56
Russell Dow	62	4.57
Liz Lowther	70	4.58
Barry Jeffs	73	5.18
Frances Halton	60	6.24
Bronwyn Hanns	58	6.26
John Sutton	79	6.45
Gary Meyer	67	7.12
David Dodson	63	7.21
Bill Carr	72	7.22
Lindsay Beaton	72	7.50

2k Walk

Heather Carr	72	12.33	
John Sutton	79	17.46	
Lindsay Beaton	72	20.38	
John Hallo	79	11.50	Unknown distance

Frankston & Peninsula April 28th 2022 (cont)**3k Run**

Mesh Prashad	47	11.58
Russell Dow	62	12.08
Andrew Moldrich	38	12.47
David Sutherland	68	14.11
Liz Lowther	70	15.13

Syd Elk Points (Best 3 placings count)

Mesh Prasad	3 (1+1+1)
Chris Sheedy	8 (2+2+4)
Heather Carr	10 (7+2+1)
Bill Carr	12 (4+3+5)
Andrew Moldrich	12 (4+5+3)
Dave Sutherland	14 (7+3+4)
Liz Lowther	18 (6+7+5)
Bronwyn Hanns	18 (7+10+1)
Barry Jeffs	19 (8+9+2)
Gary Meyer	19 (4+12+3)
Frances Halton	24 (8+9+7)
David Dodson	27 (10+13+4)
John Sutton	13 2 events
Lindsay Beaton	18 2 events
Mike Hall	5 1 event

Geelong 6 April 2022**400m**

Tim Murphy	01:09
Daimin Mole	01:09
Damir Ukalovic	01:10
Peter Lamb	01:14
John Moore	01:23
Gary Connor	01:30
Gerry Fitzpatrick	01:32
Alf Bluch	01:36
Fred Barnett	02:10

3000m

David Jenkins	10:57
Damir Ukalovic	11:24
Tim Murphy	11:48
Dave Elward	12:10
Alf Bluch	15:03
Alan Jenkins	15:15
Jeff Walker	15:24
Kath Oliver	15:44
Frank Engelsman	16:04
Daryl Hurst	17:20
Jill Coyte	18:29

1000m

Fred Barnett	06:05
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800m

Damir Ukalovic	02:48
Dave Elward	02:50
Tim Murphy	02:52
Daimin Mole	03:09
Gerry Fitzpatrick	03:39
Alf Bluch	03:40
Gary Connor	03:45
Jeff Walker	03:48
Frank Engelsman	04:14
Fred Barnett	05:57

400m

John Moore	01:51
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Geelong 13 April 2022**300m**

Daimin Mole	48.60
Peter Lamb	51.20
Gary Connor	01:00
Fred Barnett	01:32
Dale Jennings	02:20

1600m

Dave Elward	06:18
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2000m

Fred Barnett	12:26
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Geelong 13 April 2022 (cont)

2400m

David Jenkins	08:38
Dave Palmer	09:07
Michael Panckridge	10:25
Alf Bluch	11:41
Alan Jenkins	12:16
Kath Oliver	12:42
Jill Coyte	15:05
Dale Jennings	25:28

1600m

Daimin Mole	07:13
Alf Bluch	07:34
Gary Connor	07:56
Fred Barnett	10:12

Geelong 20 April 2022

200m

Daimin Mole	31.00
Peter Lamb	32.30
Gerry Fitzpatrick	41.60
Fred Barnett	55.20

2800m

Michael Panckridge	12:08
Leo Pye	13:22
Alan Jenkins	14:07
Jeff Walker	14:32
Frank Engelsman	14:32
Kath Oliver	14:47
Daryl Hurst	15:16
Jill Coyte	17:25

2000m

Dave Elward	07:56
Charlie El Hage	08:38
Fred Barnett	12:08

1500m

Daimin Mole	06:25
Gerry Fitzpatrick	07:18
Jeff Walker	07:43
Daryl Hurst	08:02
Frank Engelsman	08:13
Fred Barnett	09:30

