

Around the Grounds

Venue Results for July 2022



Aberfeldie, Casey Fields, Coburg, Doncaster,
East Burwood, Frankston & Peninsula, Geelong,
Glen Eira, Knox, Mentone, Springvale/Noble Park

ABERFELDIE July 6th 2022

1000m	Age	Time	Age-grade
Bill Ristevski	57	06:06	43.9%
Maggie Armstrong	60	04:57	64.5%
John Papworth	54	04:09	62.9%
Ian Newey	63	04:18	65.3%
Michael Orelli	78	07:05	47.8%

200m	Age	Time	Age-grade
Maggie Armstrong	60	43.1	65.7%
Bill Ristevski	57	41.6	56.5%

5000m	Age	Time	Age-grade
John Papworth	54	23:56	62.3%
Bill Ristevski	57	33:33	45.6%
Ian Newey	63	23:56	67.3%

3000m	Age	Time	Age-grade
Ruby Beveridge	20	19:50	42.2%
Cheryl Beveridge	57	19:44	54.5%

ABERFELDIE July 13th 2022

1200m	Age	Time
Bill Ristevski	57	07:33
Maggie Armstrong	60	06:11
John Papworth	54	04:53
Ian Newey	63	05:09
Shane Draper	49	04:33

300m	Age	Time	Age-grade
Ian Newey	63	56.8	66.4%
John Papworth	54	57.1	62.3%

26 Minute NOD	Age	Distance
David Jones	71	4,700
Bill Ristevski	57	4,300
Matthew Goodger	45	3,600
John Dean	77	3,200
Maggie Armstrong	60	3,900
Ian Newey	63	5,400
Ash McDowall	51	4,000
Graham Eadie	71	3,600
Shane Draper	49	5,000
Cheryl Beveridge	57	4,000
Ruby Beveridge	20	4,000
John Papworth	54	5,200

ABERFELDIE July 20th 2022

100m	Age	Time	Age-grade
Matthew Goodger	45	19.4	54.7%
Andrew Close	33	14.7	66.6%
Ian Newey	63	16.1	74.0%

800m	Age	Time	Age-grade
Michael Orelli	78	05:10	50.8%
Michael Ennis	69	04:27	51.3%
Ian Newey	63	03:15	66.3%
Bill Ristevski	57	04:54	41.9%
Maggie Armstrong	60	03:40	66.3%

200m	Age	Time	Age-grade
Ian Newey	63	34.5	70.9%
Andrew Close	33	32.7	60.3%

2000m	Age	Time	Age-grade
Matthew Goodger	45	11:14	46.2%
Maggie Armstrong	60	11:12	64.8%

3000m	Age	Time	Age-grade
Ian Newey	63	19:08	66.5%
Ash McDowall	51	25:36	44.9%
John Dean	77	29:33	51.4%
Bill Ristevski	57	29:33	40.9%
Cheryl Beveridge	57	25:26	57.3%
Ruby Beveridge	20	25:24	44.8%
Shane Draper	49	17:10	65.8%

ABERFELDIE July 27th 2022

90m	Age	Time
Ash McDowall	51	23.5
Matthew Goodger	45	16.9

1500m	Age	Time	Age-grade
David Jones	71	08:33	55.5%
Michael Orelli	78	10:10	52.5%
Maggie Armstrong	60	07:42	68.6%
John Papworth	54	07:18	55.5%
Bill Ristevski	57	09:40	43.0%
Matthew Goodger	45	08:06	46.5%

3000m	Age	Time	Age-grade
David Jones	71	15:52	63.9%
Shane Draper	49	12:47	65.1%
Cheryl Beveridge	57	21:20	50.4%

5000m	Age	Time	Age-grade
John Papworth	54	24:24	61.1%
Ash McDowall	51	32:10	45.2% WALK
Bill Ristevski	57	32:23	47.2%

CASEY FIELDS July 4th 2022

100m			
Name	Age	Run/Walk	Time
Kuldeep Singh	37	Run	12.9
Satdur Singh Mann	37	Run	13.7
Nnarinder Singh	38	Run	14.24
Blaise de Silva	58	Run	16.47
Jatjur Singh	35	Run	16.9
Noel Fairburn	61	Run	17.75
Mike Hall	83	Run	18.29
Hsien Chian	50	Run	18.78
Jennifer	54	Run	21.09

300m

Kuldeep Singh	37	Run	43.6
Nnarinder Singh	38	Run	48
Chris Cheedy	54	Run	49.5
Noel Fairburn	61	Run	62.2
Hsien Chian	50	Run	66.3

1 Mile

Pramesh Prasad	48	Run	6.34.1
David Sutherland	68	Run	7.18.7
Liz Lowther	70	Run	7.20.8
Chris Cheedy	54	Run	7.23.0
Barry Jeffs	73	Run	7.39.4
John Hallo	80	Walk	7.51.2
Jeniffer	54	Run	8.04.1
Gary Meyer	67	Run	8.44.9
David Dodson	63	Run	8.54.8
John Sutton	79	Walk	14.20

2400m

Pramesh Prasad	48	Run	10.51
David Sutherland	68	Run	11.17
Liz Lowther	70	Run	11.17
Barry Jeffs	73	Run	11.48
Henry Sheedy	Inv	Run	12.42
Chris Cheedy	54	Run	12.42
Jennifer	54	Run	12.52
Neil Walsh	72	Run	15.12
Frances Halton	60	Run	16.42

CASEY FIELDS July 11th 2022**50m**

Name	Age	Run/Walk	Time
Kuldeep Singh	37	Run	6.75
Rob Italia	56	Run	7.14
Nnarinder Singh	38	Run	7.48
Mike Hall	83	Run	9.21
Ariene D'Monte	63	Run	10.69

1000m

Name	Age	Run/Walk	Time
Pramesh Prasad	48	Run	3.43
Albin Hess	62	Run	4.32
Meng L	48	Run	4.38
Gary Meyer	67	Run	4.53
Viola Garman	53	Run	4.57
Rob Italia	56	Run	4.57
John Delaney	72	Run	5.23
Ariene D'Monte	63	Walk	9.13
Linesay Bearton	71	Walk	9.53
John Hallo	80	Walk	9.45

CASEY FIELDS July 18th 2022**80m**

Name	Age	Run/Walk	Time
Blaise de Silva	58	Run	12.34
Mike Hall	83	Run	15.23
John Delaney	72	Run	20.44

120m

Mike Hall	83	Run	22.5
Kuldeep Singh	37	Run	23:00
John Delaney	72	Run	29.83

2400m

Pramesh Prasad	48	Run	10.51.1
David Sutherland	68	Run	11.02.4
Liz Lowther	70	Run	11.25.1
Barry Jeffs	73	Run	11.51.7
David Dodson	63	Run	12.49.8
John Delaney	72	Run	14.16.9
Neil Walsh	72	Run	14.42.4
Frances Halton	60	Run	17.03.0

1200m

David Sutherland	68	Run	5.14.7
Barry Jeffs	73	Run	5.38.6
Liz Lowther	70	Run	5.43.3
Pramesh Prasad	48	Run	5.47.4
Bronwyn Hanns	59	Run	5.55.5
David Dodson	63	Run	6.18.8
John Delaney	72	Run	6.56.1
Hsien Chian	50	Walk	6.56.5
Gary Meyer	67	Run	7.18.2
Linesay Bearton	71	Walk	11.47.2

CASEY FIELDS July 25th 2022**100m**

Name	Age	Run/Walk	Time	A/G%
Kuldeep Singh	37	Run	12.26	84.25
Satdur Singh Mann	37	Run	12.97	83.67
Rob Italia	56	Run	13.27	87.77
Ranjeet	33	Run	13.55	75.54
Stephen Day	52	Run	14.51	75.08
Henry Sheedy	Inv	Run	15.24	75.27
Paul Olsson	65	Run	15.67	80.4
Bill Carr	72	Run	16.69	80.5
Mike Hall	83	Run	17.78	86.41
Hsien Chiam	51	Run	18.23	68.83
Dave Talbot	67	Run	20	64.58
Arlene D'Monte	63	Run	20.91	66.57

1500m walk

Name	Age	EST/ TIME	Time	DIFF
Heather Carr	72	10	9.31	-0.29
Hsien Chiam	51	10.24	10.32	0.08
Stephen Day	52	11	11.21	0.21
David Sutherland	68	9.15	12.05	2.5
Arlene D'Monte	63	11.05	12.18	1.13
Viola Garman	53	11	13.31	2.31
Rob Italia	56	11	13.32	2.32
Lindsay Beaton	72	13.05	15.28	2.23
Erlyn Singh	Inv	20	9.17	10.43

