

Around the Grounds

Venue Results for August 2022



Aberfeldie, Casey Fields, Coburg, Doncaster,
East Burwood, Frankston & Peninsula, Geelong,
Glen Eira, Knox, Mentone, Springvale/Noble Park

ABERFELDIE August 3rd 2022

90m	Age	Time		
Ian Newey	63	13.5		
Matthew Goodger	45	16.0		
1200m	Age	Time		
Michael Orelli	78	07:43		
Bernie McLoughlan	70	05:10		
Matthew Goodger	45	06:18		
John Papworth	54	05:14		
Ian Newey	63	05:15		
Maggie Armstrong	60	05:39		
200m	Age	Time	Age-grade	
Ian Newey	63	35.2	69.5%	
Matthew Goodger	45	40.3	53.7%	
4000m	Age	Time	Age-grade	
Bernie McLoughlan	70	19:02	71.5%	
John Papworth	54	23:08	50.9%	
Ian Newey	63	19:07	66.6%	
Cheryl Beveridge	57	23:48	61.2%	
Ruby Beveridge	20	23:12	49.1%	
Ash McDowall	51	18:23	62.5%	
Shane Draper	49	17:21	65.2%	
Bill Ristevski	57	26:12	46.1%	

ABERFELDIE August 10th 2022

800m	Age	Time		
Michael Orelli	78	05:00	52.5%	
Graham Eadie	71	04:16	54.9%	
Mal Hodgart	61	04:03	52.4%	
Bill Ristevski	57	04:35	44.8%	
John Papworth	54	03:46	53.2%	
400m	Age	Time	Age-grade	
Mal Hodgart	61	117.3	45.4%	
2000m	Age	Time	Age-grade	
Graham Eadie	71	11:45	55.6%	
Ruby Beveridge	20	12:11	39.2%	
John Papworth	54	09:28	58.9%	
Michael Orelli	78	12:17	59.8%	
Janice Hodgart	59	10:25	55.9%	
Cheryl Beveridge	57	12:31	55.6%	
4000m				
Bill Ristevski	57	25:33	47.3%	
Ash McDowall	51	24:30	46.9%	
Mal Hodgart	61	21:22	58.5%	
Shane Draper	49	18:44	60.3%	

ABERFELDIE August 17th 2022

100m	Age	Time	Age-grade	
Ian Newey	63	15.9	74.9%	
Mal Hodgart	61	27.8	42.3%	

1000m	Age	Time	Age-grade	
Michael Orelli	78	06:35	51.5%	
Maggie Armstrong	60	04:42	68.0%	
Mal Hodgart	61	05:05	54.4%	
Bill Ristevski	57	05:55	45.2%	
Ian Newey	63	04:11	67.1%	
John Papworth	54	06:06	42.8%	
200m	Age	Time	Age-grade	
Ian Newey	63	36.3	67.5%	
Mal Hodgart	61	58.3	41.4%	
3000m	Age	Time	Age-grade	
Mal Hodgart	61	15:48	58.2%	
Maggie Armstrong	60	11:12	64.8%	
5000m				
Bill Ristevski	57	33:00	46.3%	
Ian Newey	63	24:19	66.2%	
John Papworth	54	22:01	67.7%	
Ash McDowall	51	24:11	60.1%	

ABERFELDIE August 24th 2022

100m	Age	Time	Age-grade	
Ian Newey	63	15.7	75.9%	
Andrew Close	33	15.2	64.4%	
800m	Age	Time	Age-grade	
Michael Orelli	78	05:10	50.8%	
Ian Newey	63	03:17	65.6%	
John Papworth	54	03:16	61.4%	
Matthew Goodger	45	03:53	47.8%	
300m	Age	Time	Age-grade	
Ian Newey	63	58.8	64.1%	
Matthew Goodger	45	74.4	44.9%	
3000m	Age	Time	Age-grade	
Michael Orelli	78	19:53	57.4%	
Bill Ristevski	57	19:33	45.4%	
Ian Newey	63	14:15	65.7%	
Maggie Armstrong	60	16:50	66.7%	
Ruby Beveridge	20	18:04	46.3%	
Cheryl Beveridge	57	19:53	54.1%	
Shane Draper	49	12:14	68.0%	
John Papworth	54	13:30	64.2%	

ABERFELDIE August 31st 2022

90m	Age	Time		
Ian Newey	63	13.5		
Matthew Goodger	45	16.0		
200m	Age	Time	Age-grade	
Ian Newey	63	35.2	69.5%	
Matthew Goodger	45	40.3	53.7%	

ABERFELDIE August 31st 2022 (cont)

1200m	Age	Time	
Michael Orelli	78	07:43	
Bernie McLoughlan	70	05:10	
Matthew Goodger	45	06:18	
John Papworth	54	05:14	
Ian Newey	63	05:15	
Maggie Armstrong	60	05:39	
4000m	Age	Time	Age-grade
Bernie McLoughlan	70	19:02	71.5%
John Papworth	54	23:08	50.9%
Ian Newey	63	19:07	66.6%
Cheryl Beveridge	57	23:48	61.2%
Ruby Beveridge	20	23:12	49.1%
Ash McDowall	51	18:23	62.5%
Shane Draper	49	17:21	65.2%
Bill Ristevski	57	26:12	46.1%

CASEY FIELDS August 1st 2022

80m			
Name	Age	Run/Walk	Time
Ranjit P	42	Run	10.75
Paul Olsson	65	Run	12.76
Mike Hall	83	Run	13.76
Hsien Chiam	50	Run	16.29
Ariene D'Monte	63	Run	16.82
John Delaney	72	Run	19.4
100m			
Name	Age	Run/Walk	Time
Satgur M	37	Run	13.5
Ranjit P	42	Run	13.39
Paul Olsson	65	Run	15.53
Mike Hall	83	Run	17.4
John Delaney	72	Run	24.99
800m			
Name	Age	Run/Walk	Time
Steven Kompogiorgos	49	Run	3.29.8
Bronwyn Hanns	59	Run	3.52.7
Barry Jeffs	73	Run	3.58.0
David Dodson	63	Run	4.02.8
John Delaney	72	Run	4.11.9
Gary Meyer	67	Run	4.35.3
Hsien Chiam	50	Walk	6.07.4
Ariene D'Monte	63	Walk	6.29.1
John Sutton	79	Walk	7.02.8
Linesay Bearton	71	Walk	8.21.2

2000m

Name	Age	Run/Walk	Time
Barry Jeffs	73	Run	10.10
Albin Hess	62	Run	10.38
David Dodson	63	Run	10.50
John Delaney	72	Run	11.33
Neil Walsh	72	Run	12.10
Frances Halton	60	Run	14.14
John Sutton	79	Walk	17.55

CASEY FIELDS August 8th 2022

100m			
Name	Age	Run/Walk	Time
Kuldeep Singh	37	Run	13.02
Ranjit P	42	Run	14:00
Noel Fairburn	61	Run	18.1
Mike Hall	83	Run	18.4
Ariene D'Monte	63	Run	21.2

200m

Kuldeep Singh	37	Run	26.89
Ranjit P	42	Run	27.57
Noel Fairburn	61	Run	38.79

800m

Name	Age	Run/Walk	Time
Shaun Taylor	36	Run	3.03
Albin Hess	62	Run	3.33
Gary Meyer	67	Run	3.46
Hsien Chiam	50	Run	3.59
Ariene D'Monte	63	walk	6.25
Linesay Bearton	71	Walk	7.5

5 lap walk & 7 lap run

Name	Age	Run/Walk	Time
Pramesh Prasad	48	Run	12.07
Peter E	71	Run	13.54
Harjneet Singh	40	Run	15:00
Hsien Chiam	50	Walk	16.02
David Dodson	63	Run	17.34
Neil Walsh	72	Run	18.11
John Hollo	80	Walk	12.02

3 laps

CASEY FIELDS August 15th 2022

80m			
Name	Age	Run/Walk	Time
Ranjit P	42	Run	10.35
Gurmukh Singh	34	Run	10.75
Ariene D'Monte	63	Run	16.65
150m			
Kuldeep Singh	37	Run	18.53
Gurmukh Singh	34	Run	19.14
Ranjit P	42	Run	19.47

CASEY FIELDS August 15th 2022 (cont)**600m**

Name	Age	Run/Walk	Time
Pramesh Prasad	48	Run	2.28.27
David Talbot	67	Run	2.28.55
David Sutherland	68	Run	2.32.81
Steven Kompogiorgos	49	Run	2.39.37
Gary Meyer	67	Run	2.57.98
Hsien Chiam	50	Walk	3.28.05
Ariene D'Monte	63	Walk	4.46.75
Linesay Bearton	71	Walk	5.47.98

2000m

Name	Age	Run/Walk	Time
Pramesh Prasad	48	Run	8.43
David Sutherland	68	Run	9.14
Albin Hess	62	Run	9.43
David Talbot	67	Run	10.47
David Dodson	63	Run	11.15

CASEY FIELDS August 29th 2022**1200m**

Name	Age	Run/Walk	Time
Shaun Taylor	36	Run	4.41
Arlene D'Monte	63	Walk	10.07
Lindsay Beaton	72	Walk	15.05