Geelong 27 April 2022

100m

Daimin Mole	14.60
John Moore	14.90
Fred Barnett	23.60

2000m

Darren Riviere	07:38
Dave Elward	07:43
Charlie El Hage	08:36
Cameron White	08:56
Gerry Fitzpatrick	09:56
Alan Jenkins	10:01
Kath Oliver	10:24
Jill Coyte	12:24
Fred Barnett	12:25

4000m

David Jenkins	15:31
Frank Engelsman	20:56
Jeff Walker	21:00
Daryl Hurst	21:36

800m

Ben Jordan	02:12
Emily McCormack	02:24
Zahlie Snijders	02:32
Isabelle Jordan	02:35
Daimin Mole	02:59
Gerry Fitzpatrick	03:35
Alan Jenkins	03:39
Jeff Walker	03:56
Daryl Hurst	04:20
Frank Engelsman	04:38
Fred Barnett	04:48

Glen Eira April 5th 2022				
80m E/T		Clock	E/T	Diff
Michelle Edmonds	47	14.26	14.2	0.06
Bob Wishart	80	13.09	12.75	0.34
Mike Clapper	69	12.69	12.3	0.39
Paul Lynch	72	15.44	14.65	0.79
Mary Harper	52	15.51	16.4	0.89
Glad Wishart	78	16.41	15.16	1.25
Jim Rountree	63	13.56	12.0	1.56
Sarah Johnson	38	15.27	11.3	4.27
600m H/C (Points)		Clock	H/C	H/C time
Greg Hughes	63	3.00.1	25	2.35.1
James Kingston	53	3.20.3	85	1.55.3
Sarah Lorentzen	43	3.21.1	75	2.06.1
Alice Sephton	40	3.41.9	GO	3.41.9
200m H/C (Points)		Clock	H/C	H/C time
Michelle Edmonds	47	41.77	4	37.77
Bob Wishart	80	44.16	10	34.16
Jim Rountree	62	44.49	10	34.69
Glad Wishart	78	45.07	GO	45.07
Mike Clapper	69	45.66	14	31.66
Greg Hughes	63	50.47	5	45.47
Sandra Middleton 3k H/C		Clock	H/C	H/C Time
Terry O'Neill	66	30.02	11.42	18.20
Karyn O'Neill	67	30.15	9.03	21.12
Sandra Middleton	73	30.16	8.20	21.56
Jim Berrington	65	30.27	10.53	19.34
Conrad Hamann	70	30.45	8.14	21.31
Des Middleton	75	30.49	8.31	22.18
Jim Rountree	63	31.03	9.18	21.45
Tony Doran	69	31.53	9.09	22.44
John Zeleznikow	71	34.55	GO	34.55
Michael Heffernan	87	34.55	GO	34.55
Ray Kemp 3k H/C		Clock	H/C	H/C Time
Janet Holmes	68	19.12	2.50	16.22
Sarah Johnson	38	19.15	1.50	17.25
Phil Urquhart	77	19.25	0.30	18.55
Simon Lloyd	66	19.33	7.00	12.33
Janine McKerron	62	19.44	4.30	15.14
Jo Cockwill	69	19.50	2.30	17.20
Mike Clapper	69	19.51	5.00	14.51
Oscar Lorentzen	10	19.51	7.45	12.06
Steve Strelecky	72	19.57	4.30	15.27
Sarah Lorentzen	43	19.58	6.00	13.58
Simone O'Brien	49	20.00	4.40	15.20
Mary Harper	52	20.01	0.30	19.31
Chris Campbell	73	20.03	4.40	15.23
Graham Stockdale	79	20.13	1.30	18.43
James Kingston	53	20.33	7.30	13.03
Michelle Edmonds	47	20.50	1.30	19.20
Syd Bone	64	20.54	6.35	14.19
Pete Battrick	78	20.57	-11.00	31.57