3000m run

Name	Age	EST/ TIME	Time	A/G%
Pramesh Prasad	48	11.35	11.29	71.84
Vikramjit Bhardwaj	41	12.30	11.35	67.5
Satgur Mann	37	14.20	12.11	62.3
Rob Italia	56	12.30	12.28	70.6
Stephen Day	52	12.40	12.29	68.26
David Sutherland	68	14.30	13.45	71.31
Liz Lowther	70	14.50	14.19	91.85
Barry Jeffs	73	15.30	15.16	68.34
Inder Bains	40	18:00	15.26	50.28
Gary Meyer	67	16.05	15.48	61.48
Hartjeet Singh	40	17:00	15.01	51.33
Viola Garman	53	16.20	16.01	63.58
Steven K	49	16.23	16.17	51.07
David Dodson	63	16.40	16.30	56.75
Blaise de Silva	58	17.30	16.40	53.76
David Talbot	67	16.20	16.45	57.99
Bronwyn Hanns	59	18:00	16.49	65.81
Peter Thorne	74	16.40	17.12	61.63
Matthew Mikes	41	17.30	17.45	44.05
Neil Walsh	72	19:00	18.26	55.79
Frances Halton	60	19:00	19.09	58.66

COBURG July 7th 2022**100m**

Frank BRADLEY	66	25.72
Rob DAVEY	82	34.21
Ken CARTER	69	1.19.1

1000m

Michael MEANEY	67	4.33	
Maria BARBETTI	57	5.06	
Donna-Marie ELMS	61	6.12	W
Frank BRADLEY	66	6.21	
Yolanda SHAW	70	6.26	
Ken CARTER	69	12.54	

300m

Michael MEANEY	67	1.09.0
Frank BRADLEY	66	1.24.6
Yolanda SHAW	70	1.32.4
Ken CARTER	69	3.53.5

1km

Rob DAVEY	82	8.59
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3km

Michael MEANEY	67	15.55	
Maria BARBETTI	57	17.23	
Donna-Marie ELMS	61	20.41	W

COBURG July 14th 2022**80m**

Bruce GIBBS	73	17.62
Frank BRADLEY	66	25.07
Rob DAVEY	82	27.69
Ken CARTER	69	1.01.6

700m

Gary O'DWYER	63	4.04
Fiona ELY (W)	52	7.39

1000m

Yolanda SHAW	70	6.25
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1500m

Fraser MURRAY	50	7.12	
Michael MEANEY	67	7.12	
Maria BARBETTI	57	8.03	
Donna-Marie ELMS	61	9.43	W
Ken CARTER	69	19.06	

200m

Michael MEANEY	67	45.16	
Bruce GIBBS	73	49.97	
Yolanda SHAW	70	53.09	
Donna-Marie ELMS	61	55.77	W
Ken CARTER	69	2.33.0	

2.5km

Michael MEANEY	67	13.12	
Donna-Marie ELMS	61	17.19	W
Bruce GIBBS	73	22.58	

COBURG July 14th 2022 (cont)**5km**

Fraser MURRAY	50	23.08
Kylie IRSHAD	50	26.55
Maria BARBETTI	57	30.06

COBURG July 21st 2022**100m Age-graded championship**

Michael MEANEY	67	19.70
Bruce GIBBS	73	23.29
Rob Lewis	75	24.45
Frank BRADLEY	66	27.33
Rob DAVEY	82	38.28

800m Walk

Rob Lewis	75	7.35
Frank BRADLEY	66	7.36

1200m

Michael MEANEY	67	6.08	
Maria BARBETTI	57	6.34	
Yolanda SHAW	70	7.48	
Donna-Marie ELMS	61	7.53	W

500m

Michael MEANEY	67	2.18	
Donna-Marie ELMS	61	2.50	W
Frank BRADLEY	66	2.53	
Bruce GIBBS	73	3.28	

Lap choice run

			<u>laps</u>
Maria BARBETTI	57	14.41	6
Donna-Marie ELMS	61	14.47	5 (W)
Frank BRADLEY	66	15.00	3
Fraser MURRAY	50	29.27	15

COBURG July 28th 2022**800m Age-graded championship**

Fraser MURRAY	50	2.44
Gary O'DWYER	63	4.00
Maria BARBETTI	57	4.01
Yolanda SHAW	70	5.22

150m

Bruce GIBBS	73	32.13
Maria BARBETTI	57	33.14
Yolanda SHAW	70	40.37

1200m

Gary O'DWYER	63	7.00
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3km

Fraser MURRAY	50	15.27
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90m

Maria BARBETTI	57	18.51
Bruce GIBBS	73	18.51

DONCASTER July 4th 2022**Doncaster 300 (300 handicap)**

Gerald Brown	(-25)	43.02
David McConnell	(-35)	44.90
Jeffrey Sim	(-50)	47.54
Tom Leong	(-80)	56.64

60 metres

Gerald Brown	(59)	9.12
Darryl Kilmartin	(56)	9.44
Jeffrey Sim	(60)	10.51
David McConnell	(69)	14.22

Doncaster 1000 metres (handicap)

Frank Prowse	[Scratch	05:08.0	05:08.0	(Walk)
David Armstrong	[Scratch	05:10.9	05:10.9	(Walk)
David McConnell	(-1.55)	05:30.4	03:35.4	

120 metres

Darryl Kilmartin	(56)	18.52
Jeffrey Sim	(60)	20.60
Tom Leong	(80)	26.94
David McConnell	(69)	26.96

1000 metres walk

Frank Prowse	(70)	05:52.9	(Record)
David Armstrong	(66)	06:44.7	

DONCASTER July 11th 2022**Doncaster 1000 metres (handicap)**

Frank Prowse	(-0.20)	06:54.7	06:34.7	(DQ)
Jameson Perrine	(-3.30)	06:55.9	03:25.9	(Winner)
Dino Imbriano	(-3.35)	06:56.2	03:21.2	
David McConnell	(-2.45)	07:13.8	04:28.8	

60 metres

Kaden Hutchings	(41)	8.40
Jameson Perrine	(42)	8.40
Gerald Brown	(59)	9.04
Jeffrey Sim	(60)	10.34
Barry Dorr	(84)	12.68
Carolyn Aughey	(79)	14.76

100 metres (age-graded) Actual

Kaden Hutchings	(-4)	13.18
Jameson Perrine	(-4)	13.26
David McConnell	(-20)	13.46
Jeffrey Sim	(-17)	14.06
Barry Dorr	(-33)	14.26
Carolyn Aughey	(-38)	17.02

3000 metres

Dino Imbriano	(47)	10:51.6
Rob Sutton	(60)	15:22.5
Frank Prowse	(70)	13:24.0 (walk record)
Tom Leong	(80)	06:32.5 (1000 metres)

DONCASTER July 11th 2022 (cont)**300 metres**

Gerald Brown	(59)	47.9
David McConnell	(69)	54.7
Jeffrey Sim	(60)	57.3

DONCASTER July 18th 2022**Long Jump****Age**

Mike Clapper	(70)	3.86	(Record)
Bernie McLoughlan	(69)	3.12	
Tom Leong	(80)	1.80	

Javelin Throw

Mike Clapper	(70)	20.93
Barry Dorr	(84)	16.80
Bernie McLoughlan	(69)	16.36
Tom Leong	(80)	11.36

200 metres

Gerald Brown	(59)	29.7
Mike Clapper	(70)	31.5
Jeffrey Sim	(60)	34.4
Bernie McLoughlan	(69)	35.8
Barry Dorr	(84)	46.5

Discus

Bernie McLoughlan	(69)	22.90
Mike Clapper	(70)	20.77
Tom Leong	(80)	14.46
Barry Dorr	(84)	11.32

1500 metres

Bernie McLoughlan	(69)	06:41.0
Mike Clapper	(70)	06:46.6
Rob Sutton	(60)	07:20.0
Frank Prowse	(70)	09:36.3 (walk)
Tom Leong	(80)	10:33.5

Results of the pentathlon:

1st Mike Clapper (70) 2773 (Record)

LJ 3.86 (666) Jav 20.93 (392) 200 31.5 (686) Disc 20.77 (397) 1500 6:46.6 (632)