2400m

Name	Age	Run/Walk	Time
Steven Kompogiorgos	49	Run	11.50
Pramesh Prasad	48	Run	11.56
Frances Halton	60	Run	12.56 2000m

COBURG August 4th 2022**60m**

Bruce GIBBS	73	11.82
Rob Lewis	75	13.05
Rob DAVEY	82	21.38

100m

Ethan O'NEILL	21	12.65
Patrick GAME	15	13.86

1200m

Yolanda SHAW	70	8.14
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1500m Age-graded Championship

Gary O'DWYER	63	8.01
Rob Lewis	75	11.16
Rob DAVEY	82	12.50
Bruce GIBBS	73	13.03

400m

Yolanda SHAW	70	2.15
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4km

Fraser MURRAY	50	19.30
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COBURG August 11th 2022**100m**

Ethan O'NEILL	21	12.50
Patrick GAME	15	13.60
Bruce GIBBS	73	19.95
Rob Lewis	75	20.90
Maria BARBETTI	57	21.10

7.5 minute select starting point

			Diff
Fraser MURRAY	50	7.13	17
Rob DAVEY	82	7.10	20
Frank BRADLEY	67	7.04	26
Maria BARBETTI	57	6.58	32
Michael MEANEY	67	6.57	33
Rob Lewis	75	6.50	40
Fiona ELY	52	8.11	41
Yolanda SHAW	70	9.01	91

200m

Bruce GIBBS	73	44.53
Maria BARBETTI	57	45.70
Frank BRADLEY	67	50.81
Yolanda SHAW	70	56.63

3km

Michael MEANEY	67	15.39
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5km

Fraser MURRAY	50	22.12
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COBURG August 18th 2022**300m**

Rob Lewis	75	1.35
Rob DAVEY	82	2.03

800m

Yolanda SHAW	70	5.43
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1 mile

Gary O'DWYER	63	9.39
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Lap choice run

			<u>Laps</u>
Fraser MURRAY	50	10.57	6
Maria BARBETTI	57	18.48	8
Michael MEANEY	67	22.30	10

COBURG August 25th 2022**100m**

Rob Lewis	75	21.23
Frank BRADLEY	66	22.17

800m

Donna-Marie ELMS	61	5.02	W
Len HALLETT	73	5.58	
Frank BRADLEY	66	7.44	W
Fiona ELY	52	7.44	W

DONCASTER August 1st 2022**1600 walk/run**

Rob Sutton	(60)	07:17.6	(7:19.4 mile)
Roberto Chavez	(43)	07:27.6	
Frank Prowse	(70)	07:47.5	(7:49.2 mile) (Records)
Dino Imbriano	(47)	07:48.1	
Andrew Thomas	(50)	07:49.2	
Maggie Armstrong	(60)	08:18.0	
Kath Gawthorn	(47)	08:18.9	
David Armstrong	(66)	11:12.7	(walk)

80 metres (age-graded) Actual

Graham Ford	(-19)	10.56
Jeffrey Sim	(-13)	11.58
David McConnell	(-19)	11.76

Doncaster 800 metres (NOST)

Frank Prowse	(-4.10)	07:47.9	03:37.9	(DQ)
David Armstrong	(-4.00)	07:57.8	03:57.8	(Winner)
Dino Imbriano	(-4.30)	07:57.9	03:27.9	
Andrew Thomas	(-4.45)	08:03.0	03:18.0	
Roberto Chavez	(-4.45)	08:09.1	03:24.1	
David McConnell	(-4.45)	08:15.2	03:30.2	
Maggie Armstrong	(-4.30)	08:16.7	03:46.7	
Marla Trautman	[Scratch	08:20.4	08:20.4	

Parlour Relay

Graham, Roberto, Kath	First
David, Jeffrey, Marla	Second

DONCASTER August 8th 2022**400 metres (age-graded) Actual**

David McConnell	(-102)	53.92
Carolyn Aughey	(-186)	58.10
Jeffrey Sim	(-69)	64.01
Bernie McLoughlan	(-85)	66.88
Matt Scholes	[Scratch	75.78
Roberto Chavez	(-13)	84.10
Marla Trautman	(-68)	02:35.7

100 metres

Andrew Close	(33)	15.50
Graham Ford	(73)	16.56
Jeffrey Sim	(60)	17.86
Martina Chavez	(10)	19.82
Matt Scholes	(52)	21.44
David McConnell	(70)	21.66

3000 metres

Dino Imbriano	(47)	14:13.2	(5000 23:36.1)
Bernie McLoughlan	(69)	14:13.6	(5000 23:35.7 - rec)
Roberto Chavez	(43)	14:30.5	
Frank Prowse	(70)	16:49.1	(5000 28:23.0 - rec)

DONCASTER August 15th 2022

Long Jump	Age		
Mike Clapper	(70)	4.25	(Record)
Bernie McLoughlan	(69)	3.26	
Graham Ford	(73)	3.02	

Javelin Throw

Matt Scholes	(52)	23.08	
Mike Clapper	(70)	19.88	
David McConnell	(70)	19.13	
Bernie McLoughlan	(69)	16.45	
Frank Prowse	(70)	16.17	
Graham Ford	(73)	14.18	
Marla Trautman	(49)	7.62	

100 metres

Martina Chavez	(10)	19.30	
Matt Scholes	(52)	19.44	
Roberto Chavez	(43)	20.66	
Marla Trautman	(49)	32.38	

200 metres

Matt Scholes	(52)	31.26	
Mike Clapper	(70)	31.59	
Graham Ford	(73)	34.46	
Bernie McLoughlan	(69)	36.74	
Roberto Chavez	(43)	40.86	

Discus

David McConnell	(70)	24.22	
Matt Scholes	(52)	22.96	
Graham Ford	(73)	21.82	
Bernie McLoughlan	(69)	21.05	
Mike Clapper	(70)	20.58	
Roberto Chavez	(43)	16.71	
Frank Prowse	(70)	15.20	
Martina Chavez	(10)	5.96	

Shot

Marla Trautman	(49)	3.58	
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1500 metres

Matt Scholes	(52)	06:08.0	
Mike Clapper	(70)	06:32.1	
Bernie McLoughlan	(69)	06:49.2	
Roberto Chavez	(43)	06:50.3	
Marla Trautman	(49)	07:13.5	(800m)
Frank Prowse	(70)	07:24.1	
Graham Ford	(73)	08:59.2	
David Armstrong	(66)	10:42.3	(Walk)

Results of the pentathlon:

1st Mike Clapper (70) 2948

LJ 4.25 (814) Jav 19.88 (366) 200 31.59 (680) Disc 20.58 (392) 1500 6:32.1 (696)

2nd Bernie McLoughlan (69) 1768

LJ 3.26 (373) Jav 16.45 (239) 200 36.74 (285) Disc 21.05 (357) 1500 6:49.2 (514)

3rd Graham Ford (73) 1706

LJ 3.02 (377) Jav 14.18 (226) 200 34.46 (498) Disc 21.82 (423) 1500 8:59.2 (182)

4th Matt Scholes (52) 1519

LJ (0) Jav 23.08 (290) 200 31.26 (448) Disc 22.96 (338) 1500 6:08.0 (443)

5th Frank Prowse (70) 1015

LJ (0) Jav 16.17 (274) 200 (0) Disc 15.20 (261) 1500 7:24.1 (480)

6th Marla Trautman (49) 260

LJ (0) Jav 7.62 (97) 100 32.38 (0) Shot 3.68 (163) 800 7:13.5 (0)

DONCASTER August 29th 2022

Doncaster 300 (300 handicap)

Glen Imbriano	(-60)	40.32	
Graham Ford	(-60)	41.70	
David McConnell	(-45)	42.94	
Richard Trembath	(-100)	52.30	

80 metres

Glen Imbriano	(14)	12.50	
Graham Ford	(73)	12.68	

800 metres

David McConnell	(70)	03:33.4	
Gerald Brown	(59)	03:56.6	
David Armstrong	(66)	05:34.2	(Walk)

150 metres

Graham Ford	(73)	24.46	(Records)
Glen Imbriano	()	25.42	
David McConnell	(70)	25.66	

3000 metres

Glen Imbriano	(14)	13:45.7	
Dino Imbriano	(47)	13:51.3	
Frank Prowse	(70)	14:00.5	2000 Walk)
David Armstrong	(66)	14:03.1	2000 Walk)

EAST BURWOOD August 4th 2022**60 METRE SPRINT**Heat 1:

Barry MURLEY	83	
Cec McKEOWN	82	No
Anne HOLCOMBE	75	
Leo WATSON	81	
Gordon ONLEY	87	Times
Lloyd NICHOLS	80	

Heat 2:

Donna CLARKE	69	10.2
Anne HOLCOMBE	75	11.0
Chris WORSNOP	64	11.6
Shirley COPPOCK	86	12.9
Allan WOOD	85	13.7
Andrew FRASER	80	15.8

Heat 3:

Chris JOSEPH	55	8.3
Bill LIOULIAKIS	53	8.7
Paul DURRANT	61	9.0
Peter WILLMOTT	55	9.2
Bernie McLOUGHLAN	69	10.5

700 OR 1500 METRE RUN700 metres:

Bill LIOULIAKIS	53	2.51
Bernie McLOUGHLAN	69	2.52
Chris ROBINSON	63	3.00

1500 metres:

