

Around the Grounds

Venue Results for June 2022



Aberfeldie, Casey Fields, Coburg, Doncaster,
East Burwood, Frankston & Peninsula, Geelong,
Glen Eira, Knox, Mentone, Springvale/Noble Park

ABERFELDIE June 1st 2022

90m	Age	Time
Ian Newey	63	14.1
Michael Orelli	78	28.7
Matthew Goodger	45	16.5
Maggie Armstrong	60	17.6
Mal Hodgart	61	23.4

1500m	Age	Time	Age-grade
Ruby Beveridge	20	08:39	44.8%
John Papworth	53	09:23	42.8%
Ian Newey	63	06:49	64.2%
Matthew Goodger	45	08:14	45.8%
Michael Orelli	78	09:36	55.6%
Mal Hodgart	61	07:24	58.1%
Shane Draper	48	05:49	66.3%
Stephen Murphy	61	07:38	56.4%
Andrea Draper	45	09:36	45.2%
Bill Ristevski	57	09:33	43.5%

400m	Age	Time	Age-grade
Ian Newey	63	82.3	65.5%
Mal Hodgart	61	112.5	47.3%

4000m	Age	Time	Age-grade
John Papworth	53	18:16	63.9%
Ian Newey	63	19:29	65.3%
Mal Hodgart	61	21:11	59.0%
Ruby Beveridge	20	23:45	47.9%
Stephen Murphy	61	22:34	55.4%
Cheryl Beveridge	57	25:52	56.3%
Janice Hodgart	59	25:52	58.0%
Ash McDowall	51	27:52	41.2%

2500m	Age	Time
Andrea draper	45	15:27

2000m	Age	Time	Age-grade
Bill Ristevski	57	12:44	44.9%
Maggie Armstrong	60	11:45	61.8%

ABERFELDIE June 15th 2022

110m	Age	Time
Bill Ristevski	57	19.4
Matthew Goodger	45	20.1

1500m	Age	Time	Age-grade
Maggie Armstrong	60	07:39	69.0%
Bill Ristevski	57	09:51	42.2%
Matthew Goodger	45	08:23	45.0%

400m	Age	Time	Age-grade
Maggie Armstrong	60	103.0	61.9%
Bill Ristevski	57	108.0	48.0%

4000m	Age	Time	Age-grade
Bill Ristevski	57	26:10	46.1%

2000m

John Dean	77	14:12	50.7%
John Papworth	53	13:19	41.5%
Shane Draper	48	09:25	56.4%
Ruby Beveridge	20	12:44	42.1%
Cheryl Beveridge	57	13:19	52.3%

ABERFELDIE June 22nd 2022

800m	Age	Time	Age-grade
Maggie Armstrong	60	03:50	63.4%
Trevor Hawksworth	75	04:27	56.1%
John Papworth	53	03:35	55.5%

5000m	Nom	Time	Age-grade
John Papworth	53	25:45	57.4%

3000m	Age	Time	Age-grade
John Dean	77	21:38	51.7%
Shane Draper	48	12:27	66.3%
Graham Eadie	71	16:48	60.4%
Maggie Armstrong	60	18:00	62.4%
James Brennan	45	17:40	45.6%
Bill Ristevski	57	19:53	44.7%

ABERFELDIE June 29th 2022

90m	Age	Time
Mal Hodgart	61	22.9
Cheryl Beveridge	57	15.5

1200m	Age	Time
Michael Orelli	78	08:35
Mal Hodgart	61	06:00
Michael Ennis	69	07:13
Ian Newey	63	05:07
John Papworth	53	05:00
Bill Ristevski	57	08:20

300m	Age	Time	Age-grade
Maggie Armstrong	60	66.8	65.9%
Mal Hodgart	61	86.3	43.1%

4000m	Age	Time	Age-grade
John Papworth	53	18:50	62.0%
Mal Hodgart	61	20:35	60.7%
Ian Newey	63	19:07	66.6%
James Brennan	45	21:32	50.9%
Shane Draper	49	16:00	70.6%
Janice Hodgart	59	22:42	66.0%

2000m	Age	Time	Age-grade
John Dean	77	18:00	40.0%
Matthew Goodger	45	22:07	23.5%
Michael Orelli	78	14:12	51.7%
Maggie Armstrong	60	13:13	55.0%
Ruby Beveridge	20	11:46	45.6%
Cheryl Beveridge	57	11:48	59.0%
Bill Ristevski	57	14:17	40.0%

CASEY FIELDS June 6th 2022**80m**

Name	Age	Run/Walk	Time
Rob Italia	56	Run	13.79
Hsien Chian	50	Run	14.14
Mike Hall	83	Run	14.64
Ariene D'Monte	63	Run	17.15

100m

Rob Italia	56	Run	17.4
Hsien Chian	50	Run	17.75
Mike Hall	83	Run	18.15

800m

Shaun Taylor	36	Run	2.42.74
Rob Italia	56	Run	3.10.05
Gary Meyer	67	Run	4.07.42
Pramesh Prasad	48	Run	4.24.10
Kylie S	50	Walk	4.43.11
Ariene D'Monte	63	Walk	6.45.20
Linesay Bearton	71	Walk	7.45.14

2k

Pramesh Prasad	48	Run	7.45.3
Rob Italia	56	Run	8.16
Kylie S	50	Run	10.08
Neil	72	Run	12.05

CASEY FIELDS June 13th 2022**100m**

Name	Age	Run/Walk	Time
Sarjeet Singh	37	Run	14.5
Harpreet Singh	40	Run	15.51
Mike Hall	83	Run	18.21

800m

Gary Meyer	67	Run	4.09
Linesay Bearton	71	Walk	8.02

2400m

Pramesh Prasad	48	Run	11.45
Neil	72	Run	14.59

CASEY FIELDS June 20th 2022**80m**

Name	Age	Run/Walk	Time
Gurmukh Singh	33	Run	12.82
Blaise de Silva	58	Run	14.07
Harpreet Singh	40	Run	15.08
Mike Hall	83	Run	17.2
Ariene D'Monte	63	Run	21.16

200m

Gurmukh Singh	33	Run	29.62
Harpreet Singh	40	Run	32.9
Hsien Chiam	50	Run	39.26
John Delaney	72	Run	50.34

1200m

Pramesh Prasad	48	Run	4.46
Barry Jeffs	73	Run	5.24
Rob Italia	56	Run	5.38
Bronwyn Hanns	58	Run	5.39
Charlie Mallia	73	Run	6.05
Kylie S	50	Walk	6.14
Gary Meyer	67	Run	6.24
David Dodson	63	Run	6.36
John Delaney	72	R	6.40
Gurmukh Singh	33	R	6.40
Hsien Chiam	51	Walk	8.27
Greg Lovejoy	80	Walk	9.11
Marnie Grace	47	Walk	9.45
John Sutton	79	Walk	10.04
Arlene D'Monte	63	Walk	10.07
Lindsay Beaton	73	Walk	11.25

2400 Run & Walk

Mesh Prashad	48	9.42
Liz Lowther	70	11.16
Barry Jeffs	73	11.36
Albin Hess	62	11.43
Kylie Irshad	50	11.54
Hauinder Singh	31	11.55
Charlie Mallia	73	13.54
John Delaney	72	14.07
Frances Halton	60	15.52
Gurmukh Singh	33	16.45
Neil Walsh	72	17.24
Greg Lovejoy	80	W 18.22
John Sutton	79	W 21.05

CASEY FIELDS June 27th 2022**90m Sprint**

Satgur Mann	31	11.90
Chris Sheedy	54	12.34
Henry Sheedy	Inv	13.20
Harriel	40	13.79
Arlene D'Monte	63	18.87
John Delaney	72	21.92

8 Lap Spiral Run 3410m

Mesh Prashad	48	15.22
Liz Lowther	70	16.32
Kylie Irshad	50	18.06
Barry Jeffs	73	18.08
Neil Walsh	72	22.31
Frances Halton	60	23.16

5 Lap Spiral Run 2189m

Chris Sheedy	54	10.53
Rob Italia	56	10.54
John Delaney	72	11.37
Greg Lovejoy	80	W 17.11

CASEY FIELDS June 27th 2022 (cont)**150m Sprint**

Rob Italia	56	21.95
Chris Sheedy	54	26.12
Mike Hall	83	26.15
John Delaney	72	35.84

1500m Run & Walk

Mesh Prashad	48	5.34
Chris Sheedy	54	6.07
Liz Lowther	70	6.42
Hauinder Singh	31	5.43
Henry Sheedy	Inv	7.03
Bronwyn Hanns	59	7.08
Kylie Irshad	50	7.23
Barry Jeffs	73	7.24
Gary Meyer	67	7.53
John Delaney	72	8.06
David Dodson	63	8.17
Hsien Chiam	51 W?	10.2
Robyn Delaney	42	10.58
Greg Lovejoy	80 W	11.59
Arlene D'Monte	63 W	12.41
John Hallo	80 W	14.08

COBURG June 2nd 2022**800m**

Fraser MURRAY	50	3.26	
Michael MEANEY	66	3.53	
Maria BARBETTI	57	4.10	
Fiona ELY	52	4.12	
Donna-Marie ELMS	61	5.21	Walk
Len HALLETT	72	5.22	

200m

Michael MEANEY	66	42.45
Bruce GIBBS	73	45.33
Maria BARBETTI	57	47.60
Fiona ELY	52	48.92
Rob DAVEY	82	1.13.4
Ken CARTER	69	2.52.0

3.5k Spiral Handicap

		<u>Clock</u>	<u>Actual</u>	
Fraser MURRAY	50	23.37	14.19	
Rob LEWIS	74	24.40	24.40	3100m
Michael MEANEY	66	25.07	17.09	
Len HALLETT	72	25.17	22.20	
Maria BARBETTI	57	26.03	20.36	
Donna-Marie ELMS	61	26.24	24.24	Walk
Fiona ELY	52	29.06	29.06	Walk

90m

Ethan O'NEILL	21	12.69	<u>100m</u>
Bruce GIBBS	73	18.59	
Fraser MURRAY	50	21.97	
Rob LEWIS	74	22.28	
Ken CARTER	69	1.15.3	

COBURG June 9th 2022**100m**

Ethan O'NEILL	21	12.80
Paul O'NEILL	56	14.38
Michael MEANEY	66	20.40
Bruce GIBBS	73	20.89
Rob LEWIS	74	25.08
Len HALLETT	72	34.06
Ken CARTER	69	1.19.9

800m Walk

Rob LEWIS	74	7.19
Fiona ELY	52	7.20

1600m

Michael MEANEY	66	8.17
Fraser MURRAY	50	8.48
Maria BARBETTI	57	8.55
Len HALLETT	72	10.09
Fiona ELY	52	10.35

500m

Fraser MURRAY	50	2.03
Michael MEANEY	66	2.26
Bruce GIBBS	73	3.24
Ken CARTER	69	7.13