2nd Bernie McLoughlan (69) 1849

LJ 3.12 (332) Jav 16.36 (237) 200 35.8 (332) Disc 22.90 (399) 1500 6:41.0 (549)

3rd Tom Leong (80) 902

LJ 1.80 (140) Jav 11.36 (213) 200 (0) Disc 14.46 (343) 1500 10:33.5 (206)

4th Barry Dorr (83) 809

LJ (0) Jav 16.80 (373) 200 46.5 (190) Disc 11.32 (246) 1500 (0)

DONCASTER July 25th 2022**Doncaster 300 (300 handicap)**

Jeffrey Sim	(-70)	41.80
Dino Imbriano	(-50)	45.84
Bernie McLoughlan	(-50)	49.14
Gerald Brown	(-35)	DNF

80 metres

Graham Ford	(73)	12.86
Gerald Brown	(59)	12.96
Jeffrey Sim	(60)	13.54

500 metres

Dino Imbriano	(47)	101.0
Gerald Brown	(59)	109.0

120 metres

Graham Ford	(73)	19.64
Jeffrey Sim	(60)	20.22

1600 metres

Dino Imbriano	(47)	05:53.3
Bernie McLoughlan	(69)	06:49.1
Rob Sutton	(60)	08:00.7 8:02.9 mile
Frank Prowse	(70)	08:10.4 8:12.6 mile (Records)
David Armstrong	(66)	04:55.0 (Walk)

EAST BURWOOD July 7th 2022**60 METRE SPRINT**Heat 1:

Donna CLARKE	69	10.7
Chris WORSNOP	64	12.0
Andrew FRASER	80	13.9
Gordon ONLEY	87	17.9
Horacio DIAZ	77	25.9

Heat 2:

Bill LIOULIAKIS	53	9.5
Toni MATTERS	54	10.0
Peter WILLMOTT	55	10.4
Chris JOSEPH	54	10.4

600 METRE RUN N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Bill LIOULIAKIS	53	2.03	1.49
Colin PAGE **	68	2.11	2.17
Meng FAN LU	66	2.21	5.00
Chris ROBINSON *	63	2.34	2.40
Chris WORSNOP	64	2.47	2.30

800 METRE WALK N.O.T.

	<u>Clock</u>	<u>Nom.</u>	
Paul MORITZ **	63	5.15	5.10
Chris WORSNOP	64	5.49	5.20
Julie PIAO	49	5.56	
Phyllis GOSBELL	84	6.30	6.42
Bill LIOULIAKIS	53	6.46	6.00
Chris JOSEPH	54	7.11	6.10
Donna CLARKE	69	7.12	6.15
Brian TAIT	80	7.12	6.46
Andrew FRASER	80	7.44	8.15
Gerald BURKE	82	7.50	7.30
Gordon ONLEY	87	8.17	8.09

80 METRE SPRINT

Bill LIOULIAKIS	53	11.4
Meng FAN LU	66	13.6
Donna CLARKE	69	14.4
Chris WORSNOP	64	16.9
Gordon ONLEY	87	25.1
Horacio DIAZ	77	30.9

200 METRE SPRINT N.O.T

	<u>Clock</u>	<u>Nom.</u>	
Bill LIOULIAKIS **	53	31.2	31.2
Peter WILLMOTT	55	39.0	34.0
Donna CLARKE	69	40.0	22.9
Andrew FRASER	80	57.8	41.5

JAVELIN THROW N.O.D.

	<u>Best</u>	<u>Nom.</u>	
Peter WILLMOTT	55	18.18	20.00
Chris JOSEPH	54	15.80	14.80
Chris ROBINSON	63	14.80	14.20
Andrew FRASER	80	12.70	13.10
Donna CLARKE **	69	12.14	12.30
Jack FREDRICKSON	83	11.18	12.00
Julie PIAO	49	7.77	

2 KM HANDICAP RUNClock Actual

Chris ROBINSON	63	11.04	10.24
Colin PAGE	68	11.24	9.04
Paul MORITZ	63	11.35	13.35
Julie PIAO	49	11.42	10.17
Kathy LUO	44	11.43	10.03
Michael COLLINS	56	11.50	8.30
Sam DEFANIS	74	11.52	10.17
Chris WORSNOP	64	12.27	11.12
Paul EARLE	58	13.42	10.27

walk

EAST BURWOOD July 14th 2022**70 METRES SPRINT HANDICAP**Heat 1:

Donna CLARKE	69	
Chris JOSEPH	54	No
Andrew FRASER	80	
Stephen DAY	51	Times
Peter WILLMOTT	55	
Lloyd NICHOLS	80	

Heat 2:

Shirley COPPOCK	86	
Paul DURRANT	61	No
Arthur KAPOULITSA	74	
Bill LIOULIAKIS	53	Times
Zac MATTERS	15	
Gordon ONLEY	87	
Chris WORSNOP	64	

70 METRES SPRINT HANDICAP FINAL

Paul DURRANT	61	
Shirley COPPOCK	86	
Arthur KAPOULITSA	74	No
Bill LIOULIAKIS	53	
Donn CLARKE	69	Times
Chris JOSEPH	54	
Andrew FRASER	80	
Stephen DAY	51	

800 METRE RUN SELF HANDICAP

		<u>Clock</u>	<u>Actual</u>
Chris ROBINSON	63	4.08	3.37
Chris WORSNOP	64	4.29	3.59
Cec McKEOWN	82	4.39	4.39

1000 METRE HANDICAP WALK

		<u>Clock</u>	<u>Actual</u>
Chris WORSNOP	64	10.33	6.53
Leo WATSON	81	10.37	7.37
Paul MORITZ	62	10.37	6.27
Janet HOLMES	68	10.51	6.36
Leonie GILLIES	64	10.58	7.43
Zac MATTERS	15	10.55	5.13

EAST BURWOOD July 14th 2022 (cont)**100 METRE SPRINT**

Peter WILLMOTT	55	15.7
Donna CLARKE	69	17.7
Arthur KAPOULITSA/	74	18.3
Chris WORSNOP	64	20.4
Shirley COPPOCK	86	24.3
Gordon ONLEY	87	37.0
Lloyd NICHOLS	80	74.3

3000 METRE HANDICAP RUN

		<u>Clock</u>	<u>Actual</u>
Chris ROBINSON	63	17.36	15.41
Geoff WHEELER	65	17.42	14.32
Julie PIAO	49	18.00	15.38
Chris WORSNOP	64	18.09	15.59
Stephen DAY	51	18.14	12.24
Paul EARLE	58	18.21	13.21
Sam DEFANIS	74	18.28	15.53
Michelle QUAN	52	18.34	14.44
Leonie GILLIES	64	18.47	18.47

DISCUS THROW HANDICAP

		<u>Best</u>	<u>Adjusted</u>
Paul DURRANT	61	33.61	42.46
Bill LIOULIAKIS	53	24.78	41.58
Jack FREDRICKSON	83	13.29	41.29
Andrew FRASER	80	13.23	40.83
Donna CLARKE	69	12.47	40.62
Stephen DAY	51	16.80	40.15
Chris ROBINSON	63	15.78	40.03
Allan WOOD	85	12.72	39.42
Peter WILLMOTT	55	17.09	38.79
Toni MATTERS	54	27.05	38.75
Julie PIAO	49	9.64	

EAST BURWOOD July 21st 2022**4 KM HANDICAP RUN**

<u>FFF SERIES 3</u>		<u>Clock</u>	<u>Actual</u>
Chris ROBINSON	63	23.58	21.08
Julie PIAO	49	24.16	20.26
Bernie McLOUGHLAN	69	24.24	18.34
Chris WORSNOP	64	25.00	21.50
Geoff WHEELER	65	25.05	20.15
Leonie GILLIES	64	25.07	25.07
Michael COLLINS	56	25.19	17.34
Sam DEFANIS	74	26.12	22.27

60 METRE SPRINTHeat 1:

Barry MURLEY	83	15.6
Gordon ONLEY	87	16.2
John MATHEW	85	17.4
Lloyd NICHOLS	80	
Horacio DIAZ	77	

Heat 2:

Arthur KAPOULITSA	74	9.8
Donna CLARKE	69	10.2
Cec McKEOWN	82	12.1
Allan WOOD	85	13.4
Shirley COPPOCK	86	14.1
Andrew FRASER	80	16.5

Heat 3:

Chris JOSEPH	55	8.7
Paul DURRANT	61	8.9
Andrew CLOSE	33	9.1
Peter WILLMOTT	55	9.7
Bernie McLOUGHLAN	69	10.4
Bill LIOULIAKIS	53	11.9
Chris WORSNOP	64	12.3

600 OR 1000 METRE RUN600 Metres:

Bill LIOULIAKIS	53	2.12
Bernie McLOUGHLAN	69	2.15
Chris ROBINSON	63	2.29

1000 Metres:

Chris WORSNOP	64	4.49
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600 METRES WALK N.O.T.