Perry BIRKETT	60	5.57
Chris WORSNOP	64	7.57

800m WALK N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Chris WORSNOP	64	5.24	5.20
Anne HOLCOMBE	75	5.40	5.30
Leonie GILLIES **	64	5.58	6.00
Leo WATSON	81	6.05	5.50
Phyllis GOSBELL	84	6.31	6.44
Cec McKEOWN	82	6.31	6.50
Shirley COPPOCK	86	7.23	8.00
Donna CLARKE	69	7.39	8.20
Brian TAIT	80	7.51	7.20
Andrew FRASER	80	7.51	7.35
Gerald BURKE	82	7.52	7.40
Allan WOOD	85	7.57	7.10
Gordon ONLEY	87	8.22	8.00
Brian HOLCOMBE	76	8.27	8.15
Peter BATTRICK	79	10.04	9.10

winner

80 METRE SPRINTHeat 1:

Cec McKEOWN	82	15.0
Anne HOLCOMBE	75	15.6
Shirley COPPOCK	86	17.9
Allan WOOD	85	18.4
Lloyd NICHOLS	80	53.1

Heat 2:

Bill LIOULIAKIS	53	10.6
Chris JOSEPH	55	11.1
Peter WILLMOTT	55	11.9
Donna CLARKE	69	13.3
Chris WORSNOP	64	16.7

400 METRE RUN N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Bill LIOULIAKIS	53	1.12	1.18
Peter WILLMOTT	55	1.26	1.17
Cec McKEOWN	82	1.45	2.40
Allan WOOD **	85	2.13	2.10
Shirley COPPOCK	86	2.54	2.50
Andrew FRASER	80	3.28	2.20

winner

4 KM HANDICAP RUN**FFF SERIES 4**

	<u>Clock</u>	<u>Actual</u>
Chris ROBINSON	63	25.16
Leonie GILLIES	64	25.18
Bernie McLOUGHLAN	69	25.19
Julie PIAO	49	25.23
Stephen DAY	51	25.40
Chris WORSNOP	64	25.56
Paul DURRANT	61	28.09
Kathy LUO	45	28.10

Also:

Janet HOLMES	69	11.21	2k
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JAVELIN THROW HANDICAP

	<u>Best</u>	<u>Adjusted</u>
Bill LIOULIAKIS	53	17.60
Peter WILLMOTT	55	21.97
Bernie McLOUGHLAN	69	17.74
Allan WOOD	85	19.41
Paul DURRANT	61	22.66
Andrew FRASER	80	12.80
Donna CLARKE	69	12.08
Chris ROBINSON	63	14.35

EAST BURWOOD August 11th 2022**HALF MILE OR ONE MILE RUN**Half Mile:

Bill LIOULIAKIS	53	3.17
Chris ROBINSON	63	3.24
Peter WILLMOTT	55	3.45
Janet HOLMES	69	4.00

One Mile:

Chris WORSNOP	64	8.29
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EAST BURWOOD August 11th 2022 (cont)**60 METRE SPRINT (Heat 1)**

Chris WORSNOP	64	
Cec McKEOWN	82	No
Ann HOLCOMBE	75	
Shirley COPPOCK	86	
Allan WOOD	85	Times
Lloyd NICHOLS	80	

Heat 2:

Bill LIOULIAKIS	53	8.7
Andrew CLOSE	33	8.9
Jess DUX	38	9.5
Peter WILLMOTT	55	10.6
Donna CLARKE	69	20.7

100 METRE SPRINT (Heat 1)

Cec McKEOWN	82	19.0
Ann HOLCOMBE	75	19.5
Allan WOOD	85	20.9
Shirley COPPOCK	86	24.8
Lloyd NICHOLS	80	65.2

Heat 2:

Bill LIOULIAKIS	53	
Andrew CLOSE	33	No
Peter WILLMOTT	55	
Jess DUX	38	
Donna CLARKE	69	Times
Chris WORSNOP	64	

1200m H/C WALK

		<u>Clock</u>	<u>Actual</u>
Leonie GILLIES	64	13.12	8.52
Phyllis GOSBELL	84	13.16	9.36
Chris WORSNOP	64	13.16	8.21
Cec McKEOWN	82	13.19	9.14
Leo WATSON	81	13.25	9.10
Ann HOLCOMBE	75	13.34	8.39
Gerald BURKE	82	13.37	12.02
Peter BATTRICK	79	14.11	14.11
Paul MORITZ	63	14.21	8.41
Donna CLARKE	69	14.32	11.52
Allan WOOD	85	13.33	11.53

200m N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Bill LIOULIAKIS	53	29.6	32.0	
Peter WILLMOTT **	55	32.6	33.0	winner
Jess DUX	38	34.1	32.0	
Cec McKEOWN	82	37.7	44.0	
Ann HOLCOMBE **	75	41.6	42.0	winner
Allan WOOD	85	42.5	48.0	
Shirley COPPOCK	86	56.0	60.0	
Lloyd NICHOLS	80	148.0	90.0	

2 KM RUN

Paul DURRANT	61	11.57
Leonie GILLIES	64	12.57

4 KM RUN AGE GRADED

Age %

Bernie McLOUGHLAN	69	18.39	72.21
Ron GILLIES	67	18.54	69.84
Geoff WHEELER	66	19.55	65.59
Julie PIAO	49	21.00	62.38
Chris ROBINSON	63	21.08	75.24

Chris WORSNOP	64	22.13	57.84
Sam DEFANIS	74	23.08	62.25

SHOT PUT N.O.D.

Best

Nom.

Paul DURRANT	61	9.66	9.87
Bill LIOULIAKIS	53	8.92	8.60
Peter WILLMOTT	55	8.88	8.25
Jess DUX	38	7.71	7.50
Bernie McLOUGHLAN	69	7.62	7.70
Andrew CLOSE	33	6.29	5.60
Chris ROBINSON	63	6.24	6.10
Allan WOOD	85	6.16	6.60
Donna CLARKE	69	5.58	5.30
Andrew FRASER	80	5.46	5.00

winner

EAST BURWOOD August 18th 2022**60 METRE SPRINT (VERY WET NIGHT)**

Andrew CLOSE	33	11.1
Chris WORSNOP	64	11.8

90 METRE SPRINT

Andrew CLOSE	33	15.7
Chris WORSNOP	64	16.8

2 KM RUN

Bernie McLOUGHLAN	70	9.12
Chris WORSNOP	64	10.26
Chris ROBINSON	63	11.02

EAST BURWOOD August 25th 2022**60 METRE SPRINT (Heat 1)**

Donna CLARKE	69	10.7
Cec McKEOWN	82	12.3
Allan WOOD	85	12.8
Shirley COPPOCK	86	13.8
Lloyd NICHOLS	80	36.6

Heat 2:

Chris JOSEPH	55	8.8
Peter WILLMOTT	55	9.1
Bill LIOULIAKIS	53	9.5
Bernie McLOUGHLAN	70	10.2

600 METRE RUN N.O.T.ClockNom.

Luke SCIACCA	13	1.57	2.00
Dean SCIACCA	56	2.06	2.20
Bill LIOULIAKIS	53	2.06	2.15
Bernie McLOUGHLAN	70	2.17	2.20
Chris ROBINSON **	63	2.27	2.30
Janet HOLMES	69	2.46	3.00
Cec McKEOWN	82	3.05	4.10

winner

EAST BURWOOD August 25th 2022 (cont)**1200m H/C WALK**

		<u>Clock</u>	<u>Actual</u>
Paul MORITZ	63	13.48	8.03
Cec McKEOWN	82	13.53	9.13
Gerald BURKE	82	13.55	11.55
Leo WATSON	81	13.59	9.14
Peter BATTRICK	79	13.59	13.59
Phyllis GOSBELL	84	14.09	9.49
Donna CLARKE	69	14.28	11.28
Brian TAIT	80	14.32	11.32
Allan WOOD	85	14.4	11.35

110 METRE SPRINTHeat 1:

Donna CLARKE	69	20.1
Cec McKEOWN	82	23.0
Allan WOOD	85	24.9
Shirley COPPOCK	86	27.0
Lloyd NICHOLS	80	75.9

Heat 2:

Bill LIOULIAKIS	53	15.6
Peter WILLMOTT	55	16.7
Chris JOSEPH	55	18.7
Andrew FRASER	80	30.5

300 METRE N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Bill LIOULIAKIS **	53	0.50	0.50	winner
Cec McKEOWN	82	1.12	1.41	
Janet HOLMES	69	1.14	1.15	
Allan WOOD	85	1.22	1.10	
Shirley COPPOCK	86	1.42	1.40	
Lloyd NICHOLS	80	3.53	2.30	

3000 METRE HANDICAP RUN**SPRING HANDICAP 1**

		<u>Clock</u>	<u>Actual</u>
Luke SCIACCA	13	16.26	10.46
Dean SCIACCA	56	16.29	11.29
Sam DEFANIS	77	16.34	16.34
Julie PIAO	49	16.37	15.32
Bernie McLOUGHLAN	70	16.55	14.05
Chris ROBINSON	63	17.01	16.01
Paul DURRANT	61	17.11	17.11