3km

Len HALLETT	72	19.16
Fiona ELY	52	19.16
Rob LEWIS	74	24.23

5km

Fraser MURRAY	50	24.57
Michael MEANEY	66	26.57
Maria BARBETTI	57	30.30

60m

Paul O'NEILL	56	8.55
Frank BRADLEY	66	13.18
Maria BARBETTI	57	13.63
Rob LEWIS	74	14.44
Ken CARTER	69	43.45

400m

Ken CARTER	69	5.22
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2km

Michael MEANEY	66	10.34
Rob LEWIS	74	15.54

COBURG June 16th 2022**1000m Age-graded championship**

Michael MEANEY	66	4.43
Brian DELANEY	68	4.47
Fraser MURRAY	50	5.00
Maria BARBETTI	57	5.18
Fiona ELY	52	5.21
Len HALLETT	72	6.16
Rob LEWIS	74	6.47
Bruce GIBBS	73	8.11

4km

Fiona ELY	52	23.07
Maria BARBETTI	57	23.32
Len HALLETT	72	27.09

6km

Fraser MURRAY	50	28.39
Gary O'DWYER	63	33.52

COBURG June 23rd 2022**100m**

Gary O'DWYER	63	25.14
Fiona ELY	52	25.32
Ken CARTER	69	1.19.4

1000m

Fiona ELY	52	4.59
Ken CARTER (W)	69	14.46

COBURG June 23rd 2022 (cont)**1500m**

Fraser MURRAY	50	5.55
Gary O'DWYER	63	8.17
Maria BARBETTI	57	8.20
Len HALLETT	72	9.44

300m

Michael MEANEY	66	1.18.1
Len HALLETT	72	1.26.3
Ken CARTER	69	4.05.2

3km

Michael MEANEY	66	15.26
Fiona ELY	52	15.43
Len HALLETT	72	20.33

5km

Gary O'DWYER	63	27.35
Maria BARBETTI	57	30.27
Fraser MURRAY	50	31.38

COBURG June 30th 2022**110m**

Gary O'DWYER	63	23.09
Bruce GIBBS	73	23.94
Rob LEWIS	75	26.47
Rob DAVEY	82	45.43
Ken CARTER	69	1.31.1

1200m

Gary O'DWYER	63	5.58
Maria BARBETTI	57	6.46
Len HALLETT	72	7.49
Ken CARTER	69	16.20

1600m

Michael MEANEY	67	8.39
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200m

Gary O'DWYER	63	44.34
Michael MEANEY	67	44.52
Len HALLETT	72	45.23
Bruce GIBBS	73	45.43
Rob LEWIS	75	54.72
Rob DAVEY	82	1.17.4
Ken CARTER	69	2.45.4

2km

Gary O'DWYER	63	10.06
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DONCASTER June 6th 2022**Doncaster 1000 metres (handicap)**

Jason Merrett	(-2.15)	05:54.6	3.39.6	(DQ)
Matt Scholes	(-2.35)	05:56.1	3.21.1	Winner
Dino Imbriano	(-2.25)	05:57.1	3.32.1	
Bernie McLoughlan	(-2.05)	06:02.4	3.57.4	
Michael McLaughlin	(-1.50)	06:08.3	4.18.3	
Sue Kilmartin	(-1.30)	06:11.3	4.41.3	
Darryl Kilmartin	(-2.05)	06:11.4	4.06.4	
Frank Prowse	Scratch	06:12.2	06:12.2	Record
David McConnell	(-1.50)	06:32.0	4.42.0	

80 metres

Gerald Brown	(59)	11.70
Matt Scholes	(52)	12.48
Darryl Kilmartin	(55)	13.04
Graham Ford	(73)	13.18
Jeffrey Sim	(59)	13.92
Barry Dorr	(83)	16.82

150 metres (age-graded)

Gerald Brown	(-21)	18.6
Bernie McLoughlan	(-30)	20.3
David McConnell	(-30)	21.1
Barry Dorr	(-50)	21.7
Jeffrey Sim	(-21)	22.0
Matt Scholes	(scratch)	23.4

DONCASTER June 6th 2022 (cont)**300 metres**

Matt Scholes	(52)	45.8
Gerald Brown	(59)	48.4
David McConnell	(69)	52.1
Graham Ford	(73)	54.1
Michael McLaughlin	(53)	57.1
Barry Dorr	(83)	81.6

3000 metres

Frank Prowse	(70)	12:35.2	2000m	record
Bernie McLoughlan	(69)	14:23.0		
Darryl Kilmartin	(55)	14:32.5		
Sue Kilmartin	(53)	14:34.1		

DONCASTER June 13th 2022**600 Metres**

Matt Scholes	(52)	1.47.1	
Jason Merrett	(49)	2.05.6	
Michael McLaughlin	(53)	2.10.5	
David McConnell	(69)	2.22.5	
Graham Ford	(73)	2.29.0	
Maggie Armstrong	(60)	2.39.1	
David Armstrong	(66)	6.45.2	(1km Walk)

3000 Metres

Dino Imbriano	(47)	10.51.0	(Venue Record)
Jameson Perrine	(42)	11.47.8	
Bernie McLoughlan	(69)	13.55.3	
Katrina Philip	(60)	14.26.0	(2600m)

DONCASTER June 13th 2022 (cont)**60 Metres**

Jameson Perrine	(42)	8.30
Anshuman Banarjee	(32)	8.80
Gerald Brown	(59)	9.06
Paul Durrant	(60)	9.52
Matt Scholes	(52)	10.56
Carla Sutton	(45)	12.19

150 Metres HEAT 1

Maggie Armstrong	(60)	31.78
Carla Sutton	(45)	33.20
David McConnell	(69)	36.82

150 Metres HEAT 2

Jameson Perrine	(42)	20.39
Anshuman Banarjee	(32)	21.03
Gerald Brown	(59)	21.83
Matt Scholes	(52)	22.12
Paul Durrant	(60)	22.29

1 Mile

Dino Imbriano	(47)	5.55.4	
Jason Merrett	(49)	6.42.7	
Bernie McLoughlan	(69)	7.15.9	
Katrina Philip	(60)	8.41.4	
Frank Prowse	(70)	9.54.3	(Walk Record)

300 Metres

Matt Scholes	(52)	46.06
Gerald Brown	(59)	48.30
Anshuman Banarjee	(32)	50.65
David McConnell	(69)	54.61
Graham Ford	(73)	56.40
Maggie Armstrong	(60)	69.55

DONCASTER June 27th 2022**100 metres**

David McConnell	(69)	16.50
Graham Ford	(73)	16.72
Jeffrey Sim	(59)	16.80
Carla Sutton	(45)	20.34

Javelin Throw

David McConnell	(69)	16.92
Tom Leong	(80)	12.26

200 metres

Jeffrey Sim	(60)	38.82	220 metres)
Graham Ford	(73)	40.70	220 metres)
David McConnell	(69)	43.60	
Carla Sutton	(45)	46.28	

Discus

David McConnell	(69)	22.29
Graham Ford	(73)	20.02
Tom Leong	(80)	14.10

1500 metres

Rob Sutton	(60)	07:18.8	
David McConnell	(69)	07:23.6	
Frank Prowse	(70)	09:30.2	(walk)

EAST BURWOOD June 2nd 2022**60 METRE SPRINT**Heat 1:

Arthur KAPOULITSA	74	9.2
Donna CLARKE	69	9.5
Cec McKEOWN	82	10.9
Ann HOLCOMBE	74	11.3
Allan WOOD	84	12.1
Shirley COPPOCK	86	13.1

Heat 2:

Anshuman BAMERJEE	32	8.1
Bill LIOULIAKIS	52	8.3
Paul DURRANT	60	8.6
Rob STAGG	55	9.3
Graham FORD	73	9.6
Christopher WORSNOP	64	12.4

800m WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Kevin CASSIDY	61	3.55	4.00	
Kylie IRSHAD	50	4.23	4.30	
Frank PROWSE	70	4.42	5.00	
Heather CARR	72	4.47	4.55	
Janet HOLMES	68	4.56	5.00	
Christopher WORSNOP	64	5.28	5.20	
Chris ROBINSON	63	5.30	5.50	
Bill LIOULIAKIS	52	5.31	4.55	
Ann HOLCOMBE	74	5.34	5.36	winner
Peter SHANAHAN	60	5.45	5.36	
Leonie GILLIES	64	5.47	—	
Leo WATSON	81	5.53	5.55	
Celia JOHNSON	74	6.11	6.20	
Cec McKEOWN	82	6.14	6.10	
John SUTTON	79	6.23	7.00	
Arthur KAPOULITSA	74	6.34	7.45	
Allan WOOD	84	6.57	7.20	
Anshuman BAMERJEE	32	7.13	9.30	
Gerald BURKE	82	7.33	7.30	
Brian HOLCOMBE	76	8.13	7.15	
Andrew FRASER	80	8.33	—	

SHOT PUT N.O.D.

		<u>Best</u>	<u>Nom.</u>	
Bill LIOULIAKIS	52	8.24	7.60	
Peter WILLMOTT	55	8.13	8.20	
Bernie McLOUGHLAN	69	7.68	7.60	
Allan WOOD	84	6.55	6.64	
Chris ROBINSON **	63	6.30	6.30	winner
Donna CLARKE	69	5.64	6.10	
Frank PROWSE	70	5.58	5.50	
Jack FREDRICKSON	83	5.52	5.50	
Andrew FRASER	80	5.37	5.50	

100 METRE SPRINTHeat 1:

Arthur KAPOULITSA	74	17.1
Cec McKEOWN	82	19.0
Ann HOLCOMBE	75	19.7
Allan WOOD	84	21.1
Peter SHANAHAN	60	22.1
Shirley COPPOCK	86	24.1

Heat 2:

Anshuman BAMERJEE	32	13.3
Bill LIOULIAKIS	52	13.7
Paul DURRANT	60	14.3
Rob STAGG	55	15.0
Graham FORD	73	15.7
Donna CLARKE	69	17.9
Christopher WORSNOP	64	20.3

EAST BURWOOD June 9th 2022**60 METRE SPRINT**Heat 1:

Cec McKEOWN	82	11.6
Ann HOLCOMBE	75	12.1
Shirley COPPOCK	86	13.7
Lloyd NICHOLS	80	38.0

Heat 2:

Andrew CLOSE	33	9.1
Bill LIOULIAKIS	52	9.5
Donna CLARKE	69	10.6
Christopher WORSNOP	64	12.3

400m H/C BOB LEWIS MEMORIAL FINAL

		<u>Clock</u>	<u>Act.</u>	
Shirley COPPOCK	86	2.48	2.42	DQ
Bernie McLOUGHLAN	69	2.58	1.18	
Bill LIOULIAKIS	52	2.59	1.05	
Leo WATSON	80	3.01	2.03	
Janet HOLMES	68	3.02	1.35	
Paul DURRANT	60	3.03	1.11	
Stephen DAY	52	3.04	1.19	