		<u>Clock</u>	<u>Nom.</u>	
Janet HOLMES	69	3.40	3.58	
Chris WORSNOP	64	3.55	4.00	
Leo WATSON	81	4.23	4.15	
Leonie GILLIES	64	4.26	4.40	
Phyllis GOSBELL *	84	5.01	5.05	winner
Cec McKEOWN	82	5.03	5.10	
Allan WOOD	85	5.32	5.40	
Arthur KAPOULITSA	74	5.45	4.30	
Andrew FRASER	80	5.45	6.00	
Gerald BURKE	82	5.45	5.20	
Gordon ONLEY	87	6.07	5.35	
John MATHEW	85	6.14	6.20	
Peter BATTRICK	79	6.45	7.10	

150 METRE SPRINTHeat 1:

Arthur KAPOULITSA	74	28.5	
Cec McKEOWN	82	30.2	<u>Age %</u>
Allan WOOD	85	34.3	73.41
Leo WATSON	81	36.8	57.19
Shirley COPPOCK	86	39.5	71.28
Lloyd NICHOLS	80	113.1	55.64

Heat 2:

Chris JOSEPH	55	22.2	Run
Peter WILLMOTT	55	23.2	Run
Andrew FRASER	80	71.3	Walk

EAST BURWOOD July 21st 2022 (cont)**110 METRE SPRINT****Heat 1:**

Donna CLARKE	69	19.4
Cec McKEOWN	82	21.4
Janet HOLMES	69	22.5
Allan WOOD	85	24.6
Andrew FRASER	80	28.4
John MATHEW	85	39.8
Lloyd NICHOLS	80	78.6

Heat 2:

Chris JOSEPH	55	14.2
Andrew CLOSE	33	15.1
Peter WILLMOTT	55	15.5
Bill LIOULIAKIS	53	16.2
Arthur KAPOULITSA	74	17.8
Chris WORSNOP	64	22.2
Shirley COPPOCK	86	25.8
Gordon ONLEY	87	39.8

SHOTPUT HANDICAP

		<u>Best</u>	<u>Adjusted</u>
Paul DURRANT	61	9.65	12.55
Bill LIOULIAKIS	53	8.59	12.54
Donna CLARKE	69	6.14	12.49
Allan WOOD	85	6.86	12.46
Andrew FRASER	80	5.80	12.40
Darren POTTER	36	6.82	12.17
Peter WILLMOTT	55	8.12	12.12
Julie PIAO	49	4.35	12.10
Toni MATTERS	54	9.32	12.07
Bernie McLOUGHLAN	69	7.39	11.99
Jack FREDRICKSON	83	5.30	11.90
Andrew CLOSE	33	5.70	11.70
Chris ROBINSON	63	6.05	11.65
Michael COLLINS	54	5.11	

EAST BURWOOD July 28th 2022**3 KM SPIRAL RUN**

		<u>Clock</u>	<u>Actual</u>
Bernie McLOUGHLAN	69	15.22	13.47
Paul EARLE	58	15.34	13.19
Chris ROBINSON	63	15.42	15.42
Julie PIAO	49	16.00	15.40
Geoff WHEELER	65	16.08	15.13
Kathy LUO	44	16.49	16.39

100 METRE SPRINT

Peter WILLMOTT	55	15.1
Donna CLARKE	69	16.9
Arthur KAPOULITSA	74	17.3
Cec McKEOWN	82	19.2
Ann HOLCOMBE	75	19.6
Shirley COPPOCK	86	24.6
Lloyd NICHOLS	80	67.0

60 METRE SPRINT (Heat 1)

Ann HOLCOMBE	75	11.7
Barry MURLEY	83	12.4
Andrew FRASER	80	12.9
Shirley COPPOCK	86	14.4
Lloyd NICHOLS	80	34.0

Heat 2:

Zac MATTERS	15	8.3
Paul DURRANT	61	8.6
Peter WILLMOTT	55	9.3
Arthur KAPOULITSA	74	9.8
Donna CLARKE	69	10.1
Cec McKEOWN	82	12.3
Leo WATSON	81	14.3

400 METRE RUN AGE GRADED

			<u>Age %</u>
Bernie McLOUGHLAN	69	1.16	76.38
Peter WILLMOTT	55	1.18	65.64
Chris ROBINSON	63	1.25	77.02
Cec McKEOWN	82	1.40	75.02
Arthur KAPOULITSA	74	1.43	61.85
Shirley COPPOCK	86	2.41	65.84
Andrew FRASER	80	3.30	33.81

4 x 200 METRE RELAY

Ann HOLCOMBE	75	
Donna CLARKE	69	
Cec McKEOWN	82	
Paul EARLE	58	2.42
Andrew FRASER	80	
Shirley COPPOCK	86	
Janet HOLMES	69	
Peter WILLMOTT	55	3.08

1200m HANDICAP WALK

		<u>Clock</u>	<u>Actual</u>
Kathy LUO	44	12.27	8.52
Zac MATTERS	15	12.39	5.49
Gerald BURKE	82	12.40	12.00
Leo WATSON	81	12.55	9.20

Ann HOLCOMBE	75	13.02	8.48
Phyllis GOSBELL	84	13.13	10.03
Arthur KAPOULITSA	74	13.14	10.04
Peter BATTRICK	79	13.43	13.43
Cec McKEOWN	82	15.06	11.31
Barry MURLEY	83	15.07	11.32

DISCUS THROW N.O.D.

		<u>Best</u>	<u>Nom.</u>	
Paul DURRANT	61	29.45	34.00	
Toni MATTERS	54	25.71	26.00	
Chris ROBINSON **	63	16.07	15.80	winner
Andrew FRASER	80	13.40	13.00	
Jack FREDRICKSON	83	12.89	13.50	
Kathy LUO	44	12.16	10.80	
Donna CLARKE	69	11.31	12.50	
Julie PIAO	49	10.58	10.00	

Geelong 6 July 2022

400m

Daimin Mole	01:10
Andy Bruschi	01:14
Fred Barnett	02:11

2000m

Matt Pedersen	07:59
Charlie El Hage	08:25
Andy Bruschi	09:03
Leo Pye	09:23
Kath Oliver	10:25
Fiona Fitzpatrick	12:06
Jill Coyte	12:47
John Moore	13:01

4000m

Dave Elward	16:13
Patti Galvin	19:40

6000m

David Jenkins	24:22
Michael Panckridge	27:32
Alan Jenkins	31:33
Jeff Walker	31:44

800m

Andy Bruschi	02:56
Matt Pedersen	03:00
Patti Galvin	03:47
Jeff Walker	03:52
Fred Barnett	04:49

Geelong 13 July 2022

300m

Stuart Pretty	01:04
Kristoffer Greaves	01:08

3200m

David Jenkins	12:15
Phil Shay	13:04
Stuart Pretty	14:12
Michael Panckridge	14:54
Kristoffer Greaves	15:51
Alan Jenkins	15:59
Patti Galvin	16:11
Jeff Walker	16:23
Frank Engelsman	16:45
Kath Oliver	17:13

1600m

Dave Elward	06:15
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2000m

Jill Coyte	12:53
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1000m

Phil Shay	03:56
Stuart Pretty	04:08
Michael Panckridge	04:28
Kristoffer Greaves	04:36
Jeff Walker	04:49
Patti Galvin	04:50
Frank Engelsman	04:59
John Moore	05:24

Geelong 20 July 2022

200m

Daimin Mole	30.91
Peter Lamb	32.80
Kristoffer Greaves	39.20
Stuart Pretty	45.00
Fred Barnett	34.50

2000m

Darren Riviere	07:29
Dave Elward	07:56
Kristoffer Greaves	09:31
Patti Galvin	09:38
Alan Jenkins	09:58
Kath Oliver	10:26
Fred Barnett	12:14
Jill Coyte	12:48