DISCUS HANDICAP

		<u>Best</u>	<u>Adjusted</u>
Julie PIAO	49	12.48	42.83
Dean SCIACCA	56	23.43	42.33
Bernie McLOUGHLAN	70	21.80	42.00
Andrew FRASER	80	12.77	40.37
Peter WILLMOTT	55	18.03	39.73
Chris ROBINSON	63	15.43	39.68
Allan WOOD	85	12.45	39.15
Paul DURRANT	61	30.23	39.08
Luke SCIACCA	13	15.99	

Geelong August 3rd 2022**400m**

Daimin Mole	01:10
Peter Lamb	01:16
Oscar Pyle	01:25
Harry Pyle	01:33
Ned Pyle	01:35
Stuart Pretty	01:36

2800m

Sam Swan	10:18
David Jenkins	10:55
Dave Palmer	11:26
Michael Panckridge	12:19
Stuart Pretty	12:34
Oscar Pyle	12:44
Ned Pyle	12:52
Marcus Gniel	13:02
Alan Jenkins	13:28
Patti Galvin	13:55
Harry Pyle	14:21
Jeff Walker	14:40
Penny Coulson	16:37

2000m

Charlie El Hage	08:39
Jill Coyte	13:29

1500m

Oscar Pyle	06:21
Stuart Pretty	06:23
Marcus Gniel	06:49
Daimin Mole	07:04
Alan Jenkins	07:17
Patti Galvin	07:21
Ned Pyle	07:25
Jeff Walker	07:33
Lucy Pyle	08:29
Penny Coulson	09:59

Geelong August 10th 2022**2400m**

Jane White	09:24
Dave Elward	09:40
Dave Palmer	09:42
Andy Bruschi	10:09
Michael Panckridge	10:27
Marcus Gniel	10:42
Alan Jenkins	11:24
Leo Pye	11:33
Patti Galvin	11:48
Jeff Walker	12:08
Frank Engelsman	12:36
Fred Barnett	14:59

Geelong August 10th 2022 (cont)

1600m

Andy Bruschi	06:23
Patti Galvin	07:37
Jeff Walker	07:54
Frank Engelsman	09:11
Fred Barnett	10:06

2000m

Charlie El Hage	08:34
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800m

Dave Elward	02:57
Peter Lamb	03:46

Geelong August 17th 2022

200m

Daimin Mole	32.09
Stuart Pretty	44.50
Fred Barnett	56.73

3200m

David Jenkins	12:38
Jane White	12:42
Phil Shay	12:44
Stuart Pretty	14:18
Patti Galvin	15:30
Jeff Walker	17:00
Kath Oliver	17:11
Frank Engelsman	17:34

2000m

Charlie El Hage	08:14
Alan Jenkins	09:42
Jill Coyte	12:54

1000m

Dave Palmer	03:29
Darren Riviere	03:31
Daimin Mole	04:04
Stuart Pretty	04:08
Patti Galvin	04:39
Jeff Walker	04:54
Frank Engelsman	05:06
Fred Barnett	06:07

Geelong August 24th 2022

100m

Daimin Mole	15.60
Stuart Pretty	21.50

3000m

Jane White	11:48
Dave Palmer	12:13
Navid Rashid	13:14

5000m

Luke Considine	18:15
Dave Elward	21:08
Stuart Pretty	22:30
Peter Fuller	23:50
Jeff Walker	26:09
Frank Engelsman	26:33

800m

Raj Kombo	02:26
Darren Riviere	02:51
Daimin Mole	02:59
Navid Rashid	03:06
Peter Fuller	03:21
Stuart Pretty	03:22
Jeff Walker	03:51
Frank Engelsman	04:08

2000m

Jill Coyte	13:27
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Geelong August 31st 2022

400m

Luke Considine	01:03
Daimin Mole	01:11
Peter Lamb	01:29
Stuart Pretty	01:33

2400m

Ian Murray	08:30
Darren Riviere	08:56
Luke Considine	09:10
Phil Shay	09:27
David Jenkins	09:28
Stuart Pretty	10:32
Alan Jenkins	11:39
Jeff Walker	12:05
Frank Engelsman	13:21
Jill Coyte	15:39

1600m

Dave Elward	06:10
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1500m

Luke Considine	05:07
David Jenkins	05:38
Emily McCormack	06:12
Stuart Pretty	06:26
Jeff Walker	07:28
Kath Oliver	07:42
Frank Engelsman	08:26

Glen Eira August 2nd 2022

60m E/T		Clock	E/T	Diff
Vivienne Cash	70	9.94	10.0	0.06
Glad Wishart	78	12.18	11.92	0.26
Mike Clapper	70	8.61	9.0	0.39
Rock Lee	40	8.33	9.0	0.67
1000m H/C		Clock	H/C	H/C TIME
Sarah Johnson	39	5.46	60	4.46
Oscar Lorentzen	11	5.47	130	3.37
Simone O'Brien	50	5.52	80	4.32
Sarah Lorentzen	43	5.56	125	3.51
Chris Stewart	68	6.01	115	4.06
Alan Miao	20	6.09	120	4.09
Janet Holmes	69	6.23	75	5.08
Greg Hughes	63	6.49	80	5.29
Alice Sephton	40	6.59	GO	6.59
150m H/C		Clock	H/C	Diff
Rock Lee	40	20.9	22.0	-1.1
Mike Clapper	70	21.8	22.8	-1
Aggie Byers	43	22.74	23.6	-0.86
Alan Miao	20	22.02	22.00	0.02
Bob Wishart	80	25.03	25.0	0.03
Vivienne Cash	70	25.26	25.0	0.26
Glad Wishart	78	32.88	32.5	0.38
Greg Hughes	63	31.16	30	1.16
Sandra Middleton 3k H/C (sld)		Clock	H/C	H/C TIME
Mark Cant	60	18.55	10.40	29.35
Karyn O'Neill	67	21.17	8.21	29.38
Sandra Middleton	73	22.34	7.25	29.59
Tony Doran	70	22.20	7.45	30.05
Gwen Steed	80	25.30	4.40	30.10
John Zeleznikow	72	29.11	1.00	30.11
Des Middleton	75	22.24	8.45	31.09
Michael Heffernan	87	31.24	GO	31.24
Terry O'Neill	66	21.55	10.40	32.35
Ray Kemp 3k H/C (sealed)		Clock	H/C	H/C TIME
Merle Want	61	17.24	2.30	19.54
Simone O'Brien	50	15.28	4.30	19.58
Syd Bone	65	13.40	6.20	20.00
Jo Cockwill	69	17.30	2.30	20.00
Sarah Lorentzen	43	14.35	5.30	20.05
Peter Bence	72	13.18	6.50	20.08
Simon Lloyd	67	12.38	7.35	20.13
Sarah Johnson	39	18.03	2.15	20.18
Chris Brown	66	16.34	3.50	20.24
Greg Hughes	63	20.52	1.00	21.52
Mike Clapper	70	17.31	5.00	22.31
Phil Urquhart	77	23.06	1.00	24.06

Glen Eira August 9th 2022

100m H/C		Clock	H/C (m)	
Alan Miao	20	13.52	scr	
Kurt Golonka	52	13.95	-7	
Jim Rountree	63	14.23	11	
Vivienne Cash	70	14.44	14	
Glad Wishart	78	14.65	28	
Aggie Byers	43	14.85	5	
Leisa Hunt	50	15.21	20	
800m H/C		H/C	Clock	H/C TIME
Sarah Johnson	39	GO	3.41.4	3.41.4
Mike Clapper	70	55.00	3.42.4	2.47.4
James Kingston	54	70.00	3.43.5	2.33.5
Simone O'Brien	50	25.00	3.44.2	3.17.2
Peter Bence	72	55.00	3.46.3	2.51.3
Sarah Lorentzen	43	55.00	3.54.2	2.59.2
Chris Stewart	68	50.00	4.09.1	3.19.1
Alan Miao	20	70.00	4.28	3.18
200m H/C		Clock	H/C	H/C TIME
Kurt Golonka	52	34.28	7	27.28
Aggie Byers	43	34.78	1(+3m)	33.78
Jim Rountree	63	34.78	GO(+3m)	34.78
Vivienne Cash	70	35.65	GO	35.65
Bob Wishart	80	36.81	1	35.81
Spiral H/C (4 laps) Walk/Run		Clock	H/C	H/C TIME
Alice Sephton	40	15.20	0.00	15.20
Michael Heffernan	87	16.01	-0.30	15.31
Syd Bone	65	15.50	8.50	7.00
Simon Lloyd	67	15.53	9.35	6.18
Sarah Lorentzen	43	15.59	8.45	7.14
Simone O'Brien	50	16.02	8.15	7.47
Sarah Johnson	39	16.08	7.00	9.08
Des Middleton	75	16.09	4.40	11.29
Leisa Hunt	50	16.11	6.20	9.51
Jim Berrington	65	16.15	5.50	10.25
Karen Monohan	56	16.18	5.05	11.13
Cynthia Ellery	68	16.19	2.05	14.14
Peter Bence	72	16.20	9.25	6.55
Merle Want	61	16.22	7.00	9.22
Sandra Middleton	73	16.28	4.25	12.03
Jo Cockwill	69	16.29	6.55	9.34
Mark Cant	60	16.29	6.30	9.59
Mike Clapper	70	16.36	8.35	8.01
Tony Doran	70	16.41	4.40	12.01
James Kingston	54	16.48	9.50	6.58
Kurt Golonka	52	16.57	8.35	8.22
Michelle Edmonds	48	16.59	6.30	10.29
Jim Rountree	63	17.12	5.05	12.07
John Zeleznikow	72	17.17	1.00	16.17
Jane Sturzaker	69	17.24	6.05	11.19
Gwen Steed	80	17.53	4.40	13.13
Phil Urquhart	77	20.35	6.20	14.15

