

Victorian Masters Athletics Championships, 2023 - Indicative Event Program

Note the program shown here is based on the 2021 Victorian Masters State Championships - last held at Doncaster in 2021. With a higher number of entries expected for the 2023 State Championships with the new teams format, adjustments may need to be made. Every effort will be made though to retain the broad {Day - AM/PM} scheduling of events.

Saturday, February 11th

	Sprints	Hurdles	Distance	Walks	Jumps	Throws
AM	100m		1500m	3000m	Long J (Women) High J (< 1.2m) Long J (Men 60+)	Hammer (Men) Javelin (Men 50-69) Javelin (Women 30-54)
PM	400m	Short	Steeple		High J (>1.2m, <1.4m) Long J (Men 30-59) High J (>1.4m)	Hammer (Women 30-49) Javelin (Women 55+) Weight Throw

Sunday, February 12th

	Sprints	Hurdles	Distance	Walks	Jumps	Throws
AM	60m		5000m	1500m	Triple J (Women) Pole Vault (< 2.3m)	Discus (Men 70+) Shot Put (Women 30-49) Discus (Women 50+) Shot Put (Men 50-69)
PM	200m	Long	800m		Triple J (Men) Pole Vault (> 2.3m)	Discus (Men 30-69) Discus (Women 30-49) Shot Put (Men 30-49) Shot Put (Men 70+) Shot Put (Women 50+)