4000m

Phil Shay	16:50
Stuart Pretty	17:34
Michael Panckridge	17:41
Brett Inglis	17:45
Peter Fuller	17:58
Jeff Walker	20:38
Frank Engelsman	21:27
Travis Inglis	22:16

1600m

Darren Riviere	05:54
Brett Inglis	06:51
Stuart Pretty	07:00
Daimin Mole	07:07
Alan Jenkins	07:32
Patti Galvin	07:45
Jeff Walker	07:57
Frank Engelsman	08:38
Travis Inglis	08:52

1200m

Fred Barnett	07:38
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Geelong 27 July 2022**100m**

John Moore	15.00
Wendy Talbot	15.40
Stuart Pretty	16.70
Fred Barnett	24.89

Mike McAvoy age graded 3000m

Darren Riviere	11:29	76.5%
Phil Shay	11:52	76.9%
Dave Elward	12:11	83.6%
Stuart Pretty	13:08	67.5%
Michael Panckridge	13:23	66.9%
David Jenkins	14:02	52.3%
Daimin Mole	14:22	55.6%
Alan Jenkins	14:27	62.6%
Kristoffer Greaves	14:34	63.3%
Patti Galvin	14:42	72.8%
Jeff Walker	15:23	68.7%
Frank Engelsman	15:30	67.3%
Kath Oliver	16:04	70.9%
Fred Barnett	18:50	64.8%
Jill Coyte	19:44	56.3%

800m

Darren Riviere	02:57
Stuart Pretty	03:15
Kristoffer Greaves	03:28
Frank Engelsman	03:42
Patti Galvin	03:47
Jeff Walker	04:05
Fred Barnett	04:55

400m

Peter Lamb	01:33
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Glen Eira July 5th 2022**110m E/T**

		Clock	E/T	Diff
Jim Rountree	63	17.26	17.3	0.04
June Treweek	61	17.67	17.3	0.37
Aggie Byers	43	16.42	16.9	0.48
Mike Clapper	70	15.69	16.7	1.01
Michelle Edmonds	48	20.25	19.2	1.05
Rock Lee	40	14.82	17.0	2.18

800m E/T

		Clock	E/T	Diff
Chris Stewart	68	3.06.17	3.06	0.17
Chris Brown	66	3.40.26	3.40	0.26
Sarah Lorentzen	43	2.57.93	3.00	2.07
Mark Cant	60	3.13.18	3.10	3.18
Greg Hughes	63	4.57.59	4.37	20.59
Simone O'Brien	50	3.31.59	3.53	21.41

150m E/T

		Clock	E/T	Diff
Mike Clapper	70	22.87	22.8	0.07
Aggie Byers	43	23.74	23.5	0.24
June Treweek	61	26.06	25.00	1.06
Bob Wishart	80	27.54	26.1	1.44
Jim Rountree	63	25.30	23.5	1.8
Rock Lee	40	22.2	24.0	1.8
Michelle Edmonds	48	28.8	32.3	3.5

Sandra Middleton 3k H/C

		Clock	H/C	H/C Time
Michael Heffernan	87	29.5	GO	29.50
Karyn O'Neill	67	21.09	9.28	30.37
John Zeleznikow	72	28.56	1.53	30.49
Conrad Hamann	70	21.26	9.45	31.11
Sandra Middleton	73	22.13	9.04	31.17
Paul Lynch	72	25.12	6.09	31.21
Jim Berrington	65	19.35	11.46	31.21
Jim Rountree	63	21.48	9.44	31.32
Cynthia Ellery	73	26.31	5.05	31.36
Des Middleton	75	21.48	10.00	31.48
Tony Doran	70	23.56	9.40	33.36

Ray Kemp 3k H/C (sealed)

		Clock	H/C	H/C Time
Karen Monohan	55	20.40	-1.00	19.40
Syd Bone	64	13.40	6.00	19.40
James Kingston	54	11.32	8.20	19.52
Jo Cockwill	69	17.31	2.30	20.01
Phil Urquhart	77	19.03	1.00	20.03
Merle Want	61	17.24	2.45	20.09
Chris Brown	66	16.11	4.00	20.11
Jane Sturzaker	69	18.32	1.45	20.17
Simone O'Brien	50	15.44	4.40	20.24
Sarah Lorentzen	43	14.47	6.00	20.47
Mark Cant	60	14.52	6.15	21.07
Michelle Edmonds	48	21.13	0.45	21.58

Glen Eira July 12th 2022

70m E/T		Clock	E/T	Diff
Jim Rountree	63	11.65	11.6	0.05
Michelle Edmonds	48	13.13	13.2	0.07
Paul Lynch	72	13.33	13.0	0.33
Rock Lee	40	10.18	9.8	0.38
Kurt Golonka	52	9.99	9.5	0.49
Aggie Byers	43	10.52	10.0	0.53
Glad Wishart	78	14.14	14.9	0.76

1600m E/T		Clock	E/T	Diff
Chris Brown	66	8.03	8.05	2
Sarah Lorentzen	43	6.47	6.40	7
Mike Clapper	70	6.59	6.50	9
Chris Stewart	80	6.57	7.25	28

300m H/C		Clock	H/C	H/C time
Michelle Edmonds	48	63.87	GO	63.87
Kurt Golonka	52	65.77	22	43.77
Jim Rountree	63	68.46	14	54.46
Aggie Byers	43	69.22	15	54.22
Rock Lee	40	72.46	18	54.46
Bob Wishart	80	73.21	12	61.21

Walk - 2400m Self H/C		Clock	H/C	H/C time
Sandra Middleton	73	24.52	7.10	17.42
Alice Sephton	40	24.53	1.00	23.53
John Zeleznikow	72	25.31	1.00	24.31
Michael Heffernan	87	25.35	0.20	25.15
Paul Lynch	72	25.50	6.00	19.50
Karyn O'Neill	67	24.18dq	7.35	16.43
Des Middleton	75	24.28dq	7.30	16.58
Jim Berrington	66	24.35dq	8.40	15.55
Mark Cant	60	24.44dq	10.00	14.44
Jim Rountree	63	24.46dq	7.00	17.46
Tony Doran	70	24.48dq	7.10	17.38

4k		Clock	Age %
Simon Lloyd	67	16.51.35	78.3
Peter Bence	72	17.27.4	80.0
Syd Bone	64	18.22.14	70.0
Chris Campbell	73	20.49.24	68.1
Chris Brown	66	22.37	57.9
Jo Cockwill	69	23.08.8	75.7
Sarah Johnson	38	23.54	49.0
Phil Urquhart	77	26.28.5	57.4

Glen Eira July 19th 2022

60m E/T		Clock	E/T	Diff
Michelle Edmonds	48	11.13	11.1	0.03
Jim Rountree	63	10.16	10.00	0.16
Mike Clapper	70	9.19	9.000	0.19
Kurt Golonka	52	8.66	8.20	0.46
Rock Lee	40	8.25	7.50	0.75
Aggie Byers	43	9.37	8.60	0.77
Glad Wishart	78	12.0	12.9	0.9

500m H/C		Clock	H/C	H/C time
Simone O'Brien	50	2.04.36	5	1.59.36
Sarah Lorentzen	43	2.07.94	27	1.40.94
Graham Stockdale	80	2.08.26	GO	2.08.26
Kurt Golonka	52	2.20.36	44	1.36.36
Rock Lee	40	2.34.95	50	1.44.95

400m E/T		Clock	E/T	Diff
Mike Clapper	70	71.5	70.5	1.0
Aggie Byers	43	74.42	76.0	1.58
Michelle Edmonds	48	86.51	88.1	1.59
Jim Rountree	63	75.98	78.0	2.02
Bob Wishart	80	88.36	83.0	5.36
Kurt Golonka	52	73.92	65.0	8.92

2k Walk		Clock
Janet Holmes	69	13.53
Jim Rountree	63	14.56
Cynthia Ellery	73	17.26
Michael Heffernan	87	20.01

4k Walk		Clock
Mark Cant	60	25.20
Jim Berrington	66	26.32
Des Middleton	75	28.07
Karyn O'Neill	67	28.43
Sandra Middleton	73	30.19
Leisa Hunt	50	31.47
John Zeleznikow	72	41.1

3k Age %		Clock	Age %
Peter Bence	72	12.53.98	79.7
Jo Cockwill	69	17.21.8	73.8
Jane Sturzaker	69	19.16.8	67.1
Chris Grafen	58	13.25.33	66.8
Merle Want	61	18.04.4	63.1
Sarah Lorentzen	43	14.33.62	61.8
Karen Monohan	56	20.35	51.6
Michelle Edmonds	48	22.22.7	42.7