1 KM HANDICAP WALK

		<u>Clock</u>	<u>Act.</u>
Brian TAIT	80	10.21	8.56
Ann HOLCOMBE	75	10.23	7.08
Janet HOLMES	68	10.24	6.18
Leo WATSON	80	10.28	7.53
Cec McKEOWN	82	10.28	7.43
Christopher WORSNOP	64	10.29	6.58
Paul MORITZ	62	10.39	6.39
Brian HOLCOMBE	76	10.43	10.13
Gerald BURKE	82	10.53	10.03

EAST BURWOOD June 9th 2022 (cont)**4 x 100 METRE RELAY**

Ann HOLCOMBE	75	
Bill LIOULIAKIS	52	
Donna CLARKE	69	
Andrew CLOSE	32	1.09.0
Toni MATTERS	54	
Christopher WORSNOP	64	
Stephen DAY	52	
Paul DURRANT	60	1.09.7

3000m SEALED H/C

		<u>Clock</u>	<u>Adjusted</u>
Jason MERRETT	49	12.23	15.53
Michael COLLINS	56	12.25	15.43
Stephen DAY	52	13.14	16.44
Paul EARLE	58	13.22	16.32
Bernie McLOUGHLAN	69	14.26	16.26
Kathy LUO	44	14.36	15.56
Geoff WHEELER	65	14.45	15.30
Julie PIAO	49	16.02	16.36
Christopher WORSNOP	64	16.09	16.44
Chris ROBINSON	63	16.26	15.36

DISCUS HANDICAP

		<u>Best</u>	<u>Adjusted</u>
Bill LIOULIAKIS	52	23.68	42.13
Bernie McLOUGHLAN	69	20.76	40.86
Jack FREDRICKSON	83	13.05	40.70
Paul DURRANT	60	30.69	40.69
Chris ROBINSON	63	16.07	39.72
Donna CLARKE	69	11.51	39.21
Andrew CLOSE	33	13.36	38.36
Toni MATTERS	54	26.91	37.71
Kathy LUO	44	10.78	

EAST BURWOOD June 16th 2022**60 METRE SPRINT**

Ann HOLCOMBE	75	11.9	<u>Heat 1:</u>
Allan WOOD	85	12.5	
Shirley COPPOCK	86	13.7	
Gordon ONLEY	86	20.0	
Horatio DIAZ	77	38.6	
Lloyd NICHOLS	80	42.9	
Toni MATTERS	54	10.4	<u>Heat 2:</u>
Donna CLARKE	69	10.8	
Christopher WORSNOP	64	12.4	
Andrew FRASER	80	17.5	
Peter SHANAHAN	60	24.1	
Paul DURRANT	61		<u>Heat 3:</u>
Bill LIOULIAKIS	53	No	
Anshuman BAMERJEE	32		
Chris JOSEPH	54	Times	
Peter WILLMOTT	55		

1500mSELF H/C RUN

		<u>Clock</u>	<u>Actual</u>
Peter SHANAHAN	60	8.20	8.20
Perry BIRKETT	60	9.04	6.04
Christopher WORSNOP	64	9.07	7.37

1500m H/C WALK

		<u>Clock</u>	<u>Act.</u>
Brian HOLCOMBE	76	15.20	15.20
Christopher WORSNOP	64	15.52	10.32
Kathy LUO	44	15.52	11.32
Paul MORITZ	63	15.58	9.58
Peter SHANAHAN	60	16.00	11.10
Brian TAIT	80	16.21	13.56
Leonie GILLIES	64	16.34	11.39

200m SPRINT AGE GRADED

			<u>Age %</u>	
Bill LIOULIAKIS	53	28.58	80.07	
Paul DURRANT	61	30.95	78.04	
Donna CLARKE **	69	37.94	81.30	winner
Christopher WORSNOP	64	40.43	60.92	
Ann HOLCOMBE	75	42.20	77.17	
Allan WOOD	85	44.46	76.48	
Leo WATSON	80	49.94	62.18	

2000 METRE WALK

Paul MORITZ	63	14.15
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4 KM HANDICAP RUN**FFF SERIES 1**

		<u>Clock</u>	<u>Actual</u>
Bernie McLOUGHLAN	69	24.20	19.05
Julie PIAO	49	24.29	20.59
Paul EARLE	58	24.38	18.08
Kathy LUO	44	24.45	20.45
Chris ROBINSON	63	24.47	22.47
Stephen DAY	51	25.03	17.53
Geoff WHEELER	65	25.10	20.55
Christopher WORSNOP	64	26.17	22.47

JAVELIN THROW N.O.D.

		<u>Best</u>	<u>Nom.</u>	
Allan WOOD	85	18.62	18.00	
Donna CLARKE	69	11.61	12.60	
Chris ROBINSON **	63	14.15	14.20	winner
Peter WILLMOTT	55	20.39	21.00	

EAST BURWOOD June 23rd 2022**800 METRE RUN AGE GRADED**

			<u>Age %</u>
Perry BIRKETT	60	2.52	73.41
Kathy LUO	44	3.31	57.19
Chris ROBINSON	63	3.37	71.28
Christopher WORSNOP	64	3.54	55.64

2 KM RUN/WALK 23.6.2022

Chris ROBINSON	63	11.11	Run
Leonie GILLIES	64	12.44	Run
Paul MORITZ	63	14.33	Walk

EAST BURWOOD June 23rd 2022 (cont)**60 METRE SPRINT**Heat 1:

Leo WATSON	80	12.9
Shirley COPPOCK	86	13.7
Gordon ONLEY	87	17.9
Horacio DIAZ	77	18.3

Heat 2:

Toni MATTERS	54	9.6
Donna CLARKE	69	10.2
Ann HOLCOMBE	75	11.3
Cec McKEOWN	82	11.8
Christopher WORSNOP	64	12.2
Andrew FRASER	80	14.4

Heat 3:

Zac MATTERS	15	7.8
Paul DURRANT	61	8.3
Andrew CLOSE	33	8.7
Peter WILLMOTT	55	9.0

1 KM HANDICAP WALK

		<u>Clock</u>	<u>Act.</u>
Phyllis GOSBELL	84	10.18	7.48
Donna CLARKE	69	10.26	9.01
Leo WATSON	80	10.27	7.37
Cec McKEOWN	82	10.37	7.32
Paul MORITZ	63	10.39	6.29
Christopher WORSNOP	64	10.39	6.54
Gerald BURKE	82	10.43	9.53
Brian TAIT	80	10.50	9.00
Leonie GILLIES	64	10.52	7.27
Janet HOLMES	69	10.52	6.22
Brian HOLCOMBE	76	11.02	10.12

80 METRE SPRINT 23.6.2022Heat 1:

Cec McKEOWN	82	15.0
Ann HOLCOMBE	74	15.8
Andrew FRASER	80	17.7
Shirley COPPOCK	86	18.7
Horacio DIAZ	77	25.4
Gordon ONLEY	87	31.9

Heat 2:

Paul DURRANT	61	12.0
Andrew CLOSE	33	12.4
Donna CLARKE	69	14.0
Christopher WORSNOP	64	16.3

6 KM HANDICAP RUN 23.6.2022**LEGENDS FINAL**

		<u>Clock</u>	<u>Actual</u>
Julie PIAO	49	32.14	31.59
Geoff WHEELER	65	32.18	30.53
Ron GILLIES	66	32.58	29.18
Jason MERRETT	49	33.10	27.30
Stephen DAY	52	33.27	26.42
Christopher WORSNOP	64	36.06	36.01

SHOT PUT HANDICAPBest Adjusted

Peter WILLMOTT	55	8.63	12.63
Andrew CLOSE	33	6.01	12.61
Paul DURRANT	61	9.63	12.53
Chris ROBINSON	63	6.54	12.14
Toni MATTERS	54	9.31	12.06
Jack FREDRICKSON	83	5.40	12.00
Donna CLARKE	69	5.52	11.87
Andrew FRASER	80	5.46	11.61
Darren PETERS	36	6.65	
Kathy LUO	44	5.05	

EAST BURWOOD June 30th 2022**60 METRE SPRINT**Heat 1:

Ann HOLCOMBE	75	11.9
Leo WATSON	81	13.7
Gordon ONLEY	87	18.9
Lloyd NICHOLS	80	44.4

Heat 2:

Cec McKEOWN	82	12.8
Shirley COPPOCK	86	13.2
Allan WOOD	85	13.7
Andrew FRASER	80	15.1

Heat 3:

Zac MATTERS	15	8.0
Toni MATTERS	54	9.4
Donna CLARKE	69	10.2

800/1600 METRE RUN N.O.T.800 Metres:

		<u>Clock</u>	<u>Nom.</u>
Zac MATTERS	15	2.41	2.35
Colin PAGE **	68	3.03	3.03
Chris ROBINSON	63	3.37	3.40
Cec McKEOWN	82	4.34	5.00

winner

1600 Metres:

Perry BIRKETT	60	6.35	6.30
Paul EARLE	58	7.15	7.00

150 METRE SPRINT 30.6.2022Heat 1:

Cec McKEOWN	82	31.1
Ann HOLCOMBE	75	31.7
Allan WOOD	85	34.0
Andrew FRASER	80	43.4
Gordon ONLEY	88	54.5

Heat 2:

Zac MATTERS	15	
Toni MATTERS	54	No
Donna CLARKE	69	
Shirley COPPOCK	86	Times
Lloyd NICHOLS	80	

EAST BURWOOD June 30th 2022 (cont)**800m HANDICAP WALK**

		<u>Clock</u>	<u>Actual</u>
Chris JOSEPH	54	7.53	6.53
Mark HARRIS	53	7.54	6.54
Gordon ONLEY	87	8.08	8.08
Andrew FRASER	80	8.13	7.18
Paul MORITZ	63	8.23	5.03
Leo WATSON	81	8.31	6.01
Allan WOOD	85	8.31	7.01
Brian TAIT	80	8.32	7.02
Kathy LUO	44	8.36	6.01
Ann HOLCOMBE	75	8.38	5.43
Gerald BURKE	82	8.40	7.50
Phyllis GOSBELL	84	8.49	6.24
Cec McKEOWN	82	8.49	6.14
Julie PIAO	49	9.16	6.11
Donna CLARKE	69	9.26	7.56
Peter WILLMOTT	55	9.26	7.56
Brian HOLCOMBE	76	10.12	9.17

70 METRE SPRINT

Donna CLARKE	69	12.6
Ann HOLCOMBE	75	13.6
Allan WOOD	85	14.5
Shirley COPPOCK	86	16.2
Lloyd NICHOLS	80	56.9

4 KM HANDICAP RUN**FFF SERIES 2**

		<u>Clock</u>	<u>Actual</u>
Stephen DAY	51	23.58	16.58
Colin PAGE	68	24.03	19.13
Chris ROBINSON	63	24.14	22.24
Michael COLLINS	56	24.44	17.24
Kathy LUO	44	25.38	21.48
Julie PIAO	49	25.40	22.10
Sam DEFANIS	74	25.42	22.12

DISCUS THROW N.O.D.

