** Preliminary Indicative Schedule **					1	2	3	4	5
VMA Pentathlon, Sunday February 19th, 2023				Men	Long J	Javelin	200m	Discus	1500m
				Women	100m	Shot Put	Long J	Javelin	800m
9:00						Men	20	30, 35, 40	Long J 2
9:10									
9:20									
9:30									
9:40									
9:50									
10:00	Women	10	30, 35, 40	100m		Men	20	30, 35, 40	Javelin 2
10:10	Women	10	30, 35, 40	Shot Put		Men	20	45, 50	Long J 2
10:20									
10:30									
10:40	Women	10	45, 50	100m					
10:50	Women	10	30, 35, 40	Long J 1					
11:00	Women	10	45, 50	Shot Put		Men	20	30, 35, 40	200m
11:10						Men	20	45, 50	Javelin 2
11:20						Men	20	55, 60	Long J 2
11:30	Women	10	30, 35, 40	Javelin 1		Men	20	30, 35, 40	Discus
11:40	Women	10	45, 50	Long J 1					
11:50	Women	10	55, 60	100m					
12:00	Women	10	55, 60	Shot Put					
12:10						Men	20	45, 50	200m
12:20	Women	10	30, 35, 40	800m		Men	20	65+	Long J 2
12:30	Women	10	45, 50	Javelin 1		Men	20	55, 60	Javelin 2
12:40	Women	10	55, 60	Long J 1		Men	20	45, 50	Discus
12:50	Women	10	65+	100m		Men	20	30, 35, 40	1500m
13:00	Women	10	65+	Shot Put					
13:10	Women	10	45, 50	800m					
13:20	Women	10	55, 60	Javelin 1					
13:30						Men	20	65+	Javelin 2
13:40	Women	10	65+	Long J 1		Men	20	45, 50	1500m
13:50						Men	20	55, 60	200m
14:00						Men	20	55, 60	Discus
14:10	Women	10	55, 60	800m					
14:20	Women	10	65+	Javelin 1					
14:30						Men	20	65+	200m
14:40						Men	20	65+	Discus
14:50									
15:00	Women	10	65+	800m		Men	20	55, 60	1500m
15:10									
15:20									
15:30									
15:40						Men	20	65+	1500m
15:50									
16:00									