Glen Eira July 26th 2022**4 x 100m relay** **Clock**

Michelle Edmonds	48	
Vivienne Cash	70	
Bob Wishart	80	
Aggie Byers	43	1.06.1
Glad Wishart	78	
Jim Rountree	63	
June Treweek	61	
Rock Lee	40	1.06.2

600m E/T **Clock** **E/T** **Diff**

Aggie Byers	43	2.09.7	2.10	0.3
Mike Clapper	70	1.58.6	2.00	1.4
James Kingston	54	1.52.2	1.57	4.8
Sarah Lorentzen	43	2.11.8	2.05	6.8
Graham Stockdale	80	3.29.1	2.30	59.1
Simone O'Brien	50	2.29.6	3.43	83.4
Alice Sephton	40	3.26.9	5.30	123.1

200m H/C **Clock** **H/C** **H/C time**

Rock Lee	40	43.26	13	30.26
Jim Rountree	63	44.4	10	34.4
Michelle Edmonds	48	44.86	7	37.86
Bob Wishart	80	45.38	11	34.38
Aggie Byers	43	45.63	12	33.63
June Treweek	61	45.87	10	35.87
Vivienne Cash	70	46.11	10	36.11
Glad Wishart	78	47.31	GO	47.31

2 x 1600m Walk relay E/T **Clock** **E/T** **Diff**

Jim Rountree	63	12.03	11.30	
Gwen Steed	80	13.35	14.10	2
Michael Heffernan	87	16.11	16.00	
Janet Holmes	69	11.00	11.05	6
Sandra Middleton	73	11.39	11.50	
Tony Doran	70	11.36	11.49	-24
Conrad Hamann	70	11.08	11.50	
Mark Cant	60	10.02	9.50	-30
Des Middleton	75	10.47	11.00	
John Zeleznikow	72	15.19	15.45	-39

3k E/T **Clock** **E/T** **Diff**

Mike Clapper	70	15.29	15.30	-1
Jo Cockwill	69	17.35	17.40	-5
Syd Bone	64	13.27	13.35	-8
Chris Grafen	58	13.22	13.35	-13
Michelle Edmonds	48	21.15	21.00	15
James Kingston	54	12.37	12.00	37
Leisa Hunt	50	21.16	20.00	76
Phil Urquhart	77	24.13	19.40	273

KNOX July 13th 2022**800m walk**

Maggie Hawkes	66	8.02
Peter Thorne	74	8.04
Glenn Claiden	68	8.44
Ryan Clark	46	8.59
Peter LeGet	88	9.32
Gerard McDonald	58	9.34

600m

Paul durrant	61	2.35
Ryan Clark	46	2.57
Peter Thorne	74	3.20

283m NOT

Peter Thorne	74	winner
Ryan Clark	46	01:14.9 3rd
Gerard McDonald	58	01:26.7
Glenn Claiden	68	02:19.2
Graeme Leticq	67	02:44.2
Paul Twining	72	03:02.9 2 nd

Distance

Glenn Claiden	68	3.02 1lap
Peter Thorne	74	12.00 2k
Ryan Clark	46	21.20 4k

KNOX July 20th 2022**800m walk**

Peter Shanahan	61	5.33
Glenn Claiden	68	7.28
Jodie Sinclair	51	7.28
Peter Thorne	74	8.09
Sam De Fanis	74	8.09
Gerard McDonald	58	8.38
Paul Walsh	58	8.38
Glenn Berry	51	8.43
Bob Henderson	76	8.44
Paul Twining	72	8.55
Graeme Leticq	67	8.56

Sprint

Glenn Berry	51	11.21 70m
Jodie Sinclair	51	12.17 60m
Paul Walsh	58	15.5 90m
Peter Shanahan	61	16.3 80m
Gerard McDonald	58	16.9 70m

KNOX July 20th 2022 (cont)**700m NOT**

Paul Durrant	61	2.46	winner
Stephen Richards	61	3.00	3rd
Paul Walsh	58	3.02	
Paul Twining	72	3.40	
Bob Henderson	77	4.07	
Jodie Sinclair	51	4.09	
Graeme Leticq	67	4.24	
Peter Shanahan	61	5.59	
Sam De Fanis	74	6.09	2nd
Glenn Claiden	68	6.24	
Gerard McDonald	58	6.30	
Glenn Berry	51	6.35	3 rd

10lap spiral

Graeme Leticq	67	22.11	
Sam De Fanis	74	23.05	
Paul Twining	72	26.55	
Peter Shanahan	61	27.07	
Stephen Richards	61	29.32	

Glenn Berry	51	7.31	3laps
Bob Henderson	77	7.47	3laps
Julie Richards	59	13.11	3laps
Jodie Sinclair	51	13.11	3laps
Maggie Hawkes	66	16.06	5laps

KNOX July 27th 2022**800m walk**

Julie Richards	59	4.40	400m
Mick Carr	69	6.29	
Peter Thorne	74	6.30	
Glenn Claiden	68	8.28	
Graeme Leticq	67	8.29	
Stephen Richards	61	9.12	
Bob Henderson	76	9.13	
Maggie Hawkes	66	9.15	
Paul Walsh	58	9.19	
Gerard McDonald	58	9.20	

Sprint

Paul Walsh	58	14.76	90m
Gerard McDonald	58	15.8	

400m

Gerard McDonald	58	2.27	
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800m

Paul Durrant	61	3.45	
Paul Walsh	58	4.1	
Graeme Leticq	67	4.35	
Peter Thorne	74	4.35	
Bob Henderson	76	4.53	
Mick Carr	69	5.46	
Ryan Clark	46	6.43	
Stephen Richards	61	6.44	

Chocolate cup - 215m NOT

Paul Walsh	58	37.58	
Stephen Richards	61	47.08	3rd
Peter Thorne	74	49.1	2nd
Ryan Clark	46	01:08.0	
Bob Henderson	76	1:10	
Mick Carr	69	1:30	
Glenn Claiden	68	1:56	
Graeme Leticq	67	1:57	winner
Gerard McDonald	58	2:15	

Mick Carr's NOT team event

<u>5lap/10lap</u>	Nom time/Clock		
Peter Thorne			
Paul Walsh	45.00/44.45		winner
Gerard McDonald			
Ryan Clark	47.00/47.33		2 nd
Stephen Richards			
Mick Carr	25.00/26.01		3 rd
Maggie Hawkes			
Graeme Leticq	42.00/35.13		

MENTONE July 6th 2022**600m E.T. Walk**

		<u>Clock</u>	<u>Diff</u>
Sylvia Machin	80	4.33	-0.02
John Mathew	85	6.22	-0.08
Bev Hugo	82	5.15	0.08
Jeanne Bryan	80	7.38	0.08
Dawn Bennett	77	4.56	-0.09
Ian Beaumont	86	6.09	0.09
Ralph Bennett	80	4.13	0.13
Michael Boulton	67	4.53	-0.17
Helen Bryan	52	7.38	0.18
Nola Finn	86	7.34	0.19
Julian Boland	59	4.08	0.23
Margaret Beaumont	82	6.35	-0.25
Kylie Irshad	50	4.09	0.29

1000m Self H/C**EG Trophy 2**

		<u>Clock</u>	<u>Actual</u>
Sandra Wynne	70	5.19.8	5.19.8
Helen Castel	59	5.27.7	5.22.7
Col Waring	76		4.28.6

150m E.T.

		<u>Clock</u>	<u>Diff</u>
Ron Arthur	82	27.92	0.12
Glad Wishart	78	34.24	0.19 DQ
Julian Boland	59	25.46	0.55
Bob Wishart	80	26.05	-0.85
Vivienne Cash	70	25.93	0.93
John Mathew 60mt	86	18.92	

5km E.T.