Glen Eira August 16th 2022				
60m E/T		Clock	E/T	Diff
June Treweek	61	9.75	9.76	0.01
Chris Brown	66	9.53	9.50	0.03
Jim Rountree	63	9.98	9.80	0.18
Hugh Stevenson	61	9.33	9.75	0.42
Aggie Byers	43	9.01	8.58	0.43
Michelle Edmonds	48	10.15	10.90	0.75
Glad Wishart	78	11.19	12.35	1.16
Leisa Hunt	50	10.72	11.99	1.27
800m H/C		Clock	H/C	H/C TIME
Alan Miao	20	4.04.6	67	2.57.6
Sarah Lorentzen	43	4.17.3	81	2.56.3
Mike Clapper	70	4.19.6	93	2.46.6
Chris Stewart	68	4.20.6	74	3.06.6
James Kingston	54	4.23.4	107	2.36.4
Sarah Johnson	39	4.24.4	39	3.45.4
Peter Bence	72	4.24	89	2.55
Janet Holmes	69	4.28.8	35	3.53.8
Simone O'Brien	50	4.25	61	3.24
Aggie Byers	43	4.25.3	81	3.04.3
Helen Van Der Nagel	65	5.05	39	4.26
Graham Stockdale	80	5.20.8	45	4.35.8
150m H/C		Clock	H/C	H/C TIME
Glad Wishart	78	32.22	GO	32.22
Michelle Edmonds	48	32.93	5	27.93
Alan Miao	20	33.45	11	22.45
Chris Brown	66	33.66	9	24.66
Bob Wishart	80	34.09	8	26.05
Jim Rountree	63	34.32	8	26.32
Hugh Stevenson	61	34.5	10	24.5
Aggie Byers	43	34.9	10	24.9
June Treweek	61	35.92	8	27.92
20 min Est Distance	ED	Actual	Diff	
Syd Bone	65	11 laps	11 laps020	20
Mike Clapper	70	9laps200	9laps225	25
Jo Cockwill	69	8laps150	8laps200	50
Simone O'Brien	50	9laps130	9laps190	60
Chris Brown	66	8laps200	8laps140	60
James Kingston	54	10laps	10laps70	70
Chris Campbell	73	9laps100	9laps180	80
Karen Monohan	56	7laps	7laps100	100
Michelle Edmonds	48	7laps50	6laps345	105
Peter Bence	72	10laps399	11laps135	136
Hugh Stevenson	61	8laps	7laps250	150
Phil Urquhart	77	5laps200	4laps390	210
Chris Grafen	58	9laps200	10laps040	240
Lucas Kennedy	14	10laps200	11laps200	400
Sarah Johnson	39	8laps120	7laps090	430
Leisa Hunt	50	7laps	8laps050	450
Simon Lloyd	67	10laps	11laps150	550
Sarah Lorentzen	43	10laps	8laps050	750

Glen Eira August 23rd 2022				
80m E/T		Clock	E/T	Diff
June Treweek	61	12.72	13.0	0.28
Glad Wishart	78	16.21	16.6	0.39
Aggie Byers	43	11.90	13.3	1.40
Leisa Hunt	50	15.12	17.0	1.87
Michelle Edmonds	48	14.22	16.9	2.68
Kurt Golonka	52	NTT	12.0	
Rock Lee	40	NTT		
Jim Rountree	63	NTT	13.3	
Paul Lynch	40	NTT	16.0	
800m H/C (Sealed)		Clock	H/C	Diff
Janet Holmes	69	3.50.8	3.54	-3.2
Mike Clapper	70	2.45.3	2.47	-1.7
Sarah Johnson	39	3.46	3.41	5
Simone O'Brien	50	3.28.6	3.19	9.6
Peter Bence	72	3.01.8	2.51	10.8
Lucas Kennedy	14	2.40.5		
300m E/T		Clock	E/T	Diff
June Treweek	61	61.01	61.0	0.01
Jim Rountree	63	53.92	54.0	0.08
Aggie Byers	43	52.21	52.7	0.49
Kurt Golonka	52	45.70	45.0	0.7
Bob Wishart	80	57.82	55.2	2.62
Michelle Edmonds	48	61.20	68.2	7.0
Spiral H/C (5 laps) Walk/Run		Clock	H/C TIME	New Group
Leisa Hunt	50	20.13	12.03	51
Jane Sturzaker	69	20.30	12.40	48
Sandra Middleton	73	20.31	15.01	34
Peter Bence	72	20.35	8.35	71
Cynthia Ellery	73	20.37	17.57	17
Karyn O'Neill	67	20.38	14.23	37
Chris Campbell	73	20.39	10.14	61
Mark Cant	60	20.39	12.29	48
Jo Cockwill	69	20.45	12.05	50
Michael Heffernan	87	20.46	20.31	2
Greg Hughes	64	20.47	16.02	26
Jim Berrington	66	20.49	13.24	43
Tony Doran	70	20.49	14.59	34
Simone O'Brien	50	21.01	10.01	63
Lucas Kennedy	14	21.04	8.09	74
Des Middleton	75	21.07	14.42	37
Mike Clapper	70	21.08	10.08	63
Gwen Steed	80	21.09	15.49	31
Merle Want	61	21.11	12.06	51
Janet Holmes	69	21.15	11.50	53
Simon Lloyd	67	21.16	8.21	73
Jim Rountree	63	21.16	15.01	35
Janine McKerron	62	21.34	10.54	60
Michelle Edmonds	48	21.48	13.48	45

Glen Eira August 23rd 2022 (cont)

Paul Lynch	72	21.51	17.26	25
Sarah Johnson	39	22.08	12.43	52
Terry O'Neill	66	22.45	14.45	47
Kurt Golonka	52	24.04	13.04	60

Glen Eira August 30th 2022

70m E/T		Clock	E/T	Diff
Aggie Byers	43	10.30	10.3	0.00
June Treweek	61	11.12	11.2	0.08
Jim Rountree	63	11.35	11.5	0.15
Kurt Golonka	52	9.49	9.0	0.49
Glad Wishart	78	14.11	14.9	0.79
Michelle Edmonds	48	11.83	12.9	1.07

800m H/C (Ray O'Connor series - week 4)

		Clock	H/C	H/C TIME
Lucas Kennedy	14	3.48.5	74	2.34.5
Janet Holmes	69	3.50.7	GO	3,50.7
Simone O'Brien	50	3.52.7	31	3.21.7
Mike Clapper	70	3.53.3	66	2.47.3
Sarah Johnson	39	3.57.1	9	3.48.1
Peter Bence	72	3.58.2	59	2.59.2
Sarah Lorentzen	43	3.58.9	54	3.04.9
James Kingston	54	4.00.2	77	2.43.2
Kurt Golonka	52	4.10.2	51	3.19.2

200m Age %

		Clock	Age %
Bob Wishart	80	34.38	88.4
June Treweek	61	35.32	80.9
Kurt Golonka	52	29.66	76.6
Glad Wishart	78	47.59	72.6
Jim Rountree	63	34.15	71.7
Aggie Byers	43	32.99	71.1
Michelle Edmonds	48	40.20	61.9

Walk - 5 lap spiral (lane 2 start)

		Clock	E/T	Diff
Jim Rountree	63	15.21	15.22	1
Gwen Steed	80	16.05	16.08	-3
Sandra Middleton	73	15.36	15.26	10
Terry O'Neill	66	14.41	14.30	11
Karyn O'Neill	67	14.49	14.30	19
Jim Berrington	66	13.58	13.38	20
Tony Doran	70	15.45	15.21	24
Janet Holmes	69	14.37	15.05	-28
Greg Hughes	64	16.46	15.11	95
Michelle Edmonds	48	19.34	17.50	104
June Treweek	61	17.53	15.00	173

4k E/T		Clock	E/T	Diff
Lucas Kennedy	14	16.30	16.30	0
Mike Clapper	70	23.19	23.00	19
Jo Cockwill	69	23.52	23.30	22
Karen Monohan	56	28.02	28.25	23
Simon Lloyd	67	16.35	17.00	25
Sarah Lorentzen	43	20.28	21.00	32
Chris Grafen	58	19.40	19.00	40
Syd Bone	65	18.55	18.15	40
Simone O'Brien	50	20.37	21.23	46
James Kingston	54	19.13	20.00	47
Sarah Johnson	39	25.39	24.00	99
Peter Bence	72	17.39	21.22	223

KNOX August 3rd 2022**800m walk**

Mark Harris	54	7.44
Graeme Leticq	67	7.50
Glenn Claiden	68	7.57
Maggie Hawkes	66	7.58
Ryan Clark	46	8.07
Peter Thorne	74	8.08
Mike Elder	67	8.09
David Wear	75	8.10
Bernie McLoughlan	69	8.15
Josh O'Connor	16	8.16
Paul Walsh	58	9.07
Gerard McDonald	58	9.08
Peter LeGet	88	9.41