Jane Sturzaker	69	21.07	2.00	19.07
Greg Hughes	63	21.53	2.00	19.53
Glen Eira April 12th 2022				
60m E/T		Clock	E/T	Diff
Vivienne Cash	70	9.96	10.00	0.04
June Treweek	60	9.65	9.60	0.05
Mike Clapper	69	9.22	9.10	0.12
Paul Lynch	72	11.26	10.85	0.41
Jim Rountree	63	10.21	9.68	0.53
Sarah Johnson	38	11.66	10.15	1.51
800m E/T		Clock	E/T	Diff
Janine McKerron	62	3.43.7	4.05	21.30
300m E/T		Clock	E/T	Diff
Jim Rountree	63	53.82	53.7	0.12
Mike Clapper	69	50.45	50.0	0.45
Vivienne Cash	70	57.60	59.2	1.60
June Treweek	60	63.00	60.6	2.40
Walk - 5 laps spiral from lane 2		Clock	E/T	Diff
Michael Heffernan	87	21.01	21.00	1
Karyn O'Neill	67	15.04	15.03	1
Sandra Middleton	73	15.34	15.30	4
Tony Doran	69	15.48	15.55	-7
Terry O'Neill	66	13.01	12.48	13
Jim Berrington	65	13.35	13.15	20
Conrad Hamann	70	14.23	14.53	-30
Jim Rountree	63	15.17	14.40	37
Paul Lynch	72	17.35	15.55	80
Gerry O'Donnell	67	19.16	17.50	86
John Zeleznikow	71	20.56	22.30	-94
Gwen Steed	79	19.08	16.05	183
4k H/C (Sealed)		Clock	H/C	H/C Time
James Kingston	53	16.15	8.08	24.23
Simon Lloyd	66	16.59	7.30	24.29
Sarah Johnson	38	24.18	0.30	24.48
Janet Holmes	68	22.24	2.30	24.54
Jane Sturzaker	69	24.39	0.20	24.59
Jo Cockwill	69	23.02	2.00	25.02
Chris Campbell	73	21.15	4.00	25.15
Nicky Grafen	11	21.17	4.20	25.37
Chris Grafen	58	19.02	7.00	26.02
Syd Bone	64	19.21	6.45	26.06
Steve Strelecky	72	22.15	4.00	26.15
Helen Van Der Nagel	65	26.18	GO	26.18
Mike Clapper	69	23.02	4.30	27.32
Merle Want	61	25.50	2.30	28.20

Glen Eira April 19th 2022				
110m E/T		Clock	E/T	Diff
Glad Wishart	78	23.04	23.58	0.54
Greg Hughes	63	21.51	22.2	0.69
Bob Wishart	80	17.50	18.75	1.25
Michelle Edmonds	47	21.30	19.54	1.76
1600m E/T		Clock	E/T	Diff
Chris Stewart	68	6.52.7	7.00	7.3
Chris Brown	66	8.07.5	7.50	17.5
Greg Hughes	63	9.33.4	9.06	27.4
150m E/T		Clock	E/T	Diff
Glad Wishart	78	33.46	33.33	0.13
Michelle Edmonds	47	29.57	29.80	0.23
Bob Wishart	80	25.40	23.75	1.65
1500 Walk Age %		Clock	Age %	
Gwen Steed	79	11.53	74.7	
Sandra Middleton	73	10.51	74.6	
Des Middleton	75	10.22	74.2	
Conrad Hamann	70	10.23	69.5	
Michael Heffernan	87	14.33	63.7	
Tony Doran	69	11.16	63.3	
Pete Battrick	78	18.10	44.2	
3K Walk Age %		Clock	Age %	
Jim Berrington	65	20.19	68.4	
Greg Hughes	63	26.40	51.0	
3k E/T		Clock	E/T	Diff
Janet Holmes	68	16.53	16.55	2
Chris Grafen	58	13.33	13.35	2
Simon Lloyd	66	12.26	12.30	4
Michelle Edmonds	47	19.04	19.00	4
James Kingston	53	11.34	11.40	6
Chris Brown	66	16.11	15.45	26
Nicky Grafen	11	16.39	15.10	89
Jane Sturzaker	69	18.03	19.45	102