		<u>Best</u>	<u>Nom.</u>	
Paul DURRANT	61	30.72	32.00	
Peter WILLMOTT	55	17.84	20.00	
Chris ROBINSON	63	15.55	16.10	
Michael COLLINS	56	13.38		
Allan WOOD **	85	13.12	13.29	winner
Andrew FRASER	80	12.80	13.00	
Donna CLARKE	69	12.00	12.40	
Jack FREDRICKSON	83	11.38	13.50	

800 METRE HANDICAP WALK

Phyllis GOSBELL	83	
Donna CLARKE	69	No
Gerald BURKE	82	
Janet HOLMES	68	Times
Paul MORITZ	62	
Chris ROBINSON	63	Available
Cec McKEOWN	82	
Brian HOLCOMBE	76	

100 METRE SPRINT

Bill LIOULIAKIS	52	13.1
Peter WILLMOTT	55	14.7
Donna CLARKE	69	17.0
Ann HOLCOMBE	74	18.7
Cec McKEOWN	82	18.7
Shirley COPPOCK	86	23.8
Lloyd NICHOLS	80	72.8

6 KM HANDICAP RUN**LEGENDS 3**

		<u>Clock</u>	<u>Actual</u>
Geoff WHEELER	65	32.09	31.04
Colin PAGE	68	32.38	29.28
Jason MERRETT	49	33.45	27.00
Bernie McLOUGHLAN	69	34.10	29.45
Sam DEFANIS	74	34.22	33.27
Dean SCIACCA	55	34.23	25.28
Kathy LUO	44	36.21	34.51

Also:

Chris ROBINSON	63	10.50	2k
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JAVELIN THROWN HANDICAP

		<u>Best</u>	<u>Adjusted</u>
Peter WILLMOTT	55	21.16	41.81
Bill LIOULIAKIS	52	14.56	41.36
Toni MATTERS	53	24.33	41.28
Chris ROBINSON	63	14.90	40.85
Donna CLARKE	69	12.47	40.17
Bernie McLOUGHLAN	69	17.83	40.08
Allan WOOD	84	18.07	39.72
Jack FREDRICKSON	83	11.10	39.40
Andrew FRASER	80	11.90	39.35
Grant MURFETT	55	17.24	31.79
Kathy LUO	44	8.98	

Frankston & Peninsula June 9th 2022

NAME	AGE	TIME
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100m Sprint

Chris Sheedy	54	13.21
Mesh Prashad	48	13.89
Henry Sheddy	Inv	14.21
Bill Carr	72	14.25
John Delaney	72	25.33

300m Sprint

Mesh Prashad	48	48.45
Chris Sheedy	54	49.99
Bill Carr	72	54.42
Henry Sheddy	Inv	64.09
Andrew Moldrich	38	69.79

1000m Run

Mesh Prashad	48	3.34
David Sutherland	68	4.08
Andrew Moldrich	38	4.12
Henry Sheddy	Inv	4.12
Chris Sheedy	54	4.14
Barry Jeffs	73	4.17
Liz Lowther	70	4.22
Bronwyn Hanns	58	4.24
Gary Meyer	67	4.57
John Delaney	72	5.29
Kylie Irshad	50	5.38
Russell Dow	62	6.24

3k Walk

Peter Ellis	71	20.25
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1000m Walk

Heather Carr	72	6.18
Greg Lovejoy	80	7.33
John Sutton	79	8.49
Carol Johnston	73	9.18
John Hallo	80	9.19

2k Run

Bronwyn Hanns	58	9.41
Henry Sheddy	Inv	10.35
Gary Meyer	67	10.42
Chris Sheedy	54	11.48
Bill Carr	72	12.51

3k Run

Mesh Prashad	48	12.24
Andrew Moldrich	38	13.11
Kylie Irshad	50	14.41
Liz Lowther	70	14.51
Barry Jeffs	73	15.11
David Sutherland	68	15.29
John Delaney	72	17.19

2k Walk

Heather Carr	72	13.45
Greg Lovejoy	80	15.23
John Sutton	79	17.34
Carol Johnston	73	7.33 (800m)

Frankston & Peninsula June 9th 2022

NAME	AGE	TIME
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80m Sprint

Henry Sheddy	Inv	11.81
Rob Taylor	53	12.31
Chris Sheedy	54	12.38
Mesh Prashad	48	13.19
Bill Carr	72	13.40
Mike Hall	83	14.66
Clementine Sheedy	Inv	14.94
John Delaney	72	20.00

200m Sprint No times recorded

Rob Taylor	53	1
Chris Sheedy	54	2
Mesh Prashad	48	3
Bill Carr	72	4
Henry Sheddy	Inv	5
Clementine Sheedy	Inv	6
John Delaney	72	7

4k Run

Mesh Prashad	48	16.17
Liz Lowther	70	19.28
Kylie Irshad	50	20.58
Charlie Mallia	73	23.30

2k Walk

Heather Carr	72	13.50
Greg Lovejoy	80	15.27
John Sutton	79	17.42
Carol Johnston	73	7.54 800m

800m Age grade Run

Liz Lowther	70	3.24	87.38%
Mesh Prashad	48	2.38	72.53%
Chris Sheedy	54	2.53	69.52%
Bronwyn Hanns	58	3.34	66.14%
Barry Jeffs	73	3.44	64.74%
Gary Meyer	67	3.37	61.77%
Charlie Mallia	73	3.55	61.71%
Henry Sheddy	Inv	3.19	61.07%
Rob Taylor	53	3.25	58.67%
John Delaney	72	4.19	55.12%
David Dodson	63	4.15	50.67%
Clementine Sheedy	Inv	5.02	46.88%

Frankston & Peninsula June 16th 2022 (cont)

800m Walk

Kylie Irshad	50	4.25
Heather Carr	72	5.03
Greg Lovejoy	80	5.53
John Sutton	79	6.50
Carol Johnston	73	7.23

2k Run

Rob Taylor	53	9.07
Bronwyn Hanns	58	9.33
Henry Sheddy	Inv	9.39
Barry Jeffs	73	9.53
Gary Meyer	67	10.16
Chris Sheedy	54	10.30
Bill Carr	72	11.20
John Delaney	72	14.17

Our track at Ballam Park is now closed for resurfacing works, probably for the remainder of the year.

Our members will be participating at Casey Field Masters on a Monday night.

Geelong 1 June 2022

100m

Daimin Mole	15.10
Peter Lamb	16.70
Oscar Pyle	17.10
Rod Rowan	17.50
Lucy Rowan	17.50
Harry Pyle	17.80
Lucy Pyle	18.30
Henry Rowan	19.70
Ned Pyle	19.60
Vivian Pyle	23.60

2400m

Dave Elward	09:42
Sue Howell	09:43
Louis Rowan	09:46
Michael Panckridge	10:26
Oscar Pyle	10:54
Ned Pyle	11:28
Alan Jenkins	11:34
Patti Galvin	11:41
Harry Pyle	11:51
Daimin Mole	11:52
Rod Rowan	12:00
Jeff Walker	12:03
Frank Engelsman	12:33
Lucy Rowan	12:52
Lucy Pyle	13:20

1000m

Louis Rowan	03:30
Oscar Pyle	04:25
Harry Pyle	04:30
Lucy Rowan	04:31
Ned Pyle	04:35
Alan Jenkins	04:36
Patti Galvin	04:37
Jeff Walker	04:41
Rod Rowan	05:03
Henry Rowan	05:17
Frank Engelsman	05:26
Vivian Pyle	07:44
Lucy Pyle	07:44

Geelong 8 June 2022

1500m

Darren Riviere	07:10
Patti Galvin	07:10
Jeff Walker	07:24
Frank Engelsman	07:52
Kath Oliver	07:58
Fred Barnett	09:17

Geelong 8 June 2022 (cont)

400m

Peter Lamb	01:16
Ash Pyle	01:20
Oscar Pyle	01:25
Marcus Gniel	01:28
Rod Rowan	01:29
Lucy Rowan	01:31
Harry Pyle	01:33
Ned Pyle	01:34
Henry Rowan	01:50
Fred Barnett	02:08

2000m

Oscar Pyle	08:54
Ned Pyle	08:59
Marcus Gniel	09:28
Alan Jenkins	09:37
Patti Galvin	09:43
Rod Rowan	09:49
Lucy Rowan	10:36
Harry Pyle	10:37
Ash Pyle	10:41
Kath Oliver	10:57
Fred Barnett	12:17
Jill Coyte	12:21

4000m

Darren Riviere	15:34
Michael Panckridge	17:57
Jeff Walker	20:18
Frank Engelsman	20:36

Geelong 15 June 2022

2800m

David Jenkins	10:14
Louis Rowan	11:08
Michael Panckridge	13:11
Marcus Gniel	13:29
Stuart Pretty	13:40
Patti Galvin	13:45
Jeff Walker	14:23
Frank Engelsman	15:01

800m

Dave Elward	02:53
Daimin Mole	03:07
Alan Jenkins	03:34
Stuart Pretty	03:44
Patti Galvin	03:47
Jeff Walker	03:48
Frank Engelsman	04:06

1600m

Dave Elward	06:15
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2000m

Charlie El Hage	09:03
Jill Coyte	12:50

Geelong 22 June 2022

200m

Greta Jones	24:00
Stuart Pretty	12:00
Kristoffer Greaves	00:00
Fred Barnett	24:00

3200m

David Jenkins	11:29
Stuart Pretty	14:21
Patti Galvin	15:43
Alan Jenkins	15:59
Jeff Walker	16:29

2000m

Erica Fountain	06:57
Fred Barnett	12:22

1600m

Dave Elward	06:07
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1000m

Erica Fountain	0.00
Darren Riviere	0.00
Greta Jones	0.00
Sue Howell	03:37
Louis Rowan	03:37
Stuart Pretty	04:11
Jeff Walker	04:47
Patti Galvin	04:47
Kath Oliver	04:57
Fred Barnett	06:02

Geelong 29 June 2022

100m

Daimin Mole	14.80
Fred Barnett	24.20

2400m

Darren Riviere	09:02
Phil Shay	09:29
Dave Palmer	09:30
Andy Bruschi	10:15
Michael Panckridge	10:20
Patti Galvin	12:04
Frank Engelsman	12:09
Jeff Walker	12:42
Jill Coyte	15:26

2000m

Charlie El Hage	08:30
Fred Barnett	12:14

Geelong 29 June 2022 (cont)**1600m**

R Kambo	05:17
Emily McCormack	05:26
Dave Elward	06:09
Andy Bruschi	06:41
Daimin Mole	07:01
Patti Galvin	07:50
Frank Engelsman	07:51
Jeff Walker	08:18
Fred Barnett	09:51

