

Vic.Masters Athletics.- Geelong Venue

PROGRAM - 2023

43 Years young



VENUE: LANDY FIELD

TIME : WEDNESDAY 6.00 PM

Entry fees: VMA members: \$2

Non members/Families :\$3

Concession :\$2

Date	EVENT 1	EVENT 2	EVENT 3
04-Jan-23	5 km	3 km	CROSS COUNTRY
11-Jan-23	200 m	2800 m	1500 m
18-Jan-23	6 km	3 km	CROSS COUNTRY
25-Jan-23	400 m	3200 m	1000 m
01-Feb-23	7 km	3 km	CROSS COUNTRY
08-Feb-23	Bryan Cole 2000m handicap	300m	2800 m
15-Feb-23	8 km	3 km	CROSS COUNTRY
22-Feb-23	100 m	3000 m	600 m
01-Mar-23	5 km	3 km	CROSS COUNTRY
08-Mar-23	300 m	3000 / 5000 m	800 m
15-Mar-23	6 km	3 km	CROSS COUNTRY
22-Mar-23	Ron Campbell 1 hr time trial	30 min time trial	15 min time trial
29-Mar-23	7 km	3 km	CROSS COUNTRY
05-Apr-23	400m	3000m	800 m
12-Apr-23	300 m	2400 m	1600 m
19-Apr-23	200 m	2800 m	1500 m
26-Apr-23	100 m	2000 / 4000 m	800 m
03-May-23	400 m	3200 m	1000 m
10-May-23	42nd Anniv. Keith Bird Mile	100 m	2400 m
17-May-23	300 m	2400 m	800 m
24-May-23	200 m	3200 m	1500 m
31-May-23	100 m	2400 m	1000 m
07-Jun-23	400 m	3000 / 5000 m	1500 m
14-Jun-23	300 m	2800 m	600 m
21-Jun-23	200 m	M McAvoy 3000 Age graded	800 m
28-Jun-23	100 m	2400 m	1600 m
05-Jul-23	400m	2000-4000-6000 m	800 m
12-Jul-23	300 m	3200 m	1000 m
19-Jul-23	200 m	2000 / 4000 m	600 m
26-Jul-23	400 m	2800 m	1500 m
02-Aug-23	300 m	2400m	1600 m
09-Aug-23	200 m	3200 m	1000m
16-Aug-23	100m	2000m/10,000m	A Jenkins Age graded 10K
23-Aug-23	300 m	3200 m	1000 m
30-Aug-23	400 m	2400 m	1500 m
06-Sep-23	300 m	2000 / 4000 m	800 m
13-Sep-23	200 m	2800 m	1000 m
20-Sep-23	100 m	2400 m	1600 m
27-Sep-23	400 m	2000 / 4000 m	800 m
04-Oct-23	Jeff Walker 3 km Handicap	J Walker 5 km handicap	CROSS COUNTRY
11-Oct-23	300 m	2400 m	1600 m
18-Oct-23	6 km	3 km	CROSS COUNTRY
25-Oct-23	200 m	2800 m	1000 m
01-Nov-23	7 km	3 km	CROSS COUNTRY
08-Nov-23	Alan Foot 800 m	2800 m	1600 m
15-Nov-23	8 km	3 km	CROSS COUNTRY
22-Nov-23	300 m	3200 m	1000 m
29-Nov-23	5 km	3 km	CROSS COUNTRY
06-Dec-23	200 m	2800 m	1000 m
13-Dec-23	6 km	3 km	CROSS COUNTRY
20-Dec-23	400 m	2000 / 4000 m	800 m
27-Dec-23	20 December 2023	End of Year Function	Little Creatures

NOTES:

1. Cross country races start and finish from end of Swanston St - Landy Field