Glen Eira April 26th 2022				
60m E/T		Clock	E/T	Diff
Hugh Stevenson	61	9.36	9.50	0.14
Bob Wishart	80	9.64	9.99	0.35
Glad Wishart	78	11.96	12.4	0.48
June Treweek	60	9.83	9.30	0.53
Mary Harper	52	11.63	12.30	0.67
Michelle Edmonds	47	10.59	11.5	0.91
500m H/C		Clock	H/C	H/C time
Michelle Edmonds	47	2.40	40	2.00
Chris Stewart	68	2.46.5	60	1.46.5
Graham Stockdale	80	2.48.2	45	2.03.2
Sarah Lorentzen	43	2.48.5	70	1.38.5
Oscar Lorentzen	11	2.56.3	78	1.38.3
Alice Sephton	40	3.10	GO	3.10

200m E/T		Clock	E/T	Diff
Bob Wishart	80	34.4	34.5	0.1
June Treweek	60	35.0	35.5	0.5
Michelle Edmonds	47	41.2	40.7	0.5
Glad Wishart	78	45.0	43.75	1.25
Hugh Stevenson	61	33.0	31.5	1.5
James Kingston	54	30.3	32.0	1.7
2k walk		Clock		
Conrad Hamann	70	14.03		
Tony Doran	69	14.27		
Sandra Middleton	73	15.07		
Pete McGrath	82	20.12		
Michael Heffernan	87	20.14		
Pete Battrick	78	23.49		
4k walk		Clock		
Karyn O'Neill	67	29.02		
Des Middleton	75	29.53		
4k		Clock	Age %	
Simon Lloyd	66	16.58.2	77.1	
Sarah Lorentzen	43	18.49.5	64.8	
Janine McKerron	62	21.11.4	73.9	
Simone O'Brien	50	22.08.2	59.9	
Janet Holmes	68	22.13.3	77.6	
Jo Cockwill	69	23.03.5	76.0	
Jane Sturzaker	69	24.58	70.2	
Sarah Johnson	38	25.00	46.9	
Phil Urquhart	77	27.12	55.9	
Mary Harper	52	28.25.6	47.9	
Karen Monohan	55	30.14	46.9	
Graham Stockdale	80	30.18	53.6	
8k		Clock	Age %	
Andrew Edwards	68	38.13.3	72.7	
Terry O'Neill	66	40.51	66.8	
Chris Campbell	73	44.17.2	66.8	

KNOX April 6th 2022**800m walk**

Mick Carr	68	5.37
Mark Harris	53	6.46
Peter Shanahan	60	7.36
Glenn Claiden	68	7.53
Glenn Berry	51	7.54
Anne McPherson	65	8.00
Graeme Leticq	67	8.01
Paul Twining	72	8.41
Stephen Richards	60	8.42
Peter Thorne	73	8.51
Glenys Brown	69	8.56
Maggie Hawkes	66	8.58
Erika Bedyne	59	8.58
Julie Richards	59	8.59
Ryan Clark	46	9.28
Marina Curnow	74	9.38
Peter LeGet	88	9.40

Sprint

Glenn Berry	51	9.68	60m
Paul Durrant	60	11.44	75m
Peter Thorne	73	13.23	60m

400m

Julie Richards	59	3.04
Glenys Brown	69	3.05
Peter Shanahan	60	3.17

800m

Helen Stanley	66	3.35
Stephen Richards	60	3.40
Erika Bedyne	59	3.55
Glenn Claiden	68	4.06
Peter Thorne	73	4.12
Paul Twining	72	4.52
Mick Carr	68	5.39
Ryan Clark	46	5.42