Glen Eira June 7th 2022

60m E/T		Clock	E/T	Diff
Jim Rountree	63	9.92	9.8	0.12
Mike Clapper	70	8.93	9.05	0.12
June Treweek	61	9.56	9.76	0.2
Kurt Golonka	52	8.64	9.0	0.36
Michelle Edmonds	48	11.66	10.9	0.76
800m E/T		Clock	E/T	Diff
Kurt Golonka	52	3.02.3	3.10	7.7
Chris Stewart	68	3.07.65	3.20	12.35
Greg Hughes	63	4.43.65	4.58	14.35
Sarah Lorentzen	43	3.05.46	3.20	14.54
200m E/T		Clock	E/T	Diff
Mike Clapper	70	30.9	31.0	0.1
Jim Rountree	63	34.48	34.8	0.32
Kurt Golonka	52	30.44	30.0	0.44
Michelle Edmonds	48	41	40.3	0.7
June Treweek	61	36.8	36.01	0.79
Greg Hughes	63	50	75	25
Sandra Middleton 3k H/C (sealed)		Clock	H/C	H/C Time
Terry O'Neill	66	18.24	12.38	31.02
Jim Rountree	63	21.26	9.36	31.02
Jim Berrington	65	19.14	11.50	31.04
John Zeleznikow	72	29.07	2.12	31.19
Karyn O'Neill	67	21.32	9.48	31.20
Tony Doran	70	22.35	9.36	32.11
Alice Sephton	40	29.15	3.00	32.15
Ray Kemp 3k H/C (sealed)		Clock	H/C	H/C Time
Peter Bence	72	13.38.3	6.00	19.38.3
Syd Bone	64	13.42.4	6.00	19.42.4
James Kingston	54	11.55.3	8.00	19.55.3
Jo Cockwill	69	17.26.7	2.30	19.56.7
Janet Holmes	68	16.45	3.30	20.15
Karen Monohan	55	21.15.9	-1.00	20.15.9
Merle Want	61	17.35.6	2.45	20.20.6
Graham Stockdale	80	20.12	1.00	21.12
Jane Sturzaker	69	19.39.2	1.45	21.24.2
Michelle Edmonds	48	20.29	1.00	21.29
Phil Urquhart	77	20.26.9	1.00	21.36.9
Greg Hughes	63	20.04.8	2.00	22.04.8
Sarah Lorentzen	43	16.18.2	6.00	22.18.2
Kurt Golonka	52	17.13.9	5.30	22.43.9

Glen Eira June 14th 2022

100m Age %		Clock	Age %
Mike Clapper	70	14.39	86.3
Kurt Golonka	52	13.20	84.2
Michelle Edmonds	48	17.99	66.7
Sarah Johnson	38	18.67	57.4

Glen Eira June 14th 2022 (cont)

800m H/C		Clock	H/C	H/C time
Chris Stewart	68	3.36.54	32	3.04.54
Peter Bence	72	3.42.67	40	3.02.67
Janet Holmes	68	3.46.67	GO	3.46.47
Graham Stockdale	80	3.56.76	20	3.36.76
Kurt Golonka	52	3.59.97	45	3.14.97
Chris Brown	66	4.05.57	20	3.45.57

300m H/C		Clock	H/C	H/C time
Mike Clapper	70	76.82	26	50.82
Michelle Edmonds	48	81.36	11	70.36
Kurt Golonka	52	82.87	31	51.87
Alice Sephton	40	99.72	GO	99.72

Walk - 1500m Age %		Clock	Age %
Sandra Middleton	73	11.10	72.5
Des Middleton	75	11.11	68.8
Michael Heffernan	87	14.48	62.6
Vicki Charles	59	12.02	57.0

3k E/T		Clock	E/T	Diff
James Kingston	54	11.51.38	11.50	1.38
Phil Urquhart	77	19.28	19.30	2
Simon Lloyd	66	12.34	12.30	4
Karyn O'Neill	67	18.34	18.40	6
Jo Cockwill	69	17.37	17.30	7
Simone O'Brien	50	17.34	17.23	11
Peter Bence	72	14.37	13.51	46
Michelle Edmonds	48	20.39	19.50	49
Sarah Johnson	38	17.33	18.30	57
5k E/T		Clock	E/T	Diff
Merle Want	61	29.25	29.58	33
Terry O'Neill	66	25.50	25.15	35
Chris Brown	66	28.09	27.30	39
Karen Monohan	55	NTT		

Glen Eira June 21st 2022

60m E/T		Clock	E/T	Diff
Hugh Stevenson	61	9.19	9.26	0.07
Michelle Edmonds	48	10.98	10.9	0.08
Vivienne Cash	70	10.14	10.00	0.14
Sarah Johnson	38	11.73	11.30	0.43
Greg Hughes	63	12.12	14.04	1.92

1500m E/T		Clock	E/T	Diff
Syd Bone	64	6.30.54	6.30	0.54
Mike Clapper	70	6.21.01	6.20	1.01
Peter Bence	72	5.59.38	6.01	1.62
Sarah Lorentzen	43	6.19.25	6.15	4.25
Yu Tang	34	5.49.63	5.45	4.63
James Kingston	54	5.36.49	5.30	6.49
Oscar Lorentzen	11	5.59.38	5.40	19.38

400m H/C

		Clock	H/C	H/C time
Michelle Edmonds	47	90.53	1	89.53
Hugh Stevenson	61	92.02	2	90.02
Greg Hughes	63	98.7	0	98.7

2k Walk E/T		Clock	E/T	Diff
Karyn O'Neill	67	14.08	14.15	-7
Sandra Middleton	73	14.51	14.40	11
Cynthia Ellery	73	17.34	17.17	17
Conrad Hamann	70	14.30	14.50	-20
Michael Heffernan	87	19.28	19.50	-22
John Zeleznikow	72	19.04	17.30	-26
Tony Doran	70	14.31	15.02	-31
Jim Berrington	65	13.05	13.40	-35
Greg Hughes	63	17.37	16.12	85
Alice Sephton	40	22.43	15.00	463

20 minutes - Estimated Distance		E/D	Distance	Diff(m)
Syd Bone	64	4.05	4.05	0
Phil Urquhart	77	2.95	2.96	10
Simone O'Brien	50	3.73	3.70	30
Terry O'Neill	66	4.00	4.05	50
Sarah Johnson	38	3.50	3.56	60
Yu Tang	34	4.00	4.09	90
Hugh Stevenson	61	3.30	3.21	90
Merle Want	61	3.50	3.40	100
Peter Bence	72	4.20	4.08	116
Janet Holmes	69	3.30	3.47	170
Michelle Edmonds	47	3.00	2.65	350
Sarah Lorentzen	43	4.00	3.65	350
James Kingston	54	5.00	4.51	490
Oscar Lorentzen	11	5.00	4.51	490
Jane Sturzaker	69	3.80	3.03	770

Glen Eira June 28th 2022

80m E/T		Clock	E/T	Diff
Mary Harper	52	14.82	14.50	0.32
Aggie Byers	43	12.05	12.97	0.92
Glad Wishart	78	16.57	15.49	1.41
Bob Wishart	80	14.17	12.76	1.41
Sarah Johnson	38	15.39	13.00	2.39

600m E/T		Clock	E/T	Diff
Chris Brown	66	2.35.43	2.35	0.43
Mike Clapper	70	1.54.49	1.53.5	0.99
Chris Stewart	68	2.10.18	2.15	4.82
Janet Holmes	69	2.40.17	2.35	5.17
Simone O'Brien	50	2.41.07	2.49	7.93
Sarah Lorentzen	43	2.08	2.00	8.00
Graham Stockdale	80	2.33.48	2.25	8.48
Mark Cant	60	2.25.76	2.10	15.76

Glen Eira June 28th 2022 (cont)

150m E/T		Clock	E/T	Diff
Chris Brown	66	24.92	26.0	1.08
Glad Wishart	78	32.5	34.3	1.8
Aggie Byers	43	23.61	29.0	5.39

2k Walk E/T		Clock	E/T	Diff
Tony Doran	70	14.45	14.48	-3
Sandra Middleton	73	15.10	14.58	12
Cynthia Ellery	73	17.46	17.17	31
Michael Heffernan	87	20.07	19.35	32
Michael Heffernan	87	20.12	GO	20
Des Middleton	75	15.12	16.30	-78
Paul Lynch	72	17.11	18.30	-79

4k Walk E/T		Clock	E/T	Diff
John Zeleznikow	72	40.48	41.00	-12
Karyn O'Neill	67	28.32	29.00	-28
Jim Berrington	65	27.51	26.55	56

2k E/T		Clock	E/T	Diff
James Kingston	54	9.58.11	10.00	1.9
Sarah Lorentzen	43	9.57.3	10.00	2.7
Jane Sturzaker	69	12.53.67	13.00	6.3
Mark Cant	60	9.59.47	9.50	9.5
Janet Holmes	69	10.47.36	11.10	22.6
Simone O'Brien	66	10.11.55	10.43	31.5
Jo Cockwill	69	11.43.07	11.10	33.1
Peter Bence	72	8.14.56	8.49	34.4
Simon Lloyd	67	8.05.8	8.50	44.2
Mary Harper	52	13.05.05	13.50	44.94
Sarah Johnson	38	11.32.75	13.00	87.25
Chris Brown	66	11.54.16		

4k E/T		Clock	E/T	Diff
Merle Want	61	23.25.29	25.0	94.71
Karen Monohan	55	27.56.93	29.4	103.07
Phil Urquhart	77	27.53.48	26.1	103.48
Rock Lee	40	22.50.25	25.0	129.75

KNOX June 1st 2022

<u>800m walk</u>	
Peter Shanahan	60
Mick Carr	69
Mark Harris	53
Ian U'Ren	71
Glenn Claiden	68
Ryan Clark	46
Glenys Brown	69
Stephen Richards	61
Paul Twining	72
Helen Stanley	66
David Wear	75
Bernie McLoughlan	69
Peter Thorne	74

Lavinia Petrie series (2nd event)

<u>1500metres self hcp</u>	
Mick Carr	69
Paul Twining	72
Ian U'Ren	71
Stephen Richards	61
David Wear	75
Erika Bedyne	59
Ryan Clark	46
Glenn Claiden	68
Bernie McLoughlan	69
Peter Thorne	74
Peter Shanahan	60
Helen Stanley	66
Glenys Brown	69

200m NOT

Heat 1		
Peter Thorne	74	42.75 2nd
Peter Shanahan	60	43.87 winner
Glenn Claiden	68	52.38
Paul Twining	72	57.52
David Wear	75	58.63
Glenys Brown	69	73.78
Mick Carr	69	80.7
Ian U'Ren	71	1.43.87
Heat 2		
Paul Durrant	60	29.4
Stephen Richards	61	32.54
Bernie McLoughlan	69	34.02
Helen Stanley	66	41.4
Erika Bedyne	59	43.97
Ryan Clark	46	51.22