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	29.27	-0.13
Roz Walker	59	26.19	0.19
Ashley Birrell	77	34.11	3.51

1 Mile Walk E.T.

		<u>Clock</u>	<u>Diff</u>
Bev Hugo	82	15.00	-0.05
Dawn Bennett	77	13.39	-0.06
John Mathew	85	19.52	-0.08
Michael Boulton	67	14.37	-0.28
Ian Beaumont	86	17.26	0.36
Julian Boland	59	10.40	0.40
Jeanne Bryan	80	20.52	0.52
Helen Bryan	52	20.52	1.22

2 Miles Walk E.T.

		<u>Clock</u>	<u>Diff</u>
Sylvia Machin ***	81	25.17	0.02
John Zeleznikow	72	32.06	-0.04
Geoff Barrow	73	24.22	-0.08
Ralph Bennett ***	80	20.57	-1.75
Nola Finn 1 Lap	86	6.50	

MENTONE July 13th 2022**800m Walk E.T.**

		<u>Clock</u>	<u>Diff</u>
Sylvia Machin	81	6.09	-0.01
Dawn Bennett	77	6.39	-0.06
Maureen Seedsman	84	6.33	0.06
Bev Hugo	82	7.08	0.06
Margaret Beaumont	84	8.59	0.11
John Zeleznikow	72	8.14	0.19
Julian Boland	59	5.28	0.30
Ian Beaumont	86	8.34	0.34
Debbie Thomson	64	10.29	0.39
Jeanne Bryan	80	10.30	1.50
Helen Bryan	52	10.30	2.00

1500m E.T.

		<u>Clock</u>	<u>Diff</u>
Col Waring	76	7.08.5	1.5
Sandra Wynne	70	8.03.4	-1.6
Helen Castel	59	8.25.7	30.7

120m E.T. "Agg Event"

		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Vivienne Cash	70	20.10	-0.10	7
Bob Wishart	80	20.51	-0.49	5
Julian Boland	59	19.41	-0.55	4
Glad Wishart	78	26.85	0.62	3
Ron Arthur	82	21.40	-0.70	2
Greg Hughes	63	30.03	-4.35	1

3.336km E.T. "Agg Event"

		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Ashley Birrell	77	22.58	-0.02	7
Roz Walker	59	16.33	0.43	5
Sandra Wynne	70	19.07	-1.08	4
Helen Castel	59	20.15	-4.45	3

2000m Walk E.T.

		<u>Clock</u>	<u>Diff</u>
Dawn Bennett	77	16.58	-0.02
Greg Hughes	63	18.56	0.06
Sylvia Machin	81	15.37	0.07
Bev Hugo	82	18.48	-0.08
Geoff Barrow	73	15.06	0.16
Julian Boland	59	13.30	-0.22
Ian Beaumont	86	21.55	-1.25
Helen Bryan	52	25.25	1.25
Jeanne Bryan	80	25.25	1.45

4000m Walk E.T.

John Zeleznikow	72	41.57	-0.03
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MENTONE July 20th 2022**900m E.T. "Agg Event"**

		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Helen Castel	59	4.28.8	2.8	7
Avril Britter	63	4.48.1	3.1	5
Col Waring	76	3.53.5	8.5	4
Sandra Wynne	70	4.31.7	11.7	3
Greg Hughes	63	5.31.7	29.7	2
Graham Stockdale	80	5.11.9	1.11.9	1

MENTONE July 20th 2022 (cont)**400m Walk E.T.**

		<u>Clock</u>	<u>Diff</u>
Maureen Seedsman	84	3.06	-0.01
Margaret Beaumont	84	4.22	-0.01
Sylvia Machin	81	3.02	0.02
Ralph Bennett	80	3.02	0.02
Ian Beaumont	86	4.05	-0.03
Bev Hugo	82	3.27	0.03
Dawn Bennett	77	3.08	-0.04
Michael Boulton	67	3.18	0.08
Greg Hughes	63	2.56	0.09
John Zeleznikow	72	3.42	-0.14
Julian Boland	59	2.44	0.22
Nola Finn	86	4.59	0.24

100m E.T.

		<u>Clock</u>	<u>Diff</u>
Sandra Wynne	70	19.34	-0.36
Vivienne Cash	70	16.94	-0.56
Avril Britter	63	19.78	0.68
Julian Bolard	59	18.38	1.00
Glad Wishart	78	21.21	1.11
Bob Wishart	80	16.65	1.35
Greg Hughes	63	23.18	-1.82

4km E.T.

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	25.11	-0.14
Sandra Wynne	70	23.02	0.27
Ashley Birrell	77	25.09	-0.51
Helen Castel	59	24.04	-0.56

1000m Walk E.T.

		<u>Clock</u>	<u>Diff</u>	
Ralph Bennett ***	80	7.09	0.02	record
Dawn Bennett	77	8.22	-0.03	
Maureen Seedsman	84	8.23	0.03	
Ian Beaumont ***	86	10.50	0.15	record
Margaret Beaumont	84	11.43	0.23	
Greg Hughes	63	7.52	0.39	
Gwen Steed	80	9.02	-0.43	
Nola Finn	86	15.07	2.37	

3000m Walk E.T.

		<u>Clock</u>	<u>Diff</u>
Michael Boulton	67	28.15	0.05
John Zeleznikow	72	30.52	-0.08
Geoff Barrow	73	22.27	0.17
Sylvia Machin	81	23.47	0.17
Bev Hugo	82	29.09	1.36

MENTONE July 27th 2022**2.5km E.T.**

		<u>Clock</u>	<u>Diff</u>	
Sandra Wynne ***	70	14.09	1.29	record
Ashley Birrell	77	14.41	1.41	

5km E.T.

		<u>Clock</u>	<u>Diff</u>
Avril Britter	63	31.35	-0.16
Helen Castel	59	DNF	

500m E.T. Walk

		<u>Clock</u>	<u>Diff</u>
Ian Beaumont	86	5.12	0.02
Michael Boulton	67	4.12	0.02
Bev Hugo	82	4.22	0.03
Ralph Bennett	80	3.16	-0.04
Maureen Seedsman	84	4.04	0.04
Dawn Bennett	77	4.09	0.04
Kevin Cassidy	61	2.55	-0.05
Sylvia Machin	81	3.45	0.05
Margaret Beaumont	84	5.20	-0.10
Greg Hughes	63	3.38	0.21
Kylie Irshad	50	2.47	-0.23
Lisa Thompson	60	3.48	0.28
Chriss Georgarkis	60	3.49	0.29
John Mathew	85	5.30	0.30
Julian Boland	59	3.48	0.40
John Zeleznikow	72	5.42	0.54
Jarvis Wishart	Inv	4.36	1.01

110m E.T. (Trophy)

		<u>Clock</u>	<u>Diff</u>	
John Mathew 60mts	85	18.06	0.06	@
Vivienne Cash ***	70	18.10	-0.25	record
Stephen Wishart	50	15.34	-0.51	
Glad Wishart	78	24.73	0.73	
Greg Hughes	63	22.74	-0.84	
Mila Wishart	Inv	20.43	0.93	
Sandra Wynne	70	22.56	-1.44	
Avril Britter	63	21.57	-1.78	
Ron Arthur	82	21.86	1.96	
Jarvis Wishart	Inv	25.19	2.54	

5 Lap Spiral Walk E.T. "Agg Event"

		<u>Clock</u>	<u>Diff</u>	<u>Pts</u>
Bev Hugo	82	19.19	-0.03	7
Geoff Barrow	73	15.21	-0.04	5
Greg Hughes	63	16.18	-0.07	4
Dawn Bennett	77	17.33	-0.12	3
Sylvia Machin	81	16.15	-0.15	2
Lisa Thomson	60	16.41	-0.19	1
Chriss Georgakis	60	16.41	-0.19	1
Maureen Seedsman	84	18.05	0.25	1
Julian Boland	59	15.20	0.30	1
Ian Beaumont	86	22.10	-0.35	1
Michael Boulton	67	18.49	0.45	1
Ralph Bennett	80	12.57	-1.03	1
Kylie Irshad	50	12.15	-1.25	1
John Zeleznikow	72	18.43	-1.33	1
Kevin Cassidy	61	12.09	-1.51	1
John Mathew	85	33.00	3.00	1

SPRINGVALE July 6th 2022

200 metres heat 1		clock	hcp.
Sayed KHATAB	71	54.10	21 sec.
Alan ANDERSON	30	55.00	32.00
Mike HALL	83	56.80	18.00
Lindsay OXENHAM	72	58.00	8.00
Mick COLGAN	71	71.40	14.00

heat 2

Dave TALBOT	67	54.00	18.00
Padraig BRADY	40	56.00	25.00
Helen ANDERSON	59	56.90	22.00
Jenny FOX	81	57.50	0.00
Dominique RUELOT	70	64.00	64.00

one mile

Alan ANDERSON	30	6.54	
Alan BENNIE	75	6.55.1	
Kelly KUAMIS	22	7.10	
Muzafer ALI	28	7.38	
Sayed KHATAB	71	7.59	
Bill IRVINE	74	8.01	
Helen ANDERSON	59	8.18	
Lou BUCCIERI	66	8.21	
Padraig BRADY	40	8.52	
Lindsay OXENHAM	72	9.13	
Dominique RUELOT	70	10.25	