1200m

Glenn Berry	51	7.22
Michelle Quan	52	8.17

1600m

Brian Poggenpoel	51	7
Anne McPherson	65	8.54

200metre NOT

Brian Poggenpoel	51	31.58	3rd
Stephen Richards	60	37.94	2nd
Glenn Berry	51	38.72	winner
Helen Stanley	66	42.6	
Peter Thorne	73	44.75	
Erika Bedyne	59	46.6	
Anne McPherson	65	60.08	
Graeme Leticq	67	66.23	
Peter Shanahan	60	80.42	
Julie Richards	59	57.25	
Michelle Quan	52	58.75	
Paul Twining	72	61.15	
Glenys Brown	69	72.07	
Mick Carr	68	77.03	
Ryan Clark	46	92.64	

10lap spiral

Shane Grund	40	14.50	
Brian Poggenpoel	51	16.37	
Graeme Leticq	67	20.39	
Helen Stanley	66	20.59	
Michelle Quan	52	22.20	
Erika Bedyne	59	22.59	
Glenn Claiden	68	23.39	
Paul Twining	72	25.23	
Peter Thorne	73	25.44	
Stephen Richards	60	27.56	
Ryan Clark	46	28.19	
Mick Carr	68	29.14	
Glenn Berry	51	14.17	5laps
Peter Shanahan	60	29.27	8laps

KNOX April 13th 2022**800m walk**

Peter Shanahan	60	7.19
Glenn Claiden	68	7.5
Ian U'Ren	71	7.51
Anne McPherson	65	8.05
David Wear	75	8.06
Ryan Clark	46	8.31
Graeme Leticq	67	8.34
Paul Twining	72	8.47
Andrea Putting	58	8.49
Maggie Hawkes	66	10.05
Peter LeGet	88	10.19

Sprint – 60m

Paul Durrant	60	8.85
Brian Poggenpoel	51	9.15
Andrea Putting	58	13.72

KNOX April 13th 2022 (cont)**700m**

Helen Stanley	66	3.03
Stephen Richards	60	3.17
Glenn Claiden	68	3.36
David Wear	75	3.45
Ryan Clark	46	4.02
Peter Shanahan	60	4.18

1100metres

Paul Twining	72	6.3
Ian U'Ren	71	9.18

1500m

Brian Poggenpoel	51	5.16
Anne McPherson	65	7.58
Graeme Leticq	67	7.59

300m NOT

Brian Poggenpoel	51	48.39	2nd
Paul Durrant	60	48.97	winner
Stephen Richards	60	54.42	4th
Helen Stanley	66	1.08.61	
Peter Shanahan	60	1.16.35	5th
Peter Thorne	73	1.17.70	
Paul Twining	72	1.22.01	
David Wear	75	1.22.93	
Anne McPherson	65	1.24.13	
Graeme Leticq	67	1.30.00	
Michelle Quan	52	1.41.04	
Ryan Clark	46	1.42.34	
Ian U'Ren	71	2.17.89	3rd
Andrea Putting	58	2.55.16	
Maggie Hawkes	66	3.16.70	
Marina Curnow	74	3.18.72	

2laps

Peter Shanahan	60	4.33
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2k

Graeme Leticq	67	8.43
Stephen Richards	60	11.08
Sam De Fanis	74	11.25
Ian U'Ren	71	15.5

4k

Paul twining	72	19.23
Helen Stanley	66	19.35
Michelle Quan	52	20.38
David Wear	75	21.36
Glenn Claiden	68	21.40
Ryan Clark	46	22.57
Peter Thorne	73	23.47

6k

Shane Grund	40	19.19
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KNOX April 20th 2022**800m walk**

Anne McPherson	65	7.50
Erika Bedyn	59	7.51
Julie Richards	59	7.53
Glenn Claiden	68	8.00
Stephen Richards	60	8.01
Graeme Leticq	67	8.06
John Graham	71	8.08
Paul Twining	67	8.09
Peter Thorne	73	9.15
Sam De Fanis	74	9.16
Ian U'Ren	71	9.17
Peter LeGet	88	9.22