Sprint

Josh O'Connor	16	13.84	110m
Paul Walsh	58	15.28	100m
Paul Durrant	61	15.56	110m

Choc. Cup NOT

Paul Durrant	61	1.46	
Paul Walsh	58	2.01	
Helen Stanley	66	2.06	winner
Peter Thorne	74	2.26	
David Wear	75	2.42	
Josh O'Connor	16	3.03	
Bernie McLoughlan	69	3.57	2nd
Erika Bedyne	59	4.20	
Ryan Clark	46	4.24	
Michelle Quan	53	4.28	
Glenn Claiden	68	4.37	3rd
Gerard McDonald	58	5.38	
Mike Elder	67	6.22	
Graeme Leticq	67	7.10	

1.4k

Gerard McDonald	58	18.03
Paul Walsh 58		18.03

2k

Maggie Hawkes	66	12.48
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3k

Josh O'Connor	16	13.59
Bernie McLoughlan	69	15.14
Michelle Quan	53	15.24
David Wear	75	17.24

5k

Graeme Leticq	67	24.55
Erika Bedyne	59	26.56
Ryan Clark	46	28.03
Peter Thorne	74	30.02

KNOX August 10th 2022**800m walk**

Peter Shanahan	61	5.25
Mick Carr	69	5.26
Glenn Claiden	68	8.27
Peter Thorne	74	8.28
Paul Walsh	58	9.31
Bob Henderson	75	9.31
Gerard McDonald	58	9.32
Ryan Clark	46	9.34

1st sprint

Peter Shanahan	61	14.72	70m
Paul Walsh	58	15.57	100m
Ryan Clark	46	23.99	70m

700m

Paul Durrant	61	3.09	
Paul Walsh	58	3.11	
Bob Henderson	75	3.53	
Peter Thorne	74	3.57	
Helen Stanley	66	5.48	
Gerard McDonald	58	7.59	
Maggie Hawkes	66	8	
1100metres			
Shane Grund	40	3.05	
Ryan Clark	46	6.01	
Peter Shanahan	61	6.13	
Mick Carr	69	7.24	walk

255metres NOT

Paul Walsh	58	41.37	
Peter Shanahan	61	56.75	2nd
Peter Thorne	74	59.38	3rd
Ryan Clark	46	63.93	
Helen Stanley	66	66.28	
Bob Henderson	75	69.95	
Mick Carr	69	99.67	winner
Glenn Claiden	68	2.13	
Gerard McDonald	58	2.34	

Distance event

2k			
Peter Shanahan	61	13.23	
Bob Henderson	75	17.35	
4k			
Peter Thorne	74	23.3	
Helen Stanley	66	23.31	
Mick Carr	69	29.22	walk
6k			
Shane Grund	40	20.15	
Ryan Clark	46	33.29	

KNOX August 17th 2022**800m walk**

Glenn Claiden	68	7.19
Graeme Leticq	67	8.29
Lavinia Petrie	78	8.3
Paul Walsh	58	8.52
Gerard McDonald	58	8.53
Stephen Richards	61	9.13
Sam De Fanis	74	9.15
Bob Henderson	76	9.16
Glenys Brown	69	9.29
Maggie Hawkes	66	9.3
Ryan Clark	46	9.33

Sprint

Gerard McDonald	58	13.1	60m
Paul Walsh	58	14.83	100m

600m NOT

Paul Durrant	61	2.22
Paul Walsh	58	2.4
Stephen Richards	61	2.44 3rd
Peter Thorne	74	3.1
Helen Stanley	66	3.16
Bob Henderson	76	3.24
Sam De Fanis	74	3.24 2nd
Gerard McDonald	58	3.44
Mick Carr	69	4.07
Ryan Clark	46	4.58 1st 1k
Glenn Claiden	68	5.16
Graeme Leticq	67	5.19 1k
Lavinia Petrie	78	5.37

300m

Paul Walsh	58	52.16
Stephen Richards	61	59.03
Helen Stanley	66	79.01
Ryan Clark	46	99.87

10lap spiral

Helen Stanley	66	22.23
Stephen Richards	61	22.59
Sam De Fanis	74	24.32
Ryan Clark	46	24.45
Peter Thorne	74	26.15

1.6k

Bob Henderson	76	12.40
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KNOX August 24th 2022**Sprint**

Gerard McDonald	58	15.92	70m
Paul Walsh	58	16.32	100m

500m

Paul Durrant	61	1.58
Paul Walsh	58	2.01
Helen Stanley	66	2.3
Gerard McDonald	58	2.52

900m

David Wear	76	4.59
Ryan Clark	46	5.05
Paul Twining	72	5.18
Mick Carr	69	6.15

232 m NOT

Paul Walsh	58	40.79	winner
Gerard McDonald	58	65.81	
Paul Twining	72	73.72	
Ryan Clark	46	75.19	
David Wear	76	77.16	
Mick Carr	69	96.17	
Ian U'Ren	71	111.11	

20min run

Anne McPherson	19	2790	
Helen Stanley	66	3620	
Paul Walsh	58	1580	
Gerard McDonald	58	1580	
Mick Carr	69	2770	winner
Ian U'Ren	71	1930	
David Wear	76	3120	
Paul Durrant	61	3384	
Ryan Clark	46	3415	
Paul Twining	72	3120	

KNOX August 31st 2022**800m walk**

Mick Carr	69	5.42
Peter Shanahan	61	5.58
Glenys Brown	69	7.56
Glenn Claiden	68	8.07
Peter Thorne	74	8.08
David Wear	76	8.31
Sam De Fanis	74	8.31
Graeme Leticq	67	8.41
Paul Twining	72	8.42
Paul Bainbridge	58	9.08
Gerard McDonald	58	9.09
Paul Walsh	58	9.11
Bob Henderson	75	9.56

800m self hcp

Gerard McDonald	58	4.37 dq
Paul Walsh	58	3.38 dq
Paul Bainbridge	58	3.49 dq
Mick Carr	69	5.13 dq
Paul Twining	72	4.47 dq
Ryan Clark	46	3.32 dq
Peter Shanahan	61	3.59 dq
David Wear	76	4.01 dq
Peter Thorne	74	4.15 1st
Bob Henderson	75	4.24 2nd
Paul Durrant	61	3.23 3rd
Sam De Fanis	74	4.51
Graeme Leticq	67	4.40

100m

Paul Walsh	58	16.01
Paul Bainbridge	58	18.51
Gerard McDonald	5	22.63

200m

Paul Walsh	58	32.77
Paul Bainbridge	58	38.76

Distance

1200m		
Bob Henderson	75	8.07
3k		
Peter Shanahan	61	18.56
Paul Twining	72	20.24
Mick Carr	69	20.51
Paul Bainbridge	58	23.53
Paul Walsh	58	23.54
5k		
Graeme Leticq	67	27.11
Ryan Clark	46	27.46
David Wear	76	28.02

record**MENTONE August 3rd 2022****600m E.T. Walk**

		<u>Clock</u>	<u>Diff</u>
John Zeleznikow	72	5.53	-0.02
Maureen Seedsman	84	4.46	-0.04
Michael Boulton	67	4.54	-0.06
Helen Bryan	52	7.27	0.07
Jenny Swinden	67	4.22	0.12
Jim Swinden	68	4.43	0.18
Kevin Cassidy	61	3.25	-0.35
John Mathew	85	6.51	0.36
Bev Hugo	82	5.44	0.37
Jarvis Wishart	Inv	5.58	0.38
Jeanne Bryan	80	7.27	1.27

200m H/C**Trophy Event**

		<u>Clock</u>	<u>Metres</u>
Bob Wishart	80	27.37	38
Vivienne Cash	70	27.57	40
Glad Wishart	78	28.18	76
Ron Arthur	82	29.85	54
Mila Wishart	Inv	26.96	55
Jarvis Wishart	Inv	27.90	76

800m E.T.

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	71	4.01.9	-3.1
Avril Britter	63	4.19.9	6.9
Helen Castel	59	4.02.1	-12.9
Pam Mews ***	87	8.54.0	

60m E.T.

		<u>Clock</u>	<u>Diff</u>
Stephen Wishart	50	8.58	0.13
Glad Wishart	78	13.10	0.16
Avril Britter	63	12.18	0.24
Vivienne Cash	70	10.30	0.30
Mila Wishart	Inv	11.11	0.39
Sandra Wynne	71	11.98	0.51
Bev Hugo	82	19.06	0.54
Jarvis Wishart	Inv	13.34	0.84
Ron Arthur	82	11.94	1.44
John Mathew	85	22.12	4.12

3km Self H/C

		<u>Clock</u>	<u>Actual</u>
Sandra Wynne	71	18.56	17.08
Avril Britter	63	19.23	18.49
Ashley Birrell	77	20.33	20.10
Helen Castel	59		18.15

MENTONE August 3rd 2022 (cont)**3000m Walk E.T.**

		<u>Clock</u>	<u>Diff</u>	
Chriss Georgakis	60	24.04	0.04	
Kevin Cassidy	61	17.51	-0.09	
Bev Hugo	82	29.20	-0.11	
Jenny Swinden	67	22.52	0.12	
Gwen Steed	80	24.15	-0.15	
Jim Swinden	68	24.17	0.27	
Helen Bryan	52	35.23	5.07	
Jeanne Bryan	80	35.23	5.23	
Michael Boulton	67	27.11	9.11	
John Mathew	85	19.54		5 laps

5000m E.T.