3 mile

Alan BENNIE	75	23.01	
Lindsay OXENHAM	72	28.39	
Sayed KHATAB	71	30.25	
Padraig BRADY	40	31.02	
Ian TREGGAR	72	34.23	

100 yards

Sayed KHATAB	71	15.00	
Helen ANDERSON	59	15.80	
Mick COLGAN	71	20.90	
Lindsay OXENHAM	72	21.60	
Dominique RUELOT	70	22.10	

2 mile walk

Dave TALBOT	67	17.70	run
Peter ELLIS	71	21.37	
Muzafer ALI	28	25.00	
Jim SMITH	81	25.26	
Tony JOHNSON	82	25.54	
Tony DORAN	70	27.06	
Pam THOMAS	76	29.25	
Dominique RUELOT	70	29.25	
Frank ALLEN	77	30.36	
Karleen JOSS KNIGH'	63	30.36	
Eric NEGROS	59	34.23	
Celia JOHNSON	74	34.23	
Louisa & Simon		40.43	

1 mile walk

Natalie IRVINE	76	16.22	
Bill IRVINE	74	16.22	
Bronwyn GUYATT	57	21.33	

SPRINGVALE July 13th 2022**70 metres**

Alan ANDERSON	30	9.60	
Sayed KHATAB	71	11.60	
Helen ANDERSON	59	12.10	
Troy JEFFS	47	12.70	
Dominique RUELOT	70	16.10	
Jenny FOX	81	17.10	
Lindsay OXENHAM	72	17.60	

800 metres

Alan ANDERSON	30	2.47	
Sayed KHATAB	71	3.17	
Dave TALBOT	67	3.29	
Helen ANDERSON	59	3.33	
Dominique RUELOT	70	4.57	
Lindsay OXENHAM	72	4.57	

150 metres

Alan ANDERSON	30	20.90	
Sayed KHATAB	71	25.80	
Helen ANDERSON	59	27.90	
Lindsay OXENHAM	72	37.30	
Dominique RUELOT	70	37.90	
Jenny FOX	81	40.20	

1600 metres walk

Chris McARDLE	69	13.09	
Celia JOHNSON	74	13.21	
Pam THOMAS	76	14.08	
Natalie IRVINE	76	15.48	
Bronwyn GUYATT	57	20.15	
Sayed KHATAB	71	9.09	run

2000 metres walk

Helen ANDERSON	59	13.04	
Tony JOHNSON	82	15.44	
Jim SMITH	81	15.48	
Varlie BARNES	50	17.03	
Ernie JEFFS	77	24.19	
Eric NEGROS	59	24.19	

3200 metres walk

Peter ELLIS	71	21.43	
Frank ALLEN	77	29.17	
Karleen JOSS KNIGH'	53	29.18	

2000 metres

Dave TALBOT	67	10.52	
Lindsay OXENHAM	72	12.09	
Claudio RIGA	67	13.05	
Dominique RUELOT	70	14.17	

SPRINGVALE July 13th 2022 (cont)**4000 metres**

Bill IRVINE	74	22.07
Ian TREGEAR	72	24.05

6000 metres

Alan BENNIE	75	29.50
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SPRINGVALE July 20th 2022**200 metres ht.1**

Alan ANDERSON	30	26.80
Padraig BRADY	40	35.40
Lindsay OXENHAM	72	51.70
Dominique RUELLOT	70	55.80
heat 2		
Marty JOSS KNIGHT	16	34.80
Helen ANDERSON	59	37.60
Dave TALBOT	67	38.80
Mike HALL	83	40.40
Jenny FOX	81	64.00

600 metres

			age/gr%
Padraig BRADY	40	2.15	56
Sayed KHATAB	71	2.13	75
Neil GRAY	74	2.59	59
Dave TALBOT	67	2.24	65
Dominique RUELLOT	70	3.55	52
Helen ANDERSON	59	2.22	73
Lindsay OXENHAM	72	3.13	72
Alan ANDERSON	30	1.52	71
Celia JOHNSON	74	4.01	56

50 metres

Alan ANDERSON	30	7.40
Padraig BRADY	40	7.90
Jenny FOX	81	12.20
Dominique RUELLOT	70	12.50
heat 2		
Sayed KHATAB	71	8.30
Helen ANDERSON	59	9.00
Mick COLGAN	71	12.30
Lindsay OXENHAM	72	12.60

3100 metres

Bill IRVINE	74	17.42
Troy JEFFS	47	17.43
Sayed KHATAB	71	18.33
Lindsay OXENHAM	72	18.56
Alan ANDERSON	30	19.23
Padraig BRADY	40	21.11
Dominique RUELLOT	70	23.17
Helen ANDERSON	59	25.05

1000 metres

Bill IRVINE	74	4.48	66
Alan BENNIE	75	4.01	80

3100 metres walk

Anand THILLAISUNDARAM	46	19.43
Peter ELLIS	71	20.48
Tony DORAN	70	23.08
Marty JOSS KNIGHT	16	24.26
Celia JOHNSON	74	25.55
John MANNING	76	26.37
Frank ALLEN	77	27.15
Dennis PHILLIPS	80	27.15
Varlie BARNES	50	27.34
Karleen JOSS KNIGHT	53	27.58
Pam THOMAS	76	27.59
Eric NEGROS	59	31.11
Ernie JEFFS	77	31.13
Louisa & Simon		36.47
Bronwyn GUYATT	65	38.05

SPRINGVALE July 27th 2022**100 metres (Jim Sinclair Final)**

			hcp.
Dave TALBOT	67	14.70	17 mts
Mike HALL	83	14.90	15.00
Jenny FOX	81	15.10	38.00
Alan ANDERSON	30	15.30	plus20
Padraig BRADY	40	15.50	0.00
Sayed KHATAB	71	15.70	5.50
Helen ANDERSON	59	16.10	6.50
Lindsay OXENHAM	72	18.20	33.00
Dominique RUELLOT	70	18.20	34.00

800 metres

Alan ANDERSON	30	3.01
Sayed KHATAB	71	3.34
Helen ANDERSON	59	3.39
Padraig BRADY	40	3.47
Ron MAHER	58	4.00
Lindsay OXENHAM	72	4.33
Dominique RUELLC	70	5.07
Celia JOHNSON	74	5.22

100 metres

Marty JOSS	53	14.70
Sayed KHATAB	71	16.50
Helen ANDERSON	59	17.50
Ron MAHER	69	21.20
Mick COLGAN	71	23.00
Dominique RUELLC	70	23.40
Jenny FOX	81	24.20
Eric NEGROS	59	29.50

SPRINGVALE July 27th 2022 (cont)

1800 metres walk		clock	hcp.
John ABEL	72	18.30	3m30s
Pam THOMAS	76	18.35	3 20
Anand THILLAISUNDARAM	46	18.40	7 40
Ernie JEFFS	77	18.46	1 40
Varlie BARNES	50	19.00	3 40
Frank ALLEN	77	19.10	3 40
Eric NEGROS	59	19.11	1 00
Dennis PHILLIPS	80	19.18	4 20
Peter ELLIS	71	19.19	7 20
Celia JOHNSON	74	19.24	4 30
Tony DORAN	70	19.30	6 00
Karleen JOSS KNIGHT	53	19.45	3 30
Tony JOHNSON	82	20.13	4 20
Bronwyn GUYATT	65	22.17	0.00
Jenny FOX	81	22.23	1 00
3000 metres		clock	hcp.
Padraig BRADY	40	21.06	2 50
Sayed KHATAB	71	21.22	5 53
Helen ANDERSON	59	21.26	5 07
Lindsay OXENHAM	72	21.50	4 03
Bill IRVINE	74	21.53	5 30
Tracey HUTCHINSON	52	21.56	0.00
Troy JEFFS	47	21.56	6 50
Dave TALBOT	67	22.06	6 05
Ian TREGEAR	72	22.13	3 50
Dominique RUELOT	70	22.45	0 46
Lou BUCCIERI	67	23.33	5 33