Sprint

Stephen Richards	60	9.65	60m
Paul Durrant	60	10.12	70m

800metres

John Graham	71	3.2	
Stephen Richards	60	3.53	
Erika Bedyn	59	4.01	
Glenn Claiden	68	4.03	
Peter Thorne	73	4.3	
Ian U'Ren	71	8.3	walk

1200metres

Paul Twining	72	7.14
Julie Richards	59	8.29

1600metres

Shane Grund	40	4.29
Zac	inv	5.11
Bryan Poggenpoel	51	6.59
Anne McPherson	65	8.34
Graeme Leticq	67	8.34

300m NOT

Zac	inv	45.86	winner
Paul Durrant	60	49.58	2nd
Bryan Poggenpoel	51	53.14	
Stephen Richards	60	57.57	
Peter Thorne	73	73.51	3rd
Paul Twining	72	88.98	
Anne McPherson	65	89.47	
Graeme Leticq	67	93.16	
Glenn Claiden	68	94.96	
Ian U'Ren	71	2.23min	

KNOX 20th April 2022 (cont)**10lap spiral**

Shane Grund	40	14.38
Bryan Poggenpoel	51	18.15
Graeme Leticq	67	19.20
Pul Twining	72	22.14
Sam De Fanis	74	22.26
Glenn Claiden	68	23.19
Peter Thorne	73	24.06
Stephen Richards	60	24.06
Ian U'Ren	71	24.50 7lap walk

KNOX 27th April 2022**800m walk – 27/4/22**

Peter Shanahan	60	5.53
Ian U'Ren	71	6.38
Glenn Claiden	68	8.23
Paul Twining	72	8.24
Peter Thorne	73	8.25

Sprint

Paul Durrant	60	11.84 80m
Andrea Putting	59	13.04 60m
Brian Mee	8?	14.75 60m
Peter Shanahan	60	20.53 70m
Ryan Clark	46	26.63 100m

Middle distance**500m**

Glenn Claiden	68	2.31
Peter Thorne	73	2.46
Peter Shanahan	60	3.05
Ian U'Ren	71	4.09

900m

Ryan Clark	46	4.36
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1300m

Shane Grund	40	3.35
Paul Twining	72	8.08

200m NOT

Paul Durrant	60	30.38 winner
Peter Thorne	73	43.4 2nd
Ryan Clark	46	48.32
Paul Twining	72	50.19 3rd
Peter Shanahan	60	50.8
Brian Mee	8?	53.38
Glenn Claiden	68	54.45
Sam De Fanis	74	67.42
Andrea Putting	59	90.78
Ian U'Ren	71	91.65
Marina Curnow	74	97.49

1/2/3/2/1lap by 2 relay

Shane Grund	40	
Ian U'Ren	71	35.42
Ryan Clark	46	
Peter Thorne	73	35.44
Glenn Claiden	68	
Sam De Fanis	74	40.3
Peter Shanahan	60	
Paul Twining	72	42.36

SPRINGVALE April 6th 2022**5000 metres**

Alan BENNIE	75	22.51	record
Mark McGuinness	61	24.16	
Alan ANDERSON	30	26.13	
Kevin PARDY	56	27.20	
Padraig BRADY	39	32.06	

3000 metres

Lou BUCCIERI	66	17.09	
Howard REES	74	17.52	
Rebecca KENNY	52	18.03	
Lindsay OXENHAM	72	18.26	
Paul MULLINS	81	18.34	
Chris McARDLE	68	21.05	
Dominique RUELOT	70	22.07	

3000 metres walk

Anand THILLAISUNDARAM	46	19.40	
Peter ELLIS	71	19.53	
Celia JOHNSON	74	23.20	
Tony DORAN	69	24.25	
Helen ANDERSON	59	25.20	
Tracey HUTCHINSON	51	25.20	
Frank ALLEN	77	27.20	
Ernie JEFFS	77	29.29	
John MANNING	76	31.21	
John ABEL	72	31.21	
Eric NEGROS	59	35.28	
Jenny FOX	81	16.26	1400m