KNOX June 1st 2022 (cont)**2k**

David Wear	75	10.2
Stephen Richards	61	10.32
Erika Bedyne	59	10.59
Ian U'Ren	71	11.47 4laps
Helen Stanley	66	11.56
Peter Thorne	74	11.58
Bernie McLoughlan	69	12.25
Peter Shanahan	60	12.44

4k

Paul Twining	72	21
Ryan Clark	46	22.35
Mick Carr	69	29.3

KNOX June 8th 2022**800m walk**

Mick Carr	69	5.44
Erika Bedyne	59	7.21
Ryan Clark	46	8.23
Stephen Richards	61	8.24
Glenn Claiden	68	8.26
Paul Twining	72	8.27
Graeme Leticq	67	8.32
Ian U'Ren	71	8.33
Sam De Fanis	74	8.34
Bernie McLoughlan	69	8.38
Peter Thorne	74	8.39
Glenys Brown	69	9.5
Jodie Sinclair	51	9.52
Maggie Hawkes	66	9.57

Sprint

Paul Durrant	60	11.59 80m
Jodie Sinclair	51	11.91 60m

500m

Stephen Richards	61	2.12
Peter Thorne	74	2.44
Jodie Sinclair	51	3.47
Mick Carr	69	3.28
Glenys Brown	69	4.16

900m

Bernie McLoughlan	69	4.29
Erika Bedyne	59	4.49
Ian U'Ren	71	5.59

1300m

Bryan Poggenpoel	51	4.55
Helen Stanley	66	6.43
Graeme Leticq	67	6.47
Ryan Clark	46	6.54
Paul Twining	72	8.06

255metres NOT

Paul Durrant	60	40.47 winner
Bryan Poggenpoel	51	42.63
Stephen Richards	61	45.42 2nd
Bernie McLoughlan	69	47.83
Ryan Clark	46	56.95
Erika Bedyne	59	1.01.7 3rd
Jodie Sinclair	51	1.02.47
Peter Thorne	74	1.05.31
Paul Twining	72	1.10.43
Mick Carr	69	1.41.43
Glenys Brown	69	1.56.00

Lavinia Petrie series 3rd event**3000metres self hcp**

Mick Carr	69
Bernie McLoughlan	69
Ian U'Ren	71
Graeme Leticq	67
Helen Stanley	66
Paul Twining	72
Michelle Quan	52
Erika Bedyne	59
Sam De Fanis	74
Peter Thorne	74
Stephen Richards	61
Ryan Clark	46
Bryan Poggenpoel	51
Glenn Claiden	68
David Wear	75

KNOX June 15th 2022**800m walk**

Glenn Claiden	68	7.56
Paul Twining	72	8.45
David Wear	75	8.48
Bernie McLoughlan	69	8.49
Erika Bedyne	59	8.52
Peter Shanahan	60	8.53
Ros Dyer	57	9.09
Marina Curnow	74	9.11

Sprint

Paul Durrant	60	12.5 80m
Peter Shanahan	60	13.2 60m

KNOX June 15th 2022 (cont)**700m**

Bernie McLoughlan	69	2.55
Helen Stanley	66	3.02
Peter Shanahan	60	3.5
Peter Thorne	74	3.54
David Wear	75	4.22
Paul Twining	72	4.32

1100metres

Erika Bedyne	59	5.34
Ryan Clarke	46	6.18

220metre NOT

Paul Durrant	60	33.95	3rd
Stephen Richards	61	39.24	winner
Bernie McLoughlan	69	40.95	2nd
Peter Thorne	74	48.21	
Peter Shanahan	60	51.05	
Erika Bedyne	59	53.82	
Ryan Clarke	46	64.82	
Ros Dyer	57	65.04	
Paul Twining	72	67.65	
David Wear	75	68.55	

Lavinia Petrie series 4th event**4000metres self hcp**

Ros Dyer	57	
Michelle Quan		
Peter Shanahan	60	
Bernie McLoughlan	69	
Helen Stanley	66	
Stephen Richards	61	
Ryan Clark	46	
Erika Bedyne	59	
David Wear	75	
Peter Thorne	74	

KNOX June 22nd 2022**600m**

Stephen Richards	61	2.52
Peter Thorne	74	3.32
Gerard McDonald	58	3.44
David Wear	75	3.45
Julie Richards	59	5.50
Glenys Brown	69	5.51
Marina Curnow	74	6.54
Maggie Hawkes	66	6.55
1000metres		
Erika Bedyne	59	5.03
Graeme Leticq	67	5.41
Ryan Clark	61	6.16

Sprint

Jodie Sinclair	51	11.27	60m
Paul Durrant	61	12.13	

Lavinia Petrie series last event**5000metres self hcp**

Michelle Quan	52	24.57	DQ
Peter Thorne	74	28.5	1st
Stephen Richards	61	28.13	
Glenn Claiden	68	28.14	
Erika Bedyne	59	25.44	
Graeme Leticq	67	25.11	
Ryan Clark	46	28.18	
David Wear	75	31.34	
Sam De Fanis	74	28.45	
Jodie Sinclair	51	33.43	

Sprint

Stephen Richards	61	14.07	90m
Gerard McDonald	58	14.62	70m
Paul Durrant	61	14.92	100m
Peter Thorne	74	16.71	80m
Peter Shanahan	60	20.08	70m

800m walk

Peter Shanahan	60	8.32
Glenys Brown	69	8.37
Julie Richards	59	8.38
Erika Bedyne	59	9.04
Maggie Hawkes	66	9.05
Jodie Sinclair	51	9.18
Marina Curnow	74	9.19
Stephen Richards	61	9.21
Ryan Clark	46	9.22
Gerard McDonald	58	10.09
David Wear	75	10.1
Peter Thorne	74	10.11

KNOX June 29th 2022**800m walk**

Peter Shanahan	61	6.28
Mick Carr	69	6.30
Mark Harris	53	6.33
Stephen Richards	61	8.35
Graeme Leticq	67	8.36
Peter Thorne	74	8.37
Paul Twining	72	8.38
Glenys Brown	69	9.40
Maggie Hawkes	66	9.41
Robert Henderson	75	9.45
Peter LeGet	88	9.47

KNOX June 29th 2022 (cont)**Sprint**

Paul Durrant	61	11.5	80m
Stephen Richards	61	12.71	80m
Peter Shanahan	61	13.77	60m

800m

Stephen Richards	61	3.57
Peter Shanahan	61	4.03
Peter Thorne	74	4.32
Robert Henderson	75	4.4
Paul Twining	72	4.54
Mick Carr	69	5.41

1200metres

Helen Stanley	66	5.3
Erika Bedyne	59	6.35
Graeme Leticq	67	6.43
Sam De Fanis	74	6.44

250m NOT

Paul Durrant	61	37.58	winner
Stephen Richards	61	46.96	3rd
Helen Stanley	66	48.51	
Peter Shanahan	61	55.1	2nd
Peter Thorne	74	56.81	
Paul Twining	72	1.06.63	
Glenys Brown	69	1.32.81	
Mick Carr	69	1.33.49	
Gerard McDonald	58	2.18.29	

10 lap spiral

Helen Stanley	66	20.58	
Graeme Leticq	67	22.33	
Erika Bedyne	59	24.17	
Peter Thorne	74	24.39	
Sam De Fanis	74	26.55	
Paul Twining	72	26.55	
Mick Carr	69	31.22	
Peter Shanahan	61	20.52	7laps

MENTONE June 1st 2022**500m E.T. Walk**

		<u>Clock</u>	<u>Diff</u>
John Mathew	85	4.57	-0.03
Kylie Irshad	50	2.33	0.03
Kevin Cassidy	61	2.16	-0.04
Maureen Seedsman	84	3.59	-0.06
Ian Beaumont	86	4.57	-0.07
Greg Hughes	63	3.33	0.07
Julian Boland	59	3.18	-0.14
John Zeleznikow	71	4.41	-0.14

1500m E.T.

		<u>Clock</u>	<u>Diff</u>
Greg Hughes	63	9.20	-0.03
Helen Castel	59	7.51	-0.04
Sandra Wynne	70	7.55	-0.15
Avril Britter	63	8.08	-0.18
Col Waring	76	7.05	-0.25

120m E.T.**MJ Trophy 1**

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	23.47	-0.29
Vivienne Cash ***	70	19.68	-0.32
Gemma Mackay	Inv	18.52	-0.48
Greg Hughes ***	63	23.14	-0.86
Bob Wishart ***	80	19.40	-1.20
Glad Wishart	78	29.12	2.42
John Mathew 60m	85	20.58	11.08

5km E.T.

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	31.35	0.31
Sandra Wynne	70	29.29	-0.56

1500m E.T. Walk

		<u>Clock</u>	<u>Diff</u>
Kevin Cassidy	61	7.33	0.03
Julian Boland	59	10.06	0.07
John Zeleznikow	71	14.20	0.10
Kylie Irshad	50	8.17	-0.13
Maureen Seedsman	84	12.44	0.14
Greg Hughes	63	12.46	0.28
Ian Beaumont	86	16.08	0.47
John Mathew	85	18.00	1.30

MENTONE June 8th 2022**250m**

		<u>Clock</u>
Vivienne Cash	70	45.54
Greg Hughes	63	71.97
John Mathew 60m	85	19.41
Ron Arthur 150m	82	47.19

800m E.T.

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	4.01.8	1.8
Avril Britter	63	4.13.2	7.2
Ashley Page	81	4.19.9	9.9
Col Waring	76	3.19.1	-10.1

MENTONE June 8th 2022 (cont)

<u>600m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Ralph Bennett	80	3.45	0.00
Maureen Seedsman	84	4.46	-0.01
Jenny Swinden	67	4.16	0.01
Ian Beaumont	86	6.01	0.04
John Zeleznikow	71	5.51	0.06
Julian Boland	59	4.31	-0.09
Sylvia Machin	80	4.34	-0.11
Dawn Bennett	77	5.01	0.11
John Mathew	85	6.12	0.12
Jim Swinden	68	4.22	-0.23
Greg Hughes	63	4.25	0.29
Sonya McLennan	69	4.03	-0.42

60m E.T.**MJ Trophy 2**

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	11.94	-0.09
Vivienne Cash ***	70	9.87	-0.13
Sandra Wynne	70	11.82	0.32
Julian Boland	59	10.58	-0.33
Glad Wishart	78	12.31	0.36
Gemma Mackay	Inv	9.48	0.52
John Mathew	85	19.64	0.64
Greg Hughes	63	14.04	3.04
Ron Arthur	82	15.00	3.50

2km E.T.Point Score Series

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	11.08	0.03
Greg Hughes	63	12.42	0.04
Roz Walker ***	59	9.33	0.08
Ashley Page ***	81	11.02	-0.09
Avril Britter	63	11.39	-0.34
Sonya McLennan	69	11.03	-0.52
Stephen Wishart	49	2.32	0.17
Jenny Swinden	67	2.53	-0.21
Jeanne Bryan	79	5.02	0.42
Helen Bryan	52	5.02	0.42
Emma Wishart	46	3.05	1.05
Jarvis Wishart	8	3.05	1.05