		<u>Clock</u>	<u>Diff</u>
John Zeleznikow	72	50.40	-0.20

MENTONE August 10th 2022**800m Walk E.T. - 10/8/22**

		<u>Clock</u>	<u>Diff</u>
Margaret Beaumont	84	8.48	0.02
Kevin Cassidy	61	4.12	0.02
John Zeleznikow	72	7.49	0.04
Ian Beaumont	86	8.07	0.05
Chriss Georgakis	60	6.05	0.05
Maureen Seedsman	84	6.26	-0.07
Bev Hugo	82	7.12	0.07
Greg Hughes	63	6.24	-0.11
John Mathew	85	8.57	0.12
Susan Short	48	4.50	-0.20
Michael Boulton	67	6.46	0.26
Julian Boland	59	5.40	0.37
Kylie Irshad	50	5.40	1.00

1200m Self H/C

		<u>Clock</u>	<u>Actual</u>
Helen Castel	59	6.58.2	6.10.2
Sandra Wynne	71	7.02.7	6.12.7
Ciara Short	Inv		5.22.5
Daniel Short	Inv		5.22.5
Ashley Birrell	77		6.43.8

100m H/C. "Agg Event"

		<u>Clock</u>	<u>Metres</u>	<u>Pts</u>
Greg Hughes	63	14.23	24	7
Julian Boland	59	14.32	13	5
Sandra Wynne	71	14.49	26	4
Susan Short	48	14.56	13	3
Vivienne Cash	70	14.78	14	2
John Mathew	85	14.93	54	1
Bob Wishart	80	15.16	13	1
Glad Wishart	78	15.28	28	1
Ciara Short	Inv	13.68		
Daniel Short	Inv	14.85		

2.5km E.T.

		<u>Clock</u>	<u>Diff</u>
Roz Walker	59	12.23	0.03
Ashley Birrell	77	16.17	0.17
Sandra Wynne	71	13.52	-0.98
Helen Castel	59	17.00	1.50

2000m Walk E.T. "Agg Event"

		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Ian Beaumont	86	21.07	0.02	7
Bev Hugo	82	18.58	0.02	7
Michael Bolton	67	18.02	-0.08	4
Kevin Cassidy	61	11.19	-0.11	3
Julian Boland	59	13.36	-0.12	2
Maureen Seedsman	84	17.29	0.19	1
Greg Hughes	63	17.33	0.29	1
Margaret Beaumont	84	23.42	0.36	1
John Zeleznikow	72	18.34	-0.39	1
Gwen Steed ***	80	15.23	-1.00	1
Chriss Georgakis	60	15.18	1.42	1
John Mathew	85	29.00	4.00	1

MENTONE August 17th 2022**400m Walk E.T.**

		<u>Clock</u>	<u>Actual</u>
Margaret Beaumont	84	4.21	0.00
Maureen Seedsman	84	3.09	0.03
Kevin Cassidy	62	2.03	0.03
Michael Boulton	67	3.14	-0.04
Bev Hugo	82	3.22	-0.05
Nola Finn	86	5.13	-0.07
Ian Beaumont	86	4.05	0.07
John Zeleznikow	72	3.47	-0.08
Julian Boland	59	2.30	0.09

1 Mile E.T.**Trophy 3**

		<u>Clock</u>	<u>Diff</u>
Helen Castel	59	8.29.1	-5.9
Sandra Wynne	71	8.34.0	-6.0

150m E.T.

		<u>Clock</u>	<u>Diff</u>
Vivienne Cash	70	26.10	-0.20
Julian Boland	59	24.86	-0.77
Stephen Wishart	50	21.00	-1.50
Bob Wishart	80	25.90	-1.60
Mila Wishart	Inv	31.53	2.03
Glad Wishart	78	37.27	4.13

2 Miles E.T.

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	71	17.53	-0.02
Roz Walker ***	59	15.40	0.30
Helen Castel	59	18.55	0.55

MENTONE August 24th 2022**500m E.T. Walk**

		<u>Clock</u>	<u>Diff</u>
Ralph Bennett	80	3.30	0.00
Dawn Bennett	77	4.00	0.00
Kevin Cassidy	62	2.31	0.01
Ian Beaumont	86	5.06	-0.04
Julian Boland	59	3.16	-0.05
Michael Boulton	67	4.10	-0.08
John Mathew	85	5.23	0.08
Margaret Beaumont	84	5.09	-0.10
Sylvia Machin	81	3.53	0.13
Jarvis Wishart	Inv	4.26	0.14

900m Self H/C

		<u>Clock</u>	<u>Actual</u>
Sandra Wynne	71	4.40.9	4.30.9
Avril Britter	63	4.47.1	4.47.1
Col Waring	76	5.11.5	4.46.5
Helen Castel	59	4.36.8	4.21.8
Kylie Irshad	50	4.31.4	4.16.4

120m E.T.

		<u>Clock</u>	<u>Diff</u>
Vivienne Cash ***	70	19.94	-0.06
Stephen Wishart ***	50	16.41	-0.09
Bob Wishart	80	19.90	0.10
Julian Boland	59	19.78	0.64
Jarvis Wishart	Inv	26.59	1.09
Glad Wishart	78	27.21	1.16
Mila Wishart	Inv	23.74	1.34
Avril Britter ***	63	21.68	1.79
John Mathew	85	21.15	2.85 60m

3.336km Self H/C "Agg Event"

		<u>Clock</u>	<u>Actual</u>	<u>Pts</u>
Ashley Birrell	77	20.53	20.53	7
Roz Walker	59	20.58	16.13	5
Kylie Irshad	50	21.00	16.45	3
Avril Britter	63	21.12	21.09	2
Helen Castel	59		19.39	1
Sandra Wynne	71		18.34	1

5 Lap Spiral Walk E.T.

		<u>Clock</u>	<u>Diff</u>
Ralph Bennett	80	13.54	-0.06
Michael Boulton	67	18.47	-0.23
Gwen Steed	80	15.59	0.19
Julian Boland	59	14.26	0.27
Ian Beaumont	86	22.17	-0.28
Dawn Bennett	77	17.29	-0.36
Sylvia Machin	81	17.26	0.36
John Mathew	85	31.00	1.00
Kevin Cassidy	62	11.51	-1.09

MENTONE August 31st 2022**"SEASONS BEST NIGHT"****600m Walk S.B.**

		<u>Clock</u>	<u>Diff</u>
Sylvia Machin	81	4.34	-0.01
Susan Short	48	3.28	0.01
Jenny Swinden	67	4.06	-0.03
Jarvis Wishart	Inv	4.54	-0.04
Michael Boulton	67	4.51	-0.04
Maureen Seedsman	84	4.44	0.04
Ian Beaumont	86	6.02	-0.07
Ralph Bennett	80	3.32	-0.13
Jim Swinden	68	4.25	-0.17
Nola Finn	86	7.48	0.18
Greg Hughes	64	4.05	-0.20
Margaret Beaumont	84	6.13	-0.22
Julian Boland	59	3.52	0.30
Bev Hugo	82	5.40	0.36
Kylie Irshad	50	3.08	-0.52

S.B. no previous Winter event time

Kuni Bowden	56	3.34
Chriss Georgakis	60	4.30
Dawn Bennett	77	4.46
Pam Mews	87	7.50

1500m S.B. "Agg Event"

		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Greg Hughes	64	9.24.3	4.3	7
Susan Short	48	6.50.3	-9.7	5
Avril Britter	63	8.22.3	14.3	4
Sandra Wynne	71	7.46.3	16.7	3
David Short	45	5.42.2	-17.8	2
Helen Castel	59	7.32.8	-22.2	1
Kuni Bowden	56	6.13.3	-26.7	1

S.B. no previous Winter event time

Col Waring	76	8.06.5		1
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70m S.B.