SPRINGVALE April 13th 2022**13/04/2022 100 metres heaat 1**

Alan ANDERSON	30	12.50	
Muzafer ALI	28	12.60	
Rah MISHRA		14,5	
Prabhav MISHRA		14.60	
Padraig BRADY	39	15.00	
Kamya		19.70	

heat 2

Helen ANDERSON	59	16.60	
Mike HALL	83	17.90	
Dominique RUELOT	70	23.20	
Lindsay OXENHAM	72	23.90	
Jenny FOX	81	25.60	
Anar MISHRA		26.10	

70 metres heat 1

Helen ANDERSON	59	11.30	
Kevin PARDY	56	11.80	
Mike HALL	83	12.80	
Kamya		13.70	
Lindsay OXENHAM	72	15.70	
Dominique RUELOT	70	16.10	
Jenny FOX	81	17.50	

heat 2

Alan ANDERSON	30	9.40	
Raj		10.30	
Prabhav MISHRA		10.40	
Padraig BRADY	39	11.00	
Afar		14.20	
Pratibha		14.40	

1000 metres hcp.

		<i>actual</i>	<i>clock</i>
Kevin PARDY	56	4.17	6.02
Neil GRAY	74	4.35	6.15
Tracey HUTCHINSON	51	6.15	6.25
Dominique RUELOT	70	6.26	6.26
Lindsay OXENHAM	72	5.15	6.30
Padraig BRADY	39	4.08	6.36
Dave TALBOT	67	4.40	6.40
Troy JEFFS	47	4.21	6.41
Alan ANDERSON	30	3.37	6.42
Muzafer ALI	28	3.49	6.44
Helen ANDERSON	59	4.20	6.50
Paul MULLINS	81	5.02	6.51
Bill IRVINE	73	4.57	6.52
Paul WINTERTON	67	5.29	6.54

Alan BENNIE	75	4.06	6.56	record
Radja		8.02	8.02	

2000 metres

Alan BENNIE	75	8.43		record
Alan ANDERSON	30	9.38		
Anand THILLAISUNDARAM	46	10.00		
Dave TALBOT	67	11.00		
Troy JEFFS	47	11.31		
Bill IRVINE	73	11.31		
Ian TREGEAR	71	12.01		
Lindsay OXENHAM	72	12.31		
Muzafer ALI	28	14.00		
Dominique RUELOT	70	14.44		
Tracey HUTCHINSON	51	14.56		

3200 metres walk

Frank ALLEN	77	28.34	
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4000 metres

Howard REES	74	20.18	
Kevin PARDY	56	22.00	

SPRINGVALE April 13th 2022 (cont)**2000 metres walk**

Tony DORAN	69	15.04
Pam THOMAS	76	17.48
Jim SMITH	81	18.32
Helen ANDERSON	59	19.36
Natalie IRVINE	76	20.08
John ABEL	72	20.08
Ernie JEFFS	77	23.01
Jenny FOX	81	23.01

6000 metres

Padraig BRADY	39	37.28
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SPRINGVALE April 20th 2022**300 metres**

Alan ANDERSON	30	52.30
Helen ANDERSON	59	59.20
Paul WINTERTON	67	72.70
Rebecca KENNY	52	82.50
Lindsay OXENHAM	72	90.70
Dominique RUELOT	70	108.50

1200 metres hcp.

		<i>actual</i>	<i>clock</i>
Anand THILLAISUNDARAM	46	5.33	7.33
Lou BUCCIERI	66	5.51	7.41
Alan ANDERSON	30	4.19	7.44
Lindsay OXENHAM	72	6.22	7.47
Bill IRVINE	73	5.57	7.52
Tracey HUTCHINSON	51	7.35	7.55
Dominique RUELOT	70	7.56	7.56
Troy JEFFS	47	5.22	7.57
Howard REES	74	6.00	8.00
Neil GRAY	74	5.42	8.02
Muzafer ALI	28	4.49	8.04
Rebecca KENNY	52	6.21	8.06
Helen ANDERSON	59	5.38	8.13
Raj MISHRA			9.05