3000m E.T.**IcGuire Trophy**

		<u>Clock</u>	<u>Diff</u>
Julian Boland	59	21.13	0.11
John Zeleznikow	72	28.55	-0.35
Sylvia Machin	80	23.56	-0.39
Dawn Bennett	77	26.16	-0.44
Jim Swinden	68	23.56	-0.44
Ralph Bennett ***	80	18.48	-1.12
Jenny Swinden	67	22.44	-1.16
Maureen Seedsman	84	25.21	-1.19
Ian Beaumont	86	32.04	1.39
Ashley Birrell	77	29.46	-2.44
John Mathew	85	20.25	5 laps

MENTONE June 15th 2022

<u>800m E.T. Walk</u>		<u>Clock</u>	<u>Diff</u>
Maureen Seedsman	84	6.27	0.00
Julian Boland	59	5.43	-0.01
Sonya McLennan	69	5.21	0.01
Sylvia Machin	80	6.15	0.06
Dawn Bennett	77	6.38	0.08
Ralph Bennett	80	5.15	0.10
Kylie Irshad	50	4.14	-0.16
Jarvis Wishart	Inv	6.38	-0.17
John Mathew	85	8.59	0.27
Greg Hughes	63	6.07	0.42
Nola Finn 1 lap	85	5.18	

1600m E.T. "Agg Event"

		<u>Clock</u>	<u>Diff</u>	
Sandra Wynne	70	8.43.8	8.8	7
Avril Britter	63	8.56.8	9.2	5
Greg Hughes	63	9.51.0	21.0	4
Marlene Gourlay	70	7.28.1	21.9	3
Ashley Page	81	8.52.2	24.2	2

110m E.T. "Agg Event"**MJ Trophy 3**

		<u>Clock</u>	<u>Diff</u>	
Vivienne Cash	70	18.61	0.41	7
Julian Boland	59	19.44	0.55	5
Ron Arthur	82	22.14	-1.06	4
Stephen Wishart	49	18.28	-1.24	3
John Mathew	85	20.95	1.45	2
Avril Britter	63	23.35	1.54	1
Greg Hughes	63	23.45	1.56	1
Glad Wishart	78	25.72	1.76	1
Stephen Bird	59	19.87	-3.13	1
Jarvis Wishart	Inv	22.14	-1.06	
Mila Wishart	Inv	25.32	3.02	

3.336km E.T.Point Score Series

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	19.49	-0.01
Sonya McLennan	69	19.32	-0.13
Kylie Irshad	50	16.24	0.24
Avril Britter	63	20.42	0.31
Roz Walker	59	16.11	-0.34
Stephen Bird	59	16.42	0.42
Graham Stockdale	80	23.17	3.17
Greg Hughes	63	23.17	3.22
John Mathew	85	5.29	0.29
Jim Swinden	68	3.47	0.32
Kevin Cassidy	61	2.27	-0.33
Jeanne Bryan	79	6.07	0.47
Helen Bryan	51	6.07	0.57
Natalie King	80	5.14	1.14

MENTONE June 15th 2022 (cont)

5 Lap Spiral E.T. Walk			
		<u>Clock</u>	<u>Diff</u>
Maureen Seedsman	84	17.45	0.05
Julian Boland	59	14.56	0.06
Sylvia Machin	80	16.32	-0.08
John Mathew	85	28.00	2.00
Ralph Bennett	80	13.38	-0.22
Dawn Bennett	77	18.06	0.26

MENTONE June 22nd 2022

400m E.T. Walk			
		<u>Clock</u>	<u>Diff</u>
John Mathew	85	4.00	0.00
Jim Swinden	68	2.51	0.01
Kevin Cassidy	61	1.48	-0.02
Ian Beaumont	86	3.59	-0.03
Lisa Thomson	60	3.04	-0.03
Chriss Georgakis	60	3.04	-0.03
Sylvia Machin	80	2.56	-0.04
Jenny Swinden	67	2.39	-0.06
Sonya McLennan	69	2.28	0.06
Michael Boulton	67	3.17	0.07
John Zeleznikow	72	3.34	-0.16
Jeanne Bryan	80	4.48	0.28
Helen Bryan	52	4.48	0.38
Merv Johnston	68	2.51	0.51

200m H/C			
		<u>Clock</u>	<u>Metres</u>
John Mathew	85	24.17	113
Vivienne Cash	70	27.05	40
Greg Hughes	63	27.86	56
Glad Wishart	78	27.90	70
Andrew Balmer	Inv	37.49	0

600m E.T.			
		<u>Clock</u>	<u>Diff</u>
Ashley Page	81	3.08.0	0.5
Col Waring	76	2.19.3	-1.7
Avril Britter	63	2.56.8	4.8
Helen Castel	59	2.53.2	-6.8
Sandra Wynne	70	2.58.8	8.8
Ashley Birrell	77	3.48.6	28.6
Peter Weeks		3.55.0	

70m E.T. Trophy 4			
		<u>Clock</u>	<u>Diff</u>
Glad Wishart	78	14.68	0.22
Vivienne Cash	70	11.82	0.22
Sandra Wynne	70	13.90	0.60
Avril Britter	63	14.25	0.64
John Mathew	85	22.71	0.79
Greg Hughes	63	13.49	0.81
Bob Wishart	80	14.70	1.00
Julian Boland	59	11.58	1.29
Jim Swinden	68	16.33	1.67

2 Miles E.T. "Agg Event"				
		<u>Clock</u>	<u>Diff</u>	
Roz Walker ***	59	15.49	0.11	7
Avril Britter	63	19.16	0.14	5
Sonya McLennan	69	17.50	-0.19	4
Ashley Page	81	18.27	0.19	4
Sandra Wynne	70	18.00	-0.50	2
Greg Hughes	63	20.40	1.34	1
Robert Molc--	71	18.25	7.35	1
Ashley Birrell	77	29.22	9.22	1

1500m E.T. Walk			
		<u>Clock</u>	<u>Diff</u>
Natalie King	80	16.30	0.02
Julian Boland	59	10.33	0.24
Ian Beaumont	86	16.27	0.52
Ian Cassel	68	13.15	1.15
Michael Boulton	67	14.13	1.23
Jeanne Bryan	80	24.48	6.18
Helen Bryan	52	24.48	6.48
John Mathew 2.75L	85	16.37	

3000m E.T. Walk			
		<u>Clock</u>	<u>Diff</u>
Sylvia Machin	80	23.40	0.05
Kevin Cassidy	61	15.39	-0.21
Jenny Swinden	67	22.35	-0.25
Jim Swinden	68	23.41	0.41
John Zeleznikow	72	29.47	-0.43
Chriss Georgakis	60	24.10	-0.50
Lisa Thomson	60	24.10	-0.50
Merv Johnston	68	23.25	-16.35

MENTONE June 29th 2022

500m E.T. Walk			
		<u>Clock</u>	<u>Diff</u>
Julian Boland	59	3.19	-0.01
Lisa Thomson	60	3.39	-0.01
Jim Swinden	68	3.32	-0.01
Jenny Swinden	67	3.24	0.01
John Mathew	85	4.58	-0.02
Sylvia Machin	81	3.43	-0.02
Michael Boulton	68	4.13	0.03
Chriss Georgakis	60	3.44	0.04
John Zeleznikow	72	4.45	-0.05
Merv Johnston	68	3.30	-0.05
Ian Beaumont	86	4.51	-0.06
Geoff Barrow	73	3.21	-0.09
Greg Hughes	63	3.42	0.09
Emma Wishart	46	3.50	0.10
Nola Finn	86	6.25	-0.25
Lili Rosaposki	Inv	3.53	-0.57
Mila Wishart	Inv	3.52	-1.03
Jarvis Wishart	Inv	5.22	1.37

MENTONE June 29th 2022 (cont)**1 Mile Self H/Cap.**

		<u>Clock</u>	<u>Actual</u>
Helen Castel	59	8.46.1	10.28.1
Col Waring	76	7.43.9	10.28.9
Ashley Page	81	9.09.6	11.01.6
Greg Hughes	63	9.47	

100m E.T.

		<u>Clock</u>	<u>Diff</u>
Stephen Wishart	49	14.05	0.15
Ron Arthur	82	18.30	-0.20
Bob Wishart	80	18.11	-0.69
Julian Boland	59	17.42	-1.04
Glad Wishart	78	22.10	1.30
John Mathew 60m	85	20.35	
Jarvis Wishart	Inv	21.84	0.64
Mila Wishart	Inv	18.09	-0.71
Jett Rosanoski	Inv	22.90	1.75
Lili Rosanoski	Inv	22.79	3.99

2.5km Self H/C.**TH Trophy 2**

		<u>Clock</u>	<u>Actual</u>
Graham Stockdale	80	16.56	16.16
Roz Walker	59	17.00	12.20
Ashley Page	81	17.26	14.50
Ashley Birrell	77		16.16

2000m Walk E.T. "Agg Event"

		<u>Clock</u>	<u>Actual</u>	
Julian Boland	59	13.53	0.06	7
Jenny Swinden	67	14.34	0.09	5
Sylvia Machin	81	15.35	-0.20	4
Ian Beaumont	86	20.58	0.28	3
Geoff Barrow	73	15.13	0.33	2
John Zeleznikow	72	19.04	-0.36	1
Merv Johnston	68	14.38	-0.37	1
Michael Boulton	68	18.05	-1.55	1
Chriss Georgakis	60	15.44	-3.46	1
Lisa Thomson	60	15.44	-3.46	1
John Mathew	85	33.30	7.30	1

SPRINGVALE June 1st 2022**90 metres**

Padraig BRADY	40	13.50
Sayed KHATAB	71	14.50
Helen ANDERSON	59	15.50
Mick COLGAN	71	19.40
Dominique RUELOT	70	20.90
Lindsay OXENHAM	72	21.20
Jenny FOX	81	21.90

1400 metres

Padraig BRADY	40	6.36
Sayed KHATAB	71	6.44
Dave TALBOT	67	6.48
Howard REES	74	6.52
Bill IRVINE	73	7.06
Helen ANDERSON	59	7.11
Neil GRAY	74	7.35
Lou BUCCIERI	66	7.42
Claudio RIGA	66	7.57
Rebecca KENNY	52	8.00
Lindsay OXENHAM	72	8.14
Dominique RUELOT	70	9.14
Peter ELLIS	71	9.19

300 metres

Padraig BRADY	40	56.80
Helen ANDERSON	59	58.60
Charles LEHNE	58	63.40
Chris McARDLE	69	65.40
Sayed KHATAB	71	72.20
Rebecca KENNY	52	90.00
Lindsay OXENHAM	72	93.00
Dominique RUELOT	70	102.00
Jenny FOX	81	134.00