		<u>Clock</u>	<u>Diff</u>
Ron Arthur	83	12.51	0.01
Avril Britter	63	13.62	0.01
Susan Short	48	11.45	-0.13
Vivienne Cash ***	70	11.69	-0.13
Glad Wishart	78	14.55	-0.13
David Short	45	9.66	-0.14
Stephen Wishart	50	9.48	-0.17
Sandra Wynne	71	13.34	0.25
Julian Boland	59	11.35	-0.23
Greg Hughes	64	14.27	0.38
Jarvis Wishart	Inv	15.35	1.02
Kuni Bowden	56	14.75	-1.25

S.B. no previous Winter event time

John Mackay	55	10.96
Gemma Mackay	Inv	11.19
Mila Wishart	Inv	12.38
Jim Swinden	68	17.40

MENTONE August 31st 2022 (cont)**3000m S.B.**

		<u>Clock</u>	<u>Diff</u>
Roz Walker	59	14.17	-0.07
Sandra Wynne	71	16.48	-0.09
Helen Castel	59	17.38	-0.15
Kylie Irshad	50	15.45	-0.15
Avril Britter	63	18.29	0.20
Kuni Bowden	56	13.08	-0.22
Ashley Birrell	77	17.33	-0.27

1500 Walk S.B.

		<u>Clock</u>	<u>Diff</u>
Maureen Seedsman	84	12.42	-0.02
Sylvia Machin	81	11.46	0.03
Ian Beaumont	86	15.55	-0.32
Julian Boland	59	9.44	0.33
Michael Boulton	67	12.59	0.59
Greg Hughes	64	11.02	-1.44

S.B. no previous Winter event time

Ralph Bennett ***	80	8.53	
Jenny Swinden	67	10.59	
Gwen Steed ***	80	11.07	
Jim Swinden	68	11.14	
Chriss Georgakis	60	11.21	
Dawn Bennett	77	12.28	
Bev Hugo	82	14.44	
Margaret Beaumont	84	16.34	
Stephen Bird	59	16.25	

SPRINGVALE August 3rd 2022**120 metres**

Alan ANDERSON	30	15.90
Marty JOSS	16	16.20
Helen ANDERSON	60	21.60
Mick COLGAN	71	27.20
Dominique RUELOT	70	29.60
Jenny FOX	81	34.90

90 metres heat 1

Alan ANDERSON	30	12.00
Mark McINNES	61	15.50
Dominique RUELOT	70	21.30
Jenny FOX	81	22.00
Mick COLGAN	71	22.50

heat 2

Marty JOSS	16	13.30
Helen ANDERSON	60	15.50
Mike HALL	83	16.50
Tracey HUTCHINSC	52	18.80
Bill IRVINE	74	21.10

600 metres

Helen ANDERSON	60	2.28
Bill IRVINE	74	2.38
Mark McINNES	61	2.45
Lou BUCCIERI	67	2.49
Troy JEFFS	47	3.18
Tracey HUTCHINSC	52	3.51
Dominique RUELOT	70	3.53

1000 metres

Alan ANDERSON	30	3.44
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1800 metres walk

Tony DORAN	70	13.25	
Marty JOSS	16	14.01	
Celia JOHNSON	74	14.37	
Tony JOHNSON	82	14.40	
Varlie BARNES	50	15.35	
Karleen JOSS KNIGHT	53	15.50	
John MANNING	76	16.07	
Mick COLGAN	71	16.08	
Pam THOMAS	76	16.10	
Jenny FOX	81	21.15	
Louisa & Simon		21.22	
Bronwyn GUYATT	65	21.28	
Ernie JEFFS	77	21.28	
Frank ALLEN	77	28.28	3km

SPRINGVALE August 3rd 2022 (cont)**3000 metres**

Anand THILLAISUNDARAM	46	15.11
Troy JEFFS	47	15.40
Dave TALBOT	67	16.27
Bill IRVINE	74	16.26
Dominique RUELLOT	70	16.27??
Mark McINNES	61	16.40
Helen ANDERSON	60	16.50
Lou BUCCIERI	67	16.57
Tracey HUTCHINSON	52	17.40
Lindsay OXENHAM	73	18.47

SPRINGVALE August 10th 2022**10/8/22 110 metres**

Marty JOSS	16	17.90
Dominique RUELLOT	70	27.50
Jenny FOX	81	31.50
Celia JOHNSON	74	46.20

1800 metres walk

		clock	hcp.
Marty JOSS	16	19.05	6m.00s
John MANNING	76	19.15	4.40
Ernie JEFFS	77	19.33	2.40
Pam THOMAS	76	19.36	4.20
Natalie IRVINE	77	19.39	2.40
Tony JOHNSON	82	19.48	5.10
Celia JOHNSON	74	19.52	5.20
Anand THILLAISUNDARAM	46	19.58	
John ABEL	72	20.01	5.00
Peter ELLIS	71	20.02	8.00
Jim SMITH	81	20.04	6.00
Karleen JOSS KNIGHT	53	20.07	4.30
Frank ALLEN	77	20.07	4.40
Tony DORAN	70	20.40	6.40
Louisa & Simon		21.02	0.00
Eric NEGROS	59	22.02	2.00
Bronwyn GUYATT	65	22.52	0.00
Ian TREGEAR	72	23.01	5.20
		clock	hcp.
Tracey HUTCHINSON	52	21.33	0m.0s
Dave TALBOT	67	21.34	5.55
Dominique RUELLOT	70	21.34	0.10
Troy JEFFS	47	21.53	6.55
Bill IRVINE	74	21.58	5.35
Lou BUCCIERI	67	23.07	5.40

SPRINGVALE August 17th 2022**15 Furlongs walk - 3 KM**

Celia JOHNSON	74	25.15
Frank ALLEN	77	27.38

5 Furlongs walk - 1KM

Louisa WEST	44	16.42
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10 Furlongs walk - 2 KM

Marty JOSS	16	14.31
Tony DORAN	70	15.19
John MANNING	76	16.25
Varlie BARNES	50	17.30
Karleen JOSS KNIGHT	53	17.41
Mark McINNES	61	18.09
Chris McARDLE	69	18.09
Pam THOMAS	76	18.18
Simon FERGUSON	43	18.28
Ernie JEFFS	77	19.39
Bronwyn GUYATT	65	20.02
Jenny FOX	81	24.14

2 KM

Troy JEFFS	47	15.52
Anand THILLAISUNDARAM	46	15.52
Helen ANDERSON	60	16.28
Lindsay OXENHAM	73	17.20
Dominique RUELLOT	70	19.28

4 KM

Padraig BRADY	40	32.16
Sayed KHATAB	71	33.39

600 metres

Alan ANDERSON	31	2.06
Padraig BRADY	40	2.21
Helen ANDERSON	60	2.28
Neil GRAY	74	2.45
Lindsay OXENHAM	73	3.22
Dominique RUELLOT	70	3.50

150 metres

Alan ANDERSON	31	21.27
Marty JOSS	16	23.48
Padraig BRADY	40	25.25
Helen ANDERSON	60	28.41
Mick COLGAN	71	31.48
Lindsay OXENHAM	73	39.25
Dominique RUELLOT	70	40.10
Jenny FOX	81	41.85

70 metres

Alan ANDERSON	31	9.40
Padraig BRADY	40	10.15
Marty JOSS	16	10.66
Helen ANDERSON	60	12.68
Mick COLGAN	71	15.65
Dominique RUELLOT	70	16.10
Lindsay OXENHAM	73	17.16
Jenny FOX	81	18.10

SPRINGVALE August 31st 2022**800 metres hcp.**

		clock	actual
Dave TALBOT	67	5.20	3.25
Alan ANDERSON	31	5.23	2.38
Alan BENNIE	75	5.24	3.09
Dominique RUELLOT	70	5.27	5.35
Lindsay OXENHAM	73	5.30	3.50
Helen ANDERSON	60	5.31	3.31
Lou BUCCIERI	67	5.32	3.52
Padraig BRADY	40	5.43	3.23
Chris McARDLE	69	5.56	4.26
Bill IRVINE	74	5.57	4.02

100 metres

Alan ANDERSON	31	12.80
Marty JOSS	16	14.10
Padraig BRADY	40	14.80
Helen ANDERSON	60	17.30
Mick COLGAN	71	20.50
Chris McARDLE	69	21.20
Dominique RUELLOT	70	23.80
Lindsay OXENHAM	73	24.60

100 metres walk ht.1

Tony DORAN	70	37.20
Mick COLGAN	71	42.70
Karleen JOSS KNIGHT	53	43.80
Pam THOMAS	76	44.80
Frank ALLEN	77	46.80
Jenny FOX	81	57.90
Rebecca KENNY	53	57.90

100 metres walk ht.2

Marty JOSS	16	35.80
Sayed KHATAB	71	39.70
Eric NEGROS	59	51.40
Louisa WEST	44	59.50
Bronwyn GUYATT	65	59.90
Simon FERGUSON	43	59.90

1800 metres walk

		clock	hcp.
Tony DORAN	70	18.58	6.10
Sayed KHATAB	71	19.04	5.00
Dennis PHILLIPS	80	19.15	5.10
Eric NEGROS	59	19.28	1.00
Jim SMITH	81	19.43	6.00
Jenny FOX	81	19.46	0.00
John ABEL	72	19.46	5.00
Simon FERGUSON	43	20.05	0.00
Karleen JOSS KNIGHT	53	20.06	4.30
Frank ALLEN	77	20.08	4.40
Pam THOMAS	76	20.10	5.00
Anand THILLAISUNDARAM	46	20.26	8.50
Louisa WEST	44	20.42	0.00
Bronwyn GUYATT	65	20.44	0.00
Marty JOSS	16	20.45	7.30
Ian TREGGAR	72	21.30	3.30
Rebecca KENNY	53	21.38	5.30
<u>3000 metres</u>		clock	actual
Padraig BRADY	40	20.16	17.02
Tracey HUTCHINSC	52	21.21	21.21
Helen ANDERSON	60	21.27	16.17
Bill IRVINE	74	21.30	16.20
Lindsay OXENHAM	73	21.40	17.55
Lou BUCCIERI	67	21.42	16.32
Dave TALBOT	67	21.50	15.55
Dominique RUELLOT	70	21.55	21.45