1800 metres walk

Tony DORAN	69	13.05
Dennis PHILLIPS	79	15.29
Ernie JEFFS	77	17.58

2200 metres walk

Anand THILLAISUNDARAM	46	15.21
Frank ALLEN	77	19.36
Eric NEGROS	59	22.30
Celia JOHNSON	74	23.10
Muzafer ALI	28	24.19

3000 metres

Alan BENNIE	75	13.14
Alan ANDERSON	30	14.51
Lou BUCCIERI	66	16.59
Helen ANDERSON	59	17.39
Troy JEFFS	47	17.58
Paul MULLINS	81	18.01
Rebecca KENNY	52	18.19
Lindsay OXENHAM	72	18.20
Dominique RUELOT	70	21.44

5000 metres

Howard REES	74	25.42
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80 metres heat 1

Helen ANDERSON	59	13.50
Mike HALL	83	14.30
Kamya MISHRA	28	14.50
Jenny FOX	81	20.80
Eric NEGROS	59	25.30
Ernie JEFFS	77	25.40

heat 2

Muzafer ALI	28	10.70
Alan ANDERSON	30	11.30
Raj MISHRA		11.70
Prav		13.20
Dominique RUELOT	70	19.50

heat 3

Anand THILLAISUNDARAM	46	13.20
Tracey HUTCHINSON	51	15.40
Priti MISHRA		15.70
Lindsay OXENHAM	72	19.00
D J MISHRA		24.00
Amar MISHRA		24.70

SPRINGVALE April 27th 2022**70 metres**

Muzafer ALI	28	11.30
Helen ANDERSON	59	12.10
Mike HALL	83	12.80
Dominique RUELOT	70	16.90

heat 2

Padraig BRADY	39	10.80
Bill IRVINE	73	16.90
Jenny FOX	81	17.00
Lindsay OXENHAM	72	17.30

SPRINGVALE April 27th 2022 (cont)**1500 metres hcp.** *actual* *clock*

Troy JEFFS	47	6.36	9.46
Howard REES	74	7.18	9.53
Lou BUCCIERI	66	7.18	9.53
Bill IRVINE	73	7.31	10.06
Lindsay OXENHAM	72	8.07	10.07
Dominique RUELLOT	70	10.07	10.07
Helen ANDERSON	59	7.18	10.08
Tracey HUTCHINSON	51	9.41	10.11
Alan ANDERSON	30	5.43	10.18
Dave TALBOT	67	7.28	10.23
Paul WINTERTON	67	8.41	10.26
Padraig BRADY	39	7.01	10.31
Muzafer ALI	28	6.44	10.49
Paul MULLINS	81	8.31	10.51

150 metres

Alan ANDERSON	30	18.70
Helen ANDERSON	59	25.10
Mike HALL	83	26.40
Jayawick RAMA		30.10
Lindsay OXENHAM	72	35.50
Dominique RUELLOT	70	37.10

heat 2

Muzafer ALI	28	20.00
Ebony		20.10
Padraig BRADY	39	22.90
Dave TALBOT	67	28.50
Jenny FOX	81	41.20

23min. 54 sec. Walk lap/mts

Tony DORAN	69	8	0
Dominique RUELLOT	70	7	0
Dennis PHILLIPS	79	7	0
Jim SMITH	81	7	250
Ernie JEFFS	77	5	250
Bill IRVINE	73	6	120
John MANNING	76	6	120
Jenny FOX	81	4	320
Eric NEGROS	59	4	320
Frank ALLEN	77	6	190
Muzafer ALI	28	5	0
Ebony		5	0

26min. 57 sec. Run

Howard REES	74	13	0
Padraig BRADY	39	10	35
Ian TREGEAR	72	10	375
Helen ANDERSON	59	10	130
Lou BUCCIERI	66	10	120
Anand THILLAISUNDARAM	46	10	320
Lindsay OXENHAM	72	11	0