3200 metres

Alan BENNIE	75	14.36
Howard REES	74	15.54
Lou BUCCIERI	66	17.49
Sayed KHATAB	71	18.38
Claudio RIGA	66	19.04
Lindsay OXENHAM	72	19.30
Padraig BRADY	40	21.50

2000 metres walk hcp.

		clock	actual
Frank ALLEN	77	19.26	17.46
Peter ELLIS	71	19.39	13.19
Ernie JEFFS	77	19.47	19.17
Pam THOMAS	76	19.57	17.47
Celia JOHNSON	74	19.57	16.07
Tony DORAN	70	20.45	15.05
Rebecca KENNY	52	21.11	16.41
Eric NEGROS	59	21.50	21.50

SPRINGVALE June 1st 2022 (cont)**2000 metres**

Helen ANDERSON	59	12.17
Dominique RUELOT	70	16.20

SPRINGVALE June 8th 2022**Jim Sinclair handicap 120 mts**

<u>heat 1</u>		clock	hcp
Padraig BRADY	40	17.60	0 mts
Lindsay OXENHAM	72	18.00	40.00
Helen ANDERSON	59	18.30	8.00
Dave TALBOT	67	18.70	16.00
Tracey HUTCHINSON	52	19.40	25.00

heat 2

Dominique RUELOT	70	18.20	42 mts
Mike HALL	83	18.90	16.00
Anand THILLAISUNDARAM	46	19.70	6.00
Troy JEFFS	47	23.00	3.00
Mick COLGAN	71	22.00	25.00

heat 3

Alan ANDERSON	30	18.20	plus30
Sayed KHATAB	71	18.50	10.00
Jenny FOX	81	18.70	45.00
Chris McARDLE	69	19.00	16.00
Celia JOHNSON	74	23.80	inv

600 metres

Alan ANDERSON	30	2.13
Padraig BRADY	40	2.19
Charles LEHNE	63	2.27
Neville HARTCHER	69	2.28
Dave TALBOT	67	2.29
Sayed KHATAB	71	2.40
Rajinder MISHRA	45	2.48
Kamya MISHRA		2.58
Lindsay OXENHAM	72	3.11
Tracey HUTCHINSON	52	3.55
Dominique RUELOT	70	3.56
Celia JOHNSON	74	4.03

1000 metres

Anand THILLAISUNDARAM	46	4.54
Lou BUCCIERI	66	5.00
Lindsay OXENHAM	72	19.39
Padraig BRADY	39	20.53

1800 metres walk

Anand THILLAISUNDARAM	46	12.50
Tracey HUTCHINSON	52	14.03
Pam THOMAS	76	16.12
Eric NEGROS	59	19.36
Simon		23.39
Louisa		23.39

2600 metres walk

Celia JOHNSON	74	21.11	
Varlie BARNES	50	22.23	
Frank ALLEN	77	22.53	
Helen ANDERSON	59	24.10	
Kamya MISHRA	122	24.12	
Rajinder MISHRA	45	24.13	3km

3000 metres

Alan BENNIE	75	13.50	
Troy JEFFS	47	15.02	
Sayed KHATAB	71	15.46	
Bill IRVINE	73	16.22	
Lindsay OXENHAM	72	17.49	
Lou BUCCIERI	66	18.20	
Padraig BRADY	40	19.08	
Dominique RUELOT	70	22.03	
Howard REES	74	7.06	1.4km

SPRINGVALE June 15th 2022**90 metres heat 1**

Mike HALL	83	16.70
Alan BENNIE	75	21.70
Lou BUCCIERI	66	22.30
Lindsay OXENHAM	72	22.80
Claudio RIGA	66	31.20
Frank ALLEN	77	41.40
Tony JOHNSON	82	42.70

heat 2

Mark McINNIS	61	20.50
Howard REES	74	23.40
Dominique RUELOT	70	23.90
Bill IRVINE	73	24.90
Peter ELLIS	71	25.50
Natalie IRVINE	76	44.30

heat 3

Anand THILLAISUNDARAM	46	15.50
Troy JEFFS	47	18.10
Varlie BARNES	50	19.30
Tracey HUTCHINSON	52	19.80
Jenny FOX	81	24.10
Celia JOHNSON	74	37.50

heat 4

Alan ANDERSON	30	11.30
Muzafer ALI	28	12.40
Ali		13.40
Sayed KHATAB	71	16.60

SPRINGVALE June 15th 2022 (cont)**200 metres walk**

Anand THILLAISUNDARAM	46	58.30	
Peter ELLIS	71	86.70	
Dominique RUELOT	70	91.50	
Celia JOHNSON	74	92.30	
Varlie BARNES	50	92.30	
Claudio RIGA	66	92.30	
Frank ALLEN	77	96.70	
Tony JOHNSON	82	99.80	
Natalie IRVINE	76	112.60	
Jenny FOX	81	121.90	
Sayed KHATAB	71	41.20	run

600 metres

Alan ANDERSON	30	1.58	
Muzafer ALI	28	2.07	
Kelly KUAMIS	22	2.13	
Mark McINNES	61	2.39	
Alan BENNIE	75	2.46	
Troy JEFFS	47	2.51	
Howard REES	74	2.56	
Lou BUCCIERI	66	3.06	
Bill IRVINE	73	3.13	
Lindsay OXENHAM	72	3.23	
Tracey HUTCHINSON	52	3.56	

1600 metres walk

Anand THILLAISUNDARAM	46	10.19	
Peter ELLIS	71	10.28	
Celia JOHNSON	74	13.03	
Varlie BARNES	50	13.29	
Claudio RIGA	66	13.35	
Frank ALLEN	77	14.07	
Tony JOHNSON	82	14.09	
Bill IRVINE	73	15.20	
Natalie IRVINE	76	15.40	
Ernie JEFFS	77	16.23	
Eric NEGROS	59	16.50	
Dominique RUELOT	70	15.34?	

3200 metres

Alan BENNIE	75	14.38	
Howard REES	74	16.34	
Sayed KHATAB	71	16.32	
Troy JEFFS	47	17.13	
Muzafer ALI	28	17.48	
Mark McINNES	61	18.09	
Lou BUCCIERI	66	18.49	
Kelly KUAMIS	22	19.24	
Ali		19.26	
Ian TREGEAR	72	20.47	

SPRINGVALE June 22nd 2022**100 metres**

Kelly KUAMIS	22	
Sayed KHATAB	71	
Helen ANDERSON	59	
Tracey HUTCHINSON	52	
Dominique RUELOT	70	
Lindsay OXENHAM	72	
Jenny FOX	81	

800 metres

Alan ANDERSON	30	2.55	
Muzafer ALI	28	3.07	
Kelly KUAMIS	22	3.09	
Alan BENNIE	75	3.11	
Sayed KHATAB	71	3.31	
Neil GRAY	74	3.45	
Howard REES	74	4.06	
Lou BUCCIERI	66	4.07	
Lindsay OXENHAM	72	4.35	
Dominique RUELOT	70	5.12	
Tracey HUTCHINSON	52	5.17	

3000 metres

Alan BENNIE	75	13.57	
Troy JEFFS	47	15.19	
Sayed KHATAB	71	15.27	
Howard REES	74	15.28	
Lou BUCCIERI	66	16.19	
Bill IRVINE	73	16.27	
Ian TREGEAR	72	18.01	
Lindsay OXENHAM	72	18.18	
Dominique RUELOT	70	22.22	

2000 metres walk hcp.

	clock	hcp.	
Helen ANDERSON	59	15.48	0.00
Kelly KUAMIS	22	17.13	0.00
Pam THOMAS	76	19.14	2m10s
Varlie BARNES	50	19.15	3 00
Tony DORAN	70	19.29	5 20
Karleen JOSS KNIG	63	19.35	0.00
Ernie JEFFS	77	19.37	0 30
Natalie IRVINE	76	19.58	1 10
Anand THILLAISUN	46	20.13	7 10
Kelly DAVIDSON	43	20.21	0 10
Eric NEGROS	59	23.20	0.00
Jenny FOX	81	23.59	0.00
Louisa & Simon		25.42	0.00

SPRINGVALE June 22nd 2022 (cnt)

100 metres heat 1			
		clock	hcp.
Chris McARDLE	69	14.00	21 mts
Sayed KHATAB	71	14.30	11.00
Alan ANDERSON	30	14.70	plus20
Jenny FOX	81	15.20	40.00
Dominique RUELOT	70	15.70	35.00
Lindsay OXENHAM	72	16.00	32.00

100 metres heat 2

Mick COLGAN	71	12.30	39.00
Troy JEFFS	47	13.70	15.00
Mike HALL	83	14.00	21.00
Tracey HUTCHINSON	52	14.30	29.00
Helen ANDERSON	59	15.10	8.00

SPRINGVALE June 29th 2022**90 metres heat 1**

Alan ANDERSON	30	11.50	
Muzafer ALI	28	12.40	
M JOSH		13.10	
Lou BUCCIERI	66	18.30	
Claudio RIGA	66	22.70	

heat 2

Sayed KHATAB	71	15.10	
Helen ANDERSON	59	15.80	
Tracey HUTCHINSON	52	18.60	
Dominique RUELOT	70	21.00	
Lindsay OXENHAM	72	21.20	
Jenny FOX	81	21.90	

100 metres

Alan ANDERSON	30	12.40	
Muzafer ALI	28	13.10	
Helen ANDERSON	59	17.40	
Mike HALL	83	18.10	
Dominique RUELOT	70	23.70	
Jenny FOX	81	24.20	

700 metres

Alan ANDERSON	30	2.18	
Muzafer ALI	28	2.43	
Kelly KUAMIS	22	2.48	
Sayed KHATAB	71	2.52	
Helen ANDERSON	59	2.55	
Dave TALBOT	67	2.59	
Neil GRAY	74	3.23	
Claudio RIGA	66	3.58	
Lou BUCCIERI	66	3.59	
Lindsay OXENHAM	72	4.00	
Dominique RUELOT	70	4.40	
Tracey HUTCHINSON	52	4.40	

7 lap walk/run

Lou BUCCIERI	66	16.09	
Sayed KHATAB	71	16.15	
Helen ANDERSON	59	16.15	
Lindsay OXENHAM	72	18.01	
Tony DORAN	70	20.45	
Dominique RUELOT	70	20.47	
Muzafer ALI	28	22.05	
Claudio RIGA	66	22.52	
Tony JOHNSON	82	22.56	
M JOSH		22.57	
Varlie BARNES	50	23.59	
Anand THILLAISUNDARAM	46	24.01	
Rebecca KENNY	53	24.02	
Jim SMITH	81	24.36	
Pam THOMAS	76	24.37	
Karleen JOSS KNIGHT	63	26.14	
John MANNING	76	26.16	
Frank ALLEN	77	27.19	
Ernie JEFFS	77	27.19	
Natalie IRVINE	76	27.26	
Eric NEGROS	59	30.22	
Louisa & Simon		35.00	

12 lap run

Troy JEFFS	47	25.16	
Howard REES	74	27.47	
Bill IRVINE	73	28.05	